

PLANETALK

167TH AIRLIFT WING
DECEMBER 2021

Next UTA 8-9 JANUARY 2021



PLANE TALK is an authorized Air Force publication for the members of the 167th Airlift Wing, West Virginia Air National Guard. Contents of PLANE TALK are not necessarily the official views of, or endorsed by the U.S. Government, Department of Defense, or the Department of the Air Force. The editorial content is prepared, edited and provided by the Public Affairs Office, 167th AW, WVANG, Martinsburg, WV 25405-0204. Email comments to: 167.AW.PA.Public.Affairs@us.af.mil



Col. Marty Timko
Wing Commander

Senior Master Sgt. Emily Beightol-Deyerle
Public Affairs Superintendent

Staff Sgt. Timothy Sencindiver
PA Specialist

Senior Airman Edward Michon
PA Specialist

Senior Airman Steven Sechler
PA Specialist

IN THIS ISSUE

Command Comments	3
Diversity and Inclusion success in the WVNG - A message from our TAG.....	4
167th AW flying operations diverse and unpredictable in 2021	5
Airman's significant lifestyle changes opened door to military service.....	6
Airman Spotlight December 2021 Master Sgt. Robert Duckwall.....	7
167th AW photos	8
Meet the new 167th AW Sexual Assault Response Coordinator.....	9
Airmen and Family Programs.....	10
Chaplain Chat - What does a Religious Affairs Airman (RAA) do? They do more!.....	11
Announcements.....	12
Safe and Secure.....	13
Combating Trafficking in Persons, Sexual Assault Prevention and Response	14
Accolades.....	15



The 167th Airlift Wing Public Affairs Office is always looking for story ideas and original content. PLEASE SEND ALL PLANE TALK SUBMISSIONS, INCLUDING STORIES, COLUMNS, AND PHOTOS TO: 167.AW.PA.Public.Affairs@us.af.mil

ON THE COVER

Air Force Staff Sgt. George Buckley, a maintainer with the 167th Maintenance Group, replenishes liquid oxygen on a C-17 Globemaster III aircraft as part of routine aircraft maintenance at 167th Airlift Wing, Martinsburg, West Virginia, Dec. 4, 2021. The liquid oxygen system is essential to both passengers and aircrew for life support in the event of a high altitude emergency. (Air National Photo by Staff Sgt. Timothy Sencindiver)

ON THE BACK COVER

Airmen with 167th Maintenance Group drain a hydraulic reservoir on a C-17 Globemaster III aircraft as a part of routine aircraft hydraulics maintenance at the 167th Airlift Wing, Martinsburg, West Virginia, Dec. 3, 2021. (U.S. Air National Guard photo by Senior Airman Steven Sechler)



167AW WING COMMANDER
Col. Martin Timko

Vision

The Premier Airlift Wing
Mission Ready, Committed to Airmen and Community,
and Dedicated to Continuous Improvement



167AW WING COMMAND CHIEF
Command Chief Master Sgt. Troy Brawner

Mighty Airlift Wing!

Hopefully everybody was able to enjoy their Thanksgiving Holiday which was also the harbinger of our final month of the year and December UTA. While the Federal Funding issues made the run-up to this Saturday and Sunday interesting, I was glad that we were able to assemble as planned and end the year on a strong note of training and readiness efforts. Knowing that Family Day was off the agenda this weekend, I pushed commanders to knock-out requirements as best they could on Saturday so as to enjoy some holiday cheer in sections and shops on Sunday. The collective wing beehive of activity on Saturday was awesome to witness as well as participate in – I think the wing did a nice job of getting things done while blending-in some gathering time with friends and fellow Airmen. My thanks to all of the uniformed elves that made events happen in their sections and shops for their folks!

With December UTA upon us, the COVID-19 vaccine efforts as well as the Religious Accommodation/Medical Exemption processes are continuing. A new aspect affecting personnel who are not fully-vaccinated (two weeks after having receiving a one-dose or both doses of a two-dose vaccine) is the DoD-mandated weekly testing. Even members working the accommodation/exemption process must get a weekly rapid test if coming onto base. The process will mirror what we did this weekend – members will either get a test on-site prior to engaging in their duties or present off-site test results from the last 72-hours. The stark pandemic reality is that an uptick trend of positive cases has occurred post-Thanksgiving which does not bode well entering the seasonal colder months ahead. We must remain diligent in our daily practices of self-care, preventative measures, and remain a mission-ready mobility asset for the state and nation. In the myriad of items that we stay ready and qualified on, Individual Medical Readiness (IMR) is just another facet in which we as the 167th Airlift Wing stay worldwide deployable at any time.

Please continue to reach-out to your fellow Airmen in the 167th that are either away from us due to deployments and duties or experiencing the loneliness of loss of a loved one during this holiday season. Knowing that it is the time of year of charity and giving – sometimes the most apparent need for care and comradery is right in our midst among our shops and sections on base. Pass along a kind word or deed that can mean the world to somebody quietly hurting – reinforce the reality that we are all a valued part of Team Martinsburg!

From my family to yours, no matter where you spend the holidays – I hope that you get to have some much-deserved downtime while in the company of friends or family. I wish you all the most blessed of holiday seasons and the hope of a new year that brings peace and happiness to you and your loved ones. Hard to believe that it will be a new calendar the next time that we assemble! Until that time, stay healthy, stay safe, and most importantly: STAY MIGHTY!

--Marty

Team,

2021 has been a year with many challenges. I share in your disappointment with not being able to have our annual family day again this year due to Covid-19 restrictions. I sure hope we are in a better situation next year. If so, we will make it an event not to forget.

Even with these current challenges you continue to show your resolve and dedication to completing our mission every day. Col. Timko and I saw firsthand that spirit as we made our way around the base this weekend. It was good to see folks pressing hard to get training accomplished while at the same time sharing in holiday cheer.

Let's continue to remind ourselves it has also been a year with plenty of accomplishments. From Covid task force teams, RCP tasks, a UEI inspection, and many other successes you have met every challenge with energy. I am thankful to you and your families for your steadfast commitment to our mission and to this unit. We are strong and tough bunch. I am proud to stand alongside of you.

This weekend we held retirement ceremonies for a few MXG SNCO's with over 100 years of combined service. We wish the very best to CMSgt Keith Foreman, SMSgt Curtis Surratt, and MSgt Kenny Smith. We thank you for all your years of dedication and commitment. We will do our very best to carry your legacies forward.

As we take some time to enjoy our families let's not forget that we still have members deployed. This can be a tough time. If possible, reach out to them and their families to let them know we appreciate their sacrifices and look forward to their return.

Finally, when celebrating with family and friends please have a plan if alcohol is involved. Make sure you designate a driver before you go. Be mindful of others and step in if/when you see someone has had too much to drink. Be the difference.

My family and I thank you for all you do for our nation and this great state. We wish you a Merry Christmas and a Happy New Year! We look forward to seeing you in the coming year.

Your Chief,

Chief Brawner

Diversity and Inclusion success in the WVNG



Maj. Gen. William Crane
The Adjutant General, WVNG

Less than a year ago, I became the Adjutant General for West Virginia. In my transition, I established priorities I felt were important for our National Guard to "get after". These included preparing our forces for our primary mission of being warfighters, then, looking toward the future fight in the cyber realm, and, growing future leaders for our organization. As I thought about these priorities, I realized the importance of emphasizing inclusion and diversity among us and how that focus can add to the excellence of our Army and Air National Guard units in West Virginia.

In fact, I realized our National Guard is inherently diverse, a fact that contributes to our being the greatest fighting force in the world. We bring together individuals from all kinds of backgrounds, socioeconomic statuses, genders, ethnicities – you name it – and teach them how to be a team. The military exposes each of us to new ideas and thinking and helps to broaden the horizons of even the most sheltered recruit (and West Virginia has some very sheltered neighborhoods!). Even so, while there are great lessons to be learned through enlistment and service in the National Guard, I was not satisfied; I can't stand the idea that there might be some who don't feel they can be included..

So, we started listening.

In June, we held anonymous listening sessions for everyone in the West Virginia National Guard. From those sessions, we gathered some really good feedback from the field on issues affecting them and their service, identified barriers and gained insight into perceptions of our Soldiers and Airmen. It was a great start.

We took that information and coupled it with feedback provided from the command climate surveys to develop actual things we can do to address those realities. We made them requirements with the goal they are completed in 2022. Some of you may have heard rumblings of things that were being implemented, but I thought it important to let you know from me what we've been doing and what we've achieved thanks to your feedback.

The following list of actions, while not comprehensive, illustrates moves toward the culture I am looking for:

- We formally established the Joint Diversity Executive Council (JDEC), which I chair as the head of the organization, to identify issues for senior leadership engagement, and, if necessary, facilitate change. The JDEC already met twice in 2021.
- Our Army and Air National Guard policies and procedures were reviewed to maximize support for pregnant, post-partum and breastfeeding mothers.
- Units are implementing accommodations for pregnant and breastfeeding mothers across the state.
- We set a requirement for unisex bathrooms in all future WVNG construction
- We will launch an anonymous feedback line called the WVNG Feedback Line for Soldiers, Airmen and civilian employees in 2022.

- Other programs include:
 - o A deliberate plan to ensure consistent representation for minorities or underrepresented individuals on all boards.
 - o A monthly "Lunch and Learn" program to cover diverse items of interest from the field like pregnancy, sexual assault, joint officer management, equal employment, and others.
 - o Babysitter training for service member's families
 - o Development of a metrics-based Officer Career Management Program aimed at eliminating unfairness and bias.
 - o Formation of groups to enable mentorship and camaraderie like a WVNG women's group, Warrant Officer's Run with the Chiefs, Reserve Mentorship, Athletic Club, and Book Club.
 - o Creation of a Diversity and Equity Officer to assist command staff with support to the State Equal Opportunity Office, Sexual Assault Response Coordinator and oversee the command climate survey program to provide analysis for senior leadership.

Representation Impacts

While plans and programs are great, results are better. In the past year, we've celebrated:

- Our first female Chief Warrant Officer 5, Christie Smith.
- Promoted the second African American general officer, Brig. Gen. David "DC" Cochran, in WVNG history.
- Promotion of the first West Virginia Army National Guard female general officer, Brig. Gen. Michaelle Munger.
- An increased average female enlistment rate of 20% in five months.
- Increased from one to three squadrons in the Air Guard with minority commanders including the first LGBT commander.
- Also increased female representation in the E-9 ranks from one to three

Every one of these service members earned their rank and they represent the best of the best in the West Virginia National Guard.

I hope that you see the direction we are headed – equal opportunity for all. This shows where we're going, it is not where we stop.

I directed WVNG leaders at all levels to find where we are not inclusive and fix it; to celebrate our diversity; and, most importantly, take care of our Soldiers and Airmen so they know we care and feel included so they can work hard to accomplish the mission.

Without you, your families and our civilian employees in our One Guard, we would not be capable of tackling the problems we face as a state and nation.

Where change is needed, we must accelerate. You should share your feedback and suggestions with your senior leaders. Reach out to communicate and I promise you that we will take you seriously and work collaboratively to improve.

It is an honor to serve alongside each of you as your Adjutant General. Thank you for what you do to make this organization great each and every day. I look forward to providing you with an update on this topic and many other initiatives we have been working on in the near future.

MG William "Bill" Crane

The Adjutant General

167th AW flying operations diverse and unpredictable in 2021

by Senior Master Sgt. Emily Beightol-Deyerle

With a fleet of eight C-17 Globemaster III aircraft, the 167th Operations Group supported a wide range of airlift missions, stateside and abroad, in 2021.

The unit flew more than 900 sorties, transported approximately 6,000 passengers and hauled nearly 4,800 tons of cargo.

"This year highlighted the diverse and often unpredictable nature of the missions that the 167th Operations Group must be prepared to support. We had crews on alert, supported domestic operations, had up to three aircraft simultaneously dedicated to Air Mobility Command missions, while also navigating the challenges of a world-wide pandemic," said Col. Christopher Sigler, 167th OG commander. "Total wing support was crucial and I appreciate everything our unit members did to make these missions successful."

Last year some training requirements were temporarily waived for aircrew due to COVID-19 restrictions. Normal training flight schedules resumed, however, in 2021 and 268 local training sorties were conducted restoring aircrew readiness.

The 167th had crews and aircraft on alert to support the National Guard Bureau for domestic operations starting last September and concluded the mission in February.

In January the 167th OG flew four missions transporting 279 National Guard Soldiers and Airmen from around the country to the National Capitol Region to assist law enforcement with the presidential inauguration.

The 167th had one aircraft dedicated to Tanker Airlift Control Center missions throughout the year and at times three 167th aircraft were supporting TACC missions. TACC plans, schedules and directs U.S. Air Force mobility aircraft in support of combat delivery and strategic airlift, air refueling and aeromedical evacuation operations around the world.

As part of these TACC missions, 167th aircraft and crews supported the U.S. military's drawdown and eventually the final withdrawal efforts of Bagram Air Base, Afghanistan. Bagram Air Base was turned over to the Afghanistan forces July 2.

In mid-August, the 167th flew four sorties in support of Operation Allies Refuge, the mass evacuation efforts out of Hamid Karzai International Airport in Kabul, Afghanistan. One crew transported 250 Marines into the airport and then evacuated 289 passengers. A second short-notice volunteer crew staged at Al Udeid Air Base and flew three missions in and out of Kabul, transporting nearly 1,100 evacuees out of Afghanistan.

This year 167th aircrew participated in operational training exercises focused on Agile Combat Employment, or ACE. In February, the wing partnered with the 175th Wing to practice this new concept of warfighting which relies less on large overseas hubs and more on smaller networks of dispersed locations. The West Virginia National Guard exercise Sentry Storm and the Mississippi Air National Guard exercise Southern Strike provided additional ACE concept training for the group.

Aircraft and crews also participated in Patriot North in June at Volk Field Combat Readiness



A 167th Airlift Wing C-17 Globemaster III aircraft is loaded with medical evacuees from Afghanistan, Sept. 3, 2021 at Naval Air Station Sigonella. Naval Air Station Sigonella supported the Department of State mission to facilitate the safe departure and relocation of U.S. citizens, Special Immigration Visa recipients, and vulnerable populations from Afghanistan. (U.S. Navy photo by Mass Communication Specialist 2nd Class Andrea Rumple)

Training Center, Wisconsin. Patriot is a domestic operations training exercise and aircrews were able to practice semi-prepared, meaning dirt or crushed gravel, runway operations.

Since August, 167th aircraft and crews have supported routinely scheduled aeromedical evacuation missions, transporting sick or wounded personnel from treatment facilities overseas to stateside facilities. Another Air National Guard unit will pick up those missions beginning in January and the 167th will resume other TACC missions.



Airman's lifestyle changes opened door to military service

by Senior Airman Edward Michon

"Discipline" and "resilience" are terms that many members of the military are familiar with. They are ideals taught from day one of enlistment, engraved in the lifestyle associated with military service and carried throughout a service member's career.

For one Airman at the 167th Airlift Wing, these principles would need to be implemented long before taking the oath of enlistment.

Airman 1st Class Richard Adams, a munitions crewmember at the 167th, weighed 275 pounds when he decided the military would be the right fit for him, despite knowing he would not be the right fit for the military.

"When I started to talk to the recruiters, they told me I had a long way to go to be within my weight limit," said Adams.

Over the next several months, Adams would need to lose nearly a quarter of his body weight to pursue his desire to serve.

The weight would not hold him back.

"I started out by running, but I couldn't make it over 100 yards without being miserable," said Adams. "But then I got to a point where I was able to run three miles a day."

Adams would then implement CrossFit and weight training in addition to a healthy diet in order to shed the extra pounds.

Within six months, an enormous weight would be lifted from his shoulders and the scale when Adams was able to enlist at 205 pounds.

"I learned that I'm a lot stronger than I ever thought I was," said Adams. "If I can make it through this, I can make it through anything."

Adams also accredits his weight loss journey to helping him become a better Airman and leader.

"I developed the self-discipline and resilience to get through anything," said Adams. "I now have the confidence to be a leader."

Through his story, Adams has developed a passion for fitness and hopes to inspire others looking to do the same.

"Don't be afraid of hard work," said Adams. "It sounds hard but it's simple. Get your mindset right and hit the ground running. That's the way I started." 🐾



U.S. Air Force Airman 1st Class Richard Adams, a munitions crewmember with the 167th Airlift Wing, made significant lifestyle changes to lose 70 pounds in six months to be eligible for enlistment in the Air National Guard. His accomplishments exemplify the discipline and resilience it takes to be an effective Airman. (U.S. Air National Guard photo by Senior Airman Edward Michon)

Airman SPOTLIGHT

Name:

Master Sgt. Robert Duckwall

Hometown:

Spring Mills, West Virginia

Job Title:

Aircrew flight equipment superintendent

U.S. Air Force Master Sgt. Robert Duckwall is the aircrew flight equipment superintendent for the 167th Operations Support Squadron and the 167th Airlift Wing Airman Spotlight for December 2021.

Aircrew flight equipment specialists are responsible for ensuring that all flight and safety equipment is in perfect working order. Their attention to detail is imperative to ensure everything from parachutes and survival kits to flight helmets and oxygen masks are in perfect working order.

Duckwall recently returned from a deployment where he served with the 380th Expeditionary Operations Support Squadron. His commander, Lt. Col. Ray Rounds, said that Duckwall had many attributes that he valued but what he valued most was his judgement and his ability to handle things at the lowest level.

"He takes a proactive interest and engagement in the lives of all of our Airmen, which helps to prevent problems before they even arise – because our Airmen know Duck[wall] cares about them both as fellow Airmen and as fellow human beings," Rounds said.

At home station, Duckwall is an invaluable asset to his squadron, group and wing, said Lt. Col. James Freid-Studlo, 167th Operations Support Squadron Commander.

"Duckwall epitomizes professionalism. He executes his mission in a most excellent manner, never looking for praise or recognition," said Freid-Studlo. "He leads from the front, not only supervising Aircrew Flight Equipment, but in volunteering for programs like the Wing Inspection Team."

How long have you served in the unit? 18 years in February

How does your job support the 167th's mission? I oversee our Aircrew Flight Equipment (AFE) section that is responsible for providing all of the lifesaving equipment related to the aircrew, and also for providing the instruction on how to use it. Many of us are trained and certified as Combat and Water Survival instructors, as well as CBRNE training instructors for the Aircrew members. We provide the Aircrew with whatever they may need to overcome any situation or threat that they may face, so that they may always return home.

Civilian job: Full time AGR since 2018/Full time technician since 2008

Education: Bachelor's Degree with concentration in sociology, CCAF in Aircrew Survival Systems

Hobbies: Playing with my little boy, hunting, lifting weights, wood-working, and researching civil war history.



Goals: I hope to continue to serve my section and our Aircrew well for the rest of my career and leave the career field better when I am finished. Also, to positively impact everyone around me every day. I feel blessed to serve with some of the best folks in the military here at Martinsburg. I would also like to continue working toward becoming the Weapon System Team Chief for Strat Air within the ANG.

I am proudest of: My wife, son, and entire family. Also, being a 3rd generation member of the 167th.

People may be surprised to know this about me: Even though my wife is usually less than impressed about it...I can quote the entire movie of Titanic.

The most exciting thing I've done in the military is: My recent deployment to the Middle East.

One/Some of the most valuable lessons I've learned throughout my career: Always know that you represent your Unit, the Wing, the state, and the Guard no matter where you go...so do it well. Always be learning and always be teaching. Know that the only true failure is the one that you don't learn from.

My advice to the newest Airmen in the Wing: Always be serving others and put them before yourself. Work hard in all that you do. Don't pass up a free education. Always have your schools and training completed as soon as you can. Don't ever put yourself in a position where you missed an opportunity because of something you could control.

The best thing about working with my team is: the friendships that we have developed over the years, knowing that we can depend upon one another, and serving together in the finest AFE shop in the AF. 🐾



Health and wellness fair held during open season

Left: 167th Airlift Wing members attend the 2021 West Virginia Army/Air National Guard Open Season Health and Wellness Fair in the wing dining facility, Shepherd Field, Martinsburg, West Virginia, Nov. 18, 2021. Representatives from various health insurance and wellness organizations and the WVNG human resource office were present to unit member's questions regarding their benefits.



Black Out Veterans Tribute Truck owner presents flag to 167th AW

Charles Timbrook, second from right and Mike Cotter, second from left, present a flag made to honor the 13 U.S. service members who lost their lives during the mass evacuation efforts out of Kabul, Afghanistan, to U.S. Air Force Staff Sgt. Tristan Rowland, left, 167th Airlift Squadron, and Staff Sgt. Jessie Trejo, right, 167th Security Forces Squadron. Both Rowland and Trejo supported the Afghanistan evacuation efforts. Timbrook is the owner of the Black Out Veterans Tribute Truck which recently completed a 13 state tour to present similar flags to various organizations.

Meet the new 167th AW Sexual Assault Response Coordinator



Hi! My name is Lindsey Hash. I am happy to join the 167th as the Sexual Assault Response Coordinator. I look forward to getting around the base to meet more people and working with the Wing Care Team.

I was born in Martinsburg and raised about 20 minutes away in Jefferson County. I graduated from West Virginia University in 2015 with a Bachelor in Social Work, and have worked as social worker for the last 6 years. I will be graduating from WVU with my Master in Social Work in August 2022. I chose social work because I am dedicated to assisting others and enabling them to overcome adversity and learning to thrive in their environment.

Outside of school and work, I enjoy spending time with friends and family, getting outside to hike, run, kayak or swim, trying different local breweries, reading, and listening to podcasts. My family loves sports, especially football, basketball and baseball, so most of our family events include ESPN playing in the background, or supporting my dad and younger brother on Friday nights in the fall at Martinsburg High, where both coach football.

Prior to joining the 167th, I was the Victim Advocate for the Berkeley County Prosecuting Attorney's Office in Martinsburg for over 4 years, where I worked directly with survivors of crime to help them navigate the criminal justice system and overcome the negative outcomes of their experience.

I wanted to join the 167th team for reasons similar to why I became a social worker: because I am committed to assisting survivors learn to overcome their experience and thrive in their environment, and to preventing sexual assault.

I hope to be trained and certified on the ANG SAPR program by next March. Until then, my door is always open to anyone in need of assistance, and I am happy to connect people to the resources they may need. My office is located in the headquarters building, room number 111 next to the Chaplain's office. I can be reached at DSN 242-5991, (304) 616-5991, or by email at lindsey.hash@us.af.mil.





For Our Service Members And Their Families

Airman & Family Programs Office

FUTURE WING EVENTS – SAVE THE DATES

- 8 JAN 22 - VA BENEFITS & SERVICES BRIEFING, 0815-1530, in the DFAC.
VA Benefits Advisor Guest Speaker. Open to All 167th Unit Members and Spouses/significant others and WVNG Retirees.
- 5 FEB 22 – MILITARY RETIREMENT SEMINAR, 0800-1400, in the DFAC.
Guest Speakers from Tricare, Survivor Benefit Plan, Personal Financial Counselor, Force Support Squadron, Base Finance Office, WV Dept. of Veterans Assistance, and possibly Social Security Administration. Open to All 167th Unit Members and Spouses/significant others and WVNG Retirees.
- 12 JUN 22 – BROTHERS AT WAR RESILIENCY WORKSHOP, 0800-1400, in the DFAC.
Special event sponsored by the Gary Sinise Foundation. Open to Service Members and their spouse/significant other. Registration will be required. Limited seating.

167th Family Readiness Group

*Toys donated by the community for military children are available! Through an Operation Home-Front program with the Dollar Tree Stores, the community has donated toys for our military kids.

NG Family Programs defines our "Guard Kids" as dependent children, significant other's children, grandchildren, nieces and nephews, etc. Those who are affected by our deployments.

Toys are available for pick up Now through Christmas, 0730-1600, in the Airman & Family Readiness Program Office. It's recommended to call ahead to make sure the office is open.

*School Supplies, donated by our community, are still available for 167th military children. The supplies are located in the Airman & Family Program Office, Headquarters building #120, Room G37, and are available to be picked up.



The Family Programs Office is located in Bldg. 120, lower level. For more information contact Airman & Family Readiness Program Manager Sherry Lewis at 304-616-5590 or 1-866-986-4325

What does a Religious Affairs Airman (RAA) do? They do more!

by Staff Sgt. Jacob Orlando



Staff Sgt. Jacob Orlando, Chaplain Assistant

What does a Religious Affairs Airman (RAA) do? I found myself asking that question, as I considered the process of transferring from my current AFSC to become a RAA in the Chaplain Section. It turns out that RAAs were formerly called Chaplain Assistants, but now the career field has received a new title. As I spent time in the chaplain section before, during, and after my tech school, I learned three things that RAAs do.

First, while RAAs do assist the Chaplains, they do more! RAAs join Chaplains to facilitate any religious needs that an Airman or their family may have. What this means is that along with setting up for the Chapel services and facilitating events on UTAs, they are capable of assisting anyone with their First Amendment Constitutional rights in pursuing the member's expression their religious beliefs.

Second, RAAs do more than just meet religious needs. The Chaplain Corps is the one of the group in the Air Force that have 100% confidentiality with military members when it comes to conversations regarding religious beliefs or matters of conscience. That means when you talk to the Chaplains and the RAA's you can do so with full confidence that whatever you say will not leave the room. If we have learned one thing from 2020 it is, everyone's got some sort of heavy baggage they have been carrying that they just need to unpack by talking with someone. This can be especially true in traumatic situations. I saw this first hand at tech school when we experienced the tragic loss of young Airmen. My instructors, who were RAA's for the base, had to double as both class instructors and crisis counselors for those who were close to the Airman. So if you are in a crisis or just need an ear to talk to we are trained and capable of providing counseling.

Finally, we do more than religious or crisis care, it is part of our job to be connected to helpful resources. RAA's can't pay off your school loans on the spot, but they know someone who can help get you the financial counseling you need. Whether you have religious, financial, medical, marital, or any other sort of concerns they can connect you with someone who can help.

In summary the RAAs are here for the Airmen. They are here to facilitate and support the religious needs of the Airmen, listen to any needs of the Airmen, and serve the needs of the Airmen. I am sure as I progress through my career, I will find out once again, Religious Affairs Airmen do more...

GLORIFYING GOD
SERVING AIRMEN
PURSUING EXCELLENCE





VA BENEFITS & SERVICES BRIEFING

Guest: Bobby McQuaid, Veterans Benefits Advisor

Saturday, 8 January 2022

0815-1515

Base Dining Facility

- ♦ **Open to ALL 167th Military members planning on retiring within the next two years—** Get to know your resources, benefits, and entitlements.
- ♦ **Open to ALL 167th deployers Title 10, 180+ days — Meets TAP requirement—** This is a rare opportunity to receive an in-person briefing versus completing the required online course.
- ♦ **Open to WV National Guard Retirees**
- ♦ **Limited seating—** Seats are first come, first serve. Spouses may attend.
- ♦ **One hour lunch break included in time.** Lunch on your own.
- ♦ **Participants receive a VA Benefits & Services Guide.**

REGISTRATION REQUIRED

Call 304-616-5590 or email sherry.lewis.1@us.af.mil to reserve your seat.

Are you planning on retiring in the next 5 years?

Want to know more about benefits, retirement steps or resources?



MILITARY RETIREMENT SEMINAR

Saturday, 5 February 2022

0800-1400

167th AW Dining Facility

Open to 167th Unit Members & Spouses and WVNG retirees

Event includes guest speakers for:

- ♦ Tricare
- ♦ Survivor Benefit Plan
- ♦ Force Support Squadron
- ♦ Personal Financial Counselor
- ♦ Base Finance Office
- ♦ WV Dept. of Veterans Assistance
- ♦ Social Security Administration

REGISTRATION NOT REQUIRED

For additional details, contact Sherry Lewis at 304-616-5590 or email Sherry.lewis.1@us.af.mil

Antiterrorism & Force Protection- Suspicious People

submitted by Lt. Col. Tim Rice, Wing Antiterrorism Officer

These Antiterrorism tips are on suspicious people and activity.

GENERAL SECURITY:

- Instruct family and friends not to provide strangers with information about you or your family.
- Be alert to strangers who are on government property for no apparent reason.
- Report all suspicious persons loitering near your residence or office; attempt to provide a complete description of the person and/or vehicle to Security Forces.
- Don't open doors to strangers.
- Report all threatening phone calls to security officials.

BE SUSPICIOUS:

- Be alert to public works crews and, if overseas, other foreign nationals requesting access to your residence; check their identities through a peep-hole before allowing entry.
- Be alert to peddlers and strangers.
- Write down license numbers of suspicious vehicles; note descriptions of occupants.
- Treat with suspicion any inquiries about the whereabouts or activities of other family members.
- Report all suspicious activity to Military/Security Forces or local law enforcement.

REMEMBER: Antiterrorism and Force Protection is EVERYONE'S job.

These tips, and other important information are located in the CJCS Guide 5260, Service Member's Personal Protection Guide: A Self-Help Handbook to Combating Terrorism, which can be found on the base intranet.

REMEMBER: Antiterrorism and Force Protection is EVERYONE'S job.

The 167th Airlift Wing Antiterrorism Officer is Major Tim Rice, 242-5084.

These tips and other important information are located in the CJCS Guide 5260, Service Member's Personal Protection Guide: A Self-Help Handbook to Combating Terrorism, which can be found on the base intranet.

REMEMBER: Antiterrorism and Force Protection is EVERYONE'S job.

The 167th Airlift Wing Antiterrorism Officer is Lt. Col. Tim Rice, 242-5084.





COMBATING TRAFFICKING IN PERSONS U.S. DEPARTMENT OF DEFENSE

STOP Human Trafficking

Force, fraud, or coercion to compel a person to provide labor, services, or commercial sex.

Victims come from all backgrounds and can be women, men, and children.

Any minor (under 18 years of age) involved in commercial sex is a victim of human trafficking.

Recognize **SIGNS**

Physical/Environmental Indicators include signs of abuse, no identification, confined to worksite.

Psychological/Behavioral Indicators include submissive, anxious, lack of free will.

REPORT IT

Chain of Command

Local Law Enforcement

DoD Inspector General Hotline

1-800-424-9098 or visit <http://www.dodig.mil/hotline>

National Human Trafficking Hotline

1-888-373-7888.



167th AW PCC:
MSGT Michael Seavolt
CTIP Program Coordinator
ext. 5759

For more information go to:
CTIP.defense.gov/

Sexual Assault Prevention & Response

Have questions? Need Help?
We're here for you!

West Virginia National Guard
Sexual Assault Response Coordinator:

Jenny Colagrosso

Office: 304-561-6681; DSN: 623-6681

24 hour Blackberry: 304-541-0573

jenny.r.colagrosso.civ@mail.mil

167th Airlift Wing
Sexual Assault Response Coordinator:

Lindsey Hash

Office: 304-616-5991; DSN: 242-5991

lindsey.hash@us.af.mil

167th Airlift Wing
Volunteer Victim Advocate:

Emily Beightol-Deyerle

Office: 304-616-5251; DSN: 242-5251; Cell: (304) 839-9157

emily.beightol_deyerle.2@us.af.mil

24/7 Sexual Assault Support for DoD Community
DoD Safe Helpline:

Call: 877-995-5247

Texting: (*55-247);

Texting outside the US: (202-470-5546)

Online Resources: www.safehelpline.org





ACCOLADES



Welcome

A1C Keaton Neeb, CF

Welcome Back from Technical Training

A1C Hannah Barker, MSG
AB Skylar Bingaman, FSS
A1C Mackenzie Daniels, MX
A1C Eric Flores, AS
A1C Tyler Monroe, MX
A1C Kylee Premo, CPTF
AB Ponsawat Savusdiphol, OSS

CDC High Scores

SSgt Timothy Sanders, CES
SrA Levi Taylor, CES

Promotions

To Airman First Class

Thomas Talkington, LRS
Savanna Anderson, MXG

To Senior Airman

Jacob Martin, MDG
Taylor Gray, MXS
Tyler Shewbridge, MDG
Collin Webster, CF
Seth Knight, CF
Ethan Proper, MXS

To Staff Sergeant

Kaylie Depalo, FSS
Sarah Hall, AS
Alex Inocencio, AS

Promotions

To Staff Sergeant

Tyler Ashby, CES
Corbin Hensley, MXS
Whitney Salisbury, MOF
Kayla Sine, SFS
Brady Compton, SFS
Danielle Trucks, MDG
Allison Wilson, MDG
Shayla Ramsey, CF

To Technical Sergeant

Joshua Brining, SFS
Austin Langley, OSS
Benjamin Saweikis, CF

To Master Sergeant

Joseph Charette, SFS
Jessica Dube, MOF
Justin Jones, CF

Promotions

To Senior Master Sergeant

Robert Abbott, MXS

To Chief Master Sergeant

Jody Miller, LRS

To Captain

Timothy Loughran, LRS

To Lieutenant Colonel

James Domenico, CPTF

Retirements

CMSgt Mark Abe, LRS
SMSgt Donald Lang, FSS



Who We Are

Conveniently located in your community, Vet Centers help you and your family build meaningful connections and develop tools for achieving success in both your military and civilian lives.

93% of those who use Vet Centers would recommend us to others!

Our Services

Counseling.

We provide individual, group, couples, and family counseling to talk through problems, brainstorm solutions, discuss what resources are available, and work with you to create effective and practical plans for your personal growth.

Referrals.

We provide medical, benefit, employment, and other VA and community referral services to help you and your family navigate time-consuming tasks, like applying for VA benefits or finding a job.

Community engagement.

Vet Centers help you connect with your community by working with local partners and using our resources to advocate for your needs. Ultimately, this allows us to create a greater support system for you and your family.



Our Core Benefits

Welcoming environment.

Our Vet Center community treats you like family. We work hard to ensure you feel respected, safe, relaxed, and comfortable with everyone while you are here.

Community of support.

Whether you come in for one-on-one counseling or to participate in a group session, Vet Centers allow you to form social connections, try new things, and build a support system with people who understand you and want to help you succeed.

Practical and therapeutic services.

At Vet Centers, one size does not fit all. From talk therapy to recreational activities, our team works with you to identify your individual goals and find the right plan that meets them.

94% of those who use Vet Centers found us to be welcoming and courteous!

Call us 24/7

Vet Center Call Center:

877-WAR-VETS (927-8387)

Can't make it to a Vet Center?

Our services are also offered through Mobile Vet Centers, virtual appointments, and other community locations that might be more convenient.

Veterans Crisis Line

If you or someone you know is in crisis or having thoughts of suicide, call 1-800-273-8255 and press 1, text 838255, or chat online at: <https://www.veteranscrisisline.net/chat>.

