



Oct. 13, 2021

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce.

Island Insight Submission: <https://home.army.mil/ria/index.php/contact/public-affairs>

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Contract Reform: Modernizing the Munitions Organic Industrial Base

Joint Munitions Command, the U.S. Army entity responsible for providing all conventional ammunition to American warfighters, is rethinking how it manages contracts for its ammunition plants. JMC's 17 subordinate commands include government-owned, contractor-operated facilities in addition to installations owned and operated by the government. "We're reassessing how we manage contracts for our GOCO facilities," said Chris Martin, the JMC division chief for GOCO policy integration. "We're taking steps to focus on the installation more holistically rather than just on the explosive assets the facility can produce." This overhaul is part of the Army's greatest transformation in 40 years and will ensure the Organic Industrial Base continues to support warfighters and is ready to execute Large-Scale Combat Operations. The JMC enterprise is part of the OIB, which manufactures, repairs and retains munitions. JMC's new GOCO contracts will increase cost-reporting oversight and be more tailor-made to the circumstances of specific locations. (More: www.army.mil/article/251166)



Upcoming Dates

Sept. 1-Jan. 15: 2021 Combined Federal Campaign, pledge through the CFC for your designated charity today!

Sept. 15 – Oct. 15: Hispanic Heritage Month

October: National Domestic Violence Awareness and Prevention Month

October: National Disability Employment Awareness Month

October: Energy Action Month

October: National Cybersecurity Awareness Month

Oct. 11-16: National Drug-Free Work Week

Oct. 11-22: ACS DVAM Coloring Contest and Dress Your Pet in Purple Contests

Oct. 15: Boss's Day

Oct. 15: Paint the Island Purple Photo Submission to ACS

Oct. 15: ImpactLife Blood Drive, donor bus in Commissary parking lot, 10 a.m. - 1:30 p.m.

Oct. 15: Rocktoberfest, Lock & Dam Lounge, 3 p.m.

Nov. 16: National Sweetest Day

Oct. 16: Army Psychological Operations 15th Birthday

Oct. 18: Family and Friends Guide to Help Someone in an Abusive Relationship, ACS Bldg. 110, 11 a.m.

Oct. 20: Workforce Wednesday, Lock & Dam Lounge, 3 p.m.

Oct. 21: Thirsty Thursday, Lock & Dam Lounge, 3 p.m.

Oct. 22: Paint the Island Purple Photo Submission to ACS

Moving Munitions and Saving Money: U.S. Army Joint Munitions Command's New Centralized Ammunition Management Process Reduces Ammunition Delivery Labor Hours and Storage Costs

U.S. Army Joint Munitions Command constantly strives to improve efficiency as it produces, ships, stores and demilitarizes conventional munitions for the Joint Warfighter. U.S. Army Joint Munitions Command's latest time and money-saving initiative utilizes the CAM Quarterly Resupply Model (QRM) to better distribute munitions from JMC's five distribution depots to more than 80 Army Ammunition Supply Points (ASP) in the Continental United States (CONUS). JMC's mission requires it to be able to respond to surge requirements when required to meet worldwide demands. The best way to enable this capability is to store the maximum amount of ammunition at JMC distribution depots that power project to the point of need, and avoid stockpiling excess munitions at ASPs. (More: www.dvidshub.net/news/406492)



Army Sustainment Transforms For Future

The time is now to prepare the Army's sustainment enterprise for competition, crisis and conflict, according to the Army's senior sustainer. Army Materiel Command's top leader Gen. Ed Daly joined military and civilian leaders from across the Army to discuss sustainment transformation during the Association of the U.S. Army's 2021 Annual Meeting and Exposition. Daly set the stage for a Contemporary Military Forum discussion, Oct. 12. "The sustainment warfighting functions are critical and necessary at not only the tactical and operational level, but also the strategic level, from the Army's depots, arsenals and ammunition plants all the way to the forward tactical edge," said Daly. "We can't just focus on conflict and crisis; we also have to focus on competition, and setting the conditions in competition, and the time is now." (More: www.army.mil/article/251186)



Secretary Discusses 'Extraordinary Year' For Army, Future Challenges

The Army secretary took the stage Monday morning to tout several wins by Soldiers this past year and promised to keep placing people first while addressing future challenges. "Today's Army must ask hard questions," said Secretary of the Army Christine E. Wormuth during her first keynote address to kick off the Association of the U.S. Army Annual Meeting and Exposition. "I am not convinced we have fully thought our way through all of the challenges we face in the future." The Army secretary still expressed confidence that the force is capable of succeeding any mission if called upon. "We aren't just any Army — we are America's Army," she said. The Army had "an extraordinary year," she said, despite challenges such as responding to natural disasters, the insurrection at the U.S. Capitol and the withdrawal of U.S. troops from Afghanistan. All of this while operating in over 140 countries and maintaining global readiness amid the deadliest pandemic in American history. (More: www.army.mil/article/251057)



AMC System Gives both Leaders and Employees an Active Role in Safety Management

The Army Materiel Command enterprise is expanding its robust safety program to ensure that arsenals, depots, plants and office spaces alike are held to the same exceptional standards of safety. Safety programs are managed by safety professionals and cover program elements that are continuously evaluated to meet safety standards, such as confined spaces, hazardous materials, work place safety and off-duty safety. These standards protect people and resources. At the requirement of the Department of Defense, AMC is now implementing a Safety and Occupational Health Management System, or SOHMS for short, across the enterprise to take safety management even further. (More: www.army.mil/article/250980)



Army and Industry Leaders to Discuss Climate Change Impacts during AUSA Annual Meeting

Leaders from across the U.S. Army and defense industry will discuss critical threats to Army readiness poised by climate change and extreme weather threats during a Contemporary Military Forum at this year's Association of the United States Army (AUSA) Annual Meeting in Washington, D.C. The discussion will not only include how these threats impact the Army's strategic readiness and sustainability, but also what the Army will do to adapt to and mitigate climate threats. Experts have said that climate change is reshaping theaters of operation, destabilizing fragile states, increasing natural disasters, interrupting supply chains, and damaging infrastructure. Adapting to, and mitigating climate change, is imperative as the Army transforms. (More: www.army.mil/article/250905)



DISA Director Says Common Access Card Showing Age

The Defense Department has used the common access card, or CAC, for more than 20 years now, and there's no sign, as of yet, that the department is planning on doing away with the ID card. But the director of the Defense Information Systems Agency said he thinks it might be time to look for better ways for department personnel to prove who they are to gate guards, computers and chow hall personnel. During a conversation today as part of the 2021 Billington Cybersecurity Summit, Air Force Lt. Gen. Robert Skinner, who serves as both DISA director and commander of Joint Forces Headquarters, Department of Defense Information Networks, said that identity management — which the CAC now plays a significant role in — is one area where the department can look to industry for a way ahead. (More:

www.defense.gov/News/News-Stories/Article/Article/2806118)



Pledge through the Combined Federal Campaign Today

The Midwestern Combined Federal Campaign is in full swing and will run through **Friday, Jan. 15.**

"I have the audacity to believe that people everywhere can have three meals a day for their bodies, education and culture for their minds and dignity, equality and freedom for their spirits." – Martin Luther King, Jr.



Poverty, low income, and lack of access to resources negatively impacts families by limiting basic access to proper health care, nutrition, and education. Low socio-economic status often is also synonymous with social discrimination. Poverty rates can also vary widely by race. In the U.S., Black Americans have the highest incidence of poverty at 31%, American Indians/Alaska Native had the second highest at 30% percent, and Hispanics have the third-highest poverty rate at 23.8%. Currently, around the world, 734 million people live below the international poverty line and are deprived of basic human needs. The events of the past year will likely have adverse effects on poverty at the global level, by as much as half a billion people. This could mean that as much as 8% of the total human population around the globe will be living on just \$2 a day. It will take a long time to recover. Current baseline projections suggest that 6% of the global population will still be living in extreme poverty by 2030. The CFC makes it easy for all of us to change the world. Your donation to end poverty cause areas supports CFC charities working to provide access to education, basic healthcare resources, adequate housing, and job opportunities. Join the CFC community today and become a change maker. \$49 Shelters a homeless child for a week. Here's how your CFC pledge can make an impact:

- \$100 Provides 13 food vouchers to a family living in a refugee camp.
- \$200 Provides a baking class to one teen, providing future employment skills.
- \$200

"You can be the Face of Change" – make your pledge today – how?

1. Visit <https://givecfc.org>
2. Click on the <https://cfcgiving.opm.gov/welcome> > button
3. Register or Log in – select your favorite charities... and pledge

Thank you for choosing CFC as your pathway for giving to the cause you care about! CFC is the world's largest and most successful annual workplace charity campaign, with numerous CFC campaigns throughout the country and internationally to help to raise millions of dollars each year. Pledges made by federal civilian, postal and military donors during the campaign season support eligible non-profit organizations that provide health and human service benefits throughout the world. The CFC was started in 1961 by President John F. Kennedy and is the only authorized solicitation of employees in the federal workplace for charitable organizations. (More: <https://midwesterncfc.givecfc.org>)

Regional Critical Blood Shortages, ImpactLife Blood Drives

The ImpactLife Blood Center has ongoing critical shortages of the following blood types: **O positive, O Negative, A positive, A negative, B negative, and AB negative**, but all types are needed. The Blood Donor



Bus will be available for scheduled donations in the Commissary parking lot on **Friday, Nov. 19**, 10 a.m. – 1:30 p.m. If you would like to donate at this blood drive, feel free to email

bhancock@impactlife.org with the time you'd like to schedule, or call their Donor Center at 563-359-5401; you may also log on to www.ImpactLife.org and use code 029 to locate the blood drives. **ImpactLife is requiring masks for donors, staff, and volunteers in all of their facilities and donor buses.** ImpactLife encourages those working remotely to visit one of their three local donor centers.

- Moline Donor Center – 3600 16th Street
- Davenport Headquarters – 5500 Lakeview Parkway
- West Davenport Center – 1320 W. Kimberly Road

ImpactLife will have a donor promotion, this will be a \$10 electronic gift card redeemable at Amazon, Dunkin', Lowe's, Target, Starbucks, and Walmart. **The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information:** www.militaryblood.dod.mil

RIA Attic Thrift Shop Hours for October

The RIA Attic Thrift Shop, NW corner of Building 60, will be open in September from 10 a.m. - 2 p.m. on the following days:

- **Tuesday – Oct. 19 & 26**
- **Thursday – Oct. 21**
- **3rd Saturday – Oct. 16**

Call the Attic at 309-782-6977 if you have any questions. Follow us on Facebook at Arsenal Attic Thrift Shop where you can check out photos of newly arrived items. Again, masks are required of everyone while shopping inside at the Attic. Your donations are always appreciated. They may be dropped anytime in the donations box outside the Attic door or brought to the shop when open.

Military Retiree Appreciation Day Cancelled

The annual Military Retiree Appreciation Day event has been, and will continue to be, a Fort McCoy sponsored event that is coordinated by its Retirement Services Office. All Fort McCoy sponsored Retiree Appreciation Days (RADs) scheduled for the 2021 calendar year have been cancelled. The Fort McCoy RSO is planning to reestablish their RAD schedule for the 2022 calendar year however the dates/locations are not available at this time. They expect to announce the Fort McCoy sponsored RAD schedule for the 2022 calendar in the 2022 edition of the HONORS newsletter. The Fort McCoy RSO website and link to the electronic version of the HONORS newsletter is available at:

<https://home.army.mil/mccoy/index.php/my-fort/all-services/soldier-life-retirement-services-transition-assistance-program-1>



Los Primos Mexican Grill Food Truck - Modification

The Los Primos Mexican Grill Food Truck has modified its days on Arsenal Island effective immediately and will now be limited to Tuesdays and Thursdays due to short staffing and slow sales; Los Primos management apologizes for any inconvenience. During normal operations, Los Primos is on Arsenal Island serving up their delicious Mexican food during the lunch hour. Los Primos now has steak burritos and quesadillas as part of their new expanded menu. During a normal week, they are serving Tuesdays and Thursdays from 11 a.m. - 1 p.m. and located on Rodman Avenue in front of the Building 350 parking lot.

224th Brigade Engineer Battalion Trunk-or-Treat

224th Brigade Engineer Battalion is excited to announce the inaugural Trunk-or-Treat event at the Davenport Readiness Center on **Sunday, Oct. 24**, from 2-4pm. This event is a fun-filled afternoon of games, bounce houses, food, and more for our past and present Iowa National Guard service members and families. You are invited to participate as a vendor in this fun and informative Trunk-or-Treat event. Vendors are required to decorate their trunk or table, provide treats or toys to be given to youth participants and may provide informational materials about their programs or business to the service members and families. Vendors are encouraged to dress up in costumes appropriate for a 2-12 year-old audience. Prizes will be awarded to the most creative trunk. To become a vendor, please contact the tomelissa.a.simatovich.civ@mail.mil by **Friday, Oct. 1**. Thank you for your support and consideration.

On-Post Trick or Treating

Trick or treating in on-post neighborhoods will be allowed on **Sunday, Oct. 31**, 5-8 p.m. On-Post Trick or Treating traditionally mirrors those set by the City of Moline as that is where the school-aged kids, who use Post CYSS facilities and activities, go to school. The City of Moline's Trick or Treat times for this year are set for Oct. 31, 5-8 p.m. Have a Happy Halloween. Please drive safely and watch for the children. Halloween safety – Halloween is a night of excitement and ghoulish charm, but it should be celebrated with caution. Children are four-and-a-half times more likely to be hit by a car on Halloween than on any other night of the year. However, the leading causes of Halloween-related injuries among children are not vehicle-related, but from falls. Many result from long, baggy or loose-fitting costumes, oversized shoes and vision-restricting masks. With a little forethought and creativity, parents and guardians can keep their little ghouls and goblins safe. Adults should always supervise children under the age of 12 when they head out to haunt the streets in search of treats. Children should only visit well-lit houses and remain outside at all times, while adults stay as close to the home as possible. A flashlight will make trick-or-treaters more visible to motorists, so make sure they carry one. Also, stay on the sidewalks and off streets and lawns.



DoD Extended Policy Guidance For Identification Card Operations During the Corona Virus Disease 2019 Pandemic

The Rock Island Arsenal DEERS/ID Card Office is operating at full capacity to serve our supported customers. We ask that customers continue to observe masking and social distancing to protect the many higher-risk personnel in the population we serve. For those customers unable or uncomfortable visiting the facility, the Department of Defense has extended the expiration dates of Uniformed Services ID (USID) cards. Under Secretary of Defense for Personnel and Readiness: In view of the DoD's limited ability to return Identification (ID) Card facilities to normal operations while continuing to comply with local pandemic safety precautions, I am extending the temporary policy guidance at the reference for Uniformed Services ID (USID) cards that expired between Jan. 1, 2020 and July 31, 2021 only, through:

- **Oct. 31, 2021:** Dependents of Active Duty Uniformed Service members; Reserve and National Guard Uniformed Service Members and their dependents.
- **Jan. 31, 2022:** Retirees and their dependents; all other populations.

USID cards that expired before Jan. 1, 2020 or that expire after July 31, 2021 have not been extended and will not be accepted. Rock Island Arsenal DEERS/ID Card Facility (Building 56):

- Hours of operation: Monday; Wednesday- Friday: 8 a.m. – 3:30 p.m. (Closed for lunch 12-1 p.m.; No walk-ins after 11 a.m. & 3 p.m.); Tuesday: 7:15 a.m. – 12 p.m. (No walks-in after 11 a.m.).
- We recommend customers schedule appointments when possible to reduce waiting times.

Appointments may be scheduled at following website: <https://idco.dmdc.osd.mil/idco>

Customer may contact the ID card office by phone - 309-782-0596; email – usarmy.ria.usag.mbx.id-card-office@mail.mil.

Quad City Storm Salute to Military Night

Join your Quad City Storm hockey team on **Saturday, Nov. 13**, versus the Evansville, Indiana Thunderbolts at the TaxSlayer Center, and as they honor our service men and women at one of the most memorable games of the year, puck drop is at 7:10 p.m. On **Wednesday, Nov. 10**, fans are invited to come Paint the Ice at the TaxSlayer Center. Red and blue paint will be provided to paint the names of friends and loved one who serve or have served our country. The names will remain on the ice for the Salute to Military Night game on the 13th. During the game, they will honor all service men and women in attendance. You don't want to miss this one. Get your [tickets here](#) and any individual or business interested in purchasing tickets for donation to local service members can get more info by emailing [Ann](#) or [Andrew](#).



Leave Transfer Program

For those wishing to donate annual leave to another federal civilian employee in the Leave Transfer Program, please complete Request to Donate Annual Leave to Leave Recipient (Form OPM 630a) and submit to the CPAC POC Jaime Slocum. To ensure a leave donation will be deducted from this calendar year, all donations must be received no later than **Monday, Dec. 20**. Reminder: In any leave year, an employee may donate no more than one-half of the amount of annual leave he or she would accrue during a leave year. For employees with 'use or lose' annual leave, you may donate no more than the number of hours remaining in the leave year as of the date of the transfer for which you are scheduled to work and receive pay. The CPAC POC Jaime Slocum may be reached on MS Teams at jaime.l.slocum.civ@army.mil or 309-782-2430

Emergency Leave Transfer Program to Assist Federal Employees Affected by Hurricane Ida

If you are interested in donating annual leave, [complete OPM Form 1638](#) and submit to the Civilian Personnel Advisory Center, Buidling104, no later than Monday, 14 March 2022. You must state on the 1638 which Emergency Leave Transfer Program you are donating to. If you have any questions contact the CPAC at 309-782-2430. This initiative has been directed by the President. The POC is Jaime Slocum at jaime.l.slocum.civ@army.mil OPM Form 1638: https://www.opm.gov/forms/pdf_fill/opm1638.pdf

Arsenal Traffic/Construction



Government Bridge Closure

The Government Bridge will be closed to vehicular and pedestrian traffic on **Saturday, Oct. 16**, from 6 a.m. – 6 p.m., for bridge washing and sealing. Appropriate signage will be used to warn and direct traffic during all activities.

Building 90 South Parking Lot Closure

On **Monday, Sept. 27 through Friday, Oct. 29**, the Directorate of Public Works will be closing a portion of the Building 90 parking lot for contract personnel to conduct power line work. The newly constructed north-side portion of the Building 90 parking lot will be temporarily open for building occupants. Access to the north portion of the lot will be through Building 56 parking lot to Building 90 parking lot north entrance. Current handicap parking at the south end of the Building 90 parking lot will continue to be available.

Building 351 3-Hour Parking Spot Closure for Fire Hydrant Replacement

From **Oct. 18-22**, the Public Works IGSA Contractor (City of Rock Island) will replace Fire Hydrant #324 vicinity Building 351. During this time period, 4x “3-hour” Parking Spaces will be closed in lot 3M at the SE corner of Building 351 to allow the contractor access to the work site. Please see the attached map with parking stalls outlined in red for further details. The replacement timeline is weather dependent and safety barriers will be positioned at the work site.

Memorial Park Demolition Project

Directorate of Public Works will begin a demolition project in Memorial Park on **Thursday, Oct. 14** in preparation for the establishment of a community dog park. Work includes the demolition of playground equipment and the basketball court. Demolition is expected to be completed by **Friday, Oct. 29**. Caution tape will be used to section off the area during demolition.

Sylvan Drive Construction Project at Beck Road Intersection

Directorate of Public Works will close Sylvan Drive from Beck Avenue intersection north to the Building 208 parking lot from **Sept. 27 through Dec. 17** in order to replace the road, sewers and railroad crossings. USACE, Navy Reserve Center, Commissary, the Exchange, and Outdoor Rec will follow Beck Avenue to Gillespie Street to Rodman Avenue. JMTC’s employee parking lot will remain accessible via Rodman Avenue. Beck Avenue will be require alternating traffic at the Beck Avenue and Sylvan Road intersection from **Sept. 27 to Oct. 4** to install storm sewer inlets as part of the project. Signage and barricades will be placed for safety and traffic control. Davenport gate operations will be conducted as normal 2-5 p.m.

Closure of Parking Lot OK (July 6 to Dec. 30)

Parking Lot OK (Vicinity Building 56 and 68) will be closed from **July 6 to Dec. 30** for temporary use as a contractor staging area for the upcoming Building 68 construction project. Signage, fencing and barricades will be place for safety and to direct traffic.

Closure of Parking Lot 2C (Adjacent to Building 227)

Parking Lot 2C adjacent to Building 227 closed June 2. The closure is to accommodate asbestos remediation, establishment of a clear zone and the staging of equipment and supplies for the demolition of Building 227. Parking lot 2C is anticipated to remain closed until the building demolition is complete O/A **December 2021**.

Closure of Parking Lot 2C (Building 227)

Parking Lot 2C closed June 2. The closure is to accommodate asbestos remediation, establishment of a clear zone and the staging of equipment and supplies for the demolition of Building 227. Parking lot 2C is anticipated to remain closed until the building demolition is complete O/A **December 2021**.

Building/Space Closures



There are no announcements at this time.

Active Duty/Reserve Zone



Families Want Voice in Navigating Military Journey, DOD Official Says

Military families are no longer content to just come along for the ride — they want a loud voice in how to navigate the military journey, Patricia "Patty" M. Barron, deputy assistant secretary of defense for military community and family policy said yesterday. The change in the needs of military families is readily understood at the highest levels of military leadership, Barron said at a family forum of the Association of the United States Army. "Supporting community-based organizations has helped me understand that military family readiness truly is a system of support," she said. "We need everyone working together in all areas and at all levels to help our military families achieve their best military life. When our service members and their families thrive, our nation thrives, too." (More: www.defense.gov/News/Feature-Stories/Story/Article/2808346)

USO Geo Bachelor Night

The next Geo Bachelor Night will be **Monday, Oct. 18**. Join us at 5 p.m. and enjoy a Monday Night Football tailgate. We will have a variety of wings, chips and dip, and dessert. Please email Margo at mdavis@uso.org to sign up. The USO is located in Building 110, Rock Island Arsenal. This event is open to currently serving military service members who are geo bachelors or single service members in the Quad Cities and surrounding area. USO Illinois Rock Island is located on Rock Island Arsenal in Building 110. USO Illinois Rock Island provides a vital connection to USO programs and services for nearly 50,000 troops and their families in the Quad Cities. All amenities are offered free, daily, to active duty, guard and reserve military and their dependents, and retired military members. The center features a Cyber Canteen furnished with computers, printer and fax, as well as free WI-FI access. (More: <https://illinois.uso.org/rockisland>)

Military Spouse Coffee Connection

Join the USO as we host a small gathering for military spouses for fall crafts, pumpkin spice treats, and great conversations on **Wednesday, Oct. 27**, at 7 p.m. to connect with each other while enjoying a cup of coffee at USO Illinois Rock Island in Building 110. This is a great way to network, share advice, discuss local events, and meet new friends. All spouses of currently-serving military members are welcome.

Deadlines Set for All Service Members' Vaccinations against COVID

Last week, the Army, Navy and Air Force finalized their deadlines for all service members in the active duty forces, Reserves and National Guard to be fully vaccinated against COVID-19. The final service announcement Sept. 14 from the Army follows an Aug. 24 order from Department of Defense Secretary Lloyd J. Austin, III, that all uniformed personnel be mandated to receive the shot. The FDA-approved COMIRNATY (COVID-19 Vaccine, mRNA) and the FDA-authorized Pfizer-BioNTech COVID-19 vaccine under Emergency Use Authorization (EUA) have the same formulation and can be used interchangeably to provide the COVID-19 vaccination series.

- The Army deadline for all active duty service members is **Dec. 15**.
- The Navy deadline is **Nov. 28** for active duty sailors and marines, while the reservists date is **Dec. 28**.
- The deadline for the Air Force is **Nov. 2** for active duty airmen and **Dec. 2** for reserves and the Air National Guard.

The services are each handling their own logistics for vaccinations. (More:

<https://health.mil/News/Articles/2021/09/20/Deadlines-set-for-all-service-members-vaccinations-against-COVID>)



The top priority of the installation safety office is to safeguard and protect service members, their families, civilian employees and Army property as well as to create the safest workplace and living environment possible. Website: <https://home.army.mil/ria/index.php/about/Garrison/safety-office>

Hike Smart

Come and take a walk through one of our historic battlefields; stroll along the scenic paths; or maybe traverse through the breathtaking backcountry. Be prepared for your walk or hike, keep in mind these general safety tips in mind before starting your adventure. National parks offer a wide range of hiking trails to accommodate different hiking skills and capabilities. You won't miss out on the spectacular views, wildlife sightings, and connection with nature by choosing an easier trail for your adventure. Don't overestimate your abilities. (More: www.nps.gov/articles/hiking-safety.htm)

Equal Employment Opportunity Focus

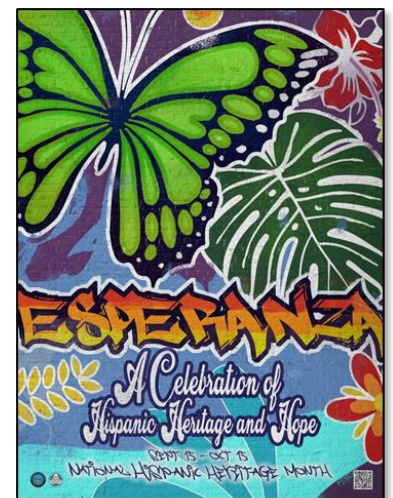


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It is the policy of the Department of Army to provide equal opportunity in employment for all people and to prohibit discrimination in employment because of race, color, religion, sex, national origin, age (40 and over), disability, genetic information, and/or reprisal for prior EEO activity. Any Department of the Army employee, former employee, or applicant for employment, and certain contract employee, who believes they have been discriminated against because of race, color, religion, sex (includes pregnancy, equal pay, gender identity, and sexual orientation), national original, age (40 and over), mental or physical disability, genetic information, and/or reprisal for prior EEO activity in an employment matter, subject to the control of the Army, may initiate the EEO complaint process. To file an EEO complaint, you must contact the Garrison EEO Office within 45 calendar days of the alleged discriminatory incident and express your intent to initiate the complaint process. The Garrison EEO office is currently providing services virtually. Please contact EEO staff at 309-782-2548.

National Hispanic Heritage Month

National Hispanic Heritage Month is celebrated from **Sept. 15 to Oct. 15**. During this celebration, the Army commemorates and celebrates the contributions of Hispanic Americans to the nation, society, and culture. The theme for the 2021 Hispanic Heritage Month is *Esperanza: A Celebration of Hispanic Heritage and Hope*. The observance begins Sept. 15 with the anniversaries of Costa Rica, El Salvador, Guatemala, Honduras and, Nicaragua. This month also encompasses Mexico's Independence Day on Sept. 16, the Independence Day of Chile on Sept. 18 and Spain's "National Day" on Oct. 12. The Army understands the value and strength that an all-inclusive, diverse environment generates. To sustain a high-quality force that is trained and ready, the Army will continue to ensure that all Soldiers and civilians are given the opportunity to maximize their talents and potential and are treated with dignity and respect. Through coordinated efforts throughout the Army, this observance will be used to inform Army audiences and celebrate the contributions of Hispanic Soldiers, civilians, and their families. ([DoD Celebrates National Hispanic Heritage Month](#)) ([Hispanics in the U.S. Army](#)) ([Presidential Proclamation](#))



National Disability Employment Awareness Month

During National Disability Employment Awareness Month, we recognize the indispensable contributions Americans with disabilities make to our Nation. The Army relies on the abilities of all to accomplish our mission. By drawing on the strengths and talents of our diverse workforce, we are better positioned to defend our Nation. The Army expresses its sincere gratitude for the many contributions and achievements of Americans with disabilities. These extremely capable Americans, including Civilian Employees, Wounded Warriors and Disabled Veterans routinely overcome significant challenges in order to serve their country and communities. The Army is committed to showing them the same level of appreciation and dedication. This



month, join us as we recommit ourselves to implementing effective practices that increase employment opportunities for Americans with disabilities and foster an inclusive work culture that welcomes the skills and talents of all. Army Strong! ([Presidential Proclamation](#))

Morale, Welfare & Recreation



Army MWR is a quality-of-life program that directly supports readiness by providing a variety of community, Soldier, and family support programs, activities and services. Included in MWR are social, fitness, recreational, educational, and other programs and activities that enhance community life, foster Soldier and unit readiness, promote mental and physical fitness, and generally provide a working and living environment that attracts and retains quality for U.S. Army Soldiers, Family members, Retirees and its civilian workforce. Visit the MWR website at <https://rockisland.armymwr.com> for information on all MWR programs. How is MWR doing? Tell us by going to <https://ice.disa.mil>, navigate to "Rock Island Arsenal" and search "MWR" for a full listing of all our programs and services.

Rocktoberfest

2021 Rocktoberfest steins have arrived and supplies are limited so don't miss your chance to own one of these cool, custom beer steins. The mugs will be \$25, which will include the mug, first beverage at the Rocktoberfest and \$1 discount using the mug for beer purchases during "opening hour prices" until next year's Rocktoberfest. Purchase yours at the Lock and Dam Lounge any Wednesday or Thursday starting at 3 p.m. or at the Island Oasis, Monday-Friday 11-1 p.m. while supplies last. With your stein secured you'll just need to dig your lederhosen or dirndl out of the closet and you'll be all set for Rocktoberfest 2021 at the Lock & Dam Lounge on **Friday, Oct. 15**, starting at 3 p.m. This family friendly annual Arsenal tradition will feature fun for all members of the family. Live music by local favorite bands, Guttenberg German Band & Cody Road, and of course lots of good German style food and beer. Additional details to follow. Call 309-782-6319 for more information.

Boo on the Rock / Truck or Treat

Celebrate Halloween in style the Rock Island way. Join us **Thursday, Oct. 28** for Truck or Treat behind Building 60 in the parking lot from 4-5:30 p.m. for a scary fun walk thru decorated trucks with goodies for all participates. Then head on over to Boo on the Rock in the Lock & Dam Lounge for a family dinner, children activities, and to do some shopping with our fall vendors. We are looking for individuals, groups or organizations to host a trunk at the event. Please call 309-782-0791 for more information or to sign up to host a trunk.

Workforce Wednesday and Thirsty Thursday at the Lock & Dam Lounge

Join us at the Lock & Dam Lounge for Workforce Wednesday and Thirsty Thursday specials from 4-6 p.m. Specials include \$5 craft beers, \$2.50 domestics and \$1 sodas. The Lounge opens at 3 p.m. Stick around for dinner too, we'll be serving up burgers, grilled pork tenderloins, pizza, wings and more. Come check out our new outdoor seating space. Located right outside the Lock & Dam doors. While you are here challenge your friends to a friendly game of bags. We also offer carry out

service as well. If you're in a hurry to get home but don't want to cook, let us take care of dinner tonight. Please call 309-782-6319 for more information on the Lock & Dam Lounge.

Company Kitchen Temporary Closure

All three Company Kitchen café locations in buildings 60, 212 and 350 temporarily closed on May 1; a monthly evaluation is ongoing – at this time the lower RIA daily on-island workforce population continues to have Company Kitchen in a holding pattern before consideration of reinstating services. Company Kitchen has been committed to providing limited services to the Arsenal workforce during the pandemic. Continuing service under the existing conditions isn't feasible. USAG Rock Island Arsenal, Family and MWR would like to thank them for their dedicated service they have provided to Rock Island Arsenal through this pandemic and we look forward to their return when a larger workforce population facilitates it. The Island Oasis is located at the Fitness Center (Building 67) and is open daily Monday-Friday from 11 a.m. - 1 p.m. serving fresh off the grill and the Lock and Dam Lounge (Building 60) is open with food options on Wednesday and Thursday from 3-7 p.m. For more information please contact the MWR management assistant at 309-782-6319.



We offer substantial discounts on tickets to local attractions, concerts, amusement parks and regional bus trips to exciting destinations. Check with us first for all your entertainment needs, we can save you money. Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. Contact the office at 309-782-5890. (email: anna.winters@us.army.mil) (website: <https://rockisland.armymwr.com/programs/leisure-travel-office>)

Quarters One, Paranormal Investigation

Did you know that when it was still used as housing, Rock Island Arsenal's Quarters One was the second largest residence in the Federal inventory, second only to the White House? Join us **Oct. 29 and 30** as we partner with the Illinois Paranormal Research Team to explore the haunted history of this massive Italianate style mansion on the banks of the Mississippi River. The doors open at 5 p.m., the Army Sustainment Command Historian will present some historical info and facts beginning at 6 p.m. and the Illinois Paranormal Research Team will begin their investigation at 7 p.m. The cost is \$25/person and participants must be at least 18-years-old to attend. Face masks, social distancing and Arsenal visitor's passes (if needed) are required. Please RSVP and prepay at the Leisure Travel Office in Building 333 or call 309-782-5890 for more information.

Kids Cosplay

Does your children have a favorite movie, book or game character? Do they like to dress up? MWR is hosting their inaugural Kids Cosplay. Bring your child dressed up as their favorite character and have some fun. Several children activities will be offered and there will be several "meet a character" areas. This event will be held in Heritage Hall, Building 60, on **Saturday, Nov. 6**. There will be two separate time slots – 10 a.m. – noon or 1 p.m. – 3 p.m. Cost to attend is \$10 per child; 30 spots are available for each time slot; face masks are required. For more information contact the Leisure Travel Office 309-782-5890.

Disney On Ice presents Mickey's Search Party

Join Mickey Mouse and his friends at Disney On Ice presents Mickey's Search Party, an adventure filled with world-class skating, high-flying acrobatics and unexpected stunts! Look for clues in the search for Tinker Bell through immersive, fantastic worlds. Explore the colorful spirit realm of Coco, sail away with Moana as she bravely saves her island, see Belle in the sky as the enchanted chandelier comes to life, and singalong with Elsa in the icy world of Frozen. Make memories with your whole family during Aladdin, Toy Story and The Little Mermaid as the search party becomes an all-out celebration.

- **Thursday, Nov. 18** – 7 p.m.
- **Friday, Nov. 19** – 7 p.m.
- **Saturday, Nov. 20** – 7 p.m.
- **Sunday, Nov. 21** – 3 p.m.

Discounted tickets are on sale until Oct. 15; Section 107, rows 2-11, seats 5-14; \$22 per person. For more information contact the Leisure Travel Office 309-782-5890.



Child & Youth Services provides a full range of child care programs and services for children ages six weeks through senior year in high school. Services include full-day, part-day, hourly, pre-k, school outs, summer programming, sports and fitness, and instructional classes. All CYS programs/facilities will be closed all federal holidays, CYS CDC/CD Home/FCC staff in-service day and any other additional days/installation closures approved by the garrison commander. Fees will not be reduced, refunded, or prorated for these days. (Website: <https://rockisland.armymwr.com/programs/cy>) (Facebook: www.facebook.com/RIACYSS)

CYS Sports and Fitness Offerings

Enjoy the early fall and winter sports and fitness opportunities through Child and Youth Services (CYS) Sports and Fitness. What better way to stay active in a safe and healthy environment. With programs for children age three all the way up to 17-years-old, there is something for all ages. Sign-ups are going on now or coming up for many programs including:

- 5-on-5 Winter Basketball Leagues (for children Kindergarten through 8th grade)
Sign up dates **Oct. 20 – Nov. 30**; practices in late December and January, games Saturday mornings **Feb. 5 – March 12**.
- (Floor) Hockey 101 clinic w/the Quad City Storm and QC DekHockey (for children 5-10 and 11-17, and tickets to Storm Hockey Military Night Game **Nov. 13**) Sign up dates **Oct. 12 - Oct. 29**.
- Archery (for children 8-17, held indoors)
Sign up dates **Oct. 7 - Nov. 5**
- Basketball Skills Clinic (for children 6+)
Sign up dates Oct. 7 – Oct. 29
- "Little Hoopsters" Parent/Child Basketball (for children 3-5)
Sign up dates **Oct. 7 - Oct. 29**
- "Little Pros" Parent/Child Golf (for children 3-5, held indoors)
Sign up dates **Oct. 7 – Nov. 5**

Help wanted! Volunteer coaches needed within the Sports and Fitness Program especially to help with upcoming winter basketball season. Call CYS Parent Central Services at 309-782-0791 or stop in to the office in 1st Floor, Building 110 to sign up or for more information. Each child must be registered with CYS in order to participate. Sports physicals required.

Army Community Service



Army Community Service is an Army-wide community, social service program that provides services that assist Soldiers, Family members, and Department of the Army civilians maintain readiness, develop self-reliance, resiliency and stability. U.S. Army Installation Management Command provides these services through a network of programs that support goals related to recruitment, retention, morale, and operational readiness of the force. ACS on RIA is located in Bldg. 110, 1st floor SE; visit our ACS website <https://rockisland.armymwr.com/programs/army-community-service> or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here: www.facebook.com/RIAACS. 24/7 Domestic Violence Crisis Line: **309-912-6089**. The ACS center is open Mondays, Tuesdays, Thursdays, and Fridays from 7 a.m. - 4:30 p.m., and Wednesdays from 12-4:30 p.m.

Army Family Action Plan (AFAP) Issue Solicitation Campaign

If it's a program or service, AFAP can improve it; if it's a policy or regulation, AFAP can change it; if it's a law, AFAP can amend it. AFAP can improve quality of life in our Army Community one issue at a time. Army Community Service is conducting an issue solicitation campaign from **Monday, Oct. 11, through Friday, Oct. 15**. This is an opportunity for the community to provide the AFAP Manager with quality of life issues they would like to see worked through the AFAP process via multiple media platforms. During the solicitation campaign submissions may be made via the ACS Facebook page www.facebook.com/RIAACS, email at usarmy.ria.imco-central.mbx.usag-acs@mail.mil, online at www.armyfamilywebportal.com, or by simply calling ACS at 309-782-0829. For additional information please contact ACS. Point of contact for this article is Chassity Morse; 309-782-0816; chassity.r.morse.civ@army.mil.



Domestic Violence Awareness Month at ACS

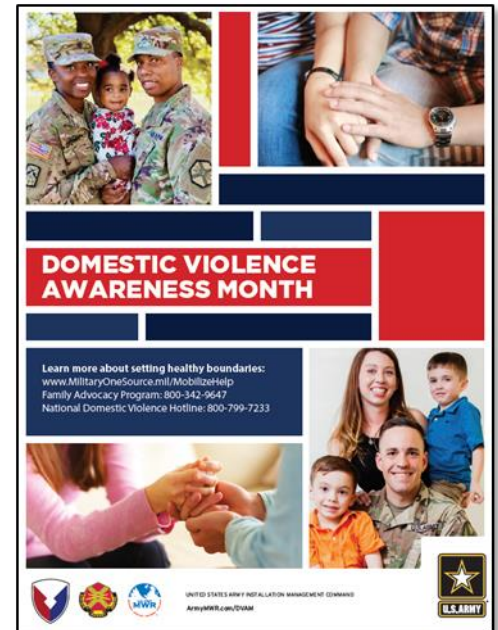
Join us throughout the month of October to bring awareness to the issue of **domestic abuse**. ACS will be offering many ways to get involved and help us make a difference: **Oct. 1 and 18**: Join us from 11 a.m. – noon in the ACS training room Building 110 to learn how to support the ones we love, with "Family and Friends Guide to Help Someone in an Abusive Relationship." **Oct. 14**: Legal advocates from our community partners at Family Resources will be offering a zoom training at 1 p.m. discussing the difference between a civil and criminal order of protection and some of the differences between the laws in Iowa and Illinois. Please R.S.V.P to Crystal Bartholomew at 309-782-3773 or crystal.l.bartholomew2.ctr@mail.mil. We will be having a coloring contest and **dress your pet in purple contest** for the kids. Coloring pages can be found in the ACS office or in our hallway display in Building 110 and you can begin to submit your pictures on the ACS Facebook page beginning **Oct. 11** and the winner(s) will be announced on **Oct. 22**. We will also be having the **Paint the Island Purple** contest this year. Submit pictures of your workspace decked out in **purple** to the ACS Facebook page beginning **Oct. 8** with the announcement of the winner(s) on **Oct. 29**.

Please watch the ACS Facebook page throughout the month for helpful information surrounding **domestic violence**. If you would like more information on strengthening healthy relationships, or feel unsafe in your current relationship, contact Crystal Bartholomew, Domestic Abuse Victim Advocate at crystal.l.bartholomew2.ctr@mail.mil or by phone at: 309-782-3773.

Domestic Violence Awareness Month

The U.S. Army supports the **Domestic Violence Awareness Month (DVAM)** observance every October to bring attention to an issue that undermines the Army values. Through Army-provided programs and community support, the Army will continue to promote healthy relationships, support victims and hold perpetrators accountable.

Domestic violence goes against the Army values and has negative effects on both Soldier and Family readiness. The Army makes it clear in word and deed that domestic violence is unacceptable and not tolerated, and resources are available for those who need help. The Army is committed to fully supporting its Families and assisting in the development of their resiliency, health and wellbeing. Our awareness, connectedness, and support can make the difference in giving someone an outlet or lifeline to safety and success. Without awareness we are blind, without action we are perpetual, and with these two key ingredients, we can create social change that leads us to a healthier, happier existence. Just as abuse is a pattern of abusive behavior(s), we can create a pattern of change in doing our part by: Raising Awareness -Taking Action -To= Create Social Change!



Active Duty Out Processing Levy Brief

Out Processing Levy Brief schedule - this briefing is designed to provide you with access to the information and resources you need to complete your permanent change of station move. Service members that are put on assignment will sign up for the next available briefing. Spouses are encouraged to attend with or without their sponsor and should bring a power of attorney in case specifics need be discussed or coordinated. Upcoming Levy Brief dates:

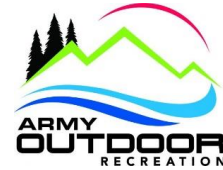
- **Tuesday, Oct. 26**
- **Wednesday, Jan. 19**
- **Wednesday, April 20**
- **Wednesday, July 20**

Delivered through MS Teams, 9:30 a.m. – noon; to register call MPD at 309-782-1526.

Domestic Violence Support Group Offered Twice Weekly

R.S.V.P. with the Domestic Violence Advocate at: crystal.l.bartholomew2.ctr@mail.mil or 309-782-3773.

MWR Outdoor Recreation Office



Outdoor Recreation is your one-stop rental shop for all your outdoor adventures, special events, home maintenance and repair. No matter the season, we have the equipment to get you out into the great outdoors. From skis and snowboards to campers and canoes, we have you covered. Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Building 333, Phone: 309-782-8630. (email: robert.l.lampert.naf@mail.mil), Website: <https://rockisland.armymwr.com/programs/outdoor-recreation>

There are no announcements at this time.

Employee Assistance Program



The ASAP/EAP is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. The ASAP/EAP promotes healthy lifestyles. Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal. ASAP/EAP is located in Bldg. 56, 1st floor; visit our ASAP/EAP website <https://home.army.mil/ria/index.php/my-fort/all-services/army-substance-abuse-program> or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. Find us on Facebook click here: www.facebook.com/RIAEmployeeAssistanceProgram.

Nation Red Ribbon Week Live Virtual Event

A message from your Installation Prevention Team (IPT) and the RIA Army Substance Abuse Program (ASAP): Quad City Substance Abuse Prevention Coalition - Virtual Guest Speaker Event on **Tuesday, Oct. 26**, 1–3 p.m. Training Description: See attached flyer to learn more about presentations by guest speakers who will be sharing a personal account of resilience, share information about drug trends in Scott County and raise awareness regarding the Opioid Crisis in America. Check with your organization Training Coordinator for approval to access this training to meet your FY22 Substance Abuse Awareness Training requirement and to register on TEDs to obtain credit. You must also register for the Zoom presentation on the following link:

<https://us02web.zoom.us/meeting/register/tZ0rcO-vqDotHdcNVmj1zAnbpWSpKoi5Nv95>

Once you register, you will receive connection information.

2022 ASAP/EAP Calendar Logbooks Are Available

The Rock Island Arsenal Substance Abuse Program/Employee Assistance Program has joined the Department of Defense (DOD) in promoting Suicide Prevention Month to provide education about suicide prevention, resources, and steps everyone can take to protect one another against suicide. Each September, DOD observes Suicide Prevention Month to promote prevention resources across military communities and share ways to take simple action to be there for others and themselves. This year's Suicide Prevention Month campaign slogan is Connect to Protect: Support is Within

Reach, highlighting the important role connections with family, friends, the community, and resources play in preventing suicide, especially in these unique and challenging times. Research indicates connectedness is a protective factor against some of the risk factors for suicide, such as loneliness or feeling like a burden. The slogan reinforces how everyone within reach – leaders, co-workers, service members, and families – can play a role in preventing suicide. If you know someone who is struggling, reach out and ask how they are doing. This small action can mean a lot to someone who needs someone to show they care. Your Army Substance Abuse Program/Employee Assistance Program is committed to keeping you and our community safe by providing free and confidential assessment, short-term counseling, referral and follow-up services to the RIA workforce. You can contact an EAP Counselor by calling; 309-782-4357 (HELP). If you are having thoughts of suicide, the National Suicide Prevention Lifeline, 1-800-273-8255, provides immediate and confidential support. The lifeline is available 24 hours a day 365 days a year (English and Spanish speaking). The 2022 date log books, “Teamwork - Together We Achieve the Extraordinary,” provide important contact information should you or a loved one need assistance with alcohol or drug misuse, or find yourself struggling with other life challenges like anxiety, stress, depression or relationship problems. The 2022 Date Log Books will be available from 7 a.m. – 4:30 p.m. at the ASAP/EAP office in Building 56, 1st Floor, Room 104. If you prefer to have us put your calendar log book in the on-post mail, please email Lori Griffin at lori.j.griffin2.civ@mail.mil and include your name and office symbol. Please note: We will not be mailing the Log Books to off-post addresses.

Education/Training Review



Army Continuing Education System (ACES) is the Army's method for delivering educational opportunities to Soldiers that remediate, develop, and enhance skills needed for present and future jobs. The Army Continuing Education Division (ACED) promotes lifelong learning, readiness and resilience through flexible and relevant education programs, services and systems in support of the Total Army Family. The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 8 a.m. – 3:30 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. Contact Mary Hansarik at mary.p.hansarik.civ@mail.mil for Education Center requirements. Please visit our website to learn more: <https://home.army.mil/ria/index.php/my-fort/all-services/continuing-education-services>

American Education Week

The Army Continuing Education System will observe American Education Week, **Nov. 15-19**. Celebrating AEW demonstrates the military's strong commitment to the value of adult education and provides a way for communities to honor individuals who seek to make a difference. This year marks our 37th year of supporting AEW. The Army's theme this year is “Army Credentialing and Continuing Education: Spark an Interest, Ignite your Future.”



Defense Commissary Agency / Exchange



Rock Island Commissary information is located at: www.commissaries.com/shopping/store-locations/rock-island-arsenal; Rock Island Exchange information is located at: www.shopmyexchange.com/company/storeDetails.jsp?storeId=1074020.

Fall Into Savings! New MILITARY STAR Cardholders Save 15% on First-Day Purchases Oct. 15 to 28

Exchange shoppers can fall into extra savings at exchanges and commissaries when they open and use a new MILITARY STAR® account. From Oct. 15 to 28, new cardholders will receive 15% savings on purchases made the first day, an increase from the regular 10% discount for new cardholders. The savings will appear as a credit on the first monthly billing statement. “This limited-time discount is one more way the MILITARY STAR card helps shoppers save,” said Air Force Chief Master Sgt. Kevin Osby, the Army & Air Force Exchange Service’s senior enlisted advisor. “The card benefits extend past the first day with everyday savings on food and fuel, as well as financing offers and discounts throughout the year.” (More: <https://publicaffairs-sme.com/ExchangePost/2021/10/12/fall-into-savings-new-military-star-cardholders-save-15-on-first-day-purchases-oct-15-to-28>)

Trick or Treat Win a Turkey to Eat

Eligible patrons can win a turkey from your commissary; entries accepted **Oct. 1-31**.

- Commissary patrons, submit a photo of yourself, your family, or your pet in their Halloween costume on our website.
- One submission/entry per person. Entries must be submitted by **Oct. 31**.
- Winners will be announced no later than **Nov. 15**. Winners will receive one 14-16 lbs. turkey.

View complete contest rules and details at www.commissaries.com/halloween-costume-contest.

Spook-tacular Pets Can Fetch Prizes for Military Shoppers in Army & Air Force Exchange Service’s Halloween Photo Contest

The Army & Air Force Exchange Service and the JM Smucker Co. are inviting military shoppers to submit photos of their boo-tiful pets decked in their Halloween finest for a chance to win their share of \$3,000 in Exchange gift cards. Authorized Exchange shoppers 18 years and older can enter the Howl-O-Ween Pet Costume Contest from Oct. 1 through Oct. 31 at ShopMyExchange.com/Sweepstakes. Honorably discharged Veterans who have verified their eligibility to shop can also enter. Two grand-prize winners will each receive a \$500 Exchange gift card, and eight runners-up will each receive a \$250 Exchange gift card. (More: <https://publicaffairs-sme.com/ExchangePost/2021/09/28/spook-tacular-pets-can-fetch-prizes-for-military-shoppers-in-army-air-force-exchange-services-halloween-photo-contest>)

Exchange Giving Away the Hottest Toys to Military Kids in Fall Sweepstakes

The Army & Air Force Exchange Service and Hasbro are working together to put the hottest toys in the hands of military kids this fall. Beginning in October, the Exchange is giving away Nerf, Marvel, Play-Doh and board game prizes in four sweepstakes. (More: <https://publicaffairs->

sme.com/ExchangePost/2021/09/27/exchange-giving-away-the-hottest-toys-to-military-kids-in-fall-sweepstakes)

Arsenal Archive

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Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. (website: www.arsenalhistoricalsociety.org) (Facebook: www.facebook.com/RIAMuseum)

RIA Museum Closed For Renovation

The Rock Island Arsenal Museum is undergoing a \$1.5 million renovation. The project includes the biggest modernization of the museum in more than 50 years. The renovation will refocus the exhibits on the history of the U.S. Army's organic industrial base, Rock Island Arsenal, and the Arsenal's current role in producing Army readiness. It is part of the U.S. Army Museum Enterprise's five-year reform effort to refine its collection and enhance education and training capabilities at its 47 field museums. To provide a sneak peek of the new exhibits, a series of virtual presentations will be held this summer outlining the new interpretation and exhibit design. Stay tuned for updates on the [Museum's Facebook page](https://www.facebook.com/RIAMuseum) or website, arsenalhistoricalsociety.org, as it undergoes this exciting process. The museum has been closed since March 2020 due to a nationwide surge in COVID-19 cases. "We look forward to reopening our doors to the Quad Cities community in the fall of 2022," said Patrick Allie, Rock Island Arsenal Museum director. For more information or questions contact 309-782-3518.



Healthbeat



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The Rock Island Arsenal transitioned from Health Protection Condition Alpha (HPCON A) to HPCON Bravo Plus (HPCON B+) effective Aug. 23. The decision to transition to HPCON B+ was made based on guidance outlined in the [Secretary of Defense memorandum dated April 29, 2021](#), which takes into consideration increasing case rates and community transmission levels in and around the Quad Cities. Implemented measures under HPCON B+ includes enforcing social distancing in all gathering places, to include reduced gathering sizes to 40 percent normal capacity. Additionally, RIA is maintaining the current DoD indoor mask mandate applicable to the workforce, visitors, and contractors, for both vaccinated and unvaccinated individuals, per the DoD memorandum dated July 28, 2021 – "[Updated Mask Guidance for all DoD Installations and Other Facilities](#)," stating installations must reinstitute mandatory use of masks indoors in geographic areas of **substantial** and **high** community spread of the COVID-19 virus as defined and publically identified by the [Centers for Disease Control and Prevention \(CDC\)](#).

Reducing the Stigma and Encouraging Mental Health Care in the Military

In the military, the stigma of mental health is grounded in the cultural misperception that a service member must have "zero defects" to be mission ready. While the Department of Defense strives to identify and eliminate barriers to care that service members face regarding mental health treatment, stigma remains a significant issue within the military. (More:

<https://health.mil/News/Articles/2021/05/18/Reducing-the-stigma-and-encouraging-mental-health-care-in-the-military>)

DHA's Mobile Apps Can Help You with Overall Wellness

Psychologists at the Defense Health Agency's Connected Health branch have developed a new mobile app to give frontline health care providers the tools to keep themselves emotionally healthy and productive as they serve our military communities. Called the Provider Resilience app, it was launched this summer by the DHA's Web & Mobile Technology (WMT) Program Management Office. Connected Health is the branch of the DHA responsible for evaluating and integrating health technology, such as mobile apps, virtual or augmented reality programs, and wearable devices. (More: <https://health.mil/News/Articles/2021/09/30/DHAs-Mobile-Apps-Can-Help-You-with-Overall-Wellness>)

PTSD: Seeking Out Mental Health Care Is the First Step to Wellness

Service members, family members and veterans who suffer from posttraumatic stress disorder (PTSD) may repeatedly re-experience their ordeal as nightmares, flashbacks or frightening thoughts, especially when exposed to events that remind them of their original trauma, according to the Centers for Disease Control and Prevention. They also may experience overanxious watchfulness or a tendency to withdraw or avoid situations and people that remind them of their traumatic experience, CDC said. (More: <https://health.mil/News/Articles/2021/06/28/PTSD-seeking-out-mental-health-care-is-the-first-step-to-wellness>)

Notes for Veterans



Physical Therapy Important For Aging Veteran Population

The national Veteran population is aging, calling for innovative health care practices and specialized health care professionals. One such specialized health care provider is Dr. Roslyn Burton, clinical specialist in Geriatric Physical Therapy, certified exercise expert for aging adults and certified Tai Chi for Health instructor. Physical therapy is a profoundly important practice in caring for Veterans. It serves as an alternative to surgery, prevents injury, increases mobility, reduces pain and restores independence. This is especially true for our aging Veteran population, 65 years old and over. (More: <https://blogs.va.gov/VAntage/95899/physical-therapy-important-for-aging-veteran-population>)

Quad Cities Regional Services for Veterans Project Online

Event Update – We have transformed the way we are providing these services. Instead of an in-person event on Oct. 22 & 23, we created an [online survey tool](#) that will allow you to choose which services you are interested in. Our team of partners will then reach out to you directly to provide the services. Survey open **Oct. 1 - Nov. 19**. Only 5 minutes of your time visit:

https://docs.google.com/forms/d/e/1FAIpQLSef4mpVRZHR7A4RFtcDfxTiMIZhp-IGzVpjr_jc3J45wikK6w/viewform?usp=sf_link&utm_source=google&utm_campaign=QC+Regional+Services+for+Veterans+Project



Around the Q.C.



An interactive version of Around the Q.C. is now available at:
www.facebook.com/groups/275103093432020

Once you have joined you can see a listing a the Facebook events people have posted to the group at:
<https://www.facebook.com/groups/275103093432020/events>

The impact to these events in light of COVID-19 is unknown. It is recommended that employees look at the event link for details.

Island Insight



Col. Todd J. Allison, Garrison Commander; Mark Kane, Public Affairs Officer and Editor The Army publication, *Island Insight*, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of AR 360-1 www.army.mil/usapa/epubs/pdf/r360_1.pdf by the Rock Island Arsenal-Garrison Public Affairs Office. **Contents of *Island Insight* are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of *Island Insight* is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office.** Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Public Affairs, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For submission of announcements to the *Island Insight*, use the following link: <https://home.army.mil/ria/index.php/contact/public-affairs>. To send comments email usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil or phone 309-782-1121.

