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Naval Support Activity Mid-South Leadership



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Captain's Corner

Next week we will observe a somber occasion. Saturday will mark 20 years since the attacks on our country on Tuesday, September 11, 2001.

I'd like to ask everyone to take a moment and reflect about exactly where you were 2 decades ago if you are old enough to remember.

I think many of us on 9/11 were huddled around a television. We may have been uncertain, confused, afraid, or like me...enraged. By the afternoon of Tuesday, September 11 of 2001, when it was clear it was a deliberate attack by an organized group of terrorists, I think we knew the events that morning were an attack on the United States as a nation and on our way of life.

Some of us, like myself, were already serving in uniform, wondering how and when we would be called on to respond to these attacks, and eager to hold those responsible to account.

Some of us were young adults, who after seeing the Twin Towers and the Pentagon attacked made the decision to join the military and go in harm's way to fight back against those who attacked us on our own soil.

Since September 11, 2001, nearly 3 million Americans have raised their right hand and sworn to defend the constitution, willing to pay the ultimate sacrifice.

On a previous tour I spent 4 years at a recruiting district. During attacks that took the lives of America's mothers, fathers, daughthat time I got to meet hundreds of young men and women who were motivated and dedicated to the mission of keeping our Navy of those lost and the courage and bravery of the first responders and our Nation safe and secure. 9/11 was often cited by them as a who tirelessly worked to save lives at great risk to their own. reason they decided to join.

Older generations are quick to criticize younger generations for not meeting an expected standard. But make no mistake, over the last 20 years since 9/11, young people have risen to the occasion to do something hard: leaving the comforts of one's family and joining the military during a time of war to keep our military strong and ready.

Those Sailors who joined the Navy immediately following 9/11 will be nearing retirement eligibility over the coming months if you can believe it. It's been a generation of time and most of



those joining the military going forward will not remember that day in our history or will have been born after.

I ask that you each take some time over the coming days to reflect and remember. Time heals all wounds so there will come a day when 9/11 is remembered only in history books and monuments. It is important that we as a nation never forget the attacks that took the lives of America's mothers, fathers, daughters and sons. We remember the victims and we honor the lives of those lost and the courage and bravery of the first responders who tirelessly worked to save lives at great risk to their own.

Lastly, I encourage each of you to share your own story of 9/11 with a young person. Each of us has a unique perspective of that day and the aftermath that followed. By sharing your story we keep the memory alive. For my part, my children were born after 9/11 but I had the chance to teach them and make an indelible impression by taking them to the memorials in Pennsylvania and at the Pentagon. By taking time to reflect and share experiences, we keep the memory alive and honor those that perished 20 years ago.

Capt. Mike Mosbruger Commanding Officer, NSA Mid-South

NSA Mid-South Conducts Hazardous Spill Drill

From NSA Mid-South Public Affairs Office

Why was the spill drill conducted?

The purpose of this exercise is to validate the installation Spill Contingency Plan (SCP), Fire & Emergency Service Plan, Emergency Operation Center (EOC) response plan and Security Standard Operating Procedures.

What elements and organizations/departments were involved in the spill drill?

Public Works Environmental Division (EV), Navy On-Scene Coordinator, Fire Department, Security Department, Boss Contractor, Installation Training Team (ITT), Emergency Operation Center (EOC) and Command Duty Officer (CDO)

How many total personnel were needed to train, respond to, and complete the drill?

EV – 5, Boss Contractor – 6, Security – 6, Fire – 8, ITT – 11, EOC – 20 CDO-2. Total : 58 personnel

How often do we conduct spill drills?

We are required to conduct spill drills annually.

What should personnel do if they come upon a spill that could be hazardous?

When you notice a spill, gather as much information as available: what spilled, how much is spilled, is the spill moving, is the spill on land or on water? Shut off and secure ignition sources to prevent a fire. Once a spill has been identified, - evacuate to a safe location and notify base security 874-5533 option #3 or 911. Security will notify CDO, Fire Department, BOSS Contractor, and Public Works Environmental Division for response and cleanup. What are the risks from a hazardous spill to personnel? To the environment?

Hazardous substances can cause major damage in the event of a spill. Emissions of chemicals to soil, air, and water can cause long-term negative effects for human health or the environment. Risks to personnel and the environment are contingent upon the material spilled, the type of exposure, and any reactive properties of the material (e.g. fire risks). Spilled oil and other chemical run-off can contaminate surface water and groundwater which can physically damage aquatic life and suspend water recreation activities (e.g. fishing & swimming). Similarly, contaminated groundwater may affect drinking water sources. Spilled chemicals can also run-off into soil, causing severe ecological damage and



The installation training officer, security officer, and members of the safety department, review findings during the drill to ensure that all critical elements are addressed.

making such areas inhabitable for flora and fauna, and may complicate future land redevelopment or reuse.

What steps can be taken to reduce the risk of a hazardous spill?

Store Chemicals in Covered Areas. Hazardous chemicals in the workplace should always be stored in covered areas where they are not exposed to rainfall. The inherent issue with rainfall is that it increases the volume of liquid that could potentially contaminate the workplace, making it more likely for spills to occur.

Store Containers on Secure Shelving. An important facet of correct chemical storage is ensuring that vessels containing harmful substances are stored on secure shelving units. Extra precautions should be taken to securely fasten any shelves used for chemical storage to a wall or floor for maximum stability. Shelves should also be fitted with raised edges, or "lips," that help prevent chemical containers from slipping off the surface. The safe working load (SWL) should be clearly marked on each shelf. Prevent Overcrowding in Chemical Storage Units. Overcrowding of shelves with storage containers can easily cause a chemical spill. Furthermore, storing too many containers in one area makes it difficult to identify what material is involved in a spillage, while also hampering access to the spill area for inspection and clean-up. Ensure Chemicals Are Stored at or Below Eye Level.



A member of our base operating support contract team brings spill supplies to the site of the spill during an exercise. The exercise required teamwork across several departments.

Chemical containers, especially heavier containers, should be placed as close to the floor as possible without coming into direct contact with it. This keeps the containers within easy reach of employees and minimizes the chances of a spill. Storing chemicals near the floor is not always possible, so a good rule of thumb is to never store any hazardous chemicals above eye level.

Regularly Inspect Chemical Containers on Site for Leaks or Deterioration. Regular inspections of chemical containers can go a long way toward preventing a hazardous spill. Companies should pay particular attention to:

- -Ensuring the exterior parts of the containers are free of any spills and stains
- -Assessing screw caps and closures for any signs of deformity
- -Checking that the containers show no signs of deterioration, including rust or bulges.

Use Secondary Containment for Liquid Container Storage.

Store liquid hazardous materials in secondary containment structures such as spill pallets and berms, to capture the entire contents of the material in the event of a leak or spill.

Have A Spill Kit.

Maintaining a spill kit appropriate for the stored material and locating the spill kits near areas where hazardous materials are stored is a useful measure that will allow trained personnel to provide initial spill containment on site.

Practice Safe Material Transfer.

From vehicle and lawn equipment fueling to the transfer of industrial sized containerized materials, ensuring safe transfer of materials is important. Use pumps or mechanical methods to transfer liquids; never lock a pump handle or place an object into a pump handle forcing it to continually dispense. Use funnels, material specific scoops, etc., and containment trays to transfer liquids or dry hazardous material, this will reduce spills and catch any material lost in transfer.

Health Promotion Topic: Mental Health and Suicide Prevention Month Month of September 2021

Week 1- Encourage healthy behaviors among your peers when you access resources and programs designed for Sailors and Marines that address the importance of mental health and suicide prevention. When you learn more about promoting psychological and emotional well-being, you can help foster an environment free from the negative attitudes that can be associated with reaching out for help with life's challenges. Military life can put stress on you. But often, some of the most significant stressors are everyday situations like relationship problems or financial strain. When life's challenges become too much to handle and Sailors and Marines feel alone in the challenges they face, some may contemplate suicide. You can help yourself and your peers when you recognize suicide warning signs and risk factors and take action to get help or intervene early.

Week 2 - When stressors build up, and stress becomes overwhelming, you should reach out for help. You can call the Military Crisis Line at 1-800-273-TALK (8255) or text 838255; reach out to Military OneSource at 1-800-342-9647; or contact the Marine DStress Line, an anonymous phone counseling service with a 'Marine-to-Marine' approach, at 1-877-476-7734. You can also take steps today to build your psychological resilience, so that you are better prepared for life's stressful situations. There are training strategies that can help you and your peers build psychological toughness so that everyday stressors are easier to handle. Become more resilient when you start practicing psychological health exercises regularly. Building resilience tactics, such as creating a strong social support network, and making healthy living a priority can help. Physical activity, such as martial arts, can also help you work out stress. Reinforcing your psychological strength means navigating the stress of everyday life and overcoming negative attitudes around reaching out for support when you need it. The base clinic has many resources that are available to you in times of mental stress. Call today to schedule an appointment with your PCM, psychologist, or psychiatrist. Help is here if/when you need it!!

Week 3 - The job you do can be difficult, so make sure you allocate time to relax and take steps to reduce stress. There are various relaxation and breathing exercises and techniques to reduce stress. Obtaining adequate sleep can be the first step to taking care of yourself when you are feeling challenged. Try to stay positive in the face of change. Controlling your stress can improve your immune system. You can even find ways to navigate stress at work. For example, in the midst of a busy workday, plan a relaxing weekend activity and visualize yourself there. If you are confronted with stress, reach out to supportive people such as friends and family. And as always, if you choose to drink alcohol, do so responsibly. There are even mobile apps to help you relax! You can download these apps so that you always have a helping psychological health tool at the ready. The Navy Operational Stress Control blog (Project 1 Small Act) also provides helpful information and stress control resources.

Week 4 - Change your daily routines and behaviors to promote a positive, healthy lifestyle. There are things you can do every day to improve psychological and emotional well-being. Instead of binge eating because you are stressed, take the time to care for yourself by making well-balanced meals. Staying physically fit can also keep your mind sharp, 1 so stay in shape by choosing an exercise program for active, healthy living. Mindfulness meditation can help create stress-free environments wherever you may be. And don't forget to get enough sleep. Seven to eight hours of sleep each night can improve your memory and mood, allowing you to keep a positive outlook. 2 By making positive daily behavior changes you are taking control of your mental health and ultimately strengthening your mind and body.

Customers Can Receive Five Cent Discount at NEX Gas Pump



Customers who use their MILITARY Star Card at a NEX gas pump will receive five cents off per gallon on their purchase. The fuel discount is automatically given at the fuel dispenser after the MILITARY Star Card has been authorized. The discount is available at nearly 70 NEX gas stations in the continental United States and Hawaii.

"The mission of the Navy Exchange Service Command (NEXCOM) is to support the quality of life of our customers around the world," said Brandy Asher, Automotive Operations Manager at NEXCOM. "By offering an additional savings at our gas pumps, we are furthering the savings we offer to our customers."

In addition, customers will find a \$5 off \$50 coupon on the back of the receipt regardless of what credit card is used to pay for the gas. The coupon is good for purchases made in the NEX for 14 days.

To apply for a MILITARY Star Card, go to https://www.myecp.com/CardApply/GetCardApplyPrivacyTerms





NSA Mid-South Remains at HPCON CHARLIE

OCHR FACTSHEET

DON CIVILIAN EMPLOYEE ASSISTANCE PROGRAM

This Fact Sheet:

- Describes the DON/FOH partnership (DONCEAP) to help employees and their families
- Explains which Employee Assistance Programs and Work-Life services are offered to employees and their families
- Provides information on how to quickly access EAP and Work-Life services

Department of the Navy Civilian Employee Assistance Program Provides Employee Assistance and Work-Life Programs

Background April 2015

Department of the Navy employees are busy juggling work and family and it is not unusual to encounter difficulties with stress, family, relationships, alcohol, work, or other issues which impact their quality of life. The Department of the Navy values its employees and has partnered with the Department of Health and Human Services Federal Occupational Health (FOH) to provide a centralized Employee Assistance and Work-Life program for employees and their families. The Department of the Navy Civilian Employee Assistance Program (DONCEAP) provides a wide range of services to employees and their families.

Employees can access services 24/7 through the web (<u>DONCEAP.foh.hhs.gov</u>) or by phone (1-844-DONCEAP). A professionally staffed call center will provide answers to questions, research information, link employees to a wide variety of qualified local services, and provide licensed confidential support to help with difficult issues.

Services Offered

Some of the services available to employees include:

- Access to licensed counselors who provide in-person, short-term counseling for a
 wide range of concerns to include relationships, legal, financial, family, substance
 abuse, depression, parenting, and more
- Assistance with a wide range of concerns to include short-term problem solving, management coaching, or crisis management
- Help when there is an incident or crisis that affects the workplace psychological first aide, grief groups, consultation, and education
- Access to Work-Life specialists who provide information, resources, and referral to:
 - o Childcare (daycare, preschools, etc.)
 - o Eldercare (assisted living, in-home care, etc.)
 - Daily Life (relocation, event planning, etc.)
 - o Family (adoption, prenatal, etc.)
 - o Legal and financial (credit and debt, tax tips, identity theft issues, etc.)
- Comprehensive information and resources 24/7 via the web
- Library of resources including health and wellness articles, presentations, webinars, and podcasts

Contact DONCEAP at 1-844-DONCEAP (1-844-366-2327) TTY 1-888-262-7848 International 001-888-829-0270 DONCEAP.foh.hhs.gov



Frequently Asked Questions

Q. Who is eligible to use the DONCEAP?

A. DONCEAP services are available to all Department of the Navy civilian employees and their family members (any legal dependent, regardless of home address, or significant other living in the employee's household).

Q. How much does it cost to access the DONCEAP?

A. DONCEAP consultation services are provided at no charge to civilian employees and their families. Some fees may apply for additional services beyond the consultation.

Q. Are my interactions with the DONCEAP counselors shared with my supervisor?

A. DONCEAP services are voluntary and confidential within the limits of the law. Your consultation is protected and is only shared with those who will be providing services to you.

Q. How do I contact DONCEAP by phone?

A. Call 1-844-DONCEAP (1-844-366-2327) or 1-800-262-7848 for hearing impaired to make a confidential appointment with a licensed counselor or to speak with a Work-Life specialist. The qualified and licensed counselors are independent of the Department of the Navy. When you contact the program you will be asked to identify your agency.

Q. Are there other ways to contact DONCEAP or Work-Life services?

A. Information is also available 24/7 online at http://DONCEAP.foh.hhs.gov/. When reaching the webpage, you will be asked to enter your Command and which service you are pursuing. This information identifies the Command only and not the employee.

Still Need Assistance?

For additional questions on DONCEAP or Work/Life services, email the DON HR FAQ box at DONhrfaq@navy.mil.



DEPARTMENT IN THE SPOTLIGHT

NSA MID-SOUTH

Left, Amanda Hendrix, middle Jake Doss, director, and right Benson Collins make up the installation's Information Technology Department.

Description & Mission:

To deliver premier shore information technology services at NSA Mid-South using efficient and cost effective solutions in support of CNIC and Fleet Readiness

What does your department do?

We are enablers. We enable the programs and personnel of NSA Mid-South host command with technological platforms and solutions so that they can execute their mission of supporting our tenants.

Jake Doss, who has worked for the command since 1998, additionally fills in as emergency manager, public affairs officer, and many other positions as needed due to his extensive organizational knowledge.

What is your organizational structure?

Our department has one director and two contractors who support our mission.

Information Technology

How many people work at the department?

Jake Doss, director, and Amanda Hendrix and Benson Collins, contractors.

What services do you provide tenant commands, Sailors, and families?

Typically, we do not directly support the tenants, Sailors, and/or families. However, we often act as liaison between multiple groups to execute large scale projects (NMCI, new building telecom construction, etc.) and advocate on their behalf for installation telecom and data infrastructure plans.

What services do you provide that you believe are underutilized?

Developing process efficiencies within departmental programs using technology. We are most often engaged on fixing individual micro issues (computer, cell phone, etc.) and our customers might not realize we can often help streamline their business processes.

What do you think is the most common misperception about the command/department/code?

That we are NMCI employees or are the NMCI Help Desk. Additionally, while most of NSA Mid-South exists to support the tenant commands, this IT department is here to support only the NSA Mid-South departments and personnel.

What changes have you made to provide your services during the pandemic?

The pandemic created a seismic shift to telework; which, in turn, created a vast need for telework tools. Consequently, we replaced all desktops with laptops, expanded our cell phone numbers, and implemented multiple platforms for a geographically disparate workforce.

Medal of Honor Recipient has ties to local Namesake Ships

By Katie Lange, DOD News

Most of the more than 3,500 men who received the Medal of Honor earned it for actions taken during a conflict. Navy Rear Adm. Claud A. Jones, however, is one of the few who received it for his heroics during a mysterious natural disaster.

Jones was born on Oct. 7, 1885, in an area once called Fire Creek, West Virginia. He had a sister named Ida and attended school in Fayetteville and Charleston, both in West Virginia.

After high school, Jones earned an appointment to the Naval Academy, graduating in 1906. He received his commission as an ensign two years later after serving on the battleships Indiana and New Jersey.



From 1909 to 1915, he was assigned to several different ships; he also received post-graduate education at the Naval Academy and at Harvard University, where he earned a Master of Science degree.

By late 1915, Jones was a lieutenant and senior engineering officer on the armored cruiser Tennessee, which was renamed the USS Memphis in May 1916. The Memphis spent that summer at anchor not far off the coast of Santo Domingo City, Santo Domingo, now called the Dominican Republic.

If dangerous weather approached, its crew was prepared to get underway quickly to move to deeper waters. But on Aug. 29, there simply wasn't enough time. At about 3:45 p.m., the ship's commanding officer thought the swell was increasing, according to an account from Navy Lt. Cmdr. Thomas Withers Jr., who was on the ship at the time. So, the 31-year-old Jones and his fellow sailors in the engine room began readying the ship's boilers and engines to get underway.

But before the engines had time to get the ship moving further out to sea, enormous waves — unaccompanied by wind — began smashing into the ship without warning.

In the engine room, boilers and steam pipes burst open around Jones, scalding him in steam. Thousands of tons of water came down on him as he remained in the room in near darkness.

"Wave followed wave at intervals of perhaps 30-40 seconds," Withers recounted in a journal. "These waves were so large and their faces became so steep that they simply flowed over the ship."



The waves, which reportedly reached up to 75 feet high, began to drag the ship toward the beach. Quickly, anything below deck became a death trap.

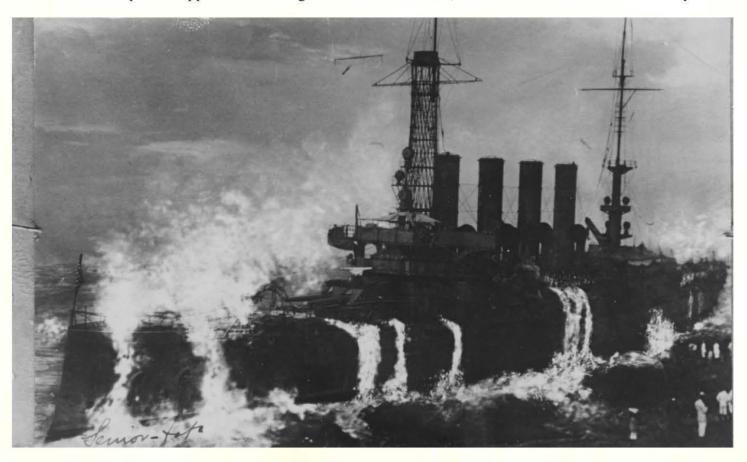
Jones refused to leave his post because he thought he'd heard the engines turning, even though Withers later said what he'd heard was "the engines breaking up under the pounding they were getting from the bottom of the ship."

When the boilers exploded, Jones and two other men rushed into the rooms where the boilers were kept, dragging and carrying the men trapped there into rooms where the air was breathable.

Over the next several hours, lifelines to shore were painstakingly established, and they were able to get many of the men to the beachhead safely. However, 43 men lost their lives

during the crisis, and many more were seriously injured, including Jones. When he finally made it to the deck of the ship, Jones requested that those who were injured get to shore before him.

His bravery and selflessness inspired his men, who refused to go unless he went, too. The ship didn't appear to be damaged above the waterline, but below deck was a different story.



Over the next several hours, lifelines to shore were painstakingly established, and they were able to get many of the men to the beachhead safely. However, 43 men lost their lives during the crisis, and many more were seriously injured, including Jones. When he finally made it to the deck of the ship, Jones requested that those who were injured get to shore before him. His bravery and selflessness inspired his men, who refused to go unless he went, too.

The ship didn't appear to be damaged above the waterline, but below deck was a different story. The hull was crushed by rocks and coral, and the lower decks were flooded, leaving the ship stranded in shallow water. That's where the wreck remained until 1937, when ship-breaking capabilities became available to salvage it.

An investigation later revealed that a tropical disturbance had passed south of the area the night before, but it didn't cause any other markers of severe weather except the heavy swells that caused the tragedy.

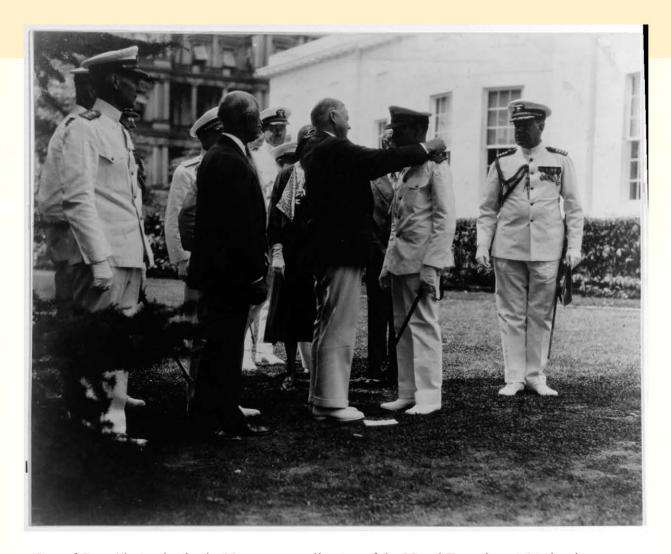
Jones eventually recovered from his injuries. Soon afterward, he married Margaret Cox. They had a son named Frank and a daughter named Peggy.

Jones remained in the Navy, serving ashore in industrial positions through the end of World War I. He continued to work his way up the ranks, mostly serving in engineering billets. By the early 1930s, he had completed a few Navy Department tours with the Bureau of Engineering, served in London as an assistant naval attaché, and was the senior engineering officer with the battle fleet.



It took years for Jones to be recognized for his heroics during the Memphis wreck. On Aug. 24, 1932, the now-commander received the Medal of Honor from President Herbert Hoover during a White House ceremony. Two of his shipmates also received the high honor: Machinist Charles H. Willey, as well as Chief Machinist's Mate George William Rud, who died during the incident.

By the early 1940s, Jones was based in Washington, D.C., and had attained the rank of rear admiral when World War II started. Throughout most of the war, he served as an assistant chief for the Navy's Bureau of Ships and earned the Legion of Merit for his work during that time.



One of Jones' last roles in the Navy was as director of the Naval Experiment Station in Annapolis, Maryland, a position he held until the end of 1945. He retired in June of 1946. Unfortunately, on Aug. 8, 1948, Jones died at his home in Charleston, West Virginia, after suffering a stroke. He was 62. Jones was buried with full military honors at Arlington National Cemetery.

His legacy lives on. Jones' son, Frank, followed in his father's footsteps by also becoming a rear admiral in the Navy and commanding the Naval Ship Engineering Center in the 1970s. The escort ship USS Claud Jones, which was in service between 1959 and 1974, was named for his father. And, since 1987, the Claud A. Jones Award has been awarded to a fleet or field engineer who's made significant contributions to improving operational engineering or material readiness.

Army Veternairy Clinic Open: Preventive Care and Your Pet

From the NSA Mid-South Public Affairs Office

After several months without a veterinarian on staff, the Army Veterinary Clinic is accepting pet appointments again.

The clinic is available for appointments for the pets of active-duty servicemembers and retirees.

"We focus on wellness and preventive medicine here," said Dr. Jill Bates, DVM. "It's important to your pet's health to stay on top of preventive medicines."

Preventive medicine can include vaccines, blood tests, heartworm tests, fecal testing, nail trimming and anal gland expression. Additionally, preventive medications like those for heartworms and fleas are available at the clinic. The clinic can also conduct heath screenings for pets traveling overseas.

Bates said that the warmer climate in the Mid-South means that all season protection from mosquito borne illness is necessary.

"Make sure you bring your pet every year for their annual check up," she said. "In this area it is important to stay on preventive heartworm medicines year round."

The clinic also provides micro chipping services.

"Make sure your pet is micro chipped in case they get loose. I can scan them if they are here on base and make sure they get back home to you."

Additionally, micro chipping is required for pets living in Hunt housing. A list of required vaccinations for pets in housing is also available at the clinic.

Emergencies do happen, but serious illness and injury will need to be seen out in town. The clinic has local veterinarian information available, include emergency and after hours clinics.

"We have a very limited pharmacy, so it can be hard for us to help everyone," Bates said. "But if it's something simple we can often take care of it."



Dr. Jill Bates, DVM, and Vet Technician Amber Diaz clip the nails of a patient duing an appointment. The clinic is open to active duty and retirees.

But despite their limited services, the preventive care offered means that pets can have a long and healthy life.

"We are trying to let everyone know that we are here and we are open again," said Bates. "We can see about 10 pets a day right now. When we get up to a full staff, we hope to see more."

Also at the clinic is a staff of active-duty Soldiers who conduct an important mission on the job that is not related to dogs and cats. The team is charged with food inspection for the installation. They inspect food at eating establishments on base and the commissary.

"We make sure the food is being handled properly before servicemembers and their families ever come in contact with it," said Spc. Devon Alston. "If you are buying from the commissary, it's already been inspected by us."

The inspection team is also available for food safety training for commands conducting picnics or other food events.

Call (901) 874-5420 to schedule an appointment!

Commander, Navy Recruiting Command Deploys Mobile Engagement Vehicles Across the Nation



Story by Petty Officer 3rd Class Tyler Priestley ,Navy Recruiting Command

Navy recruiting experienced many challenges this past year and a half while operating under a pandemic. Recruiters needed to be flexible, which meant having the right tools, at the right place, at the right time. As one answer to that need, Commander, Navy Recruiting Command, Rear Adm. Dennis Velez, as part of his second year priorities, called for the release and employment of Mobile Engagement Vehicles (MEVs).

MEVs are currently in the process of being distributed to each Navy Talent Acquisition Group across the nation. MEVs are vans equipped with tools for recruiters to implement in their day to day efforts. MEVs are currently being shipped out with a tent, display table and flags, ready to be set up at any event to aid recruiters.

"The custom MEV setups serve as an integral part of the display that will greatly add value to on-site recruiting," said Mass Communication Specialist 3rd Class Daniel Gonzalez, N93 creative graphic designer.

The idea for the MEVs stems from the Nimitz 18 wheeler currently being used by recruiters across the nation to engage with audiences. The Nimitz has features that include digital data capture, a virtual reality mission, photo opportunities and more.

"The Nimitz is one asset and it is in high demand from coast to coast," said Cmdr. Scott Milliet, NRC advertising and

marketing operations officer. "Sometimes the Nimitz is just too large to bring to events. MEVs allow recruiters to expand efforts of the Nimitz with more availability to the NTAGs and access to more locations and venues."

One of the first NTAGs to get use of the MEV is NTAG New England. They began their use of the MEV by picking it up in Millington and driving it back to their home base. Along the way they made social media posts using #PATRIOT to build a following. They stopped at various landmarks in the Northeast and shared their experience with their followers.

"We also started a planning calendar to track and ensure constant use at venues where recruiters can interact with our target audience across New England," said Chief Mass Communication Specialist Joshua Wahl, public affairs officer for NTAG New England. "We have a close relationship with the USS Constitution and also continue to focus the MEV usage in communities with limited exposure to Navy opportunities."

While the deployment of the MEVs is still in the early stages, there is already brainstorming going on behind the scenes for an MEV 2.0. The MEV 2.0 would take the MEVs from the NTAGs and enhance their capabilities. This could include things such as installing some type of monitor that could be visible from the back once the doors are open. Enhancements like this could have potential to further help recruiters and their mission.



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TUITION ASSISTANCE EMPLOYER MATCH **PROGRAM 401K SAVINGS** PLAN LIFE INSURANCE PROGRAM

OPEN POSITIONS As of 27 August 2021

PART-TIME \$10-\$13 - ongoing

Requisition #	Title
210002E7	Receiving Clerk - Receiving
2100032S	Sales Clerk - Electronics
210003HO	Sales Clerk - Small Appliance
210002XC	Sales Clerk - Package Store
210003HI	Sales Clerk - Jewelry
2100038B	Sales Clerk - Apparel / shoes

PART-TIME HR; Ongoing

2100032F Vending Operations Worker - \$14.04 210003C9 Maintenance / Janitor \$11.46 210003EE Fabric Worker \$13.10

210003EO Flex Housekeeping - Navy Lodge \$10.93

For more information please call NEX Human Resources at 901-872-5760

CONSIDER BELONG TO A GLOBAL COMPANY THAT SUPPORTS. **US FIRST!** DEVELOPS AND INVESTS IN OUR ASSOCIATES.

Memphis native participates in Large Scale Exercise aboard U.S. Navy warship



Photo by Mass Communication Specialist 2nd Class Vanessa C. Behrend

By Lt. Omari Faulkner, Navy Office of Community Outreach

NORFOLK, Va. - A Memphis, Tennessee, native is participating in the Large-Scale Exercise (LSE 2021) aboard USS Whidbey Island (LSD 41), a U.S. Navy warship that transports and launches Marines from sea to shore as part of amphibious assault operations.

Petty Officer 3rd Class Jaslyn Henyard, a 2016 Bartlett High School graduate, joined the Navy four years ago.

"I joined because my father served for 20 years and seeing how stable our family was, I wanted to follow in his footsteps," said Henyard.

According to Henyard, the values required to succeed in the military are similar to those found in Memphis.

"I learned to stay alert, always pay attention to details and to appreciate the small things in life," said Henyard.

LSE 2021 demonstrates the Navy's ability to employ precise, lethal, and overwhelming force globally across three naval component commands, five numbered fleets, and 17 time zones. LSE 2021 merges live and synthetic training capabilities to create an intense, robust training environment. It will connect high-fidelity training and real-world operations, to build knowledge and skills needed in today's complex, multi-domain, and contested environment.

"During Large Scale Exercise 21, USS Whidbey Island demonstrated enhanced medical capabilities while seamlessly integrating our Fleet Surgical Team," said commanding officer of USS Whidbey Island, Cmdr. Kristel Anne O'Canas. This critical mission set will allow a dynamic force employment in the Surface Fleet by expanding medical care capacity across various surface combatants."

Whidbey Island is designed to deliver Marines and their equipment in support of amphibious operations including landings via Landing Craft, Air Cushion (LCAC), conventional landing craft and helicopters, onto hostile shores.

Homeported in Little Creek, Virginia, Whidbey Island is longer than two football fields at 610 feet. The ship is 84 feet wide and weighs more than 16,000 tons. It has four diesel engines that can push the ship through the water in excess of 25 mph.

Serving in the Navy means Henyard is part of a world that is taking on new importance in America's focus on rebuilding military readiness, strengthening alliances and reforming business practices in support of the National Defense Strategy.

"The Navy is important for the safety of our country," said Henyard.

With more than 90 percent of all trade traveling by sea, and 95 percent of the world's international phone and internet traffic carried through fiber optic cables lying on the ocean floor, Navy officials continue to emphasize that the prosperity and security of the United States is directly linked to a strong and ready Navy.

As a member of the U.S. Navy, Henyard as well as other sailors, know they are a part of a service tradition providing unforgettable experiences through leadership development, world affairs and humanitarian assistance. Their efforts will have a lasting effect around the globe and for generations of sailors who will follow.

"Serving in the Navy opens up doors in my life and possibilities that are beyond measure," added Henvard.

September is

2021 National Preparedness Month

Prepare to Protect. Preparing for disasters is protecting everyone you love.

Week 1, Sept. 1-4: Make a Plan

- #PrepareToProtect means preparing to protect everyone you love. Start by making a plan before disasters and emergencies strike: www.ready.gov/plan
- Discuss with your household or family how you will communicate if there is an emergency.
- Decide and practice your emergency plan with members of your household.
- Houses, mobile homes, apartments, and high-rise buildings have different evacuation considerations. Make a plan for each: www.ready.gov/plan-for-locations
- Involve your entire family, including your children, in planning for disasters and emergencies so they are prepared, not afraid: www.ready.gov/plan

Week 2, Sept. 5-11: Build a Kit

Create or update your emergency supplies with this list: www.ready.gov/kit

Week 3, Sept. 12-18: Low-Cost, No-Cost Preparedness

- #PrepareToProtect
- #BeReady
- Family Communication Plan Fillable Card (Digital PDF)- https://www.ready.gov/sites/default/files/2020-03/family-communication-plan_fillable-card.pdf
- Know Your Alerts and Warnings (PDF)- https://www.ready.gov/sites/default/files/2020-03/ready_know-your-alerts-and-warnings.pdf

Week 4, Sept. 19-25: Teach Youth About Preparedness

Are You Ready? Guide- https://www.ready.gov/sites/default/files/2021-03/are-you-ready-guide.pdf

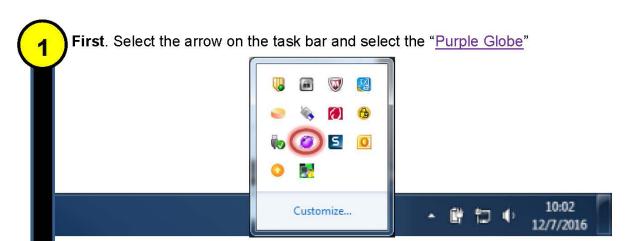
12 WAYS TO PREPARE Make a Plan Save for a **Practice Test Family** Safeguard Sign up Communication **Documents** for Alerts **Rainy Day** Emergency and Warnings **Drills** Plan Assemble or Plan with Make Your Get Involved in **Document and** Know **Neighbors** Home Evacuation **Update Your Community Insure Property** Safer **Routes Supplies**



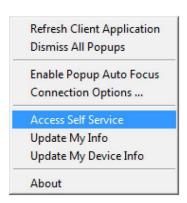
AtHoc REGISTRATION



How to register or update your AtHoc information, follow step below:



Second. Select the "<u>Access Self Service</u>" and login as you normally do with your id-card.



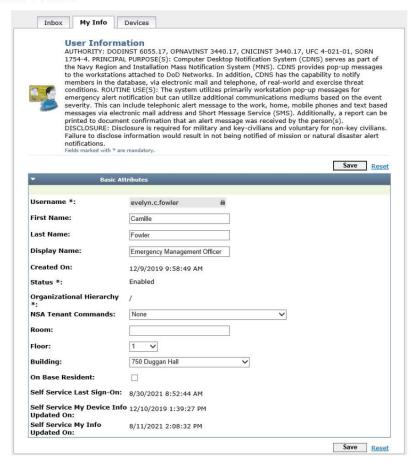
Third. In this screen you will see all Live or Previous alerts. Please select "<u>My Info</u>"



Continue



Fourth. Under "My Info" input your Information, Command and Building (with room and floor), Please click **SAVE**.



5

Fifth. Select "<u>Devices</u>" input your "<u>EMAIL: Work</u>", "<u>PHONE: Work</u>", and "<u>PHONE: Mobile & TTY/TDD</u>", Please click **SAVE**.





Thank you! You are now registered.

'Prepare to protect'

Are you ready for the next emergency? Visit your commissary to make sure your survival kits are good to go – and save nearly 25% at checkout

By Kevin L. Robinson, DeCA public affairs specialist

FORT LEE, Va. – An emergency doesn't wait on a plan, but you can plan for an emergency.

During September, National Preparedness Month focuses on everything you need to know before an emergency occurs. For military commissary customers,



they can use a benefit that gives them an annual average of nearly 25 percent savings to purchase the items needed for their survival kits.

"We've already heard that this year's hurricane season is going to be worse than projected earlier," said Marine Sgt. Maj. Michael R. Saucedo, senior enlisted advisor to the DeCA director. "So, visit your commissary to get your emergency items now and save money in the process."

The theme for this year's <u>National Preparedness Month</u> is "*Prepare to protect. Preparing for disasters is protecting everyone you love.*" The month is separated into four activities: Sept. 1-4 – <u>make a plan</u>; Sept. 5-11 – <u>build a kit</u>; Sept. 12-18 – <u>prepare for disasters</u>; and Sept. 19-24 – <u>teach youth about preparedness</u>.

From April through Oct. 31, DeCA's severe weather promotional package helps customers prepare their survival kits with discounts on the following items: beef jerky and other assorted meat snacks, soup and chili mixes, canned goods, powdered milk, cereals, batteries, airtight bags, weather-ready flashlights, tape (all-weather, heavy-duty shipping and duct), first aid kits, lighters, matches, lanterns, candles, hand sanitizer and anti-bacterial wipes. Specific items may vary from store to store.

How do you prepare for the next crisis? Planning is the first step and emergency preparedness officials recommend a disaster supply kit that includes the following items:

- COVID-19 protection reusable or disposable face coverings, disposable gloves, hand sanitizers, disinfecting wipes, hand soap
- Water at leasta gallon daily, per person (three-day supply for evacuation, two-week supply for home)

- Nonperishable foods canned meats, fruits, vegetables, dried fruits, nuts, raisins, cereal, crackers, cookies, energy bars, granola, peanut butter, and foods for infants and the elderly (three-day supply for evacuation, two-week supply for home)
- Paper goods writing paper, paper plates, paper towels and toilet paper
- Writing utensils pens, pencils (manual pencil sharpeners), markers
- Cooking items pots, pans, baking sheets, cooking utensils, charcoal, a grill and a manual can opener
- First-aid kit including bandages, medicines and prescription medications
- Cleaning materials bleach, sanitizing spray, and hand and laundry soap
- Toiletries personal hygiene items and moist wipes
- Pet care items food, water, muzzle, leash, carrier, medications, medical records, and identification and immunization tags
- Lighting accessories flashlights, batteries, candles and matches
- Battery-powered or hand-crank radio (NOAA Weather Radio, if possible)
- Duct tape, scissors
- Multipurpose tool
- Copies of personal documents (medication list and pertinent medical information, proof of address, deed/lease to home, passports, birth certificates and insurance policies)
- Cell phone with chargers
- Family and emergency contact information
- Extra cash
- Emergency blanket
- Maps of the area
- Blankets or sleeping bags

For more information about disaster preparedness, go to the <u>DeCA website</u> for lists of resources. For more resources to prepare for emergencies, go to <u>Ready.gov</u> and the Department of Homeland Security's <u>National Preparedness Goal</u> webpage.

School Days are Here! Safety is key

From Scott Westmoreland, Fire Inspector

School days bring congestion: School buses are picking up their passengers, kids on bikes are hurrying to get to school before the bell rings, and hurried parents are trying to drop their kids off before work. It's never more important for drivers to Slow Down and Pay Attention than when kids are present – especially before and after school.

Share the Road

According to research by the National Safety Council, most of the children who lose their lives in bus-related incidents are 4 to 7 years old, and they're walking. They are hit by the bus, or by a motorist illegally passing a stopped bus. Think about that for a second.....Be Mindful that School is in Session, and it's imperative for the safety of our Children that you put down that phone, do not play with the radio, and pay attention.

A few precautions go a long way toward keeping children safe:

- Don't block the crosswalk when stopped at a red light or waiting to make a turn, forcing pedestrians to go around you; this could put them in the path of moving traffic
- In a school zone when flashers are blinking, stop and yield to pedestrians crossing the crosswalk or intersection
- Always stop for a school patrol officer or crossing guard holding up a stop sign
- Take extra care to look out for children in school zones, near playgrounds and parks, and in all residential areas
- Don't honk or rev your engine to scare a pedestrian, even if you have the right of way
- Never pass a vehicle stopped for pedestrians
- Always use extreme caution to avoid striking pedestrians wherever they may be, no matter who has the right of way

NEWS FLASH....School Buses Stop

If you're driving behind a bus, allow a greater following distance than if you were driving behind a car. It will give you more time to stop once the yellow lights start flashing. It is illegal in all 50 states to pass a school bus that is stopped to load or unload children.



- Never pass a bus from behind or from either direction if you're on an undivided road if it is stopped to load or unload children
- If the yellow or red lights are flashing and the stop arm is extended, traffic must stop
- The area 10 feet around a school bus is the most dangerous for children; stop far enough back to allow them space to safely enter and exit the bus
- Be alert; children often are unpredictable, and they tend to ignore hazards and take risks BICYCLES ARE OUT & ABOUT

Kids also can ride bicycles to and from school, as well as after-school when they are playing with friends. Bicyclists have the same rights and responsibilities as vehicles, but not only can bikes be hard to see, we have already covered that children tend to ignore hazards and are more apt to take unnecessary risks. Being Vigilant when driving to ensure that you have time to react to unanticipated actions of a cyclist.

- When passing a bicyclist, proceed in the same direction slowly, and leave 3 feet between your car and the cyclist
- When turning if a bicyclist is approaching from behind, let the rider go through intersection first, and ALWAYS, ALWAYS, ALWAYS use your turn signal.
- Watch for bike riders turning in front of you without looking or signaling; Children especially have a tendency to do this
- Be extra vigilant in school zones and residential neighborhoods, and be mindful of Children exiting Driveways or darting out behind Parked Cars.
- Check side mirrors before opening your door By exercising a little extra care and caution, drivers and pedestrians can co-exist safely in school zones.

Your responses matter! Be on the lookout for the Federal Impact Aid Survey Coming Home from School



DEPARTMENT OF THE NAVY

COMMANDER NAVY REGION SOUTHEAST BOX 102, NAVAL AIR STATION JACKSONVILLE, FLORIDA 32212-0102

> 1755 Ser N00/572 11 Aug 21

From: Commander, Navy Region Southeast

To: Military and Civilian Families of Navy Region Southeast

Subj: FEDERAL IMPACT AID FOR OUR CHILDREN AND THEIR EDUCATION

- 1. A quality education is one of the greatest gifts we can give our children. Your active support of their education is equally important. When your child witnesses the value you place on education, it becomes important to them. The Impact Aid Program (IAP) presents a unique and meaningful opportunity for you to actively take part in your child's education.
- 2. Through the passage of the Impact Aid Law in 1950, IAP is designed to directly compensate local school districts for: (1) local revenue lost due to the presence of federally owned, and therefore tax-exempt, property and (2) costs incurred due to "federally connected" students, such as the children of armed services personnel working at a nearby military installation. Unlike most other forms of educational assistance, Impact Aid disburses roughly \$1.5 billion annually in unrestricted federal funds directly to local school districts rather than through State agencies.
- 3. Our school districts face special challenges they must provide a quality education to all children, meet the requirements of "Every Student Succeeds Act" and operate with less locally generated tax revenue.
- 4. In October, your child will bring home a Federal Impact Aid Survey Card. Your active participation in responding to this survey ensures that our school districts receive the maximum amount of funding possible. Impact Aid funds support numerous education related needs, such as additional payments for students with disabilities, teacher salaries, construction costs, textbooks, technology (such as computers and WIFI), tutoring, advanced placement courses, and after school enrichment programs.
- 5. If you live or work on Federal Property and have child in school, I urge you to please complete the Federal Impact Aid Survey Card. You may receive the survey either electronically or by paper. Your participation directly contributes to our school's ability to receive unrestricted federal funds and prepare our children for a successful future.

W. R. McCAI



A part of the Navy Region Southeast and Navy Installations Command, NSA Mid-South serves as the Navy's Human Resources Center of Excellence.

Have a story, event, personnel, or program you would like to see featured in The Bluejacket?
Email us at mill_nsa_bluejacket@navy.mil
Submission deadline is the last Thursday of each month!