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CAMP LEJEUNE GLOBE

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Chaplains attend indoctrination course *serve, seminary students receive experience in Marine Corps way of life*

PL. J. JONAH COHN

Twenty-six Navy Reserve Chaplains and Chaplain Candidate Officers visited Camp Lejeune from June 10-12 as part of their Marine Reserve Indoctrination course.

McKee said that about half the class are chaplains who have two or more years in the reserves. The rest are Chaplain Candidate Program Officers who are currently in the seminary or have finished the ordination process for their faith group yet.

The course was designed by HQMC and key personnel in the Marine Corps. It exposes the students to much of what a Marine learns in his initial subjects, obviously without the combatant and weaponry," McKee said. "But there are a number of things that are essential for a chaplain to move

and survive in a Marine unit and function in the FMF."

Camp Lejeune and Camp Pendleton are the only two sites for the course.

"A lot of them have no exposure to the Marine Corps whatsoever. Some are prior enlisted in the Army, Air Force and Navy, but we assume they don't know anything about the Marine Corps and give them the basics," McKee said.

During the classes, the students learned about Marine Corps organization, uniform and insignia, Code of Conduct, Law of War, UCMJ, history, customs and tradition, first aid and a MAGTF briefing.

In the field, they received training from LAI, AA and Recon Bns. in the areas of life in the field, day

and night land navigation and river crossings. Training in Mission Oriented Protective Posture Level Four provided a first-hand feel of life in an NBC environment.

Master Chief Petty Officer Richard Cason, the senior enlisted Marine religious program specialist, visited Camp Lejeune to gather knowledge for a course being designed for RPs who serve the Marine Corps.

"Many of the students came here with misconceptions about Marines. They thought they were all Ramboes. We've had a number of comments about how they've found out Marines are sensitive people just like everyone else. That's part of the education we want them to get."

See related story, PAGE 11A

Patients receive first cornea transplants at Naval Hospital

BY CPL. J. JONAH COHN

"It was like looking through a windshield that was pitted by sand. That's the best way I can describe it," Margaret Kemp said.

Kemp, the wife of MGySgt. Dennis Kemp, 2nd LSB, suffered from a hereditary disease known as granular dystrophy that impaired her vision. She became one of the first people to receive a cornea transplant at Camp Lejeune on June 13.

Previously, patients had to travel to Bethesda, Md., to have the operation. Thousands of cornea transplants are done in the U.S. each year, but it is not a common ophthalmologic procedure, according to LtCmdr. Thomas E. Clinch, the eye doctor who performed the surgery.

"Over the past 10 to 15 years, cornea transplants have gone from operations of low success to ones of high success due to changes in operative techniques. Using microscopes and very fine sutures, thinner than human hair, and the advent of topical steroids that can be used to stop rejection of tissues are major factors for success," Clinch said.

Vision doesn't improve immediately. It takes time for vision to improve to what it was before the operation, he said. It may take months for it to progress beyond that.

"Occasionally, patients can see better right away because their corneas were so

SEE CORNEA, PAGE 10



Photo by SGT. ROBERT C. JENKS

Marine with Charlie Co., 2nd LSB, directs a Super Stallion CH-53E down to other helicopter support team members before lifting a light armored vehicle from Delta Co., 2nd LAI Bn. recently. The two platoons of HST from Charlie Co. can accomplish a variety of missions for II MEF. The HSTs provide logistical support for combat units by using helicopter lift capabilities to get vehicles, equipment, food, fuel, water and anything else Marines need right to the front line.

OUR ENVIRONMENT

BY CPL. F. E. CHARLES

There's one rather odd travel advisory this summer for vacationing families about an equally peculiar hitchhiker - one that probably won't be picked up along the interstate. It's a stowaway from any wooded area visited by car campers. It's the gypsy moth.

The grayish brown mottled hairy caterpillar has a voracious appetite. Not for potato salad, hot dogs or hamburgers, but for stricter vegetarian fare. It feeds on the lush green leaves of most marketable hardwood trees.

That concerns the U.S. Forest Service. Locally, it concerns the Environmental Management Dept., MCB, where two caterpillars have been trapped this year, according to Danny Becker, assistant base forester.

That may not sound like a serious outbreak, but it sounds an alarm to base foresters. If continued to go unchecked, timber stands would suffer substantial damage from a large moth infestation, according to Becker.

The amount of damage is hard to predict without knowing the amount of infestation. That's why 47 traps were put out this year, he said.

Past statistics bear witness to the devastating defoliating powers of the gypsy moth. In 1970, the moth defoliated one million acres nationally. Each year, since then, the "little bugger" has eaten its way through one half million acres.

The gypsy moth problem began in 1879, when an ambitious entrepreneur imported a few from France to crossbreed with silk worms in Boston. Then, Pandora's Box was opened; a few moths escaped and the rest is history.

The moths rapidly spread through the New England and mid-Atlantic states, into southeastern Quebec, and through central Michigan. Today, these bugs can be found sporadically across the nation.

The gypsy moth is not unlike other predators. It attacks the weak or sick trees first. "Healthy trees can stand a couple of complete defoliations," he said.

But when Mother Nature needs a little preventive help, Becker added, "forest management practices like thinning tree stands to prevent environmental stress," can also keep the moths at bay.

When a stand of timber is infested, a variety of methods are used by the forest service. Of course, aerial spraying of pesticides are effective, but so are natural predators of the moths, according to Becker. Good viruses and a naturally occurring exotic parasite are also used to neutralize and stabilize the wrath of the gypsy moth.

July is the vital month for keeping the gypsy moth in check, according to Becker. Now is when the egg clusters begin hatching out into larva, and begin to eat their way into maturity.

Becker advises families who are coming from, or have recently been to the mid-Atlantic and Northeast states to check their cars, campers and trailers with off road vehicles for the buff colored egg clusters. Each cluster can contain 75 to 100 eggs.

"Check under the chassis, bumpers and wheel wells," he advised. "Check any trailer that's been sitting outside for a while. If you find one destroy it."

Letters to the Editor

To the Editor:

I am writing about the total disregard for the uniform regulations that is growing in our Corps. I am constantly correcting Marines of all ranks about their appearance, but what really bothers me is when I'm doing the correcting there is usually a NCO, SNCO, or Officer nearby who has failed to correct his own Marine.

These violations are of a wide variety in nature. Wearing the cover on the back of the head must be in Vogue now since you see a lot of this, especially of Marines in vehicles. Improperly rolled sleeves is the thing for the "cool dudes." They only roll theirs to mid-forearm. This along with wearing the cover backwards (NO KEVLAR HELMET) was extremely popular in Panama as seen in pictures of our Marines during Operation Just Cause.

I guess we have to publish in an order the definition of eccentric attire, especially regarding sunglasses. I like the way Oakley shades go with our cammies. Best of all I like the fluorescent orange or green framed sunglasses. I can see them from a greater distance. I actually had a staff sergeant and a young lieutenant tell me they did not think the sunglasses described above were eccentric for wear in uniform. This was after I corrected six of their Marines for them.

I won't even go into civilian attire. The PX posts signs stating that Marines may not wear inappropriate attire while shopping, so who am I to correct the multitudes of Marines running around in tank tops, ragged shirts and shorts, or just plain dirty clothes. I would almost be happy if they would just shave on a weekend prior to going out in public.

Everyone always talks about the Marine Corps being rich with tradition. Well, the one about being able to tell a Marine by his sharp appearance in or out

of uniform as gone by the wayside. That ALL Marines especially those of us in leader adhere to and enforce the regulations.

1stSgt. *[Name]*
Delta Co., 2nd Am

To the Editor:

We have been in the Corps quite a few years. I went from private to Staff NCO in 1978. I was a "grunt" and now we are with the 3rd Battalion, 6th Marines. During those years, we have seen a lot of changes. U.S. Navy corpsmen and U.S. Army chaplains. We have always held the highest respect for the Chaplain Corps. They are there when we need them. But we feel that during our tour, it is not enough. One chaplain broke that syndrome by being there in the defensive positions, setting the example in physical fitness, dress, concern for his men, and going the extra mile, visiting the areas, the work areas and in general, doing what I think a chaplain should do. He has been in the States, Panama and many training camps. It means to imply that a chaplain should become a part of us but we feel to communicate with the men of his command, he should share some of his hardships.

Lieutenant Nate Carr, U.S. Navy chaplain, is a type of Chaplain. He has the feelings of the Marines and Sailors for their best interests in his actions.

We, of the 3rd Battalion, 6th Marines, would like to miss this "Marine's Chaplain." He may be in the Corps and the Naval Service, but his spirit will live on. Together a Band of Brothers will live on.

The SNCOs and Enlisted *[Name]*
3rd Battalion, 6th

'Cpl. Hard Charger' Aces Supply School

Story and photo by
BY CPL. F. E. CHARLES

Corporal Lynda Garza isn't unlike every other school student upon graduation: anxious to leave campus as soon as diploma is in hand. The other hand is usually holding a ticket for a soon to depart plane home.

But that's where the similarity ends when referring to the new supply administration Marine. Garza graduated from Camp Johnson's Supply School with a perfect 100 percent score.

It was the first time in the history of the school a student has graduated with top honors, without taking personal study notes, said Sgt. Christine Daley, scheduling NCO, academics section, MCSSS Supply School. "The students could only use the school's reference material. They were not allowed to use student notes."

Garza admits the course was easy for her, but she was well prepared. Her previous MOS was in supply warehousing, and she was OJT in supply administration for a year in Okinawa. "In Okinawa I studied the publications on supply administration after work, because I really wanted the lateral move," she said.

The homework obviously paid off. Other students

in her class didn't find the course as easy as she. "I was one of them were new Marines and were looking for a course."

So Garza traded extra studying for hearing from fellow students after school. "I've always loved learning and showing and teaching other students about what I know," she said.

Garza's NCO leadership in the classroom earned her admiration by the students. "They thought I was outside the classroom," she said. "But during class I thought I was really in there. They nicknamed me 'Cpl. Hard Charger.'"

Cpl. Hard Charger has spent her gung-ho attitude in 10 years of Marine Corps service. She loves the Marine Corps and she loves her accomplishments.

Though Garza is proud about her accomplishments, she looks forward to the challenges of the next course. "If I can max that that'll really be something."

She'd also love to return to Camp Johnson to teach. For her accomplishments at the school Garza received a certificate of commendation. The ceremony closed most appropriately with, "Keep charging."



Cpl. Lynda Garza, top graduate from MCSSS Supply School.

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NEWS BRIEFS

Per diem rate changes

per diem rate for Marines deployed to Iwakuni, Japan was changed July 1 according to Almar 149/90. Marines are paid an average rate based on time in garrison versus time spent in the field. Unit rates are less than the aviation rates due to increased time the ground units spend in the

procedure clears up the administrative profiling and settling travel claims and stopping a Marine's per diem. (ground) \$9.55 per day (Okinawa) \$11.80 per day (Iwakuni) \$13.55 per day (ground) \$2.60 per day (Okinawa) \$3.35 per day (Iwakuni) \$3.35 per day. For more information, refer to Almar 149/90, or call 224-2923.

Comm changes command

Gary R. Bradley, former 2nd MarDiv., G-6, assistant chief of staff, took charge of 8th Bn., 2nd SRI Group, from LtCol. Lawrence Habeeb. The battalion is the principle command, control and communication unit supporting the II MEF and everything from small radio and telephone to global superhigh frequency satellite communications.

Recruiting team arrives

Recruiter Screening Team will conduct operations today through Monday. The schedule is: 2nd MarDiv. today and Friday at 8 a.m.; FSSG Monday at 8 a.m. For more information call 451-5400/1381.

Class graduates

Marine Corps Base Basic NCO School class will graduate Friday at 10:30 a.m. in the Chapel at Camp Johnson. The guest will be 1stSgt. M. Elvington, Alpha Co., 1/2. The public is invited. The uniform of the day is

MC conducts workshop

"Organization is the Foundation" workshop will be held at Coastal Carolina Community College, July 23 and 30. The class is sponsored by the MC for the Arts. For more information, call 451-5400/1381.

Cross holds classes

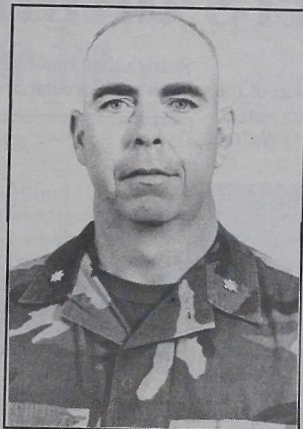
Sitting Instructor and Community CPR classes will be held today from 6 to 10 p.m. and 8 to 5 p.m. respectively, in the Family Service Classroom. For more information and registration call 451-2173.

Seeks Marines

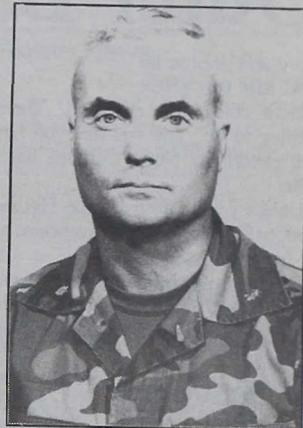
"New Good Marines" are needed as recruiter assistants in Recruiting Station, Macon, Ga. Interested Marines should request Permissive TAD order. As recruiter assistants, privates and privates first class can earn meritorious promotions. Lance corporals and corporals can earn as much as 100 bonus points towards their composite scores for meritorious promotions. For more information, call (912) 338-104.

Wives schedules training

"Key Wives Coordinator's Training" session will be held Wednesday from 1 to 3 p.m. at the Family Service Center, Building 14. The session will be establishing a workable communications network between the command and families.



LTCOL. B.M. YOUNGS



LTCOL. B.P. GRIFFIN

**2/2
Change
of
Command**

LtCol. Brian M. Youngs will assume command of 2nd Bn., 2nd Marines from LtCol. Barry P. Griffin at a ceremony Wednesday at 10 a.m. The ceremony will be held at Landing Zone 5, behind Building 2. The uniform for the event is utilities.

For more information and registration, call 451-5417/5997.

Training course slated

A "Key or Contact Wives Training" course will be held July 23 to 25 from 1 to 4 p.m. at the Family Service Center, Building 14. Participants will learn communication and problem solving skills. These skills will help to organize an effective telephone network, offer emotional support, and provide information and referral to families in need during unit deployments. For more information, call 451-5997/5417.

Messhall receives award

Messhall BA-103, under the operational control of the commanding officer, 2nd Recon. Bn., compiled the best overall composite score and was selected for the Third Quarter, fiscal 1990 award for the best messhall.

The quarterly competition is based on evaluations covering quarterly technical inspections, sanitation, food preparation, financial management, patron education, messhall maintenance and improvement, command food service awareness, and management.

The intent of this award is to create a competitive spirit and unity throughout the 2nd MarDiv. food service system.

MCAS welcomes boat race

The Hancock River Regatta will be held Friday through Sunday at the Hancock Marina, MCAS Cherry Point. A grand prize of a trip for two to Paradise Island in the Bahamas will be awarded to the winner in both the sail and bower race. The trip includes air transportation and a four-day, three-night stay in the Sheraton Grand Hotel and Towers, Paradise Island.

An observation area will be set up on the Officers Club lawn for all who wish to view the races Saturday at noon. Beverages and snacks will be available. The race is open to the public and registration is \$50. The number of entrants is limited. For more information and registration, call 447-8424.

Recruiter assistants needed

Recruiter Station, Milwaukee, is seeking a few good Marines as recruiter assistants. Interested Marines should request Permissive TAD order. As recruiter assistants, privates and privates first class can earn meritorious promotions. Lance corporals and corporals can earn 100 bonus points towards their composite scores. For more information, call (414) 297-3839 or contact your career planner.

Belly burners moves

The 'Belly Burner' aerobic classes conducted at noon and 5 p.m. each day will move to the Goettge Memorial Field House on Monday. The move is necessary to allow for the adequate space and new equipment. For more information, call 451-5430/3584.

Course needs instructors

The Staff NCO Career Academy and the Staff NCO Academy is looking for qualified gunnery sergeants and staff sergeants, respectively, to serve as squad instructors for the career course. The following are required: assignment for a minimum of 18 months from any MOS; must have good communication skills; pass the physical fitness test, and be within Marine Corps height and weight standards; excellent personal appearance; and demonstrate excellent leadership skills. For more information, call SgtMaj. Oakes, or 1stSgt. Lippolis at 451-0775/0918.

School holds exam

Physical examinations will be conducted July 21 from 8:30 a.m. to 2:30 p.m. in the Pediatric Clinic, Naval Hospital. For more information, call 451-4503/4504.

Vet conducts vaccination

A Vaccination Clinic will be held Saturday from 8 a.m. to noon in Building 2451, Tarawa Terrace II. The clinic is only for dogs and cats. Due to safety requirements, children under 12 will not be permitted in the facility and all animals must be properly restrained. No appointments are necessary. For more information, call 451-2111.

Entitlements class given

A "Veteran's Administration Entitlements" class will be conducted Friday from 9 to 10 a.m. in Building 14. The class will cover education benefits, filing for disability, and VA Home Loans. Seating is limited. For more information and registration, call 451-5417/5997.

Red Cross needs blood

The American Red Cross of Camp Lejeune will be holding a bloodmobile Wednesday from 9 a.m. to 3 p.m. at Courthouse Bay, 2nd AA Bn. Civilians and military are encouraged to donate blood. For more information, call 451-2173/2182.

MWR

On The Go!

We're Making It Happen For You.

Honor of National Sports & Recreation Month...

The Ceramic Hobby Shop will charge NO SHOP FEE 20 & 27 Jul!

Love to ride horses? Now's the time to enjoy that every ride. **The Base Stables** is offering \$1.00 off every trail ride Thursdays just for you!

How about this deal? Get all the camping gear you need for three days for the price of one! For \$8.00 enjoy:

- Man Tent
- Sleeping Bags
- Ground Pads
- Lantern
- Two Burner Stove
- 48 Qt. Ice Chest
- 48 Qt. Water Cooler

Let your kids have a blast or the summer for yourself. **Recreation & Gear Issue** on sale. It's to pick up your gear in Jul. Call 451-1368 for information.

On Aboard Lejeune...

If you're a chess enthusiast, join the **Camp Lejeune Chess Club** forming in July. All you need is your name and phone number to ensure that a Camp Lejeune Chess Club becomes a reality. Contact Mr. Paul Hansen at 451-2108/2094 for more information.

Special Services, in conjunction with the USO Chess Club is proud to host a **Chess Tournament** at 1000, 28 Jul, in the Green Room at the Goettge Memorial Field House. Both amateur and pro tournaments will be conducted with awards for first and second place winners. The entry fee is \$6 at the door, and food and refreshments will be available in case you just want to watch. The pro tournament will be held at the United States Chess Center, so don't miss your chance to participate! For more information call 451-2108.

No matter what your taste in music - Rock 'n Roll, R&B, Dance - you'll enjoy the bands performing every Sat & Sun from 1700 to 1900 at **Sand Bar's Top Deck** Pavilion at Onslow Beach! For your entertainment:
 4-15 Jul Racket
 18-22 Jul Castle Prod. D.J.
 28-29 Jul The Moment
 4-05 Aug Crossroads

Water Lovers...

The Father/Son, Mother/Daughter Fishing Tournament will take place 0700-1600, 28 Jul, at the **Courthouse Bay Marina**. For just \$6.00 you can test your skill against your kin, enjoy a cookout and have lots of laughs. You can call 451-7386 for details.

Fishing is fun no matter where; why not try it at **Riseley Pier** and be eligible to win a prize? The monthly tournament has awards in two categories: large and small game fish. Call 451-7154 for details.

Teach your tot to swim or learn yourself at the **Tarawa Terrace Pool** 16-20 Jul. For a fee of \$10.00 you can work on mastering the sport or just enjoy the fun. Register 12 Jul from 0900-1200 at the pool. Classes available:

- Water Babies 1100-1300
- Pre-School 1100-1145
- Beginner 0945-1045
- Adv. Beginner 0945-1045

Call 451-1441 for information.

Like to canoe? Bring you and yours to the **Boating Races** at the **Courthouse Bay Marina** 20 Jul, 0800-1630. Bound to be a good time, these races are FREE! Show your best and call 451-7386 for more information.

Hobby Shop Updates...

The Wood Hobby Shop has a special 28-29 Jul you won't want to miss: NO SHOP FEE! Finish your project or start a new one.

- The Ceramic Hobby Shop** offers:
- 13 Jul Sandstar Glazing Class
 - 19 Jul Marble Painting on Greenware
 - 25 Jul 1st Five Patrons 1 Free Mold
 - 26 Jul Unlimited Mold Rental

Call 451-2077 for details on classes and times.

Shape Up...

Belly Burner classes will be held effective 16 Jul in the Field House due to equipment expansion in the Area II gym. Both the 1200 and 1700 classes are affected, so don't miss out on these shape defining exercises!

Jazzercise will be held at Marston Pavilion 0930-1030 Mon, Wed & Fri and 0900-1000 Sat. Different class fees apply, so call 451-5052 for more information.

The Fifth Annual Camp Lejeune Triathlon is scheduled to be held on Sat, 1 Sep, at TLZ Bluebird. Volunteers are needed for registration, finish line and water spots. Also needed are motorcyclists to patrol the bike portion of the race to enforce drafting rules. All volunteers will receive a T-shirt along with food and drinks. Interested persons are urged to contact Paul Nilsen, the Recreation Director, at 451-2108.

The Central Library...

Offers a **Summer Reading Program** for all young readers through 19 Aug. Register through either the Bookmobile or the Main Library.

Offers two new **computerized index services**. NEWSBANK helps track down newspaper articles and INFOFAC helps find magazine articles on any subject.

Offers **documentary videotapes** on Vietnam, Korea and World War II. Titles include "Kamikaze; Death From the Sky," "From D-Day to Victory in Europe," and "Battle for Dien Bien Phu." Checkout these tapes for three days with no rental fee.

Offers programs for **pre-school children** every Fri, 1030-1100 that include puppet shows, stories and general all around fun. Scheduled this month and next:

- 13 Jul Fancy Fish
- 20 Jul Bugs, Bugs & More Bugs
- 27 Jul Mice are Nice
- 3 Aug Teddy Bears
- 10 Jul Precious Pigs
- 17 Jul How Now, Brown Cow
- 24 Jul Big, Bad Wolf
- 31 Jul Frisky Frogs

Offers to display your craft or hobby. Show off your work. Contact Ms. Martha Spencer in the Reference Department today.

Call the Main Library at 451-3178 for information and the Bookmobile schedule.

Youth News...

Love video? Bring in your funniest home video or make a new one for the **Home Video Contest** at the Youth Center. Unlimited subjects are allowed as long as good taste is used! Winner announced 20 Jul for an all-expense paid trip to Kings Dominion on 24 Jul. Ages 13-19, make those videos now! Call 451-2177 for more information.

Kings Dominion is the place to be 20 Jul. This **Youth Center Teen Trip** costs just \$16.00 for park entry and transportation. Leave at 0600, return at midnight. Don't let this trip pass you by! Call 451-2177 to reserve a seat.

Football season is right around the corner and the time to get ready is now! Anyone interested in playing for the **1990 Pop Warner Football** program is encouraged to attend the **Football Clinic** 16-27 Jul (location TBA). Ages 8-14 may participate free of charge, so find out time and place by calling 451-2177.

Children's Beginning Pouring classes will be held at the **Ceramic Hobby Shop** 12 & 15 Jul, 1100-1400 and 1500-1800. The fee is \$6.00 and includes all supplies, so learn ceramics now!

Information, Tickets & Tours

This Halloween treat yourself to a Mexican fiesta in sunny **Cancun, Mexico!** The \$539.00 (per person double occupancy) price includes roundtrip transportation and all transfers to and from the airports as well as six nights' accommodations at the beautiful Hotel Calinda located on the clear waters of the Caribbean Sea. Enjoy a wide variety of local services and sports activities. This trip takes place 26 Oct-1 Nov. Make your reservations now at ITT with a \$200.00 deposit to reserve your space.

How about **November in Hawaii** in a five star resort with championship golf courses? Fly to Maui from 20-27 Nov for seven nights and move about in your own rental car enjoying all the wonders Hawaii has to offer. For an additional \$20.00 you can have transportation from Camp Lejeune to RDU Airport. Sound terrific? The cost is only \$1250.00 per person double occupancy, so be sure to contact ITT for this fantastic package.

On the concert scene is **PHIL COLLINS!** The Dean Smith Center in Chapel Hill will play host on Sat, 1 Sep, at 2000. The price is \$23.50 and for an additional \$10 we will provide transportation. Don't miss this one!

RVL Productions presents a **NEWKIRK PARTY** starring TAANA GARDNER (Heartbeat) and NEWKIRK (Sweet You) performing Sat, 28 Jul, at the Coast Line Convention Center in Wilmington. Discounted price is \$8.50 brought to you from ITT!

Live! .38 SPECIAL, POCO & ANGEL TRAIN at the **MARLBORO MUSIC TOUR** Sat, 18 Aug, at Liversedge Field at 1500. Don't wait, get your tickets now! Advance tickets are \$3.00 and \$5.00 day of show.

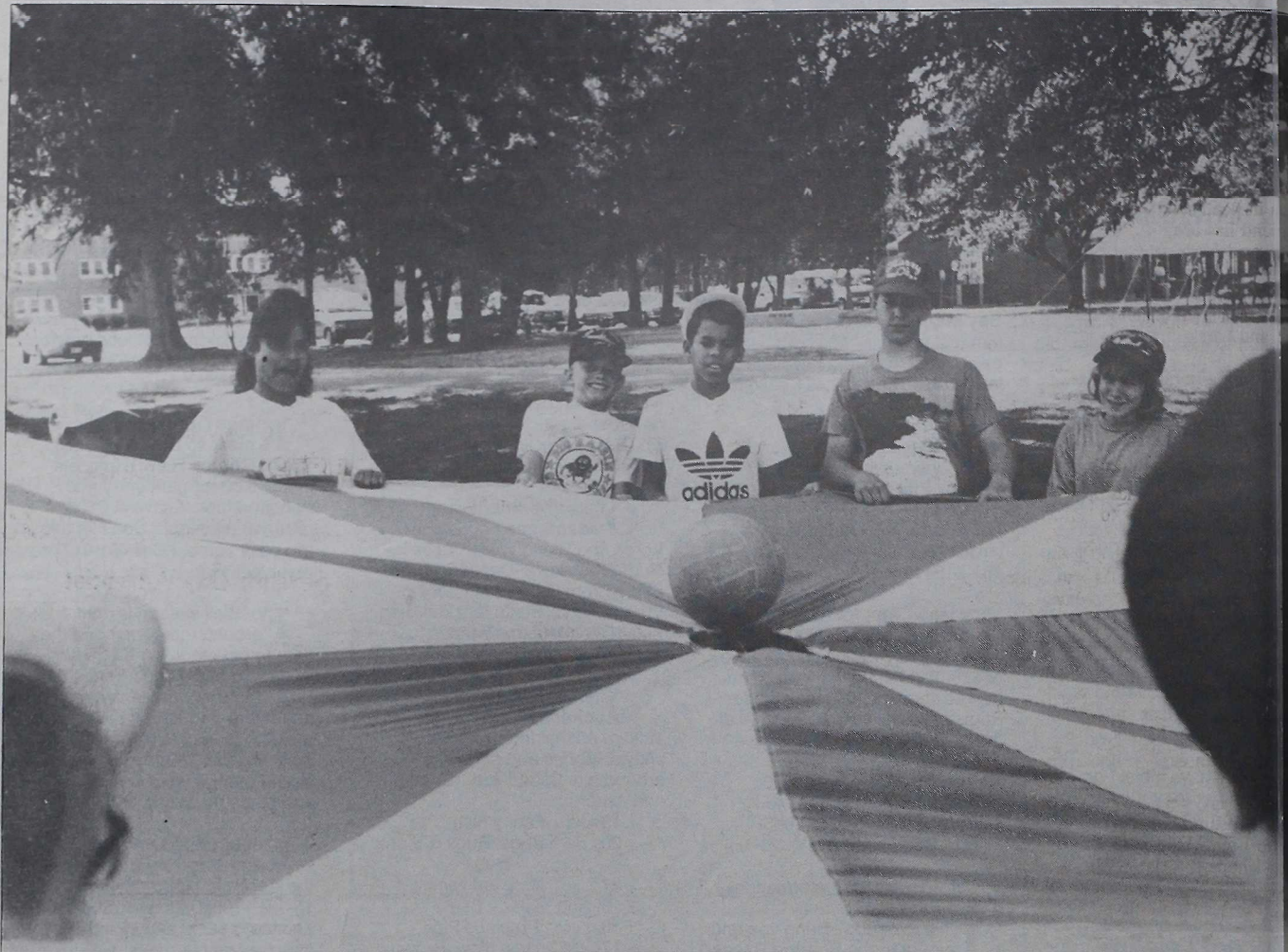
North Carolina's newest outdoor drama, **WORTHY IS THE LAMB**, is a powerful musical. Tickets are \$9.00 for adults, \$5.40 for children (7-12) and \$8.00 for seniors (62 & over).

How would you like to stay in a fabulous hotel on **Music Row in Nashville?** A deluxe motor coach will take you 19-21 Sep. For three days and two nights \$249.00 gets you roundtrip transportation, two breakfasts, a steak dinner, cocktails, cover charges and lots more. Gather all your friends for a wonderful mini-vacation to the home of the Grand Ole Opry before the deadline of 15 Aug!

Call 451-3535 for details on all tickets & tours.



FAMILY



Fifth grade students attempt to drop a volleyball through a hole in the middle of a parachute during recreation time.

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Christian Day Camp offers fun atmosphere

Story and photos by
SGT. JIM FITZGIBBONS

When students get out of school for summer vacation, the last thing most of them want is to go anywhere there might be books and teachers ... at least not before they have to start school again in the fall.

That's not the case for more than 150 kindergarten to junior high youngsters who have been attending the Christian Day Camp sponsored by the Marine Corps Base Command Religious Program. For them, the week-long program is a chance to learn something and have some summertime fun too.

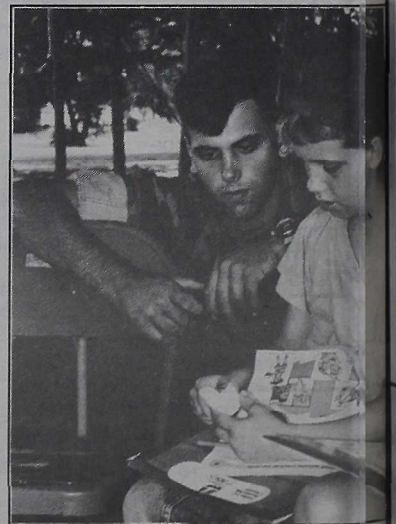
A form of religious education that's taught in a fun atmosphere, the nondenominational day camp is held each summer and staffed with volunteers who teach each age group at a level they can understand.

"Our children and volunteer teachers come from all the different chapel communities here," said Lt. Cmdr. James L. Doss, protestant coordinator. "But the whole activity wouldn't be possible without a lot of support."

In recognizing the support, the chaplain gave praise to the volunteer teachers and to the base Motor Transport Division who provided bus service to pick the children up in the housing areas.

"This camp has been going for several years and we want to thank everyone who has helped to make it possible," Doss said.

Right, LCpl. Anthony G. Fiamengo, a chaplain's assistant helps one of the students with some class work. Below, Christian Day Camp students gather in the protestant chapel.



Students play homemade musical instruments.



Minute Message
BY T.S. JOHNSON
CSC, USN

"TRUE FRIENDSHIP"

Rich in poetry and prose, true friendship has been described in many ways. But I would like to describe it. But I know it is that involvement in each other's lives. True friendship is a bond that is not broken by distance and free communication. It is a bond that can stand in the face of adversity and my being loved. True friendship is a bond that is not broken by distance and free communication.

If I never experience the joy of true friendship, I will never discover how I try to be a friend. I may never know what it is to "bend" other people to my own desires instead of trying to become themselves.

In the give-and-take of true friendship, the friction of personal enmity may make the sparks fly. I know of my "rough edges" and the opportunity to polish them. I have never get involved in an honest friendship. I can easily withdraw into my little world and never acknowledge my weaknesses.

True friendship helps me to know where I am. Only when I am with you can I hope to get where I want to go.

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COMMAND RELIGIOUS PROGRAM

Minute Message . . .

T.S. JOHNSON
IC, USN

"TRUE FRIENDSHIP"

Both in poetry and prose, the value of a friend has been described better than I could ever describe it. But one thing I do know is that involvement in true friendship brings the best out in me and encourages growth. True friendship in which there is respect and free communication brings to the surface many little and subtle forms of behavior that can stand in the way of my growth and my being loved. It is in a true friendship with others that I get to know myself.

If I never experience the free and open atmosphere of true friendship, I might never discover how I try to "lord it over others" often in the guise of "doing someone a favor." I may never discover how I subtly try to "bend" other personalities to my own desires instead of letting them be and to become themselves.

In the give-and-take of true friendship, in the friction of personal encounters which only make the sparks fly, I become conscious of my "rough edges" and have the opportunity to polish them away. But if I never get involved in an honest and open friendship, I can easily withdraw into my own little world and never learn either my strengths or my weaknesses.

True friendship helps me to be conscious of where I am. Only when I know where I can I hope to get where I want to be.

Roman Catholic

- Sunday Masses**
 St. Francis Xavier Chapel 8:30 a.m., 11 a.m.
 Tarawa Terrace Community Center Noon
 Camp Geiger Chapel 11 a.m.
 French Creek Chapel 9 a.m.
 Courthouse Bay Chapel 10 a.m.
 Naval Hospital Chapel 10 a.m.
 MCAS, New River Chapel 9:30 a.m.
 Brig 8 a.m.
- Weekday Masses (Mon.-Fri.)**
 St. Francis Xavier Chapel 11:45 a.m.
 Naval Hospital Chapel 11:30 a.m.
 MCAS, New River Chapel 11:45 a.m.
- Saturday Masses**
 St. Francis Xavier Chapel 5 p.m.
 Camp Johnson Chapel 5 p.m.
 (Spanish Mass: Fourth Sat. each month)

Baptism Class
 Will be held in the Catholic Annex, Bldg. 17A, Wed. 5 p.m. before the first and third Sun. of each month. Call unit chaplain to register.

Confessions
 St. Francis Xavier Chapel 4:45 p.m. Sat.
 (or contact the unit chaplain.)

Eastern Orthodox

- Camp Johnson Chapel, Divine Liturgy 10:30 a.m.

Islamic (Muslim Juma)

- French Creek Chapel 11:45 a.m. Fri.
 Brig 1 p.m. Fri.

Jewish

- Synagogue Sabbath Eve Service 8 p.m. Fri.
 Hebrew School 6 p.m. Mon.
 Havdalah Service 7 p.m. Sat.

Latter Day Saints (Reorg.)

- Naval Hospital Sunday Worship Noon
 (Sunday school follows)

Lutheran (WELS)

- Protestant Chapel Sunday School 3:30 p.m.
 Sunday Worship 4:30 p.m.

Protestant

- Sunday Worship**
 Protestant Chapel 9 a.m. and 10:30 a.m.
 Camp Johnson Chapel 9 a.m.
 Tarawa Terrace Community Center 10:30 a.m.
 Camp Geiger Chapel 9:30 a.m.
 French Creek Chapel 10:30 a.m.
 Courthouse Bay Chapel 11 a.m.
 Naval Hospital Chapel 9 a.m.
 MCAS, New River Chapel 9 a.m. and 11 a.m.
 Brig 9 a.m.
 Midway Park Community Center 9 a.m.
- Weekday Worship**
 Protestant Chapel 6:30 p.m. Mon.
 (LDS Family Home Evening)
 Protestant Chapel 7 p.m. Wed.
 (Chapel Fellowship and Bible Study)
- Sunday School**
 Bldg. 37 9 a.m.
 Tarawa Terrace Community Center 9:30 a.m.

Seventh Day Adventist

Call 451-3210 or 346-9713

Chapel Notes

Applications are now being accepted for the position of **Protestant Chapel Organist**. For more information, call 451-5633/3210.

A Chaplain will be available for counseling at the Midway Park Community center every Monday and Wednesday from 1 to 4:30 p.m.

24-Hour Duty Chaplain . . 451-3210

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LCpl. David Barker holds his hand to his ear to let his teammates know he wants them to shout a little louder.

MDA CAMP

A Special Place



With his face painted green, LCpl. David Barker...

With a very special warrior volunteer

Story and photos by
SGT. JIM FITZGIBBONS

Sweat poured from his forehead as the relentless sun sent the mercury spiraling above 95 degrees.

Beads of salty slime plowed paths through heavy green face paint as the combination of paint and salt stung its way into cracks at the corners of his intense, scanning eyes.

No amount of wiping seemed to slow the relentless stream of sweat covering his body like a slick film. He couldn't flush the stinging mixture from his squinting eyes either.

LCpl. David Barker was at war with the elements. Nothing in his immediate grasp could change his uncomfortable lot in life ... but he wouldn't have it any other way.

For Barker, the heat and humidity were not the only enemies. As captain of the green team, he had to help his squad overcome the yellow hordes if they were to be victorious in the color wars.

Nothing in his Marine Corps training prepared him for the unconventional battlefield he commanded. His experience gave little clues to tactics capable of winning the skirmishes he faced in North Carolina's Piedmont.

Colors wars — highlight of a week-long effort to make summer more fun for youngsters stricken with Muscular Dystrophy. As a veteran counselor, Barker played a major role in making that happen.

Volunteer counselors are the people who make the whole week enjoyable for the kids, according to Beth Forsythe, director of the MDA camp.

For Barker and the other counselors, the week started a day before the campers arrived at Camp New Hope near Chapel Hill, N.C. The day was an endless schedule of classes to reacquaint veteran counselors and familiarize first-timers with the special needs of their charges, most in wheelchairs with special medical needs.

Those special needs made for long days

for the counselors who are normally assigned one-to-one with a camper. This year, counselors were responsible for two or three campers because they lacked volunteers.

"Because we were so short-handed with counselors this year, having Dave made a tremendous difference," Forsythe said. "He and one other counselor were the ones who helped the most when it came to turning over the bigger kids in bed at night. We would have had a real time of it if it weren't for them."

Barker, who works as a chaplain's assistant at 8th Comm. Bn. here, was at the camp for his second year. He enjoys working with the campers even though at times it can be a lot of work.

"When the campers outnumber the counselors like they did this year, the day never seems to end. It's not like you put in your eight hours and go home," said Barker, a 22-year-old native of Columbus, Ohio. "During the week you're with these kids around the clock. It's up to you to make sure they're taken care of and camp

is a good ... enjoy working with ... makes campers smile and getting ... too."

For the ... Barker said with a spar ... other counselors.

A typically ... where all the ... counselors ... together. Accommodated ... it's like the Olympic ... number of events pitting ... goes to the ... head-to-head competi ... special activities ... blindfold relay ra ... time for ... and campers work to ...

After ... an obstacle course ... include boating ... other events where ... have lunch ... Forsythe said. "But ..."

noon, the ... boating ... they go back ... campers to ... wheelchairs ... ed over for ... know it th ...

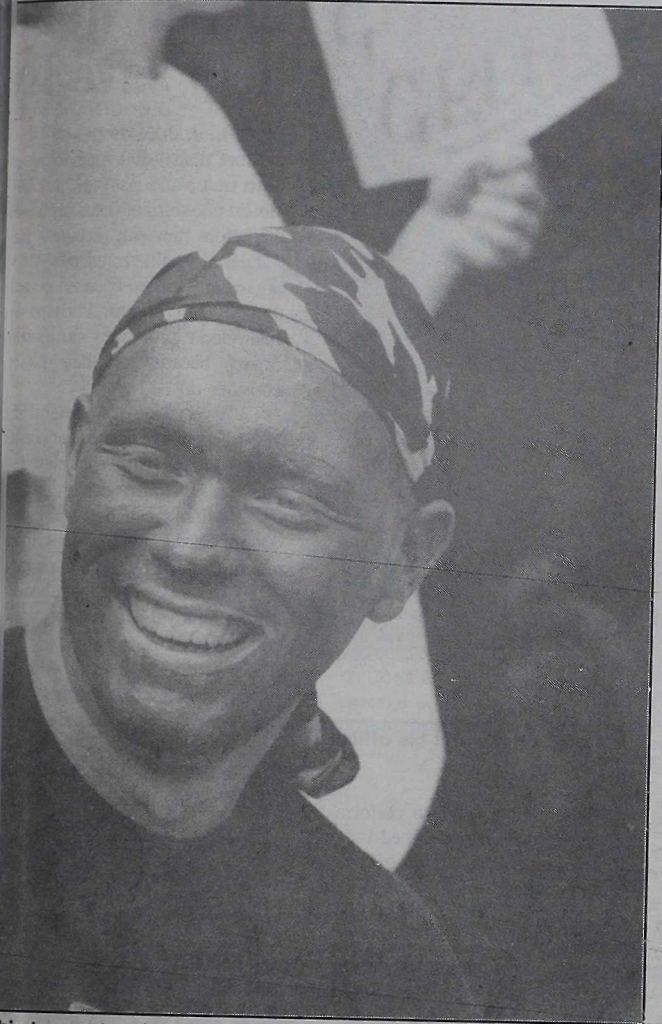
"You ... takes a lot ... Barker said ... kids. If you ... back ten-f ... from the c ...

Working ... anything ... ners as a ... supervising ... where his ... Barker ...

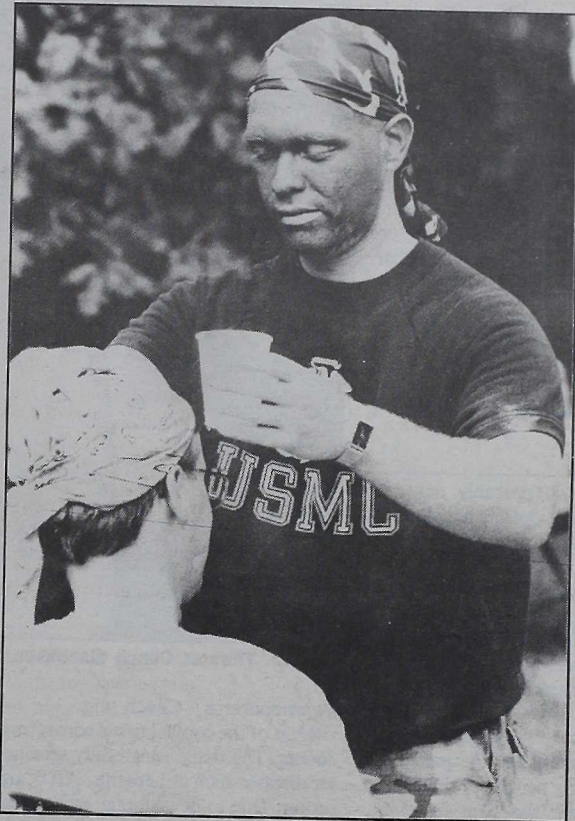
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David Barker chats with

PERS



David Barker smiles with his teammates during color wars.



In the heat of the day, counselors like LCpl. David Barker have to make sure the youngsters in their care stay cool so he pours water on a bandana for one of the members of the team.

is a good ally enjoy working with these kids. makes them smile and getting excited too." color wars makes it all worth Barker said with a sparkle in his eyes. For the other counselors. A typical color wars is where all the efforts of counselors come together. According to Barker, it's like the Olympic games with a number of events pitting the two teams in head-to-head competition. One event is a blindfold relay race where counselors and campers work together to complete an obstacle course. And a variety of other events where teams earn points isn't necessarily the way to win the war." Forsythe said. "But earning

points isn't necessarily the way to win the war." It seems Barker found the way to win even though his green team didn't fare well in the head-to-head events. "Bribing the judges is the way to win," he said. "Sure you can do it by winning events, but flattery and bribery get you everywhere in this competition. I found that out last year." Barker endured the heat, bribed the judges and led his team to victory. It wasn't a bad week for the Marine who got permissive orders to spend some time helping kids have a better summer.



LCpl. David Barker guides one of his teammates in the blindfold relay race.



David Barker chats with some of the members of the green team.

lyly include have lunch noon, the boating they go to campers wheelchairs ed over the know it "You takes a Barker kids. If back ten from the Work anything mers as a supervising where his Barker Corps later lege and however around the the MDA

FEATURE

CORNEA, FROM PAGE 1A

badly scarred. But in most cases it is a slow, healing process," he said.

Often the patients will wear contacts or prescription glasses to correct errors induced by the patient's pathology or in the surgery.

"It is scary, but there is nothing to be scared about," Kemp said. "If I thought the doctors were worried, I would have changed my mind about the operation in a heartbeat. But they were so confident."

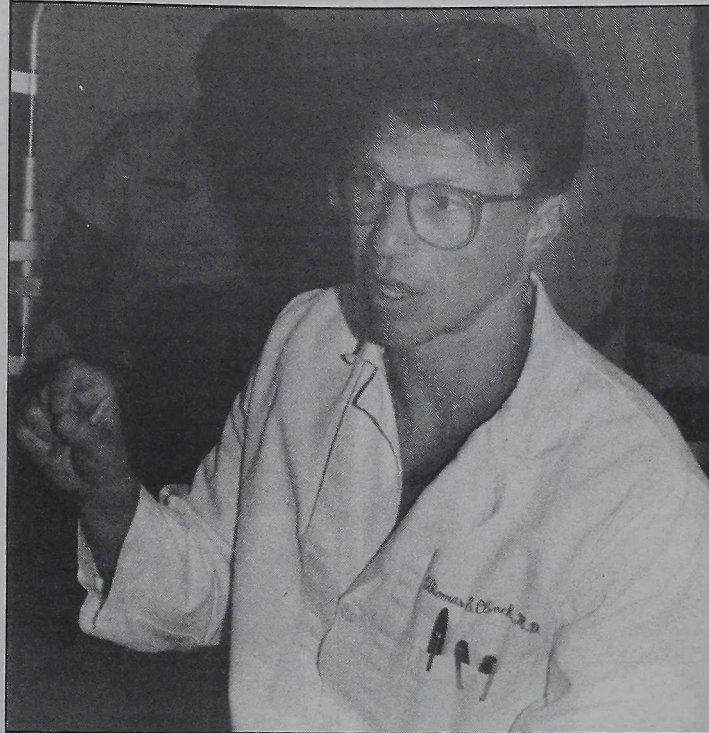
Kemp had her cornea scraped before in hopes that it would grow back clear. Unfortunately, it returned cloudy, necessitating a transplant.

"Not everyone gets a second chance ... but I did."

"My vision will probably never be 20/20, but I didn't expect that. I'm just grateful to see. Many people take eyesight for granted."

The procedure can be done in 30 minutes to two hours and requires a hospital stay of two-to-three days. The cost of the operation in a civilian hospital could be as much as \$8,000, plus follow-up care.

"We often need to remove stitches from the eyes and keep the patient on medicine for long periods of time. Even when the surgery has been successful, you have to keep an eye on patients. Rejection and infection are still



LtCmdr. Thomas Clinch discusses eye care with a patient at his office.

major concerns," Clinch said.

Most of the corneal tissue comes from donors. The tissue is carefully screened for diseases such as hepatitis, AIDS and cancer. Due to new storage techniques, the cornea can be kept for up to a week. Previously, the tissue had to be

used within two days.

"This makes it safer to perform the operation. You're not as rushed and don't need to operate in the middle of the night when everyone is tired," Clinch said.

"Not everyone gets a second chance, but I did," Kemp said.

Organ donors help save lives

BY CPL. J. JONAH COHN

More than 1,400 Americans received heart transplants last year. But each year, almost one-third of those on waiting lists die before they can receive a heart.

Every week, hundreds of organs are wasted because people donate their organs. Perhaps some of them don't know they can donate organs because of their health.

Everyone is a potential donor regardless of age or medical condition. A senior citizen with age-related changes may still have healthy organs.

Minors can carry a valid Donor Card as long as it is witnessed and countersigned by parents or guardians.

Doctors will not go ahead with organ removal without permission from the next-of-kin.

There is no cost to the donor or payment by the recipient. The Department of Health doesn't delay funerals, and there is no visible evidence of the surgery.

Organ Donor Cards are available in many states' license. If you don't have one and would like one, contact your state or write the United Network for Organ Sharing at: UNOS, 28010-RD, 3001 Hungary Springs Road, Richmond, Va. 23228

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COVER STORY

Navy captain returns to Corps after 20 years

and photos by
J. JONAH COHN

Twenty years after first serving with the Marine Corps, Navy Capt. Harvey G. Cook has returned to the Marine Corps.

Cook, now a chaplain in the Marine Corps, has a military career spanning 34 years, including a tour of duty in Vietnam.

Cook was a grade-school teacher in 1956 when he was drafted into the Army.

He had finished his first two years of active duty when he was promoted to the rank of captain.

It was a matter of being in the right spot at the right time," Cook said. "I was playing his achievement." "The Army was very grateful then."

When he got out, he went back to teaching. He worked in the Department of Defense dependent schools in Germany before

decided to enter the Episcopal seminary. It was one of those things I had to try. It wasn't an overnight thing. It was something that was bugging me for a long time, but I didn't regret it," Cook said.

After spending three years in a parish, Cook entered the Ensign Probationary Program, with

the sole intent of serving in Vietnam.

"I felt there was a real need for chaplains there," he explained. "It was a traumatic experience, but it was the most important year of my ministry I've had, civilian or military."

His uniform proudly displays a combat action ribbon and unit commendations, but he doesn't think of them as awards. He talks about the trips to orphanages and leper colonies instead.

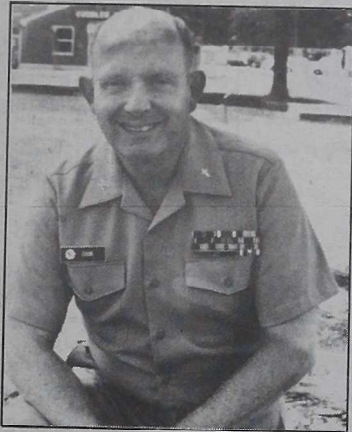
After his tour in Vietnam, he decided to get out. "I got out reluctantly, but thought it was the best."

He did stay in the reserves and drilled in Charleston, S.C. with a Navy unit.

When he moved to Phoenix, Ariz., he checked into Marine Expeditionary Force Religious 219. Although he'd already served with a Marine unit, it was mandatory that he go through the indoctrination course here.

"I think it is a real good orientation to Marine life. You have to experience it and do it to begin to understand it. Of course, you have to be a Marine to know what it's really like, but this is a good course," he said.

"Going out in the field for a few days, running the PFT and humping were all good reminders of what I've been missing," he said.



Capt. Harvey G. Cook visited Lejeune recently to partake in the Marine Reserve Indoctrination Course.



A Navy chaplain puts on his gas mask before going through the gas chamber at the School of Infantry, Camp Johnson, as part of the Marine Reserve Indoctrination Course. The 26 students visited Camp Lejeune from June 18 to 29.

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PASTIMES

Library shows movies

All branches of the Onslow County Public Library will be showing afternoon movies every Friday at 1:30 p.m. The movies are free and open to the public. For more information, call 455-7350.

E-Club sponsors fashion show

A Summer Scene 90s Fashion Show is scheduled Friday at 8 p.m. at the French Creek Enlisted Club. The show will feature summer fashions for men and

women. A dance will immediately follow the show. The fee is \$3 per person. For more information, call 451-1446.

Round table meets

The Civil War Round Table will conduct its monthly meeting July 26 at the Western Steer restaurant, Western Boulevard at 7:30 p.m. The meeting will feature a movie about the CSS *Neuse*, a Confederate Ironclad. The public is invited.

For more information, call 455-8378.

Childbirth classes slated

The Jacksonville Recreation and Park Department is offering Lamaze/Prepared Childbirth classes every Monday until July 23. The classes are conducted at the Arts and Crafts Center on East Main Drive from 7 to 9 p.m. To register, call 451-6002.

USO wants information

The USO is seeking information on the history of the Jacksonville USO. Anyone having pictures or know any interesting stories about the USO, especially during the 40s and 50s, should contact Matt Hardiman at 455-3411.

4-H offers workshops

The Onslow County 4-H Club is conducting "Hunter Safety" workshop Saturday from 9 a.m. to noon and a "Blast Off with Electricity - Rocketry" July 24 from 9 a.m. to 5 p.m. All workshops are open to youths ages 12 and over. Membership is not necessary. For more information, call 455-5873.

Program taking applications

The Human Services Directorate at Onslow Community College is sponsoring a Summer Fun Program for children, kindergarten through age 12, at Tarawa Terrace I and Stone Street Elementary schools, until Aug. 31. It is designed to provide full-day supervised care, Monday through Friday from 6:30 a.m. to 6 p.m. The cost is \$40 per week or \$10 per day for each child. Organized activities and trips are included at no additional cost. For more information, call 451-5458/5981.



Photo by LCPL. BLAYNE M. AINA

LCpl. Dick Matthews, an armorer at 8th Eng. Supt. Bn., 2nd FSSG, explains the M249 SAW feeding mechanism to Brian Koper, Southwest Middle School student, at the battalion's Family Day June 29.

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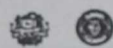
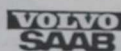
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| Shape Up | Diet |
| Bodybuilding | Swimming |
| Softball | Jazzercise |
| Rugby | Exercise |
| Nutrition | Weightlifting |
| Bicycling | Basketball |
| Soccer | Horseback Riding |
| Food | Health |
| Jogging | Aerobics |
| Football | Triathlon |

Courts-Martial

LCpl. D.G. Alexander, HQ Btry., 2nd Bn., 2nd MarDiv., was convicted at a special court-martial for UA. He was sentenced to 75 days confinement, reduction to E-1, \$1,446 forfeiture and a Bad Conduct Discharge.

LCpl. R.D. Conley, Alpha Co., 8th Motor Transport Bn., 2nd FSSG, was convicted at a special court-martial for assault with a loaded firearm and wrongfully communicating a threat to injure. He was sentenced to 90 days confinement, reduction to E-1, \$750 forfeiture and a Bad Conduct Discharge.

LCpl. J.J. Givens, H&S Co., 2/8, 2nd MarDiv., was convicted at a special court-martial for UA. He was sentenced to \$1,446 forfeiture, 90 days confinement, reduction to E-1 and a Bad Conduct Discharge.

PFC. R.B. Smith, Charlie Co., 2nd LSB, 2nd FSSG, was convicted at a special court-martial of UA and wrongful use of cocaine. He was sentenced to 90 days confinement, \$1,446 forfeiture and a Bad Conduct Discharge.

Pvt. K.R. Naillon, Service Co., H&S Bn., 2nd FSSG, was convicted at a special court-martial of UA. He was sentenced to \$1,446 forfeiture, 75 days confinement and a Bad conduct Discharge.

Names tell history of Lejeune's past

BY SSGT. S. PATRICIA GETHICKER

It's pretty easy for Marines to tell you what Tarawa Terrace and Midway Park were named for — but what about Hadnot Point?

Here are some general origins of places in the Camp Lejeune area you may not be so familiar with:

ONSLOW COUNTY—Named after Sir Arthur Onslow, a member of the British Parliament who was an active figure in the early development of the coastal area of North Carolina.

MONTFORD POINT—The property in this area was owned by Colonel Montford, a colonel in the Confederate Army. It was redesignated Camp Gilbert H. Johnson, Montford Point, Camp Lejeune, NC, in 1974. Area No. 1 is named after counties; Area No. 2 after presidents and Area No. 3 after historical black figures/places.

HADNOT POINT—A family of early settlers that bore the family name of Hadnot, were first to live in the area that is the now existing Hadnot Point. Several members of the family still live in the vicinity of Camp Lejeune.

PARADISE POINT—Originally known as Simmons Point after a family of early settlers. In the early 1930's, a small development was started by Clarence Mattocks in the Simmons Point area. After he named the development "Paradise," people gradually began calling the entire area Paradise Point. A group of streets in Paradise Point are named after famous British Generals and personalities.

MCAS (H) NEW RIVER—No data can be found on why the area was originally called Peterfield Point.

It was originally open field land under cultivation. The airfield was later designated Mc Cuthbert in honor of General Keith B. Mc Cuthbert.

CAMP GEIGER—Originally known as Camp Geiger, the name was changed to Camp Geiger authority from HQMC.

COURTHOUSE BAY—According to historical records, 5750.3C, originally known as "Marine Newburg" was one of the earliest settlements in the area. The post office was listed as Marine Courthouse. A courthouse was built there, the term Courthouse Bay became more popular.

KNOX TRAILER PARK—Named for Knox, former Secretary of the Navy.

FRENCH CREEK—Named after the creek that flows through the area. The names of the roads and boulevards were selected to honor members of the Marine Corps who had been awarded the Medal of Honor.

Many streets were originally named by the architects and engineers of the Carr and Company that designed the original installation in the 40's. Streets named after the builders in the area were Gibbs, Michael, Brown, Kramer, Bevin, and Hammond. Subsequent naming of roads was accomplished by Public Works with the approval of the Marine Corps. Names of several streets were changed. Brewster (Original CO of Marine Barracks, Camp Lejeune) Boulevard was Paradise Point; Highway 1 was Main Access Road; Robinson Road was named after Lyman Road; and Louis Road was named after the fighter Joe Louis. A group of streets were named after famous women Marines.

Pet of the Week



This week's pet is a 3-year-old male Shih Tzu. If this animal is not available, there are many others up for adoption at the Base Animal Shelter. For more information, call 451-2695.

Photo by PFC. CHRISTY L. FERRIS

CAMP LEJEU
Sun s
Scrappy A
claws way
CPL DAVE MUNDY
The disparities in SSGT. Raf
which mirrored the weather.
the skies turned black
also grew stormy when n
Newburg against his MALS-26 so
Camp Softball Tournam
at Harry Agganis F
every time it seemed
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Perez's troops
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were all smiles as his troop
winning doubleheader sw
Bn., winning b

Prepar for the MALS-26 te
Base rebou
for 4-2 vic
Story and photo by
CPL PHILIP HARING
The Marine Corps Bas
soccer team came back fr
the day before to beat
4-2 on June 29 at Liversedge
The win marked a comeb
which had only one prior pr
and a 7-2 loss to 2nd Supp
season opener before facing
Eight Marines didn't si
lose an oval disarray, howe
the first goal with HN Yar
scoring in the first minutes
MCSgt HN Vinny Nage
with an assist from Sgt. De
SEE SOCCER

SPORTS

25, Vol. 47

July 12, 1990

Passion shines through on MALS-26

Crappy Air Station squad aways way to All-Camp title

PL. DAVE MUNDY
The disparities in SSgt. Rafael Perez's team mirrored the weather. The skies turned black and foul, and also grew stormy when momentum against his MALS-26 squad in the camp Softball Tournament finals on June 29 at Harry Agganis Field. At every time it seemed a sudden squall would erupt, a fresh gust of wind kept the clouds moving. And just as it seemed Perez's troops were ready to buckle under, they scrapped their way back into the contest. By the time the sun poked through the leaden clouds, Perez's team was all smiles as his troops completed a commanding doubleheader sweep of 2nd Maintenance Bn., winning by scores of

5-4 and 7-4, to claim the All-Camp title. "These guys just refused to quit," a jubilant Perez said after the victory. "They're the first team from New River that I remember ever winning anything here. They really wanted this one." The MALS-26 squad won its title by clawing back through the consolation bracket following a 14-inning, 8-7 loss to MCES in the tournament opener. In the consolation bracket, MALS blanked 5/10 by a 4-0 count, nipped H&HS from the Air Station by a 9-8 score in another extra-inning game, and won a return match with MCES by a 4-2 margin to reach the consolation finals. Once again, MALS-26 had to dig and

SEE ALL-CAMP, PAGE 2B



Photo by CPL. PHILLIP R. HARING
2nd Maintenance Bn. catcher SSgt. R.L. Mosley (30) hangs on to the ball as the umpire signals MALS-26 runner LCpl. Jeff Christofore "out."

Changes point out progress

BY SSGT. BOB BIERI

EDITOR'S NOTE: This is the second in a series of articles by SSgt. Bob Bieri of the Family Service Center on training for triathletes.

Over the past weeks, those who have started training for their first triathlon have put their bodies through some interesting but challenging changes.

Listen to your body: it knows best. Remember to make this summer training fun. The schedule provided is merely one to use as a guideline in tailoring your own personal training regime.

As you progress, keep in mind the 5-percent rule. Do not increase your weekly totals by more than 5 percent. While that might not seem like much, simple math will tell you that in eight weeks you will double your original mileage and in 12 you can triple your mileage.

There are two points that bear consideration. One is that this is your first triathlon and your personal goal should be to finish. The second is that although it might seem like a long, slow process to increase mileage, by adhering to the 5-percent rule you reduce the risk of over-training and injury.

By the first week of August, you will be doing three times the distance of each event each week. You should be able to comfortably complete — that is, moderate intensity — 150 percent of the distance in each sport: 1.5-mile swim, 37-mile bike ride and nine-mile run.

There are other aspects of your training you should pay attention to:

□ Water. The plain and simple truth is that with our hot and humid weather, coupled with the daily demands put on your body, you need to drink plenty of water. Its importance cannot be over-stressed.

□ Eating habits. During the summer months, eat more salads and fruits and stay away from fried foods. Eat more carbohydrates: rice, pasta and potatoes. Restrict your late-night snacks, eat a good

SEE TRAINING, PAGE 2B



Photo by CPL. PHILLIP R. HARING
Members for the MALS-26 team celebrate their victory over 2nd Maintenance Bn. in the All-Camp softball finals.

Base rebounds for 4-2 victory

By and photo by
CPL. PHILLIP HARING
The Marine Corps Base intramural soccer team came back from a dismal start at the day before to beat 8th Marines 4-2 on June 29 at Liversedge Field. The win marked a comeback for Base, which had only one prior practice session and a 7-2 loss to 2nd Supply Bn. in its season opener before facing 8th Marines. The 8th Marines didn't sit around and wait in total disarray, however. They got the first goal with HN Yanover Letona in the first minutes of the game. MCB's HN Vinny Nagay came back with an assist from Sgt. Del Bornemann



8th Marines' LCpl. Patrick Brady dribbles past MCB defenders during the June 29 match.

SEE SOCCER, PAGE 2B

SPORTS

TRAINING, FROM PAGE 1B

balanced breakfast and limit, if not delete, alcohol and caffeine products.

□ Warming up and cooling down. These are a must in the tri-sport. It is essential in preventing injuries, cramps and helps aid in getting rid of the lactic acid and other waste products that have built up during your workout.

During your swim workouts, try closing your eyes to see if you are swimming straight; if not, you need to work on your stroke technique. In the race, you do not want to swim any farther than is required.

One way to help stay on course is spotting. While breathing, pick up your head as you rotate it and practice sighting in on an object (the edge of the pool, for example) so when you are in the swim portion of the race you will be comfortable picking up your head to sight the buoys. You need only to "sight" every 12-15 strokes to ensure you are on course.

A few swim tips are: (1) keep the water level about the middle of the forehead; (2) when recovering, your elbow is higher than your hand while the arm is relaxing; (3) take a full stroke — your hand should exit the water where it hangs naturally at your side; (4) your hand entry should be between your shoulder and the side of your face; (5) your hand should not cross the imaginary line down the center of your body.

Another thing to consider is a good bike fit. As your training progresses, you will acquire your riding position. Ensure it is correct. All the money you can spend on the latest equipment doesn't equal the time saved by a good aerodynamic position.

If there is any particular subject you would like addressed, please contact me at the Family Service Center, 451-5340/5417. Remember: the burden of the challenge is overcome by the elation of achievement.

TRAINING SCHEDULE GUIDELINE

WEEK 4:

- Sunday: Swim .75 mile, cycle 20 miles.
- Monday: Off.
- Tuesday: Swim 1 mile, run 6 miles.
- Wednesday: Cycle 8 miles (high intensity).
- Thursday: Swim .25 mile, run 4 miles.
- Friday: Off.
- Saturday: Cycle 15 miles, run 6 miles.

WEEK 5:

- Sunday: Cycle 25 miles, run 6 miles.
- Monday: Swim 1 mile.
- Tuesday: Cycle 15 miles (moderate intensity).
- Wednesday: Cycle 10 miles (high intensity).
- Thursday: Swim 1 mile (low intensity)
- Friday: Off.
- Saturday: Swim .25 mile, run 8 miles.

WEEK 6:

- Sunday: Swim 1.5 miles (moderate intensity)
- Monday: Cycle 20 miles, run 4 miles.
- Tuesday: Off.
- Wednesday: Swim 1 mile, cycle 10 miles (high intensity).
- Thursday: Swim .5 mile (high intensity), run 8 miles (low intensity).
- Friday: Off.
- Saturday: Cycle 25 miles, run 8 miles (low intensity).



2nd Maintenance Bn. hitter LCpl. L.R. Soto takes aim at a pitch during action in the All-Camp softball finals. Photo by CPL. PHILLIP H. HARRIS.

ALL-CAMP, FROM PAGE 1B

scratch to advance. The squad from 2nd Supply Bn. hammered out a 7-1 lead through three innings before MALS erupted for six runs in the fourth. A minor controversy with conflicting scorebooks added to the tension, but the Wingers rallied for three runs in the fifth inning to tie it, 10-10.

MALS-26 finally pulled it out, 11-10, when SSgt. Victor Fuentes slammed a one-out, seventh-inning double to score LCpl. Andres Ramirez with the winning run.

The FSSG/SRIG League champion squad from 2nd Maintenance Bn., meanwhile, stormed into the finals unbeaten in the double-elimination tourney following a 15-2 shelling of Supply in the semifinals.

Maintenance struck first with three second-inning runs, sandwiching RBI singles from SSgt. R. L. Mosley and Sgt. J. Cruz around a sacrifice fly

by Sgt. B. A. Carlton.

MALS cut the margin to 3-2 in the bottom of the frame on a single by Fuentes, a triple from Pvt. Michael Stewart and a deep fly ball from Cpl. Bill Maloney. They tied the score in the third when LCpl. Stan Misle trotted home on a single by Ramirez.

Maintenance put the pressure back on in the fifth when Cruz walked, advanced on Soto's single and scored on a fly to left by Cpl. E. K. Kvarme.

But the Wing team rallied again in the sixth. Consecutive singles by SSgt. Wilberto Papo, Misle and LCpl. Jeff Christofore loaded the bases before Ramirez pounded a ball to center that Soto couldn't handle. Papo and Misle scored with the tying and go-ahead runs, and MALS-26 held a Maintenance stand-down in the top of the seventh to log a 5-4 win.

As a strong weather front rapidly moved across the area, the second game saw

Maintenance again open a two-run inning lead before MALS-26 tied it in the second.

The Wing squad broke open a decisive battle in the fourth to score three times. The eruption was highlighted by Papo's booming two-run triple that landed to the wall in deep right-center field.

Maintenance cut the lead with runs in the fifth and seventh innings, while MALS added one in the top of the seventh, for the final 7-4 margin.

Perez credited his team's ability to limiting Maintenance to just one hit in the second game.

"Our guys were really playing hard up," he said. "They paid attention all way."

He also credited his own defense. Although MALS rapped out hits, Maintenance choked off rallies turning three double plays.

"You can't take anything away from them," Perez said. "They played a good tournament and a couple of really good games here at the end."

SOCCER, FROM PAGE 1B

and scored, tying up the game. Minutes later, Sgt. Robert J. Geyer kicked another goal from just inside the half line, giving MCB a one-goal advantage.

After a series of volleys, LCpl. Geyer rocketed the ball into the goal net, giving Base the last point in the first half.

In the second half, MCB's substitute Kevin Green anchored the lead, snatching a score off the 8th Marine goalie on a penalty kick.

Cpl. Raymond Fowler avenged the foul with a penalty kick, scoring after being fouled by Cpl. Carlos Aldonzo.

With the score 4-2, another Base foul cost them another direct penalty kick attempt by Fowler.

Base goalie LCpl. Mike Trap didn't allow the threat of an 8th Marine score.

"They got three shots against me. I knocked the first shot away but the second said I moved too soon," Trap said.

Then came the second.

"I blocked and it went straight to a crowd of players. Immediately, the ball came back to me and I deflected it over the net," he explained.



Sgt. J.D. Smith runs the second three-mile leg of a 215-mile "Research Run for Multiple Sclerosis." Marines from Scout/Sniper Plt., 1/6, began the run at Camp Geiger on June 30 and concluded the trek at Virginia Beach, Va. on July 1. Money raised by the run was presented to the Hampton Roads Chapter of MS Society.

SPORTS

AEROBIC/JAZZ EXERCISE
Aerobic classes for all ages... Call 451-2253 for details.

BASKETBALL
Lejeune varsity basketball... Call 451-3636 for details.

BICYCLING
Lejeune team is being formed... Call 451-5193 for details.

BOATING
Speed motor boat handling... Call 451-5193 for details.

SOCCER
Lejeune team is being formed... Call 451-5193 for details.

SOFTBALL
Lejeune team is being formed... Call 451-5193 for details.

SPORTS

SPORTS SHORTS

AEROBICS/JAZZEXERCISE
aerobics classes for all authorizations at the Area 3 Gym. Call 451-2253 for details.
Classes at Tarawa Terrace Community Center. Call 451-2253 for details.
Classes Mondays, Wednesdays and Fridays at Marston. Call 451-5052 for details.

BASKETBALL
Lejeune varsity basketball through Sunday. For details, contact Sgt. Williams at 451-3636.
Summer intramural basketball Monday. For information, contact Special Services Director, 451-3636.

BICYCLING
racing team is being formed for Div. Call 1st Lt. Matthew Nelson 4602/3193.
National Military Cycling Championship 1-2 at Fort Carson, Colorado. Include 100-km road race, 20-km time trial and 30-mile criterium. U.S. coaches will conduct a clinic. For information, write Headquarters, Outdoor Recreation Building 6225, Fort Carson, CO 80119 or call 1-(719) 579-2083.

BOATING
Advanced motor boat handling classes

offered every Saturday. For details, call 451-8307.
Gottschalk and Courthouse Bay Marinas will offer Coast Guard-approved safe boating classes. Contact either marina for details.

BODYBUILDING
Cherry Point Invitational Bodybuilding competition, Saturday, MCAS Cherry Point. For information and applications, call 1-(919) 466-2304 or 466-4018.

BOXING
Friday Night Fights Under the Lights, Main Athletic Field, MCAS Cherry Point, 7 p.m. July 27. For details, call 1-(919) 466-4284.

FOOTBALL
1990 Dependent Youth Football and Cheerleading program registration, from 9 a.m.-noon Saturday and July 21 at Goettge Memorial Field House, thereafter from 2-4 p.m. Monday through Friday at Marston Pavilion. Dependent youth ages 8-14 are eligible. For details, contact the Athletic Office at 451-3636.
Pre-registration youth football clinic, Monday through July 27 from 4-6 p.m. each day at the Tarawa Terrace I football field, free to interested participants. For more information, call 451-3636.

GOLF
American Lung Association of North Carolina Golf Privilege Cards available. A \$30 contribution entitles card holder to play one round at each of 52 participating clubs in eastern North Carolina with no green fee. For details, call 1-(919) 395-5864 or write ALANC-Cape Fear Region, P.O. Box 3577, Wilmington NC 28406.
All DoD employees and retirees are eligible to use the Paradise Point Golf Course. To set up tee times, call 451-5445.
Golf lessons on video are available at the Paradise Point course. Call 451-5445 for details.
The 11th Annual All Service E-9 Golf Tournament is being held Aug. 15 at MCCDC Quantico, Va. For details call SgtMaj. R. A. Candelario, autovon 278-2351.

HORSEBACK RIDING
Units conducting Family Days may contact the Base Stables at 451-2238 to schedule pony parties.

MARTIAL ARTS
The Camp Lejeune/MCAS Judo Club offers free lessons at Building AS-226, MCAS New River. For details, call Ed Srejtter at 353-4271.
Free Okinawa Kenpo Karate classes offered at the base squash court. For details, call GySgt. Raspberry at 353-6405.
Karate classes scheduled Tuesdays and Thursdays at Marston Pavilion. For details, call 451-1521.

RUNNING
The Jacksonville Roadrunners Club sponsors Saturday morning runs. For information, call 577-7402.

SHOOTING
Recreational Shooting Club now forming at McIntyre Skeet Range, open to active duty, retirees and civilians. For details, contact Mike Stanton at 326-6204.

SOCCER
Camp Lejeune United Soccer Club is looking for varsity players to compete on traveling team. For details, contact SSgt. Cisneros at 451-7327/7329.

SOFTBALL
Adult co-rec and women's leagues, sponsored by Jacksonville Recreation and Parks Department. For details, call 455-2600.
Men's summer intramural softball league begins play Aug. 7. Organizational meeting July 31. For details, contact base Special Services at 451-3636.
Over-The-Hill intramural softball begins play Aug. 12. For details, contact base Special Services at 451-3636.
Intramural Co-Ed league now forming. Call 451-1521 for information.
Softball tournament, July 21-22 at Joe Morgan field behind Marine Chevrolet in Jacksonville. For details, contact Keith Campbell at 455-4521 or Keith Kaschalk at 346-1331.

SWIMMING
Swimming lessons and women's water aerobics available at Area 2 pool. For information, call 451-2253.
Swimming lessons and aquatic activities available at Camp Johnson, Area 2 and Tarawa Terrace pools. To register, call 451-2253/1441.
Special Services is sponsoring an Aquatic Day Camp for kids ages 10-16. For details, call Sam O'Leary at 451-1441.

TRIATHLON
The Camp Lejeune Toughman Triathlon will be held Sept. 1. For details, call 451-2094/2108

YOUTH PROGRAMS
Jacksonville Recreation and Parks Department is offering a number of youth and athletic programs throughout the summer. For information contact, Jean Cole at 455-2600, ext. 262.

COREBOARD

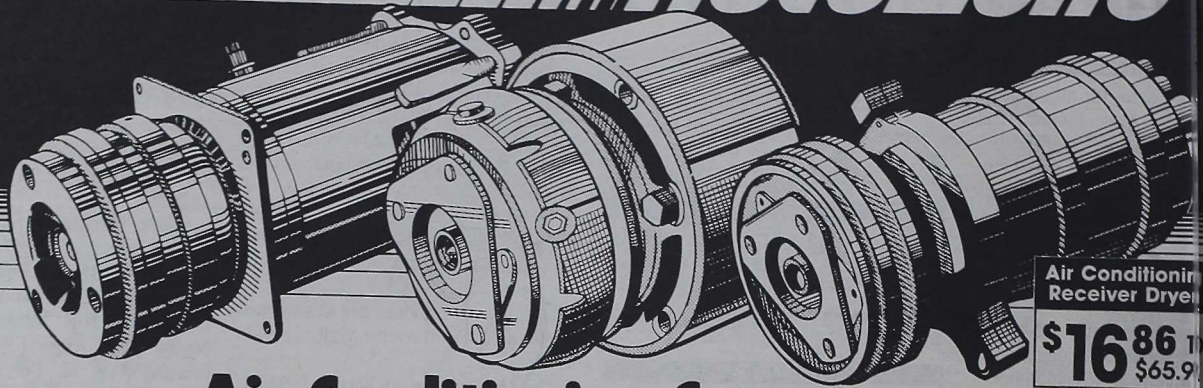
INTRAMURAL SOFTBALL		PLAYOFFS	
Giants	5 9	8th Comm	0 10 0
Cardinals	2 10		
Braves	2 12		
BRONCO LEAGUE			
Yankees	14 1	HqDiv	8 2 1
Pirates	13 2	HqSpt "A"	6 3 0
Astro	8 6	2nd CEB	4 4 1
Dodgers	7 7	MCES	4 4 1
A's	7 7	2nd Mar	3 6 0
Giants	4 10	Brig Co	2 7 0
Blue Jays	3 11	NavHosp "B"	1 7 1
Padres	1 13	HqSpt "B"	1 6 0
INTRAMURAL RUGBY			
	W L		W L T
A's	10 2	MCAS	0 0 0
Pirates	6 7	HAS FSSG	0 0 0
Peds	4 7	2nd Tanks	0 0 0
Mets	4 8	2nd Maint	0 0 0
		10th Marines	0 0 0
		RSU-MCB	0 0 0
YOUTH SOFTBALL			
	W L		W L GF GA
Minor League	12 3	2nd Supply	3 0 21 8
Pink Panthers	10 5	MCAS	2 1 13 12
Sluggers	7 7	8th Marines	2 1 14 9
Dixie Darlings	7 7	HqSpt MCB	2 1 12 9
Angels	0 14	HAS FSSG	1 1 5 6
		MCSSS	1 1 10 7
		2nd LSB	1 2 11 13
		8th Engineers	0 2 4 12
		3/2	0 3 3 18
INTRAMURAL GOLF			
	W L		W L T
Major League	15 0	Thursday, June 28	
Blackbeards Galley	10 3	MCAS 5, MCSSS 4	
Blue Jays	10 3	8th Marines 5, 2nd LSB 4	
Red Sox	7 7	2nd Supply 7, HqSpt MCB 2	
Phillies	5 9	HAS FSSG 3, 3/2 2	
Mets	4 10	Friday, June 29	
Heartbreakers	1 13	2nd Supply 9, 3/2 1	
		HqSpt MCB 4, 8th Marines 2	
		MCSSS 6, 2nd LSB 3	
		MCAS 5, 8th Engineers 3	
		Monday, July 2	
		8th Marines 7, 8th Engineers 1	
		2nd Supply 5, MCAS 3	
		2nd LSB 4, HAS FSSG 2	
		HqSpt MCB 6, 3/2 0	
FINAL STANDINGS			
	W L		W L T
FSSG/SRG LEAGUE	8 12	8th MT	5 1 1
2nd Rad	5 13	2nd Rad	7 1 1
2nd Maint "A"	3 16	2nd Maint "A"	6 2 1
2nd Med	2 18	2nd Med	6 3 0
2nd SupBn	6 3 1	HqSpt MCB 4, 8th Marines 2	
HAS Bn	5 4 0	MCSSS 6, 2nd LSB 3	
8th Eng "A"	5 5 0	MCAS 5, 8th Engineers 3	
8th Eng "B"	4 4 1	Monday, July 2	
SPRG	4 6 0	8th Marines 7, 8th Engineers 1	
2nd LSB	3 6 1	2nd Supply 5, MCAS 3	
2nd RVP	7 7	2nd LSB 4, HAS FSSG 2	
2nd Maint "B"	5 9	HqSpt MCB 6, 3/2 0	



Chris Withrow shows off his skating prowess at the Camp Lejeune Youth Center. With school out, more time is left for the less academic pursuit of fun.

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10.99

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15.88
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19.99
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 Black, blue, gold, red or grey. #1073.
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2.88

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STP Oil Treatment 15 oz.
 Everyday price - \$1.39. Mail-In Rebate - .75¢.
64¢

Pyroil Brake Fluid 1 quart.
2.97

Our Best Price EVERYDAY

Exxon Superflo Motor Oil High Performance
 10W-30, 10W-40, 20W-50 or 30HD. Limit 3 cases.
73¢ QT.

Havoline
 10W-30, 10W-40, 20W-50, 30HD. Everyday single qt. price - 83¢.
 Everyday Case Price 9.96. Mail-In Rebate - 3.00.
6.96 CASE
 Your Cost After Rebate

Our Best Price EVERYDAY

Zerex Coolant Limit 6 gallons.
 Everyday Price 4.49. Mail-In Rebate - 1.50.
 Your Cost After Rebate **2.99** GAL.

Prestone Advanced Formula Limit 6 gallons.
 Everyday Price 5.96. Mail-In Rebate - 1.50.
 Your Cost After Rebate **4.46** GAL.

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Ride of the decade



Legacy Wagon

Legacy Sedan

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Eat Smart, Eat Right. A light, tasty platter featuring crisp garden vegetables, lowfat cottage cheese, and strips of char-broiled fajita chicken breast.

Peking Chicken Salad. The flavors of the Orient are combined in this exotic sesame ginger chicken salad.

Fettuccine Primavera Al Pesto. Fresh garden vegetables steamed with garlic, on a bed of fettuccine in pesto sauce.

Santa Fe Chicken Salad. Featuring sauteed chunks of chicken marinated in Southwestern spices.

Come in to Applebee's soon and order from our new Lighter Menu. And join all your neighbors who have seen the light!



Neighborhood Grill & Bar
America's Favorite Neighbor.™

476 Western Blvd.
Jacksonville, NC

Tony's
Pizza



353-8666

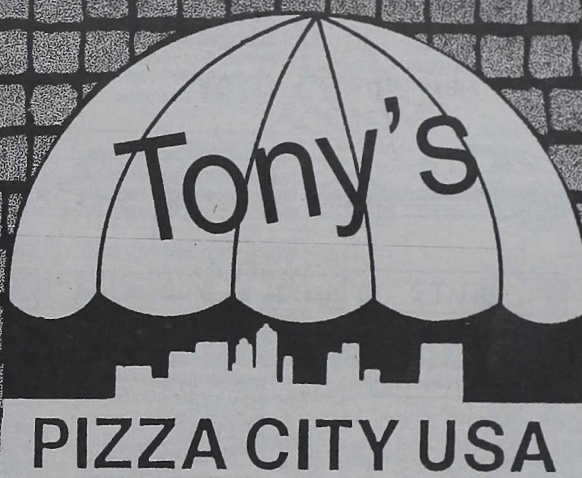
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Tony's
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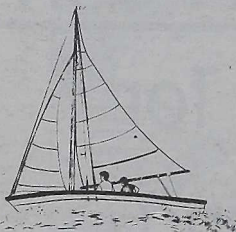
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Sailboat for sale, compact - 23'. Call 726-7234.



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\$5,000 MONTHLY: Home mailing Program. Guaranteed Earnings. *Start ASAP. Details/write: McAction, Inc. Box 5540, New Bern, NC 28561 LEASE!

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CARDINAL	1	2	3	4	5	6	7	8	9
10	10	10	10	10	10	10	10	10	10
COMPETITION	0	0	0	0	0	0	0	0	0

1990 ALL STAR LINE-UP

<p>54K 821-741</p> <p>1990 SENTRA</p> <p>98⁰⁰ PER MONTH</p> <p>60 month owner option plan, \$1300 CASH DOWN or TRADE. Price \$6663 plus tax & tags plus 1st payment & security deposit.</p>	<p>54K 814-148</p> <p>1990 HARD BODY TRUCK</p> <p>99⁰⁰ PER MONTH</p> <p>60 month owner option plan, \$1300 TRADE IN or CASH DOWN. Price \$7923 plus tax & tags plus 1st payment & security deposit.</p>
<p>54K 402-108</p> <p>1990 MAXIMA GXE</p> <p>245⁰⁰ PER MONTH</p> <p>60 month owner option plan, \$2000 TRADE or CASH DOWN. Price \$14,400 plus tax & tags & 1st payment & security deposit.</p>	<p>54K 426-134</p> <p>1990 PATHFINDER 4x4 4 Door</p> <p>269⁰⁰ PER MONTH</p> <p>60 month owner option plan, \$2000 CASH DOWN or TRADE IN. Price \$18,000 plus tax & tags, plus 1st payment & security deposit.</p>
<p>54K 927-799</p> <p>1990 STANZA XE</p> <p>219⁰⁰ PER MONTH</p> <p>60 month owner option plan, \$1300 TRADE or CASH DOWN. Price \$11,400 plus tax & tags plus 1st payment & security deposit.</p>	<p>54K 103-009</p> <p>1990 240 SX SE</p> <p>220⁰⁰ PER MONTH</p> <p>60 month owner option plan, \$1300 CASH DOWN or TRADE IN. Price \$11,400 plus tax & tags plus 1st payment & security deposit.</p>

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'87 NISSAN Maxima, Auto, A/C, AM/FM, Cass, Loaded, W/AS \$11,900 NOW \$10,988	'87 DODGE Delaware, 3-Door, Auto, A/C, AM/FM, V6, W/AS \$24000 NOW \$4988	'89 PONTIAC Sundance SE, AM/FM, Cass, sun, AC, W/AS \$24000 NOW \$7988
'87 GMC Savvy, Chevy Truck, Auto, P-18, P-18, A/C, AM/FM, Cass, W/AS \$16,000 NOW \$9988	'86 MERCURY Comet, 3-Door, 1-Door, A/C, Loaded, W/AS \$24000 NOW \$5988	'86 HONDA Accord SE, AM/FM, V-6, AC, C/Glass, W/AS \$24000 NOW \$7988
'87 TOYOTA 800, 8 speed, 1-Door, AM/FM, AC, W/AS \$24000 NOW \$8488	'85 NISSAN 800, 8 speed, A/C, AM/FM, W/AS \$24000 NOW \$5488	'87 NISSAN Sentra, 800, 8 speed, AC, AM/FM, Cass, W/AS \$24000 NOW \$5488
'88 FORD Temper, 800, 1-Door, 8 speed, 2-Door, A/C, AM/FM, Cass, W/AS \$24000 NOW \$7488	'87 FORD Temp, 800, Auto, AC, W/AS \$24000 NOW \$5488	'87 NISSAN Sunrunner SE, Loaded, V6, sun, W/AS \$12,000 NOW \$12,488
'89 PLYMOUTH Sundance, Auto, A/C, AM/FM, W/AS \$24000 NOW \$7988	'88 SUBARU Justy 4 speed, auto, sun, W/AS \$24000 NOW \$3988	'86 CHEV Cavalier 4 Dr, Auto, AC, AM/FM, Cass, W/AS \$24000 NOW \$4988
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
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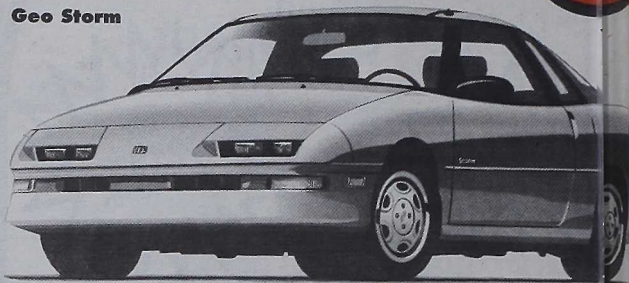
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Marine

CHEVROLET-GEO-DAIHATSU
 455-2121
 475 MARINE BLVD. JACKSONVILLE, FL

WR
 THE PRINCE
 "An enthralling and moving... of a Marine heroism... ever in the annals of war and of military men should - John (with Anthony of The Guards a...
 Portraits a... at th... Marine Corps July 12,
 Years from now, you'l... had your child's portr... by Regal. We use KOI... paper for quality tha... lasts...
 And whenever you h... portraits made, look... the KODAK symbol... your assurance of... lasting quality.
 The Times Your Life
 REGAL STUDIOS
 This ad does not express co... product or services by the... Federal Government. MW



Autograph Session
With
The Hero of the Novel

"The Bridge At Dong Ha"

THE BRIDGE AT DONG HA

"An enthralling and moving account of a Marine officer's heroism... everyone interested in the annals of war and in the bonding of military men should read this book."

- John de St. Jorre

co-author
(with Anthony Edgeworth)
of *The Guards* and *The Marines*



"A stirring account of raw heroism—war with all the bark on — told with rich eloquence."
-Victor H. Krulak, author of *First to Fight*

"Blood - and - guts tale of John Ripley's heroic demolition of a strategic bridge on Easter Sunday, 1972, in Vietnam."
- Kirkus Reviews

Mfg. Sugg. Retail \$16.95
MXC SALE \$11.95

NAVAL INSTITUTE PRESS

Meet Him
On 13 Jul from 1130-1300
at the Main Exchange.

Portraits available
at the
Marine Corps Exchange
July 12,13,14.

\$3 OFF WITH THIS COUPON

MWR

Morale Welfare Recreation
Services Division
Marine Corps Base
Camp Lejeune, N.C.

Beautiful Portraits

Years from now, you'll be glad you had your child's portrait made by Regal. We use KODAK paper for quality that lasts...

And whenever you have portraits made, look for the KODAK symbol, your assurance of lasting quality.



Our regular \$10.95 portrait package includes one 8 x 10, two 5 x 7's and eight wallets on your choice of background, and now it's only...

\$7.95

WITH COUPON
Regularly \$10.95

All ages and family groups welcome. \$1 sitting fee per person when photographed. Poses our selection for the advertised special. Limit one special per subject. Not available with other offers.

These Days Only:

Thurs., Fri., Sat.
July 12, 13 & 14

10:00 am-5:00 pm

Marine Corps Exchange



REGAL
STUDIOS

This ad does not express or imply an endorsement of the sponsor or its products or services by the U.S. Marine Corps or any other part of the Federal Government. MWR reserves the right to correct printing errors.

VOLKSWAGEN MAZDA PEUGEOT BUICK CHEVROLET FORD MUSTANG JAGUAR MERCEDES MAZERRATI LAMBOURGHINI PONTIAC SAAB VOLVO BMW

**WE SELL
CARS ON
CONSIGNMENT**
347-7377

JAKE'S

**BEST CASH
PRICES IN
SLOW COUNTY**
347-7377

CAMARO TOYOTA NISSAN MITSUBISHI VOLKSWAGEN MAZDA PEUGEOT BUICK CHEVROLET FORD MUSTANG JAGUAR MERCEDES MAZERRATI LAMBOURGHINI PONTIAC SAAB VOLVO BMW CHRYSLER CAMARO TOYOTA NISSAN MITSUBISHI CAMARO

77 GMC TRUCK
V-8, Automatic, A/C, Power Steering, Power Brakes, AM/FM Radio. Good Condition



1978 FORD F-150 4x4
351 cu. in. Automatic, AM/FM Cassette, Sliding Rear Window



1985 Ford Tempo
Automatic, A/C, 4-door, AM/FM Cass., ex. cond.



1980 Dodge D-50
Auto, A/C, AM/FM cassette, sunroof, bucket seats, package. Great For Work or Play!



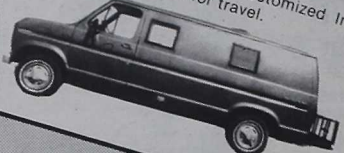
1981 Pontiac Firebird
Auto, A/C, Tilt, Cruise, Alpine Stereo cassette player & speakers Just In Time for Summer!



1980 LINCOLN CONTINENTAL TOWN CAR
Auto, AM/FM Tape, Power Windows, seats, steering, Brakes, etc., Fully Digital. This car has Everything!



1980 FORD ECONOLINE
3 Sp. & Overdrive, AM/FM Customized Interior, Great for travel.



1966 Ford Fairlane - 500
Original 289, Auto, Bucket seats, wheels



1974 VW BEETLE
4-speed, AM/FM Cassette, Excellent Condition **LOW MILEAGES!**



1984 Pontiac Fiero
Auto, A/C, AM/FM Cassette



1979 TOYOTA CORONA WAGON
5 Speed, A/C, AM/FM Cassette, Luggage Racks..



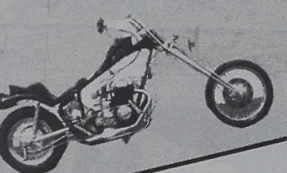
1980 HONDA ACCORD
5 Speed, A/C, AM/FM Cassette, Low Miles...



1982 Mazda RX-7
5 speed, AM/FM cassette, sunroof, 76 K miles, one owner Excellent condition!



1976 HONDA CHOPPER 750CC
Fully Customized



1979 MG Midget
4 sp, 4 cyl., convertible, AM/FM Cassette



1974 Mercedes Benz 280SE
4-speed, 4-door, AM/FM, New paint, Luxury for less



1985 CHRYSLER NEW YORKER
Auto, A/C, Tilt, Cruise, Power Seats, Windows, Locks, Mirrors, AM/FM Cassette, Royal Blue Crush Velvet Seats. Must See!



1984 Nissan Sentra
5 speed, AC, 4-door, am-fm, cassette, very low miles



1978 OLDS OMEGA SX
V-8, Automatic, A/C, AM/FM Cassette, Paint & Tires



1968 MUSTANG COUPE
289 cu. in. V-8, Automatic



1970 PLYMOUTH DUSTER
Automatic, 440 cu. in. Magnum, 750 Dual line holley



1983 Ford Mustang
Auto, AM/FM Cassette, A/C, Tilt Wheel, Sharp



1986 Nissan Sentra
Auto, 2-door, A/C, AM/FM Cassette, Low miles, Extra Clean



1985 VW Jetta GL
5 sp., A/C, AM/FM cassette, 4 dr., cloth interior, cruise control, MUST SEE!



1984 PLYMOUTH COLT GTS TURBO
4 Speed, Overdrive, AM/FM Cassette, Plus EQ, Cloth Interior



1982 Datsun 280ZX
Auto, A/C, AM/FM Cassette, T-tops, Cruise, Low Miles



1983 Chevy Monte Carlo
Auto, V-8, A/C, AM/FM, Very Clean

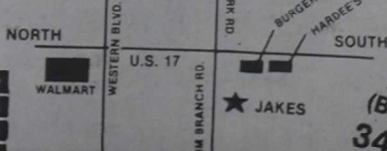


1966 Ford Fairlane
500 Convertible Original 289, Automatic, Power roof, new tires.



ASK FOR
DETAILS
ABOUT OUR
NEW
FINANCING
PLAN!

**TOP DOLLAR
FOR TRADE-INS**
**\$100.00 OFF ANY
VEHICLE IN INVENTORY!**
Must Present Ad



**BANK & CREDIT UNION
FINANCING ON LOT FINANCING
100% TO QUALIFIED BUYERS
705 Gum Branch Road
(Behind Burger King)
347-7377**

VOLKSWAGEN MAZDA PEUGEOT BUICK CHEVROLET FORD MUSTANG JAGUAR TOYOTA NISSAN MITSUBISHI PEUGEOT BUICK TOYOTA NISSAN MITSUBISHI

HEARST
Brand M
Brand
ZERC
HOM
STER
KENW
Want just one re
work your TV, VO
system? Now you
1980 brand new
systems come eq
"Universal" remo
can work any TV
ALL KEN
SHARP
FROM SHARP MINDS
COMES SHARP PRODUCT
KENWOOD
KCC-92R
\$100
ANY KENWO
RAC
Good
CREDIT LINES
E-1 \$1,30
E-2 \$1,50
E-3 \$1,80
E-4 \$2,10
E-5 & UP \$2,50
*Pay



FREEDOM

T V & S T E R E O



HEAT OF THE SUMMER SALE

Brand New 1990 Car Stereo Systems from \$29⁰⁰ Month!

Brand New 1990 Home Stereo Systems just Arrived!

ZERO DOWN...NOTHING DUE 'TIL SEPTEMBER!

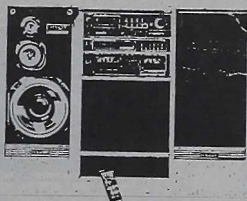
**LOW, LOW MONTHLY PAYMENTS ...
ON-THE-SPOT MILITARY FINANCING ...
0.0% INTEREST AVAILABLE****

**HOME DEPARTMENT
STEREOS, TVs • VCRs**

**COMPLETE CAR STEREO
DEPARTMENT**

KENWOOD

Want just one remote that can work your TV, VCR and stereo system? Now you've got it! The 1990 brand new Rack Stereo systems come equipped with a "Universal" remote control that can work any TV or VCR.



ALL KENWOOD RACK SYSTEMS

SHARP
FROM SHARP MINDS
COME SHARP PRODUCTS™

25" SHARP TV

Monitor Style with 32 function random access. Infrared remote control.

\$56⁰⁰ mo.*



25RV79

KENWOOD CD PLAYER W/TUNER

Kenwood's Top Of The Line Player



KDC-92R

Only **\$58⁰⁰** per month

THEFT PROOF "PULL-OUT" KENWOOD

\$29⁰⁰*

mo. + tax



KRC-310

**PROFESSIONAL INSTALLATION
ON-SITE AVAILABLE**

140 WATT CAR AMP



KAC-720

KENWOOD **\$19⁰⁰*** mo.

12" SUB-WOOFER



KFC-W212

300 WATT
\$13⁰⁰* mo.

CAR ALARM

Remote control with glass sensor and ignition kill.

\$26⁰⁰* mo.



KPC-40

\$100⁰⁰ Off

ANY KENWOOD SPECTRUM RACK SYSTEM

Good thru 7/31/90

\$50⁰⁰ OFF!

KENWOOD KDC-200 COMPACT DISC CHANGER
10 DISC CAPACITY

Good thru 7/31/90

\$50⁰⁰ Off

ANY CAR STEREO (Deck & Speakers) SYSTEM OR CAR ALARM

Good thru 7/31/90



FREEDOM

T V & S T E R E O



CREDIT LINES

E-1	\$1,300
E-2	\$1,500
E-3	\$1,800
E-4	\$2,100
E-5 & UP	\$2,500

INSTANT MILITARY FINANCING

**WE'VE MOVED!!!
JACKSONVILLE NEW LOCATION**

1251 Lejeune Blvd. 353-6090


200 Roosevelt Blvd. 447-4285
Havelock, NC 28532

CREDIT LINES

E-1	\$1,300
E-2	\$1,500
E-3	\$1,800
E-4	\$2,100
E-5 & UP	\$2,500

*Payment Based on 10% Down Payment with 18 months to pay. Interest Charge of 13.50% APR

**GREAT Food
Good Times
That's RUCKERJOHNS**



A RESTAURANT...AND MORE...

SUN 10-10
MON THRU THUR 11-10
FRI 11-11
SAT 10-11

1305 N. MARINE Blvd.
Jacksonville, NC
347-7505

**LEARN
TO FLY!**



**SOLO SPECIAL*
\$450⁰⁰**



ALBERT ELLIS AIRPORT
JACKSONVILLE, NC
*Limitations Apply
324-2500

**"After the Fact" is too late
to discover your spouse is
under-insured. For a free
military benefits analysis, call**

1-800-345-2113

United Services Life Companies
Members of USLICO Corporation
The Professionals!

SUMMER TRAVEL BARGAINS



CRUISES

Mexico	5 nights	\$669
Caribbean	7 nights	\$995
Bahamas	3 days	\$395



AIRFARES

New York	\$178
San Francisco	\$278
Oriando	\$156


Restrictions Apply Includes Airfare PP/DBL OCCP



Travel Agents International
We're with you all the way. **353-0446**
343-E Western Blvd., Jacksonville (Across From Jacksonville Mall) **1-800-562-8220**

Low Cost Rentals

- Rent by the day, week or month
- Our rates qualify for insurance replacement on allowances
- Most major credit cards accepted
- No credit cards required



RENT-A-CAR

Sanders Ford
1135 Lejeune Blvd.
455-1911

RENT A NEW FORD



HOT?



**Cool Off With
Yamaha's Sizzling Deals For Sizzling Days!**

**\$300 REBATES ON
FZR600s - RADIAN YX600s - FJ1200s**

**\$200 REBATES ON
ROUTE 66 XV250s**

YAMAHA OF JACKSONVILLE

REBATES CAN BE
USED AS PART OF
YOUR DOWNPAYMENT

YAMAHA
Go your own way.

925 N. MARINE BLVD.
455-0124

Hour Photo
Jacksonville Mall •
Special
All Fr

PACKAGE "A" - \$
THREE 5 x 7's, TWELVE
COMPARABLE VALUE

PACKAGE "B" - \$
THREE 8 x 10, TWO 5 x 7
COMPARABLE VALUE

PACKAGE "C" - \$
THREE 8 x 10's, TWELVE
COMPARABLE VALUE


PACKAGE "D" - \$
TWO 8 x 10's, FOUR 5
COMPARABLE VALUE

PACKAGE "E" - \$
ONE 11 x 14, TWO 8 x
TWELVE WALLETS
COMPARABLE VALUE

FOR
SPEC
FOR

1:00 to 7:00 Monday
11:00 to 7:00 Sat
1:00 to 5:00 Sun

"Life
that's n
th



Hull Insurance Ag
Jerry Hull, A
455-5444

Be a good neighbor. State

Power
M

That's what custom
the Leading Edge Model
horse: running at 16 mph, 1
type of memory, 40mb hard
rechargeable internal battery
enough, a 2400 bps m
ports: one port for an external
adapter, printer, serial devic
needed for the road and the

SOFTWA
C.O.M.P

Hour & Portrait Photo Studio

Jacksonville Mall • Jacksonville • 919-353-3300

Special Packages

All From One Pose

PACKAGE "A" — SAVE \$3.00
THREE 5 x 7's, TWELVE WALLETS
COMPARABLE VALUE 16.00) **\$12.98**

PACKAGE "B" — SAVE \$4.00
ONE 8 x 10, TWO 5 x 7's, TWELVE WALLETS
COMPARABLE VALUE 28.00) **\$15.98**

PACKAGE "C" — SAVE \$6.00
THREE 8 x 10's, TWELVE WALLETS
COMPARABLE VALUE 28.00) **\$21.98**

PACKAGE "D" — SAVE \$9.00
ONE 8 x 10's, FOUR 5 x 7's, TWELVE WALLETS
COMPARABLE VALUE 37.00) **\$27.98**

PACKAGE "E" — SAVE \$12.00
ONE 11 x 14, TWO 8 x 10's, TWO 5 x 7's, AND
TWELVE WALLETS
COMPARABLE VALUE 47.00) **\$34.98**

PROOF SET
FOUR 3½ x 5 PRINTS
SPECIALLY PRICED
FOR ONLY . . . **\$9.98**



10:00 to 7:00 Monday thru Friday
11:00 to 7:00 Saturday
1:00 to 5:00 Sunday



"Wish I'd known then what I know now."

Talk to a lawyer first!

If you are injured in a car or other accident, insurance adjusters may press you to sign certain release forms. Once you sign, such documents may eliminate or reduce the compensation you receive for your injuries, pain and suffering. Don't sign anything! First, call us to find out your legal rights. There is no charge for the call, and no charge for our legal services unless your case is settled or won.

LAW OFFICES
The Coxe Legal Clinic
ATTORNEYS AT LAW
JACKSONVILLE, NORTH CAROLINA 28540
(919) 348-9886

NO AGE RESTRICTIONS

\$6.95 day/up
\$34.95 week/up
\$160 month/up

LEAPING TOADS
RENT'S HOT DEALS

WE ACCEPT CASH & CHECKS!

\$199 DOWN + Tax	\$499 DOWN
78 LTD 4 dr. + Tags	84 T1000 AT
77 Chev SW	82 Datsun
80 Chevette	81 Fairmont
*299 DOWN + Tax	*599 DOWN
78 Chevette + Tags	82 Pont T1000
73 Pinto	82 Skylark
78 Granada	84 Omega
\$399 DOWN + Tax	1000 DOWN
83 Chevette + Tags	79 Toyota PU
79 Chev Trk	86 Chevette AT
77 Mustang	84 Honda SW

We Buy Pinto's, Chevettas, Pontiac T1000 Running or not, wrecked OK.

J C Auto Rent Used Car Sale/Rental
462 N. Marine Blvd.
455-6011

Buy Here - Pay Here

Ednslow Optical Co.

Extended Wear Soft Contact Lens **\$89**

Limited Time Only
(Care Kit, Instructions and Follow-Up)

Tinted Lenses Also Available

347-6282

Major Credit Cards Accepted.
10-6 Weekdays • 10-3 Saturday

“Life Insurance that's right for you... that's what State Farm is all about.”

Hull Insurance Agency, Inc.
Jerry Hull, Agent
455-5444

State Farm Life Insurance Company
Home Office: Bloomington, Illinois

Be a good neighbor. State Farm is there.

MUSIC **JACK'S** MART
Guitar World

353-6556 353-1451

\$100,000⁰⁰ CLEARANCE SALE

Guitars - Amps - P.A. Equipment Keyboards & All Accessories
PRICES LOWERED **40% & MORE** (Select Items)

CASH - CHECK - LAYAWAY - FINANCE

Free Lessons with purchase

Register For **FREE** Guitar. Drawing 7-21-90
(No purchase necessary)

POWER TO GO!

My Main Machine...

That's what customers are saying about the **Leading Edge Model D/LT386SX** portable power-house. Running at 16 MHz, this 15 lb. sportster has a megabyte of memory, 40mb harddrive, 3.5" 1.44 diskette drive, rechargeable internal battery and VGA backlit screen. If this weren't enough, a 2400 bps modem can nestle inside, and here are ports for an external diskette drive, AC power adapter, printer, serial device and VGA monitor. It's loaded for the road and the office.

If you have compared, you can see that this 386 is priced at the 286 level, especially with a VGA screen and port! For a limited time we are including \$575.00 worth of goodies with your purchase. **Included free:** a spare battery pack, a 2400 bps modem, a padded carrying case and your choice of Laplink III or Micro-soft Works. All of this is only **\$29.49**. Software Plus Computers strikes with value again! And by the way, Leading Edge is back, stronger than ever!

Step Into Power with the Model D2

This 286/12MHz AT™ Compatible, includes a **16 bit** "Any monitor" auto-switching, VGA adapter and a **0.31mm** dot pitch, high resolution VGA color monitor, capable of displaying up to 256 colors for the latest in dazzling graphics. With a 20 month warranty, this system will get you up-to-speed. For a limited time it is only...

Monthly payments can be a low \$112

Across from Sears • Next to TCBY
345-L Western Boulevard • 577-7587
10-7 Mon-Fri • 10-5 Sat • Visa/MC/Discover

Monthly payments can be a low \$49 **\$1295⁰⁰**

Yes, we still have the **Model D starting at \$499!**

OMEGA WORLD TRAVEL

CAMP LEJEUNE — Bldg. 233
HOURS MON-FRI 0800-1800
SAT 1000-1500
SUN CLOSED
PHONE 451-3788

MCAS NEW RIVER — Bldg. 200
HOURS MON-FRI 0800-1800
SAT 1000-1500
SUN CLOSED
PHONE 451-6362

CAMP JOHNSON — Bldg. 419
HOURS MON-FRI 0830-1700
SAT-SUN CLOSED
PHONE 451-0996

COURTHOUSE BAY — Bldg. 11
HOURS TUE-THU 0900-1630
MON-FRI-SAT-SUN CLOSED
PHONE 451-7155

NEED RENTER'S INSURANCE

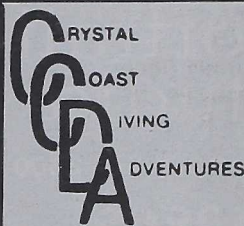
Could you afford to replace all of your personal property in your home, plus reimburse the government for damages to your quarters?

SOLUTION

NATIONWIDE INSURANCE
Nationwide is on your side

Helene Lawson Agency

455-0785
925 Lejeune Blvd.



Summer Sale
25% OFF
ALL IN STOCK ITEMS



wenoka
SEA STYLE



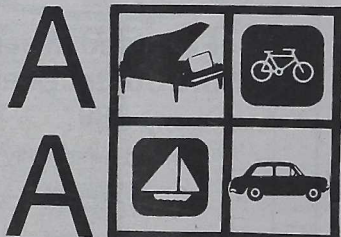
U.S. DIVERS
AQUA-LUNG

SHERWOOD
SCUBA

713 New Bridge St

347- DIVE
(3483)

Self Storage



NEW FACILITIES
Wide Isles
10' Ceilings
10' Roll Up Door
Boxes and Packing
Supplies

NOW OPEN
347-1447

*Bring this ad in

Move in Special
\$1.00 First Month

1345 LEJEUNE BLVD. (next to Putt Putt)

Headquarters Hair Command

offers
The Best Service in Town for the Military

Two for the Price of ONE
During our GRAND OPENING



*With this ad we will cut your hair for you and your friends hair FREE

256 A Western Blvd.
Next to Saigon Sams
Mon-Sat 10-8
Sunday 12-6

353-5555

If you want your hair cut just like you want it, you should be coming to Headquarters Hair Command

WE'RE WORTH LOOKING INTO!

BAUSCH & LOMB
soft contact lenses **\$125**

Includes: Eye Examination, fitting, follow-up care, lenses, care kit.

COASTAL VISION CENTER
Dr. F. L. Roberson, Optometrist

Routine Eye Exams: \$38.00

346-4490

1703 Country Club Rd.
Suite 101

TRAFFIC VIOLATION REPRESENTATION

Driving While Impaired
Speeding Tickets
License Revocation
Accident Cases

Protect Your Insurance Rates
No Fee For Initial Consultation

TIMOTHY E. MERRITT

— ATTORNEY AT LAW —

347-6400

WHO'S GOT THE BEST VALUE?

ASK US ABOUT
SUMMER SALES EVENT



1990 MPV
FROM \$17,499

CROWD CONTROL.
MAZDA MPV WITH SEATING FOR SEVEN.

FOR A LIMITED TIME
UP TO
\$2000
DISCOUNT
ON 1990 929s



1990 B2200 TRUCKS
\$1000 REBATE AND
FREE LE OR SE PKG.



1990 PROTEGE
FREE AIR COND. OR AUTO
PLUS \$500 REBATES ON SE
IT JUST FEELS RIGHT.

100% FINANCING

To Those Who Qualify

mazda
OF JACKSONVILLE
123 Western Blvd. 353-7387

Smith's

Auto Parts, Service and Body Shop
612 Bell Fork Rd. - Jacksonville, NC
PHONE 353-7278 (PART)

10% OFF All Parts Replaced In Shop With Active Or Retired Military I.D.

OIL CHANGE

\$11.95

INCLUDES: Labor, Filter & 5 qts of Oil
EXPIRES: 7/30/90

AIR CONDITIONING SERVICE

RECHARGES UP TO 1 POUND OF FREON & CHECKING AC FOR LEAKS
\$24.95
EXPIRES: 7/30/90

4 WHEELS COMPUTER BALANCED plus COMPLETE ROTATION

\$15.95

EXPIRES: 7/30/90

FUEL INJECTION SYSTEM CLEANED

\$39.95

EXPIRES: 7/30/90

SPECIAL PURCHASE
From a Major Manufacturer
Priced From

Dayton

\$28.95 * INSTALLED FREE!
ASK ABOUT OUR INSTORE FINANCING!
All Prices Cash

Size	Sale Price	Size	Sale Price
75 80R13	\$32.95	205 75R15	\$38.95
195 75R14	\$37.95	215 75R15	\$39.95
205 75R14	\$38.95	225 75R15	\$42.95
215 75R14	\$39.95	235 75R15	\$44.95

TIRE COUNTRY
353-TIRE

CORNER OF LEJEUNE & WESTERN BLVD
1801 LEJEUNE BLVD JACKSONVILLE

Mon.-Fri. 10 a.m.-6 p.m., Saturday 10 a.m.-2 p.m.

CHECKPOINT CHECKS CASHED

216 Brynn Marr Drive
Brynn Marr Plaza
Jacksonville, N.C.
577-7122

- Personal
- Payroll
- Money Orders
- Government
- Travelers Checks
- Tax Refunds
- Out-of-State
- Two Party
- Unemployment
- Insurance
- Cashier's Checks

Expires 7-26-90

2 SOUND SHOP 2

Return This Coupon And Get TWO DOLLARS OFF

Your Favorite CASSETTE or COMPACT DISC!
Sole items excluded.
Ask about our ONE YEAR TAPE GUARANTEE!

Jacksonville Mall 353-8648

TWO DOLLARS

Because of space considerations, some Trader ads will appear in next week's *Camp Lejeune Globe* July 12, 1990 **17B**

NOTE: Trader ads must reach the Public Affairs Office, Bldg. 67 by noon, Friday a week prior to being printed in the *Globe*. Ads must be signed legibly with all other information filled in on the forms, which are available at the Public Affairs Office or printed in the *Globe*. Ads for services, commercial ventures and civilians will not be published. **MILITARY WORK PHONE NUMBERS WILL NOT BE LISTED IN THE AD.**

Due to the recent increase in the number of trader ads received by the *Globe* coupled with space constraints, the possibility exists that some ads may not be printed. The *Globe* regrets any inconveniences this may cause and will make every effort to print the ads in the follow edition.

Automobiles

'87 Blazer 4x4, pw, pl, stereo w/EQ, cass., cruise, ac, auto. Call 938-1906.

'89 Dodge Ram D-100 P/U, \$7,000 miles, \$8,800. Call 938-1906.

'84 Pontiac Trans Am, fully loaded, \$6,900 OBO. Call 353-3021.

'78 Plymouth Horizon, 4-dr., \$600. Call 353-6066.

'84 Ford P/U, ac, rails, black/silver, \$4,600. Call 726-1069.

'55 Chevy, 2-dr., hard top, 350 eng., 4-spd., \$5,000 OBO; '69 Mustang Fastback, 351 eng., auto, \$2,500 OBO. Call 347-3103.

'78 Buick regal, ac, auto, pw, high mileage, \$1,300 OBO. Call 577-9810.

'84 Nissan X-cab 4x4, \$5,500. Call 577-4511.

'83 Honda Accord, special edition, auto sunroof, cruise, ac, am/fm cass., gray/gray, many extras, \$3,500. Call 347-4357.

'87 Honda Prelude, gray/gray, elec. sunroof, ps, air, cass., \$54,000 miles, \$8,500 OBO. Call 347-7782.

'80 Mazda 62, blue, 4-dr., auto, ac, \$900 OBO. Call 577-4047.

'88 Ford Aerostar Van, am/fm cass., ac, 5-spd., V-6, 40,000 miles, \$8,800. Call 347-7962.

'90 Pontiac Lemans, 4-dr., ac, auto, am/fm cass., TOP. Call 353-2340.

'68 VW Beetle, \$300; 1600 cc Beetle, long block, \$150. Call 353-3219.

'74 Chevy P/U, good eng., new trans., some rust, \$950. Call 353-9141.

'88 Ford Econline customized van, low mileage, \$16,000; '77 Olds Cutlass, \$800. Call 346-1263.

'78 Ford Fairmount Sports Coupe, new trans., body work done, no rust, \$550. Call 353-0251.

'73 VW Superbeetle, rebuilt eng., \$1,050 OBO. Call 346-5539 awh.

'86 RX-7, red, 5-spd., am/fm, ac, elec. sunroof, low miles. Call 353-2998 between 7 and 9 p.m.

'88 Pontiac Sunbird, TOP. Call 577-7217 or 353-1569 after 5 p.m.

'83 Pontiac Bonneville, \$2,500; Buick Park Avenue, fully equipped, \$7,500. Call 577-4147.

'84 Cadillac Cimarron, auto, ps, ac, am/fm cass., sunroof, \$4,100. Call 577-1252.

'89 P/U, tinted windows, stereo, 17,000 miles, \$9,500 neg. Call 353-1702 after 5 p.m.

'88 Dodge P/U, 8' bed, V-8, ac, am/fm, auto, 22,000 miles, \$8,500 OBO. Call 577-7309.

'87 Ford Bronco 4x4 XLT, full size, 37 K miles, loaded, \$13,500. Call 577-3550 after 5 p.m.

'87 Dodge Omni, 4-dr., 5-spd., ac, am/fm, HB, \$2,900 OBO. Call 353-9467.

'84 Chrysler Laser XE, turbo, fuel injected, all digital, tult, ps, pb, ac, am/fm cass, 5-spd., \$3,000. Call 353-7761.

'74 Ford P/U F-100, make offer. Call 353-1803.

'53 Chevy P/U, 6-cycl., five window cab, 4-spd., mechanically sound, \$1,000. Call 346-9397 awh.

'89 Ford Ranger P/U Supercab, ac, pw, pl, bucket seats, bed liner, sliding window, am/fm cass, low mileage. Call 347-5558.

'69 VW Karman Ghia, dual port eng., very clean, many new parts, \$2,450. Call 346-5539.

'89 Dodge D-50 w/campershell, low mileage, am/fm cass., \$7,700. Call 353-5380.

Motorcycles

'85 CR 500, pro circuit pipe, progressive front suspension, MX riding gear, trailer, more, \$1,300. Call 455-5636.

'86 Yamaha XT 600, 2,500 miles, \$1,400 OBO. Call 577-9810.

'83 Honda FT 500 Ascot, 7.5K miles, \$800. Call 353-0860.

Yamaha XT 350, 2,600 miles, \$800. Call 326-5245.

'82 Honda H50, 6-spd., 12,000 miles. Call 347-7962.

'89 Kawasaki EX 500, 13,500 miles, new dunlops, white bell helmet, \$2,700 OBO. Call 354-4690.

'84 Honda Magna, new tires, saddlebags, stereo, windshield, helmet, cover, \$1,500 OBO. Call 353-8044.

'84 Suzuki Intruder, 700cc, 7,000 miles, metallic dark blue, chrome, \$2,600 OBO. Call 353-3824.

'85 Kawasaki 750 GPZ Sports bike, totally rebuilt w/accessories, \$1,900 OBO. Call 577-1425.

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'88 Funliner 19' cuddy cabin, 130 hp, Mercruiser, all safety equipment, depthfinder, stereo, VHF radio, compass, TOP. Call 938-1906.

19' crews craft bowrider, 70 hp, Evinrude, new top, seats, galvanized trailer, \$1,895. Call 329-3701 after 6 p.m.

15' Bonita, 65hp, Johnson life vest, boat and motor cover, 30' shrimp net, \$1,800 OBO. Call 743-2283.

'74 23' Chrysler, twin 140 hp, Volvo I/O, both newly rebuilt, galvanized tandem trailer, \$1,900. Call 327-2917.

Canoe, 20' Old Towne Excursion Model, 1,400 pounds capacity, Kevlar skid pads, paddles, repair kit. Call 327-3517 after 6 p.m.

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Two scuba pro stabilizer jackets, power inflator/regulator, \$300 each; two scuba pro marks regulators, \$350; and more. Call 451-0653 rm. 1

18' Tri-hull Westwind boat, 105 hp, Chrysler motor, skis, life jackets, \$2,000. Call 455-9827.

'79 Boston Whaler Montauk 17', 85 hp, Suzuki,

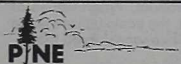
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Llaso Apso, pure breed, blonde, papers, \$75 neg. Call 326-7052.

Blue Doberman pups, first shots, dew claw and tails done, \$150. Call 577-1305.

Siberian Husky and Lab, \$10 each, one female, six males, available July 31. Call 326-1221.

Basset Hound puppies, tri-color, all shots, wormed. Call 346-8819.

AKC Doberman puppies, three fawn males, two fawn females, two blue males, and one blue female. Call 346-9572.

One medium size dog house, \$20 OBO. Call 326-5579.

English Tick Coon puppies, UKC, AKC, \$200. Call 326-5579.

Good home needed for male Cocker Spaniel, four-months old, house broken, \$350 OBO. Call 353-0725.

Free Chow-Chow, chocolate brown, male, 22-months old. Call 326-5245.

AKC Tri-colored Collie, female, dog house incl., \$125. Call 347-2702.

Free four-month old kittens, one female, one male, first shots. Call 347-6440.

Free seven-week old kittens, long and short hair. Call 347-6440.

Dog kennel for medium size dog, \$35. Call 326-5245.

AKC Cocker Spaniel puppies, three black and two buff, \$150. Call 353-2768. AKC Chow pups, shots and papers. Call 455-6157.

Free Dwarf rabbit to good home, carrying cage and dish. Call 326-6227.

AKC SHITZ-SHUZ, black and white male, \$150; free cat to good home. Call 353-3190.

Hybrid wolf pups, Timber/Shepard cross, parents on premises, \$200 firm. Call 346-3929.

AKC female Rotweiler, six-months old, \$300. Call 353-2798 after 4 p.m.

Guinea pig w/cage, \$25; Albino hamster, male, cage incl., \$25; ferret, cage incl., \$75; kitten. Call 353-8662.

Miscellaneous

Girls dresses, size five, \$3 each; roller skates, size four, \$5; Odyssey TV game, \$20; Risk game, \$5; robot, 4" game, \$5; and more. Call 347-6024.

Prosoeb formula, 50 cans (concentrated), 75 cents per can; Gerber baby cereal, some with fruit, 25 cents per box. Call 353-9947.

VHF antenna, \$10; green outdoor carpet, \$10; couch, \$150; ballet slippers, sizes 10 and 12, \$10; and more. Call 347-6034.

Kirby vacuum/shampooer, accessories incl., seven-

years old, \$275. Call 455-6064.

19" color TV, \$200 OBO. Call 455-1816.

S&W M29, 44 Mag, 8 3/8" BBL., Pachmayr grips, drilled and tapped w/scope mounts, new in box, unfired, \$450 neg. Call 577-1824.

Roland 800 digital piano, new, \$1,500. Call 455-9567.

'89 Edition Lexicon encyclopedia set, auto home repair, legal guides, medical information, cookbooks, barely touched, TOP. Call 353-2340.

'69 Boss 302 factory intake, \$175. Call 353-0251.

Gun cabinet, holds 12 rifles, six pistols, \$300. Call 324-2814 after 6 p.m.

400 record albums and 12" disco, 78 to 86, \$1 each; 45s, four for \$1; chainsaw, \$100; echo chamber, \$50. Call 346-8633.

IBM software, wordperfect, 5.0, \$85; quattro-pro, \$200; supercalc 4, \$50. Call 577-3685 aw.

Full set of uniforms, special measure; coats, long sleeve blouses, 47" chest, trouser, 33" waist, size 18 charlie blouses, and more. Call 346-1725.

Healthtex pants, size three and four; sun suits, size seven; six summer dresses; sleepwear. Call 577-4545.

Diamond engagement ring, 1/2 carat red neg. Call 577-8359.

50 gallon aquarium w/stand and heater, whisper 800 pump, all accessories, 353-3435.

Wedding bands, his and hers, 14K gold, brand new, \$85 for the set. Call 577-

Sony 27" TV with stereo and remote control, more than 2 years old. Call 347-5558. Boys shirt, size 10. Call 577-4545.

Mens' 26" Murray 10-spd. bike, black like new, \$45. Call 354-4651.

Magnavox stereo system, CD player, turntable, receiver, two speakers, call OBO. Call 354-4651.

Waterbed, living room suit, computer infant car seat. Call 353-1569 after 5

Gympac 1500 weight machine, 200 weights, \$50 firm. Call 324-2814 after

Guild 12 string D212 with hard case, son blonde dot ES 335 with hard case, 346-9103 aw.

Atari game with controllers, paddles, c

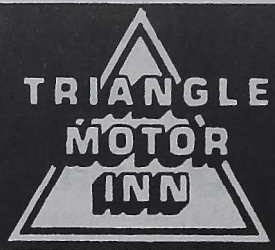
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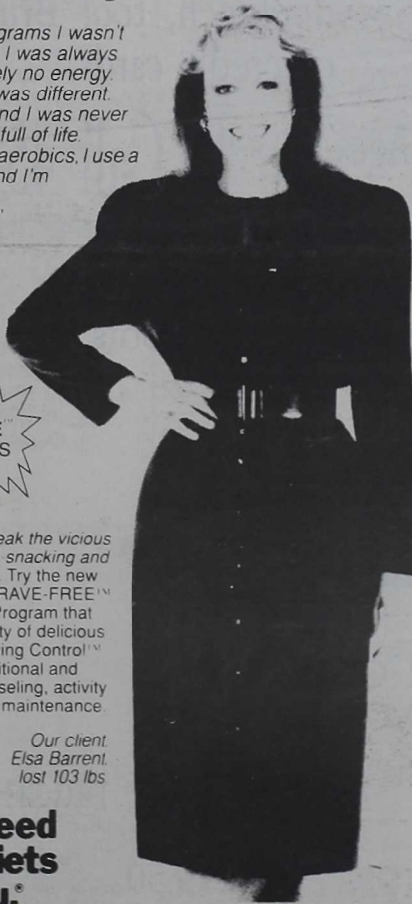
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