

Women contribute to molding of America
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Seabees prove 'Can Do' attitude
Page 13A

Food Service School takes the cake
Page 1B

Camp Lejeune

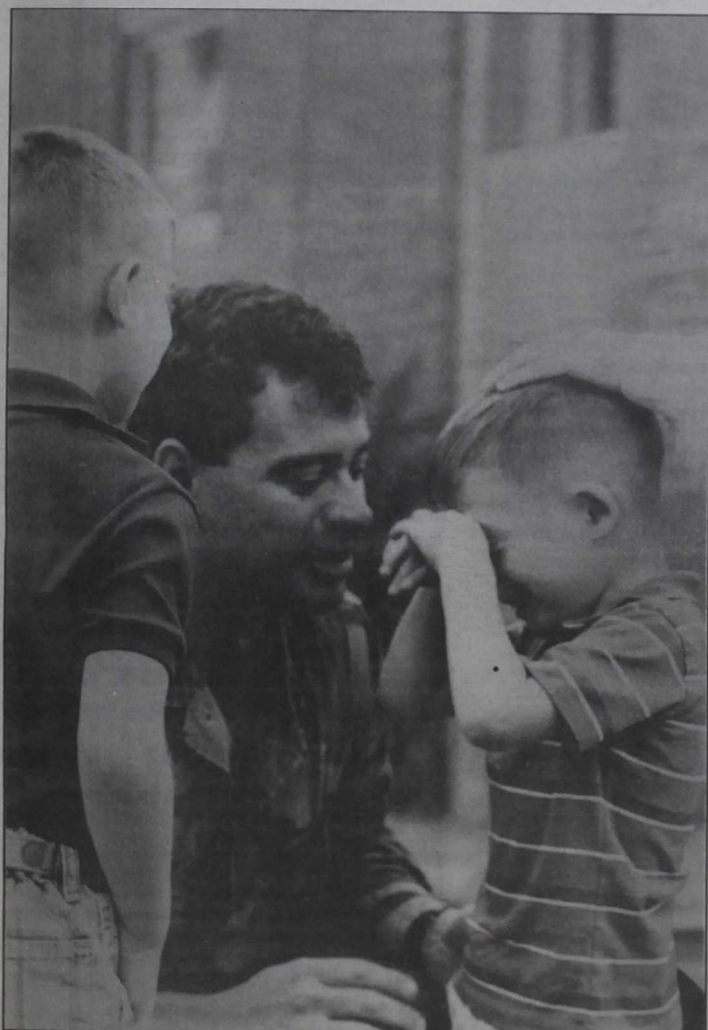
GLOBE

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Welcome home 26th MEU



CPL. F.E. CHARLES

Tony Ochiltree, 4, wipes his tears of joy away with a smile at the sight of seeing his dad, Petty Officer 1st Class Tony Ochiltree, a corpsman with MSSG-26, 26th MEU (SOC). Also waiting to give dad a big "return home hug," is Richy, 6.

Marines participated in NATO's largest exercise

The 2,500-man 26th MEU (SOC) returned home Saturday and Sunday from a seven-month deployment to the Mediterranean and west coast of Africa.

The MEU, commanded by Col. W.C. Fite III, sailed with Amphibious Squadron-2 on Aug. 7, 1990. En route to the Mediterranean, the squadron received orders to sail to the Liberian coast to participate in Operation Sharp Edge, the protection and evacuation of Americans and foreign nationals in strife-torn Liberia.

Elements of Amphibious Squadron-2 remained off the coast of Liberia for 105 days in an alert status to provide humanitarian assistance and safeguard the American Embassy in Monrovia, Liberia.

The units also participated in NATO's largest annual exercise, Display Deter-

mination-90, and conducted training with allied Navy and Marine forces of Spain, France, Italy, Germany, Portugal and Turkey.

The MEU consists of a command element, Marine Medium Helicopter Squadron-162, Battalion Landing Team 3/8 and MEU Service Support Group-26. The Marines were embarked on the USS Fairfax County, USS Nashville, USS Inchon, USS Whidbey Island and the USS Newport.

Homecoming events were held throughout Camp Lejeune and MCAS, New River.

The 26th MEU (SOC) was replaced by the 22 MEU (SOC) in the Mediterranean as part of routine deployment of Camp Lejeune Marines and sailors.

See related stories on pages 8-9A.

Liberated Kuwaitis show American patriotism

BY COL. J.M. SHOTWELL

I MEF Public Affairs Officer

KUWAIT CITY — As a small Marine Corps convoy sped along a Kuwait City freeway shortly after the country had been liberated Feb. 27, a car pulled alongside one of the HMMWVs.

The jubilant young men in the car were shouting something to the Marines, and after some struggling across the language barrier in heavy, fast-moving traffic, the Americans figured out what the Kuwaitis wanted, an American flag.

Since there were no U.S. flags in the HMMWV, one of the Marines, SSgt. Anthony Tavarone, a I MEF intelligence specialist, handed them another American symbol—a dollar bill. "You couldn't pay for this," said Tavarone, referring to the display of gratitude and affection from the freed Kuwaitis.

Capt. Dave Garza, 40, from Los Fresnos, Texas, who organized the I MEF mobile command post that included the commanding general, LtGen. Walt Boomer, said that the experience of driving through the

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Prepositioned equipment caves: Topic of Battle Griffin conference

BY SSGT. CHARLENE A. GETCHELL
4th MarDiv. correspondent

TRONDHEIM, Norway — BGen. Joseph Wilson, CG, 2nd MEB, and Gen. Gudmund Beitland, chief of district command Trondelag, held a news conference here recently to discuss Battle Griffin-91.

Both generals emphasized the importance of this exercise for many reasons. The most important reason being NATO support in Norway during Operation Desert Storm.

"The United States is committed to the NATO alliance and committed to support and defend this northern flank. I think it's

significant that the United States is participating in two coalitions at the same time," said Beitland.

Beitland expressed his gratitude to the United States for their participation in Battle Griffin-91, "I would like to thank the Americans for supporting this even though they have a commitment in the Gulf."

The topic of the "Soviet threat" surfaced in the form of the Soviet Union being less of a threat now than in the past, because the United States and the

SEE GRIFFIN, PAGE 2A

Daddy's gone . . .

Kids cope, moms hope for dad's safe return

BY CPL. F.E. CHARLES

The house on Alabama Street in Berkeley Manor is a carbon copy of the rest of the houses in the neighborhood, except, for the wishing well in the front yard. On the front porch a large American flag and yellow ribbon are tied to a supporting beam.

Inside, a pint-sized tornado, wearing

a red and white dress and navy blue sailor hat, streaked by under foot.

"That's Meagan," said her mother, Sandra Trianoski, a secretary at the Environmental Management Department, here. "She's going through the terrible twos."

In the living room, the television was

SEE KIDS, PAGE 12A

OUR ENVIRONMENT

BY CPL. F.E. CHARLES

We always know the sun will rise tomorrow. After all, it has risen every morning since time began.

It's something we take for granted, like everything else that revolves around our lives. We take for granted our dearest of friends, our own heartbeat.

What if tomorrow our dearest friend was gone, or our heart stopped beating? Life would take on a whole new, urgent perspective.

Maybe taking things (and people) for granted is a trick happily played on us by our psyche? It enables us to carry on through life's drudgery.

If that's the case, this same mechanism can be blamed for the environmental woes we've inherited from other generations. They took it for granted that there would always be fresh water, abundant wildlife and an endless supply of trees. So they kept on taking without taking a second look at long term effects.

An example is the rampant deforestation of the 19th and early 20th centuries. Through conservation efforts implemented in the later half of this century by lumber companies and government agencies, we have begun to reverse that plight.

In 1954, there were 664 million acres of U.S. forest land containing some 610 billion cubic feet of growing stock, according to U.S. government statistics. By 1987, there were 728 million acres of forest land with 756 billion cubic feet of growing stock. That's a 24 percent increase.

Systematic forest management programs, like Camp Lejeune's, are bringing forests back.

Because of this, base foresters are also taking a closer look at some threatened species. The Environmental Management Department here is involved in a joint, three-year study with the North Carolina Forest Service, North Carolina State University and a major lumber company in the area, according to Peter Black, EMD, MCB.

The study involves the the Atlantic White Cedar, or juniper. It was decimated by over zealous logging in the past, because of its commercial market value, according to Black. "It's a super home and boat construction material," he said. "It's the second most economically important wood in the state."

The joint endeavor, into its second year, seeks to determine the best sites for preparation and planting techniques, Black said. "There are several sites around the state, but only one site here."

The juniper thrives on wetlands like the bogs around base. It propagates well in moist soil, high in organic matter. "We do know that the trees grew naturally here, before they were logged out," he said.

The study will also establish growth and regeneration parameters, which haven't been researched since 1934, according to Black. What are the junipers limits? What makes it grow and survive? Will it grow under a canopy or not?

Questions still remain before the juniper is successfully reintroduced in Eastern North Carolina.

If the joint study unlocks the regeneration mysteries of the juniper, all parties involved would prosper, according to Black. "It produces more wood per acre and has a higher price-per-acre than the loblolly or longleaf pine."

If this is the case, then the lumber company, which supplies the seedlings, wins financially. The state recaptures a part of its rich, natural resource history. And base foresters, according to Black, win a philosophical coup.

Red Cross link keeps Marines informed

BY CPL. PHILIP HARING

I MEF correspondent

SAUDI ARABIA — Susan Langfitt and Frank Shouse are Red Cross members serving with the Marines of I MEF. They also served in Vietnam helping armed forces members solve problems with their families at home. They, along with other Red Cross workers are doing likewise in Saudi Arabia.

The chapter's mission is to provide emergency communication with the Marines here and their families in the United States. Every day, the Red Cross workers pick up and send messages to the chapters in the families' cities.

Although they are civilians, they wear desert uniforms. Their camouflage utilities have no rank in-

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GRIFFIN, FROM PAGE 1A

Soviet Union are on better terms.

Wilson addressed that question, "I do not feel these facilities (the prepositioned equipment caves) are less significant now. They are a deterrent."

The MEB CG also said how successful prepositioning was to the Marines in the Persian Gulf, and how important prepositioning will be in the future.

Beitland backed Wilson up and said, "Other countries are showing an interest in the prestocking concept. A Canadian brigade is thinking about building caves too."

Though the generals seemed pleased with the prepositioning concept and the initial stages of the exercise, there were a couple of issues brought up which might be debated in the future. One issue being the process of moving the equipment out of the caves, the other being the location of the caves.

"If the Norwegians moved the equipment before the Marines arrived, it would save the MEB time. However, I also think it's important that the Norwegians and Marines work together moving the equipment. Working together builds camaraderie between the troops," Wilson explained.

The storage facilities are located in central Norway. The area the equipment is committed to is approximately 560 miles north of the caves. Beitland said the military would like to see facilities in the north, but politically Norway is satisfied with the facilities where they are.

The overall feeling was good between the Marines and the Norwegians, Wilson said. "The relationship is superb — it couldn't be better."

2nd MarDiv. family-gram

A few days ago, MGen. William M. Keys, CG, 2nd MarDiv. called to give us his personal report. He said all Marines and sailors were doing well, but were very tired after the initial three days of continuous fighting and movement. At that time casualties were still almost non-existent.

The division was being utilized in a blocking position, alert but able to rest somewhat. He expressed thanks to the families for their many supportive letters.

General Schwarzkopf praised extensively the role of the Marine units involved in recent fighting and the professionalism with which they carried out their assigned mission.

Be proud of their performance and keep writing to your Marines and sailors.

We must mention once again that it is much too early to discuss specific dates for the return of Camp Lejeune units. Many rumors have already been circulated but they are all unfounded.

The first and most credible source will be the official information passed on by the command. Daily updates and information may be obtained by dialing the Southwest Asia report at 451-8430 or if you are out of the (919) area use 1-800-676-0017.

LIBERATED, FROM PAGE 1A

city after the liberation was one of the proudest moments of his life.

"These people wanted our flag," said Garza. "Wherever our flag flies it symbolizes liberty. It's something they'll never forget—the U.S. flag flying alongside the Kuwaiti flag (on the general's command and control LAV) in liberation of their country."

The exultation of the thousands of people who cheered the Marines was shared by all the convoys' participants, including the commanding general. "It was one of the greatest experiences of my life," Boomer said. "The joy on the faces of the people as we drove by is indescribable. Citizens of all ages were crying tears of happiness. They streamed down to the sides of the highway to cheer as they saw and heard us approaching and showered us with candy. Scenes of the liberation of France came to mind constantly as we progressed."

LtGen. Boomer and his 10-vehicle convoy of about 35 Marines were the first Americans most of the Kuwaitis had seen since emerging from their homes where they had cowered for more than six months while Iraqi soldiers brutalized their country.

The Marines found a modern metropolis that had been raped and scarred by the occupation. All commerce appeared dead as stores had been ravaged and looted. While most residential areas were still unmarred, much of downtown Kuwait City, though generally intact, had been pillaged by its captors and pilloried by allied attacks from air and sea. The flow of power and water had long since died and all communication with the outside world severed.

Rather than mourn the damage and dread the monumental reconstruction, the city's residents swarmed the streets in a relentless celebration and showered the Marines with love and appreciation. Many threw kisses, pieces of candy, and small Kuwait flags to their liberators.

One factor in the success of Desert Storm was a clearly defined goal—the liberation of Kuwait from the hands of its oppressors. "There are some things worth fighting for," LtGen. Boomer told a civilian journalist. "When you see the Kuwaitis regain their freedom and their joy at seeing the Iraqis leave, it is quite a feeling. I'm glad we could be a part of returning it back to them."

4th MEB informs families

What we all hope is the final phase of the war has begun. The Marines and sailors of the 4th MEB are still aboard their ships in the Persian Gulf. We had spent weeks of drafting plans to execute everything from an amphibious feint or demonstration, to raids to full-scale assaults. For many reasons, we have not yet been called on to carry out any missions involving the full brigade, but some Marines have seen action in helicopter and Harrier missions. They have been successful in every mission so far, as you would expect.

We received the Valentine videotape which many of you made in January and really enjoyed it. The sheet covered with a huge heart and messages from our families also arrived, and now hangs in the passageway outside the G-1 office. Each of us has spent time searching the myriad of messages for those written by his own wife and children. You should know that we appreciate the time and effort you spent in preparing the tape and sheet, and hope you had fun doing it.

Our thoughts now are almost constantly with our brothers in Kuwait, and we cheer them on from success to success. As you have heard, casualties have been light. We are thankful, but want to remember to say a prayer for those who have been killed or wounded. We think of you often, too, and know that this phase of the war with its news embargo is a difficult one for you to cope with. Please don't let your worries get you down. The end is almost in sight, and we are all looking forward to it. Take care.

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CG, MCB BGen. Michael P. Downs
Editorial Staff:
PAO Maj. J. B. Longley Jr.
Press Officer Capt. Ken White
Press Chief Sgt. Jim Fitzgibbons
Editor Lynn Hunter
Assistant Editor LCpl. Marrie L. Winn
Sports Editor LCpl. Andrew B. Yurasek

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NEWS BRIEFS

RED CROSS, FROM PAGE 2A

signia but sport Red Cross insignia patches on their shoulders as well as "ARC" pins on their lapels.

Langfitt and Shouse have served in combat zones before, but have expressed concern for their fellow employees here.

"Very few Red Cross employees have had military experiences," Shouse, a 22-year veteran, said. "The only training we have had is a NBC (Nuclear, Biological, Chemical) class we got here."

To support Operation Desert Storm, the Red Cross has 66 members in Saudi Arabia, 13 working with the Marines and Fleet Hospital Five. The Marines' chapter has teams with the command elements of 1st and 2nd MarDiv. and I MEF.

"The Red Cross projects to have 154 members here by the end of March," Langfitt said. "We provide the support according to the troop strength."

Messages ranging from birth announcements to deaths of close family members make up the more than 7,000 messages the chapters have sent or received so far.

The members spend most of their time sorting through the messages. They have to classify them according to priority and where they have to go.

"We have just imposed a 72-hour turn around for the messages," Shouse said. Within three days of receiving a message, the Red Cross along with the unit has to provide an appropriate response such as granting emergency leave for a Marine.

To help with the message process, the chapter works through unit chaplains and messengers.

"The messengers provide a great help," Langfitt said. "The chaplains are not always available, and I don't know what we would do without the messengers."

Along with providing the communications, they also provide counseling for the Marines. "We always try to help in family crisis to help the Marine not to worry too much," she said.

"Without the Red Cross, the emergency family problems would hurt morale in the ranks," Shouse said. "The problems wear people down because they can't do anything about them over here."

The Marines here, like those who served in Vietnam, sometimes have to face the rigors of their family problems. The Red Cross people are also here to help lift the burden and lend a hand.

fighting their own unique kind of war, and desperately in need reinforcements. The only requirement for these follow-on forces are that they be hard-charging, self-motivated Marines from western Wisconsin, Minnesota, and North Dakota who want to ensure the future quality of our Corps. In return, those Marines will get the chance to spend 30 days at home.

Qualified Marines who apply and are accepted will serve as assistant recruiters on Permissive TAD status for 30 days in or near their hometown, seeking out and enlisting future Marines.

For more information, call GySgt. David or MSgt. Miller at 1(612) 332-3039/3709.

Veterans welcomed to VFW

Veterans of Operation Desert Storm are welcomed to the family of Veterans of Foreign Wars. The association is of men and women who have fought America's foreign wars on land and sea and in the air. The 4th District of the Department of North Carolina of the Veterans of Foreign Wars of the United States has 20 VFW Posts with Post Homes. For more information, call J.J. McGraw at (919) 353-1968.

Budget cuts to be discussed

Despite the war in the Persian Gulf, the U.S. armed services face budget and personnel cuts. Which missions will fall to which services? What's been learned from the Gulf War and how will it affect the budget battle?

The U.S. Naval Institute will host a symposium of national interest to answer these and other questions as part of its 117th Annual Meeting to be held at the U.S. Naval Academy in Annapolis, Md., April 19.

For more information or to register, call toll-free 1(800) 233-USNI outside Maryland, or 1(301) 224-3378 in Maryland.

Answers to problems offered

Family separations and stressful situations occurring in life can lead people into increased alcohol use or drug abuse. The Consolidated Drug and Alcohol Center exists not only to help active duty military personnel but also their family members. Military dependents who find themselves experiencing problems with alcohol or drugs can call or visit for answers. Stop by Bldg. 41, or call at 451-1954/5733.

Helping professionals meet

Codependents Anonymous for Helping Professionals is an open meeting that meets each Wednesday from 11 a.m. to 1 p.m. in the upstairs classroom at Bldg. 326 on H Street. Feel free to bring a sack lunch and relax during the meeting. For more information, come to the meeting.

Counting faxes to troops

Diane Wolf, former U.S. Commissioner of Fine Arts, who pioneered the idea of loved ones stateside faxing messages to the troops in the Persian Gulf, hailed AT&T's announcement that the one millionth successful free fax had been transmitted since the program began in late Sept.

To send a free fax, all that is needed is the name, Social Security Number, and the APO or FPO number of the troopmember to whom the fax is addressed. Free fax forms are available and free faxes can be sent from all AT&T's 400 phone centers in the United States, 60 U.S. military bases stateside and 20 U.S. military bases abroad. To find the nearest free fax location and for further information, call 1(800) 555-8111.

Numbers assist pay inquiries

In support of Operation Desert Storm, DFAS-KCC has new toll free telephone and fax numbers to assist in increased pay inquiries.

The following numbers will be available daily Monday through Friday, excluding holidays, from 6 a.m. to 10:30 p.m., with the exception of retired pay, whose hours will be 7 a.m. to 3 p.m.

Direct deposit amounts/financial institution inquiries: 1(800) 645-2025, fax, international capability

- 1(800) 786-8023, AV 465-6193
- 1(800) 786-8024, 1(816) 926-6193
- Pay and allowance inquiries (active duty)
- 1(800) 786-8022, fax, international capability
- 1(800) 786-8025, AV 465-7648
- 1(816) 926-7648
- Allotment inquiries (active duty)
- 1(800) 786-8026, fax, international capability
- 1(800) 786-8027, AV 465-7648
- 1(816) 926-7648
- Retired pay
- 1(800) 645-2024
- 1(800) 683-0604
- 1(800) 274-1917 Missouri residents only
- Claims branch
- fax machine, AV 465-5245
- 1(816) 926-5245

Support for husbands offered

A support group for men whose wives are deployed will be held Friday, from 11:30 a.m. to 1 p.m. in the Family Service Center, Bldg. 14. The group offers emotional support for spouses as well as practical information that can help military families cope more effectively during the separation. Participants are asked to register with Susanne Brown or Joan Lorenz by calling 451-5997/5340.

VA class to be conducted

Mr. Dick Dudley, Onslow County Veterans Representative will be conducting a class on Veteran's Administration entitlements at the Family Service Center, Bldg. 14, March 15 from 9 to 10 a.m. Topics to be discussed include education benefits, filing for disability, VA home loans, and more. Preregistration may be made by calling 451-5417/5997.

Veterans eligible for medal

Military veterans who served in Hawaii during the Japanese attack on Pearl Harbor, and some civilians, are eligible to receive a new congressional medal commemorating the 50th anniversary of the assault.

Members of the Armed Forces who were in Hawaii on Dec. 7, 1941, and civilian employees of the War Department or Navy Department who were killed or wounded in the Pearl Harbor attack, are eligible to receive the award. The bronze, one and one-half inch Pearl Harbor Commemorative Medal, minted by the U.S. Mint, will be presented to qualified recipients by members of Congress. Only one medal will be issued per person. The next of kin of any deceased service member or eligible civilian may accept the medal on their behalf.

A toll-free number, 1(800) 545-4052, has been established to take requests for application forms and provide information about the medal.



GINA CARTER

Michelle Borden imitates songstress Mahalia Jackson during "Back in Time," a musical journey of famous black music. The program was sponsored by the National Naval Officers Association at the Base Theater Feb. 27.

Requests for ID copies

Last week's *Globe* reported that regulations prohibit photocopying military and dependent ID cards. Regulations do, however, allow the Naval Hospital and NAVCARE facilities to make such copies for official purposes only.

Servicemembers and their families here should be wary of requests for copies of their ID cards for any reason other than those authorized.

Wearing of medal authorized

In recognition of the outstanding performance of our Armed Forces during Operations Desert Shield and Desert Storm, the Secretary of Defense pursuant to Executive Order 10448 has authorized effective immediately the wearing of the National Defense Service Medal for members of the U.S. armed forces on active duty on or after Aug. 2, 1990. The termination date is yet to be determined.

For those servicemembers already authorized to wear the award a 3/16 inch bronze star shall be worn on the suspension and service ribbon to denote a subsequent award. For the majority of eligible personnel the precedence is after the Marine Corps Expeditionary Medal and before the Armed Forces Expeditionary Medal.

Local commands are authorized to issue the medal to eligible personnel. The national stock number for requisition is 8455 00 281 3214.

TAD recruiters sought

Though it's far from the front lines in Southwest Asia, the Marines of Recruiting Station Twin Cities are

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Left, Georgia O'Keeffe, one of the great contemporary American artists, is known for her precise and highly stylized southwest landscapes and natural objects. Right, Maria Tallchief, daughter of an Osage Indian chief, was regarded as the greatest ballerina born in America. Tallchief began studying piano and dance on the reservation in Oklahoma. She eventually became prima ballerina of the New York City Ballet.



Women's History 1991:

'Nurturing tradition, fostering change'

BY GINA CARTER

Thanks to a coalition of national women's organizations, a congressional resolution was secured declaring the week of March 8, 1981, National Women's History Week. Six years later, the observance was expanded to be a month long at the request of many school districts, museums and libraries throughout the country.

This week Women's History Month begins again with a new theme in hopes of promoting the study and celebration of multi-cultural women in history.

The theme, "Nurturing tradition, fostering change,"

was chosen by the National Women's History Project to honor women who have for centuries preserved cultural traditions and family unity, while stepping into the limelight to address social and political issues affecting their quality of life and the lives of future generations.

The mother of the American Revolution, Mercy Otis Warren, was such a woman. Warren was married and the mother of five. She spent the majority of her life in her domestic role, but after her brother, a political writer, was rendered brain damaged, she began her career as a writer. Originally, Warren wrote lyrical poetry

about nature, philosophy and religion. As she gained confidence and support she used her satirical humor to ridicule the Redcoats and their ladies, thereby helping to further the idea of independence. Before her death, Warren wrote a three volume history about the American Revolution.

Sacajawea, a Shoshone Indian, is another woman who helped shape the nation. Sacajawea was sold at 12-years-old to a French Sioux named Charbonneau. She became his second wife and accompanied him on the Lewis and Clark expedition in 1804. It is believed that it was she, rather than her husband, who guided the expedition safely between the Rocky and Cascade mountain ranges and acted as a liaison to other Indians they met along the way. During the trip, she gave birth to a son who was later educated with the help of Clark.

Often referred to as one of the first women activists is Sojourner Truth. Truth was born a slave in New York in 1797. When New York freed its slaves in 1827, Truth went to New York City. The mother of thirteen children, all sold as slaves, she became a minister, active as both an abolitionist and in the women's rights movement.

The list continues with Dorothea Dix, the mental health reformer; Harriet Tubman, the Moses of her people; Carrie Chapman Catt, a leader of the women's suffrage movement; Bessie Hillman, an early labor leader; Isadora Duncan, an American dance pioneer; Margaret Sanger, a birth control crusader; Rosa Parks, the mother of the civil rights movement and many more.

Today, tradition continues to be nurtured while change is being fostered through women like authors Maya Angelou, Toni Morrison and Alice Walker; Judith Jamison, artistic director of the Alvin Ailey Dance Theatre; Barbara Bush, first lady of the United States; Sandra Day O'Connor, Supreme Court justice; Barbara Walters, journalist and Oprah Winfrey, talk show host. Yet, there remains a need to justify the celebration of Women's History Month.

"People often ask us why it's necessary to focus specifically on women's history?" wrote Molly Murphy MacGregor, executive director National Women's History Project. "For young girls and boys growing up today, women role models are crucial to broadening the possibilities for the future. Educational equity continues to be a concern for us all. Self-esteem has been demonstrated time and again to be a crucial factor. What better way to contribute than by introducing them to the proud heritage of multi-cultural women's history."

Association focuses on helping Marines, sailors become officers

BY CPL. J. KINCHEN-SCHNEIDER

The reality of becoming an officer in the U.S. Naval Services is within an arm's reach!

The National Naval Officers Association is a non-profit organization that is sanctioned by the Secretaries of the Navy and Transportation. It was founded in 1970 by Navy Capt. Kenneth Johnson. His dream was to improve minority officer recruitment within the Navy, Coast Guard and Marine Corps. However, the NNOA also helps candidates for the Merchant Marine.

Nowadays, the NNOA also brings to light some issues that greatly affect minority officer's careers or retention such as; lack of senior minority officers in command billets, lack of representation on promotion/selection boards, and a lack of selected minority officers to top level schools as well as other issues, according to CWO-2 B.M. Brown, H&S Co., II MEF.

But the primary mission of the NNOA is to promote the educational and career opportunities in the sea services, and motivate junior and senior high school students to seek careers in the services.

"We visit the local churches to let minorities and their parents know what commissioning programs are offered by the services," Brown said.

The association also conducts drug and alcohol awareness seminars, physical fitness programs, community service projects and military-oriented field trips. In addition to providing volunteers to work with students requiring academic help.

The national objectives of the NNOA are to focus on furthering the education of young people in academics, moral courage, integrity and self-esteem to ensure qualification for greater challenges, according to Navy Capt. B.J. Penn, president of NNOA.

However, on a local level the objective is to provide professional guidance to its members and develop their leadership skills. Every month a professional military education class is conducted. The classes cover military occupational specialties or leadership related topics.

Community related activities include career days at colleges or high schools, participating in the Big Buddy program, Armed Forces Day, Black History Month programs and others.

"We have members who like to donate their time and inform people of our existence and how we can help them," Brown said.

The NNOA is an organization that relies on its membership to contribute to the accomplishment of its objective by volunteering their time and expertise, according to a letter distributed by the NNOA.

Moreover, as the association strives for greater recruitment and retention of minority officers, it encourages servicemen and women of all ranks and ethnic groups to apply for officer commissioning programs in the U.S. Naval Services.

For more information about the NNOA, call LtCol. W.T. Snow, 451-0873 or CWO-2 B.M. Brown, 451-3623.



New Location

The 1991 Arm
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High School Gym
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Car Clinic

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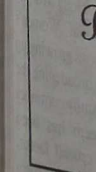
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MWR

On The Go!
We're Making It Happen For You.

New Location . . .

The 1991 Armed Forces Women's Basketball Championship will be held at Camp Lejeune High School Gymnasium on 10-15 Mar. The opening ceremony will begin at 1830 on 11 Mar, and the first game at 1900.

Car Clinic . . .

Special Services is sponsoring a 2nd Opinion Car Clinic at the Auto Hobby Shop in Bldg. 1120 on Ash Street. If you've had car problems and have been to a garage and received an estimate, bring in that estimate and the Auto Hobby Shop will let you know if it is accurate for a fee of \$3.00. To make an appointment, you can call x1550. This is a great way to relieve the anxiety associated with car problems! Operating hours are Wed and Thu, 1400-2200; Fri, Sat and Sun, 0900-1700; Mon and Tue closed.

The Central Library . . .

Offers a new Historical Reading Room in Building 11 on Post Lane. An informal discussion of Fix Bayonets & Battle Leadership, from the Commandant's reading list, will take place Mon, 11 Mar, at 1900. Moderator will be Glenn Pappas, historian and director of the HRR.

Offers federal and state tax forms.

Offers storytimes for pre-school children each Thursday morning at 1030 in the Children's Room. Themes for Mar are:

- 7 Mar Shapes
- 14 St. Patrick's Day
- 21 Spring
- 28 Easter Eggs

Notes of Interest . . .

The Auto Hobby Shop announces new hours of operation every Fri from 1400 to 2200.

The Paradise Point Lady's Golf Association's schedule for Mar is:

- 12 Play Day
- 19 Play Day
- 26 Play Day

Sports/Exercise . . .

Now is the time to register for Dependent Wives' Softball at Marston Pavilion from 1400 to 1800, 18-22 Mar. Bring along your ID card when you register. The fee is \$10.00.

You can register for Youth Baseball/Softball on Mon-Fri, 18-22 Mar, at Marston Pavilion from 1400-1800. If a Sat is more convenient, register 16 or 23 Mar, at 0900-1200, at TT Comm. Ctr. or Morale Center MCAS, or 1300-1700, at Marston Pavilion. The fee of \$10.00 is required along with proof of age.

Regular hours for either the Area 2 Pool or the Camp Johnson Pool are Mon-Fri, 1130-1300, and 1630-2000. The weekend and holiday hours are from 1100 to 1700.

Water Aerobics is a wonderful way to exercise! Two classes are offered at the Area 2 Pool. One is offered Mon-Fri, 1130-1230, and the other is Mon, Wed and Thu, 1800-1900. One class is also offered at the Camp Johnson Pool on Mon, Wed and Thu, 1800-1900. All you have to do is show up to register!

Marston Pavilion Classes . . .

6 Mar - A Gymnastics Class will be offered for different age groups. The fee is \$15.00 per month. Register the 1st or 2nd Wed of each month at Marston Pavilion. Scheduled classes include:

- 3-5 yrs. 1530 - 1615
- 6-8 yrs. 1630 - 1730
- 9-up 1730 - 1930

6 Mar - If karate is more what you had in mind, Karate Classes will be offered each Tue and Thu, 1830-2100, and Sat, 1030-1230, at the Marston Pavilion Betio Room. Late registration will be held on 12 and 14 Mar. A first time membership fee of \$20.00 applies and \$15.00 monthly thereafter.



Sample our gourmet coffees, muffins and a delicious assortment of fine pastries at MWR Food & Hospitality's newest eatery. . .

Boulevard Cafe and Bakery

Now Open Monday through Friday
6:30 a.m. - 1 p.m.
in the Base Cafeteria

Youth News . . .

The Youth Center is the place for young people to talk and learn how to cope with their problems. Get the Real Scoop Support Group meetings are held the 1st and 3rd Thu of each month. Come with your questions, fears or delusions; we CAN help! Ages 6-12 meet 1630-1730 and ages 13-19 meet 1730-1830.

The Camp Lejeune Youth Council is designed specifically for and led by the youth. The meetings are held the 2nd Mon of each month at 1600 for youth ages 6-19. Committees will be formed by youth from different age groups representing the school they attend. Parents are urged to attend. If you have a suggestion for youth activities, this is your chance to voice your opinion.

Scheduled events for Mar include:

10 Mar - A Youth Skate Party from 1400 to 1700 at Skateworld. A \$3.00 fee includes skate rental, slice of pizza or hot dog, popcorn and soda plus 3 hours of skating! Register at the Youth Center prior to 8 Mar.

17 Mar - Play miniature golf at Putt-Putt Golf & Games from 1400 to 1600. A \$3.00 fee includes 2 hours of miniature golf, putter rental, eight game tokens and a soda! Register at the Youth Center prior to 14 Mar.

30 Mar - Mark your calendar for family fun at the Easter EGGstravaganza held at the Michael J. Stokes Field (TT Athletic Complex) from 1300 to 1600. Children ages 6 and under bring your basket for The Easter Egg Hunt at 1330. Scheduled events include: the Easter Bunny and friends, carnival games, balloons and prizes, a baked goods contest where ribbons will be awarded and then auctioned off (all entries must be on the table by 1430 and registered with Donna at the Youth Center before 17 Mar) and a D.J. playing children's music. Bring your sack

lunch or buy a hot dog and soda while you savor all the excitement. This is the one Easter party you won't want to miss!

Scheduled events for Apr include:

1 Apr - Bring in spring with a Teen Spring Campout from 1200, 1 Apr, to 1600, 2 Apr, at Brewster Campsite for ages 12-16. All meals, boating, hiking, owl prow, scavenger hunt and trail marking are included in the fee of \$10.00.

3 Apr - Have you ever been curious how a jail looks or wondered what it was like to be in a courtroom? ...And Justice For All will answer your questions with real courtroom drama at the Onslow County Courthouse. Depart from the Youth Center at 0845 and return at 1400. Please register by 1 Apr.

4 Apr - Spend the day roller skating, bowling, and playing putt-putt golf at Galaxy of Sports in Kinston. Ages 8-16 can enjoy all this along with gear rental and transportation from 1030 to 1700 for a fee of \$7.00.

20 Apr - Come to Stone Street Field from 1400 to 1800 for a Salute to the Military Child. Entertainment will include: Jack M. Jones, comedian/magician; games and cartoon characters. Picnic sites are available and hot dogs and sodas will be on sale for your convenience.

28 Apr - Join in on the fun of the 1st Annual Youth Triathlon! Register at the Youth Center by 4 Apr where a road map, regulations and fees will be collected at a meeting at 1500. Race start time is 1000 on the 28th.



Information, Tickets & Tours!

Concerts and Shows . . .

KEITH SWEAT, BELL BIV DEVOE & JOHNNY GILL will bring their TRIPLE THREAT tour to Chapel Hill's Dean Dome on 7 Apr, at 1930. You can be part of this sell-out national craze for only \$22.50!

ZZ TOP will be rockin' at Chapel Hill's Smith Center with the all-new sounds of their RECYCLER tour! Opening for them on 20 Mar at 2000 will be the BLACK CROWES. Ticket price is \$20.00.

Melting hearts at the Dean Smith Center in Chapel Hill, at 2000, will be RANDY TRAVIS with his smooth country music. Ticket price for this 27 Mar concert is \$18.50.

BATTLE OF THE BANDS competition for Spring Break Celebration 1991 will be held on 5 Apr. Compete for cash while you entertain thousands from our outdoor stage! This is every rocker's dream! Auditions will be on Sat, 30 Mar, at the Base Theatre. Call Brenda at x3535 for further information and an application.

Tickets for THE FANTASTICKS are now on sale for \$3.00. This popular musical will be performed by the Lejeune Playhouse Players on 25, 26 & 27 Apr, and again 3 & 4 May, at the Midway Park Theatre on Lejeune Blvd. Come out and cheer the cast from Camp Lejeune!

After eight soldout weeks in New York, you can enjoy the ORIGINAL Broadway cast and staging of PETER PAN starring Cathy Rigby (the gold medal gymnast)! Charlotte's Owens Auditorium is the place to view this extravaganza on Sat, 27 Apr, at 1400. Ticket price is discounted from \$29.50 to \$25.00.

THE RINGLING BROTHERS AND BARNUM AND BAILEY CIRCUS comes to Dorton Arena in Raleigh on Sat, 9 Mar. Great lower level seats are available for \$9.75 (regular price \$11.50) for this noon performance.

Bus Trips . . .

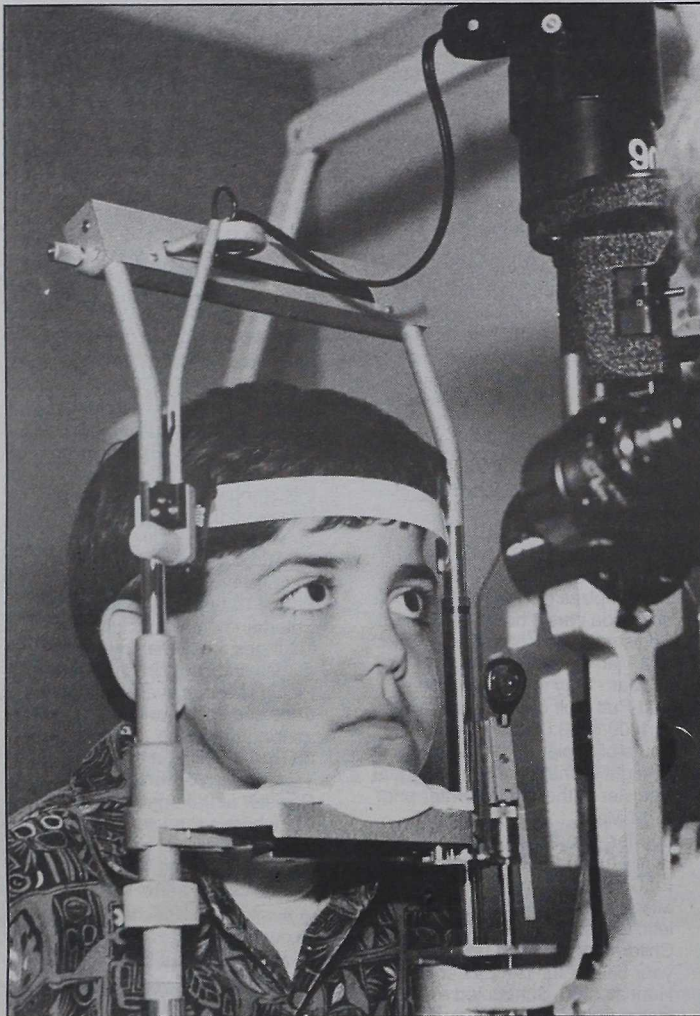
We've planned a fabulous day in RALEIGH on 23 Mar! First, get in a terrific day of shopping at the CRABTREE MALL and then enjoy a marvelous evening at the GOVERNORS INN DINNER THEATER'S production of "La Cage Aux Folles." For only \$34.00 per person, you'll receive roundtrip transportation via deluxe motor coach and ticket to the theater!

Visit WASHINGTON, D.C., Easter weekend, 30-31 Mar! See the National Arboretum, explore the Smithsonian, take an illuminated tour of our nation's capital and much, much more! Our very low price of \$46.00 includes one night's lodging and roundtrip deluxe motor coach transportation. Why not book your seat now before our bus is filled?

THE SOUTHERN LIVING COOKING SHOW comes to Camp Lejeune's Camp Theatre on Thu, 14 Mar. Show times are 1000 and 1900. For \$2.50 you receive a complimentary tote bag, a paperback Southern Living cookbook, and several dollars worth of coupons.

On 18-21 Apr, in Raleigh, the SOUTHERN WOMEN'S SHOW offers everything from the latest spring styles, career opportunities and health care advice for you and your family to beauty tips and demonstrations. This is the place to sample the newest products from the grocer's shelves, take home cosmetic samples and meet celebrities. Ticket price is only \$4.50.

Call 451-3535 for details on all tickets & tours.



Rickie Musgrave, 9, gets an eye exam from Dr. David Erwin at the eye clinic in the Naval Hospital.

'Save Your Vision Week'

Awareness heightened about proper eye care

Story and photo by
GINA CARTER

As she waited for the red light to turn green, the reflection from a passing car made her squint. She peered through the windshield; the day was beautiful. It was sunny and the sky reminded her of a solid blue wall. How was it possible she hadn't noticed it before?

To some, being able to see the colors and notice the surroundings is commonplace, but for the American Optometric Association the ability to see is never mundane.

Beginning in March 1927, the AOA began sponsoring "Save Your Vision Week". The idea, a familiar one for the medical profession, is to heighten public awareness. The presidentially-sanctioned observance is co-sponsored by local optometric societies and associations as well as vision awareness auxiliaries.

This year, for the first time, members of the AOA will unite nationwide to provide free eye care to low-income workers and their families through the VISION USA program.

Here, the Naval Hospital eye clinic provides routine eye exams to active duty military, retirees and their dependents. Setting up an appointment is as simple as reaching for the phone. The clinic allows appointments to be scheduled one month in advance from 7:30 a.m. to 4 p.m. Monday-Friday by calling 451-4731.

However, some military members and

their dependents don't take eye appointments seriously according to Lt. Cmdr. Tom Clinch, head of the department of ophthalmology.

"You would be surprised at how many no-shows we have," he said. "I'd dare say 20 percent of the scheduled appointments never show up and never call. People need to realize how important it is to call."

Establishing the importance of routine eye exams is one of the goals of the AOA's annual program.

"The first routine eye exam should occur at age three or four if the parent or regular doctor has had no reason to suspect something is wrong," said Lt. David A. Erwin, staff optometrist. "At this time, I look for amblyopia or dull vision. This condition occurs when one eye is underdeveloped."

If everything is normal on this initial visit, the next visit would be as the child is entering school. Although children receive school screenings, Erwin still recommends a professional eye check annually.

"During the school-age years, the eyes are most likely to undergo stresses that may create a problem," Erwin said.

Yet, from 18-years-old until about age 35 there are usually very few vision problems, according to Erwin. This has been attributed to the decline in physiological changes and high school graduation. The factors change if the young adult pursues education or a profession that entails close work.

The next major vision change usually occurs in adults from age 35 to 45. It is called presbyopia and has to do with the difficulty most middle-aged people experience while reading.

"The change is a physiological one. It has to do with age and everybody gets it," Erwin said.

The traditional correction for this condition has been to get reading glasses, but according to Erwin the newest invention is monovision. Monovision corrects sight with lens in such a way that an individual is able to see both near and far without bifocals.

Erwin cautioned against purchasing over-the-counter reading glasses.

"It is a temporary solution that is cheap, but could end up expensive if a severe problem is being overlooked."

As an adult's age increases, Erwin indicated that disease is more likely to occur. As a preventive measure he again cited annual visits to an eye professional.

Visiting an eye professional annually will not alleviate all vision problems and individuals are encouraged to properly care for their eyes by following a few simple guidelines. Erwin listed the following as primary precautions: evenly distributed lighting, good posture while reading or working for long periods, sitting up while watching TV and holding reading material at an incline.

"Anything that puts strain or stress on the eyes for a long period of time will eventually create a problem," Erwin said.

But, with the popularity of programs such as Save Your Vision, more of the public will be educated and will soon realize the AOA's goal to preserve the valuable gift of sight.

Reservists continue training, brush up skills

Story and photo by
CPL. J. KINCHEN-SCHNEIDER

The desert is thought to be a vast wasteland of endless sands and torturous heat. To some it is home but to others, it can be a prison.

To the Iraqis the desert is home. They have adapted to the unyielding heat, the miles of sand and the environment. But the average American has had little or no experience with living in the desert.

Therefore, as Marines and other servicemen and women of the Armed Forces prepared for warfare in a desert country, training and survival became paramount.

As Marine reservists nationwide were called upon to reinforce Operation Desert Storm, a quick stop at Camp Lejeune's Southwest Asia Training Group prepared them for the desert.

"The SWA is a minimum-level predeployment training course that all Marine reservists who are called to active duty attend before leaving," said Maj. R.L. Parramore, OIC of training control, Southwest Asia Training Group.

The training the Marines attend is broken down into five one-week blocks.

Week one consists of Individual Skills Training. The Marines are given classes on living, tactical considerations and medical problems in the desert.

The remaining four weeks are collective lessons on patrolling, offense/defense tactics, special skills/planning and marksmanship/familiarization fire.

"The training basically helps the Marines

take care of any coordination problems and familiarizes them with the current stock of weapons," Parramore said.

The SWATG is a small but important element within the II MEF. It currently falls in with the training and operations section.

This section has what is known as the War Games Center. It was this center that was tasked with setting up the Southwest Asia Training Group to train the reservists.

The basic mission of the SWATG is to coordinate training for forces deploying to Southwest Asia.

"Originally, II MEF's G-3 and 2nd MarDiv. were responsible for all training of units deploying prior to Nov. 26, but on Dec. 3 the training became the responsibility of SWATG," Parramore said.

The Table of Organization of SWATG requires about 15 officers and 131 enlisted Marines. These Marines came primarily from military occupational skills such as Nuclear, Biological and Chemical (NBC), engineers, intelligence and weapons plus Staff MOSs.

"A message was released from the director of the War Games Center to Headquarters Marine Corps for support in meeting the personnel requirements," Parramore said.

Many of the personnel were transferred from different military installations around the nation. Some are from the Mountain Warfare Training Center, Bridgeport, Calif., the Mobilization Training Unit, Quantico, Va., Fleet Marine Force Atlantic, Norfolk, Va. and many other sources, according to Parramore.

"Also a two-man team of computer programmers were brought in from Washington, D.C. to program a computer that would print out the vast training schedules of the deploying units," Parramore said.

"The support we've received has been astounding and we haven't had any problems," he added.

With this additional support from Marines in specialized billets, SWATG trains anywhere from 400 to 1,000 Marines a week to meet the challenge of the Southwest Asia terrain.



Reserve officers and staff NCOs receive classes on battle tactics using a model of a predetermined target.

PASTIMES

Free GED classes available

Coastal Carolina Community College offers free GED preparation classes on campus, throughout Onslow County, and aboard Camp Lejeune in Berkley Manor, Midway Park Housing, and Tarawa Terrace. New classes are already started. Classes meet day and/or night. For information, call 455-1221, Ext. 259.

Learn poise and posture

The Onslow County Parks and Recreation Department is sponsoring two modeling and etiquette classes at Swansboro Primary School on Saturdays through March 30. Classes will be held from 9 to 10:15 a.m. for ages 6-9, and 10:30 to 11:45 a.m. for ages 10-14.

Pre-registration is required and will be taken at the Onslow County Parks and Recreation Department's Administration Office Monday through Friday from 8 a.m. to 5 p.m. through tomorrow. For more information, call 347-5332.

Variety of classes available

The Division of Continuing Education of Coastal Carolina Community College is offering courses in child care certification, teacher renewal certification, gerontology, the sociology of aging, and insurance. For more information, or to pre-register, call 455-1221, Ext. 294.

Be skilled on the job

The Family Service Center is offering a free job skill training course to military dependents. An office skills secretarial course will be taught Monday and Tuesday from 6 to 8 p.m., at the FSC, Bldg. 14. For more information or to register, call 451-5927.

Benefits class presented

Linda Mabry of the Health Benefits Office of the

Naval Hospital will present a "Health Benefits" class in the Family Service Center, Bldg. 14, Tuesday from 9 to 11 a.m.

The workshop is designed to help learn more about CHAMPUS benefits and filing a claim.

To register or for more information, call 451-5417/5997.

Place your bid

A local auction sale will be held Tuesday starting at 9 a.m. in Bldg. 906. Bidder registration will begin at 8 a.m. Property may be inspected from 8 a.m. to 3 p.m. through Tuesday. The property is located at Bldg. 1117 and TC 864, Camp Geiger.



GINA CARTER

Former co-workers Rear Adm. Mary Hall, NC, USN, director, Navy Nurse Corps and Edna Winn, RN, nursery charge nurse, greet each other enthusiastically while Capt. Anne Redo, director of nurses at the Naval Hospital looks on. Hall was at the Naval Hospital on a routine site visit Feb. 23.

RAMADA INN

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EVERYDAY TO EVERYONE

MONDAY NIGHT COUNTRY



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The first 100 Wild Women get a FREE \$2.00 bill from Harvey's

Thursdays

Harvey's pays \$50⁰⁰ for a special few "LADIES IN BLACK". Top 40 Dance Music

Fridays & Saturdays

Dance to the hottest in Top 40.

Sundays

Classic Rock 'N' Roll Extravaganza
Beverage Specials

Mondays

COUNTRY MUSIC "No Cover"

Tuesdays

Top 40 & Request Night — "NO COVER"

26th MEU(SOC) returns from Med.

Navy/Marine team tackles real-life emergency off coast

BY SSGT. GENE DE FOREST
26th MEU (SOC) correspondent

USS NASHVILLE (LPD-13) — The duty of 26th MEU (SOC) Marines and sailors in the Contingency Marine Air/Ground Task Force 3-90 supporting Operation Sharp Edge off Liberia alternated between long stretches of boredom to adrenalin pumps "on-line" when events took place around the U.S. Embassy in Monrovia.

However, during December, 26th MEU (SOC) Marines were witness a real-life emergency and assisted in saving a man's life.

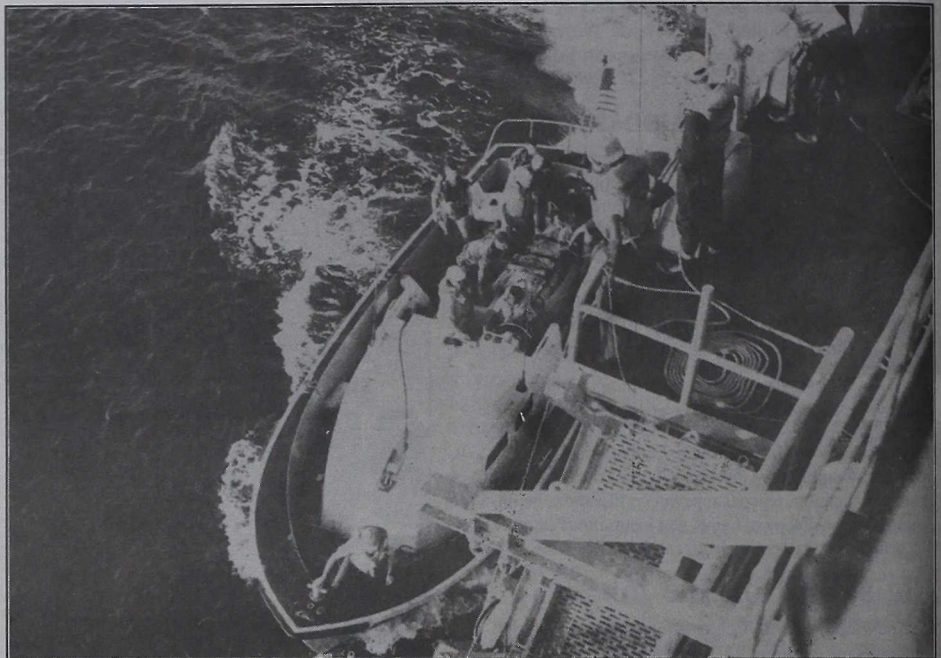
"We received a distress call early one morning, around 1:30 a.m., from a French commercial trawler, about 500 miles off the coast of West Africa," according to Navy Capt. John "Sparky" Lyle, CO, *USS Nashville*.

One of the trawler's crew was suffering from acute appendicitis and medical help was urgently needed. *Nashville* answered the call and immediately started steaming to rendezvous with the vessel.

The Marines and sailors aboard the ship who awoke at 6 a.m. were greeted by an announcement over the ship's intercom from Lyle explaining the situation the ship was sailing into.

Lyle also explained that there was a language barrier and asked anyone aboard who was fluent in French to please make themselves available.

Marine 1stLt. Chris Maxmin of the 26th MEU (SOC) Air & Naval Gunfire Liaison Company detachment, stepped forward to volunteer his services.



SSGT. GENE DE FOREST

Marines and sailors aboard the *USS Nashville* (LPD-13) prepare to move a stretcher from one of the *Nashville's* launches to the ship during a real-life emergency they encountered while floating off the coast of Liberia.

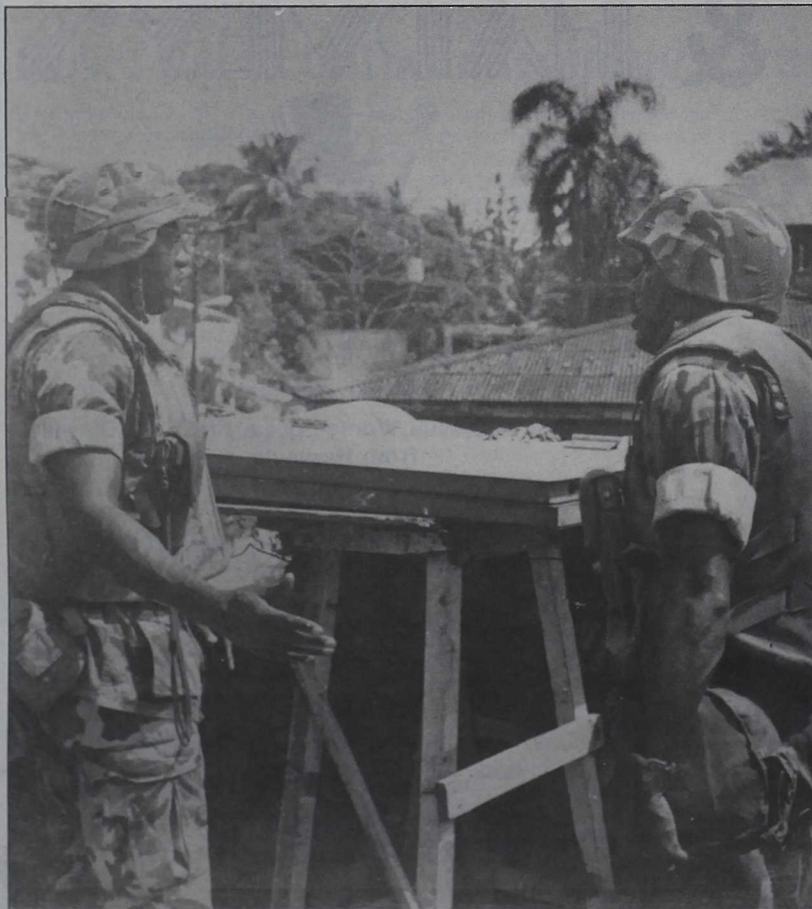
Once the *Nashville* began to close the distance between the two ships, a CH-46E helicopter from HMM-162 was launched to pinpoint the trawler's exact location.

Once the rendezvous took place, a launch from *Nashville* with medical personnel, Maxmin, and Capt. Adam Copp, platoon commander of 26th MEU (SOC)'s

Force Recon detachment, tied up to the trawler and then prepared the ill man to be transferred aboard the *Nashville*.

Once aboard the man underwent a successful emergency appendectomy.

The man was flown off the *Nashville* and went back home to France.



SSGT. GENE DE FOREST

Two Marines from BLT 3/8, 26th MEU(SOC), stand guard at a post inside the U.S. Embassy compound in Monrovia, Liberia.

BLT 3/8 pulls defense duty

BY SSGT. GENE DE FOREST
26th MEU (SOC) correspondent

MONROVIA, LIBERIA — As the world waited for the Middle East Crisis to resolve itself, Camp Lejeune Marines and sailors of the 26th MEU, (SOC) continued to work in another unstable location.

The continuing civil unrest in Liberia required 26th MEU (SOC) to maintain a security force from Contingency Marine Air-Ground Task Force 3-90 on the grounds of the U.S. Embassy in the capital city of Monrovia. The security force was supported by *USS Nashville* (LPD-13), which patrolled off-shore on Mamba Station, while the remaining ships off-shore sailed for the Med.

The Navy and Marine presence began as a direct result of threats by leaders of the rival rebel factions to attack the American Embassy to force direct U.S. involvement in the now year-long civil war. This never occurred.

A multi-national West African peace-keeping force known as ECOMOG (Economic Community of West African States Monitoring Group) has been acting as a buffer between the warring factions.

For the Marines who stood guard, the duty ranged from long stretches of boredom to moments when the adrenaline was really pumping.

LCpl. Richard Andrews, 23, a member of Weapons Co., 3rd Bn., 8th Marines, a Fort Worth, Texas native, said that there were anxious moments, particularly when

firefights between rebel groups flared up in the vicinity of the American Embassy compound.

"There was a span of three days when we were receiving a large number of rounds. Impacts were near our position over head," explained Andrews.

Stray rounds from nearby firefights haven't been the only things that have drawn Marines' attention. There were reports where rebel soldiers congregated near the embassy compound.

"One night we were using Night Vision Goggles) and about 20 armed rebels just in front of the embassy," Andrews explained.

"There was some serious speculation to the possibility of a firefight. By morning the group had increased to 50 armed individuals," Andrews said.

Armed soldiers with ECOMOG rifles and diffused the tense situation by moving the rebels and taking them into custody.

Another incident happened just a few days later. A large group of Armed Forces of Liberia (AFL) moved from their training camp near the U.S. Embassy Training Center, toward the U.S. Embassy compound.

State Department officials, knowing the AFL was desperate, hungry and on the verge of defeat, feared the group would try to storm the embassy gates and walls. An additional 200 of 26th MEU (SOC) Marines were

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26th MEU (SOC) also co
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162 helos flew daily m
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Hollywood Huddleston

Story and photos by
SSGT. KENNETH R. PETTIGREW
I MEF correspondent

SAUDI ARABIA — On Jan. 16, at 9 p.m. EST — 5 a.m. Jan. 17, in Saudi Arabia — President George Bush formally acknowledged that the U.N.-sanctioned battle to liberate Kuwait had started.

During his live, personally-written speech, Bush made reference to several servicemembers serving in Southwest Asia. One of those was "Hollywood" Huddleston.

LCpl. Bourne P. Huddleston, a plane captain and jet mechanic assigned to VMA-311, was eating cereal in Saudi Arabia, Jan. 17, while listening to the initial broadcast accounts of air strikes against Iraq. During his morning meal, the president began to deliver his speech. "I overheard my name," Huddleston said. "It surprised me."

Perhaps his biggest surprise was that the president of the United States mentioned his moniker. Ask him if it's all right to call him by his first name, and he'll quickly respond, "Like the president said, here I go by

the nickname Hollywood."

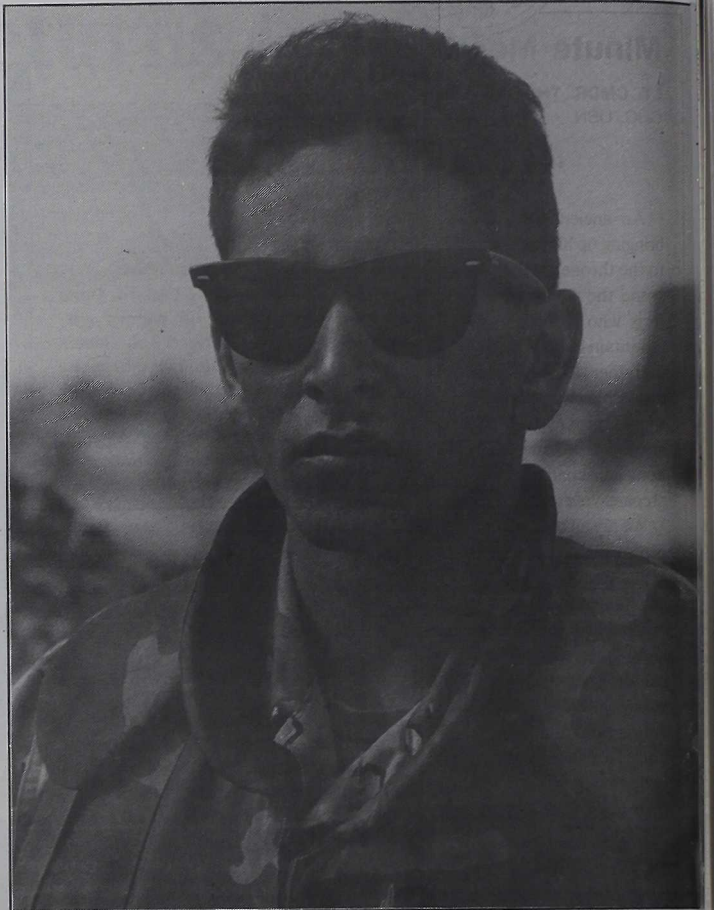
Huddleston explained that he started being called Hollywood when he was growing up in San Luis Obispo, Calif. "A lot had to do with the shades," he said.

The lean, 22-year-old accents his dark complexion with black designer sunglasses. His thick, though short, brown hair and dark eyes combine with 70 inches height to give him a "cool" look. He takes advantage of his warm smile and agreeable laugh, combining them to make people accept and like him.

"I'd describe myself as pretty easy to get along with," Huddleston said. "I enjoy being with friends."

Perhaps he personifies the "boy-next-door" Marine — youthful, but not naive, confident but not arrogant. If one word were to be used to categorize his personality, it would be affable.

The likable Marine explained how his name got mentioned in Bush's speech. "It started about two and a half months ago," Huddleston said. (He has been in Saudi Arabia since Aug. 26.) "The Associated Press was here. They asked



me a few questions, such as how I felt, what I thought the Marine Corps should do. I told them how I felt — we should free Kuwait, so we can finally go home and be free ourselves." He theorized that his quote got printed in the States, and was brought to the attention of the president.

He said that now that the coalition is fighting to free the tiny U.N. member, he feels particularly proud of his job. "As a plane captain, I have to inspect the birds (AV-8B Harriers) constantly to make sure they're ready for flight," Huddleston said. "My first priority during a launch of an aircraft is the pilot — to ensure he's safe."

He and other people of his squadron, who left the relative comfort of MCAS Yuma, Ariz., for hazardous duty in

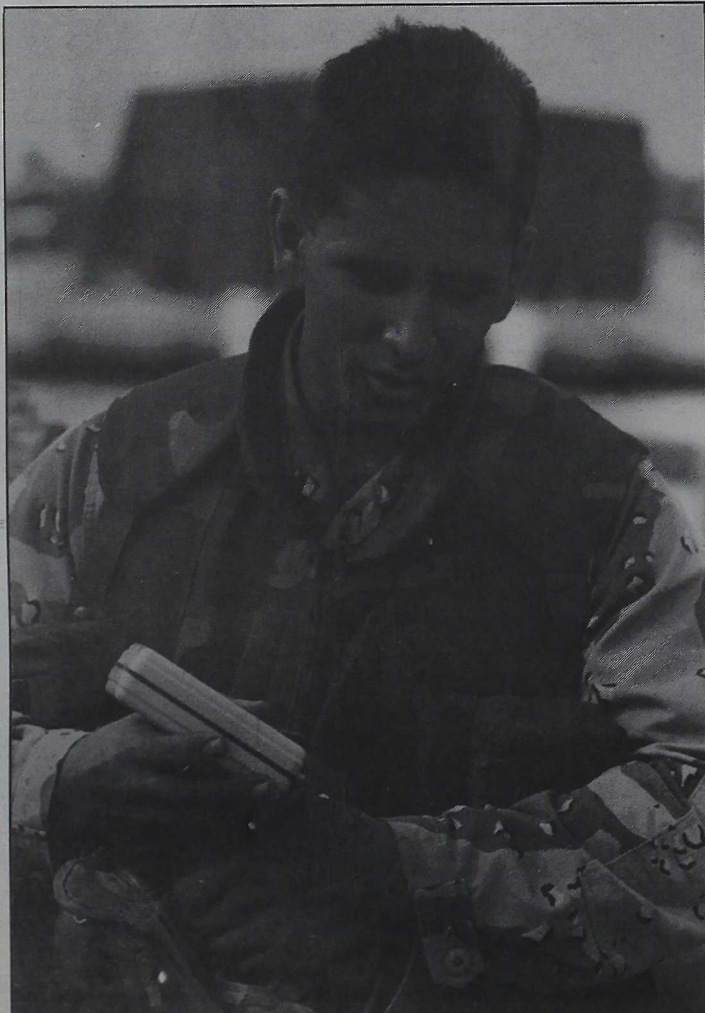
Saudi Arabia, regularly put in more than 12 hours a day. He usually starts his workday before 6 a.m., and finally leaves the flight line about 6:30 or 7 p.m. The hours don't bother him. He wants to go home, "The sooner the better."

"As far as the air campaign, I feel we're doing the right thing," he said. "It'll have to go on for a while."

Although his Harrier squadron has flown numerous sorties in combat so far, he is anxious for the Marine Corps to take full advantage of the vertical or short takeoff or landing jets.

"The AV-8Bs are here for ground support. When the ground troops roll in, we (Harriers) are going to be there!" he exclaimed.

Maybe soon afterward, "Hollywood" can be "back on the block."



Left, LCpl. Bourne P. "Hollywood" Huddleston listens to a rebroadcast of President Bush's speech. During Bush's address to the nation, the president made reference to Huddleston's nickname. Above, Huddleston, who is assigned to VMA-311, performs a maintenance check on an AV-8B Harrier.



Minute Me
LT. CMDR. THOMAS
CHC, USN

"Ad
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COMMAND RELIGIOUS PROGRAM

Minute Message . . .

LT. CMDR. THOMAS S. JOHNSON
CHC, USN

"Adversity"

An ancient king took extraordinary care in bringing up his eldest son, who would succeed him to the throne. Part of the boy's education was to spend the winter with a tribe of the king's subjects who struggled for survival in their harsh mountain land. When the boy returned he asked his father "Why did you make me go hungry, endure cold and suffer hardships? A king's son should never lack for anything." The father answered: "Chance made you a king's son. Situations can change that in an instant. You must prepare yourself for adversity."

We are all touched by adversity - unforeseen expenses, disappointments, discouragements, a death in the family. Those who turn setbacks to their advantage over the years have built reserve resources for the times when nothing seems to go right. Unfortunately, many people do not get acquainted with themselves until things begin to go wrong.

It is rare in life that all difficulties, all distractions and all annoyances are removed from an undertaking. What is required is that we face and then learn from our adversities.

"Prosperity is a great teacher; adversity is a greater. Possession pampers the mind; adversity trains and strengthens it."

Roman Catholic

Sunday Masses
St. Francis Xavier Chapel 8:30 a.m., 11 a.m.
Tarawa Terrace Community Center Noon
Camp Geiger Chapel 11 a.m.
Courthouse Bay Chapel 9:30 a.m.
Naval Hospital Chapel 10 a.m.
MCAS, New River Chapel 9:30 a.m.
Brig 8 a.m.

Weekday Masses (Mon.-Fri.)
St. Francis Xavier Chapel 11:45 a.m.
Naval Hospital Chapel 11:30 a.m.
MCAS, New River Chapel 11:45 a.m.

Saturday Masses
St. Francis Xavier Chapel 5 p.m.
Camp Johnson Chapel 5 p.m.

Baptism Class
Will be held in the Catholic Annex, Bldg. 17A, Wed. 5 p.m. before the first and third Sun. of each month. Call unit chaplain to register.

Confessions
St. Francis Xavier Chapel 4:45 p.m. Sat.
(or contact the unit chaplain.)

Eastern Orthodox

Camp Johnson Chapel, Divine Liturgy 10:30 a.m.

Islamic (Muslim Juma)

French Creek Chapel 11:45 a.m. Fri.
Brig 1 p.m. Fri.

Jewish

Hospital Chapel Sabbath Eve Service 7:30 p.m. Fri.
Hebrew School 6:15 p.m. Tues.
Havdalah Service 7 p.m. Sat.

Latter Day Saints (Reorg.)

Naval Hospital Sunday Worship Noon
(Sunday school follows)

Lutheran (WELS)

Protestant Chapel Sunday School 3:30 p.m.
. Sunday Worship 4:30 p.m.

Protestant

Sunday Worship
Protestant Chapel 9 a.m. and 10:30 a.m.
Camp Johnson Chapel 9 a.m.
Tarawa Terrace Community Center 10:30 a.m.
Camp Geiger Chapel 9:30 a.m.
French Creek Chapel 10:30 a.m.
Courthouse Bay Chapel 11 a.m.
Naval Hospital Chapel 9 a.m.
MCAS, New River Chapel 11 a.m.
Brig 9 a.m.

Weekday Worship
LDS Family Home call 451-2807 for information
Protestant Chapel 7 p.m. Wed.
(Chapel Fellowship and Bible Study)

Sunday School
Bldg. 37 9 a.m.
Tarawa Terrace Community Center 9:30 a.m.

Seventh Day Adventist

Call 451-3210 or 346-9713

Chapel Notes

Bible Study is held every Tuesday at 10 a.m. at St. Francis Catholic Chapel.

Stations of the Cross will be held each Friday in Lent at 7 p.m. in the St. Francis Chapel.

A Prayer Vigil is held every Tuesday evening at 8 p.m. at the Tarawa Terrace Chaplain's Office, STT45. Everyone is invited to come out and pray for the deployed service members involved in Operation Desert Storm. For details, call 451-5353/2967.

24-Hour Duty Chaplain 451-3210

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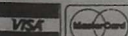


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•Musical
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•Children's Show

-Clowns
-Magic Act
-Balloons

•Refreshments

Annual Meeting Schedule

4:00 Registration Opens
Health Fair
Displays
Pole Top Rescue
6:00 Entertainment by
New River Grass
6:45 Prize Drawing
7:00 Business Meeting
8:00 The Spurrlovs
9:00 Prize Drawing
9:30 Adjourn

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•Metering

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Conservation

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•Safety

•4-H

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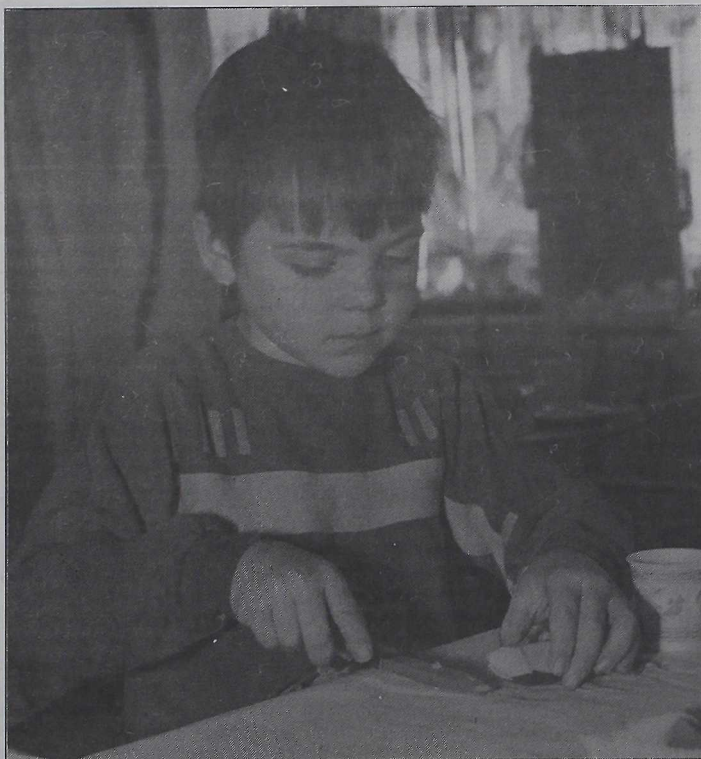
Patriotic Show and Tribute to our Men & Women Serving Our Country

New River Grass

FRIDAY, MARCH 15th
WHITE OAK HIGH SCHOOL

Registration Starts at 4:00 PM





Michael Atkinson, 6, prepares his own healthy snack in Mrs. Sherrill's kindergarten class at Delalio Elementary School.

Not junk food, just fun food

Story and photo by
GINA CARTER

"Mom, what's for dinner?"
"Pizza, cheese pizza."
"All right!"

Just because it's National Nutrition Month doesn't mean junk food must meet its demise. Pizza, hamburgers, soda and candy are not necessarily bad for you according to Jo-Ann Heslin, a registered dietitian and author.

Heslin states in a recent article that junk foods are generally those considered to be high in calories, sugar, salt and fat. But, eaten in moderation, none of the traditional junk food is harmful.

The problem arises when too much is consumed. Too many calories coupled with inactivity can lead to obesity; too much sugar leads to tooth decay; too much salt may lead to high blood pressure; and too much fat could increase the risk of heart disease, cancer and obesity according to Heslin.

How much is too much?

That depends on age. It is important to recognize children's dietary needs are different from adults. For example, a child may have 30 to 40 percent of his daily calories from fat according to the American Academy of Pediatrics Committee on Nutrition. However, it is suggested by nutritionists that no more than 30 percent of an adult's daily calories come from fats.

Islamic culture observes Ramadan: Month of discipline and purification

CENTCOM NEWS

SAUDI ARABIA — Because of the deployment of more than 500,000 troops to Saudi Arabia as part of Operation Desert Storm, American, as well as other non-Muslim coalition forces, may find the Islamic culture quite different than that of their own. One major event in the Islamic culture is quickly approaching.

The Islamic holy month of Ramadan will be observed by Muslims, the followers of Islamic religion, from March 17 through April 14 this year.

During the entire month of Ramadan, the ninth month of the Arab and Islamic calendar year, Muslims take part in a ritual fasting. The fast is considered to be a spiritual discipline marking the end to indulgence and constituting a kind of purification.

Muslims do not eat, drink or smoke from dawn to dusk during Ramadan. In addition, they do not listen to music, engage in sexual contact or "pleasures of the senses."

During the night those sacrifices are restored, but no celebrations are held.

After the final evening prayer, Muslims usually eat a breakfast. Later during the night, a larger meal is eaten. Shortly before dawn, a meal called, "suhur" is eaten. Frequently, town criers will roam the streets, advising the people that sunrise is near and the fast should begin again.

Some Muslims are exempt from fasting, such as those in poor health, pregnant or nursing women, and travelers on long journeys. Children begin by fasting half a day and gradually increase until they are old

As a general rule, Heslin recommends moderation and balance. If a food that is high in one area is eaten, she suggests balancing it with other moderate choices—cheese pizza is less fattening than one with pepperoni.

She also suggests shopping smart to alleviate potential problems. Some of her suggestions include cookies that snap rather than bend. The bendable ones have more fat, but fruit-filled cookies like fig bars are better than creme-filled. Marshmallows, hard candy and jelly beans although fat free are sticky and must be washed off the teeth. Pretzels and popcorn are alternatives to chips and whole-grain cereals mixed with a handful of highly sweetened cereal offers a compromise.

Children, too, are being taught the benefits of healthy eating. Recently, kindergartners in a Delalio Elementary School classroom were discussing dental hygiene. During the conversation the issue of healthy snacks was mentioned. The teacher decided to incorporate both ideas into the children's school work by suggesting they make "apple smiles". The apple smiles consisted of an apple slice covered with peanut butter and raisins.

Such integration of concepts help to instill good nutritional sense at an early age and will help to ensure children will understand the importance of a healthy diet while not feeling deprived of the fun foods they love to eat.

enough to fast without harming their health. If fasting threatens health, it is stopped. Muslims exempted from any part of the fasting period must observe the same number of days missed later in the year.

Because the Islamic calendar year is based on the cycles of the moon, the beginning of the month of Ramadan depends on the physical sighting of the moon. The month of the Ramadan moves through the year because of the lunar calendar, and is not always observed in the Western Gregorian calendar during the same month of the year. In the Islamic calendar, holidays advance about 10 days each year. When Ramadan is observed in the heat of summer, the "sacrifice" is greater. Fasting is considered easier when conducted in winter.

Muslims begin Ramadan by vowing to perform the fast as a rite. Ramadan is considered a blessed time because it represents a moment in the year when God's graces seem closer and more accessible. Muslims believe by fasting, they morally achieve a direct understanding of the suffering of the hungry. They also believe the fasting rite leads to renewal and fresh strength.

Fasting during the months of Ramadan is particularly holy. During this time, Laylatal-Qudar (the "night of power" or "destiny") is observed. In the Islamic religion, this commemorates the night during the year 810 A.D. when the Koran was revealed to Muhammad, the Messenger of God. It is the holiest day of the year.

Non-Muslim allied coalition forces are cautioned to be considerate of fasting Muslims by not eating, drinking or smoking in front of their Muslim comrades.

KIDS, FROM PAGE 1A

tuned to that 24-hour news network with 24-hour war coverage. The volume was turned down.

Trianoski also has an older son, Anthony, 12, who's become "man of the house," since his father, David, a Navy Petty Officer 1st class and corpsman, deployed Jan. 3, to Operation Desert Storm.

"I felt bad that he had to leave," he said while chewing bubble gum. "But it's good the ground war is on now, because he'll be home soon."

Next to Anthony, his friend, Eric Rolopf, 11, chomped away on his bubble gum, ready to blow a bubble. "Every time something happens, dad goes," said Eric, one of Debbie and Mitchell Rolopf's three children. Mitchell, a Navy Petty Officer 1st class, is also a corpsman, with a Marine unit deployed to Desert Storm.

"There's a chance he might not come home," Anthony added.

These kids accept this cold fact as reality. They know there's a possibility their fathers may not return, or may come home injured, according to Debbie Rolopf. "You have to be honest and truthful with your kids," she said. "You can't lie to them and tell them daddy's going to be all right ... And then he doesn't come home."

The eventuality of fathers and husbands not coming back is something the Rolopfs have dealt with for 17 years. As a corpsman, Mitch Rolopf is attached to a helicopter squadron that specializes in search and rescue missions.

"Dad's always flying," said Elaine, 18, the eldest of the Rolopf's children. "There's always a chance he'll go down."

Elaine is a level-headed young lady, according to her mom, with a "Rock of Gibraltar" reputation around the Rolopf household. She's comfortable in the role of "big sister" to her younger brothers, Mitch, 13 and Eric. At times, Elaine is almost like a big sister to her mother — providing a reassuring shoulder for her.

"Crying helps her deal with the fact dad's deployed," Elaine said. "And when she gets mad at something on television, I try to calm her down."

"My daughter has been my strength," Debbie confessed. "I don't know how I'd do it without her."

In fact, in the early days of Operation Desert Shield, Debbie learned a thing or two from Elaine. She helped mom sort out a few misconceptions about the situation.

Elaine attributed her education on the subject to talking about current affairs at school. "It's helped to know what's going on over there."

"Over there," is someplace very real to Elaine, yet there's still an unreal quality about it to her.

"War is something you read about in a history book," she said. "I understand why he's there ... It's just another deployment ... I don't let the television affect me, and don't believe everything the media says."

Moments later, a Marine CH-46 Sea Knight, blipped by on the television. In a cloud of desert dust it landed. By this time, everyone sitting in the room was on their feet and around the television.

Debbie hoped to catch a glimpse of Mitch on the screen. She didn't. She then related the last call she'd gotten from him. His crew had gone in to rescue a downed helicopter crew. "He said, honey, I felt real safe, because we were escorted by six Cobras."

Elaine dismissed the almost reflex action of the two families leaping toward the television, as a typical response when a helicopter is shown.

Though Elaine says the war hasn't affected her, cracks in the "rock" are subtle, said her mom. "She didn't want to do anything special for her 18th birthday, because her dad wasn't here," Debbie said.

Now, with graduation looming in June for Elaine, she remains emotionally cool, but compassionate. "If dad's not here on graduation, I'll understand."

But to bring Anthony and Meagan Trianoski's dad, David, a little closer to home, Sandra has his voice recorded on audio tape.

"Before he left, he sat down with Meagan's favorite book and recorded it," Sandra said.

Meagan almost nightly, according to her mom, wants to hear her favorite book and voice.

Within these families a tighter bond has developed, because of the war separation, according to Sandra and Debbie.

Though the Rolopfs and Trianoskis are successfully dealing with being separated, they, like the rest of the country can not escape the realities of this war hitting home.

A salty Seabee comp
other Seabees have

Father footst

Story and photo by
CPL. PAUL SCHNEIDER
4th MEB correspondent

IN THE ARABIAN
father, like son — or
Operation Desert Storm
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PFC Robert T. Haske
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PFC Robert T. Haske
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some time out to vi
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SAUDI ARABIA

Busy as a 'Seabee,' building for Marines

Story and photos by
LCPL. B.W. BEARD
I MEF correspondent

SAUDI ARABIA — For more than five months the 3rd Naval Construction Regiment has been busy as a "Seabee" providing I MEF engineering support here.

The Seabees have completed in excess of 150 projects ranging from those taking one day, to multi-million dollar jobs requiring months to complete, according to Master Chief Petty Officer John Henderson, regimental operations chief. Before the end of January the Seabees completed the construction of tent camps capable of housing many thousands of Marines, several supply points, roads, hangers, and various other projects.

but our priority is I MEF."

Another priority for the Seabees is safety. Although their work often requires operating heavy equipment, climbing or lifting, there hasn't been a serious injury here yet. "Construction, by nature is considered a dangerous trade, but the Seabees have been very safety conscious and their record speaks for itself," Henderson said.

Hard work

"The hours are long and the work is hard, but we never forget safety. We strive to get our work done quickly and correctly, but we never push ourselves to the point where we endanger ourselves," said Petty Officer 3rd Class Ron Ray, a builder.

Although the Seabees are constantly busy supporting the Marine Corps, they must find time to hone their combat skills and other military duties. "Our motto is 'We build, We fight'. In other words, we will protect what we build," Henderson said.

As the Seabees continue to work at a furious pace, all of them know there is much more to be completed.

Support

"We will support the Marine Corps in any way that we can to allow their engineers to dedicate themselves to the projects that their mission demands," Henderson said. "We are willing to support any command,



A salty Seabee completes one of the final steps in building a wall. He and many other Seabees have been busy providing engineering support for I MEF.

Father follows son's footsteps to Saudi

Story and photo by
PL. PAUL SCHNEIDER
I MEF correspondent

IN THE ARABIAN DESERT — Like father, like son — or maybe in the case of Operation Desert Shield, it's more appropriate to say — like son, like father.

When Iraq invaded Kuwait in August, PFC. Robert T. Haskell, 20, was finishing his training at the School of Infantry at Camp Geiger.

When he graduated SOI on Aug. 16, he went next door to Camp Lejeune to join his father, PFC. Robert L. Haskell, 44, from Hubert. He joined the RLT-2 headquarters aboard the USS *Shreveport*, a landing platform dock ship, in mid-November.

The younger Haskell's battalion belongs to RLT-2, the GCE of the 4th MEB. "When I found out I was coming out here I felt better because at least I'm in an area where I know what's going on," the older Haskell said.

Having both husband and son deployed on Operation Desert Storm hasn't been easy on Katrina Haskell, explained the "top."

"She understands the reason why we are out here, but like all mothers and wives she isn't happy about the separation," Haskell said. "She's used to me being gone but with the boy gone too, that's a little hard on her."

MSgt. Haskell, a 24-year veteran of the Marine Corps, had a similar start to his career as his son has had.

"I came in the Marine Corps during the Vietnam era, went through six months of training and was sent straight to Vietnam. I had the same MOS, machine gunner, as my son," The senior Haskell explained. "It's kind of strange that my son is following a similar course that I did."

MSgt. Haskell has two more sons at home, Keith, 19 and Brandon, 17, but they probably won't join their father and brother in the Marine Corps.

"Robert has always been interested in the same things I've been interested in," the "top" said.

The training his son had received had the father confident his son was ready for war, but MSgt. Haskell hoped his son wouldn't follow his pattern so closely that his son's first deployment turns into war. It did.

"When I heard the news that Iraq had invaded Kuwait, I figured I would be going over here right after SOI," Haskell said. "Fear was the first thing in my mind when I heard I was going."

PFC. Haskell was like many Marines deploying, but with one exception, his father was also a Marine stationed at Camp Lejeune with II MEF.

"When he left I was with II MEF, then I got transferred to RLT-2 on Oct. 1 to be the Operations Chief," explained MSgt. Robert L. Haskell, 44, from Hubert. He joined the RLT-2 headquarters aboard the USS *Shreveport*, a landing platform dock ship, in mid-November.

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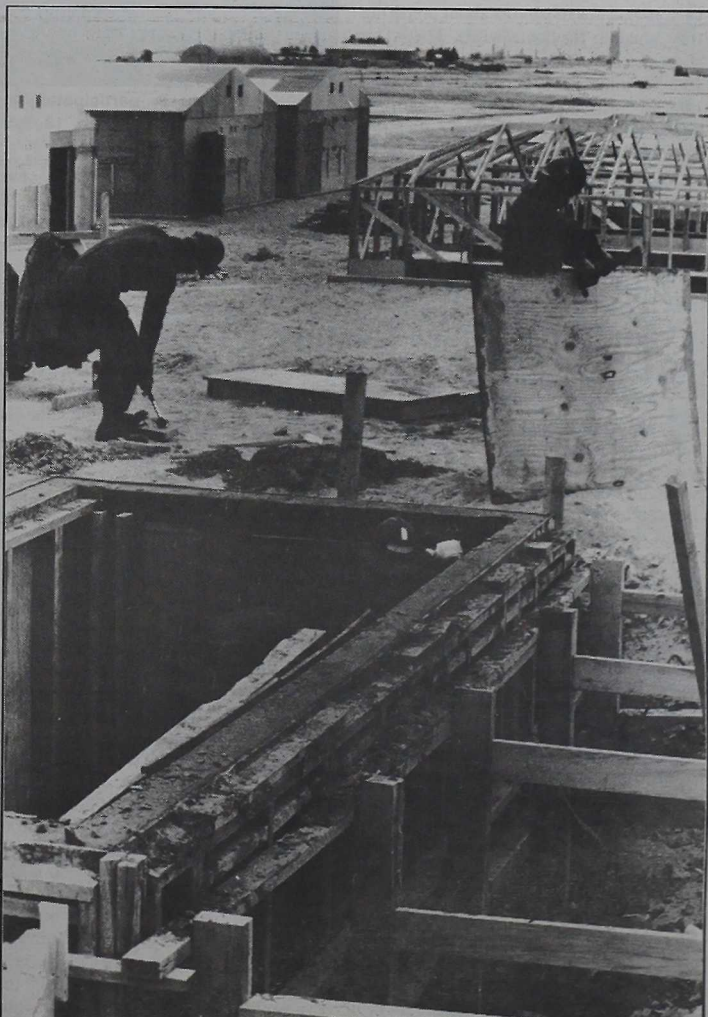
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Seabees with the 3rd Naval Construction Regiment build a collection pond for shower waste water. Their efforts are just one part of the project established to house thousands of Marines.



PFC. Robert T. Haskell, left, and his father, MSgt. Robert L. Haskell, take some time out to visit at the RLT-2 headquarters during a break in action.

Help put a bite into life

Story and photo by
GINA CARTER

The American Dental Association believes by making people aware of the importance of regular dental checkups, proper brushing techniques, daily flossing, healthy snacks and fluoride applications, teeth will last a lifetime.

The National Institute of Dental Research estimates that a direct result of public health education programs is the decrease of dental health costs by about \$2 million annually.

The old myth about children not visiting a dentist until they are school-age has been dispelled, as parents have become more aware of the importance of early and regular dental visits.

Although a child's first dental visit may not be until he is between six and 12-months-old, dental professionals agree that oral care should begin immediately after birth.

It is recommended that a daily oral hygiene routine for an infant consist of cleaning his gums with a soft, damp washcloth or clean gauze pad after each feeding. Using a soft toothbrush and a dab of toothpaste by age one will not only continue the oral hygiene routine but will help acustom the child to dental procedures.

General dentists and pediatric dentists can provide tips to parents about preparing their children for dental visits. The ADA suggests role playing as one technique to alleviate initial fears. Other suggestions are offering distractions such as electronic games and listening to audiotaped stories during visits.

Adolescence is another crucial time to reinforce dental hygiene practices. Contrary to popular belief, it is not tooth decay that causes tooth loss in adults, but periodontal



Matthew Griffith, 8, participates in the Berkeley Manor Elementary School toothbrush exchange on Feb. 13.

diseases, according to the ADA.

These gum diseases are painless and caused by plaque that constantly forms on the teeth. The plaque creates toxins that irritate the gums and loosen the attachment of gum

tissues to the teeth causing tooth loss.

The ADA estimates that between five and 46 percent of 12 to 15-year-olds already have a destructive form of periodontal disease.

However, the association has revealed in recent studies that the condition can be prevented, in all but very rare cases, by daily flossing and brushing to remove the plaque. The same study also said gingivitis, an early form of the disease, can be reduced by proper oral hygiene.

In an effort to encourage dental health awareness, the Naval Dental Center donated toothbrushes to the Camp Lejeune Dependent Schools. The schools distributed the toothbrushes to the students during a toothbrush exchange where students brought in old toothbrushes to exchange for new ones.

The toothbrush exchange was only one of the programs offered by the schools. Others included an assembly during which an oversized toothbrush and teeth were used to demonstrate proper brushing techniques; class discussions about healthy snacks; and a poster incentive program where students were given a packet of information including a healthy smile face sticker. After sharing the information with their parents, the children returned the signed sticker to school where it was placed on the classroom poster to replace the cavities, bad breath and gum disease pictures.

Programs like the ones at the dependent schools are believed to be directly responsible for the dramatic improvements in American's oral health and the enormous savings on dental health care costs according to the ADA.

Today, because of the national emphasis on dental health, children are not only experiencing less anxiety toward dental care, but according to the ADA are visiting dental offices more frequently. The ADA believes these factors combined with progressive technology are responsible for the decrease in tooth decay and the fight against gum diseases.

Child care credit, dependent exemptions boost refunds

BY CPL. J. KINCHEN-SCHNEIDER

Taxpayers can qualify to claim credit on their tax returns for child or dependent care expenses. The adjusted gross income has a direct affect on the amount of credit. For example, the credit for one qualifying person can be as much as \$720 or \$1,440 for two or more qualifying dependents.

In order to qualify for the dependent care credit, the taxpayer, and spouse if married, must work or be looking for work, and the qualifying dependent must be their legal child under the age of 13, a disabled dependent or a disabled spouse.

In addition, married taxpayers must file a joint return to receive the credit. The Social Security numbers for dependents who have reached two years of age and the name, address and Social Security number of the dependent care provider must accompany the tax return.

Slightly different requirements must be met in order to claim the child as a dependent in the case of a student dependent.

The following is a list of requirements for student dependents; A person cannot claim a full-time student who has reached the age of 24 by the end of the calendar year, even if all other dependency requirements are met, unless the student's gross income is less than \$2,050. If more than \$2,050, the student may claim his or her own exemption. A student can be claimed as a dependent on the parents' return only if he/she has not filed a personal return and claimed his or her own personal exemption.

In addition, dependents who are members of the Armed Forces for the entire year may not be claimed as a dependent on their parent's tax return.

A person in the Armed Forces for only part of the year may be claimed as a dependent if all other dependency requirements are met, although amounts received by the person from the Armed Forces and used for the person's support must be less than \$2,050.

Also, if a person is appointed to one of the Armed Forces academies and is at the academy all year, he or she generally cannot be a dependent. A student at the academy for only part of the year may qualify as a dependent if all the requirements are met.

Moreover, a member of the military who has a dependency allotment and the allotment is used to support dependents other than those named on the return, the servicemember may still claim an exemption for them if all the dependency requirements are met.

Still, there is the question of "What if my child was born in another country, can the child be claimed as an exemption?" The answer is yes.

If one parent of a child born in a foreign country is a U.S. citizen, the child may qualify as a U.S. citizen. The U.S. citizen parent must have lived in the United States or its territories for five years before the child's birth. Two of those years must be after the parent reached age 14.

Periods of honorable service in the Armed Forces of the United States are counted as periods of living in the United States.

The parent who is U.S. citizen may claim the child as an exemption even if the child is a citizen, and lives abroad with the nonresident alien parent.

In fact, a U.S. citizen who has legally adopted a child who is not a U.S. citizen or resident may claim the child as a dependent if the other dependency requirements are met and if for the entire tax year the taxpayer's home has been the child's main home and the child is a member the taxpayer's household.

For more information, call Capt. A. Bolanio, 451-1903.

CHAMPUS pointers for activated reservists and family members

Activated reservists and families should remember these points about using CHAMPUS:

CHAMPUS is the Defense Department's Civilian Health and Medical Program of the Uniformed Services. It shares the cost of covered civilian health care for the families of active-duty and retired military members.

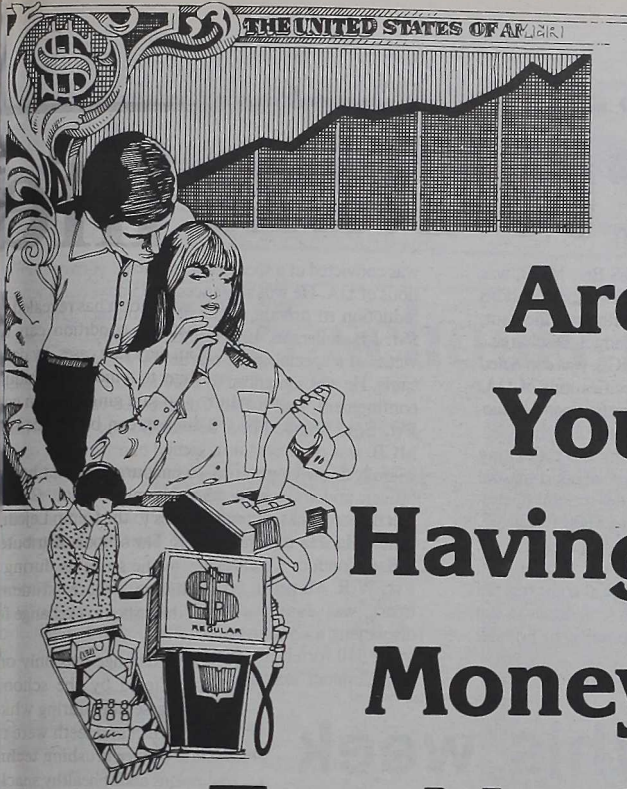
★ Eligible family members of reservists ordered to active duty for more than 30 consecutive days may use CHAMPUS beginning with the first day of the active-duty period. Family members must be listed in the DEERS (Defense Enrollment Eligibility Reporting System) computer files as being eligible for CHAMPUS before CHAMPUS can cost-share their civilian medical care. For activated reservists and guard members, this should have been accomplished by the parent command.

If your name doesn't show up in the DEERS listings yet, you may also get the CHAMPUS contractor for your area to process the claim by sending in with the claim a copy of your sponsor's active-duty orders and a photocopy of your ID card showing entitlement to CHAMPUS benefits during the period of treatment.

★ Activated reservists/guard members themselves are not eligible for CHAMPUS. Their health care needs are taken care of by their service branch.

★ Families who have private health insurance in addition to CHAMPUS eligibility must submit claims for civilian health care to the other health insurance before filing with CHAMPUS. When the other health insurance policy has paid everything it's going to pay, a claim may be filed with CHAMPUS for cost-sharing of the remaining allowable charges for covered care.

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Why...

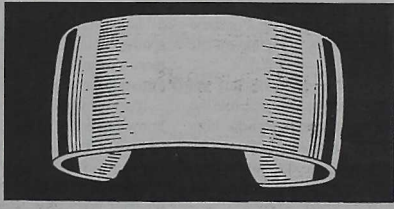
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- Students attend classes with an average class size of 17 students per class
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Friday-9:30-7:30
Saturday 9:30-6:30

The Name To Trust



WRAP-UP

Courts-Martial

THE CIRCUS IS HERE

RWFS AUFOVFS PAICMHS I
JRSUGAMNLLCEEIHAOTS
TOSSTMALLJWSEIEKUSA
CSNRUIHOETFCCOCYKSUT
PIENCSRZALLERDIDEJM
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| Acrobat | Monkey |
| Acts | Parade |
| Big Top | Peanuts |
| Candy Apple | Pies |
| Circus | Popcorn |
| Clown | Sawdust |
| Cotton Candy | Stall |
| Elephant | Ticket |
| Lion Tamer | Tight Rope |
| Magician | Trapeze |

LCpl. R.D. Tincer, Bravo Co., H&S Bn., MCB, was convicted at a special court-martial of two specifications of UA. He was sentenced to two months confinement, reduction to private, and a Bad Conduct Discharge.

PFC. M.S. Carr, Admin. Co., SOI, MCB, was convicted at a special court-martial of two specifications of UA. He was sentenced to three months confinement, reduction to private, and a Bad Conduct Discharge.

PFC. A.E. Hebdon, Weapons Co., Infantry Training Bn., SOI, MCB, was convicted at a special court-martial of conspiracy to possess cocaine, and wrongful possession of cocaine. He was sentenced to \$600 forfeiture, 80 days confinement, and reduction to private.

PFC. G.T. Jackson, Motor Transport School Co., MCSSS, MCB, was convicted at a special court-martial of larceny, and false swearing. He was sentenced to \$500 forfeiture, 60 days confinement, reduction to private, and a Bad Conduct Discharge.

PFC. A.M. Thompson, Bravo Co., HqSpt. Bn., MCB,

was convicted at a special court-martial of two specifications of UA. He was sentenced to 75 days confinement, reduction to private, and a Bad Conduct Discharge.

Pvt. J.B. Jefferson, 4th Marines, 2nd MarDiv., was convicted at a special court-martial of wrongful use of cocaine. He was sentenced to \$500 forfeiture, two month confinement, and a Bad Conduct Discharge.

Pvt. S.A. Kemp, Food Service School Co., MCSSS, MCB, was convicted at a special court-martial of willfully disobeying an order by a staff noncommissioned officer, and six specifications of making and uttering worthless checks by dishonorably failing to maintain funds. He was sentenced to 75 days confinement, and a Bad Conduct Discharge.

Pvt. W.R. Mancusi, 6th Marines (rear), 2nd MarDiv (rear), was convicted at a special court-martial of disobeying a commissioned officer. He was sentenced to \$2,510 forfeiture, five months confinement, and Bad Conduct Discharge.

Movies this week

Today:	Predator II (R)	Courthouse Bay	Tuesday:	3 Men & Lady (PG)	Courthouse Bay
Friday:	Batman (PG)	Tarawa Terrace		Russia House (R)	Camp Johnson
	Mermaids (PG-13)	Base Theater	Wednesday:	Predator II (R)	Camp Johnson
Saturday:	Joe Vs. Volcano (PG)	Courthouse Bay		No Movie	Courthouse Bay
Sunday:	3 Men & Lady (PG)	Base Theater	All movies begin at 7:30 p.m.		
	Predator II (R)	Camp Johnson	Movies may be substituted without notice due to nonavailability		
Monday:	Mermaids (PG-13)	Courthouse Bay	★★ There are no matinees. ★★		

MENU...

Today
Lunch: stuffed peppers, veal
Dinner: pork slices, liver w/ onions

Friday
Lunch: hamburger parmesan
Dinner: fried fish, baked tuna

Saturday

Dinner: swiss steak, fried rabbit

Sunday

Dinner: salisbury steak, chicken

Monday

Lunch: ham & macaroni, meat loaf
Dinner: pot roast, pork slices

Tuesday

Lunch: chili mac, grilled cheese
Dinner: fried chicken, grilled liver

Wednesday

Lunch: ravioli, lasagna, pizza
Dinner: swedish meatballs, ham
Each meal served with dessert, assorted vegetables and drinks.

Family readiness information

The excitement is building rapidly with the anticipation of the warriors returning home. For some it has been a long seven months living life on the edge.

The media is full of good news concerning the liberation of Kuwait City and the awesome role the Marines played. As you watch the news now, hoping to catch a glimpse of your husbands, those feelings of tension, nervousness, and worry are transferred into feelings of joy and exhilaration filled with the anticipation of reunion.

As you begin to fantasize about what is going to take place, rational realistic thinking has to come into play. As you begin to focus from over there to here, do not let the media hype override the feelings you have concerning reunion. After the parades are over and the yellow ribbons are taken down, it will be you and your husband and children. This could be a difficult time of readjustment.

Many changes have taken place over the past few months, and not just with your husband.

There may be feelings of worry and doubt such as "Does he still love me?" "Will he still want me?"

These are normal feelings coupled with the euphoria and jittery feelings about reunion. His immediate return may seem like a honeymoon again. Many couples expect it. Everyone needs it. Intimacy can be awkward at first. It often takes some time to get to know each other again.

Problems that were there before he left will not have disappeared, they have only been put on hold. Promises made but not kept during this deployment need to be discussed. Discussions or arguments in letters will surface for settling.

There is the all important "change of command" that takes place between you and your husband. He may want to take over the family business again. Maybe you want to keep the checkbook now or do it together. There will be many things to address shortly after the reunion. You'll want to talk about changes in yourself and changes you see in him.

These issues, and many more, will be addressed in homeward bound seminars put on by your spouse's unit. Look in this column each week for more information regarding the reunion phase. Our attention now is focused on you.

It seems now that you are over-the-hump and know reunion is imminent. The stresses you have been experiencing over the past few months have been mostly negative. The stresses you now feel are positive in nature but still have the same effect on your body physiologically. This stress can be handled constructively by exercise and proper nutrition.

So with all the excitement of your spouse's return, it is time to focus your energies on taking care of yourself.

Take the initiative to make the reunion a building block, not a stumbling block, for you and your spouse. The FSC is here to help you and your family make this homecoming the best ever. Call 451-5997 for more information on this important subject.

Eighth Eng. Support Bn. will hold a Family Day, Saturday, from 11 a.m. to 1 p.m. at Tarawa Terrace Community Center. A video tape will be filmed to send to Marines. It's a chance to compare notes with other families, make new friends and enjoy fun and games, too.

The Caring Community offers free family oriented movies each Saturday at 10:30 a.m. at the Northwood Theatre on Onslow Drive in Jacksonville.

Operation Family Shield assists dependents of National Guard and Reserve servicemembers who need financial assistance for things like delinquent power bills, food and other basic living needs. If you are a dependent residing in North Carolina, call 919-664-6101 for more information and application procedures.

Similar assistance may also be available to qualifying dependents living in other states.

Pet of the Week



CPL. DEBORAH A. DRAKE

This week's pet is a 2½-year-old female Staffordshire terrier. If this animal is not available, there are many others up for adoption at the Base Animal Shelter. For more information, call the shelter at 451-2695.

Cam

No. 9, Vol. 48

MCS

Food Service takes trophy

BY LCPL. ANDREW B.

The men of Food Service "Combat Cooks," a describe the Marines who fighting Feb. 27.

Six companies from Camp Johnson Area Annual Interscholastic Boxing

There was nothing "Cook's" performance was the trophy for the second

claimed eight of the 1 by team to come close

School Co., with three "Our company is fill

chargers who are read LCpl. Ron Pereira, the Food Service School

came to every practice their own," added co athletic director at Ca

Stankowski not only he took 26 Marines fi

students who had ver knowledge, and train After weeks of train

students into pugilists time in Camp Johnson The first contest wa

waterweights PFC. C Spikers

Story and photo by LCPL. ANDREW B.

The Naval Hospital a heated match ag "Nasty Boys" and wo

Intramural Volleyball With a 2-1 record,

needed not to lose an knew that any win especially since they

players like 6-foot-5- Spike" Antonich.

Claiming that th another match may h

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to even up the score The Spikers were a

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the teams toe-to-toe reading, 12-12.

The Nasty Boys Navy out. LCpl. Sha

put two serves into th court which gave the

story of the evening. Petty Officer 2nd

Camp Lejeune SPORTS

No. 9, Vol. 48

March 7, 1991

MCSSS schools fight for championship

Food Service dominates, takes trophy for 2nd year

BY LCPL. ANDREW B. YURASEK

The men of Food Service School Co. are known as "Combat Cooks," and there is no better name to describe the Marines who cooked up the night of fighting Feb. 27.

Six companies from MCSSS gathered at the Camp Johnson Area Gym to battle it out in the annual Interschool Boxing Tournament.

There was nothing half-baked about the Combat Cooks' performance when they walked away with the trophy for the second year in a row. They claimed eight of the 13 bouts that evening. The only team to come close was Field Management School Co., with three victories.

"Our company is filled with motivated hard-chargers who are ready to get the job done," said LtCol. Ron Pereira, the commanding officer of Food Service School Co. "They took it because they came to every practice. They even practiced on their own," added coach William Stankowski, the athletic director at Camp Johnson.

Stankowski not only coordinated the entire event, he took 26 Marines from the represented schools, students who had very little or no boxing knowledge, and trained them from scratch.

After weeks of training, Stankowski turned these students into pugilists, ready to box for the first time in Camp Johnson's "event of the year."

The first contest was between Junior welterweights PFC. Charlie Jones from Food



CPL. TROY MELHUS

LCpl. Scott Myers, H&S Co., delivers a powerful blow to 2ndLt. Brad Wigdale from Supply School Co.

Service School Co. and LCpl. Joe Potvin representing Personnel Admin. School Co. As soon as the bell rang, the two came out punching and the crowd was on their feet anticipating their school's victory.

Jones took control immediately with a combination that put Potvin down for two standing eight-counts and then at 1:34 into the round, Jones stood victorious after the referee stopped the contest.

"The win felt good but I think I could of done

better if I didn't drop my hands so much," he said.

Jones' win sparked the fire for the Combat Cooks, a fire that burned for the next three matches with PFC. Tony Larocca winning in the Lightweight division and PFCs David Horton and Byron Mordecai taking their Welterweight bouts. "Food Services will triumph," Jones added.

The students from Field Management exploded

SEE BOXING, PAGE 2B

Spikers put Nasty Boys in their place; 2 out of 3 sets

Story and photo by

LCPL. ANDREW B. YURASEK

The Naval Hospital "Spikers" dominated a heated match against 22nd MEU's "Nasty Boys" and won two of three sets in intramural Volleyball action Feb. 27.

With a 2-1 record, the Nasty Boys promised not to lose another match but they knew that any win would be a struggle, especially since they were missing key players like 6-foot-5-inch Cpl. Mike "the spike" Antonich.

Claiming that they would not lose another match may have been premature, but in the first game of the evening, 22nd MEU gave the Navy a run for their money and won 15-13.

The game started with Petty Officer 3rd Class Polly Work serving and scoring after the Nasty Boys were unable to return the ball. But, before the Spikers could wink an eye, the ball was in the possession of 22nd MEU's Sgt. Joe Castillo, who served an ace to even up the score.

The Spikers were able to strike back and maintain the lead until a series of serving errors by LCpl. Chris Westerfield brought the teams toe-to-toe, with the scoreboard reading, 12-12.

The Nasty Boys decided to push the Navy out. LCpl. Shawn Ryan was able to put two serves into the far corner of Navy's court which gave the MEU their only victory of the evening.

Petty Officer 2nd Class Paul Voelker,

coach of the Spikers, was sure that 22nd MEU's win was pure luck and his two-man front, where the spikers come out of the back court, would prove successful.

The Spikers did come out of the back court to take the second game, 15-9, but their win was slow coming as the Nasty Boys took the early lead.

LCpl. John Troesch, team captain of 22nd MEU, went up for the service and

claimed an easy score to give them a short-lived lead.

The Navy passed the Nasty Boys up with a series of spikes from Petty Officers 3rd Class Daryl Lesane and Mario Colon to give them a 4-1 lead. But, Navy hit the ball out of bounds and into the hands of Ryan who put the Spiker's win on hold.

Ryan was able to serve up five points for 22nd MEU and teammate Castillo was able

to dominate the net for the MEU's following points to give them the biggest lead of the night, 9-4.

The Nasty Boys' lead was impressive but not as impressive as the Spikers comeback.

Colon stepped up for service when the Navy trailed by five points, and started to serve point after point. Colon was able to stay at the line for nine points before turning the ball over to 22nd MEU, turning the Spiker's deficit into a 14-9 lead.

The Nasty Boys weren't able to turn another score on their service and Lesane cleaned up with his serve to give the Spikers an impressive win.

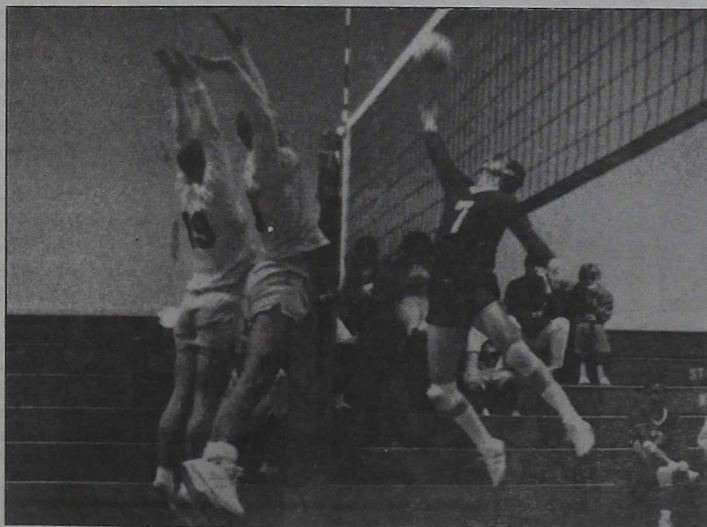
The night was not over. The match-point game still had to be played and the win could go either way.

The coin toss went to the Nasty Boys, who chose to serve with hopes of gaining the advantage with the first score, but Navy's Colon returned the serve with an alarming spike and gave the Spikers the upper hand.

A series of mishandles by 22nd MEU allowed the Navy to jump ahead and gain a comfortable lead, 6-1.

The Nasty Boys were able to stay competitive but the Spikers kept them at bay, only allowing them to score 10 points in the third game.

"They had me worried in the second game when they got that big lead on us but Colon came through with his serves," Voelker said.



LCpls Shawn Ryan and Chris Westerfeld go up to block an oncoming spike from Petty Officer 2nd Class Paul Voelker.

Tarheels ice Winter Judo Tournament

BY CPL. TROY MELHUS

Sensei is proud of his children. "He didn't cry tonight," he said, referring to one of the new kids.

Sensei had seen his type before. Chip on their shoulder ... bad attitude.

"I get a lot of unruly ones," he said. "But after about two or three months, I get calls from their parents, thanking me for how I've calmed their kids down."

But he's not a baby sitter. He teaches them how to fight.

On Feb. 23, Sensei proudly watched his children throw, flip and choke their way to 10 individual first place trophies and a team trophy as well.

Sensei — also known as Ed Szejter, runs the Camp Lejeune/MCAS New River team from the Tarheel Judo Club

based at Camp Geiger. The Tarheels grabbed the overall championship at the 37th annual Camp Lejeune Winter Judo Tournament, held at Camp Johnson Feb. 23.

The Tarheels nabbed the top billing in both the senior (18 & Over) and junior (17 & Under) divisions, claiming 20 of the 115 matches. Yellow Hill Judo Club was runner-up in the senior division, while the Fort Bragg Judo Club was runner-up in the junior division. Eight juniors from the Tarheel Judo Club grabbed a first place individual trophy, as did two seniors.

Szejter was proud alright; but not surprised.

"We've been first place at practically every tournament in the last ten years," he said confidently. "I know what these

kids are capable of doing."

Szejter, who has been with the Tarheels since 1967, has taught most of his "family" from childhood. The club has members starting as young as five years old. He said that Judo had more to offer young kids than just self defense: the Olympic sport establishes a self-discipline rarely found elsewhere.

Based more on wrestling, the techniques of Judo involve using an opponent's body weight against them, and other throwing moves. The biggest difference Szejter said, was the end result. While most ju-jitsu spinoffs go for the kill, Judo stops.

"Judo was started by an educator who felt there was more to martial arts than hurting," he said. "It is comparable to other martial arts, and it can be used for self defense; but unlike the others, after dropping them, we quit."

The tournament drew 100 competitors to the Jacksonville area, from across the eastern region. Typically clubs from states like New Jersey, Florida, and Georgia, among others will make the trip just to compete in this tournament. Szejter said the turnout this year was a little smaller than usual, but that was mainly due to deployments.

"Normally we'll have from 150 to 200 entrants, but a lot of the usual schools didn't bring their usual number," he said. "Even the Cherry Point Club is dead."

Szejter founded the Cherry Point Club in 1964.

The Tarheels currently have a total of 140 members in the club competing. Szejter said although the number of Marines in the area has decreased dramatically, the enrollment has been skyrocketing.

"Since the deployments, a lot of mothers and children have been enrolling," he said.

When it comes to the competitive success of the club, however, Szejter is somewhat humble. Though he is well aware of their talents, it doesn't go to his head — and he doesn't let it go to the students' heads either.

"Most teams have one coach," he said. "We're fortunate as we have 15 coaches. We just have a host of knowledge."

"On the same hand, we don't put a lot of pressure on the team. We don't push them," he said. "They know what to do ... I never blow a tournament out of proportion."

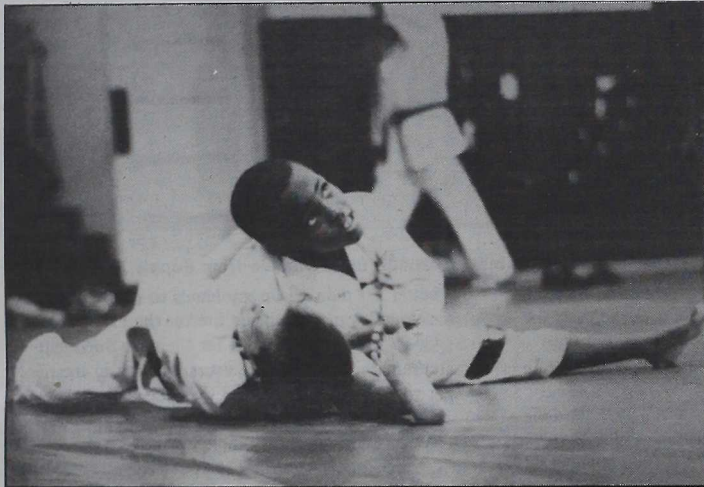
But even with that relaxed atmosphere in a typical practice session, the ratio of judo enthusiasts to quitters remains about 1 to 10.

Szejter explained that the sport of Judo is one that requires total dedication and patience.

"It's something that you have to like, and once you get bitten by the bug, you can't shake it," he said. "A lot of kids come in here thinking they will jump, whirl and kick through boards, and that's not the case. They think they'll be a super hero, but when they aren't, they quit."

Next on the agenda for the Tarheel club is the Tri-State Tournament at New River March 23. Until then, Szejter will continue to train this group of people — his family — that he has seen develop from unruly children to healthy adults, to the best of his ability.

"It really is a lot like a family," he said. "I've watched almost every one of these young kids grow up. We really are more than a team."



LCPL. ANDREW B. YURASEK

Xavier Moore, top, from the Tarheel Judo Club, keeps a firm hold on his opponent while he awaits the referee's decision.

BOXING, FROM PAGE 1B

with cheers as their classmate, 2ndLt. Terry Norcross, entered the ring to fight PFC. Michael Talbott from Motor Transport School Co. in the Light middleweight bout.

Norcross claimed Field Management's first victory

after three grueling rounds with Talbott. Norcross was happy with his performance but he never thought he would find himself in the ring.

"I wouldn't be here if it weren't for Stankowski and his well-run program. He's very dedicated," Norcross said.

Food Services again followed with a win when

PFC. Kirk Villare went three rounds with PFC. Kerry Joseph from Personnel Admin. and won by decision in the Light heavyweight competition.

Field Management went on to claim two more victories before the night was over with 2ndLt. Bob Gresbrink winning in one of the light heavyweight competitions and 2ndLt. Jake Okorn taking the gold in one of the Middleweight bouts.

Headquarters & Service Company was able to get a gold medal for its team when LCpl. Scott Myers managed to overthrow Field Management's 2ndLt. Brad Wigdale after three rounds and a decision in a Light heavyweight match.

"It was a great match, I knew I had him but I got a little winded from loading up the punches," Myers said.

After Field Management's only loss, Food Services muscled its way in with three more consecutive wins starting with PFC. Michael Long grabbing a victory in the Middleweight division and PFCs Henry Bryant and Devala Barner stopping their contests 1:17 and 1:18 into their first rounds in Light heavyweight competition.

In the evenings final competition, PFC. Jamie Hoskins slipped in a win for Motor T after taking his match 1:25 seconds into the first round.

"It went too fast but I had a great time. I love the sport and plan to continue boxing," he said.

Hoskin's feelings were shared by all who participated and all who watched. "I had a great time. This is the greatest event here, everyone had a terrific time," said Col. Jack James, commanding officer of MCSSS.

Stankowski, a former All-Marine Champion, managed to transform these first-time pugilists into lovers of the sport who will always cherish their moments in the ring.



LCPL. ANDREW B. YURASEK

William Stankowski, coach, gives one of his boxers some tips between rounds.

SPC
AEROBICS/JAZZ
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MCAS
Feb. 28 Results
MCES 80, MCAS 52
Legal 101, H MEF 50
Feb. 28 Results
MCSSSHAS 89, 2nd M
MCSSSMT 81, HqSpt.
Feb. 27 Results
MCSSSMT 58, HqSpt.
MCSSSHAS vs. Legal—
Feb. 27 Results
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22 MEU
Nehross
Radio Bn
Brig Co.
FSSG "W"
Supply Bn
Feb. 25 Results
OSIA over FSSG "W"
MCES over Nehross—
Compt. over Radio Bn
Feb. 26 Results
MCSS over Supply Bn
22 MEU over HqSpt. Bn
Feb. 27 Results
Nehross over 22 MEU
OSIA over Supply Bn
Radio Bn over Brig Co.
Feb. 28 Results
MCES over FSSG "W"
Compt. over HqSpt. Bn
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WEEK
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01 Supply Speks
02 LBS "A"
03 HQ Bn Desert Rats
04 LBS "B"
05 Supply "C"
06 Comm
07 Mch's
08 Medical "A"
09 Supply "D"
10 Medical "B"
11 Supply "B"
12 Supply "B"
LEAGUE SUSPENDED
MCB LEAGUE P
01 HqSpt. Bn
02 MCES "A"
03 HqSpt. Bn
04 MCSSS "B"
05 BRIG "A"
06 MCSSS "A"
07 GEO HqSpt. Bn
08 MCES "B"
09 SOI "B"
10 SOI "A"
11 PAD "B"
12 BRIG "B"
13 HqSpt. Bn B Co
14 PAD "A"

SPORTS

SPORTS SHORTS

AEROBICS/JAZZERCISE

There are Creative Movement classes for children ages 18 months up to 5 years old. Pat Burner classes, which is a combination

of high and low impact aerobics, are also offered. Both classes are from 9-10:15 a.m. Mon., Wed. and Fri. at the Area 3 Gym. Call 451-5430 for details.

High impact aerobics are offered at the Area 3 Gym Mon. through Fri. 11:30 a.m.-12:30 p.m. and 7-8 p.m. Area 3 Gym also has low impact aerobics Mon., Wed. and Fri. 5-6 p.m. Call 451-5430 for details on any aerobics classes. The aerobics classes are offered free for authorized patrons.

Water aerobics are held at Area 2 pool Mon. through Fri. 11:30 a.m.-12:30 p.m. and Mon., Wed. and Thurs. 7-8 p.m.

Belly Burner classes are offered at the Area 2 Gym Mon. through Fri. at noon.

Camp Johnson holds high impact aerobic class Mon., Wed., and Fri. 11:30 a.m.-12:30 p.m.

Aerobics classes are also held at Tarawa Terrace Community Center. For details, call 451-2253.

ARCHERY

The Archery Range is located on Parachute Tower Road, near the Skeet Range. The range has a wide variety of shooting stations and targets and is open daily, Mon. through Sun. from 10 a.m.-6 p.m. Patrons must have their own bows and equipment. For more information, call 451-3889.

ARTS/CRAFTS

Hidden Talents Spring Craft Fair will be held March 16 from 9 a.m.-5 p.m. at Marston Pavilion. Registrations are now being accepted. Call 451-2658 for more information on the upcoming fair and craft classes.

BASEBALL/SOFTBALL

The Camp Lejeune/New River Pony Baseball/Softball League is holding a parents meeting tonight at 7 p.m. at Marston Pavilion for those interested in improving the league.

Softball and Baseball officials are needed. Experience is not necessary but is desired. Contact Bill Kuhn at 346-6741 for more information.

Intramural Softball Leagues will commence play March 18. An organizational meeting will be held Monday at Goettge Memorial Fieldhouse at noon in the conference room. Call 451-2061 for more details.

BASKETBALL

The Women's All-Marine Basketball Team will host the Armed Forces Championship Monday through Friday of next week. All games will be held at the Lejeune High School Gym.

The Devilpup basketball teams will be in the east regional tournament Tuesday through March 13.

The Jacksonville Recreation and Parks Department offers open-play basketball at Jack Amyette Recreation Center and at Northwoods Park Middle School. For information, contact David Lynch at 455-2600.

Onslow County Parks & Recreation sponsors adult and youth basketball leagues. Contact the department at 347-5332.

BOATING

Advanced motor boat handling classes are offered every Saturday. For details, call 451-8307.

Gottschalk and Courthouse Bay Marinas offer Coast Guard-approved safe boating classes. Contact either marina for details.

BOWLING

Free bowling lessons 9 a.m.-2 p.m. Mon. through Fri. at Bonnyman Bowling Center.

Birthday Party Packages for children are offered at Bonnyman Bowling Center. For reservations, call 451-5485.

CHESS

The Camp Lejeune Chess Club is now meeting at the USO every Wednesday evening at 7 p.m. Beginners are welcome.

GOLF

An Intercollegiate Golf Tournament will be held March 28-31. For more information, call 451-2061.

American Lung Association of North Carolina Golf Privilege Cards are available. Call (919) 395-5864 or write ALANC-Cape Fear Region, P.O. Box 3577, Wilmington, N.C. 28406.

All DOD employees and retirees are eligible to use Paradise Point Golf Course. To set up tee times, call 451-5445.

Golf lessons on video available at the Paradise Point course. Call 451-5445 for details.

GYMNASTICS

Gymnastics classes every Wednesday at Marston Pavilion for dependents, ages 3-17. There are new classes every month and you can register on the first Wednesday of every month. For details, call 451-5052.

HORSEBACK RIDING

Base Stables offers many programs including hay rides, pony parties, and riding lessons. Sign up now for beginner to advanced riding classes. Contact the stables at 451-2238.

MARTIAL ARTS

The Camp Lejeune/MCAS Judo Club offers free lessons at Building AS-226, MCAS New River. Contact Al Almon at 451-0723/0836.

Free Okinawa Kenpo Karate classes offered at the base squash court. Call GySgt. Rasberry at 353-6405.

Karate classes are held at Marston Pavilion from 6-9 p.m. Tues. and Thurs. and from 10:30 a.m.-12:30 p.m. on Saturdays. For more information, call 451-5052/1521

RACQUETBALL

Intramural and All-Camp Racquetball Tournaments will begin April 8 through May 3. The tournament is open to military

men and women of any age. A pre-tournament meeting will be held April 3, at the Goettge Memorial Fieldhouse. For details, call 451-2061

RUGBY

The Camp Lejeune/MCAS New River Misfits are looking for a few good men to play for their team. No experience is necessary. Practices are held Wednesday evenings starting at 5:30 p.m. at the "O" Street Field. For more information, contact Capt. Ed Loughran at 451-6160/6169/6552.

RUNNING

A Springfest Run will be held on April 6 at Goettge Memorial Fieldhouse. There will be a 10K and one-mile fun runs for children 12 and under. For details, call 451-2108

The Jacksonville Roadrunners meet every Saturday at 7:30 a.m. at Marston Pavilion for group runs and a walk/run for women at 8:30 a.m., there is free babysitting and everyone is invited. Call Fred at 455-2202 during the day and 326-7169 at night and call Cheryl Raftery at 353-6634 for the walk/run.

SHOOTING

Marine Corps Base Marines interested in learning competitive shooting for participation in the 1991 Eastern Division Matches should call GySgt. William Kulp at 451-7435.

SOCCER

The Onslow County Parks & Recreation Dept. is now accepting teams and individuals to participate in the adult seven-on-seven Soccer League. All participants must be at least 30-years-old. For details, call 347-5332.

SWIMMING

Swimming lessons and aquatic activities available at Camp Johnson and the Area 2 pools. To register or to obtain more information, contact the aquatic supervisor at 451-1441.

WEIGHTLIFTING

The Semper Fit Powerhouse Club will meet the last Wednesday of every month from 4:30-6:30 p.m. at the Fitness Center to compete in powerlifting. Men and women are eligible. Call 451-5430 for details.

YOUTH PROGRAMS

Jacksonville Recreation and Parks Department offers numerous youth classes and clubs. Contact Jean Cole at 455-2600 for details.

New Youth Aerobics held every Tuesday at 5 p.m. for all youth ages 12-19, free. For details, call 451-2177.

SCORE-BOARD

SENIORS/OVER-THE-HILL WEEK #5

	W	L
Legal	8	1
MCES	6	3
2nd Med.	6	3
MCSSS/MT	6	3
MCSSS/H&S	5	4
HqSpt. Bn.	3	6
II MEF	1	7
MCAS	0	8

Feb. 25 Results
MCES 80, MCAS 52
Legal 101, II MEF 50

FEB. 26 Results
MCSSS/H&S 69, 2nd Med. 59
MCSSS/MT 81, HqSpt. Bn. 70

Feb. 27 Results
MCSSS/MT 56, HqSpt. Bn. 48
MCSSS/H&S vs. Legal—double forfeit.

Feb. 27 Results
MCSSS/MT 55, II MEF 38
HqSpt. Bn. 91, MCAS 67

INTRAMURAL VOLLEYBALL WEEK #3

	W	L
Compt.	5	0
MCSSS	4	0
MCES	3	2
OSJA	3	1
HqSpt. Bn.	2	1
22 MEU	2	2
NavHosp.	2	3
Radio Bn.	2	3
Brig Co.	1	3
FSSG "W"	1	3
Supply Bn.	0	6

Feb. 25 Results
OSJA over FSSG "W"—15-5, 15-8
MCES over NavHosp.—17-15, 15-6
Compt. over Radio Bn.—10-15, 15-6, 15-9

Feb. 26 Results
MCSSS over Supply Bn.—15-3, 15-0
22 MEU over HqSpt. Bn.—15-12, 15-13

Feb. 27 Results
NavHosp. over 22 MEU—12-15, 15-9, 15-10
OSJA over Supply Bn.—15-11, 15-4
Radio Bn. over Brig Co.—15-12, 5-15, 15-11

Feb. 28 Results
MCES over FSSG "W"—10-15, 16-14, 15-10
Compt. over HqSpt. Bn.—15-10, 15-12

INTRAMURAL BOWLING WEEK #16

*FSSG LEAGUE	PTS. WON	PTS. LOST
01 Supply Sparks	18	2
02 LSB "A"	16	4
03 HQ Bn. Desert Rats	15	5
04 LSB "B"	13	7
05 Supply "C"	10	10
06 Comm.	9	11
07 Maint.	5	11
08 Medical "A"	3	13
09 Supply "D"	2	14
11 Medical "B"	2	14
12 Supply "B"	1	15

*LEAGUE SUSPENDED		
MCSB LEAGUE	PTS. WON	PTS. LOST
01 HqSpt. Bn.	40.5	19.5
02 MCES "A"	38	22
03 NavHosp	36	24
04 MCSSS "B"	35	25
05 BRIG "A"	34.5	25.5
06 MCSSS "A"	31	29
07 CEO HqSpt. Bn.	31	29
08 MCES "B"	30.5	29.5
09 SOI "B"	28	32
10 SOI "A"	28	32
11 PAO "B"	27	33
12 BRIG "B"	26	34
13 HqSpt. Bn. B Co.	25	35
14 PAO "A"	9.5	50.5



LCPL ANDREW B. YURASEK Panthers forward, Mark Armstrong, races past a Royals forward. The Royals scorched the Panthers 4-1 in Division IV soccer March 2.

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You're welcome every Sunday at Tar Landing Baptist Church. 258 N & Ellis Airport Rd. Rev. Jack Marshburn, 346-6842.

Half Moon area needs ride to Air Station, 6:00 a.m. to 3:30/4:00 p.m. 455-8202

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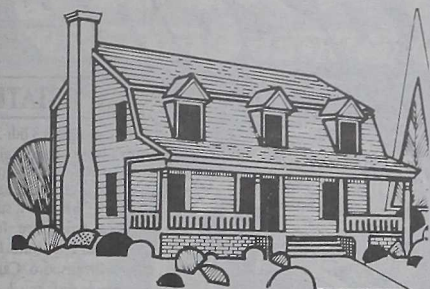
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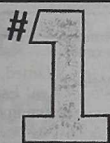
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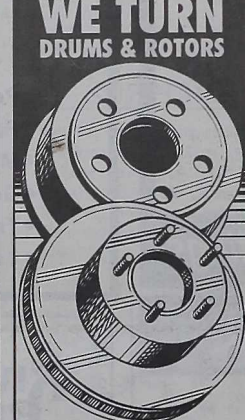
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347-6400

577-FUNN

* Ask about our Beverage Specials
Call 577-FUNN

We sincerely apologize for any inconvenience this may have caused our wrestlers and patrons.

We were informed of this statute on Friday at 2:00 p.m., March 1st.

Had we chosen a grizzly or brown bear our wrestling event would have proceeded.

North Carolina Statutes prohibit the use of Black Bears as professional entertainers in the State of North Carolina.

The Wrestling Bear

Cesar

"A Club Within A Club"

& Alligator Alley



WEDNESDAY - Dance to your favorite Top 40

FRIDAY - Balloons drop at midnight — POP! You Win!

SATURDAY - Party til 3 a.m.

WICKED NICKEL WEDNESDAY - Alligator Alley

5¢ Goes a long way!
Your favorite tunes from 50's, 60's & 70's.
Use your Club 108 Membership to enter.
You are allowed 4 guests. Must be 21 to enter.

All ABC Permits.

Club 108 is now open to the public. No membership required. Must be 18 to enter.

FRIDAY - Balloons drop at midnight — POP! You Win!

SATURDAY - Party til 3 a.m.

WED HOURS 9 p.m. - 1:30 a.m.
FRI & SAT HOURS 9 p.m. - 3:00 a.m.

NOTE: Must Be 18 To Enter
FREE VALET PARKING

MWR Special Services

invites you to join in on the fun of



SPRING BREAK Celebration

April 5/6/7
W.P.T. Hill Field

Three Event Filled Days of Fun & Entertainment!
Mark Your Calendar Now!

FREE Carnival
Entertainment
Petting Zoo
CHUBBY CHECKER SHOW
American Tribute LASER SHOW

Fri Apr 5
5 - 11 p.m.
5 - 10 p.m.

Sat Apr 6
12 - 11 p.m.
12 - 6 p.m.
8 - 9:30 p.m.
9:30 - 10 p.m.

Sun Apr 7
12 - 6 p.m.
12 - 6 p.m.

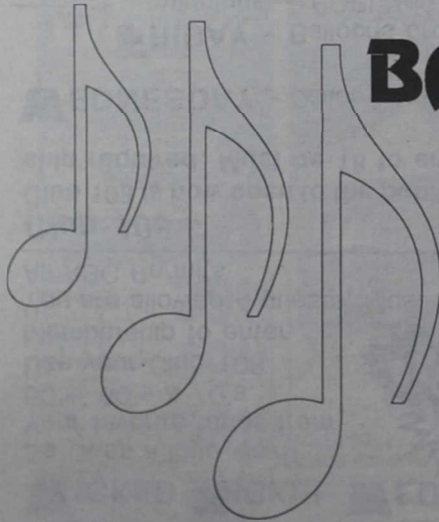
Other Attractions

Bicycle Parade & Rodeo - Entertainment - Exhibits
Arts & Crafts - Camel Rides - Pony Rides - Refreshments
and THE SUPER SPOUSE Competition !!!
Call 451-1879 for details.

MWR SPECIAL SERVICES

SPRING BREAK

Celebration



BATTLE OF THE BANDS COMPETITION ENTRY RULES

1. Each band will have a 20 minute time limit.
2. There will be a \$25.00 entry fee.
3. Preliminaries will be held one day only, Sat 30 Mar 91 at the Camp Theater from 12 to 5 p.m. All entries must bring all instruments and amplifiers needed. We will provide sound system.
4. Three entries will be chosen to perform in the finals to be held Fri 5 Apr 91 on the outdoor stage at W.P.T. Hill Field.

A preliminary competition will be held at the Camp Theater on Sat 30 Mar 91 beginning at noon. Please fill in the following information if you would like to enter and turn in at either ITT office. (Field House & Main Exchange).

NAME _____	CATEGORY _____
BAND NAME _____	PHONE _____ HM _____ WK _____
ADDRESS _____	

How many in band? _____ What instruments? _____

The M...
Fi...
AC...
MILEA...
• Manufacture...
• Offered on al...
On 13-15...
Cent...
an...
MC...
Serv...
Stat...
How...
Central Serv...
Service Dept...
Mon-Fri...
Sat...
Parts Dept...
Mon-Fri...
Sat...
451-2243...
MC...
Service Dept...
Pumps...
Sat Closed...
451-6092

The Marine Corps Exchange presents...



M
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E
S

15-16 Mar

10 am to 2 pm

Main Store Only

Polaroid will be offering FREE pictures to families and spouses of deployed service members. Send a memory to Saudi today!

by Polaroid

Main Store
451-2481

Mon-Fri 10 to 8
Sat 10 to 5
Sun 12 to 5

Firestone

ANNOUNCES A NEW ACROSS-THE-BOARD NATIONWIDE

MILEAGE GUARANTEE PLAN*

- Manufacturer-backed • Covers radials for virtually every car
- Offered on all of the most popular Firestone tires • Includes performance tires



On Sale
13-15 Mar
Central
and
MCAS
Service
Stations

Hours
Central Service Station
Service Dept.
Mon-Fri 8am - 4:30pm
Sat 9am - 3pm
Parts Dept.
Mon-Fri 8am - 5pm
Sat 9am - 3pm
451-2243
MCAS
Service Dept. 11:00am - 5pm
Pumps 11:00am - 5pm
Sat Closed
451-6092

PASSENGER
Firestone
F-560®
Built especially for imports.
50,000 MILE TREADWEAR LIMITED WARRANTY*

Blackwall	Price
155R13	\$29.70
165R13	31.50
175R14	35.10
185R14	36.90
165R15	36.00
16570R13	36.90
17570R13	36.00
18570R13	38.70
18570R14	40.50
19570R14	47.70
20570R14	59.40

PASSENGER
Firestone
FR312®
Our most economical Firestone radial.
40,000 MILE TREADWEAR LIMITED WARRANTY*

White Stripe	Price
15580R13	\$27.00
16580R13	32.40
17580R13	35.10
18580R13	36.00
18575R14	39.60
19575R14	41.40
20575R14	44.10
20575R15	45.90
21575R15	48.60
22575R15	51.30
23575R15	53.10

PASSENGER
Firestone
FR721®
The right combination of price, quality, and performance.
50,000 MILE TREADWEAR LIMITED WARRANTY*

White Stripe	Price
15580R13	\$32.40
16580R13	36.90
17580R13	38.70
18580R13	41.40
18575R14	45.00
19575R14	46.80
20575R14	48.60
21575R14	53.10
20575R15	52.20
21575R15	54.90
22575R15	56.70
23575R15	60.30

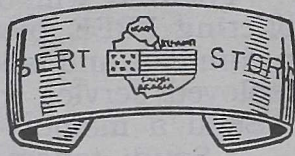
PERFORMANCE
Firestone
Firehawk SS®
*S-Speed Rated. • Entry level performance radial.
40,000 MILE TREADWEAR LIMITED WARRANTY*

Size	Price
17570R13	\$44.10
18570R13	50.40
19570R13	52.20
18570R14	55.80
19570R14	56.70
20570R14	61.20
21570R14	62.10
22570R14	64.80
22570R15	66.60
23570R15	68.40
25570R15	75.60
21565R15	65.70
23560R14	66.60
24560R14	68.40
21560R14	63.00
23560R15	71.10
24560R15	71.10
25560R15	74.70
27560R15	80.10

*Any participating Firestone retailer will replace your tires on a pro-rata basis if they do not achieve the guaranteed mileage (50,000 miles on FR480, 40,000 to 50,000 miles on other Firestone radials.) Actual tread life may vary. See us for a copy of our treadwear limited warranty and speed rating and tire safety information.

The Marine Corps Exchange presents...

DESERT STORM CUFF BRACELET



Bronze Antique
or
Nickel Silver Antique
Your choice \$8.00

Main Store 451-2481	Mon-Fri	10 to 8
	Sat	10 to 5
	Sun	12 to 5

The
Marine Corps Exchange
Presents

A Line In The Sand



MCX Price \$12.50

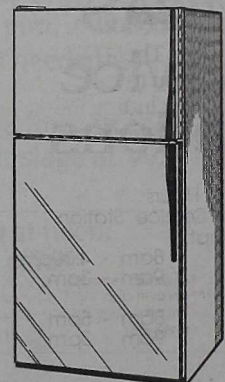
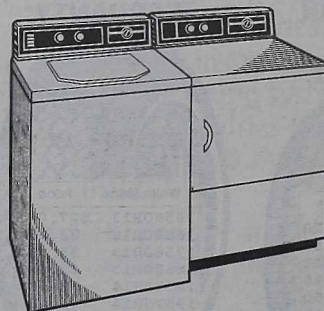
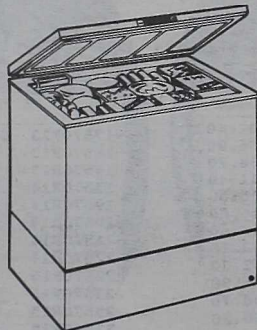
Main Store 451-2481	Mon-Fri	10 to 8
	Sat	10 to 5
	Sun	12 to 5

The Marine Corps Exchange presents...

MAJOR APPLIANCES

Coming Soon
To The
Marine Corps Exchange

- Where Value Is A Tradition -



Main Store 451-2481	Mon-Fri	10 to 8
	Sat	10 to 5
	Sun	12 to 5

FOR THE MILITARY AND THEIR FAMILIES

To help you keep in touch.

As part of a military family, you're undoubtedly making more long distance calls these days. Calls to get information. Calls to make plans.

At AT&T, we've introduced a number of special services, described below, which we hope will offer some additional help as our troops come home.

1 You can still send messages to loved ones in the Gulf for free.

Free of charge, you can have personal messages—in your own handwriting, if you want—transmitted to military personnel in the Gulf region. This is a public service of AT&T called Desert Fax, and official forms are available at AT&T Phone Centers and a number of military bases. Your message can be sent from any Phone Center, and will be received, sealed and delivered in the Gulf region by the U.S. military.*

For the location of the AT&T Phone Center nearest you, consult your white pages. Or call **1 800 555-8111, Ext. 36**, Mon-Fri 8am-6pm EST, Sat 8am-4pm EST.

2 You can get your own calling card faster.

The *AT&T Military Calling Card* makes it easier for you to call the U.S. from over 125 different countries, including Saudi Arabia. And call from the U.S. to most locations in the world.

Getting the Calling Card requires no fee. And you don't need a credit card or personal phone in order to qualify.

AT&T has simplified the application process for members of the military, so that you can receive your card faster. Also, we're taking applications by phone, if that's helpful to you.

To apply for the *AT&T Military Calling Card*, call toll-free **1 800 525-7955, Ext. 355** from within the U.S.; from other countries, please call us collect **816 654-6004**.

3 You can get through quickly when calling the States from overseas.

One of the easiest ways of calling home from overseas is *AT&T USADirect® Service*. It immediately connects you with an AT&T Operator in the States, who will help put your call through. To use it from Saudi, for instance, you just dial **1 800 100**.

USADirect® tries to keep your costs low too. **Now only \$1.15 a minute from Saudi Arabia.****

*In certain circumstances, it may not be possible for the military to deliver messages.
**Prices in effect 2/22/91. Changing of military circumstances may affect duration.
Price reduction does not include calls to Puerto Rico or U.S. Virgin Islands.
© 1991 AT&T



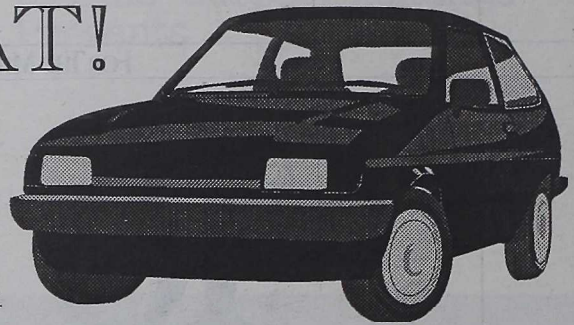
The Marine Corps Exchange invites you to...

BEAT THE HEAT!

(Before it Arrives!)

At The
Central Service Station
With Our

March
Air Conditioner
Special



Regular Price
Up To \$28.10

Special Price
\$19.95

We will check belts, hose,
check for leaks and add up to
1 pound of freon, all at one
low price.

Hours

Central Service Station

Service Dept.	Mon-Fri	8 am - 4:30 pm
	Sat	9 am - 3 pm
Parts Dept.	Mon-Fri	8 am - 5 pm
	Sat	9 am - 3 pm

The Marine Corps Exchange presents...

BIG BAND CELEBRATION

9 March 91

Come to the Main Exchange on
Sat, 9 Mar, for a day that
will bring you back to the
past! Listen to the music
of the **BIG BAND ERA!**

The Main Exchange will
be decorated with red,
white and blue balloons.
Select a balloon and
receive a coupon for
10%, 20% or 25%
off the purchase of
any individual item.
Valid only 9 March.



Main Store 451-2481	Mon-Fri	10 to 8
	Sat	10 to 5
	Sun	12 to 5



The Armed Forces Sports Championships Women's Basketball

sponsored by

GENERAL MOTORS

■ New Location ■

Lejeune High School Gym

March 11-14, 1991

Games begin at 1900 hours

!Win! \$250 Cash Prizes !Win!

VISIT THE GENERAL MOTORS AUTO DISPLAY

and enter two \$250 cash drawings

at the Marine Corps Exchange from 0900-1700 hours

★Prizes★ ★Giveaways★

Contact your post Community Recreation Division

PUTTING QUALITY ON
THE ROAD



MARK OF EXCELLENCE

CHEVROLET • PONTIAC • OLDSMOBILE
BUICK • CADILLAC • GMC TRUCK
GMC FINANCIAL SERVICES



No Federal Endorsement of Sponsor is intended.

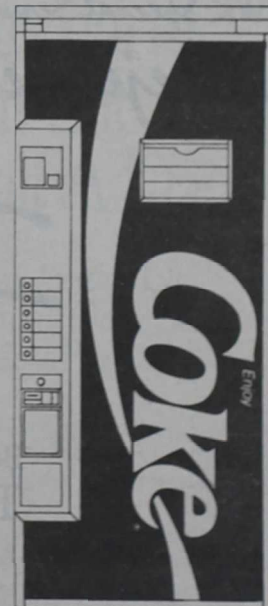
MWR VENDING

Serving you throughout
the Camp Lejeune
area since 1973.

Quality and variety in
machines, products and
service

SERVICE IS OUR MISSION

For service call 451-5631



MWR
MARINE CORPS RECREATION
DIVISION



ORVIN EVERETT, JR.
VENDING BRANCH MANAGER

Services Operations Division
Building 1413

Camp Lejeune, NC 28542-5201

FAX: 019-451-2862

COMMERCIAL: 019-451-5631

AUTOVON: 464-5631

MWR Special Services Upcoming Events

MWR DEPARTMENT
Special Services
Skeet Range



BASE SKEET RANGE
10 MARCH 1991
1100 - 1500
\$2.00 PER SHOT

MORE INFO 451-3889

MWR DEPARTMENT
Special Services
Skeet Range

SHOT GUN SAFETY CLASS

(For Children 10 to 13 Years of Age)



BASE SKEET RANGE
SAT 9 MAR 91
9:30 A.M. - 12:30 P.M.
\$9.00 FEE

For More Info Call 451-3889

MWR Special Services

The Lejeune Playhouse

presents

The Fantasticks

Book and Lyrics by
TOM JONES

Music by
HARVEY SCHMIDT

Midway Park Theater

April 25, 26 & 27

May 3 & 4

8 p.m. Curtain \$3.00 (Children under 10 free)

Tickets On Sale Now - ITT Main Office Field House - ITT Annex Main Exchange

CARL...
AUTO SALES
NO CREDIT CAR...
AGE RESTRICT...
Insurance Repla...
346-4...
470 West...
(Across from...
WE BUY, SELL...
AUTO-TRUCK S...
Inside-Outside-C...
AUTO STO...
Fenced-Lighte...
Near Leje...
455-7...
WE MAKE...
It's...
M...
C...
CHEC...
Any...
Personal...
Insurance...
Travelers Che...
19...
JACK...
OPEN

CARLENE'S
AUTO SALES & RENTALS



NO CREDIT CARD REQUIRED
AGE RESTRICTIONS; 18 & Up
Insurance Replacement Rentals

346-4661

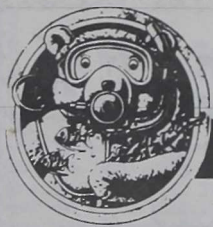
470 Western Blvd.
(Across from Cinema 6)

WE BUY, SELL, TRADE & RENT

**DEALS
ON
WHEELS**

- 84 Chevette Was 1995 NOW 1550
- 81 Chevette Was 1595 NOW 1150
- 84 Celebrity SW Was 3295 NOW 2850
- 89 Blazer 4x4 Was 15,900 NOW 14,900
- 85 Mustang LX Was 3995 NOW 3550
- 78 Zephyr Was 1295 NOW 950
- 88 Lemans Was 6995 NOW 5995
- 89 Lemans Was 7395 NOW 6395
- 85 Escort Was 2995 NOW 2395
- 81 Tercel Was 1695 Now 1295

COUPON



**LEARN TO DIVE
WITH A BUDDY!!**

**BUDDY CLASS
BEGINS APRIL 6th**

Buy One
Class, Get
The Second
for 1/2 Price*

*MUST PRESENT COUPON



FOR MORE INFORMATION CALL:

347-DIVE (3483)

713 New Bridge St.



COUPON

AUTO-TRUCK STORAGE
Inside-Outside-Coverage

AUTO STORAGE
Fenced-Lighted-Secure
Near Lejeune

455-7033

Call For
Rates

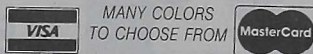
**GM DIRECT
FACTORY OUTLET**

NAME BRANDS
LOW DISCOUNT PRICES



Two Piece
Knit Dress

ONLY
\$15.00



MANY COLORS
TO CHOOSE FROM

483 Western Blvd.
Jacksonville, N.C.
(Across from Hampton Inn)

**OPTOMETRIC
EYE CARE CENTER, PA**

You'll Like The Way We Care For Your Eyes.

- EXAM BY A DOCTOR OF OPTOMETRY
- ONE HOUR SERVICE
- IMMEDIATE APPOINTMENTS AVAILABLE

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DR. STUART L. SAMUELS
DR. DAVID J. KOWAL
315A Western Blvd., Jacksonville
— A Champus Participating Provider —

HOURS
MON & THUR 8:30-7:00
TUE WED FRI 8:30-5:30
SAT, 9-4

SINGLE VISION LENSES

\$19.95

± 3.00 Sphere
- 2.00 Cylinder

WITH FRAME PURCHASE
NO OTHER DISCOUNTS APPLY
EXPIRES 3/15/91

BIFOCAL LENSES

\$44.95

± 3.00 Sphere
- 2.00 Cylinder
+ 250 ADD

WITH FRAME PURCHASE
NO OTHER DISCOUNTS APPLY
EXPIRES 3/15/91

NO-LINE BIFOCALS

\$99.95

± 3.00 Sphere
- 2.00 Cylinder
+ 250 ADD

WITH FRAME PURCHASE
NO OTHER DISCOUNTS APPLY
EXPIRES 3/15/91

TINTS, UV COATING, AND NON-SCRATCH COATING AVAILABLE AT ADDITIONAL COST

E-1 AND UP

UP TO **\$200**

INSTANT CASH

(Checking Account Required)

WE MAKE PAYROLL ADVANCES

(until your next payday)

It's Fast & It's Easy

No Credit Check

CHECK TIME

CHECK CASHING CENTERS

Any Kind of Check Cashed

- Personal
- Insurance
- Travelers Checks
- Government
- Money Order
- Unemployment
- Two Party
- Payroll
- Cashiers Checks

1943 LEJEUNE BLVD.
JACKSONVILLE, NC 28540

577-1322

OPEN: MONDAY-SATURDAY 9-7

**Take Command
Of Your Life
In Only Half A Day.**

*Announcing The Opening Of
Our Half-Day Chemical Dependency
Intensive Outpatient Program.*

Not everyone who has an alcohol or drug problem needs an inpatient program to start recovery. In fact, many people can continue their careers while getting the help they need in the evening.

That's the idea behind the Perspectives Half-Day Primary Intensive Outpatient Program. It's convenient, less expensive than traditional treatment programs and best of all, it works. Naturally, nobody has to know but you.

So no matter how busy you are at work, now you can schedule your most productive meetings away from the office. Call us today for a confidential interview.

PERSPECTIVES

Chemical Dependency Treatment Program

1703 Country Club Road, Suite 204, Jacksonville, NC 28546
Phone 919-347-5891 or 1-800-762-9039

An Affiliate of HCA Peninsula Hospital, Hampton, VA 1-800-759-1001

Furniture and Appliances

Queen size water bed: bookcase, headboard, new heater, side rails, \$125. Call 326-3194.

Pioneer rack system stereo, includes turntable, CD player, dual tape deck, head sets, exc. cond., \$645. Call 347-4328.

King size water bed w/ 6 drawer pedestal, heater, and semi waveless mattress, exc. cond., \$250 firm. Call 577-2669.

Sears Kenmore 6.0 cu. ft. chest freezer in outstanding cond., \$175. Call 353-3502, from 11:30 a.m. to 7 p.m.

Wanted

Child care after school, Paradise Point area, one boy, 9 yrs. old, 2-3 days per week, and some school holidays. Call 353-2975.

Male roommate wanted to share clean, fully furn. deluxe MH near main gate, \$180 mo., or \$90 each payday, includes utilities, cable. Call 353-8384.

Yard Sales

Saturday, 7 a.m., clothes, kitchen items, bakers rack, lamps, bicycle, country items, longaberger baskets, \$10 each, MOQ 3018. Call 353-9990.

Found

Found in Berkley Manor, black kitten w/ white flea collar, if not claimed, free to good home. Call 353-6452.

Found: female dog, looks like mix Shepherd/Keeshond, thick gray, black and white

coat, found in Brynn Marr area. Call 577-3142.

Lost

14K gold butterfly charm holder for necklace w/ 12 charms attached, very special gift from parents, reward. Call 346-5849.

Miscellaneous

Sears Kenmore dehumidifier, 2 yrs. old, rarely used, \$250; Cybeinet stereo tape deck, \$50; Harman/Kardon stereo receiver, \$50. Call 326-4930.

Patterns for sale, childrens, adults, used, great shape, old styles to recreate and dazzle your wardrobe, 15 cents each. Call 353-1358.



RENT A NEW FORD CAR OR TRUCK!

- Rent by the day, week or month
- Our rates qualify for insurance replacement car allowances
- Most major credit cards accepted



Sanders Ford
1135 Lejeune Blvd.
455-1911

Loveseat and chair, oversized, southwestern style, neutral w/ tan accent for \$175; stock brand hubcaps from a full size truck, \$50. Call 326-7928.

2 blue and 2 white panel curtains, 40" wide, 82" long, \$5 a pair, 2 priscilla curtains, ivory, 2 blue, 45" wide, 84" long, \$20 a pair. Call 353-3145.

Shotgun, dbl. barrel, 16 GA, all chrome plated, \$200; 30 cal. Carbine w/ 30 rnd. mag., \$300; 17' fiberglass boat, motor, trailer, \$800. Call 353-1335.

Camper Airstream, stripped on inside, ideal for storage shed or make a nice camper for beach, \$600; mens, ladies 10-spd. bikes, \$40 each. Call 353-1335.

5 piece LR set, owned 1 yr., great starter set, \$100, OBO; 6 pairs of Levis jeans, hardly worn, \$10-15. Call 938-1627.

Seasoned firewood, 2 S-10 pick up loads, \$70. Call 347-5524.

Boat motor, trailer, \$995; '72 Ford van customized new paint, \$495. Call 353-7200.

Antiques for sale, 100 yr. old Arkansas estate of top

quality furniture, glassware, paintings, firm prices, serious inquiries only. Call 353-8384.

CCCC text books, LEG/205, Evidence SOC/151. Intro. Sociology, CJC/102, Intro. Criminology HIS/61, The way we lived. Call 353-4347.

Ford Probe bra, wolf model black. Call 347-9835

Officers uniforms, dress blue and winter greens, 42R blouses, 35 waist trousers, \$125 and \$50. Call 346-8492.

Polk audio RF-8t speakers, pair, 150 watt power handling, all paperwork packing and boxes, \$300, OBO. Call 455-6905.

Kenwood D.C. receiver, graphic EQ, \$250; Fisher studio standard dual cassette, \$125; Yamaha auto-tunable, \$95; \$350 takes all. Call 455-6905.

Wedding gown, 13/14, off white, cathedral train, long sleeves, sheer picture hat, slip, \$125. Call 455-2430 or 577-4472.

1/2 carat total weight, men's diamond cluster ring, \$200; men's ultra thin gold/diamond quartz watch,

Hot Stuff™

ANABOLIC ACTIVATOR

Amazing New Product Keeps Muscles Growing Even After Your Workout is Over!!

WE ALSO HAVE:

PHASE I

Cybergeneics • Fusion and other Body Building Supplements.



NATURAL HEALTH FOODS CENTER

OPEN TIL 8 P.M. FRIDAYS

MON.-THUR. 10-6:30
FRI. 10-8
SATURDAY 10-6



347-4721

(Turn onto Hargett St. across from Camp Johnson)

SPACE PLACE

SELF STORAGE

HWY 24 E 2 MILES FROM THE MAIN GATE

NEW CONSTRUCTION

**ALL SIZE UNITS
READY TO RENT!**

CALL 577-5555 NOW!

OPERATION DESERT STORM

SANDANA

AMERICA'S ANSWER TO

ARABIAN SAND

\$9.95



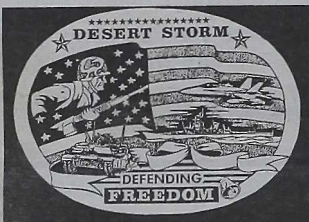
- Protection from flies
- Helps keep sand out of mouth and nose
- Adds camouflage to face and neck area
- Reduces glare

FLYING CIRCLE BAGS RT. 3, BOX 3138 BOERNE, TX. 78006

VISA

1-800-344-7242

MASTERCARD



Limited Edition - Collectors Item
A Gary Prazen Original

**DESERT STORM
BELT BUCKLES**

Actual size 3 3/4" x 3" \$22.00
Call 472-5831 or 888-2287

or send check or money order for \$22.00 plus \$3.00 shipping and handling to
Storm Enterprises 2 So. 2 Ave., Helper, Ut. 84526

MAIL TO:

Trader
P.O. Box 8438, MCB
Camp Lejeune, NC 28542

Trader Ads

DELIVER TO:
PAO, Bldg. 102
(Mainside) MCB
Camp Lejeune

NOTE: TRADERS is a FREE service provided by the Public Affairs Office. Ads must be resubmitted EACH WEEK and reach the PAO by noon, Friday, a week prior to publication. Ads must be signed legibly with ALL information filled in. Ads MUST be on a Trader form. Ads that do not contain the required information will not be printed. No ads for service nor ads by civilians will be published. Official phone numbers will not be listed. Limit is three ads per week. If the PAO receives more ads than space permits, certain ads will not be published until the following week.

I certify that I have read and understand the above information. I certify that I am not involved in any commercial enterprise and if requesting advertisement for rent or sale of a house or trailer, it is available without regard to race, creed or religion.

(Signature) (Rank) (Organization)

(Home Address) (Home phone)

(Work phone)

150; both for \$300. Call 451-5296, rm. 220.

listed WM dress blues, sz. 11/12, all accessories include two shirts, \$175. Call 326-3352.

exercise bike, \$75; rowing machine, \$75; ball gown, size colored, \$50; ladies leather jacket, \$150; wok,

\$10; LR furniture, 1 yr. old. Call 353-2831.

Cake decorating equipment of all kinds, ornaments, pans, Wilton year book, more, neg. price; riding mower, \$260; push mower, \$55. Call 347-3351.

DP weight bench w/ 150 lbs. weights and bars, exc.

cond., \$100. Call 353-2984.

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