



April 28, 2021

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce.

Island Insight Submission: <https://home.army.mil/ria/index.php/contact/public-affairs>

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AMC CG Cites Praise for ASC from Combat Commanders, Army's Top Leaders

The briefing given to the U.S. Army Materiel Command's top leader here on April 22 began with recognition given to six members of the Army Sustainment Command team, and with words of praise for ASC that came from leaders at every level of the Army. Gen. Ed Daly, commanding general of AMC, told those attending the briefing at ASC Headquarters, and brigade commanders and other senior staff from around the command who attended via video link, that he constantly heard positive comments from leaders of combat units in the field about the support provided by ASC. "ASC is doing spectacular work out in the battlespace," Daly said. "It's refreshing to hear what the combatant commanders have to say about what you do for them." Daly said he had briefed the Army's chief of staff and other senior leaders the day before, and also heard plenty of positive feedback from them. "When I talked about what you were doing for the Army, what I heard back was unbelievably positive," Daly said. (More: www.army.mil/article/245540)



Upcoming Dates

- April:** National Child Abuse Awareness Month
- April:** Month of the Military Child
- April:** National Volunteer Month
- April:** Military Saves Month
- April:** Sexual Assault Awareness and Prevention Month
- April 29:** Thirsty Thursday, Lock & Dam Lounge, 3-7 p.m.
- April 30:** National Military Brats Day
- April 30:** USAG RIA CSM Relinquishment of Responsibility, Bldg. 60, Heritage Hall 10-11 a.m.
- May:** National Military Appreciation Month
- May:** National Mental Health Awareness Month
- May:** Asian American and Pacific Islander Heritage Month
- May:** National Water Safety Month
- May:** Commissary Awareness Month
- May 1:** Davenport House Opening, Davenport House, 12 p.m.
- May 1:** Silver Star Service Banner Day
- May 2-8:** Public Service Recognition Week
- May 5:** Cinco de Mayo
- May 5:** To Buy or Rent, [MS Teams](#), 11:30 a.m.
- May 5:** Cinco de Mayo Celebration, Lock & Dam Lounge, Bldg. 60, 3-7 p.m.
- May 6:** Goal Setting, [MS Teams](#), 1 p.m.
- May 6:** Right Arm Night, Lock & Dam Lounge, 3-7 p.m.
- May 7:** Military Spouse Appreciation Day

55th Chief of Engineers Makes First Visit to Rock Island District

Lt. Gen. Scott Spellmon recently made his first visit to the Rock Island District as the 55th Chief of Engineers and Commanding General of the U.S. Army Corps of Engineers. Although it was a quick trip, Spellmon was able to get an idea of the hard work and dedication Rock Island District employees and leadership put into their roles day-in and day-out. The visit, March 16 focused on Cedar Rapids, Iowa, and the large-scale \$117 million flood risk management (FRM) project ongoing throughout the city. This complex project is the largest FRM project in the District's history. During a "window tour" of the city, Project Manager Andrew Goodall showed Spellmon many features of the project and discussed orientation of the project sites and features. (More: www.dvidshub.net/news/394584)



Rock Island Arsenal Hosts Volunteer Recognition Ceremony During National Volunteer Appreciation Week

On April 20 at Memorial Park Pavilion Col. Todd J. Allison, commander, U.S. Army Garrison Rock Island Arsenal, thanked volunteers for their commitment and dedication to the community at a recognition ceremony. The event, harkening back to a drive-in theater, gave the volunteers and their guests the opportunity to listen to remarks by garrison leadership and the army volunteer coordinator through their car radios. Volunteers and guests streamed into the parking lot, where they were greeted with goodie bags filled with thanks and treats. The garrison's Army volunteer corps coordinator, Chassity Morse, noted, "Many of our volunteers do not support our activities for personal glory, instead they volunteer because they want to make a difference in our community, the quality of our programs, and to help increase our ability to serve." (More: www.army.mil/article/245711)



LOGCAP Support Brigade Conducts Change of Responsibility Ceremony

The Logistics Civil Augmentation Program Support Brigade, U.S. Army Reserve Sustainment Command, held a change of responsibility ceremony here April 10 in Heritage Hall. Families of the incoming and outgoing noncommissioned officers were present for the event, which adhered to current COVID-19 protocol distancing guidelines. The ceremony celebrated the tradition of incoming Command Sgt. Maj. Marcel Parson receiving the guidon and taking on the role of senior enlisted leader of the organization from outgoing Command Sgt. Maj. Daniel Arndt. Col. Michael Clark, brigade commander presided over the ceremony. Among the distinguished guests present were Brig. Gen. Donald Absher, commanding general of ARSC; ARSC Command Sgt. Maj. Christopher Luchsinger; and U.S. Army Sustainment Command Sgt. Maj. Marco Torres. (More: www.army.mil/article/245498)



Joint Munitions Command Focuses On Diversity

The emphasis on supporting diversity and inclusion in the workplace starts at the highest levels of the Army, and is being fostered on through to subordinate commands and organizations, and ultimately to individual Soldiers and civilian employees. But, the individual level is where change will become most evident. "We want to ensure that diversity, equity and inclusion is an integrated part of how we do business in the Army. We want to make sure that at some point in time, we can talk about diversity, equity and inclusion without actually saying the words because it's just the way we do business," said Lt. Gen. Gary Brito, Deputy Chief of Staff of the Army for Personnel. (More: www.army.mil/article/245635)



Gen. Daly, Army's Senior Sustainer, Affirms JMC's Path Forward

Modernizing the Organic Industrial Base and ensuring the welfare of its workforce dominated the discussion at Joint Munitions Command's update to the Commanding General of U.S. Army Materiel Command, Gen. Ed Daly, on April 22. JMC Commander, Col. Gavin Gardner, highlighted JMC's focus on employee inclusion, the ammunition management strategy, and modernization initiatives to sustain a flexible OIB enterprise to better support the warfighter. "Our people are JMC's greatest asset," Gardner said. "Taking care of them is the best way to continue providing superior munitions readiness to our men and women in uniform." (More: www.army.mil/article/245642)



Lock and Dam Crews Busy Prepping for Navigation Season

Now that spring has arrived in the Rock Island District, the busy part of the navigation season has arrived as well. While the 18 locks within the District on the Mississippi River and Illinois Waterway do not technically close for winter, the colder months of late December through mid-March are much slower for commercial and recreational traffic. Lock crews and maintenance crews take advantage of these slower times to ensure the locks, dams and associated sites are in the best shape possible when traffic picks up again. From time-to-time, a lock will close completely for winter maintenance, as was the case with locks 13, 14, 15 and 19 on the Mississippi River this past winter. (More: www.dvidshub.net/news/394598)



Army Senior Leaders Praise CYs Personnel As All Centers Reopen

All of the Army's Child and Youth Services centers are now open at a reduced capacity, as CYs draws closer to normal operating conditions after closing more than half of their facilities during the COVID-19 pandemic last year. "Slowly but surely, CYs is getting more and more children into care," said Helen Roadarmel, the Army's CYs program manager. "The majority of our programs are in the health protection condition bravo, which means they are inching closer to that 75% capacity." (More: www.army.mil/article/245520)



Digital Garrison Pushes Readiness

While garrison commanders and other Army leaders rely on Digital Garrison to communicate critical information during emergencies, a global push notification test April 22 highlighted an opportunity for improvement. Digital Garrison is the Army's free mobile app that communicates important information and connects Soldiers and their families with a full array of on-post services and events. One of its capabilities is push notifications intended to deliver emergency information about gate closures, inclement weather or disruptive events. Commanders at multiple installations successfully used this push notifications during last year's hurricane season and recent winter storms. During an April 22 test of Digital Garrison's ability to push notifications to its global audience, the app incorrectly sent two messages without identifying them as tests. (More:

www.army.mil/article/245525)



Flag Raised For First Time at National World War I Memorial

The nation's capital has national memorials commemorating the sacrifices of service men and women who died in World War II, Korea and Vietnam.

Until this year, there hasn't been a national memorial commemorating World War I. Today, during a "first colors" ceremony, the U.S. flag was raised for the first time over the newly-constructed National World War I Memorial in Washington, D.C. Nearly 4.7 million Americans served in uniform during WWI, with more than 2 million of those deploying overseas. By war's end, 204,000 of those who deployed had been wounded, and nearly 117,000 had been killed. (More:

www.defense.gov/Explore/News/Article/Article/2576176)



DOD Working to Mitigate Climate Change Effects on Installations

In recent years, wildfires impacted the Defense Department's ability to conduct training on installations on the West Coast while hurricanes adversely affected installations along the East Coast, said a Defense Department official, attributing the severity of the storms and the wildfires, in large part, to climate change. Richard Kidd, deputy assistant secretary of defense for environment and energy resilience, discussed what the Defense Department is doing in the face of these threats to its installations. The department has taken steps to build resilience across a number of systems, including the power grid and the water supply, he said. Other approaches include building seawalls and locating facilities to higher ground. Many adaptations to increase resilience to climate change also help reduce the emission of greenhouse gases that contribute to global warming, such as using renewable energy. (More:

www.defense.gov/Explore/News/Article/Article/2572665)



Planned Electrical Power/Mediacom Cable Outage

The Directorate of Public Works will be replacing power poles along East Street which will require an estimated 4-hour power/cable outage from 8 a.m. – Noon, on **Saturday, May 1**. The buildings affected by the power/cable outage will be buildings 9, 11, 15, 16, 56, 85, 90 and housing units: Q7, Q23, Q34, Q705, Q709. In case of inclement weather, the work will be rescheduled to 8 a.m. – Noon, **Sunday, May 2**.

Step Out Against Sexual Assault Virtual Run/Walk

April is recognized nationally as Sexual Assault Awareness and Prevention Month (SAAPM). This year the Army's SAAPM theme is "Building Cohesive Teams through Character Trust and Resilience. Protecting Our People Protects Our Mission." The

RIA Installation SHARP team encourages everyone to join us in support of SAAPM by

participating in the various awareness events throughout the month. One of those opportunities to stand with the RIA Installation SHARP Program in raising awareness is to join us as we lace up our walking shoes and Step Out Against Sexual Assault with our first virtual awareness run/walk. Track your run/walk miles and times between **April 1 and April 29** in the fitness app of your choice and submit a screenshot to usarmy.ria.asc.mbx.sharp@mail.mil no later than **close of business April 30** to be eligible. SHARP swag bags will be awarded for the...

- Fastest 5k time
- Fastest 10k time
- Most miles logged

Thank you for your support and let's get active with a purpose!

JOIN THE RIA SHARP TEAM
Step out against
Sexual Assault



Public Service Recognition Week

36 Years of Honoring Public Servants and Connecting Citizens with Their Government

Public Service Recognition Week is a week dedicated to honoring our public servants. Since 1985, Public Service Recognition Week has been celebrated the first week of May, beginning on the first Sunday of the month.



PUBLIC SERVICE
RECOGNITION WEEK

PSRW will be observed from **Sunday, May 2, until Saturday, May 8**, this year. Public Service Recognition Week (PSRW) is organized annually by the Public Employees Roundtable, and its member organizations to honor the men and women who serve our nation as federal, state, county and local government employees. Public Service Recognition week is included in National Military Appreciation Month. Throughout the country, mayors, governors, agency leaders, communities and public service organizations participate in PSRW by issuing proclamations; hosting award ceremonies and special tribute events; and delivering messages about the value of public service. Public Service Recognition Week encourages government leaders and public servants from all backgrounds to participate, by showing appreciation to their employees and colleagues and by sharing their stories of excellence in public service.

Regional Critical Blood Shortages, MVRBC Blood Drives

The Mississippi Valley Regional Blood Center has ongoing critical shortages of the following blood types: **O positive, O Negative, AB positive and AB negative**, but all types are needed. MVRBC is hosting a blood drive in the MVRBC Donor Bus in the Commissary parking lot, on **Friday, May 14 and 21**, 10 a.m. - 1:30 p.m. If you would like to donate at this blood drive, feel free to email bhancock@mvrbc.org with the time you'd like to schedule, or call their Donor Center at 563-359-5401; you may also log on to www.bloodcenter.org and use code 029 to locate the blood drives. ASC is hosting a blood drive on **Thursday, April 15**, 10 a.m. to 1:30 p.m.; there will be a Donor Bus parked in front of Building 390. MVRBC encourages those working remotely to visit one of their three local donor centers.

- Moline Donor Center – 3600 16th Street
- Davenport Headquarters – 5500 Lakeview Parkway
- West Davenport Center – 1320 W. Kimberly Road

MVRBC will have a new donor promotion in May, this will be a \$10 electronic gift card redeemable at Amazon, Dunkin', Lowe's, Target, Starbucks, and Walmart.

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information: www.militaryblood.dod.mil



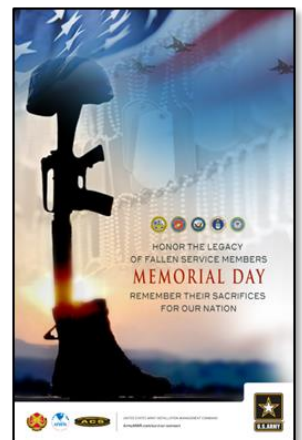
Flag Placement to be Conducted by Cemetery Staff, Active Duty Troops

U.S. flags will be placed on the headstones of fallen service members in honor of Memorial Day at the Rock Island National Cemetery this year by Cemetery staff in coordination with active duty troops serving on Rock Island Arsenal in the days preceding Memorial Day.



Memorial Day Ceremony

A private wreath-laying Memorial Day ceremony will be held at the Rock Island National Cemetery that will include Memorial Day remarks, rifle salute, taps, and a wreath laying. Memorial Day represents a day of national awareness and reverence, honoring the military men and women who gave their lives in defense of the nation and its values. Memorial Day honors fallen service members while Veterans Day is an opportunity for Americans to publicly recognize living military veterans. Memorial Day was originally known as Decoration Day. It was first widely observed on May 30, 1868, to commemorate the sacrifices of Civil War Soldiers and a day to honor the nation's Civil War dead by decorating their graves. Maj. Gen. John A. Logan, commander-in-chief, Grand Army of the Republic, proclaimed May 30 as Decoration Day by General Order No. 11. The Uniform Monday Holiday Act moved Memorial Day from May 30 to the last Monday in May. The law took effect in 1971 at the federal level. In 2000, Congress established the National Moment of Remembrance on Memorial Day.



Arsenal Traffic/Construction



East Street Road Closure

From **Monday, April 5 through Friday, June 18**, East Street from Blunt Road to the South parking lot entrance of Building 56 will be closed to conduct Phase one of sewer, sidewalk and road replacement work. CDC users will be able to cross East Street using Ramsey Road for drop-off and pick-up at CDC buildings 11, 15, and 16. Ramsey Road will be used for traffic in both directions.

Building 90 North Parking Lot Closure

Monday, May 3 to Friday, June 18 the Directorate of Public Works (DPW) will close the north half of the Building 90 parking lot for contract personnel to conduct sewer, sidewalk, and parking lot replacement work. Access and parking will still be available in the south half of the parking lot via the south entrance of Building 90.

Building/Space Closures



Building 212 Fire Suppression System Flushing Project

Nov. 9 through **Monday, July 5**, the Directorate of Public Works (DPW) began the Fire Suppression System Flushing Project in Building 212. This involves temporary closure of some areas which will be isolated by barriers in coordination with JMTC Facilities department.

Active Duty/Reserve Zone



Army Leaders Encourage Soldiers to Get Vaccinated As DOD Ends J&J Pause

The Army will resume distribution of the Johnson & Johnson COVID-19 vaccine in limited capacity this week, helping the service reach its goal of vaccinating 80% of the force by July 4, its top medical officer said Monday. Although the Department of Defense temporarily paused the distribution of the Johnson & Johnson vaccine due to possible adverse reactions on April 13, the Centers for Disease Control and Prevention and the U.S. Food and Drug Administration recently recommended that the pause be lifted, according to a FDA press release last week. (More: www.army.mil/article/245650)

BAH Provides Options While On-Post Housing Exceeds Market Standards, Expert Says

The Army continues to develop on-post housing communities that provide Soldiers and families access to safe and habitable living spaces and other amenities that typically exceed what the service member can afford on the local economy, a housing expert said last week. The Army's on-post

housing inventory accommodates an average of 30-35% of Soldiers assigned to an installation, with the remaining living in surrounding communities, said Scott Chamberlain, assistant for housing and chief of capital ventures within the Office of the Deputy Assistant Secretary of the Army for Installations, Housing and Partnerships. (More: www.army.mil/article/245480)

Military Spouses Worldwide to Join Online for DOD's Annual Virtual Symposium

This year's Virtual Military Spouse Symposium — scheduled for **April 27-29** — is geared for male and female spouses to learn about career development and well-being, whether they're students or veteran careerists, Military OneSource's director for military community support programs said. Lee Kelley said the symposiums, which began five years ago with a focus on education and careers, have always been interspersed with issues surrounding well-being that speak to the holistic needs of military spouses. (More: www.defense.gov/Explore/News/Article/Article/2561512)

Chicago Field Museum & USO Presents: A Virtual Tour with SUE the T. Rex

Join us for an interactive, one-of-a-kind look into this most complete Tyrannosaurus rex. Using a 3D virtual model scanned straight from SUE's fossilized bones, a Field Museum Educator in Chicago will take you on a journey into SUE's past. Join in on trivia breaks as you test your dinosaur knowledge. Plus, ask our educator questions in this lively session! Registration for this event is open to all active duty military, guard, reserves, and spouses.

- **Saturday, May 1** at 10 a.m. via ZOOM

USO will send the ZOOM link and access information via email prior to May 1

Register here: <https://forms.office.com/r/4GT1E0j7RV>

Get more information on the USO Passport to the Midwest program series at www.tixfortroops.org.



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The top priority of the installation safety office is to safeguard and protect service members, their families, civilian employees and Army property as well as to create the safest workplace and living environment possible. Website:

<https://home.army.mil/ria/index.php/about/Garrison/safety-office>

US Department Of Labor Observes 2021 Workers Memorial Day as Agencies Look Ahead To Stronger Worker Safety, Health Protections

Every year on April 28, the U.S. Department of Labor and its Occupational Safety and Health Administration commemorates Workers Memorial Day, when we remember and honor the men and women who have lost their lives on the job. Many of these devastating losses were preventable if standards had been followed, appropriate controls existed and if safety and health programs were a priority. In 2021, the department also observes OSHA's 50th anniversary. Before the 1971 enactment of the Occupational Safety and Health Act and the OSHA's creation, many workers lacked basic protections from workplace hazards. Since then, OSHA and its many partners have helped transform U.S. workplaces and have reduced injuries, illnesses and fatalities significantly. (More: www.osha.gov/news/newsreleases/national/04282021)

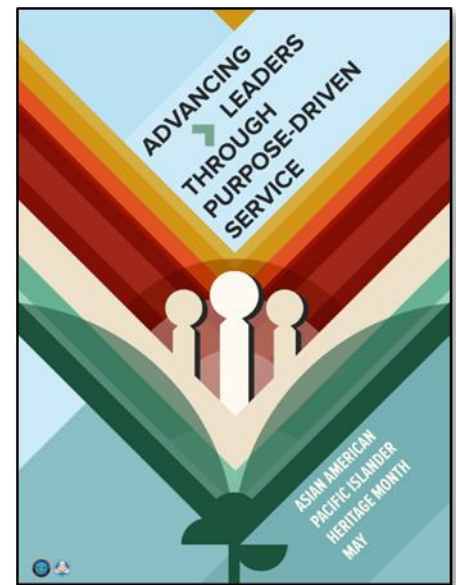
Equal Employment Opportunity Focus



The Equal Employment Opportunity (EEO) program formulates, directs, and sustains a comprehensive effort to maximize human potential to ensure fair treatment for military personnel, family members, and civilians without regard to race, color, gender, religion, or national origin, and provide an environment free of unlawful discrimination and offensive behavior. The Garrison EEO office is providing services virtually. Please contact EEO staff at 309-782-2548.

Asian American Pacific Islander Heritage Month

Asian American Pacific Islander Heritage Month celebrates the important contributions of individuals of Asian/Pacific Islander descent to the nation, both historically and in today's society. The month of May was chosen for this commemoration because it marks the anniversary of the arrival of the first Japanese immigrants to American on May 7, 1843, and the completion of the transcontinental railroad by predominantly Chinese laborers on May 10, 1869. The theme for 2021 is Advancing Leaders Through Purpose-Driven Service. Purpose-driven service creates a positive culture of intimacy, empowers leaders who believe in leading with values, offers frequent encouragement and feedback, and puts employees first. Individuals of Asian and Pacific Islander descent have historically served in the Army with great valor and distinction and continue to be critical members of the Army team. They play vital roles in today's Army as Soldiers, Army civilians and Family members. Nearly 59,000 Soldiers who identify as Asian American/Pacific Islander serve in the Total Force (~ 29,000 Regular Army; ~ 14,000 National Guard; ~ 15,000 Army Reserve.) The contributions and achievements of individuals of Asian/Pacific Islander descent illustrates the strength of a diverse Army.



Morale, Welfare & Recreation



Army MWR is a quality-of-life program that directly supports readiness by providing a variety of community, Soldier, and family support programs, activities and services. Included in MWR are social, fitness, recreational, educational, and other programs and activities that enhance community life, foster Soldier and unit readiness, promote mental and physical fitness, and generally provide a working and living environment that attracts and retains quality for U.S. Army Soldiers, Family members, Retirees and its civilian workforce. Visit the MWR website at <https://rockisland.armymwr.com> for information on all MWR programs. How is MWR doing? Tell us by going to <https://ice.disa.mil>, navigate to "Rock Island Arsenal" and search "MWR" for a full listing of all our programs and services.

Company Kitchen Temporary Closure

All three Company Kitchen café locations in buildings 60, 212 and 350 will close beginning **Saturday, May 1**. Company Kitchen has been committed over the past year to providing limited services to the Arsenal workforce during the pandemic. Continuing service under the existing conditions is no longer feasible. Company Kitchen will continue to re-evaluate returning as the daily population continues to increase across the Arsenal. USAG Rock Island Arsenal, Family and MWR would like to thank them for their dedicated service they have provided to Rock Island Arsenal through this pandemic and we look forward to their return in the coming months. MWR is seeking interim breakfast and lunch options during this temporary closure. The Island Oasis located at the Fitness Center (Building 67) is open daily Monday-Friday from 11 a.m. -1 p.m. serving fresh off the grill and the Lock and Dam Lounge (Building 60) is open with food options on Wednesday and Thursday from 3-7 p.m. For more information please contact the MWR management assistant at 309-782-6319.



Theme Nights at the Lock & Dam Lounge

Calling all Arsenal units, organizations, offices, etc. – we're going to let your team take over the Lock & Dam Lounge for the night. You choose your own theme, music and decorate the Lounge to fit your theme. Choose anything from 90s retro, luau, Hollywood glamour, superheroes, Harry Potter, masks and mimosas or glow in the dark; or choose your own theme, you're only limited by your own imagination. Come battle it out and let's see who can get the most participation all while enjoying an evening with your co-workers enjoying great food and drink specials at the Lock & Dam. Contact Cathy Harris at 309-782-6319 for more info and to reserve your Wednesday or Thursday date. Please note, the first Thursday of every month is Right Arm Night and as such is not available for your theme night.

Appointments Now Available at the Auto Skills & Service Center

Is your vehicle clunking, thunking, grinding, whining or squealing? Tired of looking at the check engine light? Stop by the newly repainted Auto Skills and Service Center (Building 351) and make an appointment for our skilled team of mechanics to diagnose that noise or error code and fix it at a fair and honest rate. Whether you're simply due for an oil change or tire rotation or you have something more major that needs repair, give us a call at 309-782-8631 and let our skilled and trustworthy mechanics keep you rolling down the road. If you're more hands on and like to work on

your own vehicles, schedule time for self-help service and get your ride fixed while saving money. For more information and appointments, call 309-782-8631.

Cinco de Mayo Celebration

Join us **Wednesday, May 5**, for a Cinco de Mayo celebration in the Lock & Dam Lounge, Building 60, 3-7 p.m. A common misconception is that Cinco de Mayo is a celebration in honor of Mexican Independence Day, when actually it commemorates the victory of the Mexican Army over the much larger French Empire at the battle of Puebla on May 5, 1862. Come join us at the Lock and Dam Lounge to celebrate Cinco de Mayo. We'll have a lineup of Mexican beer specials and even a Nacho Dog special from Dawgers Hot Dog Stand. Please call 309-782-6319 for more information.

Right Arm Night

Join us for Right Arm Night at the Lock & Dam Lounge on **Thursday, May 6**, at 3 p.m. Right Arm Night is a time honored Army tradition promoting camaraderie and esprit de corps. Leaders come together with those standing to their right - the ones helping them get through daily missions - to build relationships while mixing and mingling with other leaders who have brought their battle buddies with them. Everyone is welcome to bring your right arm(s) and join us at the Lock & Dam Lounge for Right Arm Night/First Thursday. Enjoy networking with your fellow Arsenal colleagues while building Esprit de Corps and partnerships. Exile Brewing Company from Des Moines will be taking over the taps and are sure to have some tasty, unique brews for you to sip. Dawgers Hot Dog Stand will be onsite serving up their tasty fare. Please call 309-782-6319 for more information.



Quarters One Historic Tour

Quarters One on Rock Island Arsenal was once one of the largest residences in the federal inventory. In fact, when it was still used as Army housing, it was second only to the White House in size. Come join us **Saturday, May 8**, at either 11 a.m. or 1 p.m., as we tour this majestic Joliet limestone mansion and listen to the history of this giant home as told by the Army Sustainment Command Historian. Cost is \$10/person and reservations and prepayment can be made by visiting the Leisure Travel Office in Building 333 (next to the Exchange). Please note that the facility is not handicapped accessible. Face masks and social distancing are required during the tours. For more information, please call 309-782-5890.

Lock and Dam Lounge is Open

Now open for Workforce Wednesdays and Thirsty Thursdays from 3-7 p.m., face mask and social distancing required. Join us for specials to include \$5 craft beers, \$2.50 domestics and \$1 sodas. We have some great new local beers on tap this week including Peanut Butter Porter from Contrary Brewing in Muscatine, Raging River IPA and Cherry Bomb Blonde from Front Street Brewery in Davenport, Ruthie from Exile Brewing in Des Moines, and Bikini Bottom from Five Cities Brewing in Bettendorf. Support the local brew scene at the coolest bar on the Arsenal! Also, for all you PBR fans, enjoy \$3 pints and \$6 pitchers of your favorite Milwaukee brew, Pabst Blue Ribbon. Stick around for dinner too, we'll be serving up burgers, grilled pork tenderloins, pizza, wings, and more. Please call 309-782-6319 for more information on the Lock & Dam Lounge.



All The Time Fitness Registration

Fitness Center customers can now register for access to the All the Time Fitness Program. Register in person at the front desk. Customers who have registered will be able to access the unmanned Fitness Center anytime from Friday at 7:30 p.m. to Monday at 5 a.m. If you encounter any problems with entry, please visit the Fitness Center Monday-Friday during manned hours and the front desk staff will be happy to help you. The Fitness Center is open and staffed Monday-Friday from 5 a.m. – 7:30 p.m. and Saturday from 8 a.m. – 3 p.m. For more information, please call the Fitness Center at 309-782-6787.

MWR Leisure Travel Office



We offer substantial discounts on tickets to local attractions, concerts, amusement parks and regional bus trips to exciting destinations. Check with us first for all your entertainment needs, we can save you money. **Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. Face masks and appointments are required for service. The maximum facility capacity is five people. Contact the office at 309-782-5890. (email: anna.winters@us.army.mil) (website: <https://rockisland.armymwr.com/programs/leisure-travel-office>)**

Great Entertainment at Great Prices

The Leisure Travel Office (Building 333, next to the Exchange) has great discounted ticket prices for Disney World, Universal Studios, and many other attractions including the return of discount Adventureland tickets in 2021 for just \$45 each. For more information or to purchase tickets, please contact the Leisure Travel Office at 309-782-5890.

Child & Youth Services



Child & Youth Services provides a full range of child care programs and services for children ages six weeks through senior year in high school. Services include full-day, part-day, hourly, pre-k, school outs, summer programming, sports and fitness, and instructional classes. All CYS programs/facilities will be closed all federal holidays, CYS CDC/CD Home/FCC staff in-service day and any other additional days/installation closures approved by the garrison commander. Fees will not be reduced, refunded, or prorated for these days. (Website: <https://rockisland.armymwr.com/programs/cy>) (Facebook: www.facebook.com/RIACYSS)

CYS Sports and Fitness Programs

Register now for CYS Sports and Fitness Programs. All RIA-affiliated active duty, retirees, reservists, civilian, and/or contractor families are eligible to participate. Age-specific sessions start **May 1 or May 3** and are held outdoors at Memorial Park (inclement weather site: the School Age Center (SAC) Gym, Bldg. 150). Comfortable shorts/sweatpants, t-shirts, and tennis shoes are required. COVID-19 mitigation practices will be in place for all classes and families will be sent

COVID-19 expectations upon registering. Please call Parent Central Services in Building 110, Monday-Friday, 7:30 a.m. – 4 p.m. at 309-782-0791 starting at 9 a.m. **April 21-30** to register. For more information contact Andy Milton, sports and fitness director at andrew.a.milton2.naf@mail.mil or 309-782-6793. Visit our website for more information on programming or on how to be a volunteer coach: <https://rockisland.armymwr.com/programs/youth-sports>

Youth Cheerleading Clinic

Calling all future cheerleaders, get started right with our awesome cheerleading clinic. Everyone is welcome to attend this multi age level clinic with classes for ages 5-8 and 9+ which costs \$25/child. Clinic dates are: **May 1, 3, 10, 17, 22 and 24**. Ages 5-8 will meet on Mondays from 4:45 - 5:45 p.m. and Saturdays from 8:30-9:30 a.m. Ages 9+ will meet on Mondays from 6-7 p.m. and Saturdays from 9:45-10:45 a.m. All clinics will take place outdoors at Memorial Park (inclement weather site: School Age Center (SAC), Building 150). Visit our website for more information on programming or on how to be a volunteer coach: <https://rockisland.armymwr.com/programs/youth-sports>

Little Sluggers Baseball Class

Get the kids started playing the great American pastime of baseball! This parent and child baseball skill building clinic is for kids ages 3-5 and costs \$25/child. Learn the basic fundamentals of throwing, catching, batting and agility. Class dates are: **May 3, 7, 10, 14, 17 and 21** from 6-7 p.m. All clinics will take place outdoors at Memorial Park (inclement weather site: School Age Center (SAC), Building 150). Visit our website for more information on programming or on how to be a volunteer coach: <https://rockisland.armymwr.com/programs/youth-sports>

Little Pros Golf Class

Get the kids interested in a sport they can play for a lifetime. This parent and child golf skill building clinic is for kids ages 3-5 and costs \$25/child. The registration period is now through April 30th or until the class fills up. Class dates are: **May 3, 7, 10, 14, 17 and 21** from 4:45-5:45 p.m. All clinics will take place outdoors at Memorial Park (inclement weather site: School Age Center (SAC), Building 150). Visit our website for more information on programming or on how to be a volunteer coach: <https://rockisland.armymwr.com/programs/youth-sports>

Army Community Service



Army Community Service is an Army-wide community, social service program that provides services that assist Soldiers, Family members, and Department of the Army civilians maintain readiness, develop self-reliance, resiliency and stability. U.S. Army Installation Management Command provides these services through a network of programs that support goals related to recruitment, retention, morale, and operational readiness of the force. ACS on RIA is located in Bldg. 110, 1st floor SE; visit our ACS website

<https://rockisland.armymwr.com/programs/army-community-service> or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here: www.facebook.com/RIAACS. 24/7 Domestic Violence Crisis Line: **309-912-6089**. The ACS center is open Monday-Friday from 8 a.m. - 2 p.m. Appointments are strongly encouraged and can be made by calling 309-782-0829. ACS Rock Island virtual office hours are 11:30 a.m. – 12:30 p.m. on [MS Teams](#).

TSP Training

With the move back to the office many people want to know more about their TSP. TSP offers a number of classes including classes regarding how TSP works, TSP for new hires, and TSP withdraws and retirement among others. You can find these classes (and a complete set of instructions on how to sign up) at www.tsp.gov/agency-service-reps/tsp-educational-resources.

Domestic Violence Support Group

Domestic Violence support group to be offered **every Tuesday** beginning **May 4** from 5-6 p.m. and every Thursday from 11:30 a.m. - 12:30 p.m. At this time the support group will be offered through MS Teams. Please R.S.V.P. to crystal.l.bartholomew2.ctr@mail.mil or call 309-782-3773. Confidentiality is of utmost importance.

Goal Setting Workshop

Join us **Thursday, May 6**, on MS Teams, 1-3 p.m., for our Goal Setting Workshop. Have you ever set a goal only to abandon your efforts after a while? You are not alone. Maybe your plan of attack needs to employ a different strategy. Goal setting, when done correctly, produces motivation, directs attention, increases effort and persistence, and promotes the development of new strategies. Join Army Community Service for a skills workshop that will cover the 7-step Goal setting process that includes key components known to make goals more effective. Sign up by **Tuesday, May 4** by calling ACS at 309-782-0816 or by emailing the master resilience trainer at chassity.r.morse.civ@mail.mil. This class has a five-person minimum requirement.

Youth Summertime Activity Expo on MS Teams

Even though the live portion of the Youth Summertime Activities Expo is over, you can still access all of the information from the organizations on MS Teams by following this link:

<https://teams.microsoft.com/l/team/19%3a73728028bf9e4ed2b985e4c036f694fb%40thread.tacv2/conversations?groupId=beba8ec5-0eae-4f41-be6d-e0b34c3e694e&tenantId=21acfbb3-32be-4715-9025-1e2f015cbbe9>

Once there, you can browse through more than 20 organizations' worth of summer programming. Some of the organizations include Davenport Junior Theatre and Dance, QC Botanical Center, Visit Springfield, Bettendorf Parks and Rec, Nahant Marsh, Bereskin Gallery, the Sawmill Museum, and more. There are activities for kids of all ages, and even adults.

This link will stay live through **May 7**. If you have any questions, please contact Jenny Kerr at Jennifer.a.kerr10.civ@mail.mil.

Parenting During COVID-19

Kids are returning to school, and parents are returning to work, but life is far from "normal." Join Army Community Service and Child and Youth Services each month as we discuss how to manage as parents through the pandemic. Bring your questions and tips to the group, parents of all ages of children are welcome. Classes are held the second Tuesday of the month from 11:30 a.m. - 12:30 p.m., and can be accessed through Teams at the following link:

<https://teams.microsoft.com/l/meetup-join/19%3a90c8afc5e9a34120989982d78eb42e8f%40thread.tacv2/1615312862051?context=%7b%22Tid%22%3a%2221acfbb3-32be-4715-9025-1e2f015cbbe9%22%2c%22Oid%22%3a%220943c39e-a114-4645-84a8-55d91c3efb99%22%7d>

If you do not have Teams, you can still access the meeting by calling 571-388-3904 and entering the passcode: 458005087#. Meeting dates are **May 11 and June 8**. For more information, call 309-782-6515 or 309-782-3049.

Out Processing Levy Brief

The out processing levy brief is designed to provide service members and their spouses with critical information regarding policy and procedures as well as resources available during PCS process. The brief will be delivered virtually through MS Teams. To receive a meeting link for one of the following Thursdays taking place 9:30 a.m. – noon, please contact MPD at 309-782-1526; **June 24 and July 22**.

ACS Rock Island Virtual Office Hours

ACS is holding public virtual office hours via [MS Teams](#) each Wednesday, except for days ACS publishes closures. Office hours are from 11:30 a.m. – 12:30 p.m. We look forward to taking general questions related to finances, family programs, and relocation. We may periodically provide presentations on a topic selected by our office in advance. This is our public forum. Microsoft Teams link:

https://teams.microsoft.com/l/meetup-join/19%3ameeting_MmIwNzkzYmYtZmE3ZC00ZmQ1LWJjMWUtYzRhMjlkZTAyMzNi%40thread.v2/0?context=%7b%22Tid%22%3a%2221acfbb3-32be-4715-9025-1e2f015cbbe9%22%2c%22Oid%22%3a%22209cc082-8b15-4656-8d36-a59e61db19c8%22%7d

Call in (audio only) at 571-388-3904,,890722855#, phone conference ID: 890 722 855#
If you have a question that you would like to discuss in private you can contact us to set a confidential appointment at 309-782-0829.

MWR Outdoor Recreation Office



Outdoor Recreation is your one-stop rental shop for all your outdoor adventures, special events, home maintenance and repair. No matter the season, we have the equipment to get you out into the great outdoors. From skis and snowboards to campers and canoes, we have you covered. Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Building 333, Phone: 309-782-8630. **Appointments are once again required for service in order to limit the number of customers in the lobby at any one time. The maximum facility capacity is five people and masks are still required for service.** (email: robert.l.lampert.naf@mail.mil), Website: <https://rockisland.armymwr.com/programs/outdoor-recreation>

Get Ready For Boating Season with Outdoor Recreation

Canoe and kayak season is just around the corner or here now, depending on your tolerance for chilly water and we want everyone to have a safe and fun season. Before renting a canoe or kayak from Outdoor Recreation, the State of Illinois requires each user to complete a boater safety class each year and for Outdoor Recreation to maintain on file a copy of your boater safety class completion certificate. Now is a great time to get your training done. We must have a copy of the completion certificate for everyone in your group who will be in or using the canoes and kayaks that you check out. There is a free online class at www.rentalboatsafety.com. Take the class for canoes/kayaks. On your completion certificate write your name, date of birth, driver's license number (if 16 years of age or older) and your signature. Without these certificates we are not allowed to rent canoes or kayaks to you. The canoes and kayaks can only be used on the water ways that we have listed and posted at Outdoor Recreation. See the full list of rental equipment available to you including bikes, campers, flatbed and enclosed trailers and much more on our website: <https://rockisland.armymwr.com/programs/outdoor-recreation> Stop in to see us and let us set you up with all the gear you need to get out and play in the great outdoors. Please call 309-782-8630 for more information about Outdoor Recreation.

Outdoor Storage Spaces Available from Outdoor Recreation

Outdoor Recreation now has outdoor storage spaces available for rent. These spaces are for vehicles 20' in length or less and are just \$25/month. Please call Outdoor Rec. at 309-782-8630 for more info and to reserve spaces.

Employee Assistance Program



The ASAP/EAP is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. The ASAP/EAP promotes healthy lifestyles. Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal. ASAP/EAP is located in Bldg. 56, 1st floor; visit our ASAP/EAP website <https://home.army.mil/ria/index.php/my-fort/all-services/army-substance-abuse-program> or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. Find us on Facebook click here: www.facebook.com/RIAEmployeeAssistanceProgram.

Education/Training Review



Army Continuing Education System (ACES) is the Army's method for delivering educational opportunities to Soldiers that remediate, develop, and enhance skills needed for present and future jobs. The Army Continuing Education Division (ACED) promotes lifelong learning, readiness and resilience through flexible and relevant education programs, services and systems in support of the Total Army Family. The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 8 a.m. – 3:30 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. **The RIA Army Education Center is only providing virtual services; contact Mary Hansarik at mary.p.hansarik.civ@mail.mil for Education Center requirements.** Please visit our website to learn more: <https://home.army.mil/ria/index.php/my-fort/all-services/continuing-education-services>

There are no announcements at this time.

Defense Commissary Agency / Exchange



The Rock Island Commissary, www.commissaries.com/shopping/store-locations/rock-island-arsenal, and the Exchange, www.shopmyexchange.com/company/storeDetails.jsp?storeId=1074020, are for active duty military, retirees, and service-connected disabled veterans only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. Check out local specials and get POC information here: www.commissaries.com/shopping/store-locations/rock-island-arsenal. For information on this and other Commissaries, visit: www.commissaries.com (Facebook: www.facebook.com/YourCommissary) **COVID-19 Store Policies:** <https://commissaries.com/coronavirus>

If you would like to be placed on our email contact list to receive periodic information on events happening at your Rock Island Arsenal Commissary, please email us at: rockisland@deca.mil and type 'Subscribe' in the subject line.

'We Care and You Save!': Sidewalk Sales to Offer Discounts on Variety of Everyday Items at Stateside Commissaries

Commissary patrons stateside can stock up on their favorite items at significant savings during the Defense Commissary Agency's Military Appreciation Month Sidewalk Sale event in May (RIA Commissary Side Walk Sale **May 26-29**). "This is our way of saying 'thank you' to our patrons for their service and sacrifice," said Bonita Moffett, DeCA's director of sales. "These U.S. sidewalk sales give our military members and their families a chance to realize extra savings during this military recognition month. We care and you save!" (More: www.commissaries.com/our-agency/newsroom/news-releases/we-care-and-you-save-sidewalk-sales-offer-discounts-variety)

May – Military Appreciation Month: Commissaries Highlight Patrons' Service with Extra Savings

Folks can tell military members and their families "thank you for your service," but commissaries are showing it every day through significant savings, especially in May during Military Appreciation Month. (More: www.commissaries.com/our-agency/newsroom/news-releases/may-military-appreciation-month-commissaries-highlight-patrons)

National Pet Month: Commissaries Worldwide Offer Exceptional Savings for Pet Food, Supplies In May

Our pets are beloved family members, exercise partners and stress relievers. During the pandemic, they have made the lockdown much more bearable. During National Pet Month in May, commissaries worldwide give customers ways to show their furry, four-legged friends some love while saving big on all their pet needs. (More: www.commissaries.com/our-agency/newsroom/news-releases/national-pet-month-commissaries-worldwide-offer-exceptional)

Arsenal Archive



Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum.
(website: www.arsenalhistoricalsociety.org) (Facebook: www.facebook.com/RIAMuseum)

RIA Museum Closed For Renovation

The Rock Island Arsenal Museum is undergoing a \$1.5 million renovation. The project includes the biggest modernization of the museum in more than 50 years. The renovation will refocus the exhibits on the history of the U.S. Army's organic industrial base, Rock Island Arsenal, and the Arsenal's current role in producing Army readiness. It is part of the U.S. Army Museum Enterprise's five-year reform effort to refine its collection and enhance education and training capabilities at its 47 field museums. To provide a sneak peek of the new exhibits, a series of virtual presentations will be held this summer outlining the new interpretation and exhibit design. Stay tuned for updates on the [Museum's Facebook page](https://www.facebook.com/RIAMuseum) or website, arsenalhistoricalsociety.org, as it undergoes this exciting process. The museum has been closed since March 2020 due to a nationwide surge in COVID-19 cases. "We look forward to reopening our doors to the Quad Cities community in the fall of 2022," said Patrick Allie, Rock Island Arsenal Museum director. For more information or questions contact 309-782-3518.



Healthbeat



RIA Remains at **HPCON Bravo**, Emphasizes Command Practices Across the Island Workforce -- the Rock Island Arsenal is maintaining the current Health Protection Condition Bravo and the "Return to the Rock" plan – the installation's planned recovery from the COVID-19 precautions instituted in March and April 2020 (meetings/gatherings limit at 50 people or 50 percent of sitting capacity, [masks required](#), six feet of distancing, and a continuation of practicing proactive personal hygiene). For a further details about individual commands, Island facilities and services, go to our [COVID-19 Local Impacts Page](#).

CDC Alters Outdoor Mask Guidelines, Mandatory Federal Property and DoD Mitigation Measures Continue

The [Centers for Disease Control and Prevention eased its guidelines](#) Tuesday, April 27 on the wearing of masks outdoors, saying fully vaccinated Americans don't need to cover their faces anymore unless they are in a big crowd of strangers. And those who are unvaccinated can go outside without masks in some situations, too. The new guidance represents another carefully calibrated step on the road back to normal from the coronavirus outbreak that has killed more than 570,000 people in U.S. Under HPCON Bravo, the Rock Island Arsenal is opening facilities and the "return to the Rock" plan is underway to bring people back into offices after teleworking because of COVID 19 concerns. All employees still must wear a mask when indoors and in any environment where social distancing can't be arranged; this is in direct keeping with Secretary of Defense Lloyd Austin's [signed memo](#) that directs all individuals on military installations and all individuals

performing official duties on behalf of the Department from any location other than the individual's home, including outdoor shared spaces, to wear masks in accordance with the most current Centers for Disease Control and Prevention (CDC) guidelines. "Mask, distance and hygiene" remain the watchwords for safety as COVID conditions continue to improve. Don't Wait, Vaccinate! – Senior leadership and health personnel at the Rock Island Arsenal continue to highly encourage the Arsenal workforce and their families to get the first COVID-19 vaccine available to them from whatever resource they qualify to receive it, whether that's here at the Arsenal, a county vaccine clinic, the Veteran's Administration, their primary care provider, or a pharmacy. One resource for finding the vaccine outside of the installation is www.vaccinefinder.org; there are a number of other resources as well that everyone can find on the Internet or by contacting their primary care provider or country health department. DoD is now at [Phase 2 in its schema for COVID-19 vaccine eligibility](#); all persons aged > 16 years not previously recommended for vaccination are now eligible to receive the vaccine. If a member of the Island workforce wants to receive the vaccine at the RIA Health Clinic they need to go through their command or organization or by [calling the Clinic](#) for times and availability. The [RIA Health Clinic](#) has received and administered the COVID-19 Moderna vaccine to fully vaccinate more than 1,200 individuals in the workforce who were identified and qualified in the groups directed by the DoD as high priority. The installation will continue to make the vaccine available to members of the workforce as more supply is received. As you prepare to schedule your vaccination you may have questions. TRICARE has provided some answers about when, where, and how you can get a COVID-19 vaccine on their website located at <https://newsroom.tricare.mil/Articles/Article/2544018/qa-when-where-and-how-can-i-get-a-covid-19-vaccine>.

Military Kids Are Resilient, But Far From Immune To Pandemic Effects

Children have had an especially rough time since March 2020. COVID-19 largely took away their schooling, in-person relationships with friends and fellow students, their teachers, extracurricular activities, and any semblance of a normal life. It gave them worried parents and iffy internet connections for school - and for game playing or other 'fun' uses. And for the almost 2 million kids of activity-duty families, already saddled with the burden of frequent moves, it gave them more emotional instability. (More: <https://health.mil/News/Articles/2021/04/28/Military-kids-are-resilient-but-far-from-immune-to-pandemic-effects>)

At MHS Pharmacies, Every Day Is 'Drug Take Back Day'

While April 24 has officially been designated National Drug Take Back Day by the Drug Enforcement Administration (DEA), pharmacists across the Military Health System in recent years have been stressing that every day is a drug take back day. That's because MHS pharmacies are outfitted with MedSafe medication disposal boxes, which can accept all pills, along with properly sealed powders, liquid medications and lotions, and dermal patches. MHS pharmacies also provide mail-in envelopes for medications. "The bins are right there when you walk into the pharmacy," said U.S. Public Health Service Cmdr. Thien Nguyen, a pharmacist with the Market Management Branch of Pharmacy Operations for the Defense Health Agency. "We wanted to make sure that our beneficiaries knew that any time they were able to get through their medicine cabinets and put in their expired medications, or medications they don't use anymore, they can bring it in to us any day." (More: <https://health.mil/News/Articles/2021/04/22/At-MHS-pharmacies-every-day-is-Drug-Take-Back-Day>)

Notes for Veterans



VEText: From Local Innovation to National COVID-19 Support

VA is focused on quickly administering the COVID-19 vaccine to Veterans, especially Veterans who live in rural areas. Thanks to VEText, a text message appointment reminder system for Veterans with the potential to decrease no-shows, developed through the Veterans Health Administration (VHA) Innovation Ecosystem (VHA IE), VA already had systems in place to begin doing just that. (More: <https://blogs.va.gov/VAntage/87921/vetext-local-innovation-national-covid-19-support>)

VA Expands Post 9/11 GI Bill Benefits for Dependents

For many, the opportunity to pursue education and training beyond high school is not easily within reach. When military members are asked why they serve, the available GI Bill® education benefits are often one reason why. As a part of their earned benefits, active duty men and women can also transfer all or part of their Post-9/11 GI Bill benefits to their spouse and/or dependent children. This is called Transfer of Entitlement (TOE). Those wishing to transfer entitlement to a dependent must be sure to do this while still on active duty. (More: <https://blogs.va.gov/VAntage/87864/va-expands-gi-bill-benefits-dependents>)

Around the Q.C.



An interactive version of Around the Q.C. is now available at:
www.facebook.com/groups/275103093432020

Once you have joined you can see a listing at the Facebook events people have posted to the group at:
<https://www.facebook.com/groups/275103093432020/events>

The impact to these events in light of COVID-19 is unknown. It is recommended that employees look at the event link for details.

Island Insight



Col. Todd J. Allison, Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane,

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<https://home.army.mil/ria/index.php/contact/public-affairs>. To send comments email usarmy.ria.imcom-central.mbx.usag-ria-pa@mail.mil or phone 309-782-1121.

