

Golf Classic

Jordan hopes to extend playing field. 1B



3/8 takes all in squad competition. 8/9A

SQUAD COMP

CAX prep

BLT 2/2 prepares for desert heat. 6A



THE GLOBE

Serving expeditionary forces in readiness

Camp Lejeune, N.C.

Commandos drop into Lejeune

Sgt. Bruce J. Melville
Globe staff

British Commandos landed on Camp Lejeune June 22 to kick off Burmese Chase '97. The majority of the 44 visitors are from 148 Commando Battery of the Royal Artillery, Third Commando Brigade. The remaining soldiers belong to the German and Dutch armies.

The hosting unit, 2d Air/Naval Gunfire Liaison Company, wasted no time in starting the annual training.

There was little time for the visiting

British arrive for annual exercise with 2d ANGLICO

troops to get settled. The day after their arrival, they found themselves on top of the rappel tower at range F-17, with only two ways down: fast rope or rappel.

While the visitors were eager to jump into training, the heat and humidity made it a difficult task.

"There is a big difference in the weather between here and Poole, England," said

British Capt. Edward Ebb, operations officer.

During the month-long exercise, the American and British counterparts will be involved in helocasts, water jumps, live fire close air support and artillery. Helicopter Ropes Suspension Training (HRST), and a variety of other evolutions. Burmese Chase will culminate with a one week exercise

dubbed Fiery Cross in Key West, Fla.

The training not only fosters good relations between allies, but also provides the opportunity for training the respective units won't normally have a chance to perform, according to Ebb.

"I think it's going to be interesting to use American air and tactics SOPs," said British LCpl. Adam "Ant" Smith. "I really look forward to all the training in store for us."

The exercise is conducted every year, while rotating location between the United States and Great Britain every other year. Burmese Chase concludes July 21.



Sgt. Bruce J. Melville ensures that Germaner is aware of all peling

B returns Grenada

POINT, N.C. — A company of Camp Lejeune arrived at the Port Detachment 21 Aerial Port of Grenada after completing several in the country's two smaller is-

h Engineer Support Battalion, Port Group, spent the last eight Operation Carib '97. During the constructed a Royal Grenada the island of Petit Martinique, the Grenadine islands.

10-year-old school, which was and was the only school on the ad J. Aiello, 1st Platoon Com-ovated the only health clinic on onstructed a college-size school grounds."

zarian and civic action projects oring the island water collec- ing two ponds to be used as a habitants, according to 2ndLt. on commander. "When we ar- ffering from a severe drought," supplied 250,000 gallons of wa- ce osmosis purification units."

ore than 100 Marines also com- two playing fields, to be used on the island of Carriacou.

major projects in seven weeks," deployments this size only com- cts in that time. Our Marines atting in 16-hour days, working ey only had two days of liberty oyment."

onducted a replay ceremony for s who were killed during "Urgent uest island, Grenada, said Bravo g Officer, Capt. Greg L. Lemons. really well," said Lemons, add- had an added political impor- ing this deployment, the current in power."

Happy Fourth of July



Sgt. Lance M. Bacon

Camp Lejeune will provide its annual fireworks display tonight at W.P.T. Hill Field. The 2d Marine Division Band will provide music at the event, and fireworks will begin shortly after sunset.

Division greets new Sgt. Maj.

Sgt. J. J. Rodriguez
Globe staff

Former 2d Marine Division sergeant major, Sgt. Maj. John K. Jones handed over his position to Sgt. Maj. Henry C. Wallace during a post and relief and retirement ceremony Tues-

day. The 47-year-old Jones left the Corps after more than 30 years of honorable and faithful service to Corps and country. He assumed the division's top enlisted position March 22, 1996 after serving three years as 8th Marine Regiment's sergeant major. Promoted meritoriously up until the rank of gunnery sergeant (except for sergeant), Jones left a satisfied and

See POST/6A

Children's health

Enjoying sweet tastes of summer

Sgt. Bruce J. Melville
Globe staff

Summertime brings many exciting activities to students -- visits to the pool, trips to the beach, rest and relaxation from studies and last but not least, the Summer Food Service Program for Children (SFSPC). This annual nutrition program held by Camp Lejeune Dependent Schools opened its doors June 16 at Russell Elementary School on Brewster Boulevard.

The SFSPC was established by an Act of Congress on the belief that nutritious meals should not end when summer vacation begins. School nutrition programs have demonstrated a positive influence on children's nutritional status and learning readiness, according to Jan Holt, Food Services Director.

The program is fully funded by the United States Department of Agriculture and meals served under SFSPC are free to all children regardless of family income. To qualify as a SFSPC site, a school must have a population where at least 50 percent of the children are eligible for free or reduced meals dur

See FOOD/14A

Asian Pacific commandants receive legions of merit

Sgt. Will Donaldson
Headquarters Marine Corps

MARINE BARRACKS, Washington — The Commandant of the United States Marine Corps recognized three of his international peers during a full-honors awards ceremony here for their service as Marines and as allies of the United States Marine Corps.

The Marine Corps commandants of the Philippines, Indonesia, and Thailand were presented Legions of Merit by Gen. Charles C. Krulak after a walk-through review of the Marines of Alpha and Bravo Companies, Marine Barracks, Washington.

Although their dress uniforms provided a colorful contrast, the three warriors mirrored one another after their newly presented medals were draped around their necks.

The citations for the Legions of Merit, signed by the Secretary of Defense, stated: "For exceptional meri-

torious conduct in the performance of outstanding service in duties of singular importance and great responsibility. As commandants of their respective services, these officers have displayed exceptional courage, insightful leadership, and unparalleled dedication.

"The Marines of Indonesia, the Philippines, and Thailand participated in numerous exercises and real world operations, demonstrating repeatedly the global reach and thorough preparation of well-trained, disciplined and highly capable forces-in-readiness."

"As a direct result of the superior personal efforts, closer ties and enhanced relationships with the United States Marines Corps have been fostered, which will prove mutually beneficial as our respective Corps move forward to meet the challenges of the 21st century.

"Their outstanding leadership, superior judgment and steadfast devotion to duty reflected great credit upon themselves and their respective services, and upheld the highest traditions of the Marine Corps and the Naval Service."



Sgt. Will Donaldson

General Krulak escorts the three Asian-Pacific Marines who received the Legions of Merit.

It was 53 years ago when...

Provost Marshal lists places out of bounds

For the information of Camp Lejeune servicemen, the Provost Marshal has compiled the following review of places out of bounds in the Jacksonville area:

O'Neals, two miles from Jacksonville on the New Bern highway; Tommy's Tavern, also known as Jack's Tavern, on U.S. 24; Horton's Roadhouse on U.S. 24; May Pine Inn, on U.S. 24; City Sandwich Shop, across from the courthouse; Night Spot Cafe, one mile south of Jacksonville on U.S. 17; Picnic Cafe and cabins, one mile south of Jacksonville on U.S. 17; Jacksonville Tourist Home and cabins in rear, one mile south of Jacksonville, U.S. 17, New River Hotel, and cabins in rear, one mile south of Jacksonville; black section of Jacksonville restricted to white personnel; and Victory Tourist Court, one mile north of Jacksonville.

New River Pioneer, June 10

Women receive Motor T diplomas and assignment

Fourteen young ladies, the first Women's Reserve class, Wednesday drove a 100-mile convoy test and Saturday received certificates from the Motor Transport School qualifying them as operators. The Marines beamed smiles hinting self-satisfaction when diplomas were awarded.

After graduating from the course, Maj. K.E. Martin, commanding officer of the school, said "the women operators will be qualified to drive 1/2-ton and one-ton light delivery trucks, 1/4-ton reconnaissance (jeeps), station wagons, ambulances, etc. and to perform preventative maintenance and light repairs on the vehicles."

New River Pioneer, June 10

All recruit training for women Marines to be transferred to this base

The Navy Department has revealed that all recruit training for women Marines will be transferred to Camp Lejeune after the last class of enlisted women to be trained enters Hunter College June 14.

In explaining the change, Maj. Ruth Cheney Streeter, director of Marine women, said Camp Lejeune will offer more ample facilities than are available at present training stations.

The Navy said enlistments are being received for new classes for enlisted women to begin July 12, July 19 and July 26. After that classes will start every two weeks with 525 women in each class.

By allowing the women to witness all phases of Marine combat training, the Marine Corps believes, they will achieve a greater esprit de corps and better understanding of their tasks, Streeter said.

New River Pioneer, June 17

Cooks-Bakers Graduate First Class of Women

The first class of women Marines enrolled in the Cooks and Bakers School here will graduate June 19, after having completed the required study and training in the six weeks' course.

Upon completion of the course they will be promoted to the rank of assistant cook and approximately 55 percent of class will be selected to attend the Mess Sergeants' School.

New River Pioneer, June 17

General Holcomb given honorary degree

WASHINGTON — The honorary degree of Doctor of Military Science was conferred upon Lt. Gen. Thomas Holcomb, Commandant, recently in commencement exercises at Georgetown University.

New River Pioneer, July 1

Betty Hutton makes personal appearances at Camp Lejeune

America's newest song and dance queen, blonde Betty Hutton, will make a personal appearance at Camp Lejeune Monday and Tuesday evenings scheduled to put on her famous jitterbug-song act that has skyrocketed her to the top of the screen and stage ratings.

Advance details were still lacking at press time. It is only known that Miss Hutton will appear at the Area 3 Theater Monday, and No. 2 Theater, Ten Camp, the following night. If her routine permits she'll possibly put on short skirts in one or two other base theaters while here.

New River Pioneer, July 22



MARINE MAIL: Should marriages junior enlisted be restricted to guidelines

The following Marine Mail was sent by SSgt. Robert H. Faltz, MCAS Beaufort:

I have a series of suggestions concerning a very important topic to our Corps — marriage. Although my suggestions may not be popular with all, I feel that they have merit and could be very beneficial.

The following is a list of suggested criteria that could be met prior to allowing a Marine to get married and collect benefits:

- Be an NCO, or have 30 to 36 months time-in-service
 - Complete a mandatory budgeting and financial/marriage counseling class
 - Complete a financial statement
 - Have an officer-in-charge or commanding officer interview
 - Establish a bonus for Marines who do not get married during their first term
- These suggestions could be additional steps in the direction of combating some of the concerns that small unit leaders, the Corps, and the Armed Services face as a whole. Some of these concerns are:

- Excessive debt or credit problems
- Lost time due to family medical appointments or other "out in town" appointments

- Inadequate civilian housing; i.e., unsafe building or neighborhoods
- Necessity of food stamps
- Overtaxing of our resources; i.e., medical, dental, and child care

— Perception of unequal treatment of barracks Marine; i.e., a sergeant living in the barracks has to field day his room while a married Pfc. is home with his/her spouse

— Marines not wishing to deploy or having problems doing so; i.e., loss of comrades or pregnancy

While the problems listed are by no means the only ones nor limited to junior enlisted, I do believe that they are more prevalent and, that by implementing some type of policy change, there could be a lessening of focus on social issues. As a result of a policy change, the Marine Corps could save money, time, and resources, allowing more funds and emphasis for quality of life, training, equipment, and operational commitments.

SSgt. Robert H. Faltz

Colonel Kenneth W. Hillman, Director, Human Resources Division, HQMC, provided the following reply:

You make several suggestions for criteria to be met by Marines seeking to

marry. I wholeheartedly agree with the principle of requiring a certain level of preparation and maturity in Marines prior to marriage. Divorce statistics certainly indicate that, if your suggestions were implemented, they might prevent a great deal of pain on the part of Marines.

Unfortunately, for various reasons, it has not been possible to turn your suggestions into requirements or to budget for the measures you suggest.

While not "mandatory," your suggestion concerning the comprehensive financial education program already exists in the Marine Corps. In fact, the Marine Corps Family Service Centers sent representatives to Southern California in October 1996 for a train-the-trainer course for financial management counselors. The training provided Marine Corps financial management counselors with training and marketing materials to cover all aspects of financial management — from Marines and families who are severely indebted, to Marines who simply want to make their money work for them.

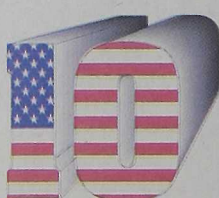
Additionally, the University of California has completed an instructional video entitled "Financial Fitness." The video is an excellent primer on how Marines can get their financial house in order. It is available at each Family Service Center for viewing by our Marines

and Marine families.

The Marine Corps marriage is ultimately a personal decision. We provide possible (such as Family Service Centers) healthy, happy, and stable marriages. The Marine Corps encourages Marine couples to receive sound financial advice and during their need to have financial maturity, their marriages by doing that others as practicable, we suggest. Thank and concern in the Col.

SEND YOUR LETTER — HEADQUARTERS 2 NAVY ANNE D.C. 20380-1775 E-MAIL — THE MARINE CORPS MAIL SYSTEM MARINE MAIL INTERNET WWW.USMC.HQMC.MIL

Chesty's Top



Test your Marine Corps knowledge! Every week The Globe will run 10 questions guaranteed to stump the smartest Devil Dog. Give it a try, it's good PT for the brain!

- 1) Who was the first Marine officer to command an Army division?
- 2) True or false: No African American served in the Marine Corps until 1943.
- 3) When Adm. C. W. Nimitz said "uncommon valor was a common virtue," to what event was he referring?
- 4) Where and when did the Marines perform their first amphibious assault?
- 5) What battle did Marines along with Sailors make an attempt to block a force 4,000 British ships from advancing on Washington?
- 6) What is the acronym for the six troop leading steps?
- 7) What symbol does a circle with an A in the middle represent?
- 8) The platoon sergeant directed his squad leaders to accomplish a task in a specified manner, the squad leaders refused and began to argue with platoon sergeant, which article of the UCMJ would he be in violation of?
- 9) Where did Sgt. Maj. Gilbert "Hashmark" Johnson become sergeant major and to what unit did he belong?
- 10) What's the rifle on the Good Conduct Medal?

Answers

1) Lt. Gen. John A. Lejeune, 2) False, African Americans weren't officially recruited into until 1943, suffered 23,300 casualties, 4) New Providence, Bahamas, 5) Use of deadly force, 6) BATTLE 7) Auto-Battalion on Guam in July 1945, 10) The .30-40 Krag.



Off-Limits Establishments

The following establishments in the eastern North Carolina area are off-limits to all military personnel:

- | | |
|-----------------------------------|------------------------|
| (1) Adult World | 316 Wilmington Highway |
| (2) Private Affairs | 430 Wilmington Highway |
| (3) Touch of Magic | 104 Canady Road |
| (4) Private Dancer | 420 Wilmington Highway |
| (5) Playmates | 830 Wilmington Highway |
| (6) Pleasure Palace | Highway 24 East |
| (7) Esquire Massage | Highway 258 West |
| (9) Brandy's Adult Relaxation | 46 Highway 17 South |
| (10) The Doll House | Highway 258 West |
| (11) The Play Pen | Highway 258 West |
| (12) Heather's Adult Relaxation | Highway 24 East |
| (13) Tender Touch | 5227 Highway 258 |
| (14) Amy's Playhouse | 3054 Wilmington Hwy. |
| (15) Easy Money Catalog | 233-F Lejeune Blvd. |
| (16) North Carolina Catalog Sales | 1943 Lejeune Blvd. |
| (17) Kelly's Playmate | Highway 24 |
| (18) Carriage House | 5527 Highway 258 |

Report incidents of waste, fraud, abuse and corruption

Call 451-3923 for the CLNC Hotline or 451-2999 for TDD for the hearing impaired or write P.O. Box 8206 CLNC 28347-8206.

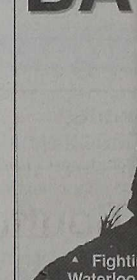
Commandant's Reading

Forward into Battle: Fighting Tactics From Waterloo to Vietnam

by Griffith, Paddy (Chichester, West Sussex England, A. Bird, 1981)

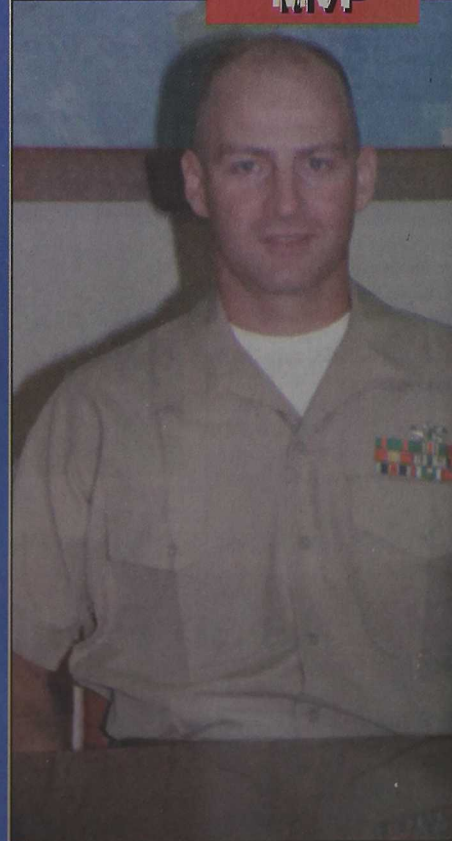
Following the techniques originated by John Keegan in The Face of Battle, Paddy Griffith analyzes a series of battles, from Waterloo to Vietnam, to determine what really happened as opposed to what was reported to have happened. Seldom do the two agree. He concludes that despite 150 years of technological development, it is the willingness of the individual soldier to close with the enemy that determines

FORWARD INTO BATTLE



the final outcome. The tool for this was the bayonet; it became the grana much to say to lead Marines.

MVP



Sergeant Vincent S. Pope, is the assistant family for Intelligence Company, 2d Radio Battalion, 2d Reconnaissance Intelligence Group, has been reading Key Volunteers Network for more than two years, soliciting, correlating and drafting the family newsletter new volunteers. Due to his efforts, each platoon is now one key volunteer. His efforts has made him an asset. Pope is the training noncommissioned officer for Intel G in a local boy scout troop and the Marine Corps Field

Marine aviator takes top leadership award at Air War College

MAXWELL AIR FORCE BASE, Ala. — Lieutenant Col. Michael J. Kelley was presented the Air Force Leadership Award by Honorable Sheila Widnall during the 1997 Air War College graduation ceremony on May 30. The citation accompanying Kelly's award recognized him for "his high standard of academic achievement... a strong personal commitment to learning and a deep professional understanding of the issues facing senior Air Force Leaders."

The citation accompanying Kelly's award recognized him for "his high standard of academic achievement... a strong personal commitment to learning and a deep professional understanding of the issues facing senior Air Force Leaders."

The Air War College is one of four professional military education schools offered at Maxwell's Air University, whose annual population averages 6,000 students.

Kelly is now assigned to Marine Forces Korea at the Yongsan Army Garrison in Seoul.

Al Rod

Retired Marine awarded Distinguished Flying Cross, Air Medal

MARINE CORPS LOGISTICS BASE, Albany, Ga. — In a crowded Lions Club hall Tuesday, a Cordele, Ga., native was recognized for his bravery during World War II.

Retired Marine Cpl. William Wells, 73, served as a radio gunner aboard a torpedo bomber. He flew more than 180 missions and was among the first to fly patrols from Iwo Jima. With a rotation of six planes, Wells' squadron flew around-the-clock patrols for nearly three weeks to protect the newly acquired island. The bombers flew so close to the island that even Mt. Suribachi was visible from radar range.

For his contributions while flying with Marine Torpedo Bombing Squadrons 131 and 242, Wells was awarded the Distinguished Flying Cross with four gold stars and the Air Medal.

Maj. Gen. Gary McKissock, commanding general of MCLB Albany made the presentations. McKissock took some time to speak on the importance of valor and loyalty and added that Wells' awards were not only for an individual, but for a community.

"Cordele should be proud that it produces young men like William Wells," said McKissock. "This was a young man from southwest Georgia who did something great. I don't know why he

wasn't awarded 50 years ago."

Wells' former commander, retired Lt. Col. Joe Conrad, helped realize the award ceremony.

About two years ago, Conrad nominated Wells for the medals. The deadline for the applications originally ended in 1948; however, Congress granted an exception.

Wells preferred to have the medals mailed to him, but Conrad insisted on having a proper ceremony.

"I feel just as much a part of the Marines now as I did then," said Wells. "That's the spirit of the Marine Corps — Once a Marine, always a Marine."

LCpl. Clark Carpenter

Silver Star presented to Vietnam hero

MARINE BARRACKS, Washington — A former U.S. Marine was awarded the Silver Star Medal during an Evening Parade here June 20, for his heroic actions in the Republic of Vietnam.

Brian S. Mayer of Medford, N.Y., was presented the nation's fourth highest military award by Assistant Commandant of the Marine Corps Gen. Richard I. Neal for his courage under intense enemy fire during the Tet Offensive in Hue City Feb. 24, 1968.

Mayer was assigned to the 106 Recoilless Rifle Platoon, 1st Battalion, 5th Marines. Single-handedly, he carried fellow Marines to safety using a small transport vehicle for cover from enemy fire. According to Mayer, the early morning attack took the lives of more than 10 Marines and wounded six others.

Mayer received the medal as his wife and two sons, one of whom is a Marine officer, looked on with a crowd of more than 5,000 parade guests. Fifty members of Mayer's platoon in Vietnam were present to view the presentation, including retired Col. Robert Thompson, his former commanding officer.

"I am still in shock," said Mayer. "I'm humbled by this whole thing, but I want to use this as a way to remember those who never made it home."

"My main concern was for the safety of the wounded and to care for those who were fatally wounded," said Mayer. "From the first day of boot camp, our drill instructors taught us to never leave our fellow Marines behind. If I would have given anything a second thought, I'm sure things would have been very different."

After receiving the medal, Mayer said that no amount of training can mentally prepare someone for the horrors of combat.

"Watching your fellow Marines die every day is something that you just don't get used to," he said. "I responded in a way that every Marine, given the chance, would have responded. That's what it means to be a Marine."

Cpl. Jerry D. Pierce

Best of the best in DoD goes to 1st Maintenance Battalion

1 MARINE EXPEDITIONARY FORCE, Camp Pendleton, Calif. — It might be called "1st Maintenance Battalion, Inc." because of the sweeping changes they have introduced from corporate America.

After studying many successful companies, including Federal Express, Caterpillar, and QualCom, 1st Maintenance Bn. has a whole new way of doing business and reducing Repair Cycle Time.

These improvements have garnered the battalion the coveted Phoenix Award for best maintenance unit in all of the Department of Defense. The battalion won the large unit category in the Secretary of Defense Maintenance Awards program and faced off against small and medium units before winning the overall award.

Before these innovations came into effect, ground support maintenance operations were laden with inefficiencies, said Lt. Col. Stephen Dodd, battalion commander. "We had old information systems, restrictive policies and procedures, and a compliance mentality."

The battalion looked to the commercial world to see what could be improved. One area that needed to be reworked was parts ordering. "Before, if we

were told that a part wouldn't be ready for six months, we waited. Now we look elsewhere for the part," Dodd said.

Using this new business-like philosophy the battalion has been able to reduce Repair Cycle Time by 77 percent, Dodd said.

Part of this overhaul required a total culture change. An inefficient compliance mentality existed in ordering parts, Dodd said. "We can't accept the status quo. Budget cuts force us to look for better ways of doing business."

Another idea the battalion has embraced is out-sourcing. Instead of waiting for the Defense Logistics Agency to get the needed parts for them, 1st Maintenance Bn. looks for the parts in the civilian world. This practice is more efficient and cost effective, saving \$2 million this year.

These changes are a continuation of initiatives undertaken by Maj. Gen. Gary S. McKissock, former Commanding General of 1st Force Service Support Group. Collectively known as the Precision Logistics philosophy, they are being embraced throughout the Marine Corps.

LCpl. Matt Hagerman



Sgt. Kurt M. Sutton

Lieutenant Col. Stephen Dodd, commanding officer, 1st Maintenance Battalion, and Chief Warrant Officer-4 Debra A. Roberts, maintenance management officer, join Secretary of the Navy John H. Dalton during the Secretary of Defense Maintenance Awards program June 19 at the Pentagon.

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GIRL SCOUT MEETING TONIGHT 8 PM

Girl Scout group met in Georgia in 1912.

MWR Events

Fireworks extravaganza
at W.P.T. Hill Field

The annual Fourth of July celebration will be held today at 5:30 p.m. until 10 p.m., at W.P.T. Hill Field. Event includes musical entertainment by Nicky Harris and the Availables followed by the 2d Marine Division Band and the famous annual fireworks extravaganza. This is an alcohol free event. For more information, call 451-3535.

July Meltdown
expected to sizzle

July Meltdown ignites Camp Lejeune July 11 at 8 p.m. with Joe Walsh, Eddie Money and Night Ranger. R&B night is July 12 beginning at 8 p.m. with Maze featuring Frankie Beverly, The O'Jays and Montell Jordan. Country night is July 13 at 5 p.m. with entertainment provided by Tim McGraw, Mark Chesnutt and Lee Ann Womak. Gates open two hours early all three nights.

Present military ID for free admission. Admission is \$5 per night for all others. Call 451-3535 for more details.

Bring your preschooler
to Base Library

The Base Library holds free movies and storytime for all preschoolers every Monday. Program times are 9:30 a.m. until 11 p.m. and parents must attend with their children. Themes change

weekly. For more information,

Community s
has kids roll

Bring the kids out to the Water every Tuesday and Thursday, July 31 for free roller skating. Youth with military ID or access more information, call 451-3311

Sixth Marines pier closed

Due to the renovation of 6th Marine Regiment's pier, streets I and L on Julian C. Smith Boulevard will be closed from 7:30 a.m.-9:30 a.m. Monday through Friday June 20-July 20.

Marriage enrichment
seminar held here

The Base Chaplains office will be conducting a marriage enrichment seminar July 9-11 from 8 a.m. to 4 p.m. in the upper deck at Pastabilities. Childcare is available.

For registration, call Mrs. Steger at 451-3210 or see your unit Chaplain.

New Child Development
Center to open with
ribbon cutting ceremony

There will be a ribbon cutting ceremony at the new Child Development Center Modular Units located in Tarawa Terrace housing area, Iwo Jima Boulevard July 14 at 8:30. All are invited to attend.

Contact Tonya Turner at 451-3090 for more information.

Looking for a 'Few
Good Men'

The 2d Counterintelligence Unit is seeking first term corporals and sergeants pursuing unique, challenging and diverse working environments while deployed in small teams.

All applicants must be 21 years old, a U.S. citizen, possess a 110 GT score, eligible for a top secret security clearance based on a Special Background Investigation, and be willing to submit to a CI scope polygraph examination.

Prior to attending the 17 week formal military occupational specialty course in Virginia Beach, Va., perspective applicants will complete an on-the-job training period at Camp Lejeune.

Marines interested in a lateral move to the 0211 military occupational specialty community can familiarize themselves with MCO 3850.1., policy and Guidance for counterintelligence activities.

If you feel, you have the necessary MOS prerequisites and the personal drive and initiative to be a counterintelligence Marine, contact SSgt. Hutchins or Sgt. Montano at 451-1067 for more information.

USO presents Fourth
of July Picnic

The USO located at 9 Tallman St. will have a Fourth of July Picnic. Picnic will run from noon to 3:30 p.m. There will be free hot dogs, and hamburgers for all military and their families.

For more information, contact the USO at 455-3411.

Mexican-American group
holds cultural dance

The Association of Mexican Americans, Camp Lejeune will hold a Mexican-American dance at Tarawa Terrace Community Center July 19 from 9 p.m. to 1:30 a.m.

For more information please contact Raul Rodriguez, president, at 577-1227 or Gilbert Flores, vice president, at 577-5457 or Ida Pena, secretary, at 577-8806.

'Surf's' up at Midway Park

Servicemembers and their families can shoot their resume into cyberspace, get career counseling, research companies, or surf for jobs at the Career Resource Management Center's satellite office at Midway park, Bldg. 4014.

According to John Sumser, editor of Electronic Recruiting News, more than 1 million job openings are now advertised on 5,000 Internet sites. You can search for all kinds of opportunities worldwide, everything from accountants, bookkeepers and civil engineers to X-ray technicians, youth counselors and zoologist.

For easy access we have bookmarked the most popular job search sites including the Internet's largest job search database, America's Job Bank. Through the AJB, you can

search for specific jobs in specific locations all across America.

So if there is civilian employment in your plans, check out the world of high tech job searching at Midway Park CRMC office Monday through Thursday 1-6 p.m. Catch the wave of the future!

Thrift Savings Plan (TSP)
open season

The second TSP is in progress and will continue through July 21.

The Open Season affords those employees covered under the Federal Employees Retirement System (FERS) as of Dec 31, 1996, and those covered by the Civil Service Retirement System (CSRS), the opportunity to change their current election — or to make an initial participation election — in the TSP.

During the Open Season, employees may complete the registration form, TSP-1, by seeing the point of contact at the following locations:

Base Maintenance Bldg. 1202	Ms. Kathy Winberry
Naval Hospital Rm. 425	Ms. Glenda Milligan
MCAS, New River Bldg. AS-211	Ms. Martha Carter

For more information regarding the TSP Open Season, call Mary Turpin at 451-1458/1579.

Commercial purchases
to be made using
IMPAC cards

Effective Oct 1, all activity requests up to \$2,500 for commercial items payable by Visa credit card will be purchased by the requiring activity using their I.M.P.A.C card(s). Any activity not having a credit card should contact their supply officer/comptroller who in turn should contact Sally Scales or Doreen Rook at Contracting Division.

It takes six weeks to two months for an activity to setup with program, so please submit your requests

ASAP. Anyone expecting to spend per month should plan to attend Acquisition Procedures Course at Lejeune next month.

For more information contact 451-3011 or via E-mail.

Wives support
pool to Marine
Railroad m

The USO Service Wives Support Pool will be open at the USO at 9 Tallman St. to the Museum in Morehead City and July 11. Cars will leave the USO at 8:30 a.m. There will be another car pool road Museum in Wilmington following E. Cheese. Meals for both events will depart from the USO at 1 p.m. welcome under their mother's s

For more information on the Bettina at 455-3411.

Governor's
recipients an

The Selection Committee of Officers of this year's Governor's Volunteer Service. The committee applications and choose five recipients:

Elena Taylor	Adole
Joseph Traumer	Progr
Jim & Betty Maccio	Devel
Clifton Hix	Disab
The Volunteers of	Veter
Lower Cape Fear	Onslo
Hospice	Bear
Governor James B. Hunt, Jr.	Jacks

these volunteers at a regional ce

Human Services

Be Semper Fit

The Marine Corps Health Promotions Program, Semper Fit, encourages healthy lifestyles which result in increased productivity, reduced medical costs, and greater military readiness. Foster peak individual and team performances by keeping the "Ultimate Weapon" healthy.

To find out more about Semper Fit, contact your command Semper Fit Officer.

Further information is available by contacting Health Promotions at 451-3712, or look up the latest information from HQMC on the Marine Corps Home Page (<http://www.usmc.mil>) and choosing the "Information for Marines" option, or go directly to Semper Fit (<http://www.hqmc.usmc.mil/semprweb/semper.htm>).

Get financially fit

Get "Financially Fit" in '97. Personal Financial Management classes will be conducted by the Family Service Center, Bldg. 202, Rm. 210, from 1 p.m. to 4:30 p.m. on the days scheduled below.

"Banking On It" Checking Account Maintenance	July 8
"Developing a Spending Plan" (Budgeting)	July 9
"Take Charge of Credit"	July 15
Car Buying Maneuvers	July 16
Winning the Investment Game	July 22
Covering Your Risk (Insurance)	July 23

All servicemembers and family members are welcome

to attend. To register, call 451-3212, ext. 100/101. Child care will be provided by calling 451-2874 in advance.

Stress management
workshop scheduled

In conjunction with the Family Counseling Center, the Chaplain Corps will be holding a Stress Management Workshop July 10 from 8:30 a.m. to noon.

Workshop will be held in the Chaplain's Training/Conference Room in Bldg. 37 Virginia Dare Dr. For more information or to register, call the FCC at 451-2876/2877/2865 to register. Child care is available with advance notice.

Learn to write a resume

The FSC is sponsoring a Resume Writing Workshop July 15, 1-5 p.m., Bldg. 14. The workshop includes types of resumes, construction of a resume, content, format, and translation of military skills to civilian terminology.

To register, call 451-5927, ext. 100/101. Child care will be provided and reservations may be made by calling 451-2874 in advance.

Training for health and
fitness will be here

The FSC will be sponsoring a Key Volunteer Professional Development Training /Health and Wellness for

Everyday Living Workshop July 17 from 1 to 3 p.m. at the Key Volunteer Center, H-14.

Topics to be covered will be on health and wellness and how to set up a conditioning and personal training program. Trainers from the MWR Fitness Center will conduct a low impact slide class. A free cholesterol screening and a blood pressure check will be provided by the USNH. There will also be a dietitian available for questions. To register, call 451-5340, ext. 100/101. Child care will be provided by calling 451-2874 in advance.

Register for Child
care central

To better serve all parents requiring child care aboard Camp Lejeune, Child Development Services announces the start of a central registration system. Effective 1 June 1997, patrons using any Child Development Program on base will register at the Child Development Services Office, Bldg. LCH-4014, Midway Park, from 8 a.m.-4 p.m., Monday through Friday, and 8 a.m.-5:45 p.m. on military paydays.

Family support
group meets

The Exceptional Family Member Parent Support Group meets quarterly. The next meeting is scheduled for July 17, 6:30-8 p.m., FSC, Bldg. 14. Come learn and share with other parents that have children with special needs. For more information, call 451-3212, ext. 115.

Beat the employment
game through
Assessment W

A Skills Assessment Workshop will be held July 15 from 9 a.m.-noon in the FSC, Bldg. 14.

The workshop will cover identifying skills required by an identified skills in job application.

To register, call 451-5927, ext. 100/101. Child care will be provided by calling 451-2874 in advance. For more information on this or any other event, call 451-5340, ext. 126.

Relocation b
Okinawa g

The FSC, Relocation Assistance, is conducting a Welcome to Okinawa Workshop July 15 from 9 a.m.-noon, at the FSC, Bldg. 14. For more information call 451-5340, ext. 100/101. Child care will be provided by calling 451-2874 in advance.






At the
MovieJuly 4-July 6
Base Theater

Today	7:30 p.m.	4th of July
Saturday	1 p.m.	Celebration
	7 p.m.	8 Hours of Outback
Sunday	9:30 p.m.	Murder
	7 p.m.	Murder
Monday	7:30 p.m.	Volcano
Tuesday	7:30 p.m.	Booby
Wednesday	1 p.m.	Warrior
	9:30 p.m.	Invitation
Thursday	7:30 p.m.	Anaconda

New River

Today	No movies scheduled
Saturday	7 p.m. Booby
	9:30 p.m. Volcano
Sunday	3:30 p.m. Warrior
	6:30 p.m. Booby

Five-day weather forecast

Today	Saturday	Sunday	Monday	Tuesday
				
High 96	High 92	High 90	High 90	High 92
Low 74	Low 70	Low 70	Low 72	Low 71

Flag Condition Guideline



For current flag condition, call 451-1717 or see Base MCO 6200.1D, enclosure (1) for more information.

The Globe
Vol. 59 No. 23

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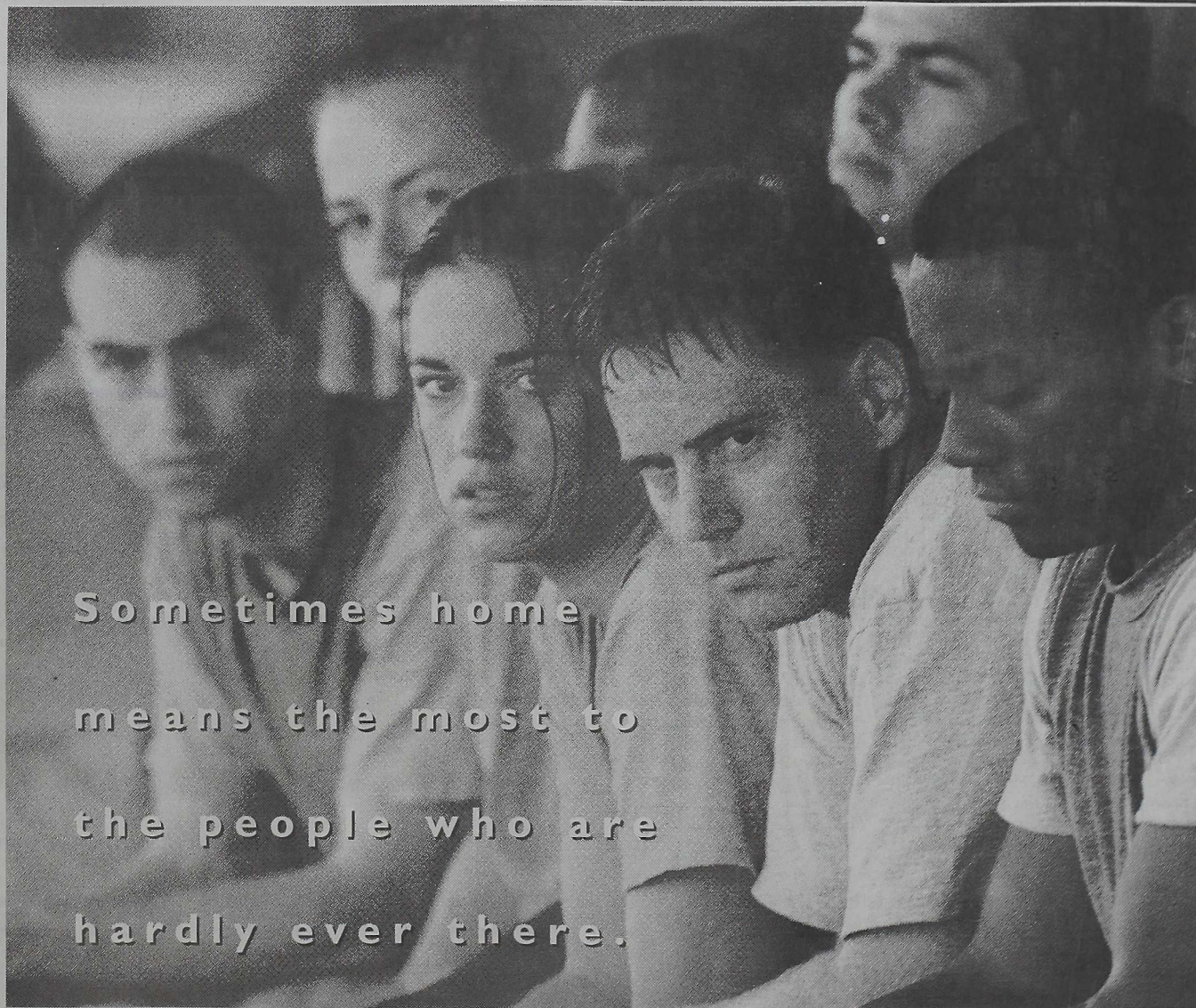


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Jones speaks about Corps now, t



Sergeant Maj. John K. Jones speaks about his career and the Corps now and then.

Sgt. J. J. Rodriguez
Globe staff

Sergeant Maj. John K. Jones retired Tuesday after more than 30 years of faithful service to Corps and country. He leaves an "accomplished man who has seen the good and bad of the Corps, learning from both."

The former engineer began his career in May 1967. He was motivated and full of energy when he attended infantry training at Camp Geiger soon after, but the reality of the Vietnam War didn't set in until he was assigned to the Staging Battalion at Camp Pendleton. There he realized he was about to go in harm's way.

Though about to embark on a deployment that would prove his very being, Jones felt he was prepared.

He had learned from the noncommissioned officers in charge of him at the time.

"NCOs ran everything," Jones said. "They were with you from the moment you got up in the morning to the time they put you down at night."

At that time NCOs held gunnery sergeant billets, but they were also older and it wasn't uncommon to have sergeants retire with 20

years of service, he said.

Jones said it was the advice from those senior NCOs that attributed to Jones' success in the Corps.

They taught him to live every day with two thoughts in mind: the possibility of going in harm's way really exists, and to live every day as if you're going to deploy tomorrow. They also taught him what is fair and what is right.

Jones went to Vietnam with those thoughts in mind.

He was assigned to sweep for mines alongside QL-1, a highway that stretched from South Vietnam to Da Nang. He grew up there, he said. It made him mentally tough, which is something he feels many Marines lack today.

"We're doing a lot on the team concept, but we're not really making progress with moral courage," he said.

In Vietnam Jones was also witness to the negative aspects of drugs. His first day there he heard about a Marine, high on marijuana, who killed seven of his buddies from Staging Battalion by throwing a live grenade, instead of a dud, at the group.

This quickly opened his eyes to what was right, and what was not, and the consequences thereof.

Vietnam was a hard school that drained its

students. Jones emerged from the battle field, however, with a moral courage and judgment that would promote him through nearly every rank meritoriously.

Vietnam was not the only place he did his "growing up" however. During a tour at Marine Barracks, Charleston, S.C., Jones was introduced to a very professional atmosphere, which added to his seasoning. He also attributes drill instructor duty as a major factor in his raising.

"Many people say the drill field is very rewarding, but I never saw the rewards when I was there," he said. "I was working 80 hours a week, where was the reward? Well, I learned about it when I left because it developed me to be a better person before it made me a better Marine."

"In the Marine Corps, it's like pulling on a slot machine. The more you pull it, the better your chances are of winning," Jones said. "You want the odds to be in your favor for success, but in order to do that you need to put some coins in there."

Making a moral commitment and doing what's right are some of the coins Jones hopes his fellow Marines will put in the slot machine.

"We have the tools of the world available to us," he said. "It's up to the SNCOs to use them."

While there's a change in the Corps today, Jones and always will be in the country's battles. The harm's way to account is given to them.

"I would go to the drop of a hat," he said in your troops, the down."

Though the Corps forward, there are those who Jones make a moral commitment, should be weeding a tree," he said.

Marines have to but must also police. The Corps is a product of Marines leave the benefits because of the deductive and professional.

As Jones rejoins the people who inspire whether they were present or not, he said. "But it's good to have your past."

Division ADC position filled

Sgt. J. J. Rodriguez
Globe staff

Brigadier Gen. John F. Sattler has filled the position of 2d Marine Division's assistant division commander, a billet last fully manned by (at the time) Brig. Gen. Charles Krulak, seven years prior.

Brigadier Gen. Sattler relinquished command of 2d Marine Regiment May 29. That same day he was promoted to his current rank and assigned to fill the long-vacant position.

"My number one responsibility is to be second in command," said Brig. Gen. Sattler. "It should be seamless to the division if I'm left in command."

One of the most important things the assistant commanding general can do is to allow the commanding general to spend time with the troops in the field by taking some of the administrative burdens off him. Brig. Gen. Sattler said.

Division representation is required in certain situations, but Brig. Gen. Sattler's presence will allow Division Commander, Maj. Gen. Lawrence Livingston to visit with Marines.

"We'll be able to visit twice as many units and be able to see twice as many Marines and Sailors," Brig. Gen. Sattler said.

There are a number of things the commanding general still has to do by law which can't be delegated to the assistant commanding general, but Brigadier Gen. Sattler will fill in for Maj. Gen. Livingston on other occasions.

The Monroeville, Pa., native hopes to bring some of the 2d Marine Regiment's philosophy up to the division.

"Who did I teach today and what did I teach them? What did I learn today, and who did I learn it from? Who did I make smile?" These are three questions the general wants every Marine to ask themselves daily.

"If we don't make the Marine Corps challenging and fun for Marines and Sailors, then the career planner will be like the Maytag repairman," Brig. Gen. Sattler said.

While teaching, learning and making Marines and Sailors happy are priorities in the general's agenda, he also



Sgt. J. J. Rodriguez

Brigadier Gen. John F. Sattler presents awards to participants of 2d MarDiv's Rifle Squad Competition.

has other plans to help the division. One of the first priorities is assisting Maj. Gen. Livingston in overcoming personnel shortages.

"It's tough when your squad only has six people and you need 13," he said.

Another thing the general wants to push within the division is positive leadership.

"You still hold people accountable, but when you correct them you leave them with their dignity and their self respect," he said. "They're still proud to be a Marine when they leave the office."

"I'll be out there teaching and learning," he said. "When I see [Marines] I will expect them to teach me something, and I will teach them something. If I don't, I will buy them a soda."

POST from 1A

accomplished Marine, he left Marine leaders with a special thought. "Don't lose faith in you will never let you down."

Jones wants Marines to continue to carry the Corps tradition of honor, tradition and courage. Together with wife Carolyn, who is a retired master sergeant, son Matthew, 13, and daughter, he enjoyed his time in the Corps, and will now contently make the transition to civilian life.

"It's good to have taken part of the Corps," he said. "But it's also good to leave it behind." Wallace was 6th Marine Regiment's sergeant major for more than 18 months. He brings 26

the division, where he hopes to implement his motto "performance and results." The soft-spoken sergeant major does not have any planned changes or proposed projects.

As an infantryman, the Charleston, Md. native has seen much of the division and knows its division sergeant major are to enforce positive leadership within the division. There is no need for Marines when correcting them, he said.



Sergeant Maj. Henry C. Wallace accepts the NCO sword from the 2d MarDiv. adjutant. K. Jones looks on during post and relief and retirement ceremonies.

BLT 2/2 prepares for Combined Arms Exercise

Sgt. J. J. Rodriguez
Globe staff

It was a hot and humid day June 19 when Marines from 2d Battalion, 2d Marine Regiment with attached engineer and mechanized units charged forward in preparation to beat the heat of an upcoming Combined Arms Exercise at Marine Corps Air-Ground Combat Center, Twentynine Palms, Calif.

Water, water and more water was the key to preparing Marines to face the California desert's 100-plus temperatures this August. The evolution began with a battalion hike (in full gear) two days prior.

Upon their arrival they set up camp and began preparations for a final exercise common to CAX which keeps units in constant motion.

Tactical preparations were made to coordinate with tank, amphibious assault vehicles and engineer attachments joining in the mobile attack, that began late in the morning. It was hot and muggy but Marines forcefully fired and moved to contact screened by smoke grenades.

While the Final Exercise (FINEX) was just one exercise they prepared for, they also readied themselves for the dreaded 400 Range series which tests Marines' endurance and mental stamina.

The heat was miserable for most of the Marines, but this was something they needed to practice if they wanted to do good during CAX. Lt. Col. Jeff Patterson, battalion commander. All kinks had to be ironed out during practice.

Proper coordination and communication were two important elements, he added during an after-brief meeting with his small unit commanders. The two skills are necessary to control all the trucks, "humvees", tanks and tracks following in the procession.

Though the field evolution was an essential test for his Marines who dug holes, cleared trenches and bunkers and rode on tracks, it was just one way Patterson adjusted them to the high temperatures.

The preparation for the month-long deployment began weeks be-



HN Jeremy Ball takes care of LCpl. Shawn M. Hulett during down time. Some Marines acquired minor foot injuries during the march.

fore the combined training.

Additional preparations included weekly company and battalion field exercises on basic infantry skills and conducting unit physical training in hot weather.

"We've been PT-ing, getting used to the sun, guzzling water," said Cpl. Eduardo James, Golf Company squad leader. "You get tired, hot and overall miserable."

The battalion will continue to train its Marines for the desert until it deploys in early August.

"[Until then] We will be watching for people who might pass out, and we will emphasize drinking water to help with dehydration," said Petty Officer 3rd Class Christopher Crellin, Golf Co. corpsman. "We haven't had a serious [incident] in a long time."



A company commander keeps a close eye on the vehicles ahead.

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News USA

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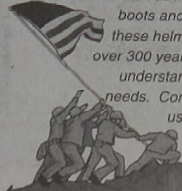
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'96 GMC 1500 SLE, Ex Cab, Auto	\$302/mo	'96 Ford Escort LX Station Wagon	\$142/mo	'97 Altima GXE, 5sp, 9k miles	\$278/mo
'95 Chevrolet S-10, Ex Cab, Auto, V-6	\$216/mo	'94 Pontiac Grand Prix, 4 dr, Auto	\$167/mo	'95 Nissan 4x2 King Cab XE-V6 Truck	\$244/mo
'93 Mitsubishi Mighty Max, Pick-up	\$89/mo	'95 Ford Taurus GL, Auto, Loaded	\$177/mo	'94 Mazda Protege, 4 dr, 5sp	\$88/mo
'96 Nissan 4x2 VTP Truck, 12k miles	\$174/mo	'96 Nissan Sentra GLE, Auto, Loaded	\$226/mo	'93 Ford F-150 XL, "Great Work Truck" LB	\$177/mo
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Sgt. J. J. Rodriguez
Globe staff

Three squads from 2d Marine Division matched their infantry skills June 23-27 during the extremely challenging and competitive Division Rifle Squad Competition. In the end it was Marines from 3rd Battalion, 8th Marine Regiment coming out victors, taking position as the best infantry squad in the division.

It was a grueling four days for the squads representing each of the division's regiments. They battled each other, thick terrain, upper 90s temperatures and intense humidity. They were the top three out of 243 squads in the division. They were the best infantrymen their battalions had to offer, and they had to prove their capabilities for employment in combat.

The competition had nine evaluated events: offensive and defensive tactics, patrolling, marksmanship, endurance, land navigation, call for fire, helicopter operations and technical knowledge. The subjects tested their worth as Marine riflemen, but the overbearing heat tested their meddle as Marines.

Each squad had practiced and rehearsed for weeks, even months, before the 22-year-old competition began. They knew it would be the most difficult thing they would ever do.

"We were here [training] every week before the competition to get the squad ready for the defense and offense," said Sgt. Timothy Sullivan, 2d Marine Regiment's squad leader. "It was difficult to motivate the Marines at times due to the high stress environment. The hardest part was trying to simulate heat."

There was no make-do and they couldn't just slide through this competition. It was graded by a professional staff made up of instructors from School of Infantry who followed the guidance of the Individual Training Standards. They had their job cut out for them, as SOI hosted 4th Marine Division's competition as well.

"Grading these Marines is difficult because we're grading the best of the best," said SSgt. Tracy Parker, evaluator.

There were a possible 100 points per even with the exception of land navigation in which points could be awarded and the marksmanship event in which 100 points were awarded for the M203, M-249 SAW and AT-4 shoots.

Strict rules and regulations were implemented such as allowing only one map per squad, compasses assigned to team leaders only and the turning in of notes to evaluators after every event. These measures ensured a fair and impartial contest.

The squads began their first day of competition with the infantry trophy match course. Eighth Marines squad conquered this event, getting all 100 points, and an early lead.

The first day was far from over and the squads moved to the land navigation course, where their sense of direction, distance and speed was tested. They shot azimuths and worked their way through thick brush to find predesignated points in the woods and marshes.

The squads, still tired from the day's event, could not afford to rest. They had to make preparations for the night, when they would meet the same challenge under the cover of darkness. Eighth Marines again dominated the field and took the event with 65 points.

Squads began the second day with only a few hours of rest and having to do what Marines are renown for -- shoot, and shoot well. This day tested the individual skills of squad members in marksmanship and the squad leader's ability to call for fire. Each squad member fired a weapon organic to the Marine Corps rifle squad.

Riflemen fired the AT-4, automatic rifleman fired the M-249 Squad Automatic Weapon (SAW) and team leaders fired the M-203 grenade launcher. Eighth Marines' accuracy out-gunned the other two squads, and subsequently expanded their lead.

The squads then began to rotate between defensive, offensive and patrolling tactics. During each of the three events, squads were given a situation report (SITREP). They were to attack, defend or patrol through a scenario with enemy forces (played by leathernecks from 10th Marines) present.

In the defense they were tested on how well they received and delivered the order, terrain models, the way they set up a perimeter, the squad's positioning, fortification of fighting holes and how they reacted during the attack.

Proper control of the squad was of utmost importance. All squads performed magnificently in the defense, but 2d Marines overcame the competition to win the close event.

"You have to look for things that are wrong because they've rehearsed and practiced their attack. It's hard to see their mistakes," Parker said.

In the offense 8th Marines proved to be the best aggressors.

As in the defense, they were evaluated on how well the squad performed its attack. Control of the squad and coordination again proved to be of great importance to Sgt. Frederick Gaston, 8th Marines' squad leader.

During the patrolling event, squad leaders plotted their

routes and checked their Marines for loose gear, which might give their position away while on the go. Troop welfare was important for the squad leaders since the scenario was made all too real by the hot summer sun. Drinking water and monitoring of the troops did not have to be evaluated events for Marines to realize their importance.

Defensive, offensive and patrolling events, continued through the third day. At the end of the day the squads received an examination to test every Marines' individual knowledge in the infantry field. Second Marines proved to be the most knowledgeable, totaling 86.26 points.

The last day of events began with more defensive, offensive and patrolling tactics until about 2 p.m., at which time preparations for the dreaded endurance course began.

The endurance course, the last event of the competition, tested every being of each individual Marine. The six and one-half mile run in combat gear tested Marines' intestinal fortitude. However, this wasn't just another run. Certain objects were incorporated throughout the course to make it more challenging. Squad members had to memorize the items for a test which followed afterward, said 1st Lt. Frederick Rustmann, officer in charge of the competition.

The course was the event most of them dreaded. There was talk that the squads were even coming into to the event, but 8th Marines was able to reach down and pull the needed spirit to claim victory.

"I'm so excited I can't think of anything to say," were the only words from Sgt. Frederick Gaston, 8th Marines squad leader. "It's hard to describe what I'm feeling. I'm speechless."

Gaston and his squad were awarded the Navy/ Marine Corps Commendation Medal by Brig. Gen. John Sattler at a ceremony June 27. The other squads, though discontented they didn't win, reached out and congratulated the champions during a cookout that followed the ceremony. Marines seemed to realized that the competition was not just about taking first place; it was also about developing outstanding Marines.

"Whether we win or lose, every company is getting 14 prime Marines out of it," said Cpl. John Boysen, team leader for 2d Marines' squad. "We get something out of it as well."

The winning squad will also receive the Rifle Squad Competition badge by the Commandant of the Marine Corps, Gen. Charles Krulak, at a later presentation at Headquarters Marine Corps -- officially declaring them the best rifle squad in the 2d Marine Division.



A Marine applies camouflage paint to his face on patrol.



LCpl. Tobias Lamkin builds a fire in preparation for the defense.



Sgt. J. J. Rodriguez

At the end there could be only one squad to be called the best. That squad was from 8th Marines.

Victory of a 'second' nature

Sgt. J. J. Rodriguez
Globe staff

Intense six to 10-mile runs in the morning followed by three runs through the obstacle course was just a small price to pay for Marines from 2d Battalion, 2d Marine Regiment's representative squad to get in their quest to claim the coveted 2d Marine Division Rifle Squad Competition.

The squad endured six weeks of nonstop physical training and tactical classes before getting to the competition. It was hard work but to the Marines, it was all worth it as long as they could say they participated against the finest the division had to offer.

"This was a good opportunity for them to compete and train with the division," said Lt. Col. Jeff Patterson, commander, 2d Bn., 2d Marines. "These are the Olympics of combat skills."

The road to the competition was not paved with gold for these "grunts", however. They had to overcome many obstacles on the way to the competition. They also had to rearrange the squad due to the promotion of some Marines which disqualified them from their billet.

"The high-stress environment made it difficult to motivate them at times," said Sgt. Timothy Sullivan, squad leader.

Sullivan, before deciding to compete, held the billet of platoon sergeant in his company had to pull out all the stops and train himself by studying material from the Infantry Squad Leaders Course and the Battle Skills Guide. That only took care of the knowledge part of the competition, though. The hard part came when the

squad had to apply the knowledge, and for this the battalion gave them full support. The squad was detached for the six weeks of preparations and training. Additional support came in the form of frequent visits by unit leaders, to include Patterson, when the squad was in the field before and during the competition.

"They were [in the field] every week," Sullivan said. "I had to get them used to the offense, defense and patrolling."

To get them accustomed to the heat and build their endurance, Sullivan ran his squad every day, and on Mondays clad in boots and utilities. Fridays he went as far as adding combat gear, flack jackets and weapons to a more than six-mile run followed by six completions of the obstacle course.

"The hardest part was trying to simulate heat," Sullivan said.

Heat was their biggest enemy during the competition, especially when the temperatures soared to more than 100 degrees. To them and every other Marine in the competition this was murder, but nothing could take away their drive to win one of the most respected infantry skills competitions in the division, if not the entire Corps.

The training and knowledge they acquired will be used to train fellow Marines in the battalion.

Another good result is the knowledge the younger Marines in the squad acquired. They were new to the fleet and for them coming in to a "super" infantry squad was a good beginning in their careers.

Second Marines didn't come out empty handed from the competition. Whether they won or lost, the battalion still gets 14 highly qualified infantrymen, said Cpl. John Boysen, team leader.



LCpl. David Pickard was tasked to perform unmasking procedures during a chemical defense exercise.



Sgt. Timothy Sullivan, squad leader, 2d Marines delivers the order before going into the competition. Tracy Parker an evaluator from SOI grades every detail.

RIFLE SQUAD COMP

8th Marines find heart, determination, pride

Cpl. Edward S. Harcher
Globe staff

When the dust settled after last year's 2d Marine Division Commanding General's Rifle Squad Competition, 13 Marines and a corpsman from 8th Marine Regiment found themselves eight-tenths of a point out of the winner's circle. Months of sweat and dedication had amounted to their being second best in the division by only a fraction.

That distinction would have been satisfactory for many. It was a very close competition, and in the end the decision was made by mere minutes.

For 8th Marines, however, second place wasn't good enough. This year they went for the gold, and began preparing with a rigorous training schedule in February. Their work paid off this time, as they edged out squads from 2nd and 6th Marine Regiments to take the division's "Super Squad" title.

"This competition means a lot," said Sgt. Frederick Gaston, squad leader for the 8th Marines squad. "It says you are the best, and that means a lot to the individual Marines involved."

Gaston understands just how much it means to junior Marine participants, as he was a fire team leader in the 1992 competition. "If I hadn't volunteered to be a squad leader (this year), I would have felt like I cheated my Marines," he said.

With his prior experience, and assistance from former squad members, Gaston worked six days a week for the past four months to prepare his squad for the competition.

"The main focus of the competition is what will happen in combat," Gaston said. "They had to know how to handle any situation that could be thrown at them, as well as how to keep focus on their mission." To gain this focus, the squad became a "family," he said. The squad worked together from before sunup through the evening. A buddy system was employed during lib-

erty hours and meals were eaten together as a squad.

"Everything we've learned out here, (Sgt. Gaston) has taught us," said Cpl. Charles W. Hicks, 1st fire team leader. "Working so closely as a squad has benefited every Marine out here, and the motivation level is extremely high."

That motivation and squad unity was never more apparent than at the conclusion of the competition's final event. After assaulting the endurance course at Camp Devil Dog and a 6.8-mile run/hike in flak jackets and 782 gear, the squad sprinted to the finish line, still in a column-of-twos.

Motivation and unity were not enough to win, though. "We needed to concentrate on the little things," Gaston said. "If you're out on patrol and see a snake, you need to have the control to stop and let it pass without screaming and giving up your position."

Such little things are what make the difference between winning and losing, he said.

Maintaining focus was another major concern facing Gaston. "We never knew who was winning the competition or how far apart the score was, so we trained to keep our focus on the mission at hand and not worry about how many points we had," he said.

Winning the competition was a primary goal for the squad, but it was not the sole reason for competing.

"In peacetime, without many combat situations, it is a rare experience to endure the hardships encountered in combat," Gaston said. "The competition gives individual Marines the confidence to go out as lance corporals and be squad leaders with the experience gained here. Every Marine would benefit from this competition."

"When we won in '92, my goal was to come back and lead the squad, passing on what I had been taught," he added. "Hopefully these Marines will return and pass on what they have learned."



Sgt. J. J. Rodriguez
beau, automatic rifleman, 2d Marines, fires up the field protective fire during the enemies



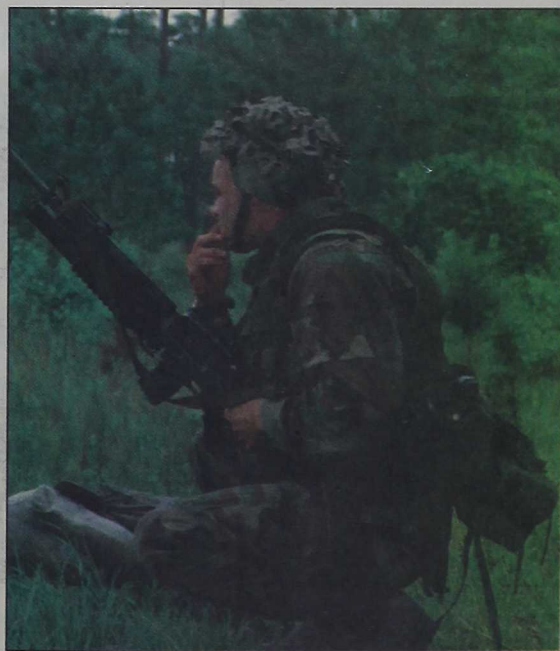
Cpl. Kristofer E. Holly
lackwell, 8th Marines, confers with Cpl. Michael A. Hines in preparation of a fox fire



Sgt. J. J. Rodriguez
ubeau, automatic rifleman, keeps a
t enemy.



Sgt. J. J. Rodriguez
LCpl. George A. Wiegand gets ready to fire up the AT-4 during the individual marksmanship
skills event.



Sgt. J. J. Rodriguez
Cpl. Damien Demalteris team leader, 2d Marines shows concern
during a shoot at the M-203 marksmanship event.

6th Marines grabs second during squad competition

Cpl. Kristofer Holly
Globe staff

Since 1990, 6th Marine Regiment has made its mark as Rifle Squad Champions losing only once to 2d Marine Regiment. Motivation and teamwork have been a second wind for this superb unit.

Though their hearts poured with adrenaline and their motivation soared higher than the heavens, the regiment came up short of victory this year, but not empty-handed.

"It was great for 6th Marines," said Sgt. Charles Hemcher, squad leader. "The 13 Marines [in the squad] can take what they've learned back to the companies they belong to."

As squad leader, Hemcher went to the Infantry Squad Leader's Course and spent three months in Panama performing various infantry tactics.

That leadership was needed in the field as the squad prepared itself for events that tested them physically and mentally.

Throughout the week, 6th Marines practiced for events to include patrolling; land navigation; the firing, assembling and disassembling of selected weapons; setting an ambush and an endurance test. They ran a nine-mile endurance run with full gear three times

in two hours to train for the latter. A written exam was also given on basic infantry knowledge. Petty Officer Third Class Christopher Shoenfeld, squad corpsman, also took an exam but was tested on material related to basic corpsman knowledge.

Sixth Marines had their strong and weak events during the competition. They scored high points in offensive operations and the firing, assembly and disassembly of the M-203 and AT-4, as well as the land navigation and written exam.

The Marines agreed it was a sense of accomplishment and knowing to put 100 percent in anything you do that actually make up a team.

"We worked on field skills (patrolling, defense and offense operations) during the week," Hemcher said. "We went on a 'boots and utes' run and did the obstacle course a couple of times. We believe motivation is the strong point in what got us here."

Squads from each company competed to represent their battalion at the regimental level. Then, only the top squad from each regiment progressed to the division level to compete against other regiments who walked the same path.

"Despite the loss," Hemcher said. "The best part about the competition is how we can train as a team. This is how a rifle squad should be."



Sgt. J. J. Rodriguez
and tired Marines loaded up the 5-ton on their way to next event.



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Chapel	9:30 a.m.
Chapel	10 a.m.
Chapel	9:30 a.m.
Chapel	8 a.m.
s (Mon-Fri)	
Chapel	11:45 a.m.
Chapel	6:30 a.m.
Chapel	11:30 a.m.
Chapel	11:45 a.m.
Chapel	5 p.m.
Chapel	11:45 a.m. and 5 p.m.
Chapel	11:45 a.m. and 7 p.m.

Chapel	5 p.m.
Chapel	4 p.m.

JEWISH

Chapel	7:30 p.m.
Chapel	10 a.m.

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Base Chapel, Worship Service	10:30 a.m.
Camp Johnson Chapel	9 a.m.
French Creek Chapel	9 a.m.
Naval Hospital Chapel	9 a.m.
Tarawa Terrace Chapel, Communion	9:45 a.m.
Tarawa Terrace Chapel, Worship	11 a.m.
Camp Geiger Chapel	9:30 a.m.
Courthouse Bay Chapel	11 a.m.
Brig	9 a.m.
Midway Park Theater	11 a.m.
Sunday School	
Tarawa Terrace	9:30 a.m.
Base Chapel (Brewster Middle School)	9 a.m.
Brig	7 a.m.
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Chaplain's Corner: Generation X deserves a chance

Chaplain Andrew Wade

In the few years that I've been in the Navy as a chaplain, I've heard a great deal about "Generation X." Sometimes referred to as "the 13th Generation" or the "Millennials," this is the latest in a continuing attempt to define American society by age brackets. In most recent memory there have been the Baby Boomers, the Baby Busters and now this group that is usually accepted as those born between 1965 and 1985. In the mainstream media you hear much about how this segment of the population will change the face of the United States for better or for worse. Even in the military there is considerable interest in how "Gen X" will either contribute to or detract from our nation's ability to defend itself. A recent Navy Times featured a report about the way that this up-and-coming group is already shaping the needs and concerns of the armed forces as we move into the next century.

I have some problem with all of this. First of all, most of what you hear about Generation X is somewhat tilted toward the negative. Many reports and articles have referred to them with such derisive terms as "slackers" or "rebels without a chance." We are told that "they" tend to have problems with authority, are cynical about life in general and are less committed to people and institutions than past generations. The media claims that Gen X will be the first generation in the U.S. to fare worse than their parents in the long run and that their future looks bleak.

I have a problem with the estimations of these young people because all these generalizations sound hauntingly familiar. Lumping a people into a group and then pronouncing judgement on all of them is usually called prejudice. Making all of these assumptions

about the group of people born between 1965 and 1985 and then labeling them is something like saying, "all old people are forgetful" or "women are poor drivers." We would never allow someone to publicly stereotype whites, blacks, Asians, Jews or any other segment of our society and then all nod in agreement at their "expert" opinion. We regularly chastise those guilty of racism, sexism or other forms of discrimination, but we seem to have forgotten these principles in relating to the members of the 13th Generation.

I began to think about all of this as I considered all of the outstanding young Marines and sailors with whom I work. If some (there have always been some) have a conflict with authority figures, competent and committed leadership can overcome this as it has in past generations. I don't see any more cynicism from this age group than I see from people that have been in the military since before Generation X was born. As for the appraisals of how well our country will do as we move forward with this new generation at the helm, our country and her people are never hopeless — until we give up hope. My challenge to those who lead would be that we might judge each person on their own merit and not attempt to excuse the ills of society by blaming them on one particular group.

The example of Jesus is especially appropriate in this instance. Jesus always approached people with an attitude of unconditional acceptance. He wasn't supposed to speak or associate with women, Samaritans, lepers or criminals. However, by offering forgiveness and belief in their potential to be used by God, Jesus communicates to us the need to show compassion and relate to one another — not prejudice one another based on some label. The American people have come a long way in the last 220 years, let's give Generation X a chance too.

The Blueletter Bible

<http://web2.airmail.net/pippinO/kids/Orugrat.htm>

ay magazine gives this site for families and kids a three and a half rating out of four and says: "The Lord's offers a great place for Christian kids, created by someone who understands and loves children. Lots of fun animations, and even a little music—all packaging Christian lessons for kids. You'll also find jokes, out for coloring, activities, rhymes and stories. Includes links to other wholesome sites for kids."

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FATS films training scenarios, make the Marines movie stars

Sgt. J. J. Rodriguez
Globe staff

Military policeman from the Provost Marshal's Office (PMO) got their 15 minutes of fame June 21 when they starred in a Fire Arms Training System (FATS), made-for-training film to train PMO Marines how to handle various situations.

Dealing with the issue of using deadly force in the defense of others, and not firing when bystanders would be endangered for the training film, SSgt. John D. Rafael, PMO training chief. Members from 2d Platoon acted out several situations they as policemen might encounter in their field.

"Making the film was great because it was realistic and up-to-date," said Cpl. Daniel L. Harding, MP with 2d Platoon. "It's also great to be involved in something Marines will use for a couple of years."

This new training film is much better than the outdated version, added Harding. Most of the efforts are owed to Rafael who coordinated, organized the effort from start to finish and helped write the script (along with several other people) for several case scenarios.

On this particular scene, MPs escorted a NATO foreign official (played by 2ndLt. Aslam Khan) visiting Base Headquarters. As the NATO official exited the car, two Marine reporters (played by actual reporters from *The Globe*), approached. In the first scenario, one requested to take a picture for the base newspaper.

The trusting official granted his re-

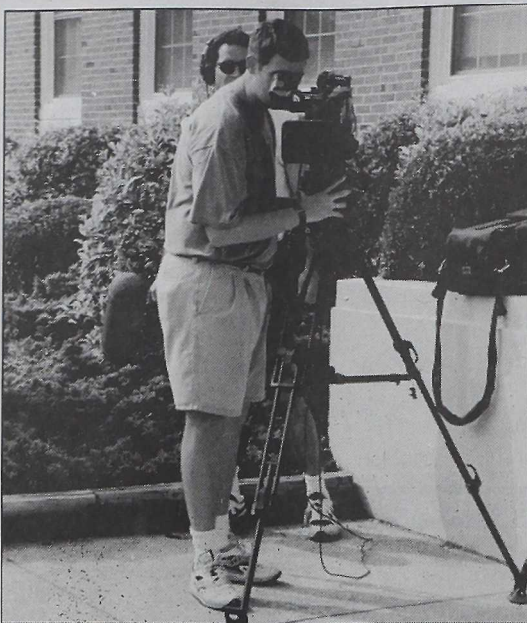
quest, but when the reporter reached in his camera bag he pulled out a 9mm pistol instead. Military policemen immediately jumped and disarmed the would-be assassin, but did not count on the second reporter, his accomplice, to pull out a gun himself and finish the job.

Blank 9mm rounds were used to make the assassination look realistic.

For this reason safety was of utmost importance and every weapon was checked by Eddie Todd, the film's law enforcement subject matter expert.

Everything was the same in the second scenario up to the point the first reporter pulled out the gun. This time the second reporter is not an accomplice and takes out his camera instead of a pistol. In the shoot/don't shoot scenarios Marines will be told to shoot the assailant. It will be up to the MP to react and engage the accomplice, or refrain from harming the innocent cameraman.

In the second scene, Marines were



Sgt. J. J. Rodriguez

The military police became stars for a day.

asked to respond to a proper lawful order (from a competent authority) to use deadly force. They won't know where it came from but will be asked to shoot an individual without completely identifying him. Again Marines will be required to decide whether to shoot or disregard the order.

These were just two of several situational scenarios filmed on base for FATS. Other scenes such as responding to a duress alarm, suicidal situation, armory break in, sandwich shop robbery, traffic stops gone wrong and barrack fights will train Marines to properly react.

During the taping Marines had a chance to find out just how difficult filming a short scene can be. Everything had to be as realistic as possible, and any little mistake lead to a retake. The proper timing for a salute, an improper takedown and the accomplice's gun stuck in the bag caused retakes. It took more than three hours to film approximately six minutes of film, but it will all pay off when the final product hits the streets, according to Rafael.

"Everyone [in the Corps' military law enforcement] can see it at the [Indoor Simulated Marksmanship Trainer]," he said. "This type of training will help train MPs to react properly to different situations."



LCpl. Kerry Palmer

One of the assassins is taken down by MPs as his partner moves up to finish the NATO official.

Cohen says NATO door to remain open

Linda D. Kozaryn
American Forces Press Service

BRUSSELS — Defense Secretary William S. Cohen reassured Slovenia and Romania the United States is serious about keeping the door to NATO membership open.

Cohen met with defense ministers from the two Eastern European nations here June 13, the day after President Clinton announced U.S. support of NATO membership invitations to Poland, Hungary and the Czech Republic.

"Obviously, they were disappointed," Cohen said after meeting with the ministers. "They would like me to convey to the people of Slovenia and Romania the seriousness of which I have stated the door is open. They want that reassurance; they would like the people of their countries to have that reassurance from me."

NATO is slated to announce which countries will be invited to become member candidates based upon the allies' consensus at a Madrid summit July 8 and 9.

Although U.S. officials say Slovenia

and Romania need to fulfill obligations for the obligations of NATO membership among the 16 allies. General Javier Solana's decision will bear heavy final decision.

Cohen said he is confident Slovenia and Romania assure people there. He said they have made significant progress. United States hopes it will be successful candidates.

"The door is open in the foreseeable future," Cohen said.

Cohen said he also wants to see other countries work with their defense to encourage them to come in the enhanced Partnership program.

He advised all nations to ship, particularly those in the initial round, "to continue on — there should be no other direction," he said.

"All that we see today and that must continue

Military's aptitude test goes high-tech

Maj. Donna Miles, USAR
American Forces Press Service

WASHINGTON — The Armed Services Vocational Aptitude Battery has gone high-tech. All enlisted members remember those long tests they took while passing through the military entrance processing station. The results can have a big impact on a service member's career. The Defense Department uses them to judge how well potential recruits are likely to do in the military and what jobs they're best suited for.

By July, personal computers are expected to be up and running at all 65 entrance stations. They're making big changes in the old, stubby pencil enlistment tests.

"The tests are easier to administer," Jane Arabian, assistant director for enlistment standards for DoD's accession policy office, told the Armed Forces Radio and Television Service. "They're more accurate, and they take much less time."

Arabian said the new equipment will analyze the tests, based on answers the questionnaires.

Military Entrance Processing Station officials said applicants would take computerized test batteries.

"If they've completed another applicant, they can go to the entrance station in Baltimore to sit around and wait for their results. It's a certain amount of time that can cut the time required from more than three hours to minutes."

The new equipment will take to grade the enlistment counselors at the stations. Results in minutes rather than hours with the old tests.

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Come rain, come sleet, come snow, Marines deliver the mail

Cpl. Chris Irvine
Globe staff

Mail is the one of the most important links to home for many Marines, yet most people don't think about the Marines behind the scenes that strive to keep that link working.

The main post office on Louis St. is where all Camp Lejeune, Camp Johnson, Camp Geiger and Marine Corps Air Station New River-bound mail is received, sorted and sent out to individual commands.

The post office is split into two sections with civilians running one side, maintaining a regular post office, while Marines run the other side processing all mail that's addressed specifically to servicemembers. Delivering mail is usually an easy process, but there are some things that can keep mail from getting to its destination in a timely manner.

According to MGySgt. Frank B. Gillingham, postal chief, incorrect or illegible addresses lengthen the amount of time required to process mail.

"It can slow the system down because we have to track the correct address and that takes some time," he said. Time is very important with the tremendous volume of mail that is received daily at the main post office, according to Sgt. Robert W. Haynes, postal supervisor.

"Typically our day starts around 5 A.M. when the first

mail delivery trucks come in. We bring the bags in and start sorting. Some people might not think that this is that exciting but every day brings a new challenges and different situations. That keeps this from getting routine," he said.

During Operations Desert Shield and Desert Storm, things were anything but routine and postal Marines played a vital role in keeping forward-deployed troops in contact with loved ones back home.

"The amount of mail that we processed was incredible. I remember seeing endless rows of containers that were packed with mail. It was quite a sight," Haynes said.

Because what they do is invisible, many Marines may not appreciate the work that the postal Marines put into making sure this vital service runs smoothly.

"A lot of Marines don't think highly of postal but when they're deployed and want to hear from home, we're their best friend," Cpl. Monique Bheley said.

"I have to put up for the what I do. A lot of people think this is a skate job, but everything presents a new challenge and we have to be able to react to them," Haynes said.

Processing the volumes of mail received can be a very challenging for some of the junior Marines who are not used to the high pace of the post office. When young Marines first come in they can get a little overwhelmed and it takes a little while to get used to it. After a while, though, they get the idea of what's going on here and they adjust," Bheley said.

During the holiday season, which lasts from Thanksgiving through New Years Day, the postal Marines work extra hours to keep up with the increased demand.

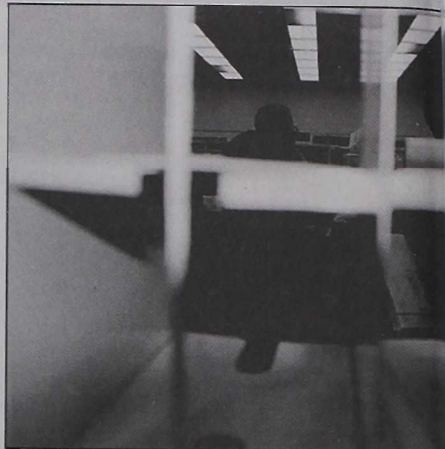
"Sometimes we work from early morning until late at night. It gets kind of hectic around here," Bheley said.

In addition to processing tremendous amount of mail, they must also still be on the lookout for mail that could be illegal or a security risk.

"You always have to keep on the lookout for suspicious packages. If a package has wires hanging out, no return address or the packaging has strange handwriting on it, you have to be careful," Haynes said.

Besides having to keep a vigil for suspicious packages they must also deal with unusual mail.

"We get some unique mail. Our primary goal is to make sure that you get your mail. Sometimes we get mail that has a completely wrong address. Since it could be somebody's mom trying to send them something. So we



Sorting mail requires total attention to detail. A letter could mean a long delay for someone who's counting on it.

try and track the Marine's address. "Working here is decent. The work through a lot of holidays but great and they make it fun," she said.

Safety program



Tex W. Ritter, deputy safety manager of Base Safety and Freeman White, MCB traffic safety specialist hold the Governor's Highway Seatbelt Usage Award presented by Maj. Gen. Patrick Howard, commanding general MCB. The award was presented in recognition for their involvement in the Governor's Safety Survey held here.

Cpl. Kyle Reeves

FOOD from 1A

ing the regular school year. Camp Lejeune schools had a population of approximately 59 percent that were eligible for these benefits during the 1996-97 school year.

The program is beneficial to all persons involved. It not only offers well-balanced meals to children in preschool to 18 years old, but also helps parents with grocery bills and provides employment opportunities for the cafeteria staff.

Meals served feature some of the most popular among students to include pizza, chicken nuggets, fried or baked chicken, fresh baked bread and a variety of seasonal fruits and vegetables.

"The use of salt, fat and sugar is minimized in preparation, while food quality and student acceptability are maximized," Holt said. "Our goal is for children to have an opportunity to socialize and receive a nutritional lunch in a pleasant atmosphere during the summer."

"I like it because it's free and there's pizza," said Brandon Solomon.

One of the most attractive aspects is that it is a no cost program for kids. Adults are also welcome to join their children at a cost of \$2.25.

"It helps a lot with the grocery bill, and since I home school, it gives my kids a good chance to see other children during the summer," said Nancy Raynor.



Children get to enjoy school foods, while still receiving meal.

Meals are served Monday, from 11:00 a.m. until 1:00 p.m. The program will end July 18.

"No registration is required," said Patricia Bizzell, school cafeteria manager. "Just come and enjoy!"

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Marines supports ground, air elements

her

ed to prepare their M-198, 105mm ng fire mission as the midday sun e target information came in, the ded and fired.

common occurrence for the Ma-0th Marine Regiment as they sup-vision Small Arms Training Exer-k. The exercise not only gave the in conjunction with other units, n upcoming Combined Arms Ex-amine Palms, Calif.

s a rare opportunity," said 1st Lt. sistant executive officer, R Batt., "It was good in the aspect that 5/ l the opportunity to work together nd air units; something that these opportunities to engage in."

rations improve the lines of com-for effective, timely mission ac-y we work in support of another their pace. We have to find the our movements to match their

e training were the gun crews and

crew chiefs. Firing in support of the SATEX tested their abilities to adjust for each fire mission. "Everybody on the team makes the gun work," said Cpl. Gerard M. Filliom, section chief, gun 2. "To be effective, each member of the team must know what is needed to accomplish each mission."

Repetitive fire missions ingrained that knowledge into the crews. "Each part of the exercise showed improvement over the last," Stauffacher said. "Each move brought us closer to our goal of providing accurate and timely fire support."

Dealing with the altered fire missions and heat will prepare the battery for the desert conditions and missions of the CAX, Filliom said.

"It's more humid here than it will be in California, but dealing with the heat and varying fire missions here will give us a good experience base to go into the CAX with confidence that we can carry out any mission thrown at us."

The SATEX also provided Filliom with vital experience interacting with the Marines of Battery R. He is on temporary orders from Battery I, and the exercise was his first as a section chief.

"I'm just lucky I have Marines who know what they are doing," filliom said. "They know their jobs and how the battery operates, so I can rely on them to guide me through the transition into the section chief billet."

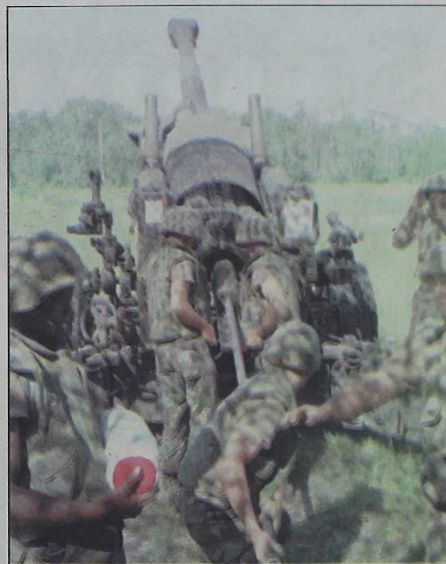


Cpl. Edward S. Harcher

Marines from gun crew 2 swing the trailer for the M-198 105mm howitzer in preparation for moving out. Constant moves during the exercise improve thier efficiency.



Cpl. Edward S. Harcher



Cpl. Edward S. Harcher

ready to carry out the next fire mission. Firing in support of the SATEX provided valuable training and help prepare for an upcoming exercise.

Gun crew 2 inserts a round into their howitzer during a fire mission.

Os assume command of battalion

Cpl. Kristofer E. Holly

Globe staff

If given a chance to fill your boss' shoes, most people would probably take it.

Noncommissioned Officers of Headquarters Battalion, 2d Marine Division did just that as they took over the jobs of their chain of command in an NCO Day June 26.

"This day shows NCOs what goes on," said Cpl. Lukas C. Dwelly, acting Bn. Adjutant. "It gives you a different side of the house. It's good training."

Dwelly is normally the battalion commander's driver. His usual jobs include checking vehicles, doing paper work and driving just about anywhere. For the day, he oversaw legal matters and education, coordinated upcoming events and performed other duties normal to an adjutant.

The officers and Staff NCOs were at Stone Bay Rifle Range requalifying with the 9mm pistol that day. Not all the individuals would normally be able to qualify with the weapon, but the NCO day gave them that chance.

After the qualifying was done, the officers went to a Professional Military Education class and the Staff NCOs went to Ords Pond for a gathering with retiring Sgt. Maj. John K. Jones, 2d MarDiv. Sergeant Major.

Back at the offices, the acting battalion commander felt he was qualified for the position.

"I'm a leader in the Marine Corps," said Sgt. Brian Vinciguerra, originally the maintenance chief for Small Craft Company. "I'm in charge of a small unit on a daily basis, and all a battalion is a larger version of a small unit. I handle business daily there and I felt that I could handle anything that could come up here that's within my abilities."

"Colonel" Vinciguerra toured the barracks of his battalion, toured the company areas and talked to all duty NCOs while explaining who he was and why his battalion was having this day.

Little to no help was allowed from the officers and SNCOs during the course of the day.

"The NCOs are running the show," said Vinciguerra. "The colonel's scenario to me was that 'all officers and SNCOs in the battalion are dead. You're running the show.' If there was a serious emergency, I could get a hold of Maj. Richard B. Gartrell, the executive officer. He would be available for assistance."

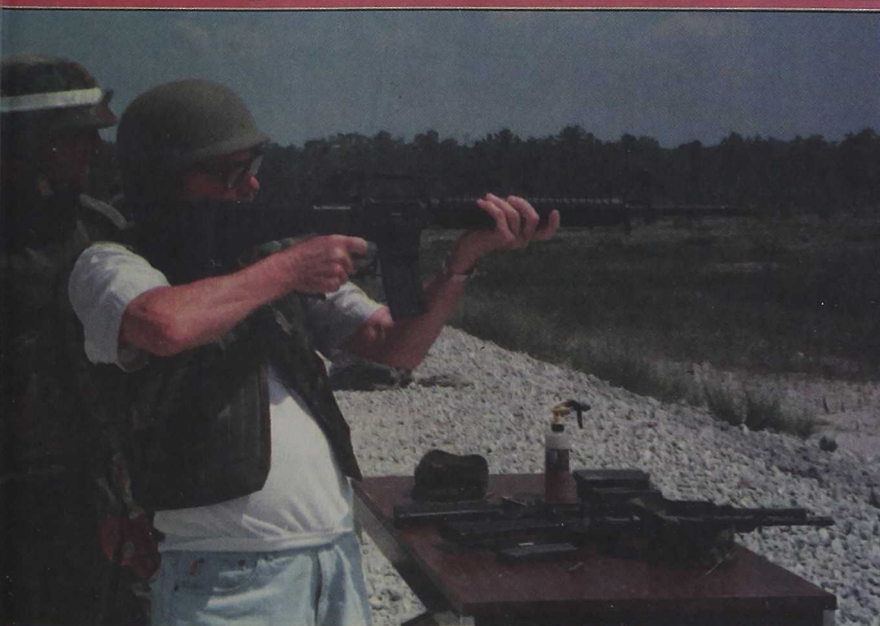
The NCO day was not only a tool to train the NCOs to become Staff NCOs by flexing their leadership, it also helped officers and Staff NCOs fulfill their requirements as Marines by qualifying at the range. It gave them a break from the office for a day.



Cpl. Kristofer E. Holly

elly assumed duties as the Battalion

HI CHI JIMA



Cpl. Chris Irvine

Sailors from the occupying forces of the Island Chi Chi Jima druing World War II, recently came together mes. During their stay they toured Camp Lejeune, fired weapons and ate at the base chow hall. For some, it time that they has seen each other in nearly half a century.

Posthumous promotion honors Korean War Marine

Cpl. Jerry D. Pierce

Marine Barracks, Washington

MARINE BARRACKS, Washington —

Nearly 47 years after Maj. John J. Canney Jr. was selected for promotion to lieutenant colonel, his widow and son accepted his appointment and silver oak leaves from the Commandant of the Marine Corps during a ceremony at Marine Barracks, Washington, on June 13.

Major John J. Canney Jr. had been selected for promotion on Nov. 30, 1950. Unknown to the selection board, however, Canney had died two days earlier defending his country in the Korean War.

"We are here as a result of multiple forces and multiple wills to participate in a very simple ceremony," said Gen. Charles C. Krulak, "... a promotion ceremony that is a long time in coming but is so very well deserved."

Accompanied by Krulak and Col. David G. Dotterer, commanding officer, Marine Barracks, Washington, Mrs. Marian Canney accepted her husband's appointment certificate and a set of silver oak leaves, symbolizing her deceased husband's long-awaited promotion.

"We have waited a long time to see this happen," said Canney's son, John J. Canney III. "It was an honor to know that Senators Kennedy, Warner, Glenn and Smith, Gen. Krulak and President Clinton believed and worked so hard to do the right thing to honor my father."

Posthumous promotions are very rare dur-



Cpl. Jerry D. Pierce

General Krulak (left) presents Marian Canney with her late husband's promotion.

ing times of peace, according to Jeffrey G. Edwards, assistant head of the Officer Promotions Branch, Headquarters Marine Corps. Last year, only five Marines were promoted posthumously. Such promotions must be directed by the President of the United States and are confirmed by the U.S. Senate.

Posthumous promotion recipients must have died in the line of duty to be officially recommended for promotion to a grade other than their grade at the time of death.

"Lieutenant Col. Canney is a Marine officer who gave his life in the service of our great country. It is our duty and honor as United States Marines to honor his family — our family — with this promotion," said Krulak.

Collector gains Vietnam rarities

Sgt. Lance M. Bacon
Globe staff

Every now and then a collector comes across the find of a lifetime. For medal collector Jim Beeba, that find recently came in the form of a one-of-a-kind Vietnam medal collection.

Beeba is the proprietor of Military Medals and a lifelong collector of military pageantry. Decades of collecting has grown into a collection that boasts every ribbon, medal, insignia, rank and badge for every branch of service since the Civil War. He has such rarities as a Marine Corps Brevet Commission Medal, a Civil War Burial, or "Widow's" Medal, an original Marine Corps Good Conduct Medal and a French Croix de Guerre.

Though commendable, the Vietnam collection Beeba came upon last month all but shadows his large collection. It contains the 49 medals, 31 ribbons and three rosettes offered by the South Vietnamese during the Vietnam era.

"The gentleman who authenticated the collection commented that it was the only such collection [of the South Vietnam medals] he had ever seen," Beeba said. "I knew I had something special, but every day I'm finding this to be more and more of a prize."

One such finding came as Beeba researched some of the medals.

In doing so he came upon the Republic of Vietnam Air Force Northern Expeditionary Medal. The medal depicts three lightning bolts converging at the bottom, sur-

rounded by wreaths. The service bar and ribbon have a horizontal divide with the top half being red, the bottom half yellow and a white arrow down the middle.

To most individuals the medal looks no different than any other. To a collector, it is something much more.

The book *Awards and Decorations of South Vietnam* described the medal as being authorized Feb. 1, 1966 by decree of the Northern Leadership Council, signed by Lt. Gen. Nguyen Van Thiue, according to Beeba. It was for flying personnel or Air Force Groups that participated in air raids north of the 17th parallel. The unique thing is that the book states the medal was "never implemented for unknown reasons," and that "only two copies are known to exist."

"That is a find," Beeba said. "That is a precious piece of military history."

Beeba isn't sure why the retired Army Chief Warrant Officer 4 who offered him the collection did so, other than the mutual respect for each other as collectors. The Korean veteran plans to foster that good will, however, by making the collection available to anyone interested.

He started by mounting the medals in a shadow box -- a trade he has performed for servicemen and their families for more than 25 years.

"[The collection] is extremely valuable beyond monetary concern," Beeba said. "It is an antiquity in its rarity. As such, and in honor of the men who fought in Vietnam, I saw it only fitting to display these items in the most professional way."

Beeba now has the collection displayed in his home, which is also home to his business.

"I have people come in here all of the time to pick up ribbon racks, mounted medals and shadow boxes," he said. "At first they stopped to look at all of the collection. Now they're bringing back their leaders who served in Vietnam so that they can see it, too. I've had Marines of all ranks come in here and look at that collection for hours at a time, and to tell you the truth, I don't mind one bit. I do the same myself."



Jim Beeba holds a rare South Vietnamese medal of which only two are believed to exist.

Beeba looks to take that sharing he plans to pass the collection on to Lejeune in the hopes it will be displayed.

"I think I'll keep it for perhaps pass it on," he said. "This is some senior troops to be able to reflect for the young troops to see and come before them. There is an important history in this box, and an important Marine Corps. I'm only honored for a time."



Jim Beeba proudly displays his complete collection of South Vietnamese medals. The collection boasts 49 medals, 31 ribbons and three rosettes.

A bird's eye view of Spain



Cpl. David Brock

ROTA, Spain — Honing their skills and taking the plunge, the Force Recon Marines of the 22d Marine Expeditionary Unit (Special Operations Capable) recently conducted parachute operations here. The jumps allowed the Marines a chance to capture a bird's eye view of Spain while getting a true roller coaster ride back to earth. Although some might think they're a little crazy, these leathamecks gracefully fell to the ground and packed their chutes for another round. During the training evolution, Marines performed several static line and High-Altitude, Low Opening (HALO) jumps. The static line jumps took place at 1,500 feet while the HALO jumps took the Marines to the soaring altitude of 10,000 feet. The Marines are deployed aboard USS Kearsarge on a six-month deployment in the Mediterranean Sea.

Heritage, values taught immigrants' son to

Public Affairs Office
Camp Pendleton, Calif.

CAMP PENDLETON, Calif. — Sixty years would pass before a poor immigrant farmer's American dream would become another man's reality.

Brigadier Gen. Christopher Cortez, assistant commanding general, 1st Marine Division, reflecting on his father's vision, stated, "It was always my dad's dream to give his children opportunities which he didn't have. He farmed from sun-up to sun-down in Spain in order to make a better life for his family. I can never repay him or my mother for the many sacrifices they made for their children."

In 1946, Juan Cortez left Spain for America, settling in Vacaville, Calif. His wife, Dolores, with four children and speaking no English, made the lengthy journey later. Cortez was their first child to be born in America; eventually, there would be seven children.

Cortez worked in the fields on weekends and during the summers to supplement the family's small income. Through it all, his parents impressed upon him the values of education, re-

spect for others, and good citizenship. According to Cortez, "Education opens the doors to opportunity, respect is critical since people are different with differing viewpoints, and good citizenship is essential for a strong America."

Cortez has become the mirror image of his father; however, instead of Juan Cortez working all day behind a wooden, mule-drawn plow, Christopher Cortez, a Desert Storm veteran, walks in harm's way in support of his family of 26 years, the U.S. Marines.

"My father set a great example," he said. "He was extremely hardworking and honest, and earned the respect of those around him. I will always admire him for that."

Cortez is only the second active-duty Hispanic general in the Marine Corps. Maj. Gen. Pedro A. del Valle retired in 1948. Ironically, he served as commander of the 1st Marine Division in 1945.

A man of persistence and determination, Cortez has an immense appreciation for family and heritage.

"Heritage is very important ... to know where we came from and the pride associated with that. But first

and foremost, we

said. Cortez is proud of the quality of the quality of the over the years. "I resent the best of has to offer," he mize what it is to ing more about the than themselves.

Family and peo tant to the soft-s During his advance brigadier general speak of himself ments.

Instead, he spo others have had on helped him to sum to his parents, wh ried for 60 years, his Leigh, and the cou Christopher and V

Cortez attribut cess to his wife ally from Charlo an elementary se Marine Corps Ke wife is a strong, the family unit w without people like

Courts-martial

Editors note: The following courts-martial results from Legal Service Support Section were conducted during the period from June 23 through 27.

Lance Corporal Lajuan R. Butler, Headquarters and Service Battalion, II Marine Expeditionary Force, was convicted at a special court-martial of a violation of Article 86 (Unauthorized Absence), and a violation of Article 120 (Carnal knowledge). He was sentenced to a confinement for 75 days, and reduction to pay grade E-1.

Lance Corporal David B. Schamber, 2d Maintenance Battalion, was convicted at a special court-martial of a violation of Article 112a (Wrongful use of Lysergic Acid Diethylamide). He was sentenced to a Bad Conduct Discharge, confinement for 30 days, forfeiture of \$600.00 for (1) month, and reduction to pay grade E-2.

Private First Class Christopher M. Newkirk, Marine Corps Service Support Schools, was convicted at special court-martial of a violation of Article 81 (Conspire to commit robbery), a violation of article 86 (Unauthorized Absence), and two (2) violations of Article 122 (Steal property with prejudice). He was sentenced to a Bad Conduct Discharge, forfeiture of \$600.00 for (5) months, confinement for 150 days, and reduction to pay grade E-1.

Private First Class Matthew R. Degray, Marine Corps Service Support Schools, was convicted at a special court-martial of two (2) violations of Article 121 (Larceny),

a violation of Article 123a (Bad check), sentenced to a Bad Conduct Discharge, forfeiture of \$200.00 for four (4) months, confinement for 120 days, and reduction to pay grade E-1.

Private First Class Quozel L. Wilson, 10th Marines, was convicted at a special court-martial of five (5) violations of Article 121 (Larceny), a violation of Article 134 (Unlawful entry). He was sentenced to a Bad Conduct Discharge, forfeiture of \$200.00 for (4) months, confinement for 110 days, and reduction to pay grade E-1.

Private First Class Sean K. Williams, Infantry, was convicted at a general court-martial of article 81 (Conspiracy to commit robbery), a violation of Article 107 (False statement), three (3) violations of Article 121 (Larceny), three (3) violations of Article 123 (Forgery), and three (3) violations of Article 134 (Forgery and wrongful use of cards). He was sentenced to a Dishonorable Discharge, forfeiture of all pay and allowances, confinement for 120 days, and reduction to pay grade E-1.

Lance Corporal Eric C. Olson, Headquarters and Service Battalion, was convicted at a special court-martial of two (2) violations of Article 86 (Unauthorized Absence), and a violation of Article 122 (Steal property with prejudice). He was sentenced to a Bad Conduct Discharge, forfeiture of \$200.00 for three (3) months, and reduction to pay grade E-1.

SPORTS

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Jordan Golf Classic

Under hopes to and field of golfers

Michael Jordan Ce-Classic brought thou- the man who led the NBA championship s, and a few lucky par- side him.

Valley Country Club ent. This year's tour- than 8,000 fans, spec- ers from Jacksonville, oughout Eastern North

ed money for the Chapel Hill and Win- McDonald Houses, re-

ing in ority

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ip. and foremost, Lou Blair Cortez is pro- the quality of the over the years. "Iow- resent the best to offer," he roach- gnizing

ing more about tly a brity tour- if he

Family and pe- tant to the soft- During his advan- brigadier general- speak of himself- ments.

Instead, he sp- others have had- helped him to s- to his parents, d for 60 years. Leigh, and the o- Christopher and Cortez attribut- cess to his wife- nally from Char- an elementary s- Marine Corps K- wife is a strong- the family unit- without people f-

le 123a (Bad che- duct Discharge, 1- confinement for 1- es Quozel L. W- convicted at a spe- Article 121 (L- inlawful entry). H- arge, forfeiture- ment for 110 days

ss Sean K. W- ed at a general cou- Conspiracy to co- Article 107 (F- ions of Article 1- gery), and there- ed to a Disch- and allowances, pay grade E-1. Eric C. O- ed at a special co- e 86 (Unauthor- Conduct Disch- \$200.00 for the- E-1.

had any considerations to invite senior mili- tary enlisted and officers was being dis- cussed, the Wilmington-native pointed out that the tournament is getting bigger, but added that it's continual growth didn't rule out the addition.

"We're trying to expand and we would love to extend the field," Jordan said. "We haven't been able to accommodate every- one. Hopefully, we can continue expand- ing [the field of players]. I'd love to see some of those [military] guys come out and play."

When the sand had settled it was Grant Alexander who won the tournament with a team score of 43. Jordan's team has yet to win the tournament, but the confident NBA champion knows there's always next year.



Michael Jordan took time-out to sign autographs for his many fans.



Michael Jordan Tees up at the Celebrity Golf Classic in Greenville N.C.

From the Sidelines

Once bitten twice shy!

Sgt. Houston F. White Jr.
Globe contributor

Last Saturday night in Las Vegas the self-proclaimed "baddest man on the planet" joined the ranks of Count Dracula, Jeffrey Dahmer and my 8-month-old nephew as one of the most infamous flesh-gnawers in history.

Too many times in the past boxing matches have been marred by negative actions such as repeated low blows, post-bout brawls and as of late, the total mental collapse of fighters in the ring. Even the antics of professional wrestling couldn't compare with the recent disturbing images boxing fans have stood witness to. Surely the last man anyone expected to fall into this category was the spiritually-reborn Mike Tyson.

After his release from prison and conversion to Islam, Tyson totally annihilated any fool unlucky enough to sign a contract to face him. After each victory, Tyson seemed humble and at peace with himself. Soon after regaining the WBA title however, it appeared that Tyson began to gradually revert back into that threat-shouting, overbearing bully he was prior to being put behind bars.

Before the first Tyson-Holyfield battle I distinctly remember several interviews in which the soon-to-be-dethroned champion arrogantly proclaimed how invincible he was and how Evander Holyfield "would pay dearly" for alleged comments made about Tyson's rape conviction. At the press conference following a stunning TKO by Holyfield, Mike Tyson's demeanor was unusually somber as he was forced to eat humble pie for only the second time in his career.

That behavior lasted as long as it took for the new champion to grant him a rematch. Once again Tyson predicted a spectacular finish to the fight, only this time his words weren't as convincing as they had been in years past. Even the oddsmakers sensed this, as mere hours before the main event began, the huge betting odds placed on Tyson winning were greatly reduced.

To add more controversy to the rematch, the Tyson camp inexplicably requested a change of referees for the title bout. The replacement they received when the assigned official stepped down was tough-as-nails Mils Lane.

Lane, a former Marine, is probably the most respected thirdman in boxing. His tough yet fair style and ability to maintain control in big fights is unrivaled amongst his peers. Little did anyone know that Lane would need every bit of his combat training as a leatherneck to officiate this one.

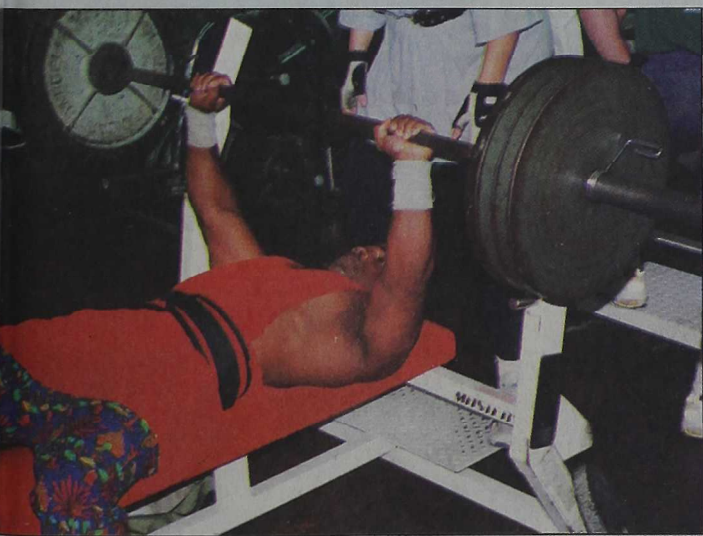
During the course of the first two rounds Mike Tyson sustained a huge gash over his right eye and began to complain to Lane about what he felt were intentional headbutts by Holyfield. After losing both rounds and having his pleas fall on the deaf ears of the official, Mike Tyson went postal.

In the third and final round Tyson initially emerged from his corner without his mouthpiece and with a de-ranged look in his eye. Called back by his cornermen to put his mouthpiece temporarily between his teeth, Mike seemed to have a renewed energy during the first two minutes of the round.

Despite a profusely bleeding right eyebrow, Tyson repeatedly got the best of Holyfield during the round until, without warning, Tyson snapped into the champ's right ear like it was a Slim Jim. Evander violently jerked away from Tyson and in the process, left a chunk of his ear between the challenger's cheek and

See SIDELINES/3B

POWERHOUSE CLUB



Percy L. Huff makes little work of his bench press of 365 pounds.

erhouse club continues to press on

Cpl. Kristofer E. Holly

or bench press presented in the competition.

In the deadlift, the lifter starts in the squat position over the bar on the floor. Participants can grip the bar either between their legs or outside their legs, whatever is preferred. They then pull straight up to a standing position and back to the floor.

To accomplish the squat, the lifter stands with the bar across their shoulders under the neck. Lifting the bar off the rack, the patron stands back preparing for the squat. They bend their knees until their thighs are parallel to the floor, and then back up again.

In the bench press, the lifter lies on their back on a bench. The bar is lifted off the rack and kept at an ex-

tended reach. The weight is lowered to the chest and raised back up.

To qualify, the lifters must first sign up for a desired event at a time chosen by them and weigh in to determine their weight class. When their time comes, the lifter gets one chance to accomplish their lifting goal. Upon qualifying successfully, the patron receives the option of continuing with a heavier lift until they can no longer continue, or stopping for the month. In addition, they also receive a T-shirt showing off what event they competed in. If the lifter is late for their turn, they must wait until all others have gone; if time

See POWER/3B

Hall of Famer visits base to say 'thanks'



Ferguson Jenkins signs a ball for 6-year-old Tyler Sligar.

Sgt. Lance M. Bacon
Globe staff

Hall of Fame pitcher Ferguson Jenkins visited Camp Lejeune last week to say "thanks" to servicemembers and their families.

The visit was part of Campbell's Legends of Baseball Tour Sweepstakes, which took 15 Major League Baseball greats to more than 60 military bases worldwide.

"We like to give something back to the fans, especially those in the military who don't often get the chance to see games and players at the ball parks," Jenkins said. "I did this tour in '91 and '94, and it's really worthwhile to get the chance to meet with these men and women."

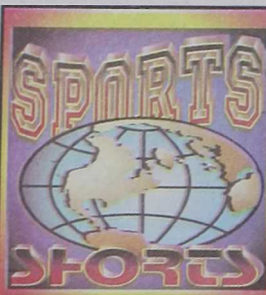
While signing autographs, Jenkins spoke of his positive feelings about American/National League match-ups, his time in baseball as a player and coach, winning the Cy Young Award in 1971 and being inducted into the Hall of Fame 20 years later.

Though he is the only pitcher to have struck out 3,000 while walking fewer than 1,000 and still holds modern strikeout records, it was a moment in the 1967 All-Star Game which sits closest to his heart.

"In my first All-Star game I struck out six batters in three innings [tying Carl Hubbard's 1934 record]. One of those I struck out was Micky Mantle. That's a very special moment in my life," he said.

In recollection of that moment, he offered to all of the young and young at heart who turned out to "follow your dreams to the fullest."

"My dream to be an professional athlete came at 14," he said. "Being Canadian, I wanted to play hockey. When that fell through I pursued basketball and played with the Globetrotters. Then I got the chance to play baseball, I jumped on it and I've never regretted a moment. Everyone needs a dream."



CHALLENGE

Run the 22nd Annual Marine Corps Marathon, Sunday October 26. Challenge the SgtMaj. USMC (Ret) team. For more information call SgtMaj. Nick Irvine at 455-7307.

OCEAN SWIM

Lejeune Grand Prix Series 97 continues with the Davy Jones 2-mile open Ocean Swim on July 19. Registration fee is \$10 for military, (active duty, retirees, reservists, dependent) and \$20 for civilians. Stop-by any of the fitness centers to pick up an entry form. Call 451-1799 for all race details.

BOWLING

Independence Day Bowling at the Bonnyman Bowling Center. Each game is \$1 all day. For more information, call 451-5121.

YOUTH SOCCER

The Wilmington Hammerheads are sponsoring a Youth soccer clinic open to players 5-16 years of age. Register before July 11 the clinic starts July 16. For more information call 451-6475.

SOFTBALL

Military Marathon Softball Classic is July 25-27. Includes: three home run limit, one hour time limit, and double elimination. Open to all military teams. Team entries must be received by July 23. Limited to 15 players, including coach. For more information, call 451-2061.

VARSITY WRESTLING

The Varsity Wrestling Team kicks off their 1st. practice session July 7 at the area 1 gym. The Varsity team will compete in the International styles, Greco-Roman and Freestyle. The team is looking for high school, college and International experienced wrestlers, wrestlers with no heart, courage or discipline need not apply! The head coach is GySgt. Stephens, assistants are Sgt. Layman, Sgt. Knight and Sgt. Nathan. For more information call GySgt. Stephens at 451-3785 or Sgt. Layman at 451-1726.

HORSE RIDING CAMP

Register now for Summer Riding Camps at the Base Stables. In each class, riders will learn the correct way to ride, general horse care and basic first aid for horses. Beginner camps, ages 6 and up, will meet 7-11 July and 21-25 July. Intermediate Camps, ages 6 and up, will meet 14-18 July and 28 July-1 August. All classes are held daily at 8 a.m.-1 p.m. Classes are \$150 per week, per child. Call 451-2238/1315 for more information.

SWIMMERS

The Camp Lejeune Swim Team is looking for swimmers age five and up who are interested in learning competitive swimming. Open to active duty military, dependents, and civilians. Call 577-8910 or 355-0797 for more information.

FOOTBALL OFFICIALS

Football teams are in need of football officials for the upcoming season. Experience is not necessary, but preferred. For more information, call Wayne Bender at 346-8883.

ATTENTION GOLFERS

There will be a Flag Tournament on Saturday, July 5. This is an Individual Handicap Event. Register today for this event at the Golf Course Pro Shop.

KARATE MASTER

Grand Master Fusei Kise, 10th degree Black Belt will visit TT Community Center from July 15-20. For details and more information call 355-2117.

"Dallas' Cowboy's" squeak by HQBN Big Dogs

Sgt. Bruce J. Melville
Globe staff

Third Battalion, 10th Marines outlasted the heat, rain and 25 other teams to stake their claim to the Commanding General's Cup, one-pitch softball tournament on June 27. The single-elimination tournament was an all-day event held on two diamonds at Harry Agganis Field and was the fifth of seven events to be held this year.

"This event was intended not only to experience the thrill of competition, but also to boost morale of the units within the division," said SSgt. Roderick French, division special services.

As in many tournaments, the end of the day leaves only two teams standing. In this case, it was the defending division champs, 3d Bn., 10th Marines, squaring off with HQBN, 2d MarDiv., for bragging rights and CG Cup points.

Although both teams hit the ball well, poor pitching on the part of HQBN. that allowed 10th Marines Dallas' Cowboys to walk away with the victory.

The scoring came early and often as HQBN. started by scoring a run in the top of the first.

After watching three of his teammates walked by the pitching of Shawn Meneely and controversial calls by umpire Gene Brown, Brandon Smith came to the plate and ripped a triple, opening up a scoring barrage that would lead them to victory.

The Big Dogs weren't going to stand for that long as they took the lead once again, scoring five runs in the top of the second under the leadership of team captain Charles Lawrence.

Once again, the Cowboys came to bat and Grady Budgett hit a frozen rope to left field which allowed his quick legs and sheer desire to collect on a four-bagger.

The third inning found HqBn. scoring two runs and leaving the Cowboys scoreless.

A 30-minute time limit brought the game to a fourth and final inning. Down by two runs, the Cowboys needed a clutch hitter. That hitter came in the form of Darrell Brooks. After poor pitching brought him to the plate with bases loaded, two outs he hit a shot that allowed three runs to score and secured the championship.

"Our inspiration was that our team captain, First Sergeant Glen Davis is retiring in September, and we wanted to send him out on top," said Brandon Smith.



Darrell Brooks crosses the plate, just beating the throw home.

Sgt. Bruce J. Melville



3d Bn., 10th Marines Dallas' Cowboys celebrate victory and another championship.

Sgt. Bruce J. Melville

So you want to run a marathon?

Terri Hort

Personal Training and Aerobics Coordinator, Fitness Branch

This idea briefly popped into my own head about three years ago, and I went for it. Although I made it through, it certainly wasn't pretty. To be honest, I'd much rather run fast than run long. It's really quite simple, your training regime needs to be specific to your goal and in the case of the marathon, that means long- 26.2 miles long to be exact!!

If your goal is simply to finish the marathon, mileage is more important than speed work. However, if you want to finish the distance between three and four hours, then a combination speed and distance program is necessary.

Here is what I recommend:

1. Start your training with a good base. This means 15-18 weeks of consistent running of at least 20 miles per week. By the end of this period, you should work up to a longer type run of about 14 miles.

2. During this initial I base training, include hills (to develop leg strength) in 16, 17, and 18. Do only one hill workout per week and use a gradual incline of at least 50 - 100 meters. Warm-up for about ten minutes, run up the incline at a good clip, but not an all out sprint (you'll never make through the workout). Then jog back down the hill easy. Shoot for 5-10 repeats. Don't forget to cool down.

3. When week 19 rolls around you are ready to include some speed. You should alternate your speed workout sessions and your long run each week. The schedule below may help you out when you reach week 19:

WK	MON	TUE	WED	THU	FRI	SUN
	(EASY)	(HILLS)	(EASY)	(FORM)	(EASY)	
19	3	5	3	5	3	16LONG
20	3	5	3	5	3	2X1 MI SPEED
21	3	5	3	5	3	18LONG
22	3	5	3	5	3	4X1 MI SPEED
23	3	5	3	5	3	20LONG
24	3	5	3	5	3	6X1 MI SPEED
25	3	5	3	5	3	22LONG
26	3	5	3	5	3	8X1 MI SPEED
27	3	5	3	5	3	24LONG
28	3	5	3	5	3	10X1 MI SPEED
29	3	5	3	5	3	26LONG
30	3	5	3	5	3	11X1 MI SPEED
31	3	5	3	5	3	10EASY
32	3	5	3	5	3	MARATHON!!!

*EASY = run at 70% or "below" your maximum heart rate (220 - your age) x 70%

*HILLS = do the same as your base training but increase the number of repeats (shoot for 10 - 15).

*FORM = run at approximately 80% of your maximum heart rate (220 - your age) x 80% add some accelerations (increase your leg turnover but don't make it on all out sprints) and concentrate on good running form not speed.

See RUN/3B

WEEKLY SPORTS

JULY 4-11
4-11 Jul 97 6-11 Jul 97 0800 - All Marine Womens Softball Trial Camp-Intramural and Harry Agganis Softball Fields
JULY 5
Golf Flag Tournament - Paradise Point Golf Course
AEROBIC CLASSES-Effective July 1
Mon-Thu 1815-1915 - Classic Combo, Bldg 524
Mon, Wed, Fri

0600-0700 - Early Bird Aerobics, Bldg 524
0800-0845 - Water Step, TT Pool
0900-1000 - Cardio Step, TT Comm Center
0930-1045 - High and Low Combo, Bldg 524
1130-1230 - Water Running, Area 2 Pool
1700-1800 - Cardio Step, TT Comm Center
1830-1915 - Water Step, TT Pool Mon-Fri
1130-1230 - Cardio Pump, Active Duty, Bldg 524

1200-1220 - Belly Burner-Area 5 Gym
1700-1800 - Low Impact Pump, Bldg 524 Tue
0900-1000 - Power Walk, TT Comm Center
1700-1800 - Power Walk, Midway Park Comm
1130-1215 - All Body Cycling, French Cre
Center
1130-1230 - Water Step, Area 2 Pool Sat
0930-1030 - Anything Goes, Bldg 524

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Matthew D. Zam
of many races.

required distance on your schedule at an easy of maximum heart rate.

figure out what your marathon goal is (3hr. 30 average of 8 min. per mile) do your speedwork per mile faster than this or 7 min. 30. sec per

ALWAYS A REST DAY. **From week 29 and on,

is training schedule, you will prepare your body gors of the marathon.

work sessions should be done at your predicted remember to give your self the full 32 weeks (18 g, 14 weeks alternating long/speed work).

He's on the roads, Terri Hort.

and your fitness questions to:
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MP LEJEUNE NC 28547-2539

from 1B

ified with the Tyson spit hungry for

sensible fans should have the ring doc-wise. After landed a vi- to Tyson's challenger Cujo" imita- Holyfield's

he victims of w became fun- er Holyfield ed to keep his (stery) was de-

clared the winner by dis- qualification and was rushed to the hospital for emergency treatment. If only the millions in the arena and at home were so lucky.

This bout was in all likelihood the last ring appearance of Mike Tyson. He will probably receive the maximum \$3 million fine and be sent to some looney bin for psychiatric evaluation. Let's just hope that other boxers learn from his bad example so that we never have to spend our hard earned money on another pay-per-chew again.

POWER from 1B

expires, they must wait until the next month to try again.

The patrons name is placed on a board for that month along with their weight, the event they competed in and the percentage of body weight they lifted. The percentage is determined by dividing the amount they lifted by their body weight.

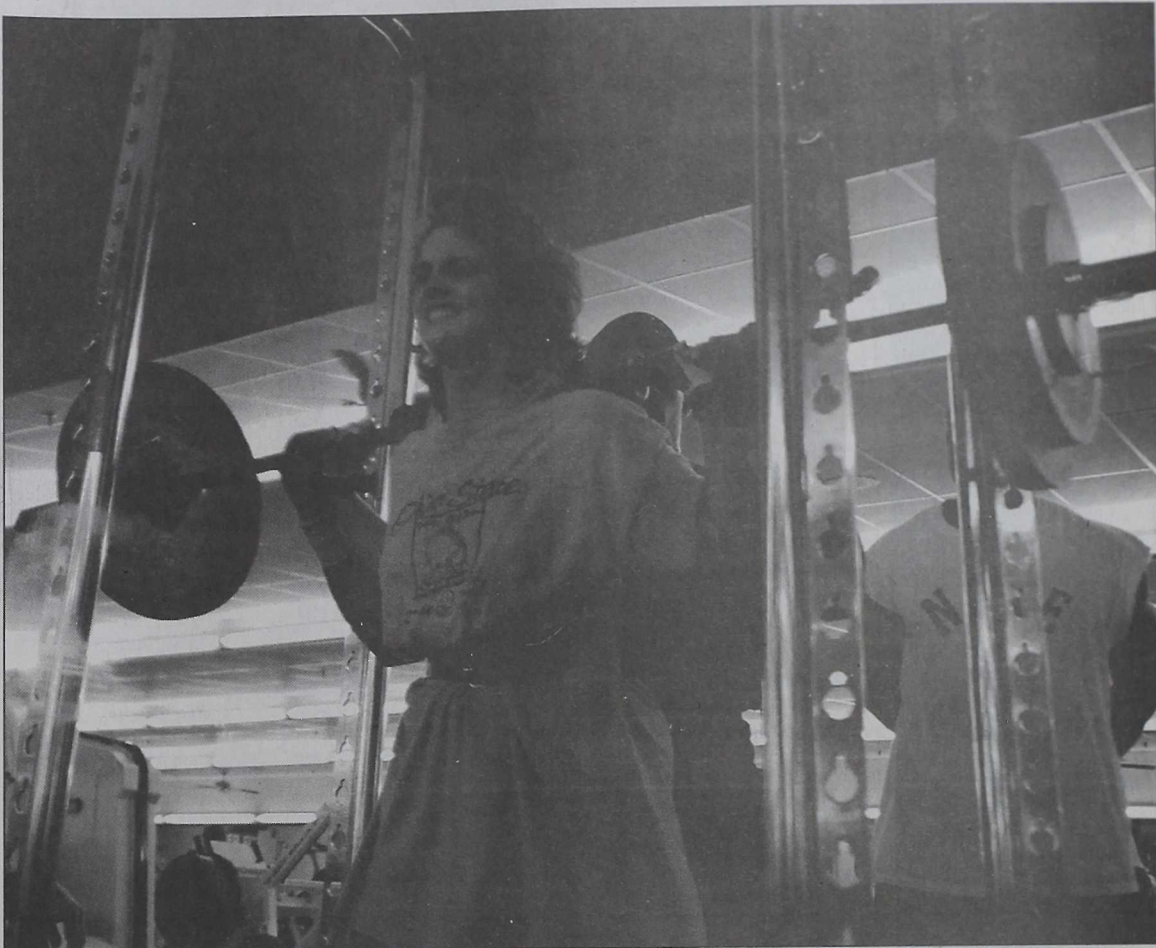
When a lifter requalifies in a specific event, the lift they performed previously is increased by standards given by the fitness centers. For the men, the deadlift and squat lifts are increased by 50 lbs. The bench press increased by 25 lbs. The women's deadlift

and squat are increased by 30 lbs. The bench press increases by 15 lbs. The best lifts are posted on an updated display board in the Area 3 Fitness Center.

"I get a lot of satisfaction out of seeing a lifter come in and handle the weight they thought they couldn't handle," said JoAnn Nanna, gym attendant and judge of the competition for the French Creek Fitness Center.

Only one event may be attempted per month. Lifters who wish to try again must wait two months for the next attempt.

Registration forms are available at the fitness centers at least one week prior to the qualifying date, first come, first served.



Cpl. Kristofer E. Holly

Petty Officer Second Class Jennifer Prince holds steady with the squat bar in her attempt to qualify with a weight of 215 pounds. Prince was successful on three attempts.

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(MEN)

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MCB Camp Butler, IA

East Coast Regional
July 13-19
MCAS Cherry Point, N.C.

All-Marine Trials
July 20-August 9
MCAS Cherry Point, N.C.

Armed Forces (USN Host)
August 10-16
NAB Little Creek, Va.

SOFTBALL
(WOMEN)

All-Marine Trials
July 6-26
MCB Camp Lejeune, N.C.

Armed Forces (USN Host)
July 27-August 2
Eglin AFB, Fla.

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OVER 30 BASKETBALL LEAGUE

TEAMS	W	L
• NEW RIVER	9	3
• 2D DEN BN	9	3
• 2/10	9	3
• 2D LAR BN	6	6
• 2D SRIG	6	6
• NAVY HOSPITAL	4	8
• SHOW STOPPERS	0	12

FINAL STANDINGS

Dental Bn. will play 2/10 July 8th at 6 p.m. at the fieldhouse. The winner will play New River, who had the most points overall during the season. The final game will be held July 10th at 6 p.m. as always at the fieldhouse.

CONGRATULATIONS!

The Youth Sports Section of MWR's Community Recreation Division had two youth soccer teams that competed in the State Soccer Tournaments in Greensboro last weekend. The two divisions were the 16 and under division and the 14 and under division. Both Camp Lejeune teams won the gold in their respective divisions. Teams from all over North Carolina met to compete for the state titles. Regional finalists included teams from the Coastal, Foothills, and Piedmont regions of the state. Prior to the state games, four teams from Camp Lejeune competed in the semi-final games in Roanoke Rapids two weeks ago. Congratulations to all youth soccer team participants!

INTRAMURAL GOLF SPOTLIGHT

LOWEST INDIVIDUAL SCORES

GREEN LEAGUE

MCSSS - Reeves shot a 73

RED LEAGUE

FSSG/ISMO - Griffith shot a 71

6th Reg - Witt shot a 71

BLUE LEAGUE

Base Telephone - Freshour shot a 73

WHITE LEAGUE

Brig Co., MCB - Westbrook shot a 73

Intramural Golf

standings as of June 25

Red League	Avg.	Green League	Avg.
8th ESBn	52	FSSG Comm	43½
B Co., MCB	44½	Navy Hospital "B"	42
2d Maint Bn "B"	33	Base Logistics	41
2d Rad Bn "B"	30½	FinMgmt School MCSSS	38
6th Marines	28	2d Maint Bn "A"	38
MCES "A"	27½	HQBN 2d Mar Div	34
FSSG/ISMO	27½	10th Mar	28½
2d AA Bn/B Co.	16½	2d Rad Bn "A"	11
Disbo	16½		
Blue League	Avg.	White League	Avg.
Base Telephone	61½	Brig Co., MCB	45
8th Comm "A"	59½	2d CEB	40
Compt Dept, MCB	44½	2d Supply Bn "A"	34
2d Supply Bn "B"	42	2d Recon Bn	31
2d LAR "B"	39½	MCES "B"	28
HQSVC BN	31½	FMSSS	25
MarForLant Compt	18½	2d LAR "A"	12½
MWR	3		

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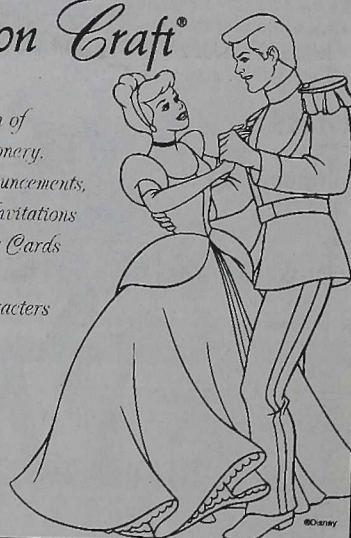


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*2 Offer good to qualified Yamaha credit card users. Offer good from June 1 through July 30, 1997, on select new unregistered models only. Some restrictions apply. See your dealer for details. After the promotion period, any remaining account balance will be subject to an APR of 16.8% on balances up to \$6,000 and 12.9% on the portion of the balance over \$6,000. \$50 minimum finance charge.

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2
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was \$18,175 NOW \$15,500

3
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was \$9,300 NOW \$8,600

4
1994 Chevrolet Blazer 4x4
was \$19,075 NOW \$17,357

5
1995 Geo Tracker
was \$10,750 NOW \$10,100

6
1993 Geo Metro
was \$5,050 NOW \$4,346

7
1994 Ford F-150
was \$12,675 NOW \$11,800

8
1994 Ford T-Bird
was \$11,550 NOW \$10,800

9
1995 Chevrolet S-10
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Perlite Speeds Up, Enhances Composting

(NAPS)—Many years ago, gardeners discovered the benefits of composting leaves, grass clippings and weeds. They also discovered the great amount of labor required to periodically turn their compost pile to provide aeration for proper composting. Researchers at Cook College of Rutgers University

have found that half-inch layers of perlite for every six inches of leaves in the compost pile can substantially reduce the time and frequency of turning required to produce enhanced, richer compost.

An added benefit is that perlite continues to perform for many years as

it lightens and aerates the soil while increasing its water holding ability.

Perlite is available from nurseries and garden centers. Contact Perlite Institute, Inc., 88 New Dorp Plaza, Staten Island, NY 10306 for a free copy of the Cook College report.

5042106M.TXT

Perlite Announcement

This Week In

MWR

July

FRI	SAT	SUN	MON	TUE	WED	THU
4	5	6	7	8	9	10



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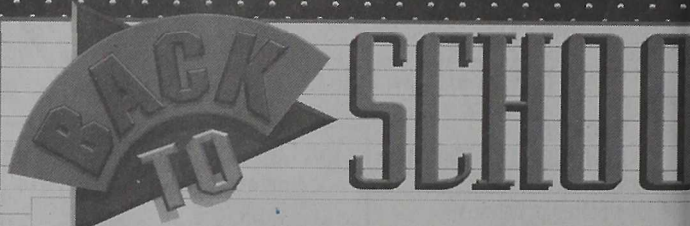
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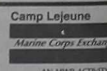
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We are accepting applications July 14-25
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Heed Sensible Safety Advice While Po

(NAPS)—Kids can enjoy themselves
poolside—and you can too—if you
heed some sensible safety advice from
the National Swimming Pool Safety
Committee (NSPSC), and its pool
safety education program, "Operation
Water Watch."

Children are naturally curious and
must be supervised at all times
when in and around all bodies of
water, including pools and spas.
Drownings annually claim around
300 children under age five. Says
the NSPSC: "Drowning is a silent

accident; rarely is there a cry for
help or splash, yet it is a
preventable accident. Never take
your eyes off children when they
are in or near any body of water."

All caretakers of children—
parents, grandparents, baby-sitters,
older siblings—must be instructed
to watch children constantly.
Keep a phone by the pool.
Install barriers to make the pool or
spa area safer and delay entry of
unsupervised children. Fences
should be at least four feet high

with self-clos-
ing gates. Power
doors equipped
with a self-clos-
ing system or self-
locking other effective
barriers.

While these measure-
ments of supervision, they can
access by young child.
Use these barriers in "a
layer added to the safety
of the pool area."
For free water safety
information, call 1-800-323-3996.

5042407M.TXT

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(NAPS)—
told you hov-
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I would have
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But that wasn't
up thinking we
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1970.

Consumer Alert!

(NAPS)—Underground tanks used to store gasoline or hazardous chemicals can leak their contents into the environment. To date, over 300,000 underground storage tanks (USTs) have leaked, in many cases contaminating underground sources of drinking water. That's a problem when you consider that half of all Americans get their drinking water from underground sources. Fumes from leaking tanks can also cause fires or explosions. The U.S. Environmental Protection Agency (EPA) estimates that the total number of leaking USTs could exceed 400,000 in the next several years.

Fortunately, federal regulations now require tank owners to use a method of leak detection and, by 1998, to replace, upgrade, or close older tanks that are likely to leak.

You can help protect your community. Ask your local service stations if their tanks meet all environmental requirements.

If you see, smell or taste gasoline where it shouldn't be, call the fire department or state environmental agency.

If you don't know the number, call the U.S. EPA's toll-free hotline at 1-800-424-9346.

Underground storage tanks are buried beneath cities and towns all across America. They are everywhere, not just at gas stations, but also at non-marketing facilities such as state and local government motorpools that use tanks to fuel school buses, emergency vehicles, or highway maintenance equipment. They are at marinas, airports, military bases, and golf courses. EPA currently estimates 1.2 million federally regulated underground storage tanks are buried at over 500,000 sites nationwide.

Remember, USTs may be hidden, but their negative effects can be very visible—particularly if they leak gasoline or other harmful chemicals.

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Senator Edward Kennedy (D-MA) was born 200 years to the day after President George Washington (VA).

Stephen C. Futrell, D.D.S.

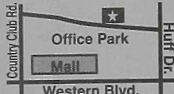
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...I would have
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...But that wasn't
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Spike Lee

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African-Americans
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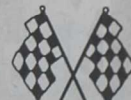
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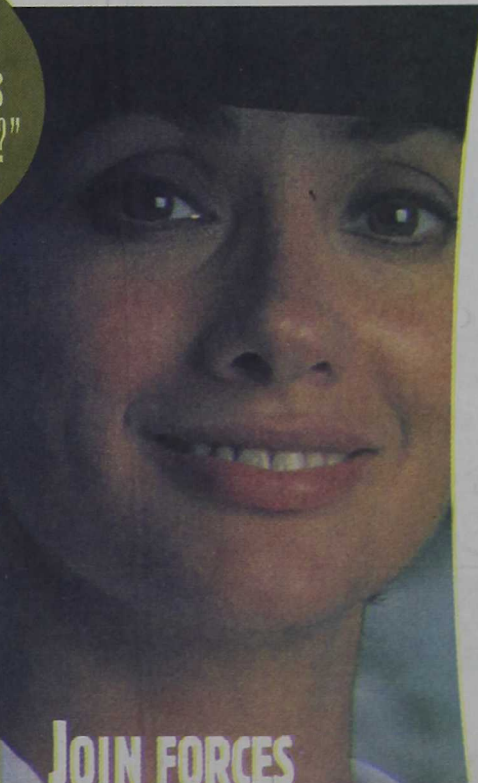
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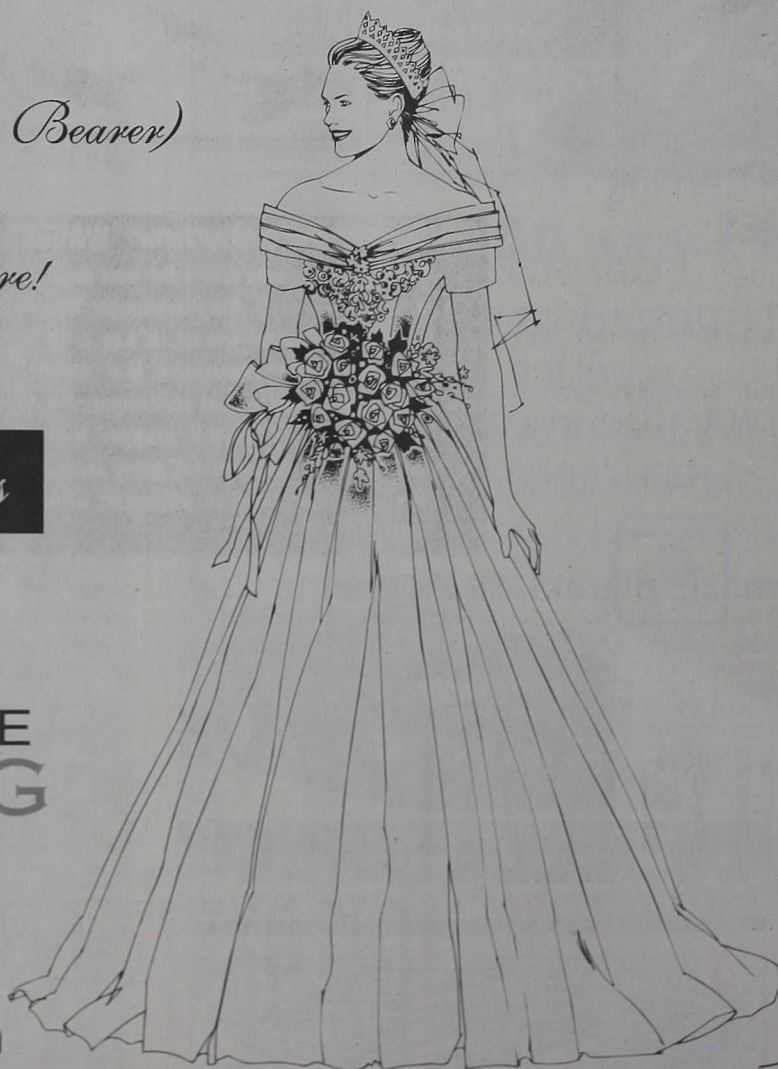
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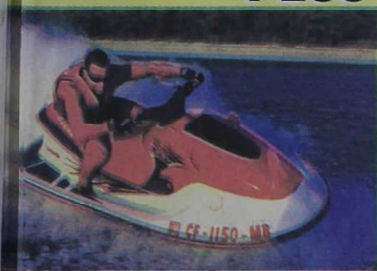
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For the person who wants the best possible value in a two-person craft, the WaveRunner WaveRaider 700 is the hands-down winner. It has a 70 hp 701 cc Yamaha Marine Powerplant that churns out real acceleration and unreal excitement. Not to mention, a double-chine deep-V stepper hull with high-performance sponsons for gutsy turning. Basically, it's a high-performance watercraft without the high price.



WATERRUNNER GP 1200
FEATURES:

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Marine Powerplant
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•Unmatched Yamaha Quality

\$0 Down, \$0 Interest, \$0 Payments for 90 days or \$0 Down and 9.9% for the 1st 12 Months²

Dealer participation required. Amount of discount depends on Dealer participation. Actual selling price set by Dealer at participating Dealers only.
Offer good to qualified Yamaha credit card users. Offer good from June 1 through July 30, 1997 on select new unregistered models only. Some restrictions apply. See your dealer for details.
After the promotion period, any remaining account balance will be subject to an APR of 16.8% on balances up to \$6,000 and 12.9% on the portion of the balance over \$6,000.
Minimum finance charge.

NATIONAL MOTORSPORTS

(910)577-5850

123 WESTERN BLVD., JACKSONVILLE, N.C.

US: PARTS/SERVICE 9:00-7:00 (M-F) 9:00-4:00 SAT.

SALES: 9:00-8:00 PM (M-F) SAT 9:00-6:00 PM

Classified



TO PLACE YOUR AD, PHONE (910) 938-7467 OR FAX (910) 938-2722
DEADLINE IS FRIDAY @ 5:00PM OR MAIL ENC PUBLICATIONS 1300 GUM BRANCH RD, JACKSONVILLE, NC. 2854

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1 Announcements

Enthusiastic volunteers needed on a regular basis to support Onslow Community Ministries (Soup Kitchen/Shelter). All skills appreciated. Located on corner of Court and College St. Parking in rear. Back door entrance. For more information, please call Katie Green, 347-3227 TFN

MILITARY Order of the Purple Heart, Chapter 642 meets at 7 pm. 2nd Tuesday of every month. American Legion Bldg., Onslow County Fairgrounds. All active, duty, retired and honorably discharged Purple Heart recipients from all branches of the Armed Forces are encouraged to attend. 326-4323 or 326-5632. TFN

BETA SIGMA PHI MEETINGS. 1st & 3rd Wed. of each month. 7:00 pm. Location varies. For more information call 577-3862. TFN

THE SERVICEMEN'S CHRISTIAN CENTER at 575 Corbin St. is open to all Service Personnel for your enjoyment with Recreation, Refreshments and Christian Fellowship. Bible Study starts at 6:30 each Tuesday and Friday evening. Phone 577-7000 for transportation. TFN

CERAMICS CENTER: The Jacksonville Recreation and Parks Department Ceramics Center has begun it's new operating hours. The new hours for Adults are Monday, Wednesday and Friday 10:00 am - 1:00 pm. Tuesday and Thursday 9:00 am - 1:00 pm. Tuesday and Thursday evenings from 6:30 pm to 9:30 pm. Childrens hours are from 3:00 pm - 5:00 pm on Mondays and Wednesdays. For more information call the Ceramics Center at 910- 938-5301 or 938-5308. The Ceramics Center is located at 292 Eastwood Drive. (corner of Eastwood and South Drive) behind the Jack Amyette Recreation Center. TFN

REYNOLDS ALUMINUM RECYCLING CENTER is located at Northwoods Shopping Center, Onslow Drive, Friday 9-5. Closed 12:30 - 1:30 pm. Consumers can call toll free 1-800-228-2525 for more information. TFN

T.O.P.S. #NC 380 will hold weekly meetings on Mondays at 7 pm in the USO Basement, 9 Tallman St. T.O.P.S. is a non-profit weight loss support group. TFN

HELPING Hands Ministry has food people in need. Call 938-2745, ask for Diane or Marc Popkin. TFN

30 Personals

ATTRACTIVE, Single White Female, is looking to meet a Single White Male in early 20's. Please respond by calling 704-824-0544. 7/11

32 Beauty Supply & Services

Sue's Hair Clinic
2624 Onslow Dr.
Northwoods Shopping Center
938-1118
Full Service Salon
Shampoo, Conditioner, Set, \$15.00 with this Ad
Booth Rental - \$50.00

Shop the
Classifieds

4 Entertainment

Tried The New
NORTHWOODS TAVERN & RESTAURANT?
Daily Drink Specials
Hours: Open 11am-until
• DJ Karaoke
Wed., Fri., Sat. 9pm-2am
Prime Ribs Steak Sandwich Special
Lunch & Dinner
Kitchen Manager: Angelo Campano
Available for Promotion, Wet Downs & Office Parties
(D.J. Available)
\$5
347-6613
Northwoods Shopping Center
(Next to Piggly Wiggly) All ABC Permits

38 Disability

ACCIDENTS HAPPEN!

Automobile Accidents & Personal Injury
Social Security Disability & SSI
Bankruptcy
FREE CONSULTATION
David L. Best
Attorney at Law
410 New Bridge St. Suite 3-B **346-1103**

40 Employment

Getting Out? Make your prior service count for retirement and gain some extra benefits. The North Carolina Army National Guard wants you and your experience. Enlistment bonus possible. Call SSG. Scott at 910-347-6947. 7/25

Applications for Habitation Technicians now being accepted for cases in Pender and New Hanover Counties. Immediate openings for HRI workers (Requires 4 yr. degree in Human Services Field). Call Alpha - Omega Health. 800-639-6585. 7/4

Coastal Carolina Community College Jacksonville, NC. Cosmetology Instructor - (Full time, 12 mos. position) **Responsibilities:** Course instruction in up-to-date theory and practice of cosmetology as set forth by the NC State Board of Cosmetic Art. **Qualifications:** Demonstrated competence, or experience, and Cosmetology Teacher's Certification required. Microcomputer literate and teaching experience preferred. **Starting Date:** August 19, 1997. Salary commensurate with education and experience. All position are open until filled, but to ensure full consideration, application materials must be returned by July 15, 1997. **Contact:** David L. Heatherly, Vice President for Instruction & Student Services, Coastal Carolina Community College, 444 Western Blvd., Jacksonville, NC 28546-6899. Phone: 910-938-6222. EOE. 7/11

Nursing Assistant Instructor (Part-Time - 15 Hrs. per week) **Responsibilities:** Organize, plan, and supervise clinical laboratory experiences for Nursing Assistants I & II. **Qualifications:** Must hold an unencumbered active RN license in NC. Must have minimum two years work experience as an RN, one year of work experience in providing care for the elderly or chronically ill of any age, and completed a course of have experience in teaching adults or supervising nurse aids. Position runs Fall Semester 8/21/97 through 12/17/97. **Contact:** David L. Heatherly, Vice President for Instruction & Student Services, CCC, 444 Western Blvd., Jacksonville, NC 28546. EOE. 7/11

4 Entertainment

Tried The New
NORTHWOODS TAVERN & RESTAURANT?
Daily Drink Specials
Hours: Open 11am-until
• DJ Karaoke
Wed., Fri., Sat. 9pm-2am
Prime Ribs Steak Sandwich Special
Lunch & Dinner
Kitchen Manager: Angelo Campano
Available for Promotion, Wet Downs & Office Parties
(D.J. Available)
\$5
347-6613
Northwoods Shopping Center
(Next to Piggly Wiggly) All ABC Permits

38 Disability

ACCIDENTS HAPPEN!

Automobile Accidents & Personal Injury
Social Security Disability & SSI
Bankruptcy
FREE CONSULTATION
David L. Best
Attorney at Law
410 New Bridge St. Suite 3-B **346-1103**

40 Employment

GREAT PART-TIME JOB!
Telemarketing Concepts
A professional computerized telemarketing center.
Start at \$5.50/hr plus bonuses. We train.
Mornings, afternoons, and evenings
938-2037

Nurse Assistant. Interested in the medical field? Learn to provide basic nursing care by becoming a nurse assistant in just 16 weeks at Coastal Carolina Community College. Now accepting applications for Fall Semester through July 18. Call Ron Hardison, (910) 938-6115 and be on your way to a rewarding career in health care, today! 7/11

Part-time sales person - Great opportunity for someone in service as a sales person, guaranteed hourly salary, plus commission. Applications taken daily. Furniture House, Lejeune Blvd. 353-5105. 7/11

Bartending University
Bartending/Mixology Certification
Day, Night, & Saturday Classes
Local & National Job Placement
1110 Gum Branch Rd. • Jacksonville
347-5006 or 1-800-282-2MIX

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"Employing Onslow County since 1985"
IMMEDIATE OPENINGS
• Secretaries • Telemarketers
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NO FEES CHARGED
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Position yourself for the future
Exp./no Exp., we will train you to interview the top professionals in the world. Bilingual not necessary but a plus.
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Call Gilliland Publishing, Inc. 435-6446 ask for Stan Walker.

41 Education

AVIATION OPPORTUNITY - Quality for a career. We offer FAA Approved Courses. Ask about our Flight Specials. Ellis Airport, Jacksonville. TARHEEL AVIATION 324-2500. TFN

65 Auctions

MAYSVILLE AUTO AUCTION
Hwy 17 North, Maysville, NC 28555
1-800-515-9876
★ Dealer & Public Sales ★
Every Thursday & Saturday at 7 pm

55 Formal Wear

Black prom or evening gown size 6, \$200 with accessories. Call 324-5249 ask for Amber TFN

75 Garage/Yard Sales

3 Family Moving Sale! 1222-1226 Summer St. MCAS July 5, 8AM - 12PM. Come and check us out! 7/4

147 Cash & Carry

TAYLOR'S IGA
SPECIALIZING IN WHOLESALE
• Party supplies • Bulk Foods
• Janitorial supplies • Bulk Paper Products
• Concession Sales
Hwy 258 Piney Green
455-7800 353-0387

150 Financial Services

John Hancock
Insurance for the Unexpected
Investment for the opportunities
Richard D. Baldwin LUTCF
Northwoods Professional Plaza Suite 2
455-2511

152 Professional Services

COMPLIMENTARY FACIAL
Personalized skin care program customized for you skin type. Dermatologist-tested. Call today for a free consultation. Kimberly Hays, Independent Mary Kay Beauty Consultant, 347-0715 TFN

Topsoil, sand, gravel, bush hogging and other light tractor work. Call David Shepard 910-347-5231 TFN

187 Military

MEDAL AND RIBBON SETS expertly mounted for uniform wear. We stock all Medals (regulation, anodized, miniatures) Ribbons, Devices, Mounts. 455-1982. TFN

FRAMED MILITARY MEDAL DISPLAYS professionally done for Retirements, Gifts, Special Occasions. We can supply all Wars, All Branches, Medals, Emblems, Badges, Engravings, Framing. Makes a great gift! 455-1982. TFN

235 Roommate Wanted

SWF has new teaching job. Relocating to Atlantic Beach / Morehead City area. Wants to share home - must accept 2 small pets. May reverse charges. 540-552-8913. 7/4

Shop the
Classifieds

65 Auctions

MAYSVILLE AUTO AUCTION
Hwy 17 North, Maysville, NC 28555
1-800-515-9876
★ Dealer & Public Sales ★
Every Thursday & Saturday at 7 pm

242 Manufactured Homes for Rent or Sale

14X70 Mobile Home for sale, 2 bedrooms, 2 baths, dishwasher, range, refrigerator, living room and dining room furniture, 10X14 shed \$14,000.00. 346-4847. 7/18

270 Resort Property

Emerald Isle 4 bedroom, 4 bath. Contact Carole Lake at Bluewater Realty 1-888-258-9287 or 919-354-2323. 7/25

305 Appliances

Appliance Sale - Matching Washer and dryer sets with warranty 300.00. Appliance Service Center. 353-8668. TFN

We Buy & Sell Air Conditioners, Washers, Dryers, Refrigerators, Dishwashers & Ranges. Appliance Service Center. 353-8668. 2011 Lejeune Blvd. TFN

Cash Paid For:
• Living Room Furniture • Chest of Drawers
• Kitchen Tables • Dressers/with Mirrors
• Bedroom Sets • Any Good Used Furniture
743-0088

310 Furniture & Household Goods

CASH PAID for Dressers, Chest of Drawers, Living Room Furniture, Kitchen Tables, Chairs, Bunkbeds, Bedroom Sets, & Antiques 743-0088. TFN

320 Computer

FOR SALE: Reconditioned multi media computers. \$200 - \$600. Delivered & setup. Call 8 AM - 5 PM for information, 455-5701. TFN

374 Lawn Service

Lawn Mower Repair, PCA, Mower Service. Parts, Sales, Service. 107 Bridget Lane. Want good service, Call 910-938-7534. TFN

401 Automobiles for Sale

1988 Jeep Grand Wagoneer, Autumn Gold, excellent condition, \$7100. 353-1685, after 5 & weekends 346-3863. 7/4

1993 Honda Shadow VT1100, blue, garage kept, excellent condition and immaculate. Serious inquiries only. 910-355-0433. 7/11

1994 GEO Tracker, 5 spd, 4x4, 38,000 miles, canvas top and hard top. Excellent condition. One owner. Asking 7,000. Call 577-0380 after 5PM. 7/11

1987 Nissan 300ZX, T-Top, AC, Auto transmission, red, Like new, excellent condition. 910-347-2004. TFN

1985 Oldsmobile Delta-88, 4 door, white, good condition \$2595.00 OBO. Call 324-5294. TFN

401 Automobiles for Sale

1989 Fox exc side and out. 938-6974.

445 Boats

27' Concord 350, low hour, dive, cruise - \$9900.00

455 RV's

For Sale, StarCraft, position, new tire sleeps 6. 455-

For Sale, 1993 travel trailer, size contained, A/C, crowave, stereo 6PM.

465 Motorcycles

I BUY MOTORCYCLES. makes. Call 910-

For sale: 1981 white with fat pipes, very clean. Asking \$7,000. 346-4477 after 5 sage.

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Work



Call
938-7
for more info

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 Happy 4th of July
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 Jacksonville, NC 28540

A FREEDOM
 NEWSPAPER



GLOBE TRADER AD

AUTOMOBILES

'85 Ford escort, many new parts, \$1,000.00. Call 355-0105.

'94 Ford Ranger Splash pickup truck, AC, am/fm cass., sports wheels, 5spd, 28K miles \$8,499.00. Call 285-6751.

'90 Volkswagen Fox, 4spd, 4dr, am/fm cass., AC, silver, \$2,400.00, obo. Call 353-3025.

'85 Mercury Marquis, automatic, 4dr, \$1,495.00. Call 324-1353.

'55 Ford, 4dr, \$450.00. Call 324-1353.

'86 Chevy Celebrity, 52,500 miles, black, 4dr, CC, AC, am/fm, new tires w/warranty, \$3,500.00 Call 353-8332

'94 Nissan Maxima GXE grey on grey PS, PB, PL, PW w/portable CD player, 81K miles, \$10,000. Call 327-2834.

'84 Mustang SVO, needs work, \$600. Call 354-3071.

'92 Nissan 240 SX/SE fastback, orchard red, PW, PL, 5spd, sunroof, 68K miles, \$8,300.00 call 934-1846.

'92 Geo Prism PS, AC, am/fm cass., \$5,500.00. Call 938-2861.

'96 Gold Nissan Pathfinder, loaded, power roof, all-power, am/fm cass., 10 disc/CD changer, \$23,000.00. Call 577-8135

'88 Honda Accord LXI, V-4, 2dr hatchback, PS, PB, PW, AC, am/fm cass., CC, tilt steering, \$4,800.00. Call 346-5076.

'94 Nissan Altima GXE, green, 58K miles, power sunroof, all-power, \$10,500.00. Call 577-8135.

'78 Toyota pick-up, long bed, am/fm cass., \$850.00, obo. Call 355-2210.

'90 VW Corrado, green w/ 5-star rims, PS, PB, PW, AC, cruise control, moon roof, looks great, interior clean. Call 453-3128 ask for Jen.

'97 Camaro, brand new, 8k miles, dual exhaust, 5 speed, black, alloy rims, \$16,500 obo. Call 347-9921.

'91 Geo Tracker LSI 4X4, AT, AC, black, am/fm cass., bra, clean, second owner, \$6,000. 347-9342.

'91 Buick Skylark, maroon, grey interior, 4-door, new tired, all power, 97k miles, \$4,500, great condition. Call 577-0443.

'83 S-10 Blazer 4X4, 5 speed, V-6, no body rust, dependable work and recreation vehicle, 118k miles, \$1,800. Call 577-6814.

'78 Plymouth Arrow, new clutch and rear brakes, \$500. Call 577-8665 after 6 p.m.

'92 Ford F150 XLT, 75k miles, new tires, good cond., \$9,000. Call 326-5856.

'95 Pontiac Formula, black, 5.7L 350, 20k miles, AT, alloy wheels, ex. cond., need to sell, \$17,000. 453-0615.

'92 Chevy Cavalier, white AB, AM/FM cass, 60k, \$5,500, call 453-8114.

'94 Ranger XLT 4X4 x-cab, 5 speed, low miles, must sell, \$11,900 obo. 346-4399.

'94 Ford Ranger XLT, 5 speed, AC, power everything, cruise control, 72k miles, \$7,500 obo. 453-2461 ask for Mike.

'94 Ford Ranger, AT, long bed, dark blue, 77k miles, \$8,000 obo. Call 353-8017.

'90 Chrysler convertible, great fun, 6 cyl., AT, PW, PL, AC, new tires and battery, good body cond., \$5,000. Call 353-5594.

'96 Chevrolet Camaro, 6 cyl., AT, AC, silver w/ racing stripe, 75k mile warranty, asking \$15,000 obo. Call 353-5594.

'87 Audi Quattro 5000CS Turbo, 130k miles, power seats, windows, mirrors, sunroof, leather, AC, \$4,800. Call Julie, 346-0957, 347-3083.

'86 Ford Mustang LX, 6 cyl., AC, PW, runs, needs trans. work, \$700 obo. Call Ted, 451-1970, room C105.

'89 Toyota Tercel, 2 dr., AT, AC, clean, 102k miles, \$2,200. Call 327-0755.

MOTORCYCLES

'93 Honda CBR 600 F2, 9k miles, new tires, tune-up, runs excellent, first \$3,945 takes it. Call Adam, 353-5683.

'93 Katana, red, minor body damage, Vance & Hines exhaust, helmet, cover, \$3,000 obo. Call 453-3310 any time.

'96 Suzuki Katana 600, 3k miles, helmet, tank bag, bra, has had break-in maint., \$5,700. 938-7243.

'94 Honda CBR 600 F2, white/black/red, D&D pipe, helmet, many extras, \$5,000 obo. Call 453-6479.

'91 Kawasaki KE100, on/off road, \$550. Call 326-7807 after 5 p.m.

'79 Honda CB400 Twinstars (2), 1 runs, 1 for parts, great project, \$225 obo. Call 355-2676.

'95 Yamaha YZF, two helmets, cover included, \$4,300. Call 938-0879.

'94 Kawasaki Vulcan 750cc, w/28 original miles on it., teal green/black, new helmet and bike cover. Call 455-1368.

'95 Katana 600 Black/purple 3,800 miles, w/ helmet and cover, \$3,800. Call 453-4285.

BOATS & RECREATION

'93 17ft. boat, 75hp Suzuki engine, w/trailer, 70 hours on motor, \$5,200.00 obo. Call 577-7075.

17X48 4ft. pool tarp ladder, vacuum complete pump set up now 7,500 gallon capacity, \$200.00 obo, call 347-6010.

Golf Clubs, Irons #1 thru PW, graphite shafts, \$80. Call 455-0363

E-force exercise rider, \$75.00. Call 355-2473.

Browning Bar Mark II safari 270 semi-auto hunting rifle, w/ammo and sling, \$550.00. Call 353-0906.

54 in, trek road bicycle w/Shimano components \$550.00; 53 inch, Raleigh road bicycle frame \$200.00. Call 347-9167.

Power Rider w/tape video \$125.00. Call 455-1368.

27ft Bayliner Ciera penta/ volvo 260, trailer w/new ramini top, sleeps five, low hours \$18,000.00. Call 577-0197.

7ft, 4in, sharpe surfboard: epoxy no dings, \$225.00 w/board bag. Call 353-0287.

Treadmill, rowing machine, stationary bicycle and timer \$100.00. Call 326-3674.

1877 Colt revolver \$1,000.00; Nordic track walk fit, \$400.00; two fiber glass bucket seats, both for \$60.00. Call 326-5855.

Folding fishing chair w/gibble, special cover, \$85; 7-foot Boatmaster graphite rod, Penn Senator reel, \$65; 2 new 6-foot Long Beach rods, 67 Penn reels, \$55 each. Call 346-4091.

19.9-foot 1994 Honda fiberglass boat, trailer, Honda 4-stroke OB, all electric, used only 3 times, must sell, \$6,000 neg. Call 327-9311 evenings.

12-foot Mercury Minnow Boat, trailer, 2.2 OB, 36-pound thrust trolling motor, battery, swivel back seats, accessories, \$1,000 obo. Call 346-1151.

17.5-foot Manatee, Tri-hull, 70 HP Johnson OB, (3) 6 gallon fuel tanks, bilge pump, walk-thru windshield, 4 life jackets, excellent trailer, Asking \$2,500 OBO, call 577-1105

21-foot Crownline Cuddy cabin cruiser/ ski boat, Volvo Penta Duo prop 210hp, \$15,500. Call 353-3773.

Century deluxe stroller like new \$45, Jinny Lind white changing table \$25, Fisher Price chair \$25, baby trend Front and back pack combination like new \$25, solid wood oak crib \$45. Call 577-4063.

For sale: 4 carpets, fit upstairs PP 2 story, 12x24 burgundy, 7x10 light grey, 8x10 eggplant, 10x12 celery; moped, \$100; 6-drawer Young Hinkle dresser, \$125; loft bed, \$75. Call 353-3773.

D.P. weight bench and leg extension \$30.00. Call 326-6604.

Upholstered platform rocker \$30.00; Single bulb fluorescent 48 inch light fixture \$10.00; Sears rowing exerciser, \$50.00; Girls 16 inch bicycle \$15.00. Call 353-3966.

Truck cap for full size short bed truck, \$150.00; Running boards for short bed truck, \$25.00.; Oak 10 gun cabinet, \$400.00; 10x10x6 dog kennel, \$200.00. Call 938-0936.

KME custom rims front wheel drive, 15x7, \$800.00. Call 455-1368.

Pansy ellen musical mobile \$20.00; alon juice extractor \$15.00; Micro cookbook software V.4.0, 2 marroes 17x40 and 36x50, little tykes high chair \$20.00; officers evening dress 41"chest, 34" waist. Call 353-1664.

Bose 901 series IV with EQ and stands, \$900.00 obo. Call 455-1368.

New cammies lg/reg., blues 44 or 46 reg., all sorts of uniforms gabardines and lots of accessories. Call 455-1368.

HR-15, 16-inch barrel, post ban, in-

cludes case, 2 mags, 20 rnds. \$1,200 obo. Call 577-3874.

Uniforms, company grade officer service A; rocking chair, \$20; TV stand, \$10; twin bed; night-time infant feeder, \$15; Little Tykes Cozy Coupe and gas pump \$30. 347-3835.

Hoover vacuum and attachments, \$50; Bissel steam cleaner, \$50, never used; AT&T cordless speaker phone, \$50. Call 577-0416, leave message.

Graco portable playpen and stroller, Eureka vacuum cleaner, all good condition, \$10 each. Call 577-5660 anytime.

King bed w/sheets, spread, \$75; old cigarette aircraft cards; smoker/cooker, \$15; glass insulators; Tiffany desk set; movie posters. Call 347-3874.

10-foot church pew, \$100; old oak mantel, \$150. Call 346-4091.

CVA St. Louis Hawken .50 cal. black powder rifle, has ramrod and sling mounts, brass highlights, \$100. 577-6814.

5x8 hunter green rug, \$75; tan recliner, new, \$100; sectional sofa, pillow back, must see, 2 years old, \$400. Leave message, 577-0416.

6-drawer Wal-Mart-style dresser, \$30; Weber charcoal grill, \$30; Sears car-top carrier, \$25; plastic dog house, \$20. Call 346-0905.

Whirlpool upright freezer, \$200; espresso machine, \$20; Gerry walk-thru gate, \$20; Eureka Bravo upright vacuum cleaner, \$40; Panasonic microwave, \$125; carpeting, much more. Call 577-3362.

King-size pillow-top soft-sided waterbed, mattress, foundation by Watercloud, semi-waveless, frame, ex. cond., \$275 obo; 4 blue Veracle blinds, new in box, 42x45, Sears brand, \$30 each, all for \$100 obo. Call 346-6766.

Sleeper sofa, \$100; Play Station, 8 games, \$250; 19-inch Samsung TV, \$70; Evenflo infant carrier car seat w/base, \$30; Fisher Price baby swing, \$15. Call 353-1660, leave message.

Uniforms: field grade officer dress blues, dress whites, evening, service A, shoes, covers, access. Call 346-2462.

350 Turbo 4-bolt main transmissions (2), 1 rebuilt with shift kit under 800 miles, \$200; 1 extra for parts, complete, \$50. Call 3553-4558.

DSS installation kits (2), new in box \$45 each; paint system, \$30. Call 346-5518 anytime.

Beatles: Cavern Club era ex-drummer Pete Best autographed picture with band, mint cond., \$150; original photo, 1963 with photographer autograph, \$60. Call 938-6975.

Chinese Kung Fu movies, Jet Lee, Jackie Chan, \$15 each. Call 453-6479.

Mess dress uniform, 38R blouse, 32 trousers, \$120 obo. 937-5230.

Assault rifle: L1A1 Sportster, 4X infantry scope, 3 magazines in case, pistol grip, \$1,000. Call evenings 938-3888.

Whirlpool air conditioner, 24,000 BTU, Whirlpool dryer, gas stove, GE washer, Gibson refrigerator, USMC uniforms, Browning 30-06 rifle. Call 324-4190.

FURNITURE

Couch, brown, good condition, \$65.00. Call 353-0733.

Dresser, 6ft, 9 drawer w/mirror, \$65.00 OBO. Call 577-5240.

Wooden rocking chair w/pad \$75.00. Call 347-6010.

Chairs w/arm \$12.00 each. Call 455-3798.

Green sofa sleeper, ex. cond., \$200 obo. Call 577-4346.

Girl's twin bed, hood, footboard, headboard with sunflowers, mattress, box springs, \$65; boy's twin bed, blue metal headboard, mattress, box spring, sheets, \$50. Call 577-6918.

Full/queen oak color mirrored headboard w/shelf, ex. cond., \$25; large in/outdoor cage, \$10. Call 353-9162.

7-piece living room set, \$600 obo, 1 couch, 1 chair, 2 lamps, 2 end tables, 1 coffee table. 353-0819.

Pine kitchen table, 5 chairs, \$80 obo. Call 353-5481 evenings.

King-size waterbed, frame, headboard, footboard, liner, heater, fill/drain kit, mattress, \$200. Call 346-8049 after 5 p.m.

Chest of drawers, night stand, \$50 both. Call 355-0838.

Boy's bedroom suit, twin bed, mattress, box springs, slate-top desk, book shelf, slate-top dresser, large mirror, solid oak, \$400. 355-9266.

King-size waterbed, heater, mattress, bookcase headboard, mirror, 12-dresser drawers to fit under bed, ex. cond., \$450. Call 353-4558, must see.

Antique dining room chairs, incl. host's chair, \$300; twin night stand, phone stand, \$40. 347-2815.

White metal bunk beds, good cond., \$125. Call 324-1271.

Beautiful king-size waterbed, ornamental headboard, heater, \$300 obo. Call 353-5284.

APPL. & ELECTRONICS

18-cu foot General Electric fridge, good cond. \$125. Call 326-5327 before 9p.m.

Apple II GS computer, monitor, 3.5 and 5.25 disk drives, Imagewriter printer, \$300 obo. Call 455-0447.

Packard Bell 486 computer, 4Mb RAM, 14.4 modem, CD ROM, monitor, 3.5 disk drive, \$500 obo. Call 455-0447.

JVC 20-inch TV w/ remote, \$250 obo. 353-5481 evenings.

Zenith 386SX120, 8MB RAM, 40M HDD, 14-inch flat screen monitor, Epson LQ510 24pin, mouse, more, \$500 obo. 455-4719.

JVC car CD receiver, flip face, detachable, voice support system, remote wireless, 160 watts, warranty, \$350. Call 453-9833.

486DX266, 16MB RAM, fax modem, CD ROM, speakers, joystick, SVGA, Windows, E-mail, Microsoft Professional Office installed, \$800 obo. Please call 938-7377.

Air conditioners: 11,000 BTU, like new, \$200 firm; 5,000 BTU, used one summer, \$150 firm. Call Lonnie Smith, 326-3674.

Bose AM-5 home theatre speaker system w/floor stands and wall mount \$500.00. Call 355-0105

Frigidare upright refrigerator \$150.00. Call 347-6010

Craftsman bench top drill press, 3spd, \$80.00. Call 455-0363.

Hot point electric dryer \$75.00; Tyke taxi two seater tricycle, \$20.00;

Tandy 1100 FD laptop computer \$50.00. Call 455-4129.

GE dryer 2 cycle, 3 temp, \$100.00. Call 355-2473

Printer Okidata 321 microline 9-pin dot matrix \$40.00. Call 577-4011.

Refrigerator 12.6 cube, \$285.00; lawnmower, self propelled w/bagger (Sears) \$90.00.; snare drum w/ silencer and music stands \$85.00; Flute needs cork fitting \$75.00. Call 455-3665.

Dryer GE, extra large capacity avacado \$135.00; 486/33 Computer, SVGA, mouse, KB, \$500.00. Call 355-2466.

AST computer, 486SX25, 1.5 GB HD, 28.8 fax/modem., 8MB RAM, WIN/95 keyboard, VGA monitor, CD-ROM and sound card. \$450.00. Call 355-2210.

Computer desk \$45.00; 386 computer w/color monitor, 4MB RAM, 80MB HD, windows 3.1, some software., \$350.00. Call 455-3798.

Home stereo, 5 disk player, dual cassette, am/fm tuner and speakers \$500.00. Call 633-6983.

Refrigerator black two doors 6ft., ice maker, Kenmore lightweight, 2 years old, \$600.00. Call 353-4783.

PETS

FREE: AKC registered German shepherd, 12 months old, w/large doghouse, owner moving. Call 577-3258 anytime, day or night.

6-week-old Siamese kittens, litter trained. Call 353-7262 after 4:30 p.m.

2 adult ferrets, w/accessories, \$300, will not separate. 353-0819.

Quarter horse/paint colt, 11 months old, Sorrell, two stockings, two socks, blaze, flaxen mane and tail, \$800. 347-5353.

Australian shepherd, 1 year old, blue merle female, great temperament, large kennel, 2 bowls, toys included, \$150. 577-6814.

Iguana, 2 years old, cage, \$150; very friendly, tame ferret, cage, play items, \$100. 577-1343.

For sale: pair of love birds, 1 yellow, 1 green, everything included, \$50; free cat, spayed female, front declawed, orange/white. Call 324-1271.

Free to good home: Boxer dogs, 1

year old, 1 male, love yard. Call 347-7488.

Free to good yard: Bear, chocolate lab 7488.

Pit bull, full-bl 577-0192, lea

AKC Yorky p \$500.00. Fer

REA

'97 Oakwood 3BR, 2BA, fir

For Sale: Bryn garage, fence

now, drive by 3 Call (619) 752

For rent: Sing 2.5BA, pool a

leges, Sneads 12ft x 65ft tr

shower, and p Call 355-2627

New Fox Trac ceiling fans, 2 ing room, w/

tached garage years old. \$67 welcome, read

2511.

For Rent: 3br cul-de-sac in Fenced back y

11., \$800.00 p For Sale: 2bdr all appliances

want \$51,000.

WANTED,

Officer wanted 1/2 bth, house

cated, loft, skyl

LOST: Men's B Credit Union t

turn. 577-1343

Seeking a Cin dress, white, si

price. Please c

YARI

July 5, 8 a.m.

Place, Branch

Lion on Gum E

more. 347-100

TRADERS

HOW TO PLACE YOUR FREE TRADE

- Trader ads are a free service. The Globe reserves the right to edit and/or omit ads that do not follow the guidelines or Globe policy.
- Ad requests received prior to noon Friday SHOULD appear in the following week's paper, unless otherwise specified. In such a case, the ad will be published in the next issue. Late forms and phone requests will not be published.
- A separate request form must be submitted each week you wish the ad to run. Forms must be submitted COMPLETELY. That includes full name of sponsor, his/her rank and unit, home address and home phone numbers. Incomplete forms will NOT be published. Military work numbers will not be published unless they include room number.
- Print legibly. If we can't read it, it will NOT be published.
- Individual forms

807 BodySmith Wide Workout Center

803 Lat Attachment Optional

886 Arm Curl Optional

824 Leg Included

849 Low Row Optional

A full-body system providing 21 exercises (38 w/add-ons). Features 4 press positions, quick pon-pin changeovers, sliding bench seat and rugged safety catches for safe solo workouts. Also available in narrow width!

Have A Safe July 4th!

NATURAL HEALTH FOODS CENTER

Mon-Fri 10 am - 6:30 pm
Sat 10 am - 6 pm

New River
SHOPPING CENTER

347-4721

A map showing the location of Sanders Ford. It is situated on the I-95 corridor, north of Jacksonville and south of Morehead City. The map labels several towns: Jacksonville, Sanders Ford, Camp Lejeune Marine Corps Base, Swansboro, Morehead City, Richlands, and Winterville. Major highways shown include I-95, I-17, I-24, and I-28.

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CIRRUS**

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\$1,000
ON**



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ON**

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NEON**



PLYMOUTH BREEZE



MAZDA TRUCK B2300



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