

**Battery** 

Artillerymen fire at Udairi Range, Kuwait.



Commander and Community Lejeune community

questions answered.



European 10K Hundreds get down and dirty during Grand Prix Series.

# GLOBE

ch 21, 1997

Serving expeditionary forces in readiness

Camp Lejeune, N.C.

### Call the Marin

**Operation Silver Wake Evacuation Sequence** 

26th MEU(SOC) receives a Mission Execution Order from the Joint Task Force Commander at 5:10 p.m. on March 13. Four CH-46E Sea Knights and Two AH<sub>7</sub>1W Cobras are launched from USS Nashville at 5:40 p.m.



Helicopters arrive at Embassy Landing Zone at 6:33 p.m. First of 51 American citizens transported via CH-46E Sea Knights to USS Nashville at 6:54 p.m. Last group of Americans arrive on board from embassy at 7:29 p.m.



25 Marines from the MEU's Forward Command Element a security force remained overnight at U.S. Embassy. The MEU(SOC) evacuates 357 Americans the following day in the operation's first full day.



erican citizens are escorted to a CH-46E Sea Knight. The 26th MEU(SOC) began evacuating U.S. citizens from Albania March 13.

### IEO force responds to embassy's call

t. Mark D. Oliva h MEU(SOC) correspondent

TRANA, Albania - The 26th Marine Expeditionary Unit (Special rations Capable) is continuing with Operation Silver Wake, the Nonabatant Evacuation Operation and U.S. Embassy security mission in ına, Albania.

The Marines and Sailors have evacuated 830 people representing 39 onalities from Albania as of March 19. Five hundred sixty of those

his was the sixth day of operations, and embassy officials believe have evacuated most if not all Americans from Albania. With evacun efforts nearly over, Marines are concentrating on augmenting the rity at the U.S. Embassy and its Relindja Ridge housing complex

The Marines ashore are still surrounded by the random gunfire of un-anized rebels protesting the political and economic situation in the ntry. To date, no fire has been intentionally directed at forces ashore have sandbagged and dug into defensive positions at both sites. The MEU(SOC) is maintaining a presence to establish a safe haven for ericans and designated third country nationals threatened by the rebels. This mission is tough in the sense that it requires a large amount of ipline on the part of the Marines," said LtCol. Richard S. Moore, manding officer, Battalion Landing Team 1/8. "There are shots befired overhead and it's a very fluid environment. The Marines are sting well and are keeping the mission exactly to our Standard Operg Procedures.

Everybody knows what they need to do," he added. "The mission nds easy, but it isn't. Our Marines only make it look that way.

At the Evacuation Control Center in the housing area, a reduced force of Marines are still screening evacuees as they board Marine helicopters for the flight to USS Nassau. The variety of people they are processing requires them to work through language barriers

"The ECC Marines are working very hard," Moore said of the MEU Service Support Group 26 Marines. "There are images in my mind of them guiding old ladies and young children to the helicopters. They embody the helping hand of the Marine Corps.

The Marines are finding a great deal of satisfaction in their mission, and the smiles and relief on the faces of the evacuees show their appreciation for the forward-deployed MEU.

"This makes you feel great," said LCpl. Nathaneal Hart, Landing Force

Shore Party Platoon, MSSG-26. "We hear a lot of thanks from the people. Many of them came in looking worried, but were relieved we're here. It's a good feeling knowing that we're able to be here when they needed This operation is a testament to the capabilities of 26th MEU (SOC).

execute and in 30 minutes rines into an area filled with hostilities to rescue people standing in harm's

This is a time when Americans, especially the families of these Marines, should be proud, Moore explained.

"This is what we train to do, and the Marines did it by the book," he said. "The fact is we are executing this mission, enjoying extremely successful results, and will be bringing everyone back home. All this makes me very proud of the Marines out here.

As Silver Wake continues, the MEU has started a rotation of forces into the country to relieve the initial evacuation force. The original security force, comprised largely of Bravo Company, BLT 1/8, is being replaced with Marines from Alpha Company.

See evacuation story and photos/4&5A

### Os battle pressures of command during mock exercise

hris Irvine

s enemy troops quickly advanced, spraying sporadic automatic rifle fire at his troops, Sgt. Paul McEwan, a towed artilirman, 2d Maintenance Battalion, found f in the kind of jam that most enlisted Marines m about. Only this seemed more like a night-His troops were using up ammunition at a ning rate and green smoke was everywhere; McEwan couldn't see a thing. The captain bars that the commanding officer had given him at the beginning of the day now felt strange on his chest. The responsibility that came with these bars was alien.

McEwan had seen many exercises before but he had never been given so much responsibility. Dealing with the challenges of command was not the only problem McEwan had and just trying to figure out

what was happening was hard enough.

The occasional flash of a squad automatic weapon to his left was all that McEwan could see. A dim figure darted ahead of him in the smoke. Yelling could be heard from his right. To add to this confusion, his radio was overwhelmed with voices trying to receive and relay information.

McEwan was leading 96 Marines of 2d Maint. Bn. through a field exercise March 6 at landing zone Pelican. There were no officers or staff NCOs to lead the Marines. Instead, all of the leadership positions were completely filled by NCOs.

While McEwan did not have any experience at -See NCOs 12A

## MCI changing to meet needs of new century

Sgt. Kurt Sutton

WASHINGTON — The Marine Corps Institute recently unveiled a package of technology upgrades and improvements to its administra-



tive procedures that will help it meet the challenges of the 21st century. The Institute is responsible for writing, updating, administering, and distributing over 160 occupational specialty courses, six professional military education programs, and 12 job aids to more than 200,000 students throughout the

Among the major changes and improvements students will see are

Improved Accessibility: The number of phone lines on the 1-800-MCI-USMC number have been doubled to increase the caller's success of reaching the Institute in one attempt. Direct Mailing: Course materials and completion certificates

will be mailed directly to the students, reducing mailing delays. Unit Diary Feedback Report: Units will be quickly advised of

enrollment requests that failed to be posted through the Unit Diary.

See MCI/11A

### MARINE FAMILY

### Spouse orientation programs improve

Globe staff report

When individuals prepare for an extended journey to a foreign land, there are a number of actions they take prior to departing. Many learn about the culture, geography and customs of their destination, and make sure that their passport is in order and that they have a list of important phone numbers with them.

While it seems ludicrous to take a two-year trip to a foreign land without any preparation, many of our Marine Corps families are doing just

When an individual marries into the Marine Corps, he or she takes a journey of sorts. To the new spouse, Marine Corps life is like a foreign land with its own language, customs and traditions, and retail, health care and legal systems. Even if their husband or wife has joined for only one tour, the journey will still be one of two to three years.

In August 1995, a group of dedicated Marine Corps wives met for one week at Xerox Document University in Leesburg, Va. The group represented a broad range of experience. They looked at all the existing spouse orientation programs in the Marine Corps community, then compared that to the Army's Family Team Building. In comparing the two, they set out to develop a program which would give new spouses the information they will need to make the Marine Corps adventure as trouble-free as possible.

The result of their efforts is the Marine Corps Family Team Building (MCFTB). It is the vehicle that welcomes newly-married spouses into the Marine Corps family and offers experienced spouses an opportunity to enhance their leadership skills.

A preview of MCFTB will be given here by Priscilla Mills and Susan Braaten. Previews will be held at the Tarawa Terrace Chapel April 8 at 9:30 a.m. and 7 p.m., and again April 9 at 9:30 a.m. Everyone is invited to attend. A special preview for commanders and sergeants major will be held at 7 p.m. April 9 at the Staff NCO Club.

For more information call the Base Chaplain's Office at 451-5647/3210.



Chosin Few: The second in the initial efforts to withdraw. SEE STORY 14A

Around the Corps....3A Chaplain ..... 10A Bravo 1/6 ..... 11A Core Values ...... 12A Marine family ..... 13A Tax Q&A ..... 16A European 10K .......1B Basketball.....2B Paintball ..... 1C

Marine Mail ..... 2A Chesty's Top 10 .... 2A

### It was 50 years ago when...

### Pioneer pilot of Corps to retire

WASHINGTON — One of the pioneers of Marine Corps aviation, Lt. Gen. Roy Stanley Geiger,

at Guadalcanal in the early bitter days when the Maempire. His later campaigns follow the pattern of Allied conquest in the Pacific - Bougainville, Guam,

At Okinawa, the silver-thatched Marine general became the second Marine to lead an army when he became the commander of the 10th Army following the death in action of Lt. Gen. Simon

The Globe, Jan 15

### Headquarters authorizes a liberal plan of discharge

Enlisted men of the regular Marine Corps may expiration of their current enlistment; IF their present enlistment began prior to Feb. 1, 1945; OR between that date and August 1945; AND they served overseas, participating in a campaign eligible for a star

Marines eligible under these requirements must apply by letter for discharge, stating that the discharge be made at their own request, for the convenience of the government. Once the transfer for discharge has been made, the request may be withheld by commanding officers in circumstances where the man's services can not be immediately spared. In

### MCI strikes 7,000 from students roll

The Marine Corps departed from its tried formula of disenrolling students who had not submitted a lesson for three months during the war, but it has gotten back on the road. With the termination of hostilities things have changed. Seven thousand students who had not sent in a lesson since September '46 have been taken off

Thousand of reservists have also been dropped for not submitting any lessons since their discharge.
Accordingly, the MCI staff worked overtime during the Christmas holidays weeding out the bad students. The results are now publishable

At the end of the first 10-day period of January, the enrollment is up again to 17,500. New enrollments started off slowly the first few days of January but have averaged more than 115 period for the final three days of the first ten-day period in the month

### Enlisted men's lounge to have big opening at 8 p.m. Saturday

At 8 p.m. March 1, the doors will officially open at the Enlisted Men's Lounge in Bldg. 62. Dancing with music furnished by a smooth band, will be from 8 p.m. to 11:45 p.m

This lounge is exclusively for the benefit of then of the lower pay grades and has been originated to enable these men to have a place to entertain their families and guests. It is not a stage club

The Staff NCO Club and the Officer's Club provide suitable facilities for the entertainment of guests of men of these particular grades.

With the opening of this latest lounge at Lejeune, tain without encountering the travel and money involved for similar entertainment outside of camp.

Repainted and redecorated, with more furniture added, the lounge promises to be a welcome and attractive addition to the facilities which Lejeune

The Globe Feb. 26

### **PUC** won by Marine Corps 'Black Sheep' Squadron

WASHINGTON — The Presidential Unit Cita-214, for outstanding heroism in action against the

The famed squadron, known as the "Black Sheep Squadron," was commanded by Lt. Col. Gregory P. Boyington, USMC (Retired), top Marine Act, who shot down 28 Japanese planes during World War II.

The citation was awarded specifically for action by VMF 214 at Guadalcanal, April 7, 1943; Munda, July 17 to Aug. 30, 1943; Northern Solomons, Sept. 16 to Oct. 19, 1943; and Vella Lavella and Torokina, Dec. 17

The Globe, Feb. 26

### What's News



Test your Marine Corps knowledge! Every week The Globe will run 10 questions guaranteed to stump the smartest Devil Dog. Give it a try, it's good PT for the brain!

- 1) Who was the first Sergeant Major of the Marine Corps?
- 2) Who led two Marine companies to victory at Cuzco, Cuba?
- What medal in Marine Corps history is second only to the Medal of Honor in order of precedence?
- 4) How successful were Marine aviators in WWI?
- Who said "The raising of that flag means a Marine Corps for the next 500
- 6) Who presented Lt. Presley O'Bannon the Mameluke Sword?
- 7) What was the first movie about a Marine or the Marine Corps?
- When did the Marines adopt the Thompson machinegun?
- What unit was deployed in Beirut at the time of the terrorist bombing which killed 241 Marines and Sailors?
- 10) True or False: 1st Marine Aircraft Wing based at Guadalcanal sank or wrecked 10 ships, damaged seven more and claimed 203 aerial victories between Aug. 7 and Nov. 15, 1942.

1) SgiMaj Wiber Bestwick (1957-1959) 2) Capt. George E, Elliou (facer the 10th Commandan), 3) The Brever Commission Medal (only 19 Murines received in) —4) They elaimed 12 viciones over enemy planes and dropped \$2,000 pounds of bomins in 57 raids, 5) Secretary of the viciones over remmy planes and dropped \$2,000 pounds of bomins in 57 raids, 5) Secretary of the basha of Tripoli 7) "The Star Springled Banner," which started bank Kelly and was released by the Edison Studio in 1916 8) In Vicaragua, 1928, 8) The 24th Marine Amphibious Unit (later redessignated the 24th Marine Expeditionary Unit) 10) Failse, 1st NAW's success was actually double in that time period — 20 ships or wrecked, 14 damaged and 407 acrial victories.

### Commandant's Reading List



### The Rise and Fall of the Great Powers

by Paul Kennedy (Random House Books, N.Y., N.Y. 1987)

Why is it that throughout history some nations gain power while others lose it? This question is of historical interest, but also important for understanding today's world as the new century dawns, for just as the great empires of the past flourished and fell, will today's — and tomorrow's — empires rise and fall as well.

In this wide-ranging analysis of global politics over the past five centuries, Yale historian Paul Kennedy focuses on the critical relationship of economic to military power as it affects the rise and fall of empires. Nations project their military power according to their economic resources and in defense of their broad economic interests. But, Kennedy argues, the cost of projecting that military power is more than even the largest economics can afford indefinitely, especially when new technologies and new centers of production shift economic power away from established Great Powers-hence the rise and fall of nations.

Professor Kennedy begins this story around the year 1500, when a combination of economic and military-technological breakthroughs so strengthened the nationstates of Europe that soon they prevailed over the great empires of the East; but European dynastic and religious rivalries, along with new technologies, made it impossible for any single power to dominate the continent. From the campaigns of Emperor Charles V to the struggles against Napoleonic France, victory repeatedly went to the economically strong side, while states that were militarily top heavy usually crashed to eventual defeat. This is a pattern, Professor Kennedy shows, that also applied in the two world wars of the present century, where superior economicand technological resources twice defeated the German war machine.

In what will probably be the most widely discussed part of this book, Professor Kennedy devotes his closing chapters to an analysis of Great Power politics since 1945 through the year 2000. Here, too, his focus is not only on the military abilities and policies of the leading states, but also on those profound shifts in the world's productive balances that — as in the Renaissance — cause certain Great Powers to rise as others fall. Professor Kennedy's discussion of the implications of these changes for the United States, the Soviet Union, the countries of western Europe, nd the emerging Asian powers of China and Japan makes this one of the most important political studies of recent time. Both for the policy maker and the general public, The Rise and Fall of the Great Powers transcend its historical scholarship.

Carolina Marines can now be seen on Time Warner Cable channel 10, Mondays at 7 p.m. It can still be seen every Monday, Wednesday and Friday at 11:30 a.m. and 6 p.m. on the Command Cable Channel.

### MARINE MAIL:

### Corporal asks: Why must direct deposit stop 30 days prior to your EAS date

ceived from Cpl. Marie P. Clemenko, 8th Engineer Support Battalion, 2d

I am the battalion pay clerk for 8th Engineers. I have something that has been questioned time and time again from my Marines. Why is it that a Marine's direct deposit has to stop 30 days prior to your EAS? From my understanding, it costs the Marine Corps serious money to cut hard checks, then there is another problem: these Marines are so used to being on direct deposit that when they pay their bills on payday, they expect the money to be there. When we have to mail the checks out to the Marines, wherever they might be on terminal leave, it takes almost a week for the check to get off of the base. If it only costs the Marine Corps a mere \$.50 to direct deposit a pay check, why can't it still be done when the Marine goes on terminal and is within 30 days of their EAS? The majority of the Marines don't even want to close their accounts out when they get out.

There may be a good reason that the Marine Corps cuts hard checks for Marines getting out, but it seems far more cost effective to me, if the Marine Corps just continued the direct deposit up until the day the Marine gets out.

Cpl. Marie P. Clemenko

The following reply was provided by Lt. Gen. Jeffrey W. Oster, Deputy Chief of Staff for Programs and Resources, HOMC

Cpl. Clemenko,

First, let me thank you for your participation in the Commandant's Marine Mail Program and your suggestion to improve the Direct Deposit Program. Your proposal to change our current procedure of terminating direct deposit for Marines 30 days prior to separation is a good one. Because of you, we are rethinking this policy.

termination procedure, we had a pr lem with the existing technology. continuing direct deposit payme up to a Marine's separation date, had a tough time collecting de owed to the government. The proc was cumbersome and took days execute. If successful, the debt i recouped before the scheduled dir deposit payment reached Marine's bank account, and prior his or her separation. If unsuccess before the Marine was separated, uncollected debt became an "outservice" debt. In an effort to red our growing out-of-service debt, made a number of policy change: compensate for the technology. ( such policy was to terminat Marine's' direct deposit payments days prior to separation. Paying separating Marine by check gave a way to collect a known debt up the day of separation.

Given current advancements the technology associated with dir deposits and fund transfers availa today, however, I agree with ye conclusion that there we can b stay with direct deposit and stem flow of our out-of-service debt. cordingly, I have asked my staff establish a plan to fix this issue.

I applaud your efforts to prov your Marines the highest quality commer service. Again my thanks your Marine Mail.

Lt. Gen. J.W. Os

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## Women's History Month



One of the women Marine aviation mechanics drawing flight pay the Marine Corps Air Station, Cherry Point, N.C. Sgt. Anne M. Surov is shown working on an engine of a large twin-engine transport pla

The Globe

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### Poolees can now use MWR facilities

MARINE CORPS RECRUITING COM-MAND, Washington - Soon-to-be Marines in the Delayed Entry Program are now allowed to partake in the discounts and opportunities offered by Marine Corps Exchanges and Marine Morale, Welfare and Recreation outlets.

The new policy is expected to have a positive impact on recruiting, since applicants can shop on-base immediately after enlisting. "This will give the applicants in the DEP a chance to see the benefits we can offer them," said CWO2 Frank E. Hogan, exchange officer, Operations Company Headquarters Battalion, Marine Corps Combat. Development Command, Quantico, Va.

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Marine Exchanges and MWR outlets offer military personnel low-priced items and don't charge tax. Poolees can also take advantage of MWR's many facilities, including gyms, recreation equip-ment rentals, and discount ticket booths. Poolees are not allowed to shop at commissaries because they are not MWR facilities

For a poolee to use MWR services, he or she will have to present a copy of their DD Form 4 (Oath of Enlistment and Reenlistment) and a photo ID at the point of sale.

The DD 4 form has no expiration date on it, but a poolee can only be in the DEP for 365 days. Hogan said there was some concern about poolees who drop out of the DEP, but attempt to use the military benefits.

'We decided we'd handle that possible issue on a case-by-case basis," said Hogan.

Identical poneres at the Army, Air Force, and Navy.

Sgt. J.J. Timmins

### **WWII Marine receives** overdue air medals

MARINE CORPS BASE, Camp Pendelton, Calif. - One young man joined the Marine Corps in 1942 after the beginning of World War II. Fifty years later, he is reaping the rewards for his contribution to the war.

Technical Sgt. Dominic Panasiti served with Marine Scout Bombing Squadron 235 as a radioman/gunner in the Pacific Ocean.

He was active during the Solomon Islands and Bismark Archipelago Campaigns.

Once his tour of duty was over, he went back home, got married and began working with the Federal Aviation Administration.

Recently, Panasiti said he began hearing of other veterans receiving awards that they earned but never received. "I wondered why they overlooked me," he said.

He made some inquiries and his flight record was reviewed. The Commandant of the Marine Corps approved six Air Medals for Panasiti.

Dressed in a crisp blue suit and red tie, he received the awards Jan. 17 in a ceremony prepared by Marine Aircraft Group 46, Detachment A.

The Air Medals are an addition to the Good Conduct Medal, China Service Medal, American Campaign Medal, Asiatic-Pacific Campaign Medal with four bronze stars and a Victory Medal for WW II.

Panasiti is currently awaiting an answer on whether or not he rates the Distinguished Flying Cross. The request will be petitioned through Congress and forwarded to the president for approval

LCpl. Rita Hernandez

### 3/11 to reenter deployment rotation

MARINE CORPS AIR GROUND COMBAT CENTER, TWENTYNINE PALMS, Calif. - Marines from 3rd Bn., 11th Marines will be joining the Unit Deployment Program cycle soon as a result of recent decision made at a Marine Corps Pacific Commanders Conference.

"We initiated the proposal," said SgtMaj. B.A. Craig, 3/11 sergeant major. "We suggested the plans to get the batteries deployed. That was our main

Upon deactivation of 2nd Bn., 12th Marines in 1994, 3/11 was removed from the UDP cycle, leaving them the only artillery battalion not supporting any deployment schedule. This resulted in the inefficient use of 3/11's availability to support the Corps in their worldwide deployment commitment.

Other negative aspects that resulted from 3/11's elimination from UDP included first-term Marines lacking in deployment or off-site training, the inability to advance overseas control dates for 3/11 career Marines and an artillery battalion whose experience is limited to only desert-type environments.

Two proposals have been put forth in order-to incorporate 3/11 into the UDP cycle.

The first program would incorporate 3/11 with 1/12and 3/12, which would result in a 3/11 battery deploying to Okinawa, Japan to fulfill the UDP commitment. At the same time, a 1/12 battery would be deployed to the Combat Center to maintain the minimum artillery presence required to support MCAGCC training and school commitments

If the first program is implemented, 3/11 can expect to see changes in August. If the second comes to pass, the artillery unit will be phased into UDP in the

"I think it's awsome," Cpl. Chad M. Hyatt, mainte-nance management for 'I' Btry, "It gives us a great chance to train in a different environment. I spent two years in Okinawa, and then came here to desert environment, it was a total change in training.

Cpl. Michael S. Cross

### Marines save beach while improving their own skills

MARINE CORPS AIR STATION, Beaufort, S.C. — Marine Wing Support Squadron 273 has been conducting earth-moving operations for the past several weeks at nearby Hunting Island State

The "Sweathogs" have been combating the erosion and damage to one of the state's most beautiful beaches. The work is being done both to assist the state of South Carolina and to take advantage of training that will improve the squadron's earth-moving capability.

Eight Marines are participating in the beach refurbishment. Their mission is to build three berms that are 10 feet high, 20 feet wide, and 150 to 400 yards long.

"The work is not so much as to prevent beach erosion, but to stop flooding in the campground, beach and cabin areas," said Maj. Yori Escalante, engineer operations division officer.

According to Ray T. Stevens, superintendent of the state park, the Marines were chosen to do the job for several reasons.

'They're in our area, they have the equipm and they have the ability," Stevens said. "They also have the knowledge to do it."

The Sweathogs did the same type of refurbishing for the state park two years ago, although the

According to Stevens, the project helps the people of South Carolina in more ways that

"We're the only public access in northern Beaufort County," he said. "One thing that's been a great help this time is the amount of trees and debris that we hauled off the beach. This has been a great asset, because it gives people a safe place to swim and lay out.

According to Escalante, the beach erosion project allows the heavy equipment operators to fully use their skills and equipment.

"The amount of material-handling work that the Marines do here in the squadron is enormous, but the amount of actual earth-moving work they get to do is not that plentiful," Escalante said. "Doing a project like this, we get to use a large amount of the heavy equipment that we own, and the Marines out there get a tremendous amount of operator time

According to Escalante the Marines are working ahead of schedule. "They're doing more berm work this time than they did two years ago, and they're doing it at a much quicker rate with better technique

LCpl. Jason S. Fischer



A Marine heavy equipment operator from MWSS-273 uses his D-7G dozer to shape





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The beautiful Lionfish has fins that look like a bird's bey are as sharp as needles and give off a deadly poison

# Marines stand ground amid hostilities, random gunfire

Sgt. Mark D. Oliva

TIRANA, Albania — A detachment of Marines from 26th Marine Expeditionary Unit (Special Operations Capable) has taken up security position within the U.S. Embassy compound here. The Marines are adding a significant presence as a deterrent to violence that might be directed against Americans.

Seventeen Marines from Charlie Company, Battalion Landing Team 1/8 moved into the U.S. Embassy on the afternoon of March 14. The Marines took up defensive positions and planned for the best possible defense, should violence be targeted toward the embassy.

"There isn't any directed threat against Americans or the U.S. Embassy," said 1stLt. Kevin Jarrard, 1st Platoon Commander. "Judging from our first night at the evacuation site and the environment here, our most obvious danger right now comes from stray rounds."

Those stray rounds are from gunmen who tote AK-47s through the streets lighting up the night sky with tracer fire. Automatic weapons fire can be heard form all parts of the city, and explosions are heard at a distance from the U.S. Embassy. Bullets from gunmen shooting into the air fall after they lose velocity. Some nearby shots ricochet off nearby walls.

"Because of the possible threats, we've stepped up our presence here and taken precautions," Jarrard said. "We're constantly wearing helmets and flak jackets. We're also improving and adding to our defensive positions inside the compound.

The U.S. Embassy here is surrounded by a wrought iron fence with four access gates. The road runs within feet of the embassy building and apartment buildings surround the embassy, making high defensive positions difficult to establish.

"Our first priority was to establish a series of hard points within the embassy," Jarrard explained. "These are positions from which we can defend a large area of the embassy from one location. We'll fortify and improve

The Marines also blocked three of the four gates, allowing access through only one controlled point. They established firing positions on flat rooftops, giving cover and concealment from which the Marines can defend the embassy.

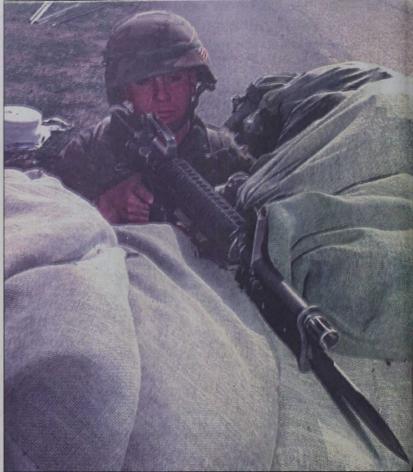
Marines in the U.S. Embassy are taking all precautions against all threats, despite no direct actions being target toward Americans.

"Direct small-arms fire is our primary concern," Jarrard said. "There are a lot of guns running through this city and the firing is almost continuous. We've also seen tanks moving through the city and we're assuming those could be rebel controlled. We're also taking into account the possibility of terrorist activities and have prepared for that."

The best form of defense for the Marines at this point seems to be robust presence. Helicopters fly overhead from the constant shuttling of Americans back and forth from Albania to USS Nassau. Marines are visible behind the sandbagged positions within the fence of the U.S. Embassy and they're making sure Albanians know they are there

"Presence is probably our biggest strategy," said Sgt. Donald Higgins, squad leader. "People know we're here and we want them to know. We've taken away any temptation to fire on an undefended compound."

"The fact is now Marines are in the embassy," Jarrard added. "We are a very strong deterrent against any action against the U.S. here. I am very confident that with the force I have here, we could defend the U.S. Embassy against any threat."



GySat. Tim

g American readies

Cpl. Nathan Church sits with fixed bayonet at the U.S. Embassy housing complex.



igt. Mark D. Oliva

Grateful American citizens buckle into a CH-46E Sea Knight for transport out of Albania to waiting naval ships.



A CH-46E Sea Knight lifts from the 26th MEU(SOC)'s evacuation site en route to USS Nassau.



Sgt. Mark

Hichael Skinton and

During the Noncombatant Evacuation Operation, American evacuees don life preservitheir over-water flight from Tirana, Albania to USS Nassau. Within one hour of landing, the MEU(SOC) had evacuated all 51 individuals from the embassy.



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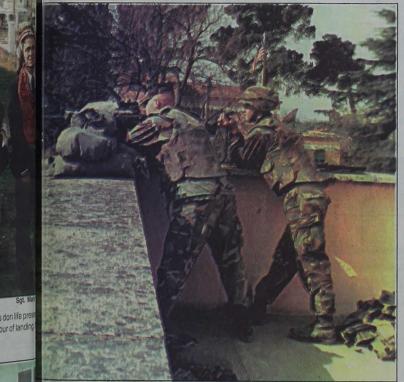
An Evacuation Control Center Marine searches and screens evacuees prior to depart



g American readies himself for the evacuation from Albania.



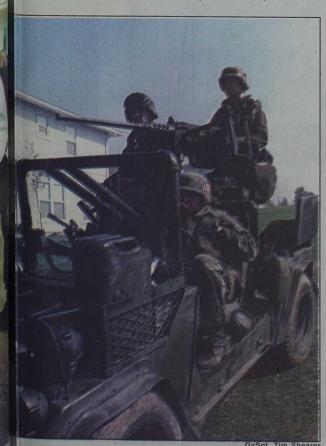
Sgt. Mark D. Oliva Sgt. David Smith, a military policeman, escorts a woman and her child during Operation Silver Wake.



Sgt. Mark D. Oliva Michael Skinton and Christopher Hinebaugh man a rooftop in Tirana, Albania.



The 26th MEU(SOC) evacuated 357 Americans in the first full day of Operation Silver Wake.



Attack Vehicle crew provides heavy weapons support to BLT 1/8.



LCpl. Binh Tran, Bravo Co., BLT 1/8, maintains his watch at the U.S. Embassy housing complex in Tirana, Albania.

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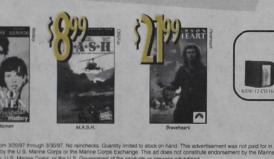








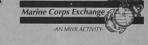




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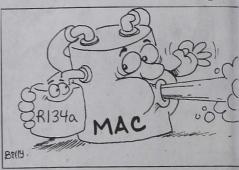






### GREAT MOMENTS IN AUTOMOTIVE H

The Switch to Non-Ozone-Deplet Auto Air-Conditioning



(NAPS)—The next time your mobile air conditioning (Naps)—The next time your mobile air conditioning (Naps) fails to cool, you may need to get a retrofit. This is because current refrigerant, is being phased out because of the does to the earth's ozone layer. When R12 is no longer at vehicle will need to be retrofitted with its ozone-friendly 1

H134a.

This will be possible thanks to lubricants develope Carbide that are compatible with the new refrigerant. TI known as polyalkylene glycol (PAG), already is used in r being marketed for retrofits by Valvoline Car Care Procision of Ashland Inc., under the Pyroli trademark as RL-488. And many of the 140 million cars now using R12 v dates for conversions.

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Some Surprising Shriners (NAPS)—Here are some questions and answers about the Shrine of North America that may surprise many Americans.

Q. What is the total Shrine
Membership in North America?

A. Approximately 660 000

A. Approximately 660,000. Q. What was the first Shrine

Q. What was the first Shrine Temple?
A. Mecca Temple, which was organized in New York City in 1872.
Q. When did the first Shriners Hospital open?
A. It opened in 1922.
Q. Where are the three Shriners Burns Institutes located, and when did they open?
A. Galveston, Texas, in 1966; Cincinnati, Ohio, in 1968; and Boston, Mass., in 1968.
Q. What is the purpose of the Shriners Hospitals For

Q. What is the purpose of the Shriners Hospitals For Crippled Children?
A. Shriners hospitals have a threefold purpose: 1. Treatment—to save children's lives and restore their bodies to the highest level of usefulness; 2. Research—to conduct research into orthopaedic and burn care; and 3. Education—to train physicians and other medical professionals in the care and treatment of orthopaedic disabilities and burn injuries.
Q. How much does it cost for a child to receive care at a Shriners Hospital?
A. Nothing. All care and ser-



Children are a Shriners Hospitals 18th birthday.

vices provided a Hospitals are total charge to the patient and no payments at received from any ins

pany or government s
Q. Where does
come from to ope
Shriners Hospitals
ed Children?

A. Gifts, bequests, the endowment fur fund-raising events a al assessment pai Shriner.

Q. How much of Shriners Hospitale budget is used dipatient care and in the hospitals?

A. 96 percent.

Q. To date how dren have been he 22 Shriners Hospita A. Approximately (

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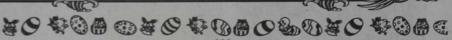


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The United States did not issue any stamps until 1847. The first stamps had portraits of George Washington and Benjamin Franklin, the first postmaster.

Train Travel

(NAPS)—When in not do what the Europes Why not see the sig Most Europeans pref because it's very conv-fortable, and less exp-diving



cars is favored by trailiar with the delights of

According to studie by Rail Europe, Am-favorably impressed by of European trains, clean, punctual and directly from one cit another. Trains save t expense of traveling

airports.

Now there's an eve Drive combines rail (for tances via high speed) rental cars (for redelights of the country five most popular Eurnations: France, Gerr Spain and Switzerlar travellers to arrange their own pace and pro Now that Europe to England by the C

to England by the C nel, you can also tra sively from Paris to only 3 hours and virable cities. Traveling always a more convcost-effective way to more beautiful sights. For more informatravel agent, Rail Eura 4-EURAIL or 1-800-E Information and booki

site at http://www.rai

K. Cox, CNM

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senior high school st be stopped," says a, national president anst Drunk Driving. ng people, parents, community lead-

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K. Cox, CNM

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### newsworthy trends

The GM Card Helps Sell One Million Vehicles

(NAPS)—Since setting industry records with the most successful credit card launch in history just four years ago, GM MasterCard earnings have been redeemed toward the purchase or lease of more than one million new General Motors cars and trucks—a milestone unmatched by any other credit card. Today, approximately ten percent of all General Motors retail sales involve a GM Card earnings sales involve a GM Card earnings redemption. "Although the reward credit

card industry has experienced enormous growth over the past few years, very few programs have yielded the sustained success of The GM Card," said Hank Weed,



More and more people are using an automotive credit card to save money when buying or leasing cars and trucks.

Suites to the designated one-millionth redeemer—a California woman who traded a Nissan 280SX and approximately \$350 in GM Performance Not Promises

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DENNIS KEIFER

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Why shouldn't truth be stranger than fiction? Fiction, after all, has to make sense. -Mark Twain

\*\*\*

God cannot alter the past but historians can.

-Samuel Butler

# HOW TO GET THROI

ENEMY LINES WITHOUT BREAKING A



When you're down and out, something usually turns upand it's usually the noses of your friends.

In times like these, it helps to recall that there have always been times like these.

-Paul Harvey

Life is what happens to us while we are making other plans.

-Thomas La Mance

DON'T BE OVERCHARGED. USE 1 800 CALL ATT.

Anyone who goes to a psychiatrist ought to have his head examined.

That which, perhaps, hears more silly remarks than anything else in the world, is a picture in a museum.

AT&T Your True Choice

ational Poster/Essay opean tra punctual from one Trains say tion to posters and es-an submit entries for at categories — black graphy and public ser-ent videos. The deadannual contest, open rades 1 through 12, is there's an Europe's l combines rai via high sp o Alcohol," and re-'s efforts to involve the battle against unthe contest, contact DD chapter, or call the artment at the MADD at (214) 744-6233.

-Oscar Wilde

-Samuel Goldwyn

### Marines needed for intelligence field

Are you looking for a challenge in the Intelligence field? Are you looking for a unique career and a way of life that challenges the deepest resources of intelligence, self-reliance and respon-

We are looking for a few motivated Marines, who are mature and responsible, to become an Interrogator/Translator specialist (MOS 0251).

To apply, you must be a U.S. citizen, a sergeant with less than two years time-in-grade, (this can be waived for exceptional corporals) be eligible to obtain a top secret security clearance, possess a GT score of 110 and score at least 100 on the Defense Language Aptitude Battery (DLAB) test. Fluency in a foreign language is a plus. Successful applicants must also agree to submit to a polygraph examina-

For more information contact your career planner or call MSgt. Alarcon or GySgt. McPherson at 451-3368 or 451-3659.

### **Enjoy live performances** at Children's Expo '97

Child Development Services sponsors "Children's Expo '97" April 12 from 10 a.m. to 4 p.m. at Marston Pavilion.

Live performances and hands-on activities are planned throughout the day for parents and children alike. It is open to all family members of military and DoD employees

For more information, call 451-2162 or 451-3828.

### Support group helps Marine wives

Are you an active duty mom? Has your husbeing a Marine Corps wife and a mother? Have you lost touch with who you are?

If any of these apply to you, you may be interested in our Mother's Support Group. The purpose

### Briefs

of this group is to build a support system through interaction with other moms. The group will focus on expression of feelings, developing coping skills, and creating an environment for personal growth.

If interested, please contact the New Parent Support Program at 451-5286/2852. Ask about free

### Party with the USO on Easter

The USO Service Wives Support Group will be having an Easter party & Easter egg hunt, March 28, from 10 a.m. to 11:30 a.m. Bring a covered dish of your choice and three plastic eggs with a toy or

Children are welcome under their parent's supervision. For more information, contact Bettina Ward

### Easter party at MCAS, **New River**

The 13th Annual Chamorro Easter party will be held at the MCAS, New River Marina March 30, from 11 a.m. to 6 p.m. All Guamanias and friends are invited. Please call Theresa Sayama at 577-6986 or Nancy Lizama at 347-5106 for more information.

### Nominations for Governor's Awards are being accepted

Nominations are now being accepted for the 1997 Governor's Awards for Outstanding Volunteer Service.

These awards are presented annually to individuband recently deployed? Are you struggling with als, businesses and groups for their outstanding

> Nomination forms are available in Onslow County return the completed forms to: Governor's Awards

Selection Committee of Onslow County, c/o USO, 9 Tallman St., Jacksonville, N.C. 28540-4846 no later than 5 p.m., May 30.

The awards will be presented by Governor and Mrs. Hunt at regional ceremonies to be held in the

### NMCR needs dedicated volunteers

Need a challenge? Navy-Marine Corps Relief Society is looking for dedicated spouses, retirees and active duty as volunteers to work in administration, casework, reception, layettes, bookkeeping, public relations, and loan management. Improve your job skills and make a difference.

Child care and mileage reimbursed. Call 451-5346 for information.

### **Enter the Security Awareness Poster** Contest

All Navy civilian and military personnel are encourage to submit their entries for the Security Awareness Poster Contest, which is sponsored by the Naval Intelligence Security Awareness Committee.

Submission should be 8 x 10", black and white illustrations of the Department of Defense or Department of the Navy security requirements by June 1. Posters should depict positive illustrations from any security discipline. Include your name, command and telephone number with your submission.

The first prize winner will be eligible to attend the next NISAC Security Awareness Educator Seminar with all costs paid by the committee.

Submit original ideas or art work to:

Office of Naval Intelligence SSO Navy Attn: B. Sheckells ONI-522

4251 Suitland Road Washington, D.C. 20395-5720

For more information, contact Susan Jones at (202) 433-8858 or DSN: 288 or fax 8849.

### Human Services

every Wednesday Alcohol misuse affects all family members. AL-ANON meets every Wednesday evening from 8-9 p.m. at Bldg. 326, Camp Lejeune (the Alcohol Treatment Facility). For information, contact Joseph J. Youngblood, (910) 451-5454, ext. 145

**AL-ANON** meets

### GROWTH: In Our **Best Interest**

GROWTH is an educational and support group for spouses who are, or have been, involved in domestic violence relationships.

Sessions are held every Thursday from 10-11:30 a.m. Call 451-2876/2864 for information. Ask to speak with a Victim Advocate. Child care is available with advance notice

### Be ready for the job fair with a preparation workshop

Potential job candidates planning to attend the Camp Lejeune Job Fair, April 3, are encouraged to attend a Job Fair Preparation Workshop to effec-

Sell your goods

at the Neighborhood

**Yard Sale** 

to the Neighborhood Yard Sale, Under a Tent?

Why clutter your own yard when you can come

The Community Recreation Division of Mo-

rale, Welfare and Recreation will hold a vard sale

Saturday from 7 a.m. to 1 p.m. at Seth Williams

Boulevard next to the tennis courts. Bring those

goods you no longer need. Advance reservations must be made by March 21. Tables and chair will

Easter happenings

at Camp Lejeune

Morale, Welfare and Recreation Annual Easter Eggstravaganza to be held March 29, at 11 a.m.

Friday

Hi 72°

Lo 52°

Saturday

Hi 76°

Lo 50°

Children, ages 2-7 are invited to participate in

451-1521/5052 by March 21.

tively prepare for this employment event. A workshop will be held on Mar. 26 from 1-4 p.m. at the FSC, Bldg, 14,

Call 451-3212, ext. 100/101, to register. Child care will be provided by calling 451-2874 in advance.

### Make tracks over to the job fair

A job fair for military personnel and their family members seeking local and nationwide employment will be held April 3 from 9 a.m. to 2 p.m. at Goettge

No reservations needed to attend. It is highly recommended potential job candidates attend a Job Fair Preparation workshop.

For information, call 451-3212, ext. 100/101. Child care will be provided and reservations may be made by calling 451-2874 in advance.

### **Bride's School teaches** what military spouses are entitled to

Bride's School is scheduled, April 8-11 from 8 a.m. to 4:30 p.m. at the FSC, Bldg. 14

Topics to be covered include: medical benefits/ facilities, disbursing, family housing, education, employment, chamber of commerce, MWR and many more. Bride's School includes a full day of touring local military installations and the surrounding community

To register, call 451-5927, ext. 100/101. Child care will be provided by calling 451-2874 in advance.

### AA meetings held

AA meetings are held at the Alcohol Treatment Facility, Bldg. 326, Monday-Friday, 11:45 a.m.-12:30 p.m. You may bring a bag lunch

Point of contact is GySgt. Marchant at 451-1954 ext. 131.

### Communication workshop for couples

The Family Counseling Center holds Couples Communication Workshops every Thursday from 6 p.m. to 8 p.m. in the Family Counseling Center (Bldg. 41) Classroom.

Couples may begin in any week they choose. This educational workshop is for couples to explore issues of trust, self-responsibility, conflict resolution, and respectful communication with each other. To register, call the FCC at 451-2876/ 2864. Child care is available by calling 451-3828.

### **MWR** Events

Several Eggstravaganzas will be held throughout Camp Lejeune Please call 451-3375 for the location nearest you.

Shear Pleasure Beauty Salon located in the Exchange Mall, is offering an Easter special through 31. A permanent and cut is just \$30. Haircuts are \$7 every Monday. Please call 451-2639 for an appointment or drop in at your convenience.

Pick up an Easter bouquet with festive vase for only \$35 from A Floral Affair, also located at the Mall. Purchases are available through

### Register your child with Youth Spring Camp

If your children are searching for interesting activities to make Spring Break more exciting than ever, make sure they attend the 1997 Spring Camp at each.

From March 31 through April 4, Children, ages 6-11, will enjoy a day at the beach, learn about animals, experience a nature walk, study physical fitness, among many other activities.

Register through March 24 the Youth Activities Office in Marston Pavilion, Monday-Friday 9 a.m. to p.m. For more information, call 451-3375.

### Young people from 25 countries to appear in "The Festival"

"The Festival," Up with People, is the newest blockbuster musical production with more than 100 young people from 25 countries performing one show March 29, at 7:30 p.m at the Base Theater.

It is an international festival featuring performers from around the world. This event is open to

Tuesday

Hi 74°

Lo 53°

For more information, call 451-3535.

Monday

Hi 68°

Lo 50°

### be provide free by MWR. For reservations call March 31.

Five-day weather forecast

Sunday

Hi 66°

Lo 46°



Rhonda Askins has been a volunteer teacher and her son, Ryan.

### At the Movies

### March 21-March 2 **Base Theater**

Friday		Ghosts of Mississippi	
	9:30 p.m	Metro	R
Saturday	1 p.m	101 Dalmations	G
	7 p.m	Ghosts of Mississippi	PG13
	9:30 p.m	Metro	R
Sunday	2 p.m	101 Dalmatians	G
	7:30 p.m	Metro	R
Monday	7:30 p.m	Ghosts of Mississippi	PG13
Tuesday	7:30 p.m	Beverly Hills Ninja	PG13
Wednesday	7:30 p.m.	Meet Wally Sparks	R
		The Relic	

### **Midway Park** Closed for renovation

### **New River**

Friday	7 p.m	Meet Wally Sparks	R
	9:30 p.m	The Relic	R
		Meet Wally Sparks	
Saturday	7 p.m	Beverly Hills Ninja	PG13
	9:30 p.m	The Relic	R
Sunday	3:30 p.m	Beverly Hills Ninja	PG13
	6:30 p.m	Meet Wally Sparks	R
Thursday	7 p.m.	Ghosts of Mississippi	PG13



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### FREE THINGS TO SEND FOR

(NAPS)—For a free video explaining how you may be able to qualify for an affordable home loan call Countrywide Funding Corporation at 800/577-3732 between 5 a.m. and 8 p.m. P.T.

For a free booklet, "How To Get Your Kids Excited About Reading" call Sylvania at 1-800-LIGHT-BULB.

For information about a new shower head that won't "spit," call Hansgrohe at (800) 719-1000.

To join the humorous Maalox Moments Club call 1-800-MAALOX-5.

For free brochures, information and referrels to other helpful

referrals to other helpful resources for people with particular dental needs, write National Oral Health Information Clearinghouse, Box NOHIC, Attn: Department PS, 9000 Rockville Pike, Bethesda, MD 20892.

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Sales Associate

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Evenings by Appointment Saturday 10:00-2:00 938-5809

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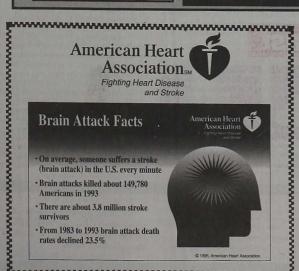
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Jacksonville, NC

353-6090 (CREDIT HOTLINE)







Mon. to Fri. 10 A.M. TO 8 P.M.

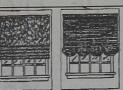
Saturdays 10 A.M. TO 6 P.M.

### HINTS FOR HOMEMAKERS

Shades Made Simple

(NAPS)—Looking to decorate your windows without spending a lot of time and money? Consider a new shade option that doesn't require sewing. With No Sew Window Fashion

kits, all you need to supply is your favorite fabric and a home steam iron to create beautiful shades. The iron-on drapery tapes supplied with the kits will help you make durable, long lasting and washable shades in an afternoon. The kits even include all of the hardware necessary to mount the shades to your window. your window.



You don't need to feel up against the wall when it comes to window treatments: treat yourself to homemade shades that need no sewing.

You can use decorative fabrics quilting materials, sheets, even painted canvas to make Roman shades, balloon shades, valances, tie-backs, dust ruffles and much more. The kits come with easy-tofollow, illustrated instructions. For example, to make a Roman Shade, all you do is:

• Follow the easy directions to determine the amount of fabric needed

• Iron on Hemming tape to

make hems

• Iron on Ring Tape

• Iron on Velcro\* Loop to mount to headrail

• String cords through rings to complete shade

In just an afternoon, your splendid shades are up.

To learn more about this, write to ADJ Designs, 435 Meadow Lane, Carlstadt, NJ 07072; or call 800-624-8746.

## Chapel Schedule

RON	IAN	CAT	HOLIC
Holy	Week	serv	ices:

Holy Thursday, March 27	
St. Francis Xavier Chapel (no daily Mass) MCAS New River Chapel	7 p.m
(Mass followed by Adoration until midnight)	9:30 p.m
Good Friday, March 28	
St. Francis Xavier Chapel (no daily Mass)	5 p.m
Camp Geiger Chapel	3 p.m
MCAS New River Chapel	7 p.m.
Holy Saturday (Easter Vigil), March 29	
St. Francis Xavier Chapel	
(no 5 p.m. Mass or Confessions)	7 p.m.
Camp Geiger Chapel	8:30 p.m.
MCAS New River Chapel	
(Solemn celebration of the Easter Vigil Liturgy)	8:30 p.m.

Easter Sunday,	March 30
St. Francis Xavier	Chapel
Tarawa Terrace Cl	hanel

Camp Geiger Chapel	11 a.m
Courthouse Bay Chapel	9:30 a.m
Naval Hospital Chapel	10 a.m
MCAS New River Chapel	
(Solemn Mass of the Resurrection of the Lord)	9:30 a.m
Brig	8 a.m.

### Lenten Penance Services, March 25

(Main Protestant Chapel unless otherwise noted)	
March 23, Easter Cantata	11:45 a.m
March 28, Good Friday Service	Noor
March 30, Easter Sunrise Service, Base Theater	7a.m
March 30, Sunday Celebration	9 a.m
March 30, Easter Sunday Worship	10:30 a.m

### EASTERN ORTHODOX EASTER SERVICES

EASTERN ORTHODOX EASTER SERVICES
(All services held at Camp Johnson Chapel)
March 22, Great Vespers for 2nd Sunday of Great Lent 6:30 p.m.
March 24, Great Vespers/ Divine Liturgy Feast of the Annunciation
6,20

trial cit 24, Oreat vespers/ Divine Liturgy Feast of th	e Annunciation
	6:30 p.m
March 26. Presanctified Divine Liturgy and Ac	dult Education
Class	6:30 p.m.
March 29, Memorial Divine Liturgy	9:30 a.m.
Great Vespers for 3rd Sunday of Great Lent	6:30 p.m.
April 2, Presanctified Divine Liturgy and Adult	Education Class

	6:30 p.m.
April 5, Great Vespers for 4th Sunday of Great Lent	6:30 p.m.
April 9, Presanctified Divine Liturgy and Adult Edu	cation Class
	6:30 n m

	0.50 p.m.
April 11, Akathiest of the Theotokos	6:30 p.m.
April 12, Great Vespers for 5th Sunday of Great Lent	6:30 p.m.
April 16, Presanctified Divine Liturgy and Adult	Education
Class	6:30 p.m.
April 18, Great Vespers Feast of Lazarus Saturday	6:30 p.m.
April 19, Divine Liturgy Feast of Lazarus Saturday	9:30 a.m.
Great Vespers Feast of Palm Sunday	6:30 р.т.

Services of Holy Week	
April 20, Matins of Great and Holy Monday	6:30 p.r
April 21, Matins of Great and Holy Tuesday	6:30 p.r
April 22, Matins of Great and Holy Wednesday	6:30 p.r
April 23, Presanctified Divine Liturgy	9:30 a.n
Holy Unction	6:30 p.n
April 24, Divine Liturgy of Great and Holy Thursd	

Holy Unction	6:30 p.m.
April 24, Divine Liturgy of Great and Holy Thursday	9:30 a.m.
Matins of Great and Holy Friday	6:30 p.m.
April 25, Vespers of Great and Holy Friday	3 p.m.
	6:30 p.m.
April 26, Divine Liturgy of Great and Holy Saturday	9:30 a.m.
	1:30 p.m.
April 27, Matins of Pascha (Easter)	Midnight
Divine Liturgy of Pascha (Easter)	lam

#### JEWISH HOLIDAY SERVICES

Vespers of Pascha with Agape Feast

(Held at Jewish Chapel in Bldg. 67 unless otherw	ise noted)
March 22, Holiday Purim	·7 p.m.
April 21, First Seder at Staff NCO club	7:30 p.m.
April 22, First Day of Passover	11 a.m.
April 23, Second Day of Passover	11 a.m.
April 25, Fourth Day of Passover	7:30 p.m.

reprint was, I hist Day of I assover	11 d.111.
April 23, Second Day of Passove	r II a.m.
April 25, Fourth Day of Passover	7:30 p.m.
LATTER DAY SAINTS (N	AORMON)
Scripture study (Tuesdays)	

Sunday Services call Bishop Scott 353-1714	451-3210 11:30 a.m.
SEVENTH DAY ADVENTIST	

ISLAM (MUSLIM JUMAH)	
Base Chapel Annex, Bldg. 16 (Fridays)	11:30 a.m
Brig Chapel	l n m

### **CHRISTIAN SCIENCE**

#### if interested call Everett Sharp (919) 636-8744

### Chaplain's Corner: It's just a silly rabi

Chaplain J.L. Spiritosano

Did you know those furry little animals with cotton tails, long hind legs, long ears and a great ability to jump or hop are called lagomorphs? We know them better as rabbits. They are those adorable little creatures who have a tremendous appetite for food and procreation

Maybe when you think of a rabbit you think of Peter Cotton Tail hopping down the bunny trail or one of those favorite cartoon characters, like Bugs & Bunny, who always seems to be waging war with Elmer Fudd. Elmer never wins the contest between the hunter and the hunted.

However, many people associate a rabbit or bunny with Easter. They often refer to that furry little lovable creature as the Easter Bunny and ask children what the Easter Bunny is going to bring

As a child, I remember the excitement surrounding Easter. My brother, sister and I would anxiously wait for Easter morning because that was the morning we would get up early to look for our Easter baskets which were always filled with candy. Each would be loaded with chocolate Hershey Kisses. jelly beans, marshmallow and chocolate bunnies, decorated hard boiled eggs and candy

We would start right in sampling all the candy thereby loosing any desire for breakfast. My mom had to be pretty creative in selecting a place to hide the baskets because we would find them too quickly and eat the candy

On one occasion she hid the baskets in the oven which was the last place anyone would look for an Easter basket. However that year the candy didn't do so well. It was real soft by the time the baskets were

But Easter isn't about rabbits candy, or eggs. Easter is about a pe the Christian, Easter is about Jesus ( a very special day in which Christic the world celebrate the resurrection It's about an individual who was t

man being and yet truly God. He never thing wre never Eager Mace '97. In ad a break from field life Wrong did things wron He difficult to fully u

> qualified to s justice of ( thereby receive ishment for al wrongs. The awfu died, being nailed wooden beams, w enough to cover all ou But that was not the en Three days after Jesu

but true none the Because he

fect, he was the

came to life again. Ever followers had trouble bel was alive. It wasn't until to them, talked with ther with them, that they know

What it meant for his and for Christians since this: There is HOPE and tain, for sure hope not a thinking type of hope. places their trust and faith then his death covers their wr satisfies God's justice.

This being true, means death will not have won ove power of death is put to dec aig D. Robertson ca that's something worth ce

So as Easter approaches, celebrate of your heart this great event in hist om 1A member Easter is not about just a si

### Cooking Corner Tips To Help You

Let Us Tell You All About Salad Greens

8:30 & 11:30 a.m.

7 p.m.

(NAPS)-With the wonderful variety of salad greens available today, salad-making is taking on a whole new dimension. Greens range ing in flavor from spicy to mild and from tender to crisp can be combined

to make mouth-watering salads.
Once you become familiar with their differences, it's fun to pick and choose, contrasting flavors and tex-tures and making the most of colors and shapes

Here are some hints that might

Here are some fints that might help you start out with the freshest, most delicious salad ingredients:

When shopping, look for the freshest greens with whole leaves that are crisp and shiny. Pass by any that are wilted or dull.

Store unwashed salad greens

Store unwashed salad greens in tightly closed plastic bags in the crisper drawer of your refrigerator for no longer than three or four.

Just before using, remove any

limp or discolored leaves, separate leaves, wash and spin dry.

• Cut radicchio, romaine, iceberg, watercress, and endives with a stainless steel knife. Tear red and green leaf and butter lettuces.

### QUICK GUIDE TO SIX

may be as many as 25 or 30 types of salad greens in some produce markets. Here's a guide to six that blend well with a myriad of other greens, fruits and ve

· Green or red leaf lettuces have a mild flavor, smooth texture and relatively delicate leaves. Red leaf is edged with deep purple-red

leaf is edged with deep purple-red color and green leaf is a medium green color. These are versatile greens that go well with more crisp and slightly bitter greens such as endive or radicchio. They can stand up to a hearty vinaigrette or a light, creamy type of dressing.

• Butter lettuce, also known as Boston, is a delicate, light green, fading to soft yellow inside. Leaves are slightly curly and smooth in texture. It is excellent for lining salad platters and combines well with watercress and endive as well as tangy fruits, including canned pineapple and grange sections. It is also delicious with poppy seed dressing.

• Radiceptia locks like and

 with poppy seed dressing.
 Radicchio looks like a small crimson-red and pearly white cab-bage. Its flavor is slightly bitter, or peppery and its texture is sturdy. It complements a variety of salad ingredients and is especially good with robust dressings and ingredients, such as balsamic vinaigrette and fets choose.



This Citrus Green Salad is a luscious blend of fresh fruits and greens combined with tangy canned pineapple

· Curly endive is loose and lacy on the outside, with green-tipped outer leaves that curl at the end. The heart of the lettuce is compact.

The leaves have a nice "bite" to bine well with butter lettuce and red or green leaf lettuce and a medley of ingredients, includ ing oranges, chopped dates, and

· Watercress, a member of the mustard family, has an appealing, peppery snap to it. The leaves are small, round and dark green with stems. As a salad green, it is refreshing in combination with butter lettuce, escarole, and red and green leaf lettuces. It's excellent with a raspberry vinaigrette and a sprinkling of crumbled goat cheese, or chopped and added to a favorite sandwich.

· Escarole is a slightly bitter tasting member of the endive family. Its broad, slightly curved leaves are pale green, shading toward yel-low in the center. It adds a nice tex-ture to a variety of lettuce blends and goes well with red or green leaf lettuce in salad with seafood and a

retruce in salad with seafood and a creamy dressing. Remember to keep plenty of other ingredients, such as canned pineapple, garbanzo beans, hardcooked eggs, or your favorite salad bar items on hand, and your The following Citrus Green Salad is a luscious blend of fresh fruits and greens with tangy canned pineapple.

### CITRUS GREEN SALAD

1 can (20 oz.) DOLE

carole

Pineapple Chunks 3 cups packed torn DOLE Green or Red Leaf Lettuce 1 cup packed torn radicchio

1 cup packed torn curly endive *or* watercress 1 tablespoon grated orange

peel
1 DOLE Orange, peeled,
haved and sliced
1/2 cup halved and sliced DOLE Red Onion

1 cup chopped nuts, toasted 1/2 cup crumbled feta

2 tablespoons vegetable oil 2 tablespoons balsamic or red wine vinegar

• Drain pineapple; reserve 1/4 cup juice.

 Combine pineapple, let-tuce, radicchio, endive, sliced orange, onion, nuts and cheese large serving bowl; set

· Stir together reserved juice, orange peel, oil and vinegar in small bowl. Pour over salad just before serving;

Per serving: 288 calories, 20g fat (4g sat.), 19mg choles-terol, 244mg sodium, 23g car-bohydrate, 7g protein

### Handcrafted Barrels—Handcrafted Win The Story Of Fetzer's Mendocino Cooperage

(NAPS)—Tucked in the rolling hills of Mendocino County, California, Fetzer Vineyards, one of America's premier varietal wine producers, has established a new benchmark in handcrafted oak barrels for wine aging. In the world rels for wine aging. In the world there are only four winery-owned cooperages. Chateaus Petrus, Lafite Rothschild and Margaux in France and Fetzer Vineyards in the United

2 p.m.

451-5100

Combining the experience of Master Cooper Keith Roberts with the quest for a barrel of the highest quality American and French oak, a new yet classic version of the 225-liter Bordeaux-style bar-rel is quickly becoming the new wine industry standard.

wine industry standard.

Roberts is joined in challenging traditional French standards by Fetzer Winemaker Dennis Martin.

Together they have collaborated to develop the ideal marriage of grapes from prime California vineyards and classic barrel aging.

"The flavors extracted from our in-house barrels allow for greater control over our wines," says Martin. "No other winery in the United States has the kind of flexibility and blending capability of oak barrel-aged wine."

Just as wine begins in the vineyard, a barrel's origins are deep in the forest. In the same way that a vine struggles in difficult conditions to produce superb fruit, so does the

to produce superb fruit, so does the maturing oak tree as it competes for sunlight and nutrients.

The search for an abundant source of this wood, which is uniquely suited to wine aging, begins in the forest of southeastern Minnesota, western Wisconsin and northern Iowa. It is here that the 100-year-old white oak,

vercus alba, thrives.
For its French oak barrels, Fetzer sources oak from the great national forests of France; Russy, Jupilles, Troncais and Loches. These hardwood forests of France, established ated to ensure a perpetual supply of high-quality oak timber to be used by the French Navy. Uses for the wood were also developed by the wine, furniture, and flooring indus-tries. Today, the worldwide demand or this resource is testimony to well designed forest management.

America is the best half-edu-

-Nicholas Murray Butler

cated country in the world.



In the photo above, hand-crafted oak barrels await the win ing touches on a barrel made at one of only four winery-



Wisconsin and Iowa found mainly on private property, yields stave wood that, compared to French oak, is hard and dense. The oak is extremely straight and tight grained, with fine texture and a minimum of extractable minerals that can contribute undesirable characteristics in the wine. When properly seasoned (air-dried for two years) and fash-ioned into a barrel, the oak barrel becomes a perfect wine-aging vessel. Once the staves have been air

dried for two years, they are planed and shaped to a smooth finish. They are then laid out on a table that has

a barrel. Once the order of the dnail, but correspondent has been determined, the bid not apply. As a result, "raised" by placing the stave to opened, causing big diron hoop; at this stage, it restem to the distinctive at the period of the correction of the correc undergo a tossing over an or some control of their MCI flame for 30-50 minutes. A fit of course distribution. F etzer French barrel costs a mately \$300 to produce, abothe cost of a comparable Fren rel, a cost savings that give

a clear competitive advantag An original founder and ner of Napa Valley's De Cooperage, Roberts learn craft in Bordeaux and has his knowledge of coopering his son Nathan and bi Craige. The Roberts clan, to with a staff of five, product than 50 new barrels a day. "Our cooperage that we

developed is a winemaker's c says Roberts. "We can cont toasty oak and vanilla flavo consumers find so attractive are the original flavors found Fetzer Barrel Select wines."

For a free copy of the Fe Food magazine, please call 846-8637.

-Lyndon B. Johnson

We must open the doors of opportunity. But we must also equip our people to walk through those doors

It is not enough to I am and increased the chan good mind. The main th to use it well.

an essential role, an advantage of the vast ion of the Udairi Rang Battalion, 11th Marine withe 11th Marine Exp. cial Operations Capable mard refining artillery g infantry training go

use prior to its being I

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roved Computer Progr s from posting to the ! been solved hnology Upgrades: De

and an Internet home en. Charles C. Krulak. took his post in July 1 gic direction for the M iandant's Planning Gui in education; as well as ine Corps riving force behind ou

been the CPG," said Cap officer, MCL h months of studying existing MCI programs and targeted for correct il-96 was published to it n near-term fixes, and

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about rabbe RI RANGE, Kuwait - On the I, infantrymen and mechanized Easter is about Jesu y an essential role, and artillery ption.

advantage of the vast and open ion of the Udairi Range training wait, the Marines of Charlie Bat-3attalion, 11th Marine Regiment o the 11th Marine Expeditionary cial Operations Capable) recently ward refining artillery skills and g infantry training goals during lager Mace '97. In addition, the a break from field life in order to celebrate the patron saint of artillery, St.

"This is the first time we've been out here as a battery training together," said Capt. John-John E. Orille, C Btry executive officer and New Jersey native. "In the past it's always been platoon and squad exer-

The unit, capable of providing timely and accurate fires down range and sending steel on target, didn't just work on certain skills and tactics alone. Combined, their overall training helped each individual Marine build team cohesion and tighten unit

"The highlight of this training has been watching my Marines work as a team, maturing into a highly trained section of war-

riors," said Sgt. Christopher S. Bachus, gun chief, section five and native of Columbus,

Working as a team to accomplish the mission of communicating, shooting and moving, C Btry worked quickly and accurately during the processing of firing. As with a well-oiled machine, all parts of the battery must perform proficiently and accurately to be effec-

Like the eyes of a predator, it's the mission of the battery's forward observers to send accurate target location and information back to the FDC.

Once forward observers called for fire missions, the unit's fire direction control center, which acts like a body's central nervous system, quickly computed the data manually and electronically with the aid

Sat Marc Avalin

of traditional charts, graphs and computers which are used for plotting and calculating fire direction.

With today's technology, battlefield computations are done in seconds, specifically with a lightweight computer unit doing the calculating. The FDC's main goal here, was to make sure each Marine was continually improving his skills whether it be on the computer or on the gunnery

"Since we've rolled off the ship we've been doing non-stop artillery training," said Capt. Omar Sanchez, C Btry's fire direction officer. "We like it that way because it keeps us focused and makes time go

The Marines know that on the gunline is where the rubber meets the road. It's here where the battery's muscle is flexed and exercised as high explosive rounds and propellant bags are loaded, primed

Training in Kuwait was also an excellent opportunity for the huge M-198 howitzers' to get exercised and the Marines to get a taste of field training in a desert environment other than Twentynine

"A lot of the training here is pretty much the same as in the states, but as far as carrying live rounds constantly because of possible enemy threat, it's pretty exciting," said LCpl. Mfundo E. Mkwayi, a cannoneer and native of Nigel, South Africa.

Training and hard work was put to a halt, however, in order to celebrate the battery's the celebration, C Btry Marines paid tribute to the patron saint of artillery at Kuwait's Marble Palace, an elegant recreational facility with marble floors and pillars mostly used by U.S. military and civil-

According to legend, St. Barbara, after converting to Christianity against her father's will, was tortured and beheaded by her father atop a high mountain. Afterward, as he descended, he was mysteriously struck and killed by lightning

As a logical consequence, Barbara came to be regarded as the sainted patroness of those in danger of thunderstorms, fire, ex-

to say, sudden death. Many car St. Barbara in the past, and she has protected them well ever since.

It was a memo relaxed yet hungry battery stood at attention for the traditional and ceremonial march on the colors for the opening ceremony.

Afterward, the Marines, dressed in desert cammies, calmly attacked the buffet line loading their plates with steak chicken, shrimp, rice, mashed potatoes and salad.

A comical presentation followed as Marines impersonated other Marines in sang their rendi-

tion of the Marines' Hymn. For some Marines, this was their first time honoring the patron saint.

"This celebration really makes me feel proud of what we do - being an artilleryman," said LCpl. Alton M. Backues, a cannoneer from gun five and a native of Like units in the 11th MEU (SOC), the

Marines of C Battery, 1/11, are a dedicated few whose time spent training in the sandy terrain of Kuwait was well spent.

"I want my Marines to leave here with more confidence in their leadership and training. To know that they've traveled half way around the world, just a few miles from the Iraqi border knowing that they can fight effectively if they have to," Capt. Orille said.



Marines from Charlie Btry, 1st Bn., 11th Marines launch rounds the unit and even down range during Exercise Eager Mace '97 in Kuwait.



LCpl. Ron E. Lawson, looks through an

great event in his

-Demand Printing: MCI now has a print-on-deability, reducing course delays attributed to items

ig D. Robertson carefully sets a high explosive

use prior to its being loaded in an M-198 howitzer

proved Computer Program: A programming probhad prevented about 20 percent of student course ons from posting to the Marine Corps Total Force as been solved.

chnology Upgrades: Development of interactive e and an Internet homepage is in progress.

Gen. Charles C. Krulak, Commandant of the Ma-, took his post in July 1995, he published a plan gic direction for the Marine Corps" called "The mandant's Planning Guidance." This plan revitalts in education; as well as in many other vital areas

riving force behind our improvements and ups been the CPG," said Capt. Matthew M. Hartmann, officer, MCI.

gh months of studying the processes and probe existing MCI programs, several "hot spots" were and targeted for correction. In February 1996, 51-96 was published to identify major problem arin near-term fixes, and provide a vision for the future. All of the problem areas identified dealt mely and accurate administration of MCI courses

past, MCI course materials were addressed to the commanding officer," explained Hartmann. "Once arrived in a unit's mail room, they were no longer d mail, but correspondence and official postal regud not apply. As a result, the materials were often , or opened, causing big delays and a lot of frustrane individual Marine.

, we mail directly to each Marine. By pulling indiarine addresses from the Marine Corps Total Force and mailing directly to the student, MCI ensures s of receipt and delivery," said Hartmann. "Units ome control of their MCI programs by not directly ng course distribution. However, control can be ed by regularly working and updating the Unit Acport. The bottom line is that Marines are receiving erials more quickly.

ew mailing system depends on the information in of the MCTFS to be accurate. Table 01 is a listing ains unit mailing addresses or, in the case of the Marine Corps Reserve and Individual Ready Reme addresses. Changes to the table are made by y entries at each command. Commanders are ree for ensuring these addresses are correct which, in os the unit's MCI program.

ously, if a requested course was out of stock, the on for the Marine was to wait. "We had turn-around up to three months to print out-of-stock materials. ough coordination with the Defense Printing Ser-I receives a five-day turnaround," said Hartmann. nally, new inventory procedures have been instiavoid shortages of course materials

lment procedures have also been streamlined. "The d (Request for Enrollment) used to be the primary er enrollment," said Hartmann. "This card was filled ch Marine or the training NCO and mailed to MCI riving at MCI had to be sorted and individually nto the system. This process incurred mailing costs ys and increased the chances of human error.

To improve response time and reliability, the Unit Diary is now the preferred method for course enrollment. MCI will also generate a programmed advisory report to the unit on any failed enrollment request. Reasons why an enrollment may fail to be processed include: the student not meeting course prerequisites, not having the required grade, or trying to enroll in two PME programs simultaneously.

Procedures for taking the final exam have also been streamlined. No longer will there a lengthy delay between the time a Marine completes the review lesson and receipt of the final exam. Previously, a student had to complete the course review lesson and mail it to MCI for grading. After grading the lesson, MCI mailed the student the course examination.

Now that course materials, review lessons, and the final exam are mailed at the same time, a Marine can take the supervised examination as soon as the review lesson is completed and then mail the booklet and completed

"The exam is sent in a sealed envelope with instructions clearly written for the student not to open it. Each Marine is instructed to give the exam package to the training NCO or exam administrator" explained Hartmann. "This speeds the entire process while maintaining the integrity of the examination."

Another problem many MCI students have experienced is receiving formal credit for their educational endeavors. In the past, about 20 percent of course completions which had posted to MCI's database didn't post to

This was attributable to the 18 year-old system MCI

"MCI had written patchwork programs to fix major system flaws over the past two decades. As a result," said Hartmann, "about 20 percent of the course completions fell out of the system because of faulty programming logic," possibly affecting many Marines' chances for promotion.

and we're now on line with MCTFS, making MCI's Automated Information System talk to MCTFS 100 percent of the time instead of the old 80 percent," he said.

Technology will play a major role in MCI's capability to fulfill the educational requirements of Marines in the 21st

"The Institute is currently working with contractors and consultants to develop a new automated information system," Hartmann said. The upgrade will cost \$1.25 million and is targeted for completion in early 1998."

Additionally, in the near future, both the standard courses and interactive courseware will be available on line. Five interactive courses are currently under development, with one of them scheduled to be released on CD-ROM this year Internet users can also look forward to contacting MCI

on its own homepage on the World Wide Web. Initially, it will be an informational site, meaning no review lessons or exams will be available. However, at some point in the future, a Marine will be able to enroll in a course, take the examination, and receive credit without ever placing one item in the

'MCI is not completely fixed," admitted Hartmann, "but the program fixes we've accomplished over the past year have had a positive impact on our students. We know our systems and their limitations, and we are seeking every day to improve our processes and service."

### Lejeune Marines conquer jungle

### 1st Bn., 6th Marines put skills to the test

Cpl. Steven A. Davis

ANDERSEN AIR FORCE BASE, Guam — The members of a

rsthand, the type of environment

evacuees of Joint Task Force Pa-

ris III, the training has provided

"This is the first opportunity for a real-world deployment for many of the Marines," said the 2nd Platoon, 1st Squad leader. "We're

Not unlike their liberating predecessor 53 years ago, the Marines of Co. B regularly find themselves hack-

Conducting squad patrols and bushes and crossing open field danger areas, put their individual and

"I encouraged my Marines to remain tactically alert and drink plenty of water due to the heat and humid-ity," said Cpl. Joel Ignos, a fire team to get over their fear of spiders.

After emerging from a 3,300 meter trek through the jungle, many of the young infantrymen reflected on the 50 years ago.
"They had to overcome the chal-

lenge of the Japanese, watch for Ignos said. "I've gained an appre-ciation for the Marine Corps' tradi-



iefs his Marines before conducting a reconnaissance patrol through the jungle. Sixth Marines got the portunity to experience firsthand, the type of environment they only read about in the annals of

# Stopped in their tracks by Core Valu

Sgt. Jonathan D. Cress

Imagine, your 96-hour weekend shortened because your unit is going on a four-day field exercise when your training schedule was already at its max. To top that off, when you're done with the exercise, you're going to have an extended work-week, anticipating an upcoming inspec-

Some might be less than motivated, but the Marines of Company A, 2d Assault Amphibian Battalion have found a way to keep their spirits soaring.

After supporting detachments from Company E, 2d Bn., 8th Marine Regiment, the opposition force for the exercise, the "Trackers" were ready to get back to the rear and start maintenance on their vehicles. The company mounted up and dropped the troops off at a landing zone (LZ) for a tactical extraction. When the last wave of helicopters lifted off, the amphibious assault vehicles

of interest to local residents.

Blazing a new trail on the opposite bank, Co. A pulled into another LZ and formed up for mail call and debrief. The Marines gathered around Capt. Mark Richter and 1st Sgt. David Evans in a school circle. Richter and Evans praised them for their hard work through the exercise and all of the training that had brought them to that point. In closing Evans drew his Marines' attention to All Marine Message 439-96 (ALMAR 439-

96) concerning Core Values

The purpose of the card is to remind Marines of the Core ValThe Core Values Card will then be carried in the Marines' wallet with the ID card.

"The Marine Corps is trying to say 'Hey, these are our core values and this is what you need to remember, Evans said. "(The Commandant) wants you to keep it on you just like you would your ID card and your dog tags. That's how he wants it, so every day you're committed to being a good Marine. That's basically what it's all about.'

After reading the ALMAR the company ding time each Marine was presented with a card by Evans.

"Individualists aren't making it in tod Corps," Evans said. We're losing individ need these Marines to talk Core Values amon and say, 'Hey, hey guy, you've had too mi It's time to go back to the barracks,' or 'We it's not what we do as Marines.



Capt. Mark Richter and 1stSgt. David Evans present Core Values Cards to their 2d AAV Bn. Marines following a 'sig event.' ALMAR 439-96 directs that the cards shall be issued after such an event.

Values Card: More than a wallet stut

Quantico Sentry staff report

"Twenty-five years ago, the leadership of our Corps reaffirmed the core tenets that have defined what it has meant to be a Marine since 1775. There was a recruiting poster that said, 'Marines make men - body, mind, spirit.' Today, as then, one of the two most important things we do as a Corps is 'make Marines.' In the 1970s, we enhanced the physical fitness and personal appearance of Marines and worked to eliminate drug abuse. The 1980s and 1990s brought reinvigorated Professional Military Education, a formal reading program, and the Marine Corps University. Today, we will dedicate ourselves to improving and enhancing every Marine's devotion to the values of honor, courage, and commitment that have been the hallmark of Marines since the founding of our Nation.

-- Gen. Charles C. Krulak Commandant of the Marine Corps

In December 1996, Marine Corps Order 1500 outlined the three phases of Marine Corps Values Program: Initial Entry Training, Reinforcement Education, and Sustainment Education.

Although the initial training is targeted at recruits as they begin their transformation, all Marines must participate in a defining event, after which they will receive a Values Card.

The card, which depicts the Marine Corps colors and the core

values on one side and the American flag and a list of de acteristics on the other, is in the process of being distribu

Marines are supposed to receive their cards after comp significant unit event such as a hike, field meet, field tra cise, or other suitable event that serves to highlight comm dedication.

Since January, units have been conducting various trai tions to disseminate the word about the values program a the cards. As more units complete this "initial phase" the to turn their attention toward the third phase - Sustainm

"The Marine Corps Values and Leadership User's Gui cussion Leaders" has been distributed to most major com is available electronically to ensure that the values of the sustained. The guide is composed of discussion guides signed to be used as a departure point for commanders.

"This publication is a tool to assist leaders in instillir taining the lessons of values and leadership. I charge leade fire team leader to the force commander to use these less efforts to ensure that today's and tomorrow's Marines reflect the very best of the legacy of yesterday's Marines,' Gen. Robert R. Blackman Jr., president of Marine Corps in the foreword of the guide

### Camp Lejeune Staff NCO Wives' Club

**OWC** offerings

high schools. Scholarships will be awarded for academic excellence and merit. To

qualify, a senior's sponsor must meet one or more of the following criteria:

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whose last duty station was in the Camp Lejeune area.

Camp Lejeune Officers' Wives' Club

Point of contact is Elizabeth Aupke at 355-2666.

Please mail completed applications to

Camp Lejeune, NC 28547

P.O. Box 8531

(Attn: Scholarship Committee)

The Camp Lejeune Officers' Wives Club is offering scholarships to graduating seniors who are currently attending either Lejeune High or one of the six Onslow county

2) active duty military personnel currently fulfilling an unaccompanied PCS tour

3) retired or deceased military personnel whose last duty station was in the Camp

\*Applications are available through school counselors. Deadline for submission is

The Camp Lejeune Staff NCO Wives' Club is offering scholarships to graduating seniors from all Onslow County high schools and to the spouse of a staff nco who is either active duty, retired or a deceased member of the United States Armed Forces.

Applications may be picked up at the Base Library, Onslow County Library, high school guidance counselors' offices and the Staff Wives' Thrift Shop. If you would like additional information, call 451-5591 or 353-5346. The deadline for submission

### MCAS Staff NCO Wives' Club

The New River Staff NCO Wives' Club scholarship applications are available in local high schools, MCAS library, Coastal Carolina Community College, main Onslow County Library and the Staff Wives' Thrift Shop located in Building TC11107 on Camp Geiger.

Graduating high school seniors and continuing education students are encouraged to apply. Eligibility is limited to family members of New River Staff NCO active duty and retired military personnel.

For more information, please call 347-3123 / 9028, or stop by the thrift shop Tuesdays or Thursdays 9:30 a.m.- 2:30 p.m.

McEwan to plan carefully for this battle. So with his executive officer and first sergeant, both of whom had also been noncommissioned officers at the beginning of the day, he began a meticulous plan for the day's coming battle, and briefed the senior NCOs. After all the organizing and planning it was up to his troops to win or die. Surrounded by the sounds of battle, the planning seemed distant. McEwan never thought that leading troops in battle would be this complicated, confusing and at times frustrating

While this battle was not real, the lessons that 2d Maint. Bn. Marines received March 6 at Landing Zone Pelican were, McEwan said. Leadership was put into action by placing NCOs in senior leadership billets. From beginning to end the exercise was run completely by NCOs.

The objective of the all-NCO exercise was to challenge them with unfamiliar situations and practice the fundamentals of Marine leadership. "Mainly these are challenges that you find as you get higher in

For staff NCOs and officers, this is what they face every day. Usually a sergeant, corporal and lance corporal won't see this until

being a commander, a gut instinct told they move up and are put in this kind of posi-

tion," McEwan said. Corporal Jaread Darwood, 2d Maint, Bn. who became a second lieutenant during the exercise, said that while preparing for battle was difficult, dealing with logistical problems was even more challenging. "Something as simple as putting in a request for Meals Ready-to-Eat all the way up to getting the refuel truck out to the site, vehicles breaking down and trying to get wreckers out to the site to pick them up. Getting this all done, that was the hardest part.'

In Darwood's opinion, having gold bars on his collar had advantages and disadvantages. "I had some more power, but along with this power came a lot more responsibility than I was used to. It was the kind of responsibility that would grind you down if you had to do it every day. It gave me a different perspective and I have a lot more respect for the leg work that they do.'

Not all of the Marines had the opportunity to lead during the exercise. However, the exercise still had worth to these junior Marines. According to LCpl. Lucas Conoway, optics specialist, 2d Maint. Bn., going out to the field was a welcome change. "We usually do maintenance kind of work so we really don't get chance to get out to the field very often. It's a lot different than the shop. Here

we're setting up patrols, perimet land navigation, both day and nigh post-Cold War wor

The King's

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DA JACKSONVI

For Petty Officer 1st Class A 2d Dental Bn., it was one of the that he had been in the field. "S rines doing defensive operations some. I've never seen anything lik

After the battle, McEwan sat to operation with his staff. "That was I You ready to do it again?" he aske



Cpl. Ct LCpl. Brian Kelly covers another as they patrol the perimeter.



Two 2d Maint. Bn. Marines prepare to defend their fighting position during

### Marines' Memorial Association

The Marines' Memorial Association has offered three four-year, \$5,000 scholarships for Association members and their family members. The association sponsors scholarships annually to recognize qualified students who have demonstrated scholastic aptitude, community involvement and civic spirit.

The scholarships are dedicated to the memory of former general managers Col. W.E. "Jack" Barnes and Col, William M. VanZuyen. The recipients will receive the awards in increments of \$1,250 per year as long as they remain in college and in good

For more information and scholarship applications, write to:

Marines' Memorial Club (ATTN: Scholarship Request) 609 Sutter Street

San Francisco, Calif. 94104

or call (415) 673-6672

also offered an additional scholarship to family members of active duty Marines Deadline for applications is Saturday.

### Jerry Marcus Moody

The family of the late Jerry Marcus Moody, in association with the Staff NCO Wives' Club, wishes to announce the Lance Corporal Jerry Marcus Moody Memorial Scholarship. The scholarship is privately funded and is open to all unmarried sons and daughters of enlisted active duty, retired or deceased members of the United States Armed

Applicants must be graduating high school seniors from Lejeune High School or Onslow County Schools. Applications may be picked up at the high school guidance counselors' offices. Deadline is April 15. For additional information, call 451-5591

### Sprint

Sprint (formerly Carolina Telephone and Telegraph) awards, on an annual basis, \$1,000 college/university scholarships to active duty military personnel and their family members stationed at Camp Lejeune or MCAS New River.

Seven scholarships are available to individuals who are attending or accepted to four-year colleges or universities within North Carolina.

Details and scholarship applications are available at the Guidance Department of area high schools and Coastal Carolina Community College. Deadline for applications for the 1997-98 college year is May 1.

For additional information, contact Ms. Crawford at 451-2525.



LCpl. Lucas Conoway, 2d Maint. Bn. takes aim on an enemy force.

## MAR the company ling time to 'Play and Grow'

you've had too p

of military members aboard Camp Lejeune have to socialize and talk about issues concerning development, nutrition and health, by attendand Grow", a service by the New Parent Supn for parents with children of the ages between

ram was started approximately one year ago e infant care curriculum. It not only provides rmation on how to take care of their children, es them a chance to socialize with each other. me a chance to interact with other moms and it n a chance to socialize with other children of ," said Felicia Nigh, spouse. "I would go crazy d up at home."

ne free two-hour course children can play with vided by the program, while parents talk.

share different ideas to see-which (ideas) work on't," according to Rebecca Mudlock, spouse. am works completely on a voluntary basis, so ressure to attend. Each day Debra Cooper, a arse, comes up with different events for parldren, all approved by Children's Hospital of arents and their children can sing songs, make by aerobics or exercise.

leave their children at daycare centers but find the pro-

gram to be a great alternative. There's more control over your child," said Saundra Colwell, spouse. "She

ventures out more and doesn't just cling to me.' Mothers receive in-

formation on topics such as health, nutrition, dental care and child development but find the most valuable information comes from each other. The program is open

Tuesdays and Thursdays from 9-11 a.m. at the Building 4014A. Though most of the classes take place indoors, occasionally, on a nice day, Cooper takes the class on a stroller walk to give parents a chance to exercise

For more information



contact the NPSP at 451. Dannion Trudell strongly supports the new program.

### TRICARE questions answered

### Officials go on-line to keep patients informed

DoD Health Affairs

Question: I have an eligible family member with special needs. How does TRICARE fit in with the Program for Persons with Disabilities, also known as

the Program for the Handicapped?

Answer: The Program for Persons with Disabilities is a financial assistance program for active duty dependents with severe physical disabilities or with moderate to severe mental retardation who cannot get specialized training or care through public re-

Active duty members can take advantage of both TRICARE and PFPWD programs concurrently. The exception is that authorized services provided in conjunction with the PFPWD qualifying condition cannot be furnished under the basic program as long as the qualifying condition exists and there is a PFPWD benefit authorization outstanding.

The PFPWD is used concurrently with TRICARE Prime, Extra or Standard. Authorization for benefits under PFPWD does not affect your enrollment in TRICARE Prime. It does provide an additional financial option to explore when utilizing medical resources. When you are enrolled in TRICARE Prime, you are assigned a Primary Care Manager, who has the responsibility to authorize specialty care under the Prime program. Benefits not normally covered may be cost shared under the PFPWD.

encouraged to join the TRICARE Prime option. How ever, because some services are also covered by other state and federal agencies, coverage of all excep tional family members' health care needs cannot be facilitated through TRICARE Prime. Check with you regional TRICARE Service Center to see if TRICARE Prime is the best option for your particular family member, given the support of multi-specialty case

Question: I am a 1st Class Petty Officer. My wife has comprehensive insurance where she works. Do you recommend she enroll in TRICARE Prime

Answer: If a family member has other comprehe sive health care insurance, we do not encourage enrollment in TRICARE Prime. When other comprehensive health coverage is involved, TRICARE Standard is automatically the secondary payer. It may be easier to coordinate benefits with other health insurance under TRICARE Standard or TRICARE Extra. Check with the TRICARE Service Center near you for further assistance.

Additional information on TRICARE is available on the DoD (Health Affairs) Homepage on the World Wide Web. The address is http://www.ha.osd.mil. (DoD (Health Affairs)).

### Sgt Jonatha Willium? En garde for the reserve

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TON - Looking for information on DoD's regreat place to begin is at the department's new veb site, (http://raweb.osd.mil).

ess the site from any browser, anytime, according at will you find?

s to put information on the Internet that will prose of how the reserve components are involved in ic post-Cold War world," said Deborah Lee, asvalues program a initial phase" they hase — Sustainms for reserve affairs.

1: From this homepage, you can access various at define reserve objectives, background inforeserve components, white papers on such topics upport for reservists and answers to questions natters such as mobilization insurance

Another link breaks down reserve issues and highlights by state. Here, you can review state budgets for reserve and Guard forces, where those forces are based, and what recent operations and programs they were part of. Additionally, it provides links to reserve components' sites:

- o Army (http://www.army.mil/usar/default.htm)
- o Air Force (http://www.afres.af.mil/)
- o Navy (http://www.navy.mil/navresfor/)
- o Marine Corps (http://www.usmc.mil/wwwmain/marsites.htm)
- o Army National Guard (http://132.80.130.121/)
- o Air National Guard (http://www.ang.af.mil/)
- o Coast Guard Reserve (http://www.dot.gov/dotinfo/useg/ hq/reserve/reshmpg.htm)

You can also access these sites directly, or visit DefenseLink (http://www.dtic.dla.mil/defenselink/), DoD's homepage. It's a long address and you have to get it entered precisely, but you'll be rewarded with a wealth of information - and maybe a job.

### LHS PROJECT GRADUATION

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Food	Barbara Moore	353-6951
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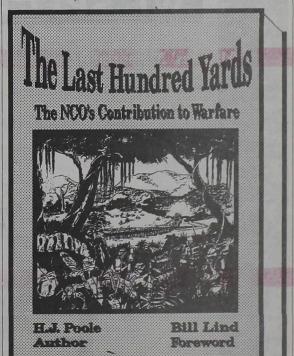
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and tacties published in English in last 50 years." — B. Gudmundsson (author of Stormtroop Tactics and On Infantry)

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# The Chosin Few: The gathering of force

Editor's note: This is the second in a six-part series about the 1st Marine Division's famous fighting withdrawal from Chosin Reservoir, Korea in November and

There was one way the Marines could survive a withdrawal from Chosin Reservoir - massing their forces and fighting their way out.

Maj.Gen. Oliver P. Smith, the Marines' division commander, had declared they would not leave any equipment or persons behind. Helicopters were of little use to evacuate the wounded, as there was only three available while the number of wounded escalated with each passing moment. As a result, a large convoy would be assembled to escort the equipment and vehicles carrying vounded and dead down the narrow path to Hagaru. There, the 5th and 7th Marine Regiments that had been positioned at Yudam-ni would merry up with most of 1st



Supplies are air-delivered to the 1st Marine Division as they make their famous fighting withdrawal from Chosin Reservoir, Korea in November and December, 1950

south, Maj.Gen. Smith recognized that the Marines would be required to clear every hill, cave and draw. More than 120,000 Chinamen from 10 divisions lay in waiting, intent on erasing the Marine Division from existence.

He ordered Col. Ray Murray's 5th Marines and Col. Homer Litzenburg's 7th Marines to consolidate at Yudamni, on the west side of Chosin Reservoir. To do so, however, was quite a battle in its own right

The two major obstacles facing the Marines was in pulling Lt.Col. Ray Davis' 1st Battalion, 7th Marines from their forward position, and retrieving Fox Company, 2/7 from their position to the south. Those two elements were key in defending the Marines' position, and both had subsequently been wrapped in savage conflict since the Chi-

miles from Yudam-ni between the village and Toktong Pass. The area was known as "Turkey Hill," because of the large number of turkey bones left along the hillside from the battalion's large Thanksgiving dinner.

At 0230 on Nov. 28th, the bugles and whistles sounded

before the company. As hundreds of Chinese swarmed the location, 1stLt. Joe Glasgow, of George Battery 3/11 began to call for artillery fire on pre-determined targets. His efforts slowed the advancing Chinamen, but the cold weather slowed the artillery guns. What was normally an instant recoil of an artillery piece became a long wait as the weapon slowly eased back into firing position.

The company's mortar section realized the deficiency and picked up the slack. Though base plates broke upon firing due to the cold, they continued to lob illumination and high explosive rounds at the enemy forces

The Chinese had grown so close that the Marines could see into their eyes as the sun broke over the horizon. "The most vivid thing I remember is hundreds of Chinese in front of me and parachutes dropping supplies behind me. When I saw that, I knew we were in trouble," said retired MSgt Stan Siercchula, who was a private first class with Charlie 1/7 at the reservoir.

Davis wasted no time in utilizing the daylight for his own advantage, and quickly orchestrated a plan to oust the persistent

He contacted tactical air coordinators and brought in four Australian P-51 fire bombers. Mortarmen marked the Chinese Otherwise, his entire battalion would be doomed. The



Marines take advantage of an infrequent absence of Chinese attacks as they make their w

positions with "Willie Pete" (White Phosphorous), and Chinese put forth their greatest efforts u the Aussies did the rest. Sweeping low over the carnage that lay below them, the pilots dropped their silvery can-

"The Aussies and the Marine and Navy Corsair pilots would rip snow off the ground as they came in," said retired CWO-4 Don Ivers, who was a private first class with Easy Co., 2/7 at Chosin. "There were some Air Force pilots, but most of them were married - they would be so damn high in the air that you couldn't see them. Those other ones, though, they were some brave men. And let there be no doubt about it, we wouldn't have gotten out

As the plum of napalm engulfed the Chinese forces. Charlie Co. desperately held on to their small piece of ground. Litzenberg, who had been in the Marine Corps since 1922 and had been an officer since 1925, gave the order to release the battalion and reconsolidate at

Davis, in turn, ordered Able and Baker Companies to swing down onto the Main Supply Route and create an opening through which they could reach what remained of Charlie Co. If all went well, Davis had the option of relieving Fox 2/7 as well, but he had to do so before dark.

of darkness, when the air support thinned rines braced for the intense cold.

It was hard moving and hard fighting \*to Charlie Company. Heavy machine g but halted the companies, and artillery a was halted as the Marines were practic top of the enemy position. Able Compan ficer, 2ndLt. William Davis, reacted quick a brilliant pattern of mortar fire up the ric far side which, until then, had safely ho

As the Chinese companies lay decimate of the mortarmen, Able and Baker Compai their progression forward. When they re Co., only 15 Marines were able to walk of The three companies placed the wounded were unable to fight into trucks and quice

Despite the battalion's valiant efforts. too near dark for them to swing south and r 7. The company was subsequently ordered t and wait for the two regiments. When the or it was followed by a lone remark over the hold on down there. We're on our way.

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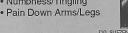
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and well-trained teachers. We must not only make those investments, but also rediscover the values that placed education among our most cherished pursuits.

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-Samuel Coleridge

Experience enables you to mon degree is what the world recognize a mistake when you backwards, but it must be lived make it again.

-Franklin P. Jones

Life can only be understood forwards.

-Soren Kierkegaard

## Tax fime Q & A

### **SELLING YOUR HOME:** POSTPONING GAIN

Generally, you must postpone tax on the gain on the sale of or home if you buy and live in a new main home within the replacement period and it costs at least as much as the adjusted sales price of the old home. However, if you are age 55 or older and meet certain qualifications, no tax applies to the extent you choose to exclude the gain.

The tax on the gain is postponed, not forgiven. You subtract any gain that is not taxed in the year you sell your old home from the cost of your new home. If you sell the new home in a later year and again replace it, you may have to continue to postpone tax on

#### MAIN HOME

Usually, the home you live in most of the time is your main home. The home you sell and the one you buy to replace it must both qualify as your main home

Your main home can be a houseboat, a mobile home, a cooperative apartment, or a condominium.

If you change your home to a rental property, it no longer qualifies as your main home. If you then sell it, you cannot postpone tax on any gain from the sale

Land. You may sell the land on which your main home is located, but not the house itself. In this case, you cannot postpone tax on any gain you have from the sale of the land.

More than one home. If you have more than one home, only the sale of your main home qualifies for postponing the tax. If you have two homes and live in both of them, your main home is the one you live in most of the time

#### REPLACEMENT PERIOD

Your replacement period is the time period during which you must replace your old home to postpone any of the gain from its sale. It starts two years before and ends two years after the date of

Example: On April 27, 1996, before you sell your old home, you buy and move into a new home that you use as your main home You have until April 27, 1998, a period of two years, to sell your old home and postpone tax on any gain.

Occupancy test. You must physically live in the new home as your main home within the required period. If you move furniture or other personal belongings into the new home but do not actually live in it, you have not met the occupancy test.

No added time beyond the specified period is allowed. To postpone gain on the sale of your home, you must replace the old home and occupy the new home within the specified period. You are not allowed any additional time, even if conditions beyond your control keep you from doing it. For example, destruction of the new home while it was being built would not extend the replacement period.

If you do not replace the home in time and you had postponed gain in the year of sale, you must file an amended return for the year of sale. You must include in your income the entire gain on the sale of your old home

Also, if you began building your new home within the specified period, but for any reason were unable to live in it within two years, no more time for occupancy is allowed. You must report your entire gain on an amended return for the year of sale

### MEMBERS OF THE ARMED FORCES

The replacement period after the sale of your old home is suspended while you serve on extended active duty in the Armed Forces. You are on extended active duty if you are serving under a call or order for more than 90 days or for an indefinite period. The suspension applies only if your service begins before the end of the two-year replacement period. The replacement period, plus any period of suspension, is limited to four years after the date you sold your old home

Overseas assignment. The suspension of the replacement period after the sale of your old home is extended for up to an additional four years while you are stationed outside the U.S. This also applies while you are required to live in on-base quarters following your return from a tour of duty outside the U.S. In this case, you must be stationed at a remote site where the Secretary of Defense has determined that adequate off-base housing is not available.

The suspension can continue for up to one year after the last day you are stationed outside the U.S. or the last day you are required to reside in government quarters on base. However, the replacement period plus any period of suspension, is limited to eight years after the date of sale of your old home

If you qualify for the time suspension for members of the Armed ie tax return reporting gain from the sale of a home that can be further postponed, you can file Form 1040X to claim a refund."

The Tax Center is located in the industrial area on Birch Street in Bldg. 1209. It is open Mon. - Fri. 8 a.m. to 7 p.m.; Sat. 9 a.m. to 1 p.m. and Sun. 2 to 5 p.m. through April 15. The center will be closed March 30 for Easter Sunday.

Patrons are urged to file electronic returns by April 1 to assure timely filing due to the indirect filing system used this year. For more information, call 451-3110/3030.

### Correction

individuals attending 2d FSSG's "adoption" of Russell Elementary School were incorrectly identified. In attendance were:

\*Brig.Gen. Harold Mashburn Jr., CG, 2d FSSG

\*Lt. Col. Winguard, 2d FSSG

\*Dr. E. Hinman, Superintendent, DoD Schools

\*Dr. J. Novicki, Principal, Russell Elementary School \*1stLt. Jim Olson, commanding officer, Motor T Maint. Co.

\*CWO-2 W.M. McCarthy, co-founder of MASTERS program

\*Santina Tortorici, founder and coordinator of the program \*Motor T Maint. Co., school students, parents and faculty

### Commander and Commun

Editor's note: The following begins a series in which the Commanding General, Marine Corps Base, answers the questions of Lejeune

### Hunters on horse trails

Question: Every year there is one or more incidents involving hunters in the area of horse riding trails. What can be done to reduce the risks to horse

Answer: In December of 1993, the Base Safety Office, in cooperation with the Base Game Warden's Office, Installation Security and Safety, conducted a survey within the Charlie Bravo (CB) training area in and around the horse riding trails to investigate claims of unsafe and potentially dangerous interactions between hunters and other recreational users. During the monitoring period which encompassed two weekends and random days during the week, no conflicts were observed nor were there any reported occurrences of unsafe situations for any recreational user group. The claims of unsafe conditions could not be substantiated. Accordingly, management of the area, which includes military training, bow hunting, and horse riding was not changed.

Currently, the Training, Education and Operations, Installation, Security and Safety, and Environmental Management Departments are collaborating on an interim management plan for the CB training area which is intended to provide for temporal and spatial separation of recreational user groups. This action will accommodate concerns regarding safety issues for horse riders and will provide for structured access requirements for bow hunters. The Assistant Chief of Staff, Training, Education and Operations has reserved the CB area in its entirety for the stables during the its operating hours. This prevents hunters from using the CB area when the stables might be utilizing the trails. Although we are unaware of any recent incidents involving hunters in the area of the riding trails, additional emphases will be placed in notifying hunters of appropriate hunter area.

### Youth behavior

Question: What is being done about the teens' behavior in base housing? Curfew possibility, enforce-

Answer: The Director, Family Housing, is responsible for monitoring reports of minor disorders, which include acts of mischief and other acts of misconduct which are nuisances to the family housing community. If the situation warrants, the Director can forward a Notice of Intent to Evict the family housing occupants to the Assistant Chief of Staff, Facilities for this. All criminal activity aboard the base (to include housing areas) is monitored on a daily basis to determine trends. A Base Order enforcing a curfew for minors aboard base went into effect Jan. 14. Military police will be patrolling for violations. All juveniles not accompanied by a responsible adult will observe the following curfew hours: 11 p.m. - 5 a.m, Sun.-Thurs. and midnight - 5 a.m., Fri., Sat.

Question: There is a lot of talk about bad kids. Sir, instead of kicking these families out of housing, can't positive role model programs be instituted vice these knee jerk reactions? Other bases have successfully instituted youth oriented programs to turn around children at risk. Kicking entire families out does not solve the problem. It just passes the problem to someone

Answer: At the present time, the Camp Lejeune Dependents Schools (CLDS) are providing extra-curricular programs that are helping kids stay involved in worthwhile activities vice running the streets. In addition, there are three counselors at the high school; one is devoted entirely to direct contact with children. There are two counselors at the Middle School who are very heavily involved with students. Each elementary school also has a counselor. The goal of the counseling program at CLDS is to provide all students with direct classroom, group, and individual services. There are learner objectives in each grade level that focus on themes and concepts related to making good choices. The schools have several

additional programs designed to ass "Growing Up Healthy." Each grad cific learner objectives for students DARE program is offered and in hi are electives that focus on helping appropriate and healthy choices. The "role models" and opportunities for at school. The disciplinary program signed to work with the students and correct inappropriate behavior and a a success. Chaplain personnel have involved in the school. To assist tho: dren, we are continuously looking for

### Paint in base ho

Question: What can be done abo in kitchen cabinets that have been recer poor quality paint? Remove the po before the standard three year period?

Answer: The resident has two opti Family Housing to repaint the kitchen request paint from Family Housing's as a self-help project. All requests mu through the resident's area manager.

Question: Is there lead in the paint ley Manor? Could the paint be tested of done? Our paint is peeling and I am co the health of my young children.

Answer: All paint being used prese recent past in Family Housing is leadlead-based paint was used some years a sible that in some cases, remnants of the We are currently awaiting the results determine the extent of lead paint in Fa That survey should be available by No dents will be provided the results as soc possible. Our best information at this ti keley Manor has little, if any, lead par However, Family Housing Division wi in any home for lead when requested by

### Beware dangers of consumer minef

Capt. John J. Harding

Editor's note: This is the second in a two-part series on common legal challenges.

Auto Repairs. Before surrendering your car to a mechanic, find out about his reputation. Before leaving it, get the mechanic to write out what he will repair and the total cost. Don't pay for unauthorized repairs. Don't pay for repairs covered by a warranty. Keep the repair bills and receipts. New cars fall under the state Lemon Law. Dealers must replace lemons or give you a refund. (Don't expect the dealer to tell you about this law.)

Leases. Visit the housing referral office prior to renting. The office notifies you of non-approved housing areas as well as property managers who use the "Model Lease" negotiated by the Base. When signing a lease, you obligate yourself to pay rent for the entire lease period. In certain cases (PCS orders, involuntary discharge) you can get out of the lease early; but leaving to take base housing does NOT end your obligation to pay rent. Do a very thorough move-in inspection and list all discrepancies on the check-in sheet. If anything breaks down later, such as air conditioning or plumbing, follow up your verbal repair requests in writing. (If the landlord fails to make important repairs, mention small claims court to him/ her.) Thirty days after lease termination, you get your security deposit or at least a written account of deductions. Landlords can only withhold security deposits for unpaid rent, damages (that you caused) beyond ordinary wear and tear, and the

costs of re-renting (if you left before the lease ended.) As with any contract, read it carefully.

Telemarketing/Door to Door Sales. Politely, or impolitely if needed, hang up the phone or close the door. Phony fund raisers, chain letters, "guaranteed" gold cards, "free" prizes (especially of travel), high cost long distance charges; (time doesn't allow all the different ways we can get suckered). Avoid giving a bank account or credit card number. Beware of get rich pyramid schemes requiring you to sell products and to persuade others to sell too. Such scams probably violate the standards of conduct and government ethics by asking you to sell to other service members. It's not always so easy to see through these scams. Two rules of thumb: If you that you have to take advantage of the offer "immediately," have nothing to do with it. If it looks too good to be true, it

Check Cashing: The Payday Lender. Off base check cashers charge a check cashing fee, up to 25% of the check amount. You write a check for \$100.00. they give you \$75.00 back. If you like to throw away money, go to an off base check casher instead of using the ATM or free on base check cashing. Some go to off base check cashers in order to obtain a "payday loan." That is, they agree to take a check known to be written on insufficient funds and not deposit it until payday. This is illegal. Even if they tell you that it's legal to write a bad check, it isn't. The payday lender usually requires you to sign something saying that you currently have funds on deposit to cover the check. When the check bounces, you then write more checks, for more fees. You drown in debt. Overcome financial difficulties with discipline. Consult legal counsel, your command financial management aid, and the Navy, Marine Corp ety for help.

Debt Collection. Creditor may try debt themselves, but usually hire sor do it. Federal law prohibits certain d practices. The law prohibits all collect gaging in unfair practices. (MWR fall rules.) Some prohibited acts include: ing the debt or the caller's identity ("I' making calls before 0800 or after 210 fanity or harassing language, threate the debtor, threatening to communicat communicating) debt information to (such as employers or commanders), call the debtor after the debtor says represents him, and threatening to take authorized action (no wage garnishme consumer debts.) If you authorize the creditor to do so, he may communicate mation to a third party: however, effect zation comes after default - after you i ment deadline. Statements in the initia dicating that you allow the creditor to ca

mander give no lawful permission at a Individual Protective Measures Read contracts, especially the fine prin don't understand, don't sign. 3. Get y vice from a lawyer, not the salesman o lawyer." 4. Take your time. Shop are buy anything immediately after hearing pitch. 5. Get all promises in writing. 6 records! 7. Ask yourself, do I really need 8. If apprehensive, have Base Legal rev

For more information, call CLAO at

# Courts-martia

Editor's note: The following courts-martial were conducted during the period of March 10 - 17, 1997.

Corporal Robert J. Jackson Jr., 2d Battalion, 10th Marines, was convicted at a special court-martial of one violation of Article 93 (Maltreatment of a junior Marine). He was sentenced to restriction for 30 days, 30 days hard labor without confinement, forfeiture of \$600.00 for two months, and reduction to pay grade E-1.

Lance Corporal Michael G. Shannon, 3rd Battalion, 8th Marines, was convicted at a special court-martial of a violation of Article 86 (Unauthorized absence) and violation of Article 112a (Wrongful use of marijuana). He was sentenced to a Bad Conduct Discharge, confinement for 30 days, and reduction to pay grade E-1.

Private First Class Sterlin A. Reaves, 6th Marines, 2d Marine Division, was convicted at a special court-martial of one violation of Article 86 (Unauthorized absence) and violation of Article 121 (Wrongful appropriation). He was sentenced to a Bad Conduct Discharge, confinement for 150 days, forfeiture of \$600.00 for five months, and reduction to pay grade E-1.

Hospitalman Second Class Michey D. Johnson, 2d Medical Battalion, 2d Force Service Support Group was convicted at a special court-martial of violation of Article 81 (Conspiracy) and two specifications of violation of Article 134 (Intent to defraud) and (Wrongfully communicate a threat). He was sentenced to confinement for 150 days, forfeiture of \$600.00 for six months, and reduction to pay grade E-1.

Corporal Bryant K. Henderson, 8th Motor Transport Battalio victed at a general court-martial of two specifications of violation 112a (distribution of marijuana). He was sentenced to a Bad Conduct confinement for 12 months, and reduction to pay grade E-1.

Private First Class Aaron P. Styborski, 8th Motor Transpor was convicted at a special court-martial of violation of Article 86 rized absence) and violation of Article 112a (Wrongful use of mari was sentenced to a Bad Conduct Discharge, confinement for 90 days of \$600.00 for three months, and reduction to pay grade E-1.

Lance Corporal John J. Swinton Jr., Headquarters and Service Surveillance Reconnaissance Intelligence Group, was convicted at a sp martial of two specifications of violation of Article 121 (Wrongful tion) and (Stealing). He was sentenced to a Bad Conduct Discharge ment for 90 days, forfeiture of \$600.00 for three months and reduct

Private Roy E. Lucier, School of Infantry, was convicted at a spe martial of violation of Article 86 (Unauthorized absence). He was s a Bad Conduct Discharge, confinement for 60 days, and forfeiture

Private First Class David Robinson, 8th Marines, 2d Marine Div convicted at a special court-martial of violation of Article 86 (Un absence). He was sentenced to confinement for 90 days, forfeiture for three months, and reduction to pay grade E-1.

OSSE PAGE/3

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SS TOURNAME ottschalk Mari nnual Spring Sp Tournament is so March 22, 6 a.m. ur the Gottschalk Ma lew River and its to

and forms are avai rinas. For more in all 451-8307 or 451-8 MENS SOFTBA tration for the Re Adult Womens Sof ague will beheld 9

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CO-ED SOFTBAL is and Womens Intra all will be getting un n. An organizati is scheduled for nor 16 at the Field He will be limited to 15 the number of team dis unlimited. Lette re due to the Intran ice no later than l6. For more intr

tion, call 451-206 EJEUNE MARATH ine Marathon w nl 5. This is going heluding a full y, 5K Run, 5K Walk Expo, several hup nts and spectators. re needed to assist onnel on race day illy, coworkers, or e would like to volur

mtact Lisa Gray at gn up at Area 3 Fi il volunteers wi iments and a vi EAT THE PRO

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# SPORTS

The Globe

th 21, 1997

at can be done abou OUTH BASEBALL

> ough March 31 at the August 1, 97. Join along ish up on the fundamenh as running, fielding, hitnd simple baseball and I techniques. Registration 35 per child and \$30 per or each additional family er. Each participant receives irt. Call 451-2179 or 451-

of lead paint in Faus TOURNAMENT

e Gottschalk Marina's Annual Spring Splash Bass Tournament is schedor March 22, 6 a.m. until 4 Launches and weigh-ins at the Gottschalk Marina. shing for largemouth bass New River and us them only. Registration fee is \$40 o-person team if paid by 21, and forms are available marinas. For more infor-, call 451-8307 or 451-8345.

MENS SOFTBALL

gistration for the Recre Adult Womens Softball ; League will beheld 9 a.m. m., through April 4 at the Sports Office in the field An organizational meetl be held April 4 at the field Proper identification must sented at time of registra-The league is open to all es 16 years and older, acuty, dependents (active nd retired), retirees, MWR yees, DoD employees, and employee dependents. For egistration information, call

CO-ED SOFTBALL

ens and Womens Intramuftball will be getting undersoon. An organizational ig is scheduled for noon on 26 at the Field House. s will be limited to 15 playat the number of teams per and is unlimited. Letters of are due to the Intramural office no later than noon arch 26. For more intramuormation, call 451-2061.

JEUNE MARATHON

e Lejeune Marathon will be April 5. This is going to be vent including a full maralay, 5K Run, 5K Walk, and Expo, several hundred ants and spectators. Vols are needed to assist miliersonnel on race day. If family, coworkers, or organs would like to volunteer contact Lisa Gray at 451r sign up at Area 3 Fitness All volunteers will rerefreshments and a volun-

**BEAT THE PRO** 

fers are invited to enter



# UROPEVIN FIOK Grand Prix Series gets wet and nasty

f drenching rain, the sun ries European 10K Run. muddy it lay waiting to s who dared to brave rs gathered at Virginia

after both Hurricanes

ward Ellingsworth and d long hours to get the School of Infantry and nelped clear the course finding the course. om the hurricanes was ere the old course had and clearing entanglerunners wouldn't be marily responsible for eared and had no obrcome," Ellingsworth and his crews marked ations throughout the

from last year's run was too deep to wade the runners. Instead, swamp and produced

s the best attended and Prix Series, according rry Hort. Hort said, the ghout the course and irty keep them coming

by one European origiom Hungary, has parthree years. "I loved me," Majoras said. "I re (Hungary), so it's a

ng the European 10K established hers after d, runners should conne open areas to make The hardest part for



Sgt. Jonathan D. Cress

Competitors in the European 10K run splashed through the cold creek water just before the halfway point and again on the return

her was just before and after the creek crossing. "I think people used me as a bridge a couple of times as I was face down in the mud, but the people out on the course were wonderful," Quimby said. "This is certainly one of the most challenging courses I've run in my entire life.'

Overall, the runners seemed to be having a great time despite having to scrape mud out of their faces and endure the pain of burning muscles.

"It was a good time, especially if you volunteer to help," Ellingsworth said. "For me personally, it was nice because I felt like it vas my race. A lot of people came to me and thanked me personally (for clearing the

For those who have never participated in the Series, but want to give it a try Hort suggests participating in at least one event for fun before entering competitively. The '97 Grand Prix Series has had the best attendance yet. The next event will be the Lejeune Marathon on April 5. The race staff is anticipating 300 participants will run the inaugural event in preparation for the Marine Corps Marathon this fall.

"I think this is a great series and we hope that the attendance stays as high as it has been," Hort said.



Sqt. Jonathan D. Cress

The rain-soaked mud pit proved to be one of the toughest obstacles of the course.

#### POWERLIFTER CONTINUES TO BEAT THE ODDS VI SIL

Only a few runners managed to

Private First Class Patrick Russ beat the odds when he took first place

I have asthma," Russ said. "That made me think that I couldn't do it."

Russ spent the next couple of years doing what he did best by becoming in the 170-pound weight class for novices at the Natural Athlete Strength Association's national competition in Stateline, Nev., in December. But Russ has been beating the odds for a long time.

The 4th Tank Battalion motor transport Marine remembered his personal challenges at an early age. "When I was a kid, I was always hassled because I was so small," Russ said. "I wanted to change that."

a personal trainer in various Escondido, Calif., gyms. He also trained to become a physical therapy technician/aide, and began learning more about

Yet his dream of the Corps didn't go away. "I used to spend a lot of time ause I was so small," Russ said. "I wanted to change that."

The change began with an exhaustive physical training program in the million questions. The recruiters were very patient with me."

in the recruiter's office, but I was hesitant to join," Russ said. "I had a national competition. "I was approached million questions. The recruiters were very patient with me."

sixth grade. Russ began lifting weights in junior high school and remained active in weightlifting and football throughout high school.

When he graduated, Russ immediately looked to the Marine Corps. His father served in the Corps from 1964 to 1968, Russ wanted to keep the legacy going. However, he was discouraged because of one ailment.

He returned to Escondido as a reservist to work as the service man-ager and certified personal trainer for a gymnasium located next to Re-

cruiting Substation Poway, Calif.
His relationship to the active duty Marine Corps goes beyond a normal reservist. He still works out with recruiters, and it was m tion from a former Marine powerlifter that helped Russ go to the NASA

I was approached by a large man who just looked me in the eye and said, 'Get it done, devil dog,'" Russ said. "It's hard to explain. It was a weird feeling, but it made me so pumped."

On Dec. 14, Russ' powerlitting career began when he bench pressed

314 pounds to take first place in Nevada.

Russ is now focusing on his next competition in April.

## NAVY MIDSHIPMEN OUTGUN LEJEUN LEATHERNECKS

1st Lt Mark Oswel

laying on the road is never easy. Playing when you're outnumbered is no better. Put these together, and you have Camp Lejeune's Lacrosse Team taking on the Naval Academy's JV Team in Annapolis, Md this past weekend.

The Marines were the first to arrive at wind-blown Dewey Field. With wind gusts of up to 30 MPH the temperatures dipped into the 40's

Having several former Naval Academy lacrosse players on the team, the Marines were looking forward to the opportunity to take on such a high caliber team.

The Marines opened up the scoring with a quick solo shot from attackman, playing midfielder, Rob

Navy countered with a shot past goalie Brian Shaver.
"Seeing Shaver get pelted with shots and not letting any go in the goal, motivated all of us to play
better defense," said defenseman Wayne Bowie.

While the defense was holding its own on one half of the field, the attackman and midfielders were getting things going on the other.

ting things going on the other.

The second Marine goal came on a give and go situation, with attackman Hank Edds feeding a breaking Bailey.

After Shaver and the Marine defense absorbed several more attempts to get on the board, Navy finally tied the score, 2-2.

Camp Lejeune needed to make something happen to keep the momentum. Their break came as Navy was attempting to clear the ball out of their defensive end

attempting to clear the ball out of their defensive end.

Chasing after the goalie during the clear, attackman
Bob Hallett caused the goalie to loose control of the

"I happened to be on the crease and saw the crease defenseman pick the ball up. As he scooped up the ball, I checked his stick," said Hallett.

"The ball was knocked up and the goalie lost sight of the ball. I never really saw it go behind me into the goal. I turned and saw the ball literally trickle into the goal on the right side."

By the end of the first quarter, the Marines held onto a slight 3-2 lead, and were looking to add to this.

"Our defense was well settled and under control," said defenseman Matt Ciancarelli. "Brian (Shaver) kept us in the game the whole time. He truly was the defense." Unable to get the offense started in the second quarter, the Marines lost numerous opportunities to add to their lead with missed shots, goalie saves, and poor passing.

The 30-man Navy squad tied the score at three, and then began to exploited the seemingly solid Marine defense as the quarter were on

defense as the quarter wore on.

Down 3-5 at half-time, the Marines knew what it was going to take to get back on top.

"We had trouble establishing a transition game,"

said Hallett.

The inability to effectively transition the ball from

the defensive side of the field to the offensive was becoming detrimental to the Marines. "We were making poor decisions by throwing the

long bomb," said Ciancarelli.

Naval defensemen playing at or near midfield were

intercepting the attempted clears, or checking the Camp Lejeune attackmen and preventing the fast break. "It is really hard to ride and clear in a game against

a team who practices these things on a daily basis," said attackman and Navy alumni Gary Herbold.

The third quarter was owned by the midshipmen, as Camp Lejeune couldn't thwart their disciplined attack and failed to add any goals of their own.

The tiring Marine defense allowed four more Navy goals to go on the board, most of which were a result of unsettled situations or fast breaks.

"Our opponent was well coached and executed their offense really well," said a frustrated Herbold. "We couldn't buy a goal."

Heading into the final quarter down 3-9, the Marines knew that they were fighting an uphill battle.

Navy scored two more in the fourth, before Navy alum, Bailey, gave a bit of life back to the Marine team, by putting is third goal of the day past the Navy goalie.

This would become the final score for the Marines, as Navy added two more its own to close out the game.

Losing 4-13, the Marines fell to 1-4 for the season, but are looking to put a few in the win column with match-ups against Ft.Bragg, East Carolina and UNC-Chapel in next two weekends.

The team encourages players and fans to come out and enjoy the first Camp Lejeune Lacrosse Classic on 12-13 April at Liversedge Stadium. Twelve college club and men's club teams from all over the southeast are scheduled to play in the tournament.



Attackman Rob Bailey moves the ball upfield through a sea of Midshipman.



Midfielder Mike Groth takes a hit while fighting for a ground ball.



Attackman Gary Herbold chased all the way, drives towards the Navy goal.

Trish Brostek



Defenseman Ray Dutton clears the ball out of Camp Lejeune's defensive end.

## Quantico wins East Coast Regional Championshi



Sgt. Jonathan D. Cress Michael Lealous, Quantico, drives in on Daryl Stockton, 2d FSSG Sgt. Jonathan D. Cress
Globe staff

Quantico stole the crown from 2d Force Service Support Group the '96 champs, 88-87, in the East Coast Regional Basketball Championship at the Geottge Memorial Field House March 14.

Quantico dominated the first half by keeping constant pressure on the 2d FSSG offense. Frequent substitutions kept them in the lead and by halftime, they led, 59-48.

Second FSSG slowly made up for lost ground and with :58 remaining took the lead by one. On the return possession, Quantico let the clock run down and called for timeout at :24.

A pick and roll left Michael Zealous by himself under the rim. In the final seconds, Corey Wells fed Zealous through 2d FSSG's defense and he sealed the championships.

William McAdams led the Quantico offense with 22 points while Daryl Young and Joe Grimes scored 14 a piece.

"The key to us winning the game was constant defense," Quantico head coach Daryl W. Dixon said. "We knew we had to come down here and play hard to get the victory. We did just that." In previous match up, 2d FSSG came from the losing bracket to beat Quantico, 100-99, in overtime, March 13. Since it was Quantico's first loss in the tournament another final game had to be played.

Antonio Ford started the game with a slam dunk, putting 2d FSSG on the board first. On the return possession Quantico evened it up.

For nearly four minutes neither team scored, but their defenses were rebounding well.

William McAdams nailed a three-pointer for Quantico

at 15:51 and Ford kept the score even, hitting a three on the way back.

The game kept an even pace for the first 10 minutes,

but shortly after, 2d FSSG found trouble, missing three short jumpers in a row.

McAdams kept Quantico out front with another threepointer for a 25-19 lead. They made up for missed shots at the backboards and extended the lead, 35-27.

Second FSSG called for timeout. Returning to the court, they tightened up their defense to keep Quantico from running away with the game. Ford hit a turnaround jumper just outside the paint and Billy Shanks hit two from behind the three-point line. Joseph Hall came alive at the

boards, laying in two baskets off rebounds, but time Quantico still had the lead 46-41.

Second FSSG came out on fire in the second habit a jumper from the free-throw line and Ford drow layups. Glenn Taylor came up with a loose bascramble and sank a 15-foot jumper and Shanks the lead by two with a three-pointer.

At 14:05, Hall evened the score at 55 from the 2d FSSG seemed ready to take charge of the game.

In less than two minutes Quantico quickly pullout to a nine-point lead. McAdams sank two thre buckets back-to-back with Michael Zealous back play at the boards. Zealous hit a reverse layu bounced pass and drew a foul, sinking one from t 64-55.

By 10:46, 2d FSSG had made up for lost ground Stockman converted a rebound for two points and hit drained two three-pointers. Stockman pump fal defenders and evened it up at 65, but 2d FSSG of take the lead.

Corey Wells stole an inbound 2d FSSG pass am in for a layup. Quantico restored their lead, 75-70

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of the players who don I likew we would win an common back in," Howe wiserves and Kevin Ke to power they needed to would beat them and the

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e zould have won the setof mental errors. Besid
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## ejeune Intramural volleyball

Comm. Bn. sets for victory

ash of an ace serve by Tori Conners, 8th Comm. Bn., signaled vicntel. Co. as they won the second game 15-9, taking the match March area One Gym. Despite the score at the Area One it was not a close

Comm. Bn. powered through the first game by sending blistering the net, simply out-muscling Intel. Co. 15-1.

e first game coach Joel Sparks, Intel. Co., tried to make some adjustis team to compensate for the mismatch he faced at the net. During ing of the second game it looked as though Spark's efforts would pay eam took an early 3-0 lead. "We had a chance in the second game. assing well and getting some good contact on the ball. Then we just beat ourselves again. We weren't talking, we weren't communicat-weren't playing the best game we could," Sparks said.

Comm. Bn. quickly tied the game 8-8. Coach James Howe, 8th Comm. niting to rotate his best players back on the court. "What I did was to the players who don't get much playing time and rotate them in for new we would win anyway and when it got a little too close, I just onnor back in," Howe said.

's serves and Kevin Kersey's sets and Bob Fletcher's spikes gave 8th power they needed to win over Intel. Co. in the second game. "I ould beat them and that's what made this match fun," Howe said.

### io Battalion spikes ahead

ring spike by Dennis Thurman gave 2d Radio Bn. a decisive 16-14 winond-game victory and the match over 2d Dental Bn., March 12 at the Gym. Throughout the match 2d Radio Bn. proved overpowering.

t game saw a strong start by 2d Radio Bn. behind the serving of Brian blasted six unanswered points, giving his team a comfortable 6-1 lead. ering the flurry of points with three of their own, 2d Dental Bn. faded and Bn. took a commanding 12-6 lead. 2d Dental Bn. never found a way towering hands of Randy Burdin, Dennis Thurman and Brian Widic, ed spike after spike. Tawnia Converse sent the winning serve over the net

ing to Randy Burdin, coach of 2d Radio Battalion, his players were menred. "We won by concentrating on what we were supposed to do. After e first game, 2d Radio Bn. relaxed. Second Dental Bn. took advantage by unanswered points. "At the beginning of the second game we just lost Burdin said. With a 14-9 lead in the second game, it looked as though 2d was about to tie the match at one game a piece. According to Burdin, 2d stayed calm and began a comeback. "We play together enough that we to do, so we settled down and got back in the game.

exhibited his serving ability by tying the game at 14-14. He continued to xt two points on serves to win the game and the match.

ch Bob Prewel, 2d Dental Bn., the second game was a big disappointcould have won the second game and possibly won the match but we of mental errors. Besides that, we were also missing some of our best

s 2d Radio Bn.'s last game of the regular season.



Brian Widic, 2d Radio Battalion, pounds a serve to 2d Dental Battalion at the Area One Gym.



2d Dental Battalion tries to stop the power of 2d Radio

### INTRAMURAL VOLLEYBALL **WEEKLY STATS**

	RATIO
0	100.0
1	90.00
2	80.00
4	60.00
5	50.00
5	50.00
7	30.00
7	30.00
8	20.00
8	20.00
8	20.00
	1 2 4 5 5 7 7 8 8

CONTINUED FROM / 2B

At 5:06. Quantico was over the foul limit

Hall and Stockton worked hard on the inside and kent Quantico from driving in. With under two minutes to play, Taylor nailed a long jump shot

and 2d FSSG took a one point lead, 79-78 Quantico quick passed up court to Stanley Rattler who hit for three Second FSSG missed at their end of the court on the following possession

and Zealous laid in a basket for Quantico, 84-79. Inside of a minute, Shanks ran the ball down court and sank a three pointer off the dribble. Quantico missed their next attempt on rim

While ahead by two and with under :40 left to play, Quantico tried to run down the clock. At the top of the key Ford stole the ball and fed Shanks for

With :08 remaining, Quantico had possession, but 2d FSSG didn't allow them to get the ball within striking distance. The last shot was wide left and the game went to overtime

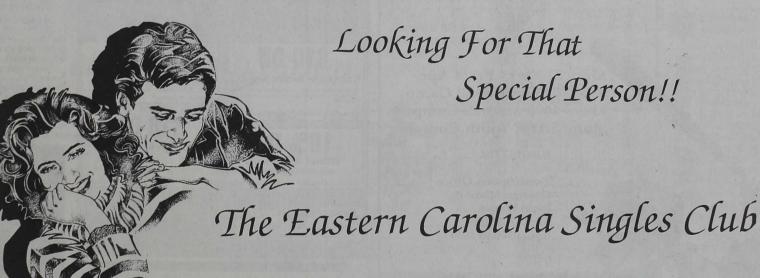
Quantico took the lead by five to start overtime, but 2d FSSG, refused to stay down. In the final seconds Ford sank the winning basket, 100-99

Ten Marines were selected from the Eastern Regionals Championships to try out for the All Marine Team in October at Camp Pendleton. Of those were Billy Shanks and Antonio Ford from 2d FSSG along with William H. McAdams and Daryl Young from Quantico



Joseph Hall, 2d FSSG, shoots from behind the three-point line early in the first game of the finals

### 



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# SPORTS SHORTS

1997 REGIONAL **ALL-MARINE AND** ARMED FORCES CHAMPIONSHIP SCHEDULE

#### VOLLEYBALL (MEN)

East Coast Regional April 6-12. MCB Camp Lejeune, N.C.

All-Marine Trials 13 April - 3 May MCB Camp Lejeune, N.C.

#### BASKETBALL (WOMEN)

All-Marine Trials March16-April 5. MCB Camp Lejeune, NC

#### VOLLEYBALL (WOMEN)

All-Marine Trials April 13-May 3 MCB Quantico, Va. For more information Call: Jim Medley at 451-2061

#### POWERHOUSE CLUB

The Semper Fit Powerhouse Club is interested in getting you qualified as a member. Visit one of the fitness centers the last Wednesday of the month from 5 p.m. to 8 p.m. to make your lift. Patrons are allowed one lift in bench press, squat, and deadlift. Qualification standards are broken down by weight and gender to provide equal opportunity for all patrons to qualify. For more Powerhouse Club information call 451-5430/8209.

#### 10K RUN

Camp Johnson will be hosting the 1st Quarter 10K Run March 22 at 9 a.m. Registration fee is \$5 per person if received prior to March 19 and \$7 per person thereafter. All registrants receive a free T-shirt. For more race information call 451-0730/0715.

#### GOLF LESSONS The Onslow County Parks & Recre-

ation Department and North Shore Golf & Ocean Club will be sponsoring beginning adult golf lessons. All lessons will be held at North Shore Golf & Ocean Club, starting April 8. Times for lessons will be from 6:15 - 7:45 p.m. Cost is \$25 per participant and all participants must provide their own golf clubs. For more information Call 347-5332

#### ONSLOW SENIOR GAMES

The Onslow Senior Games athletic vents will be conducted from April 30 -May 3. Onslow Senior Games is open to anyone 55 years or older as of August 1. Events include shuffleboard, horseshoes, spin casting, football throw, softball toss and many others. Deadline for entering the games is April 4. Entry forms may be picked up from the following sponsors: Onslow County Parks & Recreation Department, area Nations Bank, Onslow Senior Games is sanctioned by the N.C. Senior Games, Inc. and sponsored statewide by Nationsbank and the N.C. Division of Aging. For more information on the Games, Call 347-5332.

#### COACHES NEEDED

For Varsity Women's Softball, call Jim Medley at 451-2061 for more information.

#### **TENNIS LESSONS**

The Onslow County Parks & Recreation Department will be conducting beginning youth (ages 7-15) and adult (ages 16 & up) tennis lessons. Cost is \$20 per participant. Locations of lessons are: Coastal Carolina Community College Mondays & Wednesdays starting April 14, and Onslow Pines Park, Tuesdays & Saturdays starting April 15. For more information Call 347-5332

#### **HUNTING SAFETY**

The Onslow County Parks & Recreation Department and the N.C. Wildlife Resources Commission will be conducting Hunting Safety Lessons. The lessons will be held from April 29 - May 1 at Blue Creek Elementary School from 6 -9 p.m.. There is no charge for the lessons but preregistration is required through the Onslow Pines Park Administration Office. Class size is limited. For more information, call 347-5332.

#### THE LEJEUNE LADIES **TENNIS ASSOCIATION**

Meetings are held Monday and Friday mornings from 9 to 11 a.m. at the Paradise Point tennis courts. If you have not played recently or are a beginner, we encourage you to give it a try! Call Karen Edwards 324-2857 or Peggy Carnes 355-2595 for more information.

#### **GREENWAY TRAIL**

The Greenway Trail is a 2.2 mile paved nature trail providing an atmosphere for walking, jogging, or biking through a beautiful area of the base. The trail extends from the Main Service Road (across from Marston Pavilion), through the woods adjacent to Wallace Creek, ending at Delaware Avenue in the Berkeley Manor housing area. For more information call: 451-2094

1997 REGIONAL **ALL-MARINE AND ARMED FORCES** CHAMPIONSHIP SCHEDULE

#### **BOWLING**

All-Marine March 30 - April 6 MCRD San Diego, Calif.

East Coast Regional March 24-29 MCAS Cherry Point, N.C.

### TRACK

All-Marine Trials May 1-17 MCB Camp Pendeleton, Calif.

### SOFTBALL (WOMEN)

All-Marine Trials July 6-26 MCB Camp Lejeune, N.C.

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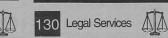
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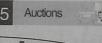




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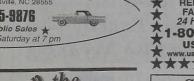
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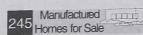












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ble, clean, PCS, 3K, hatchback, red

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all 938-1737. Ord am/fm w/cass. all 577-0071.

tion wagon 117K G \$3,900, OBO.

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stereo cassette, mileage, \$6,800,

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85K, \$13,500. Call 355-0446.

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#### fully loaded,, Call 355-9984 MOTORCYCLES

95 Katana 600 black/purple 3300 mi, w/helmet and cover, take pmts of \$255 mo or \$4000. Call Sgt. Halpin at 451-3825 Rm. 306.

'85 CR 250; Wiseco piston, Boyeson reeds, Barnet clutch, \$1,500. Call 353-0685

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Bass boat, 18' Astro FXD, 150hp Suzuki mint cond, very low hours, many extras. Call 346-5983. '80 Aquasport, 24 ft, family fisher-

man, cutty cabin, CB, 250 hp I/O, great cond, \$4500 OBO. Call 577-58 cm trek road bicycle w/ shimano

600, clipless pedals, computer, \$650; 54 cm trek 460 road bicycle w/computer, clipless pedals; Santour components; \$300 OBO. '95 Neptune 180 center console, 90

hp Evinrude, \$9,995. Call (919) '88 Jayco Jaythrust 6 camper,

sleeps 6, Dometic refrigerator/ freezer, A/C, gas stove, roll-out awning. Call 346-5932. Dive gear for sale, Decor first & sec-

ond stage w/ depth gauge, \$250; Decor BCD med., \$175; Dive lights, 1 lg., 1 sm., \$26; pointed tip dive knife, \$18; weight belt w/ 18 lb. of weight, \$20. Cal Shelleman at 938-3522. Call George

26" 10 speed mountain bicycle (male), 6 mo. old, \$60; 26" ladies bicycle single speed, \$40; 20" girl bicycle, \$35; utility trailer 5' x 10', \$350. Call 353-1335

Golf clubs, Spalding Spelc 2000, 3-9 irons, 3 & 5 woods, w/ pitching wedge, bag, balls and tees, Ram #1 driver, Ray Cook putter, \$125. Call George Shelleman at 938-3522. Sport fisher, 24 foot, in/out board

bayliner, stove, refer, sink, head, A/ C Y-berth, command bridge, etc. ,000, OBO. Call 327-3590 Alcort sunfish sailboat. 13 foot .9

inch with trailer - call equipment and sails in excellent condition \$450.

'93 Key West 17', all fiberglass, low draft, 70 HP outboard, trailer, ski pack, \$7,000, call 327-2778.

#### **APPLIANCES & ELECTRONICS**

Bose Model 501 Direct Reflecting speakers, 1 pr, exc cond. \$75 OBO 1 Sansui Model G-6700 Stereo Receiver, 330 Watts, exc cond, \$75 OBO. Call 353-1405.

Cell phone, \$50. Call 353-5855. Pioneer car CD changer, 6 discs all accessories, \$300 OBO; Kenwood car amplifier, \$125. Call

Brother typewriter w/memory, \$120. Small refrigerator, \$80. Call 353-

Refrigerator side-by-side water, ice,

light on door, \$600; Sears Kenmore upright freezer w/key. Call 347-Kenwood KAC-Q74, 4 channel

power amplifier and KSC-7702 3 way speaker systems, still in box. Call GySgt Howell at 451-5387. Whirlpool 30" freestanding electric

range, almond, \$200 OBO. Call Pentium 100, 32 Meg, 1.2 Gig HD, CD ROM, SVGA monitor, software, \$1,400. Call 347-9342.

RCA color TV, 19" w/ remote, \$200 OBO; Zenith VCR, \$125 OBO. Call 347.1182

347-1162. Magic Genie organ, \$500; generator, \$500; electric typewriter, \$100. Call 353-4092 AWH.

case and mouse included \$450

Pioneer stereo, 6 CD changer, dual cassette, \$200. OBO; Kenwood stereo cabinet \$75 OBO. Call 577-

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### **FURNITURE**

Queen bed and box springs, 3 yrs old, comforter, with 2 pillow sham, heating blanket, bed skirt and 2 small pillows \$80 OBO. Call between 10 a.m. and 9 p.m. at 353-

Vanity dresser, cherry stained, w/ mirror & bench, \$175. Call 355-

Bedroom set, twin bed/mattresses desk, hutch, chest drawers, night table, \$400;

Entertainment armoire, \$300; 2 bar stools w/upholstered seats, \$45 each. Call 347-0838.

Ikea compact computer desk, laminated white, w/casters, \$65. Call 55-0770.

Antique solid maple kitchen table with 4 chairs and leaf, \$125. Call (910) 743-2115. Child Craft crib, solid wood, natural

finish, sides lower with foot bar, Call 577-3059. Full size futon, hunter green w/fin-ished frame, \$250. Call 938-2667.

Cottage table w/2 chairs, clear finsh, \$75. Call 938-2667 Matching couch, love seat and chair, black w/flower pattern, \$450 OBO. Call 353-8615 after 1 p.m. Naugahyde brown sofa bed, \$100.

Call 353-4092 AWH. Double/twin bunk bed w/mattresses, \$200; entertainment center, light colored, \$180; toddler bed, girls mattress and bedding set, \$35. Call

346-3379 Patio set, 4 chairs w/new cush table, new umbrella, \$200 OBO. Call 353-8132. Childcraft oak crib-n-bed, \$250, call

Entertainment center, solid oak \$200, oak rocking chair.\$75. Call

### **MISCELLANEOUS**

12 Horsepower 36" MTD riding lawn mower, very good cond, \$200. Call

Cardiofit Lifestyler exercise machine w/digital monitor adjustable tension, \$130, Call 355-0514 after 6 p.m. Kraco, car seat \$20, play pen \$10, crib mattress \$ 15, walker \$5 and car stereo AM/FM cassette \$20, all in good condition, Call 353-6382 Murray lawn mower used 3 mos, \$100. Call 577-0193.

Sega Genesis System and seven games (including Madden '96). All other accessories two controllers included, \$100 Call 919-354-5958. Great Northern, 3, small short

sleeves, no chevrons, \$25 ea; 1 creighton small short sleeves, w/ SSgt chevrons, \$25; 1 creighton medium, short sleeves, w/SSgt chevrons, \$25; 1 creighton 45 x32, long sleeves, no chevrons \$25. Call 347-9167

Weber grill, \$50; 6 drawers dresser \$50; entertainment center \$30; 2 twin bed sets w/blue metal headborad, frame, mattress and box spring \$75 ea. Call 346-0905. Baby bike carrier \$18; infant car

seat \$15; Graco, baby swing w/toy bar, no auto, \$20; 4 x 4 x 4 x 5 utility trailer fully enclosed, \$300 OBO; nitch frame 3500 lbs, \$70 OBO. Call 347-7123. Wedding dress, size 8, never worn

or altered, \$300; green suede bomber jacket, like new, \$50. Call

Sega Genesis System w/ 7 games, all other accessories and two controllers included, \$150. Call 919-354-5958.

Carpet for 1BR & LV; chain link fence and shed, \$200 ea OBO. Call 577-8459.

Mitsubishi stereo system, CD included, 1 year old, good cond, \$550; Boss equalizer, \$80, Teal evening gown or prom dress size 11-12 \$80. Call 938-9203.

sleeve; 1 small short sleeve w/SSgt chevrons; 1 medium short sleeve w/ Sgt chevrons; 1 15x32 LS, \$25 each, call 347-9167.

Aluminum rims w/a Honda symbol, \$400, call 455-3471.

125 gallon aquarium, top light, console, type stand, \$500. Call 347-

Young adult thriller books, many titles, good condition, buy some or

all, \$200 OBO. Call Jennifer at 577-3797 3-9 p.m. weekdays, anytime weekend:

2 prom dresses, one emerald green. one black and purple, both sz. 7

\$50 each. Call 577-4210.

Baby crib, no mattress, \$20; walker, \$10; portable playpen, \$10; car seat, \$5. Call 577-9177.
Bike baby carrier w/ pad seat, \$18;

Gerry back baby carrier, \$10; infant car seat w/head pad, \$15; jumper, \$10. Call 347-7123. 4x4x5 fully enclosed utility trailer

\$250 firm; 3,500 lb. capacity trailer hitch, \$60; car bra for '75-'78 Buick Regal, \$20. Call 347-7123. Merrit Encyclopedia set, \$40; 24 ft.

diameter solar pool cover, \$40:

Bruce Jenner Power Walk plus, \$80. Call 455-4441 after 5 p.m. Bedliner, fits full-size short bed, '88-\$100. Call (910) 327-0777 after 5

Diamond wedding trio under 1/4 carat, engagement ring, his/hers bands, \$550 OBO. Call 347-1162. Fisher Price mountain bike, \$20

OBO. Call 353-8132. Car seat, newborn on up, \$30; little

potty, \$5. Call 346-3379. Noritake China 12-5 piece place setting and 9 serving pieces. \$600. White daybed with pop-up trundle unit, 2 mattresses and bedding \$125; patio table and four cushioned chairs \$50. Call 347-2350. Pooltable, portable, regulation balls, stick and rack included \$75; student

desk, brown laminated engineered wood \$35. Call 455-8846. English riding saddle, great for be ginning students \$125 OBO. Call

577-1758. hardware included, best offer. Call

55 and 35 gallon fish tanks with ac cessories \$200/150 negotiable; draw tile trailer hitch \$85. Call 326-Technics 100w stereo system w/rack and surround sound, \$800, call

room number.

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Aluminum camper shell, fits full size Ford pick-up, \$75, call 353-8448. SCUBA gear, 100cb tanks, Scuba Pro regulator, Omni Pro computer UK800R Divelight and PADI instruc-tor items, call 353-8448.

#### PETS

Golden Retrievers, have shots \$250. Call 938-5276 or 353-8442. and spaded, needs loving home. Call

Sheltie puppy, female, spaded with

shots. Call 326-6433. 2-yr-old hound mix, great w/kids, door or outdoor dog, 45 lbs. Call 577-3383.

Pomeranian, AKC registered, 3year-old female, shot record current, \$150. Call 577-8732.

Free to good home, 8-month-old female German Shepherd, house trained. Call 355-2613. Easter Puppies, mother Golden Re-

triever, all puppies black, first shots included, \$35. Call 324-4386. Free to good home, 1-year-old female cat, has shots. Call 353-9282.

#### **REAL ESTATE**

ceiling fans, skylights in kitchen, located 5 min from Maingate in Sherwood MHP. Call after 4 p.m. at home 577-7390 or during work hours at 451-8134

'96 Oakwood, 3BR, 2BA, 14 x 80'. Call 355-2396.

Oakwood, 64 x 14, 3BR, 2BA, located on Knox Mobile Home Park, Call 577-6981 3BR mobile home, 14 x 70, washer

dryer, 2BA, \$350 a mo, near MCAS.

Call 346-6285. 2BR mobile home, all electric, chain link fence, large yard, yard care & septic free, \$250 per mo, \$125 Deposit, no pets. Call 353-1335

MHP. 14 x 70, R-7 insulation, full

skirting, storage barn, exc cond, \$8,700. Call 353-1081. 93, 14x76, 2 BR, 2 BA, vinyl siding, shingled roof, deck, patio, shed, fenced yard on spacious lot close to base, about \$250 a month. Call

577-5442 anytime. '94, Oakwood MH., 14x80, 3 BR, 2 BA, deck, shed, set up in Hubert

area. Call 353-6387. For sale: 1985 14x70 NorthSummit, central air and heat, 2 bedrooms and one bath, washer and dryer hook-ups. Aisle kitchen has builtin china cabinet and plenty of cabinet space, newly carpeted. Asking

\$15,000. Call 355-2934. For rent: 10x50 two bdrm mobile home on private lot. Close to base furnished, phone and cable connections. No pets six month lease \$185 per month plus deposit. Call 353-2668.

For rent: 2br house, unfurnished or partially furnished, carpet, lightning rods, front and back porches, large yard, in country, near base, \$285 per month, no pets. Call 324-3684. For sale: 4BR, 2BA, brick fenced yard, garage, Brynmarr area, loan assumption or new loan, Call 577-

### WANTED,LOST,FOUND

Used camping trailers, 27 ft., \$1,800 OBO. Call 910-347-4856.

Mother of one will baby-sit in her home, first aid and CPR certified. Call Lisa at 577-1056

15x7 6 lug rims to fit Toyota truck. Call 346-8018. Wanted: Metal utility storage build-

ing. 6x12 or one suitable for base housing. Call 355-2779 anytime

#### YARD SALES

p.m., 2561 Bougainville Drive, Tarawa Terrace II. Clothes, furniture, baby items and more. NO early birds please. Call 353-1781.

### HOW TO PLACE YOUR FREE TRADER AD

\* Trader ads are a free service. The Globe reserves the right to edit and/or omit ads that do not meet expressed guidelines or Globe policy.

\* Ad requests received prior to noon Friday SHOULD appear in the following week's paper, unless space is limited. In such a case, the ad will be published in the next issue. Late forms and phone requests will NOT be accepted.

\* A separate request form must be submitted each week you wish the ad to run.

Forms must be filled out COMPLETELY. That includes full name of sponsor, his/her rank and unit, home address and home and work phone numbers. Incomplete forms will NOT be published. Military work numbers will not be published. Barracks #'s must include room number.

\* Print legibly. If we can't read it, it will **NOT** be published.

\* Individual forms **MUST** be filled out for each category of items you want published. I.E., automobiles, furniture, pets. If an ad is sub-mitted with several items from different categories on one form, they may not be published. Time is limited.

\* No more than 20 words per form. Only three forms per household a week will be

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\* Trader ad submissions will not be accepted by fax, guard mail, phone or return contacts with military phone numbers.

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1800 CALL ATT. That's Your True Choice.<sup>M</sup>



### New Inhaled Anti-Inflammatory Offers Personalized Asthma Treatment

(NAPS)—Living with asthma is not easy—just ask any of the estimated 15 million Americans who suffer from this chronic condition that often leaves them fighting for their next breath. Asthma is a disease that demands both serious attention and proper management. attention and proper management to keep symptoms at bay. And, although it can't be cured, it can be controlled.

"If my asthma gets out of con trol, it can be scary," said Tina Nealy, an asthma sufferer from Denver, Colo. "I really have to keep on top of my condition so I don't live from one attack to another." Asthma sufferers like Tina now

have a new treatment option that can be personalized to their condition and keep their asthma under control—effectively and conveniently. The first inhaled anti-inflammaly. The first inhaled anti-inflammatory asthma medicine available in multiple strengths (44 mcg, 110 mcg, 220 mcg) in the U.S., FLOVENT (fluticasone propionate) Inhalation Aerosol is indicated as a preventive therapy for the maintenance treatment of asthma in patients 12 years and older. Anti-inflammatory therapy works to reduce airway inflammation, the underlying cause of asthma. Asthma is considered a disease with two components—broncho-

with two components—broncho-spasm, or the constriction of the muscles that line the airways, and inflammation of the airways. Airway inflammation makes the lungs more susceptible to bronchospasm,

resulting in asthma symptoms.
FLOVENT is the first inhaled corticosteroid introduced in the last 10 years. FLOVENT offers the benefits of improved lung



local adverse effects at low doses and a simplified dosing schedule. patients who require oral corticos-teroid therapy for asthma, many of whom may be able to reduce or eliminate their need for oral corti-costeroids over time. (Oral corticosteroids, which often are associcosteroids, which often are associated with more side effects, are taken in pill form and travel through the bloodstream to reach the lungs. Inhaled corticosteroids are topical medications, meaning they act directly on inflamed airways with much lower concentrations absorbed into the bloodstream.) FLOVENT should not be used to relieve acute asthma used to relieve acute asthma

Other inhaled corticosteroids are available only in one dosing strength. The three dosing options of FLOVENT allow patients to receive the proper amount of medication based on their disease severity. Experts agree classifying asthma is important when considering treatment. The common descriptions (mild, moderate and severe) are useful because asthma therapy must be individualized.

"FLOVENT offers convenient,

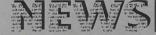
effective asthma control with a favorable safety profile," said Harold Nelson, M.D., senior clinical staff physician at the National Jewish Center for Immunology and Respiratory Medicine in Denver, and a clinical investigator for FLOVENT. "Treatment can be customized to match a patient's needs and minimize the number of inhalations needed to achieve optimal control."

According to Dr. Nelson, it is

not uncommon for patients with moderate to severe asthma currently to require numerous inhalations of a medication four times a day. With FLOVENT, effective asthma control is achieved at lower doses, so that most patients may only take two puffs twice a day. The ease of twice-daily dosing may enhance patient

Another advantage of treatment with FLOVENT is that patients with asthma may experience improvement in their condi-tion within 24 hours of their first dose. Of course, onset of action and degree of symptom relief may vary from patient to patient and maxi-

mum benefit may not be achieved for one to two weeks or longer. Approved in more than 36 coun-tries, FLOVENT has a favorable safety profile. The most common side effects seen in clinical trials were upper respiratory infections. were upper respiratory infections, sore throat, nasal congestion and discharge, oral candidiasis, sinusitis, hoarseness and headache.



### OF HEALTH

### **Progress For Cerebral Palsy Patients**

(NAPS)—Ali Genova's infancy was filled with pain and frustration. She could not crawl or even play with toys. Ali has cerebral palsy, a disorder that afflicts young patients with chronically stiff muscles, or spasticity. "By the time Ali was three,

stiffness was part of her everyday life," says mother, Debby Genova. She could do few of the things

matter of course Then Ali's physician recom-mended treating her condition with a new experimental therapy, Intrathecal Bacolfen (ITB) Therapy. The manufacturer, Med-tronic, Inc., has just received approval from the U.S. Food and Drug Administration to market Drug Administration to market the new therapy, the first treat-ment in 15 years specifically indi-cated for spasticity associated with cerebral palsy and brain injury. It includes an implanted pump and a catheter that delivers a special for-mulation of the drug bacofen into the spinal fluid, right where it's needed to help muscles relax. Now eight years old. Ali has

Now eight years old, Ali has been on ITB Therapy for two years. Her spasticity has reduced significantly. She plays family games, feeds herself, and needs less aid at school.

"We noticed definite changes right after the implant." Ali's mother says. "She flexes her wrists and moves her legs more easily. She finishes a meal in 20 to



ears brightens the lives of children with cerebral palsy. The therapy also helps patients with

30 minutes, where it used to take an hour. And she has learned to use a typewriter. That's really something!"

Chronic muscle stiffness, or spasticity, affects 75 percent of the 500,000 children and adults with cerebral palsy and many of the 100,000 people who sustain seri-

ous brain injuries each year.

"Many of these people with cerebral palsy have normal minds," that are trapped in rigid bodies," says A. Leland Albright, MD, chief of neurosurgery at Children's Hospital in Pittsburgh. "Baclofen relaxes their muscles so they can

move easier."

Dr. Albright was the lead researcher for ITB Therapy during its clinical trials.

For more information please call 1-800-553-9166.

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Three Ways Improve He

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Succession (NAPS)—Amer sses number 20 for 39 percent of the national product an of every three new jo



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Are You Lo

Successio

Il is considered a very young sport. It came in 1981 when the U.S. Forestry Service ine marking pistol for the purpose of marking Cattlemans' Association adopted this idea king, and applied it to cattle as an alternative g. It is believed that the first game of paintball en cowboys who, while sitting around the one night, decided to shoot each other with rking pistols.

me has evolved considerably over the past most important changes have been in the of rules and equipment designed to make the

than a decade, paintball has become recogne of the world's most exciting participation fact, it is the fastest growing sport in the 90's. s played in over 35 countries by millions of women of all ages and life styles. Whether ers or high-school students, professional or paintball players share in common a love for and a strong competitive spirit. It is a sport nen and women compete equally, and age is ated by youth. Size and strength are not as as intelligence and determination. Like a game being able to think quickly and decisively is es you a star. Paintball is also a characterport. Players learn the importance of team-

work and gain self-confidence while developing leadership abilities. But, above all, paintball is fun! Once the adrenaline starts pumping you can't help but love the thrill of the game!

Paintball is a team sport and is similar to many other "ball" oriented sports, in that you have 2 or more teams striving to achieve a goal or objective. Paintball has rules, a scoring system, referees, leagues and international tournaments. It is a combination tag, hide and seek, cops and robbers and human chess. The sport of Paintball is a non-contact, action-packed, physical and mental activity and is the most fun you will ever experience...



A paintball participant crouches down in an elimination attempt on his opponent.

behind.

Making a

dead man's

walk is a le-

gal play

unless a

field's rules

strictly pro-

But-he

is cheating

if he gives

an elimina-

tion signal

(raises

marker,

puts barrel

plug in, ver-

bally calls

himself out,

etc.) and

then tries to

pull off a

dead man's

walk. Re-

hibit it.

### sophisticated combination of tag and hide-n-seek

rsuit Games

Ill is a combination childhood "tag" and "hide but it is much more challenging and sophistigame can be played with as few as 2 players o as many as 500. The goal of the game is tag ne on the opposing team with a special airgun, all gun, and capture the other teams flag. Here t the basic rules for fair play.

sic, universally accepted elimination signals visual, or both.

al signal is saying "I'm hit!" or "I'm out!" or t, coming out!" or "Dead man!" These are all make it very clear that the speaker has been is coming out of the game.

I signal is raising one hand up over your head, our paintgun up over your head, or a combie two. Other accepted visual signals someare: putting a barrel plug into the muzzle of r, putting a white sock over the end of the or putting on an orange vest. Another viis walking with other eliminated players.

ooting!

ou have called yourself out (visually or verur opponents are supposed to stop shooting is poor sportsmanship to keep shooting at a has called himself out. At some fields, if you ting a "dead" player, the referees may elimirom the game, too.

sportsmanship says that when you see a mark an opponent, you stop shooting at himdidn't call himself out yet.

lo you do when he doesn't stop shooting? Tell hit: "Hey, your hit on the leg!" or "Buddy, ur right shoulder, you're hit!" Stop shooting he checks.

on't stop shooting and he won't check himself, ree and have the ref go check the player. The Il him to leave the game

then you look, and you say, "Oh, it didn't break!" you may very well hear a voice from the bushes say, "You called it, buddy, you have to leave!" Leave the game, and remember, next time, check first.

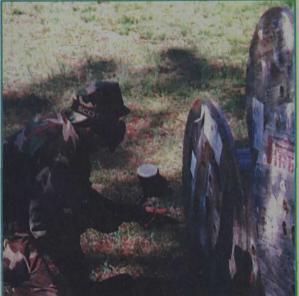
### Paintcheck

If you think you tagged someone who is not calling himself out, call "Paintcheck!" This tells the referees that you want someone to be checked.

You also have to tell the ref where he is ("Ref, check that player behind the rocks!". It's poor sportsmanship to try to use a ref to lo-

ing you don't know where someone is, so you just shoot into a big area and ask the ref "Check him!" Experienced referees will ask you where "he" is, specifically, and if you can't tell them, they don't go hunting for him. Refs who know what you're trying to pull will look around

and tell you "He's clean!" even when no one is there. If you think that you are marked but you can't tell for sure, call a paintcheck on yourself. Call, "Paintcheck! Here, ref!" and wait for the ref to come over and check you. You must stop shooting. You must stop all aggres-



Sgt. Michael W. Alander member,

cate a player, mean- A sneaky player ducks for cover before opening "fire" on his opponents. once you give

You may

run to cover

the ref. After you're checked, if you are can resume playing. Out is Out It is cheating to

game

you must leave

play on.

the game.

elimination signal, you must leave the game. Also, he's cheating if he walks with eliminated players to pretend he is hit when he isn't.

How do you spot a "dead man's walk"? Look for someone who does not have his gun or hand up. Challenge him, "Hey, are you out?" and if he doesn't say "Yes!" fast, or raise a hand or his gun, generally you are free to shot him. (If he's obviously a new player, ask him again before you shoot-give him a break-new players don't remember all the rules.) If the person you shot yells that they "Are out" because he really was out, remind him of the rules, by saying, "Hey, you didn't have your hand

A player may have a reason for wanting to leave a game other than because of being hit. Maybe his or her marker isn't working properly. Or he's out of paint or air. Or his pager just went off. Maybe he found himself in a bad spot and decided it wasn't worth staying in when he's about to get smoked. You don't always know why someone is giving an elimination signal. Always respect the signal and let that player out quickly and safely. That is not only good sportsmanship, but good

#### Where can you enjoy this great sport?



out,

Safety area where players can test their equipment for accuracy and speed check their guns for proper air pressure.

mselves "out" when they feel a hit. They themselves to see if the ball actually marked elatin skin of a paintball has to split open to ed fill out. It's the fill that leaves the mark. e you call yourself out.

call yourself out, you must leave the gam nced players will enforce this rule on you. If Dead man's walk

Watch out for the play called a "dead man's walk." It is a sneaky play. A player will act like he is out. His body language says, "Oh, man, rats, I'm out!" but really he is not marked. He might carry his paintgun by the barrel at his side (without putting his barrel plug in). He will walk through the opponents skirmish line until he gets behind them. Then he can pull the flag, or start shooting oppo-



Two players on the same team come out of hiding and end up eliminating their opponents.

## PEND A WEEKEND ON THE O

Michele Johns

Nowhere is the battle between north and south more dramatic than off the North Carolina coast. It is there warm ocean currents from the south clash with cold northern currents, creating treacherous conditions that have been feared by mariners for centuries. The waters off the North Carolina's Outer Banks are so hazardous that they have earned the name "Graveyard of the Atlantic," in reference to all the ships that have found a permanent home on the sandy bottom.

The latest additions to the shifting sands have been not shipwrecks, but vacation houses. It seems the same conditions that spawn occasional violent weather, also produces a remarkable number of recreational opportunities. The confluence of arctic and tropical water brings fish of both varieties, making the Outer Banks a justifiably famous fishing destination. There are also the steady winds that lured the Wright Brothers and now delight hang glider pilots. Then of course there's the beach, much of it practically deserted, due to the National Seashore which prohibits development along much of the coast. Thrown in for good measure are wildlife refuges hosting millions of migratory birds, historical sites, and one of the most famous lighthouses in the world. It is no exaggeration to say that on the Outer Banks, most every type of person will find something that resonates. The variety is there to discover.

You can spend an afternoon walking the wide Vehicles beaches searching for shells and pieces of bright cobalt beach glass that have been polished smooth by the sand and seasons of waves. You can buy the kids a cheap kite and help them send it soaring atop the wafting winds. Bird-watching opportunities abound in the wildlife refuges north of Duck and south of Pea Island. Nags Head Woods offers a shady respite during the heat of summer

hikes through one of the most marvelous maritime forests pretheAtlantic

seaboard. Horse shoes and pickup volleyball games are scattered along many public beach ccesses for

those who The Lost Colony Outdoor Drama, in Manteo prefer working up a sweat and finding a little friendly competition. And if you just need to get to sea for a while and see the Outer Banks from a vantage point off its sandy shores, riding the state ferry to Ocracoke Island is a favorite year-round pastime. Best of all, each those activities is free!

Northern Banks

A few miles north of the Currituck Beach Lighthouse, the Currituck National Wildlife Refuge provides a safe haven for endangered piping plover, feral boar and Corolla's well-known herd of wild horses. A 4-foot-tall fence, stretching a mile from sound to sea, marks the southern barrier of this 1,800-acre sanctuary. People can walk through the fence, however, and four-wheel drive vehicles can cross through a cattle gate

hind it to keep them out of harm's way. Traffic has killed at least 15 members of the herd since 1989. The Corolla Wild Horse Fund hopes to keep the animals away from vehicles. But the group's members want the horses to remain free to explore the northern expanses of the barrier islands that have been their home long before people permanently settled here.

An estimated 35 to 150 additional wild horses already

lived north of the fence, on the wildlife refuge.

Despite untold efforts to corral the rest of the horses north of the barrier, the animals have found ways to swim and wade around the fence - and even to roll under it. They

seem to prefer the landscaped lawns of Corolla's gardenertended subdivisions to the scrubby pines and dune plants of the wildlife refuge. Central Banks

Nags Head is the oldest among Outer Banks resorts, and to many people it is the Outer Banks. Since the middle of the 19th Century, families have been spending their summers in the oceanfront cottages that cover the area. There are also hotels, but mostly of the small variety. Happily, the shadows of high-rises do not loom across the sands of the Outer Banks. Even the areas of thickest development cannot rival the density of those beaches with skyscraper hotels.

There are several stories explaining the origin of the name of Nags Head. The one most often told is that early residents used to tie lanterns to the

and parade them up and down the beach at nig ing lights would be mistaken for another vess who some say ships, luring them onto the beach and providing plunder, for the beach dwellers. are descendants of Spanish mus-Kitty Hawk is probably the smallest tow tangs that swam to Outer Banks with one of the largest of ships named for i shores from

carrier USS Kitty Hawk, although no longe vice, commemorates the town that served Brother's base during their groundbreaking fl

The Wright Brothers reached Kitty Hawk ern day visitors have the luxury of using the W rial Bridge, which connects the mainland to

Not much more than a collection of sand of lifesaving station in 1903 when the Wright Bro Kill Devil Hills is now a bust history. community.

#### The Islands

shipwrecks 300

roamed freely

throughout Co

March 1995.

Then, a group

of volunteers

erected the

herded a dozen

wild horses be-

ago,

until

years

rolla

fence

Roanoke Island was the site of the first Engl at colonization in America. By any account it w All of the colonists disappeared, leaving on "Croatoan" carved on a post. To this day the colonists remains one of the greatest mysteries history.

The void left by the Lost Colony has been Roanoke by the towns of Manteo and Wanches the site of historic Fort Ralegh, the Elizabeth running drama The Lost Colony, and the Eliza dens. Wanchese is a dispersed fishing village of southern

heads of old horses Cape Hatteras Lighthouse, built in 1870, is the tallest in the U.S.

The Wright Brothers National Memorial in Kill Devil Hills, the site of the first powered air flight.

n in the Eastern United States. Its height varies from shifter to 120 feet, depending on weather conditions. It is an example of a medano- a huge asymmetrical, shifting hill of sand which lacks vegetation. There are eight prominent sand dunes in the area; of them all, lockey's Ridge is the most spectacular.

Geologists believe the dunes were formed when strong water currents from the hurricanes and storms washed sand from large offshore shoats onto the beach. Over many years, the wind picked up this sand

The ridge closes 15 minutes prior to the closing of the

For those wanting a broad view of the ridge, a 360 foot boardwalk with an overlook provides a nice alter-

There are several stations along the way where visitapes, which enhance the experience, may be checked sand prevents the construction of traditional trails in the park. Tracks in the Sand is a half-mile, self guiding trail with 14 stations. Walked at a leisurely pace, the

> begins at the park. On the

At Jockey's

# A North Carol



Kids

Located in Nags Head, Jockey's Ridge State Park has

INIE BRAS shook, Donnie Bri tia published in 1987. posed as a small-tim and penetrated the L

is commitment to h wiolent and sedu Deep ("Ed Wood") Al Pacino ("Serpico") mob veteran and was. gentor. They form a s

ing Anne Heche as Pis sinny Black, and Brun from the book by P. directed by Mike Ne F. "Enchanted April" orking class mob - lo rs, loan shark, hijacl mis also a thoughtful who is now in his 50

of H

nt undercover within egrit. Depp is terrifi mob film veteran l

• Env

Nev • Bro

## FROM THE FRONT ROW

### NIE BRASCO (R)

is a true story drawn from ex-FBI agent Jotone's book. Donnie Brasco: My Undercover (affa, published in 1987 after the mob trials. It e posed as a small-time jewel thief, named seo, and penetrated the Bonanno crime family

he six year infiltration of the Mob, he became in his commitment to his job and family, and ingly wiolent and seductive demands of his

Depp ("Ed Wood") stars as agent Joseph Al Pacino ("Serpico") plays Lefty Ruggiero, mob veteran and washed-up wise guy who smentor. They form a special father-son rela-

ng Anne Heche as Pistone's wife, Michael Sonny Black, and Bruno Kirby as Nicky. I from the book by Paul Attanasio ("Quiz I directed by Mike Newell ("Four Weddings al", "Enchanted April"), the film is a realistic working class mob - lowlifes who crack open ters, loan shark, hijack truc ks and kill each ilm is also a thoughtful study of male relation-

, who is now in his 50s, became an agent in ent undercover within the Mafia in 1976, and hiding.)

Brasco, a moving gangland thriller, is a true rue grit. Depp is terrific in this career-turning te mob film veteran Pacino, who is superb. Pacino as undercover cop in the 19973 hit But the film definitely belongs to Pacino.



### Jungle2Jungle, (PG)

For the handful of Americans who saw the original French version, Little Indian, Big City, Jungle2Jungle is déjà vu all over again. A workaholic commodities trader (Tim Allen) flies to the Amazon to finalize a love jones divorce from the wife who fled him over thirteen years ago (JoBeth Williams), and discovers on his arrival that she also bore him a son and never told him. Mimi (Sam Huntington) has grown up in the tribe, wears feathers and paint, is a daredevil with a blow-gun, and has been given the errand of accompanying his father to New York.

Writers Bruce A. Evans, Raynold Gideon, and director John Pasquin trace the template of the French movie in all its cozy, formulaic, opinion of this fish-out-of-water splendor. See Mimi fry expensive tropical fish in tank of Dad's high-strung business partner (Martin Short). See Mimi make moves on high-strung partner's pretty daughter (LeeLee Sobiesky). See Mimi defeat Russian Mafia with blow gun.

Russian Mafia? Yep—they've been worked into this story too. True to the machinations of Studio Development Hell, everybody has a lesson to learn, and learns it; there's a ticking clock, and jeopardy.

Having duly noted these deficits at their full dull magnitude, two things may be said in defense of Jungle2Jungle. One is Tim Allen: he has great charm (his amiable Home Improvement persona is here intact); he's a gifted reactor. The film's best laughs are wrung from the Jack Benny-like panoply of facial expressions in his personal arsenal-he freshens every corner of the story he's in. Another is Lolita Davidovich. She has the worst-written role; she's the narcissistic honey to whom Allen would like to be married; but she carries off her snit-fits with such flair that she ceases to be a caricature and is a shameless demon instead. Everybody else, unfortunately, is pretty much marooned in the cartoon zone As we were emerging from the theater, one friend wondered if the portrait of the South American tribe wasn't a bit crude, even racist. I thought not-they're a caricature, sure, but so is everyone else in the movie. The superficiality here is equal-opportunity.

### PRIVATE PARTS (R)

Howard Stern is a master at seducing attention and publicity. As anyone who listens to his radio show knows, Stern's favorite topic is himself—his ratings, his fame, his often love-hate relationship with show business at large; he's our only superstar who has manufactured his celebrity out of whole cloth and by sheer force of will. Howard makes nothing more than attitude, sophomoric and confrontational and boundlessly cynical. "Comedy" per se makes up a minute fraction of his airtime. He's a meta-celebrity, a six-foot-four-inch McLuhanism. Howard is his own message.

The source of Howard's popularity is complex—it's more than merely his ability to be shocking and scandalous, as both his detractors and supporters claim. Howard is the prototypical mensch, a sarcastic, exhausted yet fearless schmoe whose family life, sex life, childhood, and personal relationships are all explored in such detail on his morning radio shift that we as listeners feel as close to him as we do to an old college buddy over a few beers. At its most casual, Howard's show is a sit-around frat-house bull session where no ground is sacred; amid our dreary workdays, we are vicarious participants. It's this aspect of the Howard phenomena that the film Private Parts capitalizes on most: our built-in allegiances are sucked up to and nursed mercilessly. We root for Howard, laugh when he says something we've heard him say a hundred times (to any nude girl in the studio: "I'm single, actually, my wife just died of cancer yesterday ... "), cheer on Fred's implacable triumphs and Robin's moments of searing wit, etc.

They're simply radio personalities, after all, however much the film acts as if it's The Story of Louis Pasteur. (Howard didn't, after all, invent radio.) The film tracks Howard's life from antisocial Long Island snotnose to lumbering college dweeb to radio megastar, culminating in his climb to number one in the ratings at New York's WNBC.

The film is a pleasant enough trip through Howard's ego, and a few wild supporting bits help it flow smoothly. In the end, we're happier about Howard et al. having had their successful moment on the big screen than we are about having seen a decent comedy.

### SLING BLADE (R)

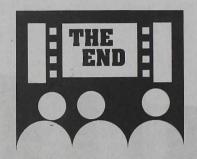
Writer, director and actor Billy Bob Thornton ("One False Move") stars as a mildly retarded man who returns to his hometown after 25 years in a mental institution. It tells the story of a killer who leaves an asylum and becomes entangled with a mother and son, and her abusive beau.

Billy Bob Thornton is Karl Childers, a product of an abusive childhood and a loner who, in his youth, had killed his mother and her boy friend. Upon his release from an Arkansas state mental institution, he returns to his rural hometown and finds a job fixing lawn mowers and other small machinery. He meets Frank Wheatly, a little boy, played by Lucas Black, who does not care about his violent history and they become the best of friends. Frank persuades his mother, played by Natalic Canerday, to let Karl stay in their garage, although her explosive and abusive boy friend, Doyle Hargraves, played by Dwight Yoakam, is very much against it.

John Ritter plays Vaughn Cunningham, the general store manager, friend of the Wheatly family and only gay man in town. Robert Duval appears in a brief haunting moment as Karl's father.

Thornton also wrote and directed <+!-Sling Blade-!-. It is a moving Southern drama which lets the murderous hero walk a thin line between sentimentality and dread. Thornton brings a psychotic edge to this art picture.

Sling Blade is a dark and grim film which is both endearing and frightening.



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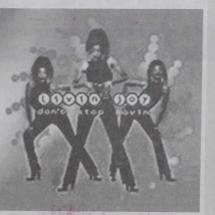
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### Music Reviews: Recently released albums

Don't Stop Movin'

by Livin' Joy



Livin' Joy, which is a vehicle for singer, lyricist, and sometime composer Tameka Starr, re ally shouldn't be lumped in with Amber and Gina, although it's hitting the same market segment. State can sing rings around most of the poppier dance divas, and Livin' Joy's material is much more soulful. The "group"'s best-known song is the seemingly indestructible 1994-recorded, still-current-in-some-cities "Dreamer," a seductive ditty with vocals occasionally reminiscent of Sister Sledge's "We Are Family," percolator riffs borrowed from Robin S's "Show Me Love" (if not Ann Peebles' "I Can't Stand The Rain"), and a double-time chorus hook all its own.

"Dreamer"'s the best song here, but it's not for lack of competition (or recurring Robin S riffs). The current single, "Don't Stop Movin'," is a primo house shaker. "Follow The Rules" has an attractive Chic/Change flavor, and "Be Original" is not in fact terribly original but is fine, groovesome material. "Where Can I Find Love" and particularly "Whenever You're Lonely" border on brilliant. And to top it off, if you can wait (or fast-forward) four minutes, the hidden "bonus" track is the explosive, superior single version of "Dreamer." Starr time for Tameka, ladies and gentlemen

if there's any justice, Livin' Joy will enjoy that rarest of career phenomena for a dance act: a future.

**Bitter Sweet** 

by Kim Richey



Kim Richey writes like she sings: clear, unpretentious, focused, and vibrant. There's a crisp lucidity to what she says and how she sounds that comes across as simple and natural, yet there's a strength to both her songs and her artistry that keeps reverberating long after the music

On Bitter Sweet, the aptly titled follow-up to her impressive 1995 debut, Richey creates smart, unfettered, Middle American music that carries the kind of elementary strengths that represent the best aspects of universal pop music. Both in style and content, Richey's guitar-pop sounds familiar - any adult who's loved and lost, only to love again, will recognize the thoughts and actions expressed in these songs. Yet the sentiments are so plainspoken and close to the bone that they'll sound surprising and revealing.

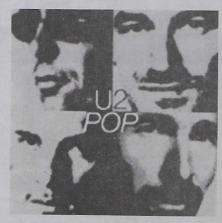
Richey specializes in exploring the untold aspects of the give-and-take of a relationship; her songs exist in the minds of their protagonists rather than on their tongues. She fills her songs with the thoughts that go unspoken, filling in the gaps between what lovers feel and what they reveal.

Bitter Sweet strips back the arrangements a bit from her debut, but the musical premise remains simple, intimate guitar-pop with soft-focus embellishments that come from everything from organs to banjos.

In these days of multimarketed country music, when the carefully processed mainstream exists in a separate world from the raw tones of the alternative scene, Richey bridges the gaps the same way Rosanne Cash did a decade ago. Richey doesn't shy away from well-played professionalism, but nothing is sacrificed in making her songs smooth and accessible.

Pop

by U2



U2 gets in trouble whenever it attempts a wholesale coopting of a musical form it admires but doesn't fully feel. On Pop, the band commits itself to modern electronic dance music, just as the famed Irish quartet devoted itself to R&B and Southern roots music on 1988's Rattle And Hum. The results are similar: occasionally inspired, sometimes interesting, and too often flat and misguided.

The band's stated mission was to merge pop songeraft with techno's energetic pulse. Those who've proved successful at it — Everything But The Girl and Bjork come to mind - chose the direction from natural inspiration. Their artistic moves followed their own experiences; they personally had felt the thrill of losing themselves physically to the propulsive density of house, jungle, and ambient music

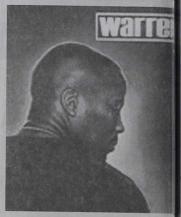
For U2, the leap is more calculated. The result, unfortunately, comes across as forced, even shallow.

U2 only fall on their face on a few songs you're chewing bubble-gum, you know what that is but you still want some," Bono sings on "Discotheque," as if explaining his own superficial attraction to a music he sees as lightweight but nonetheless compelling. The band's hardest-driving songs - especially the album-opening "Discotheque" and its follow-up, "Do You Feel Loved" - connect the least. As with "Moto" and the more impressive "Please," U2's hardest, most beat-propelled tunes may work better on the dance

But Pop unfolds in three-song chapters, and it gains strength as it evolves. From "If God Will Send His Angels" on, the rhythms diversify and the sonic textures deepen, all the while merging into a curious and compelling swirl that begins to take on the disembodied pleasures of club life only now those pleasures are transferred and felt without having to be experienced within the heady surroundings of a dance atmosphere

It's on songs like "Gone." "If You Wear That Velvet Dress," 'Staring At The Sun," and "Miami" that the band achieves Take A Look Over You Shoulder

by Warren G



Like his older half-brother, Dr. Dre, th. producer Warren G is a devoted discipl Funk. Hell, he even calls his brand of syru West Coast hip-hop G Funk. And G Funk berry berry good to young Mr G. His 19 Regulate ... G Funk Era, went multi-plati the track "Regulate" (featuring the mellifle Dogg with his loveman-in-da-hood tones an urban anthem of total cool. After a J which he produced some of his own acts ar up with Adina Howard on a pointless re What's Love Got To Do With It," Warren ( just in the nick of time to salvage what's l Southern California rap sound. Or were one person who could actually lister

Nate Dogg is back on board and so is close-to-ubiquitous Ronnie Isley, who add now-patented smoothness to the sex-as-m for-weed (or is that the other way around) Me Out." Whatever. Throughout the CL stirs up chewy, chunky tracks that keep t bobbing and the jeeps bouncing. And mor tantly, Warren does more than just recons basslines that rock the party. He incorporat loopy playfulness and offhanded wit. Warr things bouncing by keeping the mood buoy only downside is that Warren (like many producers) relies too much on readily reco loops and covers. Witness the reworking Marley's "I Shot The Sheriff." Warren upo scenario to fit a 9 Lucky reality, but it almo like the real reason he covered the song is that hip-hop didn't invent cop-bashing.

### **Auto Safety Report**

Facts From The National Highway Traffic Safety Administration Expanded 1997 New Car Safety Ratings

VEHICLE	CRASH TESTS		BELTS &	
VEHICLE	DRIVER RESULTS	PASS. RESULTS	AIRBAG	
CHEVROLET CAMARO 2-DR	****	****	V	
AUDI A6 4-DR	****	****	V	
SUZUKI SIDEKICK 2-DR 4x4	**	***	V	
TOYOTA TERCEL 4-DR	***	****	V	
VOLKSWAGEN JETTA III 4-DR	***	***	v .	

Some of the NHTSA's 1997 Crash Test Results.

(NAPS)-The safety rating on the car you drive or the one you're planning to drive is no accident. Each year the National Highway Each year the National Highway Traffic Safety Administration's (NHTSA) New Car Assessment Program crash tests vehicles and provides a one-to-five-star rating on each vehicle's crash protection. A five-star rating indicates the best protection, one star the least. The number of stars represents how well vehicles protect belted drivers and front-seat passengers during a frontal and side collision. 1997 New Car Safety Features Manufacturers provide buyers

Manufacturers provide buyers the most complete information about safety equipment on their vehicles. Here are some safety fea-tures that are especially important.

• Air bags. Air bags inflate instantly in frontal crashes to pre-

went occupants from hitting the dashboard, steering wheel or wind-shield at speeds as slow as 9 mph. Air bags do not eliminate the need for safety belts, and they offer no protection in rollovers, rear or side impacts. Safety belts

rear or side impacts. Safety belts help keep you in place should a

Air bags and children: • Air bags and children:

Warning—Children can be killed
or seriously injured by an air bag.
The safest place for children age
12 and under is the rear seat.
Infants, under one year of age and
about 20 pounds, must ride in a
rear-facing child seat. NEVER use
a rear-facing child seat in the
front seat of a vehicle equipped with a front passenger air bag unless the air bag is off.
• Safety Belt Systems. Safety

belt systems are your best protec-tion in a crash. They prevent you from colliding with the dashboard or windshield and hold you inside

safety seats and booster seats are better protected by lap/shoulder betts than by lap belts alone. Most younger children who have outyounger children who have out-grown their convertible child seat at about 40 lbs. still need a boost-er child safety seat to help the shoulder/lap belt fit properly. Booster seats with shields can be used with the lap portion of a shoulder belt or with only a lap belt if available. If several chil-dren are riding in back and there dren are riding in back, and there are shoulder belts there, let the older ones use the shoulder belts. Put the child riding in the car seat in the middle where there is only

a lap belt.

Results for current models are released throughout the year. For the latest crash-test data, or data on used cars since 1979, call the NHTSA Auto Safety Hotline at 1-800-424-9393. A fax-on-demand system will fax the information to callers when they enter their fax number. An electronic version of NHTSA's crash test results can be obtained via the World Wide Web at: http://www.nhtsa.dot.gov.

Crash test ratings help purchasers determine how safe they will be in the event of a crash.

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### TO BOTO TO BOTO

(NAPS)—A child gives you a flower. A stranger cleans your windshield. Someone offers you their place in line. You may ask yourself, "Who is that person? Where did they come from?" A little generosity and thoughtfulness can go a long way, and you can play the role of an angel in someone's life just by taking time to share. Random Acts of Kindness Week is celebrated each year in February. This year it is February 10-16, with Valentine's Day, February 14, designated as Random Acts of Kindness Day. Unity School of Christianity (NAPS)-A child gives you a Unity School of Christianity believes this is a great time to begin cultivating the habit of kindness in your life!

Nothing compares to the joy of selfless, spontaneous giving. Random Acts of Kindness Week is the perfect time to make an intenthe perfect time to make an inten-tional effort to look for creative ways in which you can share with the people you love, as well as the people with whom you have prob-lems relating. One thoughtful act can break down barriers of resis-tance and anger, reminding the giver and the receiver of the awe-some power of loving kindness.

some power of loving kindness.

"Kindness is part of our human nature. Imagine a world where kindness is practiced every day of the year. Consciously looking for opportunities to express kindness and teaching our children kindness could change future generations," said Chris Jackson, executive vice-president of Unity School of Christianity. "Instead of war, we can teach love. Instead of hate, we can offer empathy and acceptance. Instead of jealousy, we can share trust. Believe that you can make the difference! Act as an angel



today and receive the fruit of a plentiful harvest tomorrow." Unity supports the Random Acts of Kindness celebration by offering programs to its employees and serving as a representative in the community to remind people of this significant event.

"We encourage people of all ages and walks of life to join us in practicing acts of kindness. Together, we can make the world a more lov-ing, peaceful place by becoming livexamples of kindness in

ing examples of kindness in action—every day of our lives," said Jackson.

Unity School of Christianity was founded in 1889 and is open to all people seeking a spiritual resource for daily living. If you would like to learn more about Unity, please call 1-800-669-0282 and ask for a General Information Packet. Unity will kindly send one Packet. Unity will kindly send one



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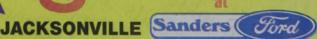
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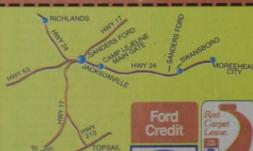
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### 1040 404 0 40 A040 A040 ricans, Come Play On Your Land!

More Americans will be heading outear—to camp, swim, eaft, birdwatch, ski, kate or just walk in wo-thirds of our citiate in outdoor recre-ities each year, and stest growing outdoor cording to a national hiking—up to 93 per-

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Secretary of Agriculture Dan Glickman, pictured while visiting George Washington National Forest, often takes his family to enjoy the peace and beauty of the many public recreation areas under the care of the U.S. Department of Agriculture.

close to a billion each year. Proections show this will increase by 50 percent within the next 50 years. By comparison, in 1994 Walt Disney World, the largest private recreational venue, hosted 40 mil-lion visitors.

As demands for recreational activities on public lands grow, so do environmental demands. My goal as the manager of your, national forests is to sustain all the goods and services that come the goods and services that come from those lands: outdoor recreation venues, clean water and fishable streams, wildlife and healthy rangelands, and timber and mineral resources. That's why under the Clinton Administration, the Forest Service has put more money into recreation programs than ever before.

USDA manages most of the wilderness areas in the contiguous 48 states, protects more big game habitat than any other land "owner," and manages the headwaters for most of the waterways that provide clean water and fishing opportunities in the West.

ing opportunities in the West. Downstream, those same water-ways flow across private lands where they feed drinking water into our cities, supply irrigation

water for farms, and provide shipping channels for industry. USDA

ping channels for industry. USDA works with landowners to protect those resources also, but that's another story.

Outdoor recreational activities on public lands are clearly good for the body and the soul. Playing outdoors also stimulates the local and national economy. Americans spend \$300 billion a year on outdoor recreation, and that is a big chunk of the \$430 billion travel and tourism industry in the and tourism industry in the United States. Eleven million Americans have jobs either directly or indirectly related to travel and tourism; the industry creates jobs at twice the rate of the rest of the genomy; and is among the

jobs at twice the rate of the rest of the economy; and is among the top three employers in 34 states.

When people think about how the national forests contribute to the economy, they think most often about timber, and that's important. By the year 2000, it is projected that timber activities on national forest land will produce a \$3.5 bil. forest land will produce a \$3.5 bil-lion contribution to the gross

domestic product.

By that time, recreation activities on the National Forests will be generating nearly 30 times that amount—almost \$100 billion!

All on your land.
Every winter for the past 20 Every winter for the past 20 years, my family and I have been going skiing on a mountain that you and I own in Colorado. You and I also own Vail, Sun Valley, Taos, Jackson Hole, and 132 other ski areas that have about 60 percent of the nation's ski lift capacity. For scenery, we also own Mount St. Helens National Volcanic Monument in Washington, and Grand

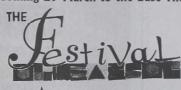
Helens National Volcanic Monument in Washington, and Grand Island National Recreation Area in Michigan.

And, land "we" own played a role in this summer's Olympics. The Ocoee River in the Cherokee National Forest in Tennessee was the site for the whitewater slalom competition. For the first time ever, Olympic canoeists and ever, Olympic canoeists and kayakers raced on a natural river. Now the public can use the Ocoee for whitewater recreation activities—providing a boon to the economy of the area for years to come.

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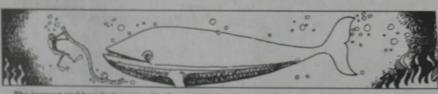
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