



Gunner

Marine goes from Super Squad to bursting bomb. 13A



Lejeune 5K

Runners hit the streets in Grand Prix Series opener. 1B



Chesty's Top 10

New Globe trivia section - PT for your brain. 2A

THE GLOBE

January 28, 1997

Serving expeditionary forces in readiness

Camp Lejeune, N.C.

Fair Winds and Following Seas Col. and Mrs. Howard Lovinggood

A grateful Corps bids farewell to this Marine of 45 years - 'Semper Paratus'

Sgt. Lance M. Bacon

When Howard Lovinggood left his N.C. home and enlisted in the Marine Corps, mankind was more than 5 years from reaching the moon; the 1st Marine Division had conducted their famous fighting withdrawal from Iwo Jima less than two years prior; Gen. Lemuel C. Shepherd Jr. was the Corps' 20th Commandant; rock 'n' roll's first notes had not yet been played and a bottle of Pepsi cost five cents. That was in October 1952. Today, this Marine will lace his boots one final time before ending a distinguished career of nearly 45 years of exceptionally dedi-

cated service to Corps and country.

Col. Lovinggood held every enlisted infantry billet in a rifle company from rifleman to Company First Sergeant during his "first career."

Such credentials over 16 years teamed with combat service, a tour on the drill field and position as 2nd Force Reconnaissance Co. First Sergeant would be more than enough for most Marines to retire on.

However, after giving it some serious thought, Col. Lovinggood accepted a combat commission to second lieutenant in December 1968 to begin a "second career," this time in the officer ranks.

"At that time I knew a lot of officers who had been reverted back to the en-

listed ranks, and I did not want to do that, so I sought the advice of some senior people in the Marine Corps," Col. Lovinggood said.

"They advised me to go the direction I did," he said, "and it's worked out real fine."

Since accepting his commission, Col. Lovinggood has held a variety of command and staff billets in assignments throughout the Corps including U.S. Naval Forces, Vietnam; 2nd Recon Bn., 2nd Marine Division; The Basic School, Marine Corps Base Quantico, Va.; 3rd Recon Bn., 3rd Mar.Div.; 9th Marine Regiment, 3rd Mar.Div.; Marine Corps Recruit Depot Parris Island, S.C.; Naval Forces, Korea; executive and command-

ing officer of School of Infantry (East); Deputy Assistant Chief of Staff and Assistant Chief of Staff of G-3 (Operations) for 4th Mar.Div.; and Assistant Chief of Staff, G-3 (Operations) 2nd Mar.Div.

Through the years much has changed for Lovinggood and the Marine Corps, but one thing has not - he was and remains today a model United States Marine. In fact, he will always be a model for Marines to emulate.

In reflecting on four and one-half decades of service, spanning 12 Commandants, Col. Lovinggood points to the time spent with fellow Marines in combat as his most memorable experience.

See Lovinggood 10A



Official USMC photo

HMM-365 targets history with 'smart bomb'

Mark D. Oliva

MEU (SOC) Correspondent

PORTO SCUDO, Sardinia - Marine Medium Helicopter Squadron-365 (Composite) made history here, the first Marine squadron to combine the AH-1W Super Cobra with the AV-8B Plus II Harrier to deliver laser-guided "smart bomb."

They used a Super Cobra equipped with Night Targeting System equipment to laser-mark a target for the Harrier during Exercise Island Thunder '97. It's a capability that expands, and will help define, the future Marine Corps tactical air strikes.

The squadron is deployed with the latest versions of

the Harrier and Super Cobra, which combined to conduct the surgical air strike. The bombing mission also served to validate a new tactical capability Marine aviation has to offer battlefield commanders.

The process begins with the Super Cobra standing off at a distance of up to three miles, using the NTS system to shoot a laser beam directly to the target to be destroyed. The Harrier uses an AGM-65E Laser Maverick as a Laser Spot Tracker to lock onto the spot of light and guide the bomb to the target.

"Imagine an enemy commander stepping out of his bunker, confident in the security of his position," said LtCol. Tom Hardwick, commanding officer of HMM-365. "He would have no idea that we had a laser mark on his position, and a 500-pound laser-guided bomb was on its way to his front door."

This scenario shows that, when used together, these two aircraft can change bombs from area weapons to a precision tools for destroying targets.

A major benefit of this tactic is the stand-off distance. Using the Super Cobras to mark the target eliminates the need to put a Marine on the ground with conventional laser gear.

"Using ground-based lasers to mark bombs for the Harrier isn't a new concept," said Capt. John McGinnis, the AV-8B

Harrier pilot who delivered the live ordnance in this exercise. "Using the Night Targeting System on the Cobra, however, is a new concept. The system extends the capabilities of the ACE forward into the battle area and reduces the need to place the Marine on the ground in, what could be, a very precarious position."

It also allows the use of laser-guided munitions in areas where it is impossible to put a Marine on the ground.

These weapons are designed to hit a very specific target. A 500-pound bomb is capable of a great deal of destruction, but by using laser guidance the ground commander can limit collateral damage, as shown in the Gulf War.

"We could theoretically put a bomb through a window," said McGinnis. "It is a great way to pinpoint a target like a command bunker or bridge, and the results, as we saw here, speak for themselves."

The Harrier's heads-up display indicates where the laser is pointing, allowing the pilot to designate the target with the AV-8B's internal systems.

The pilot positions his aircraft to deliver the laser-guided bomb on that designation. The laser energy guides the bomb directly to the intended target.

The squadron will continue to test this system throughout its deployment. More importantly, however, they've demonstrated another valuable warfighting capability the Marine Corps can employ during crisis response.

"We demonstrated an important Naval capability today," said Col. Emerson N. Gardner Jr., the MEU commanding officer. "When directed by a warfighting Commander in Chief, the MEU can employ airborne precision guided munitions deep inside a required zone of action and destroy point targets to support his operations. It is a tremendous leap forward in MEU(SOC) aviation lethality."



Sgt. Lance M. Bacon

Sgt. Ryan T. Bobick shares a smile with his 1-year-old son, Michael. While they considered a traditional Marine family, there are many different aspects of the Marine family. This week, Globe reporter Sgt. Lance M. Bacon covers various kinds of Marine families among us.

See Family 8/9A

DoD addresses domestic violence

Linda D. Kozaryn

American Forces Press Service

WASHINGTON - The speaker projected a simple, black and white stick-figure drawing on the conference room screen.

The 8-year-old artist had drawn his father yelling "You idiot" at his mother. His baby brother lay on the ground saying, "Eek!" while the artist portrayed himself standing in a doorway crying "Help!"

The boy's family had no record of domestic violence, the speaker said, only this family portrait, a legacy of human aggression, trauma and shame. "This is why we're all here," Dr. Robert Geffner told the audience. "It's not only to stop this type of violence, but also to stop its long-term effects."

Geffner, a clinical psychologist specializing in family violence, was one of about 70 civilian experts from throughout the country who attended a DoD conference on domestic violence Feb. 6 and 7. DoD's Office of Family Policy invited the nation's leading experts to meet with about 20 top

family advocacy officials from the services.

"DoD has been on the frontline addressing these issues since the mid-70s," said Bonnie J. Campbell, director of the Justice Department's Violence Against Women Office. "Your involvement was motivated by the Child Abuse Prevention and Treatment Act, which, almost by necessity, got you into this habit of dealing with family [issues], whereas for non-military entities, these issues weren't addressed until the Violence Against Women Act was passed in 1994."

Within the "captive audience" of the military community, Campbell said, rules, regulations and policies can be administered and enforced. She said military officials understand the importance of dealing with family issues, since the services "recruit single members, but retain families."

Military officials use a team approach to deal with domestic violence, DoD officials said. Law enforcement, medical, religious, social and command officials join forces to do what is best for victims and families. Officials report cases to

SEE DOMESTIC 12A

8TH ESB builds schools in Haiti

JO2 Ligia Manning

USSPTGP Public Affairs

PORT-AU-PRINCE, Haiti - Marines from Charlie Company, 8th Engineer Support Battalion from Camp Lejeune, N.C., had not quite finished unpacking their gear when they already had a handful of projects to complete. They came to Port-au-Prince to help build a future for the Haitian children by rehabilitating schools.

During their six-month deployment, the company's 148 Marines will get training in humanitarian and civic assistance while aiding the people of Port-au-Prince. The Marines are working on different project sites, but every one of them knows the important contribution that they are making to a country affected by a high percentage of illiteracy.

One of their major projects is the complete conditioning of Le Plain School. The school will have three buildings, an eight-room and a four-room school, and a latrine facility complete with showers. The project also includes drilling a well.

A second project, with the same scope, is the renovation of Cazeau School.

The Haitian people see the Marines working in the burning sun and tropical heat every day; they appreciate their help.

"One day, there was a water shortage at the work site and people came with water from their homes to help make the concrete mix," said Cpl. Anthony Murphy.

This act is especially meaningful because neighborhoods on the outskirts of Port-au-Prince, where the school is located, do not have running water.

Two more schools are being rehabilitated by the 8th ESB. At Argentine School, they are replacing the second floor of the building and its roof and laying down sidewalks. The project also includes the installation of lights and fans.

This project will benefit more than 450 students that currently attend the school. They are putting the final touches on Isidore School by building an 80-foot concrete wall and replacing the roof of the caretaker house.

Besides the school projects, Marines from the 8th ESB have just finished a priority task for the Haitian National Police. They resurfaced the motor pool lot to aid in drainage and increase the capacity of the lot.

Additionally, the Marines are grading, filling and leveling a 2.5-mile road that will speed up the vehicle traffic between Beudet and Route National One.

The major profit from the more than \$300,000 invested in these projects is the satisfaction of helping the Haitian people.

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It was 30 years ago when...

8th MEB in Carib Exercise

More than 3,000 Marines from Camp Lejeune and nearby Cherry Point, N.C., comprising the 8th Marine Expeditionary Brigade (MEB), will join forces with Army, Navy and Air Force commands next month in a joint training exercise in the Caribbean area.

The exercise, named CLOVE HITCH III, includes a controller and aggressor organization composed of Atlantic Command air, ground and Naval elements. A portion of the Puerto Rico National Guard will also participate.

CLOVE HITCH III will feature an amphibious and helicopter borne assault by 8th MEB Marines constituting the Landing Force under the command of Brig. Gen. E.B. Wheeler.

The Globe, March 30

MUMMS the word

A new term has recently been added to the vocabulary of well-informed Marines. That term is MUMMS — Marine Corps Unified Material Management Systems — which began operating throughout the Corps May 1.

MUMMS is the new supply management system which replaces the present system and conforms to the system used throughout the U.S. Defense establishment.

The Globe, May 12

Asst. Base Commander ends 29-year career

Colonel Donal B. Hubbard, Sr. retired last Friday after 29 years of service to the Marine Corps. The formal retirement ceremonies began at 8:30 a.m. on the Base Parade Field upon the arrival of MajGen. Joseph O. Butcher, base commander.

The Globe, June 2

Force Day Parade shows Lejeune might

A massive military parade and review highlighted Force Day at Camp Lejeune Wednesday.

More than 10,000 Marines and a dazzling display of military hardware, paraded before eight Marine Corps general officers and thousands of civilian and military viewers. Force Day was held in honor of the retiring Commanding General, Fleet Marine Force Atlantic Lt. Gen. Alpha L. Bowser.

The Globe, June 9

Bronze Star Given to machine gunner

The Bronze Star Medal with Combat "V" was presented to Cpl. Richard Suliveres during a formal ceremony held here June 2, for his heroic actions while serving in Vietnam.

Making the presentation was Lt. Col. J. Angus MacDonald, commanding officer, 1st Battalion, 2d Marines.

In the accompanying citation, Suliveres was cited "For meritorious service in connection with operations against the enemy while serving as a machine gun team leader with 'K' Company, 3d Battalion, 4th Marines, 3d Marine Division.

The Globe, June 9

Boxers Redden, Royal make U.S. Team

Camp Lejeune fighters Art Redden and Rich Royal pounded their way into the Pan-American Games, via wins in the trials last weekend in St. Paul, Minn.

Marines Redden, Royal, and Ken Norton, of Camp Pendleton, will represent the United States in the games, held Aug. 1-5 in Winnipeg, Canada.

The Globe, July 14

VA benefits are increased

Significant increases in benefits for Vietnam veterans were provided last month when President Johnson signed into law the "Veterans Pension and Readjustment Act of 1967"

The new law also provides increased benefits to veterans of older wars. Most provisions become effective Oct. 1.

The Globe, Sept. 15

New life insurance benefits servicemen

When the Servicemen's Group Life Insurance (SGLI) went into effect in 1965, it was the first government-sponsored policy for servicemen with the indemnity program ended in the mid 1950s.

SGLI is different from that program and from the Government Life Insurance offered during World War I and II. Persons having either of those policies can still get the SGLI coverage.

The Globe, Dec. 1

What's News

MARINE MAIL:



A Marine Sergeant seeks a solution to effectively manage training schedules for the year?

The following Marine Mail was received from SSgt. Efrén Arreaga, Marine Aviation Logistics Squadron 16:

Sir,
There are fiscal year and calendar year requirements for training events. Currently, we track marksmanship qualifications by fiscal year and everything else is calendar year. It is a hard task for units of our size to manage effectively. Is there any way to schedule all training events either by fiscal year or calendar year?

SSgt. Efrén Arreaga

The following reply was provided by Col. J.C. Cuddy, Deputy Director, Training and Education Division, Marine Corps Combat Development Command:

The issue you raised regarding annual training requirements present a logical foundation for a host of training-related issues, from ammunition allocations and unit scheduling of block training, to schools assignments and fiscal year requirements planning. The Training and Education Division sponsors many training orders that encompass both fiscal and calendar year requirements; however, in many cases, fiscal year training requirements may often be based on funding directly linked to training, as in the case of ammunition allocations. In order to address the consolidation of all training requirements under a fiscal or calendar year basis, a review of pertinent orders and directives would first be required. The T&E Division will staff your recommendation in order to review the potential feasibility of this consolidation.

Col. J.C. Cuddy, Deputy Director

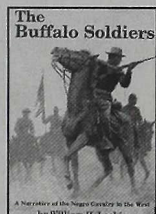
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INTERNET — HTTP://WWW.USMC.MIL/HQMC/MIL.HQMC.MIL.

Commandant's Reading List



Buffalo Soldier: A Narrative of Negro Cavalry in the West
by William Leckie
(Norman, Okla., University of Oklahoma Press, 1967)

This book is subtitled "A Narrative of the Negro Cavalry in the West," and it deals with the 9th and 10th Cavalry regiments of the U.S. Army following the Civil War. The book's title comes from what the Indian adversaries called the cavalry. The Indians likened them to sacred buffaloes. The author has successfully reconstructed the lives of these soldiers by drawing upon military reports found in the National Archives.

This work features scholarly writing and scrupulous research, in addition to its own brand of style and wit. The narrative finds the appropriate anecdote to illustrate each point, and it is good history. Leckie very ably describes the complicated racial situations that developed in Oklahoma and other parts of the frontier at the turn of the last century, and provides useful critiques of specific cavalry operations.

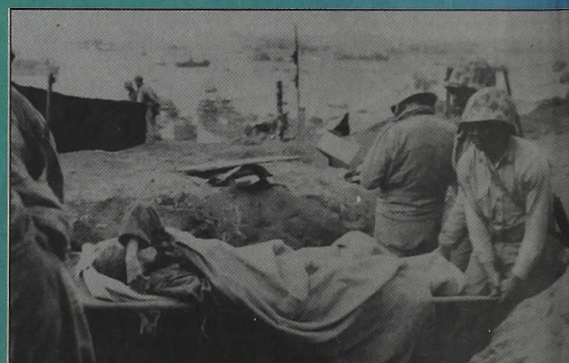
The legacy of the Montford Point Marine

Staff reporter

Approximately 20,000 African American recruits received training at Montford Point. Less than 10 percent of the ranks in the Marine Corps was filled by African Americans at the end of World War II. The initial intent of the Marine hierarchy was to discharge these African American Marines back to civilian life, and the Marine Corps would return to an all-white organization as soon as the war was over. Attitudes changed and reality took hold as the war progressed. Once given the chance to prove themselves, it became impossible to deny the fact that these new Marines were just as capable as their white peers.

The first African American Marines assigned to Montford Point were a rare breed. Selected for their leadership and demonstrated maturity, they would form the backbone of the African American SNCO/Drill Instructor Corps. Exceptional recruits were being singled out to assist in the training of their platoons. The purpose of the training at Montford Point was to discover and develop potential African American Marines to be NCO's once they graduate.

Montford Point Camp was renamed Camp Johnson on April 19, 1974 in honor of the late SgtMaj. "Hash Mark" Johnson. It remains the one Marine Corps installation named for an African American. Additionally, the historical Reading Room located at Camp Johnson provides a glimpse into the past and the Marines of Montford Point.



Top left, Pvt. Howard Perry of Charlotte, N.C. The first Black Marine Recruit to arrive at Montford Point. Top, Montford Point Marines, preparing for overseas deployment, are equipped with M1 rifles and field combat packs. Left, two Jima, Montford Point Marines carry a Japanese prisoner from stockade to be evacuated and treated for malnutrition, Feb. 23, 1945 (Official Marine Corps photos).

Chesty's Top



Test your Marine Corps knowledge! Every week the globe will run 10 questions guaranteed to stump the smartest Devil Dog. Give it a try, it's good for the brain!

- 1) What was the first ship a Marine detachment served on?
- 2) How many amphibious landings did 4th Marine Division participate in from Jan. 1944 - Feb. 1945?
- 3) Where and when was the Marine Band's first public appearance?
- 4) How many award, campaign, service and expeditionary streamers are there to the Corps' Battle Colors?
- 5) When was the motto "Semper Fidelis" adopted by the Marine Corps?
- 6) True or false: In their first three months in Korea, 1st Marine Division inflicted 20,000 casualties to seven Chinese divisions while suffering only 4 casualties themselves.
- 7) How many Marines did Lt. Presley O'Bannon lead on his assault of De Tripoli?
- 8) Who was the first black commissioned officer in the Marine Corps, when was he commissioned?
- 9) Which of the following are true of Lt. Gen. Lewis B. "Chesty" Puller: Virginia Military Institute drop-out; a failed aviation cadet; a "Horse marine" China; a Marine who spent more than 20 years overseas; recipient of more than 50 medals and awards?
- 10) When Time magazine declared the Marines' fighting a "battle unparalleled in U.S. military history. It has some of the aspects of Bataan, some of Anzio, some of Dunkirk, some of Valley Forge," of which battle were they speaking?

Answers

1) USS Constitution 2) Four (The Islands of Roi and Namur in the Marshalls, Saipan, Tinian, and Agaña) 3) Tun Tavern, Phila., Pa., July 4, 1800, 4) 49 (including 62 silver stars and one silver oak leaf cluster) 5) 1871, 6) F. The division inflicted 20,000 casualties to seven Chinese divisions while suffering only 4 casualties themselves 7) Seven 8) 25, 1948 9) True 10) Lt. John E. Rudder was commissioned Aug. 25, 1948.

Carolina Marines can now be seen on Time Warner Cable channel 10, Mondays at 7 p.m. It can still be seen every Monday, Wednesday and Friday at 11:30 a.m. and 6 p.m. on the Command Cable Channel.

The Globe

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Japanese teach ancient art to students

MCBCAMPS.D. BUTLER, OKINAWA, Japan — Students from Zukeran Elementary on Camp Foster had the opportunity of sharing the ancient Japanese tradition of pounding mochi.

Mochi, a traditional Japanese food, is made by pounding rice into a thick, gummy paste. It is considered to be a good luck food and instrumental in Japanese ceremonies, especially around New Year's.

For the 10th year, soldiers from the Japanese Self Defense Force have brought the Japanese tradition of mochi pounding to Zukeran Elementary. Two years ago, the soldiers added the Okinawan tradition of Eisa dancing to their visits.

As the students filed out into the yard, the Eisa dancers warmed up. Garbed in traditional Okinawan clothing and brandishing taiko drums, the dancers performed traditional Okinawan dances for the students.

After the dancers left, the Soldiers from the 1st Combined Group, 1st Combined Brigade, brought steaming buckets of rice to be placed in the mortar. The soldiers showed the students the techniques involved in the pounding and allowed the students to join in the making of the mochi.

"I think it's cool. It was awesome, and the mochi was sticky," said sixth-grader Andre Ford. While some of the students took turns pounding the rice, others rolled the mochi into little balls and covered them in flour, sugar and bean powder. The balls were set aside for the students to eat later in the day.

"I think it is an honor to have them come and share their culture with the American children. I think the kids benefit from it," said SSgt. Alvin Gogue, Marine Wing Headquarters Squadron 1, 1st Marine Aircraft Wing. "It gets the children involved in another culture and shows the Okinawans willingness to share their culture."

LCpl. Aaron Prater

French Canadian native takes care of his Marines

MCASIWAKUNI, Japan — Servicemembers offering a friendly "Good afternoon" to their brothers and sisters may feel more inclined to say "Bonjour" when they see Sgt. Maj. Herve J. St. Pierre.

The Sergeant Major of Marine Wing Support Squadron 171, a native French Canadian, was raised in Quebec just over the U.S. border. Fascinated by the United States' technology and aircraft, St. Pierre said he knew he wanted to be a Marine when he saw

a documentary on television about a Marine reconnaissance unit in Vietnam.

"I've always been interested in war and tactics," St. Pierre said. "I knew as soon as I saw the documentary, that was what I wanted to do."

Sitting with the Parris Island graduate, one can see the more than 25 years of service in his staunch frame and rough hands. Despite this tough exterior, St. Pierre recognizes the importance of troop welfare, and seems to "father" his young Marines.

Watching over his Marines, St. Pierre keeps an individual record on his computer of all 60 Marines under his command. With the touch of a button, he can call up a Marine's screen, which denotes training completed, schools attended, proficiency and conduct marks, and any problems noted, among other things.

"We have to take care of Marines and their needs," he said. "We need to challenge them so they develop a feeling of accomplishment when they succeed. We need to lead by example and guide our young Marines."

St. Pierre said he places great emphasis on developing and building good Marines, but even those who have trouble may be surprised when he takes a special interest in them.

"When a Marine makes a mistake, we need to ensure they know that they did something wrong and help them fix it," he said. "I don't believe in just kicking out problems right away. I try to be fair and help them. If you salvage one Marine in every 10, you win."

Throughout his duty station, including Camp Lejeune, Marine Barracks Panama Canal and Marine Corps Air Station Kaneohe Bay, St. Pierre said he's seen many changes, both in the Marine Corps and in Marines. However, unlike others who talk endlessly about "Old Corps" versus "New Corps" values, St. Pierre said he only believes in one Corps.

"There is no 'Old Corps' or 'New Corps,'" he said. "I believe Marines are in better shape now and can fight as well now as they could before. Marines are more educated now and ask more questions, but that's OK, as long as it's not done in the middle of a battlefield. Sometimes they need to know why things are important."

St. Pierre also explained that many changes in the Marine Corps happen because of changes in our society, and said that it's important to adapt to these changes.

"We must teach (Marines) to fight as we have always done," he said, "but we must now teach them to be gentlemen as well. We have to be dobermans in battle and poodles on leave."

Teaching, training and taking care of his own, St. Pierre's leadership and caring seems to shine through, according to some of the Marines who work for him.

"From what I've seen, he's the best sergeant major I've worked for (out of three)," said LCpl. Andrew S. Bowden, a 171 unit diary clerk. "He takes time out for the junior Marines. He talks to us and has an open door policy. I think everyone respects him because he cares, and he gets the job done."

Cpl. Pauline Render

Barracks Marines render final honors while preserving tradition

MARINE BARRACKS, Washington — As the seven-man firing party marched to the marble platform in front of the Marine Corps War Memorial, the crowd around the monument paused in a moment of silence. The Marines stood motionless as their sword-wielding leader prepared to give his commands.

The crowd grew tense in the silence as each Marine's precise rifle movements led to the firing position. The Marine barked, "Ready, aim, fire!"

The breath-stopping shots rang out in three volleys - the only sounds to break the quiet moment of remembrance for those Marines and Sailors fallen in the Corps' many battles since 1775. With these rounds, the Marine Barracks, Washington firing party preserved the tradition of a centuries-old ceremonial gesture.

"The party's 21-gun salute is the Marine Corps' way of showing respect to those who sacrificed their lives for their nation in the preservation of a 220-year-old legacy," said firing party noncommissioned officer in charge Cpl. Bryan C. Duprey.

The firing party is a tradition that originated with the British Marines. They unloaded their weapons by firing them when they pulled in to a

friendly port. This was a gesture of peace because the rifles held only one round and were slow to load. Firing the weapons was also the first form of a salute. A seven-man rifle squad on the port would fire three shots in return to recognize the friendly ship.

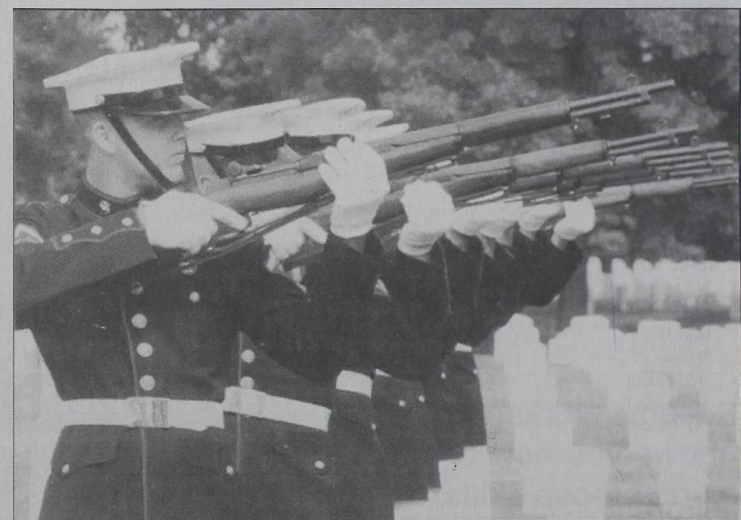
The barracks' firing party honors all fallen Marines and Sailors who served alongside Marines each week at the memorial during the parade season with the 21-gun salute. The party also offers services to individual Marines at funeral services throughout the year.

There is a special pride in preserving the custom of the 21-gun salute, according to this year's firing party cadence counter, Cpl. Quintin S. Roggencamp of Houston.

"Being on the firing party was especially important to me," Roggencamp explained. "Rendering final honors to the deceased is an especially meaningful ceremonial function."

According to Duprey, being on the firing party tells Marines they've been chosen to fulfill a special commitment to other Marines who came before them.

LCpl. Matt Schafer



Official Marine Corps photo

A seven-man firing party aim their rifles to fire a volley in a 21-gun salute. This 220-year-old ceremony commemorates the Marines and Sailors who have lost their lives in preserving our nation's freedom.



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Higher Standards For Higher Education

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Some guys will do anything for a little somethin', somethin'.

BOOTY CALL

COLUMBIA PICTURES PRESENTS A TURMAN/MORRISSEY COMPANY PRODUCTION A FILM BY JEFF POLLACK "BOOTY CALL" STARRING JAMIE FOXX
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DIRECTED BY JEFF POLLACK SOUNDTRACK ON JIVE RECORDS COLUMBIA PICTURES

AT THEATRES FEBRUARY 26

Plug into the Technology Expo

Marine Corps Base Management Support Department is sponsoring another Technology Expo slated March 12 from 10 a.m. to 2 p.m. in the Huff Room of the SNCO Club, Bldg. 424. There will be more than 20 exhibitors demonstrating the latest technology.

For more information contact Rich Roamer at (910) 451-2100.

Jacksonville is going to the dogs

The Jacksonville N.C. Kennel Club is sponsoring an AKC sanctioned Breed & Obedience Fun Match March 2, at the National Guard Armory on Broadhurst Road in Jacksonville. Registration for Obedience will go from 8:30 to 10:30 a.m. Registration for Breed will go from 10 a.m. to noon the day of the show.

The obedience match will start at 11 a.m. The breed match will start at 1 p.m. There will be a Parade of Champions at 12:30 p.m. followed by Junior Showmanship judging. Raffle, photographer, crafts & refreshments will be available. Entry fee for dogs is \$6 and humans are free.

For more information and premiums call 326-2938 or e-mail kencho@onslowonline.net or asp10@juno.com. Dogs not neutered will not be allowed on site and proof of rabies shots are mandatory.

Scholarships for graduating high school seniors

The Camp Lejeune Officers' Wives Club is offering scholarships to graduating seniors who are currently attending either Lejeune High School or one of the six Onslow county high schools. Scholarships will be awarded for academic excellence and merit. To qualify, a senior's sponsor must meet one of the following criteria:

Resume workshop shows you how to market those skills

The FSC is sponsoring a Resume Writing Workshop March 4, from 1:00 p.m. to 5:00 p.m. at Building 14.

The workshop includes types of resumes, construction of a resume, content, format, and translation of military skills to civilian terminology.

To register for this workshop, call 451-5927 ext. 100/101.

Victim Advocate volunteers needed

Volunteer Advocates are needed nights/weekends for rapidly growing Camp Lejeune domestic violence prevention program.

Volunteers will provide emotional support, resource information, and accompaniment to emergency medical/legal appointments, to victims of domestic violence and sexual assault. Volunteers should possess good listening skills, the desire to help support people in their own decisions, and reliable transportation.

The training dates will be March 11, 12, 18, and 19 from 6 to 8:30 p.m. and March 15 from 9 a.m. to 3 p.m. Upon completion of training, volunteers

SNCO Club presents open house

The Camp Lejeune SNCO Club presents its open house party and membership drive tonight, from 4 until 8 p.m. Sponsored by the MSC.

Sergeants Major, all members and nonmember "eligibles" are invited to enjoy free food, entertainment, great door prize drawings, and more!

For more information, call 451-1534.

See Cosby at the Palace Theater

Go with Information Tickets and Travel to the Palace Theater in Myrtle Beach.

Patrons can receive VIP seating at three great performances: Wayne Newton May 2 and 3, Bill Cosby May 31, and Gallagher July 12. All trips

Briefs

1) active duty military personnel serving in the Camp Lejeune area; 2) active duty military personnel currently fulfilling an unaccompanied PCS tour whose last duty station was in the Camp Lejeune area or 3) retired or deceased military personnel whose last duty station was in the Camp Lejeune area. Applications additional counselors. The deadline for submission is April 1, 1997.

Please mail completed applications to Camp Lejeune Officers' Wives' Club, Attn: Scholarship Committee, P.O. Box 8531, Camp Lejeune, NC 28547.

The point is Elizabeth Aupke, chairperson for the Scholarship Committee, 355-2666.

Eat, drink and be merry, at Lasagna Night at the USO

The StaffNCO Wives' Club of Camp Lejeune, Marine Corps Base will be the host of Lasagna Night at the USO Saturday.

They will be serving homemade Lasagna, tossed salad & iced tea. Free to all military and their families. Dinner begins at 6 p.m.

Marines needed for recruiter's assistance

Marines from the western New York region have the opportunity to apply for recruiters assistance.

Qualified Marines may return home for up to 30 days to help out local recruiters, visit their families, and earn bonus points toward promotions.

Besides Buffalo, areas include Syracuse, Jamestown, Horseheads, Auburn, Niagara Falls, Hamburg, Batavia, Canandaigua, Rochester and northern Pennsylvania.

For more information, call SgtMaj. Paul Mayhugh or GySgt. Rob Lively (716) 551-4915/4910, or contact you hometown recruiter.

Human Services

will be assigned 1 to 3 p.m. shifts per month. For information, call 451-2864/2876, and ask for Mary Lynn Teachey or Nancy Tice.

Financial fitness in '97

Get "financially fit" this year. Personal Financial Management classes will be conducted by the Family Service Center at Building 202, Rm. 210, from 1-4 p.m.

Car Buying March 4

Maneuvers March 5

Tackling Debt

To register, call 451-3212 ext. 100/101. Child care will be provided by calling 451-2874 in advance.

Federal employment workshop

The Career Resource Center is conducting the "Understanding and Entering the Federal System" workshop from 9 a.m. to noon on Feb. 26 at the FSC, Building 14. The workshop covers the Federal employment application, testing, how federal jobs are classified, how the federal hiring system works, entry level jobs for college graduates, benefits and Veterans Readjustment Act.

For information, call 451-3212/5927. Child care is

MWR Events

include transportation and admission into the show. Reserve your space early. For more information, call 451-3535.

Animal Care Walk-in

The veterinary treatment facility located in Tarawa Terrace will hold walk-in clinics March 1 and 15 from 8 a.m. to 11 a.m.

Facility special during March include Parvo distemper vaccines for \$6.50 from March 1-7, and 15 percent off all flea prevention medicine March 15-21. For more information call 451-2111.

Library Preschool Programs

Preschool programs are held every Thursday

Onslow bridge will be closed for renovations

The Onslow Beach Bridge will be closed for 60 days, beginning today for major renovations and there will be restricted use of the bridge during June and July.

The restrictions will require the bridge to be closed for painting, Monday through Friday from 8 a.m. to noon and 1 to 3 p.m.

During that time frame vehicular traffic will be allowed to pass every 30 minutes, on the hour and half hour.

Reserve officers needed as escorts

The Joint Contact Team Program (JCTP) needs reserve officers, rank WO to lieutenant colonel, to serve as Class A agents in the Cherry Point/Camp Lejeune or the HQMC areas.

Periods of Active-Duty Special Work are available for seven days at a time to escort officers from former Warsaw Pact or Soviet countries.

Right now there is a pressing need for officers for the following periods:

Camp Lejeune March 23 to 29

Cherry Point March 16 to 22

This is a unique opportunity to represent the Marine Corps.

Language skills are not required. Interested parties should contact Lt. Col. John Harris at the MarForLant G-3 (910) 451-8826, DSN 484-8826, or Lt. Col. Max Moore at MCCDC, (703) 784-4666, DSN 278-4666.

Hospitality Hour at St. Anne's

A Hospitality Hour will be held at St. Anne's Episcopal Church March 8, at 1:30 p.m. All active-duty and retired military and their families are invited. Come on down and enjoy yourself.

For more information call 455-3411.

provided by calling 451-2874 in advance.

Communication workshop for couples

The Family Counseling Center holds Couples Communication Workshops every Thursday evening from 6 to 8 p.m. in the Family Counseling Center (Building 41) Classroom. Couples are asked to make a five-week commitment to attend five sessions of the workshop; however, they may begin any week they choose.

This educational workshop is for couples to explore issues of trust, self-responsibility, conflict resolution, and respectful communication with each other.

To register, call the FCC at 451-2876/2864. Child care is available by calling 451-3828.

Support group for abused spouses

GROWTH is an educational and support group for spouses who are, or have been, involved in domestic violence relationships.

Sessions are held Thursday mornings from 10-11:30 a.m. Call Family Counseling Center at 451-2876/2864 and ask to speak with a Victim Advocate. Child care is available with advance notice.

in the Base Library for ages 2-6.

Ages 2 and 3 meet from 9:30 to 10 a.m., and ages 4 to 6 meet from 10:30 until 11 a.m.

Themes are "Blustery Days," March 6, "St. Patrick's Day," March 13, "Spring's Coming," March 20, and "Easter," March 27. For more information about library programs call 455-3535.

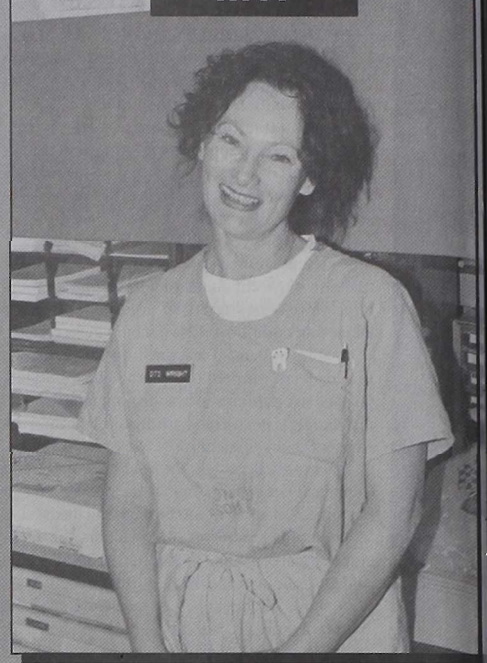
Up with People performance

An international festival featuring performers from around the world is coming to the base theater. "The Festival" is Up with People's newest blockbuster musical production, and more than 100 young people from 25 countries will perform one show March 29 at 7:30 p.m.

This event is open to the public, and tickets are available at ITT for \$2 each.

For more information, call 451-3535.

MVP



LCpl. Erik S. Svihla

Petty Officer 2d Class Freda Wright, a dental hygienist and surgical technician at the Camp Lejeune Naval Hospital, has been a volunteer CPR instructor for the past six months. She became involved in teaching the course after qualifying in an instructor training class. Freda volunteers her time simply out of concern for people and their families; she has three children of her own.

At the Movies: Feb. 28-March 6 Base Theater

Friday	7 p.m.	Michael	PG	Com
	9:30 p.m.	First Strike	PG13	Ac
Saturday	1 p.m.	Michael	PG	Com
	7 p.m.	Michael	PG	Com
	9:30 p.m.	First Strike	PG13	Ac
Sunday	7:30 p.m.	Michael	PG	Com
	9:30 p.m.	Turbulence	R	Ac
Monday	7:30 p.m.	Independence Day	PG13	Ac
Tuesday	7:30 p.m.	Michael	PG	Com
Wednesday	7:30 p.m.	First Strike	R	Ac
Thursday	7:30 p.m.	Turbulence	R	Ac

Midway Park Closed for renovation

New River

Friday	7 p.m.	Beavis & Butthead	PG13	Anime
		Do America		
	9:30 p.m.	The Evening Star	PG13	Dre
Saturday	7 p.m.	Beavis & Butthead	PG13	Anime
		Do America		
	9:30 p.m.	The Evening Star	PG13	Dre
Sunday	3:30 p.m.	Beavis & Butthead	PG13	Anime
		Do America		
	6:30 p.m.	Independence Day	PG13	Se

Kudos



LCpl. Erik S. Svihla

Herlena Washington has been giving her time to the StaffNCO Wives' Club Thrift Shop for about a year. Much of her free-time is spent helping customers, monitoring inventory, and cashiering for the shop. According to Washington, the club is a worthwhile cause to volunteer for. "This group really goes all out to give people what they want. They're really a lot of fun."

Friday	Saturday	Sunday	Monday	Tuesday
Hi 72°	Hi 78°	Hi 72°	Hi 64°	Hi 66°
Lo 56°	Lo 58°	Lo 42°	Lo 40°	Lo 44°

ROMAN CATHOLIC**Sunday Masses**

St. Francis Xavier Chapel	8:30 & 11:30 a.m.
Tarawa Terrace Chapel	8:30 a.m.
Camp Geiger Chapel	11 a.m.
Courthouse Bay Chapel	9:30 a.m.
Naval Hospital Chapel	10 a.m.
MCAS New River Chapel	9:30 a.m.
Brig	8 a.m.

Weekday Masses (Mon-Fri)

St. Francis Xavier Chapel	11:45 a.m.
Naval Hospital Chapel	6:30 a.m.
Camp Geiger Chapel	11:30 a.m.
MCAS New River Chapel	11:45 a.m.

Saturday Masses

St. Francis Xavier Chapel	5 p.m.
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Holy Day Masses

St. Francis Xavier Chapel	11:45 a.m./5 p.m.
MCAS New River Chapel	11:45 a.m./7 p.m.

Baptism Class

Wednesday before third Sunday at St. Francis Xavier Chapel	5 p.m.
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Confessions

Tarawa Terrace Chapel	4 p.m. Sat.
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JEWISH

Sabbath Eve Service, Bldg. 67 (Fridays)	7:30 p.m.
Religious School, Bldg. 67 (Sundays)	10 a.m.

LATTER DAY SAINTS (MORMON)

Scripture study (Tuesdays)
call Chaplain Vance / ext. 3210
Sunday Services call Bishop Scott 353-1714

PROTESTANT**Sunday Worship**

Base Chapel, Holy Communion	9 a.m.
Base Chapel, Worship Service	10:30 a.m.
Camp Johnson Chapel	9 a.m.
Naval Hospital Chapel	9 a.m.
Tarawa Terrace Chapel, Communion	9:45 a.m.
Tarawa Terrace Chapel, Worship	11 a.m.
Camp Geiger Chapel	9:30 a.m.
French Creek Chapel	9 a.m.
Courthouse Bay Chapel	11 a.m.
Brig	9 a.m.
MCAS New River Chapel	11 a.m.
Midway Park Theater	12:15 a.m.

Sunday School

Tarawa Terrace	9:30 a.m.
Base Chapel (Brewster Middle School)	9 a.m.
Brig	7 a.m.

MIDWEEK DEVOTIONAL SERVICE

Naval Hospital Chapel (Thursdays)	11:30 a.m.
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SEVENTH DAY ADVENTIST

Phone Contact	451-5100
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EASTERN ORTHODOX

Camp Johnson Chapel, Divine Liturgy	10:30 a.m.
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ISLAM (MUSLIM JUMAH)

Base Chapel Annex, Bldg. 16 (Fridays)	11:30 a.m.
Brig Chapel	1 p.m.

CHRISTIAN SCIENCE

if interested call Everett Sharp	(919) 636-8744
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Chaplain's Corner

Influencing outcomes

Cmdr. George Byrum
CHC, USN

"Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up." The Apostle Paul wrote these words found in Galatians 6:9 to encourage the believers to continue doing the right things. There would be a positive pay-off for their perseverance.

Our attitudes, thought patterns and actions today will produce future results. Through them our lives and those of whom we are in relationships with can be enriched and blessed.

The example of Miss Thompson and Teddy Stallard, shared by sociologist Dr. Anthony Campolo in his book "Who Switched the Price Tags," beautifully illustrates the truth.

"When Miss Thompson spoke to Teddy, he answered in monosyllables. Unattractive, unmotivated, disinterested in school, he was one of those students who was just plain hard to like. She had Teddy's records which indicated a definite downward trend. The records stated: 1st grade - Teddy shows promise with his work and attitude, but poor home situation. 2nd grade - Teddy could do better. Mother is seriously ill. He receives little help at home. 3rd grade - Teddy is a good boy, but too serious. He is a slow learner. His mother died this year. 4th grade - Teddy is very slow, but well behaved. His father shows no interest.

Christmas came, and the students in Miss Thompson's class brought her presents. They piled the gifts on her desk and crowded around to watch her open them. When she opened Teddy's present, out fell a gaudy rhinestone bracelet, with half the stones missing, and a bottle of cheap perfume.

The other children began to giggle and smirk over Teddy's gifts, but Miss Thompson silenced them by immediately putting on the bracelet and some of the perfume.

At the end of the day, when school was over and the other students left, Teddy lingered behind. He slowly came over to her desk and said softly, "Miss Thompson, you smell just like my mother, and her bracelet looks real pretty on you, too."

Miss Thompson made a decision to be, not only a teacher, but an agent of God. She chose to be committed to loving her children and doing the things for them that would live on after her. By the end of the school year, Teddy showed dramatic improvement. He had caught up with most of the students and was even ahead of some.

She didn't hear from Teddy for a long time. Then one day, she received a note that read: Dear Miss Thompson, I wanted you to be the first to know. I will be graduating second in my class. Love, Teddy Stallard

Four years later, another note came: Dear Miss Thompson, They just told me I will be graduating first in my class. I wanted you to be the first to know. The university has not been easy, but I liked it. Love, Teddy Stallard

And four years later: Dear Miss Thompson, As of today I am Theodore Stallard, M.D. How about that? I wanted you to be the first to know. I am getting married next month, the 27th to be exact. I want you to come and sit where my mother would sit if she were alive. You are the only family I have now. Dad died last year. Love, Teddy Stallard

Miss Thompson went to the wedding and sat where Teddy's mother would have sat. She deserved to sit there; she had done something for Teddy that he would never forget. Her positive actions and attitudes positively influenced outcomes. So will ours.

A Day To Remember

Let us help you get ready for your wedding day!
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- Informals and Respond Cards
- Reception and At Home Cards
- Attendant Gifts
- Bridal Books
- Planning Wedding File
- Programs
- Matches
- Napkins
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Tanning Facility Operator's Course

Mondays, March 10 - April 7, 1997

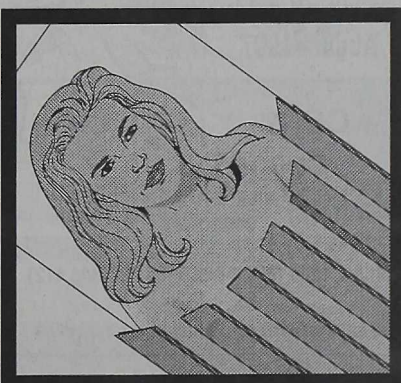
6:00p.m. - 9:00p.m.

Health Building, Room 137

\$35 Registration Fee (Payable at the first class meeting)
No Text Required



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Division of Continuing Education
444 Western Boulevard
Jacksonville, North Carolina 28546
To preregister call 938-6294.



Kate Douglas Wiggin, author of *Rebecca of Sunnybrook Farm*, organized the first kindergarten west of the Rocky Mountains in San Francisco in 1878.

This Week In

MWR**FEBRUARY - MARCH**

FRI	SAT	SUN	MON	TUE	WED	THU
28	1	2	3	4	5	6

Hosted by
the MSC Sergeants Major**OPEN
HOUSE
PARTY**

Camp Lejeune SNCO Club

28 Feb**1 600-2000**All members &
eligible members invited**INTERCOLLEGIATE
WARM-UP TOURNAMENT**

1-2 March

Paradise Point Golf Course

Tee Times Begin at 0800

\$10 Entry Fee

(Greens Fees and Carts are Extra)

Registration Deadline:

1200 on 28 Feb

For More Information Call 451-5445

**YOUTH SPORTS
BASEBALL AND SOFTBALL
REGISTRATION
3-14 MARCH**

Boys and Girls

Ages 5-16

Age cut-off date:

1 August 1997

REGISTRATION SITES
YOUTH SPORTS OFFICE
0900-1630MCAS, NEW RIVER GEAR ISSUE (Bldg 112)
0900-1630

FOR MORE INFORMATION CALL 451-2179/2710

Make A Splash**Learn to Swim!**

10-19 March

Register at Area 2 Indoor Pool

0830-1800

Registration Deadline: 7 Mar

FOR INFORMATION CALL 451-2313/2024

**Coming
29 March****THE
Festival****Up with People.**at the
Base Theater**UNDER
NEW MANAGEMENT****A Floral Affair**

Located at the Exchange Mall Complex ♦ 451-2674

March Specials

7 Mar

Balloon Bouquet \$5.95

14 Mar

Daisy Fun Bunch Wrapped \$5.95

21 Mar

3 Carnations in Bud Vase \$5.95

28 Mar

Fresh Flower Basket Arrangement
\$12.95**YOUTH JUNIOR GOLF LEAGUE
REGISTRATION**

REGISTRATION SITE

MON-FRI ONLY, 3-14 MAR

YOUTH SPORTS OFFICE,
GOETTGE MEMORIAL FIELD HOUSE (Bldg 751)

0900-1630

Registration Deadline: 14 MAR (1630)

Boys and Girls Ages 10-15

Age cut-off date: 15 Apr 97

FOR MORE INFORMATION
CALL 451-2179/2710Visit Animal Care
on 1 and 15 March
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0800 - 1100**SPECIALS**

1 - 7 March

Parvo Distemper Vaccinations
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15 - 21 March

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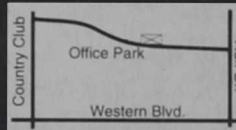
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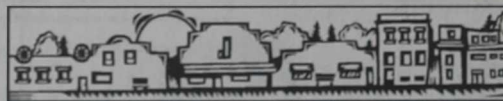
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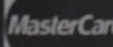
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MORE FUN****The Beloved Duck
Keep Getting More Fun**

(NAPS)—The hilarious America has grown up with to win the game and the millions. Your family enjoy D3: THE MIGHTY DUCKS home as it skates in nationwide.



The third installment of the ever-popular MIGHTY DUCKS is now available to add to your video collection.

The story began in 1994 when the original MIGHTY DUCKS took America by storm with a story of a rag-tag but lovable team of pee wee hockey players who could barely skate. With the help of Coach Gordon Bombay (Estevéz), the team soon earned respect and learned to become themselves. In the action sequel, D2: THE MIGHTY DUCKS team gets back together for the first time in winning the Junior Olympics.

In D3: THE MIGHTY DUCKS, the team continues to follow their favorite characters as they attend exclusive Eden Hall, where the team must overcome the pressures of being the team at a snobby, new school. Reporting to a new coach, the team's scholarships on the Ducks and their opponents in a series of hilarious pranks. Warm up for their battle on and in a thrilling and third-period battle, the team must prove why they are the MIGHTY DUCKS! D3: THE MIGHTY DUCKS is available on video for less than \$23.

Paid Advertisement

**GOLF
NEWS & NOTES****TRAINING & TRUST**THE SECOND STEP TO THINKING
PLAYING LIKE A CHAMPION

by Dr. Bob Rotella and Tom Kite

Special Advisors
to Chrysler-Plymouth

(NAPS)—Tom Kite, like many golfers, makes a commitment to excellence and trains diligently to improve his skills. But what makes Tom a champion is he knows how to practice and how to practice with Tom's training, he works hard when playing, he stops working technique and starts trusting his instincts. Here are a few tips I recommend to help you train and trust like Tom.

Help children

"Suave"

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(ALA)

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Accept that mistakes are part of the game.

Gain confidence: Strive to be more decisive and relaxed. Move from the first tee to the green.

So, next time you're out on the course, remember what I always tell you: separate training from trusting. Like Tom, you'll enjoy the game.

Scholarship Offer: Chrysler is awarding 40 educational scholarships to deserving young golfers, ages 12-18. Applications are available at Chrysler-Plymouth dealerships and by calling Chrysler Headquarters at 1-800-856-6666.

BEST SELLER



S—Large and luxurious, the Buick LeSabre has been the best-selling full-size car in the United States for five straight years. The Buick LeSabre, shown here, features a freshened design and improvements in safety and comfort.

Paid Announcement

THE TAX PICTURE

Good Records And A Good Preparer Can Make Tax Season Less Stressful

PS—Good tax records can protect your financial health by helping you catch legitimate deductions and providing backup in the event of an audit, but they can also improve your general health.



A good tax preparer can make tax season a lot less stressful for you.

vehicles, business equipment and other investment property.

• **Child-care and dependent-care expenses.** To calculate your credit for child- and dependent-care expenses, you need proof of payment and the name, address and tax identification number of the care provider.

• **Medical expenses.** You will need proof of payment and a record of the payee's identity to document your medical expenses.

Working with a reliable preparer can also reduce your stress at tax time. Your preparer should bring lesser-known deductions to your attention and be knowledgeable about changes in tax laws. For 1996, for example, your preparer should be aware of changes in the tax code related to Social Security numbers, child's income reported on parent's return, personal injury damages, employer-provided education, work opportunity credit, retirement income and switching to joint returns.

For a free checklist or more information, visit your local H&R Block office or visit H&R Block on the Internet at www.hrblock.com.

Paid Announcement

Raising A Star Reader

PS—Is raising an excellent reader high on your "to do" list as a parent? If so, you're not alone. It's an issue high on the nation's agenda as well. With a goal that every child in the nation learn to read well by the third grade, President Clinton recently introduced his "America's Reading Initiative." White House estimates nearly 40 percent of the nation's children are poor readers.



help children become "star readers," Suave has teamed up with the American Library Association (ALA) to provide parents with a guide to help them instill a love of reading in their children.

Children who read succeed in school throughout life," said ALA President Mary R. Somerville. "Reading helps develop language, vocabulary skills and stimulates imagination and creativity. It is key to all types of learning, from math and science."

Parents can obtain information on how to order Suave's "Raising A Star Reader" by calling 1-800-READER2. The guidebook includes suggestions on how to make reading fun for kids of all ages, a recommended book list, and tips and recommended resources for children and more.

Reading educates, entertains and expands the imagination, but it's also a necessary survival skill in today's society," said Larry Suave, spokesperson for the brand of personal care products. With our family-focused philosophy, Suave understands the challenges parents face, as well as the joys of reading. They experience when their children read a book. Parents are their first teachers, and our goal is to help make reading an integral part of children's lives from the very start."

One of Suave's "Raising A Star Reader" guidebook tips is to use the library often. Encourage children to ask the librarian for help finding stories they like. Make suggestions, but let them check out what they

want to read. Let your children see both mom and dad reading and using the library.

• Look for ways your child can use his or her new reading skills. Have him or her read to you, a sibling, even to a favorite teddy bear.

• Set aside "read-aloud" time for the whole family. There are many books that appeal to everyone from toddlers to teens to moms and dads. Have family members read different parts. Make a bowl of popcorn, turn off the TV and enjoy!

• Notice your child's interests, then find newspaper and magazine articles, websites, plays or books on those topics. Read the items to your child if they're too advanced for his or her reading level.

Raising a star reader begins at home with parents providing inspiration and support to boost a child's reading interest and ability. Share in your child's excitement about reading, and your star reader will shine brightly.

For more information about the "Raising A Star Reader" guidebook visit the American Library Association/Suave website, <http://www.ala.org/KidsConnect>. As Suave and the ALA encourage families to frequent their library to read, explore and use computers to learn, they're also sponsoring an essay contest to recognize the relationship families share with their library. Grand prize is \$20,000 Cash for College and a multimedia computer. Contest details are available on the website.

Paid Announcement

JUST FOR KIDS

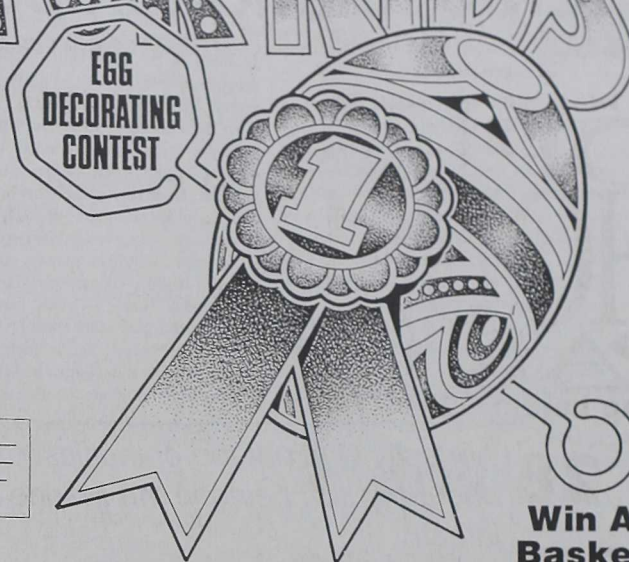
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Coloring Contest

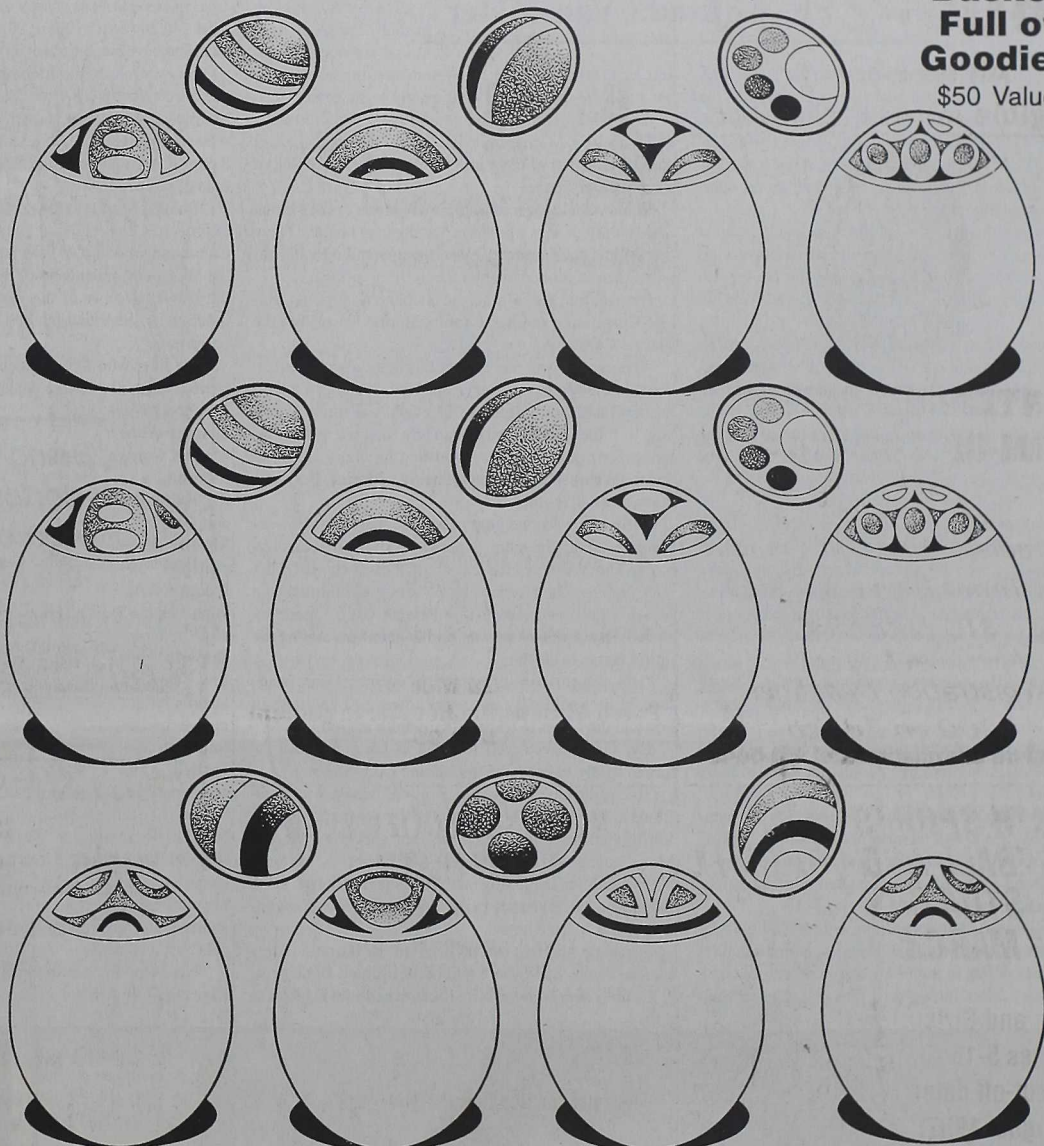
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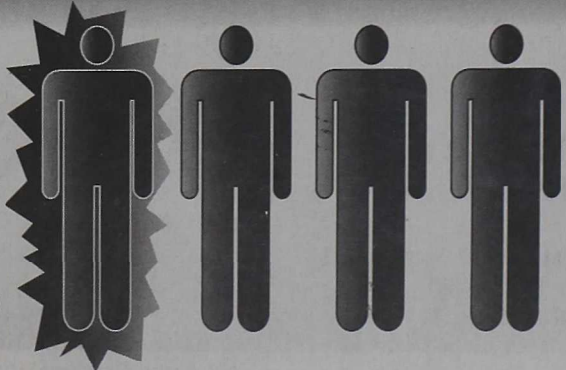
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THE MARINE FAMILY:

Diverse relationships built upon a solid foundation

Sgt. Lance M. Bacon
Globe staff

The term "Marine family" often conjures images of a Marine with his spouse and children, and the many support programs, military benefits and activities based on that traditional structure. Though true, those images fail to depict the full scope of the Marine family.

When Sgt. Michael Wilkinson deployed, his wife Kerry was introduced to a different aspect of the Marine family. When LCpl. Jason L. Picken became a member of 1st Battalion, 2nd Marine Regiment, he also became a member of a Marine family. When Richard Deubler V was born Jan. 23, he became a part of the Marine family, as did Linda Van Meter when her son enlisted in the Marine Corps. Even when GySgt. Dave Hare and Maj. Bob Finney retired from the Corps, they found a different side of the Marine family.

Though the Marine family means something different to each of these individuals, they are all, nonetheless, an equal part of this family.

For Kerry Wilkinson, the family has been a source of support for her and her three-year-old son Brandon since her husband deployed with the 26th Marine Expeditionary Unit (Special Operations Capable) two days before Thanksgiving. While she has always proudly supported her husband's service, the deployment introduced her to an aspect of operational commitment that Marines rarely experience.

When her husband deployed, Kerry suddenly became a single parent of sorts. Additionally, she was working full time and responsible for managing the household, but she wasn't alone. By her side she found the Key Wives.

The group of Marine wives provides support, experience and understanding to each other when their husbands deploy, and assistance if any hardships happen to arise.

"The Key Wives is an exceptional resource. It's nice to know that anything you may go through, they have gone through, so they already know where to turn," Kerry said.

Kerry has managed to overcome the pressures of managing the household while her husband is deployed, as most wives do. Every day she still eagerly awaits a letter from her husband, though, and even more eagerly looks forward to his return. And on the days that missing her husband seems too much to bear, she knows where she can turn.

"My Key Wife is such an emotional support," Kerry said. "Just knowing that someone is there who understands, has been through it and is going through it again makes it a lot easier to cope with the separation. It's comforting knowing that there are people out there who are willing to help."

Lance Corporal Picken knows another side of operational commitments. As a member of Company C, 1st Bn., 2d Marines, he is a brother-in-arms to a group of men with whom he will have an unequalled and sometimes unexplainable relationship.

He will endure rigorous training with his fellow Marines. Together, they will share seemingly endless days and sleepless nights in the field. They will eat together, live together, suffer through the freezing cold and un-

bearable heat together. When one thinks he can't go another step, he will find all of his family coming to his aid, and together they will succeed.

"(The unit) really is a family. When any one of us are in need, we don't even have to ask — someone is already there to help out," the Rainier, Wash., native said. "Everyone is taken care of. Whether it is mission-oriented or a matter of spending the holidays with a Marine instead of in the barracks, we can always count on each other."

Someday, that team may be put to the ultimate test. The unit will soon depart on a six-month Mediterranean deployment. There, all of the hardships and happiness they endured may seem suddenly distant as their lives hang in the balance, and in each other's hand. At that time they will stand together and conquer in a fashion of combat and brotherhood known only to Marines.

"There are a lot of things that can go wrong and cause us to deploy (during the float), but there is one thing we can always count on, and that is each other," Picken said. "We are so tight that we see the unit and each other as more important than ourselves. You have to have that kind of relationship to succeed."

That honor, courage and commitment is more than a hallmark of a Marine unit; it is the values that make a parent beam with pride. Parents like Linda Van Meter, of Elizabethton, Tenn.

Linda wasn't eager to become a member of the Marine family, though. Her whole life had been spent in the Navy family, and she suspected those roots would remain firm when her son looked to enter the military in 1989.

Instead, her son told her of his plans to join the Marine Corps. And not just join the Marine Corps, but the Marine Corps infantry.

"I honestly was not too enthusiastic about my son being in the Marine infantry," she said. "Having a father, husband and brothers serve in every war since World War II, I knew what kind of dangers (being a Marine infantryman) posed. I was proud that he chose to serve, and to take up the challenge of being a Marine, but I was also a worried mother."

Early in his second year of service, her son was writing home about the many experiences of his first deployment. The WestPac was cut short, however, when the USS Independence carrier battle group cut through the Indian Ocean en route to the Persian Gulf. Operation Desert Shield was underway, and her son was among the initial forces in theater.

"His going to the Gulf made all of my initial fears resurface," Linda said. "By this time, however, I had faith in him and the Corps to team with my faith in God."

Her faith proved well founded as her son Lance returned safely to continue his Marine Corps career.

Today, the blue and gold decorations that once adorned Linda's house have been replaced by scarlet and gold. Various collectibles announce that she is a "Marine Mom," and churn out the notes of the "Marines' Hymn." And when all of her family members enter her house, those many who chose service in the Navy, they enter knowing it is now a Marine house.

For some, the first trip home from the hospital is to a Marine house. Such was the case for Richard Deubler V. Deubler was born to LCpl. Richard and Jodi Deubler at

5:10 a.m. on Jan. 23. Whether or not he becomes a Marine himself, he is nonetheless a welcomed addition to the Marine family. And for the rest of his life, he will likely speak of the fact that his father was a United States Marine, and that he was a "Marine Brat."

Since the day they were born, retired Maj. Bob Finney and retired GySgt. Dave Hare knew their place was in the Marine family. Not every day in their combined 40 years of service were pleasant, but every one was worthwhile simply because they were a United States Marine.

After retiring, their paths took much different paths. Both paths, however, led back to their Marine family.

Since retiring in Nov. 1992, Finney often looked back on his days among Marines while absorbing the endless skies of Boise, Idaho. He deeply longed for the camaraderie shared with the Marine family and the void his retirement left. As a result, he teamed with about 15 fellow former Marines and created the Treasure Valley Marine Corps League Detachment.

"We were celebrating the Marine Corps birthday when it was decided that we should establish a detachment," said Finney, a mustang who found service in Vietnam. "We knew that there were other former Marines in the area, so we sent for a charter and established the detachment. We brought in about 80 members in our inaugural year, and have since started our Young Marines program."

Finney's family traditions are not unique; throughout the country there are more than 44,000 members of the Marine Corps League and tens of thousands of Marines who are members of the Veterans of Foreign Wars, Fleet Reserve Association, American Legion and other veteran organizations.

"Being a Marine is not something you do for a period of time, it is forever," said Finney, who is the Senior Vice Commandant of VFW Post 100444 in addition to being the MCL detachment's first commandant. "You can't help but stay a member of the Marine family and seek out others who share that bond. There is nothing that compares to it."

One man who knows about seeking out Marines is retired GySgt. Dave Hare. Since retiring in 1974, Hare has

been a faithful member of the Marine Corps League, and the Force Recon, 2d and 3rd MarDiv Associations, respectively. Beyond keeping a close relationship with fellow Marines, Hare is unique in that he continues to both spread and seek knowledge among the active duty population.

Today he is the Battalion Fire Chief aboard the Hanford Nuclear Reservation in Washington. In his role as head of special operations, Hare has responded to numerous hazardous material emergencies. To ensure that he and his unit remain at peak proficiency, he tapped into a resource at the forefront of Nuclear, Biological and Chemical (NBC) response — the United States Marine Corps.

"Not many fire departments have the wealth of knowledge the Marines have," Hare said. "They are quite adept

at responding to industrial hazardous materials, but we start talking about chemical and biological and nuclear response, the military has no equal."

Hare decided to utilize that knowledge and expertise by attending U.S. Marine Forces, Atlantic's NBC earlier this year and taking the lesson plans back to his colleagues.

"The school is no less than superb," said Hare, who also teaches NBC to Marine reserve units in Winton. "The course and the staff are above and beyond. They have provided myself, and subsequently my unit, an invaluable addition to our program. I knew count on Marines in 1974 and I knew that I could count on them today."

While the different aspects of the Marine family are very diverse, the family ties are equally as strong. Even after suffering a personal loss, members of the Marine family will unselfishly still look to others.

Hours after the suicide bombing of the 24th Amphibious Unit's headquarters in Beirut on Oct. 23, the Marine Corps League's Military Order of Devotion collected enough money to erect a monument for the fallen Marines and Sailors. Soon after, the unit's base of Camp Lejeune and the city of Jacksonville teamed to create the Beirut Memorial. The monument continues to represent the loyalty and love shown to the Marine's service, and the loyalty and love of those left behind.

That bond was showcased more recently by Sgt. V. Fandrey and M. Susan Rice. The two lost their bands, 1stLt. Joseph R. Fandrey and Capt. Scott J. when their AH-1W Super Cobra collided with a Sea Knight during exercise Purple Star on May 10.

In January, the women founded their plans to erect a monument on Marine Corps Air Station New River (their husband's home base) where all local aviators in the line of duty could be honored.

"This dream for a memorial, a place to come and grieve, has helped me personally deal with my grief. I hope it will help the community too," Rice said.

"Being a Marine is not something you do for a period of time, it is forever. You can't help but stay a member of the Marine family and seek out others who share that bond. There is nothing that compares to it."

-- Retired Maj. Bob Finney

ties and commitments must sometimes give way to a greater cause. Times spent apart are trying, and times spent together can be demanding.

Nevertheless the family grows stronger with the passing day. When everything in the world just seems right, the family is there to share their joy. And when trials seem too much to bear, they all can take comfort knowing that the family is already coming to their aid. A family of thousands they may never have others known, except for one commonality — they are also members of the Marine family.

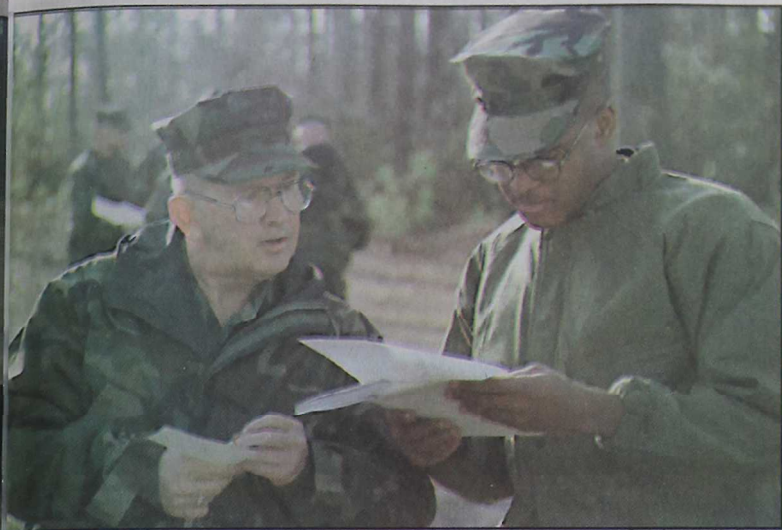


Sgt. Lance M. Bacon

Sgt. Ryan T. Bobick, of Shelbyville, Ind., dresses his 1-year-old son Michael before heading to work at the Combat Water Survival Swimming School, where he is the Chief Instructor.



LCpl. Jason L. Picken helps LCpl. Shaune C. Maycock check the fit of his pack. As members of BLT 1/2, the Marines have faced numerous obstacles together in training, and could face deadlier consequences on their upcoming deployment. The result is a family-like relationship second to none.



Sgt. Lance M. Bacon

ed GySgt. Dave Hare (left), who left the Corps' ranks in 1974, recently attended U.S. Marine Forces, Atlantic's NBC School because he knew "no one in the world had a knowledge of NBC e Marine Corps." Today, Hare is a Battalion Fire Chief at Hanford Nuclear Reservation and teaches to Marine reservists in Washington.



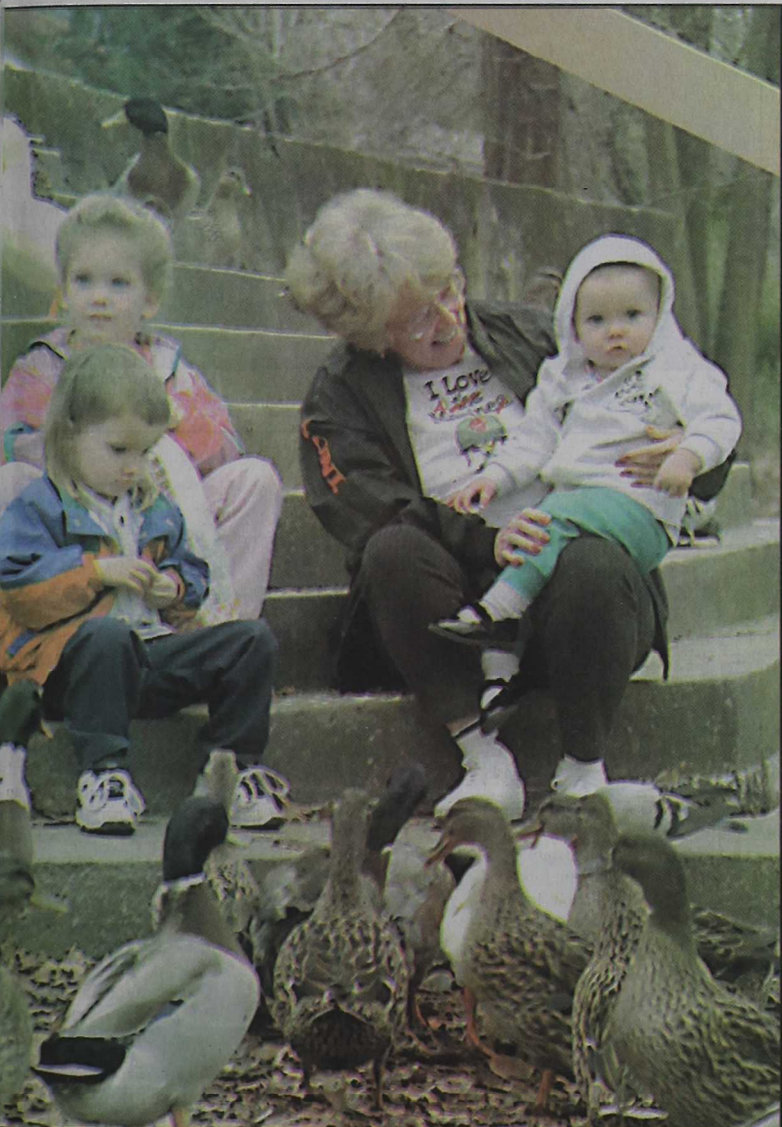
Sgt. Lance M. Bacon

Retired CWO2 Bill Reichstein, N.C. State Commandant, Marine Corps League, pays tribute to the Marines and Sailors killed in Beirut, Lebanon. Reichstein was key in collecting funds to erect the original monument honoring those killed, located at Camp Geiger, BLT 1/8's home at the time of the terrorist attack.



Sgt. Lance M. Bacon

From right, PFC Brett F. Wyble, Cpl. Jonathan M. Wyble and retired CWO-3 Dave W. Wyble join CWO2 Leslie E. Conover for a reenlistment ceremony. Jonathan made his reenlistment a family affair by asking his retired father to do the honors after he and the platoon took his younger brother Brett (who had graduated recruit training only three days prior) on a three-mile 'boots and utes' run.



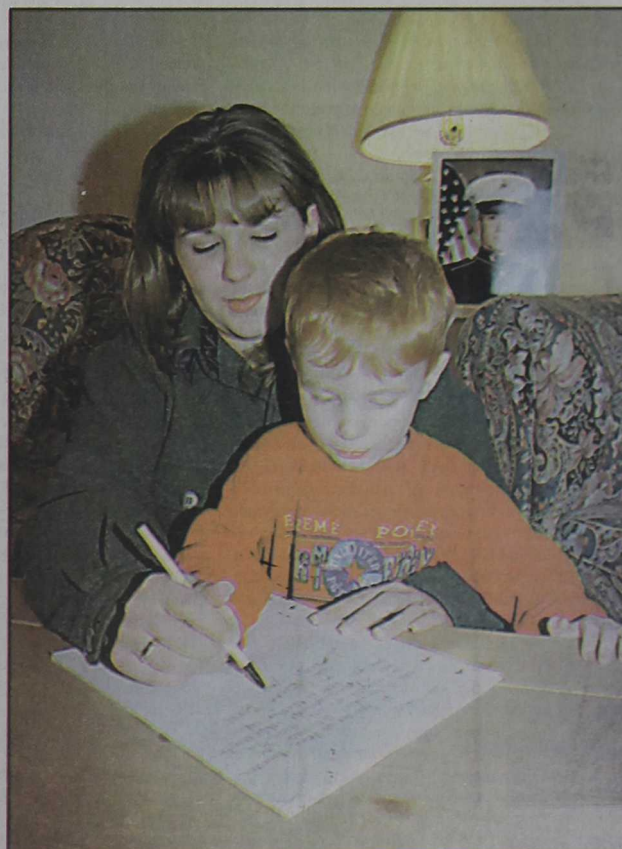
Sgt. Lance M. Bacon

a VanMeter, of Elizabethton, Tenn., enjoys a day of feeding the ducks with her grandchildren (from Kyra, 17 months, Danny, 2 and Kayla, 4. Aside from his duties as a father, husband and son, Lance has had eight successful years in the Corps.



Sgt. Lance M. Bacon

Kevin M. Shermer, of 3rd Bn., 6th Marines, and his wife Heather take a spin with their 4-year-old son Daniel. Shermer says that sustaining a stable family relationship amid the Marine Corps' operation tempo can sometimes be a dizzying effect, but can be managed through patience and understanding.



Sgt. Lance M. Bacon

Kerry Wilkinson and her 3-year-old son Brandon write a letter to Sgt. Michael Wilkinson, who is deployed with the 26th MEU(SOC).

The Marine Family

Managing Stress

The following article is part of a continuing series on the Marine family.

Next week: Crisis Management

Cpl. Kimberly Everson
Globe staff

A man comes home stressed because his boss yelled at him while at work. A chain reaction then begins. The man then yells at his wife. The wife gets angry with the child. The child pulls the dog's tail. The dog chews on the man's shoe. The man becomes angrier because he only has one shoe, and the cycle starts again.

Stress doesn't only affect one person. It affects that person and all those around him. For help with how to recognize stress and reduce it, the Family Counseling Center provides a Stress Management workshop.

"We give them guidelines and things that they can take home with them. If they can't take control of their stress we offer counseling," said Donna Ippolito, prevention and education specialist, Family Counseling Center.

Stress is the response to the demands of life. Things such as moving, marriage, divorce or any other change in lifestyle cause stress.

"Sometimes people have what we call 'rust out.' This is when an individual gets bored with his job, which in turn causes negative stress," Ippolito said.

Physical changes actually occur in the body during stressful periods. They include faster breathing, muscular tension, the body producing more sugar and requiring more oxygen. Prolonged stress can cause cramps, headaches, ulcers and diabetes.

In addition to the physical changes, some people cope with stress in unhealthy ways. Some coping symptoms are smoking, drinking and a larger intake of caffeine. In severe cases, a person may start to have irrational thoughts or become paranoid.

While the effects of stress seem overwhelming in their own right, there are numerous ways to release stress, according to Ippolito. "Things which may help reduce stress are, relaxation, financial counseling, career planning, diet, reducing or increasing expectations, exercise and meditation," she said. "When people are in a stressful situation they often give themselves negative messages. Positive-self talk helps them to be aware of the messages that they are sending themselves."

Other stress reducers include getting up 15 minutes earlier in the morning to help avoid morning mishaps, avoiding procrastination, saying no to extra projects, making time for yourself, living one day at a time and getting enough sleep.

"Take time out each day to create a place that makes you feel good and imagine that you are there," Ippolito said.

For more information on the Stress Management workshop, call 451-2876/2864.



Photo courtesy Betty Lovingood
Col. Lovingood and a fellow Marine take a time-out in Vietnam.



Photo courtesy Betty
Col. Lovingood accepts a combat commission to second lieutenant in Dec. 1968.

FAREWELL FROM 1A

"I went to Vietnam for the first time in 1965. The particular unit I went with had been training together for two years when we got there, so we knew each other rather well," he said. "It was a great organization full of great men who have gone on to become very prominent people in the civilian world."

Though the colonel's fondest memories come from moments spent with these Marines, this time is also his most disturbing. "Young Marines being killed or wounded is part of combat, but it still bothers me and stays with me," he added.

In August of 1995, Lovingood returned to the "Follow Me Division" as Assistant Chief of Staff G-3 (Operations). He said the assignment was "like going home" and speculated that it would be his last tour.

Col. Lovingood will retire today, but his legacy of 45 years as one of the Corps' finest leaders and warriors will remain. His legacy will live through the countless numbers of Marines he has positively influenced through his leadership and example.

"It's always sad to see Marines retire, especially ones who really love the Corps," Col. Lovingood said, "but I have almost 45 years of active duty — I suspect that is enough."

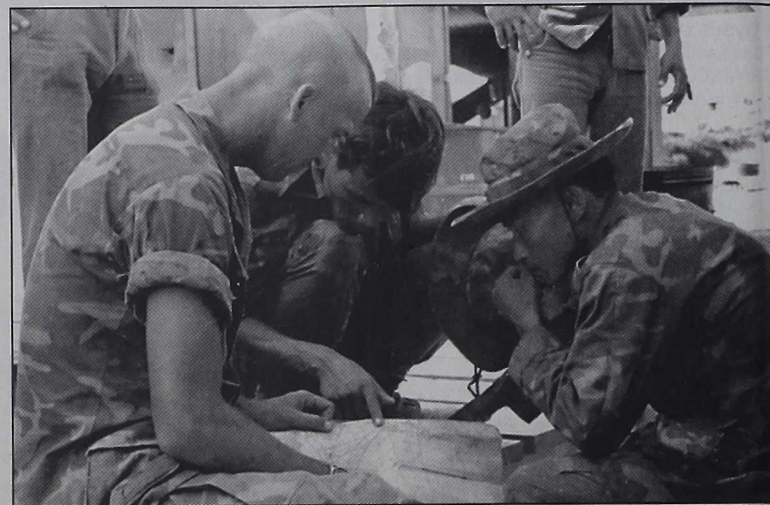


Photo courtesy Betty
Col. Lovingood in Vietnam doing what he does best — working with people.

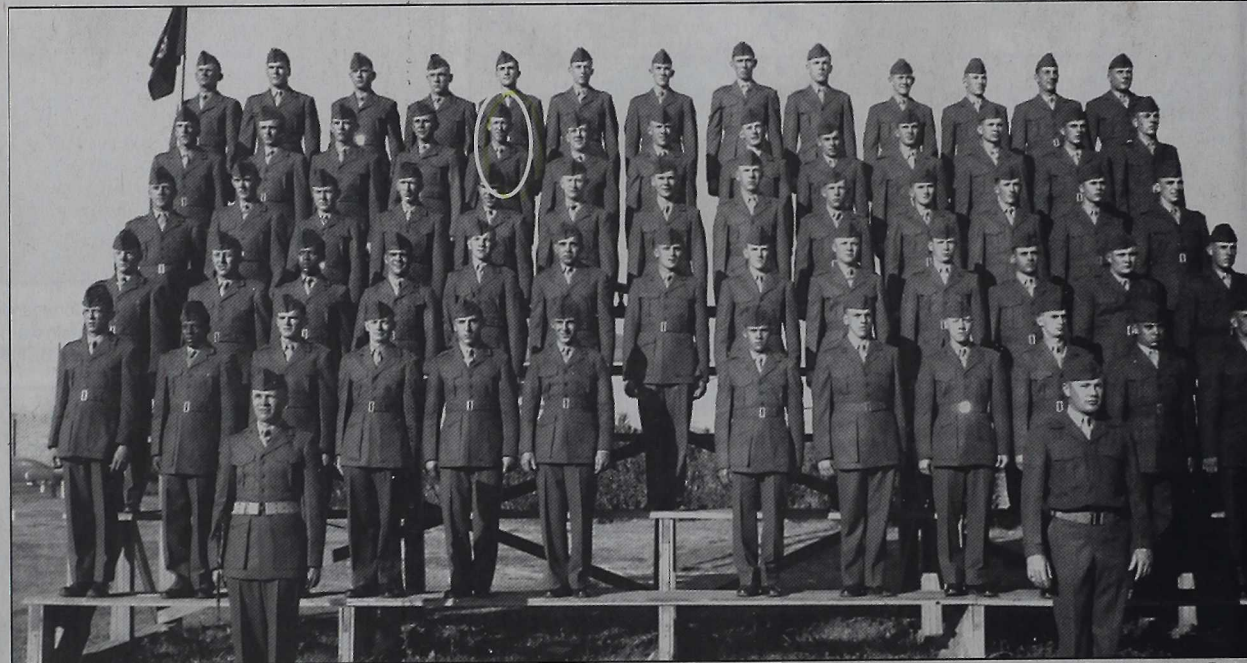


Photo courtesy Betty
On Parris Island, 1952, then Pvt. Lovingood (circled) still had 11 Commandants to serve under and 45 years ahead in his career.

MOS Profile: Counterintelligence Marines, Who are the

Recently, Globe reporter Sgt. Criss sat down with Marines at the 2d Counterintelligence Unit (CIU), to discuss the CI MOS and the unique mission these Marines perform. The following story is aimed to generate interest in the CI MOS and broaden Marines' knowledge of the counterintelligence mission.

According to GySgt. A. J. Smith, 2dCIU Chief, the majority of Counterintelligence (CI) work is in support of the "Force Protection" concept.

"Force Protection is a serious issue that affects all of the services today," he said. The incessant threat of terrorism around the globe has kept force protection at the top of every commander's list of concerns. The Marines of 2d CIU work constantly to provide commanders in every clime and place with the intelligence they need to protect their forces from terrorist, subversive and hostile intelligence activities.

For many people, there is ambiguity in the term counterintelligence. What is involved? Examining a text book definition counterintelligence is "those activities designed to identify and neutralize the threat to security posed by hostile intelligence services or organizations, or by individuals engaged in espionage, sabotage, subversion and terrorism." Second CIU Marines refer to these as "The Big Four." The primary objective of Marine counterintelligence is to nullify the effects of "The Big Four" through both offensive and defensive measures.

Just as intelligence drives operations, it also drives force protection. Properly employed, Marine CI can be a "force multiplier" able to provide a commander with timely information regarding early warning/imminent onset of hostilities, enemy unconventional warfare capabilities and intentions, as well as the multi-disciplined counterintelligence threat.

"CI Marines get out there and put a finger on the pulse of a situation," said Sgt. Shane Higgs, 2d CIU. Whether it be a threat of terrorist activity or a full-blown insurgency, we can give the commander the who, what, when, where, why and how of an enemy's intentions."

Marines of the CI community accomplish their force protection mission a number of ways. First, liaison with foreign and domestic law enforcement/intelligence services provides timely information and insight that may otherwise be unavailable or time-consuming to uncover.

"Debriefings and interviews also provide a large part of our information," said Higgs. "Essentially, we'll go to where the information is, and put it into usable form, and disseminate it in a timely manner to where it needs to go."

Adding to a CI team's force protection capabilities are Technical Surveillance Countermeasures capabilities, provided by the team's technicians. These Marines are "CI guys" of the 0211 MOS who have attended various DOD technical schools.

"The work is not always what one might think, in fact, the work is often tedious and time consuming," said Smith. "CI specialists can provide a commander with detailed terrorist threat briefs as well as CI estimates, which cover the spectrum of a country's unconventional warfare capabilities. Through collection and analysis, CI subteams will provide a MAGTF commander with sound recommendations on how to best protect his forces."

Authorized in 1943, Marine CI did not become a MOS until 1948. In the years the MOS has existed, Marine CI specialists have served from Korea to Vietnam, from Cuba to Panama, and from Somalia to Bosnia to Haiti, to name but a few. Highly deployable, Marines of the 0211 MOS work in groups or subteams of three, or sometimes individually. "Every CI Marine has to be a self-starter."

The Commanding General FMF Atlantic, Lt. Gen. Charles Wilhelm described Marine CI and its operations in Somalia. "From my perspective, one of the most encouraging outgrowths of our efforts in this socially, politically, and geographically complex urban operating environment has been the emergence of tactical CI/HUMINT (Human Source Intelligence) as the driving force behind operations."

What kind of Marine is required for this highly specialized job?

"The Marine has to be comfortable working alone or with a small group, and has to be relaxed and personable with everyone, including high ranking officers and VIPs," said Higgs. "The job involves long hours of leg work followed by long hours of report writing in a never-ending cycle. Every CI Marine holds a level of responsibility unheard of by many Marines of equal rank. The job is real world - while others are standing by to stand by, we're on the ground feeding information back to the G-2. We strive to be proactive, not reactive," said Higgs.

Marines interested in a lateral move to the 0211 MOS must meet certain criteria: be a U.S. citizen; a first-term corporal or sergeant with a GT score of 110 or higher; eligible for a top secret clearance upon completion of a background investigation; and willing to submit to a polygraph test. Marines who are found eligible for a lateral move to the CI field undergo initial screening, followed by testing and a final interview by a board of at least three accredited CI specialists or officers. The current edition of MCO 3850.1 has all the details.

"We expect a great deal from our Marines, and they carry responsibilities not normally found anywhere else in the Marine Corps," said Smith. "All MAGTF commanders rely on us to paint them a picture of the enemy's intentions; therefore, tailored time-responsive support is our foremost priority and we do it better than any other service. Our CI Marines must be creative, imaginative and possess a great deal of initiative in order to provide the necessary support to a deployed commander," said Smith.

Once approved for a lateral move to the 0211 MOS, the Marine will report to a CIU for six months of on-the-job training prior to attending the resident course. During this time the prospective CI specialists will be given an introduction, not only to CI, but to the intelligence community as a whole.

The OJT period is also used to sharpen written/verbal

communications skills, as well as to further prospect's qualification or desirability for the

"We don't want someone who thinks in a box," said Smith. "We want a level-headed Marine who is capable of assessing the situation and making a decision based upon the assessment. We don't do covert operations," and we're not security management physical security specialists. We assess the intentions vs. our vulnerabilities, in order to offer recommendations to a MAGTF commander on how to protect his forces," he said.

After the six-month OJT period, potential CI specialists attend the MAGTF CI course at the Navy-Marine Corps Intelligence Training Center, in Virginia Beach. The 17 1/2 week course takes Marines through several weeks of training which include tactical CI, Terrorism, intelligence collection/analysis, Tactical CI interrogation, briefing, and HUMINT.

It's a very tough and demanding school. "If you do generates paperwork and you end up with hundreds of reports," said Higgs. "The school is centered around lectures; 70 percent of the material is tactical application that involves hands-on training in problem solving. The other 30 percent leans toward the academic side, which is necessary in the training," said Higgs.

Once accredited as CI specialists, the Marines are deployed in support of commanders worldwide. "We're operating under a fast paced deployment cycle right now," said Smith. "We have Marines coming back from deployments and contingencies, taking weeks leave, and heading back out."

"The deployment schedule can be tough, but we earn our money. You have to be willing to be in CI, there's no way around that, but it has one of the most rewarding jobs in the Corps," said Smith.

Any Marine who wishes to learn more about moves into MOS 0211 should contact GySgt. A. J. Smith at 5411/1067.

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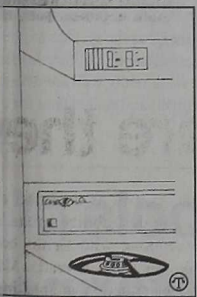
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There are different types of fire extinguishers created for different types of fires. Type A fires involve ordinary combustibles like paper or fabric. Type B fires involve flammable liquids, gas and grease. Type C fires are electrical. Many fire extinguishers will suppress more than one type of fire and some can handle all three types. A number 1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 20, 21, 22, 23, 24, 25, 26, 27, 28, 29, 30, 31, 32, 33, 34, 35, 36, 37, 38, 39, 40, 41, 42, 43, 44, 45, 46, 47, 48, 49, 50, 51, 52, 53, 54, 55, 56, 57, 58, 59, 60, 61, 62, 63, 64, 65, 66, 67, 68, 69, 70, 71, 72, 73, 74, 75, 76, 77, 78, 79, 80, 81, 82, 83, 84, 85, 86, 87, 88, 89, 90, 91, 92, 93, 94, 95, 96, 97, 98, 99, 100.

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P205/65R15	88.99	75.99	5.00	P215/70R14	71.99	55.99	5.00
P195/60R15	78.99	66.99	5.00	P225/70R15	77.99	59.99	5.00
P205/60R15	87.99	74.99	5.00	P255/70R15	87.99	67.99	5.00
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P225/70R15	88.99	75.99	5.00	P225/70R14	76.99	59.99	5.00
P235/70R15	90.99	76.99	5.00	P235/60R14	79.99	61.99	5.00
P255/70R15	89.99	76.99	5.00	P245/60R15	85.99	66.99	5.00
P235/60R15	96.99	81.99	5.00				
P275/60R15	102.99	87.99	5.00				

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26th MEU conducts live-fire in Sierra de Reti

Marines focus on fire support coordination on Spanish ranges

Sgt. Mark D. Oliva
26th MEU (SOC) correspondent

SIERRA DE RETI, Spain — Ground pounders from Battalion Landing Team 1/8, along with aviators from Marine Medium Helicopter Squadron 365 (Reinforced), tested fire-support coordination capabilities while the 26th Marine Expeditionary Unit (Special Operations Capable) trained here.

The two-day event brought an integrated package of MEU indirect firepower capabilities to bear on a wide-open range in this Spanish training area.

The fire support coordination exercise (FSCEX) tested the ability of the BLT's 81 and 60mm mortars to suppress and mark targets for weapons platforms from the squadron. It also tested the integration of naval gunfire into MEU fire support plans. Each weapon can be used singularly or mixed in a variety of ways to provide fire suppression and target elimination. The exercise verified standard operating procedures while providing Marines an opportunity to hone the skills needed to put rounds on target.

"There are dozens of Marines who must work together to combine all the supporting arms of the battlefield," said Capt. William Hallahan, Weapons Company commanding officer. "It's difficult to find suitable training areas in order to do this safely, but this area offered the room we needed and we took advantage of it."

Marines participating in the exercise were stretched throughout the training area. Forward observers called in

fire from an observation post, while mortarmen lobbed rounds from a position on the reverse side of a hill. AH-1W Super Cobras and UH-1N Hueys circled overhead while AV-8B Plus II Harriers were on station farther away, waiting for the call to drop in and pound targets with their 500-pound bombs.

"The fire support system is key for the MEU's maneuver elements," Hallahan said. "It is a type of training, though, we don't often get to conduct, so it's important to make the most of each opportunity."

Combining the different communities within the MEU has its difficulties. Battalions and squadrons rarely work together so closely before integrating into a MEU, and time on the ranges is limited at Camp Lejeune. It's easier for Marines to learn the relationship of supporting arms on wide-open ranges like the ones available at Sierra de Reti.

"The hardest part is understanding the capabilities and limitations of each type of weapon," said Capt. Jeff Hagan, air officer for BLT 1/8. "Out here, though, we're able to expand everyone's situational awareness beyond their own weapons systems."

Fire suppression began with forward observers identifying a target. From the observation post, they would select targets, plot them on their maps and work up a fire mission for the 81mm Mortar Platoon.

Mortar crews took the call for fire and shot practice rounds down range to mark targets and begin the combined arms process. After observers made adjustments, a volley of smoke rounds were fired to mark targets for close-air support. The Harrier pilots zeroed in on the burning white phosphorous to drop bombs on the mortar mark. The attack helicopters were armed with 2.75 inch rockets and heavy machine guns to sweep the targets.

This combined suppression provided by the mortars and aerial weapons platforms is invaluable to commanders. By forcing the enemy to take cover, it aids the infantrymen in their quest to take ground.

Hallahan explained how this enables a small force to engage a larger one on more equal terms. "Ground commanders can place a great amount of firepower on an objective to support their maneuver elements," he said.

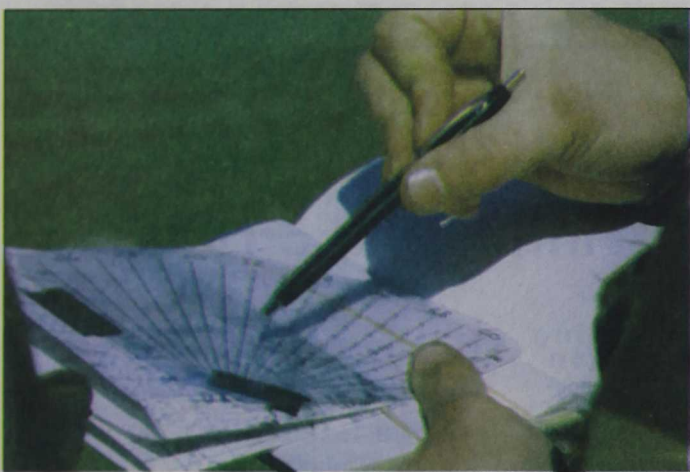
Timing is vital for a combined-arms attack to be effective.

Firing on the target too soon may reduce the effect of weapons, and gaps between firing volleys can give enemy forces time to mount their own counter-fire. Support Coordinators must also de-conflict fire to keep fire from impacting near friendly forces through the helicopters' or Harriers' flight paths.

"This skill is a precious asset to the commander," Hallahan added. "It requires precise application and timing. Communications between forward observers and indirect fire assets need to be coordinated so everyone knows exactly what everyone is doing."

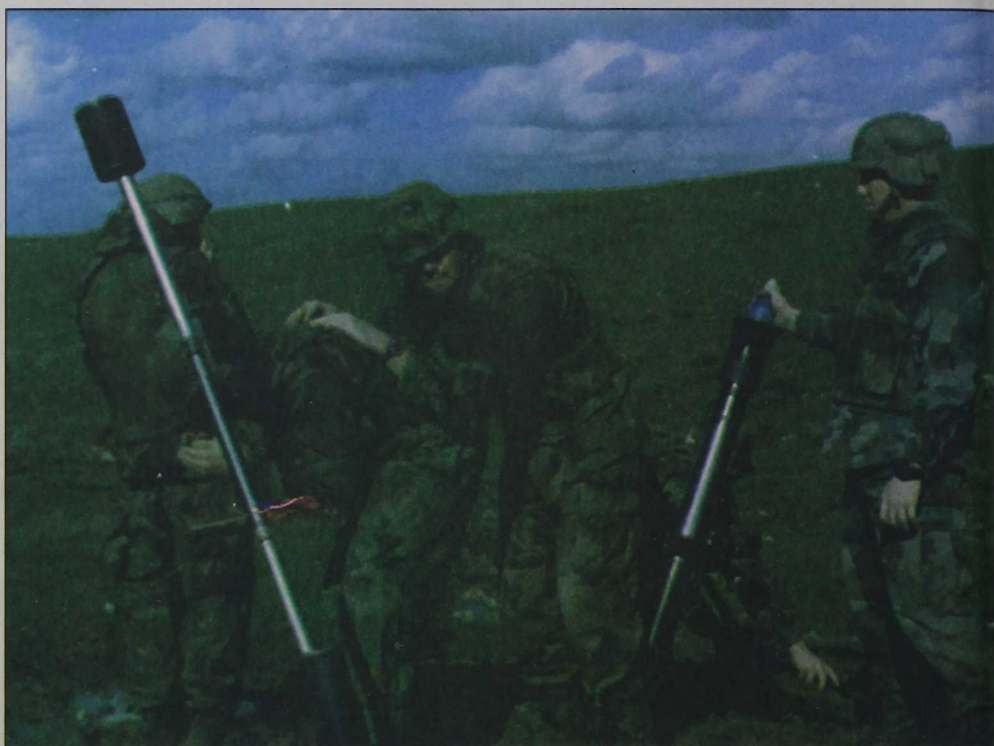
Through exercises like FSCEX, Marines gain a "hands-on" knowledge of target suppression. The goal is to train forward observers so they'll respond with rounds on target when commanders call for them.

"We had a good situation for the Marines to see the whole picture," Hagan said. "By having all the forward observers at the station, they could see the whole package of what



Sgt. Mark D. Oliva

Details were checked and re-checked in coordination of fire support elements.



Sgt. Mark

An 81mm Mortar Platoon crew mires in the mud as it launches practice rounds downrange during the exercise.

DOMESTIC FROM 1A

abusers' employers — unit commanders trained to respond to such family crises. Family advocacy officials recommend treatment programs and track families from one assignment to the next.

"Because it is a command environment, we can move very quickly," said Carolyn Becraft, deputy assistant secretary of defense for personnel support, families and education. "It's probably the only spouse abuse program in the nation where reports of abuse are made to the employer. We have leverage — a lot of things we can do to assist families."

While DoD began funding family advocacy programs "in a serious way" about seven years ago, Becraft said, the effort is now at a crossroads. "We have a lot of data that's beginning to come in. Now we need to chart how we're going to do this in the future. We want to ensure our policy is appropriate as we move to the 21st century."

The services are embarked on strong programs with strong leadership support throughout DoD, Becraft said.

"The challenge for us is to ensure we take actions to prevent spouse abuse and, if it occurs, to stop it from reoccurring in ways that are consistent with DoD's zero tolerance policy."

In July, family advocacy specialists from throughout the military gathered here to discuss the unique problems of military families and share solutions. This conference gave the nation's civilian family advocates a chance to help DoD shape policy, Becraft said. During two days of talks, DoD officials gathered information from the civilian experts and told them about the military's campaign against domestic violence.

The military lifestyle presents unique challenges for families, Becraft said. Frequent family moves and deployments that send service members into harm's way put extra stress on family members.

"You can never underestimate what mobility and deployments do to a family," she said.

"Most of our spouse abuse cases are in young, imma-

ture couples who use relatively mild violence in a misguided attempt to deal with conflict," Becraft said. Military family advocates usually deal with domestic violence shortly after it first begins, she said.

The average age of couples involved in spouse abuse cases is 26, according to David Lloyd, director of DoD's Family Advocacy Program. "Many of these young couples have children," he said. "They're adjusting to marriage, parenthood and the uniqueness of military life," Lloyd said.

"They may come from a small town in Iowa, and the next thing they know they're in Germany or Okinawa, and their families and high school friends don't have the resources to come visit," he said. "All the support systems that helped them get through childhood and adolescence are now at a great geographical distance."

The young couple may also find themselves with less income than they're used to, especially if they're assigned overseas where it's difficult to find spouse employment, Lloyd said.

"We've got 18-year-olds who get offers from all over the place," Becraft said. "Some military jobs have long-term potential and some are very dangerous. Reuniting with family members after a separation is also often difficult for families."

"Imagine a young wife, who isn't a very assertive person whose husband joins the Navy and goes to sea for months," Lloyd said. "Suddenly she has to manage the household and she learns to like it and becomes good at it. When he comes back, his expectation is, 'Hand over the keys to the house, honey.' We have this issue of reunion, readjustment."

Commanders can order service members into treatment programs, administer nonjudicial punishment, or prosecute the abuser from the service or prosecute the abuser under the Uniform Code of Military Justice.

"The programs that work really well are where commanders are really involved and understand the problem," Lloyd said.

26th MEU (SOC) relies on flexibility of ACE during amphibious landing

Sgt. Mark D. Oliva
26th MEU (SOC) correspondent

Sierra de Reti — Marine Medium Helicopter Squadron-365 (Reinforced) demonstrated its ability to deliver combat power ashore during the recent Spanish amphibious landing exercise (PHIBLEX) here.

The Blue Knights moved the majority of the 26th Marine Expeditionary Unit (Special Operations Capable) Ground Combat Element into the objective area when seas became too rough to use landing craft in the exercise's early stages.

Transport from ship to shore was provided via CH-46E Sea Knights and CH-53E Super Stallions. Close-in fire support sorties were flown in AH-1W Super Cobras, UH-1N Hueys and AV-8B Plus II Harriers.

"The ACE (Aviation Combat Element) had planned for an all-air option," said Capt. Mike Sherman, the squadron's exercise action officer. "When this option was called for by the MEU commander, the Blue Knights executed that all-air option branch plan."

The flexibility of the ACE was the determining factor in final assault execution. Air transport was the only means available to rapidly build-up combat power ashore in the distant weather conditions.

"The Blue Knights supported the air requirements for the initial assault and unanticipated follow-on waves by staggering aircrews and aircraft," Sherman explained. "This continual support allowed the GCE to gain superiority ashore with great success."

With the assault complete and infantry-

men setting off for small unit training, the MEU set up a command post nearly 30 miles from the operations area.

Ground conditions made it impossible for the ACE to set up a shore detachment in Sierra de Reti, so Marines of HMM-365 split their assets between Naval shipping and Naval Air Station Rota.

Skids — Cobras and Hueys — flew operations from USS Nashville while Harriers flew from the airstrip at Rota for a fire support coordination exercise with Battalion Landing Team 1/8. Sea Knight and Sea Stallion crews and pilots also flew their support missions from Rota.

The transition from daily routines aboard ship to supporting combat operations ashore was seamless, despite the operational tempo placed on crews and pilots.

"We worked around the clock with day and night crews," said MGySgt. William Kelley, squadron maintenance chief. "The shift from our daily flights to supporting combat operations in the exercise was a routine operation. The biggest change in the way we did business was ensuring there was ground support equipment aboard USS Nashville for the skids."

Crews paid particular attention to keeping aircraft operational during the exercise. Meticulous pre-flight inspections were held daily to ensure helicopters could fly through increased demand.

"There was a higher level of concentration and effort for the exercise," explained Sgt. Scott Dieckhoff, HMM-365 crew chief. "It was the same maintenance but with more in-

tensity to get the job done. If the flight plan called for five planes and we only had four, we didn't stop working until that fifth one was ready."

The squadron's increased operational tempo required higher awareness from each Marine. Special attention was paid to small details such as ensuring mission aircraft were stocked with fluids and parts for on-the-spot repairs during emergencies. No detail was overlooked.

"It's too easy to let your guard down when you're working so hard to keep the planes up," said Cpl. Gary Dyer, CH-46 mechanic. "We checked and re-checked. There was a lot going on at once, so we paid special attention to ensure the overall condition of the aircraft was the best it could be."

Kelley credited the squadron's success in the exercise to good prior planning.

"We took a hard look at what we'd need and where our assets were best used," Kelley said. "We replaced an engine on a CH-46 in Rota and the work never affected our mission capability. Time spent planning was what gave us 'hard-up' aircraft."

The squadron's support of Marines ashore was accomplished through thorough planning and seamless execution.

"The measure of success for the ACE can be judged by how well the Blue Knights supported the Marine rifleman," Sherman said. "During Spanish PHIBLEX, air support was always available to the Marine on the ground. Spanish PHIBLEX strengthened the relationship between the battalion and the squadron."

Ink, markers tools of trade for TSD Marines

LCpl. Erik Suthrland Svihla
Globe staff

A splash of ink, a hue of watercolor, and a pocket full of fine-tip markers are unusual work tools for a Marine. So are computer-generated graphics and images. But members of Training Support Division graphics department use them regularly. Their Military Occupational Specialty (MOS) involves natural artistic talent employed to produce a product for the benefit of Marine Corps Training.

The department supplies training aids for Camp Lejeune-area units, with the exception of Courthouse Bay, which has its own graphics shop, said Cpl. Bruce Huffman, a graphics department illustrator.

"We make anything from transparencies and slides to posters and M-16 rifle nomenclature visual aids. Anything to support training on base."

Visual aids enhance the learning process, Huffman said. "Usually people get a better grasp of what they're doing when they can actually see it, instead of just hearing someone just speak to them or operate from a chalkboard."

The first step in the process is the job order. The customer uses this to explain in detail how they want the finished product to look.

Next, the customer meets with an illustrator. Final details are worked out

here. For instance, if slides are ordered, details such as the color and style of lettering or background color can be tailored to the customer's needs.

Sometimes, illustrators are given green light to be creative — a situation they enjoy.

"We're all artists here. We love when somebody comes in and says, 'do whatever you think is best.' It gives us free reign over the project. We always do it to the best of our ability," said Cpl David G Smith, graphics department illustrator.

Due to this attention given to the project, an order does take time said Julia Martin graphics illustrator.

"Most of the time it takes about 10 working days to finish an order. Sometimes, though, we have people who need the work done yesterday, so we try to accommodate them the best we can. But we do like people to have their plans made in advance," Smith said.

The graphics department also offers a "self-help" program where customers go to the shop and work on their projects under the guidance of the illustrators.

One rule the shop has is that requested work must pertain to official training.

"The stuff we do requires a great deal of time and dedication. We put our heart into our work, and we don't have a lot of time to waste," Huffman said.

Retired from Super Squad to bursting bomb

Marine gunner looks back on 22 years of service

by M. Bacon

after arriving at work one January morning, Duane Richardson began receiving calls from old colleagues who seen his name in the base paper. Curious, he grabbed a copy of *The Globe* and turned its pages.

On the second page he saw the article — a story in the "ago" section about a Marine sergeant by the name of Duane Richardson who had led his squad from the 3rd Battalion, 6th Marines to second place in the 1977 Super Squad competition.

The article brought many emotions to the Phenix City, Ala. resident. Memories of those Marines and their teamed effort on nearly 22 years of service and the challenges of his current role as the school gunner/executor for the School of Infantry's Advanced Infantry Training Company.

"Those were exciting and proud times," Richardson said. "My time with the 2nd Marine Division's Super Squad was outstanding training. Operational tempo was high, budgets were low and ammo was short, so we put a little more emphasis on individual training days. When we came together, we all had a common ground and all had that winning spirit."

Courtesy of Gunner Richardson
Sgt. Duane Richardson in 1977.

"When I was with the Super Squad, I never envisioned myself as a Marine gunner/CWO-4," Richardson added. "What I have become, however, is founded on the Marine I learned to be in those years. The traits, the techniques, the standards, the morals — they have been mixed with the knowledge I've gained in more than two decades to create the Marine I am today."

While leading one of the best squads in the Marine Corps infantry would be a highlight in most Marines' service, it was only a sign of things to come for Richardson. In following years he was often named Marine of the Month, Quarter and Year for his leadership and knowledge.

In all but six of those 22 years, he called 2nd MarDiv "home." Only during three years as a Marine Security Guard in Somalia and Madagascar, and three years in Okinawa, Japan, did Richardson leave the ranks of the "Follow Me Division." He has served with every one of its infantry regiments and spent nearly six years in a forward-deployed status.

While that service was key in shaping the infantry expert he has become, the days were not all pleasant. In particular, the hot autumn days he spent with Battalion Landing Team 1/8 of the 24th Marine Amphibious Unit in Beirut, Lebanon, in 1983.

The Marines were part of a peace-keeping effort during the country's civil war. Richardson was a staff sergeant assigned to one of four Dragon teams.

While in Beirut he learned that he had been selected for gunnery sergeant. A few weeks later, he learned he had been accepted for the warrant officer program.

For a short time, the Lebanon heat and weeks away from home had been cushioned by his impending promotion. There was promise amid the combat-induced turmoil and sniper attacks. Then, in an instant all of his hopes were subdued when the inherent dangers of being an infantryman became reality.

On Oct. 23, mere days after learning he was selected for the warrant officer program, the building where he received the news and had lived for two months was gone. It was destroyed in an early morning terrorist attack which killed 241 Marines and Sailors — the single greatest loss of Marine life in one day since Iwo Jima.

"My Dragon team was located at the southern side of the airport at the time of the attack," Richardson said. "The Dragon team at the barracks lost 16 of 17 men. We lost our company commander, executive officer, first sergeant, operations chief, platoon commander and platoon sergeant. We lost a lot of friends and fellow Marines that day. The whole country lost a lot of fine men that day."

A little more than three months after the bombing he

pinned on his warrant officer bars in the NBC field.

Seven years later in 1991, Richardson was selected to join one of the Corps' most select group of Marines — the Marine gunner. Not an infantry chief warrant officer, but a true gunner by definition. He is an expert of infantry weapons and tactics, and one of only 42 Marines who have earned the title "gunner," and wear the bursting bomb on the collar opposite their chief warrant officer bar.

"There are some really great individuals wearing the bursting bomb; some real professionals," Richardson said. "You don't get promoted to gunner for being a good Staff NCO, you get promoted for being an exceptional Staff NCO. There's not one in the bunch who wouldn't have ended up a sergeant major had he remained enlisted."

Earlier this year, Richardson left the 2nd MarDiv's ranks for only the third time. Today, he bestows his knowledge and experience on the instructors and students of AITC, where the division's machinegunners, mortarmen, squad leaders and platoon sergeants sharpen their ability to lead the world's premier fighting force.

"There is a host of professional Staff NCO and NCO instructors here," Richardson said. "They are providing the 2nd Marine Division individuals who will be much better war fighters. This school has an outstanding reputation, and that reputation wasn't based on my experience, but I feel there is a lot I can provide to the students and instructors. I look forward to the challenge, and I know this will be a great tour."

Having come full circle from student to leader to teacher, Richardson has also come to realize that his days in the Corps are coming to a close. What started with him living in open squad bays and learning to operate flame throwers, 3.5 rocket launchers and the 106 recoilless rifle has evolved into his being a battalion, regimental, and current AITC gunner.

"It's been a good profession," Richardson said. "I don't consider it a career. I consider it a profession. I have certainly been lucky at times, and I have stepped up to the challenge at times. The way I see it, though, I've been a Marine through it all. That pretty much says everything that needs to be said — Semper Paratus."



Sgt. Lance M. Bacon

A former 2nd Mar.Div. Super Squad leader and Beirut veteran, Gunner Duane Richardson now puts his expertise in infantry weaponry and tactics and 22 years of experience to work as the Gunner/Executive Officer at the School of Infantry's Advanced Infantry Training Company.



Courtesy of Gunner Richardson

The 1977 2nd Mar.Div. Super Squad that Gunner Duane Richardson (then a sergeant) led to a second place finish in the entire Marine Corps. Richardson is standing on the far right.



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A man is rich in proportion to the things he can afford to let alone.

—Henry David Thoreau

After silence that which comes nearest to expressing the inexpressible is music.

—Aldous Huxley

Love is to the soul of him who loves, what the soul is to the body which it animates.

—La Rochefoucauld

Tax time Q & A

Q: How much can I contribute and deduct on Individual Retirement Arrangements (IRAs)?

A: Contributions to an IRA must be in the form of money (cash, check, or money order). You can not contribute property.

Contribution Limits - The most that you can contribute for any year to your IRA is the smaller of the following amounts:

- (1) Your compensation that you must include in income for the year, or
- (2) \$2,000.

This is the most you can contribute regardless of whether your contributions are to one or more IRAs or whether all or part of your contributions are nondeductible.

Deductible Contributions - Generally, you can take a deduction for the contributions that you are allowed to make to your IRA. However, if you or your spouse were covered by an employer retirement plan at any time during the year for which you make the contribution, your allowable IRA deduction may be less than your contribution. Your deduction may be reduced or eliminated, depending on your filing status and the amount of your income.

Who is covered by an employer plan?

The Form W-2, Wage and Tax Statement, you receive from your employer has a box used to indicate whether you were covered for the year. The "Pension Plan" box should have a mark in it if you were covered.

You are also covered by a plan if you are self-employed and participate in a qualified retirement plan (such as a Keogh plan) or a simplified employee pension (SEP) plan.

If you are not certain whether you were covered by your employer's retirement plan, you should ask your employer.

FOR PURPOSES OF A DEDUCTION FOR CONTRIBUTIONS TO AN IRA, ARMED FORCES MEMBERS (INCLUDING RESERVISTS ON ACTIVE DUTY FOR MORE THAN 90 DAYS) ARE CONSIDERED TO BE ACTIVE PARTICIPANTS IN AN EMPLOYER-MAINTAINED RETIREMENT PLAN.

OFFSET AGAINST DEBTS: INJURED SPOUSE

If you are due a refund but have not paid certain obligations, all or part of your overpayment of tax may be used to pay all or part of the past-due amount. This includes past-due income tax, other federal debts (such as student loans), and child and spousal support payments. The IRS will notify you if the refund you claimed has been offset against your debts.

Joint return and injured spouse.

When a joint return is filed and only one spouse is obligated to pay past-due child and spousal support or a federal debt, the spouse who is not obligated for the debt can be considered an **injured spouse**. An injured spouse can obtain a refund for his or her share of the overpayment that would otherwise be used to pay the past-due amount.

To be considered an injured spouse, you must:

- (1) File a joint return,
- (2) Have received income (such as wages, interest, etc.),
- (3) Have made tax payments (such as federal income tax withheld from wages or estimated tax payments),
- (4) Report the income and tax payments on the joint return, and
- (5) Have an overpayment, all or part of which may be applied against the past-due amount.

If you are an injured spouse, you can obtain your portion of the joint refund by completing **Form 8379, Injured Spouse Claim and Allocation**.

The Tax Center is located in the industrial area on Birch St. in Bldg. 1209. The center will be open Mon. - Fri. 8 a.m. - 7 p.m., Sat. 9 a.m. - 1 p.m. and Sun. 2 - 5 p.m. through April 15. For more information, please call 451-3110 or 3030.

EMD transforms dead wood into dollars

LCpl. Erik Suthland Svihla
Globe staff

After the ravages of hurricanes Fran and Bertha had completed their course, vast amounts of Camp Lejeune's timberland lay in ruin. The task of clearing away the deadwood was left to the staff of the Environmental Management Division's (EMD) forestry department.

Using contracted civilian working crews, EMD has been able to clear out 54 percent of the dead or fallen trees in a matter of six months. However, they have not only cleared it out, but have transformed the deadwood into dollars. According to Danny Marshburn, assistant director of the forestry department, the wood has changed into a very sizable sum.

"In the time that this operation has been underway, our crews have pulled in about 1.5 million dollars in revenue for the base. It has been an incredibly successful project thus far," he said.

The project started with the passing of Bertha. First on the forestry department's list was to assess the extent of damages.

"After Bertha, we found that we had lost about three percent of our timberland, and after Fran came through a month later, that number had jumped to 10 percent," he said.

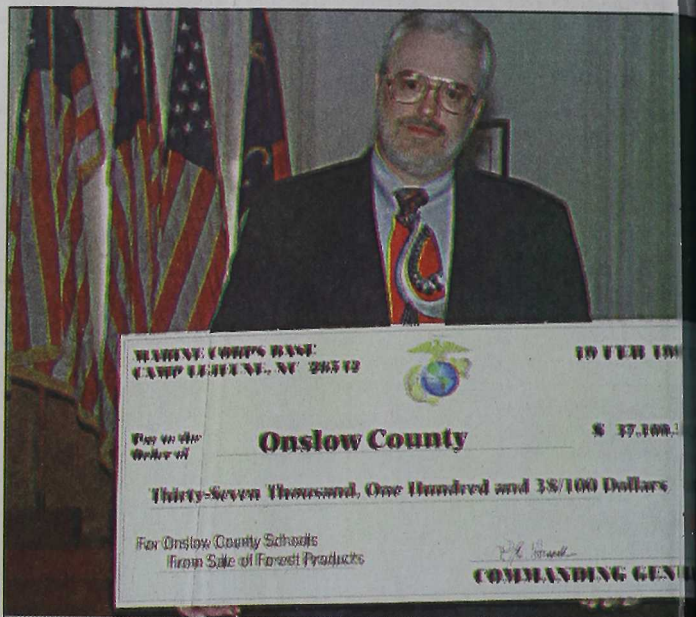
The increase in damage was due to the ground being saturated with water from Bertha and another strong thunderstorm, Marshburn explained.

By the time Fran rumbled through the area, many of the trees that had withstood Bertha's onslaught fell to the wayside.

After assessing, it was time to begin clearing the damage. By the time Fran had passed through, nine contracted logging crews were working to clear the hardwoods and pine trees that populate Camp Lejeune, according to Marshburn.

The department has been very fortunate, he added, because of the efficiency of the crews. Through the quickness of their labors and their immediate reaction to the damages, they have managed to push 2,600 tractor trailer loads logged timber to buyers in the local community.

"We were fortunate enough to have timber sales already in place. The timber buyers who already had contracts allowed to add the salvaged wood to the loads available for sale at going timber prices, so even the pulp wood, which is softer in texture and of less value, was going for a better price," Marshburn said.



Pete Black, director, Camp Lejeune's Forestry Division holds a check for proceeds of timber sales aboard base. This check was presented by MGen. P.G. Howard to Onslow County schools in a ceremony Feb. 19.

Corporals' Course refreshes basic skills

LCpl. Erik Suthland Svihla
Globe staff

"The correct position of the feet during the movement of parade rest is shoulder width apart!" The young corporal strained his voice so that not only his drill formation, but all Marines between Holcomb Boulevard and 2d Force Service Support Group headquarters could hear the order, "CORRECT YOURSELF!"

This situation may send shivers down one's spine as they remember drill sessions given to them in boot camp. However, the participants are not recruits, but noncommissioned officers attending 2d FSSG's Corporals Leadership Course.

The course was established Feb. 1, 1995, and is designed to provide corporals with the fundamental training necessary to become a successful leader and effective NCO, according to MSgt. Timothy Whiteman, assistant director of the course. Previously only 2d FSSG Marines could attend the course, but in November the course became available to units basewide.

The 10-day course is packed with leadership training. From day one, the corporals go through a multitude of classes, from close order drill to alcohol abuse and wall locker inspections.

"These classes aren't meant for the individual. They're meant to teach the students how to take care of their Marines in any situation. It doesn't matter if it is a social, financial, or day-to-day situation, the NCO must be able to handle it," Whiteman said.

That kind of leadership is what is most important in the Corps, according to Whiteman.

"What I like about the Corps, unlike a lot of its sister services, is its ability

to put trust in young NCOs to get the job done. There's an old saying the Staff NCO is the backbone of the Marine Corps. That's a my lower-ranking corporals and sergeants are the real backbone, because must deal with a smaller group of people one on one," he said.

Unfortunately, a lot of the Marines just don't understand, Whiteman said. This lack of understanding is why the course was created.

It isn't easy, either, evident by an attrition rate of about 10 percent despite its brevity, the course is incredibly intense. "I've had Marines and say, 'Master Sergeant, I've gotten more sleep in the field than I've here.' That's how packed this course is, and that's how we intended it."

According to student Cpl. Joseph Hay, the difficulties can ring true. "I live out in town; my day here begins at 4:30 in the morning. I have in my seat by 5:50 on some days, and if you're even one minute late, you're charged with unauthorized absence," he said.

The strictness of the course is intended to teach the corporals responsibility. In order for them to take responsibility for other people's actions, they must first set the example themselves.

According to Hay, the course requires concentration, but is doable. In addition to giving his energies to the course, Hay also takes in off-base education. That puts additional stress on his situation. Despite the difficulties, Hay feels the course is very valuable.

"This course provided me with a lot of information that would take me a long time to learn in the workplace," he said.

According to Whiteman, there is one underlying truth about the course. "What we're doing here is really quite simple. We use 10 days to reemphasize what they have already learned in the workplace, and teach them to apply that knowledge."



Cpl. Javier R. Reyes

Smiling artists

The winners of the Children's Dental Health Month poster contest proudly display their artworks. (L to R) Selina De Angelo Strickland, Sara O'Donohue, Tess Brikalis, Joseph Dunford III, Chaz Martinez and Dawn Marie Lukas drew or painted their interpretations of this year's theme "Uncover the Secrets to a Healthy Smile." The first-place prize was a \$50 savings bond donated by Coastal Carolina Dental Society. Joseph Dunford III won the 4 - 8-year-old category. Sara O'Donohue won in the 9 - 12 year-old group. Chaz Martinez and Tess Brikalis received Marine Corps Exchange gift certificates for placing in the 4 - 8 category. Dawn Marie Lukas and Selina De Angelo Strickland received the same for placing in the 9 - 12 category.

Courts-martial

January 21 - 31, 1997

The following courts-martial were conducted aboard base during the period from 21 - 31 January 1997:

LCpl. Gregory E. Moessinger, 5th Battalion, 10th Marines, was convicted at a special court-martial of a violation of Article 86 (Unauthorized Absence). He was sentenced to forfeiture of \$600 pay per month for a period of three months, confinement for 90 days and reduction to E-1.

LCpl. Reginald D. Stewart, Headquarters and Service Battalion, 2d FSSG, was convicted at a special court-martial of two violations of Article 112a (Wrongful use of marijuana). He was sentenced to a Bad Conduct Discharge, confinement for 60 days and reduction to E-1.

Pvt. Marques D. Gibson, 8th Motor Transport Battalion, was convicted at a special court-martial of a violation of Article 112a (Wrongful use of marijuana). He was sentenced to a Bad Conduct Discharge, forfeiture of \$600 pay per month for a period of two months and confinement for 60 days.

Sgt. Benjamin A. Randolph, Headquarter Battalion, 2d Marine Division, was convicted at a spe-

cial court-martial of two violations of Article 112a (Assault). He was sentenced to a letter of reprimand and reduction to E-1.

PFC Brandon H. Dampier, 8th Motor Transport Battalion, was convicted at a special court-martial of two violations of Article 112a (Wrongful use of marijuana). He was sentenced to a Bad Conduct Discharge, forfeiture of \$600 pay per month for a period of three months, confinement for 75 days and reduction to E-1.

LCpl. Michael L. Willingham, 2d Supply Battalion, was convicted at a special court-martial of two violations of Article 112a (Wrongful use of marijuana). He was sentenced to a Bad Conduct Discharge, forfeiture of \$600.00 for (3) months, confinement for 60 days, reduction to pay grade E-1.

LCpl. Jeffrey L. Beers, 8th Motor Transport Battalion, was convicted at a special court-martial of a violation of Article 112a (Wrongful use of marijuana). He was sentenced to a Bad Conduct Discharge, forfeiture of \$600 pay per month for three months, confinement for 60 days and reduction to E-1.

SPORTS

The Globe

SPORTS Roundup

GOLF TOURNAMENT

The Intercollegiate Warm-up tournament will be March 1-2 at Paradise Point Golf Course. It will be a 36-hole Stroke play with tee times beginning at 8 a.m. Entry fee of \$10 per person. Teams will be flighted by handicap. The five (5) lowest scores will represent Camp Lejeune in the Intercollegiate tournament in April. This event is open to active duty, retirees, DoD personnel from Camp Lejeune. Entry deadline is noon, February 27. For more tournament information call the golf office at 451-5445.

BASS TOURNAMENT

The Gottschalk Marines 10th Annual Spring Splash Bass Tournament is scheduled for Mar 22, 6 a.m. until 4 p.m. Launches and weigh-ins will be at the Gottschalk Marina. Fishing for largemouth bass in the New River and its tributaries only. Registration fee is \$10 per two-person team if paid March 21, and forms are available at both marinas. For more information, call 451-8307 or 451-8345.

EXPLORE OUTINGS

All interested "hikers" are welcome to meet at Wallace Creek Greenway across from Marston Pavilion at 10:00 a.m., Sunday, March 1. We will walk nature trails. It is a very easy mile hike for all ages. For more information, call Joe Barnett at 355-2568 or 451-5458. Next month a bike ride from Marston Pavilion to Sneads River is planned.

CROSS COUNTRY 10K

Entry forms for the European Cross Country 10K, Mar 15, are available at all fitness centers. Teams of 5 runners and individuals are encouraged to test their skills throughout this demanding, international caliber course. This event is open to the public. Entry fees are \$10 for military active duty, reserve, retirees, dependent and \$15 for civilians. Early registration deadline is Mar. 10. The event will begin and end at Virginia Dare Field. For more race information contact Mike Marion, Event Coordinator, at 451-1799.

LEJEUNE MARATHON

The Lejeune Marathon will be held Apr. 5. This is going to be a big event including a full marathon relay, 5K Run, 5K Walk, and Sports Expo, several hundred participants and spectators. Volunteers are needed to assist military personnel on race day. If your family, coworkers, or organizations would like to volunteer, please contact Jennifer Lukow at 451-8209 or sign up at Area 3 Fitness Center. All volunteers will receive refreshments and a volunteer T-shirt in appreciation of their support.

STRENGTH & TONE

All Body Cycling is now available Mon. through Fri. at Lejeune Creek Fitness Center. This combination of cardiovascular and strength workout is designed to strengthen the heart and tone the body. Pick up an exercise schedule at your favorite fitness center. Don't miss out! For more information, call 451-5445.



Runners dart off at a blistering pace, kicking off the '97 Grand Prix Series.

Photos courtesy of MWR Marketing.

'97 Grand Prix Series

begins with the glorious 5K run/walk and record breaking speeds



Children of all ages completed the 5K.



Randy Hoyle, first place overall.

Glenn Pappas

Globe contributor

The '97 Grand Prix Series opened with a bang Saturday with the running of the Camp Lejeune 5K race. With near perfect running conditions, a record setting field of 430 runners and walkers, traversed the flat 3.1 mile course in record setting pace. Forecast of rain proved incorrect allowing the large crowd from enjoying the mild February morning.

Sarah Quimby, last years Grand Prix women's runner up shattered the women's course record by a half minute with a time of 17:28 beating her nearest competitor by almost two minutes. "I am pleased with my performance," Quimby said. "My goal was to break the 18-minute mark. To do that and set a new course record at the same time is more than I expected."

The men's division was won by Randy Hoyle with blistering time of 16:13 beating out his nearest competitor by 31 seconds. "You couldn't ask for more ideal running conditions! I was able to run the race I wanted and achieve the ultimate result," Hoyle said.

Enthusiasm for the race ran through all of the participants. Anton Fichie, a residence of Charlotte was just happy to finish. "The idea is to come out and have fun!"

Financial Management School won the team competition holding back 18 other Teams. According to Mike Marion, the Grand Prix race director, "last year we were lucky to get three teams, the over-all size of the crowd is amazing."



Sarah Supnick takes the tape for first place in the Power Walk.

The 5K power walk, a first time event that drew 30 walkers. First place in this event was Sarah Supnick, closely followed by Norm Boltz.

With such a large and fast group of runners for the beginning of the Grand Prix series, this years performance promises to be wide open!

Commander creates new sport

Cpl. Chris Irvine

Globe staff

Imagine a field with Marines running everywhere while dribbling soccer balls in front of them, as a crowd of Marines attempt to push a monsterball toward orange cones. On one side of the field there are two goals side-by-side, both facing the same direction. Frenzied Marines try to kick soccer balls past overwhelmed goal keepers. Balls zip everywhere, some landing in the goal, some bouncing off the keeper and more than a few blasting off the backs of heads and faces.



Cpl. Chris Irvine

The competition is furiously funny from start to finish.

To top off this surreal scene, a wooden stake is planted in the ground with Barney hanging from his neck. Around the hanging Barney are Marines doing push-ups while singing Barney's theme song, "I love you, you love me." This is not a Saturday morning cartoon nightmare, or the coming of the Apocalypse. This is Calvin Ball.

Calvin Ball, named after the comic strip Calvin and Hobbes, is the creation of Lt. Col. Boyette Hasty, Commanding Officer of 2d Intelligence Company. According to Hasty, the object of the game is to get a good work out and learn to think on your feet.

"The beauty of this is that there is no limit to the number people that can play. It can get complicated, but complicated is good. It recreates the fog of war," Hasty said.

Like war, Calvin Ball has very few written rules. Referees arbitrarily call fouls when they feel like calling them. "One of the problems we have is that these guys are intensely competitive; I never realized just how competitive they are until we started playing this game. They will blatantly foul each other if they can get away with it," Hasty said.

Once a referee calls a foul, the offender is sent to the hanging Barney. The penalized player then gets down and starts doing push-ups while singing the Barney song.

Calvin Ball combines running, upper-body strength and dexterity along with cardio-vascular conditioning. The game starts off with two Marines from the opposing teams fireman-carry each other to a finish line.

CONTINUED ON 3/B



Cpl. Chris Irvine

Competition is intense in this game with no rules.

From The Sidelines

Sgt. Houston F. White Jr.

Globe contributor

We all knew it would happen. Though some of us hoped and prayed it wouldn't, deep down we knew that it had to happen. Only 11 short days after shuffling onto those infamous yellow footprints, Riddick "Big Daddy" Bowe unceremoniously and unconditionally surrendered to the trial-by-fire known as Marine Corps Recruit Training. Every Marine past and present had reservations about how Recruit Bowe would fare

in a boot camp environment and in all reality, we probably didn't expect him to last as long as he did. I mean, Riddick has never really shown much "discipline" as a prize fighter, usually losing his bearing and attacking his opponents at press conferences. A casual glance at his recent bouts illustrates that he didn't really have a great deal of "commitment" to putting the appropriate time and effort into training, thus the lackluster performances in his last 2 "victories" over Andrew Gollota.

The media, of course, made a complete mockery of Bowe's attempt to become one of the elite. "The Embarrass at Parris" and "Booted From Boot Camp" were only a few of the monikers given to the former champ's unsuccessful exit from training. No one seems to be able to sympathize with a multimillionaire used to dining in four-star establishments becoming a diet recruit overnight. It was Riddick-ulous for Bowe to expect to be handed the title of "Leatherneck" without making the same sacrifices that men and women before him made to become one of

the best. Obviously, Bowe never learned that valuable lesson

from the new champ Evander Holyfield. "Winners never quit and quitters never win". Though in some ways tragic and humiliating, every devildog should feel a certain cocky pride inside after the Bowe incident. After all, the Corps has accomplished something that even Evander Holyfield couldn't:

We KOed Riddick Bowe in the first round.

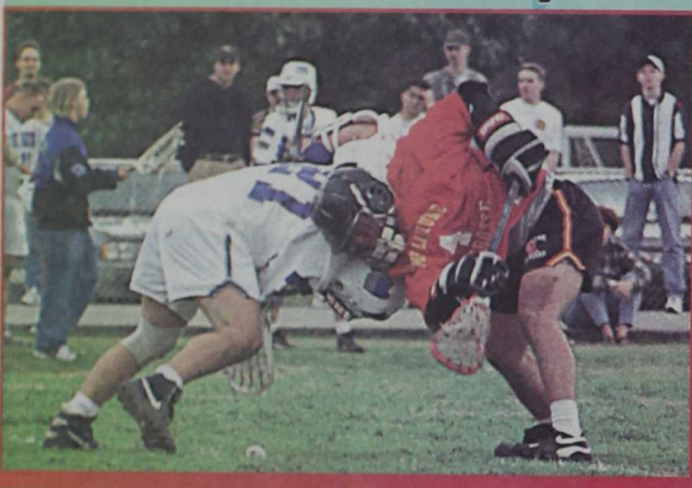
'Nuff Said.



Attackman Rob Bailey gets a shot past St. Andrew's goalie Salvatore Morale.

Photos by Trish Brostek

Marines learn many lessons from loss to Knights



Marine midfielder Derek Brostek faces off against midfielder Dave Ryan.

1st Lt Mark Oswell
Globe contributor

Having defeated the University of North Carolina-Wilmington, by a score of 14-11, on

February 15th in Liversedge Stadium, the Camp Lejeune Lacrosse team was ready to take on greater challenges, as they headed into Laurinburg, N.C. this past Saturday.

The competition, St. Andrew's Presbyterian College.

The sixth ranked Knights, who had lost their first two games to Duke and Hampden Sydney, before coming alive to plunder Fort Bragg's team 19-7, were ready and waiting when the Camp Lejeune team showed up. Under stormy skies, the Marines and the Knights took to the muddled lacrosse field.

Scoring in this game was to become quite prevalent as proven when Knights midfielder Tom Reilly took a fast break to the goal, and scored past Marine goalie Brian Shaver. The behind the back shot came within the first two minutes of the game, and was to be the first of many goals on the day for the Knights.

Four goals later, the Marines were down 0-5 and looking to be shut out, for the first time ever. Then midfielder Derek Brostek took a feed from Attackman Gary Herbold, and finally put the Marines on the board.

It was Brostek's first goal of the season, first goal of the game, first goal ever playing lacrosse.

"It was definitely exciting to score the team's first goal (of the game)," said Brostek after the game. "It was an unsettled situation, and I just wanted to make sure I was open on

the fast break. The Major (Gary Herbold) made a nice pass across the crease to me on a two-on-one, and I just tried to shoot quick and catch the goalie off balance."

However, at the end of the first quarter, the Knights were still in the lead 5-1. The second quarter turned into a shooting match as both teams began to settle down. Camp Lejeune started the scoring when attackman Gary Herbold, took a feed from attackman Rob Bailey, and shot it past Knight's goalie Salvatore Morale. Bailey put the next one into the net with a feed from Brostek pulling the Marines to within two.

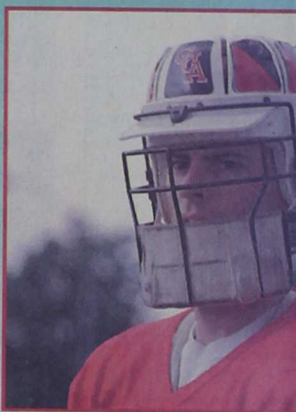
SEE LACROSSE 3B



Marine defenseman Matt Cianciarullo checks St. Andrew's midfielder MacArthur as defenseman Erin Cooney in to hit MacArthur.



Midfielder Gary Herbold takes the field against the Knight's defense.



Attackman Bob Hallett watches the play intently.



Marines and Knights prepare to clash.

Tarheel Judo takes 1st place in 43rd annual open judo tournament at Camp Lejeune

Cpl. Kyle Reeves
Globe staff

Tarheel Judo Club took first place at the 43rd Annual East Coast Regional Open Judo Tournament held Feb. 22 at the Area 5 Gym. More than 16 Judo teams from North Carolina gathered at Camp Lejeune to compete for the title of division champs.

Teams won their title from points earned by individual members within their teams. Participants entered matches, where they fought against opponents from other clubs and home teams. Points were gained by pinning an opponent onto a cushioned mat by using a throwing technique, or through submission, wrestling them to the mat holding them down for thirty seconds.

The competition was divided into two categories: juniors, where competitors between the ages of 5-16 are matched with opponents of similar age and weight; and seniors, where competitors between the age of 17 & up were match against opponents of similar weight and level of proficiency.

Gus Daniels, a 39-year-old 5th degree blackbelt, from the Tarheel Judo Club, fought in the senior category and took 1st place in the senior Masters Division, winning eight out of nine matches during the tournament.

A martial arts veteran of 24 years, Daniels has competed in more than 250 Judo competitions and has walked away with equally as many awards.

He said that although the tournament attracted some of the best competition, he wasn't at all intimidated, as, he took on three-time Olympian Fabien Kutama of Zaïre in one of his nine matches. "I didn't feel overwhelmed by Kutama's status," Daniels said. "We are at the same level of proficiency. We could beat each other on



Children as young as five years old can compete in this tournament.

Cpl. Kyle Reeves

any given day," Kutama, however, would win out to Daniels this given day.

Although the seniors were matched, opponents with lesser experience were given the opportunity to challenge more experienced opponents.

For example Fifteen-year-old Anthony DeBetta of Matthews, N.C., competed against nineteen-year-old Joshua Douglas of Salisbury, N.C., in the seniors category.

DeBetta, who is purple belt and weighing 119 pounds, lost against Douglas, a brown belt who weighs 33 pounds more. "Weight was a factor in this match," DeBetta said. "He [Douglas] used a lot of muscle instead of technique." Daniels said mixing the opponents

by their weight and proficiency helps less experienced competitors increase their proficiency. "My technique has improved with each competition," DeBetta said. DeBetta has

been involved with Judo for a year and a half. Within that time, he has participated in eight competitions and has placed first in one.

In the art of Judo, injuries are common occurrence. During this match, DeBetta sustained a twisted ankle which kept him from the rest of the competition.

"Since I have taken up Judo, I have had my fingers broken, toes jammed and both shoulders separated," he said, "but it's all part of the game."

SEE JUDO 3B



Opponents grapple for a pin in the seniors.

Cpl. Kyle Reeves

1997 ALL-CAMP BASKETBALL PLAYOFFS

INTRAMURAL BASKETBALL FINAL STATISTICS
• = TEAMS SELECTED FOR THE PLAYOFFS

RED LEAGUE			
UNIT	W	L	RATIO
• 2d Sup. Bn.	15	1	93.75
• SOI	15	1	93.75
• 2d SRIG	12	3	80.00
HqSvcBn.	11	4	73.33
HqBn. Div.	11	5	68.75
MCSSS	10	5	66.66
5/10	9	7	56.25
CBIRF	9	7	56.25
Hq10th Mar.	9	7	56.25
B Co. HqSptBn.	8	8	50.00
2d LSB	8	8	50.00
2/10	6	9	37.50
DISBO	4	12	25.00
8th ESB	3	13	18.75
2d Maint. Bn.	2	14	12.50
3/6	1	14	06.66
2d Med. Bn.	1	15	06.25
GOLD LEAGUE			
UNIT	W	L	RATIO
• 2d Dental Bn.	17	0	100.0
• 2d Med. Bn.	14	3	82.35
• 8th ESB	12	3	80.00
• 2d LAR Bn.	14	4	77.77
2d Maint. Bn.	12	4	75.00
8th MT Bn.	12	5	70.58
MedLog. Co.	10	6	62.50
2d Sup. Bn.	9	7	56.25
2d Tank Bn.	7	8	46.66
2d CEB	5	9	35.71
3/10	5	10	33.33
8th Comm. Bn.	3	7	30.00
3/6	4	10	28.57
AA Bn.	3	11	21.42
G.A.S.	2	13	13.33
2d Rad. Bn.	1	14	06.66
1/10	0	15	00.00
Div. Band	0	5	00.00

CALVIN BALL FROM 1B

ayers from the team that get over the finish line running, dribbling soccer balls, toward disenchanted that Hasty selected as a turn around the dribbling soccer players faded into the background as another group prepares to go head-to-head at game of monster ball. Running at full speed from opposite directions, the competitors in the monster ball at the same moment.

After several minutes of intense pushing, pulled dirty underhanded tricks, the monster ball titutors tire and the match settles into a predictable stalemate. At this moment the soccer players, running slower than before, toward the two y-side goals. The battle is now fully joined as soccer players start to kick, toe and shank soccer balls toward the goals.

It's a tactical decision game. They have to develop many players will participate in each event. As some planning to decide which events require more players," Hasty said. Scoring in the monster ball competition is one point per goal. The soccer ball competition is worth two points per goal. The scoring rate is much higher than the monster ball competition. While the monster ball competition may be more exciting for some, the soccer competition is worth more in points.

Calvin Ball also has some unusual twists. Hidden in the bleachers was a black soccer ball. The team to find the ball and score with that ball earned three additional points.

Hasty said that the teams are not units playing against each other. He feels that the best way to develop camaraderie is to mix up the platoons in his team so that people who don't work with each other play together and get to know each other.

With a crescendo of flying soccer balls, the game was won by the team who had a few players with a soccer experience. The monster ball competition, though an intense battle, produced only a few goals for either team.

Adding the stake with the hanging Barney in the front of them, the losing team sang the Barney song for the winners. It was a fitting ending for a day of madness.

LACROSSE FROM 2B

"After being down by only 3-5, a lot of our players felt the motivation start to come back," said midfielder Mike Walker. "The momentum really started to shift into our favor."

Coach Bruce Meierdieck's St. Andrew's team countered with goals from midfielders Reilly (3,4), Dave Long (1,2) and Ryan Flippence (1,2). By half-time, both teams had seen plenty of action, and had worn the field into a slab of brown mud.

The Knights took their dominating 11-6 lead into the third quarter, and blew the doors off. Rattling off six goals; midfielders Jason Norris, Brad MacArthur (1,2) and Reilly (4,5) and Chris Novello (1) added to the Knights total.

The third quarter wasn't as favorable for the Marines who could only muster one strike at the goal from defenseman Joe Schweitzer. Numerous man-down situations, caused by Marines penalties, allowed the well-disciplined Knights to exploit the Camp Lejeune weaknesses.

With skies threatening rain, both teams took to the field for the fourth and final quarter. Down 7-17, the Marines had their backs against the wall, and nothing to lose.

Again the Marines were no match for the well-organized and well-coached college team as the Knights put four more goals from Novello (2), MacArthur (3,4) and Reilly (6) into the net. Answering for the Marines were attackmen Bailey and Herbold with a goal a piece.

Although we played hard, St. Andrew's has a much more experienced team and they know how to move the ball well, said attackman Rob Bailey. Although we made them play a physical game, we also gave up some easy goals.

By the final whistle, the St. Andrew's Knights had proven why they were ranked sixth in the country in Division II with a 21-9 win. And the Camp Lejeune Marines had learned some valuable lessons about teamwork, organization and how important the basic fundamentals of lacrosse are.

"Despite the loss, the St. Andrews game was good for the team because it highlighted some things that we need to work on as a team," said Brostek. "We know our weaknesses now, and are working on them in preparation for this weekend's games against Ft. Bragg and N.C. State."

Junior Olympic Championships



Gary Pond

The Sharks from left to right: Jennifer Wissler, Jill Grubbs, Kathy Dodd, Mona Gore, Cristin Yasinsac, Coach, Kathy Healy; Bryan Yasinsac and Gregg Grubbs.

Gary Pond
Globe contributor

Over 750 of North Carolina's elite swimmers converged on Raleigh's Pullen Park Aquatic Center for three days of Olympic formatted preliminaries and final swimming races. The Lejeune Sharks sent a strong contingent of seven swimmers to this selective competition. Qualifying for the meet is quite an accomplishment and requires performance of times meeting the United States Swimming Association time standard. Our seven swimmers qualified for a total of 37 events, lead by Greg Grubbs who qualified for nine separate individual events.

After the Feb. 14 meet, Jennifer Wissler, Jill Grubbs, and Mona Gore all posted time improvements. Greg Grubbs, Kathy Dodd, and Bryan Yasinsac qualified to return to the evening session. There the top 16 swimmers in each event squared off to settle on who the 1997 Junior Olympic champions will be.

The next mornings meet began with a roar for the Sharks as Bryan Yasinsac qualified for finals by placing second in the 100 yard backstroke preliminaries and seventh in the 50 yard freestyle preliminaries. Greg Grubbs

of fellow members being called to receive their awards.

Out of the 16 clubs that came to Camp Lejeune to compete, Tarheel Judo placed first with two first place wins coming from Daniels and a female member, Michealene Laukea, a 15-year-old blackbelt and second place title held by Erin Caves and Ed Evans. Daniel called Judo the "ultimate hand-to-hand sport." "It combines the use of physical strength with technique. It's sport that I can never grow tired of because there is always something new I can learn."

carried the load in the distance events with strong swims in the 400 yard individual medley and the 500 yard freestyle. Shannon Viverette joined the mix, dropping a whopping six seconds in her 100 yard breaststroke in the 10 years old and under age group. Kathy Dodd, Jennifer Wissler, and Jill Grubbs dropped times.

The excitement continued into the evening for the Sharks. Bryan Yasinsac entered the 100 yard backstroke seeded second, only tenths of a second behind the top

qualifier. The race was close. Both swimmers dropped an additional second from their qualifying times, leaving the field four seconds behind and crushing the US top sixteen time standard. Yasinsac finished second with a 100 yard backstroke time of 59.9 seconds, a time that will probably be in the top 16 in this event nationwide.

The final day of the meet Yasinsac was off to another great start for the Sharks, improving his time and qualifying for finals in the 100 yard freestyle. Kathy Dodd also secured a place in the evening session with a strong swim in the 100 free. Jennifer Wissler had her best swim of the meet, dropping two seconds in the 50 yard backstroke and missing the finals by less than a second. Mona Gore swam well in the 200 yard individual medley and Jill Grubbs capped off her sixth event of the meet with a time improvement in the 100-yard freestyle. Bryan Yasinsac won his heat, qualifying second in the 50 yard backstroke, only 0.12 seconds behind the top seed.

In the finals Sunday night, Kathy Dodd started off with a time improvement for a 13th place finish in the 100 yard freestyle. In the elite 100 yard freestyle field, Yasinsac dropped half a second from his qualifying time to finish third with a time of 55.79 seconds. He got back in the water less than fifteen minutes later to square off for the 50 backstroke title. The race was neck and neck until the turn, where Yasinsac emerged slightly behind the leader. They both extended their lead on the field in the last twenty five yards, with Yasinsac making up the lost ground. The finish was too close to call, but the electronic timer reflected a 0.005 second victory for Yasinsac's teammate Chris Melling, of Jacksonville's sister team in Goldsboro. Both swimmers eclipsed the US Top Sixteen time standard and can expect their times to remain among the top 50 yard backstroke times in the country this year.

JUDO FROM 2B

though injuries are common occurrence, others have been performing Judo for a long time and have had serious injuries, such as Richard Lambert.

In this competition he participated in three events and took first place in all of them.

Lambert said he hasn't suffered any major injuries. Debetta.

The 7-year-old from Yellowhill, N.C., placed first

in the junior category for 6-7 year old males between 70-81 pounds. Lambert said he isn't afraid of being injured during these competitions and that winning makes it all worthwhile. "What I like about these competitions is the winning," he said.

Debetta also shares Lambert's enthusiasm for the sport. "Judo has bent me," said Debetta, "but it has never broken me. I can't think of anything I enjoy more. I really love the sport." After tally's were rounded up and points calculated, teams lined up as they listened to the names

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Pointers For Parents

New Repellent "Spritzes On" To Bug Proof Youngsters

(NAPS)—A new, pleasant repellent that effectively repels biting insects without cramping youngsters' style while at play, has been introduced by the makers of OFF!®.

Developed by insect repellent leader S.C. Johnson & Son, OFF!® Skintastic for Kids is a unique "spritz" that is perfect for active children.

The non-greasy and non-staining spritz has a pleasant skin feel. The spritz pump works upside down, provides convenient coverage of exposed skin and can be easily applied to clothing.

Biting insect expert, Dr. Richard Merritt, says parents often inadvertently subject their children to painful insect bites because of a lack of backyard bug proofing strategies tailor-made for youngsters. Dr. Merritt, a Professor of Entomology at Michigan State University, says the following simple oversights can have a marked increase on children's "mosquito magnetism" around the backyard.

1. Washing children's hair with fragrant shampoos. Sweet-smelling varieties can sharply boost the number of mosquitoes swarming overhead.
2. Choosing inappropriate summer fashions. Mosquitoes have sophisticated "color vision" capabilities and are attracted to dark, solid shades.



3. Placing sandboxes in damp, shady areas of the yard. Without ample sun, puddles in sandboxes can trigger abundant mosquito development.
4. Surrounding the backyard pool with shrubs that attract bugs. Evergreen shrubs and hedges, for example, are favorite resting areas for mosquitoes. Add the constant splashing pool water and kids are in for double trouble. Proper drainage around pools and under decks is also a must.

5. Putting an ornamental pond on the property. Although aesthetically pleasing, artificial ponds can introduce thousands of mosquitoes to the property.
6. Using bug zappers. Studies show only a small share of the insects electrocuted will be mosquitoes. The crackling blue

light may actually attract more mosquitoes into the yard.

7. Hanging tire swings from trees. These swings make an ideal environment for larvae development. Drilling holes in the bottom of the tire will help prevent water accumulation.
8. Leaving the water in the wading pool a week too long. Stagnant water like this mirrors the swampy conditions mosquitoes fancy.

9. Not tending to pup tents with rips and tears. Mosquitoes have a knack for finding the tiniest of openings.

Dr. Merritt says parents should be proactive by looking for prime mosquito breeding or resting areas, and by choosing a protective repellent designed for youngsters.

OFF!® Skintastic for Kids contains five percent DEET to effectively repel mosquitoes and biting flies for up to two hours. The product is the only children's insect repellent available in spritz form and combines a pleasant skin feel with effective repelling qualities.

Parents will never eliminate the prospects of mosquitoes buzzing around the yard. But, appropriate bug defense strategies in combination with products well-suited to backyard protection will help parents keep the upper hand.

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That which seems the height of absurdity in one generation often becomes the height of wisdom in another.

—Adlai Stevenson

SPORTS SHORTS

1997 REGIONAL ALL-MARINE AND ARMED FORCES CHAMPIONSHIP SCHEDULE

BASKETBALL (MEN)

East Coast Regional
March 9-15
MCB Camp Lejeune, NC

BASKETBALL (WOMEN)

All-Marine Trials
Mar. 16-Apr. 5
MCB Camp Lejeune, NC

WRESTLING

All-Marine March 18-23
NAS Pensacola, FL

VOLLEYBALL (WOMEN)

All-Marine Trials
Apr. 13-May 3
MCB Quantico, VA

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Semper Fit Aerobics steps high and low Monday through Friday at various locations aboard Camp Lejeune and at Tarawa Terrace Community Center. Join the group of Early Birds, Belly Burners, and the famous Anything Goes. Visit Bldg. 524 at 10:30 am on Wednesdays for all Body Conditioning. Schedules are available at all fitness centers. For more class information call 451-5841.

POWERWALK CLASSES

If you enjoy walking, you'll enjoy the stepping out with Semper Fit Power Walk classes held Tuesdays at 9 am. Stop by the Tarawa Terrace Community Center or Midway Park Community Center to join the group. For more information call 451-5841.

YOUTH BASEBALL/SOFTBALL REGISTRATION

The Onslow County Parks and Recreation Department is sponsoring a youth baseball/softball program. Registration dates are Saturday, March 29 from 10am to 5pm, Saturday, April 5 from 10am to 5pm, and Sunday, April 6 from 1pm to 5pm you must register in the district where you reside or attend school. Registration sites are Dixon Middle School Cafeteria, Trexler Middle School Gym Lobby, Southwest Middle School Gym Lobby, Summersill Elementary School Cafeteria, Sanders Park in Swansboro, and Morton Elementary School Cafeteria. To participate, children must be at least 5 years of age prior to May 1, 1997, and cannot be 19 years of age prior to August 1, 1997. A COPY of a legal document showing the child's birth date must be given at registration. All returning players must register. Registration fee is \$16.00 and checks should be made payable to the district. DO NOT make checks payable to the Onslow County Parks & Recreation Department. For more information, contact the Department at 347-5332.

ADULT SOFTBALL

The Jacksonville Recreation Department will be holding organizational meetings for Adult Softball Spring Leagues to be held at the new Jacksonville Commons Recreation Facility, on the following nites: MEN (16 AND ABOVE) -Tuesday, March 11 at 7 P.M., WOMEN (16 AND ABOVE) -Wednesday, March 12 at 7 P.M. and ADULT (40-OVER) -Wednesday March 12 at 8 P.M. For more information, please Call David A. Lynch at 938-5305.

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1997 REGIONAL ALL-MARINE AND ARMED FORCES CHAMPIONSHIP SCHEDULE

BOWLING

All-Marine
March 30 - Apr. 6
MCRD San Diego, CA

East Coast Regional
March 24-29
MCAS Cherry Point, NC

ARMED FORCES (USAF Host)

Apr. 7-13
McChord AFB, WA

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All-Marine Trials
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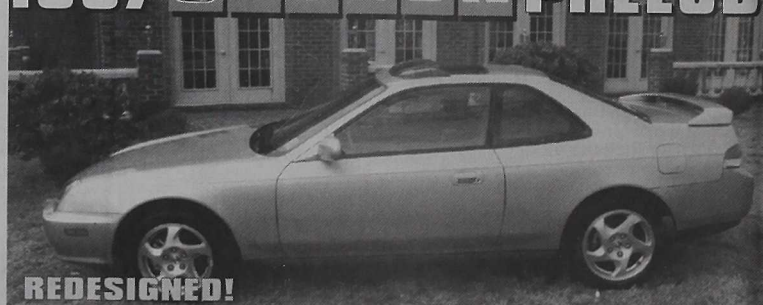
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k \$14,025 Ours \$13,200

- 6
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k \$12,350 Ours \$11,300
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1995 Chevrolet Suburban
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- 8
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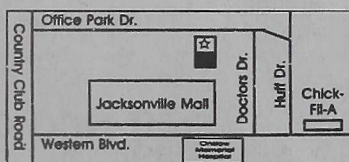
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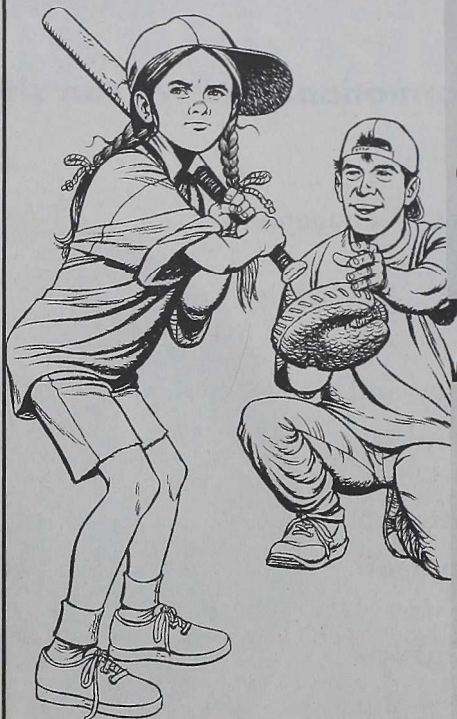
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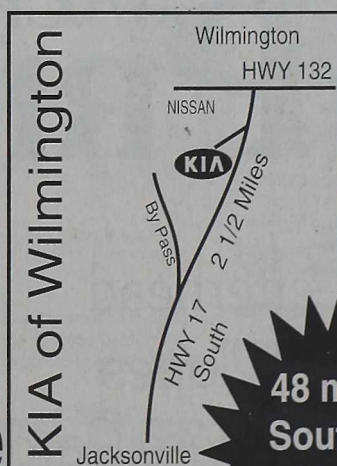
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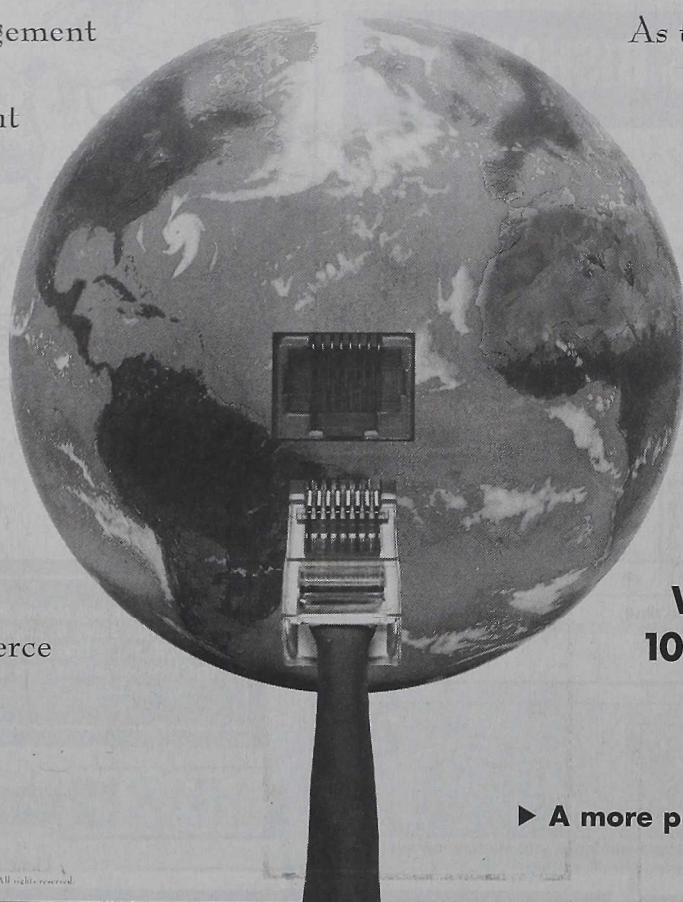
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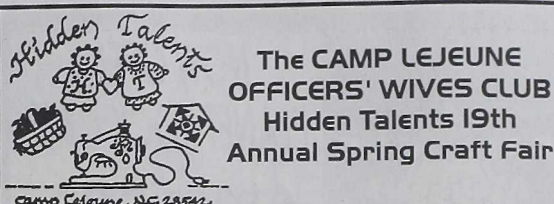
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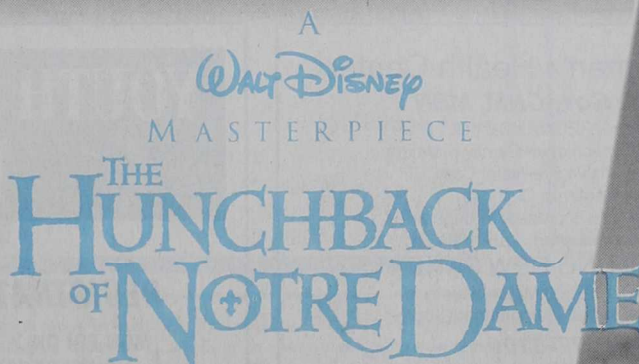


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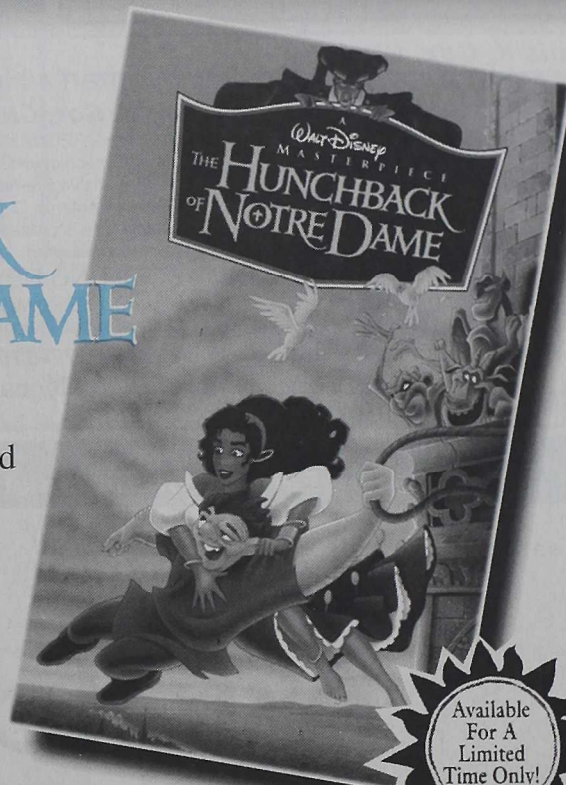
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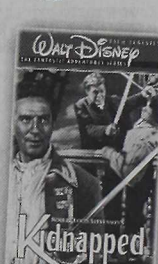
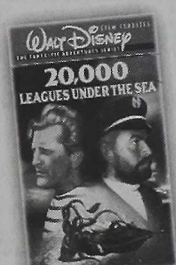
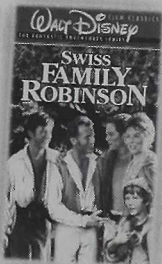
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Taking Steps To Reduce Your Risk Of Heart Disease: FDA Confirms Oatmeal Is A Healthy Start For A Healthy Heart

(NAPS)—A favorite at American breakfast tables for more than 120 years, oatmeal is more than just a delicious way to start your day. The Food and Drug Administration (FDA) has just affirmed that oatmeal offers health benefits as well. The FDA has approved the first health claim for a specific food, which is: "Soluble fiber from oatmeal, as part of a low saturated fat, low cholesterol diet, may reduce the risk of heart disease." The FDA's oatmeal health claim is based on a review of 37 scientific studies on oats. Over the past 30 years, researchers have studied the cholesterol-lowering effects of oatmeal, concluding that oatmeal is a powerful weapon in fighting the nation's number one cause of death—heart disease. The FDA announcement comes as no surprise to Dr. William Castelli, former director of the Framingham Heart Study and a leading authority on heart disease. "Diet and exercise play a major role in reducing heart disease risk," said Dr. Castelli. "People need to know what foods can help lower their cholesterol levels, so they can take a proactive role in reducing their own risk of heart disease."

As one of the nation's experts dedicated to preventing heart disease, Dr. Castelli suggests these easy-to-follow tips to help reduce your risk of heart disease:



TIP 1: Make oatmeal a daily part of your breakfast routine. Dr. Castelli recommends starting the day with a heart-healthy breakfast routine including oatmeal. Oatmeal is a whole grain complex carbohydrate that is low in fat, cholesterol-free, contains both soluble and insoluble fiber, and is one of the better sources of protein among all major grains. The oat soluble fiber deserves the credit for lowering cholesterol levels. In fact, people with the highest initial cholesterol levels can benefit most from eating oatmeal.

TIP 2: Establish an overall low-fat diet. A diet low in fat and

high in fruits, vegetables and whole grains is a step forward in reducing the risk of heart disease. In addition to starting your day with a bowl of oatmeal, Dr. Castelli recommends eating grains such as brown rice and wheat bread. Your daily diet also should include four to six servings of fruits and vegetables, such as strawberries, bananas, carrots and broccoli.

TIP 3: Exercise daily. A moderate amount of exercise every day not only restores your body's energy, but can also play a vital role in maintaining your heart health. Dr. Castelli recommends walking two miles per day at a brisk, yet comfortable pace.

TIP 4: Eliminate high-risk habits from your lifestyle. Dr. Castelli recommends omitting high-risk activities from your lifestyle, such as smoking and excessive consumption of alcohol. In place of these habits, try substituting one of Dr. Castelli's healthful tips listed above.

By incorporating Dr. Castelli's simple guidelines into your daily health regimen, you'll find your quality of life improving while taking important steps to reduce your risk of heart disease.

Pointers For Parents

Feeding Baby: Five Most Common Questions

(NAPS)—The baby boom is still on! If you're a new parent, or you know someone who is, clip this column. Here are the top five most common infant feeding questions asked by callers to the Beech-Nut Nutrition Helpline, compiled by Jean Sellberg, of Beech-Nut's Consumer Information Services:

Q. When should I start my baby on solid foods?

A. Each baby is different, but the average is about four months. Your doctor should check for these signs: (1) Your baby is no longer satisfied by breast milk or formula; (2) can sit up with your support; and (3) can hold his head up without support and turn it away when he doesn't want to eat any more.

Q. What's the first solid food to start with?

A. Most doctors advise a single-grain cereal. Rice cereal is the best first choice because it's a good source of iron, calcium and other vitamins, and it's easy for your baby to digest. After feeding rice cereal for three to five days, try introducing oatmeal cereal or barley cereal. But wait till baby is six months old before trying wheat cereal, because some babies are sensitive to wheat.



Q. Is my baby more likely to eat foods with added salt?

A. Adults can taste four basic tastes: salty, sweet, sour and bitter. But young babies can taste only three: sweet, sour and bitter! So salt has no impact on the taste buds of the baby, and no impact on how much she will eat. Since most foods naturally contain the small amount of salt your baby needs, the American Academy of Pediatrics says there is no need to add salt to baby food. The Surgeon General makes an even stronger statement: Do not add salt to baby's food. You also may wish to check the ingredients on baby food labels.

Q. What about foods with added sugar?

A. Many nutritious foods, including fruits and even some vegetables such as sweet potatoes, have a satisfying, natural sweetness. And that's enough for baby! Feeding too many baby foods with added sugar may get your baby used to foods that taste unnaturally sweet. This keeps your baby from learning and appreciating the true range of flavors in foods. It also adds empty calories to your baby's diet. Read the labels!

Q. How can I get my baby to eat more vegetables?

A. Some doctors and dietitians recommend trying vegetables before you start with fruits. This way, baby will be more likely to accept and enjoy the special flavors of vegetables. If you've already started baby on fruits, remember that babies tend to reject unfamiliar food and tastes at first, so be patient. It may take a few tries before your baby learns to enjoy some vegetables.

Each year, the Beech-Nut Nutrition Helpline assists 120,000 callers with infant nutrition questions. Call the Beech-Nut Helpline toll-free: 800/523-6633 weekdays 9 a.m. to 8 p.m. Eastern Time, and be sure to ask for the helpful free brochure, "Solid Advice: A Guide to Feeding Your Baby Solid Foods."

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—Freya Stark

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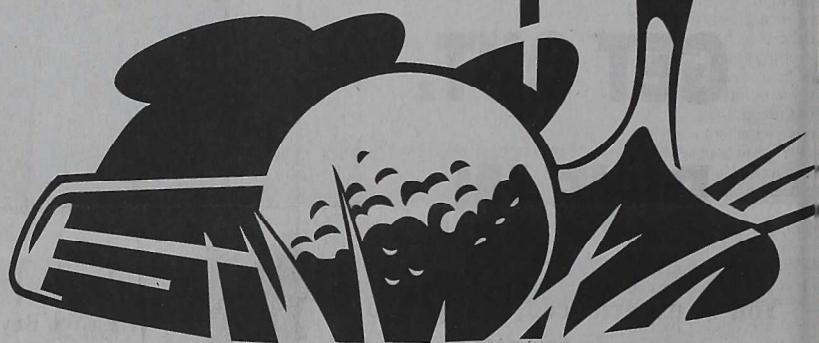
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health hints

Titanium Resolves Health Concerns About Braces

(NAPS)—While stainless steel
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providing a live audio broadcast of the retirement and
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in. If you can't call at 2:00 p.m. ET, or reach a busy signal, don't
worry. The audio broadcast will be replayed for 24 hours start-
ing at 8:00 p.m. ET. It's our way of saying
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May is the only country with a flag the front and back of. It's red, white and blue striped with the national coat of the front and the treasury seal on the back.

What is man in nature? Nothing in relation to the infinite, everything in relation to nothing, a mean between nothing and everything.

—Blaise Pascal

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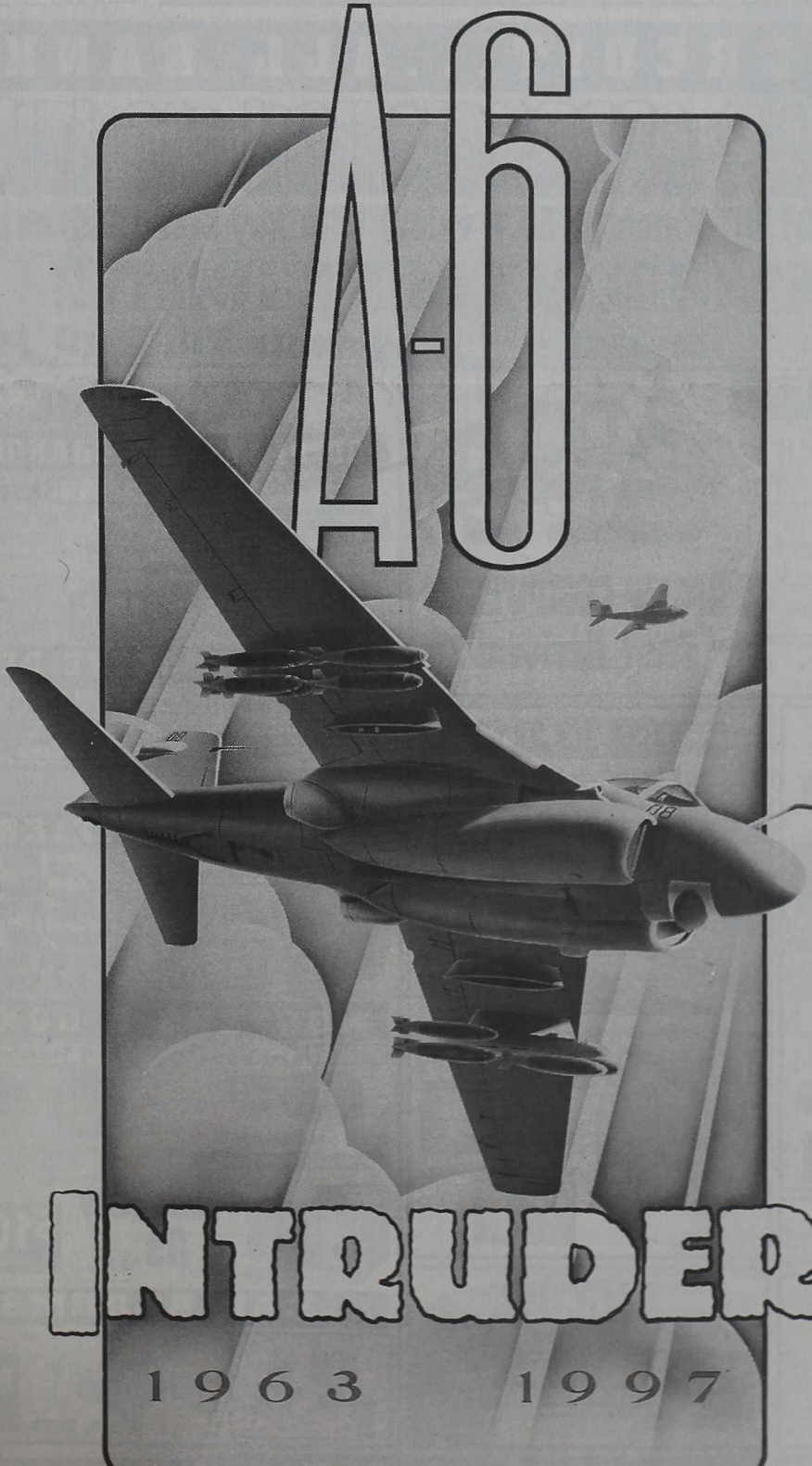


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NEWS

OF AUTOMOBILES

Electric Vehicles: What You Should Know



The Lunar Rover (left), used by astronauts Scott and Irvin to explore the moon's surface in 1971, was powered by a propulsion system. The GM Sunraycer (right) sprinted at over 100 miles an hour in Australia. Its batteries were 68 rechargeable zinc cells.

(NAPS)—Electric propulsion is a moving story, taking us to the moon and back.

A technology leader in electronic propulsion systems on the moon with the Lunar Rover in 1971, in Australia, with the Sunraycer in 1987 and in the United States with the EV1 in 1997 is General Motors.

The electronic propulsion system for the Lunar Roving Vehicle was built by GM's Delco Electronics Corporation—as a major subcontractor to Boeing. The Lunar Rover was used by astronauts Scott and Irvin to explore the moon's surface on July 31, 1971. Each of the vehicle's four wheels was powered by separate 1/4 horsepower electric motors connected by a harmonic drive mechanism. Silver zinc batteries were used.

On October 31, 1987, the solar-charged electric powered GM Sunraycer sprinted at over 100 miles an hour across the continent of Australia to win the inaugural World Solar challenge. Designed and fabricated by Hughes Aircraft, the vehicles used silicon solar cells as well as gallium arsenide cells. Batteries were 68 rechargeable silver zinc cells. The

Acceleration from this GM EV1 takes less than 10 seconds. The motor seat commuter type weighs only 150 pounds.

Magnequench motor and built by GM Laboratories, used super rare-earth iron-based magnets.

In the GM EV1, a power AC induction motor converts energy stored in pack into the torque-propulsion. The EV1 motor controlled, quiet, only 150 pounds. Acceleration from 0-60 takes less than 10 seconds. EV1 gets its energy from valve-regulated lead-acid batteries. The two-seat commuter vehicle is being marketed in four areas: Los Angeles, San Francisco, and Tucson.

Cartoon Network Hits Your Computer

(NU) - Online entertainment has gone to the next level with the Cartoon Network World on the Channel of America Online.

The site is packed with interactive programming and the most comprehensive collection of cartoon characters, activities, and information online. Here you can find Bedrock, Orbit City, Haunted House and Ghastly. But what do you do when there? Play games, participate in events and enter contests for the most famous cartoon characters in the world—from the new Jonny Quest to the new Scooby-Doo.

CNN programming is available to play unique cartoon games all of the Cartoon Network. Kids can also win Cartoon prizes with monthly cartoon games, sweepstakes, and promotions. Hundreds of prizes awarded daily, including Tower Records, gift certificates to the Sweet Factory and Best Soundblaster, Scooby shirts, kites, CD-ROMs, videos and other Cartoon related prizes.

Life Insurance Benefits Now Assist the Aged

(NU) - For the serious planner in America today can be a persuasive proposition.

Fortunately, there is a financial option to help them live the remainder of their lives with — and choice.

By selling their life insurance policies to a viatical financial company, they can receive approximately 50 to 85 percent of the policy value while they are still alive.

And now, new federal legislation allows people with limited life expectancies to receive tax-free from their life insurance while living.

"The availability of viatical settlements is still relatively new in the United States, yet it has brought enormous relief to Dr. Mervyn F. Silverman, president of medical affairs for one of the nation's leading providers of viatical financial services.

Viatical settlements are needed cash at a time when people may have the least ability to raise funds. They are available to people living with terminal illness and are tax-free for those with six months or less to live.

Once the policy is sold, it becomes the property of the viatical company. That company then pays the premiums on the policy and becomes the new beneficiary.

For more information on viatical finance, contact Viatical Financial Services at 1-800-333-3333.

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DEADLINE IS FRIDAY @ 5:00PM OR MAIL ENC PUBLICATIONS 1300 GUM BRANCH RD, JACKSONVILLE, NC. 28540

1	Advertisements	65	Card of Thanks	195	Miscellaneous	370	Heavy Equipment
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3	Business Opportunities	70	Cash & Carry	210	Homes For Sale	375	Lawn & Garden Equipment
4	Garage/Yard Sales	75	Financial Services	220	Apartment For Rent	380	Equipment Rentals
5	Pets & Supplies/Grooming	80	Professional Services	230	Rooms For Rent	385	Building Material
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11	Catering	106	Happy Ads	261	Real Estate For Sale	430	Trucks For Sale
12	Moving Services	110	Collectibles	265	Property For Sale	440	Vans For Sale
13	Musicians	114	Crafts/Ceramics	267	Resort Property	445	Boats For Sale
14	Musical Instruments	115	Crafts/Needlework	270	Condominiums For Sale	450	Boats/Marine Supplies
15	Music/Supplies	116	Florist	274	Stores & Offices For Rent	455	RV Sales/Rentals
16	Collectibles/Records & CD's	117	Military	276	Stores & Offices For Sale	460	Antique Automobiles
17	Musical Instruments	120	Printing Services	278	Beach Property For Rent	465	Motorcycles
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announcements

plastic volunteers needed
ular basis to support On-
munity Ministries (Soup
Shelter). All skills appre-
ciated on corner of Court
ege St. Parking in rear.
or entrance. For more in-
formation, please call Katie
447-3227 TFN

RY Order of the Purple
chapter 642 meets at 7 pm.
uesday of every month.
n Legion Bldg., Onslow
Fairgrounds. All active
and honorably dis-
Purple Heart recipients
branches of the Armed
are encouraged to attend.
3 or 326-5632. TFN

ENTER invites you to at-
tention for relief of stress
anxieties. Classes on
VAD-GITA Tuesday and
y nights at 7:00 pm. "The
ended Dharma for This
all". Free sumptuous Veg-
Cuisine. 118 Neighbor-
(Off Sneads Ferry State
ads Ferry NC. Call for
ormation 327-2694. TFN

IGMA PHI MEETINGS.
Wed. of each month.
Location varies. For
ormation call 577-3862. TFN

ERVICEMEN'S CHRIS-
ENTER at 575 Corbin St.
to all Service Personnel
enjoyment with Recre-
freshments and Christian
ship. Bible Study starts at
ch Tuesday and Friday
1. Phone 577-7000 for
ation. TFN

ICS CENTER: The Jack-
Recreation and Parks De-
Ceramics Center has
s new operating hours.
hours for Adults are
Wednesday and Friday
n 1:00 pm. Tuesday and
y Tuesday and Thursday
n 1:00 pm. Tuesday and
y evenings from 6:30 pm
pm. Childrens hours are
00 pm - 5:00 pm on Mon-
d Wednesdays. For more
ation call the Ceramics
at 910-938-5301 or 938-
receive app-
ne Ceramics Center is lo-
at 292 Eastwood Drive.
of Eastwood and South
behind the Jack Amyette
ion Center. TFN

LDs ALUMINUM RECY-
CENTER is located at
oods Shopping Center,
Drive, Friday 9-5. Closed
enormous
1:30 pm. Consumers can
free 1-800-228-2525 for
ormation. TFN

#NC 380 will hold weekly
is on Mondays at 7 pm in
0 Basement, 9 Tallman St.
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group. TFN

NG Hands Ministry has
people in need. Call 938-
ask for Diane or Marc
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Call
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more information

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SNUG HARBOR
Rick Downing Show
Karaoke
Fri & Sat 9:00-11:00

- 22' Shuffle Board
- Hard & Soft Tip Darts
- Video Games
- Pool
- Dance Floor

• 46" Big Screen TV
Drink Specials Daily
11:00am-2:00am
455-5606 7 Days A Week 213 Henderson Dr.

30 Personals

ATTRACTIVE, Single White Fe-
male, is looking to meet a Single
White Marine in early 20's. Please
respond by calling 704-824-0544.
3/14

32 Beauty Supply & Services

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Gift Certificates Available
910-326-3079 on 24, Swansboro

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SNUG HARBOR
Rick Downing Show
Karaoke
Fri & Sat 9:00-11:00

- 22' Shuffle Board
- Hard & Soft Tip Darts
- Video Games
- Pool
- Dance Floor

• 46" Big Screen TV
Drink Specials Daily
11:00am-2:00am
455-5606 7 Days A Week 213 Henderson Dr.

40 Employment

Wanted-Weekend Counselors to
work in residential camping pro-
gram serving individuals with dis-
abilities. College degree preferred
but not necessary. For more in-
formation, contact 910-938-
9833. 2/28

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Find out how to get the job you
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Internationally-recognized professional publishing
company has immediate need for linguists and
bilinguals fluent in the following languages:
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• German • Spanish
Positions are full-time top pay, bonuses, and
benefits offered. If you have the skills necessary
to converse and translate with our international
clientele, then call Mike at 455-0340 for appointment
and mention ad #109.

41 Education

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Qualify for a career. We offer FAA
Approved Courses. Ask about our
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Jacksonville. TARHEEL AVIA-
TION 324-2500. TFN

62 Alterations

The Village Seamstress Shop
Alterations-Military
Regulation over 20 years
experience! Our low overhead
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Hubert, NC **Phone 326-3242**

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Call right now for a **free** confidential consultation to discuss your
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41 Education

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Too Much Interest?
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Stop Harassing Phone Calls
NO CREDIT CHECK
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2/28

235 Roommate
Wanted

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1995 Nissan Altima GXE Champagne, automatic/full power, AM/FM radio/CD, 31,000 miles. Still under factory warranty must sell due to relocation 12,900 OBO. (919) 638-6802, New Bern. 2/21

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 w. Polar Bear, left handed, like new, \$100. Call 346-9063.
 r, \$50; toddler bed w/ mattress, \$205.
 ol car, Losi, has been raced, \$120. Call 890-8090 or 347-9342.

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word processor w/many other 1. Call 346-5319.
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s game system, w/ 2 control-) and 18 games, including d NHL '95 (All-star), 2 yrs old, all 577-3797 between 3 and 9 o'clock.

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Call 353-7627.

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Packard Bell Pentium, 100, 32 MB Ram, 1.2 GB hard drive, SVGA monitor, pre-installed software, 28.8 modem, \$1,500. Call 347-9342.

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Evenflow car seat, \$30. Call 346-2928.

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Toddler booster seat, \$5; 14 4 fax/ modem, \$30; car amp, \$40. Call 326-6735.

Century stroller, \$30. Call 355-2838.

Encyclopedia set, w/ bible, medical references, children's version encyclopedia and bookcase. Call 347-1162 anytime or lv. msg.

Military award holders, personal 782 gear, backpack, Dress Blue trousers, 32r, Gold pocket watch. Call 347-1162 for details and prices.

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Sega Genesis System, seven games, Madden '96, all other accessories, two controllers, \$200, call 919-354-5958.

Three Dunlop radials, p175/70 R13, \$45; '93 Dey West fiberglass outboard, 70 HP, w/trailer cover, ski package, \$7,000, call 327-2778.

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Three great northern, small, short sleeved, no chevrons, \$25 ea.; one Creighton, small, short sleeves, w/SSgt chevrons,

\$25; one Creighton, medium, short sleeves, w/SSgt chevrons, \$25; one Creighton, long sleeves, 15x32, no chevron, \$25, one dress blues, w/ SSgt chevrons, blouse 40 s, trousers 33 s, call 347-9167.

Alpine tape deck w/detachable face, \$15; Alpine 6 disc changer, \$175, \$300 takes all, call 937-6555.

Mod 70 Winchester Featherweight, cal. 270 w/redfield 3x9 scope, 50 ft. case, \$450, call 455-3736.

6.2 Diesel motor, 700 auto trans, for truck, \$900 OBO, call 327-3590.

\$300 United Airlines credits for \$275; '96 Holiday Barbie Doll, in case, \$75; Adult 3 wheel bicycle, \$165; portable color TV, \$65; Elvis records, \$8-\$50 ea; Beatles records, \$6-\$120; ladies golf set, bag carrier, \$175; antique pistol/blueing kit, \$65, call 330-0209.

12x12 hemmed carpet, \$20, call 347-0886.

Homelite super XL chain saw, 18 inch bar, \$140, call 326-4967.

Epson 300 printer, dot matrix, wide carriage, \$75 OBO, call 327-2994.

AUTOMOBILES

'91 Honda Civic LX, White, Automatic, loaded 41,000K, \$8,500.00 Call 353-7140

'87 Volkswagen Scirocco, 16V, good cond., \$3,400. Call 451-6260 rm. 204 ask for LCpl. Williams.

'82 Ford Bronco XLT, 4x4, PS, PB, PW, AC, AT, 75K miles, \$4,700. Call 451-6260 rm. 204 ask for LCpl. Williams.

'92 Nissan Sentra SER, PS, PB, Power sunroof, ABS, AM/FM/Cass., new tires. Call 353-4418.

'86 Ford Bronco II, 4WD, new tires/shocks, w/ Uniden PC76XL CB, and Wilson 1000 antenna, tinted windows, 74K, \$6,000. Call 353-3886.

'83 Chevy Monte Carlo, 305 V8, 149K, \$2,200. Call James at 326-4399.

'70 Chevy C-10, great engine and running gear, all new electronics, minor body work needed, must sell, \$400. Call 455-8938.

'94 Nissan Quest GXE, white, loaded w/all PWR, sunroof, custom wheels, new Michelin tires, four captains chairs, towing package, exc cond, \$500 above loan, firm. Call 346-6132.

'86 Jeep Cherokee, gold, has '91 V6 2.8 engine, AT, AC, AM/FM stereo cassette, looks and runs good, price nego., '81 F100 exp, 3 spd, 6 cyl, OD, blue, new tool box, sliding rear window, runs good, best offer over \$2,000, Call 326-3866 anytime. Will consider trade on both.

'81 Camaro Z-28, new tires, 1-top, body straight, needs work, \$1,500 OBO. Call 577-1624 lv. msg.

'84 Z-28 Camaro, body in good shape, needs rings, \$1,500 OBO. Call 346-4839.

'95 Nissan truck, 2 DR, 5 spd, AM/FM cassette, AC/heater, take over payments, Call 326-6164 ask for Mike.

'93 Saturn SL1, 83K, new tires & brakes, ABS, driver air bag, AC, AM/FM/Cass, \$7,000 OBO. Call 455-3631.

'93 Honda Civic DX, 110K, 5 Spd, AC, 2 DR-hatchback, red, AM/FM/Cass, \$6,000 OBO. Call 347-9342.

'86 Plymouth Horizon, 4Dr-hatchback, white, auto., runs, has trans./oil leaks, \$1,000. Call 938-9202.

'95 Mercury Grand Marquis GS, one owner,

\$14,000. Call (910) 326-5856.

'94 Ford F-150 XLT truck, supercab, flareside, slimline cover, hitch, 78K, keyless entry/ alarm, Premium stereo, \$12,500. Call (919) 354-6289.

'73 MGB GT coupe, classic, show condition, \$5,000 or trade for Harley Davidson or king cab/extended cab pick-up truck of equal value. Call 347-0988.

'75 Chevy 4x4 truck, 38 in mud tires, needs work, \$2,000 OBO. Call 353-9788 day, or 577-1982 AWH, ask for Dawn.

'90 Toyota Celica S1X, white 5 Spd, sunroof, AC, AM/FM/Cass, \$6,000. Call 577-9201.

'94 Ford Aspire, 41K, TOP \$147/ mo, or buy. Call 346-6089.

'87 Chrysler New Yorker, 4 dr, leather int., AC, auto, PW, turbo, one owner, \$2,500 OBO. Call 355-2568.

'96 Mazda Miata, 91K, PB, PS, A/C, 5 spd., AM/FM cass., red convertible w/black top, inside 3 yr/36,000 bumper to bumper warranty, asking for pay off at \$16,700 firm, call for details, ask for Stacey or Dean, 355-7685.

'65 Pontiac LeMans, ex shape, runs great, needs battery, PS, PB, A/C, asking \$5,000, call 326-2934.

'96 Sentra GXE, loaded, metallic color, 15K, 12,500, take over payments, 577-1578.

'89 Geo Spectrum, white, 122K, A/C, AM/FM cass, STD, good cond, \$1,700 OBO, 937-7116.

'83 Chevy Truck, good cond, runs good, needs some minor maintenance, \$3,895 OBO, 346-6265.

'95 GMC Sonoma SLS, A/C, tilt, cruise, bucket seats, 24K, \$9,995, call Jason McCarthy, 353-1778.

'65 Chevy C-10, side step, short bed, p/u, \$5,500; two '48 p/u for renovations, \$1,800; '76 MG midget, for renovation, parts, \$500; '68 Ford p/u, runs great, \$1,995, call 330-0209.

'77 Trans-Am, new front end, exhaust, brakes, clutch, and more, 6.6L, special edition, \$1,200 runs great, call 937-7114.

FURN.&APPLIANCES

Queen sleeper sofa and matching oversized chair, blue & white stripes. Call 353-7537.

Nine piece bedroom set, \$1,700. Call 577-8915.

Maytag dishwasher w/butcher block top, excellent cond., \$250. Call 577-3362.

Upright frost-free freezer, 18 cu, \$300. Call 346-5319.

Kenmore compact washing machine, \$100. Call 938-1157.

Sears maple crib, \$120; infant car seat/ stroller, \$60; white bumper pad/skirt, \$20; exersaucer, \$25; bath seat, \$5; girls baby/ toddler clothes. Call 324-6377.

Kenmore dryer, needs motor, \$25. Call 326-6091.

Wooden desk and chair, \$75. Call 326-5933.

Wood glass-top end tables & coffee table, \$100. Call 353-9829.

Wicker headboard, \$50. Call 455-8625.

Sears Kenmore washer and dryer, deluxe models, white, both for \$250. Call 353-3966.

Black lacquer entertainment center w/ smoked glass, \$125; Smoked glass horned table set, \$100; 3 piece living room set, sofa/

love seat/ chair, \$310. Call 353-6088.

25 in, Magnavox swivel console TV, picture-in-picture, \$200. Call 577-3613.

Dark blue chair, \$100 OBO. Call 346-6089.

Solid oak pedestal table, 45 in round, black pedestal and apron, old but not antique. Call Eves at (910) 743-2261.

Frigidaire refrigerator, 15 cubic ft, frostfree, white, \$450. Call 346-0811.

Futon, light cherry wood frame, mattress, Hunter green cover, \$175. Call 455-8810 after 5 p.m.

Antique black wicker couch, w/ original cushions, \$350. Call 355-2382.

Kenmore washer, automatic/ heavy duty, \$150. Call 353-8760, lv. msg.

Small 4 drawer chest, \$25. Call 346-2928.

Sectional sofa, off-white, pillow back, stain guarded, \$600. Call 577-7958.

Queen sz waterbed, w/ mattress pad, heater, rails etc, \$150 OBO. Call 326-6735.

Oak changing table, \$30; Butter-style coffee table & 2 end tables, \$50. Call 355-2838.

Blue upholstered rocking chair, \$60; black entertainment center, \$80, call 910 455-4360.

King size waterbed with oakwood headboard, mirrored w/light fixtures, \$150 OBO; three drawer dresser, \$30, call 910 389-3284.

Three pc bedroom set, mirror, headboard, \$100; new couch w/fold out full size bed, octagon glass coffee table, \$200; new dryer, \$275, call 355-9970.

White Kenmore chest freezer, good condition, runs well, \$100, call 347-0886.

Oak executive desk, 1 yr old, \$275.

Texas rocker, chair, ottoman, \$85 OBO; antique wardrobe \$125; antique w/kitchen cabinet, \$105; table \$128; rocker, needs repair, \$65; '60s record cabinet, \$35; 8 track player, stereo turn table, speakers, \$50, call 330-0209.

Sofa bed, queen size, brown/beige stripe, \$75 OBO, call 327-2994.

MOTORCYCLES

'82 Yamaha Virago 920J, digital instruments, drag pipes, runs great, excl cond, \$1,000. Call 577-3362.

'94 ZX-6, mint, black, garage kept, 7K, w/ tank bag & bra cover, 2 helmets, \$4,800. Call (919) 354-4968.

'91 Suzuki motorcycle, low mileage, good condition, \$2,200 OBO, call 346-6033.

'90 Honda CBR 600F, 10K, custom exhaust system and paint, very clean, fast, must sell quickly, make offer Call 346-1010.

'84 Harley Davidson Sportster, 1,000 cc, w/ chaps, ladies boots, vest. Call 353-3202, lv. msg.

BOATS&RECREATION

For sale: Outdoor world campground master membership, from Florida to Maine, \$5,000. Call 327-2178.

Jet Ski, all new parts, needs assembled, \$500, call 327-3590.

24' cruise/fishing boat, Bayliner, command bridge, I/O, A/C, stove, refer, head, table, Ioran radio, etc, great shape, \$6,000

PETS

Black lab for sale, potty trained and great w/kids, \$150; Chiwawa, 1 year old, all shots, \$150; Ferret w/cage, lots of fun, \$100. Call 577-1162 lv. msg.

Adult female Rottweiler w/papers, very friendly, great w/kids, \$100. Call 686-9650.

Free to good home, 5-year-old neutered cat, good w/kids, all shots. Call 938-5379.

Burmese python, very mild tempered w/ tank & accessories, \$350 OBO. Call anytime 347-0879.

Cocker spaniel, female, buff, needs good home. Call 577-5260.

Orange Tabby, long-haired cat, 1 1/2 yrs. old, has had all shots, spayed, \$50, call 355-9672.

REAL ESTATE

Emerald Isle Beach Condo Rental. Newly furnished 2 bed bath ocean view w/all extras! \$800/mo. includes cable, water, sewer, trash, security, pool, tennis, Maid Service and more! Avail. March for long or short term. Call 326-2683.

For rent: furnished 2 BR house, front porch, large yard, good neighborhood, carpeted, close to bases, no pets, \$275 per mos. Call 324-3684.

For rent 3BR, 2 1/2 BA, -car garage, water view, pool and tennis privilege, available March 1, \$750, Sneads Ferry. Call 327-0652.

For Rent: trailer w/ AC, water, trash, sewage, grass cutting included. Call 455-3940, if no answer, lv msg will return call.

For Sale: 3 BR, 2 BA, country kitchen, 14 x 80 Fleetwood Vogue, '94, w/ setup, appliances included, warranty. Call 347-1162.

For Sale: Class "A" Holiday imperial 33", has everything, excellent cond., \$28,000, call 327-3590.

For Sale: '94 Oakwood 3BR, 2BA, 14x70 mobile home, asking pay off, \$17,800, very nice lot w/two decks, call 577-0926.

For Sale: 2,240 sq ft vinyl siding home, 3 BR, 2 1/4 BA, 1 acre, 1 1/2 yrs. old. Call 327-3101.

WANTED, LOST, FOUND

Wanted: World War I or World War II German Luger pistol. Call 353-4418.

Wanted: Drum set w/ cymbals; will buy miscellaneous drum equipment. Call 327-0901, lv msg.

Wanted: Combination unknown, need someone to open floor model safe bought at Trenton Fire Dept. Annual Auction, non-business locksmith preferred, cheap. Call 330-0209.

YARD SALES

March 1, 7 a.m. - noon, motorcycle, baby crib w/mattress, boys clothes (18 mos-3T), girls clothes (12-18 mos), toys and more. Call 577-3362.

Multi-family yard sale, 3133 Eden St., Mar 1, 8 a.m.-noon, bikes, toys, clothes ... etc.

HOW TO PLACE YOUR FREE TRADER AD

der ads are a free service. The Globe reserves the right to edit and/or omit ads that do not meet expressed guidelines or Globe policy.

requests received prior to noon Friday **SHOULD** appear in the following week's paper, unless space is limited. In such a case, the ad will be published in the next issue. Late forms and phone requests will **NOT** be

separate request form must be submitted each week you wish the ad to run.

s must be filled out **COMPLETELY**. That includes full name of sponsor, his/her rank and unit, home address and home and work phone numbers. Incomplete forms will **NOT** be published.

ry work numbers will not be published. Barracks #'s must include room number.

it legibly. If we can't read it, it will **NOT** be published.

dividual forms **MUST** be filled out for each category of items you want published. I.E., automobiles, furniture, pets. If an ad is sub-mitted with several items from different categories on one form, they may not be

shed.

more than 20 words per form. Only three forms per household a week will be published.

ads for "services provided" or commercial business will be published.

der ad submissions will not be accepted by fax, guard mail, phone or return contacts with military phone numbers.

Mail to:
 Commanding General
 (Attn: Public Affairs Office)
 Marine Corps Base
 PSC Box 20004
 Camp Lejeune, NC 28542-0004

TRADER FORM

Deliver to:
 Public Affairs Office
 Bldg. 67
 Virginia Dare Rd.
 (Mainside) MCB
 Camp Lejeune

Signature

Rank

Organization

Home Address

Home Phone

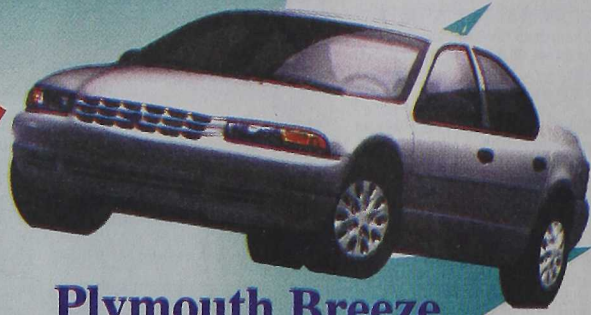
Holiday  Chrysler-Plymouth  Mazda

NO DOWN PAYMENT



Plymouth Neon

Bad Credit
Slow Credit



Plymouth Breeze

First Time
Buyers Welcome!



Mazda B-2300 P/U



Mazda Protege

NO DOWN PAYMENT

We CAN Help!!

Holiday 347-6678

Dealer retains all rebates, prices plus tax & tags.
WAC, bring LES or Pay Stub.

 Chrysler-Plymouth  Mazda

1805 N. Marine Boulevard (HWY 17) Hwy 17 North 1/4 Mile from Wal-Mart

NEWS

IN PICTURES

Stylish New Sunglasses Are More Than Meets The Eye

(NAPS)—A growing number of people are seeing the light and finding sunglasses an ideal combination of function and fashion.

Research has shown that people today are more aware than ever of the need to protect their eyes from the harmful rays of the sun. To accommodate this trend, the companies that manufacture sunglasses are providing an outstanding selection of sunglasses in thousands of styles, shapes and colors.

A major misconception exists in that people believe the darker the sunglass lens, the more it will protect the eyes. "Not true," says Dr. Jack Weber, O.D., Education and Research Director for Marchon Eyewear. Weber says choosing a lighter or darker sunglass lens is simply a matter of personal choice and eye comfort. He points out that the issue is "protection from UV rays." Weber recommends reading sunglass labels carefully to discover their degree of ultraviolet light protection. He advises choosing quality sunglasses that are 100 percent UV absorbing which provides the best known health protection for the eye.

With respect to fashion, many of us are unsure as to what sunglass shapes and styles best complement our face shape. Dr. Weber, Marchon's Director of Education and Research, offers these helpful tips for choosing the right sunglass frame for your face:



• **Oval face.** Almost any style works for this shape of face. Experiment with the latest looks such as wraparounds and geometric shapes.



The latest fashions in sunglasses include a wide array of styles to shape every face. Shown: Sunglasses by Marchon.



• **Round face.** Frames should make the face appear longer and thinner. In general, look for frames equal to or slightly wider than the broadest part of the face. Minimize the curves and add definition with soft, angular, rectangular styles or double brow styles.



• **Diamond shape.** This face shape has wide or high cheekbones with a narrow forehead and chin. Oval sunglasses will soften the contour of the face, although softly curved square frames will work as well. Make sure the styles are no wider than the top of the cheekbones.



• **Square face.** This face shape consists of a strong jawline, a broad forehead and wide cheekbones. Reduce the angles with soft, curvy styles that will give the face some definition such as cat-eye styles. The classic oval also works well for this face shape.



• **Oblong face.** Widen and shorten the face with eye-wear styles that do not extend beyond the widest part of the face. Round or square shapes will look great on this face.



• **Triangle shape.** This face has a wide jaw and a narrow forehead. Soften the lower portion of the face by accenting the eye area. Styles such as cat eyes should angle outward at the top corner and be wide enough to balance the jawline.



• **Heart face.** Minimize the upper portion of the face by choosing frames no wider than your forehead and angling outward at the bottom corners. Very light colors and rimless styles work well on this face shape.

Remember, there's more to selecting sunglasses than meets the eye. When selecting quality sunglasses, buying from a reputable optical store offers an advantage to consider...proper fit. Frames that slide down the nose, sit unevenly or lean on the back of the ear will not be worn as regularly as they should. Optical Dispensers are skilled professionals that will adjust the frames, front, temples and nose pads for a comfortable fit.

MAKING FAMILY LIFE MORE FUN

More Families Will Work And Play Online In 1996

(NAPS)—Families all across the country are riding the wave of the future by going online and taking advantage of the various services on the Internet.

More than 67 million people say they are likely to join the online service craze, many during 1996, a recent survey reports.

Families lead the wave as they look for new ways to be entertained and educated at home. Online benefits they seek include making homework more interesting for kids and finding more efficient ways of doing things like planning a family vacation. People of all ages welcome cyberspace as a great way to keep in touch with faraway family and friends.

The Project WOW! Study released by Odyssey, a market research firm, in cooperation with CompuServe, a leading online service provider, yielded some other fascinating results.

• Seventy-six percent of Americans interviewed said they see online services as the "wave of the future."

• Among consumers not yet online, nearly 13 percent of non-PC owners and 31 percent of PC owners see themselves being online by the end of 1996.

• Most see strong consumer benefits to going online and described such services as "really useful," "educational for adults and kids," and "make life easier."

• Despite the fact that men continue to dominate online, 41 percent of at-home online users are women.

• A majority of 70 percent said they believe online services should allow for parental monitoring.

WAVE OF THE FUTURE

76% of people believe going online is the "wave of the future."

Four areas of interest are key to those likely to use an online service at home:

- Learning
- Kids and Family
- Entertainment and Fun
- Money



Source: Project WOW! Study

• More people identify online users as "successful" than as "couch potatoes."

This study indicates the next wave of online consumers will have needs and values that differ significantly from current users. No longer just for techies, the next generation of online users won't necessarily seek what's "in," but want easier, more efficient ways to learn and more entertaining things to do at home.

Families considering going online should look for service offer-

ings which meet these needs. This spring, for CompuServe will introduce online service code-named WOW! Developed specifically for families and at-home users, the service will be easy-to-use, offer rich content and great value. The Project WOW! Study conducted in the Fall of 1995 among a nationally representative random sample of 1,000 adults 16 years of age and older with an oversample of 200 online services at home.

MEET OF BO

Dark Secrets And
From Erica S.

(NAPS)—Erica Spindler has done it again. Spindler's suspenseful new tale (\$5.99, MIRA Books) is selling author providing an intriguing vehicle



Sounding the warful what you wish for a riveting story about wealth, greed and vengeance. The novel's characters are driven by their own wants with no consequences. And as frontations escalate, the climax, Spindler's is guaranteed to anger her readers to tears. Skye Dearborn was the doors to her childhood she cannot. As she searches for who abandoned her and with a long-lost half-nurtured a twisted obsession to uncover dark secrets are better left undisturbed.

Erica Spindler is a finalist for the Romance Writers of America Award whose novels have won the Waldenbooks Best An accomplished pair as writer, she lives in The book is available wherever Harlequinette books are sold.



It was an old England to draw sweethearts on Valentine's Day, the person given a present, so an expensive kind, often a pair of gloves custom is said to have origin in a pagan connected with the Juno on or about the