



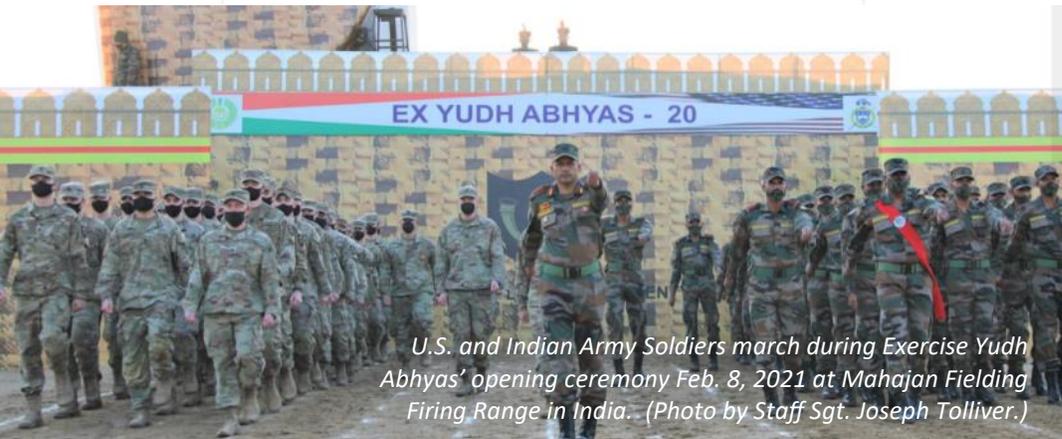
# GHOST TIMES

NEWSLETTER FOR 'GHOST BRIGADE' SOLDIERS & FAMILIES

1-2 STRYKER BRIGADE COMBAT TEAM | JBLM, WA | 'ARRIVE IN SILENCE'

**1-2 Stryker Brigade playing key role in U.S. effort to strengthen bonds with Indo-Pacific allies & partners...**

## *Ghost Brigade on the world stage*



*U.S. and Indian Army Soldiers march during Exercise Yudh Abhyas' opening ceremony Feb. 8, 2021 at Mahajan Fielding Firing Range in India. (Photo by Staff Sgt. Joseph Tolliver.)*

Soldiers of the U.S. Army's 1-2 Stryker Brigade completed the 16th iteration of bilateral exercise Yudh Abhyas with their Indian Army partners Feb. 21 at a training base in northwest India.

The two-week, U.S. Army Pacific-sponsored exercise included a combined total of approximately 500 troops from the two armies, who together conducted a challenging, realistic field training exercise (FTX) along with a complex command post exercise (CPX), designed to further foster Indo-U.S. partnership and interoperability.

The closing ceremony included remarks by Indian Army Maj. Gen. Michael AJ Fernandez, outgoing commander of India's 24th Infantry Division, and U.S. Army Maj. Gen. Xavier T. Brunson, commander of the U.S. Army 7th Infantry Division.

"It is a singular honor for the

Southwestern Army to conduct this exercise," said Fernandez. "It has been a step further in the continuing journey of close friendship between our two great nations and world-class armies."

Representing the Indian Army this year was 11th Battalion of the Jammu And Kashmir (JAK) Rifles, along with command and staff of 170th Infantry Brigade, commanded by Brigadier Mukesh Bhanwala.

The U.S. contingent – from Joint Base Lewis-McChord, Wash. – included Soldiers of 2-3 Infantry Battalion, as well as the command and staff of 1-2 Stryker Brigade Combat Team, commanded by Col. Jared D. Bordwell. Additional U.S. personnel came from 5th Security Force Assistance Brigade, I Corps, and Washington National Guard.

**(Continued on page 3)**

### *Inside this issue...*

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### *Follow the Ghost Brigade...*

- Facebook: @GhostSBCT
- Twitter: @1SBCT\_Ghost
- Insta: @ghoststrykerbrigade
- Flickr: @Ghost Brigade

### *The Bottom Line...*

Ghost Soldiers are playing an ongoing role in protecting the American people and supporting Indo-Pacific Allies and Partners.



## Message from the Commander Colonel Jared D. Bordwell, “Ghost 6”

Ghost Soldiers and Families,

As I write this, our units are preparing for and supporting several vital missions, where they will have a strategic impact across the Nation and around the world. Whether fostering partnerships with nations in the Indo-Pacific region (such as 2-3 Inf. Battalion in India last month), supporting vaccination efforts in the U.S., or sustaining our warfighting readiness here at JBLM, Soldiers of the Ghost Brigade are making a positive difference. Every member of the Ghost Team plays a vital role in protecting the American people and supporting Allies and Partners.

The Ghost Brigade continues to demonstrate our readiness to answer the Nation’s call and accomplish any mission. Now, we must sustain that readiness by continuing to support and protect one another. This means Soldiers and leaders looking after teammates, checking on them, and establishing environments of mutual trust and respect. It also means continuing to take seriously the risks of COVID-19 and abiding by all health guidelines and DoD requirements such as wearing of facemasks.

We remain grateful and humbled by all our strong Ghost Families, whose love and support empower us to get after our missions every day. I challenge each of you to devote time together with your loved ones, and remember to reach out if you need help or support of any kind.

Thank you Soldiers and Families for all you do.

-Ghost 6

“Every member of the Ghost Team plays a vital role in protecting the American people and supporting Indo-Pacific Allies and Partners.”

## Command Sergeant Major’s Note CSM Willie L. Langes, “Ghost 7”

Ghost Team,

Our Soldiers and Families continue to show resiliency and professionalism as the Brigade supports both strategic missions in the Pacific and the national response to the pandemic here at home. As we navigate through these complex missions with their own unique challenges, the Ghost Brigade continues to focus on training and physical fitness. We all must look for ways to challenge our teammates every day to make our team unbeatable. Leaders and Soldiers at every level must remain diligent in enforcing both military standards as well as COVID-19 policies and precautions.

We continue to take time to stand down and have hard – but necessary – conversations on difficult topics like extremism, discrimination and harassment. These conversations between Soldiers of all ranks must happen daily, not just on designated readiness days, to be effective. I challenge leaders across our formation to continue that dialogue to ensure the Ghost Brigade is a safe, supportive environment that all ranks enjoy being a part of.

-Ghost 7

### About Ghost Times

Ghost Times is the authorized newsletter of 1-2 SBCT. Content is reviewed, edited, and approved by the Brigade Public Affairs Officer. Questions/comments/submissions? Contact Maj. Spencer Garrison at [spencer.g.garrison.mil@mail.mil](mailto:spencer.g.garrison.mil@mail.mil).

This newsletter belongs to all members of the Ghost Team — Soldiers, Civilians, Families.

Send us your photos and stories to be featured in future editions of *Ghost Times*!



## On the world stage: Patriot Battalion trains with Indian Army as Ghost Brigade supports Allies & Partners throughout Indo-Pacific

(Continued from page 1)

“We came here seeking opportunities for interoperability, to train and to learn from the Indian Army, and I think we achieved that significantly,” said Brunson.

The FTX allowed the infantrymen of 11th JAK Rifles and 2-3 Inf. Bn. to sharpen tactical skills and build interoperability through rigorous battle drills with mixed squads of Indian and U.S. Soldiers, stress shoots and hands-on familiarization with one another’s equipment. More than 25,000 rounds of U.S. small-arms ammunition, plus over 150 mortars, were fired during live-fire ranges.

Indian Army soldiers learned about the Stryker armored vehicle and U.S. weapons, as the Americans became more familiar with Indian equipment like the BMP-2 and Medium Machine Gun.

“Our Soldiers loved working with their weapon systems and seeing how they did things,” said



Photo courtesy of 2-3 Inf. Battalion

U.S. Army Capt. Michael P. Garman, commander of Co. B, 2-3 Inf. Bn. “Our Soldiers enjoyed just being there, the camaraderie with our Indian partners...It has been a pleasure working with (them).”

Indian soldiers felt the same.

“It has been an enriching experience,” said Indian Army Maj. Rajat Shikhar Joshi, 11th Bn. JAK Rifles. “Training with 2-3 Infantry Battalion has given us different perspectives and interoperability between our two great armies.”

At the same time, the CPX enabled the Indian and U.S. brigade staffs to practice planning and executing brigade-level missions based on a UN peacekeeping and humanitarian assistance scenario. Both staffs became more familiar with one another as a result.

Yudh Abhyas also included a rich array of cross-cultural experiences.

U.S. Soldiers joined their Indian partners for yoga and sports tournaments with mixed Indian-U.S. teams. The Indian Army also invited their American counterparts to join them for the Indian festival of Basant Panchami; together they celebrated the coming of spring with dancing, kites and camel rides.

U.S. Soldiers were impressed by the Indian Army’s hospitality during these events and indeed throughout the exercise.

“It’s amazing here...everyone’s so welcoming,” said U.S. Army Spc. Christie Demps, a medic in 2-3 Inf.

For some of U.S. Soldiers, the cultural experience was uniquely personal. U.S. Army Capt. Tanvir Kalam was born and raised in Queens, N.Y. but as the son of immigrants from the West Bengal region of India, the 1-2 SBCT staff officer felt right at home with many





# On Target: Fire Support Teams prove their mettle in rigorous 'Best FiST' competition



Photos by Staff Sgt. Francisco Colon



The Ghost Brigade conducted the "Best Fire Support Team Competition" Jan. 19-22 at Joint Base Lewis-McChord. Twelve teams of Fire Supporters ran through rigorous events, which gauged Soldiers' tactical, technical and physical proficiencies.

Keeping the teams socially distant, Soldiers completed the ACFT (middle right), a written test on fire support and enemy threats, an 8.6 mile tactical ruck march (top left) calling for fire utilizing a "Call For Fire Trainer" (lower and upper right), and Rose Field obstacle course.



Congratulations to the winning team from C/2-3 FiST of the Red Lion Battalion!

- ◆ 2LT LARUE
- ◆ SSG LOWELL
- ◆ SGT MILLER
- ◆ SPC EWALD
- ◆ PFC CICERONE





Message from the Brigade Surgeon,  
Maj. Kevin Maskell, M.D.

# HEALTH & SAFETY

## COVID Vaccine: Your Questions Answered

Q: Is the vaccine effective?

A: **Yes.** In a trial of 40,000 people, it was found to be **95% effective** after the second shot.

Q: Is the vaccine safe?

A: **Yes.** There are only mild side effects like fevers and soreness in some cases. These are most common with the second dose and generally last about a day.

Q: Is the vaccine mandatory?

A: **No,** it is strictly voluntary at this time, but it is **strongly** recommended by unit surgeons at all levels, especially for those deploying overseas. In fact, many nations request or require visiting U.S. personnel to be vaccinated, for everyone’s safety.

Finally, be sure to **keep following all health guidelines**, including:

- ✓ Social Distance
- ✓ Facemask
- ✓ Hand-washing

### Questions about the COVID-19 vaccine?



Please call Madigan’s dedicated

**COVID-19 Vaccine Hotline**

**253-968-4744**



Next Page: I Corps “Blue Hash” with the latest guidance about COVID precautions and policies, and current vaccination priorities.

### ‘On the world stage’

(Continued from page 3)

aspects of Indian culture. He was excited to revisit favorite dishes from childhood, including jelabi, a popular Indian dessert served at the final ceremonial dinner – an event that also featured music and dances reminiscent of his early years.

“It made me feel very appreciative,” Kalam said. “Just to be in a setting where my fellow Soldiers were also able to enjoy the things I enjoyed as a child was both incredibly rewarding and fascinating.”

The exercise took place against

the backdrop of the ongoing COVID-19 pandemic and was one of the U.S. Army’s first exercises to be completed in the Indo-Pacific region during this period.

The Indian and U.S. armies took precautions to mitigate COVID-19 risks before and during the exercise.

“Stringent testing along with restrictions of movement helped ensure the safety both of our unit and our Indian counterparts,” said Maj. Kevin Maskell, 1-2 SBCT surgeon. “Soldiers were tested prior to departing the U.S., and tested again by the Indian Army once we arrived in India. We then continued to require the wear of face coverings, provided hand-sanitizing

stations and monitored for symptoms.”

Brunson emphasized the importance of continuing this kind of training while remaining cognizant of the challenges posed by the pandemic.

“Given all that’s happening in the world, that you were able to support this exercise and conduct this exercise – and do it well – is a testament to your professionalism,” he said. “We must continue to train and be ready to answer the nation’s call, regardless of environmental changes that we face.”

Check out more photos and videos from Exercise Yudh Abhyas on [Facebook — @GhostSBCT \(click here\)](#)



# JBLM COVID-19 Response Factsheet (BLUE HASH)

As of Feb 23, 2021



## **COVID-19 Vaccine (COVAX):**

- JBLM COVID-19 24/7 Help Hotline: 253-967-3831
- COVID-19 Vaccinations (COVAX) Process & Location located at: [Madigan "About the COVID Vaccine"](#)
- Non Active Duty beneficiary COVID-19 COVAX Appointment #s 253-968-4744 or 1-800-404-4506
- Current Vaccination Priorities: 1) Imminent OCONUS Deployers **and deploying Vaccination Support Team (VST) personnel**, 2) Personnel who are due COVAX Shot #2, 3) Beneficiaries who are aged 65+ years

## **Changes / Updates:**

- **Outdoor Training / Competitions / Ceremonies authorized up to 200 people including spectators with masks**
- Home / Barracks indoor social gatherings up to 5 people from outside their domicile – and outdoor social gatherings to 15 people.
- PT now authorized for execution in formations up to **Platoon** level
- Warrior Restaurants are authorized indoor seating at 50% capacity
- Food courts and JBLM retail food establishments are authorized indoor seating at 25% capacity
- Warrior Zones are authorized indoor seating at 25% capacity
- Gyms and Fitness Centers are open:
  - Active Duty/Guard/Reserve from 0530-0800
  - All Authorized Users from 0800-2000
- Faith-based indoor activities at **25% room capacity, to include worship services, Strong Bonds, religious education, chapel auxiliaries, and fellowship activities**
- Rental of events spaces are authorized, contact the MWR Central Office at: 253-966-7466
- Indoor Change of Command / Responsibility Ceremonies are authorized 25% Capacity

## **JBLM Leave Procedures:**

- Rep. of Korea Travel Instruction:
  - A negative PCR COVID test within 72 hrs of departure (to include Patriot Express) is required effective 8 JAN 21 for all SMs, DEPs, and DACs airline passengers (PCS, TDY, or LV)
  - The test result must be on your person during all travel
- First GO in CoC approves ETP for OCONUS leave with the exception of Alaska and Hawaii.
- Chain of Command for all others on State/County COVID risk – use Encl 1 to counsel
- All CONUS Travel is approved at BDE or below
- Non-COVAX Vaccinated JBLM Soldiers will undergo a minimum 7-day ROM after any out of state travel. Leaders will ensure individuals performing TDY on JBLM from a CONUS location undergo a minimum 7-day ROM unless an O-6 **commander or I Corps CG designated officer exception** is granted
- **Upon arrival from all OCONUS locations outside U.S. States and Territories, individuals who are performing TDY on JBLM undergo a minimum 14-day ROM without testing –OR– 7-day ROM with negative test NET ROM days 6 or 7**
- Inbound PCS personnel are exempt from ROM requirements
- Outbound PCS personnel to OCONUS: One ROM is required. COVID-19 Test is required. COVAX Recipients are not exempt. OCONUS leave in conjunction with PCS is not authorized

## **Other Links to Follow for Further Information:**

- Washington State School Status Updates at: [Washington School District Information](#)
- MWR CDC/CYS info located at: [JBLM School & Childcare Information](#)
- Current General Orders on I Corps Portal (CAC required): [I Corps General Orders](#)
- Madigan Army Medical Center and Dental Clinics Facebook Page: [Madigan and Dental Facebook Page](#)
- JBLM Official Website: [JBLM Homepage](#)

#JBLMSoundLiving



# Family News

## Welcome home, Patriots!



Soldiers of 2-3 Infantry Battalion were treated to a wonderful homecoming following Exercise Yudh Abhyas in India. The families put in a lot of work along with the SFRG to ensure they had goodies for the Soldiers as they returned.



## 1-2 SBCT Ghost Cookbook

Arrowhead Soldier & Family Foundation

Only \$10

Purchase Online at:  
[www.arrowheadfoundation.weebly.com](http://www.arrowheadfoundation.weebly.com)  
or contact your SFRG



## Budget and money advice during March Sound Summit



JBLM and the Army offer many resources to help Soldiers and Families budget, save money, navigate tax season and more.

Learn all about it by watching this month's JBLM Sound Summit on the JBLM [Facebook \(click here\)](#). For more info and previous Sound Summits, visit: <https://jblm.armymwr.com/programs/Sound-Summit>

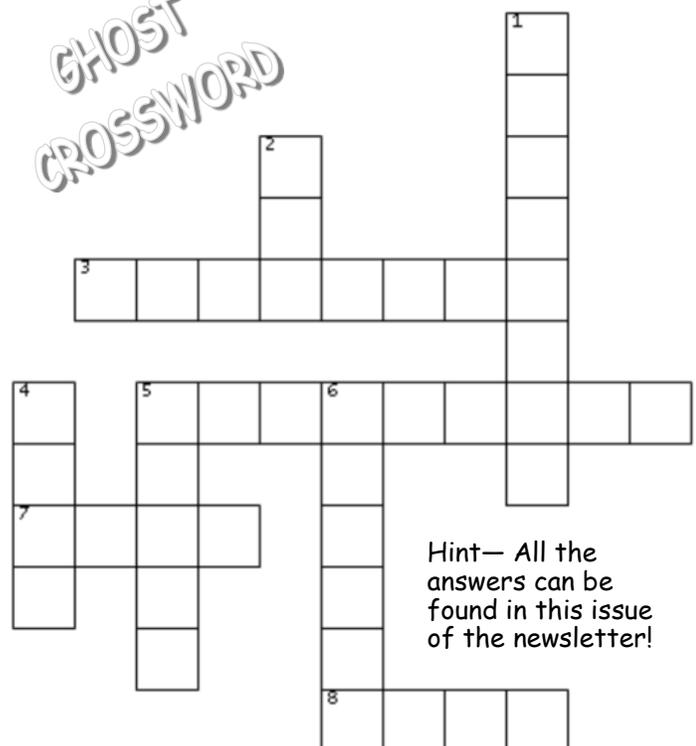
### ACROSS

- 3. Soldiers of Brigade HHC practice the \_\_\_ during PT
- 5. 23rd Brigade Engineer Battalion's nickname
- 7. 1-14 CAV challenged themselves during a \_\_\_ ride
- 8. SGT Leatherman, 1-23 IN, is 'Top \_\_\_' in the Corps

### DOWN

- 1. 1-37 FA artillerymen regularly train and qualify on the 155mm \_\_\_
- 2. Company C of 296th BSB is also known as 'Charlie \_\_\_'
- 4. Fire Support Teams contended to be named 'Top \_\_\_'
- 5. For helpful info and resources, tune into the \_\_\_ Summit
- 6. 2-3 IN and Brigade HHC went to India for Yudh \_\_\_

## GHOST CROSSWORD



Hint— All the answers can be found in this issue of the newsletter!



# Family Resources

**Are you reading the JBLM MWR Magazine? Don't miss out!**

Soldiers and Families can stay informed about the latest recreational programs and events around JBLM and the surrounding area. Check it out, and make the most of life in the Pacific Northwest!

Pick up a copy on post or read it right here:  
<https://jblm.armymwr.com/happenings/focus-magazine>



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DPFR

Your Community Navigator

Jan. - Jun. 2021

JBLM | Directorate of Personnel & Family Readiness

# Family Advocacy Program

Supports CHPC Priority: Strengthen Individual Life Skills & Resiliency

Our program offers prevention & education classes, including workshops to strengthen Family relationships using education, information & referral.

Register for classes at [jblmDPFR.timetap.com](http://jblmDPFR.timetap.com)

Under "DPFR Classes & Activities" • Registration Required



## #Adulting

Four 2-Hour sessions

Mar. 2, 4, 9, 11 | Jun. 1, 3, 8, 10

12-2 pm · Rm. 102

This class covers a variety of topics needed to successfully make your way through adulthood

## Anger Control Training

Eight 2-Hour sessions

9-11 am · Rm. 102.

All sessions must be attended for a certificate of completion.

### ACT for Men

Jan. 4, 6, 11, 13, 20, 25, 27 Feb. 1

Mar. 1, 3, 8, 10, 15, 17, 22, 24

May 3, 5, 10, 12, 17, 19, 24, 26

### ACT for Women

Feb. 2, 4, 9, 11, 16, 18, 23, 25

May 4, 6, 11, 13, 18, 20, 25, 27

## Anger & Stress

Jun. 9 · 9-11 am · Rm. 102

Learn the brain science of stress & anger and explore how unmanaged stress and stress can impact relationships

## Detecting Icebergs

Mar. 3 | Jun. 2 · 12-2 pm · Rm. 102

Identify your core beliefs and values to gain control over your emotions & reactions

## Expectation Management

Jan. 13 | Apr. 14 · 9-11 am · Rm. 101

Learn how to lessen the power that unmet expectations can have over a relationship

## Events, Issues & Hidden Issues

Feb. 24 | May 26 · 9-11 am · Rm. 101

Find out how to understand and manage the layers of conflict in order to move past superficial arguments

## Healthy Communication

Jan. 19 | Apr. 13 · 9-11 am · Rm. 111

This class helps identify danger signs when communicating, and provides skills on how to avoid negative conflict

## Making Intercultural Marriage Work

Jun. 17 · 11:30 am - 1:30 pm · Rm. 111

Discuss cultural barriers that may arise in an intercultural marriage to work towards finding balance and contentment

## Problem Solving

Feb. 2 | May 4 · 12-2 pm · Rm. 102

Learn and practice safe ways of taking and solving problems, big and small, as a team in your relationships

## Recipe to a Healthy Relationship

Feb. 25 | 11:30 am - 1:30 pm · Rm. 101

This class helps participants identify the communication danger signs, and provides skills on how to avoid negative conflict

## Relationship Thinking Traps

Jan. 27 | Apr. 28 · 9-11 am · Rm. 101

Identify thought barriers and get the tools needed to foster healthy relationships

## Five Love Languages

2-4 pm · Rm. 102

Identify your personal love language as well as understand the love language of the important people in your life

for Men

Jan. 26

for Couples

Feb. 23

for Singles

Mar. 23

for Children

Apr. 27

for Parents of Teens

May 25

for Teens

Jun. 22

## Real Time Resilience

Jan. 7 | Apr. 1 · 12-2 pm · Rm. 102

Discover how to shut down counterproductive thinking and increase focus on desired tasks

## Within Our Reach

Four 2-Hour Sessions

Apr. 13, 15, 20 & 22 · 12-2 pm · Rm. 102

Build on existing strengths while adding critical life & relationship skills to create safer, more stable unions

## You've Got Personality

Feb. 16 | May 18 · 12-2 pm · Rm. 102

Learn to understand what different personality types to more easily solve problems or avoid conflict

## What to Expect Before Marriage

Jan. 12, 14 | 11:30 am - 1:30 pm · Rm. 102

Dating/Engaged couples learn tips to develop a loving, successful marriage

All classes above are located at Bldg. 2013: 2013-A N. 3rd St. (Lewis Main)

If you or someone you know is experiencing abuse, contact the JBLM Safeline 253-966-SAFE (7233) • 24 Hours / 7 Days a Week

**DPFR** Directorate of Personnel & Family Readiness  
jblmdpfr.com | (253) 967-5901  
Your Community Navigator



DPFR

Your Community Navigator

Jan. - Jun. 2021

### JBLM | Directorate of Personnel & Family Readiness

# Classes & Support for Parents

Supports CHPC Priority: Strengthen Individual Life Skills & Resiliency

Our program offers prevention & education classes, including workshops to strengthen Family relationships using education, information & referral.

**Register for classes at [jblmDPFR.timetap.com](http://jblmDPFR.timetap.com)**

Under "FAP Parenting Classes" • Registration Required



### 1-2-3 Magic

Two 2-Hour Sessions

2-4 pm · Rm. 101

Jan. 4 & 6 | Mar. 1 & 3 | May 3 & 5 | Jun. 28 & 30

Who's in charge at your house? Learn how to discipline without yelling or spanking

### 24/7 Dad

Two 2-Hour Sessions

10 am - 12pm · RRC

Feb. 9 & 16 | Apr. 13 & 20 | Jun. 8 & 15

Calling all Dads! Attend this workshop to increase fatherhood skills

### Baby Boot Camp

Jan. 25 | Mar. 29 | May 24 · 1-4 pm · Rm. 111

Learn how to take care of a newborn, understand developmental stages, and care for a sick child in this interactive class

### Common Sense Parenting

Two 2-Hour Sessions

1-3 pm · Rm. 101

Feb. 22 & 24 | Apr. 19 & 21 | Jun. 21 & 23

Tried and true strategies to become a more confident parent

### Real Talk: Talking to Kids About Difficult Topics

Mar. 22 | Jun. 21 · 9-11 am · Rm. 101

Learn ways to bring up difficult subjects, answer questions, and implement safeguards to streamline conversations

### Recipe for Positive Parenting

2-4 pm · Rm. 101

Jan. 14 | Mar. 11 | May 13

Discover the tools needed to be a confident parent based on your child's developmental age and needs

### Stepparenting: Keeping it Sane!

Two 2-Hour Sessions

2-4 pm · Rm. 102

Feb. 8 & 10 | May 17 & 19

Learn skills to build a successful stepfamily

### Crossroads of Parenting & Divorce

Virtual Seminar

9am-1 pm: Jan. 6 | Feb. 17

Mar. 26 | Apr. 21 | May 21 | Jun. 18

12-4 pm: Jan. 20 | Mar. 10 | Apr. 9 | Jun. 2

4:30-8:30 pm: Feb. 3 | May 5

Approved by the Superior Court of the State of Washington, this five step seminar provides tools to prevent divorce abuse



### "All About That Bump" Pregnancy Support Group

1-2 pm · RRC

Every Other Wednesday (Except Federal Holidays)

Join us to learn about local resources, pregnancy tips, and staying informed. Facilitated by a NPSF professional

### The Fourth Trimester

Feb. 22 | Apr. 19 | Jun. 21 · 1-4 pm · RRC

All your questions about the first three months with your baby...answered!

### Mindfulness Parenting

Two 2-Hour Sessions

12-2pm · Rm. 101

Feb. 8 & 10 | Apr. 12 & 14 | Jun. 7 & 9

Learn how to live in the present moment to decrease stress and "mind clutter"

### Miscarriage and Infant Loss

Jan. 21 | Mar. 18 | May 20 · 12-2 pm · Rm. 101

Pregnancy loss at any stage is devastating, but with education, proper support, and healthy coping, the grieving process can be more manageable

### Nutrition for Infants & Toddlers

Feb. 9 | Apr. 6 | Jun. 8 · 9-11 am · Rm. 111

Learn the basic nutritional needs for children 0-3 and how to establish and/or continue lifelong healthy eating habits

### Class Locations

Rm 101, 102, & 111: Bldg. 2013: 2013-A N. 3rd St. (Lewis Main)

RRC: Raptor Resilience Center: 3201 2nd Division Dr. (Lewis Main)



Joint Base Lewis-McChord  
Directorate of Personnel  
& Family Readiness

**JBLM DPFR**  
Your Community Navigator

FAP (253) 967-5901

[jblmdpfr.com](http://jblmdpfr.com) | (253) 967-7166

JBLM DPFR Marketing | Dec. 2020



# GHOST SIGHTINGS

Images from around the Ghost Brigade

## 1st Squadron, 14th Cavalry Regiment — “Warhorse”



Soldiers of 1-14 Cav. challenged themselves mentally and physically in a rigorous Spur Ride. Fighting through fatigue, they ran through tasks that tested their basic warrior and cavalry skills. The Spur Ride is a time-honored tradition, which develops and instills pride within Cavalry troops. Over 150 Soldiers completed the grueling challenge earning their Silver Spurs.

## 2nd Battalion, 3rd Infantry Regiment — “Patriot”



(Above) Soldiers practice building pallets at JBLM.  
(Right) Combined squads of Indian and U.S. infantrymen practice small-unit tactics Feb. 9, 2021, during Indo-U.S. Exercise Yudh Abhyas.



# GHOST SIGHTINGS

Images from around the Ghost Brigade

## 5th Battalion, 20th Infantry Regiment — “Syke’s Regulars”

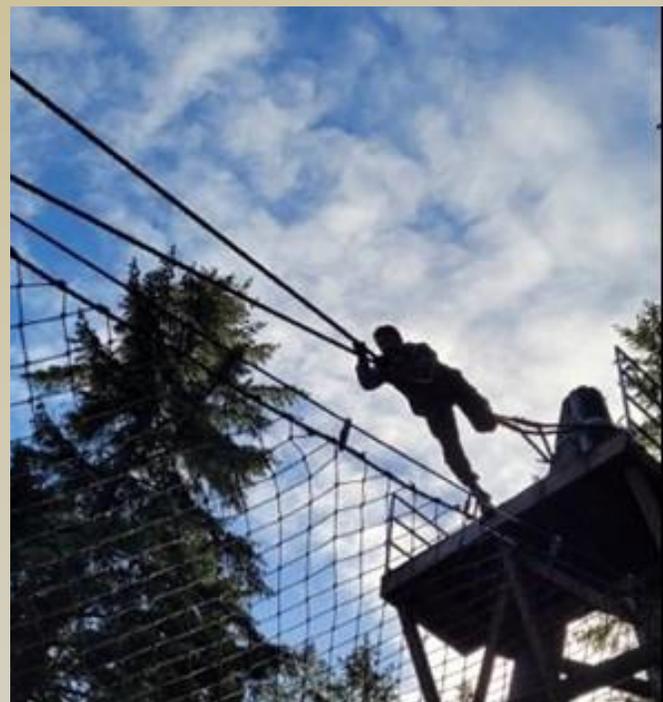


During a two-week “School of the Gun,” machine gun teams test and sharpen their skills with day and nighttime qualification ranges.

## 1st Battalion, 23rd Infantry Regiment — “Tomahawks”



During the I Corps Marksmanship Competition, the 1-23 Inf. Sniper Section took 2nd place overall , while Sgt. Leatherman (pictured above) earned the distinction as Top Shot.  
(Right) Tomahawks take part in a Confidence Course at JBLM.





# GHOST SIGHTINGS

Images from around the Ghost Brigade

## 23rd Brigade Engineer Battalion — “Spearhead”



(Above) A Stryker systems maintainer works on an Engineer Squad Vehicle. (Left) Arsenal Sappers conduct Team Live Fire in preparation for Squad Live Fires.

## 1st Battalion, 37th Field Artillery Regiment — “Red Lion”



Red Lion artillerymen of Battery A conduct howitzer section live-fire qualifications, known as FA Table VI, to validate their crew drills and demonstrate their readiness to provide timely, accurate fires in support of the Ghost Brigade.



# GHOST SIGHTINGS

Images from around the Ghost Brigade

## 296th Brigade Support Battalion — “Frontline”



(Left) Soldiers of C Co. (“Charlie Med”) practice operating a patient decontamination site. (Above) Soldiers of HHC, A Co. and B co. qualified on M4 rifles—testing a fundamental skill all Soldiers must maintain in order to fight and win.

## Brigade Headquarters & Headquarters Company (HHC) — “Huron”



(Left) Brigade staff brief the U.S. and Indian brigade commanders during Exercise Yudh Abhyas. (Above) HHC Soldiers challenged themselves on the deadlift and other exercises during a PT competition.



# Chaplain's Message

## “The Greatest Battlefield”

Chaplain (Maj.) Nathan Whitham  
Brigade Chaplain, 1-2 SBCT

The greatest battlefield we each face is not found in Afghanistan, Iraq, or some other foreign country. It's not our Army service or place of work. It's not our spouse, though many a marriage has become a casualty of the conflict. No! The greatest battlefield is the one we each entered upon the moment of our birth. It is the battle with the person in the mirror—the war with self. This combat zone cannot be fled. There is no retreat. It goes wherever we go and remains with us all our lives.

We are all selfish by nature. Modern psychology and pop-culture will tell us we need to “love ourselves”, “build our self-esteem”, and “look out for number one.” However, the more we pursue such an agenda, the more shallow and unfulfilled our lives become. It is one of life's great paradoxes that the greatest self-fulfillment happens when the desires of self are set aside for the needs and desires of others. Therein lies the secret to all great endeavors and every meaningful relationship.

Imagine the impact of a wife who shows respect to her husband regardless of him earning or deserving it. She does not nag or remind him of every flaw or

mistake he's made since the dawn of time. She devotes herself to encouraging him and makes their home a place of safety and desire. It will not be long before such a husband begins to move mountains for her. By investing herself in him, she will unlock the passion and intimacy she has so long craved.

Picture a husband who loves his wife unconditionally. He puts her needs and desires ahead of his own. He is her servant. He turns off the X-box and the TV to pursue her heart. After she gets over shock, he will find he has unleashed the most powerful force in the universe apart from God himself. Nothing and no one can stand in the way of a man who has the admiration and love of a wife behind him.

We cannot... I repeat... We cannot change our spouse. We can only change ourselves. We are responsible for our own actions and attitudes. Expecting our spouse to make us happy is both wildly unrealistic and unfair. Only in setting aside our own selfish desires will we find peace and harmony. Begin to do this and your marriage will survive any challenges life may throw your way.

***Conquer self, conquer all!***

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### Unit Ministry Team Highlight

Chaplain (Capt.) John Cho, from 23rd Brigade Engineer Battalion Unit Ministry Team, connects with Soldiers during recent Readiness Day discussions about building resiliency and guarding against extremism. Unit ministry teams throughout the Ghost Brigade play a vital role in supporting the wellness and readiness of Soldiers and Families.



# 1-2 Stryker Brigade Combat Team



Ghost Brigade  
**Arrive In Silence**

## *At A Glance...*

- ◆ 1ST STRYKER BRIGADE COMBAT TEAM, 2ND INFANTRY DIVISION
- ◆ NICKNAME: "GHOST BRIGADE," FOR THE UNIT'S ABILITY TO SILENTLY APPROACH AND STRIKE THE ENEMY
- ◆ ASSIGNED TO 7TH INFANTRY DIV., I CORPS, AT JOINT BASE LEWIS-MCCHORD, WA, WITH A FOCUS ON THE INDO-PACIFIC REGION
- ◆ MORE THAN 4,000 SOLDIERS FROM VARIOUS SPECIALTIES AND COMBINED ARMS CAPABILITIES