



THE WASHINGTON SURVEYOR

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THE WASHINGTON SURVEYOR

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A special thank you to all those who let us tell your stories to the crew and to the fleet.

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SAILOR IN THE SPOTLIGHT



SN Dennis Perez

HOMETOWN:

Prescott Valley, Arizona

WHERE HE WORKS:

Tool Issue

HOBBIES:

Fishing, carpentry, and spending time with family.

WHAT HE ENJOYS ABOUT HIS JOB:

He joined to do his part to contribute to the Navy.

WHAT 'SAILOR IN THE SPOTLIGHT' MEANT TO HIM:

Being Sailor in the Spotlight makes him feel proud of helping his shipmates and accomplishing his work.

WHY HE WAS NOMINATED:

He was nominated for his hard work overseeing and maintaining the Shipboard Production Support Team 15 program, which consists of 1,050 tools and materials. He oversaw the control and allocation of \$147,000 worth of tools and equipment. In doing so, he supported 19 departments and 21 production teams, ensuring that they have fully functional tools and equipment.

GW'S NEWEST WARRIORS



ESWS

ABF3 Amadu Ndon
ABF3 Michael Espinoza
AN Xahdari Goldsboro
AT2 Travis Gordon
GM3 Mateo Naranjo
LS3 Naomi Luquismerced
MAI Michelle Martinez
MC3 Tatyana Freeman
MMM2 Donald Wietzel



EAWS

AE3 Carlos Karg
EMN1 Austin Whalfy
FC2 Joseph Smith
MA2 Robert Creager
MM2 Austin Huizar
PS2 Angel Ortega

MESSENGER OF THE WATCH

ABHAN Alexis Bayless
AE3 Nicolai Palmer
AOAN Malik Slay
AOAN Uziel Mayrodriguez
ATAN Gavin Phillips
ATAN Richard Monticello
AZAR Sherice Isidore
AZ3 Kristopher Cartledge
CSSN Tayana Smith
CTR3 Alesandro Riverapagan
CTTSA Nicholas Harrington
ETSN Zachary Mooney
MASA Kyle Byrne
MM3 Gregory Means

PETTY OFFICER OF THE WATCH

AT3 Russ Vonier
CTR3 Shaila Simon
CTR2 Amy Hall
IC3 Zachery Milligan
IS2 Ralynn Lasat
IT2 Jusman Estecesnieves
LN2 Daniel Denisenko
LS3 Naomi Luquismerced

JUNIOR OFFICER OF THE DECK

ABE3 Shantol Deonarine
AM2 Casie Cheffen
AO2 Werner Reichert
IS2 Thomas Stabile
IT2 Cole Ralph
LS2 Andrew Manuzca
LS2 Ashley Redmond
PS2 Tatyana Jones

OFFICER OF THE DECK

LSC Tania Montalvo
Lt. Matthew Sanchez

ESWS

COORDINATORS

OSC ZACHARY MACHNICS
MAC THOMAS BOHANNON

EAWS

COORDINATORS

ACCS MATTHEW CUPPERNOLL
AOC JAMES COOKSEY

EIWS

COORDINATORS

CTMC KATHLEEN CHANDLER
ITI THADDEUS WIEDEMEIER

DECK WATCH

COORDINATORS

CDR. STEVE YARGOSZ
LT. JOHN COUGHLIN

AIMD'S ROSENQUIST AIMS AT WELLNESS FOR SELF AND SHIPMATES

STORY AND PHOTOS BY MC2 ELIZABETH COHEN



Aviation Electronics Technician 2nd Class Steven Matthew Rosenquist lifts weights at Huntington Hall.

Aviation Electronics Technician 2nd Class Steven Matthew Rosenquist knows his value on a team. As a high school athlete on rugby and football teams, his technical talent didn't always earn him attention, but hard work and support as a team member sometimes did. Now, as a Sailor assigned to the aircraft intermediate maintenance department (AIMD) aboard the Nimitz-class aircraft carrier USS George Washington (CVN 73), he is also an able leader, supervising the calibration lab at George Washington's light industrial facility. But his collateral role as an assistant

command fitness leader (ACFL) and a healthy role-model for his colleagues feels even more rewarding, as it provides a platform for changing attitudes and for making the workplace better for everyone.

Rosenquist has been an ACFL for two-and-a-half years, and was a natural fit for the position because of his long history performing on teams and in programs that require a high degree of athletic conditioning, including training as an Air Force pararescueman and in the Navy basic underwater demolition/SEAL course.

"On those teams, and in those

pipelines, you do everything 'for the boys,'" Rosenquist said. "Everything you do is to bring everyone else up. If you're struggling with something, then I'm going to try to help you get through it."

On the George Washington, Rosenquist continues to do what he can to help his shipmates succeed, especially in the gym; he described his dedication to getting to the gym every morning, even after late shifts and little sleep.

"I told [Aviation Electronics Technician 3rd Class Joseph] Legere that I was going to work out with him and I can't let him down,"

Rosenquist said. “It’s tough, but you still have to show up or you’ve let yourself down and let your buddy down.”

He enjoys the challenge and reward of helping his fellow Sailors learn about fitness and discover healthier habits. The first step, he says, is practicing what he prescribes.

“Setting a good example is a valuable part of leadership, whether at the chief or 2nd-class level,” Rosenquist said. “Being available, [being] someone they know they can go to for questions and advice is another way I try to be valuable as a leader.”

Since his team-sports days, Rosenquist has consistently taken care of his body, both by eating carefully and challenging himself physically, but he knows that these habits are hard-won, for some.

Aviation Electronics Technician 3rd Class Evan Streuli is one of the AIMD Sailors Rosenquist has influenced. Rosenquist noticed that his shipmate needed some support and he offered it. They only started going to the gym together a few months ago, but Streuli has noticed the positive effects already.

“I had gained some weight because of quarantine and all that, so I wanted to try to get back into shape. So, we started going to the gym almost every day,” said Streuli.

With Rosenquist’s consistent invitations, Streuli is sticking with his goals.

“Since I started working out every day, I’ve also cut down on drinking [alcohol],” Streuli said. “That’s a huge plus.”

Rosenquist, Streuli and others like them making healthy lifestyle changes has even seemed to be changing the culture of an entire department.

“I’ve bonded with some other coworkers,” Streuli said. “We talk about our progress and success, and I think it can bring people in.”

The impact of a gym habit doesn’t just change the social atmosphere at work.

“I feel a lot [better], and I’m eating better,” Streuli said, “which gives me more energy to get stuff done.”

Rosenquist is enthusiastic about the possibilities of influencing healthy fitness and nutrition habits throughout his department and his ship. A better workplace with more

effective shipmates benefits him, his shop, and eventually the command.

“I think there’s a snowball effect, getting peer pressured into something good,” said Rosenquist. “Being surrounded by healthy people makes you more likely to progress physically and to get or stay healthy. I’ve probably talked to everyone around here about fitness and how they eat. Just thinking about that stuff is a good start; [it’s] better than not thinking about it at all.”

The common ground he finds with his shipmates by modeling a healthy, active lifestyle makes AIMD a better place to work.

“I’ve brought other people from the work environment into that circle. I always start with trying to find one or two other people that end up meshing. That’s how it gets started.”

Healthy Sailors aboard George Washington translate to a greater degree of mission-readiness. The AIMD calibration lab is a small-scale example of how a positive influence like Rosenquist can alter a workplace environment. He has leveraged his personal interest in health and fitness to improve his professional environment, with potential for resounding effects.



Sailors assigned to the aircraft intermediate maintenance department work out together at Huntington Hall.

Culinary Specialist 3rd Class Katherine Medinacruz stocks the kitchen in preparation for dinner.



The Secret Ingredient is Hard Work

ent



STORY AND PHOTOS BY MCSN JACOB VAN AMBURG

Culinary Specialist Seamen Recruit Kimberlee Dillon (right) prepares dinner with Culinary Specialist 3rd Class Artem Kucherenko.



“I HAD A REALLY GOOD WATCH CAPTAIN

WHO TAUGHT ME EVERYTHING. HE MENTORED

ME IN SUCH A GOOD WAY; I WANT TO BE

ABLE TO TEACH MY SAILORS THE SAME WAY HE TAUGHT ME.”

The saying goes, “If you can’t handle the heat, you should get out of the kitchen.” Culinary Specialists assigned to the Nimitz-class aircraft carrier USS George Washington (CVN 73) work day and night to provide food for the crew of the ship.

George Washington’s galley, currently located on the floating accommodation facility (FAF) but soon to be back aboard George Washington, serves three meals a day for its Sailors. The work behind preparing these meals can last all day.

“We’re feeding the whole George Washington [crew] all day, and when people don’t eat, people get hangry,” said Culinary Specialist 3rd Class Katherine Medinacruz, the watch captain assigned to general mess division of the supply department aboard George Washington.

The watch captain is a position assigned in the kitchen. Watch captains are overall accountable for maintaining organization, meal preparation, timeliness and sanitation.

“The process for preparing and serving a dinner is no easy task,” explained Medinacruz. To ensure they have enough food for everyone, culinary specialists calculate an average of the number of people who visited the galley from recent weeks. The higher the recent average, the more portions they’ll make to feed the crew.

“We serve dinner at 4:00 p.m.,” said Medinacruz. “The meal, however, has to be on the line 30 minutes before, ready and presentable. Every day, we assign jobs on who’s going to do what, and we try to make it fair.”

The watch captain starts off the day by assigning each individual a job based on their strengths. For example, if someone is excellent at cooking fish, they’ll most likely end up being the cook on days the galley will serve fish. The kitchen can have a lot of moving parts, and when they’re all working correctly, they create a smooth working environment.

The large amount of work that goes into preparing meals right now on the FAF is still considered small in comparison to the amount of work that will go into serving the whole crew when all Sailors work on the ship every day.

“The FAF is here for the meals that everyone can sit down and enjoy,” said Kucherenko.

Although there can be a lot of stress

from preparing, serving and cleaning up from a dinner, there are also aspects of the job that stand out and make it rewarding.

“For me, my favorite part of being a culinary specialist is teaching,” said Medinacruz. “I had a really good watch captain who taught me everything. He mentored me in such a good way that I want to be able to teach my Sailors the same way he taught me.”

With all the hard work that goes into the dinner, it’s more than just a meal. It’s a way for the Sailors in the kitchen to help shipmates get the proper nutrients to get the ship built.

“We do try every day, and work to be proud of what we do, because it feels good to have a good product,” said Medinacruz.



Culinary Specialist Seaman Nelsie Najera seasons chicken for dinner.

R&R WITH MWR

THE IMPORTANCE OF MORALE, WELFARE AND RECREATION

STORY AND GRAPHIC BY MCSN BONNIE LINDSAY

There is no argument that the lives of military members and their family is not always an easy one, but with trial comes triumph. Nearly anywhere you go in the military, there is a Morale, Welfare and Recreation (MWR) center nearby to assist with the hard times by encouraging good times.

Sailors assigned to the Nimitz-class aircraft carrier USS George Washington (CVN 73) and their families can take part in spirit-boosting MWR events regularly. The George Washington's MWR facility, and the civilian personnel who run it, are currently located inside Huntington Hall in Newport News.

"Morale, Welfare and Recreation is designed to provide programs and activities to boost the morale and welfare of our service members and their families," said Haley Welch, the afloat recreation specialist, or 'fun boss', for George Washington. "MWR benefits our sailors and their families."

The concept of MWR programs exists in the Navy and every military branch, and have all stemmed from the same initial concept.

"The MWR program was developed due to the need for having recreation and fitness professionals in place to help elevate the quality of life and combat readiness of the Sailors during deployments, and when the ship is at home," said Ryan Roberts, the afloat fitness specialist, or 'fit boss', for George Washington. "The afloat fun boss and fit boss positions started in 1985 on the [Emory S. Land-class submarine tender] USS Frank Cable [(AS 40)] and, originally, afloat positions were hired individually by each ship."

Since then, the MWR programs have helped create jobs, impact the lives of military member and their families, and, as intended, boost the morale of those involved.

"Fortunately, I grew up going to a lot of MWR events as a military kid," said Welch. "I loved going to all of the events that MWR put on, whether it was an Easter egg hunt, a 5k, a

chili cook-off or a concert. I always had a blast and it put a smile on my face."

The events that are hosted by the MWR are not the same everywhere. They include a wide array of different types of events, with consideration to involve many people of all different interests and capabilities, and hosted in varying locations.

"MWR is important because we provide our sailors with support by offering programs and activities they can do on and off of the ship," said Welch. "These activities can be sporting events, crafts, group activities, hiking, fishing trips, etcetera. Whether they are interested in physical fitness or leisure activities, there will always be a program or activity going on that you can take part in."

To ensure events are not always too similar or too repetitive, George Washington's fit boss and fun boss have a system to include the direct opinions of the Sailors hoped to be involved.

"Both fun boss and I strive to provide well-rounded programs to the entire crew aboard the mighty George Washington," said Roberts. "The main tool we use in achieving this goal is the RAB (Recreation Approval Board). The RAB is where MWR representatives from each department come to meet once a month listen to fun boss and I propose, or inform them, on what we have planned. All are welcome to come to the RAB meetings, and we encourage input at all levels."

RAB is a great way for Sailors to not only suggest new events, or input their opinions on future events, but it is also a great way to get the latest scoop on upcoming events.

"Besides through the RAB, Sailors can find out what events are taking place by checking their email," said Roberts. "If a Sailor doesn't have access to email, they can visit the ship's MWR webpage. We also work with media [department] to help advertise MWR events around the ship and supporting facilities."

If anyone has questions or suggestions on MWR events and programs, they are encouraged to email fit boss or fun boss, visit them in the Huntington Hall MWR office, or visit them on the ship at 2-148-2-Q, once the crew moves aboard in the spring.

"Getting involved and participating can make a big impact on everyone and everything," said Welch. "Please do not hesitate to reach out to me if you have any ideas about future trips, activities, or events we can do in the future. Any idea is a good idea."

The more involvement that others have with creating new events, the more unique, fun, and successful the events themselves will be.

"You never know what we have in store, so keep a lookout on the horizon for future events," said Roberts. "Each event, whether I was hosting or participating, has been a blast. The best part of being your fit boss is being able to connect with the Sailors who participate."

Everyone on GW can enjoy the effects of MWR's spirit-lifting properties with their events like virtual fitness, movie nights, video game competitions, and sporting events, just to name a few. The attitude of one individual will always affect the attitude of others. Happiness is contagious! Let the MWR bring you morale, welfare and recreation.

For information about future MWR events email Fun Boss Haley Welch (c73.Haley.Welch@cvnit.navy.mil), Fit Boss Ryan Roberts, (c73.Ryan.Roberts@cvnit.navy.mil) or visit www.navymwrmidlant.com.

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MWR

MORALE, WELFARE AND RECREATION!



'Tis the Season: Authorized Outerwear

When faced with cold or inclement weather, please refer to the Navy chart below for authorized outerwear with each uniform. When in doubt refer to Chapter 3 of NAVPERS 15665I (Navy Uniform Regulations), located on the Navy Personnel Command Website.

		Dinner Dress Blue/Blue Jacket	Dinner Dress White/White Jacket	Full Dress Blue	Full Dress White	Svc Dress Blue	Svc Dress White	Svc Khaki Svc Uniform	Summer White	NWU Type III
Outerwear										
All-Weather Coat (Single/Double Breasted)		✓ (1)	✓ (1)	✓ (1)	✓ (1)	✓ (1)	✓ (1)	✓ (1)	✓ (1)	✗
Overcoat (Bridge Coat)		✓ (Officer/CPO)	✗	✓ (Officer/CPO)	✗	✓ (Officer/CPO)	✗	✓ (Officer/CPO)	✗	✗
Peacoat		✗	✗	✓ (E1-E6)	✗	✓ (E1-E6)	✗	✓ (E1-E6)	N/A	✗
Reefer		✗	✗	✗	✗	✓ (Officer/CPO)	✗	✓ (Officer/CPO)	✗	✗
Cold Weather Parka		✓ (E1-E6 only)	✓ (E1-E6 only)	✓ (E1-E6 only)	✓ (E1-E6 only)	✓	✓	✓	✓	✗
Jacket, Black, Relaxed Fit		✗	✗	✗	✗	✓ (2) (Officer/CPO)	✗	✓	✓	✗
Sweater, V-Neck		✗	✗	✗	✗	✓ (2, 3) (Officer/CPO)	✗	✓ (3)	✓ (3)	✗
NWU III Parka		✗	✗	✗	✗	✗	✗	✗	✗	✓
Black Fleece Liner		✗	✗	✗	✗	✗	✗	✗	✗	✓

Notes:

(1) Single Breasted All-Weather Coat authorized for wear until 30 April 2021.

(2) The Black Relax Fit Jacket and V-Neck Sweater are authorized for wear in lieu of the Service Dress Blue Coat (Officer/CPO only). When worn in this manner, these items are authorized for daily wear to and from work, in public places and for attending working level meetings/briefings, but is not authorized for ceremonies, high level meetings/briefings, or when conducting business on Capitol Hill.

(3) The acrylic V-Neck Sweater is **NOT** authorized for shipboard wear. Wool V-Neck Sweaters are authorized for shipboard wear.

'Tis the Season: Authorized Cold Weather Accessories

The chart below summarizes which cold weather accessories are authorized with naval uniforms.

		Dinner Dress Blue/Blue Jacket	Dinner Dress White/White Jacket	Full Dress Blue	Full Dress White	Svc Dress Blue	Svc Dress White	Svc Khaki Svc Uniform	Summer White	NWU Type III
Accessory										
Knit Watch Cap <i>(w/ outerwear only)</i>		X	X	X	X	✓ (1)	X	✓ (1)	X	✓ (1)
Scarf <i>(w/ outerwear only)</i>		✓ (2)	✓ (2)	✓ (2)	✓ (2)	✓ (2)	✓ (2)	✓ (2)	✓ (2)	X
Earmuffs <i>(w/ outerwear only)</i>		X	X	X	X	✓ (1)	✓ (1)	✓ (1)	✓ (1)	✓ (1)
White Gloves		✓ (3)	✓ (3)	✓ (3)	✓ (3)	✓ (3)	✓ (3)	X	X	X
Black Gloves, Leather		X	X	✓ (4) <small>(E1-E6 only)</small>	X	✓ (4)	X	✓ (4)	X	✓ (4)
Black Gloves, Non-Leather		X	X	X	X	X	X	✓ (4)	X	✓ (4)
Black Neck Gaiter <i>(w/ outerwear only)</i>		✓ (5)	X	✓ (5)	X	✓ (5)	X	✓ (5)	X	✓ (5)

Notes:

- (1) The Knit Watch Cap and earmuffs are worn with the following outerwear only: Reefer, Overcoat/Bridge coat, Peacoat, All Weather Coat, Cold Weather Parka and NWU Type III Parka. When authorized by appropriate authority, the Knit Watch Cap will be worn during cold weather conditions that may result in personal injury if not worn.
- (2) May be worn under Reefers/Peacoats, All-Weather Coats, Overcoats, or Jackets.
- (3) White gloves may be worn or carried with uniforms. White gloves are optional (not prescribable) for E1-E6 Sailors. Gloves are removed to shake hands.
- (4) Black gloves are worn and never carried. Black gloves may be worn with the Black Fleece Liner when weather conditions warrant. Gloves are removed to shake hands.
- (5) Neck gaiters may be worn only if authorized by regional commanders (ashore) or afloat commanding officers (within the lifeline of ship/boat/vessel). When authorized for wear, neck gaiters may be worn with the following cold weather outer garments unless otherwise authorized by competent authority: Cold Weather Parka, NWU Type II/III Parka, Peacoat, Reefer, Overcoat, and All-Weather Coat.



Cryptologic Technician (Technical) 3rd Class Stephen Havunen performs maintenance on a dryer valve.

ONWARD AND UPWARD

STORY BY MC3 TATYANA FREEMAN; PHOTOS BY MC3 ROBERT STAMER AND MC3 CORY DAUT

The year 2020 was undeniably challenging for everyone. Starting with devastating fires in Australia, 2020 quickly turned into a monthly horror roulette of “what could possibly happen next?”, with the developing COVID-19 pandemic looming over it all. While the world both struggled with and triumphed over the new challenges, so did the Sailors aboard the Nimitz-class aircraft carrier USS George Washington (CVN 73).

“There were some days that were really hard,” said Mass Communication Specialist 3rd Class Michael Hazlett, a Sailor assigned to the command religious ministries department aboard George Washington.

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“There were days two or three people had to do the job of our entire department, [such as] rip up a deck.”

The challenges Sailors faced this year were not only those at work, due to issues such as decreased manning, but also those in their personal lives.

“I had to take emergency leave because my grandmother was in the intensive care unit (ICU), but thankfully she pulled through,” said Aviation Electronics Technician 2nd ClassCarolynn Hoover, a Sailor assigned to the aircraft intermediate maintenance department (AIMD) aboard George Washington.

Most Sailors were quarantined in their

homes for a couple of months aside from duty days, and although the circumstances were restrictive and frustrating at times, it led to some new hobbies and pastimes to alleviate the boredom that otherwise may not have been discovered.

“I caught up on a lot of shows,” said Hazlett, “And I started pursuing my degree and doing some online college classes.”

The extra free time allowed Sailors to find ways to work through what was happening in the world in a constructive way.

“To make 2020 easier for me, I started cooking more,” said Hoover. “I started trying a bunch of new things to keep myself

busy, and I Facetimed my sisters a lot, too.”

Even though 2020 was chaotic at best, it was not all bad. Accomplishments were still made; Sailors and the USS George Washington still moved forward.

“Some good things which happened in 2020 were that I made some new friends, and I turned 21,” said Hoover. “I also advanced in rank, and I found a new nature park to walk through.”

Good or bad, accomplishments or not, 2020 has trudged on by, and has left us looking forward into the future. Even though some new habits may stick, like wearing masks and social distancing, there is still plenty to be excited about on the horizon.

Whether the excitement comes from shipboard milestones:

“I’m excited to not be stretched between the ship and the FAF [floating accommodation facility] every day,” said Hazlett. “And I’m excited to get our spaces

“Adjusting to wearing masks, reduced manning, the hardships that come with having or being at risk of COVID-19, and through it all, still rebuilding the ship, shows that even in the toughest of times, George Washington Sailors can overcome anything, and hopefully look to some better days on the horizon.”

completed so we don’t have to put a lot more RCOH work into them.”

Or from personal milestones:

“I’m looking forward to going home to Arizona on leave in September 2021,” said Hoover. “It’s been a long time since I’ve seen my family. I’m also looking forward to meeting my new niece.”

Most of us can agree that the best part of 2020, whether it was a good or bad year for each person, is that we can learn from it, and hopefully become even better in the next year. Adjusting to wearing masks, reduced manning, the hardships that come with having or being at risk of COVID-19, and through it all, still rebuilding the ship, shows that even in the toughest of times, George Washington Sailors can overcome anything, and hopefully look to some better days on the horizon.



Boatswain’s Mate 3rd Class Henry Buchholz spray paints a bulkhead.

ADDITIONAL NAVAL MILITARY TREATMENT FACILITIES RECEIVING COVID-19 VACCINE

From BUMED Public Affairs



As it is still early in the COVID-19 vaccination program, there is a finite supply of COVID-19 vaccine. Vaccination distribution prioritization within the Department of Defense (DoD) is consistent with data-driven CDC guidance for national prioritization. The Navy remains in the first phase of the vaccine distribution plan.

Receiving the vaccine is voluntary and the initial doses are being offered to healthcare providers, healthcare support personnel as well as emergency services and public safety personnel.

Prioritized Navy personnel are highly encouraged to get the vaccine to protect their health, their families, their community, and lower the public health risks associated with the COVID-19 pandemic.

“Simply put, I recommend you get the COVID-19 vaccine when it is offered to you,” said Rear Adm. Bruce Gillingham, Surgeon General of the Navy. “To do so is to share the trust that CNO and I have that the vaccines are safe and that receiving them is essential to maintaining our readiness and our ability to do the critically important work of the U.S. Navy. Following the extremely stringent requirements and clinical trials required by the Food and Drug Administration and cutting no corners in the approval process, we now have the essential weapons to defeat this relentless virus.”

Master Chief Petty Officer of the Navy Russell Smith recently noted after getting the

vaccine, “This vaccine protects not just ourselves, but our family, friends and shipmates. COVID-19 is an insidious enemy. I opted in with Admiral Gilday and our Navy Medicine Surgeon General to show that I have confidence in the extensive research and scientific rigor that went into this endeavor.”

LOOKING AHEAD

As manufacturers continue to produce vaccine and the CDC allocates additional doses to the Department of Defense, the number of individuals offered the vaccine will grow. The DoD expects to move into an “Expanded Distribution” phase during which will offer vaccines to additional essential workers and critical national capabilities and personnel preparing to deploy, as well as high-risk populations will be eligible to receive the vaccine.

The timeline for further expansion into a “Saturation” phase in which healthy populations will be eligible for the vaccine will be dependent on the volume of vaccine manufacturers can produce and the allotments available to the DoD and subsequently the Navy.

DoD expects to continue to distribute and administer vaccines through this phased approach until 60% of DoD’s 11.1 million personnel have received the vaccine, at which time DoD anticipates vaccine manufacturing rates to support full-scale, unrestricted vaccine distribution and administration to Department personnel in the same way the Department conducts its annual influenza vaccine program.

There is a lot of information out there and it can sometimes be difficult to sort through it all. Links below are provided to help reach specific information for those interested.

ADDITIONAL RESOURCES:

DOD Vaccination Plan and Population Schema: <https://media.defense.gov/2020/Dec/09/2002548827/-1/-1/0/DOD-COVID-19-VACCINE-DISTRIBUTION-PLAN-AND-POPULATION-SCHEMA.PDF>

Department of Defense Statement on COVID-19 Distribution Plan: <https://www.defense.gov/Newsroom/Releases/Release/Article/2460496/department-of-defense-statement-on-covid-19-distribution-plan/>

FDA COVID-19 Vaccine Page: <https://www.fda.gov/emergency-preparedness-and-response/coronavirus-disease-2019-covid-19/covid-19-vaccines>

CDC COVID-19 Vaccine Page: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html>

Pfizer-BioNTech COVID 19 Vaccine Fact Sheet for Recipients and Caregivers: <https://www.fda.gov/media/144414/download>

Moderna COVID-19 Vaccine Fact Sheet for Recipients and Caregivers: <https://www.fda.gov/media/144638/download>

CDC Frequently Asked Questions about COVID-19 Vaccination: <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html>



THE NAVAL INSTITUTE'S DIVERSITY & INCLUSION ESSAY CONTEST

Sponsored by Raytheon Technologies

THE MEN AND WOMEN OF THE NATION'S SEA SERVICES ARE SOME OF THE BEST AND BRIGHTEST FROM COMMUNITIES ACROSS THE LAND. In the past few decades, the Sea Services have made significant strides in improving diversity in both officer and enlisted ranks in terms of race, ethnicity, gender, and sexual orientation. However, there is still a long way to go. The Naval Institute welcomes essays that address this continuing challenge and offer prospective solutions.

Participants can choose to answer one of the following questions or write on another diversity and inclusion topic:

- What policies of the past to promote diversity and inclusion have worked and not worked?
- What new policy, training, and education initiatives should the Sea Services adopt to improve diversity and inclusion?
- What new recruiting initiatives should the Sea Services adopt to improve diversity and inclusion?

ELIGIBILITY: Open to all contributors—active-duty military, reservists, veterans, and civilians.

GUIDELINES: Essays must be **original** and not previously published, may not exceed **2,500 words** (not including endnotes), and must be submitted as a Word document at www.usni.org/diversity_essay.

DEADLINE: 31 January 2021

PRIZES: **First Prize:** \$5,000

Second Prize: \$2,500

Third Prize: \$1,500

Winners also will receive a one-year Naval Institute membership. Winning essays will be published in *Proceedings* and on the Naval Institute website.

For details, visit www.usni.org/diversityessay.





MARTIN LUTHER KING JR. DAY

JANUARY 18, 2021

"IN A REAL SENSE ALL LIFE IS INTERRELATED.

**ALL MEN ARE CAUGHT IN AN
INESCAPABLE NETWORK OF MUTUALITY,
ATTIRED IN A SINGLE GARMENT OF DESTINY.**

WHATEVER AFFECTS ONE DIRECTLY AFFECTS ALL INDIRECTLY.
I CAN NEVER BE WHAT I OUGHT TO BE UNTIL YOU ARE WHAT YOU OUGHT TO BE,
AND YOU CAN NEVER BE WHAT YOU OUGHT TO BE UNTIL I AM WHAT I OUGHT TO BE.
THIS IS THE INTERRELATED STRUCTURE OF REALITY."

REMEMBER! CELEBRATE! ACT!

