





FOLLOWUS









<u>Healthy Lifestyle</u>

Start the New Year right with a focus on nutrition

Build your basket with us! The Dietitian Approved Thumb (DAT) makes it easy to identify healthy foods that are dense in nutrition from lean proteins, healthy fats and whole grains, etc.

"Let this be your guide to building healthier habits by cooking more meals home, making simple substitutions of healthier ingredients in your favorite recipes or even trying out one of the dietitian-approved recipes on our website. Above all, know that Your Commissary can meet your health and wellness needs," said Deborah Harris, Dietitian, Defense Commissary Agency, MPH, RD, CDE (Masters of Public Health, registered dietitian and certified diabetes educator).

There are approximately 3,200 consumer packaged goods that are in the DeCA portfolio that qualify for the DAT. This number will continue to grow.

GAME ON! Commissary has it for Valentine's Day, heart health and

Okay, inviting 50 people to your big game party will probably violate COVID-19 protocols on social distancing. However, for those close-knit household "bubble" events, service members and their families can still save money on the ingredients for their sports menus at their local commissary.

"Whether it's sweets or flowers for Valentine's Day or the food for your football-watching event, your commissary has what you need at significant savings," said Marine Sgt. Maj. Michael R. Saucedo, the Defense Commissary Agency's senior enlisted advisor to the DeCA director. "And if you want to watch the big game on a new TV, you cannot do better than your exchange for discounted pricing."

Store Director's Scoop

Store Director | Hsiu.coe@deca.mil | 760-256-6760 x3001

Barstow Commissary store are still following COVID-19 guidelines, we require mask for our Patrons. Be safe. February is the Super Bowl month. Check it out. Valentine's Day candies are now available.

Find our store Web pages.

Did you know our store has its own pages on the commissary website?

https://commissaries.com/shopping/store-locations/barstow-mclb Subscribe to Express Line

If you would like to subscribe to Express Line, send an email to: <u>BarstowMCLB.commissary@deca.mil</u> Include "Subscribe me to Express Line" in the subject line.

PHONE	Customer Service Asst. Store Dir. Grocery	ext.3225 ext. 3002 ext. 3009	STORE Hours	Sun: Closed Mon: Closed Tue: 0930-1800	Wed: 0930-1800 Thu: 0930-1800 Fri: 0930-1800 Sat: 0830-1700
Numbers	Produce Meat Secretary	ext. 3002 ext. 3007 ext. 3004		Early Bird Shopping:	No Early Bird

On The Cover:

Cover photo by: Jack Adamyk

Corporal Noah Avila, data systems administrator, and Lance Cpls. Andy Perea, administration clerk, Joseph Mckenzie, supply operations and administration clerk, and JaJuan Curry, network transport operator, maintain COVID safety precautions aboard Marine Corps Logistics Base Barstow, California, as they display toys donated by personnel from U.S. Army's National Training Center, as part of a Christmas in January event, Jan. 22.



Marine Corps Logistics Base Barstow, California Colonel Craig C. Clemans, commanding officer Sgt. Maj. Edward C. Kretschmer, base sergeant major

Communication Strategy and Operations Office

CommStrat Officer: Rob L. Jackson CommStrat Planner: Keith Hayes CommStrat Chief: Laurie Pearson Editorial Assistant: Vacant

Visual Information Chief: Jack Adamyk Graphic Specialist: Anthony Plummer

The editorial content of this magazine is prepared, edited and provided by the Communication Strategy and Operations Office of Marine Corps Logistics Base Barstow, California. Mailing address: Commanding Officer, Attn: CommStrat Office, Box 110130, Barstow, CA 92311-5050. The CommStrat is located in Building 204. Phones: (760) 577-6430, 577-6450, 577-6451, FAX 577-6350, DSN prefix 282.

This magazine is an authorized publication for members of the Department of Defense. Contents of **THE PROSPECTOR** are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the U.S. Marine Corps.

On the web

Links in this publication are interactive in the online version

Website: http://www.mclbbarstow.marines.mil

http://www.facebook.com/pages/ Marine-Corps-Logistics-Base-MCLB-Barstow/116845431679314

http://www.twitter.com/#!/MCLB_Barstow











Contents



Commander's Forum

MPs on base

8



FES accreditation 5



Bike, board & skate safety

11



Teen dating violence 6-7



MCCS Updates

10

COMMANDER'S FORUM

A message to Marine Team Barstow:

"It's not like this everywhere"

In March 2015 I was in Cairo, Egypt just 20 months after over 1 million Egyptians had taken to the street to forcefully remove President Muhammad Morsi from office. Listening intently to our tour guide, I was fascinated to hear her retell how the violent revolt, which she actively participated in, went down in Tahrir Square where we stood. Together, we examined the charred remains of a multi-story building which testified to the anarchy of that day. What was even more intriguing however, was to hear that the tour guide voted for President Morsi, just 12 months before the revolt. Each time I reflect on the tour guide's story, and particularly during Inauguration Week, I'm grateful for the peaceful transition of power which the United States has experienced since 1776. We would be remiss to take our democracy or our way of life for granted ... it's not like this everywhere.

COVID-19 update

The COVID vaccine has been made fully available to our Fire and Police Departments. San Bernardino County residents, over age 65, may also receive the vaccine. However, the County urges patience as vaccination doses are still in short supply. Since California authorized counties to provide COVID-19 vaccines to all individuals aged 65 and over, thousands of older residents in San Bernardino County have begun to receive their first dose or have made a reservation for a future appointment. The County hosts a registration page on its vaccine website for hospitals, pharmacies and county locations that are administering vaccinations. The County will soon announce community vaccination sites, including "super-site" events, and there are new partnerships secured, and in the works, with private pharmacies to distribute the vaccine, including Walgreens and Costco. There currently are six County-run vaccination sites scheduling appointments for qualified individuals:

- ARMC Family Health Centers in San Bernardino and Rialto
- Hesperia Health Center
- Ontario Health Center
- San Bernardino Health Center
- County Human Resources Test Center (County employees only)

There are also currently more than 10 Vons, Sav-On, Rite-Aid and Ralph's pharmacies serving as vaccination sites, as well as six hospital sites. For more information see the Vaccine Locations & Registration link on the County's COVID-19 Vaccination site:

sbcovid19.com/vaccine/

Congratulations!

Bravo Zulu to GySgt Denton who received a Navy Commendation Medal as he PCS'd to Okinawa, Japan – best wishes!



Official U.S. Marine Corps photo

Job extremely well done to Sgt. Pacheco who received a CERTCOM for shooting a 345 out of 350 on the rifle range.

New Joins

- Maj. Bowling checked aboard as 1st FSB's XO
- MSgt. Worster came TAD to assist with Maintenance and FSMAO
- GySgt Guzman joined S-3, and
- LCpl McPherson reported for duty at PMO. Welcome, to each of you!

Farewell to

- LCpl Lozano (terminal leave)
- Sgt Crouch (PCS)
- SSgt Byrne (PCS)

Thank you for the hard work and support you've provided to this Base and its mission!

Semper fidelis

Colonel Craig C. Clemans Commanding Officer Marine Corps Logistics Base Barstow





FES earns international accreditation

Story by: Laurie Pearson COMMSTRAT Chief

Pire and Emergency Services aboard Marine Corps Logistics Base Barstow, California, has received Accredited Agency status with Commission on Fire Accreditation International, Jan. 21.

"This is a process of agency self-assessment and Continuous Process Improvement," said Paul Purdy, FES fire chief. "We were the first fire department in the Marine Corps to be accredited in 2010 and again in 2015. Then every five years we go through the entire process again along with an Annual Compliancy Report that goes in front of the Commission to be voted on in order to maintain accreditation status."

The Department of Defense has many mechanisms to evaluate their fire programs. Speaking specifically to different DoD component's FES divisions such as Army, Navy, Marine Corps, Air Force, Defense Logistics Agency, each has its governing document that supports the overall governing DoD processes.

"For example, the Army Fire Regulation is the AR-420, the Marine Corps' is Marine Corps Order 11000, and for the Air Force, it is AFI 32-2001 and so on," Purdy explained. "The USAF utilizes the Commission on Fire Accreditation International model to build the fire department inspection criteria for their program. This inspection is called the Fire and Emergency Services Self-Assessment Program."

The Marine Corps has utilized the CFAI model since 2010 whereby the Commanding General of Marine Corps Installations Command ordered it as a policy for all USMC fire departments.



Photo by: Jack Adamyk

Ryan Tworek, deputy fire chief, Paul Purdy, fire chief, Col. Craig C. Clemans, Commander of Marine Corps Logistics Base Barstow, Capt. Mark W. Machado, chief of police, pose with their award after Fire and Emergency Services was unanimously voted to be internationally accredited by the Commission of Fire Accreditation International on MCLB Barstow, California, Jan. 21. The accreditation process is continuous and helps keep the fire department on an ever-improving path.

"The USMC has taken it another step forward and has aligned each chapter of our MCO 11000.11 to mirror the CFAI Categories," Purdy said. "Even before the USMC mandated following the Commission on Fire Accreditation International model, our organization recognized the worth of going through the accreditation process a number of years prior when Chief Thomas Thompson was the Fire Chief for MCLB Barstow. So when I became the Accreditation Manager at MCLB Barstow in 2007, we adopted the model and became accredited in August 2010."

Although the Marine Corps Order does not make it mandatory to become accredited, in Purdy's opinion, it helps to ensure the success of the organization. The agency is one of more than 250 agencies to achieve Internationally Accredited Agency status with CFAI and the Center for Public Safety Excellence, Inc.

"We opted to go through the entire process, and we continue to go through the process each year, and we have been successful," he said. "Throughout the Marine Corps F&ES we have been accepting more risk than ever before, funding is being cut and our operational tempo and levels of service are not diminishing. We still have the same mission to accomplish and being able to do a 100 percent self-assessment of our department utilizing all CFAI categories, has paid dividends in showcasing to the Command and Base populace. This is what we do: We assess all areas of what we do, how we do it in detail, appraise how we do it, and have to include an improvement plan."

CFAI is dedicated to assisting the fire and emergency services agencies throughout the world in achieving excellence through self-assessment and accreditation in order to provide continuous quality improvement and the enhancement of service delivery to their communities.

"Doing a 100 percent self-

February highlights Teen Dating V

Story by: Laurie Pearson COMMSTRAT Chief

With 33 percent of adolescents and 25 percent of high school teens in America

falling victim to sexual, physical, verbal, or emotional dating abuse, the Behavioral Health staff are highlighting events to prevent those abuses throughout the month of February aboard Marine Corps Logistics Base Barstow, California.

"Dating violence impacts millions of teens in the U.S. each year," said Michelle Adams, Prevention and Education specialist and victim advocate with

the BH section.

Data from Centers for Disease Control's Youth Risk Behavior Survey and the National Intimate Partner and Sexual Violence Survey indicate that:

Nearly 1 in 11 female and 1 in 15 male high school students report having experienced physical dating violence in the last year.

About 1 in 9 female and 1 in 36 male high school students report having experienced sexual dating violence in the last year.

Approximately 26 percent of women and 15 percent of men who were victims of sexual violence, physical violence, or stalking by an intimate partner, in their lifetime, first experienced these or other forms of violence by

that partner before age 18.

"There are many factors that may attribute to the rise in numbers for teen dating violence, such as exposure to violence in the home or community, being a victim of bullying, genetic factors, exposure to violence in the media, use of drugs or alcohol, previous aggressive or violent behavior, being a victim of physical or sexual abuse, lack of education and resources, or a combination of stressful family socioeconomic factors such as poverty, divorce, single parenting, unemployment, loss of support," Adams explained.

Adams pointed out that in some cases, teens may

believe some of the following:

They have the right to "control" their female partners in any way necessary

"Masculinity" is physical aggressiveness

They "possess" their partner

They should demand intimacy

They may lose respect if they are attentive and supportive toward their girlfriends.

They are responsible for solving problems in their relationships

- Their boyfriend's jealousy, possessiveness and even physical abuse, is "romantic"
- Abuse is "normal" because their friends are also being abused
 - There is no one to ask for help "Emotional abuse is the most common type of abusive conduct in teenage

relationships," she said. "Emotional abuse is reported by 76 percent of all teens who report teen dating violence. However, emotional abuse tends to be talked about much less frequently than other, more identifiable and immediately dangerous types of harmful conduct."

While physical and sexual abuse may have immediately threatening repercussions, emotional and psychological abuse can cause just as much damage to a teen in the long run, according to the Behavioral Health team. Recognizing some of the signs of emotional abuse in teen dating relationships can help with guiding the teen toward proper interventions and assistance.

Some of the signs of abuse to look for include:

- Teens withdrawn from and uninterested in ordinary activities
- Unexpected and unexplained mood swings
- Demonstrated fear of upsetting their partner
- Reluctance to engage in activities without their partner, for fear of retribution
- Low self-esteem and self-worth
- Drug and alcohol use, and/or
- Self-harming and/or suicidal behaviors

"Other abuse can include physical abuse, sexual abuse or date rape, as well as digital abuse," said James



Maher, BH section head. "Digital abuse is pretty common in teens and can include harassment or threats in emails, texts and social media. Some forms of digital abuse can include the use of social media to stalk or keep tabs on partners, constant text messaging, and sending explicit photos."

Resources are available both, online and in the local community. By engaging in base events, teens and their families can gain an education in the methods of abuse, as well as the best ways to avoid those circumstances.

"One way to help teens protect themselves against abuse is to teach them exactly what it is and then how to set and maintain healthy boundaries," Maher said. "Many times, dating abuse begins with

iolence Awareness and Prevention

testing the partner's stated boundaries and ignoring their requests to stop. Unwanted teasing, excessive jealousy or possessiveness, and direct harassment are forms of emotional abuse and also can set the stage for potential physical violence. These boundary-pushing behaviors are not normal, and they are not a sign of love. Basic respect and mutual consent form the basis of all healthy relationships."

If someone experiences abuse, they should seek help from friends, parents, teachers, school counselors, other trusted adults, or perhaps reach out to the Family Advocacy Program or police department on base. Behavioral Health staff can also help teens and their families put a safety plan in place, as well as teach them how to hold the

VIOLENCE

AWARENESS

MONTH

more info, please visit:

Family Family Advocacy Program

revention-education

abuser accountable.

"Starting the conversation with someone can be difficult, but is necessary to let them know you have noticed things that concern you," Adams said. "Help them identify these behaviors by connecting them to national and local resources and sharing information on healthy vs non healthy relationships. Be supportive and not judgmental to help them trust you and want to get help. Connect them to the resources like the Family Advocacy Program, a counselor, a victim advocate or a chaplain. If you feel

that someone is in immediate danger and their life is at risk than you can get support by calling 911."

Teens face peer influence or peer pressure with things such as smoking, drugs and alcohol, having sex or engaging in sexual activities or unprotected sex, engaging in risky behavior, engaging in criminal behavior and more. They might feel pressured to not tell someone about abuse. Some of this behavior can cause trauma, anxiety and depression.

"Some things that can help diffuse peer pressure are going on group dates instead of one-on-one dates," Adams suggested. "It might also help to think of what to say in advance in case someone tries to pressure you. Be ready to call your parents or friends if you need to leave a date and have a code word that you've discussed with them."

For safety reasons it is important that the teen tells a parent where the date will be held and until what time. If something happens and the teen needs assistance, they can text the code word to the



parent, and the parent can come pick them up, or call them with a made-up story insisting they come home immediately. The date doesn't need to know that a call or text was pre-designed and planned for safety.

"No one should ever feel obligated to do something they are not comfortable doing and it's important to teach their children that it is okay to say 'no' and express how they feel," Adams said. "Parents can also model healthy relationships and demonstrate how honest communication builds trust. Talk with teens about the importance of being respected, and respectful, in relationships. Teach them to use social networks and other digital media responsibly."

The Family Advocacy Program and Sexual Assault and Response Program offers free Self Defense Classes which will resume once restrictions are lifted. There are also some local resources which provide virtual, online videos.

"We encourage everyone to get involved in an activity such as self-defense in order to know what to do in case of an attack, to gain self-defense techniques and to increase self-confidence and safety," Maher said.

This February Behavioral Health staff have some interactive events planned for teens, ages 10-17. Some of these events include:

- Teen Art Contest from 1-22 February 2021
- Wear Orange Day Feb. 9
- Teen Selfie Scavenger Hunt Feb. 17
- Take and Make Bags Feb. 24

For more information about these events, you can visit the Family Advocacy Program in Bldg. 218 or call: (760) 577-6533. The after-hour support line is: (760) 577-6484.

Other resources include Military One Source, Loveisrespect.org, thatsnotcool.com, and breakthecycle.org.



Military and civilian police join forces

Story and photo by: Keith Hayes COMMSTRAT Planner

Combining civilian police officers and Military Police personnel to staff the Marine Corps Police Department provides an enhanced law enforcement presence aboard Marine Corps Logistics Base Barstow, Calif.

Captain Mark Machado, MCLB Barstow's police chief and provost marshal, has been overseeing the influx of Marine Corps Military Police personnel coming in from divested MP battalions as well as MPs coming right from the United States Army Military Police School.

"Right now we have 12 MPs on hand, of which 10 are on the patrol force and we have two Military Working Dog handlers," he said. "With the exception of two MPs coming from Okinawa, Japan, the rest are from USAMPS at Fort Leonard Wood, Mo., and this is their first duty billet."

Machado said most of the MPs coming from the schoolhouse are arriving aboard base with all of the certifications they need to begin training with the Field Training Officers in the department. This saves a lot of time in getting them out on patrol and manning the gates at both the Nebo and Yermo Annex sides of the base.

"With civilian police officers, we have to go through the hiring process, and then send them away for three months to the civilian police academy, which is also at USAMPS, then have them go through the four month training period with their FTOs before they can operate autonomously," he said.

"The Marines are filling in key positions at the lower levels as far as the gates are concerned," Machado said.

"They're really hard workers and eager to learn.



(Left) Corporal Noah Avila, data systems network technician with S-6 Communications Department, and a specially trained member of the Security Augmentation Force, staffs the commercial gate entrance to the base along with Lance Cpl. Kimberley Mendez, Fuels Clerk and SAF member, and Military Policeman Lance Cpl. Briar Roberts, aboard Marine Corps Logistics Base Barstow, as a Fire and Emergency Services ambulance responds to an off-base call, Jan. 13.

This ensures that security we provide aboard MCLB Barstow remains at the highest level possible."

"Prior to the divestments of the MP battalions at Marine Corps Base Camp Pendleton and Marine Corps Base Camp Lejeune, the Fleet Assistance Program would send Marines to large bases needing additional law enforcement personnel, but they wouldn't necessarily have the official law enforcement Military Occupational Specialty," he explained.

When the all of the FAP spots in the Corps are filled by MPs and civilian police, those Marines working under the FAP would be returned to fleet to bolster the numbers, the captain said.

When all of the 22 spots for MPs are filled aboard MCLB Barstow, the provost marshal will have the flexibility he needs to the fill shifts suddenly reduced by officers whom may contract COVID or other illnesses, or may be deployed themselves.

"Civilian police officers serve six months on day shift and six

months on night shift," Machado said. "MPs, however, are not subject to the law enforcement union stipulations, so I can take an MP from night shift and put them on day shift without having to go through the union, which saves a lot of time and ensures our base security stays at high levels."

Large Marine Corps bases usually put two MPs together on patrol or two civilian police officers on patrol, but Machado has changed that up for a combined team.

"I did that on this base because I wanted a fully integrated force. Marines working with FTOs allows both of them to learn from each other," he said.

Lance Corporal Anya Hunter is one of the new MPs aboard base, coming straight from USAMPS to her first duty station at MCLB Barstow.

"I think the civilian police department has very good police officers," she said. "The civilian POs have a different way of looking at things than the

MPs cont. on page 10

Around the Corps



Photo by: Lance Cpl. Mackenzie Binion

Marines with Marine Medium Tiltrotor Squadron 164 (Reinforced), 15th Marine Expeditionary Unit arm the ordnance of a UH-1Y Venom in preparation for takeoff from the flight deck of the amphibious transport dock ship USS Somerset (LPD 25). The Makin Island Amphibious Ready Group and the 15th MEU are conducting operations in the U.S. 6th Fleet area of responsibility.



Photo by: Cpl. Rachel K. Young-Porter

Group and the 15th MEU are conducting operations in the U.S. 6th Fleet area of responsibility.

A Navy corpsman administers a Marine with the Pfizer-BioNTech COVID-19 Vaccine on Camp Lejeune, North Carolina, January 15, 2021. Marines with 24th Marine Expeditionary Unit are receiving the COVID-19 vaccine before deployment overseas.





Photo by: Lance Cpl. Scott Aubuchon

Lance Corporal Eric Kassow, a rifleman with 3d Marine Division, provides security during the 3d Marine Division Rifle Squad Competition at Camp Gonsalves, Okinawa, Japan, Jan. 12, 2021. The week-long competition tests jungle survival skills, basic infantry tactics, and excellence in weapons handling. The competition participants are currently attached to 4th Marine Regiment as a part of the Unit Deployment Program. Kassow's hometown is Cincinnati, Ohio.

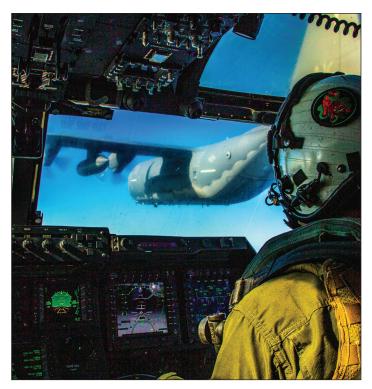


Photo by: Cpl. Jacob Wilson

Major Jacob Dunn, operations officer, Marine Medium Tiltrotor Squadron 363, prepares his MV-22B Osprey for a tiltrotor air-to-air refueling exercise over the Hawaiian Islands, Jan. 14, 2021. VMM-363 was supported by airmen from the Alaska Air National Guard using a C-130 to execute the aerial refueling operation.

MPs do because they are civilians," Hunter said.

"The combination of civilian POs and Marines MPs on law enforcement duty helps me learn how to better communicate with civilians I may encounter on the job. Being from the Marine Corps culture I can already work with the Marines I encounter," she added. "I think the Marines appreciate having an MP aboard base."

"I believe that having MPs on calls that involve Marine personnel sets a calmer tone because the Marine is thinking 'I'm talking to another Marine rather than a civilian PO," Machado agreed.

"I think it's great that the two forces have been combined. It's made MCLB Barstow a better environment. In the past the

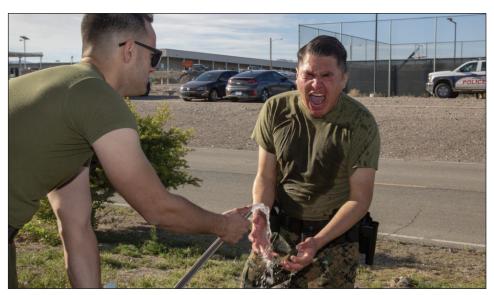


Photo by: Laurie Pearson

Lance Corporal Jeremy J. Tom, warehouse clerk, screams in pain as Lance Cpl. Noah M. Avila, data systems administrator, tries to help him by spraying him with cold water, after Tom was sprayed with OC spray as part of the Security Augmentation Force training held aboard Marine Corps Logistics Base Barstow, California, April 1.

Corps has not sent very many Marines here, but I appreciate the Corps starting to send more Marines to MCLB Barstow again because it really improves the base and represents to those outside the wire more of what a Marine base should look like," the chief said.

Fire, cont. from page 5

assessment, top to bottom, and really evaluating are programs is essential," Purdy said. "With going through accreditation we can justify their requirements, align it to mission, and show the impact of how delivering those services can



Photo by: Carlos Guerra

The Marine Corps Logistics Base Barstow Fire Department trained for three days at MCLB beginning on January 7th on hazardous materials procedures. MCLBB FD members received detailed instructions on handling chlorine gas leaks in cylinders and on rail cars.

sustain our department periods of cut backs. We have obtained funds to refurbish multiple apparatus, acquired additional fire engines and ambulances, remodeled fire stations, and we are in the process of building a new fire station and upgrading the training facility. We have also received funds for a live fire training, and put in place a multi-level service contract to maintain, test and certify tools and equipment, all while not taking a cut in essential F&ES staffing."

As fire department managers we have the responsibility for assessing what the department is doing as a whole and how well we are doing it. In doing so, it allows us to develop plans to bridge gaps in performance and programs.

"As DoD Fire Officers we are certified at the Officer 3 and 4 levels," he said. "Those competencies that we are certified at give us the know-how to author a strategic plan, standard of cover, and risk assessment and give us a great foundation as executive level leaders to manage a department and its personnel. We have embraced the CFAI accreditation process because in my opinion, there is nothing that is more in-depth and that delivers holistically to a fire department and its community other than this process."

Bicycle, skateboard and roller skate safety on base

Submission by: Lt. Robert Johnson Security and Emergency Services

Given a recent increase in inquiries regarding bicycle safety aboard Marine Corps Logistics Base Barstow, California, the Marine Corps Police Department has issues the following reminder about Base Orders and regulations for bicycles, skateboards and roller skates:



BASE ORDER 5500.13C

3002. BICYCLE SKATEBOARD AND **ROLLER SKATE** REQUIREMENTS

1. All personnel who operate bicycles, skateboards, roller skates, or roller blades (in-line skates) aboard MCLBB streets and roadways will comply with the safety provisions contained in Base Order 5100.11 H, which states in part:

a. Use of bicycle helmets approved by the American National Standard Institute (ANSI)

or Snell Memorial Foundation is mandatory by all personnel, regardless of age, who ride bicycles aboard the installation streets and roadways. Workers operating bicycles in areas that require the use of ANSI approved helmets (hard hats) for protection from falling and flying objects can use those helmets instead of the approved bicycle

b. Bicycles will be equipped with

helmets.

spoke/wheel mounted reflectors for increased visibility.

During periods of reduced visibility, and before morning colors and after evening colors, bicyclists will wear a reflective vest or a reflective belt.

c. Skates, skateboards, and scooters (motorized and non-motorized) shall be operated with the appropriate Personal Protective Equipment (PPE) (e.g. ANSIapproved helmets, shin, knee, elbow, and other absorbing pads). During periods of reduced visibility and after evening colors, a reflective vest or reflective belt shall be worn.

2. Bicycles will not be operated on sidewalks or against the flow of traffic, and skateboards will not be operated on streets or roadways.



In addition, per the same order:

7002. THIRD PARTY **CITATIONS**

1. Third party citations will be written on Armed Forces Traffic Citations only, and for significant violations such as: a. Speeding

b. Reckless driving.

c. Failure to wear protective clothing or safety equipment while on a motorcycle.

d. Failure to wear seatbelt.

e. Use of cell phone while operating a motor vehicle (on base only)

2. All reports should provide as much information as possible, such as the state license plate number, a description of the



vehicle, a description of the driver and the time and place of the violation.

3. No report will be acted upon unless the reporter identifies oneself and indicates a willingness to testify against the violator.

4. The police officer/military policeman receiving the report shall evaluate the validity and provability of the alleged offense. If it is reasonably determined that the offense is not valid, or is not provable in base traffic court, the third party citation will not be written. If the accuser wishes 2 Enclosure (7)

to contest the decision or to not accept the report, they will be directed to MCPD Operations Chief or Operations Officer.

Failing to wear required protective clothing and/or equipment while operating a bicycle or other wheeled conveyances. Is a citable offense per the base order but does not meet the above stated requirements for a third party citation. In order for a citation to be written an officer would have to witness the offense. Hope this helps.

If you have any questions, or concerns, please call 760-577-6020.

Respectfully,

Lieutenant Robert A. Johnson II Traffic Collision Investigations Division Chief Marine Corps Police Department





MARINE CORPS LOGISTICS BASE BARSTOW

To preserve the health and welfare of base employees and to help limit the spread of COVID-19 the following are changes to base activities and areas of

Postponed or closed

- Self defense
- Spin
- Pass & ID Nebo 101
- Pass & ID Yermo 406
- Swim lessons
- Play mornings
- Wellness series

MFP Virtual Events

For a list of MFP virtual events, dates, times and links, contact Beth Simpson, MFP coordinator, 760-577+6675, or visit https://www.facebook.com/MCFTBBarstow/

Modified hours and services

Leatherneck Lanes Bowling Center & kitchen open w/modifications:

• Call 760-577-6264 for hours, reservations (recommended) and to place a food order.

Marine Memorial Golf Course open w/modifications:

• Call for details 760-577-6431

Semper Fit Gym:

- Unmanned hours for all permanently assigned DOD employees on base begin Sept. 16. Call 760-677-6812 to make an appointment to register your CAC ahead of time.
- Combat room CLOSED.

SMP/Rec. Center:

- Single Marines only, no guests Mon. Fri. 11 a.m. 1 p.m. and 3 p.m. -7:30 p.m.
- Closed Thursday nights, as well as Sat. & Sun. during COVID restrictions.

Oasis Pool and Water Park: CLOSED FOR THE SEASON Route 66 Cafe:

• Open for dine-in and take out. Can also call orders in ahead at 760-577-6428.

Commissary:

- Open every Tues. 9 9:30 a.m. for active duty and spouses only.
- Open Tues. Fri. 9:30 a.m. 6 p.m. and Sat. 8:30 a.m. 5 p.m.
- NOTE: IDs are mandatory and will be verified.

Base Library:

• Open Mon. - Fri. 8 - 11 a.m..

Personal & Professional Development:

Available via Telework

Behavioral Health:

- Telehealth services available
- To set an appointment, call 760-577-6533

Auto Skills Shop:

- Open every other weekend, Sat. 8 a.m. 5 p.m. and Sun. 10 a.m. 6 p.m.
- Call Bruce for further information, 760-577-6260, 760-267-1075

ITT:

• Open Mon. and Thurs. 11 a.m. - 1 p.m.

Pass & ID 236:

• Appointment only, 760-577-6969

Thrift Store:

- Open Tuesdays and Thursdays 9:30 a.m. 12:30 p.m. and the first Saturday of each month 1 4 p.m.
- Closed November 24 and 26 for Thanksgiving holiday.

For additional information about the base, go to https://mccbbarstow.marines.mil For a complete list of MCCS hours and services impacted by COVID-19, go to http://mccsbarstow.com/Impact/