

00
ea
Her
P
D
inside
this week
TAR BOXING
United States Armed
es boxing team, com-
d owo Marines, five
and one airman,
id Lejeune this
h train for the World
ry boxing
ship. Next month,
ari will enter the ring
too. South Africa with
s oising the U.S.
i vory. Read more
th op Armed Forces
s n resenting the
ari Stripes on 1B.
formats, AM/FM
ound Effect for
Sereng
Collect
HABER
aniological and
ca: defense special-
nnt chamber
g, ach Marines
ok skills to handle
ner in a chemical
nnt. Read story
MIT WORKSHOPS
ny of Camp
e children deal with
ti deployment
eal and it can be a
tia for them. Turn
urn what fun
op Marine Corps
m Building has
aid these child-
n deployments.
NEWS
atch
WARRIORS
W died this past
port of
aqi Freedom.
n W. Maloney,
epee, Mass.;
e Jaime, 22, of
ev; Tyler S.
of
sa Texas; Lance
an J. Crumpler,
Charleston,
H. Heldt, 26, of
o.; Chad B.
of Montrose,
an R. Flores,
antonio; Dion
1, of Los
u Privates first
th B. Clemons,
moester, Tenn.
nu P. Klinger, 21,
sta Pa. Maloney,
ouon, Flores,
Hiet and
e assigned to
editionary
owrd).
t tekk, Klinger
now were
d to MEF.
IMPROVING
a dity of insur-
ata: coalition
as maintained con-
at last year,
an improved
ea ports have
eased the severi-
attas. According
ente n, more
a pridng valu-
me n, helping
law forces hunt
sunt leaders.
is to being
the uining of the
ona Guard, which,
g officials, is the
houring the country.
ON INJAN
unity forces along
imal Combat
2d Marine
comie con-
opelions for
on Injar which
on lating hid-
port caches and
insuents sanc-
the luthern
ar eson on Al
hree weapons
were und June
sting of several
mour and
round.
Call Toll F
1-888-480-
Shop Online
www.freedom4
Visit Us at On
9 Superst
of your creed. Freedom has a p
months with 15% down at 15.9%

Regimental Combat Team-2 frees hostages

STAFF SGT. TIMOTHY S. EDWARDS
2d Marine Division

AR RAMADI, Iraq — Iraqi Security Forces and service members with Regimental Combat Team-2 rescued four Iraqi men from an insurgent torture chamber in Karabilah, Iraq, while conducting Operation Romhe June 18.

The four men, who had been beaten and tortured with elec-

trical shocks, were provided medical care and transported to a medical facility.

"The torture house, discovered by Company K, 3rd Battalion, 2d Marine Regiment, provides another sobering glimpse into the murder and intimidation campaign being waged against the citizens of Al Anbar Province," said Lt. Col. Christopher C. Starling, the operations officer for RCT-2.

Iraqi Security Forces and coalition forces, operating from intelligence obtained by advanced reconnaissance, entered a building complex thought to be either a vehicle-borne improvised explosive device factory or a cache site for weapons and ammunition.

"There were definite indications of bad guys there," said Col. Bob Chase, operations officer for the 2d Marine Division. "But nothing had prepared them for what they found going in."

The hostages were found malnourished, dehydrated, beaten, bruised across the back, blindfolded and cuffed to a wall, according to Chase. One was found under a stairwell away from the others. He was at first thought to be dead.

According to the hostages, they had been held for approximately three weeks and were never told why.

Medical care for the



General Michael W. Hagee, commandant of the Marine Corps, presents his coin to various Marines of the 26th Marine Expeditionary Unit (Special Operations Capable) who were recommended by their respective command on the flight deck June 17. Hagee also visited 26th MEU (SOC) and Navy personnel aboard the amphibious transport deck USS Ponce and dock landing ship USS Ashland before arriving to the Kearsarge.

Commandant of the Marine Corps drops in on 26th Marine Expeditionary Unit at sea

GUNNERY SGT. MARK E. BRADLEY
26th Marine Expeditionary Unit (Special Operations Capable)

ABOARD USS KEARSARGE — The Marines and sailors of the 26th Marine Expeditionary Unit (Special Operations Capable) received a special visit June 17 when the commandant of the Marine Corps visited the troops deployed aboard the ships of the Kearsarge Strike Group in the Arabian Gulf.

General Michael W. Hagee addressed the massed Marines and sailors on each of the ships giving them his views on the War on Terrorism and the role of the Expeditionary Strike Group.

The commandant wasted no time addressing the one question most Marines and sailors of the 26th MEU (SOC) had on their minds, as they prepare to enter the second half of deployment. "Why has the MEU not been deployed into Iraq?"

The commandant stressed the

Protecting yourself from credit card fraud

LANCE CPL. BRANDON R. HOLGERSEN
Marine Corps Base

A government credit card can be a useful tool when a Marine is on temporary additional duty, but if a government credit card falls into the wrong hands, it can be a nightmare.

Headquarters Marine Corps has recently received a fraud alert concerning government travel charge cards from Bank of America concerning a fraudulent e-mail that asks service members to update their account information.

Bank of America will never contact a person by e-mail or phone calls at their place of residence in regards to their personal information or credit card numbers, according to Staff Sgt. Lucia Martinez.

Credit card fraud costs cardholders and issuers hundreds of millions of dollars each year. Theft is the most common method, but there are other forms of fraud. An individual could get a cardholder's credit card number and use it to buy products.

Credit card fraud will never cease, but there are a few simple precautions cardholders can take to make sure they aren't being scammed.

Department of Defense personnel should never give away their personal information, such as credit card numbers or their social security on e-mails, according to Sgt. Westly D. Nuttall, the government charge card advisor for Headquarters and Support Battalion, Marine Corps Base.

They should also not give their credit card numbers to friends and should shred important documents, according to Nuttall. Service members should sign their government credit card as soon as they get it, report any questionable charges promptly, keep an eye on their card during transactions and get it back as quickly as possible.

Service members should never sign a blank receipt and when a receipt is signed, they should draw a line through any blank spaces above the total. Department of Defense personnel should never give their credit card number over the phone unless they are making a call to a company that is reputable, according to the Federal Trade Commission Web site at www.ftc.com.

Government credit cards are for temporary additional duty only for Headquarters and Support Battalion and are only active when a Marine is TAD, according to Nuttall.

Camp Lejeune offers free motorcycle safety course

LANCE CPL. SHANE SUZUKI
Marine Corps Base

As warm weather and Marines on motorcycles combine again for what proves to be an all too often deadly combination, local commands and the Motorcycle Safety Foundation of North Carolina are teaming up to combat unsafe motorcycle riding practices.

A motorcycle safety course taught every weekend at both Coastal Carolina Community College and Camp Johnson is working to cut down the needless injuries and deaths that seem to plague the Marine Corps every summer.

"I think all riders should take a safety course every two years," said Hank Hangsleben, a motorcycle course instructor at CCC. "Marines are getting hurt and even killed because they aren't learning the correct ways to ride. We teach them the proper techniques and procedures that will save their lives in the long run."

To help encourage Marines to learn the basic safety techniques that will hopefully cut down on fatal and serious motorcycle accidents, the Base Safety Office is granting vouchers that will cover the costs of attending the three-day course, according to Hangsleben.

In order to enroll in the course, a rider must have a motorcycle learner's permit or endorsement on their license. For the military vouchers, a military identification card and a driver improvement card if under the age of 26, said Mark Scott, traffic safety specialist, Base Safety Office.

After getting the vouchers, there are two courses riders can choose from, a basic course and an advanced course. The beginner's course spends time on the



Debbie Hangsleben, a motorcycle safety course instructor at Coastal Carolina Community College, demonstrates the proper riding techniques during a sharp turn June 11 in the CCC parking lot.

basics such as shifting and smooth braking, while the advanced course handles topics such as techniques while riding at higher speeds, according to Hangsleben.

Another reason to take the safety course, said Scott, is it's a requirement to get a base sticker for motorcycles.

A motorcycle safety course is mandatory for all riders on base, according to Marine Corps Order 5100.19E.

Motorcycle safety is always a concern for the Marine Corps, especially with so many Marines coming back from deployments with extra money in their pockets and buying motorcycles, said Hangsleben.

According to the Naval Safety Center, the Marine Corps is on pace for 32 vehicle-

WEATHER

Friday

HI 84 F°
Low 69 F°

Saturday

HI 84 F°
Low 70 F°

Sunday

HI 85 F°
Low 70 F°

INDEX

Commentaries	2A	Lejeune Sports	1B
Man on the street	2A	Beat the Experts	2B
Lejeune Deployed	3A	Main Side	1C
Around the Corps	4A	Courts-Martial	2C
Health and Safety	5A	Classifieds	4C
Career and Education	7A	Carolina Living	1D
Money Matters	8A	Movies	2D
Veteran Affairs	9A		

Man on the street

What event of the last year will go down in Marine Corps history?



"When the Marines took over from the Army and surrounded the city of Fallujah and took it street by street."

Cpl. Malcom Thomas
Marine Air Support Squadron 1
Cherry Point, Havelock, N.C.

"The fight for Nasaria, I knew some of the leaders there that lost Marines. I think it will be talked about as one of the biggest battles the Marine Corps fought recently."



1st Lt. Joshua Lash
Headquarters Battalion, 10th Marine Regiment, 2d Marine Division
Greenwood, Ind.

"The Battle of Fallujah will be remembered in Marine Corps history."



Seaman Julian Mask
1st Battalion, 8th Marine Regiment
Headquarters and Support Company, 2d Marine Division
St. Pauls, N.C.

"The HMM-263 squadron switching to the V-22 Osprey will go down in history because it is the first time that has happened."



Lance Cpl. Amber Flowers
New River Installation Personnel Administrator Center
Magnolia, Ark.

"Retaking Fallujah and the resistance and the casualties they faced."



Staff Sgt. Eric Hernandez
2d Force Reconnaissance
Palm Beach, Fla.

A farewell to Marines

Guest Commentary
H. THACKER

How sad to see
My neighbors across
Loading boxes and brooms.

Moving truck mutely parked
Memories lingering low
Of places long ago.

Oaks and myrtles barren
Azaleas in mourning
Dogwoods and heavy hearts.

Snow on the ground
Blankets of white
Cammies and combat boots.

Buddies in and out
Helping hand aplenty
Found only in crucible.

True friendship in action
Tested in battles
Bond of a lifetime.

Miscellaneous, loose items first
Dressers and drawers
Tables, chairs, TV stands.

Procession on a ramp
Household goods abound
Her vacuum cleaner last.

Infant in her arms
Resigned to the cab
Emotions in disciplined hold.

Parting is vintage wine
When going home
A renewal of life.

A farewell to Marines
Privates and corporals
Sergeants, gunnies and generals.

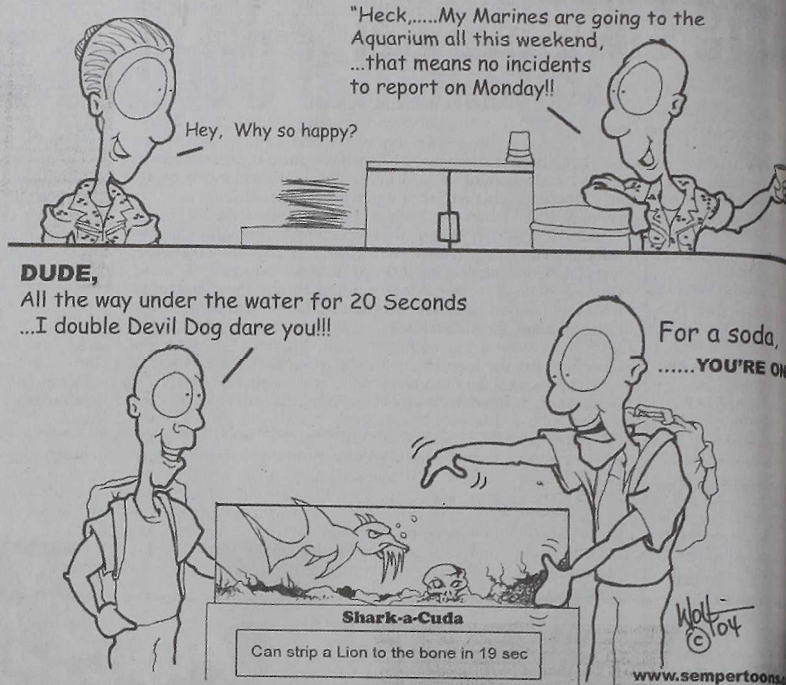
Jaws firmed and clenched
Cab door opens
Wife, child and future.

Ignition comes to life
Rental truck fading
The silence is deafening.

Editor's note: H. Thacker is a local resident and proud Marine wife.

Sempertoons

by Staff Sgt. Wolf



Mission Impossible? That to the Marines

Guest Commentary
CPL. ROCCO DEFILIPPIS

AL ASAD, Iraq — How do you know when a certain event is going to change the course of history?

Some events are subtle; you wouldn't think they would cause much to change.

The assassination of an archduke eventually leads to World War I, Mrs. O'Leary's cow kicks over the lantern that sparks the great Chicago fire.

However, some events immediately grab your attention, and you know instantly that things are going to be different. The type of events that make you say, "We aren't in Kansas anymore."

Operation Iraqi Freedom has a bit of both. Everyone who saw the statue of Saddam crash to the ground knew things were going to be different, but after the initial push to Baghdad, there was a time when uncertainty shrouded the minds of millions around the globe.

What are we doing here? Where do we go now? Is this whole thing going to work?

These are the questions that ran through the collective mind of a nation at war.

While the men and women serving here have remained steadfast in their resolve and dedicated to accomplishing the monumental tasks ahead of them, those same questions may have

passed through their minds.

On a recent tour of the bases in the Al Anbar province of Iraq, Gen. Michael Hagee, commandant of the Marine Corps and Sgt. Maj. John L. Estrada, sergeant major of the Marine Corps, reminded the Marines and sailors that the answers to those questions are becoming more and more evident with each passing day.

In a message to the Marines, sailors and soldiers serving with the 2d Marine Aircraft Wing (Forward) and Regimental Combat Team 2 in Al Asad, the Corps' senior leaders reemphasized to the nation's warfighters the importance of their service.

"[They] doubted us in Fallujah, they said the insurgents had too firm a hold on the city," Hagee said to the large gathering. "They said the insurgent's intimidation campaign would keep the Iraqi people living in fear. They said they would never vote."

Despite these dark and wary prophecies, Marines pressed towards the goal.

"We crushed the insurgents in Fallujah," Hagee exclaimed. "Marines provided security at polling places, and millions of Iraqis defied the terrorists and had their voice heard for the first time in many of their lives."

January 30 was indeed a moment of absolution for the hundreds of thousands of men and women who helped bring freedom to the Iraqi people.

As the world watched the lines of

Iraqi men and women, you risked their very lives to the most precious act of democracy, the weight of years of uncertainty was lifted by thousands of fingers.

"You have helped bring freedom to the people," Estrada said. "You can't ignore your magnificent contribution. You have helped to change a country, you have helped the entire region."

One cannot ignore the freedom throughout oppressed Middle East. movements in Lebanon voting in Saudi Arabia. Iraqi elections have been heard round the Arabic world. "Years from now you tell your children and grandchildren that you were a part of that changed history for people," Hagee told the Marines. "I am extremely proud of you doing, and grateful for you provide. You have set a standard for what it means to be a Marine."

Watching the Marines in command and sergeant major like seeing a child go over report card with his parents. classes have required extra effort, and the grades earned a solemn reminder that first free.

DeFilippis is a combatant with the 2d Marine Air

If there is something you would like to see changed or added in THE GLOBE, e-mail Cpl. Elsa Portillo at elsa.portillo@usmc.mil.

THE GLOBE

Marine Corps Base Public Affairs Officer
Maj. Neil F. Murphy Jr.

Marine Corps Base Public Affairs Chief
Staff Sgt. Michael Mink
michael.mink@usmc.mil/451-7408

Marine Corps Base Press Chief
Cpl. Elsa Portillo
elsa.portillo@usmc.mil/451-9116

Military Editor
Lance Cpl. Shane Suzuki
shane.suzuki@usmc.mil/451-7407

Commanding General, Marine Corps Base
Maj. Gen. Robert C. Dickerson

Managing Editor
Wendy Anderson
wendy.anderson@militarynews.com

Features & Layout Editor
Ena Bravo
ebrao@militarynews.com

Sports Editor
Brian Berger
brian.berger@militarynews.com

Carolina Living Staff Writer
Heather Caruso
heather.caruso@militarynews.com

Publisher
James M. Connors
347-9624 ext. 109

Distribution Manager
Dennis Fusco
347-9624 ext. 107

Classified/Trade
Brian Flynn
347-9624 ext. 101

Sales personnel
347-9624 ext. 103

This DoD newspaper is an authorized publication of the Department of Defense. Contents of THE GLOBE are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Consolidated Public Affairs Office (CPAO), Camp Lejeune, N.C. Published by Landmark Military Newspapers of N.C., a private and in no way connected with the Department of

Defense or the U.S. Marine Corps, under exclusive written contract with Marine Corps Base Camp Lejeune, N.C. The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Marine Corps, or Landmark Military Newspapers of N.C., of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that source

until the violation is corrected. The editorial content of this publication is the responsibility of the Consolidated Public Affairs Office, Camp Lejeune, N.C. 28542-4242. (610) 451-7405. For advertising inquiries, call 347-9624.

Lejeune | Deployed

Coleman completes tour as 2d Force Service Support Group's commanding general

CPL. C. J. YARD
1 Force Service Support Group

AMM TAQADDUM, Iraq — Brigadier Ronald S. Coleman relinquished command of 2d Force Service Support Group to Gen. John E. Wissler in a ceremony June 19.

Wissler, who commanded the Marines and 2d FSSG for two years, deploying with 2d FSSG, Kuwait and Haiti, will now be the Deputy Director of Operations and Reserve Affairs for the Marine Corps.

"This has been the greatest two years of my life," said Coleman, a Darby, Pa., native. "I've been in command in Iraq almost two years, coming here and relinquishing command to Brig. Gen. Wissler has been a great experience. I couldn't ask for anyone else to take over. I've watched Gen. Wissler lead, and it is extremely motivating to turn over this command to him. He also had praise for the Marines and sailors who served under him during his time as

the commanding general.

"At home and abroad you have done everything you have been asked to do," said Coleman. "You have accomplished great things, and I know you will continue to do so. If there is any person set up for success better than me, I don't know who it would be."

Lieutenant Gen. James F. Amos, commanding general of II Marine Expeditionary Force, was on hand to speak about the generals.

"If a measure of a man is by the number of people who call him a friend or come up to him to shake his hand, Gen. Coleman is among the richest men I know," said Amos. "I do not know of another man who is better thought of than Ron Coleman."

"Ron, you've done a great job leading these Marines," said Amos. "If anyone thinks it was an easy decision for Brig. Gen. Ron Coleman to let his Marines come out here without him, it wasn't. But knowing they were coming over here with Brig. Gen. Wissler made it easier for him. He came out here to do this change of command because he understands the sacrifice, and as a true leader, wanted to share his day with those making the most sacrifice."



Brigadier Gen. John E. Wissler, a Brooklyn Park, Minn., native (right), assumed command of 2d Force Service Support Group from Brig. Gen. Ronald S. Coleman, a native of Darby, Pa., in a ceremony June 19. The generals pose for a photo after the ceremony.

"I know that Brig. Gen. Wissler will continue doing an outstanding job leading these Marines," continued Amos. "He has worked under Brig. Gen. Coleman as a battalion commander, and I saw him in action. He was an obvious choice for the job."

Wissler, who was formerly the commanding officer for 2d Transportation Support Battalion and 2d FSSG (Forward) under Coleman, praised the Marines and sailors he has commanded.

"These Marines and sailors carry the water farther, faster and better than anyone, so much so that it makes you proud just to be wearing the same uniform and serving in the same outfit," said Wissler. "Not only has Brig. Gen. Coleman set us up for success by his leadership, but he is truly a man of heart. He has invested his heart and soul in our success. His legacy at 2d FSSG will be long-lived, and I'm proud to put my shoulder to the yoke with the Marines and sailors he has trained."

Cooks mess with new kitchen

CPL. C. J. YARD
2d Force Service Support Group

CAMP HIT, Iraq — Fourteen food service specialists from Headquarters and Service Battalion, 2d Force Service Support Group (Forward), recently set up a Marine Rapid Deployment Kitchen and Field Sanitation Unit, the third generation of Field Food Service Systems is capable of feeding hundreds of Marines in one day.

"These guys here are the best in the Marine Corps," said Gunnery Sgt. Aaron L. Barthelmas, a mess chief from Circleville, Ohio. "The FFSS is designed to feed 850 Marines and provide on-site garrison mess hall equipment while deployed or in a field environment. They had 20 hours of training and set up the FFSS numerous times back at [Camp Lejeune]."

The FFSS is comprised of three iso-containers, two of which make up the MRDK. The third is the FSU where all the clean-up is done.

"This system helps the cooks produce better quality, nutritious meals," said Barthelmas. "Using more conventional gear the Marines are also able to enhance the sanitation level."

Not only are the Marines who come from the only Food Service Company in the Marine Corps responsible for cooking the meals, but they also maintain the supplies and ensure the food is cared for properly before it is prepared.

"There is a lot of work that goes on behind the scenes," said Barthelmas. "A lot of Marines just see what is in front of them at the serving line, but what

"They were very limited to what they could provide for the Marines, but they made do with what they had. Now, with the FFSS here, the Marines are going to improve the quality of life."

- Gunnery Sgt. Aaron L. Barthelmas

they don't know is what we do when we're not in the kitchen. We even have cooks on the [Provisional Rifle Company] back at [Camp Taqaddum, Iraq], and some of them are standing security outside the chow hall."

The Marines of Camp Hit receive two hot meals every day and eat Meals Ready to Eat for their third meal of the day. Not only will the FFSS improve the quality of the meals the Marines receive, but it will also improve living conditions for the Marines.

"Before the FFSS, the Marines here

didn't have adequate equipment to provide complete meals," said Barthelmas. "They were very limited to what they could provide for the Marines, but they made do with what they had. Now, with the FFSS here, the Marines are going to improve the quality of life."

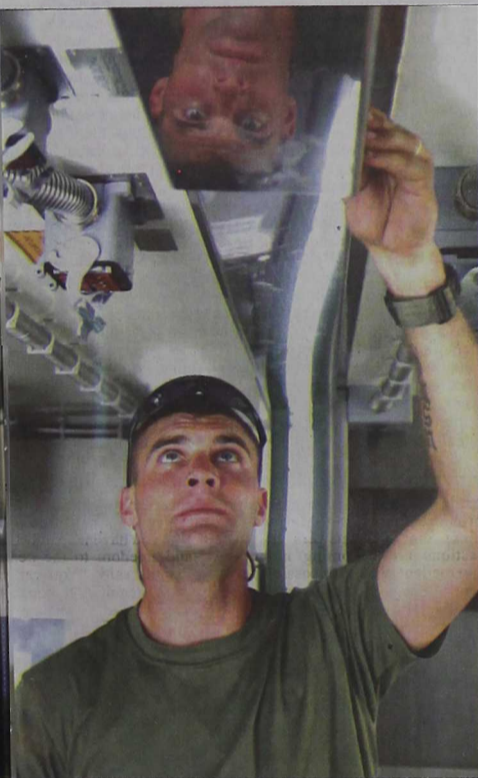
"Being part of this makes me very excited," said Cpl. Ernesto J. Morales, a food service specialist from Amsterdam, N.Y. "I've got great leaders here who did a great job at [Camp Taqaddum]. Now that we're out here we can directly impact how these Marines live. It's a great opportunity for us to show off our [Military Occupational Specialty]."

This is the first time an FFSS has been set up in a deployed location, said Barthelmas.

"The Marines here are making history," said Barthelmas. "We've done field exercises with the FFSS, but it has never been set up in another country. I know these Marines will put it to good use and do great things. They are experts in their fields and have proven themselves before."

The Marines of Food Service Company recently won the Marine Corps' highest food service award — the W.P.T. Hill Award — for field mess.

"We had the best field mess in the Marine Corps, and that's something to be proud of," said Sgt. Juan C. Aguilarrichard, a Mission, Texas, native and Camp Hit mess manager. "We plan on holding on to that title and show our skills even more by coming here and improving the quality of life, food and morale of the Marines at Camp Hit."



Cpl. C. J. Yard

Johnson, a food service specialist with Headquarters and Service Battalion, 2d Force Service Support Group (Forward), checks the fit of a panel used to separate the MRDK and FSU. The Houston native and 12 other Marines set up the Marine Rapid Deployment Kitchen and Field Sanitation Unit.



To learn about Family Housing public-private partnership venture logon to lejeune.usmc.mil/family_housing/ppv.html

Military Loans

Personal Loans from \$100 to \$1000

Slow Credit No Credit Prior Bankruptcies



Call Us or Come By Our Office TODAY!

113-B Western Blvd.
Jacksonville
(910) 355-2023

All loans are subject to our liberal credit policy and credit limitations, if any.

★ Fast Approval
★ Active E1 and Up
PATRIOT LOAN CO

Saluting Freedom AND THOSE WHO GIVE SO MUCH

See Our AD on Page 10C

Sanders Ford

1911 Lejeune Blvd, Jacksonville 910-326-1801 Highway 24, Swansboro

Publisher James M. Conner 347-9624 ext. 100
Distribution Dennis Fuscini 347-9624 ext. 100
Classified/Trip Brian Flynn 347-9624 ext. 100
Sales person 347-9624 ext. 100

Around the Corps

Uncle's invention relieves headaches for 'grunts'

LANCE CPL. RAYMOND D. LEWIS

Marine Corps Base Camp Pendleton

MARINE CORPS BASE CAMP PENDLETON, Calif. —

"You've called the right guy." That's how William H. Frye, a 12-year Marine Corps veteran, replied when his nephew called, complaining that his Kevlar helmet was uncomfortable.

Frye, 55, immediately went into overdrive designing pads that his nephew, Sgt. Jason J. Frye, and some of his fellow Marines are using two years later.

Frye delivered the pads just in time for his nephew's second deployment to Iraq.

"I had been already working on them for a while before he asked me. I knew they worked. I wasn't like — 'here's something, just try it out,'" Frye explained.

"My uncle called me like every five minutes asking me how I liked it," Sgt. Frye said.

"Then he took the helmet pads to Iraq and gave some to his friends, and they liked them a lot," Bill Frye added.

Sergeant Frye's friend, Cpl. Johnathan D. French, was grateful for a comfortable helmet in Iraq after inserting the pads.

"I remember going through broken-down buildings in Fallujah, clearing rooms, and it protected me when rubble fell on my head," French said.

Sergeant Frye conveyed the positive feedback to his uncle via e-mail. It included firsthand accounts of a helmet now fitting like it should.

"When I was ... going through buildings in Najaf and getting shot at, it stopped the bouncing," Sgt. Frye chuckled.

Sergeant Frye, 22, with Headquarters Battery, 5th Battalion, 11th Marine Regiment, said the pad helped him focus on the mission instead of a wobbling helmet.

"When you're getting down into the prone position, you don't want your Kevlar flopping all over the place," he said. "Even when I was training in Twentynine Palms for recon, it sucked without the helmet pad. It's nice to have a helmet that doesn't hit your face while your running."

Before his uncle provided the inserts, Marines improvised ways to keep the helmets from pounding against their heads.

"I just toughed it out, but other Marines would buy towels, foam pads and T-shirts — anything to [relieve] the horrible weight of the helmet," Sgt. Frye said.



Bill Frye, 55, invented a Kevlar helmet pad to keep his nephew and other Pendleton Marines comfortable in Iraq.

Now, the helmet doesn't grind his gourd — or French's.

"It's important to have a tight helmet, or else all that banging can give a Marine a headache," said French, also with 5th Bn., 11th Marines.

Bill Frye was stationed in Camp Pendleton, Calif. in 1970, when grunts like him wore a Vietnam-era "steel pot" for headgear. Back then, headaches caused by loose-fitting helmets were a problem too, he said.

Kevlar came out in 1980, he said — but wasn't any better in terms of comfort.

"The Kevlar is so heavy — and the lining that they put in there, when you sweat, it gets hard as a rock," Bill Frye said.

Frye wanted to help not only his nephew, but other Marines as well.

He was deployed to the Middle East and Europe and knows the rigors Marines face.

He said Marines need all the comfort they can get.

"It's no fun humping hills all day," he said.

Providing pads was "the least" he could do, he said.

"It's bigger than the pad," he said about his offer of help. "Most of these young men go over to Iraq asking for nothing but to serve their country."



Lance Cpl. Sean M. Gibson gazes out the crew door of a CH-46E Sea Knight helicopter during a training exercise on Ie Shima June 2. Marines with Marine Medium Helicopter Squadron 262 Reinforced, "Flying Tigers," attached to the 31st Marine Expeditionary Unit, conducted carrier landing practice as part of required training to receive carrier qualification.

'Flying Tigers' soar through carrier landing training

LANCE CPL. SCOTT M. BISCUITI
Marine Corps Base Camp Butler

MARINE CORPS AIR STATION FUTENMA, OKINAWA, Japan — With conflict always on the horizon, the 31st Marine Expeditionary Unit must be immediately available to complete any mission it is tasked.

Service members with Marine Medium Helicopter Squadron 262 Reinforced, "Flying Tigers," currently attached to the 31st MEU, conducted field carrier landing practice as part of their required training to receive carrier qualification June 2.

"Before we can carry troops or cargo, we have to meet certain requirements," said 1st Lt. Kenneth W. Morrow, plans officer for HMM-262. "We have to do five shore-based landings, five ship landings and five landings both in high-light level or low-light conditions." Before the training began, the pilots and crew chiefs were briefed on various issues, including possible inclement weather conditions and equipment needed to conduct the exercise. After the helicopters were fueled and safety-tested, the pilots lifted off and headed for Ie Shima, a small island off the northwest

shore of Okinawa, to execute the based portion of the training.

"This training is conducted late shipboard operations as possible," Morrow explained. "I have all the conditions associated with a real ship, but it offers a great opportunity to practice for anything."

Each pilot took turns landing the helicopter on a simulated flight deck goal of the crew chiefs and pilot work together to ground the wheels within the designated markers. On an actual ship, precision is paramount due to the confined space.

"We have to be very thorough in our practice to ensure we can move a vessel," said Gunnery Sgt. Angelo A. Servantez, airframe HMM-262. "On a ship, the pilots are very close together and crew chiefs call the rate of descent for the pilots to make sure their rotors don't hit another aircraft."

Training for shipboard operations is a critical component of being an expeditionary force.

See TRAINING | 8A

HOSTAGES
CONTINUED FROM 1A

"When insurgents lose control over an area because they can no longer provide what they originally offered, they resort to this type of intimidation. This is a way of letting the people know that they are in charge."

"They use it to keep the people quiet and in line."

The insurgents who ran this facility are believed to be affiliated with various terrorist networks.

"Materials discovered at the city and interviews with the victims rescued by Marines, clearly implicate foreign fighters linked to Abu Musab Al Zarqawi's terrorist network," said Starling.

Manuals, books and DVDs found in the facility and a car bomb factory located adjacent to the building containing the torture room clearly identified this as an insurgent training center and possible safe haven for those en route to Baghdad or Mosul.

According to Chase, manuals were found instructing in the validity of taking hostages, the validity of beheadings and on insurgency tactics.

"The irony is one of the car bomb factories found was in a school," he said.

A small weapons cache was also found within the complex which insurgents used to attack the ISF and coalition forces entering the city.

"It is a small cache compared to others that have been located," Chase said. "It is believed that the insurgents were using it as a source to draw from as they held the complex against us. We received a lot of [indirect direct fire] as we moved against it."

"A number of insurgents were killed when we entered the building but none were

reported captured," he continued. "Those that we are fighting are either moving or dying."

This find confirms what ISF and coalition forces have told the Iraqi people and allowed the media embedded with the forces to show that the insurgents aren't here to help Iraq.

"It is a common theme we have been telling the people of Iraq," Chase said. "This is visual proof of that."

Newly Remodeled!
LA HACIENDA
Mexican Restaurant & Cantina
Authentic Mexican Food
THE BEST FOOD IN TOWN!
1305 N. MARINE BLVD.
Jacksonville, NC 28540
(910) 937-0751

LIVE MARIACHI BAND MONTHLY

FREE LUNCH Buy One Lunch & 2 Drinks & Get The 2nd FREE	FREE DINNER Buy Two Combinations & 2 Soft Drinks & Get \$5 OFF w/ your Military ID
LARGE ATTENTIVE STAFF FOR BETTER SERVICE!	FAJITAS FOR 2 Get 2 House Specialty drinks for FREE
SUNDAY SPECIAL Buy Two Adult Meals & One Child (12 & under) Eats For FREE	

ASK ABOUT OUR EVERYDAY SPECIALS!

"You can never do enough for the military and their dependents."

TRI-CARE for EYE EXAMS
NOW AVAILABLE
ON CAMP LEJEUNE

NOW OPEN SATURDAYS

Contact lenses
Routine eye exams • Pathology

Dr. Steve Shelton, Optometrist, is located next door to Base Optical, between the Exchange and the Commissary on Camp Lejeune.

CALL 451-5249

For An Appointment

STEVE SHELTON
MCCS Complex
Camp Lejeune, NC
451-5249

Make Air Travel Hassles
A Thing Of The Past.

When you fly Delta Connection from the Kinston Regional Jetport to Atlanta, you can forget about the hassles. No more crowded terminals, expensive parking and long lines. Instead, you'll park for free, walk a few yards from your car to the terminal, and board a Delta Connection regional jet to the Big Peach. No waits, no hassles, no sweat. Isn't that the way air travel should be?

Delta Connection



All service between Kinston and Atlanta provided by Delta Connection carrier Atlantic Southeast Airlines



JetKinston
What A Great Way To

1-800-221-1212 or www.jetkinston.com

Health | Safety

Grease is the lead cause for blockages in sewer pipelines

ENVIRONMENTAL
MANAGEMENT DIVISION
Press Release

Did you know that cooking grease is the main cause of most sanitary sewer blockages? These blockages can cause wastewater spills from your home.

When cooking grease coats the inside of sewer pipes, similar to the way fatty foods can clog a drain, the grease that builds up inside the pipes can cause blockages. Grease can also cause blockages by clumping together and sticking to the inside of the pipe. Eventually the pipe becomes completely clogged and wastewater backs up either in your home or in the street and poses a health hazard.

Grease and greases come from a wide range of residential, commercial and industrial sources, including restaurants, cafeterias, commissaries and all FOG sources. The natural consequence of these sources is the release of fats, oils and greases (FOG) into the sewer system. FOG is found on pots, pans, in deep fat fryers, and in a large number of FOG sources. The Camp Lejeune Advanced Wastewater Treatment System is experiencing difficulty with grease from pump stations and wastewater treatment plant located on Boulevard. FOG that enters the wastewater treatment system increases the biological oxygen demand, which leads to higher treatment costs and decreases the efficiency

of the system. Sewer backups caused by the accumulation of FOG are completely preventable. Camp Lejeune prohibits the intentional release of FOG into the wastewater system. Under no conditions should FOG, or its components, be poured, scraped or otherwise disposed of into sinks, toilets or any other wastewater system constituent.

Remember, the best way to manage FOG is to keep it out of the system. Here are some helpful tips on making this possible:

- Dry wipe all cooking supplies and equipment. Use a paper towel or napkin to remove greasy leftovers from pots and dishes prior to washing in the sink or dishwasher. Place leftover foods, fat trimmings from meat in a trash can or recycling bin. Do not dispose of scrapings in a sink, toilet, floor drain or any other component of the wastewater system.

- All cooking oils [including salad oil, cooking oil, bacon grease, butter, marinades] need to be poured into a container. The container can be an old milk carton, frozen juice container or other recyclable container and disposed of in the garbage.

- Don't use chemicals to remove grease clogs. Chemicals damage the piping system and just move the problem to a different location further down the collection system.

Following these simple tips will allow Camp Lejeune's Advanced Wastewater Treatment System to function properly, therefore, providing a healthy environment for us all.

For questions regarding grease management at Camp Lejeune, please contact the Environmental Management Division at 451-5068.

BEWARE OF THE

Grease Goblin



LAST SEEN:
Loitering in Sinks
and Drains

WANTED FOR:
Causing Sewer
Overflows

DID YOU KNOW...

Most sanitary sewer backups occur between your home and the town's sewer main?

You can help prevent a costly and unsanitary overflow by following a few simple steps:

DO

- ✓ Scrape excess grease in a container and dispose of it in the garbage.
- ✓ Place food scraps in waste containers or garbage bags for disposal with solid wastes, or start a compost pile; promote use of scraping ware prior to washing.
- ✓ Place a wastebasket in the bathroom to dispose of solid wastes. Disposable diapers, condoms, and personal hygiene products do not belong in the sewer system.
- ✓ Promote the concept of "3 R's": Reduce, Reuse, Recycle.

DO NOT

- ⊗ Pour grease, fats, and oils from cooking down the drain.
- ⊗ Use the toilet as a wastebasket.
- ⊗ Use the sewer as a means of disposing food scraps.

The Grease Goblin and associated materials are provided by the N.C. Division of Pollution Prevention and Environmental Assistance (DPPPEA) located in the Department of Environment and Natural Resources (DENR). Samples of materials using the Grease Goblin image must be provided to DPPPEA.

Courtesy of the North Carolina Division of Pollution and Environmental Assistance

Best and Associates
Attorney at Law

David L. Best

Over 30 years of legal experience

Social Security Disability/SSI • Bankruptcy • Automobile Accidents

410 New Bridge Street, Suite 3
(910) 346-1103 • (877) 646-1103

1000 minutes for \$39.
Plain and Simple.

All taxes and fees included.

At SunCom we give you simple, honest, easy-to-understand calling plans. And, unlike other wireless providers, when we say \$39, you pay exactly that. \$39. New two-year agreement required with Nokia 6010.

FREE Nationwide Long Distance
FREE Caller ID & Voicemail
FREE Color Screen Phone
No Roaming in the Carolinas



Switch to SunCom 1000 today!

ABC
PHONES

577-3222
233-A Western Blvd.
Jacksonville

SunCom
AUTHORIZED DEALER

Limited-time offer while supplies last. Requires credit approval and phone must be activated when purchased. Nationwide long distance includes calls to all states. Included minutes can be used anywhere in the SunCom Region. Partial minutes are rounded up and billed as a full minute. Remaining minutes outside the SunCom Region available for an additional charge. \$20 one-time activation charge and \$200 early termination charge may apply. Contact an Authorized SunCom Agent for details. © 2005 SunCom

FREE
NO CREDIT
CHECK PHONE

Activation and 1 month service required. Credit required. Offer ends 6/30/05. Valid ONLY at ABC Phones.

PAGERS \$19.95
ACTIVATION AND ONE MONTH
OF SERVICE INCLUDED

While supplies last. Some restrictions apply. Credit required. Offer ends 6/30/05. Valid ONLY at ABC Phones.

SUMMER SPECIAL
Open Water Class

Beginning July 1st
Charter Optional**

\$99.00



Scuba Tech
101 Hwy 172 • Sneads Ferry
329-1666

READY TO
SAVE

If you're looking to save time and money, the first place you go. Your favorite stores are always be found in our weekly circulars, saving a wealth of savings every week. Where else but The Globe would you find so many variable coupons in one convenient place?

JetKins
What A Great Way
212 or www.jetkins.com

Landmark Military
Newspapers of NC, Inc.
THE GLOBE
ROTOVUE
122 Henderson Drive
Jacksonville
(910) 347-9624

As you step
from military life

to civilian life,



take along your life
insurance protection
with MBA Term 90.

With MBA Term 90, you can purchase up to \$250,000 of competitively-priced group term life insurance that you can take with you when you leave the military. Unlike SGLI, you do not have to convert this coverage to the government's more expensive VGLI.

This new coverage offers several other important advantages over the government plan:

- **Continuity.** Your coverage can be continued until age 90.
- **Competitive Premiums.** The cost of coverage under MBA's Term 90 plan is competitive with SGLI.
- **Separate Spousal Coverage.** Your spouse may purchase separate life insurance coverage of up to \$250,000.
- **Coverage for Children.** Your children may be covered for up to \$12,500 of coverage AT NO COST when you purchase \$250,000 of life insurance.

Coverage can continue
to age 90

Current MBA monthly non-tobacco
user premium per \$50,000 unit
of coverage

AGE	CURRENT PREMIUM
0-39	\$ 3.25
40-49	\$ 3.75
50-59	\$17.50
60-89	\$32.00

Coverage reduced to \$17,500 at age 70;
and \$5,000 at age 80, per unit.

There are other valuable features to
MBA's Term 90 Life Insurance

- **No War Clause, No Aviation Limitation or Reduced Benefits for Flyers.** Pay the same affordable premiums as those offered to other MBA members.
- **\$10,000 Emergency Death Benefit.** This sum may be paid immediately to the designated beneficiary upon the death of a member, subject to request and approval.
- **Waiver of Premium for Officially Declared POW/MIA.** MBA is among the first to sponsor this compassionate benefit.

Exclusions: Suicide and misrepresentation of health can exclude coverage within the first two years.

Step into civilian life with MBA Term 90

For more information about MBA Term 90 group term life insurance, underwritten by Government Personnel Mutual Life Insurance Company, under policy number GP01, call our toll-free number:

1-800-336-0100
or visit our Web site
www.militarybenefit.org

MBA
MILITARY BENEFIT ASSOCIATION

Not available in all states.

MB247-A90 (12/04)

Your Incredible Credit Store®

USA
DISCOUNTERS

Quality Merchandise
Superior Customer Service

SonicScooters
Zoom Zoom!

**Houseful of
Furniture
\$99 mo***



\$57.00 PER MONTH



\$57.00 PER MONTH



\$75.00 PER MONTH

COMPLETE BEDROOMS

from **\$15.65** per month

MATTRESSES

from **\$10.00** per month

COMPLETE LIVING ROOM

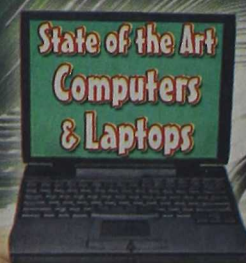
from **\$23.06** per month

- Immediate Delivery
- No Down Payment
- No Payment for 60 Days
- Power of Attorney Accepted



Free Set of Dishes

With completed credit application.
No purchase necessary.



**CREDIT APPROVED ONLINE
OR BY PHONE IN MINUTES**

www.usadiscounters.net

USA
DISCOUNTERS

STORE HOURS
M-F 10am-9pm • SAT 10am-6pm
SUN 12pm-5pm

YOU ARE AUTOMATICALLY APPROVED FOR CREDIT AT USA DISCOUNTERS IF YOU ARE ACTIVE DUTY MILITARY OR CIVILIAN

WWW.USADISCOUNTERS.NET

*Financing terms available on all contracts. Terms beginning at 11.99% on 1-year contracts. Contracts for 18 and 24 months are also available.

Your
Incredible
Credit Store

Career | Education

Retention specialist expands possibilities

CPL. JOEL ARSHIER
Service Support Group

Marines nearing the completion of their first enlistment are given many choices, however, one choice stands out: the individual decides to leave the service or join the civilian world or decides to re-enlist.

According to Gunnery Sgt. Antonio M. Hardy, 2d

"Gunnery Sgt. Hardy hooked me up," said Cpl. Nicholas S. Burleson, an automotive mechanic with 2d Maint. Bn., 2d FSSG. "I was one of those Marines who would never re-enlist, but he showed me my options."

According to Hardy, Burleson's incentive to re-enlist was changing his duty station to Marine Corps Air Station Yuma, Ariz., which is where his brother is located, and to keep his military occupation specialty—even though it was closed out.

"All Marines, regardless of their situational standing on their future, must first see their career planner before stepping off down their desired path."

—Gunnery Sgt. Antonio M. Hardy

When Marines approach Hardy, they are given informative

insight regardless of whether they want to raise their right hand again or not, according to Hardy.

"A command is like a chain that is connected by many links," Hardy said. "Every link in this unit's chain of command has helped me do my job a lot. I am lucky to be fortunate enough to work here."

For any Marine interested in obtaining information to help them transition back to the civilian sector or re-enlistment options, contact the respective unit's career retainer specialist.

Reserve welcomes back former Marines

MAJ. CAROLYN C. DYSART
Marine For Life

HEADQUARTERS MARINE CORPS, Quantico, Va. — Ty Ford left the Marine Corps Reserve enlisted ranks after earning a law degree and accepted an active-duty commission as a Navy judge advocate. Now he's happy to be back in a Marine Corps uniform as a captain.

"Although I had a rewarding experience as a Navy JAG officer, I quickly realized the truth of the often-said maxim: 'Once a Marine, Always a Marine,'" said Ford, who was one of the first to benefit from the Marine Corps Reserve's new approach to interservice transfers.

According to Maj. Brandon Shearer, operations officer for the Marine Reserve Career Management Team at Headquarters Marine Corps, Quantico, Va., there's a new paradigm in place. Former enlisted Marines who pursued commissions in other services and officers who resigned their commissions are being welcomed back.

"Basically we're getting the word out that the Marine Corps Reserve is open to accepting applications for interservice transfers and more receptive to waiving age and last affiliation requirements for officer reappointments," said Shearer.

The reason is obvious. The Reserve needs officers, particularly company grade.

"We're not by any means lowering standards. All applicants are carefully screened," said Shearer, who personally reviews every package. "It's a matter of taking advantage of all available sources for officer accessions."

Five interservice transfers have been approved since December 2004. Shearer could not find any record of previous approvals. Additionally, 20 former officers were reappointed in the past year.

The interservice transfer process is primarily for company grade officers in high demand, low density military occupational specialties like intelligence, communications and aviation, as well as combat arms.

Current Defense Department policy

permits officers of any military service who are especially qualified to contribute to an activity of another uniformed service, to apply for interservice transfer without interruption in their service career. Eligibility is based on the needs of the Marine Corps, MOS specialty and losing service requirements. The officer must obtain a conditional release from their service and all packages must be endorsed by a Reserve command with an available and appropriate billet.

First Lieutenant Anna Noteboom left the Marine Corps as a staff sergeant in the communications field to pursue a commission in the Coast Guard Reserve. While deployed to the Persian Gulf she ended up working side by side with Marines. The experience fueled her desire to come back to the Corps.

Although prior Marine Corps experience is not a specific requirement for interservice transfer, according to Shearer, it is oftentimes a strong indicator of whether the requesting officer is especially qualified to contribute and helps determine if any further training is required to make the transition.

For example, because of her experience and record, Noteboom did not have to attend The Basic School, however, her occupational field sponsor required her to attend a six-week communications course to ensure her MOS qualifications. Her unit then sent her to the full, six-month communications officer course.

An officer on inactive duty in a Reserve or Guard component of another service can apply for transfer to the Marine Corps Reserve. Or, a Marine Corps activity can submit a request for a specific officer—along with justification

and a statement of consent from the officer. Either way, the packages are forwarded via the chain of command to the Career Management Team for review. The Director of Reserve Affairs makes the final decision on interservice transfers.

Shearer recommends initiating the process with a prior service recruiter to identify a billet and complete all requirements.

Captain Mario Russica never wanted to leave the Marine Corps when he transitioned off of active duty, but he didn't automatically transfer to the Individual Ready Reserve like he thought he would because there was no obligation time left on his contract. Although he had recently left active duty, he was required to go through the entire reappointment process.

"I had to learn the hard way that I should have done more before leaving active duty to ensure that I would at least remain in the IRR. Nevertheless, at this point I'm just happy to be re-affiliated with the Marine Corps," said Russica, who is currently deployed to Djibouti as a judge advocate with Combined Joint Task Force-Horn of Africa.

Officer reappointment applicants must be physically qualified, within the age limits, and must have been on active duty or have been affiliated with a Reserve unit within three years of request for reappointment, although waivers for age and affiliation are considered on a case-by-case basis. All decisions are based on the needs of the Marine Corps.

Interested former officers should contact their nearest prior service recruiter to begin the process. The reappointment



First Lt. Anna Noteboom, who left the Marine Corps as a staff sergeant to pursue a commission in the Coast Guard Reserve, recently transferred back to the Marine Corps Reserve.

See RESERVE | 8A

www.militarynews.com/globe

The best of
checking
and savings
in one...

FCU's MarChek Account

MarChek Account from Marine FCU you'll **earn money** because dividends are paid monthly based on the average daily balance. You're encouraged to compare our dividend rates with other financial institutions—see how you'll earn with us.

Money because there are no monthly or per check fees. You may also benefit from several different plans that can protect you from overdrafts (bounced checks) on your account.

Instant access to your hard-earned money comes in many forms... checks, debit and a VISA check card. It's **easy to keep track** of the money in your MarChek Account with MFCU @ Home* and monthly statements.

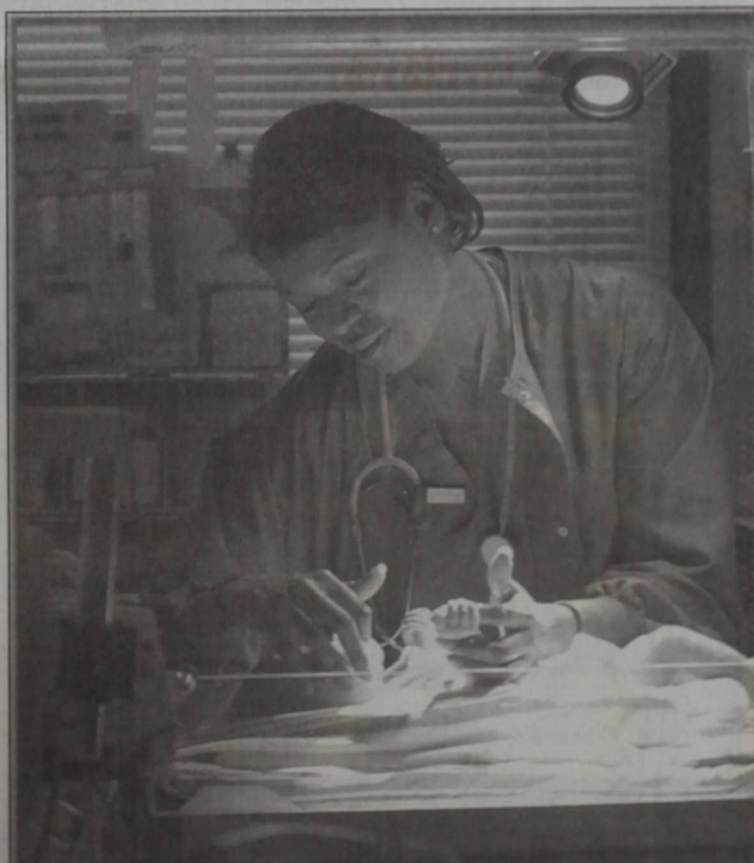
When you open your MarChek Account... the best of checking and savings in one.



910.577.7333 or 800.225.3967
marinefederal.org

NCUA

Federal Credit Insurance



You will be counted on.

You are there when people need you the most. In the Naval Reserve, you can do your part for your country as you gain valuable experience that will help advance your career and enhance your life. In exchange for your commitment, you will receive immeasurable benefits and rewards. To learn more, visit our website or give us a call.

www.navalreserve.com
1-800-USA-USNR

**NAVAL
RESERVE**
STAY STRONG

To learn more about the Naval Reservist depicted here, go to navalreserve.com/electra

Money Matters

Service members to receive increase in insurance coverage

PFC. DREW W. BARKER
Marine Corps Base

All service members will have their maximum level of Service members' Group Life Insurance coverage increased from \$250,000 to \$400,000 on Sept. 1, 2005, in accordance with the Honoring Every Requirement of Exemplary Service Act, which has been approved by Congress.

"It's a very good thing," said Pfc. Ryan Gurganious, a maintenance administrative clerk, with Battalion Administration, Headquarters and Support Battalion, Marine Corps Base. "Nothing can ease the pain of losing a loved one, but not having to worry about the financial troubles that families of fallen troops are left with can help."

The HEROES Act was created to amend title 10, United States Code, to increase to \$100,000 the amount payable under the Department of Defense death gratuity program and to amend title 38, United States Code, to increase to \$400,000 the maximum coverage under the

Service members' Group Life Insurance program, according to www.congress.org.

"America's armed forces are made up of the best trained, most courageous troops in the world," said U.S. Senator Gordon H. Smith of Oregon. "We owe so much to them for the safety and freedom we enjoy, and extending benefits to the families of the fallen is our duty."

The act will bring about many changes that military service members and their families need to be aware of, according to Greg Hosmer, senior attorney of Insurance Services with the Department of Veteran Affairs.

Besides the obvious increases, one of the most significant changes is in regards to available coverage amounts.

Service members can only elect coverage in increments of \$50,000 as opposed to increments of \$10,000, which were available before, according to the office of Service members' Group Life Insurance.

One of the most important aspects of the HEROES Act is a retroactive policy regarding

death gratuity payments.

The DoD will pay a death gratuity of \$150,000 for deaths that occurred in specified combat conditions on or after Oct. 7, 2001 but before Sept. 1, 2005, or were incurred in theater of operations Enduring and Iraqi Freedom, according to the office of SGLI.

Although the act introduces a lot of new features, it will not have an effect on some parts of the original policy.

The premium rates for SGLI coverage will remain the same. Currently the rate is 6.5 cents per \$1,000 per month. Therefore, if a member elects the new maximum coverage, they will pay \$26 per month, according to Hosmer.

Although the act doesn't change premium rates, it does include a clause that relates to the partial waiver of some charges.

Service members' Group Life Insurance members serving in areas or operations designated by the Secretary of Defense as combat operations or zones of combat will have the premiums for \$150,000 of coverage paid for by the DoD.

This clause only applies while members are serving in designated areas or operations, according to the office of SGLI.

The new act will not have repercussions for current members of the Veterans Group Life Insurance Program, however, all separating service members covered under SGLI on or after Sept. 1, in an amount greater than \$250,000 will be able to convert to VGLI at the new higher level.

The bipartisan act, which met little resistance in either the House or the Senate, was spearheaded by former Democratic vice presidential nominee U.S. Senator Joe Lieberman of Connecticut, and U.S. Senator Jeff Sessions of Alabama.

"We can never fully repay the debt we owe the brave men and women in uniform who have made the ultimate sacrifice in defense of our freedoms," said Lieberman.

"But we can help lessen the financial hardship on the families who must bury their son, daughter, wife, or husband killed in combat," he added.

Turn \$600 into \$5,400 for college

Lance Cpl. Matthew K. Hacker
Marine Corps Base

Many Marines and sailors are utilizing benefit Montgomery General Issue Bill provides, by using them to take college classes to further their education.

New legislation, affecting participants in the MGIB program, states that active-duty members' original federal education benefit-program is the MGIB, may make an additional contribution of up to \$1,000 to receive an increased monthly benefit.

The participant's benefit will increase by \$1 for a 30-day period in return for each additional \$4 contributed to the program. If a member contributes the entire \$600 each month, the monthly MGIB benefit will be increased by \$1 per month.

"I think that the MGIB is a good thing for Marines to take in," said Pfc. Ryan Gurganious of Lincoln, N.C. Service Record Book maintenance clerk with the administration office, Headquarters and Support Battalion, Marine Corps Base. "This kicker increases the money they receive, and it's such a simple process."

Under the new law, Marines may apply for benefit in a wide variety of training areas, including an undergraduate degree at a college or university, or a cooperative training program, according to the MGIB Web www.gibill.com. Marines may also take an accelerated study program leading to a degree.

A Marine must come into their local administration and tell them they want the MGIB buy up, according to Gurganious. It's a matter of filling out five forms and five signatures. The Marine then has two options — to set up an allotment out of their checking account or just pay the full amount to disbursing. The papers are in their SRB, and three copies are made. One is made

See COLLEGE | 9A

RESERVE CONTINUED FROM 7A

package includes an application letter, a current physical, completed security questionnaires, fingerprint cards and a promotion-type photo. All packages must be endorsed by a Reserve command with an available and

appropriate billet before being forwarded to the Career Management Team for decision.

Complete requirements for interservice transfers and officer reappointments can be found in Marine Corps Order P1100.73B. To find the nearest prior service recruiter, go to <https://www.mcr.usmc.mil>.

TRAINING CONTINUED FROM 4A

force. The Marines of HMM-262 understand how important training exercises like these are to keep themselves ready to carry out any mission they are tasked with.

"It is critical to be prepared at a moment's notice," said Maj. Matt A. Collins, executive officer of HMM-262. "Shipboard operations give us incredible flexibility in what [missions] we can

accomplish. That is the primary method in which we project our presence."

Marine aviation consists primarily of sea-based deployments, and for that reason, it is extremely important that all aviation assets are trained, qualified and prepared to employ their forces from Naval vessels, Morrow added.

"Training like this keeps us ready to deploy and stay combat effective," Morrow stated.

MOTORCYCLE CONTINUED FROM 1A

related deaths. This forecast doesn't include all the Marines who are in accidents and miss time from work or are forced out of the Marine Corps due to injuries.

"Most experienced riders say it's not a matter of if you will crash; it's a matter of when," said Hangsleben. "So many accidents are caused by Marines not knowing the basics, and that's what the course is trying to solve."

The course is scheduled to run every weekend at CCCC beginning after July 4. The course is three days long, beginning with a classroom session on Friday evening and two daylong sessions on Saturday and Sunday.

"I think it's great," said Mary Desrosier, a student in the course. "The instructors go over everything in great detail so that even a beginner like me can do it."

The key to the course, said Hangsleben, is to understand that good fundamentals are the key to being a good rider, regardless of speed.

"Any rider can ride fast, but a good rider knows how to handle a bike at any speed and during any condition," said Hangsleben.

For information about the motorcycle course, call Richard Knight at 451-2776.

BOSTON UNIVERSITY PREMIER GRADUATE PROGRAM in North Carolina

Pursue a Master of Science
in Business Administration
or Computer Information Systems
Camp Lejeune/MCAS

Degree completion possible in as little as 20 months.
Alternate weekend format.

For more information:

Call 910-451-5574
Boston University Graduate
Military Programs
P.O. Box 8626
Camp Lejeune, NC 28547-8626
Call 910-449-6459 at New River

BOSTON
UNIVERSITY
METROPOLITAN

GEICO

STAYING BEHIND WE CAN HELP



GEICO offers special programs for members of the military and their families served you since 1936 and we're standing by you now. We offer: Discounted duty, guard, reserve and retired military • Offices near most military bases • coverage for secured/stored vehicles • Emergency deployment discounts. GEICO

(910) 938-9900 | 211 D Western Boulevard | Jacksonville
Between Enterprise Rent-a-car and Pizza City

Military discounts not available in all states or in all GEICO companies. Government Employees Insurance Co. • GEICO General Insurance Co. • GEICO Casualty Co. These companies are subsidiaries of Berkshire Hathaway Inc. GEICO auto insurance is not available in MA or NJ. GEICO, Washington, DC



Buildings and Truck Accessories

Let Leonard make your truck!

Aluminum
Grills
Bed Mats
Bedslides
Floor Mats
Grillguards
Hitches
Hitch Covers
Rails
Side Bars
Tonneau Covers
Truck Tops

SPORTMASTERS



Westin

Lund



Custom Buildings (vinyl, steel, wood), Gazebos, Carports, and Trailers.
10% Military Discount off retail price



Carports



Trailers



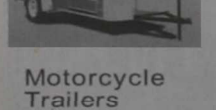
Buildings



Toolboxes
Starting at \$199



Stainless
Sidebars
Starting at \$299



Motorcycle
Trailers



Hitches
Starting at \$139



Save \$2000
Bedliner
With this coupon \$99

Jacksonville
242 S. Marine Blvd.
(910) 347-5188

Wilmington
5705 Market St.
(910) 392-4921

New Bern
2501 Highway 70, East
(252) 633-7840

Goldsboro
4273 US 70 West
(919) 778-8503

Veterans Affairs

Recognition day poster honors service members

ROD WILLIAMS
American Forces Press Service

WASHINGTON — The 2005 W/MIB Recognition Day poster was unveiled June 15 in honor of the sacrifices made by service members and their families during World War II to attain the right to freedom.

The unveiling was a highlight of the Defense Department's annual government briefings.

More than 70 family members of service members still missing in action gathered for the day of service.

The briefings give missing in action family members a chance to speak with casualty officers, review their loved one's case file and meet with other families.

By custom, POW/MIA Recognition Day is observed in Pentagon ceremonies on the third Friday of September.

This year's poster design "recognizes that we're a nation at war," said Larry Greer, spokesman for the Defense POW/Missing Personnel Office. "On the poster you'll see young soldiers in combat — in Iraqi Freedom. You'll also see soldiers from World War II being held as

POWs. With particular significance, that connection and the way it's designed, you see the current warriors emerging from a dark cloud where the guys from World War II are under captivity by the Germans.

"What this signifies is past and present, World War II all the way through today, the nation has an obligation to account for its missing," Greer noted. "For those who go in harm's way today, our obligation is to ensure that they come out — that they can be brought out — rescued, if necessary. To those who perished in past years, our obligation is to account for

them by the recovery and identification of their remains. But there's a clear connection on the poster between World War II and today's current battlefields."

Greer said DPMO will ship about 140,000 copies of the poster, about the same number as last year, to all the ships at sea and military units around the world.

"Months ago, we contacted each of the military services and asked them to tell us where they want their service's posters shipped," he noted. Copies go to all the Veterans Affairs medical facilities and to veterans service

organizations around the country such as American Legion, Veterans of Foreign War and AMVets, Greer added.

"This is so everybody who has been associated with the military today and yesterday will have an opportunity to see that this nation continues to remember its obligation to POWs and MIAs," he pointed out.

Part of the distribution also goes to family organizations particularly key to the families of the missing, such as the National League of Families and the National Alliance of Families.

Greer said his organization

keeps several thousand posters for people who see it on the DPMO Web site and call to ask for a copy. "We'll ship them directly to anybody," he said. "There will be two images on our Web site, a regular and a high resolution. If they don't like the image they get on their Web site, they can call us and get their own paper copy."

Pointing out that "art is always in the mind of the beholder," Greer said, "It's pretty clear that what this poster is saying is, 'We Remember.' And we as a nation are committed to bringing these guys home."

LEA
FROM 8A

Qualifications for the MGIB program include: one for Defense Finance and Accounting Service and the other goes to the commandant of the Marine Corps. The MGIB benefit for full-time service members is \$650 per month. The additional contributions, including an MGIB monthly benefit would be \$300.

Contributions of less than \$600 will be reduced to a degree. Participants can only draw on their local address after paying the minimum MGIB buy-in and serving at least two years active duty.

Those enrolled in the MGIB program have two options: involuntary separation, conversion from Vietnam-era enlistment during the open period, 1, 1988, through June 30, 2005.

Those who entered active duty after July 1, 2005, are eligible for this option. Only those who entered active duty after July 1, 2005, are eligible for this option.

Those who entered active duty after July 1, 2005, are eligible for this option. Only those who entered active duty after July 1, 2005, are eligible for this option.

Those who entered active duty after July 1, 2005, are eligible for this option. Only those who entered active duty after July 1, 2005, are eligible for this option.

Those who entered active duty after July 1, 2005, are eligible for this option. Only those who entered active duty after July 1, 2005, are eligible for this option.

COMMANDANT
CONTINUED FROM 1A

responsibility," commandant said. "And he knows that if he asks, you will accomplish your mission."

The general then fielded questions from the Marines and sailors that ranged from uniform changes to the latest round of base closures.

The commandant made it clear there were no Marine Corps bases targeted for closure on the latest base realignment and closure talks and only one installation, Marine Corps Logistics Base Barstow, Calif. was identified for realignment.

Hagee closed his flight deck address on the Kearsarge with a coin presentation for 14 deserving Marines and one Navy corpsman. Hagee made it clear he has strict guidelines for giving out the coveted coins.

"I don't just hand out a coin because an individual can fog a mirror. You have to accomplish two things in order to get a commandant's coin," he said. "One, you have to do something above what a normal Marine or sailor does, and that is a pretty high standard because Marines and sailors are doing magnificent work today," he said. The second criterion is the Marine or sailor has to be recommended by his or her

command or supervisor.

"These Marines and sailors have met both those criteria, and it's my pleasure to present them a coin," he said.

Among the recipients was 28-year-old Cpl. Christopher L. McPherson from Santo, Texas. The former ranch hand turned Light Armored Vehicle gunner joined the Marine Corps at 26 to do his part in the Global War on Terrorism, he said.

He was the winner of a recent meritorious promotion board and is described by his leaders as the most well-rounded Marine in Weapons Company, Battalion Landing Team, 2d Bn., 8th Marine Regiment. The presentation caught him by surprise, and McPherson said he felt honored to shake the commandant's hand.

"This definitely gives me something to remember about the Marine Corps, and its

something that will make me strive to do even better," he said.

Hagee wrapped up his visit by meeting with Marines and sailors one-on-one on the hangar deck and posing for photos before boarding a CH-46 bound for shore.

Before he left, Hagee asked all the Marines and sailors to take care of one another while they were out there and on their way home.

CREDIT
CONTINUED FROM 1A

This helps combat fraud because a person can only use the card during that period of time.

It is important that service members also keep their government credit card on them at all time or keep it in a secure place, according to Nuttall.

You Send the Love
We'll Ship with Care

- U.S. Mail *UPS * FedEx
- Packing & Shipping
- Packing Boxes
- FPO/APO Mailings
- Passport Photos
- Fax & Notary Services
- Private Mailboxes
- Copy Services

POSTNET
TARGET SHOPPING CENTER
910-937-0520



Send Your Loved One a Care Package
Receive a FREE "Frequent Shipper Card"

Frequent Shipper Card

MAKE AN IMPACT! THANK YOU FOR SHOPPING ON BASE!
SHOP ON BASE!
www.mccslejeune.com

**MEAN GENE'S
BURGERS
NOW OPEN
IN THE
MCCS FOOD COURT**

CHILDREN YOUTH AND TEEN PROGRAMS ANNOUNCE

ANNUAL CENTRAL REGISTRATION

Beginning July 5 ♦ 8:00 a.m.-4:00 p.m. (M-F)

Bldg TT91 (Tarawa Terrace)

Member Benefits

- Full-Time & Hourly Childcare
- Respite Care
- Before/After School Care
- Resource and Referral Services
- AND MUCH MORE!



Registration forms are available at any Child Development Center or Youth Pavilion. For more information, call 450-1500/1501.

Registration must be completed by July 29.



Presents

GREAT AMERICAN VOICES

featuring

OPERA CAROLINA & THE WINSTON-SALEM SYMPHONY
W.P.T. Hill Field ♦ 7:30 p.m.

Entertainment will be followed by our famous

FIREWORKS DISPLAY!

RAIN DATE:

Fireworks ONLY on JULY 5
9 p.m.



W.P.T. HILL FIELD

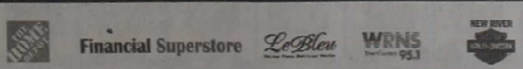
EVENT OPENS
at 5:30 p.m.

CO-PRESENTED BY:



Sponsorship Does Not Imply Federal or USMC endorsement.

Sponsored by:



INFO: 451-3535

LEAVE PETS & PERSONAL FIREWORKS AT HOME!



**YOU PAY WHAT WE PAY...
NOT A CENT MORE!**

MARINE
Chevrolet Cadillac



EMPLOYEE DISCOUNTS FOR EVERYONE

That's "BELOW INVOICE" **plus** You'll Still Get Their Rebates!

0% FINANCING

For Example **NEW '05 Chevy SILVERADO**
Crew Cab
MSRP... \$37,680
GM EMPLOYEE/
YOUR PRICE... \$32,009
REBATE \$3,500
YOU SAVE \$9,171



All Vehicles Clearly Marked With **GM** Employee Discount Price Sticker!

New '05 Silverado Crew Cab
MSRP \$37,680
Employee Discount Price for \$32,009
SAVE \$9,171
Take delivery by 6/30/05



For Example **NEW '05 Chevy TRAILBLAZER**
MSRP... \$28,475
GM EMPLOYEE/
YOUR PRICE... \$25,016
REBATE \$3,500
YOU SAVE \$6,959



Just Down The Road From High Prices!

MARINE
Chevrolet Cadillac 1408 Western Blvd., Jacksonville

AN AMERICAN REVOLUTION

EASTERN CAROLINA'S TRUCK CAPITAL

ALL DAY SATURDAY SERVICE
SE HABLA ESPANOL
CARFAX VEHICLE HISTORY REPORTS
Certified MILES Dealer

LOCAL 910-455-2111
TOLL FREE 1-800-737-2111
Showroom Hours:
Monday - Friday 8:30a - 6p
Saturday - 8:30am - 5p

SIZZLING SUMMER Pre-Owned Deals

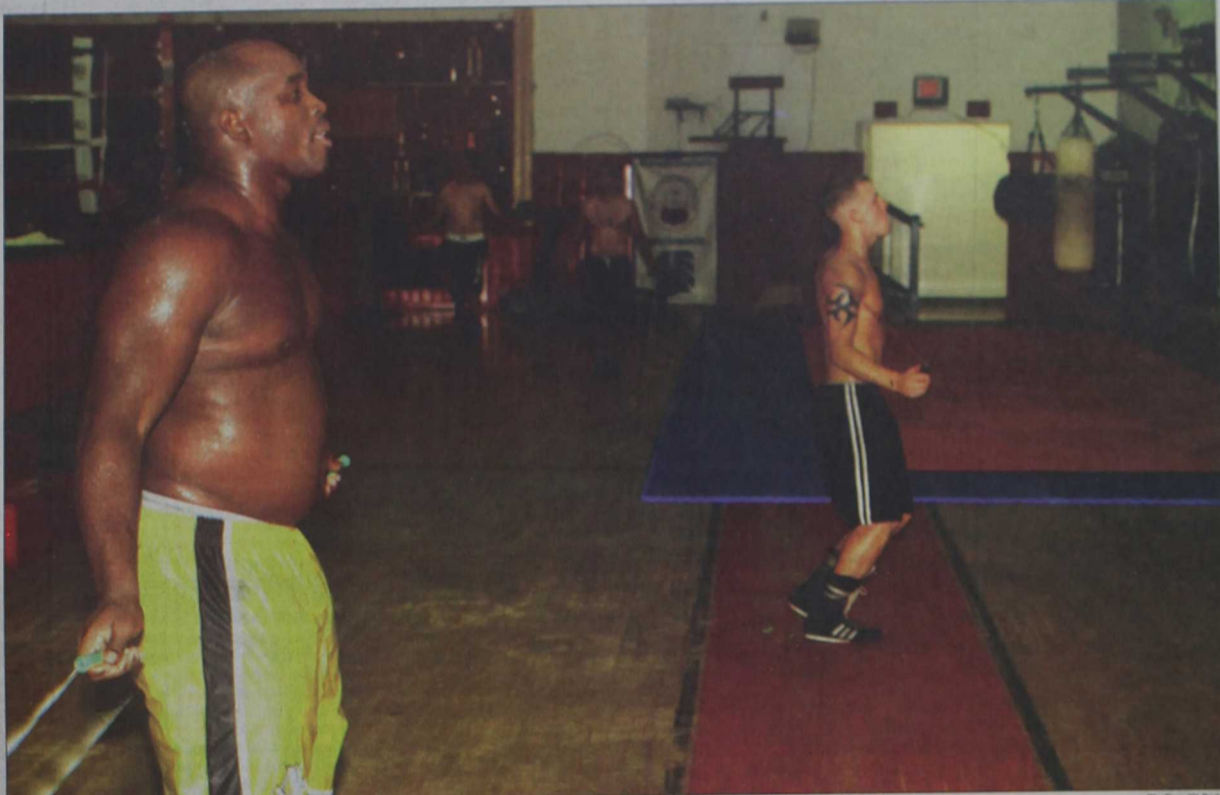
'05 GMC ENVOY \$24,967	'99 Mazda MX5 MIATA \$11,967	'02 Suzuki XL-7 \$12,367	'00 Chevy S-10 \$7,367	'05 Dodge DAKOTA \$15,367	'03 Dodge RAM 1500 \$14,367	'04 Chevrolet \$10,367
'03 GMC SIERRA 1500 \$18,967	'03 Mitsubishi ECLIPSE \$12,367	'04 Scion xB \$15,967	'04 Ford RANGER \$12,367	'01 Mazda B-SERIES PICK UP \$8,367	'01 Acura MDX \$23,367	'02 Chevrolet \$10,367
'04 GMC YUKON \$27,367	'03 Mitsubishi LANCER \$12,367	'02 Toyota TACOMA \$15,967	'05 Dodge CARAVAN \$17,367	'04 Ford EXPLORER \$17,367	'02 BMW 3-SERIES \$24,367	'02 Chevrolet \$23,367
'02 Honda ACCORD Coupe \$15,367	'03 Nissan PATHFINDER \$17,967	'03 Toyota TUNDRA \$20,967	'04 Chevrolet TRAILBLAZER \$21,367	'04 Mazda 3 \$15,967	'02 Cadillac DEVILLE \$17,367	'01 Chevrolet \$6,367
'03 Hyundai ACCENT \$5,367	'04 Pontiac GRAND AM \$12,967	'02 VW JETTA Sedan \$10,367	'04 Volvo S60 \$24,367	'05 Ford FOCUS \$12,967	'03 Mazda PROTEGE \$9,967	'03 Toyota \$15,367

Payments based on 5.9% APR, 60 mos., \$2,500 down (Cash or Trade) all prices plus tax, tags & \$299 admin. fee WAC. Hurry! Limited time offer.





U.S. team trains at Camp Lejeune for World Military Boxing Championship in South Africa



Corporal Jackie Saye, a super heavyweight boxer with the Marine Corps Boxing Team, jumps rope during one of the teams circuit training workout sessions.

PFC. DREW W. BARKER
Combat Correspondent

The United States Armed Forces Boxing Team began a training camp June 7, in preparation for July's World Military Boxing Championships in Pretoria, South Africa.

"Our goal going into the tournament this year, regardless of the inexperience of our relatively young team, is to bring home some medals," said Robert Michael, assistant coach of the team. "With the extensive knowledge of boxing brought by the coaching staff and the determination of these fighters, we will refuse to be shut out."

The three-week camp is designed to prepare the Americans to compete with military teams from all over the world in a single-elimination tournament, and is broken into two separate phases, according to Basheer Abdullah, head coach of the team.

"The first week, which was the conditioning portion of the camp, focused on a lot of circuit course training and aerobic activity designed to increase the boxers' stamina," said Abdullah. "The next two weeks will center on the techniques of boxing, while still maintaining the boxers' conditioning."

According to Abdullah, the team's practice schedule during the camp is as follows:

Mondays, Wednesdays and Fridays will consist of three workouts per day. The first will be a morning run to maintain stamina and aerobic conditioning. The second will be a gym workout that will include circuit training, light-weight training and technical drills. The third and final workout on these three days will give the athletes an opportunity to get in the ring for sparring practice.

Tuesdays, Thursdays and Saturdays will include two workout sessions, training on the track and a

gym workout similar to the one on Mondays, Wednesdays and Fridays.

Sunday is designated a day of rest. "We're going to break them down in the beginning and build them back up by the end," said Michael. "With this training we should be able to get everyone on the team in a position where they can compete for a medal."

The team, which is composed of two Marines, five soldiers and one airman, is going to rely on the experience of the coaching staff and senior leadership from some of the more veteran fighters like Marine Sgt. Eric Canales, team captain of the Marine Corps Boxing Team, Marine Corps Base, Camp Lejeune.

"My goal is to bring home the gold," said Canales, who has been boxing since the age of 9 and competes in the 141-pounds weight class. "We're going to see a lot of international talent and fighting styles that we may not be used to. It's possible that we could see competition against

fighters from Olympic teams, but we've got the best coaches getting us ready and we all have the mindset to win."

Canales teammate Marine Cpl. Jackie Saye, a super-heavyweight boxer on the Marine Corps Boxing Team, MCB, Camp Lejeune, is the only other Marine to be selected for the USAF team.

"I'm going there to get a gold," said Saye. "I expect to see a more European style of boxing — a lot of dancing around and fancy footwork. We'll just have to make the necessary adjustments and do what it takes to win."

The young team hopes to return from South Africa in victorious fashion, and with some familiarity of worldwide competition.

"Although our primary goal is to gain experience in international competition," said Abdullah. "We do intend to see the American flag raised in victory at least one or two times at the tournament."

Hammerheads take on America's top soccer teams

BRIAN BERGER
Lejeune Sports Editor

The Wilmington Hammerheads will compete against the nation's top soccer squads in the premier soccer event on U.S. soil, the 2005 Lamar Hunt U.S. Open Cup tournament.

At stake is \$180,000 in prize money and bragging rights to the U.S. soccer throne. Every Major League Soccer and United Soccer League team, comprising the top professional soccer players, and several amateur teams, will be competing for the Cup.

The Hammerheads host Dallas Roma, an amateur team that won a qualifying match last Wednesday, in the second round of the tournament. The game is slated for Wednesday at 7:30 p.m., at Wilmington's Legion Stadium, and is in addition to the Hammerheads regular season scheduled games.

The Hammerheads are riding a hot streak and are tied with the Charlotte Eagles at the top of the United Soccer League's Second Division, but must be careful to avoid overlooking the amateur but nonetheless talented Roma.

A win in that game could mean a matchup in the third round against a Major League



Forward James Gledhill leads the Wilmington Hammerheads in points this season with six goals and three assists in eleven games.

Soccer team.

All 12 MLS teams are part of the 42-team U.S. Open Cup field. Those teams are the Chicago Fire, Chivas USA, Colorado Rapids, Columbus Crew, D.C. United, FC Dallas, Kansas City Wizards, Los

Angeles Galaxy, New York MetroStars, New England Revolution, Real Salt Lake and the San Jose Earthquakes.

All eight of the eligible United Soccer League First Division teams, six of the nine USL Second Division teams

and eight teams from the USL Premier Development League, qualified for the 2005 tournament. Additionally, regional qualifying narrowed down the field of United States Adult Soccer Association teams to eight, including Dallas Roma.

At stake in the tournament is \$180,000 in prize money broken down as follows: \$100,000 to the champion, \$50,000 to the runner up and \$10,000 to the team which advances deepest in the tournament from each of the Division II, Division III and amateur levels.

The Lamar Hunt U.S. Open Cup, the U.S. Soccer Federation's National Championship, is an annual competition open to all amateur and professional soccer teams affiliated with U.S. Soccer. It is the oldest annual team tournament in U.S. sports history and among the oldest soccer tournaments of its type in the world. In 1999, the competition was renamed to honor long-time soccer pioneer Lamar Hunt.

Fans can purchase tickets for the Second Round Open Cup match by calling the Hammerheads ticket line at 910-202-0518 Monday through Friday between 9 a.m. and 5 p.m.

The Hammerheads, in conjunction with the Veteran's Cup and Cape Fear Soccer Association, will host a benefit exhibition match this Saturday. The Hammerheads will take on PDL's Raleigh CASL Elite. Kickoff will be at 7 p.m. at Legion Stadium. Tickets prices are \$5 for adults, \$3 for youth ages 4 - 12.

Sport Shorts

WINTER GOLF CLINIC
The clinic focuses on chipping, putting and the full swing. The cost is \$10. For additional information, call 451-5445.

RAIL RUN
New '05 Silverado 2500 4x4 Crew Cab. MSRP \$37,680. 11:30 a.m. - 5 p.m. at 100 Tower Road, corner of Ash and 10th. No pre-approval is required. For information, call 10 or 451-5445.

TOURNEY
Carolina basketball tour. Girls age 16 and under. Slated for Sunday at 10 a.m. at Jacksonville High School. For more information, call 938-0862.

TOURNEY
Sizzler boys basketball. Slated for Sunday at 10 a.m. at Jacksonville High School. For more information, call 938-0862.

SKETBALL
Lejeune varsity basketball. Slated for Tuesday at 7 p.m. at Camp Lejeune. For more information, call 451-2061.

CAMP
Basketball for boys and girls. Slated for July 15 at the Es Club in Jacksonville. Call 252-451-5445 for more information.

GOLF

THROUGH THE GOLF SEASON
Partial listing of golf season tournaments. Choose from a variety of events, including the 2005 Lamar Hunt U.S. Open Cup, the 2005 U.S. Soccer Federation National Championship, and the 2005 U.S. Soccer Federation National Championship.


CAMPS

Services and camps offering sports camps. Call 451-5445 for more information.


Intramural Softball | Headquarters and Service Battalion

As the season progresses, the leagues' top teams are distinguishing themselves from the pack, which should make for a highly-competitive post-season.

As the season progresses, the leagues' top teams are distinguishing themselves from the pack, which should make for a highly-competitive post-season.



Valeo offers an extensive line of both Workplace Safety and Fitness Accessories to help you perform your best.



347-4721

* Attention Active Duty Members *

Fill out your application at...

Fill out your application at...
www.militaryfundingusa.com

fax your L.E.S. to 1-888-869-5010

MILITARY FUNDING USA, INC.

MILITARY FUNDING USA, INC.
P.O. BOX 27740 LAS VEGAS, NV 89126

**MORE THAN
5 MILLION MEMBERS
TRUST USAA**

♦ Buying a Car

- ◆ **Buying a Car**
- ◆ **Moving**
- ◆ **Deploying**
- ◆ **Planning for Retirement**
- ◆ **Getting Married**
- ◆ **Having a Baby**
- ◆ **Changing Jobs**
- ◆ **Preparing Your Survivors**

VISIT USAA.COM

VISIT USAA.COM



Calls will be answered by the USAA Financial Advice Center, a service of USAA Financial Planning Services Insurance Agency, Inc. (known as USAA Financial Insurance Agency in California), a registered investment adviser and insurance agency, and its subsidiary USAA Financial Advisors, Inc., a registered broker dealer. • USAA means United Services Automobile Association and its subsidiaries and affiliates. ©2005 USAA. All rights reserved. A4014-0505



League Team Record

ers Service Bn., 2d FSSG	13-
er Support Bn.	12-
pital	12-
Regiment	11-
ious Assault Bn.	11-
Expeditionary Brigade	8-
Service Desk	6-1-
Expeditionary Unit	5-
e Expeditionary Unit	4-
pany	3-1-
l Bn.	1-

3n.	12-
	10-
	9-
	9-
PTBN	8-
3	5-
	4-1
e Regiment	2-1
3	2-1

Webster

UNIVERSITY

Registration for

Current Students:

**July 18th - 21st
and July 25th - 28th**

New Students:
August 1st - 4th

and August 8th - 10th



Camp Lejeune
9:00 AM - 1:00 PM • 2:00 PM - 4:30 PM
Monday - Thursday • Bldg. 202 Rm. 111A

New River
9:00 AM - 3:00 PM
Monday - Wednesday • Bldg. AS 213 Rm. 20

LONG LEARNING CENTER, BLDG. 202, ROOM 202
LONG LEARNING CENTER, BLDG. AS 213, ROOM 213



FIREWORKS

BEFORE THE 4th OF JULY

BELOW DEALER COST SALE

DOWN EAST CYCLES (FORMERLY BRITT MOTOR SPORTS) OF NEW BERN & KINSTON WILL BE TAKING OVER WAY TOO MUCH OFFROAD INVENTORY OF ATV'S, MOTOCROSS & DIRT BIKES. "WE WANT TO REDUCE INVENTORY"

WE ARE GOING TO SELL THESE UNITS BELOW OUR COST.



STK#00199

2005 KAWASAKI KX250R

LIST PRICE.....\$6,646
DOWN EAST
PRICE.....\$6,399

SUPER SALE PRICE **\$5,094***



STK#500682

2005 KAWASAKI KVF700

LIST PRICE.....\$8,466
DOWN EAST
PRICE.....\$7,946

SUPER SALE PRICE **\$6,475***



STK#103836

2003 KAWASAKI KFX50

LIST PRICE.....\$2,400
DOWN EAST
PRICE.....\$1,700

SUPER SALE PRICE **\$1,382**

AS FOURTH OF JULY APPROACHES, DOWN EAST CYCLES WANTS TO REWARD THE MEN AND WOMEN WHO MAKE ALL OUR FREEDOM POSSIBLE AND WHO PUT THEMSELVES ON THE LINE IN THE WAR ON TERROR SO THE REST OF US CAN BE SAFE AND FREE. ACTIVE MILITARY AND LAW ENFORCEMENT PERSONNEL CAN COME IN ANY TIME BEFORE THE SALE BEGINS FOR THE GENERAL PUBLIC ON JULY 4th AND GET THESE GREAT DEALS. AT DOWN EAST CYCLES THE MEN AND WOMEN WHO SERVE OUR COUNTRY ALWAYS COME FIRST.

WE INSIST UPON IT!

PARTIAL LISTING OF INVENTORY THAT MUST GO BELOW DEALER COST

2005 KAWASAKI KVF700
PRAIRIE ATV STK#514267
LIST PRICE.....\$8,146
DOWN EAST
PRICE.....\$7,646
SUPER SALE PRICE **\$6,211**

2004 SUZUKI LTZ250
QUADSPORT STK#103314
LIST PRICE.....\$4,546
DOWN EAST
PRICE.....\$4,296
SUPER SALE PRICE **\$2,998**

2004 SUZUKI LTZ250
QUADSPORT STK#115118
LIST PRICE.....\$4,546
DOWN EAST
PRICE.....\$4,296
SUPER SALE PRICE **\$3,248**

2004 SUZUKI LT80
QUADSPORT STK#107192
LIST PRICE.....\$2,946
DOWN EAST
PRICE.....\$2,696
SUPER SALE PRICE **\$1,814**

2002 SUZUKI LTA
VINSON ATV STK#100000
LIST PRICE.....\$5,100
DOWN EAST
PRICE.....\$4,800
SUPER SALE PRICE **\$5,100**

2004 SUZUKI LTA400F
EIGER STK#113410
LIST PRICE.....\$6,346
DOWN EAST
PRICE.....\$5,846
SUPER SALE PRICE **\$4,696**

2004 SUZUKI LTZ400
QUADSPORT STK#110892
LIST PRICE.....\$6,846
DOWN EAST
PRICE.....\$6,346
SUPER SALE PRICE **\$5,294**

2003 SUZUKI LTA50
QUADSPORT STK#112355
LIST PRICE.....\$2,446
DOWN EAST
PRICE.....\$2,196
SUPER SALE PRICE **\$1,203**

2004 SUZUKI LTV700F
TWIN PEAKS STK#500613
LIST PRICE.....\$8,146
DOWN EAST
PRICE.....\$7,646
SUPER SALE PRICE **\$6,327**

2005 SUZUKI J
DIRT BIKE STK#100000
LIST PRICE.....\$8,300
DOWN EAST
PRICE.....\$7,800
SUPER SALE PRICE **\$8,300**

2005 SUZUKI RM85L
MOTOCROSS STK#100513
LIST PRICE.....\$3,846
DOWN EAST
PRICE.....\$3,596
SUPER SALE PRICE **\$2,662**

2005 SUZUKI RM250
MOTOCROSS STK#100730
LIST PRICE.....\$6,646
DOWN EAST
PRICE.....\$6,396
SUPER SALE PRICE **\$5,109**

2005 SUZUKI RM125
MOTOCROSS STK#100751
LIST PRICE.....\$5,746
DOWN EAST
PRICE.....\$5,496
SUPER SALE PRICE **\$4,273**

2005 SUZUKI DRZ125
DIRT BIKE STK#101132
LIST PRICE.....\$3,146
DOWN EAST
PRICE.....\$2,896
SUPER SALE PRICE **\$2,048**

2005 SUZUKI DRZ
DIRT BIKE STK#100000
LIST PRICE.....\$3,900
DOWN EAST
PRICE.....\$3,600
SUPER SALE PRICE **\$3,900**

*Vehicle Colors may not be as shown in photos. Prices shown reflect "Out the Door" Prices exclusive of sales tax.



TWO CONVENIENT LOCATIONS TO SERVE YOU BETTER
2106 HWY 70 E.
NEW BERN
(252) 634-2545

663 SUSSEX ST.
KINSTON Off HWY 70 Next to
(252) 523-9537

1-800-NEW-BIKES

COVER
CONTINUED FROM 2B

electrolytes as well as a small amount of protein. The ratio of carbohydrates to protein is 1:1. The most effective way is to consume 18-20 ounces of carbohydrate, protein sports drink, and water. I would have about 6-8 percent carbohydrates and 1.5-2 percent protein. These are good ones on the list and if you e-mail me, I can let you know which ones I use. This drink can also be used as your pre-hydration drink. The intake of water will initiate the absorption of needed carbohydrates and protein. The beginning of exercise is the use of the body's own reserves.

Exercise: This is the hard part. It takes some practice to consume anything during exercise. But efforts outweigh the discomfort. You may have at first, but the goals to be reached. During your body during exercise, preventing dehydration, electrolyte loss, maintaining fluid availability and spare

muscle glycogen; limiting muscle damage and immune system suppression; and getting the body ready for a faster recovery.

To figure out your hydration rate, train one time without any pre-hydration and no concurrent hydration. Do this when the temperature is mild and your intensity is moderate. Weigh yourself before and after you train, subtract your post-exercise weight from your pre-event weight. This weight difference is your sweat rate so if you came in at one pound under your start weight with one hour of training, you would need to consume 16 ounces of fluid during one hour of training to keep your tank topped off. Conversely, since I train primarily in the southern states where the morning temperature can hover around 80-90 degrees, I am always in need of maximum hydration. Remember the 75 ounces per hour loss mentioned above. Again, herein lies a dilemma. The body can only absorb 34-40 ounces of water in an hour. No more. I lose about 35 ounces of non-replaceable fluid per hour. Given the fact that I can lose about 3 percent of my body weight in fluid, or 108 ounces of

body weight, which gives me a total time of only three hours before I start to cross over to the dark side and talk to Elvis.

So what to do? It is easy really. During exercise and events keep your fluid level maxed out, but there is a fine line, don't go over 40 ounces an hour. I use an electrolyte, carbohydrate drink --mostly Gatorade or whatever floats your boat. What I have been taught is to have one bottle that is twice the strength of the normal mix ratio, then one bottle of clear cold water. I alternate and spread out my intake over the proper time.

At the races: For the swims I try to get drinking as soon as I get out of the water. If not, I try to have a wide mouth bottle positioned in transition, to gulp down, while I am moving on to the bike. On the bike I carry two 20 ounce bottles of fluid. I also have taped to the bike one or two Power Gels. If it is extremely hot I pack two more bottles of fluid in my shirt. For the run, I have a water belt that I run with, that carries about a quart or so of fluid. If I am running in a Duathlon, I use the belt only on the second run. I

drink all this in an Olympic distance Triathlon or Duathlon and, believe it or not, have come up short a time or two.

Post-Exercise: Here is where some magic can occur. You have about 30 minutes to an hour of what we call the magic window. This is a time where the body's chemistry is primed to repair itself and absorb the maximum amount of nutrients. So give your body the kick start into recovery it is seeking. I consume an energy replacement drink with the 4:1 of carbohydrates to protein mix. If you can, you will also want to take in a high-carbohydrate meal with some protein within the hour. Something as simple as a meat sandwich and some pasta can do the trick. Sounds easy, right? Well there is a kicker. Your complete calorie intake while training (pre, during and post-event) has to equal your output to make this work. The longer you go and the higher the intensity, the more you need.

Advanced: In my pursuit to get the most from my body, I have

learned the hard way that unless I take care of myself I will only get marginal results.

This is what my masseuse, has to say: "Massage, applied skillfully, is the most effective therapy for releasing muscle tension and restoring balance to the muscular-skeletal system. The skilled massage therapist will be able to detect variations in the soft tissues and by using the correct techniques, help the sports person maintain a much healthier physical state."

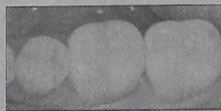
I never pass that up!

Grenier is currently ranked first in the Mid Atlantic Region Championship Series for duathlon and competes regularly in the event on the international level. Grenier focuses on the disciplines of swimming, running and cycling and will touch on some weight training and nutrition, based on his personal experience, with a mix of beginner and advanced training information. If there is something you would like to see or have questions about, you can e-mail him at grenierb59@lycos.com.

Beautiful Smiles One Visit!

CEREC has revolutionized the way our practice can deliver treatment to patients like you. This high-tech equipment allows us to restore damaged teeth in a single visit. The result is a beautiful, natural-colored restoration that is much stronger than before.

*Partials and Full Crowns *Veneers
*All Other Single Tooth Restoration.



AFTER

The CHOICE is SIMPLE

Call today for an appointment!

Stephen C. Futrell, D.D.S.
DENTAL OFFICE

32 Office Park Dr.
Tri-Care Provider

910-353-8200

THE PARTY ZONE

www.ncpartyzone.com info 219-9663

Events in June

WED NITE : Look ...No Cover!!

THE PARTY'S
UP-FRONT AGAIN !!
w/ Wolfman Bill's
Karaoke

JUNE 25TH:
PAJAMA PARTY
NO COVER
WITH PAJAMAS

FRI: Military Appreciation

Free w/ military ID

SAT: FIESTA

Latin & Hip Hop mixes
w/ DJ's Mania & Savvy
1409 Lejeune Blvd Jacksonville NC 28546

Gus' Warehouse

Just Good Country !!



MALE
MODEL
REVUE

JUNE 25, 2005

Present this coupon
and pay just

\$5

\$10.00 without

Doors open 7.00pm
Showtime 9.30pm

(excludes special events)

8pm til 2am more info 353-4353

Onslow Memorial Hospital

Hospital Services

Heartburn Treatment Center
Minor Emergency Care
Pediatric Asthma Program
Nursery and Pediatrics
Cardiac Rehab
Cath Lab
Diagnostic Services
Emergency Room
Food Services
Laboratory Services
Nursing Services
Pharmacy Services
Radiology Services
Rehabilitation Services
Special Procedures
Women's Imaging Center
Transport Services



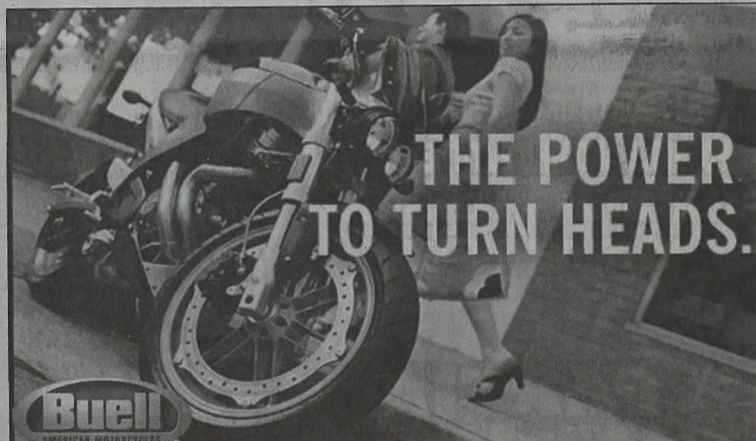
Onslow Memorial Hospital
317 Western Blvd.
Jacksonville, NC
(910) 577-2345

Surgicare - Outpatient Surgery
166 Memorial Court
Jacksonville, NC
(910) 353-9565

Onslow Memorial Hospital

A community with quality medical services delivered in a friendly, safe environment. Onslow Memorial has an on-site, full-service laboratory, pharmacy, and rehabilitation services. Surgicare of Jacksonville is located across the street from the hospital and operates Monday through Friday, 8am to 5pm for outpatient surgery.

where people care!



THE POWER
TO TURN HEADS.

Buell
AMERICAN MOTORCYCLES

Buell® Lightning® CityX



70 ft. lbs. @ 5500 rpm
Thunderstorm® 984cc, V-Twin
Pirelli® Scorpion® Sync Tires
Buell® Firebolt®



84 ft. lbs. @ 6000 rpm
Thunderstorm® 1203cc, V-Twin



NEW RIVER HARLEY-DAVIDSON

2394 Wilmington Hwy (near the Air Station)

910-346-9997

YOUR INCREDIBLE CREDIT STORE**REBATE!****Instant Cash Back**

on all In Stock Merchandise throughout the store.

- ★Cash Rebate On All Merchandise In Store
- ★No Money Down
- ★No Payment for 60 Days
- ★Low Monthly Payment
- ★Directions and Transportation Available



\$500
Instant Cash Back



\$500
Instant Cash Back



\$300
Instant Cash Back

USA
DISCOUNTERS

Why rent when
you can save as much as
50%
and you own it!



\$500
Instant Cash Back



\$500
Instant Cash Back



**Problem Credit, No Credit,
Bankruptcy...No Problem!
Power of Attorney Accepted**

**YOU ARE AUTOMATICALLY APPROVED FOR CREDIT AT USA DISCOUNTERS
IF YOU ARE ACTIVE DUTY MILITARY OR CIVIL SERVICE.**

USA
DISCOUNTERS

2770 Piney Green Road
910-353-0403
1-877-866-4466

*Financing terms available on all contracts. Terms beginning at 11.9% on 1 year contracts. Contracts for 18 and 24 months are available.

FOR
Main Side
TER
Quick
shots
when
much as
m it!
00
ash Back
TIRE
00
ash Back
R
dit, No Credit
No Problem!
orney Accept
USA DISCOUNT
SERVICE.
een Ro
0403
-4466
ed Issue
at Building
an addition-
lars and staff
ed officers
the wait
customers.

Main Side

TT: Globe | Thursday, June 23, 2005 | www.militarynews.com/globe



The Provost Marshal's Office celebrates Community Day | 2C

Quick shots

ERTION VOLUNTEERS
ED FOR ONSLOW BEACH

June's
mental
Branch will
annual dune
planting project July
w Beach.
are needed to
seats on the
urn more about
island ecosys-
doing your part
natural
ce. If you would
sit up to partici-
dune planting
I Martin
451-7235.
630 e-mail
k@mek@usmc.mil.

BRIT

erary's new
f iteration will be
ne 27. The new
re Monday -
y a.m. - 9 p.m.
n. - 7 p.m.
y Sunday 11
p.m. The base
will be closed dur-
holidays.

WATCH

reducing crime
ing a more
neighborhood by
id in the commu-
meetings July
y Park and
theater.
n will be at 6
ore information
ost Marshal
339.

BASH

are
y Force has
t beach bash
t the Onslow
zoo from noon
the bash is
y members
ode free food

OPPORTUNITIES

ation
aine is look-
s from
achusetts,
ermont or
to participate
e Temporary
y assignment
recruiters'
in the Marine
or informa-
gt. Maj. C.A.
-594-9192.

DAY

Endowment
cheduled to
eune cele-
th of July
special per-
merican
ar and opera.
ch is expect-
re than
members
s, is filling in
y deployed
sion Band.

ES

active-duty
ars are invit-
e Regiment
ines retired
at June 25
club at 8
our will
a. For more
938-1610.

IE

ed Issue
at Building
an addition-
lars and staff
ed officers
the wait
customers.



Private first class Shane E. Primeau, nuclear, biological, and chemical defense specialist with Headquarters Company, places CS capsules into the fire June 15. To many Marines, this yearly re-qualification may seem unnecessary, but to the NBC defense specialists of Headquarters Company, Headquarters and Service Battalion, 2d Force Service Support Group, this training may save lives on the battlefield.

Even the brave cry here

Nuclear, biological and chemical defense specialists to survive with chemistry

PFC. WAYNE C. EDMISTON
2d Force Service Support Group

Gas! Gas! Gas! These words come as a relief to Marines training in a gas-filled building named the CS chamber, but known to many simply as the gas chamber.

The Marines slide their mask back over their face. The room fills with coughing and gagging as the trainees' lungs fill up with CS Gas, which is an abbreviation for O-chlorobenzylidene malonitrile.

To many Marines, this yearly re-qualification may seem like torture, but to the nuclear, biological and chemical defense specialists of Headquarters Company, Headquarters and Service Battalion, 2d Force Service Support Group, this is just one run out of many they make every year.

"In today's world, you never know what to expect," said Pfc. Shane E. Primeau, an NBC defense specialist with the company.

"In a combat zone, an NBC attack can happen at anytime."

Every year, Marines and sailors throughout the entire Marine Corps must complete NBC training, which consists of a series of classes followed by a live run in the CS chamber.

The NBC Marines of Headquarters Company see the importance of training Marines on the dangers of an NBC attack, according to Lance Cpl. Jonathon R. Waszkiewicz, an NBC defense specialist with the company.

"An NBC attack is one of those things you don't want to happen, but if it does happen, the better trained you are the better chances of survival," Primeau said.

The chamber training is meant to test gear effectiveness while wearing a gas mask in a chemical environment, according to Waszkiewicz.

The training helps gain confidence that your gas mask can and will save your life; it consists of classes that cover decontaminating your equipment and body, according to Primeau. Also, trainees learn about the different type of threats in an NBC attack and how to defend

See BRAVE | 2C

Marines tie knots and dangle out of danger

SGT. TRACEE JACKSON
11 Marine Expeditionary Force

Editors note: This is part two of a three-part series.

Marines with the 22d Marine Expeditionary Unit conducted Special Patrol Insertion and Extraction training at the Special Operations Training area June 9. The exercise was part of a two-week Helicopter Rope Suspension Techniques course that gives Marines insertion and extraction techniques without requiring the helicopter to land.

Gunnery Sgt. Scott R. McCarthy, chief instructor for the HRST course, explained the course is designed to train unit leaders to rig various helicopters for quick extractions from a hot zone.

"The purpose of HRST is to facilitate the insertion of Marines in an area where helicopter landing is impractical," he said. "They have to learn all the different systems they're rigging in the aircraft, a series of knots and take a written test. Once they pass all that, they can come to air week."

Air week consists of day and night rappels, fast roping and SPIE rigging operations in confined spaces.

Sergeant Shawn A. Woolsey, a student at the course and section leader with 2d Marine Regiment Weapons Company, 1st Battalion, explained the SPIE system of extraction is a useful tool in jungle environments, spaces too



Marines from the 22d Marine Expeditionary Unit catch a breeze on Special Patrol Insertion Extraction equipment June 9 as part of the Helicopter Rappel Suspension Techniques sponsored by the Special Operations Training Group. Nineteen Marines from various units in the MEU were qualified as HRST masters after a two-week course covering fast rope, SPIE and rappel techniques.

See DANGER | 3C

Devil dogs teach midshipmen the Leatherneck lifestyle

LANCE CPL. BRANDON R. HOLGERSEN
Marine Corps Base

A group of camouflaged figures scramble off a bus and form up in platoons in front of various Marine Corps officers and staff noncommissioned officers. These aren't the newest batch of Marines from recruit training but college students aspiring to be future officers.

College students with various Navy Reserve Officer Training Corps from all over the country have come to the base through the month of June to get a glimpse into what it's like as a Marine.

"This is the one chance for them to get an idea of what the Marine Corps is all about," said Maj. Dan T. Canfield, a Marine officer instructor with North Carolina State University.

The students spent four days with Marines to give them an orientation of Marine life in the Fleet Marine Force, according to Capt. Sean Pieja, the commander of troops and an MOI from Marquette University in Milwaukee, WI.

The time spent here is a step in their journey to become officers, according to Gunnery Sgt. Carlo Gaita, an assistant Marine officer instructor at the College of the Holy Cross.

All of the students have received a Chief Naval Education Scholarship and their visit here is part of their summer training to become Navy or Marine Corps officers.

During the week, students run the endurance course, conduct physical training, shoot the M-9 pistol and go on a tour of Camp Lejeune and Marine Corps Air Station New River, according to Pieja. They also do part of the Marine Corps Martial Arts Program and a land navigation course.

"The obstacle course was the most fun out of the week," said David E. S. Milender, a student at Perdue

See TEACH | 2C

Bike patrol hits the streets

LANCE CPL. BRANDON R. HOLGERSEN
Marine Corps Base

The Provost Marshal's Office restarted its Bike Patrol unit in May and will continue until the fall.

The Bike Patrol operates in different housing areas to provide additional safety and security, according to Cpl. Lon Roberson, a military policeman with the Bike Patrol. It also shows a police presence to prevent crimes from taking place.

"Law enforcement is not all about catching the bad guy," Roberson said. "It's about crime prevention."

The bikes allow the unit to be more mobile and also more aware of their surroundings

because they are not limited to a car, according to Roberson. This allows them to be able to survey a larger area and are not restricted to the roads as they would be in a car.

The bikes are better for law enforcement, because they cover a lot of the same area in a short amount of time, so they can prevent crimes before they happen, according to Roberson. Instead of responding to a crime, they can stop it before it happens.

"We mostly give out verbal warnings to people, and we make sure that the children in the housing area are playing safe and wearing safety equipment when out riding their bikes," said Cpl. Jason P. Lamke, a military

See BIKE | 2C



Corporal Lon P. Roberson (left) and Cpl. Jason P. Lamke survey a parking lot while on duty June 15. The Provost Marshal's Office has recently restarted its Bike Patrol unit, which began in May and will continue until the fall. Roberson and Lamke are military policeman with the PMO Bike Patrol.

'Devil Docs' celebrate 107th birthday of Hospital Corps

PFC. CHRISTOPHER J. ZAHN
4th MEB (Anti Terrorism)

"Corpsman!" That is a cry that has echoed throughout the years. It is sometimes a cry of pain, fear and suffering. A brave group of men and women armed primarily with the weapons of compassion have always responded to that call. With their bandages, medicines and often with their own lives, they fought to save the lives of those who called for them. The sacrifices made by the men and women of the U.S.

Naval Hospital Corps have grown into a legacy for others to follow.

Corpsmen attached to the Anti-Terrorism Battalion, 4th Marine Expeditionary Brigade (Anti-Terrorism) celebrated the 107th anniversary of the Hospital Corps June 17. The ceremony featured a cake-cutting by the oldest and youngest corpsmen present, a re-enlistment ceremony for three corpsmen, and a dedication of a wall honoring the 22 corpsmen that have been awarded the Medal of Honor, the military's highest decoration for valor.

Formed by an act of Congress in 1898, the sailors of the Hospital Corps serve hand in hand with Marine units and are the most decorated unit in the Navy.

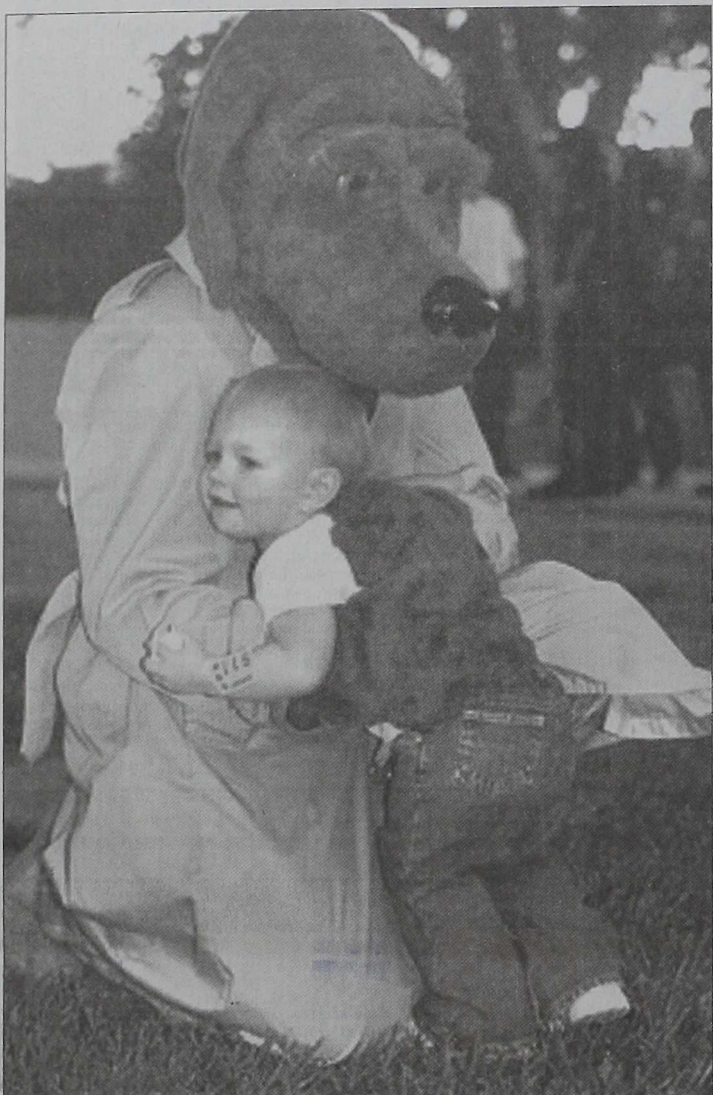
Since the inception of the Hospital Corps, there has been a corpsman with nearly every Marine unit that has gone into battle. The teamwork that exists between sailors and Marines was best demonstrated during the battle for Iwo Jima, when Petty Officer 2nd Class John Bradley helped five Marines raise the flag that would become an icon of

the Marine Corps' uncommon valor. Seaman Brandon Thomas Wyatt, a corpsman for the AT Bn., says that he has the best job one could ever have and the best job in the world.

"It's a daily fulfillment being called by your Marines and just knowing what you mean to them," said Wyatt. "That's what you go above and beyond every day."

Lieutenant Gen. Lewis B. "Chesley" said it best when he said, "You guys are Marine's doctors. There's no better business than a Navy Corpsman."

Community Day | Provost Marshal's Office



Lance Cpl. Jenna Lassandro

McGruff the crime dog, hugs Madison Mills-Snyder, daughter of Staff Sgt. Travis Snyder, while sharing the message of being drug free, during the 2nd annual Fall Family Festival.

Marine Corps Base Camp Lejeune Provost Marshal's Office will be having a Community Day June 30, from 9 a.m. to noon at Berkeley Manor Elementary School. "We are having the Community Day to educate Marines, sailors and their families as to PMO's mission here on base," said Staff Sgt. Robert C. Jadwin, Physical Security and Crime Resistance Chief. "The Provost Marshal's Office serves the community and exists to provide safety and security to all aboard the base." "We are planning to have McGruff the Crime Dog, refreshments and activities for the kids, CrimeStoppers information, child identification kits, and displays of Military Police units, vehicles, and equipment.

While at the event everyone can wish McGruff an early happy birthday. In July McGruff turns 25 — that's 175 in dog years. For more information on the Community Day please call the Crime Resistance Unit, Provost Marshal's Office at 451-4339 or 4341.

Main Side Briefs

MARINE 4 LIFE PROGRAM

The Marine Corps is looking for employers interested in hiring Marines returning to the Jacksonville area after serving on active duty. Prospective employers are invited to join an online network managed by the Marine 4 Life program, which helps Marines make the transition from the Corps to the community. For more information, contact Sgt. Dana M. Hamm at dana.hamm@m4l.usmc.mil or 376-4153, or apply via the Marine 4 Life Web site at www.M4L.usmc.mil.

WOMEN'S PERSPECTIVE GROUP

A women's prospective group is available to active-duty females, spouses of active-duty service members, retirees and spouses of retirees to discuss various topics involving behavioral traits which contribute to violent situations and how to recognize good and bad relationship factors and how to handle them. For more information, call Dr. Perlie Jones at 451-2864.

MCCS ONESOURCE

Permanent Change of Station moves are a fact of life for the Marine Corps family. MCCS OneSource offers relocating assistance, brought to you in partnership with Marine and Family Services. There is no cost associated with using this service, and best of all, it's available anytime of day, wherever you are. So get in touch with us today. We have consultants who speak Spanish and offer simultaneous translation into more than 150 other languages. Phones are 800-346-9188, En español, llame al 800-375-5971 or call collect 484-530-5908. For more information on relocation, visit www.mccsonesource.com.

DRIVER VOLUNTEERS WANTED

At least 10 volunteers are needed to drive a parking lot shuttle bus at the Camp Lejeune Naval Hospital. The shifts are four hours long and volunteers must have a valid driver's license. Call 450-4596 or 451-2173 for more information.

TRICARE DENTAL PLAN

Is your family signed up for the Tricare Dental Plan? United Concordia handles the enrollment process. Enrollment is easy but must be initiated by the sponsor by completing a TDP enrollment form. Forms are available by calling United Concordia at 888-622-2256, by accessing the Web site at www.ucci.com or by visiting any of the base dental clinics. To verify enrollment, call customer service for United Concordia at 800-866-8499, 24-hours-a-day, Monday - Friday.

TRAFFIC ACCIDENT TESTIMONIALS SOUGHT

The Navy is seeking testimonials from 18 - 25-year-old sailors and Marines who have been in car or motorcycle wrecks and who have been saved by seatbelts or helmets. We also want to hear from those who were injured because they weren't wearing proper safety equipment, and who have learned a lesson about the importance of protective gear. We would like them to share their experiences so others can learn the consequences of their actions when it comes to vehicle safety. Those interested should contact Fred Klinkenberger at fred.klinkenberger@navy.mil or 757-444-3520, ext. 7314 (DSN 564).

Courts-Martial

Lance Cpl. Timothy Chow, Headquarters Battalion, 2d Marine Division, was convicted at a special court-martial of sale and loss of military property and larceny. He was sentenced to a bad-conduct discharge, confinement for 6 months, forfeiture of \$9,053, a \$350 fine, hard labor for 60 days and reduction to private.

Private Joseph G. Nevarez, Headquarters and Support Battalion, 2d Force Service Support Group, was convicted at a special court-martial of breaking restriction, disobeying a lawful order, assaulting a noncommissioned officer, and disrespecting an NCO. He was sentenced to a bad-conduct

discharge and confinement for 75 days.

Private Logan J. Brownlee, 2d Marine Battalion, 2d FSSG, was convicted at a court-martial of violating a lawful order, ing a general order, and driving with a Alcohol Content of .10. He was sentenced to 30 days confinement and forfeiture of \$3,200.

Private Mauricio Velasquez, Headquarters and Support Battalion, Marine Corps Base, was convicted at a special court-martial of possession of marijuana. He was sentenced to a bad-conduct discharge, confinement for 30 days, and forfeiture of \$1,646.

BIKE

CONTINUED FROM 1C

policeman with the Bike Patrol.

The bikes also allow them to be more approachable and personable with the community, according to Roberson. People are very receptive to the patrol and the patrol spends time talking to the residents of the housing areas to find out what's going on in the area.

"When we are out riding, we are out there all day and making contact with people instead of driving around," Roberson said. "It's more proactive and personal."

The bike patrol underwent a weeklong intensive course on bike police work taught by the

Jacksonville Police Department, according to Roberson. During the course, military police learn how to operate on a bicycle. The basics of taking down a person from a bicycle are most importantly bike maintenance.

The bike patrol rides for an average of 10 miles during an 8-hour day, according to Roberson.

"It's basically 8 hours of cardiovascular exercise," Roberson said.

Almost all of the policemen on the bike patrol have at least two years of road time as a policeman, according to Roberson.

The bike patrol has been proven to be a law enforcement tool, and it will be that way keeping service members and civilian employees safe.

Crime Stoppers

On June 18, at approximately 1 a.m. an individual was making a delivery to Southern Auto Parts at 2548 Onslow Drive, Jacksonville, N.C. While the individual was removing materials from the truck, three suspects approached him. The suspects struck the victim on the back of the head and stole his money. When the victim didn't immediately comply with demands he was struck again and threatened with a nine-millimeter semi-automatic pistol. The victim gave the suspects a sum of money and they fled the area on foot. The suspects were described as three black males, approximately 25 - 30-years-old wearing dark colored clothing.

The Naval Criminal Investigative Service, Camp Lejeune, N.C. is investigating the following: Between 11:30 a.m., June 17 and 7:30 a.m., June 20, person(s) unknown entered Building M-1 Johnson, N.C. and stole 25 black Dell laptop computers. There were no signs of forced entry. Estimated value of stolen property is \$50,000.

If you have any information please call Crime Stoppers 24 Hour Hotline at 938-451-2864.

TEACH

CONTINUED FROM 1C

University, Indiana. "We don't get to do obstacles anywhere else and it's a nice change of pace."

The students also receive classes on the Marine Air Ground Task Force and receive tours of different kinds of units including artillery, tank and infantry units, according to Gaita.

The week is not meant to be for recruitment for the Marine Corps, but just for the students to see what the Marine Corps is all about, according to Gaita. Whether the students decide to become officers in the Marine Corps, this will help them to work well with the Marines.

"This will give me a lot more opportunities than if I went to a normal job," said David Miller, a student at Georgia Technical University. "I'm looking forward to my time as an officer."

BRAVE

CONTINUED FROM 1C

yourself from them.

Nuclear, biological and chemical Marines are more than anyone else on how your gas mask works, according to Lance Cpl. Brian J. an NBC defense specialist with the company.

"We go through live nerve agent chamber training, doing everything from decontaminating equipment to doing remedial action on a weapon," said Gaita.

This live nerve agent chamber puts Marines between the walls of their gas mask and according to Primeau.

"It shows us this gear really does work," Waskiewicz. "It's what we are trying to do while they are in the [CS] chamber."

Even though NBC training has its serious side, NBC Marines take enjoyment in education, according to Primeau.

"I love to train Marines," said Waskiewicz. "It's putting my part in to better the Corps."

As the NBC Marines open the door and exit the chamber at the fastest pace possible, they remain inside and begin to collect their gear.

Another group of Marines once again entered the chamber and the NBC Marines are the first last ones to leave.

Off-limits establishment

The following businesses are designated as "off-limits" by the base commanding general as "off-limits."

Doll House	Highway 258 West, Jacksonville
Easy Money Catalog Sales	233-F Western Blvd., Jacksonville
Fantasies	4951 Richlands Highway, Jacksonville
Illusions	Richlands Highway, Jacksonville
Jacksonville Speedway Auto Parts	401 Blue Creek Elementary School Road
Playhouse	6568 Richlands Highway, Jacksonville
Pleasure Palace	Highway 17, Jacksonville
Private Pleasures	5527 Highway 258, Jacksonville
Reflection Photo	353 Western Blvd, Jacksonville
Smitty's R&R	Highway 17, Jacksonville
Talk of the Town II	114 Texie Lane, Jacksonville
Tender Touch	Highway 258, Jacksonville
Veterans Affairs Services	La Miranda, Calif.
Club Classics	New Bern
Club Liquid	240 US 70 West, Havelock
Five Points Variety Center	508 Kilmarnick St., New Bern
Botta Booms	3054 Wilmington Highway, Jacksonville
Carland	George Washington Highway, Tabb, Va.
Centennial Enterprises, Inc.	Thousand Oaks, Calif.
Joshua Experience/Club Access	200 Golden Oak Ct., Virginia Beach, Va.
Student Assistance Co.	244 S. Randal Rd., Elgin, Ill.

Hotline numbers to report fraud, waste, abuse and corruption

Department of Defense	(800) 424-9098
Inspector General, Marine Corps	(703) 614-1348/1349
Camp Lejeune (Recorded line)	451-3928
Hearing impaired	451-2999
To report business fraud	451-3928

DANGERS
CONTINUED FROM 1C

small four "chopper" to land and hot zones because "They generally don't see to get shot at."

[Helicopter] don't want to be on the ground in a danger area any longer than they have to be. It's got to be fast extraction," said

police. "Basically, we go to a class and show us how to hook it up, and beyond that, it's your own responsibility," said Sgt.

Gen. Lewis. "Now, a student of the course, I plan to use his SPIE training to train his Marines when he

back to Weapons 1/2 Company. When we get back, we have courses that include flying 'helos' and 'like it, so we'll probably use

the SPIE equipment consists of a helmet, a harness, two carabiners

and a separate rope wrapped under the armpits and across the chest of the Marine to be extracted. This rig leaves the Marine's feet and arms free to carry equipment and glide smoothly in the air.

Once the helicopter has taken off and starts to pick up speed, the Marines attached to the SPIE gear may start to spin in circles on the line. Extending both arms straight out will stop the spinning momentum.

Corporal Mark A. Robinson participated in the course as well, and observed that once the knots are tight and the Marines are lifted to safety, "You're basically just dangling on the rope," until he can set his boots back on the ground.

"I've done it multiple times, but I have confidence in my gear, so it's a lot of fun," said Robinson.

"It's an adrenaline rush ... in the wind looking down at the trees and water," said Rowland. "It's the better part of the training."



Marines gear up in preparation to ride the wind on Special Patrol Insertion Extraction equipment June 9. The two-week SPIE exercise was a practical applications endeavor sponsored by the Special Operations Training Group's Helicopter Rappel Suspension Techniques course here.

KITCHEN & LIGHTING DESIGN

Here For You!

Come see our many designs of
Lamps, Mirrors, Prints, Accessories, Lights, Fans,
and Kitchen Cabinets.

M-F 10a-5pm S: 9am-1pm

455-2393
1207 Gum Branch Rd.

新中國
NEW CHINA
CHINESE RESTAURANT
Take Out & Eat In
We Deliver
Lunch & Dinner Served
Open 7 Days A Week
Mon-Thurs: 11 am to 11 pm
Fri. & Sat: 11 am to 11:30 pm
Sunday: 11:30 am to 10:30 pm
For Orders of \$10.00 or More, Limited Area.
See Our Menu on Page 369
of the Sprint Phone Book

938-1288
110 G Gum Branch Road - Branchwood Shopping Center

Three Diamond Pendant
Past... Present... Future...
Barnes
Diamond
Gallery
Monday thru Friday - 9:30 - 5:30 pm
(910) 347-4300 - Fax (910) 346-3500
120 College Plaza, Jacksonville, NC

**Triple
Rooms**
\$69
per
night

AMERICAN OWNED &
OPERATED
910-455-4923

INTERSECTION OF HWY. 17 & HWY 258 JACKSONVILLE

**BODY JEWELRY
SUMMER BLOWOUT SALE**

Tongue Rings \$3	Belly Rings \$4
Nose Rings \$3	Body Jewelry
Sterling Silver Chain & Pendant \$9	

**The GUN SHOPPE
& PAWN**
910-353-4190
331-D Western Blvd.
Mon - Sat 11am-7pm



GSA Schedule
Contract GS-06F-0052N

It's Never Been Easier to Get the Supplies You Need.

Your Local GSA Supplier of Choice!

- ★ Government Purchase Orders, Government Purchase Cards and Commercial Credit Accounts Accepted
- ★ Over 1,800 Convenient Locations
- ★ Delivery Available
- ★ Pro Desk Services Including Support from Knowledgeable Pro Desk Associates and Separate Pro Entrance and Checkout Lines
- ★ Dedicated Government Account Managers with Military and Government Experience
- ★ Large Orders, Special Orders, Bids and Proposals? Call **1-866-589-0690**
- ★ We Proudly Support MWR and Local Community Events

SmartPay®
GSA



Use our Store Finder at
homedepot.com
to locate a store near you.

Appliances • Lumber • Building Supplies • Janitorial/Cleaning • Décor • Electrical • Garden & Landscaping
Flooring • Hardware • HVAC • Lighting • Paint • Plumbing • Safety & Security • Storage • Tools

ADP 4-0111

Classified Line Advertising, Call 910-347-9624 ★ Open Monday-Friday, 8 a.m. - 5 p.m.

Trader Ads are FREE
for active duty military,
retirees, and their
family members.

THE GLOBE CLASSIFIEDS

★ Fill out the coupon in this section or go to www.militarynews.com/globe and click on "place a trader ad"

Real Estate For rent

1BR MH laundry rm, sm covered deck, dbl carport, partly furnished, lg LR, avail 7/1, no pets, \$300, 346-8061.

OFFICE SPACE
EMERALD DR. OFFICE SPACE: 500 S. F. with closet & private bath. Building shared with Real Estate Co. \$400.
Bluewater GMAC
1-800-786-9285 • 1-252-354-5921

2BR MOBILE HOME for rent near MCAS, private lot, central heating & cooling, washer/dryer, 937-0636/455-2218.

2BR/1.5BA MH near MCAS, country setting, water, yard wk, & trash pick up incl, sm covered deck, carport, no pets, \$315, 346-8061.



Property	BR/BA	Rent
Candell Village	1/1	\$395
134 Morningglade	2/1	\$375
107 Ravenwood	2/1	\$425
87 Village Terrace	2/1	\$435
464 Sophia Dr.	2/1	\$450
233B Lakewood	2/1	\$500
991 W. Pueblo	2/2	\$550
312 Cardinal Rd.	3/1.5	\$600
237 Cordell	3/2	\$555
317 Brentwood	4/1	\$875
192 Piney Green Rd.	4/2	\$795
262 Pollard Dr.	4/2	\$850

Other 1, 2, 3 or 4 bedrooms available
347-4049
Email: aba@bizccr.com
Website: www.abarents.com

2BR/1BA MOBILE HOME for rent, \$300/mo, 3 miles from Marine Corps Air Station. Please Contact 910-382-4482.

2BR/1.5BA TOWNHOME oceanview newly renovated, WD, garage, no pets, annual rental, \$1100, 252-354-3385.

3BR/1BA APARTMENT oceanview, newly renovated, annual rental, \$950/mo includes utilities. Call 252-354-3385.

TREASURE REALTY
1-800-762-3961 or
Local 327-4444
www.treasurerealty.com

905 Bayshore Marina:
3BR, 2.5BA unfurnished,
garage, pool, tennis courts,
trash included, townhouse,
deck, pets negotiable.
\$825 mo.

215 Port Drive:
2BR, 2BA unfurnished,
cat in kitchen with lots of
cabinets, just a short walk to
the beach, quiet area,
pets negotiable.
\$650 mo.

Treasure Plaza Suite H:
Commercial Property.
\$500 mo.

3BR/2BA BRICK HOUSE lg yard, quiet neighborhood, on dead end street, \$600/mo, 1yr lease, 324-7308 1/m.

3BR/2BA MOBILE HOME for rent, \$350/mo, 3 miles from Marine Corps Air Station (MCAS). Contact 910-382-4482.

ANNUAL RENTALS
Available
Now!
Live At The Beach!

EMERALD ISLE - 3BR, 1.5BA,
window A/C, baseboard heat,
no pets. \$650 mo.

EMERALD ISLE - 2 BR, 1 BA
duplex, all appliances furnished
except washer/dryer, shared screen
porch, no pets. \$700 mo.

EMERALD ISLE - 2 BR, 2.5 BA
townhome, end unit, water and
cable included in rent, no smoking,
no pets. \$800 mo.

EMERALD ISLE - 3BR, 2BA,
garage, gated community includes
boat ramp, tennis and pool, no
smoking, no pets. \$1175 mo.
Available June 1.

EMERALD ISLE - 3BR, 2 BA,
lots of storage, hardwood floors, all
appliances furnished, sun-room,
screen porch, no smoking, pets
negotiable. \$1200 mo.

EMERALD ISLE - 3BR, 2.5 BA
duplex, all appliances furnished,
decks with ocean and sound view,
shared pier/dock, short walk to
beach, no smoking, no pets. \$1200 mo.

EMERALD ISLE - Soundfront
Condo, 2BR, 2BA, fully furnished,
shared pier, water and cable included
in rent, 6 to 12 month lease.
\$1450 mo.

Emerald Isle Realty
7501 Emerald Drive, Emerald Isle, NC 28594
Rentals: 252-354-3315/800-849-3315
www.emeraldiserealty.com

HUBERT 3BR/2BA-2 car garage, big
yard, 133 Fodder Dr. 10 min from back
gate, \$800/mo. 546-3938.

Real Estate For rent

LARGE 2BR house partially furnished
w/lightning rods, large yard, in country,
front & back porches, near bases, avail
7/1/05 \$350/mo no pets. 324-3696.

Century 21
Sweyer & Associates
Hampstead/Wilmington
Long Term Rentals!
Call for FREE
Rental List!
(910)270-3606 • (910)256-3031
www.wilmington4rent.com

NORTHWOODS 3BR/2BA single family
home, detached 12x18 storage bldg,
peaceful & quiet nrhd, near schools,
close to shopping & Bases, pets not
preferred, Avail June 25th, \$695 Ref
required, 546-1235/346-7284.

Address	Bed/ Baths	Rent Amount
128 Corey Circle	2/1	\$500.00
1951 Rolling Ridge	2/2	\$525.00
206 Deer Creek Dr.	2/2	\$550.00
2028 Brandyhill Ct.	2/2	\$575.00
115 Palace Circle	2/1.5	\$595.00
110 Croatan Ct.	2/2	\$625.00
307 Foliage Ct.	3/2	\$795.00
207 Hayden Pl.	4/2	\$975.00
1006 Vernon Dr.	3/2	\$1100.00
319 Richmond Dr.	4/2	\$1350.00

Prudential John Koenig, Realtors
3466 Henderson Drive
Jacksonville, NC 28546
Fax: 910-938-1234
Local: 910-938-1976

QUIET 2BR/1BA DUPLEX carport, near
back gate, Hubert area, \$252/mo +dep,
small pets ok w/pet fee, 326-1914.

Bluewater GMAC
Real Estate
ANNUAL RENTALS

HUBERT -
135 Conch Ct.; House; 4BR.
2BA. Pets neg. No Smoking.
\$1000

EMERALD ISLE -
13 Osprey Ridge Dr.;
Townhouse - 3BR, 2.5BA.
No Pets. \$850.

SWANSBORO -
301 Church St.; Home -
3BR, 2BA, No Pets.
\$750.

SWANSBORO -
414 Old Hammock Rd.;
House - 2BR, 1BA. Pets
Negotiable. \$675.

600 Vacation Rental Properties too!
Office open 7 Days a week at
200 Mangrove Dr., Emerald Isle
1-800-786-9285 • 1-252-354-5921
www.bluewatergm.com

ROOM FOR RENT 3BR/2BA large home
in Hampstead, near Surf City, \$400/mo.
381-9052.

Address	BR/BA	Price
2101 Blue Creek	2/2	\$525
138 Corey Circle	2/1	\$510
144 Corey Circle	2/1	\$515
134 Charlton	2/2	\$625
106 Hickory Grove	2/2	\$525
302 Cedar Creek	2/2	\$550
400 Cedar Creek	2/2	\$550
402 Cedar Creek	2/2	\$550
201 Canterbury	2/1	\$535
334 Sunset	3/1	\$635
202 Fairwood	2/2.5	\$675
1205 Timberlake	2/2.5	\$675
111 Timberlake	2/2.5	\$675
29 Pirates Cove	2/2.5	\$725
123 Brenda	2/1.5	\$625
204 Faison	2/2	\$625
202 Faison	2/2	\$625
1964 Brandyhill	2/2	\$600
2248 Brandyhill	2/2	\$600
2189 Brandyhill	2/2	\$600
967 W. Pueblo	2/2	\$600
988 W. Pueblo	2/2	\$600
1095 W. Pueblo	2/2	\$600
1063 W. Pueblo	2/2	\$600
1086 W. Pueblo	2/2	\$600
103 Ellen	3/2	\$790
133 Daphne	3/2	\$775
110 Aspen	3/1	\$665
116 Tiffany	3/2	\$795
130 Greenford Pl.	3/2	\$750
105 Sweetwater	3/2	\$775
1004 Pintail	3/2	\$725
210 Yearling Loop	4/2	\$1200
200 Derby Downs	3/2	\$1500
109 Little Current	4/2	\$1200
808 Woodcreek	3/2	\$875

829-A Gum Branch Rd.
Jacksonville, NC 28540
Office: 910-455-2860
Toll Free: 888-819-7653
Fax: 910-455-0152
Prices Subject to Change Without Notice

ROOM FOR RENT Sneads Ferry, close to
back gate & beaches, share a house, very
quiet, walk to river & restaurants, no
smokers. 327-2707.

SMALL HOUSE Sneads Ferry, close to
back gate & beaches, 2/1, 1/2 acre,
very quiet, should be ready in July, ext

Real Estate For rent

still needs work but will reduce rent until
finished, \$600, 327-2707.

TOPSAIL 3BR/2BA, all redon, fresh paint,
new flooring, WD hookup, ocean view
from deck, beach access nearby,
\$800/mo. 910-327-0765.

SW AREA 2/2 w/large walk-in closets,
garden tub, water, landscaping & trash
incl \$525/mo. Sec dep/first month's rent
due upon move in. No Pets 545-8979.

Real Estate For sale

1997 REDMAN MH \$12,000 or make
offer, exc cond, 2BR/2BA, laundry area,
kitchen w/refrigerator, stove &
dishwasher, near piney green gate,
Jacksonville, 327-5451.

3BR/2BA DWMH Swansboro/Maysville
area on pvt. 75 acre lot, comp w/new
appl & cntrl air. 301-743-9133 or
353-2538 to view.

3BR/2BA HOME FSBO on 1.68 acres,
MBA w/garden tub, open floor plan, 8x16
shed, great loc, 1493 sqft, \$91,000.
546-6185/382-4359.

3BR/2BA less than \$600/mth, private
lot, financing avail. 252-349-3457.

5BR/2BA DOUBLEWIDE \$50,500, lot it
sits on for rent only, 3mi from MCAS.
546-8926.

FOXHORN AREA Jacksonville Commons
schools, 3BR/2BA, fenced yard, 1 car
garage, behind Wal-Mart, convenient
shopping, \$93,500 w/ owner.
388-0457/843-365-5225.

FSBO-118 Stoney Creek Dr. 4BR/2BA,
1500 sqft, 42 acres, 1133K, 1 mile from
MCAS. 252-723-1452.

MOBILE HOME DOUBLEWIDE 1 1/2
acres, 3BR/2BA, completely furnished,
all appl incl, fireplace in LR, new roof,
16x16 shed, 25x10 enclosed rear porch
w/swing 8x16 enclosed lean to on shed,
10min to MCAS, Asking \$84,900.
324-6732.

MONARCH grand vacations time share,
beautiful resorts that are child friendly,
133 ownership points per 24 month use
term, \$9000, 324-7384.

NORTHWOODS Parkwood Estates,
2400-sqft, 4BR/2.5BA colonial,
hardwood floors, FR deck, fenced yard, 2
car garage, easy walk Parkwood Elem,
\$228,000. 545-7092.

SWMH low payments, private lot,
financing avail. 252-349-3457.

STONE BAY Well maintained, 3BR Ranch,
garage, fenced in back yard, new siding,
windows, roof, and garage door. Minutes
to back gate or beach. EXIT REALTY, Ed
McKenna. 910-232-1010.

Appliances

AMANA 27 CU FT side by side
refrigerator w/ice & water in door, \$300.
30in Tappan continuous clean range,
almond/black glass, \$100. 324-1311.

APPLIANCES 15 cu ft chest freezer \$50,
washer and dryer \$100.
946-9263/389-8039.

APPLIANCES T-fal deep fat fryer w/extra
filters \$20, Oster 14sp blender w/4 jars
\$10, Tilt head stand mixer
w/attachments 600wt \$65. 355-3538.

Crime Stoppers
Report Crime anywhere in our community.
• Report Crime anywhere in our community.
• Caller never reveals his/her identity.
• Pay CASH reward up to \$1000.
• Information must lead to arrest and indictment.
• Reward is collected through code system.
Call 24 hr. Hotline 334-3270
"Help to keep Marine Corps Bases and all of
Onslow County a safe place to live and prosper."

ELECTRIC STOVE black, \$100.
346-9857.
FREE WHIRLPOOL heavy duty washer,
leaks water, fix leak & you have a good
washer, no dealers/merchants pls.
340-2449.
GE NAUTILUS DISHWASHER black,
portable, requires no installation, runs
like new, \$175. 315-243-6154.
KENMORE GAS DRYER white, hardly
used, \$75. 326-2478.
MAGIC CHEF 4.0cf compact refrigerator,
compact 0 degree freezer & can storage
rack, good for dorm/barracks, excellent
cond, \$149. 353-6412.
REFRIGERATOR GE 25.2 ft side by side,
water & icemaker, some scratches, great
extra fridge, \$200. 934-3019.
WHIRLPOOL WASHER \$75, 6 months
old, white. 938-9094 before 9PM.
WHIRLPOOL 7 cycle quiet wash, Frigidaire
ultra quiet, lg portable dishwasher.
545-6827/546-9009.
WHIRLPOOL dishwasher, under the
counter, good cond \$50 455-4628.

Electronics

2 17IN MONITORS \$70 each, 1 15in
w/ext speakers, \$50/obo. 347-6770.

9IN TV \$30, DVD player \$30, VCR \$15.
346-8096.

CAMERA Canon Elph LT260, APS film
camera, missing battery cover, takes
great pictures, \$40/obo. 382-4794.

COMPAQ \$100-scanner, IJ600 printer,
Panasonic plain paper fax/copier,
desk/chair, \$150 willing to separate.
743-0098.

COMPUTER 17in monitor, keyboard,
scroll mouse, speakers, CD burner, DVD
ROM, 256MB DDR SDRAM memory,
Windows XP Home edition, all Compaq, 2
USB 2.0 ports, \$400/obo or trade for car
daily or trailer. 382-4359.

HP CRT 17IN monitor \$40. 346-8096.

KENWOOD HOME STEREO could be used
for surround sound, 6 disc, 2 tape, 1
subwoofer, 4 smaller speakers, remote,
\$250/obo. 355-1908.

KENWOOD 640W, 4 channel amp, 2yr
warranty & receipt incl, \$100. 382-6492.

LASER PRINTER HP 4P & extra cartridge
\$75. 355-3538.

MINOLTA freedom zoom explorer 35mm
Camera, \$40. 546-1161.

PIONEER 40in big screen TV, all black,
nice and in perf cond, no dents or
scratches, \$250 nego, cash only.
346-9270.

PIONEER like new detachable face car
stereo w/remote, only 6 mths old,
\$150/obo. 546-8942.

PRINTER HP PSC 1210, all-in-one, gently
used, copies, prints, & scans, prints good
photos, \$45/obo. 382-4794.

Electronics

CAMERA Canon Elph LT260, APS film
camera, missing battery cover, takes
great pictures, \$40/obo. 382-4794.

COMPAQ \$100-scanner, IJ600 printer,
Panasonic plain paper fax/copier,
desk/chair, \$150 willing to separate.
743-0098.

COMPUTER 17in monitor, keyboard,
scroll mouse, speakers, CD burner, DVD
ROM, 256MB DDR SDRAM memory,
Windows XP Home edition, all Compaq, 2
USB 2.0 ports, \$400/obo or trade for car
daily or trailer. 382-4359.

HP CRT 17IN monitor \$40. 346-8096.

KENWOOD HOME STEREO could be used
for surround sound, 6 disc, 2 tape, 1
subwoofer, 4 smaller speakers, remote,
\$250/obo. 355-1908.

KENWOOD 640W, 4 channel amp, 2yr
warranty & receipt incl, \$100. 382-6492.

LASER PRINTER HP 4P & extra cartridge
\$75. 355-3538.

MINOLTA freedom zoom explorer 35mm
Camera, \$40. 546-1161.

PIONEER 40in big screen TV, all black,
nice and in perf cond, no dents or
scratches, \$250 nego, cash only.
346-9270.

PIONEER like new detachable face car
stereo w/remote, only 6 mths old,
\$150/obo. 546-8942.

PRINTER HP PSC 1210, all-in-one, gently
used, copies, prints, & scans, prints good
photos, \$45/obo. 382-4794.

SAMSUNG 20in flat plasma TV, 3-4 mths
old, \$100, wall mount incl, \$550/obo.
381-8761/381-8615.

SONY VAIO LAPTOP 850MHz, Windows
XP 20GB HD, 384MB RAM, WIFI, \$800.
Sony external CD drive \$100, floppy drive
\$75, external modem \$60. 340-1401.

SONY 10 disc CD changer w/remote,
never used still in box. 325-1883.

SONY Trinitron 17in monitor \$50, Star
bubble jet printer \$20. 358-3217.

Employment

#1 HOME BASED PROGRAM \$30K in 30
days, NO SELLING, not MLM, no boss.
1-800-242-0363 x3774.

AUTOLAND OF WILMINGTON is looking
for salespeople. Business is booming! 12
million dollar inventory, great pay and

Employment

Carolina CAT
Become a Caterpillar Dealer Service Technician.
You'll work on some of the biggest, hardest-working machines in the world.

If you already have experience working on diesel engines, heavy equipment, forklifts or generators we would like to talk with you about joining our family as a CATERPILLAR dealer technician.

Caterpillar Dealer Program (CDA) is a 2-year college associate program with 8 weeks of paid classroom instruction at Florence-Darlington Technical College (FDTC) and 12 weeks paid internship at various locations in NC (Asheville, Charlotte, etc.). Upon completion of program receive an associate degree and become a full time technician.

Through this program you'll become a highly skilled, technically trained, in-demand worldwide CDA dealer family. You'll do challenging, interesting, hands-on work and benefits, and be a respected professional.

We will be conducting interviews and placement testing at 1300 on June 23rd on June 24th at the Career Resource Management Center (Bldg 14), Carolina Tech. To ensure your seat for one of the interview/testing dates call Lee Tuthill at 800-242-0363 for additional information please call Geary McMin at Carolina CAT at 800-242-0363.

Employment

Carolina CAT
Become a Caterpillar Dealer Service Technician.
You'll work on some of the biggest, hardest-working machines in the world.

If you already have experience working on diesel engines, heavy equipment, forklifts or generators we would like to talk with you about joining our family as a CATERPILLAR dealer technician.

Caterpillar Dealer Program (CDA) is a 2-year college associate program with 8 weeks of paid classroom instruction at Florence-Darlington Technical College (FDTC) and 12 weeks paid internship at various locations in NC (Asheville, Charlotte, etc.). Upon completion of program receive an associate degree and become a full time technician.

Through this program you'll become a highly skilled, technically trained, in-demand worldwide CDA dealer family. You'll do challenging, interesting, hands-on work and benefits, and be a respected professional.

We will be conducting interviews and placement testing at 1300 on June 23rd on June 24th at the Career Resource Management Center (Bldg 14), Carolina Tech. To ensure your seat for one of the interview/testing dates call Lee Tuthill at 800-

Pets & Supplies

ADBA AMERICAN PITBULL-terrier, 5 mth old, male, brindle/white markings/rednose, good w/children, \$300, 347-9825.

AKC GERMAN ROTTWEILER-1.5yr old female, bred once kept outdoors in kennel, \$300, 347-9825.

AKC GERMAN SHEPARD PUPPIES-4 females & 1 male, \$300, payment plan avail, playful & ready to go, 382-8595.

AKC LABRADOR RETRIEVER-puppies, 3 yellow males, 3 black males, 1 black female, 353-4776.

AMERICAN PITBULL-beautiful male 9 mo old, brindle/white, ADBA registered, \$400, 219-7847.

AQUARIUMS-2 20gal long setup w/stand \$90ea, 30gal long \$50, have whisper power filters & more, 330-2900 i/m.

BEAGLE-female, tri color, 6 mth old, great w/kids, house trained, \$200/obo, 940-682-6246/940-682-6247.

DRIVE SOBER

BLACK MINPIN-1yo w/papers, very playful & good w/kids, \$100, loves to play/exercise, 265-1559.

BLUE CAT CUBE-inside the cat cube hangs a cat toy, \$3, drk tan & green pet bed, very fluffy, \$5, 219-7741.

CATS-Feral cats for adoption. If interested please call 938-2168.

DOUBLE 55 GALLON-fish tank setup w/fish, filters, lights, turtle, year worth of food & filters, \$525, 326-6964.

FEMALE PIT BULL-good w/family & kids moving, \$150, have leash, food/water dish, dog house extra, 539-9073.

FEMALE WATER DRAGON-1 Male Basilisk w/55 gallon tank, all lights, filters, \$100, 382-7815.

FREE KITTENS-free delivery, tabby, calico & grey tiger, call 389-5406.

FTGH-cat, great w/children of all ages, utd on all shots, front paws declawed, very sweet cat, 2yo, 330-7783.

FTGH-walker hound dog, no papers, 1yr old, neutered, loves the outdoors & kids, needs new home ASAP 455-7290.

FTGH-5 mth old puppy very sweet & loveable comes w/all toys, kennel, collar, harness, leash, 346-9423.

FTGH-female cat 1yr old spayed, declawed & shots utd, 388-0931.

FTGH-Female cat, 1 1/2 old, black/white, great cat for indoors, will not go outside, very loving, needs home soon, 661-549-8171.

FTGH-female/spade CFA/TICA reg, 3yo Korat cat, better w/older children than adults & other cats, shots utd, 355-7516.

FTGH-Rottweiler, 5 yo, 80 lbs, shots utd, 546-6148.

FTGH-very sweet & loving full breed Akita, good w/older children & adults, 545-4910.

GERMAN ROTTWEILER-12 mth old, w/papers, friendly good w/kids & other animals, \$300, 526-4945.

GUINEA PIG-male, cage, water bottle, tumble ball, bedding, & food \$30, 577-3747.

MALE BOXER-"Thor", 1yo, neutered, great w/kids, lots of energy, tan w/black markings on face & white on chest, \$300, 938-1754.

MALE PURE BOXER-w/papers & family lineage, 1yr old, shots utd, house broke, raised around kids, w/cage, bowls, food storage bin, \$600, 539-8731.

MINIATURE SCHNAUZER PUPPIES-5 females, 1 male, tails docked, 1st shots & dewormed, ready to go to new homes June-16, \$300, 743-2977.

MINIATURE SCHNAUZER-Black female, 1yr 6m, \$400, 577-1577/382-8091.

PEEK PUPS-need 2nd set of shots, \$300 each, 407-467-6087.

PETS-velled chameleon, sub adult,

Pets & Supplies

aquarium, lamps & all acc incl, \$175/obo, 382-4047.

PITBULL PUPPIES-ADBA reg, fawns & blk & white colors, 1st shots & wormed, family raised, parents on site, adults for sale, pmt plan available, 347-2441 i/m.

POMERANIAN-female puppy, blk in color, 1st shots & dewormed, ready to go, \$350, also 4yr old female pom utd on all shots \$200, 324-1956.

POMERANIAN-white male, 3 mo, shots utd, 326-3403/859-979-2754 i/m.

PUPPIES-chihuahua/boston terrier mix, 3 mths old, 2 males, \$75 for one or \$125 for both, 548-1579.

PURE BREAD HUSKIES-avail mid July, all colors, parents on site, taking deposits, first shots, no papers, \$200, 938-9094 before 9PM.

UKC ENGLISH BULLDOG-2.5yo, male, does not like other dogs, wrinkly & adorable \$900, 382-6788/382-5064.

UKC MINATURE SCHNAUZER PUPPIES-4 females, tails docked, 1st shots & dewormed, ready to go, \$300, 743-2977.

YELLOW FEMALE LAB-2yo, spayed, utd shots, w/heart worm meds & frontline, FTGH, 330-5352/327-7811.

Wanted

CAR DOLLY-or sm dual axle car trailer, 382-4359.

FAMILY OF 3-hoping to adopt a child under 1 year old. Please call Sean & Becky, 1-866-700-7691; adoption@seanbeckmason.com; www.seanbeckmason.com/adoption.htm

ROOMMATE WANTED-Japanese or Caucasian, friend or roommate, no inside pets, 381-0554.

ROOMMATE WANTED-single female wanted, July 1st, bedroom w/prv bath, fully furn, w/queen bed, dresser, nite stand, cable, color tv, elec for \$300/mo, 1/2 on food & help clean, share company w/me & communication, 915-0605.

ROOMMATE-3BR/2BA home \$350/mo +util, 15 min to Camp Lejeune, male preferred, 938-2422.

WANTED-bicycle, FMF coperman at Camp Johnson for 3 weeks, need to borrow, rent, or buy a simple bike to get around, lpuestas@hotmail.com

WANTED-cheap crib mattress still on ok cond, other baby items, car seat, play pen, swing walker, watches by Fossil, Wagoner, Swiss, working or not, pay cash, 346-9270.

WANTED-Fisher Price jumper in good cond, will pay \$25 or less, 539-3504.

WANTED-pug puppy less than \$500, 382-6292.

Auto Miscellaneous

18IN CHROME RIMS-and tires for chevy/gmc 6 lug, \$650/obo, 934-2011.

4 2003 MUSTANG WHEELS-aluminum w/5 lugs, 5 star pattern, 17X8 sz fits 11 94-2004 mustang V-6 or GT, looks new, no tires, 382-6292.

4 TIRES/RIMS-off of 97 Jeep Wrangler

Auto Miscellaneous

225/75/R15, 9000mi on tires, front & back bumpers, side steps, ext door handles, \$100 for all, 346-5996.

BEDLINER-S10, Sonoma, Hombre bedliner fleetside 6' bed, \$20 great shape, 554-1487.



Employment

PART-TIME HELP WANTED
\$200 to \$300 A Week
2 to 3 Evenings a week
Please Call (910) 539-2486

CARGO LINER-for new model GMC Envoy non-extended, \$50, 382-7815.

FIBERGLASS COVER-Gaylord Tonneau cover for 97-03 Ford F150 style side, may fit other applications, \$550/obo, 265-1506.

MISC JEEP CJ7 PARTS-spare tire carrier original \$100, bikini top like new \$25, 2 new carpet sets black \$75ea, Jeep cover \$25, original rim w/3 center caps \$80, 938-1433.

OPEN & ENCLOSED TRAILERS-5ft x 8ft store & haul motorcycles. Mowers, ATVs, Tools, personal effects F&R Sales 910-325-0002.

PARTS-brake rotor & shoes for 96 Ranger, rotor for \$80, brake shoes for \$14, both for \$85, 382-0546.

RIMS-4 Ford 4 lug rims w/exc tires & center caps, \$100/obo, 382-7815.

RIMS-set of four Ford F150 15" Steel argnt gray rims w/o tires, \$400 OBO 938-2168.

SEARS HARD TOP CAR CARRIER-fots cars, vans, & SUVs, only used 3 times, \$50, 219-1505.

SILVERADO 99 INTERIOR-ext cab, front leather buckets & rear seat, manual controls, light gray, exc cond, \$400, 353-5147.

Services

Lowest Deals in Town!
Let Richland Mini Storage take care of you!
24 Hour Security Gate
All Size Units Available
CAR, BOAT, RV STORAGE
Richlands Mini Storage
910-324-4050
7369 Richlands Hwy/258

Estates Transmissions
AUTOMATIC & MANUAL COMPLETE REMANUFACTURING SERVICE
\$50 Off Rebuilds & Free Transmission Check-Up
FREE TOWING WITH REPAIR 8-6 Mon - Fri
347-2080
2134 BLUE CREEK RD. JACKSONVILLE

Auto Miscellaneous

STOCK TIRES-& wheels, 4 Yokohama tires, 14in used for 2200mi on brand new 2005 Mts Lancer, \$125, 326-3214.

SUBS-2 12in dual subs w/box front, front of box is clear w/neon lighting inside, dual 2 in 1 amp, \$150 for both/obo, 353-3784.

WESTIN-truck bed extender w/all parts & instructions, new, \$175/obo, 546-9513.

Automobiles

01 CHEVY PRISM-\$6,367. For more information call 910-455-2121.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

01 DODGE STRATUS-AT, AC, cruise, tilt, wins, locks, 38K miles, \$7900, 355-2890.

Automobiles

02 VW JETTA SEDAN-\$10,367. For more information call 910-455-2121.

03 DODGE RAM 1500-\$11,967. For more information call 910-455-2121.

03 VW BEETLE GLS-3340P, 37,722 miles; \$18,995; 347-3777.

03 FORD WINDSTAR SE-Excellent condition, Great Family Vehicle, 389-4426.

04 FORD EXPLORER-3276P, 38,804 miles; \$18,968; 347-3777.

03 HUNDAI ACCENT-\$5,367. For more information call 910-455-2121.

03 MITSUBISHI ECLIPSE-\$12,367. For more information call 910-455-2121.

03 MITSUBISHI LANCER-\$12,367. For more information call 910-455-2121.

03 NISSAN ALTIMA-9204P, 23,968 miles; \$17,150; 347-3777.

04 CHEVY CAVALIER-\$10,367. For more information call 910-455-2121.

04 CHRYSLER SEBRING LXI-3327P, 3,693 miles; \$15,850; 347-3777.

04 DODGE STRATUS SXT-9212P, 27,808 miles; \$15,950; 347-3777.

02 DODGE GRAND CARAVAN-31513A, 70,853 miles; \$11,868; 347-3777.

03 VW BEETLE GL-3344P, 19,672 miles; \$13,955; 347-3777.

04 PONTIAC GRAND AM-\$12,967. For more info call 910-455-2121.

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

Miscellaneous

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

05 DODGE STRATUS SXT-3368P, 19,477 miles; \$14,650; 347-3777.

05 DODGE STRATUS SXT-3368

STEPTER

PRE-OWNED PRICE CUTS

ZERO DOWN

All Credit Applications Accepted!

Over 100 OF SIMPLY THE NICEST PREOWNED AROUND!

				
'03 RAM QUAD CAB STK#31575A \$21,000 \$361 ⁶⁴ per. mo.	'04 NISSAN CREW CAB STK#31544A \$18,550 \$319 ⁴⁵ per. mo.	'02 NISSAN FRONTIER STK#DX125B \$13,985 \$240 ⁸⁴ per. mo.	'01 GRAND AM STK#31356C \$8149	'04 MONTANA STK#2557P \$16,836 \$289 ⁹⁴ per. mo.
				
'03 NEON STK#DX175A \$9164 \$157 ⁸¹ per. mo.	'03 ESCORT STK#2541A \$9282 \$159 ⁸⁵ per. mo.	'03 NISSAN SENTRA STK#31513C \$10,788 \$185 ⁷⁸ per. mo.	'02 CIVIC STK#2547P \$10,910 \$187 ⁸⁸ per. mo.	'03 SANTA FE STK#31388A \$16,026 \$275 ⁹⁹ per. mo.
				
'04 SUNFIRE STK#2580P \$11,081 \$190 ⁸³ per. mo.	'02 GRAND AM STK#2597P \$11,200 \$192 ⁸⁶ per. mo.	'04 KIA OPTIMA STK#2584P \$11,621 \$200 ¹³ per. mo.	'02 DODGE RAM STK#31319B \$11,625 \$200 ²⁰ per. mo.	'02 ALTIMA STK#2592P \$15,243 \$262 ⁵⁰ per. mo.
				
'02 PONTIAC MONTANA STK#DX199A \$12,135 \$208 ⁹⁸ per. mo.	'04 TITAN LE STK#31501A \$25,724 \$443 ⁰⁰ per. mo.	'02 JEEP LIBERTY STK#31493A \$12,114 \$208 ⁶⁷ per. mo.	'02 P.T. CRUISER STK#2558P \$12,559 \$216 ²⁸ per. mo.	'02 MUSTANG GT STK#2591P \$14,826 \$255 ³² per. mo.
				
'05 DODGE NEON STK#2590P \$13,334 \$229 ⁶³ per. mo.	'02 CHEVY BLAZER STK#2586P \$13,354 \$229 ⁹⁷ per. mo.	'02 XTERRA STK#31492A \$13,301 \$229 ⁰⁶ per. mo.	'04 SEBRING STK#2596P \$13,388 \$230 ⁵⁶ per. mo.	'05 TOYOTA COROLLA STK#84429A \$15,619 \$268 ⁹⁸ per. mo.
				
'03 S-10 STK#2381A \$13,415 \$231 ⁰² per. mo.	'04 ACCORD EX STK#84422A \$19,918 \$343 ⁰¹ per. mo.	'05 MERCURY SABLE STK#2579P \$14,122 \$243 ²⁰ per. mo.	'02 EXPLORER STK#31271C \$14,232 \$245 ⁰⁹ per. mo.	'02 HONDA CR-V STK#31372B \$14,400 \$247 ⁹⁸ per. mo.



Don Williamson

NISSAN

310 Western Blvd.

(Next to Jacksonville Mall)

910-353-7700

View our website at www.dwnissan.com

Open
Monday-Friday 8:30am-9:00pm
Saturday 9:00am-8:00pm

Payments based on 72 months 7.25% APR. 0 Down plus tax, tags & \$299 Doc Fee with approved credit

E-Z Ryde

Overfill Lot of Moore
Located across from MFCU
455-1315
Hwy. 17N Branch Office
Come see Bob for E-Z Financing

2000 CHEVY CAMARO
STK#65219A **\$7,588**

2000 BUICK PARK AVENUE
STK#10044PAA **\$9,688**

2001 PONTIAC GRAND AM
STK#65115A **\$8,995**

2002 BUICK RENDEVOUS
STK#75027A **\$13,995**

2000 MAZDA MIATA LS
STK#55163A **\$11,895**

1999 CHEVY MONTE CARLO
STK#55511B **\$5,995**

2002 CHEVROLET BLAZER
STK#65162A **\$12,488**

2001 CHEVY IMPALA LS
STK#10178PA **\$10,555**

2002 MAZDA TRIBUTE ES
STK#55214C **\$15,988**

1999 CHEVROLET CAVALIER GT Z-24
STK#55231D **\$6,295**

2001 PONTIAC GRAND PRIX GT
STK#65283A **\$8,875**

1998 GMC JIMMY
STK#55023A **\$7,455**

1999 FORD F-250
STK#55580B **\$10,999**
WORK HORSE

2001 PONTIAC GRAND AM GT
STK#55812A **\$7,955**

2002 GMC SIERRA Z-71
STK#55617A **\$18,995**

2002 CHEVY EXPRESS 3500
STK#55558B **\$15,888**
15 PASSENGER

Automobiles

2003 FORD EXPLORER XLT-23K, black, fully loaded, tan leather, sunroof, 3rd seat, running boards, luggage rack, mint cond, \$23,500. 355-0343.

84 VW VANAGON-good shape, runs good, int good, AC, 25+MPG, new tires, exc interior, \$1495 OBO 934-3422.

97 Jeep Wrangler \$8495
87 K5 Blazer \$3495
99 Grand Am \$3495
00 Neon \$3295
Call 577-1297

99 MAZDA MX5 MIATA-\$11,967. For more information call 910-455-2121.

BUICK 2003 LESABREwhite, very nice car, 2nd owner, 2 new tires & very good maintenance, \$11,419. 327-0969.

CHEVY 05 MONTE CARLO LT-laser blue leather int, all power, 3.8 V6, auto w/3650mi, \$26,000. 346-6692.

CHEVY 1995 S10-doesn't run needs a lot of work, \$500/obo. 382-5309.

CHEVY 86 C10-pickup, good engine, transmission leaks, \$1000/obo.

Automobiles

324-3568.

CHEVY 88 K5 BLAZER350 TBI, 50K on new motor, 9in lift, 40in tires, all new floor and rocker panels, \$5500/obo. 252-393-6992 after 6PM.

DODGE 00 NEON-CD, 12in subs, explode amp, great shape inside & out, \$3900 or \$2400 & another vehicle. 353-7054.

DODGE 1995 NEON-good running cond, great 2nd car, needs a little work, \$500. 353-0780.

DODGE 1998 RAM 1500-pickup, low mil, bedliner, side step rails, recessed hitch, exc cond, asking \$3500. 355-2248.

DODGE 2002 STRATUS-V6, 4dr, 55k, power windows/locks, auto trans, was in fender bender, otherwise clean, \$9350. 353-7864.

FORD 03 MUSTANG-silver, auto, V6, 30k, slight damage to ext, runs great, \$10,000 or t/o pmts. 315-521-1916/382-3119.

FORD 03 MUSTANG-silver, great cond, fully loaded, 27K, new tires, tinted windows, security lock, \$9,850.

Automobiles

324-1810/330-9543.

FORD 1990 F150-supercab short bed, automatic incline 6, 1 owner truck, runs good, needs some work, \$2000/obo. 545-4033/324-1870.

FORD 1999 F350-crew cab, 4x4, 7.3 pwr stroke, lariat, black, custom work, 8in lift w/38in tires, snugtop, bedliner, 4in exhaust, Sony sound system, leather int. 546-6148.

FORD 2001 MUSTANG GT-white, mach system, 6 CD changer, tan leather seats, 72K, tint, \$13,000. 409-350-1931.

FORD 2001 RANGER-edge quad cab, yellow w/tool box, performance exhaust, 66K, \$14000 or t/o pmts. 450-6110.

FORD 2002 EXPLORER-auto, 4x4, power everything, 65K, forest green, \$15,000/obo. 545-4033/324-1870.

FORD 2003 F150-fully loaded, power everything, dual exhaust, step bars, bed liner, rain guards, t/o pmts. 252-393-3326/376-3674.

FORD 87 MUSTANG-drag car, int gone, 302 5sp, runs strong, tranny great, lots

Automobiles

of extras, \$1800/obo. 526-6945.

FORD EXPLORER SPORT4x4, 5spd, 2dr, ac, cass, side steps, bug shield, \$3200, 135k, good cond. 347-3580 after 5PM.

GMC 1979-custom 4x4 pickup shortbed, new paint, brakes, motor, flowmasters, only 400mi on motor, runs good, \$3200. 546-2550.

GREAT DEALS00 S-350 4x4, Powerstroke Crew cab, 98 Saturn SCI \$2595.00, 94 Mustang \$3495.00, Call 577-1297.

HONDA 03 PILOT-SUV, loaded, CD, leather, tow package, running boards, 33K highway miles, like new cond, \$25,200. 252-622-9904.

ISUZU 95 RODEO-blk, auto, pwr options, good cond, \$2600. 539-3854.

JEEP 1990 WRANGLER 4x4-94K, runs great, \$4750/obo, will consider trade. 545-1853/353-9129.

JEEP 1993 CHEROKEE-country, dark

Automobiles

green, AT, AC, 4WD, CO, pwr, needs some minor repair, \$3500.

NEED AN AUTO LOAN? Bankruptcy credit? Call 910-355-2890.

MERCURY 99 MOUNTAINEER-fully loaded, leather, 6 disc, power everything, res, air, 47K cond, \$11,500/obo. 346-4561.

NEED A LOW, LOW CAR Budget stretched? Call 910-355-2890.

OLDSMOBILE 1991 Sierra \$1200/obo, small car, runs just fine, new front brake, 455-6298.

PLYMOUTH 1973 ROAD RUNNER restoration, primer gray/black, V8, has 904 trans w/swift sh, incl. \$3900/obo.

PLYMOUTH 97 GRAND Seraliye 3.3L V6, AT, Pwr, AC, multi disc player, 17K seats, \$3900/obo. 252-4444.

PONTIAC 76 FIREBIRD-new

Automobiles

Automobiles

Automobiles

Automobiles

Automobiles

COOLIN' OUT SUMMER SALES EVENT

NEW 2005 DODGE CARAVAN

Stk#31908

\$328.77 PER MO.



NEW 2006 DODGE CHARGER

Stk#

\$24,995



NEW 2005 DODGE DAKOTA

Stk#31895

\$289.20 PER MO.



NEW 2005 DODGE DURANGO

Stk#

\$363.56 PER MO.



NEW 2005 DODGE NEON

Stk#31418

\$206.48 PER MO.



NEW 2005 DODGE MAGNUM

Stk#

\$25,995



EACH DODGE LINE HAS BEEN MARKED CLOSE TO MINUS BOTH REGULAR REBATE AND THE TRADE REBATE. THE PAYMENTS ARE CALCULATED AT MFCU'S RATE OF 5.9% FOR 72 MONTHS. TAX, TAGS, AND DOC FEES

QUALITY PRE-OWNED VEHICLE

'05 DODGE NEON SXT 11,351 Miles Stk#3321P	\$13,835
'03 FORD RANGER PICKUP 23,741 Miles Stk#3356P	\$18,339
'03 VW BEETLE GL 12,202 Miles Stk#3357P	\$14,850
'03 VW BEETLE GL CONVERTIBLE 37,722 Miles Stk#3340P	\$18,995
'04 FORD EXPLORER 24,116 Miles Stk#3276P	\$18,968
'05 DODGE STRATUS SXT 27,808 Miles Stk#9212P	\$15,950
'05 DODGE STRATUS SXT 19,477 Miles Stk#3368P	\$14,650
'05 DODGE DURANGO SLT 14,600 Miles Stk#9233P	\$24,500
'03 FORD RANGER EDGE 14,770 Miles Stk#31231A	\$14,295
'05 DODGE NEON SXT 20,540 Miles Stk#3320P	\$12,950
'01 JEEP GRAND CHEROKEE LIMITED 69,395 Miles Stk#9200P	\$16,186
'04 DODGE DAKOTA QUAD CAB SLT 19,162 Miles Stk#9220P	\$20,950
'04 DODGE DURANGO SLT 11,135 Miles Stk#9228P	\$21,650
'04 MAZDA 21,022 Miles Stk#3333P	\$14,950
'03 DODGE RAM 1500 AUTO, REG CAB 44,523 Miles Stk#3353PA	\$16,389
'05 VW GOLF GTI 3,676 Miles Stk#3348P	\$18,950

'04 TOYOTA MATRIX 26,290 Miles Stk#3329PB	
'03 NISSAN ALTIMA SE 23,968 Miles Stk#9204P	
'04 CHRYSLER SEBRING LXI 3,693 Miles Stk#3327P	
'02 DODGE GRAND CARAVAN EX 70,853 Miles Stk#31513AS	
'03 VW BEETLE GL 19,672 Miles Stk#3344P	
'05 CHRYSLER SEBRING Contact Us Stk#9217P	
'05 DODGE GRAND CARAVAN SE 30,176 Miles Stk#3311P	
'05 DODGE NEON SXT 19,273 Miles Stk#3360P	
'04 FORD F150 SUPER CREW 39,273 Miles Stk#3284P	
'05 DODGE STRATUS SXT Contact Us Stk#9218P	
'04 CHRYSLER SEBRING LXI 59,999 Miles Stk#9249P	
'04 DODGE DAKOTA SXT Stk#9217P	
'03 SUBARU OUTBACK 45,567 Miles Stk#92598P	
'04 MAZDA 3 22,392 Miles Stk#9264P	
'05 TOYOTA COROLLA 4 CYL 10,722 Miles Stk#31034P	
'05 DODGE STRATUS SXT Contact Us Stk#9216P	

NATIONAL



Highway 17 North, Jacksonville
OPEN 'TIL 8 PM WEEKDAYS • 6 PM ON SATURDAYS
SERVICE & PARTS OPEN • 8:00AM-6:00PM M-F

www.nationaldodge.co



910-347-5
TOLL FREE 1-800-369

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

NEED A CAR?
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.
 1999 FORD FOCUS SE, 4-cyl, 100,000 miles, great condition, \$1,995.

Marines don't let other Marines drink and drive

I Finance Your Future Not Your Past!

Come By or Call James Boswell

Moore **GMC**

Hwy 17 North - Jacksonville
 910-382-4378 Cell
 910-455-1414 ext. 3046

WE BUY & SELL LOW PRICED CARS & TRUCKS

WE FINANCE • NO CREDIT CHECK

Approximately 50 Cars & Trucks To Choose From
 Down Payment As Low As \$500 • Payments As Low As \$150

REQUIREMENTS
 Legal Age • Down Payment • Job or Income
 No Collision Insurance Required

M-F 9am - 5:30pm
 Sat 9am - 3:00pm

AFFORDABLE
USED CARS & TRUCKS, INC.
455-6060
 226 S. Marine Blvd. Jacksonville

Car Buying CAN Be A GOOD EXPERIENCE!

BAD CREDIT • REPOS • DISCHARGED BANKRUPTCY

FIRST TIME BUYERS • E-1 & UP

CREDIT REBUILDING PROGRAMS!

WILMINGTON
1-800-55-AUTOS
 ASK FOR RUDY JONES
 EVERYONE RIDES!

MILITARY DISCOUNT! WE WANT YOU!

AMERICA'S #1 WARRANTY
 100,000 MILES • NO DEDUCTIBLE • FULLY TRANSFERABLE

★ TAKE YOUR PICK! ★

SUZUKI

NEW 2005 SUZUKI
RENO

SELLING PRICE
\$13,794

SUZUKI

NEW 2005 SUZUKI
FORENZA S

SELLING PRICE
\$14,894

OR

\$99 DOWN & \$99 A MONTH*

TIRES
 FOR THE LIFE OF YOUR LOAN

LIFETIME WARRANTY

FREE
 TRANSPORTATION TO THE DEALERSHIP

OVER 500 VEHICLES IN STOCK!

Over 200 PRE-OWNED CARS, TRUCKS, VANS & SUVs IN STOCK

AUTOLAND

5815 Market Street
 Wilmington, NC
800-639-8467
 www.autolandofwilmington.com

OPEN LATE MONDAY-FRIDAY UNTIL 8PM • OPEN SATURDAYS

*Customer must use vehicle as down payment, price plus tax, tag & dealer fee. \$99 down & \$99 a month for the first 3 months of contract to be paid by dealer, after which payment will return to the payment stated on loan contract at expiration with approved credit. Expires 6/30/05.

SALE PRICES

Summer is here and we're serving up great savings on the vehicle of your choice.

'99 Toyota Tacoma

4WD, All Power, roof, Extra Clean.

'00 Camaro SS

Only 54K, PW, PDL, Tilt, Cruise, Leather, T-Tops.

'98 Silverado Z-71

Cab, All Power, 12 Z-71's in Stock.

'00 Toyota Tundra

Only 56K, Ext. Cab, V-8.

'99 Mustang Cobra

Only 48K Miles, Leather, All Power.

'01 Toyota MR2 Spyder

Conv., Extra Clean, Only 57K Miles.

'95 F-150 XLT

4WD, PW, PDL, Kit, Rims & Tires.

'00 Jeep Wrangler Sahara

Only 52K Miles, A/C, Soft Top, AT.

'04 Lincoln LS

4K Miles, All Power, Full Factory Warranty.

For Trade for Cars, Trucks, Boats & Motorcycles!

Bogue Auto Sales
 Hwy 24 (East of Swansboro)
800-952-6483
 www.bogueautosales.com

910-347-1000
FREE 1-800-347-1000
ge.co

GET WHAT YOU WANT ONLY AT Sanders Ford

05 FORD F-150
Reg. Cab
T10433
Starting at **\$259.83**
Per Month

05 ESCAPE XLS
T10974
Starting at **\$286.32**
Per Month

05 RANGER
Reg. Cab
T9938
Starting at **\$198.00**
Per Month

05 FREESTAR
T9769
Starting at **\$306.20**
Per Month

THESE DEALS ARE HOT

05 FOCUS ZX
N10143
Starting at **\$199.00**
Per Month

05 FIVE HUNDRED
N10731
Starting at **\$332.72**
Per Month

05 SPORT TRAC
T10899
Starting at **\$329.00**
Per Month

05 EXPLORER XLS
T9959
Starting at **\$301.87**
Per Month

05 EXPEDITION
T10801
Starting at **\$364.48**
Per Month

05 F-150 SUPER CREW
T10588
Starting at **\$349.00**
Per Month

All payments based on 84 month/6.45% plus tax, tags, and doc fee. Payments on Explorer, Expedition, & Super Crew based on 54 month/5.95%.

DOMESTICS

P3072	05 LINCOLN LS 14K MILES.....	\$22,995
N10808A	02 FORD MUSTANG GT 26K MILES.....	\$14,629
P3082	04 CHEVY CAVALIER 23K MILES.....	\$9,995
P3085	04 FORD FOCUS SE.....	\$11,650
P3104	04 FORD FOCUS ZX3 21K MILES.....	\$10,995
P3112	04 CHRYSLER SEBRING CONV. LXI 21K MILES.....	\$16,900
N9880A	02 FORD FOCUS.....	\$8,569
P3117	03 PONTIAC SUNFIRE 22K MILES.....	\$9,995
P3124	05 PONTIAC BONNEVILLE 20K MILES.....	\$15,995
T10500B	03 FORD FOCUS SE 34K MILES.....	\$8,995
N9688B	04 DODGE INTREPID.....	\$11,995
T10162A	04 CHEVY AVEO 20K MILES.....	\$8,500
P2988A	01 FORD ESCORT ZX2.....	\$5,895
P3163	05 DODGE STRATUS SXT 16K MILES.....	\$13,500
P3179	03 PONTIAC VIBE.....	\$10,995

TRUCKS

T9784A	02 FORD WINDSTAR LX.....	\$9,995
P3051	04 FORD EXPLORER XLT 16K MILES 4X4.....	\$20,589
T9962A	04 FORD F-250 X-CAB XLT DIESEL 11K MILES.....	\$34,500
P3074	04 FORD F-150 XLT X-CAB 21K MILES.....	\$22,995
P3084	04 DODGE DURANGO SLT 26K MILES.....	\$22,995
T10730A	03 FORD RANGER EDGE X-CAB 23K MILES.....	\$13,900
T10123A	04 GMC SIERRA 1500 9K MILES.....	\$16,995
P3114	05 FORD F-150 CREW CAB.....	\$24,500
T10470A	03 FORD EXPLORER XLS 29K MILES.....	\$15,995
P2979A	03 CHEVY AVALANCHE 1500.....	\$20,995
P3129	04 FORD EXPEDITION XLT 4X4.....	\$22,995
P3131	05 GMC ENVY SLE.....	\$21,900
T10587A	03 DODGE RAM 1500 QUAD CAB SLT.....	\$19,700
P3133	04 FORD EXPLORER XLT 4X4 17K MILES.....	\$19,995
T9983A	04 JEEP LIBERTY SPORT 17K MILES.....	\$16,995

IMPORTS

T10842A	04 TOYOTA COROLLA 25K MILES.....	
P2987	04 MITSUBISHI LANCER ES 19K MILES.....	
P3006	02 HONDA ACCORD SE.....	
P3017	04 HONDA ACCORD EX 2DR 24K MILES.....	
P3099	04 MITSUBISHI ECLIPSE GS CONV.....	
N10733A	04 HONDA PILOT LX 16K MILES.....	
P3156	02 NISSAN FRONTIER 34K MILES.....	
P3182	02 ACURA RSX.....	
P3070	04 MITSUBISHI ECLIPSE GS CONV 21K MILES.....	
P3160	04 MINI COOPER 17K MILES.....	
P3144	04 MITSUBISHI DIAMANTE LS.....	
T10562A	05 MAZDA 3 13K MILES.....	

plus **Free Tires For Life On ALL NEW & PRE-OWNED**

Sanders Ford

1135 LEJEUNE BLVD., JACKSONVILLE • HIGHWAY 24, SWANSBORO
Toll Free 800-692-3651 • 455-1911 • 910-326-1801

Marine Federal Credit Union



SALES HOURS:
MONDAY - FRIDAY 8:30AM - 9PM
SATURDAY 8:30AM - 6PM
SERVICE HOURS:
MONDAY - FRIDAY 7:30AM - 6PM
SATURDAY 8AM - 4PM

CarolinaLiving

The Globe | Thursday, June 23, 2005 | www.militarynews.com/globe



Design by Ena Bravo
The Globe Features & Layout Editor

Heather Caruso

Sea Turtles

Turtle hospital determined to rescue more

HEATHER CARUSO
Carolina Living Staff Writer

In 1996, Jean Beasley and a group of volunteers cared for an injured sea turtle that became known as Lucky, possibly receiving its name since only a staggering one in 5,000 to 10,000 hatchlings make it to adulthood. After watching Lucky recover and regain strength, they were able to release her back into the wild, but not before Lucky left an indelible mark on their hearts. Saving one endangered sea turtle lucky enough to make it to adulthood, only to be injured by humans was not adequate; there were many more that needed help, but there was no one to provide that help.

Sea turtles have been around since the age of dinosaurs, but mainly because of humans, their future — the future of nearly all species of sea

turtles — is in jeopardy. There are seven species of sea turtles, and of those, six species are on the critically endangered or endangered list. The seventh species, the Flatback, may very well be endangered, but there is too little information on this species to really know. A group of North Carolinians from Camp Lejeune's neighboring beach have altered their lifestyle and become known worldwide simply for their love of sea turtles.

Knowing these statistics and already being sea turtle advocates through their daily morning beach walks to mark and protect sea turtle nests, the volunteers knew there was more that needed to be done on Topsail Island, and after seeing Lucky off, they knew the benefits far outweighed the time and energy required.

Since then, Beasley and her volunteers have established a non-profit turtle hospital with the help of the Topsail Island community and have nursed and released nearly 150 of these creatures back to the wild. As they put it, some were the size of a dinner plate and others the size of a dinner table — one breed grows up to eight feet long. Many more were too badly injured to survive.

At The Karen Beasley Sea Turtle Rescue & Rehabilitation Center, there are several volunteers ranging from high school interns to retired adults, who have grown emotionally attached to at least one of the recovering more than 20 turtles currently under the 840-square-foot

facility roof. "We don't stay very long without getting more turtles in," said Sandy Sly, volunteer and retired registered nurse, a week after they released 14 recovered sea turtles back into the wild.

A large majority of the sea turtles are treated for injuries caused inadvertently by humans, such as boat propellers striking turtles as they come up for air, drowning from entanglement in nets, mistaking fish bait — and ultimately the hook — for food, and pollution. Turtles can easily mistake plastic bags floating in the ocean for one of their favorite meals — jelly fish.

The turtle hospital has become so well known in the area for its rare area of expertise, that good Samaritans immediately know who to call when injured turtles are spotted. Unfortunately, the hospital has had to turn away turtles at times because they were too crowded in their small, but very much appreciated, facility leased from the town of Topsail Beach for \$1 a year. The hospital — visited by every state in the union and over 90 countries — is simply bursting at its seams.

Several times a year, graduate students and instructors from the College of Veterinary Medicine at North Carolina State University visit the hospital to check up on and learn from the turtles, or sometimes special turtles make visits to the university for treatment. "We have a good association with N.C. State. They have been really good to us," said Sly as she expanded on how both parties benefit from the association.

In addition, intern programs have been set up with N.C. State and

University of North Carolina in Wilmington for students to receive college credit for volunteering at the hospital. Also, junior interns ages 13 — 18 can volunteer for two weeks each year.

"It gives them a lot of good hands on work to see if this is what they want to do," Sly added.

Sly and the other volunteers have been amazed by the sea turtles' tenacity to survive and the way they recuperate so fast. As they continue to be amazed by these non-aggressive sea creatures, they continue to dream big about the future of their hospital.

The volunteers are saddened every time they have to turn away a patient, but in the near future they plan to fix that problem.

Land has been provided for a larger facility in Surf City, N.C., and half of the approximate \$1 million needed has been raised. The volunteers hope to begin construction this winter on the new hospital. It will allow many more sea turtles to be treated and house a media center to educate the droves of school children already eager to visit.

Until the new facility is complete, the hospital continues to lovingly help as many sea turtles as possible and offer tours of their current facility each day from 2 — 4 p.m. except Wednesday and Sunday. Also an educational Turtle Talks program began June 1 in the old Emergency Medical Service building in Surf City each Wednesday from 4 — 5 p.m. The program is free, but donations are appreciated. Visit the hospital's Web site at www.seaturtlehospital.org to learn more about the hospital and each of its current patients.



Suz Drake



Suz Drake

What's happenin'

For information on concerts, festivals, special events and classes going on up and down the Carolina coast, check out *What's Happenin'* each week. To add your event, e-mail Ena Bravo, features and layout editor, at ena.bravo@militarynews.com. Listings limited to space availability.

Today
23

- **Rogersville Road** at Lucky's in Wilmington - www.luckys-rocks.com.
- **Indigo Girls** at Ziggy's in Wilmington - www.ziggyrock.com.
- **Road Hog** at Clairita's Tiki Bar in Beaufort - www.thesandbar.org.
- **Summer reading program** at the main library in Jacksonville. For more information, call 455-7350.
- **Scrapbooking classes** at the Tarawa Terrace Community Center every Thursday from 6 - 7:30 p.m. For more information, call 450-1687.
- **Need for Speed Safety Standdown** at the base theater at 8 a.m. and 1 p.m. Rear Adm. Richard E. Brooks, commander at the Naval Safety Center, will speak.

Friday
24

- **Niro, CYN and Orphan soul** at the Arena Sports Bar in Jacksonville - www.arenasportsbar.com.
- **Allomutin', Clonecycle and Session Nine** at Lucky's in Wilmington - www.luckys-rocks.com.
- **4th & Dock** at Kell's in Wilmington - www.kellis-live.com.
- **Mandorico** at Ziggy's in Wilmington - www.ziggyrock.com.
- **Murder Mystery Dinner Theatre** at House of Blues in Myrtle Beach - www.hob.com.
- **Road Hog** at Clairita's Tiki Bar in Beaufort - www.thesandbar.org.
- **Need for Speed Safety Standdown** at the base theater at 8 a.m. Rear Adm. Richard E. Brooks, commander at the Naval Safety Center, will speak.

Saturday
25

- **Madd Hatters, The Semantics and Objects in Motion** at the Arena Sports Bar in Jacksonville - www.arenasportsbar.com.
- **Boomerang** at Jaycee Park in Morehead City. For more information, call (252) 726-5083.
- **Stretch** at Clairita's Tiki Bar in Beaufort - www.thesandbar.org.
- **Sleater-Kinney and Dead Meadow** at Ziggy's in Wilmington - www.ziggyrock.com.
- **Big Pretty and the Red Rockets** at Kell's in Wilmington - www.kellis-live.com.
- **Spiritual Concert** featuring Billy Wayne at Swansboro Junior High. For more information, call 326-4151 or (252) 725-2145.
- **Horse Watching** at Shackleford Banks. For more information, call Cape Lookout National Seashore at (252) 726-2250.

Thursday
30

- **Mondays Off** at Lucky's in Wilmington - www.luckys-rocks.com.
- **Road Hog** at Clairita's Tiki Bar in Beaufort - www.thesandbar.org.
- **Theory Of A Deadman with Submersed and Breaking Point** at House of Blues in Myrtle Beach - www.hob.com.
- **Scrapbooking classes** at the Tarawa Terrace Community Center every Thursday from 6 - 7:30 p.m. For more information, call 450-1687.
- **Storytime** at the Harriette B. Smith Library at 9:30 a.m. for 2 - 3 year olds and 10:30 a.m. for 4 - 6 year olds. The theme will be All About Me, and parents must attend with their child.

Friday
1

- **Nik Ponos and Mistic Vibrations** at Kell's in Wilmington - www.kellis-live.com.
- **Detour, The Agency and Deterium** at Lucky's in Wilmington - www.luckys-rocks.com.
- **Darkest Hour** at Ziggy's in Wilmington - www.ziggyrock.com.
- **Settle** at Clairita's Tiki Bar in Beaufort - www.thesandbar.org.
- **Foreigner** at House of Blues in Myrtle Beach - www.hob.com.
- **King Mackerel and The Blues Are Running: Songs & Stories of the Carolina Coast** at Carteret Community College's Joslyn Hall in Morehead City. For more information, call (252) 728-1500.

Saturday
2

- **Infectious Blues** at Jaycee Park in Morehead City. For more information, call (252) 5083.
- **Cape Nocturn** at the Arena Sports Bar in Jacksonville - www.arenasportsbar.com.
- **Randall Bramble, Big Mighty and Sal** at Kell's in Wilmington - www.kellis-live.com.
- **Eight Feet, Six** at the Five Lanes and Foundry at Lucky's in Wilmington - www.luckys-rocks.com.
- **Lefty** at Ziggy's in Wilmington - www.ziggyrock.com.
- **Stretch** at Clairita's Tiki Bar in Beaufort - www.thesandbar.org.
- **Alkaline** at the Harriette B. Smith Library at 9:30 a.m. For more information, call (252) 728-1500.

Bullock, Cheadle, Esposito, Ludacris collide in *Crash*

FROM THE FRONT ROW

REINHILD
MOLDENHAUER
HUNEYCUTT



CRASH (R) *Crash* is an urban drama that tells a story about the intersecting lives of a racially diverse cast of Angelenos. It is a tragicomic multi-character study of Los Angeles race relations.

The film follows several characters of different races and social classes, observing how their beliefs and prejudices affect them when they interact and collide within a 36-hour period.

There are nine plot lines and many diverse characters in this tale including a Brentwood housewife and her district attorney husband; a Persian store owner; two police detectives, who are also lovers; a black television director and his wife; a Mexican locksmith; two carjackers; a rookie cop; and a middle-aged Korean couple.

They all live in Los Angeles. And, in the next 36 hours, they will all collide.

The story begins with the principle character, Graham Waters, a hard-working homicide detective, played by Don Cheadle (*Hotel Rwanda*, *Ocean's Twelve*). He and his partner, played by Jennifer Esposito (*Taxi*, *Breaking All the Rules*), crash their car. It is the first of many collisions between multi-ethnic Angelenos.

The lives of the following characters intertwine throughout the course of a day and the heavyweight stellar players include:

Brendan Fraser (*The Mummy*) as Rick Cabot, the unprincipled and ambitious district attorney, and Sandra Bullock (*Miss Congeniality*, *The Net*) as his furious and bitchy wife Jean, who are carjacked by two hoeds.

Matt Dillon (*There's Something About Mary*) as Ryan, a bigoted L.A. police officer,

who freaks out his new partner, Thomas Hanson, played by Ryan Phillippe (*Gosford Park*), by harassing innocent blacks.

Thandie Newton (*The Truth About Charlie*) and Terrence Howard (*Ray*) as the glamorous black couple, who are pulled over and humiliated by Officer Ryan.

Shaun Toub (*Out to Sea*) as an angry Persian store owner wanting to kill the hard-working Latino locksmith, played by Michael Pena (*Buffalo Soldiers*), who he thinks ripped him off.

Also appearing are Nona Gaye (*Ali*) as the district attorney's assistant and William Fichtner (*Black Hawk Down*) as a media relations consultant.

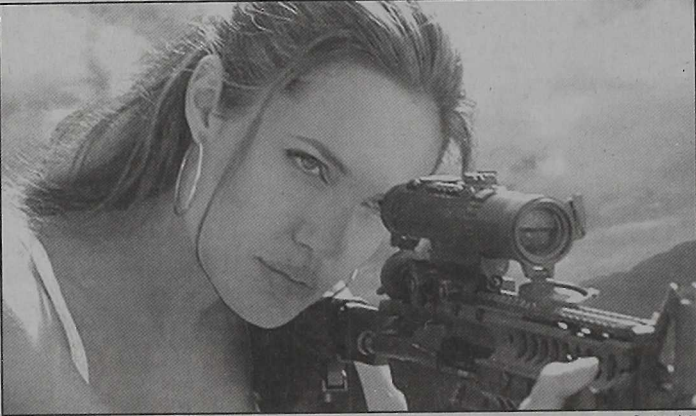
Larenz Tate and rapper Ludacris appear as Peter and Anthony, the two young black carjackers.

Paul Haggis makes his feature directorial debut with the help of Robert Moresco (*One Eyed King*). Together, they wrote this stylist script where all the characters are introduced as stereotypes and gain humanity as the film progresses.

Haggis also wrote the adaptation of the recent Oscar Award winning hit *Million Dollar Baby*.

Crash does not have an agenda; however, its excellent and compelling storytelling takes us places we have never been. It is a deadly serious and takes us on an emotional roller coaster ride.

Crash is an overwrought but gripping ensemble piece, with superb acting and strong cinematography, as seen before in *Traffic* and *Shortcuts*. This film, however, focuses on automobile accidents and is filled with not only fender benders and head-on collisions, but collisions of the



Angelina Jolie plays Mrs. Jane Smith, a vicious assassin, in *Mr. & Mrs. Smith*.

characters themselves.

The emotional conclusion of this film shows that there is good and evil in each of us, and it only takes a small push one way or the other to seal your fate.

Crash is an electrifying and candid movie that is now playing in the Camp Lejeune theater.

MR. & MRS. SMITH (PG-13)

Mr. & Mrs. Smith is an action-packed romantic comedy and somewhat thriller about married secret assassins, whose dull domestic life gets a shot of adrenaline when they receive orders to kill each other.

Brad Pitt (*Troy*, *The Mexican*, *Spy Game*) and Angelina Jolie (*Alexander*, *Taking Lives*, *Lara Croft: The Tomb Raider*) star as Mr. John Smith and Mrs. Jane Smith, suburban, bored married couple who have no idea that each spouse has a secret life of their own.

They live in a beautiful house and lead a quiet and sedate life — or so it seems. However, John and Jane are the world's most vicious assassins — armed and dangerous — and are secretly hopping the world, killing for hire.

Their separate lives are about to collide when both are assigned to the same mission, and both fail miserably. Then, they find out their next target is to take out each other.

Now the fun begins. They find themselves appreciating one another again and falling in love all over when they come close to losing each other.

Costarring is Adam Brody (TV's *O.C.*) as an up-and-coming spy; Vince Vaughn (*Anchorman*, *Be Cool*) as John's friend and loser hitman; and Kerry Washington (*Ray*) as Jane's only friend.

Doug Liman (*The Bourne Identity*, *Swingers*, *Go*) directed this caper, cleverly penned by Simon Kinberg (*XXX: State of the Union*, *Fantastic Four*), as a love story between two action heroes.

Mr. & Mrs. Smith offers a witty look at matrimony. Besides that, both fire an arsenal of high-powered weapons, throw a variety of knives and blow things up like real pros.

There is something for both partners to enjoy in this mindless but highly entertaining and sizzling parody of a perfect upper-middle-class couple.

Mr. & Mrs. Smith is a screwball comedy and action film that delivers a perfect summer date movie.

Pitt and Jolie have great chemistry and a natural connection that makes this movie worth watching. *Mr. & Mrs. Smith* is now playing in Jacksonville.

Ms. Hunecutt is the public affairs assistant at the Base Public Affairs Office.

Movie gossip, rumors &

FIRST MAN

The notoriously squinting tough Robert De Niro — is turning into a softie; first he makes those silly *Animal House* movies, in which he's a weepy wuss boss, and now he's becoming ... a band? In *First Man*, he plays a businessman who helps his wife (the willful Meryl Streep) become the first president. (www.variety.com)

THE MIRROR HAS TWO STILLERS

Does it get any more self-involved? Here's the plot: Ben Stiller (a stretch, by Ben Stiller) discovers that a horror image has come to life and is to be him. Stiller's wife (Christina Ricci) and family will also appear in the will his buddy Owen Wilson and new Brad's belle Angelina Jolie. Everyone likes the mirror Stiller the real thing. (*The Los Angeles Times*)

A NEW MR. SMITH?

No, grizzled *Closer* actor C. J. Wilson isn't starring in a sequel to the "action extravaganza" — he's playing a character in *Shoot to Kill*, a story of a guy called (duh) Mr. Smith, who delivers a baby during a gun battle to protect the wee one from a pistol-packing baddie. Apparently, really dug that *Sin City* gunslinging. (*Hollywood Reporter*)

BEOWULF

Remember that scene *Frankenstein* in which Gene Wilder howl and says, "Werewolf?" Feldman says, "There wolf?" Yeah, it's nothing like that. Here we go: Tony Hopkins joining Robin Williams and a few B-listers in Robert Rodriguez's motion-capture version of the English epic poem. Whew. That's full! All you really need to know: CGI movie about a knight who slays a dragon, and that it'll have Gollum-like. (www.variety.com)

SUPER EX

It's like *Fatal Attraction*, only *Close* had superpowers. Hapless "Other" Wilson is in talks to play the neurotic girlfriend who dumps his actually a superhero — she promptly vows revenge on superpowers to make his life a mess. (www.variety.com)

THORNTON WANTS A PEACE OF

Billy Bob seems to hold no grudge against *Peace Like a River*, which he's producing. It's the story of a father who is killed by a gang of tough guys. (*The Hollywood Reporter*)

The movie gossip column is yours by www.movies.com.

Movie Listings

Check the movie listings online at www.mccslejeune.com

Midway Park

Saturday
Hitchhiker's Guide to the Galaxy (1:43) PG 2 p.m.
XXX State of the Union (1:41) PG-13 5 p.m.
Sunday
Hitchhiker's Guide to the Galaxy (1:43) PG 2 p.m.

Camp Lejeune

Friday
Monster-in-Law (1:42) PG-13 6:30 p.m.
Crash (1:40) R 9:15 p.m.
Saturday
Kicking and Screaming (1:35) PG 3:30 p.m.
Monster-in-Law (1:42) PG-13 6:30 p.m.
Crash (1:40) R 9:15 p.m.
Sunday
Kicking and Screaming (1:35) PG 3:30 p.m.
House of Wax (1:53) R 6:30 p.m.
Tuesday
Kingdom of Heaven (2:25) R 6:30 p.m.
Wednesday
Racing Stripes (1:42) PG 1 p.m.
Unleashed (1:43) R 6:30 p.m.
Thursday
Crash (1:40) R 6:30 p.m.

CARMIKE 16 ALL DIGITAL SOUND

350 WESTERN BLVD. JACKSONVILLE MALL • 577-3964

MADAGASCAR PG
12:30 2:40 4:50 7:00 9:10
MR. & MRS. SMITH PG13
12:15 2:55 5:35 8:15
BATMAN BEGINS PG-13
12:00 2:55 5:45 8:40
THE HONEYMOONERS PG13
12:40 2:50 5:00 7:10 9:30
BEWITCHED PG-13
1:45 3:15 5:45 8:15 (10:40 Fri. & Sat)
No Discount Tickets Accepted Until July 8
STAR WARS 3 PG-13
12:45 3:50 7:00 10:00
BEWITCHED PG-13
12:15 2:40 5:05 7:30 9:55
No Discount Tickets Accepted Until July 8
HERBIE FULLY LOADED G
12:00 2:25 4:50 7:15 9:40

BATMAN BEGINS PG13
1:00 4:00 7:00 9:55
MR. & MRS. SMITH PG13
11:30 2:10 4:50 7:30 10:10
THE LONGEST YARD PG13
11:30 2:05 4:40 7:15 9:50
PERFECT MAN PG
12:10 2:35 5:00 7:25 9:50
CINDERELLA MAN PG-13
1:00 4:00 7:00 10:00
BATMAN BEGINS PG13
11:30 2:25 5:20 8:15
LAND OF THE DEAD R
1:00 3:15 5:30 7:45 10:00
ADVENTURES OF SHARKBOY & LAVA GIRL PG
12:00 2:20 4:40 7:00 9:20

SHOWTIMES & GIFT CERTIFICATES @ www.carmike.com

• ALL SHOWTIMES INCLUDE PRE-FEATURE CONTENT •

Marine Corps program helps youth cope with deployments

KATHY CARLSON
Camp Lejeune Staff Writer

Deployment checklist

- Let your child know that their parent is leaving because of work, not because anyone has done anything wrong, especially the child.
- Make the deployment a fun learning activity for the child. Learn about where the deployed parent will be and what they will be doing while there. Track the deployment on a map and learn about the customs and language of the country. If the parent is on a carrier, read a book together about carriers.
- Answer the child's questions honestly and give as much information as possible in words the child understands to help the child understand military life.
- Encourage the child to talk about his or her feelings and assure them that it is okay to miss their parent or feel lonely.
- Figure out a way to make the

child feel better when they miss their deployed parent. Try looking at pictures of the missed parent together or listening to a recording of the deployed parent.

• Tell stories or say things like, "Chocolate chip cookies are you daddy's favorite. Let's make some together" or "Let's wear red today because that is mommy's favorite color." Talking about the parent regularly keeps them a part of everyday life.

• Tell the child how much the deployed parent loves them often. Sometimes children need to be reassured time and time again.

• Keep the same routine and discipline style so the child's world isn't shaken too much. Try to keep things as routine as possible, even though you are managing as a single parent for a short period of time.

Information compiled from Marine Corps Community Service One Source.

They are able to tell other children what helped them and let them know that their mom or dad came home safe. Parents are encouraged to enroll their children in the workshop for each deployment or visit home for 14-month deployments since the child may be at a different age and stage of development.

Marine Corps Family Team Building teams up with the Children, Youth and Teen Program, New Parent Support Program and the Health Promotion Department to pull off this fun workshop that includes arts and crafts activities aimed towards easing deployments as well. The arts and crafts are fun and creatively allow children to talk about their deployed parent, which is suggested by MCCS One Source and Marine Corps Family Team Building.

The workshop is for children ages 4 - 18 with age specific activities. Older youth play communication games and talk more in depth about deployment issues with a counselor from the Health Promotion Department.

While the children participate in the Kids and Deployment Workshop, parents sit through their own workshop

designed to help parents understand how children may deal with the deployment. Parents are informed that each child may react differently to the deployment and are given several ideas to help their child such as a candy counting jar or calendar. Older children need more one-on-one time with the parent, and the workshop allows parents to learn ways to make that possible.

According to Melissa Slater, family readiness specialist, the parents come wanting to make sure they do things right to help their child through the deployment. The workshop is parent deployment training that prepares parents to help their child.

Units are encouraged to offer a unit workshop, which can be arranged by calling Marine Corps Family Team Building at 451-0176. Many units take advantage of this offer, and the turnout at unit workshops are usually very good, said Slater. The next regular workshop will be July 23 from 10 - 11:30 a.m., and childcare is provided for children 3 years old and younger. Call Marine Corps Family Team Building to sign up at 451-0176.

Pets of the week

Save a life, these little fellows really need you.



Pho is a sweet old black and white dog. He is a good friend to anyone who needs a family without other paths. Because he doesn't get along with other animals, he needs the love humans.

BOB 9/7/06



Slater is a beautiful white female short haired cat that is in need of a little love. She is over 1 year old. To make her your new pet, visit the animal shelter.

BOB 9/7/03

For more information, call the Onslow County Animal Shelter at 455-0182.

No cell phones in POVs unless the operator has a hands free device on the phone.



CALL ANYTIME - 24/7

1-800-342-9647

Car repair
Money management
Child care
Spouse employment
Plumbing
Counseling
Relocation

You name it...
We can help.



Military OneSource is free and the newest member of your military community support team available to all Service members and their families. No question is too small. No issue too big.

Provided by the Department of Defense.

Overseas: 800-342-9647*
Overseas Collect: 1-484-530-5908
TTY/TDD: 1-866-607-6794
En español, llame al: 1-877-888-0727

www.militaryonesource.com

Military Severely Injured Center

(24/7 Family Support)

888-774-1361

familynjured@militaryonesource.com

ARMY | MARINE CORPS | NAVY | AIR FORCE

MR. SMITH?
grizzled actor starting in a sequel to the extravaganza — he's playing a character in *Shogun* named a guy called (duh) Mr. Smith. A baby during a gun battle to protect the wee one from "pl-packin' baddies. Apparently dog that Sin City gunslinger (Wood Reporter)

WOLF
Remember that scene in *Frankenstein* in which Gene Kelly howls and says, "Werewolf!" Well, it's nothing like that. Here, Hopkins joining Robert De Niro in a few B-listers in *RoboCop* — a motion-capture version of the English epic poem. When you're a GI movie about a knight who slays a dragon, and that it'll have Gollum (www.variety.com)

SUPER EX
It's like *Fatal Attraction* — those had superpowers. Here, Wilson is in talks to play a neurotic girlfriend who jumps his neurotic girlfriend out that she's actually a superhero. She promptly vows revenge on superpowers to make his life miserable (www.variety.com)

THORNTON WANTS A PEAS
Billy Bob seems to be holding out for (allegedly) dating on to *Peace Like a River*, producing. It's the story of a man who goes into a lethal fight with tough guys. (The Hollywood Reporter)

The movie gossip column by www.movies.com

DIGITAL SOUND
TITAN BEGINS PG-13
1:00 4:00 7:00 9:30
& MRS. SMITH PG-13
1:30 2:10 4:50 7:30 10:10
LONGEST YARD PG-13
1:30 2:05 4:40 7:15 9:50
PERFECT MAN PG
10 2:35 5:00 7:25 9:50
UNDERELLA MAN PG-13
1:00 4:00 7:00 10:00
BATMAN BEGINS PG-13
11:30 2:25 5:20 8:15
LAND OF THE DEAD R
1:00 3:15 5:30 7:45 10:00
OUTLINES OF SHARPOOT & LARA CROFT PG
2:00 2:20 4:40 7:00 9:20
ES @ www.cornike.com
RE-FEATURE CONTENT



INSTANT CREDIT UP TO

\$6000

The Real Deal!

No Games Here!

**NEW
LOWER
PRICE!**



Watch sports come alive!
It's an experience you don't want to miss!
Plasma TV from Samsung **Live It Today!**

**JVC****Mini Audio/Video System**

550W Total Power, Plays DVD & CD in many formats; AM/FM Tuner; 3D-Phonic Sound creates Virtual Surround Effect for Movies; 5-Tray DVD Player
HXGD8

**PLAY
DVDs
ONLY
\$24.99
TWO
MONTHS**

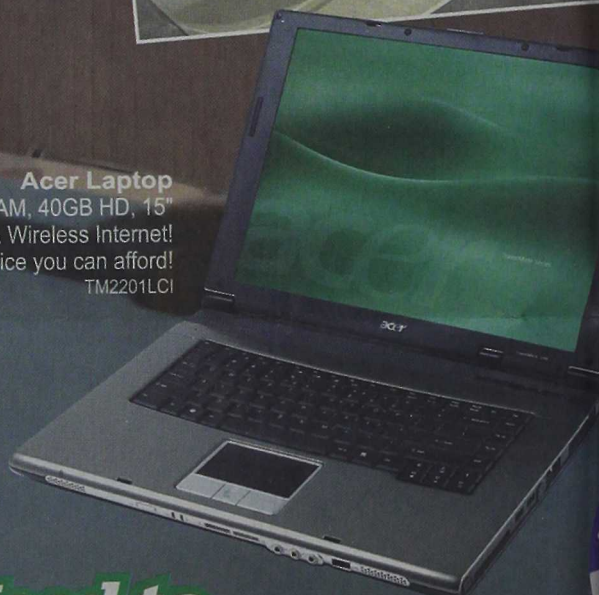


**Serengeti
Collection**

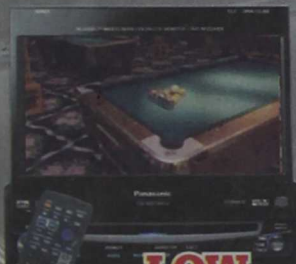
0%
**Financing
For Everyone!**

*If the account is kept current and the entire balance is paid in full within 180 days of receipt of merchandise, all finance charges will be rebated to the customer.

Acer Laptop
Includes: DVD-CDRW, 256RAM, 40GB HD, 15" XGA Display, Windows XP & Wireless Internet!
All at a price you can afford!
TM2201LCI



The Only Name You Need to Know for Mobile Electronics!



Panasonic
In-Dash 7" Widescreen DVD Receiver
Color LCD Touch Screen
Non-Glare, Dolby 5.1 Digital, Pro-Logic II & dts decoders, 50W x 4 High Power Amp.
CQVD7001U

**LOW
PRICE!**

Rockford Fosgate
Pre-Loaded Dual 12" Stage 2 Sub Box
It doesn't get any easier than this!
PL2212



**LOW
PRICE!**

**ONLY
\$14
TWICE
MONTHLY***



KENWOOD
CD/WMA/MP3 Receiver
64-Color Fine Dot FL Display, 50W x 4, Graphic Motion Analyzer, AC Drive-Voice Index Browsing
KDCX869

**PROFESSIONAL
INSTALLATION
AVAILABLE**

Panasonic
9" Flip-Down Monitor with Built-In DVD Player!
Widescreen LCD, Dolby Digital decoder, RCA inputs, SD slot for multimedia files, includes wireless headphones
QVVD9500U



Approving Military Credit for Over 22 Years!
Power of Attorney Accepted!



JACKSONVILLE
2153 Lejeune Blvd.
One mile from the
Camp Lejeune Main Gate
Credit Hotline
(910) 355-2400

Call Toll Free
1-888-480-4000

Shop Online
www.freedom4c.com

Visit Us at One
9 Superstore

*0.0% Financing available if your account is kept current and the entire balance is paid in full within 180 days of receipt of merchandise, all finance charges will be rebated to you. Regardless of your credit, Freedom has a plan for no money down plans on 6, 9, 12, 15 & 18 month accounts, down payments may be required based on credit worthiness. All payments reflected in this ad are twice monthly based on 24-months with 15% down at 19.95%. Payment is required on the 1st of each month.

Armoring humvees, marriages



Gene Thomas

daughter called to tell me and her husband who just returned from Iraq are getting a divorce. She said that she knows her husband is falling apart. Is this a military problem or is it just a civilian problem? I've been dealing with this for a while and I'm concerned and upset dad.

Understand why you are upset. Based on a survey of military and interfaith officers, soldiers, and military officials, it is not a shortage that 10 percent of husbands and more than 10 percent of wives are having marital problems. Likewise, I have seen many military marriages "cracking and burning" in the past.

Spouse with a family counselor a month ago. The training counselor said she could use the book "Marriage and the Military" which is available to all military personnel. I read it myself and found it to be very clear and very user friendly. It's wonderful to be able to provide him with a clear cut, common sense guide. Thank you for publishing it. While I appreciated her complimentary letter, I could only ask why parents are providing our personnel with such tools instead of the military? Just as Department of Defense and military leaders should provide armor protection for personnel

effectiveness in promoting wise decisions about marriage and helping to reduce high military divorce rates. However, because of a lack of funding from Washington, she informed me she could not provide these materials to recruits.

Two weeks ago a family advocacy counselor wrote: "I have reviewed your books and think they are outstanding. I have a possible funding source... with the Officer's Spouses Organization." A chaplain also wrote and said how a religious group was able to provide money to help him buy the materials for an upcoming marriage retreat for his personnel. Why do counselors and chaplains have to go to such sources for funding instead of receiving it from their local commands or those who are in charge of the various counseling agencies and chaplain resource boards of the armed services?

Last week the mother of a deployed Marine wrote: "I ordered two copies of *The Survival Guide for Marriage in the Military* for my son and his girlfriend who are planning to marry. I read it myself and found it to be very clear and very user friendly. It's wonderful to be able to provide him with a clear cut, common sense guide. Thank you for publishing it." While I appreciated her complimentary letter, I could only ask why parents are providing our personnel with such tools instead of the military? Just as Department of Defense and military leaders should provide armor protection for personnel

riding in humvees, so too should they provide effective tools that can save our dedicated young men and women [and any children they might have] from troubled marriages and the multiple consequences associated with divorce.

The bottom line is that most elected officials and many of those responsible for funding such mat-

ters do not themselves have sons or daughters serving in the armed services. Consequently, they lack a sense of urgency in armoring our vehicles and promoting strong marriages.

However, while it may be too late to save your daughter's marriage and bring back those who lost their lives in unarmored vehi-

cles, it's not too late for you and others to write to your senators and congressmen demanding that the military provide our personnel with proper support both in combat and in their family lives. When civilian contractors can meet orders for armor plating of vehicles, and when parents, spouses and church groups no longer

have to provide funding for military marriage materials, then I'll know your efforts have proven successful.

Have a question? Write Gomulka at letters@plaintec.net. Gomulka is the author of *The Survival Guide for Marriage in the Military* available at www.plaintec.net.



3D/4D Ultrasound on VHS
Still Images on CD
Printed Pictures

Reasonably priced
at \$175!

Ask about active
military discount!
Visit our website or
give us a call today!

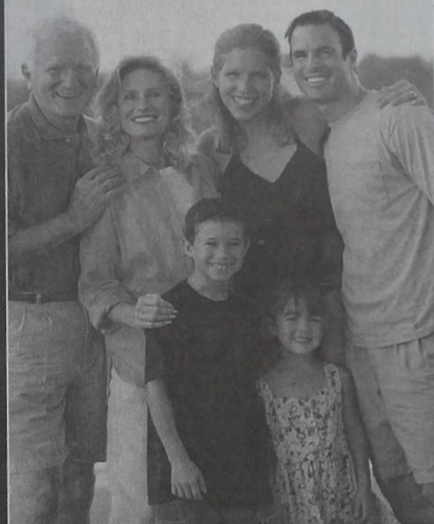
877.SEE.BABY

Womb's Window
Wilmington, NC • 910.202.0389
www.wombswindow.com

Sign up for
membership today!

We offer just what you
need to manage your
finances—everything
from low-rate loans and
mortgages to credit cards
and savings programs.
And once you join, your
family is eligible to join, too.

Sign up for membership
today! Visit navyfcu.org
or call 1-800-914-9494.



Checking • Savings • Consumer Loans • Auto Loans • IRAs
Equity Loans • Web Bill Pay • Credit Cards • Mortgages

Membership counts.



NAVY
FEDERAL
Credit Union

Navy Federal can serve Department of the Navy active duty, retired, reserve, civilian and certain contractor personnel and their families. Federal law generally prohibits federal credit unions from serving nonmembers. This credit union is federally insured by the National Credit Union Administration. For more information, visit navyfcu.org. © 2005 Navy Federal Credit Union. 10603B (4-05)

Michaels

THE ARTS AND CRAFTS STORE®

RED, WHITE & BLUE CELEBRATION

U.S. Flags 3 For \$1 • 4"x6" Reg. 49¢ Each • 8"x12" Reg. 99¢ Each ... 2 For \$1 • Full Fan Banner 2 styles available. Reg. 16.99... 9.77 Each	Red, White & Blue "Silk" Bushes Reg. 1.99 77¢ Each	Torches • 5-ft. Bamboo Patio • 12" Bamboo Tabletop • 47" Citronella Candle Torches Reg. 2.99 Each 1.77 Each	Value Pack Foam Door Hangers or Sheet Packs • Foam Activity Buckets Reg. 7.99 Each 4.77 Each	Home Images™ Wall Frames 8"x10" to 24"x36" Excludes collage frames. 40% OFF
Yarn 4.97 Each	Royal Soft-Grip Artist Paintbrushes Reg. 2.99 1.99 Each	100-Page Photo Albums Reg. 4.99 2.77 Each 100-Pocket Mini Photo Albums Reg. 1.99 .77¢ Each	ALL The Garden Collection Garden Décor ENTIRE STOCK 50% OFF	Art Prints Unframed styles. 25% OFF
Crystals 5.99 Each	Ready-to-Finish Wood Shapes Reg. 25¢ Each 5 For \$1	Americana® 2-oz./59ml Acrylic Paint Reg. 99¢ 74¢ Each	"Silk" Greenery • The Garden Collection • Simple Elegance • Ferns & Grasses • Large Leaf • Mini Leaf • Vineyard ENTIRE STOCK 50% OFF	Natural Storage Solutions Baskets 50% OFF

U.S.A. Can Hug Saturday, July 2 Ages 5-12 are invited to go between 10am & Noon. 2 includes supplies.	SUMMER CAMP Registration going on now for Michaels Summer Arts & Crafts Camp. Kids ages 5-12 are invited to attend. Camp Create-A-Lot, July 11-15 and July 18-22.	CRAFT TIME DEMOS Check out our Red, White & Blue décor demonstrations and get inspired. Check Store Calendar for demos, dates & times.	LEARN CAKE DECORATING AT OUR PENNY KIT SALE! Buy the class and get the student kit for 1¢. Save up to \$24.98! Classes start the week of July 10.	Learn to knit Learn to Knit or Crochet at your nearby Michaels. Check for class times at your neighborhood Michaels.
---	--	--	---	--

Find Great Ideas & Inspiration Every Day @Michaels.com

CUSTOM FRAMING OFFER

50% OFF ONE CUSTOM FRAMED PIECE
60% OFF TWO CUSTOM FRAMED PIECES
70% OFF THREE CUSTOM FRAMED PIECES

Offer valid Sunday, June 26 - Saturday, July 2, 2005 with purchase of a custom frame. May not be combined with any coupon, sale or discount in effect. May not be used on purchases made through Michaels.com. All pieces must be ordered at one time. Valid at Michaels stores only.

Any One Regular Priced Item

40% OFF

One coupon per customer per day. Coupon must be surrendered at time of purchase. May not be used for prior purchases or sale priced items or combined with any other coupon, offer, sale or discount. May not be used to purchase shipping cards, gift cards, gift certificates, in-store parties or class fees. Excludes special order custom floral arrangements and special order custom frames and materials. Excludes purchases made through Michaels.com. Valid at Michaels stores only. Limited to stock on hand. Reproductions not accepted. Void where prohibited.

Store Coupon Valid Sunday, June 26 through Saturday, July 2, 2005

SALE PRICES GOOD JUNE 26 - JULY 2, 2005

For the Michaels nearest you call TOLL FREE 1-800-MICHAELS (1-800-642-4235) or visit us @Michaels.com for store locator and lots more.

All prices and all coupons are not valid on purchases made through Michaels.com. All credit cards may not be accepted at all stores. Selection and regular prices may vary. Typographic, photographic and printing errors are subject to correction at the store level. Due to the seasonal nature of our imported products, quantities may be limited and there may be no rain checks issued. We reserve the right to limit quantities. Offer good only in U.S.A.

Sunday 10AM-7PM*
Mon.-Sat. 9AM-9PM
*Our Dream & Logan, Utah stores are closed Sundays.

Spouses deploy in support of Operation Iraqi Freedom

MASTER GUNNERY SGT.
CONSTANCE S. DILLARD
II Marine Expeditionary Force (Forward)

CAMP FALLUJAH, Iraq — When the personnel requirements for the Marine Corps Community Service exchange mission in Iraq grew beyond its military personnel resources, it found a willing and untapped resource within its ranks. MCCS civilians, many of whom are military spouses, rose to the occasion by gladly volunteering to fill personnel shortages at military exchanges serving Marines, soldiers, sailors and airmen in Iraq.

As such, three MCCS civilians fulfill that need at the Camp Fallujah Exchange. Known as the "Three Js," each left her husband, children and the comforts of life back home to serve their country in the one way they could best, by augmenting the exchange system.

"I just wanted to do my part, to be here in support of the many men and women out here trying to make a difference," said Jamie Dollahan, a Riverside, Calif., native. "To help, no matter how little it is at times. Not to be at home watching it on TV."

Because the Marine Corps Exchange military occupational specialty is so small and the mission out here kept expanding, Army & Air Force Exchange System asked MCCS Headquarters to provide additional resources, according to Master Sgt. Francisco Olmos, Camp Fallujah Exchange staff noncommissioned officer in charge. Those additional resources turned out to be MCCS civilians to fill billets ranging from administrative duties inside the exchange to logistical support in the warehouse. This is the first time in Olmos' 19-year career that he has seen spouses, civilian MCCS Marines, support the exchange in this manner.

"I'm prior military (Marines) and served in Operation Desert Shield/Storm, and the idea of coming here to help out as a civilian was just exciting," said Janet Hawkins, a



Marine Corps Community Service civilians fill military personnel shortages at MCCS exchanges serving service members in Iraq. Three such civilians serving at Camp Fallujah, Iraq, on temporary additional duty orders are from left to right Jamie Dollahan, from Marine Corps Base Quantico, Va.; June Russell from Marine Corps Air Station Miramar, Calif.; and Janet Hawkins from Marine Corps Air Station Iwakuni, Japan. All three ladies left her husband and children to serve their country in the one way they could best, by augmenting the exchange system.

Shreveport, La. native. "It brought back days when I only wished there was an American or just someone to converse with at the very small exchange we had at our location [during Desert Shield/Storm]."

In preparation for the mission, every MCCS civilian goes through a two-day briefing at Quantico, Va., which covers the Marine sites in Iraq and the basics of what would be expected from them ranging from billeting, the environment, deployment incentives and pay including all

human resources issues, according to Olmos, who is on his third deployment in support of Operation Iraqi Freedom. Additionally, all of the MCCS civilians went through five days of deployment training at the Continental United States Replacement Center in Fort Bliss, Texas. During CRC, they receive first responders training, anti-terrorism briefings, IED identification classes, defensive orientation and nuclear, biological and chemical training to include donning a gas mask.

Once they land in Kuwait their AAFES training occurs in operating procedures, security measures and ordering merchandise class. This is also considered the first day of their six-month deployment.

"I have not regretted my decision, and I am proud and honored to have this opportunity to serve," said June Russell, born in Scotland and currently a San Diego resident. "There was a moment during the CRC at a 5 a.m. formation that I thought 'oh my God, what have I gotten myself into,' but

that passed very quickly." Currently, there are additional duty orders exchanges in Al Asad, Taqaddum and Camp Fall are having a very positive great work they are doing maximize the ability to members to the best of ty, according to Olmos, a Texas native.

"I love the retail business job is great, especially with customers," said Dollahan, a member of three on TAD from Air Station Miramar. service members) do not nians, especially Marine ians, to be here, and if their day for a few minutes environment we are in, then my job."

Whereas normally the spouse sits at home in their active-duty spouse, home the shoe is on the other foot.

"My husband supports me," said Dollahan, a member of three on TAD from Air Station Miramar. Quantico, Va. "Being knows what I can run into worries at times. But he is something I wanted to complain when he gets home."

Even the children's decision to serve. "My children were coming out here," "They knew I was important events, and come out. They just tures and video."

With their spouses supporting them, the stay upbeat and drive the best service possible members here.

"I had everyone safe; it's no place for can't believe you as your family," said Dollahan, a member of two on TAD from Station Iwakuni, Japan. Fallujah surrounded ing force in the world I sleep well knowing



PHOTO BY DREW W. BARKER

Pet safety a must for summer fun

PFC. DREW W. BARKER
Marine Corps Base

The summer season presents a great opportunity for people to spend time with their pets while enjoying the outdoors, but it also creates an environment that is full of potential hazards for our animal companions.

"Protection from heat, parasites, travel safety and sterilizing your pet are some of the issues that, while important year-round, need extra attention during the summer months," said Nancy Peterson, a companion animal specialist, on the American Kennel Club's official Web site, www.akc.org.

Heat related ailments are the main concern for pets during the summer months. Serious incidents of heat stroke and exhaustion are very common for animals during hot and humid weather and can be deadly if not treated immediately, according to Army Capt. Genevieve Vega, branch chief for Veterinarian Services, Camp Lejeune.

Signs of heat stroke and exhaustion include, but are not limited to, body temperatures exceeding 104 degrees, excessive panting, a dark or bright red tongue and gums, staggering and vomiting, according to the Web site.

Once symptoms are recog-

nized, cooling the pet down becomes a very pressing need.

There are a few treatment methods that are very effective, including applying ice packs to the groin area, allowing the pet to lick ice chips or drink small amounts of cool water and applying rubbing alcohol to the dog's pads, according to the AKC.

Keeping your pet well hydrated and ensuring their core body temperature remains at a reasonable level is essential to maintaining the health and comfort of your pet and avoiding heat related illness in the upcoming months, according to Vega.

"When it's hot out, animals need a lot of water and shade," said Vega. "Also, to keep them cool and avoid dehydration, try and limit their times of high activity to the morning and evening hours when weather is more permitting."

It is imperative that pets have a shady spot to rest in if they are to be left outside on a hot summer day, and it should be known that doghouses may not be a very good option, as they tend to trap heat, according to Vega.

The most commonly neglected heat hazard to pets is being left in a parked car, according to Vega.

Temperatures inside a car can rise to over 100 degrees in a mat-

ter of minutes, according to the Web site.

Another risk factor for pets during the summer months is found in the seasonal insect population. Fleas, ticks and mosquitoes, which carry heartworm disease, are more prevalent in warmer months, according to the AKC.

Parasite prevention for your pet could be as easy as a few shots or wearing a special collar, according to Vega.

In addition to minimizing risk factors, pet owners must also plan ahead for travel.

Many airlines will not ship animals during summer months due to dangers caused by hot weather. Some will only allow dogs to fly in the early morning or in the evening, according to the AKC.

"When traveling by automobile, ensure that the interior of the vehicle remains cool and schedule for frequent bathroom and water breaks," said Vega.

When traveling with your pet this summer, it is wise to research veterinary clinics in the area you are visiting so that you are prepared to seek emergency assistance as quickly as possible if necessary, according to the Web site. By taking preventative measures to protect your pet's health this summer, pet owners can ensure a fun and safe season of outdoor activity.

Big Brothers Big Sisters | Award ceremony



A group of four outstanding Marines raised almost \$1,000 for the Big Brothers Big Sisters mentoring program during an annual bowling fund-raiser event. Their original goal was to raise \$75 each, but when they exceeded their goal, they decided to keep after it. The two and went above and beyond, said La'Tuan Darnis, community relations representative for BBBS. The raises \$150 - \$200. BBBS recognized the group at an awards ceremony in front of their fellow Marines. From left to right are Liz Fletcher Brown, Onslow County coordinator, Lance Cpl. Starr Ludlow, Sgt. William Jeter III, and Darnis. Sgt. Matthew Ludlow was also part of the team. The Relentless Foundation, plan to participate in the fund-raiser next year as well, if they are still in the area.

Health promotion | Diabetes Management



Ticare beneficiaries learn the importance of managing diabetes and useful information June 16 during a Diabetes Management Course conducted by the Health Promotion Department on Camp Lejeune. Bridgeport, (right) talks to one of the participants about healthy eating as a part of managing diabetes. The course is a part of managing diabetes, hospital and clinics taught courses on managing change, foot and skin care, exercise, nutrition, and diabetes. One of the course highlights is when participants take a tour of the commissary choosing foods that are better for diabetics. The course is ideal for newly diagnosed diabetics who have had diabetes for years. The Health Promotion Department also educates on tobacco use, weight management, sexual responsibility, risk factors and lifestyle choices for all active duty. Department of Defense employees. For more information on future courses, call 451-7591.