

Man on the street

How would you lead an injured Marine?



"Every Marine is different. They're each going to have their own style."

Cpl. Phillip Turner
5th Civil Affairs Group

"I think it depends on how well you know the individual Marine."



Sgt. Lionel Jones
2d Tank Battalion



"Ask the Marine how they are feeling and take it slow. I don't want to put them out there to get hurt again."

Gunnery Sgt. Darius Crane
TAD from Albany, Ga.

"It depends on the individual, the circumstance and the injury."



Staff Sgt. Lee Chartier
Kilo Battery, 3rd Battalion,
10th Marine Regiment



"Leadership by example, getting out there with them."

Staff Sgt. Tara Holley
Marine Aerial Logistic Support Unit 29

Warriors should strive to do more

Guest Commentary
LANCE CPL. STEVEN SAWYER

It's 6:30 a.m., early for most of the world, but not for your average Marine. Sure, it's just another workday, only today we come in earlier than the usual 7 a.m. for physical training.

As the Joint Public Affairs Office does an endurance run along the flightline parameter road, something my shop likes to refer to as the "loop," I start wondering something that maybe all of us wonder now and again: Why do we do it?

Three times a week I get up and do some kind of exercise. Most days it's a little of everything, including pull-ups, running, and crunches. But why?

According to Marine Corps Order P6100.12, Marine Corps Physical Fitness Test and Body Composition Program Manual:

"Every Marine must be physically fit, regardless of age, grade, or duty assignment. Fitness is essential to the day-to-day effectiveness and combat readiness of the Marine Corps. Furthermore, physical fitness is an indispensable aspect of leadership. The habits of self-discipline required to gain and maintain a high level of physical fitness are inherent to the Marine Corps way of life and must be a part of the character of every Marine. Marines who are not physically fit can be a detriment to the readiness and combat efficiency of their unit. Accordingly, every Marine will engage in an effective (physical conditioning program) on a continuing and progressive basis."

That's straight from the order, an order, which governs all physical training standards in the Marine Corps. So the next question is, who determines what is physically fit? Certainly there are those who would think that doing more than 20 pull-ups is extreme, or running three miles is useless for a desk jockey. Once again, though, the order already has the answer:

"The definition of physical fitness is subjective to those defining it. The Marine Corps considers physical fitness to be the ability of a Marine to meet the physical demands of any combat or duty situation without undue fatigue."

The order goes on to address the three elements of physical conditioning, including strength, endurance, and mobility. Then, under a section titled Principle of Physical Conditioning, it lists the guidelines for developing a physical conditioning program.

In this section, we find that the program must "incorporate a systematic means to increase training load," "conduct sessions at least 3-5 times per week," "overload the various body system to be able to handle greater load, vary from time to time to maintain interest, allow time to recover from body overload and become stronger, balance the exercises to address all components of the body, and to be specific in order to provide specific gains. To verify that we have maintained this level of fitness that is required of Marines, the order states that we must participate in a minimum of three hours a week, perform a physical fitness test semi-annually, and obtain a minimum of a third class score during those tests."

So you do your three hours. You have a third class PFT score or higher. You can meet all the requirements of your military occupational specialty. Your next question should be, "Why should I do more?"

That is a question only you can answer.

Lance Cpl. Sawyer is combat correspondent assigned to Marine Corps Air Station New River.

Sempertoons

by Staff Sgt. Wolf



Supervising injured Marines

Guest Commentary
MASTER GUNNERY SGT. BILLY D. STEWART

Most of you that have read my weekly column know that about 14 years ago I suffered a severe back injury that could have forced me out of the Marine Corps following a hunting accident in my home state of Illinois. Basically, I broke my back by completely shattering one of my "T" vertebrae. Fortunately, I was able to endure a year of light duty to properly prepare myself for future service in the Corps and sound physical stability for the rest of my life. I did this by listening to my doctor (most of the time), training anyway I was allowed to, and keeping an extremely positive attitude towards getting back into the fight. In hindsight, I probably did not rest enough. It's no secret that Marines are aggressive, and I was no different. I had one goal, to get back on full duty. The war in Iraq and Afghanistan are placing heavy personnel requirements upon our Corps; requirements that are being compounded by Marines that cannot deploy due to injuries.

Most injured Marines have the same attitude, to get back in the fight. However, I am afraid a minority of Marines have a different attitude towards getting back on full duty. Some will delay the process and even go to the point of malingering. These are the Marines that you see waving their light duty chit at any sign of physical activity, a physical fitness test, unit training, and especially a deployment. Let's be honest with each other; we all know this goes on. You know who they are. From a leader's perspective, this can often times be confusing and uncomfortable. This may cause Marines to be hesitant to lead, monitor, and supervise their subordinates concerning their pending medical situations. In my personal opinion, the greatest reason for Marines milking light duty chits and malingering is the lack of supervision and concerned leadership. There is no need to handle these issues as fragile china anymore.

Getting involved is usually all that it takes to hold a Marine accountable and get them on the solid road to recovery. The remaining paragraphs of this column will discuss how you, as a leader of Marines, can evaluate, supervise, and hold accountable your injured Marines. These rules of the road cannot only be used with your questionable Marines, but with all of your Marines if you feel the need to. Let's start with the basics; getting the facts.

The first step in this leadership process is to read all information available. Every Marine that returns from medical treatment, whether it is on base or out in town, should have a chit or a doctor's note. Written or explained in this note should be what the Marine has been diagnosed with and what kind of treatment and that he received or will receive in the future, if any at all. In addition, and most importantly, what the Marine can and cannot do will be listed as well.

Next, if the Marine is issued a period of limited or light duty, it will also be written on the chit or note. Unknown to many, this is a recommendation from the clinic to the commander. The commander normally has final authority. Finally, a doctor or corpsman will sign the note. In addition, the Marine may be given medicine or a prescription to fill later in the day. When the Marine returns from medical, his immediate noncommissioned officer in charge should examine the note and immediately discuss it with the Marine. If the chit or note is missing any of this info, send them back to medical. If the chit is unreadable or not understandable, call medical to verify. If the Marine was

not placed on any type of light duty, there is no need to worry about a note. It may just be a routine visit requiring no further action. Once the NCOIC has examined the note make a copy for the Marine's jacket, as well as the unit training and administrative chief. After the chit or note is examined for its content, a plan of attack for recovery must be established.

A plan of attack is usually not decided immediately to get the Marine back on full duty. This is the first problem. Marine leaders must set the stage for recovery right off the bat. As stated earlier, this is done first by awareness and second through execution. This can be done in many ways. The easiest and most effective way is through counseling. If you're doing your job, it is being done every 30 days anyway. Identify the injury, what physical training the Marine can do to stay in shape, and supervise.

There is nothing more to the puzzle than that. The Marine may recover faster by doing non-conventional PT vice the normal Marine Corps regimental exercises. This may consist of swimming, aerobics, stretching, or maybe a diet to induce weight loss. A trip to the Semper Fit Coordinator at your local base may be in order. As a leader, you must ensure that motivation is instilled so the injured Marine desires to recover quickly. Many times an injury is labeled as weakness. One should review every injury on an individual basis and apply the proper leadership style that fits the attitude at hand. For example, a Marine that is trying desperately to get back to full duty might require more compassion and curbing on your part to slow him down to prevent another injury. On the other hand, the lazy Marine might need an NCO to escort him or her to PT daily with a mindset to engage a proverbial boot up their backside to motivate them. As always, you will be the judge of that. There may even be times when you will have to call medical personally and discuss the Marine's case with the doctor. I would recommend leaving that to a SNCO or officer. Once you have your plan of attack in place, the most important aspect is to supervise.

This is by far the most neglected aspect concerning injured Marines. Many times no one knows what the current status of a Marine well after a note or limited duty board has expired. The Marine in question isn't showing up to PT or training stating that they are injured. All the while, the Marine is on full duty, may have missed a follow up, or is malingering. Let me say it again; supervise, supervise, and supervise! If you are doing this, you will be tracking every aspect of your Marine's recovery successfully.

For long-term injuries, your monthly counseling will be a great forum to set goals and review progress. Keep all documentation and set achievable goals. For true lazy or malingering Marines, proof is paramount and must be documented. Contact the Marine's doctor to confirm any suspicions you may have and forward them up your chain of command. Hopefully you will never find yourself as a leader in that situation.

Dealing with injured Marines is a fact of life. Marines are physical individuals and by default will get injured from time to time. The fact remains that all Marines need to be on full duty and ready to deploy at a moments notice. Any Marine that cannot deploy because of an injury needs to get back in the game. We as leaders must ensure that this is done expeditiously and in a way that ensures total recovery. This can only be done through good old fashion concerned leadership and supervision. This will ensure the strongest and healthiest Corps possible. Your life may depend on it one day. Semper Fi

Master Gunnery Sgt. Billy D. Stewart is the aviation supply chief for the Pentagon.

THE GLOBE

Commanding General, Marine Corps Base
Maj. Gen. Robert C. Dickerson

Marine Corps Base Public Affairs Officer
Maj. Neil F. Murphy Jr.

Marine Corps Base Public Affairs Chief
Staff Sgt. Michael Mink
michael.minks@usmc.mil

Military Editor
Cpl. Elsa M. Portillo
portilloem@lejeune.usmc.mil

Assistant Military Editor
Lance Cpl. Matthew K. Hacker
matthew.hacker@lejeune.usmc.mil

Managing Editor, Sports Editor
Lauren Reynolds
lreynold@pilotonline.com

Layout & Design Editor
Ena Bravo
ebravo@militarynews.com

Carolina Living Editor
Suzi Drake
sdrake@militarynews.com

Assistant Sports Editor
Brian Berger
brian.berger@militarynews.com

This DoD newspaper is an authorized publication of the Department of Defense. Contents of The Globe are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Consolidated Public Affairs Office (CPAO), Camp Lejeune, N.C. Published by Landmark Military Newspapers of N.C., a private and in no way connected with the Department of

Defense or the U.S. Marine Corps, under exclusive written contract with Marine Corps Base Camp Lejeune, N.C.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement by the Department of Defense, the U.S. Marine Corps, or Landmark Military Newspapers of N.C. of the products or services advertised.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user, or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher shall refuse to print advertising from that

source until the violation is corrected.

The editorial content of this publication is the responsibility of the Public Affairs Office, Camp Lejeune, N.C. Any questions may be directed to: Commanding General, (Attn: Public Affairs Office), Marine Corps Base, PSC Box 20004, Camp Lejeune, N.C. 28542-0004, phone (910) 451-7405. For distribution and advertising inquiries, call (910) 347-9624.

Lejeune | Deployed



Lance Cpl. Jacob L. Hassell, a 19-year-old rifleman from Summerville, S.C., with Company B, 1st Battalion 8th Marine Regiment, Regimental Combat Team 7, takes a moment to sit down after intense fighting in Fallujah, Iraq.

Cpl. Joel A. Chaverri

Marines provide safety in Fallujah

CPL. JOEL A. CHAVERRI
Combat Correspondent

FALLUJAH, Iraq - The Marines of Company B, 1st Battalion, 8th Marine Regiment, Regimental Combat Team 7, were in the city of Fallujah, Iraq, for weeks during Operation Al Fajr.

Searching nearly every building along the way, the company cleared a path that would help to establish a secure environment for the residents of Fallujah when they return.

The capture of insurgents, weapons and ordnance during the victory for Fallujah brought Al Anbar one step closer to becoming a secure and stable province.



Cpl. Joel A. Chaverri

Sgt. Michael R. Ramirez (right), a 26-year-old squad leader from Hondo, Texas, with Company B, 1st Battalion 8th Marine Regiment, Regimental Combat Team 7, points out an objective Nov. 23 in Fallujah, Iraq to Platoon



Sgt. James T. Ramirez III

Marines with Company B, 1st Battalion, 8th Marine Regiment, Regimental Combat Team 7, searches the city of Fallujah, Iraq for insurgents and weapons during Operation Al Fajr.



Cpl. Joel A. Chaverri

Marines provide each other cover while securing a corner recently in Fallujah, Iraq.



Saluting
Freedom
AND THOSE WHO GIVE SO MUCH

See our ad on page 8C

Sanders Ford

910-455-1911 Lejeune Blvd, Jacksonville

910-326-1801 Highway 24, Swansboro

Around the Corps

Marines prepare Karbala Iraqi national guard for election

GUNNERY SGT. CHAGO ZAPATA
11th MEU

KARBALA, Iraq - Iraq's upcoming elections are less than a month away and both Iraq officials and coalition forces are concerned about security. Insurgents are desperately doing everything they can to disrupt or prevent them from happening altogether.

The Iraqi National Guard is going to be one of the main sources of security for voters and election officials alike and everything is being done to prepare them for the challenges looming less than 30 days ahead.

The 11th Marine Expeditionary Unit (Special Operations Capable) is tasked with preparing the ING for that mission and many others.

"Our mission in Karbala, mine and Alpha Company's, is to prepare the 401st Battalion, to equip them, train them at the tactical level and in command and control at the battalion level," said 1st Lt. Ann G. Burke, ING liaison officer, 11th MEU (SOC). "We work hand in hand to make sure they have the resources and infrastructure they need to conduct training and missions."

According to Burke, when the MEU first came to Karbala in December, the biggest priority was to consolidate the 401st Battalion, which is currently split into four different locations throughout the province.

"Together, we came up with a plan to consolidate the battalion into two locations, one here in Karbala and the other to the southwest in the city of Ain Al Tamar," Burke said.

One other challenge the ING have faced was the lack of necessary facilities.

"They have no chow hall, right now all their food is delivered. They had no armory, no battalion aid station, and inadequate sleeping space," Burke said.

Furniture, tactical equipment like dust goggles, helmets, Small Arms Protective Insert plates, medium machine guns, ammunition have all recently been purchased, according to Burke.

"We've been doing all of that and should have everything they need delivered by January 15 and construction should be complete by middle of February," Burke explained. "Construction alone is costing \$1.8 million and the gear is another half a million dollars but



1st Lt. Ann G. Burke, Iraqi National Guard liaison officer, 11th Marine Expeditionary Unit (Special Operations Capable), explains improvements scheduled for the 401st Battalion facilities to Col. Hatam Hassan Ali, commanding officer, 51st ING Brigade, at the ING compound in Karbala, Dec. 26.

it's all necessary to get them ready."

Burke believes the ING will be ready to provide security for the elections.

"When I first came here, I thought the problem was going to be that we wouldn't be able to find Iraqis that wanted to fight against the militia," she explained. "That was the impression I got from the news media when I was back home. But actually it's a very different story. They do want a free country, they do recognize that it's had a significant impact. The terrorist network is a very small portion of the population and I think they're very proud to be part of the ING."

According to Burke, the issue really is that the coalition is trying to build an entire military force over a period of six months.

"Even though we're the United States it's not easy to build all the

force structure and train all these people in such a short period of time," Burke said. "But I do believe they'll be ready for the elections. They're training hard, conducting patrols and manning checkpoints right now."

Captain Sean M. Roche, company commander, Company A, Battalion Landing Team 1st Battalion, 4th Marine Regiment, 11th MEU (SOC), said establishing the ING is a battle that's being fought on several fronts, mainly training and logistics.

"Logistics are key because not only do we want to give the Iraqis the tools that they need, we also want to show them how to continue on their own - how to get their own barracks built, to get their own contractors, to understand the whole logistics process," said Roche, who's battalion is responsible for

training the ING here.

When the ING ask for something, Burke knows if they can get it or if it's something they already have Roche said.

"It makes it much quicker for the Iraqis to get the gear they need and also shows them the process and steps it takes to get their own gear," Roche explained. "We're not only helping them out now but we're getting them ready for the future."

According to Burke, the ING has taken a lesson from the Marine Corps that the mission must be accomplished, no matter the circumstances.

"When they get everything that they need they'll be that much stronger because you've done without before," Burke continued. "Ironically, I think it may have done good for them to have to operate with very little."

"We work hand in hand to make sure they have the resources and infrastructure they need to conduct training and missions."

- 1st Lt. Ann G. Burke

According to Col. Hatam Hassan Ali, commanding officer, 51st ING Brigade, there have been a lot of changes since the Marines arrived in Karbala.

"The Marines have made a difference," Ali said. "They helped us get many of the things we need to operate effectively in the province."

Burke explained that the Marines are building a working relationship with the ING that requires a lot of patience.

"They understand they have a mission but they have difficulty dealing with the fact that it's easy and it doesn't happen overnight to get them equipped or to get them into structures where they can carry out their mission," Burke said.

On top of that, they're also nervous because they have insurgents to fight and elections in month - they have a very important mission here.

"The ING want to do [their mission], they just want to make sure they have the resources to do it. They'll ask for everything they can," Burke said. "They know how important the elections are... and the ING will [provide security] with the resources we've provided."

According to Burke, the process of making Iraq independent is taking longer than many people expect but there is a lot of hope here.

"I think that at least in Al Diwaniyah, An Najaf and Karbala where the 11th MEU (SOC) is operating, the ING will be ready to have everything that they need to provide security during the elections," Burke said.

Recruits submerge themselves in water survival training

CPL. BRIAN KESTER AND
LANCE CPL. JUSTIN J. SHEMANSKI
Marine Combat Recruiting Depot Parris Island

MARINE CORPS RECRUIT DEPOT PARRIS ISLAND, S.C. - For those who undergo the rigors of Marine Corps recruit training, "Swim Week" focuses on various methods of water survival and can be extremely tough.

While some recruits have had an abundance of experience in the water and may be quite comfortable, for others this may be their first time in a pool.

Experienced or not, swimming with a Kevlar strapped to your head, an M-16A2 service rifle and an ALICE pack strapped on your back, while wearing Marine pattern camouflage utilities and combat boots, will inevitably hinder any and all attempts

for anyone trying to stay afloat.

While the gear may seem to hinder and hold back the swimmer, this is an important step in learning how to survive at sea.

By this time, recruits have begun to grasp the concepts of water survival, Marine Corps-style.

Utilizing methods to swim the length of the pool such as the combat travel stroke or jumping off of a 5- or 10-meter platform in the abandoned ship technique, recruits give their all in an attempt to achieve the prized Level 1 swim qualification.

To do so, they must push themselves to their physical limits over a period of three days; swimming the length of the pool numerous times with combat gear in tow, and just when they think it's all finished, they must add another piece of gear and do it all over again.



Practicing using his blouse as a flotation device, a recruit from Delta Company, 1st Recruit Training Battalion, attempts to stay afloat at the combat training pool.



Recruit Brian Drinner walks in the shallow end of the Depot's combat pool Dec. 16. This is where recruits get an introduction to methods that they will later incorporate in the deep end of the pool.

Money Matters

Calculating wealth first step in planning for future

FEDERAL RESERVE BANK OF DALLAS
Press Release

The following article is the first part of a series on Building Wealth which offers introductory guidance to individuals and families in helping to develop a plan for building personal wealth. Permission to reprint this article has been granted by Federal Reserve Bank of Dallas.

You want to create personal wealth, right? Does Bob?

Bob is 35 and works for a manufacturing company. He looked at his finances and realized that at the rate he was going, there wouldn't be enough money to meet his family's financial goals. So he chose to embark on a personal wealth-creation strategy. His first step was to pick up a copy of this work for guidance. Bob began by learning the language of wealth creation. The first lesson is to understand the meaning of assets, liabilities and net worth. They make up this very important formula: assets minus liabilities equals net worth.

A wealth-creating asset is a possession that generally increases in value or provides a return, such as savings accounts, retirement plans, stocks and bonds or a house. Some possessions (like your car, big-screen TV, boat and clothes) are assets, but they aren't wealth-creating assets because they don't earn money or rise in value.

A new car drops in value the second it's even off the lot. Your car is a tool that takes a lot of work, but it's not a wealth-creating asset.

The market value of a home is an asset; the mortgage, a liability. Let's say your house is worth \$120,000, but your mortgage is \$80,000. That means your equity in the home is \$40,000. Equity contributes to your net worth.

A liability, also called debt, is money you owe, such as a home mortgage, credit card balances, car loans, hospital and other medical bills or student loans.

Net worth is the difference between your assets and liabilities. Your net worth is your wealth.

To calculate how much he is worth, Bob used the following formula:

He made a balance sheet listing all his assets and all his liabilities. He listed his wealth-building assets first.

Bob's Balance Sheet:	
Wealth-building assets	
Cash	Amount \$1,500
Savings account	1,000
Stocks, bonds, other investments	5,000
401(k) / IRA	25,000
Market value of home	0
Other assets	0
Market value of car	14,000
Total assets	\$46,500
Liabilities	
Home mortgage	Amount \$0
Car loan balance	13,000
Credit card balances	3,000
Student loan	5,000
Child support*	2,400
Miscellaneous liabilities	1,500
Total liabilities	\$24,900
Net worth	\$21,600

*Represents one year of payments.

Bob discovered his net worth is \$21,600. Using Bob's balance sheet as an example, figure your own net worth.

To create and calculate your own balance sheet you can go to www.dallasfed.org/ca/wealth/1.html.

Be sure to add any assets and liabilities you have that are not listed here. Remember that net worth is your wealth. Are you worth as much as you want to be?

Be sure to look for more articles about Building Wealth in upcoming issues of THE GLOBE.



The Marines of Company B, 1st Battalion, 8th Marine Regiment, patrol through the farmlands surrounding Fallujah. Once they reach their destination, the Marines dismount the vehicles and patrol on foot through the villages.

SECURITY

CONTINUED FROM 1A

The mere presence of the Marines out in the farmlands serves a purpose in thwarting a potential insurgent.

"We make sure that the outskirts of the city are safe," said Cpl. Wayne E. Bowman III, point man with 3rd Platoon. "We make sure that no insurgents are sneaking back through these farms into the city. We go to our observation posts as a show of force to let them know that we are occupying the area. While

we are out there on patrol, we keep an eye out for any military-aged men and weapons."

Transitioning from fierce combat within the city only weeks prior, the new mission for the company is a change of pace for the Marines.

"It's a lot different," Bowman. "You feel a little safer out here than you do inside of the city."

Aside from the sense of security, the operation aims at once again showing the Iraqi people that we are here to help.

"It's a big difference; we aren't getting shot anymore. That, and

moving around the city it was like you couldn't trust anyone, but now it's like we are running up to every little kid and shaking their hand," said Landers. Though the Marines aren't dodging bullets out in the hills, they have one enemy that is even more relentless than the insurgents - the weather.

"Cold - it's real cold at night," said Bowman. "But we do build a campfire at night, and that is a morale booster. It helps pass the time and it gives a little bit of social time to talk to one another and joke around."

VISITS

CONTINUED FROM 1A

the feedback," said Reyes.

After the delegates spoke, Charlie Miles, the Miles Foundation, raffled off gifts ranging from X-Box's and MP3 players and gift cards from Blank Rome, represented by retired Maj. Gen. Tony Corwin. Representatives also brought more personalized gifts representing their states - including apples from Bartlett, Chile powder from Wilson and NASCAR memorabilia from Hayes.

After the raffle, representatives spoke with Marines and families on an individual basis to find out their views on deployments and what equipment Marines need to get the job done, also offering words of encouragement and support.

"We wanted to come and let the troops and their

families know we support them," said Wilson.

Corporal Sean Huze, light armored vehicle crewman with 2d Light Armored Reconnaissance Battalion, II MEF, expressed his and his wife's views to one congressman.

"This is a dialogue that needs to be done on a more regular basis," said Huze, an Operation Iraqi Freedom veteran. "Our wives and children a lot of times are the unsung heroes here."

Also in attendance was Denver Broncos' corner back Scott Turner. Turner signed autographs for those in attendance.

"I am so privileged and honored to be here," said Turner. "I did not hesitate to come because I have that much admiration and respect for you and your families and for what you do."

Echoing the sentiment of those present he added, "You guys are the real heroes to me."

All Watches 50% OFF LAST WEEK!

Barnes Diamond Gallery

Appraisals, Custom Design, Engravings, Repairs, Cleaning, & More

Monday thru Friday 9:30 - 5:30 pm 910-347-4300

Church of Christ

Sunday Bible Study: 10:00am
Sunday Morning Worship: 11:00am
Sunday Evening Worship: 6:00pm
Wednesday Bible Study: 7:30pm

Located in Swansboro, NC
641 Corbet Street (Highway 24) • (910) 326-4512

KITCHEN & LIGHTING DESIGN

Here For You!

Come see our many designs of Lamps, Mirrors, Prints, Accessories, Lights, Fans, and Kitchen Cabinets.

M-F: 8am - 5pm S: 9am - 1pm 455-2393
1207 Gum Branch Rd.

Earning a degree from American Military University can be your first step towards...

Kicking off a career in Sports and Health Sciences



The American Military University Advantage

- 100% online classes go wherever you go
- Zero cost tuition for active duty eligible for TA
- No book costs with AMU grant for undergrad students earning credit
- Evaluation of military transcripts and training for academic credit

Sports Management Degree Programs

- Bachelor of Science in Sports and Health Sciences
- Master of Arts in Sports Management
- Leisure Management, Coaching Studies, Sports Medicine, Sports Industry Management and more...

To learn more, contact your local AMU Education Coordinator:
Jim Maney
910-389-6035
jmaney@apus.edu or
visit www.apus.edu/amu



11,000 students studying in 110 countries

AMERICAN MILITARY UNIVERSITY 111 West Congress Street, Charles Town, WV 25414 1-877-468-6268

Are you leaving active duty?

Consider all your options... Marine Reserves

Give us a call and we will let you know what the Marine Corps can do for you!

Free Coffee Cup



Free Coffee Cup

PROGRAMS

- Select Marine Corps Reserve
- Active Reserve
- Individual Mobilization Augmentation
- Reserve Counterpart Training
- Reserve Enlisted Commissioning Program
- Warrant Officer Program

INCENTIVES

- Reserve Promotion Affiliation Program
- Affiliation Bonus (SRIP)
- Re-enlistment Bonus
- MGIB-SR Kicker (Additional money for college)

Transitional Recruiting Office
1-800-552-USMC (8762) or 451-1536/2804
Bldg. 60, Room 136
Promotions - Bonuses - MOS Change

Health | Safety

Surgeon General warns of increase in osteoporosis

THE SURGEON GENERAL
Press Release

United States Surgeon General Richard H. Carmona, M.D., M.P.H., F.A.C.S., warned today in a new report that by 2020, half of all American citizens older than 50 will be at risk for fractures from osteoporosis and low bone mass if no immediate action is taken by individuals at risk, doctors, health systems and policymakers. According to the new report, "Bone Health and Osteoporosis: A Report of the Surgeon General," 10 million Americans over the age of 50 have osteoporosis, the most common bone disease, while another 34 million are at risk for developing osteoporosis. Each year, roughly 1.5 million people suffer a bone fracture related to osteoporosis.

This report is the first-ever Surgeon General's report on the topic of bone health. Osteoporosis and other bone diseases, such as Paget's disease and osteogenesis imperfecta can lead to a downward spiral in physical health and quality of life, including losing the ability to walk, stand up or dress, and can lead to premature death.

"This report will shape the way we approach, talk and act about bone diseases," Health and Human Services Secretary Tommy G. Thompson said. "The more we learn, the more we realize that so many diseases are preventable, from obesity, to many types of cancer, and now bone disease. I want to thank Dr. Carmona and all the scientists and researchers who worked on this report. I look forward to the impact this new information will make in the health of communities."

Other findings in the report include:

About 20 percent of senior citizens who suffer a hip fracture die

within a year of fracture.

About 20 percent of individuals with a hip fracture end up in a nursing home within a year.

Hip fractures account for 300,000 hospitalizations each year.

The direct care costs for osteoporotic fractures alone are already up to \$18 billion each year. That number is expected to increase if action to prevent osteoporosis is not taken now.

"Osteoporosis isn't just your grandmother's disease. We all need to take better care of our bones," Carmona said. "The good news is that you are never too old or too young to improve your bone health. With healthy nutrition, physical activity every day, and regular medical check-ups and screenings, Americans of all ages can have strong bones and live longer, healthier lives. Likewise, if it's diagnosed in time, osteoporosis can be treated with new drugs that help prevent bone loss and rebuild bone before life-threatening fractures occur."

According to the new report, osteoporosis is a "silent" condition because many Americans are unaware that their bone health is in jeopardy. In fact, four times as many men and nearly three times as many women have osteoporosis than report having the condition. One of the most dangerous myths about osteoporosis is that only women need to worry about bone health. Osteoporosis affects men and women of all ages, and while bone weakness manifests in older Americans, strong bones begin in childhood.

The surgeon general's report is a call for Americans to take action to improve and maintain healthy bones. The report includes recommendations on what Americans can do to decrease the likelihood of developing osteoporosis.

These recommendations include:

Getting the recommended

amounts of calcium and vitamin D. High levels of calcium can be found in milk, leafy green vegetables, soybeans, yogurt and cheese. Vitamin D is produced in the skin by exposure to the sun and is found in fortified milk and other foods. For individuals who are not getting enough calcium and vitamin D in the diet, supplements may be helpful. The average adult under 50 needs about 1,000mg of calcium per day and 200 International Units of Vitamin D (one cup of vitamin D fortified milk provides 302 mg of calcium and 50 IU of Vitamin D).

Maintaining a healthy weight and being physically active at least 30 minutes a day for adults and 60 minutes a day for children, including weight-bearing activities to improve strength and balance.

Taking steps to minimize the risk of falls by removing items that might cause tripping, improving lighting, and encouraging regular exercise and vision tests to improve balance and coordination.

"I always worried about heart disease and cancer, but was never concerned about the health of my bones," said Abby Perelman, who is being treated for osteoporosis. "I wish I knew then what I know now - that a healthy diet and physical activity can make bones stronger and healthier."

The report also calls on health care professionals to help Americans maintain healthy bones by evaluating risks for patients of all ages, recommending bone density tests for women over the age of 65 and for any man or woman who suffers even a minor fracture after the age of 50. In addition, the report calls on health care professionals to look for "red flags" that may indicate that someone is at risk, including people who are under 50 who have had multiple fractures, or patients who take medications or

have a disease that can lead to bone loss.

"All health care professionals need to be aware of the early indicators of bone disease," said Dr. Lawrence Raisz of the University of Connecticut Health Center, one of the scientific editors of the report. "Many of my patients had no idea their minor fracture was an indication of a larger problem. The health care system can do a better job of helping patients protect themselves from bone disease."

In addition to the release of the report, the Surgeon General has published a companion "People's Piece" specifically written for the American people. The magazine-style, full-color booklet offers ready-to-use information on how people can improve their bone health. This is the second People's Piece that Carmona has produced as part of his commitments to improving the health literacy of Americans and providing the best scientific information available in a way that everyone can understand and use to live longer, healthier lives. The first People's Piece discussed the health consequences of smoking and was released in May 2004.

"Thirty years ago, doctors thought weak bones and osteoporosis were a natural part of aging, but today we know they are not. We can do a lot to prevent bone disease," said Carmona. "Everyone has a role to play in improving bone health, and this report is a starting point for national action on bone health. Let's get started by taking action today in homes, health care settings, and communities across our nation."

The free People's Piece, *The 2004 Surgeon General's Report on Bone Health and Osteoporosis: What It Means To You*, is available by calling toll free 1-866-718-BONE or visiting www.surgeongeneral.gov.

Health & Safety Briefs

TOBACCO CESSATION CLASSES

Tobacco cessation classes are offered to all active-duty service members, family members, retirees, and Department of Defense civilian personnel. For more information or class enrollment, call 451-3712.

TRICARE DENTAL PLAN

Is your family signed up for the Tricare Dental Plan? United Concordia handles the enrollment process. Enrollment is easy but must be initiated by the sponsor by completing a TDP enrollment form. Forms are available by calling United Concordia at 1-888-622-2256, by accessing the Web site at www.ucci.com or by visiting any of the base dental clinics. To verify enrollment, call customer service for United Concordia at 1-800-866-8499, 24 hours a day, Monday-Friday.

MAN-TO-MAN PROSTATE GROUP

The Man-to-Man prostate cancer, information, education and support group will meet the second Saturday of the month at 8 a.m. at the Onslow Memorial Hospital cafeteria for breakfast. For additional information, call Robert Kimbrough 347-6289.

WOMEN'S HEALTH CLASSES

Learn more about birth control options, family planning, breast health, sexual responsibility and field hygiene. Open to all female TRICARE beneficiaries, including active-duty, retirees and dependents. To register for a class, contact the Naval Hospital Health Promotion Department located in Building 4 at 451-3712.

NEW TRAFFIC CONE PATTERN

There is a new traffic cone pattern during morning rush hour at the westbound Camp Lejeune on-ramp from Midway Park and the intersection of N.C. Highway 24 eastbound and Piney Green Road. The intent of the traffic cones is to force drivers into the merge lanes early and safely, and to prevent "line jumpers" and "last-minute" mergers. Drivers attempting to merge into a turning lane at the front of the line or at the last possible second risk being cited for impeding traffic and suspension of base driving privileges.

Stay Tuned



For the latest news



GSA Schedule

Contract GS-06F-0052N

It's Never Been Easier to Get the Supplies You Need.



Stop by One of Our Stores Today!

Your Local GSA Supplier of Choice!

- ★ Government Purchase Orders and Procurement Cards Accepted
- ★ Over 1,700 Convenient Locations
- ★ Over 35,000 Items in Stock and on Schedule*
- ★ Delivery Available
- ★ Dedicated Support at the Pro Desk
- ★ No Minimum Purchase Required
- ★ Large Orders, Special Orders, Bids and Proposals? Call The Home Depot Government Solutions at 1-866-589-0690



Use our Store Finder at www.homedepot.com to locate a store near you.

Appliances • Lumber • Building Supplies • Janitorial/Cleaning • Decor • Electrical • Garden & Landscaping • Flooring • Hardware • HVAC • Lighting • Paint • Plumbing • Safety & Security • Storage • Tools

*Includes both Open and Closed

Career | Education

It improves education benefits

CPL. MATTHEW K. HACKER
Marine Corps Base

President George W. Bush signed the National Defense Education Act of 2004, which modifies the entitlement charge for claimants pursuing training under an active-duty or apprenticeship program. Entitlements will now be charged proportionately based on monthly benefit rate paid, rather than one full month for month of training or higher learning program. Modifications the Act addresses are: temporary increase in the benefit payable to individuals in an OJT or APP. Benefits will be increased from the dates of Oct. 1, 2005 to Oct. 31, 2007. The monthly benefit will be 10 percent during each month of the program. Chapter 30 Dependents Educational Assistance claimants will see an increase from \$650 per month for the first six months of program. They will continue to receive \$507 for the next six months and \$285 for the remainder of their program.

The various State Approving Authorities to approve APPs that are competency based and of variable length.

An extension of the eligibility period will be raised to 20 years for Chapter 35 Dependents Educational Assistance surviving spouses of service members who pass away while on active-duty.

All education programs, except the Chapter 1606 Selected Reserve Program, which was excluded by this law, may use benefits to cover the amount charged for various college entrance exams and tests that provide course credits at institutions of higher learning.

A few examples of higher learning includes the Scholastic Aptitude Test, Law School Admission Test, Graduate Record Examination, Graduate Management Admission Test, College Level Examination Program and Advanced Placement exams. Entitlement will be charged in proportion to the cost of the exam.

For more information of the Veterans Benefits Improvement Act of 2004, please visit the Web site at www.gibill.va.gov/education.

Important Links

- **Career Retention**
https://inweb1.manpower.usmc.mil/manpower/mi/mra_ofct.nst/mmea/References
- **Enlisted Promotion**
https://inweb1.manpower.usmc.mil/manpower/mi/mra_ofct.nst/MMPR/Enlisted+Promotion+Home
- **Billet Vacancies**
<https://inweb1.manpower.usmc.mil/manpower/mi/mmea/hotfill1.nst/billet+links>
- **Marine Online**
<https://www.mol.usmc.mil/System/TFAS/Login.asp>
- **FITREP Inventory**
<https://www.mmsb.usmc.mil/ftrslogon.htm>
- **Marine Corps Institute**
<https://www.mci.usmc.mil/newmci/default>
- **USMC College of Continuing Education**
www.tecom.usmc.mil/coe
- **MarineNet**
www.marinenet.usmc.mil
- **MCCS Lifelong Learning**
http://www.usmcmccs.org/perssvo/Life_Learn/life_learn_main.asp

Career Briefs

SPEAKERS BUREAU

Want to add a personal touch to your Professional Military Education training or your high school American History classes? The Camp Lejeune Military Retiree Council's Speakers Bureau is your answer. This is a first person history as told by men and women who lived it in war and peace. For information, call retired Sgt. Maj. Jack Murphy at 353-5221.

POLICE OFFICERS NEEDED

The Charlotte-Mecklenburg Police Department is scheduled to conduct the Damay Entry Level Police Officer Examination at Marine Corps Air Station New River at the Transition Assistance Family Service Center Jan. 13, March 10, May 26, and July 14. The exam is a four-part test consisting of 169 questions that applicants have two hours to complete. Those who pass the exam with a 70 or higher will be mailed an application packet. Call 449-5255 to set up an appointment.

PUT YOUR NAME IN LIGHTS

For birthdays, promotions, personal or unit milestones, e-mail marqueerequests@lejeune.usmc.mil to have it placed on the marquee along Holcomb Boulevard across from Hadnot Point C-Store.

Milestones

Awards

COMPANION MEDAL

Company G
Lance Cpl. Patrick S. Putt *V
Company F
Sgt. Robert S. Breneman *V
Company G
Sgt. Larry M. Coon *V
Company G
2nd Lt. William A. Martin *V
Company G
Capt. William F. Wahle *V

ACHIEVEMENT MEDAL

Company G
Pfc. Robert T. Johnson *V
Headquarters & Support

Graduations

BASIC COMBAT ENGINEER
COURSE 01-05

Pfc. Luke A. Arnn
Pfc. Michael Bass
Pfc. Ryan S. Blackwell
Pfc. Chase C. Cogswell
Pfc. Jason H. Gerstner
Pfc. Christopher L. Hansen
Pfc. Christopher S. Houser
Pfc. Christopher M. Ivester
Pfc. Ambrose Jackson
Pfc. Christopher W. Johnson
Pfc. Terrance D. McDowell
Pfc. Daniel L. Noll
Pfc. Marshall M. Patterson
Pfc. Robert J. Sanderson
Pfc. Richard D. Schreppe
Pfc. Kaysha D. Slack
Pfc. Willis E. Tolliver
Pvt. William W. Bartlett
Pvt. Timothy A. Beavers
Pvt. Adam B. Chaney
Pvt. Charlie J. Clyde
Pvt. James P. Dumas
Pvt. Earen B. Dunham
Pvt. Aron B. Horvath
Pvt. Jeremy T. Lambert
Pvt. Seth A. Michel
Pvt. Michael A. Rhodes
Pvt. Nelson Sixto
Pvt. David A. Stehlik
Pvt. Richard E. Williamson

BASIC COMBAT ENGINEER
COURSE 02-05

Cpl. Cody J. Feeback
Pfc. Daniel Castellanos
Pfc. Drew A. Braun
Pfc. Donald A. Machay
Pfc. Jillian C. Masmela
Pfc. Zachary D. Miller
Pfc. Sean T. Tibbs
Pfc. Raymond J. Vito
Pvt. Ryan J. Armstrong
Pvt. Christopher A. Barnes
Pvt. Jonathan C. Blacko
Pvt. Jason R. Bright
Pvt. Paul D. Brooks
Pvt. Ryan D. Cheney
Pvt. Christopher D. Doty
Pvt. Joshua A. Erb
Pvt. Jimmy Glenn
Pvt. Jereen M. Johnson
Pvt. Tyler D. Harder
Pvt. Timothy C. Hillard
Pvt. Michael T. Mansell
Pvt. Zachary A. Muncy
Pvt. Michael L. Painter
Pvt. Edgar A. Parsonago
Pvt. Jacob A. Porter
Pvt. Daminn J. Prokopec
Pvt. Edward Santiago
Pvt. Edgar A. Velazquez
Pvt. Jarrod A. Wayman
Pvt. William Williams

BASIC COMBAT ENGINEER
COURSE 03-05

Lance Cpl. Austin B. Nadeau
Pfc. Joshua L. Anderson
Pfc. Brandon T. Brantley
Pfc. Chad M. Christman
Pfc. Edward T. Cook
Pfc. Dandel B. DeGraff
Pfc. Mario D. Escobar
Pfc. Claro M. Garcia
Pfc. Jose L. Gonzalez
Pfc. Jeremy W. Kim
Pfc. Erik G. Martinez
Pfc. Andrew G. Maxwell
Pfc. Joseph O. Paulo
Pfc. Mitchel R. Reffett
Pfc. Ysa P. Rubio
Pfc. Corey L. Showalter
Pfc. Kevin D. Stricker
Pfc. Jeffrey R. Wass
Pvt. Brian L. Bicknell
Pvt. Robert S. Blair
Pvt. Sean J. Brunner
Pvt. Matthew D. Dike
Pvt. Alexander T. Evans
Pvt. Curtis J. Hahn
Pvt. Anthony H. Hines
Pvt. Benjamin R. Ledbetter
Pvt. Kyle M. Lefever
Pvt. Scott C. Maslar
Pvt. Philip M. Myers
Pvt. Nathan L. Richardson
Pvt. Justin J. Shotgun

Pvt. Andrew D. Walker

BASIC COMBAT ENGINEER
COURSE 04-05

Pfc. Justin J. Coteleur
Pfc. David R. Danowski
Pfc. John E. Fricano
Pfc. Steven E. Garcia
Pfc. Raymond J. Gulliver
Pfc. Levi A. Gundy
Pfc. Henry B. Hargis
Pfc. Jamie Haro
Pfc. Kevin N. Houser
Pfc. Robert F. Karge Jr.
Pfc. Zach M. Knight
Pfc. Jonathon M. Lowery
Pfc. Timothy K. Monson
Pfc. Josh S. Nicholson
Pfc. Jordan A. Ohearn
Pfc. Keith A. Post
Pfc. Phillips J. Ratermann
Pfc. Stephen C. Scates Jr.
Pfc. Brandon S. Schuck
Pfc. Patrick A. Smith
Pfc. Joel A. Soler
Pfc. Russell E. Sproul III
Pfc. Jonathan T. Stephen
Pfc. Samuel P. Vanorman
Pfc. Frank A. Wallace
Pfc. Richard J. Wild
Pfc. Gary L. Williams
Pfc. Bryan L. Wylie

Driver Improvement Test

Marines who scored 100 percent:

- Cpl. Levander G. Gibson
- Lance Cpl. James M. Bennett
- Lance Cpl. Edward S. Ramla
- Lance Cpl. Matthew W. Westfall
- Private first class Carlos L. Garcia

Post and Relief



Drake



Willey

Sergeants Maj. Ralph H. Drake and Douglas L. Willey stood before Brig. Gen. Ronald S. Coleman, commanding general, 2d Force Service Support Group, during the 2d FSSG sergeant major post and relief ceremony Dec. 17. Drake was relieved of his post to continue on to Training and Education Command, Quantico, Va., and Willey assumed post as the new sergeant major. "Both [sergeants major] are extraordinary Marines," Coleman said.



Adams



Laird

Chief Warrant Officer James F. Adams Jr. will relinquish command of Camp Lejeune's Correctional Facility Friday at 10 a.m. to Chief Warrant Officer Steven P. Laird. Laird is moving up from the executive officer billet and Adams will be retiring from the Corps after more than 23 years of service.

Promotions

Headquarters and Service Company

- Sgt. Sean W. Engle
- Sgt. Michael A. Peculinas
- Lance Cpl. Geraldo Gamez
- Lance Cpl. David E. Walker

TO SUBMIT HONOREES, CONTACT YOUR UNIT INFORMATION OFFICER | SEE MILESTONE PICTURES ON LCTV-10.

HASSOUN

CONTINUED FROM 1A

into a recess after Hassoun requested more time to seek a civilian attorney. The Investigating Officer in the case, Col. David Wunder, gave him until Jan. 13. Hassoun was not being held in custody.

Morgan said he didn't know when Hassoun left during the holiday leave period, which was from Dec. 23 until Jan. 4. He was required to return by noon that same day, Morgan said.

Hassoun was in West Jordan, Utah, for about a week in December, Hassoun family spokesman Tarek Nossair said. He said there was no indication of a problem.

Naval Criminal Investigative Service is currently investigating Hassoun's whereabouts.



Hassoun was declared a deserter recently.

FIRE

CONTINUED FROM 1A

qualified and take into effect current weather conditions and training schedules.

"One of the hardest parts of this job is making sure our job doesn't interfere with regular training schedules," he said. "We are in constant contact with all the

ranges and units so the smoke doesn't hamper training."

Another worry the branch has to worry about is the smoke dispersing into the local towns.

"We really try to gauge the winds so the smoke will dissipate and blow away from the towns," said Becker. "We get calls all the time from towns people and Marines wondering if there are

wildfires burning. There are not."

Prescribed burns will be taking place until July; so local residents should be prepared to see smoke floating in the horizon from time to time.

"We have towers with people in them to watch for wildfires," Becker explained. "The townspeople have nothing to worry about."

No cell phones in POVs unless the operator has a hands free device on the phone.

GULFSTREAM
STEEL & SUPPLY

Aluminum • Stainless • Carbon Steel

Full line metal service center,
Fabrication & Industrial distribution
THANK YOU FOR OUR FREEDOM!

(800) 316-1288 • Camp Davis Industrial Park • Holly Ridge
Email: GULFSTREAMSTEELSUPPLY@msn.com

Advantage Resumes

Distinctive Resumes for Professional, Administrative, Military
and Blue Collar Clients. Federal formatted, electronic, and
scannable resumes available.



The National Resume Writers Association

Billie L. Jordan Phone: (910) 708-3641
2562 Belgrade Swansboro Rd. Toll Free: 877-563-2509
Waynesville, NC 28555 bjordan@wr.com

Best and Associates
Attorneys at Law

David Best & Dolores Jones Faison
Combined total of over 50 years legal experience

Disability • Bankruptcy • Personal Injury • Divorce
Child Custody • Criminal • Traffic-DWI's

410 New Bridge Street, Suite 3
910 346-1103 • 910 347-7215

THE
PCS CENTER
STORE

Sprint.

FREE PHONE
w/ activation

Military Appreciation

Ask about our 15%
MONTHLY DISCOUNT
for Military ONLY at Jax
Mall location!

EXCLUSIVELY AT THE PCS CENTER STORE
JACKSONVILLE MALL
(910) 219-4200

OR WESTERN BLVD. NEXT TO HOOTERS
(910) 455-0443

MONDAY - SATURDAY 10 AM TO 7 PM
Closed Mondays Mar-Apr, Sep-Oct, Nov-Dec

STEVENSON

PRE-OWNED SUPERSTORE ON HWY 24

INSTANT MILITARY

FINANCING...Call Today 353-1515!

2005

WAYS 2 SAVE

2002 CHEVY CAVALIER

CD, Automatic,
34K Miles, #342191

\$7,575 or \$112/mo.



2003 KIA SPECTRA LS

5 Spd., CD, Pwr Windows,
44K Miles, #66309

\$7,925 or \$118/mo.



2003 CHEVY CAVALIER

36K Miles,
#66429

\$8,800 or \$130/mo.



2002 OLDSMOBILE ALERO

45K Miles,
#66451

\$9,900 or \$147/mo.



2004 SUZUKI AERIO LX

6K Miles,
#66402

\$10,900 or \$163/mo.



2003 MITSUBISHI LANCER

15K Miles, #66343
Rally Edition

\$10,900 or \$163/mo.



2001 JEEP CHEROKEE

58K Miles,
#940671

\$10,900 or \$163/mo.



2004 PONTIAC SUNFIRE

3K Miles,
#66446

\$11,900 or \$176/mo.



2004 CHEVY MALIBU CLASSIC

32K Miles,
#66431

\$11,900 or \$176/mo.



1999 LINCOLN CONTINENTAL

53K Miles,
#950301

\$11,900 or \$181/mo.



2002 FORD WINDSTAR LX

43K Miles,
#6449A

\$12,700 or \$188/mo.



2001 CHEVY S-10 XTREME

66K Miles,
#66433

\$12,700 or \$188/mo.



Jacksonville's Largest Pre-Owned Superstore

2002 VOLKSWAGEN JETTA

35K Miles,
#66977

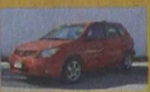
\$13,400 or \$199/mo.



2003 PONTIAC VIBE

16K Miles, 5 Spd., CD,
Sunroof, #66389

\$13,900 or \$206/mo.



2001 CHEVY CAMARO

Convertible, 40K Miles,
#66281

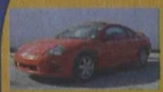
\$13,900 or \$206/mo.



2002 MITSUBISHI ECLIPSE GT

33K Miles,
#66407

\$13,900 or \$206/mo.



2003 CHEVY S-10 XTREME

29K Miles,
#66430

\$13,960 or \$207/mo.



2003 HYUNDAI TIBURON GT

42K Miles, 5 Spd., V6,
Leather, Sunroof, #71085

\$14,900 or \$221/mo.



2003 CHEVY SILVERADO

42K Miles,
#66500A

\$14,900 or \$221/mo.



2002 FORD ESCAPE XLT

19K Miles,
#9197A

\$14,900 or \$221/mo.



2001 MONTE CARLO SS

Deluxe Jr. Edition,
31K Miles, #66366

\$15,900 or \$236/mo.



2003 HYUNDAI TIBURON GT

26K Miles, Leather, Sunroof,
6 Spd., ABS, #66374

\$15,900 or \$236/mo.



2003 HYUNDAI TIBURON GT

20K Miles,
#9088A

\$15,900 or \$236/mo.



2002 FORD MUSTANG GT

30K Miles, 5 Spd.,
6 Disc CD, Alloy, #71045

\$16,500 or \$245/mo.



Prices & Payments To Fit Any Budget!

2002 TOYOTA CELICA GT

26K Miles,
#66982

\$16,700 or \$248/mo.



2001 HONDA ODYSSEY EX

62K Miles,
#6395A

\$16,900 or \$251/mo.



2001 INFINITI I30

41K Miles,
#66353

\$16,900 or \$251/mo.



2002 JEEP GRAND CHEROKEE

Only 34K Miles,
#66199

\$17,800 or \$264/mo.



2003 GMC SIERRA Z85

39K Miles,
#650161

\$17,900 or \$266/mo.



2003 JEEP WRANGLER SPORT

22K Miles,
#66259

\$18,800 or \$279/mo.



2001 ACRURA TL

30K Miles,
#6640

\$18,900 or \$281/mo.



2004 KIA SEDONA EX

8K Miles,
#66291

\$18,900 or \$281/mo.



\$0
DOWN
AVAILABLE!

2002 BMW MINI COOPER S

37K Miles, 6 Spd., Alloy,
Leather, #66382

\$22,800 or \$339/mo.



2004 NISSAN TITAN

5.6L, V8 SE, Black,
7K Miles, #66399

\$23,900 or \$356/mo.



CREDIT APPROVAL GUARANTEED!

- ✓ Military
- ✓ 1st Time Buyers
- ✓ Slow Credit!
- ✓ Divorce
- ✓ Bankruptcy
- ✓ Repossession

Many more online at: www.stevensonauto.com

Visit this
MILES
Certified
Dealer



HOURS

Monday - Friday
9:00am to 8:00pm
Saturday
9:00am to 6:00pm

STEVENSON

PRE-OWNED SUPERSTORE ON HWY 24

2043 LEJEUNE BLVD JACKSONVILLE

910-353-1515

All prices plus tax, tag, & license. Payments based on 72 mos. 700 Season Score. 4.9% APR. 3% tax. \$229 doc fee required. Plus 10% CashTrade. Subject to bank approval. See dealer for details.



JACKSONVILLE
NORTH
WESTERN BLVD.
LEJEUNE BLVD.
Main Gate
Camp Lejeune

Sport shorts

A SERVICE PERSON

ca members who like to apply for the service person contest, which includes a three-day stay, food and meals in Lake Placid, Fla., should e-mail Capt. Ron Webb at ro99999@msn.com with their name, rank and service dates in theater before March 15. Please use "TASPF" in the subject line.

MTAIN BIKE RACE

Down East Cyclists hold the 2004 Mountain Bike Race aboard Camp Lejeune and Marine Corps Station Cherry Point. The first race is Jan. 16, at the trail here. For more information on this series, call Jeff LeBlanc at 252-5243 or e-mail nclcs@ec.rr.com.

WITH FREE THROW CHAMPIONSHIP

Knights of Columbus are hosting a Free Throw Championship for DOD-related boys and girls ages 10-14 on Jan. 23, at 7 p.m. All participants must bring a proof of age and a written parental consent. For more information, call Anthony Perroquin at 554-6116.

WITH SPORTS REGISTRATION

Camp Lejeune's Youth Sports Program will be conducting registrations for baseball, softball, track and golf from Jan. 31 to Feb. 18 at the Youth Sports Office. Space is limited for some of these programs. Registration is open to families of active-duty and retired military members. For more information, call 451-2177.

VARSITY TRACK AND FIELD

1st Lt. Davis is attempting to organize a varsity track and field team aboard Camp Lejeune. If interested, call 451-0498.

ROD AND GUN CLUB

The Lejeune Rod and Gun Club will hold meetings at 6 p.m. on the first and third Thursdays of each month. All active-duty, retired and Department of Defense personnel are welcome to attend. For more information, call 455-5452.

VARSITY WRESTLING

The varsity wrestling program is looking for new members. Practices will take place Monday, Wednesday and Thursday each week, from 5-8 p.m., at the Area 1 Gym.

WOMEN'S VARSITY HOOPS

The women's varsity basketball team will hold practice and tryouts at the Camp Geiger Gym, Tuesdays and Thursdays, 6:30-8 p.m., and Saturdays, 9-11 a.m. For more information, call Rickey Clark 451-2061.

INLINE HOCKEY TEAM

Looking for experienced inline hockey players ages 14-17 for the Camp Lejeune and Marine Corps Air Station New River Travel Team. Call 455-9266 for information.

Athletes team up to help tsunami aid effort

LAUREN REYNOLDS
THE GLOBE Managing Editor

In the wake of one of the world's largest natural disasters, athletes from teams across the country are pitching in to provide relief to the thousands left without homes, water or food. While those who have survived the initial tsunami are lucky, experts predict that many more will perish from lack of aid, starvation and disease. In an effort to provide these people with help, stars from the NBA, NFL, MLB and a number of minor league teams, have teamed up to ease the financial burden on aid organizations attempting to help these victims.

According to NFL.com, a number of teams are taking active roles in raising money and awareness of the disaster. The Seattle Seahawks recently helped fund the Northwest Medical Teams, which are sending volunteers, medical supplies and support to the region. The Baltimore Ravens donated \$15,000 to the American Red Cross International Response Fund in support of the relief efforts, and promised to match up

to an additional \$10,000 of funds contributed by fans. The New York Giants partnered with AmeriCares to conduct a monetary collection at Giants Stadium entrance gates prior to their final home game of the season.

NBA stars Tracy McGrady, Kobe Bryant, Jermaine O'Neal and four others came up with a creative approach to fundraising; they each agreed to participate in a "shootout" of sorts. Each promised to donate \$1,000 for every point scored during one game to help victims of the tsunami. Bob Sura of the Houston Rockets, Jalen Rose of the Toronto Raptors, and Pau Gasol and Mike Miller of the Memphis Grizzlies also are taking part in the \$1,000-per-point donations. The players' agent, Am Tellem, has agreed to match the highest donation made by any of the players. According to ESPN, Tellem predicted that the "Shoot-a-Thon" hoped to raise about \$250,000.

Bryant scored 27 points, McGrady added 26 and Bob Sura chipped in 20. Rose scored 21 points in the Raptors' 107-105 overtime loss to the Milwaukee Bucks in

Toronto. Rose later decided to increase his contribution from \$21,000 to \$44,000, corresponding to his career-high point. Jermaine O'Neal of the Pacers scored 32 points Thursday, but said he would give \$55,000.

In addition, the Atlanta Hawks raised \$64,000 for the relief effort Friday night as the team played host to the Sacramento Kings. The NBA players' union decided to donate \$500,000 to help tsunami victims, and the NBA will match the gift, a league spokesman said Friday.

"I think when more players find out about it, they'll get involved," Rose said.

Major League Baseball's 30 teams and the players' association will combine to donate \$1 million to tsunami relief efforts.

In addition, the Yankees will donate \$1 million from the proceeds of their season opener.



McGrady is one of many NBA players donating to tsunami relief

PGA player Vijay Singh is auctioning a 2005 Buick Rainier Golf Experience Package on eBay with 100 percent of the net proceeds to benefit the smallest survivors of the tsunamis in South Asia. According to the Associated Press, the winning bidder will receive an autographed 2005 Buick Rainier that Singh won at the 2004 Buick Open, a complete set of reshafted Cleveland clubs used by Singh, and tickets to 14 PGA TOUR tournaments, including nine where he is the defending champion.

PGA Tour Commissioner Tim Finchem said that the Tour will match the proceeds from the auction.

ACC basketball Battle Royale

Teams start strong, now the real test begins

Photos by Lauren Reynolds, and courtesy of N.C. State, Duke and UNC - Chapel Hill. Graphic Design by Ena Bravo

BRIAN BERGER
Lejeune Sports Assistant Editor

ACC teams, a who's who of the nation's top men's college basketball programs, performed as expected during the non-conference part of the season. With three teams in the Top 5, North Carolina is the center of the college basketball world, and there's a good probability the team cutting down the nets in St. Louis on April 4, 2005 as the national champion will hail from the Tar Heel state. However, if North Carolina, Wake Forest or Duke, fail to prevail, other ACC teams are also strong contenders for the college basketball throne. Georgia Tech in particular will be looking to upend the North Carolina powerhouses as Conference play gets under way, and N.C. State, Maryland, Virginia and Miami will be eager to play spoiler.

It all adds up to one formidable battle royale, but that is the nature of the ACC: take some of the strongest teams in the nation, pit them against one another, and see who emerges on top at the end.

Saturday's matchup between North Carolina (No. 4 ESPN/USA Today; No. 3 AP) and Wake Forest (No. 3 ESPN/USA Today; No. 4 AP) could hold the answer, but even before they play, North Carolina faces No. 9 Georgia Tech, and the Demon Deacons need to get by the challenging Maryland Terrapins.

Duke (No. 5 ESPN/USA Today; No. 5 AP), visits the nearby Wolfpack of N.C. State today, and the sliding Wolfpack will be looking to right the ship with a big win at home against an in-state rival.

Sunday, the Blue Devils will be squaring off against an underrated Virginia team and Georgia Tech will pay a visit to the Wolfpack, who will either be coming off a big win against Duke or riding a four game losing streak.

NORTH CAROLINA (2-0, 13-1)

North Carolina (No. 4 ESPN/USA Today; No. 3 AP) has scored over 100 points in three straight games, including a 109-75 rout of nationally-ranked Maryland. It is safe to say they are a serious contender for the national championship. Junior guard Rashad McCants is playing with maturity and unselfishness, and he has so much talent around him he does not need to carry the team even though he is capable of it. Sean May can score in the paint and the Tar Heels have not lost a game with Raymond Felton, who leads the ACC in assists, in the lineup - their lone loss came in the first game of the season with Felton serving a on-game suspension. Senior forward Jawad Williams is averaging 17 points per game and shooting 65-percent from the field. And coach Roy Williams is no stranger to success. All the ingredients are in place for a strong finish.

WAKE FOREST (2-0, 13-1)

Wake Forest (No. 3 ESPN/USA Today; No. 4 AP) has lived up to preseason expectations in the early part of the season, briefly flirting with the No. 1 ranking before losing to current No. 1 Illinois. Despite the loss, the Demon Deacons beat three nationally ranked teams (Arizona, Texas, Virginia) and have been getting strong seasons from preseason All-American Chris Paul (second in the ACC in assists) and his backcourt mate, Justin Gray, who is leading the team with over 17 points per game. The Deacons, as a team, have averaged nearly 90 points a game since losing to Illinois and appear poised to make a run at the national championship: As expected.



N.C. State's Julius Hodge and Georgia Tech's B.J. Elder take aim on the ACC title.

Are Americans taking sports too seriously?

In a recent feature story that aired on SportsCenter, ESPN investigated the potentially fatal side effects of having sleep apnea. The piece came in the wake of the discovery that NFL Hall of Famer Reggie White's Dec. 26 death resulted from years of having to struggle with this disease, which occurs most frequently in overweight males. It is characterized as a brief interruption in a person's breathing during sleep - sometimes, as in the 43-year-old White's case, long enough for a person's heart to stop beating.

To further investigate how prevalent sleep apnea is among NFL players, ESPN interviewed doctors who are experts on the subject as well as several players, all of whom are linemen who must maintain a weight in excess of 300 pounds in order to keep their jobs. All of those players stricken with sleep apnea realized the dangers of having it, especially in light of an NFL legend like White losing his battle with the disease, but nevertheless chose not to lose the excess weight that is the primary cause of their sleeping disorder. As one player put it, "If you lose the weight, you lose your job."

Of all the heartfelt and sometimes haunting human interest features ESPN has aired over the years, this one disturbs me

the most. The fact that professional sports in America have grown so prominent that athletes themselves are willing to risk their lives for the sake of maintaining an optimal weight is flat out wrong.

Shouldn't the coaches display some compassion for a player who they know is suffering as a result of keeping on the weight they are being instructed to keep on in order to be most effective? Or have we as a sports-obsessed society adopted priorities that are so out of whack that we value wins and losses more so than human life?

If the recent trend of rioting fans and pill-popping baseball players is any indication, I think the answer to that last question is, unfortunately, yes. And I believe the media - and above all, ESPN - is to blame. Only in America would every news station spend 15 minutes analyzing a brawl between several Indiana Pacers players and a few dozen Detroit Pistons fans, and devote only five minutes or so to an actual war raging in Iraq that claims the lives of American soldiers on a daily basis. Only in America can legal trials involving cold-blooded murderers like Scott Peterson and tyrannical dictators like Saddam Hussein play second fiddle to a rape trial involving Kobe Bryant and a steroid investigation involving

Jason Giambi and Barry Bonds. Our heads have become so overly saturated with thoughts and images of sports thanks to their increased coverage not just in places like ESPN and Fox Sports, but on major network news shows like NBC's *Nightly News* and ABC's *Nightline*. Seemingly every other station replays ultimately irrelevant images such as the Pacers-Pistons brawl over and over to the point where we are more familiar with what's gone wrong in our country's sports arenas than what has gone wrong in places like Baghdad, Fallujah, and, more recently, Indonesia and Sri Lanka.

Being a sports writer, obviously I love sports as much as the average American - probably more so. What I don't love is the recent string of sporting scandals featuring everything from violence to sex to drugs. Worse yet, I hate that those scandals receive so much attention when there are far more important things going on in the world.

I hate that people like Reggie White died because of the weight he had to gain to be a great NFL player, or that baseball players like Ken Caminiti died in part from years of steroid abuse.

What we as a society should remember is that sports like baseball and football are supposed to be our pastime. They are not life and death.

Mr. Preston is a freelance writer and frequent contributor to THE GLOBE.

roundup

National Football League Wildcard Weekend

Peyton Manning is unstoppable - The NFL Offensive Player of the Year had 457 yards passing, second most in playoffs history, in Indianapolis' 49-24 victory against the Denver Broncos. With Champ Bailey containing Marvin Harrison, Manning simply turned to Reggie Wayne and Dallas Clark in building an insurmountable 35-3 first-half lead.

"We have guys who have been there before and they do well in pressure situations," Manning said. "Everyone just settles down and we execute our offense and we're not overwhelmed by the moment."

Against the overmatched Broncos, Wayne finished with 221 yards, the third most in playoff history, on 10 catches, with two touchdowns. Clark, who suffered a concussion last week in a loss at Denver, had 112 yards and a score.

The Colts will go to defending champion New England Sunday for a rematch of the 2003 AFC title game. In that game, Peyton Manning threw four interceptions in the New England snow and the Colts lost 24-14.

Vikings stun Packers at Lambeau - Randy Moss caught two touchdown passes, making good on his promise to atone for walking off the field last week while his teammates were trying to win their regular-season finale, and the Vikings rolled to a 31-17 upset victory against the stunned Packers.

Daunte Culpepper threw four touchdown passes, and the Vikings picked off four Brett Favre passes after managing only 11 interceptions all season.

The Vikings stumbled into the playoffs by losing seven of their last 10, the worst record over the final 10 regular season games of any team in the 72-year history of the NFL playoffs. Their dysfunction reached new depths last week with Moss' early exit and coach Mike Tice dubbing himself "Coach Collapse."

"Pretty much everybody said we couldn't do it and we just pulled together," Culpepper told the Associated Press. "We never bought into the negativity."

Favre said he'll spend some time now thinking about his future, but he wasn't going to let this game play a role in his decision to retire or return for a 15th season.

The Vikings, joining St. Louis as the only 8-8 teams ever to win in the playoffs, will travel to Philadelphia after dominating the first postseason meeting with their bitter border rivals.

Jets edge Chargers in overtime - San Diego had their chance, but rookie kicker Nate Kaeding was wide right on a potentially game-winning field goal try with 4:19 left in overtime. The New York Jets responded by driving down field and setting up kicker Doug Brien for a 28-yard field goal try with five seconds remaining in the overtime period. Brien, who earlier in the game had missed a 33-yard field goal, split the uprights, giving the Jets a 20-17 victory.

The Jets celebrated wildly while Charger's coach Marty Schottenheimer walked across the field dejected. Named Coach of the Year earlier in the day, Schottenheimer suffered his fifth straight playoff loss dating back to 1993 with the Kansas City Chiefs, and fell to 5-12 in his career, which also included several dramatic losses with the Cleveland Browns. Schottenheimer's teams have gone one-and-out eight times.

"That has to be one of the most dramatic games I've been a part of," said New York's Curtis Martin, the NFL's regular-season rushing champion who was held to just 66 yards on 18 carries.

Chad Pennington, bothered by a sore throwing shoulder for five games, threw for 279 yards and two touchdown passes for the Jets, who led 17-7 late in the third quarter.

The Chargers forced overtime when All-Pro tight end Antonio Gates caught a 1-yard touchdown pass from Pro Bowler Drew Brees to tie the game at 17-17 with 11 seconds left in regulation. Brees was 31 of 42 for 319 yards in the loss.

Bulger leads Rams to win in Seattle - Marc Bulger threw for 313 yards and two touchdowns, the last a 17-yarder to Cam

Cleeland with 2:11 left in the game, leading the Rams to a 27-20 win over Seattle.

Seahawks' quarterback Matt Hasselbeck led a final charge but came up short again last year, his throw for Alex Bannister picked off by Green Bay's Al Harris returned 52 yards for an overtime TD.

This time, Seattle faced fourth-and-four the Rams' five yard line with 27 seconds remaining. Hasselbeck stepped into the pocket, briefly considered running and then armed a pass that zipped through Bo Engram's hands in the end zone.

"The ball was coming in hot. It was a tight in there. I think I surprised him a little bit," Hasselbeck told the Associated Press. "I've got to find a way to make that play Engram said."

Hasselbeck dropped to his knees and pounded a fist on the turf. He stood and slapped both hands on his helmet.

"I wish I had it back," he said.

National Hockey League

Why not fight it out - The epic saga of the NHL lockout continues with no apparent end in sight. The NHL canceled its January 14 meeting with its board of governors because the league has nothing new to report in a stagnant collective bargaining process.

The board of governors, representing the clubs, hadn't met since September when NHL commissioner Gary Bettman imposed a lockout that reached its 119th day Wednesday and has forced the cancellation of 571 regular-season games and the 2005 A Star game.

"There was clearly a hope, if not an expectation, that we'd be further along than we are," NHL chief legal officer Bill Daly told the Associated Press last week.

There was speculation that Bettman might emerge from the January 14th meeting with an announcement that this season he been called off, or with a final date for saving the hockey year.

"There's not going to be a drop-dead date," Daly said. "We believe the only important thing is a negotiated agreement that will work for the sport and the industry long term."

"When we're past the point of no return, think an appropriate announcement will be made. But we're not going to give the announcement in advance."

Rumors also started that the NHL might have come up with a new proposal that wanted to run by the board of governors before presenting it to the players. Daly dispelled that notion and said it is up to the union to restart talks.

"This board meeting was to update the board on the progress of negotiations, and since there has been no progress since we scheduled it, it's not surprising that we chose to cancel it," Daly said.

No North American sports league has lost an entire season to a labor dispute, but the NHL is moving dangerously close to becoming the first.

Major League Baseball

Those damn Mets and their deep pockets - Four weeks after landing Pedro Martinez, the free-spending New York Mets continued their off-season shopping spree by winning the bidding for Carlos Beltran, a 27-year-old switch-hitting center fielder. The Mets and Beltran agreed to a seven-year, \$119 million contract that includes an \$11 million signing bonus.

"[The Mets came] to Puerto Rico and we had a good meeting," Beltran told the *New York Daily News* from the home of his parents, Carmen and Wilfredo in Manati, Puerto Rico. "At the same time, I was considering Houston. [Astros' owner Drayton] McClane wanted to give me [just the first] two years with a no-trade [clause] and that wasn't a good deal. The Mets came through and showed a lot of interest in me. They saw a commitment with me."

Mets general manager Omar Minaya's shopping spree might not be completed. After dining with President Bush, his former Texas Rangers boss, at the White House, the *Daily News* reports the GM plans to meet with Carlos Delgado and his agent, David Sloane, this week in Puerto Rico. Team executives are expected on the island to hold a news conference with Beltran - as they did with Martinez in Santo Domingo on Dec. 17.

Beltran batted a combined .267 with 38 homers, 104 RBI and 42 stolen bases with Kansas City and Houston last season. Presuming new Mets manager Willie Randolph pencils Jose Reyes, Kazuo Matsui and Beltran into his 1-2-3 slots, the first-year manager has three switch-hitters at the top of his order each capable of stealing 30 bases.

Round-Up is compiled by Associate Sports Editor Brian Berger.

Marine recruiting kicks off new year at Outback Bowl

ONCE A MARINE

JOHN GUNN



There was a charged sense of patriotism in the air during the 2005 Outback Bowl as approximately 65,000 fans cheered as Marines were honored during pre-game and half-time activities in Tampa, Fla.

The nationally televised college football bowl game featured the University of Georgia and Wisconsin, and was an opportunity for America to pay tribute to five Operation Iraqi Freedom veterans, four of whom are graduates of the schools featured in the gridiron clash.

As the first Marine was recognized during the half-time show, Staff Sgt. Brett A. Massey, a Tampa resident assigned to Marine Light Attack Helicopter Squadron 169 (HMLA-169), the crowd broke out with a cheer. For Massey, the experience was worth the trip back home from Iraq.

"When I heard that I was being sent to Tampa, I thought it was a joke," Massey said. "But when I found out it was true, I was more than excited because it meant I'd be here for special events."

"It was an honor to present the Marines to the country as genuine heroes on national TV," said Capt. Maxwell Boucher, Marine Recruiting Command's project officer for the Outback Bowl.

For Georgia graduates and Iraq veterans Capt. James Lane, executive officer, Company G, Marine Corps Recruit Depot, Parris Island, S.C., and 1st Lt. James Donovan, training officer, 1st Combat Engineer Battalion, Camp Pendleton, Calif., representing the Marine Corps and their alma mater at the same time was an incredible opportunity.

Also honored were University of Wisconsin graduates Capt. Matthew Fischer, commanding officer, Company G, Marine Combat Training Battalion, and Capt. Ryan Schiller, an AH-1W Cobra pilot also with HMLA-169.

The support provided by Outback Bowl staff and representatives wouldn't have been possible without their love for the Marines. This was clear when Outback Bowl president and CEO Jim McVay

expressed his interest in solely choosing the Corps to participate every year.

"We have a great appreciation and a lot of respect for the Marine Corps," said McVay. "The highlight of our efforts in putting together the Outback Bowl is having these young veterans who served in Iraq out here to let them know their country appreciates them."

In addition to the halftime recognitions, the Marine Corps was highlighted during pre-game activities and during the coin toss before the start of the game. And during pre-game ceremonies, the Parris Island Marine Band played as football fans entered the stadium.

Also, Maj. Shane "Rhino" Tomko, commanding officer, Recruiting Station Portsmouth, N.H., sang the National Anthem as Marines from the 4th Amphibious Assault Battalion, Tampa, provided the color guard.

The grand finale of the National Anthem culminated with a thunderous low-level AV-8B Harrier flyover provided by Marine Fighter Attack Squadron-203 out of Marine Corps Air Station Cherry Point.

BGen Walter Gaslin, commanding general, Marine Corps Recruiting Command, was honored to conduct the coin toss resulting in Wisconsin winning the toss and electing Georgia to receive the ball. "This was our third year at the Outback Bowl and being able to participate in events of this caliber is a great opportunity to showcase the Marine Corps. Our involvement at the game sends a message to America - we stand for patriotism, honor, courage and commitment."

Additional Marine Corps' activities featured an interactive setup featuring two pull-up challenge contests, a red Marine Corps Hummer outfitted with a massive amplified sound system, a giant sized inflatable drill instructor and the #25 Team Marines show car. The Marine Corps' presence left a lasting impression with many who attended.

Following Georgia's 24-21 win over Wisconsin, football fans left the "Sunshine State" with greater feelings of patriotism, largely due to the Marine Corps and its participation.

Mr. Gunn is an independent journalist and retired intelligence officer who has written two books about Marines and football.

THE WILD WORLD OF LEJEUNE SPORTS

Sponsored by Sanders Ford

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>If you know someone who deserves recognition in the Lejeune Sports section, let us know!</p> <p>Call 451-7403 or e-mail lauren.reynolds@pilotonline.com.</p>	<p>The base holds Archery Skills Testing each Monday from 11 a.m. to 1 p.m.</p> <p>For more information, call Carmen A. Lombardo, 451-7226.</p>	<p>U.S. Coast Guard Auxiliary is once again putting on a Boating Skills & Seamanship Class for the boating public in Emerald Isle. Class runs Mon. & Thur. nights, Feb. 17-Mar. 31. Call (252) 354 4117 if interested.</p>	<p>The best way to get fit is with a friend! Grab a partner and head to a Semper Fit group exercise class. Step, spinning, water aerobics and more!</p> <p>For class times, call 451-0826.</p>	<p>The Onslow Sports Club will hold its monthly meeting Jan. 27 at 12:15 p.m. Coach Randy Mazey of ECU will be the guest speaker.</p> <p>Call 455-3752 for more information.</p>	<p>AA Diving, in Building 728, is offering scuba classes in the evenings. For more information on equipment rental, dive charters, ladies-only classes and youth programs, call 451-3790.</p>	<p>The Jacksonville Parks and Recreation Department will host a ski trip Feb. 26-27 for adults and children.</p> <p>For more information on this unique event, call 938-5317.</p>
16	17	18	19	20	21	22

and with 2:11 left in the game, he...
 ams to a 27-20 win over Seattle...
 "quarterback Matt Hasselbeck...
 year, his throw for Alex Bannister...
 off by Green Bay's Al Harris...
 52 yards for an overtime TD...
 time, Seattle faced fourth-and-...
 "five yard line with 27 seconds...
 ing, Hasselbeck stepped into the...
 ally considered running and then...
 a pass that zipped through B...
 's hands in the end zone...
 ball was coming in hot. It was a...
 there, I think I surprised him a...
 Hasselbeck told the Associated Press...
 got to find a way to make that...
 lbek dropped to his knees...
 both hands on his helmet...
 h I had it back," he said.

National Hockey League
 fight it out - The epic saga of...
 on continues with no apparent...
 The NHL canceled its January...
 its board of governors because...
 with nothing new to report in...
 collective bargaining process...
 of governors, representing the...
 "I met since September when...
 Gary Bettman imposed a...
 No. 5 ranking, J.J. led the ACC in...
 and has forced the cancellatio...
 season games and the 2005...
 as clearly a hope, if not an ex...
 "d be further along than we ge...
 legal officer Bill Daly told...
 speculation that Bettman mi...
 the January 14th meeting...
 announcement that this season...
 or, with a final date for sav...

...going to be a drop-dead da...
 we believe the only import...
 ated agreement that will w...
 d the industry long term...
 past the point of no return...
 "re not going to give to...
 n advance."
 started that the NHL mi...
 with a new proposal th...
 by the board of govern...
 it to the players. Daly...
 and said it is up to the...
 meeting was to update...
 progress of negotiations, ...
 been no progress since...
 not surprising that we ch...
 said.
 ican sports league has lo...
 to a labor dispute, but...
 dangerously close to becom...

League Baseball
 ets and their deep p...
 ending Pedro Martinez...
 York Mets continue their...
 spree by winning the bid...
 in, a 27-year-old switch...
 the Mets and Beltra...
 \$119 million contrac...
 tion signing bonus...
 to Puerto Rico and we...
 " Beltran told the New...
 the home of his parents...
 in Manati, Puerto Rico...
 was considering Houston...
) McClane wanted two...
) two years with a no...
 wasn't a good deal. The...
 and showed a lot of inter...
 commitment with me,"...
 manager Omar Minaya's...
 not be completed. After...
 Blush, his former Texas...
 White House, the Daily...
 plans to meet with...
 agent, David Sloan...
 co. Team executives are...
 to hold a news confere...
 they did with Martinez...
 Dec. 17...
 combined 267 with 38...
 42 stolen bases with...
 season last season...
 s manager Willie...
 Reyes, Kazuo Matsui...
 3 slots, the first-year...
 hitters at the top of his...
 ating 30 bases.

...by Associate Sports
Saturday
 Jacksonville Parks...
 and Recreation...
 riment will host a...
 ipy Feb. 26-27 for...
 lity and children...
 re information on...
 unique event, call...
 938-5317.

Saturday
 roller hockey...
 is forming for...
 duty service...
 civilians and...
 members...
 n information...
 nage to...
 ulla hockey.

MIAMI (1-1, 10-3)
 Miami won its ACC home opener, knocking off faltering N.C. State 67-66 on Saturday. Guillermo Diaz has proven he can play in the ACC, scoring 53 points in the 'Canes first two ACC games. Miami has won nine out of their last ten games. However, the 'Canes first season in the ACC will probably not be welcoming, although this team has the potential to play bracket-buster in the Final Four.

MARYLAND (1-1, 9-3)
 Maryland (No. 21 ESPN/USA Today, No. 22 AP) got thrashed by North Carolina 109-75 on Saturday. The Tar Heels made Terps' leading scorer John Gilchrist practically disappear, and if other teams succeed in taking Gilchrist out of the game, Nik Caner-Medley and the rest of the Maryland squad will struggle against good teams. For the Terrapins to beat the ACC's best teams, both Caner-Medley and Gilchrist need to play their 'A' game, and neither has shown consistency or any reason to expect that to be the case this season.

FLORIDA STATE (1-1, 9-6)
 Florida St. played Maryland close in December, losing 90-88 in their only matchup against a ranked opponent, but they're not likely to emerge with a winning record from a brutal five game stretch against top ranked teams that begins on Jan. 18 (Wake Forest, Duke, N.C. State, Georgia Tech, North Carolina).

N.C. STATE (0-1, 10-4)
 N.C. State, which began the season in the Top 20, has lost three consecutive games, and star guard Julius Hodge, third in the ACC in scoring, has been hobbled by an ankle strain. Hodge leads the team in scoring, rebounds and assists, and without a healthy Hodge, State's troubles are likely to deepen in ACC play. N.C. State has not won a game against a nationally ranked opponent and lost an embarrassing game to St. John's, 63-45. The Wolfpack followed that loss up two days later with an 82-69 loss at home to West Virginia with Hodge on the bench resting his ankle. With Hodge back in the lineup a week later, the Wolfpack lost to ACC newcomer Miami, 67-66.

VIRGINIA (0-2, 9-3)
 Virginia fired out the gates, knocking off No. 11 Arizona in the second game of the season, and breaking into the Top 20 themselves, but losses to Wake Forest and Georgia Tech have brought the Cavaliers back down to earth. Virginia can crack the Top 25 again with a few ACC wins, but the 23-point loss to Georgia Tech and 19-point loss to Wake Forest suggest that the Cavaliers lack the talent to run with the nation's best teams. Still, the Sweet Sixteen, though unlikely, is not out of the question.

CLEMSON (0-2, 9-5)
 The Tigers biggest accomplishment was an 80-73 win over a good Ohio State team. Other than that, the Tigers have beaten up on teams like The Citadel, but lost to better programs, and usually by a large margin. Clemson can beat some of the ACC's lesser teams, like Virginia Tech and Florida State, and maybe even spring an upset against one of the better teams, but they are not likely to be a factor in the ACC this season.

VIRGINIA TECH (0-2, 6-6)
 The only ACC team to emerge from the non-conference schedule without a winning record. The Hokies played No. 24 Mississippi State close, but lost by 34 to North Carolina. The Hokies outscored Maryland Eastern Shore 102-50 back in November, but they have a better chance of losing to one of the ACC's top teams by that margin than they do of knocking off one of the Conference's top teams.

THE GLOBE'S Mid-season ACC All Stars:

First Team

C Luke Schenscher, Georgia Tech
 F Devin Smith, Virginia
 F Sheldon Williams, Duke
 G Chris Paul, Wake Forest
 G Jarrett Jack, Georgia Tech

Second Team

C Eric Williams, Wake Forest
 F Elton Brown, Virginia
 F Jawad Williams, North Carolina

G J.J. Redick, Duke
 G Justin Gray, Wake Forest

Honorable Mention

G Rashad McCants, North Carolina
 G Julius Hodge, N.C. State
 G Robert Hite, Miami
 F Sharrod Ford, Clemson
 F Sean May, North Carolina



NEED CASH FAST?

* Attention Active Duty Members *
 Lower Rates + Lower Fees = Lower Payments
 Loans from \$1,000 to \$3,000
 No Advanced Fees

Fill out your application at...
www.militaryfundingusa.com
 fax your L.E.S. to 1-888-869-5010

MILITARY FUNDING USA, INC.
 P.O. BOX 27740 LAS VEGAS, NV 89126

BOSTON UNIVERSITY'S PREMIER GRADUATE PROGRAMS in North Carolina

**Pursue a Master of Science
in Business Administration
or Computer Information Systems**
 Camp Lejeune/MCAS New River

Free completion possible in as little as 20 months.
 Alternate weekend format.

more information:

910-451-5574
 Boston University Graduate
 Programs
 Box 8926
 Camp Lejeune, NC 28547-8626
 910-449-6459 at New River



Cheese Burgerz
 Best Burgerz In Town Served
 By The Best Best Buns In Town...
IT'S PARADISE
 (910) 346-7790 • 200 South Marine Blvd
Lunch Express 20 minutes or less guaranteed or lunch is FREE*

Bikini Burger & Beer Special For \$6.99
Daily Lunch Specials
 Served Monday - Friday \$5.99 Includes Beverage*

Monday Night Football Special
 \$20 All You Can Drink
 35¢ Belly Bomb Burgers
 \$1 Draft Beers

Tuesdays & Thursdays
 Drink Specials
 Come Check Out Our Weekly Contests With CASH Prizes

Friday
 \$1.25 Domestic
 \$3 JAG Bombs

Saturdays & Sundays
 Kids Under 10 Eat FREE

Call About Our **FREE Delivery Service!****

Jacksonville City Limits Only ** Offer Applies To Specific Menu Items Only

MILITARY LOANS



SLOW CREDIT
 NO CREDIT
 PRIOR BANKRUPTCIES
 (Discharged only)
 NO PROBLEM!

It's Our Turn To Serve You!

\$ Active E-1 & Up
 \$ Loans Up to \$1000!

\$ Loans by Phone or in Person ★
 \$ Fast, Friendly Service ★

Call Today 355-2023

113-B Western Blvd.
 Jacksonville, NC 28546

All loans are subject to our liberal credit policies.

Reasons for Shopping at Natural Health Food Store...

- All natural vitamins & minerals
- Organic foods
- Whole grain breads & cereals
- Natural cosmetics
- Gluten-free foods
- Body building equipment and accessories
- Frozen foods, vegetables, fruits and meats

-and much, much more!!

Natural Health Food Store
 ANOTHER NAME YOU CAN TRUST
 New River Shopping Center • 347-4721

Anderson & Slack D.D.S., P.A.

Family Dentistry For The Entire Family
Lost in your busy schedule?
Let us help with convenient, flexible hours!

Which include Evenings and Saturdays.

Call for your appointment today.

Dr. Wayne C. Anderson
 Dr. Dana S. Scheetz
 Dr. Paul F. Getty
 Dr. Gina Collins Mancini

Dr. Rhonda H. Norris
 Dr. Keith A. Harris
 Dr. Doris J. Black

200 Doctors Dr., Suite F
 Jacksonville, N.C. 28546
 910-353-4242

718-A W. Corbett Ave.
 Swansboro, N.C. 28584
 910-326-3611

TRICARE PARTICIPATING PROVIDER

SHOOTER'S CHOICE INDOOR FIRING RANGE

The East Coast's best state of the art Indoor Gun Range

Hosting "LADIES NIGHT" - Mondays 6:30 - 8pm
 Gun Rental, Targets, Ammo, & Range Instruction
 for only **\$20**

PISTOL MATCHES 2ND & 4TH WEDNESDAY MONTHLY

- Large Inventory of New and Used Guns
- We also Buy New and Used Guns
- Competitive Prices on Ammo and Gun Accessories

Mon-Fri 9am-8pm • Sat 10am-6pm • Sun 1pm-7pm
www.shooterschoiceplus.com

6789 Gordon Rd. 910-350-0GUN
Wilmington, NC (350-0486)

"You can never do
 enough for the military
 and their dependents."

**TRI-CARE for EYE EXAMS
NOW AVAILABLE**

ON CAMP LEJEUNE

Contact lenses
 Routine eye exams • Pathology

Dr. Steve Shelton, Optometrist,
 is located next door to Base Optical,
 between the Exchange and the
 Commissary on Camp Lejeune.

CALL 451-5249
For An Appointment



STEVE SHELTON, OD
 MCCS Complex Bldg. 1231
 Camp Lejeune, NC 28542
 451-5249

LASIK LASER VISION CORRECTION

**A NEW YEAR
A NEW YOU**

Improved
 Vision
 For Your
 Active
 Lifestyle

Present this ad for
\$25.00 OFF
 of evaluation

Dr. Price, MEDICAL and SURGICAL EYE CARE

Certified by VISX & the
 American Board of Eye Surgery

353-1030
 264 Memorial Drive, Jacksonville
 Monday - Friday 8am-5pm
www.priceeye.com

**Latest in
FDA LASIK
Technology**

OPEN WATER CLASS \$159.⁹⁵ Call for details

"Swap"
 Sale

Bring us your old
 operational regulator
 for
NEW
 at Big, Big Savings!

For more
 info.
 call Scuba Tech!



Scuba Tech
 1306 Hwy 172 • Sneads Ferry
 329-1666

Military & Government Employees • You're Approved



Your One-Stop Credit Shop!

FREEDOM
FURNITURE & ELECTRONICS



GET IN THE GAME
With Samsung's 52"
Widescreen HDTV Monitor!
Streamlined to fit where others won't!
MODEL: HPS2520W



KENWOOD
Fineline Networking Home Theater System
Top of the line home theater system with all the toys! Stream a/v files directly from your computer with this 700W system! Features 6.1 channels with Dolby Digital EX, dtx-ES, Pro Logic II. Also has enhanced gaming functions and Dolby headphone mode. Own it today!
MODEL: HTBN150V

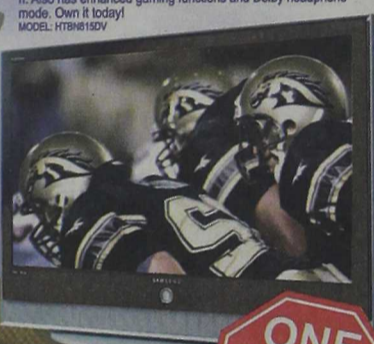


NEW STYLE!
SOLANA DURAPELLA GREEN
R4152-38-35-1135

ONE STOP Furniture

ONE STOP Home Theater

SAMSUNG
Samsung 42" Plasma TV
Who needs tickets to the game! Samsung's amazing plasma technology is like looking through a window. Experience it today!
MODEL: SPP4251



ONE STOP Plasma



ONE STOP Jewelry

Remember Your Valentine
Monday February 14th

Mystery Discounts Up to 30%!
Spin the Wheel & SAVE!

KENWOOD excelon NAVIGATION
Have a New System Installed, or Add Navigation onto Your Current NAV Ready Kenwood Receiver! Join the future today!



LOW PRICE!

PROFESSIONALLY INSTALLED AT FREEDOM

ONE STOP Car Audio



Who Says You Can't Afford It?!
Complete System as Low as \$24 twice mo*!
*Wiring and installation extra. Includes sub box. May not fit all vehicles. See store for details.

FREEDOM WAY
UP TO \$6,000 INSTANT CREDIT

JUST ARRIVED!
NEW! Sony Vaio P4 3.0GHz Entertainment PC With All the Bells & Whistles! Check It Out Today!
MODEL: PCV4000



JACKSONVILLE
2153 Lejeune Blvd.
One mile from the Camp Lejeune Main Gate
Credit Hotline
(910) 355-2400

FREEDOM
FURNITURE & ELECTRONICS

SIRIUS SATELLITE RADIO

Take Sirius with you wherever you go! Plug and play unit for home or car, or use it in this boom box to carry commercial-free Sirius Satellite Radio anywhere!

Plug & Play Unit \$3 twice mo.* SIRPNP2
Boom Box \$4 twice mo.* SIRBB1



Call, Click or Make the Trip:

Call Toll Free
1-888-480-4015

Shop Online at
www.freedom4credit.com

Visit Us at One of Our 9 Superstores

No Interest for 6 Months*
Power of Attorney Accepted!

*Disclaimer: 9.9% financing available if your account is kept current and the entire balance is paid in full within 180 days of receipt of merchandise. All finance charges will be rebated to you. Regardless of your credit, Freedom has a plan for you. Freedom offers no money down plans on 6, 9, 12, 15 & 18 month accounts. Down payments may be required based on credit worthiness.

Approved
DOM
ELECTRONICS

ONE STOP Furniture

ONE STOP Car Audio

ford It?!

Free Car!

Free Car!

Free Car!

Free Car!

Free Car!

Free Car!

Free Car!

Free Car!

Bonnyman Bowling Center offers recreation, competition

BRIAN BERGER
Lejeune Sports Assistant Editor

Located in the heart of Lejeune's Main behind the MCX Exchange Annex across the street from the Welcome Center, Bonnyman Bowling Center's 32 lanes are ideal for kids of all ages. Whether a competitive lane rat with a wicked and your own monogrammed ball, or haven't bowled since you were five old, Bonnyman's clean, comfortable atmosphere will allow you to focus on your or just having a good time.

the competitive bowler, league takes place Sunday through Friday nights, with a variety of league formats including: mixed gender, ladies only, and adult (any gender). A Saturday morning league offers fun competition for as young as 3 years old, with chil-

dren divided into age brackets.

All leagues are handicapped, so even if some members of your team are gutter-friendly, you can still compete with the diehards.

Individuals wishing to improve their bowling can ask the Welcome Center Receptionist for help, they are all trained instructors for beginner bowlers. Advance instructions are available upon request also.

"Concentration is critical. That's the number one thing," Christine Wilson, a resident expert, advises. "Using your own ball is also important, and studying how whatever ball you're using reacts to the lane. Then you can adjust your shot accordingly."

"Whether purchasing your own ball or using one of the house balls, it's important to find the right weight so you're not sore

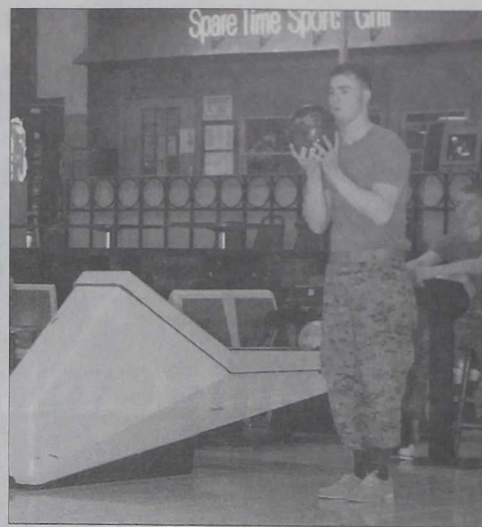
the next morning," Wilson said. She recommends a 14-pound ball for the typical in-shape young male, but cautions that the right weight will vary by individual.

Most importantly, to earn a plaque on the "Wall of Champions" for rolling a perfect game, "Practice, Practice, Practice."

After bowling a few games, patrons can play air hockey or video games in the arcade or enjoy food and beverages at Spare Time Sports Grill.

Bonnyman Bowling Center is named in honor of 1st Lt. Alexander Bonnyman Jr. who received the Medal of Honor posthumously, for his heroic actions as Executive Officer of the 2d Battalion Shore Party, 8th Marines, 2d Marine Division, during the assault against enemy Japanese-held Tarawa in the Gilbert Islands, Nov. 20-22, 1943.

For additional information, call 451-5121.



Brian Berger

BEAT THE EXPERTS!

	Lauren Reynolds THE GLOBE (138-120)	Brian Berger THE GLOBE (36-29)	Maj. Ronald Tootle, (81-65)	Sgt. Justin Nocholson, Guest	Sarah Rickrode, Guest	Lt. Shawn Rickrode, Guest
NFL: N.Y. Jets at Pittsburgh	Steelers	Steelers	Steelers	Steelers	Steelers	Steelers
St. Louis at Atlanta	Falcons	Rams	Falcons	Falcons	Falcons	Falcons
Minnesota at Philadelphia	Eagles	Eagles	Vikings	Eagles	Eagles	Vikings
Indianapolis at New England	Colts	Patriots	Patriots	Colts	Patriots	Colts
NCAA: Louisville at Cincinnati	Bearcats	Cardinals	Bearcats	Bearcats	Cardinals	Bearcats
North Carolina at Wake Forest	Tar Heels	Demon Deacons	Tar Heels	Demon Deacons	Tar Heels	Demon Deacons
Boston College at West Virginia	Screamin' Eagles	Screamin' Eagles	Mountaineers	Screamin' Eagles	Mountaineers	Mountaineers

Think you can beat our panel of sports experts? Call 451-7403 or e-mail lauren.reynolds@pilotonline.com for a shot at next week's games.



Beautiful Smiles One Visit!



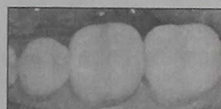
CEREC has revolutionized the way our practice can deliver treatment to patients like you. This high-tech equipment allows us to restore damaged teeth in a single visit. The result is a beautiful, natural-colored restoration that is much stronger than before.

*Partials and Full Crowns *Veneers
*All Other Single Tooth Restoration.

BEFORE



AFTER



The CHOICE is SIMPLE

Call today for an appointment!

Stephen C. Futrell, D.D.S.

DENTAL OFFICE

32 Office Park Dr.

Tri-Care Provider

910-353-8200

Think you know more about sports than us? Prove it!

*Call 451-7403 for a chance to be a guest on Picks of the Week.

GEICO

STAYING BEHIND?
WE CAN HELP.



GEICO offers special programs for members of the military and their families. We've served you since 1936 and we're standing by you now. We offer: Discounts for active duty, guard, reserve and retired military • Offices near most military bases • Reduced coverage for secured/stored vehicles • Emergency deployment discounts. Give us a call.

(910) 938-9900 | 211 D Western Boulevard | Jacksonville
Between Enterprise Rent-a-car and Pizza City

Military discounts not available in all states or in all GEICO companies. Government Employees Insurance Co. • GEICO General Insurance Co. • GEICO Indemnity Co. • GEICO Casualty Co. These companies are subsidiaries of Berkshire Hathaway Inc. GEICO auto insurance is not available in Mass. GEICO, Washington, DC 20076. © 2003 GEICO

2 Great Choices!

THE PARTY ZONE

J-ville's 2005 party HQ
with 2 clubs in one



Check out our DJ Line-up!!

- *The Imperial DJ Sky
- *Up & Coming DJ Savvy
- *Infamous DJ Uptown
- *Latin DJ's Alex & DJ



Wed: Ladies free w/ OPEN House

Thurs: OFF the wall drink Prices

Fri: Latin & Hip Hop weekend

Sat: Original Latin / Hip Hop



Free Admission from 9pm to 10pm
on Fri & Sat (excluding special events)



VIP Seating, Bar, & Dancefloor
Now available !!

www.ncpartyzone.com
hotline: (219-9663)

Gus' Warehouse

(Off Piney Green Rd)



Wed Nite-Ladies Free



Thurs-Karaoke w/
DJ Big Brian

Ladies free
members free w/ guest



FRI & SAT



Best
Country & Southern Rock
with
more pool tables & games
(excludes special events)

8pm til 2am more info 353-4353

YOUR INCREDIBLE CREDIT STORE®

REBATE!

Instant Cash Back

on all In Stock Merchandise throughout the store.

- ★Cash Rebate On All Merchandise In Store
- ★No Money Down
- ★No Payment for 60 Days
- ★Low Monthly Payment
- ★Directions and Transportation Available

USA DISCOUNTERS®

Why rent when
you can save as much as
50%
and you own it!



\$500
Instant Cash Back



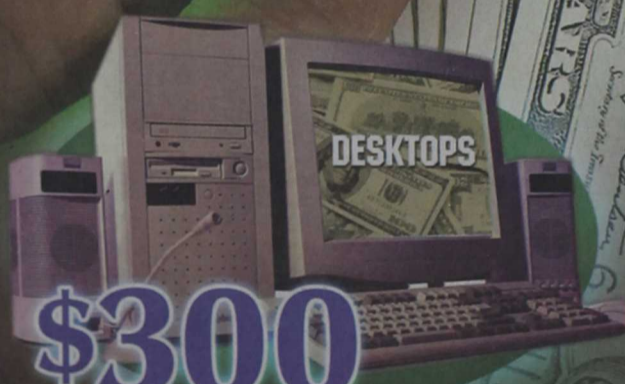
\$500
Instant Cash Back



\$500
Instant Cash Back



\$500
Instant Cash Back



\$300
Instant Cash Back



**Problem Credit, No Credit,
Bankruptcy...No Problem!
Power of Attorney Accepted**

**YOU ARE AUTOMATICALLY APPROVED FOR CREDIT AT USA DISCOUNTERS
IF YOU ARE ACTIVE DUTY MILITARY OR CIVIL SERVICE.**

USA DISCOUNTERS®

**2770 Piney Green Road
910-353-0403
1-877-866-4466**

*Financing terms available on all contracts. Terms beginning at 11.9% on 1 year contracts. Contracts for 18 and 24 months are also available.

MainSide

The Globe | Thursday, January 13, 2005 | www.militarynews.com/globe



Tarawa Terrace II
ribbon cutting | 2C

Quick Shots

TRAFFIC LANE CLOSURES

Instruction is under way for a new entrance and exit from the commissary parking lot to Holcomb Boulevard, which will provide access to the commissary and enhance traffic flow in the area. Due to this instruction, there will be traffic lane closures on the outside lane of Holcomb Boulevard near the project. Signs and cones will be posted. The project will be completed by the end of January.

NEW TRAFFIC SIGNS

Two new traffic signs, one stop and one yield, have been installed in the vicinity of J.C. Smith and Cross Streets. The purpose of these signs is to alleviate the congestion on Cross Street during morning rush hour traffic for Marines arriving to work at Building H-1.

AIRPORT PICK UP

Anytime your are picking up or dropping off passengers at Raleigh Durham International Airport, call the airport's United Services Organization office at 1-840-0941 or stop in to see if you can help a service member with a ride.

LEADERSHIP AWARDS

The third annual Civilian Leadership Development Awards Luncheon is scheduled for 11:30 a.m. to 1 p.m. Feb. 17 at the Paradise Point Officers Club in the Lejeune Room.

MESS NIGHT GUEST OF HONOR

Retired Lt. Gen. Frank E. Peterson Jr., the first black Marine general, will be attending the National Naval Officers Association's Mess Night as the guest of honor Feb. 4, at the Paradise Point Officers Club. For more information, contact Lt. Col. Sheryl Williams at 451-9516.

VEHICLE STORAGE

Marines with orders to deploy for short amounts of time, or if they have been given short notice about an upcoming deployment, can have their vehicles stored by the Provost Marshal's Office for free. PMO wants to remind Marines with orders for extended deployments to contact the Traffic Management Office for vehicle storage at 451-3583.

ROADS USED FOR PATROL OPERATIONS

Attention base staff and tenant organizations! Convoy and urban patrol operations will be conducted in the following areas between 6 p.m. and midnight, Friday through Sunday: McHugh Boulevard, Louis Road, Gonzalez Boulevard, Daly Street, Sneads Ferry Road, N Street, O Street. Staff members and organizations in the exercise area are requested to advise all personnel of dates and times and to exercise with extreme caution to minimize vehicular traffic.

Is your vehicle jacked up?

LANCE CPL. CHRISTOPHER S. VEGA
Marine Corps Base

Lift kits for the body, bigger tires, new rims and ground effects are just some of the features people add to their vehicles. However, most people don't realize these features can be safety hazards and violations of base regulations and state law.

The base Provost Marshal's Office is keeping an eye out for vehicles with alterations that exceed base regulations.

"People on base need to realize these are not just base laws, they're laws mandated from the state of North Carolina," said Staff Sgt. Donald Albers, the staff non-commissioned officer in charge of base PMO.

Base Order 5560.2L, Motor Vehicle and Traffic Regulations Chapter 3, covers vehicle alterations such as vehicle suspensions and tire size regulations.

One of the least known regulations concerns the height of vehicles driven on base.

See VEHICLE | 2C



Photo by Lance Cpl. Christopher S. Vega
Photo illustration by Ena Bravo

Honor King's legacy by reflection, actions

LANCE CPL. SHANE SUZUKI
Marine Corps Base

"I have a dream that one day this nation will rise up and live out the true meaning of its creed. We hold these truths to be self-evident that all men are created equal."

-Dr. Martin Luther King Jr.

On Jan. 17 the United States will celebrate the life and triumphs of a man and a movement. Like many other organizations the Marine Corps will pay its respects to the legacy of Dr. Martin Luther King Jr. by giving Marines a day off of work to pay tribute to his achievements.

All over the country, guest speakers will be visiting schools, talking about the impact King had on the landscape of the United States, news channels will run features of the marches on Washington, D.C., and school children will write papers on the "I have a dream" speech.

However, more than the speeches, plays and reports, the holiday gives people the chance to reflect on the importance and influence the civil rights movement and King, have on the world today.

"It provides an opportunity to reflect on not just history, but his true purpose," said Col. Gail Jennings, Headquarters and Support Battalion commanding officer. "As Marines, we talk about honor, courage and commitment; our devotion to the Corps. His legacy is a devotion to each other, to doing what's right."

King's exploits as a civil rights leader are well documented, as is his assassination Aug. 4, 1968. He led the overwhelmingly successful Montgomery bus boycotts in 1955, was a keynote speaker at the March on Washington in

See HONOR | 2C

Deploying Marines receive communication packs

LANCE CPL. EDWARD MENNENGA
II Marine Expeditionary Unit

Members of Veterans of Foreign Wars of the United States recently donated 14,000 Military Assistance Communications Kits, or MACK packs, to the Marines and sailors of II Marine Expeditionary Force.

Lieutenant Gen. James F. Amos, II MEF commanding general, accepted the packs, during a brief presentation Dec. 21 at Marston Pavilion.

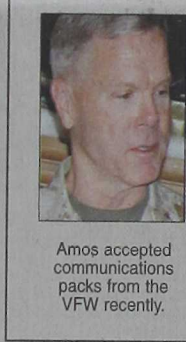
"This just happens to be one of the largest presentations made for the MACK packs," said Larry Birdwell, VFW pre-discharge claims representative.

The MACK packs evolved from Operation Uplink, a VFW initiative that provides free calling cards to military personnel and hospitalized veterans. Each MACK pack includes one 60-minute calling card, post cards, writing

material and a 2005 calendar to help keep service members in touch with their families back home.

"This is one of the many programs we have at the Veterans of Foreign Wars. We're concerned about the quality of life," said Bill Jolin, inspector general with the VFW. "The goal of the MACK pack is to enhance the deployed service members' quality of life and improve communication with their families."

The VFW decided to include writing materials in the MACK packs to encourage Marines to not only call, but also write home to their families.



Amos accepted communications packs from the VFW recently.

"A letter is forever. A phone call is just in passing," said Birdwell.

Sergeant Maj. Robert Colon, II MEF sergeant major, will pick up the packs mid-January for distribution. Federal Express will ship the kits overseas for free, said Birdwell.

More than 900,000 service members will be receiving MACK packs this year. This is the third year Wal-Mart has partnered with VFW to provide gifts to service members. The partnership has provided more than 2.3 million calling cards to deployed service members in the last two years, according to the VFW's official Web site.

New fire superiority rules Iraq's waterways

Small Unit Riverine Craft provides warriors with increased flexibility in different environments

CPL. SHAWN C. RHODES
2d Marine Division

In April 2004, the assault on Fallujah raged inside the city. There were reports of insurgent movement to and from the city via the Euphrates river, creating a liquid highway for trafficking people and weapons. It was up to 2d Marine Division's Small Craft Company to stop it.

To do so, they relied on the latest fusion of speedboat and warfighting craft - the Small Unit Riverine Craft.

"The boat has proven itself to be perfectly suited for the environment in Iraq. It's held up well right off the shelf," said Color Sgt. Matthew R. Tomlinson, a landing craftsman first class with the British Royal Marines. The Somerset, England native has participated in landing operations from Northern Ireland to Sierra Leone and recently worked with the company and the SURC in Iraq.

"I look at it this way: Every country has rivers and waterways. A lot of countries have more waterways than roads so it is important we have a strong riverine force," Tomlinson said.

The force Small Craft Company brought to Iraq included a few of the new 39-foot SURC capable of carrying three weapons systems per craft, making them the most dangerous thing in the water.

Not only do we have the most firepower on these boats compared with the Rigid Raider Craft, but the speed and maneuverability blows other tactical boats out of the water, according to Sgt. Aaron A. Smith, a platoon sergeant with the company who has been able to work

with the SURC. Although the Riverine Assault Craft carried four weapons systems on board, the speed and maneuverability of the SURC makes it a better fighting platform. The Kerrville, Texas native explained how the new boat can out-perform any other craft on the water.

"This boat can go from zero to 25 knots in 15 seconds. A top speed of 40 knots means Marines can move in and out of kill-zones faster," Smith said. He added, "Because of the twin 440 horsepower six-cylinder diesel engines it can move and turn faster than our other boats. Additionally, it is the only boat with ballistic protection even around the engine compartment."

Smith said they would be field testing mini-guns and possibly missiles on the craft in the future.

Not only are the SURC crafts faster, they can travel farther than their predecessors as well.

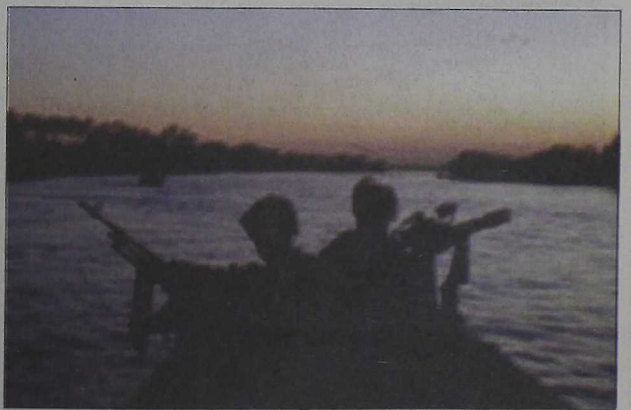
"The old Raider craft could travel 75 nautical miles whereas the SURC can travel for 250 nautical miles," said Staff Sgt. James A. Cascio, a platoon sergeant with the company and native of Long Island, N.Y. He added, "This boat is great both on [seaside and riverine] operations. Because of the way it is designed it performs well both on the ocean and on rivers."

"If we didn't have this [riverine assault] asset on the water, the insurgents would be moving around in boats on the water," Tomlinson said. He explained about one situation where the boats proved themselves in combat.

"It was the first day of our assault on



Photo courtesy of Small Craft Company



Marines from Small Craft Company trained with their new Small Unit Riverine Craft off the coast of North Carolina before using them in the waterways of Iraq. The SURC is the latest combination in speedboat and firepower.

Photo courtesy of Small Craft Company

Marines from Small Craft Company patrol the Euphrates river during the assault on Fallujah this year. Their boat is the Small Unit Riverine Craft, capable of using its twin 440 horsepower diesel engines to travel 250 nautical miles on one tank of gas.

See WATERWAYS | 2C

SERVICE MEMBER CIVIL RELIEF

HONOR
CONTINUED FROM 1C

"We are so much closer to what life in the Marine Corps

work and his ideals of freedom, equality and opportunity for all."

Tomlinson added the reason the company always beat the enemy was due not only to the boats but also the extreme professionalism of

Defense decal.

breaking the law in the future.

"The boats are like homes for seven months. The Marines are so proud you feel you need to wipe your feet before stepping on board," Tomlinson said. He added, "The boats have never failed a mission or task they've been put up to and we've never had to quit, saying 'something happened to one of our boats.'"

- Lance Cpl. Jason M. Gustafson, 1st Battalion, 10th Marine

• Private Karl R. Whaples, Headquarters and Service Battalion, 2d Force Service Support Group, was convicted at a general court-martial of attempting to distribute ecstasy, wrongful possession, use, and distribution of marijuana and two counts of wrongful solicitation. He was sentenced to a bad-conduct charge, confinement for two years, and forfeiture of all pay allowances.

Doll House	Highway 258 West, Jacksonville
Easy Money Catalog Sales	233-F Western Blvd., Jacksonville
Fantasies	4951 Richlands Highway, Jacksonville
Illusions	Richlands Highway, Jacksonville
Jacksonville Speedway Auto Parts	401 Blue Creek Elementary School Road
Playhouse	6568 Richlands Highway, Jacksonville
Pleasure Palace	Highway 17, Jacksonville
Private Pleasures	5527 Highway 258, Jacksonville
Reflection Photo	353 Western Blvd, Jacksonville
Smitty's R&R	Highway 17, Jacksonville
Talk of the Town II	114 Texie Lane, Jacksonville
Tender Touch	Highway 258, Jacksonville
Veterans Affairs Services	La Miranda, Calif.
Club Classics	New Bern
Club Liquid	240 US 70 West, Havelock
Five Points Variety Center	508 Kilmarnick St., New Bern
Botta Booms	3054 Wilmington Highway, Jacksonville
Carland	George Washington Highway, Tabb, Va.
Centennial Enterprises, Inc.	Thousand Oaks, Calif.
Joshua Experience/Club Access	200 Golden Oak Ct., Virginia Beach, Va.
Student Assistance Co.	244 S. Randal Rd., Elgin, Ill.

www.mccslejeune.com/hmrc_frame.htm

Base housing opened Phase Two of its housing remodeling program with a ribbon cutting ceremony recently. Camp Lejeune's commanding general, Maj. Gen. Robert C. Dickerson, Deputy Under Secretary of Defense for Installations and Environment Ray DuBois, joined Cpt. Johnny Johns, his wife Melissa and her family for the ceremony during which the family received the key to the first four-bedroom house opened for enlisted troops. For more information on base housing, log on to www.lejupc.usmc.mil/housing/.

Classified Line Advertising, Call 910-347-9624 ★ Open Monday-Friday, 8 a.m. - 5 p.m.

under Ads are FREE
Active duty military,
retirees and their
family members.

THE GLOBE CLASSIFIEDS

Advertising Deadline,
Thursday, 11 a.m.
One week prior
to publication.

★ Fill out the coupon in this section or go to www.militarynews.com/globe and click on "place a trader ad" ★

Estate For rent

BA MH-Near MCAS, water, trash & yard work incl. Carport, covered single military welcome. \$300/mo. p. no pets 346-8061.

BA-Mobile home, 3 mi from n. Call 910-382-4482.

1/2BA-fenced yard w/grge & fire pit. Deer field, nice area w/good 700/mo \$700/dep 389-4581

Bluewater GMAC Real Estate Homes for Rent

PE CARTERET-3BDR, 2.5 b, bonus room, hardwood floors, fenced porch, 2 car garage, water vs. gated community w/heated tennis, pier, no pets. \$1250

DAR POINT-4BDR, 2 Bath w/construction, 2 car garage, gas fenced back yard. W/D. No pets \$1000

PE CARTERET-3BDR, 2 Bath in a golf course community, 2 garage, storeroom, back deck, pets. \$1075

EMERALD ISLE-3BDR, 2 Bath w/story house. All appliances, furnished, waterview. Price neg. \$1000

EMERALD ISLE-3BDR, 2 Bath w/terrace duplex with great views. All appliances, shared dock, includes water & trash. Available b 1. \$900

APE CARTERET-4BDR, 2 Bath w/me with a large fenced in back rd, hardwood floors in LR, and 3DR, jacuzzi tub, car port. No ts. \$900

APE CARTERET-3BDR, 2 Bath w/subdiv on a foundation. Just modeled, FP, sun porch, new car-t, new windows. No pets. \$725

UBERT-3BDR, 2 Bath HOME w/Camp Lejeune with fenced back yard, back deck, 1 car garage, 1 kitchen appliances. Pets negotiable. \$700

Apartment for Rent

EMERALD ISLE-2BDR, 1 Bath duplex one block from the ocean. All appliances, deck, W/D + shared storage, water & lawn maint included. No pets. \$650.

EMERALD ISLE-2BDR, 1 Bath duplex on the ocean side of the island. Kitchen appliances + W/D. No pets. \$650

SILVER CREEK-2BDR, 2BTH, all kitchen appliances + W/D, on golf course. No pets. \$650

SWANBORO-1BDR, 1 Bath w/Townhouse, back & side patio, outside storage, all kitchen appliances + W/D. No pets. \$475

Call 252-354-5921
or log on to
www.bluewatergmac.com
Open 7 days a week
200 Mangrove, Emerald Isle

3DR/2BA Home-min MCAS 540-1477.

3DR/2BA-MH \$375/mo, 3 mi to MCAS 32-4482.

1MH-2BDR/2BA a/c exc cond, Piney grn ave avail 2/1 \$450/mo 327-5451.

BEACH HOUSE-3BDR/2BA, N Topsail, appliances + W/D. Part. Furnished. Lg 1, 2 Decks, Cvd Prkg. \$875. + Util. Short-Term Lease. 703-680-1676.

FOR RENT-2BDR, near MCAS, Winterwood Park. Cent H/A. Grbge/wm 455-2218.

ABAR RENTAL PROPERTIES, INC. Homes For Rent

Property	BR/BA	Rent
116 Maple St.	3/1.5	\$650
1825 Blue Creek #2	2/1.5	\$495
2032 Blue Creek	3/2	\$500
176 Foy Lockamy	3/2	\$450
115 N. Onsville Pl.	2/1.5	\$550
2380 Dawson Cabin Rd	3/1	\$550
210 Glenwood	3/2	\$750
2119 Rolling Ridge	2/2	\$525
15 Cherokee Dr.	3/2	\$795
807 River St.	3/2	\$595

Other 1, 2, 3 or 4 bedrooms available
347-4049
Email: aba@bizcrr.com
Website: www.abarents.com

MOBILE HOME FOR RENT-2BDR/2BA, W/D incl, on priv lot 10 min to back gate quiet area, \$350/mo, 328-5882.

MOBILE HOME-3BDR/2BA, kitchen app, sun porch, no pets, on 258 455-7890.

1 TOPSAIL REEF centmt, 1BDR/1BA all util incl, \$595/mo, 297-1853.

4 TOPSAIL-3BR centmt, Shipwatch, furnished, min from base, restaurants & shopping, \$500 mil. payday incl cable & trash pickup, 919-621-5846

Real Estate For rent

ROOM FOR RENT-own room, own bath, shared house, min from back gate & \$150/pyd incl all but phone 327-2707.

ROOM FOR RENT-want to move out \$150/mil pay day, all incl 205-310-6088.

ANNUAL RENTALS Available Now! Live At The Beach!

EMERALD ISLE-2BR, 1BA, 3rd row home, ocean and sound views, fully furnished unit. No pets. \$750 mo.

EMERALD ISLE-Downstairs apartment, 2BR, 1BA, all appliances furnished, washer/dryer access, newly renovated, no smoking, no pets. \$900 mo.

EMERALD ISLE-Plantation home, 3BR, 2BA, all appliances furnished, gated community w/pool and tennis courts, smoking and pets negotiable. \$1100 mo.

EMERALD ISLE-single family home, 3BR, 2BA, all appliances furnished, community pool, tennis and pier, no smoking, no pets. \$1400 mo. Available May 1st.

EMERALD ISLE-2BR, 2BA condo, all appliances furnished, gated community close to shopping, movie theater, restaurants, available February 1st. \$850 mo.

EMERALD ISLE-3BR, 1.5BA, window a/c baseboard heat, ceilings throughout, available February 1st. \$650 mo.

EMERALD ISLE-3BR, 2BA, wood burning fireplace, hardwood floors, all appliances, furnished, screen porch, lawn maint included in rent. \$1200 mo.

Emerald Isle Realty
7501 Emerald Drive, Emerald Isle, NC 28594
Rentals: 252-354-3315/800-849-3315
www.EmeraldIsleRealty.com

TAR LANDING AREA-Pony Farm Rd. 3BR/2BA, util, priv yard, \$700. 577-4207.

TRAILERS-2BDR/2BA & 2BDR/1BA, very peaceful area, clean park, cent heat/air, W/D, only \$300-\$350/mo 324-6937.

Address	BR/BA	Price
1305 Kevin Ct.	3/2	\$775
206 Fairwood	2/2.5	\$675
1305 Timberlake	2/2.5	\$675
50 Pirates Cove	2/2.5	\$675
2624 Wilmington Hwy	2/1	\$550
2101 Blue Creek	3/2	\$480
136 Corey	2/1	\$500
162 E. Ivybridge	3/2	\$850
917 Sycamore	2/2	\$625
220 Hemlock	3/2	\$795
1007 Pine Valley	3/2	\$1050
136 Vilgion	3/2	\$815
723 Millard	3/2	\$1200
1046 Shirley	3/2	\$825
314 Goose Creek	3/2	\$700
501 Maize	3/2	\$800
136 Daphne	3/2	\$795
142 Ash Ct.	3/1.5	\$725
213 Joey	3/2	\$700
114 Foster	3/2	\$750
207 Vinterberry	3/2	\$850
201 Vinterberry	3/2	\$870
80 Belam	2/1	\$530
1180 Blue Creek	3/2	\$450
1515 Cedar Creek	2/2	\$535
116 Twinwood	2/1	\$515
11 Pirates Cove	2/2.5	\$675
971 W. Pueblo	2/2.5	\$600
5 Princeton	3/1	\$575
504 OOI Dr.	3/1	\$595
2521 Country Club	3/1	\$585
23 W. Bayshore	3/1	\$545
118 Falcon Crest	5/2	\$1000
1031 Shirley	3/2	\$780
101 Ellen	3/2	\$650
110 Ellen	3/2	\$750
211 Clydesdale	3/2	\$775
40 Dixie Trail	3/2	\$775
213 Vinterberry	3/2	\$850
214 Vinterberry	3/2	\$770
216 Vinterberry	3/2	\$775
116 Foider	3/2	\$765

829-A Gum Branch Rd.
Jacksonville, NC 28540
Office: 910-455-2860
Toll Free: 888-819-7653
Fax: 910-455-0537

Prices Subject to Change Without Notice

WATERFRONT HOME-Sneads Ferry, 3/BR 2 1/2BA, deep water pier & boatlift, lots of extras. 289-3222.

Real Estate For sale

00 60x28 REDMAN-3BDR/2BA/1 bns m. on foundation on 6 acres. Skylight/ island in kitchen. Garden tub. 324-6639.

03 FLEETWOOD GLENBROOK-dbwide, 28x48, 3BDR/2BA, Mstr BA w/grdn tub, etc, cell fans, app, incl DW, cent H&A, 8x10 shed, Indsprng, assume pymnts of \$278.97 purchase \$45,900. 325-1297.

Services

Benjamin Barnes CPA
Tax & Accounting Services
Are you in a hurry? Come see us for Money Back Fast!

RAPID TAX REFUND
Anticipation Loans!!
Proudly Filing All "50" States!!
Walk-ins Welcome
1004 Hwy. 210 @ 4 Corners
Sneads Ferry, NC 28460
910-327-0400
Just outside back gate (beside Jingle Bells)

Real Estate For sale

COLLEGE PARK-1800sqft, 3BDR/2BA, brick, lg rm & din rm, kitchen, den w/fireplace, laundry room w/deep sink, deck, priv fence, grge \$130,000 389-1169.

DISTRESS SALE-Bank Foreclosures, FREE List of Bank-owned properties. Receive a FREE Computerized printout, visit: www.christianapty.com or call 545-7582 EXIT Homeplace Realty.

FOR SALE BY OWNER-2300sqft, great rm, dining rm, lg eat in kit, bonus rm/4th bdrm, lg deck \$195,000 324-6695.

LAND FOR SALE-24+ Acres, 5mi to Richlands, Old Comfort Rd, 5 acres cleared & seeded, great for house, horses, or as hunting area. Perked for septic tanks. \$66,000 937-0668.

MH FOR SALE-3BDR/2BA, Oxford, all app incl, 8x12 deck, \$12,500 353-2718.

NICE 3BDR-1 1/2BA-Home Ramsey Dr Jax 20min to base, lg yrd, quiet nighbrhd, big kitchen, payoff, \$61K. 219-201-6660.

TIMESHARE-Peppertree Atlantic Beach, 1BDR, 1BA, beach & pool access, \$1000, 831-622-9172.

Real Estate For sale

COLLEGE PARK-1800sqft, 3BDR/2BA, brick, lg rm & din rm, kitchen, den w/fireplace, laundry room w/deep sink, deck, priv fence, grge \$130,000 389-1169.

DISTRESS SALE-Bank Foreclosures, FREE List of Bank-owned properties. Receive a FREE Computerized printout, visit: www.christianapty.com or call 545-7582 EXIT Homeplace Realty.

FOR SALE BY OWNER-2300sqft, great rm, dining rm, lg eat in kit, bonus rm/4th bdrm, lg deck \$195,000 324-6695.

LAND FOR SALE-24+ Acres, 5mi to Richlands, Old Comfort Rd, 5 acres cleared & seeded, great for house, horses, or as hunting area. Perked for septic tanks. \$66,000 937-0668.

MH FOR SALE-3BDR/2BA, Oxford, all app incl, 8x12 deck, \$12,500 353-2718.

NICE 3BDR-1 1/2BA-Home Ramsey Dr Jax 20min to base, lg yrd, quiet nighbrhd, big kitchen, payoff, \$61K. 219-201-6660.

TIMESHARE-Peppertree Atlantic Beach, 1BDR, 1BA, beach & pool access, \$1000, 831-622-9172.

Appliances

DISHWASHER-portable, Kenmore, hooks to kitchen sink, \$40 Steve 346-1281.

KENMORE-HD Dryer 910-326-4580.

WASHER & DRYER-good cond. First \$100 takes them both. 381-2087.

WASHER & DRYER-Set in exc cond, warranty incl, will deliver call 455-7585.

Electronics

13"GE TV-great picture \$30 13" Graig TV 320 325-1109

2 COMPUTERS-w/ keyboard, mouse, mon 1 w/ 24Ghz HD, Win 98, 1.3Ghz proc, \$250 OBO. 1.3Ghz HD, Win 95, \$75 546-6185.

Does Your Computer Need A Little TLC?
Don't worry, we can help!
Contact Juvio 24 hours/day 7 days a week for live technical support

62" RCA TV-Good cond, comes w/screen guard, \$900 OBO. Call 376-0928.

ASSORTED-Epson Stylus photo printer 785EPX, Sony VHS SLV675HF, Sony stereo receiver STR-D705 376-2676.

CD-ROM-drive 20, IOMEGA stand alone ZIP drive \$20. 353-1545.

COMPUTER MONITOR-Like new, 17in flat screen, in great cond, \$55. 15in screen, \$40. 353-4787.

SONY VIAO-laptop, great shape, batt pack, has windows & other programs, \$400 389-3424.

TV-2yr old 52in Panasonic TV w/PIP \$1000 324-6695.

TV/VCR-combo, 13" \$25, 539-807613.

Employment

DIGITAL COPIER SALES

Leading provider of digital office equipment is expanding sales force. Salary plus commission, 401K, major medical, car allowance. Send resume to District Manager at PO Box 53964 Fayetteville, NC 28305.

HAIR STYLIST NEEDED-Kimberly's House of Beauty, located in Sneads Ferry. Please call Kimberly at 910-340-2650.

BARTENDING UNIVERSITY
MIXOLOGY CERTIFICATION
1 MARINE BOULEVARD NORTH
JACKSONVILLE, NC
WWW.BARTENDINGU.COM
910.347.5006

Day & Evening Classes
NATIONAL JOB PLACEMENT ASSISTANCE
GROUP DISCOUNTS

Furniture

A BRAND NEW QUEEN-orthopedic mattress set, in original factory plastic, sacrifice \$120, 910-352-3851. Can deliver.

Services

ASSORTED-red & black fur butterfly chair \$35 black canvas butterfly chair \$20, love seat w/tan cover \$50 539-8076.

ASSORTED-Kitch tbl, Oak, square, \$45. New patio chairs, Martha Stewart \$200/pc. Gas BBQ, \$55. 345-4787.

ASSORTED-Sofa, Love seat, dressers, end tables, lamps, 19" TV. The color of furniture is brown 347-7674.

ASSORTED-Wood trimmed wing back chair, well worn \$10; Cozy Crib tent like new, original box \$25 Call 577-3389.

BEDROOM SET-White-washed queen sized bed complete w/ long dresser & mirror. 5-Drawer dresser. \$200 577-4001.

BLACK FUTON FRAMEw/wooden arm/ side pcs. Good cond. \$35 577-5472.

BRAND NEW FULL-Mattress set, still in original factory plastic, sacrifice \$90 910-352-3851. Can deliver.

BRAND NEW-brwn love seat. Soft, comfy. \$200 517-914-1379.

CAPTAINS BED-28 mo old Pine 4 drawers underneath \$125 526-4968.

CAPTAINS BED-w/o mattress in great shape has 3 drawers \$65 325-1371.

COUCH/LOVE SEAT-4 recliners total w/ massage function. Love seat also a rocker. \$250 577-4001.

DINING ROOM TABLE-beautiful, brand new, still has tags & plastic, 6 chairs, 2 leafs, glass top \$1800 346-3807.

FURNITURE-sofa & matching love seat \$300 ea, cherry coffee table \$130, matching end tables OBO/ all 478-0808.

Furniture

A NEW KING-pillow top mattress set still in original factory plastic, must sell \$200 910-352-3851. Can deliver.

A NEW QUEEN PILLOW TOP-matt set, in plastic, \$135 352-3851. Can deliver.

ASSORTED-Baby white crib, red toddler bed, mattress. Joy at 548-1327.

ASSORTED-coffee & 2 end tables, glass tops \$175. Sofa, love seat, chair, vinyl crm cir \$450, buy set \$600. 434-579-4328.

ASSORTED-Futon w/ cherry wood sides that open up & Navy blue matt \$75 2 end tables w/glass tops, \$30/ea or \$50/all. Lg childrens little tykes activity table w/ 2 working lights must see \$40. 934-3440

ASSORTED-Kitch tbl, Oak, square, \$45. New patio chairs, Martha Stewart \$200/pc. Gas BBQ, \$55. 345-4787.

ASSORTED-red & black fur butterfly chair \$35 black canvas butterfly chair \$20, love seat w/tan cover \$50 539-8076.

ASSORTED-rocking chr, sm sz, \$20. matt & box spring, twin, foam rubber \$50. Din tbl, walnut drop leaf \$50. 455-2097.

ASSORTED-Sofa, Love seat, dressers, end tables, lamps, 19" TV. The color of furniture is brown 347-7674.

ASSORTED-Wood trimmed wing back chair, well worn \$10; Cozy Crib tent like new, original box \$25 Call 577-3389.

BEDROOM SET-White-washed queen sized bed complete w/ long dresser & mirror. 5-Drawer dresser. \$200 577-4001.

BLACK FUTON FRAMEw/wooden arm/ side pcs. Good cond. \$35 577-5472.

BRAND NEW FULL-Mattress set, still in original factory plastic, sacrifice \$90 910-352-3851. Can deliver.

BRAND NEW-brwn love seat. Soft, comfy. \$200 517-914-1379.

CAPTAINS BED-28 mo old Pine 4 drawers underneath \$125 526-4968.

CAPTAINS BED-w/o mattress in great shape has 3 drawers \$65 325-1371.

COUCH/LOVE SEAT-4 recliners total w/ massage function. Love seat also a rocker. \$250 577-4001.

COUCH/LOVE SEAT-4 recliners total w/ massage function. Love seat also a rocker. \$250 577-4001.

DINING ROOM TABLE-beautiful, brand new, still has tags & plastic, 6 chairs, 2 leafs, glass top \$1800 346-3807.

FURNITURE-sofa & matching love seat \$300 ea, cherry coffee table \$130, matching end tables OBO/ all 478-0808.

FURNITURE-sofa loveseat Black suede \$200, tan sofa/queen bed \$50, 3 pc glass table set \$40, Black ent center \$20, Refrigerator \$20, OBO/ all 353-1825

Pets & Supplies

2 FREE KITTENS—have supplies. Both must go together. 757-581-2261

720 AQUARIUM—bow front w/tank, stand, lights, filter & sand. \$450 545-0787.

900 WAVE TANK—1 yr old, equip incl. filters, heater, light. \$600 252-447-8627.

AKC BOXER PUPPIES—tails docked, dew claws removed, call for prices 353-8797.

AKC ENGLISH BULLDOG PUPS—Health guarantee, worming & shots. 546-0334.

AKC SHIH TZU PUPPIES—Ready 20 Jan. M, \$450, F \$475. 1st shots. 347-1383.

BEAGLE PUPPY—F, \$250 blk & white, born August 6th. 210-508-1180.

BEAGLE—3yrs, F, Needs yard to run & play in. Good w/ children. 577-0092.

CAT CARRIER—\$10 832-443-0776.

FISH TANK—2mo, 55G, stand, hood, lights, dual 330 pwr filters. \$300 324-1640.

FREE PUPPIES—all M, Lab/Pitt bull mix. Ready to go. call 934-6456.

FTGH—cat, 5yr old black, brown & white. Friendly. All Acc. 526-4759

GERMAN ROTT—10mo needs lg yard & papers & shots \$600 443-866-2794.

HAMSTER—M, stud w/2 deluxe cages, food, bedding, must sell \$40 324-1640.

HEDGEHOGS—very cute. \$75 324-6054.

MINI DASHUNDS—CKC Reg. 2 F, 1 M, 1st Shots, Blk & Tan. 7wks. 326-8682.

PIT BULL—ADBA reg. blues & brindles, DOB 11-12-04, shots, \$350+ 347-2441.

Pets & Supplies

PIT BULL—Full bred, 3 1/2mo, w/carrier, bowls, leash, great w/kids, lots of energy, brwn w/white chest. \$150 353-3525.

PITBULL PUPS—F 10 wks old, shots, dewormed 326-6836.

PITBULL—3 yr old M, white & tan, very friendly, asks for lots of attention, but makes a great companion. Good w/ some other dogs, & mild temp 353-2940.

SADDLE—English Hunt/Jumper. size 17 seat, med chestnut brown w/suede knee pads \$115 330-4817.

UNDERGROUND DOG FENCE—used 1 mo, \$75 1 collar & \$125 2 collars. 539-3071

WEIMARANER—11mo, F, AKC, shots utd.

Wanted

housebroken, great w/kids, loves people. Needs space & love. \$400. 353-4644

ROOM MATES NEEDED—5BDR home S/W area, Close to MCAS \$550/ w/out phone, incl pool w/hot-tub. 330-4180.

ROOMMATE WANTED—\$300/mo incl util, bed & walk-in closet. 205-310-6088

ROOMMATE—private bath, lg studio room w/kitchen, waterfront view in Swansboro \$525 incl util. 389-8511.

SEEKING CHRISTIAN MUSICIANS—local church for Praise & Worship. If God is placing this need on your heart, please call Rev. Steve Kowalski 346-6561.

WANTED SCHNOODLE—breeder for future ref. Does N have to be from purebred lines. 426-4293.

WANTED—4 Wheeler, not to old, 90 cc or bigger, must run exc & not be a Junker prefer a 4 stroke. call 324-6673 lv msg.

WANTED—67 Camaro Call 577-3230.

Wanted

WANTED—Personal Trainer/Nutritionist for weekly work out. 82-3119.

WANTED—Roommate to share 3BDR/2BA house in Mallard Creek 346-4962.

WANTED—Trampoline w/ enclosure in

Auto Miscellaneous

good cond. 353-1869.

03 MUSTANG GT WHEELS—aluminum, 5 star pattern, fits any mustang with 5 lug pattern \$250 neg. call 352-6292.

4 UNIROVAL TIRES—Tiger Paw, Size 215/65R-16. Like New. \$160 327-1066.

89 2.6L V-6—out of Camaro. Running when pulled 2 months ago \$500 Mark 938-3864 after 7pm

BETTER BUILT TRUCK TOLL BOX—fits small trucks S-10, Ranger, and Nissan Like new asking \$100 call Chris 389-8741.

BOB TH-350 Trans. Good cond, sm leak. Out of 79TA. Conv incl. \$100 330-9191.

CAMPER SHELL—fits Ford F150, white, like new, bought 9mo ago pd \$1100, sell for \$300 OBO. 252-222-0990.

CAR TOP CARRIER—20cuft Sport 20-5V, holds up to 100 lbs w/security lock. \$60. 577-0420.

RIMS-17" ICW w/Kuhmo tires. Like new, used on Civic for 1mo \$500 376-0928.

RIMS-20" & tires off Nissan Maxima RWD paid \$2800 will take \$800 545-7800.

RIMS-4 99 Ford Expedition alloy rims exc cond \$100 389-4881.

Auto Miscellaneous

TIRES & RIMS-16" Ford polished alum rims w/P255/70R 16 tires. \$400/all 50 mi on tires. Call 381-2087.

TIRES—very low ml 205-65R-15 \$20/ea OBO 340-0485.

TOW DOLLY—04 Tow Master 77T w/ Surge Disc Brakes. Used once cross country. \$1575/firm 353-9389.

WHEELS & TIRES—4 stock for a 2500 Dodge Ram HD, 8 lug 17" stock wheels w/ dodge caps, Michelin tires, all less than 500 mi. Stock dodge AM/FM/cass player. \$600/all 526-3536.

YOKOHAMA TIRES—4 new never mounted P245/50ZR 16 \$450 381-4200.

Automobiles

00 540 BMW—white & gray, exc cond, loaded, BO 910-347-6405.

Time for your Mercedes to get serviced?

Also Jaguar, Mercedes, Porsche, and MORE!
CALL LEE AT 1-800-280-9993
Tony's Foreign Car Center
6121 S. Market St
Wilmington

00 CHEVY MONTE CARLO—maroon, PS, PL, PW, AT, tinted windows, leather int., asking \$8,600 OBO. 526-6004/526-6005.

00 JAGUAR S-TYPE—red 24K, showroom cond, no dents or scratches, garage kept, 125K mi warranty, 100% or until the year 2011. 326-5032.

Automobiles

00 CHEVY VENTURE VAN—WARNER BROS EDITION Loaded, pwr windows, locks, drs, drivers seat, CD/Cass, compass, alarm, tv, tinted windows, leather seats, 103,500mi Worth \$8,555 Asking \$7,500 OBO 346-1898.

'00 CHEVY CAVALIER

\$5,588
Call Amy or Bob!

EZYRIDE AUTO CENTER

1 mile N. of Wal-Mart
455-1315

Automobiles

00 CORVETTE—Red, Auto, 75K, warranty available, removable clear roof. Asking \$27,500. Call Ray 330-9513.

00 FORD CONV VAN—loaded, exc cond, low mi 39K, \$19,900 OBO 455-2942.

00 FORD FOCUS—4d SE, silver, rear spoiler, Sony CD, 91K, asking \$5,000 kbb value 455-7130.

00 HONDA CIVIC EX—Loaded, all power Must sell. 103K, \$7700 340-3743.

00 HONDA CIVIC—red, ex v-tec 63K, manual trans power windows & doors w/sunroof. has 100K warranty, need someone to take over loan \$10,000 left on loan 455-6557.

00 JAGUAR S-TYPE—red 24K, showroom cond, no dents or scratches, garage kept, 125K mi warranty, 100% or until the year 2011. 326-5032.

01 VOLVO S60 T5—Turbo rare model loaded, 31K, 5 spd, heated leather, in-dash navigation, lots more \$22,000 346-8176 or 323-244-6069.

01 VW JETTA—1.8T, p/w, p/l, cruise, some performance mods, asking \$15,500 539-5426.

02 DODGE RAM 1500—black, reg cab 6, 5spd, tilt, cruise, cd, low mi, exc cond, 24K \$11,500 OBO 353-5600.

02 FORD F250—SD Lariat, 7.3 PSD tires, super chip, 4 dr, 35K 265-174.

02 NEON—45K, 100K mi Ext Wrty, tires, asking \$8K 545-2484.

03 F150 XLT—2WD Supercab, 5.4L V8 towing package, bedliner, sliding back glass, 19,000 miles, asking \$18,900 455-4335/330-9174.

Automobiles

01 DODGE RAM 1500—Quad cab, Good Cond, but needs paint job, Lock & Windows. \$9,000 353-5366.

01 MUSTANG—red, convertible leather/ top, \$11,688, 910-4523.

'01 CHEVY TAHOE LS

\$16,999
Call Amy or Bob!

EZYRIDE AUTO CENTER

1 mile N. of Wal-Mart
455-1315

Automobiles

01 VOLVO S60 T5—Turbo rare model loaded, 31K, 5 spd, heated leather, in-dash navigation, lots more \$22,000 346-8176 or 323-244-6069.

01 VW JETTA—1.8T, p/w, p/l, cruise, some performance mods, asking \$15,500 539-5426.

02 DODGE RAM 1500—black, reg cab 6, 5spd, tilt, cruise, cd, low mi, exc cond, 24K \$11,500 OBO 353-5600.

02 FORD F250—SD Lariat, 7.3 PSD tires, super chip, 4 dr, 35K 265-174.

02 NEON—45K, 100K mi Ext Wrty, tires, asking \$8K 545-2484.

03 F150 XLT—2WD Supercab, 5.4L V8 towing package, bedliner, sliding back glass, 19,000 miles, asking \$18,900 455-4335/330-9174.

01 VOLVO S60 T5—Turbo rare model loaded, 31K, 5 spd, heated leather, in-dash navigation, lots more \$22,000 346-8176 or 323-244-6069.

01 VW JETTA—1.8T, p/w, p/l, cruise, some performance mods, asking \$15,500 539-5426.

02 DODGE RAM 1500—black, reg cab 6, 5spd, tilt, cruise, cd, low mi, exc cond, 24K \$11,500 OBO 353-5600.

02 FORD F250—SD Lariat, 7.3 PSD tires, super chip, 4 dr, 35K 265-174.

02 NEON—45K, 100K mi Ext Wrty, tires, asking \$8K 545-2484.

03 F150 XLT—2WD Supercab, 5.4L V8 towing package, bedliner, sliding back glass, 19,000 miles, asking \$18,900 455-4335/330-9174.

Stay Marine!

For more information, contact your unit career planner

Services

Owner — 2.5 Miles from Piney Green Gate
Tim & Barbara A Wide Variety of Units Available
USMC Ret.

SEMPER-FI MINI STORAGE LLC

1734 Piney Green Rd., Jacksonville, NC 28546
Semperstorage@yahoo.com

"For All Your Moving & Storage Needs"

• Climate Control • Non-Climate Control

• Dehumidified Units Available

(910) 355-2768

DEPLOYING?

Let Richland Mini Storage take care of you!

24 Hour Security

All Size Units Available

CAR, BOAT, RV STORAGE

Richlands Mini Storage

910-324-4050

7369 Richlands Hwy/258

CLINTON'S BODY SHOP, INC

Complete Body & Paint Work • All Work Guaranteed

Monday - Friday 7:30am-5:30pm

24-Hr. Wrecker Service

Wheel Lift/Roll Back Towing

Quick Free Estimates

Computerized Estimates

Insurance Claims

910-353-1681

2535 Commerce Road, Jacksonville

Between Bob's Auto Center & Comfort Suites

WE BUY & SELL

LOW PRICED CARS & TRUCKS

WE FINANCE • NO CREDIT CHECK

Approximately 50 Cars & Trucks To Choose From

Down Payment As Low As \$500 • Payments As Low As \$150

REQUIREMENTS

Legal Age • Down Payment • Job or Income

No Collision Insurance Required

M-F 9am - 5:30pm

Sat 9am - 3:00pm

AFFORDABLE

USED CARS & TRUCKS, INC.

455-6060

226 S. Marine Blvd. Jacksonville

Classified Ad Form

Traders is a free service provided by the Public Affairs Office and is intended to help you find a job or a place to live. It is not intended to be a replacement for a newspaper or other publication. Ads should be submitted to the Public Affairs Office by noon Thursday for the following week's publication. Ads should be submitted to the Public Affairs Office by noon Thursday for the following week's publication. Ads should be submitted to the Public Affairs Office by noon Thursday for the following week's publication.

Individual forms must be filled out for each "category" of items (automobiles, pets, etc.) and written legibly.

This more than 25 words per form.

Trade ad submissions cannot be accepted by phone, fax, or e-mail, as these means are reserved for official business only.

Submit your ad by dropping it off at the Public Affairs Office or visit www.militarynews.com/globe.

Mail to: Commanding General, Public Affairs Office, Marine Corps Base, PSC Box 30304, Camp Lejeune, NC 28542-0304

Drop off form: Public Affairs Office, Bldg. 67, Virginia Drive Rd, Camp Lejeune, NC

Since 1946

MARINE

Chevrolet Olds Cadillac

Eastern Carolina's Largest and...

Fastest Growing Chevrolet Cadillac Dealership

WE'LL BEAT THAT DEAL! Come See Us First...No Exceptions...No Excuses!!!

NO ONE SELLS FOR LESS

BRAND NEW 2005 CHEVY

SILVERADO

Extended Cab Pick-Up

Lease for only... \$287* mo.

or Starting at only \$19,487

BRAND NEW 2005 CHEVY

TAHOE

Lease for only... \$399* mo.

or Starting at only \$28,348

The Best Selling Full Size SUV in America

BRAND NEW 2005 CHEVY

TRAILBLAZER

Lease for only... \$299* mo.

or Starting at only \$23,728

Rugged by Nature

BRAND NEW 2005 CHEVY

COBALT

LEASE FOR ONLY \$159* mo.

BRAND NEW 2005 CHEVY

AVEO

STARTING AT ONLY \$9,948

OFF MSRP!

BRAND NEW 2005 CHEVY

IMPALA

Lease for only... \$264* mo.

or Starting at only \$17,987

BRAND NEW 2004 CADILLAC

DEVILLE

SAVE UP TO \$13,498

OFF MSRP!

JUST DOWN THE ROAD FROM HIGH PRICES

EASTERN CAROLINA'S

MARINE

Chevrolet Olds Cadillac

1408 Western Blvd., Jacksonville

AN AMERICAN REVOLUTION

ALL DAY SATURDAY SERVICE

SE HABLA ESPANOL

CREDIT PROBLEMS??? Maybe We Can Help!

CALL OUR 24 HOUR, 7 DAYS A WEEK TOLL FREE CREDIT HOTLINE...

1-800-GET A YES


www.wesnyok4u.getayes.com!

Are You In The Market? Get In An Oldsmobile

BREAK THROUGH

99 NISSAN SENTRA SE Rd. 94K, p.
cond. blue, loaded, sunroof & alloy
\$6000. 455-3144.

99 VOLVO V70



\$10,995

Call Amy or Bob!

EZYRIDE
AUTO CENT

1 mile N. of Wal-Mart
455-1245

96 GEO TRACKER-auto, low mil, convertible, runs/looks great \$937.7086

Automobiles




MODEL #RD7895JNW

Available

Available in
V LX 2 WD
V LX

LX 4 WD
EX 4 WD



RD LX



MODEL #CM5645EW

FM/CD • Side Curtain Air Bags

CALL (910) 734-7000
TOLL FREE 1-800-368-7000

SAFETY:

- ★ 5-Star Rating (Best Possible) for Front Driver & Passenger and 5-Star for Front Seat and Rear Seat
- ★ Dual-Stage, Dual-Threshold Front Air Bags
- ★ Front Side Air Bags with Passenger-Side Occupant Position Detection System
- ★ Side Curtain Air Bags with Rollover Sensor
- ★ Anti-Lock Braking System
- ★ Side-Impact Door Beams

Also Available in
CR-V LX 2 WD
CR-V LX 4 WD
CR-V EX 4 WD

2.9%
ON ALL NEW
ACCORDS & CIVICS

'05 ACCORD LX

ONLY \$19,544

CERTIFIED USED HONDA SALE!
150 POINT INSPECTION • 7 YRS. 100,000 MILE LIMITED WARRANTY • 3.9% FINANCING AVAILABLE

 '02 ACCORD EXV6 STK#B1213 \$17,399	 '02 CR-V EX 4 WD STK#245351 \$15,850	 '02 ACCORD EXV6 STK#B1388 \$16,995	 '02 CIVIC EX STK#B14001 \$13,695	 '02 ODYSSEY EX STK#244411 \$19,995	 '01 ACCORD EXV6 STK#243591 \$16,990
 '01 ACCORD EXV6 STK#B1371 \$15,995	 '01 CR-V EX STK#243721 \$14,650	 '01 ODYSSEY EX STK#244391 \$19,495	 '00 ACCORD EX STK#B1397 \$12,685	 '00 ACCORD LXV6 STK#243672 \$11,690	 '99 ACCORD LX STK#B1404 \$10,675

QUALITY PREOWNED TRADE INS & HAND PICKED VEHICLES!
OVER 100 IN STOCK TRUCKS ~ SUVs ~ SPORTSCARS ~ VANS ~ SEDANS ~ COUPES ~ ALL DISCOUNT PRICED!

 '00 MOUNTAINEER Local Trade, STK#240031	 '04 CIVIC LX 12,000K, STK#81405	 '03 CIVIC LX 20,000K, STK#81403	 '02 SPORT TRAC 30,000K, STK#234771	 '97 LEGACY OUTBACK 61,000K, STK#243121	 '04 GALANT ES 8,000K, STK#244991	 '02 ENVOY SLE Local Trade, STK#243521
 '04 DAKOTA SLT V8 Auto, 6,000K, STK#243092	 '04 GRAND AM GT 11,000K, STK#81368	 '03 TIBURON GT Local Trade, STK#245021	 '02 XTERRA Local Trade, STK#244071	 '98 ACCORD LX 56,000K, STK#245161	 '03 RANGER XLT Super Cab, STK#81163	 '02 CELICA GT 35,000K, STK#81360
 '04 F150 SUPER CREW Loaded, STK#81385	 '03 MUSTANG GT 11,000K, STK#243841	 '03 MINI COOPER Local Trade, STK#243611	 '01 TACOMA Local Trade, STK#814081	 '04 RAM SLT Quad Cab, STK#81361	 '03 ACCORD LX 30,000K, STK#81357	 '01 STRATUS R/T 38,000K, STK#243902
 '04 CIVIC EX COUPE 4,000K, STK#81401	 '03 ACCORD LX 15,000K, STK#245441	 '03 COROLLA CE Local Trade, STK#243681	 '99 CIVIC SI Xtra Sharp, STK#81401	 '04 F150 XLT Super Cab, STK#81370	 '01 SATURN L200 48,000K, STK#81324	 '01 XL7 Loaded, STK#81331

VIEW OUR ENTIRE PREOWNED INVENTORY AT OUR **NEW WEBSITE!** www.lejeunehondacars.com

CALL TODAY
(910) 346-4944
TOLL FREE 1-800-849-8080

LEAVE

HONDA CARS

*No Games...
Just Great
Deals!!!*



TRADE THIS

TRADE YOUR UNIT T-SHIRT FOR A

\$1000

TRADE ALLOWANCE

ON ANY NEW OR USED CAR, TRUCK OR VAN

See Us
Now For
Credit Union
Pre-Approval

OPEN TO ALL RANKS

Why National Dodge & National Volkswagen/Subaru?

We Offer

Competitive Prices • Program Cars
Over 150 Pre-Owned Vehicles • Special Finance Rates
\$0 DOWN • Shuttle Service
Prices Start at \$3,995



'04 Jeep Liberty
3,875K Miles, STK #3149P **\$16,896**



'01 Volkswagen Passat GLS
39,660K Miles, STK #3180P **\$15,868**



'01 Volkswagen Passat GLS
45,077K Miles, STK #3181P **\$15,750**



'00 Volkswagen Cabrio
40,250K Miles, STK #3201P **\$11,950**



'03 Dodge Stratus RT
27,762K Miles, STK #8596P **\$11,979**



'04 Dodge Durango
19,072K Miles, STK #8765P **\$22,791**



'03 Chevy Blazer LS
29,228K Miles, STK #8837P **\$12,950**



'03 Ford Mustang
23,645K Miles, STK #8849PA **\$11,850**



'02 Kia Sportage
14,163K Miles, STK #8861PB **\$8,251**



'00 Dodge Grand Caravan SE
68,982K Miles, STK #8863PA **\$10,368**



'01 Volkswagen Beetle
38,503K Miles, STK #8918P **\$12,755**



'03 Ford Explorer
13,072K Miles, STK #8914P **\$14,283**



'04 Dodge Stratus SXT
22,166K Miles, STK #8938P **\$12,995**



'03 Dodge Ram 1500
22,365K Miles, STK #8955P **\$24,250**



'03 Chevy Cavalier
25,186K Miles, STK #8970P **\$7,950**



'05 Ford Taurus SE
13,869K Miles, STK #8971P **\$14,450**



'02 Ford F150 XLT
40,450K Miles, STK #9046P **\$15,735**



'02 Subaru Impreza
39,122K Miles, STK #9027PA **\$12,268**



'03 Ford Excursion
32,887K Miles, STK #9050P **\$25,250**



'02 Chevy Tracker
32,626K Miles, STK #30615A **\$9,768**



910-958-7417
1-877-893-3257

NATIONAL

Volkswagen

2406 North Marine Blvd., Jacksonville
OPEN 'TIL 8 PM WEEKDAYS • 6 PM ON SATURDAYS
SERVICE & PARTS OPEN • 8:00AM-6:00PM M-F

NATIONAL

Dodge SUBARU

Highway 17 North, Jacksonville
OPEN 'TIL 8 PM WEEKDAYS • 6 PM ON SATURDAYS
SERVICE & PARTS OPEN • 8:00AM-6:00PM M-F



910-347-3777
TOLL FREE 1-800-GET-DODGE

www.nationalvw.com www.nationaldodge.com

Automobiles

ND PRX-2D, 3.1L, V6. Good king. \$2500 382-8297.

DA CRV like new 63K, AWD, PD, w/m cass, \$9000 327-1233.

IAN FRONTIER extra cab, white rpe, 96K, \$4250 937-7086.

IRN SW2 falcon tow pkg w/lights, K, towed 25K, \$4000 346-2985.

OTA RAV 4-Maroon, AWD, 4 dr, w radio/CD, \$6,000 358-0499.

VY CAMARO Z28-6spd, Dual C- rch, \$11,500 409-937-9527.

VY S10 96K, \$3800 546-3261.

YSLER loaded, DVD w/2 scrns, 1 seats, ect, \$8,300 546-1311.

D F150 XLT 4.6L V-8, reg cab, 3, CD, PW, PL, PS, tilt, A/C, & \$500 355-2373.

Automobiles

99 JEEP GRAND CHEROKEE lrd, all options, BO 910-347-6405.

99 TOYOTA CELICA conv. New tires & stereo, AC, 72K, \$13,000 219-0028.

PONTIAC GRAND AM 6-cyl, 4dr, auto, 40K, great cond, \$14,000 443-866-2794.

SALVAGE R/C TRUCK \$400 539-8662.

01 FORD FOURWINDS 31ft, sleeps 7 micro, fridge, A/C, TV, 33K 355-0355.

02 FLEETWOOD MALLARD 25' self-cont, cent H/A, \$10,000 757-224-8834.

02 WELLCRAFT EXCALIBUR 190 PLATINUM EDITION, 50hrs on eng, 190hp 4.3L volvo penta, \$18,500 346-4423.

03 HONDA RANCHER 350 ES-4 Wheeler 364 Mi, \$4,000 340-2907.

Boats & Recreation

03 HONDA RECON \$4000 353-3640.

03 KAWASAKI 50 CC 4 Wheeler 20 Hours, \$1,300 340-2907.

03 TRAILER 8 X 12 w/Ramp Tail Gates \$800, 340-2907.

04 COACHMAN 50A-248 TBG- Brand new used 3 times, \$16,000 353-6984.

04 COACHMEN 25 ft, fridge, 30G wtr tnk 6G wtr htr, stove, \$18,000, 449-6950.

04 YAMAHA BLASTER runs great, w/acc \$2500 call 325-1297.

1985 DIXIE CUSTOM 170 BOWIDER- 140hp Mercruiser, 40 MPH, w/ 75% new int. xtras, Galv trlr, \$3,500 545-8539.

2 NEW KAYAKS pursuit sit-in back rest, 1 Viper sit on top w/back rest & paddle, made by Pelican \$360ea, 934-3422.

2 SURFBOARDS 817-723-3194 lv msg.

Boats & Recreation

22' MCGREGOR SAILBOAT w/trailer & 6hp outboard motor. Many extras, gps/vhf, 3 sails good cond. 455-3764.

25' MAKO T200-Yamaha T-top outriggers/downriggers, chartplotter, gps, VHF, triple axle trailer, all acc incl, \$14,000 326-6228 after 5pm.

74 MAKO 20' CC fishing boat, twin 1978 90hp mercury outboards, outriggers, downrigger, electronics \$4900 937-6032.

CANNONDALE MOUNTAIN BIKE Exc cond Alum frame, comp XTR, titanium bar ends, V brakes, quick release attachments, chain stab, quick shifter, seat post susp, & road tires. \$500 252-622-9670.

KAYAK Used, blue, \$125 937-7086.

YAMAHA 350-Warrior Sport ATV in like new condition. 358-9724.

00 HARLEY DAVIDSON Wideglide FXDWG 16K mi asking \$15,000 326-1547.

01 CBR600 F4i \$5500 265-3432.

Auto Miscellaneous

Motorcycles

01 HARLEY XLS 1200 SPORTSTER pearl white/black 1,400mi, Screamin Eagle parts, \$9,000 252-444-3091.

01 YAMAHA VSTAR CLASSIC extremely low mi, exc cond, 3 hmts, riding suit & saddle bags \$5000 353-1869 after 5pm.

02 TRIUMPH DAYTONA 955i-1,800 mi, mint cond, comes w/2 helmets, riding jacket & gloves. \$6,200 John 381-1732.

03 YAMAHA R6 silver/black, 1 owner, babied & garaged. \$6200 340-5088.

04 HONDA CRF250 4-stroke. Like new, low hrs. Must see. \$4,400 353-5108.

04 YAMAHA YZ125 \$3,500 353-5108.

95 HONDA CR80 FMF pipe, new tires, runs exc, asking \$1500 346-4122.

Yard Sale

MOVING SALE everything must go. Toddler stuff, kitchen items, other household goods. Northside Commons. Saturday 1/15 at 0730.

Auto Miscellaneous

Auto Miscellaneous

Auto Miscellaneous

Services

DOG TRAINING now at Tarawa Terr. Puppy, basic, agility. 450-1687.

FOR RENT military/government discount on storage buildings, new facility, all sizes, 24/7 gate access, receive \$25 off first month rent w/mil/gov ID. Call 326-2280/252-725-1209.

FOR RENT inside storage for vehicles, Secured & alarmed, Call Edge Brothers Machine Service. 910-219-7817.

FREE PICKUPS Your left over yard sale or moving items. Donations also accepted at Yesterdays, 2417 Lejeune Blvd. No appliances. All items must be in donating condition. Call 910-330-6354.

WEIGHT LOSS lose up to 2-8lbs/week. Guaranteed/Dr. approved. 546-8439.

Lost & Found

FOUND Orange cat, yellow/orange eyes, M, around bryn marr area, seems to be pretty young. Call 382-3119.

Auto Miscellaneous

Auto Miscellaneous

Auto Miscellaneous

SY FINANCING • LOW PAYMENTS • CARS STARTING @ \$995 & UP • EASY FINANCING • \$0 DOWN

YEAR-END SALE

Come to Bogue Auto where you'll find very Affordable Cars, Trucks, Vans, and SUV's.



'01 Camaro SS
42K Miles, 6 Spd., T-lops, leather

Extra Clean



'92 Chevy Corvette
Convertible, 6 spd., leather

Over 5 In Stock!



'00 Honda Accord EX
All power, sunroof

Over 10 Honda's in stock to choose from!



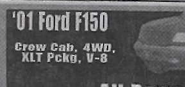
'01 Z-71
LS package, leather, all power

Over 15 Z71's in Stock to Choose From!



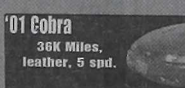
'01 Ford Expedition
V8, all power, 3rd row seating & rear a/c

XLT Package



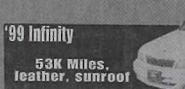
'01 Ford F150
Crew Cab, 4WD, XLT Pckg, V-8

All Power



'01 Cobra
36K Miles, leather, 5 spd.

Chrome Rims



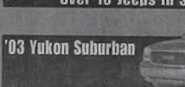
'99 Infiniti
53K Miles, leather, sunroof

I-30 Limited



'94 Jeep Wrangler
6 cylinder, 5 spd, Safari Rock

Over 10 Jeeps in Stock!



'03 Yukon Suburban

Retail \$32,000/Wholesale \$24,900

We Buy or Trade for Cars, Trucks, Boats & Motorcycles!
Bogue Auto Sales
5326 Hwy 24 (East of Swansboro)
1-800-952-6483
www.bogueautosales.com

\$500 Discount
Bring in this Ad & Receive \$500 For Your Down Payment!

CREDIT/NO CREDIT

Hassle Free Car Buying Experience
from eastern North Carolina's largest volume
Buick, Pontiac & GMC Dealership



Luis A. Minguella
(USMC Ret.)



Juan Espinoza
(USMC Ret.)

Call Luis 381-5693 at or Juan at 554-9526

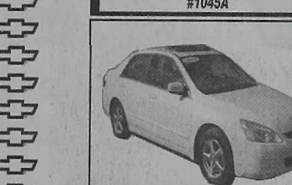
Shuttle Service Provided. Referrals welcomed.

Moore

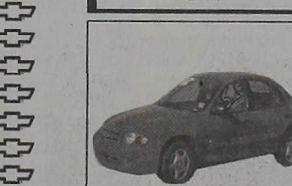
BUICK **PONTIAC** **GMC**
THE SPIRIT OF AMERICAN STYLE BUILDING EXCITEMENT WE ARE PROFESSIONAL GRATE

TMAQA
National Recipient of The Prestigious
"Time Dealer of the Year" Award
1-877-MOOREWAY
TOLL FREE

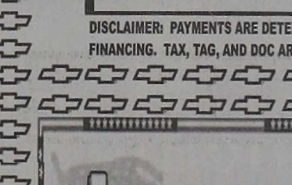
2002 Ford Focus
\$199.00/Mo
#1045A



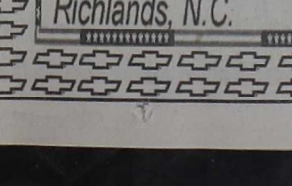
2003 Honda Accord EX 4DR
\$17,895
#P147



2004 Chevy Cavalier 4DR
\$189.00/Mo
#P143



2002 Chevy Silverado Ext. Cab Z71 LT 4x4
\$21,495
#1127A



2000 Ford F150 Lariat XCAB
\$11,995
#1183A

1999 Chevy S-10
\$7870.00
#1115A

2004 Chevy Cavalier 4DR
\$189.00/Mo
#P143

2003 Honda Accord EX 4DR
\$17,895
#P147

2002 Ford Focus
\$199.00/Mo
#1045A

2002 Chevy Silverado Ext. Cab Z71 LT 4x4
\$21,495
#1127A

2000 Ford F150 Lariat XCAB
\$11,995
#1183A

1999 Chevy S-10
\$7870.00
#1115A

2004 Chevy Cavalier 4DR
\$189.00/Mo
#P143

2003 Honda Accord EX 4DR
\$17,895
#P147

2002 Ford Focus
\$199.00/Mo
#1045A

2002 Chevy Silverado Ext. Cab Z71 LT 4x4
\$21,495
#1127A

2000 Ford F150 Lariat XCAB
\$11,995
#1183A

1999 Chevy S-10
\$7870.00
#1115A

2004 Chevy Cavalier 4DR
\$189.00/Mo
#P143

2003 Honda Accord EX 4DR
\$17,895
#P147

2002 Ford Focus
\$199.00/Mo
#1045A

2002 Chevy Silverado Ext. Cab Z71 LT 4x4
\$21,495
#1127A

2000 Ford F150 Lariat XCAB
\$11,995
#1183A

1999 Chevy S-10
\$7870.00
#1115A

2004 Chevy Cavalier 4DR
\$189.00/Mo
#P143

2003 Honda Accord EX 4DR
\$17,895
#P147

2002 Ford Focus
\$199.00/Mo
#1045A

2002 Chevy Silverado Ext. Cab Z71 LT 4x4
\$21,495
#1127A

2000 Ford F150 Lariat XCAB
\$11,995
#1183A

1999 Chevy S-10
\$7870.00
#1115A

2004 Chevy Cavalier 4DR
\$189.00/Mo
#P143

2003 Honda Accord EX 4DR
\$17,895
#P147

2002 Ford Focus
\$199.00/Mo
#1045A

2002 Chevy Silverado Ext. Cab Z71 LT 4x4
\$21,495
#1127A

2000 Ford F150 Lariat XCAB
\$11,995
#1183A

1999 Chevy S-10
\$7870.00
#1115A

2004 Chevy Cavalier 4DR
\$189.00/Mo
#P143

2003 Honda Accord EX 4DR
\$17,895
#P147

2002 Ford Focus
\$199.00/Mo
#1045A

2002 Chevy Silverado Ext. Cab Z71 LT 4x4
\$21,495
#1127A

2000 Ford F150 Lariat XCAB
\$11,995
#1183A

1999 Chevy S-10
\$7870.00
#1115A

2004 Chevy Cavalier 4DR
\$189.00/Mo
#P143

2003 Honda Accord EX 4DR
\$17,895
#P147

NEW YEAR SALE-A-RATION

2005's
at 2004
Prices



Over 350
New Vehicles
to choose from

FREE TIRES FOR LIFE ON ALL NEW AND PREOWNED

05 Ford FOCUS ZX4



SAVE \$3,985
\$210¹⁴/mo.
St#N9263

04 Ford F-150 Reg. Cab



SAVE \$6,295
\$297⁵³/mo.
St#T9831

05 Ford EXPLORER XLT 4D



SAVE \$9,228
\$358⁴⁶/mo.
St#T9449

04 Ford MUSTANG GT CONVERTIBLE



SAVE \$9,615
\$378³⁷/mo.
St#N8584

05 Ford F-150 Super Crew 4 Door



SAVE \$6,864
\$410⁸³/mo.
St#T9828

05 Ford ESCAPE XLT



SAVE \$5,730
\$338⁴³/mo.
St#T8455

04 Ford RANGER Super Cab



SAVE \$6,652
\$219⁹⁰/mo.
St#T9411

05 Ford FIVE HUNDRED



SAVE \$2,184
\$355⁶⁹/mo.
St#N9803

05 Ford EXPEDITION



SAVE \$8,922
\$426²³/mo.
St#T9697

05 Ford FREESTYLE SE



SAVE \$2,870
\$386⁸³/mo.
St#T10039

05 Ford TAURUS SE



SAVE \$6,871
\$286³⁰/mo.
St#N9292

05 Ford F-150 Super Cab



SAVE \$5,704
\$357⁹⁴/mo.
St#T10162

CERTIFIED USED VEHICLES



DOMESTICS

N8417B 02 LINCOLN LS V8 LOADED	\$20,370
P2697 04 FORD FOCUS SE 19K	\$11,525
P2719 04 FORD TAURUS SES 13K	\$13,500
T9675A 04 FORD MUSTANG GT CONV 9K	\$19,995
P2738 02 FORD TAURUS SES	\$9,995
P2741 02 MERCURY SABLE GS	\$9,995
N8743A 02 FORD FOCUS ZX4	\$7,995
T9168B 03 CHEVY CAVALIER LS	\$8,500
P2748 03 DODGE NEON SXT 23K	\$9,995
P2751 03 OLDSMOBILE ALERO GL 20K	\$10,500
T9494C 02 FORD ZX2	\$7,995
P2766 02 FORD MUSTANG 29K	\$10,500
N8888A 05 FORD FOCUS ZX3 9K	\$12,500
P2774 03 FORD FOCUS SE 33K	\$9,995
T7584B 00 PONTIAC GRAND AM GT 24K	\$9,995

IMPORTS

P2600 04 MAZDA RX8 LOADED 8K	\$21,995
P2698B 01 HONDA S2000 34K	\$20,500
T9540A 03 NISSAN SENTRA XE	\$10,350
P2756 04 HYUNDAI ACCENT GL 13K	\$9,995
T10653A 04 HONDA PILOT EX 19K	\$24,995
P2761 04 MITSUBISHI LANCER ES 23K	\$10,995
P2763 04 VW JETTA GLS	\$15,995
P2764 03 MAZDA PROTEGE DX	\$8,995
T10145A 02 MAZDA MPV LX	\$13,995
T9166C 03 NISSAN 350Z TOURING 9K	\$23,995
T9584B 01 MITSUBISHI DIAMANTE	\$9,995
N10221A 03 HONDA ACCORD LX 14K	\$15,995
P2790 03 VW PASSAT GLY	\$20,590
P2793 03 MAZDA PROTEGE 5	\$12,995
P2796 04 MITSUBISHI GALANT ES 19K	\$13,995

TRUCKS

P2602 03 FORD F150 CREW CAB LARIAT	\$21,995
T9505A 03 FORD F150 XCAB XLT 22K	\$18,529
T9678A 02 JEEP WRANGLER 22K	\$16,570
T9289A 03 FORD F150 XLT XCAB	\$18,650
T8166A 04 NISSAN TITAN XE 7K	\$23,500
P2690A 04 FORD F150 XLT REG CAB 4K	\$19,570
T9832A 03 FORD F350 XLT DIESEL	\$34,995
P2715 03 FORD EXPEDITION EDDIE BAUER 21K	\$26,995
P2716 05 FORD ESCAPE XLT 4X4	\$18,999
T8788A 01 FORD RANGER REG CAB	\$5,995
P2754 03 DODGE DURANGO 22K	\$15,500
T9912A 03 MERCURY MOUNTAINEER 26K	\$18,500
P2780A 02 FORD WINDSTAR LX	\$9,995
P2799 04 FORD F150 XLT CREW CAB 14K	\$25,995
P2804 03 MITSUBISHI MONTERO SPORT 30K	\$15,500

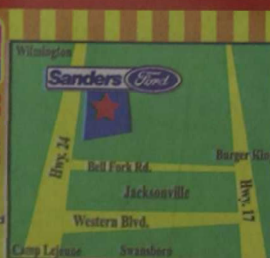
Financing as low as 3.9%



1135 Lejeune Blvd., Jacksonville
Highway 24, Swansboro
Toll Free 877-715-4315
910-326-1801

Sales Hours:
Monday - Friday 8:30AM - 9PM
Saturday 8:30AM - 6PM

Service Hours: Monday - Friday 7:30AM-6PM
Saturday 8AM - 4PM



Caro

The Globe | Thursday, J

Lejeune
happenings

THEATRE

Shreds Ferry
Community Theatre is set
to hold auditions for Ang
the Family by Virginia
Feb. 9 and 10. These
auditions will be held
at the Shreds Ferry
Community Center.
needed are two men, four
woman, one boy and two
For more information,
call 810-327-0223.

VOICES SPEAK UP

Angels' Voices Speak Up
presenting "Love Shouldn't
Wait" fashion show, Feb.
at USO from 1 to 3 p.m.
benefit Onslow Women
Center. Advance ticket pur-
chase is suggested due to
limited seating. Tickets are
\$5. Reigning Miss North
Carolina Kristin Elrod is
scheduled to join the per-
formance. Models and vol-
unteers are still needed.
For more information, call
Shirley Winstead at 455-
057 or e-mail angelsvoic-
esspeakup@yahoo.com.

CABARET AUDITIONS

The USO of the Carolinas
in Jacksonville, has audi-
tions scheduled for their
Cabaret Disco
lights. The auditions are
set for Feb. 5 at 11 a.m. at
the USO, 9 Tallman Street
downtown Jacksonville.
potential performers
must be at least 18 years
old. For more information,
call 455-3411.

STORY DEAS?

Do you know about events
going on in the Camp
Lejeune/Jacksonville com-
munity that are newswor-
thy? Do you know anyone
whose involvement with the
community or personal
achievement needs to be
recognized? The Carolina
Living staff wants to know
about it. E-mail Suzi Drake
with your ideas at
sdrake@militarynews.com.

WV SCHOLARSHIPS

The Officers' Wives' Club
offering scholarships to
qualified high school sen-
iors and qualified spouse
applicants must be fam-
ily members of officers or
retired service membe-
rs. Seniors must be gradu-
ate in May or June 2005.
Qualified spouses must
be working toward their un-
dergraduate degree.
Applications must be po-
sted by March 4. For
more information, call 2-
930-1833.

YOGA CLASS AT TT

New sessions of Yoga
a yoga class designed
all levels of experience
beginner to advanced
begin at Tarawa Terra
Community Center. For
more information, call
1867.

BUNCO NIGHT

The OWC invites all
spouses to join in a
fun and new friends.
the Home Fires Burn
scheduled for 7 p.m.
22, at Marston Pavili-
on set to be a night of B
a fun and easy dice
prizes, food and fun.
more information or
RSVP, call 326-5390
346-6114 by Friday.

GIRL SCOUTS

Girls between the ag-
e and 18 who are inter-
ested in Girl Scouting are in-
vited to contact Karen Mcro-
910-346-1344 or e-
girlscouts4u@yahoo.
for more information
joining a local troop



CarolinaLiving

The Globe | Thursday, January 13, 2005 | www.militarynews.com/globe

Lejeune happenings

KIDS FERRY THEATER

Sneads Ferry Community Theatre is set to hold auditions for *Angst in the Family* by Virginia C. Johnson, Feb. 9 and 10. These auditions will be held at 7 p.m. at the Sneads Ferry Community Center. Auditions are for two men, four women, one boy and two girls. For more information, call 910-327-0223.

ANGELS' VOICES SPEAK UP

Angels' Voices Speak Up presents "Love Shouldn't Wait" fashion show, Feb. 12, at USO from 1 to 3 p.m. to benefit Onslow Women's Center. Advance ticket purchase is suggested due to limited seating. Tickets are \$10. Reigning Miss North Carolina Kristin Elrod is scheduled to join the performance. Models and volunteers are still needed. For more information, call Judy Winstead at 455-5577 or e-mail angelsvoicespeakup@yahoo.com.

DISCO CABARET AUDITIONS

The USO of the Carolinas Jacksonville, has auditions scheduled for their *Disco Cabaret* show. The auditions are for Feb. 5 at 11 a.m. at the USO, 9 Tallman Street downtown Jacksonville. Potential performers must be at least 18 years old. For more information, call 455-3411.

STORY IDEAS?

Do you know about events going on in the Camp Lejeune / Jacksonville community that are newsworthy? Do you know anyone whose involvement with the community or personal achievement needs to be recognized? The *Carolina Living* staff wants to know about it. E-mail Suzi Drake at sdrake@militarynews.com.

OWC SCHOLARSHIPS

The Officers' Wives' Club is offering scholarships to qualified high school seniors and qualified spouses. Applicants must be family members of officers or enlisted service members. Seniors must be graduating May or June 2005. Qualified spouses must be working toward their undergraduate degree. Applications must be postmarked by March 4. For more information, call 252-933-1833.

YOGA CLASS AT TT

New sessions of Yoga Flow, a yoga class designed for all levels of experience from beginner to advanced, has begun at Tarawa Terrace Community Center. For more information, call 450-1687.

BUNCO NIGHT

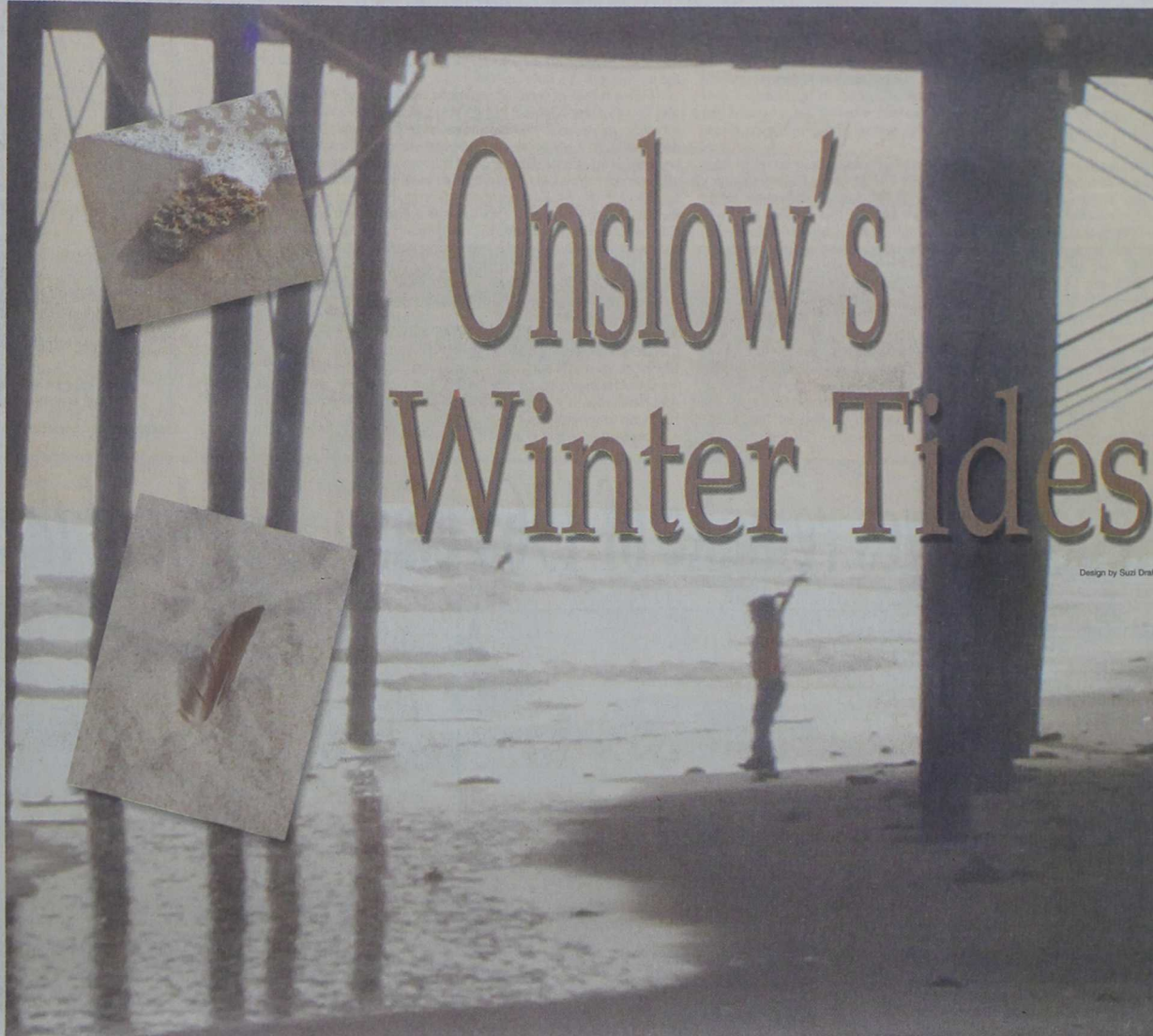
The OWC invites all military spouses to join in a night of fun and new friends. "Keep the Home Fires Burning," scheduled for 7 p.m. Jan. 22, at Marston Pavilion is set to be a night of Bunco, a fun and easy dice game; prizes, food and fun. For more information or to RSVP, call 326-5390 or 346-8114 by Friday.

GIRL SCOUTS

Girls between the ages of 5 and 18 who are interested in Girl Scouting are invited to contact Karen Mcroy at 910-346-1344 or e-mail girlscouts4u@yahoo.com for more information on joining a local troop.

Onslow's Winter Tides

Design by Suzi Drake



Stor and photos by
SUZI DRAKE
Carolina Living Editor

To drive through Camp Lejeune, even though well manicured and eye-catching, with its grand buildings flanked by ancient live oaks, it is plain to see it is a bustling mecca of hard-working Marines, civilians and family members. Humvees and 9-ton vehicles cruise the streets with nary a second glance. Working hours are round-the-clock as Lejeune maintains a city that never sleeps. Within these sentry-guarded gates, however, lies a private sanctuary, a peaceful refuge and year-round escape that caters to the Lejeune community, with just as much to offer during these chilly months as it does during the scorch of the summer sun. Onslow Beach is open all 12 months of the year, with much to offer adventure seekers, and even more to offer anyone looking to take a break from their busy lives.

"The beach is not just for swimming," avowed beach lover and the facility's assistant manager Ruth Gooch. "There is so much to do here all year."

Last weekend's unseasonably warm weather solidified this argument as people flocked to the shore to take advantage of Lejeune's spectacular coastal location. The recreation area of the beach, open to active-duty, retirees, approved civilians and their families, is a three-mile stretch of white sand with unobstructed views.

"And it is truly a peaceful place to be," said Gooch. "We are not commercialized and we are not open to the public. This is a place for our military community to enjoy."

While hitting the shore in your surf trunks and bikinis may not be in order in January, walking the surf line with friends and pets, scanning the sand for tiny treasures like shark's teeth, fossils, sea glass and hundreds of varieties of rare seashells, certainly is.

"If the sun is out, even if there is a breeze, it is always gorgeous on the beach," Gooch said.

Local surfers, kayakers, boaters and even members of the legendary "polar bear club," still find the time and the guts to take advantage of the water, while fishermen and women take to Riseley Pier to cast a few lines and try their hand at reeling in whatever might be running. The pier, open Wednesday through Sunday, is also home to a bait and tackle shop, fishing pole rental post and snack bar.

"They have been bringing in a lot of drum, speckled trout, spot, flounder, you name it," Gooch said.

She also noted that while many face the crack of dawn to try and catch the first bite of the day, just as many come to take in the sun as it rises over the Atlantic, and catch a few glimpses of dolphins who venture in toward the pier at sunrise.

According to Gooch, the beach is home to many species of wildlife including sea turtles, foxes, deer and a slew of water and land birds.

In the winter months, making a trip to Onslow Beach more than a quick outing is especially simple, as the availability of the cabanas, lodges, E-9 houses and cottages is plentiful.

"The cabanas, cottages and houses are right on the beach," Gooch said.

Packages of three, four or seven days are available at extremely reasonable rates. The residences are all furnished with kitchens and direct access to the beach.

In addition, the recreation area is home to 26 RV sites and 15 tent sites located in-between the Atlantic Ocean and the Intracoastal Waterway that are available during the winter months. All sites have water, sewer and cable hook-ups.

The beach's 18-hole miniature golf course, The Sand Trap, too is open year-round.

When the thermometer starts to drop below 80 degrees, some people start to forget about how amazing a little time spent by the ocean can be.

"Sometimes people forget about the beach during the winter," Gooch said. "It is just a nice place to relax for a weekend. Even though you are still on base, it is like you are a world away."



Okinawa Adventure showcases historical, tropical landmark

LCTV-10

CPL. PATRICK MCHUGH



It's time for another week of outstanding programming on Lejeune Cable Television-10. This week, we'll continue to keep you updated with programming from the Pentagon Channel. *Navy Marine Corps News*, *Your Corps*, and *Studio 5* are just some of the programs that will keep you in check on what's happening in the military community.

As always, we keep you abreast on what's happening around Camp Lejeune with our very own morning show *The Morning Report*. Gunnery Sgt. Joe Riggs and Chief Warrant Officer David Stephens talk about issues on-base, off-base and throughout the Marine Corps. Our weather team will also keep you in the know about tropical storms, hurricanes and those ever-present Carolina rains. So be sure to watch *The Morning Report* every Monday, Wednesday, and Friday at 8 a.m.

This week, LCTV-10 takes viewers on *Extreme Skiing*. Join skier Kevin Andrews in British Columbia, Canada, as he and fellow skiers scale some of the most treacherous and dangerous mountains, only to ski their way down making for some very extreme skiing.

We go from one extreme to the other with our next program as we travel to the other side of the globe for *The Okinawa Adventure*. You'll meet host Karen Yee as she shows you all there is to see and do in Okinawa. From coral reefs and palm trees to exotic culture, we're talking serious adventure. You'll also take a look at the history of Okinawa and the Marine Corps' presence on the island. Much is to be said about this historic tropical

landmark, its strategic location, its tragic past and its hopes for the future. *The Okinawa Adventure* gives you a better understanding of today's life on the island. The change of pace has accelerated in the last few years and the quality of life is some of the best the Marine Corps has to offer.

It's often difficult to get a feel for a university without visiting it or even hearing about it. That's why we're bringing you *Choosing Purdue*. This program gives you the perfect opportunity to check it out for yourself and opportunity is what Purdue University is all about. Purdue gives you the chance to do anything you want to do and be anything you want to be, all the while giving you the educational benefits of a smaller school with all the advantages of a larger school.

If it's a breath of fresh air you need, we have just what you're looking for. The Outdoor Channel brings you *Circle of Honor*, a show that pays tribute to individuals who have made significant contributions to the outdoor world. In this episode, the spotlight shines on the Circle's first female honoree, Kim Rhode. Rhode came into the outdoor spotlight at full-force after winning the 1996 Olympic gold medal in women's double trap at the age of 17. Now 24, Kim remains active in shooting and continues to win medals in the Olympics, Pan-American Games and in the World Cup Competition. But what Rhode is really recognized for is how she has used her success and fame as an athlete to motivate and help others.

Have you ever dreamed of being a superstar in the TV spotlight or being the "magic behind the scenes," operating state-of-the-art studio cameras and audio equipment? Working at the television station is a great opportunity for anyone interested in getting into the business, searching for a resume booster, or simply looking to have a good time and make new friends. For more information about volunteering at LCTV-10, call 451-1239 or e-mail me, the producer, Cpl. Patrick McHugh, at patrick.m.mchugh@usmc.mil. You might be the one we're looking for! And remember, if you or your unit needs to get information put on LCTV-10, logon to www.lejeune.usmc.mil.

Corporal McHugh is a combat correspondent with LCTV-10.

LCTV-10 | Guide

7:30 a.m.	Circle of Honor "Kim Rhode"
8 a.m.	The Morning Report
8:30 a.m.	Air Force News
9 a.m.	Your Corps
9:30 p.m.	Army Newswatch
10 a.m.	Extreme Skiing
11 a.m.	Purdue University
11:30 a.m.	The Okinawa Adventure
12 p.m.	The Morning Report
12:30 p.m.	Pacific Report
1 p.m.	Navy-Marine Corps News
1:30 p.m.	Montford Point and Beyond
2 p.m.	Pentagon Channel On Assignment
2:30 p.m.	Pentagon Channel Studio 5
3 p.m.	Jim Zumbo Outdoors
3:30 p.m.	Circle of Honor "Kim Rhode"
4 p.m.	The Morning Report
4:30 p.m.	Air Force News
5 p.m.	Your Corps
5:30 p.m.	Army Newswatch
6 p.m.	The Okinawa Adventure
6:30 p.m.	Extreme Skiing
7:30 p.m.	Purdue University
8 p.m.	The Morning Report
8:30 p.m.	Pacific Report
9 p.m.	Navy-Marine Corps News
9:30 p.m.	Montford Point and Beyond
10 p.m.	Pentagon Ch. On Assignment
10:30 p.m.	Pentagon Ch. Studio 5
11 p.m.	Jim Zumbo Outdoors

CATCH LCTV-10 DAILY ON TIME WARNER CABLE

LCTV-10

Action drives remake of 1965 classic *Flight of the Phoenix*

FROM THE FRONT ROW

REINHILD MOLDENHAUER HUNEYCUIT



FLIGHT OF THE PHOENIX (PG-13)

Flight of the Phoenix is the remake of the 1965 classic adventure featuring James Stewart and Ernest Borgnine.

A C-119 cargo plane full of oil workers crashes in Mongolia's Gobi Desert during a sand storm. The survivors attempt to build a new plane from the parts they salvage from the wreckage in order to escape.

An employee of the oil company, whose job it is to go to remote oil rigs and shut them down when their productivity has decreased, pilots the plane. Having accomplished his job with one such rig, his plane crashes with all of the employees aboard on the way back to Beijing. Can they survive the heat, sand and each other long enough to get it airborne again?

Dennis Quaid (*Day After Tomorrow*, *Cold Creek Manor*, *The Rookie*) stars as Capt. Frank Towns, the jaded cargo plane pilot who, with his co-pilot A.J., played by Tyrese Gibson (*2 Fast 2 Furious*), is on a mission to pick up equipment from an oil rig.

Their cargo also includes a mystery passenger named Elliott, a deal-maker, aircraft designer and gizmo geek, played by Giovanni Ribisi (*Cold Mountain*, *Basic*, *The Boiling Room*). Kelly, the rig's boss, played by Miranda Otto (*Lord of the Rings*, *Human Nature*) and her crew. Elliott predicts that the plane will crash because it is overweight.

When a sandstorm hits, Towns does a fantastic job of crash-landing the plane in the middle of the desert.

Stranded in the hot desert with little hope of being rescued, Elliott proposes to build a new plane and name it after the mythical bird, the Phoenix, which was reborn from its own ashes.

Costarring are Jacob Vargas as Sammi, the cook; Toney Curran as Rodney; and Kirk Jones, better known



Dennis Quaid and Giovanni Ribisi lead the cast of downed cargo plane passengers in *Flight of the Phoenix*.

as rapper Sticky Fingaz, as Jeremy.

Director John Moore (*Behind Enemy Lines*) filmed this sandy little adventure about the survivors of a plane crash in the Mongolian desert in the remote locale of Namibia, Africa.

Flight of the Phoenix is a fast-paced and energetic action movie, featuring diverse and strong characters committed to working together under peril circumstances. The movie wastes no time and gets right to the core of the story. It is exciting and adrenaline pumping, action-driven story.

MEET THE FOCKERS (PG-13)

Meet the Fockers is a hilarious comedy and sequel to the 2000 smash hit

Meet the Parents. The first time around we met her parents. Now it is time to meet his.

Ben Stiller (*The Duplex*, *Zoolander*), reprises his role as Gaylord Greg Focker, the male nurse, who in *Meet the Parents* had to get permission from his fiancée's parents to marry their daughter.

Robert DeNiro (*Showtime*, *The Score*) and Blythe Danner (*Sylvia*, *Forces of Nature*) appear again as Jack and Dina Byrnes, the uptight parents of his fiancée Pam, played by Teri Polo (*Beyond Borders*, *Domestic Disturbance*).

Now that Greg is in with his soon-to-be in-laws, it looks like smooth sailing

for him and Pam. But that is before Pam's parents meet Greg's parents.

Needless to say, the future in-laws collide when they meet.

Dustin Hoffman (*Runaway Jury*, *Wag the Dog*) and Barbara Streisand (*The Mirror Has Two Faces*, *The Prince of Tides*) star as the free-spirited Bernie and Roz Focker, a little crazy and funky hippie couple who live in Florida. Bernie is a retired legal aid lawyer and Roz is a couples' therapist specializing in seniors' sexuality.

The hyper-relaxed Fockers and the tightly wound Byrneses are woefully mismatched from the start. No matter how hard Greg and Pam try, there is just no bringing their families together.

Also on hand again is Jinx the cat.

Streisand and Hoffman are a perfect match and make you laugh all the time; however, Little Jack, Jack Byrnes' grandson, played by Spencer and Bradley Pickren, steals the show.

Jay Roach (*Meet the Parents*, *Austin Powers Series*) is on board again directing this hilarious family romp, with returning screenwriters Jim Herzfeld and John Hamburg providing the laughs.

Meet the Fockers is a delightfully funny and silly entertainment experience and as sequels go, much better than the first one.

Ms. Huneycutt is the Public Affairs assistant at the Base Public Affairs Office.

Local Movie Listings

Camp Lejeune

Thursday	Blade Trinity (1:54)	R	6:30 p.m.
Friday	Flight of the Phoenix (1:53)	PG-13	6:30 p.m.
	Ocean's 12 (2:05)	PG-13	9:15 p.m.
Saturday	Christmas with the Kranks (1:39)	PG	3:30 p.m.
	Flight of the Phoenix (1:53)	PG-13	6:30 p.m.
	Ocean's 12 (2:05)	PG-13	9:15 p.m.
Sunday	Christmas with the Kranks (1:39)	PG	3:30 p.m.
	Flight of the Phoenix (1:53)	PG-13	6:30 p.m.
Monday	CLOSED		
Tuesday	National Treasure (2:11)	PG	6:30 p.m.
Wednesday	Blade Trinity (1:54)	R	6:30 p.m.

Midway Park

Saturday	Spongebob Squarepants (1:28)	PG	2 p.m.
	Bridget Jones (1:48)	PG	5 p.m.
Sunday	Spongebob Squarepants (1:28)	PG	2 p.m.
	Spongebob Squarepants (1:28)	PG	5:30 p.m.



George Clooney leads his band of thieves, plus one lady, in the sequel to *Ocean's 11*.

Having a hard time deciding which movie to see?

Ocean's 12: George Clooney & Brad Pitt. Danny Ocean and the rest of his band of thieves and conmen team up for another huge heist, but this time they're in three different locations - Rome, Paris and Amsterdam. While the thieves plot their next move, casino owner Terry Benedict, whom Ocean ripped off in Las Vegas, is hot on their trail seeking revenge. Rated: R.

Bridget Jones: The Edge of Reason: Renée Zellweger & Hugh Grant. We find Bridget where we left her: blissful and besotted in the arms of gorgeous lawyer Mark Darcy. Mark is accomplished, supportive and tolerant of all of Bridget's tiny jealousies. With the entry of a leggy threat, Bridget's pink clouds begin to turn gray as her attacks of self-doubt test their relationship. And just when it seems it couldn't get worse, Bridget's former boss, heartthrob Daniel Cleaver sails into view. Rated: R.

CARMIKE 16 STADIUM SEATING ALL DIGITAL ALL SOUND

350 WESTERN BLVD. JACKSONVILLE MALL • 577-3964	
DARKNESS PG13 2:00 4:20 7:15 9:35	CLOSER R 9:45
OCEAN'S TWELVE PG-13 1:00 4:00 7:00 9:50	ELECTRA PG13 1:00 2:00 3:15 4:20 5:30
WHITE NOISE PG13 2:10 4:20 7:20 9:30	7:15 7:40 9:30 9:55
MEET THE FOCKERS PG13 1:15 1:45 3:45 4:15 7:00	RACING STRIPES PG 2:05 4:20 7:10 9:25
7:30 9:25 9:55	BLADE 3 TRINITY R 1:50 4:20 7:20 9:40
NATIONAL TREASURE PG 1:35 4:20 7:00 9:50	PHANTOM OF THE OPERA PG13 1:30 4:45 8:00
SPANGULISH PG13 1:10 4:00 7:05	IN GOOD COMPANY PG13 1:40 4:00 7:05 9:25
A SERIES UNFORTUNATE EVENTS PG 2:15 4:45 7:15 9:50	COACH CARTER PG13 1:00 3:50 7:00 9:50
BLADE 3 TRINITY R 1:50 4:20 7:20 9:40	FAT ALBERT PG 2:00 4:15 7:00 9:15

SHOWTIMES & GIFT CERTIFICATES @ www.carmike.com

•ALL SHOWTIMES INCLUDE PRE-FEATURE CONTENT•

le of Honor "Kim Rhode"
Morning Report
Force News
r Corps
y Newswatch
me Skiing
ue University
Okawa Adventure
Morning Report
ic Report
-Marine Corps News
ford Point and Beyond
gon Channel On Assignment
gon Channel Studio 5
umbo Outdoors
of Honor "Kim Rhode"
Morning Report
r Corps
Newswatch
Okawa Adventure
me Skiing
ue University
Morning Report
Report
arine Corps News
d Point and Beyond
n Ch. On Assignment
n Ch. Studio 5
bo Outdoors

YON
BLE
TV10

Phoenix

HOE



d again is Jinx the cat.
d Hoffman are a perfec
you laugh all the time
Jack, Jack Byrnes
ed by Spencer and
steals the show.
lect the Parents. Austi
s on board again direct
us family romp, wit
writers Jim Herzfeld and
providing the laughs.
ckers is a delightfully
entertainment experi
s go, much better than

it is the Public Affair
Base Public Affair

UM SEATING
DIGITAL
SOUND

CLOSER R
9:45
TRA PG13
3:15 4:20 5:30
40 9:30 9:55
STRIPES PG
20 7:10 9:25
3 TRINITY R
10 7:20 9:40
THE OPERA PG13
4:45 8:00
COMPANY PG13
0 7:05 9:25
ARTER PG13
10 7:30 9:50
BERT PG
5 7:00 9:15

www.carmike.com
RE CONTENT



Chapel Schedule

AN CATHOLIC

15, Confessions, St. Francis Xavier
olic Church 5 p.m.
ay Masses
ancis Xavier Chapel 8 a.m., 11 a.m.
house Bay Chapel 9 a.m.
S New River Chapel 9 a.m.
sportation from Geiger OOD NLT
a.m.)
at Brewster Middle School 9:30 a.m.
day Masses
River Chapel 11:45 a.m.
day, Tuesday, Thursday, Friday)
ancis Xavier (Mon. - Fri.) 11:45 a.m.
day Masses
ancis Xavier Chapel 5 p.m.
ay Masses 11:45 a.m., 5:30 p.m.
essions

St. Francis Xavier Chapel (Saturday)
4 to 5 p.m. or by appointment,
call 451-3210
Adult Instruction in the Catholic Faith
Catholic Chapel Annex,
Wednesday 6 p.m.

PROTESTANT

Dec. 12, Christmas Cantata, Maint
Protestant Chapel 10 a.m.
Sunday Worship/Religious Education
Sunday School 8:45 a.m.
Worship Service, Protestant Chapel 10 a.m.
Children's Worship (Chapel Ann.) 10:15 a.m.
Sunday Night Live Youth Group 6 p.m.
Brig 9 a.m.
Contemporary Worship, Camp Geiger 6:30 p.m.

Camp Johnson Chapel 9 a.m.
Midway Park Chapel 11 a.m.
Contemporary Praise and Worship Tarawa
Terrace Chapel 10:30 a.m.
TT Sunday School 9:30 a.m.
New River Chapel 11 a.m.
Wednesday Worship/Religious
Education
Bible Study, Tarawa Terrace 7 p.m.
Courthouse Bay Chapel 6:30 p.m.
Gospel Service 11:30 a.m.

JEWISH

Dec. 12, Chanukah Parth, 6th Day,
Jewish Chapel, Bldg. 67 7 p.m.
Saturday morning service 10 a.m.
Sabbath Service Bldg. 67 7:30 p.m.
Religious School (Sunday) 10:30 a.m.

ISLAM (MUSLIM JUMAH)

Tarawa Terrace Religious Center
For more information, call Muslim Lay
Leader, Staff Sgt. Guillermo S. Serra,
382-8536 or 910-539-6555

or HM Anthony Vollmer, 451-5583 or
545-3404.
They meet each Friday, noon to 12:45 p.m.
at Tarawa Terrace Chapel's Religious
Education Building.

EASTERN ORTHODOX

St. Nicholas Chapel, Camp Johnson
Great Vespers (Saturday) 6:30 p.m.
Divine Liturgy (Sunday) 10:30 a.m.
Special Service TBA
Saturday Great Vespers 6 p.m.

CHRISTIAN SCIENCE

Tarawa Terrace Chapel,
Gratitude Service 7 p.m.
1st and 3rd Monday
For information, call: Everett Sharp
(252) 636-8744

LATTER DAY SAINTS

Call Lt. Rattiff 577-4522

CRIME

Report Crime anywhere in our community.

PAYS CASH
REWARDS UP
TO \$1000.00

CALL 24 HR.
HOTLINE
938-3273



Caller never reveals identity

"Help to keep Marine Corps
Bases and all of Onslow County
a safe place to live and prosper."

Winter Sidewalk Sale!

January 14-17

Save up to 50% off and more on everything you need to look and feel fabulous this winter. Four days of amazing savings at your favorite Jacksonville Mall stores.

JACKSONVILLE MALL

375 Jacksonville Mall • Jacksonville, NC 28546 • 910-353-2477 • www.shopjacksonvillemall.com
A Pennsylvania Real Estate Investment Trust Property

GOING ON NOW...
CHRISTMAS CLEARANCE
ON THOUSANDS OF CHRISTMAS ITEMS
70% TO 90% OFF
ORIGINAL TICKETED PRICES

Michaels

THE ARTS AND CRAFTS STORE®

DOLLAR DAYS!

Save BIG Bucks Now For All Your Upcoming Projects!

<p>Spring Label "Silk" Floral Bushes • Reg. 1.99..... Each • Reg. 4.99..... \$3 Each • Reg. 9.99..... \$6 Each</p>	<p>• Mesh Bagged Marbles • River Rocks or Pebbles Reg. 2.29 Each</p> <p>\$1 Each</p>	<p>1" Foam Brushes Reg. 3.99 Each</p> <p>10 For \$1</p>	<p>8 1/2 x 11" Scrapbook Paper Reg. 2.99 Each</p> <p>5 For \$1</p>	<p>8.7-yard DMC Floss Reg. 2.99 Each</p> <p>4 For \$1</p>
<p>Americana® 2-oz./59ml Acrylic Paint Reg. 9.99 Each</p> <p>3 For \$2</p>	<p>14-oz. Candy Melts Reg. 2.49</p> <p>\$2 Each</p>	<p>Decorative Dried Bunches, Balls & Bowl Fillers Reg. 3.29 to 4.29</p> <p>\$3 Each</p>	<p>16 x 20" Fuzzy Posters Reg. 3.99</p> <p>\$3 Each</p>	<p>• 12-pack Scented Votives • 24-pack Scented Tea Lights Reg. 4.99 Each</p> <p>\$4 Each</p>
<p>Ready to Finish Wood Birdhouses Reg. 4.99 Project ideas shown.</p> <p>\$4 Each</p>	<p>• Value Pack Foam Door Hangers or 12-Sheet Pack • Foam Shapes Activity Buckets Reg. 7.99 Each</p> <p>\$4 Each</p>	<p>Fun Fur Yarn Reg. 4.99</p> <p>\$4 Each</p>	<p>Scrapbook Albums Strap hinge, ring and post bound styles. • 8 1/2 x 11" Reg. to 19.99 • 12 x 12" Reg. to 24.99</p> <p>\$10 Each</p>	<p>ALL Poster Frames 18 x 24" to 27 x 40" Reg. 12.99 to 24.99</p> <p>\$10 Each</p>

FREE DEMONSTRATIONS

• Learn Linea & Create Designer Looks
Sunday, January 16 1pm-3pm

• Tools & Tips for Scrappers
Tuesday, January 18 11:30am-1:30pm

FREE DEMONSTRATIONS

• Easy Painted Goblets for Special Events
Friday, January 21 11:30am-1:30pm

• Sculpture Best Friends Vase
Saturday, January 22 1pm-3pm

KIDS IMAGINATION CLUB SATURDAY

Zipper Pull Saturday, January 22
Come & go between 10am-Noon.
*2 includes supplies. Sponsored by Sculpture.

Your help is needed to help us
WARM UP AMERICA.
Community campaign going on now. Inquire at the store for details.

Find Great Ideas & Inspiration Every Day @Michaels.com

CUSTOM FRAMING OFFER

50% OFF ONE CUSTOM FRAMED PIECE

60% OFF TWO CUSTOM FRAMED PIECES

70% OFF THREE OR MORE CUSTOM FRAMED PIECES

Offer valid Sunday, January 16 through Saturday, January 22, 2005 with purchase of a custom frame. May not be combined with any coupon, sale or discount to effect. May not be used on purchases made through Michaels.com. All prices must be entered at one time. Valid at Michaels stores only.

Michaels

Any One Regular Priced Item

40% OFF

Michaels Store Coupon Valid
Sunday, January 16 through Saturday, January 22, 2005

00100122267

One coupon per customer per day. Coupon must be surrendered at time of purchase. May not be used for prior purchases or sale price. May not be combined with any other coupon, offer, sale or discount. May not be used to purchase shipping costs, gift cards, gift certificates, services, parties or other fees. Excludes special order custom head arrangements and special order custom banners and materials. Excludes purchases made through Michaels.com. Valid at Michaels stores only. Limited to stock on hand. Reproduction not accepted. Void where prohibited.

SALE PRICES GOOD JANUARY 16-22, 2005

For the Michaels nearest you call TOLL FREE 1-800-MICHAELS (1-800-642-4235) or visit us @Michaels.com for store locator and lots more.

All prices and ad coupons are not valid on purchases made through Michaels.com. All credit cards may not be accepted at all stores. Selection and regular prices may vary. Typographic, photographic and printing errors are subject to correction at the store level. Due to the seasonal nature of our imported products, quantities may be limited and there may be no rain checks issued. We reserve the right to limit quantities. Offer good only in U.S.A.

©2005, Michaels Stores, Inc.

**Sunday 10AM-7PM
Mon.-Sat. 9AM-9PM**
Except where prohibited by law.

YOUR INCREDIBLE CREDIT STORE®



**USA
DISCOUNTERS**



XBOX™ WITH HALO 2

Now In Stock! Hurry while supplies last!

**Complete Bedrooms
from \$15.⁶⁵ per month**



**Mattresses from
\$10 per month**

**Complete Living Rooms
from \$23.⁰⁶ per month**



**Immediate
Delivery
No Down
Payment**

**No Payment
for 60 Days!**



Free Set Of Dishes With Completed Application. No Purchase Necessary.

**Tires &
Rims**



**Houseful
of Furniture
only \$99^{mo}***



**Computers--
Low Monthly
Payments**



**Wireless
Technology**

**Problem Credit,
No Credit,
Bankruptcy...
No Problem!**

**Power of
Attorney
Accepted**



**YOU ARE AUTOMATICALLY APPROVED FOR CREDIT AT USA DISCOUNTERS
IF YOU ARE ACTIVE DUTY MILITARY OR CIVIL SERVICE.**

* Financing terms available on all contracts. Terms beginning at 11.9% on 1 year contracts. Contracts for 18 and 24 months are also available.

**YOU ARE AUTOMATICALLY APPROVED FOR CREDIT IF YOU ARE
ACTIVE DUTY MILITARY OR CIVIL SERVICE.**

**USA
DISCOUNTERS**

STORE HOURS
M-F 10am-9pm • SAT 10am-6pm
SUN 12pm-5pm

2770 Piney Green Road

910-353-0403

1-877-866-4466

WWW.USADISCOUNTERS.NET



**Credit approved
in minutes! Apply
online or by phone!**



WOMEN'S GR...
(48 HOURS)
women to suc
for daily living
women.

ive life for today

LE'S WINGS

LAIN RON

s I have shared in previous articles, I enjoy looking for meaning in movies, books and music. Currently, much airtime on the radio is a song that hit me when I really listened to it. You, too, may have touched by Tim McGraw's inspirational song, *Like You Were Dying*. The lyrics share messages that we all do well to consider once in a while. Insert this into this lyric's story and read the following:

Said I was in my early days with a lot of life before when a moment came that had me on a dime and I was most of the next days at the x-rays, talking the options and talking sweet time.

asked him when it sank in this might really be the end, how's it hit you when it that kinda news?

an what'd you do?

d he said, I went sky diving, I went Rocky Mountain climbing, I went 2.7 seconds on a bull named FuManchu. And I loved deeper and I spoke sweeter, and I gave forgiveness I'd been denying, and he said day I hope you get the chance to live like you were

said I was finally the end that most the time I t, and I became a friend a I would like to have, and he sudden going fishin' t such an imposition, and at three times that year I my dad.

ell I finally read the good and I took a good long look, at what I'd do if I I do it all again.

and then, I went sky diving, at Rocky Mountain climbing, I went 2.7 seconds on a bull named FuManchu. And I loved deeper and I

spoke sweeter, and I gave forgiveness I'd been denying.

And he said someday I hope you get the chance to live like you were dying.

Like tomorrow was a gift and you got eternity to think about what'd you do with it, what did you do with it?

What did you do with it? What did you do with it?

Sky diving, I went Rocky Mountain climbing, I went 2.7 seconds on a bull named FuManchu.

And then I loved deeper and I spoke sweeter, and I watched an eagle as it was flying.

And he said someday I hope you get the chance to live like you were dying.

Now, I don't know about you, but this sure made me think about what I'm doing with the time I have here. At 40, I was attending Army Airborne School. My body had taken a beating in the three-week course. On jump week, my body gave out. I was the second one out of the door of the C141. Catching an unexpected thermal that took me way out of the drop zone, I landed hard and awoke in the hospital. It was a time like the above song expressed; a time of great reflection on how happy I would be with what I had done in my life, if it were to end. I tried to improve the areas that needed it and went back to jump six months later.

Then, when my wife and one of our sons were diagnosed with cancer in 2003, I reflected again on how I am with those around me. When such things happen, you realize how fragile life really is, and how it can change in an instant. Sometimes when people are diagnosed with a serious illness, they can become very self-focused and worried about the possible outcome. This is understandable, but perhaps we'd do better to take McGraw's advice and spend our time living life fully. Even before such a traumatic event, we may decide to be one of those who will "love deeper, speak sweeter, and give for-

giveness," while we still have the life and breath to do so.

Often in life's daily encounters, we think more of those who have pressing, perhaps even life-threatening, problems. But, it is equally reasonable to believe that we ought to, as circumstances dictate, spread kindness, love, concern and genuine assistance to those whose problems, in the grand scheme of things, are not quite as pressing.

It has been said, "As our society grows and the pace of our lives increases, seemingly exponentially, we must live with evermore attention to the life and example of our Lord, especially the love and hope and compassion He displayed."

"Each of us has the charge to be not a doubter, but a doer; not a leaner, but a lifter. Often we live side by side with those who really need our love and compassion, but we do not communicate heart to heart. There are those within the sphere of our own influence who, with outstretched hands, cry out: 'Is there no palm in Gilead?'" - Jer. 8:22. We would be wise to answer as *A Creed*, by Edwin Markham who shares, "There is a destiny that makes us brothers; none goes his way alone. All that we send into the lives of others comes back into our own."

At this start of a new year, which creates many special moments of life reflection, may we take a good long hard look at how we may be better in areas of our life that will also bless those around us. I know it will make our lives so much more rich and full.

As always, it is my hope that this message will help you this week to, "mount up as on eagle's wings," and renew a little of your strength to keep moving forward and find joy - *Isaiah 40:31*.

Until next week, may God bless you and may God continue to bless our great nation. SEMPER FI.

Chaplain Ringo is a chaplain at Naval Air Station Lemoore Hospital, holds a doctorate of philosophy in counseling and is a certified trauma specialist.

Nanoo-Nanoo | Meet Pet of the Week Mork



Someone simply must make this little man a part of their family. Meet Mork, a unique kind of fellow with an endearing personality and lovable demeanor. He is an Australian Shepherd mix who is full-grow, but somehow has retained that puppy face and body - he's about 30 pounds. He is gentle and friendly and loves a good belly rub and even likes to be carried. He was found as a stray but is well groomed and just a doll. He is currently residing at the Onslow County Animal Shelter under the alias 9364067. For more information about Mork or any of his dog and cat friends, call the Onslow County Animal Shelter at 455-0182.

New Year's Special
Fill-In \$11.95
Full Set \$21.00

Manicure & Pedicure \$30.00

Brenda's Affordable Nails
353-4050
Mon-Sat. 10am-6pm
1911-D Lejeune Blvd.

LC10
Stay Tuned!

We Can Do It!

GIRLS JUST WANNA HAVE FUN!

The Staff
Non-Commissioned Officers Wives' Club is accepting new members!

***ALL MILITARY WIVES**
E-6 - E-9*

Call 451-5591 or
Stop in & See us...We're located in Bldg 1200 just behind the library on base.

See your baby before you see your baby.

877.SEE.BABY

Womb's Window
Wilmington, NC • 910.202.0389
3D/4D Ultra Sound Video
Still Images on CD
Printed Pictures

Please visit our website or give us a call. Let us share this special time with your family!
We offer a military discount.
www.wombswindow.com

MAKE AN IMPACT! SHOP ON BASE!

THANK YOU FOR SHOPPING ON BASE!

www.mccslejeune.com

EXTREME MARINES WANTED! OPEN TO MILITARY PERSONNEL 18 YRS. & OLDER!

Extreme 6-6 All Night Party

FRENCH CREEK RECREATION CENTER
6:00 P.M. - 6:00 A.M.
January 21 - January 22

FREE STUFF!
DRAWINGS ALL NIGHT LONG
MP3 Music Stick ♦ DVD Player
Digital Cameras & More Fun Stuff!
Must be present to win

FREE FOOD!
Plenty of your favorite eats & treats all night long

FREE FUN!
Tournaments all night long
Great prizes for all 1st & 2nd Place winners

FREE RIDE!
Shuttles from all Recreation Centers

Don't miss Breakfast at 4:00 a.m.

EVENT INFORMATION:
Central Area Recreation Center 451-1942
Courthouse Bay Recreation Center 450-7462
French Creek Recreation Center 451-1446

Sponsored by: **AT&T**
Sponsorship does not imply Federal or USMC endorsement.

CREDO CAMP LEJEUNE
UPCOMING RETREATS
Info: 450-1668/1671

PERSONAL GROWTH RETREAT
(48 HOURS) The cornerstone of CREDO. The PGR is a unique opportunity to address personal concerns and Experience personal growth within an environment of unconditional acceptance and support.

14-16 Jan 4-6 Feb 4-6 Mar 19-21 Aug

WOMEN'S GROWTH RETREAT
(48 HOURS) This weekend is designed to encourage women to succeed in their chosen roles. It provides a plan for daily living that enhances life, embodies joy, and honors women.

21-23 Jan

MARRIAGE ENRICHMENT RETREAT
(48 HOURS) This weekend utilizes the DISC personal inventory. You will learn that you and your spouse are unique individuals. As a couple, you will begin to appreciate your differences in a way that enhances your relationship.

18-23 Jan 11-13 Feb 18-20 Mar 15-17 Apr 13-15 May 22-24 Jul 26-28 Aug 16-18 Sep

SPIRITUAL GROWTH RETREAT
(48 HOURS) This is a weekend that is based on Christian principles. Participants join together in order to unite and revitalize the Body of Christ and find direction in His love.

11-13 Mar

Additional Retreats and Support Groups: Women's Warrior Orientation
Dad's Personal Growth Retreat ♦ Divorce Recovery PGR ♦ Single's PGR
Mobile CREDO Warrior Transformation Seminars ♦ Team Retreat
1-Day Leadership Seminars ♦ 1-Day Marriage Seminars

WHAT'S HAPPENIN' IN JANUARY

Concerts, festivals, special events, classes, what have you - here is what is going on up and down the Carolina coast. To add your event, e-mail sdrake@militarynews.com

MONDAY

17

• **Ancient belly dancing** class at the USO in Jacksonville starts at 7 p.m. - 937-2693

TUESDAY

18

• **Ancient belly dancing** class at the USO in Jacksonville starts at 7 p.m. - 937-2693

WEDNESDAY

19

• **Split Lip Rayfield** at The Cat's Cradle in Carboro - www.catscradle.com

• **Brothers Past** at The Soapbox in Wilmington - www.thesoapboxlaundrolounge.com

THURSDAY

20

• **Col. Bruce and The Codetalkers** at The Soapbox in Wilmington - www.thesoapboxlaundrolounge.com

FRIDAY

21

• **Battle of the Bands** at Ziggy's in Atlantic Beach - www.ziggyrock.com

• **Mystic Vibrations** at Kefi's at Wrightsville Beach - www.kefis-live.com

• **Abbey Road Live** (Beatles' tribute) at The Cat's Cradle in Carboro - www.catscradle.com

• **The Woggles and Elevator Action** at The Soapbox in Wilmington - www.thesoapboxlaundrolounge.com

SATURDAY

15

• **Wheatstone, A Kiss for Jersey, Slushie, My Hero's Me, Melancholy Daze and Jamie Carol** at Ziggy's in Atlantic Beach - www.ziggyrock.com

• **Acoustic Syndicate** at The Cat's Cradle in Carboro - www.catscradle.com

• **Whild Peach** (featuring members of Outkast) at Marrz in Wilmington - www.marrz.net

• **Dos Noun and Joey Etc.** at The Soapbox in Wilmington - www.thesoapboxlaundrolounge.com

SUNDAY

16

• **Gospel Brunch** at the House of Blues Myrtle Beach - www.hob.com

• **Swing dance** class at the USO in Jacksonville starts at 7 p.m. - 455-3411

• **Weedeater and Disengage** at The Soapbox in Wilmington - www.thesoapboxlaundrolounge.com

MONDAY

17

• **Ancient belly dancing** class at the USO in Jacksonville starts at 7 p.m. - 937-2693

TUESDAY

18

• **Ancient belly dancing** class at the USO in Jacksonville starts at 7 p.m. - 937-2693

WEDNESDAY

19

• **Split Lip Rayfield** at The Cat's Cradle in Carboro - www.catscradle.com

• **Brothers Past** at The Soapbox in Wilmington - www.thesoapboxlaundrolounge.com

THURSDAY

20

• **Col. Bruce and The Codetalkers** at The Soapbox in Wilmington - www.thesoapboxlaundrolounge.com

FRIDAY

21

• **Battle of the Bands** at Ziggy's in Atlantic Beach - www.ziggyrock.com

• **Mystic Vibrations** at Kefi's at Wrightsville Beach - www.kefis-live.com

• **Abbey Road Live** (Beatles' tribute) at The Cat's Cradle in Carboro - www.catscradle.com

• **The Woggles and Elevator Action** at The Soapbox in Wilmington - www.thesoapboxlaundrolounge.com

SATURDAY

22

• **Summer Se, The Sames and Ceiling Fan** at The Soapbox in Wilmington - www.thesoapboxlaundrolounge.com

• **The Academy, Etheric and Sever the Tie** at Ziggy's in Atlantic Beach - www.ziggyrock.com

• **Larry Keel and Natural Bridge** at Kefi's at Wrightsville Beach - www.kefis-live.com

SUNDAY

23

• **Swing dance** class at the USO in Jacksonville starts at 6 p.m. - 455-3411

• **Gospel Brunch** at the House of Blues Myrtle Beach - www.hob.com

IT BEGINS ON THE STREETS.
IT ENDS HERE.

INSPIRED BY
A TRUE STORY

SAMUEL L. JACKSON COACH CARTER



PARAMOUNT PICTURES PRESENTS AN MTV FILMS TOLLIN/ROBBINS PRODUCTION A THOMAS CARTER FILM "COACH CARTER" STARRING SAMUEL L. JACKSON MUSIC BY JENNIFER HAWKS COSTUME DESIGNER TREVOR RABIN PRODUCTION DESIGNER VAN TOFFLER EDITOR THOMAS CARTER EXECUTIVE PRODUCERS SHARLA SUMPTER CAITLIN SCANLON PRODUCED BY BRIAN ROBBINS MIKE TOLLIN DAVID CALE WRITTEN BY MARK SCHWABN AND JOHN GATINS DIRECTED BY THOMAS CARTER

PG-13 PARENTS STRONGLY CAUTIONED
Some Material May Be Inappropriate for Children Under 13
VIOLENCE, SEXUAL CONTENT, LANGUAGE, TEEN PARTYING & SOME DRUG MATERIAL
For rating reasons, go to www.filmratings.com

CoachCarterMovie.com

SOUNDTRACK ALBUM FEATURES NEW MUSIC FROM TWISTA FEATURING FAITH EVANS • CIARA • FABOLOUS • CHINGY • KANYE WEST • RED CAFE AND MORE
IN THEATRES EVERYWHERE JANUARY 14

Onslow Memorial Hospital

Hospital Services

Heartburn Treatment Center
Minor Emergency Care
Pediatric Asthma Program
Nursery and Pediatrics
Cardiac Rehab
Cath Lab
Diagnostic Services
Emergency Room
Food Services
Laboratory Services
Nursing Services
Pharmacy Services
Radiology Services
Rehabilitation Services
Special Procedures
Women's Imaging Center
Transport Services

Onslow Memorial Hospital
317 Western Blvd.
Jacksonville, NC
(910) 577-2345

Surgicare - Outpatient Surgery
166 Memorial Court
Jacksonville, NC
(910) 353-9565



Onslow Memorial Hospital

provides the community with quality medical services delivered in a friendly, safe, and caring environment. Onslow Memorial has an on-site, full-service laboratory, x-ray facilities, pharmacy, and rehabilitation services. SurgiCare of Jacksonville is located across the street from the hospital and operates Monday-Friday for elective outpatient surgery.

Where people care!

Inside this week

NATURAL FOOTBALL

A grueling battle between the top-ranked football squad and the second-ranked squad will be the main event of the Jacksonville Jaguars' annual "Natural Football" game. The game, which will be held at the Jacksonville Jaguars Training Center, will feature the top two teams from the Jacksonville Jaguars' "Natural Football" league. The game will be held on Jan. 24 with only one game remaining. Read the story on 1B.

OPERATION EAGLE EYES

Military members and civilians team up in a new anti-terrorism program dubbed Operation Eagle Eyes. For more on this innovative venture, turn to 1C.

COOKIES FOR A CAUSE

The beginning of Girl Scout cookie season means delicious treats for cookie lovers and, more importantly, the start of the organization's largest fund-raiser. Money raised through cookie sales opens doors for local girls through travel and many other activities. Turn to 1D for more information.

News Watch

FALLEN WARRIORS

Four Marines died while supporting Operation Iron Freedom. Sergeant Jay O. Patterson, 26, of Seattle, Va., Cpl. Paul C. Holler, 21, of Corpus Christi, Texas, and Lance Cpl. Matthew W. Holloway, 21, of Jacksonville, Fla., and Juan Rodriguez Velasco, 23, of El Cerrito, Texas. Patterson was assigned to II Marine Expeditionary Force. He was assigned to I MEF. Holloway and Rodriguez were assigned to 4th Marine Division.

CORRECTION

In the Jan. 13 edition of The Globe, a News Watch article stated that two Marines from Quantico, Va., opened fire on a Marine returning to Camp Lejeune. The article was the person who opened fire, not the Marines from Quantico.

PILOT EJECTS SAFELY

A Marine pilot safely ejected from his AV-8B Harrier before it crashed approximately 45 miles off the west coast of Sumatra, Indonesia. The Yun-based Marine suffered minor injuries. The pilot, who is assigned to the 1st Marine Expeditionary Force, was deployed with the 15th Marine Expeditionary Unit, which was participating in the relief effort of the victims. The crash is under investigation.

OPERATION CHECK

Operation Check kicked off yesterday with a pre-dawn raid, which resulted in the capture of suspected insurgents and small weapons, including rifles and shotguns. The mission, which was part of the 15th Marine Expeditionary Unit's Force Reconnaissance platoon, is an active part of the ongoing operation. Further reconnaissance, with the forces taking the upcoming mission.