

THURSDAY, OCT. 15, 2020

# THE FORT JACKSON LEADER

"VICTORY ... STARTS HERE."

CONGRATULATIONS TO  
SGT. JAMES AKINOLA, THE  
ARMY'S 2020 SOLDIER OF  
THE YEAR



## PROGRAM HELPS RIDERS CARE FOR RIDERS — PAGES 10-11



**Leader Staff Reports**

The Armed Forces Disciplinary Control Board has deemed the following locations off-limits to all Soldiers assigned to Fort Jackson. It is highly recommended that all retirees and Department of Defense Civilian Employees stay away from the off-limits locations.

- Richland Terrace Apartments, 1212 Metzke Road, Columbia, SC 29210
- Rumba VIP Night Club, aka Club Tropicana, 1745 Decker Blvd, Columbia, SC 29206
- Harbour Landing Apartments, 7625 Garners Ferry Road, Columbia, SC 29209
- Lake Shore Apartments, 7645 Garners Ferry Road, Columbia, SC 29209
- Club Kandyland, 1700 Block, Percival Road, Columbia, SC 29206
- Faces Lounge, 1709 Decker Blvd, Columbia, SC 29206
- Darrell's Place, 1727 Percival Road, Columbia, SC 29223

Military personnel observed in off-limits establishments are in violation of a lawful general order and are subject to apprehension for violation of Article 92 of the Uniform Code of Military Conduct. Off-limits establishments are also prohibited from advertising on the installation. For more information contact the Directorate of Emergency Services at 751-1682.

# Action plan prioritizes people, teams

**By RYAN D. MCCARTHY,**  
Secretary of the Army,  
**GEN. JAMES C. MCCONVILLE,**  
Army Chief of Staff,  
**and MICHAEL A. GRINSON**  
Sgt. Maj. of the Army

People are our greatest strength, our most valuable asset, and our most important weapon system. The Army is a team of teams – an interconnected network of teams that stretches from the vehicle crew to the infantry squad, to the logistics team, to the highest-level staff element. Our Army's success depends on bringing talented Soldiers together in teams built on competence, resilience, discipline, and trust; to ensure every Soldier can say with confidence and pride, "This is My Squad."

The Army invested significant resources and leadership into restoring readiness and modernizing our Army. However, our readiness focus resulted in an unsustainable operational tempo and placed significant demands on units, leaders, and Soldiers and Families and stress on the force. Therefore, we are prioritizing people as the #1 Army priority. We will strive to reduce OPTEMPO, adjust policies to prioritize people, and reduce requirements to provide leaders additional

time to invest in their people.

To reduce requirements, we will implement several significant changes. In the coming months, we will implement the Army's new Regionally Aligned Readiness and Modernization Model. This model will better balance OPTEMPO with dedicated periods for mission, training, and modernization. HQDA G-3/5/7, in coordination with FORSCOM, will determine the level of Total Army readiness necessary to meet operational requirements. Next, we are pursuing options, in coordination with the Department of Defense and the Joint Staff, to reduce our current continual heel to toe deployment rotations of Brigade Combat Team-sized formations to task-organized battalion task forces.

To protect our leaders' time while also building collective readiness, commanders will leverage high-quality, multi-echelon training exercises such as Command Post Exercises, Tactical Exercises Without Troops, and Fire Support Coordination Exercises to train battalion and brigade staffs. Highly trained, disciplined and fit Soldiers, squads, platoons, and companies are the foundation of our readiness. Commanders will prioritize proficiency at company and below levels. Units will train above the

company level as time allows.

We are also re-evaluating Combat Training Center rotations. CTC rotations are the gold standard of training and provide tremendous learning environments that develop units and leaders into lethal warfighting teams. However, we must be pragmatic with our assignment of CTC rotations and properly balance training opportunities and the resulting OPTEMPO. To reduce OPTEMPO, we will minimize gated training requirements and eliminate the requirement to conduct brigade and battalion Live Fire Exercises and Field Training Exercises prior to a CTC rotation. To further reduce the demands of training for and supporting CTC rotations, not all Brigade Combat Teams will deploy all of their battalions into "the box." Select rotations will consist of a heavy/light task organization or include CPXs to reduce the burden on divisions while maintaining the CTC leader and staff development opportunities. Additionally, units scheduled for non-combat rotational deployments may not require a CTC rotation, especially those units deploying to theaters where they can conduct similar collective training.

See **ACTION:** Page 14

## ON THE COVER

Participants of the Lightning Rodeo line up to start their check ride as part of the Motorcycle Mentorship Program, Oct. 9.

SEE PAGES 10-11



Photo by JOSIE CARLSON

## THE FORT JACKSON LEADER

**Fort Jackson, South Carolina 29207**

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Commanding General.....Brig. Gen. Milford H. Beagle Jr.  
Garrison Commander.....Col. John "Wes" Hankins  
Garrison Public Affairs Officer.....Patrick Jones  
Command Information Officer.....Robert Timmons  
Editor.....Wallace McBride  
Editor.....Josie Carlson  
Social Media Manager.....LaTrice Langston  
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# Event brings community, police together

By **JOSIE CARLSON**  
Fort Jackson Leader

Although it is a Fort Jackson's annual event, the National Night Out held Oct. 6, was much different this year to adjust to COVID-19 restrictions. Its purpose was still the same – to bring people together in a way that builds relationships with neighbors and law enforcement while bringing back a true sense of community.

National Night Out, established in 1984, is an annual community-building campaign that promotes police-community partnerships and neighborhood camaraderie across the United States.

Zachary Wise, chief of the Fort Jackson Police Department, said National Night Out is important because "It brings the community together in a fun environment that builds relationships with neighbors, creates safer neighborhoods while instilling the trust in the Fort Jackson Team. This event provides an opportunity to express the importance of safety through various demonstrations and showcase available resources."

The event also helps the Fort Jackson on-post housing community to meet and build trust with those who will respond during emergencies.

Col. John "Wes" Hankins, garrison commander, in his opening remarks thanked all those who worked to make the event come together this year.

"Not only do we have a great community here on Fort Jackson, but our (Directorate of Emergency Services) does a phenomenal job of building partnerships with our community off the installation here in Richland County," he said.

Along with eating from food trucks, listening to the 282nd Army Band, and chatting with law enforcement representatives, Families could also receive free child ID kits.

"You can fill out the full name, it's kind of like an ID card but you're going to keep this on file," said Alex Abbott, an investigator with the Fort Jackson Police Department. "Go ahead and get your child's fingerprint, you can get dental exam records, photo documentation, and usually you do a hair strand ... If they're not old enough to have hair clipped, you can do a mouth swab with a sterile Q-tip. And then basically you keep this on file and if anything were to happen then you can have this easily, and readily available."

Pia Johnson, a volunteer taking temperatures at the entrance said she was glad to participate in the National Night Out. "It's good to meet different people, and it's just positive energy," Johnson said. "It's just good to see people out and enjoying it."

See **EVENT:** Page 17



Above, Sue Potashnik, Assistant Chief, Fort Jackson EMS, demonstrates the ease of using the power lift during National Night Out, Oct. 6. Left, Pia Johnson, a volunteer for National Night Out, checks temperatures of guests before they enter the event.

Photos by **JOSIE CARLSON**



## ACS class helps patrons avoid holiday scams

By **LESLIE ANN SULLY**  
Fort Jackson Public Affairs

Fort Jackson's Army Community Service office provides classes and seminars year-round tailored to personal financial management, one-on-one financial counseling and emerging financial assistance.

One such seminar conducted Oct. 6 was how to avoid financial scams over the holidays.

"ACS supports mission readiness by building financial resilience, one Soldier and Family at a time," said Angela Crosland, Financial Readiness Program Manager for Fort Jackson. The services are open to all ID card holders.

Scams like identity theft can be tied to security clearance issues which affect mission readiness, Crosland explained.

Cedric Wright, Outreach Coordinator/Program Assistant with South Carolina Department of Consumer Affairs was the guest speaker at the Oct. 6 virtual event. The consumer protection agency began in 1975 and

it is their mission to protect consumers from inequities in the marketplace.

The class titled, "Avoiding Holiday Scams" covered various topics such as the most common holiday scams; tips for shopping online; effectively using credit cards; online cyberattacks and tools to prevent identity theft.

### HOLIDAY SHOPPING

"Last year, 4.6 million android smartphone users downloaded a suspicious wallpaper app that collected and transmitted user data to a site in China," Wright said during the event.

"COVID-19 has changed how people shop and more people shop online," he added. He asked people to be careful about downloading apps about holiday shopping, and things that look like games, he said adding that most malware is downloaded around Black Friday.

Cyber Monday is another popular day for online advertisements and coupons that pop up.

"Be careful about clicking them; instead go to the website of the store," Wright said.

If you click on them and answer a few questions, you give the scammer permission to sell your information.

A few other tips he provided are:

- Download apps only from official stores.
- Don't assume that an app linked to a popular retailer is safe. Look for misspellings and odd phrasing in the app's description.
- Only buy gift cards from brick and mortar stores.
- Holiday e-cards can contain malware, pop-ups and unwanted advertising.

"Be very careful and diligent," Wright said.

He continued with more advice such as to beware of leaflets, phone calls and people who solicit for money via online or by phone.

"Always do your research and google to see the types of reviews of the charity online," Wright said.

Also, holiday screensavers and wallpapers look cute, but many have malware on them and now you have downloaded it on your

iPad, phone or computer, he said. He also cautioned everyone to not click on links in received emails or texts.

### TIPS FOR PACKAGES

He offered several suggestions to be safe during package delivery.

"You can require a signature or have it delivered to your office or leave specific drop off instructions of where to place it," Wright said. Another option is to take advantage of Amazon's Hub Locker where the package is secured until you go pick it up.

Wright explained that is always better to use a credit card instead of debit cards.

"Use a credit card to pay for online items they are more secure than a debit card," he said. The reason is it is protected by the Fair Credit Billing Act. He suggested everyone check to see what credit card protections you have with your company and bank.

See **SCAMS**: Page 16



Screenshot

From left: Col. John "Wes" Hankins, garrison commander, Col. Jeremiah Stubbs, Moncrief Army Health Clinic, Brig. Gen. Milford H. 'Beags' Beagle Jr., Fort Jackson commander, and Leslie Ann Sully, public affairs specialist, answers questions during the Commanding General's Virtual Town Hall on Special Topics Oct. 8. At the event, Beagle said Family day and in-person graduations are postponed indefinitely.

## Family Day/Graduation postponed indefinitely

By TOM BYRD and LESLIE ANN SULLY  
Fort Jackson Public Affairs

Army Training Center and Fort Jackson Commander Brig. Gen. Milford H. "Beags" Beagle Jr., conducted his bi-weekly virtual town hall Oct. 8, to inform the community of recent changes on post and to give insight to Basic Combat Training for the friends and Families of trainees.

Along with Beagle, Col. John "Wes" Hankins, the Fort Jackson garrison commander, Col. Jeremiah Stubbs from Moncrief Army Health Clinic, and Leslie Ann Sully, Fort Jackson public affairs, rounded out the panel. LaTrice Langston, Fort Jackson public affairs, and Marsha Shriver, the mom of a trainee at Fort Jackson joined remotely for the town hall.

Beagle began the town hall by going over the agenda and recognizing some of the people who had tuned in to the event. Beagle also welcomed new Families from the 1st Battalion, 61st Infantry Regiment Roadrunners who tuned in to their first town hall.

Although there were a number of changes to operations which had been closed since the beginning of the pandemic, the most important topic was the discussion on a timeline for restarting Family Day and graduation. Beagle said "graduation and family day is postponed indefinitely."

"We are going to do our business for our nation and we are not going to allow anyone to threaten that," Beagle said. "Family day and graduation, to us, are a threat and here is why – every single week, pre COVID-19, 3,000 to 5,000 people came to post. Bringing that many people on post would make it hard for us to meet our mission."

Beagle has stated multiple times that any changes to the way Fort Jackson operates would be conditions based. Not time based.

An example of this is the COVID-19 positivity rate within our population. "Our positively rate (for COVID) at Fort Jackson is 2% and on average it's 10-11% across the nation," Beagle said.

Beagle also discussed frequently answered questions and provided a detailed description of how mail makes it to trainees.

One mistake many make when sending mail to trainees is the address. "Get that address right and that will reduce the time," Beagle said.

Normally, letters take three to five days to arrive under the best circumstances. Mail sent to a trainee can sometimes take between 10-12 days, depending on where a trainee is in the training cycle.

"Mail call doesn't happen every day," Beagle said. If a trainee is in the field it can delay mail two to three days.

After giving updates to training and the various services being reopened, Beagle brought Marsha Shriver on camera. Shriver, a mom from Tampa, Florida whose son is currently in training at Fort Jackson, gave her perspective on having a loved one away from home during COVID-19.

Shriver talked about her son being in drum corps in high school and how she had gotten used to him being away from home most of the summer.

Shriver also discussed why it was important for her son to follow his own path.

"I am being positive here because my son decided to take care of the rest of the country after he took care of me while I was sick," Shriver said. "I am excited for him. I am sad I won't get to see his graduation, but when we get together, we will have a themed party with his graduation on the big screen."

Shriver also said she understands the restrictions in place are to ensure the Army can continue to accomplish its mission and knows that the welfare of her trainee is a priority for leadership at Fort Jackson.

Shriver said she understands that "he (her son) is probably safer with you there than with me so I thank you for that."

The bi-weekly virtual town halls can be viewed at any time on the Fort Jackson Commanding General or the Fort Jackson Facebook pages.

# Family forum to highlight housing, child care initiatives

By **DEVON SUITS**  
Army News Service

Soldiers and Families concerns over upcoming permanent change of station moves were discussed during the family forum at this year's Association of the U.S. Army Annual Meeting and Exposition.

"Annual family forums have been the way to communicate directly with Soldiers and Families and a way for leaders to hear what is important to Soldiers and Families," said Lt. Gen. Jason T. Evans, deputy chief of staff for G-9. "This year's family forums will focus on secretary and chief of staff of the Army priorities that aim to improve the quality of life for all Soldiers, Army civilians and their family members."

It has been a year since the Quality of Life Task Force was activated. The Army is tackling improvements in housing, health care, child care, spouse employment, PCS moves and support and resilience.

"Quality of life is about people first," Evans said. "The Army is about taking care of people. The family forums are the venues to hear what Army leaders have done to improve life in the Army, and what they plan to do in the future."

The PCS process can be an exciting opportunity, but can also bring additional stress and uncertainty during this time of COVID-19, said Dee Geise, chief of the Soldier and Family Readiness Division in the Army's G-9 office.

A panel of Army leaders discussed critical Quality of Life Task Force initiatives in the virtual "AUSA Family Forum II: Military Moves" event Oct. 15.

Critical improvements to housing, household goods, and child care programs will also be highlighted.

## DIGITAL GARRISON APP

The forum provided details on the Army's new Digital Garrison App, Geise said. The app was released in August, providing Soldiers, Families, veterans, and civilians living or working at select installations access to facility information and other services.

Digital Garrison is currently available at 60 installations with plans to add more locations in future updates, Geise said. The app "provides installation directory, gate locations and hours, fitness and recreation options, weather, event information, and more."

The app will "certainly help a new Family" by providing access to in-processing and other newcomer material, along with information from the Army & Air Force Exchange Service, Army Installation Management Command, and the Army Family and Morale, Welfare and Recreation program, Geise said.

## HOUSING

Army leaders also remain committed to improving housing and barracks conditions. In 2019, the force



Photo by **PATRICK ALBRIGHT**

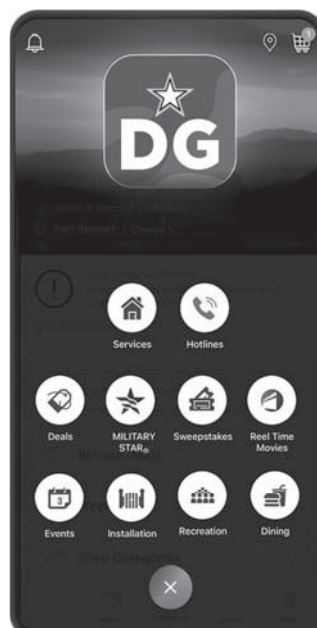
completed 100% barracks inspections and home visits, to include "change of occupancy" to identify any life, health, or safety concerns, according to G-9 officials.

In May, senior leaders signed the Military Housing Privatization Initiative Tenant Bill of Rights. The document outlines a series of rights and procedures all Soldiers and families are authorized to receive when residing in privatized housing.

Over 100 additional workers have also been hired this year to improve the privatized housing inspection and quality assurance processes, officials added. The force is also continuing regular home inspections for safety hazards, such as mold, asbestos, peeling lead paint, and other potential hazards.

## HOUSEHOLD GOODS

Army Materiel Command and G-4 leadership also continue to receive feedback about the household good shipping process during COVID-19, Geise said. In turn, the Army is working to ensure all shipping companies take proper precautions to pack and move a family safely.



Above, Workers install new windows in a historic home Oct. 1 at Fort Benning, Ga., as part of a broader effort underway to curb lead-based paint hazards in households. Left, the Army launched its new Digital Garrison mobile app that provides information and facilitates access to a full array of on-post services, as part of a partnership between Army Installation Management Command and the Army & Air Force Exchange Service

See **FORUM:** Page 13

# Community Updates

**SEND ALL  
SUBMISSIONS TO  
FJLeader@gmail.com**

## FRIDAY

### Ministry Volunteer Luncheon

11:30 a.m. to 1 p.m. NCO Club. The Fort Jackson Religious Support Office is holding its annual Ministry Volunteer Luncheon to show its gratitude for the many volunteers who make their mission a success. For more information call 751-3979.

## OCT. 22

### Purple Up Day

As part of Domestic Violence Awareness Month, Army Community Service asks the Fort Jackson community to wear purple to help bring awareness to domestic violence.

## OCT. 24

### Virtual Domestic Violence Bike Ride

10 a.m. to 1 p.m. Outside the Solomon Center. The Directorate of Family and Morale, Welfare and Recreation is hosting a stop domestic violence bike-a-thon. Social distancing will be enforced. Come enjoy an outdoor spin, road and virtual ride for a loved one. For more information call 751-3700.

## OCT. 30

### Commanding General's Golf Scramble

8 a.m. Fort Jackson Golf Club. The Commanding General's Scramble is scheduled for Oct. 30. The four-person Scramble/Captain's Choice event will be played on the Wildcat Course. Players/teams will request a tee time between the hours of 8 a.m. and 1:20 p.m. Tee times will be given on a first-come, first serve basis. The field is limited to 32 teams, so enter soon. For more information call (803) 787-4437.

## NOV. 3

### Intro to TSP

9-10 a.m. DFMWR/Army Community Service Financial Readiness Program will host an Intro to Thrift Savings Plan webinar with a guest instructor from the Federal Retirement Thrift Investment Board. This webinar provides an introduction to the Thrift Savings Plan for new employees and Service members. This course focuses on the basics of TSP account management. The agenda includes discussion of the types of TSP contributions, the differences between traditional and Roth contributions, and a brief discussion of the investment funds. Registration is required. Fort Jackson civilian employees will register through the USAG Civilian Workforce Development Program via email ([usarmy.jackson.imcom-hq.mbx.dhr-civilian-wfd@mail.mil](mailto:usarmy.jackson.imcom-hq.mbx.dhr-civilian-wfd@mail.mil)) or calling 751-6736. Service members and Family members will register by calling 751-5256.

### TSP Investment Funds

1:30-2:30 p.m. DFMWR/Army Community

Service Financial Readiness Program will host a TSP Investment Funds webinar with a guest instructor from the Federal Retirement Thrift Investment Board. This webinar will take a deeper dive into the investment options and provide a clearer picture of how to get the most value out of your TSP savings. Registration is required. Fort Jackson civilian employees will register through the USAG Civilian Workforce Development Program via email ([usarmy.jackson.imcom-hq.mbx.dhr-civilian-wfd@mail.mil](mailto:usarmy.jackson.imcom-hq.mbx.dhr-civilian-wfd@mail.mil)) or calling 751-6736. Service members and Family members will register by calling 751-5256.

## NOV. 19

### Love and Money Matters Workshop

5 - 7 p.m. The Installation Chaplain's Office in partnership with DFMWR/Army Community Service will host a virtual Love and Money Matters workshop to teach effective communication strategies and address common money issues in relationships. Learn to set SMART goals as a couple that can lead to wealth building and a stronger relationship. Registration is required, please call 751-5256 to register.

## COMMUNITY EVENTS

### Road construction update

The construction of passive barriers near Gate 2 has begun. Phase 1 will run between Sept. 28 and Oct. 30, while Phase 2 is scheduled from Nov. 2 to Nov. 13. For more information, call 751-3824.

### VI section of Training

#### Support Center closed

As of Oct. 1, the Visual Information (VI) section of the Fort Jackson Training Support Center (TSC) is permanently closed and is no longer producing graphics or accepting new graphics work requests. Work orders that were previously requested and completed will be available for pick up at the TSC until Oct. 23. For more information call 751-4619.

### Century Lanes Reopens

Century Lanes reopened Oct. 11 for open bowling. The open bowling hours are: Sunday 2-8 p.m. and 4-8:30 p.m. Wednesday. For more information call 751-6138.

### Andy's Fitness Center

Andy's Fitness Center in the Solomon Center, is closed until further notice due to maintenance issues. Perez Gym is open Monday-Friday, 5 a.m. to 8 p.m. and weekends 10 a.m. to 5 p.m.

### Fort Jackson Dog Park Open

The dog park is open from dawn to dusk. Dog Park max capacities are as follows:

Small dog side. No more than two people at one time Large dog side. No more than two people at one time Leashing/unleashing area - No more than one person at one time. Time limited to 30 minutes per visit. Bring water for you and your dog. See complete rules posted at the Dog Park. The park will be closed if the rules are not followed. If you see someone breaking the rules, call 751-3113.

### Energy Action Month

Throughout October, Fort Jackson is raising awareness about energy resilience during Energy Action Month. This year's theme is "Energy Resilience Gives Us the Power to Win." Energy resilience is about ensuring we have a reliable and regular supply of energy and ensuring contingency measures are in place in the event of major utility outages due to severe weather, natural disasters, accidents, equipment failures, and intentional sabotage/terrorist attacks.

### Library Curbside Service

Thomas Lee Hall Library, 4679 Lee Road, is open for curbside service from noon to 5 p.m. Tuesday to Saturday. It is closed on Sunday, Monday and holidays. To request service, visit the online catalog at: [http://mwrlibrary.armybiznet.com/search~\\$30](http://mwrlibrary.armybiznet.com/search~$30) to process requests. Unfortunately, staff will not be able to place requests over the phone. Requests must be made by midnight the day before the requested pick up day. Patrons have 7 days to pickup items before the request expires and material is offered to the next patron in line. The requests are limited to 20 items per day and patrons must arrive no later than 4:45 p.m. for pick-up.

### Jack's Frame Shop

Jack's Frame Shop located in the Solomon Center is open from 11 a.m. to 5 p.m. Tuesday-Friday. It is closed Mondays, weekends and holidays. Patrons must abide by Fort Jackson's mask and social distancing policies. For more information call 751-4018.

### Pre-owned Vehicle Lot

The Directorate of Family and Morale, Welfare and Recreation has reopened the Pre-Owned Vehicle lot. See the Solomon Center Front Desk to register. Registration Hours are 11 a.m. to 6 p.m. Monday-Friday and closed holidays and weekends.

## CLOSURES AND HOURS

Retirees and their beneficiaries and Veteran Health Identification Card holders are allowed access to post Sunday, Monday, Tuesday, Friday and Saturday to use the Commissary, the Exchange, and other services that are still oper-

Deadline for events to be included in the calendar or Happenings is one week before publication. Include the time, date and place the event will occur, as well as other necessary information.

If you submit an article on an event that already has taken place, please send it as soon as possible. Tuesday is the last day we will be able to accept an article for publication the following Thursday. Include the date and place of the event, as well as a description of what took place. Please include quotations, if possible. With any photo you submit, include IDs — rank, unit, and first and last names.

Questions? Call 751-7045.

ating those days. Golfers and cyclists possessing Defense Biometric Identification System cards may access the installation those days as well. Retirees and their beneficiaries who are medically immunocompromised, as well as aged 65 and older, will continue to have priority shopping hours from 7:30 a.m. to 9 a.m. on Tuesdays and Fridays to further reduce risk.

Retirees who have a medical appointment may also access the installation on Wednesdays and Thursdays and must present a memorandum from Moncrief Army Health Clinic stating their name, date and time of their appointment at MAHC.

### Visual Information Section:

The Training Support Center (TSC) Photo Lab is closed until further notice

### AAFES HOURS:

- Main Exchange: 9 a.m. to 7 p.m. Mon.-Fri. and 11 a.m. to 7 p.m. Sat. and Sun.
- Main Barber Shop: 9 a.m. to 5 p.m. Mon.-Fri. and 10 a.m. to 5 p.m. Sat. and Sun.
- Clothing and Sales: Sun. and Mon. Closed, 9 a.m. to 6 p.m. Tue. - Fri.; 11 a.m. to 4 p.m. Sat.
- Mini-mall Dry Cleaners: Sun. and Mon. Closed; 9 a.m. to 5 p.m. Tues.-Sat.
- Class 6: 9 a.m. to 7 p.m. Mon. - Fri. and 11 a.m. to 6 p.m. Sat. and Sun.
- Gate 1 Express: 6:30 a.m. to 6 p.m. Mon - Fri. and closed Sat. and Sun.
- Gate 2 Express: 4:30 a.m. to 8 p.m. Mon. - Fri. and 9 a.m. to 7 p.m. Sat. and Sun.
- Exchange Food Facility temporary hours
- Starbucks: 7-11 a.m. Mon.-Sat.

See **HOURS:** Page 19

## FEATURE

# 'I BECAME A SOLDIER'

**1ST BATTALION,  
13TH INFANTRY REGIMENT**

### **SPC. DUSTIN NAJVAR, 25**

New Braunfels, Texas

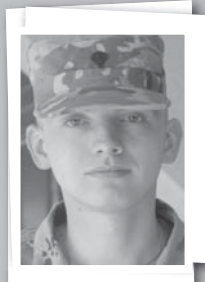
"I joined the Army to secure a future for myself."

"The Army is exactly how I thought it would be – challenging, but rewarding."

"The most difficult part of Basic Combat Training was giving up control. Before joining, I controlled every detail of my life."

"My MOS is 25B - Information Technology Specialist. I chose this MOS because I like technology as it is and I will have a great career waiting when I leave the Army."

"I look forward to Advanced Individual Training and what the Army holds for me in the future."



### **PVT. THOMAS CHUTE, 18**

Alexandria, Virginia

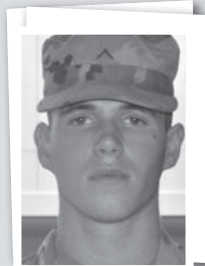
"A longtime friend who was a part of the 160th Special Operation Aviation Regiment influenced me the most into joining the Army."

"I didn't know the Army was going to be so rewarding – donning my beret at Hilton Field, standing on the shoulders of those before me gave me immense satisfaction of a job well done."

"What I found most challenging about Basic Combat Training was becoming a dynamic leader."

"My MOS is 25U - Signal Support Specialist. I chose this MOS because I've always had an interest in communication."

"I'm thankful for being in a leadership position and helping the platoon get through BCT."



### **SPC. CHRISTIAN NOBLE, 24**

Clarksville, Tennessee

"I am a third generation Soldier, so my Family; the call to serve and belong to an organization bigger than myself; and the fulfillment of my lifelong dream of becoming a U.S. Army helicopter pilot are the reasons I joined the Army."

"Because of the global pandemic, the Army experience is not what I anticipated."

"The most challenging part of Basic Combat Training was knowing how to communicate effectively with various personalities in the unit."

"My MOS is 09W - Warrant Officer Candidate. Upon the completion of (Warrant Officer School), my MOS will be a helicopter pilot. I am extremely humbled and thankful for this opportunity."



### **PFC. NEAL BURNS, 21**

Parker, Colorado

"I joined the Army to be a part of something bigger than myself while constantly bettering myself."

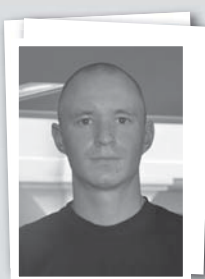
"I expected the Army to be a little harder than it actually was."

"The most challenging thing about Basic Combat Training was working with others."

Everyone comes from different backgrounds, making it challenging."

"My MOS is 13F - Joint Fire Support Specialist. I chose this MOS because it seemed fun while still challenging me physically and mentally."

"I am looking forward to Advance Individual Training so I can learn my job and get to my unit."



### **SPC. DANIEL BUSH, 35**

Macomb, Michigan

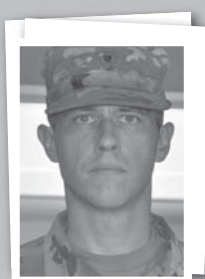
"I joined the Army because my wife is in the Army."

"The Army is what I thought it would be before joining – I knew there would be ups and downs as with anything."

"The challenging part of Basic Combat Training was dealing with other trainees."

"My MOS is 38B - Civil Affairs Specialist. I chose this MOS because of the opportunities to interact with local populations and be able to help them."

"The drill sergeants have set a standard that will not be easy to live up to."



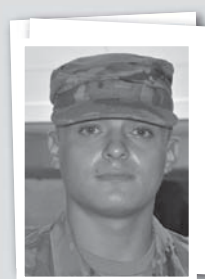
### **PFC. GUNNAR CATOE, 22**

Lugoff, South Carolina

"I joined the Army because I thought it would set up the future for me and my Family."

"The most challenging part of Basic Combat Training was trying to stay composed and positive while facing challenges."

"My MOS is 09S - Commissioned Officer Candidate. I chose this MOS because it's the best choice for me. I look forward to the friendships that will be formed."



# Nutrition initiatives aim to improve Soldiers' health, performance

By **CAPT. ELIZABETH RESSLER**  
Moncrief Army Health Clinic

Soldiers can fight and function effectively only if they have been well fueled. Lack of proper nutrition leads to poor physical and mental performance and decreased readiness. The U.S. Army Center for Initial Military Training has three main ongoing nutrition initiatives to help support trainee needs: Performance Readiness Bars or PRBs, Multivitamin with Iron, also called MVIs, and the Modular

Operational Ration Enhancement, sometimes referred to as MORE.

Performance Readiness Bars provide trainees a daily supplement of calories, protein, vitamin D, and calcium to help prevent and manage stress fractures. Stress fractures affect between 2-5 % of males and 8-21% of females during training exercises, including Basic Combat Training. Sub-optimal intakes of calcium and vitamin D may be a contributing factor to stress fracture risk. The PRB provides adequate calcium and vitamin D for

trainees during a time of high bone remodeling (process of bone resorption and formation) rates in Initial Military Training. These bars also support performance by providing additional calories and protein for recovery.

The Multivitamin with Iron provides female trainees supplemental iron to reduce risk of iron deficiency anemia. Iron deficiency occurs in roughly 19% of female trainees reporting to BCT and 53% of females graduating from BCT. This demonstrates a decrease in iron stores resulting from high-volume

training. Iron deficiency can result in anemia where the body is unable to build adequate healthy red blood cells. Anemia can lead to poor physical performance, fatigue, weakness, dizziness, shortness of breath, and irritability.

The Modular Operational Ration Enhancement provides trainees with an additional 1,000 calories, 20-30 grams of protein, carbohydrates, electrolytes, and caffeine on high-intensity training days.

See **NUTRITION**: Page 13

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**Century Lanes Bowling Center** 751-6138  
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**Hood Street CDC** 751-1972/1970  
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**Hood Street SAC** 751-1084  
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Games Begin .....1 p.m.  
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Games Begin .....11 a.m.  
Mon (Doors Open) .....3 p.m.  
Games Begin .....4 p.m.

**Weston Lake** 751-3484  
Mon-Fri.....10 a.m.-5 p.m.  
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## Nutrition

Continued from Page 9

Trainees expend several thousands of calories daily during BCT. To date, there is little research about the adequacy of the IMT menu during high levels of training, but inadequate caloric and protein intake may contribute to increased muscle breakdown. To support adequate fueling and recovery, the MORE is a short term solution to provide additional nutrients on hard training days without affecting Basic Daily Allowance limitations. Proper fueling is essential for optimal performance and readiness. The PRBs, MVI, and MORE initiatives provide trainees with essential nutrients and energy needed to support their needs during BCT and to decrease injury risk.

*(Editor's Note: Capt. Elizabeth Ressler, is the chief of Moncrief Army Health Clinic's Nutrition Care Division)*

## Forum

Continued from Page 6

Moving companies still must adhere to Center for Disease Control and Prevention COVID-19 protocols when operating in a residence, G-4 officials said. These precautions include face coverings, maintaining good hand hygiene, cleaning frequently touched surfaces, and minimizing the number of personnel to meet social distancing requirements.

If personnel choose to move their household items themselves, a new Department of Defense Joint Travel Regulation now gives them an added incentive to do a personally-procured move, or PPM.

Until Dec. 31, Soldiers authorized for a PPM can receive a payment equal to 100% of the estimated cost that the government would pay a moving company. The PPM process also provides personnel more flexibility and the option to avoid contact with outside agencies.

"All the primary things that you think about during a PCS are covered" during this AUSA family forum, Geise said. It is an opportunity for senior leaders to provide "you with information on initiatives and programs to help you during this entire process."

### CHILD CARE INITIATIVES

Providing quality and affordable child care and youth services also remains a top priority, officials said. To support, the force developed a child development center facility modernization and recapitalization plan, which will target critical CDC projects over the next five years.

The force also plans to expand its Army Fee Assistance Program to offset the cost of care at other facilities when there is no on-post child care available on installations. Families enrolled in the program receive monthly fee assistance, paid directly to a child care provider, to offset costs.

Additionally, Army officials are marketing the spouse employment opportunities of the Family Child Care, or FCC, program and project to have about 275 FCC providers across the Army by fiscal year 2021.

# Paid parental leave for federal employees

By VERAN HILL  
Fort Jackson Public Affairs

Oct. 1, marked the first day that the U.S. Government civilian workforce could utilize the Federal Employee Paid Leave Act.

“Your great contributions to this nation are why I am pleased to inform you that I recently signed into law major improvements to compensation and benefits for federal employees,” President Donald J. Trump wrote in a letter to federal employees about the December 2019, signing of the FEPLA.

According to interim rules issued by the Office of Personnel Management, federal employees meeting requirements of the Family and Medical Leave Act and who are in connection with a birth, adoption, or foster care placement of a child are entitled to 12 weeks of paid parental leave under the FEPLA.

“This parental leave is a good thing for federal employees,” said Nathaniel Shepard II, senior human resources specialist at Fort Jackson Civilian Personnel Advisory Center. “Instead of an employee using annual leave to bond with a new child in his or her family, they can now use paid parental leave.”

The Department of Defense guidance pertaining to paid parental leave for federal employees has not been published yet.

In the interim, Defense Civilian Personnel Advisory Service has authorized the Department of the Army activities to administer and manage paid parental leave consistent with regulations and guidance from the OPM.

OPM’s interim rules to implement paid parental leave under FEPLA are as follows:

Employee must have completed at least 12 months of federal service to be eligible for FMLA.

Employees will need to submit documentation to prove they’re requesting time off in connection with a birth, adoption, or foster care placement of a child



Photo by SGT. MICAH MERRILL

**Spc. Dallas Ochoa, assigned to the 2nd Infantry Brigade Combat Team, 4th Infantry Division, reunites with his daughter, Kaylynn, following a homecoming ceremony at William Bill Reed Special Event Center, Fort Carson, Colo.**

Employee must invoke FMLA unpaid leave for the FEPLA paid benefits.

The leave may not be used before the birth or placement of a child.

The leave must be used within a 12 month period after the birth or placement of a new child. There are no carryover provisions for any unused paid parental leave.

Having multiple children born or placed within the same year warrants 12 weeks of 1 leave for each event.

Having multiple children born or placed on the same day is considered a single event; thus warranting only 12 weeks of leave.

A written service agreement must be made that the em-

ployee will keep working for the employing agency for at least 12 weeks after using the leave.

Failure to complete the terms of the written service agreement for leave may result in reimbursement charges.

Appropriate fund employees taking paid parental leave should use leave code “LV” until a permanent leave code is established.

In a memorandum from Deputy Assistant Secretary of the Army (Civilian Personnel), Todd Alan, policy and implementing guidance will be finalized and distributed once DOD finalizes policy and guidance.

For more information about the FEPLA, contact the Fort Jackson CPAC at 751-1167/5063/2808.

## Action

Continued from Page 2

The Army is changing policies to reinforce our focus on people. In the coming weeks, HQDA will publish guidance on absent Soldiers to clarify that when one of our teammates fails to report for duty, we will consider them missing and take immediate action to find them. The Army Staff, in coordination with the ACOMs, will identify other necessary changes through a holistic review process. This will include a review of readiness policies (how we evaluate, track, and report readiness), maintenance policies, manning policies (particularly mid-grade NCOs), adequacy of resources for small-unit training, borrowed military manpower, and Soldier and

Family programs to support our people. The Army will align resources for Fiscal Year 2023-27 to support the Army priorities of people, readiness, and modernization.

As we implement these policy changes, Army Staff and ACOMs will identify simple, yet specific metrics to measure progress. Divisions and Brigades will routinely inspect unit systems that focus on their People including pay, awards, counseling, barracks/quarters, and physical/mental/spiritual health to ensure our focus on caring for our Soldiers and Families remains constant. Army Senior Leaders will track progress and provide guidance through routine updates.

These changes are aimed at achieving trust throughout the chain of command. We trust commanders and leaders at every level to prioritize and focus your units and Soldiers.

From ready people we will create a ready Army!

## Riders

Continued from Page 10

The T-CLOCK inspection checklist was devised by the Motorcycle Safety Foundation for inspecting your motorcycle to make sure there aren’t any equipment or mechanical hazards. T-CLOCK stands for tires and wheels, controls, lights and electrics, oil and fluids, chassis, and kickstand.

The assembled group was broken up by battalions and less-seasoned riders gave a class on T-CLOCK inspections to the rest of the group. More seasoned rid-

ers watched and gave input so everyone walked away feeling more comfortable with the process. The event also included food trucks, music, corn hole, and trophies for those who received the most votes for best cruiser, best street bike, and loudest pipes, to name a few. There was also a slow-ride competition, challenging riders’ control at a slow speed.

After all the inspections were completed and all the trophies handed out, all the participants who brought their motorcycles staged in the parking lot to take off on their check ride. Almost two dozen motorcycles roared out of the parking lot, safely staggered, and onto Fort Jackson streets.

# Saluting this BCT cycle's honorees



**Staff Sgt. Kyle Clark**  
Alpha Company  
1st Battalion, 13th  
Infantry Regiment

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Pfc. Zach Scheverlein

**SOLDIER OF THE CYCLE**  
Spc. Dustin Najvar

**CLARK**



**Staff Sgt. Ricardo Vargas**  
Bravo Company  
1st Battalion, 13th  
Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**  
Pvt. Thomas Chute

**SOLDIER OF THE CYCLE**  
Spc. Christian Noble

**VARGAS**



**Sgt. 1st Class Cory Ellison**  
Charlie Company  
1st Battalion, 13th  
Infantry Regiment

**SOLDIER LEADER OF THE CYCLE**  
Spc. Daniel Bush

**SOLDIER OF THE CYCLE**  
Pfc. Neal Burns

**ELLISON**



**Sgt. 1st Class Antonio Rivera**  
Delta Company  
1st Battalion, 13th  
Infantry Regiment

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Pfc. Gunnar Catoe

**SOLDIER OF THE CYCLE**  
Pfc. Shane Gamboa

**RIVERA**



**Staff Sgt. Helmut Kallmann**  
Echo Company  
1st Battalion, 13th  
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# NEWS

## Scams

Continued from Page 4

### IDENTITY THEFT

He also called on the community to beware of identity theft.

To protect against identity theft, request your credit report but only go through annual-creditreport.com, Wright said. Now under CO-

VID-19, people can get credit report updates weekly. He advised using fraud alerts which lasts a year and alerts businesses that may be viewing your report to take extra steps to verify your identity.

“For victims, you can use extended fraud alert which lasts seven years,” he said. A special option for military personnel who are deployed is active duty alert. A service member needs to show proof of military status and then they will be removed from prescreened credit

offers for two years. Finally, people can use a security freeze. This is done through Experian, TransUnion and Equifax. This free tool lets you restrict access to your credit report, which in turn makes it more difficult for identify theft.

If you have become a victim of identity theft, call (800) 922-1594 or go visit: [www.consumer.sc.gov](http://www.consumer.sc.gov) to report it.

He ended the class with some examples of local holiday scams in the area, such as Secret Sister scam on Facebook where crooks

are looking for people to buy a gift and then steal your personal identity. Another local one involves people claiming to be from Dominion Energy and scaring people about needing a payment or their electricity will be cut off. His office has also learned about websites where you think you are buying a face mask but it is never delivered, and fake testing sites for COVID-19. For more information on holiday scams call the S.C. Department of Consumer Affairs at (803) 734-4241.



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**every vote counts.**

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- Get an application at [scVOTES.gov](http://scVOTES.gov) OR your county elections office.
- Return your application to your county elections office by email, fax, mail or in person as soon as possible and no later than **Oct 24th**.
- Return your ballot in person OR by mail.
- Mail your ballot as soon as possible and at least a week before election day. Track your ballot at [scVOTES.gov](http://scVOTES.gov).
- Your county elections office must receive your ballot by **7 p.m. on Nov 3rd**.

Learn more about absentee voting at [scVOTES.gov](http://scVOTES.gov)

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ELECTION COMMISSION**



## GET TESTED.

If you are out and about in the community, around others, or not able to socially distance or wear a mask, DHEC recommends that you get tested at least once a month.



**FIND A TESTING LOCATION NEAR YOU.**

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[scdhec.gov/COVID19](http://scdhec.gov/COVID19)  
**FIGHT THE SPREAD.**

CR-012830 9/20

**Event**

Continued from Page 3

Wise said of this year's changes, "... a lot of times things looked bleak, but having an event such as this really makes it worthwhile, seeing the people come out and be able to celebrate community – especially during times when people see a lot of things going on around us."

"This is just a great opportunity for the law enforcement and fire and EMS and all of us to come together and our local partners, and just celebrate community," he added. "I think it's important that we do that now more than ever so that we can push forward and get through this pandemic to bigger and better things. It's just great to be able to have time to celebrate families."



**A worker makes funnel cakes at one of the food trucks during National Night Out, Oct. 6.**

*Photo by JOSIE CARLSON*

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Wanted: Housekeeper for private home 6-8 hours a week. Background check required. Home is located vicinity Lower Richland Blvd. and Leesburg RD., Hopkins, SC. Contact Bill (803) 319-5740, between 9:00 AM and 7:00 PM.

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### Yard & Estate Sales

**LARGE SALE.** Multiple Items. Friday 8:00-3:00; Saturday 8:00-1:00. 207 Christmas Place, Camden.

**Southern Oaks Neighborhood Yard Sale!** Saturday, October 17th, 2020, 7am-Noon. Located right off of Black River Road in Camden.

## Items for Sale

### Wanted to Buy

Buying Old Baseball, Football, Hockey, Basketball Cards & Memorabilia, Autographs, Movie Posters  
Text or Call Brian 630-809-9012

### General Merchandise

**AT&T Internet.** Starting at \$40/month w/12-mo agmt. Includes 1 TB of data per month. Get More For Your High-Speed Internet Thing. Ask us how to bundle and SAVE! Geo & svc restrictions apply. Call us today 1-855-724-3001.

**BIG DEAL MATTRESS WAREHOUSE** Lowest Mattress Prices. 803-238-6288.

[bigdealwarehouse.com](http://bigdealwarehouse.com)  
**BRING THIS AD TO GET \$10 OFF YOUR MATTRESS PURCHASE!**

**DIRECTV - Switch and Save!** \$49.99/month. Select All-Included Package. 155 Channels. 1000s of Shows/Movies On Demand. FREE Genie HD DVR Upgrade. Premium movie channels. FREE for 3 mos! Call 1-844-624-1107.

**DIRECTV NOW.** No Satellite Needed. \$40/month. 65 Channels. Stream Breaking News. Live Events, Sports & On Demand Titles. No Annual Contract. No Commitment. CALL 1-877-378-0180.

**DISH Network.** \$59.99 for 190 Channels! Blazing Fast Internet. \$19.99/mo. (where available.) Switch & Get a FREE \$100 Visa Gift Card. FREE Voice Remote. FREE HD DVR. FREE Streaming on ALL Devices. Call today! 1-877-542-0759.

**Earthlink High Speed Internet.** As Low As \$14.95/month (for the first 3 months). Reliable High Speed Fiber Optic Technology. Stream Videos, Music and More! Call Earthlink Today 1-877-649-9469.

**Eliminate gutter cleaning forever!** LeafFilter, the most advanced debris-blocking gutter protection. Schedule a FREE LeafFilter estimate today. 15% off Entire Purchase. 10% Senior & Military Discounts. Call 1-855-875-2449

**GENERAC Standby Generators.** The weather is increasingly unpredictable. Be prepared for power outages. FREE 7-year extended warranty (\$695 value) Schedule your FREE in-home assessment today. Call 1-844-775-0366 Special financing for qualified customers.

**NEED NEW FLOORING?** Call Empire Today to schedule a FREE in-home estimate on Carpeting & Flooring. Call Today! 844-254-3873

**OXYGEN - Anytime, Anywhere.** No tanks to refill. No deliveries. The All-New Inogen One G4 is only 2.8 pounds! FAA approved! FREE info kit. 833-833-1650.

Two great new offers from AT&T Wireless! Ask how to get the new iPhone 11 or Next Generation Samsung Galaxy S10e ON US with AT&T's Buy One Give One offer. While supplies last! CALL 1-855-928-2915

Up to \$15,000.00 of GUARANTEED Life Insurance! No medical exam or health questions. Cash to help pay funeral and other final expenses. Call Physicians Life Insurance Company - 855-837-7719 or visit [www.Life55plus.info/scan](http://www.Life55plus.info/scan)

**Viasat Satellite Internet** Up to 12 Mbps Plans starting at \$30/month. Our Fastest Speeds (up to 50 Mbps) & Unlimited Data Plans Start at \$100/Month. Call Viasat today! 1-866-463-8950.

## Services

### Business Services

James Towing LLC \*roadservice1648@gmail.com

803-333-9000 - Ever need a tow, we got you. \*24 hour roadside \*Locked \*Jump Start \*Tire Changes \*Accidents \*Storage Houses Moved. You call it, we got it.

## Home Repairs & Improvement

\*\*\*\*Decks Unlimited of Camden, LLC. For all your new construction, home improvement or recreational needs. Free estimates. Licensed/Insured. 803-309-2303/803-243-2654

\*\*\*\*Jim's Home Maintenance Providing Reliable and Affordable Services in Kershaw County. Over 25 years experience in Lawn Maintenance and Home Improvement(Power Washing, Small Home Repairs, Gutter Cleaning, Replacement Windows & Shingles & Roofing Repairs). FREE ESTIMATES. Licensed & Insured. (845)548-0529

\*\*\*\*Rogers Septic Tank Service 24 Hours - Anytime Day or Night. 803-669-7194; 803-309-2303 or 803-243-2654.

\*\*\*\*Toby W. Butler - Roof Leaks Fixed. Roofing, siding, painting, and carpentry work. Over 20 years experience. All work with written guarantee. Licensed & Bonded. Call (803)201-2473.

Charles R. Griffin, Sr. Home Improvement. Locally owned. Free Estimates. Residential & Commercial. Roofing, Seamless Gutters/Cleaning, Replacement Windows, Vinyl Siding, Decks, Carpentry, Additions. 803-572-1168.

**EXTERIOR GUTTERS & HOME IMPROVEMENT.** 6" seamless GUTTERS & all other exterior remodeling. [dreamgutters.com](http://dreamgutters.com). 803-425-7160.

**LOWEST PRICES ON GUTTERS- GUARANTEED!**

Residential & Commercial Maintenance, Kitchen & Bathroom Repairs, Interior & Exterior Repairs, Painting and More. 803-513-0856.

Who has been painting for you in Kershaw County since 1969? Me, Darrell McAvoy. Call me and I'll put my experience to work for you. (803)438-2299 or 803-669-5874

## Lawn Care/Tree Service

\*\*\*A Notch Above Tree Care. Top Quality Service-Lowest Prices. Licensed//Insured. BBB accredited. Call 803-983-9721 or 803-669-3414 and save. Free Mulch.

## BARNHILL'S TREE SERVICE.

Tree trimming & removal. Reasonable, Reliable, Licensed & Bonded. Free Estimates. 425-7368.

## Jobs

### Drivers Wanted

**ADVERTISE YOUR DRIVER JOBS** in 99 S.C. newspapers for only \$375. Your 25-word classified ad will reach more than 2.1 million readers. Call Randall Savelly at the S.C. Newspaper Network, 1-888-727-7377.

### Help Wanted

Part-time housekeeper/organizer needed 2-3 days/wk. Must have own transportation. Call 420-4753.

Team Member to work in Drapery Workroom assisting with fabrication of window treatments. Some sewing machine experience required. Training provided on fabrication methods. Ability to work with others a must. Call 803 432 6537

**TRAIN ONLINE TO DO MEDICAL BILLING!** Become a Medical Office Professional online at CTI! Get Trained, Certified & ready to work in months! Call 855-965-0799 (M-F 8am-6pm ET)

## Real Estate

### Homes For Sale

\*For Sale-Awesome homes at Lake Wateree/Camden/Lugoff & Elgin areas. View [www.graham-realtyinc.com](http://www.graham-realtyinc.com) or call (803)432-7370/(803)432-0855. Graham Realty, Inc., 519 E. DeKalb St.(Camden)

## Land/Lots For Sale

National Land Realty is offering 49.34 +/- acres with two docks and many lakefront opportunities for an asking price of \$575,000. This acreage could allow you to subdivide one portion to resell and still re-gain enough capital to build your own private lake home on one of the smaller portions! With over 690 feet of frontage on Lake Wateree, numerous recreational opportunities such as sailing, boating, fishing and hunting are all possible. Owner is also willing to subdivide. Bring any reasonable offers. For more information contact the Listing Agent, Nick Ardis, at (803)236-8411 or [nardis@nationalland.com](mailto:nardis@nationalland.com) today.

## Auctions

**ADVERTISE YOUR AUCTION** in 99 S.C. newspapers for only \$375. Your 25-word classified ad will reach more than 2.1 million readers. Call Randall Savelly at the S.C. Newspaper Network, 1-888-727-7377

**Landmark Resources LLC**  
Real Estate since 1983  
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**— FOR RENT —**

<b>DOWNTOWN</b>		
111 Canal Place Circle	2/2	\$1300
1100 Bluff Road, #504	2/2	\$1375
<b>FOREST ACRES</b>		
1825 St. Julian's Place, #11-1	2/2	\$1175
<b>IRMO</b>		
203 Rutledge Place	3/1.5	\$900
<b>LXINGTON</b>		
129 Hammock Drive	3/2.5	\$1800
<b>NORTHEAST</b>		
208 Shallow Brook Drive	4/3	\$2300
17 Newnorth Court	3/2	\$1250
<b>NORTH COLUMBIA</b>		
1602 Cleveland Street	3/1	\$600
3704 Palmetto Avenue	3/2	\$1250
<b>ROSEWOOD/SHANDON</b>		
2616B Cypress Street	2/1	\$535
10 Magnolia Glen Lane	2/2.5	\$1025
824 Meadow Street	3/2	\$1600
2506 Cypress Street	4/2	\$2100
<b>USC</b>		
1600 Park Circle, #1201 Penthouse		\$1500
Studio — 3 BRs near USC for		\$675(+)
<b>WEST COLUMBIA/CAYCE/GASTON</b>		
210 Augusta Road	2/1	\$775
<b>— FOR SALE —</b>		
1825 St. Julian Place, #11-1 1/1 \$104,900		
<b><a href="http://www.landmarkresources.biz">www.landmarkresources.biz</a></b>		
1516 Richland Street Columbia, SC 29201 <a href="http://rentals@landmarkresources.biz">rentals@landmarkresources.biz</a>		

# CLOSURES AND HOURS

## Hours

Continued from Page 7

- Boston Market: 11 a.m. to 3 p.m.
- Arby's: 11 a.m. to 3 p.m.
- Qdoba: 11 a.m. to 6:30 p.m.
- Charley's: 11 a.m. to 6:30 p.m.
- Popeye's: 11 a.m. to 7 p.m.
- Burger King: 7 a.m. to 7 p.m. Mon.-Fri.; and 11 a.m. to 7 p.m. Sat. and Sun.

AAFES food establishments have limited indoor and outdoor seating available.

### COMMISSARY HOURS

- Sun. 11 a.m. - noon 65 and older and immunocompromised
- Noon - 6 p.m. all authorized patrons
- Mon. Closed
- Tue. 7:30 a.m. - 9 a.m. 65 and older and immunocompromised
- 9 a.m. - 8 p.m. all authorized patrons
- Wed.- Thur. 10 - 11 a.m. 65 and older and immunocompromised
- 11a.m. - 8 p.m. all authorized patrons
- Fri. 7:30- 9 a.m. 65 and older and immunocompromised
- 9 a.m. - 8 p.m. all authorized patrons

- Sat. 9-10 a.m. 65 and older and immunocompromised
  - 10 a.m. - 8 p.m. all authorized patrons
- There is no transaction limit, but restrictions on high-demand essentials will remain in place until further notice.

### DENTAL CLINIC

Caldwell and Hagen Dental clinics are open. Oliver and Oral Surgery Dental Clinics are temporarily closed. Caldwell Dental Clinic is located at Bldg. 4950, Strom Thurmond Blvd. Front Desk/Appointments: 751-5178/6017/5529.

### LEGAL ASSISTANCE OFFICE

The Fort Jackson Legal Assistance Office will take in-person appointments Tuesdays, Wednesdays and Thursdays to active-duty service members and their dependents.

### RECYCLING CENTER

The Recycle Center will open with limited operations to support Fort Jackson units on Tuesdays and Fridays from 7 a.m. to 2 p.m.

### ID Facility

Retirees and their beneficiaries will have access to the installation and all available services on Sunday, Monday, Tuesday, Friday and Saturday. Exceptions

include the following: The ID Card Facility will remain open daily by appointment only, with walk-in appointments accepted for lost or expiring ID cards.

### MONCRIEF ARMY HEALTH CLINIC

#### Acute Care Clinic

- 6 - 11 a.m. for advanced respiratory COVID screening only
- 11 a.m. to 10 p.m. for all other acute care issues.

#### Medical

MEDDAC will provide retiree enrolled beneficiaries their medical benefits at the Moncrief Medical Home. This applies to retiree beneficiaries who normally receive their health care at Moncrief Army Health Clinic on Fort Jackson. Moncrief Army Health Clinic will remain open every day to those retirees who live in waterfall housing on Fort Jackson, active duty service members, and their dependents.

#### Child, Youth Services

Child Development Center (CDC) and CYS programs open for mission essential personnel only.

#### Army Community Services

- Classes and workshops are canceled or

postponed.

- The Lending Closet is closed.

#### Fort Jackson Museums

All four Fort Jackson museums are closed

#### Fort Jackson Family Homes

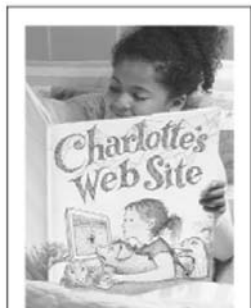
- Routine and preventative maintenance work orders are being fulfilled
- Community amenities, common areas and fitness centers
- LifeWorks events canceled
- Workers possibly utilizing gloves and masks when in homes and in business transactions
- Offices open for business-essential purposes only

#### Taxi and COMET transportation

Taxi and COMET bus service on to Fort Jackson has been suspended

#### Religious Support Office

Fort Jackson Chaplain Family Life Center is open 9 a.m. to 5 p.m. The Chaplain Family Life Center provides marriage, family, and individual counseling to service members, Family members, DOD employees and retirees. All counseling at the Family Life Center is confidential. Call 751-4966 for appointment.



By 6th grade, an alarming number of girls lose interest in math, science & technology. Which means they won't qualify for most future jobs. That's why parents have to keep their interest alive, in every way we can.

It's her future. Do the math.  
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Consumer Cash Back!

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All offers with approved credit. 0% apr 72 month financing, \$13.89 per thousand borrowed, down payment may vary. lus tax tag and closing fee.

**MILITARY BONUS CASH**  
\$500 CASH ALLOWANCE

**ADVENTURE DAYS**



New 2020  
**JEEP RENEGADE**

**\$249 PER MONTH**  
**\$0 DOWN!**

**You Own It! Not A Lease!**

Offer with approved credit, 84 month financing, 4.99 apr plus tax tag \$589 closing fee included.

EXCELLENT  
94% RECOMMENDED  
**4.7** ★★★★★  
742 Lifetime Reviews

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**TODAY'S THE DAY!**

NEW '20 Toyota RAV-4 LE



**\$199** PER MONTH LEASE

**\$239** PER MONTH LEASE

EXCELLENT  
99% RECOMMENDED  
**4.8** ★★★★★  
2,296 Lifetime Reviews

All offers with approved credit plus tax tag title registration and includes \$589 closing fee. Camry with \$3498 due at inception, RAV4 with \$3538 due at inception, no security deposit, expires 10/31/20

**\$500 REBATE** to all active duty and reserve who purchase or lease a new Toyota Expires 10/31/20.



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Vehicle best price guarantee against any other new Ford Dealer in SC/NC. on exact vehicle in dealer stock. documentation required, dealer reserves right to purchase vehicle from competing dealer then resale to consumer at a savings.



**NEW 2020 FORD ECOSPORT S**

As Low As  
**\$16,118**

**\$500 FORD MILITARY REBATE** Saluting Those Who Serve



Offers with approved credit, prices include all Ford incentives plus tax tag and include \$589 closing fee.



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