

Toys for Tots & Trees for Troops Firefighters earn Lifesaving Award Managing holiday stress

# Commissary Holiday Hours: Dec 20-26



Sunday 12/20: Closed Monday 12/21: 9:30 a.m. - 6 p.m. Tuesday 12/22: 9:30 a.m. - 6 p.m. Wednesday 12/23: 9:30 a.m. - 6 p.m. Thursday 12/24: 9:30 a.m. - 6 p.m. Friday 12/25: Closed Saturday 12/26: 8:30 a.m. - 5 p.m.

# **On The Cover:**

#### Cover photo by: Laurie Pearson

Santa Claus, wearing a proper mask, invites children and adults alike to discuss their Christmas wish lists at the Trees for Troops event held aboard Marine Corps Logistics Base Barstow, California, Dec. 4. While Santa and one of his elves chatted with children and their families, the USO offered refreshments, High Desert Marines offered toys, and Marine Corps Community Services offered trees to active duty personnel and their families.



Marine Corps Logistics Base Barstow, California Colonel Craig C. Clemans, commanding officer Sgt. Maj. Edward C. Kretschmer, base sergeant major

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# On the web

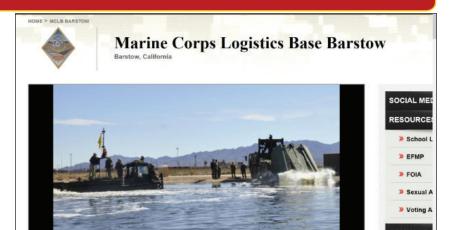
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Website: <u>http://www.mclbbarstow.marines.mil</u>

<u>http://www.facebook.com/pages/</u> <u>Marine-Corps-Logistics-Base-MCLB-</u> <u>Barstow/116845431679314</u>

http://www.twitter.com/#!/MCLB\_Barstow







Members of the Hydraulics Shop, Production Plant Barstow, Marine Depot Maintenance Command, join together again this year to donate 17 bicycles to the Toys for Tots campaign held aboard Marine Corps Logistics Base Barstow, California, Dec. 8. James Padilla, hydraulic mechanic, organizes the event every year and with the help of Jose Rivera, hydraulic mechanic, they gather donations from 14 shop members, then loaded all 17 bikes onto a truck and delivered them Photo courtesy: Production Plant Barstow

to the Marines and firefighters at the front gate of the base where they were gathering toys and monetary donations for the campaign every Tuesday morning in December. The bicycles and toys will be delivered to children in need in the High Desert area by Christmas. In an especially challenging year, the kindness and generosity of the members of the Hydraulics Shop, as well as everyone else who donated to this cause shines like a beacon of hope for those in need.

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#### All Hands,

In consultation with Weed Community Army Hospital officials, clarification regarding ISOLATION vs QUARANTINE is provided below:

- When an individual tests positive for COVID-19, they are to be ISOLATED for 10 days.
- When an individual is in "direct contact" \*\*meaning <6 feet apart for greater than 15 minutes \*\* with a person who tests positive for COVID, the direct contact is to QUARANTINE for 14 days. The QUARANTINE period is longer because some individuals on QUARANTINE develop symptoms on day 10 or 12 and then test positive for COVID.
- A patient cannot "test" out of QUARANTINE: if someone was in direct contact with another person who tested positive, the direct contact cannot be tested to determine if they can remain at work versus QUARANTINE – they must be QUARANTINED for 14 days if they meet the criteria for direct contact.

#### Guidance from MCI-West states:

- The Regional Stay at Home Order does not extend to Marine Corps Installations and tenant commands operating on them because they are activities critical to our national defense.
- The Order is instructive to our actions in safeguarding our force, families, installations and activities.
- Strong command leadership and personal responsibility are each required to stop the spread of the virus.
  - 1. Get tested if you have symptoms
  - 2. Maintain social distance
  - 3. Avoid non-essential travel
  - 4. Avoid large indoor gatherings to include
  - holiday parties and social events.
- We will ... continue to balance the needs of force readiness, the health and safety of the force and families, and our obligation to help stop the spread of COVID-19.

#### From HR, as reminder regarding time off work:

Emergency Paid Sick Leave (EPSL) under FFCRA (not employees own sick leave; in essence free sick leave) Qualifying reasons: An employee qualifies for EPSL when unable to work/telework because he or she:

(a) Is subject to a federal, state, or local quarantine

or isolation order related to COVID-19;

(b) Has been advised by a health care provider to self-quarantine due to concerns related to COVID-19

(c) Is experiencing COVID-19 symptoms and seeking a medical diagnosis;

(d) Is caring for an individual subject to a federal, state, or local quarantine or isolation order related to COVID-19, or who has been advised by a health care provider to self-quarantine due to concerns related to COVID-19;

(e) Is caring for his or her child whose school or place of care is closed (or childcare provider is unavailable) due to COVID-19 precautions; or

(f) Is experiencing any other substantially similar condition specified by the Dept. of Health and Human Services. As of 14 April 2020, HHS has not identified such condition.

Should the employee's absence continue beyond the allowed 80 hours of EPSL, the employee should use his/her own sick leave. Sick leave covers a period of sickness, as provided in 5 CFR 630.401(a) (2). Agencies must grant sick leave when an illness, such as COVID-19, prevents an employee from performing work. Supervisors are encouraged to advance sick leave, upon the employee's request, if the requesting employee does not have a sufficient balance to cover the time off requested.

As a note, if an employee utilizes the EPSL for childcare

4 and subsequently contracted COVID-19, an additional eighty (80) hours is NOT authorized; the 80 hours is a one-time use for either childcare or COVID-19 related issues.

#### Weather and Safety Leave: Weather and safety

leave is granted, based on a determination that employees cannot safely travel to, or perform work, at their regular worksite, a telework site, or other approved location because of severe weather, natural disaster, or another emergency situation. (5 U.S.C. 6329c). Childcare and caring for another under quarantine or isolation order are NOT qualifying reasons



Official U.S. Marine Corps photo

for Weather and Safety leave. Accordingly, employees with childcare responsibilities who are ineligible for telework would have to use their accrued leave if they have exhausted EPSL for quarantine as in this scenario.

When is weather and safety leave authorized? A DoD Component may authorize Weather and Safety Leave to a civilian employee under the following circumstances:

1. The employee is asymptomatic of COVID-19 and subject to movement restrictions (i.e. quarantine or isolation) under the direction of public health authorities.

2. The employee is asymptomatic and directed by a medical professional, public health authority, commander, or supervisor, to not report to the worksite. Note that a commander or supervisor may direct the employee to stay home because of possible exposure or because the employee shows symptoms that might be COVID-19. 3. The employee is asymptomatic and at higher risk to COVID-19 as identified by the CDC and not telework eligible. Please review the OMB memorandum,

4. Other circumstances when an employee is not able to safely travel to

or perform work at an approved location. Weather and Safety Leave is NOT an entitlement and must be approved by a supervisor. Where an employee is telework-ready, weather and safety leave is generally not appropriate. Additionally, weather and safety leave is extremely limited for employees designated as emergency employees under 5 C.F.R. 630.1605(b).

Administrative Leave:

The duration of any such excused absence (administrative leave) is dependent on the specific circumstances but is typically a short period. Placing an employee on excused absence (administrative leave) is fully within an agency's discretion and does not require the consent or request of the employee. Supervisors should not place an employee on excused absence (administrative leave) without first consulting with their human resources (HR) staff and general counsel to review agency policy, collective bargaining agreements, and applicable law with respect to any applicable collective bargaining provisions. Excused absence (administrative leave) may be used if other options are exhausted and if it is necessary to prevent an employee from being at the worksite and putting other employees at risk before a supervisor can appropriately place an employee on enforced leave or indefinite suspension.

Thank you for staying mission focused ... and safe! V/r,

Col Craig C. Clemans, USMC Commanding Officer, MCLB Barstow



# Four Firefighters get Lifesaving Award

**Story and photos by: Keith Hayes** COMMSTRAT Planner

Captain/Paramedic Robert Manz, Firefighter/Paramedic Kori Wymore, Firefighter Jason Shipe, and Firefighter Michael Hearons, were presented with the Department of Defense Lifesaving Award in a ceremony in front of Fire Station 401 aboard Marine Corps Logistics Base Barstow, California, December 4.

Assistant Fire Chief Greg Kunkel, who prepared the package submitted for consideration for the award, read how the four firefighters assigned to Medic Engine 401 from the base were called to a Newberry Springs address the evening of August 10 in response to an injured officer and a wounded suspect.

Kunkel described how two sheriff deputies had responded to the address to handle a domestic disturbance call. As one deputy was getting out of his patrol unit, the suspect rushed from the darkened tree line with a machete and slashed both forearms of the 28-year-old officer who didn't have time to draw his service weapon to defend himself.

The suspect was then shot three times by the injured deputy's partner, the bullets hitting the suspect in the lower abdomen, his left leg, and his right elbow.

More deputies arriving at the scene in response to the "officer down" call had applied tourniquets to both arms of the deputy to stop the flow of blood, which by this time had amounted to a loss of more than a quart.

The arriving paramedics also assisted the civilian ambulance crew in administering to the injured suspect who was suffering from internal bleeding.

While the civilian ambulance transported the injured suspect to Arrowhead Regional Medical Center, the firefighters accompanying them had to start an intravenous fluid drip on the individual because he had gone into shock while his blood pressure dropped because of internal bleeding and he was becoming unresponsive.

Because of those efforts the suspect survived to make it the hospital's trauma unit and undergo abdominal surgery to save his life.

The tourniquets applied by the

deputies along with the efforts of the paramedics and EMTs allowed the officer to survive, and he was released from the hospital a few days later. The deputy has to undergo rehabilitation and recovery for his damaged muscles, but he suffered no nerve damage.

The suspect underwent several surgeries but is alive and will face what comes next in the judicial system.

"Often we get caught up with personal feelings of good guy versus bad guy," Kunkel said during the award ceremony. "The crew of Medic Engine 401 did not display any prejudice that evening. They treated their patients with professionalism and dignity regardless of extenuating circumstances. All of this displays the attitude and skillset that sets MCLB Fire and Emergency Services apart from the rest."

"I'm proud of this organization because it strives for excellence," Chief Paul Purdy told the audience. "We don't settle for less. That's why we are one of the frontrunners in the Marine Corps Fire and Emergency Services and the DoD. Our dedication to strive for excellence makes us who we are. We are the masters of our craft. We don't have the luxury of making mistakes when it comes to saving lives."

The firefighters themselves all talked of how they worked as a team with the other deputies and the civilian ambulance crew to make a difference and save lives.

"I realized this call might be different because it was a first responder who was injured," Wymore said, "but we just did our job the way we were trained."

There was some concern that that might be other unknown assailants at the scene, Hearons said.

"There were by that time three other deputies on the scene and they assured me there weren't any other possible assailants. We were there to do a job and we did it," he said.

Captain Robert Manz as the senior responder on the scene took control of the situation.

"My job is to make sure the scene is safe for my co-workers so that they can do what needs to be done. I took



Jason Shipe, Robert Manz, Kori Wymore, and Michael Hearons, display their Department of Defense Lifesaving Awards flanked by Fire Chief Paul Purdy, Security and Emergency Services acting director Mark Machado, and Assistant Fire Chief Greg Kunkel, following a presentation ceremony aboard Marine Corps Logistics Base Barstow, California, December 4.

command and we did our job," he said.

Shipe was concerned about the horrific nature of the machete wounds suffered by the deputy, but he did not let that keep him from doing what he had to do.

"I know the wound was pretty gnarly to the deputy, but we did what we were trained to do with my co-workers to save not only the deputy's life but that of the alleged assailant," he said.

While others may wonder if they really make a difference in peoples' lives, Hearons said he and his co-workers have found a profession that really does affect the quality of life for the people they help.

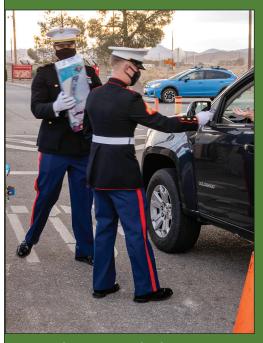
Working as a member of a team composed of firefighters, civilian EMTs and law enforcement makes all the difference when they work toward a single goal, Shipe said.

"If we hadn't pulled together and performed as a team, as we do in everything, it would not have turned out the way that it did," he said.

"A kind of call like this justifies my feelings of why I went in to this field of work in the first place, to help people," Wymore said.

"Exemplary actions in the face of extreme pressure is the result of superior training. I hold our firefighters and first responders in the highest regard for their discipline and calm under duress. We are fortunate to have such professionals watching over MCLB and protecting us all," concluded Col. Craig C. Clemans, commander, MCLB Barstow.





Captain Christian Lara, headquarters company commander, accepts another new, unwrapped toy from a base employee as Cpl. Phillip Wiggins, supply clerk, First Force Storage Battalion, hands the driver a Toys for Tots wristband at the front gate of Marine Corps Logistics Base Barstow, Calif., Dec. 8.



# **Trees for Troops and Toys fo**

Compiled by: COMMSTRAT staff

# **Toys for Tots**

The Toys for Tots drive has three donation days at the front gate of Marine Corps Logistics Base Barstow this year which began the first Tuesday after Thanksgiving. Thank you again for those whom donated so far this season. Thank you, also, to MCLB Barstow Fire and Emergency Services for helping to man the front gate alongside the Marines in their effort to collect toys for the campaign.

The giving spirit is strong with base employees as TFT coordinator Gunnery Sgt. Ricardo Martinez reports on the gratifying results so far this year:

# Total collections for Toys for Tots

Tuesdays so far in 2020: Toys: 163 Stocking Stuffers: 58 Books: 1 Bikes: 22 Monetary donations: \$1490.57

The Toys for Tots Campaign serves more than a dozen nonprofit organizations benefiting 2,575 children so far this season. We will be at the front gate of MCLB Barstow one last time on Tuesday December 15 for toy donations. Toys can also be dropped off at the Marine Corps Exchange. All funds donated are directly forwarded to the Marine Corps Reserve Toys for Tots Foundation and will aid the campaign for purchasing more toys. All donations will help meet our demand especially this year with the hardships imposed by the ongoing pandemic.

For further information contact GySgt Martinez 760-577-6194.



Firefi dona head held Barsi





Colonel Craig C. Clemans, commander, Marine Corps Logistics Base Barstow, Caliofrnia, stands with fellow Marines and members of Security and Emergency Services Department to collect toys for the Toys for Tots program at the front gate of MCLB Barstow, Dec. 8.



Staff Sergeant Michael Seabra, communications chief with M and his family enjoy an afternoon procuring toys, stuffed stoc. Trees for Troops event held aboard Marine Corps Logistics event, sponsored by Marine Corps Community Services, the Marines offers an opportunity for active duty military pers of holiday cheer and provides them with the trees and other i

# or Tots: Ring in the holidays



ghter Steve Holland takes a child-sized bicycle ted by James Maher, Behavioral Health section , during the final Toys for Tots collection event at the front gate of Marine Corps Logistics Base ow, Calif., Dec. 15.



Three-year-old Everly Spruill, daughter of U.S. Army Chief Warrant Officer Michael Spruill and his wife Tracy Jo, tells Santa and all about her wish for "an Eeyore wearing a Santa hat and a flamingo that goes potty," during the annual Trees for Troops event held aboard Marine Corps Logistics Base Barstow, California, Dec. 4.



Santa Claus poses with Floyd Foster, High Desert Marines commander and 9-year-old Ruben Garcia, Jr., son of Staff Sgt. Ruben Garcia, First Force Storage Battalion, who received a bicycle during the Trees for Troops event held at the Desert View Housing Community Center aboard Marine Corps Logistics Base Barstow, California, Dec. 4. The High Desert Marines donated hundreds of items to include toys, stocking stuffers and bicycles for active duty military personnel and their families





Aarine Depot Maintenance Command, kings and Christmas trees at the annual Base Barstow, California, Dec. 4. The e Bob Hope USO and the High Desert onnel and their families to enjoy a bit tems as a thank you for their service.

# **Trees for Troops**

The annual Trees for Troops event allowed Marine Corps Community Services and sponsors, organized by Sergeant Major Edward Kretschmer, to give back to the patrons they serve aboard Marine Corps Logistics Base Barstow, California, Dec. 4.

"It's a way to show appreciation for the sacrifices that they (active duty military personnel and their families) make for us every day," said Angelica Benavidez, MCCS Barstow Operations officer. "I think all of our events provide excellent opportunities for them to socialize and get to know the base community better. It also allows us the opportunity to provide them with information about all of the services we provide on the installation."

During the event the USO provided beverages and pastries as well as performers singing via the internet. Members from FOCUS and High Desert Marines provided goodie bags, stuffed stockings and a variety of toys for all ages, for children and parents to choose from. Santa and his elf were also present for socially distanced photos.

Each family also got to select a Christmas tree and wreath to decorate their homes for the holidays.

# Tips to help manage holiday stress during COVID-19

#### **Submitted by: Ann Marie O'Brien** Registered Nurse Director, health engagement strategies United Healthcare

Feeling stressed? You're not alone. Stress levels are rising due to the COVID-19 pandemic and the numerous disruptions in our daily lives.

The American Psychological Association recently reported that "we are facing a national mental health crisis that could yield serious health and social consequences for years to come." And it's not just adults who are feeling it. The report reveals that our children are "facing unprecedented uncertainty, are experiencing elevated stress, and are already reporting symptoms of depression."

Although a modest amount of stress is normal, high levels of stress can be dangerous to your health and may contribute to serious health problems such as high blood pressure, heart disease, diabetes, anxiety and depression. Therefore, make sure to keep a close eye on your well-being and the well-being of your loved ones during the holidays.

It's true, there is no magic bullet to make stress disappear forever, but we can take action to help reduce stress. Here is a list of tips that may reduce your stress and lead to a more enjoyable holiday season. relievers. Financial pressures and personal demands are two common triggers. Also, beware of unhealthy stress relievers. Holiday stress may cause some people to fall into bad habits such as smoking, driabing on acting t

drinking or eating too much. Give yourself a break. While doing things for others, it's easy to forget to take care of ourselves. If you feel stress building up, take a break for a few minutes. Listening to calming music, taking time to watch a movie, or just getting away to take a brief walk can give you time to unwind and recharge.

- Make time for your health. In the holiday rush, don't let your well-being fall by the wayside. Try to stay on your normal sleep schedule, incorporate healthy foods and get regular exercise. If you can't find a 30-minute chunk of time for exercise, break it up into three 10-minute sessions spread throughout the day.
- Check your health plan benefits. Some insurers, such as UnitedHealthcare, offer behavioral health care programs that can range from caring for your mental health to treatment for substance abuse, with a goal of helping improve

your overall wellbeing. For example, Sanvello<sup>®</sup> offers clinically validated techniques and tools to reduce stress, anxiety and depression within a single app. Sanvello is free to download from the app stores and you can do an instant



• Learn to recognize your holiday stress triggers and

eligibility check in the app.Enjoy, even if it's virtually. In the flurry of holiday activities, we



sometimes forget what we're celebrating, so remember to savor the time with people you love. If you or others you know are unable to meet in person, use a phone or set up a Zoom call to celebrate and spend time together. It's important to minimize any feelings of isolation.

• Talk to your doctor. If it feels like you're not able to get a handle on your stress, talk to your doctor. She or he may recommend a counselor who could help you find other ways to help reduce or manage the unhealthy stress in your life.

**UnitedHealthcare** For more health and wellness information, visit: UHC.com.

# **Employee of the Quarter: James Seifert**

Story and photos by: Keith Hayes COMMSTRAT Planner RJim Seifert is

recognized as the

Civilian Marine of the Quarter for the 4th Quarter of 2020 at Production Plant Barstow, Marine Depot Maintenance Command, aboard the Yermo Annex of Marine Corps Logistics Base Barstow, California.

Seifert is an engineering technician who has worked at the Plant for more than 13 years.

"I came on as a program manager, and then an industrial engineering technician then later I was promoted to my current job as electrical engineering technician," he said.

As a Marine, Seifert's training was in electronics in the field of communication, which gave him an excellent background for the job he does today.

"The most current project I worked on was the Military Construction Project 930 (building 584)," he said. "I worked with Public Works to design electrical systems and other aspects of the facility which were incorporated into the plans used to build the structure."

"I am honored to be chosen as Employee of the Quarter for Production Plant Barstow," Seifert said, "but there are at least a hundred employees just as worthy of the recognition."

Seifert's job touches almost every aspect of production at the building 573 and now building 584, the newest structure aboard the Plant grounds.

"My job is to help design the systems that support the work that the artisans on the floor of both buildings perform to get their assigned jobs accomplished," he explained.

The Pittsburgh native was a Marine for more than 24 years, his last three years assigned to MCLB Barstow, where he retired as a master sergeant.

"I've done overseas tours including Afghanistan and I've used the equipment we work on here out in the field. I know what the vehicles are like because I've used them, and I know what we put these vehicles through in combat," Seifert said.

He and the artisans he works with take great pride in their work and bring more than a hundred percent to the office every day, because Seifert and other former Marines working at the Plant know the equipment has to work when a Marine presses a button.

"The vehicles we maintain had better work, because a Marine's life may depend on the engine turning over when they need it or the weapon we work on goes 'boom' when it's supposed to," Seifert said.

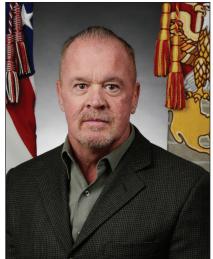
There are no half measures or "nearly perfect" work in Seifert's world.

"We have a saying that 'good is the enemy of great' and we always try to be a little bit better than great," he said.

The same applies to the civilian artisans as well as

the retired and former Marines and other former military personnel working in the Plant and on the floor repairing and resetting all types of military vehicles.

"The people I work with have the same feelings about the work that they do. It's like an extension of the Marine Corps out there and everyone takes their job very seriously and gives more than a hundred



Official U.S. Marine Corps photo

percent to get the project out the door," Seifert said.

There is no jealousy between the many different departments at the Plant, Seifert noted.

"If I need support from any other branch I can call the head of that branch and get any support I need right away, and if they need help from us of course they can do the same," he said.

Away from the Plant Seifert is a certified personal trainer and nutrition expert.

"I'm also involved in amateur ham radio with the Barstow Amateur Radio Club which arose from my communications work in the Corps," Seifert said.

His training in the Marines was ingrained to "shoot, move, and communicate, and I keep my Corps experience in mind when I work at the Plant," Seifert said.

Marine Corps experience has also driven home the point that's prominently displayed in building 573, "The work you do here today could save a Marine's life."

"That's why I know how vital the work we do at Production Plant Barstow is, and how critical to the operation of the Corps we are as one of only two Marine Corps repair depots in the entire world," he said.

"At the end of the day you have to remember that the end customer for our work is the Marine in the field, the one who's in harm's way and has to use the vehicles and weapons we work on to do their job and possibly save their lives or the lives of their comrades. There's no room for 95 percent, or 'good enough.' It has to be 100 percent and work when you need it to work," Seifert concluded.



# **Pearl Harbor remembered**

## **Compiled by: Laurie Pearson** COMMSTRAT Chief

December 7, 1941 "A day which will live in infamy," President Franklin Delano Roosevelt.

- December 7, 1941, Japan launched an attack on the U.S. Pacific Fleet's base at Pearl Harbor, Hawaii, as part of a plan to eliminate potential challenges to Japanese conquests in Asia.
- The plan to attack Pearl Harbor was devised by Admiral Isoroku Yamamoto, a former student at Harvard University who served as Japan's naval attaché in Washington. He believed that Japan's only chance for success

was a surprise assault that would knock the U.S. fleet out for at least a year.

- Japanese forces trained for a year to prepare for the attack, adding wooden fins to their aerial torpedoes along with other modifications, so that they could work on short runs at the 45-foot average depth of Pearl Harbor.
- The Japanese sailed without radar or reconnaissance planes overhead, to avoid detection.
- U.S. officials overlooked Japanese forces' preparations for war and missed warning signs of the impending attack, including an intercepted December 6 Japanese message asking about berthing positions at Pearl Harbor, and a radar sighting of a large group of airplanes headed toward Oahu on the morning of December 7.
- The first wave of the attack included 180 Japanese aircraft, including torpedo planes, highlevel bombers, dive bombers
- **10** and fighters. The second wave was similar in size, but

with more dive bombers and no torpedo planes.

- The attack began shortly before 8 a.m. Hawaiian time, and lasted nearly two hours.
- According to Fuchida's account of the attack, the radio code indicating a successful attack was "Tora, tora tora." The word "tora" means tiger in Japanese. It may have been inspired by a Japanese saying, "A tiger goes out two thousand miles and returns without fail."
- Torpedo bombers flew just 50 feet above the water as they fired at the U.S. ships in the harbor, while other planes strafed the decks with bullets and dropped bombs.



In this Dec. 7, 1941, file photo, part of the hull of the capsized USS Oklahoma that day, and the Japanese is seen at right as the battleship USS West Virginia, center, begins to sink after suffering heavy damage, while the USS Maryland, left, is still afloat in Pearl Harbor, Oahu, Hawaii. (Navy via AP) where unable to destroy vital infrastructure such as repair

- The U.S.S. Arizona, which was moored next to a repair ship when the attack began, was struck by several bombs and exploded in flames as it sank.
- Though caught off guard, U.S. service members fought back hard, and managed to fire more than 284,000 rounds of ammunition at their attackers.
- One of the most outstanding heroes was Cook Third Class Doris "Dorie" Miller, who took over a 50-caliber Browning anti-aircraft machine gun on the U.S.S. West Virginia, and despite his inexperience with the weapon, managed to shoot down up to six Japanese planes before being ordered to

abandon ship. He later became the first African-American to receive the Navy Cross. Miller was killed in action in 1943.

- The attack killed 2,403 service members and wounded 1,178.
- Six U.S. ships were sank or destroyed and 169 U.S. Navy and Army Air Corps planes were destroyed.
- The Japanese losses included 29 aircraft, in addition to five midget submarines, and 129 attackers were killed and one taken prisoner.
- The Japanese opted not to launch a third wave of aircraft against Pearl Harbor, and instead turned around and headed back across the ocean,

in part because their fuel was running low.

• The attack on Pearl Harbor was followed the next day by Japanese air attacks on U.S. bases in the Philippines, Guam and Wake Island.

• Despite inflicting heavy casualties, the Japanese attackers failed to achieve their objective of disabling the U.S. fleet. No U.S. aircraft carriers were at Pearl Harbor that day, and the Japanese were unable to destroy vital infrastructure such as repair shops and fuel tanks.

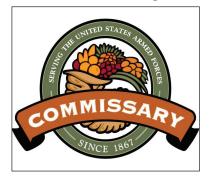
- In Washington, President Franklin D. Roosevelt learned of the attack during lunch, when he received a phone call from Secretary of the Navy Frank Knox.
- Yamamoto, the architect of the attack, didn't survive to see Japan's eventual defeat. He was killed in 1943, when American fighters shot down his plane over the Solomon Islands.

Information for this article was compiled from militarytimes.com; history.com and the U.S. Naval History and Heritage Command.



# Commissaries continue delivering benefit while prioritizing safety during COVID-19 pandemic

Article by: Kevin L. Robinson DeCA Public Affairs Specialist



FORT LEE, Va. – Amid the ongoing COVID-19 outbreak, the Defense Commissary Agency is reassuring its customers and employees that their health and welfare is the commissaries' top priority.

"We exist to enrich our customers' quality of life by providing significant savings on their groceries, and they can rest assured that we will do so safely and efficiently," said William F. Moore, DeCA director.

"As we deliver the commissary benefit, the safety of our valued customers and dedicated employees remains our No. 1 priority especially during this unprecedented time," he added. "We continue to follow strict DOD health protection in our stores, specifically regarding sanitary measures, face coverings and social distancing."

Since the start of the COVID-19 pandemic, DeCA has implemented the following measures to help mitigate the spread of the virus in commissaries:

- Commissaries conduct daily health screenings of anyone who works in commissaries – including employees, baggers and affiliated contractors – before they start their shifts
- Anyone (including customers) entering a store must wear a face covering
- Stores have clear plastic sneeze shields in all regular checkout lanes
- Commissary personnel wipe down checkout areas, product display cases, restrooms and shopping carts with disinfectant, and practice routine hand washing and other basic sanitation measures
- Touchless credit card processing eliminates the need for the customer to sign
- Customers scan their own ID cards so cashiers can provide them touchless transactions
- Reusable bag usage has been banned
- DeCA canceled special events such as the spring sidewalk sales, in-store product demonstrations (including DeCA's free coffee program), group tours, vendor-sponsored events and other events to discourage group gatherings
- Commissaries are working with installation leadership and public health personnel to implement risk reduction practices specific to that base.

From a product availability standpoint, DeCA continues to work with its industry suppliers to increase deliveries to commissaries where the need is greatest – especially overseas – to ensure product availability, particularly on items that are in high demand like liquid sanitizer, disinfectant wipes and toilet paper.

Store directors have the flexibility to determine item limitations based on supplier availability and customer demand. These actions help stores control stock outs and panic buying, Moore said.

Moore said. "At this time, when the industrywide grocery logistics system is being stressed, we want our customers to



DeCA photo by: Kevin Robinson

Marines check out their groceries at the Fort Lee, Virginia commissary.

know we are aggressively partnering with the supplier community to fix any shortages and ensure our military patrons have shelves full of what they need over the holidays," he said. "There is no need for panic buying. If they happen to see empty shelves in the store, we ask them to please be patient – the store will be restocked often the very next day."

Customers should continue to refer to DeCA's Coronavirus page for updates related to commissaries. For overall updates and guidance regarding this virus, they are encouraged to access the following websites: the federal government's response to COVID-19 and the Centers for Disease Control and Prevention's Coronavirus site.

For additional information, go to www.commissaries.com



# **MARINE CORPS LOGISTICS BASE BARSTOW**

To preserve the health and welfare of base employees and to help limit the spread of COVID-19 the following are changes to base activities and areas of

# **Postponed or closed**

# **MFP Virtual Events**

- Self defense
- Spin
- Pass & ID Nebo 101
- Pass & ID Yermo 406
- Swim lessons
- Play mornings
- Wellness series

# **Modified hours and services**

# Leatherneck Lanes Bowling Center open w/modifications (kitchen open):

## • Call for details and hours, which vary by the day 760-577-6264

# Marine Memorial Golf Course open w/modifications:

• Call for details 760-577-6431

# Semper Fit Gym:

Unmanned hours for all permanently assigned DOD employees on base begin Sept. 16. Call 760-677-6812 to make an appointment to register your CAC ahead of time.
Combat room CLOSED.

## **SMP/Rec. Center:**

Single Marines only, no guests - Mon. - Fri. 11 a.m. - 1 p.m. and 3 p.m. -7:30 p.m.
Closed Thursday nights, as well as Sat. & Sun. during COVID restrictions.

# **Oasis Pool and Water Park:** CLOSED FOR THE SEASON

## Route 66 Cafe:

• Open for dine-in and take out. Can also call orders in ahead at 760-577-6428.

## **Commissary:**

- Open every Tues. 9 9:30 a.m. for active duty and spouses only.
- Open Tues. Fri. 9:30 a.m. 6 p.m. and Sat. 8:30 a.m. 5 p.m.
- NOTE: IDs are mandatory and will be verified.

## **Base Library:**

# • Open Mon. - Fri. 8 - 11 a.m..

## **Personal & Professional Development:**

• Available via Telework

# **Behavioral Health:**

- Telehealth services available
- To set an appointment, call 760-577-6533

## Auto Skills Shop:

- Open every other weekend, Sat. 8 a.m. 5 p.m. and Sun. 10 a.m. 6 p.m.
- Call Bruce for further information, 760-577-6260, 760-267-1075

## ITT:

• Open Mon. and Thurs. 11 a.m. - 1 p.m.

## Pass & ID 236:

• Appointment only, 760-577-6969

# Thrift Store:

- Open Tuesdays and Thursdays 9:30 a.m. 12:30 p.m. and the first Saturday of each month 1 4 p.m.
- Closed November 24 and 26 for Thanksgiving holiday.

For a list of MFP virtual events, dates, times and links, contact Beth Simpson, MFP coordinator, 760-577+6675, or visit https://www.facebook.com/MCFTBBarstow/