



KEYSTONE

Aviation

Silver Bullet

Finding discipline
through sports and
the military



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Keystone Vignettes



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KEYSTONE Aviation

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On the Cover:

Spc. Timothy Markle of the 628th Aviation Support Battalion stands behind a truck at Contingency Operating Base Adder, Iraq. Markle said he struggled as a teenager and found his focus and discipline through football and the military (Photo by Sgt. Andy Mehler)

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- Have a, interesting photograph? Submit it to the MND-S Sandstorm at www.theredbulls.org/sandstorm

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SILVER BULLET

Story and Photo by Sgt. Andy Mehler

In a world full of choices, sometimes people will make the wrong decisions. Spc. Timothy Markle, a Soldier with 628th Aviation Support Battalion, 28th Combat Aviation Brigade, is a young man who took a few wrong turns down life's path, but through dedicated football training and the structure of the military, he soon found his way again.

Markle didn't have the most stable home life and he was raised by his grandmother, who tried to assist his father with the children. She would remain a large influence for him until her death. His love of football led him to play high school football, and though his family moved frequently in his childhood, Markle played defensive end in Pennsylvania at York Suburban High School in 2001 and York High School in 2002.

It was during his years in high school that Markle began to fall into some bad associations and he began to lose his focus. He spent more time on the streets and less time in school and he eventually dropped out. He felt he did not need an education and saw no real future for himself. He believed his new friends were getting along fine and so could he. Markle became lost.

The turning point for Markle was when he came back to high school and was enrolled in the Crispus Attucks Youth Build, a charter school for troubled teens in York named for the runaway slave who was a casualty of the Boston Massacre when British soldiers fired on colonial citizens of Boston.

The school involves its students in charitable works and teaches personal responsibility and a strong work ethic. Markle worked with his classmates on construction projects for the Department of Housing and Urban Development. Working on these homes for the poor taught Markle a valuable and marketable trade. He remained in school and was awarded his high school diploma in 2004.

The next stop for Markle was the U.S. Navy. He shipped to basic training two weeks after high



school graduation as an aviation ordinance specialist, working with F-18 fighter jets. The military gave him the structure, discipline and motivation he needed to succeed. The passing of his grandmother brought him home again to York in 2006.

In 2007 Markle tried out for a position on the York Silver Bullets, a semi-professional football team. He made the team and played one season. He dedicated his energy into football and this structure, along with his Navy training, was what he needed to keep himself focused. Markle remained on track and off the streets.

While he enjoyed playing football and had a real love for the game, Markle missed the military lifestyle and decided to join the Pennsylvania Army National Guard in 2007. Enlisting in the Army meant he would have to leave football, but Markle liked the sense of community and structure that comes with a military life.

He chose to enlist as a water treatment specialist and is now part of Company A, 628th Aviation Support Battalion. He is currently deployed in support of Operation Iraqi Freedom to Contingency Operating Base Adder with the 628th ASB as a part of the mobilization of the 28th Combat Aviation Brigade,

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TF DIABLO FLIGHT SURGEON PASSES THE TORCH

Story and Photos by Sgt. Neil Gussman



Maj. Kevin Scott (right) joined the 2nd Battalion, 104th Aviation Regiment, this month as the battalion flight surgeon, replacing Lt. Col. David Doud (left), who returned to the U.S. recently after completing his tour with Task Force Diablo.



Lt. Col. David Doud, 42, returned home to Gettysburg, Pa., at the end of his tour as flight surgeon for the 2/104th. Doud joined the battalion in 2006 after serving as the medical company commander for the 728th Maintenance Support Battalion.

Doud has nearly 18 years of service in the Army National Guard as a doctor. He deployed to Kosovo with the 56th Brigade in 2003 as the brigade surgeon. On this deployment Doud had the opportunity to fly with the Nebraska MEDEVAC Company attached to the 56th. After deployment he took the training course at Fort Rucker to be qualified as a flight surgeon. He then moved to the 2/104th.

The day Doud remembered most clearly on this deployment was June 10, when an explosion in Al Batha, Iraq, killed and wounded many civilians. The Tallil medical facility asked Doud to help their staff with the emergency surgery patients that were being flown in. Doud said, "I treat car accident victims and gunshot wounds in the States, but the damage to the human body by high explosives is beyond anything I had seen." Doud and his team treated five patients.

Two patients had non-survivable injuries and were made as comfortable as possible. The other three were critical, but Doud was able to perform surgery that kept them alive for evacuation to a larger medical facility. "The three critical patients lived. We made a difference," said Doud.

Maj. Kevin Scott, the incoming surgeon, is a neurologist with a civilian practice at Penn State Hershey Medical Center in Hershey, Pa., but Scott did not start his military career in medicine. He was commissioned a second lieutenant in 1986 and served as an officer in a military police unit at Fort Bragg, N.C., where he completed airborne, air-assault and ranger training. He parachuted into Panama in 1989 when the U.S. captured Manuel Noriega. He served with the 82nd Airborne in Operation Desert Storm.

In 1992, he returned to civilian life to pursue a medical career. He first went to graduate school in physiology in New York then to Wake Forest for Medical School, graduating in 1999. From 2000 to 2004 he trained as a neurosurgeon then returned to the military in 2006 with an age waiver. Scott, 44, previously served as the 628th Aviation Support Battalion flight surgeon since 2006 and deployed to Taji, Iraq, in 2007.

"I wanted to serve after 9/11," Scott said. "But I decided to complete all of my medical training first, then come back."



KEYSTONE VIGNETTES



Capt. Frank Tedeschi of Collegeville, Pa., is the plans officer and assistant operations officer of 2nd Battalion, 104th Aviation Regiment. He is also a pilot-in-command of the AH-64D Apache Longbow helicopter, the aircraft flown by the attached Company C, 1st Battalion, 130th Aviation Regiment, a North Carolina based attack helicopter unit.

Tedeschi, 41, said he is one of five staff officers in the 28th Combat Aviation Brigade qualified to fly the Apache Longbow. He fills in when 1/130th pilots are on leave or they need additional pilots. Tedeschi has served for 20 years in the National Guard, including a tour in Kosovo in 2006. "It's a great aircraft to fly," Tedeschi said of the Apache. "If it was a car, it would definitely be a sports car."

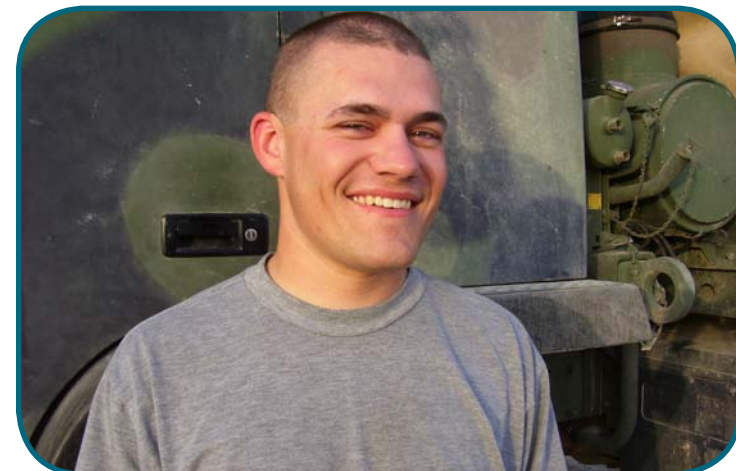
First Lt. Jason Collier, 33, flies the AH-64D Apache Longbow as a co-pilot/gunner. The Harrisburg, Pa., resident has served for 15 years in the Army National Guard and is in his second year of flying the Apache Longbow. "This is a very responsive aircraft," Collier said. "The view is not masked by the canopy. We can see all around."

Collier is primarily a battle captain for the 2/104th, but when the 1/130th needs pilots, Collier steps up. In addition to his current tour in Iraq, he previously served in the Sinai in 1997 and in Bosnia in 2002. (Photo by Sgt. Neil Gussman)



Sgt. Brian Kirsch, 27, of Northern Cambria, Pa., fuels aircraft for Company E, 2nd Battalion, 104th Aviation Regiment. He is on his second deployment and completed the classes necessary to be awarded an associate's degree in June. He is enrolled in two more classes and will continue to work toward a bachelor's degree here and when he returns home.

He served in Kosovo from 2005 to 2006 fueling aircraft in support of the security mission in the Balkans. Kirsch works full-time with the Pennsylvania Army National Guard inspecting Aviation Lifesaving Equipment and plans to return to that job after his current service in Iraq. (Photo by Sgt. Neil Gussman)



Harrisburg, Pa., resident, **Jason Lex** is a motor transport operator in the 628th Aviation Support Battalion. He has been working with the truck platoon of the 628th ASB on the various missions required by the 28th CAB.

While not working as a Soldier, Lex is a police officer for Swatara Township. This occupation has prepared him well for his deployment and he put his security skills to great use here in Iraq as a member of the Camp Adder force-protection team. Lex worked as an armed escort for the local nationals who come to Camp Adder for employment.

During his free time, Lex said he enjoys playing video games and watching movies. At home, Lex is more of an outdoorsman and he said he enjoys a variety of outdoor activities, including camping, kayaking, shooting at the pistol range and riding his motorcycle. When he returns home from deployment near the end of the year, Lex plans to spend a little while relaxing before returning to work, and he would like to take a camping trip with friends. (Photo by Sgt. Andy Mehler)



MWR Spotlight

So you think you can Salsa?

By Sgt. Matthew Jones and Sgt. 1st Class Dale Shade

Throughout Task Force Keystone's deployment, Salsa dancing has grown in popularity at Contingency Operating Base Adder, and seemingly on many large bases in Iraq.

It didn't take long for the Soldiers in the 28th Combat Aviation Brigade to start organizing their own 'South-Side Salsa' nights at COB Adder. For many people stuck on the opposite side of the airfield as most of the base's morale, welfare and recreation activities, South-Side Salsa was a welcome treat.

Because of the growing interest, Sgt. 1st Class JoAnn Tresco and others had the idea for a competition. That idea became 'So You Think You Can Salsa?'

During the event, which took place Oct. 16 at memorial Hall, four pairs of dancers had one chance to show their moves. There was also a dancing exhibition and food served to go with the festive theme.

(Clockwise from right) David Tolliver and Sgt. Melissa Solomon, Sgt. 1st Class Noel Toro and Staff Sgt. Joy Haley, Spc. Luz Otano and Sgt. Jose Lucena, Ruben Santos and Cornelia Smiley



SILVER BULLET

(Continued from Page 2)

where he works with fellow Soldiers providing fuel for aircraft.

Markle said he has enjoyed his time in Iraq and feels he is part of something bigger and he is doing important work for his country. He plans to remain in the military and believes the military life fits him perfectly. He said he would like to further his education and he hopes to be a pilot one day.

His days of working on houses for his school have paid off as

well. He now works in his father's construction business doing general contracting, and Markle has been getting his own business off the ground by attracting clients of his own. His plans include growing his own business and he would like to play football again.

Markle has seen life from two perspectives and now that his life is on track he wants to assist young people facing the same challenges he faced growing up. At home, Markle visits Crispus Attucks Youth Build to talk with students

and offers them encouragement and hope for a better life. He has found the stability of home and renewed relationships with his father and mother, and the discipline and structure of the military which he loves so much. When he returned home on leave from this deployment, Markle participated in the crime prevention program National Night Out, where he protected the streets he once saw as a hangout.

He feels the military made him who he is today, and even now as he finds himself in the desert of Iraq, he wouldn't have it any other way.



It's time to follow up with legal assistance

For Soldiers who sought legal assistance services for family or civilian-related matters: With our transfer-of-authority dates fast approaching, we want to ensure Soldiers who initiated legal matters through our office have the opportunity to resolve the matters or receive guidance on how to proceed once we redeploy. Such legal matters may include divorce, custody, child support or financial issues. Some of these issues, especially divorce, include timelines that must be followed in order to complete the process. If you have any questions on how to proceed, contact JAG immediately at (318) 833-5840.

Points of contact for legal assistance are Staff Sgt. Patty Lundsted and Sgt. 1st Class JoAnn Tresco.

Keystone MWR Events at FOB Delta

Submit your events to
TFKeystone@gmail.com

Sgt. Victor Hernandez

Salsa Lessons
9-11 p.m. Weds. nights

Latin Night DJ
8-11 p.m. Fri. nights

At The Theater

Classes and Tutoring with
Sgt Geneshan Harichandran
at the Education Center
Math classes, preparation for
the JAST and ACT
and more

P 90X Exercise Class
by CW3 Tim Lelie

Every day!
6 a.m.
2 p.m.
8 p.m.

Keystone MWR events at Camp Adder

Financial Peace University

Financial Peace University is a life-changing program that teaches you how to make the right decisions with your money. You'll be empowered with the practical skill and confidence needed to achieve your financial goals and experience true financial peace!

When: Fridays, 4 Sept 09 @1900 Hrs
(13 weeks)
Where: Post Chapel

Who: Anyone who desires to improve their financial situation
with some time proven principles

Cost: Normally this will cost \$100 per person but you are
receiving this course ABSOLUTELY FREE!

Guaranteed: To save you money and make you money if you
follow these principles!
POC: Chaplain (LTC) Douglas Compton
28 CAB, Brigade Chaplain 833 - 5865

Volleyball with
SFC Dale Shade

Fridays at the
House of Pain
volleyball court

1800-2100

28th CAB Game Nite
Building 713 w/ CPT
Suzanne Williamson

Rummy, Spades,
Pinochle, Dominos,
Chess, Scrabble...

Weds. 2000-2200

Beyond Narnia
with SGT Neil
Gussman

MWR Library
Mondays at 2000

ngussman@
gmail.com

Tallil Dead Poets
Society with SGT Neil
Gussman

MWR Library
Tuesdays at 2000

ngussman@
gmail.com

Power Yoga by Dave Kocian

Tuesday, Thursday
1800 at The House of Pain

Saturday
0900 at the South Gym

Sunday
1600 at the South Gym

Please bring a mat, blanket or towel
for floor exercises.

POC: david.e.kocian@us.army.mil

Weight Watchers – Momentum Plan NOW on COB Adder

Mondays - 1900
Warrior Medical Training Site Classroom
Bldg 307, Across from the Post Office

Wednesdays - 1030 and 1900
Bldg 7449D, Rear Door

POC: SFC JoAnn Tresco, DSN 833-5840

Submit your events to
TFKeystone@gmail.com

South Side Salsa
Organized by SFC JoAnn Tresco
with DJ WO1 Jesse Lonon

Saturdays at bldg. 713,
behind Warriors DFAC

Lessons from 2000-2100
Music starts at 1930

Salsa Night

EVERY
MONDAY
WEDNESDAY
FRIDAY

FEATURING
28TH CAB'S
DJ Garcia
DJ Almonte

6Pazzi - 2000 - 2345

Filipino & Okinawan Martial Arts

HOUSE OF PAIN FITNESS CENTER
SUN. & TUE. 1900-2000

POC: Glen Valencia
glen.i.valencia@us.army.mil