



PRESIDENT'S MESSAGE

NPS Faculty Students and Staff,

During these dynamic times of working remotely and in distance learning (DL), effective digital communication has become increasingly important. We are striving to give the NPS community multiple options to receive information and provide feedback. It's a balance. Too much adds to the noise, and somewhere in the middle is almost enough.

In my 2020 Vectors I established Strategic Communication as a command competency we must further develop. I outlined three communication tenets: to **connect, coordinate and collaborate**. Today we are finding new ways to do that, as well as modifying existing methods for the current environment. This digital form of Update NPS is one example.

As an internal newsletter, I want the Update NPS to provide relevant and useful information consolidated in one resource, especially during this COVID environment. I encourage your feedback on format, frequency and desired content to improve future editions. Send your inputs here: pao@nps.edu

I want to thank you for your recent feedback in the DL Survey. More than 400 students and faculty contributed responses! Dr. Gera of the Teaching and Learning Commons team shared the results with me, and while she and her team did a fantastic job helping NPS transition to DL rapidly, we are compelled as a learning institution to keep improving. Key findings included: standardization of delivery needs to improve; DL course content and planning must incorporate students' activities; and workload needs to be tailored to account for current circumstances.

Your feedback remains critical as we make plans to conduct summer quarter in DL. Good news is that DL technology concerns were addressed in NAVADMIN 123/20, which described DON policy for remote work options and will allow NPS to "continue using our existing commercially procured collaboration tools." That means technology we are currently using for telework and DL remains authorized for our education mission.

We have a few virtual events coming up in May that I also need your participation in, so mark your calendars:

May Virtual Events:

- Virtual Town-Hall: Tuesday, May 12, 1500 (Updates on COVID, DL, graduation and summer qtr)
- Virtual SGL: Tuesday, May 19, 1500 (Admiral Mike Mullen, see announcement in this issue)
- Virtual "Big Idea Exchange:" Wednesday, May 27, (TBD) 14 students from NPS, NWC and MCU

Looking ahead, graduation will regrettably be virtual. We are at least preparing another high-quality commemorative video and CNO Admiral Gilday offered to provide remarks to include. We are considering additional options and, again, student feedback is appreciated on what you would like to see. Send your input here: pao@nps.edu

Looking further ahead to the fall, NPS has two major milestones in October we are working to meet: the IG and reaccreditation. We are a command and a university, and must pass both. I recently learned about the hard work of Esma Erisen in contracting, who in a matter of weeks addressed vulnerabilities created by the COVID environment and started a virtual process for contractor check-in/out to meet requirements and reduce risks. Bravo Zulu to Esma and the contracting team for using the IG checklists to identify and proactively correct an issue.

Lastly, I would like to welcome back Ms. Gloria Edelen from a 10-month Overseas Contingency Operation deployment as a Joint Assistant Inspector General (IG) for U.S. Forces – Bagram Afghanistan. Ms. Edelen received the Joint Civilian Service Commendation Award for her deployment. Again, welcome home and well done!

Keep learning, leading and leaning-in!

UPDATE NPS

NAVAL POSTGRADUATE SCHOOL

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Special Edition:
Coronavirus Updates

May 4, 2020



MARK YOUR CALENDAR



19 MAY 1500

Admiral Michael Glenn Mullen is a retired United States Navy admiral, who served as the 17th Chairman of the Joint Chiefs of Staff from October 1, 2007, to September 30, 2011. Mullen previously served as the Navy's 28th Chief of Naval Operations from July 22, 2005, to September 29, 2007. He was only the third officer in the Navy's history to be appointed to four different four-star assignments.

[Secretary of the Navy Guest Lecture series page](#)

V-SGL WITH ADMIRAL MULLEN — THE FIRST VIRTUAL SGL EVER.

"The New Reality: Leadership and National Security in the Post-COVID-19 World."

Submit advance questions [here](#).

Viewing link will be sent to All Hands prior to the event [here](#).

Families First Coronavirus Response Act

The Families First Coronavirus Response Act (FFCRA) provides additional leave benefits to employees impacted by the COVID-19 Pandemic. This provides information on the FFCRA and those associated benefits. In lieu of or in conjunction with the benefits established by the FFCRA, supervisors and employees are encouraged to utilize alternative work and leave flexibilities, such as Telework, Alternative Work Schedules, and Weather and Safety Leave.

1. Background

The FFCRA requires the Federal government to provide all of its employees with paid sick leave for specified reasons related to COVID-19. These provisions apply from April 1, 2020 through December 31, 2020. See the Department of the Navy's Fact Sheet on FFCRA [here](#).

2. Qualifying Reasons for Emergency Paid Sick Leave (EPSL) Related to COVID-19:

A Federal employee is entitled to take leave related to COVID-19 if the employee is unable to work, including unable to telework, because the employee:

- a) Is subject to a Federal, State, or local quarantine or isolation order related to COVID-19;
- b) Has been advised by a health care provider to self-quarantine related to COVID-19;
- c) Is experiencing COVID-19 symptoms and is seeking a medical diagnosis;
- d) Is caring for an individual subject to an order described in item (a) above or is self-quarantined as described in item (b) above;
- e) Is caring for his or her child whose school, or place of care, is closed (or child care provider is unavailable) due to COVID-19 related reasons; or
- f) Is experiencing any other substantially-similar condition specified by the U.S. Department of Health and Human Services. (additional information pending)

3. Paid Leave Entitlements under Emergency Paid Sick Leave (EPSL)

- Up to two weeks (80 hours, or a part-time employee's two-week equivalent) of Emergency Paid Sick Leave under the FFCRA at:
 - 1) Full rate of pay for qualifying reasons (a) – (c) above, up to \$511 daily and \$5,110 total;
 - 2) Two-thirds an employee's rate of pay for qualifying reasons (d) – (f) above, up to \$200 daily and \$2,000 total.

4. Paid Leave Entitlements Under Emergency Family and Medical Leave (EFML)

This provision of the Family First Coronavirus Response Act (FFCRA) only applies to individuals covered by Title I, Family Medical Leave Act (FMLA) which does NOT apply to employees at NPS.

> Request Requirements

Employees who cannot work, or telework, for the circumstances listed above may request leave under the FFCRA by submitting the following:

- The date(s) requested for leave and number of hours,
- The reason for leave, and
- A statement that you are unable to work because of the reason.

If the leave is due to an order to quarantine or isolate, they must specify the government entity or healthcare provider who gave the order or advice to quarantine or isolate.

If the leave is to care for a child whose school or place of care is closed, or child care provider is unavailable, they must specify:

- The name of the child or individual being cared for,
- The school, place of care, or child care provider that has closed or become unavailable, and
- A statement that no other suitable person is available to care for the child.

All requests should be submitted to HRO@nps.edu.

HRO will review for compliance with guidance and route to Chief Operating Officer for final decision.

> Indebtedness Warning

SLDCADA does not account for the different pay rates or earning limitations that apply. All supervisors and employees must understand that using this leave may result in a debt that will be collected at a later date and debt waivers will not be approved. It is imperative that supervisors and employees first consider other forms of available leave and/or work flexibilities prior to using emergency paid leave.

Please visit URL [here](#) for additional information on Federal Employee Rights under the FFCRA.

Jennifer Amorin

HR Director, Naval Postgraduate School

(831) 656-3308



MILITARY Leave Accrual

*DoD Authorizes Special
Leave Accrual for Service
Members*

The Department of Defense's actions to stem the spread of coronavirus disease 2019 (COVID-19), to include restricting travel, has significantly limited the ability of Service members to take leave during the national emergency. Leave is vital to the continued health and welfare of our Service members and civilian workforce and is key to the Secretary of Defense's first priority in responding to COVID-19—protecting our Service members, DoD civilians, and their families.

Therefore, in recognition of the impact of the Department's response to COVID-19 on Service members' ability to take leave and properly manage their leave balances, effective March 11, 2020 through September 30, 2020, members of the Army, Navy, Air Force, Marine Corps, and Space Force performing active service (as that term is defined in 10 U.S.C. § 701(a)) during the effective period, are authorized to **accumulate annual leave in excess of 60 days** (not to exceed 120 days) as shown on the end of month September 2020 Leave and Earnings Statement. Such members are further authorized to retain such unused leave until the end of Fiscal Year 2023 (i.e., September 30, 2023).

The active service described here shall be considered qualifying duty for purposes of 10 U.S.C. § 701 (f) (1)(B)(iii). This authorization does not apply to Service members who would otherwise be authorized to accumulate leave in excess of 60 days as of October 1, 2020. Commanders will continue to encourage and to provide members with the opportunity to use their leave in the year in which it is earned.

NPS Student Spouse Makes Hundreds of Cloth Masks for Community

By MC2 Nathan Serpico

In the midst of a pandemic, with social distancing and empty streets becoming the norm, Amber Gallagher is doing her part to help flatten the curve by making cloth facemasks for the community and friends around the world. Since April 4, she has made nearly 1,000 masks and has increased production to about 100 masks a day.

Gallagher is using a stockpile of fabrics she had collected during her seven years overseas while her husband, U.S. Marine Corps Capt. Patrick Gallagher, currently an NPS student, was stationed in Bahrain and Okinawa.

“I always feel amazing when we finish up a batch,” said Gallagher. “I get excited to package it up and message the recipient. Yesterday, I finished up a batch of 89 masks, with a portion of those going to the local neighborhood and some being mailed to military friends around the world. In a few days, 13 different families around the world will be getting a package with masks and it makes me feel so proud and useful.

“During these uncertain times, it’s hard not to feel helpless and unsure of what is to come so I wanted to find a way to help ... And this is how we help,” she continued.

With masks in short supply, Gallagher wanted to transform her large, but quickly dwindling collection of fabric into something that could help people get through this time. While making masks with a variety of patterns and designs for civilians, she is also using donated military uniforms to make masks.

“They are reporting for duty and should have something that honors their service the same way their uniform does,” claimed Gallagher, who is happy to accept donated uniforms no longer in use.

Initially, Gallagher started making masks by herself with her husband quickly jumping in to help by cutting patterns and ironing. But after a few days, he wanted to learn to make one, and after a quick tutorial the team expanded. Gallagher was loaned a second sewing machine and enlisted the help of her two children to

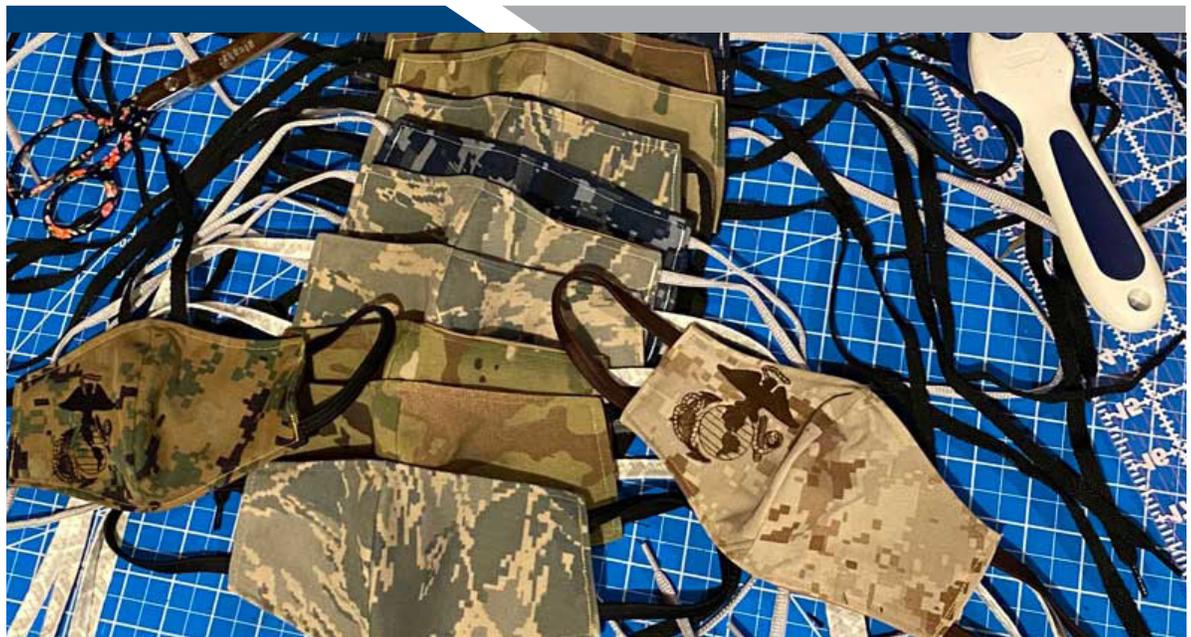
help cut shoelaces and turn masks inside out, which is the second to last step in the creation process. Along with her family, Gallagher has received help ironing bias tape to make colorful straps for the civilian masks.

“After cutting the strips of fabric for them and putting them in a bag on my porch, they pick up the bags of fabric and iron them into bias tape and drop it back off to me so I can make it into straps,” explained Gallagher, noting that this process can be very time-consuming and allows her to focus on other parts of making the masks with the help of Liz Dawson, Nancy Pittaluga, and Kristen Sagerholm.

With all of the fabrics Gallagher already had were “fun, colorful and funky” there was almost no fabric that fit the military face covering requirements. She reached out to the community via the ‘La Mesa Community’ Facebook page people started dropping off old uniforms on her porch. The dress uniforms are the essential “plain” fabric needed as every mask made is reversible with the various branch working uniform patterns on one side and the plain color dress uniform fabric on the reverse side.

“We just want to help people stay safe, stop the spread, flatten the curve, and hopefully make people feel happy with the mask they have,” she continued.

Gallagher’s masks have been donated to military units at the Presidio of Monterey, Defense Language Institute Foreign Language Center and NPS, as well as 61 families in the local community. She hopes to expand the distribution to communities outside of the immediate area.



Amber Gallagher, wife of NPS student U.S. Marine Corps Capt. Patrick Gallagher, has been making military and civilian cloth masks to donate to military installations and families in the Monterey Peninsula community.

NPS Personnel Join Community Effort to 3D Print Face Shields

By MC2 Nathan K. Serpico

A cadre of Naval Postgraduate School (NPS) faculty, students, staff and alumni is part of broader community effort of nearly 70 volunteers using their personal interest in additive manufacturing, and their home 3D printers, to produce protective face shields for everyone from essential workers locally to hospital employees across state lines.

Collectively, the group is connected to each other through their participation in a local volunteer group of 3D designers and makers. And while each volunteer brings a different capability to the table, the NPS team just wanted to help make a difference.

“When we look back on this period in time, we all want to know that we did what we could to help,” said Brandon Naylor, NPS Faculty Research Associate. “These shields are going to healthcare workers, first responders, and service industry workers who are the most likely to contract and then spread the disease ... If we can produce something that disrupts that cycle even a little, it’s hard to say what the extended effects of that will be.”

Everything started when U.S. Marine Corps Capt. Matthew Audette, an NPS alumnus, reached back as part of a USMC effort to secure a large supply of 3D printed face shields for a hospital in Golden, Colo. Working quickly, Naylor and a few others answered the call by using their own machines and resources. It didn’t take long to realize there would be a serious sustained demand for these shields at least in the near future, so they kept producing, and recruiting more volunteers.

“Several of us mentor local high school robotics teams, so we knew other people in the area who had the appropriate equipment and would want to help,” recalled Naylor. “We reached out and grew from there.”

While only about a third of the current group has the equipment to physically produce the masks, the rest are helping in other ways.

“People who do not have 3D printers help with fundraising efforts, distribution, and web design,” said Dr. Amela Sadagic, an NPS Research Associate Professor in the Computer Science Department

and co-Director of the Center of Additive Manufacturing.

To date, the volunteers have produced more than 2,000 light-duty shields, and 250 heavy-duty shields, and delivered them to venues including the Community Hospital of the Monterey Peninsula, Stanford Hospital, and Salinas Valley Memorial Hospital; local grocery and general stores; shelters; local police and fire departments; the United States Postal Service; as well as several individuals in various service industries and skilled trades. They hope to be able to sustainably produce about 1,000 face shields each week while the demand is there for it.

“The best part about completing and delivering a batch of face shields is seeing what the recipients are doing to help in this crisis,” claimed Naylor. “Whether it’s a plumber who is just doing what he can to be sure he doesn’t spread the disease to his clients, or an organization working to secure resources for the local homeless community, it’s just reassuring to see so many people doing what they can in these uncertain times.”

“This is a unique moment in our lives,” said Sadagic. “This type of action and contribution to our community is deeply rewarding for volunteers – people feel involved, fulfilled, and have a strong sense of purpose.”

The team developed a website where visitors can learn more about the group, and where individuals and organizations on the front lines can request shields. The response, volunteers say, has been tremendous.

“When we first started producing the shields, I don’t think any of us anticipated how big this would become,” said Naylor. “We started with a little ragtag group of individuals with printers, and in a matter of weeks we’ve started working with healthcare professionals who helped us refine our designs, secured grants and received material donations from corporate sponsors to sustain our operations.

“This whole endeavor has just been an amazing experience, showing how resilient our community is and its willingness to come together,” he added.

Partial beach closure for Monterey took effect May 1, 2020

City Manager Hans Uslar announced a partial beach closure for Monterey beaches that took effect on Friday, May 1, 2020. This temporary measure provides additional health and safety assurance during the COVID-19 pandemic emergency shelter in place order. As both the State Stay at Home and the Monterey County Shelter-in-Place orders require, social distancing of six feet between people remains a critical component to reduce the risk of spreading the coronavirus.

The warmer weather and the desire for people to return to normal activities after weeks of sheltering in place threaten to dismantle the progress made in combating COVID-19, prompting the additional restrictions.

PARTIAL BEACH CLOSURE

✓ ALLOWED	✗ NOT ALLOWED
<ul style="list-style-type: none">WalkingJoggingRunningOcean Recreational UseWheelchair UseFACE COVERINGS RECOMMENDED	<ul style="list-style-type: none">NO Group ActivitiesNO Group SportsNO Sitting / LoungingNO SunbathingNO PicnickingNO BBQs & Campfires
<p>- KEEP YOUR DISTANCE -</p> 	<p>NO ITEMS ALLOWED ON BEACH</p> <ul style="list-style-type: none">No ChairsNo UmbrellasNo Beach Equipment

VIOLATORS SUBJECT TO \$1,000 FINE | MONTEREY.ORG/CORONAVIRUS

NAVADMIN Sustains Current NPS Collaboration Tools

By NPS University Communications

ITACS Update: Good news for NPS and the entire Naval Education Enterprise (NEE) can be found NAVADMIN 123/20, which describes DON policy for remote work options.

It allows NPS and other NHEITC institutions using Navy Higher Education Networks (.edu) to “continue using our existing commercially procured collaboration tools.” That means tools we are currently using for telework and distance learning remain authorized for our education mission.

For the rest of DON, the NAVADMIN outlines use of the new

Commercial Virtual Remote (CVR) environment. The CVR environment was created to help the DoD community work remotely from anywhere in the world during the COVID-19 national emergency. It gives .mil users access to a version of Microsoft Teams that we have been using for the last several years.

You should receive an invitation from “info@email.cvr.mil” with a temporary user name and password for the CVR tools. You should take advantage of this for another collaboration path with other DoD members.

“The Naval Postgraduate School, Naval War College, and United States Naval Academy may continue to use existing commercially procured collaboration tools on Navy Higher Education Networks (NHENs).”

- NAVADMIN 123/20

UNCLASSIFIED//

ROUTINE

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TO NAVADMIN

INFO CNO WASHINGTON DC

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UNCLAS

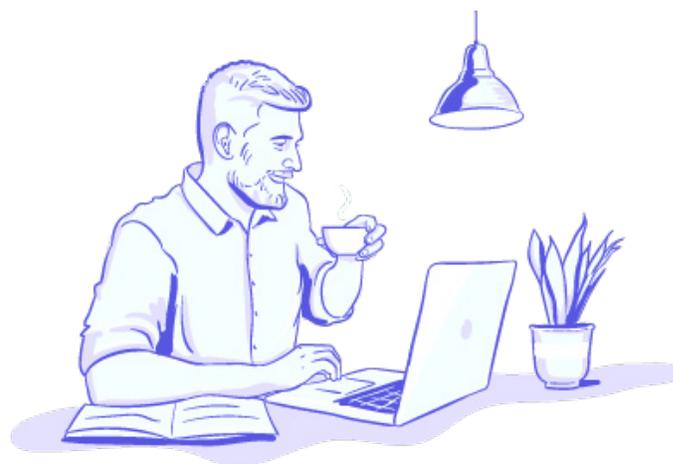
NAVADMIN 123/20

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INFO CNO WASHINGTON DC//N2N6//

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NWC-at-NPS Awards Academic Honors for Winter Quarter Class

Naval War College Monterey

The Naval War College (NWC) Monterey program for Joint Professional Military Education (JPME) recognized 17 graduates from its latest class earning academic honors for the 2020 Winter Quarter. Even though the usual ceremony was not possible given the distance learning environment this quarter, NWC at NPS Chair Fred Drake says the students’ collective performance is worthy of recognition.

“Competition was keen,” he said. “Each graduate’s exceptional performance in the classroom and working with their peers significantly improved the educational experience for the entire class.”

Graduates earning “with Highest Distinction” honors by completing the JPME program in the top five percent of their class are Army

Majs. Jared T. Helle and William T. Pitt; Marine Corps Maj. Benjamin A. Pimentel; and, Navy Lt. Evan K. Shorter.

Graduates earning “with Distinction” honors by completing the JPME program in the top 15 percent of their class are Army Maj. Sean Chang, Richard T. Hill, Riley McEvoy, Brandon P. Sirois, and Bradley W. Young; Army Capt. Welvin John Lucero; Navy Lt. Cmdr. Jacques A. Suyderhoud, Lts. Matthew G. Elliot, Darren A. Kurt, Juan Lopez, Evan Parrish, William J. Reinike; and, Marine Corps Capt. Patrick J. Gallagher.

Through the NPS-NWC partnership, a total of 5,626 officers have earned their Joint Professional Military Education Phase I certification since the program’s inception in September 1999.

Office of Naval Research Global Launches \$750K 'Global-X' Challenge

From Office of Naval Research Global Public Affairs

ARLINGTON, Va. (NNS) -- The Office of Naval Research (ONR) Global seeks to foster relationships with the international science community and build long-lasting partnerships worldwide. To do so, the command has launched Global-X, a nine-month international science challenge worth up to \$750,000, to encourage groundbreaking research from all around the world.

ONR Global will competitively select and fund revolutionary international research projects in three challenge areas not addressed by its current basic research portfolio. Global-X is designed to stimulate new, high-risk, multidisciplinary research ideas with both military and commercial value, to solve present and future U.S. Navy and Marine Corps technology needs.

ONR Global is interested in receiving white papers and proposals on the following challenge topics:

- Tailored material and manufacturing
- Multifunctional maritime films for persistent and survivable platforms and warfighters
- Object detection and identification in any medium (air, water, sand, earth)

Researchers from academia and industry, encompassing all disciplines and countries, are invited to form multinational teams to address any challenge area. A special notice with specific details about Global-X can be found at <https://www.onr.navy.mil/work-with-us/funding-opportunities/special-notice>.

“The objective of Global-X is to accelerate revolutionary research, bridging the gap between the science community’s academic work and warfighter needs,” said ONR Global Executive Officer Capt. Matt Farr. “Implementing a multinational team challenge will enable ONR Global to engage the world’s best researchers to create and demonstrate new capabilities that have never been done before. This will undoubtedly benefit all team members.”

Applicants can also ask questions during the webinar, which will be recorded and posted to a public Global-X website for subsequent review.

“I’m excited about our Global-X Challenge and its tremendous potential for sparking new ideas and collaborating in a way that has never been done before,” said ONR Global Technical Director Dr. Rhett Jefferies. “ONR Global has worked with the brightest minds in the world for decades, and now we have the chance to help these experts connect with each other to explore what is possible in ways they may not have imagined within their own disciplines.

“We are confident that we will receive ambitious yet attainable cutting-edge ideas to potentially transfer to our fleet and the commercial market,” Jefferies continued.



Significant Dates and Times

- White Paper Submission Date: May 25, 2020, by 11:59 p.m. EDT
- Notification of White Paper Valuation: June 5, 2020, by 5 p.m. EDT
- Full Proposal Submission: July 13, 2020, by 11:59 p.m. EDT
- Notification of Selection: Full Proposals: July 31, 2020, by 5 p.m. EDT
- Grant Awards: Sept. 7, 2020, by 5 p.m. EDT

ONR Global sponsors scientific efforts outside of the U.S., working with scientists and partners worldwide to discover and advance naval capabilities.

Get more information about the Navy from US Navy facebook or twitter [here](#).

GLOBAL-X

MULTI-NATIONAL CHALLENGE

\$750K AWARD

To encourage multi-disciplinary science and technology partnership in naval-relevant topics.

3 CHALLENGE TOPICS

- TAILORED MATERIAL & MANUFACTURING**
Material properties and manufacturing processes are custom-designed and optimized on demand for a specific application.
- MULTIFUNCTIONAL MARITIME FILMS**
Films prevent corrosion on conventional marine surfaces, resist extreme environmental conditions, may be shape-shifting, may provide an alternative power source or absorb energy, and may be configurable for a specific form factor.
- DETECTION & IDENTIFICATION IN ANY MEDIUM**
Detect and identify objects of any material (ferrous, non-ferrous, polymeric, organic, biological, etc.) and scale that are moving or stationary, and may be immersed within any medium (air, water, sand/earth).

GLOBAL-X IMPACT
ONR Global recognizes that international scientists and engineers conduct creative and novel research. This Global-X Challenge provides an opportunity for these international researchers to collaborate, generate revolutionary ideas and demonstrate that these ideas will succeed.

Where ONR GLOBAL connected in 2019

ONR Global MISSION The U.S. Navy and Marine Corps global presence investing in trusted partnerships to discover and connect science and technology leaders.

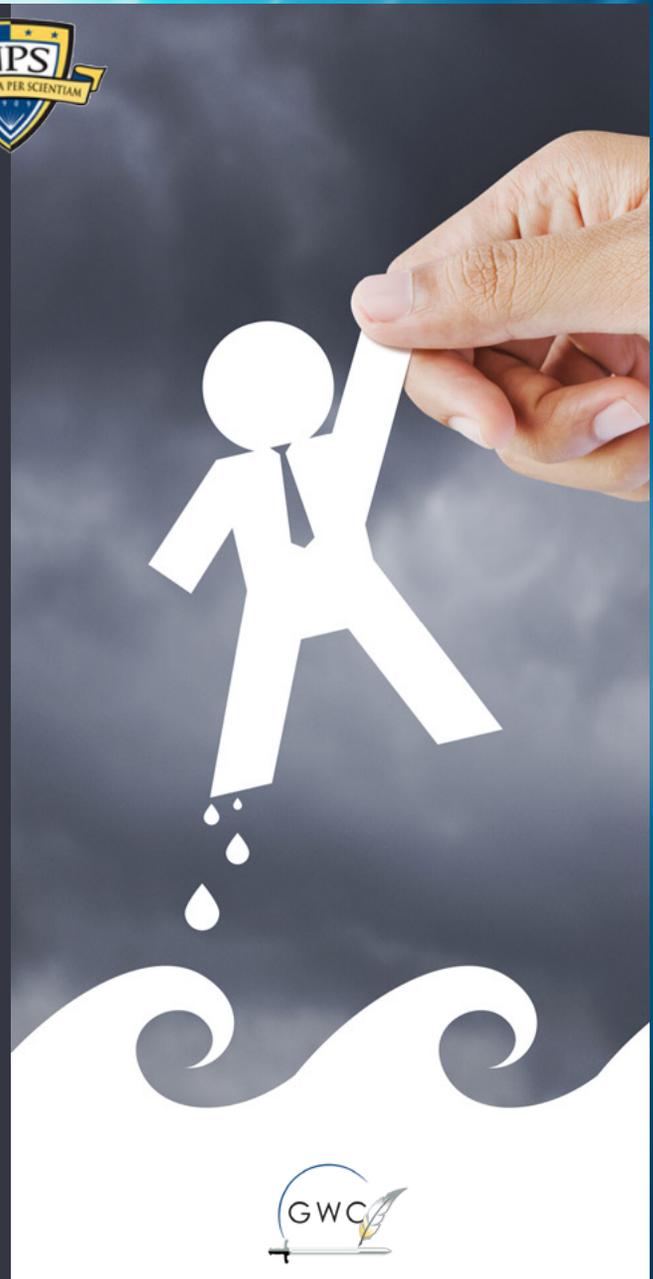


NPS GRADUATE WRITING CENTER

THESIS WRITERS UNITED

Thursdays
16:00–17:00

Zoom link and password at
nps.edu/web/gwc/thesis-writers-united



Writing a thesis? Don't struggle in isolation.

Join fellow students in a confidential space to swap solutions, share progress, and help each other cope. A writing coach and thesis processor will provide support and field questions. This group is open to 14 students each week who are writing a thesis, capstone, final report, or dissertation.





NSAM SAPR PROGRAM

(24/7) Victim Advocate Response

Line-831-760-2329



NSAM SARC: 831-760-0020

NAS Lemoore SARC: 559-381-8649

RESTRICTED

Option for victims of sexual assault who desire medical treatment, counseling AND wish to confidentially disclose the crime to individuals listed below **without triggering an official investigative process**. Victims who desire Restricted Reporting under this policy must use one of the following reporting confidential avenues:

- Sexual Assault Response Coordinator (SARC)
- Victim Advocate (VA)
- Health Care Provider (HCP)*
- Deployed Resiliency Counselor (DRC)
- **Reporting to anyone other than these individuals (except Chaplain or Victim Legal Counsel) may result in an Unrestricted Report that triggers an official investigation.**

You can make a confidential Restricted Report and later convert to Unrestricted if you choose. SARCs and VAs are available as confidential resources to explain the process

NSAM SARC



Jen Schoen

UNRESTRICTED

Option for victims of sexual assault who desire medical treatment, counseling and **WILL trigger an official investigation of the crime**. Unrestricted Reporting will trigger the use of current reporting channels:

CONFIDENTIAL SOURCES

- Sexual Assault Response Coordinator (SARC)
- Victim Advocate (VA)
- Health Care Provider (HCP)*
- Deployed Resiliency Counselor (DRC)

NON-CONFIDENTIAL SOURCES WHO WILL INITIATE INVESTIGATION

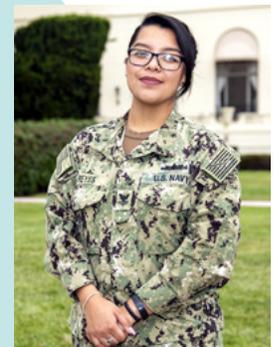
- Chain of Command
- Law Enforcement
- *Reporting to any non-confidential source will result in an Unrestricted report*

*Civilian HCPs at civilian facilities are mandated reporters in California; A report to a military HCP may no longer be restricted if law enforcement notification becomes necessary to prevent threat of harm.

NPS Uniform Victim Advocates



STG1 HILLIS



YN2 REYES





FFSP COPING WITH COVID-19

INFORMATION AND REFERRAL RESOURCES

Your Next STEPS
If you or your family are experiencing challenges, there is local, region and national support to help.

YOUR LOCAL FFSC



WE ARE STILL OPEN.
Virtual services are available. View the FFSC Directory at https://www.cnic.navy.mil/ffr/family_readiness/fleet_and_family_support_program/FFSC.html.

MILITARY RESOURCES

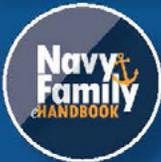


MILITARY ONESOURCE
www.militaryonesource.mil
800-342-9647



FAMILIES OVERCOMING UNDER STRESS (FOCUS)
www.focusproject.org/covid19

MORE SOURCES OF HELP



WELCOME TO CNIC PORTAL
MyNavyFamily.com



MY NAVY FAMILY
Download the mobile app



DOD SAFE HELPLINE
Safehelpline.org
877-995-5247



CONSUMER FINANCIAL PROTECTION BUREAU (CFPB)
www.consumerfinance.gov
855-411-2372



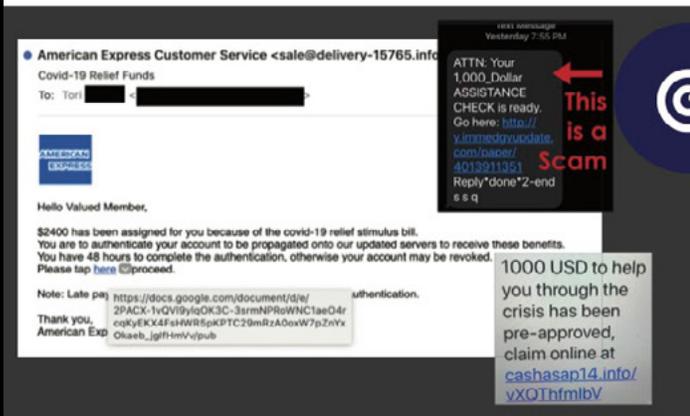
NATIONAL SUICIDE PREVENTION LIFELINE
suicidepreventionlifeline.org
1-800-273-8255



CONNECT WITH A NAVY CHAPLAIN
855-NAVY-311
Text: navy11@navy.mil



FRAUD UPDATES: BEWARE OF STIMULUS CHECK-RELATED SCAMS



American Express Customer Service <sale@delivery-15765.info>
Covid-19 Relief Funds
To: Tori [REDACTED]

ATTN: Your 1,000_Dollar ASSISTANCE CHECK is ready. Go here: <http://v.8tme0kxuo0date.com/0a0eef/4013911951>
Reply*done*2-end 6 5 9

This is a Scam

1000 USD to help you through the crisis has been pre-approved, claim online at cashasap14.info/vXQThfmbv

As U.S. citizens begin to receive notifications regarding Government-issued stimulus checks—formally known as economic impact payments—malicious actors are conducting online scams to steal money or sensitive information from victims using phishing emails, text messages, and social media messages, among other tactics. While there are no indications that the Department of the Navy family is being specifically targeted, please be vigilant and do not reply to these messages.

Actors often impersonate financial institutions, the Internal Revenue Service, charities, and other businesses to request victims verify personal or financial information in order to receive a stimulus check or request a fee for quicker processing of the payment. Actors may also attempt to deliver malware to victims via a malicious link.

In other versions of stimulus check-related scams, actors mail fake checks to victims and request them to verify information online or via phone in order to cash the check. Other fraudulent checks appear to offer the victims more than what they are owed and include requests the difference back in online money transfers, gift cards, or cash.

RED FLAGS

- Request for personal and/or financial information in order to receive stimulus checks is delivered via email, phone, social media, or text message. A legitimate bank or agency would never request personal and/or financial information using these tactics.
- Promises for a faster payment if the victim clicks a link, provides sensitive information, or pays a fee.
- Message includes grammar, spelling errors, or typos within the content of emails or messages
- Message is delivered from an unknown sender or the sender appears to be an official from the IRS, White House, or other agency that does not typically reach out for sensitive information.
- Message includes the term “stimulus check” or “stimulus payment. Official government documents will use the official term “economic impact payment.”



If you have been targeted with this scam, call NCIS or use NCIS Tips via www.ncis.navy.mil or downloading our app via iTunes or GooglePlay.

1-800-386-8762



KEEP CALM and Avoid Coronavirus Scams

Here are **5 things** you can do
to avoid a Coronavirus scam:



Ignore offers for vaccinations and home test kits.

Scammers are selling products to treat or prevent COVID-19 without proof that they work.



Hang up on robocalls.

Scammers use illegal sales call to get your money and your personal information.



Watch out for phishing emails and text messages.

Don't click on links in emails or texts you didn't expect.



Research before you donate.

Don't let anyone rush you into making a donation. Get tips on donating wisely at [ftc.gov/charity](https://www.ftc.gov/charity).



Stay in the know.

Go to [ftc.gov/coronavirus](https://www.ftc.gov/coronavirus) for the latest information on scams. Sign up to get FTC's alerts at [ftc.gov/subscribe](https://www.ftc.gov/subscribe).



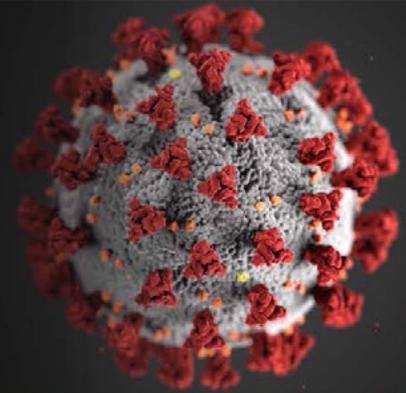
Federal Trade Commission

If you see a scam, report it to

[ftc.gov/complaint](https://www.ftc.gov/complaint)

Department of Defense Travel Restriction

UPDATE APRIL 20, 2020



NEW END DATE: June 30, 2020 (reviewed every 15 days)

Families

When possible, military services and DOD components will work to align assignments with the school year for families with school-age children.

Service Member Leave

Service members will be allowed to carry forward past Sept. 30, 2020, up to 120 days versus the usual 60 day limit.

Exempted

- ✓ Deployments and redeployments
- ✓ Retirements and separation
- ✓ Recruits and Initial Entry Training
- ✓ PCS individuals stopped mid move
- ✓ Patients and their companions
- ✓ TDY individuals stopped mid travel
- ✓ Individuals under Chief of Mission

Waivers Possible

- ✓ Mission essential travel
- ✓ Humanitarian reasons
- ✓ Personal hardship

Ask your supervisor or commander if you have a need to travel.

As of April 20, 2020, three DOD-wide travel restriction orders enacted in March are replaced and extended until June 30, 2020. The Department will maintain a continuous conditions-based assessment of the COVID-19 pandemic, and will formally review this policy every 15 days, to determine if conditions allow travel to resume earlier than June 30.



? Why?

- ✓ Protecting our troops, civilian workforce, and their families
- ✓ Safeguarding our national security capabilities
- ✓ Supporting the whole-of-nation response



Who?

- ✓ DOD service members
- ✓ DOD civilian personnel
- ✓ Family members whose travel is government funded



What?

- ✓ All domestic travel
- ✓ All overseas travel
- ✓ PCS, TDY, service member leave



When?

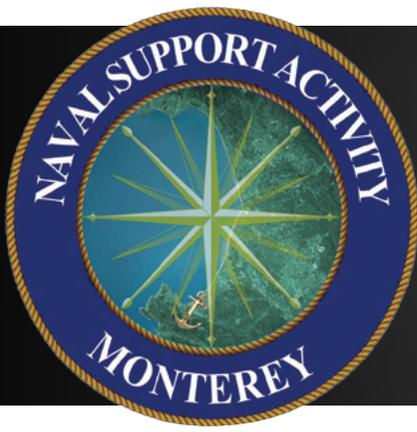
- ✓ Effective April 20, 2020 until June 30, 2020



Protecting our force, DOD civilians and their families
Safeguarding our national security capabilities
Supporting the whole of nation response

**MILITARY
ONE SOURCE**

www.militaryonesource.mil/coronavirus
800-342-9647



NSA MONTEREY BASE SERVICES UPDATE

www.nps.edu/web/nsam | NSAM_askCOVID19questions@nps.edu

May 4, 2020 - HPCON C

The base(s) will remain open to support the mission of our tenants. Our top priorities are to protect our people and maintain mission readiness. NSAM will effectively carry out the mission and take the appropriate steps to protect the health of our force and local community.

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Status of base functions and services: *Face coverings required

***Entry Control Points:** The Sloat and Annex gates are **OPEN** 24/7. All turnstiles **CLOSED** to inbound foot traffic.

***Child Development Center:** Only patrons designated as Mission Critical (without the ability to telework or distance learn) will receive care. Single/Dual Military parent NPS Students will be deemed as Mission Critical. Use the Essential Childcare Declaration sent out by the Child Youth Programs office for school signature for your Mission Critical designation.

***NGIS/Navy Lodge:** **OPEN** for military/tenant required travel.

Fleet and Family Services: **SERVICES AVAILABLE.** Call 831-656-3060.

***NSAM Dental Clinic:** Providing emergency care only. (clinic front desk number 831-656-2477).

***MEDICAL:** Medical sick call is **OPEN** on a walk-in basis (0630-0730).

***NSAM ID Card Lab:** ID Card lab services will be limited to those in emergent need only, and services are limited to: Initial CAC issuance, Lost/Stolen CAC or Teslin ID card issuances, CAC/Teslin/dependent card renewals for cards set to expire in the next 30 days, newly retired members, dependent enrollment, and pin resets.

Golf Course/Starbucks/Cafe Del Monte/Trident room/MWR ITT Office: **CLOSED**

***NEX/Gas station/Autoport:** **OPEN.** NEX will be closed on Sundays only.

Fitness centers / NEX Barber Shop: **CLOSED** until further notice.

Chapel: **CLOSED** for worship services. Counseling services available and will continue to be provided.

RV Park / *Post Office / *Navy Federal: **OPEN.**

SARC: On call 24/7.

***Fleet Logistics Center:** FLC and Supply outlets (official mail center, warehouse, house hold goods) are **OPEN** for business. House hold goods is closed to foot traffic. Separations and retirement moves are still being processed.

