



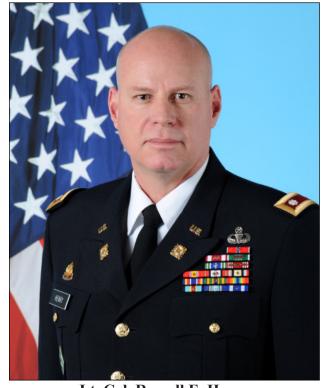
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Commander's View

Team Sierra,

In June, we as Army Professionals celebrated the Army's Birthday. The U.S. Army Birthday is a day for the Army... Soldiers, Veterans, Army Civilians, and their families to celebrate the day on which the first United States Army was formed – the Continental Army. This day falls on June 14th and is celebrated on an annual basis. It's a celebration that has been observed since the 1970s to acknowledge the vital contributions of its members and to develop enhance the esprit de corps. This year, we celebrate 245 years... of being Army Strong!

In July, we as Americans celebrated American Independence Day. We think of July 4, 1776, as a day that represents the Declaration of Independence and the birth of the United States of America as an independent nation. July 4, 1776 wasn't the day that the Continental Congress decided to declare independence (they did that on July 2, 1776), however the Continental Congress approved the final wording of the Declaration of



Lt. Col. Russell E. Henry

again, as you celebrate this year... Freedom is not Free. Many Americans throughout our existence Independence on July 4, 1776. May I remind you as a Nation have made a lifelong commitment

to service allowing us to enjoy the freedoms we enjoy today, and many great Americans making the ultimate sacrifice.

As we all know, the COVID-19 pandemic has changed our lives, and it has changed what we considered "normal" operations here on Sierra Army Depot. However, in the midst of some of the uncertainties surrounding the pandemic... my intent is clear... and that is to protect the force and prevent the spread of the virus while remaining mission-focused in support of Army Readiness and the Army's fight against the pandemic. Individual responsibility and discipline are important to our effort to protect each other.

Thank you all for what you do in support of the Soldier, Army and Defense readiness, and the Army's fight against this pandemic.

People First... Pride in Excellence... Sierra

Russell E. Henry, LTC, Commanding

Lt. Col. Russell Henry

Doug Magill

Lloyd Gubler





Depot Commander/Publisher Editor-in-Chief Graphic Design/Photographer

On the Cover: (SIAD recieves PPE and Test Kits, directly contributing to the Army's COVID-19 response) Centerfold: (photo credits: Lynn Goddard, Lloyd Gubler and Doug Magill)

Graphic design by Lloyd Gubler

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Sierra firefighters train Air National Guard counterparts

John Wooten, Sierra Army Depot firefighter, monitors a controlled burn, June 9, 2020, before the beginning of a training iteration with Nevada Air National Guard firefighters at Sierra Army Depot's fire training center in Herlong, California. Sierra Army Depot firefighters trained firefighters from the Nevada Air National Guard's 152nd Airlift Wing, based out of Reno, Nevada, on multiple scenarios. (U.S. Army photos by Doug Magill)











law enforcement during periods of civil unrest. (US Army photo by Doug Magill)



Sierra safety office holds stand-down

By Donny Lafferty

Sierra Army Depot safety office

The month of May is recognized as Fall Protection Month for the employees of Sierra Army

SIAD participated in Occupation Safety and Health Administration's 2020 National Safety Stand-Down, May 4-8, for the prevention of falls in the construction and general industry.

This was SIAD's third year participating in the national emphasis program held by OSHA. All SIAD weekly safety talks have been focused on proper fall prevention equipment, personal fall arrest protection equipment, hazard identification for work process when working at heights, and finally job hazard analysis requirements for addressing working at heights.

The SIAD safety office addressed and assisted with fall protection education and JHA creation with various work centers.

The safety office also engaged with several construction contractors with fall prevention oversite as well as provided shared information with their onsite safety representative.

Overall the safety stand down with general industry and construction contractors was a success and has reinforced our continued partnership with each contractor here on the depot.







Photo by Donny Lafferty, Sierra Army Depot safety office

Members of the Sierra Army Depot safety office pose for a photo with SIAD contractors during a safety standdown, May 4-8. The stand-down focused on fall prevention equipment, fall arrest protection, hazard identification and job hazard analysis requirements.









Photos by Donny Lafferty, Sierra Army Depot safety office

Members of the Sierra Army Depot safety office facilitated a safety stand-down day with SIAD contractors, May 4-8, 2020. The stand-down included practical examples and training focused on fall prevention equipment, fall arrest protection, hazard identification and job hazard analysis requirements.



COVID-19 with a SIAD perspective

By Rebecca Durocher

Family Advocacy Program coordinator

We have all been inundated with information to prepare us for the intrusion of COVID-19 into our work and personal lives. It is truly excellent to remember and follow the advice coming from the CDC (Center for Disease Control and Prevention) – here's a few:

- cough/sneeze into your elbow or a tissue (contain it)
- distance yourself socially (at work allow some space between, or, limit to six)
- wash your hands OFTEN
- open/close doors with elbows, knuckles, hips,
- avoid touching eyes, nose, mouth (in other words, your face)

Here's another one – watch and be aware of your mood.

Wait a minute – what was that? Why is that important?

When you are feeling the strain of this threat a person can easily get down and depressed. And, bad news, that stress works to lower your immune system's capacity to resist/fight disease. It's a good time to remember that this isn't our first experience dealing with a traumatic epidemic, or, world event. The citizens of the USA are very capable of dealing with a crisis – we rise to challenges – look below at recent history to verify that point:

- the roll out of assist after Hurricane Katrina; • coming to the aid for victims of the 2018 and 2019 California wildfires;
 - and, of course, 9/11

Now is the time to be a part of the "kindness contagion" – the patriotic acts of 2020 –

Use your Costco membership to buy for others who are homebound

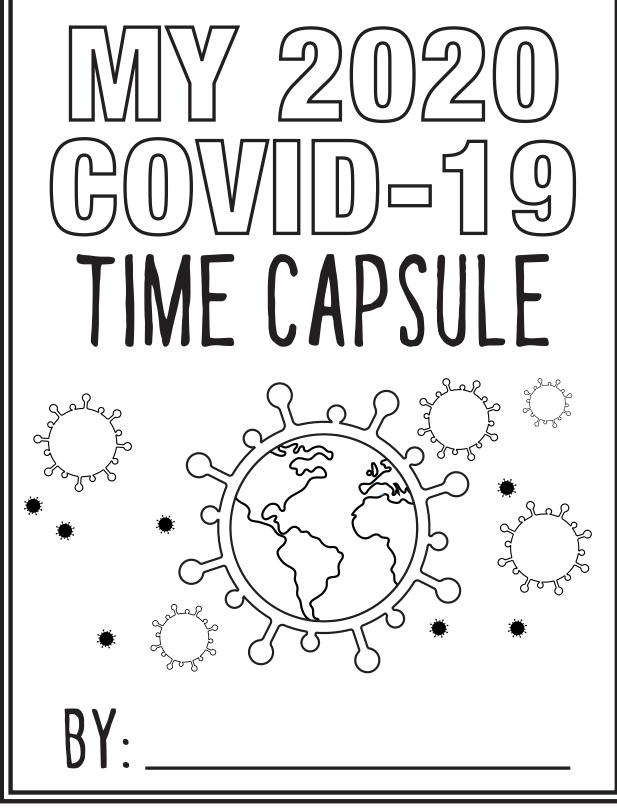
Kids are now home without that one balanced meal a day – offer to bridge the gap for those parents, or, form a Facebook group that does

While you may not be able to go on that family vacation you could form a group to combine donations to pay rent for a struggling household

Give your frequent flyer miles to a stranded college student trying to get home, or, open your doors for temporary lodgings, or, just store their belongings

If you are confined in your home:





Courtesy Family Advocacy Program

Click on the graphic above to download the full time capsule

- Recognize/acknowledge what happening to
- Add structure to your days
- Focus on your purpose what to do each day, and, journal accomplishments
 - Call or Facetime the people you love
- Move your body its great for improving Walmart), or birdwatch! your mood
- Put a time cap on how long you spend reading the news
 - Know when to seek professional help

And, this is a great time to . . .

Take a walk, plant a garden (seeds at



Pride in Excellence

SIAD Employees receive awards for length of service, outstanding performance and retirements.



Chris Zahara, Length of Service



Andrea Patton, Performance



Steve Alby, Performance



Jerry Beckett, Performance



Sgt. Armand Sery, Service



Mr. Robert Roberts, Performance



Mr. Clarence Beauchman, Retirement



Ms. Regina Rapacon, Performance



Mr. Donny Lafferty, Service



Mr. Gregory Masnick, Service



Ms. Jessica Everett, Performance



Ms. Kimberly Hunter, Length of Service Award



Ms. Michelle Fauls, Performance



Ms. Shirley Paxton Young, 4-star note



Mr. Tobiah Mogavero, Service



Mrs. Violetta Raborn, Service



Sgt. Robert Tate, Performance



Sgt. Darryl York, Performance