



June 26, 2020  
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# The Real McCoy®

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## Hundreds of community members participate in 245th Army birthday celebration on post

**STORY & PHOTOS BY SCOTT T. STURKOL**  
*Public Affairs Staff*

The 2020 observance of the Army's 245th birthday was held June 12 at Fort McCoy with hundreds of Fort McCoy community members participating in the age of social distancing.

Observance events were coordinated by the Fort McCoy Directorate of Family and Morale, Welfare and Recreation (DFMWR).

"While this wasn't our usual Army birthday celebration, the overwhelming community support from our patriotic sponsors allowed us to still celebrate this important occasion," said DFMWR Director Patric McGuane. "The incredible DFMWR team here at Fort McCoy was determined to celebrate our Army's birthday. Their adaptability, flexibility, and agility was on full display as we were able to modify the event to safely have a real celebration."

In past years for the observance, a free lunch celebration has been offered at either Constitution

Park or at McCoy's Community Center. Also, athletes can usually participate in the commander's 5k run. However, with the installation still observing restrictions for the response to the COVID-19 pandemic, the lunch and run were not held in 2020. Instead, other events were planned with the additional safety measures in mind.

The first event was a free drive-thru breakfast held at McCoy's Community Center, building 1571, from 7 to 9 a.m. Breakfast go-ers had options that included a doughnut, breakfast bar, coffee, and juice. Cupcakes and fresh fruit also were available for a later snack, and free Army birthday T-shirts were given away.

"We had more than 260 people participate in the breakfast," DFMWR Marketing Director Liz Faber.

DFMWR also organized the Army Birthday Virtual 5K. This event took place online June 8-14. Participants ran or walked around their neighborhoods, on an outdoor track, or on a treadmill and then posted a photo of their participation on the Rumpel Fitness (See **BIRTHDAY**, Page 4)



*Photo courtesy 1st Battalion, 310th Brigade Engineer Battalion*

**A Soldier with the 1st Battalion, 310th Brigade Engineer Battalion of the 181st Multi-Functional Training Brigade conducts training June 10 in preparation for upcoming training planned for July at Fort McCoy.**

## Training gradually returning to Fort McCoy with precautions

Training gradually returning to Fort McCoy with safety precautions after initial COVID-19 halt

The majority of transient troop training and institutional training at Fort McCoy stopped at the end of March as part of the installation's and Army's response to the COVID-19 pandemic. As July begins, some training is making a return to the post.

The training schedule for July includes training by the Army Reserve's 432nd Civil Affairs Battalion. The battalion's Soldiers regularly complete annual training at the installation.

According to the Army civil-affairs job description at [www.goarmy.com](http://www.goarmy.com), Soldiers in the career field have to maintain special skills.

"Civil-affairs Soldiers apply

knowledge of governance, economics, and politics to affect human behavior and work towards strategic goals," the description states. "Advanced survivability skills allow civil-affairs forces to operate in small, autonomous teams working among the population, even in hostile or denied territory. Trained in foreign languages, cultural expertise, and negotiation techniques, civil-affairs Soldiers build networks of formal and informal leaders to accomplish important missions in diplomatically or politically sensitive areas."

Also coming in July for weekend and extended-combat training are National Guard infantry units, military police units, Marines, Army medical personnel, and Army

(See **TRAINING**, Page 2)



**A Fort McCoy community member stops at McCoy's Community Center for a free drive-thru breakfast and a T-shirt June 12 during the installation of the Army's 245th birthday. Birthday observance events were coordinated by the Fort McCoy Directorate of Family and Morale, Welfare and Recreation.**

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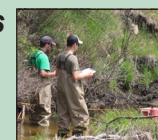
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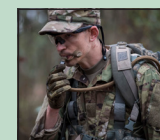
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## NEWS

# Army aims to hire 10,000 new Soldiers during three-day event

FORT KNOX, Ky. — The U.S. Army is kicking off its first nationwide virtual hiring campaign June 30-July 2 with a goal of recruiting 10,000 new Soldiers to serve in 150 different occupations.

Army National Hiring Days is an all-Army effort to inspire individuals across the nation to “Join Us.”

As part of the three-day hiring event, Army leaders, operational units, recruiters and community partners across America will focus on encouraging individuals to explore the Army’s career paths, ranging from traditional combat roles to support positions in logistics, engineering and technology.

They will also highlight the benefits of military service, to include health insurance, retirement plans, training and education opportunities, family support programs, and more.

U.S. Army recruiters have focused heavily on virtual communications since mid-March when the COVID-19 pandemic necessitated a socially distant society.

This new virtual hiring event will be the first time the Army has come together as a whole to leverage the digital space in a concentrated all-Army nationwide recruiting effort.

“The last three months have challenged America, and our Army has been part of the team working to fight this pandemic together,” said Maj. Gen. Frank Muth, commanding general for U.S. Army Recruiting Command. “We are adapting our recruiting efforts to the current environment to ensure we can



*U.S. Army Graphic Illustration*

continue to protect and support our nation in the future. We believe Army National Hiring Days will help us find the right people who are ready to ‘Join Us.’”

During Army National Hiring Days, interested individuals can visit [www.goarmy.com](http://www.goarmy.com) to see if they meet the qualifications, learn about job opportunities and associated hiring incentives, and connect with a recruiter in their area.

“The Army has a career for every interest,

and many people aren’t really aware of that,” Muth said.

“You’ll receive the technical training to succeed in your field and then have access to education benefits to go even further.”

To become an enlisted Soldier in the U.S. Army, individuals must be a U.S. citizen or permanent resident; be 17-34 years old; achieve a minimum score on the Armed Services Vocational Aptitude Battery test; meet medical, moral and physical requirements; and be a high

school graduate or equivalent.

Qualified applicants are eligible for bonuses up to \$40,000 or student loan reimbursement up to \$65,000, depending on the selected occupation, ASVAB scores, contract length, and timeline for shipping to basic training.

For more information about Army opportunities and to find a local recruiter, visit [goarmy.com](http://goarmy.com).

*(Article prepared by U.S. Army Recruiting Public Affairs.)*

## TRAINING

aviation units.

All units completing training will do so practicing extra COVID-19 preventative measures, officials said.

“Fort McCoy has a long-standing history of providing excellent support for training at the installation,” Directorate of Plans, Training, Mobilization and Security Interim Director Dave Cochran said. “In the era of the COVID-19 pandemic, we are taking all the necessary precautions to make sure that troops, the workforce, and their family members are safe while at the same time ensuring we continue to provide the high-quality training environment Fort McCoy is recognized for and why units regularly choose Fort McCoy as their choice location to conduct training.”

In August, training activity will continue to grow with two Ready Warrior exercises coordinated by the 86th Training Division and 84th Training Command. These exercises also will include extra safety precautions.

*(Article prepared by the Fort McCoy Public Affairs Office.)*



*Photo by Scott T. Sturkol*

**Soldiers with the 181st Multi-Functional Training Brigade drive Humvees on the cantonment area June 18 after completing some training preparation at Fort McCoy.**

from Page 1



## Dining Facility

Dining Facility 1362, located at the Noncommissioned Officer Academy, is open. Military members and Department of Defense civilians on official orders for temporary duty training may use dining facilities. Units must coordinate through the Food Program Management Office at 608-388-6518/4739.

**Opens for dinner July 6.**

### Hours

Breakfast: 6-8 a.m.  
Lunch: 11:30 a.m. - 1 p.m.  
Dinner: 5-6:30 p.m.

### Rates

Breakfast — \$3.50  
Lunch — \$5.65  
Dinner — \$4.90

## Recreation

**Automotive Skills Center:** Building 1763. Closed until further notice. Call 608-388-3013.

**Better Opportunities for Single Soldiers (BOSS):** Call 608-388-3200.

**iSportsman:** Portal for hunting, fishing, and outdoor recreational activities. Register, apply for permits, and sign in or out at [ftmccoy.isportsman.net](http://ftmccoy.isportsman.net).

**McCoy's Community Center:** Building 1571. Offers books, arcade, gaming area, and bowling. Closed until further notice. Call 608-388-7060.

**Bowling Center:** Closed until further notice.

**Leisure Travel Services Office:** Open 10 a.m.-5:30 p.m. Mon.-Fri. Call 608-388-3011.

**Pine View Campground/Recreational Equipment Checkout Center:** Building 8053. Open 9 a.m. - 5 p.m. Sun.-Thurs. and 9 a.m.-5 p.m. Fri.-Sat. Call 608-388-2619.

**Rumpel Fitness Center:** Building 1122. Closed until further notice. Call 608-388-2290.

**Indoor swimming pool, atrium, sauna and steamroom:** Closed until further notice.

**Sportsman's Range:** Closed until . Call 608-388-9162/3517.

**Tactics Paintball & Laser Tag:** Closed until further notice. Call 800-531-4703.

**Whitetail Ridge Ski Area:** Closed for the season. Call 608-388-3517.

## Dining

**McCoy's Community Center:** Building 1571. Catering/administration, call 608-388-2065.

**Food:** Closed until further notice.

**Sports bar:** Closed until further notice.  
**Snack Avenue:** Building 1538. Located inside Express. Open 8 a.m.-5 p.m. Mon.-Sat. and 9 a.m.-4 p.m. Sun. Call 608-269-5604 or 608-388-4343.

**Specialty Express Food Court:** Building 1538. Open 11 a.m.-4 p.m. Mon.-Fri. Limited seating available. Delivery available to South Post and in cantonment area. Call 608-269-5615, ext. 303.

**Whitetail Ridge Chalet:** Building 8061. Closed for the season. Call 608-388-3517.  
**Ten Point Pub:** Closed.

## Services

**Alteration Shop:** Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. and 10 a.m.-2 p.m. Sat. Call 608-269-1075.

**Barber Shop (Exchange):** Building 1538. Open 9 a.m. - 5 p.m. Mon.-Fri. Call 608-269-1710.

**Car Rentals (Enterprise):** Info available at the Exchange, building 1538. Use the phone at the Enterprise sign. Call 608-782-6183 or 800-654-3131; use CDP# 1787245.

**Car Wash:** Building 1568. Offers self-service and automatic bays and vacuums. Open 24/7. May close during extremely cold weather. Accepts cash or credit cards. Call 608-388-4161.

**Commissary:** Building 1537. Open 10 a.m.-6 p.m. Mon.-Sat. 100 percent ID check at door. Limited to 20 patrons at a time. No reusable bags. Call 608-388-3542/3543.

**Computer Lab:** Building 50, room 100A. Open 7:30 a.m.-4 p.m. Mon.-Fri. Computers, projector, printer, scanner, fax machine available. Call ahead for availability. Call 608-388-2474.

**CWT (Carlson Wagonlit Travel) SatoTravel:** Building 2180. Open 7:30 a.m.-4 p.m. Mon.-Fri. No walk-ins. Call 608-388-2370, 608-269-4560, or 800-927-6343.

**Education/Learning Center:** Building 50, room 123. Open 8 a.m.-2 p.m. Mon.-Fri. No walk-ins. Email [darrel.l.hawkins.ctr@mail.mil](mailto:darrel.l.hawkins.ctr@mail.mil) to schedule tests. Email [connie.j.schauer.civ@mail.mil](mailto:connie.j.schauer.civ@mail.mil) for other services.

**Equal Employment Opportunity:** Open 7 a.m. - 4:30 p.m. Mon.-Fri. No walk-ins. Call 608-388-3106/3107 or email [usarmy.usarc.usarc-hq.mbx.eeo@mail.mil](mailto:usarmy.usarc.usarc-hq.mbx.eeo@mail.mil).

**Exchange:** Building 1538. Open 8 a.m.-5 p.m. Mon.-Sat. and 9 a.m.-4 p.m. Sun. Call 608-269-5604.

**ID Card/DEERS Section:** Building 35. Open 8 a.m.-4 p.m. Mon., Wed., Fri. By appointment only. **Face masks required.** Call 608-388-4563 to verify ID Section is operational.

**IHG Army Hotels:** Building 51. Open 24/7. Call 608-388-2107 or 877-711-TEAM (8326). Some services suspended/limited.

# facilities services

This schedule is projected through **July 9**.  
**Hours of operation and services may be affected by COVID-19 precautions and are changing frequently. Most offices closed July 3 for Independence Day. Call facilities to verify hours before traveling.**  
**Bold, italic typeface** indicates a change since the last publication.

**Installation Legal Office:** Building 1644. Limited walk-ins accepted. Call 605-388-2165.

**Launderette/Dry Cleaning:** Building 1538. Open 9 a.m.-5 p.m. Mon.-Fri. Call 608-269-1075.

**Laundry Facilities:** Open 24/7. Exclusively for use by Soldiers training on Fort McCoy. Civilian, family members, and retired military members are not authorized to use these facilities. Call 608-388-3800 to find out which buildings are open.

**Military Clothing:** Building 1538. Open 8 a.m.-7 p.m. Mon.-Sat. and 8 a.m.-3 p.m. Sun. Call 608-269-5604, ext. 203.

**Military Personnel:** Building 2187. Open 7:30 a.m.-4 p.m. **Face masks required.** By appointment only. Soldier In & Out-processing: 608-388-4822. Personnel Automations: 608-388-4842. Reassignments: 608-388-4746. Records Update: 608-388-5677. Centralized Promotions/Records Update: 608-388-5677.

**Multimedia/Visual Information:** Building 2113. Open 7:30 a.m.-4 p.m. Mon.-Fri. By appointment only. No DA/command photos until further notice per DA policy. Call 608-388-4520.

**Official Mail Distribution Center:** Building 1654. Open 7:30 a.m.-3 p.m. Mon.-Fri. No mail delivery; pickup only. Call 608-388-4520.

**Patriot Outfitters:** Building 1538. Closed until further notice. Call 608-269-1115.

**Permit Sales:** Building 2168. Hunting, fishing, and firewood permits. By appointment only. Check [ftmccoy.isportsman.net](http://ftmccoy.isportsman.net) for updates. Call 608-388-3337.

**Personal Property Processing Office:** Building 200. Open 8 a.m. - 4 p.m. Call 608-388-3060, fax: 608-388-5634, email: [usarmy.mccoy.asc.mbx.lrc-pppo@mail.mil](mailto:usarmy.mccoy.asc.mbx.lrc-pppo@mail.mil).

**Retirement Services Office:** Building 35. Open 7:30 a.m.-3 p.m. Mon.-Tues. and Thurs.-Fri. **Face masks required.** By

appointment only. Call 608-388-3716.

**R.I.A. Credit Union:** Building 1501. **Starting July 6, open 9 a.m.-1 p.m. Mon., Wed., Fri.** ATMs are located in building 1501 (available 24/7); McCoy's, building 1571 (currently closed); Exchange, building 1538; and IHG Army Hotels, building 51 (available 24/7). Call 608-388-2171.

**Service Station/Express/Class VI:** Building 1538. Open 8 a.m.-5 p.m. Mon.-Sat. and 9 a.m.-4 p.m. Sun. Call 608-388-4343. Pay-at-the-pump gas is open 24/7.

**Transition Service Center:** Open 7:30 a.m.-4 p.m. Mon.-Fri. By appointment only. Call 608-388-7956.

**Visitor Control Center:** Building 35. Open 6 a.m. - 2 p.m. Mon.-Fri. **Face masks required.** Passes issued at Main Gate outside of VCC hours. Physical Security open for fingerprints Thur. only; call 608-388-3702. See ID/DEERS section for its hours.

## Family Support

**Army Community Service:** Building 2111. Closed until further notice. For emergencies, call: 608-630-7473, Family Advocacy Program; 608-388-3000, SHARP; 877-272-7337, Army Emergency Relief, or 608-487-4663, other ACS emergencies.

**Army Substance Abuse Program:** Building 1344. Open 7:30 a.m.-4 p.m. Mon.-Fri. By appointment only. Call 608-388-2441.

**Child Development Center:** Building 1796. **Open with reduced capacity.** Call 608-388-3534/2238.

**Housing Office:** Building 6158. Open 7 a.m.-4 p.m. Mon.-Fri. Family Housing, Single Soldier Housing, and referral services. Self-Help Warehouse open open noon-3:30 p.m. Wed. and 8 a.m.-noon Fri. Call 608-388-2804.

**Military and Family Life Consultant**

**Program (MFLC):** Building 2111. Provides education, information, and support for anyone affiliated with the military. MFLC services are confidential. By appointment only. Call 608-598-7324 or 608-400-6124.

**Red Cross:** Fort McCoy active-duty Soldiers and Family members can call 877-272-7337 for emergency assistance. For other Red Cross services, call 800-837-6313 or 608-788-1000.

**School Age/Youth Center:** Building 1792. Activities for youth grades kindergarten through 12. Offers after-school, nonschool, and inclement-weather care for eligible youth. **Open with reduced capacity.** Call 608-388-4373.

## Health Care

**Alcoholics Anonymous:** For more information, call 608-388-5955/2441.

**Fort McCoy Civilian Employee Assistance Program:** Screening and referral services for civilian employees and Family members experiencing difficulties due to problems related to substance abuse, mental health, marital/family discord, or other causes. By appointment only. Call 608-388-2441/5955.

**Fort McCoy Sexual Harassment/Assault Response & Prevention (SHARP):** 24/7 hotline: 608-388-3000.

**Occupational Health Clinic:** Building 2669. Open 7 a.m.-3 p.m. Mon.-Fri. By appointment only. Call 608-388-3025.

**TRICARE:** TRICARE North Region, 877-874-2273; TRICARE West Region, 877-988-9378; TRICARE South Region, 800-444-5445; TRICARE for Life, 866-773-0404; or [www.tricare.mil](http://www.tricare.mil).

**Troop Medical Clinic:** Building 2669. Call 608-388-3025 for available services or assistance locating local services while training at Fort McCoy. **If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing, call your health care provider for medical advice.**

## Worship

**Catholic:** Chapel 10, building 1759. Canceled until further notice. Channel 19 (La Crosse) shows Mass at 9:30 a.m. Sundays.

**Jewish:** Congregations of Abraham, 1820 Main St., La Crosse, Wis. Call 608-784-2708 for options.

**Mormon:** Church of Jesus Christ of Latter-day Saints, 702 E. Montgomery St., Sparta, Wis. Call 608-269-3377 for options.

**Protestant:** Chapel 1, building 2672. Canceled until further notice. Readings available on Facebook.com/FtMcCoyRSO/.

**Protestant Women of the Chapel:** Building 1792. Canceled until further notice. Call 608-

388-3528.

**Spanish Language:** Catholic services in Norwalk; call 608-823-7906 for options. Seventh-Day Adventist services in Tomah; call 608-374-2142 for options.

Face-to-face services are not currently available. Call RSO at 608-388-3528 for options and assistance.

If you have an emergency, call 608-388-2266, and the on-call duty chaplain will be contacted.

## Organizations

**American Federation of Government Employees (AFGE), Local 1882:** Call 608-721-7401.

**American Society of Military Comptrollers:** Meets several times throughout the year. For more information, call 608-269-1912.

**Reserve Officers Association, Fort McCoy-Readiness 43:** For more information, call 920-535-0515 or email [justdave49@centurylink.net](mailto:justdave49@centurylink.net).

**USO Wisconsin at Fort McCoy:** Building 1501. Walk-up service available starting June 29. For more information or to volunteer, call 414-477-7279 or email [ehazlett@usowisconsin.org](mailto:ehazlett@usowisconsin.org).

**Warrant Officers Association, Chapter 0317:** For more information, email [usawoamccoy@outlook.com](mailto:usawoamccoy@outlook.com).

## Safety Measures

There are measures that each of us must take to mitigate any potential spread of the virus locally. These include: **frequent hand washing; avoiding close contact (6-foot buffer); not shaking hands; covering coughs and sneezes; cleaning frequently touched objects and surfaces; staying home when feeling ill; and avoiding touching your eyes, nose and/or mouth.**

**In accordance with Department of Defense guidance, face coverings are required in public settings, including the commissary and Exchange.**

Wipe down work areas and commonly touched surfaces daily. A list of recommend disinfectants is available at [www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2](http://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2).

If you or any family member feels sick, consult with your health care provider about your symptoms and seek advice on treatment.

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## The Real McCoy

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Send advertising inquiries to River Valley Newspaper Group, P.O. Box 4008, La Crosse, WI 54601 or call 608-374-7786/877-785-7355.

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Read this publication online at <https://home.army.mil/mccoy>.

**All privately owned firearms brought on the installation must be registered through the Directorate of Emergency Services (DES) Police Department. Firearm registration is required by Army Regulation 190-11, 4-5, "Privately owned weapons and ammunition." Firearms are required to be registered prior to entrance or immediately upon entering any lands identified as Fort McCoy property. For more information, call 608-388-2266.**



## NEWS

# BIRTHDAY

from Page 1

Center Facebook page. The first 50 participants who submitted a picture with their time from a fitness tracker or smartphone app received a free T-shirt.

"We had 54 people take part in the virtual 5K," Faber said.

DFMWR also had free car washes available for the Fort McCoy community. A free code as posted to the DFMWR Instagram and Twitter pages. "We had 106 people take advantage of the free car wash, as well," Faber said.

Armywide, there were many other virtual and video events that were available to the Fort McCoy community as well as the general public. These events included a wreath-laying ceremony at Arlington National Cemetery, Army birthday cake-cutting ceremony, and much more.

"On June 14, 2020, we recognize 245 years of defending and protecting America, and salute the generations of Soldiers who have answered the call to serve," states an article by Headquarters, U.S. Army on [www.army.mil](http://www.army.mil). "No matter the challenges we face as a nation, America's Army will always be there when needed."

A list of all the Army birthday events that took place throughout the world can be seen at [www.army.mil/article/235706/u\\_s\\_army\\_birthday\\_2020\\_events](http://www.army.mil/article/235706/u_s_army_birthday_2020_events).

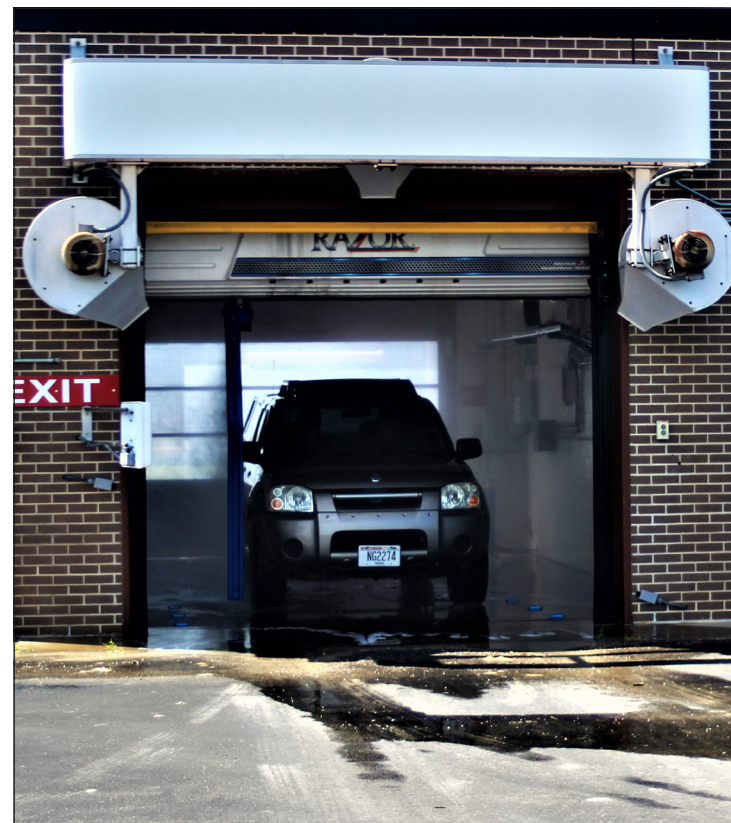
Also featured on the page is the video "The Army at 245: A Tribute to America." The video can be seen at [www.youtube.com/watch?time\\_continue=2&v=L8gvqEC5JnI&feature=emb\\_logo](https://www.youtube.com/watch?time_continue=2&v=L8gvqEC5JnI&feature=emb_logo). As a reminder to the Fort McCoy community, the Fort McCoy Commemorative Area is a place at the installation to honor the Army's history and Fort McCoy's history. And even though the Fort McCoy History Center and historic buildings at the area are not currently open, people can visit Equipment Park and Veteran's Memorial Plaza during normal business hours to see and honor that history.



**Liz Faber, marketing director for the Directorate of Family and Morale, Welfare and Recreation, hands out T-shirts to Directorate of Emergency Services personnel June 12 at McCoy's Community Center during the installation observance of the Army birthday.**



**A community member stops at McCoy's Community Center on June 12 for the drive-thru breakfast.**



**A community member gets a car wash June 12 at the post automated car wash as part of the birthday observance.**



## NEWS



Photo by Scott T. Sturkol

### New garrison commander visits DFMWR

Garrison Commander Col. Michael D. Poss (second from right) visits with members of the Directorate of Family and Morale, Welfare and Recreation (DFMWR), on June 12 in McCoy's Community Center as part of an official visit to the directorate. Poss became the new garrison commander on June 10. In addition receiving a briefing about DFMWR operations, he also visited the Child Development Center and Youth Center.

# Scholarships for military children marks 20 years of success

BY MIKE PERRON

Defense Commissary Agency

FORT LEE, Va. — Though the 2019-2020 school year was disrupted by the COVID-19 pandemic, the Scholarships for Military Children program came through for 500 students from military families who were each awarded a \$2,000 scholarship grant for the upcoming 2020-2021 school year.

Four scholarships were awarded through the Fort McCoy Commissary.

The program, created in 2001, recognizes the contributions of military families to the readiness of the fighting force and celebrates the commissaries' role in enhancing the military's quality of life. It's administered by the Fisher House Foundation, a nonprofit organization that helps service members and their families.

The foundation's recent efforts to modernize the entry process contributed to the successful outcome in the face of social distancing and other restrictions in place this year.

"This was the second year that the entire application process was done online," said Jim Weiskopf, Fisher House Foundation vice president. "We experienced a server problem on the final day for submissions that prevented applicants from submitting their completed applications, but since we had their email addresses, we were able to communicate with the entire applicant pool and extend the submission deadline by two days, so no one was penalized for something not their fault."

The stores where ceremonies would normally be held to honor scholarship awardees had to adapt to COVID-19 restrictions, as well.

"While we would normally hold a ceremony at the commissary, during these uncertain times with social distancing, ceremonies could not be held this year," said Marye Dobson, the Defense Commissary Agency's scholarships program liaison. Instead, scholarship winners were notified by mail.

Scholarship applicants submit their official transcript indi-



cating a minimum cumulative GPA of 3.0 or above on a 4.0 scale for high school applicants, or indicating a cumulative minimum GPA of 2.5 or above on a 4.0 scale for students already enrolled in college; and an essay of 500 words or less, no longer than two pages.

"In this, the 20th anniversary year of the scholarship program, we were pleased once again with the overall quality of

the applicants," said Weiskopf. "We received a total of 4,851 applications from 225 commissaries."

Eligibility is determined using the Defense Enrollment Eligibility Reporting System database. Applicants must ensure that they, as well as their sponsor, are enrolled in the DEERS database and have a current military dependent ID card. The applicant must also be planning to attend or already be attending an accredited college or university, full time, in the fall of 2020 or be enrolled in a program of studies designed to transfer directly into a four-year program.

Applicants who are awarded a full scholarship to attend a college or university or receive an appointment to one of the military academies or affiliated preparatory schools are not eligible to receive funds from this program. A full scholarship is usually defined as one that provides for payment of tuition, books, lab fees, and other expenses.

All rules and requirements for the program, as well as links to frequently asked questions (<https://www.militaryscholar.org/sfmc/faq.html>) are available at the Scholarships for Military Children website (<http://search.militaryscholar.org/>), as is the full list of this year's winners (<https://www.militaryscholar.org/sfmc/winners20.html>).

Fisher House also recently added a custom scholarship search engine to the site, tailored to military families, called "Scholarships for Service." It's free, easy to use, and available on mobile devices or computers at [militaryscholar.org](http://militaryscholar.org).

"The window to apply for the 2021-2022 Fisher House Scholarships for Military Children should open in December and close in February, but the exact dates have not been determined yet," said Dobson. "Be sure to check the scholarship page in mid-December for the opening of the program."

Fisher House Foundation is ranked a four-star charity by Charity Navigator. No government funds are used to support the Scholarships for Military Children Program. Commissary vendors, manufacturers, brokers, suppliers and the general public donate money to fund the program.



## NEWS

# ACFT 2.0: Changes sparked by COVID-19

BY THOMAS BRADING

Army News Service

FORT EUSTIS, Va. — The Army Combat Fitness Test, or ACFT, will be the force's test of record starting Oct. 1, but the Army's top enlisted Soldier says troops will have more time to train for and pass the six-event test — without fear of it negatively affecting their careers during that time.

Despite hold-ups caused by COVID-19, Sgt. Maj. of the Army Michael A. Grinston is confident the long-planned ACFT will stay on track. In addition to the new training timeline, he also announced a handful of other modifications to the test, dubbing it ACFT 2.0.

It's the same six-event physical fitness test — just an updated version, Grinston said. Even though troops don't have to pass the test this year, they still have to take the ACFT as scheduled.

"When it's the test of record, you have to put it into the system of record, and that's the only requirement right now," Grinston said. This

means the Army won't take administrative actions against Soldiers for potential ACFT failures.

Potential career effects like separation, derogatory or referred evaluation reports, and a Soldier's Order of Merit List standing are all off the table to be negatively affected due to an ACFT failure.

This news comes as the Army, in response to social distancing guidelines, hit the brakes on all physical fitness tests in March. Although fitness tests slowed down, Army leaders went full-steam ahead to plan how Soldiers will jump from the 40-year-old Army Physical Fitness Test, or APFT, to the new ACFT 2.0.

So what are the changes?

First, for many, the APFT is gone for good. Once testing suspensions are lifted, the only Soldiers required to take an APFT ever again will be troops without a current passing score, the sergeant major confirmed.

"As for everyone else (with a current passing APFT score), they should start training for the ACFT," he said.

As far as the evolution of the ACFT, the biggest change for Soldiers is the option to substitute a two-minute plank once a Soldier has attempted the leg tuck.

The other six events are still locked in: the three-repetition maximum dead-lift; standing power throw; hand release pushups; leg tuck; 2-mile run; and sprint, drag, carry. The plank is just an interim assessment.

The plank is seen as a transitioning tool for Soldiers jumping from the APFT to the six ACFT events, said Maj. Gen. Lonnie G. Hibbard, the U.S. Army Center for Initial Military Training commanding general.

Depending on an individual's physical starting point, switching back to the leg tuck should take "anywhere between six to three months," Hibbard said, but for now, the plank is an alternative.

Planks are a core muscle-burning exercise, completed by individuals who remain static with their elbows planted to the ground directly beneath the shoulders at a 90-degree angle while maintaining a straight



U.S. Army photo

**A Soldier participates in the Army Combat Fitness Test in 2019.**

posture.

Plank exercises can be conducted almost anywhere, Hibbard said, and do not require equipment to train for. Under the current COVID-19 conditions, this could be an ideal transitional assessment.

Also, the stationary bike event

dropped its initial 15,000-meter standard down to a 12,000-meter standard. Biking is an Alternate Assessment for Soldiers with permanent profiles unable to complete the 2-mile run.

Additional changes for fiscal year 2021 also include scoring standards. All Soldiers are challenged to pass the ACFT at the "Gold Standard," Hibbard said, which is an overall minimum total score of 60.

To pass, all troops are required to meet the moderately challenging "gold standard" instead of the more grueling "grey or black" scoring minimums — typically reserved for harsher, more physically demanding career fields. This standard applies to all Soldiers, regardless of age or gender.

Until COVID-19 hit, "we were seeing vast improvements with the ACFT," Grinston said, adding that the changes to the ACFT promote a better physical fitness standard that will mirror the physical demands of the Army, while also decreasing injuries and having more effective Soldiers within the ranks.



Photo by Scott T. Sturkol

## Barracks construction continues

An area of the 1600 block of the cantonment area of the installation is shown June 18 where a new multi-million dollar barracks is being built at Fort McCoy. Contractor L.S. Black Constructors was awarded a \$20.6 million contract to build the barracks in September 2019. The planned completion date is currently August 2021. The planned barracks will be different than the traditional barracks that are located throughout the installation. This new building will be four stories and be able to house 400 people in approximately 60,000 square feet. The project also is the first of eight new buildings planned for the entire 1600 block. The plan is to build three more barracks with the same specifications, three 20,000-square-foot brigade headquarters buildings, and one 160-room officer quarters. This is an Army Corps of Engineers-managed project.



NEWS

# Spring projects on Fort McCoy included road paving



*Photos by Scott T. Sturkol*

Contractors work on paving a road in the cantonment area May 7 at Fort McCoy. The road paving was part of work being done on several roadways during the spring at the installation. The construction was coordinated by the Fort McCoy Directorate of Public Works.



Contractors pave a section of road June 4 on South Post at Fort McCoy.



Contractors pave a road cantonment area April 23 at Fort McCoy. This was around the start of many road paving efforts at the installation.



ADS



## COMMUNITY

# Fort McCoy ArtiFACT: Tooth powder bottle

Archaeological investigations at Fort McCoy encounter traces of the recent, or historic, past (the last 200 years) almost as frequently as they encounter the distant, or prehistoric, past (the last 10,000 years).

In fact, nearly two-fifths of the approximately 600 archaeological sites identified at Fort McCoy have turned up historic materials. Historic artifacts can paint a much clearer picture of specific activities that people engaged in during the recent past.

A site investigated in 2014 yielded a plethora of historic artifacts, including hundreds of pieces of plates, glass bottles, canning jars, stove parts, animal bones, building materials like bricks and nails, clothing fasteners, tobacco tins, barbed wire, and farm vehicle parts.

A small number of prehistoric artifacts were also recovered, but these were restricted to waste, which were made while shaping or sharpening a stone tool.

One of the more interesting artifacts recovered from the 2014 investigations was a glass bottle that was fully intact. It has raised letters on one side of the bottle that read "DR. BOWMAN'S TOOTH POWDER."

Tooth powders, also called dentifrices, date back as far as the ancient Greeks, Romans, and Egyptians, and the earliest powders and pastes were composed of materials including ground ox hooves, charcoal, eggshells, pumice, ash, crushed bones, and oyster shells.

More recent tooth powders saw the introduction of brick dust, crushed china, baking soda, and borax.

While toothpaste has the majority of the oral hygiene market cornered in the modern era, tooth powders are still available at supermarkets and pharmacies. Modern ingredients still include baking soda and borax, but also chalk, charcoal, powdered sugar, honey, and peppermint oil.

Tooth powders can be applied with a finger

and do not require the use of a toothbrush, which makes them a bit more practical when spending time in the wild camping (or bivouacking), but most dentists assert that baking soda is too abrasive for daily use.

All archaeological work conducted at Fort McCoy was sponsored by the Directorate of Public Works Environmental Division Natural Resources Branch.

Visitors and employees are reminded they should not collect artifacts on Fort McCoy or other government lands and leave the digging to the professionals.

Any person who excavates, removes, damages, or otherwise alters or defaces any historic or prehistoric site, artifact, or object of antiquity on Fort McCoy is in violation of federal law.

The discovery of any archaeological artifact should be reported to the Directorate of Public Works Environmental Division Natural Resources Branch at 608-388-8214.



*Photo contributed by Colorado State University Center for Environmental Management of Military Lands*

**An empty bottle of "Dr. Bowman's Tooth Powder" that was discovered at a Fort McCoy archaeological site in 2014 is shown above.**

*(Article prepared by the Fort McCoy Natural Resources Branch.)*



## Fun in the sun

(Left) A Fort McCoy family member takes a dive on a slip-n-slide June 18 at the School Age Center/Youth Center (SAC/YC).

(Below) Two students with the SAC/YC's Adventure Group Summer Program play a game June 18 at Pine View Campground.

Child and Youth Services is once again offering limited services to Fort McCoy families. For information on available services, call 608-388-8956.

*Photos by Dustin Lakowske/Child and Youth Services*





## Freedom 5K runs June 29-July 5

The Directorate of Family and Morale, Welfare and Recreation is hosting the Freedom 5K, a virtual race, from June 29 to July 5.

Participants can participate on their own from their neighborhoods or home treadmills. Post a screenshot from a smartphone app or fitness tracker or a photo of your treadmill in the event's discussion page at [www.facebook.com/events/272211270690558/](https://www.facebook.com/events/272211270690558/).

The event is open to eligible MWR patrons. Photos must be posted by 11:59 p.m. July 5.

## Family Chalk Contest starts in July

The Directorate of Family and Morale, Welfare and Recreation is running the "Family Chalk Contest" from July 6-31.

Each week, families can post photos of their sidewalk chalk designs to the Facebook event discussion board at: [www.facebook.com/fortmccoyacs](https://www.facebook.com/fortmccoyacs). Participants who submit photos of the weekly theme will receive MWR coupons.

The weekly themes are Family Portrait, July 6-10; Driveway Family Game, July 13-17; Family Motto, July 20-24; and Draw a Scene, July 27-31.

The event is open to eligible MWR patrons.

## 'Virtual volunteering' opportunity available

The Tomah Veterans Affairs (VA) Medical Center is asking for letters and cards for veterans restricted to the VA Community Living Center.

The Connection Club is a virtual volunteering opportunity to keep individuals connected and create the sense of community on Fort McCoy and beyond. Volunteers in this position will commit to contacting a minimum of three people (phone call, email, text, snail mail) each week. Two need to be specifically related to Fort McCoy, and one can be outside of Fort McCoy (veteran, a contact at another post, service/family member known in the past, etc.).

The volunteer will share positivity with their contact, which could be in the form of a quote, idea, a link to a video, a card, etc., along with the human connection of checking in on someone else.

The Connection Club is an extension of Hunting the Good Stuff (looking for the positive in every day) and Building Strong Relation-

ship modules in the resilience curriculum taught by Army Community Service resilience trainers.

Those interested must contact Army Volunteer Corps Coordinator Lorie Retzlaff at 608-388-6507 (leave a message) or [lorie.l.retzlaff.civ@mail.mil](mailto:lorie.l.retzlaff.civ@mail.mil) to register as a Fort McCoy volunteer.

## New parent classes available through ACS

Army Community Service (ACS) now offers New Parent Support classes.

The classes are private and individualized. Topics include: period of purple crying, risk factors of SIDS, and safe sleep. Additional educational items will be given for parents to take home.

For more information or to schedule a class, call 608-388-2412.

## Family activity bags offered through ACS

Army Community Service (ACS) will offer military family activity and life skills bags to Fort McCoy families June 26 and July 31.

The bags can be picked up at the South Post Pavilion in the Family Housing Area. Bags with activities geared toward toddlers will be available both June 26 and July 31. "Back to school" bags intended for teens will be available July 31.

Bags can be picked up from 10 a.m. to noon June 26 and July 31.

For more information, call 608-630-7473 or email [jennifer.l.morris169.civ@mail.mil](mailto:jennifer.l.morris169.civ@mail.mil).

## Issues sought for Army Family Action Plan

The Army Family Action Plan (AFAP) is your platform to voice quality-of-life issues, feedback, ideas, and suggestions.

It's the best way to let Army leadership know about what works, what doesn't, and how you think problems can be resolved.

The program gives active and reserve-component Soldiers, civilians, retirees, survivors, and family members a primary tool to help identify issues and concerns and shape standards of living.

For more information or to submit an issue, visit <https://mccoy.armymwr.com/programs/army-family-action-plan>.

## COMMUNITY

# DOD official details COVID mitigation

BY DAVID VERGUN

Department of Defense News

Since January, when the effects of COVID-19 started to be felt in the United States, the Department of Defense's (DOD) priority has been to protect the more than 3 million service members, their families, and all DOD civilians and contractors while continuing the national security mission, said a top DOD official.

Ellen M. Lord, undersecretary of defense for acquisition and sustainment, briefed reporters at the Pentagon on June 22 about the Defense Department's response to the pandemic.

"We continue to honor the continued sacrifice and selfless service of our service members deployed around the country who are still supporting and protecting the American people," she said.

To date, the department placed more than \$3 billion in contract obligations, spanning more than 18,000 actions to combat the effects of the COVID-19 pandemic.

The Defense Logistics Agency (DLA), in particular, is continuing to coordinate with the military services

to understand requirements and priorities to protect the force, Lord said. DLA has procured 5.9 million N95 respirator masks, 14.2 million nonmedical surgical masks, 118 million examination gloves, 2.7 million isolation and surgical gowns, 8,000 ventilators, and 13 million nonmedical cloth face coverings, she told reporters.

Also, the DOD is partnering with the Federal Emergency Management Agency and the Department of Health and Human Services, providing almost \$800 million in lifesaving supplies and equipment to service members and federal agencies. Additionally, the department is carefully monitoring the pandemic's effect on the defense industrial base, Lord said, adding that the monitoring agencies are the Defense Contracting Management Agency (DCMA) and DLA.

Out of the 10,509 companies DCMA tracks, only two are currently closed and 267 companies that had been closed are now reopened, she said.

Lord said that COVID-19 has caused a slowdown of all programs in the defense industrial base. "We

have seen inefficiencies across most programs," she said. "COVID-19 is shutting down defense manufacturing facilities and production lines, disrupting supply chains and distressing the financial stability of the companies DOD relies on to protect the nation."

Last week, the DOD completed its 14th aeromedical evacuation mission, safely transporting COVID-19-positive patients from forward-deployed locations to a higher level of care in Europe and the United States, Lord said. These missions moved 78 people in all, including service members, family members, DOD civilians, and contractors.

"We are fully committed to the safety of our aircrew, medical support staff and patients during these missions," Lord said.

The Defense Threat Reduction Agency and the Joint Rapid Acquisition Cell — who partner with the Joint Staff, U.S. Transportation Command and the Air Force — make these missions possible, she said.

For further DOD coverage of COVID-related news, visit [www.defense.gov/Explore/Spotlight/Coronavirus](https://www.defense.gov/Explore/Spotlight/Coronavirus).

## CORONAVIRUS DISEASE 2019 (COVID-19)

**Patients with COVID-19 have reportedly had mild to severe respiratory illness. Symptoms\* can include**

- Fever
- Cough
- Shortness of breath

**\*Symptoms may appear 2-14 days after exposure.**

**Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.**



## COMMUNITY



Photo by Scott T. Sturkol

Campers are shown June 11 at Pine View Campground at Fort McCoy. The campground first reopened May 22.

# Comfort stations opened, tent camping open at Pine View Campground

Guests of Fort McCoy's Pine View Campground are now able to use comfort stations — public bathrooms and showers — following recent to the installation response to the COVID-19 pandemic.

Playgrounds also have opened to guests. In addition, more rustic types of camping, such as tent camping, are now allowed because the comfort stations are open, officials with the Fort McCoy Directorate of Family and Morale, Welfare and Recreation said.

Officials also noted that if COVID-19 cases in the area continue to increase and create a change in health conditions, previous restrictions will return.

All guests are asked to continue to maintain social distancing

and to take extra safety precautions as directed.

According to the Wisconsin Department of Natural Resources (WDNR), distance is still key during this ongoing public health emergency, including while camping.

"Social distancing — the practice of keeping at least 6 feet apart from others and avoiding direct physical contact — is the only effective means of slowing the rate of infection," states a WDNR post at <https://dnr.wi.gov/covid-19> describing current requirements by the state.

"(Wisconsin) state park and trail visitors are reminded to practice social distancing of 6 feet, refrain from congregating in large groups, travel only within your home communities, and follow all existing state park rules and guidelines. Visitors are

also encouraged to wear masks in situations where social distancing is difficult."

More information about current Pine View Campground rules and restrictions related to COVID-19 can be found online at [https://mccoy.armymwr.com/application/files/2115/8940/3347/PVC\\_opening\\_weekend\\_letter.jpg](https://mccoy.armymwr.com/application/files/2115/8940/3347/PVC_opening_weekend_letter.jpg).

The campground reservation office is open 9 a.m. to 5 p.m. seven days a week. To reserve a site or a cabin, call 608-388-3517. For additional information, go to <https://mccoy.armymwr.com/programs/pine-view-campground>.

*(Article prepared by the Fort McCoy Public Affairs Office and the Directorate of Family and Morale, Welfare and Recreation.)*



COMMUNITY**Fort McCoy Child Development Center, youth center reopen**

*Photos by Fort McCoy Child and Youth Services/Directorate of Family and Morale, Welfare and Recreation*

Children use a swing set June 15 at the School Age Center/Youth Center (SAC/YC) at Fort McCoy. The SAC/YC and Child Development Center reopened June 15 for Fort McCoy families. Both centers are operated by the Child and Youth Services Program of the Directorate of Family and Morale, Welfare and Recreation.



Family members arrive at the Child Development Center on June 16 at Fort McCoy.



Children work on an art project June 17 at the Fort McCoy Child Development Center.



A Child and Youth Services employee waits to start the day June 16 at Fort McCoy.



**SAFETY**

# Motorcycle riding: Be prepared, be seen, practice risk management

As the 2020 motorcycle-riding season shifts into high gear, the Fort McCoy Installation Safety Office (ISO) reminds all motorcycle riders to be ready and armed with the best safety knowledge available.

“Motorcycling can be a great experience as long as one is properly trained, licensed, wears the proper protective equipment, and stays focused and keeps the motorcycle under control,” said Fort McCoy ISO Manager Randy Eddy. “Become a safe and disciplined rider, know the regulatory requirements you must abide by, and do whatever you can do to proactively mentor fellow riders to support a safe and disciplined culture.”

Army Regulation 385-10 identifies motorcycle safety training requirements for service members and, in some cases, Department of Defense (DOD) civilian employees who may ride government-owned motorcycles. The Motorcycle Safety Foundation Basic Rider Course (BRC) course meets DOD and Army standards.

For civilian motorcyclists on Fort McCoy, it’s also recommended they take a motorcycle-safety course. Those who want to find the nearest motorcycle-safety course training site to take a course should check with the nearest Wisconsin Department of Motor Vehicles office, or visit [www.dot.wisconsin.gov/safety/vehicle/motorcycle/training.htm#other-schools](http://www.dot.wisconsin.gov/safety/vehicle/motorcycle/training.htm#other-schools). For training courses offered through ABATE of Wisconsin visit [abatewis.org/programs](http://abatewis.org/programs).

Civilian motorcyclists traveling on Fort McCoy also must have: a valid driver’s license with motorcycle endorsement (class M license) and insurance and wear the same personal protective equipment as military riders.

Eddy also offers these tips from the Motorcycle Safety Foundation:

- Stay visible. Remember that motorists often have trouble seeing motorcycles and reacting in time.
- Be aware of other vehicles’ blind spots. Flash the brake light when slowing down and before stopping.
- Always dress for safety. Wear a quality helmet and eye protection. Wear bright clothing; a light-colored helmet; and leather or other thick, protective clothing.
- Also apply effective mental strategies. Constantly search the road for changing conditions.
- Use lane positioning to be seen — ride in the part of a lane where you are most visible. Watch for turning vehicles, signal moves in advance, and avoid weaving between lanes.
- Pretend to be invisible, and ride extra defensively.

For more information about motorcycle safety, go online to <https://safety.army.mil> or <http://www.msf-usa.org>, or call the ISO.

(Article prepared by the Fort McCoy Public Affairs Office and the Installation Safety Office.)





# Fort McCoy 2019 Water Quality Report

The following information is from the 2019 Wisconsin Department of Natural Resources Consumer Confidence Report data for Fort McCoy — 64203029 North Post and 64203073 South Post.

For more details about the information contained in this report, call 608-388-2323.

## Health information

Drinking water, including bottled water, reasonably may be expected to contain at least small amounts of some contaminants.

The presence of contaminants does not necessarily indicate that water poses a health risk.

More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency (EPA) Safe Drinking Water Hotline at 800-426-4791.

Some people may be more vulnerable to contaminants in drinking water than the general population.

Immuno-compromised persons, such

## Definition of Terms

| Term  | Definition   |
|-------|--|
| AL    | Action Level: The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.  |
| MCL   | Maximum Contaminant Level: The highest level of a contaminant that is allowed in drinking water. MCLs are set as close to the MCLGs as feasible using the best available treatment technology. |
| pCi/l | picocuries per liter (a measure of radioactivity)  |
| MCLG  | Maximum Contaminant Level Goal: The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.                     |
| ppm   | parts per million, or milligrams per liter (mg/l)  |
| ppb   | parts per billion, or micrograms per liter (ug/l)  |

as those with cancer undergoing chemotherapy, those who have undergone organ transplants, those with HIV/AIDS or other immune-system disorders, some elderly, and infants, can be particularly at risk from infections.

These people should seek advice

about drinking water from their health care providers. EPA/Centers for Disease Control and Prevention guidelines on appropriate means to lessen the risks of infection by cryptosporidium and other microbial contaminants also are available from the hotline.

## Source(s) of Water

| Source ID<br>(North and South Post) | Source      | Depth<br>(in feet) | Status                           |
|-------------------------------------|-------------|--------------------|----------------------------------|
| 11                                  | Groundwater | 201                | Perm. abandoned as of 10/13/2015 |
| 12                                  | Groundwater | 150                | Perm. abandoned as of 10/13/2015 |
| 24                                  | Groundwater | 202                | Active                           |
| 25                                  | Groundwater | 204                | Active                           |
| 27                                  | Groundwater | 217                | Active                           |
| 28                                  | Groundwater | 220                | Active                           |
| 29                                  | Groundwater | N/A                | Active                           |
| 30                                  | Groundwater | 250                | Active                           |
| 1                                   | Groundwater | 172                | Perm. abandoned as of 7/1/2015   |
| 21                                  | Groundwater | 169                | Active                           |
| 26                                  | Groundwater | N/A                | Active                           |

To obtain a summary of the source water assessment, call 608-388-2323.

## Educational information

The sources of drinking water, both tap water and bottled water, include rivers, lakes, streams, ponds, reservoirs, springs, and wells.

As water travels over the surface of the land or through the ground, it dissolves naturally occurring minerals and, in some cases, radioactive material and can pick up substances resulting from the presence of animals or from human activity.

Contaminants that may be present in source water include:

- microbial contaminants, such as viruses and bacteria, which may come from sewage-treatment plants, septic systems, agricultural livestock operations, and wildlife.

- inorganic contaminants, such as salts and metals, which can occur naturally or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.

- pesticides and herbicides, which may come from a variety of sources, such as agriculture, urban stormwater runoff, and residential uses.

- organic chemical contaminants, including synthetic and volatile organic chemicals, which are byproducts of industrial processes and petroleum production and also can come from gas stations, urban stormwater runoff, and septic systems.

- radioactive contaminants, which can occur naturally or be the result of oil and gas production and mining activities.

To ensure that tap water is safe to drink, the EPA prescribes regulations that limit the amount of certain contaminants in water provided by public water systems.

U.S. Food and Drug Administration regulations establish limits for contaminants in bottled water, which shall provide the same protection for public health.

### Detected contaminants

Water was tested for many contaminants last year.

Some contaminants are monitored less frequently than once a year. The tables list only those contaminants that were detected.

If a contaminant was detected last year, it will appear in the following tables without a sample date.

If the contaminant was not monitored last year, but was detected within the last five years, it will appear in the tables below along with the sample date.

### Unregulated contaminants

Unregulated contaminants are those for which EPA has not established drinking water standards.

The purpose of unregulated contaminant monitoring is to assist EPA in determining the occurrence of unregulated contaminants in drinking water and whether future regulation is warranted. EPA required us to participate in this monitoring.



Photo by Karin Martinez/U.S. Army Garrison Italy



**Contaminant health effects**  
Lead: Infants and children who drink water containing lead in excess of the action level could experience delays in their physical or mental development.

Children could show slight deficits in attention span and learning abilities. Adults who drink this water over many years could develop kidney problems or high blood pressure.

**Additional health information**

If present, elevated levels of lead can cause serious health problems, especially for pregnant women and young children.

Lead in drinking water is primarily from materials and components associated with service lines and home plumbing.

Fort McCoy North Post is responsible for providing high quality drinking water, but cannot control the variety of materials used in plumbing components.

When water has been sitting for several hours, people can minimize the potential for lead exposure by flushing the tap for 30 seconds to 2 minutes before using water for drinking or cooking.

If anyone is concerned about lead in their water, they may wish to have your water tested.

Information on lead in drinking water, testing methods, and steps you can take to minimize exposure is available from the Safe Drinking Water Hotline or at [www.epa.gov/safewater/lead](http://www.epa.gov/safewater/lead).

**Other compliance**

Fort McCoy is required to monitor drinking water for specific contaminants on a regular basis.

Results of regular monitoring are an indicator of whether or not your drinking water meets health standards.



# Additional water report items

**Inorganic Contaminants**

| Contaminant (units) North Post (NP) and South Post (SP) | Site | MCL | MCLG | Level Found | Range      | Sample Date (if prior to 2018) | Violation | Typical Source of Contaminant  |
|---|------|-----|------|-------------|------------|--------------------------------|-----------|--|
| ARSENIC (ppb) (NP)                                      | N/A  | 10  | N/A  | 1           | 0-1        | 02/22/2018                     | No        | Erosion of natural deposits; runoff from orchards; runoff from glass and electronics production wastes                                     |
| BARIUM (ppm) (NP)                                       | N/A  | 2   | 2    | 0.008       | .004-.008  | 03/27/2018                     | No        | Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits   |
| BARIUM (ppm) (SP)                                       | N/A  | 2   | 2    | 0.02        | 0.020      | 01/31/2018                     | No        | Discharge of drilling wastes; discharge from metal refineries; erosion of natural deposits   |
| FLUORIDE (ppm) (NP)                                     | N/A  | 4   | 4    | 0.1         | 0.1        | 01/23/2018                     | No        | Erosion of natural deposits; water additive which promotes strong teeth; discharge from fertilizer and aluminum factories                  |
| NICKEL (ppb) (NP)                                       | N/A  | 100 | N/A  | 1.9         | 1.3-1.9    | 03/27/2018                     | No        | Nickel occurs naturally in soils, groundwater and surface waters and is often used in electroplating, stainless steel, and alloy products. |
| NICKEL (ppb) (SP)                                       | N/A  | 100 | N/A  | 1.2         | 1.2        | 01/31/2018                     | No        | Nickel occurs naturally in soils, groundwater and surface waters and is often used in electroplating, stainless steel, and alloy products. |
| NITRATE (ppm) (NP)                                      | N/A  | 10  | 10   | 0.25        | 0.10-0.25  | N/A                            | No        | Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits  |
| NITRATE (ppm) (SP)                                      | N/A  | 10  | 10   | 0.42        | 0.35-0.42  | N/A                            | No        | Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits  |
| SODIUM (ppm) (NP)                                       | N/A  | N/A | N/A  | 54          | 7.60-54.00 | 01/23/2018                     | No        | N/A  |
| SODIUM (ppm) (SP)                                       | N/A  | N/A | N/A  | 5.9         | 5.9        | 01/31/2018                     | No        | N/A  |
| THALLIUM (ppb) (NP)                                     | N/A  | 2   | 0.5  | 0.2         | 0.0-0.2    | 03/27/2018                     | No        | Leaching from ore-processing sites; discharge from electronics, glass, and drug factories  |

**Lead and Copper**

| Contaminant (units) North Post (NP) and South Post (SP) | Action Level | MCLg     | 90th Percentile Level Found | # of Results                                | Sample Date (if prior to 2018) | N/A | Violation | Typical Source of Contaminant  |
|---|--------------|----------|-----------------------------|---|--------------------------------|-----|-----------|--|
| COPPER (ppm) (NP)                                       | AL=1.3       | MCLg 1.3 | Lvl 0.64                    | 0 of 10 results were above the action level | Date - 03/29/2018              | N/A | No        | Corrosion of household plumbing systems; erosion of natural deposits;leaching from wood preservatives  |
| COPPER (ppm) (SP)                                       | AL=1.3       | MCLg 1.3 | Lvl 0.345                   | 0 of 5 results were above the action level  | Date - 09/18/2018              | N/A | No        | Corrosion of household plumbing systems; erosion of natural deposits; leaching from wood preservatives |
| LEAD (ppb) (NP)   | AL=15        | MCLg 0   | Lvl 1.2                     | 0 of 10 results were above the action level | Date - 03/29/2018              | N/A | No        | Corrosion of household plumbing systems; erosion of natural deposits                                   |
| LEAD (ppb) (SP)   | AL=15        | MCLg 0   | Lvl 2.65                    | 0 of 5 results were above the action level  | Date - 09/18/2018              | N/A | No        | Corrosion of household plumbing systems; erosion of natural deposits                                   |

**Disinfection Byproducts**

| Contaminant (units) North Post (NP) and South Post (SP) | Site     | MCL | MCLG | Level Found | Range | Sample Date (if prior to 2017) | Violation | Typical Source of Contaminant            |
|---|----------|-----|------|-------------|-------|--------------------------------|-----------|--|
| HAA5 (ppb) (NP)   | DBP-8060 | 60  | 60   | 3           | 3     | N/A                            | No        | Byproduct of drinking water chlorination |
| HAA5 (ppb) (SP)   | B-5025   | 60  | 60   | 7           | 7     | 09/18/17                       | No        | Byproduct of drinking water chlorination |
| TTHM (ppb) (NP)   | DBP-8060 | 80  | 0    | 8.5         | 8.5   | N/A                            | No        | Byproduct of drinking water chlorination |
| TTHM (ppb) (SP)   | B-5025   | 80  | 0    | 11.1        | 11.1  | N/A                            | No        | Byproduct of drinking water chlorination |

**Radioactive Contaminants**

| Contaminant (units) North Post (NP) and South Post (SP) | Site | MCL | MCLG | Level Found | Range   | Sample Date (if prior to 2017) | Violation | Typical Source of Contaminant |
|---|------|-----|------|-------------|---------|--------------------------------|-----------|-------------------------------|
| GROSS ALPHA (pCi/l) (NP)                                | N/A  | 15  | 0    | 2.8         | 0.0-4.9 | N/A                            | No        | Erosion of natural deposits   |
| GROSS ALPHA (pCi/l) (SP)                                | N/A  | 15  | 0    | 1.9         | 0.0-1.9 | N/A                            | No        | Erosion of natural deposits   |
| RADIUM, (226 + 228) (pCi/l) (NP)                        | N/A  | 5   | 0    | 1.7         | 0.0-2.2 | N/A                            | No        | Erosion of natural deposits   |
| RADIUM, (226 + 228) (pCi/l) (SP)                        | N/A  | 5   | 0    | 1.4         | 0.9-1.4 | N/A                            | No        | Erosion of natural deposits   |
| GROSS ALPHA, INCL. R & U (NP)                           | N/A  | N/A | N/A  | 2.9         | 0.0-5.1 | N/A                            | No        | Erosion of natural deposits   |
| GROSS ALPHA, INCL. R & U (SP)                           | N/A  | N/A | N/A  | 1.9         | 0.0-1.9 | N/A                            | No        | Erosion of natural deposits   |
| COMBINED URANIUM (ug/l) (NP)                            | N/A  | 30  | 0    | 0.6         | 0.0-0.6 | N/A                            | No        | Erosion of natural deposits   |

**Unregulated Contaminants**

| Contaminant (units) | N/A | N/A | N/A | Level Found | Range | Sample Date (if prior to 2018) | N/A | N/A |
|---------------------|-----|-----|-----|-------------|-------|--------------------------------|-----|-----|
| SULFATE (ppm)       | N/A | N/A | N/A | 13          | 13.00 | 04/22/15                       | N/A | N/A |