

Brigade cases colors ahead of rotation



ABOVE: Soldiers from the 2nd Armored Brigade Combat Team, 1st Infantry Division, stand in formation during the casing ceremony signaling the start of their rotation in conjunction with the U.S. Indo-Pacific Command mission. RIGHT: Col. Anthony Murtha, left, commander of 2nd ABCT, 1st Inf. Div., and Command Sgt. Maj. Stephen J. LaRocque, 2nd ABCT senior noncommissioned officer, furl the unit's colors before casing them in preparation for their rotation in conjunction with U.S. Indo-Pacific Command mission.

Story and photos by Amanda Ravenstein
1ST INF. DIV. POST

“There are only two reasons to case a unit’s colors,” said Col. Winston P. Brooks, 1st Infantry Division deputy commanding officer of maneuver. “The first is a somber occasion, the permanent deactivation of the unit. The second, and the reason why we’re casing 2nd ABCT’s colors today, is when a unit suspends operations at its home station in preparation to assume an important mission.”

Soldiers from 2nd Armored Brigade Combat Team, 1st Infantry Division, cased their battalion and brigade guidons in preparation for their upcoming rotation in U.S. Indo-Pacific Command during a ceremony Feb. 6 at King Field House.

Brooks explained the importance of the colors for each unit.

“The flags and colors have been an important part of history since the onset of all organized warfare,” he said “In their earliest forms, flags simply offered a way for forces to communicate with each other. Over time, they signify the units themselves. In the Middle Ages, kings and field commanders would order subordinates to advance the colors. Bearers would move forward and the Soldiers would follow. Even through the Civil War, men would rally around their colors in the heat of battle to overwhelm the enemy. As we evolved to modern warfare, the need for large mass formations disappeared. The colors now represent the unit itself.”

Col. Anthony Murtha, commander of the 2nd ABCT, 1st Inf. Div., spoke about the mission history of the brigade.

See CASING, page 3



Department of Defense vows to help Exceptional Family Member Program

Terri Moon Cronk
DEFENSE.GOV

WASHINGTON — The Department of Defense is working to improve the Exceptional Family Member Program with several initiatives, a DOD official said at a House Armed Services Committee hearing.

Carolyn Stevens, director of the DOD’s Office of Military Family Readiness Policy and Navy Capt. Edward Simmer, chief clinical officer of TRICARE Health Plans at the Defense Health Agency, testified last week on “Exceptional Family Member Program: Are the Military Services Really Taking Care of Family Members?”

The Exceptional Family Member Program has mandatory DOD enrollment and works with military and civilian agencies to provide comprehensive and coordinated community support, housing, educational, medical and personnel services around the world to military families with special needs.

“As a former military spouse, I care about issues impacting our military families and am personally committed to addressing



U.S. Air Force photo | Airman 1st Class Lillian Miller

The Department of Defense is working to improve the Exceptional Family Member Program with several initiatives, a DOD official said at a House Armed Services Committee hearing.

quality-of-life issues,” Stevens said.

The DOD is aware that service members and spouses are concerned about the management and execution of the program, she said, acknowledging previous witness testimony.

“I want to reaffirm DOD’s commitment in addressing challenges that the witnesses have brought forth today,” Stevens said.

“These personal experiences we hear about and data we collect combine to offer a broader understanding of the challenges facing our military families to help us better define our courses of action.”

The DOD can address some of the challenges head-on, while others — such as education and off-installation services require coordination — with

partners in other federal agencies, states and local education agencies, she said.

“We’re committed to balancing individual experiences with a ... strategy and have placed a special focus on the results of a recent department-wide survey and the conclusions of a recent [General Accounting Office] report,” the director said.

See VOW, page 9

Hiring fair brings new opportunities

Amanda Ravenstein
1ST INF. DIV. POST

The Child and Youth Services Parent Central team hosted a hiring fair Feb. 4 at 6620 Normandy Dr., to fill vacancies in the direct care program.

Cheryl Greathouse, CYS program operations specialist, said that the process they have for bringing all aspects of hiring employees to one building makes hiring quicker for applicants especially if they applied for one of the positions online.

“The advantage of them coming here is we do on-the-spot interviews,” she said. “And if they’re selected for a position, they will be able to continue with the process. They’ll be able to accept the job offer on that day. They’ll be able to do their fingerprints. We have occupational health here to do that screening. It helps us to help them get through the process a little faster.”

Prior to having The Civilian Personnel Advisory Center, fingerprinting and occupational health go to Parent Central for a fair, the process for hiring would take more than two months for new hires to begin working.

“(Now), we’re usually 10 days to two weeks,” said Danitta Brantley, CYS administrator. “If they come here with all the appropriate documentation and they’re able to get everything done that they need, then it works out a little bit quicker.”

One applicant, Jaimie Skaggs, wife of Sgt. Thomas Skaggs, 19th Public Affairs Detachment, 1st Infantry Division, said she liked that everything was in one location.

“It was really organized,” she said “They had different stations to move everyone through the process. I’ve had jobs in the past where I had to drive to certain locations for different processes, and I like that it’s all here and they just walk you down to the next room.”

She said since she applied online, she was interviewed within five minutes of arriving at the event.

“It can be an all-day process,” Greathouse said. “Through the application and then to do everything that needs to be done. But the nice thing is once it’s done, it’s done.”

VOLUNTEER OPPORTUNITY

THE POST LIBRARY IS LOOKING FOR SOMEONE WHO WILL BE THE EASTER BUNNY FOR THEIR EASTER PARTY, APRIL 11 FROM 1 TO 3 P.M. THEY HAVE THE COSTUME, THEY WILL JUST NEED SOMEONE WHO WOULD LIKE TO MAKE SOME KIDS SMILE AND PLEASE WEAR SOMETHING BREATHABLE IN THE COSTUME- IT CAN GET A BIT HOT. IF ANYONE IS INTERESTED IN VOLUNTEERING, CONTACT REBECCA AT THE LIBRARY AT 785-239-9582.

For more information about volunteering on Fort Riley, contact Jane Brookshire volunteer coordinator with Army Community Service at 785-239-9974.

ALSO IN THIS ISSUE



LOVE AT THE LIBRARY
EVENTS SHARES HEARTS AND CRAFTS WITH FORT RILEY FAMILIES
SEE PAGE 7

ALSO IN THIS ISSUE



SPC. SHELL TAKES A DETOUR
TO CHECK OUT UNIQUE DINING EXPERIENCES

SEE PAGE 12

Message from Vice Chief of Staff of Army

Fellow Soldiers,

As our nation prepares for the upcoming election cycle, I want to encourage all Soldiers and their eligible family members to vote. Voting is a tremendous privilege and a hallmark of our democracy. However, we must remember our mission, to protect and defend the nation, is apolitical. Soldiers must abide by Department of Defense and Army policies concerning participation in all political activities.

As a reminder, active-duty Soldiers may not engage in partisan political activities and should avoid activities that imply or appear to imply U.S. Army support or approval of any political party, campaign, candidate or cause. Soldiers on active duty may not campaign for a partisan candidate, engage in partisan fundraising activities, serve as an officer of a partisan club or speak before a partisan gathering. Soldiers on active duty may express their personal opinions on political candidates and issues, make monetary contributions to a political campaign or organization, and attend political events as a spectator when not in uniform. Soldiers should review Department of Defense Directive 1344.10 and Army Regulation 600-20 for basic guidance concerning participation in political activities.

While many civilian DOD employees may take an active part in certain political activities, the extent and nature of their participation is limited by the Hatch Act and DOD policy. Regardless of whether civilian employees may engage in political activity, they may never engage in such activity while on-duty, in a Federal building or with the use of government resources, such as equipment.

Commanders at all echelons will support the Federal Voting Assistance Program by appointing voting assistance officers at every level of command. Commanders will also ensure their Soldiers and federal employees are familiar with the laws and policies regarding their participation in political activities.

Again, I encourage all Soldiers and Department of the Army civilians to exercise their right to vote and participate in our political process within the bounds of existing laws, regulations and policies.

ARMY STRONG!

General Joseph M. Martin, 37th VCSA



Gen. Joseph M. Martin

Give blood.
Every 2 seconds someone
in the U.S. needs blood.
American Red Cross



Fort Riley Blood Drives

Tuesday, February 18th
0900 to 1500
@ 1st Infantry, Division Head Quarters Bldg 580

Wednesday, February 19th
0900 to 1500
@ 1st Replacement - Bldg 208

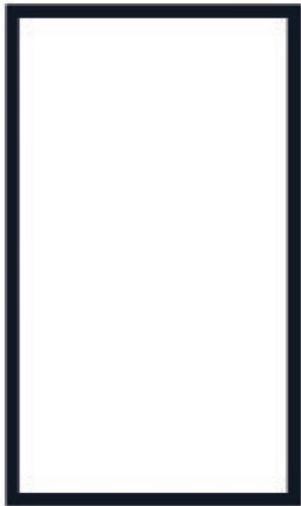
For an appointment, please visit www.redcrossblood.org
or call 1-800-733-2767

1-800-RED CROSS | 1-800-733-2767 | redcrossblood.org | Download the Blood Donor App
©2019 The American National Red Cross

Irwin Army Community Hospital



PROVIDER



NO-SHOW PATIENT

Missed appointments
are missed opportunities for others.



WOULD BE PATIENT



WOULD BE PATIENT



WOULD BE PATIENT

Fort Riley - Central Kansas Chapter



AUSA



THE ASSOCIATION OF THE UNITED STATES ARMY URGES YOU TO PATRONIZE THESE MERCHANTS AND PROFESSIONALS WHO SUPPORT AUSA, AND WHO CONTRIBUTE TO STRENGTHENING THE SERVICE MEN AND WOMEN - ACTIVE AND RETIRED - WHO RESIDE IN THIS AREA.

COMMUNITY PARTNERS

Armed Forces Bank

Azura Credit Union

Bayer Construction Co., Inc.

Ben Kitchens Painting Co., Inc.

BHS Construction, Inc.

Briggs Auto Group, Inc.

Builders Inc.

Cardinal Insurance Co.,

Central National Bank

Charlson & Wilson Bonded Absracters

Chiropractic Family Health Center

City of Junction City

City of Manhattan

Community First National Bank

Crest Quarry Properties, Inc.

Faith Furniture Store

Geary Community Hospital

Geary County Board of Commissioners

Godfrey's Indoor Shooting
& Archery Ranges, LLC

Hayden Orthodontics

Hoover Law Firm

Junction City Area

Chamber of Commerce

Junction City Housing & Development

KSU Military and Veterans Affairs

KJCK AM-FM & KQLA RADIO

KS State Bank

Landmark National Bank

Manhattan Area Chamber of Commerce

Manhattan Broadcasting Company

Mathis Lueker Real Estate

Navy Federal Credit Union

Omni Military Loans

Pottberg-Gassman-Hoffman, CHTD

Re/Max Destiny Real Estate

Reed and Elliott Jewelers, Inc

Shilling Construction Company, Inc.

Shop Quik Stores, LLC

Sunflower Bank

The Manhattan Mercury Ultra Electronics

ICE, Inc

Upper Iowa University

Seaton Publishing Co.

This community partner listing is provided as a service to AUSA by Seaton Publishing Co.

For more information about Community Partner Membership or other questions email: contact.ftriley@AUSA.org

Scholarships for Military Children Program-Commissary APPLICATION DEADLINE-FEBRUARY 24, 2020

DECA

A total of 500 scholarship grants, each for \$2,000, will be awarded for school year 2020-21. There will be at least one recipient selected at every commissary location where qualified applications are received, and additional recipients will be selected based on a prorated basis, so more applicants will be selected from those commissaries with larger numbers of applicants. <https://militaryscholar.org/sfmc/contact.html>

Only students who possess a valid (not expired) U.S. Uniformed Services Identification and Privilege Card, DD Form 1173, and whose parent(s) are serving, or have served, in the Army, Marine Corps, Navy, Air Force or Coast Guard may apply for a scholarship. Applicants must be enrolled, or planning to enroll, in a full-time undergraduate program of study leading to a bachelor's degree at an accredited U.S. college or university in the fall term of 2020. High school applicants must have a minimum cumulative GPA of 3.0 (on a 4.0 basis).

College applicants must have a minimum cumulative GPA of 2.50. College freshmen must submit a first semester college transcript.

Applicants attending a community or junior college must be enrolled in a program of study designed to allow them to transfer directly into a four-year program. No scholarships will be awarded to those pursuing an associate's degree as their final degree, second undergraduate, or graduate school degree.

The scholarship awards will be given for a maximum of 4 years. Exceptions can be considered if the student is enrolled in an undergraduate program of study that normally requires more than 4 years. All exceptions will be handled on an individual basis. Except in very unusual circumstances, the scholarship award cannot be deferred for future use -- it must be used during the upcoming academic year.

VOW Continued from page 1

Toward that end, Stevens said DOD has:

- Re-energized its coordinating committee for military families with special needs to ensure senior executive service oversight.
- Begun to refine the program's data repository and a data collection system.
- Developed and implemented a standard family needs assessment form for the program that has a component for individualized services plans.
- Developed standardized travel screening forms for family members and is working with the Defense Health Agency to develop and publish policy.

Engaged with the Department of Labor and university partners to assist in developing staffing. In addition, a pilot program was launched to assist the services in determining adequate staffing levels at each installation.

"In proving EFMP is a priority for the department, we know we have more work to do. We thank the witnesses for their appearances today and for continuing to advocate for both themselves and for others in this important topic," Stevens said.

Simmer said the Defense Health Agency is committed to helping military children.

"We're committed to ensuring every military child — and especially those with special needs — receives the healthcare services they need to reach their maximum potential," he said.

Family readiness is a key part of service member readiness, the captain, a psychiatrist, said.

The DHA works closely with the program at the installation, service and DOD levels, he said.

The DHA's support for the program and families includes identifying and evaluating families who qualify for it, providing outstanding medical care and services to eligible family members, and the agency assists with assignment decisions by providing information about available medical services at potential duty locations worldwide, Simmer said.

"TRICARE provides a very robust benefit, with some of the lowest out-of-pocket costs than any health plan in the country," the captain said. "Our beneficiaries who earned this benefit through their service to this nation deserve nothing less."

"Despite our best efforts, however, we know that we still have room for improvement," he said. "Access to care, especially sub-specialty care, is challenging in some areas, particularly in remote areas where some of our bases are located."

CASING

Continued from page 1

"What you witnessed is a time-honored tradition, signifying that the brigade is shipping out," Murtha said. "This milestone marks a new chapter in the history this storied outfit. As we embark, again, to take our colors forward in the defense of our nation — this being the fourth regionally aligned force mission for the Dagger Brigade. The only United States Army brigade to complete the global circuit, as the Daggers with the first executed missions to (U.S. Africa Command), then (U.S. Central Command), (U.S. Europe Command) and now (U.S. Indo-Pacific Command)."

He also spoke of the feedback he received from one of his junior Soldiers, a mechanic who wrote about the upcoming rotation.

"Oftentimes, I get some of my best feedback from our junior troopers," he said. "Most of them were a little groggy, understandably after about 24 hours of duty. But one Soldier, Spc. Dunn, a tank mechanic, took the time to write down his thoughts and his perspective — and it is worth sharing. He wrote:

Throughout history, it's said that the soul of the unit was symbolized in the colors and the battle streamers attached to those colors. For they represent the glories of the past and protection over the present. Our colors have been cased many, many times over the course of our great nation's history. Our battle streamers proudly affirm the dedication, courage and sacrifice that the Dagger Brigade Soldiers who have fought and died, for those freedoms we hold near and dear.

"Ladies and gentlemen, Spc. Dunn's prose left me tremendously proud," he added. "It was from the heart and said better than I've ever heard. The Dagger Brigades motto is 'Ready Now' — and it is."

CIVILIAN SPOTLIGHT

CAROL FITTRO
MANAGEMENT ANALYST
PLANS, ANALYSIS AND INTEGRATION OFFICE

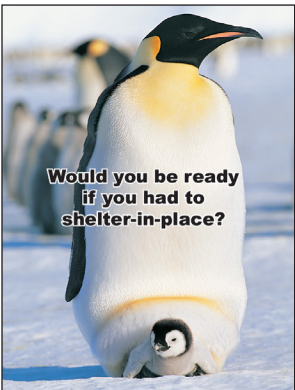
The annual Economic Impact Summary enables Fort Riley leadership to accurately message the significant positive economic and population impacts the installation brings to the Central Flint Hills Region and the state of Kansas. The EIS has been referred to by Fort Riley senior leadership as the most impacting strategic messaging document that the installation produces.

This year was Carol Fittro's first year to produce the EIS. She coordinated with more than 45 on- and off-post agencies to execute timely data and photo collection required for the EIS. Her superb efforts resulted in the print publication of the EIS ahead of schedule and well prior to distribution at the Flint Hills Leaders Retreat.

In addition, Fittro improved the EIS by adding several new elements to the publication to include highlighting information on transitioning Soldiers departing Fort Riley annually and programs to help employers train and hire transitioning Soldiers.



HOME.ARMY.MIL/RILEY




Would you be ready if you had to shelter-in-place?

For some emergencies, the safest course of action is to stay where you are and shelter-in-place.

- Bring your family and pets inside.
- Close windows and air vents.
- Be familiar with the emergency notification system.
- Listen to the radio or TV for instructions.

It's up to you. Prepare Strong.



CLICK IT OR TICKET

PREVENTING COLD-WEATHER INJURIES

Here's what you can do to defend against cold-weather threats:

HYPOTHERMIA:

Medical emergency when body temperature drops, and heart, nervous system, and organs can't function normally.

DEFENSES:

- ✓ Move into a warm room or shelter
- ✓ Warm chest, neck, and head first
- ✓ Remove wet clothing
- ✓ Drink warm beverages like tea, hot chocolate, or warm water

FROSTBITE:

Freezing of skin and tissue causing skin to become cold and red, then numb, hard, and pale.

DEFENSES:

- ✓ Seek warm shelter
- ✓ Immerse affected area in warm water
- ✓ Warm frostbite-affected body parts


HEART STRAIN and OVEREXERTION:

Cold weather can cause extra strain on your heart, especially if you have cardiovascular disease.

DEFENSES:

- ✓ Take frequent rest breaks when shoveling snow or performing hard work in cold weather
- ✓ Learn the warning signs of a heart attack and how to perform CPR
- ✓ Avoid drinking alcohol before or immediately after shoveling snow or lifting heavy objects

Visit the TRICARE website to learn more about winter safety and protection: <https://go.usa.gov/xpm4k>



Conservation Tree Sales

Kansas Forest Service

Order now through May 1st. Shipping will begin mid-March.

Bare-Root Seedlings \$1.00 Each

Order online at kansasforests.org or call 1-888-740-8733



"Care of Natural Resources and Service to People Through Forestry"

GET YOUR TICKETS AT WWW.ICOPERAHOUSE.ORG OR CALL 785-238-3906!

Superstar THE CARPENTERS

The Songs. The Stories.

The show with Richard Carpenter's blessing. Join Helen and her amazing group of musicians as they celebrate the songs of the famous brother sister duo. The Carpenters had 16 consecutive top 20 hits and were one of the most successful groups of the 1970s. Helen shares some rare and fascinating backstage stories woven in between the songs that made Karen and Richard so popular.



Featuring international, critically-acclaimed vocalist and Grammy Nominee performer Helen Welch.

February 22, 2020 7 PM



Unexpected car repair?

IT'S WHAT WE DO

ARMY EMERGENCY RELIEF
SOLDIERS HELPING SOLDIERS SINCE 1942

Talk to your chain of command or AER officer to receive assistance or donate to Army Emergency Relief. Visit us online at aerhq.org to learn more.

Looking Back: Building 304

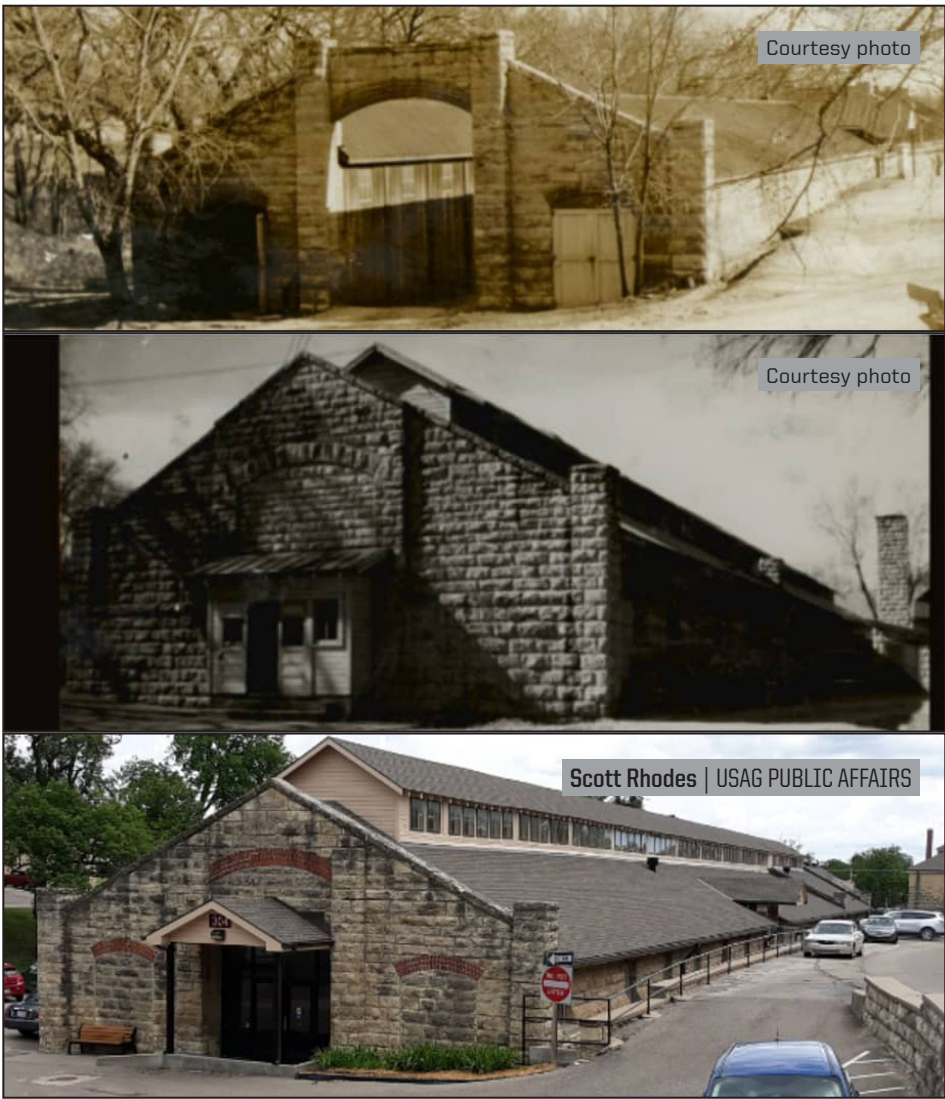
Scott Rhodes
USAG PUBLIC AFFAIRS

Building 304 Marshall Ave. is constructed of native limestone and opened its doors in 1890 as a coal shed.

This area of Main Post, between and to the south of the Cavalry and Artillery Posts, is referred to in historical terms by the Army Corps of Engineers as the Quartermaster Supply Service District. The buildings in this area served their respective functions in support of both posts.

While starting out as a coal shed, building 304 is referred to in Directorate of Public Works maintenance documents as a warehouse in 1930 and a recreation hall in 1936. Today, building 304 is part of the Civilian Human Resources Agency campus of buildings between Marshall and Holbrook avenues. CHRA is the organization in the Department of the Army responsible for providing civilian human resource services.

TOP: Building 304 as it looked in 1905, **MIDDLE:** in 1930 after it was enclosed and **BOTTOM:** as it appears today



TRAFFIC REPORT

ACCESS CONTROL POINT HOURS

Those with valid military ID cards or who have an access pass or badge and want access to Fort Riley on weekends should use Estes, Ogden, Henry or Trooper gates.

For more information about Fort Riley access procedures, visit home.army.mil/riley/index.php/about/visitor-info.

The Fort Riley Visitor's Control Center is open Monday to Friday from 5 a.m. to 9 p.m., weekends and federal holidays from 8 a.m. to 4 p.m.

The access control point hours are:

Henry and Trooper

Open 24/7. Expect minimal delays at Henry ACP due to construction in the area.

Estes:

Open 5 a.m. to 7 p.m. daily. Commercial traffic is required to have an access pass or badge prior to access.

Ogden:

Open from 5 a.m. to 10 p.m. daily.

12th Street:

Open from 5 a.m. to 7 p.m., Monday to Friday, closed weekends and federal holidays. This gate will have inbound commercial vehicle lanes only.

Personally owned vehicles are allowed access, there is no designated personally owned vehicle lane.

Outbound traffic is not authorized. Drivers must have a pass or badge.

Grant:

Grant Gate is open from 5 a.m. to 8 p.m. Monday through Friday. It is closed weekends and federal holidays.

Fort Riley historic names: John J. Pershing

Gail Parsons
1ST INF. DIV. POST

Pershing Avenue runs from Dickman to Holbrook Avenue in Historic Main Post. It is named for a general who was born eight years after Fort Riley was established.

Maj. Gen. John J. "Black Jack" Pershing was born Sept. 13, 1860, in the city of Laclede, Missouri. Although he would eventually become one of the most celebrated figures of World War I, General of the Armies and serve as chief of staff, his formative years did not include thoughts of the military.

According to <https://www.biography.com/military-figure/john-j-pershing>, Pershing was the eldest of eight children. After high school, he began teaching African American students at Prairie Mound School and continued his education at the former Missouri Norman School.

The military wasn't a consideration until he received an invitation to take the exam for West Point. Seeing an opportunity to further his education, he applied and was accepted. Pershing would go on to graduate 30 in his class of 77 students, of which he had been elected president. He would also go on to earn a law degree from the University of Nebraska.

Following his graduation from West Point, Pershing went into combat fighting in the Indian wars with the 6th Cavalry. He then commanded the 10th Cavalry Buffalo Soldiers in the Spanish-American War. It was during his time as a Buffalo Soldier commander he earned

the nickname "Black Jack" Pershing, stated biography.com.

However, "the moniker also came to signify his stern demeanor and rigorous discipline," the website said.

After the Spanish American War, Pershing sailed to the Philippines in 1899, fought in the insurrection and became the provincial governor.

According to biography.com, after serving as military attaché to Japan and observing the Russo-Japanese War, Pershing was promoted to brigadier general in 1906. The promotion was not without controversy — Pershing skipped three ranks and jumped in front of more than 800 senior officers. However, the controversy died quickly as many officers spoke favorably about his talents.

In 1915, the Pershing family was living in San Francisco, California. While on assignment in Texas, the general learned that his wife and three daughters had been killed in a fire. His six-year-old son, Warren, survived. According to biography.com, Pershing was distraught and never fully recovered from the tragedy. He turned to his work to drown his sorrow while his sister, Mary, cared for his son.

Two years later, America joined the war effort raging in Europe. Pershing was put in command of the American Expeditionary Forces, a formation of the United States Army on the Western Front of World War I.

According to <https://www.pbs.org/wgbh/americalexperience/features/macarthur-general-john-j-pershing/>, the first thing Pershing had

to do was build an Army almost from scratch. At that time, the Army comprised 130,000 men. In 18 months, Pershing transformed the it into a disciplined fighting machine of more than 2 million men.

Pershing also realized the war America had entered was different than the Indian Wars and the Philippine Insurrection. It was the first fully mechanized war and would require a new kind of Soldier, according to pbs.com.

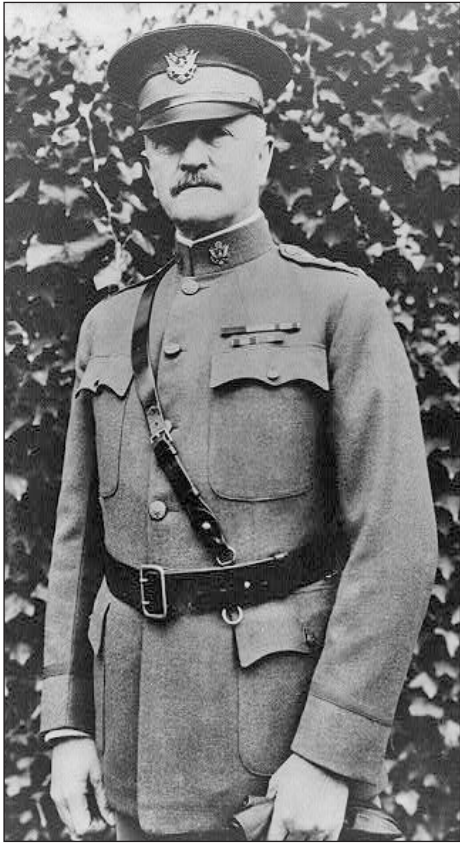
In addition to fighting the Germans, he began pushing back against the Allies who wanted American troops to fill their dwindling ranks. His contention was that the American troops would be more effective operating independently.

He led the Soldiers in numerous battles "including the Battle of St. Mihiel and the Battle of Cantigny. In October 1918, in the Meuse-Argonne offensive, Pershing's Army helped destroy German resistance, which led to the Armistice the following month," said biography.com.

Following World War I, Congress promoted Pershing to General of the Armies, a position, which according to biography.com, had only previously been held by George Washington.

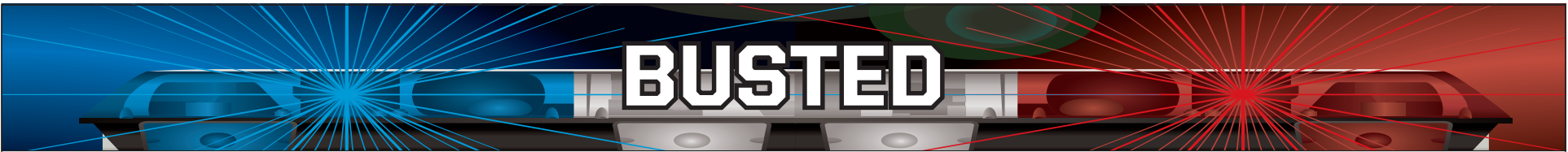
He also served as Chief of Staff from 1921 until his retirement in 1924. On July 15, 1948, Pershing died in his sleep.

This is part of a continuing series exploring the people behind names of Fort Riley streets, buildings and parade fields.



Courtesy photo

Pershing Avenue is named after Maj. Gen. John J. "Black Jack" Pershing, who was head of the American Expeditionary Forces in World War I.



JAN. 12

Staff Sgt., 116th MP Co., 97th MP Bn., 89th MP Bde., driving on the wrong side of the road

JAN. 24

Pvt., Co. I, FSC, 1st Bn., 16th Inf. Regt., 1st ABCT, 1st Inf. Div., failure to use seatbelt

JAN. 26

Spc., Co. G, 299th BSB, 2nd ABCT, 1st Inf. Div., speed 11 to 15 over
Pfc., Co. F, 101st BSB, 1st ABCT, 1st Inf. Div., simple assault

Sgt., HHC, 1st ABCT, 1st Inf. Div., speed greater than reasonable for road conditions
Sgt., HHC, 1st ABCT, 1st Inf. Div., failure to maintain lane

Spc., HHC, 1st Bn., 63rd Armor Regt., 2nd ABCT, 1st Inf. Div., use of cell phone while driving
Spc., 1st Bn., 63rd Armor Regt., 2nd ABCT, 1st Inf. Div., speed 15 to 20

JAN. 27

Sgt., HHC, 541st CSSB, 1st Inf. Div. Sust. Bde., speed 16 to 20 over
Family member, wife, following too close
Sgt., Co. G, 101st BSB, 1st ABCT, speed 11 to 15 over
Pvt., 299th BSB, 2nd ABCT, 1st Inf. Div., failure to maintain lane
Chief Warrant Officer 2, HHC, 1st ABCT, 1st Inf. Div., improper turning movement

Pvt., 101st BSB, 1st ABCT, 1st Inf. Div., failure to yield right of way
Pvt., 101st BSB, 1st ABCT, 1st Inf. Div., following too close

Pvt., Co. A, 299th BSB, 2nd ABCT, 1st Inf. Div., expired registration
Spc., Co. D, 1st BEB, 1st ABCT, 1st Inf. Div., failure to yield right of way

Spc., 1st BEB, 1st ABCT, 1st Inf. Div., failure to stop at a posted stop sign

Pfc., Co. B, 601st ASB, 1st CAB, 1st Inf. Div., parking in violation of ordinance

JAN. 28

Pfc., Btry. C, 1st Bn., 7th FA Regt., 2nd ABCT, 1st Inf. Div., speed 16 to 20 over
Spc., Co. H, FSC, 2nd Bn., 34th Armor Regt., 1st ABCT, 1st Inf. Div., use of cell phone while driving

Chief Warrant Officer 2, Co. A, 2nd GSAB, 1st Avn. Regt., 1 CAB, 1st Inf. Div., improper turning movement

Pfc., Co. D, 82nd BEB, 2nd ABCT, 1st Inf. Div., failure to use seatbelts
Pfc., 101st BSB, 1st ABCT, 1st Inf. Div., failure to use seatbelts

1st Lt., HHC, 1st Bn., 7th FA Regt., 2nd ABCT, 1st Inf. Div., use of cell phone while driving

Spc., Co. E, FSC, 1st Eng. Bn., 1st ABCT, 1st Inf. Div., speed 21 and up
Pfc., 511th QFFC, 541st CSSB, 1st Inf. Div. Sust. Bde., failure to stop

Sgt., HHC, 1st BEB, 1st ABCT, speed 11 to 15 over
Spc., Co. F, 2nd GSAB, 1st Avn. Regt., 1 CAB, 1st Inf. Div., speed 11 to 15 over

Staff Sgt., HHC, 1st Bn., 5th FA Regt., 1st ABCT, 1st Inf. Div., expired drivers license
Pfc., Co. A, 1st Sqdn., 4th Cav. Regt., 1st ABCT, 1st Inf. Div., failure to use seatbelts

JAN. 29

Pvt., Co. C, 101st BSB, 1st ABCT, failure to stop at a posted stop sign
Sgt., Co. B, 1st Bn., 16th Inf. Regt., 1st ABCT, speed 16 to 20 over

Sgt., Co. B, 1st BEB, 1st ABCT, speed 16 to 20 over
Spc., 526th CSC, 1st Inf. Div. Sust. Bde., speed 11 to 15 over

Spc., E Troop, 1st Sqdn., 6th Cav. Regt., 1st CAB, speed 16 to 20 over
Spc., Co. D, 1st Sqdn., 4th Cav. Regt., 1st ABCT, speed 16 to 20 over

Spc., Co. B, 299th BSB, 2nd ABCT, 1st Inf. Div., handicapped parking without permit
Spc., Co. A, 299th BSB, 2nd ABCT, 1st Inf. Div., handicapped parking without permit

Spc., Co. C, 3rd AHB, 1st Avn. Regt., 1st CAB, T/A following too close
Spc., Co. C, 3rd AHB, 1st Avn. Regt., 1st CAB, 1st Inf. Div., speed greater than reasonable for road conditions

Pfc., HHT, 1st Sqdn., 4th Cav. Regt., 1st ABCT, handicapped parking without permit
Sgt., Co. A, 299th BSB, 2nd ABCT, 1st Inf. Div., handicapped parking without permit

Pfc., Co. C, 2nd Bn., 34th Armor Regt., 1st ABCT, 1st Inf. Div., driver to exercise due care

Spc., SIS, HHBn, 1st Inf. Div., driver to exercise due care

JAN. 30

Spc., Co. C, 1st Bn., 63rd Armor Regt. BN, 2nd ABCT, 1st Inf. Div., following too close

Spc., Co. A, WTB, MEDDAC, no proof of insurance
Spc., WTB, MEDDAC, expired registration

Pfc., Co. B, 2nd Bn., 70th Armor Regt., 2nd ABCT, expired registration
Spc., 511th QFFC, 541st CSSB, 1st Inf. Div. Sust. Bde., speed 11 to 15 over

Pvt., 24th CTC, 541st CSSB, 1st Inf. Div. Sust. Bde., 1st Inf. Div., expired registration
Sgt., HHT, 1st Sqdn., 6th Cav. Regt., 1st CAB, failure to use seatbelts

Spc., WTB, MEDDAC, expired registration
Pvt., 526th CSC, 1st Inf. Div. Sust. Bde., expired registration

Pvt., Co. A, 82nd BEB, 2nd ABCT, failure to use seatbelts
Sgt., Co. A, 2nd Bn., 70th Armor Regt., 2nd ABCT, failure to use seatbelts

Spc., Co. A, 1st Bn., 16th Inf. Regt., 1st ABCT, expired registration

Spc., Co. D, 1st BEB, 1st ABCT, no proof of insurance
Sgt., WTB, MEDDAC, speed 16 to 20 over

Pfc., Co. J, 299th BSB, 2nd ABCT, speed 21 and up
Pfc., E Troop, 1st Sqdn., 6th Cav. Regt., 1st CAB, speed 11 to 15 over

Pvt., 299th BSB, 2nd ABCT, failure to use seatbelts
Sgt., Co. G, 101st BSB, 1st ABCT, parked in a seeded area

Unknown rank, HHC, 1st Bn., 16th Inf. Regt., 1st ABCT, 1st Inf. Div., parked in a seeded area

Staff Sgt., Co. I, FSC, 1st Bn., 16th Inf. Regt., 1st ABCT, 1st Inf. Div., parked in a seeded area

JAN. 31

Spc., 1st Bn., 63rd Armor Regt. BN, 2nd ABCT, 1st Inf. Div., following too close
Family member, son, following too close

Staff Sgt., National Guard/Reserve, speed 15 to 20
Staff Sgt., National Guard/Reserve, driving while license is suspended or revoked

FEB. 1

Spc., Co. C, 1st Bn., 63rd Armor Regt. BN, 2nd ABCT, 1st Inf. Div., speed 16 to 20 over

OTHER CITATIONS ISSUED

JAN. 26 — no drivers license in possession, two instances of speed 11 to 15 over

JAN. 27 — improper turning movement, expired registration, expired drivers license

JAN. 28 — speed 16 to 20 over, two instances of handicapped parking without permit

JAN. 29 — expired registration, two instances of parked in a no parking zone, three instances of handicapped parking without permit, speed 21 and up

JAN. 30 — failure to use seatbelts, parked in a seeded area, failure to stop at a posted stop sign

RILEY ROUNDTABLE

What hobby do you think would be fun to get into?



"Hiking and biking"

TARA HILL
DECATUR, ILLINOIS

Family Child Care director, Child and Youth Services



"Bowling."

LESLIE HAYNES
WHITE CITY, KANSAS

Nutritionist, Child and Youth Services



"Kayaking."

NICOLE TROLLO
ATLANTA, GEORGIA

Business Manager, Warrior Zone



"Soap making."

MELISSA VASQUEZ
ST. ROBERT, MISSOURI

Recreation Aid, Directorate of Family and Morale, Welfare and Recreation



"Sports"

SPC. ANTHONY PANIAGUA
FONTANA, CALIFORNIA

Company C, 2nd Battalion, 34th Armor Regiment, 1st Armored Brigade Combat Team, 1st Infantry Division

THE 1ST INFANTRY DIVISION POST

This civilian enterprise newspaper is an authorized publication for members of the Department of Defense. Contents of The 1st Infantry Division Post are not necessarily the official views of, or endorsed by, the U.S. Government, or the Department of the Army. The editorial content of this publication is the responsibility of the 1st Infantry Division and Fort Riley PA Officer and printed by Seaton Publications, LLC, a private firm in no way connected with the U.S. Government under exclusive written contract with Fort Riley.

The appearance of advertising in this publication, including inserts or supplements, does not constitute endorsement of the products or services advertised by the U.S. Army or Seaton Publications, LLC. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation, or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the publisher will refuse to print advertising from that source until the violation is corrected.

Circulation 8,800 copies each week.

A licensed newspaper member of the Junction City and Manhattan Chambers of Commerce.

COMMANDING GENERAL
Maj. Gen. John S. Kolasheski

PUBLIC AFFAIRS OFFICER
Lt. Col. Terence Kelley

PUBLISHER
Ned Seaton

FORT RILEY EDITORIAL STAFF

Collen McGee, Tom Reust, Amanda Ravenstein, Gail Parsons and Carisa Huntwork.

MEDIA SALES MANAGER
Robin Phelan

MEDIA SALES REPRESENTATIVE
Sherry Keck

CONTACT US

For business or advertising matters, call The Daily Union in Junction City at 785-762-5000 or email at postads@jcdailyunion.com.

For news offerings, call the Fort Riley Public Affairs Office at 785-239-3328 or DSN 856-3328, or email usarmy.riley.imcom.mbx.post-newspaper@mail.mil

LETTERS TO THE EDITOR

The Post welcomes letters to the editor. Letters should not contain any libelous statements or personal accusations. Letters accepted for publication must include the writer's full name and phone number. Letters may be edited for space, but never for content. Send an e-mail usarmy.riley.imcom.mbx.post-newspaper@mail.mil.

SAFETY CORNER

Hand, power tool safety information

"Safety" Rod Cruz
GARRISON SAFETY OFFICE

Team Riley, tools are such a common part of our lives that it is difficult to remember that they may pose hazards. All tools are manufactured with safety in mind but, tragically, serious accidents often occur before steps are taken to search out and avoid or eliminate tool-related hazards.

According to the Occupational Safety and Health Administration, in the process of removing or avoiding the hazards, workers must learn to recognize the hazards associated with the different types of tools and the safety precautions necessary to prevent those hazards.

HAND TOOL PRECAUTIONS

Non-powered hand tools include anything from axes to wrenches. The greatest hazards posed by hand tools result from misuse and improper maintenance.

Some examples:

- Using a screwdriver as a chisel may cause the tip of the screwdriver to break and fly, hitting the user or other employees.
- If a wooden handle on a tool such as a hammer or an ax is loose, splintered or cracked, the head of the tool may fly off and strike the user or another worker.
- A wrench must not be used if its jaws are sprung, because it might slip.
- Impact tools such as chisels, wedges or drift pins are unsafe if they have mushroomed heads. The heads might shatter on impact, sending sharp fragments flying.

The Occupational Safety and Health Administration states supervisors are responsible for the safe condition of tools and equipment used by employees but the employees have the responsibility for properly using and maintaining tools.

Supervisors should caution employees while using sharp tools in the close proximity of others. Also, remember that sometimes dull tools can be more hazardous than sharp ones.

Employees should wear appropriate personal protective equipment, e.g. safety goggles, gloves, etc., should be worn due to hazards, which may be encountered while using portable power tools and hand tools.

Safety requires that floors be kept as clean and dry as possible to prevent accidental slips with or around dangerous hand tools.

POWER TOOL PRECAUTIONS

Power tools can be hazardous when improperly used. There are several types of power tools, based on the power source they use; electric, pneumatic, liquid fuel, hydraulic, and powder-actuated.

Employees should be trained in the use of all tools — not just power tools. They should understand the potential hazards as well as the safety precautions to prevent those hazards from occurring.

The following general precautions should be observed by power tool users:

- Never carry a tool by the cord or hose.
- Never yank the cord or the hose to disconnect it from the receptacle.
- Keep cords and hoses away from heat, oil and sharp edges.
- Disconnect tools when not in use, before servicing and when changing accessories such as blades, bits and cutters.
- Secure work with clamps or a vise if needed, freeing both hands to operate the tool.
- The worker should not hold a finger on the switch button while carrying a plugged-in tool.
- Tools should be maintained with care. They should be kept sharp and clean for the best performance. Follow instructions in the user's manual for lubricating and changing accessories.
- The proper apparel should be worn. Loose clothing, ties, long hair or jewelry can become caught in moving parts and cause serious injury or death.
- All portable electric tools that are damaged shall be removed from use and tagged "Do Not Use."

GUARDS

Hazardous moving parts of a power tool need to be safeguarded. For example, belts, gears, shafts, pulleys, sprockets, spindles, drums, flywheels, chains or other reciprocating, rotating or moving parts of equipment must be guarded if such parts are exposed to contact by employees.

Guards, as necessary, should be provided to protect the operator and others from the following:

- Point of operation
- In-running nip points
- Rotating parts
- Flying chips and sparks

Safety guards must never be removed when a tool is being used. For example, table/portable circular saws must be equipped with guards. A guard must cover the blade of the saw. A retractable lower guard must cover the teeth of the saw, except when it makes contact with the work material. The lower guard must automatically return to the covering position when the tool is withdrawn from the work.

GENERAL SAFETY PRECAUTIONS

Employees who use hand and power tools and who are exposed to the hazards of falling, flying, abrasive and splashing objects, or exposed to harmful dust, fumes, mists, vapors or gases must be provided with the particular personal equipment necessary to protect them from the hazard.

All hazards involved in the use of power tools can be prevented by following five basic safety rules:

- Keep all tools in good condition with regular maintenance.
- Use the right tool for the job.
- Examine each tool for damage before use.
- Operate according to the manufacturer's instructions.
- Provide and use the proper protective equipment.

Hand and power tool injuries are all too common in the workplace, but with a little safety and planning, they'll be avoided. Ensure every one of your employees is properly trained on their use and you'll decrease injury and increase productivity in your workplace.

Employees and employers have a responsibility to work together to establish safe working procedures. If a hazardous situation is encountered, it should be brought to the attention of the proper individual immediately.

For more information on hand tool safety, contact the Garrison Safety Office at 785-239-8469 or go to the OSHA.gov website.

What does it mean to face music?

Dear Doc Jargon,

My gran, who was a nurse in the Army a long, long time ago, is always telling me I'm going to have to face the music whenever I get into trouble. I've asked her what that means and she said it was something they used to say in the Army when she was in.

I am wondering if they still say that in the Army these days. Also, if you can help me figure out where the term comes from, I'd appreciate it. After all, facing music really doesn't sound like that big of a deal to me. I rather like music.

Sincerely,
Music-Loving Teen

Dear Music-Loving Teen,

First, we don't really use that term too often in the military any more. I can remember my own grandmother telling me to face the music once. I had taken a candy bar from the store and she made me march right back in

and return it. She called that facing the music too. But, my own trouble isn't what you asked about.

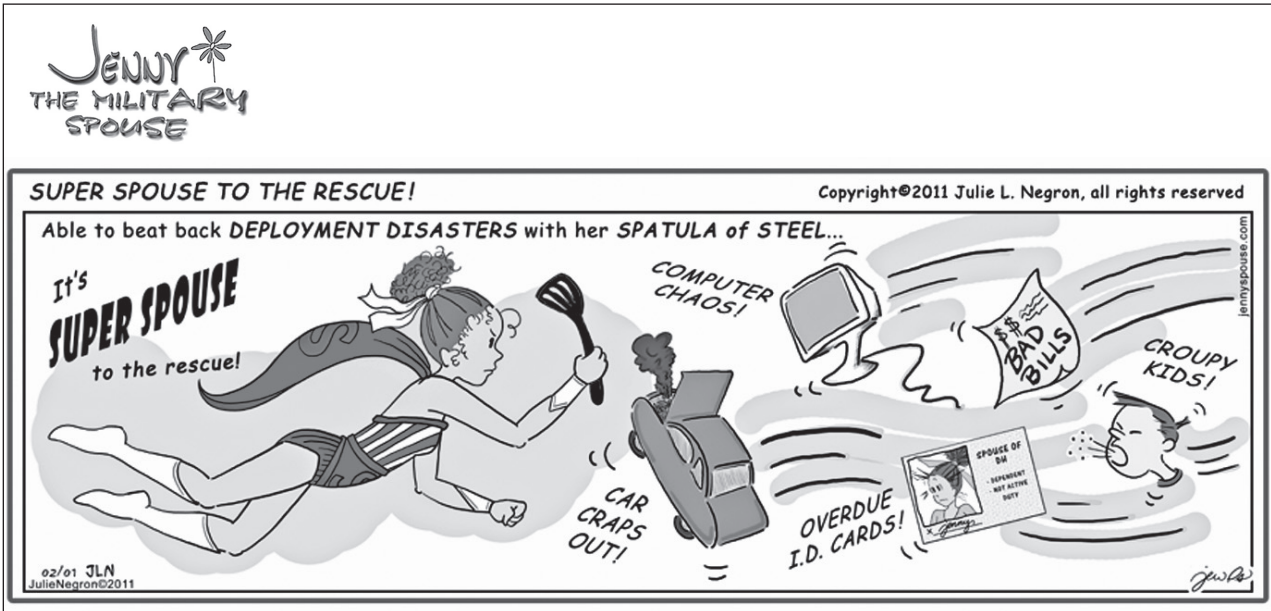
From what I can find, it means to stand and take the punishment or criticism for something done wrong. But there are differing views on how face the music became the phrase for that. The one I found with a military connotation is connected to how disgraced military members were drummed out — literally, a drum corps would play while the Soldier accepted his sentence — be it a discharge or other punishment.

So, today you get two phrases for the price of one. Drumming out of the military and facing the music are the same thing. The music, in this case, is that of the drum line.

Anyway, don't push your gran too far. After all, she's a veteran.

Sincerely,
Doc Jargon

Email your military lingo questions to Doctor Jargon at doctorjargon@gmail.com.





PCS?

IT'S WHAT WE DO

ARMY
EMERGENCY RELIEF

SOLDIERS HELPING SOLDIERS SINCE 1942

Talk to your chain of command or AER officer to receive assistance or donate to Army Emergency Relief.

Visit us online at aerhq.org to learn more.

OPEN TO ALL!

JOIN US FOR THIS CHALLENGING YET FUN WORKOUT ON FLOATING MATS!

\$4 per class or 10 classes for \$35

FLOATING FITNESS

EVERY SUNDAY 12-1PM CLASS

Long Fitness Center Pool
Class size limited to 20 participants

- CORE STRENGTH •
- BALANCE CONDITIONING •
- CARDIO •

Private Floating Fitness Class Available | \$50 for 12 participants
• Reservation required

 Long Fitness Center Pool | 8069 Normandy Drive
Information: 785-239-4684 | riley.armymwr.com 



Our 2020 application will be live on our website January 6, 2020!
www.combinedscholarshipfund.org

SCHOLARSHIP CATEGORIES:

- High School Senior
- Undergraduate College Student
- Military Spouse
- Graduate Student

Have an application question?
Please feel free to send a message to:
fortrileycsfapplication@gmail.com

Applications and supporting documents must be postmarked by Friday, March 6, 2020
P.O. Box 2082, Fort Riley, KS 66442

Must be the dependent of an active duty, retired or deceased Fort Riley Soldier



24 HOUR FITNESS



NOW AVAILABLE AT 2 LOCATIONS

CRAIG FITNESS CENTER
WHITSIDE FITNESS CENTER

24 HOUR FITNESS CENTER ACCESS

In order to gain access during unmanned fitness center hours you must register your CAC at one of the 24 hour fitness centers between the hours of 0900-1800 on a weekday of normal operation.
(Other eligible users age 18 and over must obtain a proximity card.)

Registration will include:
An orientation of rules and regulations for access during unmanned hours of operation.
• • AND • •
A statement of understanding which includes the rules, regulations and penalties for violating the rules and regulations during unmanned access.

Separate statements are required for each center and must be signed by the patron. Statements are available for download at riley.armymwr.com. CAC must be re-registered every six months and proximity card every three months.

To complete your CAC registration, return the completed statement between the hours of 0900-1800 on a weekday of normal operation to either of the 24 hour fitness centers.

WOW! HAVE IT NOW!
IN STOCK AND READY FOR IMMEDIATE CARRY OUT OR QUICK DELIVERY

STOP WAITING, START SAVING

SALE ENDS MARCH 2, 2020 • SALE ENDS MARCH 2, 2020 • SALE ENDS MARCH 2, 2020 • SALE ENDS MARCH 2, 2020



\$1777 Dual Reclining Sofa and Loveseat Set
Reg. \$2419



\$597 Sectional with Movable Ottoman
Reg. \$799



\$297 Matching Recliner
Reg. \$409



\$397 5 Pc. Dining Room
Reg. \$525



\$577 5 Pc. Counter Height Table and Stools
Reg. \$789

FREE FURNITURE? ASK ABOUT OUR LOYALTY REWARDS PROGRAM!

FURNITURE Warehouse

2326 Sky-Vue Lane • Manhattan, KS 66502
One block south of Fort Riley Blvd., behind Briggs Auto Lane.

Mon-Sat 10am to 6pm
Sunday 1pm to 5pm

(785) 537-2288
www.the-furniture-warehouse.com



12 MONTHS NO INTEREST
NO APPROVED CREDIT

Like us on Facebook



MADE FOR THE MILITARY

For nearly 100 years, we've served military members. We not only understand your needs — we share your values. You'll see it in our products and services tailored for military life.

Join USAA
USAA.COM/JOIN or call 800-531-8521



**WHAT YOU'RE MADE OF
WE'RE MADE FOR™**

No Department of Defense or government agency endorsement. Member eligibility and product restrictions apply and are subject to change.
USAA means United Services Automobile Association and its affiliates. © 2019 USAA. 266289-1019



Some Fort Riley families played bingo and made Valentine's cards while snacking on cookies and cupcakes at the Love at the Library event Feb. 8 at the main Post Library.

Story and photo by Amanda Ravenstein
1ST INF. DIV. POST

Hearts and crafts were in the making at the Post Library Feb. 8, during the Love at the Library event. Fort Riley families played sweetheart bingo and made Valentine's Day cards while snacking on pink and purple cupcakes and cookies.

"The girls had fun getting ready for Valentine's Day," said Amy Greene, wife of Sgt. Josh Greene, Headquarters and Headquarters Battalion, 1st Infantry Division.

Greene's daughters Aria, 7, and Evie, 5, both said they enjoyed playing bingo.

"I won a toy," said Evie.

Rebecca Basil, Library director said she was happy with the amount of families who came.

"The turnout was actually really awesome," she said. "It was crazy busy at one point."

She said the craft was a big hit with the children.

"It turned out really great," she said. "The kids seemed to love it."

The next event at the library is movie night on Feb. 24 at 6 p.m. where "Angry Birds 2" will be playing. The event is free and there will be popcorn and drinks available.



Army doubles reimbursement amount for spouse licenses

Joe Lacdan
DEFENSE.GOV

FORT MEADE, Md. — Last summer, Army spouse Kamyar Haghayeghi left his job as an internal medicine physician in Maryland to follow his wife to San Antonio, Texas.

Haghayeghi needed to relicense to practice medicine at the University of Texas-San Antonio. The licensing costs for an exam and administrative fees totaled more than \$1,200.

To add to the couple's stress, Haghayeghi's wife, Capt. Jennifer Loftsgaarden, learned she was pregnant with their first child shortly before the relocation from Bethesda to Brooke Army Medical Center. After beginning the permanent-change-of-station process in July, she heard about the Army's Spouse Licensure Reimbursement Program and quickly filed the necessary paperwork to receive \$500 in reimbursements.

"I know a lot of dual professional couples in civilian-military marriages that do have to incur some pretty surprising costs for their relicensure during a move," said Loftsgaarden, a physical medicine rehabilitation physician at Brooke Army Medical Center. "And I think that it's a really awesome benefit to help those families and it really shows that the Army really does care about their people."

Under the National Defense Authorization Act 2020, civilian spouses can now receive up to \$1,000 in reimbursements for relicensing costs during permanent change-of-station relocations. Army Secretary Ryan McCarthy signed the new Army directive Jan. 16, which increases the reimbursable

See SPOUSES, page 9

Financial fitness: Getting out of debt

By Gail Parsons
1ST INF. DIV. POST

Editor's note: This is the sixth in an eight-part series addressing financial issues — how to avoid and repair credit and debt problems. Check out next week's edition of the 1st Inf. Div. Post for information on how to avoid breaking the bank when buying a new or used vehicle.

It is a lot easier to get into debt than it is to get out of it.

Whether the debt accumulated because of a series of unfortunate and unavoidable situations or sheer carelessness, it will take time and effort to reverse the damage.

"You have to want to get out of debt and be committed to getting out because everyone will say they want to get out and then they go and repeat the same thing over and over," said Paul W. Depusoir, personal finance manager, Army Community Service.

When people are serious about getting out of debt, ACS financial counselors can help them get on track. They start with an assessment to figure out what a person's total debt looks like.

"Then we come up with a plan," he said. "We identify how much disposable income you have going towards the debt and we start targeting those debt."

Depusoir said the usual plan of action is to take the smallest debt and work toward paying that one off first.

"It gives you a feel like you achieved something if you pay off one," he said. "Once that is paid off whatever used to go toward it, we'll now put to the next one."

For example, he said if there are five debts to pay off and \$100 a month to pay to them, the person will pay \$20 on each until the lowest is paid off. When that happens, the next lowest will then get \$40 a month while the others remain at \$20 — so-on-and-so-forth.

"By the time we get down to the last one there is \$100 going to it," he said.

The Federal Trade Commission states, the first step to getting out of debt is to make a budget. To do this:

- Gather bills and paystubs
- Look at receipts to see where the money is going
- Add up all the paychecks and other income and subtract the expenses

Next look for things in the expenses that can be cut or reduced, add those savings to the debt.

If a person seeks assistance through ACS for help developing a debt-management plan, staff will check on them periodically to see how it's going for them. If they continue to have difficulty they could be enrolled with a not-for-profit debt-management plan group who, for a monthly fee, can take more control and help the person stay on track.

Depusoir said it is important for people to not confuse debt management with debt consolidation.

"Almost 80% of the time, if they asking for debt consolidation, they probably don't qualify for it," he said.


To consolidate loans, the person needs to be able to get a bank loan for the amount of the debt. It's likely that if you ask for debt consolidation you don't have a credit score that will afford you a loan at the bank, Depusoir said.

One mistake the FTC warns people about is when they start falling behind on their fiscal obligations, call the creditors to whom the money is owed. Tell them what is going on and try to work out a new payment plan.


WEEKEND WEATHER OUTLOOK

FRIDAY	SATURDAY	SUNDAY
		
HI: 34 F	HI: 48 F	HI: 52 F
LOW: 15 F	LOW: 28 F	LOW: 32 F


FORT RILEY POST-ITS

**BOSS**


Are you a Single Soldier looking for volunteer hours?
Join Better Opportunities for Single Soldiers as they help clean up Fort Riley during a monthly trash pick up.
Volunteers with BOSS will provide transportation from the Warrior Zone at 9 a.m. Feb. 15 to each clean up site.
For more information, call 785-239-2677.

**Tax Center**

The Tax Center, building 7034, is open Monday through Friday, 9 a.m. to 6 p.m. through April 15. Appointments are available and walk-ins are welcome with the last one accepted at 5 p.m. daily. Call 785-239-1040 for information.

**Open Circle**

Join Open Circle in the practice of the use of divination tools from 6 to 9 p.m. Feb. 19 at Kapaun Chapel. Bring your tools and please bring a snack or dish to share. There will be tea leaf reading, tarot cards, runes and more. People are encouraged to bring the books they use for guidance. This is a learning group and everyone has differing experiences with their tools.


**Fort Riley Animal Shelter**

Staff of Fort Riley Animal Shelter and Stray Facility will have pets available for adoption from 10 a.m. to 2 p.m. Feb. 15 at the Main Exchange.

Let's go to the movies @ Barlow Theater

Friday, February 14 - Bad Boys for Life (R) 7 p.m.
Saturday, February 15 - Dolittle (PG) 2 p.m. and Just Mercy (PG-13) 7 p.m.
Sunday, February 16 - Bad Boys for Life (R) 5 p.m.


Theater opens 30 minutes before first showing. For more information, call 785-239-9574.
Children 5 and younger are admitted free.
Regular showing: Adult \$6.50, children \$3.75.
3D showing: Adult \$8.50, Children \$5.75.
Regular first run: Adults \$8, children \$5.75;
3D first run: Adult \$10, children \$7.75.

**DFMWR**

Get ready for the heaviest competition of the year. Weigh-in for Army Strong Powerlifting starts at 7:45 a.m. March 7. The event will comprise men's and women's open class and will be based on strength testing in the three major lifts: Squat, Bench Press and Deadlift. Competitors will be allowed three attempts in each lift too acquire a maximum weight lifted in each event. Equipment Rules: Based on USA Powerlifting RAW guidelines. Top Three in each class will be determined by WILKS scoring. The cost is \$25. For more information, call 785-239-5562.

**Fort Riley Spouses Club**

Tickets are available for the Fort Riley Spouses Club Honky Tonk @ The RCC. The event will feature a night of casino games and music from 6 to 10 p.m. March 21. Tickets are \$25 until March 15, then \$30 and available at <http://bit.ly/htrcc>.

**BOSS**

The next Warrior Discipleship is at 7 p.m. Feb. 19. Volunteers host the Bible study each Wednesday at a private residence. Call Better Opportunities for Single Soldiers at 785-239-2677 for more information.

Setting up for dodgeball attacks



At the 6v6 Dodgeball Tournament Feb. 8 at Whitside Fitness Center Kyle Ochs, top left, John Hahn, and Michael Christman, members of the Directorate of Public Works team, “Bad Decisions” make a joint attack on their opponents the “Purple Cobras.”

Worship Opportunities

Protestant Services
Victory Chapel 239-0834
ChapelneXt Protestant Service
Sunday Worship.....0900
Children's Church.....0910
Morris Hill Chapel 239-2799
Gospel Protestant Service
Sunday School.....0900
Sunday Worship.....1100
Main Post Chapel 239-6597
Traditional Protestant Service
Sunday Worship.....1030
Children's Church.....1045-1130

Catholic Services
Victory Chapel 239-0834
Sunday: Confession (and by appointment).1100
Sunday Mass.....1130
Sunday Catechism.....1030
Saint Mary's Chapel 239-6597
Sunday Mass.....0900
Daily Mass – Mon., Wed., & Fri.....1200
IACH Chapel 239-7872
Daily Mass – Tue. & Thur.1200

Pagan/Wiccan Service
Kapaun Chapel 239-4818
Fort Riley Open Circle– SWC
1st & 3rd Wednesday monthly.....1800

Homefront Heroes
Support Group for spouses of Soldiers going through deployment or reintegration
Weekly Wednesday classes from 1830-1930 at Victory Chapel.
Childcare provided for 6mo - 4yrs,
Youth class for 5-10yrs

Club 1:9 Faith Based Youth Program
Grades 6th - 12th, Meets Sundays
Combined MS/HS Youth 1730-1930 at Victory Chapel
785-239-0834

AWANA
Meets Sundays, 1430-1630 at Victory Chapel
3yrs - 12th grade.

**Protestant Women of the Chapel (PWOC)**
Weekly Tuesday Meeting 0900-1130 & Evenings at 1830-2000 at Victory Chapel.
Childcare provided.
For more information email rileypwoc@gmail.com or Facebook "Fort Riley PWOC"

**Catholic Women of the Chapel (CWOC)**
Weekly Wednesday Meeting 0900-1130 at St. Mary's Chapel.
Childcare provided.
For more information email fortrileycwoc@gmail.com or Facebook "Fort Riley CWOC"

Check for schedule over Training Holiday weekends



CHARGE YOUR DEVICES
For more tips visit www.ready.gov/get-tech-ready
Ready.

**Come eat with us at**
115 N East St in JUNCTION CITY
(785) 762-5567

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
February 16th	February 17th	February 18th	February 19th	February 20th	February 21st	February 22nd
Home Style Fried Chicken All Day \$9.99	Chicken & Dressing Starts at 11:00am Grilled Country Porkchops Served after 4:00pm	Homemade Meatloaf Starts at 11:00am Lemon Pepper Grilled Rainbow Trout Served after 4:00pm	Chicken Pot Pie Starts at 11:00am Broccoli Cheddar Chicken Served after 4:00pm	Lunch & Dinner Turkey & Dressing	Fried Fish All Day \$9.99	Southern Fried Chicken \$9.99
Catering Available 785.762.5567 Monday thru Thursday Lunch Specials from 11 am till it's gone - \$5.99						

SPOUSES

Continued from page 7

amount from the \$500 Loftsgaarden and Haghayeghi received.

The 2018 NDAA required each military branch to reimburse spouses up to \$500 for licensure and certification costs. Congress increased that number to \$1,000 in the 2020 authorization.

Before the program's inception, Army spouses previously had to shoulder licensure costs themselves.

"Army life can be kind of tough. You get moved every couple of years and if you have a working spouse and that spouse requires a license to do his or her job, then every time you move, you frequently have to relicense," said Christine Traugott, assistant deputy for child and youth school services and education for the assistant secretary of the Army for manpower and reserve affairs. "You have to get licensed in the state in which you're practicing ... Those costs can add up over time, and they're a barrier to spouses being able to find quick employment."

Civilian military spouses like Haghayeghi require a professional recertification or relicensure when moving to another state, as each state has different requirements and certifications. The added costs can be an additional burden to military families on frequent PCS moves. Those expenses could add up over the course of a career.

The Army has also widened the eligibility options. Spouses who held a professional license at a previous duty station but chose not to renew their license at succeeding duty station are also eligible now for reimbursement.

"We are giving commanders and members greater flexibility to support these required additional expenses they incur," said Larry Lock, military compensation chief for the Army.

Angie Rodriguez-Torres, branch chief for pay and allowances, said that couples who have filed for the program average about \$142 in reimbursable expenses with

fewer than a dozen who have incurred expenses greater than \$500.

Lock said the program is currently in a two-year pilot and will later determine the appropriate reimbursable amount.

Soldiers who PCS outside of the continental United States with spouses relocating to a designated state are also eligible for the program. In addition, the Army Emergency Relief program, or AER, may also be able to assist with funding for some licensing expenses, officials said.

The changes coincide with the Army's focus on prioritizing its people, especially its spouses and military families. Army Chief of Staff Gen. James McConville implemented that focus which has been echoed by Sgt. Maj. of the Army Michael Grinston.

"It's critically important for (spouses) to be able to get to work as quickly as possible after a PCS move," Grinston said. "The increase in available funds for reimbursement in this year's NDAA will go a long way to help."

TUESDAY TRIVIA CONTEST



The question for the week of Feb. 11 was:
What office can assist me with military funeral honors for retirees or veterans?

Answer: <https://home.army.mil/riley/index.php/my-fort/all-services/casualty-assistan>

The Casualty Assistance office provides assistance to next-of-kin of critically injured, ill or deceased Army soldiers, retirees, and veterans to include benefits counseling and military funeral honors. Call 239-3750 if you have questions.

This weeks winner is April Stoby, spouse of Sgt. Jonathan Stoby of the 1st Infantry Division Band.

Pictured above is April Stoby.

CONGRATULATIONS APRIL!

FORM MATTERS

Staying strong helps with childcare

By Gail Parsons
1ST INF. DIV. POST

Gliding discs are one of several pieces of exercise equipment that can help change up a routine and can travel easily.

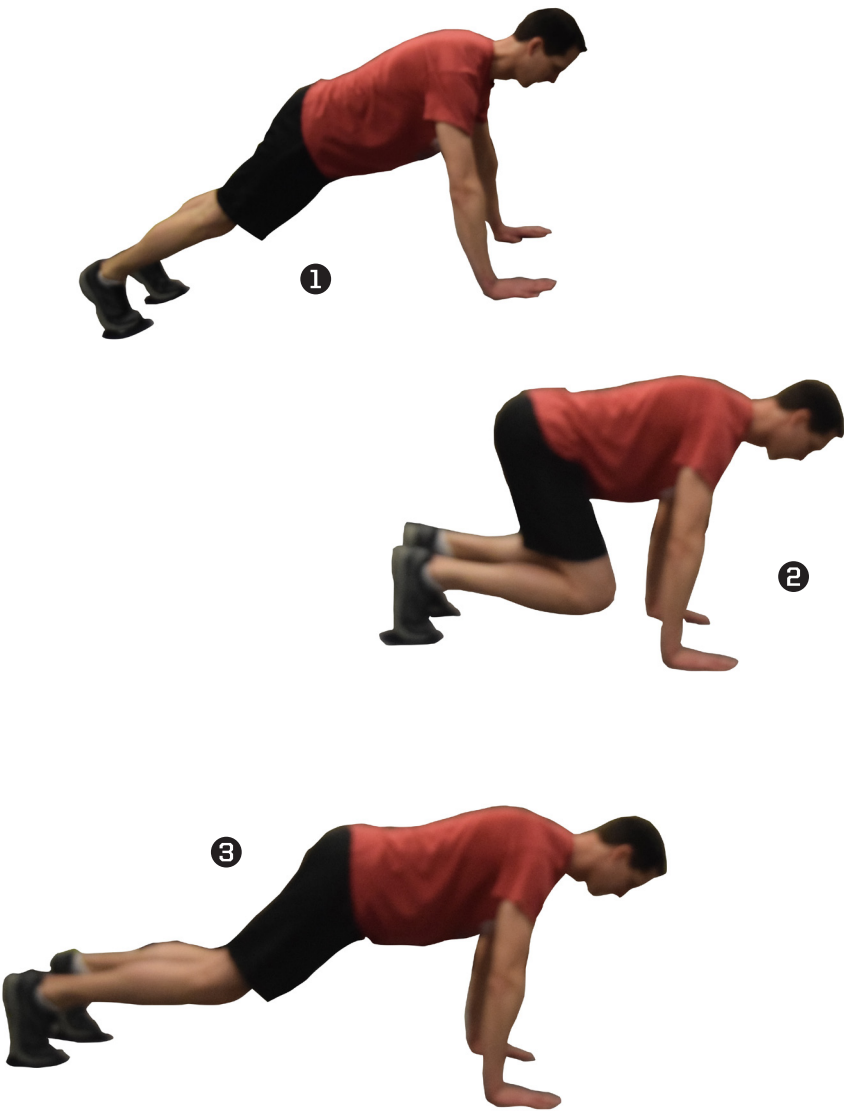
Jason Anderson, health promotion technician at the Fort Riley Army Wellness Center, said if someone doesn't have the discs, they can use anything that will slide on the floor like paper plates, Frisbees or furniture movers.

One exercise using the discs is a knee tuck. While this exercise targets the core, it

will also work the shoulders, the pelvis, hips and midsection.

When executing the knee tuck with the gliding discs people should be cognizant of their hip placement to avoid injury. A common mistake is dropping the hips too low, Anderson said.

"You are going to be starting in a pushup position," he said. "If you're just not in the position correctly your hips could be too high, they could sink a little too low, (which) puts strain on the back. If your shoulders aren't strong enough to begin with, you could tweak a shoulder muscle."



TECHNIQUES

Anderson demonstrates the gliding disc knee tuck:

1. Start in a pushup position with each foot on a separate disc.
2. Pull knees in toward the chest keeping the core tight and make sure the hips don't raise too high. Allow the discs to slide on the ground in a slow and controlled movement.
3. Push feet back to the starting position. Repeat for desired number of repetitions maintaining good form.

Form Matters is a weekly column designed to demonstrate the proper form to use when executing different exercises to minimize the risk of injury. #FitFirst

ARMY EMERGENCY RELIEF

EST. 1942

HEALTHY EATING



COURTESY PHOTO

One Pot Shrimp and Orzo

For the Performance Triad, please use the nutrient & serving size information provided below.

Recipe Analysis: (1 serving = 1 cup)
Per Serving: 347 calories; 26 g protein; 10 g fat, 40 g carbs (1.5 carbs: 1 protein)
Recipe = 2.5 servings of vegetables, 0 servings of fruit (0.5 vegetable per serving, 0 fruit per serving)
**This recipe is from The Lean Green Bean.*

INGREDIENTS (4 SERVINGS)

- 1 tablespoon butter
- 2/3 cup leeks, thinly sliced or diced onion
- 2 cloves garlic, minced
- 3/4 cup orzo, uncooked
- 1 3/4 cups low-sodium broth, vegetable or chicken
- 2 cups frozen green beans
- 1 teaspoon old bay seasoning
- 1 teaspoon paprika
- 1/2 teaspoon cayenne pepper, optional
- 1 pound raw shrimp, peeled and deveined
- 2 ounce goat cheese

STEPS 20 MINUTES

1. Melt butter in a saute pan over medium heat.
2. Add leeks and garlic and saute for 5 minutes.
3. Add orzo, green beans, broth and seasonings.
4. Bring to a boil, then reduce heat and cook over low heat for 10 minutes, stirring often.
5. Add shrimp and goat cheese and cook 5 minutes or until shrimp are cooked through.
6. Taste and adjust seasonings as desired.

<https://cookpad.com/us/recipes/618696-one-pot-shrimp-and-orzo> #FitFirst

WHEN THE SNOW FALLS...



Wear loose-fitting, lightweight, warm layers, rather than one heavy layer of clothing.

Take breaks while shoveling snow – overexertion can bring on a heart attack.

Help firefighters by keeping fire hydrants clear of snow.



Pets of the Week

THIS LOVABLE PET IS WAITING TO BE ADOPTED....



PHANTOM
Special needs, 2 year old Boxer Aussie Mix. Great with people, fully potty-trained although doggie classes are highly recommended. Would prefer to be only pet.



NAKITA
Very active, 5 month old female Labrador mix. Not fully house-trained yet, but very eager to learn and will make the perfect companion for an active family.

STOP BY AND SEE THESE PETS OF THE WEEK AND MORE AT:
FORT RILEY ANIMAL SHELTER
224 Custer | Fort Riley, Kansas 66442 | (785) 239-6183

SPONSORED BY:

ATTN:
ANYONE Can Donate Money Towards a Pets' Adoption.
Inquire at Animal Shelters and make it **EASIER** for these pets to find a home!!

Animal Care Clinic

Love is a four legged word.

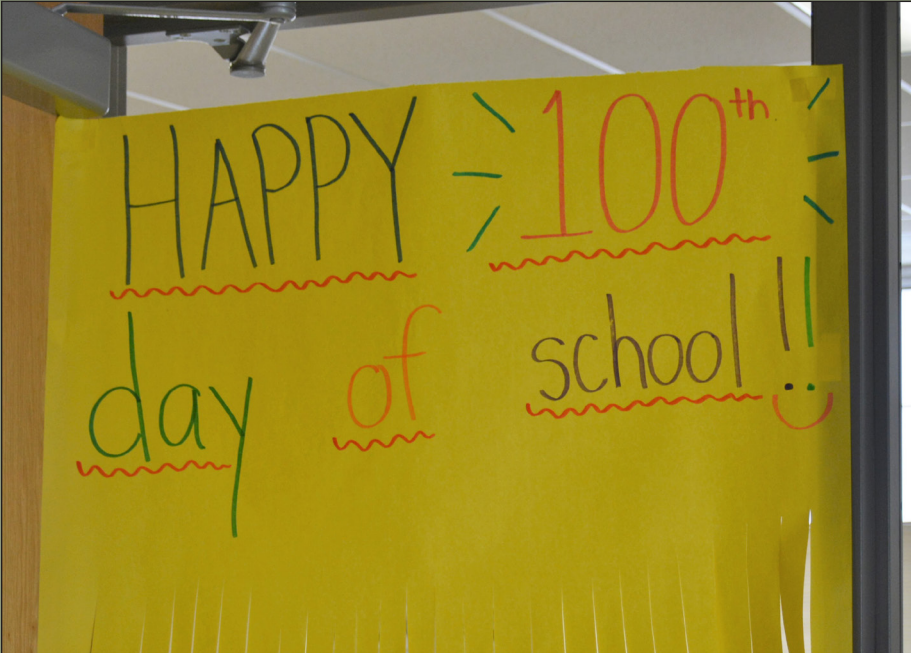
State of the art care, state of the heart caring.

Mark L. Stenstrom, DVM

106 N. Eisenhower • Junction City, Ks. 66441

785-762-5631

Celebrating 100 days of smarts



TOP LEFT: One of the many banners that hung in the doorways at Seitz Elementary Feb. 7, celebrating 100 days of school. BOTTOM LEFT: Students from Gianetta Skidmore's second grade class showed off their outfits during the 100 days of school celebration at Seitz Elementary Feb. 7. RIGHT: Molly Ridder, back right, second grade teacher at Seitz Elementary, and three of her students to show off their outfits during the 100 days of school celebration Feb. 7.

WWW.FACEBOOK.COM/FORTRILEY

Fort Riley Combined Graduation student speaker nominations

Are you a 2020 graduate with a 3.0 or higher GPA, have an unusual story or significant achievement while getting your degree? Then consider being a speaker at the Combined Graduation Ceremony May 20, 2020.



For more information, contact your on post college or university.

Winter Bounce Party fun



More than 100 Fort Riley children visited Long Fitness Center with their families Feb. 8 for the final Winter Bounce Party event hosted by staff from the Directorate of Family and Morale, Welfare and Recreation. There were four bounce houses set up and an information table where parents could get information on renting them.

SERVICE DIRECTORY

Your go-to guide for products and services around the area!

AUTO REPAIR
REICH'S FOREIGN CARS SERVICE
785-238-1181
SE HABLA ESPANOL
325 N. WASHINGTON, JC

AUTO SALES
Briggs
AUTO.COM
Michael Sanchez
Sales Consultant
785-776-7799
2600 Auto Lane • Manhattan, KS 66502
michael.sanchez@briggsauto.com
BriggsAuto.com

AUTO UPHOLSTERY
GOODSON AUTO TRIM
Complete Auto, Boat, & Truck Upholstery
201 Sarber (between K-Mart & Wal-Mart)
Manhattan 1-785-776-7679

Who Got Booked In Yesterday?
View the most recent mugshots from the area. Check them out at junctioncityunion.com

AWNINGS
Awnings, Tarps, Carports, Sun Shades, Patio Covers, Livestock Curtains, Sunsetter Dealer
ASH ENTERPRISES, INC.
Salina, KS • (888) 825-5280
ashenterprisesonline.com
Residential & Commercial

BEAUTY SALON
SHANNON & CARMEN @ THE SHOP
785-307-1758 Tues-Sun 10am-7pm
906 N Washington St, JC

HEALTH
KONZA PRAIRIE
Community Health & Dental Center
361 Grant Avenue • Junction City, KS 66441
Phone: 785 238-4711 Fax: 785 238-4260

HEALTH

1102 St. Mary's Rd. J.C. • 238-4131

INSURANCE
CORYELL INSURORS, INC.
All forms of insurance
120 W. Seventh
Office 238-5117

STORAGE
PROPANE CENTRAL STORAGE
800-362-6028
2618 Central Drive
Junction City
Safe Secure Various Sizes 24/7 Access
NEW LOWER RATES!
Military Programs
Auto-Debit Discount
Prepay Discount

STORAGE
Residential Units
Commercial Units
Climate Controlled Units
1838 Old Highway 40
Junction City, KS 66441
Fax: 785-238-0774
www.aaselfstorageonline.com
785-238-3477

STORAGE
LANDMARK SELF STORAGE
(785) 727-1604
Call Today for Move-In Specials
www.landmark-selfstorage.com

THRIFT STORE
Disabled American Veterans
Pearl Harbor Chapter 16
THRIFT STORE
1505 N. Washington, JC
Open Mon-Sat 9-5:30
Help us keep our prices low by donating your gently used items.

Looking for a job?
Check out our online classifieds to land your dream job...
JUNCTIONCITYUNION.com

THE 1ST INFANTRY DIVISION POST

MasterCardVISAAMERICAN EXPRESSDISCOVERPayPal

CLASSIFIED MARKETPLACE

1ST INFANTRY DIVISION POSTFort Riley | THE DAILY UNIONJunction City

NOW HIRING

5 icons

Let our classified specialists
help you write an ad that will bring you
THE BEST RESULTS

Place an ad online 24 hours a day • Walk-ins: Mon-Fri 9 a.m. - 4 p.m. • Call 785.762.5000

You've got it.



Someone else wants it.

Advertise with THE JUNCTION CITY UNION today!
785-762-5000 • www.junctioncityunion.com

Want your
BREAKING
news first?

Visit The Junction City Union
ONLINE
www.junctioncityunion.com

Headlines available
before the paper hits
the newsstands

Register online to get
e-mail news alerts!

THE JUNCTION CITY UNION
762-5000

THE JUNCTION CITY
UNION

in print & online
785-762-5000
www.junctioncityunion.com

Subscribe
today!



EMPLOYMENT

Help Wanted

MUSTANG CLUB

Dancers and security wanted, earn good money, no experience required. Apply in person, after 7:30 pm 1330 Grant Ave. Junction City

MERCHANDISE

Miscellaneous

A PLACE FOR MOM has helped over a million families find senior living. Our trusted, local advisors help find solutions to your unique needs at no cost to you. Call 1-785-329-0755 or 1-620-387-8785

Miscellaneous

ADOPTION: Loving dads wanting to adopt newborn; unconditional love and a life of opportunity awaits. Expenses paid. 845-260-1314, dadsadopt@gmail.com, www.thomasjordanadopt.com.

ARE YOU BEHIND \$10k OR MORE ON YOUR TAXES? Stop wage & bank levies, liens & audits, unfiled tax returns, payroll issues, & resolve tax debt FAST. Call 855-462-2769

ATTENTION! MEDICARE RECIPIENTS! Save you money on your Medicare supplement plan. FREE QUOTES from top providers. Excellent coverage. Call for a no obligation quote to see how much you can save! 855-587-1299

BATHROOM RENOVATIONS. EASY, ONE DAY updates! We specialize in safe bathing. Grab bars, no slip flooring & seated showers. Call for a free in-home consultation: 855-382-1221

BEST SATELLITE TV with 2 Year Price Guarantee! \$59.99/mo with 190 channels and 3 months free premium movie channels! Free next day installation! Call 316-223-4415

DONATE YOUR CAR TO CHARITY. Receive maximum value of write off for your taxes. Running or not! All conditions accepted. Free pickup. Call for details. 844-268-9386

Miscellaneous

FREE CHOCOLATES (a whole box) just for visiting us during our Keys to Their Heart Sale February 5-15! Over 100 pianos on sale by Steinway, Yamaha, Baldwin and more! Mid-America Piano, 241 Johnson Rd, Manhattan. 800-950-3774, www.piano4u.com

Get A-Rated Dental Insurance starting at around \$1 PER DAY! Save 25% on Enrollment Now! No Waiting Periods. 200k+ Providers Nationwide. Everyone is Accepted! Call 785-329-9747 (M-F 9-5 ET)

Lowest Prices on Health Insurance. We have the best rates from top companies! Call Now! 855-656-6792.

Medical Billing & Coding Training. New Students Only. Call & Press 1. 100% online courses. Financial Aid Available for those who qualify. Call 888-918-9985

NEW AUTHORS WANTED! Page Publishing will help you self-publish your own book. FREE author submission kit! Limited offer! Why wait? Call now: 855-939-2090

Orlando + Daytona Beach Florida Vacation! Enjoy 7 Days and 6 Nights with Hertz, Enterprise or Alamo Car Rental Included - Only \$298.00. 12 months to use 866-934-5186. (Mon-Sat 9-9 EST)

Miscellaneous

Recently diagnosed with LUNG CANCER and 60+ years old? Call now! You and your family may be entitled to a SIGNIFICANT CASH AWARD. Call 866-327-2721 today. Free Consultation. No Risk

Steel Cargo/Storage Containers available in Kansas City & Solomon Ks. 20s' 40s' 45s' 48s' & 53s' Call 785 655 9430 or go online to chuckhenry.com for pricing, availability & Freight. Bridge Decks. 40'x8' 48'x8'6" 90' x 8'6" 785 655 9430 chuckhenry.com

VIAGRA and CIALIS USERS! There's a cheaper alternative than high drugstore prices! 50 Pills SPECIAL \$99.00 FREE Shipping! 100% guaranteed. CALL NOW! 855-850-3904

Pets/Supplies

Adorable Yorkie puppies. Shots and wormed up to date. 785-348-5482, 785-747-7683.

RENTALS

Houses

2BD Home, Furnished or Unfurnished, Fenced in Yard, All Appliances. \$600/ Month in Milford. 913-475-5747



Looking for a job?
Check out our online classifieds
to land your dream job...
JUNCTIONCITYUNION.com

su | do | ku

		9	7		5			
								6
2	7			8				
	9		2	1				
8		1						
		6			3			5
6		2			1			9
			6		9		5	1
				2			4	

Level: Advanced

What Is
su | do | ku?

The objective of the game is to fill all the blank squares in a game with the correct numbers. There are three very simple constraints to follow. In a 9 by 9 square sudoku game:

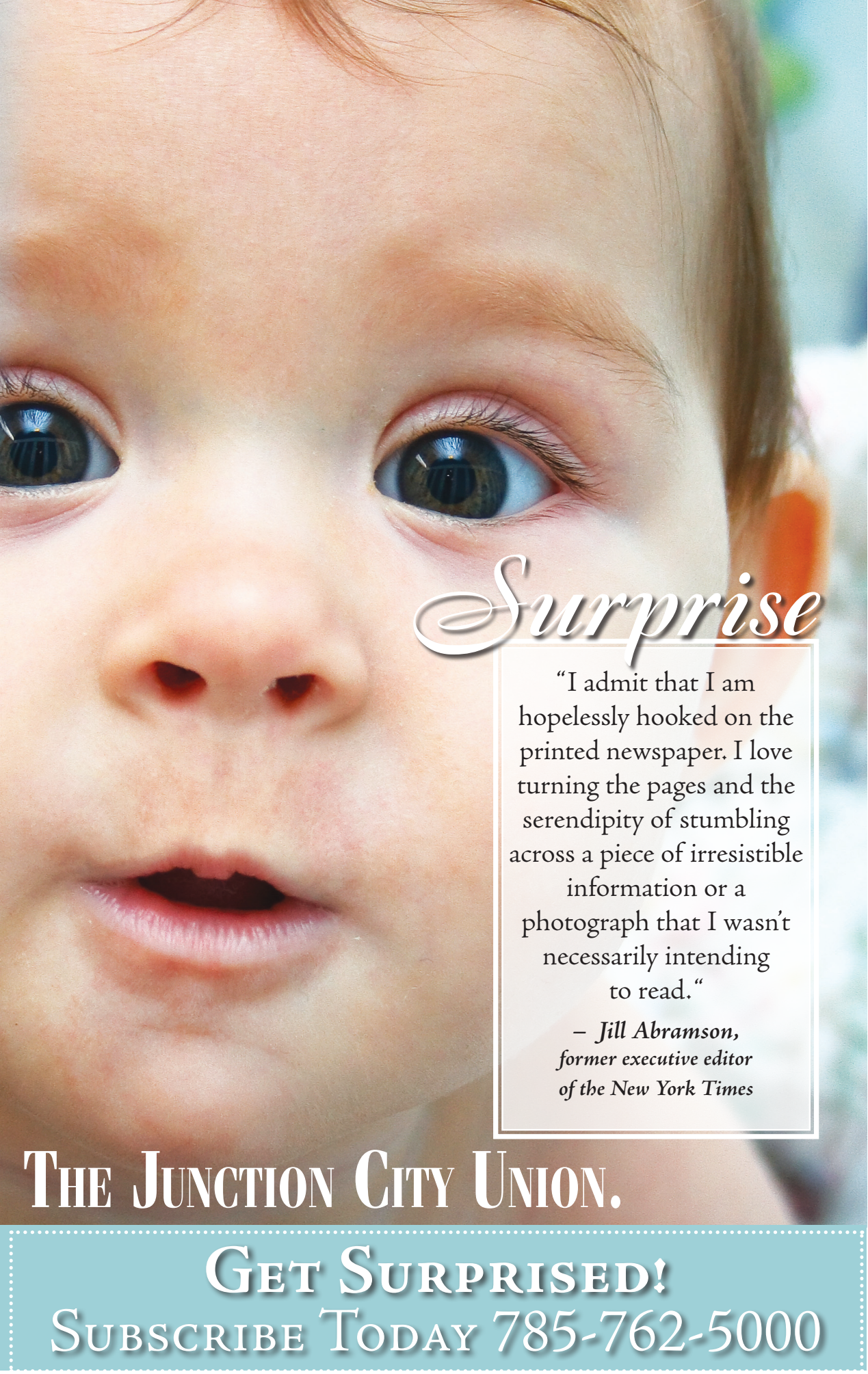
• Every row of 9 numbers must include all digits 1 through 9 in any order

• Every column of 9 numbers must include all digits 1 through 9 in any order

• Every 3 by 3 subsection of the 9 by 9 square must include all digits 1 through 9

Last Sudoku's Answers

1	2	9	7	8	3	4	6	5
8	3	6	2	4	5	1	7	9
7	4	5	9	1	6	2	8	3
5	1	2	8	7	9	6	3	4
3	7	4	6	2	1	9	5	8
9	6	8	3	5	4	7	2	1
2	9	7	4	3	8	5	1	6
6	8	1	5	9	2	3	4	7
4	5	3	1	6	7	8	9	2



Surprise

"I admit that I am hopelessly hooked on the printed newspaper. I love turning the pages and the serendipity of stumbling across a piece of irresistible information or a photograph that I wasn't necessarily intending to read."

– Jill Abramson,
former executive editor
of the New York Times

THE JUNCTION CITY UNION.

GET SURPRISED!
SUBSCRIBE TODAY 785-762-5000

Travel & Fun in Kansas



Next week, Spc. Shell plans to check out Dodge City.



Courtesy photos
Diners can board the Abilene and Smoky Valley Railroad dining car pulled by either a steam or diesel engine and have a catered meal during the trip.

Trains, murder, shows, history – all part of unique dining experiences

By Gail Parsons
1ST INF. DIV. POST

Dinner out is often on the of the list of things to do for special occasions — but where to go is the question. There's no shortage of chain and independent restaurants that offer a typical menu or class it up with fancy cuisine. However, there are other choices, which offer unique dining experiences.



MOSLEY STREET MELODRAMA

Guests at Wichita's Mosley Street Melodrama can have dinner before watching the interactive, original melodrama on stage.

"All of our shows are locally written," said Brandon Hathaway, one of the owners. "We have a pool of local writers and our performers are local as well."

The current show, which runs through March 28 is Dr. Jekyll and Prissy Hyde. It follows the typical format of a melodrama and elicits audience response.

"In every show, we always have a hero and heroine, and a villain," Hathaway said. "When the hero comes on stage, the audience cheers for him and when the heroine comes on the stage, the audience gives a nice sigh."

After the intermission, the audience comes back for part two of the night, which is a musical comedy revue. These acts are themed, sometimes to go along with the first half.

"And then there's an audience participation section where we pull a couple of helpless people up on stage," he said.

The optional dinner portion of the evening is before the show. Doors open at 6 p.m. for dinner and the show starts at 7:50 p.m. Tickets are available for those who wish to just watch the show.

Hathaway said Mosley, which has been at Wichita's Old Town since 1997, uses support from local businesses — the full bar includes Wichita beers, the cheesecake is from Wichita Cheesecake

Company and the dinner is catered by Pig In! Pig Out! barbecue.

"With everything that's going on in the world we're the place where you go to forget about your worries and laugh for a while," Hathaway said. "We think that's really important."

Visit the website at <https://www.mosleystreet.com/2016-season> for more information, pricing and military discounts.

TRAIL DAYS CAFÉ AND MUSEUM

The Trail Days Café and Museum in Council Grove combines food with history.

"We're a museum of food," said Shirley McClintock, manager. "Our food is an experience with history — you literally taste it. I try to find recipes as accurate and as authentic as I could to give people a taste of history."

The menu includes American Indian food and a sampling of the many ethnicities who settled in Kansas — German, Swedish, Scottish, Irish, French. The menu also covers Colonial American foods and moves into the 20th century with town square sandwiches. There also are vegetarian dishes that represent a small group of idealistic settlers called Utopians she said.

"I do cover some, what you would call today vegetarian, because in 1856, a colony of Utopians from back east, over 100 of them, came to Kansas to settle," she said. "It didn't work out very well and they only lasted about a couple years, but some of them did stay in Kansas and they are part of our history."

The building for the restaurant was a home and was built alongside the Santa Fe Trail in 1860. This stone home was the last house freighters passed going West when leaving Council Grove.

On site are other buildings, which the non-profit group that operates the restaurant are in the process of restoring. All proceeds from the restaurant go toward that project, McClintock said.

The restaurant is furnished with period artifacts and on the second floor are rooms set up as they may have looked when the original owners lived there.

Seating is limited so reservations are needed for groups of eight or more. To view the menu and learn more about the Trail Days Historic Site visit <https://traildayscafeand-museum.org/home/index>

ABILENE AND SMOKY VALLEY RAILROAD

The Abilene and Smoky Valley Railroad offers dinner aboard a train pulled by either a steam or diesel engine.

The steam engine is a 1919 Baldwin 4-6-2 "Pacific" type locomotive and is the only operating steam locomotive in Kansas and is one of only three operational, former Santa Fe steam locomotives.

Regardless of which engine is pulling the train, Mary Jane Oard, office manager for the ASVRR said the dining experience for the guests is the same. The train takes guests about five and a half miles to Enterprise where people can get off the train as the engine is switched to the other side.

While in Enterprise, people can visit the replica 1880s operational grist mill.

"People can go up and see how they stone grind the turkey red wheat, which was raised back in the 1800s in Kansas, and the corn," Oard said. "They have the products for sale — the flour and the cornmeal."

Local restaurants cater and serve during the train ride.

"You need to experience eating dinner on board a moving train," she said.

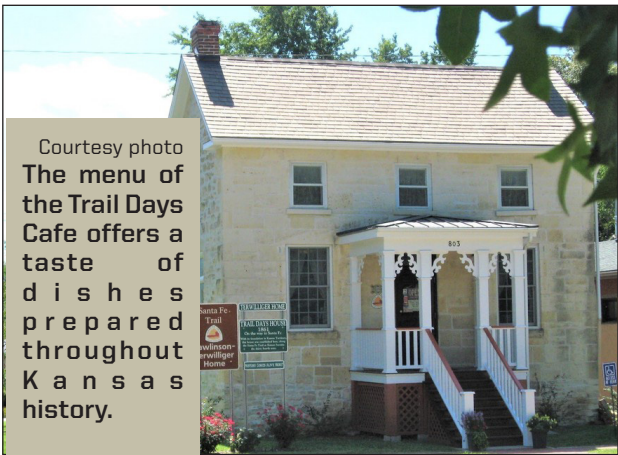
For a list of days the train runs, which engine is pulling it and the restaurant catering the meal, go to the ASVRR website at <http://asvrr.org/dinnertrains.html>

NEW THEATRE AND RESTAURANT

The current show at New Theatre and Restaurant in Overland Park is Church Basement Ladies, which stars Cindy Williams who played Shirley Feeney in the ABC sitcom, Laverne and Shirley.

In addition to several stage credits, Williams also appeared in "Travels With My Aunt," directed by George Cukor; co-starred with Ron Howard, Richard Dreyfuss, and Harrison Ford in American Graffiti; and had a role in Francis Ford Coppola's "The Conversation," co-starring with Gene Hackman.

"The music is toe-tapping, the humor is nonstop and the characters can't help but remind you of some colorful characters you may have encountered in your own church," says the theater's description of the show on its website. "From the elderly matriarch of the kitchen to



Courtesy photo
The menu of the Trail Days Café offers a taste of dishes prepared throughout Kansas history.

the young bride-to-be learning the proper order of things, we see these ladies handle a record-breaking Christmas dinner, a Hawaiian Easter Fund Raiser, and a steaming hot July wedding. They stave off potential disasters, share and debate recipes, and keep the pastor on due course while thoroughly enjoying, (and tolerating) each other in a rural Minnesota church."

New Theatre Restaurant averages more than a quarter-million in attendance annually and produces five shows annually, each running between nine and thirteen weeks, the website states. The shows last about 1 1/2 to two hours. The ticket price includes dinner and the show — drinks and dessert are extra.

"What (guests) can expect is a very entertaining evening," said Rob McGraw, New Theatre marketing. "We've been cited by Gourmet magazine for the quality of our food and our productions are top-notch. For what you would expect to pay for the meal alone, you get a terrific meal and then you get Broadway-quality show."

For tickets and information about upcoming shows visit the website at <https://newtheatre.com/>.

THE DINNER DETECTIVE

An evening of dinner and intrigue await guests at Kansas City's The Dinner Detective.

"The Dinner Detective is unlike any other interactive mystery dining experience," said Deb Flomberg-Rollins, marketing director. "You'll be mixing and interacting with other mystery fans, but the actors are also mixed right in with the rest of the audience. That means the culprit may even be sitting with you at your table. You'll enjoy a tasty four-course dinner while the hilarious detectives guide you through the case."

According to the theater's website, at some time during the course of the night a crime will occur, clues will be revealed and the detectives will help the guests crack the case. Prop guns, loud simulated gunshots, and short lighting blackouts are used as part of the performance.

If a guest wants to set up a member of their party to be directly involved, they have the option when they make their reservation to name that person as a prime suspect. That guest will be used as a red herring to trick the audience.

"All our cases are set modern-day so you won't have any cheesy costumes or silly props," Flomberg-Rollins said. "Everything feels modern and many cases are even pulled from actual headlines. It's the perfect low-stress date night."

Inner is included in the ticket price and a cash bar is available. For more information visit <https://www.thedinnerdetective.com/kansas-city>.



Courtesy photos
Above: Staff at New Theatre and Restaurant say there isn't a bad seat in the house to view their productions: Below: Attendees at The Dinner Detective try to solve a mystery over dinner and drinks.