READY TO SERVE... NEIGHBOR AND NATION

MONTHLY NEWSLETTER OF THE 141ST AIR REFUELING WING

DECEMBER 2019

NOTES FROM THE TOP



Members of the 141 ARW,

When it comes to Executing the Mission, you simply excel. Look at our support to OPLAN 801X and Operations NOBLE EAGLE, INHERENT RESOLVE, and FREEDOM'S SENTINEL not to mention the Pacific's Theater Security Package. I thank you and am very grateful of how you've represented the 141 Air Refueling Wing and Washington Air National Guard!

Your skin in the game and dedication are what reinforces the status of the indelible Ace of Spades and our proud heritage. I want to recognize our full-time force for several reasons. Our full-time positions are predicated on a Strategic Reserve model. As we all know, our force has transitioned to an Operational Force without a corresponding number of full-time positions to offset the increased tempo. Not to mention, we currently don't have all of our positions filled and our full-time force is often involved in Executing the Mission, meaning we have actually realized a net decrease in personnel even though we are doing more!

141st Misson Support Group Trains in Italy

The 141st Mission Support Group deployed for training to Aviano AB, in Italy for two weeks in early November. The trip was a combination of 141st MSG and 194th MSG integrating into the 31st Mission Support Group based out of Aviano AB, Italy. Deployment for Training missions are designed to integrate Guard personnel with Active Duty to exchange best practices and learn from each other's experience.

The 141st sent teams from Finance Flight, Contracting Flight, Services Flight, Force Support Squadron, and Communications Squadron. There were 11 personnel from the 141st that deployed in support of the 31st Fighter Wing's training mission.

The Communications Squadron Guardsmen were able to jump right into working with the 31st Communications Squadron, benefitting both units through mutual learning. Four total Guardsmen went to train at Aviano's Communications Squadron, two from the 141st and two from the 194th.

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ITALY

"When we arrived, they were just finishing up their transition to Office 365, so we were able to help right away since that was something we had done a while ago at Fairchild," said, Senior Airman Joseph DeSmet, Client Systems Technician, 141st Communications Squadron. "It was easy and seamless integrating into this work environment." That sentiment was echoed by another Client Systems Technician working along side Senior Airman DeSmet in the Client Systems realm

"Working with the Active Duty has been extremely valuable," said, Staff Sgt. Adrian Hernandez, Client Systems Technician, 194th Communications Squadron. "We spent a lot of time doing hands on work in a real-world environment while impacting the Air Force warfighter mission."

at work running all over the base working issues, Airman First Class Rowdy Gorden was also working with the active duty services personnel learning about running Morale, and Welfare events and Gym Management while getting signed off on core tasks for his career field. During the plane ride home Lt. Matt Richard from the 141st Contracting office had the distinction of promoting Airman First Class Gorden to Senior Airman some 30,000 feet above Europe.

Lt. Richard also was able to get quite a bit of training in for his office as well, the 141st Contracting office integrated into the 31st Contracting Squadron seamlessly. One of the highlights of their training was being able to teach active duty Airmen what makes the Air National Guard unique from active duty. They answered questions, and squashed some of the rumors about the Guard, giving a fresh perspective on what we are allowed to do based on the status that we are in. Over the course of the two weeks the Airmen integrated into their respective work sections and did their best to get and give the training needed during the time available.



t the completion of an investigation, a commander reviews the findings of the investigating officer. Assuming the commander accepts those findings and they do not warrant further investigation, the commander must decide what to do next. For those findings where there is some culpability on the part of one or more military members, the commander will decide if some level of discipline is necessary.

hen considering if a member should be subject to some level of discipline, the commanders will consider the level of culpability of the member through various factors which include: intentional or accidental conduct; if the conduct directly lead to the concerning outcome or if there were intervening factors or other members involved; supervisory or command responsibilities of the member, supervisory or command responsibilities over the member, the rank of the member, and the member's past performance both on and off duty. If, in considering these and other

factors, the commander believes the member's level of accountability warrants some level of discipline, the commander will consider the following factors in order to determine the level of discipline to impose: (1) punishment-in order to punish the member for the conduct; (2) deterrence-to deter the member from similar conduct in the future; (3) general deterrence-in order to deter other members from committing similar conduct; and (4) the good order and discipline of the unit. The commander will weigh these factors against the potential options for discipline.

command decision to impose punishment is determined by each individual situation on a case-by-case basis. Generally, a commander will contact the legal office and discuss the facts of the case and generally, how a given type of conduct has been handled in the past in similar situations. The conversation will then incorporate the elements listed above and the specific attributes of the member with a focus on progressive discipline.

rogressive discipline is one of the most fundamental elements of leadership and great leaders get it right. It can simply be understood as the right punishment for the given level of substandard behavior that occurred. Not all misconduct should be treated the same nor should all Airmen. For a good Airman, a verbal counseling may be all that is needed to get back on track. For struggling members, more severe forms of punishment may be necessary to send the correct message. Either way, it is critical to the success and morale of a unit.

Il commanders possess a myriad of tools to hold members accountable and to maintain good order and discipline. Our next article will discuss those tools.

If you have questions about this or any other legal topic, please contact the 141st Legal Office at 247-7036

COMPREHENSIVE AIRMAN FITNESS

The mission of the Comprehensive Airman Fitness Program is to build and sustain a thriving and resilient Air Force Community that fosters mental, physical, social and spiritual fitness.





"CHRISTMAS AND THE PILLARS"

LT. COLONEL JAMES WHITELY. WING CHAPLAIN

It's that most wonderful time of the year and it's a great time to focus on all the Air Force pillars.

I hope one evening this month you play a little game with your friends and family – it's called pretend the power went out, except the house does not get cold. All you have to do is have everyone turn off their phones and gather around the dining room table. Then you dust off a few board games and start to play. Trust me you will have a wonderful time just spending time together, talking, listening and trying to win. Two pillars down (Social and Mental) two to go.

As your chaplain I hope you use this special time of year to renew your Spiritual pillar – take some time and reignite the passion for what you believe in – increasing your faith will make the Christmas season even more enjoyable. Now I want to let you in on a little known secret about the Physical pillar and Christmas. I have heard from a somewhat reliable source that calories don't count around this holiday. Soooooooo, make this an especially great time to consume quantities of candy, cookies and cake and enjoy every bite, handful and spoonful. However, remember just in case the calories do count – you may have to make some New Year's resolutions, but that's another article.

-Merry Christmas and enjoy every bit of it.

DFAC LUNCH MENU

1100-1300

SATURDAY

•Beef Brisket

•BBQ Chicken

•Mac and Cheese

·Corn Pudding

•Salad Bar

SUNDAY

•Holiday Meal







SAFETY MINUTE

141st Wing Safety Office

Enjoy a Safe Holiday Season

Holiday safety is an issue that burns brightest from late November to mid-January, when families gather, parties are scheduled and travel spikes. Take some basic precautions to ensure your family remains safe and injury-free throughout the season.

Traveling for the Holidays? Be Prepared.

Many people choose to travel by car during the holidays, Which has the highest fatality rate of any major form of transportation based on fatalities per passenger mile. In 2017, 329 people died on New Year's Day, 463 on Thanksgiving Day and 299 on Christmas Day, according to injury facts. Alcohol impairment was involved in about a third of the fatalities.

Stay safe on the roads over the holidays and every day:

- Prepare your car for winter and keep an emergency preparedness kit with you
- Get a good night's sleep before departing and avoid drowsy driving
- · Leave early, planning ahead for heavy traffic
- Make sure every person in the vehicle is properly buckled up no matter how long or short the distance traveled
- Put that cell phone away; many distractions occur while driving, but cell phones are the main culprit
- Practice defensive driving
- Designate a sober driver to ensure guests make it home safely after a holiday party; alcohol or over-the-counter, prescription and illegal drugs can cause impairment

Drill-Status Guardsmen, I sincerely thank you too as balancing two to three jobs with friends and family relationships is an arduous task as you are faced daily with competing priorities. Your "time off" is spent working for the Guard. For the aforementioned reasons, it understandably causes personal strain and probably induces questions about continuing your service. With that being said, never lose sight of the overall purpose, because it is oh so worthwhile...supporting and defending the Constitution of the United States and the Constitution of the State of Washington and to uphold our unalienable Rights of Life, Liberty and the Pursuit of Happiness by serving Neighbor and Nation. Arguably, your service is as important now as it's been at any time in history. We are faced with a great-power competition and an escalating federal deficit. Compounding this are societal factors. The following statistics were taken from the 2019 Index of US Military Strength- Only 25% of all 17-to-24-year-olds are eligible to serve because of Obesity, Criminal Record, and Lack of Educational Achievement. Defense Secretary Robert Gates warned in 2010, "For a growing number of Americans, service in the military, no matter how laudable, is something for other people to do." The nation's future national security depends on attracting the service of capable men and women with the necessary skill sets. America's military is nothing without the dedication of those who choose to serve. In 2015, 0.4% of the population

served in the military.1 When the going gets tough, just remember, service is not easy, and it never has been. A quote from President Ronald Reagan is applicable, "If not us, who? And if not now, when?" If you only take one thing away from this article, please know, you are held in high regard.

Best,

Col Greg Nolting

1. 2019 Index of U.S. Military Strength, The Heritage Foundation, 2019, Dakota L. Wood





FIRST SERGEANT'S CORNER



BY: MSGTJAKE HELLER, First Sgt. 141st Maintenance Group

As we head into the holiday season, I am reminded that this is the time of year for traditions. Family and military traditions alike, are a way to pass along a long-established custom or belief that has been passed on from one generation to another.

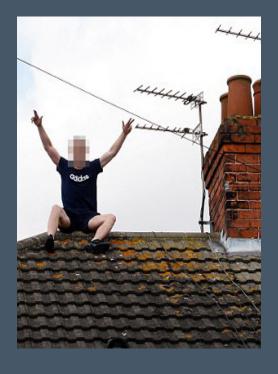
Although many traditions are similar, there are some that are different and I want to take a minute to talk about a different tradition that I witnessed a few months ago.

On a Saturday morning, my wife brought my attention to the neighbor's house where some commotion was happening. My neighbor, a military man and has recently taken command of his squadron, was outside working with his family. Several cars approached his house and parked around the cul-desac. When everyone got out of their cars, they walked up to his house with a couple tall ladders and placed them against the front of his house. Then, the vehicle occupants climbed up the ladders and stood atop his roof taking in the view before simultaneously stomping around like a bunch of kids jumping on the bed. Their actions did not imply malicious but they did appear to be an effort to disrupt or

get the attention of the new commander. The stomping seemed good natured and continued until my neighbor and his family made their way around the house to witness the commotion. After the stomping had subdued and the rooftop menaces had safely disembarked from my neighbor's house, I looked for an opportunity to talk to my neighbor about the shenanigans.

About a week later, I asked him about the commotion that we witnessed. With a big smile on his face he told me "Well that was a good old fashion Roof Stomp". He explained to me that a new commander receives this tradition and he was quite honored that it had happened with his family able to watch.

Not all traditions are the same, but all traditions should bring a way to pass along the long-established customs that shape our culture and heritage in order to remind us why we celebrate our traditions. They reinforce values such as freedom, faith, integrity, a good education, personal responsibility, a strong work ethic, and the value of being selfless. Traditions provide a forum to showcase role models and celebrate the things that really matter in life.





HISTORY- Development of the 116th insignia

According to lore, squadron members were having a late night poker game at the 116th hangar (Felts Field), when the discussion turned to an insignia. Lt. Laurie Heral, 116th pilot, pulled the ace of spades from the deck and laid it upon the table. All agreed by tradition the "death" card made an imposing image, but by itself it seemed a little plain. After thinking a bit, Lt. Heral drew a knife and drove it through the middle of the card and said, "There, now they know we mean business."

Caveat Hostis was added and translates to mean "Let the enemy beware."

PROMOTIONS



Travis Brownlee



Luke Bozo Jeremy Flinders Stefanie Modderman



Tori Belfils Shelby Bruce Nathaniel Ware Summer Welch



Bethany Latner Cerene Siers

CHIEF'S CORNER







BUILDING RELATIONSHIPS IN THE WORK PLACE

I'm going to steal the motto from the Boy Scouts of America, "Be Prepared" (nod to Chief Ives #EagleScout). The phrase is broad and all-encompassing, but with an upcoming RCP, it could not be more appropriate. Furthermore, when it comes to your career, planning and preparing for the future is critical. It is important for members at all levels to ensure they set goals, have plans in place, and uphold a high level of personal readiness while maintaining a healthy work/life balance.

eadiness - The term Full Spectrum Readiness (FSR) encompasses more than CBRNE, SABC, and never-ending CBTs. While that training is essential, it is unit provided, closely tracked, and you are prompted to complete it. Just as important,

is your personal readiness. You must be sure that your personal responsibilities are always in order, your family has an understanding and are prepared for potential deployments and separations (sometimes short-notice). Being physically and mentally fit also helps lower stress, increase resiliency, and reduce the risk of Duty Limiting Conditions (DLC).

raining/Education –
Professional Military
Education (PME)
requirements are mandatory in
order to progress through the
ranks. However, they are not
just boxes to check, they are
opportunities for growth and they
should be sought as early and
often as possible. It's important to
accomplish required PME as soon
as possible, not just for your benefit,

but for good of the unit when it comes to Force Management.

amily Readiness – There are many resources to assist with Family Readiness, but one of the most important things to do is make sure your family is aware of the potential for deployment and separation and to prepare for it. Having a good social or family network in place is important when you deploy and you are no longer able to provide the day to day contribution that you would while at home station. Our RCPs are scheduled, so you and your family have sufficient time to prepare for the potential deployment during your RCP window and to de-conflict major life events like weddings or family reunions/vacations, etc.

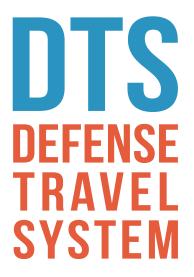
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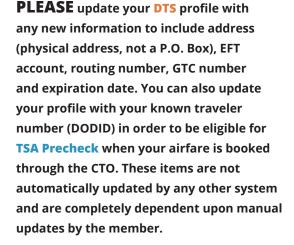
CHIEF'S CORNER

Summary – Being well prepared allows for a more seamless execution of tasks, whether they are related to your deployment/family separation, accomplishment of your goals, changes or difficulties in work situations, or just the performance of your day to day duties. In addition to your Supervisors, First Sergeants, and Chiefs you can find more information on how to "be prepared", using the resources below:

Airman and Family Readiness Office, Mary Thomas 247-7009 or Melissa Maher 247-7192

Legal Office, Lt Col Richard Freudenberg, 247-7036
Professional Development Center (Education Services), 247-2348
Base Training and Education Office, MSgt Michael Wirth 247-7072
or MSgt Carolyn Lindsey 247-7073







For questions or assistance with DTS, please contact the Finance Office at 247-7013



