



IN THIS ISSUE

A YEAR IN REVIEW
Check out the 8-page special section detailing the last year

in Navy News.

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MC1 Joshua D. Shannar

Sailors from the Ticonderoga class guided-missile cruiser USS Leyte Gulf (CG 55) embrace friends and family memebers at the conclusion of deployment. Leyte Gulf returend to its homeport of Naval Station Norfolk following a sucessful 9-month deployment as part of the USS Abraham Lincoln Carrier Strike Goup.

LEYTE GULF RETURNS TO NORFOLK FROM 9-MONTH DEPLOYMENT

From Commander, U.S. 2nd Fleet Public Affairs

NORFOLK

The Ticonderoga class guided-missile cruiser USS Leyte Gulf (CG 55) returned to Norfolk Naval Station, Jan. 4, marking the end of a nine-month deployment to the U.S. 6th and 5th Fleet areas of operation.

The ship deployed Mar. 27 from Norfolk as part of Carrier Strike Group (CSG) 12 in support of maritime stability and security. Leyte Gulf performed critical air warfare responsibilities as part of the carrier strike group, operating across the full spectrum of warfare areas in order to ensure mission readiness.

"The crew of Leyte Gulf demonstrated

» See LEYTE | A7



Family members and friends await the return of the Ticonderoga class guidedmissile cruiser USS Leyte Gulf (CG 55) to conclude its deployment. Leyte Gulf returend to its homeport of Naval Station Norfolk following a sucessful 9month deployment as part of the USS Abraham Lincoln Carrier Strike Goup.

Aviation Structural Mechanic 1st Class Mark Coufal, a Center for Naval Aviation Technical Training Unit (CNATTU) Norfolk instructor, center, provides hands-on training in E-2 Hawkeye aircraft flap actuator removal to maintenance technicians assigned to the "Bear Aces" of Carrier Airborne Early Warning Squadron (VAW)



U.S. Navy photo

CNATTU Oceana progresses with "BURST" courses

By ATC Nathaniel Thomas Payne,

Center for Naval Aviation Technical Training Unit Oceana Public

VIRGINIA BEACH

Center for Naval Aviation Technical Training Unit (CNATTU) Oceana has made tremendous contributions to Naval Aviation Enterprise (NAE) Broad Unscheduled Rapid Support Training.

As the Navy seeks ways to improve fleetwide aviation maintenance, earlier this year it launched an initiative to deliver laserfocused interactive training directly to maintainers in the fleet to address specific aircraft readiness degraders. To assist maintainers in being both efficient and economic when performing aviation maintenance, new and creative solutions are being implemented in an effort to achieve specific air-

craft readiness goals.

In keeping with the spirit of NAE's "cost wise" readiness, CNATTU Oceana has led the way producing four BURST courses covering the Electrical Wiring Interconnect System, Focus Area List, Multifunctional Information Distribution System and Joint

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Flame of Hope historian recognizes importance of POW memorial 48 years later, ceremonies

48 years later, ceremonies are still held on the memorial grounds to remember the POWs. However, after nearly five decades, the monument is in need of some TLC. »See A3



Nominees sought for Spirit of Hope and Fisher Awards

The Navy is seeking nominations for the 2019 Spirit of Hope Award and the Zachary and Elizabeth Fisher Distinguished Civilian Humanitarian Award, as outlined in NAVADMIN 295/19, released Dec. 18.

53 years later, Navy invites him aboard

The last time Dick Hanley walked aboard a destroyer was in 1966, when he commanded the World War II-era USS Storms.

»See C1

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Maintenance technicians assigned to the "Bear Aces" of Carrier Airborne Early Warning Squadron (VAW) 124 remove a flap actuator from an E-2-Hawkeye aircraft during a Broad Unscheduled Rapid Support Training (BURST) course delivered by Center for Naval Aviation Technical Training Unit (CNATTU) Norfolk. This training was part of the inaugural BURST course delivered to the E-2 Hawkeye and C-2 Greyhound community.

COURSES | BURST

approach supports Ready Relevant Learning, a pillar of Sailor 2025 vision

Tactical Radio System, and the Fuel Cell Air Decay Test Set. To date, 44 Sailors and Marines on the flight line have received BURST from the four courses, which have each been taught once.

The BURST approach supports Ready Relevant Learning, a pillar of the Navy's Sailor 2025 vision, delivering targeted training to the right audience at the right time. The team of subject matter experts here at CNATTU Oceana are in the process of developing six more fleet-requested courses, designed to enhance F-18 E/F maintenance training. Additionally, CNATTU Oceana produced three microlearning training videos to support key degraders affecting Super Hornet readiness. Instructors are creating relevant videos, every two months, in support of emerging fleet requirements.

Aviation Machinist Mate Chief Petty Officer Joshua Simmons played a key role in development and production of the Fuel Cell Air Decay Test Set BURST course and micro-learning training video.

"Today's generation of Sailor and Marine, the ones actually performing the maintenance, they are of the digital age, more inclined to reference a YouTube video than a lengthy publication," Simmons said. "What we are doing here with these BURST courses and training videos is huge! We did not have these kinds of resources when I was a junior maintainer."

Simmons said the Air Decay Test Set is used to test the integrity of the bladder that lines the fuel cell on the aircraft, a topic that is not yet covered in current curriculum for "A" or "C" school pipelines. Maintainers will save countless hours having this resource available to review prior to executing this infrequent maintenance task.

"I truly believe this is the direction the Navy is going in and will not be surprised to see a database developed as a single site reference for all the BURST courses and micro-learning videos in the near future." Simmons said.

Cmdr. Gary Shelley, CNATTU Oceana's

Ready Relevant Learning and the Sailor 2025 vision is our path to tomorrow's Navy and these BURST courses and micro-training videos are pivotal stepping stones to pave our way. Here at CNATTU Oceana, I am privileged to have such a high caliber of talented and experienced subject matter experts and aviation maintenance professionals."

Cmdr. Gary Shelley

commanding officer, fully supports this ini-

"Ready Relevant Learning and the Sailor 2025 vision is our path to tomorrow's Navy and these BURST courses and micro-training videos are pivotal stepping stones to pave our way," Shelley said. "Here at CNATTU Oceana, I am privileged to have such a high caliber of talented and experienced subject matter experts and aviation maintenance professionals. CNATT headquarters continues to task us with new training requirements, they are the ones stepping up and producing quality products delivered to the fleet in a timely fashion to meet a specific targeted need."

As the Navy continues to refine this modern approach in training to support its fleet, CNATTU Oceana leads from the front in delivering top-notch quality training products. Through these efforts, the objective of "cost-wise" readiness and mission to deliver the right training to the right Sailor or Marine at the right time will be achieved.

NAVFAC Mid-Atlantic **Engineer Officer** Awarded 2019 Moreell Medal

By Jeffrey C. Doepp Naval Facilities Engineering Command Mid-Atlantic Public Affairs

Commander, Naval Facilities Engineering Command (NAVFAC) and Chief of Civil Engineers Rear Adm. John Korka announced Lt. Cmdr. Billy Woodward as the Society of American Military Engineers (SAME) 2019 Moreell Medal recipient, Dec. 23

Woodward, a native of Comanche, Oklahoma, is the Resident Officer In-Charge of Construction (ROICC) for Marine Corps Base Camp Lejeune and Marine Corps Air Station New River, North Carolina.

"Billy is most strongly deserving of this award," said NAVFAC Mid-Atlantic Commanding Officer Capt. Rich Hayes. "His superb engineering judgment, bold leadership, and detailed planning efforts in directing his staff, led to the delivery of \$1.1 billion in architecture and engineering, service, and construction contracts, directly supporting the installation and II Marine Expeditionary Force operational missions. I am extremely proud of his selection as the Moreell Medal recipient for 2019."

The medal, first awarded in 1955, is given annually to an officer of the Navy Civil Engineer Corps, regular or reserve, on active or inactive duty, or retired, or to a civilian employee of NAVFAC, in recognition of outstanding contributions to military engineer-

Woodward expertly led his team in the aftermath of Hurricane Florence, which was one of the worst hurricanes on record for the East Coast. His team brilliantly managed the immediate recovery of the installation's facilities and utilities infrastructure. His efforts led to a quick, effective, and efficient return to operations within days, allowing units and organizations to continue their missions while the Public Works Department (PWD) began the task of planning and executing permanent restoration and repair

Woodward accelerated his performance in 2019 by overseeing the execution of 182 construction contracts valued at \$1.05 billion and work-in-place of \$410 million while minimizing risks to quality, delay, and safety. The projects attracted high levels of attention from national, state, and local political leadership, highlighting the resiliency and capability of military engineers to support sustained operations that defend American

interests around the world. His efforts directing construction and service contracts directly supported the 38th Commandant of the Marine Corps Planning Guidance in alignment with the priorities of the National Defense Strategy.

"I am humbled and honored to receive this award," said Woodward. "It's important to recognize that the entire PWD Camp Lejeune team deserve accolades for the tremendous volume of work we continue to execute since Hurricane Florence came through in September of 2018. Specifically, the ROICC is a phenomenally high functioning team, I may be the one receiving an award but everything has been a team effort."

Woodward enlisted in the Navy in 1996 as a recruit and separated from the Navy in 2000 as a petty officer second class Aviation Electronics Technician. He rejoined in 2004 under the Collegiate program and was commissioned in the Navy as an ensign in 2006. He has a Bachelor of Science in Civil Engineering from San Diego State University and a Master of Science in Civil Engineering (Construction Management) from the University of Texas at Austin.

The medal is named for Admiral Ben Moreell, founder of the Seabees. Moreell, the first chief of the Bureau of Yards and Docks—the predecessor to Naval Facilities Engineering Command—was largely responsible for overseeing the bureau's vast construction programs, both domestic and overseas, during World War II.

The flagship

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Commander, Navy Region Mid-Atlantic (CNRMA): Rear Adm. Charles W. "Chip" Rock Regional program manager for Navy Region Mid-Atlantic (NRMA): Public Affairs Director | Beth Baker

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NEX no longer selling AT&T Ocean phone cards

From Navy Exchange Service Command Public Affairs

VIRGINIA BEACH

A Navy Exchange (NEX) locations worldwide stopped selling the AT&T Ocean point-of-sale activated card, Dec. 31. The point-of-sale activation platform from AT&T was discontinued because the technology will no longer be supported moving forward.

"We apologize for any inconvenience this will cause for our customers," said Kimberly Phillips, Program Manager for the Navy Exchange Service Command's Telecommunications Program Office. "However, NEX customers can continue to purchase virtual PIN minutes for shipboard

Virtual PIN minutes may be purchased at https:// www.virtualprepaidminutes.com/Shopping/Buy/

Navy.aspx





Windy Seay Crutchfield, left, shows her family's scrapbook of the Flame of Hope Memorial to Naval Air Station Oceana public affairs officer, Jennifer Hayes. The Flame of Hope Memorial was built on Oceana Boulevard in 1972 to "light the way" for prisoners of war who have not yet returned home.

Flame of Hope historian recognizes importance of POW memorial

By MC2 Mark Mahmod

Standing tall to light the way home for prisoners of war (POW) and those missing in action, the Flame of Hope on Oceana Boulevard has seen better days.

Volunteers from Navy Construction Battalions 4 and 5 built the Flame of Hope memorial on May 22, 1972. The Oceana wives of the They're Not Forgotten Committee and the Virginia Beach Jaycees sponsored the memorial's con-

48 years later, ceremonies are still held on the memorial grounds to remember the POWs who have not yet returned home. However, after nearly five decades, the monument is in need of some TLC.

Windy Seay Crutchfield, daughter of Jill Seay, former chairperson of the They're Not Forgotten Committee during their sponsorship of the Flame of Hope construction, has kept her mother and father's Flame of Hope scrapbook after

their passing.

Crutchfield's father was retired Navy Capt. Marvin "Speedy" Seay, the memorial's "unofficial groundskeeper," who Naval Air Station Oceana officials would call if the flame was ever extinguished during inclement weather.

She hopes that the memories contained within could help fuel the upkeep that the Flame of Hope deserves.

Inside the scrapbook are memories and artifacts from the Flame of Hope's construction until present day, including news articles, bumper stickers and programs from ceremonies held in days past.

Crutchfield said she still attends the ceremonies at the Flame of Hope memorial.

"The most beautiful thing at the ceremonies is the color guard," said Crutchfield, referring to the color guard of veterans at the NAS Oceana POW/MIA Remembrance Ceremony, held every September at the Flame of Hope. "It's a



Windy Seay Crutchfield shows her family's scrapbook of the Flame of Hope Memorial. The Flame of Hope Memorial was built on Oceana Boulevard in 1972 to "light the way" for prisoners of war who have not yet returned home.

tapestry of lives, and everybody puts their hearts out on display."

Crutchfield said there is good reason to maintain the Flame of Hope memorial on Oceana Boulevard.

"It's important to have this monument to remember those who are still missing," said Crutchfield. "Even those from as recent as the Iraq war, and from future wars."





MC2 Oliver Cole

James McLaughlin, chairman of the Honor Flight Network, and Diane Gresse, executive director of the Honor Flight Network, deliver remarks after receiving the 2015 Zachary and Elizabeth Fisher Distinguished Civilian Humanitarian Award on behalf of the Honor Flight Network at the Pentagon Nov. 7, 2016. The Honor Flight Network is a non-profit organization created to honor America's veterans for all their scarifies by transporting them, accompanied by "guardians" to assist them, to Washington, D.C. to visit and reflect at their memorials.

Nominees sought for Spirit of Hope and Fisher Awards

From Chief of Naval Personnel Public Affairs

WASHINGTON

The Navy is seeking nominations for the 2019 Spirit of Hope (SOH) Award and the Zachary and Elizabeth Fisher Distinguished Civilian Humanitarian Award (De-

partment of Defense recipient), as outlined in NAVADMIN 295/19, released Dec. 18.

The two awards are named in honor of legendary supporters of service members and their families. Navy is seeking worthy applicants who are either individuals or organizations who will be recognized for their accomplishments during calendar year

Read NAVADMIN 295/19 for criteria and instructions on how to submit nominations. All nominees will be considered for both awards, if they are eligible.

Nominations will be reviewed by a selection committee and forwarded to the Secretary of the Navy.

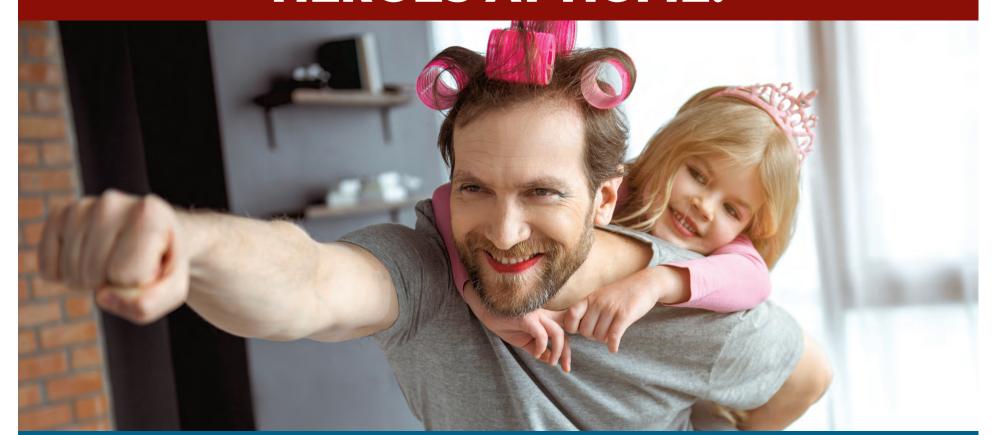
The deadline to receive nominations is March 9, 2020. Additional information on the awards is available at the following web link: https://www.public.navy.mil/bupers-

npc/support/21st_Century_Sailor/readiness/Pages/SpiritofHopeAward.aspx.

The Spirit of Hope Award is presented to individuals or organizations that embody the core values of Bob Hope, who gave generously to military men and women for five decades. The Fisher Award recognizes private sector individuals or organizations that demonstrate exceptional patriotism and humanitarian service for members of the U. S. Armed Forces or their families, as inspired by Zachary and Elizabeth Fisher, founders of the Fisher House Foundation.

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The Navy Exchange Service Command's (NEXCOM) Ships Store Program relocated to 9440 Maryland Ave., BLDG Z-133, Norfolk, Va., 23511 with new phone number 757-440-4760. NEXCOM is comprised of 14,000 personnel worldwide facilitating six business lines, NEX retail stores, the Navy Lodge Program, Telecommunications Program, Navy Clothing and Textile Research Facility, Ships Store Program and the Uniform Program Management Office.

New year, new location for NEXCOM's Ships Store Program

By Kristine Sturkie
Navy Exchange Service Command Public Affairs

Navy Exchange Service Command Public Affairs

VIRGINIA BEACH

It's a new year and a new location for the Navy Exchange Service Command's (NEXCOM) Ships Store Program. The new office is now located on Naval Station Norfolk, Va. Moving to the nation's largest fleet concentration area positions NEXCOM's Ships Store Program's personnel with di-

rect and immediate access to the ships and Sailors they support. Since its inception in 1909 and to this day, NEXCOM's Ships Store Program continues to provide convenient and reliable sources to obtain items necessary in day-to-day living no matter where the ship is in the world.

In late November 2019, the Ships Store Program moved from Joint Expeditionary Little Creek-Fort Story, Va., to Naval Station Norfolk. Its new address is 9440 Maryland Ave., BLDG Z-133, Norfolk, Va., 23511 with new phone number 757-440-4760. The move makes it easier for the Ships Store Program team to assist ship's crew and resolve any issues that come up. Being on the waterfront, among the fleet also provides helpful guidance for the team as new technologies are developed and processes are rolled out. Most recently, Ships Store Program personnel were on the ground providing hands-on instruction during the ROM III rollout.

"The Ships Store Program helps give our Sailors that morale boost they greatly deserve -- goods and services surely go a long way when out to sea for six or more months," said U.S. Navy retired Master Chief Scott Gray, Vice President, NEX-COM's Ships Store Program. "Our team's

function and primary customer is the ship, and this move allows our the team the opportunity to provide better customer service and take care of a Sailor at sea, whether onboard or even in port at our three Ships Stores Ashore."

The Ships Store Program comprises of 11 civilian personnel and three active duty Sailors with the primary mission to support over 133 Ship Stores and services on U.S. Navy commissioned ships. They partner with Naval Supply Systems Command (NAVSUP), Defense Finance and Accounting Services (DFAS), Type Commanders (TYCOMS), Naval Sea Systems Command (NAVSEA), Space and Naval Warfare Systems Command (SPAWAR), Chief of Naval Education and Training (CNET), Fleet Logistics Center (FLC) and the Navy Supply Corps School.

The Virginian-Pilot

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New Year's Resolutions...

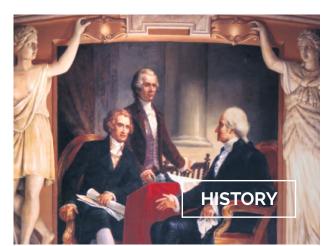
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Spencer R. Layne

JEBLCFS dedicates NOFFS Zone at Pier Side Gym

By Spencer Layne

Joint Expeditionary Base Little Creek-Fort Story Public Affairs

VIRGINIA BEACH

A formal ribbon cutting event marking the re-opening of the refurbished Pierside Gym, at Joint Expeditionary Base Little Creek was held January 7th, kicking off a new decade for Morale, Welfare, and Recreation (MWR).

The newly renovated fitness facility, conveniently accessible to all active duty, Retirees, DOD employees serving at or near the JEBLC waterfront, is a smart example of how MWR is leveraging previous lessons

learned to apply limited funding to achieve practical and effective solutions in the new decade

Eight years ago, Susan Lowry, Athletic Director, took over management of the fitness programs at JEBLC. While visiting the Pierside Gym, Susan quickly saw potential. It was nothing more than a neglected basketball court with disparate and limited weights stashed on the 2nd floor as an afterthought. She reorganized the space to be more inclusive of the community it served. Foot traffic quickly increased from 1,500 to 9,000 visitors a month. The newly structured space

helped to offset the overcrowded Rockwell gym. Pierside gym became a shining example of how to manage smaller facilities and provide more accessible conditioning spaces at other military sites nationwide.

"By organizing and utilizing staff and volunteers as labor, MWR leadership has been able to provide the gym a new floor, new equipment, freshly painted walls and refurbishment of old equipment. MWR Fitness, Sports and Aquatics staff contributed numerous hours throughout the month of December taking only Christmas off to get the facility completed and re-opened," said Lowry.

Now this gym has gone through another facelift. With a grant of \$245,000, Pierside Gym was reborn as a Navy Operational Fitness and Fueling System (NOFFS) Zone.

The NOFFS Zone project aims to instruct

Sailors how to physically train effectively and safely, and make healthy nutritional choices in both shore and operational environments.

The original NOFFS Operational program released in 2009 provided Sailors with resistance bands that could easily be taken out to sea, or at home, requiring minimal space. Now, there are specific areas for pillar prep, movement prep, strength/workout and regeneration. The program focuses on resiliency and eliminating musculoskeletal injuries

MWR leadership and staff are proud of their hard work and efforts they put into the Pierside project and welcome all to stop by and check it out for themselves.

For more information on the NOFFS Strength Series, visit: www.navyfitness.org/fitness/noffs-training/strength-series





Sailors from the Ticonderoga class guided-missile cruiser USS Leyte Gulf man the rails as the ship pulls in to port to conclude deployment. Leyte Gulf returend to its homeport of Naval Station Norfolk following a sucessful 9-month deployment as part of the USS Abraham Lincoln Carrier Strike Goup.

LEYTE | Ship performed critical air warfare responsibilites as part of CGS 12

Continued from A1

professionalism and dedication at every turn, and made a major impact on our strike group," said Rear Adm. Michael Boyle, commander, CSG 12. "They should return home knowing that they positively contributed to maritime security in some of the most consequential waterways in the world."

While in the U.S. 5th Fleet, the cruiser, operating in concert with assets throughout the strike group and theater, worked to foster maritime security and stability. After an expedited deployment to the area in response to credible threats, the strike group operated in the Arabian Sea and, after a successful Strait of Hormuz transit on Nov. 19, the Arabian Gulf.

Throughout the deployment, Leyte Gulf performed numerous training exercises to develop tactical competencies. From carrier strike force operations with the John C. Stennis Strike Group, to dual operations with the Kearsarge Amphibious Ready Group, to exercises with partner navies and forces, the crew of the cruiser developed key skillsets to maintain readiness and interoperability.

"Deployments are our time to put into practice all of the skillsets that we work to develop prior to getting underway. They are where Sailors distinguish themselves," said Capt. William "Grady" Musser, commanding officer of Leyte Gulf. "I'm proud of the grit and resilience our team showed over nine months away from home, and I'm grateful for our families for their unwavering support. It is only as a result of that support that we



MC1 Joshua D. Shennard

Sailors from the Ticonderoga class guided-missile cruiser USS Leyte Gulf (CG 55) embrace friends and family memebers at the conclusion of deployment. Leyte Gulf returend to its homeport of Naval Station Norfolk following a sucessful 9-month deployment as part of the USS Abraham Lincoln Carrier Strike Goup.

are able to do what we do at sea."

Leyte Gulf navigated over 50,000 nautical miles and completed multiple strait and choke point transits, to include the Strait of Gibraltar, the Suez Canal, the Bab-el Mandeb, and the Strait of Hor-

While underway, Leyte Gulf also commemorated the 75th anniversary of its namesake, the Battle of Leyte Gulf. The largest sea battle in modern history, Leyte (DDG 87) and USS Nitze (DDG 94), Gulf was a decisive turning point for U.S. efforts in the Pacific during World War II. "No Higher Honor," a phrase used by Lt. Cmdr. Robert Copeland as he recounted the valor of his Sailors as they fought during the battle, became a theme for the crew of the ship during deployment.

Additional ships of CSG 12, including USS Bainbridge (DDG 96), USS Mason

deployed with the strike group in April and returned to Norfolk in November. Flagship Nimitz-class aircraft carrier USS Abraham Lincoln (CVN 72), along with its embarked airwing, Carrier Air Wing 7, and the staffs of CSG 12 and Destroyer Squadron 2, remain on deployment in the U.S. 7th Fleet supporting a free and open Indo-Pacific.



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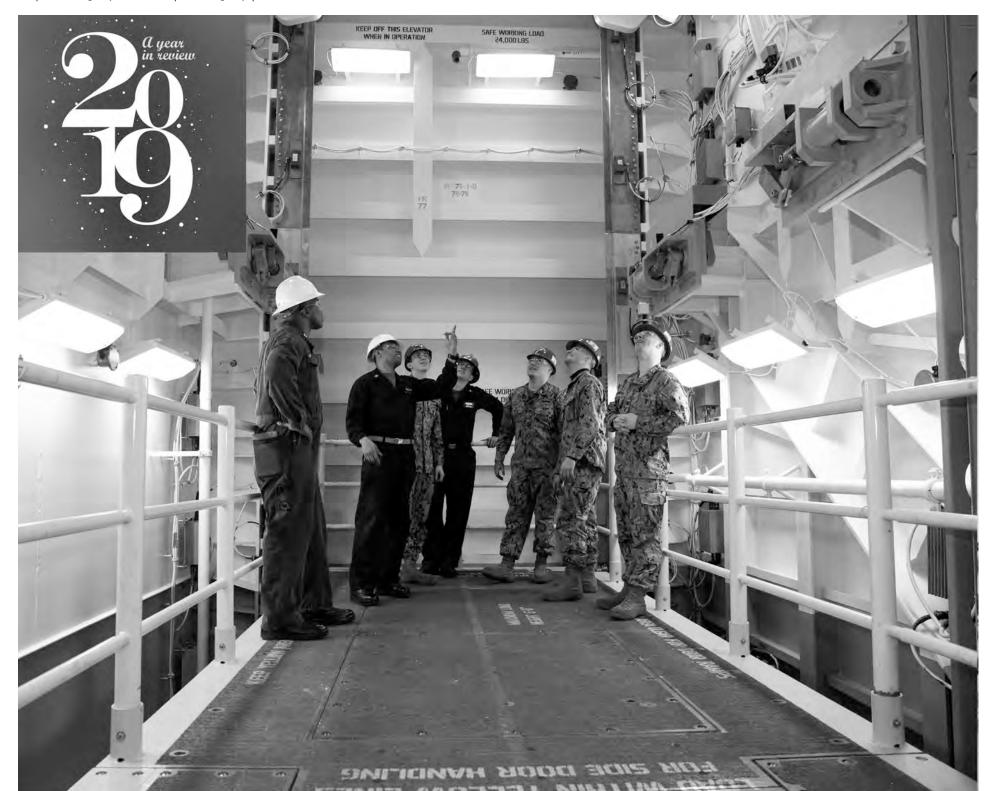
MC2 Charles D. Gaddis IV

JANUARY 10, 2019

Navy announces advancement policy updates

From Chief of Naval Personnel Public Affairs

Navy announced changes to the current enlisted advancement Final Multiple Score (FMS) calculation process beginning with the spring 2019 Active Duty and Selected Reserve (SELRES) advancement cycles, with the goal of rewarding Sailors demonstrating sustained superior performance. Detailed in NAVADMIN 312/18, released December 20, the FMS changes include updates to the computation process of the Performance Mark Average (PMA), reduction of the number of cycles for Pass Not Advanced (PNA) points, changes to the Service in Paygrade (SIPG) factor, and the discontinuation of Individual Augmentee (IA) Points. Rating modernization supports Sailor 2025 initiatives that have the goals of redefining career fields, improving talent management and the detailing process, offering more career choices and expanding professional development opportunities. These Sailor 2025 initiatives are intended to increase Fleet readiness, sustainability and fit.



MC1 Jeff Troutman

JANUARY 24, 2019

USS Gerald R. Ford accepts first advanced weapons elevator

By Lt. Cmdr. Anthony Falvo | USS Gerald R. Ford (CVN 78)

The Navy's newest aircraft carrier, USS Gerald R. Ford (CVN 78), closed out 2018 on a high note with the acceptance of the ship's first advanced weapons elevator (AWE), setting the tone for more positive developments in the year ahead. AWE Upper Stage #1 was turned over to the ship on December 21st, follow-

ing testing and certification by engineers at Huntington Ingalls Industries-Newport News Shipbuilding, where the ship is currently working through its post-shakedown avail- ability (PSA). The acceptance marks a major milestone for the ship and the Ford-class of aircraft carriers to follow. USS Gerald R. Ford is the first Ford-class aircraft carrier and is the first new carrier de- sign in over 40 years. Unlike Nimitz-class carrier elevators that utilize cables for movement, the Ford class elevators are commanded via electromagnetic, linear synchronous motors allowing for greater capacities and a faster movement of weapons. The new design will allow the ship to be able to move up to 24,000 pounds of ordnance at 150 feet-per-minute.



MC2 Jacob S. Richardson

FEBRUARY 7, 2019

VFA-34 performs last flight of Navy's "Legacy" Hornet

 $\textbf{By MC2 Jacob S. Richardson} \mid \mathsf{NAS Oceana Public Affairs}$

The "Blue Blasters" of Strike Fighter Squadron (VFA) 34, the last remaining F/A-18C Hornet squadron in the U.S. Navy, performed their last flight of the "legacy Hornet" during a sundown ceremony and flyover at Naval Air Station (NAS) Oceana, Feb. 1. Created more than 35 years ago, the single-seat Hornet entered operational service for the U.S. Navy in 1984. The "legacy Hornet" served as the original design for the jet that would later become the widely used F/A-18 Super Hornets. VFA-34 was the last squadron in the Navy to fly the Hornet at home and while being forward deployed, joining USS Carl Vinson (CVN 70) to conduct Freedom of Navigation patrols in the South China Sea in 2018. The F/A-18C Hornet is being replaced by the F/A-18E/F Super Hornet, which is capable of executing the same missions as the Hornet but with significant advancements in mission systems that will dramatically enhance its effectiveness.







MARCH 14, 2019

Truman, Kearsarge win "Battle E"

By MC3 Joseph Phillips | USS Harry S. Truman (CVN 75) Public Affairs By MC2 Megan Anuci | USS Kearsarge (LHD 3) Public Affairs

Commander, Naval Air Force Atlantic announced March 8 the Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75) was selected as the East Coast's CY2018 Aircraft Carrier Battle Effectiveness (Battle "E") Award Winner. Truman was awarded the Battle "E" for displaying a maximum condition of readiness and efficiency to perform their wartime responsibilities during the competitive cycle. The ship received excellence awards in all 15 individual department categories. The Wasp-class amphibious assault ship USS Kearsarge (LHD 3) was also a recipient of the 2018 Battle "E" Award. This award, the second consecutive, and ninth in its history, comes after a busy year for the crew. Kearsarge represented the Navy in two fleet weeks, supported American citizens in the wake of Hurricane Florence and performed admirable throughout pre-deployment training leading to deployment in late 2018. The Battle "E" recognizes sustained superior performance in an operational environment, and continuous readiness throughout certifications and qualifications conducted during the competitive period. Eligibility for this award demands day-to-day demonstrated excellence in at least four of six assessed areas including warfare, engineering and logistics. The Battle "E" is awarded annually to Navy Units that demonstrate superior performance and command readiness throughout a year-long evaluation.





FEBRUARY 21, 2019

DoN announces new education initiatives

From Under Secretary of the Navy Public Affairs

The Department of the Navy (DoN) released its Education for Seapower report Feb. 12, along with the Secretary of the Navy's action memorandum providing the way forward for the new education initiatives for the department. The Education for Seapowe study was a clean-sheet review of naval learning and focused on flagship institutions like the U.S. Naval Academy, Naval Postgraduate School, and Naval and Marine War Colleges, along with a fresh look at the relationships with civilian academic institutions and corporate learning structures. Highlights from the memorandum include a new Secretary of the Navy staff assistant, Chief Learning Officer for naval education, intent to establish a Naval Community College with universal transcripts so enlisted Sailors and Marines can soon earn accredited associate's degrees in technology-rich fields, and a new Naval University System that retains the strengths of current educational institutions, while aligning strategic intent in order to provide increased agility. While the Department of the Navy is enacting these changes, many initiatives within them will, over the next year, be evaluated for their efficacy before being fully implemented.





APRIL 18, 2019

DoD updates transgender policy, based on treating all with dignity

By Jim Garamone | Defense.gov

Updates to the Defense Department's transgender policy take effect today, and defense officials stressed the policy is anchored in the core value of treating all service members with dignity and respect. Anthony Kurta, performing the duties of the deputy undersecretary of defense for personnel and readiness, told Pentagon reporters that all those most immediately affected by the update have the information they need about the policy. Anyone currently serving or anyone under contract to enter the military who has been diagnosed with gender dysphoria is grandfathered, he said. "They remain under the 2016 policy for the remainder of their careers," Kurta said. They can reenlist and stay in the military. But beginning today for those wishing to join the military, "a diagnosis of gender dysphoria is presumptively disqualifying under the new policy, just as it is under the 2016 policy, absent a waiver," he said.



Rill Masta

JUNE 20, 2019

USNS Comfort departs Norfolk for Enduring Promise

From Military Sealift Command Public Affairs

The U.S. Navy hospital ship USNS Comfort (T-AH 20) left from Naval Station Norfolk, June 14, to begin its deployment to South America, Central America and the Caribbean. During its deployment, Comfort will provide stops in Colombia, Costa Rica, Dominican Republic, Ecuador, Grenada, Haiti, Jamaica, Panama, Saint Lucia, St. Kitts and Nevis. Military personnel aboard Comfort will work alongside a variety of governmental agencies to provide medical assistance to communities based on needs identified by host-nation health ministries, and to relieve pressure on host nation medical systems in countries hosting Venezuelans who have fled the country's crisis. This marks the hospital ship's seventh deployment to the region since 2007, second deployment to the Western Hemisphere in the last six months, and reflects the United States' enduring promise of friendship, partnership and solidarity with the people of the Americas. The USNS Comfort deployment is part of the Caribbean 2020 Strategy to increase the security, prosperity and well-being of the People of the United States and the Caribbean.



U.S. Navy

JULY 25, 2019

Vice Adm. Gilday nominated as 32nd CNO

From U.S. Department of Defense Public Affairs

Acting Secretary of Defense Richard V. Spencer announced July 18 that the president has made the following nomination: Navy Vice Adm. Michael M. Gilday for appointment to the grade of Admiral, and assigned as chief of naval operations, Washington, District of Columbia. Gilday is currently serving as director of the Joint Staff, Washington, District of Columbia. Vice Adm. Mike Gilday is the son of a Navy Sailor and surface warfare officer. He is a native of Lowell, Massachusetts and a graduate of the U.S. Naval Academy. He holds master degrees from the Harvard Kennedy School and the National War College. He has served on teams that have been recognized with numerous awards and is the recipient of the Distinguished Service Medal, Defense Superior Service Medal (four awards), Legion of Merit (three awards), Bronze Star, Navy and Marine Corps Commendation Medal with Combat "V", and the Combat Action Ribbon.



MC2 Justin Wolpert

SEPTEMBER, 5, 2019

Hurricane Dorian hits Hampton Roads, ships get underway in preparation

From U.S. 2nd Fleet Public Affairs

Commander, U.S. 2nd Fleet ordered all U.S. Navy ships and aircraft in the Hampton Roads area to be prepared to transit to safety within 24 hours, if necessary, as a precautionary measure due to the approach of Hurricane Dorian, thereby setting Sortie Condition Bravo. Vice Adm. Andrew L. Lewis set the sortie condi-

tion as a precautionary measure to reduce the risk of significant damage to ships, aircraft and piers during potential high winds and/or seas. Additionally, Rear Adm. Charles W. Rock, Commander, Navy Region Mid-Atlantic (CNRMA) ordered all installations in the Hampton Roads Area to prepare for possible sustained destructive winds greater than 50 knots within 48 hours, thereby setting Tropical Cyclone Conditions of Readiness (TCCOR) Three (III). Currently, Commander, Navy Region Southeast, Rear Admiral Gary Mayes has authorized the evacuations of non-essential active duty military, drilling reservists, and civilian employees of the Department of the Navy and authorized dependents assigned to Navy commands residing in areas under mandatory evacuation orders issued by a civilian authority. This includes mandatory evacuations for select counties in Florida, Georgia and South Carolina.



MC2 Kelsey J. Hockenberger

OCTOBER 3, 2019

Navy restores Torpedoman's Mate rating

From Chief of Naval Personnel Public Affairs

Navy announced the re-establishment of the Torpedoman's Mate rating (TM) in NAVADMIN 225/19, to be released Oct. 1. According to the naval message, re-establishing the rating will renew the heritage and pride of the submarine TM. During an All Hands Call that took place at Naval Base Kitsap in Bangor, Washington, then-Chief of Naval Operations Adm. John M. Richardson fielded questions from Sailors on the possibility of re-establishing the TM rate in April. Shortly after, the Navy began the process to approve re-naming the Machinist's Mate (Non-nuclear, Submarine Weapons) (MMW) rating to Torpedoman's Mate. The Torpedoman rating was established in 1921 and renamed Torpedoman's Mate in 1942. Following the success of the submarine force in WWII, the rate remained until 1995 when it was merged into the Machinist's Mate rating.

OCTOBER 10, 2019

America's Navy Town launches for Fleet Week Hampton Roads and 244th Navy birthday

From Navy Region Mid-Atlantic Public Affairs

The U.S. Navy, local businesses and civic organizations will celebrate 2019 Fleet Week Hampton Roads, Oct. 11-19, with a variety of events that serve to honor the outstanding contributions and selfless sacrifice of Sailors and their families, and recognizes Hampton Roads as "Americas Navy Town." Fleet Week Hampton Roads, held in conjunction with the Navy's 244th birthday, honors Sailors, past and present, who are our neighbors, volunteers and citizens who actively work each day to enhance the quality of life for area residents and visitors. The Navy will celebrate its birthday Oct. 13. The birthday theme this year is "No Higher Honor," which focuses on the 75th anniversary of the Battle of Leyte Gulf- the largest sea battle in modern day history. Fleet Week activities consist of ship visits, celebrations and military demonstrations throughout the area that showcase military personnel, technology and capabilities, while emphasizing the long-standing close relationship between the community and the Navy.



OCTOBER 17, 2019

Sailor selected as Military Citizen of the Year by Hampton Roads Chamber of Commerce

From Navy Region Mid-Atlantic Public Affairs

Petty Officer 1st Class Cynthia Cordero was honored as the 2019 Samuel T. Northern Military Citizen of the Year at a luncheon hosted by the Hampton Roads Chamber of Commerce,

Oct. 11. Cordero is a personnel officer in charge of all pay, gains, transfers and separation transactions for Operational Test and Evaluation Forces in Virginia Beach. She earned the award for her community service and volunteer work with the Children's Hospital of The King's Daughters in Norfolk, the Children's Miracle Network Hospitals, and for creating Cyn's Vision. Cordero raised more than \$2,000 for Cyn's Vision to produce coloring/activity books called "Don't let a disability disable you" to show special needs children that they can achieve any goal they set out to accomplish. She donated more than 200 of her books to families.

MCC Mike Dimestic



NOVEMBER 21, 2019

Wasp returns to Norfolk; completes homeport shift

From Expeditionary Strike Group 2 Public Affairs

The Wasp-class amphibious assault ship USS Wasp (LHD1) arrived at Naval Station Norfolk Nov. 18 completing a homeport shift after spending nearly two years forward deployed to Commander Fleet Activities, Sasebo, Japan, and operating in the U.S. 7th Fleet (C7F) area of operations. The crew has taken Wasp through four different fleets, and their resiliency has been demonstrated as many have not been with their families for more than two years while doing some of the hardest operations the Navy does. The ship departed Sasebo Aug. 26, and began its transit to Norfolk. Wasp will be replaced by the America-class amphibious assault ship USS America (LHA 6) later this year.



MCSN Isaac Champlain



DECEMBER 12, 2019

Navy releases FY18 Hampton Roads cconomic impact report

From Navy Region Mid-Atlantic

Commander, Navy Region Mid-Atlantic released the Fiscal Year (FY) 2018 (Oct. 1, 2017 through Sept. 30, 2018) Department of the Navy statistical data for the Hampton Roads area Tuesday. The total direct economic impact in FY18 was more than \$16 billion, an increase of nearly \$2 billion over FY17. Economic numbers were higher, led by a \$1.5 billion increase in procurement of goods and services. Annual payroll also saw an increase from nearly \$11.4 billion to \$11.7 billion from FY17 to FY18.



for south hampton roads residents





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Little Bread Henbrings taste of puppetry to The American Theatre

Inspired by the classic tale of "The Little Red Hen," the live stage version, "Little Bread Hen," reveals the truth about what really happened that fateful day when a chicken decided to bake a loaf of bread. The American Theatre invites audiences of all ages to be transported to a small European bakery in this hilariously tasty retelling.

SECTION C | FLAGSHIPNEWS.COM | 1.9.2020



Dick Hanley tours the USS Stout at Naval Station Norfolk in Norfolk, Va., on Thursday, December 19, 2019.

Kristen Zeis

He commanded a destroyer in his youth. 53 years later, at 94, the Navy invited him aboard again.

By Brock Vergakis

The last time Dick Hanley walked aboard a destroyer was in 1966, when he commanded the World War II-era USS

More than 53 years later, he had no problem scrambling up ladders and making his way past patches of ice when the Navy invited him on another ship Dec. 19 to meet with its crew

Dressed in a jacket, tie and USS Stout ball cap, Hanley marveled at the technological advances warships have made since he retired from the Navy as the Stout's crew gave him a personal tour aboard the ship while it was moored at Naval Station Norfolk.

"It's been overwhelming to see all this," Hanley, now 94, said while looking around the Stout's bridge.

Hanley was invited aboard after a chance meeting with Rear Adm. Charles "Chip" Rock, commander of Navy Region Mid-Atlantic, at a Williamsburg-Yorktown Navy League event.

∞See DESTROYER | C4



Kristen Zeis

Dick Hanley talks with Lt. Josh Asaro during a tour of the USS Stout at Naval Station Norfolk in Norfolk, Va., on Thursday, December 19, 2019.

66 What a great American and example of our Navy veterans here in Hampton Roads. He is still so quick that he beat me to the punch in bringing up a ship visit. I am glad we could make it happen for one of America's greatest generation, and I know our sailors enjoyed the visit even more than he did."

Rear Adm. Charles "Chip" Rock



Courtesy of Hampton History Museum

Maritime Archaeology of Nansemond Ghost Fleet subject of talk at the Hampton History Museum

From Hampton Convention and Visitor Bureau

HAMPTON

Brendan Burke, President of the Maritime Heritage Chapter of the Archaeological Society of Virginia, will share research on The Nansemond Ghost Fleet as part of the Hampton History Museum's Port Hampton Lecture Series on Jan. 6, 7-8 p.m.

When the waters of the Nansemond River recede each day at low tide, the wooden bones of ships are revealed. For centuries, canoes, schooners, steamships, and more plied the river to connect the Virginia port with a broader world. Today, their remains speak to that past. Burke will present research con-

ducted on the Nansemond to help understand the ghost fleet located near downtown Suffolk. Attendees will learn about bugeyes, oyster wharves, and an industry that changed the face of the lower Chesapeake Bay.

"We believe this is one of the greatest assemblages of historic wrecks in Virginia that represents Chesapeake Bay maritime history for over a century," says Burke.

Admission to talk is free for Hampton History Museum members, \$5 for non-members.

The Hampton History Museum is located at 120 Old Hampton Lane in Downtown Hampton. There is free parking in the garage across the street from the museum. For more information call 757/727-1102, or visit www.hamptonhistorymuseum.org.

For a complete list of events in Hampton Roads or to submityour own, visitwww.flagshipnews.com/calendar



Courtesy photo

MacArthur on Ice

- Through January 20
- MacArthur Center
- https://www.shopmacarthur.com/live360-event/Mac-Arthur-On-Ice/2145534746/#all

MacArthur on Ice's 15th season of ice skating is the coolest place in town. Whether it's a family tradition or a first date, the center's 7,200-square-foot outdoor ice rink is the place for good times this winter. Throughout the season, enjoy public skating sessions, figure skating exhibitions and more.



Symphonicity Annual Lollipop Concert for Children & Families

- January 11, 3-4:30 p.m.
- Sandler Center
- https://www.symphonicity.org/

Ballet Virginia International joins Symphonicity for a special children's presentation that will take children on an excursion of sights and sounds beginning with J.S. Bach along with a celebration of the exciting life of carnival entertainment, animals and performers. Prior to the concert, starting at 2 PM, lobby activities will include an Instrument Petting Zoo, face-painting, student performances, among others. For extra fun, dress up like a carnival animal or performer.



Military Family Day at MOCA

- January 11, 10 a.m.-1 p.m.
- Virginia MOCA
- https://virginiamoca.org/military-family-day-moca

Military and veteran families are invited to create, explore, enjoy art, and most important, have fun together! Make art together in MOCA's studios, explore the galleries, and experience the interactive ARTlab. Free admission.



2020 Uniquely Yours Bridal Showcase

- January 12, 11 a.m.
- Scope Arena, Exhibition Hall
- https://uniquelyyoursbridalshowcase.com/

The Uniquely Yours Bridal Showcase presented by Astro Entertainment, on January 12 at Norfolk Scope is considered the best and most diverse bridal event in Virginia. It will continue to focus on assisting couples with planning their special day and exposing them to the newest bridal trends and fashions. The 12th annual showcase will be bigger, better and more exciting than ever! Innovative and exciting this year is a free flowing Fashion Show in the center of the Exhibition Hall the entire day from 11 to 4pm. The vendors will have 5 hours to meet and chat with the brides and their entourage. The theme is "Here as in Heaven." Tickets are \$10 plus applicable fees.

Community

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Please submit **news** and **photos** here: www.militarynews.com/norfolk-navy-flagship/submit_news/



How many barnyard animals does it take to bake a loaf of bread? Bring the whole family to Barefoot Puppets to find out

From The American Theatre

HAMPTON

Inspired by the classic tale of "The Little Red Hen," the live stage version, "Little Bread Hen," reveals the truth about what really happened that fateful day when a chicken decided to bake a loaf of bread. Were the other farm animals just lazy, or was there something else stewing in the barnyard? The American Theatre invites audiences of all ages to be transported

Barefoot Puppets: Little Bread Hen

When: Saturday, January 18 | 11 Cost: All Tickets \$10 Where: The American Theatre, 125 East Mellen Street

to a small European bakery in this hilariously tasty retelling.

Barefoot Puppets' award-winning

shows feature handcrafted puppets and original music and scenery. These reimagined tales pack plenty of interactive elements to keep the whole family laughing and clapping all morning long. Founded in 1997 by Heidi Rugg in Richmond, Va., Barefoot Puppets continues to entertain and educate young audiences with original works that cultivate a joy of learning and plant the seeds for a greater understanding and appreciation of the arts and the world around

"Barefoot Puppets continues to be a crowd favorite with our young audiences," said Hampton Arts Artistic Director Richard M. Parison, Jr. "The American Theatre is proud to support Virginia artists and bring the joy of live performance to the next generation of theatergoers."



Gus Chan

Pulitzer Prize-winning columnist Connie Shultz heads to Hampton Roads

From The American Theatre

HAMPTON

Praised for providing "a voice for the underdog and underprivileged," Pulitzer Prize-winning columnist Connie Shultz isn't afraid to speak her mind. Nor does she shy away from some of the hard-hitting topics that divide our nation. Shultz shares her perspective as part of The American Theatre's "Conversations With..." Series, which continues to bring the nation's top thought leaders to Hampton Roads.

Shultz's work has appeared in the New York Times, the Washington Post, Politico, and the Atlantic. Her groundbreaking series, "The Burden of Innocence," earned her the Robert

Conversations With... Connie Shultz

When: January 16, 2020 | 8

Cost: Preferred Seating \$50; Standard Seating \$35 Where: The American Theatre, 125 East Mellen Street

F. Kennedy Award for Social Justice Reporting, the National Headliner Award's Best of Show and journalism awards from Harvard and Columbia universities.

From the long-term impact of Agent Orange to a memoir about her husband Sherrod Brown's successful

2006 race for the U.S. Senate, Schultz's broad range of topics explores the intersection of politics, social issues and our impact to make a difference.

"Most people are inherently good and want to do the right thing, but they don't believe they have the power to change the world, writes Shultz. "They're right that no one person can change the world. But each of us can make a big difference in it, one small act at a time."

This rare opportunity to hear Shultz's words leap from the page to the stage will be moderated by WHRV radio host Cathy Lewis. Additionally, attendees will have the chance to meet Shultz at a post-show reception by purchasing the Exclusive Access

"Our 'Conversations With...' Series has proven to be a terrific conversation starter," said Hampton Arts Artistic Director Richard M. Parison, Jr. "Having Connie join us for an evening of thought-provoking dialog provides a wonderful opportunity for our community to come together and hear



Chief Hospital Corpsman Naomi Perez, a certified mammogram technician, conducts a mammogram for a patient at Naval Hospital Pensacola (NHP). A mammogram is a low-dose x-ray procedure used to detect the early stages of breast cancer.

New 3-D mammogram option the next step in diagnosis, treatment

By Military Health System Communications Office

After nearly a year's effort, a policy change effective Jan. 1 will allow digital breast tomosynthesis, or 3-D mammography, to be used to screen for breast cancer. While the procedure may not be offered at all military treatment facilities, the expanded benefit will be available as a screening and diagnostic tool for beneficiaries with TRICARE coverage.

The procedure – known technically as digital breast tomosynthesis or DBT – will be offered to primarily women age 40 and

older, and women age 30 and older who are considered high-risk for breast cancer. Practitioners can offer DBT to other patients should a diagnosis determine the presence of a risk factor

The procedure's three-dimensional images provide a more thorough means of detecting the disease – particularly in patients with dense breast tissue. The digital breast tomosynthesis technique is similar to that of a CT (computed tomography) scan. The source of the CT X-ray repeatedly sweeps over the breast at spaced intervals. The final imagery offers a cross section of "slices," or adjacent segments, of tissue.

"Mammography is the gold standard in detecting breast cancer, and the DHA is pleased to bring this advanced form of imaging to our patients," said Dr. Paul Cordts, chief medical officer for the Defense Health Agency. "We know how important it is to our patients to have access to the latest technology to improve their health outcomes. Digital breast tomosynthesis allows for earlier detection and diagnosis of smaller cancers and, if discovered early, it opens up more options to treat it quickly while in a nascent stage, with improved outcomes and potentially less side effects."

According to Amber Butterfield of TRI-CARE's Medical Benefits Reimbursement office in Aurora, Colorado, the expanded benefit for breast cancer screenings is allowed through provisional coverage authorized by Assistant Secretary of Defense for Health Affairs Thomas McCaffrey. Provisional coverage is a special authority that allows extension of coverage for items that are undergoing evaluation or have benefi-

cial effects not yet proven.

Between 2016 and 2018, roughly 80,000 TRICARE beneficiaries were diagnosed with either malignant abnormal growths of the breast, called carcinomas, or pre-cancerous cells, called neoplasms. To address this, leaders at the DHA were determined to find a way to expand breast cancer screenings using the DBT technology, while adhering to congressional requirements as they pertain to provisional authority.

"By regulation, TRICARE follows guidelines from the U.S. Department of Health and Human Services for preventive services," Dr. James Black, medical director of the Clinical Support Division at DHA, said. "This includes the U.S. Preventive Services Task Force, which gives recommendations on provisional preventive services."

Although the task force has yet to recommend DBT for cancer screening, the decision by DHA leadership to expand DBT to annual cancer screenings was made a year ago. Since the USPSTF does not currently recommend DBT as a more effective screening tool than 2-D mammography, the DHA had to find a way to offer coverage under current statutes that govern what health services TRICARE can provide beneficiaries.

Black cited the efforts of retired Navy Vice Adm. Raquel C. Bono, the former DHA director, along with subject-matter experts from the services, who provided guidance that led to the provisional adaptation of DBT coverage.

Their focus included which commercial insurance carriers cover DBT and other coverage criteria. From there, DHA's medical benefits and reimbursement section put together a provisional coverage determination and submitted it to the office of the Assistant Secretary of Defense for Health Affairs – who, by law, is the approval authority for any such changes. The coverage determination was approved in September and coverage began Jan. 1.

Although the task force has yet to recommend 3-D breast DBT for cancer screening, DHA leadership is confident that within the five years DBT has been approved on provisional authority, the USPTF will obtain enough research to reach a firm recommendation.

Beneficiaries who have questions about DBT services offered in locations convenient to them should contact their TRICARE provider or regional customer service call center.



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Dick Hanley and Executive Officer Tammy McCreary during a tour of the USS Stout at Naval Station Norfolk in Norfolk, Va., on Thursday, December 19, 2019.

Kristen Zeis

DESTROYER I Rear Adm. Charles "Chip" Rock met with Hanley and invited him aboard

Continued from C1

Hanley lives in Williamsburg and mentioned how he'd like to see a modern warship. Rock put the wheels in motion to make it happen as a way to honor those who have served before.

"What a great American and example of our Navy veterans here in Hampton Roads," Rock said in a statement to The Virginian-Pilot. "He is still so quick that he beat me to the punch in bringing up a ship visit. I am glad we could make it happen for one of America's greatest generation, and I know our sailors enjoyed the visit even more than he did."

As Hanley stepped aboard the Stout, he was honored with the ringing of four bells and the announcement that a retired commander was arriving.

The Stout is an Arleigh Burke class destroyer, capable of operating independently or as part of an aircraft carrier strike group. It returned from its last deployment to Europe and the Middle East in 2016.

Hanley was drafted into the Navy at the tail end of World War II and served for more than two decades. As he chatted with the

Stout's all-volunteer crew, he praised their professionalism and noted how much faster they have to react due to the advances adversaries are making.

"Things are moving a lot faster. Airplanes are moving faster, so we have to have weapons systems that can compete with the airplanes. If they're attacking us we want to get rid of them before they get here," he said. "And they come pretty damn fast."

Hanley said he enjoyed having lunch with the crew, asking younger sailors how they do their jobs today and seeing the combat information center and bridge, where he spent much of his career.

"Just a great, great bunch of people," he said. "And I'm sure that this is typical of what we have in the Navy today."

a lot faster. Airplanes are moving faster, so we have to have weapons systems that can compete with the airplanes. If they're attacking us we want to get rid of them before they get here."

Dick Hanley





COMIN to theaters

DOLITTLE [PG]

After losing his wife seven years earlier, the eccentric Dr. John Dolittle (Downey), famed doctor and veterinarian of Queen Victoria's England, hermits himself away behind the high walls of Dolittle Manor with only his menagerie of exotic animals for company. But when the young queen (Jessie Buckley, Wild Rose) falls gravely ill, a reluctant Dolittle is forced to set sail on an epic adventure to a mythical island in search of a cure, regaining his wit and courage as he crosses old adversaries and discovers wondrous creatures.

BAD BOYS FOR LIFE [NR]

Old-school cops team up with an elite unit to take down the vicious leader of a Miami drug cartel.

THE LAST FULL MEASURE [R]

The true story of Vietnam War hero William H. Pitsenbarger, a USAF Pararescue medic who saved over sixty men in the U.S. Army's 1st Infantry Division before making the

ultimate sacrifice in one of the bloodiest battles of the war. Thirty-two years later, Pentagon staffer Scott Huffman investigates a decades-long Congressional Medal of Honor request for Pitsenbarger and uncovers a high-level conspiracy prompting him to put his career on the line to seek justice for the fallen airman.

THE RHYTHM SECTION [NR]

Blake Lively stars as Stephanie Patrick, an ordinary woman on a path of self-destruction after her family is tragically killed in a plane crash. When Stephanie discovers that the crash was not an accident, she enters a dark, complex world to seek revenge on those responsible and find her own redemption.

SONIC THE HEDGEHOG [NR]

Sonic the Hedgehog is a live-action adventure comedy based on the global blockbuster video game franchise from Sega that centers on the infamously brash bright blue hedgehog. The film follows the (mis)adventures of Sonic as he navigates the complexities of life on Earth with his newfound – human – best friend Tom Wachowski (James Marsden). Sonic and Tom join forces to try and stop the villainous Dr. Robotnik (Jim Carrey) from capturing Sonic and using his immense powers for world domination. The film also stars Tika Sumpter and Ben Schwartz as the voice of Sonic.

base theaters

\$3 Movies

JEB Little Creek, Gator Theater - 462-7534

Friday | Jan. 10

7 p.m. Jumanji: The Next Level [PG-13]

Saturday | Jan. 11

1 p.m. Jumanji: The Next Level [PG-13]

4 p.m. Frozen II [PG]

7 p.m. Richard Jewell [R]

Sunday | Jan. 12

1 p.m. A Beautiful Day In The Neighborhood

4 p.m. Dark Waters [PG-13] 7 p.m. Queen & Slim [R]

NAS Oceana, **Aero Theater – 433-2495**

Friday | Jan. 10

7 p.m. Jumanji: The Next Level [PG-13]

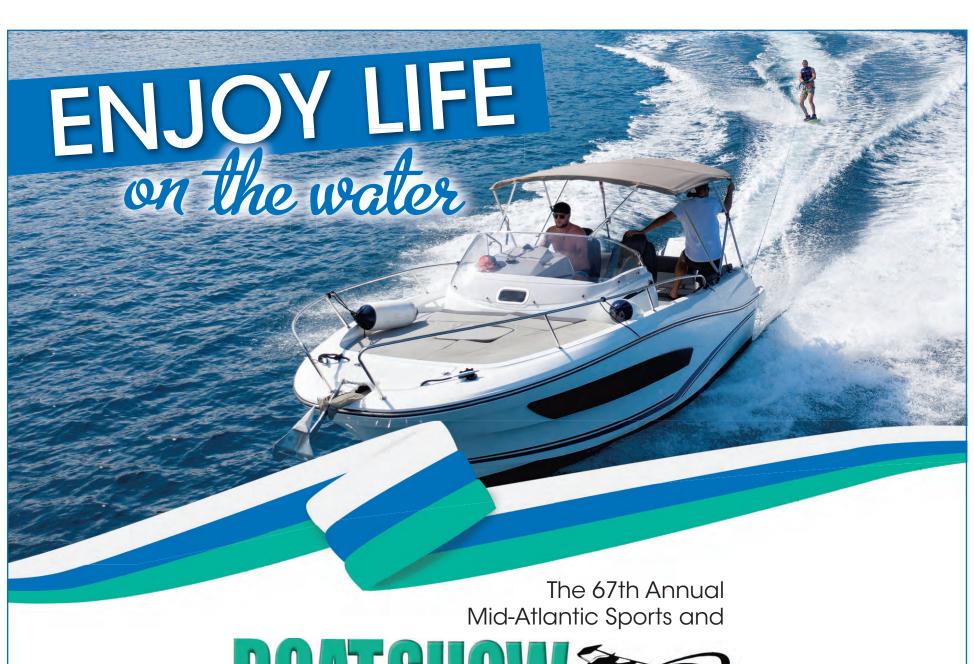
Saturday | Jan. 11 12 p.m. Frozen II (3-D) [PG]

3 p.m. Dark Waters [PG-13] 6 p.m. Richard Jewell [R]

Sunday | Jan. 12

12 p.m. Frozen II (3-D) [PG] 3 p.m. 21 Bridges [R] 6 p.m. Knives Out [PG-13]

Schedule is subject to change. For your weekly movie showtimes and more, check out the navy Mid-Atlantic Region MWR website at discovermwr.com.



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doctor?

rodeo

31 Caught at a

33 Pollen lover

34 Hardly fresh

Peppermint

Pattie factory

35 Worldwide

worker?

49 Ending for

51 Car owners'

minister?

Israel

org. 52 Kelly the

50 llk

45 More greasy

Wild cards

poker

23 Martin

Stu

Prefix

6 One in a veil

messaging

software

64-Down

58 Primate

Fossey

59 Benny the

golfer? 61 Markey and

Bagnold 63 Actor Hinds

of 2017's "Justice

League"

purview

67 Bailey the

72 Folder flap

75 Meal tie-on

76 Rice-based

85 Fuzzv stuff

87 Departure

89 Karmann -

90 Nolte the

94 Ariz.-to-Kan.

77 Ivory's

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57 See

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Addams

you let us?" 55 "Veni." in English 56 Nero's 160 59 Villain in

Disney's "Aladdin"

17 Troop body 18 Pt. of MIT or Ali ring strategy 68 Abate

25 Polar vehicle 32 Curved arch **36** High jump on informally

1 Get gold, e.g.

8 Reply to "Who's in charge

100 Gets dilated 102 Basic deg.

chef? 116 Airport stat 117 Hotel chain 118 Morales of film and TV 119 Arden the

philosopher? 122 Shady giants 123 Get-out-of-jail money 124 Super-mad Spanish dish 125 "The Flea"

counterpart 126 Blog addition 79 Benatar the 127 Pot for stew makeup

88 Standoffish (bygone VW sports car) 2 Target clockmaker? 3 Smacks 92 Skeleton part

55 Former Apple 95 Girls in the family 96 Liotta the lamp designer? here?' 9 Bounced

for designers 103 Supermodel Carangi or actress Scala 105 End profit 110 Behar the

65 Negligent 66 Sen. Kirsten demolition contractor?

poet John

129 Evil smile

Center, e.g. 4 Spork parts -cone "Viva

7 Alter totally

court 10 Actress Davis of two "Matrix" films 11 Spam, say 12 Langston

poem 13 Athletic team assoc. 14 Film anew 15 Not wobbly 16 Throw

> STEM 24 Nuclear reactor tube 30 Polar pixie

> > 37 Lacking a key, in music 39 "Semper Fi" mil. branch

40 Weirdo 41 Rubik of 45 Poet Nash 46 Twisted wit 47 — lazuli 48 Frosted 53 Abbr. on a pay stub

Hughes 64 With

cube fame 42 Aiea's island 43 Broccoli -— (candy

Mommy, will

60 Waitress on TV's "Alice" 62 Spruce (up)

69 "Fighting" Big Ten team 70 Cut, as pizza 72 Like poison

74 Measures of 110 All-terrain memory 75 Scaring cry — noire 112 Tasty tubers **79** One of 113 Egg-shaped

Henry VIII's Catherines 80 Et -81 Mug in a bub

83 Mean ruffian 84 Wife on "The Family," to her hubby

truck bed 90 Crystal rubbers,

perhaps 91 Jab deliverer 93 Control in a

57-Across,

73 Japanese

82 Jamaican citrus fruit

86 Cover for a

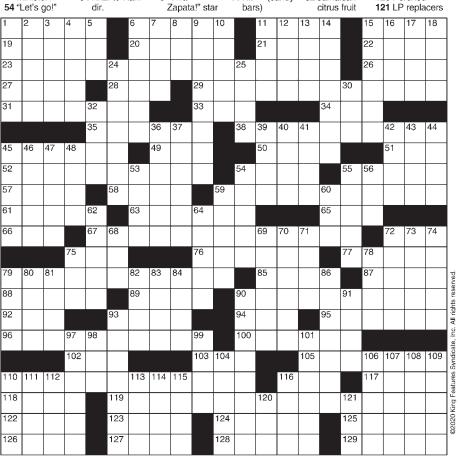
clinical study 97 Certain wind plaver 98 Very loudly,

musically 99 9-to-5er's weekly cry 101 Main dish 104 Art house film, often

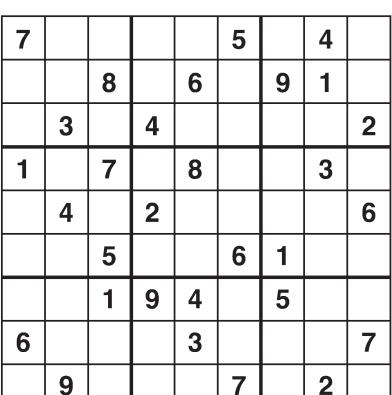
106 Went aboard 107 Nitrogen compound 71 Cold and wet 108 Words after

all or hole 109 San Fran 111 Fiord city

114 Eye, in Paris 115 Nut with 116 Rock finale? 120 Perched



Sudoku



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This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

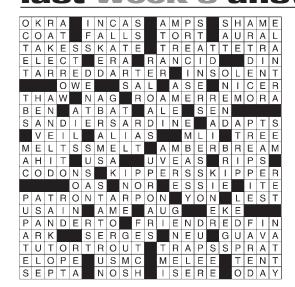
Clue: B equals R

OMBBWIZ "LPMB JMBL" AFNNL XMDI LCKWP FC. CMKL CBGUKMWO "OMQ ZWDGBUI AI JWPX QGF!"

Last week's CryptoQuip answer When the rookie joined the chickens' baseball team, its name

was added to the rooster roster.

last week's answers



WCI 3										
3	8	5	9	6	4	1	7	2		
9	7	1	5	3	2	8	4	6		
4	2	6	8	1	7	3	5	9		
2	6	4	3	5	8	7	9	1		
1	3	9	2	7	6	5	8	4		
7	5	8	1	4	9	2	6	3		
8	4	2	7	9	3	6	1	5		
6	1	3	4	8	5	9	2	7		
5	9	7	6	2	1	4	3	8		

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26 Actor Bana

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27 Pay to play

28 Game with

29 Clinton the

doctor?

rodeo

31 Caught at a

33 Pollen lover

34 Hardly fresh

Peppermint

Pattie factory

35 Worldwide

worker?

49 Ending for

51 Car owners'

minister?

Israel

org. 52 Kelly the

54 "Let's go!"

50 llk

19

23

96

126

45 More greasy

Wild cards

poker

23 Martin

Stu

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CHEVROLET 2009 SILVERADO

SEE

4WD, crew cab, mint cond, looks & runs perfect! Insp. \$9,990 75743980 17 Va Dir 7574817777 Pro Fee \$375 **CHEVROLET 2016 TAHOE**

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DODGE 1993 CARAVAN



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XLT V6, auto, air, loaded, looks & runs great! Inspected. \$3,450 757-439-8017 Va Dir. 757-481-7777 Pro.

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NISSAN 2008 ROGUE

SL. Garage kept, one owner, leather, sunroof, loaded, inspected, mint condition! \$5,990 757-439-8017 Va Dir.

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td. V-6. Leather, sunroof, loaded new inspection, look great runs great, \$10,900. Call for details

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iun and Ga

7 Alter totally

in charge

8 Reply to

"Who's

here?'

court

Davis of two

"Matrix" films

11 Spam, say

Hughes

13 Athletic team

12 Langston

poem

assoc.

14 Film anew

16 Throw

15 Not wobbly

17 Troop body 18 Pt. of MIT or

reactor tube

25 Polar vehicle

30 Polar pixie

32 Curved arch

STEM

24 Nuclear

10 Actress

9 Bounced

Super Crossword

55 Former Apple 95 Girls in the

family

the lamp

100 Gets dilated

103 Supermodel

105 End profit

110 Behar the

chef?

116 Airport stat

118 Morales of

119 Arden the

philosopher? 122 Shady giants

Spanish dish 125 "The Flea"

117 Hotel chain

film and TV

demolition

contractor?

123 Get-out-of-jail

poet John

126 Blog addition

makeup

1 Get gold, e.g.

Center, e.g.

129 Evil smile

2 Target

3 Smacks

"Viva

4 Spork parts

-cone

Zapata!" star

127 Pot for stew

money 124 Super-mad

102 Basic deg.

designer?

for designers

Carangi or actress Scala

96 Liotta

messaging

software

64-Down

58 Primate

Fossey

59 Benny the

golfer? 61 Markey and

Bagnold 63 Actor Hinds

of 2017's "Justice

League"

purview

67 Bailey the

72 Folder flap

75 Meal tie-on

76 Rice-based

counterpart

79 Benatar the

85 Fuzzv stuff

87 Departure

89 Karmann -

90 Nolte the

88 Standoffish

(bygone VW

sports car)

clockmaker?

20

49

92 Skeleton part

94 Ariz.-to-Kan.

62

102

77 Ivory's

65 Negligent 66 Sen. Kirsten

Gillibrand's

57 See

OCCUPATIONS

45 Poet Nash 46 Twisted wit 47 — lazuli Addams 48 Frosted

53 Abbr. on a 86 Cover for a pay stub truck bed

90 Crystal rubbers, perhaps 91 Jab deliverer 55 "Veni." in

English 56 Nero's 160 59 Villain in

60 Waitress on TV's "Alice" 62 Spruce (up)

64 With 57-Across, Ali ring strategy 68 Abate

69 "Fighting" Big Ten team 70 Cut, as pizza 72 Like poison 73 Japanese

36 High jump on informally memory 37 Lacking a key, in music 75 Scaring cry — noire

> bub 82 Jamaican

citrus fruit

26

30

60

105

121

125

129

39 "Semper Fi" mil. branch **79** One of 40 Weirdo Henry VIII's 41 Rubik of Catherines cube fame 80 Et -42 Aiea's island 81 Mug in a 43 Broccoli -

— (candy

bars)

100

120

103 104

128

83 Mean ruffian 84 Wife on "The Family," to her hubby

Mommy, will you let us?"

93 Control in a clinical study 97 Certain wind Disney's "Aladdin" plaver

98 Very loudly, musically 99 9-to-5er's weekly cry 101 Main dish

104 Art house film, often 106 Went aboard 107 Nitrogen

compound 71 Cold and wet 108 Words after all or hole 109 San Fran

74 Measures of 110 All-terrain 111 Fiord city 112 Tasty tubers 113 Egg-shaped

114 Eye, in Paris 115 Nut with 116 Rock finale?

120 Perched 121 LP replacers

43

Sudoku

7 5 6 3 4 1 8 4 6 5 1 9 9 7

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

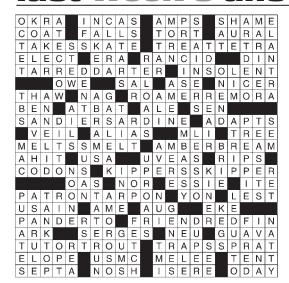
Clue: B equals R

OMBBWIZ "LPMB JMBL" AFNNL XMDI LCKWP FC. CMKL CBGUKMWO "OMQ ZWDGBUI AI JWPX QGF!"

Last week's CryptoQuip answer

When the rookie joined the chickens' baseball team, its name was added to the rooster roster.

last week's answers



<u> </u>										
3	8	5	9	6	4	1	7	2		
9	7	1	5	3	2	8	4	6		
4	2	6	8	1	7	3	5	9		
2	6	4	3	5	8	7	9	1		
1	3	9	2	7	6	5	8	4		
7	5	8	1	4	9	2	6	3		
8	4	2	7	9	3	6	1	5		
6	1	3	4	8	5	9	2	7		
5	9	7	6	2	1	4	3	8		



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