



Island Insial

This publication is published weekly and contains information about, for, and of interest to the Island Workforce.

Island Insight Submission: https://home.army.mil/ria/index.php/contact/public-affairs

- **Arsenal Traffic/Construction**
- **Building/Space Closures**
- **Active Duty/Reserve Zone**
- Safety Spotlight
- **Equal Employment Opportunity Focus**
- Morale, Welfare & Recreation (MWR)
- **MWR Leisure Travel Office**
- **Child & Youth Services**

- **Army Community (ACS)**
- **MWR Outdoor Recreation**
- **Employee Assistance Program**
- **Education/Training Review**
- **Defense Commissary Agency/PX**
- **Arsenal Archive**
- Healthbeat
- **Notes for Veterans**
- Around the Q.C.

Lt. Gen. Douglas Gabram Assumes Command of **IMCOM**

Lt. Gen. Douglas Gabram assumed command of U.S. **Army Installation** Management Command Jan. 22 at Joint Base San Antonio-Fort Sam Houston. Gen. Gus Perna, commanding general of Army Materiel Command,



promoted Gabram in a private ceremony prior to the assumption of command. Gabram assumed command from Maj. Gen. Timothy McGuire who has served as acting commanding general since August 2019. Perna thanked McGuire for his work as interim commander. McGuire will now return to his role as Deputy Commanding General of IMCOM. "Maj. Gen. McGuire, your leadership belongs in a book as an example for all of us," said Perna. "Over the past five months you have demonstrated personal, moral and physical courage. You are a remarkable leader and it is my honor to serve with you every day." Perna went on to describe his confidence in Gabram as IMCOM's next CG. "Lt. Gen. Gabram is a great Army leader, and IMCOM is a great Army team," said Perna. "I feel confident that general Gabram will take IMCOM's work to the next level. My one-word

Dec. 14-Feb. 15: EVAC Project -**Experiencing Veterans & Artists** Collaboration, RIA Museum

Jan. 29: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.

Jan. 30: RIA SHARP Training, Heritage Hall, Bldg. 60, 10-11:30 a.m.

Jan. 30: Thirst-day Thursday, Lock & Dam Lounge, 3-7 p.m.

Jan. 31: Advanced Résumé, ACS, Bldg. 110, 1:30-3:30 p.m.

Feb. 2: Groundhog Day

Feb. 3: Brown Bag Lunch & Learn - 75th Anniversary, the Battle of Manila, Rock Island Arsenal Museum, 12-1 p.m.

Feb. 4: Active Duty Spouse Fun Night Feb. 5: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.

Feb. 6: First Thursday Social, Lock & Dam Lounge, 3-10 p.m.

Feb. 7: Teen Council, School Age Center, Bldg. 150, 6-9 p.m.

Feb. 10-14: DA Photos, Bldg. 90, Basement, Rm. B11, 7:20 a.m. - 3:40

Feb. 12: 2020 MWR Health Fair: Wellness Rocks, Fitness Center, 10 a.m. 2 p.m.

Feb. 12: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.

Feb. 13: MWR Valentine's Day Bazaar, Heritage Hall, Bldg. 60, 9 a.m. - 1 p.m.

Feb. 13: Active Duty Out Processing Levy Brief, ACS Training Room, Bldg. 110, 9:30 a.m. – 12 p.m.

piece of advice to him during the passing of the colors was 'press'." (More: www.army.mil/article/231931)

An Unconventional Career

Imagine, if you will, having lived not one but two full careers. A 25-year career in the civilian world, and 36 years in uniform serving both the Army National Guard and Active Army. But, for Lt. Col. Kendall Workman, Plans Officer, First Army, this is his reality. Workman's unconventional career path spans from the Navy, transitioning to the Utah Army National Guard, retiring from the civilian aviation workforce after 25 years, and then finally starting his Active Army career. "I actually started out my military career doing three years in the Navy as an aircraft mechanic," explained Workman. "That was my whole drive, get the experience from the military that would directly relate to my civilian



career." Then with a smile he continued, "I retired from that and then started my Active Army career, so I did it in reverse from what most typically do." During the majority of his civilian career, Workman was an enlisted Soldier in the National Guard reaching the rank of Staff Sergeant as a UH-60 Black Hawk crew chief before going to Officer Candidate School. (More: www.dvidshub.net/news/360135)

Father's Guidance Enlightens RIA Chapter Inductee

The Sergeant Audie Murphy Club has a history of prestigious noncommissioned officers that are always ready to lead by example. They demonstrate excellence as extremely knowledgeable and professional Soldiers. Sgt. 1st Class Jeremy Garrison, senior enlisted medical adviser, U.S. Army Sustainment Command, and Sgt. 1st Class Charles Miller, First U.S. Army, were inducted into the RIA SAMC chapter Jan. 16 in Heritage Hall. "The SAMC is a non-profit organization committed to contributing to the community," said Command Sgt. Maj. Marco Torres, ASC, during his ceremony remarks. Those selected to join the organization are judged based on demonstrated leadership, professionalism, and overall general



military knowledge. The club is named after Sgt. Audie Leon Murphy, America's most decorated World War II Soldier. (More: www.army.mil/article/232064)

Enduring Priorities Drive First Army

During the first World War, General of the Armies John J. Pershing noted that the United States Army no longer differentiated between its Active and Reserve Component forces. He famously said, "Our purpose is to think only of the American citizen and to prepare him for the duties of war." Pershing served as the commander of First Army during the Great War, and the current First Army Commanding General, Lt. Gen. Thomas S. James Jr., emphasized that Pershing's words are just as relevant 101 years later. James oversees a unit whose mission is to prepare Reserve Component units and Soldiers for the rigors of sustained multi-domain combat. To accomplish



this, there are five enduring priorities on which First Army focuses: Total Force Readiness through partnerships; Large Scale Ground Combat Operations (LSGCO); leadership development; taking care of First Army team members; and risk management. In order to enable Total Force Readiness, First Army brigades and battalions forge and build partnerships with their Reserve Component

counterparts. Constant communication and teamwork helps ensure that Army Reserve and Army National Guard personnel have the tools and resources necessary to succeed in their missions. By emphasizing Total Force Readiness, units and leaders in all components are prepared to mobilize and deploy on short notice and win on a multi-domain battlefield. (More: www.dvidshub.net/news/360590)

Focus Remains on Enduring Defeat of ISIS, Military Official Says

Even amid significant successes, the enduring defeat of ISIS remains the focus of U.S. forces and partners in Iraq and Syria, an effort that is vital to U.S. national security, the deputy commander of Combined Joint Task Force Operation Inherent Resolve said. Speaking to reporters at the Pentagon today, Air Force Maj. Gen. Alexus G. Grynkewich said important progress has been made lately in the OIR realm. "I would say [we've made] very good progress, to the point we're able to shift the focus of CJTF-OIR more along the lines of training, advising and assisting the Iraqi security forces and the Syrian Democratic Forces on the Syrian side of the border, and they've



shown themselves to be willing partners throughout the last nine months I've been deployed there," the general said. (More: www.defense.gov/explore/story/Article/2063125)

Addressing China Threats Requires Unity of U.S., World Effort, Esper Says

The National Defense Strategy identifies China and Russia as competitors of the United States in the so-called great power competition. Defense Secretary Dr. Mark T. Esper focused attention on the threats posed by China and efforts by the Defense Department to counter those threats in a speech today at the Center for Strategic and International Studies' Global Security Forum in Washington. "Unfortunately, the Chinese government has used its diplomatic, military and economic power to expand its bad behavior, rather than abiding by international rules and norms," he said. China continues to weaponize space, as demonstrated by its development of directed-energy weapons and satellite jammers, he said. (More: www.defense.gov/explore/story/Article/2065332)



Want To Vote? The Federal Voting Assistance Program Can Help

Voting season is fast approaching, and the Federal Voting Assistance Program is ready to help service members and families exercise the right to vote. "The Federal Voting Assistance Program works to ensure service members, their eligible family members, and overseas citizens are aware of their right to vote and have the tools and resources to successfully do so -- from anywhere in the world," said David Beirne, the FVAP director. Voting is a personal choice, Beirne said, but he noted that many in the military community don't realize the Defense Department has a program designed to assist them if they choose to vote. While FVAP is not a "get out the vote" program, he said, the program offers resources for the military community if they want to participate in the election process. "There are many myths surrounding the military voting process, so the



most important thing for military voters and their eligible spouses and dependents to know is that there are absentee voting resources on FVAP.gov designed to meet their voting needs when they are

deployed or stationed overseas," Beirne said. He recommends that service members start the absentee voting process early, because it takes more time than voting in person. (More: www.army.mil/article/231999)

Army's Cloud Office Set To Fully Operate By March

The Army's Enterprise Cloud Management Office is set to be in full swing by March, said the service's chief information officer, following the force's data strategy push to modernize and safeguard its networks against great-power competitors. Last year, more than \$730 million in reallocated funds -- dug up through curtailing other programs during "night court" review sessions -- were tallied solely to beef up the Army's cloud efforts through fiscal year 2023. These shifted funds helped pave the way for the new cloud office to stay "organized and funded" to support the Army's Data Plan and modernization focus to operationalize



data across the Army, said Lt. Gen. Bruce Crawford, the Army's CIO/G-6, at AFCEA's IT Day Tuesday, with more cloud and data trials ahead. (More: www.army.mil/article/231913)

DOD Agency Offers 'milDrive' Desktop-Integrated Cloud Computing

The Defense Information Systems Agency has been offering "milDrive," a cloud-based storage solution for desktop users, for nearly a year. The cloud service already has about 18,000 users across 20 organizations, the program manager said. "There's quite a large user base in the queue right now that's interested, and we are currently piloting with and developing a migration strategy for them," said Carissa Landymore. "The need is definitely there." The milDrive service is available for users on DODIN, the unclassified Defense Department information network. (More: www.defense.gov/explore/story/Article/2064334)



Weingarten Notice

It is time once again for the annual reminder of Weingarten Rights provided by 5 USC 7114. The information below applies to all bargaining unit employees: An exclusive representative of an appropriate unit in an agency shall be given the opportunity to be represented at any examination of an employee in the unit by a representative of the agency in connection with an investigation if the employee reasonably believes that the examination may result in disciplinary action against the employee, and the employee requests representation. If you have any questions or concerns, please contact your labor relations specialist or ombudsman.

Eagle Watching on the Mississippi River

Every year tens of thousands of people flock to the Mississippi River to take part in Bald Eagle Watches. They have come to catch a glimpse, perhaps for the first time, of our national symbol. Up to 2,500 bald eagles winter along the Mississippi near the lock and dams. Turbulence created below the dams provide open water and a smorgasbord of stunned fish for eagles to feast upon. In addition, the wooded bluffs that overlook the Mississippi are excellent habitat for roosting and an increasing number of cases nesting. Bald Eagle Watches occur throughout January and February, but eagles can be seen from mid-December through early March. It all



depends on the weather. As warm weather arrives, most eagles will begin their journey back north to northern Minnesota, Wisconsin, and Canada to prepare for the nesting season. (2020 USACE Eagle Watching Events: www.mvr.usace.army.mil/Missions/Recreation/Mississippi-River-Project/Education/Eagle-Watching)

RIA SHARP Training – Human Trafficking

The Rock Island Arsenal community (military and civilian) is invited to join the RIA/ASC SHARP team as we host Kaelly Danielson, a survivor advocate for Braking Traffik, as she brings awareness to the human trafficking issue in the United States (including the Quad Cities) on **Thursday**, **Jan. 30**, 10-11:30 a.m., in Heritage Hall, Building 60. This presentation and discussion is considered SHARP training and all participants will receive credit for their annual SHARP training. To sign up in TEDs use keyword "SHARP." Do you know – human trafficking is the business of stealing freedom for profit. In some cases, traffickers trick, defraud, or physically force victims



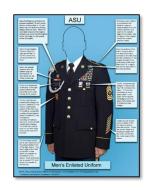
into selling sex. In others, victims are lied to, assaulted, threatened, or manipulated into working under inhumane, illegal, or otherwise unacceptable conditions. It is a multi-billion dollar criminal industry that denies freedom to 24.9 million people around the world. In 2018, there were 287 contacts (phone calls, texts, online chats, emails, and web forms) received by National Human Trafficking Hotline, and there were 102 human trafficking cases reported that year which referenced Iowa. Those numbers have steadily increased since 2012. In 2018, there were 884 contacts (phone calls, texts, online chats, emails, and web forms) received by National Human Trafficking Hotline, and there were 296 human trafficking cases reported that year which referenced Illinois. Those numbers have steadily increased since 2012. Please contact is Linda Robertson (RIA Garrison victim advocate) at 309-782-1455 for any questions or concerns.

HR Training for Supervisors

The Human Resources Training for Supervisors Course affords Military and Civilian supervisors/managers of Army civilians the administration skills necessary for management and basic supervision. The Rock Island Civilian Personnel Advisory Center offers a face-to-face training environment. The course contains lessons that are mandated by the National Defense Authorization Act of 2010 that include: civilian human resources life cycle, classification, staffing/recruitment, discipline and adverse actions, employee relations, performance management, leave administration, and labor relations. Dates for FY 20 are: **Feb. 3-6**; **May 4-7**; and **Aug. 10-13**. Registration is available through CHRTAS. Please note, this course does not take the place of the mandated on-line Supervisory Development Course. Point of contact is Gretchen Leigh, 309-782-2090 or Gretchen.a.leigh.ciiy@mail.mil.

VIOS Schedule for February-April

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **Feb. 10-14**, **March 16-20**, and **April 27-May 1**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the Visual Information Ordering Site for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the VIOS site https://vios.army.mil for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 90, Basement, Room B11). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army



National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available digitally. Additional prints can be ordered in VIOS. All scheduled dates can be found on the RIA VIOS website https://vios.army.mil. Contact us for help: 309-782-2843.

Blood Drives, New Location in Building 333

The Mississippi Valley Regional Blood Center is hosting a blood drive in in Building 333, next door to Outdoor Recreation, on **Feb. 14** and **21**, 10 a.m. - 1:30 p.m. If you would like to donate at this blood drive, feel free to email bhancock@mvrbc.org with the time you'd like to schedule, or call their Donor Center at 563-359-5401; you may also log on to www.bloodcenterimpact.org and use code 029 to locate the blood drives.



<u>Charlie Corpuscle says</u>, "For the Jan. 17 through Feb. 21 drives donors will be able to get a voucher for a free tshit as a Thank You for giving blood!

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information: www.militaryblood.dod.mil.

3rd Annual Patriot Derby Challenge

Join us for the 3rd Annual Patriot Derby Challenge on **Saturday, Feb. 15**, 10 a.m. – 3 p.m., at the WQPT - WIU Moline Campus, 3300 River Drive, in Moline. The event is free, weigh-in starts at 10 a.m., entry closes at 10:30 a.m. – racing begins at 11 a.m. Who can race – any Scout (yes, any scout) and veterans of the United States military. There will be food and refreshments available. For more information, please call Shane at 309-755-3260 or shane.kern@va.gov.

RIA SHARP Training - 10 Strong, Difference Makers

Anyone can be a victim of sexual violence – no one race, gender, or ethnicity is immune. Please join the RIA/ASC SHARP team on **Thursday, Feb. 20**, 10-11:30 a.m., in Heritage Hall, Building 60, as we host Eric Barreras and Edward Wilson from 10 Strong, Difference Makers. Their mission is to empower individuals to effectively prevent or interrupt sexual assault, and behaviors leading up to those acts. This presentation and discussion is considered SHARP training and all participants will receive credit for their annual SHARP training. To sign up in TEDs use keyword "STRONG." Please contact is Megan Osborne (RIA/ASC SHARP program manager) at 309-782-3885 or Sgt. First Class April Taylor (RIA/ASC SHARP Sexual Assault Response Coordinator) at 309-782-2528 for any questions or concerns.



Bone Marrow Donor Registration

Join us for Bone Marrow Donor Registration, sponsored by the ASC Journey to Leadership Class of 2020, on **Tuesday, March 10**, 9 a.m. – 3 p.m., in Heritage Hall, Building 60. You are someone's "one in a million" – a well-matched bone marrow or stem cell donor can save a



life. The more people who register, the better the chance every patient in need can find a perfect match. Military and DOD civilians, ages 18-60 in good health can register who have not previously enrolled. To learn more go to www.salutetolife.org or call 1-800-MARROW-3.

Emergency Leave Transfer Program to Assist Federal Employees Affected by Hurricane Dorian

If you are interested in donating annual leave, complete <u>OPM Form 1638</u> and submit to the Civilian Personnel Advisory Center, Buidling104, no later than <u>Tuesday</u>, <u>April 21</u>. You must state on the 1638 which Emergency Leave Transfer Program you are donating to. If you have any questions contact the CPAC at 309-782-2430. This initiative has been directed by the President. The POC is Jaime Slocum at 309-782-2430. OPM Form 1638: https://www.opm.gov/forms/pdf_fill/opm1638.pdf

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — Contents of the Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. — **Boozie's Bar and Grill**: Boozie's Bar and Grill in downtown Davenport is offering a 15% discount on your food with a valid ID to all active military, reserves, retirees, and veterans of the United States Armed Forces. Just ask the server for your discount. **Zeke's Island**: Visit Zeke's Island Cafe at 842 Middle Road, in Bettendorf and receive \$2 off your order. Just show your Arsenal badge. You may also order online at zekesislandcafe.com enter 21375 for your discount. Downtown Davenport's Bad Boy'z: The downtown Davenport's Bad Boy'z, located in the River Music Experience building, 131 W 2nd Street, is offering a \$1 off lunch buffet (normal pricing \$7.25 with a water \$9.25 with a soda) \$6.25/\$9.25 for anyone working on the Arsenal. Lunch buffet runs from 11 a.m. to 2 p.m., Tuesday through Friday. All you can eat pizza, salad, soup, and tacos. Mention the "arsenal discount" to get the offer. Urban Farmhouse Moline: Stop in our Moline location and show your badge to receive 10% off your purchase – 1209 4th Ave. inside the Element hotel; open Tuesday – Saturday, 10 a.m. − 5 p.m. **Antonella's II**: Offering a 20% discount to all military services active or reserves, seniors and their immediate families on all menu items (must have ID). We are located at 421 river drive, in Davenport. We take reservations for large parties, please call at 563-324-9512. Our hours are Mondays − Closed; Tuesday-Wednesday 4-9 p.m.; Thursday − 11 a.m. − 2 p.m. and 4-9 p.m.; Friday-Saturday 11 a.m. – 10 p.m.; and Sundays – 11 a.m. – 8 p.m. **QC Wellness Group**: Come in for discounted chiropractic care for you, and your family. This offer is valid to all active duty, reserves, and veterans. We are located at 2220 E 53rd Street in Davenport. Call us today to book your appointment at 563-355-3100, restrictions can apply. **Sundown Mountain Resort**: Offering a military discount of 30% off lift tickets and rentals. Valid for active duty, Reserve, National Guard, retired service members, and their immediate families; located at 16991 Asbury Road, Dubuque, Iowa. Bayside Bistro: Offering a 10% discount to active, retired, reserve and National Guard members and government civilians on all menu items. We're located in the Village of East Davenport, 1105 Christie Street, Davenport; open Tuesday-Friday, 9 a.m. - 7 p.m.; Saturday, 7 a.m. - 7 p.m.; Sunday; 7 a.m. - 3 p.m., Mondays (off). **R.I.A. Federal Credit Union**: Arsenal employees, get \$25 when you open up a new member checking and savings account at our branch in Bldg. 61. Active duty members and veterans, thanks to our partnership with Military Cost Cutters, you can get \$100 when you open a new member checking and savings account with us. Download the Military Cost Cutters app, show proof of military status, and you can get \$100 deposited into your account. New Life Chiropractic Clinic: All Arsenal Island military and

civilian employees will receive a 10% discount off its services located at 2500 18th Street in Bettendorf. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products*.



Changes to Rock Island and Davenport Gate Access Control

Phase 1: Effective **Monday, Feb. 3**, the US Army Garrison Rock Island Arsenal will adjust the hours of operation for the Rock Island and the Davenport Gates; the new hours of operation are listed below:

- <u>Davenport Gate</u>:
 - Outbound Outbound
 - o Saturday: Closed
 - o Sunday: Closed
- Rock Island Gate:
 - Monday Friday: 5:30 a.m. 10:30 p.m. with Outbound Traffic only from 10:30 p.m. midnight
 - o Saturday: 8 a.m. 9 p.m.
 - o Sunday: Closed

The hours of operation at the Moline Gate will remain unchanged.

Notice of Work on East Street

Townsend Engineering began performing a topographic survey on East Street from the intersection of Rodman Avenue and ending at Blunt Road. The work began Jan. 28. The work could take up to a couple of weeks to complete pending on weather conditions. This work should not affect any Rock Island Arsenal Business operations or employees.

Repair Building 170 Water Main

Effective July 29, the Directorate of Public Works began a project to repair the water main servicing Building 170 and other area buildings. The initial and primary work is directly around Building 170, but the overall work area will include South Avenue to Beck Avenue and Gillespie Street to East Street. The work includes excavating for new water main's, valves and hydrants. Traffic will be limited to one lane at times. Signage and barricades will be located to warn and direct traffic. Short-term water outages and boil orders are expected in the work area. Separate notifications will be provided prior to any additional water outages. The project is scheduled to be completed by **April 2020**, weather dependent.



Building/Space Closures



There are no announcements at this time.



ACFT App Rolls Out To Help Soldiers Get Fit, Protect Their Data

The Army recently updated its physical readiness training -- or PRT -- mobile app to give Soldiers a leg up on the new Army Combat Fitness Test, as it continues to safeguard users' personal information on the go. The Army PRT app is a free smartphone training tool that includes a streamlined collection of exercises, helps users calculate test scores, and lays out unique physical training templates tailored for each Soldier's fitness demands, said Lt. Col. David Feltwell, Center for Initial Military Training physical therapist and one of many ACFT developers. The mobile app is the latest version of an earlier PRT app in place since 2014. The focus of the update is to match the current physical training doctrine, Feltwell said. The modernized, officially branded Army app comes amidst the two-year ACFT pilot test, which is currently in its second phase of implementation. Despite the fact that the six-event ACFT will supersede the current three-event Army Physical Fitness Test, the new app still lets users digitally calculate their APFT test scores while it's the official test of record, Feltwell said. (More: www.army.mil/article/231535)

Army Updates Law of Land Warfare Doctrine to Increase Guidance, Clarity

To help Soldiers to better understand the complex rules of war, the Army has released Field Manual 6-27, the Commander's Handbook on the Law of Land Warfare. The handbook provides crucial guidance to Soldiers and Marines on the Law of Armed Conflict, or LOAC. It also helps U.S. troops comply with international and host nation laws. Some of the LOAC rules include refraining from harming enemies who surrender and collecting and caring for the wounded of both friendly and enemy forces. "These are the rules and principles which guide our actions in the conduct of hostilities," said retired Col. Michael Meier, special assistant to the Army judge advocate general for law of war matters. The manual, released in August, is the culmination of a 20-year effort to modernize the field manual for the 21st century with a greater emphasis on joint warfare and joint combat operations. (More: www.army.mil/article/231892)

Active Duty Out Processing Levy Brief

Out Processing Levy Brief schedule – this briefing is designed to provide you with access to the information and resources you need to complete your permanent change of station move. Service members that are put on assignment will sign up for the next available briefing. Spouses are encouraged to attend with or without their sponsor and should bring a power of attorney in case specifics need be discussed or coordinated. Upcoming Levy Brief date:

- Feb. 13, ACS Training Room, Building 110
- May 14, ACS Training Room, Building 110

- June 11, ACS Training Room, Building 110
- Aug. 13, ACS Training Room, Building 110
- Nov. 12, 2020, ACS Training Room, Building 110

Time: 9:30 a.m. – 12 p.m.

To register call MPD at 309-782-1526 or sign up in TEDs using keyword "Levy Brief."



The top priority of the installation safety office is to safeguard and protect service members, their families, civilian employees and Army property as well as to create the safest workplace and living environment possible. Website:

https://home.army.mil/ria/index.php/about/Garrison/safety-office

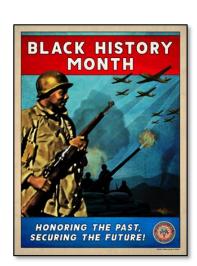
There are no announcements at this time.



The Equal Employment Opportunity (EEO) program formulates, directs, and sustains a comprehensive effort to maximize human potential to ensure fair treatment for military personnel, family members, and civilians without regard to race, color, gender, religion, or national origin, and provide an environment free of unlawful discrimination and offensive behavior. Garrison EEO office hours: 8 a.m. – 4 p.m.; 309-782-1488; Website: https://home.army.mil/ria/index.php/about/Garrison/equal-employment-opportunity-program

2020 Black History Month Observance

First Army's Equal Opportunity Office invites the Rock Island Arsenal workforce to the Black History Month Observance to be held on **Wednesday**, **Feb. 26**, at Heritage Hall, Building 60, 1-2 p.m. The guest speaker will be First Army Chief Religious Affairs NCO Sgt. Maj. Wyman Loveless. To sign up for the Black History Month Observance in TEDs use keyword "2020BHM." For additional information or accommodations please contact Sgt. First Class Lisa Robinson at 309-782-9269 or Sgt. First Class Mickey Joseph at 309-782-3021. This event is open to the public, if you are unable to sign up in TEDs, you can sign up at the event. The observance of African American / Black History Month was established by Public Law 99-244. This observance runs through the month of February and celebrates the contributions of African Americans to our nation. The theme for this event changes each year. This year's poster provides homage to the Soldiers from A Company, 452nd Anti-Aircraft Artillery, one of the United States Army's



black-only combat units. This year's theme is commemorating the 75th Anniversary of World War II. The theme is "Honoring the Past, Securing the Future!"

Morale, Welfare & Recreation

Army MWR is a quality-of-life program that directly supports readiness by providing a variety of community, Soldier, and family support programs, activities and services. Included in MWR are social, fitness, recreational, educational, and other programs and activities that enhance community life, foster Soldier and unit readiness, promote mental and physical fitness, and generally provide a working and living environment that attracts and retains quality for U.S. Army Soldiers, Family members, Retirees and its civilian workforce. Visit the MWR website at https://rockisland.armymwr.com for information on all MWR programs. How is MWR doing? Tell us by going to https://ice.disa.mil, navigate to "Rock Island Arsenal" and search "MWR" for a full listing of all our programs and services.

First Thursday Social

If it's the first Thursday of the month then the place to be is the Lock and Dam Lounge in Building 60 on **Thursday**, **Feb. 6**, 3-10 p.m., where this month we'll be featuring a tap takeover by Boulevard Brewing and live music by local acoustic duo, Greg & Rich. Bring all your friends, coworkers, family... whoever, First Thursdays and the Lock and Dam Lounge are always open to the public. Call 309-782-6319 for more info.

2020 MWR Health Fair: Wellness Rocks

Join us **Wednesday, Feb. 12**, at the Fitness Center for our 2020 MWR Health Fair: Wellness Rocks, 10 a.m. – 2 p.m. Rock Island Arsenal's annual MWR Health Fair is a great place to gather all kinds of health related information and resources. More than 70 local businesses and organizations will fill the Fitness Center and be ready to provide you with a myriad of good information regarding your health plus lots of freebies and giveaways. Call 309-782-6789 for more information.

Get your Vehicle Ready for Winter Driving

With the relatively mild start to the winter season you may have not given much thought to your vehicle's winter road worthiness, with several inches of snow and possibly ice on the way, this weekend's weather forecast should change all that. Make sure your ride is ready for tough winter driving conditions by scheduling an inspection with the trustworthy and skilled technicians at the Auto Service Center. Our multi-point inspections will help you identify potential problems before they leave you stranded on the side of the road. From batteries whose performance is impacted by extreme cold temps to ensuring adequate and even tire pressures and safe tread depths, we'll make sure to check all the potential problem areas to help keep you safe on the road this winter. Winter in the Midwest also means lots of salt on the roads so make sure to grab a reloadable car wash card so you can protect your car from these corrosive materials. And when you're ready for a deep clean, schedule a detailing appointment at www.vibrantmobiledetail.com/arsenal and we'll detail your car while you're at work. Call 309-782-8631 for more info and to schedule an appointment.

Indoor Island Oasis Available at Fitness Center

This time of year we get lots of questions from customers concerned about their favorite island lunch spot, the Island Oasis Grill, and I'm happy to report that no, the Island Oasis Grill hasn't closed up shop, we've just moved to our winter home inside the Fitness Center Lobby. We're still here serving a delicious quick serve lunch menu Monday through Friday from 11 a.m. to 1 p.m. so stop in to the Fitness Center lobby in Building 67 and Chef James will be happy to make you a tasty and quick bite to eat like our Wednesday special, Gyros for just \$3.50 each! Placing a large order for the entire office? Call ahead at 309-782-2805 and we'll have it ready to go when you get here.

Food Options Available On Rock Island Arsenal

- 1. Cafeteria located in Building 212
 - Open Monday Thursday, 5:30-9 a.m. and 10:30 a.m. 12:30 p.m.
 - Serve made to order breakfast items as well as breakfast grab and go items. Lunch offers a Salad bar, made to order deli sandwiches and grill items, pizza and a daily hot entree.

2. Cafeteria located in Building 350

- Open Monday Friday, 6- 9 a.m. and 10:30 a.m. 1 p.m.
- Serve made to order breakfast items as well as breakfast grab and go items. Lunch offers a salad bar, made to order deli sandwiches and grill items, pizza and a daily hot entree.

3. Food Court located in Building 60

- Open Monday Friday, 6-9 a.m. and 10:30 a.m. 1 p.m.
- Serve made to order breakfast items as well as breakfast grab and go items. Lunch offers a salad bar, made to order deli sandwiches and grill items, pizza, Mexican and a daily hot entree. Building 60 offers a Starbucks coffee bar also.

4. Island Oasis located inside Building 67 (October-March) and on the lawn of Building 67 (April - October)

- Open Monday Friday, 11 a.m. − 1 p.m.
- Inside serves a variety of sandwiches, salads, soups, an occasional hot item, chips and deserts.
- Outside serves a variety of grill items, cold sandwich choices, salads, chips and deserts.



We offer substantial discounts on tickets to local attractions, concerts, amusement parks and regional bus trips to exciting destinations. Check with us first for all your entertainment needs, we can save you money. Office Hours: Monday through Friday, 9 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. (email: anna.winters@us.army.mil) (website: https://rockisland.armymwr.com/programs/leisure-travel-office)

Free Tickets to the Quad City Auto Show on Feb. 7-9

Tickets are available for active duty Military of the Rock Island Arsenal community to include Guard and Reserve troops **Jan. 24-31**. Starting **Feb. 3** tickets are available to the entire Rock Island workforce. Pick up your tickets at:

• Auto Service Center in Building 351, open Monday - Friday, 8:30 a.m. - 4:30 p.m.

- Lock & Dam in Building 60, open Wednesday & Thursday, 3-7 p.m.
- Island Oasis in Building 67 (Fitness Center) open Monday Friday, 11 a.m. 1 p.m. For more information please call Auto Service Center at 309-782-8631, Lock & Dam at 309-782-3075, or Island Oasis at 309-782-2805.

MWR Valentine's Day Bazaar

Join us for our MWR Valentine's Day Bazaar on **Thursday, Feb. 13**, in Heritage Hall, Building 60, 9 a.m. - 1 p.m. If you're looking for last minute gifts for that special someone stop on by and see what our returning vendors will have available.

MWR Van Trip: 2020 Chicago Auto Show

Join us for our MWR Van Trip to the 2020 Chicago Auto Show at McCormick Place Convention Center on **Saturday, Feb. 15**, 7 a.m. - 5 p.m.; \$40 - 10 seats - transportation only. Call 309-782-5890 to reserve seat with payment.

Chicago's Comic & Entertainment Expo 2020

Join us for Chicago's Comic & Entertainment Expo 2020 on **Saturday, Feb. 29**; we depart from the Moline Visitor Control Center at 7 a.m. with our return trip taking place in departing Chicago at 4:30 p.m. There are only 10 seats for this trip, \$40 per person. Contact the MWR Leisure Travel Office at 309-782-5890.

Circa 21 Dinner & Playhouse: Kinky Boots

Join us **Saturday**, **Feb. 29**, at the Circa 21 Dinner & Playhouse for Kinky Boots. Doors open at 5:45 p.m. Charlie Price has reluctantly inherited his father's failing shoe factory. Trying to live up to his father's legacy and save his family business, Charlie finds inspiration in the form of Lola, a fabulous drag queen in need of some sturdy stilettos. This joyous musical celebration is about the friendships we discover and the belief that you can change the world when you change your mind. With elaborate costumes, exhilarating choreography and a truly moving and powerful story, Kinky Boots will have you dancing in your seat and discovering why, sometimes, the best way to fit in ... is to stand out. MWR Leisure Travel has discounted seats on sale until Feb. 15. \$49.75 per person.

MWR Van Trip: Chicago St Patty Pub Crawl

Join us for our MWR Van Trip to the Chicago St. Patty Pub Crawl on **Saturday, March 14**, 7 a.m. - 5 p.m.; \$40 - 10 seats - transportation only. Stops to include Emmit's Irish Pub, Kerryman Irish Bar, and Two Brothers brewery for dinner. Call 309-782-5890 to reserve seat with payment.

Harlem Globetrotters

On sale now... the world-famous Harlem Globetrotters will bring their new "Pushing the Limits" World Tour to Moline at the TaxSlayer Center on **March 22** at 2 p.m. Globetrotters' fans will experience even bigger moments and memories, including a live world record attempt at each game. This show features a blend of hilarious hijinks and incredible basketball skills including ball handling, high flying dunks, and a new record-breaking attempt. The Harlem Globetrotters are a one-of-a kind experience putting a new spin on family time. You won't want to miss these memories worth repeating, so get your ticket today. Discounted tickets available through the MWR Leisure Travel Office until **March 9** at \$36.50, \$44, and \$44.50 and magic bands for \$15.

WWE Live

The WWE Live returns to the Quad Cities for the first time in 2020 to the TaxSlayer Center on **Sunday, March 29**, at 7 p.m. See your favorite WWE superstars live... the Miz vs universal champion "The Fiend" Bray Wyatt in a universal championship match. Plus Roman Reigns, Braun Strowman and The New Day; and many more. Card is subject to change. MWR Leisure Travel has discounted tickets for Section 115, rows 89 and 10, at \$43.50 per person. On sale until **March 9**.

Monster Jam

This. Is. Monster Jam! The most action-packed motorsports experience for families in the world today returns to Moline for another high-octane weekend featuring the ultimate mix of high-flying action and four-wheel excitement at the TaxSlayer Center on **Saturday and Sunday, May 16 and 17**. The Party in the Pits starts at 4:30pm and goes to 6 p.m. on Saturday and 10:30 a.m. to 12 p.m. on Sunday. The party in the pits gives fans the opportunity to get a view of the trucks up close and meet the drivers of the massive Monster Jam trucks. *No pit party entry after 5:30 p.m. on Saturday and 11:30 a.m. on Sunday. MWR Leisure Travel has discounted seats on sale until **Monday, April 27**; \$23, \$28, \$33, \$38, \$15 pit passes.

Quad City Storm Discount Tickets

MWR Leisure Travel Office has \$20 seating vouchers for \$18 to all home games to the Quad City Storm. For more information give the office a call at 309-782-5890. The Quad City Storm is a professional minor league hockey team that began play in the 2018–19 season as a member of the Southern Professional Hockey League. The team is based in the Quad Cities area of Illinois and Iowa, with home games at the TaxSlayer Center in Moline. The team replaced the ECHL's Quad City Mallards.



Quarters One Still Available For Private Events

Autumn is here and the holiday season is fast approaching — what better location to host your office party or other private event than at the majestic and historic Italianate-style mansion of Quarters One. Historical Quarters One is a 1870s era beautiful mansion that is perfect for many different types of events. Please contact the FMWR Leisure Travel Office at 309-782-5890 for more detailed information or to make your reservations. Quarters One (also known as Building 301) is the former residence of the highest-ranking officer on the Rock Island Arsenal. At 51 rooms and 21,965 square feet, when it was still used as military quarters, it was the second-largest federal residence in the United States, behind the White House. Work begun on Quarters One under General Thomas S. Rodman in May 1870 and was completed in 1872 under Major Flagler. The home was built for the purpose of providing quarters for the highest-ranking officer as well as providing space for official gatherings and functions. The first major gathering held in the residence was in 1871 for the funeral of General Rodman. Over the years, many dignitaries and notable personalities stayed at the residence including Charles Lindbergh in 1927 and King Carl XVI Gustav and Queen Silvia of Sweden in 1996. In 2006, the Army decided to discontinue its use as a residence. The last occupants, Maj. Gen and Mrs. Robert M. Radin, left in 2008.

Choice Hotels

Need lodging for the night or for vacation? Choice Hotels has more than 3,500 participating hotels worldwide. Stay with a Choice Hotel and save every time. Go to www.choicehotels.com and enter ID#0023054 to save 15% on your stays.

Leisure Travel Has Discount Tickets on Theme Park Fun

Are you headed to Florida for Disney World or Universal Studios fun? Staying closer to home and looking for deals on Six Flags tickets? The Leisure Travel Office in Building 333 should be your first stop. With deep discounts on tickets to all these great parks, we can save you some money. Call Leisure Travel at 309-782-5890 for more info and to book your tickets.



Child & Youth Services provides a full range of child care programs and services for children ages six weeks through senior year in high school. Services include full-day, part-day, hourly, pre-k, school outs, summer programming, sports and fitness, and instructional classes. All CYS programs/facilities will be closed all federal holidays, CYS CDC/CD Home/FCC staff inservice day and any other additional days/installation closures approved by the garrison commander. Fees will not be reduced, refunded, or prorated for these days. (Website: https://rockisland.armymwr.com/categories/cys-services) (Facebook: www.facebook.com/RIACYSS)

Teen Carnival

The RIA Teen Council invites all 6th-12th grade youth to our teen carnival. Youth will have the opportunity to play carnival games, win prizes, and eat carnival food. This no cost event is on **Friday, Feb. 7**, 6-9 p.m., at the School Age Center, Building 150. Youth must sign up for the event to participate, but they do not need to be registered with CYS. Youth are welcome to bring a friend. To sign up for the event call 309-782-6515 or 309-782-0814.

Teen Bowling Night

On **Thursday, Feb. 20**, CYS is having a teen bowling outing to High Five Lanes and Games at the TBK Sports Complex in Bettendorf from 4:30-7:30 p.m. There is no cost for bowling, but teens need to bring money for food. Teens will meet at and return to the School Age Center and be transported via CYS bus to the sport complex. Youth need to be signed up for the event, be registered with CYS, and parents must sign a permission slip for youth to participate. To sign up for the outing call 309-782-6515 or 309-782-0814.

Summer 2020 Information for Kid and Teen Programs

We have two programs that will run this summer; the Summer Day Camp Program for K-5th graders and the Teen Summer Program for 6th-8th graders.

Summer Day Camp

For all participants who are in grades K-5: To get on the list for Summer Day Camp you will need to go on <u>MilitaryChildCare.com</u> and request the weeks you are looking for care there. If you do not have an account yet, please create your account before the sign-up date. The date and time that the Summer Day Camp program opened in <u>Militarychildcare.com</u> was: Jan. 13.

Teen Summer Program

For all participants who are in grades 6-8; you will have to send an email to: <u>usarmy.ria.imcomcentral.mbx.usag-rock-cys@mail.mil</u> to get on the waitlist. The subject line should be "Teen Summer Care Request." In the body of the email please list your child(s) name and the weeks you

are requesting care. The requests will be filled the same way the Summer Day Camp is filled. We will go by priority, the date you requested care, and the time you requested care. The date and time that the Teen Summer Program opened was Jan. 14. If you have any questions, please feel free to call the School Age Center at 309-782-5019.

Teen Homework Enrichment Program

Attention teen parents – CYS has a new program for teens! Studies have shown that the time of day youth begin to engage in risky behaviors is between the hours 3-6 p.m. when they have an empty and parent-free home. It is the mission of Child & Youth Services reduce the conflict between mission requirements and parental responsibilities. Our goal is to provide programs and services for children and youth which enable learning, encourage positive choices, and foster the development of positive self-concept and the feeling of acceptance. CYS has a new homework enrichment program for 6th-12th grade youth. Teens enrolled in this program will be provided a snack, homework assistance, and the opportunity to engage in a variety of activities with friends after school in our "teens only" room. There is no cost for the program and free bussing from Bettendorf and Pleasant Valley High Schools, Bettendorf Middle School, and Pleasant Valley Junior High to the program will be provided each afternoon for those enrolled. There is no minimum participation requirement, and youth enrolled in the program will have access throughout the school year. Youth must register with CYS to participate. To register call Parent Central Services at 309-782-2165.

RIA Teen Council

Date Change for the RIA Teen Council meetings! The RIA Teen Council will now be meeting held on the first Tuesday of the month from 5-6 p.m. at the School Age Center, Building 150. We hope our teen leaders will join our RIA Teen Council. We are looking for youth leaders interested in planning our teen program and events, earning service learning / volunteer hours, making new friends, and learning new skills such as marketing, budgeting, and event planning. Participating on the Teen Council also looks great on scholarship, college, and job applications. The Teen Council is open to all Arsenal affiliated youth grades 6-12. Youth do not have to register to participate, just come join us on the first Tuesday each month. For more information call 309-782-6515 or 309-782-0814.



Army Community Service is an Army-wide community, social service program that provides services that assist Soldiers, Family members, and Department of the Army civilians maintain readiness, develop self-reliance, resiliency and stability. U.S. Army Installation Management Command provides these services through a network of programs that support goals related to recruitment, retention, morale, and operational readiness of the force. ACS on RIA is located in Bldg. 110, 1st floor SE; visit our ACS website

https://rockisland.armymwr.com/programs/army-community-service or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here: www.facebook.com/RIAACS. 24/7 Domestic Violence Crisis Line: 309-912-6089.

Advanced Résumé Class

Join us for our Advanced Resume Class being held **Friday**, **Jan. 31**, in ACS, Building 110. Come learn tips and techniques to tailor your résumé for federal employment. Class is intended for military spouses, but is open to all service members, DA civilians (APF & NAF), military Retirees, and their family members. RSVP by **Thursday**, **Jan. 23**, by calling 309-782-0829/0815 or emailing travis.j.phillis.civ@mail.mil.

Family Game Night

Join us on **Thursday, Feb. 13**, 6-8 p.m., for a Family Game Night in Heritage Hall. There will be plenty of games to choose from, including life size Jenga, tug of war, and a game of Capture the Flag between parents and children. There will also be board games and cards in the Lock and Dam Lounge and Grill dining room. Come early for dinner and enjoy chicken tender and burger baskets for \$5 each. For more information, contact ACS at 309-782-0829.

Self-Care Workshop

Join Family Advocacy on **Thursday, Feb. 20**, 4-5 p.m., at the Rock Island Arsenal Museum, to learn about self care, why it is important, debunk common myths about self care and develop your own self care plan. Open to all RIA community members. RSVP with theresa.l.okeefe2.ctr@mail.mil or at 309-782-3773.

Newcomers Orientation

Offered the 4th Thursday of every month January to October. This is an all-day event that provides an opportunity to learn about the services available on RIA and learn about the Quad City Region we will call home. This is great way to get familiar with your resources and the area.

- Feb. 27
- March 26
- April 23
- May 28
- June 25
- July 23
- Aug. 27
- Sept. 24, 2020
- Oct. 22, 2020

The day consists of briefings and lunch; the day will be from 8 a.m. – 1 p.m. Light breakfast items (on site) and lunch at Building 60 cafeteria are provided courtesy of our sponsors RIA Federal Credit Union and USAA. R.S.V.P. required to sign up contact ACS at 309-782-0829. This event has a maximum and minimum participation requirement.

JMTC Factory Tour

The Army Community Service Relocation Assistance Program has coordinated a tour of the JMTC Factory on **Thursday, March 12**, 9-10:30 p.m. Join us in learning about the factory and its history and capabilities. This tour is open to new personnel (within the last 18 months), family members of deployed personnel, and multicultural families. Reservations are required by **Thursday, March 5**.

Volunteer Pot Luck Social Night

Calling all volunteers and volunteer supervisors. Come and take part in a night to socialize with other volunteers across Rock Island Arsenal. The event is an informal potluck open to anyone who

volunteers in a Rock Island Arsenal activity and the volunteer supervisors. Bring a dish to share and take advantage of a chance to meet new people and hear about what other volunteers are doing across the Installation. If you are interested in becoming a volunteer on Rock Island Arsenal, please contact Army Community Service at 309-782-0829.

• March 12

• Sept. 10

Location: Caisson Room, Building 60

Time: 5:30-8 p.m.

RIA Volunteer Advisory Council Meeting

This meeting is designed to provide a platform for the Installation to collaborate efforts, share information, and ideas, and discuss issues revolving around Volunteering. The meeting is held quarterly. If you would to attend an upcoming council meeting please contact ACS. Upcoming Council Meetings:

- April 7
- **July 6**
- Oct. 6, 2020

The meetings will be held from 9-10 a.m. in the ACS Training Room, 1st Floor, in Building 110. R.S.V.P. Required: to sign up contact ACS at 309-782-0829.

Relocation Assistance Coordinating Committee

This meeting is designed to provide a platform for the Installation to collaborate efforts, share information, and ideas, and discuss issues revolving around Relocation to and from Rock Island Arsenal. The meeting is held Bi-Annually. Upcoming Council Meetings:

- April 9
- Oct. 8, 2020

Time: 10-11 a.m.

Location: Building 110; 1st floor, ACS Training Room R.S.V.P. required; to sign up contact ACS at 309-782-0829

Overseas Orientation

Are you taking an assignment in an overseas location? Let Army Community Service Relocation Assistance programs provide you with a country specific brief that includes information on the PCS process, travel requirements, entitlements, and things you need to know before you go and much more. The orientation is offered monthly on the first Tuesday of the month starting at 9:30 a.m. Spouses are highly encouraged to join. R.S.V.P. is required. To sign up contact ACs at 309-782-0829.

Face to Face Sponsorship Training

Sponsorship is the key to a smooth transition and proper unit integration. Sponsorship is available to both military and civilian entities. A well informed and well equipped sponsor has the ability to support unit readiness during a time of turnover and transition. Good sponsors have the ability to set a positive tone for unit moral and support. Army Community Service offers face to face sponsorship training that provides sponsors with the tools necessary to perform their sponsorship duties efficiently and effectively. The training is offered monthly on the first Friday of the month in the ACS Training Room. R.S.V.P. is required. To sign up contact ACS at 309-782-0829. Unit training is available upon request.

MWR Outdoor Recreation Office

Outdoor Recreation is your one-stop rental shop for all your outdoor adventures, special events, home maintenance and repair. No matter the season, we have the equipment to get you out into the great outdoors. From skis and snowboards to campers and canoes, we have you covered. Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Bldg. 333, Phone: 309-782-8630. (email: robert.l.lampert.naf@mail.mil), Website: https://rockisland.armymwr.com/programs/outdoor-recreation

Equipment Rentals for All Your Winter Outdoor Adventures

With the cold and snow seemingly here for the season, local ski areas are opening and there are lots of ways to recreate and get outside this winter. If you're looking for skis, boots and snowboards to swish down the slopes at Snowstar Winter Park, Sundown or Chestnut Mountain Resort, call Outdoor Rec. at 309-782-8630 to save money on your rental gear. Maybe gliding/stepping silently through a winter wonderland is more your speed... we have cross country skis, boots and snowshoes as well. Heading to the rink or lake? Don't forget, we have ice skates and ice augers for rent as well. We also offer waxing and sharpening services for all your personally owned winter gear so stop in to Outdoor Rec in Building 333 (next to the Exchange) to see all the ways we can help you get out and have fun in the great outdoors this winter.

RV Storage Lot Spaces Available

Outside vehicle storage is offered in a secured access controlled lot. Patrons can store campers, boats, and personally owned vehicles and more. Fees for outdoor storage spaces are \$30/month and with no contract you can store with us for as little or as long as you need. For more info and to reserve your spaces, call Outdoor Recreation at 309-782-8630.

Cargo Trailers

Are you moving your kids back from college or changing residence? To help make this move easier Outdoor Recreation has cargo trailers available for your use. Please call 309-782-8630 for more information or to make your reservation.

Special Event Equipment

Do you have a special event coming up? Outdoor Recreation has party canopies, tables, chairs, charcoal grills, backyard games and bounce houses to help ensure the success and fun of your event. Please call 309-782-8630 for more information or stop by Outdoor Recreation any time Monday through Friday from 8:15 a.m. to 4 p.m. and our staff will gladly show you all of the items available.

Employee Assistance Program

The ASAP/EAP is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. The ASAP/EAP promotes healthy lifestyles. Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal. ASAP/EAP is located in Bldg. 56, 1st floor; visit our ASAP/EAP website https://home.army.mil/ria/index.php/my-fort/all-services/army-substance-abuse-program or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. Find us on Facebook click here: www.facebook.com/RIAEmployeeAssistanceProgram.

There are no announcements at this time.



Army Continuing Education System (ACES) is the Army's method for delivering educational opportunities to Soldiers that remediate, develop, and enhance skills needed for present and future jobs. The Army Continuing Education Division (ACED) promotes lifelong learning, readiness and resilience through flexible and relevant education programs, services and systems in support of the Total Army Family. The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 8 a.m. – 3:30 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. Please visit our website to learn more: https://home.army.mil/ria/index.php/my-fort/all-services/continuing-education-services

National Defense Industrial Association Scholarships

The NDIA Scholarship Committee is now accepting applicants for \$2,500 scholarships. Scholarship applications and additional eligibility criteria may be found by clicking on the scholarship application line at www.ndia-ia-il.org. Applications must be postmarked **April 11**, or earlier. For more information, call 563-650-3252 after 5 p.m.

Sqt. Paul Fisher Scholarships

NDIA is now accepting applicants for the awarding for \$2,500 Sgt. Paul Fisher Scholarships. Scholarship applications and eligibility criteria may be found by clicking on the scholarship application line at www.ndia-ia-il.org. Applications must be postmarked **April 11**, or earlier. For more information, call 563-650-3252 after 5 p.m.



The Rock Island Commissary, www.shopmyexchange.com/exchange-stores/United%20States/IL/Rock%20Island/Rock-Island-Arsenal-9999912, are for active duty military and retirees only (soon to include veterans with service-connected disabilities and others – see details). There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you. Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information here: www.commissaries.com/shopping/store-locations/rock-island-arsenal. For information on this and other Commissaries, visit: www.commissaries.com (Facebook: www.facebook.com/YourCommissary)

If you would like to be placed on our email contact list to receive periodic information on events happening at your Rock Island Arsenal Commissary, please email us at: rockisland@deca.mil and type 'Subscribe' in the subject line.

DeCA Reports Fiscal 2019 Customer Savings Of 25.6%

Commissary overall worldwide customer savings exceeded 25 percent for fiscal 2019, reported the Defense Commissary Agency. Worldwide savings is a combination of U.S. (including Alaska and Hawaii) and overseas commissary savings figures. Savings overseas is nearly double what it is in the states. The latest savings report reflects a continuing annual rise in savings from the fiscal 2016 baseline global savings of 23.7 percent to a fiscal 2019 mark of 25.6 percent. Global savings dipped to 23.32 percent for fiscal 2017, but rose to 23.9 percent in fiscal '18. Congress requires that DeCA maintain savings at levels reasonably consistent with the fiscal 2016 baseline. (More: www.commissaries.com/our-agency/newsroom/news-releases/deca-reports-fiscal-2019-customer-savings-256)

Exchange's BE FIT Gear Helps Military Shoppers Focus on Fitness in the New Year

The Army & Air Force Exchange Service is providing Soldiers, Airmen and the military community with the tools needed to stay ready and resilient in the new year. Military shoppers can find the latest athletic apparel and shoes, fitness trackers and workout equipment—everything they need to live a BE FIT lifestyle—at their local Exchange and at ShopMyExchange.com. Nearly 71 Exchanges worldwide feature BE FIT concept shops, where Soldiers and Airmen can find athletic apparel and footwear in one convenient spot. The shops, which look and feel like major sporting goods stores, are part of a strategic initiative to bring top national brands to military shoppers at competitive prices. (More: www.dvidshub.net/news/360071)

Shop Your Commissary for Discounts on Game-Day Treats That Help You Save More Money

It's win or go home for professional football teams competing for a spot in the big game. However, military customers all come out victorious if they shop their commissary for the food and drinks to

score big at their house party or barracks get together. "I don't know who's going to win it all in football, but I do know your commissary has everything you need to save a lot on your big game menu," said Army Command Sgt. Maj. Tomeka N. O'Neal, senior enlisted advisor to the DeCA director. "Chicken wings, veggie and fruit trays, nacho fixings, pizzas, sodas, water, snacks and dips – whatever you want is available at discounted savings. "And don't lose out on the savings at your base exchange on that big screen television at discounted prices, either," she said. (More: www.commissaries.com/our-agency/newsroom/news-releases/shop-your-commissary-discounts-game-day-treats-help-you-save-more)

Exchange Offers \$1,000 in Gift Cards with Fill Your Gym Bag Sweepstakes

Military shoppers can give their New Year's fitness resolutions a boost with the Army & Air Force Exchange Service's Fill Your Gym Bag sweepstakes, sponsored by Adidas. From Jan. 17 to Feb. 17, Exchange shoppers can enter to win a \$100 Exchange gift card toward filling up their gym bags with fitness necessities such as digital trackers, athletic wear, shoes, accessories and more at ShopMyExchange.com/sweepstakes. Ten gift cards will be awarded. "The Exchange promotes a BE FIT lifestyle focused on the health and well-being of Airmen, Soldiers, retirees, military families and Veterans," said Air Force Chief Master Sgt. Luis Reyes, the Exchange's senior enlisted advisor. "This sweepstakes can help shoppers make those fitness resolutions a reality." (More: www.dvidshub.net/news/359416/exchange-offers-1000-gift-cards-with-fill-your-gym-bag-sweepstakes)

Exchange Extends Return Policy for Holiday Shopping Through Jan. 31

Military shoppers have no need to fret if they get that perfect gift in the wrong size or receive the same gift twice—the Army & Air Force Exchange Service is extending its return policy for the holiday season. Shoppers will have until Jan. 31 to return items purchased Nov. 1 through Dec. 24 with a sales receipt. (More: www.dvidshub.net/news/350930)



Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sundays and Mondays, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. (website: www.arsenalhistoricalsociety.org) (Facebook: www.facebook.com/RIAMuseum)

Brown Bag Lunch & Learn - 75th Anniversary, the Battle of Manila

Join us for the Brown Bag Lunch & Learn - 75th Anniversary, the Battle of Manila on **Monday**, **Feb. 3**, 12-1 p.m., in the Rock Island Arsenal Museum. February 2020 marks the 75th Anniversary of the Battle of Manila and retaking Corregidor, the final battles needed to retake the Philippines. Manila was the only significant urban battle of WWII in the Pacific, and Corregidor was perhaps the most daring airborne assault of the war. George Eaton from the ASC History Office will explain both events and how they allowed the Philippine return to peace while becoming a launch pad for the planned final assault on the Japanese home islands. All visitors to the Arsenal will need to obtain a visitor's pass at the Visitor Control Center adjacent to the Moline Gate (23 Prospect Drive, 61265)

EVAC Project - Experiencing Veterans & Artists Collaboration

Come in and check out our new exhibit at the Rock Island Arsenal Museum, EVAC Project - Experiencing Veterans & Artists Collaboration, which opened Dec. 14 and runs through **Saturday**, **Feb. 15**. Using storytelling and art, EVAC (Experiencing Veterans & Artist Collaboration) Project bridges the gap between civilians and veterans by educating the public about military life. EVAC curators interviewed veterans about their experiences, and artists made an edition of prints based on their interpretation of those stories. The prints are exhibited with excerpts from the interviews. As always, admission to the Museum is free.



WWI Lecture Series: Europe at War & the Zimmerman Telegram

Join us for WWI Lecture Series: Europe at War & the Zimmerman Telegram on Wednesday, Feb. 19, 6-7 p.m., in the Rock Island Arsenal Museum. Employees can get CLP credit for attending the lecture series at the museum; you just need to search "WW1" in TEDs to find the class. Beginning in 1914 into 1917 the major European powers clashed across a front hundreds of miles long. Soon, vast networks of opposing trenches would dominate what would be known as the Western Front. Meanwhile, a secret diplomatic communication sent by Arthur Zimmerman from the German Foreign Office to Mexico was intercepted by the British. The telegram proposed a military alliance between Germany and Mexico against the United States. The interception of the Zimmerman Telegram would change the course of the war. All visitors to the Arsenal will need to obtain a visitor's pass at the Visitor Control Center adjacent to the Moline Gate (23 Prospect Drive, 61265)

WWI Lecture Series: Stalemate on the Western Front

Join us for the WWI Lecture Series: Stalemate on the Western Front on **Wednesday, March 18**, 12-1 p.m., in the Rock Island Arsenal Museum. Employees can get CLP credit for attending the lecture series at the museum; you just need to search "WW1" in TEDs to find the class. The fight on the Western Front turned into a stalemate by 1915 and would remain largely unchanged for two more years. Join us to learn about this period during World War I when the war descended into a war of attrition. All visitors to the Arsenal will need to obtain a visitor's pass at the Visitor Control Center adjacent to the Moline Gate (23 Prospect Drive, 61265)



Coronavirus: What Providers, Patients Should Know

With news of the contagious and potentially deadly illness known as novel coronavirus grabbing headlines worldwide, military health officials say that an informed, common sense approach minimizes the chances of getting sick. Many forms of coronavirus exist among both humans and animals, but this new strain's lethality has triggered considerable alarm. Believed to have originated at an animal market in Wuhan City, China, novel coronavirus has sickened hundreds and killed at least 4. It has since spread to other parts of Asia. The first case of novel coronavirus in the U.S. was reported January 22 in Washington State. Anyone contracting a respiratory illness shouldn't assume it's novel coronavirus; it is far more likely to be a more common malady. "For example, right now in the U.S., influenza, with 35 million cases last season, is far more commonplace than novel

coronavirus, said U.S. Public Health Service Commissioned Corps Dr. (Lt. Cmdr.) David Shih, a preventive medicine physician and epidemiologist with the Clinical Support Division, Defense Health Agency. He added that those experiencing symptoms of respiratory illness – like coughing, sneezing, shortness of breath, and fever – should avoid contact with others and making them sick, Shih said. "Don't think you're being super dedicated by showing up to work when ill," Shih said. "Likewise, if you're a duty supervisor, please don't compel your workers to show up when they're sick. In the short run, you might get a bit of a productivity boost. In the long run, that person could transmit a respiratory illness to co-workers, and pretty soon you lose way more productivity because your entire office is sick." Shih understands that service members stationed in areas of strategic importance and elevated states of readiness are not necessarily in the position to call in sick. In such instances, sick personnel still can take steps to practice effective cough hygiene and use whatever hygienic services they can find to avert hindering readiness by making their battle buddies sick. Frequent thorough handwashing, for instance, is a cornerstone of respiratory disease prevention. "You may not have plumbing for washing hands, but hand sanitizer can become your best friend and keep you healthy," Shih said. (More: https://health.mil/News/Articles/2020/01/24/Coronavirus)

Mid-Season Flu Activity Increase: How to Keep Healthy

Influenza can affect anyone, from the everyday civilian to the active-duty service member. Current trends show an increase in flu activity at the halfway point of the season. While it's too early in the season to determine the overall severity of the flu, the Military Health System maintains readiness and resourcefulness to protect the armed forces and their loved ones from effects of the flu. The U.S. Centers for Disease Control and Prevention (CDC) has found an elevated level of influenza activity earlier in the season than is typically observed around this time. As of Jan. 16, the CDC estimates that there have been approximately 4,800 flu-related deaths and 87,000 hospitalizations nationwide this season. Active surveillance by the Defense Health Agency's Armed Forces Health Surveillance Division (AFHSD) has also found high levels of influenza activity among military personnel. Despite the increase in activity, MHS is prepared to sustain the health of service members and their families. All military personnel are required to be immunized against the flu annually to decrease susceptibility to infection. "Immunization is important given that military personnel live and work in close proximity with other members of the community," said Navy Cmdr. Shawn Clausen of AFHSD's Epidemiology and Analysis section. (More: https://health.mil/News/Articles/2020/01/22/Mid-season-flu-activity-increase-How-to-keep-healthy)

Transfer of Army Medical Treatment Facilities

The transfer of Army Medical Treatment Facilities is a major organizational change. This transition of the medical treatment facilities (MTFs) to the Defense Health Agency (DHA) will preserve the capability of the Department of Defense (DoD) and the U.S. Army to conduct the full range of military operations globally with medically ready personnel. This is Army Medicine's ongoing effort to globally align medical operations as outlined in the National Defense Authorization Act (NDAA) 2017 and 2019 with the National Defense Strategy (NDS). The transfer of Army hospitals to the DHA is designed to create a more integrated health care system, improve patient outcomes, and enable the readiness of the Army to support the Joint Force. The Army will continue to ensure medical readiness, support wartime requirements and enhance the quality of care for Soldiers and their Families. (More: www.army.mil/standto/archive_2020-01-24/?s_cid=standto)

HPV Vaccine Now Recommended For Those Up To Age 45

The Food and Drug Administration has raised the recommended age to receive the vaccine for human papillomavirus, or HPV to 45. Health care experts say that's good news for women and men

who did not receive the anti-cancer vaccine in childhood. "There are hundreds of different strains of HPV," said Navy Cmdr. Shannon Lamb, a urogynecologist and the U.S. Navy Bureau of Medicine and Surgery's Women's Health Branch chief. "The vaccine doesn't protect from all of them, but it does protect from the most common ones that cause different types of cancers as well as genital warts." HPV spreads through intimate skin-on-skin contact. Typically, the vaccine is recommended for girls and boys as young as age 9, and women and men up to age 26. "It's recommended for young people so they're protected before they're ever exposed to the virus," Lamb said. "HPV is a very common infection. Over 80 percent of people will be infected in their lifetime." (More: https://health.mil/News/Articles/2020/01/14/HPV-vaccine-now-recommended-for-those-up-to-age-45)



VA Releases Updated DOD List Identifying Agent Orange Sites Outside of Vietnam The U.S. Department of Veterans Affairs (VA) released in January an updated Department of Defense (DOD) list of locations outside of Vietnam where tactical herbicides were used, tested or stored by the United States military. "This update was necessary to improve accuracy and communication of information," said VA Secretary Robert Wilkie. "VA depends on DOD to provide information regarding in-service environmental exposure for disability claims based on exposure to herbicides outside of Vietnam." DOD conducted a thorough review of research, reports and government publications in response to a November 2018 Government Accountability Office report. "DOD will continue to be responsive to the needs of our interagency partners in all matters related to taking care of both current and former service members," said Defense Secretary Mark T. Esper. "The updated list includes Agents Orange, Pink, Green, Purple, Blue and White and other chemicals and will be updated as verifiable information becomes available." Veterans who were exposed to Agent Orange or other herbicides during service may be eligible for a variety of VA benefits, including an Agent Orange Registry health exam, health care and disability compensation for diseases associated with exposure. Their dependents and survivors also may be eligible for benefits. (More: www.va.gov/opa/pressrel/pressrelease.cfm?id=5388)

VA Launches Diabetes Campaign to Help Veterans, Health Care Teams Better Manage Care

The U.S. Department of Veterans Affairs (VA) launched a new campaign this month to give Veterans a better understanding of their diabetes numbers, which are critical to their well-being. The Understand Your Diabetes Numbers campaign educates Veterans and their families on hemoglobin A1C, glucose meter, blood pressure and kidney tests, and other vital measurements. "One in four Veterans enrolled in VA health care services has diabetes," said VA Secretary Robert Willkie. "This public health campaign encourages Veterans to be proactive with their health care teams by improving their understanding of diabetes test results. The campaign reflects VA's ongoing commitment to improve the health care experiences of Veterans by empowering them to be active partners in their care." (More: www.va.gov/opa/pressrel/pressrelease.cfm?id=5386)

VA Rep Office Hours at RIA - New Service Available on Rock Island Arsenal

The local Veterans Administration (VA) Outreach Representative for 16 counties in Iowa and Illinois, Shane Kern, will be at RIA twice a month to provide transitioning Soldiers (active duty,

Reserve and National Guard), Family members and area veterans easy, predictable access to VA services. Upcoming VA visits scheduled at ACS Office, Bldg. 110/1st Floor from 9 a.m. - 3 p.m.

- Friday, Jan. 24
- Tuesday, Feb. 11
- Friday, Feb. 28

Appointments are not required. For more information, please contact Shane Kern at his office at 309-755-3260; cell 319-541-1036 or Shane.Kern@va.gov.



An interactive version of Around the Q.C. is now available at: www.facebook.com/groups/275103093432020

Once you have joined you can see a listing a the Facebook events people have posted to the group at: https://www.facebook.com/groups/275103093432020/events

<u>Feb. 1</u>: Winter Carnival (Family Museum, library, park, and Life Fitness Center, Bettendorf) More: www.bettendorf.org

<u>Feb. 14</u>: Valentine Walk (Watchtower Lodge in Black Hawk State Historic Site in Rock Island) More: <u>www.blackhawkpark.org</u>

Feb. TBA: Moeller Nights Festival (Rust Belt, East Moline) More: www.moellernights.com

Feb. 13-16: Outdoor Adventure Show (QCCA Expo Center, Rock Island) More: www.qccaexpocenter.com

Feb. 21-23: RV & Camping Show (QCCA Expo Center, Rock Island) More: www.qccaexpocenter.com

<u>Feb. 24-March 1</u>: Quad Cities Restaurant Week (30+ restaurants in the greater Quad Cities) More: www.qcrestaurantweek.com

<u>March 12-15</u>: Missouri Valley Conference Women's Basketball Tournament (TaxSlayer Center) More: <u>www.mvcquadcities.com</u>

March 13: Gathering of the Clan Luncheon (RiverCenter, Davenport) More: www.stpatsqc.com

March 14: St. Patrick's Parade (Downtown Rock Island and Davenport) More: www.stpatsqc.com

March 18-21: Gathering of the Green (RiverCenter, Davenport) More: www.gatheringofthegreen.com

March 27-29: QCCA Flower and Garden Show (QCCA Expo Center, Rock Island) More:

www.qccaexpocenter.com

<u>May 2</u>: Tour de Brew QC (Bicycle ride to different breweries and establishments in the Quad Cities) More: www.gctourdebrew.com

May 2: Village in Bloom: Festival of the Arts (Village of East Davenport) More: www.villageinbloom.org

May 9-10: Beaux Arts Fair (Mississippi Valley Fairgrounds) More: www.beauxartsfair.com

May 24-25: Heritage Days (Walnut Grove Pioneer Village) More: www.scottcountyiowa.com

May 25: Quad Cities Kwik Star Criterium (Village of East Davenport) More: www.quadcitiescriterium.com

June TBA: BE Downtown/Chalk Arts Fest (Downtown Bettendorf) More: www.bettendorf.org

June 1-6: Quad Cities Senior Olympics (greater Quad Cities) More: http://gcsogo.org

June 5-6: Rhubarb Festival (Aledo, Illinois) More: www.aledomainstreet.com

June TBA: Gumbo Ya Ya: (Downtown Rock Island) More: www.downtownrockisland.org

June TBA: Pioneer Days (Colonel Davenport House, Rock Island Arsenal) More: www.davenporthouse.org

June 6-14: Quad Cities Museum Week (Greater Quad Cities) More: www.qcmuseumweek.com

June 21: Ride the River Bike Ride (Davenport Riverfront) More: www.riveraction.org

June 19-21: Planet Funk Con - Comic-Con (TBK Bank Sports Complex) More: www.planetfunkcon.com

June TBA: Quad City Air Show (Davenport Municipal Airport) More: www.quadcityairshow.com

July 3: Red, White & Boom! (Rock Island and Davenport) More: www.redwhiteandboomgc.org

July 4: Firecracker Run & Parade (East Moline) More: www.emmainstreet.com

July 3-4: Bettendorf Old-Fashioned 4th of July (Bettendorf) www.bettendorf.org

July TBA: Mississippi Valley Blues Festival (TBA) More: www.mvbs.org

```
July 6-12: John Deere Classic PGA Tour (TPC Deere Run, Silvis, Illinois) More: www.johndeereclassic.com
```

- July 11-15: Mercer County Fair (Fairgrounds, Aledo, Illinois) More: www.mercercountyfair.org
- July 9-11: Walcott Truckers Jamboree (Iowa 80 Truckstop, Walcott, Iowa) More: www.truckersjamboree.com
- July 14-18: Rock Island County Fair (East Moline) More: www.rockislandfair.org
- July 24-25: Downtown Street Fest (Downtown Davenport) More: www.downtowndavenport.com
- July 25: Bix 7 Run/Walk (Downtown Davenport) More: www.bix7.com
- <u>July 30-Aug. 1</u>: Bix Beiderbecke Memorial Jazz Festival (Rhythm City Casino Resort, Davenport) More: www.bixsociety.org
- Aug. 1: Heartland British Auto Fest (LeClaire Levee) More: www.qcbac.com
- Aug. 4-9: Great Mississippi Valley Fair (Mississippi Valley Fairgrounds) More: www.mvfair.com
- <u>Aug. 8</u>: Village Wine Walk (Village of East Davenport) More: <u>www.villageofeastdavenport.com</u>
- Aug. 13-15: Tug Fest (LeClaire, Iowa and Port Byron, Illinois) More: www.tugfest.org
- Aug. TBA: Ya Maka My Weekend (Downtown Rock Island) More: www.downtownrockisland.org
- Aug. 14-15: Quad Cities Balloon Festival (Iowa-side Quad Cities location TBA) More:

www.quadcitiesballoonfestival.com

- Aug. 15: Freedom Fest (East Moline) More: www.emmainstreet.com
- Aug. 15: Floatzilla (Sunset Marina, Rock Island) More: www.floatzilla.org
- Aug. TBA: Quad City Symphony Riverfront Pops (LeClaire Park, Davenport) More: www.gcso.org
- Aug. TBA: World Series of Drag Racing (Cordova International Raceway) More: www.racecir.com
- Aug. 22-23: Farm Days (Village of East Davenport) More: www.villageofeastdavenport.com
- Aug. 27-30: Alternating Currents Festival (Downtown Davenport) More: www.alternatingcurrentsqc.com
- Aug. 29: Vettes on the River (LeClaire, Iowa) More: www.visitleclaire.com
- <u>Sept. 5-6</u>: Rock Island Grand Prix (Downtown Rock Island) More: <u>www.rockislandgrandprix.com</u>
- **Sept. TBA**: QCA Heritage Tractor Parade & Show (John Deere Pavilion, Moline) More:

www.visitjohndeere.com

- Sept. TBA: VIVA Quad Cities Fiesta (Location TBA) More: www.vivaquadcities.com
- Sept. 12-13: Beaux Arts Fair (Davenport) More: www.beauxartsfair.com
- **Sept. TBA**: Taming of the Slough (Sylvan Slough) More: www.riveraction.org
- Sept. TBA: Brew Ha Ha (LeClaire Park, Davenport) More: www.jayceesqc.org
- <u>Sept. 19-20</u>: Riverssance Festival of Fine Arts (Village of East Davenport) More: <u>www.midcoast.org</u>
- Sept. 27: Quad Cities Marathon (Downtown Moline) More: www.qcmarathon.org
- Oct. 11: Apple Fest (Downtown LeClaire) More: www.visitleclaire.com
- Oct. TBA: Row the Miss Regatta (Mississippi River in Moline) More: www.tworiversymca.org
- Oct. 29: Fright Night (Schwiebert Park, Rock Island) More: www.downtownrockisland.org
- Oct. 24: Lagomarcino's Cocoa Beano 5K Race (Village of East Davenport) More: www.lagomarcinos.com
- Oct. 24-25: Boo at the Zoo (Niabi Zoo, Coal Valley, Illinois) More: www.niabizoo.com
- Oct. 24: Witches Walk & Costume Parade (Downtown LeClaire, Iowa) More: www.visitleclaire.com
- Nov. 21-29: Quad City Arts Festival of Trees (RiverCenter, Davenport) More: www.qcfestivaloftrees.com
- Nov. 21: Festival of Trees Parade (Downtown Davenport) More: www.qcfestivaloftrees.com
- Nov. 21: Lighting on the John Deere Commons (Downtown Moline) More: www.lightingonthecommons.com
- Nov. 29: Christmas Walk (Walnut Grove Pioneer Village) More: www.scottcountviowa.com
- Dec. 6: 19th Century Christmas (Butterworth Center, Moline) More: www.butterworthcenter.com
- Dec. TBA: Christkindlmarkt Quad Cities (Freight House, Davenport) More: www.christkindlmarktqc.com
- **Dec. TBA**: Season of Light-Star of Bethlehem (Augustana College planetarium) More: www.augustana.edu



C

Col. Stephen C. Marr, Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of AR 360-1 www.army.mil/usapa/epubs/pdf/r360 1.pdf by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Public Affairs, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For submission of announcements to the Island Insight, use the following link: https://home.army.mil/ria/index.php/contact/public-affairs. To send comments email usarmy.ria.imcomcentral.mbx.usag-ria-pa@mail.mil or phone 309-782-1121.