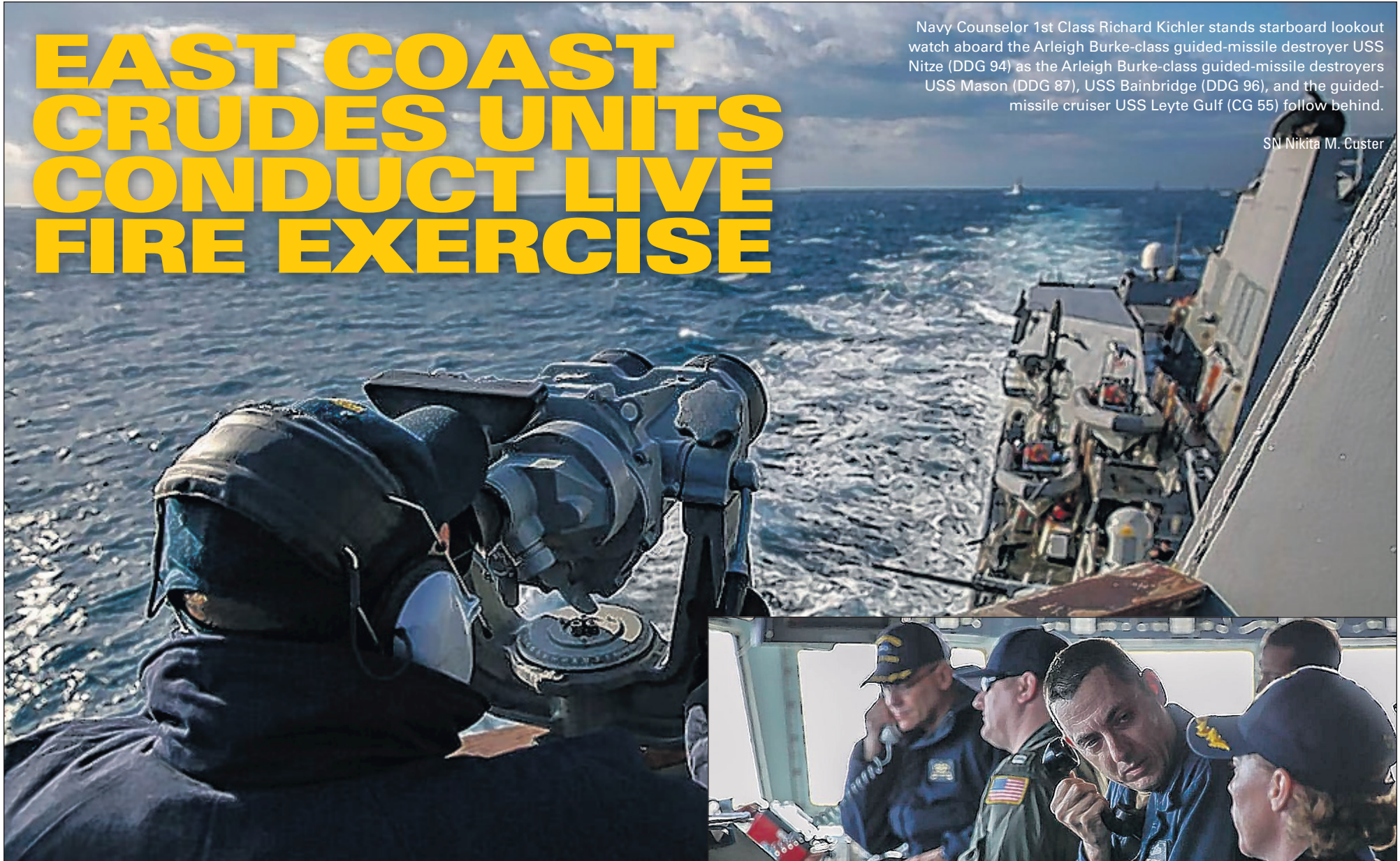




Navy Counselor 1st Class Richard Kichler stands starboard lookout watch aboard the Arleigh Burke-class guided-missile destroyer USS Nitze (DDG 94) as the Arleigh Burke-class guided-missile destroyers USS Mason (DDG 87), USS Bainbridge (DDG 96), and the guided-missile cruiser USS Leyte Gulf (CG 55) follow behind.

SN Nikita M. Custer

From Carrier Strike Group 12 Public Affairs

ATLANTIC OCEAN

Warships from the USS Abraham Lincoln (CVN 72) Carrier Strike Group (CSG), along with other Norfolk-based cruiser-destroyer (CRUDES) units, participated Nov. 5 in a Live Fire With A Purpose (LFWAP) missile exercise (MSLEX) off the East Coast of the U.S. demonstrating enhanced lethality, capability and readiness.

The LFWAP program is a reinvigorated MSLEX program designed to increase fleet lethality and tactical proficiency. It provides the surface warfare enterprise an opportunity to examine human, system and tactics, techniques, and procedure performance with an eye toward rapid increases in tactical proficiency, crew confidence, and lethality.

Since early 2016, when the Naval Surface

and Mine Warfighting Development Center (SMWDC) was designated as the executive agent for commander, U.S. Pacific Fleet and Commander, U.S. Fleet Forces Command’s MSLEX program, the SMWDC LFWAP team has supported over 85 surface combatants in firing more than 100 Standard Missile 2 (SM-2), Rolling Airframe Missiles, and NATO Sea Sparrow Missiles. On May 28, 2018, the guided-missile destroyer USS The Sullivans (DDG 68) launched an SM-2 to mark the centennial missile firing.

Over the last three years, these live fire events have become more complex with each event enhancing our fleet’s weapon systems’ competency and efficacy. The LFWAP provides a more intensive tactical training experience to the watch team, making it more robust than traditional MSLEX events. LFWAP events are a shift away from scripted



SN Nikita M. Custer

Ensign Scott Stephen (center right) speaks with Cmdr. Zoe Arantz (right), the commanding officer of the Arleigh Burke-class guided-missile destroyer USS Nitze (DDG 94) during a strait transit training event.

events toward more scenario-driven events.

“In partnership with my former command [SMWDC], we developed a comprehensive Live Fire With A Purpose missile exercise that was tactically relevant and technically challenging,” said Rear Adm. John Wade, commander, CSG 12. “Scenario development is aimed to put the ships and their crews in challenging scenarios that mirror

the threats they could potentially face on deployment.”

Over the course of the LFWAP events, an Integrated Air and Missile Defense (IAMD) Warfare Tactics Instructor (WTI) leads the teams through the plan, brief, execute and debrief process including the planning,

» See **LIVE FIRE** | 7



Capt. Scott Smith, Pre-Commissioning Unit (PCU) Michael Monsoor’s (DDG 1001) commanding officer, salutes the British aircraft carrier HMS Queen Elizabeth (R08) during a photo exercise.

MC1 John Philip Wagner, Jr.

Future USS Michael Monsoor and HMS Queen Elizabeth conduct PHOTOEX

By Lt. Rob Reinheimer

PCU Michael Monsoor (DDG 1001)

ATLANTIC OCEAN

Two of the world’s most technologically sophisticated warships, the future USS Michael Monsoor (DDG 1001) and the British Royal Navy aircraft carrier HMS Queen Elizabeth (R08), conducted a photo exercise (PHOTOEX) with the Arleigh Burke-

class guided-missile destroyer USS Lassen (DDG 82) and RFA Tidespring (A136), a Tide-class replenishment tanker of the British Royal Fleet Auxiliary (RFA), Nov. 11.

The rendezvous was a reminder of the long alliance between two maritime nations.

“To come together on Veterans/

» See **PHOTEX** | A7

Distance Learning degree, certificate opportunities announced

From Chief of Naval Personnel Public Affairs

WASHINGTON

Navy announced Naval Postgraduate School (NPS) distance learning defense-focused master’s degree program opportunities for fiscal year 2019, including the Executive Master of Business Administration (EMBA) and graduate certificates, in NAVADMIN 275/18, Nov. 15.

These distance learning programs enable students to earn certificates or degrees at locations across the nation and around the globe.

NPS distance learning programs are part-time programs, normally lasting 12 to 24 months for officers, Department of Defense (DoD) civilians and some DoD contractor personnel who are unable to attend NPS residential graduate programs.

Distance learning master’s degree pro-

grams consist of one or two classes per quarter, for eight or nine quarters.

The EMBA is a 24-month, part-time on-line graduate program focused on financial resource management. This fully funded program targets middle to senior-grade active-duty officers, lieutenant commander (select) and above (lieutenant by waiver).

Admission to the EMBA program is available to applicants in any geographic location. The application deadline for the spring 2019 program is Dec. 7, 2018, with online instruction beginning April 2019.

Naval officers completing the EMBA are awarded the 3100P subspecialty code. Officers interested in the EMBA program can visit the NPS EMBA home page at www.nps.edu/emba for detailed eligibility requirements.

All officers who enroll in a NPS distance learning master’s degree will incur a 2 to 3-year service obligation upon course completion/withdrawal, and all who enroll in a NPS certificate program will incur a 1-year service obligation upon course completion/withdrawal.

Copies of transcripts and participation agreements are required to support the

» See **DISTANCE** | A7



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USNS COMFORT REACHES MID-DEPLOYMENT IN PANAMA

Hospital ship USNS Comfort (T-AH 20) transited the Panama Canal, Nov. 11, following a two-day port visit in Panama City.

» see A6



REAGAN & STENNIS STRIKE GROUPS TEAM UP IN THE PHILIPPINE SEA

Ronald Reagan and John C. Stennis are underway and conducting operations in international waters as part of a dual carrier strike force exercise.

» see B1

USO HOME FOR THE HOLIDAYS CONCERT

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» see C1

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Dr. Scott Gottlieb, FDA Commissioner (left) and Mr. Thomas McCaffery, Principal Deputy Assistant Secretary of Defense (Health Affairs) (right), congratulate one another following the signing of a memorandum of understanding between the DoD and the FDA. The ceremony acknowledges the existing partnership and the future collaboration on accessing life-saving medical products for U.S. troops on the battlefield.

From health.mil

DoD, FDA working together to benefit warfighters

From Military Health System Communications Office

In a move to better serve the unique needs of the nation’s warfighters, leaders from the U.S. Food and Drug Administration and the Office of the Assistant Secretary of Defense for Health Affairs signed a memorandum of understanding to foster and prioritize the development of critical medical products.

The signing of the memorandum formalizes the partnership between the FDA and the Department of Defense that was authorized under a law enacted by Congress in 2017. Under this law, DoD is able to request help in speeding up development and review of products used to diagnose, treat, or prevent serious or life-threatening diseases and conditions faced by service members. It also allows for emergency use of medical products for threats that pose a specific risk to service members, including biological, chemical, ra-

diological, or nuclear agents.

The FDA will continue to work with DoD to evaluate how to best access medical products that serve the military’s medical needs and rush review of priority DoD medical products. The FDA will also provide advice for the development and manufacturing of these products, and examine those that are already under development to determine which will streamline review.

The memorandum directs specific actions between the agencies, including semi-annual meetings at the senior-leader levels, quarterly meetings with FDA centers, and collaborations on emergency use of products.

Dr. Terry Rauch, acting deputy assistant secretary of Defense for Health Readiness Policy and Oversight, said the memorandum enables the Military Health System to speak through one voice with the FDA on strategic issues and to move forward on urgent needs

with a prioritized DoD list for the FDA to focus on.

“DoD and FDA have always been committed to safe and effective products for our service members, and this [memorandum] really solidifies the needed relationship to provide these most effectively,” said Rauch. “We have already seen increased readiness due to the collaborative efforts with the approval of three medical products since the release of the law.”

The FDA has approved the use of an auto-injector for nerve agent exposure, a prophylactic drug for malaria, and the RECELL system for point-of-care skin regeneration in trauma patients. These products were approved after the release of the law, and the memorandum strengthens these efforts even further, he said.

“These products are critical to warfighter readiness in deployed environments and to

the far-forward care settings that we face,” said Rauch. “Battlefield trauma and prolonged field care are at the forefront of challenges in military medicine.”

Earlier this year, the FDA granted emergency use authorization for DoD’s use of freeze-dried plasma. Rauch described it as a life-saving product designed for austere environments, which can now be used in a much more streamlined process under the authorization. In addition, the FDA approved a new malaria prophylactic drug, tafenoquine, in August.

“The FDA has been incredibly helpful and forward-leaning with all aspects of interaction on DoD medical product development,” said Rauch. “We are grateful that there is an increased interest by the leadership to drive collaboration, and we are leveraging that interest to the fullest.”

OPERATION JINGLE 2018

From Navy-Marine Corps Relief Society

NORFOLK

All Hampton Roads area active duty service members are invited to participate in the annual Operation Jingle, sponsored by the Hotel Association and Convention and Visitors Bureaus from Norfolk, Virginia Beach and the Peninsula/Williamsburg. The annual holiday program provides complimentary hotel accommodations to the visiting families of locally stationed service members who are unable to go home for the holidays. 2018 marks the 20th anniversary of Operation Jingle’s beginning, and Navy-Marine Corps Relief Society is proud to partner with local hotels and motels to offer this great opportunity.

Operation Jingle provides a three-night stay in local hotels from the 23rd of December through the morning of the 26th of December. To qualify, service members must live aboard ships or reside in one of the local barracks or single PPV housing. Commands must verify that the rooms will be used for families traveling to and from the Hampton Roads area to spend the holidays with their service member. Room availability is limited. Rooms will be reserved on a first come-first-served basis.

To participate, commands must designate a representative as the command’s single point of contact to coordinate the delivery of applications and confirmation information with the Norfolk Navy Marine Corps Relief Society. The only charge for the room is a non-refundable reservation fee of \$10.00 per room, per night, paid at the time the request is turned in. The entire reservation fee will be donated to the Navy-Marine Corps Relief Society (NMCRS). Reservation fees ensure that all rooms are used. Hotels require 24 hour cancellation in the event rooms cannot be used.

Deadline for submission is 19 December. Commands may request registration forms from Tom Gaff, Norfolk Navy Marine Corps Relief Society by calling 757-322-1175 or e-mail at thomas.gaff@nmcrs.org.

All incidental expenses incurred during the hotel stay, to include phone calls, laundry services, movies, room service and other meals are the responsibility of the service member reserving the room. Command representatives of underway commands/units unable to meet the 19 December deadline should contact Mr. Gaff for more details.



NAVY-MARINE CORPS RELIEF SOCIETY®

Courtesy image



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NEWS FROM NAS OCEANA

NAS Oceana Command Security Manager celebrates 50 years of government service

By MCSN Mark Thomas Mahmood
Naval Air Station Oceana Public Affairs

VIRGINIA BEACH, VA.

It was June 1968 when Crystal J. Forehand first walked into downtown Norfolk’s Rotunda building, seeking a civil service job in order to supplement her husband’s paycheck as he was preparing to leave the Navy.

Not knowing she was seeking a government job during a hiring freeze, there were only two jobs available: a typist and a card punch operator.

After some contemplation, she took the offer for the card punch operator job and began her training at Navy Personnel Accounting Machine Installation Atlantic (PAMILANT), the command she continued working at for six and a half years.

Following PAMILANT, she served at Navy Data Processing Service Center Atlantic (DPSCLANT), the United States Liaison Office to Supreme Allied Commander Atlantic (SACLANT), and Commander Submarine Force Atlantic (SUBLANT).

In January 1988, Forehand started working at Naval Air Station Oceana as the security manager and is still there 30 years later.

With a career continuing over 30 years, Forehand has seen many changes, not only on board NAS Oceana, but in the entire Navy.

In 1988, the Base Realignment and Closure began affecting military bases throughout the United States, leaving NAS Oceana as the Navy’s only remaining master jet base. In 2005, NAS Oceana was on the chopping block because of BRAC, but a decision was

eventually made to keep the base open.

“When we were going through BRAC, people had bumper stickers and posters on their office doors saying, ‘We Love Jet Noise,’ said Forehand. “We do really love the sound of the jet noises. If it wasn’t for the jet noise, we wouldn’t be here. We wouldn’t have our jobs.”

After working at four other commands over the span of 20 years before heading to NAS Oceana, Forehand said the reason she’s stayed at this one for 30 years is the people.

“Working for tremendous commanding officers who give me the support I need to do my job is a big reason why I stayed here,” said Forehand. “When I’m talking to my counterparts at other places, who say they don’t receive that kind of support, I don’t know how they do their jobs.”

Forehand said it’s not only support from the one she reports to that allows her to enjoy doing her job, it’s the support of those she works alongside of.

“I can pick up the phone and call a security point of contact, whether it’s at base security or air operations, and know that once I’ve spoken with them, they will put into action whatever needs to happen,” said Forehand.

Forehand said the one word to sum up her time at NAS Oceana is “teamwork.”

Over her 50 years of government service, Forehand said she’s learned plenty of important things at each of the commands she’s worked for.

After a month and a half of working at PAMILANT, word spread that the command was going to be disestablished, and she feared she would lose her job after work-



U.S. Navy photo

ing there for such a short time. In reality, it took six and a half years for the command to disestablish, and she learned her first lesson: “Don’t get too excited or worried when you hear something, because everything takes time.”

While she was working at DPSCLANT, it eventually became a fee-for-service command. If ships needed service through DPSCLANT, they now needed to pay for the service. At that time, she said she learned her second lesson: “Things change, and you have to adapt.”

At the United States Liaison Office to SACLANT, she learned to work alongside foreign nationals. She said it was interesting to work alongside people from other countries and learn their customs.

At SUBLANT, she said she got her first experience with the “silent Navy,” saying she couldn’t elaborate on much of the work

she’s done there.

Finally, after arriving at NAS Oceana, she said she’s learned so much more about the Navy and the aviation community.

“I am in awe when I consider the pilots that fly with the squadrons,” said Forehand. “They have so much on their plate in terms of duties and responsibilities.”

After gaining 50 years of experience working for the government, Forehand said the biggest thing she’s learned came from a quote she once read that said, “One thing that is constant is change.”

“Just about the time you think you understand something, it changes,” said Forehand. “Flexibility is definitely something you have to have, and though I’ve been here for 30 years, no two days are the same.”

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Working group promotes Navy application modernization and accelerated delivery to afloat platforms

From Program Executive Office Command, Control, Communications, Computers and Intelligence Public Affairs

SAN DIEGO

Representatives from the Navy’s Tactical Networks Program Office (PMW 160) worked with Space and Naval Warfare Systems Command (SPAWAR) Systems Center Pacific (SSC Pacific) recently to co-host the Application Integration (AI) and Agile Core Services (ACS) Developer’s Working Group in McLean, Va.

The working group addressed the future of the Navy’s Information Warfare Platform, which is driven by the need for speed, affordability and interoperability. Success requires the ability to acquire, test, install and field capability at the speed of technology while leveraging Digital Twin architecture. Digital Twins are accurate replications of network architectures which support development, deployment, cybersecurity and troubleshooting efforts. The meeting offered an opportunity for Navy software developers and other stakeholders to learn more about efforts to accelerate delivery of software to the fleet using ACS.

“This event was a major milestone in our efforts to refactor the technology, people and processes to deliver software faster, improve cyber readiness and drive availability across the entire Information Warfare Platform afloat” said Capt. Kurt Rothenhaus, program manager, PMW 160.

The program office is the provider of the Consolidated Afloat Network and Enterprise Services (CANES)—the Navy’s premier afloat information technology network. ACS is an element of

CANES that provides enabling technologies for development and deployment of mission applications, including Platform as a Service (PaaS), a data analytics framework and application transport to afloat platforms. AI is the process the Navy uses to test, integrate and certify applications on CANES. PMW 160 is part of Program Executive Office Command, Control, Communications, Computers and Intelligence (PEO C4I). SSC Pacific provides the U.S. Navy and military with essential capabilities in the areas of C4I, surveillance, reconnaissance, cyber and space.

SSC Atlantic and various industry partners also helped coordinate the working group. The event included more than 200 application developers and core services users from a diverse group of 25 organizations including the Office of the Secretary of Defense, Navy systems commands, the Navy Research Laboratory, PEO Enterprise Information Systems and fleet units.

The working group highlighted multiple areas where PMW 160 is executing PEO C4I’s Digital Twin end-state vision of automatically loading, testing, deploying and conducting System Operational Verification Tests on applications. PMW 160 has launched the Collaborative Staging Environment in the Cloud, enabling applications to develop and test in synchronization with CANES. This offering also affords applications the ability to be deployed to fleet platforms by means of the ACS Application Arsenal which provides for software delivery of approved apps to the afloat platforms. PEO C4I’s Digital Twin effort is exploring how to create accurate replications of afloat network architectures to support



U.S. Navy photo

in-service fault detection, isolation and restoral processes for the network and applications. Digital Twin technologies are key tenets in the Information Warfare Digital Execution Plan.

The working group meeting included a deep dive into ACS, with presentations about the architecture and detailed use cases for ACS, along with a live demonstration of the application of artificial intelligence/machine learning using the ACS Data Analytics infrastructure. PMW 160 presented the CANES AI, complete with a detailed development roadmap for CANES and ACS and details on the AI testing timelines, processes and schedule. Cloud-based testing in the CANES Collaborative Staging Environment also was discussed.

Other presentations focused on the vision and major efforts in progress to revamp the network and software architecture to support delivering new and enhanced capability to the fleet quickly and affordably. A major Navy initiative to bring this vision to fruition is Compile to Combat in 24 Hours (C2C24), in which CANES/ACS is a prime participant. C2C24 is focused on modernizing the afloat end-to-end architecture and allowing the Navy to deploy new soft-

ware capabilities in less than 24 hours.

“We conducted several afloat pilots to demonstrate the ability to deploy rapidly. It is great to be moving beyond pilots and be implementing the tenets of Compile to Combat in 24 Hours across the Navy via CANES,” said Delores Washburn, C2C24 afloat pilots execution lead and SSC Pacific chief engineer.

Supporting efforts for C2C24 briefed during the working group include the Collaborative Software Armory, which provides a common Navy platform for accelerated application development, including tools and processes for continuous integration and continuous delivery. Additionally, the Rapid Assess and Incorporate for Software Engineering in a Day, or RAISED, effort focuses on streamlining the Risk Management Framework process to rapidly assess and incorporate containerized applications into the PaaS Authorization to Operate.

Jamie Thayer, OPNAV N2N6F4 and CANES resource sponsor, said, “The working group provided a superb environment in which Navy developers were able to break down barriers to provide interoperable capability to the warfighter more expeditiously. It was

reassuring to see such a large group of developers from such a diverse group of commands work together on behalf of the afloat Navy.”

PMW 160 is PEO C4I’s program office for tactical networks, providing operationally effective and cost-efficient networks for Navy tactical forces. PMW 160 delivers integrated wide area, local networking and foundation computing systems to support a robust network of cyber-ready, geographically dispersed Naval Force supporting Joint and coalition global operations.

Program Executive Office Command, Control, Communications, Computers and Intelligence (PEO C4I) provides integrated communication and information technology systems that enable information warfare and command and control of maritime forces. PEO C4I acquires, fields and supports C4I systems which extend across Navy, joint and coalition platforms. More information can be found at <http://www.public.navy.mil/spawar/PEOC4I/Pages/default.aspx>

For more news from Space and Naval Warfare Systems Command, visit www.navy.mil/local/spawar/.

Naval Station Norfolk Commissary donates to food bank to aid families in need

By IC3 Kaelyn Hernandez
Naval Station Norfolk Public Affairs

NORFOLK

On a weekly basis, the Naval Station (NAVSTA) Norfolk Commissary lends a helping hand by donating boxes of food to the Food Rescue Program.

The purpose of the Food Rescue Program is to gather produce, baked goods, prepared and perishable foods from 150 grocery stores, restaurants, caterers and discount retailers to distribute immediately to those who are hungry and in need. With this collection, they are able to lead the efforts of eliminating hunger within their community. According to the Foodbank website, over 6.4 million pounds of food was obtained through this program.

“Once we were made aware of the Food Rescue Program, we communicated with the various food retail stores for assisting the staggering needs of the people and we began to receive much needed support in providing food items for the community,” said Drayton Ercelle, the Sustainable Outreach Coordinator. “It is a humbling, gratifying and overwhelming feeling to watch our guests receive not a bag of just a few canned goods, but a cornucopia of nutritious foods as well as other items.”

The program establishes a sense of accomplishment and heartwarming satisfaction when the donations are distributed to the families. On average, at



U.S. Navy photo

least 600 families are well-nourished weekly due to the efforts of this program.

“This program builds relationships in our community between local donors and partner agencies,” explains Leonna Benson, the Food Rescue Program Coordinator. “The Food Rescue Program identifies partner agencies for participation based on the size and needs of their feeding program and their ability to collect donations on a regular basis.”

The NAVSTA Commissary has been supplying the Food Rescue Program with boxes of food for almost 12 months averaging between 200 to 500 pounds of food per weekly pickup.

“Rather than disposing of the food, Norfolk Commissary identified a source to donate foods that were unsellable, yet still edible for consumption,” stated Daniel Boswell, Commissary Director. “It is fulfilling to know that our donations are going to folks that have a need.”

Although the Commissary is unable to sell these products within their store, they ensure that the food is still safe for consumption by conducting a series of rigorous inspections. Once the food is confirmed as edible, the staff works diligently to package the food so that it’s ready for shipment. Pickup from the Commissary occurs every Thursday and the products received are distributed during Food Pantry days: Mon., Wed., Thurs. and Sat.

“Rather than disposing of the food, Norfolk Commissary identified a source to donate foods that were unsellable, yet still edible for consumption. It is fulfilling to know that our donations are going to folks that have a need.”

Daniel Boswell, Commissary Director

Fleet welcomes newest integrated air & missile defense top tacticians

From Naval Surface and Mine Warfighting Development Center (SMWDC)

DAHLGREN, VA.

Three surface warfare officers joined a growing base of top tacticians in the Surface Fleet by earning qualification as Integrated Air and Missile Defense (IAMD) Warfare Tactics Instructors (WTI) from Naval Surface and Mine Warfighting Development Center (SMWDC) during a ceremony here at the Aegis Training and Readiness Center in Dahlgren, Va.

Rear Adm. Edward Cashman, special assistant to Commander, U.S. Fleet Forces Command was the guest speaker at the event.

“The tactical expertise you are developing has direct implications in today’s strategic operating environment,” said Cashman. “You should be proud of what you have accomplished, but your work isn’t done. This is the start of a career in developing yourselves individually, but more importantly, the teams you train and lead as we forge ahead in an era of great power competition.”

SMWDC was formally established in 2015, along with four other Navy Warfighting Development Centers (WDC) in other warfighting areas, to increase the lethality and proficiency of the Surface Force. The WTI program is a central element of SMWDC’s efforts, and it is developing a new generation of expert surface warfare tacticians who are returning to the fleet as



Laurie Buchanan

Rear Adm. Edward Cashman, special assistant to Commander, U.S. Fleet Forces Command, far right, and Capt. Jim Jones, division director of Naval Surface and Mine Warfighting Center’s Integrated Air and Missile Defense Division, far left, pose for a photograph with the graduates of SMWDC’s IAMD Warfare Tactics Instructor (WTI) course onboard Naval Support Facility (NSF) Dahlgren. Warfare commanders and commanding officers interested increasing the lethality and tactical proficiency of their teams should contact SWO_WTI@Navy.mil for more information about how to train and keep talent aboard their ships. SMWDC is one of the Navy’s five Warfighting Development Centers and its mission is to increase the lethality and tactical proficiency of the Surface Force across all domains.

force-multipliers for their watch teams. After earning qualification in either Integrated Air and Missile Defense (IAMD), Amphibious Warfare (AMW), Anti-Submarine/Surface Warfare (ASW/SUW), and Mine Warfare (MIW), Warfare Tactics Instructors complete a production tour, where they bring their skills to bear through providing advanced tactical training, developing tactics and doctrine, providing operational support, and crafting capability assessments.

SMWDC’s Integrated Air and Missile Defense (IAMD) Division in Dahlgren, Virginia is focused on training top junior officer talent within the surface force, specific to the field of Integrated Air and Missile Defense (IAMD). The IAMD Division executes the rigorous 15-week program that includes classroom instruction with the Aegis Training and Readiness Center (ATRC), and tactical training, mission planning, and on-site visits with the Naval Aviation Warfighting

Development Center (NAWDC) and various Army and Air Force commands. The program is focused on the Navy’s most cutting edge tactics and technologies. Further, WTI candidates are assigned a specific research project to start them on the path to becoming a subject matter expert on that particular topic.

Additionally, IAMD WTIs play an important role in the development of Live Fire With a Purpose (LFWAP) events – an enhanced missile exercise program designed to increase Fleet lethality and tactical proficiency. SMWDC is Commander, U.S. Fleet Force’s and U.S. Pacific Fleet’s executive agent (EA) for the LFWAP program, and plays a supporting role in the execution of the Strike Group-led events. Since program inception, more than 80 surface combatants — including aircraft carriers – have completed a LFWAP event.

Warfare commanders, commanding of-

icers, and leaders throughout the Fleet are highly encouraged to identify top talent to enter the WTI program. Commanding officers who wish to leverage WTI training for their top talent, and keep them aboard their ship for a follow-on tour, should review the Accelerated Warfare or Division Officer Sequencing Plan programs available through SMWDC. Leaders interested in further development of the tactical proficiency of their units should contact SMWDC’s WTI Program Managers directly at SWO_WTI@Navy.mil for more information.

SMWDC is a subordinate command of Commander, U.S. Naval Surface Forces, and is headquartered at Naval Base San Diego, with four divisions in Virginia and California focused on IAMD, ASW/SUW, Mine Warfare, and Amphibious Warfare.

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Spc. Joseph DeLuco

The hospital ship USNS Comfort (T-AH 20) transits the Panama Canal en route to Colombia to provide medical assistance. Comfort is on an 11-week medical support mission to Central and South America as part of U.S. Southern Command’s Enduring Promise initiative. Working with health and government partners in Ecuador, Peru, Colombia and Honduras, the embarked medical team will provide care on board and at land-based medical sites, helping to relieve pressure on national medical systems caused partly by an increase in cross-border migrants. The deployment reflects the United States’ enduring promise of friendship, partnership and solidarity with the Americas.

USNS Comfort reaches mid-deployment in Panama

By Lt. j.g. Chelsea Dietlin
Navy Public Affairs Support Element East

PANAMA CITY, PANAMA
Hospital ship USNS Comfort (T-AH 20) transited the Panama Canal, Nov. 11, following a two-day port visit in Panama City.
Comfort is headed north to Turbo, Colombia, for the third of its five mission stops. Having completed mission stops in Esmeraldas, Ecuador and Paita, Peru, the crew has already treated 10,224 patients with general medical, dental and optometry needs as part of the U.S. Southern Command’s 2018 Enduring Promise initiative.

“Comfort’s visit to Panama City was multi-purposed,” said Command Senior Chief Cory Anglin, senior enlisted leader of Comfort. “This scheduled stop was an opportunity for the team to host our Panamanian partners aboard the ship for tours of medical spaces and also allowed us access to local contractors to restock, refuel and, of course, give Sailors a well-deserved pause for liberty off the ship before we head into the second half of the mission.”
While Comfort was in port this past Friday and Saturday, senior government officials in Panama including Marcelo Lucco, ambassador of Argentina in Panama, and

Ambassador Alejandro Daneri, president of Argentina’s White Helmets Commission, embarked the hospital ship to tour medical spaces, speak with U.S. Navy leadership and learn more about the medical assistance mission.
“The Comfort deployment is all about building relationships,” said Capt. William Shafley, commander, Task Force 49. “Bringing our partners out here to see what the U.S. Navy does, how we are integrating non-governmental organizations such as the White Helmets Commission, not only strengthens our existing ties in the region, but it opens new lines of communication.”
Ambassador Daneri also provided remarks to the crew while aboard. “Thank you very much to the United States, we are very pleased with the cooperation, these humanitarian tasks,” said Daneri. “It’s a good partnership.”
U.S. Navy Deputy Surgeon General Rear

Adm. Terry J. Moulton also visited Comfort during his concurrent trip to Panama. In an all-hands call delivered to the crew, he highlighted the work of the medical corps in Ecuador and Peru.
Comfort is on an 11-week medical support mission to Central and South America as part of U.S. Southern Command’s Enduring Promise initiative. Working with health and government partners in Ecuador, Peru, Colombia and Honduras, the embarked medical team will provide care on board and at land-based medical sites, helping to relieve pressure on national medical systems caused partly by an increase in cross-border migrants. The deployment reflects the United States’ enduring promise of friendship, partnership and solidarity with the Americas.
For more information, visit www.facebook.com/NAVSOUS4THFLT, www.dvidshub.net/feature/comfort2018, and www.navy.mil.



Maria Luisa Navarro, Panamanian vice minister of multilateral affairs, delivers remarks during a press conference aboard the hospital ship USNS Comfort (T-AH 20).



Rear Adm. Terry Moulton, deputy surgeon general of the Navy, delivers remarks during an all-hands call on the flight deck aboard the hospital ship USNS Comfort (T-AH 20).

Truman departs Lisbon, Portugal

By MC3 Thomas Gooley
LISBON, PORTUGAL

The Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75) is back at sea, Nov. 14, following a scheduled port visit to Lisbon, Portugal.
While in Lisbon, Harry S. Truman Sailors were able to experience the history and culture of one of the oldest ports in the world. Harry S. Truman’s Morale, Welfare, and Recreation (MWR) offered Sailors several tours including a trip to Sintra – a resort town in the foothills of Portugal’s beautiful Sintra Mountains – and the historical city of Tomar, or Thomar, famously known for the acclaimed sighting of the Virgin Mary in 1917.
“The tour to the Sintra resort was an experience that I will never forget,” said Airman Dylan Grady. “The ride up to the mountain was absolutely incredible. The roads were narrow and surrounded by incredible architecture, the churches were gorgeous, unbelievable cobble stone streets, and the food was amazing. Not to mention the people were incredible and very, very friendly — I

feel very lucky to have had this experience.”
While many Sailors explored all the tremendous sights Lisbon had to offer, others felt privileged to have the opportunity to give back to its amiable host by participating in two community relations projects, including a visit to the Ronald MacDonald house and a forest restoration project.
“Being able to go help out our host community with the forest restoration project was a privilege,” said Intelligence Specialist 1st Class Giacomo Zach. “It’s kind of our way of saying thank you for having us, and I can’t think of a better way to spend the day than to be able to work with and interact with the local community.”
Harry S. Truman is deployed in the U.S. 6th Fleet area of operations supporting maritime security operations and U.S. national security interests.
For more information, visit <http://www.navy.mil/>, <http://www.facebook.com/usnavy/>, or <http://www.twitter.com/usnavy/>.
For more news from USS Harry S. Truman (CVN 75), visit <http://www.navy.mil/local/cvn75/>.



MCSN Maxwell Higgins

Lt. Charles Lovelace watches from the flight deck aboard the Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75) as the ship prepares to get underway, Nov. 14, following a scheduled port visit in Lisbon, Portugal. Currently operating in the U.S. Sixth Fleet area of operations, Harry S. Truman will continue to foster cooperation with regional allies and partners, strengthen regional stability, and remain vigilant, agile and dynamic.

Residents can help protect our local waterways

By Amy E. Hardy

PWD NSA Hampton Roads, Water Program Manager

This article serves as part one in a four article-series on everyday habits residents can adopt to prevent pollution from storm-water runoff and to protect our local waterways.

Have you ever wondered what you can do to help protect the rivers, streams, and waterways near your home? These water bodies supply our drinking water, provide us with recreational activities and beautiful scenery. This four-part series provides information about common sources of pollution from everyday activities and, habits you can adopt to prevent water pollution.

Storm-water runoff results when rain cannot soak into the ground because of impervious surfaces such as roads and rooftops. Storm-water pollution results when storm-water picks up, carries, and discharges various pollutants into storm drains or ditches, and ultimately into the downstream waterways. Pollutants include items such as pesticides, fertilizers, construction site sediments, pet waste, litter, and other items.

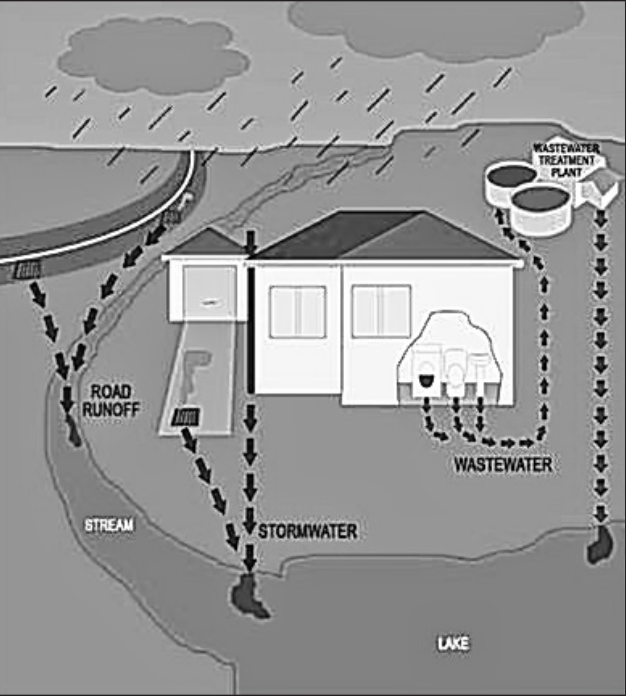
First, it is important to understand the difference between the sanitary system and the storm drain system. The illustration shows how water from our sinks, showers and bathtubs, clothes washing machines, and dish washers all enter the sanitary system via pipes that are connected to a wastewater treatment plant. Pollutants from these waters then are removed by the treatment plant before being discharged.

By contrast, storm-water, which runs off our rooftops, driveways, roads, and lawns, enters into the storm drain system and discharges directly to nearby streams, lakes or bays without receiving any treatment.

You may have noticed decals near storm drains indicating that the storm drains flow directly to a nearby waterway. NAVFAC Mid-Atlantic installs these decals to educate residents and employees of the Navy installations on storm-water pollution prevention.

Common sources of pollution in the storm-water runoff from our lawns include pet waste, fertilizers, pesticides, lawn clippings and leaves, and other substances which may be left uncovered (such as dirt piles, salt piles, paints, oils, etc.). In addition, car maintenance activities such as oil changes and car washing can contribute to storm-water pollution when oil and detergent run into the gutter. Remember to collect all used oil and dispose of it properly. When washing a car, it's better to wash on grass, which filters the contaminants, or to use a commercial car wash.

Thanks for reading and be sure to pick up the next issue of The Flagship to read article 2 in this series which will provide some specific examples of everyday activities to prevent storm-water pollution from automotive, home pool, and lawn care maintenance activities.



Compliments of Amy Hardy



U.S. Navy graphics

PHOTEX | *Photo exercise conducted*

Continued from A1

Remembrance Day was a fitting way to commemorate the 100th Anniversary of the end of World War I," said Capt. Scott Smith, Michael Monsoor's commanding officer. "While we remembered our long alliance together, this day was also about the future. This was the 21st-century fleet — our nations, both forged from the sea, generate power literally and figuratively — and I cannot think of a more striking example of that force."

DDG 1001, the newest warship in the Zumwalt-class of guided-missile destroyers, features an integrated power system (IPS) to provide electric power for propulsion and ship services. The IPS is capable of providing approximately 78 megawatts of power. This power generation is enough to meet the total ship electrical power requirements and still

provide extra capacity to accommodate future weapons, computing, and sensor systems.

Queen Elizabeth also features electric propulsion, and is the largest ship ever built by the British Royal Navy. The first ship of the Queen Elizabeth-class and their first aircraft carrier in over 30 years, she marks their return to carrier strike operations. The carrier weighs in at approximately 65,000 tons, has a length of 283 meters, and has a flight deck of approximately 4.5 acres to accommodate helicopters and the F-35B Lightning II Joint Strike Fighter.

The PHOTEX gave the ships the opportunity to work together through a series of coordinated tactical maneuvers. At one point, the ships were spaced 200 yards apart in formation.

"This was a truly exciting opportunity to practice advanced maneuvers with our international allies," said Lt. Cmdr. Omar Garcia, the Officer of the Deck aboard Michael Monsoor during the PHOTEX. "To have these two new warships working together just

made the experience that much better."

The PHOTEX was another example of the strong bilateral relationship between the two countries and their navies. Over the last decade, Royal Air Force pilots and Royal Navy sailors have embarked multiple U.S. Navy ships, providing them firsthand knowledge on the intricacies of flight deck operations and the coordination and teamwork required for launching and recovering aircraft during cyclical operations.

"The rendezvous provided a unique opportunity to practice our seamanship skills" said Smith. "We thank our shipmates in LASSEN for coordinating the exercise and the Royal Navy for the opportunity to come alongside"

Queen Elizabeth is currently deployed to the east coast of the United States conducting her maiden F-35B flying trials and recently completed a port visit to New York City. The next ship in the class, the HMS Prince of Wales, is scheduled to be commissioned in 2020.

The future USS Michael Monsoor (DDG

1001) is the second ship in its class and is named in honor of Master-at-Arms 2nd Class (SEAL) Michael A. Monsoor who was posthumously awarded the Medal of Honor for his heroic actions in Ramadi, Iraq, Sept. 29, 2006. He was positioned on a rooftop when an enemy fighter hurled a hand grenade from an unseen location. The grenade hit him in the chest and bounced onto the deck. Monsoor immediately leapt to his feet and threw himself onto the grenade, smothering it to protect his teammates who were lying in close proximity. The grenade detonated as he came down on top of it, mortally wounding him.

Michael Monsoor is currently transiting to San Diego, and, upon arrival, will begin a post-delivery availability to undergo further testing and evaluation. The ship is scheduled to be commissioned into the Navy in Coronado, Calif. Jan. 26, 2019.

For more news from PCU Michael Monsoor (DDG 1001), visit www.navy.mil/local/ddg1001/.

DISTANCE | *Degree opportunities announced*

Continued from A1

application process for all degree programs.

Distance learning graduate certificates consist of a series of four graduate level courses delivered over four quarters, designed to provide enhanced knowledge and skills in specific subject areas. Graduate certificates are also available to qualified enlisted personnel. DoD contractor personnel applications will be considered for admission on a space-available basis.

A complete list of distance learning programs can be found at <http://www.nps.edu/web/DL/>. Each program's webpage has the prerequisites and eligibility requirements for enrollment.

NPS is dedicated to providing relevant, high quality education to empower the next generation of leadership in the DoD, using a variety of delivery methods to expand learning beyond the traditional classroom.

For more information on NPS's distance learning opportunities, read NAVADMIN 275/18 at www.npc.navy.mil.

For more news from Chief of Naval Personnel, visit www.navy.mil/local/cnp/.

Five NMCP providers receive USU certificates in teaching

By PO1 Laura Myers

PORTSMOUTH, VA.

Five Naval Medical Center Portsmouth (NMCP) providers received the Uniformed Services University's (USU) Advanced Training in Faculty Development certificate Nov. 15. The certificates were presented by Capt. Carolyn Rice, NMCP's executive officer and Dr. Jessica Servey, Uniformed Services University's Associate Dean for Faculty Development.

Congratulations to Dr. Lisa Roberts, Cmdr. Sam Gao, Air Force Col. Bryce Whisler, Lt. Cmdr. Benjamin Vipler and Lt. Cmdr. Bridget Cunningham.

The recipients of the certificate completed an online program that taught them how to teach, train and guide new residents and health professionals in their fields of medicine. This is especially important for the medical staff at NMCP since the medical center is a teaching hospital with an expansive Graduate Medical Education program that comprises internships, residencies and fellowships.



PO1 Class Laura Myers

Uniformed Services University's (USU) Advanced Training in Faculty Development certificate recipients. From left, Capt. Carolyn Rice, NMCP's executive officer; Capt. Chris Kuzniewski, USU Annual Faculty Teaching Award recipient; Lt. Cmdr. Bridget Cunningham; Air Force Col. Bryce Whisler; Cmdr. Sam Gao; Dr. Lisa Roberts; Dr. Jessica Servey, Uniformed Services University's Associate Dean for Faculty Development; and Lt. Cmdr. Benjamin Vipler.

The USU Faculty Development program supports the mission of the Uniformed Services University to educate, train and prepare uniformed services health professionals, officers and leaders to directly support the Military Health System (MHS) by providing education and training focused in the areas of teaching, academic leadership, and scholarship and research to health profession educators throughout the MHS.

Specifically, the program and its partners provide workshops and classes for credit in

the USU Faculty Development Certificate Program for educators in the USU School of Medicine, School of Nursing,

Postgraduate Dental College, and at more than 20 military treatment facilities across the country. The program also sponsors multi-day meetings to bring tri-service Graduate Medical Education leaders from across the country together to provide academic leadership training, and to build an academic leadership cadre to shape the future of Faculty Development in the Military Health System.

LIVE FIRE | *CRUDES units conduct exercises*

Continued from A1

training and execution of safe live firing. The scenario-driven events provide watch teams an opportunity to do the reps-and-sets necessary to be competent and confident. These scenarios also serve as a template for real-world operational preparation, and provide the opportunity to flex in situ critical thinking and resiliency to defeat our adversaries.

Unit level training consists of IAMD WTIs working closely with the ships to ensure watch standers become comfortable with the objectives and scenarios to ensure

safe execution of each event. Typically, ships run five nominal and five off-nominal scenarios to prepare them for system casualties that may occur during execution. This also serves as a final check to ensure watch teams are capable of reacting appropriately to casualties during deployment, when no trainers are present.

"Working side by side with SMWDC WTIs, the firing units then conducted extensive mission planning and focused training even before getting on the range. Once on

the range, the crews applied applicable tactics and employed their sensors and weapons to defeat incoming missile threats," said Wade. "Afterwards, SMWDC WTI's conducted detailed debriefs using reconstruction and replay tools developed in partnership with Naval Surface Warfare Center Corona to provide high velocity learning. The whole process was a total team effort, and will ensure our ships are more prepared and ready for our upcoming deployment."

By embodying this "team-of-teams" concept, the components of CSG 12 will combine advanced surface, air and systems assets to create operational capability to prepare for and conduct global operations, have effective

and lasting command and control, and demonstrate dedication and commitment to become the strongest warfighting force for the Navy and the nation.

The Abraham Lincoln CSG is comprised of Carrier Air Wing (CVW) 7, Destroyer Squadron (CDS) 2 and associated guided-missile destroyers, flagship Abraham Lincoln, and the Ticonderoga-class guided-missile cruiser USS Leyte Gulf (CG 55).

For more news from USS Abraham Lincoln (CVN 72), visit www.navy.mil/local/cvn72/.



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Undersea Rescue Command completes exercise

“The exercise demonstrated the Navy’s ability to conduct an underwater rescue of a submerged submarine in an unfamiliar environment,” said Cmdr. Michael Eberlein, commanding officer of URC.

» see **B3**

SECTION B | FLAGSHIPNEWS.COM | 11.22.18



RONALD REAGAN, JOHN C. STENNIS CARRIER STRIKE GROUPS OPERATE IN PHILIPPINE SEA

MC3 Connor D. Loessin

Ships attached to the Ronald Reagan Carrier Strike Group and John C. Stennis Carrier Strike Group transit the Philippine Sea. Ronald Reagan and John C. Stennis are underway and conducting operations in international waters as part of a dual carrier strike force exercise. The U.S. Navy has patrolled the Indo-Pacific region routinely for more than 70 years promoting regional security, stability and prosperity.

From Commander, 7th Fleet Public Affairs

PHILIPPINE SEA

The Ronald Reagan Carrier Strike Group (RRNSG) and John C. Stennis Carrier Strike Group (JCSSG) are conducting high-end dual carrier operations in the Philippine Sea.

While steaming together, the two carrier strike groups will execute complex air, surface and anti-submarine warfare operations in international waters and airspace.

“Bringing two carrier strike groups together provides unparalleled naval combat power, tremendous operational flexibility and reach across the region,” said Vice Adm. Phil Sawyer, commander, U.S. 7th Fleet. “It shows our forces at their best, operating confidently at sea, and demonstrates that the

U.S. Navy will fly, sail and operate anywhere international law allows.”

Units assigned to these strike groups will conduct operations designed to demonstrate the Navy’s unique capability to operate multiple carrier strike groups as a coordinated strike force effort.

“The increased presence of two carrier strike groups in the region highlights the U.S. commitment to a free and open Indo-Pacific,” Sawyer added. “As it has for decades, the U.S. Navy will continue to provide security in ways that promote regional stability and prosperity.”

For several years, U.S. Navy aircraft carriers have conducted dual carrier strike group operations in the Western Pacific, including the waters surrounding the Korean Penin-

sula, Sea of Japan, South China Sea, East China Sea and Philippine Sea. These operations typically occur when strike groups deployed to 7th Fleet from the West Coast of the United States join the forward-deployed carrier strike group in Japan.

Before arriving in the Philippine Sea, Stennis executed dual strike group operations with Carl Vinson off Hawaii, including strike and anti-submarine warfare operations.

Last year, the aircraft carriers USS Nimitz (CVN 68), USS Ronald Reagan (CVN 76) and USS Theodore Roosevelt (CVN 71) conducted a tri-carrier strike force exercise in the Western Pacific. In 2016, Ronald Reagan and the aircraft carrier USS John C. Stennis (CVN 74) conducted combined operations in the Philippine Sea. In September 2014,

the aircraft carriers USS George Washington (CVN 73) and USS Carl Vinson (CVN 70) strike groups conducted combined operations in the Western Pacific, and in September 2012, they operated in the South China Sea and East China Sea. In 2009, George Washington and Nimitz operated together in the Western Pacific and in Valiant Shield 2007 and 2006 three-carrier strike groups were operating in the Philippine Sea. In 2001, the aircraft carriers USS Constellation (CV 64) and Carl Vinson operated together in the South China Sea.

The dual carrier operations of these two strike groups combines 10 ships, approximately 150 aircraft and 12,600 personnel.



Army Sgt. Amber I. Smith

Defense Department Comptroller David L. Norquist discusses the DOD budget during testimony on the fiscal year 2018 defense budget request before the Senate Committee on Armed Services in Washington, June 13, 2017. Norquist announced the results of the first DOD-wide audit on Nov. 14, 2018.

The biggest audit in human history ... really?

By David Vergun

Defense.gov

WASHINGTON

The first Defense Department-wide audit covered \$2.7 trillion in assets and \$2.6 trillion in liabilities for fiscal year 2018, making it most likely the largest known audit of an

organization in history, the DOD comptroller said recently.

David L. Norquist, who is also the department’s chief financial officer, spoke about the audit Nov. 14 at a Pentagon media roundtable.

The audit covered every asset in the U.S. military, including buildings, fences, storage tanks, planes, ships, tanks, computers, spare parts, invoices, purchase orders and contracts.

Audit Results

Five organizations received an unmodified opinion, in other words a clean

» See **AUDIT** | B7



Kenneth D Aston Jr

More than 5,000 people attended the commissioning ceremony of USS Sioux City (LCS 11). Sioux City is the 13th littoral combat ship to enter the fleet and the sixth of the Freedom variant. It is the first ship named for Sioux City, the fourth-largest city in Iowa.

USS Sioux City “brought to life” at U.S. Naval Academy

By Cmdr. Patrick Evans

Commander, Naval Surface Force, U.S. Pacific Fleet Public Affairs

ANNAPOLIS, MD.

The U.S. Navy commissioned its newest surface combatant, the littoral combat ship USS Sioux City (LCS 11), during a ceremony at the U.S. Naval Academy, Nov. 17.

The Freedom-variant littoral combat ship (LCS) is the Navy’s 13th littoral combat ship to enter the fleet and the sixth of the

Freedom variant. It is the first ship named after Sioux City, the fourth-largest city in Iowa.

“Thank you to our namesake city, Sioux City, for welcoming us with open arms, making us feel like we are part of your city each and every time we’ve visited,” said Cmdr. Randy Malone, the ship’s commanding officer. “We are proud to sail in your name.”

The ship’s sponsor, Mary Winnefeld, wife

» See **SIUOX CITY** | 7



Air Force Gen. Paul Selva, vice chairman of the Joint Chiefs of Staff, talks about the importance of enlisted aides during the USO Metro's 21st Annual Salute to Military Chefs and Enlisted Aides in Arlington, Va., Nov. 15, 2018.

David Vergun

Military leaders honor low-profile Enlisted Aides

By David Vergun
DoD News, Defense Media Activity

WASHINGTON

Most folks, including many in uniform, haven't heard of enlisted aides, or EAs, much less what their contributions to national security are.

But Nov. 15, leaders from around the Defense Department put a spotlight on them at the USO of Metropolitan Washington-Baltimore 21st Annual Salute to Military Chefs and Enlisted Aides.

Even TV celebrity chef Robert Irvine was there, heaping healthy portions of praise on the EAs.

Duties

So what is so special and important about EAs?

First and foremost, EAs are trained cu-

linary specialists. They don't have to have that military occupational specialty to begin with, but they receive the training upon selection to the enlisted aide program and it becomes their secondary specialty.

That training is important because the flag officer they're assigned to often hosts social events with meals, often involving U.S. or world military or civilian leaders.

Preparing the right food in the proper manner is essential to establishing these types of relationships, as bonds of friendships and trust are often formed over meals, said Air Force Gen. Paul Selva, the vice chairman of the Joint Chiefs of Staff.

Selva's own EA, Air Force Master Sgt. Jennifer Medeiros, was first qualified as a dental hygienist. She has deployed multiple times, including to Afghanistan.

During one of her deployments, she in-

terviewed for the EA position via Skype, by Selva's family back in Hawaii. Flag officers interview their prospective EAs to ensure the fit is good for both.

While the interview was in progress, one of the Selva family puppies jumped into his lap. Selva said Medeiros exclaimed, "Oh, how nice, you have a dog!" That sealed the deal, he said, adding, "We knew she'd be a good fit, and she was."

Medeiros, who teaches an adaptive cooking class during her off time, was named Enlisted Aide of the Year at last night's event, which involved a competition between the top EAs of each of the services.

Navy Adm. Bill Moran, vice chief of naval operations, said it's not just the cooking that's important. It's "the food, combined with spirit, enthusiasm and passion." His EA, Navy Chief Petty Officer Jamie Wyck-

off, has all of that, he added.

While food preparation plays a big part of an EA's duties, that's not all there is.

Throughout the day, EAs – who keep a low profile while performing their duties – walk around in and out of the flag officer's house to see if something might be amiss, such as a broken window or suspicious activity. Or, there might be a problem with the plumbing. They have to know what to do or who to contact, said former EA, Army Staff Sgt. Marc Susa.

Another very important duty, he said, is ensuring the flag officer's uniform is squared away and all the awards and decorations are where they're supposed to be. "Their appearance is a reflection on us," Susa said.



A UH-1Y Huey helicopter, assigned to Marine Light Attack Helicopter Squadron (HMLA) 469, prepares to land on the flight deck aboard the amphibious transport dock ship USS Green Bay (LPD 20) during a training evolution. Green Bay is in Port Moresby to assist with security efforts ahead of the Asia-Pacific Economic Cooperation (APEC) conference and is the second U.S. ship to visit Port Moresby in the last two months. Green Bay is part of Amphibious Squadron 11 and is operating in the region to enhance interoperability with partners and serve as a ready-response force for any type of contingency.

MC2 Anaid Banuelos Rodriguez

Navy, Marine Corps team supports APEC

From USS Green Bay Public Affairs

PORT MORESBY, PAPUA NEW GUINEA

The U.S. Navy and Marine Corps team on amphibious transport dock ship USS Green Bay (LPD 20) prepared to support security efforts during the Asia-Pacific Economic Cooperation (APEC) conference in Port Moresby Thursday.

Green Bay, with embarked Marine Light Attack Helicopter "Vengeance" Squadron (HMLA) 469, arrived in Port Moresby on Nov. 13 and is the second U.S. ship to visit Port Moresby in the last two months.

"The U.S. Navy has invested deeply in

supporting the amphibious mission as can be seen in the innovative design of this amphibious transport dock ship," said Capt. Tom Shultz, commanding officer of Green Bay. "The crew feels very fortunate to have the opportunity to support APEC leader's summit here in Papua New Guinea."

U.S. Sailors and Marines worked together to conduct training evolutions that requires extensive coordination both on and off the ship.

"We've got an outstanding relationship with Green Bay due to the prior deployment of the HMLA Marine Expeditionary Unit (MEU) detachment," said Lt. Col. Ryan

Cherry, commanding officer of HMLA-469. "There's been solid communication at all levels of the mission."

Rear Adm. Brad Cooper, commander, Amphibious Force U.S. 7th Fleet expressed his appreciation and confidence in the Green Bay crew.

"I could not be prouder of the Navy-Marine Corps team deployed here to Papua New Guinea on USS Green Bay," said Cooper. "Their good work supporting APEC leader's week on behalf of our Navy and our country is meaningful and impactful."

Green Bay is assigned to Commander Amphibious Squadron 11, forward deployed in

Sasebo, Japan, and is operating in the region to enhance interoperability with partners and serve as a ready-response force for any type of contingency. HMLS-469 is forward deployed to Okinawa, Japan. For more information about Green Bay, go to <https://www.facebook.com/LPD20.GreenBay/>.

For more news from Commander, Amphibious Force, U.S. 7th Fleet, visit www.navy.mil/local/ctf76/.

A first: U.S. Navy Admiral pilots Brunei Black Hawk helicopter at CARAT 2018

From Commander, Logistics Group Western Pacific

RIMBA AIR BASE, BRUNEI

Rear Adm. Joey Tynch, Commander Task Force 73, along with members from the Royal Brunei Air Force (RBAF), flew a Sikorsky S-70i Black Hawk helicopter during maritime exercise Cooperation Afloat Readiness and Training (CARAT) 2018 at Rimba Air Base, Brunei, Nov. 14.

The flight marks the first time a U.S. Navy admiral has piloted a RBAF Black Hawk helicopter, a testament of the close partnership between the U.S. and Royal Brunei Armed Forces and mutual commitment to the CARAT exercise series. With the U.S.-Brunei relationship entering its fourth decade, the U.S. and Royal Brunei Navy have participated in the CARAT exercise for 24 years. In CARAT 2015, the RBAF S-70i successfully made deck landings aboard the U.S. Navy’s Arleigh Burke-class destroyer USS Lassen (DDG 82).

“As an H-60 pilot myself, it was an incredible experience flying over Brunei while sharing the cockpit with a fellow pilot from the Royal Brunei Air Force. Our ability to sit shoulder-to-shoulder and trust each other, while flying an airframe used by both our countries, absolutely demonstrates the partnership and interoperability that makes CARAT such a tremendous event,” said Tynch. “I look forward to visiting Brunei

again in the near future and to work with the professional men and women in the Royal Brunei Armed Forces.”

The 1-hour flight consisted of a navigation route to the RBAF training area and landings plus a fly-over of the U.S. Navy’s expeditionary fast transport ship USNS Fall River (T-EPF-4) which is also participating in CARAT. Earlier in the day, Tynch and Mr. Scott Woodard, Charge d’Affaires of U.S. Embassy in Brunei, flew in the P-8A Poseidon maritime patrol aircraft with the crew of Patrol Squadron Sixteen. The flight consisted of a simulated tracking of a vessel-of-interest in a demonstration of the aircraft’s information sharing capability during maritime interdiction operations.

Following the flight, Tynch met with Col. Abdul Rahman, Acting Commander of Royal Brunei Air Force, to discuss ways to continue increasing the sophistication of future CARAT iterations and to thank the RBAF for the unique flying experience.

“It is amazing how close the U.S. and Royal Brunei Armed Forces work together across a broad spectrum of military operations,” said Tynch. “So far in just a few days, we have held a wide-range of exchanges in submarine operations, cyber law, maritime domain awareness, diving and salvage, public affairs and medical training. As we speak, both navies are sailing side-by-side at sea and conducting a myriad of cooperative evolutions that enforce the strong relation-



MC1 Greg Johnson
Rear Adm. Joey Tynch, Commander Task Force 73, pilots a Royal Brunei Air Force S-70i Black Hawk helicopter during Cooperation Afloat Readiness and Training (CARAT) Brunei 2018. CARAT Brunei 2018 marks the 24th iteration of the maritime exercise series and reflects the growing relationship between the U.S. and Royal Brunei Navy to further expand bilateral and multilateral exercises in cooperatively ensuring maritime security, stability and prosperity.

ship that already exists between our Sailors. I couldn’t be happier with this year’s event and we all look forward to next year’s 25th Anniversary of the CARAT series.”

The next day, Tynch visited the S-70i full-flight simulator at the CAE Brunei Multi-Purpose Training Center. During the visit, Tynch met His Royal Highness Prince Abdul Mateen of Brunei, a captain in the RBAF.

The U.S. and Royal Brunei Navy continue to participate in a growing number of bilateral and multilateral maritime exercises including this year’s 17th annual Southeast Asia Cooperation Training (SEACAT) and 26th biennial Rim of Pacific (RIMPAC) ex-

ercise. In August, the U.S. and Brunei Armed Forces held their first-ever army exercise in an effort to expand military engagements between both partner nations.

“We value our strong partnership with the Royal Brunei Armed Forces as we share an unwavering commitment to engage with each other more frequently and in more complex and sophisticated scenarios that address our shared interests and goals of ensuring freedom of navigation and respect for international law.”



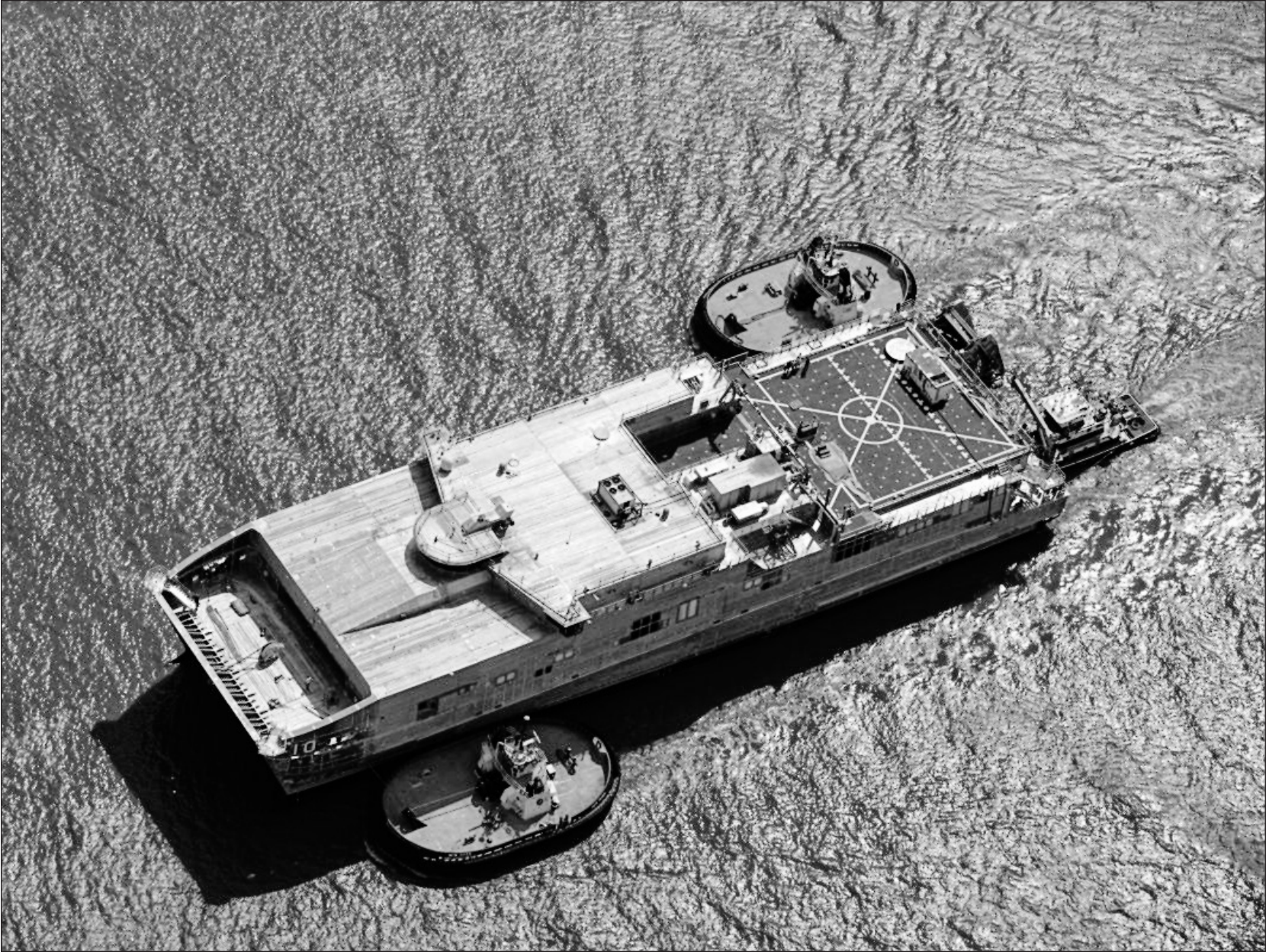
MC1 Greg Johnson
Rear Adm. Joey Tynch, right, Commander Task Force 73, visits with Col. Abdul Rahman, Acting Commander of Royal Brunei Air Force, during Cooperation Afloat Readiness and Training (CARAT) Brunei 2018.



MC1 Greg Johnson
Rear Adm. Joey Tynch, left, Commander Task Force 73, poses for a photo with Maj. Walee “Vader” Roslie after the two piloted a Royal Brunei Air Force S-70i Black Hawk helicopter during Cooperation Afloat Readiness and Training (CARAT) Brunei 2018.



Lt. Clyde Shavers
His Royal Highness Prince Abdul Mateen of Brunei, left, speaks with Rear Adm. Joey Tynch, Commander Task Force 73, Capt. Ann McCann, Deputy Commodore of Destroyer Squadron 7, and Lt. Cmdr. Luke Barlow, Chief of Office of Defense Cooperation Brunei, during Cooperation Afloat Readiness and Training (CARAT) Brunei 2018.



USNS Burlington (T-EPF-10) launch on March 1, 2018.

Austal USA photo

Navy accepts delivery of USNS Burlington

From Team Ships Public Affairs

MOBILE, ALA.

The Navy accepted delivery of its tenth Expeditionary Fast Transport (EPF 10) from Austal USA, Nov. 15.

EPF’s are non-combatant vessels designed to operate in shallow-draft ports and waterways, increasing operational flexibility for a wide range of activities including maneuver and sustainment, relief operations, flexible logistics support, or as the key enabler for rapid transport.

“Burlington will provide tremendous

flexibility to combatant commanders in the fleet,” said Capt. Scot Searles, Strategic and Theater Sealift program manager, Program Executive Office (PEO) Ships. “EPF 10 will enhance our forward presence and provide a variety of capabilities to U.S. operations around the globe.”

USNS Burlington will be owned and operated by the Military Sealift Command and will support a variety of missions including overseas contingency operations, humanitarian assistance and disaster relief, special operations forces, and supporting emerging joint sea-basing concepts. EPFs are capable

of interfacing with roll-on/roll-off discharge facilities, as well as on/off-loading vehicles such as a fully combat-loaded Abrams Main Battle Tank. Each vessel includes a flight deck to support day and night aircraft launch and recovery operations. Burlington will have airline-style seating for 312 embarked forces with fixed berthing for 104.

Burlington was constructed by Austal USA which is currently in production on Puerto Rico (EPF 11) and Newport (EPF 12). The company was awarded a contract in October 2018 for long lead time material to support construction of EPF 13 which

is planned to commence fabrication in late 2019.

As one of the Defense Department’s largest acquisition organizations, PEO Ships is responsible for executing the development and procurement of all destroyers, amphibious ships, sealift ships, support ships, boats, and craft.

For more news from Naval Sea Systems Command, visit www.navy.mil/local/nav-seal.

U.S. participates in Bahrain International Airshow 18

From U.S. Naval Forces Central Command / U.S. 5th Fleet

SAKHIR AIRBASE, BAHRAIN

U.S. Central Command aviation was on display Nov. 14-16 during the Bahrain International Airshow (BIAS) at Sakhir Airbase, Bahrain.

The three-day event included static displays of fixed wing and rotary aircraft along with aerial demonstrations by U.S. Air Force and U.S. Marine Corps pilots, highlighting the wide range of capabilities inherent in U.S. military aviation.

“The best approach to air power and air defense is a multi-lateral approach encompassing many key partner nations working together,” said Lt. Gen. Joseph Guastella, commander, U.S. Air Forces Central Command. “We must understand that the collective defense comes with a shared responsibility from each country to actively contribute toward the operation and sustainment of shared systems.”

Since the inception of BIAS in 2010, U.S. military support and participation has continued to enhance American partnerships in the region. U.S. participation in this event demonstrates a shared commitment to the security and stability and strengthens military-to-military relationships.

Participating U.S. aircraft included: an

MH-60S Knighthawk helicopter, an MH-53E Sea Dragon helicopter, an AV-8B Harrier, two MV-22B Osprey tilt-rotor aircraft, two F-15E Strike Eagles, two F-16 Fighting Falcons, an F-35B Lightning II, and a B-1B Lancer.

“We are grateful to be part of BIAS and appreciative of all the support we’ve received in Bahrain,” said Capt. Mike Holoman, MV-22B aircraft commander, 13th Marine Expeditionary Unit. “It’s great to have the opportunity to showcase the full capabilities of Osprey during the show.”

The airshow featured international aerobatics teams from the Italian Aeronautica Militare and the United Arab Emirates Air Force, among others.

“My favorite part of the airshow has been watching the aerial demonstrations from the other foreign militaries that are here,” said Naval Aircrewman (Helicopter) 2nd Class Bryan Jenkins. “It’s interesting to see what other countries can do, how, they fly, their capabilities, their formations, and how they work together as a team.”

This is the fifth iteration of the airshow that has been supported by the Department of Defense.

BIAS 18 was preceded by the Manama Air Power Symposium, the official conference of BIAS 18, held Nov. 13.



Photos by MC1 Bryan Blair

Lt. Xavier Scott, assigned to Helicopter Mine Countermeasures Squadron 15, poses for a photo aboard an MH-53E Sea Dragon helicopter at the Bahrain International Airshow (BIAS) 18. BIAS, a biennial event, is an opportunity to strengthen military-to-military partnerships with regional partners and European allies.



Lt. Cmdr. Steve Miller, left, and Naval Aircrewman (Helicopter) 2nd Class Kyle Smith, center, both assigned to Helicopter Sea Combat Squadron 26, explain the capabilities of an MH-60S Knight-hawk helicopter at the Bahrain International Airshow (BIAS) 18. BIAS, a biennial event, is an opportunity to strengthen military-to-military partnerships with regional partners and European allies.



Lt. Xavier Scott, assigned to Helicopter Mine Countermeasures Squadron 15, speaks with civilian media aboard an MH-53E Sea Dragon helicopter at the Bahrain International Airshow (BIAS) 18. BIAS, a biennial event, is an opportunity to strengthen military-to-military partnerships with regional partners and European allies.

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Meet Lisa Howard – Our New Family Advocate

Army officer's wife, former Army reservist, social worker, volunteer and mom of two children, one of whom has a mental health diagnosis.

Lisa Howard has an impressive personal, professional and community service resume. And she's added a new position – Family Advocate at The Barry Robinson Center.

Lisa's Experience with the Military and Mental Health

As a military spouse for 23 years, Lisa and her family have moved 10 times, including two overseas duty stations. She also has personal experience with raising a special needs child in the military culture.

Lisa's child has been a resident at The Barry Robinson Center, so she understands military families' concerns about residential treatment.

Lisa's Ready to Help

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Navy Lodge locations offer discount this holiday season

From NEXCOM Public Affairs

At the Navy Lodge, “We Believe!” in holiday specials! Guests who reserve a room from Nov. 22, 2018 – Jan. 2, 2019, at select locations will receive 20 percent off their stay. Reservations need to be made online at navy-lodge.com or dodlodging.com to receive the discount.

“The Navy Lodge Program wants to give back to our guests who sacrifice so much for us by offering an even greater savings,” said Mike Bockelman, Vice President, Navy Exchange Service Command, Director, Navy Lodge Program and DoD Reservation Center. “By giving 20 percent off their stay, I hope our guests have the opportunity to visit with loved ones or have loved ones visit them this holiday season. From the Navy Lodge family to yours, happy holidays.”

Navy Lodges participating in the holiday



Compliments of NEXCOM

promotion include Annapolis, Bethesda and Patuxent River, Md.; Fort Worth and Corpus Christi, Texas; Lemoore, El Centro, Port Hueneme, Moffett Field and Monterey, Calif.; Great Lakes, Ill.; Fallon, Nev.; Memphis, Tenn.; Gulfport, Miss.; Washington, D.C.; New London, Conn.; New York, N.Y.; Newport, R.I.; Everett and Whidbey Island, Wash.; Pensacola, Mayport and Jacksonville,

Fla.; Kings Bay, Ga.; and Norfolk and Little Creek-Fort Story, Va.

Guests will find oversized guest rooms and family suites along with lobby that promotes a fun and social atmosphere that fits the busy lifestyle of today’s service members and their families. On site amenities include vending machines, laundry area and workout room as well as children’s outside play area at many

locations. Navy Lodges also offer guests free Wi-Fi, breakfast and weekly manager’s reception. Every Navy Lodge is handicapped accessible. As an added convenience, dogs and cats up to 70 pounds in weight can stay at most Navy Lodges when traveling with its owner. Guests need to contact the specific Navy Lodge regarding pet policies.

Qatar, U.S. conclude Eastern Sailor 19

From NAVCENT Public Affairs

U.S. 5TH FLEET AREA OF RESPONSIBILITY

The U.S. Navy, U.S. Coast Guard and Qatari Emiri Naval Forces completed Eastern Sailor 19, Nov. 7.

Eastern Sailor 19 is an annual, bilateral surface exercise between the U.S. Navy and the Qatar Emiri Naval Forces serving to expand levels of cooperation between the U.S. Navy and Qatari Forces to build strength through partnerships.

The exercise was led by Task Force (TF) 55 and is part of a routine theater security cooperation engagement plan and serves as

an opportunity to strengthen tactical proficiency in critical mission areas and support long term regional stability.

Guided-missile destroyer USS Decatur (DDG 73), Cyclone-class coastal patrol ship USS Sirocco (PC 6), U.S. Coast Guard Island-class patrol cutter USCGC Monomoy (WPB 1326), Qatari Emiri Naval Forces missile boats; Q04, Q07, a Qatari gun boat and two Qatari fast boats worked together during the exercise.

Cmdr. Bob Bowen, Decatur’s commanding officer said he was proud to be part of the exercise, and appreciated the opportunity to work with the Qatari Emiri Naval Forces.

“Eastern Sailor 19 provided a valuable training opportunity that allowed both U. S. and Qatari forces to operate and learn from each other while building relationships,” said Bowen.

The exercise included small-boat attack; visit, board, search and seizure (VBSS); division tactics and maritime infrastructure protection.

Operations Specialist 1st Class John Cranek, a member of the Decatur VBSS team, appreciated his opportunity to train alongside the Qatari forces.

“It was a great experience to be able to conduct VBSS drills with the Qatari navy,”

said Cranek. “Opportunities likes these to train with our regional partners are unique. I am grateful to have been a part of the exercise and for the chance to work with another navy.”

U.S. 5th Fleet area of operations encompasses about 2.5 million square miles of water area and includes the Arabian Gulf, Gulf of Oman, Red Sea, and parts of the Indian Ocean. The expanse comprises 20 countries and includes three critical choke points at the Strait of Hormuz, the Suez Canal, and the Strait of Bab el-Mandeb at the southern tip of Yemen.

For more news from Commander, U.S. Naval Forces Central Command/5th Fleet, visit <http://www.navy.mil/local/cusnc/>.

SOUIX CITY | Newest littoral combat ship commissioned

Continued from B1

of former vice chairman of the Joint Chiefs of Staff, retired Adm. James “Sandy” Winnefeld, gave the traditional order to “Man this ship and bring her to life,” signaling the Sailors to embark and officially begin service as a U.S. Navy ship.

Iowa Senator Joni Ernst delivered the principal address at the ceremony, which was attended by Under Secretary of the Navy Thomas Modly and Chief of Naval Operations (CNO) Adm. John Richardson.

“I’ve enjoyed working with both of you to strengthen our Navy’s ability to project power on the seas and protect our wonderful homeland,” said Ernst. “I look forward to continuing this work as we rebuild the American military.”

For the ship’s crew, the day was the culmination of a few years of work to get Sioux City prepared for commissioning. It was a special opportunity to bring the ship to life at the Naval Academy, a place where naval careers – past and future – begin.

“This place breeds toughness,” said Richardson, a 1982 graduate of the Naval Academy. Additionally, Richardson noted that

the state of Iowa has exhibited toughness as well, increasing its productivity by about 40 percent since 2007.

“This increase in productivity was fueled by the ability to safely, securely and reliably ship those goods over sea lines of communication to markets around the world,” said Richardson. “Iowans and all Americans depend on the security and the system of rules and order that promotes a free follow of goods across the world’s oceans so that all people can prosper. That is why your navy is operating around the world, around the clock.”

Next, the ship will transit to Jacksonville, Florida, to join Littoral Combat Ship Squadron Two and the other LCS vessels that call Naval Station Mayport home.

“We’ve made these ships more lethal and survivable, steadily improving them. We’re investing in over the horizon missile capabilities, outfitting them with advanced sensors, placing a combination of manned and unmanned vehicles onboard to support a wide range of missions well into our future,” said Richardson.

The LCS is a high speed, agile, shallow draft, mission-focused surface combatant



Stacy Godfrey

Sailors man the rails after “bringing the ship to life” during the commissioning of USS Sioux City (LCS 11). Sioux City is the 13th littoral combat ship to enter the fleet and the sixth of the Freedom variant. It is the first ship named for Sioux City, the fourth-largest city in Iowa.

designed for operations in the littoral environment, yet fully capable of open ocean operations. As part of the surface fleet, LCS has the ability to counter and outpace evolving threats independently or within a network of

surface combatants. Paired with advanced sonar and mine hunting capabilities, LCS provides a major contribution, as well as a more diverse set of options to commanders, across the spectrum of operations.

AUDIT | DOD audit includes every military asset

Continued from B1

opinion, meaning no discrepancies, the highest possible rating. They are: the U.S. Army Corps of Engineers – Civil Works, the Military Retirement Fund, the Defense Health Agency – Contract Resource Management, the Defense Contract Audit Agency and the Defense Finance and Accounting Services – Working Capital Fund.

Two organizations, the Medicare-Eligible Retiree Health Care Fund and the Defense Commissary Agency, received a modified opinion, which means auditors have suggested some areas for remediation.

Audits for the DOD Office of Inspector General and Defense Information Systems Agency are still in progress and should be completed by the end of next month, Norquist said.

Other DOD agencies, which is most of the DOD, he said, received disclaimers, which

means there were issues such as inventory discrepancies, information technology systems security issues and financial reporting errors.

The agencies with discrepancies had by and large never been audited before, Norquist said, and most of them have already started remediation efforts to correct them so that when they are audited again at the end of this fiscal year, they will have shown improvement.

By far, the most discrepancies involved IT security, he said. For example, not revoking certificates of personnel who have departed or using systems that could be hacked.

Auditors did not find any evidence of fraud, nor did they report any problems for civilian or military pay. And, all of the services were able to account for the existence and completeness of all major military equipment.

Norquist speculated that future audits will generate a healthy competition among the services to be first with a clean audit, meaning no discrepancies for every single organization.

How the Audit was Conducted

The DOD Office of the Inspector General and independent public accounting firms performed the department’s financial statement audits.

It was important that multiple auditing agencies were used to generate healthy competition, Norquist said.

About 1,200 auditors conducted more than 900 site visits at more than 600 locations, including military bases, depots and warehouses.

The auditors reviewed hundreds of thousands of items. Auditors confirmed counts and condition of assets, reviewed DOD systems, and validated accuracy of personnel, he said.

However, the auditors didn’t count every single bean, bullet and bandage, Norquist

added. Instead, he said, they took statistically significant samples.

Why Auditing is Important

The audit is not just important to improving IT security and knowing where every piece of equipment is and what condition it is in, he said.

The audit also improves readiness. Norquist provided an example.

At Hill Air Force Base, Utah, \$53 million worth of uninstalled missile motors were listed in “not working condition,” he said. However, the auditors found that they in fact were operational. Subsequently, the Air Force was able to put them into service.

In the past, the services were reluctant to conduct a departmentwide audit, Norquist said.

However, Defense Secretary James N. Mattis was adamant about having one, saying that ignorance is not a strategy.

Mattis directed the DOD to embrace the audit, review the problems and fix them, Norquist said.

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» see **C4**

SECTION C | FLAGSHIPNEWS.COM | 11.22.18



8th annual Million Bulb Walk offers military discount and additional nights

From Kelly Welsh

Grab your walking shoes and join Norfolk Botanical Garden for the 8th annual Million Bulb Walk where guests will enjoy a leisurely walk through the Garden's spectacular holiday lights. Immerse yourself in more than a million twinkling lights — an experience like none other in Coastal Virginia. In 2017, nearly 50,000 guests kicked off the holiday season by experiencing the Million Bulb Walk! This year there are 15 extra nights!

To help celebrate the Military, NBG is opening the Million Bulb Walk with a military salute. During the 37-night event, all active duty military and veterans will receive a \$2.00 discount nightly. And, for all of our military friends and families — don't miss the newly animated fireworks display — it's the Garden's tribute to you.

Watch in amazement as the TREEmendous dancing trees move to your favorite holiday music! The Garden has added some NEW technological surprises this year — look for animated color-changing arches, moving laser lights and a spectacular Mega 44' tall tree that guests can walk through. Nearly all of the holiday displays are made up of LED lights, saving energy and cost. You can also purchase a cup of hot cocoa or a holiday treat to enjoy during your walk.

This magical holiday walking experience lasts through Dec 15 from 4 p.m. — 9 p.m.

Visit NBGHolidays.org for more information. Some evenings are expected to sell out, so purchase your ticket today! Drive through the Dominion Energy Garden of Lights beginning December 16, 2018.



Photos courtesy The Virginian-Pilot

2WD hosts American Red Cross blood drive to encourage donations during the holidays

Starting on Black Friday and continuing through the weekend, 2WD and the American Red Cross is encouraging all eligible donors to help save lives by donating blood at the 2WD Thanks for Giving Blood Drives. Each day, the American Red Cross must collect enough blood to meet the needs of accident victims, cancer patients, surgical candidates, children with blood disorders and others. All presenting donors will receive a free long-sleeve T-shirt.

"We're grateful to 2WD and their listeners for their continued support of our life-saving mission. The need is constant, and it certainly doesn't stop due to the holidays," said Bernadette Jay, external communications manager, Mid-Atlantic & Appalachian Blood Services Regions. "Patients are depending on blood donations, and if hospital staff determine they need blood it should be available — they deserve that."

Blood donations often decline from

Thanksgiving to New Year's Day as people get busy with holiday activities. Blood donors are needed around the holidays to help ensure that blood is available for all patients in need during the holiday season. Visit www.redcrossblood.org and use sponsor code 2WD to schedule an appointment.

SCHEDULE AN APPOINTMENT TODAY

Friday, Nov. 23
9 a.m. to 3 p.m.
 Virginia Beach Convention Center
10 a.m. to 3 p.m.
 Chesapeake Square Mall
 Chick-fil-A Haygood
 Greenbrier Mall
 Monticello Marketplace Shopping Center
 Patrick Henry Mall

Saturday, Nov. 24
9 a.m. to 3 p.m.
 Virginia Beach Convention Center
10 a.m. to 3 p.m.
 Chesapeake Square Mall
 Greenbrier Mall

Sunday, Nov. 25
9 a.m. to 3 p.m.
 Virginia Beach Convention Center
Noon to 5 p.m.
 Greenbrier Mall
 Patrick Henry Mall

TWO GREAT NIGHTS. ONE GREAT CAUSE!

USO Hampton Roads & Central Virginia present the Home For The Holidays Concert, Dec. 1 & 2

From USO Hampton Roads Central Virginia

Share the holiday spirit for Hampton Roads military families this season. Head over to the Virginia Beach Convention Center for a lively and festive USO-style show featuring the Guava Jam Band. Parking is 100% free, and all proceeds benefit Hampton Roads military families in need during the holidays.

In addition to Guava Jam, you'll also see performances by some incredible local musicians, including Letha Holland Deel, BJ Griffin — Former Miss Virginia, Meghan Shanley, Michael Oberdorfer, Jeff McWaters, Miguel Davis, Jason Kypros, Suzanne Oberdorfer, Alfred Garr a, and Cheri' Garr.

The Virginia Beach Oceanfront will be a boatload of holiday fun during the concert. Come early and park for free at the convention center, then dine at a great restaurant in the ViBE District or along the famous Virginia Beach Boardwalk. Enjoy the Holiday Parade at the Beach and end your night with us at the Home for the Holidays concert. It's an evening of fun, music, friends and family you won't soon forget.



- Family-friendly concert with plenty of free parking
- Free family photos with Santa
- All kids in attendance will receive a gift from Santa

So, mark your calendars and make your plans now.

Saturday, Dec. 1
DOORS: 6 p.m. SHOW: 7 p.m.

Sunday, Dec. 2
DOORS: 3 p.m. SHOW: 4 p.m.

CalendarCommunity

For a complete list of events in Hampton Roads or to submit your own, visit www.flagshipnews.com/calendar



Courtesy of Nathanael Miller

Million Bulb Walk 2018

- Through Dec. 15. 4 p.m. – 9 p.m.
- Norfolk Botanical Garden, 6700 Azalea Garden Rd., Norfolk
- \$0-17

Grab your walking shoes and join Norfolk Botanical Garden (NBG) for the 8th annual Million Bulb Walk where guests will enjoy a leisurely walk through the Garden’s spectacular holiday lights. This magical holiday walking experience lasts through December 15, 2018 from 4 p.m. to 9 p.m. Immerse yourself in more than a million twinkling lights-an experience like none other in Coastal Virginia. In 2017, nearly 50,000 guests kicked off the holiday season by experiencing the Million Bulb Walk! This year there are 15 extra nights!

Tickets are \$17 (not yet members); \$15 (military); \$13 (Garden members); \$10 (children 3 to 17); children 2 & younger are Free.

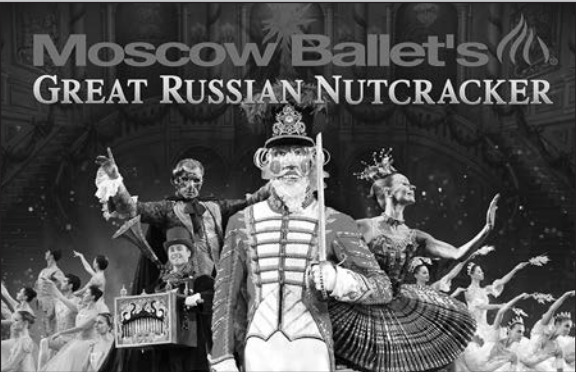


Courtesy The Norva

Mae at The Norva

- Friday, Nov. 23. 8 p.m. \$18 advance, \$23 day of show
- The Norva, 317 Monticello Ave., Norfolk
- www.thenorva.com

As longtime music aficionados, the members of the modern rock troop Mae have come to know this moment well. “For us, that’s what music is about,” says singer-guitarist Dave Elkins, who formed the band with drummer Jacob Marshall, and is now joined by guitarist Zach Gehring, bassist Mark Padgett and keyboardist Rob Sweitzer. “I remember listening to Matthew Sweet on my Walkman as a kid and feeling like I was on cloud nine. That’s what we want to do for other people. We want to write songs that people connect to.”



Courtesy Sandler Center for the Performing Arts

Moscow Ballet

- Tuesday Nov. 27. 7 p.m. \$28–\$68
- Sandler Center for the Performing Arts Performance Hall. 201 Market St., Virginia Beach
- www.sandlercenter.org

Christmas is coming and so is the one and only Moscow Ballet’s Great Russian Nutcracker. Presenting world class Russian artists, hand-painted sets, Russian Snow Maidens, and jubilant Nesting Dolls – Great Russian Nutcracker brings the Christmas spirit to life for all ages. “Kids wide-eyed with delight!” says the New York Times. Experience the Dove of Peace Tour, spreading goodwill in over 100 cities across North America. Get seats now for the whole family and make memories for a lifetime at Moscow Ballet’s Great Russian Nutcracker!

USO Home For The Holidays Concert

- Saturday, Dec. 1. 7 p.m. and Sunday, Dec 2. 4 p.m.
- Virginia Beach Convention Center, 1000 19th St., Virginia Beach
- www.homefortheholidaysconcert.com

Join us for a free, family friendly concert at the Virginia Beach Convention Center as we honor USO and military families! Featuring performances from Guava Jam Band, Letha Holland Deel, and BJ Griffin, and a special appearance from Saint Nick! Each family gets a free photo with Santa and each child gets a free gift while supplies last. You can also enter to win TWO round trip tickets with Southwest Airlines by registering with the form below! See registration form for details. This event is open to the public.

■ Submit YOUR events, news and photos

The Flagship welcomes submissions from our readers online.

Please submit **events** here: www.militarynews.com/users/admin/calendar/event/

Please submit **news** and **photos** here: www.militarynews.com/norfolk-navy-flagship/submit_news/.

Successful Beach Bags food drive brings in over six tons of food

From Erica Yelland

The Virginia Beach City Public Schools (VBCPS) Beach Bags food drive held Oct. 25 brought in more than \$8,000 in donations from the community and more than 12,000 pounds of food. VBCPS partnered with the Virginia Beach Education Foundation (VBEF), Pembroke Mall and WTKR News 3 to host the 10-hour drive.

“The success of this Beach Bags food drive was due to the 74 participating schools serving as drop-off locations, our business partners and our community’s overwhelming generous support of the Beach Bags program,” said Dr. Amber Rach, VBCPS director of community engagement. “We are tremendously grateful to our community and sponsors who continue to demonstrate their ongoing dedication to meet the needs of our students since the launch of this program.”

The Beach Bags program was established in 2009 to provide meals and healthy snacks to students who may

not have enough to eat during week-ends and school vacations. More than 93,000 Beach Bags have been distributed since the program’s launch.

The program is supported entirely by donations from community members, area businesses and nonprofit, faith-based and school organizations. Tax-deductible monetary donations can be made through the VBEF website. Every \$3 donated provides a Beach Bag for a child and 100 percent of all monetary donations is used to purchase of shelf-stable food. Individually sized food donations are also accepted year-round at the school division’s administration building, located at 2512 George Mason Drive in Virginia Beach.

For more information about the Beach Bags program, to make a donation or to volunteer, contact the Office of Community Engagement at 757-263-1936 or beachbags@vbschools.com.

“We are tremendously grateful to our community and sponsors who continue to demonstrate their ongoing dedication to meet the needs of our students since the launch of this program.”

Dr. Amber Rach,
VBCPS director
of community engagement

Virginia Symphony Orchestra presents Winter Dreams

From Derek Page

Grammy-winning conductor and VSO Music Director JOANN FALLETTA leads the Virginia Symphony Orchestra in Winter Dreams: Classics for the Season, November 30 through December 2, as it kicks-off its popular holiday music season in Newport News and Virginia Beach. Joining the Orchestra as special guest soloist will be award-winning cellist JULIAN SCHWARZ.

Performances will be Friday, Nov. 30, 2018, 8 p.m., at Ferguson Center for the Arts, Newport News; and Sunday, Dec. 2, 2:30 p.m., at Sandler Center for the Performing Arts, Virginia Beach. Tickets start at \$25 and can be purchased by phone at: 757.892.6366 weekdays, online at: www.virginiasympphony.org or in person at the Virginia Symphony Box Office, 150 Boush Street, Suite 201, Norfolk, VA 23510 weekdays. For group sales of 10 or more, call 757.213.1413.

Julian Schwarz will perform as soloist in Tchaikovsky’s delightful Rococo Variations, as well as Gabriel Faure’s exquisite Elegy for Cello and Orchestra, two masterpieces of the repertoire for cello. The major orchestral offering for the performances will be Nordic composer Jean Sibelius’ Symphony No. 5, as well as popular ballet music from Glazunov’s The Seasons, and Tchaikovsky’s The Nutcracker.

Julian Schwarz was born to a multigenerational musical family in 1991. Heralded from a young age as a cellist des-

igned to rank among the greatest of the 21st century, Julian’s powerful tone, effortless virtuosity, and extraordinarily large color palate are hallmarks of his style.

In 2013 Schwarz won 1st prize in the professional cello division of the Schoenfeld International String Competition in Hong Kong, and in 2016 won 1st prize at the Boulder International Chamber Music Competition’s “The Art of Duo” with Canadian pianist Marika Bournaki.

After making his concerto debut at the age of 11 with the Seattle Symphony and his father Gerard Schwarz on the podium, he made his US touring debut with the Moscow Radio Symphony Orchestra in 2010. Since then he has led an active career as soloist.

A devoted teacher, Schwarz serves as Asst. Professor of Cello at Shenandoah Conservatory of Shenandoah University (Winchester, VA). Other faculty appointments include the Eastern Music Festival (Greensboro, NC), Lunenburg Academy of Music Performance (Nova Scotia, Canada), and faculty teaching assistant to Joel Krosnick at The Juilliard School.

Schwarz studied at the Academy of Music Northwest, the Colburn School with Ronald Leonard, and received both BM and MM degrees from The Juilliard School where he studied with mentor Joel Krosnick. Schwarz plays on a Neapolitan cello made by Gennaro Gagliano in 1743.

“The Art of Christmas” exhibit inside Dickens’ Christmas Towne brings to life Dickens’ classic tale

From Beth Bilderback

Nauticus has partnered with famed illustrator and Irish Laureate for children’s literature, P.J. Lynch, to present “The Art of Christmas,” an exhibition of his original artwork from Charles Dickens’ A Christmas Carol. This is the first time Lynch’s preparatory drawings, along with many of his paintings, will be showcased in the United States. The exhibit, which is presented by Union Bank & Trust, will debut November 17 at Dickens’ Christmas Towne, a walk-through holiday experience inside the Decker Half Moore Center at Nauticus.

“This year marks the 175th anniversary of A Christmas Carol,” said Stephen E. Kirkland, Nauticus executive director. “P.J.’s amazing illustrations

from Dickens’ classic tale are beloved around the world, and we’re proud to showcase them this holiday season.”

P.J. Lynch has illustrated countless books, but is perhaps most recognized for his work on A Christmas Carol. A focal point of “The Art of Christmas” will be an enormous, 7-foot-tall painting illustrating a scene in which Scrooge encounters the Ghost of Christmas Present. Nauticus also partnered with the Boston Pops Orchestra on a video featuring Lynch’s work narrated by actor Will LeBow.

“The Art of Christmas” is included in regular admission to Dickens’ Christmas Towne (\$7.50 for adults; \$5 for children; 2 and under free).

Dickens’ Christmas Towne hours are:

Thanksgiving Weekend
Friday, November 23 & Saturday, November 24, 10 a.m. – 8 p.m.
Sunday, November 25, Noon – 6 p.m.
November 30 – December 16
Fridays, 4 – 8 p.m.
Saturdays, 10 a.m. – 8 p.m.
Sundays, Noon – 6 p.m.
December 17– 20, 4 – 8 p.m.
December 21 – 22, 10 a.m. – 8 p.m.
December 23, Noon – 6 p.m.
Christmas Eve, 10 a.m. – 3 p.m.
Closed Christmas Day
December 26 – 29, 10 a.m. – 6 p.m.
December 30, Noon – 6 p.m.
New Year’s Eve, 10 a.m. – 5 p.m.

For more information, visit <http://dickenschristmastowne.com>.



Courtesy Nauticus

Arts & Entertainment



coming to theaters

BECOMING ASTRID

Teenaged Astrid Lindren (Alba August), who later went on to write the Pippi Longstocking series, leads a carefree life with her family in the forests and fields of rural Sweden. Restless and eager to break free from the confines of her conservative upbringing, she accepts an internship at a local newspaper where she attracts the attention of its married editor, Blomberg (Henrik Rafaelsen). After Astrid becomes pregnant, she leaves her childhood home and goes to Copenhagen to secretly give birth to a son, Lasse, whom she reluctantly leaves in the care of a foster mother, Marie (Trine Dyrholm). Astrid goes into self-imposed exile in Stockholm, refusing Blomberg's offer of marriage and saving up her paltry salary for visits to see Lasse. When Marie falls ill, Astrid uses her imagination and flair for storytelling to reconnect with her son. In spite of her struggles, Astrid emerges with a newfound courage that will later form the foundation of a vast and beloved body of work.

MOWGLI

The story follows the upbringing of the human child Mowgli raised by a pack of wolves in the jungles of India. As he learns the often harsh rules of the jungle, under the tutelage

of a bear named Baloo and a black panther named Bagheera, Mowgli becomes accepted by the animals of the jungle as one of their own, except for one; the fearsome tiger Shere Khan. But there may be greater dangers lurking in the jungle, as Mowgli comes face to face with his human origins.

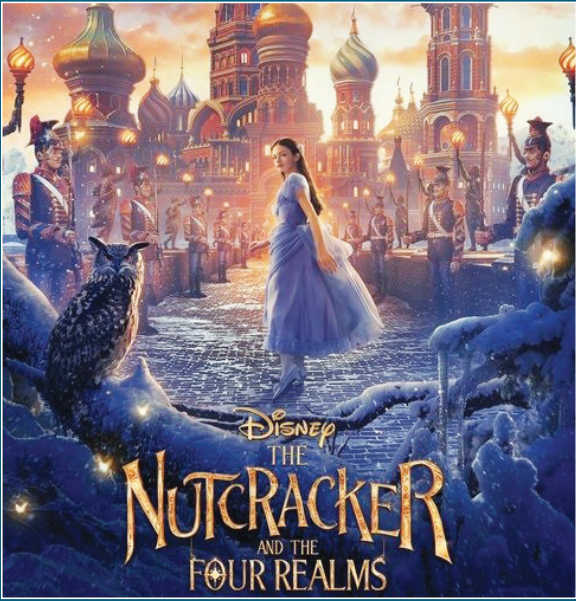
THE MULE

Earl Stone, a man in his 80s who is broke, alone, and facing foreclosure of his business when he is offered a job that simply requires him to drive. Easy enough, but, unbeknownst to Earl, he's just signed on as a drug courier for a Mexican cartel. He does well - so well, in fact, that his cargo increases exponentially, and Earl is assigned a handler. But he isn't the only one keeping tabs on Earl; the mysterious new drug mule has also hit the radar of hard-charging DEA agent Colin Bates. And even as his money problems become a thing of the past, Earl's past mistakes start to weigh heavily on him, and it's uncertain if he'll have time to right those wrongs before law enforcement, or the cartel's enforcers, catch up to him.

ANNA & THE APOCALYPSE

A zombie apocalypse threatens the sleepy town of Little Haven - at Christmas - forcing Anna and her friends to fight, slash and sing their way to survival, facing the undead in a desperate race to reach their loved ones. But they soon discover that no one is safe in this new world, and with civilization falling apart around them, the only people they can truly rely on are each other.

base theaters \$3 Movies



All Clara wants is a key - a one-of-a-kind key that will unlock a box that holds a priceless gift from her late mother. A golden thread, presented to her at godfather Drosselmeyer's annual holiday party, leads her to the coveted key-which promptly disappears into a strange and mysterious parallel world. It's there that Clara encounters a soldier named Phillip, a gang of mice and the regents who preside over three Realms: Land of Snowflakes, Land of Flowers, and Land of Sweets. Clara and Phillip must brave the ominous Fourth Realm, home to the tyrant Mother Ginger, to retrieve Clara's key and hopefully return harmony to the unstable world.

JEB Little Creek, Gator Theater – 462-7534

Friday, November 23

6 p.m. The Nutcracker & The Four Realms (PG)
9 p.m. Hunter Killer (R)

Saturday, November 24

1 p.m. The Nutcracker & The Four Realms (3-D) (PG)
4 p.m. Venom (3-D) (PG-13)
7 p.m. Hunter Killer (R)

Sunday, November 25

1 p.m. Goosebumps 2: Haunted Halloween (PG)
4 p.m. A Star Is Born (R)
7 p.m. Halloween (R)

NAS Oceana, Aero Theater – 433-2495

Friday, November 23

6 p.m. The Nutcracker & The Four Realms (PG)
9 p.m. Hunter Killer (R)

Saturday, November 24

12 p.m. The Nutcracker & The Four Realms (3-D)(PG)
3 p.m. Venom (PG-13)
5 p.m. Hunter Killer (R)

Sunday, November 25

12 p.m. First Man (PG-13)
3 p.m. The Nutcracker & The Four Realms (PG)
6 p.m. A Star Is Born (R)

Schedule is subject to change. For your weekly movie showtimes and more, check out the Navy Mid-Atlantic Region MWR website at discovermwr.com.

VISIT WWW.FLAGSHIPNEWS.COM



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NAVSTA Auto Auction to be held Dec. 5

From MWR Community Recreation

THE VEHICLES:

■ All vehicles have been abandoned on the Naval Station and are sold as is. There is no guarantee that the vehicles will run. Vehicles are not guaranteed as to year or state inspection. **SPECIAL ODOMETER NOTE:** DO NOT rely on the odometer reading, as it could be incorrect. Odometer reading could be more or less. Bidders are explicitly advised to closely examine the vehicle they are bidding on. There are no guarantees expressed or implied.

VIEWING OF VEHICLES:

Vehicles may be viewed at SP-123 from 1000 to 1300 on the Monday and Tuesday prior to the day of the auction. There will be a list of vehicles available at the viewing; however, any vehicle may be pulled from the auction up until the close of business Tuesday. Everyone entering the lot must have valid CAC/Military ID card. This auction is only open to our military/CAC card holders. (Active Duty, Retirees, Dependents, Civil Service)

BIDDER REGISTRATION:

All bidders must be registered and have a bidder number. Receipt of a bidder number implies an understanding of the legal obligations to these stated rules and regulations. Registration will start at 1000 on the day of the auction at the auction site. Bidders must register their name and address as they wish them to appear on the Certificate to Obtain Title. The MWR Department reserves the right to refuse to register bidders who have previously failed to follow the rules of their auctions. Registered bidders are responsible for all bids under their number. You, the registered bidder, are responsible for bids tendered, irrespective of the designated purchaser of the vehicle. i.e. **DO NOT BUY A CAR FOR A FRIEND OR RELATIVE UNLESS YOU ARE PREPARED TO ASSUME RESPONSIBILITY FOR THE PURCHASE.** The Certificate to Obtain Title must be made out in the name of the winning bidder. Do not bid on a car and then request that the Certificate to Obtain Title be pre-

YEAR	COLOR	MAKE	MODEL	VIN
1989	WHITE	HONDA	PRELUDE	JHMB44144KC039169
1992	BLACK	LEXUS	LS400	JT8UF11E0N0128809
1992	GREY	CHEVROLET	CAPRICE	1G1BL534NR123042
1994	SILVER	CHEVROLET	PICKUP	1GCEK19K9RE168083
1995	BLACK	HONDA	ACCORD	1HGED7263SA038655
1996	BLACK	DODGE	RAM 1500	3B7HF13Y5TM111668
1998	BLUE	MERCEDES	C280	WDBHA29G6WF751569
1998	BLUE	HONDA	ACCORD	1HGGCG5644WA231665
1998	GOLD	LINCOLN	TOWNCAR	1LNFM81WXYW680088
1999	BLACK	NISSAN	MAXIMA	JN1CA31DXYT521995
1999	WHITE	FORD	MUSTANG	1FAFP4049XF143610
1999	GREY	TOYOTA	AVALON	4T1BF18B8XU311936
1999	RED	FORD	F150	1FTRX18L2XNB68114
2000	BLACK	DODGE	RAM	1B7HF16Y7YS543723
2000	MAROON	MERCURY	MYSTIQUE	1MEFM6538YK606732
2000	BLACK	CHEVROLET	IMPALA	2G1WH55K4Y9176876
2002	BLACK	DODGE	PICKUP	1B7GG36X02S653394
2003	BLACK	SATURN	ION	1G8AF52F43Z195144
2003	RED	PONTIAC	GRAND AM	1G2NE52F03C296165
2003	WHITE	FORD	VAN	1FTNE24L23HA28850
2003	GREY	CHEVROLET	IMPALA	2G1WHSZK739439665
2004	WHITE	FORD	F350	1FTWW32S44EC56840
2004	WHITE	CHEVROLET	IMPALA	2G1WF55K449296662
2004	BLUE	FORD	F150	1FTRF12W34NA87219
2004	BLACK	PONTIAC	GRAND PRIX	2G2WP52141239153
2004	BLACK	FORD	MUSTANG	1FAFP406X4F172126
2005	SILVER	AUDI	A4	WAULC68E45A092901
2007	BLACK	VOLVO	S60	YV1RS592672607788
2007	BLUE	HONDA	ACCORD	1HGCM66517A026149
2007	WHITE	DODGE	CHARGER	2B3KA43H47H770319
2007	RED	CHRYSLER	PT CRUISER	3C4FY4BB61T296655
2008	RED	CHEVROLET	MALIBU	1G1ZJ57B78F264147
2008	BLUE	SATURN	ASTRA	W08AT271885037200
2008	BLUE	CHEVROLET	COBALT	1G1AL58F987288355
2008	GOLD	INFINITI	M35	JNKAY01EX8M603063
2012	WHITE	CHEVROLET	MALIBU	1G1ZD5E01CF280149
2012	BLUE	NISSAN	SENTRA	3N1AB6AP1CL716669
2013	WHITE	DODGE	AVENGER	1C3CDZCB7DN655238
2013	GREY	DODGE	CHALLENGER	2C3CDYBT2DH679489
2014	BLACK	PONTIAC	GTO	6G2VX12U461L566734
2014	WHITE	CHEVROLET	CRUZE	1G1PC5SBXE7416274
2014	SILVER	FORD	FIESTA	3FADP4EJ5EM107884

pared in someone else’s name.

BIDDING ON VEHICLES:

The auction will normally start at noon on Wednesday at the direction of the auctioneer. The auctioneer will proceed down the row of vehicles taking verbal bids on each vehicle in turn. Bidders who are interested in a particular vehicle should stand near the vehicle so that the auctioneer will hear their bid. All sales are final. Please be sure of the vehicle you are bidding on. Bidders may not par-

ticipate in the auction while on their phones or electronic devices. The MWR Department reserves the right to refuse any and all bids and to settle any and all disputes involving bids. This is an absolute auction. There are no extra fees or charges that must be paid. The bid price is the sale price. Once the auctioneer declares a vehicle “sold”, the high bidder must sign a Form 1348-I (transfer of government property) acknowledging the bid price.

PAYMENT FOR VEHICLES:

IF PAYMENT IS MADE IN FULL ON THE DAY OF THE AUCTION: The highest bidder on each vehicle may pay in full on the day of the auction at SP-314. Such payment must be made in the form of cash or credit card (no checks). If payment is made in full on the day of the auction, the Certificate to Obtain Title (Form 97) will be prepared immediately and presented to the buyer. Payments are taken until 1530 auc-

tion day.

IF PAYMENT IS NOT MADE IN FULL ON THE DAY OF THE AUCTION: The highest bidder must pay a minimum of \$20 or 10% deposit, whichever is greater, on the day of the auction. This non-refundable payment may be made by cash or credit card. The remaining balance must be paid with cash or credit card (no checks) within five working days. Payment must be made at the Naval Station Impound Lot office, Bldg SP-314 located at the end of 10th Ave., between the hours of 0900 and 1630. When the complete payment is made within five working days of the auction, the Certificate to Obtain Title will be issued to the buyer. The signed Form 1348-I will act as a bill of sale for removal of the vehicle from the auction site.

FAILURE TO MAKE FULL PAYMENT WITHIN FIVE WORKING DAYS: The failure on the part of the bidder to make full payment within five working days of the auction will make the sale null and void, and result in the forfeiture of any deposits. The vehicle will then be re-offered for public sale at the next abandoned vehicle auction.

REMOVAL OF VEHICLES:

Vehicles must be paid for in full before they are removed from the auction site. All vehicles must be towed off of the lot. Buyers have five working days from the day of the auction to remove their vehicle and may do so from 0900-1600 Monday-Friday. Vehicles may not be worked on in the lot of the new location. You must show a signed Form 1348-I, Form 97, or registration for the vehicle to be released. Buyers who have paid in full for their vehicle and have not removed it within five working days will be assessed a \$15 per day/vehicle storage charge. Vehicles left for two weeks from the auction date will be declared abandoned and will be towed. Buyers will then be assessed a towing charge in addition to the \$15 per day storage charge.

FURTHER INFORMATION:

Call the Impound Lot office at 444-2631, Monday –Friday, 0900-1700. www.genedanielsauctions.com





Small Business Saturday
November 24



37th Annual

250 Local & National Artisans

Handmade American Crafts, Fine Arts, Stained Glass, Woodcrafts, Jewelry, Functional & Decorative Pottery, Toys, Gourmet Foods, Christmas Collectibles, Photography, Thousands of Holiday Decorating Ideas, & Much More!

A Taste Of The Holidays!
Specialty food merchants offering gift-packaged gourmet delights, ideal for hostess gifts, stocking stuffers, and easy holiday entertaining!

Vintage Alley
A showcase area dedicated to upcycled gifts, re-purposed home goods, vintage & shabby chic creations, and reclaimed furniture in bright new hues and textures! Don't miss this special section for unique gift selections and décor for your home!

November 23-25
Friday & Saturday 10am-6pm, Sunday 10am-5pm
Pictures with Santa Daily from 11am - 3pm

Virginia Beach Convention Center
1000 19th Street, Virginia Beach, VA
Free Parking & Shuttle Service
Admission \$8 Adults
\$2 Children 6-12 / Children Under 6 Free

For \$1 Off Admission: Bring a canned food donation to benefit the Food Bank of Southeastern Virginia or fill out and present the form below to the box office.

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For Discounts & Reminders to Future Shows, Complete & Present to Box Office

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Address: _____

City: _____ State: _____ Zip: _____

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We offer sales, service, parts and friendly advice. Test rides of any of our used bikes are offered to those with a valid MC license. This doesn't include new or consignment units, and text rides are up to the discretion of staff. **We offer an extra discount on top of any factory dealer discounts to any current duty military, police to firefighters.** If we don't have something you want, let us know what it is that you're looking for. If it's available we'll order it for you. Our service techs have well over 100 years of combined experience, and are well versed at solving any service issues you may be facing. We have a vast variety of new and used motorcycles, scooters and atv's and can help get you financed. We offer walk in state inspections every day we're open.

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Where does your turkey come from? It does matter

From Brandpoint

It's 6 a.m. in Bell County, Texas. The sun is yet to peek over the horizon on what will become a steamy summer day, but Darrell Glaser is already strolling through his turkey houses to ensure the birds on his family farm are comfortable. The farm has been in Glaser's family for nearly 100 years, and Darrell and his family have spent nearly every day tending to their turkeys.

At Bar G Farms, the Glasers — Darrell, his four sons and his mother — focus on raising healthy, happy birds. From monitoring and protecting them during a raucous Texas thunderstorm to checking air and water quality, the family does everything possible to ensure the well-being of their turkeys.

"Animal welfare is very important to all of us at Bar G Ranch," Darrell said. "The happier and more comfortable the animal, the healthier they are going to be."

Shady Brook Farms(R) understands the connection between family farms and family holiday traditions. A November 2017 survey conducted by Shady Brook Farms revealed that 80 percent of

consumers agree that during the holidays, it is important for their turkey to be raised by a family farm. Shady Brook Farms turkeys raised by family farmers can be found in local retailers in the eastern United States.

In Central Missouri, Glenn and Kathy Robertson have been raising Shady Brook Farms turkeys for 45 years on their family farm, with plenty of helping hands.

"On our farm, it has always been a family event," Glenn said. "Kathy and our four children have always helped from getting ready for new poults to cleaning the building when they go to market. Now, my son, Ryan, is going to take over with help from our 15 grandchildren who all live on the farm."

The Robertson family is very active at church and in the local community. Glenn coaches local basketball and baseball teams, contributes on the board of special services for special needs children and serves as the Boy Scouts' youth director. When the Robertson family gathers for Thanksgiving dinner, they will be thinking about those who are spending time together



Brandpoint image

enjoying a turkey raised on their farm.

Quality time together is also the favorite part of Thanksgiving for the Shepherd family in Coryell County, Texas. In 2012, Jordan and Megan Shepherd started raising turkeys on Spurrin's Farms.

"We were looking for a great place to raise a family where we could live and work together, where we could be a part of each

other's lives and help to make a difference for the better," Jordan said. "Here we have found all of that and more."

Jordan and Megan have two children, Jaxon and Emma Rae, and Megan's dad, Gene, joined them on the farm. The Shepherd family raises turkeys with care and compassion, and best of all, they get to be a part of each other's lives on a day-to-day basis.

These family farmers are thriving raising holiday turkeys. They have a passion for the time they spend together, the well-being of their animals and the work they do.

"We put our heart and soul into what we do. We work long and odd hours to make sure our turkeys are healthy and safe," Darrell Glaser said. "Farming is what we do, and we love it."

Time-saving tips and healthy tricks for holiday baking

'Tis the season for cookies, cakes, candies and more! Those delectable treats are an iconic part of celebrations big and small. Whether you want to cozy up by the fire with your favorite confection or bring a few batches to the school bake sale, you're bound to be baking like crazy this time of year.

With visions of holiday cookies dancing in your head, you know that means you'll have to carve out time to make all those goodies. Don't stress at the thought of a packed schedule and the temptation of too many unhealthy treats. Registered dietitian Dawn Jackson Blatner shares some smart tips to save time while also creating better baking that provides rich flavors and higher quality nutrients.

Streamline by planning ahead

First, consider designating a part of your cabinet or pantry to your holiday baking supplies and let family members know it's off limits. There's nothing worse than starting a recipe only to realize an ingredient you need became a snack two days prior. Those nuts, dried fruit and chocolate can be tempting! So, stock up on high-quality ingredients and add a note to deter tempted snackers if necessary.

Another tip: Bake what you can ahead of time. "There are many holiday cookies that freeze beautifully," says Blatner. "That means you can start your baking weeks ahead of time and be ready for celebrations of all kinds. Just remember to thaw the day prior so that your baked goods are ready to go."

Get better results with better eggs

"Fresh ingredients are the key to superior baking and eggs are the perfect example," says Blatner. She recommends Eggland's Best eggs because they are the only eggs that have double the omega-3s compared to ordinary eggs. Omega-3s are classified as "essential" fatty acids because they are important

for maintaining good health and the body cannot make them on its own. Omega-3s also enhance baking as they improve emulsifying qualities.

More than just Omega-3s, Eggland's Best eggs have 25 percent less saturated fat, six times more vitamin D, 10 times more vitamin E and more than double the amount of vitamin B12. That means no matter what recipe you use them in, you'll be improving the nutritional profile of your holiday treats.

Use simple swaps for healthier results

Making more nutritious cookies can be as simple as swapping out a few key ingredients. Consider chocolate, a popular ingredient in holiday desserts. Instead of buying milk or white chocolate, use dark chocolate in recipes. "Dark chocolate is lower in sugar content and contains important antioxidants that are good for your heart," Blatner says.

Another smart swap is to switch out some or all of your recipe's white all-purpose flour for whole-wheat alternatives. This pumps up the fiber content of your recipes. "Whole-wheat flour is a good option to keep on hand in the pantry," says Blatner. "For cookies with a more delicate texture, consider using a finely milled whole-wheat pastry flour."

Find recipes with low prep time or prep-ahead qualities

Holiday baking is a fun tradition whether you do it solo or plan a cookie day with the kids. To save time and reduce stress, look for simpler recipes or ones that offer you the ability to do steps ahead of time. With this Eggland's Best recipe for classic cut-out sugar cookies, you can make the dough the day before so you're ready to dive into the fun the day of, baking and decorating the cookies.



Brandpoint image

Holiday Cut-out Sugar Cookies

Ingredients:

- 3/4 cup butter (softened)
- 3/4 cup vegetable oil
- 1 cup white sugar
- 2 Eggland's Best Eggs (large)
- 2 teaspoons vanilla extract
- 1/2 cup sour cream
- 6 cups white flour
- 4 teaspoons baking powder
- 1 teaspoon salt
- Frosting:
- 1/2 cup vegetable shortening
- 3 1/2 cups powdered sugar
- pinch of salt
- 1/3 cup Eggland's Best Liquid Egg Whites
- 1 teaspoon vanilla
- small squeeze of lemon juice

Directions:

In a large mixing bowl with a hand mixer or in a stand mixer with a paddle attachment, cream together the butter, shortening and sugar until

fluffy and pale in color.

Add in the eggs, vanilla and sour cream and mix until combined.

Add the baking powder, salt and flour (one cup at a time), mixing until everything is evenly incorporated.

Cover and chill the dough, preferably overnight for best results.

Preheat the oven to 350 F. On a lightly floured surface roll the dough out to a 1/4- or 1/2-inch thickness.

Cut into holiday shapes with a cookie cutter. Transfer cookies to a lightly greased cookie sheet and bake for 10 minutes. Remove from oven and move cookies to a rack to cool.

Frosting:

In a large mixing bowl with a hand mixer or in a stand mixer with a paddle attachment, cream the butter until fluffy.

Add the confectioners' sugar, 1 cup at a time, and mix until combined.

Add the salt, egg whites, vanilla and lemon juice and beat until ingredients are incorporated.

Spread over cooled cookies, sprinkle with colored sugar and serve immediately.

The Cord-Cutter's Dilemma

TV viewers have more options than ever

From Brandpoint

You've made the decision to cut the cord. Now, how can you continue to enjoy all your favorite shows in a cost-effective and convenient manner?

With multiple ways to access content in

today's home entertainment market, consumers face a challenge: how to get a premium TV experience — live TV, recording capability and access to popular streaming apps — without the premium price.

How can you get a premium TV experience without the premium price? Consumers can opt to get many of their favorite shows through a subscription service on a streaming media player like Roku or Apple TV.

They can also connect their televisions directly to HD antennas to watch local broadcast networks. While these options have benefits, neither provides an elegant, all-in-one solution. That's the cord-cutter's dilemma.

Streaming media players offer limited access to live local news, weather and sports. HD antennas offer free TV programming, but most TVs, even those with combination antenna/DVR, don't provide full program schedules, episode descriptions or pictures. Of course, you could choose to buy a streaming player and an HD antenna, but then you have to deal with juggling multiple devices and multiple remote controls.

The good news? There's a new device that offers the benefits of both — and more. The recently launched TiVo BOLT OTA for antenna is a live TV, recording and streaming device all-in-one that's perfectly designed for cord-cutters who are looking for that next-level TV experience without the high price.

Consumers can watch and record available broadcast programming, plus stream 4K Ultra HD movies and TV shows from Netflix,

Amazon Prime Video, Hulu and more. Better still, it offers access to all this programming on large and small screens, both in-home and on the go.

It doesn't stop short on today's most innovative technologies either, offering voice commands through the included remote and hands-free control using Alexa-enabled smart home devices like the Amazon Echo.

A variety of cool features enhance the entertainment experience, like one that skips right past commercials on select recorded episodes, which means that you don't have to futz with the fast forward button. Speed-watch any program without losing sound quality.

Additionally, the included four TV tuners can store up to 150 hours of HDTV programming, allowing you to record up to four shows at once without worrying about storage space.

The bottom line? Cord-cutters no longer have a dilemma. The TiVo BOLT OTA for antenna offers live TV, recording and streaming in one simple, fun and money-saving device.



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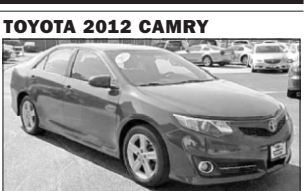
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Fun and Games

Super Crossword

MANY MEANINGS

- ACROSS**

1 Build up

6 Features of gymnasts' horses

13 With a single flat, musically

16 Tam or fez

19 Start a web session

20 "Seriously!"

21 Measure in Ohm's law

23 See

112-Across

25 Metallic marble

26 German GM subsidiary

27 Ernie of the PGA Tour

29 Put forth, as effort

30 See

112-Across

38 Lake vessel

39 "I Go —" (Peter Allen song)

40 Hindu masters

41 Spies, e.g.

43 Kind of violet

45 — kwon do

46 With

87-Down, collectively

49 TV's Arnaz

50 See

112-Across

55 Singer King of "Tapestry"

57 Barmaid on "Cheers"

58 Name of five Norse kings

59 Profs' helpers

62 "Man" or "12"

63 Gulf War missiles

65 Mold, as clay

66 See

112-Across

72 "The Wild Swans at —" (poem by Yeats)

73 Lawyer on "Ally McBeal"

74 H.S. math class

75 Blaster's stuff

76 Like much music of the '90s

77 "You — both!"

79 Many a Muslim

82 See

112-Across

86 Debussy's "Clair de —"

90 Bundy and Unser

91 "Mazel —!"

92 "— is human ..."

93 Like a perfect place

95 School skipper

98 Like back-in-fashion

12-Down

100 Buddy

101 See

112-Across

106 Microsoft ad campaign

107 Ear-relevant prefix

108 Paula once on CNN

109 Sleep-inducing drug

112 Not sharp, as a picture on a screen (and what

23-, 30-, 50-, 66-, 82- and 101-Across are, literally)

120 Comic actress Wiig

121 Alcohol in liquor

122 Comaneci of gymnastics

123 DOS part: Abbr.

124 "Assuredly!"

125 Wet outside

126 Clearing in the woods

DOWN

1 Alien of TV

2 Stooge of TV

3 Get ripper

4 Very wise

5 Brief excerpt

6 Little oinker

7 "Holy cow!," in a text

8 Singer Tillis

9 — Zedong

10 Brian of electronica

11 Treated with calcium compounds

12 Fashion trends

13 ICU sights

14 "— fair!"

15 More woolly

16 Novelist Carr

17 "It's —" (delivery cry)

18 Calvin of golf

22 Dallas locale

24 "— Blu Dipinto di Blu"

28 Dallas-to-Austin dir.

30 Gerbil holder

31 Singles

32 "Fiddler on the Roof" star

33 Obliterate

34 Quick note

35 Ned who manages the Royals

36 Plate for the Eucharist

37 Picture

38 Blackguard

42 Scuffle

44 "Hey, bro"

46 Phrase after "café"

47 Fasten with a click

48 Onset

51 Nessie's waters

52 Lunar effect

53 Door fixture

54 Big-top cries

56 Church area

59 Port near Seattle

60 Musically keyless

61 Artists' wear

63 Tight-lipped

64 Quarter of M

65 USMC rank

67 Merrie — England

68 Inner: Prefix

69 Do, —, fa ...

70 Sprinkle, say

71 Skip over

77 Love, to Gigi

78 Kim of "Pal Joey"

79 Kinda maybe

80 Rush

81 Rudimentary

83 Horrible thing

84 Like slasher films

85 Look like

87 See

46-Across

88 Nearly here

89 Prefix with law or chic

94 Debonair

95 Sorts

96 Cpl., for one

97 Epithets

99 How slimy stuff seeps

101 Tiny wounds

102 University in Atlanta

103 Seasonally dry ravines

104 Molar, e.g.

105 Tore

110 Born, to Gigi

111 Lt.'s inferior

113 "— is it?"

114 Crow relative

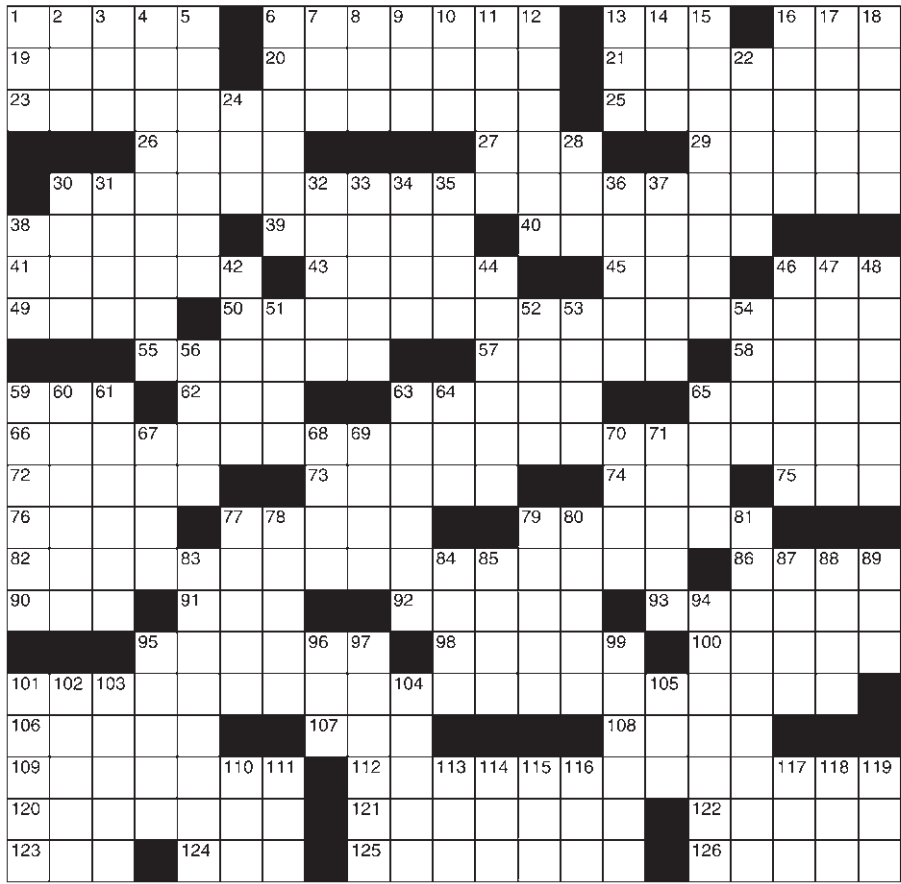
115 Phenyl ender

116 FWIW part

117 Ore- — (food brand)

118 Meteor tail?

119 Scots' "no"



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last week's answers

Answers																
R	O	A	M	U	T	E	P	E	A	T	S	P	A	N	I	S
A	C	R	E	A	G	E	S	O	N	S	A	F	A	R	I	N
W	H	E	N	T	H	E	S	O	N	G	W	R	I	T	E	R
E	R	N	S	T	O	R	I	E	N	V	O	Y	H	A	R	M
R	E	T	A	I	N	S	Z	E	D	E	R	E	M	I	T	E
L	A	D	S	C	O	M	P	O	S	E	D	A	K	I	D	S
L	A	D	S	T	A	U	N	I	T	G	L	A	D	S		
A	B	O	U	T	A	C	R	O	P	G	R	O	W	E	R	
U	D	D	E	R	K	E	R	P	E	S	O	S	E	R	E	
R	U	G	R	A	T	C	A	G	E	I	A	M	A	T		
A	L	E	W	H	O	H	A	D	M	A	R	I	E	D	N	T
A	W	O	L	R	E	P	O	E	S	S	E	A	S	E		
N	I	N	E	A	N	E	N	G	L	I	S	H	P	O	P	
E	S	T	E	E	C	A	A	N	O	O	H	A	S	T	O	
W	H	A	T	I	T	L	E	D	I	D	H	E	U	S	E	
B	R	E	A	T	H	E	R	I	O	T	O	S	S	U	P	S
V	O	I	D	C	R	A	F	T	G	U	M	S	A	T	A	N
I	N	A	T	H	E	F	A	R	M	E	R	A	N	D	A	
S	E	N	R	E	A	S	S	I	G	N	G	R	A	Y	A	
A	S	S	A	D	D	T	O	M	E	S	A	Y	T	O	K	

6	2	4	1	7	9	5	3	8
1	9	3	5	2	8	7	6	4
5	8	7	4	3	6	9	1	2
2	5	8	7	6	1	3	4	9
3	1	6	8	9	4	2	7	5
7	4	9	2	5	3	1	8	6
9	3	1	6	8	2	4	5	7
8	7	2	3	4	5	6	9	1
4	6	5	9	1	7	8	2	3

Religious Services

For your installation's religious service times, visit:

www.flagshipnews.com/
base_information/
religious_services

Sudoku

2				8				3
		3	6			4		
	6				9		7	
		2	7					6
4				5			2	
	1				3	9		
	5		3			7		
		1		6			4	
3		9			8			1

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: R equals H

KRUK CJZ LHDNO'K DUK ODUQSZ

UN EJTR QHJCRUCD UN RD

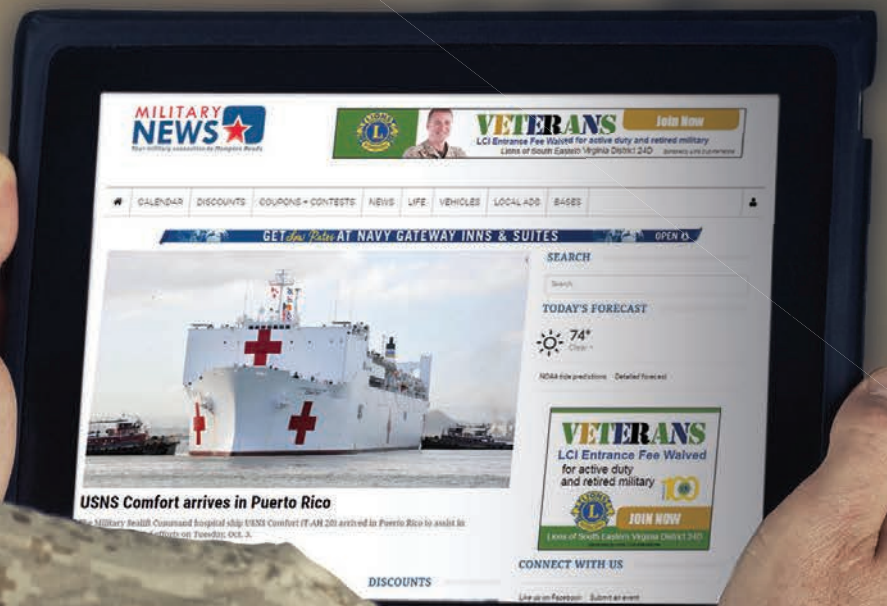
TSUBEN. RD'N LDGBOBKDSZ U

GBFDQ GBFFDQ.

Last week's CryptoQuip answer

On occasion, the shepherd has heard some annoyed and disgusted sheep crying "Baa, humbug!"

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