

FLEET WEEK HAMPTON ROADS CELEBRATES 243RD NAVY BIRTHDAY

From Navy Region Mid-Atlantic Public Affairs

NORFOLK

In celebration of Fleet Week Hampton Roads and the Navy’s 243rd birthday, a variety of events were held throughout the weekend as a way to honor the sacrifices and contributions of Sailors, past and present, who are our neighbors, volunteers, and citizens who actively work each day to enhance the quality of life here in Hampton Roads. The Navy birthday is celebrated on Oct. 13 each year — this year’s theme was “Forged by the Sea.”

Events this weekend included:

Saturday, October 13

Annual Grunt Run on Naval Support Activity Hampton Roads-Northwest Annex - Provided an opportunity to test agility on a 6.5 mile obstacle/endurance course for all DOD cardholders. *Story on A4*

3rd Annual Military Appreciation Day at the Children’s Museum of Virginia - The event ran from 10 a.m. to 4 p.m. Static displays outside included: Navy Region Mid-Atlantic Fire & Emergency Services fire engine and ambulance, and fire safety trailer; a Navy Underwater Construction Team 1 & Mobile Diving and Salvage Unit display; U.S. Marine Corps Humvees; U.S. Coast Guard fast boat display; U.S. Fleet Forces Brass Band free concert; and Portsmouth Police Mounted patrol Unit horse “Moose”. All outside static displays were free and open to the public. Static displays inside the Children’s Museum included: Naval Medical Center Portsmouth and Navy Environmental & Preventative Medicine Unit Two displays; Portsmouth Sheriff Office Ident-A-Print Booth Drug Education For Youth display; Naval

Station Norfolk Military Working Dogs and handlers; U.S. Fleet Forces Stewards of the Sea display and mascot “Stewie”; Naval Information Forces display; Fleet and Family Support Center display and puppet shows; Hampton Roads Naval Museum display; U.S. Army Transportation Museum display; and a Lightship Portsmouth Museum display. Additionally, there were Science, Technology, Engineering, and Math (STEM) activities and guests had an opportunity to create special holiday cards for deployed military service members. The museum offered a discounted \$5 admission for all DOD cardholders and their families. *Story and photos on A6.*

Hampton Roads Navy Ball at the Virginia Beach Convention Center - Sponsored by The Flagship Inc., this annual event celebrated the Navy’s 243rd birthday and the 25th anniversary of The Flagship newspaper. The event was from 6 p.m. to midnight, and was open to active duty, reserve, or retired service members, and DOD civilians. *Photos on A6.*

Sunday, October 14

Annual Rumble Through The Tunnels - Sponsored by Bayside Harley Davidson, 2211 Frederick Blvd., Portsmouth, Va., 100 percent of gate proceeds were donated to Navy-Marine Corps Relief Society. The ride is one of the largest motorcycle events in honor of our armed forces. Riders started and end at Bayside Harley Davidson, and travelled through the Monitor-Merrimack Memorial Bridge Tunnel, the Hampton Roads Bridge Tunnel, and the Downtown Tunnel. Event also included live music, food and beverages, games and prizes. *Photos on A6.*

Events this week include:

Thursday, October 18
U.S. Fleet Forces Band Concert on the Vir-



Harry Gerwin

A couple enjoys a spin on the dance floor at the 2018 Navy Ball. See more photos on page A6.

ginia Beach Town Center Fountain Plaza - The U.S. Fleet Forces (USFF) Four Star Edition Rock Band will perform a concert from 5 p.m. to 7 p.m. on the Virginia Beach Town Center Fountain Plaza. The concert is free and open to the public.

Friday, October 19

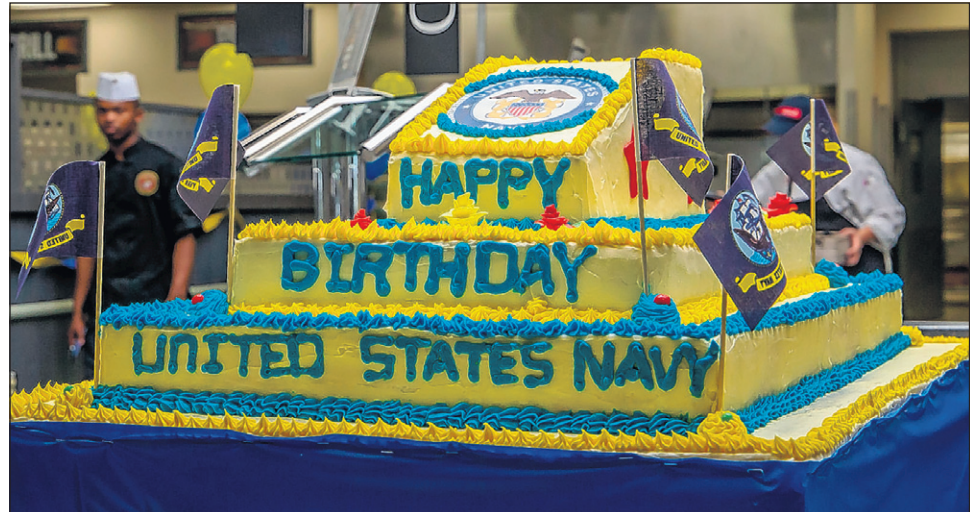
Naval Station Norfolk STEM School Outreach - Norfolk Public School fifth-graders will visit Naval Station Norfolk for a special STEM Laboratory Day. The students will have an opportunity to tour U.S. Navy ships, take part in hands-on activities, and learn about STEM careers in a real-world setting. Event is not open to the general public.

3 Doors Down Concert at Naval Station

Norfolk - Naval Station Norfolk will host a free and open to the public concert on-base with national recording artists 3 Doors Down. Gates open at 5 p.m., concert begins at 7 p.m. Additionally, the USFF Brass Band is scheduled to open the concert. For more information, visit www.navymwrmidlant.com/fleet-fest.

Saturday, October 20

Naval Station Norfolk Fleet Fest - Naval Station Norfolk will open its gates to the general public from 11 a.m. to 5 p.m. The free, open to the public event will include guided ship tours, car show, chili cook-off, food trucks, kids area, a variety of static displays, entertainment, and more. For more informa-



Lance Cpl. Rachel Young

The U.S. Navy celebrates its 243rd birthday with a cake at Phelps Chow Hall, aboard Marine Corps Air Ground Combat Center, Twentynine Palms, Calif., Oct. 11, 2018.

Sailors, Community, Leaders celebrate Navy’s 243rd Birthday locally, internationally

By Yonca Poyraz-Dogan

Navy Office of Information Public Affairs

WASHINGTON

Whether based in the United States or abroad, Sailors held celebrations to mark the Navy’s 243rd birthday with other service members, civilians, guests and community members while top leaders have sent messages to the fleet reflecting on the theme “Forged by the Sea.”

Sailors and Marines aboard the amphibious transport dock ship USS New York

(LPD 21) celebrated the Navy’s birthday while en route to support the largest NATO exercise in more than 20 years.

“The New York and all of our Marine teammates have had an incredibly successful year, deployed forward – twice – to support and defend freedom around the globe while furthering our nation’s goals,” said Capt. Brent DeVore, New York’s commanding officer. “Our strength at sea, cemented in our bonds of teamwork and com-

» See BIRTHDAY | A7



MC1 Raymond D. Diaz III

Chief of Naval Operations Adm. John Richardson, right, is joined by the most junior and senior Sailors attending for a cake cutting during the 243rd Navy birthday celebration at the Pentagon.

USS COLE REMEMBERS – 18 YEARS LATER

By Lt. j.g. Kaleel Pitre

USS Cole (DDG 67) Public Affairs

NORFOLK

In remembrance of the attack on the guided-missile destroyer USS Cole (DDG 67), family, friends and service members – both past and present – gathered at Naval Station Norfolk, Oct. 12, to commemorate the 18th anniversary of the ship’s bombing, with a wreath-laying ceremony and tolling of the bell.

The solemn ceremony honored and cel-

ebrated the 17 shipmates who perished in the attack, as well as the resolve and warfighting attitude the “Mighty Cole” continues to embrace.

Commander, U.S. Fleet Forces Command, Adm. Christopher Grady who served as Cole’s commanding officer from January 2003 to July 2004 provided the keynote address.

“We are here today to remember and ensure the many sacrifices are never forgotten,”

» See USS COLE | A7



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USNS COMFORT DEPARTS FOR MISSION IN SOUTH AND CENTRAL AMERICA

During the 11-week medical assistance mission, personnel will work closely with host-nation health and government partners in Ecuador, Peru, Colombia and Honduras.

» see A6



STOLTENBERG, SCAPAROTTI TALK DETERRENCE ABOARD USS HARRY S. TRUMAN

The carrier is participating in Exercise Trident Juncture 18, the largest NATO exercise since the 1980s. The exercise will be held Oct. 25-Nov. 7.

» see B1

20 YEAR OF BUSCH GARDENS’ HALLOW-SCREAM

Busch Gardens is celebrating the 20th anniversary of Hallow scream, with some brand new frights & sights!

» see C1

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The hospital ship USNS COMFORT (T-AH 20) is on an 11-week medical support mission to Central and South America as part of U.S. Southern Command’s Enduring Promise initiative. Working with health and government partners in Ecuador, Peru, Colombia and Honduras, the embarked medical team will provide care on board and at land-based medical sites, helping to relieve pressure on national medical systems caused partly by an increase in cross-border migrants. The development reflects the United States’ enduring promise of friendship, partnership and solidarity with the Americas.

Photos by MC3 Daniel E. Gheesling

USNS Comfort departs for Medical Assistance Mission in South and Central America

By Lt. j.g. Chelsea Dietlin

NORFOLK

U.S. Navy hospital ship USNS Comfort (T-AH 20) departed Naval Station Norfolk, Virginia, Oct. 10, on an 11-week medical assistance mission to South and Central America where personnel will work closely with host-nation health and government partners in Ecuador, Peru, Colombia and Honduras.

The purpose of the deployment is to help relieve pressure on host nation medical systems partly due to an increase in migrants crossing their borders and provide care to the appropriate communities.

“This mission marks the sixth time the hospital ship will provide medical assistance in the region and reflects the United States’ enduring promise of friendship, partnership and solidarity with the Americas,” said Commander, 4th Fleet, Rear Admiral Sean Buck at the ship’s pier-side departure announcement. “The return of USNS Comfort is but one way the United States is honoring that promise. By working together with our partner nation security forces and civilian agencies, we achieve effective solutions to common challenges.”

Since 2007, the hospital ship has visited 18 nations in the Caribbean, Central America and South America. During those missions, military medical professionals worked with host nation and civilian partners to provide medical treatment to nearly 390,000 people, including more than 6,000 surgeries.

“Comfort last deployed in 2015. I can tell you that those members of the crew who have participated in the past are thrilled to be a part of this latest mission and those of us who have never taken part in a Comfort mission, are extremely excited to be here today,” said Buck. He added, “The foundation of our successful cooperation is trust and shared values. We build trust every day as we engage with partners in support of different missions.”

The mission’s crew includes more than 200 U.S. and part-

ner nation military doctors, nurses and technicians. In addition, about 60 medical and dental professional volunteers from non-governmental organizations will be on board to support the medical assistance mission. They will be joined by a smaller team of civil service mariners who will oversee the ship’s operation and navigation.

During the mission, USNS Comfort will visit Esmeraldas, Ecuador; Peru (port to be determined); Riohacha and Turbo in Colombia; and Puerto Castilla, Honduras. During each visit, Comfort’s medical team expects to treat approximately 750 patients per day at each medical site on shore, and anticipate conducting up to 20 surgeries per day aboard the vessel. Specific dates for each port visit will be announced several days prior to the hospital ship’s arrival.

As part of the planning for USNS Comfort’s mission, health ministries in each country will select patients with medical needs that can be evaluated and treated by the hospital ship’s onboard surgical services and capabilities. Other medical services will be available to individuals on a first-come, first-served basis at the USNS Comfort’s land-based medical sites.

Health services provided in this year’s USNS Comfort deployment include general surgery, ophthalmological surgery, dermatology, medical evaluation and treatment, preventive medicine, dental screenings and treatment, optometry screenings, eyewear distribution and public health. Medical capabilities aboard the hospital ship include surgical and post-surgical rooms, a CAT-scan unit, four X-ray machines, a dental suite, an optometry lab, a physical therapy area, two oxygen-producing plants and a 5,000-unit blood bank.

For additional information about Southern Seas 2018, contact COMUSNAVSO/C4F Public Affairs Office by email at comusnavso-c4f_mypt_pao@navy.mil, or by phone at (904) 270-4843; or visit www.public.navy.mil/comusnavso-c4f, on Facebook at www.facebook.com/NAVSOUS4thflt, and Twitter at www.twitter.com/navsous4thflt.

For more news from U.S. Naval Forces Southern Command & U.S. 4th Fleet, visit www.navy.mil/local/cusns/.



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NEWS FROM NAS OCEANA

Recently at Oceana

From NAS Oceana Public Affairs



U.S. Navy photo
Culinary Specialist 2nd Class Daysha Gray, from Hope Mills, N.C., cuts a piece of a cake for Naval Air Station Oceana Command Master Chief Lee Salas at the Navy's 243rd birthday celebration at the Dam Neck Galley at the Dunes. Gray baked the cake in the shape of a navy ship to celebrate the Navy's birthday.



MCSN Mark Thomas Mahmood
Members of the Naval Air Station Oceana Heritage Committee pose for a cake-cutting photo with Naval Air Station Oceana Command Master Chief Lee Salas, front left, and executive officer, Capt. John W. Hewitt, front right, at the Hornet's Nest Galley during the Hispanic Heritage Month Celebration. The ceremony was held to recognize Hispanic Heritage Month and serve a variety of foods that originated in Hispanic countries.



MCSN Mark Thomas Mahmood
Master-at-Arms 3rd Class Cassie R. Bordelon, assigned to Naval Air Station Oceana, poses for a photo with commanding officer, Capt. Chad P. Vincelette, after being meritoriously advanced at the Navy's 243rd birthday celebration at the Dam Neck Galley at the Dunes.



MCSN Mark Thomas Mahmood
Sailors assigned to Naval Air Station Oceana administrative department pose for a photo during a Breast Cancer Awareness Month gathering. October is Breast Cancer Awareness Month, which is an annual campaign to increase awareness of the disease.

BELOW: Sailors attending Naval Air Station Oceana's Navy birthday celebration watch a presentation about the history of the Navy at Dam Neck Galley at the Dunes.



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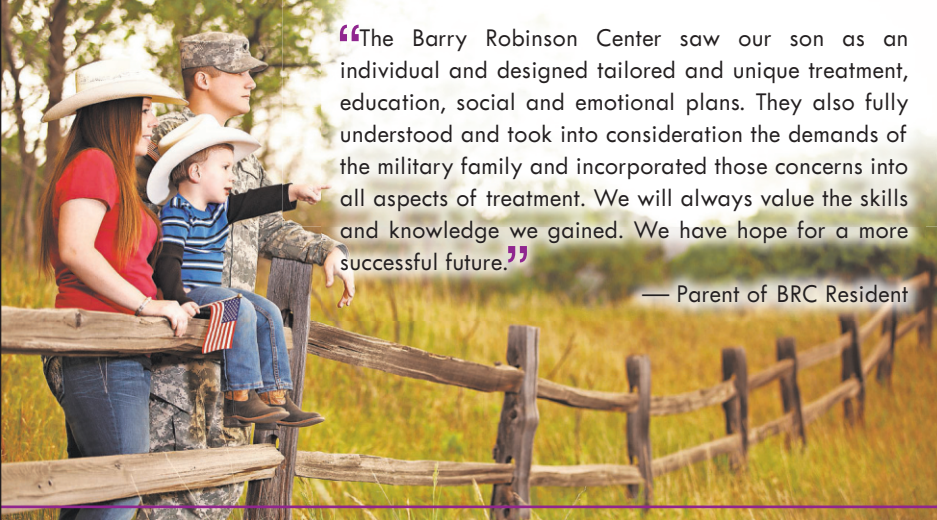
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— Parent of BRC Resident



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Photos by MC2 Joshua Tolbert

Sailors, Marines, Department of Defense employees, and their dependents participate in the Grunt Run Obstacle Course at Naval Support Activity (NSA) Hampton Roads Northwest Annex (NWA). The Grunt Run is an annual obstacle course event hosted by NSA Hampton Roads NWA consisting of a six-mile run with 15 different obstacles.

By MC2 Joshua Tolbert

Naval Support Activity Hampton Roads Public Affairs

CHESAPEAKE, VA.

More than 200 runners competed in the annual Grunt Run on Naval Support Activity (NSA) Hampton Roads Northwest Annex (NWA), Oct. 13.

The event, which consisted of 15 different obstacles through a 6.5-mile course, was sponsored by the Navy Morale, Welfare and Recreation (MWR) department. The run was free and open to all Department of Defense cardholders and their families.

“My favorite part is seeing the best come out of people,” said Kimberly Wood, the MWR Fitness Program Director for NSA Hampton Roads NWA. “Runners crossed the finish line and then double back to cross again with their shipmate – people helped others tackle difficult obstacles.”

Wood noted that a lot of planning and coordination goes into making events like this a success, and the additional obstacles this year made it more challenging for the competitors.

“We took it up a notch this year,” she said. “The trail course is already challenging, but we incorporated cargo net climbs, repel

walls, hill runs, monkey bars, and even a warped wall.”

Throughout the run Marines observed runners as they navigated the trails, and some lent a helping hand to participants who needed assistance on the more difficult obstacles with rough terrain, mud pits, swamps and other challenges. Marines also helped children through the “Runt Grunt” obstacle course portion, which was designed for children 12 years and under.

“It was great seeing the Marines helping both the adults and kids through the obstacles,” said Operations Specialist 2nd Class Erica Schnitkey. “It was a fun challenge and a great experience for everyone!”

After the race, MWR provided complimentary food, beverages and music for the participants. There were also plenty of activities for the children, such as an inflatable slide, a bounce house and a rock-climbing wall.

“I’m very happy with the outcome,” Wood explained. “I hope [the participants] had a great time and they come back for next year’s Grunt Run.”

For more information on upcoming run, visit www.navywmr.mil/dlant.com/events/runs-races.



Sailors, Marines, Department of Defense employees, and their dependents participate in the Grunt Run Obstacle Course at Naval Support Activity (NSA) Hampton Roads Northwest Annex (NWA). The Grunt Run is an annual obstacle course event hosted by NSA Hampton Roads NWA consisting of a six-mile run with 15 different obstacles.

Military Citizen of the Year

From Navy Region Mid-Atlantic Public Affairs

NORFOLK

The Hampton Roads Chamber of Commerce (HRCC) presented the 56th annual Samuel T. Northern Military Citizen of the Year (MCOY) award to Coast Guard Petty Officer 2nd Class Elizabeth Kirlin, at the Norfolk Marriott Waterside, Oct. 12.

Named after local businessman Samuel T. Northern, the MCOY award recognizes Sailors who have outstanding ties to the community through volunteer work.

“Today is about much more than simply presenting an award. It’s an opportunity to recognize and pay respect to some of the most giving, caring, and selfless men and women in our community,” said Bryan Stephens, President and CEO of the Hampton Roads Chamber.

Kirlin, assigned to U.S. Coast Guard Security Center 2, Volunteered more than 1,000 hours in service to the Hampton Roads area as an active participant in an outreach program at Treacle Elementary School ensuring struggling students receive one-on-one mentoring.

Kirlin explained how she felt when you heard her name called to be honored the MCOY award.

“Standing with my fellow military members from all different branches, waiting for the MCOY to be called, I never in my wildest dreams thought it would be my name they called,” said Kirlin. “To be honest I was genuinely surprised and honored to be recognized.”

Kirlin further shared her past experiences that motivated her to be an active member of society.

“The community service that I do is essential for the community, not me. I do it because I believe it is my calling to give back as much as was given to me,” Kirlin explained. “I was in the foster care system, without the support of Food Banks and community outreach programs like Big Brothers/Big Sisters, I would have been lost.”

In addition to family and friends, the Honorable, Senator Lionell Spruill, representing the 5th District in November 2016, and local officials attended the ceremony honoring these service members.

Spruill expressed his gratitude and explained how important our military is in the Hampton Roads community and shared that his son is currently an officer serving in the Navy in his keynote speech.

The HRCC awards the MCOY annually. This year 20 candidates were nominated from various sea and shore commands.



Military Citizen of the Year Nominees



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I'm Feeling Lucky

Military Appreciation Day Event at Children’s Museum

By Story by Max Lonzanida
Naval History and Heritage Command

PORTSMOUTH, VA.

In 1972, Chief of Naval Operations Admiral Elmo R. Zumwalt authorized official recognition of Oct. 13 as the birthday of the U.S. Navy. Since then, each Chief of Naval Operations has encouraged a Navy-wide celebration of this occasion “to enhance a greater appreciation of our Navy heritage, and to provide a positive influence toward pride and professionalism in the naval service.” Commands throughout the Hampton Roads region commemorated the day with historical presentations regarding the Navy’s rich history and heritage, speeches, and of course cake. But why settle for the above, when you can showcase how the service was Forged by the Sea by converging on a museum.

This was the case this past weekend at the Children’s Museum of Virginia, in Portsmouth, Va.; during the annual Military Ap-

preciation Day event. The event involved static displays on both floors of the museum, a host of children’s activities, live entertainment, compliments of the U.S. Fleet Forces Brass Band, and a plethora of smiling faces and laughter throughout the day. The event was coordinated by Public Affairs Specialists David Todd and Cathryn Lindsay with Navy Region Mid-Atlantic, and proved to be an event for the record books as hundreds of service members and their families descended on the museum for a day of fun filled activities.

Outside the museum, a bright red fire truck and ambulance from the Navy Region Mid-Atlantic’s Fire and Emergency Services delighted excited children; who were able to climb in the cab, try on the emergency responder gear and turn on the lights and sirens. In the square just in-front of the museum was the Navy’s Underwater Construction Team One and Mobile Diving and Salvage Unit, along with the U.S. Coast Guard and one of their rescue boats for hands on displays which attracted crowds throughout the day. The U.S. Marine Corps brought two of their up-armored HUMVEEs. Many visitors had the opportunity to climb in the turrets and knock on the armored panels. Outside the museum, members of the U.S. Fleet Forces Brass Band, thrilled the young and young at-heart with a medley of live music transforming the concrete square into an ad-hoc dance floor; and that was just the displays outside.

Indoors, visitors had the opportunity to partake in hands on STEM activities with the Navy Environmental and Preventive Medicine’s Unit Two, learn about the hazards of illicit substances from at the Drug Education for Youth booth, and get fingerprinted with the



MCSA Tyler Miller
U.S. Marines demonstrate how to wear a gas mask to a child during the 3rd Annual Military Appreciation Day at the Children’s Museum of Virginia.



U.S. Navy photo

Portsmouth Sheriff’s Office’s Ident-A-Print program. Upstairs, past the popular bubble display and train exhibits, were live demonstrations from Naval Station Norfolk’s Military Working Dogs, where visitors had the opportunity to pet the MWD Buck and MWD Lion after watching thrilling demonstrations. The Fleet and Family Support Center was on-hand with live puppet shows and a plethora of helpful services to service members. Walking around on both floors was Stewie, the mascot from the U.S. Navy’s Stewards of the Sea exhibit and Andalo, the mascot from the Children’s Museum of Virginia; both delighted visitors who eagerly shook their hands or gave them hugs. Visitors also had the opportunity to check out the U.S. Navy’s Stewards of the Sea exhibit, and pick up some sweet treats from the Naval Information Warfare booth. Rounding out the historical displays were exhibitors from the Portsmouth Light-

ship Museum, the US Army’s Transportation Museum at Fort Eustis, and the Hampton Roads Naval Museum; where visitors had the opportunity to see, from a historical perspective, how the U.S. Navy was Forged by the Sea.

RUMBLE THROUGH THE TUNNELS

From Bayside Harley Davidson

PORTSMOUTH, VA.

The 18th annual Rumble through the Tunnels was a resounding success. This year the event, hosted by Bayside Harley-Davidson had 373 riders and donated \$5899 to Navy Marine Corps Relief Society.

Rumble through the Tunnels was started in 2000 by Bayside Harley-Davidson owner Maurice Slaughter and retired Navy Veterans who wanted to show their appreciation to the local military community.



Photos courtesy Bayside Harley Davidson



Navy Ball

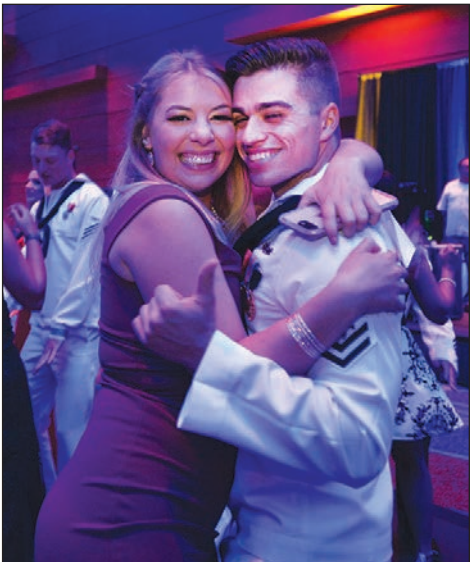
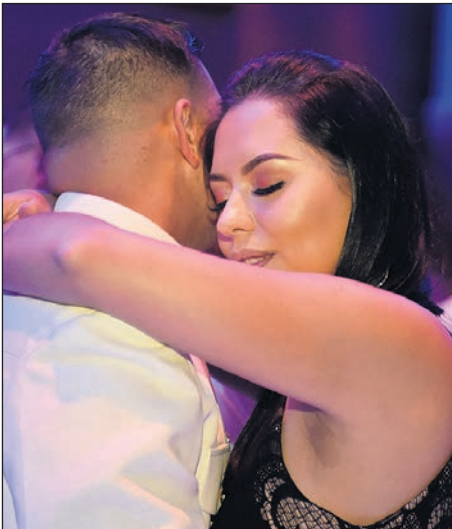
By MCC Shannon Warner

VIRGINIA BEACH, VA.

This year’s Navy Ball, held at the Virginia Beach Convention Center was attended by more than 800 people. At this year’s Ball, the Commander, Navy Region Mid-Atlantic Staff Sailor of the Year was announced. Congratulations to Religious Programs Specialist 1st Class Richard Figueroa.

Also at the Ball, participants won raffle prizes and were able to meet the Mistress of Ceremonies, WAVY 10’s Kerri Furey.

For more photos, see the full Navy Ball gallery at www.flagshipnews.com.



BIRTHDAY | *Navy’s birthday celebrated internationally & locally*

Continued from A1

mon purpose, permits us to operate at this high of a level. To celebrate this Navy birthday at sea, on our way to Trident Juncture to work with our allied and partner navies, is appropriate to the kind of year we have had and our Navy’s ability to respond to regional crises.”

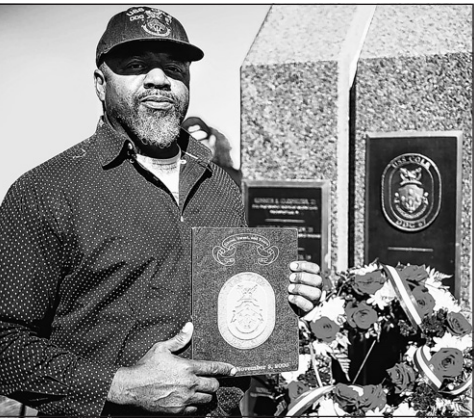
In keeping with a time-honored Navy tradition, the birthday celebration began with a cake cutting ceremony. The first slice of cake was cut by the youngest Sailor, Aviation Boatswain’s Mate (Handling) Airman Apprentice Jared Carter and the oldest Sailor, Navy Chaplin Merlin Stephan, signifying the pass down of information from one generation to the next.

“I feel very honored to be able to be a part of the New York’s celebration of the Navy’s birthday,” Carter said. “Given the naval history and all the Sailors who have come before me and all the Sailors who come after me, it is a big honor to just be a small part of a much larger picture.”

The celebration continued with an ice cream social, followed by a N.A.V.Y. themed Bingo and movie night held in the ship’s chapel.

“I feel like it is the best way to celebrate the Navy’s birthday because you are out to sea,” said Yeoman Seaman Apprentice Raashaun Noaks. “There is no better way to celebrate. I think of winning and lots of success but also, when you think of the 243 years, you think of all the people who paid the ultimate sacrifice for the Navy. We celebrate this day for them.”

Early this year, New York deployed for six months in support of maritime security operations and national security interests in Africa and Europe. After a brief maintenance period, New York left its homeport en route to Newport, Rhode Island, for the 23rd Annual International Seapower Symposium, helping to foster and strengthen global



MC2 Justin Wolpert
Retired Lt. Elroy Newton poses with his cruise book from the guided-missile destroyer USS Cole (DDG 67).

relationships between the U.S. and over 100 countries around the world. New York most recently departed in support of Trident Juncture, a NATO led exercise taking place in portions of Norway, Sweden and Finland during October and November.

Training Support Center (TSC) San Diego members commemorated the birthday Oct. 11 in the TSC San Diego Auditorium where Capt. Michael S. Feyedelem, TSC San Diego’s commanding officer, said the Navy’s role has grown since its birth in 1775.

“We celebrate what the Navy means to our nation and the contributions that all of you make,” Feyedelem said. “Most nations have an army or land defense force, but the strong nations have a Navy. There are so many times in our history that having a strong Navy has impacted our future.”

Additionally, a bell ringing ceremony was conducted, in which ceremonial eight bells rang to signify the end of the current birthday year and were followed by a ceremonial strike of one bell to signify the start of the new birthday year.

The celebration at TSC San Diego was concluded with a cake cutting performed by the longest and shortest serving TSC staff

members.

In addition, more than 370 Information Warfare Training Command (IWTC) Monterey Sailors, guests and community members gathered Oct. 5 for the Navy’s birthday.

“Sailors need to understand their history,” said Cmdr. Michael Salehi, commanding officer of IWTC Monterey. “They can leverage these lessons for future endeavors.”

A birthday ball commemoration was hosted by the IWTC Monterey Navy Ball Committee that spent the last year raising funds and planning the event which included a social hour, dinner, official ceremony and entertainment.

The observance included military honors such as parading the colors and the Prisoner of War and Missing in Action remembrance ceremony as well as time honored naval traditions such as the piping aboard of distinguished guests by the honor boatswain. With its large population of new accession Sailors, this year’s ceremony was the first for many IWTC Monterey students.

“It is so exciting to be here with fellow shipmates and our senior leaders,” said Seaman Alyssa Decker, an IWTC Monterey student at the Defense Language Institute Foreign Language Center (DLIFLC). “I am humbled by this experience; seeing everyone dressed up, enjoying this important night. I feel now that I have an even greater respect and understanding of the Navy.”

Guest speaker for the ceremony Capt. James Adkisson III, who served as a cryptologic technician interpretive (CTI) graduating from DLIFLC as a Russian linguist, recalled how his experience as a CTI shaped his approach to leadership.

“Being a CTI has given me a better appreciation and understanding of other cultures,” Adkisson said. “This understanding is what lends to our Navy’s diversity. I have served in Europe, Asia and Africa, and the melding of technology, culture and diversity is what truly brings the strength of diversity to our Navy.”

Additionally, Center for Naval Aviation Technical Training Unit (CNATTU) Keesler students, instructors and staff were on hand Oct. 12 at Keesler Air Force Base, Mississippi, for birthday celebrations. The ceremony, led by Electronics Technician 1st Class Bauranage Fleurimond, included a history of the U.S. Navy’s birth.

“It’s important to know where we come from,” Fleurimond said. “Our history and heritage is an integral part of our service culture, and today is a great day to share a piece of that with the next generation of Sailors.”

Attendees also heard from Cmdr. Timothy Knapp, CNATTU commanding officer.

“This year’s ‘Forged by the Sea’ theme fits perfectly with our training mission here at Keesler,” Knapp said. “Many of our course graduates are headed to deployable units.”

This year, Aerographer’s Mate Airman Geoffrey Haraway and Chief Aerographer’s Mate Andrew Ribar were honored with the duties of cake cutting.

“It’s exciting to be a part of this ceremony today,” Haraway said. “I’m looking forward to graduation and getting out to the fleet and experiencing everything the Navy is offering me.”

Meanwhile, Hawaii-based Sailors had a commemoration Oct. 12 at the World War II Valor in the Pacific National Monument Visitor Center.

This year’s theme is “Forged by the Sea” or “Haku ‘la E Ke Kai,” Rear Adm. Brian P. Fort, commander, Navy Region Hawaii and Naval Surface Group Middle Pacific, said adding “Today, our Navy continues to deploy to protect and promote American interests and values around the world. We continue to stand together with our allies against those who would challenge our freedom. And we continue to live by our core values: Honor, courage and commitment.”

Navy Region Hawaii kicked-off the com-



Dorie Heyer
Brian Zirbel, left, executive director of the Naval Supply Systems Command (NAVSUP) Business Systems Center (BSC), Kevin Weeks, information technology specialist for NAVSUP BSC, Bill Zdankiewicz, information technology specialist for NAVSUP BSC, Rear Adm. Michelle C. Skubic, commander of NAVSUP and the 48th chief of the Supply Corps, and Capt. Douglas M. Bridges Jr., commanding officer of NAVSUP BSC, participate in a cake-cutting commemorating the Navy’s 243rd birthday during an all-hands call at Naval Support Activity Mechanicsburg. The theme for the Navy’s 243rd birthday is “Forged by the Sea.” The theme represents the aspirational outcome of every Sailor’s journey in uniform and conveys the notion that every Sailor is shaped and strengthened into a more capable version of themselves through Navy service.

memoration with a bell-ringing ceremony. The keynote speaker was Capt. Jeff Bernard, commander of Joint Base Pearl Harbor-Hickam.

Navy Information Operations Command (NIOC) Hawaii’s Sailor of the Year Cryptologic Technician (Interpretive) 2nd Class Kristina Nagel was also a guest speaker on a local TV station Oct. 4 sharing her positive experiences while serving in the Navy.

As Navy birthday events continued through Oct. 15, the Navy Exchange Mall at Pearl Harbor hosted a celebration including a cake-cutting ceremony, performances by the U.S. Pacific Fleet Band and prizes. Navy Region Hawaii and Navy Information Operations Command Hawaii hosted a Navy ball. The Pearl Harbor Rotary Club hosted a Navy birthday presentation during its meeting at Oahu Country Club.

In Honolulu, Sailors and Navy Junior Reserve Officers’ Training Corps (NJROTC) cadets from James Campbell High School participated Oct. 12 in a cake cutting ceremony in honor of the Navy’s birthday.

“Today, there is no naval force on the planet that can compare,” Joint Base Pearl Harbor-Hickam Commanding Officer Capt. Jeff Bernard said. “It is our men and women in uniform who make U.S. Navy great. These Sailors with us today are proud representatives of America’s Navy with a tradition of excellence that began 243 years ago.”

The cadets presented the colors during the ceremony and stuck around afterwards to speak with Sailors.

“This was a really great experience for all of us,” NJROTC Petty Officer 3rd Class Maya Beadle said. “It gave us a chance to get to talk to enlisted Sailors and officers to see what jobs would interest us in the Navy.”

In Manama, Bahrain, more than 500 service members and guests celebrated American naval history during the Navy Birthday Ball at the Crowne Plaza Hotel.

Vice Adm. Scott Stearney, commander of U.S. Naval Forces Central Command, U.S. 5th Fleet and Combined Maritime Forces, served as the guest speaker as well as the guest of honor for the ceremony.

“For 243 years, and multiple generations of Sailors, the sea has forged our nation,” Stearney said. “It has forged our Navy and continues to forge our Sailors and our eternal destiny. Our nation recognized that our prosperity was linked to a strong and capable maritime force.”

U.S. 5th Fleet area of operations encompasses about 2.5 million square miles of water area and includes the Arabian Gulf, Gulf of Oman, Red Sea and parts of the Indian Ocean.

The United States Navy traces its origins to the Continental Navy. An Oct. 13, 1775

resolution of the Continental Congress established what the United States Navy is now. In 1972, Chief of Naval Operations Admiral Elmo Zumwalt authorized recognition of Oct. 13 as the Navy’s birthday.

Secretary of the Navy Richard V. Spencer said in a message to the fleet that the Navy is ready to fight, respond and defend wherever there is need but it needs to do it with a sense of urgency and efficiency.

“Because of your hard work and dedication, the foundation for restoring readiness and increasing lethality has been set. But as we enter our 244th year of service, we must now build on that foundation. I need you to continually think of how to improve the delivery of the Navy the nation needs with a committed sense of urgency,” Spencer said.

Other top Navy leaders, Chief of Naval Operations Adm. John M. Richardson and Master Chief Petty Officer of the Navy Russell Smith, said happy birthday to the Navy in a video posted on social media.

Smith said that America has been kept safe through exceptional talent, dedication to duty and strength of character.

“John Paul Jones once said ‘men mean more than guns in the rating of a ship.’ That’s what this is about – our people,” Smith said in reference to the first well-known naval commander in the American Revolutionary War.

He also said that with all the creativity and innovation, the Navy will meet any challenges “head on” and is prepared “for whatever comes next.”

Recalling landmark battles such as the War of 1812 and the Battle of Midway, Richardson said, “Throughout our history, our Sailors have always risen to the occasion and punched above their weight when the nation called.”

Richardson closed his remarks with a quote from Jones:

“He who cannot risk, will not win.’ This is the year that we win. Wherever you are around the world – on a ship, in a squadron, take some time to think about what this year means as we go and we win it. We earn it every single day, every single watch.”

Over the past two and a half centuries, the Navy has grown to become the largest, most advanced and most lethal fighting force the world has ever known. The Navy today has more than 328,000 personnel on active duty and around 100,000 personnel in the Navy Reserve, as well as, 286 deployable battle force ships and approximately 270,000 civilian employees.

For more information on the birthday, visit <https://www.navy.mil/birthday> and <https://www.history.navy.mil/birthday>.

USS COLE | *18 years later*

Continued from A1

said Grady. “The Sailors who gave their lives in service to this nation are indisputably heroes. When their country called, they answered.”

He also thanked Gold Star Families for their enduring strength, dignity and grace.

Grady explained the Navy was undeterred by the attack 18 years ago and highlighted how Cole and other U.S. ships continue to remain resolute, ready and lethal.

“We will continue to operate forward – shaping the security environment, signaling our resolve and protecting our interests.”

Cmdr. James J. Von St. Paul, Cole’s commanding officer, also shared remarks.

“Today, we come together to remember our 17 fallen shipmates, to pay homage to their sacrifices and the enduring sacrifices of their families, and to continue our lasting commitment to honoring them through our actions and deeds.”

Deployed to the Middle East on this day in 2000, the Arleigh Burke-class destroyer stopped briefly for refueling in the port of Aden, Yemen. At approximate-

ly 11:18 a.m., unknown to Cole security, a small boat with terrorists aboard came alongside the ship. Suddenly, a highly explosive bomb detonated alongside Cole. The explosion was so massive that it crumbled a 40-by-60 foot hole on the port side of the ship, taking the lives of 17 Sailors and injuring 39 others. Cole’s Sailors courageously fought fires and flooding for the following 96 hours to keep the ship afloat.

The ceremony ended with a bell tolling and reading of the names of the 17 heroes whose lives were sacrificed. It was held indoors due to inclement weather.

Despite the rain and soggy grounds, some family members visited the nearby Cole Memorial. It includes 17 low-level markers that stand for the youthfulness of the Sailors, whose lives were lost. Three tall, granite monoliths – each bearing brass plaques – stand for the three colors of the American flag. A set of brown markers encircling the memorial symbolizes the darkness and despair that overcame the ship Oct. 12, 2000. Additionally, 28 black pine trees were planted nearby to represent the 17 Sailors and the 11 children the heroes left behind.

For more news from USS Cole (DDG 67), visit www.navy.mil/local/ddg67/.



MC2 Justin Wolpert
A Sailor visits the Cole Memorial on the 18th anniversary of the attack on the ship.



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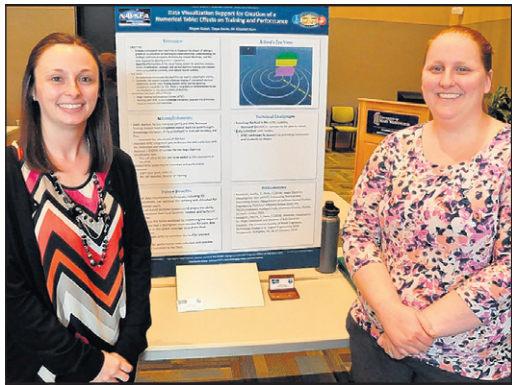


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Navy inventors confident that research will impact U.S. military & homeland security efforts

» See **B4**

SECTION B | FLAGSHIPNEWS.COM | 10.18.18



NATO Secretary General Jens Stoltenberg, left, with Army Gen. General Curtis M. Scaparrotti, Supreme Allied Commander Europe and commander of U.S. European Command, attend a joint press conference aboard the aircraft carrier USS Harry S. Truman in the North Sea, Oct. 12, 2018.

By **Jim Garamone**
Defense.gov

WASHINGTON

NATO Secretary General Jens Stoltenberg and Army Gen. Curtis M. Scaparrotti, the Supreme Allied Commander Europe and commander of U.S. European Command, made a statement about deterrence just by their presence aboard the aircraft carrier USS Harry S. Truman in the North Sea during an Oct. 12 news conference.

The carrier is participating in Exercise Trident Juncture 18, the largest NATO exercise since the 1980s. The exercise will be held Oct. 25-Nov. 7.

“From these decks, the USS Truman projects power to keep us all safe,” Stoltenberg said on the hangar deck of the massive ship.

“It delivers deterrence every day. It helps keep our sea lines of communication open and it has been critical in the fight against terrorism, against ISIS in Syria and Iraq.”

Trident Juncture showcases the defensive might of the 29-nation alliance. More than 45,000 service members, 60 ships and thousands of vehicles will participate in the exercise in and around Norway.

Testing NATO’s Collective Response Capability

Trident Juncture will test NATO’s collective response to an armed attack against one ally. “To keep our nations safe in an unpredictable world, we need to keep our alliance strong,” Stoltenberg said. “We do need to have the training and we need to train together in all domains; at sea, in air, on land and in cyberspace.”

The exercise will test NATO’s high-readiness forces, and send a clear message of alliance.

The exercise will test NATO nation’s ability to work together in a time of crisis, Scaparrotti said. “It will be an important test and, as you’ve seen today, a demonstration of our collective capabilities,” he said. “With all 29 nations, as well as Finland and Sweden participating across air, land and sea, ... this Trident Juncture exercise is a prime example of NATO allies and partners working together. Trident Juncture 18 will demonstrate that, in an unpredictable world, NATO remains an anchor of stability.”

The general stressed that the alliance is changing and adapting to new threats not only from Russia but across the spectrum. Trident Juncture itself includes the cyber

domain, space and activities short of war. NATO nations must train together to handle these new multinational, multi-domain threats.

“The challenge of doing that across 29 nations makes this complex,” he said. “I was just aboard a Danish flagship connected with ships from the United States, Portugal, Norway, sharing a common picture, working on common operating procedures, tactics and procedures, and doing quite well. So again, we’re ready and we’re getting stronger every day.”

Both Stoltenberg and Scaparrotti noted that the ship’s namesake, President Harry S. Truman, was in office when the Washington Treaty that established NATO was signed in 1949.



MC2 Craig Z. Rodarte

Arleigh Burke-class guided-missile destroyer USS Shoup (DDG 86) underway.

USS Shoup conducts Fiji port visit as part of OMSI Deployment

From **Commander, U.S. 3rd Fleet Public Affairs**

SAN DIEGO

Guided-missile destroyer USS Shoup (DDG 86) will arrive in Suva as part of the ship’s Oceania Maritime Security Initiative (OMSI) deployment, Oct. 14.

While in Suva, USS Shoup will host a formal reception, highlighting the partnership between the U.S. Navy and country of Fiji, as well as Shoup’s OMSI mission. Shoup

Sailors will also conduct professional exchanges with Fijian sailors and participate in community events during the port visit.

“We’re looking forward to hosting our Fijian counterparts aboard the Navy’s finest warship,” said Cmdr. Andy Strickland, commanding officer of USS Shoup. “Our last port visit here, while short, was an incredible experience. I know our crew is looking forward to exploring the island and

» See **OSMI** | A7

At 100 years old, Navy Veteran presented Bronze Star Medal

By **Yonca Poyraz-Dogan**
Navy Office of Information Public Affairs

WASHINGTON

World War II Navy veteran Wilbur F. Hoffman was presented the Bronze Star Medal Sept. 29 in his hometown of Livingston, New Jersey, for his heroic actions on USS Hughes (DD 410) when it was hit by a bomb.

Assistant Secretary of the Navy Greg Slavonic, who joined the award ceremony at St. Peter’s Episcopal Church in Livingston, said that it was a distinct honor to attend the ceremony.

“It was a distinct honor to attend the Bronze Star Medal award ceremony for Chief Water Tender Wilbur Hoffman in his hometown of Livingston, New Jersey. He was recognized for his heroics aboard the USS Hughes (DD 410) more than 70 years ago. Sailors like Chief Hoffman serve as an example to those serving today on the true meaning of ‘duty, honor, country.’”



U.S. Navy

Rear Adm. Scott Jerabek presents the Bronze Star Medal to 100-year-old Wilbur F. Hoffman for his heroic actions aboard USS Hughes (DD 410) after it was hit by a bomb during World War II. Hoffman, then a chief water tender, kept steam on the emergency feed pump, ensuring water pressure to the fire main that allowed the repair party to keep a fire under control and eventually extinguish it.

The Bronze Star Medal was presented to Hoffman by Rear Adm. Scott Jerabek for his heroic achievement related to combat operations against the enemy Dec. 10, 1944, when he was in charge of the forward fireroom when USS Hughes was hit by a bomb off Leyte, Philippine Islands.

“By his quick thinking and ingenuity, he kept steam on the emergency feed pump, ensuring water pressure to the firemain. This enabled the repair party to keep the fire under control and eventually extinguish it. By

» See **BRONZE STAR** | A7

The obituary I can't forget

By Lisa Smith Molinari

A few of years ago, a friend sent me the link to an obituary she'd read in the Boston Globe over coffee that morning. I didn't know the woman who had died. Mrs. Louise Bickford was a complete stranger to me. However, my friend shared the article because Louise had been a military spouse, like me.

The obituary made no reference to an impressive career or professional achievements on Louise's part. It didn't mention awards for talents or proficiencies. No newsworthy contributions to society or attempts to change the world. Nothing that would measure up to traditional barometers of success.

But this seemingly unremarkable newsprint about a military spouse I never knew, somehow tapped into my psyche and left an indelible mark.

After reading the obit, my friend and I exchanged messages such as, "She did the New York Times crossword in pen. I can't even do it in pencil." And, "Wow, I can only hope that I leave that kind of legacy." And then my friend and I went back to our busy routines, leaving behind the shared tidbit about Mrs. Louise Bickford, the 85-year-old Army wife who died on December 9, 2015.

The only problem was, I couldn't forget.

The 600-word description of

Louise's life had seeped into my subconscious, surfacing when I needed to quell doubts about my place in the world. The memory of the obituary has become a mantric rumination that I conjure to soothe the deep-seeded fear that my life is insignificant or unimportant.

Even though the article didn't describe the kind of accomplishments that are normally deemed print-worthy, the essay about Louise is a portrait of a life that truly mattered.

I've been thinking more about Louise lately. With my husband retired from the Navy and our last child off to college, I recently interviewed for my first out-of-the-house job since 1996. I've spent the last two decades raising our three kids, moving, managing the household, volunteering, and freelance writing from home. As I brace myself for rejection, I wonder, have I accomplished enough in life? Will this job save me from oblivion? Will my children be proud of me?

According to the obituary written by Louise's five children, Louise was born in 1930 and raised in a Pennsylvania coal-mining town. The valedictorian of her high school class, she went on to get her teaching degree and to marry James Bickford, her husband of 40 years. "Jim's Army career took him, Louise and the five children



Photos courtesy of Anne Bickford.

plus pets to postings in France, California, Kentucky, Iran, Wisconsin, Virginia, Turkey, Florida and finally, Pennsylvania," the obit read, adding that Louise parented the kids alone during Jim's unaccompanied tours in Vietnam and Korea. It described her mother's "love of travel, curiosity about other cultures, organizational skills, and pragmatic nature" that made her "well suited to her life as a military spouse."

After Jim retired from the Army, one might think he and Louise settled into a stable life without hardship. However, "a tragic accident left Jim a quadriplegic in 1976." Louise "spent the next 18 years as his primary caregiver until Jim's death in 1994." But she had always had a "great capacity to roll with the vicissitudes of life, accepting whatever difficulties life threw at her with humor, grace and style."

Louise spent the rest of her years "caring for her extensive brood," and pursuing her many passions. Her children proudly described her as a "multi-faceted individual" who "taught swimming; was a substitute teacher; led Boy Scout and Girl Scout troops; ... did the NY Times crossword puzzle in pen; played the piano;

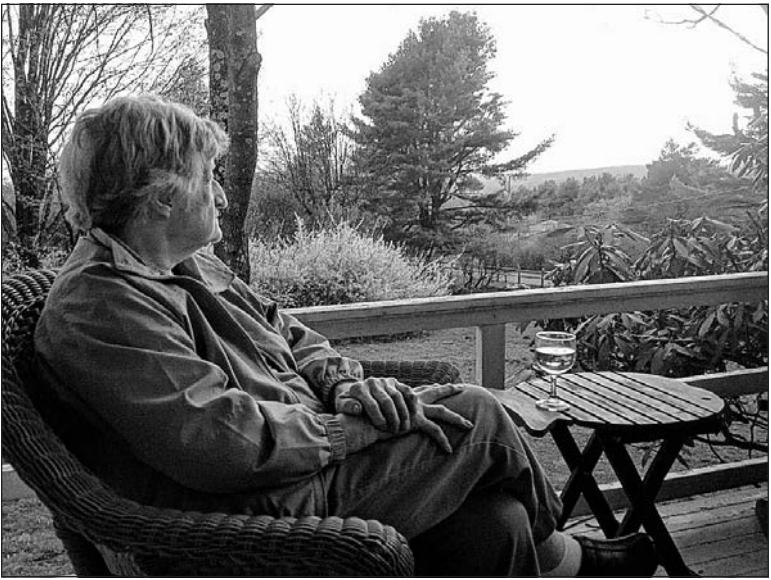
sang in choruses; organized an international supper club; and was a gracious hostess her entire life."

They wrote, "Louise's life was grounded by family, from her early life until her death," and her family of five children, twelve grandchildren and a great grandchild "loved and admired" Louise for "her great wit, integrity, love of laughter and independent spirit."

Mrs. Louise Bickford had it right. Regardless of the pressure to live up to traditional measures of success, ultimately, a life grounded by family is a life well-lived.

www.themeatandpotatoesoflife.com

Obituary link: <http://www.legacy.com/obituaries/bostonglobe/obituary.aspx?pid=176816747>



Compare 2019 FEDVIP Dental, Vision Plans Ahead of Open Season

From TRICARE

In 2019, dental and vision insurance plans for retirees and their families will be available through the Federal Employees Dental and Vision Insurance Program (FEDVIP). If you're eligible, the first opportunity to enroll in a plan is during the Federal Benefits Open Season. This will take place from Nov. 12 to Dec. 10. Prepare for Federal Benefits Open Season now by reviewing the 2019 FEDVIP plan options and rates. If you want FEDVIP dental coverage in 2019, you must make a plan choice and enroll during the Federal Benefits Open Season.

The TRICARE Retiree Dental Program (TRDP) will only be available until Dec. 31, 2018. The last day to enroll in TRDP is Nov. 30, 2018.

FEDVIP offers 10 dental and four vision carriers to choose from. Use the FEDVIP Plan Comparison Tool to help you determine what plans are

right for you and your family. The tool allows you to compare plans available in your area based on monthly premium rates, benefits (in-network vs. out-of-network), deductibles, and annual maximums. The tool lets you compare up to three plans side-by-side.

Who is Eligible for FEDVIP?

Retired service members and their families who were eligible for TRDP are eligible to enroll in a FEDVIP dental plan. They're also eligible to enroll in a FEDVIP vision plan if enrolled in a TRICARE health plan.

Family members of active duty service members who are enrolled in a TRICARE health plan can enroll in a FEDVIP vision plan.

Children enrolled in or eligible for TRICARE Young Adult aren't eligible for FEDVIP.

If you're not sure if you can enroll in FEDVIP, use the FEDVIP Eligibility Tool. The tool allows you to check to see if you're eligible for FEDVIP dental, vision, or both.

To learn more about FEDVIP, read frequently asked questions, and sign up for updates. Get familiar with 2019 FEDVIP plans and rates. Doing these things will help you take command of your health and help you prepare for 2019.

For more information visit: https://www.tricare.mil/CoveredServices/BenefitUpdates/Archives/10_4_18_Compare_2019_FEDVIP_Plans

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Signs and Symptoms	Influenza	Cold
Symptom onset	Abrupt	Gradual
Fever	Usual	Rare
Aches	Usual	Slight
Chills	Fairly common	Uncommon
Fatigue, weakness	Usual	Sometimes
Sneezing	Sometimes	Common
Stuffy nose	Sometimes	Common
Sore throat	Sometimes	Common
Chest discomfort, cough	Common	Mild to moderate
Headache	Common	Rare



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CIWT Det. Goodfellow Sailors honor Navy Pilot killed during Vietnam War

From Center for Information Warfare Training Det. Goodfellow Public Affairs

SAN ANGELO, TEXAS

Sailors from commands in Texas came together to honor Cmdr. Charles Goodwin at the Texas State Veterans Cemetery at Abilene, Oct. 12.

The Sailors were from the Center for Information Warfare Training (CIWT) Det. Goodfellow, Center for Naval Aviation Technical Training Unit Lemoore Learning Site Goodfellow, Training Air Wing 4, Corpus Christi, and Naval Air Station Fort Worth Joint Reserve Base.

More than 50 years after his jet disappeared during a Vietnam War combat photo mission, Goodwin’s remains were escorted by Navy Sailors and the Patriot Guard Riders from Dallas to Abilene, Texas, where he was interred by his family.

The Navy also honored Goodwin with a 21-gun salute, a two-plane flyover, the bugle call of “Taps” and the presentation of the U.S. flag that draped his casket to family.

Goodwin was a native of Haskell, Texas and joined the Navy in 1961. He was 25 years old when he reported being in thunderstorms, which would ultimately be his last radio transmission. Many believed there was a very good chance that Goodwin survived, and he was declared Missing in Action. In 1977, he was presumed dead.

According to his Defense POW/MIA Accounting Agency personnel profile, Goodwin was a member of Light Photographic Squadron 63, embarked aboard the USS Coral Sea (CVA 43). On Sept. 8, 1965, he piloted a single-seat RF-8A Crusader on a photo-reconnaissance mission over Quang Binh Province, North Vietnam. There were severe thunderstorms on Goodwin’s route to the target area, and his plane went down



U.S. Navy photo

Sailors from commands in Texas came together to honor Cmdr. Charles Goodwin at the Texas State Veterans Cemetery at Abilene. The Sailors were from the Center for Information Warfare Training (CIWT) Det. Goodfellow, Center for Naval Aviation Technical Training Unit Lemoore Learning Site Goodfellow, Training Air Wing 4, Corpus Christi, and Naval Air Station Fort Worth Joint Reserve Base. More than 50 years after he and his jet disappeared during a Vietnam War combat photo mission, Goodwin’s remains were escorted by Navy Sailors and the Patriot Guard Riders from Dallas to Abilene, Texas, where he was interred by his family. The Navy also honored Goodwin with a 21-gun salute, a two-plane flyover, the bugle call of “Taps” and the presentation of the U.S. flag that draped his casket to family.

during the mission. Search efforts at the time were unable to locate him or his crash site. However, in December 2016, a Joint Forensic Review team received human remains that had been in the possession of a Vietnamese local. Through dental and anthropological analysis, the remains were matched to Goodwin. He was officially accounted for on May 18, 2017.

“Not only is it a privilege when our detachment is able to participate in honoring those that go before us, but it is also a powerful reminder of how rich our Navy’s legacy is,” said CIWT Det. Goodfellow Officer in Charge Lt. Cmdr. Austin Maxwell.

The Center for Information Warfare Training (CIWT) delivers trained information warfare professionals to the Navy and joint services, enabling optimal performance of information warfare across the full spectrum of military operations.

For more news from Center for Information Warfare Training, visit www.navy.mil/local/cid/.



U.S. Navy photo

Sailors from commands in Texas came together to honor Cmdr. Charles Goodwin at the Texas State Veterans Cemetery at Abilene.

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Navy Innovators reveal revolutionary research to counter emerging threats

By John Joyce

Naval Surface Warfare Center Dahlgren Division Public Affairs

DAHLGREN, VA.

Navy inventors are confident that their latest research in quantum physics, artificial intelligence, and cyber security – to name a few – will ultimately impact U.S. military and homeland security efforts.

The innovations and their potential military applications were introduced and explained by the researchers at a recent event, Naval Surface Warfare Center Dahlgren Division (NSWCDD) announced Oct. 12.

In all, principal investigators presented 20 research projects with the titles of their discoveries ranging from “Cyber Security for the Internet of Things” and “Electrochemical Destruction of Bulk Chemical Warfare Agents” to the “Dynamical Non-Locality Induced Effect in Quantum Interference”.

Navy technical managers, engineers, and scientists networked with representatives from academia, industry, transition partners, and other key stakeholders to see and hear more about these new innovations at the In-house Laboratory Independent Research (ILIR) and Independent Applied Research (IAR) End of Year Review at the University of Mary Washington Dahlgren Campus, Sept. 25.

Funded by the Office of Naval Research (ONR), the ILIR and IAR program fosters fundamental and applied research at the Navy Warfare Centers to counter emerging threats by connecting technological needs with current and emerging capabilities.

The NSWCDD principal investigators identified challenges, objectives, accomplishments and future benefits while answering questions and briefing the ILIR and IAR projects they’ve been working on over the past year.

“The program helps to ensure a next generation of technically competent scientists by supporting masters and doctoral dissertation research, and research in the areas that are essential to our future mission,” said Dr. Jeff Solka, NSWCDD ILIR/IAR Program director. “Our ILIR and IAR process is a means to develop the next generation of Navy scientists and engineers capable of addressing key warfighter challenges to ensure the Navy maintains a leading edge in science

for national defense.”

Many of the projects presented at the ILIR and IAR event have the potential to result in Cooperative Research and Development Agreements. This legal agreement provides a means for NSWCDD and a private sector partner to cooperatively conduct research and development in a given technical area and share in the technical results.

“We have three strategic thrusts for ILIR and IAR programs,” said Solka in reference to the programs at NSWCDD. “We provide funding for science, engineering, mathematics, and statistics students to complete their graduate studies. New researchers can develop their own science and technology projects and portfolios. In addition, world-class researchers have the ability to develop revolutionary ideas.”

For example, world-class principal investigators Scott Spence and associate investigator Dr. Dan Parks developed a revolutionary idea for their quantum physics project, titled, “Dynamical Non-Locality Induced Effect in Quantum Interference”. The potential military applications of their research include anti-tamper cybersecurity, invisible security fences, and highly sensitive vibrometer technologies.

“Dynamic non-locality is more robust than kinematic non-locality,” said Spence, pointing out that dynamical non-locality will provide an enabling technology for future quantum devices.

Principal investigator Dr. Joseph Hunt’s work – “Synthesis and Characterization of Carbon Nanotube-Metal Organic Framework Composites” – could be used to develop new electromagnetic materials with enhanced, tunable properties with applications in electromagnetic offense and defense, and electric weapons in addition to chemical, biological and radiological protection.

“The Metal Organic Framework nanotube composites could be transitioned to a variety of operational areas in which thin layers of material with high electromagnetic lossiness is desired,” said Hunt. “The other permittivity and potential electronic properties could be used in electric weapons or directed energy projects.”

Hunt’s project – performed to produce composites with enhanced properties by combining carbon nanotube and reticular



U.S. Navy photo

Principal investigator Michael Parsons briefs a visitor at the Naval Surface Warfare Center Dahlgren Division (NSWCDD) In-house Laboratory Independent Research (ILIR) and Independent Applied Research (IAR) End of Year Review at the University of Mary Washington Dahlgren Campus. Parsons — an NSWCDD scientist who graduated this year from the Virginia Military Institute — explained his ILIR project, “Electrochemical Destruction of Bulk Chemical Warfare Agents,” to Navy technical managers, engineers, and scientists as well as representatives from academia, industry, and transition partners. Funded by the Office of Naval Research, the ILIR and IAR program fosters fundamental and applied research at the Navy Warfare Centers to counter emerging threats by connecting technological needs with current and emerging capabilities.

chemistry – advance the state of the art by exploring how the material properties of Metal Organic Framework are affected by the incorporation of increasing amounts of carbon nanotubes.

“This work enables future weapon systems by providing control over the electromagnetic properties of the material as well as providing the improved conductivity necessary for sensors and other electronic systems utilized by the Navy and Department of Defense.”

Principal investigator Kimberly Zeitz – an NSWCDD scientist and Ph.D. student at Virginia Tech – presented a new security technique in her project, “Cyber Security for the Internet of Things” that has the potential to protect data from sensor devices utilized for wartime communications.

Zeitz focused on limiting the time attackers may conduct reconnaissance on low-powered embedded system devices while considering the challenges such as resource and performance constraints. Low-powered low-resource devices cannot use traditional security methods

“This Micro Moving Target IPv6 Defense obscures communications of these devices through address rotation,” said Zeitz, regarding her research at NSWCDD which is closely linked to ongoing research conducted within the Virginia Tech Information Technology Security Lab.

“Past and ongoing research includes a Moving Target IPv6 Defense and its applications in enhancing network security,” said Zeitz. “This security technique can be catered for use with different applications on different embedded devices. The ability to select the hashing algorithm used allows it to be adapted for a best fit and also to stay current as new has algorithms are developed.”

Dr. Elizabeth Haro’s research on data visualization support resulted in a tool that will be transitioned to the Aegis Readiness and Training Center for use in training Sailors. Her research project – “Data Visualization Support for Creation of a Numerical Table: Effects on Training and Performance” – can result in novel visualization techniques, including 3D visualizations to optimize delivery and utilization for the human users.

An incorrectly developed ship doctrine can lead to catastrophic events. Currently, the system includes a tabular display of completed doctrine statements on the Aegis Display System and the doctrine comparison capability in 2D. There is no graphical representation to aid the warfighter in the devel-

opment of doctrine.

“This technology is a visual-based doctrine system that could enable the ability for centralized Fleet level doctrine creation and tactics in real-time,” said Haro, the team lead for the NSWCDD Human Systems Integration Science and Technology Team. “It can reduce Sailor workload by minimizing the required sectors that a warfighter must monitor for each ship based on the global coverage area of the Fleet doctrine.”

Principal investigators also presented the following projects at the year-end review:

Advanced Peptide Analysis for Microbiological Fingerprinting

Density-based Data Stream Clustering

Passive Intermodulation in Nanoparticles

Fault Tolerant Methods for Scientific Computing

Combinatorial Structures in Quantum Information

Applications of the Aharonov Ansatz to Sensor Problems

Algorithm Design for Mixed-Radix Polynomial Arithmetic

Hypersonic, Dissociating Flow Over an Elastically Deforming Body at Sea Level

Integration of Terahertz/Infrared Graphene Plasmonic Detectors Using Compliant Substrate Engineering

Modulating Electronic Properties of Two Dimensional Macromolecular Structures Through Additives and Post-Synthetic Modification

Theoretical Foundations of System Engineering

Optical Single Mach – Zehnder Interferometer Weak Value Amplifier Device

Process Symmetries: System Laws for Operational Processes

Cycle Detection Methods and Analyses in Linear Iterated Systems

A Novel Technology for Initiating Low Energy Reactions

The Naval Sea Systems Command Warfare Centers supply the technical operations, people, technology, engineering services and products needed to equip and support the fleet and meet the warfighters’ needs. The warfare centers are the Navy’s principal research, development, test and evaluation assessment activity for surface ship and submarine systems and subsystems.

For more news from NSWC Dahlgren , visit www.navy.mil/local/NSWCDD/.



U.S. Navy photo

Principal investigator Erika Lieberknecht briefs Naval Surface Warfare Center Dahlgren Division (NSWCDD) Chief Technology Officer Kate Jones at the NSWCDD In-house Laboratory Independent Research (ILIR) and Independent Applied Research (IAR) End of Year Review. Lieberknecht — an NSWCDD aerospace engineer engaged in a Ph.D. program focusing on hypersonic fluid-thermal-structure interaction under sea-level conditions — identified challenges, objectives, accomplishments and future benefits related to her ILIR project, “Hypersonic, Dissociating Flow Over an Elastically Deforming Body at Sea Level”

EFAC TO OPEN AT NAS PENSACOLA

From Navy Region Southeast Public Affairs

JACKSONVILLE, FLA.

Naval Air Station Pensacola, Florida, will open an Emergency Family Assistance Center (EFAC) Monday, Oct. 15. The EFAC will be manned with Navy counselors prepared to assist evacuated military personnel and their families that are staying on or near the installation.

EFACs are established at specific locations by Fleet and Family Support Centers to provide assistance to people following a large-scale emergency. EFACs provide a wide-range of services to military personnel, civilians and their families including counseling, information referral, financial assistance and housing assistance.

EFAC personnel will be located at NAS Pensacola’s Fleet and Family Support Center to assist evacuees as they settle in to their new safe haven area.

Additionally, the evacuation order that was set to expire on Oct. 12 was extended by Commander, Navy Region Southeast to Nov. 16.

For updates on NSA Panama City, visit the installation’s Facebook page at www.facebook.com/NSAPC, or Navy Region Southeast’s Facebook page at www.facebook.com/NavyRegionSE. Evacuated personnel should also like and monitor the NCBC Gulfport Facebook page at <https://www.facebook.com/NCBCGulfport/> as well as the NAS Pensacola Facebook page at <https://www.facebook.com/NASPAO/>.



Patrick Nichols

An aerial view of Naval Air Station Pensacola.



Photos courtesy Royal Navy

The first ever Shipborne Rolling Vertical Landing (SRVL) has been carried out with an F-35B Lightning II joint strike fighter jet conducting trials onboard the new British aircraft carrier, HMS Queen Elizabeth. The U.K. is the only nation currently planning to use the maneuver, which will allow jets to land onboard with heavier loads, meaning they won't need to jettison expensive fuel and weapons before landing. Today's landing, conducted by Peter Wilson, a BAE Systems UK test pilot with the F-35 Pax River Integrated Test Force, took place at exactly 10:30 a.m. Oct. 13, 2018, off the east coast of the U.S. Landing 755 yards back from the end of the carrier's ski jump, the jet came to a complete standstill at the 580 yard mark.

F-35 ITF CONDUCTS FIRST SHIPBORNE ROLLING VERTICAL LANDING ON HMS QUEEN ELIZABETH

From HMS Queen Elizabeth Public Affairs

NORTH ATLANTIC OCEAN

The first ever Shipborne Rolling Vertical Landing (SRVL) was carried out Saturday with an F-35B conducting trials onboard the new British aircraft carrier, HMS Queen Elizabeth. The UK is the only nation currently planning to use the maneuver, which will allow jets to land onboard with heavier loads, meaning they won't need to jettison expensive fuel and weapons before landing.

Previously the jets have conducted vertical landings, coming to a hover to the side of the ship, translating sideways over the deck, before gently lowering to land. It is regarded as a safer method to reduce speed before the jet lands in this way, rather than landing on

at speed and coming to a stop before it runs out of deck.

An SRVL uses a different approach, with the jet using a more conventional landing pattern, approaching the ship from the aft end at speed, using the thrust from the nozzle and lift created by air over the wings, to touch down and come to a stop as soon as possible.

The first SRVL was conducted by Peter Wilson, a BAE Systems U.K. test pilot with the F-35 Pax River Integrated Test Force, and took place at 10:30 a.m. Oct. 13, 2018, off the east coast of the U.S. Landing 755 yards back from the end of the carrier's ski jump, the jet came to a complete standstill at the 580 yard mark.

"I'm excited and thrilled to have achieved

this, the whole team is," Wilson said. "It's an inherently risky maneuver. We have always understood it is safer to stop before you land than it is to land before you stop and the prime reason for that is that if something goes wrong with the airplane it is far better for it to be stationary than a rolling wreckage. I've worked on this for the past 17 years; it's fantastic to know that it's matched the modelling and simulation we have done over the years. I've flown over 2,000 SRVLs in the simulator, and am honored to have been able to do the first one onboard HMS Queen Elizabeth here today."

As important as the pilot in the cockpit, was Royal Navy Lt. Christopher Mould who held the role of Landing Safety Officer (LSO) during Wilson's flight.

Taking his place in a packed, but eerily silent FLYCO (Flight Control), Mould was the final say as to whether the jet could land. With seconds to go before touchdown, his call of "happy" allowed the historic landing to take place.

"I'll admit, I was nervous; it was a pretty intense experience," Mould said. "It's the first time we've ever done it. As the independent checker, I have to make sure that what we are seeing in FLYCO, is also what the pilot is seeing and call it as I see it."

Fellow test pilot onboard, U.S. Marine Corps Maj. Michael Lippert, F-35 Pax River ITF, said America was watching this part of the trials onboard the carrier particularly closely. The USMC, which also flies the F-35B variant, will join the ship when she deploys operationally for the first time in 2021.

"This is one of the main reasons we are here. It is of interest to the Service at large – we are learning from each other," Lippert said. "I will have the honor of conducting the

first SRVL at sea for the U.S. military, so I'm excited; it's what we all join up for. This is truly experimental test flying."

Commander Air, or 'Wings' onboard, Royal Navy Cmdr. James Blackmore, said: "It's fantastic to have achieved this, absolutely brilliant. It was text-book, just what we expected. This is the first step in proving this capability; another milestone in aviation for the Royal Navy."

Royal Navy Commodore Mike Utey, Commander U.K. Carrier Strike Group onboard, added, "What today's milestone eventually means is that we will give our strategic leaders even more choice. Pushing this ever expanding envelope means we can achieve the effects they require from us. Yet again we have demonstrated the seamless cooperation between the U.K. and U.S., but more essential than that, is how it will translate into future operations."

For HMS Queen Elizabeth First of Class Flight Trials Lead Test Pilot, Royal Air Force Squadron Leader Andy Edgell, the first SRVL was the culmination of two years' work and described the emotional moment.

Edgell, who is also a test pilot at the F-35 Pax River ITF said: "I'm feeling an enormous release, two years of concern—have we missed anything? What did we not consider? It's overtaken our lives, to make sure the outcome today was perfect. It couldn't have gone better and it was obvious to anyone, we were watching a moment in history being made for Royal Navy aviation."

"Now we will focus on putting all four of our test pilots here through the same process to achieve the widest breadth of data possible," continued Edgell.

HMS Queen Elizabeth continues the Westlant 18 deployment, along with escorts Type 23 frigate and HMS Monmouth and Arleigh Burke-class destroyer USS Lassen. She also has embarked Merlin Mk 2 anti-submarine helicopters from 820 Naval Air Squadron from RNAS Culdrose, and Mk 4 Merlins from 845 Naval Air Squadron at RNAS Yeovilton, conducting Search & Rescue and Helicopter Delivery Services.

For more news from Naval Air Systems Command, visit www.navy.mil/local/navair/.



The first ever Shipborne Rolling Vertical Landing (SRVL) has been carried out with an F-35B Lightning II joint strike fighter jet conducting trials onboard the new British aircraft carrier, HMS Queen Elizabeth.

Iwo Jima Expeditionary Strike Group operating in US 6th Fleet

From U.S. Naval Forces Europe-Africa/U.S. 6th Fleet Public Affairs

NAPLES, ITALY

The Iwo Jima Expeditionary Strike Group (IWOESG) continued its transit into the U.S. 6th Fleet area of operations as part of a deployment in support of NATO exercise Trident Juncture 18.

The strike group will join the Harry S. Truman Carrier Strike Group and U.S. 6th Fleet flagship USS Mount Whitney (LCC 20) to comprise the U.S. ship support to the exercise.

"We are excited to participate in Trident Juncture 18, which demonstrates the capabilities of a multinational amphibious force," said Commander, Expeditionary Strike Group 2, Rear Adm. Brad Skillman. "Conducting an exercise of this scope provides the opportunity to improve interoperability, not only among the amphibious force, but NATO as a whole."

Trident Juncture 18 is designed to ensure NATO forces are trained, able to operate together and ready to respond to any threat from any direction. With 31 allies and partners participating, it will be one of NATO's largest exercises in recent years.

Amphibious assault ship USS Iwo Jima (LHD 7), amphibious dock landing ship USS Gunston Hall (LSD 44) and amphibious transport dock USS New York (LPD 21) departed from the east coast of the United States, Oct. 2-3. The nearly 2,000 Marines with a Marine Air-Ground Task Force (MAGTF), built around the 24th Marine Expeditionary Unit command element from Camp Lejeune, North Carolina, are also embarked on the ships.

U.S. 6th Fleet, headquartered in Naples,



Italy, conducts the full spectrum of joint and naval operations, often in concert with allied, joint, and interagency partners in order to advance U.S. national interests and security

and stability in Europe and Africa.

For more news from Commander, U.S. Naval Forces Europe and Africa/U.S. 6th Fleet, visit www.navy.mil/local/naveur/.



From <https://movieweb.com/hunter-killer-movie-trailer-2018-gerard-butle>

Navy, Gerard Butler collaborate to tell 21st Century Submarine Yarn

By Jim Garamone, Dept. of Defense Public Affairs

WASHINGTON

Hollywood came to the Pentagon, Oct. 15, as actor Gerard Butler spoke to Pentagon reporters about his collaboration with the U.S. Navy in making "Hunter-Killer," a submarine movie due out this week.

The Pentagon press briefing studio was filled to capacity as Butler – who plays the commander of the fictional attack sub USS Arkansas in the movie – answered questions about the experience.

The movie posits an operation aimed at averting war with Russia. Butler said it is a chance to bring the submarine genre into the 21st century. "Hunter-Killer" is a chance to take viewers into submarines and let them see the culture, "and really see how these people think, work, their courage, their intelligence, basically their brilliance," the actor said.

The plot alternates between the submarine, a special operations team inserted in Russia and the Pentagon.

Navy Vice Adm. Fritz Roegge, now the president of the National Defense University, was the commander of the U.S. Submarine Force in the Pacific. "I was privileged to host Mr. Butler in Pearl Harbor for an orientation to the submarine force," the admiral said.

The Navy supported the effort even as the service remained “laser-focused” on warfighting in today’s era of great power competition. “But we’re also competing for talent, and in this dynamic economy, it’s more important than ever that we find ways to inspire the next generation of warfighters to consider serving our country in the Navy,” Roegge said.

Only a small fraction of young Americans qualify to serve in the military. An even smaller number are aware of the opportunities the services offer. "Although the Navy

benefits from technology that gives us the world's most capable platforms and equipment, it is our people who are truly our greatest strength," Roegge said. "In the words of another great Scotsman – John Paul Jones – 'Men mean more than guns in the rating of a ship.' So we will only remain the world's greatest Navy by attracting the best talent from across our nation."

Connecting With Young Americans

Movies are a good way to reach young Americans and they are also a good vehicle to expose all Americans to their Navy, Roegge said. All Americans need to understand “they know their Navy: who we are, what we do, and why it matters.”

Butler was immersed in the submarine culture sailing aboard USS Houston from Pearl Harbor, Hawaii. Being aboard the submarine was like being in another world, he said. “I felt like I could spend a year just in sonar. But I was shipped from sonar to the bridge, to navigation to the engine room to the torpedo room because I had a very quick-minded sub commander who wanted to show me every working living part of the submarine – even how to compress trash.”

Butler added, “What I really took out of it was the brilliance and the humility of the Sailors I worked with. Not that I didn’t have that appreciation before – I certainly did – but having spent time with them to realize how their minds work and how agile and how creative they have to be. And they are constantly being tested to prove themselves to think logically, to think intuitively, and in all different matters.”

And it was real for Butler. "You can do it in a movie, but when you are actually on a sub, you realize the dangers that are there," he said. "You are a thousand feet underwater and you go, 'Okay. What are the different ways things can go wrong?' You have a greater appreciation of what these people do every day unsung and unseen and their courage and valor."

DOD officials approved the request in December 2014, and the Navy provided access and technical support to the filmmakers.

Officials stressed that support to “Hunter-Killer” or any other movie is done at zero cost to the American taxpayer.

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Women’s health: Taking time for yourself

By Yan Kennon, Public Affairs
Senior Writer

Naval Hospital Jacksonville

JACKSONVILLE, FLA.

Preventive services are your best defense against preventable diseases. Your care teams at Naval Hospital Jacksonville (its hospital and five branch health clinics) stand ready to provide those services.

“Prevention is the best medicine,” said Cmdr. Jennifer Wallinger, NH Jacksonville director for public health. “As women, we need to take time to get our health screenings and care for ourselves.”

The top two causes of death for women are heart disease and cancer, with diabetes ranking seventh, according to the Centers for Disease Control and Prevention.

– **Heart disease:** Heart disease is the number one cause of death in U.S. women. Key risk factors include high blood pressure, high LDL cholesterol and smoking. Other risk factors include diabetes, overweight and obesity, poor diet, physical inactivity, and excessive alcohol use. Know your blood pressure, talk to your primary care manager about diabetes testing, cholesterol and triglyceride tests, quit smoking, make healthy food choices, limit alcohol and find healthy ways to cope with stress.

– **Cervical cancer:** Prevent cervical cancer — with the right test at the right time. Starting at age 21, get a Pap test every three years. After turning 30, you have a choice:

Get a Pap test every three years; or get a combined Pap and human papillomavirus (HPV) test every five years. Talk with your PCM about options.

– **Breast cancer:** Mammograms are the best way to find breast cancer early, when it’s easier to treat and before it’s big enough to feel. Starting at age 40, talk with your PCM about when to start and how often to get a mammogram. You have the choice to get an annual mammogram at age 40 and up. Call Radiology today (904-542-7782). It’s easy to schedule, with no need to see your PCM.

– **Colorectal cancer:** Colorectal cancer is the third most common cancer in the U.S. for women. If you’re age 50 or over, get screened now for colorectal cancer. Screening can find growths so they can be removed before turning into cancer. Screening can also find cancer at an early stage, when treatment often leads to a cure. If you have risk factors, you might need to be tested earlier or more often. Talk to your PCM.

– **Diabetes:** If you have diabetes, see your health care team every three to six months for an A1C test. This checks your long-term control of blood sugar. Make an appointment with your PCM today. You can discuss strategies to manage diabetes at home, work, school and while traveling. You can also talk with our diabetes nurse or nutrition clinic.

– **Chlamydia:** Most people who

have chlamydia don’t know it, since there’s often no symptoms. It’s the most common sexually transmitted infection in the U.S. Women under age 25 (and older women with risk factors) need chlamydia testing every year. Call or email your PCM to schedule a urine sample in our lab.

Dealing with high stress, depression, difficulty sleeping or other non-physical health concerns are just as important to stay healthy. Proper sleep, physical activity and nutrition are key components of preventive health and day-to-day wellness.

Women need a mix of cardio and resistance or weight-bearing exercise at least three to five times a week to help prevent osteoporosis, heart disease, cancer and diabetes. Exercise also promotes good self-image, which is important to a woman’s mental health.

Eating healthy is critical to women’s health. A balanced diet of lean

proteins, healthy fats, smart carbs and fiber are essential elements to a proper diet.

For a well-woman exam, make an appointment with your PCM by phone (904-542-4677 at our hospital, or 904-546-7094 at Branch Health Clinic Jacksonville for active duty), or on TRICARE’s Online Patient Portal at www.TRICAREonline.com.

For immunizations, stop by or call 904-542-7810 (hospital) or 904-546-7050 (BHC Jacksonville).

To take a free class on tobacco cessation, nutrition or healthy weight, contact our hospital’s Wellness Center at 904-542-5292.

For 24/7 clinical advice, call the Nurse Advice Line at 800-TRICARE (800-874-2273) or chat at www.mhsNurseAdviceLine.com.

To securely email your care team (for non-urgent issues), sign up for free at www.TOLSecureMessaging.com.

Some follow-up services are

available virtually. Navy Care enables you to have a virtual visit with your clinician on your smartphone, tablet or computer. Ask your provider or visit <https://Navy.Care>.

To view your care team’s PCMs, visit our website at www.med.navy.mil/sites/navalhospitaljax, click on Medical Home Port, and click on each team.

Naval Hospital Jacksonville and Navy Medicine Readiness and Training Command Jacksonville deliver quality health care, in an integrated system of readiness and health. NH Jacksonville includes five branch health clinics across Florida and Georgia. It serves 163,000 active-duty and retired sailors, Marines, soldiers, airmen, guardsmen and their families, including 84,000 patients who are enrolled with a primary care manager. To find out more, visit www.med.navy.mil/sites/navalhospitaljax.



U.S. Navy photo

Warrior Sailor awarded Mineman of the Year

By MC2 Kirsten King

Amphibious Force 7th Fleet Public Affairs

SASEBO, JAPAN

A Sailor assigned to USS Warrior (MCM 10) in Sasebo, Japan, was recently named the Association of Minemen’s (AOM) 2018-2019 Mineman of the Year (Sea).

Mineman 1st Class Yves Dessources, operations leading petty officer for the combat information center on Warrior, received the award during the association’s annual reunion, Oct. 9-12, in Jacksonville, Florida.

Dessources said he was not expecting to receive such recognition, but he was honored to have been selected.

“I was shocked at first,” said Dessources. “My chain of command, for them to even submit me for this award, is a blessing. I’m very humbled. I always thank them every day because without them, I wouldn’t be where I’m at.”

Dessources said he tries to help his Sailors as much as his chain of command has helped him.

“I’m always encouraging everyone to go to school, do community service, just do anything that will help them and help them with their careers,” Dessources said. “Anything that will help them progress inside and outside the Navy.”

Dessources knows firsthand about taking advantage of education benefits through the Navy. He received his Bachelor of Liberal Arts from Excelsior College while serving.

Senior Chief Mineman Miguel Torres, operations leading chief petty officer on War-

rior, said that he thinks the AOM picked the right Sailor to recognize.

“When the announcement was made regarding his selection as Mineman of the Year, I was very proud and content with the decision,” said Torres. “MN1 Dessources earned the recognition through his hard work, dedication, and the results he and his team have achieved. I told him that this milestone was only the beginning, and I challenged him to exceed his professional and personal goals.”

“My biggest goal right now is going officer,” said Dessources. “I’m going to put in a package to be a surface warfare officer soon.”

Dessources, a native of Bridgeport, Connecticut, joined the Navy 12 years ago as an undesignated seaman before striking mineman in 2009. He said he is honored to be a part of the mine warfare community.

“It’s very humbling to be a part of all the greats that came before me and to carry on the torch,” said Dessources. “Don’t forget where you come from. I know where I come from, so I use that as motivation every day to keep pushing on and forward.”

The mineman rating was created in 1943. The Association of Minemen was established in 1977 and is a nonprofit organization that aims to preserve the records and memories of the U.S. Navy mine warfare forces.

For more news from Commander, Amphibious Force, U.S. 7th Fleet, visit www.navy.mil/local/ctf76/.



U.S. Navy photo

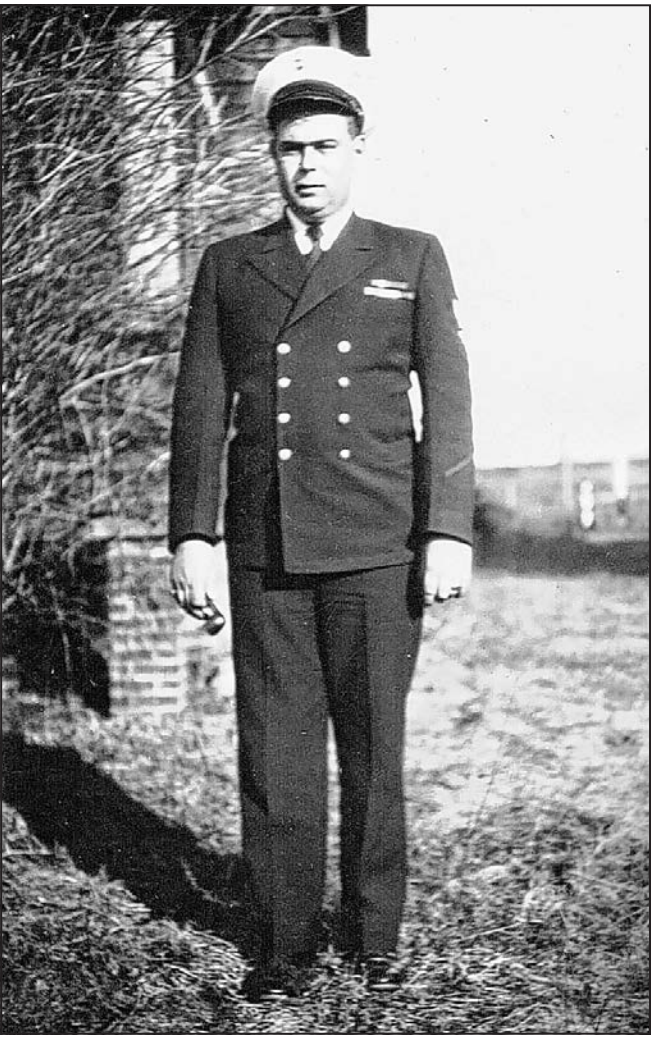
BRONZE STAR | 100 year old veteran receives honor

Continued from A1

his bold actions, courage under fire and total dedication to duty, Chief Water Tender Hoffman reflected great credit upon himself and upheld the highest traditions of the United States Naval Service,” Secretary of the Navy Richard V. Spencer noted in his citation recognizing Hoffman’s achievements.

Although Hoffman earned the recognition back in the days of World War II, he was never presented the actual medal until Sept. 29 when a Bronze Star with Valor Awards Ceremony was held for him including military honors, such as, parading of colors and the singing of the national anthem by a Navy Honor Guard.

Among the guests were Hoffman’s immediate family members, the Veterans of Foreign Wars and New Jersey Rep. Rodney Frelinhuysen.



U.S. Navy

A file photo taken in 1945 of Wilbur F. Hoffman provided by his family. On Sept. 29, 2018, Hoffman, now 100 years old, was presented the Bronze Star Medal in his hometown of Livingston, New Jersey, for his heroic actions aboard USS Hughes (DD 410) after it was hit by a bomb during World War II. Hoffman, then a chief water tender, kept steam on the emergency feed pump, ensuring water pressure to the fire main that allowed the repair party to keep a fire under control and eventually extinguish it.

OSMI | USS Shoup arrives in Suva

Continued from A1

engaging with the local community again.”

A U.S. Coast Guard Law Enforcement Detachment (LEDET) from the Pacific Tactical Law Enforcement Team is embarked on Shoup as part of the OMSI mission. Through bilateral agreements, the U.S. Coast Guard assists 10 Pacific Island nations in patrolling the waters around their exclusive economic zones (EEZs). Each of the nations have territorial waters stretching out 12 miles from shore. Beyond that, stretching out 200 nautical miles are EEZs, areas defined by national law that allows each nation exclusive rights to the exploration and use of maritime resources.

OSMI deployments are a secretary of de-

fense initiative aimed at diminishing transnational illegal activity on the high seas in the Pacific Island nations of Oceania’s exclusive economic zones (EEZ) and enhancing regional security and interoperability with partner nations.

U.S. 3rd Fleet leads naval forces in the Pacific and provides the realistic, relevant training necessary for an effective global Navy and constantly coordinates with U.S. 7th Fleet to plan and execute missions that promote ongoing peace, security and stability throughout the Pacific theater of operations.

For more news from Commander, U.S. 3rd Fleet, visit www.navy.mil/local/c3f/.



Navy Ball

2018 Hampton Roads



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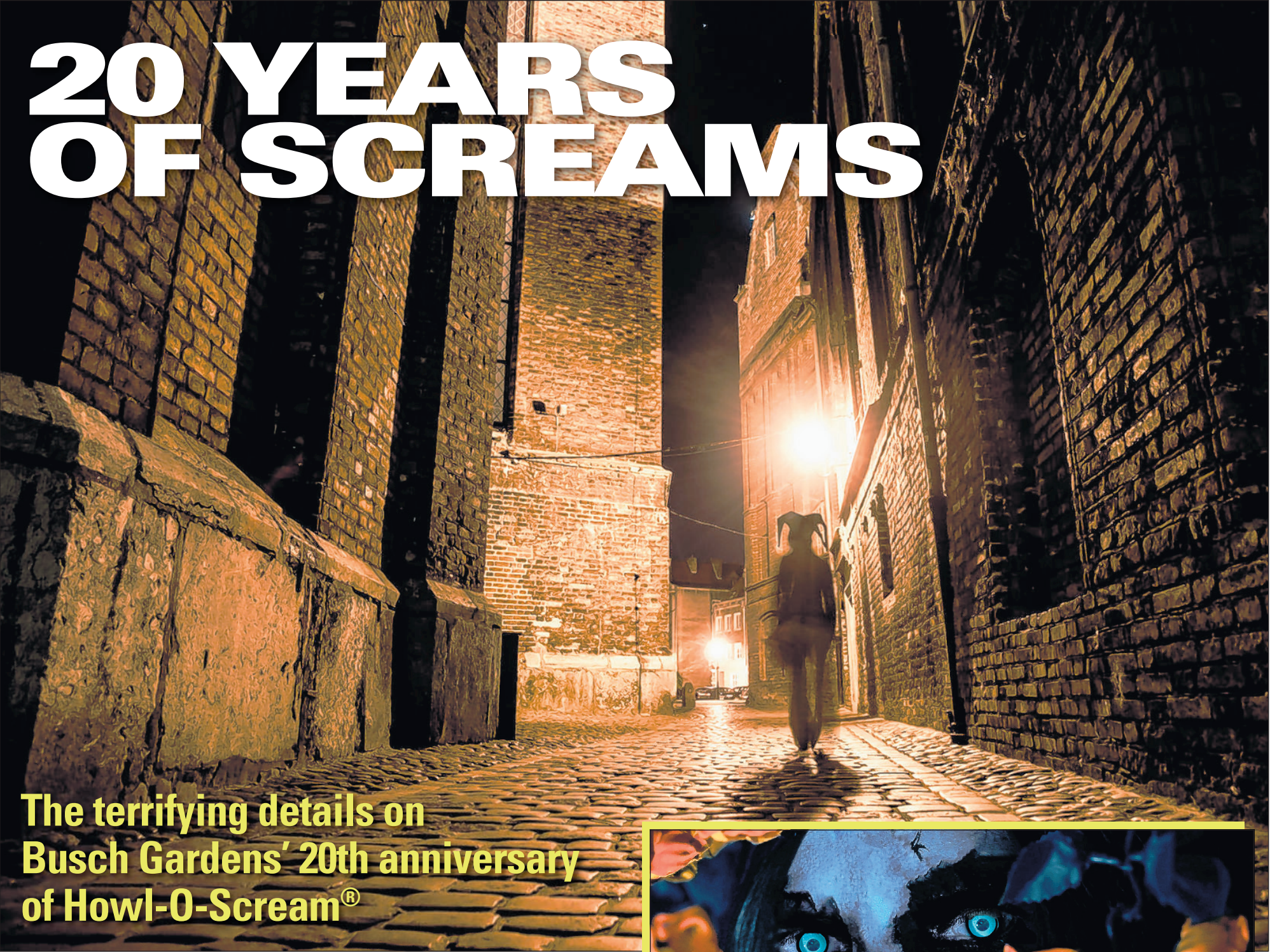




ACTOR TOM HARDY
HOSTS FREE SCREENING
FOR NAVY

On October 9, actor Tom Hardy hosted a free screening of his latest movie, *Venom*, at the Gator Theater at Joint Expeditionary Base Little Creek Fort Story.

» See C5



20 YEARS
OF SCREAMS

The terrifying details on
Busch Gardens’ 20th anniversary
of Howl-O-Scream®

From Busch Gardens

Anyone who lives or has lived in Hampton Roads over the couple decades, knows that one of the most popular Halloween attractions in the area, is Howl-o-Scream at Busch Gardens. What they might not know, is that Busch Gardens has made sure that this year, things get just a little bit scarier.

Over the past several months, the adventure park has released teasers about just what the 20th anniversary Howl-o-Scream will include – here’s the complete list.

New scares in 2018 include:

- 3 Haunted Houses — 7 total
- 5 Bars — 6 total
- 2 Terror-tories™ — 6 total
- 2 Party Zones
- 1 No Escape (Escape Room Experience)
- 2 total

New Haunted House: Dystopia

In a futuristic post-apocalyptic world, a new world order has risen. In this new system, you have a choice – join or be forgotten. Surrender to the utopia. Don’t worry, you won’t feel a thing – ever again.

More frightening features

New this year is the Haunting Hour in Oktoberfest, where all the haunts will be unleashed to give guests fair warning that the

spine-tingling scares are about to start.

Beware of a fresh new scare as Coaster Creepers climb aboard Busch Gardens’ world-class roller coasters. Unsuspecting guests may not know who is sitting near them until it’s too late. Also, guests may get a surprise from a roaming hoard prowling the park. The pathways are prime pickings for some unexpected terror.

After a long night of fright, guests can soothe their screams by stopping by five new bars – Chaos Cocktails, Last Call XX, Jack’s Nightcap, Restless Spirits and Control Lab at Inoculation Station – to sip some ghoulish concoctions. Guests also can dance to pulse-pounding music as spun by diabolical DJs in two new party zones located in France and Italy.

New Haunted House: The Vault: XX™ — Favorite creatures of the night from past Howl-O-Scream experiences are locked up in one location in The Vault: XX™. Classic characters such as Executioner from Dark Tower; Mummy from Curse of Pompeii; Pirate Captain Ghost from Sea Dog Cemetery; Little Dead Riding Hood from Deadtime Stories; and Werewolf from Hunted, just to name a few, are dying to frighten you again. Park-goers can look forward a walk down memory lane.

New Haunted House: Demented Dimensions™ — Guests will enter Sterling Manor



– a haunted house built on top of a dimensional vortex. The energies of the vortex have opened portals to other realms where humans are hunted by monsters, where aliens are in control and the virtual has become reality.

New Terror-tory: Garden of the Souls™ — Welcome to Funeral Gardens, the setting for Garden of the Souls. Here guests may visit the graves of the deceased, but this garden has a dark secret. The dead roam free, and they’d love to show park guests what waits in the afterlife.

New Terror-tory: Fools’ Court™ — Guests will experience Jester characters in Fools’ Court scare zone, where chaos reigns supreme. When the Motley Fools hit the

streets, the joke always will be on you.

No Escape Room: Jack’s Nightmare Room — No Howl-O-Scream anniversary would be complete without Jack, the original Busch Gardens trickster. He’s back in the all-new No Escape: Jack’s Nightmare Room, and he’s had plenty of time to sit in the dark and come up with new ways to surprise and startle fans. Explore the terrors that keep Jack up at night. It’s a new era of chills, and this escape room will bring the SCREAM back to Howl-O-Scream.

Howl-O-Scream will run on select days through Oct. 28. For more information, visit howloscream.com/va.

Hampton History Museum to begin
Hampton Horror Tours October 22

New director and new scenes enliven
Halloween tradition

From Hampton CVB

Stories and figures from the city’s dark side come to life for the season of spooks and frights as the Hampton History Museum presents a new reincarnation of their “Hampton Horror Tours” Monday, October 22 through Friday, October 26. Tours will depart the museum at 6:30 and 8 p.m.

For 2018, new director Jeffrey Corriveau, entertainment manager at Busch Gardens, brings over 25 years of theatrical experience to this annual event. He has added additional characters and stories from Hampton’s history to the new script.

Leaving from the museum lobby, these 60-minute walking tours include eerie tales of old Hampton and the Coastal Virginia region. Those who dare brave the journey will meet the first witch recorded in America, ghosts of Civil War Soldiers, Black Bart the pirate, the great American author best-known for

his tales of mystery and the macabre, Edgar Allen Poe, WWII German submariners who perished in the Chesapeake Bay and were buried in Hampton, Declaration of Independence signatory and murder victim George Wythe, survivors of the War of 1812 burning of Hampton, Yellow Fever victims, roaring 20s gangsters and flappers, drowning victim Jenny Kane whose husband was acquitted of her death in the 1931 “trial of the century,” and other personages from the city’s storied past. Each tour will include the grisly side of Hampton history, special surprises, a spooky lantern tour of the St. John’s graveyard, and other chilling downtown Hampton sites.

Tickets are \$10.00 in advance per person, \$12.00 at the door. Tickets are limited, and may sell out. Advance purchase is strongly recommended. Tickets can be purchased at the Hampton History Museum and Visitor Center, or reserved by credit or debit card by calling 757/727-1102. Proceeds benefit Hampton History Museum. Tours will be held rain or shine. No rain checks.



Photos Stanley M Belback



Hampton Horror Tours
Monday, Oct. 22 – Friday, Oct. 26
6:30 p.m. & 8 p.m.
\$10.00 in advance,
\$12.00 at the door

Calendar

For a complete list of events in Hampton Roads or to submit your own, visit www.flagshipnews.com/calendar

U.S. Fleet Forces Four Star Edition Rock Band at the Virginia Beach Town Center Fountain Plaza

- Oct. 18, 5–7 p.m. Free and open to the public
- Virginia Beach Town Center
- www.Facebook.com/CNRMA.PAO.

RESCHEDULED from Oct. 11. Four Star Edition is a contemporary music ensemble that entertains audiences with its refreshing blend of modern hits from a variety of styles that includes today’s top hits, Latin, country, as well as classic rock-and-roll. Composed of some of the U.S. Navy’s most versatile musicians, the band entertains audiences of all ages!



Courtesy Republic/Universal

NAVSTA Norfolk Fleet Fest & 3 Doors Down Concert

- Oct. 19, 5 p.m. & Oct. 20, 11 a.m. FREE Ship Tours • Static Displays • Car Show Chili-Cook Off • Kids Area • Entertainment
- Naval Station Norfolk
- www.navywmrmdilant.com/fleetfest

The Naval Station Norfolk Fleet Fest is free and open to the public family-friendly event. Join us on Friday evening and Saturday as MWR presents live entertainment, ship tours, static aircraft displays, large children’s playing area, military demonstrations, chili cook-off, car show, food vendors and more.

The festivities kick-off Friday, October 19 when Naval Station Norfolk gates open to the public at 5 p.m. for a free concert featuring 3 Doors Down. Saturday activities start at 11 a.m.

Next Steps: Virginia Veterans Resource Workshop

- Oct. 19, 9 a.m.–1 p.m.
- Hampton Roads Veteran Employment Center 861 Glenrock Rd., Suite 220, Norfolk.
- www.usovtapveteransresource.eventbrite.com

Transitioning service members, recently separated veterans and military spouses are invited to attend Next Steps: Virginia Veterans Resource Workshop. This interactive workshop will introduce you to your state and local resources and provide you with employment readiness and tips. You will also have the opportunity to register for free services and more one-on-one assistance from USO Pathfinder and Virginia Transition Assistance program. Lunch will be provided!



Courtesy Comdeia

The American Theatre presents An Evening with Groucho

- Oct. 19, 8 p.m.
- The American Theatre, 125 East Mellen Street Hampton.
- www.hamptonarts.net

See more information in the article on page C4.



Courtesy The Norva

AM 790 WNIS Presents America: Great From The Start—Brian Kilmead

- Oct. 20, 7:30 p.m. \$53
- The Norva, 317 Monticello Ave., Norfolk.
- www.thenorva.com

Fox & Friends co-host, leading nationally syndicated radio host, and New York Times bestselling author Brian Kilmeade brings his well-known humor and commentary to the stage for his first-ever live show, America: Great from The Start. A unique evening of conversation, where Brian will tackle some of the day’s hottest political topics, share exclusive stories from his own path to success, and provide his inspirational perspective on Andrew Jackson, Thomas Jefferson, George Washington and how so called average everyday Americans made this country what it is today. Additionally, there will be an extended Q&A session where Brian will be answering audience questions about the ever-changing news of the day in the Trump era. To celebrate the paperback release of his book Andrew Jackson: Miracle of New Orleans, each ticket will come with a signed copy of the book!

Community

■ Submit YOUR events, news and photos

The Flagship welcomes submissions from our readers online.

Please submit **events** here: www.militarynews.com/users/admin/calendar/event/

Please submit **news** and **photos** here: www.militarynews.com/norfolk-navy-flagship/submit_news/.

ZooBoo is two days of fun this year

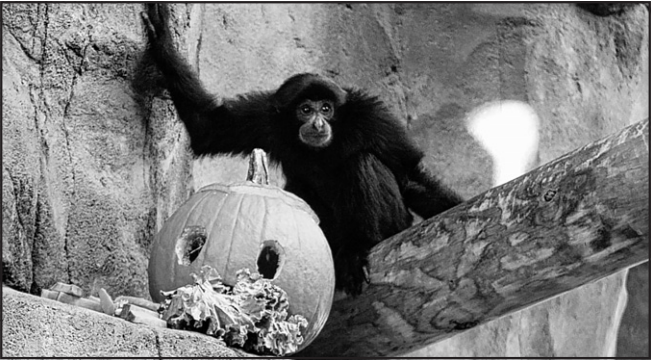
From Ashley Grove Mars

The most popular Zoo event is back – and double the fun. ZooBoo, the annual Halloween festival at the Virginia Zoo is two days this year.

On October 27 and 28, the Zoo turns into a fun fall delight with themed décor, costume contests, a trick-or-treat trail, frightfully fun games and crafts and pumpkins for all of the animals to enjoy.

Community partners will pass out sustainably-produced candy and other treats at the new Candy Land trick-or-treat trail. Sustainably-produced candy helps save orangutans and other endangered animals in the wild, which is why the Virginia Zoo buys only candy that is from companies who are members of the RSPO (Round Table on Sustainable Palm Oil) and are committed to using certified sustainable palm oil. This year the Zoo will also be selling reZooosable trick-or-treat bags for just \$1.

Families are encouraged to come in costume and take part



Photos ourtesy Virginia Zoo

in educational activities such as the Mad Scientist Lab in the new World of Reptiles classroom or visit the Mummy’s Tomb, a fun adventure of archaeology. Be sure to catch a presentation at the ZooLive! Stage with your favorite animal ambassadors while the exhibits are filled with pumpkins for the other animals to enjoy.

Tickets are on sale for just \$6 for Virginia Zoo members (ages 2 and up) and \$15 for non-members (ages 2 and up). Children under 2 are free. Cost does not include other amenities like the ZooBoo ChooChoo, bounce houses or food and beverage. Purchase your tickets in advance online at virginia-zoo.org/zoo-boo, by phone at 757-441-2374 or at the Membership Office during regular Zoo hours.

New kayak launch honors military veterans

From Norfolk.gov

Members of the Highland Park Civic League are honoring military veterans and their dedication to service with a new kayak launch. A ribbon cutting ceremony for the Highland Park Veterans Kayak Launch at the corner of 44th Street and Colley was held on October 10.

“We wanted to acknowledge our veterans, especially wounded veterans who can now have access to kayaking, in support of overall physical and emotional health,” said Dale Ryder, President, Highland Park Civic League. Civic league members spearheaded the development and naming of the new kayak launch at Knitting Mill Creek. The launch replaces an old, dilapidated city pier. Norfolk City Council approved funding for the launch as part of a larger city-wide

project to improve commercial corridors.

The public can enjoy Norfolk’s waterways with more than a dozen access points. In addition to the Highland Park Veterans Kayak Launch, the La Valette Avenue Kayak Launch located at the end of La Valette Avenue opened less than a year ago.

“Norfolk is the premier urban waterfront city. The Highland Park Veterans Kayak Launch illustrates just one of the many ways our community stakeholders can access and enjoy water in our City,” said Darrell Crittendon, Director of Recreation, Parks and Open Space (RPOS).

For information on kayak and canoe water access points and other programs and services offered by RPOS, visit Norfolk.gov/play.

Sail Nauticus oyster roast to benefit after-school program

From Nauticus

Celebrate fall weather and support a worthy cause at the Sail Nauticus Fourth Annual Oyster Roast from noon to 3 p.m. on Sunday, October 28. This family-friendly event will include all-you-can-eat oysters, live music by PC Duo, craft beer by O’Connor Brewing Co., wine, raffles, games, pumpkin carving, s’mores roasting and children’s activities. Todd Jurich’s Bistro

and Rodman’s Barbeque will provide additional delicious fare.

“This is a great opportunity for the Nauticus community and the general public to support this award-winning program while enjoying excellent food and camaraderie,” said Sail Nauticus Director K.C. Fullmer.

All proceeds benefit Sail Nauticus Academy, an after-school program for at risk sixth, seventh and eighth grad-

ers. Through a partnership with Norfolk Public Schools, students participate in STEM (science, technology, engineering and math) activities while also learning career development opportunities and life skills through the sport of sailing.

Tickets to the Sail Nauticus Oyster Roast are \$35 for members, \$50 for non-members and \$5 for age children 12 and under. Ticket prices will increase by \$10 the week of October 21. Purchase tickets online at sailnauticus.org.

For more information, call Sail Nauticus at (757) 823-4242.

Smithfield Foods Donates \$50,000 to the Virginia Chamber Foundation & HIRE VETS NOW program

From The Dalton Agency

The Smithfield Foundation, the philanthropic arm of Smithfield Foods, Inc., is pleased to announce a \$50,000 donation to The Virginia Chamber Foundation to advance the group’s goal of strengthening the state’s business climate as well as directly supporting the HIRE VETS NOW program. HIRE VETS NOW provides access to transitioning service members and veterans with career opportunities with partnering businesses prior to re-entry into the civilian workforce.

“The Virginia Chamber Foundation is pleased to partner with Smithfield Foods on our continued work to improve Virginia’s economy and bring Virginia back to the top of national business climate rankings,” said Keith Martin, executive director of the Virginia Chamber Foundation. “This contribution to the HIRE VETS NOW program highlights our shared commitment to integrate our nation’s veterans into the business community. Smithfield’s investment in these initiatives underscores their commitment to leadership and service and we are grateful for their continued partnership.”

Smithfield’s donation will also provide direct support for the development of the Virginia Economic Dashboard. This resource will provide user-friendly, timely, and comparative economic data to allow decision makers to track Virginia’s progress on improving its business climate. Continual perfor-

mance assessment on key economic indicators will signal to Virginia’s business community and policy makers available opportunities to strengthen the state’s economic competitiveness.

“We are proud to continue our support of this great business development organization here in our home state of Virginia, which also provides such a valuable resource to active military and veterans,” said Keira Lombardo, senior vice president of corporate affairs for Smithfield Foods and president of the Smithfield Foundation. “Part of Smithfield’s social purpose is to honor the service and sacrifice of American veterans and the HIRE VETS NOW program is the type of program that provides genuine career development support for our military community.”

Smithfield has a long history of supporting veterans and military families through volunteerism, food and charitable donations, and partnerships. In 2016, Smithfield introduced two new veterans’ initiatives — Operation 4000! and Smithfield Salutes. Through Operation 4000!, Smithfield is working to employ 4,000 veterans—10 percent of its U.S. workforce—by 2020. Smithfield Salutes is an employee engagement program that helps veterans working at Smithfield in their transition to civilian life. To learn more about Smithfield’s support of veterans, visit smithfieldfoods.com/veterans.

Arts & Entertainment

Things are getting artsy in Norfolk

4th annual Neon Festival lights up Norfolk's art district Oct. 18 & 19

From Mackey Ink

The NEON Festival, presented by Business Consortium for Arts Support, in Downtown Norfolk's NEON (New Energy of Norfolk) District will be held October 18 and 19. The free festival welcomes everyone to experience the NEON District's offerings through art exhibitions, local and national performances and mural tours.

Thursday Schedule:

NEON Festival at Chrysler Museum of Art with live music, food trucks and activities. Music provided by Virginia Arts Festival's steel drum band The Rhythm Project and Mosquito Cabaret, plus glow yoga on the lawn at 7 p.m. with Bhav Brigade and accompanying music by PranaMuktiBhakti.

Mural Tours at 6 and 7 p.m. leaving from Chrysler Museum

Third Thursday at the Chrysler Museum Glass Studio with California neon artist Michael Flechtner and music from Sharkophagus. Free admission with advance tickets.

Glass Studio assistants unveil a new rooftop neon sculpture atop the Chrysler Museum Glass Studio at 7:45 p.m.

d'Art Center's opening night of Impression, a national printmaking exhibition, with food trucks, DJ, photobooth, a printmaking make & take, works for sale and Smartmouth Brewing Co. in the gallery. Exhibition awards announced at 7 p.m.

#workingartistsstudios grand opening from 6 to 8 p.m. in Duke-Grace building, suite 250

Friday Schedule:

The Rutter Family Art Foundation and Commune open a new exhibition of skateboard art, Something Beautiful, curated by Jason Hawkes of Cardinal Skate Shop

TCC @ NEON, 6-10 p.m. Join Tidewater Community College at its newest venue, the TCC Pat & Doug Perry Glass Wheel Arts Center, for music by their own Blue Moon Jazz Ensemble, delicious morsels from TCC's culinary students, displays of student artwork and demos of glass-blowing and ceramics. Plus, learn about the exciting plans to transform the NEON District with the new Patricia & Douglas Perry TCC Center for the Visual & Culinary Arts and Hospitality Management.

The Plot, 6-10 p.m. beer garden with O'Connor Brewing Company, food trucks, live music and performances from Kayce Laine, Teens with a Purpose, Governor's School for the Arts, and others, ending with a big dance party with MOER at 9 p.m.

Hurrah's Copeland Center features a preview of Hurrah Players' Annie, live musical performances, a magic show and poetry readings from The Muse Writers' Center and ODU's MFA poets, 6-10 p.m.

Hat-tober Fest at long-time NEON District men's clothier Stark & Legum with a happy hour, live music and a trunk show of new fashion brand, ALFA, 5-9 p.m.

SPARK Poster Show & Silent Auction presented by American Institute of Graphic Artists' Hampton

Roads chapter in mural-filled Magazine Lane, 6-10 p.m.

Pop-Up Art Galleries hosted by the Copeland Center, Urban Discovery Ministries and the ViBe Creative District

WHRO's Emerging Leaders Board Talk at Bearded Bird Brewing featuring the CURATE series artists

Hermitage Museum & Gardens 3D printing art exhibition at local tech business Amplified IT, 6-10 p.m.

Mural Tours at 6, 7 and 8 p.m. leaving from the Plot

Community Art Lab with Old Dominion University professor Natalia Pilato and art education students leading a paint-by-number activity for a future mural project

Governor's School for the Arts students showcase their talents with live jazz, classical singers, pop-up dances, face painting, chalk art at the Plot and two new public art pieces, NEON Squared sidewalk murals and Flo with the Go, a fence mural

Norfolk Bike Polo Fish Bowl Expo at the Cofer lot with live music, food trucks, local artists live painting and 20-minute bike bolo pick-up matches

Cardinal Skate Shop Balance Trials on Starke Street with skateboard competitions

Nine new murals and art projects will be revealed in the NEON District during the Festival. Artists range from nationally and regionally known to Norfolk students completing their first public art piece. With the 2018 artists' projects, the NEON District now has more than 60 artworks on view in the public realm.

NEON District infrastructure improvements for the neighborhood are complete in time for the festival as well: NEON Cube is on and spinning, three new Lights Over Granby installed, new crosswalks at Brambleton are complete and new custom wayfinding signs featuring five local artists are in place.

A full list of exhibitions, events



and entertainment is available at www.neonnfk.com/festival.

The NEON Festival is presented by Business Consortium for Arts Support with beer provided by O'Connor Brewing Company. It is produced by the Downtown Norfolk Council and the Chrysler Museum of Art and Glass Studio.

Contributing sponsors include Dominion Energy, Glass Light Hotel & Gallery, Old Dominion University, Rutter Mills, Sway Creative Labs, TCC Real Estate Foundation, Work Program Architects. Friend sponsors are Ann P. Stokes Landscape Architects, Hilton Norfolk The Main, Slone Chiropractic Clinic, Towne-Bank and VisitNorfolk.

Norfolk's first official arts district, NEON, is home to long-time cultural institutions like the Chrysler Museum of Art and Harrison Opera House as well as studio-based ventures like d'Art Center and the Rutter Family Art Foundation, all providing artists a place to make, create and show. Within a few short blocks you can see a muralist at work, take in an improv comedy performance at Push Comedy Theater, watch a live glass-working demonstration, shop for unique home goods, get a tattoo or dine out at an eclectic restaurant. Learn more at www.NEONNFK.com and follow along on Facebook, Twitter and Instagram at @neonnfk.

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Brandpoint image

Fall with our four-legged friends

From Brandpoint

The dog days of summer are over and your furry family member is up and ready to play! It's the time of year when even pets can get excited about the season and all the autumn outdoor activities families may enjoy. It's also a time of year that can come with some hazards and vulnerabilities for our four-legged friends. Here are a few reminders to keep your pet happy and healthy, as the crisp apple-spiced air makes its fall appearance.

Fall is a great time to take advantage of healthy, active play with your pet to encourage and strengthen the human-animal bond. In addition, active play develops healthy movement and cardiovascular endurance for you and your dog, especially when exercise can tend to decline during the colder months and holiday party season. A simple game of fetch offers both! It's a great way to make fetch happen with your dog's favorite Chuck-

it! launcher and ball. The essence of fetch play satisfies their natural instincts to chase, while encouraging healthy and happy movement.

Speaking of cooler weather and active play, this time of year can certainly put a little more stress on your pet's joints. It's important to make sure your pets stay well hydrated, and are provided with the right nutrition and supplements to ensure their active bodies are performing at their very best. In addition to a healthy diet, a good bed can go a long way to prevent any painful issues down the road. After an active day of play with your pet, a good place to relax and recuperate will help ease stress on their joints. The orthopedic foam beds by SnooZZy provide excellent support, as opposed to a harder floor surface, enabling your pet to bounce back up much quicker and happier, no matter how old they are.

As the sun sets lower on the windowsill,

many cats will try to bask in as much warmth and light as the day will allow. Don't be fooled by the declining strength of the sun's rays. No matter what time of year it is, lighter-pigmented cats can be more prone to sunburn and darker coated cats can run the increased risk of heat stress. Prevent sun damage issues by applying a small amount of pet-safe sunscreen on areas like the nose, ears and underbelly that are susceptible to sunburn, and monitor all sunbathing, particularly when the sun is at its strongest — early afternoon until evening. Providing your cat with another comfortable place to lounge, like the Jackson Galaxy Convertible Scratcher, is an excellent way to coax them out of the hot sun. Your cat will enjoy lounging on the scratcher and its various configurations, while enabling them to tap into their natural instincts to scratch when they want to be more engaged and active.

Another hazard to consider is an increase in pet anxiety due to the new noises that may come with the fall season. For pets prone to

anxiety caused by noise (leaf blowers, school bus engines, doorbells and trick-or-treaters), consider keeping them occupied with a solo play toy, like the JW Robobone, for engagement and fun. Interactive puzzle toys from JW can help keep dogs occupied and focused, preventing any new seasonal stress they may experience.

Lastly, despite the declining temperatures, fleas and ticks are still present and a threat. Whether you're partaking in a camping trip or just a quick walk to enjoy the fall foliage, make sure your pets are properly guarded from these pesky insects to avoid serious problems like Lyme disease, or any other issues that accompany these unwanted pests.

All in all, the fall season can be an exciting time for you and your pet. Keep your veterinarian's phone number handy, but be sure to enjoy every moment with your furry family member. After all, they are the sweetest part of the holiday season.

An Evening with Groucho returns to The American Theatre Friday night

By Yiorgo

We, in the Hampton Roads area, are very fortunate this Friday night, when the internationally renowned and award-winning actor/director/playwright Frank Ferrante brings his PBS, New York and London acclaimed show An Evening with Groucho, to the American Theatre in Hampton, VA at 8 p.m.

The New York Times described Frank as "the greatest living interpreter of Groucho Marx's material." "Nothing short of masterful" from the Chicago Tribune, "Uncanny...astounding" says L.A. Weekly, and The Today Show, Gene Shalit called Frank and the show "Brilliant".

And those who knew Groucho best, his family and friends: "Nobody does Groucho better than Frank Ferrante." Is what Arthur Marx, Groucho's son said. Miriam Marx, Groucho's daughter has said that "Frank doesn't just do

Groucho...he is Groucho." And Morrie Ryskind, co-author of the Marx Brothers hits The Cocoanuts, Animal Crackers and A Night at the Opera said "Frank is the only actor aside from Groucho who delivered my lines as they were intended to be."

I spoke with Frank by phone, and he was very excited to be coming back for the third time to the American Theatre and re-introducing An Evening With Groucho to a whole new audience, young and old.

Yiorgo: What you do is a labor of love. How did you fall in love with Groucho?

Frank Ferrante: When I was 9 years old I saw the Marx Brothers movie A Day at the Races and I never laughed so hard in my life. They were an escape for me; I wanted to be like they did, complete anarchy, because I was going to a very strict Catholic School at



Courtesy Comedia

the time. Fast forward to 1985, I am a student at the University of Southern California and as part of my senior project I put on a one-man show on Groucho Marx that I had written. I invited Groucho Marx's son Arthur a playwright and daughter Miriam and Morrie Ryskind who co-wrote some of the Marx Brothers work. They showed up and Arthur said, "If I ever do a play about my father I'd like to use you." I graduated, a year later we were doing his show and here we are 33 years later con-

tinuing the love affair.

Y: Tell us about the show.

FF: The show is story telling with songs from Groucho's Broadway shows and films as well as one-liners and bits from his movies. But the glory of the show is the improv where the audience literally becomes part of the show. You don't have to know who Groucho is to fall in love with the show.

For more info www.hamptonarts.net/events/detail/an-evening-with-groucho.

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ACTOR TOM HARDY HOSTS FREE SCREENING OF ‘VENOM’ FOR NAVY



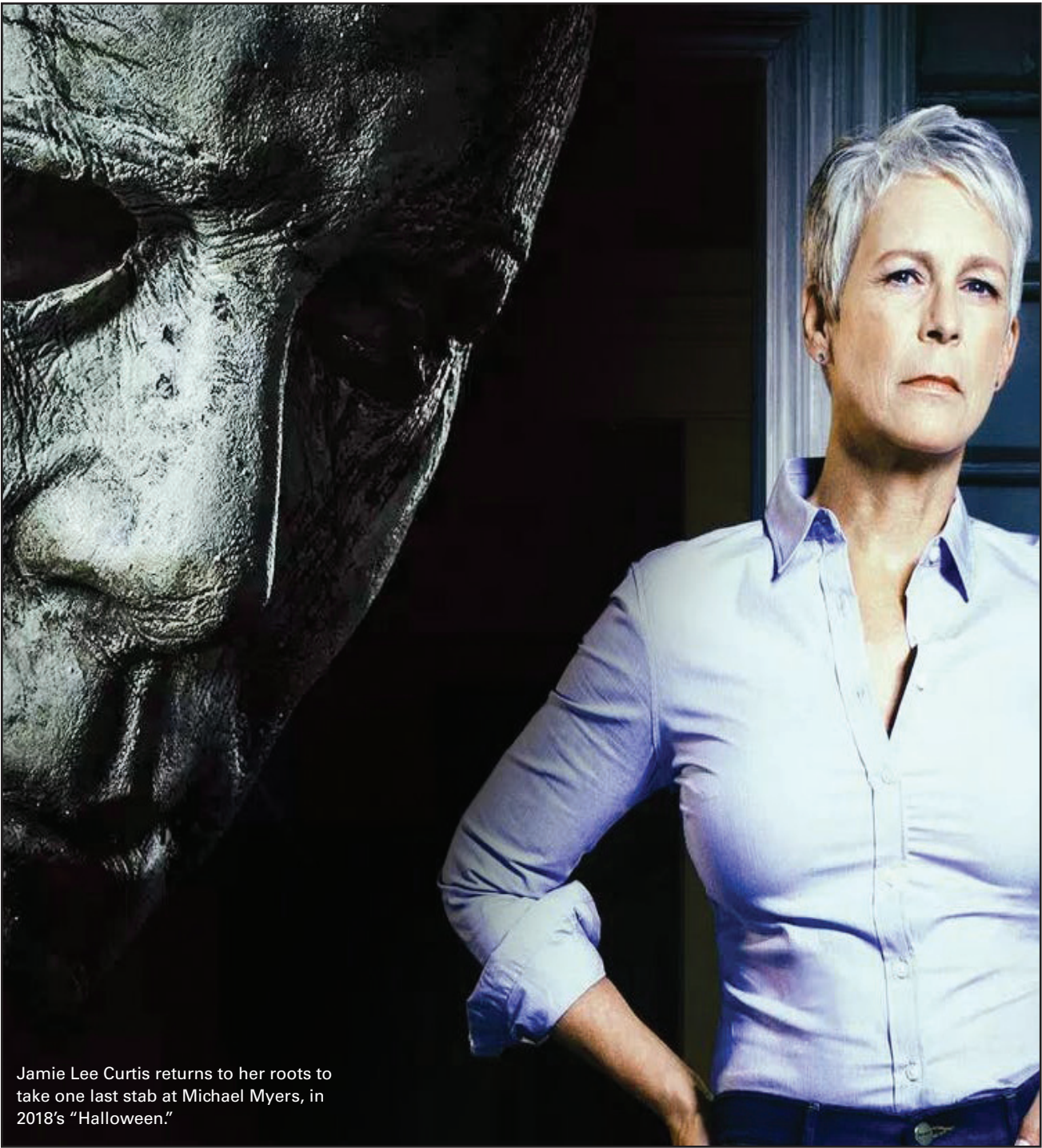
Photos by JEBLCFS Public Affairs Office
Actor Tom Hardy address the nearly packed Gator Theater on Joint Expeditionary Base Little Creek-Fort Story.



Actor Tom Hardy visits with Military Working Dog Buspar and handler MA1 James Haney from Joint Expeditionary Base Little Creek Fort Story Security Department. Hardy was on base for a free showing of his new move Venom to military families on Oct. 9 at the Gator Theater on base.



Actor Tom Hardy signs a publicity folder of his new move Venom at the Gator Theater on Oct. 9.



Jamie Lee Curtis returns to her roots to take one last stab at Michael Myers, in 2018's "Halloween."

new in theaters

A STAR IS BORN (R)

In this new take on the tragic love story, Bradley Cooper plays seasoned musician Jackson Maine, who discovers—and falls in love with—struggling artist Ally (Gaga). She has just about given up on her dream to make it big as a singer... until Jack coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jack fights an ongoing battle with his own internal demons.

SMALLFOOT (PG)

A smart young yeti encounters a stranded human mountaineer, creating chaos amongst his small village of disbelievers. Desperate to prove the existence of the "smallfoot", he sets out to find the mountaineer and bring an end to the debate once and for all.

THE HOUSE WITH A CLOCK IN ITS WALLS (PG)

Ten-year-old Lewis goes to live with his uncle in a creaky old house that contains a mysterious ticktock noise. When Lewis accidentally awakens the dead, the town's sleepy facade magically springs to life with a secret world of witches and warlocks.

VENOM (PG-13)

Reporter Eddie Brock develops superpowers after becoming a host to an alien parasite.

THE HATE YOU GIVE (PG-13)

Starr Carter is constantly switching between two worlds – the poor, mostly black neighborhood where she lives and the wealthy, mostly white prep school that she attends. The uneasy balance between these worlds is soon shattered

when she witnesses the fatal shooting of her childhood best friend at the hands of a police officer. Facing pressure from all sides of the community, Starr must find her voice and decide to stand up for what's right.

NIGHT SCHOOL (PG-13)

Teddy Walker is a successful salesman whose life takes an unexpected turn when he accidentally blows up his place of employment. Forced to attend night school to get his GED, Teddy soon finds himself dealing with a group of misfit students, his former high school nemesis and a feisty teacher who doesn't think he's too bright.

FIRST MAN (PG-13)

On the heels of their six-time Academy Award®-winning smash, La La Land, Oscar®-winning director Damien Chazelle and star Ryan Gosling reteam for Universal Pictures' First Man, the riveting story of NASA's mission to land a man on the moon, focusing on Neil Armstrong and the years 1961-1969. A visceral, first-person account, based on the book by James R. Hansen, the movie will explore the sacrifices and the cost—on Armstrong and on the nation—of one of the most dangerous missions in history.

HELLFEST (R)

On Halloween night, three young women and their respective boyfriends head to Hell Fest — a ghoulish traveling carnival that features a labyrinth of rides, games and mazes. They soon face a bloody night of terror when a masked serial killer turns the horror theme park into his own personal playground.

BAD TIMES AT THE EL ROYALE (R)

Seven strangers, each with a secret to bury, get one last shot at redemption at a run-down hotel.

HALLOWEEN (2018) (R)

Michael Myers is back. . .and so is Jamie Lee Curtis in the latest remake of the classic Halloween thriller.

base theaters \$3 Movies



Courtesy Amblin Entertainment/Dreamworks

Lewis Barnavelt, after losing his parents, is sent to Michigan to live with his uncle Jonathan. He discovers his uncle is a warlock, and enters a world of magic and sorcery. But this power is not limited to good people: Lewis learns of Isaac Izard, an evil wizard who wanted to cause the Apocalypse so that he could see what happened afterwards. To do this, he constructed a magical clock with black magic, as long as it exists it will keep ticking, counting down to doomsday. He died before he could finish the clock, but he hid the clock in his house, where Uncle Jonathan now lives. Now Lewis and Jonathan must find the clock before it's too late, and before Isaac's wife, Selena, gets to it.

JEB Little Creek, Gator Theater – 462-7534

Friday, October 19

6 p.m. The House With A Clock In Its Walls (PG)
9 p.m. White Boy Rick (R)

Saturday, October 20

1 p.m. The House With A Clock In Its Walls (PG)
4 p.m. Night School (PG-13)
7 p.m. The Predator (R)

Sunday, October 21

1 p.m. Searching (PG-13)
4 p.m. Night School (PG-13)
7 p.m. A Simple Favor (R)

NAS Oceana, Aero Theater – 433-2495

Friday, October 19

6 p.m. The House With A Clock In Its Walls (PG)
9 p.m. Night School (PG-13)

Saturday, October 20

12 p.m. The House With A Clock In Its Walls (PG)
5 p.m. ADVANCE SCREENING Hunter Killer (R)

Sunday, October 21

12 p.m. Hotel Transylvania (NDVD)
FREE admission!
3 p.m. The House With A Clock In Its Walls (PG)
6 p.m. The Nun (R)

Schedule is subject to change. For your weekly movie showtimes and more, check out the Navy Mid-Atlantic Region MWR website at discovermwr.com.

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Announcements

COIN SHOWS
Richmond Coin and Currency Show, October 19-21, Fri-Sat 10-6, Sun 10-3 Acca Shrine Center, 1712 Bellvue Avenue, Richmond. Free Parking, admission and appraisals. Weekend Raffle! www.richmondcoinclub.com, Bill Scott 804-350-1140

MOOK, HAPPY BIRTHDAY BABY! I LOVE YOU SO MUCH! - COURTNEY

NEW BUSINESS ANNOUNCEMENT
Kempsville Vintage & Collectibles - Now Open with Comic Books, New Board Games, New Puzzles and Much More. Location is 439 South Witlick Road, Virginia Beach, VA. Call (757) 227-3702 for Store Hours.

SUFFOLK RETAX SALE
14 Props Oct 25 @ 10AM
VAF 662 VaAuctionCo.com
757-538-0123



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We Offer On-Site Tag Sales With A Knowledgeable & Courteous Sales Team. Over 45 Yrs. Exp. In Handling Antiques, Estates & Moving Sales. Ref's Avail. We Do It All For You! Call Larry Zedd 422-4477.

ESTATE SALE - 5208 BATHLEY PL, VA BEACH Selling to the walls, high-end contemporary furniture, plus KAWAI 6ft baby grand piano, for photos and info go to estatesales.net Sat & Sun Oct 20 & 21, 10-4pm.

REGAL ESTATE SALE FIT FOR A QUEEN!

2201 Souverein Lane, 23454, Oct. 19-21, 10am-4pm Steinway upright piano, upscale dining, entertainment, posh bedrooms, carved furnishings, leather sectional, amazing art, accessories, crystal, china, sterling, full sunroom, lamps, accent tables, rugs & runners, kitchen, garage, grills, kayaks, quality patio furniture. **DON'T MISS THIS SALE!** Pics available at Boulevard Treasures Facebook

Flea Market/Bazaars

FALL CRAFT SHOW OCTOBER 13TH, 9AM - 4PM; Great Bridge H.S.; 301 W. Hanbury Rd. Chesapeake.

HOLIDAY CRAFT BAZAAR - CRAFTERS NEEDED
Saturday, November 10, 2018 - 9am-3pm, Courthouse Community United Methodist Church, 2708 Princess Anne Road, Virginia Beach 23456. Interested? Jessica Bueno at 757-880-1662 or via email at jessicabueno@verizon.net.



stuff

Misc. Merchandise For Sale

BICYCLE - SCHWINN STINGRAY
Orange County Chopper ex. cond. \$300 obo. Avon 21 pc porcelain nativity set - 1981-1993 \$250 & other articles. 757-621-2609

FLEA & CRAFT MARKET
Princess Anne HS Chorus fundraiser (VB). Sat. Oct 20th 8-2pm. 4400 Virginia Beach Blvd. Spaces \$12 Tables \$8. 648-5600 x58452

Misc. Merchandise For Sale

SAWMILLS
from only \$4397- MAKE & SAVE MONEY with your own bandmill-Cut lumber any dimension. In stock ready to ship! FREE Info/DVD: www.NorwoodSawmills.com 800-567-0404 Ext 300N

WANTED TO BUY OR TRADE FREON R12 WANTED: CERTIFIED BUYER will PAY CASH for R12 cylinders or cases of cans. (312) 291-9169; www.refrigerantfinders.com

WARDROBE
Vintage, 5-drawer, maple, \$175. 757-692-5072



pets

Dogs, Cats, Other Pets

AKC GERMAN ROTTWEILER
Puppies. All males, vet checked. \$1,000. Virginia Beach 757-453-6682

AKC GERMAN SHEPHERD PUPPIES
Uniquely colored Blue and one Black AKC German Shepherd Puppies. Parents onsite. Puppies come Vet checked, wormed first heartworm pill and first set of shots. Call or text 252-752-7952 for questions.

BERNESE MOUNTAIN DOG



17 weeks old. Shots up to date. AKC ASKING.. \$500. Home phone 252-338-8422. We are always home, viewing available. **BOY PUPPY/VERY CUTE/BLACK/WHITE/TAN.** Other pups available, too!

COME SEE OUR ROTTWEILER PUPPIES
Ready to go home today! AKC registration, shots, wormed, microchip. \$1500. Call Linda (804) 350-7293.neg

GOLDEN RETRIEVER MIX PUPS
First shots, dewormed. \$350 each. 252-357-4829, 252-548-8327

GOLDEN RETRIEVERS
AKC, 1st shots, dewormed. \$875. 252-357-4829, 252-548-8327.

LABRADOR
AKC reg. 2 males. 1 black 1 yellow. Shots and dewormed. Ready to go. \$600. txt or call 252-339-4155

LABRADOR RETRIEVER



8 wks old, \$200. Shots Dewormed & Registered. Call: 252-396-0233

MORKIE-POO



Pups. 1st shots, dewormed, 8 weeks old, adorable, males and females. \$700 Call/Text 252-333-7554

RAGDOLL KITTENS



TICA registered with papers! Health tested! Vet checked, 1st set of shots. Gorgeous!! 252.916.9601

SHELTIES
AKC (little Lassie) Sable & white w/ full white collar. \$1,000-\$1,100 Call 757-613-6651



jobs

Administration/Gen Office

ADVANCEMENT OPS COORDINATOR (005344A)
Create all process and procedures related to the fundraising operations, administer all human resources and on-boarding related tasks, and projects related to the current and all future campaigns. Salary range between \$35,000 - \$43,000. Close Date October 26, 2018. To review position requirements in full, & submit an application, please visit <http://jobs.odu.edu/postings/8801-AA/EOE>

Computers/IT/Technology

COMPUTER/ IT: ADP TECHNOLOGY SERVICES, INC.
seeks a Principal Application Architect at our Norfolk, VA location to design, dvlp, implem., & maintain large-scale sys across multiple hardware & s/w platforms. Bach's degree in Comp. Sci. or a rel. field plus 6 yrs of rel. exp. reqd. 3 yrs. of exp. must incl: SQL Server Reporting Svs (SSRS); Siteminder; PowerShell; ASPNET; Visual Studio; Linux; Apache; MySQL; Team Foundation Server; AJAX; & TFS. To apply, please respond to req. 163761 at <http://jobs.adp.com>. Alternatively, applicants may mail their resume to the following address referencing req. 163761: Employment Practices, 1 ADP Blvd., MS 248, Roseland, NJ 07068.

Education/Training

ASST. DIRECTOR OF ANNUAL GIVING (00404A)
The Assistant Director of Annual Giving shall plan and administer ODU's TeleFundraising program while also helping to develop a Parents Fund and a Corporate Matching Gifts program. Salary commensurate with education & experience and begins at \$33,598. Close Date October 26, 2018. To review position requirements in full, & submit an application, please visit <http://jobs.odu.edu/postings/8743-AA/EOE>

Engineering/Architecture

STRUCTURAL ENGINEERING
Liberty Engineering, PC Virginia Beach: Structural Engineers and Technicians needed. Send resume and salary requirements to work@libertyeng.net Rates DOE EOE.

General Help Wanted

GRAIN INSPECTOR/GRADER
VA Dept of Agriculture & Consumer Services. #01312, Ag Spec IV, Pay Band 4. Drivers lic & fingerprint check req. Starting at \$33,598/YR. Benefits. Deadline: 10/26/17, 11:59PM. Apply: vdcas.virginia.gov. 804-371-8066. EOE.

JANITORIAL (FT) OPERATIONS MANAGER

Peninsula Cleaning Service, Inc is looking to hire an Operations Manager to manage multiple healthcare accounts on the Southside. Preferred candidates must have min. 5 yrs management exp. in commercial/healthcare cleaning. A valid DL & acceptable background req'. Apply online @ peninsulacleaning.com or call 757-833-1603. EOE AA M/F Vet Disability

JANITORIAL (PT) AREA SUPERVISOR

Peninsula Cleaning Service, Inc. is looking to hire an Area Supervisor for the Southside. Preferred candidates must have min. 3-5 yrs of leadership exp in commercial/healthcare cleaning. Valid DL & acceptable background req'. Apply online @ peninsulacleaning.com or call 757-833-1603. EOE AA M/F Vet Disability

Early home delivery.
757-446-9000 or PilotOnline.com



Farms and Land For Sale

LEXINGTON
15 acres. Country location within Lexington, VA, city limits. \$1M Zeus@zeusrainmaker.com

Open House

VIRGINIA BEACH - LANDSTOWN MEADOWS
Open House Sun. 10/14 1-4pm., 3061 Barbary Ln., Beautiful 4BR/2.5 home w/ nice sized backyard. This one is a must see! JT Tillman 757-515-1004 Century 21 Nachman Realty

CHESAPEAKE - ESTATES OF GREENBRIER
Open House Sun 10/14 1-3pm., 907 Lee Shore Ct., Fabulous, immaculate home. It is move-in ready. Don't miss this one!! Lucy Traylor 804-928-9125 Century 21 Nachman Realty

CHESAPEAKE-RIO VISTA
Open Sunday 1-4pm., 1903 Lido Ct., \$379,000 -Lovely 4BR, 2.5BA 2 story home w/gorgeous swimming pool, large deck & backyard, formal rooms, extra large MBR suite w/adjoining room & bath w/separate tub & shower, spacious kitchen w/breakfast bar & much more. Starlyn Frison 757-581-3315 BHHS Towne Realty

VIRGINIA BEACH
Open House Sun. 10/14 1-4pm., 521 Kirkwood Ln., 4 BR, 2 1/2 BA house Jeff Jones, Realtor 757.943.0086 Century 21 Top Producers



Roommate Wanted

VIRGINIA BEACH
In waterfront home. Town center area. All utils incl. Kitchen privileges, laundry room, pvt bath and Wifi. No smoking/pets. \$850+SD. 757-650-6300

Room For Rent

CHESAPEAKE
Great Bridge area. Nice neighborhood. \$500/mo. Call Diane at 757-560-0575

VIRGINIA BEACH
Super 8 (Virginia Beach Ocean Front) Low Weekly rates starting at \$225 and up. Ocean front and pool view available. Call 757-425-5511. 1719 Atlantic Ave, Virginia Beach, VA 23451.



Travel/Camping Trailers

2013 GULF STREAM SUPREME
Fully loaded. \$12,000. 757-797-3863

2015 KEYSTONE
21', perfect size for 2 persons, like new, 757-955-0575.

CONSIGNMENTS WANTED
Let us clean, sell, & finance your RV. Snyders RV 757-499-8000

FREIGHTLINER 2001 BOX TRUCK



26' box, well maintained, high miles, \$9,750 Tom 757-718-9460

PILGRIM 2005 190RB 19' TRAVEL TRAILER IN GOOD CONDITION. \$5,900 OBO. 757 403-2380 FOR INFO

ZINGER 2010
26BL, w/slide, excel cond, many extras, \$11,900. 804-694-0198.

Motorcycles and ATVs

HARLEY 2009 ULTRA CLASSIC
5K mis, garaged, excel, extras, \$10,000 firm. 757-695-1414.

HARLEY DAVIDSON 2005 DYNA SUPER GLIDE CUSTOM



8600 miles, \$4500 (218)428-7192

HARLEY DAVIDSON 2007 STREETGLIDE



Excellent condition, many accessories, well-maintained, garage kept looks new, Must see - \$9,800, 757-572-0565, cbarnett58@gmail.com

HARLEY DAVIDSON MOTORCYCLE



2005 Anniversary Fatboy. 15351 mi. Excellent condition. 757-651-3045. charleslewellyn@cox.net \$8000

HD 2003 SOFTAIL SPRINGER
100th Anniversary, EC, Vance and Hines Pipes, \$9,999. (757) 423-8730

VICTORY 2009 HAMMER S, like new, gar kept, plus extras, 12K miles, \$5500. 757-572-6701.

Autos for Sale

ACURA 2003 TL



Acura 2003 3.2 TL, excel cond, leather, sunroof, loaded, new insp, \$4850., 439-8017. Va. Dir. 481-7777. Process Fee \$375.

ACURA 2005 TL
83 K MILES, LOADED, WHITE WITH TAN LEATHER, JUST INSPECTED, \$6750 O.B.O. BOB 757-567-2888 CALL/TEXT

BMW 2001 325
325i, Excellent cond., auto, air, leather, sunroof, loaded, \$2990. 439-8017. Va. Dir. 481-7777. Process Fee \$375

BMW 2005 645



645 2 Door Coupe, One Owner and in great shape. Only 67,000 Miles 12300.00 Please call 757-460-0999.

BMW 2012 750
Li. Pearl White, garage kept, twin turbo, 50,200 miles, \$21,500. Tommy 757-377-5132

BMW 2013 528



50K miles, Private sale 757-289-5198. Grey exterior with cream interior. \$19K

CADILLAC 1993 ALLANTE



both tops, 32K mis., best offer over 13,500. 703-655-5430

CADILLAC 2007 DTS
117k mi, \$4950 firm New Michelin Tires, Clean & Maintained, Exc Cond. Remote Start. 757-588-8175

Early home delivery. 757-446-9000 or PilotOnline.com

Autos for Sale

CHEVROLET 1973 CORVETTE



Stingray, 350 small block, solid lifters, competition cam, Edelbrock intake w/Holly 4 barrel carb, Runs great. \$25,000. 757-613-4469.

CHEVROLET 1982 EL CAMINO



comes with 305 engine, 350 engine & 350 trans. Some assembly required. \$2000 obo. 804-453-6829.

CHEVROLET 2009 MALIBU



Good mileage, auto, air, inspected, great cond. \$4990 439-8017. Va. Dir. 481-7777. Process Fee \$375

CHEVROLET 2016 CORVETTE STINGRAY



2LT 11,800 miles, beautiful, \$40,900 (757) 423-7016.

CHEVROLET 2016 TRAX



a/c, alloys, loaded, must see, low mis., \$14,890. 757-717-1715. 757-963-2299. Trinity Pre-Owned Auto, VA DLR

CHRYSLER 2006 TOWN & COUNTRY



Ltd. Leather capt. chairs, auto, air, loaded, \$3850, 439-8017. Va. Dir. 481-7777. Process Fee \$375

CHRYSLER 2010 GRAND VOYAGER



WHEELCHAIR VANS 32 UNITS IN STOCK. Starting at \$7000. Call Ken 757-769-8636. Va. Dealer

CHRYSLER 2015 TOWN & COUNTRY



Touring L, nav, rear entertainment, 20K mis., 1 owner, \$19,900, 757-717-1715. 757-963-2299. Trinity Pre-Owned Auto, VA DLR

DODGE 2004 STRATUS



Auto, air, excel cond., loaded, inspected, \$2990, 439-8017. Va. Dir. 481-7777. Process Fee \$375

FORD 1994 F250

Extra Cab, 8' bed, new tires, 145K mis., \$3800. Snyder's RV 499-8000

FORD 1995 STATION WAGON
Meticulously maintained. 3.8L V6 (GL) \$4000. VA Beach. 540-514-8206

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10X40 Driveway \$1950 or 15'X15' patio w/stone fire pit. 35 yrs. exp. Call Mark 757-633-4765 for all your concrete & hardscape needs.

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Autos for Sale

FORD 2003 MUSTANG



Mach 1, red, 4.6, 32 valve V-8, auto, excel cond, 21K orig. mis., garage kept, \$16,500. 757-335-1620.

FORD 2003 MUSTANG



2003 Mustang Cobra SVT original owner 13,400 miles garage kept mint condition \$22,000 firm call 732-664-3302 or email at craig_srs@hotmail.com

FORD 2004 THUNDERBIRD



bought & serviced local dealer. Paint is like new. \$8500 obo. 757-761-0243.

FORD 2007 EXPEDITION



XLT, beautiful cond, auto, air, loaded, drives perfect, new insp, \$7850, 439-8017. Va. Dir. 481-7777. Process Fee \$375.

FORD 2016 FIESTA



SE, auto, p/w, alloys, 1 owner, \$9990, 757-717-1715, 757-963-2299. Trinity Pre-Owned Auto, VA DLR

HONDA 2005 CIVIC



Civic LX, auto, air, runs great, new inspection, \$2990, 439-8017. Va. Dir. 481-7777. Process Fee \$375

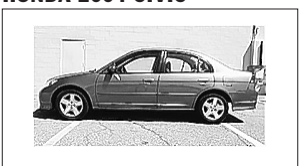
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Autos for Sale

HONDA 2003 CIVIC

EX, 2 door Coupe, looks & runs great, 5 speed, loaded, sunroof, \$3850. 439-8017. Va. Dir. 481-7777. Process Fee \$375.

HONDA 2004 CIVIC



EX, 4 dr, 109,000 miles, clean, serviced. \$5400. 439-0582. Va. Dir.

HONDA 2005 ODYSSEY



EXL, excel cond, leather, sunroof, loaded, inspected, \$3990, 439-8017. Va. Dir. 481-7777. Process Fee \$375

HONDA 2006 CIVIC



4 dr., auto, clean, serviced, 76K mis., \$6500. 439-0582. VA. Dir.

HONDA 2007 ACCORD



V-6. LEATHER, SERVICED, CLEAN. 96000 MILE. \$6900. 439-0582.vadlr

HONDA 2007 ODYSSEY



Touring, looks & runs great, power sliders, loaded, \$5850. 439-8017. Va. Dir. 481-7777. Process Fee \$375

HONDA 2007 ODYSSEY



Touring, looks & runs great, power sliders, loaded, \$5850. 439-8017. Va. Dir. 481-7777. Process Fee \$375

HONDA 2008 ACCORD

EXL, miles, silver/black leather, automatic, sunroof, \$2,000, tacn@netscape.com, 757-299-6296

Early home delivery. 757-446-9000 or PilotOnline.com

Autos for Sale

HONDA 2012 PILOT



4WD, leather, back up camera, serviced. 42K, \$19,900. 439-0582, Va dir

HONDA 2013 CR-V

EXL, mocha, AWD, cross bars, weather mats, \$16,800, 757-424-2442.

HONDA 2013 CR-V

Mountain Mist Blue, AWD, 73,148k, no accidents/issues/flooding, backup camera \$14,400 neg. current inspection & oil change - call 757-495-0200

HONDA 2013 ODYSSEY



EX, 57,000 miles, new brakes, serviced, \$14,900. 439-0582. Va. Dir.

HONDA 2013 ODYSSEY

EXL, 84K, leather, roof rack, well-maintained, \$16,000. 404-2666.

HONDA 2015 ACCORD

EXL, 4 Door, 4 Cylinder, Auto, A/C, Full Power Including Sun Roof, Honda Warranty, Excellent Condition, 35k/miles, \$16,500. Call: 443-235-0304

HONDA 2015 CR-V



4X4, auto, air, p/w, p/l, cruise, CD, back-up camera, Honda warranty, Car Fax, 34K mis, excel cond, \$16,500. 757-351-5611

INFINITI 2013 G37



Leather, sunroof, navigation. Call for price. 757-717-1715. 757-963-2299. Trinity Pre-Owned Auto, VA DLR

LEXUS 2000 ES 300



Lexus 2000 ES300, excel cond, leather, 2 tone white & silver, sunroof, new insp, \$2990. 439-8017. Va. Dir. 481-7777. Process Fee \$375

Autos for Sale

LEXUS 2006 GS 300



AWD, 99,500 miles, nav, serviced, clean. \$10,900. 439-0582. Va. Dir.

LEXUS 2008 LS 460

59K mis., garage kept, leather, sunroof, loaded, looks great. \$19,900. Call for details 675-0288. Va. Dir.

MERCEDES-BENZ 2002 S-CLASS

S-500; New inspection, leather, mint cond, \$5500. 757-228-6656.

MERCEDES-BENZ 2012 350SL



E350 AWD.37000 MILE,CLEAN,SERVICED.\$23,900.439-0582.vadlr

MERCURY 2003 GRAND MARQUIS



LS, 95K, everything works, immaculate. \$4000. 757-292-5392.

MERCURY 2007 GRAND MARQUIS



61000 MILES.LEATHER.CLEAN,SERVICED.\$5975.439-0582.vadlr

NISSAN 2000 FRONTIER



XE King Cab, black, 4 cyl., auto, 2WD, current insp, new timing chain & trans, 263K. Excel cond, \$3900. 757-335-1620

Autos for Sale

NISSAN 2005 MAXIMA



3.5 SE, 79K orig mi., auto, air, loaded, leather, 2 to choose, \$4990, 439-8017. Va. Dir. 481-7777. Process Fee \$375.

NISSAN 2005 XTERRA



Excel cond, auto, air, loaded, beautiful vehicle, inspected, \$3990, 439-8017. Va. Dir. 481-7777. Process Fee \$375.

NISSAN 2007 MURANO



SL, AWD, 67K mis. Serviced, clean, new tires. \$9900. 439-0582 va dlr

NISSAN 2010 ALTIMA



Nissan 2010 Altima, 2.5S, excel cond, auto, air, loaded, inspected. \$5990. 439-8017. Va. Dir. 481-7777. Process Fee \$375

NISSAN 2011 ALTIMA



4 door, 63,000 miles, serviced, clean, \$9900. 439-0582, Va Dir

NISSAN 2013 ALTIMA



77K 2.5 S ONE OWNER! LIKE NEW! MUST SEE! LIKE NEW TIRES NEW INSPECTION.\$9900 OBO.757-323-1190.

NISSAN 2014 ALTIMA
SL, Blue, 72,000 Highway miles, \$12,600 1 owner private sale
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Autos for Sale

OLDSMOBILE 1971 CUTLASS SUPREME



Conv, must see to appreciate. \$21,500 obo. 757-636-5584.

SATURN 2009 AURA

XR trim, 82K mi, new trans/timing chain/shifter cable, AM/FM/CCD Player, Sirius XM/OnStar capable, \$4400 OBO, March 2019 Insp, Cash/Cashier check only, (757) 395-7649

SUBARU 2005 OUTBACK



98,000 miles, clean, serviced, inspected. \$6900. 439-0582. Va. Dir.

SUBARU 2009 LEGACY



sunroof, serviced, 64,000 miles, clean. \$7900. 439-0582. Va. Dir.

SUBARU 2012 FORESTER



Premium, AWD, 61K, clean, serviced. \$12,900. 439-0582 va dlr

SUBARU 2013 IMPREZA



42K mis., serviced, clean, warranty, \$11,900. 439-0582. Va Dir.

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Fun and Games

Super Crossword

SIX TIMES THREE

ACROSS

- 1 Fruit drink brand
4 Brooklyn NBA team
8 Les États — instrument that drones
19 Gp. of docs
20 "Give it —" ("Go for it")
21 Somewhat, musically
22 Endless
23 Command for online missives
25 "Singing to the Hits" label
26 Woodlands
27 Army chaplains open curtains?
30 Haughty sort
31 Pilferer
32 MSN competitor
33 Queen in "Frozen"
37 Flower parts with the most light, soft colors?
42 "Come on!"
45 Comes — surprise
46 "He-e-elp!"
47 Stir-frying pan
48 Provo site

49 Inits. at Indy

- 52 See 36-Down
55 Heckles
57 Leatherneck pilots stay behind?
63 Split to splice
64 City near Oneida Lake
65 Pulse
66 Hooded vipers
70 Little louse
71 Aside from
73 Hooded coat
75 Weep aloud
77 — for tat
78 Window part
80 Lots and lots
82 First extra inning
84 — acid
86 Himalayan guide who's skilled at crafting sentences?
90 Sufferer for a cause
93 Lamb nurse
94 Sci-fi power colors?
95 Bawl (out)
96 "Kristin" actress Ortiz
97 Hamm of soccer
99 Andy's chum
103 Bucolic poems

105 Heartless doughnut shop employee pestering customers?

- 111 Hold to be
112 Med. plan
113 Queen, in Spain
114 Apia's locale
118 Change everyone's positions during a spring holiday dinner?
123 Alike
126 Aid in solving
127 Racer Mario
128 Dribble
129 — Iranian
130 Look to be
131 "I have it!"
132 Scented pouches
133 — tide
134 Makes a slip
135 Chaney of film
DOWN
1 Hinged door fasteners
2 Clarification starter
3 "I'll handle it!"
4 Convention sticker

5 SFO stats

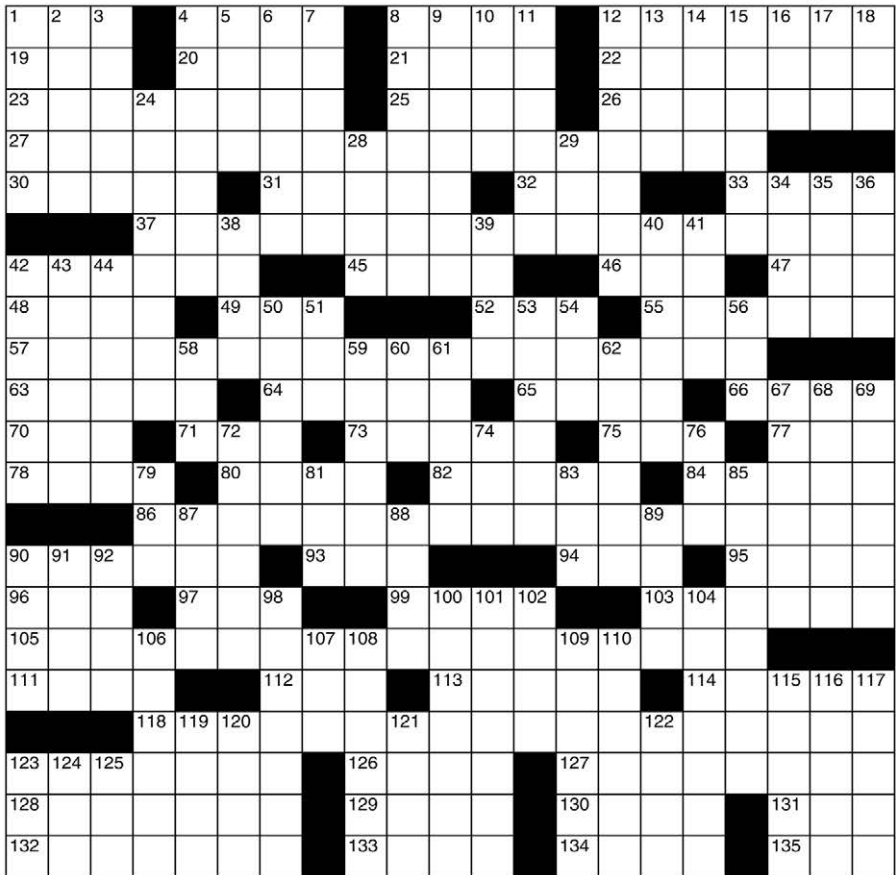
- 6 Sad, in Paris
7 Slender, graceful girls
8 Maintenance processes
9 Averse to, with "of"
10 Like some cold coffee
11 Was bought for the price of
12 Happens to, as evil
13 On the crest
14 Richard of Hollywood
15 Determine in advance
16 Electees
17 Singer Boone
18 Ernie of golf
24 Move directly via a wholesaler
28 Comic Rudner
29 Eggs of fish
34 Yard surface
35 Coin opening
36 With 52-Across, proposes a date to
38 Get rid of
39 Before long
40 Starchy staple
41 Morales of the screen

42 Measures of light

- 43 And others, to Caesar
44 Divining cards
50 Less slack
51 Cherry stone
53 Illinois city
54 Golfer's peg
56 Spanish article
58 Lincoln loc.
59 It cuts wood with the grain
60 "Crocodile Rock" label
61 Sun orbiter
62 Reduces to pulp
67 Secondary leaflike appendage
68 Endocrine gland in the brain
69 Blizzards, e.g.
72 Log-in info
74 Lead-in to plunk
76 Crotchety cry
79 Follower of FDR
81 Copy
83 Part of Mao's name
85 Ashley Olsen's twin
87 Mass song
88 Crest

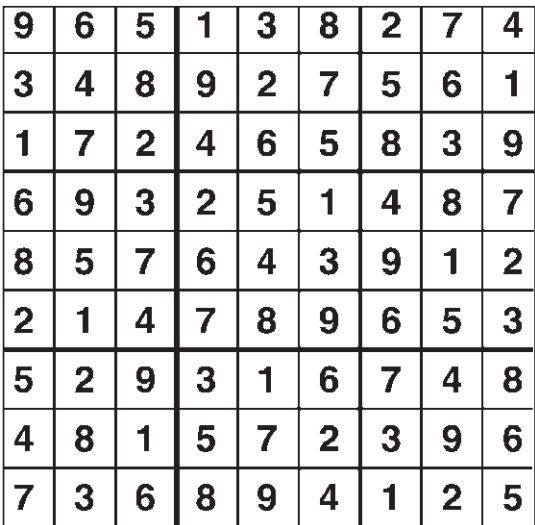
89 Go around

- 90 Bond girl player
91 Comic Meara
92 Shed tool
98 Sticks fast
100 Entertainer
101 Like superstore shopping
102 Irritated fit
104 Deprives of weapons
106 Lottery winner's cry
107 Thurman of "Tape"
108 "— to it!" ("Simple!")
109 Anxiety
110 Many a sock mender
115 Rock genre
116 Brand of weedkillers
117 Iraqi, e.g.
119 Sommer of "The Prize"
120 Chip coating
121 German article
122 German river
123 Urban grid: Abbr.
124 One of the Gershwins
125 Karaoke stage item

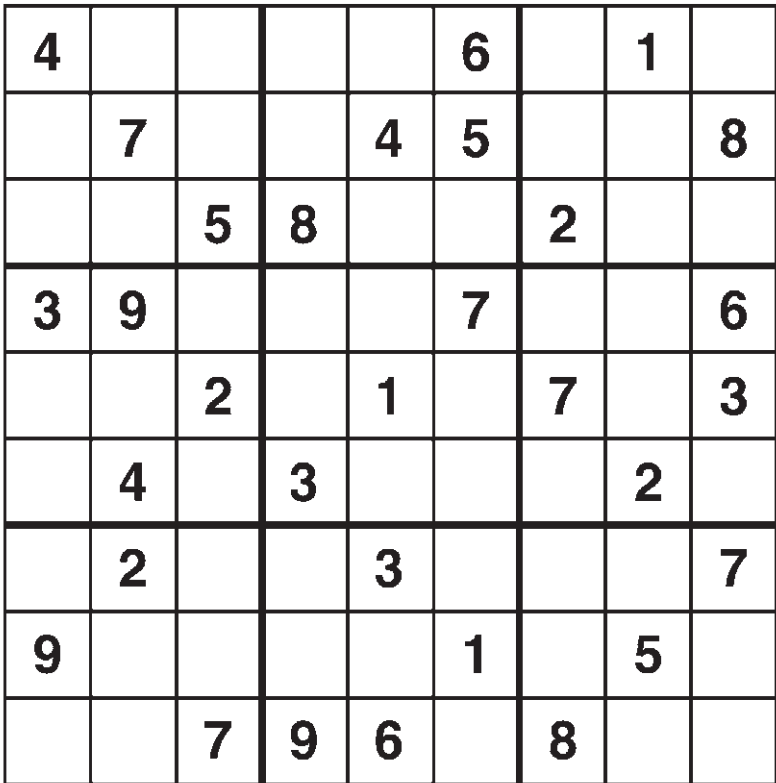


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last week's answers



Sudoku



CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: A equals T

ERYJPN YJQFM RDJPA R

VMHNJX GWJ RTGRKN TMRVN

MLSFAMCTK FXAJ SRDN

WMRCEFHNA: "ARLF CFQMH."

Last week's CryptoQuip answer

This drinking vessel is not like any that I've ever seen before. It's definitely in a glass by itself.

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STK# 26121A



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STK# 25898



'14 Ford Fusion Se

\$12,348

STK# 26190



'13 Kia Optima SX

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STK# 25972A



'12 Lexus ES 350

\$7,496

STK# 25977



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STK# 26200

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STK # 26057

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STK# 26103

2009 HONDA PILOT EX-L

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STK# 26194

2009 SUBARU LEGACY 2.5I SPECIAL EDITION

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STK# 26220

2012 CHEVROLET CRUZE LTZ

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STK# 26192

2013 CHEVROLET SILVERADO 1500 LT EXTENDED CAB

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STK# 26191

2010 FORD EDGE LIMITED

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STK# 26218

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