IN THIS ISSUE **GROUND ZERO FLAG:**

The flag flown at Ground Zero was flown aboard USS John Warner on Sept. 22, in commemoration of victims of the 9/11 attack, the sacrifices of first responders lost that day, the service of the U.S. military, and the fight against

10.04.18-10.10.18



From Chief of Naval Personnel Public Affairs

WASHINGTON

In an effort to maximize warfighting effectiveness and lethality across the force, Navy announced implementation of its Deployability Assessment and Assignment Program in NAVADMIN 239/18, released Sept. 25.

The program will ensure the timely disposition, processing, and accountability of all Active Component, Full Time Support, and Selected Reserve Sailors who are either medically, legally or administratively limited from deployment. The Deputy Chief of Naval Personnel (DCNP) is the single process referral to the Disability Evaluation System owner of the program.

ented, ready and lethal active and reserve force, and we need deployment-ready Sailors to accomplish the mission," said Rear Adm. Jeff Hughes, DCNP. "While command leadership is responsible for overall personnel readiness, our Sailors bear the ultimate responsibility for their individual readiness and deployability status, and this new program is designed to help our force successfully achieve both goals."

Starting October 1, 2018, Sailors who have been non-deployable for 12 consecutive months will be notified of mandatory processing for administrative separation or (DES), as appropriate. The policy applies to "The Navy the Nation Needs is a tal- all Sailors, regardless of current duty type (operational or non-operational).

Military treatment facilities and Sailors' commands will make deployability assessments by determining a Sailor's ability to perform appropriate military duties commensurate with his or her office, grade, rank, or skill in light of ongoing medical treatment or administrative limitations.

Commands will use written counseling and performance evaluations to document a Sailor's knowing failure to comply with responsibilities to maintain individual readiness (e.g., missing medical or dental appointments or intentional failure to disclose status comply with this policy could ultimately receive administrative separation.

"Sailors who receive notifications will have the opportunity to be considered for retention by the Secretary of the Navy," said Capt. Chris Harris, director, distribution management division, career management department, Navy Personnel Command. "All retention determinations will be made on a case-by-case basis."

Retention may be granted if determined to be in the best interest of the Navy. A Sailor who is unable to deploy for administrative reasons must personally submit a retention request. A medical evaluation board may recommend retention on behalf of a Sailor affecting deployability). Sailors who fail to who is unable to deploy for medical reasons,

» See DEPLOYABILITY | A7

4 things to know: **USMAP** updates

From Naval Education and Training **Command Public Affairs**

PENSACOLA, FLA.

The United Services Military Apprenticeship Program (USMAP) is a formal military training program that provides active-duty and Full Time Support (FTS) Navy, Marine Corps, Army and Coast Guard service members the opportunity to improve their job skills and to complete civilian apprenticeship requirements while they are on active duty.

Service members will now see web-based updates to better serve Sailors, Marines, Soldiers, and Coast Guardsmen. These changes went into effect Oct. 1.

Here are 4 things service members should know about changes to USMAP's website and processes.

1. Enrollment is now automated. Up to now, all enrollments have been processed manually by USMAP staff. If applicants meet the trade requirements for the apprenticeship they are applying to, they

> (https://usmap.netc.navy. mil) and complete the automated enrollment process. Requirements include career aspects such as Military Occupation (e.g. Navy/ Coast Guard rating, Navy Enlisted Classification, or Marine Corps/Army Military Oc-

cupational Specialty), and

can go to the USMAP website

service training. 2. The reporting process is changing. Instead of printing out weekly and monthly logs that had to be signed by three supervisors and retained by the

» See USMAP | A7



MC2 Victor R. Navarrete

From Chief of Naval Personnel Public **Affairs**

WASHINGTON

Navy announced the launch of the Aviation Professional Flight Instructor (PFI) program, designed to improve aviator retention by offering a new career path for officers who have successfully completed an aviation department head tour, Sept. 28,

in NAVADMIN 241/18. Aviators selected by the FY-19 PFI board will return from their department head assignment to serve as flight instructors for a minimum of 36 months, with an option to serve in repeated tours as a flight instructor beyond their initial obligation.

The program will provide selected officers

» See AVIATOR | A7

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NSWC CIVILIAN ENGINEER COMMISSIONED INTO THE NAVAL RESERVE, **HONORED FOR ACADEMIC ACHIEVEMENT**

Dillard Patton was commissioned a U.S. Navy ensign in front of family, friends, and coworkers at the Aegis Training and Readiness Center, Sept. 11.

» see A6



SAILORS RESPONDE TO PLANE CRASH

Sailors' teamwork treats critically injured plane crash survivors in Chuuk

HUNT CLUB FARM

One of Hampton Roads' favorite Halloween attractions is back for the 30th year!

» see B1

» see C1

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CYBER ADVERSARIES THREATEN OUR **SECURITY**

From Office of the Deputy Chief of **Naval Operations for Information** Warfare (N2N6)

Although cybersecurity is important every day, October's National Cybersecurity Awareness Month provides the Navy with the opportunity to highlight the critical importance of cybersecurity throughout the enterprise - outlining how adversaries operate, what the Navy is doing to improve its cybersecurity, and what you can do at work and at home to protect the Navy and yourself from cyber threats.

The consensus among our senior military and civilian leaders is clear; the cyber threat is real, and the stakes – in this new era of great power competition – are high.

Despite alarm bells by senior officials, skepticism about the cyber threat remains. Because we can't see what's happening in cyberspace like we can in the physical world, observers and stakeholders alike may not fully grasp the prevalence and severity of cyber threats.

Someone would probably notice if coworkers tried to copy or photograph hundreds of thousands of pages of military documents. Yet the same result, the loss of valuable and potentially mission-critical information can be accomplished inconspicuously through a cyberattack, and in fact, hackers have remotely compromised the networks of defense contractors and stolen sensitive military data through just such means.

Similarly, a kinetic attack on a power plant would be obvious and invite an immediate response, while cyberattacks are unseen and

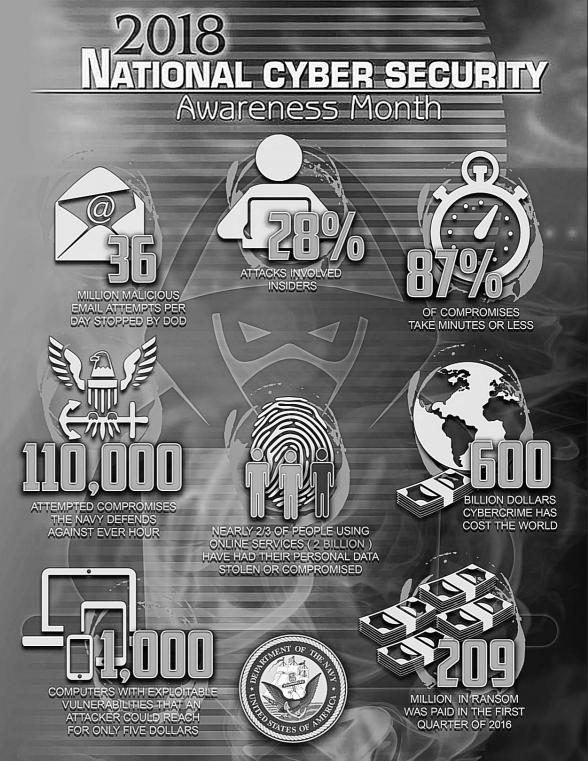
more difficult to trace, which is why Russian hackers were able to covertly disable equipment at a Ukrainian power company in 2016, cutting off power to the city of Kiev for over an hour.

Lest we think our infrastructure is immune, the U.S. government acknowledged Russian hacking and infiltration of our power companies earlier this year, reinforcing the fact that our adversaries are capable of and continuously attempting to breach our networks, systems and critical warfighting infrastructure in an effort to compromise military readiness and operational security.

Understanding the consequences of our actions in cyberspace is essential to combating cyber threats, and Cybersecurity Awareness Month is an important time for us all to be reminded of the ways in which we can contribute to either the strength or the weakness of the enterprise, through our day-to-day actions – at work, at home and at

Connecting an unauthorized thumb drive that contains malicious software to the network is an innocent mistake with potentially damaging consequences. A weak password could allow adversaries to gain access to the network, and causes a majority of system breaches. Posting updates on social media that give clues as to the locations of ships and Sailors could compromise operational security.

In the vast majority of cases, cyber threats don't cause fires or explosions, and they are not accompanied by grand declarations by state actors, which is exactly what



U.S. Navy graphic

makes them so dangerous. They are unseen, they are real and they can be crippling to our Navy. Sailors, civilians, contractors and families are our front line of defense in this fight - and by adhering to cybersecurity policies, directives and best practices – we can all help

keep the Navy secure, as well as protect ourselves and our families while online.

The Navy is counting on you to help protect it from cyber threats. Be on the lookout for updates throughout the month providing information on how our adversaries

operate, what the Navy is doing to combat threats, and what you can do to protect the Navy and yourself in the cyber domain.

For more information, visit www. navy.mil/local/cyberawareness.

Say 'Shoo' to the Flu with TRICARE

From TRICARE

The best way to keep the flu at bay is prevention. Make sure you and your family members use your TRICARE benefit and get a flu shot. You can also adopt good practices to avoid the spread of germs. Flu viruses are serious, contagious viruses that can lead to hospitalization or even death. To combat the flu, take these three actions:

- 1. Get vaccinated.
- The Centers for Disease Control and Prevention recommends a yearly flu vaccine as the first and most important step in protecting yourself.
- Children six months and older should get a flu vaccine every fall before flu activity begins since it takes about two weeks after vaccination for antibodies that protect against flu to develop in the body. Getting vaccinated later during the flu season can still be beneficial.
- Certain groups of people have an increased risk of becoming very ill from or developing complications from the flu. These include pregnant women, people with certain chronic health conditions, people age 65 and older, and health care workers.
 - TRICARE covers the flu vaccine.
 - 2. Take basic health precautions.
- Wash your hands frequently with soap and water. Use an alcohol-based hand rub if unable to wash your hands.
- Avoid touching your eyes, nose, and mouth.
- Avoid contact with people who are sick and stay home if you have flu-like symptoms. These include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, and fatigue.
- Cough or sneeze into a tissue or the crook of your elbow, not into your hands. Throw the tissue in the trash after use.



- 3. If you have the flu, take antiviral drugs as prescribed by
- It's best to take antiviral drugs within two days of getting sick. Antiviral drugs can make illness milder, shorten the time you're sick, and prevent serious flu complications.
- Speak with your provider to learn more about antiviral

You and your family can get the flu shot at no cost through either a military hospital or clinic, a participating network pharmacy, or a TRICARE-authorized provider. The pharmacy benefit covers free vaccines when given by a pharmacist at a network pharmacy. If a provider administers your vaccine at an onsite pharmacy clinic, it may not be covered and you may have to pay the entire cost. You can go to your primary care provider or TRICARE-authorized provider for the vaccine if the pharmacy has restrictions or the vaccine isn't available. However, you may have to pay copayments or cost-shares for the office visit, but the vaccine will be no

An authorized provider is any individual, institution/organization, or supplier that is licensed by a state, accredited by national organization, or meets other standards of the medical community, and is certified to provide benefits under TRICARE. There are two types of TRICARE-authorized providers: Network and Non-Network.

Take command of you and your family's health this flu season by knowing your options and staying prepared with TRICARE.

Harry H. Heyson III Attorney at Law

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NEWS FROM NAS OCEANA

59th annual NAS Oceana Air Show recap

By MCSN Mark Thomas Mahmod NAS Oceana Public Affairs

VIRGINIA BEACH, VA.

Naval Air Station (NAS) Oceana celebrated its 75th anniversary at its 59th annual Air Show Sept. 21-23, recording an attendance of approximately 303 thousand guests.

The 2018 NAS Oceana Air Show featured flight demonstrations from the U.S. Navy flight demonstration squadron, the Blue Angels, and the Canadian Forces 431 Air Demonstration Squadron, the Snowbirds, and a number of other military and civilian perfor-

NAS Oceana partnered with the Virginia Beach City Public Schools system and Chesapeake Public Schools for the 3rd annual "STEM (Science, technology, engineering, mathematics) Lab Learning Day" Sept. 21, bringing approximately 6.5 thousand students to the 2018 NAS Oceana Air Show to learn the real-world applications of STEM principles learned in the classroom.

Aaron C. Spence, VBCPS superintendent, said he isn't the only one appreciative of the partnership with NAS Oceana; his students

"After three years of bringing our fifth graders out here, I am as excited today as I have ever been," said Spence. "I've been out here talking to our kids and, the most common thing I've heard is, 'This is so cool!' We hear that every year as they are making connections of what they are learning to things that are happening in the world. We couldn't be more excited for this collaboration and partnership."

Students from VBCPS and Chesapeake Public Schools spent the Friday practice show visiting educational displays from a number of organizations, like NASA, and



Students from Windsor Oaks Elementary School participate in an exhibit during the 2018 STEM (science, technology, engineering, mathematics) Lab Learning Day at Naval Air Station Oceana. 2018 marked the third annual STEM Lab Learning Day at the Naval Air Station Oceana Air Show.

watching rehearsals from all air show per-

Flying with the Canadian Forces 431 Air Demonstration Squadron, the Snowbirds, was a pilot who has a personal connection to NAS Oceana.

Capt. Taylor Evans, who previously spent time instructing pilots with Strike Fighter Squadron (VFA) 106, said performing at the 2018 NAS Oceana Air Show greeted him with a bit of nostalgia.

"Coming back with the Snowbirds was a great opportunity to see all the people that I know here, see all my friends again and show our team what this place has to offer," said Evans. "It's like a homecoming. Driving past all the neighborhoods and the restaurants and stores my family and I used to go to pulls on the heartstrings a little bit."

Evans wasn't the only pilot who had a personal connection to NAS Oceana. Air Force Maj. Paul Lopez, pilot assigned to Air Combat Command F-22 Demonstration Team, graduated from Salem High School in Virginia Beach.

Lopez said it was very humbling and overwhelming for him to perform at the 2018 NAS Oceana Air Show.

"I remember coming out to this air show as a little kid, as well as watching the Hornets fly over Oceana, and I always wondered what it would be like to be in the cockpit of a fighter jet," said Lopez. "Here I am living my dream, sharing this experience with others."

The 2018 Beach Blast post-air show celebration was held Sept. 22 at Neptune's Park and included a performance from U.S. Fleet Forces Band's contemporary music ensemble, Four Star Edition, a VFA-106 afterburner flyover and parachute jumps from Skydive Suffolk and U.S. Navy Parachute Team, the Leap Frogs.

ff I always wondered what it would be like to be in the cockpit of a fighter jet. Here I am living my dream, sharing this experience with others."

> Maj. Paul Lopez, F-22 Demonstration Team, and Salem High School graduate



MCSN Mark Thomas Mahmod

Canadian Forces 431 Air Demonstration Squadron, the Snowbirds, fly in formation during their performance at the 2018 Naval Air Station Oceana Air Show. The 2018 Naval Air Station Oceana Air Show was held Sept. 21-23 and celebrated Naval Air Station Oceana's 75th anniversary.

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U.S. Navy Operational Stress Control hosted Twitter Chat on Suicide Prevention

By Yonca Poyraz-Dogan

Navy Office of Information Public Affairs

WASHINGTON

Have you ever wondered how to help a shipmate who is struggling with depression or has expressed suicidal ideations? Those who joined the Twitter chat Sept. 27 at 2 p.m. EDT hosted by the Every Sailor, Every Day campaign from Navy Operational Stress Control's (OSC) @NavStress Twitter page were able to get advice.

The Twitter chat was an opportunity for all audiences, including Navy family members, gatekeepers, military health organizations and others that serve the Navy community. To participate, individuals had to login to their Twitter account at the given day and time, and search #ACT2PreventSuicide. Including the hashtag in the questions and responses.

"The Twitter chat (#ACT2PreventSuicide) focused on how to apply Navy's Ask Care Treat (ACT) model in everyday life," Capt. Heidi Agle said, head of Navy Suicide Prevention and Operational Stress Control. "Topics included how to recognize risk factors and immediate warning signs of suicide in daily interactions — including on social media; how to start a conversation with

someone who may be displaying warning signs; and how to reach out for help for yourself or others."

According to the model, "Ask" if someone is depressed and is thinking about suicide; let them know that you "Care;" and get them assistance for "Treatment" as soon as possible.

The Twitter chat is just one example of the Navy's efforts to promote Suicide Prevention Month and the importance of seeking help when it is needed. Rear Adm. Philip E. Sobeck, director, 21st Century Sailor Office (OPNAV-N17), shared a personal story about losing a shipmate to suicide in a recent video message.

"After losing my boss and in my career, other shipmates, I leaned on peers and crewmembers who were struggling as well," he said. "But this is where I learned that the chaplain and family support centers were a safe place to ask 'Why?,' to learn how to cry and to cope, and even more importantly, to understand the effects of emotional trauma — especially if left unchecked. It was like physical therapy for my feelings... Bottom line, I needed to be connected and still do. There are a number of confidential support resources available to all of us at any time, whether we're seeking help for a shipmate or ourselves."

Those in need can also get help by either calling a military crisis line at 1-800-273-8255 or texting 838255, said Sobeck, adding that Sailors need to know the facts in reference to their security clearance and mental health.

"In fact, less than one percent of security clearance denials or revocations are related to mental health concerns," Sobeck said.

Navy OSC's blog notes that one of the many reasons why Sailors choose not to seek help for mental health concerns is fear that doing so will jeopardize their security clearance eligibility. However, having a psychological health condition or seeking professional help will not automatically disqualify someone for a security clearance.

According to the information on the blog, "Seeking help to promote personal wellness and recovery is a sign of the good judgement and reliability needed to maintain a security clearance."

Navy Suicide Prevention Branch's annual cross-disciplinary case reviews indicate that a majority of Sailors who die by suicide experience a combination of stressors prior to death that have been historically associated with suicides in the Navy. These stressors include intimate relationship problems; loss or the death of a friend or loved one; a disrupted

social network; disciplinary and/or legal issues; work problems, performance and conduct; sleep problems; and financial strain.

Since 1974, the American Association of Suicidology has recognized the week of Sept. 10th as National Suicide Prevention Week, which surrounds the International Association for Suicide Prevention's World Suicide Prevention Day. In 2012, the Departments of Defense and Veterans Affairs, through the Defense Suicide Prevention Office (DSPO) and Veterans Affairs Mental Health Services, expanded the weekly recognition to the entire month of September. Navy launched its first Suicide Prevention Month in Sept. 2012.

The Navy Suicide Prevention Branch's OSC blog has several resources for navigating stress:

You can visit www.suicide.navy.mil > Every Sailor, Every Day > Get Involved.

Navy Suicide Prevention Branch even has a "1 Small ACT Toolkit" which can be reached here.

For security clearances and mental health visit, https://navstress.wordpress.com/.

Additional articles and useful tips can be found on blog, Facebook, Twitter and Flickr.

Honoring the service and contributions of Hispanics and Latino Americans

By Bill Mesta

Military Sealift Command Public Affairs

NORFOLK

Service members and civilian teammates gathered at Ely Hall on board Naval Station Norfolk to observe Hispanic Heritage Month, Sept. 25.

The U.S. Navy observes National Hispanic Heritage Month each year, highlighting the histories and accomplishments of Americans from Spanish-speaking areas.

"The theme for year's special observance is 'Hispanics: One Endless Voice to Enhance our Traditions'," said Chief Sonar Technician Surface Shelia Dall, the special observance mistress of ceremonies. "During National Hispanic Heritage Month, which runs from September 15 to October 15, we recognize the contributions made by people from Spain, Mexico, the Caribbean, and Central and South America. This time is set aside to recognize this importance of the contributions of Latinos and Hispanics to the United States."

According to the Defense Equal Opportunity Management Institute web site, "Hispanic Americans have an undeniable and proud record of military service, dating back to the Civil War. Whether their origins can be traced to Spain, Cuba, Puerto Rico, Mexico, or one of dozens of other Spanish-speaking countries or cultures, they have defended America with unwavering valor and honor."

"America's diversity has always been one

of our nation's greatest treasures," added Dall. "Hispanic Americans have long played an integral role in America's rich culture, proud heritage and the building of this great

September 15th was chosen as the starting point of Hispanic Heritage Month because it is the anniversary of independence for five Latin American countries; Costa Rica, El Salvador, Guatemala, Honduras, and Nicaragua. In addition, Mexico declared its independence on September 16th, and Chile on September 18th.

"This year's theme invites us to reflect on Hispanic Americans, not only embracing America and its culture, but also bringing their own traditions, culture, values and ideals to the vitality and meaningful legacy of our nation's cultural framework," according to Dall. "Hispanics have had a profound and positive influence on our country because of their commitment to family, faith, hard work and service."

The keynote speaker for MSC's special observance was Mr. Julian Banea, the president of the Hispanic Chamber of Commerce of Coastal Virginia. Banea is a United States Marine Corps veteran and the recipient of the Bronze Star medal, the Navy and Marine Corps Commendation medal, three Navy and Marine Corps Achievement medals and the Korean Defense Service medal.

"The people we are honoring this month are by no means monolithic or homogeneous," said Banea. "Hispanic and Latino Americans and communities reflect many cultures, nationalities, and diversity in experience."

"Today the Hispanic culture is one of the largest segments of our ethnic community in America and our population continually grows, said Banea. "In the Hampton Roads area alone, the Hispanic population has grown to approximately 10 percent."

According to the U.S. Census, the Hispanic population of the United States is projected to grow to 119 million by 2060. According to this projection, the Hispanic population will constitute 31 percent of the nation's population by that date. In 2014, there were 55 million U.S. Hispanics, accounting for 17 percent of the American population.

"While I was a Marine, I served all over the world including Central America and South America," said Banea. "It was incredible traveling to Latin America and discovering that I really didn't know what Spanish culture was really about. Every country has its own culture, dialect of Spanish, food and music. It was amazing to be able to experience all of these."

"Today, thousands of Hispanic-American

Service members throughout the world are protecting our nation. Just as in generations past, we honor our Hispanic community, military and civilian, for their significant contributions to (or toward) protecting the United States and embodying the Department of Defense values that unite us all as one team," according to the Defense Equal Opportunity Management Institute web site. On May 5, 2012, the U.S. Navy christened Military Sealift Command's fourteenth and final dry cargo/ammunition ship USNS Ceasar Chavez (T-AKE 14) to honor the prominent Mexican-American farm worker and civil rights activist, who served in the Navy during World War II.

For more news from Military Sealift Command, visit www.navy.mil/local/MSC/.

America's diversity has always been one of our nation's greatest treasures. Hispanic Americans have long played an integral role in America's rich culture, proud heritage and the building of this great nation."

Shelia Dall, Chief Sonar Technician Surface

Navy awards DDG-51 FY18-22 multiyear procurement contracts

From From Team Ships Public Affairs

WASHINGTON

The Navy awarded two contracts for the DDG-51 fiscal years (FY) 2018 — 2022 multiyear procurement (MYP) for DDG-51 Arleigh Burke-class destroyers, Sept. 27.

"These contract awards are further evidence of the Navy's continued delivery of lethal capacity to the nation with a sense of urgency while ensuring best value for the taxpayer," said James F. Geurts, assistant secretary of the Navy for research, development and acquisition. "The Navy saved \$700 million for these 10 ships by using multiyear procurement contracts rather than a single year contracting approach. We also have options for an additional five DDG-51s to enable us to continue to accelerate delivery of the outstanding DDG-51 Flight III capabilities to our naval force. We executed this competition on a quick timeline that reflects the urgency in which the Navy and our industry partners are operating to ensure we meet the

demands of the National Defense Strategy."

General Dynamics Bath Iron Works is being awarded a \$3,904,735,559 fixed-price incentive firm target (FPIF) contract for the design and construction of four DDG-51 class ships, four in FY 2019-2022.

Huntington Ingalls Industries is being awarded a \$5,104,668,778 fixed-price-incentive firm target (FPIF) contract for the design and construction of six DDG-51 class ships, six in FY 2018-2022.

These multiyear procurement awards are for a total of 10 MYP ships. Additionally, each shipbuilder's contract contains options for additional ships in FY18/19/20/21/22, providing the Navy and/or Congress flexibility to increase DDG-51 build rates above the 10 MYP ships in the Navy's FY 2018 budget request, if appropriated.

"This procurement will efficiently provide integrated air and missile defense capability for our future fleet while strengthening our critical shipbuilding and defense industrial base," said Capt. Casey Moton, DDG-51



class program manager, Program Executive Office Ships. "The Navy is proud to be working alongside the dedicated shipbuilders at BIW and Ingalls to continue to deliver these warships to the fleet."

The guided-missile destroyer USS Curtis Wilbur

The acquisition strategy included the procurement of 10 DDG-51 class ships from FY 2018-2022 using MYP authority to competitively award ships among the two current DDG-51 class shipbuilders. The MYP ships were competed using a combination of historically successful competitive strategies, primarily using a Compete for Quantity

(CFQ) strategy with one Profit Related to Offer (PRO) outcome also possible.

The destroyers are being procured in a Flight III configuration, relying on a stable and mature design while delivering critical integrated air and missile defense capability with the AN/SPY6(V)(1) Air and Missile De-

Get more information about the Navy from U.S. Navy Facebook or Twitter.

For more news from Naval Sea Systems Command, visit www.navy.mil/local/navsea/.

Ground Zero flag flown aboard USS John Warner

From Submarine Forces Public Affairs

NORFOLK

The United States flag flown at Ground Zero was flown aboard USS John Warner (SSN 785) during morning colors Sept. 22, in commemoration of victims of the 9/11 attack, the sacrifices of first responders lost that day, the service of the U.S. military, and the fight against terrorism.

John Warner's Chief of the Boat Anthony Amato, a Peekskill, New York native, was instrumental in coordinating a ceremony onboard the submarine.

"For our 9/11 remembrance onboard John Warner, I recited over the boats announcement system the events as they unfolded on September 11, 2001," Amato said. "When XO saw the request for a submarine in Norfolk to fly the flag flown at Ground Zero he knew this was something our boat was prepared to do."

For Amato, there was no question on which submarine should fly the flag flown at ground zero.

"I was in boot camp at Great Lakes, the day the attack happened and my thoughts where of my family and friends in New York. My uncle worked in the Twin Towers but did not go in that day. Knowing that happened further solidified my decision to defend my country," Amato said. "Observing this ceremony and reflecting as the flag flown at Ground Zero was flown from USS John Warner gave me a moment to reflect on the events that took place that day, and the actions of sacrifice, courage and heroism that my fellow New Yorkers showed."

John Warner proudly represented the submarine force in this historic endeavor and presented a certificate to be included in the Ground Zero Memorial Museum. The flag was escorted by the Patriot Guard Riders who were entrusted with its custody while in Hampton Roads.



Master Chief Information Systems Technician (Submarine) Brian Beach, assigned to USS John Warner rode with the Patriot Guard Riders as they escorted the flag.

"Seeing the flag received by John Warner's ten-man flag detail all in dress white uniforms at the brow of the submarine was humbling," Beach said. "When the boat's flag was ceremoniously handed past the Ground Zero flag which was being brought back from flying, that moment resonated with me."

Sailors aboard the submarine recently returned from a deployment to be reunited with loved ones, and each of them volunteer every day to serve in the United States Navy Submarine Service to defend our freedoms.

"Knowing the caliber of Sailors on John Warner, I feel this was the best submarine to fly the Ground Zero flag," Beach said. "Each Sailor here understands the significance of this ceremony and why we serve to protect this country."

"For me it was truly the right place at the right time, and an honor to be a part of this."

John Sullivan, owner of the American Eagle Flag & Flagpole Company, located in

Williamsburg, Virginia, provided this flag to the Port Authority Police Department and participated in the presentation at Ground Zero. It was returned to them after the ceremony to be displayed at 9/11 commemoration ceremonies.

"The purpose of the Ground Zero Flag is to not only remember those that perished on 9/11 and their families but to also honor our military who have been engaged in the war on terror, as well as the first responders throughout the country," Sullivan said. "Our goal is to have the Ground Zero Flag flown on as many military installations, ships, aircraft and land vehicles as possible, both home and abroad, before the flag is retired."

Prior to John Warner, the flag has been displayed at numerous 9/11 ceremonies; flown from hundreds of flagpoles; been to Iraq three times with our troops – where it flew at least twice on 9/11; in December 2003 a member of the 4th ID held it over the spider hole where Saddam Hussein had just been captured; it flew from USS Harry S. Truman on Sept. 11 in 2017; flew on an F-22 Raptor and over the Pentagon. More recently, just

this week in Hampton Roads, it flew with the Blue Angels Flight Demonstration team at the 75th anniversary of Naval Air Station,

The flag will continue its journey over the next three years and then be presented for permanent display at the Ground Zero Memorial Museum on the 20th Anniversary of the attack.

A Facebook page @GroundZeroFlag has been setup with a posted calendar so people can view where and when the flag will be flown next. Under "Events" visitors can track where the Ground Zero Flag was flown/displayed along with pictures of the ceremonies.

USS John Warner is a nuclear-powered Virginia-class attack submarine of the United States Navy, homeported at Naval Station Norfolk, Virginia. She is the first in the class to be named after a living person; the first 11 Virginia-class subs were named after states.

For more news from Commander, Submarine Forces, visit http://www.navy.mil/local/sublant/, http://www.facebook.com/sublant/



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NSWC Civilian Engineer commissioned into the **Naval Reserve, honored for** academic achievement

By John J. Joyce

NSWC Dahlgren Division Corporate Communications

DAHLGREN, VA.

Why would a civilian engineer content with an exciting and rewarding career along with the ability to come home to his family every night plan to join the Naval Reserves?

Dillard Patton answered the question after following through with his plan at a ceremony where he was commissioned a U.S. Navy ensign in front of family, friends, and coworkers at the Aegis Training and Readiness Center, Sept. 11.

Judging from his rapid fire response – a lot of thought went into his decision to join the ranks of Naval reservists.

"I voluntarily chose to accept this obligation, and the accompanying responsibilities, because I felt this is the most effective way for me to make a difference," said Patton, the principal for safety at the Naval Surface Warfare Center Dahlgren Division (NSWCDD) System Safety Engineering Division.

It never occurred to the reservist that he would make a commitment to the Navy as a government civilian engineer or commissioned officer when he began his bachelor's degree studies at Virginia Commonwealth University (VCU) in 2007.

"While in this environment, I realized that my education was the tool I needed to shape my future," said Patton. Through dedication and hard-work, he obtained a bachelor of science degree with a dual major in mechanical engineering and physics with a minor in mathematical sciences in four years.

Patton received four awards for academic achievement and extracurricular community service activities while at VCU. As a junior, he was named the 2010 Richmond Joint Engineers Council Scholar of the year.

What's more, the engineer is still being recognized for his academic achievements. Ten days after his commission into the reserves, he was honored at the NSWCDD Academic Recognition Ceremony for completing his master's degree in systems engineering and two professional certifications - a system safety certification and an associate systems engineering professional certification. He is currently pursuing his doctor of philosophy in systems engineering at Old Dominion University.

Since he graduated from VCU with a bachelor of science degree with a double major in mechanical engineering and physics. Patton has been making a difference for the Navy as a civilian in various Naval Sea System Command engineering positions from the Norfolk Naval Shipyard to NSWCDD.

Now Patton expects his impact on the Navy and joint forces will significantly expand. In his new role as a reservist, he intends to apply the experience accumulated throughout his civilian career to bridge the gap between the engineering and operational naval communities.

"This will better facilitate the acquisition and design of safe and effective systems employed by the U.S. Navy, allowing the Navy to maintain its position of maritime superiority," said Patton. "By doing so, I'm also contributing to the protection of the freedom, personal liberty, and economic prosperity that is cherished by all individuals residing within the United States, as guaranteed by the U.S. Constitution."

In order to protect the freedoms and liberties Americans enjoy, the husband and father will be challenged with balancing civilian work and family life while meeting his military responsibilities.

Patton, however, is focusing on his ability - and the ability of the nation's joint forces - to victoriously meet their challenges with sacrifice, determination, and core values.

"We are victorious because we are faithful to these core values (honor, courage, and commitment) not only when serving on official duty, but also in our personal lives," Patton told his audience at the ceremony. "I encourage every individual in this room to consider how these (U.S. Navy) core values impact your lives."

The engineer – commissioned through the Direct Commission Officer program - will be meeting his responsibilities at a Surge Maintenance (SurgeMain) reserve component of Sailors based in Richmond, Va. The SurgeMain reserve unit becomes a mobilization force when the Navy needs to "surge" its maintenance infrastructure to support Fleet readiness and the Fleet Response Plan.

Specifically, Patton was commissioned into the Navy's Engineering Duty Officer (EDO) community. EDOs - technical leaders who are highly educated and have a broad continuum of operational experience and engineering expertise - develop systemengineered, cost effective solutions to meet Fleet warfighting requirements. This unique cadre of officers lead the Navy's integration of research and development, design, acqui-



U.S. Navy Capt. AndrewThomson administers the oath of office to Dillard Patton during Patton's Naval officer commissioning ceremony at the Aegis Training and Readiness Center. Once the NSWC Dahlgren Division System Safety Engineering Division civilian engineer pledged the oath of office, he was commissioned into the officer ranks of the Naval Reserves.



Dillard Patton receives his certificate of achievement from Naval Surface Warfare Center Dahlgren Division (NSWCDD) Acting Chief of StaffTerri Gray and Acting DeputyTechnical Director Chris Clifford at the 2018 NSWCDD Academic Recognition Ceremony. Patton – commissioned into the Naval Reserves ten days earlier - was recognized for completing his master's degree in systems engineering from Old Dominion University, and commended for his commitment to personal and professional development.

cycle management.

In his civilian position, Patton supports the Program Executive Office for Integrated Warfare Systems as the principal for safety for the next generation Guided Missile Frigate (FFG(X)) program with cognizance over integrated combat systems. He is also the

sition, construction, modernization, and life FFG(X) principal for safety in support of Program Manager — Ships 515 with cognizance over weapons and explosives integration during acquisition lifecycle phases prior to the sustainment lifecycle phase.



Senior Chief Fire Controlman Jeremy Brown (ret.) and U.S. Navy Ensign Dillard Patton moments after Brown rendered the first enlisted salute to Patton who then returned the salute at his commissioning ceremony held at the Aegis Training and Readiness Center.



U.S. Navy Ensign Dillard Patton's parents, Dale and Sharon, place officer shoulder boards on their son's uniform at his commissioning ceremony held at the Aegis Training and Readiness Center.



Nourhan Ibrahim places a new officer's cover on the head of her husband, Dillard Patton, who was commissioned into the Naval reserves as an ensign at a ceremony held at the Aegis Training and Readiness Center.

Sailors encouraged to participate in 2018 Workplace and Gender Relations Survey

From Chief of Naval Personnel Public Affairs

WASHINGTON

More than 700,000 selected service members across the Department of Defense (DoD) have the opportunity to provide input about experiences of unwanted, gender-related behavior by taking the 2018 Workplace and Gender Relations Survey of Active-Duty Members.

Results from this Congressionally-mandated survey will be briefed to service leadership, DoD leadership, DoD Sexual Assault Prevention and Response Office (SAPRO), and Congress. The final report will be released as part of the 2018 SAPRO

Annual Report in Spring 2019. The selected active-duty service members have until Oct. 31, to take the online or paper survey, and its results will inform the

DoD's future prevention and response efforts. This survey is available to a selected group of service members who were chosen as part of a scientifically-based sample.

The Office of People Analytics (OPA) is conducting the survey as part of a biennial cycle of health and resilience surveys outlined in Title 10 USC 481.

Active-duty members selected to participate have been sent the questionnaire to take via the web. Members who have not yet completed the survey will also be mailed a paper option, which is shorter than the web version.

Selected service members may take the survey here: https://

www.dodsurveys.mil. Members who are uncertain if they have been selected for the survey may also visit the same link and click on the "Am I in an

OPA Survey Sample" tab in the center of the page. For more news from Chief of Naval Personnel, visit www. navy.mil/local/cnp/.



U.S. Navy graphic

F-35B jets join forces with **British aircraft carrier to** make history

From HMS Queen Elizabeth Public Affairs

ATLANTIC OCEAN

This week the first F-35 Lightning fighter jets landed on the deck of the United Kingdom's new aircraft carrier making history and marking the beginning of more than half-a-century of 'Carrier Strike' operations.

Royal Navy Cmdr. Nathan Gray and Royal Air Force Sq. Ldr. Andy Edgell, both test pilots at the F-35 Integrated Test Force at Naval Air Station Patuxent River, Md., were the first pilots to land the stealth F-35 Lightning fighter jets on board the carrier, demonstrating the formidable force HMS Queen Elizabeth and her fleet of jets will be.

The first landings and take-offs from HMS Queen Elizabeth are the culmination of a British endeavor lasting more than a decade to bring an aircraft carrier back to the UK's arsenal. Able to embark up to 24 of the supersonic jets, the Queen Elizabeth Class carrier provides the Royal Navy with a capability possessed by few others.

U.K. Defense Secretary Gavin Williamson said: "The largest warship in British history is joining forces with the most advanced fighter jets on the planet. This marks a rebirth of our power to strike decisively from the seas anywhere in the world.

"The historic first landing on the deck of HMS Queen Elizabeth is a monumental moment in our country's proud military history. It is also a statement of Britain's determination to promote peace and prevent war."

The landings mark the start of the first of two First of Class Flight Trials (Fixed Wing) phases, held back-to-back this fall, where the ITF team plans to perform a variety of flight maneuvers and deck operations to develop the F-35B operating envelope for QEC carriers. They will evaluate jet performance on over 200 test points during different weather and sea conditions as well as the aircraft's integration with the ship. A third FOCFT (FW) phase followed by operational testing



Two F-35B Lightning II fighter jets successfully landed onboard HMS Queen Elizabeth for the first time this week, laying the foundations for the next 50 years of fixed wing aviation in support of the UK's Carrier Strike Capability. Royal Navy Cmdr. Nathan Gray made history by being the first to land on, followed by Royal Air Force Sq. Ldr. Andy Edgell, both test pilots at the Integrated Test Force (ITF) based at Naval Air Station Patuxent River, Maryland.

is scheduled for 2019.

The return of 'Carrier Strike' to the UK comes eight years after a fighter jet last landed on a British carrier.

Commanding Officer, Royal Navy Capt. Jerry Kyd, who was also the captain of HMS Ark Royal when the last Harrier took off from a carrier, said: "I am quite emotional to be here in HMS Queen Elizabeth seeing the return of fixed wing aviation, having been the captain of the aircraft carrier which launched the last Harrier at sea nearly eight

"The regeneration of big deck carriers able to operate globally, as we are proving here on this deployment, is a major step forward for the United Kingdom's defense and our ability to match the increasing pace of our adversaries. The first touch-downs of these impressive stealth jets shows how the United Kingdom will continue to be world leaders at sea for generations to come."

Commander UK Carrier Strike Group, Cdr. Andrew Betton added: "The Queen Elizabeth Class carriers have been specifically designed and built to operate the F-35 Lightning, offering an immensely flexible and potent combination to deliver military effect around the world. Conducting these trials is a critical and exciting step on this journey and I applaud the many thousands of civilian and military personnel who have played a part in bringing the strategic ambi-

While the HMS Queen Elizabeth Class carriers will be able to project British military power across the globe for the next halfcentury, they can also provide humanitarian relief, deepen defense relationships with key allies and provide critical support to our forces as they are deployed across the world.

In recent operations, US aircraft carriers like the USS George HW Bush and USS Harry S. Truman have played a central role in the Gulf and the Mediterranean, conducting strikes against Daesh in Iraq and Syria.

This week's historic flight trials come more than 100 years after the UK's HMS Argus became the world's first carrier capable of safely launching and recovering naval air-

The ship will go on to continue her program off the US east coast. The flight trials are expected to take around 11 weeks, during which time the ship is also expected to call into New York.

HMS Queen Elizabeth remains set to be deployed on global operations from 2021. Britain now has sixteen of a planned 138 F-35 Lightning jets as part of its world-leading fleet of military aircraft.

For more news from Naval Air Systems Command, visit www.navy.mil/local/navair/.



Royal Navy Cmdr. Nathan Gray, F-35 Integrated Test Force at NAS Patuxent River, Md., makes the first ever F-35B Lightning II takeoff from HMS Queen Elizabeth. Two F-35Bs landed onboard the new British aircraft carrier this week laying the foundations for the next 50 years of fixed wing aviation in support of the UK's Carrier Strike Capability.

AVIATOR | New career paths

Continued from A1

career flexibility, greater assignment stability, and rewarding experiences training the newest naval aviators, with the goals of improving aviator retention and flight instructor manning.

Officers selected for the PFI program can serve until they reach statutory retirement with no further operational assignments, so long as they continue to meet applicable performance standards as a flight instructor.

Officers selected for PFI are no longer eligible for command consideration.

Applications for the first PFI board, scheduled to convene November 20, are now being accepted from qualified 1310 and 1320 designated lieutenant commanders and commanders with a projected rotation date in calendar year

Full-Time Support and Selected Reserve officers are not eligible to apply for this program.

For program details, eligibility, and application procedures, visit the Navy Personnel Command Aviation Bonus website at https://www.public.navy.mil/bupers-npc/officer/ Detailing/aviation/Pages/Professional-Flight-Instructor. aspx or read NAVADMIN 241/18 at www.npc.navy.mil.

For more news from Chief of Naval Personnel, visit www. navy.mil/local/cnp/.

Plan ahead for personally procured moves

From NAVSUP Public Affairs

MECHANICSBURG, PA.

NAVSUP is asking Sailors performing a Personally Procured Move (PPM) during October through December 2018 to be aware of potential impacts to the PPM overall process — from advance payment request to claims settlement.

The software used to validate, reconcile, and authorize payment for Sailors' PPMs will be upgraded in December 2018. Settlement of PPM claims submitted for reimbursement during November and December may be delayed due to the system being taken offline. All PPM packages submitted will be prioritized based upon the date received and processed accordingly once the system comes back online.

Claim submission scenarios and more details are available online at https://www.navsup.navy.mil/public/navsup/ hhg/time_to_move/ppm/.

For questions specific to your individual claim, call 888-742-4467.

Learn more from Navy Household Goods online at:

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Headquartered in Mechanicsburg, Pennsylvania, and employing a diverse, worldwide workforce of more than 22,500 military and civilian personnel, NAVSUP's mission is to provide supplies, services, and quality-of-life support to the Navy and joint warfighter. Learn more at www.navsup.navy. mil, www.facebook.com/navsup and http://twitter.com/nav-

For more news from Naval Supply Systems Command, visit www.navy.mil/local/navsup/.

DEPLOYABILITY | Assessment & assignment program

Continued from A1

if it is likely that the Sailor's medical condition will ultimately permit a return to a deployable status.

The Navy Bureau of Medicine and Surgery is proactively realigning resources and focus to support Sailor readiness and deployability, especially in Fleet concentration areas. However, in some cases, Sailors must

be referred to civilian medical networks for follow-on referrals or appointments. Navy leadership is cognizant of the delays outside of the control of individual Sailors and this factor will be considered in the retention determination process.

Pregnant and post-partum Sailors are exempt from this policy. No other Sailors are exempt, but special categories for retention consideration include combat wounded members, Sailors who will be non-deployable for 12 months or longer due to administrative reasons, and Sailors who have attained such years of creditable service so as to be within three years of qualifying for retirement.

This policy supports Defense Secretary Mattis' guidance to maximize the lethality and readiness of the joint force, and the release of DoD Instruction 1332.45.

More information on deployability can be found at the following websites:

http://www.public.navy.mil/bupers-npc/ career/LIMDU/Pages/default.aspx https://www.med.navy.mil/sites/nmcp/

Branch/SitePages/Norfolk/DeploymentHealth.aspx

Read NAVADMIN 239/18 on the NPC website at www.npc.navy.mil.

For more news from Chief of Naval Personnel, visit www.navy.mil/local/cnp/.

USMAP | 4 things to know

Continued from A1

service member, participants can now submit monthly logs through the USMAP website, documenting on-the-job (OJT) hours to their supervisors "electronically." The supervisors will receive an email link to approve the logs. The same goes for a semi-annual report that is signed by a commanding officer or someone authorized to sign by direc-

3. You will still get a certificate in the mail.

When you finish your apprenticeship, you will receive an email with final details. You will need to ensure your address is correct in your online USMAP profile. The Department of Labor completion certificate and a Journeyman Card will take approximately four to six weeks to arrive in the mail. Make sure you keep this with your important papers to use as a resource and proof of completion towards annual military evaluations, promotion or officer programs, and when applying for post-service jobs. For Sailors, completion will continue to also be documented through Electronic Training Jacket,

Navy Training and Management Planning System, and Fleet Training Management and Planning System. For all service members, USMAP completion will also be annotated on your Joint Service Transcript, which is available to you even after you leave the service at https://jst.doded.mil/

4. You will need to retain a copy of your own record after you leave the service. Need to show an employer your logs as proof of OJT hours? Make sure to save a copy of your documents from your profile. The USMAP website currently requires CAC authentication to access your records, so once you

leave the service, you will not be able to log back in to retrieve your documents.

USMAP is managed by Naval Education and Training Command as part of a group of programs offering credentialing, apprenticeship and voluntary education opportunities.

For more information on USMAP, visit https://usmap.netc.navy.mil.

For more news from Naval Education and Training Command, visit www.navy.mil/lo-







Navy **Translator** helps search effort for missing service members in Vietnam » See B4

SECTION B | FLAGSHIPNEWS.COM | 10.04.18



Lt. Zach Niezgodski

U.S. Navy Sailors from Underwater Construction Team (UCT) 2 assist local authorities in shuttling the passengers and crew of Air Niugini flight PX56 to shore following the plane crashing into the sea on its approach to Chuuk International Airport in the Federated States of Micronesia.

By MCC Matthew R. White

30th Naval Construction Regiment Public Affairs

SANTA RITA, GUAM

After responding and rendering aid to the passengers and crew of Air Niugini flight PX56 following its crash landing in Chuuk, Federated States of Micronesia (FSM), Sept. 28, Sailors from Underwater Construction Team (UCT) 2 continued their humanitarian efforts by donating blood to the injured.

As the immediate rescue operation wound down and local authorities took over control of the incident, the Sailors regrouped and explored other ways to support the survi- line's passengers and crew, and continuing Weber, independent duty corpsman assigned

vors and authorities at the scene. The team was later informed that three of the critically injured passengers at the Chuuk State Hospital intensive care unit needed blood a blood transfusion. After quickly canvassing the Sailors to see who had the right type of blood, three volunteers from UCT-2 rushed to the hospital where they each donated a pint of blood to the patients.

On the morning of Sept. 28, while working on a construction project near the airport, UCT-2 Sailors displayed their training, readiness and teamwork in dramatic fashion by instantly responding to help rescue the airto care for the injured following their safe to UCT-2. evacuation from the sinking aircraft.

While Construction Mechanic 1st Class John Monahan led a group of six Sailors to the partially submerged Boeing 737 before the emergency doors had even opened, Chief Hospital Corpsman Erich Weber was on shore, setting up a triage point to treat or move patients.

"As soon as we reported to the boat ramp, a boat full of patients came ashore. We triaged the worst of the group to our vehicle, one of which was conscious but in the fetal position due to severity of injuries [and] pain," said

Back on the slowly sinking aircraft, UCT-2 Sailors entered the plane to conduct a sweep of the passenger compartment and crew areas. Builder 3rd Class Brock Farmer needed to swim through the aircraft's interior to complete the inspection before the Sailors exited the plane, as fears arose the airliner would soon sink.

The teamwork didn't end with the initial response from UCT-2. The U.S. Coast Guard flew a C-130 aircraft from Coast Guard Air Station Barbers Point, Hawaii, to Chuuk to

» See CRASH | B7



An F-35B Lightning II aircraft, assigned to Marine Fighter Attack Squadron 211, 13th Marine Expeditionary Unit (MEU), launches from the flight deck of Wasp-class amphibious assault ship USS Essex (LHD 2) as part of the F-35B's first combat strike, Sept. 27, 2018.

USMC F-35B conducts first combat strike in CENTCOM AOR

From U.S. Naval Forces Central Command **Public Affairs**

NSA BAHRAIN, BAHRAIN

The Marine Corps F-35B, Lightning II, conducted its first combat strike in the U.S. Central Command area of responsibility in support of Operation Freedom's Sentinel in (MEU) is the first combat-deployed MEU Afghanistan, Sept. 27.

an air strike in support of ground clearance Fighter Attack Squadron 211 are currently operations, and the strike was deemed successful by the ground force commander.

in theater amphibious and air warfighting capability, operational flexibility, and tactical supremacy," said Vice Adm. Scott Stearney, visit http://www.navy.mil/local/cusnc/. commander, U.S. Naval Forces Central Com-

mand. "As part of the Essex Amphibious Ready Group, this platform supports operations on the ground from international waters, all while enabling maritime superiority that enhances stability and security."

The 13th Marine Expeditionary Unit to replace the AV-8B Harrier with the F35B During this mission, the F-35B conducted Lightning II. The F-35Bs from Marine embarked on the Wasp-class amphibious assault ship USS Essex (LHD 2) as part of "The F-35B is a significant enhancement Essex Amphibious Ready Group.

For more news from Commander, U.S. Naval Forces Central Command/5th Fleet,



MCCS Leah Stiles

The crew of the Virginia-class attack submarine USS Indiana (SSN 789) salute after brining the ship to life during the boat's commissioning ceremony. Indiana is the U.S. Navy's 16th Virginiaclass fast-attack submarine and the third ship named for the state of Indiana.

USS Indiana brought to life, commissioned in **Port Canaveral**

From Commander, Submarine Force **Atlantic Public Affairs**

PORT CANAVERAL, FLA.

USS Indiana, the third submarine to bear the state, was brought to life by its sponsor, Diane K. Donald, wife of retired Adm. Kirkland Donald, the former director of giving the order to bring the ship to life, In-tions Forces (SOF), strike warfare, irregular diana's sponsor had a few words to impart to those in attendance and any potential fu-

ture adversaries.

"Today we celebrate the time-honored tradition of placing USS Indiana into the service of our country. It has been the privilege of a lifetime to have a role in bringing this ship to life," Donald said, addressing the crowd and ship's company during the ceremony. "To anyone who wishes our nation harm, take heed, Indiana is taking the watch. Our new silent victors are Indiana strong."

As the most modern and sophisticated attack submarine in the world, the submarine can operate in both littoral and deep ocean environments, and presents combatant comthe name and third vessel to be named for manders with a broad and unique range of operational capabilities. Indiana is a flexible, multi-mission platform designed to carry out the seven core competencies of the sub-Naval Nuclear Propulsion and commander, marine force: anti-submarine warfare, anti-Submarine Forces, Sept. 29, 2018. Before surface warfare, delivery of Special Opera-

» See INDIANA | B7

NAVFAC Mid-Atlantic seeking applicants at Chesapeake **Job Fair**

From NAVFAC Mid-Atlantic Public Affairs

NORFOLK

NAVFAC Mid-Atlantic seeking applicants at their Chesapeake Job Fair at the Chesapeake Conference Center; 700 Conference Center Drive, Chesapeake, Va. 23322 on Sunday, Oct. 14, 2018 10:00 a.m. — 3:00 p.m.

The purpose of the Chesapeake Job Fair is to provide networking, hiring and job seeking opportunities. NAVFAC Mid-Atlantic provides facilities engineering, public works and environmental products and services to Navy and Marine Corps commands that span from Georgia to Maine and as far west as Illinois. This networking and hiring event is free and open to all job seekers.

NAVFAC Mid-Atlantic is actively seeking candidates who can fill immediate needs in a variety of disciplines. We offer a wide array of skilled tradesman and professional positions to include: Electrical, Mechanical, Civil, Fire Protection, and Environmental Engineer, Construction Manager, Community Planner, Contract Specialist, Financial Management Specialist, Information Technology Specialist, High Voltage Electrician, Electrician, Air Conditioning



Tentative job offers to qualified candidates ON SITE

Equipment Mechanic, Maintenance Mechanic, Pipefitter and more! We would like to meet with local students, alumni, veterans and other qualified candidates in the area to discuss career op-

NAVFAC Mid-Atlantic offers competitive salary and benefits. Candidates are encouraged to send resumes to NAVFAC_MLHRO@navy. mil and to bring several copies with them to the

Candidates with the right qualifications and experience can walk away with tentative job offers in hand at the event!

About NAVFAC -

Naval Facilities Engineering Command: The Facilities and Expeditionary Combat Systems

NAVFAC is the Systems Command that delivers and maintains quality, sustainable facilities, acquires and manages capabilities for the Navy's expeditionary combat forces, provides contingency engineering response, and enables energy security and environmental stewardship. Find additional updates and information about NAVFAC on social media sites Facebook and Flickr. Become a fan at www.facebook. com/navfac, view our photostream on Flickr at http://www.flickr.com/photos/navfac, and read Seabee Online at http://seabeemagazine. navylive.dodlive.mil/. Follow the activities of NAVFAC Mid-Atlantic at www.facebook.com/ navfacmidatlantic.

Q. I just moved into my apartment, and certain things are not working...what can l do to get them fixed?

A. Most leases will give you 5 days to address any issues you find when you move in. The "Move-In Inspection" form is your best defense. Take the time to look over your apartment and document any and all discrepancies. While the landlord may not have to correct them all, they cannot charge you for repairs on any item you have listed. Contact the Housing Service Center with any concerns you may have.

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(757) 688-6289

(757) 444-2102

Newport News

Norfolk/Portsmouth

Recruiters face anti-military influencers

By Lisa Smith Molinari

Back in 2011, my husband, Francis, reported to Naval Station Mayport, Florida to be the staff intelligence officer (N2) of the US Fourth Fleet. We were excited, because N2 positions at numbered fleets were traditionally "command equivalent" and highly competitive. However, the military was being drawn down between 2010 and 2016, and the rules were no longer

One year into Francis' tour, it was announced that N2 roles were no longer command equivalent, but rather "milestone tours" necessary to qualify for command. Francis was allowed one more shot at command; however, by that time scores of navy captains were competing for three positions. Francis was not selected.

His last day in the Navy was Oct. 31, 2016, after a tour as deputy commander of the US Naval War College. Eight days later, President Trump was elected and the drawdown abruptly stopped. The National Defense Authorization Act heralded huge troop increases across all branches, and the administration submitted 30-year plans to increase Navy ships to 355, requiring 50,000 more active duty sailors, the largest increase in more than a generation.

The Army, Marine Corps and Air Force have also been under pressure retain more troops and increase their ranks. This year, the Army failed to meet its recruiting goal for the first time since 2005, and although the other branches managed to meet recruiting targets, all reported challenges in convincing young men and women to join and difficulty persuading active duty service personnel to stay.

During six years of drawdown, recruiting efforts slowed and military members were forced out. But now, in the midst of new military pay increases; programs for spouses; increased bonuses; better deployment schedules; "golden tickets" allowing breaks from service: and easing of recruiting restrictions on age, tattoo placement, drug use, ADD and asthma - why are recruiters having so much trouble convincing people to serve?

I spoke with Lt. Col. Ron Anzalone, Commander of the Army's New England Recruiting Battalion, who told me that people in his area of responsibility are patriotic, but tell Army recruiters, "Not my kid."

Educational institutions, coaches, parents, and counselors advise young men and women that the only path to success is to go to college, because the civilian job market is booming.

"But student loans will hobble them," Anzalone said. "People fail to realize that the U.S. Army is the largest investor in college education—we'll pay tuition for you."

Anti-military sentiment at educational institutions is a problem, Anzalone said. His recruiters are given "bare minimum or restricted access" to students, are prohibited from wearing uniforms, and are limited to designated free speech

Recently, when female Army athlete-soldiers were sent to an allfemale high school track meet to disseminate recruitment materials. parents ran recruiters off, warning them, "Don't talk to my kid."

To combat the college-only message perpetuated by institutions and influencers, Army recruiters are responding directly to millennials' who ask, "What can you do for me?" and Generation Zers who say, "I want to make a difference."

"We tell them, this is not your grandfather's Army. This is not

your father's Army. We have stateof-the-art technology, specialized career training, and educational opportunities that they never had," Anzalone said.

"A lot of young men and women still want to serve, but they are being told that it's not what's important," he said, relaying the story of a recent high school graduate from Maine. As valedictorian, the young man had many options, but he told an Army recruiter that he wanted to serve his country.

The only problem? He didn't qualify because he was overweight.

"In four months, he trained with another recruit and lost 100 pounds," Anzalone said. "He changed his life just so he could serve."

The buildup came too late for our family to progress further in the military, but we feel privileged that Francis was able to serve his country for 28 years. To us, no civilian job will ever provide the honor and camaraderie we found in the Navy.

Lt. Col. Anzalone hopes that young men and women choosing their path will realize that, "In the Army, you're not just an employee. You're a member of a family." www.themeatandpotatoesoflife.

Send TRICARE to college with your child

From TRICARE

Is your student hitting the books at college this fall? TRICARE travels with them. TRICARE coverage of eligible dependents extends to college

Children are eligible for TRICARE benefits until age 21. But coverage extends up to age 23 for unmarried children of TRICARE-eligible sponsors, if both:

- The child is a college student enrolled in a full-time course of study at an approved institution of higher learning
- The sponsor provides over 50 percent of the child's financial support ■ If your student is heading to college, update the Defense Enrollment

Eligibility Reporting System (DEERS) to reflect this status. This will

verify and ensure their eligibility for TRICARE. To extend benefits past your student's 21st birthday, you'll need a letter from the school registrar's office. The letter must state your child is enrolled full-time in an accredited college in pursuit of an associate's degree or higher. Bring the letter to an ID card-issuing facility. To avoid automatic disenrollment when your child turns 21, you should update DEERS information before his or her 21st birthday. Check with your regional contractor after doing so to make sure there's no break in coverage.

Health Plan Options

TRICARE health plan options and payment requirements depend on the location of the college your student attends, your sponsor status, and your family's individual preferences. Use the TRICARE compare plans tool for a side-by-side look at plan features and costs.

Like other beneficiaries eligible to enroll in TRICARE Prime or TRI-CARE Select, college students may only enroll in or change their TRI-CARE coverage during the annual TRICARE Open Season unless they experience a Qualifying Life Event (QLE). This year, TRICARE Open Season is from Nov. 12 through Dec. 10, 2018. Coverage will start on Jan. 1, 2019. The most common QLE for college students is a change in their residential address (from home to college or vice versa). To qualify, update DEERS with the new address.

Studying in the U.S.

TRICARE Prime and US Family Health Plan (USFHP) enrollees attending college stateside in the same region as their sponsor may keep their TRICARE Prime or USFHP at their sponsor's address or transfer their enrollment to their school address. These plans must be available in the new location. And you must meet all enrollment criteria.

TRICARE Prime and USFHP enrollees going to college stateside in a different region from their sponsor's residence may generally keep their TRICARE Prime enrollment in their sponsor's region. They may also choose split enrollment and transfer their enrollment if TRICARE Prime is available in their new region. Some restrictions may apply. Check with your regional contractor for specifics.

TRICARE Prime Remote (TPR) enrollees must live at their sponsor's qualifying residence to stay eligible for TPR. If moving away from home, TPR enrollees may enroll in TRICARE Prime or TRICARE Select.

Coverage will remain the same for those enrolled in TRICARE Select, TRICARE Reserve Select, and TRICARE Retired Reserve.

Studying Overseas

If your student attends college overseas on their own, they're eligible to enroll in TRICARE Overseas Program (TOP) Select. Students who attend college overseas who are command-sponsored and live with their sponsor overseas remain eligible for TOP Prime or TOP Prime Remote. TOP Prime and TOP Prime Remote aren't available to students living or traveling overseas whose sponsors live in the U.S.

Other Health InsuranceHealth insurance you have in addition to TRI-CARE, such as Medicare or an employer-sponsored health insurance. TRICARE supplements don't qualify as "other health insurance."

Some colleges and universities offer a student health plan. Student health plans are other health insurance (OHI). TRICARE pays second to OHI. If you plan to use a student health plan, tell your health care and pharmacy contractors. And update DEERS to show you have OHI.

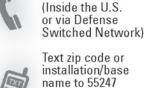
Coverage After TRICARE Eligibility Ends

Students who no longer qualify for regular TRICARE coverage may qualify to purchase TRICARE Young Adult or Continued Health Care Benefit Program coverage.

For more information on TRICARE options for college students or young adults, visit Going to College. You should also contact your regional contractor if you have questions about health plan options for your



For confidential victim assistance, visit www. SafeHelpline.org Live Help 24/7 Call 877.995.5247



Text zip code or installation/base name to 55247 (Inside the U.S.) or 202.470.5546 (Outside the U.S.)

U.S. Navy's HACKtheMACHINE **Seattle encourages innovation** in maritime dominance

From NAVSEA Naval Systems Engineering **Directorate Public Affairs**

SEATTLE

Naval Sea Systems Command hosted HACKtheMACHINE, the Navy's digital experience for building a community of practice in maritime security Sept. 21-23.

Over 500 hackers from around the country attended the event where they competed, learned and engaged in solving problems that

span the Navy's challenges across maricybersecurity, artificial intelligence and development operations. Attendees included Assistant Secretary of the Navy for Research, Development and Acquisition, James F. Geurts, Navy leaders. engineers, Sailors and scientists with community partners, entrepreneurs, students and technologists.

The three tracks of the event focused on "Maritime Capture the Flag," "Data Science and the Seven Seas," and "Hack for

the Oceans." Competitors built cross-disciplinary teams that bridged the Navy, academia and industry to develop innovative approaches to complex problems. Each of the three tracks was sponsored by a Navy major program manager who took insights from the crowd and turned them into relevant military

"Until this century, a country's sea power depended on its industrial capacity. The nation with the greatest number and most technologically advanced ships controlled the sea and everything that moved over and under it," said the Navy's Chief Engineer and HACKtheMACHINE event lead Rear Adm. Lorin Selby. "Now, decision-making is driven by digital systems, and mastery of industrial processes that led to the U.S. Navy's preeminence are less relevant. I am accelerating a

digital engineering journey to bring the very fastest software development practices from America's most talented digital developers and then synchronize the delivery of those capabilities to continually upgrade our capabilities while ensuring that the underlying industrial systems remain stable and secure."

Insights from Maritime Capture the Flag will inform design requirements that NAV-SEA's naval systems engineering directorate standards team will use for the installation of

> programmable logic controllers aboard ships.

Representatives NAVSEAaffiliated Program Executive Office for Integrated Warfare Systems' Command and Control directorate plan to take lessons learned from Data Science and the Seven Seas to build tools that support navigation. Other ideas from the event will be used to provide future Consolidated Afloat Network System developers with ideas to accelerate the use

of the new Agile Core Services. The Navy's Cyber Warfare Development Group will use lessons learned to implement high velocity learning for new engineers who report to the command with strong technical skills but may not be aware of specific technologies in the maritime domain.

HACKtheMACHINE is the outreach element of Selby's broader initiative to ignite a maritime ecosystem of new innovation with "on-ramps" built to take those insights into programs that can take action on them. With events like HACKtheMACHINE, the Navy is enacting the kind of change that will be required to maintain maritime dominance in the 21st century.

For more news from Naval Sea Systems Command, visit www.navy.mil/local/navsea/.



Track 1: Maritime Capture the Flag. 1st Place: Starbucks Run

U.S. Navy photo



U.S. Navy photo

Track 2: Data Science & the Seven Seas. 1st Place: Blue Dots





2018



SUN., OCT. 7, 2018 **REGISTRATION 9:00 AM**

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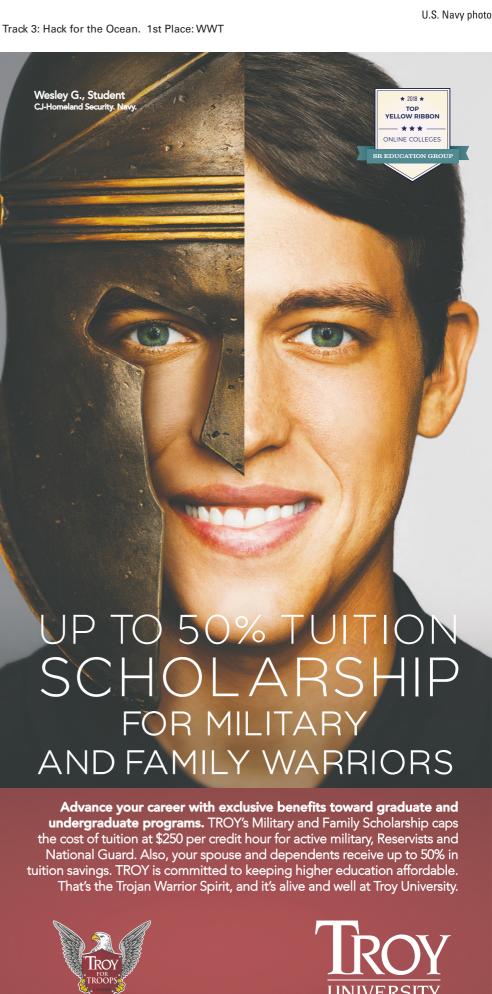








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Senior Airman Donald Hudson

Petty Officer 1st Class Quoc Bao Lam, left, a linguist deployed by the Defense POW/MIA Accounting Agency (DPAA), talks with local nationals, Sept. 6, 2018, in Quang Binh, Vietnam. A DPAA recovery team deployed to the area in search of the remains of U.S. service members lost during the Vietnam War. DPAA's mission is to provide the fullest possible accounting for our missing personnel to

Navy Translator helps search effort for missing service members in Vietnam

By Air Force Senior Airman Donald Hudson 374th Airlift Wing

YOKOTA AIR BASE, JAPAN

As the sun rises over the jungle canopy, the workers are already on the move. They take in the crisp scent of the morning air as they head up the rocky mountain path, slipping between the trees of a wet, dew-covered forest

At the top of the green mountain ridge, Navy Petty Officer 1st Class Quoc Bao Lam is waiting to greet them with a smile and a handshake before getting started on the day's

On a normal day, Lam is a master-at-arms with the military police at Naval Station Everett, Washington, but today he's part of a unique assignment. He is acting as the lead linguist for a recovery team deployed by the Defense POW/MIA Accounting Agency on its fourth mission to Vietnam.

Remote Site

Lam works at an excavation site found on a remote mountain peak in one of the Vietnamese jungle's most austere locations. The site is only accessible by helicopter, and the nearest village is about 5 and a half miles away, down a long steep rocky trail on the brink of being overgrown by the jungle. Being at a site so removed, a linguist is a necessity for a successful recovery mission.

"Nothing in this mission could be accomplished without the skill sets and abilities of an experienced linguist on the team," said Marine Corps Capt. Mark Strickert, DPAA senior recovery team leader. "Linguists translate intent, interpret body language, serve as cultural advisors, facilitate negotiations and build camaraderie with the local community and government officials we work with so closely every day. Linguists are the underlining glue in the tireless steps we take to fulfill our nation's promise to bring our fallen home."

The mission of DPAA is to provide the fullest possible accounting for missing service members to their families and the nation from past conflicts.

The total number of service members unaccounted for from the Vietnam War was 2,646, but through the work of DPAA, 1,052 of those missing have been found, identified and repatriated. The work of DPAA continues to find the remaining 1,594 missing U.S. service members from the Vietnam War.

Painstaking Work

The work to recover missing service members starts with intense analyzing of historical records from all sides of a conflict surrounding the missing individuals. This is followed by interviewing eye witnesses, gathering local accounts and pinpointing and evaluating possible dig sites. Once all the data has been compiled and strongly suggests a specific area, recovery teams are brought in to dig and sift the soil, looking for remains of the missing individuals.

When Lam first learned about DPAA and its missions to Vietnam to recover missing troops, he felt an instant connection and he knew he had to find a way to contribute.

"I wanted to be a part of this important work," Lam said, "to have an opportunity to help my fellow service members and their families find closure, and possibly help to find some of the lost or fallen friends of my father."

Lam moved to America at age 8 with his mother and siblings. His father, Ouang Lam, had left five years prior to escape prosecution and possible execution at the end of the Viet-

From the start of the conflict, Ouang fought with South Vietnam's army. As U.S. involvement in the Vietnam War increased, the U.S. Army began seeking out local people who could speak English, Chinese and Vietnamese to help U.S. troops better navigate the region.

Becoming a Translator

After applying to train with the U.S., Ouang was sent to Lackland Air Force Base, Texas, to get a better grip on the English language and military terminology. Once proficient in

English, he was sent to Fort Bragg, North Carolina, where he was taught how to fly medical helicopters before going back to his country and the war.

For the rest of the war, Ouang delivered supplies and wounded U.S. and South Vietnamese troops by helicopter. He regularly came under fire and, throughout the conflict, lost fellow aircrew, friends and family. Ouang made it to the rank of chief warrant officer 3 at the war's end.

North and South Vietnam were reunited. Those who had worked with the Americans were soon hunted by the authorities. Ouang had to leave his country to save his and his

Ouang began building a new life for his family in Chicago, thanks to a religious group that sponsored individuals who had fought alongside U.S. troops during the war. They brought foreign veterans and their families to the U.S. to ensure they were not harmed by the new Vietnamese government.

After all he experienced during the war, Ouang was against war for the rest of his life. Ouang urged his children to go to school and

not join any military service, but Lam wanted to follow in his father's footsteps. Luckily before his father passed away, Lam was able to explain why he chose to serve in the military after realizing school was not for him.

Father's Pride

"My father was incredibly upset and did not talk to me for some time," Lam said. "After a few years I sat down with him and talked about why I joined the Navy. While he still did not like the idea of me being in the armed forces, over time came to be very proud of my service to the country that has given his fam-

If it wasn't for Ouang's close work with the U.S. during the war, he may never have gotten out of Vietnam after the country's reunification and would have never had the chance to provide his family with the American dream.

"Lam's father is always watching from above and he would be proud of Lam working to find his lost friends from so long ago," said Lam's mother. "We have been proud of everything that he has done so far in life, to give back to the U.S. for all the U.S. has done for our family. We are extremely proud."

After weeks of facilitating negotiations, dvising on cultural differences and interpreting body language, Lam's mission in Vietnam came to a close.

From his position atop the mountain, Lam surveyed the green valley below, as the setting sun cast the sky in hazy blues and purples.



Petty Officer 1st Class Quoc Bao Lam, lead linguist, right, translates for U.S. Marine Capt. Mark Strickert, senior recovery team leader, left, while deployed by the Defense POW/MIA Accounting Agency (DPAA), Sept. 6, 2018, in Quang Binh, Vietnam.

Newly promoted Chief Petty Officer saves a life

By Lt. Joshua Pierce and Kimberly M. Lans-

Fleet Anti-Submarine Warfare Training Center and Center for Surface Combat Systems Public Affairs

SAN DIEGO

Center for Surface Combat Systems (CSCS) Fleet Anti-Submarine Warfare Training Center's (FLEASWTRACEN) newly promoted chief petty officer saved a man's life aboard the USS Midway Museum Sept. 22.

Chief Sonar Technician (Surface) Paz Rhyner utilized her ten years of cardiopulmonary resuscitation (CPR) experience and Navy training to save the life of a man she did not know.

"Hundreds of people, including FLEAS-WTRACEN's new chief petty officers, were aboard the USS Midway Museum attending a memorial ceremony," Rhyner explained. "About five minutes prior to the ceremony, I heard screaming and saw numerous people surrounding an elderly gentleman who was unconscious. There was a lot of confusion and the nursing aid who was administering first aid had stopped. I knew at that instant, I needed to take control of the situation or this man was going to perish."

Rhyner, not only a training instructor for the command, but also a CPR instructor, coached the nursing aid and then properly administered the automated external defibrillator (AED), blocking out the noise and

"The AED did administer a shock and I checked for breathing again, which was not occurring and then, since there was no

relative, I found a CPR mask and conducted mouth to mouth while the nursing aid continued compressions," she explained. "After a short period of time, the man gained consciousness and the paramedics cared for him when they arrived on scene."

Chief Sonar Technician (Surface) Mark Bailey, also a FLEASWTRACEN instructor, witnessed Rhyner's actions.

"Chief Rhyner took charge," he said. "She ensured the AED was properly administered and compressions were done correctly. Her leadership and life-saving skills resulted in saving the man's life."

When Rhyner's commanding officer, Capt. Brandon Bryan, received the news, he was immensely proud of his chief petty of-

"Her selfless actions truly demonstrated the Navy's core values of honor, courage and commitment," he said. "Chief Rhyner is a true role model for her shipmates and we are so proud to have her on the Fleet ASW Training Center team."

Rhyner does not view herself as a hero. She was not going to step back while a per-

"My time as an instructor and teaching CPR took over," she said. "I knew what to do in that situation and the outside stress did not impact me. All that mattered was saving a man's life."

CSCS' mission is to develop and deliver surface ship combat systems training to achieve surface warfare superiority. CSCS headquarters' staff oversees 14 learning sites, including FLEASWTRACEN. With a military and civilian staff of 300, FLEA-SWTRACEN delivers 90 technical courses of instruction through 475 course convenes educating more than 4,100 U.S. Navy and partner nation Sailors in the many facets of maintaining and operating their ships in the areas of anti-submarine and anti-surface warfare, combat systems training and littoral combat ship training.

For information on Fleet Anti-Submarine Warfare Training Center, visit http://www. netc.navy.mil/centers/cscs/fasw/

For more news from Center for Surface Combat Systems, visit www.navy.mil/local/

BELLS ACROSS AMERICA TOLL AT NAS PENSACOLA

By Ens. Scott ReaghNaval Air Station Pensacola Public Affairs

PENSACOLA, FLA.

In association with Gold Star Mother's and Family's Day, Naval Air Station (NAS) Pensacola's Fleet and Family Support Center (FFSC) hosted Bells Across America for Fallen Service Members ceremony Sept. 27 at the Aviation Memorial Chapel onboard NAS Pensacola.

Conducted concurrently throughout the United States under the auspices of the Navy Gold Star Program, Bells Across America recognizes military service members who died while on active duty. The bell was tolled as the 124 Pensacola, Florida-area service members' names were read aloud to honor their commitment and sacrifice.

Cmdr. Bryan Crittendon, NAS Pensacola command chaplain and event guest speaker, said the somber occasion served not only to recognize the family members of those left behind but also to reinforce the important role service members play in defense of the nation.

"One of the primary reasons we have the Gold Star event is to remember all who chose to serve their nation, who voluntarily put on the uniform," he said. "Those service members are remembered and honored, and they showed a love of their nation by being willing to serve. It means a tremendous amount to me for them to be remembered and honored."

Bells Across America is an annual collaborative effort between U.S. military installations around the world and the Navy Gold Star Program, an entity designed to serve the families of all who died on active duty, regardless of branch of service or cause of death. The program provides surviving family members with support, information and services for as long as they desire.

Since 1936, the last Sunday in September has been designated as Gold Star Mother's Day to recognize and honor those who have lost a loved one while serving in the United States Armed Forces. The program was officially recognized by presidential procla-

mation in 2009 and renamed to Gold Star Mother's and Family's Day.

NAS Pensacola FFSC asked Gold Star survivors to participate in the event and solicited names from the Pensacola area to be recognized during the ceremony. The names were collected and read in order of date of death as a bell was tolled, with four bells tolled to honor those names not listed.

"I love the opportunity to say thank you to the families who are always a part of our family," said Kathleen Doherty, the NAS Pensacola FFSC director. "This is that one day a year when we get to toll bells and tell them their loss is still important."

Retired Master Chief Jeff Grosso, a former NAS Pensacola command master chief whose active duty Navy son was killed during a 2017 aircraft mishap, said the event serves to reinforce the reality of the oath they took when joining the United States Armed Forces to the thousands of young Sailors, Airmen, Marines and Coastguardsmen who come through training facilities onboard NAS Pensacola each year.

"I was proud to see that they were out here," he said. "Ceremonies such as this not only help in the healing process of those who have lost a loved one, but show these young service members that the job they have chosen is inherently dangerous and the sacrifices made by those who have come before them make continuing to do these jobs possible."

Naval Air Station Pensacola, referred to as the 'Cradle of Naval Aviation,' is designed to support operational and training missions of tenant commands, including Naval Aviation Schools Command, the Center for Naval Aviation Technical Training, Marine Aviation Training Support Groups 21 and 23, and is the headquarters for Naval Education and Training Command.

Get more information about the Navy from US Navy facebook or twitter.

For more news from Naval Air Station Pensacola, visit www.navy.mil/local/naspensacola/.



MC2 Mason Gillan

Yeoman 1st Class William Garretson rings the bell during Naval Support Activity (NSA) Mid-South's Bells Across America ceremony for fallen service members at the base chapel. A part of the Navy Region Southeast and Navy Installations Command, NSA Mid-South serves as the Navy's Human Resources Center of Excellence.

Ceremonies such as this not only help in the healing process of those who have lost a loved one, but show these young service members that the job they have chosen is inherently dangerous and the sacrifices made by those who have come before them make continuing to do these jobs possible."

Retired Master Chief Jeff Grosso, whose active duty Navy son was killed during a 2017 aircraft mishap



U.S. Navy Medical Team begins subject matter exchanges in Honduras

By MC3 Class Katie Cox Southern Partnership Station 2018 Public Affairs

TEGUCIGALPA, HONDURAS

U.S. Navy medical professionals assigned to Southern Partnership Station's (SPS) Fleet Health Engagement Team (FHET) arrived in Honduras Sept. 14 to begin subject matter expert exchanges (SMEE) and partner capacity building engagements with Honduran medical and emergency management profes-

sionals in Tegucigalpa as part of SPS 2018. SPS' FHET will conduct SMEEs with Honduran representatives focused on specific topics such as tactical combat casualty care (TCCC), preventative medicine, humanitarian assistance and disaster relief (HADR) response procedures, and insectborne disease prevention.

"We have a set of experiences from Iraq and Afghanistan and our partner nations have a lot of their own experiences," said Lt. Cmdr. Rachel Carter, an emergency and family medicine physician assigned to the FHET. "By sharing and discussing the evidence from these experiences, we come up with the best practices to prevent unnecessary loss of life in trauma and disaster situ-

Following productive visits to Colombia,

and Trinidad and Tobago, this stop marks the third FHET engagement during SPS. The FHET is scheduled to conduct their final mission stop of SPS in El Salvador to work alongside the nation's military forces, security forces, and civilian health professionals. Engagements like these hone participants' skills in a variety of knowledge and skills, including HADR.

"When there are disasters and you need to rely on partner nations, you want to know their capabilities and capacity to respond," said Lt. Cmdr. Stefanie Nochisaki, a public health nurse assigned to SPS' FHET. "This helps us to better understand each other and how each other operates and functions in these situations."

Southern Partnership Station's FHET medical exchanges will continue to lay the groundwork for future endeavors.

"I feel the medical exchanges during Southern Partnership Station 2018 will lay a good framework and excellent foundation for future partnerships," said Hospital Corpsman 1st Class Osei Bonsu, an independent duty corpsman assigned to the FHET. "Practicing together as a team improves our relationships as 'teammates' for future mis-

Held on an annual basis by U.S. South-



MC3 Katie Cox

Hospital Corpsman 3rd Class Austin Jensen, from Seaboard, N.C., demonstrates proper tourniquet techniques with a Honduran emergency response medical professional at a Comite Permanente de Contingencias (COPECO) facility during a subject matter expert exchange as part of Southern Partnership Station 2018.

ern Command and executed by U.S. Naval Forces Southern Command/U.S. 4th Fleet, Southern Partnership Station is a U.S. Navy deployment focused on SMEEs with partner nation militaries and security forces in the Caribbean, Central and South America.

Focused on enhancing cooperative partnerships with regional maritime services, SPS aims to improve operational readiness for all participants. Additionally, the mission will provide an opportunity for U.S. and partner nations to operate in a multinational environment, refine coordination, improve interoperability, and demonstrate flexibility.

SPS is a demonstration of the strong U.S. commitment to partners in the Caribbean, Central and South America, fostering goodwill and enhancing our collective ability to respond to natural disasters and humanitarian crises. SPS will conclude in October 2018.

For more news about Southern Partnership Station 2018, visit https://www.dvidshub.net/ feature/SouthernPartnershipStation2018, on Facebook at https://www.facebook.com/ SouthernPartnershipStation/, on Twitter at https://twitter.com/NavySPS/, or on Instagram at https://www.instagram.com/southernpartnershipstation/.

For more news from Navy Public Affairs Support Element, visit www.navy.mil/local/ npasehq/.

66 When there are disasters and you need to rely on partner nations, you want to know their capabilities and capacity to respond. This helps us to better understand each other and how each other operates and functions in these situations."

Lt. Cmdr. Stefanie Nochisaki



Hospital Corpsman 3rd Class Austin Jensen, from Seaboard, N.C., (left), and Hospital Corpsman 3rd Class Bishop Sisemore, from Summers, Ark., act as simulated patients during a tourniquet application drill at a Comite Permanente de Contingencias (COPECO) facility during a subject matter expert exchange as part of Southern Partnership Station 2018.

TESTIMONIALS



You believed in my son when no one else did. You saw the good in him when no one else could see past the outbursts. You showed him and me a better way to communicate, to reflect, to grow, to love. You have a way of listening and understanding and caring. In the darkest times, you gave us light. I know our journey continues. But we are equipped with an arsenal to persevere and live well.

- Parent of BRC Resident



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INDIANA | Attack sub commissioned

Continued from B1

warfare, intelligence, surveillance and reconnaissance, and mine warfare.

"I owe everything to my crew," said Capt. Jesse Zimbauer, commanding officer of Indiana, to those in attendance. "We have over 5,000 people in attendance today. You wouldn't be out here if you didn't have a lethal dose of patriotism. You cannot take a look at those Sailors dressed in their whites, standing on the backbone of the world's newest and most lethal submarine and not just stand up and cheer!"

Indiana is a part of the Virginia-class' third, or Block III, contract, in which the Navy redesigned approximately 20 percent of the boat to reduce acquisition costs. Indiana features a redesigned bow, which replaces 12 individual Vertical Launch System (VLS) tubes with two large-diameter Virginia Payload Tubes (VPTs) each capable of launching six Tomahawk cruise missiles, among other design changes that reduced the

submarines' acquisition cost while maintaining their outstanding warfighting capabilities. While the crew of the submarine may only be 140, Indiana Governor Eric J. Holcomb indicated that the "whole" crew may not fit on board.

"So, as you are serving on this boat, know that your crew is a lot bigger than you may think. In fact, I'd like to say that this crew is 6.6 million strong. Because there are, in fact, 6.6 million Hoosiers who are proud of this USS Indiana. We are proud of and pray for every Sailor that makes up this crew."

After the ceremony, Indiana was opened up for tours to the general public, to include the crew's mess, the wardroom, control, and the torpedo room. It is there perhaps that the words of the Director of Naval Reactors, Adm. J. Franklin Caldwell, Jr. stuck home to the thousands who wouldn't normally step foot inside a nuclear-powered submarine.

"USS Indiana, and her sisters of the Vir-



Wolrd War II veterans assigned to the battleship USS Indiana (BB 58) watch the commissioning ceremony for the Virginia-class fast-attack submarine USS Indiana (SSN 789). Indiana is the U.S. Navy's 16th Virginia-class fast-attack submarine and the third ship named for the state of Indiana.

ginia class, will maintain our edge in the undersea environment," said Caldwell as he addressed the attendees. "Soon Indiana will deploy her stealth, endurance and her flexibility to travel silently under our oceans protecting our nation. She will be collecting intelligence, preparing for battle, and, if necessary, striking from the deep without notice to defend our nation."

Indiana also has special features to support Special Forces, including a reconfigurable torpedo room which can accommodate a large number of personnel and all their equipment for prolonged deployments and future off-board payloads.

Also, in Virginia-class SSNs, traditional periscopes have been replaced by two photonics masts that host visible and infrared digital cameras atop telescoping arms, which are maneuvered by an Xbox controller. Through the extensive use of modular construction, open architecture and commercial off-the-shelf components, the Virginia class is designed to remain at the cutting edge for its entire operational life through the rapid introduction of new systems and payloads.

While USS Indiana may be the newest and most technologically advanced submarine in the world, to some, all the metal, tubes, wires

and reactor are just machinery.

"The crew make up the soul of Indiana," said Senior Chief Charles Simonds, Indiana's chief of the boat. "Every single challenge this crew has been faced with, and there have been many over the past several months, has been dealt with extremely well. The crew are extremely proficient, extremely confident Sailors who know how to operate the submarine and I'd say that these guys are ready to go execute our nation's missions right now, and that is a lot to say for a new crew, and that makes me very proud and extremely fortunate to be a part of this team."

SSN-789 was built at Huntington Ingalls Shipyard in Newport News, Virginia, and is 7,800 tons and 377 feet in length, has a beam of 34 feet and operates at more than 25 knots submerged. It is designed with a nuclear reactor plant that does not require refueling during the planned life of the ship, reducing lifecycle costs while increasing underway

Get more information about the Navy from U.S. Navy Facebook or Twitter.

For more news from Commander, Submarine Forces, visit www.navy.mil/local/sub-

MC1 Jeffrey Richardson

Adm. J. Franklin Caldwell, Jr., director of Naval Reactors, grants permission to Capt. Jesse Zimbauer, commanding officer of USS Indiana (SSN 789), to place the submarine into commission. Indiana is the U.S. Navy's 16th Virginia-class fast-attack submarine and the third ship named for the State of Indiana.

CRASH | Survivors treated in Chuuk

Continued from B1

medevac the patients in critical condition from flight PX56 to ing the wharf area including inspecting of existing naviga- construction force.

team, consisting of six doctors, to Chuuk, to assist local coral reef from damage due to boat anchors. medical officials treat injured passengers who remained on

U.S. Naval Hospital Guam, where they received medical care. tional aids, assessment of the wharf, and placing environmen-The Coast Guard also sent a disaster medical assistance tal offsets at popular scuba diving sites that will protect the visit www.navy.mil/local/30NCR/.

UCT-2 provides construction, inspection, repair, and

the island. FSM authorities have requested assistance from maintenance of waterfront and ocean facilities in support of the U.S. Navy to recover the aircraft's flight data recorders, Naval and Marine Corps operations. Underwater Construcwhich may reveal the reason behind the plane's crash landing. tion Technicians have the unique ability of providing shal-UCT-2 is in Chuuk providing a range of operations improv- low and deep water repairs, as well as being a highly skilled

For more news from 30th Naval Construction Regiment,

ADM. FOGGO HIGHLIGHTS CHALLENGES AND EFFORTS IN **EUROPE AND AFRICA**

From U.S. Naval Forces Europe-Africa/U.S. 6th Fleet Public Affairs

NAPLES, ITALY

In the second edition of the podcast "On the Horizon: Navigating the European and African Theaters," Adm. James G. Foggo III, commander, U.S. Naval Forces Europe-Africa (CNE-CNA) and commander, Allied Joint Force Command Naples, Italy, discusses Dynamic Force Employment, NATO's largest exercise, and recent efforts to enhance security and stability throughout Europe and Africa.

Following the initial podcast, this episode focuses on Harry S. Truman Carrier Strike Group's (CSG) return to Europe, how the U.S. Navy and NATO are addressing challenges in Europe, and the upcoming NATO exercise, Trident Juncture 2018. He also discusses the 23rd International Seapower Symposium and the Black Sea Conference.

Harry S. Truman CSG Returns to Europe

In the opening segment, Foggo started the discussion emphasizing the security situation in which our naval forces are operating within saying that, "From our perspective, the security environment has changed dramatically over the last few years."

As the security environment changes, the U.S. Navy is also adjusting to the changing environment. As the Navy addresses these changes, one thing remains the same, presence. "It's really our presence that reassures our allies and partners that we're here for them, and that we'll be here when and where it really matters."

During the segment, Foggo pointed out maritime forces are able to adapt and project power. "As security situations change, our naval forces are much better postured to deal with and defend and maintain stability

and security. And if necessary, defeat any threat."

Harry S. Truman CSG is one of the naval forces that Foggo mentioned as the carrier returned to the European theater. The strike group returned Sept. 16, 2018.

"A great example, the Harry S. Truman Strike Group's return to the European theater. I couldn't be happier about that," said Foggo. "The aircraft carrier and its air wing, a guided missile cruiser and guided missile destroyers, are operating in the North Atlantic. It really showcases the flexibility of the United States Navy to operate where and when it needs to be in support of our allies and partners in the theater, as well as in support of our United States na-

tional security interests." **Addressing Challenges**

Throughout Europe and Beyond

Foggo explained how the U.S. Navy and NATO are addressing regional challenges stemming from a more aggressive Russian military, and how exercises are meant to improve interoperability between our

"Russia has renewed its capabilities in the North Atlantic and the Arctic in places not seen since the Cold War" said Foggo. "And I remain concerned about the potential for miscalculation."

However, he is confident that NATO and the U.S. Navy is up to the task. "The United States and NATO forces are pretty capable and postured force, ready to deter if necessary, and defeat any aggression that we face. The NATO alliance's purpose is to do just that. To deter first, and defend and defeat if necessary, second."

Foggo illustrated what it would look like when answering the call to an Article 5 being invoked by NATO. Article 5 is "to assist our allies in the restoration of sovereignty through defense and deterrence. NATO's actions have been and will be defensive, transparent and proportionate to the threat," said Foggo.

Exercise Trident Juncture 2018

This segued into the upcoming exercise Trident Juncture 2018, which is NATO's largest exercise in two decades with more than 30 ally and partner nations participating.

"Trident Juncture 18 is going to test our ability to plan and conduct a major collective defense operation. Thirty allies and partner nations providing 40,000 troops, and all the equipment that goes along with that. There is 70 ships, 120 aircraft, 10,000 vehicles involved in this," said Foggo. "And those numbers are growing every day."

Trident Juncture is designed to ensure that NATO forces and partners are trained, able to operate together, and ready to respond to any threat from any direction. NATO allies and partners routinely conduct exercises to test tactics and procedures, develop best practices and identify areas for improvement.

"Trident Juncture 18 is a valuable platform for us to work with partners and exchange best practices and work together as an alliance to address crises." said Foggo. "Collective defense has become a more prominent feature of NATO exercises due to the changes in the security landscape, particularly with regard to the illegal annexation of Crimea by Russia."

This year's exercise will be hosted by Norway and will focus on answering the call for help by a NATO ally during a simulated Article 5 scenario. In addition the exercise will include the use of Swedish and Finnish participation and airspace.

Security, Order and Prosperity In the next segment of the podcast, Foggo talked about the International

"The conference brought together

more than 100 nations and 95 heads

Seapower Symposium.

full advantage of that," he said. We are Stronger Together

the Black Sea Conference held in Naples, where Black Sea allies and partner nations came together to discuss challenges and solutions in creating a stable and secure region in the

Foggo provided context about the conference. "Adm. Johnson used to do these here in Naples in 2003-2004, bringing together leadership



MC3 Michael Chen

The Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75) conducts flight operations. Harry S. Truman will continue its deployment by conducting sustainment operations in the Atlantic.

of service. We discussed maritime strategy, ways to innovate, the best use of limited resources, amongst a host of other topics," said Foggo. "While there I was able to meet one on one with 25 different bilateral heads of services from some of the countries in Europe and many of the countries in Africa."

Chief of Naval Operations Adm. John Richardson hosted the event in Newport, Rhode Island, from Sept. 19-21. The theme of the symposium was 'Security, Order and Prosperity.' The biannual conference provides naval leaders the chance to exchange experiences, lessons learned and ideas.

"The event is really special because the symposium is a rare opportunity to have a gathering of these naval leaders, and this year the CNO programmed in a number of breaks to give us a chance to talk to our counterparts in other nations. I took

In the final segment, the topic was Black Sea.

and diplomats to have a very heavy discussion about security matters, regionally focused throughout the theater."

Senior leaders from Bulgaria, Georgia, Romania, Turkey, Ukraine and the United States discussed shared challenges and reinvigorated their mutual commitment in the re-

"The main purpose was to bring leadership together to discuss all the challenges that we face and how we can cooperate better together and identify opportunities that lead to a more stable and secure region in the Black Sea," said Foggo.

Foggo ended the segment by saying, "We are stronger together. And I think the Black Sea Symposium demonstrated that we can do this."

"On the Horizon: Navigating the European and African Theaters" is available on Sound Cloud, iTunes, Sticker.com and Spreaker.com.

U.S. Naval Forces Europe-Africa/U.S. 6th Fleet, headquartered in Naples, conducts the full spectrum of joint and naval operations, often in concert with allied and interagency partners in order to advance U.S. national interests and security and stability in Europe and Africa.

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NORFOLK NAITIVE KEEPS NAVY WING FLYING

Airman Cameron Wheeler, a 2016 Norview High School graduate and Norfolk, Virginia, native is serving in the U.S. Navy aboard Naval Air Station Jacksonville, home to the U.S. Navy's newest maritime, patrol and reconnaissance aircraft.

» See C2

| FLAGSHIPNEWS.COM | 10.04.18



30th annual Virginia Children's Festival brings a ton of FUN to Norfolk's Town Point Park

Hampton Roads' most exciting family festival is filled with more than 100 fun, creative and interactive activities that include storytelling, hands-on workshops, educational displays, cultural experiences, arts and crafts, military demonstrations, costumed characters and more! This event is designed with children 10 and younger in mind.

Here's a complete breakdown of the festival's events and activities:

Education Station

- Make your own tiara, visit the costumed dancers' dance shoe petting zoo, and enjoy performances with Ballet Virginia International.
- Performances by Evelyn Ott School of Dance.
- Enjoy performances by BellA Dance.
- Go crazy with science at the Mad Science of Hampton Roads tent doing hands on experiments with chemical reactions, dry ice and
- Watch a performance by Todd Rosenlieb Dance students and learn about the adaptive dance classes they offer!
- Enjoy demonstrations by Tidewater Fencing Club
- The Brain Balance Center will stimulate brain development through fun create move-
- Pirates from the Moody Crewe! Learn about a pirates' life at their School for Pirates!
- Stay up to date with the The Virginian-Pilot, the #1 news source for Hampton Roads.
- The Norfolk Public Library is back by popular demand ... crafts, costume meet and greets from Clifford the Big Red Dog, and the Book-
- Stop by WHRO's PBS Kid's Village to meet Nature Cat and Jet from Ready Jet Go! & have fun at their interactive environmental station!
- NEW! Walmart—offering you convenience on a busy schedule, from toys, video games to

school supplies!

- Join ODU Physics and check out a hands-on interactive physics lab.
- NEW! Make a pinwheel and color away with the Tidewater Council, Boy Scouts of Amer-
- NEW! Add color to your life and learn about becoming a foster parent with Bair Foundation.
- Plant, tree or flower? Name that smell with the VCE Norfolk Master Gardeners! • NEW! Make a bookmark and meet Myron
- Campbell, local children's book author of The Adventures of Melvin Walker.
- Create your own modern art treasures with the Virginia Museum of Contemporary Art.
- NEW! Make your own birthday party hat at the Kids Art and Crafts Tent.
- Learn about bike safety with CHDK-Unit 7C & CHKD Trauma Services.
- NEW! Giant Lawn Games!
- NEW! Chalk the Walk! Write your birthday wishes for the Virginia Children's Festival on the walkways of Town Point Park help decorate the park with your spark!

Friendship Path

- Gear up for a family road trip with Southern
- · Learn all about flying high with iFLY Vir-
- NEW! IBM—developing advances in technology to ensure a better future for our chil-
- Learn about healthy living at Holistic Family Practice.
- NEW! AAA—the history and evolution of transportation presented by the Tidewater Automobile Association of Virginia.
- NEW! Learn about how Newport News Shipbuilding is doing its part to keep the US Navy
- NEW! Stop by and meet your favorite mascot, Salty, and try on hockey gear with the Nor-

folk Admirals!

• Town Point Train Depot... CHOO CHOO!! Take a ride on the Town Point Express (\$)

Yellow Brick Road

- Enjoy free birthday face painting with Funny Faces by Julie!
- "Party like Kroc Star!" with Salvation Army Kroc Center of Hampton Roads.
- · Learn about hurricane preparedness and weather safety with JES.
- Go fishing for rubber duckies with CHIP of South Hampton Roads!
- Trains & Tracks! Lay out your track design and line up the trains with the Children's Mu-
- seum of Virginia. • NEW! Play and learn about recycling with
- Hampton Roads Recycling Perks. • Check out the sound of now with 94.9, The
- Point Radio Station.
- NEW!You work hard for your money, let ABNB Federal Credit Union teach you how to save and invest!
- NEW! Explore Dominion Energy's vision of clean and sustainable energy for the next cen-

Toddler Town

- Toys and tikes galore in a gated area for our younger festival guests! Climb, jump, run & skip in this festival playground in the Festival Baby Ball Pits! To enter, toddlers must be 3ft tall or shorter. Here you will find Gymboree.
- NEW!Stop in for a hot slice with Pizza Hut! • NEW! Enjoy random acts of freshness with Food Lion!
- NEW! TowneBankFountain Park
- Touch a Truck- Experience up close & personal views of all your favorite trucks!
- NEW! Let your energy SOAR in Inflatable

NEW! Cultural Village

- NEW! Enjoy crafts, music and a potato patch
- with Irish in Virginia!
- NEW! Learn about Norway and make a craft

- with Sons of Norway Hampton Roads.
- NEW! Learn Chinese with the Tidewater Chinese School!
- NEW! Examine authentic Chinese tri-colored glazed pottery with the Old Dominion University Chinese Association.
- NEW! Explore traditional Bahamian Rake N' Scrape instruments with the Rhythm N' Youth performance group!
- NEW! Enjoy performances on the International Stage by the Eastern Virginia Chinese American Association!
- NEW! See and learn about traditional Chinese artifacts with First Chinese Baptist Church.
- NEW! Brush up on your Chinese calligraphy and art with the Organization of Chinese Americans-Easter Virginia Chapter.
- NEW! Enjoy a cultural performance by the Norfolk Chinese Baptist Church.

NEW! International Stage

10:30am New! Rhythm N' Youth

11:15am New! OVA-EVC Chinese Fashion Qipao Show

11:30am New! Tidewater Chinese School Youth Orchestra

11:45am New! Tidewater Chinese School Guzheng Performance

12:15am New! Tidewater Chinese School Mother & Children Dance Teams

12:40pm New! Eastern Virginia Chinese American Association

1:00pm New! Rhythm of Ireland

1:30pm New! Jow Ga Kung Fu Chinese Drag-

on Performance

1:45pm New! Rhythm N' Youth

October 6, 2018 **Town Point Park, Downtown Norfolk** Waterfront, Virginia 10 a.m. — 3 p.m. \$5 Admission (Infants age 1 and under are free)

From Hunt Club Farm

Join the motley cast of characters for WICKED WHISPERS, as Haunted Hunt Club Farm celebrates 30 years of HAUNTING Coastal Virginia! The festival features three main attractions - the Haunted Hayride, Village of the Dead and Field of Screams for this year's scare-fest! This Festival of Fear includes Carnival Rides, Concessions & Nightly Entertainment.

The festival's most-screamed about attraction, the Haunted Hayride, will take you on a voyage on a slow-moving, spine-tingling tractor pulled Hayride through the dark woods of Haunted Hunt Club Farm. Unprotected from the elements and all the things that go "bump" in the night, daring riders will experience theatrical displays by dozens of freakish inhabitants that lurk in the woods and along the narrow, winding path and an old decrepit old barn.

Legend has it, this area was the breeding ground for an ancient coven of witches. The town folk claimed the witches hid in the dark forest and used black magic, potions and spells to enchant animals, dolls and other tempting objects in order to lure children and even adults into their deadly world of evil. The few who escaped claimed they had heard whispers echoing through the woods. Wicked Whis-

Of course, there's also the terrifying, Field of Screams. . .

A deep, dark cornfield — that will lead you through a maze of Enchanted Witches and Creatures who like to get up close and personal with thrill-seekers desperately trying to find their way through the puzzling corn field maze. An ancient coven of witches has taken up residence deep inside the cornfield. The witches have conjured the assistance of tortured spirits and enchanted inanimate objects throughout the dark maze to assist them with their devious plan. On the Eve of the Full Harvest Moon, a pathway shall be opened and all who enter the corn through Halloween night will fall prey to the Circle of the Silver Queen. No one is safe from the power of this coven. All who enter will be robbed of their energy ensuring the witches 10 more years of youth, power and control. Beware of the whispers in the Field of Screams!

Village of the Dead. . . The witch coven having grown



tired of the whispered gossip and innuendos cast a spell upon the villagers bringing all their wicked secrets to life. One by one the villagers have fallen victim to the powers of the witch and her henchmen. Together they bring all their falsehoods to truth. Listen closely for the WICKED WHISPERS!

The inhabitants of the Village of the Dead will try to convince victims — ahem, we mean visitors — to become permanent residents - We urge you to walk carefully through this medieval village within the woods as you will never know what Is lurking around the next corner.

Tickets are on Sale online or at our Box Office nightly.

Haunted Hunt Club Farm is located at

Hunt Club Farm

2388 London Bridge Road Virginia Beach, VA 23456

For a complete list of events in Hampton Roads or to submit your own, visit www.flagshipnews.com/calendar

NSAHR Craft Beer & Oyster Fest

Oct. 4. 2–6 p.m. \$25 BeerFest or \$19

Non-alcohol – each ticket includes all you can eat.

■ Sewels Point Golf Course, 660 Ruthven Rd.,

Norfolk. Bldg. CA-99 **T** 757-444-0347

NSAHR Headquarters MWR presents the 2018 Craft Beer & Oyster Festival. Join us on October 4 from 2 to 6 p.m. for great food and beverages. There will be live entertainment including performances by Kaboombox, craft beer truck, oysters, whole roasted pig, mashed potato bar, beer tasting, cornhole, caricature artist and more.



FM99 presents Trivium, Avatar, and Light The Torch at The Norva

- Oct. 6. 7:30 p.m. \$23 advance, \$27 day of show
- The Norva, Monticello Ave., Norfolk, Va.
- www.thenorva.com

Metal mavens, Trivium return to The Norva in support of their 6th album, Vengeance Falls. Opening the show are Avatar and Light The Torch.

Steven Curtis Chapman at Sandler Center for the Performing Arts

- Oct. 6. 8 p.m. \$75.75–\$29.75
- Sandler Center for the Performing Arts, Performance Hall. 201 Market St., Va. Beach.
- www.sandlercenter.org

Steven Curtis Chapman is an American Christian music singer, songwriter, record producer, actor, author, and social activist. After starting his career in the late 1980s as a songwriter and performer of contemporary Christian music, Chapman has since been recognized as one of the most prolific singers in the genre, releasing over 20 albums. Chapman has also won five Grammy awards and 58 Gospel Music Association Dove Awards, more than any other artist in history.

Free Drive-Thru Flu Shots

- Oct. 6. 8 a.m.–Noon. Free.
- Sentara locations across Hamtpon Roads: Sentara Va. Beach General, Independence, Princess Anne, Sentara Leigh, BelleHarbour, St. Luke's, Obici, Port Warwick, Medical Arts, Gloucester Medical Arts.
- www.sentara.com/flushots

Flu season is almost here and Sentara wants you to have quick, convenient access to get your flu shot. As the single best way to prevent the spread of flu, ten of our Sentara Hampton Roads locations are offering flu shots administered by a trained clinical team.



Courtesy Marcus Holman/Lucky Break PR

JT Walk and Beach Party

- Oct. 7, 9 a.m. registration at Neptune Park, \$30
- donation adult, \$20 dontation 16 & under
- Va. Beach Oceanfront
- www.jtwalk.org

The JT Walk & Beach Party, presented by The Virginia Gentlemen Foundation, celebrates 11 years of food, fun, and friends-all for charity! The lineup includes live entertainment featuring local favorites BuckShot, Cheap Thrills, Guava Jam, and BJ Griffin & the Galaxy Groove, a \$10k treasure hunt, bounce houses, and more for the whole family.



Photo by Harry Gerwien

The 2018 Navy Ball is approaching!

■ Oct. 13. TICKETS ON SALE NOW

E6 & Below: \$50 O1-O4/CWO/E7-E9: \$70

O5-O6: \$80

O7 & Above/SES: \$90 Retiree/Other DoD/Civilians: \$90

- Virginia Beach Convention Center, 1000 19th
- St., Va. Beach
- www.militarynews.com/navy-ball/ Follow "Register" link to purchase tickets

The Flagship Inc. invites you to attend the 2018 Hampton Roads Navy Ball. Join us on Saturday, Oct. 13, at the Virginia Beach Convention Center for this time honored tradition. Seating is limited and will be sold on a first-come, first-served basis.

Calendar Community

■ Submit YOUR events, news and photos

The Flagship welcomes submissions from our readers online.

Please submit **events** here: www.militarynews.com/users/admin/calendar/event/

Please submit **news** and **photos** here: www.militarynews.com/norfolk-navy-flagship/submit_news/.

Norfolk native keeps **Navy wing flying**

By MC1 Jerry Jimenez

Navy Office of Community Outreach

JACKSONVILLE, FLA.

A 2016 Norview High School graduate and Norfolk, Virginia, native is serving in the U.S. Navy aboard Naval Air Station Jacksonville, home to the U.S. Navy's newest maritime, patrol and reconnaissance aircraft.

Airman Cameron Wheeler is a Navy aviation mechanic serving with Commander, Patrol and Reconnaissance Wing 11 (CPRW-11).

A Navy aviation mechanic is responsible for maintaining various aircraft and ensuring they are mission ready.

"My favorite part of my job is the personalities around the shop and the spirit that goes along with them," said Wheeler. Wheeler credits success in the Navy to many of the lessons learned in Norfolk.

"I learned to not wait to get things done," Wheeler said.

The P-8A Poseidon is a multi-mission aircraft that is replacing the legacy P-3C Orion. Those who fly in the P-8A hunt for submarines and surface ships as well as conduct intelligence, surveillance and reconnaissance missions.

The P-8A operates with a smaller crew than the P-3C, and it also delivers an extended global reach, greater payload capacity, and higher operating altitude. It also has an opensystems architecture with significant growth potential.

According to Navy officials, there are more than 15 Navy patrol squadrons in the U.S. and eight of those squadrons belong to Wing Eleven, headquartered in Jacksonville, Florida. This means that those who serve here are part of the first "Super Wing" in Maritime Patrol and Reconnaissance history, ready to deploy and defend America and allies around the world.

Wing Eleven recently added the Navy's newest squadron to its arsenal: Unmanned Patrol Squadron Nineteen (VP-19), flying the MQ-4C Triton Unmanned Aerial System (UAS). The P-8A and MQ-4C will serve as the future of the Maritime Patrol and Reconnaissance Force, according to Navy

When asked about his plans following his assumption of command ceremony in June, Capt. Craig T. Mattingly, Commodore, Patrol and Reconnaissance Wing 11 said, "Our



MC2 Theodore Quintana

focus will be to take care of our most precious assets, the men and women of (Wing Eleven). We will sustain current readiness of our P-8A squadrons and reserve P-3C squadron while incorporating the MQ-4C Triton into the maritime patrol and reconnaissance force."

Though there are many ways for a sailors to earn distinction in their command, community, and career, Wheeler is most proud of completing his training to achieve his current

"Growing up I didn't think I would be able to achieve all that I have," Wheeler said.

As a member of one of the U.S. Navy's most relied upon assets, Wheeler and other sailors know they are part of a legacy that will last beyond their lifetimes, one that will provide a critical component of the Navy the nation needs.

"To me, serving in the Navy means being courageous," Wheeler said. "It means being one step ahead of where you're supposed to be and always being ready to do what



From Statepoint

With consumer debt on the rise and many failing to adequately save for the future, experts say that financial illiteracy is a major problem for Americans — and one that communities and parents have a joint responsibility to address, starting in childhood. And right now, most children are coming up

Over 62 percent of the 15- to 18-year-olds tested by the National Financial Educators Council received either a "D" or "F" on the 2017 National Financial Literacy Test. Without intervention, these young people could grow up without the skills needed to manage credit cards, loan debt or savings

If you're a parent, you've likely already instilled in your children the importance of good grades and healthy decisions, but if you aren't also discussing concepts like overall saving, budgeting and the importance of having an emergency fund, now is the time to start. Children are never too young to learn skills needed for a secure financial future. To get started, consider these tips:

- Teach young children money basics by playing "store" at home. Take turns being the customer and the cashier. Play board games involving money exchanges to practice addition and subtraction.
- Give children an allowance and help them create a budget. Stress the difference between needs vs. wants to help them make smart decisions when it comes time to shop for clothes, school supplies, toys and more.
- money they sock away so they'll learn how invested money • Encourage teenagers to get part-time jobs, then help them

make smart decisions about how to allocate their income,

• Offer children incentives to save, promising to match any

whether that's saving for big-ticket items, putting money away for college or donating to charity.

• Review free, online financial education materials together that are geared for school-age children, such as those found at PurchasingPower.com and JuniorAchievement.org.

"Purchasing Power has been helping adults learn to manage their money in smarter, more flexible ways for years," says Richard Carrano, Purchasing Power CEO. "Expanding these efforts to include resources for young people empowers parents to put their kids on the right path in their formative years."

· Seek out community initiatives helping to combat financial illiteracy. For example, Purchasing Power, LLC, a workplace voluntary benefit that allows US workers to buy brand-name products and services interest-free through payroll deduction versus traditional high-interest credit options, partners with Junior Achievement USA, an organization dedicated to giving young people the knowledge and skills they need for economic success. In Atlanta, for example, more than 30,000 middle school students visit the Junior Achievement Chick-fil-A Foundation Discovery Center yearly, where they work with business leaders to learn about real-life financial situations. Together with Junior Achievement, Atlanta corporations including Purchasing Power are supporting a generation that knows how to budget, save and invest.

"Financial illiteracy and confusion over money matters is a national problem that won't be solved overnight," adds Carrano. "However, families, employers and communities can take proactive steps to raise money-smart kids and foster healthy financial futures."

Children are never too young to learn how to spend responsibly and save for the future. Get started now in your

Sports

By Jonathan McLarty

this past June, Vanguard Championship Wrestling (VCW) will present a Steel Cage Match tober 6. "A Nightmare on Granby Street" will momentum for the Heartthrob. emanate from Norfolk Masonic Temple.

victory and added to the losing streak of Scott. At VCW's Peanut City Showdown 3 event in August, Scott returned to his winning ways by defeating former World Wrestling Entertainment (WWE) Superstar Jack Swagger via a low blow that went undetected by referee Brian Hebner. As both Burke and Scott have highprofile wins as of late, this steel cage match will determine the number one contender to compete for Billy Gunn's VCW Heavyweight Championship. VCW fans have been clamorit last made an appearance in 2012.

2018 Liberty Lottery winner "The Latin Heartthrob" Gino. With his Lottery victory, Gino has a championship opportunity of his choosing that can be claimed within a 12 month pe-

early stages of his career, Austin has competed In a rematch from their exciting encounter in Combat Zone Wrestling (CZW) and has also appeared on WWE's 205 Live program. Gino's future title opportunity will remain inbetween "The Pope" Elijah Burke and "Mr. tact no matter the outcome of this match, but Xcellence" Brandon Scott on Saturday, Oc- a victory over Austin would certainly create

In a four-way contest, VCW United States In their past encounter, Burke picked up the Liberty Champion Phil Brown will defend his title against Irvin Legend, Colby Corino, and the returning "Mr. Mid-Atlantic" Damien Wayne. Brown and Wayne have crossed paths on multiple occasions in VCW, though the wild cards of Corino and Legend potentially walking away with the title could lead to a difficult night at the office for the current champion.

At Peanut City Showdown 3, the team of Roc Richards and Maxx Morrison (Noise Pollution) defeated The Hell Cats and Simply Safe-ish to become the number one contenders ing for a steel cage match at the Temple since to the VCW Tag Team Championships. Current champions "The Vampire Warrior" Gan-Another individual who may have sights set grel and Kevin Thorn, in their first defense, on the VCW Heavyweight Championship is will take on Noise Pollution on October 6. Gangrel and Thorn had a quick and decisive victory over then-champions The Hell Cats in July to obtain these titles. This will be Noise Pollution's biggest VCW match to date and riod from this past July. As Gino continues to they are hoping to get the upset victory. For keep his plans close to the vest, he will be fac- the other two teams that did not advance to the ing off with newcomer Ace Austin. Still in the upcoming tag team title match, Simply Safe-



ish and The Hell Cats will face off in Norfolk Granby Street in Norfolk. Advanced tickets to help solidify their standings in VCW's tag for the event and that evening's meet-andteam division.

The Sanctuary, currently consisting of Timmy Danger and Travis Vex, will compete their sister promotions can be streamed online against The Golden Pinky Society (Benjamin via the VCW Network. Full details on the free Banks and "Diamond" Victor Griff) on October 6. The Sanctuary, with manager Neil Sharkey at ringside, have proven to be a dangerous faction in their recent VCW outings. Always for The Flagship, as well as a local sports and on the hunt for new recruits, you can never be event photographer. Connect with him on Twitcertain who will be competing on behalf of ter (@JonathanMcLarty) and view his photog-The Sanctuary.

Norfolk Masonic Temple is located at 7001

greets can be purchased at VCW-Wrestling. com. Additionally, past events from VCW and trial and subscription process can be found on VCW's official site.

Jonathan McLarty is a contributing writer raphy at McLartyPhoto.Zenfolio.com

RMY VS. NAVI

FROM SANDRA PARKER

Rear Admiral Bill Zobel, USN, retired taking a shot during the competition.

Dick and Betty Binford. Both played for the Air Force team, but Dick is a Naval Academy graduate and his heart is true to Navy.





Navy team holds up their trophy. Navy has won the competition 5 of the last 6 years!)



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BACK TO BASICS: The importance of real grass

From brandpoint

Well-maintained outdoor spaces increase curb appeal and can bolster property values. They inspire kids' imaginations and support healthy play. They make a homegrown neighborhood hangout, ideal for spending time together.

Whether you're a first-time homeowner or hot looking for ways to improve your lawn maintenance skills, RISE (Responsible Industry for a Sound Environment) is sharing the benefits of real grass, and why you should grow some, too: Healthy kids need healthy outdoor spaces to

Nothing brings loved ones together like a grass yard. Your yard and the green spaces around your home are an invaluable extension of playtime, exploration and memory making. According to the USDA, kids and teens should be active for at least one hour every day. When kids get out and play, they not only spend valuable time together, but research shows physi-

cally active children achieve 40 percent higher

Real grass places to play boost property val-

Real grass yards make a great first impression for home buyers and are often a differentiating factor from other homes. Beyond curb appeal, a well-kept lawn transforms your backyard into a neighborhood hangout and an invitation for families to enjoy the outdoors. Desirable public parks and other recreational spaces can boost property values of nearby homes by

Grass keeps it cool when temperatures get

Real grass makes for the coolest yard on the block, literally! Whether you're throwing the Frisbee with your neighbors, playing fetch with the kids, real grass is an always-cool surface to run and play on, especially when summer temperatures rise above 85 degrees.

A well-maintained lawn is a point of pride Green, trimmed and weed-free lawns create homeowner pride. While maintaining a cleancut lawn may seem like a lot of time and effort, we've simplified upkeep into three easy-tofollow steps.

■ Prevent. The best way to manage lawn ease problems.



Brandpoint image

your furry friend or kicking the soccer ball with care issues is to stop them before they start. Take a proactive approach to caring for areas of your yard that could invite problems.

> game-plan, make sure you understand common with your time, expertise and situation to problems. For example, do you have brown or dead patches on your lawn? Certain grass varieties may require specific upkeep. Once you possibility. A place to escape screen time, play understand your grass type, you can grow a with loved ones and enjoy time together outhealthy lawn and troubleshoot lawn and dis-

■ Solve. This step depends on the problem you're trying to solve. Are grubs eating your roots? Is a weed out-competing your grass? ■ Find. Before you choose a lawn care Adopt a combination of solutions that aligns achieve success.

> Real grass spaces provide a blank slate of side. Visit www.debugthemyths.com to learn more and join the conversation.

From Brandpoint

What entertained you in the 90's? Was it the last episode of Seinfeld? The first episode of Friends or big, exciting adventure films like Titanic, Saving Private Ryan or Armageddon? Maybe you remember something else, and no, we don't mean heading out to the mall in your flannel, your overalls, and your jelly shoes.

Twenty years ago, the world was introduced to a fun, fiery young dragon named Spyro. Spyro(TM) the Dragon was a first-of-its-kind gaming experience in the 90s, and now the video game icon is making a comeback in a big way on Nov. 13 with the Spyro(TM) Reignited Trilogy. Now fans who fell in love with him two decades ago, as well as a whole new legion of fans, can get ready to soar in a wild, fully remastered gaming adventure.

A new spin on a classic character

In Spyro's first appearance, fans were introduced to a happy, young purple dragon determined to free his fellow dragons imprisoned by his foe, Gnasty Gnorc.

Re-imagined from the ground up by developer Toys for Bob, the Spyro Reignited Trilogy collection includes the three games that started the phenomenon: Spyro(TM) the Dragon, Spyro(TM) 2 Ripto's Rage! and Spyro(TM) Year of the Dragon.

The fun and nostalgic gameplay that fans re-

member is packed with more than 100+ levels, remastered with breathtaking graphical updates and improved gameplay controls. This winter, players can relive their favorite memories and create new ones as they get acquainted with Spyro's gang of zany dragons and other goofballs including Sparx the Dragonfly, Hunter, Sheila, Agent 9 and Sgt. Byrd.

"We're deeply passionate about staying true to the legacy of the original three Spyro games with the Spyro Reignited Trilogy," said Paul Yan, co-studio head at Toys For Bob. "We've poured a lot of love into making the personalities and worlds feel just like fans remember them, while also keeping the game collection surprisingly fresh with lush, high-definition detail. We're bringing back the Spyro we all fell in love with 20 years ago."

fun Spyro facts now!

Fast Spyro facts

Twenty years is a long time, so to help you get re-acclimated with the world's favorite you probably never knew about Spyro.

1. His original name was Pete. Yep, Pete. A certainly sets him apart.



Can't wait until Nov. 13? Check out some his color to purple so he wouldn't blend into Now, the team for Cliff Town was inspired by the grassy background, and the color change Star Wars, and numerous others were devotees helped give him his defining look.

3. His glide is literally rocket science. To ensure Spyro had an authentic glide, the team only character coming back to the Spyro Remighty purple dragon, here are a few fun things hired a NASA rocket scientist who used his ignited Trilogy. Ripto's Rage introduced new training in flight control to inspire the glide.

4. Iconic film inspiration. Each level in Spyfine name to be sure, but the switch to Spyro ro was given a theme as the production team the Kangaroo; Sgt. Byrd; Bentley the Yeti; and wanted them to feel different from each other. 2. He was originally going to be green. But did you know they took their inspiration be back and, in some cases, playable. Yes, just like the name Pete, a green dragon is from the movies? The Beast Makers Hub pro-

of the Indiana Jones series.

5. He's bringing his friends. Sparx isn't the characters including Hunter, a cheetah; Elora, a faun; The Professor, a mole; Zoe, a fairy; Sheila Agent 9. Thankfully, all of Spyro's friends will



THE WORLD OF DANCE LIVE TOUR IS BACK **BIGGER AND BETTER**

By Yiorgo

The wildly popular summer smash hit series on NBC known as World of Dance has announced its second annual touring spectacular, The World of Dance Live Tour and SevenVenues is delighted that we here in Norfolk, VA will be their 4th stop of this amazing 29-city tour.

The show features the best dancers from across all genres incorporating both local and national talent and offering breathtaking dance skills, which represent the spirit of originality, expression, and dedica-

The engaging and interactive 90-minute show includes the hottest stars from the television show as well as dance icons from YouTube.

This tour brings "World of Dance" to life, attracting some of the most celebrated dancers and fans from across the globe, crossing boundaries, and bringing people of all ages and backgrounds together through the universal language of dance.

The first three extraordinary performers already announced for the Tour include: Michael Dameski, Charity and Andres, and BDash and Konkrete, with more of the shows' superstar talent to be announced

MICHAEL DAMESKI: When Michael was six years old, he entered his first dance competition "The 2001 Australian Dance Idol" Program, and without any formal dance training, placed in the top ten. Now 22 years of age and residing in Sydney, Australia, he loves the Contemporary style of dancing. In 2008 Michael starred as Billy in the musical "Billy Elliot" on Broadway, and he later went on to win "So You Think You Can Dance" in Australia.

CHARITY AND ANDRES: This dynamic 17-year-old duo has been dancing together in their contemporary style since they were eight years old as ballroom dance

partners. Charity and Andres share more than just a love of dance- they come from parallel backgrounds, as their mothers both own dance studios less than 20 miles away from each other.

BDASH AND CONCRETE: Are 27 and 29 year old krumpers who have taken the wildly popular street style of dance and com-

bine it with choreography to create a unique style that has never been seen before on the "World of Dance" stage.

The World of Dance Live Tour is a live interpretation of the TV show "World of Dance", NBC's hit dance competition series. The 16-episode series gives dancers the platform to showcase their talents and the opportunity to receive a life-altering grand prize of \$1 million.

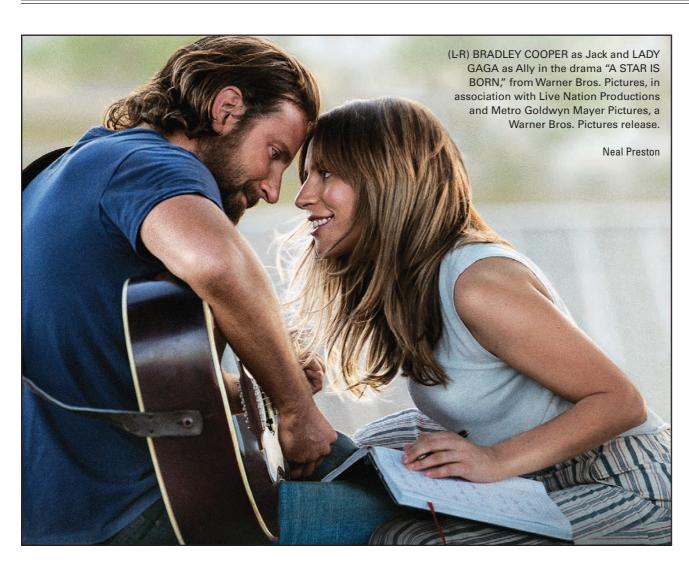
The fans attending have the opportunity to also purchase ticket packages that include special talent meet and greet and autograph sesCourtesy World of Dance

The tour is produced by World of Dance, the premier brand in dance entertainment. World of Dance is the world's largest dance entertainment enterprise. It began in 2008 as a single event and is now a continent-spanning, tour de force of human spirit and sick dance moves, encompassing a #1 TV show, a #1 YouTube network, and two live worldwide tours. The World of Dance Championship Series attracts YouTube stars, industry icons, and tens of thousands of fans to events in more than 30 countries, spanning the U.S., Europe, South

America, and Asia. The inspiring performance videos captured from these events have driven more than one billion views online. No language barriers. No animosity— just pure, awe-inspiring movement.

For tickets and more info go to www.sevenvenues.com/events/detail/world-of-dance-live-tour

Yiorgo is a Hampton Roads arts, entertainment and sports writer. A stage, TV and movie actor, he is also an educator, motivational speaker, writer, storyteller and columnist.



theaters

A STAR IS BORN (R)

In this new take on the tragic love story, Bradley Cooper plays seasoned musician Jackson Maine, who discoversand falls in love with—struggling artist Ally (Gaga). She has just about given up on her dream to make it big as a singer... until Jack coaxes her into the spotlight. But even as Ally's career takes off, the personal side of their relationship is breaking down, as Jack fights an ongoing battle with his own internal demons.

SMALLFOOT (PG)

A smart young yeti encounters a stranded human mountaineer, creating chaos amongst his small village of disbelievers. Desperate to prove the existence of the "smallfoot", he sets out to find the mountaineer and bring an end to the debate once and for all.

THE HOUSE WITH A CLOCK IN ITS WALLS (PG)

Ten-year-old Lewis goes to live with his uncle in a creaky old house that contains a mysterious ticktock noise. When Lewis accidentally awakens the dead, the town's sleepy facade magically springs to life with a secret world of witches and warlocks.

FAHRENHEIT 11/9 (R)

Michael Moore's "Fahrenheit 11/9" is a provocative and comedic look at the times in which we live. It will explore the two most important questions of the Trump Era: How the f**k did we get here, and how the f**k do we get out? It's the film to see before it's too late.

LIFE ITSELF (R)

As a young New York couple goes from college romance to marriage and the birth of their first child, the unexpected twists of their journey create reverberations that echo over continents and through lifetimes.

NIGHT SCHOOL (PG-13)

Teddy Walker is a successful salesman whose life takes an unexpected turn when he accidentally blows up his place of employment. Forced to attend night school to get his GED, Teddy soon finds himself dealing with a group of misfit students, his former high school nemesis and a feisty teacher who doesn't think he's too bright.

LITTLE WOMEN (PG-13)

Sisters—and dreams—are unique in their ability to inspire, encourage and change the world. For 150 years, Louisa May Alcott's Little Women has motivated women of all ages to dream together and celebrate family. Coming to theaters for the first time, a modern retelling of Little Women brings a new generation together with their mothers, sisters and friends. From girls playing in the attic to women living with purpose, the March sisters-Meg, Jo, Beth and Amy-are committed to always supporting each other. Yet, growing up sometimes means growing apart. An aspiring writer, Jo leaves for New York determined to publish a novel. In the wake of rejected draft upon draft, her editor challenges Jo to write about something more interesting—her family. When tragedy brings the sisters back home, sticking together takes on new meaning. As Jo comforts her sick sister, Beth asks for one thing: a story. Jo knows the perfect one ... by heart.

HELLFEST (R)

On Halloween night, three young women and their respective boyfriends head to Hell Fest -- a ghoulish traveling carnival that features a labyrinth of rides, games and mazes. They soon face a bloody night of terror when a masked serial killer turns the horror theme park into his own personal playground.

MY HERO ACADEMIA: TWO HEROES (PG)

Deku and All Might receive an invitation to I-Expo, The World's Leading Exhibition of Quirk Abilities and Hero Item Innovations. Amid the excitement, Deku meets a girl who is Quirkless, just like he once was. Suddenly, I-Expo's Top-Of-The-Line Security System gets hacked by villains and a sinister plan is set in motion. It's a serious threat to Hero Society and one man holds the key to it all.

THE SISTERS BROTHERS (R)

It is 1851, and Charlie and Eli Sisters (Joaquin Phoenix and John C. Reilly) are both brothers and assassins, boys grown to men in a savage and hostile world. They have blood on their hands: that of criminals, that of innocents... and they know no state of existence other than being gunmen. The older of the two, introspective Eli (Reilly) rides hard with his younger sibling yet dares to dream of a normal life. The younger of the two, hard-drinking Charlie (Phoenix) has taken charge with gusto as lead man on the duo's assignments. Each increasingly questions, and quibbles with, the other's methods. The Sisters brothers find themselves on a journey through the Northwest, bringing them to the mountains of Oregon, a dangerous brothel in the small town of Mayfield, and eventually, the Gold Rush land of California — a journey that will test the deadly family ties that bind. But, can it also be the path to rediscovering what remains of their humanity?

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Courtesy Lakeshore Entertainment

Five years after her husband and daughter are killed in a senseless act of violence, a woman comes back from selfimposed exile to seek revenge against those responsible and the system that let them go free.

JEB Little Creek, Gator Theater - 462-7534

Friday, October 5

6 p.m. Peppermint (R) 9 p.m. The Nun (R)

Saturday, October 6

1 p.m. Searching (PG-13) 4 p.m. Alpha (PG-13) 7 p.m. Peppermint (R)

Sunday, October 7

1 p.m. Crazy, Rich, Asians (PG-13) 4 p.m. Happytime Murders (R) 7 p.m. Mile 22 (R)

NAS Oceana, **Aero Theater** – 433-2495

Friday, October 5

6 p.m. Peppermint (R) 9 p.m. A Simple Favor (R)

Saturday, October 6

12 p.m. Alpha (PG-13) 3 p.m. Crazy, Rich, Asians (PG-13) 6 p.m. A Simple Favor (R)

Sunday, October 7

12 p.m. Searching (PG-13) 3 p.m. The Nun (R) 6 p.m. Peppermint (R)

Schedule is subject to change. For your weekly movie showtimes and more, check out the Navy Mid-Atlantic Region MWR website at discovermwr.com.

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Announcements

\$ COIN SHOW \$ Oct 6 & 7 - VA Beach Convention Center, 1000 19th St, Sat 9 - 5 & Sun 9 - 4. FREE Admission. Free stuff for kids. Educational displays, Admission: Free start for Mice. Educational displays, Buy Sell & Appraisals, US Foreign & Ancient Coins, Confederate, Fractional Currency, US & Foreign Mon-ey, Numismatic supplies. ANACS on site for authen-tication and grading. www.tidewatercoinclub.org.

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Va. Beach Fri., Oct. 5, 9 AM-3 PM Sat., Oct. 6, 9 AM-3 PM Antique butler's desk, walnut secretary bookcase, linen press. chests, quality furnishings throughout house, leather chairs, sterling silver, antique slot machine, art work, high-boy, 4 poster beds, Oriental rugs, small

wares, kit. ware, garage items. Cashor Check. For info, Kenny Keeter 757-718-2464. **ESTATE SALES**

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Flea Markets/Bazaars

CRAFT SHOW Oct. 13 Indian River Middle School 9a-3p VENDORS WELCOME. HUGE variety of jewelry, clothing, handmade decor, food & MORE.

FALL CRAFT SHOW October 13th, 9am - 4pm; Great Bridge H.S.; 301 W. Hanbury Rd. Chesapeake.

Holiday Craft Bazaar - Crafters Needed Saturday, November 10, 2018 - 9am-3pm Courthouse Community United Methodist Church 2708 Princess Anne Road, Virginia Beach 23456 Interested? Jessica Bueno at 757-880-1662 or via email at jessicabueno@verizon.net.

Olde Towne Antiques/Flea Mkt: Oct. 6, The Annual Willoughby Civic League

Flea Market will be held Oct. 20. Rain date Oct. 27 at the Ocean View Fishing Pier. To reserve a space complete the online registration form at www.willoughbycivicleague.com. Contact Lea Ann Ewell at willoughbycivicleague@gmail.com or call 757-285-288.

Garage Sale - Chesapeake GREAT BRIDGE GIGANTIC INDOOR YARD SALE

Saturday, October 6 (8:00AM-2:00PM) Hosted by United Methodist Women Great Bridge United Methodist Church, 201 Stadium Drive, Chesapeake, VA- Household Items, small appliance, linens, clothing, toys, books,tools,furniture (CASH ONLY)

Hampshires at Greenbrier Condos Community Garage Sale, Fri., Oct. 5 & Sat., Oct. 6, 8-3 PM. Kempsville & Volvo Pkwy.

Garage Sale - Portsmouth Church of the Resurrection 3501 Cedar Lane Har-vest Craft and Gift Show. Includes Huge White

Bake Goods and Delicious Hot Food Items

Garage Sale - Suffolk

FAITH LUTHERAN CHURCH Semi Annual Stuff Sale. Sat., Oct. 6, 8 AM-noon. Rain or Shine 2730 Bridge Rd., Rt. 17. All kinds of stuff, clothing decor items, kit., electronics, furn, toys, sports tools, media items & lots of BOOKS. All at great prices, proceeds benefit Youth Ministry Programs Plus check out our Pumpkin Patch.

SUFFOLK LARGE COMMUNITY YARD SALE within Burbage Grant Subdivision- off Respass Beach Road. Sat. 10/6 from 8am - 3pm. Rain date 10/13

Garage Sale - Virginia Beach **Courthouse Estates Community Yard Sale 10/6** 8-2 Large community!

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Harley Davidson 2007 StreetGlide Excellant condi ion, many accessories, well-maintained, garage kep books new, Must see - \$9,800, 757-572-0565, dbar

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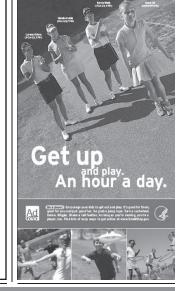
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n and Ga

unthinkingly

informally

good dog

102 "I — Sav No"

(show tune)

topped chip

101 18-wheeler

103 Cheese-

104 Help to do

wrong

106 Jiggly treat 108 Real heel

answer

118 "Seinfeld"

117 Stop, legally

gal pal 119 Via E! or FX

120 Will concern

121 Prison boss

122 Harmful flies

113 Riddle's

111 Torino locale

riddle

Super Crossword THE MIDEAST

90 "I'm — loss" ACROSS 45 Ending for 91 Bikini part 1 Seasoned baron 46 Plum seaman, slangily 8 Trees that lookalikes 47 Diner cuppa 49 Warms up, 93 End of the vield a chocolate as leftovers 53 Riddle substitute 100 Cry to a

60 Neighbor of

farewells

Aparicio

"Hee Haw"

"Hee Haw"

67 A fire sign

fastener

Goulding

62 Italian

- 14 Entry part 3 20 Muckety-59 Fighter with Fidel muck
- 21 Spain and Egypt 61 Retina locale Portugal. collectively 22 Produce 23 Start of a
- riddle 63 Baseballer 25 There since birth 26 Zeta-theta 65 Clark of 66 Original
- 27 Longtime name in gas "— Three 28 "
- 70 Threaded Lives" ('50s 71 Pop singer TV series) 30 Sri Lankan 73 Gunky stuff language 33 Toothpaste

23

26

42 46

100

103

111

117

120

- 76 Ph.D. endorsing 34 Big and
- 36 Riddle, part 2 42 Small Aussie 84 Domain parakeet 43 Variety 85 11 hours before noon 44 Small, fo 87 Lead-in to short Magnon
- hopeful's test 77 Riddle part 4 83 Pedal for a floor loom
- **74** Perm parlor DOWN 1 Boy of Mayberry 2 Place for hav 3 "A little dab'll
 - 4 "Shameless" airer, briefly 5 Aladdin's monkey pal 6 City in Wyoming

7 Big Apple 40 Writer Paton opera house militarily

(Ďarth

12 Sch.

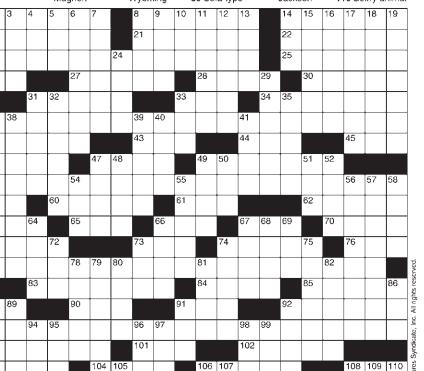
Vader's

- 41 Grades K-12 47 Karate relative 9 "Peek- -, 48 "Scram!" see you!" 49 Light units
 - 50 Vegas-to-Denver dir. **51** Tic- — -toe board 52 Peeved state
- grandson) 11 Tater Tots 54 "— Mutual Friend" locale with 55 Football's microscopes 56 Ensnarl
- 13 In no danger 14 Foe of 57 Concert Spinks itinerary 15 NBA position detail 58 Bone: Prefix 16 Rabbinical mysticism 59 Musical 17 Descendant score
- symbol 18 Bowling 64 River buildup aims 19 Having only 66 Manage daughters 67 Not on time 24 Skye of films 68 Lioness in 29 Bad boy in "Born Free"
- 'The Omen" 31 Raced in a lovely! certain sled 32 Big IT company 74 Singer 33 Biblical boat 75 Political 35 Eastern rice dish
- McLachlan columnist Peggy 36 Half a fl. oz. 37 Hilo dance **78** 1954-77 38 "Modern defense gp. 39 Sofa type Jackson

- 80 Hard cheese 81 Singer
- 82 Not fitting 86 Labor Day,
- e.g.: Abbr. 87 Whodunit poison stuff 88 Goes
- around 89 One rejected 91 Seek alms 92 Cincinnati citizens, say
- 94 Mexican bloom 95 Certain reed player 96 Ring of the
- 97 Build-ityourself auto 98 Rights group, for
- 99 Actor Lyle or actress Nita 105 Percolate 106 Mrs. Jetson 107 IdvIlic

short

- 73 Hair stiffener 108 Airport waiters?
 - 109 Fit for the **110** Hair colorers
 - 112 Gobbled up 114 Lad or lass Sister of Tito 115 Road hazard 116 Belfry animal



Sudoku

3				9				6
	7		8				3	
		4			1	5		
		1	2	8				7
6				7		8		
	2				3		5	
	3		9			1		
5				6				9
		2			5		7	

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: Q equals N

QZJPDN LQD DVMOR GNDRVDT

RLQA CPLZS C MDNT NDGZVROMD

GDNRLQ: "CND TLZ VLCSYRLJD

SLQOAYS?"

Last week's CryptoQuip answer

I don't like to bad-mouth metalworkers because I think people should respect their welders.

last week's answers

118

121

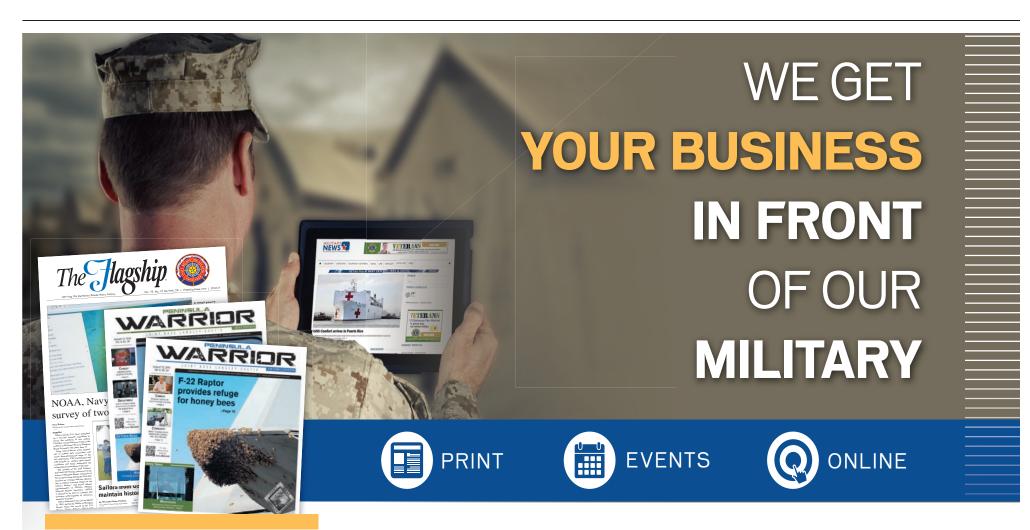
M	Τ	S	L	Ε	Α	D		D	Е	Α	R	Т	Н		U	R	В	Α	Ν	Α
Α	Ν	Т	0	Ν	T	0		Ε	N	C	0	R	Ε		F	0	L	L	E	S
S	Т	Е	W	Ε	D	Т	0	М	Α	Т	0	Е	S		0	С	U	L	U	S
S	Е	L	F				L	0	В	S		Α	Н	Α			Ε	Т	R	Е
E	Ν	L	Α	R	G	Ε	D		L	0	Α	D	E	D	Ν	Α	С	Н	0	S
S	Т	Α	Т	1	0	Ν		Т	Е	N	D			D	Е	Ρ	R	Е	S	S
				F	R	1	Α	R			Е	М	U		D	Е	Α	R	1	Е
Т	О	Α	S	Т	Е	D	Р	1	N	E	N	U	Т	S			В	Ε	S	S
Α	R	L	Е	S			Ν	0	Е	L		С	Ε	Α	S	Ε	S			
Ε	М	Ι	R		0	R	Ε		W	1	S	Н		L	Е	Ν		L	0	U
В	Α	K	Ε	D	В	Ε	Α	N	S		Ρ	0	Τ	Т	Е	D	М	Ε	Α	Т
O	Ν	Ε		0	0	Н		E	Υ	R	E		1	S	М		Ε	Т	Т	U
			G	R	Е	Α	Т	S		Υ	Α	W	L			U	R	G	Е	R
C	0	М	Α			В	Ų	Т	Т	E	R	Е	D	Р	0	Р	С	0	R	Ν
Α	٧	Е	R	Τ	S		Ε	s	Ε			В	Ε	Α	Т	S				
R	Е	D	D	Ε	Е	R			Α	L	Α	S		S	1	Е	S	Т	Α	S
F	R	Т	Е	D	С	Н	Т	С	K	Е	N		L	0	S	Т	L	0	٧	Е
Α	R	0	Ν			0	N	Α		Α	G	R	Α				U	В	Е	R
R	Α	С	Ι	Α	L		Ρ	Ī	С	K	L	Ε	D	Н	E	R	R	_	Ν	G
Ε	Т	R	Α	D	Е		U	N	D	Τ	Е	S		S	Е	Ε	Р	Α	G	Е
S	Е	Е	S	Α	W		Т	E	L	N	Е	Т		Т	R	Ε	S	S	Ε	S

4	6	1	3	2	7	8	9	5
8	5	7	9	1	6	3	4	2
3	2	9	4	5	8	1	6	7
1	4	2	7	9	3	6	5	8
7	8	5	6	4	1	2	3	9
9	3	6	2	8	5	7	1	4
5	1	4	8	6	2	9	7	3
2	9	3	1	7	4	5	8	6
6	7	8	5	3	9	4	2	1

115 116

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