

TRUMAN STRIKE GROUP RETURNS TO NORFOLK, REMAINS READY



F/A-18 Super Hornets perform a fly over the Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75) during a change of command ceremony for the "Fighting Checkmates" of Strike Fighter Squadron (VFA) 211.

MC2 Scott T Swofford

From Harry S. Truman Carrier Strike Group Public Affairs

NORFOLK

Nearly 6,500 Sailors of the Harry S. Truman Carrier Strike Group (HSTCSG) arrived in Naval Station (NS) Norfolk, Virginia, July 21.

The aircraft carrier USS Harry S. Truman (CVN 75) and strike group ships USS Normandy (CG 60), USS Arleigh Burke (DDG 51) and USS Forrest Sherman (DDG 98) arrived after operating for more than three months in the U.S. 5th and 6th fleets areas of responsibility.

"I couldn't be more proud of this strike group team's performance over more than three months of operating in a highly-dynamic environment across two theaters," said HSTCSG Commander Rear Adm. Gene Black. "We carried out the full spectrum of missions from sustained combat flight operations to training and integration with NATO allies and regional partners."

Black also emphasized that the strike

group remains ready to surge forward or re-deploy when called upon.

"Our strike group's missions have demonstrated we are inherently maneuverable and flexible while remaining operational unpredictable to any potential adversary," said Black. "This epitomizes the Navy's dynamic force employment concept and shows this strike group is ready and capable of accomplishing any mission, at any time, as our nation directs."

While in Norfolk, the strike group will not only conduct routine maintenance on ships, aircraft and equipment, but Sailors will also be able to continue advanced training, maintain warfighting certifications, as well as spend time with family and friends.

"I'm incredibly proud of the grit, determination and phenomenal effort Truman's Sailors have shown over the last three months operating at sea," said Harry S. Truman's Commanding Officer Capt. Nick Dienna. "While we plan to enjoy our time in port, including reconnecting with those who supported us from afar, we're continuing to stay



MC2 Thomas Gooley

A Sailor embraces his loved on after USS Harry S. Truman (CVN 75) arrived at Naval Station Norfolk.

focused and ready for whatever lies ahead."

While deployed, the strike group participated in a variety of partnership and interoperability exercises, as well as maritime and theater security operations. Strike group units participated in Exercise Baltic Operations (BALTOPS) from the Adriatic Sea and Exercise Lightning Handshake with the Moroccan Navy and Air Force.

Additionally, the HSTCSG conducted bilateral operations with allies and partners in both U.S. 5th and 6th fleets, to include Egypt, Morocco, Italy, France, Germany and the United Kingdom. Also, aircraft from embarked Carrier Air Wing (CVW) 1 supported Operation Inherent Resolve during May and

» See **HOME** | **A6**

CNRMA HOLDS CHANGE OF COMMAND, RETIREMENT CEREMONY

By MC3 Caledon Rabbipal

Navy Public Affairs Support Element – East

NORFOLK

Rear Adm. Charles W. Rock relieved Rear Adm. John C. Scorby Jr. as Commander, Navy Region Mid-Atlantic (CNRMA), during a change of command ceremony held at Naval Station Norfolk, July 20.

The change of command ceremony was immediately followed by a retirement ceremony for Scorby.

Vice Adm. Mary M. Jackson, commander, Navy Installations Command

was the guest speaker.

Scorby, a native of Manlius, N.Y., assumed command of CNRMA on March 10, 2016 and demonstrated innovative leadership in guiding 14 installations across a 20-state region.

While under Scorby's command, CNRMA encouraged energy conservation through initiatives such as Battle "E" for energy program, resulting in the region garnering 27 Secretary of the Navy energy and water management awards during 2016 and 2017. Scorby also championed the Fleet and Family Support Program, collaborating with

» See **CEREMONY** | **A8**



MCSN Caledon Rabbipal



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FATHER & SON INVENTORS RECOGNIZED:

A father and son team were among 32 inventors honored at the Naval Surface Warfare Center Dahlgren Division (NSWCDD) Patent Awards ceremony, July 19.

» See **A7**



MINE EXERCISE BEGINS:

U.S. Navy mine countermeasure units, Japan Maritime Self Defense Force MCM units, and Indian Navy Explosive Ordnance Disposal units commenced 2JA mine countermeasure exercise 2018 near Ominato, Japan, on July 18.

» See **B1**

VETERAN'S KITCHEN HELPS HOMELESS VETS:

The non-profit organization, is preparing to place its 500th veteran into new housing within the next week.

» See **C1**

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FOUR MINUTES TO BETTER VOLED: NAVY COLLEGE PROGRAM LAUNCHES NEW SURVEY

By Ed Barker

Naval Education and Training Professional Development Center
Public Affairs

VIRGINIA BEACH, VA.

The Navy College Program (NCP) announced a new, more efficient customer service opinion survey July 24, as part of the continuing improvement process for Voluntary Education.

“The survey asks for Sailors’ opinions about the Navy College Program’s education support, counseling services, information, and admin,” said Don Squibb, Navy VOLED assessments program manager. “We’re seeking feedback on their experience so we can adjust and improve our service.”

According to Squibb, the new survey asks only ten questions, and the average Sailor completes their input in just over four minutes.

“The surveys are the primary channel we have to gather customer input on how we’re doing, and we use the fleet feedback to refine the service delivery of the Navy College Virtual Education Center,” he said. “By shortening the survey, we hope to increase participation while retaining key information.”

One Sailor that participated in both the longer and shorter NCP surveys is Aviation

Structural Mechanic 1st Class (AW) Brad Powell, instructor at the Naval Air Technical Training Center.

“The new Navy College Program survey gets right to the point and only took a couple of minutes to get my opinions,” said Powell. “I can tell that the Navy College folks value my time and are genuinely interested in improving the VOLED experience.”

Navy VOLED Director Ernest D’Antonio noted that constant process improvement is key to serving Sailor’s educational needs.

“Over the past two years, we’ve made significant improvements to the Navy College Program’s customer service, and much of that was based on Sailor input,” said D’Antonio. “We’ve completely revamped the Navy College Program website, added customer-friendly improvements such as our mobile application, automated WebTA processing, chat and trouble-ticket features, made self-service improvements in My Education and to NCP internal processes to ensure we are meeting Sailor’s high expectations in keeping with CNP’s transformation guidance. Any Sailor, CONUS or OCONUS, can use the survey link to provide feedback.”

One measure of NCP success that has been identified by the customer satisfaction surveys is the number of times a Sailor has to

contact the Navy College Virtual Education Center (NCVEC) in order to solve a problem.

“According to our latest survey feedback, 80 percent of Sailors are able to resolve their issue with their first call to the NCVEC,” said Squibb. “That’s not perfect, but it’s a great indication that we’re moving in the right direction.”

The link to the new NCP customer service opinion survey is: https://www.research.net/r/NCVEC_CSAT_SURV_V2

Squibb also emphasized that Fleet survey responses are anonymous and their identification will not be shared.

“The way this program works, combined with the way I send out the invitations, makes it impossible to identify a Sailor who prefers to remain anonymous,” said Squibb. “If someone wants to receive a call-back from the NCVEC regarding an issue they raised in their response, they may voluntarily include their contact information, but it’s not mandatory. We read all the comments, regardless of whether or not Sailors self-identify, so their comments definitely will be reviewed for appropriate action.”

More information can be found by visiting the Navy College Program website: [https://](https://www.navycollege.navy.mil/index.htm)

www.navycollege.navy.mil/index.htm including how to start the education process, complete required training, submit a Help Request through the NCVEC, initiate a Live Chat session, or review knowledge management articles. The NCVEC can be reached toll free by calling 1-877-838-1659; DSN 492-4684, Monday-Friday 7 a.m. — 7 p.m. EST.

An additional program, the United Services Military Apprenticeship Program (USMAP) works closely with the Department of Labor to provide nationally-recognized apprenticeship programs that result in journeyman-level certificates of completion for members of the Navy, Marine Corps, and Coast Guard.

For more information about USMAP or to register for an apprenticeship, visit <https://usmap.netc.navy.mil/usmapss/static/index.htm>.

Get the latest information by following Navy Voluntary Education on Facebook: <https://www.facebook.com/NavyVoluntaryEducation/>.

Additional information about the Naval Education and Training Professional Development Center can be found via <https://www.netc.navy.mil/netc/netpdc/Default.htm>.



Give us your opinion!

Navy College Customer Survey:

https://www.research.net/r/NCVEC_CSAT_SURV_V2

Ed Barker

First PACT Sailors advanced with new NAVADMIN 118/18

From Navy Personnel Command Public Affairs

VIRGINIA BEACH, VA.

When guided-missile cruiser USS Monterey (CG-61) Sailors Anthony White and Kiara Reyes arrived at the recent MyNavy Career Development Symposium in Norfolk, Va., they were undesignated E-3s.

By the end of the day, both were not only rated, but also advanced to E-4.

Boatswain’s Mate 3rd Class White and Personnel Specialist 3rd Class Reyes are the first Professional Apprenticeship Career Tract (PACT) Sailors to benefit from the updated NAVADMIN 118/18, the Navy’s newest update to the PACT program.

Effective June 2018, PACT Sailors willing to volunteer for additional obligated service (OBLISERV) to complete the sea tour for their new rating or for a minimum of 24 months of additional sea time, whichever is greater, may be authorized advancement to E-4 with commanding officer approval.

PACT Sailors will be designated based on their selection of a prioritized job in a rating for which they are qualified. Enlisted Community Managers will begin to designate PACT Sailors, prioritizing those who have been enrolled in the program the longest, said Mr. Dave Fish, Bureau of Naval Personnel PACT program manager.

“This is great news for me,” said White. “I get the job I’ve wanted and start my new job as a petty officer. It’s good for the other PACT Sailors too; it’s like we finally have an incentive to stay as a PACT, and think about having a real future in the Navy.”

The changes to the PACT program will make the Navy’s manning more efficient and effective by linking the designation process with the Navy’s requirements, as well as providing a unique opportunity for the PACT Sailor, Fish said.

“This direct link will enable a more dynamic determination of rating designation qualification and assignment to prioritized jobs based on the abilities and desires of the Sailors, who can now take a much more active role in deciding what’s best for them and their careers,” Fish said.

These changes were brought about in order to improve the PACT program based on Chief of Naval Personnel (CNP) Vice Adm. Robert Burke’s Sailor 2025 initiatives to modernize the Navy’s personnel systems and policies.

“After listening to feedback, CNP directed a complete overhaul of the entire PACT process,” Fish said. “Rear Adm. John Nowell, Director, Military Personnel Plans and Policy, formed a working group to find a way to make a PACT program that fulfills Navy needs while also providing for the PACT Sailors themselves. NAVADMIN 118/18 is the result of gathering feedback from recruiters, fleet Career Counselors, supervisors and most importantly, PACT Sailors themselves.”

The NAVADMIN is a welcome change and improvement, Reyes said. By providing PACT Sailors this new path, Sailors can get into rates and start their new careers, and with a leg up.

PACT Sailors can go undesignated for more than 18 months, and, in some cases, even longer. Reyes said she had been undesignated for two years.

“As long as a PACT Sailor shows they’re motivated and willing to put in the thought and effort for it, they could get a new rate and a crow along with it, too,” Reyes said.

White and Reyes began the PACT process during a Fleet Engagement Team visit while their ship was at Rota, Spain. By the time they had returned to Norfolk, the NAVADMIN had taken effect, thus allowing them to be rated and advanced that day.

NAVADMIN 118/18 announced comprehensive policy and process changes to the enlisted PACT program outlined in Military Personnel Manual (MILPERSMAN) 1306-611. The changes were made to provide PACT Sailors with the ability to plan for their future career in the Navy and to reduce unplanned losses for Fleet manning.

PACT Sailors earning designation via Class “A” school who are willing to volunteer for additional OBLISERV required for that school may also be advanced to E4 upon graduation, with commanding officer approval.

Command leadership and PACT Sailors are required to ensure training records and qualifications are up-to-date to facilitate the order negotiation process.

PACT Sailors interested in expanding their available conversion opportunities should contact their command career counselor for information about additional Armed Services Vocational Aptitude Battery (ASVAB) testing opportunities.

For more details, read NAVADMIN 118/18 at <http://www.npc.navy.mil/>

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.

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NAS Oceana maintains strong relationship with local school system

By MCSN Mark Thomas Mahmod

Naval Air Station Oceana Public Affairs

VIRGINIA BEACH, VA.

Celebrating its 75th anniversary, Naval Air Station (NAS) Oceana remains a large part of the Virginia Beach economy, contributing more than \$1 billion in payroll and \$400 million in goods and services to the local economy each year.

With such close ties to the surrounding area, Naval Air Station Oceana's leadership has always looked for ways to develop and diversify the base's relationship with the local community.

In recent years, Naval Air Station Oceana has partnered with the Virginia Beach City Public Schools to build a strong relationship, benefiting local children.

VBCPS is the largest school division in the Hampton Roads metropolitan area, with an enrollment of almost 70 thousand students.

The driving force behind this partnership is the STEM (science, technology, engineering and mathematics) program held during the annual Naval Air Station Oceana Air Show.

2018 will be the third year Naval Air Station Oceana is hosting the STEM program. Each year, Naval Air Station Oceana invites 5th grade students from VBCPS to participate in educational activities and exhibitions to expose them to STEM fields and encourage higher education.

The event is designed to teach students about modern technological advancements and their applications, especially within the military and NASA.

"Last year, the STEM lab learning day was an incredible experience for everyone

involved," said VBCPS Superintendent Dr. Aaron Spence. "I cannot wait for our fifth-graders this year to take part in this fantastic opportunity and for them to walk away with that greater understanding and appreciation of all that is possible through STEM education."

Education is not the only focus of the relationship between Naval Air Station Oceana and VBCPS. Safety is also a major part of the relationship.

Earlier this year, Naval Air Station Oceana participated in the VBCPS blue-ribbon panel on school safety and security.

"With student safety and well-being as our top priority, we have an obligation to leave no stone unturned in our efforts to provide the safest school environments possible," said Spence. "I am thankful we have such capable and willing community partners to aid in this work and share their expertise."

The purpose of the panel was to analyze VBCPS's current security practices and procedures and provide recommendations on how to best enhance the division's work.

"Based on the relationship we built from the air show, Dr. Aaron Spence approached Oceana and asked us if we would participate," said Capt. Chad P. Vincelette, commanding officer of Naval Air Station Oceana, who was able to provide the panel with a military perspective on security. "I think that was a really neat and unique initiative."

The relationship between Naval Air Station Oceana and the community is not limited to its leadership. Opportunities for Sailors to invest time and volunteer within the school district are available on a daily basis.

One example is Sailors' involvement with Seatack Elementary, An Achievable Dream



MC2 Jacob Richardson

Students from Green Run Elementary School watch an explosive ordnance disposal robot at the 2017 Naval Air Station Oceana Air Show STEM (science, technology, engineering, mathematics) laboratory. The STEM laboratory is designed to teach students about modern technological advancements and their applications, especially within the military and NASA.

Academy.

Sailors from Naval Air Station Oceana and Dam Neck Annex have the opportunity to arrive at Seatack Elementary each morning to shake hands and welcome students to school.

"An Achievable Dream prides itself on its many years of partnerships with the leadership and Sailors from Naval Air Station Oceana," An Achievable Dream President Kathy Edwards said. "These Sailors are always present at our schools where they form relationships with all of our students and personally model the lifelong benefits of mutual respect."

Sailors also assist in the classroom and accompany students on field trips. The Sailors serve as role models of respect, responsibility and civic involvement.

"30% of school students here are connected with the military... Virginia Beach is a military town," said Vincelette. "The partnership we have built with the school system is a community outreach project that shows the Navy is a good neighbor to the residents of Virginia Beach. That partnership continues to build on the great relationship we already have with the city of Virginia Beach. I believe that the relationship between the Navy, the city, and the school system, because of the STEM project, and the blue ribbon panel has become stronger. The benefit of this is the payoff of inspiring students and bettering the nation by providing students that have been given a great education and school experience."



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NMCP’s Chapel transforms into ‘Chapel of Comfort’

By Rebecca Perron
NMCP Public Affairs

PORTSMOUTH, VA.

The last of six stained glass windows was installed in Naval Medical Center Portsmouth’s (NMCP) chapel July 20, marking another step toward the completion of its transformation into the “Chapel of Comfort.”

The chaplains wanted to create an environment with greater spirituality for NMCP’s chapel, while at the same time they were working on improvements to the chapel on board USNS Comfort. The chaplains were inspired by the staff who attended meetings in NMCP’s chapel prior to participating in Comfort Exercises (Comfex) in 2017.

“We hosted meetings in the chapel for staff who were going on Comfexes and other missions,” said Cmdr. Michael Chaney, NMCP’s deputy command chaplain. “We observed that people walked in unsure of what would be happening, and we thought, what can we do here to make a connection and make our mission more apparent, make our mission statement more resilient in light of everything we have pushing at us every day.”

Chaney and his team worked to design six stained glass windows that could be potentially duplicated and installed in both chapels. The first set of the six windows was made and installed on the Comfort in 2017, while a duplicate set was made and installed in NMCP’s chapel this year.

“The Comfort chapel was a white room, and last year, we were working with the commanding officer Capt. Lanny Boswell and we asked if we could to do something with the chapel,” Chaney said. “We suggested stained glass. I asked RP3 Caleb Phillips, who was getting out in a few months to go to the San Francisco School of Art, to create some of the designs. He agreed, and asked what I wanted.

“I said, give me the ship coming toward us with hopeful words on the sides and the top,” Chaney continued. “And maybe the ship going to port and starboard for the side pieces. And he came up with the three panels that are the central part of it. When you first walk into the chapel on the ship, you see the same three.”

While the stained glass windows at NMCP are filtering sunlight, the windows on Com-

fort are LED-lit. The other three windows are just as significant.

“The hands being held together is a symbol that is painted on the roads and on buildings when the Comfort deploys to South America,” Chaney said. “It symbolizes us working together. The fifth piece is the globe piece and has the names of all of the hospital ships from 1941 on.”

The five designs created by Phillips were then given to Bill and Sue Miller who own Shining Light Stained Glass in Poquoson, Va. The have owned the stained glass company since 2006 and this is only their second project commissioned for Navy commands.

Sue said that each of the five drawings completed by Phillips were modified slightly to adapt them to the stained glass medium, including designing points within the glass sections and adding more words to the sunrays in the center panel.

“This is probably the biggest project we have done,” Sue said. “We tried some new techniques and getting everything coordinated was a bigger effort than what I normally do. This was an honor to do, and it was really good to see the vision come together.”

The final design was selected by Chaney after speaking with Sue about the possibility of a light house.

“I suggested a light house and she asked what kind,” Chaney said. “I said what about that one, and pointed to a knitted calendar hanging in her shop. She said, ‘you mean the New Point Comfort lighthouse in the Chesapeake Bay?’ So we have the New Point Comfort lighthouse on the 6th panel. And we have a sign incorporated in the design so folks don’t think it’s just any lighthouse.”

When the chaplains were approved to commission the replicas of the six pieces that are on the ship, there became even more possibilities of what they could do to make the entrance more inviting for the NMCP chapel.

“I was inspired by the command seal and Navy seal on the wall in the commanding officer’s boardroom,” Chaney said. “So we used NMCP’s seal and the crest from Comfort for either side of the door, and then the name Chapel of Comfort is placed over the doorway. We added the benediction, so as you leave, it says Be of Comfort. It all just came together.”

The Millers started working on the pieces for the NMCP chapel entrance in November.



Rebecca A. Perron

With the sixth stained glass window installed in Naval Medical Center Portsmouth’s (NMCP) chapel, visitors can experience the message of the staff’s mission at the medical center and on board USNS Comfort (T-AH-20). The last of six stained glass windows was installed in NMCP’s chapel, marking another step toward the completion of its transformation into the Chapel of Comfort.

Those were completed and installed in February, and then they started working on the six replica pieces for the NMCP chapel in February.

Chaney said that they want NMCP’s staff to be inspired to work on the Comfort, and for everyone to be inspired and recognize how important both missions are — serving patients at the medical center and while deployed for missions on board the hospital ship.

“When they are in here, they aren’t just looking out a window, but they can look at the stained glass and be inspired,” Chaney said. “That not only gives us mission, that gives us hope when we come to work. It gives us a new spiritual possibility when they come here because it’s so pretty and beautiful, and the colors are so extraordinary. But is also talks about a mission of sacrifice that we have individually, coming together as a team, and preparing ourselves every day to be better and be ready to go whenever we have to go. It’s exciting to be part of this.”

Chaney said they have two more pieces that are yet to be finished and installed, and they will more than likely be hung on the back wall of the chapel. A rededication ceremony is being planned for the end of September.

As the U. S. Navy’s oldest, continuously-operating hospital since 1830, Naval Medical Center Portsmouth proudly serves past and present military members and their families. The nationally acclaimed, state-of-the-art medical center, including its nine

branch clinics located throughout the Hampton Roads area, additionally offers premier research and teaching programs designed to prepare new doctors, nurses and hospital corpsmen for future roles in healing and wellness.

For more news from Naval Medical Center Portsmouth, visit www.navy.mil/local/NMCP/.



Rebecca A. Perron

Cmdr. Michael Chaney, deputy command chaplain at Naval Medical Center Portsmouth (NMCP), helps Bill Miller of Shining Light Stained Glass in Poquoson, Va., install the sixth stained glass window. The last of six stained glass windows was installed in NMCP’s chapel, marking another step toward the completion of its transformation into the Chapel of Comfort.



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Master Chief Fire Controlman (AEGIS) Jack Huber, left, and Midshipman Steve Johnston, man a hose during a damage control exercise aboard the guided-missile cruiser USS Monterey (CG 61).



Midshipman 1st Class Xena Gant uses a sextant on the bridge of the Arleigh Burke-class guided-missile destroyer USS Winston S. Churchill (DDG 81).



Seaman Haley Muething mans the helm on the bridge aboard the guided-missile cruiser USS Normandy (CG 60).



ON THE RADAR

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VIRGINIA TECH RECEIVES DEPARTMENT OF DEFENSE INSTRUMENTATION AWARDS

By Jama Green

BLACKSBURG, VA.

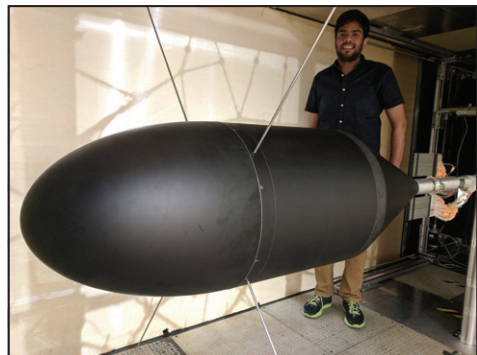
Virginia Tech received three Department of Defense awards that support the purchase of state-of-the-art research equipment.

"The awards will enable us to support research and education in autonomous underwater vehicle, submarine, and ship hydrodynamics," said Eric Paterson, head of the Kevin T. Crofton Department of Aerospace and Ocean Engineering. "We can further enhance Virginia Tech's world-class stability wind tunnel, advanced power and propulsion laboratory, and elevate numerous sponsored projects we have ongoing with the Office of Naval Research."

Through the Defense University Research Instrumentation Program (DURIP), awards have been granted to 175 university researchers at 91 institutions, totaling \$53 million. With these awards, undergraduate and graduate students will gain valuable experience in state-of-the-art facilities, training on cutting-edge technologies, and ultimately working to advance military research.

The awards are the result of a merit competition for DURIP funding conducted by the Army Research Office, Office of Naval Research, and Air Force Office of Scientific Research. The annual awards process is highly competitive with 671 proposals, requesting \$254 million in funding.

Assistant Professor Christine Gilbert



Courtesy Virginia Tech

Agastya Balantrapu, aerospace engineering doctoral candidate, is currently working on a project for the Office of Naval Research in which the new PIV system will provide critical data for understanding turbulence ingestion noise.

and Professor Craig Woolsey of the Kevin T. Crofton Department of Aerospace and Ocean Engineering received \$620,057 from the Office of Naval Research for an instrumentation development program to modernize the 60-year-old towing tank located in Norris Hall.

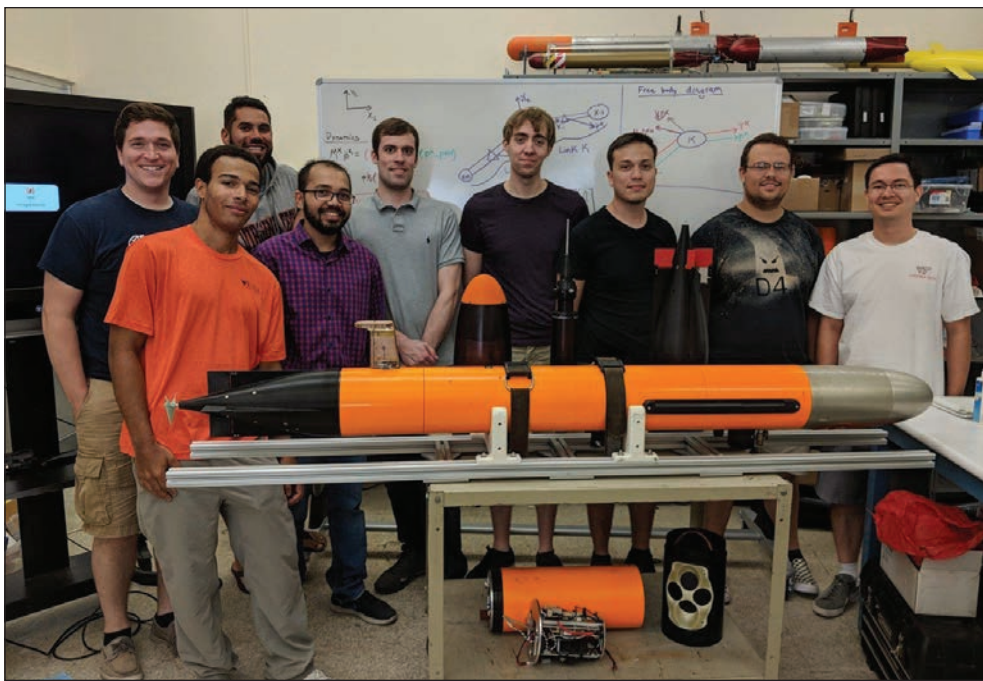
The existing towing carriage will be completely removed and replaced with a simple frame design that will no longer allow researchers and students to ride on the carriage. The carriage will be remotely operated and equipped with cameras for monitoring, and a vertical planar motion mechanism will be installed to run nontraditional experiments. A dedicated data acquisition system and a suite of new sensors for experiments, such as force gauges, accelerometers, potentiometers, wave probes, inclinometers, and pressure sensors, will also be added to the tow tank.

The new upgrades will impact several research projects already funded by the Office of Naval Research. Gilbert is currently working on understanding the structural response due to slamming of high-speed craft in waves, funded through the Young Investigator Program.

Woolsey's research is focused on developing a low-dimensional motion model for a submerged vessel maneuvering in waves, aimed at improving motion control performance and robustness. The improved towing facilities will provide valuable data to validate analytical and computational modeling results.

Associate Professor Stefano Brizzolara is researching the design of autonomous underwater and surface vessels with increased hydrodynamic performance in terms of propulsion and motions in waves. His work involves experiments in the tow tank facility that will also benefit from the improved towing carriage.

Students in the ocean engineering program will use the tow tank in their lab courses or for graduate and undergraduate research. They will be provided access and introduction to experimental techniques and tools that they can use to assess ocean system designs. The experience working on tow tank experiments at Virginia Tech is valuable job



Courtesy Virginia Tech

Graduate students studying marine robotics and autonomous underwater vehicles advised by Professor Dan Stilwell include Benjamin Biggs, electrical engineering; Taylor Njaka, mechanical engineering; Michael Kepler Jr., electrical engineering; Suraj Pawar, mechanical engineering; Chris Morency, computer engineering; Stephen Krauss, electrical engineering; Jorge Jimenez, electrical engineering; Collin Phillips, electrical engineering; and Scott Gibson, electrical engineering.

training for experimental work being performed at the Naval Surface Warfare Center Carderock Division or other laboratories.

Professor William Devenport, Associate Professor Todd Lowe, and Assistant Professor W. Nathan Alexander, all of the Kevin T. Crofton Department of Aerospace and Ocean Engineering, and Professor Wing Ng of the Department of Mechanical Engineering, will use the \$476,132 research instrumentation grant for a state-of-the-art time-resolved stereo particle image velocimetry system.

The new particle image velocimetry system, which measures airflow velocities, is capable of whole-plane flow field measurements at an unprecedented full-resolution rate.

For the first time, measurements will be calculated instantaneously and at speeds equal to those of the existing acoustic instrumentation in the wind tunnel used to monitor flow-generated noise or sound. This will be a major step forward in the documentation and understanding of aeroacoustic sources of interest to the Navy.

The system will be used at the Virginia Tech Stability Wind Tunnel and the Advanced Power and Propulsion Laboratory. At the stability tunnel, the system will combine with existing test section and microphone array systems to further enhance the aeroacoustic and aerodynamic capabilities in low-speed flows. At the advanced power

and propulsion laboratory, the instrument will be an important step along the strategic development path, providing a number of research benefits to the Navy and better preparing student researchers for high impact contributions to the field.

Professor Dan Stilwell of the Bradley Department of Electrical and Computer Engineering and affiliate faculty member to the department of aerospace and ocean engineering, received \$455,285 from the Office of Naval Research to support experiments in collaborative autonomy and marine robotics. Stilwell will fabricate three 690 autonomous underwater vehicles to support field trials of advanced multivehicle coordination algorithms.

The 690 autonomous underwater vehicle is a mature system that has been developed jointly by Virginia Tech and the Naval Oceanographic Office. It is a streamlined, tail-controlled vehicle that displaces approximately 100 pounds and is depth-rated for 500 meters. The vehicles will be used to test new algorithms that compute search paths in real time while considering mission constraints, environmental variability, and sensor performance. The 690 autonomous underwater vehicles will test single vehicle algorithms and new approaches to multivehicle cooperative search.

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1:00 → 4:00 PM

FREE FAMILY FUN!

Rockwall • Bounce House
Face Painting • DJ • Soccer
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HOME | *USS Truman*
group returns

Continued from A1

June, flying 210 combat sorties totaling 1,500 flight hours in both Iraq and Syria.

The HSTCSG is comprised of flagship USS Harry S. Truman (CVN 75) with ships, aircraft and embarked staffs of Carrier Strike Group (CSG) 8, Carrier Air Wing (CVW) 1 and Destroyer Squadron (DESRON) 28.

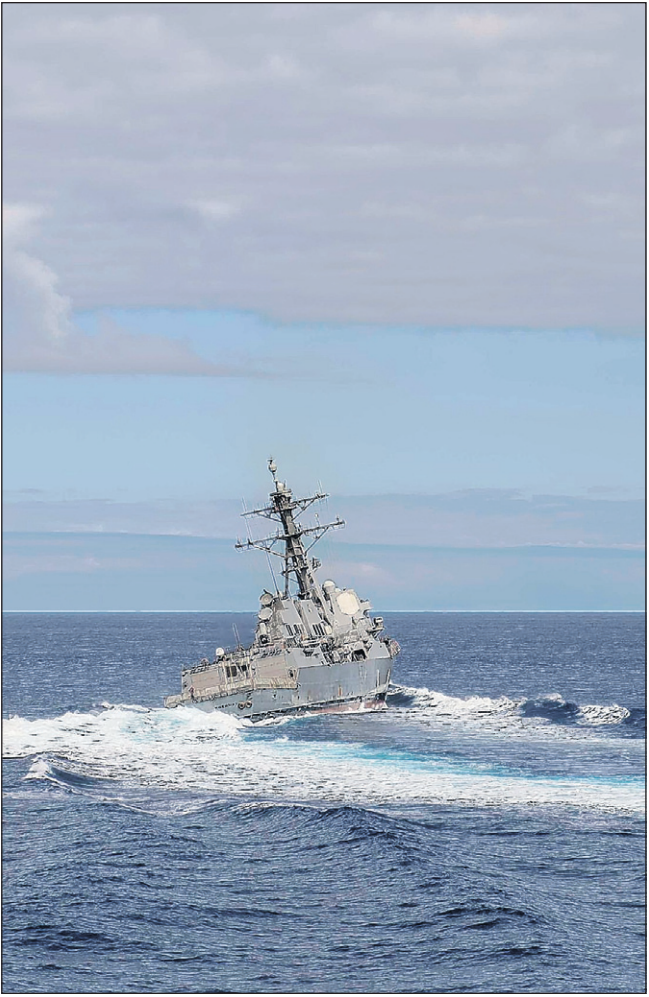
Squadrons of CVW-1, commanded by Capt. John Perrone, returned to their bases of Naval Air Station (NAS) Oceana, NAS Whidbey Island, NAS Jacksonville, NAS Lemoore and NS Norfolk. CVW-1 includes Strike Fighter Squadron (VFA) 11 “Red Rippers”; VFA-211 “Checkmates”; VFA-81 “Sunliners”; VFA-136 “Knighthawks”; Electronic Attack Squadron (VAQ) 137 “Rooks”; Early Warning Squadron (VAW) 126 “Seahawks”; Helicopter Maritime Strike Squadron (HSM) 72 “Proud Warriors”; Helicopter Sea Combat Squadron (HSC) 11 “Dragon Slayers”; and a detachment from Fleet Logistics Support Squadron (VRC) 40 “Raw-hides.”

For more information about the HSTCSG, visit www.navy.mil/local/cvn75 and www.facebook.com/cvn75.



MC2 Thomas Gooley

A Sailor embraces a loved on after USS Harry S. Truman (CVN 75) arrived at Naval Station Norfolk. The USS Harry S. Truman Strike Group has been deployed in support of maritime security operations and theater security cooperation efforts in the U.S. 5th and 6th Fleet areas of responsibility. With Harry S. Truman as the flagship, deploying strike group assets include staffs, ships and aircraft of Carrier Strike Group Eight (CSG 8), Destroyer Squadron Two Eight (DESRON 28) and Carrier Air Wing One (CVW-1).



MCSN Raymond Maddocks

The guided-missile destroyer USS Forrest Sherman (DDG 98) maneuvers after an underway replenishment.



MC2 Thomas Gooley

USS Harry S. Truman (CVN 75) Commanding Officer, Capt. Nicholas Dienna gives an interview on the pier after the ship arrived at Naval Station Norfolk.



MCSN Raymond Maddocks

The guided-missile destroyer USS Arleigh Burke (DDG 51) transits the Mediterranean Sea.



MC2 Scott Swofford

The guided-missile cruiser USS Normandy (CG 60) transits the Mediterranean Sea. Normandy is deployed as part of an ongoing rotation of U.S. forces supporting maritime security operations in international waters around the globe.





Welcome Home

TRUMAN!

USS HARRY S. TRUMAN CARRIER STRIKE GROUP

A Job Well Done!

Photo courtesy of the DoD



KROGER.COM



Father and Son among inventors recognized for Fleet impact at Navy Patent Awards Ceremony

By John Joyce

Naval Surface Warfare Center Dahlgren Division Corporate Communications

DAHLGREN, VA.

A father and son team were among 32 inventors honored at the Naval Surface Warfare Center Dahlgren Division (NSWCDD) Patent Awards ceremony, July 19.

Gerhard Thielman and his son, Benjamin collaborated to invent the ‘Spherical Tractor Operating Mobile Platform’ — one of 12 new technologies patented by Navy scientists and engineers to impact the Fleet and national security.

“The potential benefit to the warfighter is an adaptable, self-contained vehicle with multi-mission capability,” NSWCDD Chief of Staff Chuck Campbell told an audience of the inventors’ family, friends and colleagues regarding the Thielmans’ innovation.

The patents represent a culmination of effort by many individuals, including the inventors, Invention Evaluation Board members, patent attorneys, and others who helped to conceive — and reduce to practice — the technological innovations arising from the command’s research and development ventures.

“As we celebrate 100 years of excellence in bringing innovative solutions to the warfighter and the military at large, today marks another milestone at Dahlgren,” said keynote speaker, NSWCDD Technical Director John Fiore. “This is another example of why we foster a work environment that cultivates endless possibilities to positively shape our global defense strategy. I salute our amazing inventors who have made their marks in Dahlgren history. You are leaving a lasting imprint on our military, nation and commerce.”

NSWCDD innovations are patented to benefit the taxpayer, the Navy, and the command’s inventors. The command’s rigorous patent program protects the government’s intellectual property generated during the research and development process.

“The technical transfer of these patents into the public domain saves the Navy money and increases product availability,” said Fiore, pointing out that this technical transfer has already impacted multi-mission capabilities, produced a quicker and easier construct of modeling and simulation programs, and increased aiming accuracy for warfighters while decreasing the time that weapons are out of service.

Moreover, the patents provide a technological return to the taxpayer by licensing the command’s inventions to U.S. businesses so they may be commercially developed for public use. The patents provide defensive protection for the Navy so that others cannot obtain patents to Navy inventions, preventing the Navy from using its own inventions. The patents also increase international recognition and enable potential financial remuneration for the inventors of useful, novel, and non-obvious inventions.

“We are honored to celebrate some of our nation’s best and brightest innovators who have developed inventions that will reap perpetual rewards for the warfighter, the military, our country and commercial enterprise,” said Campbell, the ceremony’s moderator, before calling up the inventors — one patent at a time.

Fiore presented the patent holders with a plaque reproduction of the patent certificate issued by the U.S. Patent and Trademark Office after Campbell described each patent as follows:

Spherical Tractor Operating Mobile Platform

This invention is a highly-maneuverable vehicle having an outer spherical shell that is propelled along the ground, an inner cockpit for manned uses or equipment pod for unmanned uses, and a motor that propels the sphere via tensioned drive wheels internal to the spherical shell. The potential benefit to the warfighter is an adaptable, self-contained vehicle with multi-mission capability. Patent awardees — Gerhard Thielman, Benjamin Thielman.



Ryan DeShazo

John Fiore, Naval Surface Warfare Center Dahlgren Division (NSWCDD) technical director, holds a plaque reproduction of the patent certificate he presented to Gerhard Thielman and his son, Benjamin, at the NSWCDD Patent Awards ceremony. The father and son team were among 32 patent holders honored before family, friends and colleagues at the NSWCDD Patent Awards ceremony. “The potential benefit to the warfighter is an adaptable, self-contained vehicle with multi-mission capability,” said NSWCDD Chief of Staff Chuck Campbell regarding the Thielmans’ innovation.

Modular Model and Simulation Architecture

This invention provides a computer architecture that greatly reduces the cost and effort to create a modeling and simulation software. The warfighter is provided with quicker and easier construction of modeling and simulation programs to design and improve systems. Patent awardees — Clinton Winfrey, Benjamin Baldwin and Dr. Mary Ann Cummings.

Light Guide Film Control for Optically Tunable Metamaterials

This invention pairs light guide films with photo-sensitive or photo-reactive metamaterials. The warfighter is provided with an optically controlled electrical element having a wide range of uses. Patent awardees — Dr. Kevin A. Boulais, Dr. Francisco Santiago, and Dr. Charles Mannix.

Optically Controllable Composite Dielectric

This invention provides a new component that is responsive to light to tune, or control a circuit optically. The warfighting capability provided by this invention is a new tuning element that can be adapted to a wide variety of needs in Navy systems. Patent awardees — Dr. Kevin Boulais, Dr. Simin Feng, Dr. Pearl Rayms-Keller, Dr. Michael Lowry, and Dr. Francisco Santiago.

Discrete Phased Electromagnetic Reflector Based on Two-State Elements

This invention is an efficient means of “steering” electromagnetic waves such as are used in radar and communications. By this invention, the warfighter is provided with a means to precisely guide electromagnetic beams over a broader range of frequencies than was possible before using spatial digitization. Patent awardees — Dr. Simin Feng, Dr. Kevin Boulais, Frank Wallace, Blaise Corbett and Dr. Victor Gehman Jr.

Impregnation of Macrocyclic Organics to Activated Carbon

This invention relates to improvements in filtration materials used, for example, in gas masks and other devices by ensuring that activated carbon and associated materials remain evenly distributed throughout the filter medium. This benefits the warfighter by improving both the effectiveness and life-cycle of the filter materials. Patent awardees — Dr. Joseph Hunt and Dr. Timothy Burgin.

Mechanism to Adjust and Restrain Gun Traverse on a Tripod Mount

This invention provides a reliable and durable way of controlling the field of fire of a tripod-mounted weapon. The warfighter benefits by having a reliable mechanism to restrict the field of fire when necessary, enabling the machine gunner to operate with less concern for hitting friendly flanking

positions. Patent awardees — Stephen Dix, Tracy White and Arturo Lopez.

Tripod Mount with a Traverse Support Mechanism

This invention is a durable weapons tripod that is easily stowed and deployed. The warfighter is provided with a reliable tripod mount that reduces logistics concerns. Patent awardees — Stephen Dix and Tracy White.

Fixed Optic for Boresight

The current invention describes a device that is a lightweight and accurate bore sitting device for weapons such as mortars. The benefits to the warfighter are increased aiming accuracy, less time the weapon is out of service, and decreased costs for servicing the weapon. Patent awardees — James Travis Robbins, Luis Rodriguez and Danny Wilson.

Detection and Detonation of Improvised Explosive Device with Magnetic Fields

This invention contributes a method of detection of IEDs through the use of a magnetic field that is relatively unaffected by soil conditions such as water content. The benefit to the warfighter is an improved and reliable means to detect and dispose of IEDs. Patent awardee — Dr. James Camp.

Interleaving Angled Hexagonal Tile for Flexible Armor

This invention provides a new type of armor, especially for personnel, utilizing lightweight, specifically-shaped units of lightweight ceramic. The warfighter is thus provided with a lightweight flexible armor that prevents penetration, reduces impact, and increases protection against multiple hits. Patent awardees — Dr. Justin Blair and Dr. Raymond Gamache.

Maritime Emergency Cable Cutter

This invention is a remotely-triggered explosive device shaped and positioned on a cable for emergency use. This invention benefits the warfighter by eliminating the need for manual cable cutting, providing instead a wireless encrypted means to remotely detonate a relatively small explosive device to sever a cable when necessary. Patent awardee — Steven Anderson.

“These historic licensing agreements are a direct result of our employees’ ingenuity in creating technological solutions for our warfighters and fleet,” said Fiore. “We are so proud of all of our patent awardees. You are integral problem solvers who identified a need, assessed the problem, and refused to quit until you found a solution. Your work is a result of hours of planning, brainstorming, prototyping and sometimes having to go back to the drawing board.”

For more news from NSWC Dahlgren , visit www.navy.mil/local/NSWCDD/.



D. Kevin Elliott

Dr. Kevin Boulais uses liquid nitrogen in a molecular beam epitaxy system to create photo capacitors for light guide film applications at Naval Surface Warfare Center Dahlgren Division (NSWCDD). Boulais — among 32 inventors honored at the NSWCDD Patent Awards ceremony on July 19, 2018 — was recognized for his work on a patented innovation called, ‘Light Guide Film Control for Optically Tunable Metamaterials’. Dr. Francisco Santiago and Dr. Charles Mannix were also honored for their work on the invention which pairs light guide films with photo-sensitive or photo-reactive metamaterials.



Ryan DeShazo

John Fiore, Naval Surface Warfare Center Dahlgren Division (NSWCDD) technical director, second from left, holds a plaque reproduction of the patent certificate he presented to NSWCDD inventors — Frank Wallace, Dr. Kevin Boulais, and Blaise Corbett, left to right. They were among 32 patent holders honored before family, friends and colleagues at the NSWCDD Patent Awards ceremony. The three NSWCDD scientists along with Dr. Simin Feng and Dr. Victor Gehman were recognized for their patented innovation, ‘Discrete Phased Electromagnetic Reflector Based on Two-State Elements’. This technology enables the warfighter to precisely guide electromagnetic beams over a broader range of frequencies than was possible before.

CEREMONY | *change of command*

Continued from A1

local community partners to conduct hiring fairs that leveraged an innovative technology to achieve a 50 percent hiring rate for military spouses and transitioning veterans.

“I am grateful for the opportunity to have served in the United States Navy,” said Scorby. “The Navy has been my life for almost 36 years. It has taken me to places I have never dreamed possible. It has afforded me the opportunity to explore the world and work with the finest people on the planet. It has broadened my horizons and enriched me with new perspectives.”

A native of Upstate New York, Rock commissioned in 1987 through the Naval Reserve Officer Training Corps Program at Texas A&M University and assumed command of CNRMA following his tour as commandant, Naval District Washington from August 2016 to July 2018.

“It is a privilege to serve alongside our operational forces who train and deploy from some of our Navy’s most strategically critical bases here in the region Mid-Atlantic,” said Rock. “We will continue to build on the efforts of those who have served and preceded us and we will set favorable conditions for those who will follow us.”

Rock’s at sea assignments include tours aboard combat information center officer aboard USS Mahlon S. Tisdale (FFG 27), electrical officer aboard USS Abraham Lincoln (CVN 72), operations officer on USS Cole (DDG 67) and USS Leyte Gulf (CG 55), and executive officer aboard USS Donald Cook (DDG 75).

Ashore, Rock has served as command, control and communications plans officer, U.S. European Command; military assistant to the political advisor, U.S. Joint Forces Command; deputy executive assistant and flag secretary to the Commander, U.S. Joint Forces Command and the Supreme Allied Commander, Transformation; division chief, Strategic Plans and Policy Directorate, the Joint Chiefs of Staff and chief of staff, Navy Installations Command.

Rock has commanded High Speed Vessel Swift (HSV 2) and Fleet Activities Sasebo.

CNRMA is the regional coordinator for all shore-based naval personnel and shore activities in the Mid-Atlantic region, which encompasses 20 states, 14 installations, and 50 Naval Operational Support Centers (NOSCs).



U.S. Navy photo



MCSN Caledon Rabbipal



U.S. Navy photo



U.S. Navy photo



MCSN Caledon Rabbipal



MCSN Caledon Rabbipal



MC2 Tamar Vaughn

VCNO holds all-hands call with Sailors on Naval Station Norfolk

By MC3 Patrick T. Bauer

NORFOLK

The vice chief of naval operations (VCNO), Adm. William F. Moran, held an all-hands call with Sailors on Naval Station Norfolk, July 23.

“I am here for you,” Moran said to the crowd before fielding questions. “What can we do to make ourselves better?”

During the visit Moran fielded questions about topics that varied from manning in the fleet to changes in the deployment schedules.

“The Navy is at its best when it is moving and dynamic, not stuck to a schedule,” Moran said of the new deployment schedule being tested around the fleet, known as the Optimal Fleet Response Plan “We don’t want our adversaries to know where we are going to be or when we are going to be there.”

Sailors asked several questions regarding training and better opportunities for instruction to ensure Sailors are able to complete tasks they are assigned.

“We are continuing to evaluate our training evolutions and formulate better ways to guarantee Sailors are getting the training they need,” Moran said. “We need to have the right people, with the right training, at the right place, at the right time.”

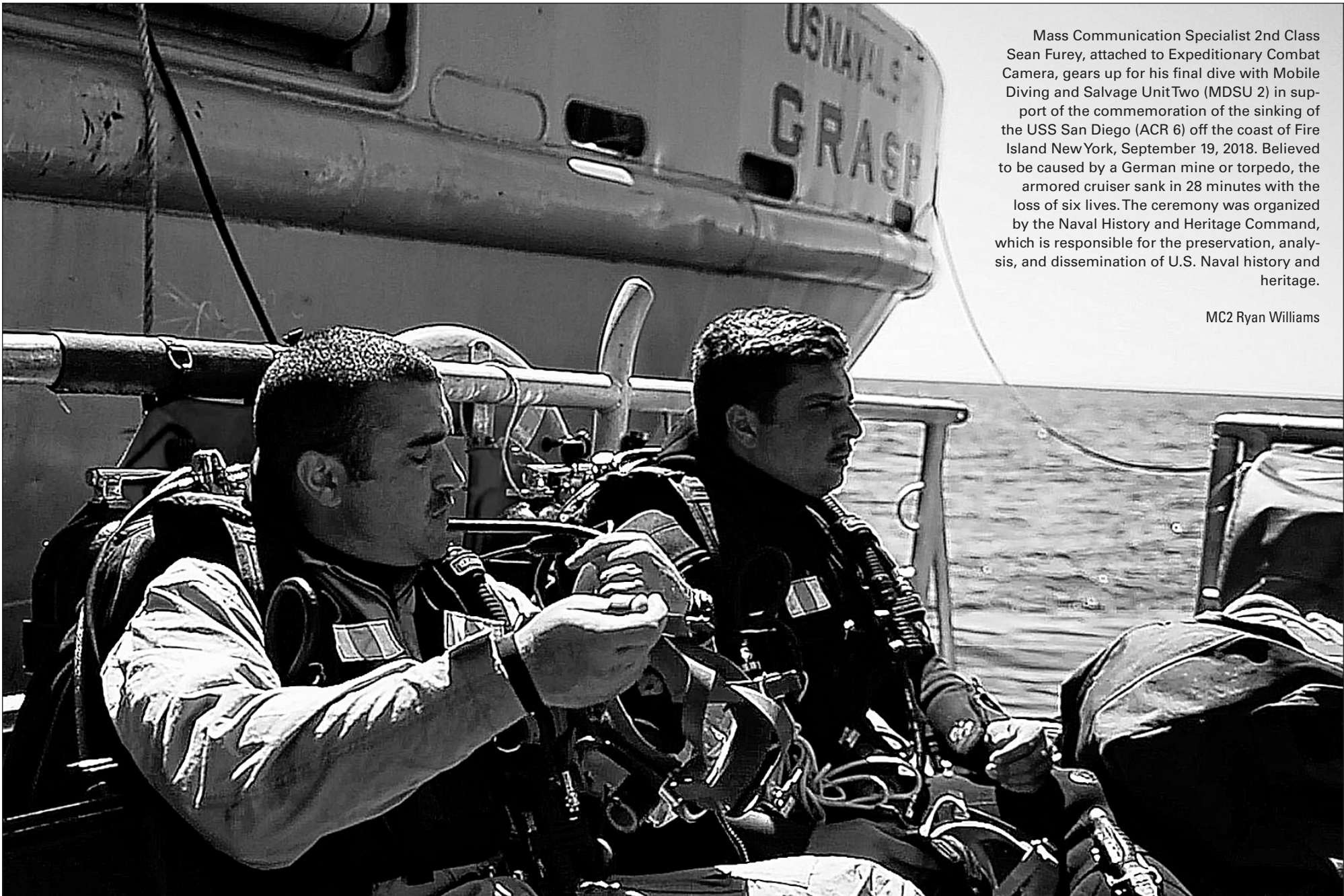
Moran ended the all-hands call by giving out his email so those Sailors who were unable to ask their questions can be heard and answered.

“Thank you for your input today,” said Moran, leaving them with a solid promise. “I appreciate these ideas and I will take them back and formulate a way to make us an even better Navy than we are today.”



MC2 Stacy M. Atkins Ricks

Vice Chief of Naval Operations Adm. William Moran holds a question and answers segment during an “All Hands Call” at Naval Station Norfolk. Moran is visiting the Naval Station Norfolk to share information with Sailors and waterfront leaders about warfighting and operational readiness and to discuss recent changes made to restore the Navy’s distinctive advantage on the high sea.



Mass Communication Specialist 2nd Class Sean Furey, attached to Expeditionary Combat Camera, gears up for his final dive with Mobile Diving and Salvage Unit Two (MDSU 2) in support of the commemoration of the sinking of the USS San Diego (ACR 6) off the coast of Fire Island New York, September 19, 2018. Believed to be caused by a German mine or torpedo, the armored cruiser sank in 28 minutes with the loss of six lives. The ceremony was organized by the Naval History and Heritage Command, which is responsible for the preservation, analysis, and dissemination of U.S. Naval history and heritage.

MC2 Ryan Williams

EXPEDITIONARY COMBAT CAMERA COMPLETES FINAL MISSION

By MC1 David Kolmel

ATLANTIC OCEAN

Expeditionary Combat Camera (ECC) completed its final mission off the coast of Fire Island, New York, July 19, 2018, while supporting Naval History and Heritage Command’s ceremony that commemorated the centennial anniversary of the sinking of the World War I cruiser USS San Diego (ACR 6).

Mass Communication Specialist 2nd Class Sean Furey, a native of Lavallette, New Jersey, and assigned to ECC’s dive team, integrated with Mobile Diving Salvage Unit 2 embarked aboard USNS Grasp (T-ARS 51) and spent several days capturing underwater imagery of Navy divers surveying the wreck in an effort to determine if the ship was lost to a German mine or submarine-launched torpedo. The mission culminated with the divers lowering a ceremonial wreath to honor USS San Diego Sailors who lost their lives during the tragic incident.

Furey represents thousands of U.S. Navy combat photographers who have recorded historical events from the land, air and sea spanning from World War I to Operation Enduring Freedom.

“This last mission is unique because it covers two historical events happening simultaneously, and it just so happens that I get to be a part of both,” said Furey. “If you told me when I checked into ECC that I would be documenting its last mission, I wouldn’t have believed it.”

According to Lt. Michael Larson, the final officer-in-

charge of ECC, naval combat photography began in World War I mainly to conduct aerial reconnaissance missions, and evolved into small photographic teams by World War II. The unit that is today’s ECC was first established in 1951, and since then the command’s mission has remained mostly unchanged for 67 years.

“Our mission has been to historically preserve the nature of events, and to provide imagery to combatant commanders for a variety of purposes, including telling the Navy story,” said Larson.

The Navy established combat photographic units in 1942 that deployed to the Pacific and European theaters of war to document major campaigns including Normandy and Iwo Jima. Then in 1951, the Navy established what would eventually become today’s combat camera, the Atlantic Fleet Motion Picture Unit.

The unit first documented Navy and Marine Corps operations during the Korean War. In 1966, the unit became the Atlantic Fleet Combat Camera Group and deployed teams to document the war in Vietnam. The unit became Expeditionary Combat Camera in 2010 and continued documenting all branches of the military during major U.S. conflicts, operations and exercises.

A hallmark of Navy Combat Camera’s unique skill sets is the unit’s ability to provide underwater photography. ECC divers have routinely documented underwater salvage operations, and research and inspection missions like the mission with the San Diego.

“It’s fitting that our last job is a dive job, because that is

one of the things that set us apart from the other services’ Combat Camera units,” said Furey. “Being able to put my name in with so many other Combat Camera greets that came before me was a special experience.”

Larson, who served as a combat cameraman in Iraq, said he and many Sailors have done the best documentation work of their careers at Combat Camera.

“Combat Camera’s legacy will live on through the decades of imagery we’ve created telling the story of our military forces, and is forever preserved in the eyes of the viewers.”

The Navy’s combat camera units will officially disestablish on Sept. 30, 2018, ending 67 years of service to the Navy and Department of Defense.

For more news from Navy Expeditionary Combat Command , visit www.navy.mil/local/necc/.



Christopher Lange

Retired Rear Admiral Samuel Cox, Director, Naval History and Heritage Command, speaks to Sailors aboard the USNS Grasp (T-ARS-51) during a wreath-laying ceremony to commemorate the 100th anniversary of the sinking of the USS San Diego (ACR 6).

Do you know how the patient referral process works within the Tidewater Military Health System?



By Michael Kirschner

Tidewater Military Health System

You receive care at either a Military Treatment Facility (MTF) or with a Network Provider:

After 24 hours, you may receive an automated call that your referral has been appointed to a MTF; or if services are not available in the Military Health System, your referral will be sent to the Managed Care Support Contractor. Then, in 7-10 business days, you may receive a letter assigning you to a network provider. If you have any questions concerning the status of your referral during this time, you may contact one of the Referral Management Centers listed to the right.

Specialty Appointments:

Please arrive to all appointments approximately 30 minutes early, if not otherwise specified. This will allow time for additional paperwork to be completed prior to visit. Remember to bring your military ID card

along with copies of any related medical records with you to your appointment for the specialty provider to review.

If the specialty clinic appointment is with a civilian network provider, request a copy of the medical record be faxed to:

Portsmouth: FAX# (855) 647-3441
Langley AFB: FAX#: (757) 764-4886
Fort Eustis: FAX# (630) 570-5902

How do I check the status of a pending network referral?

To check the status of a pending network referral call TRICARE at 1-800-444-5445. Hours of operation are 8 a.m. to 6 p.m. local time.

You can also go online to www.humanamilitary.com to check your referral status. Registration is required on the site and takes just a few minutes.

How do I receive care without a referral?

Seeking care from a civilian provider without prior authorization will incur TRI-

CARE Point of Service charges and could result in significant out of pocket costs to you. Please ensure, before seeing a network provider for non-emergent care, you have an appropriate authorization to do so.

Tricare For Life (TFL):

Medicare acts as the primary insurance and TFL is secondary. If you require care outside the MTF, please call the Referral Management Center so we can assist with coordinating your care.

You will not receive a letter from TRI-CARE.

What if I have other healthcare insurance (OHI)?

Your care does not require a referral through TRICARE. Check with your OHI.

Tidewater Referral Management Centers (RMC):

McDonald Army Health Center (MCAHC)
Phone: 757-314-8065/8067/8064
Fax: 757-314-7854

Naval Medical Center Portsmouth (NMCP)

Phone: 757-953-9535

Fax: 757 953-9826

USAF Hospital Langley (633RD MDG)

Phone: 757-764-9999, Option 3, Then 1

Fax: 757-764-4886

■ The Tidewater Military Health System (TMHS) located in Hampton Roads, VA is comprised of McDonald Army Health Center (MCAHC), Naval Medical Center Portsmouth (NMCP), and United States Air Force (USAF) Hospital Langley. The TMHS provides inpatient and outpatient primary, specialty, surgical subspecialty, intensive care, emergency, dental, and health support services to TRICARE eligible beneficiaries.

THE OFFICIAL VEHICLES OF *Summer*



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WELCOME HOME, USS HARRY S. TRUMAN.

2018 JEEP COMPASS LATITUDE FWD



\$6,250

Total Cash Allowance^{1,4}

ON SELECT MODELS IN DEALER STOCK THE LONGEST BY JULY 6TH

AFTER \$500 MILITARY BONUS CASH

2019 JEEP CHEROKEE LATITUDE PLUS



\$4,500

Total Cash Allowance^{2,4}

WHEN FINANCED THROUGH CHRYSLER CAPITAL

AFTER \$500 MILITARY BONUS CASH

2018 JEEP WRANGLER UNLIMITED SPORT S



WELL-QUALIFIED RETURNING FCA MILITARY LESSEES
CAN GET A LOW-MILEAGE LEASE FOR:

\$289/MO. FOR **36** MOS.^{3,4}
\$2,999 DUE AT SIGNING

AFTER \$500 MILITARY BONUS CASH

TAX, TITLE AND LICENSE EXTRA. NO SECURITY DEPOSIT REQUIRED.
(\$0.25 CHARGE FOR EACH MILE OVER 30,000 MILES)

GET **\$500 MILITARY BONUS CASH⁴**
AT THE JEEP MILITARY EVENT.



1. ON OLDEST 15% OF INVENTORY OF SELECT 2018 MY JEEP COMPASS LATITUDE FWD VEHICLES AS OF 7/6/18. WHILE DEALER STOCK LASTS. RESIDENCY RESTRICTIONS APPLY. TAKE RETAIL DELIVERY BY 7/31/18.
2. FINANCING FOR WELL-QUALIFIED BUYERS. NOT ALL BUYERS WILL QUALIFY. RESIDENCY RESTRICTIONS APPLY. OFFER ENDS 7/31/18. 3. OFFER FOR WELL-QUALIFIED LESSEES THROUGH CHRYSLER CAPITAL BASED ON MSRP EXAMPLE WITH A 24S PACKAGE AFTER \$500 IN TOTAL CASH ALLOWANCE, PLUS \$0 ACQUISITION FEE. TOTAL DUE AT SIGNING INCLUDES A DOWN PAYMENT OF \$2,700 AND FIRST MONTH'S PAYMENT. TOTAL MONTHLY PAYMENTS EQUAL \$10,404 TAX, TITLE AND LICENSE, AND DEALER DOCUMENTATION FEES ARE EXTRA. OFFER REQUIRES A DEALER CONTRIBUTION, WHICH MAY AFFECT FINAL COST. LESSEE IS RESPONSIBLE FOR EXCESS WEAR AND TEAR AND MILEAGE CHARGE PLUS A \$395 DISPOSITION FEE. IF VEHICLE IS RETURNED AT END OF TERM. OPTION TO PURCHASE AT LEASE END AT A PRE-NEGOTIATED PRICE AND A \$350 FEE. EACH PARTICIPATING DEALER'S ACTUAL TERMS MAY VARY. NOT ALL LESSEES WILL QUALIFY. RESIDENCY RESTRICTIONS APPLY. MUST TAKE RETAIL DELIVERY BY 7/31/18. 4. EXCLUDES GRAND CHEROKEE TRACKHAWK AND SRT MODELS. OFFER AVAILABLE TO ACTIVE MILITARY, ACTIVE MILITARY RESERVE, AND RETIRED MILITARY AND RETIRED MILITARY RESERVE WITH HONORABLE DISCHARGE. HONORABLY DISCHARGED VETERANS AND 100% DISABLED VETERANS ARE ELIGIBLE WITHIN 12 MONTHS OF DISCHARGE DATE. SEE DEALER FOR DETAILS. OFFER ENDS 1/2/19.
JEEP IS A REGISTERED TRADEMARK OF FCA US LLC.



Ponte Dirillo and Operation Husky, 75 years later

Seventy five years ago British, Canadian, and American service members commenced Operation Husky and initiated the Italian Campaign of World War II, a conflict lasting more than a month and costing more than 14,000 lives from both sides.

» See **B7**

SECTION B | FLAGSHIPNEWS.COM | 07.26.18

RONALD REAGAN STRIKE GROUP RETURNS FROM PATROL

The forward-deployed aircraft carrier and flagship of Carrier Strike Group Five, USS Ronald Reagan (CVN 76) approaches a pier at Fleet Activities, Yokosuka. Reagan is returning from a routine patrol in the 7th Fleet area of responsibility in support of security and stability in the Indo-Asia Pacific region.

MC2 Christian Senyk



From Commander, Task Force 70 Public Affairs

YOKOSUKA, JAPAN

The Ronald Reagan Strike Group returned to Yokosuka, Japan, July 24, following a patrol in the U.S. 7th Fleet area of operations.

The strike group included the aircraft carrier USS Ronald Reagan (CVN 76), Carrier Air Wing (CVW) 5, Destroyer Squadron (DESRON) 15, the Ticonderoga-class guided-missile cruisers USS Antietam (CG 54) and USS Chancellorsville (CG 62), and the Arleigh Burke-class guided missile destroyers USS Benfold (DDG 65), USS Milius (DDG 69) and USS Mustin (DDG 89).

“USS Ronald Reagan and her crew com-

pleted an extremely successful patrol, including operations in multiple areas throughout the Indo-Pacific region, participating in the Malabar 18 exercise with our Japanese and Indian naval counterparts, and a memorable port visit to Manila, Philippines,” said Capt. Buzz Donnelly, Ronald Reagan’s commanding officer. “I am very proud of the professionalism our Sailors consistently demonstrate on a daily basis: from executing liberty as a mission in Manila, to conducting complex flight and maritime operations underway, including seamless participation with our partners and allies. Our effective, safe execution reflects the immense capability, drive, and motivation onboard USS Ronald Reagan operating with Carrier Air

Wing Five. It truly represents the strength and high operational readiness of our country’s forward-deployed naval forces.”

While underway, embarked Commander, Task Force 70 held a change of command ceremony in Ronald Reagan’s hangar bay. Rear Adm. Karl O. Thomas relieved Rear Adm. Marc H. Dalton as Commander, Task Force 70, Battle Force 7th Fleet and commander, Carrier Strike Group Five.

“Relish every day at sea because from my experience these are the best days of your life,” Thomas said. “I am very humbled to have the opportunity to serve on an aircraft carrier once again. Observing the teamwork, professionalism and enthusiasm of our Sailors at sea is

surely the highlight of my career.”

While in port, Sailors will have an opportunity for rest and relaxation with their friends and families. Sailors will have an opportunity to climb Mt. Fuji and participate in multiple events hosted by Morale, Welfare and Recreation and United Services Organizations while the ship is restocked and resupplied.

The Ronald Reagan Strike Group is forward-deployed to the U.S. 7th Fleet area of operations in support of security and stability in the Indo-Pacific region.

For more news from Commander Task Force 70, visit www.navy.mil/local/ctf70/.

Army Chief Warrant Officer Brett Bassett, assigned to Special Operations Command Pacific, steers to the designated drop zone during static line airborne operations as part of Rim of the Pacific (RIMPAC) exercise, July 17.

MC1 Carlos Gomez



SOPAC conducts airborne exercises with Multinational Special Operations Forces during RIMPAC

By MC1 Carlos Gomez

WAHIAWA, HAWAII

About 150 special operations forces members from seven countries flooded the skies during airborne operations in Wahiawa, July 17 and 19.

Special Operations Command Pacific (SOPAC) conducted airborne operations with multinational Special Operations Forces (SOF) in support of the Rim of the Pacific (RIMPAC) exercise.

In the spirit of RIMPAC, U.S. Army Special Forces from the 1st Battalion, 1st Special Forces Group (SFG) partnered with SOF units from the Republic of Korea (ROK), India, Indonesia, Peru, Philippines, Japan, and SOPAC for two days of conducting and refining static-line and military free fall parachuting techniques. While the jumps help all units involved maintain proficiency in their training requirements, there is a deeper theme to these events.

“It’s about building partnerships,” said U.S. Army Capt. Matthew Song, assigned to the 1st SFG out of Okinawa, Japan. “In SOF, that person-to-person relationship plays out big in the end.”

Song, the lead facilitator for SOF units during the airborne operations, understands the importance of bridging together different units from around the globe. This was the first time conducting an exercise of this scale and complexity, Song said, citing the many moving parts and countries involved.

“I’ve been in the military a long time and never had the chance to work with these nations,” said Indian Navy Lt. Cmdr. “VB”, assigned to the Indian Navy’s Marine Commando Force. “RIMPAC is incredible as it brings us all together.”

Aside from building rapport across nations, these events allow participants to learn from one another.

» See **RIMPAC** | B7

US, JAPANESE, INDIAN FORCES BEGIN ANNUAL MINE COUNTERMEASURES EXERCISE

From Commander, Amphibious Force 7th Fleet Public Affairs

OMINATO, JAPAN

U.S. Navy mine countermeasure (MCM) units, Japan Maritime Self Defense Force (JMSDF) MCM units, and Indian Navy Explosive Ordnance Disposal (EOD) units commenced 2JA mine countermeasure exercise 2018 near Ominato, Japan, on July 18.

2JA is an annual exercise that this year includes U.S. Navy, JMSDF, and Indian Navy forces. The exercise strengthens interoperability and increases proficiencies in mine countermeasure operations amongst regional allies and partners.

“This exercise allows us to flex our mine countermeasure muscles and improve interoperability with our JMSDF and Indian Navy teammates,” said Rear Adm. Brad Cooper, commander, Amphibious Force 7th

Fleet. “The mine countermeasure mission is hugely important to both military and civilian shipping from all nations in the Indo-Pacific region and keeping waterways clear of mine threats is fundamental to national security and the free flow of trade.”

During the exercise, participating units will practice unit-level mine countermeasures tactics to include using sonar equipment to detect mines. Explosive ordnance disposal unit personnel will conduct dive operations in support of mine countermeasures efforts.

The exercise will culminate in a combined phase in which U.S. Navy and JMSDF will coordinate and communicate to ensure a safe route through simulated mines in one of the designated exercise areas.

U.S. Navy units participating include USS Chief (MCM 14), Explosive Ordnance

» See **MINE** | B7



MC2 Jordan Crouch

The Avenger-class mine countermeasures ship USS Chief (MCM 14) arrives in Chinhae for a port visit after completing Multinational Mine Warfare Exercise.



THE POLITICS OF MARRIAGE: WHAT CONGRESS MIGHT LEARN FROM HUSBANDS AND WIVES

By Lisa Smith Molinari

In theory, marriage should be the perfect balance of power between two parties. A husband is the yin to his wife’s yang. Spouses are each other’s “better halves.” Couples are like planets exerting complimentary gravitational pulls, caught in each other’s orbits, circling together in one planetary system.

Romantic, right?
But in reality, marriage is often an adversarial system, requiring the two parties to regularly negotiate resolutions to conflicts.

Sound familiar?
All the talk of divisiveness in Washington these days has me wondering if the politicians might learn a few things from how typical husbands and wives manage to make decisions on everything from buying a new couch to whose mother is coming for Thanksgiving.

When I met my Navy husband, Francis, he was a bit of a dark horse candidate. He came from out of nowhere, in a time in my life when I wasn’t looking for a running mate. But much to my surprise, we had one of those goofy “love at first sight” kind of meetings, and after a brief courtship, we tied the knot and I became a military spouse.

We’ve spent the last 24 years working together to make our union run smoothly.

Thankfully, we found out that we have very similar platforms on big ticket items such as politics, morality, military duty stations, NFL teams, and whether John Candy movies are the best (they are, in case you didn’t know).

Certainly, there are some conflicts without an absolute majority opinion. Whether it’s Thai food or pizza, comedy or suspense, lights on or lights off — sometimes a married couple has to hold a special session before they can come to an accord that each party can live with.

It certainly isn’t easy. There’s often lengthy debate, and sometimes filibuster — which, by the way, husbands completely tune out while their minds wander to things like cars, women’s body parts, and peanuts.

When bargaining on whether to stay home and watch the baseball game on Sunday or go blueberry picking with the family, a wife might

try to negotiate a continuing resolution requiring her husband to give her a foot rub on the couch during the seventh inning stretch. While perusing the family’s Netflix watch list on Friday night, a husband might try to logroll the swing voters (a.k.a., the kids) to vote for “Lep-rechaun: Back 2 Tha Hood” instead of “The Notebook.” During debate over whose in-laws should get first dibs on Christmas, a husband might propagate “fake news” that his mother’s recent attack of gout was arguably life-threatening and therefore entitles her to priority status.

Both husbands and wives will make shameless attempts to propagandize the family, promising pork barrel spending on sugared cereals, brand name clothing, expensive electronics, and puppies to garner support for their personal agendas. There’s muckraking and mudslinging, dissent and demagoguery, tyranny and totalitarianism.

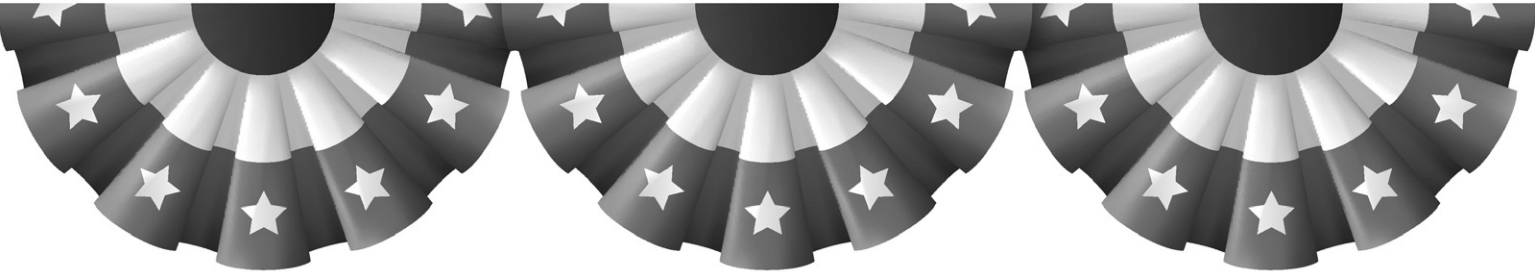
But in the end, even if it takes cloture, husbands and wives do something that our government just can’t seem to do these days: they compromise.

Wives give in on golf outings as long as husbands help with dishes. Husbands give in on mani-pedis, as long as wives make meatballs. Whatever the terms of compromise, most married couples do what they need to do to keep their system of government running smoothly, just like Francis and I have done for the last 24 years.

That being said, I must confess, there is one thing in our marriage that Francis and I have yet to agree upon. You see, Francis insists that the toilet paper roll must be placed such that the edge of the paper hangs on the side of the roll closest to the wall; whereas, I firmly believe that toilet paper rolls are meant to hang so that the edge of the paper hangs on the side of the roll away from the wall.

This is our Cold War, our Berlin Wall, our 38th Parallel.
I fear we will never achieve detente, because getting Francis and I to compromise on toilet paper roll placement would take an Act of Congress, and that’s something we know isn’t going to happen any time soon.

www.themeatandpotatoesoflife.com



No fanfare, no problem

By Amanda-Lee Pitzer

When we found out the ship was coming home early, we went into overdrive planning homecoming. There was SO much that I didn’t have time to do yet! I wanted him to come home and not have a long honey-do list, so I got busy. I also had things to do with the FRG before their arrival and time just started flying. Finally, when I felt like I had most things taken care of in one way or another, I started to plan OUR homecoming. You know, the dress, the decorations, the first meal...and my youngest son insisted on a red and blue mow-hawk. We were SO excited.

The more I talked to my husband about preparations, the more uneasy he got. He told me to stop planning, there would be no homecoming festivities. He didn’t want me getting my hopes up for a grand arrival. This stopped me dead in my tracks. I already knew it wasn’t a normal homecoming. I knew that the pier wouldn’t look the same,

but that’s not what homecoming is about. It’s about our family. So what if the ship wasn’t going to have a band and tents and a first kiss and first hug...we don’t need all of that hullabaloo to have the best day we’ve had in months. Plus, I’m still decorating our home like I normally would! We are celebrating his return! We have signs, and flags, and jets, and balloons at the ready!

I was a little stunned by my husbands response; Did he really think we would be let down by him walking off the ship if he wasn’t in his dress uniform? We will still run into his arms at a speed that will knock him over. We will still bask in the back-together-family-glow. No fanfare at the ship? Does he really think that’s what we care about? Absolutely not. HE is the fanfare. He is the missing piece that we’ve been waiting for. We just got our summer back, and we can’t wait to get started.



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USNS Mercy returns home following Pacific Partnership 2018

By Sarah Burford
Military Sealift Command Pacific

SAN DIEGO

The Military Sealift Command hospital ship USNS Mercy returned July 21, following its support of Pacific Partnership 2018.

The ship’s crew is composed of MSC civil service mariners who operated the ship, and Navy medical and support personnel who staffed and oversaw the ship’s hospital and treated patients. This year’s iteration of the annual humanitarian mission included stops throughout Southeast Asia, including Indonesia, Malaysia, Sri Lanka and Vietnam.

Pacific Partnership is the largest multinational humanitarian assistance and disaster relief preparedness mission in the Indo-Asia-Pacific region. The Navy and civilian sailors were joined by personnel from nongovernmental organizations and regional partners at the various mission stops.

Mercy provided medical, dental, veterinary, public health services, engineering and disaster response to host countries who invited the ship to visit and provided services to the local populations.

Mercy was joined on the Pacific Partnership mission by the MSC expeditionary fast transport ship USNS Fall River. The Fall River made separate mission stops in Yap, Palau, Malaysian Borneo and Thailand, supporting public diplomacy, community outreach, and theater security cooperation initiatives.

All-Around Success

“This has been one of those deployments I will never forget,” said Julie Flaherty, Mercy’s civil service navigator. “Pacific Partnership touches so many lives, not just the people who receive our services.

“It has been an amazing five months,” she added, and while I am sorry to see all our good work come to an end,



Photos by Sarah Burford

Military Sealift Command hospital ship USNS Mercy (TAH 19) arrives at Naval Base San Diego following its five month deployment in support of the Southeast Asian, humanitarian mission Pacific Partnership 2018

I am really happy to be back in San Diego and home. I’m ready to be still and stay put for a while.”

Mercy wrapped up its Pacific Partnership mission with a stop in Tokyo in June. Before returning to San Diego, the ship stopped in Pearl Harbor, Hawaii, where it participated in a humanitarian response and disaster recovery exercise as part of the multinational maritime exercise Rim of the Pacific 2018.

“This year’s mission was a success all around,” said Capt. Brian Mershon, Mercy’s civil service master. “I couldn’t be happier with my crew and all their hard work. They are a true group of professionals and it was a pleasure to sail with them on this historic mission.”

Now in its 13th year, Pacific Partnership 2018 included more than 800 military and civilian personnel from the U.S., Australia, Canada, France, Japan, Singapore, South Korea and the United Kingdom.



Family members eagerly await the Military Sealift Command hospital ship USNS Mercy (TAH 19) return home, to San Diego following its five month deployment to Southeast Asia in support of the humanitarian mission Pacific Partnership 2018.



Family members cheer as the Military Sealift Command hospital ship USNS Mercy (TAH 19) returns home to San Diego following its five month deployment to Southeast Asia in support of the humanitarian mission Pacific Partnership 2018.



Family members cheer as the Military Sealift Command hospital ship USNS Mercy (TAH 19) returns home to San Diego following its five month deployment to Southeast Asia in support of the humanitarian mission Pacific Partnership 2018.



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U.S. Army photo

By U.S. Army Capt. Rachael Jeffcoat
17th Field Artillery Brigade

PACIFIC MISSILE RANGE FACILITY BARKING SANDS, HAWAII

“Attention in the TAC! Target is Colorado.” The U.S. Army’s Multi Domain Task Force (MDTF) Tactical Command Post (TAC) operating at PMRF in Hawaii is filled with energy and tension. Sweat drips down the faces of the MDTF Soldiers as they process the fire mission, “Colorado,” to the 17th Field Artillery Brigade’s (17th FA BDE) High Mobility Artillery Rocket System (HIMARS) crews. Quiet, the Soldiers eagerly await the loud, boom-

ing sound of the Japan Ground Self-Defense Force (JGSDF) firing of a surface-to-ship missile alongside the HIMARS. The long-range artillery systems fire ... then comes silence. Soldiers crowd around the television screen in the TAC as they watch the feed provided by the 25th Combat Aviation Brigade’s (25th CAB) unmanned aerial system, an MQ-1C Gray Eagle, to see if the round will impact the target. The target is a decommissioned naval vessel also known as ex-USS Racine ... it’s a good hit! The 17th FA BDE, alongside the JGSDF, conducted its first live-fire exercise here, July 12, during the biennial Rim of the Pacific (RIMPAC) exercise.

The Naval Strike Missile was the first to launch as a land-based asset. Following the NSM, Apache AH-64E helicopters, assigned to the 25th CAB and 16th CAB, fired upon ex-USS Racine. Lastly, two surface-to-ship missiles from the JGSDF, launched missiles in conjunction with the 17th FA BDE HIMARS system. “People are wondering ‘why are we participating in RIMPAC?’” said U.S. Army Col. Chris Wendland, commander of the 17th FA BDE and MDTF. “We are here to support the Navy and our other services, to show them what the U.S. Army’s MDTF can provide to the fight.” RIMPAC is the world’s largest international maritime exercise. It features 25 nations and is typically focused on naval operations. This year however, U.S. Army ground forces had a role in the exercise for the first time as the MDTF. “We are an asset the Navy and our joint services can utilize,” said Wendland. “What our maritime adversaries conducting this exercise are looking for are other ships or submarines as threats. What they are not looking for is the Multi Domain Task Force, our ground forces, who can acquire the target and fire upon it using land-based surface-to-ship missiles, then be able to move freely.” U.S. Army Pacific designated the 17th FA BDE, a subordinate unit under America’s I Corps at Joint Base Lewis-McChord near Tacoma, Washington, as the pilot program for the MDTF concept. “We looked across the U.S. Army and selected the best assets and leaders to build an organization that can fight in all domains,” said U.S. Army Gen. Robert Brown, commander of U.S. Army Pacific, during a brief to senior leaders before the live-fire event. The concept of MDTF brings together various capabilities to address peer- or near-peer threats that could deny access to U.S. and coalition forces in maritime, land, air, and space domains. The MDTF integrates its assets to overcome adversary anti-access and air-den-

al through integration and synchronization of a variety of capabilities. These capabilities include unmanned surveillance assets, aviation, long-range artillery, air defense, electronic warfare, cyber, and space assets. “We want to leverage and learn what our joint services utilize, as well as integrate our capabilities as a Multi Domain Task Force into their planning efforts,” explained Wendland. “Our goal is to create joint interoperability to be able to deter our adversaries across all domains.” RIMPAC has provided the MDTF and the U.S. Army with many ‘first’ opportunities. This is the first time 17th FA BDE has worked under a naval commander instead of providing long-range artillery for I Corps during a military exercise; the first flight for 25th CAB’s MQ-1C Gray Eagle in Hawaii as a capability of the MDTF; and the first time using a distributed line-of-sight battle management network, known as Link 16, with joint forces outside of the brigade. The exercise is a tough, realistic training for joint and combined forces to deter and defeat aggression by major powers across all domains and levels of conflict in order to build multi domain concepts. The 17th FA BDE will continue to improve multi-domain concepts within the next year as it executes military exercises in Guam and Japan as the pilot program of the U.S. Army’s MDTF. Twenty-five nations, 46 ships, five submarines, and about 200 aircraft and 25,000 personnel are participating in RIMPAC from June 27 to Aug. 2 in and around the Hawaiian Islands and Southern California. The world’s largest international maritime exercise, RIMPAC provides a unique training opportunity while fostering and sustaining cooperative relationships among participants critical to ensuring the safety of sea lanes and security of the world’s oceans. RIMPAC 2018 is the 26th exercise in the series that began in 1971. For more news from Rim of the Pacific, visit www.navy.mil/local/rimpac/.



U.S. Army photo

NIOC Texas Sailor stops mugging during off-duty hours

From Navy Information Operations Command Texas Public Affairs

SAN ANTONIO

Cryptologic Technician 3rd Class (CTR3) Shelton Carter, assigned to Navy Information Operations Command (NIOC) Texas, was recognized by the city of San Antonio for stopping an attempted robbery in a local Walmart parking lot, June 9. Carter, who had been shopping at the store during his off-duty hours, heard cries for help and saw a young man trying to take an elderly woman’s purse by force. Carter intervened and used force to stop the man but was then attacked by multiple other assailants. After a few moments, other bystanders intervened and were able to disperse the gang of attackers. Carter then called his chain of command to inform them of the incident. Chief Cryptologic Technician (Collection) Joseph Yglesias, Carter’s leading chief petty officer, first ensured that Carter was safe and not in need of medical attention. He then contacted San Antonio City Councilman Rey Saldaña, whose district encompasses Joint Base San Antonio Lackland. “Petty Officer Carter’s actions were the perfect example of a Sailor exhibiting the Navy core values of honor, courage and commitment even when they’re off-duty,” said Yglesias. “The integrity and bravery he showed to stand up for his fellow citizen is what we in the Navy encourage all of our personnel to embody. I also want to thank Mayor Nirenberg, Councilman Saldaña and the San Antonio Police Department for their tremendous gesture of gratitude to CTR3 Carter.” On June 21, Carter and his chain of command were invited

to the San Antonio City Council Chambers where he met with the San Antonio Police Chief William McManus, Councilman Saldaña, and Mayor Ron Nirenberg. Carter received a certificate of appreciation from Nirenberg and was recognized at the city council’s next meeting. Carter thanked the mayor, chief of police and city council for the certificate and dedicated his award to his father, an Air Force lieutenant colonel, who is currently deployed in Afghanistan. NIOC Texas conducts information operations and provides cryptologic and related capability to the fleet, joint and national commanders, as well as administrative and personnel support to Department of the Navy members assigned to the San Antonio area. NIOC Texas is a subordinate command of U.S. Fleet Cyber Command and comprises Task Force 1040 of the U.S. 10th Fleet. Since its establishment, U.S. Fleet Cyber Command/U.S. 10th Fleet has grown into an operational force composed of more than 16,000 active and reserve Sailors and civilians organized into 26 active commands, 40 Cyber Mission Force units, and 26 reserve commands around the globe. C10F, the operational arm of FCC, executes its mission through a task force structure similar to other warfare commanders. In this role, C10F provides support of Navy and joint missions in cyberspace operations, space operations and signals intelligence and space. For more news and information from Commander, U.S. Fleet Cyber Command / U.S. 10th Fleet, visit www.navy.mil/local/FCC/C10F/ or follow us on Twitter @USFLEETCYBERCOM.

“ Petty Officer Carter’s actions were the perfect example of a Sailor exhibiting the Navy core values of honor, courage and commitment even when they’re off-duty,”

Joseph Yglesias ,
Chief Cryptologic Technician (Collection)

A ROAD TO SUCCESS

By MC2 Michael T. Eckelbecker

USS Boxer (LHD 4) Public Affairs

SAN DIEGO

What does success mean to you? Is it fame, money, power? For some, success is a tangible thing; for others, it's a feeling of fulfillment through helping people. Where some find success at the end of a grueling path, others find it in the journey.

From the day he left his family and home in the Philippines in order to pursue a better life for them, to the day he was selected to become a commissioned officer in the United States Navy, and onward through his life, Chief Aviation Boatswain's Mate (Fuels) Eduardo Ople has walked that path with his head held high.

"We had a family business back in the Philippines, but then problems arose when the President of the Philippines was ousted from his Presidency," said Ople. "Additionally, during that time the government and the economy back home were indefinite. I was doubtful of what was to come; therefore, as a husband and a father, I wanted to protect and give my family a bright future. I sacrificed my life in the Philippines and went to a completely foreign nation in hopes to find a better and more suitable life for my family."

When he made it to the United States, things weren't always easy. Ople took work where he could find it, but quickly discovered working long hours in a restaurant late at night wasn't exactly the American dream he wanted to settle for.

"Lourdes Restaurant always had a very lively ambiance, especially during the night," said Ople. "It was always filled with customers and their laughter; however, working in the kitchen is another story. My night shifts were always chaotic."

Working in the kitchen wasn't a new experience for Ople, who owned his own restaurant in the Philippines.

"The restaurant was great, but it did not quite have a 5-star kitchen. It was very small, had a peculiar smell and it was scorching hot. We were like sardines in the back and the smell

of oil seeped through our clothes."

Ople didn't just work in the kitchen. He did everything that needed to be done, from waiting tables to cleaning bathrooms.

"I felt like I lived in the restaurant at one point. I worked there from 1 p.m. to 3:30 a.m. six days a week, but working at that place has definitely been a life-changing experience for me."

While his evenings were eaten at the restaurant, he spent his mornings delivering newspapers in Coronado.

"There were times I questioned what I was doing to myself, but I had to do it in order to survive. So after my shift at the restaurant, I headed straight to newspaper service center to place each newspaper in the plastic and go right away to Coronado in order to beat traffic and deliver the newspapers before 6 a.m."

The odd schedule occasionally took a toll, and Ople had to find ways to adapt and overcome the long hours of mentally and physically draining work.

"On some occasions, I would need to take a nap at one of the parking lots at the ferry landing because I knew there was no way I would be able to drive back home. What I did was very exhausting, without a doubt, but I would always remember the reason why I did the things I did, and it was for my family."

Every sacrifice and each long hour of work brought Ople one step closer to his family.

"It took a while before I was able to bring my family to the U.S. I missed them immensely, but I wanted them to be with me when life in the U.S. would be somewhat easier for them. During that time they didn't know the situation I was in, and I did not want to tell them about it because I did not want them to worry. I had nothing at that time, not even medical insurance. I got into an accident in the restaurant I worked at and cut my hand. I had to get stitches, and it was quite pricey. It was worth around two paychecks. I was asked to go back in to get my stitches removed which was another \$200 or so, so I took the stitches out myself using a nail cutter and rubbing alcohol."

Despite the rough times, Ople persevered.



Photos by MC3 Preston Jarrett
Ensign Eduardo Ople's wife and daughter place his new rank on his uniform during his commissioning ceremony aboard amphibious assault ship USS Boxer (LHD 4).

He used the adversity of his reality to learn and grow instead of letting it tear him down.

"One of the most valuable lessons I have learned in this journey is that bad situations may seem bad at that moment, but in hindsight, they were crucial for positive changes imposed on me. Somebody said, not all storms come to disrupt your life; many of them come to clear your path. Now, I realize that God never said that the journey would be easy, but He did say that the arrival would be worthwhile."

After three years of fantasizing about what could be as he drove across the Coronado Bridge, glancing at the giant grey warships in the harbor, Ople decided to enlist in the Navy. He joined the Navy in 2005 and was selected for the fiscal year 2018 Limited Duty Officer commissioning program. Ople says that he believes he can use his new position as an officer to help more Sailors. His commissioning ceremony took place on July 20, 2018.

"Success, for me, isn't something that can be measured materialistically. Being able to provide for my family both in the U.S. and in the Philippines is my marker of success. The action of being able to help others is what I consider as my success. Another accomplishment I have is being given the opportunity to serve my nation. I would have never imagined that I would join the United States Navy, but through this career, I was able to show my dedication and diligence. Being in the Navy has given me a chance to give back to our country and help others."

During five western pacific deployments aboard two amphibious ships he earned three selections as Sailor of the quarter and two selections as Sailor of the year. While serving ashore at Navy Recruiting Depot San Diego he became the Medical Officer Recruiting team

leading petty officer, earning Active Officer Recruiter of the Quarter and Region West Active Officer Recruiter of the Year as well as selection to Chief Petty Officer.

"Chief Ople puts his all into his Sailors," said Chief Warrant Officer 2 Brik Wiley, the aviation fuels Boatswain aboard amphibious assault ship USS Boxer (LHD 4). "I can recall him caring so much that he was physically injured while helping his young airman. He leads by example, which is why you now see him walking with a limp."

Ople wore two hats aboard Boxer as the aviation fuels division (V-4) leading chief petty officer as well and the safety department leading chief petty officer. For several months he also served as the acting safety department head, a position typically staffed by a commissioned O-3 or higher ranking officer.

"Without a doubt, V-4 would not be the division it is today without him," said Chief Aviation Boatswain's Mate (Fuel) Donnell Davis, the V-4 division leading chief petty officer aboard Boxer. "Chief Ople is the kind of person who enters your life and you never forget; his presence and leadership is that powerful."

American newscaster David Brinkley, a role model of Ople's, once said, "A successful man is one who can lay a firm foundation with the bricks others have thrown at him."

Ople is the kind of man who would take those bricks and use them to build a house for the person who threw them. He is a man who finds success in helping others, who refuses to walk the path to success alone, and instead brings along those that he leads.

For more news from USS Boxer (LHD 4), visit www.navy.mil/local/lhd4/.



Aviation Boatswain's Mate (Fuels) Chief Eduardo Ople recites the commissioning oath while being sworn in by Capt. Ronald A. Dowdell, commanding officer of amphibious assault ship USS Boxer (LHD 4), during Ople's commissioning ceremony.

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MINE | *Countermeasure exercise begins*

Continued from B1

Disposal Mobile Unit (EODMU) 5, Helicopter Mine Countermeasures Squadron 14, and staff from Mine Countermeasures Squadron (MCMRON) 7.

Participating JMSDF assets include Mine Warfare Force (MWF); Commander, Mine Division 2 (CMD2); mine-sweeper tender JS Uraga (MST 463); two mine-sweep ocean ships JS Awaji (MSO 304) and JS Hirado (MSO 305); fifteen mine-sweep coastal ships; Helicopter Mine Warfare Squadron 111; four P-3C patrol aircraft and one P-1 patrol aircraft.

MCMRON 7 is forward deployed to Sasebo, Japan and consists of USS Patriot (MCM 7), USS Pioneer (MCM 9), USS Warrior (MCM 10), and USS Chief (MCM 14).

The Avenger-class mine countermeasures ship USS Chief (MCM-14) pulls into Jeju Island in the Republic of Korea (ROK) as part of a routine port visit. Chief is part of the Mine Countermeasures Squadron 7 and Amphibious Force 7th Fleet, and is training to enhance its capabilities of finding, classifying and destroying moored and bottom mines.

MC2 Jermaine Ralliford



RIMPAC | *SOC PAC conducts airborne exercises*

Continued from B1

“These evolutions enable subject matter expert exchanges, key leader engagements, and familiarity between all countries involved,” said U.S. Army Master Sgt. Juan C. Lopez, the primary jumpmaster for the exercise. Improving interoperability and fostering professional relationships are also important outcomes, he said.

“Interoperability in training together is extremely important as we learn new things,” said ROK Navy Lt. “K”, assigned to ROK’s Naval Special Warfare Flotilla. “You never know when you’ll need it in the future.”

“All countries involved performed exceptionally,” Lopez said. “From the combined jump master teams, to the paratroopers, and the support personnel, everyone worked as a cohesive unit to execute a complex operation that exceeded expectations.”

Twenty-five nations, 46 ships, five submarines, and about 200 aircraft and 25,000 personnel are participating in RIMPAC from June 27 to Aug. 2 in and around the Hawaiian Islands and Southern California. The world’s largest international maritime exercise, RIMPAC provides a unique training opportunity while fostering and sustaining cooperative relationships among participants critical to ensuring the safety of sea lanes and security of the world’s oceans. RIMPAC 2018 is the 26th exercise in the series that began in 1971.

For more news from Rim of the Pacific, visit www.navy.mil/local/rimpac/.



Photos by MC1 Carlos Gomez

Multinational Special Operations Forces (SOF) conduct static line airborne operations during Rim of the Pacific (RIMPAC) exercise, July 17 on board Marine Corps Training Area Bellows.

Guam Sailor extends aid to auto-pedestrian crash victim

By Alana Chargualaf

Joint Region Marianas Public Affairs

ASAN, GUAM

A Sailor assigned to the Guam-based submarine tender USS Frank Cable (AS 40) rendered aid to the victim of a fatal auto-pedestrian crash in Hagtña, Guam on the evening of July 16.

Electrician’s Mate (Nuclear) 2nd Class Andrew Pluss was driving along Route 1 when he noticed a car accident and an unresponsive victim lying on the street. Upon realizing the individual was unresponsive, Pluss’ Navy training kicked in and he administered CPR to the victim until first responders arrived on the scene.

“In the moment, I didn’t know if he had passed,” Pluss said. “My thought was, ‘This could be something to save his life. He may not be responding now, but once all the available medical personnel and more equipment arrives, they may be able to save him based off of what I was doing.’”

As an electrician’s mate in Frank Cable’s repair department, Pluss receives CPR training every two to three years. A training, which he instinctively implemented that night.

“My job in the Navy is an electrician’s mate, and one of

the things we’re worried about is someone getting shocked, which could stop your heart in the event of a bad shock,” he said. “I’ve always had the thought process growing up that if I could help someone in any way I’m going to try. I did it because I believed it was what was right to do.”

Although Pluss has only been stationed in Guam for three months, Frank Cable Commanding Officer, Capt. Jeffrey Farah, awarded him with the Navy and Marine Corps Achievement Medal (NAM) July 18.

“Pluss is a hard-working Sailor in our repair department,” Farah said. “The award was given because of his heroism, but he’s also doing hard work every single day while he’s here. Usually, we reserve [that award] for an end-of-tour completion. “

Plus confirmed it was his Navy training that kept him ready in the moment.

“I knew I had been trained and, once I noticed, it naturally kicked in,” he said. “There was no point where I was like, ‘Do I need to do this? Should I do this?’ It was more of, ‘He’s in trouble. Go help him.’”

For more news from U.S. Naval Forces, Marianas, visit www.navy.mil/local/guam/.



Ponte Dirillo and Operation Husky, 75 years later

By IT2 Benjamin Larkin

Naval Computer and Telecommunications Station (NCTS) Sicily

GELA, Sicily

Seventy five years ago British, Canadian, and American service members commenced Operation Husky and initiated the Italian Campaign of World War II, a conflict lasting more than a month and costing more than 14,000 lives from both sides.

To mark this significant historical milestone, the Mayor of Gela, Domenico Messinese, joined Vice Adm. Lisa Franchetti, commander of U.S. 6th Fleet and Naval Striking and Support Forces NATO, Capt. Brent Trickle, commanding officer of Naval Air Station (NAS) Sigonella, Cmdr. Manny Cordero, commanding officer of Naval Computer and Telecommunications Station (NCTS) Sicily, Retired British Army Major Alan Batty, Retired U.S. Army Colonel Bruce G. Clarke, and officials from the Sicilian towns of Niscemi and Gela to participate in ceremonies at the Ponte Dirillo landing site and in the city of Gela. Sailors and civilians of NCTS and NAS Sigonella gathered in remembrance of the 39 World War II service members from the 82nd Airborne Division who lost their lives fighting off over half a dozen German Tiger tanks and an entire German battalion of infantry near Ponte Dirillo, Sicily, from July 10 to 12, 1943.

The success of Operation Husky was due in large part to efforts by the 82nd Airborne Division. On that hot day in July, the 82nd Airborne Division forced German and Italian forces to fight on two fronts-an amphibious assault along the coast, and over 12,000 paratroopers who landed behind enemy lines. Of these paratroopers, the men of the 1st Battalion of the 505th Parachute Infantry Regiment, 82nd Airborne Division, were blown off course by high winds during a night landing on July 10. Landing among three German pillboxes near Ponte Dirillo, these brave soldiers gave forth heroic effort, forming small groups to wreak havoc on the German and Italian forces, losing 39 men during the heavy nighttime fighting, but ultimately causing the enemy to retreat.

Survivors of the battle recounted how the men were led into action by Lt. Col. Arthur Gorham, amidst the German pillboxes and infantry. As the morning of July 11 approached, Gorham’s forces were surrounded by ten Tiger tanks and additional German infantry. As the assault intensified, Gorham bolstered up his men to keep the fight going. Gorham later fell in battle while leading his men against another German tank, however inspired his indomitable spirit, the remnants of his division fought on. For his valiant efforts, Gorham was posthumously awarded two Distinguished Service Crosses, the United States’ second highest award for bravery.

The Master of Ceremonies, Lt. Ronald R. Fall, spoke about the importance of both Operation Husky and the battle at Ponte Dirillo.

“Operation Husky was the largest amphibious operation of World War II in terms of the size of the landing zone and number of divisions put ashore on that first day of the invasion of Sicily. Its significance in relieving the pressure of forces on the Western Front by German soldiers cannot be overlooked.”

Today there is a memorial plaque at the site of the

Ponte Dirillo battle listing the 39 service members who gave their lives that day. The plaque and the site are maintained by Cristoforo Ventura, who was a child during Operation Husky.

Retired U.S. Army Col. Bruce G. Clarke, the son of Lt. Col. Arthur Gorham, spoke about his father’s life and sacrifice during the ceremony.

“I speak to you not only as a former warrior myself, but as the son of a true warrior. My father gave his life while leading his paratroopers against a determined foe at the beginning of the effort to rid Italy and Europe of the scourge of fascism’s two evil dictatorships.”

“In this climate, it seems like we need to be reminded of what Winston Churchill said in 1940 before the United States entered World War II: “Victory at all cost. Victory in spite of all terror. Victory no matter how long and how hard the road may be; for without victory there is no survival.”

After Clarke’s remarks, Lt. Col. Kurt Cyr of the 173rd Airborne read aloud the names of the fallen Soldiers until all 39 were accounted for. This Last Roll Call is a long held tradition to pay tribute to fallen Soldiers and Sailors by their comrades and those that serve after them.

The ceremony concluded with the laying of the memorial wreaths at the base of the plaque as Taps was played.

Franchetti, Cordero, and Messinese all gave Ventura plaques to recognize his dedication to maintaining the Ponte Dirillo site and memorial museum attached to his house, ensuring that local residents and visitors alike will never forget the importance of the battle and liberation of the Sicilian people during Operation Husky.

The commemoration continued later in the day at the Gela cemetery. The Mayor of Gela, Domenico Messinese, remarked on the nature of war, “The blood of the thousands of human beings that was shed in those days in Gela has taught us a lesson: in war there are no winners or losers. War’s brutality still does not seem to educate the powerful of the earth and convince them of its uselessness; convince them of the fact that everyone is a victim of the war.”

Vice Adm. Lisa M. Franchetti spoke about the partnerships formed following the war.

“Today, Italy and the U.S., along with our NATO allies and partners, remain committed to the stability, security, and economic prosperity of Europe. It is through the strength of our alliances and partnerships that we are able to use our collective power for peace.”

As a last tribute to the lives of those sacrificed on that fateful day in 1943, Commander, Task Force 67 conducted a flyover of one of their P-8A aircraft to end the day’s events.

Although this year marks a milestone anniversary of Operation Husky, ceremonies at Ponte Dirillo and Gela have been organized every year since 2006 in coordination with the Kiwanis Club. This year, Kiwanis Club President Maurizio Gallenti and Dr. Giuseppe Abbate, the primary Kiwanis organizer for the annual ceremonies, conducted a wreath laying ceremony on July 9 at the Gela seafont memorial.

NCTS Sicily reports to U.S. Fleet Cyber Command, the Navy component command to U.S. Strategic Command and U.S. Cyber Command, to provide secure and reliable telecommunications in EUCOM, AFRICOM, and CENTCOM theaters of operation. The command represents a long history of superior command and control to a vital region of the world.

For more news from Naval Air Station Sigonella, visit www.navy.mil/local/nassig/.



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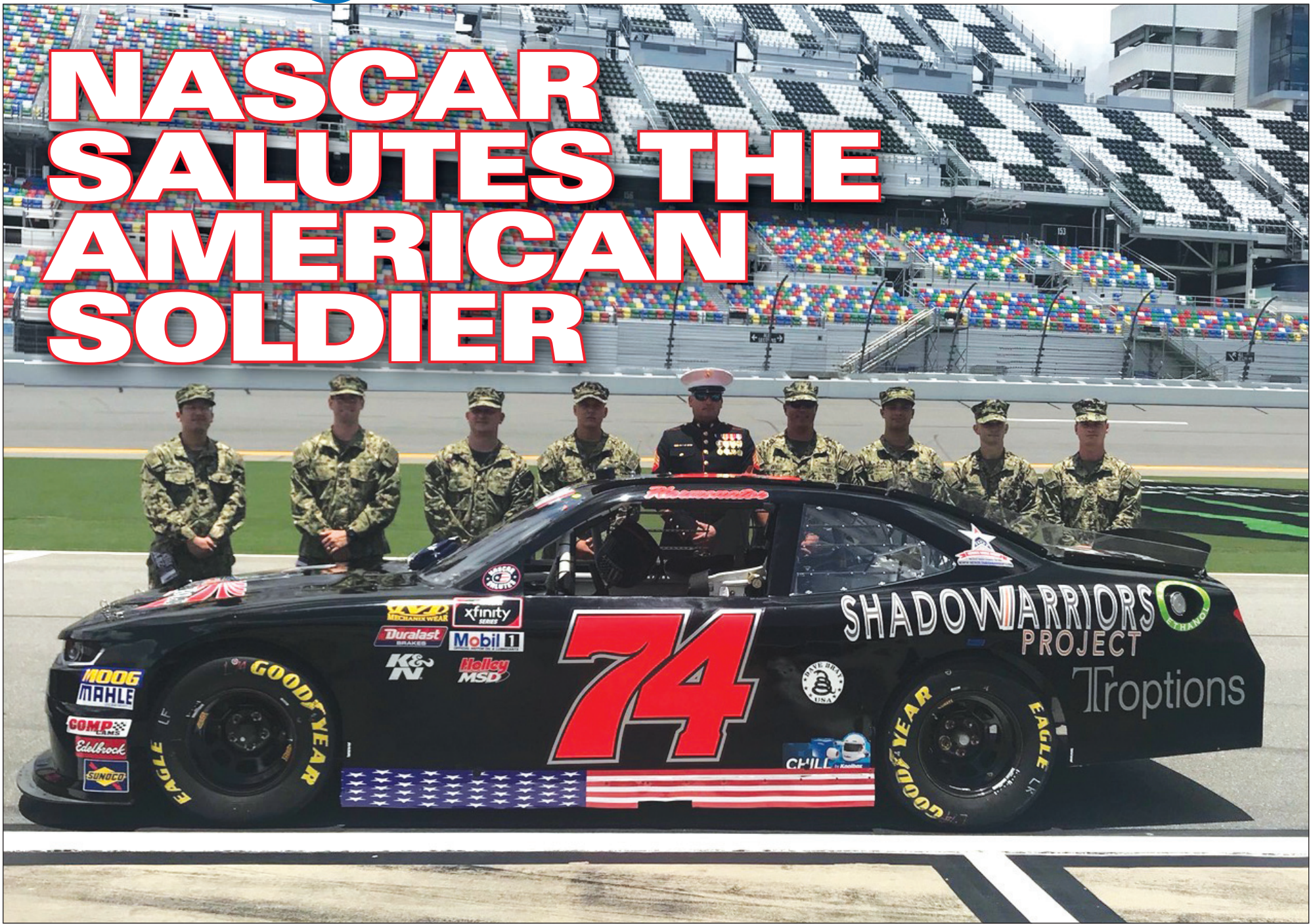
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Schartz is the fourth player signed by the Admirals this off-season, joining Ty Reichenbach, Max Cook, and Domenic Alberga.

» See C2



Courtesy Absolute Publicity

By Don Murry Grubbs
Absolute Publicity

NASHVILLE, TENN.

Gentlemen, start your engines... The Journey Home Project (founded by Country Music Hall of Famer Charlie Daniels) is making laps with Mike Harmon Racing! At the NASCAR Xfinity Series, Coca-Cola Firecracker 250 at the Daytona International Speedway, professional stock car driver Mike Harmon revealed his latest racer that includes a fresh

hood logo featuring Daniels and The Journey Home Project. Several veterans and active-duty military personnel were on-hand to celebrate the new partnership with The Journey Home Project and Mike Harmon Racing. “It was a complete honor having The Journey Home Project and Charlie Daniels aboard this past weekend honoring our nation’s heroes,” adds Harmon. “Eight members of the HSM-60 Jaguars along with Sgt. Brandon Stevenson, USMC, Purple Heart

Receipt, escorted the car onto the track. We honored their service and sacrifices and also saluted the HELMINERON FIFTEEN (HM-15) Blackhawks with a windshield banner. These fine gentlemen also represented The Journey Home Project and what their mission stands for. All of us at Mike Harmon Racing can’t wait to do it all over again this season.” About The Journey Home Project The Journey Home Project is a not-for-profit organization that assists other not-

for-profits in securing funds to help causes that benefit veterans of the United States Armed Forces. The Journey Home Project was founded in 2014 by country music legend Charlie Daniels and his manager, David Corlew. Conscious of the need to assist our nation’s veterans, they have set out to partner with organizations that do the most good, with the least overhead. Working in tandem with these organizations, The Journey Home Project is making a difference in the lives of American patriots.

Veterans Kitchen marks milestone in ending veteran homelessness

Hampton Roads Non-profit Helps its 500th Veteran Transition into Housing With Help from Walmart

By Stefanie Brown
NDP Agency

HAMPTON ROADS, VA.

Veterans Kitchen, a Hampton Roads non-profit organization, is preparing to place its 500th veteran into new housing within the next week. The organization strives to end homelessness among veterans and provide them with the tools they need to live a healthy and stable life. Since 2014, Veterans Kitchen has partnered with the Department of Veterans Affairs to support homeless veterans in need as they get back on their feet and find affordable housing and employment. Created and operated by two retired military brothers, Rich Fraser,

retired Navy and director of Veterans Kitchen, and Pete Fraser, retired Army Officer and vice president. Veterans Kitchen operates by its motto: “Restoring Dignity, one Vet at a time.” With support from Walmart, the Department of Veterans Affairs and others, Veterans Kitchen provides homeless veterans with basic necessities to set up a home. Veterans Kitchen raises funds by selling items outside various Walmart locations. In addition, Walmart has awarded the non-profit store grants and donated gift cards and merchandise. The grants and donations enable Veterans Kitchen to assist veterans when they move into their new home by providing kitchen items needed to prepare healthy meals, including pots, pans, utensils, storage and cutlery, along with household items like shower curtains and hooks, trash bags, waste baskets, paper towels, toilet tissue and more. When financially possible, veterans also receive microwaves, slow cookers, coffee pots, toaster ovens and gift cards.



Courtesy Veterans Kitchen

For the past several years, ending veteran homelessness has been a priority for both the VA and the State of Virginia,” said Marti Chick-Ebey, LCSW, homeless coordinator Hampton VAMC. “Virginia now has the lowest number of homeless veterans per capita of any state. Our community partners are crucial to our success as they provide the items our veterans need so they don’t just get housed, but feel at home.”

“With the help of community supporters such as Walmart, Veterans Kitchen can continue to bring hope to the men and women who served in our military,” said Richard Fraser, director. “Walmart understands that without these veterans and others like them, we would not have the liberties that we have today, and Veterans Kitchen is grateful for Walmart’s ongoing support.”

INSIDE: Check out Flagship Values, your source for automobiles, employment, real estate and more! Pages C8-9

2018 CONCERT CALENDAR

THE AVETT BROTHERS	JULY 20	106.9 THE FOX presents BRIT FLOYD "The World's Greatest Pink Floyd Show"	AUGUST 2	VIRGINIA CRAFT BEER & WINE FESTIVAL	SEPTEMBER 29
BUDDY GUY & JONNY LANG	JULY 21			Details coming soon!	
BRIAN MCKNIGHT with special guest Chrissette Michele *This show was rescheduled. Please note new date.	July 22	GEORGE CLINTON & PARLIAMENT FUNKADELIC *This show was rescheduled. Please note new date.	August 12	WHEELS ON THE WATER	October 6
1964 "THE TRIBUTE" "The Best Beatles Tribute on Earth" according to Rolling Stone *This show was rescheduled. Please note new date.	July 27	96X presents THE REVIVALISTS & TRAMPLED BY TURTLES	AUGUST 17	*All tickets purchased for relocated or rescheduled shows at Union Bank & Trust Pavilion will be honored at their new date or location.	
		7 CITY BLUES FESTIVAL	September 8	MORE CONCERTS AND EVENTS TO COME!	

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Please submit **events** here: www.militarynews.com/users/admin/calendar/event/

Please submit **news** and **photos** here: www.militarynews.com/norfolk-navy-flagship/submit_news/.

Calendar

For a complete list of events in Hampton Roads or to submit your own, visit www.flagshipnews.com/calendar

Kings Dominion: Patriots Day

- Sept. 9, tickets on sale now! Early bird special \$22 w/ free parking. Must purchase through Kings Dominion website **before July 31**.
- Kings Dominion, 16000 Theme Park Way, Doswell, VA
- www.kingsdominion.com

Kings Dominion will be open exclusively for military members, DoD civilians, contractors, their family and friends! Purchase tickets online at www.KingsDominion.com/save. Username and password: KDNDW (Must use all Caps)

Grunge-A-Palooza

- July 27, 6 p.m. \$15
- The Norva, 317 Monticello Ave, Norfolk
- www.thenorva.com

Put on your flannel shirt and Doc Martins and relive the glorious music of the 1990s! Featuring Love Killed Kurt (Nirvana Tribute), Superunkown (Chris Cornell Tribute), Purple To The Core (Stone Temple Pilots Tribute), White Limo (Foo Fighters Tribute), Sea of Sorrow (Alice In Chains Tribute), and Flannel (a Grungy 90s Revival Tribute)

Little Creek 6th Annual Beach Bash

- July 27, 6 p.m. - 8 p.m.
- JEB Little Creek, E-Beach
- 757-462-7691

JEB Little Creek MWR summer beach bash is back. The 6th Annual Beach Bash takes place on Friday, July 27 from 6 to 8 p.m. at E-Beach. Bring the family for some fun on the sand and enjoy the tropical atmosphere with hula lessons, inflatables, beach games, Polynesian dance performances, DJ music, cash concessions and fire performance finale.

Daughtry at Sandler Center Nov. 16 Tickets on sale Friday

- On sale July 27, 10 a.m.
 - Show: Sandler Center, Nov. 16
 - Tickets available at Sandler Center box office, www.ynottix.com, or 877-YNOTTIX (966-8849).
- Chris Daughtry & his band perform at The Sandler Center on November 16, 2018. Tickets on sale Friday.

AARP Fraud Watch Event: with Frank Abagnale

- July 28, 2:30 p.m. - 8 p.m. Free.
- Virginia Beach Convention Center, 1000 19th St, Virginia Beach
- Members of the public may register for this free event by calling 1-877-926-8300 or register online. Read more on page C4.

Join the AARP Fraud Watch Network and AARP Virginia for a presentation by Frank W. Abagnale on protecting yourself and your family from identity theft. For over four decades, Abagnale has advised the FBI on how to outsmart con artists, and now he's coming to Virginia Beach to help us learn how to spot and avoid scams so we can protect our families. As one of the world's most respected authorities on forgery, embezzlement and secure documents, Abagnale has joined forces with the AARP Fraud Watch Network and AARP Virginia. Leonardo DiCaprio's film "Catch Me If You Can" was based on Abagnale's life story.

18th Annual Norfolk Latino Music Festival

- July 28, 5 p.m. - 10 p.m. Free
- Town Point Park, Downtown Norfolk Waterfront
- www.festevents.org

Eat, drink, and salsa the night away at the 18th Annual Norfolk Latino Festival! Live explosive music from Joe Torres, DJ Mangu, Tumbao Salsero Orchestra, Latin food, dance lessons, face painting, crafts, soccer, bi-lingual story time and more spice up Town Point Park Saturday, July 28, 2018 along the downtown Norfolk, Va waterfront!



AREA WIDE SHORTAGE ON O- AND O+ BLOOD TYPES

From Virginia Blood Services

Virginia Blood Services is calling on donors of all types, especially blood type O Negative or O Positive to visit any of its Community Donor Centers, Fixed Sites or Mobile Blood Drives throughout the Commonwealth as soon as possible.

The blood bank has reported a dangerously low shortage on the supply of blood locally, especially for these two very important blood types. Virginia Blood Services typically keeps a three day supply of O Negative and O Positive blood on hand in order to provide for local hospitals. Currently the blood center has a 1.5 day supply of O Negative and a 1.4 day supply of O Positive readily available.

O Negative red blood cells are called "universal" meaning they can be transfused to almost any patient in need. Only 6.6% of the population has O Negative blood. In the event of an emergency, trauma patients and accident victims are given

a fighting chance at life due to O Negative blood being readily available. Additionally, O Negative red blood cells are safest for newborn infants with under-developed immune systems.

O Positive is the most common blood type and therefore needed by many patients. Approximately 1 in 3 people have O Positive blood.

In preparation for their donation, donors are asked to eat well and stay hydrated. The donation appointment takes about an hour (the donation itself takes only around ten minutes) and is both safe and comfortable.

Proper ID is required to donate blood. A Virginia Blood Services or military ID, driver's license or employee badge with a picture and full name are all approved forms of ID. A birth certificate along with a picture ID that includes the donor's full name will also be accepted.

NEX Offers Mobile Coupons and More

From NEXCOM Public Affairs

■ The NEX is now able to deliver coupons right to its customers' fingertips by sending text messages to their wireless device. NEX customers in the continental United States can now sign up to connect with the NEX through their mobile device which will give them access to special offers and coupons through SMS messages as well as special online offers. Customers can sign up for the mobile information by texting JOIN to 57662.

"We are excited to be able to communicate with our valued NEX customers with this new service," said Rich Honiball, Navy Exchange Service Command's (NEXCOM) Executive

Vice President, Global Merchandising and Marketing Officer. "Our goal is to be able to communicate with our customers 24/7. As we continue to enhance our digital capabilities, it was only natural that we engage our customers from a mobile perspective because as for many of them, this is their preferred way of connecting with us."

Upon signing up, customers will receive via text message a one-time-use mobile welcome coupon for \$10 off a purchase of \$50 or more. The welcome coupon is valid for 14 days from time of signup and is valid in store or online at myNavyExchange.com. Subscribers must be authorized NEX customers in order to redeem coupons.

To sign up, customers must have a text messaging-enabled mobile device provided by a supported carrier including AT&T, Verizon Wireless, Boost, Cellular South, Midwest Wireless, MetroPCS, nTelos, Suncom, Virgin Mobile, Sprint or T-Mobile.

■ Message and data rates may apply. Customers will receive one message each time JOIN is texted to 57662 and then monthly recurring messages after sign up is completed. Terms, conditions and privacy can be found at: <https://www.mynavyexchange.com/textingtermsconditions>.

Schartz signs to Admirals for 2018-19

Defenseman Becomes Fourth Player Signed

From Norfolk Admirals

The Norfolk Admirals, ECHL affiliate of the Arizona Coyotes, have signed defenseman Zane Schartz for the 2018-19 season the team announced on Thursday afternoon.

Schartz joined the Admirals after wrapping up his collegiate career with Liberty University (ACHA). In four games with Norfolk last season the defenseman netted his first professional point, an assist, and added seven penalty minutes.

"It was such a blessing how everything led me to Norfolk at the end of last season," said Schartz. "I'm excited to be back this year and hope to make an impact on and off the ice."

In his final season at Liberty University Schartz ranked 6th among all ACHA skaters with 59 points (23g, 36a) in 35 games. Over three seasons with the Flames, the Plano, TX native recorded 129 points (48g, 81a).

Schartz is the fourth player signed by the Admirals this off-



Paul Jensen Photography

season, joining Ty Reichenbach, Max Cook, and Domenic Albergia.

Norfolk will open the 2018-19 season on October 13 at home against the Wheeling Nailers. Full and partial season tickets are now available by visiting NorfolkAdmirals.com or calling the Admirals office at (757) 640-1212.

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11:30, 12:30, 2:45, 6:00, 7:00,
9:15, 10:15
3D: 3:45

THE EQUILAIZER 2 (R)
10:15, 1:15, 4:15, 7:15, 10:10

HOTEL TRANSYLVANIA 3 (PG)
10:25, 12:40, 2:55, 5:10, 7:35, 9:50

MAMA MIA! HERE WE GO
AGAIN (R)
10:45, 1:30, 4:10, 6:45, 9:40

JURASSIC WORLD: FALLEN
KINGDOM (PG-13)
10:20, 1:20, 4:25, 7:20, 10:20

TEEN TITANS GO! TO THE
MOVIES (PG)
10:30, 12:45, 3:00, 5:15, 7:30,
9:45

THE FIRST PURGE (R)
12:15, 2:50, 5:20, 7:50, 10:25

INCREDIBLES 2 (PG)
10:50, 1:40, 4:20, 7:10,
10:10

ANT-MAN AND THE
WASP (PG-13)
11:00, 1:50, 4:35, 7:25,
10:30

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Neil Sharkey (L) and Timmy Danger (C) attempted to recruit former WWE Superstar Swoggle (R) into The Sanctuary at a prior Vanguard Championship Wrestling event.

Jonathan McLarty

LIBERTY LOTTERY BATTLE ROYAL; SWOGGLE IN ACTION FOR VCW THIS WEEKEND

By Jonathan McLarty

Vanguard Championship Wrestling (VCW) will present their annual Liberty Lottery event on July 28 at Norfolk Masonic Temple. In the match for which the event is titled, 20 men will compete in a battle royal to earn a shot at any VCW title of their choosing within the next 12 months. Benjamin Banks, the winner of 2017’s Liberty Lottery match, won the Lucky 7 battle royal in June and will be the final entrant into the Liberty Lottery match. Other participants include stars such as Brandon Scott, Big Sean Studd, Gino, and Brian Pillman Jr. Additionally, two former World Wrestling Entertainment (WWE) stars Gangrel and Kevin Thorn will compete in this match for the first time in their storied careers.

Multiple championships within VCW will

be defended on July 28. “Platinum Icon” Phil Brown lost his United States Liberty Championship to JJ Blake in June when Brown passed out from the pain of a leg injury. These two men will continue their heated rivalry, facing off for the Liberty Championship at Liberty Lottery in an I Quit match. The VCW Tag Team Champions, The Hell Cats will defend their titles in another open challenge. Many tag teams have stepped up to face The Hell Cats in these open challenges throughout 2018, though no challengers have been able to wrestle the titles away. Commonwealth Heritage Champion Ken Dixon will defend his championship against a former tag team partner in Joe Keys.

At VCW’s June event, former WWE Superstar Swoggle appeared in front of the Norfolk crowd during the Loulie’s Lounge

interview segment. Timmy Danger and Neil Sharkey rudely interrupted Swoggle, offering the guest a spot in their Sanctuary. Swoggle would refuse the offer and was shoved to the mat by Danger. Later in the evening, the team of Timmy Danger and Jefferson Early defeated Wes “Danger” Rogers and Livid the Clown. During the winning team’s celebration, Swoggle stormed the ring with a steel chair and laid Neil Sharkey out with a Stunner. On July 28, Swoggle will team with Rogers and Livid to take on Danger, Early, and Sharkey in six-man tag team action.

Norfolk Masonic Temple is located at 7001 Granby Street in Norfolk, next door to Granby High School. Fans can meet the stars

of the show beginning at 6 p.m. and the action begins at 7:30 p.m. Advanced tickets can be purchased at VCW-Wrestling.com.

Jonathan McLarty is a contributing writer for The Flagship, as well as a local sports and event photographer. Connect with him on Twitter (@JonathanMcLarty) and view his photography at McLartyPhoto.Zenfolio.com

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DON'T GET DUPED

AARP Fraud Watch brings notorious con-man to Hampton Roads to help teach you how to spot scams

From AARP Virginia

For over four decades, Frank W. Abagnale has advised the FBI on how to outsmart con artists, and now he’s coming to Virginia Beach on Saturday, July 28 to help area residents learn how to spot and avoid scams and protect their families. As one of the world’s most respected authorities on forgery, embezzlement and secure documents, Abagnale has joined forces with the AARP Fraud Watch Network and AARP Virginia.

Abagnale’s exploits were depicted in the movie Catch Me If You Can starring Leonardo DiCaprio and Tom Hanks. He will be the keynote speaker at an AARP Fraud Watch Network event at the Virginia Beach Convention Center, 1000 19th St, Virginia Beach, VA 23451, on Saturday, July 28.

The agenda for the Saturday, July 28, 2018 Fraud Watch Network event includes:

2:30–5:30 p.m.: Shred truck on site in the Convention Center parking lot for free, secure document shredding. Please limit your documents to two boxes.

4 p.m.: Convention Center doors open to the public.

4–6:30 p.m. exhibits offering tools and resources from local agencies.

Food will be available for purchase from the convention center concession stand.

4–7 p.m. Virginia Beach Police Department Drug Take Back program will safely dispose of your unused prescription drugs.

6:30 p.m.–8 p.m. Abagnale keynote

Frank W. Abagnale is one of the world’s most respected authorities on forgery, embezzlement and secure documents. For over 40 years, he has worked with, advised and consult-



Karen Horrigan

ed with hundreds of financial institutions, corporations and government agencies around the world.

Mr. Abagnale’s rare blend of knowledge and expertise began more than 45 years ago when he was known as one of the world’s most famous confidence men. This was depicted most graphically in his best-selling book, Catch Me If You Can, a film of which was also made, directed by Steven Spielberg starring Leonardo DiCaprio and Tom Hanks. A Broadway musical of the same title was also created, and in April 2011 opened on Broadway and won a Tony Award.

Apprehended by the French police when he was 21 years old, he served time in the French, Swedish and U.S. prison systems. After five years, he was released on the condition that he would help the federal government, without remuneration, by teaching and assisting federal law enforcement agencies.

Mr. Abagnale has now been associated with the FBI for over four decades. More than 14,000 financial institutions, corporations and law enforcement agencies use his fraud prevention programs. In 1998, he was selected as a distinguished member of “Pinnacle 400” by CNN Financial News — a select group of 400 people chosen on the basis of great accomplishment and success in their fields. In 2004, Mr. Abagnale was selected as the spokesperson for the National Association of Insurance Commissioners (NAIC) and the National Cyber Security Alliance (NCSA). He has also written numerous articles and books including The Art of the Steal, The Real U Guide to Identity Theft and Stealing Your Life.

new in theaters

UNFRIEND: THE DARK WEB (R)

When a 20-something finds a cache of hidden files on his new laptop, he and his friends are unwittingly thrust into the depths of the dark web. They soon discover someone has been watching their every move and will go to unimaginable lengths to protect the dark web.

SKYSCRAPER (PG-13)

Will Sawyer (Dwayne Johnson) is a former FBI agent and U.S. war veteran who now assesses security for skyscrapers. While he’s on assignment in China, the world’s tallest and safest building catches on fire -- and he gets framed for it. Now a wanted man and on the run, he must find those responsible, clear his name and somehow rescue his family members when they become trapped inside the inferno.

MISSION IMPOSSIBLE - FALLOUT (PG-13)

The best intentions often come back to haunt you. MISSION: IMPOSSIBLE - FALLOUT finds Ethan Hunt (Tom Cruise) and his IMF team (Alec Baldwin, Simon Pegg, Ving Rhames) along with some familiar allies (Rebecca Ferguson, Michelle Monaghan) in a race against time after a mission gone wrong. Henry Cavill, Angela Bassett, and Vanessa Kirby also join the dynamic cast with filmmaker Christopher McQuarrie returning to the helm.

ANTMAN AND THE WASP (PG-13)

Scott Lang is grappling with the consequences of his choices as both a superhero and a father. Approached by Hope van Dyne and Dr. Hank Pym, Lang must once again don the Ant-Man suit and fight alongside the Wasp. The urgent mission soon leads to secret revelations from the past as the dynamic duo finds itself in an epic battle against a powerful new enemy.

TEEN TITANS GO! (PG)

It seems to the Teens that all the major superheroes out there are starring in their own movies-everyone but the Teen Titans, that is. But de facto leader Robin is determined to remedy the situation, and be seen as a star instead of a sidekick. If only they could get the hottest Hollywood film director to notice them. With a few madcap ideas and a song in their heart, the Teen Titans head to Tinsel Town, certain to pull off their dream. But when the group is radically misdirected by a seriously super villain and his maniacal plan to take over the Earth, things really go awry. The team finds their friendship



Courtesy of Warner Bros. Pictures

(L-R) Starfire voiced by HYNDEN WALCH, Robin voiced by SCOTT MENVILLE, Cyborg voiced by KHARY PAYTON, Beast Boy voiced by GREG CIPES and Raven voiced by TARA STRONG in Warner Bros. Animation’s Animated Adventure “TEEN TITANS GO! TO THE MOVIES,” a Warner Bros. Pictures release.

and their fighting spirit failing, putting the very fate of the Teen Titans themselves on the line.

HOTEL TRANSYLVANIA 3: SUMMER VACATION (PG)

Mavis surprises Dracula with plans for a fun-filled summer voyage on a monster cruise. As the pack starts enjoying colossal buffets and exotic excursions, Drac finds himself falling for the ship’s intriguing but dangerous captain. He soon learns that trying to balance family, friends and romance might just be too much to handle -- even for the world’s most powerful vampire.

MAMA MIA! HERE WE GO AGAIN (PG-13)

Donna (Meryl Streep), an independent hotelier in the Greek islands, is preparing for her daughter’s wedding with the help of two old friends. Meanwhile Sophie, the spirited bride, has a plan. She secretly invites three men from her mother’s past in hope of meeting her real father and having him escort her down the aisle on her big day.

JURASSIC WORLD: FALLEN KINGDOM (PG-13)

Four years after the Jurassic World theme park was closed down, Owen and Claire return to Isla Nublar to save the dinosaurs when they learn that a once dormant volcano on the island is active and is threatening to extinguish all life there. Along the way, Owen sets out to find Blue, his lead raptor, and discovers a conspiracy that could disrupt the natural order of the entire planet. Life has found a way, again.

THE EQUALIZER 2 (R)

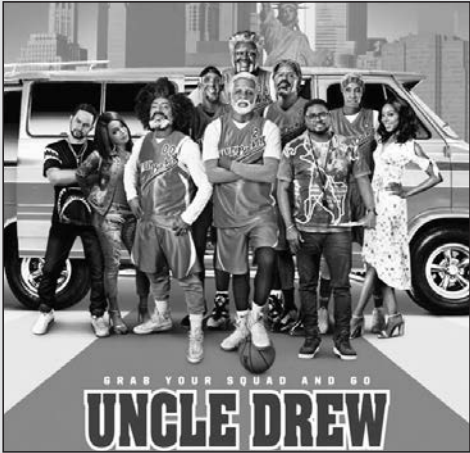
Denzel Washington returns to one of his signature roles in the first sequel of his career. Robert McCall serves an unflinching justice for the exploited and oppressed - but how far will he go when that is someone he loves?

SORRY TO BOTHER YOU (R)

In an alternate present-day version of Oakland, telemarketer Cassius Green discovers a magical key to professional success, propelling him into a macabre universe.

basetheaters \$3 Movies

After draining his life savings to enter a team in the Rucker Classic street ball tournament in Harlem, Dax (Lil Rel Howery) is dealt a series of unfortunate setbacks, including losing his team to his longtime rival (Nick Kroll). Desperate to win the tournament and the cash prize, Dax stumbles upon the man, the myth, the legend UNCLE DREW (NBA All-Star Kyrie Irving) and convinces him to return to the court one more time. The two men embark on a road trip to round up Drew’s old basketball squad (Shaquille O’Neal, Chris Webber, Reggie Miller, Nate Robinson, and Lisa Leslie) and prove that a group of septuagenarians can still win the big one.



Courtesy Temple Hill Entertainment

JEB Little Creek, Gator Theater – 462-7534

Friday, July 27
6 p.m. Uncle Drew (PG-13)
9 p.m. Sicario: Day of the Soldado (R)

Saturday, July 28
1 p.m. Incredibles 2 (3D) (PG)
4 p.m. JurassicWorld: Fallen Kingdom (PG-13)
7 p.m. Uncle Drew (PG-13)

Sunday, July 29
1 p.m. Incredibles 2 (PG)
4 p.m. JurassicWorld: Fallen Kingdom (PG-13)
7 p.m. Sicario: Day of the Sodado (R)

NAS Oceana, Aero Theater – 433-2495

Friday, July 27
6 p.m. Uncle Drew (PG-13)
9 p.m. Sicario: Day of the Soldado (R)

Saturday, July 28
12 p.m. Incredibles 2 (PG)
3 p.m. JursassicWorld: Fallen Kingdom (PG-13)
6 p.m. Uncle Drew (PG-13)
9 p.m. Tag (R)

Sunday, July 29
12 p.m. Incredibles 2 (3-D) (PG)
3 p.m. Ocean’s 8 (PG-13)
6 p.m. Sicario: Day of the Soldado (R)

Wearing a poppy supports veterans

From Brandpoint

For Ann Fournier, it started with a train ride. She has taken the same train at 5 a.m. and 4:50 p.m. daily for 30 years. She spends her hour-long commutes piecing together tiny petals of red crepe paper to assemble poppies to support veterans.

Fournier's work has made her a symbol on the train. Known as the "Poppy Lady," she has created 100,000 poppies each year over several decades. Her commitment began as a tribute to her brothers, who served during Vietnam, but has continued as a way to honor each veteran and civilian she has met on her ride to the American Legion Auxiliary (ALA) state headquarters in Boston.

"The conductor saves a seat with a table for me every day," says Fournier, who serves as ALA Department of Massachusetts secretary/executive director. "He's a veteran as well. Sometimes he sits with me to help. Sometimes strangers ask me what I'm doing. But the best moments happen when a veteran sits down or thanks me. I don't do it for the thanks; I do it because I can, and these little red flowers are a way to help those in need. Our veterans don't get enough of anything."

The red poppy holds great meaning for veterans all over the world. After the battles of World War I, the blood-red poppy flourished in France and Belgium when battlefields became burial grounds. The red flowers suddenly bloomed among the newly dug gravesites of fallen service members, turning the new graveyards into fields of red. Today, the poppy is a symbol of sacrifices made from WWI to today's war on terror.

Millions of people worldwide wear the red poppy as a call to honor living veterans and those who lost their lives. The tradition can be traced back to 1918 when Moina Michael popularized the idea of wearing a poppy flower in memory of the military lives lost in WWI. She drew inspiration from the poem In Flanders Fields, written by WWI Col. John McCrae as he gazed at the rows and rows of graves where his comrades had been recently buried. In the decades that followed, poppies have been worn, displayed and distributed for fundraising efforts for veterans service organizations around the world.

The American Legion Family is the driving force behind



Brandpoint image

The red poppy holds great meaning for veterans all over the world. After the battles of World War I, the blood-red poppy flourished in France and Belgium when battlefields became burial grounds.

the now trademarked National Poppy Day because of its support for veterans and long-standing connection to the poppy flower. In the early 1920s, the Legion Family adopted the poppy as its official memorial flower to pay homage to the battlefields of WWI.

Now, it is the Family's mission to support the military community by promoting the significance of the flower and the meaning behind it.

Members and volunteers connected to the ALA, one of the nation's most prominent supporters of veterans' rights, leverage the poppy in service to the veteran community through distributions and outreach. ALA volunteers hand out red paper or fabric poppies in exchange

for donations that go directly to support veterans. Many of those poppies are made by hospitalized and disabled veterans as a form of rehabilitation and a source of income through this ALA program. In 2017, ALA members throughout the U.S. distributed nearly 6 million poppies or poppy items and raised \$3.9 million in donations that went directly to help veterans, military and their families.

"This flower is personal to me," says Fournier. "Because of it, I've been able to share stories about our veterans and the ALA's work. I've also been able to explain that helping a veteran can be as simple as donating money in exchange for a poppy or as committed as making 100,000 poppies each year. It's about what you can do to help."

Donning a poppy every day is one simple way to show gratitude for a community that has given its lives to protect ours. To learn more, visit www.poppydayusa.org.

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Top 4 grilling tips to kick off National Grilling Month!

Great grilling! 4 ways to impress at your next barbecue

From Brandpoint

National Grilling Month is here, making it the perfect time to enjoy outdoor barbecues with friends and family and trying out brand new recipes with savory pork favorites.

Pork, the classic crowd pleaser, is the move for any barbecue menu given not only the juicy, savory possibilities of a pork-centered meal, but also the countless nutritional benefits that can help support a healthy lifestyle. Our tips and recipes from the National Pork Board (NPB) can help you accomplish that.

In fact, grilled pork is more than just a tradition for Hispanic and African-American families — it’s their natural, go-to choice for grilling season. According to a recent NPB study, these demographics popularly choose pork chops and ribs as their protein of choice this time of year. It’s no surprise that many people prefer pork as their favorite source of sizzling protein given that it’s packed with vitamins and is now leaner than ever before, helping consumers stick to their diets.

Not sure how to turn on your grilling mode? Cooking pro Eddie Zamora, also known as the Yum Yum Foodie, has some savvy tips that experts and beginners can easily follow to master any pork recipe:

- Clean and oil the grill prior to use.
- You can never have too much flavor, so generously glaze the pork on the grill.
- Make sure to flip chops and/or ribs for succulent flavor and to create grilling lines on chops.
- After removing the pork from the grill, let it rest for 10 minutes before serving to guests.

To prepare one of our favorite, mouth-watering recipes, “Costillas de Cerdo a la Parrilla con Mojo Canario,” for four people, follow these simple steps and learn more about the recipe’s ingredients at <http://porkessabor.com/receta/costillas-de-cerdo-a-la-parrilla-con-mojito-canario/>:

For Ribs (can be done a day in advance):

1. Mix all the ingredients that can be found by following the link listed above, rub them together with the ribs, and make sure to evenly distribute and massage them into ribs.
2. Cover and refrigerate for 8-24 hours.



Brandpoint image

3. Preheat oven to 225 degrees.
4. Place ribs meat side up on baking tray and cover with aluminum foil. Bake for 3.5-4 hours until very tender but not quite falling off the bone. This can be done a day in advance.

For Mojo Canario:

1. Blend all ingredients — except oil and water — in a food processor until they become a fine paste.
2. Add oil slowly to emulsify. Adjust thickness to your liking by adding a little bit of water. Note: When adding the oil to food processor for the mojo, it is possible that the sauce “splits.” Adding a couple drops of water can help to bring it back together.
3. The final sauce should have the consistency of a thin mayonnaise.

For Potatoes:

1. Preheat grill to 350-375 degrees.
2. Toss all ingredients for potatoes in a mixing bowl ensuring all potatoes are well coated.

3. Use heavy duty aluminium foil to make a sealed package of potatoes. Place on grill, flipping and shaking every five minutes for 20-30 minutes, or until potatoes are tender when pierced with a paring knife.

At the same time, grill ribs for 10-15 minutes, or until nicely charred, flipping every few minutes.

To Serve:

1. Cut ribs into half slabs.
 2. Sauce with mojo (it’s ok if it’s slightly separated).
 3. Serve with potatoes.
- Taking time to plan the key elements of your cookout allows you to relax, savor your meal, and enjoy the company of your guests. For a range of other delicious, Spanish-language pork recipes and nutritional information, log on to Porkessabor.com.

NAVAL AIR SYMPOSIUM

THURSDAY, AUGUST 16, 2018 • 8:00 AM - 1:30 PM
VIRGINIA BEACH CONVENTION CENTER

Celebrating NAS Oceana’s 75th Anniversary

8:00 AM-8:45 AM Registration
9:00 AM Welcome & Opening Remarks:

Maryellen Baldwin, President & CEO, Navy League of the United States, Hampton Roads
FORCM Jim Monroe, USN (Ret.)
Chairman, Navy League Hampton Roads
CAPT Chad Vincelette, USN,
Commanding Officer, NAS Oceana, Master Jet Base

Preview of Documentary

9:30 AM-10:15 AM
Session I: Future Forecast For Navy Air: Technology, Platforms and Sensors
Moderator: VADM David Architzel, USN (Ret.)

Speakers:
VADM Mathias Winter, USN- Director, Joint Strike Fighter Program, Office of the Secretary of Defense, F35 Lighting II Program
RADM Roy Kelley, USN,
Commander, Naval Air Force Atlantic
VADM Dean Peters, USN,
Commander, Naval Air Systems Command
RDML Kenneth Whitesell, USN,
Commander, Carrier Strike Group 4

10:30 AM-11:15 AM
Session II: The Future of the Aircraft Carrier
Moderator: VADM David Architzel, USN (Ret.)

Speakers:
Mr. Ken Mahler, Vice President, Navy Programs, Newport News Shipbuilding
RADM Brian Antonio, USN,
Program Executive Officer, Aircraft Carriers
CAPT Sean Bailey, USN, Commanding Officer, USS George H W Bush (CVN 77)
CAPT Paul Spedero, Jr., USN, Commanding Officer, USS Dwight D. Eisenhower (CVN 69)

11:30 AM-12:15 PM
Session III: Naval Aviation: Transformation and Training Systems
Moderator: RADM Richard O’Hanlon, USN (Ret.)

Speakers:
CAPT Jason Lopez, USN – Program Manager, Naval Aviation Training Systems Program Office (PMA-205), Naval Air Systems Command, Aircraft and Weapons
Ms. Amy Markowich, Director, Integrated Battlespace Simulation & Test. Department (AIR-5.4), Naval Air Systems Command
CAPT Timothy M. Hill, USN, Executive Officer of the Naval Air Warfare Center Training Systems Division, NSA Orlando

12:30 PM-1:15 PM
Session IV: The Economic Impact and Challenges of Navy Installations
Moderator: Mr. Mark Honecker, Chief of Staff and Executive Director, U.S. Fleet Forces Command

Speakers:
VADM Mary Jackson, USN, Commander, Navy Installations Command
The Honorable. M. Benjamin Davenport, Councilman, City of Virginia Beach
Mr. Jaime Areizaga-Soto, Deputy Secretary of Veterans and Defense Affairs, Virginia
CAPT Tom Keeley, USN (Ret.), Former Commanding Officer NAS Oceana

12:30 PM-1:15 PM
Session V: The Future of the Enlisted Force
Moderator: FLTCM Scott Benning, USN, (Ret.) Manpower, Personnel, Training and Education (MPT&E)(Location room change from Session IV)

Speakers:
FLTCM (SW/IW/AW) Russell Smith, USN, Fleet Master Chief Manpower, Personnel, Training, and Education, (MPT&E)
FLTCM (SW) Richard P. O’Rawe, USN, Fleet Master Chief, U.S. Fleet Forces Command
FORCM (SS/IUSS) Scott A. Rossiter, USN, Navy Personnel Command

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3 WAYS TO MAKE YOUR HOME MORE ECO-FRIENDLY WITH SMART HOME TECHNOLOGY

From Brandpoint

More and more Americans are shifting to a greener lifestyle, and if you're one of them, you're always looking for ways to reduce your impact on the environment. Cutting your energy usage is a big part of that, and the benefits of doing so are twofold: First, of course, is being more environmentally friendly, and second, is the added bonus of lower monthly energy bills.

Consider this: The average American household spends \$1,300 on energy expenses each year. Installing a smart home system like Iris or Google Home Mini can help you reduce those costs by putting you in total control of the connected devices in your home and making your home more energy efficient. Decide which smart home system is right for you and consider the tips below for using smart home technology to make your home more eco-friendly:

■ **Control your home's temperature from anywhere.** Installing a smart thermostat connected to your home automation system can help reduce your energy costs by 15-30 percent each year. Smart thermostats allow you to program your thermostat based on your daily routine so you can conserve more energy when you aren't at home. This way you're not wasting additional energy heating or cooling an empty space.

■ **Water effectively.** Unnecessary watering can waste more than 6,000 gallons of water per month. Installing a smart irrigation system can help you avoid unnecessary watering by automating the watering of your lawn based on weather conditions. You can make final adjustments as the season goes on to ensure your lawn stays fresh and your water usage is manageable.

■ **Dim your lights.** Accidentally leaving the lights on in a room you're not using is obviously a waste of energy. At the same time, you may also be wasting energy simply by using more brightness than you need. Most people don't need their lights to be on at 100 percent. Installing a smart dimmer is easy and allows you to adjust your lights based on your needs and preferences. Once it's installed, try setting your lights to 80 percent of their previous usage. You probably won't notice the difference in the room, but you'll certainly see it on your energy bill.

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Estate Sale

641 Piney Point Rd., July 20, 1pm-5pm & 21/22, 10am-4pm Exquisite home w/Beautiful decor and furniture. Collectors dream! Orig. metal sculptures, orig. Herb Jones, partners desk, Governor's mansion secretary (Wmberg), wicker, patio furn., Roseville & Hull, Vict. glass eggs, Staffordshire, Asian furn. & decor, China, art, rugs & runners, incredible garden art, lamps, toys, figurines, primitives, Christmas, art glass, kit, clothes, gar., fine jewelry, sterling & costume. Pics at Facebook Boulevard Treasures.

BOYKINS ESTATE SALE-Dr. & Mrs. Winston Browne, DDS, long-time Boykins residents, Dr. & Mrs. Browne traveled the world, fine furnishings, pool table, fine dishes, sterling silver. See estatesales.net for photographs. Featured by Ghent Antiques. **FRI., JULY 27, 10-4 SAT., JULY 28, 10-4 SUN., JULY 29, 10-4.**

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Flea Markets/Bazaars
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Garage Sale - Virginia Beach

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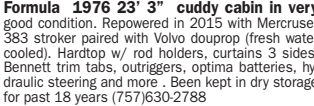
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Human Resources

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Toyota 1999 4-Runner 149K, cold a/c, heater hot, runs good 4 new tires \$4900. 757-567-1429



Toyota 2011 FJ Cruiser One owner FJ. Originally from NM so no body rust. Four wheel drive and good tires. Inspection in February. 136,000 miles mostly highway. \$21,000 Text 757-846-3010 to see. FJ is in Norfolk.

Toyota 2015 RAV 4 XLE, AWD, 109K, black, excel cond. \$15,900. Call Angela 757-715-4636.

Vans



CHEVY 2008 ENTERVAN RIDE-AWAY W/CHAIR VAN 102K LIKE NEW! \$12,500 OBO 757-323-1190.

Dodge 2005 Caravan SXT, runs good, new insp. 129,899 mis, \$3500. Snyder's RV 499-8000

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Jeep 2006 Commander V-8, leather, sunroof, fully loaded, aftermarket wheels, tires, stereo, \$6000 obo 757-406-0421

Fun and Games

Super Crossword

LAST WISH

ACROSS

- 1 "You ... over there ..."
5 Significance
12 Wee bits
16 Pine-
19 Bi- + hexa-
20 "My —"
21 Panache
22 Kin of mono-
23 Very hot shrubby wasteland?
25 Law firm aide, in brief
26 Mutt's threat
27 Stuff making a big bang
28 Harlem room
29 45s' cousins
30 Average desert drainage basin?
32 Reaction to inhaling element #2?
35 Without a — (very poor)
36 Painful things to touch
37 They may hold gold
38 Big blue body
39 Goldfish doing a funny circus act?

- 42 Literary critic Connolly
44 "C'mon, help me out here"
47 Accept an insult humbly
50 Paunch from overdoing it on Mexican food?
53 Hellenic "T"
54 Brit's lav
55 "You, over there!"
58 Jersey's largest city
59 Mink coat taken by a thief?
62 Actor Mueller-Stahl
64 Actor
67 Vast time span
68 Plains home
69 One given a water shaft as a gift?
73 Sports show summary
77 Jackie's Onassis
79 Waterfall nymph
80 Tasty bits
82 Steers a ship's front right or left?
86 Otter cousin
89 Yalie's nickname
90 '50s prez

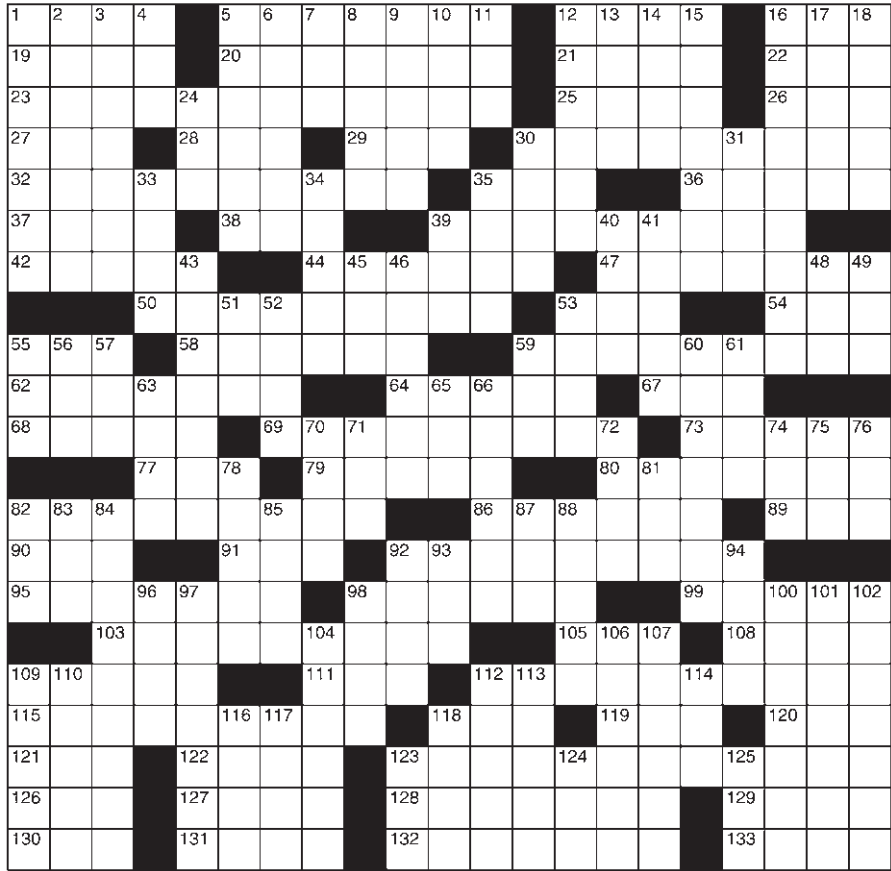
- 91 Grafton's "— for Alibi"
92 Twisted wit used by a film's actors?
95 Character
98 Dressed like many a Scot
99 Small ducks
103 Forward thrust in water polo?
105 U.S. soldiers
108 "I cannot tell —"
109 "Need —?" (driver's query)
111 Dads
112 Fine dishes that have been split?
115 Brush off a bishop's hat?
118 Nanny's cry
119 Gold, in Peru
120 Chill (out)
121 Pal, to Pierre
122 Norse god
123 Message spelled out by the 12 added letters in this puzzle
126 Mil. rank
127 Feat of skill
128 Winds off a spool
129 "— boy!"
130 H.S. subject

DOWN

- 1 After this, to a logician
2 Set design
3 Country's — Brothers
4 Black gunk
5 Little candies with shells
6 Hold the interest of
7 One "A" of NCAA: Abbr.
8 Festive
9 Like many smartphone game purchases
10 Tiny peevish
11 Exclamation of frustration
12 Indiana university
13 Jai follower
14 Comic
15 Is tasty with
16 Many a placebo
17 One way to eat pastrami
18 Former Italian coins
24 Debtor's slip
30 Hoodwink
31 Byron, e.g.

- 33 "That so?"
34 Limerick's rhyme scheme
35 Do in
39 Mil. rank
40 In the vicinity
41 Reason
43 Advice-giving Ann
45 Perpetually, in verse
46 Acid's counterpart
48 Small deer
49 Boatload
51 Co. biggie
52 Repetitive cry of pain
53 Song
55 Prez elected in '48
56 Wring (out)
57 Puppy's bark
59 Bill with Abe
60 Major rainfall
61 Bills with Washington
63 College VIP
65 Nutrition amt.
66 Unassuming
70 Seth's eldest son
71 Edict
72 Islamic chief
74 Third letter
75 With
131-Across, listening intently
76 Tire inflation abbr.

- 78 Toothpaste brand of old
81 Yoko —
82 Advice tidbit
83 Short guitar, for short
84 Lifting again
85 Iranian cash
87 U.S. 10, e.g.
88 Gnat relative
92 Smokes
93 Heady quaff
94 "You betcha"
96 Carpet area meas.
97 Make obsolete
98 Trunk knot
100 Aware of and interested in
101 Striped
102 Big name in whiskey
104 Topples
106 "I wish that were true!"
107 Accent
109 Maxim
110 Unit of light
112 Island off the Italian coast
113 Jacket flap
114 Bovine beast
116 Mind product
117 Arena part
118 "Munich" star
123 Nerve center
124 "— -haw!"
125 Talk noisily



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Sudoku

	5		4					9
		8		7		1		
6					3		2	
2					4		6	
	9		8					7
		5		1		3		
9					2		4	
	3		7					6
		1		8	6	5		

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: C equals L

OYXI R DMWUIB HMRHY DXBUIP

RIZ XIZP YUP OMVAZRN, U

XWQXHE YX VXRCCN CUAXP EM

QSIHY UI RIZ MSE.

Last week's CryptoQuip answer

If an insect had a powerful impulse to roam about closing things, would it be a shutter bug?

last week's answers

S	I	G	M	A	S		C	H	A	T	E	A	U		A	T	A	R	I	S
E	G	O	I	S	T		A	I	R	H	O	R	N		S	I	L	E	N	T
W	O	R	T	H	Y		C	A	C	T	U	S	E	S		S	T	E	F	F
S	T	E	T		L	A	N						N	A	S	A		P	L	A
			F	I	R		S	A	N	C	T	I	T	Y		C	H	E	C	K
I	C	K	I	E	S	T		O	R	E	O		D	E	E	D		C	T	S
S	L	A	M	T	H	E		D	O	C	T	O	R		A	D	E	P	T	
L	A	T	H	E		O	N	S		C	H	E	O	A	K		E	E	L	S
A	N	T	I		T	I	N	Y		P	E	T	R		S	E	A	D	O	
			P	R	A	C	T	I	S	E	T	O	T	H	E	S	K	I	E	S
P	O	T		I	R	A	S		E	R	A		I	O	T	A		N	B	A
I	R	A	N	C	O	N	T	R	A	C	T	A	F	F	A	I	R			
P	E	K	O	E	S		O	A	T	H		R	A	F	F		H	A	I	L
E	M	I	T		S	P	Y		T	L	C			S	E	R	G	E		
			N	I	N	J	A		S	O	V	I	E	T		U	N	C	T	I
V	E	G		S	A	N	S		L	I	E	N		L	E	O	T	A	R	D
E	X	T	R	A	C	T		C	H	E	E	S	E		N	A	W			
S	H	U	E		K	A	Y	O					K	A	T		A	S	T	O
S	A	R	G	E	S		T	H	E	E	N	D	I		S	N	E	C	T	A
E	L	N	I	N	O		H	U	R	R	I	E	D		I	T	H	A	C	A
L	E	S	S	E	N		E	M	E	R	A	L	D		K	E	E	N	O	N

3	9	8	2	4	6	7	1	5
5	2	6	7	1	8	3	9	4
4	1	7	3	5	9	2	6	8
9	8	4	1	2	5	6	3	7
7	6	5	8	9	3	1	4	2
1	3	2	4	6	7	5	8	9
6	5	3	9	7	4	8	2	1
2	7	9	6	8	1	4	5	3
8	4	1	5	3	2	9	7	6

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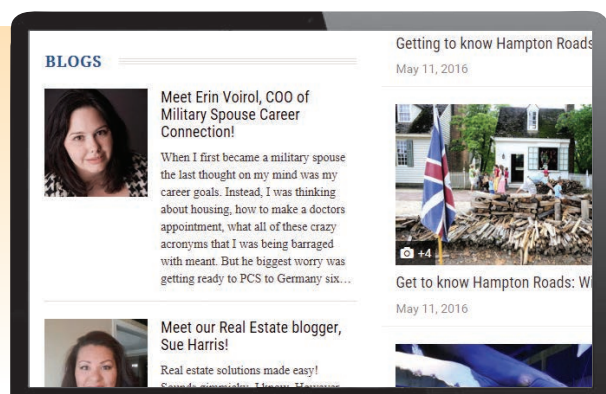
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