

USS MONTEREY AVAILABLE FOR TOURS



USS Monterey (CG 61) will be docked for public tours and open to the general public Wednesday, July 4th, from 10 a.m. — 4 p.m. at the Nauticus Pier adjacent to Town Point Park.

USS Monterey is a Ticonderoga Class Cruiser. Ticonderoga Class Cruisers are named after famous American Battles (with the Exception of Thomas S. Gates CG-51). USS Monterey is named after the Battle of Monterey.

Monterey returned home from a seven-month deployment to the U.S. 5th and 6th Fleet areas of operation May 6, 2018.



Lt. Jessica Miller (right), nurse midwife at Naval Hospital (NH) Jacksonville, provides support as Brandon and Morgan Santos bond with their newborn baby, Elena.

P01 Jacob Sippel

NAVY RELEASES NEW PARENTAL LEAVE PROGRAM

From Chief of Naval Personnel Public Affairs

WASHINGTON

Navy announced the establishment of the Military Parental Leave Program in NAVADMIN 151/18, released June 21. The new program increases parental leave and combines the current family leave policies into one. The Military Parental Leave Program also aligns the Navy with recently released Department of Defense guidance pertaining to changes about parental leave.

Under the new program, parental leave for the secondary caregiver increases from, 10 days to 14 days, and consolidates Adoption Leave MILPERSMAN 1050-420, Paternity Leave MILPERSMAN 1050-430 and Maternity Leave MILPERSMAN 1050-435 into the

Military Parental Leave Program MILPERSMAN 1050-415 that will be published at a later date.

The program applies to all active duty Sailors. Reserve Sailors who were performing active duties, or mobilized more than 12 continuous months, and are the parents of a qualifying birth or adoption on or after Dec. 23, 2016 are also eligible.

The three family leave categories under the Military Parental Leave Program are:

■ Maternity Convalescent Leave is a six-week (42 days), non-chargeable leave period for the Sailor who gives birth, commencing the first full day after a Sailor is released from the hospital following a birth.

■ Primary Caregiver Leave is a six-week (42 days) non-chargeable leave period for the

parent who gives birth or is designated with primary responsibility for caring for the child or children following a birth or adoption.

■ Secondary Caregiver leave is a two-week (14 days) non-chargeable leave period for the parent not designated with primary responsibility for caring for the child following a birth or adoption.

Details about the leave periods are described in NAVADMIN 151/18.

Based on a command's readiness requirements, members on or within three months of a deployment will normally have to defer executing Primary and Secondary Caregiver Leave until return of the deployment. Commanding Officers, in extenuating circumstances and where operational requirements allow, may authorize members to take parental leave.

Navy's parental leave program supports Sailor 2025's goal of removing obstacles that negatively influence a Sailor's decision to stay Navy when they are looking to start or raise a family.

Sailor 2025 is the Navy's program to more effectively recruit, develop, manage, reward and retain the force of tomorrow. It consists of approximately 45 living, breathing initiatives and is built on a framework of three pillars — a modern personnel system, a career learning continuum and career readiness.

More information on Sailor 2025 can be found at <http://www.navy.mil/local/cnp/mpt-estradesign.asp>

For complete details on the parental leave program read NAVADMIN 151/18 at www.npc.navy.mil

Fleet Master Chief Smith temporarily assumes duties of MCPON

From Chief of Naval Operations Public Affairs Communication

WASHINGTON

Chief of Naval Operations (CNO) Adm. John Richardson announced today that Fleet Master Chief Russell Smith has temporarily assumed the duties of the Master Chief Petty Officer of the Navy (MCPON).

The announcement comes after Richardson accepted an offer yesterday from Master Chief Steven Giordano to step aside as MCPON.

Smith will continue serving as senior enlisted leader for Manpower, Person-

nel, Training and Education, an assignment he's held since January 2017.

"Master Chief Smith is an established leader and I thank him for accepting these important temporary duties until I select a new MCPON," said Richardson. "He will represent our Sailors and families well."

The Navy will immediately start the process to select a new MCPON, who serves as the senior enlisted leader of the Navy, and as an advisor to the Chief of Naval Operations and to the Chief of Naval Personnel in matters dealing with enlisted personnel and their families.



U.S. Navy photo
Official file photo of Fleet Master Chief Russell Smith. Chief of Naval Operations Adm. John M. Richardson announced June 22, that Master Chief Smith will temporarily assume the duties of the Master Chief Petty Officer of the Navy.

LinkedIn

Courtesy of LinkedIn

DoD partners with LinkedIn, offers Military Spouses free membership

From Dept. of Defense

WASHINGTON

The Defense Department's Spouse Education and Career Opportunities program is launching a new partnership with LinkedIn, the virtual professional networking platform.

Military spouses will soon have access to a free LinkedIn Premium membership, valid for one year, every time they have a permanent-change-of-station move, including access to more than 12,000 online professional courses through LinkedIn Learning, as well as access to LinkedIn's

» See **LINKEDIN** | A7



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GOLD STAR FATHERS DAY BBQ:

NAS Oceana's Navy Gold Star Program held a barbecue, providing an opportunity for service members and the community to spend time with Gold Star fathers from all branches of the military.

» See **A3**



WOUNDED WARRIOR VICTORY:

Despite suffering serious injuries from an attack by a member of the Afghan security forces in 2014, Navy Master Chief Petty Officer Reina Hockenberry brought home 8 gold medals from the Warrior Games.

» See **B1**

TRIBUTE BANDS:

See Van Halen, Aerosmith, Guns & Roses and more at the Oceanfront this weekend. . . (kinda).

» See **C1**

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PROFILE OF DEDICATION: ROBERT DAVIS

By Ralph Peters

ASBP blood donor recruiter, Portsmouth, Va.

PORTSMOUTH, VA.

As a retired United States Navy Medical Service Corps officer of 20 years, Robert Davis spent most of his active duty career in blood banking. On May 23, Davis achieved an incredible personal milestone: his 100th platelet donation, supporting the Armed Service Blood Program’s mission of keeping a supply of blood products available to those in need.

Davis explained that his passion for frequently donating platelets was because he saw its critical need on a daily basis while on active duty. On his 100th donation, he related it back to his reason for giving with, “Simply because of need.”

Platelets are the natural clotting factor in one’s blood system and platelet donations are used for both adults and pre-natal infants in order to save their lives. However, platelets have a short shelf-life. They are only good for five days, and after their required testing to ensure safe usage for hospital patients, that shelf life decreases to less than four days. Consequentially, it is ever important that people donate platelets when eligible.

Davis received his Master’s Degree in Blood Banking from Bowling Green University (now George Washington University) in Washington D.C. in 2000. He is currently employed at Naval Medical Center Portsmouth in the blood bank donor operations department for quality control and validations for the blood bank. He enjoys motorcycle riding, fencing and cowboy action firearms. He has two sons, Isaac, 24 and Sam, 21.

Davis said that he would encourage all platelet donors to accomplish donating milestones, to the best of their ability. He added that others should be supportive of these generous donors and should try donating blood or platelets, if they can.

“The need for platelet donations is always there,” said Davis about the Armed Services Blood Program.

Since 1962, the Armed Services Blood Program has served as the sole provider of blood for the United States military. As a tri-service organization, the ASBP collects, processes, stores and distributes blood and blood products to soldiers, Sailors, airmen, Marines and their families worldwide. As one of four national blood collection organizations trusted to ensure the nation has a safe, potent blood supply, the ASBP works closely with our civilian counterparts by sharing donors on military installations where there are no military collection centers and by sharing blood products in times of need to maximize availability of this national treasure.

To find out more about the ASBP of to schedule an appointment to donate, please visit www.militaryblood.dod.mil. To interact with ASBP staff members, see more photos or get the latest news, follow @militaryblood on FB, Twitter, Flickr, YouTube, Pinterest and usmilitaryblood on Instagram. Find the Drop. Donate.



Compliments of Ralph Peters
Robert Davis (left), Navy Lt. Cmdr. David Koch and Ruth Ross celebrating Mr. Davis’ 100 platelet donations at the Apheresis Center of Naval Medical Center Portsmouth.



An Embraer A-29 experimental aircraft taxis at Holloman AFB.

Christopher Okula

U.S. Navy identifies casualty

From Commander, Naval Air Force Reserve

NORFOLK

The U.S. Navy announced June 23 the death of a Navy pilot who was involved in a mishap at Holloman Air Force Base, New Mexico.

Lt. Christopher Carey Short, from Canandaigua, New

York, died June 22 when the A-29 aircraft he was piloting crashed while on a mission over the Red Rio Bombing Range, part of White Sands Missile Range, north of Holloman.

The cause of the mishap is under investigation.

For more information about Short, contact Cmdr. Doug Gabos, Commander, Naval Air Forces Reserve public affairs officer at 757-322-5652 or doug.gabos@navy.mil.

For any additional queries about the mishap, contact Lt. Col. Robert Carver, 49th Wing Public Affairs Office, Holloman Air Force Base at 575-635-7774 or robert.n.carver1.mil@mail.mil.

The Flagship

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NAS Oceana hosts Gold Star Father's Day BBQ

By MC2 Jacob S. Richardson

NAS Oceana Public Affairs

VIRGINIA BEACH, VA.

Naval Air Station (NAS) Oceana hosted its first annual Gold Star Father's Day event at Main Gate Park, June 22. NAS Oceana's Navy Gold Star Program held a barbecue, providing an opportunity for service members and the community to spend time with Gold Star fathers from all branches of the military.

"We recently had the pleasure to host our Gold Star families for our annual Memorial Day Ceremony. When speaking with the Gold Star fathers that were present, they mentioned the desire to have an event for Father's Day. We pride ourselves in our dedication to providing an inclusive program with specific catering to our family members, and wanted to create something for our fathers in all branches of service," said NAS Oceana's Gold Star program coordinator, Heather Kuhn. "It is important for me to ensure that every Gold Star father knows that they are appreciated and valued within our community, part of our program, and event planning."

In 2014 the Navy Gold Star Program was established and expanded throughout the United States to create local relationships with Gold Star Families. The goal of the program is to provide dedicated services and support to Survivors using a multi-agency approach in or near their communities.

Navy Gold Star connects and serves Surviving Families during and/or immediately following the casualty assistance process. Navy Gold Star Coordinators are the link to the long-term survivor assistance process that allows the assistance of survivors with issues or questions that may surface months or



U.S. Navy photo

even years after the loss of their loved one.

"In order to ensure the most inclusion in our program and properly represent our family members, I work with other coordinators from around Hampton Roads, and other branches

as well, such as the Army's Survivor Outreach Services. Our area of operation currently assists about nine hundred Gold Star family members," said Kuhn. "It is my goal to reach out through the community and get to know as many family's as possible, directly communicating with those in our immediate area, and raising awareness and knowl-

edge in the community about our Gold Star family's and the program."

Losing a loved one is the most difficult time anyone can experience. The Navy Gold Star Program is designed to Embrace and reassure Survivors that they are continually linked

to the Navy Family through a unified support program that enables them to remain an important part of the Navy for as long as they desire, connecting them to the resources that will assist them along their path to resiliency.

"When I became a Gold Star family member, there wasn't much of a program to speak of, its grown much over the years into what you see today. The program continues to evolve, becoming more family friendly and inclusive of all its members. Rather than just focusing on individuals it's a family thing," said Larry Strickland, a retired Navy Senior Chief and Gold Star father. "For myself, the Gold Star program is about recognizing the sacrifice, not only of the fallen service member, but of the families of those lost."

Personnel eligible to participate in the Navy Gold Star program include the widow, parents and the next of kin. The term "widow" includes widower; the term "parents" includes mother, father, stepmother, stepfather, mother through adoption, father through adoption, and foster parents who stood in loco parentis; the term "next of kin" only includes children, brothers, sisters, half-brothers, and half-sisters; and the term "children" includes stepchildren and children through adoption.

If you are a Gold Star family member and would like to connect with a Gold Star Coordinator or learn more about the program, please call 757-492-8282.

"It is important for me to ensure that every Gold Star father knows that they are appreciated and valued within our community, part of our program, and event planning."

Heather Kuhn,
NAS Oceana's Gold Star program coordinator

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Naval Station Norfolk United Service Organization Lounge, located at building J-50, provides sailors with a comfortable indoor atmosphere along with a well maintained outdoor area.

GM2 Imani Jordan

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By GM2 Imani Jordan
Naval Station Norfolk Public Affairs Office

NORFOLK

The United Service Organizations (USO), located in Naval Station (NAVSTA) Norfolk’s Building J-50, provides many services and programs for Hampton Roads sailors.

For over 77 years, the USO has been the nation’s leading organization serving the men and women in the U.S. military and their families throughout their time in uniform.

“What we do for service members is incredible because we do it from the day you sign on that dotted line to even a year after they leave the service,” stated Chelsea Lynch, the Director of Resource Development at the USO of Hampton roads.

The USO offers services that create and maintain strong connections between service members and their families. They offer families a diverse range of activities, and pro-

grams focused on connection, strengthening, wellness and resiliency. Some of the USO programs include the Bob Hope Legacy Reading Program, Couples Seminars, Operation Phone Home, Military Spouse Networking, Operation That’s My Dress, USO Care Package Program, Holiday Care Packages, therapy dogs and the USO pathfinder Program which helps sailors transition from military to civilian life.

“The USO is very useful, especially for single sailors who don’t have a lot of money or have their own apartment. They can come here and watch TV, relax, eat food and get free tickets to events. It really helps sailors stay out of trouble,” stated Operations Specialist Second Class, Korey Poulnot, from USS McFaul.

The USO is a vital bridge between Americans and their military service members. The USO is a family of volunteers, sustained by the charitable contributions of millions of generous Americans. They keep military men and women connected to family, home and country throughout their time in service – no matter where, how long, or under what conditions they serve.

For more information, visit on the USO programs, visit www.uso.org/programs

For more news from Naval Station Norfolk, visit www.navy.mil/local/nsn/.

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Kohler relieved by Brown as NAVIFOR Commander

By George Bieber
NAVIFOR Public Affairs

SUFFOLK, VA.

Vice Adm. Matthew J. Kohler, commander, Naval Information Forces (NAVIFOR) was relieved by Vice Adm. Brian B. Brown in a ceremony June 15 at the Department of Defense complex, Suffolk, Virginia.

“The synergy of intelligence, information and weapons systems in order to realize the full potential of our capabilities as a Fleet is paramount to our warfighters operating forward, executing the missions across all domains and in contested and denied environments around the globe,” said Adm. Christopher Grady, commander, U.S. Fleet Forces, while addressing the NAVIFOR team. “NAVIFOR is at the forefront of this effort.”

Kohler assumed command of Naval Information Forces October 2014. He is credited with establishing the Navy as a leader in information warfighting within the Department of Defense.

“Our very existence as a command is due to the Navy’s foresight to position information as warfare to advance Navy warfighting,” Kohler said. “The Navy has instituted a more aggressive approach that harnesses the impressive talents of our information professionals and optimizes the readiness of our afloat platforms and operational shore organizations. With the standup of a Naval Information Warfighting Development Center (NIWDC) and Naval Information Warfare Training Groups (NIWTG) this past year and continuing improvements in manning, training and equipping the fleet, the Navy affirms its intentions and leadership in Information Warfare.”

Commissioned as a naval intelligence officer through Aviation Officer Candidate School in 1984, Kohler has served in fleet, interagency, and combatant command leadership positions as an information warfare officer. He is the recipient of the Edwin T. Layton Leadership Award.

In his next assignment, Kohler will serve as deputy chief of Naval Operations for Information Warfare (OPNAV N2N6) and the 67th director of Naval Intelligence.

Brown earned his commission in 1986 from the U.S. Naval



Photos by MCC Rafael Martie
Vice Adm. Brian Brown, left, incoming commander, Naval Information Forces (NAVIFOR) exchanges salutes with outgoing commander Vice Adm. Matthew Kohler during a change of command ceremony at the Department of Defense complex, Suffolk, Va. June 15. Brown relieved Kohler as commander of NAVIFOR during the ceremony.

Academy and most recently served as director, Warfare Integration for Information Warfare (OPNAV N2N6F).

Brown said he felt extraordinarily privileged to lead the NAVIFOR team during the formidable challenges ahead.

“Our focus will be ensuring delivery of relevant, consequential and value-added Information Warfare capabilities to our fleet,” Brown said. “We will measure our success by the development of a highly skilled, adaptable and capable workforce, and in equipping those professionals with reliable, sustainable, and fully interoperable networks, systems, capabilities and processes.”

“Understanding that the stakes have never been higher, the NAVIFOR team must ensure that our Sailors and civilians are ready to fight and win in the global information domain,” he concluded.

NAVIFOR’s mission is to provide combat-ready Information Warfare forces to operational commanders, ashore and afloat, that are forward deployable, fully trained, properly manned, capably equipped, always ready, well-maintained and combat sustainable.

For more information about NAVIFOR, visit the website <http://www.navifor.navy.mil/> and like us on Facebook at <https://www.facebook.com/Forces>.



(Left to right) Commander, U.S. Fleet Forces Command, Adm. Christopher Grady, Vice Adm. Matthew Kohler and Commander, Naval Information Forces (NAVIFOR) Vice Adm. Brian Brown participated in a cake cutting ceremony during a change of command ceremony at the Department of Defense complex, Suffolk, Va. June 15. Brown relieved Kohler as commander of NAVIFOR during the ceremony.

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Naval Station Norfolk awarded Hampton Roads Sanitation District Gold Achievement Award

By EN3 Kaitlyn Guinazzo

NORFOLK

Naval Station (NAVSTA) Norfolk received the Hampton Roads Sanitation District (HRSD) Gold Award at the HRSD 25th Annual Awards Ceremony, June 14.

“NAVSTA Norfolk received its third consecutive Gold Achievement Award this year,” said Mr. Dustin Wheeler, Naval Facilities Engineering Command Mid-Atlantic Region’s Water Program Media Manager. “Three consecutive years of perfect permit compliance is a testimony to all the hard work from the installation, Public Works Department (PWD) staff, as well as the tenant commands.”

Each year, HRSD honors businesses and industries for outstanding pollution prevention (P2) measures. P2 awards are presented for multi-media efforts that focus on reduction of waste at the source rather than traditional treatment, control, and disposal. HRSD also recognizes Pretreatment Excellence award winners for exemplary permit compliance.

To protect the environment and local facilities, HRSD issues permits and monitors wastewater discharged from businesses and industries. These businesses pretreat their industrial wastewater before discharging it to HRSD’s system, protecting waterways and other natural resources. The U. S. Environmental Protection Agency recognized HRSD’s pretreatment program as one of the Nation’s best.

The Gold Achievement Award signifies perfect permit compliance throughout the year. The award categories are as follows: Gold- At least one-year perfect permit compliance, Platinum- Five to nine consecutive years of perfect permit compliance, Diamond- Ten or more consecutive years of perfect permit compliance

“This award is representative of those investing time, re-



U.S. Navy photo

sources and environmental concern, and going above and beyond what is expected,” said Capt. Rich McDaniel, Naval Station Norfolk Commanding Officer. “We have an excellent partnership with HRSD and they have worked with us for many years to ensure that our mission improves the environment and quality of life onboard NAVSTA Norfolk. I am very proud of our Environmental team and all of the individuals who made this achievement possible.”

NAVSTA Norfolk holds an industrial wastewater permit with HRSD and is considered a significant industrial user. The industrial wastewater permit authorizes discharges from industrial operations in accordance with federal, state, and

local laws. PWD staff work with the operators and tenant commands to ensure industrial operations and associated discharges are in compliance with the installation’s permit and regulations. PWD staff, HRSD staff, and tenant commands work collaboratively throughout from properly designing a wastewater and pretreatment system to constructing and operating a system that meets the mission’s needs. The installation staff also provides routine preventative maintenance as well as training for system operation and environmental compliance.

Spring has sprung, riding weather has begun

By Michael J. Morris
Naval Safety Center Public Affairs

With warmer weather comes an increase in motorcyclists hitting the road, often catching drivers by surprise.

The American Motorcyclist Association (AMA), National Highway Traffic Safety Administration (NHTSA), Motorcycle Safety Foundation (MSF), and the Naval Safety Center are encouraging all motorists to share the road and watch for motorcyclists.

Motorcycles are some of the smallest vehicles on our roads and are frequently hidden in a vehicle’s blind spot or blending with traffic. Drivers can successfully interact with motorcyclists by being alert and taking extra time to look twice for motorcyclists. The majority of multi-vehicle motorcycle crashes are generally caused when other drivers don’t see the motorcyclist.

Service members should also be aware of the risks associated with riding a motorcycle. Always make yourself as visible as possible, stay out of blind spots, use DOT-compliant motorcycle helmets, and stay vigilant.

According to NHTSA data, in 2016 there were 5,286 motorcyclists killed in motor vehicle crashes in the United States, 12 of whom were Navy Sailors. While the national numbers have not been released for 2017, the Navy recorded that 21 Sailors died in motorcycle crashes during fiscal year 2017.

TIPS FOR SAFER ROADS

- Drivers should allow a following distance of 3-4 seconds behind a motorcycle to allow enough reaction time on the road.
- All motorists should always use turn signals for every turn or lane change.
- Drivers should also show extra caution at intersections. Crashes often occur when a driver fails to see a motorcyclist approaching an intersection, turning left in front of the motorcycle’s path.
- Drivers should never try to share a lane with a motorcycle. Always give a motorcycle the full lane’s width.
- Motorcyclists should practice operational risk management and never split or share a lane with a motor vehicle.
- Motorcyclists should avoid riding in poor weather, but sometimes it occurs unexpectedly. All motorists should take extra care and be more observant during periods of inclement weather.
- Use your vehicle’s rear-view and side-view mirrors properly to help eliminate blind spots where small vehicles

Motorcycle Safety

Boots	Pants	Jackets	Gloves
Wear strong boots to support you and your bike on uneven, unpredictable surfaces. Consider boots with oil-resistant, non-slip soles and good ankle support.	Pants can be leather or textile and should be equipped with CE-rated armor in the hips, shins and knees. They should fit snugly and allow full leg articulation.	A jacket covers arms, back, ribs and organs. Choose a jacket for both safety and comfort, made to withstand windblasts and crashes.	Gloves should fully cover fingers, palms, backs of hands and wrists. Wear abrasion-resistant material with strong, Kevlar stitching to resist abrasion and bursting, along with armor for the knuckles and base of palms.
Riding boots should contain a metal plate in heels with strong heel & toe boxes, as well as armor over the ankle and shins to reduce impact.	Armor Body armor protects against impact, absorbing energy that would otherwise be transferred to joints, limbs or torso.	Helmets Wear a full-face helmet to keep wind out of eyes and protect against debris. Helmets are designed to dissipate energy that would transfer to the head.	Suits A full, head-to-toe motorcycle suit is designed for comfort and protection from both crashes and the elements.

Take time to consider your safety. Choose gear to keep you dry when it's wet, cool when it's hot, warm when it's cold and alive in a crash.

ALL HANDS

MAGAZINE OF THE U.S. NAVY

U.S. Navy graphic

like motorcycles can be missed. Motorcyclists should position their motorcycles to avoid being in a driver’s blind spot.

- Motorcyclists can improve visibility by applying reflective materials on their motorcycles and by keeping headlights on at all times to improve the chances of being seen by other drivers.

The Naval Safety Center encourages drivers to be aware of their surroundings and watch for motorcyclists, not only dur-

ing the spring and summer months, but throughout the year. Motorcyclists should obey the rules of the road and always practice good safety measures to ensure they are more visible to other motorists. Reducing crashes is a shared responsibility for drivers and motorcyclists alike. Safe riding and cooperation from all motorists can help reduce the number of incidents. Remember to stay alert, use common sense, and always be courteous on the road.



Joe Bullinger

Space and Naval Warfare (SPAWAR) Systems Center (SSC) Atlantic employee Josh Heller, left, reviews CAD software designs for additive manufacturing while Ryan Wilhite verifies the printer is properly calibrated. By using Additive Manufacturing technology (3D printing), SSC Atlantic engineers and scientists can design and create prototypes for new components and replacement parts, and enhance and modify existing products. SSC Atlantic develops, acquires and provides life cycle support for command, control, communications, computer, intelligence, surveillance and reconnaissance (C4ISR) systems, information technology and space capabilities.

NAVSUP WSS STEAMS FULL SPEED AHEAD WITH ADDITIVE MANUFACTURING

By Jенаe Jackson
NAVSUP WSS

PHILADELPHIA, PA.

Additive manufacturing, also known as 3D printing or AM, is the newest phenomenon in the technology world. According to Forbes, engineers are now able to print everything from house keys to mechanical car parts. Just imagine what kinds of things the Navy can now do with 3D printers available for ships and submarines.

The Navy is currently striving to continuously advance technologies and embrace innovation. And as a result, the Navy is working to expand the naval supply chain and develop efficiencies through the utilization of AM.

AM has the ability to transform how the Navy produces aircraft and ship parts that will aid in keeping them flying, ship sailing and mission ready. It has the capability to save time, money and eliminate excess inventory. In comparison to traditional manufacturing, AM has already proven to be more effective and provides agility.

Last year, Rear Adm. Jon Yuen, commander, Naval Supply Systems Command, established the framework for the NAVSUP Enterprise with the development of his 2017-2021 “Strategic Plan & Commander’s Guidance.” Over the next five years, one of NAVSUP’s key initiatives is enhancing the supply chain processes by developing policies and procedures to support the expansion of AM throughout the Navy.

As the Navy’s premier supply chain manager, NAVSUP is playing a major role in the integration of AM throughout the Navy supply chain. As part of that role, NAVSUP WSS, who is the Navy’s only Program Support Inventory Control Point (PSICP), has been leading an effort to create an AM Contracting Guidebook that will enable the Navy to enhance its current acquisition processes, reduce procurement cost and lead time and enhance warfighter readiness. This will ultimately speed up production, maintenance and supply of parts by integrating AM throughout all phases of the acquisition cycle while also relieving an ongoing issue that supply planners are currently experiencing across the NAVSUP enterprise.

“AM could bring about revolutionary changes to naval supply support, with an associated paradigm shift from the current order and stocking system to implementation of just-in-time inventory,” said Capt. Armen Kurdian, NAVSUP WSS director of Engineering and Product Support, who has been

leading the working group to develop the guidebook. “It has the potential to evolve how we support the warfighter tremendously.”

NAVSUP WSS is steaming ahead with the development of a comprehensive contracting guide by collaborating with other Department of Defense agencies that have started to develop additive manufactured parts, such as Naval Air Systems Command, Naval Sea Systems Command, Naval Facilities Engineering Command and the Office of Naval Research, plus Air Force, Army, General Services Administration, and Defense Logistics Agency to consolidate best practices and acquisition roles into one document.

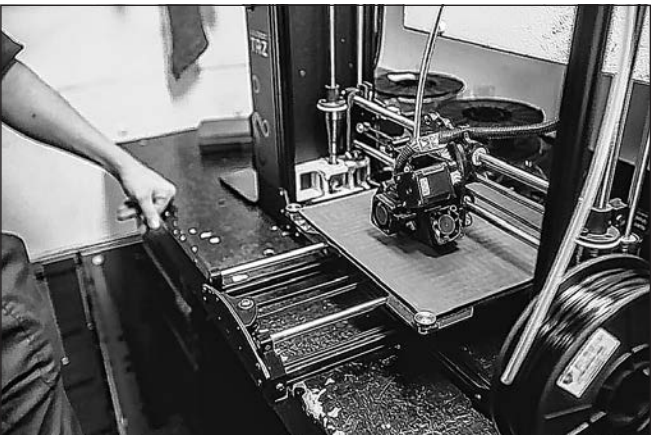
The NAVSUP WSS team of engineers and contracting specialists plan to have a draft guidebook completed by the end of this year that lays out business models, contractual language and incorporates existing statements of work and objectives and references previously published articles by industry and DOD personnel. Once approved at the Department of the Navy level, the guidebook can be used by not only USN and USMC, but could be adopted by all services and ultimately used DOD wide.

NAVSUP WSS has made the development of an inclusive AM Contracting Guidebook a priority in an effort to carry out the Navy’s mission of advancing technologies and innovation. According to Kurdian, this guidebook will improve supply chain management and bolster warfighter readiness, which is a crucial part of NAVSUP WSS’s business. AM is projected to improve naval supply support and will lead the charge in advancing technology and innovation for not only NAVSUP WSS, but the entire Navy.

A field activity of the Naval Supply Systems Command, NAVSUP WSS is the Navy’s supply chain manager and Program Support Inventory Control Point providing worldwide support to the aviation, surface ship and submarine communities. NAVSUP WSS provides Navy, Marine Corps, joint and allied forces with products and services that deliver combat capability through logistics. There are more than 2,000 civilian and military personnel employed at its two Pennsylvania sites and Norfolk, Virginia, office.

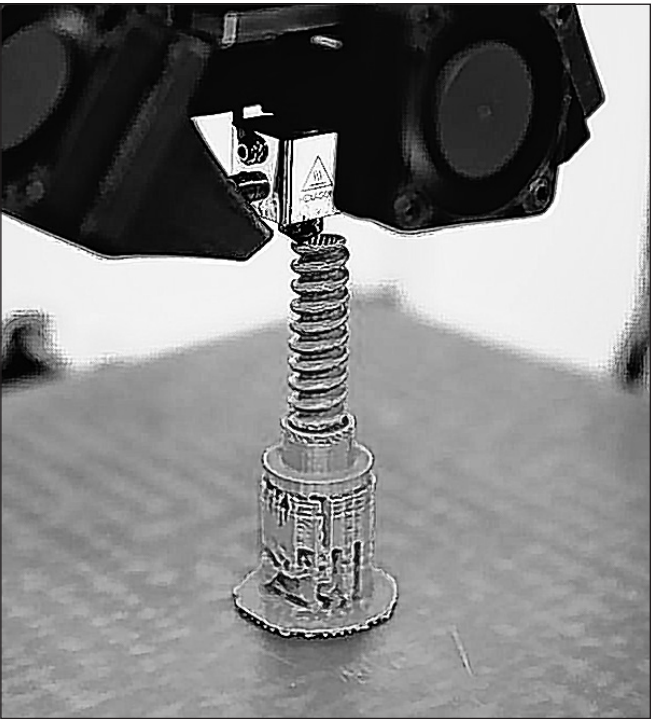
For more news from Naval Supply Systems Command, visit www.navy.mil/local/navsup/.

For more news from NAVSUP Weapon Systems Support, visit www.navy.mil/local/navsupwss/.



Cpl. Jon Sosner

A 3D printer prints a replacement part aboard the amphibious assault ship USS Iwo Jima (LHD 7) in the Atlantic Ocean, Feb. 21, 2018.



Monique Randolph

A 3-D desktop printer creates a screw at the X-FAB, or Expeditionary Fabrication, Facility Aug. 1 at Camp Lejeune, North Carolina.

LINKEDIN | Military spouses get free membership

Continued from A1

military and veterans resource portal. The membership is also available for the spouse of a service member who is within six months of separation from the military.

“The partnership with LinkedIn will offer military spouses a great opportunity to advance their careers during their times of transition,” said Eddy Mentzer, associate director of family readiness and well-being in DoD’s Office of Military Community and Family Policy. “Spouses will be able to access a global network of professionals any time, from any place. They can plan their next career step before they move, as soon as they have orders [for a permanent change of station].”

More Than Networking

A premium account includes enhanced insights comparing users to other applicants, on-demand learning, and use of the InMail feature, where users can send direct messages to LinkedIn members they’re not connected to. As corporate interest in hiring military spouses steps up, DoD and LinkedIn will be using the military spouse LinkedIn group to connect

spouses to each other and employers.

“It is important for military spouses to see LinkedIn Premium as more than just enhanced networking. LinkedIn has developed a learning path specific to military spouses to help them find and succeed in remote, flexible, and freelance work opportunities,” Mentzer said. “Additionally, LinkedIn provides enhanced resources for spouses that own and operate their own business as well as for employers to search the military spouse community for potential employees.”

The LinkedIn partnership is designed to help military spouses overcome a common challenge, sustaining steady employment. The number one contributing factor to military spouse unemployment is continual relocation from duty station to duty station. On average, active-duty military personnel move once every two to three years, more than twice as often as civilian families, and military spouses move across state lines 10 times more frequently than their civilian counterparts.

Empowering Spouses

“Empowering our community of military spouses to reach their personal and professional goals is part of maintaining a healthy military community,” said A.T. Johnston, deputy assistant secretary of defense for military community and fam-

ily policy. “We encourage military spouses to take advantage of the LinkedIn Premium membership opportunity as just one of many tools available to them through the SECO program.”

Military spouses interested in the LinkedIn Premium upgrade can visit MySECO for more information and to learn how best to maximize this new service. Eligible military spouses are expected to have access to the LinkedIn Premium membership later this summer.

The DoD established the SECO program to provide education and career guidance to military spouses worldwide, offering free comprehensive resources and tools related to career exploration, education, training and licensing, employment readiness and career connections. This program also offers free career coaching services six days a week. This program may further develop partnership with private sector firms such as LinkedIn for purposes of enhancing employment opportunities for military spouses pursuant to authority in Section 1784 of Title 10, United States Code. The formation of such partnerships does not signify official DoD endorsement of any such private-sector entity or its products or services. Learn more about the SECO program by visiting Military OneSource or calling 800-342-9647 to speak to a SECO career coach.



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Meet Harris Faulkner:

Come meet with Harris Faulkner this 4th of July at the Half Moon Cruise Terminal from 6 p.m.-6:30 p.m. The first 100 RSVPs are guaranteed a spot. Please RSVP no later than July 3, at 4 p.m. by calling (757) 322-2852.

» See **B2**

SECTION B | FLAGSHIPNEWS.COM | 06.28.18



Staff Sgt. Vito T. Bryant

Navy Master Chief Petty Officer Reina Hockenberry addresses media at the Pentagon, June 20, 2018. Hockenberry shared her experiences as a competitor in the 2018 Department of Defense Warrior Games, and of her return to active duty after recovering from wounds sustained in Afghanistan.

SAILOR OVERCOMES COMBAT INJURIES, BRINGS HOME 8 GOLD MEDALS FROM WARRIOR GAMES

By Terri Moon Cronk
DoD News, Defense Media Activity

WASHINGTON

Despite suffering serious injuries from an attack by a member of the Afghan security forces in 2014, Navy Master Chief Petty Officer Reina Hockenberry was determined to avoid a medical retirement and stay on active duty.

And not only is Hockenberry today serving on the guided missile cruiser USS Port Royal in Pearl Harbor, Hawaii, the sailor just garnered eight gold medals from her participation early this month in the 2018 Department of Defense Warrior Games in Colorado, competing in rowing, powerlifting, swimming and cycling. In late October, she also will compete in those four events at the Invictus Games in Sydney.

Navy Master Chief Petty Officer Reina Hockenberry addresses media at the Pentagon.

Navy Master Chief Petty Officer Reina Hockenberry addresses media at the Pentagon, June 20, 2018. Hockenberry shared her experiences as a competitor in the 2018 Department of Defense Warrior Games, and of her return to active duty after recovering from wounds sustained in Afghanistan.

DoD photo by Army Staff Sgt. Vito T. Bryant

"I was severely injured to the point where a medical retirement made sense," she told reporters at the Pentagon yesterday. "But I can't imagine not serving in the military. It's part of who we are."

Hockenberry and 13 other American service members were injured when an Afghan soldier they were training began shooting at them. She was shot five times — twice in one of her legs, shattering a tibia, once in the groin and twice in the stomach. She wore a metal brace on her leg for more than a year as she went through a grueling limb-salvage process in an attempt to regrow 6 inches of her tibia.

Walter Reed Treatment, Rehab

The Purple Heart and Bronze Star recipient was treated and recuperated at Walter Reed National Military Medical Center in Bethesda, Maryland, for 18 months. During her stay there and at her request, her command gave her a laptop to continue working.

"Being in the military is embedded in us. That laptop made me stop being a patient, and it put the power of being a senior chief back in my identity. It was a big driving force," she said.

Hockenberry hopes wounded warriors' resilience, despite

their injuries and illnesses, shows the wounds of war won't stop them from continuing on active duty and even taking part in such events as the Warrior Games. "There are a lot of opportunities for us to be just as good and in some cases better," she said.

Another Chance

All the stars lined up for her return to active duty, she said. "People were willing to give me a shot. I kept going, I kept getting better, and I got the opportunity to go back to Afghanistan in 2016, which was huge. I showed that I could function in a combat zone. I got to pass my physical fitness assessments, so by hitting those wickets, and people encouraging me to hit those wickets ... it basically allowed me to come back to full duty."

Hockenberry got caught up in the stigma that's still attached to the term "wounded warrior," she said. "I shied away from that term for the longest time because I didn't want people to think that I wasn't as much as any other sailor. Now I've learned to embrace it."

The sailors she competed with at the Warrior Games are amazing people, she said. "They have lived through stuff [that] some people didn't think they could come out of the other end, and they did. So the fact that they consider me one of them is such an honor. I don't shy away from the title."

For Hockenberry, the bottom line is just because service members have been injured or hurt doesn't mean they can't give their all to serving in the military.

"If commanding officers and those in higher ranks are willing to give us a shot, I guarantee you they're going to get their bang for their buck, because we are people fighting to be there. We want to be there," she said. "It's a part of who we are."

VCNO checks out latest with Ready, Relevant Learning

From Naval Education and Training Command Public Affairs

PENSACOLA, FLA.

Vice Chief of Naval Operations (VCNO) Adm. Bill Moran visited Naval Education and Training Command (NETC) to discuss developments with Ready, Relevant Learning (RRL), June 20.

RRL is a pillar of the Navy's Sailor 2025 initiative, with an overarching goal to provide Sailors the right training at the right time and in the right way. The new training model will eliminate the current practice of front-loading training at the very beginning of a Sailor's career by providing incremental training, or Block Learning, across a career-long learning continuum that delivers the training closer to when a Sailor is expected to perform the specific work.

"This isn't clicking through slides. With Ready Relevant Learning, our Sailors will learn the things they need to know in smaller, but effective and more frequent doses, and ultimately they will get that training right on the waterfront," Moran said. "We are already seeing success with this approach in our LCS training facilities and in some of our submarine training systems. Additionally, with modern training applications, training will be tailored to the strengths and weaknesses of each Sailor rather than having to repeat things they do well, while getting less time on things where they need practice."

Almost 5,400 fleet Sailors have completed Block 0, which is initial technical training, and now the first phase of their learning continuum. The first batch of Block Learning was delivered by Naval Technical Training Center in Meridian, Mississippi, to new-accession logistics specialists in April 2017. Almost 250 Sailors are within six months of their Block 1 window, where they will gain the next level of skillsets to prepare them for the next stage of their ca-



Doug Schaub

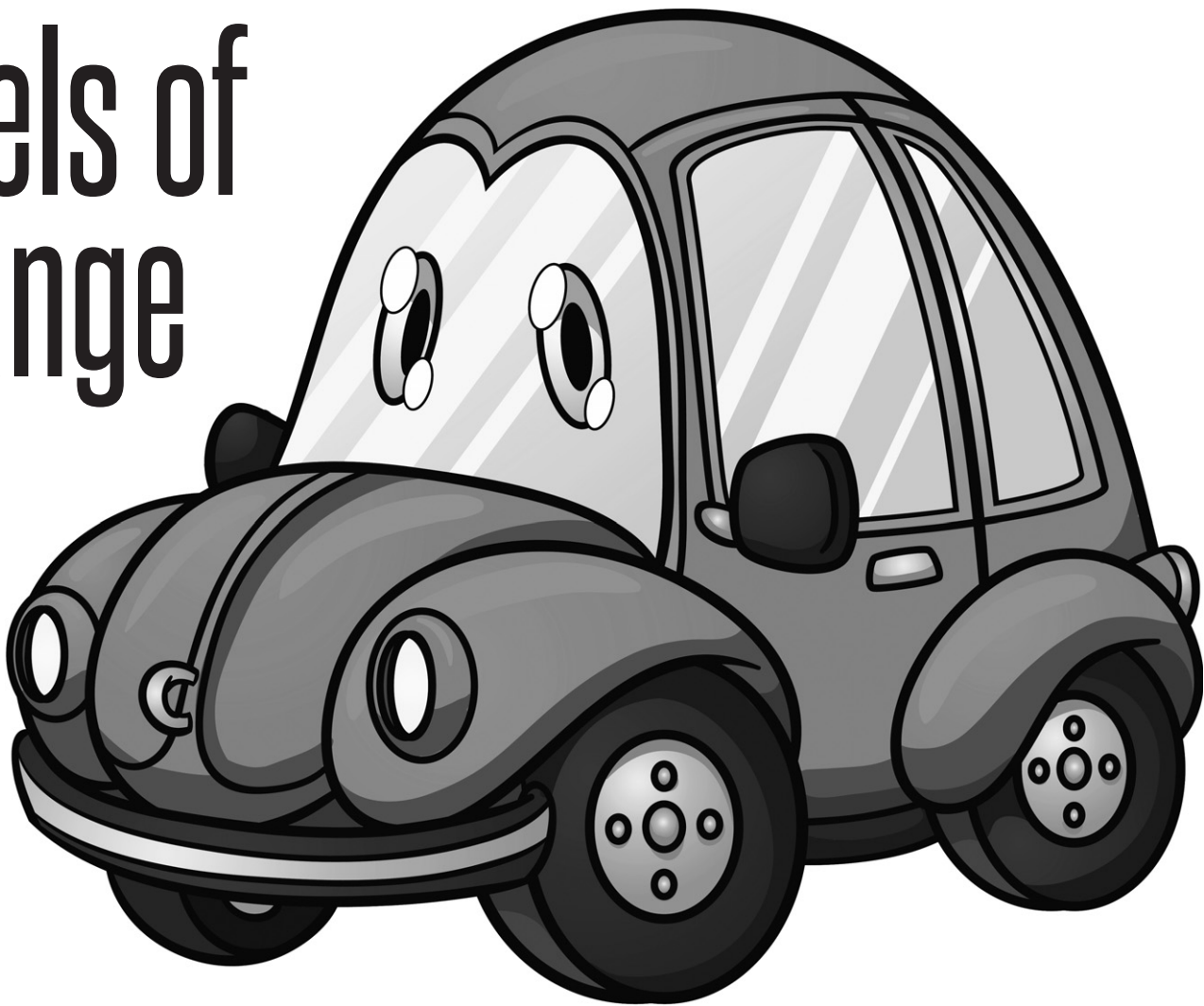
A Sailor explores a virtual Virginia-class fast-attack submarine forward compartment lower level. The Virtual Interactive Shipboard Instructional Tour 3D (VISIT 3D) provides a photo-realistic interactive experience of a real-world environment.

reers, at a point where they will actually use those skills.

"To most of these Sailors, this process has been relatively transparent," said Rear Adm. Kyle Cozad, NETC commander. "They've completed the training that they've been assigned up to now and reported to their first operational unit with the mission-essential skills needed

» See **LEARNING** | B7

The wheels of change



By Lisa Smith Molinari

This summer, my husband and I must decide whether our daughter should take a car to college in the fall. We are wary about insurance payments, fender-benders, speeding tickets and expensive mechanical troubles. Worse yet, college kids who have cars are tempted to engage in risky activity such as road trips, tailgating, and transporting kegs, stolen mascots, and/or sorority sisters in their trunks.

But, the drive to Syracuse University is a real pain. Six hours of mind-numbing Upstate New York highways is not my idea of fun during Thanksgiving break.

In considering this decision, we have thought back to our own college days.

After a year of driving for hours through boring pig farms to pick me up at Miami of Ohio for holidays, my parents were ready to let me hitchhike back from school if need be. So in the fall of my sophomore year, I packed my 1974 Volkswagen Beetle with clothes, posters, and my popcorn popper, and off I went.

It wasn't long before my parents' fears about giving me the car were realized.

It was Labor Day weekend, when folks flock to "Riverfest," Cincinnati's end-of-summer celebration with music, food and one of the largest fireworks displays in the Midwest. There wasn't much going on in Oxford, so four sorority sisters and I decided a road trip was in order.

I responsibly filled the Beetle's tank with gas and checked the oil. I covered the tear in the horsehair-stuffed back seat with a fresh piece of duct tape and put a cassette in the tape deck. The battery was temperamental, but I was prepared, having perfected popping the clutch by myself, pushing it from the driver's side then jumping in and putting her in gear.

The Bug and I were ready.

On the ride to Cincy, I heard a funny sound coming from the back left wheel. I stopped to look under the fender but couldn't see anything obvious, so we kept driving, making it safe and sound to the Ohio River.

We spent the day ogling cute guys, rubber ducks, grilled sausages, and

fireworks. After an earsplitting finale, all half-a-million people headed to their cars in one gigantic human wave.

It seemed like everyone was on Interstate 75 all at once. Six lanes of wall-to-wall traffic, all moving at 60 miles an hour.

My little Bug was somewhere in the middle of it all, chugging right along, keeping up with the pack. Just then, I heard that funny sound again. It was getting louder, but there was nothing I could do. I was surrounded by moving cars on all sides.

Just then, I felt a jerk, then a loud boom. The entire car shifted back and left as we careened down the highway. My girlfriends started to scream, and as I held the useless steering wheel, I screamed too.

Somewhere in my panicked peripheral vision, I saw my wheel bouncing across the highway. The back left axle was dragging directly on the asphalt, sparks spraying into the air in a massive arc as we fishtailed across three lanes of traffic.

Miraculously, the vehicles parted like the Red Sea, and we ground to a gradual stop.

My shaken friends and I got out of the paraplegic Beetle and wondered how we were going to get back to school. We didn't realize there were countless good citizens (lecherous males) ready to offer five blondes a helping hand (grope) and a room for the night (motel) if we so desired.

As luck would have it, there was an honest mechanic behind us who retrieved the wheel from a ditch and put my Beetle back together. Apparently, the whole mess had been caused by a broken cotter pin — a tiny piece of metal that held the wheel onto the axle — and I made it back to my dorm that night no worse for the wear.

I never told my parents about the incident. For me, the experience was a rite of passage, in which I gained a wealth new knowledge about independence, responsibility, cotter pins, flying sparks, lecherous males, and human kindness. And for my parents, ignorance was bliss.

www.themeatandpotatoesoflife.com

Just then, I felt a jerk, then a loud boom. The entire car shifted back and left as we careened down the highway. My girlfriends started to scream, and as I held the useless steering wheel, I screamed too.

NEWS ANCHOR HARRIS FAULKNER TO MEET WITH MILITARY FAMILIES THIS 4TH OF JULY



Alex Kroke

NORFOLK

On Wednesday, July 4, 100 military family members will have an opportunity to participate in a meet and greet with Harris Faulkner, anchor of Fox Report, co-anchor of Outnumbered and host of Outnumbered Overtime. Faulkner recently released her second book, "9 Rules of Engagement — A Military Brat's Guide to Life and Success".

Faulkner was born at Fort McPherson in Atlanta, Georgia in 1965. Her father, retired Lt. Col. Bob Harris, a United States Army officer and Army aviator, was stationed at the base and had served

three tours in Vietnam. Faulkner lived in different places as a child, including Stuttgart, Germany.

At the meet and greet, family members can engage in candid discussion with Faulkner (who is a military child) about the trials and tribulations facing military families today, after facing more than a decade engaged in the Global War on Terrorism.

Participating families also have the opportunity to watch the evening's fireworks from a reserved area in Town Point Park.

Come meet with Harris Faulkner this 4th of July at the Half Moon Cruise Terminal from 6 p.m.-6:30 p.m. The first 100 RSVPs are guaranteed a spot. Please RSVP no later than July 3, at 4 p.m. by calling (757) 322-2852.

Navy Housing

Q. What is a 21/30 letter?

A. It's a letter you can send to your landlord that says generally... if they do not correct a safety/health issue with the property you are renting in 21 days... in 30 days you will terminate the lease agreement. Please contact the Housing office for details.

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520 Sailors salute Pearl Harbor survivor in Hawaii

By Bill Doughty
Navy Region Hawaii and Naval Surface Group Middle Pacific Public Affairs

PEARL HARBOR

Sailors from seven home-ported surface ships in Pearl Harbor saluted, cheered and thanked 97-year-old former Chief Boatswain’s Mate Ray Emory in a surprise farewell ceremony, June 19.

Emory thought he was visiting the site of where his beloved USS Honolulu (CL 48) was berthed Dec. 7, 1941. On his way down the pier toward the Honolulu’s commemorative marker, Emory, riding in an open-air golf-cart-style vehicle, was treated to an honor cordon of 520 Sailors.

Sailors lined the rails on three nearby ships. USS O’Kane rendered three cheers, and chief petty officers shouted the “Navy Chief, Navy Pride” chant as Emory, followed by several family members and close friends, approached.

The ceremony also included a fly-by from three SH-60Rs from the HSM-37 Easyriders. USS O’Kane provided a wreath that was placed at the USS Honolulu marker.

Rear Adm. Brian Fort, commander Navy Region Hawaii and Naval Surface Group Middle Pacific, welcomed Emory and thanked him for his service throughout the War in the Pacific. During the attack 76 years ago, Emory ran to his battle station, a .50-caliber machine gun, to return fire.



MC2 Justin Pacheco
Hawaii-area Sailors render honors to retired Chief Boatswain’s Mate and Pearl Harbor survivor Ray Emory during a farewell ceremony held before he departs Hawaii to be with family.



MC2 Justin Pacheco
Retired Chief Boatswain’s Mate and Pearl Harbor survivor Ray Emory delivers remarks during a farewell ceremony held before he departs Hawaii to be with family.

“He then fought across the Pacific,” Fort said. “He served in seven invasions across the Pacific: Tarawa, Kwajalein, Saipan, Guam, Leyte Gulf, Lingayen Gulf and Iwo Jima.”

After the war and after he retired from a civilian career, Ray continued to serve.

He made it his life’s mission to identify the remains of more than 100 previously unidentified service members killed on Dec. 7 and buried at the National Memorial Cemetery of the Pacific (Punchbowl).

Pearl Harbor Survivor Liaison retired Master Chief Yeoman Jim Taylor spoke at the ceremony and said, “Ray, you’re the man that did it ... If it wasn’t for you, it would have never been done.”

Taylor presented Emory with a shadowbox and folded POW/MIA flag printed with the words: “You are not forgotten.”

Looking out over the hundreds of Sailors, Fort said, “Ray never forgot his shipmates. We will never forget our shipmate: Navy Chief Ray Emory.”

Emory is departing Hawaii to live with family. Earlier this week, the Defense POW/MIA Accounting Agency announced that another USS Oklahoma Sailor was identified and will be buried June 26 in Pensacola, Florida; Pharmacist’s Mate 1st Class John H. Schoonover, 39, of Port Edwards, Wisconsin, was killed during the attack on USS Oklahoma in World War II.



MC2 Justin Pacheco
Retired Chief Boatswain’s Mate and Pearl Harbor survivor Ray Emory is rendered honors by the sideboys during a farewell ceremony held before he departs Hawaii to be with family.

For more news from Commander, Navy Region Hawaii, visit www.navy.mil/local/cnrh/.

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WEEKLY PHOTOS OF

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ON DEPLOYMENT.

Machinery Repairman 2nd Class Maria Guzman oversees a simulated damage control exercise in the forward main machinery room aboard the Wasp-class amphibious assault ship USS Iwo Jima (LHD 7).

Operations Specialist 1st Class James Brown controls helicopter operations from the combat information center aboard the Arleigh Burke-class guided-missile destroyer USS Jason Dunham (DDG 109).

Logistic’s Specialist Seaman Gabrielle Deem lubricates a hatch fitting aboard the Arleigh Burke-class guided-missile destroyer USS Laboon (DDG 58).

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NIMITZ: 50 YEARS OF TEAMWORK AND TRADITION



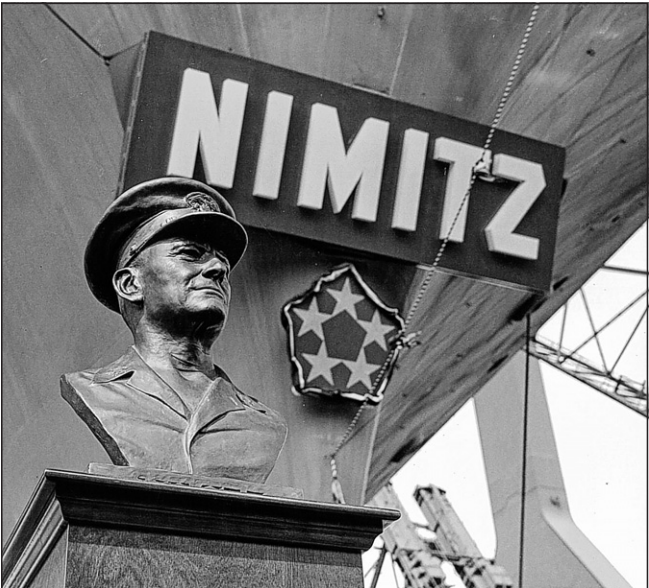
MC2 Craig Z. Rodarte

The aircraft carrier USS Nimitz (CVN 68) underway.

By MC3 Michael A. Prusiecki

NAVAL BASE KITSAP-BREMERTON, WASH.

USS Nimitz (CVN 68) has completed 28 deployments, over a quarter of a million catapult launches and arrested landings, five homeport changes, and countless operations and missions successfully executed. These accolades are attributed to the oldest U.S. Navy aircraft carrier in active service.



U.S. Navy photo

The keel of the Nimitz is lowered into the shipyard dock in Norfolk on June 22nd, 1968.

The decorated history of Nimitz began 50 years ago this month, when the keel was laid on June 22, 1968.

This was a plan set in motion long ago when, after the successful implementation of the first nuclear powered aircraft carrier USS Enterprise (CVN 65), the Navy recognized the need to expand its projection and influence and create an en-

tire class of aircraft carriers powered by nuclear reactors.

Nimitz's story began when congress authorized the construction during fiscal year 1967, and negotiated a contract with Newport News Shipbuilding and Dry Dock Co., in Newport News, Virginia, to begin building the following year.

The ship was christened May 13, 1972, by the late Fleet Adm. Nimitz's daughter Catherine, and commissioned May 3, 1975, by President Gerald R. Ford at its first homeport at Naval Station Norfolk.

The namesake of the Nimitz-class, this state-of-the-art warship boasts a 100,000 ton displacement, is 1,092 feet long and has a compliment of 5,000 Sailors and Marines onboard. The ship is powered by two nuclear power plants providing steam powered propulsion to four engines with more than 250,000 horsepower. There are also four catapults and four arresting wires, the capability of serving 18,000 meals per day, and four distilling units making more than 400,000 gallons of fresh water daily.

Since being commissioned into active service, Nimitz has spent years out to sea and has been an instrumental part of the success and longevity of the Navy's mission. Its 28 deployments have been an essential aspect in supporting peace, security, and prosperity throughout the oceans of the world, with its latest deployment concluding December of 2017.

Throughout its time, tens of thousands of Sailors have spent formative years of their naval careers as Nimitz crewmembers, some having completed multiple tours onboard. Cmdr. Chuck Jones, from LaCenter, Washington, is currently on his third Nimitz tour. He served as a chief electricians mate and leading chief petty officer of a division in reactor department from 1995 to 1997. On his second tour, from 2010 until 2013, he was a lieutenant commander serving as the ship's maintenance manager. His current tour began in April 2017, and he serves as the ship's chief engineer.

He recognizes the importance of perpetuating the proud history and heritage of the ship the crew calls home.

"It's a big deal for a ship to reach close to 50 years and have people say she looks like she can do many more. We have done a very good job of taking care of her over the years," Jones said.



U.S. Navy photo

Adm. Nimitz' daughter, Catherine, breaks a bottle of champagne to christen the ship on May 13, 1972.

Another group of people with special ties to Nimitz are Sailors who were part of the first crew upon the ship's commissioning. These Sailors, known as "plankowners," have the distinction of being the first crew to take a newly commissioned ship out to sea. Scott Telecky, from Wenatchee, Washington, is one such Sailor. Telecky served as an electronics technician first class onboard Nimitz from 1975 until 1978, and he looks back on his time on Nimitz with much fondness.

"Being a plankowner creates a special bond with the ship. Watching the president of the United States actually commissioning the ship is a moment I'll always recall with great clarity," he said.

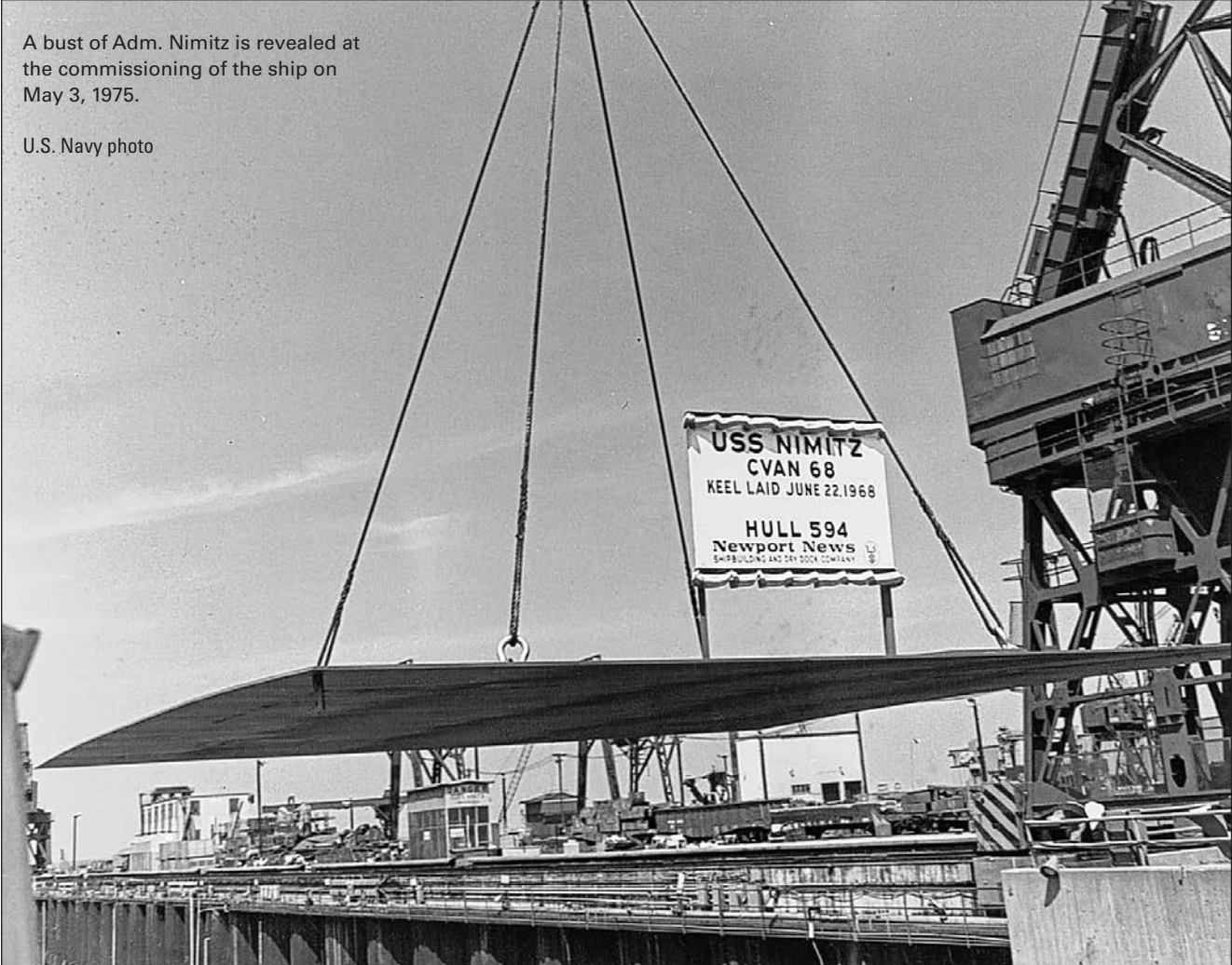
Telecky also warmly spoke about the long-standing friendships he made with his fellow Sailors.

"After 43 years, I still keep in touch with many of my shipmates. The comradery is still there whenever we start reminiscing about the old days. It's a bond we'll always have," he said.

With the coming implementation of the Gerald R. Ford-class of nuclear-powered aircraft carriers, and due to the active service life of a Nimitz-class carrier being 50 years, the legendary career of the USS Nimitz is projected to end in the coming years. However, the legacy of this renowned ship and its monumental achievements over its storied, decades-long career will never be forgotten, and the tradition of teamwork will continue to live on.

Nimitz is conducting a docking planned incremental availability at Puget Sound Naval Shipyard and Intermediate Maintenance Facility where the ship is receiving scheduled maintenance and upgrades.

For more news from USS Nimitz (CVN 68), visit www.navy.mil/local/cvn68/.



A bust of Adm. Nimitz is revealed at the commissioning of the ship on May 3, 1975.

U.S. Navy photo

From U.S. Fleet Forces Command Public Affairs

HALIFAX, NOVA SCOTIA

U.S. Fleet Forces (USFF) Command and the U.S. Coast Guard joined Canadian Armed Forces' Joint Task Force Atlantic for the 2018 Tri-Party Staff Talks and Frontier Sentinel tabletop exercise at Canadian Armed Forces Base Halifax, Nova Scotia, June 19-21.

USFF Reserve Deputy Maritime Operations Rear Adm. Brian S. Hurley joined Commander, First Coast Guard District Rear Adm. Andrew J. Tionson and Commander of the Canadian Fleet Atlantic Commodore C.T. Skjerpen to discuss current and future maritime operations between their forces.

The talks evaluated the joint organizations' ability to conduct inter-organizational communications at the operational and tactical levels, achieve and maintain shared maritime domain awareness, and conduct collaborative operational planning. All groups will be required to identify any problems, considerations, constraints and restraints they are likely to encounter within this scenario.

"It's these kind of exercises and staff talks that enhance and build upon our joint interagency and international relationships," said Hurley. "They directly strengthen our ability to respond to any kind of crises and lay the groundwork for protecting the collective maritime interests of the U.S., its allies and partners."

Frontier Sentinel is an annual exercise between all three organizations that serves as the cornerstone activity for validating the interoperability of the tri-party commands and tactical assets, highlighting challenges

to interoperability and identifying solutions. The series was conducted as a live exercise running three to five days from 2006 to 2016. In 2017, the exercise changed to a facilitated discussion and tabletop exercises.

"As an operator I am fully in support of the idea of a record of discussion," explained Tionson. "We are sharing intelligence and information, which we have to do to continue to be successful."

This year's exercise focused on nefarious and suspicious activities in the vicinity of the undersea cable networks of the two countries, expanding on last year's iteration of the exercise and focusing on the face-to-face collaborative planning process with the operations, intelligence, communication and public affairs working groups.

"We have lots of details coming from the working groups about how we can better communicate in the future and share in our collaboration to accomplish the mission," concluded Skjerpen.

USFF, originally established as Commander-in-Chief, U.S. Atlantic Fleet in 1906, supports both the chief of naval operations (CNO) and combatant commanders worldwide by providing responsive, relevant and sustainable naval forces ready-for-tasking. The command provides operational and planning support to combatant commanders and integrated warfighter capability requirements to the CNO.

For more news from U.S. Fleet Forces Command, visit <http://www.public.navy.mil/usff> and for more information visit

<http://www.facebook.com/usfleetforces> or <http://www.twitter.com/usfleetforces>.

USFF PARTICIPATES IN FRONTIER SENTINEL



Photos by MC1 Gary Prill

Focus groups attend the out brief and hot-wash closing out the 2018 Tri-Party Staff Talks tabletop exercise. U.S. Fleet Forces (USFF) Command and the U.S. Coast Guard joined Canadian Armed Forces' Joint Task Force Atlantic for the 2018 Tri-Party Staff Talks and Frontier Sentinel tabletop exercise at Canadian Armed Forces Base Halifax, Nova Scotia, June 19-21.



Focus groups discuss problems, considerations, constraints and restraints they are likely to encounter within the 2018 Tri-Party Staff Talks tabletop exercise.



Focus groups discuss problems, considerations, constraints and restraints they are likely to encounter within the 2018 Tri-Party Staff Talks tabletop exercise.



Focus groups discuss problems, considerations, constraints and restraints they are likely to encounter within the 2018 Tri-Party Staff Talks tabletop exercise.

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GRAFFITI

AUGUST 12

JOURNEY

AUGUST 13

GODSMACK

SHINE DOWN

AUGUST 18

JASON ALDEAN

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AUGUST 19

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An MQ-8C Fire Scout sits on the deck of USS Montgomery (LCS 8). The MQ-8C Fire Scout is a larger variant than the MQ-8B and provides longer endurance, range and greater payload capability.

CMDCM Jacob A. Shafer

USS Coronado underway for MQ-8C Fire Scout testing

By Lt. j.g. Caroline Zotti
Littoral Combat Ship Squadron One Public Affairs

PACIFIC OCEAN

USS Coronado (LCS 4) began underway operational testing of the Navy’s newest unmanned helicopter, the MQ-8C Fire Scout, off the coast of San Diego, June 15.

The operations are a continuation of MQ-8C operational testing that began in April. This next phase is testing the MQ-8C’s ability to operate concurrently with other airborne assets and littoral combat ships. The enhanced capability will provide commanders an improved and integrated intelligence, surveillance and reconnaissance picture.

Coronado is one of four designated LCS testing ships and the ship’s commanding officer says he and his crew are excited to help further advance Navy lethality.

“It is a great privilege to advance the Navy’s ability to conduct unmanned aerial vehicle operations,” said Cmdr. Lawrence Repass, USS Coronado’s commanding officer.

Fire Scout operations are a whole-ship effort, requiring effective coordination between the aviation and surface entities aboard.

“Whether it is ensuring that the data links required are functional, fire team personnel are standing by to respond, or managing the airspace and contact pictures; every single Sailor plays a role in Fire Scout operations,” said Lt. Josh Riley, the ship’s combat systems officer. “These Sailors and this testing will help shape how the surface force will utilize the strengths and advantages that this valuable asset brings to the table in the coming years.”

During Coronado’s 2016-2017 deployment to the Western Pacific, the ship successfully used MQ-8B Fire Scout as an organic sensor to strike a target beyond visual range using a Harpoon surface-to-surface missile.

With that recent success fresh in their minds, LCS Sailors are excited for future employment of the MQ-8C Fire Scout,

saying that the newer technology has increased speed, a higher ceiling, over twice the fuel endurance, and an improved payload capacity.

“Operating with the MQ-8C Fire Scout offers unique challenges, but it is the perfect partner to an LCS,” said Lt. j.g. Alex Giltz, Coronado’s auxiliaries officer and one of the few shipboard officers who has operated with both versions of the Fire Scout.

LCS is a high-speed, agile, shallow draft, mission-focused surface combatant designed for operations in the littoral environment, yet fully capable of open ocean operations. As part of the surface fleet, LCS has the ability to counter and outpace evolving threats independently or within a network of surface combatants.

For more news from Littoral Combat Ship Squadron 1, visit www.navy.mil/local/lcsron1/.

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— FLOWER POWER (NORTH) STAGE —		
Hot for Teacher (Van Halen Tribute) 7:30–8:30 9:30–10:30	Draw the Line (Aerosmith Tribute) 7:30–8:30 9:30–10:30	Rumours (Fleetwood Mac Tribute) 7:30–8:30 9:30–10:30

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31st Street Park	7:00pm - 11:00pm The Deloreans		

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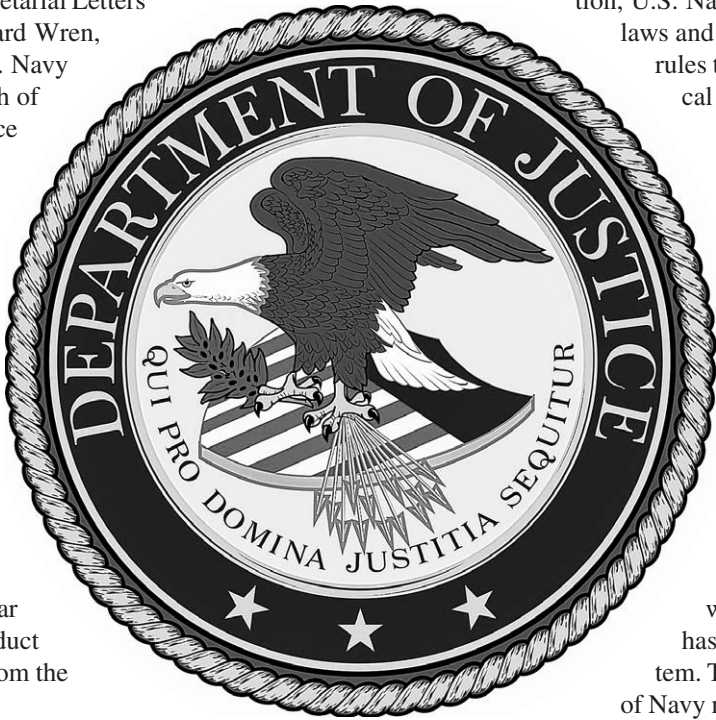
From Navy Office of Information

WASHINGTON

Secretary of the Navy Richard Spencer has issued Secretarial Letters of Censure to now-retired U.S. Navy Rear Adm. Richard Wren, now-retired U.S. Navy Capt. Timothy Conroy, and U.S. Navy Capt. Charles Johnson, based on findings regarding each of those officers’ improper interactions with and acceptance of gifts from Glenn Defense Marine Asia (GDMA), a defense contractor and prohibited source.

Secretary Spencer determined that Rear Adm. (Ret.) Wren, between 2007 and 2010, repeatedly and improperly accepted gifts from Leonard Francis and GDMA, a prohibited source, while serving as Commander, Carrier Strike Group Five (CSG-5) and Commander, U.S. Naval Forces Japan, in the Seventh Fleet area of operations. Secretary Spencer also determined that in 2015, Rear Adm. (Ret.) Wren made a false official statement to mislead investigators about the nature of his relationship with Mr. Francis. Finally, in light of the nature and circumstances of those gifts and his interactions with GDMA/ Mr. Francis, Secretary Spencer also determined that Rear Adm. (Ret.) Wren’s personal behavior constituted conduct unbecoming an officer. Rear Adm.(Ret.) Wren retired from the Navy in 2011.

Secretary Spencer determined that Capt. (Ret.) Conroy, over several months in 2008, repeatedly and improperly accepted gifts from GDMA/ Mr. Francis, while serving as the Chief of Staff, Carrier Strike Group Seven (CSG-7), in the Seventh Fleet area of operations. In light of the nature and circumstances of those gifts and his interactions with GDMA, Secretary Spencer also determined that Capt. (Ret.) Conroy’s personal behavior constituted conduct unbecoming an officer. Capt. (Ret.) Conroy retired from the Navy in 2010.



Department of Justice

Secretary Spencer determined that Capt. Johnson, between 2004 and 2010, repeatedly and improperly accepted gifts from Leonard Francis and GDMA, a prohibited source, while serving in a number of leadership positions, in the Seventh Fleet area of operations. In light of the nature and circumstances of those gifts and his interactions with GDMA, Secretary Spencer also determined that Capt. Johnson’s personal behavior constituted conduct unbecoming an officer. Finally, Secretary Spencer determined that in 2014, Capt. Johnson made false official statements by failing to disclose his relationship with Mr. Francis when required to do so. Capt. Johnson is currently serving in the Navy on active duty.

The foregoing officers’ conduct was examined as part of the joint investigation led by the Department of Justice (DOJ) and reviewed by the Navy Consolidated Disposition Authority (CDA) for GDMA matters. In each case, Secretary Spencer has determined that the officer’s conduct was contrary to the Standards of Ethical Conduct, the Joint Ethics Regulation, U.S. Navy Regulations and the Uniform Code of Military Justice. The laws and standards that these three officers violated represent the ethical rules that bind all federal employees, as well as long-established ethical standards of the naval service.

“It is incumbent that naval officers, particularly those placed in positions of great trust and responsibility, be held to the highest standards of both personal and professional behavior. Rear Adm. (Ret.) Wren, Capt. (Ret.) Conroy and Capt. Johnson, while serving in such positions, each disregarded those standards and engaged in conduct that reflected unethical and improper personal behavior and set poor standards of leadership. Each officer’s conduct is an embarrassment to the thousands of officers, Sailors and civilians who do the right thing every day,” said Spencer.

GDMA is the subject of an ongoing federal fraud and bribery investigation, which was initiated by the Naval Criminal Investigative Service (NCIS). In March 2014, the Secretary of the Navy directed the appointment of a CDA to act as an independent authority to review GDMA matters forwarded by the DOJ to the Department of the Navy after the DOJ has declined to press criminal charges in the federal judicial system. The purpose of the CDA is to review the GDMA-related conduct of Navy members and determine what, if any, disciplinary or administrative actions are warranted and available.

The GDMA investigation continues, led by DOJ and supported by NCIS and DCIS. The United States Attorney’s Office for the Southern District of California in San Diego and the Department of Justice Criminal Division in Washington, D.C., are leading the prosecution.

SPAWAR provides unique perspective for USAFRICOM Women’s Military-to-Military Engagement Program

By Steve Davis

Space and Naval Warfare Systems Command Public Affairs

SAN DIEGO

Space and Naval Warfare Systems Command (SPAWAR) hosted a delegation of African women military communications specialists June 19 as part of U.S. Africa Command’s (USAFRICOM) Women’s Military-to-Military Engagement Program.

The African nation officers and enlisted participants are in San Diego to attend the 31st annual Joint Women’s Leadership Symposium, June 21-22. Their attendance was coordinated by USAFRICOM’s command, control, communications and computer systems directorate. This year’s engagement included 14 women military representatives from Angola, Botswana, Burkina Faso, Chad, Ghana, Morocco, Senegal, Sierra Leone and Nigeria.

“USAFRICOM is committed to building partner capacity on the continent of Africa. It is a strategic main effort of our campaign plan,” said Army Brig. Gen. Christopher L. Eubank, USAFRICOM director of communication (J6). “USAFRICOM will work by, with and through our partners to create conditions that allow our partners to build capabilities to address the drivers of instability.”

As the Navy’s information warfare systems command, SPAWAR played a valuable role in the participants’ military professional development experience in San Diego.

One of SPAWAR’s fundamental efforts is to implement the information warfare platform across the Navy, which integrates individual command, control, communications, computers and intelligence (C4I) capabilities within the fleet. This strengthens combat capabilities by aggregating, fusing and exposing data and services across mission areas to provide actionable knowledge to the Navy and Marine Corps, as well as U.S. coalition partners.

“Our goal was to share with our African nation partners how the Navy trains communicators and delivers essential capability to warfighters,” said SPAWAR Commander Rear Admiral Christian Becker. “We provided the attendees a U.S. Navy perspective on the significance of information warfare, with a broad view on the communications profession. It was an honor for SPAWAR to host these extraordinary military leaders from across the African continent.”

A key element of the command’s engagement with coalition partners is fulfilled by the International C4I Integration Program Office, PMW 740. The program office played the central



Steven A. Davis

Navy Rear Adm. Christian Becker, commander, Space and Naval Warfare Systems Command (center), welcomes a delegation of African women military communications specialists June 19 aboard SPAWAR Headquarters as part of U.S. Africa Command’s Women’s Military-to-Military Engagement Program.

role in explaining how the United States provides C4I to allies and coalition partners via the Foreign Military Sales process.

“We modernize our international partners’ computer and electronic systems and integrate them across ships, submarines, aircraft and shore stations,” explained Sean Moone, PMW 740’s program manager. “By maximizing the United States’ ability to communicate and share information with friendly nations, our allies are able to better defend themselves, protect their waterways, and respond to humanitarian assistance or disaster relief efforts.”

The goal of the AFRICOM Women’s Military-to-Military Engagement Program is to build partner capacity by familiarizing and exposing African women military signal personnel with Department of Defense signal and cyber defense key processes and training procedures.

SPAWAR identifies, develops, delivers and sustains information warfighting capabilities supporting naval, joint, coalition and other national missions. SPAWAR consists of more than 10,000 active duty military and civil service professionals located around the world and close to the fleet to keep SPAWAR at the forefront of research, engineering and acquisition to provide and sustain information warfare capabilities to the fleet.

For more news from Space and Naval Warfare Systems Command, visit www.navy.mil/local/spawar/.

LEARNING | developments with Ready, Relevant Learning

Continued from B1

to succeed in their first two years aboard. What we have ongoing now is close coordination between their unit training officers and our training support centers to keep these Sailors on track to get the next block of training when they need it, anywhere from 12 to 24 months from their initial report date.”

Moran leads the RRL Integration Board, a senior leader forum for the commanders involved in various RRL aspects, such as strategic direction, overseeing implementation, and resourcing requirements. U.S. Fleet Forces (USFF) Command, as the RRL executive agent, and the type commanders are responsible for developing training requirements. Naval Air Systems Command and Naval Air Warfare Center Training Systems Division acquire the courses and the modernized software and hardware systems, and NETC delivers the training.

Cozad’s team provided Moran with an overview of NETC’s role in delivering converted training content and modern training systems to the fleet. Although there are ex-

amples of modernized training systems in use throughout the fleet today, that long-term strategy delivers training systems closer to the waterfront and flightlines in fleet concentration areas.

“Block Learning is a transition phase that supports a continuum of career-long learning,” said Cozad. “This takes us to the next phase of what we are calling ‘modern delivery,’ which captures all the aspects of training, whether it’s the content itself or the software or hardware component, and delivers that training with the latest, easier to access, on-demand content with the best resources and tools when and where our Sailors need it.”

The long-term goal of RRL is to have the ability to reach back to training content and resources through a robust learning management system, while incorporating modern technology-based solutions along with more traditional delivery methods, such as instructor-led and laboratory training.

During the discussion, the operations specialist (OS) rating served as an example for accelerated delivery of RRL. The OS rating has no career training continuum beyond “A” School and was entirely dependent on the brick-and-mortar schoolhouse.

“Up to now, training for the OS rating has been primarily through instructor-facilitated PowerPoint slides, along with some hands-on radar simulated training with the Part Task Trainer, and some computer-based simula-

tion,” said Lt. Cmdr. Roger Phelps, a member of the NETC RRL team. “What we’re going to see in the very near future is the addition of interactive courseware, demonstration videos, and step-by step guides, along with newly established refresher training courses with virtual simulation that will span across the OS career continuum. The ultimate goal is to have improved training and a robust electronic resource library available to them anytime, anywhere.”

Even the personnel qualification standards for each rating will be modernized through RRL, moving away from the current paper-based system. Mobile, modernized content will incorporate science of learning techniques that enhance Sailor readiness.

“Key to all of this is technology and looking for the next generation of training systems while thinking outside of the box,” said Cozad. “Technology advancements will help transform training away from a heavy emphasis on memorizing, describing or listing and toward more performance-based training with application, repetition and practice.”

The NETC team also discussed with Moran how the latest modernized training systems are being used today in some of NETC’s learning centers. Technology, such as the Multipurpose Reconfigurable Training System 3D® (MRTS 3D®), Littoral Combat Ship (LCS) Immersive Virtual Ship Environment (IVSE), and Virtual Interactive Ship-

board Instructional Tour 3D™ (VISIT 3D™), is giving students the opportunity to increase the number of training “reps and sets” a Sailor can perform before actually interacting with physical equipment or systems.

Sailor 2025 is comprised of nearly 45 initiatives to improve and modernize personnel management and training systems to more effectively recruit, develop, manage, reward and retain the force of tomorrow. It is focused on empowering Sailors; updating policies, procedures and operating systems; and providing the right training at the right time in the right way to ensure Sailors are ready for the fleet. Sailor 2025 is organized into three main lines of effort, specifically Personnel System Modernization, Ready Relevant Learning and Career Readiness.

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For additional information on the Naval Education and Training Command, visit the NETC website at <https://www.netc.navy.mil> or <http://www.navy.mil/local/cnet/>. Follow us on Facebook at <http://www.facebook.com/netcpao> and twitter @netcpao

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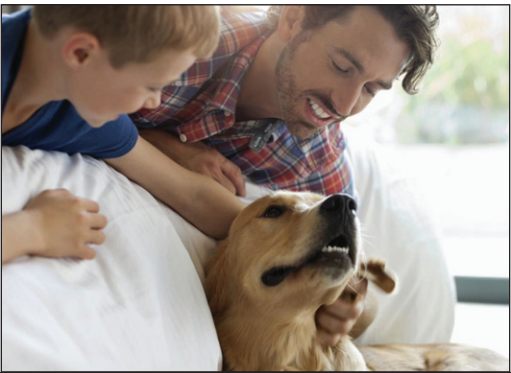
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PET TRIP TIPS!

If you’re planning to leave for a day or longer, you should make sure to employ these five tips to make sure your pet is happy and safe while you’re away.

» See **C5**



Break all the Rules and Become Your Own Hero as the Most Significant Content Update and Expansion to Wargaming’s Biggest MMO Franchise Rolls Out on June 26, 2018

Award-winning online game developer and publisher Wargaming is thrilled to announce today that World of Tanks on consoles — the global phenomenon that has attracted over 15 million players — will experience a radical evolution, exclusively on PlayStation®4, Xbox 360 and Xbox One. On June 26, 2018, Wargaming will globally launch World of Tanks: Mercenaries, World of Tanks’ largest and most encompassing expansion of single- and multiplayer content for the beloved armor-themed World War II massively multiplayer online game.

Through a free content update, the Mercenaries will rise. World of Tanks: Mercenaries plunges players into a terrifying new reality, where history has been rewritten and law and order ceases to exist. Endless wars have left the world fractured, and in the vacuum of power left by the destabilization of global powers, soldiers and civilians now fight for themselves. World of Tanks: Mercenaries invites players across the globe to join the fight; anyone can be a hero in the age of Mercenaries.

World of Tanks: Mercenaries introduces a brand new Mercenaries “nation” and a full tech tree of never-before-seen combat vehicles, giving players access to a fascinating armada of powerful tanks, helmed by unique Mercenary crews. The new suite of tanks in World of Tanks: Mercenaries are comprised of parts scavenged from vehicles from different nations, becoming original war machines tailored to the traits and needs of the new Mercenary characters. Five vehicles will be available at launch, and as their notoriety across the world’s changed landscape grows, so too will the Mercenary nation over the coming months.

Players can immerse themselves in the alternative history setting of World of Tanks: Mercenaries by taking on the riveting new PvE story campaign, The Heist. This action-packed tale



Photos courtesy Wargaming

of espionage follows a motley crew of Mercenaries contracted to set up, execute and escape from a raid on a secret war facility. Their mission is to steal nuclear material for a client who harbors his own atomic ambitions, but the crew soon finds itself at the mercy of the combined powers of the United States and the Soviet Union. Players can expect adrenaline-fueled tank battles as they tackle this story alone – like a true Mercenary – or band together with friends for co-operative online multiplayer action!

In addition to the new story campaign, the Mercenaries will have a far-reaching impact across the entire game, with the addition of new maps to Multiplayer battles. Players can expect to explore and fight through an array of fan-favorite maps ravaged by war and time, with original Mercenary vehicles available to battle with or against the game’s existing roster of over 680 vehicles.

World of Tanks: Mercenaries is the future of World of Tanks on home consoles. Expect more electrifying Mercenaries content in the future, with frequent post-release updates.

“Heat Wave” Summer tour series brings sizzling music and comedy lineup to U.S. military serving abroad

From Globe Newswire

Starting in late June and spanning the 4th of July time frame, Armed Forces Entertainment (AFE) is presenting the “Heat Wave” Summer tour series, which includes performances for more than 50,000 U.S. service members and their families stationed overseas.

As part of this year’s 4th of July celebrations, the Department of Defense organization is sending 12 celebrated artists and groups on tour to the five regions of the world it serves.

Artists performing for our troops around the globe include: Famed rockers Stone Temple Pilots, multi-talented R&B artist Tinashe, Australian hard rockers Sick Puppies, Marine Corps veteran-rockers American Hitmen, pop-punk emo rock band Red Jumpsuit Apparatus, alt-rockers The Mowgli’s, high-energy cover group Pop Rocks, Las Vegas-based pop group Soulfry City, country music performers Rodney Atkins, The Rachel Lipsky Band and Rhinestone Cowboy and comedy tour, Operation Laughter.

“This is one of those times of year when our deployed service members and their families might especially be missing home,” said Brian Burke, Marketing and Business Analyst for AFE. “So, around the Fourth, we really strive to brighten their time by bringing high-quality entertainment that will help them celebrate America’s independence, no matter where they are in the world.”

Service members and their families stationed at installations throughout Europe, the Mediterranean, Southwest Asia, the Western Hemisphere and the Pacific will enjoy a variety of acts from comedy shows to concerts in a range of musical genres.



Courtesy AFE

While AFE provides yearlong-quality entertainment in the genres of music, comedy, sports and fitness and resiliency/motivational tours, the Independence Day holiday timeframe brings a more concentrated number of tours. This annual peak season of performances serves as the basis for AFE’s “Heat Wave” Summer tour series and includes more high-profile acts and a greater variety of music. The tour series also includes a 4th of July performance during the Rim of the Pacific (RIMPAC) Exercise, the world’s largest international maritime warfare exercise.

“We are beyond grateful for all the sacrifices our U.S. military members and their families living abroad make,” said Burke. “We work extra hard to ensure the types of tours we send out during this timeframe are top-notch and that this

quality entertainment is reaching our military all around the world.”

One of the most highly-anticipated shows from the “Heat Wave” series is Stone Temple Pilots’ 4th of July performance during RIMPAC, which is held at Joint Base Pearl Harbor — Hickam, Hawaii.

Several of the music artists in the lineup are currently touring commercially either on the heels of, or in anticipation of their newest album releases. During their performances for U.S. military audiences, the artists are expected to cover some of their most recognizable hits but will also be sharing new music from their recently released singles or albums.

For more information on AFE’s “Heat Wave” Summer tour series, please visit www.afetours.com

Please donate blood

From The American Red Cross

As part of an international movement, the American Red Cross has launched the Missing Types campaign June 11th to raise awareness of the need for blood donors to ensure lifesaving blood is available for patients. During the campaign, iconic corporate and civic brands, celebrities and influencers will remove the A, B and O – the main blood groups – from signage, websites and other public-facing platforms to illustrate the critical role every blood donor plays.

When the letters A, B and O vanish from everyday life, the gaps are striking. And when A, B and O blood types are missing from hospital shelves, patient care could be impacted. The goal is to inspire new and former blood donors to give this summer and become regular blood donors for patients in need in the years to come.



Courtesy American Red Cross

Sports

TOP 5 NBA FREE AGENTS THIS OFFSEASON

By Steve Santoro

www.couchguysports.com

Now that the NBA season is over, its time to look forward to the offseason. That's right, there's no sleep if you're an NBA fan. We go hard 12 months a year! Today we are ranking the best free agents on the market. Before you ask, no Kevin Durant does not count. He's already said he's going back to the Warriors. So let's rank the top free agents on the market starting with some honorable mentions.

Honorable Mentions- Clint Capella, Aaron Gordon, Jabari Parker, Julius Randle, and Isaiah Thomas

5 DeAndre Jordan- With the Clippers in the mist on a rebuild on the fly, DeAndre Jordan is probably a goner. Despite being a traditional big, he still has a lot of value. Jordan is one of the best rebounders in basketball and still a fantastic shot blocker. A lot of teams could use that.

4 DeMarcus Cousins- If Cousins didn't suffer that ACL tear in February, he'd number 2 on this list easy. But he did and his value has dropped. When Cousins played, he was his typical dominate self averaging 25 points and 12 rebounds. You just don't find those type of players like that. I think he'll stay with the Pelicans to give him and Anthony Davis another shot, but I wouldn't be shocked if Dallas makes a run.



Courtesy couchguysports.com

3 Chris Paul- Paul was almost in the same category as Durant but it now sounds like Houston isn't a lock anymore to resign Paul. He said he doesn't want to sign anything less than the max and that could be a problem in Houston's recruit of another certain free agent. I'd still be shocked if he isn't back with Houston.

2 Paul George- What was expected to be a huge year in OKC, turned into a disappointing first round exit. The Thunder don't have much room to improve as they gave up most

of their assets to get George and Carmelo Anthony. If George doesn't see a future with the Thunder, he could be well on his way to LA.

1 LeBron James- Was there any doubt? "The Decision: Part 3" takes place in 2018 as LeBron James hits the market once again. No other player shifts the balance of power in the NBA quite like LeBron, which is why he's clearly the number one free agent. The next month of speculation is going fun.

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base theaters

\$3 Movies

During an adventure into the criminal underworld, Han Solo meets his future copilot Chewbacca and encounters Lando Calrissian years before joining the Rebellion.



Courtesy LucasFilm/Disney

JEB Little Creek, Gator Theater – 462-7534

Friday, June 22

6 p.m. Solo: A Star Wars Story (PG-13)
9 p.m. Deadpool 2 (R)

Saturday, June 23

1 p.m. Book Club (PG-13)
4 p.m. Solo: A Star Wars Story (PG-13)
7 p.m. Deadpool 2 (R)

Sunday, June 24

1 p.m. Life OfThe Party (PG-13)
4 p.m. Solo: A Star Wars Story (PG-13)
7 p.m. Breaking In (R)

NAS Oceana, Aero Theater – 433-2495

Friday, June 22

6 p.m. Breaking In (PG-13)
9 p.m. Solo: A Star Wars Story (PG-13)

Saturday, June 23

12 p.m. Overboard (PG-13)
3 p.m. Deadpool 2 (R)
7 p.m. Life OfThe Party (PG-13)

Sunday, June 24

12 p.m. Book Club (PG-13)
3 p.m. Tully (R)
6 p.m. Solo: A Star Wars Story (PG-13)

Schedule is subject to change. For your weekly movie showtimes and more, check out the Navy Mid-Atlantic Region MWR website at discovermwr.com.

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4 EASY WAYS TO SNAP BETTER PICTURES ON YOUR SUMMER VACATION

From Brandpont

For millions of Americans, summer vacation is just around the corner. Whether they plan to go on a hiking adventure in the mountains, to the beach, explore a new city or tour vineyards, most everyone will end up with a bunch of photos at the end. With advanced lens technology on smartphones and professional-grade cameras now affordable and available to consumers, it's easier than ever to capture memories from summer travel and adventures. However, it's not enough to have great equipment. Before that big trip, it's important to get familiar with a camera's settings and its capabilities. In addition, everyone can unleash their inner photographer and ensure their vacation memories look better than ever with a few tips on how to shoot like a pro.



1. Take a lot of pictures. For some reason, many people wait for just the right moment to carefully take one picture. This is a throwback to the days of film, when people had to be careful to conserve their rolls. Those days are long gone. Take 10 or 25 shots at a time. The more pictures someone takes, the more likely they'll get just the right shot.
2. Some tips on portraits. Portrait photography is one of the simplest, yet most challenging, styles to master. A few points of advice that will make portraits look great include:
 - Get in close so the subject's face is the focal point.
 - Check the background: Are there people walking by or a trash can in view? Waiting a few seconds or shifting the angle can remove a distraction.
 - Finally, a natural smile or expression makes a good portrait, so have a conversation or tell a joke when taking photos.
3. Take pictures outside. Natural light is just easier to work with. Take advantage of overcast days for soft colors and that evening glow. The diversity of natural light can create some stunning effects, and it's easy! Just remember to shoot with the sun to your back.
4. Fall in love with the magic hour. The hour after sunrise and the hour before sunset are what photographers call the magic hour. This is when the low light creates soft shadows and spectacular, natural colors that make the best photographs. Avoid taking pictures in the middle of the day, when the sun is high and casts harsh shadows. This can lead to squinting and unhappy subjects.

After capturing and editing, chances are there are many great shots. While posting them on social media is a great way to share with all your family and friends, celebrate and commemorate your vacation memories with prints and display them on a canvas or in photo books. It's easy to print your photos in-store by visiting one of the thousands of Kodak Picture Kiosks, which can be found at most CVS and Target locations. Photo books and photo gifts, perfect for a host thank-you, are available at KodakMoments.com or on the Kodak Moments App, which offer options to pick up in store or deliver straight to a doorstep. With high-powered cameras now so accessible, it's never been easier to snap a photo at a moment's notice. With a few tips, it's easy to turn good photographs into great ones for sharing and reliving your summer memories.

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5 PET-FRIENDLY PREPARATIONS FOR YOUR SUMMER TRAVELS

From Brandpoint

On your most challenging days you can always count on your pet to greet you at the door when you come home or cuddle up in your lap in the evening. They are a vital part of your home life all year long, but when your life takes you away from home — as it often does during summer travel — are you thinking of them before you head out the door?

With so much to pack and prepare for your trip, it's easy to forget about those you'll leave behind, like your pets. That's why if you're planning to leave for a day or longer, you should make sure to employ these five tips to make sure your pet is happy and safe while you're away.

■ Find a quality pet sitter. Dogs need to be walked and let out during the day, so when you're gone, you'll need a pet sitter to fill these duties. Finding a quality, reliable pet sitter can be the difference between a happy pet and damage to your home when you return. Try to trade sits with a fellow pet owner, and if that's not possible, the National Association of Professional Pet Sitters is a nonprofit organization with resources to help you find the best pet sitter for you.

■ Be mindful of the temperature. Knowing the temperature patterns in your destination city plays a big role in how you pack, but have you looked at what the weather has in store for your home while you're gone? Allowing your home to get overly hot while you're away isn't good for your pet. You can control the temperature in your home — even while you're away — with the Coleman Echelon Hx Touch-screen Thermostat. This WiFi-enabled smart thermostat provides more than just comfort, it monitors the temperature in your home, allowing you to al-

ways be aware of your home's temperature. And best of all, it's completely controllable from your smartphone, so even if you forget to make adjustments before you go, resetting the temperature in your home is just a click away.

■ A little cleaning goes a long way. Your pet really isn't that different from you; they appreciate a nice clean area to live in as well. Give it to them before you go by making sure the litter box or the yard is clean and that you've picked up as much clutter as possible. Wash the blankets that adorn their favorite sleeping places and make sure the space is ready for their use.

■ A little TV time. If commotion is the name of the game in your home, a house that is suddenly too quiet could have a negative impact on your pet. To alleviate this concern, leave the television on in one of the rooms so your pet can enjoy a little noise in the background. Just make sure you choose a room that is different from where your pet often sleeps so they can comfortably avoid the sound if they want to.

■ Leave a little bit of yourself. Is it possible to be in two places at once? In some ways yes. Leaving items out that smell like you — laundry or blankets, for example — can be a wonderful source of comfort in instances when your pet is feeling stressed. Just remember that if your pet likes to chew, these items could be their first target, so only leave things you're comfortable losing.

Having a pet doesn't mean you need to put your summer plans on hold, it just adds another layer to your planning process. Apply the tips above, and you and your pet will be happy and comfortable until the trip is over and you're reunited.

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Chesapeake
4 BR/ 3.5 BA w/ 2-sty great rm, formal DR, lg kit, walk-in laundry. First & second flr masters & workshop. Overlooking a lg lake. No homeowners fees.
Joan Kistler 621-5134

\$469,900



A Must See!

Chesapeake
3 BR w/ FROG, lg kit, SS appl, formal LR & DR, family rm w/ vaulted ceiling & FP. Yard w/ huge deck. Att garage plus a det workshop. New HVAC.
Val Lee 971-3205

\$329,900



Like New

Norfolk
4 BR/ 2.5 BA w/ open concept, 9' ceilings & laminate flooring on first level, Kit w/ granite, SS appl. & upgraded cabinets. Good size yard & att garage.
Val Lee 971-3205

\$249,999



Dedicated military wife for over 30 years choosing to serve the military with honor, courage, and commitment. I await the opportunity to serve you.
BONNIE BYRD 831-1594



Incredible Inside & Out!

Chesapeake
5+ BR/ 3.5 BA, 2 master suites. Spacious kit w/ center island, & nook opens to huge great rm, formal DR & att 2c garage. Breathtaking lake view.
Carmon Pizzanello 754-0393

\$462,500



New Listing!

Greenbrier
2-story features formal LR & DR, large den, spacious kit w/ large pantry, 4 BR & 2.5 BA. Fenced rear yard w/ shed. Huge 2 car att garage. Call now!
Lorrie Powell - Gilbert 285-2192

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Portsmouth
Located on a cul-de-sac this 2-story home offers 4 BR/ 2.5 BA, a welcoming front porch plus a rear porch. Open Floorplan.
Joan Revell 621-8249

\$252,900



Enjoy the In-Ground Pool

Chesapeake
Brick 4 BR/ 3 BA ranch on 1.5 acres. Updated kitchen w/ granite counters, SS appl. & tiled back splash. formal LR & DR, family rm & lg utility rm.
Jill Blank 573-6265

\$409,000



In-Ground Salt Water Pool

Smithfield
Horses welcome! 4 BR/3.5 BA on approx 11 acres. Open plan. Pool house. New deck. Barn w/ fenced pasture, greenhouse, & storage shed.
Natalie Etheredge 757-435-2981

\$559,000



Zoned for Horses

Smithfield
3+ BR/ 3.5 BA brick ranch on 4.49 acres. Plenty of upgrades. Lg kitchen & sun room, custom master BA, 2 c garage & 2 c det garage. New decking w/ hot tub.
Natalie Etheredge 757-435-2981

\$369,000



Walk to beach & school

Norfolk
Very charming 3 bedroom brick with many new updates to include roof, windows, HVAC, water heater, & much more. Close to Military Base. Seller has done it all for you.
Cheryl Hickok 717-7325

\$160,000



Look No More this home has it all!

Chesapeake
Convenient location to all you need & want - Room for everyone - Fun back yard with sun room & large deck. Brand new french provincial kitchen with stainless steel appliances.
Cheryl Hickok 717-7325

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Chesapeake
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Bonnie E Campbell 618-4587

\$324,900



New Construction-June Delivery

Suffolk
Custom 4BR, 3.5BA plus loft, & 1st floor master on 1/2 acre lot. Many upgrades! Exterior Hardie Plank w/stone accents, 2 car garage, porch & deck.
Nora Edwards 621-9334

\$529,000



Gorgeous Custom Ranch

Portsmouth
Pristine 3BR, 2BA ranch w/ sunroom. Open floor in gated community. Lots of Amenities! Yard maintenance incl, relax on your private patio.
Nora Edwards 621-9334

\$234,900



New Condo by the Bay

Norfolk
Coastal and relaxed 2 bb, 2 bth w/access to landscaped courtyard w/ gas grills & fire pit, roof top area with cabanas & big screen TV's & stereos.
Dwight Meekins 621-2199

\$207,280



New Construction

Norfolk
Move in Ready! 2 blocks from the Bay! Open floor plan. Many upgrades. PLENTY of storage. Outdoor shower & fenced in backyard. Close to bases!
Wendy Halman 675-6728

\$207,280



New Townhomes

Yorktown
Open floorplan 2 car garage. Master suite features large walk-in closet, oversized shower & double vanities. 3-4 bedroom, 2.5 baths. Close to bases.
Chris Saunders 344-0297

\$295,208



HISTORICAL DISTRICT

Chesapeake
This home boasts potential! 3 bdrms, 2 1/2 baths, spacious living room and dining area. New kitchen cabinets!!! Great investment or starter home!!!
Kat Brinkley 202-3370

\$154,900



Convenient Location

Virginia Beach
Brick front 3 BR, 2 BA ranch, one car garage on cul-de-sac lot. Above ground pool, Remodeled master BA. Fenced rear yard w/ deck. Call to view.
Donn Irby 757-434-3073

\$244,900



Move In Ready Waterfront

Virginia Beach
Immaculate 4 Bedroom Brick Ranch on 1.13 Acres. Stunning interior with huge kitchen and sensational master bedroom. Excellent schools, easy access to interstate and bases.
Kathy B Good 757-435-1406

\$799,000



Just Listed!

Suffolk
STUNNING, IMMACULATE, UPDATED THROUGHOUT! That's what describes this spacious 4br/2.5ba home on a quiet cul-de-sac in Suffolk. This home is move-in ready & comes with Samsung appliances incl. W/D. 1yr home warranty.
Angelia Williams Graves 757-237-0494

\$267,900



New Construction

Portsmouth
New construction to make your own. Act now and pick flooring, cabinets, granite and paint color. 4br/2.5ba. 2180sqft. Call now for details.
Angelia Williams Graves 757-237-0494

\$219,000



Bishopsgate Beauty

Virginia Beach
Beautiful 4 BD w/ loads of charm and curb appeal in highly sought after Bishopsgate. Gorgeous kitchen offers Quartz counter tops, Carrera marble back splash, Electrolux double oven, and stunning light fixtures.
Kathy B Good 757-435-1406

\$625,000



Sensational Kings Grant Ranch

Virginia Beach
Sensational, Move In Ready 4 BD Brick Ranch beautifully situated on 1/2 acre corner lot! Many improvements, new windows, stainless steel appliances, granite counter tops, tile back splash, vanities, flooring, paint and so much more!
Kathy B Good 757-435-1406

\$425,000

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Announcements

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Church of Christ
 Meets in the
 Diamond Springs Gardenwood
 Park Civic League Building
 5652 Haden Rd.
Services Sundays
10:00 AM Bible Study
11:00 AM Worship Services
 Conservative Non-Instrumental
Robert Mallard 757-464-4574
www.southsidecoc.net

Children's Entertainment
 EBENEZER UNITED METHODIST VACATION BIBLE SCHOOL! EBENEZER UNITED METHODIST CHURCH VACATION BIBLE SCHOOL JULY 9TH-12TH/ 9:00-12:00 THIS IS A FREE EVENT OPEN TO ALL CHILDREN 5 YRS-5TH GRADE/ Adult & Youth Volunteers Welcomed. Join us for a super fun week of games, crafts, music and much more!!!! --Spaces are Limited-- For more information please call 757-238-2359 Register on line at ebumc.net

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FABULOUS ESTATE SALE - Middle Plantation
 Thurs thru Sun June 21st - 24th 9am-3pm 3249 Stapleford Chase VB 3 Story House 5 Car Garage PACKED FULL! Antiques,Mid Century,Primitive,Con temporary, Lots of Furniture,Henkel Harris,Unique Collectibles,Military,Old Western,Silver,Coin's,Jewel ry,Vintage Toys & Cars & More. For Pictures go to ThisNthAtHome.com

Flea Markets/Bazaars
 Church Yard Sale Sat 6/23 w/Spaces to sell.\$12. 7-2 @ PAPUMC.208 S Plaza Trail 23452. 340-57175

FLEA MARKET June 23, 8 AM - 2 PM Oakland Christian Church, Suffolk. Household, books, collectibles, Fine Fleas. 5641 Godwin Blvd. Hosted by Jonto Woman's Club.

Garage Sale - Chesapeake
 Great Bridge East/ Hickory Blg garage sale Saturday June 16th 7-2. Kitchen ware, dish ware,tools, huge amount of costume jewelry, bike, clothes and on and on. Come check it out. 1029 Weeping Willow Dr 23322

Norfolk Highlands Area SASSY SISTERS UPSCALE YARD SALE! We have it all - decor, furn, kids, art and the unusual! 100's of quality, clean and priced items. Fri, 6-15 thru Sun, 6-17, 8-2. New items daily! 334 Kemp Lane

Garage Sale - Portsmouth
 1901 Airline Blvd. Portsmouth Church Yard Sale! One Day - 9am Sat. June 23 - House & Baby Items!

Garage Sale - Suffolk
 Riverwood-133 Riverwood Trace, Fri., Sat. & Sun., June 22-24, 10-6 PM. Tools, lawn tractor, din rm set, liv rm couch, bookcases & more.

Garage Sale - Virginia Beach
 Arrowhead 352 W. Chickasaw Rd Thurs-Sat 6/21-23 9-5 ENTIRE home furn collect toots Lladro vintage Kids Fri: Betterhomesandbargainsales1

Bow Creek-Moving Sale. 3245 Brookbridge Rd., Sat., 6/23, 8-1. Furniture, Lenox China, household items, books, freezer, toots, indoor porch furniture, gas grill, dryer. No Early Birds Please

Great Neck Garage Sale 1464 Shoveller Ave 23454
 Sun-12pm ***Saturday 16 June*** 8am-12pm MOVING SALE!!!! flat screens, various electronics, paintings, furniture, scuba gear, kitchen, appliances, Christmas decorations, eclectic decorations, mens and womens clothing

Salem Woods Multi Family Yard Sale Sun 23 with rain date of Jun 24, 8am-2pm. 1601. Boston Ct, Vbch

Wellington Wds Sat 7-2 2221 N Wolfnsare Dr
 MOV/DISC 45yr of STUFF Funi4P bed,hutch, s.dining,living)Appl,Kitch,Glassware,Tools,clot hes,Kids,Mili.,18cft Refrig and Granadillo Wood.

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 1 Piece Or Entire Contents. We Come To You With & Courteous & Professional Service. No Obligation Offers. Please Get My Offer Before You Sell!
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Articles For Sale
 Parts or whole 1988 Ford Ranger Partingout P/U Likenew transmission/body parts in excellent cond 8' 1991bds w/camper shell.Heads with new valves and seals. Engine block in ex. condx. 757-718-7498

Baby Items/Toys
 AMERICAN GIRL DOLLS Toys or original dolls, clothes, accessories. 757-412-7869

Woodlawn Memorial Gardens. Two spaces w/custom built crypts \$2500 757-412-7863

Bikes-Mopeds-Dirt Bikes
Yamaha 2015 Zuma, 544 miles, like new, \$1775. Snyder's RV 499-8000.

Boats/Rigs

Bayliner Stingray 185LS 2007 18.5" REDUCED FOR QUICK SALE! \$6,000.00
 We are selling our home and moving. Boat has been lift kept and well maintained. New battery, water pump, and recent tune-up. Custom cover by Young's Lightolstry. Many extras to be included. C or T 757-620-1177 or email sarader1@cox.net

mastercraft 1995 19 ft Ski and wakeboard
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Cameras-Photography
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Furniture-Household
2 Pc. All New Mattress Sets-In Plastic
 Twin \$99, Full \$119, Queen \$129, King \$189 Financing Available. Can Deliver. 757-490-3902.

Cabinet-6" high, 3' wide, 13" deep, 10 adjustable glass shelves, mirrored back, fluorescent light, plexi-glass doors, for display cars or knickknacks. \$200 obo. Call Bob 757-714-1724.

Old School Desk, seat folds, hi-back wicker chair, small wicker table, 100 yr old pressed wood mantle clock, other interesting items, 466-0098.

Golf Equipment
Golf Equipment-Too much to list, plenty of golf clubs, bags, cart, new balls, old balls. Call 757-486-6644.

Good Things To Eat
AT HENLEY FARM
Cucumbers, Beets, Blackberries
 For Pickling, etc. \$20 for 20 lb box. 3484 Charity Neck Rd., 426-7501 or 426-6869.

CHEAP CRABS-#1 Male Crabs \$90 Bushel. #2 Males \$50 Bushel. 30 minutes from Great Bridge or Pungo. 252-455-5279.

Cindy's Produce-White peaches, sugar plums, half runner beans, heirloom tomatoes, 2385 Harpers Rd, Va Bch. 10-6. 427-2346. MC/Visa

Horses, Cattle, etc.
 HELP NEEDED to exercise horse in Suffolk. Call 757-923-0409.

Hunting Equipment
SKEET GUNS FOR SALE-Winchester Model 50, 12 ga. & 20 ga. (WS-4), Beretta Silver Pigeon 20 ga. Valmet 333, 12 ga. w/20 ga. Briley Tubes, Mikru 12 ga (Winchester 101), Parker VH 12 ga. 28" F/M Mirror Bores 1925 Manufactured. 757-618-7599, 9 AM to 9 PM.

Lawn & Garden
FREE PICK UP of your broken or unwanted lawn equipment. No riding mowers. Call 412-5664.

Pets-Dogs,Cats,Other

AKC Bloodhounds - Male & Female, Black & Tans, shots, DOB 3/27/18, \$500.00, 252-287-6097.


 AKC Lab Puppies All Black, 4 M/3F, Ready 6/16/18. First Shots and Wormed, Champion Bloodline. Pedigrees and photos may be seen at indianridgelabradors.com. Both Parents on Site. Health Guarantee. Price \$850. 252-336-2281.

Australian Shepherd Pups-8 wks old, reg, pedigree, shots, de-wormed, parents on site, health guarantee. \$350. 252-396-0233.

Australian Shepherds MINIs RTG 6/15 \$600^ 7572973345 illaussionssee.weebly.com

Beagle puppies, 3M, 2F, 8wks on 6/12/18. De-wormed & 1st shots. \$200/ea. 757-575-1799 before 5 PM

Chocolate Lab Pup, male, 7 wks. AKC. parents on site, fat and Healthy! 1st shot,dewormed \$800 (252) 339-1972

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German Shepherd Pups-AKC, black & tan, shots, parents & grandparents on site, good quality pups from local breeder. \$800. 804-691-6717.

Golden Doodles-18, 9 wks., 2 sets of shots, have parents, \$850. 757-412-7708.

Golden Lab Mix Pups-Ready to go. 1st shots & de-worming \$150. 252-357-4829, 252-548-8327

Great Dane Pup-AKC, males, Harlequin & merle, shots/wormed, ready July 17. \$1500. 635-3964

Jack Russell Pups-10 wks., 1 male, tails, docked. 1st shots. \$350. 919-414-8672.


 Lab pups, AKC, Yellow, 2 males, 1st shots/de-wormed, health guarantee, excellent pedigree, \$300. 252-683-6148

Lab Pups-8 wks old, reg, shots, de-wormed, par-ents on site, health guar. \$100. 252-396-0233.

Pets-Dogs,Cats,Other

Lab Pups-Chocolate, AKC, shots, wormed, vet checked, microchipped, Master Hunter Pedigree insures smart, easy to train, healthy pups. Raised in home, handled & played with from birth for socialization. \$1000. 757-710-8458.

Labs-Father's Day Special \$600. 11 AKC Pups, 6 yellow males, 2 chocolate males, 2 black females: 1 chocolate female, parents on site, wormed, family raised, ready 6/21. 804-943-5746.

Maltipoos & Shi Poos, M & F 252-207-9353 majesticmaltese.com

Mini Schnauzers-All Colors. Super Coats. Year Health Guarantee. www.smithschnauzers.com For More Info 434-349-3854 or 434-770-1464

Power Boats/Cruisers

Pioneer 2014 22 ft 222 Sportfish powered by a Yamaha F200 Four Stroke, 120 engine hours w/ Tandem Trailer \$49,900 757-286-8734

SeaRay Sundancer 250 1989 26'9" new exhausts,rebuilt I/O,AC,microwave,head/shower,5.7 Mercruiser, new GPS/Plotter,asking 12k nego.Can be seen by appt. Call (757)286-6463

Sailboats
 30' Hunter, docked in Hampton, w/propane stove, great live-aboard, free to any caller 481-6106

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 A-1 BLACK, Screen/Sifted Black Topsoil, Mulch, Sand, Compost. Prompt Delivery. Visa/MC. Jack Frost Enterprises 430-2257

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Barrett Street Auction, next Auction June 30th. Now Accepting Consignments. 463-1911

Jack's Towing, monthly auto auction 3rd Sat. at 12 Noon. Call 461-5765 for info.

Phoebus Auction Gallery, Next Auction June 24. VAAR #1597. 722-9210

PORTSMOUTH for unpd R. E. Tax. 6/28/6 PM. VAF 662 www.vaauktion.com.538-0123

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 PCA looking to care for Elderly. 25 yrs exp in Hospice, Dementia and Alzheimers. Valid DMV & Transportation. Call Alicia 620-287-3415

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FINANCIAL REPRESENTATIVE
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Building & Construction/ Skilled Trades
Field Supervision/Skilled Labor
 Granite/Parsons/Combs & Joint Venture ("GPC"), is accepting applications for the following positions in support of its I-64 Southside Widening and High Rise Bridge (Phase I) construction project in Chesapeake, VA:
 Carpenter, Labor and Piledriver Foremen, Construction Laborer (Skilled and Unskilled), Carpenter, Flagger, Piledriver, Survey Party Chief, Survey Instrument Operator, Truck Driver (Tandem), Team Driver, and/or Boom Truck(s), Equipment Operators (Backhoe, Bulldozer, Excavator, Forklift, and/or Front End Loader), Crane Operators (Hydro R/T, and/or Crawler > 10T), Mechanic, Oiler/Greaser. Apply in person **814 Greenbrier Circle, Suite A, Chesapeake, VA 23320, on Wednesdays & Thursdays from 8:00 AM-1:00 PM.** A resume to accompany your application is desired. GPC is an Equal Opportunity/Affirmative Action Employer-Minors, Women, Veterans and/or Disabled are encouraged to apply. GPC is a drug-free workplace.

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 Phone: 757-301-8802
 Email: angela@mnmgunter.com

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Computer/IT : ADP Technology Services, inc. seeks an Implementation Engineer at our Norfolk, VA loc. to design, test, & implment OS s/w or prog., & assist in install, testing, & debugging of s/w. Bachel's degree in Comp. Sci., Comp. Engg., Elec. Engg., Info. Tech. or a rel. field + 3 yrs of exp. Employer will accept a master's deg. + 1 yr of related exp. 1 yr. of exp. must incl: 2/OS operating sys.; IES2 subsys.; ICL; TSO; CLUST/REXX-DFSMS/VSAM/FSM/RMM; IBM utilities; Debugging; RACF Security; VTAM/TCPIP; UNIX; OEM products, incl. CA, BMC, or Vanguard; & Operation sys. mgmt/support, incl. SMP/234/454. Fax: 757-301-8809 Phone: 757-301-8802 Email: angela@mnmgunter.com

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 Lake Taylor Hospital is hiring for all Healthcare Related Positions. Visit our website at www.laketaylor.org for more information.

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Healthcare/ Medical
NURSING JOB FAIR EXTRAVAGANZA
 Medical Facilities of America will be hosting a job fair for our 5 Tidewater facilities on
Thursday, June 21, 2018 9am - 6pm Doubletree Norfolk Airport 1500 N. Military Highway, Norfolk
 If you are an RN, LPN or CNA, come join us with on the spot interviews to fill our FT, PT and Casual openings for all shifts.
 Don't miss out on this great opportunity - we offer Competitive Pay and Great Benefits!
 Please visit our website at www.mfa.net to complete a profile. Resumes will be accepted at job fair.
 5 lucky attendees will be randomly selected to win gift cards.

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 District 19 Community Services Board
 Area Clinic Manager Hopewell/ Prince George/Surry
 Mental Health/Substance Use Disorder Senior Therapist (Licensed)
 For job descriptions and applications, please visit our website on the next business day at www.d19csb.com or visit our Human Resources office at 20 W. Bank Street, Suite 7, Petersburg, VA 23803. Sign on bonus available for some positions. Restrictions apply. District 19 is an Equal Opportunity Employer.

Virginia Beach Psychiatric Center
www.vbpcweb.com

Part-Time/ Seasonal
PT Parking Cashier
 The Norfolk Airport Authority is currently accepting application forms for a PartTime Parking Cashier until 4:00 PM on June 29, 2018. Visit www.norfolkairport.com/employmentfor details. EOE F/M/Vets/Disabled

Burial/Cemetery Plot
Rosewood Memorial-C05 Garden Bldg. #1 Section, PC Crypts 33D-1 & 33D-2 includes opening, closing & plaque. \$12,000. 757-406-4092.

For Lease-Commercial
Va. Beach Blvd. at Newtown Rd.-Large lot, offices & 12 bay service. Call 647-3954.

For Rent-Furnished Apts

Motel 6-Newly renovated, offering low weekly & daily rates, near pier & base. \$225. 757-680-9611

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Office Warehouse
 Chesapeake 1200 & 1500 sq. ft. Call 485-1323.

For Rent-Norfolk Apts

Clean 1 BR Apt-East Ocean View, 7th Bay, \$650 mo. includes water/sewer. 646-2398.

GHENT-8 Great Locations
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Wards Corner - 1BR, \$650 & 2BR, \$750
 Call 460-1992 or 625-8193.

WATERFRONT, 570 W. Ocean View Ave. \$925. BEACH Life, Near NAS, REMODELED. Lg 2BR, 1BA No Pets. Tricia 757-735-2876 Agent

For Rent-Norfolk House
 Rental in Norfolk - 2BR, 2BA Duplex, Central H/A, Washer & Dryer. \$775 per month w/ \$775 Deposit. Call Sydney @ 804-503-3950

Rental in Norfolk - 2BR, 2BA Duplex, Central H/A, Washer & Dryer. \$775 per month w/ \$775 Deposit. Call Sydney @ 757-955-4419

For Rent-Portsmouth Apts

CALL ABOUT FREE HALF MO. RENT SPECIAL!! \$250 Sec Deposit. Starting at \$675. 393-2111

For Rent-Portsmouth House

Churchland, W. Branch, Suffolk Homes, apts, twnhms. 5725-51800. Kline Realty 484-0123

Churchland-3 BR, 1.5 BA, liv rm, din rm, kit., den, fenced in yard. Close to base. 4609 W. Norfolk Rd. \$1150 mo.+ sec. dep. 757-488-2994.

For Rent-Rooms
CHESAPEAKE:Bedfield/Volvo Pkwy, furnished, incl. all utils, Wi-Fi. \$550 mo. + dep. 757-681-4067

Chesapeake-Rooms for rent, near offices, shopping, restaurants & interstate. \$500 mo. or \$600 mo. with private bath. 757-580-5587.

KEMPSVILLE-Near Rock Church, Cable, fridge. No smoking, drinking, pets, drama. \$500 mo. Reduced rent for handyperson. 757-237-2379.

ROOM 4 RENT-Chesapeake-Great Bridge
 Nice area, fenced in yard, utilities included. \$500 per/mo. Call Diane at 757-560-0575

Shore Dr. Furnished, bath, walk-in closet, internet, Dish, bus/grocery store. \$700+ dep. 818-4872.

For Rent-To Share

Blocks From Beach, 3 BR Condo, male w/same, house priv's, \$465/Utils Incl.+ Sec Dep. 425-1731

Fun and Games

Sudoku

Super Crossword "IF THE SHOE FITS ..."

ACROSS 1 Gillette razor brand 5 Sled in the Olympics 9 "Hey, you over there" 13 Sermon deliverer 19 Debuted 21 Choral voice 22 Like a lie 23 Car riders' jolters, to a shoe collector? 25 Buccaneer 26 Kingly name of Norway 27 IRS money 28 Highly eager 30 Paradigm 31 Rakish sort 33 Treasure hunters, to a shoe collector? 36 Everybody 37 Part of ENT 39 Direct (to) 40 Hot-rod rods 41 "I'm Walkin'" singer, to a shoe collector? 44 Week- — glance 45 Tree with samaras 48 More neat 49 Suffix with lyric

50 Covertly add to an email 52 One of the Brady girls 55 Not veiled 56 Nametags, e.g. 58 Blend on high, maybe 60 They may be irregular 61 What Romeo and Juliet were, to a shoe collector? 66 Not cooked 69 Itty-bitty (fake it) 70 Put on — 71 506, in old Rome 72 "Kwon do" or "Bo" lead-in 73 Fleeing, to a shoe collector? 78 Quarterback Kyle 79 Pivots on an axis 80 The "A" of ETA: Abbr. 81 Title girl in a J.D. Salinger story 85 Jenny Craig patron 87 Antiquated 88 Midpoint: Abbr. 90 Slacks off

92 Ending for mountain 93 Amazed feeling 95 Snoring, to a shoe collector? 97 LaBelle or LuPone "— the Champions" 102 Big U.K. lexicon 103 Comic Charlotte 104 Emerson's metaphor for art, to a shoe collector? 108 "... that try — souls" 109 Chef Ducasse 110 Brooches 111 Plains native 112 Slant 114 Ad-lib 116 Some cooked, taters and peppers, to a shoe collector? 121 Book after Nehemiah 122 One-named New Ager 123 Threatening like a lion 124 "— Rides Again" (1939 film)

125 Lip off to 126 Be in a choir 127 Picnic intruders

DOWN 1 iPad buy 2 —TV ("Fake Off" channel) 3 Mayonnaise-based sauce 4 Enough 5 1970s teen idol Garrett 6 Vase type 7 Bother 8 "The Rock" actor 9 Just average 10 Everett of Hollywood 11 Old veteran 12 Hubbubs 13 Baby 14 77-Down 15 Brutish sort 16 Business' hush-hush technique 17 Peripheral 18 Film vault items 20 "Life — bowl of cherries" 24 Scope 29 Biting insect 31 Pool inflatables 32 Col. North, familiarly

33 Partner of to 34 Sci-fi carrier 35 This is a test 37 Ending for Milan 38 Flemish painter Brouwer 42 Sardine cans 43 Various stuff: Abbr. 44 Got 100% on 46 Zodiac sign 47 Billiards shot 50 Anheuser- — 51 Minos' island 53 Benefit 54 Court arbiter 57 Bottom-of-barrel stuff 58 H.S. junior's hurdle 59 Village VIP 62 Bakery string 63 French painter Dufy 64 One way to turn right 65 Too old to quality 66 — Island (U.S. state) 67 Condor nest 68 Aquatic flora 74 Colon half 75 Big ice mass 76 Mata —

77 Barking sea creature 82 "Yes, we're open," e.g. 83 Actress Mollally 84 Dangerous curves 86 Fixed charge 88 Dangling enticement 89 Noisy birds 91 Three past A 94 Bit of hair 95 Used a chair 96 Anti votes 98 Deplane, e.g. 99 More ensy 100 Ryder of "Mermaids" 101 Pieces from pundits 104 Was gabby 105 Beethoven title name 106 Gets stuck in the mud 107 "Likewise" 108 — Carta 112 Big ice mass 113 Despot Amin 115 Hear legally 117 Swedish carrier 118 Pasty-looking 119 Dine 120 Relatives of aves.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: H equals S

CESGV UQQARJP CS WX YPUX

LQQAZCHG, WX JGRPBLQV ZVRGN

"XQY HBQYUN LG CHBCWGN QE

XQYV HBGUE!"

Last week's CryptoQuip answer

Many engineers who were passionate hockey aficionados were found trying to make a fast puck.

last week's answers

P	A	S	S	A	B	L	E		A	S	S		R	A	N	G		M	C	S		
A	S	C	O	R	B	I	C		W	H	E	R	E	V	E	R		O	A	T		
W	H	A	T	I	S	T	H	E	N	A	M	E	F	O	R	A		D	R	U		
N	O	R						C	O	G	R	I	C		W	E	S	T	E	R		
S	T	E	A	L	T	H		A	F	I		K	W	A	I		I	R	A	N		
				P	E	R	I	O	D	O	F	W	O	R	L	D		P	E	A	C	E
A	G	O	U	T	I			S	S	R		A	N	I			O	U	T	E	R	
G	E	R		F	E	E	L		S	L	R		G	R	A	S	P	E	R	S		
A	N	D	H	A	R	M	O	N	Y	I	N	W	H	I	C	H						
S	E	E	A	L	S	O		A	T	A		I	T	B	E		P	I	S	A		
S	T	A	L	L			T	S	H	I	R	T	S				R	A	N	T	S	
I	S	L	E		A	B	U	T		S	E	T		T	E	E	T	H	E	S		
				E	V	E	R	Y		B	O	D	Y		W	I	L	L	H	A	V	E
R	E	S	T	R	A	I	N		I	N	N		A	C	A	I		L	E	N		
A	L	C	O	A			O	F	F		O	C	T				I	N	T	E	N	T
B	E	A	U	T	I	F	U	L	F	I	S	H		T	A	N	K	S				
B	O	R	G		N	A	T	E		D	E	I		R	E	S	P	I	R	E		
I	N	C	H	E	C	K		D	R	I		N	E	O			J	U	S			
N	O	E		T	H	E	A	G	E	O	F	A	Q	U	A	R	I	U	M	S		
C	I	R	S		T	E	R	R	E	N	C	E		U	N	D	E	R	S	E	A	
C	A	T			A	S	S	T		D	Y	E		I	D	O	L	A	T	R	Y	

7	5	9	4	2	8	3	1	6
6	4	3	7	9	1	5	2	8
8	2	1	6	3	5	7	4	9
3	8	2	5	1	6	9	7	4
5	7	6	3	4	9	2	8	1
9	1	4	8	7	2	6	3	5
2	9	8	1	6	3	4	5	7
4	6	5	2	8	7	1	9	3
1	3	7	9	5	4	8	6	2



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