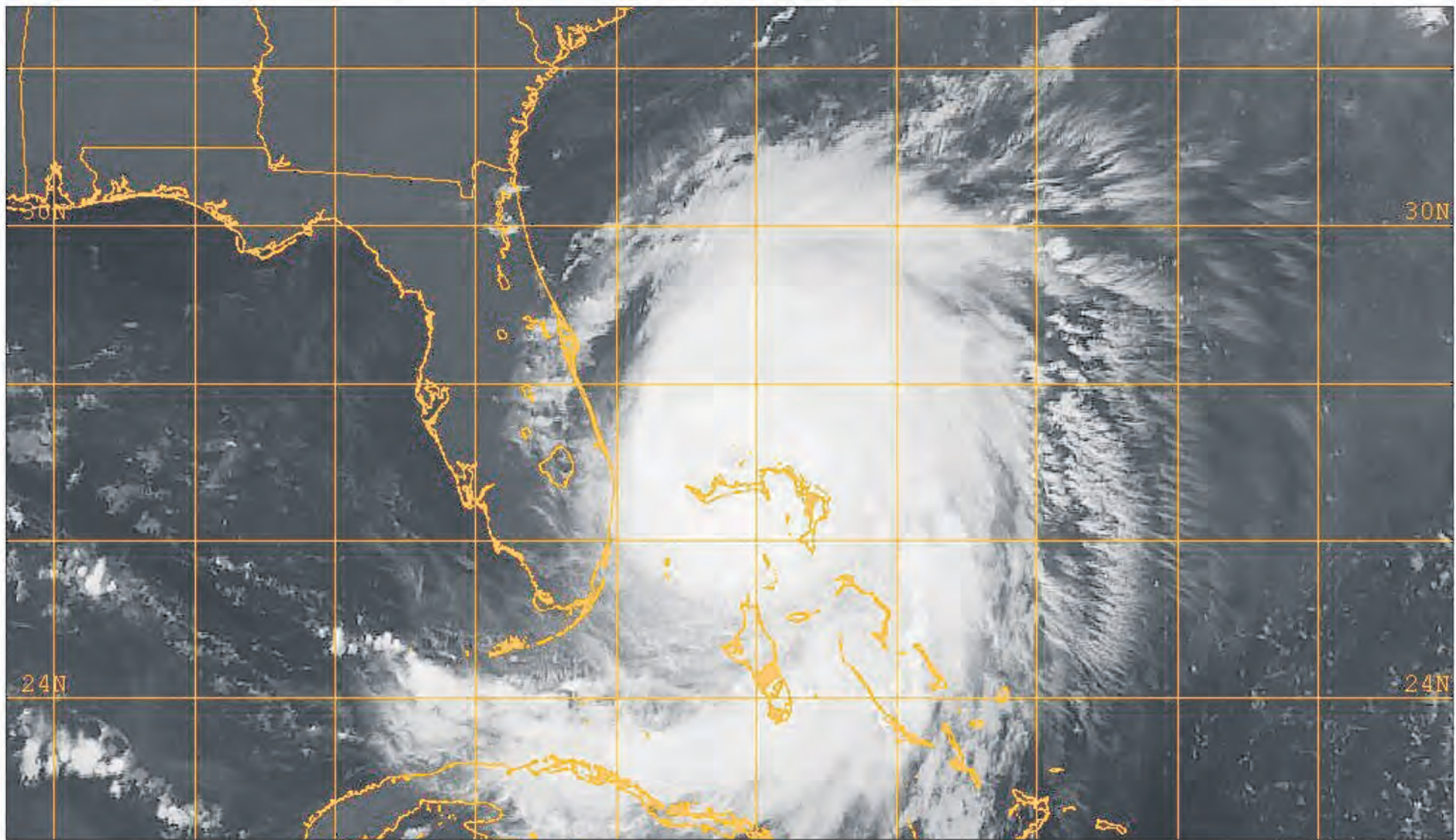




H U R R I C A N E D O R I A N



A satellite image of the Atlantic Ocean from the GOES 16 Advanced Baseline Imager showing the category five, Hurricane Dorian, with sustained maximum winds at 180 mph. The National Hurricane Center is reporting Dorian is now the strongest hurricane in modern records to hit the northwestern Bahamas. Naval Research Laboratory

NAVY PREPARES FOR HURRICANE DORIAN IN HAMPTON ROADS

From U.S. 2nd Fleet Public Affairs

NORFOLK

Commander, U.S. 2nd Fleet ordered all U.S. Navy ships and aircraft in the Hampton Roads area to be prepared to transit to safety within 24 hours, if necessary, as a precautionary measure due to the approach of Hurricane Dorian, thereby setting Sortie Condition Bravo.

Vice Adm. Andrew L. Lewis set the sortie condition as a precautionary measure to reduce the risk of significant damage to ships, aircraft and piers during potential

high winds and/or seas.

"We will continue to monitor and track the storm to ensure our ships and personnel are prepared," said Lewis. "If necessary, we will sortie our ships to allow enough time to transit safely out of the path of the storm."

Some ships will not get underway due to various maintenance availabilities and are taking extra precautions to avoid potential damage. Commanding officers have a number of options when staying in port, depending on the severity of the weather. Some of these options include: adding additional mooring and storm lines, dropping the an-

chor and disconnecting shore power cables.

Additionally, Rear Adm. Charles W. Rock, Commander, Navy Region Mid-Atlantic (CNRMA), ordered all installations in the Hampton Roads area to prepare for possible sustained destructive winds of greater than 50 knots within 48 hours, thereby setting Tropical Cyclone Conditions of Readiness (TCCOR) Three (III).

"Our Navy remains prepared and ready

Navy Region Southeast authorizes evacuations

From Navy Region Southeast Public Affairs

NAS JACKSONVILLE, FLA.

As Dorian progresses toward the Southeast United States, many Navy Sailors and civilians are wondering when they should evacuate. The simple answer is that the parent command must determine whether personnel and family members should evacuate.

» See **PREPARES** | **A7**

» See **SOUTHEAST** | **A7**

Chief of Naval Operations visits USS Gerald R. Ford

By MCSN Zachary Melvin
 USS Gerald R. Ford Public Affairs

NEWPORT NEWS, VA.

Chief of Naval Operations (CNO) Adm. Michael Gilday visited the first-in-class aircraft carrier USS Gerald R. Ford (CVN 78) as part of his first visit to the fleet as the 32nd CNO Aug. 28.

Gilday visited Ford to see firsthand the progress the ship is making during its post-shakedown availability (PSA). Gilday was briefed on many of the Ford-class capabilities, innovations and challenges the ship's crew and Huntington Ingalls Industries-Newport News Ship-

building faced when integrating new technologies into the first new design of an aircraft carrier in over 40 years.

"It's great to be back in the fleet visiting with the Ford team," said Gilday. "Pushing new technology to the fleet takes dedication and hard work of both our Navy Sailors and civilian workforce."

During his visit, Gilday observed operations and received briefs on Ford's advance weapons elevators (AWE), propulsion plant, flight deck differences and advanced arresting gear (AAG).

Gilday ate lunch in the ship's Chiefs' Mess, where he received feedback from the chiefs and discussed the importance of maintaining a sense of urgency as leaders in today's Navy.

As the CNO spoke with Sailors, he commented that he was struck by the level of dedication the Ford team had in completing their ongoing PSA and for the ship to return to sea.

"The entire team is completely focused on getting the ship back out to sea where she belongs," said Gilday. "I look for-



Chief of Naval Operations (CNO) Adm. Mike Gilday visits with Sailors aboard USS Gerald R. Ford (CVN 78). This is Gilday's first visit to Naval Station Norfolk as CNO following the change of office ceremony Aug. 22 at the Washington Navy Yard.

ward to seeing Warship 78 underway."

Gerald R. Ford is a first-in-class aircraft carrier and the first new aircraft carrier designed in more than 40 years.

Ford is currently undergoing its post-shakedown availability at Huntington Ingalls Industries-Newport News Shipbuilding.

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CDC gives tips to be safe after a hurricane

The storm might be over, but that doesn't mean the danger is. Keep your loved ones safe after the storm by following our safety tips.



» See **A6**

Espersays his focus is great-power competition

Secretary of Defense Mark T. Esper spoke to students and faculty of the U.S. Naval War College on Aug. 27, his first address at a military academic institution since taking office July 23.

» See **B1**

Virginia Opera presents Opera in the Park

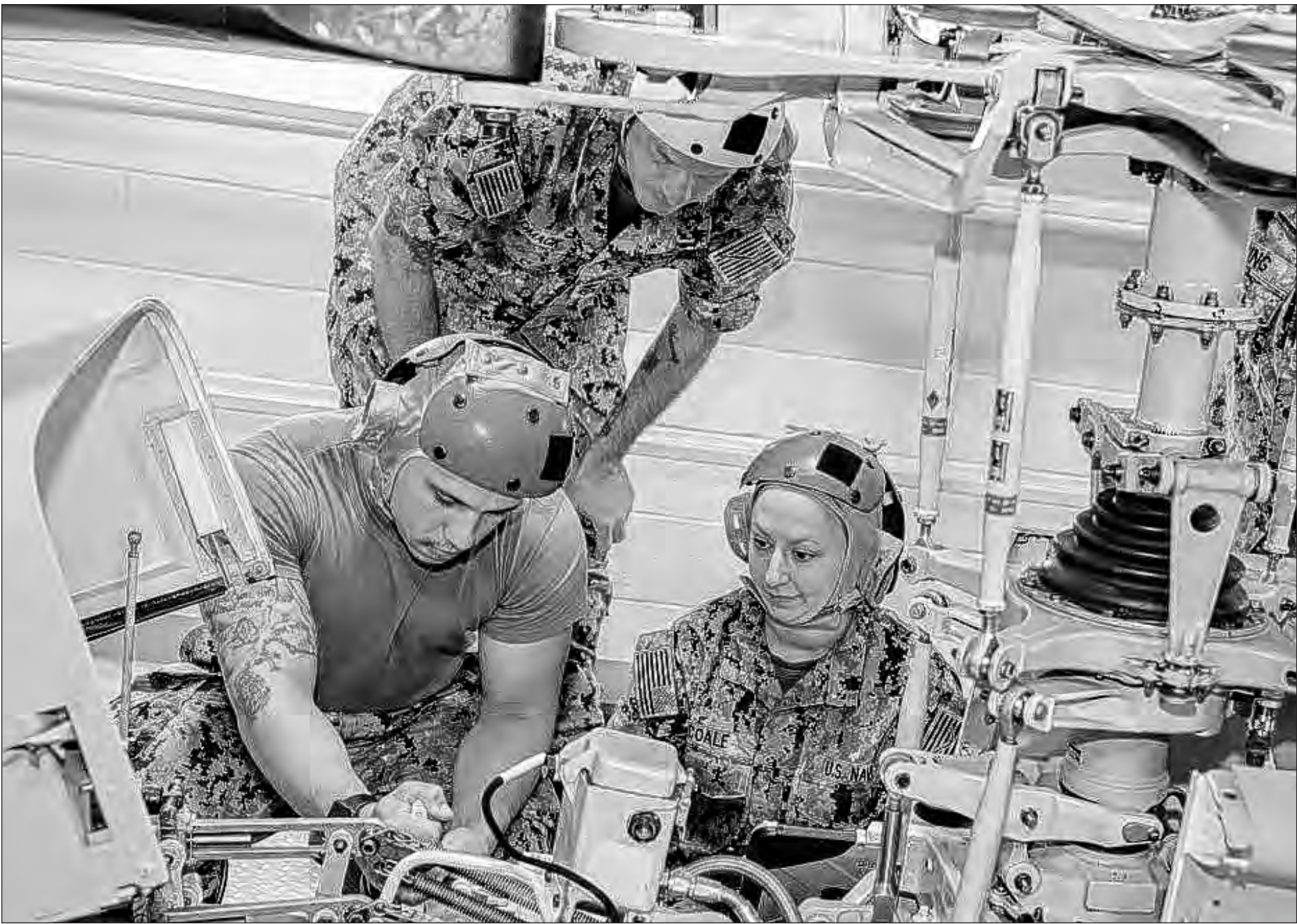
The Virginia Opera is pleased to announce its 11th annual Opera in the Park celebration on Sept. 7 at Norfolk's Town Point Park.

» See **C1**

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U.S. Navy
Aviation Machinist's Mate 3rd Class Sean Wylie, Aviation Structural Mechanic 1st Class Brandom Womack, and Aviation Machinist's Mate Airman Apprentice May Coale, work on a newly acquired MQ-8C Fire Scout trainer as part of the Center for Naval Aviation Technical Training Unit's eight-week pilot course in Norfolk using one of two new custom-built maintenance trainers on Aug. 19.

CNATTU NORFOLK EMPHASIZES HANDS-ON TRAINING WITH NEW MQ-8C FIRE SCOUT TRAINERS

By AEI Jeffrey P. Helgesen
Center for Naval Aviation Technical Training Unit Norfolk Public Affairs

NORFOLK

Instructors at the Center for Naval Aviation Technical Training Unit (CNATTU), Norfolk completed their first MQ-8C Fire Scout pilot course using one of two new custom-built maintenance trainers Aug. 29.

The addition of these brand-new facilities enables the Navy to provide much-needed training on the latest evolution of the Fire Scout.

Over the summer, CNATTU Norfolk added the Composite Maintenance Trainer (CMT) and Avionics Maintenance Trainer (AMT) to assist with teaching aviation electrician's mates, aviation electronics technicians, aviation machinist's mates (AD), and aviation structural mechanics (AM) on all aspects of the MQ-8C Fire Scout. Previously, "C" School training was only available for the MQ-8B, a far different variation of the aircraft.

The eight-week MQ-8C Airframes and Power Plants Organizational Maintenance Course, a journeyman-level "C" school, teaches AMs and ADs how to perform maintenance at the squadron level and uses the Fire Scout CMT to enable students to perform the actual tasks that will be required of them at their squadrons. About 75 percent of the course consists of hands-on training.

"CNATTU Norfolk is proud to provide the highest caliber of training to our Sailors," said Cmdr. R. Sudduth, CNATTU Norfolk's commanding officer. "The new Fire Scout trainers will enable us to stay at the forefront of naval aviation training and ensure that our Sailors arrive in the fleet with the tools they need to work on this cutting-edge technology."

The MQ-8C Fire Scout, an unmanned helicopter, is the highly advanced successor to the MQ-8B, which the Navy has used since 2006. The MQ-8C provides upgraded capabilities to the Navy that includes reconnaissance, detailed targeting support, situa-



U.S. Navy
Aviation Structural Mechanic 1st Class Brandom Womack and Aviation Machinist's Mate 1st Class Marvin Reyes train on a newly acquired MQ-8C Fire Scout trainer as part of the Center for Naval Aviation Technical Training Unit's eight-week pilot course in Norfolk using one of two new custom-built maintenance trainers on Aug. 19.

“ The new Fire Scout trainers will enable us to stay at the forefront of naval aviation training and ensure that our Sailors arrive in the fleet with the tools they need to work on this cutting-edge technology.”

Cmdr. R. Sudduth

tional awareness and aerial fire support.

"We specifically designed this course to be laboratory intensive," said Aviation Structural Mechanic 2nd Class Destinee Riesing, one of the MQ-8C instructors. "Our new CMT is equipped to support that goal. Out of the 290 hours in the course, we only spend 60 in the classroom. This allows our students to receive critical, hands-on experience and as instructors, allows us to return to our roots - turning wrenches."

Students of the course are skilled Sailors from the fleet, returning for continuous training to ensure they have the knowledge necessary to perform at their highest level. Sailors will receive a Navy Enlisted Classification code specific to the MQ-8C upon graduation. The designator of this code is still being determined.

Aviation Machinist's Mate 3rd Class Sean

Wylie, of Helicopter Sea Combat Squadron (HSC) 22, is one of the first students to complete the course.

"I'm honored to be selected by the Navy to learn more about the MQ-8C. Training on this new platform is essential to the transformation of naval aviation in the future. This training enables me to share what I've learned with my fellow Sailors out in the fleet," said Wylie.

CNATTU Norfolk is the only learning site that will offer maintenance training on the MQ-8C Fire Scout. Instructors and staff will take lessons learned from the CMT pilot course to continue to refine the training.

"Aviation maintenance is the pivotal link to keeping our naval aircraft flying," said Aviation Structural Mechanic 1st Class Brandom Womack, the second half of the MQ-8C instructor duo. "Advancements in technology allow us to be ahead of the game; that is keeping our families safe. As an instructor, I am humbled to be a part of these changes as we move to a safer and more efficient Navy."

The eight-week long MQ-8C Avionics Organizational Maintenance Course utilizing the Avionics Maintenance Trainer is scheduled to begin in September.

CNATTU Norfolk provides rate specific aviation fundamental training while professionally delivering specialized aviation "C" school training to maintain and operate air weapons systems supporting MH-53E/MH-60S/MQ-8C helicopters, E-2C Hawkeye airborne early warning aircraft, C-2A (R) Greyhound logistics aircraft, airborne mine countermeasures, aviation maintenance administration management, aviation boatswain's mate, aviation ordnanceman, interior communications electrician and aircrew survival equipmentman professional and rating skills.

CNATTU Norfolk is part of Center for Naval Aviation Technical Training, a learning center under Naval Education and Training Command and a technical training agent for the Naval Aviation Enterprise, an organization designed to advance and sustain naval aviation warfighting capabilities at an affordable cost.

For more news from Naval Education and Training Command, visit www.navy.mil/local/cnet/.

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NEWS FROM NAS OCEANA

NAS Oceana to hold Change of Command at 2019 Air Show

Naval Air Station Oceana Public Affairs

VIRGINIA BEACH, VA.

Capt. John Hewitt, U.S. Navy, will relieve Capt. Chad Vincelette, U.S. Navy, commanding officer of Naval Air Station (NAS) Oceana Sept. 21, during an in-flight ceremony at the 2019 NAS Oceana Air Show.

Vincelette, a native of Virginia Beach, Va., became the 45th commanding officer of NAS Oceana on March 9, 2018, after serving as the executive officer for 18 months.

Vincelette entered the Navy in 1993 after graduating from the University of Virginia. Vincelette received his wings in 1996. He spent the last 21 years serving in a variety of roles. His operational assignments include the Diamondbacks of Fighter Squadron (VF) 102, and an assignment to Black Knights of VF-154, where he deployed for commencement of Operation Iraqi Freedom. He served as executive officer and commanding officer of the Swordsmen of VFA-32. His shore assignments included instructor duty at Strike Fighter Weapons School Atlantic (SFWSL) after attending the U.S. Navy Fighter Weapons School (Top Gun), flag aide to Commander U.S. Fleet Forces, and action officer at the NATO Headquarters, Supreme Allied Commander, Transformation (SACT). He accumulated over 3000 flight hours and 617 carrier arrested landings. He enjoyed the honor of commanding NAS Oceana during its 75th Anniversary celebration in 2018. Vincelette will be retiring after 26 years serving his country in the U.S. Navy.

Hewitt, a native of Smithtown, New York, will be the 46th Commanding Officer of



MC3 Mark Thomas Mahmood

Naval Air Station Oceana executive officer, Capt. John Hewitt, left, and Capt. Chad Vincelette, commanding officer, pose for a photo during the 2019 Sexual Assault Prevention & Response (SAPR) Denim Walk. The U.S. Navy's SAPR program is designed to meet the needs of sexual assault victims, focusing on education, comprehensive response and compassionate advocacy while preserving mission readiness.

NAS Oceana.

Hewitt enlisted in the United States Navy in 1987 and deployed aboard USS INDEPENDENCE (CV 62) and USS FORRESTAL (CV 59) as an Aviation Boatswain's Mate

(Launch & Recovery). He received his commission in 1995 through the Naval Reserve Officers Training Corps Program and was designated an E-2C Hawkeye Naval Flight Officer in 1997.

At sea, he has served with the VAW-117 Wallbangers, Commander, Cruiser Destroyer Group TWO, the VAW-112 Golden Hawks, and was the Executive and Commanding Officer of the VAW-126 Seahawks

where he saw the squadron awarded the 2013 Commander, Naval Air Forces Atlantic Battle Efficiency Award. Hewitt also commanded the E-2 and C-2A Fleet Replacement Squadron – the VAW-120 Greyhawks. Hewitt has deployed worldwide aboard numerous aircraft carriers and supported Operations Southern Watch, Desert Fox, Enduring Freedom, and Iraqi Freedom.

Ashore he has served with VAW-120 as a Fleet Replacement Squadron Instructor, with U.S. Joint Forces Command at the Joint Deployment Training Center, and with the Joint Staff, J-7 Deployable Training Division. Hewitt graduated with distinction

from New York Maritime College with a Bachelor of Science Degree in Marine Business and Commerce and earned a U.S. Merchant Marine Third Officer's License. He is a graduate of both the United States Naval War College where he earned a Master of Arts Degree in National Security and Strategic Studies and the Joint Forces Staff College.

Hewitt has accumulated 2,500 flight hours, 450 arrested landings, and 62 combat missions in the E-2 Hawkeye. He is a Joint Qualified Officer and a graduate of the E-2 Weapons School. He most recently held the position of executive officer of NAS Oceana.



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Service members help lighten load during Servicing Our Schools initiative

By Katisha Draughn-Fraguada
Naval Support Activity Hampton Roads Public Affairs Office

CHESAPEAKE, VA.

Nearly 400 service members from across various commands volunteered during Naval Support Activity (NSA) Hampton Roads’ 4th Annual Servicing Our Schools Initiative on Aug 28.

These military members helped lighten the teachers’ loads by helping them set up their classrooms for the upcoming academic year. This effort allowed the teachers to focus on other responsibilities related to planning, developing and organizing student instructions and preparing for upcoming Family Open House events.

“The Servicing Our Schools Initiative is an opportunity for our service members to give back to the local schools by volunteering their time and talents and assisting with preparations for the new school year,” said Tiffany Johnson, NSA Hampton Roads’ School Liaison Officer who coordinated the initiative. “Service members love to support our community schools and what better way for them to say thank you for the love and support teachers show to not only military children, but all children.”

Sailors volunteered at 25 different elementary and middle schools in the city of Chesapeake during the initiative. Some of the tasks the volunteers helped with included preparing bulletin boards, sorting books, assembling student furniture, cutting out letters, organizing books for classroom libraries, and arranging furniture within classrooms.

“It means so much to the teachers to have extra hands to help us get the classrooms ready,” said Erika Wall, fourth grade Deep Creek Central Elementary School teacher. “It helps us to focus on our planning and our in-



Sailors assist with placing tennis balls on the legs of chairs during Naval Support Activity (NSA) Hampton Roads’ 4th Annual Servicing Our Schools Initiative on Aug. 28.
Katisha Draughn-Fraguada

struction.” Service members who were dispersed throughout the various schools represented commands from across the Hampton Roads area. “I was so excited to see the outpouring support from so many military commands. Last year we had roughly 180 volunteers,” said Johnson. “The numbers jumped to nearly 400 this year. Servicing Our Schools is such an awesome way to give back to the teachers who do so much for our children.” Aviation Electronics Technician 1st Class Lisa Ryan from Fleet Readiness Center Mid Atlantic Detachment Norfolk, spent the morning assembling furniture and making back-to-school goody bags, along with other tasks identified by the teachers. “I really enjoy helping out in the communi-

ty and the schools,” said Ryan. “Helping these teachers is so important because they have a lot of work to do to set up their rooms and it’s great that we are able to come out and help them with that.” Aviation Boatswain’s Mate Aircraft Handler Airman Shawna Alvarez, from the 1st Lieutenant Division at NSA Hampton Roads Headquarters, volunteered at Chittum Elementary School where she organized pamphlets, sharpened pencils, placed nametags on the desks, and set up bulletin boards. “I thought it was a great opportunity to give back to the teachers who give so much to educating our children,” said Alvarez. Capt. Jonathan Kline, Commanding Officer of NSA Hampton Roads, also did his part in helping the teachers get ready for the upcoming school year.

“The Hampton Roads area has always welcomed the military with open arms and we want to give back and say thank you to our partners in the community,” said Kline. Within the 45 Chesapeake Public Schools (elementary, middle, high), there are more than 7,000 military connected students. “Teachers wear many hats by providing social/ emotional support, giving kids the skills to become life-long learners and helping fill in the gaps when service member parents are underway or on deployment,” said Johnson. “On the other side, teachers also appreciate the important work of our military, preserving the freedoms that we hold dear. So, the Servicing Our Schools Initiative is just one more step towards strengthening the relationship between the military and schools and showing mutual appreciation for one another.”

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Capt. Lisa Mulligan, right, Naval Medical Center Portsmouth's (NMCP) commanding officer, and Cmdr. Darla Dietrich, second-left, Branch Health Clinic (BHC) Norfolk's officer-in-charge, join TRICARE Prime Clinic (TPC) Suffolk's staff members to cut the cake during the one year anniversary celebration at TPC Suffolk on Aug. 27. TPC Suffolk opened their doors to patient care on Aug. 27, 2018, falling under the leadership of the Branch Health Clinic (BHC) Norfolk; working with BHC Norfolk Naval Shipyard and BHC Yorktown.

MC2 Kris R. Lindstrom

TPC Suffolk celebrates one year of patient care and excellence

By MC2 Kris R. Lindstrom
Naval Medical Center Portsmouth Public Affairs Office

SUFFOLK, VA.
Medical staff at the TRICARE Prime Clinic (TPC) Suffolk celebrated the completion of their first year with a cake cutting ceremony and cookout on Aug. 27.

TPC Suffolk falls under the leadership of the Branch Health Clinic (BHC) Norfolk Tetrad, who is aligned with Naval Medical Center Portsmouth (NMCP). Cmdr. Darla Dietrich, BHC Norfolk Tetrad's officer-in-charge, praises TPC Suffolk's ability to come together, accomplish tasks and overcome obstacles, indicative of a family.

"I think they are committed to excellence," Dietrich said. "As a team, its super special to

see how they come together, whatever the issue, concern or project of the day is. We are literally in the top of every category across the area. Everybody here just excels at coming together as a team to accomplish the tasks. Everyone here is just one big family."

TPC Suffolk opened their doors for patient care on Aug. 27, 2018 and since then, BHC Norfolk has stepped up on deployability and readiness, becoming an active duty only primary care clinic, and sending a couple thousand beneficiaries to TPC Suffolk. Dietrich also thinks the location of TPC Suffolk is ideal, catering to an area densely populated with active duty members and their families.

"It's a great opportunity for the families in the Hampton Roads area," Dietrich said.

"When BHC Norfolk moved towards an active duty only primary care clinic, we moved about 2,000 beneficiaries here. And with this area of Suffolk growing so much, it is just wonderful that family members can come here. We are open until 7 p.m. every evening so you don't have to worry about your busy work schedule as a mom or a dad to get your child in."

Theron Bryant, TPC Suffolk's medical director, is truly impressed with how much his team has grown in the past year, as well as how well they work with each other going through the "interesting challenges" the team faced early.

"I have been incredibly impressed with the team that we have had, the entire team has

exceeded my expectations," Bryant said. "We had some pretty interesting challenges starting out. Initially, the metaphor I would use to describe it was 'we were building the ship while actually afloat'. We were still trying to sort out supplies, processes, and just the dynamic of working with people in a new setting. And to do all of that while performing so well that we are at the top of nearly every metric, it was just beyond my expectations."

As the U.S. Navy's oldest, continuously-operating military hospital since 1830, Naval Medical Center Portsmouth proudly serves past and present military members and their families. The nationally-acclaimed, state-of-the-art medical center, along with the area's 10 branch health and TRICARE Prime Clinics, provide care for the Hampton Roads area. The medical center also supports premier research and teaching programs designed to prepare new doctors, nurses and hospital corpsman for future roles in healing and wellness.

For more news from Naval Medical Center Portsmouth, visit www.navy.mil/local/NMCP.



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- Learn more about electrical safety after a disaster or emergency by visiting www.cdc.gov/disasters/electrical.html.

If the power is out, use flashlights instead of candles

- If you have to use candles, keep them away from anything that can catch fire. Always stay near lit candles.
- Learn more about hazards related to power outages visit www.cdc.gov/disasters/power-outage/needtoknow.html.

Be careful near damaged buildings

- Keep in mind that hurricanes can damage buildings and make them unsafe. If your home

or another building has been damaged, make sure it's safe before going inside.

- Leave your home or another building right away if you hear shifting or unusual noises. Strange noises could mean it's about to fall.

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 - Use a battery-operated or battery backup CO detector any time you use a generator or anything else that burns fuel.
 - Never run a car or truck inside a garage attached to your home, even with the garage door open.
 - Never heat your home with a gas oven.
 - If you have a carbon monoxide detector and it starts beeping, leave your home right away

and call 911.

- To be safe, learn the they symptoms of carbon monoxide poisoning at www.cdc.gov/co/faqs.htm. If you think that carbon monoxide might have made you or a family member sick, go to a doctor or hospital right away.
- Check out Carbon Monoxide Poisoning After a Disaster for more information visit www.cdc.gov/disasters/carbonmonoxide.html.

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- Always follow warnings about flooded roads.
- Don't drive through floodwater—it may be deeper than you think.
- If you have to be in or near floodwater, wear a life jacket—especially if the water is rising.
- Keep in mind that floodwater often carries germs. If you touch it, be sure to wash your hands with soap and water. If you don't have soap or water, use alcohol-based wipes or sanitizer.
- Visit Flood Water After a Disaster or Emer-

gency at www.cdc.gov/disasters/floods/clean-upwater.html for more information.

Stay away from power lines and dangerous materials

- Stay clear of fallen power lines. Call the electric company to report them.
- Watch out for power lines overhead.
- Learn more on how to protect yourself from electrical hazards after a disaster at www.cdc.gov/disasters/electrical.html.

Protect yourself from animals and pests

- Floods can bring mosquitoes that carry disease. Use insect repellent (bug spray) with DEET or Picaridin. Wear long sleeves, pants, and socks when you're outside. Visit Mosquitoes and Hurricanes at www.cdc.gov/zika/vector/mosquitoes-and-hurricanes.html for more information.
- Stay away from wild or stray animals after a storm. Call 911 or your public health department to report them.
- If you see a dead animal, report it to local officials.
- Learn more about rabies, a disease sometimes spread by animal bites at www.cdc.gov/rabies/exposure.
- Learn more on how to protect yourself from animals or pests after a disaster at www.cdc.gov/disasters/animalhazards/facts.html.



MC3 Nikita Custer

Capt. Brian Becker relieved Capt. Kevin McLaughlin as commanding officer of Commander, Strike Fighter Wing Atlantic (CSFWL) in the Center for Naval Aviation Technical Training Unit ceremonial hangar at Naval Air Station Oceana, Aug. 30. The mission of CSFWL is to man, train and equip Strike Fighter Squadrons in order to conduct carrier-based combat and support missions.

Strike Fighter Wing Atlantic changes hands

By MC3 Nikki Custer
Commander, Naval Air Force Atlantic Public Affairs

VIRGINIA BEACH, VA.

Capt. Brian Becker relieved Capt. Kevin McLaughlin as commanding officer of Commander, Strike Fighter Wing Atlantic (CSFWL) in the Center for Naval Aviation Technical Training Unit ceremonial hangar at Naval Air Station (NAS) Oceana, Aug. 30.

The mission of CSFWL is to man, train and equip Strike Fighter Squadrons (VFAs) in order to conduct carrier-based combat and support missions. In addition, the squadron maintains operational control of a Fleet Replacement Squadron and Strike Fighter Weapons School, all while maintaining administrative control of 15 operational VFA squadrons.

McLaughlin received a Legion of Merit award honoring outstanding service as Commander, Strike Fighter Wing, Atlantic from February 2018 to August 2019. During his tour, McLaughlin or-

chestrated the efforts of 15 squadrons and 326 aircraft while flying in excess of 85,000 hours, which led Strike Fighter Wing to precise levels of tiered readiness.

McLaughlin supported multiple Live-Virtual-Constructive test and training events involving flight simulators, F/A-18 aircraft, and associated ground stations, bringing Link-16 Inject-to-Live training capability to the Fleet.

"It has been an amazing experience working alongside the men and woman of naval aviation," said McLaughlin, who will retire from the U.S. Navy after serving more than 31 years. "The far-reaching success of the squadron is undoubtedly a product of their enduring commitment and personal sacrifices."

Rear Adm. R.J. Kelley, Commander, Naval Air Force Atlantic, presented McLaughlin with the award on behalf of the president.

"Capt. McLaughlin has given 31 years of dedicated service to the Navy and the



MC3 Nikita Custer

Capt. Brian Becker relieved Capt. Kevin McLaughlin as commanding officer of Commander, Strike Fighter Wing Atlantic (CSFWL) in the Center for Naval Aviation Technical Training Unit ceremonial hangar at Naval Air Station Oceana, Aug. 30.

defense of our Nation," said Kelley. "Congratulations on your achievement, and thank you for your dedicated service to naval aviation."

Becker also praised McLaughlin for his leadership, adding that he will continue to drive momentum towards strike fighter readiness and mission-capability.

"It is a privilege to become the commanding officer of CSFWL," said Becker. "Thank you to Capt. McLaughlin for his exemplary leadership. I look forward to growing the legacy of success and innovation that has been instilled through his guidance."

PREPARES | *Sortie condition set as a precautionary measure to reduce risk of significant damage*

Continued from A1

Currently Commander, Navy Region Southeast, Rear Admiral Gary Mayes has authorized the evacuations of non-essential active duty military, drilling reservists, and civilian employees of the Department of the Navy and authorized dependents assigned to Navy commands residing in areas under mandatory evacuation orders issued by a civilian authority.

Those counties in Florida, Georgia and South Carolina currently under a mandatory evacuation are:

FLORIDA:

- Brevard
- Duval
- Flagler
- Indian River
- Martin
- Nassau
- Palm Beach
- Putman
- St. Johns
- St. Lucie
- Volusia

The designated safe haven for individuals south of Interstate 4 is within 100 miles of Tampa, and for those north of Interstate 4 is 150 miles of Tallahassee.

Visit Florida Emergency Management for up to the minute information and specific evacuation locations in each zone.

GEORGIA:

- Bryan
- Camden
- Chatham
- Glynn
- Liberty
- McIntosh

The designated safe haven for individuals in the mandatory evacuation areas is within 150 miles of Atlanta.

Visit Georgia Emergency Management for up to the minute information visit and specific evacuation locations in each zone.

SOUTH CAROLINA:

- Beaufort
- Berkeley
- Charleston
- Colleton
- Dorchester
- Georgetown
- Horry
- Jasper

The designated safe haven for individuals in the mandatory evacuation areas is within 150 miles of Columbia.

Visit South Carolina Emergency Management for up to the minute information and spe-

cific evacuation locations in each zone.

Commands should consider whether the location is covered under a disaster or emergency declaration issued by the federal or state government due to Hurricane Dorian, and whether the location being evacuated is covered under a mandatory or voluntary evacuation order issued by civilian authorities.

When the parent command makes the determination, taking into consideration whether mandatory or voluntary evacuation orders are issued by civilian authorities, then the evacuation of non-essential civilian employees, and authorized military and civilian employee dependents residing in those counties is authorized.

For active duty personnel, they can be issued temporary duty (TDY) or permanent change of station (PCS) orders, but are not considered in an evacuated status.

Remember, civilian authorities cannot authorize entitlements for travel. Military and civilian employees must contact their commands prior to departure.

Civilian employees, and military and civilian employee dependents evacuating under this authority must be issued individual evacuation orders by their parent command. Reimbursement for lodging and per diem will be at the approved rate for the designated safe haven. Costs incurred by an evacuee for travel conducted without authorization away from the designated safe haven are the responsibility of the evacuee. Funding for military and civilian personnel is the responsibility of the parent command. Reimbursement eligible expenses must have occurred within the speci-

fied time period on the parent command evacuation order and may not exceed the authorization as directed by the parent command.

Impacted personnel are reminded that they do not need to wait for individual orders before evacuating. Individual orders can be issued once evacuees arrive at their respective safe havens, or even once they return. It is important to remember to keep receipts for everything.

Individual commands retain responsibility for mustering evacuated personnel and reporting their status as directed by their parent chain of command. Personnel unable to contact their parent command may report their status via the Navy Family Accountability and Assistance System (NFAAS) at <https://navyfamily.navy.mil> or 877-414-5358. The phone number is only manned after an order to account has been activated.

To assist the Navy family during this disaster, an NFAAS needs assessment module will be activated at <https://navyfamily.navy.mil> to enable impacted personnel to document their status and request assistance, if needed.

All evacuated personnel should maintain situational awareness through regular communications with their chain of command and via local media outlets. Evacuated personnel shall remain clear of impacted areas until authorized to return by competent civilian authorities and their parent command.

Remember, you are responsible for your own safety and that of your family. Listen to your local authorities and follow their instructions.



MC2 Justin Wolpert

Most piers are empty at Naval Station Norfolk, Sept. 12, 2018, after the announcement of Sortie Condition Alpha. Commander, U.S. Fleet Forces Command ordered all U.S. Navy ships in the Hampton Roads area to sortie on Sept. 10, ahead of Hurricane Florence.

SOUTHEAST | *Command determines whether personnel and family should evacuate*

Continued from A1

to respond to evolving weather conditions, ensuring the safety of our service members and their families, and to protect our military assets and infrastructures,” said Rock. “It is important that our Navy families are informed of all resources available to them and have a plan in the event Hurricane Dorian affects our Region.”

Some preparations on local installations

may include: sandbagging, removing hazards and debris from drainage areas, removing large items from waterfront areas, ensuring emergency generators and vehicles are topped off with fuel, and filling and preparing potable water supplies.

“All personnel and their families should also review their Navy Family Accountability and Assessment System [NFAAS] account and review hurricane checklists in the event an evacuation is deemed necessary,” said Rock. “Personnel should also discuss evacuation plans and reporting requirements with their chain of command.”

It is also advised for personnel and their families to visit the Ready Navy website at <https://ready.navy.mil> and follow Twitter (@ReadyNavy). Ready Navy provides in-

formation, tools and resources that empower the Navy family to more aptly prepare, react and recover when faced with any emergency. The NFAAS website is available at <https://navyfamily.navy.mil>.

CNRMA will continue to provide hurricane updates on Facebook (www.facebook.com/CNRMA.PAO) and Twitter (@CNRMA) as information is available.

Sortie Conditions are as follows:

- **Sortie Condition Charlie:** Ships must be prepared to get underway within 48 hours.
- **Sortie Condition Bravo:** Ships must be prepared to get underway within 24 hours.
- **Sortie Condition Alpha:** Indicates the execution of the sortie.

Tropical Cyclone Conditions are as follows:

- **Condition IV:** Trend indicates possible destructive winds within 72 hours.
- **Condition III:** Destructive winds are possible within 48 hours.
- **Condition II:** Destructive winds are possible within 24 hours.
- **Condition I:** Destructive winds are possible within 12 hours.

For coverage of the Navy’s overall response to Hurricane Dorian, contact U.S. Fleet Forces Command Public Affairs at (757) 836-3630.

For coverage of shore installation preparedness measures, contact Navy Region Mid-Atlantic Public Affairs at (757) 322-2853.

Naval Facilities Engineering Command celebrates 177 years

From Scott Ghiringhelli
Naval Facilities Engineering Command Public Affairs

WASHINGTON

Naval Facilities Engineering Command (NAVFAC) marks 177 years of enabling warfighter lethality and supporting fleet readiness for Navy and Marine Corps commanders Aug. 31.

In 1842, Secretary of the Navy Abel P. Upshur officially established NAVFAC’s predecessor, the Bureau of Yards and Docks (BuDocs) to execute the design, construction and maintenance of Navy yards and some shore stations on the eastern seaboard. Eventually BuDocs and its responsibilities would grow into the global enterprise known today as NAVFAC, one of six systems commands, which was officially established May 1966.

NAVFAC continues to be a critical contributor to the nation, its supported commands, and Sailors and Marines. NAVFAC’s scope and responsibilities have evolved and expanded throughout the years to keep pace with the growth of the Navy and its mission. Like the Navy itself, NAVFAC has a diverse set of missions worldwide protecting our nation’s interests, promoting its security, and helping to shape U.S. history and culture through the vast array of services it provides to the warfighter.

“It is about our contribution to lethality,” Said Rear Adm. John Korka, the commander of NAVFAC and chief of Civil Engineers. “In today’s increasingly complex environment of uncertainty; quality, speed and agility are the distinguishing

characteristics that will define us as a SYSCOM [systems command] team.”

NAVFAC is currently planning, designing, and construction contracting for facilities in support of the new Columbia-class ballistic missile submarines (SSBN). The Columbia-class SSBNs will replace the Ohio-class submarines, and as Columbia submarines are added to the fleet, the Ohio submarines will be decommissioned. The Columbia will have considerably more advanced propulsion, sensor, navigation, quieting and missile launch systems. Facilities are needed starting this year and throughout the 2020’s to meet Columbia’s construction, training, and deployment schedules. But NAVFAC’s contribution to lethality covers multiple platforms and missions, not just the Columbia.

“NAVFAC is a contributor in bringing the F-35 [joint strike fighter] program on-line,” said Korka. “NAVFAC is supporting disaster recovery operations at [Naval Air Weapons Station] China Lake

[California] following the earthquake. Following the most recent devastation at Camp Lejeune [North Carolina] from Hurricane Florence, NAVFAC is helping to bring Camp Lejeune up to its readiness levels.”

With 13 component commands located in the United States, Europe and Japan, NAVFAC’s support is visible on practically every Navy and Marine Corps installation around the globe. Nearly every pier, runway, road, utility plant, gymnasium, barracks, child development center, or other shore facility has been constructed or acquired by NAVFAC.

“It’s a personal honor to serve for NAVFAC. It’s an honor to be able to support the fleet,” Korka said. That’s why we exist; we will measure our effectiveness and achievements through the eyes of the fleet and Marine Corps.”

For more news from Naval Facilities Engineering Command, visit www.navy.mil/local/navfachq/.



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Maxwell opens for hurricane support
At the request of the Department of Homeland Security, through U.S. Northern Command, Maxwell Air Force Base opened Aug. 29 as an Incident Support Base in advance of Hurricane Dorian.
See **B5**



MC3 Nathan T. Beard
The Whidbey Island-class amphibious dock landing ship USS Fort McHenry (LSD 43) pulls into Naval Station Mayport, Fla. Fort McHenry completed a scheduled deployment as part of the Kearsarge Amphibious Ready Group in support of maritime security operations, crisis response and theater security cooperation, while also providing a forward naval presence.

SORTIE CONDITION ALPHA SET IN MAYPORT: SHIPS GET UNDERWAY AS HURRICANE DORIAN APPROACHES MAYPORT

From U.S. Navy Story by U.S. 4th Fleet Public Affairs
MAYPORT, FLA.

Commander, U.S. Naval Forces Southern Command/U.S. 4th Fleet (USNAVSOC/FOURTHFLT) ordered U.S. Navy ships homeported at Naval Station Mayport to set Sortie Condition Alpha as Hurricane Dorian heads toward Florida’s Atlantic coast.

“Our top priority must always be the safety and security of our ships and aircraft, as well as our Sailors and families. We move our ships and aircraft in order to mitigate potential damage. When maintenance status prevents storm avoidance, we take extra precautions to best protect these units,” said Rear Adm. Don D. Gabrielson, commander, USNAVSOC/FOURTHFLT. “We appreciate how our families support our missions

even as their own homes face the risk of these difficult storms.”
USS Shamal (PC 13) got underway today, and USS Lassen (DDG 82), USS Paul Ignatius (DDG 117), USS Farragut (DDG 99), USS Billings (LCS 15), and USS Milwaukee (LCS 15), are preparing to get underway from NS Mayport tomorrow as Hurricane Dorian is forecasted to bring high winds and rain to the Mid-Atlantic coast. Ships will be

directed to areas of the Atlantic where they will be best postured for storm avoidance.
Commanding officers have a number of options when staying in port, depending on the severity of the weather. Some of these options include adding additional mooring and storm lines, dropping the anchor, and disconnecting shore power cables.
USS Fort McHenry (LSD 43), USS Roosevelt (DDG 80), USS Detroit (LCS 7), USS Little Rock (LCS 9), USS Hue City (CG 66), USS The Sullivans (DDG 68), USS Thomas Hudner (DDG 116) and USS Iwo Jima (LHD 7) will shelter in place in the Mayport basin and will take precautions to avoid damage.
Additionally, Commander, Navy Region
See **MAYPORT | B7**

NMCB 1 completes school for indigenous Colombian tribe

By MC1 Peter Lewis
Navy Public Affairs Support Element East
RIOHACHA, COLOMBIA

Seabees, assigned to Naval Mobile Construction Battalion (NMCB) ONE, along with their Colombian army counterparts, completed construction of a new school for the indigenous Wayuu people in the rural community of Riohacha, Colombia, August 29, as part of Southern Partnership Station (SPS) 2019.
The new construction features solar panels, ceiling fans, and multiple classrooms furnished with chairs and desks. The school was officially turned over to the Wayuu people during a ceremony on August 30.
“With compassion for others, we build, we fight, for peace with freedom,” said Cmdr. Michael Meno, commanding officer, NMCB 1, echoing the words of the Seabee motto. “We don’t just build buildings and water wells, or provide water. We provide hope; hope for people that are in need. It shows that the United States cares about people across the world and it gives us a chance to work with our partner nations to make their lives just a little bit better.”
During the ceremony, the Wayuu villagers and invited guests expressed gratitude for the Seabees’ effort in building the new facility and said that the school will have a huge impact on the local community for years to come.



MC1 Peter Lewis
Cmdr. Michael Meno, commanding officer, Naval Mobile Construction Battalion ONE, receives a Colombian sombrero as a gift from the local community, during a ceremony celebrating the construction of a new school for the indigenous Wayuu people of Colombia, as part of Southern Partnership Station (SPS) 2019.

“We don’t just build buildings and water wells, or provide water. We provide hope; hope for people that are in need.”

Cmdr. Michael Meno

“The new classrooms will have an extremely important benefit. The preschool children, the youngest ones, will benefit the most. They have needed these new classrooms for a long time,” said Principal Lisan Duarte,

Los Remedios 2 School. “It has been a beautiful experience to have you here. This has been marvelous and we like how the military members work.”
“Thank you for providing these facilities that will, in the long-run, provide the fundamental right to education to over 600 children in the local community,” said Jhon Eduardo Fuentes Medina, governor of the Colombian state of La Guajira. “[We thank you] for this work. The children of the Wayuu community have a right to dream of their future and you have provided that with this educational facility.”
Before, during and after the ceremony, the Wayuu people continued to praise the efforts of the Seabees and expressed a deep

See **TRIBE | B7**

Secretary of Defense Esper tells U.S. Naval War College students his focus is great-power competition

By Jeanette Steele
U.S. Naval War College Public Affairs
NEWPORT, R.I.

Secretary of Defense Mark T. Esper spoke to students and faculty of the U.S. Naval War College on Aug. 27, his first address at a military academic institution since taking office July 23.
Esper told his audience that the Department of Defense is focused on the competition posed by China and Russia, after 18 years of conflict in Iraq and Afghanistan.
“Many of you spent most of your career fighting irregular warfare,” Esper said. “But times have changed. We are now in an era of great-power competition. Our strategic competitors are Russia and China.”
The question for the Department of Defense, Esper said, is how to address that competition.
“I see the greatest challenge that I have, that the department faces, is how do we balance the present versus the future?” Esper said. “How do we offset near-term readiness versus future modernization?”
He told the Naval War College audience
See **ESPER | B7**



Greg Mason, grandson of Guy Adams Mason, speaks with Capt. Max Clark, commanding officer of the aircraft carrier USS Nimitz (CVN 68) during a visit to the ship. Guy Adams Mason was awarded a citation of heroism, signed by Adm. Chester Nimitz, for freeing 32 Sailors trapped inside the battleship USS Oklahoma (BB 37) after the attack on Pearl Harbor. Mason came to the Nimitz to donate the citation to the ship.

MC2 David Claypool

32 for 1: Grandson recounts WWII Sailor's heroism, donates citation to USS Nimitz

By MC2 David Claypool
USS Nimitz Public Affairs

BREMERTON, WASH.

Greg Mason, a retired U.S. Army Staff Sergeant, is part of a long lineage of military service members. On August 27, 75 years after a citation signed by Admiral Chester W. Nimitz was awarded to his grandfather, Mason donated it to the aircraft carrier USS Nimitz (CVN 68) during a visit to the ship.

Mason's grandfather, Guy Adams Mason, and his best friend John Arnold Austin were both stationed in Pearl Harbor in December of 1941.

When orders to the Nevada-class battleship USS Oklahoma (BB 37) and the Altair-class destroyer tender USS Rigel (AR 11) populated in 1941, each needed chief warrant officers in their carpentry shops. Guy Mason insisted Austin take the orders to the Oklahoma to experience battleship life; Mason had previously been stationed on a battleship, the USS Nevada (BB 36).

"He told his best friend, John, that he should experience officer-life on a battleship," said Greg Mason as he talked about how his grandfather persuaded his best friend to take the orders. "John was a taller, portly man," added Mason.

Sunday morning, December 7, at 7:53 a.m., Guy Mason was at his house which over-

looked the harbor above Ford Island. Guy Mason and his son Arthur were home. Greg Mason talked about his then eight-year-old father looking down on the harbor and seeing a lightshow, hearing awesome sounds and being entertained by the display. Guy Mason realized Austin was on duty that day down the hill on the Oklahoma and got a uniform on, called a shipmate and waited for a ride.

The USS Oklahoma started to roll almost instantly and within 15 minutes, the ship was capsized. Austin was in the carpentry shop onboard and after the torpedoes struck the sides there was one exit: a porthole.

Austin assisted with the escape of 15 shipmates from the carpentry shop.

By the time the second wave of attacks hit Pearl Harbor at 8:55 a.m., Guy Mason was in a car with three other Sailors, driving through the parking lot of the Officer's Club on base.

Greg Mason chuckled as he recounted the story told by his grandfather, "My grandfather said as they were driving through the parking lot, the second wave of attacks was happening and he told the driver to stop the car, get out, and hide underneath the car. The driver replied 'but sir, I can't stop here this is the Officer's club, and I'm enlisted'."

By the time they got down to the shore, it had been over an hour since the first wave of attacks hit the island. Guy Mason reported to the Rigel, heard what happened to the Oklahoma and raced to the battleship.

Guy Mason and a few Sailors climbed on the hull of the Oklahoma and Greg Mason remembered his grandfather telling him the screams and banging from inside the hull told them there were survivors, and he had to get in: Austin was inside. Guy Mason drilled small holes to make sure he was not cutting a fuel or oil tank, then cut through the metal to gain access.

"My father said 'I remember seeing my

father put his uniform on that day, get in a car and he did not return for three days, and when he did, his feet were covered in bandages due to burns from being on the hot hull of the ship," said Greg Mason.

Greg Mason added that was the only time Arthur Mason saw his father cry.

During his three days inside the capsized-Oklahoma, Guy Mason used cold chisels to get to different compartments throughout the ship, all in search for his best friend, who he knew was a larger man. He stayed in the ship, desperately looking for Austin, who he felt would not have been on duty, nor the Oklahoma at all, had he not convinced Austin to experience the battleship lifestyle. As long as sounds were coming from inside the ship, there was still a chance Austin was alive.

"My grandfather only stayed in the ship for three days because the screams and banging lasted for three days, which meant John may still need to be saved," Said Greg Mason.

When the banging and screaming stopped, Guy Mason knew it was over, and that Austin had died.

Both Guy Mason and Austin saved many lives that day, and Austin lost his in the process. The Evarts-class destroyer escort USS Austin (DE 15), commissioned in 1943, was named in honor of Austin, who posthumously received the Navy Cross.

Due to his tireless efforts looking for Austin, Guy Mason saved the lives of 32 Sailors stuck on the inside of the Oklahoma and his actions were recognized by the Navy, and was awarded a citation of heroism signed by Admiral Chester W. Nimitz.

"My grandfather did not set-out to be a hero," said Greg Mason. "He knew his best friend was on the Oklahoma, due to his advice of going to the Oklahoma, and was trying to find him. He ultimately saved 32 lives while looking for one."

A mother by any other name

By Lisa Smith Molinari
The Meat & Potatoes of Life

Why do we name our babies before they are born? Before we know their character traits, individual personalities, propensities and proficiencies?

Prior to marrying a man with a surname prone to misspellings and mispronunciations — Malarney, Mulineri, Marinara and Manicotti — my legal name was Lisa Smith. I never particularly identified with the name. It seemed common, fleetingly trendy, too milquetoast for my unique persona. Lisa was the most popular baby name in 1966, the year of my birth, and according to census data, Smith has long been the most common surname in the United States, United Kingdom, Canada, Australia, and New Zealand. If that weren't enough to make me feel utterly ordinary, during college I had to be identified by my social security number because there was another Lisa Smith in my class.

The lack of panache in my birth name made me particularly susceptible to nicknames. My own mother, the person who picked my name in the first place, called me Dee Dee Dumpling during my early childhood. I never knew why, but perhaps she felt it was a better fit than my legal name. Even though the cutesy alliteration smacked of fat-shaming, I had to admit, it described me to a tee.

My brother's motivation for nicknaming me was less to describe than to humiliate. His standard was "Pig," but when my parents, who could no longer stand my incessant whining, forbade the insult, he cleverly reversed it to "Gip" and the whining continued. When the boy across the street and I were about seven, my brother found out that we were taking our shirts off and touching our bellies together. My brother seized the opportunity to assign me a "stripper" name — Bubbs MacGraw — and blackmailed me for years with the threat of telling our parents about my secret belly-touch-



From The Meat & Potatoes of Life

ing rendezvous. After a family trip to Hawaii, my brother called me Lee Lae Lon, which sounded pleasant enough until he taught our entire bus to chant it on the way to school. His other epithets included Chunky Dinners, Chung King, Skunk, and Skunkgrass, all demeaning by design.

In middle school, I met another Lisa, and our friends referred to us as "La One" and "La Two." Of course, I was La Two, which played right into my inferiority complex. In high school, my best friend Patti Frankovich and I dreamed of life outside of our Western Pennsylvania working class town, so we made up names that might imply affluent pedigrees. When we met boys while skiing or at the beach, Patti became Claire Taylor, and I, Brooke Townsend — just two Connecticut prep school girls on vacation. My discount department store wardrobe was probably a dead giveaway, but we enjoyed those moments of false refinement nonetheless.

During my first job out of law school, I was assigned to an engineering malpractice case involving a Pittsburgh sewage treatment facility. As the junior attorney, I had to attend depositions and document searches, which were done

on site at the plant. Anyone driving near one of these facilities knows the foul stench of raw sewage that I had to subject myself to on a regular basis. It permeated my dry-clean-only suits, hair, briefcase and car. After a month or so of arriving back at the law firm feeling like I needed to be bathed in acid or set on fire, my colleagues gave me the unfortunate moniker, Sister Sludge.

A few years and many showers later, I met Francis, my future husband. He called me Sunflower while we were in that lovey-dovey stage when schmaltz knows no bounds. But after the reality of marriage, parenting and military life took hold, we were both too embarrassed to acknowledge the corny pet name from our initial courtship, preferring to go with the boring but conveniently monosyllabic, Hon.

However, there is one name in my checkered history that has always been a perfect fit. It's shared by more than two billion people, but somehow makes me feel special. I've been called Bubbs MacGraw, Chunky Dinners, Sister Sludge, Lisa Smith and every ill-fitting nickname in between, but I'm proud that three people in this world will forever call me "Mom."

themeatandpotatoesoflife.com



Housing info

Q: Where can I find an application and other documents required for housing?

A: The documents, including the Housing Application, can be found on the Navy Housing website www.cnic.navy.mil/housingpolicyandforms. These include the Housing Application, Sexual Offender Form, dependent certification, custody or divorce papers and a copy of your orders.

NAVY HOUSING
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4th annual Los Angeles Fleet Week concludes

By MCI Travis Alston
Navy Region Southwest Public Affairs

SAN PEDRO, CALIF.

The fourth annual Los Angeles Fleet Week (LAFW) wrapped up Sept. 2, with more than 1,200 Sailors, Marines, and Coast Guardsmen from six ships experiencing the hospitality of “The City of Angels” and the city of San Pedro.

Los Angeles Fleet Week offered the public an opportunity to tour Naval ships, engage with service members, and enjoy a variety of displays and events throughout the week. It also gave the public an opportunity to gain a better understanding of the sea services and how they support our country’s national defense strategy.

“Los Angeles natives love the U.S. military so we are more than honored that service members had the opportunity to show us what their nation and Navy are all about,” said Eric Garcetti, Mayor of Los Angeles. “I want to thank the leaders who made this annual tradition, now in its fourth year, building on the many years of success of Navy days before that, possible.”

Although most of the week-long events are aimed at engaging with the public, the first two days, U.S. 3rd Fleet, Navy Region Southwest, local agencies and government officials gathered for an annual Defense Support of Civil Authorities (DSCA) workshop and senior leadership seminar, at the Crowne Plaza Hotel, in San Pedro, California.

DSCA allows U.S. military personnel and assets to assist local governments with missions normally performed by civil authorities in response to natural disasters.

“DSCA workshops are excellent opportunities to have a conversation that can be held at all levels, before an actual disaster happens,” said Robbie Spears, emergency management coordinator for the City of Los Angeles and DSCA workshop coordinator. “A big part of it is relationship building. We come from different agencies with different points of view, and this workshop allows us to facilitate a conversation where we can translate different organizational needs or



MC3 Hector Carrera
Sailors aboard the Arleigh Burke-class guided-missile destroyer USS Spruance (DDG 111) render honors to the Battleship USS Iowa Museum while transiting through the Port of Los Angeles during the fourth annual Los Angeles Fleet Week (LAFW). LAFW is an opportunity for the American public to meet their Navy, Marine Corps and Coast Guard teams and experience America's sea services. During fleet week, service members participate in various community service events, showcase capabilities and equipment to the community and enjoy the hospitality of Los Angeles and its surrounding areas.



MC1 Peter Burghart
Chief Hull Technician Christopher Merrow, from Portland, Oregon, demonstrates an oxygen and acetylene torch to Los Angeles Kings hockey team representatives aboard the dock landing ship USS Comstock (LSD 45) during the fourth annual Los Angeles Fleet Week (LAFW).

capabilities, whether it be at a city, state, federal or military level, and figure out how we can best work together.”

Throughout the week, more than 140 Sailors took a break from their regular military duties to help others in the community by volunteering for several community rela-

tions (COMREL) event in the area.

“I want to give a shout out and thank all of the Sailors, Marines and Coastguardsmen who took the time to help at these events,” said Rear Adm. Bette Bolivar, Commander, Navy Region Southwest, while preparing lunch for homeless patrons at St. Francis

Center. “These type of outreach events are great opportunities for us to give back and support those that are less fortunate than us.”

This year’s Fleet Week included nearly 100,000 visitors who had the opportunity to tour Whidbey Island-class dock landing ship USS Comstock (LSD 45), Arleigh Burke-class destroyer USS Spruance (DDG 111), the Independence-class littoral combat ship USS Tulsa (LCS 16), and the Avenger-class mine countermeasures ship USS Scout (MCM 8) as well as U.S. Coast Guard Cutters Forrest Rednour (WPC-1129) and Alert (WMEC-630).

Additionally, LAFW included multiple performances by the Navy Band Southwest, a concert hosted by American rock band “Cheap Trick”, performances by the the U.S. Navy Parachute Team, the “Leap Frogs” and the eleventh annual 5.3 mile, “Conquer the Bridge” run.

“As a former Sailor and Inglewood resident, it makes me proud to see how excited locals are during fleet week,” said Adrian White. “Even though I’ve served aboard several aircraft carriers and shore-based commands, I allows look forward to seeing the Navy’s capabilities, equipment and top-notch Sailors first hand.”



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U.S. Navy Rear Adm. Joey Tynch, right, commander, Task Force 73, speaks to Royal Thai Navy Rear Adm. Sompong Narkthong, commander for the combined ASEAN-U.S. task force during the ASEAN-U.S. Maritime Exercise (AUMX), following the AUMX opening ceremony at Sattahip Naval Base.

MC1 Greg Johnson

ASEAN-US Maritime Exercise begins in Thailand

From Commander, Logistics Group Western Pacific Public Affairs

SATTAHIP, THAILAND

The U.S. Navy and maritime forces from the Association of Southeast Asian Nations (ASEAN) will begin the first ASEAN-U.S. Maritime Exercise (AUMX) with opening ceremonies at Sattahip Naval Base, Thailand Sept. 2.

Co-led by the U.S. and Royal Thai navies, AUMX will consist of pre-sail activities in Thailand, Singapore and Brunei, followed by a sea phase in international waters in Southeast Asia, including the Gulf of Thailand and South China Sea. The exercise will conclude in Singapore.

In all, AUMX includes eight warships and four aircraft from seven countries, and more than a thousand personnel representing all ten ASEAN member states and the United States.

“Our forces sail together during exercises

throughout the year and have done so for decades,” said Vice Adm. Phil Sawyer, commander, U.S. 7th Fleet. “AUMX provides a new multilateral venue to work together on shared maritime security priorities in the region.”

AUMX promotes shared commitments to maritime partnerships, security and stability in Southeast Asia. Participating nations include Brunei, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Singapore, Thailand, United States and Vietnam.

Rear Adm. Joey Tynch, commander of Task Force 73, who oversees the U.S. Navy’s security cooperation in Southeast Asia, noted that AUMX continues the trend of increased multilateral cooperation among navies in the Indo-Pacific.

“The U.S. Navy along with our partners and allies have long known the value of working together,” said Tynch. “AUMX builds greater maritime security on the strength of ASEAN, the strength of our

navy-to-navy bonds, and the strength our shared belief in a free and open Indo-Pacific.”

Throughout the exercise, ASEAN member states and U.S. forces will operate together under a combined task force structure, executing a variety of realistic scenarios designed to reinforce interoperability in areas such as visit, board, search and seizure (VBSS), maritime domain awareness, division tactics and maritime asset tracking. The task force headquarters will be located on board the Royal Thai Navy vessel HTMS Krabi (OPV 551), and include representatives from each ASEAN member state and the United States. An ashore support element in Singapore will also host representatives from each ASEAN member state.

Commercial vessels have been contracted by the United States to serve as the simulated target vessels for the VBSS portion of the exercise, which will focus on countering maritime threats. Teams from multiple countries will work together to board and seize the ships under a variety of realistic scenarios.

“AUMX provides an opportunity to work together at sea during realistic training scenarios,” said Capt. Matt Jerbi, commodore of Destroyer Squadron (DESRON) 7 and depu-

ty commander of the AUMX Task Force. “Training in areas such as maritime domain awareness, where we share information and integrate operations, helps each of us to operate together more effectively.”

U.S. assets include the littoral combat ship USS Montgomery (LCS 8), the guided-missile destroyer USS Wayne E. Meyer (DDG 108), three MH-60 helicopters, a P-8 Poseidon aircraft and staff assigned to DESRON 7 and CTF 73.

AUMX was first proposed at the Association of Southeast Asian Nations Defense Ministers’ Meeting Plus (ADMM-Plus) in 2017 and confirmed during the 12th ADMM in October 2018.

While this is the first exercise of its kind with ASEAN, the U.S. Navy has conducted engagements, exercises and port visits in Southeast Asia for decades. In 2019, the 25th Cooperation Afloat Readiness and Training (CARAT) bilateral exercise series commenced, along with the 18th Southeast Asia Cooperation and Training (SEACAT) multilateral exercise.

The U.S. Navy also participates routinely in ADMM-Plus maritime security exercises, to promote peace and stability throughout the region.

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Billy Birchfield

An Airman from the 42nd Operational Support Squadron directs U.S. Navy MH-60R Sea Hawk helicopters as they arrive at Maxwell Air Force Base, Alabama, from Naval Air Station Jacksonville and Naval Station Mayport, Florida, Sept. 1, 2019. The helicopters evacuated from the Jacksonville area in advance of Hurricane Dorian. In addition to the helicopters, Maxwell AFB is serving as an Incident Support Base for Federal Emergency Management Agency and Defense Logistics Agency personnel and equipment.

MAXWELL OPENS FOR HURRICANE SUPPORT

By Maj. Brian Maguire
Air University Public Affairs

MAXWELL AIR FORCE BASE, ALA.

At the request of the Department of Homeland Security, through U.S. Northern Command, Maxwell Air Force Base opened Aug. 29 as an Incident Support Base in advance of Hurricane Dorian.

Personnel from the Federal Emergency Management Agency and the Defense Logistics Agency arrived Aug. 29, to begin preparations for receiving trailers of food, water and other necessary supplies FEMA may use after the hurricane passes.

“As we have for the last several

hurricane seasons, Team 4-2 and Maxwell Air Force Base are ready to support whole-of-government efforts to provide Americans emergency relief,” said Col. Patrick Carley, 42nd Air Base Wing commander. “While we don’t know what will happen when Dorian makes landfall, we can be ready to

provide assistance.”

In addition to more than a hundred trailers currently on base, Maxwell also received helicopters from Naval Air Station Jacksonville that evacuated in advance of the storm.

“Maxwell is a prime location to provide emergency relief support and a safe haven location during severe weather,” Carley said. “With increased activity and equipment on base, I ask that people stay away from the work sites out of safety concerns.”

Maxwell has provided a staging location for supplies and response teams during Hurricanes Irma, Florence and Michael in 2017 and 2018 respectively. Several hundred more trailers are expected to arrive at Maxwell before Dorian makes landfall in the United States.

“We hope that the storm isn’t as damaging as predicted, but we’re ready to support the staging and movement of relief supplies as part of FEMA’s effort,” Carley said.

Navy helicopter squadrons in Florida set to HURREVAC

From Commander, Naval Air Force Atlantic Public Affairs

JACKSONVILLE, FLA.

Commander, Helicopter Maritime Strike Wing Atlantic (CHSMWL) has ordered aircraft at Naval Air Station (NAS) Jacksonville and Naval Station (NS) Mayport to set Sortie Condition Alpha and evacuate on Sept. 1 as Hurricane Dorian heads toward

Florida’s Atlantic Coast.

A total of seven squadrons assigned to Commander, Naval Air Force Atlantic will begin hurricane evacuation (HURREVAC) to locations throughout Navy Regions Southeast and Mid-Atlantic. Additionally, squadrons will move aircraft unable to evacuate inside hangars for the duration of the storm. Sortie Condition Alpha indicates destructive weather conditions are expected

within 24 hours and initiates the execution for all ships and squadrons able to get underway.

More than 70 aircraft from the following squadrons are expected to HURREVAC: the “Jaguars” of Helicopter Maritime Strike Squadron (HSM) 60, the “Spartans” of HSM-70, the “Proud Warriors” of HSM-72, the “Swamp Foxes” of HSM-74 will depart NAS Jacksonville.

Additionally, the “Airwolves” of HSM-40, the “Grandmasters” of HSM-46, and the “Vipers” of HSM-48 will depart NS Mayport.

On Aug. 30, Commander, Patrol and Reconnaissance Wing 11 ordered 36 aircraft at NAS Jacksonville evacuate due to Hurricane Dorian. A total of six squadrons assigned to CNAL relocated to locations through Navy Regions Southeast and Mid-Atlantic to ensure the safety of personnel and the aircraft.

Media interested in the U.S. Navy’s overall response to Hurricane Dorian, should contact U.S. Fleet Forces Command Public Affairs at 757-836-3630.

Media interested in covering NAS Jacksonville should contact Public Affairs Officer Kaylee LaRocque at 904-537-8313.

Media interested in covering Naval Station Mayport’s Public Affairs Officer Bill Austin at 904-629-7145.

NAVWAR showcases speed, agility at Navy Test & Evaluation Summit

By Elisha Gamboa
Naval Information Warfare Systems Command Public Affairs

SAN DIEGO

Naval Information Warfare Systems Command (NAVWAR) joined leaders in the test and evaluation (T&E) community at the Department of Navy (DON) T&E Executive Summit August 20-21 to examine current and future improvements to the T&E process to accelerate the development and delivery of warfighting technologies to the fleet.

Sponsored by Deputy for T&E Assistant Secretary of the Navy for Research Development and Acquisition Rick Quade and hosted by Naval Information Warfare Center (NIWC) Pacific, the summit focused on the Navy’s move to a digital environment with the theme of setting a common trajectory in T&E.

“We live in a cyber-driven world. It is our goal to lean forward and embrace this digital transformation so that we are in the best position to adapt, innovate and compete in today’s rapidly changing environment,” said Brian Marsh, NAVWAR deputy chief engineer. “The DON T&E Executive Summit allowed us to focus on digital transformation initiatives to quickly deliver innovative software and hardware

with greater agility to the fleet.”

At the event, NAVWAR worked alongside science and technology representatives from across the Navy and Marine Corps to address critical challenges facing warfighters today and possible solutions using round table discussions, presentations, technology demonstrations and facility tours.

Defense participants included:

- NAVWAR
- NIWC Pacific
- Office of the Chief of Naval Operations for Innovation, Technology Requirements, and Test and Evaluation (OPNAV N94)
- Naval Sea Systems Command (NAVSEA)
- Commander, Operational Test and Evaluation Force (COTF)
- Marine Corps Operational Test and Evaluation Activity (MCOTEA)
- Naval Air Systems Command (NAVAIR)
- Commander, Naval Air Forces (CNAF)
- Commander, US Pacific Fleet (CPF)
- Marine Forces Command (MARFORCOM)
- United States Fleet Forces Command (USFFC)
- I Marine Expeditionary Force (I MEF)

During the summit, Quade hosted a roundtable inviting fleet operators to communicate directly with technology developers about their needs and expectations in the area of test and evaluation.

NAVWAR presented a number of topics including the model-based systems engineering (MBSE) initiative.

MBSE moves away from document-based systems engineering. This digital approach provides the framework and guidance for developing consistent, repeatable and interoperable models for engineering across NAVWAR enterprise. All NAVWAR organizations are in the process of implementing MBSE to reduce the time, cost and risk to develop, deliver and sustain systems. MBSE achieves Navy cybersecurity, interoperability, resiliency, and flexibility goals, and maintains data integrity.

NAVWAR and NIWC Pacific also demonstrated a number of technologies, including the collaborative software armory (CSA).

CSA is a cloud-enabled digital environment using industry-standard development, security and operation principles that facilitates the rapid delivery of software applications to the fleet.

“The collaborative software armory takes advantage of cloud and automation technology to make it possible for us to get software capabilities to the warfighter quickly while ensuring functionality and security.”

Rick Jack, NIWC Pacific senior scientific technology manager

About NAVWAR:

Naval Information Warfare Systems Command (NAVWAR) identifies, develops, delivers and sustains information warfighting capabilities and services that enable naval, joint, coalition and other national missions operating in warfighting domains from seabed to space. NAVWAR consists of more than 11,000 active duty military and civil service professionals located around the world.

Get more information about the Navy from US Navy facebook or twitter.

For more news from Space and Naval Warfare Systems Command, visit www.navy.mil/local/spawar/.

Robotics mentors prepare for new school year

From Naval Surface Warfare Center Philadelphia Division Public Affairs

PHILADELPHIA

Naval Surface Warfare Center, Philadelphia Division (NSWCPD) employees prepared for a new year of robotics competitions during a mentoring seminar hosted by the Command on Aug. 29.

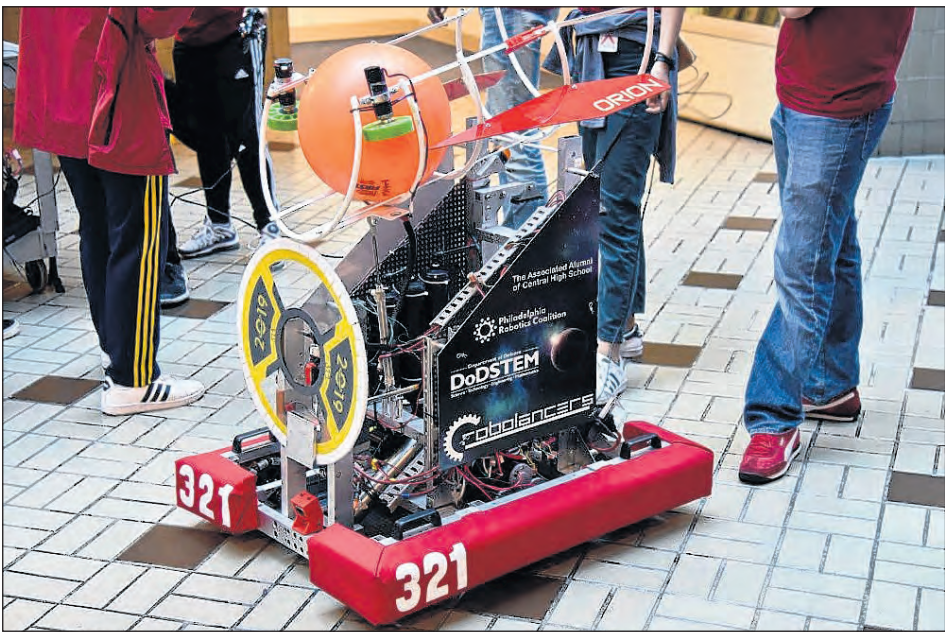
During the seminar, first-time NSWCPD mentors had the opportunity to see the robots in action, hear from students participating in the robotics teams, and talk to other engineers about the rewards of mentoring. Engineers at NSWCPD currently support 56 elementary, middle and high school robotics teams.

This year, NSWCPD will be partnering with the Philadelphia Robotics Coalition (PRC) to mentor 20 high school robotics teams throughout the Greater Philadelphia Area.

The coalition provides technical support, a base of mentors, and funding for schools that need assistance. Through the PRC, NSWCPD’s engineers can be assigned to mentor multiple teams with varying levels of need. The PRC is led by Philadelphia’s Central High School, which has been assisting other schools’ robotics programs throughout the region for several years.

Since updating its Science Technology Engineering and Mathematics (STEM) charter in 2017, NSWCPD has developed a list of outreach-related goals for the Greater Philadelphia community, the Command, and for the NSWCPD engineers’ professional growth.

More specific community-related goals include attracting a diverse pool of students to the NSWCPD STEM pipeline and cultivating industry, government, and academic relationships in the Greater Philadelphia Area. The goals for the Command and NSWCPD employees include growing the Command’s STEM identity, creating men-



Keegan Rammel

Central High School’s RoboLancers FIRST Tech Challenge (FTC) Team shows off their robot during a robotics mentoring seminar at Naval Surface Warfare Center, Philadelphia Division (NSWCPD). NSWCPD is partnering with the Philadelphia Robotics Coalition to support more than 20 robotics teams during this school year.

toring opportunities for the engineers, and developing professional skills by personally mentoring students.

One of the most direct ways that NSWCPD employees can achieve these goals is working with the PRC to mentor local students at over 20 different high schools. The Command’s engineers work with teams and schools participating in the international robotics program For Inspiration and Recognition of Science and Technology (FIRST).

FIRST offers four programs designed to serve kindergarten through high school students. The programs are all focused on robotics at different skill levels. The PRC focuses on the FIRST Tech Challenge, FIRST’s competition for students ages 12-18.

“The FIRST Tech Challenge is the right level of difficulty for most of the schools involved,” said Sean Gallagher, NSWCPD systems engineer and Director for the Philadelphia Robotics Coalition. “It can be accomplished by middle schoolers, but it is certainly complex enough for high schoolers.”

Gallagher and fellow NSWCPD engineer Tristan Wolfe, STEM Outreach Coordinator, are leading the Command’s involvement with the PRC and FIRST. Both Gallagher and Wolfe have been working with Central High School’s robotics team where they met engineering teacher Michael Johnson.

Johnson noticed that fewer schools in the Philadelphia area were competing in robotics competitions and realized that Central High School could assist struggling schools with grants and mentors.

“We take a three-pronged approach to sup-

porting teams. We distribute grant funding to teams for their (parts) kits, registration, and coaches — typically \$1,000 to \$3,000 per team,” Johnson said. “We organize a series of workshops and competitions to provide an opportunity for teams to work together and build excitement. And we work to match teams with adult mentors who will work with them on a weekly basis as they prepare their robots and presentations — that’s where the NSWCPD employees come in.”

Students and mentors work in teams to build a robot from the parts kit, program the robot to operate autonomously and by remote control, and develop the team’s strategy to score the most points with their robot during the challenge.

The FIRST Tech Challenge pairs each school’s team with another school to compete against another pair of schools, teaching the students about teamwork not only within their own school but with engineers they are meeting for the first time.

Gallagher believes the robotics programs supported by the PRC prepares students for a career in engineering and creates a pipeline for talented engineers who may one day work for the Navy.

“We could bring in every single student at Central High School robotics team right now, without the students going to college, and they would be a valuable addition to the Navy,” Gallagher said.

The program is also a chance to engage students who are not already interested in STEM. The FIRST program offers engineering experience for students who want to work

in marketing and fundraising, as well as students interested in programming.

“Central High School has a business team that focuses on writing grants, making ads, marketing, and communicating with the outside, a lot of the things I do every day,” Gallagher said. “As an engineer, I write, I market my ideas; I have to convince people that my ideas are good.”

Students from any high school team who do not already have skills needed to thrive in the FIRST competition can participate in Central High School’s preseason boot camp training. The PRC offers basic workshops in computer drawing, machinery, programming and other skills necessary to build a robot.

“Robotics programs teach technical skills and give students the opportunity to meet and interact with STEM professionals. But more than that, it gives them a crash course in teamwork and communications skills as they work together to achieve a product that none of them (including their adult coaches and mentors) could accomplish alone,” Johnson said.

NSWCPD’s partnership with the PRC allows the Command’s employees an opportunity to work with schools throughout the region and focus on the schools that need the most help.

“I think it’s important to maintain and expand relationships with Philadelphia schools,” Wolfe explained. “As teams start to excel on their own, the Philadelphia Robotics Coalition can reallocate their resources on higher needs schools.”

Working with students also provides NSWCPD’s engineers with an opportunity to collaborate across technical codes and meet other employees as they prepare to mentor potential future engineers.

Mentoring high school students sharpens a young engineer’s skills in low stakes circumstances, and leading a team of students through a project has helped him lead teams of professional government engineers, according to Gallagher.

“Being a mentor teaches project management, systems engineering, and public speaking,” Gallagher said. “Particularly for young people coming into the organization, this is an invaluable way to practice skills that they can bring back to NSWCPD.”

NSWCPD employs approximately 2,600 civilian engineers, scientists, technicians, and support personnel doing research and development, test and evaluation, acquisition support, and in-service and logistics engineering for Navy ships. NSWCPD is also the lead organization providing cybersecurity for all ship systems.

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Patrol Craft ship USS Shamal (PC 13) approaches the pier at Naval Station Mayport.

QM1 David Ratcliffe

MAYPORT | *Top priority is safety, security of ships and aircraft, as well as family of Sailors*

Continued from B1

Southeast ordered all Navy installations in the Mayport area to set Tropical Cyclone Condition of Readiness Three (III), meaning sustained destructive winds of greater than 50 knots associated with a tropical system are possible within 48 hours.

Preparations for the storm include securing hazards throughout the installations, removing debris from drainage areas, designating alternate parking areas for flood prone areas, sand bagging flood prone

areas, topping off fuel in generators and government vehicles and relocating dumpsters and equipment to more secure areas.

All personnel and their families should review their Navy Family Accountability and Assessment System (NFAAS) account at <https://navyfamily.navy.mil>, as well as review hurricane checklists and evacuation plans in the event an evacuation is necessary. Service members are encouraged to discuss evacuation and reporting requirements with their chain of command and family members.

NOTE:

Sortie Conditions are as follows:

Condition Charlie: Ships prepare to sortie within 48 hours to avoid heavy weather.

Condition Bravo: Sortie is expected within 24 hours to avoid heather weather.

Condition Alpha: Sortie commences to avoid heavy weather.

Tropical Cyclone Conditions of Readiness are as follows:

Condition IV: Trend indicates possible destructive winds within 72 hours.

Condition III: Destructive winds are possible within 48 hours.

Condition II: Destructive winds are pos-

sible within 24 hours.

Condition I: Destructive winds are possible within 12 hours.

Media interested in covering the sortie of ships at Naval Station Mayport should contact Bill Austin at 904-629-7145.

Media interested in covering aircraft sorties at Naval Air Station Jacksonville should contact Kaylee Larocque at 904-542-5588.

Media interested in covering storm preparations on local installations should contact Commander, Navy Region Southeast Public Affairs at 904-542-2415.

Media interested in the U.S. Navy’s overall response to Hurricane Dorian, should contact U.S. Fleet Forces Command Public Affairs at 757-836-3630.

TRIBE | *New building features solar panels, ceiling fans and multiple classrooms*

Continued from B1

desire for their return in the future.

“It has been a fantastic experience to work with you because you are very honorable and humane and you have enriched us. We see the love that you have for our children. It has been wonderful to have you here,” said Emilce Ceballos, preschool teacher, Los Remedios 2 School. “We would be delighted if you could come back. I know that you have big hearts and that you enjoy coming to help in this country where there is a lot of need.”

“I really hope that you can return,” added Duarte. “I know that if you can come back that you will bring some more beautiful

work that will benefit the community, the children, and the teachers. I hope you come back!”

NMCB 1 is homeported in Gulfport, Mississippi, to prepare and execute a comprehensive unit-level training plan in order to meet future mission requirements.

SPS 19 consists of fly-away deployments of adaptive force packages to Barbados, Colombia, Guatemala, Honduras, and Peru to conduct training and subject matter expert exchanges to improve capacity in medical, dive operations and engineering.

U.S. Naval Forces Southern Command/ U.S. 4th Fleet is responsible for U.S. Naval forces in the U.S. Southern Command area of responsibility, including the Caribbean, Central and South America.

For more information and news from U.S. Naval Forces Southern Command & U.S. 4th Fleet, visit www.navy.mil/local/cusns/, <https://www.facebook.com/NAV-SOUS4THFLT>, and <https://twitter.com/NAVSOUS4THFLT>.



MC1 Peter Lewis

Builder Constructionman Lane O'Brien and Builder 3rd Class Benjamin Pileski, both assigned to Naval Mobile Construction Battalion ONE, mix concrete during construction of a new school for the indigenous Wayuu people of Colombia, as part of Southern Partnership Station (SPS) 2019.

ESPER | *Naval War College class includes military officers from more than 60 nations*

Continued from B1

that as senior military leaders of the future, they must have this context in mind. It will affect nearly all aspects of the U.S. armed forces, including training, equipment and placement of troops around the world, he said.

A strong network of like-minded allies and partners is also critical, Esper noted, speaking to a Naval War College class that includes military officers from more than 60 nations.

Esper said he traveled to the Indo-Pacific region earlier this month, noting that the area is “our priority theater.” The secretary said he spoke to officials from nations such as Australia, New Zealand, Japan, South Korea and Mongolia who are troubled by China’s aggressive behavior but are hesitant to confront its rising economic and political power.

“I can’t tell you how many anecdotes where I had foreign leaders tell me about China’s behavior in forums, in conferences and other engagements, one-on-one and or in a multilateral setting, that is particularly troubling,” Esper said.

“China’s Belt and Road Initiative is gaining it significant leverage in the region, and our challenge is to work with our allies and partners to compete.”



theasis/Getty Images/

If the United States expects to lead that competition, Esper said, it must be present in the region.

“Not everywhere, but we have to be in the key locations. This means looking at how we expand our basing locations, investing more time and resources in certain regions we haven’t been to in the past,” he said.

“It also means we have to continue to fly, to sail and to operate wherever international rules allow to preserve freedom of naviga-

tion for both military and commercial operations, whether it’s the Strait of Hormuz or whether it’s the Malacca Strait.”

Esper said the world is only getting more complex, and the challenge before the U.S. armed forces is to be ready.

“I need all of you to help ready the joint force, to deter conflict and, if necessary, to fight and win.”

Founded in 1884, the U.S. Naval War College is the oldest institution of its kind in

the world with more than 50,000 graduates, including nearly 300 of today’s active-duty admirals, generals and senior executive service leaders.

To see U.S. Naval War College photos from the speech: <https://www.flickr.com/gp/usnavalwarcollegeri/13gYkJ>

To view the speech: https://youtu.be/JQ_gDd27IjA

For more news from Naval War College, visit www.navy.mil/local/nwc/.

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See C3



Virginia Symphony Orchestra

VIRGINIA OPERA PRESENTS 11TH ANNUAL OPERA IN THE PARK CONCERT

Press Release

NORFOLK

The Virginia Opera is pleased to announce its 11th annual Opera in the Park celebration on Sept. 7 at Norfolk's Town Point Park. Produced in conjunction with Norfolk Festevents, Opera in the Park is a free, open to the public all-ages picnic-style event that marks the official launch of each Virginia Opera season. The VO celebrates its 45th anniversary season in 2019-20.

Town Point Park gates will open at 6:00 p.m., with evening concert entertainment beginning at 7:30 p.m., featuring the Virginia Symphony Orchestra conducted by Virginia Opera Artistic Director Adam Turner, with The Virginia Opera Chorus and rising stars from the VO's renowned Herndon Foundation Emerging Artists Program. Opera in the Park will once again be emceed by Virginia Opera's own "Doc Opera," Dr. Glenn

See OPERA | C4

Virginia Opera's 45th Anniversary Season (2019-20)

TOSCA – GIACOMO PUCCINI
Norfolk - Oct. 4, 6 and 8
Fairfax - Oct. 12 and 13
Richmond - Oct. 18 and 20

IL POSTINO (THE POSTMAN) – DANIEL CATÁN
Norfolk - Nov. 8, 10 and 12
Fairfax - Nov. 16 and 17
Richmond - Nov. 22 and 24

CINDERELLA (LA CENERENTOLA) – GIOACHINO ROSSINI
Norfolk - Jan. 31 and Feb. 2 and 4
Fairfax - Feb. 15 and 16
Richmond - Feb. 21 and 23

AIDA – GIUSEPPE VERDI
Norfolk - March 20, 22 and 23
Richmond - March 27 and 29

VCW to present Peanut City Showdown fundraiser this weekend; Gino to defend his title against Rhino

By Jonathan McLarty
Contributing Writer

On Saturday, September 7, Vanguard Championship Wrestling (VCW) will present Peanut City Showdown 4 at the Salvation Army Community Center in Suffolk. Headlining the event will be VCW Heavyweight Champion Gino defending his title against a wrestling legend and former Extreme Championship Wrestling (ECW) Champion "The War Machine" Rhino. Proceeds from the event will benefit the Salvation Army in Suffolk.

Gino successfully defended his title against "Mr. Mid-Atlantic" Damien Wayne at Liberty Lottery in July. An athlete like

Rhino, known for competing across the world in ECW, World Wrestling Entertainment (WWE) and Total Nonstop Action Wrestling (TNA), could be Gino's toughest test to date. In other title action, VCW Commonwealth Heritage Champion Colby Corino will defend against former champion Ken Dixon in a two out-of-three falls match. These men went to a time limit draw at Liberty Lottery. When the fans were granted five additional minutes for the contest by Commissioner George Pantas, Dixon ran away from his opponent. In their fourth contest this year, the match in Suf-

See VCW | C2



Livid the Clown, left, and his partner Wes Roger, right, collectively known as Simply Safe-ish, will compete for the VCW Tag Team Championships this weekend in Suffolk.

Jonathan McLarty

CalendarCommunity

For a complete list of events in Hampton Roads or to submit your own, visit www.flagshipnews.com/calendar



Courtesy photo

CommUNITY Play-In and Sing-Along

- Sept. 8, 4:30 p.m.-6:00 p.m.
- Scope Arena
- virginiasympphony.org

Pick up your instrument, bring your voice and join the Virginia Symphony Orchestra in a celebration of peace, inclusion and unity. This inspiring annual event embraces our community’s cultural richness and diversity, uniting people of all ages, faiths and backgrounds through participation in music, dance and spoken word. Music will be available for any instrument and voice at any level, so come play and sing with us! Or just come as you are and enjoy the musical talents of your neighbors. All are welcome – register today at virginiasympphony.org.



Courtesy photo

Family Formal Dance

- Sept. 7, 5:00 p.m.-8:00 p.m.
- Vista Point Naval Station Norfolk
- www.facebook.com/events/894821460872444

Dress to impress and dance the night away at our Family Formal Dance, fun for the whole family! Saturday, September 7th from 5-8 PM. Only \$30 for a family of four or \$7.50 per person for a light dinner, music, family photos, door prizes and more! Only the first 200 people who register will be able to attend .



Courtesy photo

Ryan Davis

- Sept. 7, 7:00 p.m. and 9:30 p.m. and Sept. 8, 7:00 p.m.
- Virginia Beach Funny Bone
- www.vb.funnybone.com

Ryan Davis is a comedian whose Internet show has generated more than 100 million views in 2016 alone. His versatile comedy style has attracted a diverse audience that spans across continents. Although Ryan has seen an enormous amount of success on the Internet, he prides himself on his ability to deliver in his live stand up shows. With sold out shows across the U.S., Ryan is proving to be one of comedy's new rising stars.



Courtesy photo

Yoga on the Pier

- Sept. 7, 9:00 a.m.
- 1 Waterside Drive
- nauticus.org

Come celebrate the end of summer and national yoga month with Sky's The Limit Yoga Co. and Nauticus on Elizabeth River Trail. Class will blast off at 9:30 a.m. with Barry Clark from North End Run Club kicking the beats. Stick around for post-class hangs, yummy goodness and more.

Luke Bryan, Cole Swindell and Jon Langston

- Sept. 8, 7:00 p.m.
- Veterans United Home Loans Theater
- www.virginiabeachamphitheater.com

Luke Bryan comes to Veterans United Home Loans Amphitheater on his Sunset Repeat Tour. The tour's name comes from Bryan's 2018 hit single "Sunrise, Sunburn, Sunset" from his most recent album, What Makes You Country, and sets the scene for a scorching show. Joining Bryan will be fellow country artists Cole Swindell and Jon Langston.

■ Submit YOUR events, news and photos

The Flagship welcomes submissions from our readers online.

Please submit **events** here: www.militarynews.com/users/admin/calendar/event/

Please submit **news** and **photos** here: www.militarynews.com/norfolk-navy-flagship/submit_news/



Heidi Cheek

Virginia Beach native serves with Navy’s weather command headquarters

By Bradley Gee

STENNIS, MISS.

Most Americans rely on weather forecasts to plan their daily routine. The U.S. Navy is no different. With numerous ships, submarines and airplanes deployed around the world, sailors and civilians serving with the Naval Meteorology and Oceanography Command at Stennis Space Center, Miss., advise Navy leaders about the impact of ocean and atmospheric conditions on future operations.

Petty Officer 1st Class David Basilio, a 2003 graduate of Salem High School of Virginia Beach, Va., is one of those responsible for providing timely, comprehensive and tactically relevant information for ships, submarines, aircraft and other commands operating throughout the globe.

As a Navy aerographer’s mate, Basilio is responsible for serving aboard survey vessels and planes to scan the water for information.

Basilio credits success in the Navy to many of the lessons learned growing up in Virginia Beach.

“Virginia Beach being a big military town and the feeling of family from the military folks there gives a sense of cohesion that influenced me forever,” said Basilio.

A key element of the Navy the nation needs is tied to the fact that America is a

maritime nation, according to Navy officials, and that the nation’s prosperity is tied to the ability to operate freely on the world’s oceans. More than 70 percent of the Earth’s surface is covered by water; 80 percent of the world’s population lives close to a coast; and 90 percent of all global trade by volume travels by sea.

“Naval Oceanography defines and applies the physical environment for the entire Navy fleet from the bottom of the ocean to the stars,” said Rear Adm. John Okon, Commander, Naval Meteorology and Oceanography Command. “There isn’t a plane that flies, a ship or a submarine that gets underway without the sailors and civilians of Naval Oceanography.”

Basilio is playing an important part in America’s focus on rebuilding military readiness, strengthening alliances and reforming business practices in support of the National Defense Strategy.

“Our priorities center on people, capabilities and processes, and will be achieved by our focus on speed, value, results and partnerships,” said Secretary of the Navy Richard V. Spencer. “Readiness, lethality and modernization are the requirements driving these priorities.”

Though there are many ways for sailors to earn distinction in their command, community and career, Basilio is most proud of obtaining his naval avia-

“The opportunity to serve on survey ships and coastal surveying aircraft has really opened my eyes to opportunities that the normal sailor doesn’t have.”

David Basilio

tion observer pin.

“I was able to get airborne during a coastal survey with a civilian team and was able to go to locations normal folks in my field wouldn’t go,” said Basilio. “It is rare that someone in my field obtains this qualification.”

Serving in the Navy is a continuing tradition of military service for Basilio, who has military ties with family members who have previously served. Basilio is honored to carry on that family tradition.

“I have family members in every branch,” said Basilio. “My dad was a storekeeper first class. My uncle, who was my biggest influence to serve, was a submariner and he passed away while I was shipped out to bootcamp.”

As a member of one of the U.S. Navy’s most relied upon assets, Basilio and other sailors know they are part of a legacy that will last beyond their lifetimes providing the Navy the nation needs.

“The opportunity to serve on survey ships and coastal surveying aircraft has really opened my eyes to opportunities that the normal sailor doesn’t have,” added Basilio.

VCW | Proceeds from showdown will benefit Salvation Army in Suffolk

Continued from C1

folk will determine a decisive winner.

Livid the Clown was victorious in the twenty-man Liberty Lottery battle royal and has decided when he would cash in his title match opportunity. In Suffolk, the team of Simply Safe-ish (Wes “Danger” Rogers and Livid the Clown) will compete for the VCW Tag Team Championship titles held by The Hellcats. Illegal tactics are the calling card for The Hellcats, as seen

in recent months as they repeatedly cheated to defeat The Golden Pinky Society. Will Livid’s hard-fought victory at Liberty Lottery lead to Simply Safe-ish winning their first titles in VCW?

Sanctuary leader Timmy Danger issued an open challenge for three of the Sanctuary members in Suffolk. Answering the challenge were VCW United States Liberty Champion Phil Brown and the Golden Pinky Society. The Sanctuary showed there was strength in numbers with their performance in the Liberty Lottery battle royal. The Sanctuary teamed up to eliminate many of their opponents, until WWE Hall of Famer “Hacksaw” Jim Duggan charged the ring to chase them away.

Also announced for Peanut City Showdown 4: “Mr. Xcellence” Brandon Scott versus Kyler Khan, Caleb Konley versus Tracer X, and Irvin Legend is set to make an announcement about his future within VCW. The Salvation Army Community Center is located at 400 Bank Street in Suffolk. Doors open at 6:00 p.m. and the action starts at 7:30 p.m.. You can access past VCW events via the VCW network streaming service and also purchase advanced tickets at VCW-Wrestling.com.

Jonathan McLarty is a contributing writer for The Flagship, as well as a local sports and event photographer. Connect with him on Twitter (@JonathanMcLarty) and view his photography at McLartyPhoto.Zenfolio.com



Army Staff Sgt. Shaun Martin, a combat medic assigned to Blanchfield Army Community Hospital's LaPointe Army Medical Home on Fort Campbell, drinks from a 16-ounce bottle of water to maintain his hydration for optimal performance. On average, the Army recommends men should consume about 100 ounces of fluid (3 liters) each day, and women should aim for about 70 ounces (2 liters) for baseline hydration.

U.S. Army photo by Maria Yager

WATER AND SPORTS DRINKS: WHAT TO DRINK, HOW MUCH AND WHEN

By Maria Christina Yager

FORT CAMPBELL, KY.

If physical activity in the summertime has you feeling hot, sweaty, and thirsty, it's only natural to reach for an ice cold drink to quench your body's thirst, but not all beverages are created equal when it comes to rehydration. Certain beverages can cause more harm than good when it comes to hydration. "Army-wide, heat injuries are on the rise with the highest rates in Soldiers less than 25 years old," said Army Capt. Erica Jarmer, a registered dietitian at Blanchfield Army Community Hospital. Jarmer recently hosted training for hospital staff and Fort Campbell tenant units regarding proper hydration for Soldiers and athletes. Dietitians and medics have a critical role in teaching health related Army skills, to include tactical hydration.

"Overall, I enjoyed the class. Many Soldiers are so under educated when it comes to taking care of themselves. We are required to ask a lot physically of our bodies but we don't always get the education needed to perform at our peak levels. I hope there are many more classes like this offered to Soldiers," said Master Sgt. Jennifer Alvey, non-commissioned officer in charge of BACH's Department of Primary Care and a line medic, who participated in the training. "Hydration for tomorrow occurs today. Hydration for today occurred yesterday," said Jarmer. "Often times we're playing catch up. If Soldiers and athletes understand their baseline hydration needs and routinely maintain their hydration status, our need for reactive rehydration will decrease." Baseline fluid needs are based on body weight, half an ounce of fluid per pound is adequate for most individuals. This equates

to about three liters of fluid per day for men and about two liters per day for women. Once baseline hydration is established, adjustments can be made for environmental factors and physical activity. In hot, humid environments, at high altitude, and with physical activity, more fluid is required to maintain hydration. A quick estimate for these conditions would be one ounce per pound of body weight. Soldiers should hydrate regularly and frequently, even when they are not thirsty in order to avoid dehydration. Water is usually the better choice over caffeinated or sugary beverages, which include, but are not limited to soda, energy drinks, coffee, beer and alcohol, fruit juices, sweet tea, and lemonade. Those beverages can pull water from the body and promote dehydration. "Activities that result in significant sweat losses may require a properly formulated

sports drink during and after activity," said Jarmer. "A sports drink can provide energy and maintain hydration by replenishing electrolytes lost in sweat. However, no sports drink is going to be a substitute for baseline hydration." One method to analyze hydration status is to monitor urine color. "Urine should be light yellow; dark yellow or brown urine is indicative of dehydration. Clear urine is a sign that we are not consuming adequate electrolytes to maintain our fluid status," said Jarmer. Dehydration can very quickly result in reduced cardiovascular endurance, muscular strength, and mental function. "Performance suffers from even small amounts of dehydration," said Jarmer. "Proper hydration is key. Soldiers must be educated on how to meet their baseline hydration needs and how to appropriately account for activity and environmental factors." Jarmer's training included educating medical personnel on appropriate use of sports drinks to prevent dehydration as well as methods to treat Soldiers and athletes experiencing heat injuries.



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Virginia Symphony Orchestra

OPERA | *Local wine, and food truck vendors will be available*

Continued from C1

Winters. Attendees are welcome to bring lawn chairs, picnic supplies and coolers with non-alcoholic beverages. Local craft beer, Virginia wines and food truck vendors will all be on hand to provide food and beverages for purchase. Free drawings for a selection of fabulous prizes will be conducted throughout the evening, for tickets to the opera and other local arts events and attractions, as well as restaurant gift certificates.

“Our 2019 Opera in the Park means a free public evening of spectacular entertainment and fun for thousands of Commonwealth residents, who will get to enjoy opera’s greatest moments, highlights from Virginia Opera’s 45th Anniversary season, and Broadway show tunes,” said Russell P. Allen, Virginia Opera President and CEO. “As we embrace a season in which we urge audience members to ‘Capture Your Culture’ I can think of no finer way to do just that than by joining us at Town Point Park for the beginning of what will be a remarkable 45th anniversary season.”

“I love this annual opportunity to bring opera to the community, to conduct the Virginia Symphony Orchestra, and to offer everyone from seasoned opera-goers to newcomers alike a selection of ‘greatest hits’ performed by so many exceptional artists,” said Adam Turner, Virginia Opera Artistic Director. “As always, we will feature some of opera’s most beloved works — the Act 2 ‘Finale’ from Bizet’s Carmen, ‘O soave fanciulla,’ from La

Bohème, and ‘Celeste Aida’ from our forthcoming 2019-20 season production of Aida, as well as a selection of Broadway favorites including, ‘Put on Your Sunday Clothes’ from Hello Dolly! I’m also very pleased to welcome The Virginia Opera Chorus for a special surprise selection. This year’s Opera in the Park promises to be the perfect entrée for anyone curious about opera or the VO, and a real crowd-pleaser for those already in-the-know.”

Virginia Opera is proud to partner with Norfolk Festevents, VisitNorfolk, and City of Norfolk, with additional support from Harbor’s Edge and Virginia Eye Consultants, and is extremely grateful to all of the individuals and sponsors who make Opera in the Park possible.

SUBSCRIPTION INFORMATION

Subscription tickets for all 4 productions are on sale now for performances in Norfolk and Richmond starting as low as \$75.

ABOUT VIRGINIA OPERA

Virginia Opera Association, Inc., in its 45th season, is known and respected nationwide for the identification and presentation of the finest young artists, for the musical and dramatic integrity of its productions, and for the ingenuity and variety of its education and outreach programs. Mainstage performances in three markets across the Commonwealth reach nearly 50,000 attendees annually. In March of 1994, by unanimous vote of the Virginia General Assembly, Virginia Opera was named The Official Opera Company of the Commonwealth of Virginia in recognition of the organization’s contribution to the state as well as to the world of opera. For tickets and information visit vaopera.org or call 866.673.7282.



Courtesy photo

'Homeschool Program Days' return to Jamestown Settlement, American Revolution Museum at Yorktown

Press Release

WILLIAMSBURG, VA.

Jamestown Settlement and the American Revolution Museum at Yorktown will offer special admission for homeschooling families along with family guided tours September 7-22 during its annual “Homeschool Program Days.” The two living-history museums are administered by the Jamestown-Yorktown Foundation, an educational agency of the Commonwealth of Virginia.

The homeschool ticket – \$12 per family member – provides unlimited admission to both museums on September 7-22. Ticket-holders also have the opportunity to pre-register at no additional cost for an optional two-hour family guided tour offering hands-on experiences in each museum’s outdoor living-history areas – re-creations of a Powhatan Indian village, one of three 1607 ships and colonial fort at Jamestown Settlement, as well as a Continental Army encampment and Revolution-era farm at the American Revolution Museum at Yorktown. Children age 3 and under receive complimentary admission.

In addition, homeschool families can see introductory films and explore immersive permanent gallery exhibits – complete with period artifacts, interactives, short films and experiential theaters – and ongoing special exhibitions at each museum, “TENACITY: Women in Jamestown and Early Virginia” at Jamestown Settlement and “Forgotten Soldier: African Americans in the Revolutionary War” at the American Revolution Museum at Yorktown.

Family guided tours, available with ad-

vance reservations and designed for all ages, address Virginia and United States standards of learning for history and social studies. Reservations for family guided tours can be made at group.reservations@jyf.virginia.gov after tickets are purchased online.

Jamestown Settlement tours are available on Mondays, Wednesdays and Fridays, September 9, 11, 13, 16, 18 and 20, at 10:00 a.m. and 2:00 p.m. Each tour offers an introduction to America’s first permanent English settlement at Jamestown, its history and culture, and includes visits to outdoor recreations of a Powhatan Indian village, one of three 1607 ships and colonial fort. A parent or guardian must accompany children age 7 or younger.

American Revolution Museum at Yorktown tours are available on Tuesdays and Thursday, September 10, 12, 17 and 19, at 10 a.m. and 2 p.m. Each tour presents an overview of life during the American Revolution, with visits to immersive galleries with interactive exhibits and outdoor living-history areas – a re-created Continental Army encampment and Revolution-era farm. A parent or guardian must accompany children age 7 or younger.

PURCHASE A TICKET

To purchase a homeschool ticket, visit <https://bit.ly/2ZtQFmV>. The deadline to register for guided tours is 5:00 p.m. three business days prior to the tour. For more information about the Foundation’s homeschool programs, contact Group Reservations at (757) 253-4939 or toll-free (888) 868-7593.

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coming to theaters

THE GOLDFINCH [R]

Theodore Decker was 13 years old when his mother was killed in a bombing at the Metropolitan Museum of Art in New York. The tragedy changes the course of his life, sending him on a stirring odyssey of grief and guilt, reinvention and redemption, and even love. Through it all, he holds on to one tangible piece of hope from that terrible day – a painting of a tiny bird chained to its perch.

HUSTLERS [NR]

A crew of savvy former strip club employees band together to turn the tables on their Wall Street clients.

FREAKS [R]

Kept locked inside the house by her father, 7-year-old Chloe lives in fear and fascination of the outside world, where Abnormals create a constant threat – or so she believes. When a mysterious stranger offers her a glimpse of what’s really happening outside, Chloe soon finds that while the truth isn’t so simple, the danger is very real.

RAMBO: LAST BLOOD [NR]

Almost four decades after he drew first blood, Sylvester Stallone is back as one of the greatest action heroes of all time, John Rambo. Now, Rambo must confront his past and unearth his ruthless combat skills to exact revenge in a final mission. A deadly journey of vengeance, RAMBO: LAST BLOOD marks the last chapter of the legendary

series. Lionsgate in association with Millennium Media presents, a Millennium Media Balboa Productions and Templeton Media production, in association with Campbell Grobman Films, and in association with Dadi Film (HK) Limited.

AD ASTRA [PG-13]

Astronaut Roy McBride (Brad Pitt) travels to the outer edges of the solar system to find his missing father and unravel a mystery that threatens the survival of our planet. His journey will uncover secrets that challenge the nature of human existence and our place in the cosmos.

DOWNTON ABBEY (2019) [PG]

This fall, the worldwide phenomenon Downton Abbey, becomes a grand motion picture event, as the beloved Crawleys and their intrepid staff prepare for the most important moment of their lives. A royal visit from the King and Queen of England will unleash scandal, romance and intrigue that will leave the future of Downton hanging in the balance. Written by series creator Julian Fellowes and starring the original cast.

CORPORATE ANIMALS [R]

A delusional CEO (Demi Moore) takes her staff of misfits on a disastrous team building retreat led by an overeager guide (Ed Helms). When catastrophe strikes and the food runs out, mandatory office bonding becomes a lot more... appetizing.

BLOODLINE [R]

Evan (Seann William Scott) values family above all else, and anyone who gets between him, his wife, and newborn son learns that the hard way. But when it comes to violent tendencies, it seems the apple doesn't fall far from the tree.

base theaters \$3 Movies

JEB Little Creek, Gator Theater – 462-7534

Friday | Sept. 6
7:00 p.m. Dora and the Lost City of Gold [PG]

Saturday | Sept. 7
1:00 p.m. Dora and the Lost City of Gold [PG]
4:00 p.m. Fast & Furious Presents: Hobbs & Shaw [PG-13]
7:00 p.m. Scary Stories to Tell in the Dark [PG-13]

Sunday | Sept. 8
1:00 p.m. The Lion King (2019) [PG]
4:00 p.m. Scary Stores to Tell in the Dark [PG-13]
7:00 p.m. Once Upon A Time in Hollywood [R]

NAS Oceana, Aero Theater – 433-2495

Friday | Sept. 6
6:00 p.m. Dora and the Lost City of Gold [PG]

Saturday | Sept. 7
12:00 p.m. The Lion King (2019) [PG]
3:00 p.m. Dora and the Lost City of Gold [PG]
6:00 p.m. Scary Stories to Tell in the Dark [PG-13]

Sunday | Sept. 8
12:00 p.m. Dora and the Lost City of Gold
3:00 p.m. Scary Stories to Tell in The Dark [PG-13]
6:00 p.m. Fast and Furious Presents: Hobbs & Shaw [PG-13]

Schedule is subject to change. For your weekly movie showtimes and more, check out the navy Mid-Atlantic Region MWR website at discovermwr.com.

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Announcements

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Shea C. Crump, Owner

Note: Objections to the issuance of this license must be submitted to ABC no later than 30 days from the publishing date of the first of tow required newspaper legal notices. Objections should be registered at www.abc.virginia.gov or 800-552-3200.

FOUND SILVER LAPTOP
A silver laptop was found in the Virginia Beach Town Center area in March of this year. Contact (757) 385-4578 if you believe it may have been yours.

PUBLIC AUCTION
Mercury Self Storage will be having a public auction on Sept. 16 and Sept. 23, at 10a.m. Registration opens at 9. 185. E. Mercury Blvd. Hampton, Va. 23669. (Fred Wilson Auction Service LLC, 328-0499 www.fredwilsonauction.com)

TIDEWATER CRAFT FAIR 8TH ANNUAL
October 19th. 9am-4pm. 501 Providence Rd. 50+ vendors: Handmade gifts and Local Businesses. Silent Auction. Bake Sale. Cookout. Free and Open to the Public. Applications at tidewaterbaptist.org/craftfair

Religious Announcements

ROSEMONT CHRISTIAN CHURCH GUEST SPEAKER
Dr. Elmer Towns Co-Founder & Current Vice President of Liberty University. Will be Speaking on Sun Sept 8th at the 10:30am Service. Rosemont Christian Church, 3505 Bainbridge Blvd, Chesapeake, VA 23324. Child-care Avail Up to 4yrs757-545-4274



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Autos for Sale



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DOUBLE-CHEDDAR

ACROSS

1 Simple floater
5 Declare
11 Declines
15 Harvesting yield
19 Aruba, e.g.
20 Alfred E. — (magazine mascot)
21 One-player card game
23 Pompom or mega-phone?
25 Fine white gypsum
26 Actor Reeves
27 Cain or Abel, to Adam
28 Soft, white limestone used as cat litter?
29 Hen product
31 Give a casual greeting
34 Cup rim
35 Shortage of maraschinos in a busy cocktail bar?
42 It's factual
46 Cyber-giggle
47 Dada artist
48 Act humanly
49 Petition
51 Golfer — Aoki

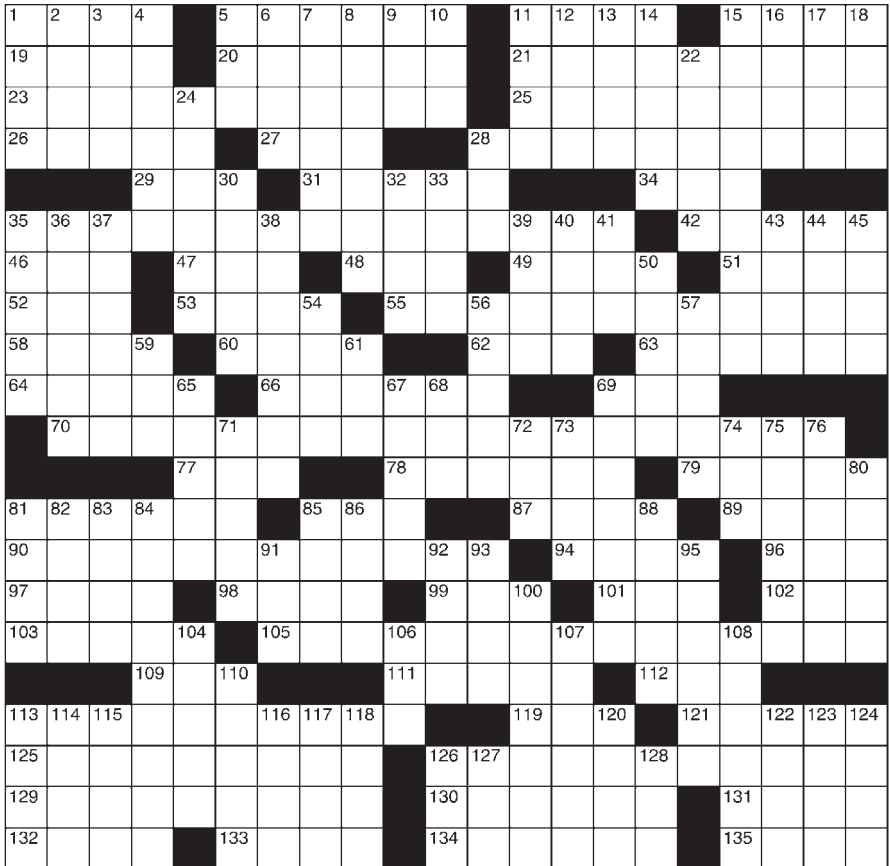
52 Sothern of the screen
53 Roadies work on it
55 "This has me angry like a Prague native might be!"
58 It has pores
60 Poker option
62 Radio or TV spots
63 — Rico
64 Certain Asian capital
66 Spay, e.g.
69 Fleur-de-
70 Slow-moving land reptile
77 Arctic seabird
78 Balances evenly
79 Community hangouts
81 "The King of Queens" actor Patton
85 Mother of Cain and Abel
87 Greek love god
89 — Le Pew (skunk toon)
90 Areas where certain salad greens are grown?

94 Pet dog of Sgt. Snorkel
96 Mailroom container
97 Scented powder
98 Brain tests, in brief
99 "Well, how about that!"
101 "Say what?"
102 Walk- (brief roles)
103 Fervency
105 Map showing southern U.S. states?
109 Bit of A/V equipment
111 Arrange
112 Marshland
113 Let some printed, glazed fabric fall to the floor?
119 Clandestine U.S. org.
121 Ghana's capital
125 Device used to store an electric charge
126 Totally wild about grain husks?
129 Lifeless
130 Sitting room
131 Kemo — (the Lone Ranger)

132 How doodles are drawn
133 Flies, to spiders
134 Not alluring
135 Special periods
DOWN
1 Singer Astley
2 Court king
3 Dog botherer
4 11th-grader, e.g., slangily
5 DiFranco of folk rock
6 Part of SLR
7 Actor Bela
8 Spring (from)
9 Tom yum — (Thai soup)
10 With 43-Down, software buyer, e.g.
11 Morales of films
12 Door locker
13 Sheep's call
14 Female seer
15 \$1,000 award, say
16 Poet Dove
17 Dodger
18 Exec's extra
22 Unstated
24 Little 'un
28 Model shop buy

30 Street cart sandwiches
32 Vostok 1's Gagarin
33 Impair
35 Be at odds
36 Warm with a toot
37 Cause of odd weather
38 Orbiter in 1957 news
39 Apple's Air, e.g.
40 Part of REO
41 3 R's org.
43 See 10-Down
44 Social skill
45 Tubular snack cake
50 Molded jelly
54 Wishes one could undo
56 — Gras
57 Like a really easy job
59 And not
61 Expected
65 Author Calvino
67 Get narrower
68 Rocker Brian
69 African country
71 Very unusual
72 Mao — -tung
73 Deli sub
74 Band blaster

75 Fridge, old-style
76 Broccoli-like vegetable
80 See or touch
81 Eight: Prefix
82 — -Pei
83 Untamed
84 Escort
85 D-I link
86 Rose holder
88 Overfill
91 Despite that
92 Comic Jay
93 Silvery fish
95 "My, my!"
100 Mine vehicles
104 Actress Christina
106 Aunt's son, informally
107 Trinket
108 Lest
110 Orang's kin
113 602, to Ovid
114 — McNally
115 Pendant gem
116 — -TASS
117 Memo
118 Low card
120 As sly as —
122 Ruler of yore
123 McEntire of music
124 Fruit drinks
126 PC's core
127 — Solo
128 Sob



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Sudoku

	5	3			7		1	
4				5		9	6	
		8	2					7
2			1	9			8	
	4				3	7		
		6		7				5
	6	1	9				4	
		2			4	3		
3				2		6		1

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: F equals V

YCXMBGMA QXO JMVHAK XEXR

CV XFXVGB CKJ LHAGIGYC'Y

LHMNKJY, G'FJ LIXNJB WRYJIQ

VHC VQ XOW'Y EXR.

Last week's CryptoQuip answer

Standing far enough away to avoid the pugilist's punches,
I've placed myself out of arm's way.

last week's answers

M A S A L A C P U O D E T O R A H S
A S T R A Y A A S N O M A N A L I T
W H E N P E O P L E B E C O M E T O N E
R E W E T P R I O R I R A W C O D E
S O P A I N F U L L Y B A S H F U L
O B I S P O S L O B A Y L E
R A N S T A R C H W O E A T T I C
T H A T I T A C T U A L L Y I G U A N A
H A L A L P A S T A I L E D P I T S
O I L L I N E S E N E S O L L O T
C A U S E S M I G R A I N E S
C U B D R U K E N N A T T E R E D
A B E L S P A Y S A R E S A T A N Y
R E V O K E W H A T D O Y O U T H I N K
B R Y A N A L I R D O Y E N T D U E
N E A P G A I I C E S I N
T H O S E M I G H T B E C A L L E D
H A S H U S I R E S O L E S U P R A
I N C A S H Y N E S S H E A D A C H E S
R O A R E L E N A E A R O R E I D A
D I R K R Y D E R S N O W E S S O N

7	9	6	2	4	8	1	3	5
2	8	1	3	5	6	7	9	4
3	5	4	1	7	9	8	2	6
4	3	5	7	9	2	6	1	8
1	2	8	6	3	4	9	5	7
6	7	9	5	8	1	3	4	2
9	6	2	8	1	5	4	7	3
8	4	7	9	2	3	5	6	1
5	1	3	4	6	7	2	8	9

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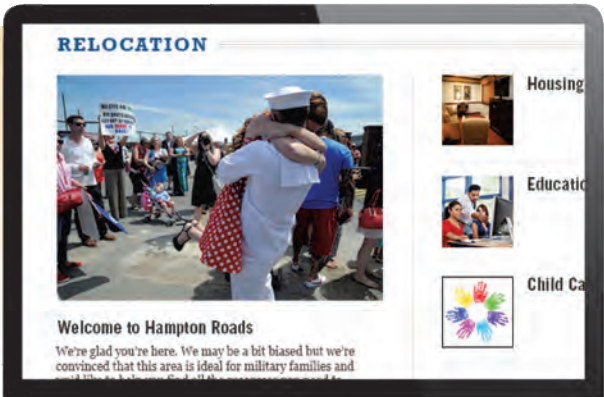


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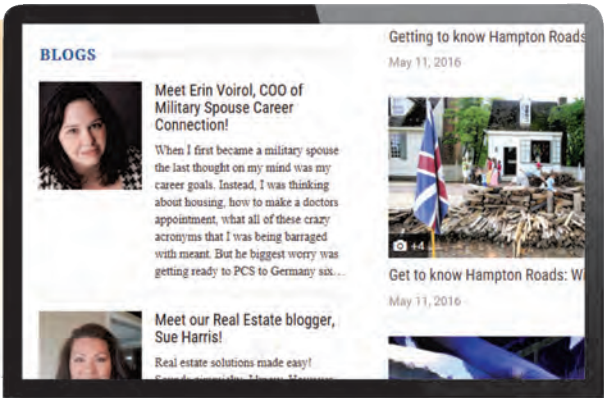
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