



#### IN THIS ISSUE CELEBRATING

#### CELEBRATING OUR FREEDOM

This year marks the 243rd anniversary of our nation's independence from Great Britain.

Across America, "We the People" will celebrate with: family, fireworks, parades and barbecues.

>See A4

U.S. Navv

Rear Adm. Tateki Tawara (center), Japanese Maritime Self Defense Force (JMSDF) general director for C4I, receives an information warfare training overview during his visit to Information Warfare Training Command (IWTC) Virginia Beach.

#### IWTC VIRGINIA BEACH STRENGTHENS NAVY PARTNERSHIPS WITH JAPAN

From Information Warfare Training Command Virginia Beach Public Affairs

VIRGINIA BEACH, VA.

Rear Adm. Tateki Tawara, Japanese Maritime Self Defense Force (JMSDF) general director for C4I, and Capt. Tuan Pham, commander of Naval Forces Japan assistant chief of staff for intelligence, visited Information Warfare Training Command (IWTC) Virginia Beach, June 26.

Lt. Cmdr. Brielle Adamovich, executive officer of IWTC Virginia Beach, had the privilege of hosting the distinguished visi-

tors. Adamovich was accompanied by Master Chief Intelligence Specialist Matthew Rodriquez, command senior enlisted leader, IWTC Virginia Beach information warfare (IW) officers and civilians who are subject matter experts in their courses of instruction.

The purpose of the visit was to identify training models IWTC Virginia Beach may provide Japan for further development of their IW capabilities. JMSDF is in the process of developing an IW enterprise within an ambitious timeline. This visit continues an ongoing collaboration between the Navy and JMSDF.

Adamovich provided Tawara and other visitors a presentation highlighting the IW training pipeline for both accession-level students and experienced IW professionals. The delegation subsequently toured the facilities, viewed classrooms, received a brief synopsis from instructors demonstrating the progression of officer and enlisted training from basic to advanced courses. The visit concluded with an exchange of command coins.

Tawara thanked IWTC Virginia Beach for hosting this visit.

» See JAPAN | A7

alliance, IW community cooperation is essential," said Adamovich. "We would be honored if any of the lessons learned here at IWTC Virginia Beach could aid the furthering of Japan's IW training enterprise.

Lt. Cmdr. Brielle Adamovich

# Naval Safety Center kicks off road shows to roll out updated safety manual

**By Stephanie Slater** Naval Safety Center Safety Promotions

#### NORFOLK

Naval Safety Center subject matter experts kicked off a series of Safety Road Shows June 18 to roll out significant changes to selected chapters in the Navy's updated Safety and Occupational Health Manual, OPNAVINST 5100.23H.

During the Safety Road Show, subject matter experts took safety professionals on a deep dive of the manual's changes, answered questions and presented the expectations of compliance.

» See SAFETY | A7



Paul Leslie, the Navy's Safety and Occupational Health community manager, discusses changes to safety professionals' training and responsibilities as outlined in the updated Navy Safety and Occupational Health Manual, OPNAVINST 5300.23H, during a road show June 18 at Naval Station Norfolk.

# Name change request process moves online

From Navy Personnel Command Public Affairs

#### MILLINGTON, TENN.

Sailors can now request name changes online via MyNavy Portal, Navy leaders

said June 28.

To initiate a name change, Sailors simply log into MyNavy Portal (www.my. navy.mil) and find "Name Change" under the "My Record" menu. This service, like the recent Officer Photograph submission enhancement, turns a once-manual and lengthy process into a streamlined, Sailor-friendly process. Turnaround times for these requests decrease from months to

"The previous name change process involved many steps and required service

» See NAME | A7



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#### Sailors awarded Bronze Stars with Valor

Two Sailors from Explosive Ordnance Disposal Mobile Unit Eleven (EODMU11) were awarded the Bronze Star Medal with the 'V'device authorized for valor during an award presentation. »See B2



#### 40 years of service by FFSC Norfolk

Theidea for the Navy Family Service Center grew out of the Family Awareness Conference held in Norfolk in November 1978 where it became evident that greater effort was needed to meet the needs of the Navy Family.

»SeeA2

#### Hellofrom

Norfolk

Lionel Richie will be ours to cherish on July 10 when he brings his Hello Tour to the Ted Constant Center in Norfolk for all of us to enjoy his many hits.

»SeeC1

#### THE FLAGSHIP'S FREE HOME DELIVERY





A BRIEF HISTORY OF 40 YEARS OF SERVICE BY FFSC NORFOLK:

# THEOLDEST, THE BIGGEST, THE BEST.

The idea for the Navy Family Service Center grew out of the Family Awareness Conference held in Norfolk in November 1978 where it became evident that greater effort was needed to meet the needs of the Navy Family

By Karen Melvin and Vici Hafley

On a sunny afternoon on Monday, July 16, 1979, the world's first Navy Family Service Center was officially opened in Norfolk, VA with a ribbon cutting ceremony by Admiral Richard E. Nicholson, Commander, Naval Station Norfolk and Norfolk Mayor Vincent

The idea for the Navy Family Service Center grew out of the Family Awareness Conference held in Norfolk in November 1978 where it became evident that greater effort was needed to meet the needs of the Navy Family. A task force was set up to explore how to meet this commitment to families under the leadership of Rear Admiral Nicholson. The concept of a Family Service Center developed and was quickly implemented with the opening of the Navy's first Family Service Center. Along with the staff providing 24 hour Information and Referral services, a group of volunteers assisted with casework follow-up, financial counseling, child welfare liaison, relocation information, special assistance and family enrichment. The center also worked closely with Navy-Marine Corps Relief Society, American Red Cross, Ombudsmen, Navy Wives Organizations and commands.

Back in those days active duty filled some of the roles. The first Director of NFSC was Captain James Karlen, and Navy Chaplain Captain David S. Hunsicker served as Deputy Director. Other staff included a Master Chief who was the Relocation Assistance Coordinator supported by a GS secretary, seven Military Information and Referral Specialists, three ci-

vilian clinicians and one COS/Clinical Supervisor, all supported by three administrative staff and a volunteer coordinator.

The Center initially provided support in three main areas: Information and Referral, Counseling, and Relocation Assistance. Over the years the Norfolk Family Service Center would grow and move locations. Other areas of support were also added: in 1982 Deployment support, in 1985 Spouse Employment Assistance Program, 1990 Personal Financial Management and New Parent Support Programs, in 1991 Transition Assistance Management Program, in 1994 the Family Advocacy Program realigned from Medical to NFSC and Sexual Assault Victim Intervention was added.

Our staff number has grown and shrunk over the years depending on the Navy's and families' needs to our current blend of 135 GS, NAF and contract employees providing a myriad of services to meet the needs of our military families. The scope of our programing and services has also grown. In the last year FFSC Norfolk provided 20,000+ individual one on one appointments, over 4800 education classes to over 177,000 participants, and in excess of 343,000 information and referral contacts

In 2001 the name was changed to Fleet and Family Support Center to emphasize that the center was for the sailor and the family. In 2002 the FFSC's new lighthouse logo and theme line: "Meeting Your Needs, At Home, At Sea," were designed to give the centers a uniform identity at naval bases around the globe



U.S. Navy

Some of the noteworthy events include the first Family Assistance Center (FAC) being set up in 1989 in response to the USS Iowa crisis. Other FACs included support of the USS Conynghan accident in 1991, the evacuation of the Philippines due to natural disaster in 1990, the USS Iwo Jima accident in 1990, evacuation of Guantanamo Bay, Cuba in 1994, Hurricane Floyd in 2000, the bombing of USS Cole in 2000, the 9/11 terrorist attacks on the Pentagon in 2001, Hurricane Isabel in 2003, the evacuation of the Bahrain in 2003-4, Hurricane Katrina in 2005, the wildfires in California in 2007, Hurricane Irene in 2011, evacuation of Japan following at Tsunami in 2011, Hurricane Sandy in 2012, the Oceana Jet Crash in Virginia Beach in 2012, the Navy Yard shooting in 2013, and the shooting onboard the USS Mahan in 2014 along with others.

Because of those insightful Navy families' input in 1978, the Military families of today now have the opportunity to go to any of the 81 service delivery sites worldwide with 58 sites delivering a full portfolio of programs and services. For 40 years, the FFSC has provided the right services at the right time to support individual and family readiness and resiliency to help them adjust and adapt to the challenges of the military lifestyle.

On July 12, 2019 from 0900-1200 FFSC Norfolk will host a celebration of service at our main building SDA-344, 7928 14th Street, Norfolk, VA. This event is open to all military members and family members and will kick off the yearlong celebration of 40 years of Meeting Your Needs ... at Home and at Sea. For more information please call 757-444-2102

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SSat Corv W. Bush

The U.S. Air Force Air Demonstration Squadron "Thunderbirds" perform at the Fort Wayne Air Show in Fort Wayne, Indiana, June 7. Since 1953, the Thunderbirds team has served as America's premier air demonstration squadron, entrusted with the vital mission to recruit, retain and inspire past, present and future Airmen.

#### Save the date: NAS Oceana to host 2019 air show

By MC3 Mark Thomas Mahmod

**VIRGINIA BEACH** 

Naval Air Station Oceana will host the 2019 Air Show, scheduled to start at 10 a.m. Sept. 21 and 22. The event is free, open to the public and designed to highlight the skills of aviators and provide an opportunity to connect the military and local community.

This year's featured flight demonstrations will be held by "America's Ambassadors in Blue," the U.S. Air Force Thunderbirds.

Naval Air Station Oceana has partnered with the Virginia Beach City Public Schools (VBCPS) to hold its fourth "STEM (science, technology, engineering, mathematics) laboratory learning day" for local students during the Friday practice air show. This event is designed to teach students about modern technological advancements and their applications, especially within the military.

That same day, Sept. 20, the show will also be open to all military and dependents.

The next two days, Saturday and Sunday, will be the public's opportunity to see a variety of presentations from military aviators and civilian performers. Saturday's onbase event will be complemented with an evening performance from

U.S. Fleet Forces Brass Band 'Uncharted Waters'at the Beach Blast celebration Sept. 21 at 6 p.m. at Neptune Park, on 31st Street, on the Virginia Beach Boardwalk.

Additional air show performances will include Geico Skytypers, Skip Stewart, Gene Soucy, John Klatt, Greg & Ashley Shelton, Black Daggers U.S. Army Parachute Team, Skydive Suffolk, Shockwave Jet Firetruck, Firewalkers Pyrotechnics, Virginia Patriot Guard Riders, Steve Myott (Uncle Sam on Stilts), and various performances of the F/A-18 Super Hor-

The 2019 Naval Air Station Oceana Air Show is planned, set up and performed by Naval Air Station Oceana personnel, and requires the skills and knowledge of all Sailors stationed there. Thousands of hours are spent in making this the Navy's largest public outreach event.

Continued details about the event will be released in the coming months and posted on Naval Air Station Oceana's official Facebook www.facebook.com/ NavalAirStationOceana and the Naval Air Station Oceana Air Show's official Facebook page, www.facebook.com/OceanaAir-

To purchase tickets or for more information, go oceanaairshow.com.





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# THE REASON WHY WE CELEBRATE OUR FREEDOM

MC3 Brittany Tobin

This year marks the 243rd anniversary of our nation's independence from Great Britain. Across America, "We the People" will celebrate with: family, fireworks, parades and barbecues. While these festivities have become customary, it is ever more important to acknowledge the reason behind our celebration of independence.

The Declaration of Independence was secretly drafted by Thomas Jefferson in June 1776 for a young country fraught by military and political uncertainty. Jefferson, with help from Benjamin Franklin and John Adams, went through forty-seven revisions before the document was presented to congress on June 28th.

Congress continued to debate and strategically revise the "original rough draft" before voting and declaring independence on July 2, 1776 as British forces arrived in New York. With the Royal Navy encroaching, Congress had to move quickly to make very important decisions for the future of America, adopting the final rendition of the Declaration of Independence on the morning of July 4, 1776.

Not knowing what the future would hold for the country, Americans celebrated the Declaration and continued to forge on towards freedom.

Just days later, The Liberty Bell proudly rang 13 times on July 8, 1776 in Philadelphia to signal the newfound freedom of the colonies and draw citizens for the first public reading of the Declaration of Independence.

The following year began the first official 4th of July celebration, complete with 13 rockets blasted into the Philadelphia sky to recognize the established independence of the 13 colonies.

These patriotic gestures have become tradition since the original celebration of freedom from the British Crown in 1776, instilling a timeless sense of pride in the United States. Modern-day Americans celebrate with firework displays that span across the sky and the Liberty Bell is gently tapped with reverence every 4th of July to date.

Historically, the first major battle to take

place after the United States declared independence was a catastrophe. The Continental army, led by General George Washington, attempted to defend Manhattan and Long Island throughout the summer against British troops, but the battle ended in disaster for the Americans on August 27, 1776. This lead to British control of strategically important New York City and retreat of American forces as far back as the Delaware River.

The British maintained control of New York City for the remainder of the Revolutionary War, but that did not keep Americans from persisting and continuing to defend the rest of the country. In the fall of 1777, the Americans defeated the British in upstate New York at the Battle of Saratoga.

This is often cited as the 'turning point'in the war for America, not only boosting morale, but significantly strengthening military forces as well. As history would suggest, it is because of the devotion to independence and pride in country that Americans continued to be victorious and ultimately achieved liberty from the British Empire.

Nearly 150 years after our nation gained its freedom, we proudly fly the American flag across the country. It is to symbolically display our nationalism, as well as our revolution, and everything in between. The flag is significant to American culture, so much so that its history tells the tale of America itself.

It represents the freedom, pride and true meaning of being an American.

Centuries later, as we wave the flag in celebration, let us not forget the ground our forefathers stood on; declaring independence and equality for our nation.

Let our annual celebration of Independence reignite our sense of pride as Americans; as citizens who have the right to freedom in every way the constitution allows. Let our celebration be, as our forefathers boldly stated, "the signal of arousing men to burst the chains... to assume the blessings and security of self-government" and to restore "the free right to unbound exercise of reason and freedom of opinion."



MC3 Brittany Tobin





USS Gerald R. Ford (CVN 78) underway.

# FORD HOLDS FIRST SAFETY CULTURE WORKSHOP

By MC2 Ryan Seelbach USS Gerald R. Ford (CVN 78)

#### NEWPORT NEWS

USS Gerald R. Ford (CVN 78) held a safety culture workshop May 20 through the 23 to highlight and overcome safety challenges in departments across the ship.

Ford brought experts from the surface, sub-surface and aviation communities to accomplish the ship-wide workshop where Sailors talked, trained and provided solutions to the everyday problems that specific work centers face on a daily basis.

Cmdr. Bryant Nunn, Ford's safety officer, explained that in aviation, workshops like this are frequent but this has never been done across multiple departments on an aircraft carrier.

"In aviation, we bring in senior aviators, former skippers and command master chiefs as well as maintenance master chiefs. As a team, they will talk to squadrons in focus groups, ask questions and provided feedback to the commanding officer," said Nunn.

"We learned a long time ago, we learned that communication and an environment where there is trust makes us safer and a safer unit."

Over the week, more than 30 sessions were held throughout the ship with safety professionals and Sailors from air, deck, navigation, reactor and operations depart-

Aviation Boatswain's Mate (Handling) 1st Class Kiara Harris, assigned to Ford's air department, attended the workshop and was able voice concerns for her department and division.

"I went because I wanted to talk about the safety of the ship and wanted to see the perspective of other people and what we can to better," said Harris. "We were able to have a dialogue and talk about our safety concerns. We also talked about work arounds for our tasks while keeping the shipyard work in mind."

Harris also explained that completing the job safely, by all hands including shipyard personnel, is everyone's responsibility

"My favorite part was during the dialogue, to talk with different ranks and rates, to see their safety concerns and to learn things we can do as a whole to make it better for the Sailors aboard the ship and of course the shipyard workers to get the job done and the ship out to sea.

Nunn said that initial reactions to the workshop exceeded the feedback that he received.

"Everyone saw the value of it, while it was progressing and after it was done. We

wanted to talk about the safety of the ship and wanted to see the perspective of other people and what we can to better. We were able to have a dialogue and talk about our safety concerns.

Kiara Harris

don't sit around and talk enough as a unit so it was really important to hold this workshop and I'm thrilled that we got it

Gerald R. Ford is a first-in-class aircraft carrier and the first new aircraft carrier designed in more than 40 years. Ford is currently undergoing its post-shakedown availability at Huntington Ingalls Industries-Newport News Shipbuilding.

#### '5 things to know' on the Graduate Education Voucher (GEV) Program

From Naval Education and Training Command Public Affairs

#### PENSACOLA, FLA.

Naval officers have an additional advanced education option to pursue graduate studies with the FY-20 Graduate Education Voucher (GEV) program.

The GEV program offers eligible officers funding for graduate education during off-duty hours. Through GEV, unrestricted line (URL) officers can apply to receive funding for Navy-relevant graduate education meeting the requirements of at least one subspecialty code as specified by the Naval Postgraduate School.

Here are '5 Things to Know'on the FY-20 Graduate Education Voucher

(GEV) program:

The GEV program offers an accelerated funding path to an off-duty master's degree with financial support of up to \$20,000 per fiscal year, with a total limit of \$40,000 for up to a 24-month course of study.

The GEV program is open to URL active-duty officers in pay grades O-3 through O-5, in designators 111X (Surface Warfare), 112X (Submarine Warfare), 113X (Special Warfare/SEAL), 114X (Special Operations), and 13XX (Naval Aviator/Naval Flight Officer).

Who can apply? Officers with demonstrated superior performance and upward career mobility who are transfer-

ring or have recently reported to shore duty to allow sufficient time for completion of a graduate program.

GEV applicants select an accredited educational institution recognized by the Department of Education, choose a graduate degree program, and choose a specific course of study meeting their community's subspecialty requirements.

Update your email in MyNavy Education to alert you to notifications about the most up-to-date information on GEV program announcements, eligibility and application deadlines, as well as other educational messages tailored to you.

Find links to information for the FY-20 GEV program and other graduate education opportunities on MyNavy Portal under Career & Life Events > Training, Education, Qualifications > Education > Graduate Education and Fellowship Programs at https://www.mnp.navy.mil/group/training-education-qualifications/e-graduate-education-and-fellowship-programs.

The GEV program is managed by the Naval Education and Training Command (NETC)



U.S. Navy graphic

as part of Force Development, ensuring Sailors are equipped with the specific skills they need to do their jobs and have access to educational opportunities to enhance their careers.

NETC recruits and trains those who serve the nation, taking them from "street to fleet" by transforming civilians into highly skilled, operational and combat-ready warfighters, while providing the tools and opportunities for continuous learning and development.



A vendor displays delicious foods available for free to anyone who attended Naval Station Norfolk's 14th Annual Food show at the Vista Point Conference Center on June 26th

By IC3 Kaelyn Hernandez Naval Station Norfolk Public Affairs

**NORFOLK** 

Naval Station (NAVSTA) Norfolk held their 14th Annual Food Show at Vista Point, June 26.

Vista Point caters to many memorable events, one of them being the ongoing Navy Traditional Food Show. With the promise of delicious cuisines that delight the taste buds and intriguing culinary products to improve mural, this event certainly made quite an impression.

With the constant changes in dietary nutrition, the Culinary Specialists (CS), as well as Food Service Professionals, wanted to ensure that the meals they were serving weren't becoming dull and repetitive. Companies are also aware that they have to improve their foods in order to entice and maintain their consumers. In hopes of accomplishing just that, food brokers and CSs alike flocked to the 14th annual tradition to present exceptional food varieties and improved options for a noteworthy dining experience.

"I love it. This is my favorite show. It has the best energy of any show on base," said Doris Richardson, owner of Consurgo Group.

Although the event was mainly to expose consumers to the fine delicacies the companies had to offer, it also provided a chance



Guests sample free foods and speak with vendors at Naval Station Norfolk's 14th Annual Food Show, June 26th.

for companies to exchange information and regional galleys and ships. ideas among one another. "It's a great collaborative event to network out, most importantly to seize new trends," stated Scott Cooper, Regional Food Service Chef. "With allowing them to expand their circle of acquaintances, they're able to find out about job opportunities and keep up with the latest trends within their field."

Even if a food product was highly acknowledged at the event, there are quite a few obstacles taken before an items can be placed on the food lines. In the end, Naval Supply System Command (NAVSUP) does the final checks and balances which means the food must pass a certain nutritional standard in order to be presented within the

"It's very important to them that they meet a nutritional dietary standard, but we're working with them to add new items to the menus," Chef Scott Cooper explained.

Though the show was mainly intended for food service professional and consumers from all military branches, a lot of CSs were present among the sea of faces with the eagerness to learn. The food show provided a beneficial opportunity for volunteering CSs wanting to expand their culinary skills as well as having a chance to work with talented chefs outside of the galley.

"I have certainly learned new things that I didn't know before and I have been a Culinary Specialist for 6 years. There is always

#### I love it. This is my favorite show. It has the best energy of any show on base

Doris Richardson

something new to learn every day," said CS2 Jasmine Francis.

The event had an overall turnout of more than 350 participates branching out and cooperating to an augmented culinary experi-

#### **Environmental scientist provides remarks** during EPA recognition award ceremony

Naval Facilities Engineering Command Mid-Atlantic Public Affairs

**NORFOLK** Supervisory Environmental Scientist Mark Schultz of Naval Facilities Engineering Command (NAVFAC) Mid-Atlantic, Environmental Business Line, Great Lakes Detachment, provided remarks during the U.S. Environmental Protection Agency (USEPA) National Excellence in Site Reuse Award ceremony, May 29, to the Village of Glenview, Illinois.

The award recognizes the hard work, innovative thinking, and cooperation among federal agencies, the Illinois EPA (IEPA), local partners, and developers who supported the transformation of the former Naval Air Station Glenview, which closed in 1995, into a successful mixed-use community asset.

Only four other communities in the country, including Glenview, were named winners of this first site reuse award.

"It was a great pleasure of mine to lead Navy environmental efforts alongside our partners with the USEPA and IEPA, the community and the Village of Glenview, and surrounding municipalities," said Schultz, who previously served as the regional environmental director for Com-

In my 34-plus years of managing environmental programs for the Navy, the cleanup and reuse of Naval Air Station Glenview stands out as one of the most successful projects.

Mark Schultz

mander Navy Region Midwest and as the local champion for the NAS Glenview closure. "In my 34-plus years of managing environmental programs for the Navy, the cleanup and reuse of Naval Air Station Glenview stands out as one of the most successful projects."

U.S. Navy graphic

Naval Facilities Engineering Command

The setting for the ceremony, according to Shultz, was fitting, held outside in Navy Park on Patriot Drive, alongside statues of the Lone Sailor and of Navy Aviators and Airmen, in front of the old Hanger 1 Façade and control tower.

"The Village of Glenview has always been a tremendous neighbor to the Navy and a great supporter of our military members stationed at NAS Glenview," he said. "I think the event was well attended and well received."

Schultz added that several other guest speakers commented on the excellent teamwork and cooperation from the Navy and NAVFAC professionals involved throughout the Base Realignment and Closure (BRAC) process. Schultz echoed those praises in his own remarks.

"We succeeded through the hard work of

Navy, EPA and IEPA environmental professionals, including the strong leadership of Gary Schaefer, NAVFAC Southern Division project management; Ralph Watkins, BRAC Environmental coordinator; the consultant team of Claire and Mike at Ensafe; Commander Navy Region Midwest and our NAVFAC Environmental team; IEPA Manager Clarence Smith and Project Manager Charlene Falco, supported along with a cast of professionals including Paul lake and Brian Conrath," he said.

"They truly had the toughest job, reviewing all the data that we threw at them and working through many individuals in IEPA to make the final concurrence decisions," he added.

Also in attendance for the awards ceremony was James Anderson, former NAV-FAC BRAC Project Management Office Southeast director, who accepted the recognition certificate on behalf of NAVFAC.

NAVFAC Mid-Atlantic provides facilities engineering, public works, and environmental products and services across an area of responsibility that spans from Georgia to Maine and as far west as Indiana. As an integral member of the Commander Navy Region Mid-Atlantic team, NAVFAC Mid-Atlantic provides leadership through the Regional Engineer organization to ensure the region's facilities and infrastructure are managed efficiently and effectively.

For more news from Naval Facilities Engineering Command, visit www.navy.mil/local/navfachq/.

#### **AMW WTI candidates focus** on Naval Beach Group in ship-to-shore movement

By Lt. Brianna Frazier

Naval Surface and Mine Warfighting Development Center Amphibious Warfare Division Public Affairs

#### VIRGINIA BEACH, VA.

Amphibious Warfare (AMW) Warfare Tactics Instructor (WTI) candidates completed the Ship-to-Shore Movement week, part of the 15-week AMW WTI curriculum, onboard Joint Expeditionary Base Little Creek-Fort Story, Virginia, June 28.

Naval Surface and Mine Warfighting Development Center's (SMWDC) AMW WTI course expands candidates'knowledge of sea control and power projection from an AMW perspective; SMWDC also qualifies WTIs in three other surface warfare specialties - Anti-Submarine Warfare/Surface Warfare, Integrated Air and Missile Defense, and Mine Warfare.

Ship-to-shore movement week is focused on power projection ashore, and combines classroom lectures and on-site integration with Helicopter Sea Combat Squadron (HSC) 22, Naval Beach Group (NBG) 2 and subordinate units. Students learn power projection ashore through fires and maneuver, as well as the capabilities and craft control methods of the U.S. Navy surface connectors - which transport Marines and Sailors to and from the beach.

Expeditionary Warfare Training Group-Atlantic delivered classroom lectures ahead

of on-site integration where WTI candidates took a deeper dive into capabilities of Landing Craft Utility, Landing Craft Air Cushion, and other supporting equipment. NBG-2 assets are the foundation of the East Coast's amphibious surface ship-to-shore capabilities.

Ship-to-shore movement week is rooted in amphibious doctrine, tactics, techniques, and procedures (TTPs). The newest edition of the dual service Navy Tactics Techniques, and Procedures (NTTP) 3-02.1M/Marine Corps Tactical Publication (MCTP) 13-10E, Ship-to-Shore Movement Manual, was released earlier this year. The newly released doctrine updates the legacy 2007 and 2018 editions, and incorporates and expands on Joint Publication JP 3-02, Amphibious Operations doctrine, and other relevant publications. This manual also provides the detail required by amphibious task force and Landing Force (LF) commanders and staffs to plan and conduct amphibious operations, specifically the ship-to-shore movement of any LF size.

WTI candidates visited HSC 22 and received a briefing about MH-60S Seahawk helicopter capabilities and their integral support to AMW. Students then observed Beach Master Unit (BMU) 2, Assault Craft Unit (ACU) 2, ACU-4, and discussed their units'available assets that support ship-to-shore



Chief Quartermaster Eric Waters, a navigator assigned to Assault Craft Unit (ACU) 4 provides a brief on the capabilities and limitations of a landing craft air cushion (LCAC) to Amphibious Warfare (AMW) Warfare Tactics Instructor (WTI) candidates onboard Joint Expeditionary Little Creek-Fort Story.

movement, and the planning, embarkation, rehearsal, movement, and action (PERMA) phases of amphibious operations.

Lt. Carley Tadlock, SMWDC AMW Division's ship-to-shore week manager, stressed the importance of engaging one-on-one with NBG, BMU, and ACUs during the AMW WTI course.

"Understanding our ship-to-shore connectors' capabilities and limitations is critical to the detailed planning and overall success of amphibious missions," said Tadlock. "Orienting students to NBG and subordinate echelons' operations - and how they fit into the fight - expands our WTIs'knowledge, improves their tactical planning skills, and

prepares them to provide commanders with the most informed recommendations, ensuring our amphibious forces are on time and on target."

AMW WTI course 19-1 is halfway through the fifteen-week course of instruction. The WTI candidates are scheduled to graduate August 23, 2019 and will join the Surface Warfare community's cadre of Warfare Tactic Instructors across the fleet. If you are interested in applying for the WTI program, email SWO WTI@navy.mil or contact your detailer today!

For more news from Naval Surface and Mine Warfighting Development Center, visit www.navy.mil/local/SMWDC/.

Jonathan Wilson, Naval Safety Center shore safety programs director, responds to a comment during a road show June 18 at Naval Station

#### **SAFETY** *I Significant changes made to the Navy's* Safety and Occupational Health Manual

Continued from A1

A 2018 mishap involving non-compliance with an Occupational Safety and Health Administration (OSHA) requirement at a facility with a workforce that included government employees receiving Base Operating Support (BOS) and tenants "was the straw that broke the camel's back," according to Jonathan Wilson, Naval Safety Center shore safety programs director. It drove necessary changes to the manual that comes on line

"We were not doing a good enough job for identifying, recording and correcting hazards," Wilson said.

To address this, Navy senior leadership recommended establishing a common standard to evaluate shore safety effectiveness and establishing a single owner of the end-to-end process for identifying, recording and correcting shore safety deficiencies.

A Safety High Velocity Learning project was launched and as a result, updates were made to the manual. The updates are primarily designed to provide better detail of what BOS safety services will be provided to tenants, outline the holistic conduct of workplace inspections to identify hazards and shift Navy safety to an agency focus.

The Department of Defense changed its support agreements policy (DoD Instruction 4000.19) in August 2018, requiring host agencies to provide like services to tenants.

"This was a major shift in how we provide BOS safety support," Wilson said. "That is why we made changes to ensure that the level of quality support provided to the tenants is going to be the same as they would receive or they would provide for their own mis-

Qualified inspectors will conduct workplace inspections on an annual basis in all work spaces regardless of ownership (host or tenant), for all operations regardless of purpose, and for inspections of workplace equipment and facilities (such as fixed ladders).

Agency focus relates to how OSHA views the Navy and holds the Navy accountable as

"We are required to comply with the OSH Act," Wilson said. "Even if you wear a uniform, we have to follow OSHA. We are not a group of individual employers. We are one agency, and we do have to comply with the OSH Act. Many times we get calls that commands are reporting like they are employers, and there are some, even OSHA area directors, that believe we're employers."

Agency focus results in a "matrix organization" with shared accountability, authority, responsibility and subject matter exper-

During the road show's final hour, the Navy's Safety and Occupational Health community manager, Paul Leslie, conducted a session solely with safety professionals. He discussed changes to Chapter 6 in the manual, which outlines safety profes-

#### **Upcoming road shows**

#### Date | Location

July 8 | Naval Station Mayport

July 10 | NAS Jacksonville

July 12 | Sub Base, Kings Bay July 15 | NAS Key West

July 16 | Portsmouth Naval Shipyard, Maine July 16 | Weapons Station Earle/Colt Neck

July 17 | NAS Pensacola

July 18 | Sub Base New London

July 18 | NSA Lakehurst July 23 | NAS Meridian

July 23 | NAWS China Lake

July 25 | NAS Whiting Field

July 25 | NAS Lemoore

July 31 | Naval Base Venture County

July 31 | Naval Base Point Mugu Aug. 7 | Naval Base San Diego

Aug. 8 | Naval Base San Diego

Aug. 9 | Naval Base Coronado Aug. 12 | Joint Base Pearl Harbor

Aug. 13 | Joint Base Pearl Harbor Aug. 14 | Pearl Harbor Shipyard

Aug. 16 | Naval Base Guam

Aug. 27 | NAS Corpus Christi

Aug. 29 | JRB Fort Worth Sept. 3 | NSA Memphis

Sept. 5 | Naval Station Great Lakes

Sept. 10 | Fleet Activities, Sasebo, Japan

Sept. 11 | Naval Base Kitsap Bremerton

Sept. 12 | Puget Sound Naval Shipyard Sept. 13 | Naval Station Everett

Sept. 13 | Fleet Activities, Yokosuka, Japan Sept. 16 | Fleet Activities, Yokosuka, Japan

Sept. 16 | NAS Whidbey Island

Sept. 17 | Joint Base Andrews Sept. 18 | Fleet Activities, Okinawa, Japan

Sept. 19 | NAS Fallon

Sept. 23 | NSA Bahrain

sional training and responsibilities. He also spoke to the future for safety professionals.

"The updated 'H' aligns with [the] Secretary of the Navy's four safety themes: Every Sailor, Marine and civilian cares enough to be a safety leader. Reporting helps us learn and prevent. Cutting corners costs lives. And, reduced mishaps improves readiness," Leslie said. "Readiness is the bottom line why the Navy has safety professionals, because our Sailors and Marines need to be at the tip of the spear to defend our nation. Needless mishaps negatively impact the

For specific questions regarding the updated manual, and exact times and locations of upcoming road shows, email the Naval Safety Center shore safety team at NRFK\_SAFE\_OSHFeedback@navy.mil.

#### JAPAN | Visit shows mutual understanding of challenges ahead

Continued from A1

"Despite the challenges of the JMSDF to modify our IW enterprise, our visit today shows a mutual understanding of the challenges ahead and I will report to the JMSDF chief of naval operations of this fruitful discussion," shared Tawara.

Adamovich thanked Tawara and acknowledged the opportunity for future joint training.

"In the U.S.-Japan alliance, IW community cooperation is essential," said Adamovich. "We would be honored if any of the lessons learned here at IWTC Virginia Beach could aid the furthering of Japan's IW training enterprise."

IWTC Virginia Beach, located in Dam Neck Annex, currently offers 65 courses of instruction in information technology, cryptology, and intelligence with an instructor and support staff of 280 military, civilian, and contractors who train over 6,500 students every year. It is one of four schoolhouses for Center for Information Warfare Training and oversees learning sites at Jacksonville and Mayport, Florida; Kings Bay, Georgia; and Groton, Connecticut to continue aligning IW community training.

With four schoolhouse commands, two detachments, and training sites throughout the United States and Japan, CIWT is recognized as Naval Education and Training Command's top learning center for the past three years. Training over 21,000 students every year, CIWT delivers trained information warfare professionals to the Navy and joint services. CIWT also offers more than 200 courses for cryptologic technicians, intelligence specialists, information systems technicians, electronics technicians, and officers in the information warfare commu-

For more news from Center for Infor-Warfare Training, www.navy.mil/local/cid/.

#### NAME | Long process now streamlined

Continued from A1

members to provide their supporting documentation to their servicing personnel support organization/representative," said Paul Wilder, director, Records Management and Benefits Division, Navy Personnel Command (NPC).

Once the Sailor submitted their paperwork, it was validated and sent to the Navy Standard Integrated Personnel System (NSIPS) Help Desk for entry into NSIPS. From there, the documentation was sent to NPC's Personnel Information Management Department for entry into the Sailor's Official Military Personnel File

"The new system expedites the process, and now name changes are completed in about two days rather than months," Wilder explained.

The automated name change process provides a self-service automated form,



the ability to attach supporting documentation and automated routing/work flow to NPC for completion of the process and an automated update to associated databases.

Now that the process is in place, the Records Management Division is in the process of addressing the remainder of legacy name change requests that currently reside in NSIPS.

To date, more than 670 name change requests have been completed using the automated process.

For more information regarding name changes, read MILPERSMAN 1000-130 at https://www.public.navy.mil/bupers-npc/ reference/milpersman/1000/1000General/ Pages/default.aspx.

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.

EXTENDED HOURS: THUR 10AM - 6PM • FRI 10AM - 9PM • SAT 9AM - 9PM • SUN 10AM - 8PM

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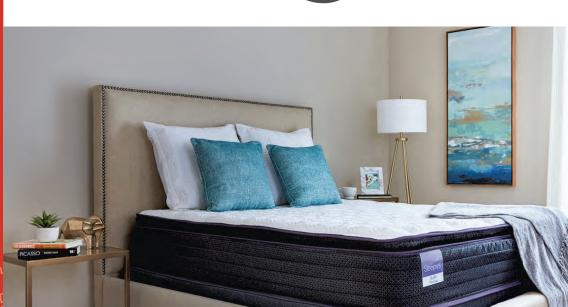
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#### Fair winds and followingseas

Military honors are rendered as family, friends and guest pay their last respects to one of the iconic figures of the Pearl Harbor region, retired Master Chief Yeoman James "Jim" Taylor.

»See B3

SECTION B | FLAGSHIPNEWS.COM | 7.4.2019



Capt. Oscar Rojas, commodore, Explosive Ordnance Disposal Group One, presents Explosive Ordnance Disposal Technician First Class Petty Officer Christopher Greene, Explosive Ordnance Disposal Mobile Unit Eleven, with a bronze star award with valor during an awards ceremony June 27 on Naval Outlying Landing Field Imperial Beach. Greene, from Prescott, Arizona, demonstrated courageous leadership and superb tactical expertise by enabling a direct action raid on an enemy underground headquarters overseas. Despite the constant danger of explosive hazards, he cleared an enemy cave complex of improvised explosive threats and shielded his teammates from close-range enemy fire. U.S. Navy EOD is the world's premier combat force for eliminating explosive threats so the Fleet and Nation can fight and win wherever, whenever and however it chooses

#### **EXPLOSIVE** DRDNANCE DISPOSAL MOBILE **SAILORS AWARDED BRONZE STARS** WITH VALOR

By Lt. Kara Yingling Explosive Ordnance Disposal Group ONE

#### IMPERIAL BEACH, CALIF.

Two Sailors from Explosive Ordnance Disposal Mobile Unit Eleven (EODMU11) were awarded the Bronze Star Medal with the 'V'device authorized for valor during an award presentation held onboard Naval Outlying Landing Field Imperial Beach today.

During the award ceremony at EODMU11 headquarters, Capt. Oscar Rojas, commodore, **Explosive** Ordnance Disposal Group One, presented the medals to Explosive Ordnance Disposal Technician First Class Petty Officer Christopher Greene and Explosive Ord-First Class Petty Officer Travis Holland.

Rojas said, "The words captured in the citation, they have true meaning behind them because our Nation rates the world's most premier EOD force. The bronze stars placed upon our warfighter's chests symbolize everything that is good about our Nation."

Greene, from Prescott, Arizona, demonstrated courageous leadership and superb tactical expertise by nance Disposal Technician enabling a direct action raid on an enemy underground headquarters overseas. Despite the constant danger of explosive hazards, he cleared an enemy cave complex of improvised explosive threats and shielded his

» See VALOR | B7



#### USS Stethem departs 7th Fleet after more than decade forward deployed

From Commander, U.S. 3rd Fleet

#### **SAN DIEGO**

USS Stethem (DDG 63) returned to the U.S. 3rd Fleet area of operations, June 30, following 14 years of forward-deployed service in the Indo-Pacific region operating from Japan.

The Arleigh Burke-class guided-missile destroyer is en route to San Diego, where she will be homeported and undergo her midlife modernization.

As part of the U.S. 7th Fleet's Forward Deployed Naval Forces in Japan, Stethem MC3 Kelsey J. Hockenberger

The Arleigh Burke-class guided-missile destroyer USS Stethem (DDG 63) steams during a three-carrier strike force photo exercise in the Western Pacific. The U.S. Navy has patrolled the Indo-Asia Pacific region routinely for more than 70 years promoting regional security, stability and prosperity.

worked alongside allies and partners to provide security and stability throughout a free and open Indo-Pacific.

"It has been an honor and privilege for Steelworkers and our families to be part

» See STETHEM | B7

#### Kuwait, Iraq & U.S. trilateral exercise

From NAVCENT Public Affairs U.S. Naval Forces Central Command / U.S. 5th Fleet

#### **U.S. 5TH FLEET AREA OF OPERATIONS**

The U.S. Navy, Iraqi Navy, Kuwait Naval Force and Kuwait Coast Guard completed a Kuwait, Iraq and U.S. trilateral exercise (TRILAT) in the Northern Arabian Gulf, June 29.

This TRILAT was the fourth of its kind since March 2017 with the mission of strengthening regional partnerships, developing proficiency, improving long-term regional cooperation, safety and security, and enhancing interoperability in the mutual defense of the maritime domain.

Participants included U.S. Coastal patrol ship USS Monsoon (PC 4), U.S. Coast Guard Island-class patrol boat USCGC Monomoy (WPB 1326), Iraqi navy patrol boat P 311 and Kuwait navy patrol boat KNS Al Asaadi P 3723.

The exercise focused on search-andrescue, maritime infrastructure protection, visit, board, search and seizure (VBSS) and high value unit protection operations.

» See TRILAT | B7

#### HeroesatHome

The Flagship | www.flagshipnews.com | 7.4.2019 | B2

#### **U.S. Department of Labor** announces award of \$48.1M in grants for workforce reintegration of homeless veterans



From Department of Labor

From U.S. Dept. of Labor

#### WASHINGTON

U.S. Secretary of Labor Alexander Acosta today announced the awarding of 149 Homeless Veterans' Reintegration Program (HVRP) grants totaling \$48.1 million. This funding will provide workforce reintegration services for more than over 18,000 home-

The Department will award funds on a competitive basis to state and local workforce investment boards, local public agencies and nonprofit organizations, tribal governments, and faith-based and community organizations. Homeless veterans may receive occupational skills, apprenticeship opportunities, and on-the-job training as well as job search and placement assistance.

This year's HRVP awards provide 51 first-year grants totaling \$16.9 million. Previous awardees will receive first- and secondoption year grants totaling \$31.2 million.

Grantees in the HVRP program will network and coordinate their efforts with other federal programs such as the Veterans Affairs Supportive Services for Veteran Families program, and the Department of Housing and Urban Development Continuum of Care

More information on the Department's unemployment and reemployment programs for veterans is available at www.dol.gov/ vets. For questions about these grant awards, please contact the Department's Kia Mason at (202) 693-2606 and for more informa tion about the Department's Veterans' Employment and Training Service (VETS) please visit www.veterans.gov or follow on twitter @VETS DOL.

#### **VETERAN'S EMPLOYMENT AND TRAINING SERVICE PROGRAM YEAR 2019 AWARDS**

#### **HOMELESS VETERANS' REINTEGRATION PROGRAM | 2019**

AWARD RECIPIENTS Organization Name	State	Amount
Aletheia House Inc.	AL	\$251,329
St. Francis House	AR	\$159,090
U.S. Veterans Initiative	AZ	\$216,000
Community Action Partnership of San Luis	CA	\$273,758
Obispo County Inc.		ΨΕ10,100
The Salvation Army, a California	CA	\$445,000
	CA	\$443,000
corporation	C A	#2F0 000
Vocational Rehabilitation Specialists Inc.	CA	\$350,000
Volunteers of America of Los Angeles	CA	\$500,000
Working Wardrobe for a New Start	CA	\$400,000
Columbus House Inc.	СТ	\$259,037
Easterseals Capital Region & Eastern	СТ	\$499,546
Connecticut Inc.		
Easter Seals Serving DC MD VA	DC/MD/VA	
United States Veterans Initiative	DC/MD/VA	
Volunteers of America of Florida Inc.	FL	\$407,458
Atlanta Center for Self Sufficiency Inc.	GA	\$375,000
U.S. Veterans Initiative	HI	\$275,000
Goodwill Industries of the Heartland	IA/IL	\$242,000
America Works of Illinois Inc.	IL	\$400,000
National Able Network Inc.	IL	\$370,950
The Inner Voice Inc.	IL	\$500,000
South Central Region 8 Workforce Board	IN	\$125,000
Inc.		,
Volunteers of America Ohio & Indiana	IN	\$215,000
Volunteers of America Mid-States	KY	\$252,146
Elle Foundation	LA	\$203,500
Easter Seals Massachusetts	MA	\$125,598
Veterans Inc.	MA	\$370,000
Veterans Inc.	MA/RI	\$322,000
Way Station, Inc.	MD/WV	\$396,639
Easter Seals Maine Inc.	ME	\$285,823
Mid Michigan Community Action Agency	MI	\$221,920
Inc.	IVII	ΨΖΖ1,9ΖΟ
Minnesota Assistance Council for Veterans	MN	\$447,613
Region XII Commission on Mental Health &	MS	\$285,815
=	IVIS	\$203,013
Retardation	N 4 T	****
Rocky Boy Veterans Center	MT	\$200,000
Asheville Buncombe Community Christian	NC	\$500,000
Ministry		
Asheville Buncombe Community Christian	NC	\$500,000
Ministry		
Harbor Homes Inc.	NH	\$200,000
Veterans Inc.	NH/VT	\$236,000
Real House Recovery Inc.	NJ	\$483,200
Mental Health America of Dutchess	NY	\$150,000
County Inc.		
Veterans Outreach Center Inc.	NY	\$500,000
Volunteers of America Ohio & Indiana	ОН	\$320,000
Muscogee (Creek) Nation	OK	\$348,878
Easterseals Oregon	OR	\$400,000
Easterseals Oregon	OR	\$325,000
YWCA of Greater Harrisburg	PA	\$230,000
Volunteers of America Dakotas	SD	\$216,372
Adaptive Construction Solutions Inc.	TX	\$500,000
Volunteers of America Texas	TX	\$500,000
Volunteers of America Texas	TX	\$385,710
River City Comprehensive Counseling	VA	\$320,000
Services	'' '	+020,000
Partners in Careers	WA	\$208,455
Volunteers of America Northern Rockies	WY	\$405,000
VOIGITEETS OF AFFICIACION NOT LITETTE ROCKIES	4 4 1	Ψ403,000

#### HOMLESS VETERANS' REINTEGRATION PROGRAM | **OPTION-YEAR-AWARDS**

OPTION-YEAR-AWARDS		Amount
Organization Name Aletheia House Inc.	AL	\$500,000
Pima County	AZ	\$236,664
United States Veterans Initiative	AZ	\$325,000
Able-Disabled Advocacy Inc. America Works of California Inc.	CA CA	\$355,050 \$500,000
Berkeley Food and Housing Project	CA	\$220,000
Community Catalysts of California	CA	\$207,231
Goodwill of Santa Clara County Interfaith Community Services	CA CA	\$300,000 \$120,000
Interfaith Community Services  Interfaith Community Services	CA	\$229,000
People Assist the Homeless	CA	\$300,000
Swords to Plowshares	CA	\$377,080
Swords to Plowshares Swords to Plowshares - West Bay	CA CA	\$300,000 \$437,070
The Salvation Army - a California corporation	CA	\$440,000
U.S. Veterans Initiative	CA	\$400,000
Vietnam Veterans of San Diego Vocational Rehabilitation Specialists Inc.	CA CA	\$500,000 \$110,000
Vocational Rehabilitation Specialists Inc.	CA	\$240,000
Vocational Rehabilitation Specialists Inc.	CA	\$250,000
Volunteers of America of Los Angeles	CA	\$509,000
Volunteers of America of Los Angeles Volunteers of America of Los Angeles	CA CA	\$500,000 \$500,000
Volunteers of America of Los Angeles	CA	\$500,000
Volunteers of America Inc.	CA	\$230,000
Volunteers of America-Northern	CA	\$167,126
California/Northern Nevada Volunteers of America-Northern	CA	\$386,250
California/Northern Nevada	CA	\$300,230
WestCare California Inc.	CA	\$497,850
Colorado Coalition for the Homeless	CO	\$500,000
Boley Centers Inc. Boley Centers Inc.	FL FL	\$420,240 \$317,240
City of Jacksonville, Florida Military Affairs &	FL	\$231,750
Veterans Department		,
Faith Hope Love Charity Inc.	FL	\$282,932
Volunteers of America of Florida Inc.  Mary Hall Freedom House Inc.	FL GA	\$192,898 \$340,000
Recovery Consultants of Atlanta	GA	\$310,000
Travelers Aid of Metropolitan Atlanta Inc.	GA	\$500,000
Catholic Charities Hawaii	HI	\$250,000
U.S. Veterans Initiative-Hawaii	H D	\$200,000 \$114,500
Idaho Department of Labor Goodwill Industries of Central Illinois Inc.	IL	\$231,312
Transitional Living Services Inc.	IL	\$300,000
Crossroads Rehabilitation Center Inc.	IN	\$337,840
ECHO Housing Corp.  Mountain Comprehensive Care Center	IN KY	\$173,739 \$190,820
Pennyroyal Regional MH-MR Board Inc.	KY	\$172,231
Volunteers of America, Mid States Inc.	KY	\$325,804
Volunteers of America, Mid States Inc.	KY	\$288,171
Veterans Inc.  Veterans North East Outreach Center	MA MA	\$146,895 \$499,220
Volunteers of America Massachusetts	MA	\$216,700
Alliance Inc.	MD	\$500,000
Easter Seals Serving DC/MD/VA Inc.	MD	\$500,000
ST. James A.M.E. Zion Church - Zion House Volunteers of America Michigan	MD MI	\$285,912 \$256,139
Volunteers of America Michigan	MI	\$214,741
Volunteers of America Michigan	MI	\$234,559
Minnesota Assistance Council for Veterans St. Patrick Center	MN MO	\$500,000 \$225,088
Hancock Resource Center	MS	\$239,593
Asheville-Buncombe Community Christian Ministry	NC	\$403,635
Volunteers of America of the Carolinas	NC	\$298,242
Goodwill Industries of New Mexico United States Veterans Initiative	NM NV	\$493,867 \$250,000
America Works of New York Inc.	NY	\$500,000
Black Veterans for Social Justice Inc.	NY	\$185,020
Black Veterans for Social Justice Inc.	NY	\$248,000
Black Veterans for Social Justice Inc. Easter Seals New York Inc.	NY NY	\$275,050 \$426,060
Easter Seals New York Inc.	NY	\$299,860
NY State Department of Corrections &	NY	\$234,041
Community Supervision Services for the Underserved Inc.	NY	\$142,020
United Veterans Beacon House Inc.	NY	\$104,125
Ohio Valley Goodwill Industries Rehabilitation	ОН	\$395,903
Center Inc.	011	****
Volunteers of America of Greater Ohio Inc. Volunteers of America of Greater Ohio Inc.	OH OH	\$350,000 \$300.000
Volunteers of America of Greater Ohio Inc.	OH	\$100,000
Volunteers of America of Greater Ohio Inc.	ОН	\$205,000
Volunteers of America of Oklahoma	OK	\$388,439
Easter Seals Oregon Commission on Economic Opportunity	OR PA	\$500,000 \$100,000
Impact Services Corp.	PA	\$400,000
Impact Services Corp.	PA	\$500,000
Veterans Leadership Program of Western Pennsylvania Inc.	PA	\$191,103
Veterans Place of Washington Boulevard	PA	\$220,500
Operation Stand Down Rhode Island	RI	\$300,000
Fast Forward	SC	\$400,000
American GI Forum National Veterans Outreach	TX	\$500,000
Program Inc. BakerRipley	TX	\$300,000
Front Steps Inc.	TX	\$300,000
The Houston Launch Pad	TX	\$500,000
U.S. Veterans Initiative STOP Inc.	TX VA	\$250,000 \$355,050
Total Action Against Poverty	VA	\$227,263
Snohomish County Workforce Development	WA	\$283,142
Council Washington Donartment of Votorans Affairs	\A/A	¢ / 9 0 000
Washington Department of Veterans Affairs Center for Veterans Issues Ltd.	WA WI	\$480,000 \$500,000
Vocational Rehabilitation Specialists Inc.	WI	\$240,000

#### **Moving? Update DEERS for** uninterrupted TRICARE coverage

From TRICARE.mil

Summer is when you and your family may fulfill new orders and move to a new duty station. If you move this summer, don't forget to update your information in the Defense Enrollment Eligibility Reporting System (DEERS). Being able to use TRICARE depends on keeping DEERS up to date.

DEERS is a database of active duty and retired service members, their family members, and others who are eligible for TRICARE.

TRICARE eligibility shows up in DEERS based on the sponsor's status. Keeping your DEERS record up to date is key to you getting timely and effective TRICARE benefits.

In DEERS, make sure to check your address, duty status, phone numbers, and email addresses. This is especially true after permanent change of station, or PCS, moves and anytime you experience a Qualifying Life Event (QLE). A QLE can include getting married or divorced, giving birth, or retiring. Also, check out what you need to do

if you're moving. Remember, your Social Security number (SSN) and the SSN of each of your covered family members must be included in DEERS for your TRICARE coverage to be accurate.

Changing your contact information in DEERS is easy, and you have several options to do so. You can make changes online, by phone, fax, or mail, or in person at the nearest ID card office. Find an office near you using the RAPIDS Site Locator. To add or remove family members, you must visit a local ID card office. To update contact information, choose one of these op-

Online: Log into milConnect

**Phone:** Call 1-800-538-9552 (TTY/TDD: 1-866-363-2883) or fax updates to 1-800-336-4416

Defense Manpower Data Center Support Office

Mail: Mail updates to:

Attention: COA 400 Gigling Road, Seaside, CA 93955-6771

Only sponsors can add a family member in DEERS. Family members age 18 and older may update

their own contact information.

Find more information on how to update DEERS information on the TRICARE website. Take command of your health, and keep your family's information up to date in DEERS.



#### How do I get information about privatized housing?

A. There are several ways to receive information about privatized housing.

Obtain Hot Sheets: each privatized partner provides a hot sheet of available units and special incentives for each installation. Refer to any HSC to obtain the most recent hot sheetforyour area of interest

Followthelinktothe PPV Partner webpage, MilitaryHomestoday-.com. You can receive contact information for each location as well as see what is available

To receive advance information about privatized housing at a prospective duty station, Service Members have theoptiontosubmitan advance housing application using the Housing Early Assistance Tool (HEAT); this tool will interact with the HSC who will shareyourinformation with the local partner if youchoosethatoptionon theform

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- Ombudsman Support
- Relocation Assistance ■ Parenting Programs
- Stress and Anger Management ■ Command Support
- Crisis Support
- Suicide Prevention ■ SAPR Support



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#### Fair winds and following seas to a Pearl Harbor icon

By MC2 Jessica Blackwell Navy Public Affairs Support Element Detachment Hawaii

#### HONOLULU, HAWAII

Ready. Aim. Fire. Shots from the M4 rifles of Navy Region Hawaii Honors and Ceremonies' 21gun-salute ring out, echoing through the National Memorial Cemetery of the Pacific (Punchbowl Cemetery). On an overcast day in Honolulu, military honors are rendered as family, friends and guest pay their last respects to one of the iconic figures of the Pearl Harbor region, retired Master Chief Yeoman James "Jim" Taylor, June 27.

Jim Taylor was a beloved son, brother, father, grandfather, great-grandfather, friend and mentor. For 63 years Taylor gave of himself in support of his fellow Sailors, fallen service members and in honoring the wishes of Pearl Harbor survivors, once they passed, to rejoin their shipmates on the sunken ships of Pearl Harbor or at Punchbowl Cemetery. A large portion of his legacy was his family and the work he accomplished as Command Navy Region Hawaii's (CNRH) volunteer Pearl Harbor survivor liaison.

Taylor's journey in the Navy began at the age of 17. This was a rather unique age as he required a parent's signature to join since he was not yet 18. During the chapel service held onboard Joint Base Pearl Harbor-Hickam (JBPHH), Taylor's brother, Richard, joked that their mother may have been happy to sign, because of some prior decisions Taylor made while growing up.

"I have a feeling, since Jim's early period was peppered with some incidents as a young man, nothing that the rest of us haven't experienced I suppose," said Richard, "But I have a feeling my mother was happy to sign."

Chuckles filled the chapel at Richard's shared thought. Reviewing the span of life accomplishments of Jim Taylor, joining the Navy would prove to be one of the cornerstones of his life. Without the Navy he may have never had the opportunity to work at the Navy brig here onboard JBPHH. It was through his position as the assistant officer in charge of the brig that he was able to manage a program helping troubled Sailors



Leonora Taylor, Jim Taylor's wife, is presented an American flag during Jim's funeral at the the National Memorial Cemetery of the Pacific, June 27. Jim Taylor was a retired Navy master chief who continued to serve his country as Navy Region Hawaii's volunteer Pearl Harbor Survivor Liaison until his passing on May 20, 2019.

adjust to life in the Navy before they got into serious trouble.

Taylor ensured Sailors were exposed to the Navy's rich history, heritage, and had respect and pride for those who have gone before. Due to the brig's close proximity to the USS Utah Memorial, Taylor assigned his junior Sailors to conduct morning and evening colors every day and maintain the memorial and surrounding areas. His leadership with these Sailors was yet another meaningful part of his life. As Richard heard the stories and saw the impact of his elder brother, he was enlightened.

"I really had no idea until I came to this occasion, just how incredibly accomplished he was," said Richard. "I never really appreciated it as much as I do today."

Jim Taylor's reach was far and wide. He seemed to have an impact on everyone with which he came in contact. Testimonies and stories to support his life's work poured out from the mouths of every speaker. Statements like "A Sailor's Sailor and a chief's chief" and "A Navy chief with a passion to serve" accompanied the remarks of friends and co-workers. The respect and loyalty Taylor gave and received shined throughout his life and was a testament to the Aloha spirit he always put forth.

Agnes Tauyan, director of public affairs for CNRH, refelected on her 30-year relationship with Taylor. While working at the brig he also served as the region's Collateral Duty Casualty Assistance Calls Officer (CACO). In this position Taylor would be responsible for providing information, resources, and assistance to the next of kin in the event of a casualty. Tauyan acknowledged this is where Taylor became involved in scattering the ashes of Pearl Harbor sur-

Taylor's exposure to the CACO position helped usher him into the legendary work he is known for today and gave way to the position of Pearl Harbor survivor liaison which he held until his passing. It has been noted that Taylor has honored the last wishes of more than 300 Pearl Harbor survivors by scattering their ashes over the waters of Pearl Harbor or laying them to rest at Punchbowl or other cemeteries around the island of Oahu.

From the sentiments shared throughout the service, it was apparent Taylor loved his family, loved his country, loved his Navy, and loved veterans. Jim Taylor's instrumental role and personal investment in the lives of Pearl Harbor and USS Utah survivors as well as his efforts in the upkeep of the USS Utah Memorial, earned him a title of an honorary Pearl Harbor survivor by the Pearl Harbor Survivor's Association.

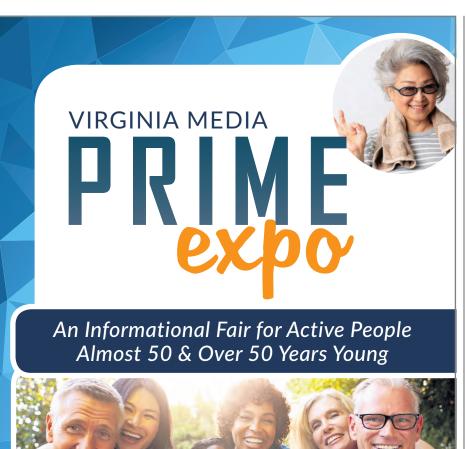
In later years, Jim Taylor continued what he did best and made contributions in the lives of others, passing on his many years of knowledge. Jim Neuman, history and heritage outreach manager at CNRH and successor for Taylor said, "I will never be able to 'replace' Master Chief Taylor. His legacy is forever stamped in the lives of each of those veterans and their families."

Tauyan developed a mantra "Where you go, I go Master Chief," letting Taylor know he always had support and people by his side as he continued his work. One day before Taylor's passing, he reminded Tauyan he still had work he wanted to do, but did not believe he would be able to finish. Tauyan responded, "Where you go, I go Master Chief!" To this Taylor replied, "Well then, I will see you in heaven."

On May 20, 2019, retired Master Chief Yeoman James "Jim" Taylor passed away. The many stories and works accredited to Taylor will live on. As his loving family, friends, and the Navy grieves, and his loss is felt around the country, his brother Richard reminds us why the loss feel so significant, "The greater the good, the deeper the pain." The amount of good and the works carried out by Taylor will continue.

"We all hope to carry the torch moving forward in the spirit of Master Chief Taylor and ensure all of our veterans are taken care of in life and in death," said Neuman.

At Punchbowl Cemetery, just before Jim Taylor is laid to rest, there is a parting of the clouds. The greyness of the day is washed away and the golden sunlight fills the landscape. As Sailors say, "Fair winds and following seas. Shipmate the watch stands relieved. Relieved by those you have trained, guided and lead. Shipmate you stand relieved. We have the watch."



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## VETERANS UNITED HOME LOANS...







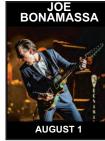


































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USNS Comfort (T-AH 20) pulls into port.

#### **Comfort arrives in Manta for first medical mission**

From USNS Comfort Public Affairs

#### MANTA, ECUADOR

The hospital ship USNS Comfort (T-AH 20) arrived in Manta, Ecuador for the first mission stop of the 2019 deployment, June 26.

While in Manta, U.S. service members and medical professionals will work alongside partner and host nation medical professionals to provide much-needed medical assistance in communities with urgent health care needs, including local populations and vulnerable Venezuelans who have fled to other countries in the region.

"We are absolutely thrilled and eager to begin our work here in the beautiful port of Manta," said Capt. Brian J. Diebold, commander, Task Force 49. "Comfort's team is ready to work side-by-side with doctors, nurses, and surgeons from throughout the region, exchanging expertise and providing assistance where we can to build a stronger neighborhood on a foundation of mutual respect and goodwill."

Comfort's team is made up of military and civilian personnel from the United States and partner nations including Argentina, Brazil, Canada, Costa Rica, Mexico, and Peru, creating a dynamic team capable of delivering a variety of services during this mission stop.

"USNS Comfort's visit to Ecuador for the second time in less than nine months is an excellent example of our bilateral cooperation," said Michael J. Fitzpatrick, U.S. Ambassador to Ecuador. "It reflects our commitment to deepening our relationship with Ecuador and the region."

This marks the seventh hospital ship deployment to the region since 2007. The embarked medical teams will provide care on board Comfort and at two land-based medical sites, helping to relieve pressure on national medical systems strained partly by an increase in Venezuelan migrants.

This deployment is part of U.S. Southern Command's Enduring Promise initiative and reflects the United States' ongoing commitment to friendship, partnership, and solidarity with partner nations in the Caribbean, Central America and South America.



Electronics Technician 3rd Class Zach VanderMolen, left, from North Pole, Alaska, and Logistics Specialist 2nd Class Jamil Brassier, from Marseille, France, man a .50-caliber machine gun mount aboard the Arleigh Burke-class guided-missile destroyer USS Carney (DDG 64) during a straits transit en route to the Black Sea, June 29.

#### USS Carney en route to Exercise Sea Breeze 2019

From By U.S. Naval Forces Europe-Africa/U.S. 6th Fleet Public Affairs

#### MEDITERRANEAN SEA

The Arleigh Burke-class guided-missile destroyer USS Carney (DDG 64) began its north-bound transit to the Black Sea June 29 to enhance regional maritime stability by participating in exercise Sea Breeze 2019.

This is the fifth U.S. ship to visit the Black Sea since the beginning of 2019. The last ship to visit the Black Sea was USS Ross (DDG 71) in April. During its time in the Black Sea, Ross participated in three interoperability exercises with the Bulgarian Navy and Georgian Coast Guard. Exercises included maritime interdiction, tactical communications, formation maneuvering, and underway replenishments.

"Carney's transit to the Black Sea and support to Sea Breeze reaffirms

the U.S. Navy's commitment to this vital region and our valued partners," said Vice Adm. Lisa M. Franchetti, commander of U.S. 6th Fleet. "In this dynamic security environment, our naval forces throughout Europe remain steadfast and continue to operate routinely with our allies and partners in the Black Sea as we work to ensure regional stability and prosperity."

Carney, along with additional U.S. assets, will be participating in the U.S. and Ukrainian co-hosted exercise, Sea Breeze. Sea Breeze is in its 19th iteration and is scheduled to involve 3,000 troops from 19 nations including 32 ships and 24 aircraft. The exercise seeks to build combined capability and capacity to ensure maritime regional security and foster stronger friendships among partnering nations.

Nations scheduled to participate in Sea Breeze 2019 include: Bulgaria,

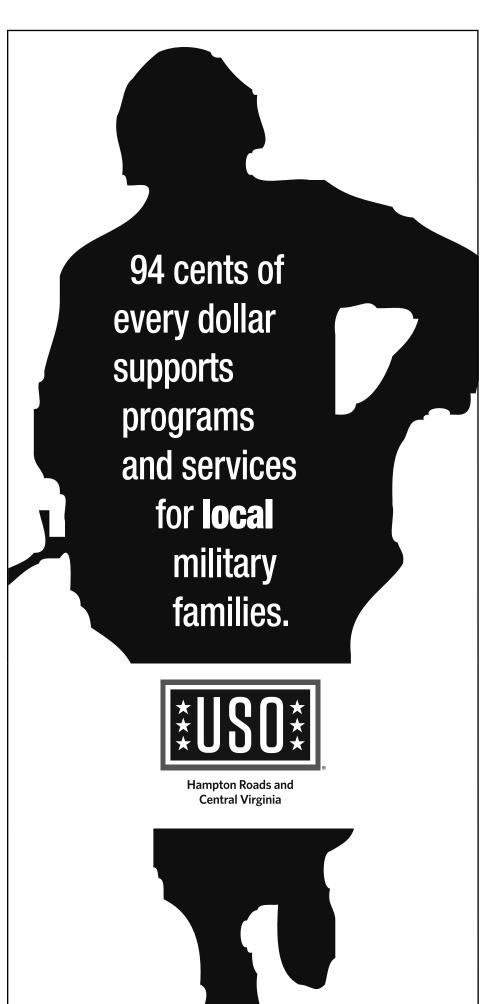
Canada, Denmark, Estonia, France, Georgia, Greece, Italy, Latvia, Lithuania, Moldova, Norway, Poland, Romania, Sweden, Turkey, Ukraine, United Kingdom, and the United States.

This challenging and complex exercise builds on Sea Breeze 2018 to provide a multitude of unique training opportunities designed to enhance our readiness and improve collaboration and interoperability.

The U.S. Navy routinely operates in the Black Sea consistent with international law, including the Montreux Convention.

Carney, forward-deployed from Naval Station Rota, Spain, is conducting naval operations in the U.S. 6th Fleet area of operations in support of U.S. national security interests in Europe

U.S. 6th Fleet, headquartered in Naples, Italy, conducts the full spectrum of joint and naval operations, often in concert with allied, and interagency partners, in order to advance U.S. national interests and security and stability in Europe and Africa.







YN1 Anthony Ardisor A Sailor assigned to Combat Riverine Squadron (CRS) 1 explains to a guest the capabilities of an M240 machine gun aboard a 34-foot Dauntless Sea Ark patrol boat at Naval Amphibious Base Coronado during the Navy Employer Recognition Event, June 28. Selected employers were nominated by Navy Reserve Sailor employees and invited to attend the one-day event which included a tour of littoral combat ship USS Charleston (LCS-18), a static display of aircraft at Fleet Logistics Support Squadron (VR) 57 and an equipment display by Naval Special Warfare Group

#### NERE RECOGNIZES EMPLOYERS WHO SUPPORT NAVY RESERVE

**By MC1 Travis Alston**Navy Region Southwest Public Affairs

SAN DIEGO

Vice Adm. Luke M. McCollum, chief of the U.S. Navy Reserve and commander, Navy Reserve Force, honored civilian employers from across the nation for their exceptional support of America's Navy Reserve Sailors, during a Navy Employer Recognition Event in San Diego June 28.

The day commenced at the littoral combat ship, USS Charleston (LCS 18), where McCollum briefed the guests and then presented each employer a certificate of

appreciation.

"We're glad that you are able to attend today's event," McCollum said. "Navy Reserve Sailors are a vital part of the Navy's Total Force, and the operational support they provide is critical to the continued success of the United States Navy. Employers like you are a key element in the life of every Reserve member, and the service each Sailor provides to the Fleet is achieved in no small part due to your company's patriotism, understanding, and support."

During the event, employers spoke with

aviators and aircrew and got an up-close look at aircraft assembled at Fleet Logistics Support Squadron (VR) 57 aboard Naval Air Station North Island, California. Participants also traveled to Naval Amphibious Base Coronado for a Coastal Riverine Squadron (CRS) 1 small-boat display and viewed a dynamic demonstration of the combined capabilities of SEAL Team 17 and Naval Special Warfare Group (NSWG) 11.

John Slater, United Airlines senior vice president for flight services, said the aircraft display at VR-57 was the highpoint of the day

"My father was a military pilot, so every time I get around aircraft I get fired up," Slater said. "Experiences such as this help us understand what our active duty and reservist do and how valuable that experience is, allowing us to make accommodations or it so that they can continue to provide security for our nation."

NERE 2019 culminated with dinner and reception at the USS Midway Museum in downtown San Diego.

"The Navy mission is critical, and the organizations who support their Reserve Sailors are an important part of that mission," McCollum said. "Today was a special day highlighting a sample of what our Navy Reserve Sailors do when away from their civilian job."

For more news from Commander, Navy Reserve Force, visit the command website.

#### Corrosion monitoring and other new techniques will save time and money

By Robert Palomares
Naval Surface Warfare Center, Port Hueneme Division

PORT HUENEME, CALIF.

Naval Surface Warfare Center Port Hueneme Division's (NSWC PHD) Office of Technology is researching and developing techniques to rapidly assess corrosion in materials before being transferred to ships. These techniques will significantly reduce cost and increase safety when introducing new materials to the fleet.

According to Dr. Armen Kvryan, materials engineer and project lead, the technique uses a potentiostat to assess the corrosion behavior of a metal using various methods. Two of these techniques are anodic polarization (AP) and electrochemical impedance spectroscopy (EIS).

"AP can predict when materials will begin to pit and EIS can measure and rank the performance of coatings on different metals," he said. "The information from EIS can be modeled and can predict, on an atomistic level, how the material will behave on a ship."

With specific tools, his team can quickly mimic an environment and test the materials before it is sent to the ship. "With this technique we can quickly assess the metal to determine if it is viable," Kvryan said. "The plan is to first test the metals and



Defense.gov

(NISE) funds to further research, develop and eventually transition to operational use. "These techniques will benefit our Sailors and Marines by making sure they get

oughly researched and tested so it doesn't fail once it's needed," Kvryan said.

There has been several new advancements and upgrades to the research capabilities at Port Hueneme, including a new innovative lab where many of these tech-

equipment that has been quickly but thor-

niques, and new ones, are being tested.
"We're developing a strong research group here. We want to be proactive, not only looking at the near future, but 20 and 30 years ahead."

coatings in the lab before it goes out to the ship. We can test it in the lab quickly, instead of months at sea, to determine if the metal is viable. This saves time and money."

"With this technique and others, such as the thermography unit, we are upgrading what we currently can do to assess materials," he added.

The equipment Kvryan and his team will utilize is being purchased and will be used later this calendar your or early next calendar year.

"The key here is rapid screening of materials before it gets out to the fleet," he said.

als before it gets out to the fleet," he said.

The thermography unit is another newly

acquired testing apparatus. It can measure the rate of thermal decay of materials, noted Tim Tenopir, senior materials scientist. By knowing the heat signature of a material, you can learn a lot about its properties. "We can use this in conjunction with our

new micro-climate chamber to determine how durable the material is in extreme temperatures," Tenopir said. "Again, with this suite of testing equipment, we can provide quality control of materials before it goes to the ships, increasing safety and fleet readiness, while reducing cost," he

These innovations received support from Naval Innovative Science and Engineering

MC2 Ethan T Miller

Comedian John Stewart receives a thank you gift from Gen. Richard Clarke, commander of U.S. Special Operations Command, and competing team captains during the closing ceremony of the 2019 DoD Warrior Games in Tampa, Florida.

### **Team Navy celebrates completion of 2019 Warrior Games**

By MC1 Tyrell K. Morris

TAMPA, FLA.

Local citizens joined athletes, families, and service members at the Amalie Arena for a closing ceremony June 30 to celebrate the teams' accomplishments during 2019 Department of Defense (DoD) Warrior Games.

The closing ceremony, hosted by Jon Stewart, was the culmination of hard work, sweat, tears and overcoming adversity for the warriors competing in the games.

"Our wounded warriors have shown incredible determination and resiliency in their personal roads to recovery, and Team CNIC is honored to be a part of their journey," said Vice Adm. Mary M. Jackson, Commander, Navy Installations Command, who attended the games earlier in the week. "Through the Warrior Games and our Navy Wounded Warrior-Safe Harbor program, we witness the fighting spirit of our

wounded warriors. They, along with their families, are an inspiration to us all."

Team Navy, which had 40 Sailors and Coast Guardsmen, joined approximately 300 service members from the other branches of the U.S. military, as well as participants from Australia, Canada, Denmark, the Netherlands and the United Kingdom.

The games, which began on June 21, featured 13 adaptive sports: archery, cycling, indoor rowing, powerlifting, shooting, sitting volleyball, swimming, track, field, wheelchair basketball, wheelchair tennis, wheelchair rugby and golf.

Team Navy competed for gold in all three-team sports wheelchair rugby, wheelchair basketball and sitting volleyball; winning silver in rugby and basketball and gold in volleyball.

"I'm amazed to the point of speechlessness at what I've seen here at the Warrior Games and I want to use my office to provide more support to these athletes and the Warrior Games in the upcoming years," said Master Chief Petty Officer of the Navy Russell Smith.

U.S. Coast Guard Capt. Daryl Schaffer was awarded the "Heart of the Team" award for Team Navy during the closing ceremony.

The Department of Defense Warrior Games showcases the resilient spirit of today's wounded warriors of all branches of the military. Team Navy athletes are enrolled in the Navy Wounded Warrior-Safe Harbor, which is managed by Commander, Navy Installations Command. The program provides premier non-medical services to wounded, ill and injured Sailors and Coast Guardsmen as well as support and resources to their families.

"This was an absolute amazing experience for me," said Team Navy athlete Hospital Corpsman 2nd Class Emmanuel Gonzalez. "I have learned so much about myself during the games and met so many amazing people that I call friends from different branches and countries. I will cherish this experience for a lifetime."

The Warrior Games introduced

wounded, ill, and injured service members and veterans to Paralympic-style sports. The event demonstrated the incredible potential of wounded warriors and provided a tremendous healing power to the athletes. One of the most impactful elements of the Games, however, was the sense of community that formed among the athletes.

"The 40 Team Navy athletes represent the more than 4,000 Sailors and Guardsman with a serious illness or injury who are currently receiving support through the Navy Wounded Warrior – Safe Harbor Program," said Jackson. "The support teams work with each service member and their family to provide a tailored recovery plan."

Enrollment in the Navy Wounded Warrior – Safe Harbor program is not limited to those with combat wounds. The program also supports those with serious illnesses – both mental and physical conditions – and injuries sustained in shipboard, training or liberty accidents. Support can include developing Comprehensive Recovery Plans; addressing pay and personnel issues; connecting to family resources; offering adaptive athletic opportunities; and linking to education and training benefits.



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It Kara Handley

Capt. Oscar Rojas, commodore, Explosive Ordnance Disposal Group One, poses with Explosive Ordnance Disposal Technician First Class Petty Officer (EOD1) Christopher Greene, both members of Explosive Ordnance Disposal Mobile Unit Eleven, during an awards ceremony June 27 on Naval Outlying Landing Field Imperial Beach where both petty officers received bronze star awards with valor. U.S. Navy EOD is the world's premier combat force for eliminating explosive threats so the Fleet and Nation can fight and win wherever, whenever and however it chooses.

#### **VALOR** / Two Sailors awarded the Bronze Star Medal with valor

Continued from B1

teammates from closerange enemy fire.

During the same mission, Holland, from Golden, Colorado, demonstrated superior tactical acumen while conducting a thorough secondary clearance and site exploitation. He identified 15-20 enemy fighters preparing to throw grenades into the main cavern and positioned himself in the open to shield his team from a potentially fatal blast, while also engaging the enemy combatants.

Both EOD technicians were deployed to support Special Operations Task Force-West in support of Operation Inherent Re-

This award ceremony held special meaning as the presentation was held in front of EODMU11's memorial for their fallen service members. Rojas said, "Having this ceremony right in front of the memorial of our fallen is a sobering reminder of the business that we are in. To be able to say that we protect and defend the Constitution

against all enemies foreign and domestic, those are not shallow words. Those are very powerful words."

EODMU11 provides operational EOD capabilities to include locating, identifying, rendering safe, exploiting, recovering, and disposing of all explosive ordnance including chemical and nuclear weapons while providing access for conventional and special operations forces to maneuver across the full range of military operations.

U.S. Navy EOD is the world's premier combat

force for eliminating explosive threats so the Fleet and Nation can fight and win wherever, whenever and however it chooses.

For more information, visit www.navy.mil, www.facebook.com/usnavy, or www.twitter.com/usnavy.

For more news from Explosive Ordnance Disposal Group 1, visit www.navy.mil/local/eod1/.

To be able to say that we protect and defend the Constitution against all enemies foreign and domestic, those are not shallow words.

Those are very powerful words."

Capt. Oscar Rojas, commodore, Explosive Ordnance Disposal Group One

# **STETHEM** / The Arleigh Burke-class guided-missile destroyer is en route to San Diego for homeport and modernization

Continued from B1

of the Forward Deployed Naval Forces - Japan community for the last 14 years. The opportunity to serve alongside incredible waterfront shipmates and operate with our JMSDF allies, flexing every mission area in the most challenging operational environment is truly unmatched," said Cmdr. John Rummel, Stethem's commanding officer. "We offer our sincerest appreciation to all of those that supported Stethem, our Steelworkers and families during our time in Yokosuka and wish them continued success in the years to come!"

Stethem arrived in Yokosuka, Japan, in June of 2005 while under the command of Cmdr. Robert Gonzales and operated alongside the now decommissioned aircraft carrier USS Kitty Hawk (CV 63) as part of the Kitty Hawk Strike Group.

While serving in 7th Fleet, Stethem conducted a wide range of operations, exercises and port visits, including disaster relief as well as search and rescue missions. In 2011, the ship supported Operation Tomodachi to provide relief to Japanese citizens affected by the Tohoku earthquake and tsunami, and this year, joined Japan-led search operations for a missing Japan Air Self-Defense Force F-35.

proud of the accomplishments of the Steelworkers and I'm looking forward to what comes after the homeport change."

Capt. Jonathan Duffy, commander, Destroyer Squadron 15

Stethem also operated in several joint operations, including Resilient Shield 18 and tri-carrier operations with the aircraft carriers USS Ronald Reagan (CVN 76), USS Theodore Roosevelt (CVN 71) and USS Nimitz (CVN 68).

"Stethem has operated at the top of her game as part of DESRON 15 while being forward deployed. Her support to the mission improved our relationships with key allies and has become an integral part of our presence in the Indo-Pacific region," said Capt. Jonathan Duffy, commander, Destroyer Squadron 15. "I'm extremely proud of the accomplishments of the Steelworkers and I'm looking forward to what comes after the homeport change."

Stethem participated in multiple multinational exercises including, Cooperation Afloat Readiness and Training (CARAT) with regional navies in South and Southeast Asia, Cobra Gold with Thailand, and multiple cooperative deployments with Japan Maritime Self-Defense Force (JMSDF) ships.

(JMSDF) ships.

Along with participating in exercises, Stethem Sailors conducted port calls in multiple countries in the region, including Australia, Bahrain, China, Indonesia, Singapore, the Republic of Korea, and

Thailand.

Third Fleet leads all naval forces in the Pacific and provides the realistic, relevant training necessary for an effective global Navy. Third Fleet coordinates with U.S. 7th Fleet to plan and execute missions based on their complementary strengths to promote ongoing peace, security, and stability throughout the entire Pacific theater of operations.

U.S. 3rd Fleet leads naval forces in the Indo-Pacific and provides the realistic, relevant training necessary for an effective global Navy. U.S. 3rd Fleet works constantly with U.S. 7th Fleet to complement one another and provide commanders capable, ready assets across the spectrum of military operations in the Pacific.

For more news from Commander, U.S. 3rd Fleet, visit www.navy.mil/local/c3f/.

TRILAT / The mission strengthened regional partnerships, developed proficiency, improved long-term regional cooperation, safety and security, and enhanced interoperability

Continued from B1

"It was an honor and privilege to work with the USS Monsoon and Monomoy's VBSS teams during the Trilateral Exercise with our regional allies," said Army Staff Sgt. Brian Rawlins. "Typically we conduct land based operations as U.S. Army Civil Affairs Soldiers, so taking part in this exercise was a unique and rewarding experience."

This routine theater security cooperation engagement serves as an excellent opportunity to strengthen tactical proficiency in critical mission area and support long-term regional stability. Our combined forces in the region will continue to be ready to meet any future challenge to-

gether.

gether.

The exercise was led by Task Force (TF) 55 and is part of a scheduled theater security cooperation engagement plan and an opportunity for the three partner nations to identify and address regional threats in support of stability and freedom of navigation in the U.S. 5th Fleet area of operations.

U.S. 5th Fleet area of operations encompasses about 2.5 million square miles of water area and includes the Arabian Gulf, Gulf of Oman, Red Sea, and parts of the Indian Ocean. The expanse comprises 20 countries and includes three critical choke points at the Strait of Hormuz, the Suez Canal, and the Strait of Bab el-Mandeb at the southern tip of Yemen.



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#### 4th of July events at Town Point Park and Ocean View Beach Park

Norfolk Festevents and the City of Norfolk are thrilled to announce consecutive days of Fourth of July waterfront firework displays on July 4 and 5 in celebration of Independence Day. **C2** 

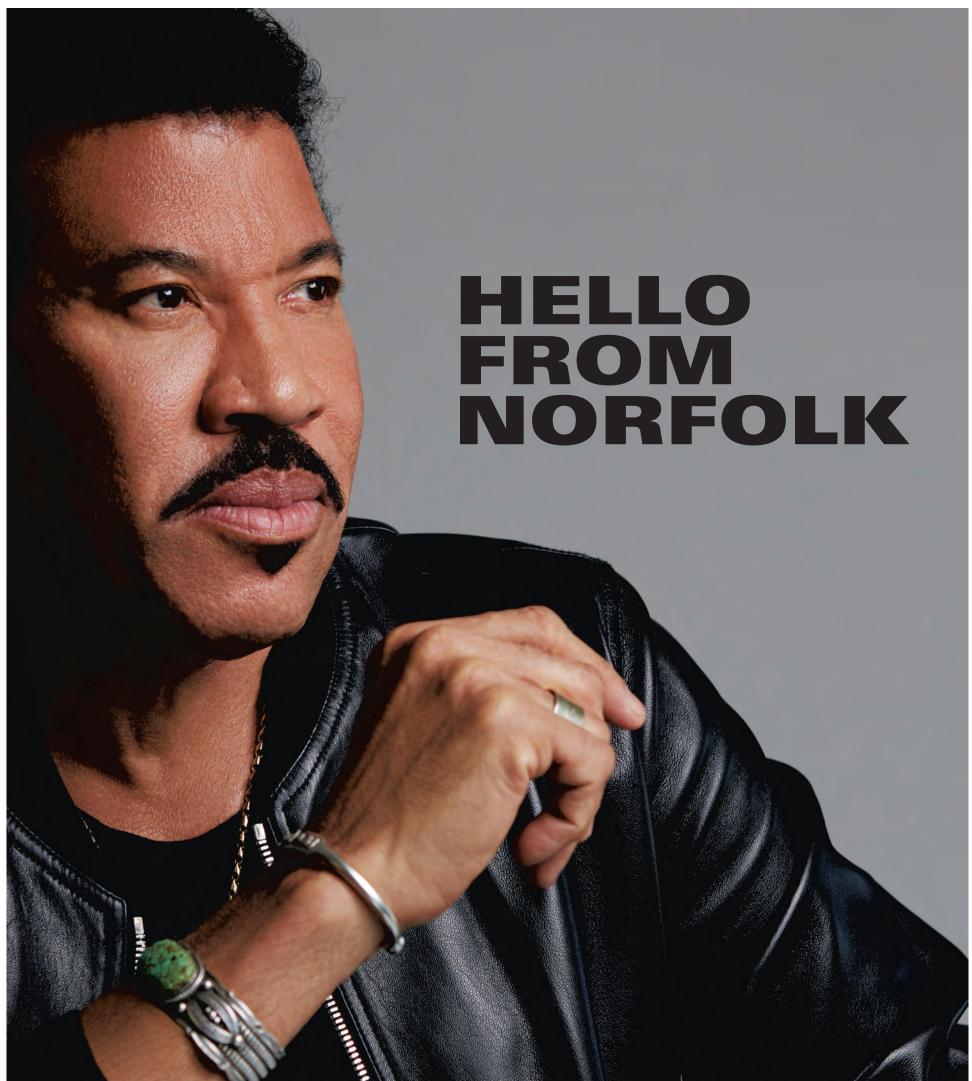


Photo courtesy of Lionel Richie

#### Lionel Richie's Hello Tour comes to the Constant Center

By Yiorgo

The one and only Lionel Richie will be ours to cherish on July 10 when he brings his Hello Tour to the Ted Constant Center in Norfolk for all of us to enjoy his many hits from The Commodores and his solo career in person.

The concert was originally scheduled at the Atlantic Union Bank Pavilion in Portsmouth but will now take place at the Constant Center. For those fans who had pre-purchased their tickets for the Pavilion in Portsmouth, all valid tickets will be honored at the Ted Constant Center on the

night of the show. Ticket holders will receive comparable seating in the new configuration at the Constant Center and tickets do not need to be exchanged for the new venue. The show starts at 8:00 p.m., and doors open at 7:00 p.m.

For ticket info, go to http://www.constantcenter.com/events/detail/lionel-richie

An international superstar for decades, Lionel Richie is a musical icon and "American Idol" judge who has sold over

» See LIONEL | C4

#### Guests travel back in time at the Navy World Series Throwback game

By MC3 Emily Casavant

Naval Station Norfolk Public Affairs Office

NORFOLK

The Navy World Series Throwback Softball game was held at Naval Station (NAVSTA) Norfolk's historic McClure Field.

During World War II, some of the country's premier athletes were enlisting in the military. This resulted in some of the biggest names in baseball, including Bob Feller, Pee Wee Reese, Dom DiMaggio, and

Phil Rizzuto, playing on NAVSTA Norfolk's McClure Field for one of the base's two teams; the Naval Training Station Blue Jackets and the Naval Air Station Airmen. During this time, Major League teams came to the base to play the two teams, with all proceeds benefiting the war bonds effort. In 1943, the two teams played the first Navy World Series in a best of seven

» See THROWBACK | C4



Nathaniel Wade bats for the Naval Training Station Bluejackets at the Navy World Series Throwback Softball game held on June 21st at Naval Station Norfolk's McClure Field.

MC3 Emily Casavant

For a complete list of events in Hampton Roads or to submityourown, visitwww.flagshipnews.com/calendar



#### Through the Fire: A Group Exhibit by **Women Veteran Artists reception**

- July 5, 5:00-8:00 p.m.
- Portsmouth Art & Cultural Center
- Portsmouthartcenter.com

Join us to meet artists and celebrate the opening of Through the Fire: A Group Exhibit by Women Veteran Artists. This show offers paintings, textiles, ceramics, prints and sculptures by a group of women veterans who bonded during a Combat Papers, NJ Workshop at the Portsmouth Art & Cultural Center in 2016.



#### **Crush Competition**

- July 5, 5:00 p.m.-10:30 p.m.
- Downtown Norfolk, visit website for participating restaurants
- DowntownNorfolk.org

Celebrate the First Friday of July at participating restaurants all around Downtown with the second annual First Fridays Crush Competition. Downtown restaurants are serving up their best version of everyone's favorite summertime cocktail - The Crush - for the chance at being crowned King of the Crush and win \$500. Vote for your favorite crush on the FB event poll below. Voting ends 9:30pm on July 5th.



Courtesy photo

#### **Chalk the Walk ARTsplosion**

- July 6, 10:00 a.m. to 5:00 p.m.
- Virginia Beach Boardwalk, 15th-17th streets
- www.liveonatlantic.com

Artists and "wanna-be" artists gather to turn the boardwalk into an impromptu canvas of color! 200 competitors will complete chalk drawings to be evaluated by a panel of judges. Judges will score the drawings according to criteria such as composition, use of color, adherence to theme, and creativity. There will be three competitive divisions: Amateur, Professional, and Youth. The Youth division will be for ages 12-16. Children 11 and under will be invited to draw for fun in a separate area. Trophies and cash prizes will be awarded for each



Party on the Plaza featuring Method Man, Redman, Ghostface, Killah, Raekwon, Jim Jones and AZ

- July 6, 7:00 p.m.
- Scope Arena Plaze
- www.sevenvenues.com

The golden era of hip-hop comes to you live in concert. Come enjoy hours of non-stop classic hits performed by classic artists including Method Man, Redman, Ghostface Killah, Raekwon, Jim Jones, and AZ. Hosted by Virginia's own Anguz Black. Early arrival suggested. For press and other general inquires please email partyontheplaza@yahoo.com.

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The Flagship welcomes submissions from our readers online.

Please submit **events** here: www.militarynews.com/users/admin/calendar/event/



Please submit **news** and **photos** here: www.militarynews.com/norfolk-navy-flagship/submit\_news/

Courtesy photo/

#### **Norfolk Independence Day Fireworks celebrations** scheduled for Town Point Park and Ocean View Beach Park

**Press Release** 

#### NORFOLK

Norfolk Festevents and the City of Norfolk are thrilled to announce consecutive days of Fourth of July waterfront firework displays on July 4 and 5 in celebration of Independence Day.

The 37th Annual Fourth of July Great American Picnic and Fireworks, in partnership with the City of Norfolk and the City of Portsmouth, is scheduled for July 4 from 5:00 p.m to 10:00 p.m at Town Point Park on the Downtown Norfolk Waterfront. The Shore Thing Concert & Independence Day Celebration is then slated for July 5, from 6:00 p.m. to 10:00 p.m. at Ocean View Beach Park along the Chesapeake Bay in Ocean View in Norfolk.

The 37th Annual Fourth of July Great American Picnic at Town Point Park will feature all-American food favorites, including hot dogs, hamburgers, barbecue, seafood, buttered much more, in addition to beer and

wine. Festival guests can bring their own lawn chair or blanket to watch the largest fireworks show in the region at 9:30pm over the Elizabeth River from Town Point Park.

The ABNB Federal Credit Union Main Stage will feature patriotic sounds all evening. The United States Fleet Forces Brass Band will play at 6:30 p.m and the U.S. Fleet Forces Band takes the stage at 8:15 p.m, which leads directly into the fireworks display at 9:30 p.m.

Admission is free and open to the public. For more information, please visit Festevents.org.

The Shore Thing Concert & Independence Day Celebration in Ocean View will feature live music from local dance-pop party band Wonderland, adult beverages, children's activities, and a spectacular firework display at 9:30 p.m. over the Chesapeake

The Shore Thing Concert & Inde corn on the cob, juicy watermelon, and pendence Day Celebration kicks off public. For more information, please the Friday night event series in Ocean visit OceanViewBeachPark.org.

#### **MORE INFORMATION**

#### 37th Annual Fourth of July Great **American Picnic**

Town Point Park, Downtown Norfolk Waterfront July 4, 5:00 p.m.-10 p.m. Fireworks at 9:30 p.m. Live Music: U.S. Fleet Forces Brass Band (6:30pm) and U.S. Fleet Forces Band (8:15 p.m.)

#### The Shore Thing Concert &

FREE and open to the public

**Independence Day Celebration** Ocean View Beach Park, Ocean View in Norfolk Friday, July 5, 2019; 6:00 p.m-10:00

Fireworks at 9:30 p.m Live Music: Wonderland (6:00 p.m.-9:30 p.m.) FREE and open to the public

For more information about the Fourth of July events, as well as additional events throughout the year, including hours, park regulations and parking, please visit Festevents.org or call 757-441-2345.

View. The new-and-improved themed schedule of events at Ocean View Beach Park this summer includes Beach Parties, Family Fun & Movie Nights, the Taste of VA on the Bay, the Backyard BBQ, and the Salsa Dance Party.

Admission is free and open to the



Chief Petty Officer Erica Gardner

#### Virginia Beach native supports Navy's nuclear deterrence

By Lt. Cmdr. Gustav Hein Navy Office of Community Outreach

#### TINKER AIR FORCE BASE, OKLA.

A 2014 Bayside High School graduate and Virginia Beach, Virginia, native in the U.S. Navy supports the nation's nuclear deterrence mission.

Petty Officer 2nd Class Cody Grantham is a Navy aircrewman mechanic serving with Fleet Air Reconnaissance Squadron 3, a versatile command capable of operating E6-B Mercury aircraft under USSTRATCOM operational control providing a survivable and endurable airborne communications link to the nation's strategic

Grantham serves as a mechanic responsible for maintaining the aircraft and keeping it functioning as well as making sure the aircraft can communicate with other vessels in the fleet...

Grantham credits success in the Navy to many of the lessons learned growing up in Virginia Beach.

"Being respectful and using manners has taught me how to get along with people," said Grantham.

The mission stems from the original 1961 Cold War order known as 'Take Charge and Move Out!' Adapted as TACAMO and now the command's nickname, today, the men and women of TACAMO continue to provide a survivable communication link between national decision makers and the nation's nuclear weapons.

The commander-in-chief issues orders to members of the military who operate nuclear weapons aboard submarines, aircraft or in land-based mis-

sile silos. Sailors aboard TACAMO E-6 Mercury aircraft provide the oneof-a-kind and most-survivable communication needed for this critical

"The command is very family oriented," said Grantham.

The Navy's presence aboard an Air Force base in the middle of America may seem like an odd location given its distance from any ocean; however, the central location allows for the deployment of aircraft to both coasts and the Gulf of Mexico on a moment's notice. This quick response is key to the success of the nuclear deterrence mission.

"It means being able to keep Ameri-

ca safe," said Grantham. Sailors serving from America's heartland take pride in the vital mission they support as well as the nuclear deterrence they help provide.

"It provides an opportunity to take care of my family and to protect my fellow Americans," said Grantham.

# Sexually transmitted infections on the rise in military

By Military Health System Communications Office

The rates of certain types of sexually transmitted infections, or STIs, are rising dramatically for both male and female service members, according to a recent report. These STIs include chlamydia, gonorrhea, and syphilis. Data from the Centers for Disease Control and Prevention confirm similar surges for these three types of infections in the civilian population. The current high rates in the military pose challenges for more than 1.3 million DoD personnel, 84 percent of whom are men.

having more than one sexual partner," said

Frankel, referring to the 2015 DoD Health-

Related Behaviors Survey, known as

HRBS. This report documented that one-

fifth of respondents reported having more

than one sexual partner in the past year,

while one-third reported having sex with a

new partner in the past year without use of a

condom. These numbers have doubled

since the last reported survey in 2011, said

Suarez added another factor she's been

seeing: Dating apps can promote random,

anonymous encounters, and when infec-

tions result, that anonymity can make part-

ners difficult to track down. Having anony-

mous sex is one of the CDC's list of behav-

iors that can increase risk of contracting an

STI or HIV. Others include having vaginal,

oral, or anal sex without a condom; having

multiple sexual partners; or having sex

while under the influence of drugs or alco-

hol, which can lower inhibitions and result

In general, STIs spread readily if precau-

tions aren't taken, according to Col. Amy

Costello, chief of preventive medicine at the

Air Force Medical Support Agency. "Chla-

mydia and gonorrhea are quite common;

they can be transmitted vaginally, anally, or

through oral-sexual contact," she said.

"Pretty much any time you have mucous

membrane contact with an infected person,

you have a chance of getting it." She added

in greater sexual risk-taking.

Frankel.

"We have a large number of males in the service, and the population we see normally is the 18 to 25 year olds. STI is most common in that age group," said Norma Jean Suarez, a nurse practitioner in preventive medicine at Brook Army Medical Center in San Antonio. She added that the men she sees often don't know how prevalent STIs are.

"STIs place a significant economic strain on the U.S. and military health care systems," said Maj. Dianne Frankel, an Air Force internal medicine physician and USU preventive medicine resident. In 2012, STIs in the Navy alone accounted for health care costs of \$5.4 million.

"From a military standpoint, STIs can have a significant impact on individual readiness, which in turn impacts unit readiness, which then leads to a decrease in force health protection," said Frankel. She added that there can be serious health consequences for untreated STIs, including, down the road, cancer in the case of genital human papillomavirus, or HPV.

But why are STIs on the rise, and why now? "There appears to be an increase in high-risk behaviors among service members; that is, having sex without a condom or



and HDV decread by street 52 accept. Cha

#### What NOT to believe about STIs

- STIs are only present if I have symptoms.
- It will be obvious to me that my sexual partner has an STI.
- I've been successfully treated in the past for an STI so I'm immune.
- Oral sex is "safe" behavior.
- I don't need to be tested because I trust the person I'm dating, or I've only had one sexual partner and I married that person.
- I only need to be tested if a doctor recommends it.

Courtesy graphic

that syphilis is usually spread through open sores that can be non-painful, meaning an infected person might not know the infection is present.

Not all STIs are on the rise, according to the HRBS. Rates for genital herpes simplex decreased slightly between 2010 and 2018,

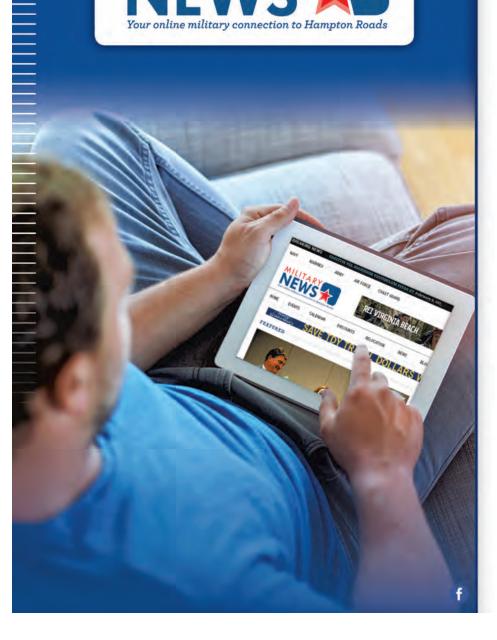
and HPV dropped by almost 52 percent. She credited the widespread adoption of the HPV vaccine for the dramatic decline in the rate of infection.

HIV is another STI of concern. "A lot of service members don't understand that HIV exists on the active-duty military side," said Suarez. "Here in San Antonio alone, we manage 30+ HIV-positive active-duty soldiers." But rates of HIV are much lower in the military than in the U.S. population, Frankel said, adding that numbers for HIV from 2012 – 2017 "have been relatively stable."

Costello said that chlamydia, gonorrhea, and syphilis are bacterial infections that are treated with antibiotics. HPV, herpes, and HIV are viruses and more difficult to treat. She said the most reliable way to avoid getting an STI is to stay away from oral, vaginal, and anal sex unless in a long-term, mutually monogamous relationship with a partner known to be uninfected. But, she added, "That's not a realistic plan for many of our younger service members who aren't yet married or in long-term monogamous relationships." Therefore, condom use is critical, she concluded, and any symptoms should lead to testing.

Efforts are ongoing to combat the rise of STIs through education. "STIs are preventable," said Frankel. "It's important for everyone to know how to protect themselves and their partners."

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**LIONEL** I Artist to perform hits from The Commodores and his solo career

Continued from C1

100 million albums and has achieved countless honors. Some of them include: an Academy Award®, four Grammy Awards, ASCAP's "Publisher of the Year," "Lifetime Achievement Award," as well as 16 American Music Awards, five People's Choice Awards, A World Music Lifetime Achievement Award, TV Land Icon Award, Germany's Echo Award for Lifetime Achievement, Hong Kong's Rojo Award, Goldene Kamera Award, Italy's San Remo Festival Lifetime Achievement Award, National Academy of Recording Arts & Sciences Governors Award, and more.

Lionel has been inducted to both the Alabama Music Hall of Fame and the Songwriters Hall of Fame where he earned their most prestigious award, the Johnny Mercer Award. He was also knighted in France and received their Legionnaire Award. Most recently Lionel put his handprints and footprints in cement at the TCL Chinese Theatre IMAX in Hollywood, one of

the oldest awards in Hollywood.

The story by now is well known. Born and raised on the Tuskegee University campus, Lionel also received his Bachelor's degree in Economics there. It was while he was attending Tuskegee University that Lionel bumped into a couple of members of The Mystics who eventually became The Commodores. Because Lionel was carrying his saxophone, the group thought Lionel could play it. He was really on his way to class so he could learn how to play it.

The group eventually signed with Motown, where Lionel not only wrote such smash hits like "Three Times A Lady," "Still" and "Easy" but performed them as

Lionel has often said that he does not consider himself a singer but more of a storyteller. "I have it all in there," he said. "I grew up in the south, which is country. I lived on a college campus, which is gospel. I had Motown and Philly – international and rock 'n' roll. I had classical on top of that because of my grandmother."

At the request of Kenny Rogers, Lionel wrote the song "Lady" and it became a major hit for Rogers. Lionel also wrote and performed as a duet with Diana Ross the song "Endless Love" for the film of the same name. The song received an Academy Award® and a Golden Globe nomination.

By now, Barry Gordy of Motown knew he had a star in the making and asked Lionel to do a solo album. It worked, with Lionel receiving his very first Grammy for the hit "Truly."

Lionel has always said, 'Thank God for The Commodores because I never would've discovered Lionel Richie.'

In 1983, his album Can't Slow Down became a diamond-certified "Album of the Year" winner. It introduced to the world the now classics "All Night Long (All Night)," "Hello," "Penny Lover" and "Stuck On You."

Lionel's star would continue to the 1984 Olympics Closing Cere-

1985 and 1986 were banner years for Lionel. Not only did Lionel co-write "We Are The World," for USA for Africa and the album We Are The World with Michael

**1** I have it all in there. I grew up in the south, which is country. I lived on a college campus, which is gospel. I had Motown and Philly – international and rock 'n' roll. I had classical on top of that because of my grandmother

Lionel Richie

Jackson in 1985, it was also the rise when in 1984 he performed at same year that his song "Say You, Say Me" would achieve an Academy Award® and Golden Globe Award for "Best Original Song." In 1986 Lionel penned and performed the infectious "Dancing On The Ceiling."

As the years passed Lionel con-

tinued to reinvent himself with such albums as Louder Than Words, Time and Renaissance.

By 2012, Lionel had his tenth full-length album, Tuskegee, where he invited some of country's biggest names such as Blake Shelton, Willie Nelson, Shania Twain, Kenny Rogers and Tim McGraw, to put their own style to Lionel's hit songs. The album went plati-

In 2016, he received one of his biggest honors yet, being named MusiCares "Person of the Year."

"I'm really very proud of this," he said. "As far as I'm concerned, this is the Academy Award of our music business because it means you have a career ... When you say Barbra Streisand, Bob Dylan and Paul McCartney, are you kidding me? When I got in this business I wanted to be like them. When you get recognition like this, it's everything. It really is the top of the mountain when it comes down to what your industry gives as recognition for great work."

Yiorgo is a Hampton Roads arts, entertainment and sports writer. A stage, TV and movie actor, he is also an educator, motivational speaker, writer, storyteller and columnist.

#### **THROWBACK** Airmen beat the Bluejackets, 14-3

Continued from C1

games, all held at McClure Field. In honor of that history, NAVSTA Norfolk now holds an annual Navy World Series Throwback Softball Game.

"It's an honor coaching and playing on this field," said Aviation Ordnanceman Senior Chief, Marvin Knowles. Knowles coached this year's Airmen team. "You realize how special this field is as it relates to, not only the Navy, but the entire country, with it being so old and next year being it's hundredth year."

The events began with a Home Run Derby where each player from both teams had three minutes to hit as many pitches as possible. The two with the highest scores hit against each other in the end, with Fireman Jackson Burke, from the Naval Training Station Bluejackets winning. Following the derby, NAVSTA Norfolk's Command Master Chief, Marc Puco, threw the first pitch to kick off the game.

"I think it's important to have events like this where sailors can come out with their families and have a good time and learn some history at the same time," said Master Chief Puco.

Friday's event was free and open to all military, family members and DOD ID holders. Upon arriving, guests received old-fashioned style tickets and programs with historical facts about the field and old ads to



Members of the Naval Air Station Airmen team celebrate their win during the Navy World Series Throwback Softball game held on June 21st at Naval

show what life was like during the first Navy World Series Games. Food and drinks were available for guests at "throwback" prices, including 50 cent hot dogs.

Station Norfolk's McClure Field.

"I love seeing the history of this field brought back to life. The authenticity of the old-fashioned uniforms and 'throwback' prices for the concessions make it fun. And who doesn't love watching a softball game," said Puco.

This year, the Naval Air Station Airmen beat the Bluejackets with a 14-3 score.

After the excitement of the win, Senior Chief Knowles exclaimed, hopefully, "We're going to keep this winning streak going!" Senior Chief Knowles plans on returning next year to coach.

Naval Station Norfolk plans on continuing this annual event, with next year being the field's centennial celebration. If you'd like to volunteer or try out for next year's teams, contact Naval Station Norfolk's MWR office for more information.

**L** I love seeing the history of this field brought back to life. The authenticity of the old-fashioned uniforms and 'throwback' prices for the concessions make it fun. And who doesn't love watching a softball game?

Marc Puco



# **coming** to theaters

#### THE LION KING (2019) [PG]

Simba idolizes his father, King Mufasa, and takes to heart his own royal destiny on the plains of Africa. But not everyone in the kingdom celebrates the new cub's arrival. Scar, Mufasa's brother – and former heir to the throne – has plans of his own. The battle for Pride Rock is soon ravaged with betrayal, tragedy and drama, ultimately resulting in Simba's exile. Now, with help from a curious pair of newfound friends, Simba must figure out how to grow up and take back what is rightfully his.

#### **CRAWL (2019) [R]**

When a massive hurricane hits her Florida town, young Haley ignores the evacuation orders to search for her missing father, Dave. After finding him gravely injured in their family home, the two of them become trapped by the rapidly encroaching floodwaters. With the storm strengthening, Haley and Dave discover an even greater threat than the rising water level – a relentless attack from a pack of gigantic alligators.

#### **ONCE UPON A TIME IN HOLLYWOOD**

Actor Rick Dalton gained fame and fortune by starring in

a 1950s television Western, but is now struggling to find meaningful work in a Hollywood that he doesn't recognize anymore. He spends most of his time drinking and palling around with Cliff Booth, his easygoing best friend and longtime stunt double. Rick also happens to live next door to Roman Polanski and Sharon Tate – the filmmaker and budding actress whose futures will forever be altered by members of the Manson Family.

#### **FAST & FURIOUS: HOBBS & SHAW [PG-13]**

Ever since hulking lawman Hobbs and Shaw first faced off, the duo have swapped smack talk and body blows as they've tried to take each other down. But when cybergenetically enhanced anarchist Brixton gains control of an insidious bio-threat that could alter humanity forever - and bests a brilliant and fearless rogue MI6 agent, who just happens to be Shaw's sister – these two enemies must partner up to bring down the only guy who might be badder than themselves.

#### DORA AND THE LOST CITY OF GOLD [PG]

Having spent most of her life exploring the jungle with her parents, nothing could prepare Dora (Isabela Moner) for her most dangerous adventure ever – High School. Always the explorer, Dora quickly finds herself leading Boots (her best friend, a monkey), Diego (Jeffrey Wahlberg), a mysterious jungle inhabitant (Eugenio Derbez), and a rag tag group of teens on a live-action adventure to save her parents (Eva Longoria, Michael Peña) and solve the impossible mystery behind a lost city of gold.

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Friday | July 5

7:00 p.m. The Secret Life of Pets 2 [PG]

#### Saturday | July 6

1:00 p.m. The Secret Life of Pets 2 (3-D) [PG] 4:00 p.m. Aladdin (2019) (3-D) [PG] 7:00 p.m. Dark Phoenix [PG-13]

#### Sunday | July 7

1:00 p.m. A Dog's Journey [PG] 4:00 p.m. Dark Phoenix [PG-13] 7:00 p.m. Ma [R]

#### NAS Oceana, Aero Theater – 433-2495

#### Friday | July 5

6:00 p.m. The Secret Life of Pets 2 [PG] 9:00 p.m. Dark Phoenix [PG-13]

#### Saturday | July 6

12:00 p.m. The Secret Life of Pets 2 [PG] 3:00 p.m. Aladdin (2019) [PG] 6:00 p.m. Dark Phoenix (3-D) [PG-13]

#### Sunday | July 7

12:00 p.m. The Secret Life of Pets 2 [PG] 3:00 p.m. Godzilla: King of The Monsters [PG-13]

6:00 p.m. John Wick: Chapter 3-Parabellum

**Schedule is subject to change.** For your weekly movie showtimes and more, check out the navy Mid-Atlantic Region MWR website at discovermwr.com.



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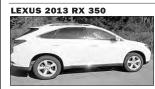
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#### **Super** Crossword

IN RE

**ACROSS** 53 Big show 1 Theater featuring districts female 8 Friendly horses? 59 Part of the 15 See

44-Down 20 Based on logic, not fact 21 Retirement payment 22 Blossom Greek

part 23 Time when those people are most available? 25 Perk 26 Sweetie 27 Boggy area

(drink brand) 29 Detergent brand 31 Fighter of Frazier 32 Cain's eldest

son 38 Boston fish 40 Class that's

43 Carpenter's 46 Gobbling

39 Got the title become stylish again?

intent gaze? 47 Martini liquor 48 Old Pontiac 49 Idling sort

52 "Old man"

23

26

69

122

125

conspiracy 61 Court hearings 63 Flub it up 64 Child of the '60s or '70s

physician 66 Flubs it up 67 Singing syllable 68 Jai — (court sport) 69 Planetary center's top

and bottom? 74 Fillies' feed 75 Where you 76 Sioux City 77 Central

church areas 78 Golf club 79 Certain sib 80 Kebab stick 82 Not moving 83 Reserve tire produced in

Andalusia's capital? 86 Gp. once led by Arafat 87 Rd. with a

88 — Wayne (rapper) 89 Fillies' feed 90 Disentangle

93 Lay the Flintstone? **97** What

waved?

whacker 104 Home of Italy 106 Make a goal **107** — Moines

110 PC-game atty. gen.

compound

124 Be quite enough 126 Malady **127** Pizzer**i**a herb

again, as hair blame on Mr. happens

value playing card is microartist Jean

**111** Early 1960s

house pets? 122 Lyons' river

125 Having eaten

Burana"

114 China's Sun

123 Scrutinize

1 Kind of 2 Galaxy rival 3 "Am too!"

when a low-

102 French Dada 103 Weed

108 QED part "City" dweller

115 Old numbing 117 Very unusual breeds of

retort 4 Twice XXVI 5 Craggy peak 6 "Carmina

composer Carl 7 Filly's father 8 Chimp, e.g. 9 Net fabrics 10 Chant

woman who lived in -12 Life, in brief 13 Uncouth sort 14 Fermi of physics 15 Leadfoot

16 — Luthor 17 Metropolis in 18 Pizzeria. e.g. 19 Stritch of "30

Rock' 24 Occur next 30 Full-size 34 Famed escape artist

36 Shout

pickup model 33 Old PC part

37 Dips in pools

119

127

120 121

41 Suffix with

bureau

42 Endorsed

44 With 15-Across, inclined 45 "Mazel --!"

47 Hair fixative 49 Settings for circus acts 50 Clueless 51 Associate of Stalin

> 55 Aired anew 56 Old flame 57 Most imminent 58 Port of eastern Italy

> 61 Throw lightly 62 Aussie crittér 66 "Silly" birds 67 Simeon I of Bulgaria, e.g. 70 Extract via a

73 Buries 79 Moved like a

short 92 U.K. TV

53 Slight guarrel 54 More rash

60 Suffix with 50-Down or 84-Down

80 Garden

82 Felipe of

84 Not in good health 85 Doe or sow 86 Highly toxic

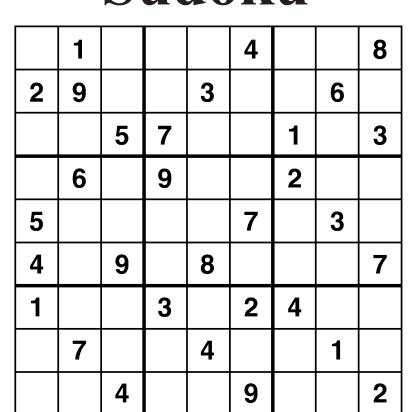
pollutant, for 90 Sales agt 91 Observers

task

116 Tijuana-to-Phoenix dir. 118 Univ. dorm supervisors

#### 93 Soundboard controls 94 Soul great Franklin 95 End result 96 Brought up 97 Daughter of Richard Nixon 98 Natives of Italy's capital 99 Common Jesuit school name 100 2006 actionfantasy film 101 Begins, as a borehole, as 105 "I'm at your disposal' 71 Hockey great 109 Hailed ride Gordie 112 Burkina – 72 Ovine female 113 Tree knot 119 Golfing peg 81 Big iewelry 120 Anil or henna among U.N. 18 19

#### Sudoku



## **CryptoQuip**

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout

> the puzzle. Solution is accomplished by trial and error. Clue: K equals L

RD UDT YTIIDYV FXV MGZFDHU FXGF JGPTMGZFTHVY YKVVIEPW IEKKY JEWXF AV RVYEWPGFVR

#### Last week's CryptoQuip answer

G YKTJAVH JEKK?

If you go back on your promise to keep in touch, you might say that's a breach of contact.

#### last week's answers



123

8	9	3	7	1	4	6	5	2
5	6	7	3	9	2	8	1	4
1	4	2	6	5	8	9	3	7
6	3	1	2	7	9	5	4	8
9	7	4	5	8	6	3	2	1
2	5	8	4	3	1	7	9	6
7	1	6	9	4	5	2	8	3
3	8	5	1	2	7	4	6	9
4	2	9	8	6	3	1	7	5



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