



All vehicles have been abandoned on the Naval Station and are sold as is. There is no guarantee that the vehicles will run. Vehicles are not guaranteed as to year or state inspection.

»See A2

2019 FLEET WEEK NEW YORK COMES TO A CLOSE

05.30.2019-06.05.2019

performed for tens of thousands of onlookers throughout

Service members also participated in a Reenlistment and Promotion Ceremony at the 9/11 Memorial, which celebrated service members' renewed commitment to uniformed military service.

Now in its 31st year, Fleet Week New York (FWNY) is the city's time-honored celebration of the sea services. It is an unparalleled opportunity for the citizens of New York and the surrounding tri-state area to meet Sailors, Marines and Coast Guardsmen, as well as witness firsthand the latest capabilities of today's maritime services.

For up-to-date information on all FWNY events, visit the official FWNY website at: www.fleetweeknewyork.com, "Like" FleetWeekNewYork on Facebook, or "Follow"@FleetWeekNYC on Twitter. FWNY photos can be viewed atwww.dvidshub.net/feature/fwny2019 and Instagram at www.instagram.com/fleetweeknyc. Jointhe conversation on social media by using #FleetWeekNYC

» See FLEET WEEK photos on A6

From Navy Region Mid-Atlantic Public Affairs **NEW YORK**

Five U.S. Navy ships, one Royal Canadian Navy vessel and one Military Sealift Command ship departed the area May 28, signaling the completion of 2019 Fleet Week New York (FWNY). More than 51,000 people visited and toured Navy and Coast Guard ships throughout the week.

VOL. 27, No. 21, Norfolk, VA | flagshipnews.com

Participating ships were:

Pier 88, Manhattan:

- · Kingston-class coastal defence vessel HMCS Glace Bay (MM 701)
- San Antonio-class amphibious transport dock USS New York (LPD 21)

Brooklyn Cruise Terminal:

· Ticonderoga-class guided missile cruiser USS Hué

Homeport Pier, Staten Island:

 Arleigh Burke-class guided missile destroyer USS Jason Dunham (DDG 109)

· Freedom-class littoral combat ship USS Milwaukee

(LCS 5)

U.S. Merchant Marine Academy in Kings Point:

- Cyclone-class patrol coastal ship USS Tornado (PC 14) **SUNY Maritime College in the Bronx:**
- Spearhead-class expeditionary fast transport USNS Burlington (T-EPF-10)

Throughout the weeklong event, more than 2,600 Sailors, Marines and Coast Guardsmen participated in numerous community events, including visits to area schools, revitalization projects with Habitat for Humanity, outreach efforts through Project HOPE, Memorial Day parades, as well as assisting in soup kitchens and senior centers to provide a helping hand to the citizens of New York who graciously hosted them.

Navy, Marine Corps and Coast Guard aviation teams showcased a variety of troop insertions and Search and Rescue demonstrations at and near public parks throughout the area; and Navy divers played tic-tac-toe with visitors from inside of a dive tank and Marines demonstrated martial arts techniques used in today's military in Times Square; and Navy and Marine Corps bands and drill team

New PCS services simplify Sailor moves

From Navy Personnel Command Public Affairs

MILLINGTON, TENN.

To support the summer permanent change of station (PCS) season, Navy Personnel Command (NPC) is taking action to improve the PCS move experience for Sailors and their families.

Sailors who have already completed at least one PCS move, know the process can be quite complex - from the household goods shipment to budgeting for potential out-of-pocket expenses. Navy Personnel Command (NPC) is working with numerous partners across the Navy and Department of Defense to rapidly field numerous customer oriented improvements to simplify the process for hardworking Sailors and their families. The new MyPCS Checklist, a tailored and interactive checklist to assist in move preparation and execution, is available now via My-Navy Portal at https://my.navy.mil.

The MyPCS Checklist provides a comprehensive timeline for action beginning six months prior to the sched-



U.S. Navy

The latest upgrade to MyNavy Portal (MNP) includes a checklist to guide Sailors and their families through their next Permanent Change of Station (PCS) move. My PCS Checklist allows Sailors to easily create their own personalized move checklist and can be found in the Assignment, Leave and Travel section of MNP under the Career and Life Events drop down menu (http://my.navy.mil).

uled move date and takes a Sailor and family through the entire process to include critical post-check-in items. This is available for use by all active and Reserve Sailors.

Chief Mass Communication Specialist Dustin Kelling, assigned to NPC and in receipt of PCS orders, has accessed the MyPCS Checklist for his upcoming transfer.

"MyPCS Checklist works," Kelling said. "It produced a tailored timeline

» See PCS | A7

Housing program reviews: A team approach to monitoring the Navy's housing program

From Commander, Navy **Installations Command Public Affairs**

WASHINGTON

Although private companies provide housing for Navy families, many are unaware that there is a dedicated staff of Navy employees as well as tools to manage, improve and provide oversight for privatized housing - as well

as all Navy housing. One of the tools used includes "Housing Program Reviews," conducted by Commander,

Navy Installations Command (CNIC), which manages and conduct program oversight of the Navy housing programs at its installations. They cover not only privatized family housing, but also military family housing and all unaccompanied housing.

CNIC conducts the reviews, commonly referred to as HPR, collaboratively with Navy regions and installations, using Navy housing policy, metrics, reports, plans and on-site observation.

"The HPR is the most

» See HOUSING | A7



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NAVFAC Mid-Atlantic to host career fair June 1 in Chesapeake: **Naval Facilities Engi**neering Command recruiting for hundreds of open positions

Chesapeake Conference Ctr. 700 Conference Center Drive 9a.m. to 2p.m. » See A7



Vice President Pence thanks first responders, rallies troops at NAS Jacksonville

Pence also personally thanked first responders who assisted when the Miami Air charter Boeing 737 skidded off the NAS Jax runway into the St. Johns River

» See B1

Up to Our Necks in Zoo **Babies**

The Virginia Zoo welcomed a female Masaigiraffecalfon May 20, 2019.

»See C1

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Naval Base auction June 5, 2019

RULES AND REGULATIONS OF THE AUCTION (3/2019)

■ THE VEHICLES:

All vehicles have been abandoned on the Naval Station and are sold as is. There is no guarantee that the vehicles will run. Vehicles are not guaranteed as to year or state inspection. *SPECIAL ODOMETER NOTE: DO NOT rely on the odometer reading, as it could be incorrect. Odometer reading could be more or less. Bidders are explicitly advised to closely examine the vehicle they are bidding on. There are no guarantees expressed or implied.

■ VIEWING OF VEHICLES:

Vehicles may be viewed at SP-123 from 1000 to 1300 on the Monday and Tuesday prior to the day of the auction. There will be a list of vehicles available at the viewing: however, any vehicle may be pulled from the auction up until the close of business Tuesday. Everyone entering the lot must have valid CAC/Military ID card. This auction is only open to our military/CAC card holders. (Active Duty, Retirees, Dependents, Civil Service)

■ BIDDER REGISTRATION:

All bidders must be registered and have a bidder number. Receipt of a bidder number implies an understanding of the legal obligations to these stated rules and regulations. Registration will start at 1000 on the day of the auction at the auction site. Bidders must register their name and address as they wish them to appear on the Certificate to Obtain Title. The MWR Department reserves the right to refuse to register bidders who have previously failed to follow the rules of their auctions. Registered bidders are responsible for all bids under their number. You, the registered bidder, are responsible for bids tendered, irrespective of the designated purchaser of the vehicle. i.e. DO NOT BUY A CAR FOR A FRIEND OR RELATIVE UNLESS YOU ARE PREPARED TO ASSUME RE-SPONSIBILITY FOR THE PURCHASE. The Certificate to Obtain Title must be made out in the name of the winning bidder. Do not bid on a car and then request that the Certificate to Obtain Title be prepared in someone else's name.

■ BIDDING ON VEHICLES:

The auction will normally start at noon on Wednesday at the direction of the auctioneer. The auctioneer will proceed down the row of vehicles taking verbal bids on each vehicle in turn. Bidders who are interested in a particular vehicle should stand near the vehicle so that the auctioneer will hear their bid. All sales are final. Please be sure of the vehicle you are bidding on. Bidders may not participate in the auction while on their phones or electronic devices. The MWR Department reserves the right to refuse any and all bids and to settle any and all disputes involving bids. This is an absolute auction.

There are no extra fees or charges that must be paid. The bid price is the sale price. Once the auctioneer declares a vehicle "sold", the high bidder must sign a Form 1348-I (transfer of government property) acknowledging the bid price.

■ PAYMENT FOR VEHICLES:

IF PAYMENT IS MADE IN FULL ON THE DAY OF THE AUCTION: The highest bidder on each vehicle may pay in full on the day of the auction at SP-314. Such payment must be made in the form of cash or credit card (no checks). If payment is made in full on the day of the auction, the Certificate to Obtain Title (Form 97) will be prepared immediately and presented to the buyer. Payments are taken until 1530 auction day.

IF PAYMENT IS NOT MADE IN FULL ON THE DAY OF THE AUCTION: The highest bidder must pay a minimum of \$20 or 10% deposit, whichever is greater, on the day of the auction. This non-refundable payment may be made by cash or credit card. The remaining balance must be paid with cash or credit card (no checks) within five working days. Payment must be made at the Naval Station Impound Lot office, Bldg SP-314 located at the end of 10th Ave., between the hours of 0900 and 1630. When the complete payment is made within five working days of the auction, the Certificate to Obtain Title will be issued to the buyer. The signed Form 1348-I will act as a bill of sale for removal of the vehicle from the auction site.

FAILURE TO MAKE FULL PAYMENT WITHIN FIVE WORKING DAYS: The failure on the part of the bidder to make full payment within five working days of the auction will make the sale null and void, and result in the forfeiture of any deposits. The vehicle will then be re-offered for public sale at the next abandoned vehicle auction.

■ REMOVAL OF VEHICLES:

Vehicles must be paid for in full before they are removed from the auction site. All vehicles must be towed off of the lot. Buyers have five working days from the day of the auction to remove their vehicle and may do so from 0900-1545 Monday-Friday. Vehicles may not be worked on in the lot of the new location. You must show a signed Form 1348-I, Form 97, or registration for the vehicle to be released. Buyers who have paid in full for their vehicle and have not removed it within five working days will be assessed a \$20 per day/vehicle storage charge. Vehicles left for two weeks from the auction date will be declared abandoned and will be towed. Buyers will then be assessed a towing charge in addition to the \$20 per day storage charge.

■ FURTHER INFORMATION:

Call the Impound Lot office at 444-2631, Monday –Friday, 0900-1700. www.genedanielsauctions.com



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- 1967 BT TRAILER TRAILER 9514B
- 1983 BOAT RBMX0601M83H
- 1987 FORD PICKUP 1FTCF15N3HNA97411
- 1987 JAGUAR XJ6 SAJHY1540KC586733 ■ 1990 MAZDA MIATA JM1NA3514L0110026
- 1991 CHEVROLET S10 1GCCS14E9M0139780
- 1991 FORD F150 1FTEX15N2MKA16089 ■ 1992 CHEVROLET CAPRICE 1G1BL534NR123042
- 1993 VOLVO 240 YV1AS8803P1483418
- 1993 TOYOTA COROLLA JTS2AE04E0P0004600
- 1995 TOYOTA COROLLA 2T1AE09B0SC097624 ■ 1995 GMC PICKUP 2GTFK29S8S12293
- 1996 ACURA INTEGRA JH4DB7655TS005452 ■ 1996 HONDA CIVIC 1HGEJ8146TL004013
- 1996 JEEP CHEROKEE 1J4FX58S6TC310482
- 2001 FORD FOCUS 1FAFP34351W163095 ■ 2002 FORD RANGER 1FTYR14V22TA71657
- 2002 FORD RANGER IFTYRI4V22TA/1657 ■ 2002 SUZUKI MARAUDER JS1VS53A122102684
- 2002 FORD FOCUS 1FAFP36372W184125
- 2002 FORD EXPLORER 1FMZU62E12UC84074 ■ 2002 EZLOADER TRAILER 1ZEAAVMA02A000950
- 2002 GLASTRON SX-175 GLA29344H102 ■ 2003 SUBARU WRX JF1GG29663G801871
- 2003 SUBARU WRA 31 1GG29003G601871 ■ 2003 NISSAN SENTRA 3N1CB51DX3L816178
- 2003 HONDA CIVIC 1HGEM22503L005265
- 2004 CHRYSLER SEBRING 1C3EL55R44N298728 ■ 2004 HONDA ACCORD 1HGCM56394A022709
- 2004 CHEVROLET IMPALA 2G1WF55K449296662 ■ 2004 TOYOTA COROLLA 1NXBR32E04Z50826
- 2004 TOYOTA COROLLA 1NXBR32E04Z5082 ■ 2005 FORD MUSTANG 1ZVFT80N655119982
- 2005 FORD MUSTANG IZVFT80N655119982 ■ 2007 JEEP CHEROKEE 1J8HR58P97C580681
- 2007 JEEP CHEROKEE 138HR58P9/C58068 ■ 2007 HONDA CIVIC 2HGFA555X7H709292
- 2007 FORD 4 DR 2FAHP71W37X109130
- 2007 HONDA ACCORD 1HGCM66517A026149 ■ 2007 CHEVROLET MONTE CARLO
- 2G1WL15C279417994
- 2008 PONTIAC G6 2G2WP552681193904 ■ 2010 NISSAN ALTIMA 1N4AL2AP1AC144147
- 2015 DODGE DART 1C3CDFBH7DD707817 ■ 2015 CHEVROLET SONIC 1G1JG5SB0F4142077
- 2016 CADILLAC SEDAN 1G6DP577560153143 **BOAT**
- BT TRAILER TRAILER NONE



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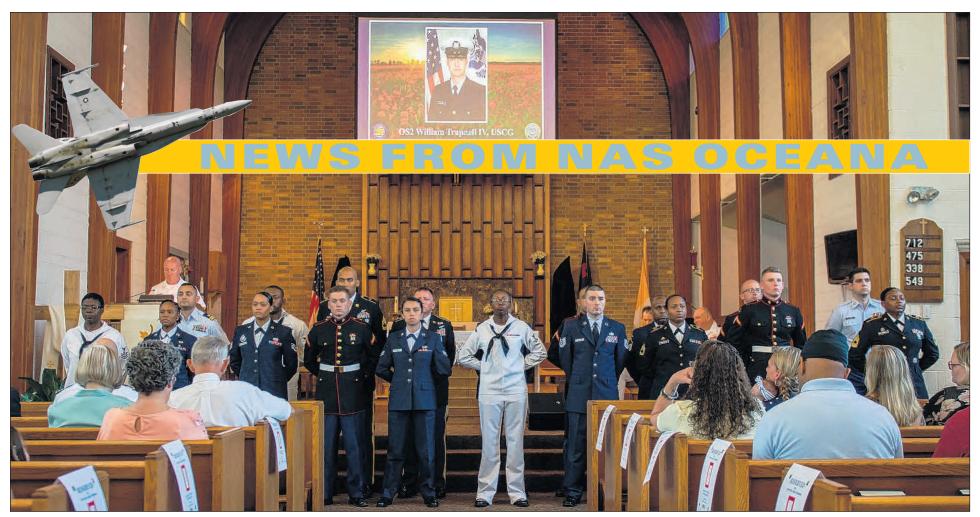
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MC3 Mark Thomas Mahmod

Service members stand at parade rest during the 2019 Roll Call of Remembrance Memorial Day Observance Ceremony at the Naval Air Station Oceana Chapel of the Good Shepherd. The service members read the names of fellow service members who have died while serving on active duty, and a bell was tolled periodically in profound recognition of their absence.

Roll call of remembrance: NAS Oceana honors the fallen

By MC3 Mark Thomas Mahmod Naval Air Station Oceana Public Affairs

VIRGINIA BEACH, VA.

The 2019 Roll Call of Remembrance Memorial Day Observance Ceremony was held May 23 at the Naval Air Station Oceana Chapel of the Good Shepherd to remember members of the United States military who have died while serving on

The event recognized Gold Star family members, including the parents, spouses, siblings, children and adopted family of those fallen service members.

Navy Gold Star is the Navy's official program for providing long-term support to surviving families of military personnel who have died while on active duty.

During the event, proclamations from Ralph Northam, Governor of Virginia, and Roy Cooper, Governor of North Carolina, declaring May as 'Gold Star Cathy Bordeaux, was in attendance at the Awareness Month' were read aloud.

Capt. Chad Vincelette, commanding officer of Naval Air Station Oceana, spoke to those gathered at the chapel, expressing his support for the families and sharing his own personal experiences.

"I think it's very important that we hold an event like this," said Vincelette. "It shows the Gold Star families that their service members are not forgotten. We recognize the sacrifice not only the service member made, but the family made as well."

During the ceremony, the names of over 80 fallen service members with connections to the Hampton Roads area of Virginia were read by active duty service members. A bell was tolled periodically during the roll call in profound recognition of the service members' absence.

One of the Gold Star family members,

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FRIDAY, OCTOBER 18

ceremony. She is the mother of Master-at-Arms 2nd Class Philip Alan Bordeaux, of Durham, N.C., who died August 3, 2013 after a car accident while he was stationed at Naval Support Activity Naples, Italy.

"It's hard coming to events like this, but it feels good to know that he is remembered," said Bordeaux. "As long as we're still shedding tears, we know that his life meant something and he's still a part of our lives."

Bordeaux said she's grateful for the support from the Navy after the loss of her son and thinks events like these are special.

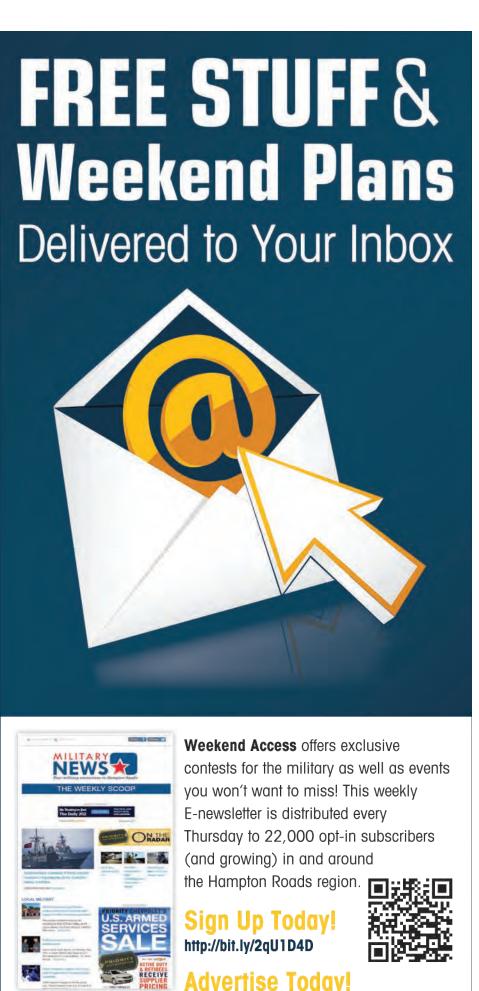
"I think it's great that the Navy holds these events," said Bordeaux. "My husband and I appreciate the support from Oceana and the Navy families who are also remembering their loved ones. The Navy family truly is a Navy family."

Various memorial traditions began all over the country after the Civil War. Families decorated graves with ribbons and flowers to honor the fallen. In 1868, General John A. Logan, leader of an organization for Northern Civil War veterans suggested a nationwide celebration, Decoration Day, be held on May 30th. Decoration Day eventually came to be known as Memorial Day. In 1968, Congress passed the Uniform Monday Holiday Act, establishing Memorial Day as a federal holiday and changing it to the last Monday in May in order to create a three-day weekend for federal employees. This new law took effect in 1971.

While Memorial Day weekend is usually celebrated with food and festivities, it is important to remember the true meaning of the holiday: remembering those who have passed away while protecting the United States.



SEPTEMBER 17



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Good Fellows: 2019 Vannevar Bush faculty fellows announced

By Warren Duffie Jr. Office of Naval Research Public Affairs

ARLINGTON, VA.

How can the neuroscience behind emotion lead to new concepts of artificial intelligence? How does the human brain make fast decisions in real-world scenarios-and what impact does this have on human-to-human and human-machine interactions?

These are just some of the questions being pondered by the 10 scientists and engineers recently announced as members of the 2019 Class of Vannevar Bush Faculty Fellows (VBFF).

The VBFF is the Department of Defense's most prestigious singleinvestigator award, and supports basic research with the potential for transformative impact. Each Fellow receives up to \$3 million over a five-year term to pursue their research.

The fellowship is funded by the Office of the Under Secretary of Defense for Research and Engineering—and administered by the Office of Naval Research (ONR). The VBFF is named for Dr. Vannevar Bush, director of the U.S. Office of Scientific Research and Development after World War II.

"Dr. Vannevar Bush was an ardent advocate for basic research and made creative and innovative contributions to the nation's security," said Dr. Ellen Livingston, the program officer who oversees the VBFF on behalf of ONR. "In line with his vision, the VBFF reflects the DoD's commitment to unfettered research and the exchange of scientific knowledge between the Fellows and the government to benefit our country."

The 2019 winners will join a

group of 55 current Fellows, who conduct basic research in areas of importance to the DoD. They collaborate with DoD laboratories and share insights with leadership and the broader national security com-

The 2019 Fellows are:

- Dr. Andrea Alu, City University of New York: Meta-Materials
- Dr. Dmitri N. Basov, Columbia University: Dynamic Quantum Matters
- Dr. Jian Cao, Northwestern University: Manufacturing Process Compiler
- Dr. Winrich Freiwald, The Rockefeller University: Neuroscience of Emotions
- Dr. Jack Harris, Yale University: Quantum Optomechanics

• Dr. Richard D. James, Uni-

- versity of Minnesota: Mathematical Design of Materials
- Dr. Jon Kleinberg, Cornell University: Large Social and Information Networks
- Boston University: Light-Matter Interactions

• Dr. Siddharth Ramachandran,

- Dr. Paul Sajda, Columbia University: Cognitive Neuroscience
- Dr. Martin Zwierlein, Massachusetts Institute of Technology: Quantum Emulation

"This fellowship supports new, out-of-the box ideas where researcher creativity intersects with the unknown," said Livingston. "The Fellows represent a cadre of experts that provide invaluable direction to the DoD in its scientific efforts—and also train the next generation of scientists and engineers."

Learn more about the Fellows and their research.

For more news from Office of Research, www.navy.mil/local/onr/.



Aircraft carrier USS Harry S. Truman (CVN 75) transits the Straight of Hormuz. Harry S. Truman Carrier Strike Group is deployed supporting maritime security operations and theater security cooperation efforts in the U.S. 5th Fleet area of responsibility.

Truman hosts CNP, industry **leaders**

By MC3 Adelola Tinubu USS Harry S. Truman (CVN 75) Public Affairs

NORFOLK

The Nimitz-class aircraft carrier USS Harry S. Truman (CVN 75) was host to a conference board meeting led by the Chief of Naval Personnel May 21.

Harry S. Truman was chosen as the venue for the Navy's hosting of senior industry executives as part of Navy's membership to "The Conference Board," a non-profit organization based in New York City, whose membership represents more than 70 percent of the Fortune 500 list.

Chief of Naval Personnel Vice Admiral Robert Burke, a member of the Conference Board's executive council, led the event with the goal of informing the nearly 60 conference board guests about Navy practices, workforce readiness and leadership development.

He stressed the importance of continuing to develop processes that care for Sailors and their families.

"Our ships and our aircraft are magnificent," said Burke. "But they are absolutely nothing without our Sailors. We are blessed to have them. Every one of them is special, and we want them to stay Navy."

The day's events consisted of presentations and panel discussions in Truman's hangar bay with Sailors aboard. During the panel discussion, members of the Conference Board were able to ask Sailors of different ranks, rates and backgrounds about their experience in the Navy. Each Sailor was able to respond honestly about why they joined the service and what they would like to see more of in their ca-

"Transparency is one of the things I look for in a good leader," said Religious Programs Specialist 1st Class David Okula. "Ithink that you'll find Sailors more willing to dedicate themselves to the mission and make the sacrifices necessary for success when they feel included and informed about what is going on."

Sailors in attendance expressed their belief that this conference was a step in the right direction toward building a better, more dynamic Navy.

"We are a compliance-based organization," said Rear Admiral John B. Nowell, director of Military Personnel Plans and Policy. "But what we're trying to build is a culture of excellence."

The Conference Board is a non-profit business membership and research group organization. It counts approximately 1,200 public and private corporations and other organizations as members, encompassing 60 countries. The Conference Board convenes conferences and peer-learning groups, conducts economic and business management research, and publishes several widely tracked economic indicators.

Harry S. Truman is currently moored at Naval Station Norfolk, conducting targeted maintenance and training, and remains operationally ready. For information, visit www.facebook.com/CVN75 or www.navy.mil/local/cvn75/.

For more news from USS Harry S. Truman (CVN 75), visit www.navy.mil/local/cvn75/.



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NMCP holds annual quality symposium

From Naval Medical Center Portsmouth Public Affairs Office

PORTSMOUTH, VA.

Naval Medical Center Portsmouth (NMCP) held their second annual Quality Symposium on May 17 hosting lectures, workshops and numerous project presentations from many commands on the east coast.

The symposium featured dynamic speakers who addressed the past, present and future of the quality in military medicine; dozens of poster and podium presentations of process improvement projects implemented by residents and staff at military treatment facilities throughout Navy Medicine East; and a dynamic workshop that provided hands-on cases highlighting the importance of patient safety and quality care.

The lectures that kicked-off the Quality Symposium were titled "What Counts in Coordinating Care for the Complex Patient", and "Driving Healthcare Excellence Through Innovation and Collaboration".

"Over the course of the day, we heard outside speakers in multiple ways tell us we're very good," said Capt. Christopher Culp, NMCP commanding officer. "Validation from somebody who's been one of us and is running a quality program at a university elsewhere is meaningful. Validation from a patient is very meaningful. Validation from a former [chief medical officer] and is now at the next higher level in our chain of command is very meaningful. The reason we are so good is because of all of you."

Following World War II, the Navy joined The Joint Commission to be accredited across the board, not just in surgery, and in the 1970s, increased data and modern quality measures began to be instilled in graduate medical programs. From there, outcome management and total quality management techniques were developed.

"The reason we are good is because of all of you," Culp said. "We've been doing this all along, we just haven't stopped and collected it all in a day to sit and reflect on



MC2 Kris R Lindstrom

David McCarthy, center, a nurse consultant in the Directorate of Quality Management at Naval Medical Center Portsmouth (NMCP), guides staff members through the Hospital Escape Room Workshop at the 2nd annual Quality Symposium at NMCP on May 17.

it. We are going to keep doing that; it's part of the institutionalization of quality, safety, experience and readiness, which just makes us better going forward."

NMCP's Healthcare Simulation Bio Skills Training Center hosted hands-on training simulations for those attending the symposium called the Hospital Escape Room workshop.

"The simulation lab is a safe environment to come in and actually do an assessment on a patient, identify issues or treatments that may be incorrect, with a goal of patient safety," said David McCarthy, an NMCP Quality Management staff member. "This gets folks to come together and network, it gets folks to come and see the most current issues that are out there and some of the process improvements. They can share innovations and bring those innovations back to their commands."

At the conclusion of the symposium, awards were given for six categories for podium presentation – Patient Safety, Quality of Care, Experience of Care, Readiness/Communication, Training/Education, and Trainee; while the top three poster presentations received a first, second and third place overall.

Podium Presentation Winners:

■ Patient Safety

Improving opioid care agreement compliance – Lt. Valerie Vick

■ Quality of Care

A Healing Touch to Post Op Pain – Lt. j.g. Janine Swanson, HM2 Lauren Day, HN Christopher Phillips

■ Experience of Care

What's at My Bedside? Tracking Staff Compliance with Three Newly Implemented

Parent Support Tools – Lt. j.g. Barbara Kent and Catherine Brown

■ Readiness/Communication

Develop TelePain Management Program in Collaboration with WRNMMC. - Mary Beth Friedel

■ Training/Education

Changing Behavior to Optimize Wellness through Nursing Education – Lt. Cmdr.

Stefanie Nochisaki and Kristen Tracker
■ Trainee

Standardization of tBilirubin Documentation at NMCP – USAF Capt. Rachel Stamp-Siegfried

Poster Presentation Winners:

 "Chronic Hepatitis C Screening -Naval Medical Center Portsmouth" – Lt. Mason Pennington

2) "Combination of Higher Oxytocin Rate and Tranexamic Acid on Postpartum Hemorrhage Severity" – Lt. Mason Pennington

3) "Standardized Tissue Process Improvement Improved Quality, Safety and Readiness" – Lt. Cmdr. Christopher Smith, (Presenter Lt. Benjamin Mattox)

As the U.S. Navy's oldest, continuously-operating military hospital since 1830, Naval Medical Center Portsmouth proudly serves past and present military members and their families. The nationally-acclaimed, state-of-the-art medical center, along with the area's 10 branch health and TRICARE Prime Clinics, provide care for the Hampton Roads area. The medical center also supports premier research and teaching programs designed to prepare new doctors, nurses and hospital corpsman for future roles in healing and wellness.

For more news from Naval Medical Center Portsmouth, visit www.navy.mil/local/NMCP/.



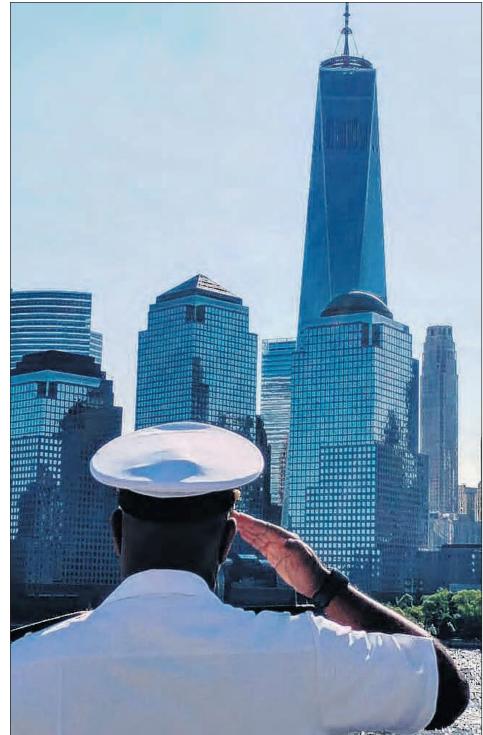
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U.S. Navy



U.S. Navy



U.S. Navy

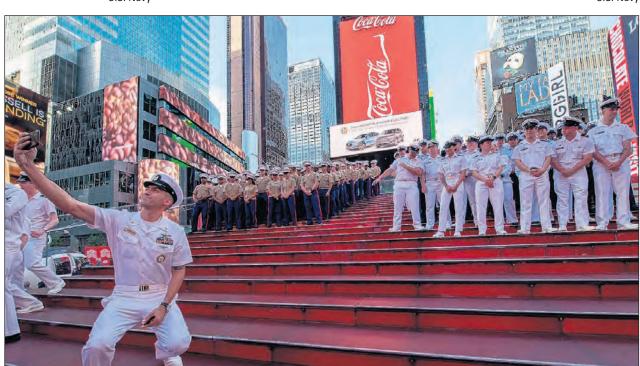












U.S. Navy



MC2 Devin Bowser

Crista Gyates, a resident at Balfour Beatty Housing, raises the American flag at her home in Bennett Shores East, an on-base military housing community at Naval Station Mayport.

PCS / MyPCS Checklist simplifies the process for hardworking Sailors and their families

Continued from A1

based on my desired transfer date and has been an invaluable planning tool for my spouse and me. The timeline is editable as things change and I can download it in a PDF form. That way my spouse and I can both keep up with all the things we have to do."

The MyPCS Checklist currently requires command access card (CAC) access; however, it will ultimately be available for protected use via the web and mobile devices for spouses as well without requiring the use of a CAC.

To reduce the up-front financial burden, Sailors are encouraged to request applicable advance travel entitlements that vary depending on whether the PCS is within the continental U.S. (CONUS) or outside the continental U.S. (OCONUS). The options include dislocation

allowance (DLA), monetary allowance in lieu of transportation (MALT) for mileage reimbursement, per diem for military member and dependents, and lodging and per diem expenses during training en route.

Sailors should contact their Command Pay and Personnel Administrator (CPPA) to facilitate these advance travel entitlement requests. The MyNavy Career Center (MNCC) Contact Center is also an option 24/7, and may be contacted via email, askmncc@navy.mil or by phone at (833) 330-MNCC/6622.

As part of the Navy's ongoing pay and personnel transformation efforts, the recently released NAVADMIN 103/19 announced that next month a new policy is slated for release allowing reimbursement of employment licensure or certification costs for spouses, up to \$500, arising from PCS moves.

In early August, the MyPCS Mobile Solution is scheduled for delivery to the fleet. This provides a modern and simplified means for Sailors to manage their PCS move on a mobile device.

The MyPCS Mobile Solution initially will include mobile access to the MyPCS Checklist and allow Sailors to apply for housing and childcare at their next duty station.

Two upgrades will shortly follow that will provide the ability for Sailors to view their orders (both in a more user friendly "lean" format and in the full text format) and provide the ability to complete a travel voucher on their mobile device.

"This mobile solution will provide Sailors simplified access to the self-service they desire," said Capt. Carol Kushmier, NPC future operations officer, Pay and Personnel Management Department. "It will give Sailors a single place to access PCS information, resources and actions, all on their mobile device. The MyPCS mobile solution will bring greater transparency, accessibility

and convenience to Sailors throughout the PCS process."

There are even more PCS improvements and entitlements in the works, including an intuitive application that consolidates a Sailor's request for both transfer and advance entitlements, replacing two separate request forms that were difficult to understand. Additionally, efforts are underway to gain approval to provide Sailors the full entitlement rates up-front for PCS moves.

"Simplifying PCS for Sailors is one of the key priorities of the overall Navy Transformation efforts," said Ann Stewart, NPC director, Pay and Personnel Management Department, "All of these new services are a direct result of what we are hearing from Sailors and their families during numerous fleet engagements. We're listening and doing our best to make things better for Sailors so they can focus on enhancing readiness and lethality and improving their life/ work balance."

For more news from Navy Personnel Command, visit www.navy.mil/local/npc/.

HOUSING / Navy staff use housing tools to manage, improve and provide oversight for privatized and Navy housing

Continued from A1

effective method to monitor the housing programs," said Greg Wright, director of Navy Housing at CNIC. "While conducting a review, we use a team approach to identify and correct issues, promote efficiencies, validate resources and provide a forum to collect and share best practices."

The CNIC housing team, along with region and installation housing personnel, conducted a review at Naval Station Norfolk and Naval Support Activity Hampton Roads May 13-17. During the one-week, on-site review, the team evaluated unaccompanied housing, staffing, housing referral and other services.

The team also conducted focus groups, which provided an opportunity for Navy personnel to meet with service members and families residing in Public Private Venture (PPV) housing and unaccompanied housing. At the conclusion of the focus groups, team members and housing professionals met one-on-one with residents to address individual questions and concerns.

"We wanted to meet with our residents and listen to their recommendations for the program," said Gabriel Smith, CNIC's PPV housing program analyst. "An open discussion also gave residents the opportunity to ask housing professionals about the program, and residents learned more about the support that the Navy has in place to ensure that their housing needs are met."

Other support available to residents include home-finding services, issue resolution with landlords, and the option to have Navy staff conduct lease review and home visits if issues arise.

"We want our residents to know that we are there for them," Smith added. "If they have any concerns or issues, they can turn to our Housing Service Centers for support. We are here to help."

The review team provided a briefing to the commanding officers of the Navy installations Norfolk and Hampton Roads. A full report will be sent to the base leaders in the coming weeks.

To find your local Navy Housing Service Center, visit www.cnic.navy.mil/Contact-Housing.

For more news from Commander, Navy Installations Command, visit www.navy.mil/local/cni/.

NAVFAC Mid-Atlantic to host career fair June 1 in Chesapeake: Naval Facilities Engineering Command recruiting for hundreds of open positions

From NAVFAC Mid-Atlantic Public Affairs/Communications Office

NORFOLK

Naval Facilities Engineering Command (NAVFAC) Mid-Atlantic will host a career fair June 1 at the Chesapeake Conference Center, 700 Conference Center Drive, Chesapeake, Virginia from 9 a.m. to 2 p.m. in an effort to recruit and fill hundreds of vacancies.

Due to the critical needs, NAVFAC Mid-Atlantic will use Direct-Hire Authority (DHA) from the Office of Personnel Management to fill Department of Defense vacancies quickly. Qualified candidates can receive onthe-spot offers the day of the job fair and be working within weeks.

"We continue to be driven, searching for only the best candidates out there because we only want the best serving our fleet," says NAVFAC Mid-Atlantic Human Resources Director Rebecca Rowe. "DHA gives us the latitude to compete for highly qualified professionals and put them in meaningful positions right away, just as they do in the private sector."

DHA hiring is a part of NAVFAC Mid-Atlantic's overall aggressive strategy to rapidly replenish a workforce serving the Navy's Mid-Atlantic region, stretching from Maine to North Carolina, and across to Illinois. It is an effective tool to recruit the best workers and allowed NAVFAC Mid-Atlantic to hire hundreds of white-collar specialists and skilled tradesmen during its last job fair in October 2018.

Driving this energy to recruit is all about the supporting the needs of the country.

"NAVFAC is here to support the warfighter, pure and simple," says NAVFAC MidAtlantic Business Director Tom Barstow. "The work we have in support of the Navy



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and Marine Corps mission isn't going away in today's global environment. We need to be able to support the requirements set out by the National Defense Strategy and that is rooted in having the right people in the right jobs."

The organization is recruiting for positions in a variety of professional disciplines and to include, but not limited to: Electrical, Mechanical, Civil/Structural, Fire Protection, and Environmental Engineers; Construction Managers; Engineering Technicians; Financial Management Analysts; High Voltage Electricians; Electricians; Air Conditioning Equipment Mechanics; Maintenance Mechanics; Pipefitters/Plumbers; Crane Operators; Riggers; High Voltage Electrical Workers; Heavy Mobile Equipment Mechanics; Boiler Plant Workers; Trade Apprentices and more! NAVFAC Mid-Atlantic representatives would like to meet with local students, alumni, veterans and other

qualified candidates to discuss career opportunities.

NAVFAC Mid-Atlantic recruitment efforts in the Hampton Roads area cover openings at all area bases – Naval Station Norfolk; Joint Expeditionary Base Little Creek-Fort Story and Naval Air Station in Virginia Beach; Norfolk Naval Shipyard in Portsmouth; and Naval Weapons Station Yorktown.

However, because the command spans the east coast from Maine to Georgia, and as far west as Illinois, applicants may also apply for opportunities in Kittery, Maine; Philadelphia, Pennsylvania; Mechanicsburg, Pennsylvania; Newport, Rhode Island; New London, Con-



iStockphoto

necticut; Great Lakes, Illinois; Earle, New Jersey; Crane, Indiana; Havelock, North Carolina; Jacksonville, North Carolina; Albany, Georgia; Parris Island, South Carolina; and Beaufort, South Carolina.

Applicants are encouraged to submit their resumes ahead of the event to NAVFAC_MLHRO@navy.mil. Bringing additional copies of resumes to the job fair as well transcripts, professional licenses and certifications is also useful in securing on-site interviews and immediate job offers.

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Chief of Naval **Operations** honors service members at **Memorial Day** ceremony

»See B6

SECTION B | FLAGSHIPNEWS.COM | 5.30.2019



MC2 Nick A. Grim

Vice President Mike Pence speaks to Sailors during a visit to Naval Air Station (NAS) Jacksonville, May 20, 2019.

VICE PRESIDENT PENCE THANKS FIRST RESPONDERS, RALLIES ROOPS AT NAS JACKSONVILLE

By Kaylee LaRocque Naval Air Station Jacksonville Public Affairs

NAVAL AIR STATION JACKSONVILLE,

Vice President Mike Pence praised first responders and service members during a visit to Naval Air Station Jacksonville

(NAS Jax), May 20. During the visit, the vice president toured Unmanned Aerial Patrol Squadron 19's Mission Control Center, where he flew the "Triton" MQ-4C simulator, and a Patrol Squadron 45 P-8A "Poseidon" aircraft.

Pence also personally thanked first responders who assisted when the Miami Air charter Boeing 737 skidded off the NAS Jax runway into the St. Johns River May 3. The aircraft was on a routine flight late that evening from Naval Station Guantanamo Bay, Cuba.

"The vice president was very personable, humble and appreciative," said NAS Jax Firefighter/Emergency Technician Russell Russ, who was one of the first responders to jump into the river to rescue passengers. "It was an honor to be recognized for what we do."

"I was so honored to meet Vice President Pence and am grateful he took the time to personally meet with us," said Hospital Corpsman 2nd Class Anthony Anello of Naval Hospital Jacksonville who assisted 40 passengers' transportation to the hospital with resources and logistics.

The vice president also took the stage during an all-hands call to address Sailors, civilian employees and family members.

"It's amazing to think that, for nearly 80 years, Naval Air Station Jacksonville has stood watch over our nation's coastline and seas," Pence said. "This is the third largest naval base in the country, and it's here that 20,000 patriotic Americans work tirelessly every day to deliver 'effec-

tive and efficient readiness from

the shore."

Pence highlighted the partnership between the Navy and Customs Border Patrol working together to defend America, and thanked Patrol Squadron's 16 and 26 for strengthening the country's maritime supremacy during

their recent deployments.

He also recognized first responders of the First Coast Navy Fire and Emergency Services, Jacksonville Fire and Rescue Department, Jacksonville Sheriff's Office, NAS Jax Security Department, NAS Jax Air Operations, Naval Hospital Jacksonville and the Coast Guard.

» See PENCE | B7

USS Ronald Reagan begins underway operations in Indo-Pacific



Operations Specialist 2nd Class Christian Furtney, from Kenosha, Wis., stands lookout watch aboard the Navy's forwarddeployed aircraft carrier USS Ronald Reagan (CVN 76) as the ship departs Commander, Fleet Activities Yokosuka for underway operations. Ronald Reagan provides a combat-ready force, which protects and defends the collective maritime interests of the U.S. and its allies and partners in the Indo-Pacific region.

By MC3 Codie L. Soule Commander Task Force 70, Public Affairs

YOKOSUKA, JAPAN

The forward-deployed aircraft-carrier USS Ronald Reagan (CVN 76), along with supporting Commander Task Force 70 units, began underway operations in the Indo-Pacific

Ronald Reagan and CTF 70 units routinely operate in the Indo-Pacific to promote a free and open Indo-Pacific region. For over 70 years, U.S. Pacific Fleet forces have been present and ready to respond in the

Western Pacific to any contingency on behalf of friends, partners and allies.

"Forward presence truly matters. For more than seventy years, our forces have been present and ready to respond im-

» See REAGAN | B7

Navy leadership accelerates lethality with newly designated surface development squadron

face Force, U.S. Pacific Fleet **Public Affairs**

SAN DIEGO

To encourage innovation, experimentation, and combat readiness, Vice Adm. Richard Brown, Commander, Naval Surface Force, U.S. Pacific Fleet (CNSP), announced the establishment of Surface Development Squadron ONE (SURFDEVRON ONE) dur-

ing a ceremony, May 22. SURFDEVRON ONE will integrate unmanned surface vessels (USV) and support fleet experimentation to accelerate delivery of new warfighting concepts and capabilities to the fleet.

Brown, who provided remarks during the ceremony, told the attendees they were

witnesses to the future in Surface Warfare.

"By standing up a command dedicated to developing warfighting capabilities and experimentation, we will ensure the U.S. Surface Navy remains the premiere Surface Navy in the world," said Brown.

SURFDEVRON's primary functions will be to:

- Execute experimentation to support development of new and emerging surface warfighting capabilities.
- Develop material and technical solutions to tactical chal-
- Coordinate doctrine, organization, training, material, logistics, personnel and facilities requirements for unmanned surface systems.

To establish the new com-

» See LEADERSHIP | B7



The power of keeping calm

By Lisa Smith Molinari

The stump outside my house was the perfect place for chopping up earthworms. At least two feet in diameter, there was enough room across its ringed surface for me to sit and slice at the same time.

Despite what one might think, I was and am a non-violent person. But as a child, I believed that worm pieces regenerated. By cutting worms in half, I thought I was multiplying their population, thereby taking part in important zoological conservation work.

I had no idea I was actually committing mass murder.

My parents often scolded me when they found the holes I'd dug in our lawn to collect specimens. I may have even gotten a spanking. It was the 1970s after all.

So, one day when my father ame home and found me chopping a new batch of worms on the stump, he wanted to know where

I'd dug up our lawn this time. Proudly, I told him that our grass was unharmed, because I'd found my worms in the old lady's yard up the street!

He went inside our house, changed into his plaid polyester lounge pants and sweater vest, then came back to the stump. With a lit pipe protruding from his bushy mustache, my father considered his options. Normally, he was loud and a little scary, but this time he calmly announced, "Lisa, you're not supposed to dig holes in people's lawns. We will go to the old lady's house, and you will tell her what you did."

My memory of our walk up the street is patchy. I recall feeling a nervous burning in the pit of my stomach, and tunnel vision that made the old lady's house seem a million miles away. Her porch stairs multiplied as I ascended them. My father waited on the sidewalk.

I don't remember seeing the old

lady open the door. But I will never forget the bone-crushing humiliation I felt while confessing my crime to her.

I went on to make plenty of bad choices in my youth, but I never dug up worms in anyone's yard again. The punishment I received was simple, quiet, and highly effective.

In fact, looking back at mistakes I've made in my 52 years, the most vivid memories are of the quiet times when I was left to consider the gravity of my transgressions. When harshly accused, I recall the punishment, but can never quite remember what I'd done wrong in the first place. The heated emotions of intense moments seemed to drown out the underlying significance, leaving me feeling only sorry for myself.

One of the best lessons I learned as an adult happened when I was a new attorney. My client was one of a dozen defendants in a complicated products liability case. At the deposition of my client (my first deposition ever), I asked the roomful of older male attorneys if I could question my client first, rather than waiting until the other lawyers asked their questions, as was customary. I

would clear my client of liability save everyone a lot of time. They all agreed.

The next day, my boss called me into his office. I had nothing but respect for this seasoned litigator whom I had come to know as my mentor. I sat across the desk from him with my legal pad and pen, jotting down a list of new tasks as he spoke.

"Oh, and one last item, Lisa," he said calmly. "About yesterday. You know, when the other side wants information, they need to work for it. Don't make their job easier."

In that quiet moment, the clutter of my mind parted like the Red Sea, and I could clearly see my error: I had broken a cardinal rule of litigation procedure and felt an acute sense of shame. How could I be so stupid?

Much like the worm massacres of my youth, I certainly wouldn't make that mistake again while practicing law. The lesson was cemented in my mind permanently, never to be forgotten.

In today's world of angry rhetoric, violent attacks and knee-jerk reactions, sometimes it's the quiet voices that are best heard.

was confident that the facts www.themeatandpotatoesoflife.com

Q: What types of family housing are available?

A: There are three types of housing available to families:

Public/Private Venture (PPV) Housing is also referred to as privatized housing in the Navy. The Navy partnered with different private management companies to provide housing to service members. These companies are responsible for the construction, renovation, maintenance and day-to-day management of the housing. PPV housing may be located on or off government property and in most cases will beformer military housing.

Government Owned (also known as Military Housing or Navy Managed Housing is what wasformerlythoughtofwhen we thought about on-base housing. While only available in limited quantities CONUS, Government Owned Housing widely is still available OCONUS.

Community Housing is any housing that a service member may choose that is not PPV or government operated. This is housing outside of the base that is privately owned and operated.

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H2O SMARTS

From CDC.gov

What do surfing, fishing, water skiing, and swimming have in common? They are all lots of fun...and they all take place in, on, or around the water! Water activities are a great way to stay cool and have a good time with your friends or your family. Take along these tips — and your common sense — to get wet, make waves, and have a blast!

Top Ten Tips

- DO learn to swim. If you like to have a good time doing water activities, being a strong swimmer is a must.
- DO take a friend along. Even though you may be a good swimmer, you never know when you may need help. Having friends around is safer and just more fun!
- DO know your limits. Watch out for the "too's" — too tired, too cold, too far from safety, too much sun, too much hard activ-
- DO swim in supervised (watched) areas only, and follow all signs and warnings.
- DO wear a life jacket when **boating**, jet skiing, water skiing, rafting, or fishing.
- DO stay alert to currents. They can change quickly! If you get caught in a strong current, don't fight it. Swim parallel to the shore until you have passed through it. Near piers, jetties (lines of big rocks), small dams, and docks, the current gets unpredictable and could knock you around. If you find it hard to move around, head to shore. Learn to recognize and watch for

dangerous waves and signs of rip currents — water that is a weird color, really choppy, foamy, or filled with pieces of stuff.

- · DO keep an eye on the weather. If you spot bad weather (dark clouds, lighting), pack up and take the fun inside.
- DON'T mess around in the water. Pushing or dunking your friends can get easily out of hand.
- DON'T dive into shallow water. If you don't know how deep the water is, don't dive.
- DON'T float where you can't swim. Keep checking to see if the water is too deep, or if you are too far away from the shore or the poolside.

Water Wisdom:

• Icy

If the water's cold, a wetsuit can be your best friend. Wearing it will make you feel more comfortable, and you'll keep your body temp from dropping to the

danger zone.

• Floaters vs. PFDs Q: Can blow-up objects such as rafts work like life preservers? A: Nope. Although they float,

they won't do the trick. • Did You Know?

Water covers 80 percent of the

• Lifeline

If you see someone struggling in the water, go get help. You can also throw out a life preserver or other object that floats, BUT DO NOT JUMP IN YOURSELF! If you jump in without anyone else around, who will help save YOU if there is a problem?

• Watch Out for Mother Na-

Even if you are an Xpert, Jet Skiing

things that you can't control can get you into trouble.

Look out for signs warning you that the water is not clean, because polluted water could make you sick. (And even if it is clean, try not to swallow it. Yuck!)

It's also smart to keep clear of objects in the water like water plants and animals. They can cause problems for you so, if you see them — go the other way. (You've heard about what jellyfish and snapping turtles can do, right?)

Finally, if you're outside, you need to guard against the sun. Those burning rays reflect off the water and sand onto you...and they can really spoil the fun! So, rub on some sunscreen to get sun

• The Deal on Water Parks

If you've ever been to a water park, you know that they are so-o much fun! Read these BAM! need-to-knows for having a great time on ride after ride.

Read all the signs before going on a ride. Make sure you are tall enough and old enough. Ask questions if you are not sure about how you're supposed to go on the ride. (On most water slides, you should go down face up, arms crossed behind your head, and feet first with your ankles crossed.)

When you go from ride to ride, don't run. It's slippery!

Bumping into others on a slide can hurt. That's why no "chains" of people are allowed on water rides. So, count five seconds after the rider ahead of you has gone before you take your turn.

Wear a life preserver — the park supplies it for a reason.

· The Deal on Boating and

Skimming over the water is a great ride. You probably aren't driving a boat or jet ski yourself just yet, but they are lots of fun to ride with an adult! (Remember, they like to have fun too!) You and your parents can check the state rules for how old you have to be, and cruise through this boating site.

Stay alert! When you're riding, keep a lookout for other boats, jet skiers, water skiers, divers, and swimmers. Who has the right-ofway? Generally, drivers should keep to their right when they are passing other boats — just like you do when you are walking in the hall at school.

Always ride at a speed that will let you stay in control so you can stop or go another way if you need to. It's also not a good idea to jump wakes (tracks in the water left by other boats or jet skis) or speed through choppy water, because it's easy to loose control.

Do not ride with a driver who has been drinking alcohol.

Make sure you know and practice what to do if someone falls out of the boat.

Some people teak surf (hold on to the back of the boat and then let go to ride the wave that the boat makes), but you shouldn't copy them. Teak surfers get too close to the boat, don't wear life jackets, and breathe exhaust fumes (chemicals) that the boat makes. Sounds like a bad idea to

There are a whole lot of ways to have a great time in the water. So, get out there and...

- Swim like a fish!
- Feel the rush of riding the rapids while white water rafting!
 - Catch a wave! Go surfing! • Break the wake!
 - Make a splash! Try diving!



MC1 Scott Bigley

Official U.S. Navy file photo of the hospital ship USNS Comfort (T-AH 20).

From U.S. Southern Command **Public Affairs**

MIAMI

The U.S. Navy hospital ship USNS Comfort (T-AH 20) will return for another deployment to South America, Central America, and the Caribbean result of the humanitarian crisis created by the ongoing political and economic instability in Venezuela.

Comfort medical teams will pull in to Colombia, Costa Rica, Dominican Republic, Ecuador, Grenada, Haiti, Jamaica, Panama, Saint Lucia, St. Kitts and Nevis, and Trinidad and Tobago for working port visits.

"This deployment responds mid-June to begin a five-month directly to the man-made crisis medical assistance mission as a Maduro's regime has created," said U.S. Navy Adm. Craig Faller, commander of U.S. Southern Command, which will

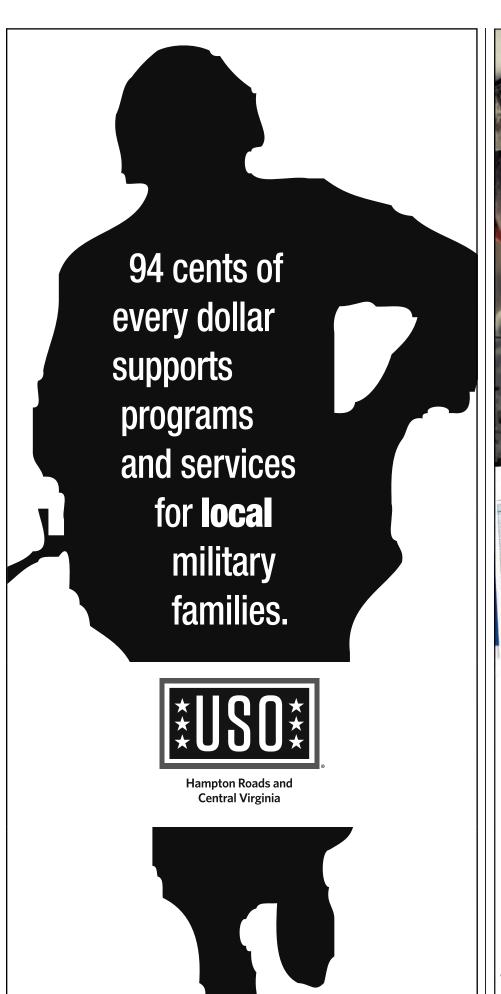
oversee the deployment. "Comfort medical teams will be working alongside host nation medical professionals who are absorbing thousands of Venezuelan migrants and refugees. The Venezuelan people are desperately fleeing their homeland for hope of a better way of life. We are committed to finding ways to support the Venezuelan people and our regional partners who share the goal of seeing a legitimate, democratic govern-

ment reinstated in Venezuela."

From October to December 2018, Comfort completed its sixth deployment, an 11-week deployment for medical support to Ecuador, Peru, Colombia and Honduras, helping more than 26,700 patients in need, including 599 onboard surgeries.

This marks the seventh hospital ship deployment to the region since 2007. The embarked medical teams will provide care on board and at land-based

medical sites, helping to relieve pressure on national medical systems strained partly by an increase in cross-border migrants. As with the last deployment, the plan is to embark medical professionals from partner nations to join in the effort to provide medical care to patients. The deployment reflects the United States' enduring promise of friendship, partnership and solidarity with the Americas.





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Three F-35C Lightning II aircraft attached to the "Argonauts" of Strike Fighter Squadron (VFA) 147, the "Rough Raiders" of Strike Fighter Squadron (VFA) 125 and the "Grim Reapers" of Strike Fighter Squadron (VFA) 101, all attached to Commander, Joint Strike Fighter Wing, complete a flight over Eglin Air Force Base in Fort Walton Beach, Fla., Feb. 1, 2019. Commander, Joint Strike Fighter Wing, headquartered at NASL ensures that each F-35C squadron is fully combat-ready to conduct carrier-based, all-weather, attack, fighter and support missions for Commander, Naval Air Forces. With its stealth technology, advanced sensors, weapons capacity and range, the F-35C will be the first 5th generation aircraft operated from an aircraft carrier.

From Joint Strike Fighter Wing **Public Affairs**

EGLIN AIR FORCE BASE, FLA.

The last F-35C belonging to Strike Fighter Squadron (VFA) 101 "Grim Reapers" left its home base at Eglin, AFB in Fla. for Naval Air Station Lemoore (NASL) as the squadron deactivated after more than seven years of training F-35C pilots and Sailors and Marines.

Grim Reaper origins can be traced back to 1942. Homeported at NAS San Diego, the squadron was originally known as VF-10 and was flying the F4F Wildcat off USS Enterprise (CV 6) in the Pacific during WWII. After the Battle of Guadalcanal, they returned to the United States and transitioned to the F6F-Hellcat, redeploying to the Pacific aboard Enterprise before eventually transitioning to the F4U Corsair and re-engaging in Pacific air strikes during WWII. In 1945, VF-10 deactivated at NAS Almeda.

In 1952, VF-101 was commissioned at NAS Cecil Field, Fla., assuming the nickname and traditions of the previous VF-10 "Grim Reapers," thus continuing that legacy, flying FG1-D Corsairs in the Korean War. Since then, the Grim Reaper insignia has graced the tail flash of the F2H Banshee, the F4D Skyray, the F3H Demon, the F-4 Phantom II and the F-14 Tomcat. VF-101 was deactivated September 2005.

VFA-101 reactivated in May 2012, on the 60th Anniversary of the Grim Reapers, as the first

66 Consolidating resources enables leadership to better support Fleet Replacement Squadron training and operational squadron transitions, both for the Navy and Marine Corps."

> U.S. Navy F-35C Wing Commodore, Capt. Max McCoy

Lightning II Fleet Replacement Squadron (FRS) for the F-35C. Since then, the squadron has trained more than 75 Navy and Marine Corps F-35C pilots, accepted more than 30 aircraft, trained more than 1,200 F-35C maintainers and flown nearly 11,000 flight hours.

"The contributions that VFA-101 has made to the F-35C community will not diminish as this program grows," said VFA-101 Commanding Officer Cmdr. Adan Covarrubias. "The original cadre of maintainers and pilots have left a legacy that is evidenced in all aspects of this community. Their influence will continue long after the squadron's doors



Angel DelCueto

The official party stands at attention during the rollout ceremony for the U.S. Navy's first F-35C Lightning II carrier variant aircraft squadron the Grim Reapers of Strike Fighter Squadron (VFA) 101.

Almost 200 people attended Thursday's ceremony as the last Grim Reaper F-35C began its journey to Naval Air Station Lemoore. Attendees included past and present Grim Reaper pilots, crew and family members. Most notably, family members of the original VF-10 Grim Reapers, the Capt. William R. Kane family and the James H. Flatley family, of which there were three generations of Grim Reaper pilots, were in attendance.

The majority of F-35C pilots at VFA-101 will remain in the

F-35C community, transferring to VFA-125, VFA-147, VX-9 and Commander, Joint Strike Fighter Wing. Roughly, more than 50 percent of Sailor maintainers from the Grim Reapers will also remain in the F-35C community either at Naval Air Station Lemoore with VFA-125 or VFA-147 or at VX-9 at Edwards Air Force Base.

The deactivation of VFA-101 will not change or alter, in any way, the U.S. Navy Enlisted Maintenance training that is conducted at the Academic Training Center (ATC) at Eglin AFB and the Navy's support of Test & Evaluation joint development with the U.S. Air Force, U.S. Marine Corps and the partners at Eglin Air Force

Naval Air Station Lemoore (NASL) is the home-base for Commander, Joint Strike Fighter Wing, the Navy's F-35C fleet squadrons and the Fleet Replacement Squadron (FRS), VFA-125 that trains Navy and Marine Corps CVNbased JSF pilots. To accommodate the F-35C program at NAS Lemoore, several facilities were built or remodeled to facilitate specific F-35C requirements with regard to maintenance and training, including a Pilot Fit Facility, Centralized Engine Repair Facility, Pilot Training Center, and a newlyremodeled Hangar. Future projects are planned as additional Navy squadrons transition into the F-35C. Marine Corps F-35C squadrons will be based at Marine Corps Air Station Miramar, CA.

"When we assessed the requirements to establish and mature the F-35C community, NAS Lemoore was the right place to home-base our Sailors and aircraft," said U.S. Navy F-35C Wing Commodore, Capt. Max McCoy. "Consolidating resources enables leadership to better support Fleet Replacement Squadron training and operational squadron transitions, both for the Navy

and Marine Corps." McCoy also went on to explain the benefits of integrating F-35C assets with existing F/ A-18E/F aircraft, currently stationed at NAS Lemoore. "Home-basing the F-35C at NAS Lemoore also gives Sailors the flexibility to move from 'sea' to 'shore' billets without leaving NAS Lemoore. The F-35C is part of the Navy's Strike Fighter community. Colocating 4th and 5th generation aircraft accelerates carrier air wing integration, making our carrier strike groups more lethal and survivable. NAS Lemoore is a catalyst for how we will train, maintain and sustain future carrier air wing capability."

The mission-ready F-35C is the latest addition to U.S. Navy's Carrier Air Wing. With its stealth technology, state-ofthe-art avionics, advanced sensors, weapons capacity and range, the aircraft carrierbased F-35C provides unprecedented air superiority, interdiction, suppression of enemy air defenses and close-air-support as well as advanced command and control functions through fused sensors. These state-ofthe-art capabilities give pilots and combatant commanders unrivaled battlespace awareness and lethality.

For more news from Naval Air Station Lemoore, visit www.navy.mil/local/nasl/.



Two F-35C Lightning II aircraft fly in formation over Naval Air Station (NAS) Lemoore with to two F/A-18E/F Super Hornets from Strike Fighter Squadron (VFA) 122, the "Flying Eagles" . The flight is part of a six-day visit by Strike Fighter Squadron (VFA) 101, the "Grim Reapers," based at Eglin Air Force Base, Florida, to NAS Lemoore, the future basing site for the F-35C. The F-35C will complement the capabilities of the F/A-18E/F Super Hornet, which currently serves as the Navy's premier strike fighter.

Innovative SPAWAR leader and dedicated Navy officer receives 2018 Copernicus Award

By Elisha GamboaSpace and Naval Warfare Systems Command Public Affairs

SAN DIEGO

A superior leader and technical expert at the Space and Naval Warfare Systems Command (SPAWAR), Space Field Activity (SSFA), was presented with the 2018 Copernicus Award May 15 at the TechNet Cyber Conference in Baltimore, Md. at the Baltimore Convention Center.

Lt. Cmdr. Jason Vining accepted the award, presented by Vice Adm. Nancy Norton, director of the Defense Information Systems Agency (DISA) and the commander of the Joint Force Headquarters Department of Defense (DoD) Information Network; Lt. Gen. (ret) Robert Shea, president and chief executive officer of the Armed Forces Communication and Electronics Association (AFCEA); and Mr. Bill Hamblet, U.S. Naval Institute editorin-chief of Proceedings Magazine.

Co-sponsored by AFCEA International and the U.S. Naval Institute, the Copernicus Award recognizes individual contributions to naval warfare in the disciplines of command, control, communications, computers, and intelligence (C4I), information systems or information warfare.

"A truly innovative leader in the highly technical field of overhead signal intelligence, Lt. Cmdr. Vining embodies the ideals of the U.S. Navy, Aerospace Engineering Duty Officer Community, Navy Space Cadre and Intelligence Communi-

ty," said SSFA Commanding Officer Capt. Andy Berner.

Vining was recognized for his effective program management skills, strategic foresight, keen knowledge of C4ISR acquisitions and technical expertise in space and signal intelligence (SIGINT) systems.

As the Deputy Program Manager at the National Reconnaissance Office (NRO) for a national signal intelligence (SIGINT) research, development, test and evaluation satellite system, Vining paved the way for a phased growth and development plan. He targeted cutting-edge technologies and techniques that will have an immediate positive impact on the National Defense Strategy in overhead intelligence, surveillance and reconnaissance (ISR) as well as non-traditional space-based SIGINT.

Additionally, Vining oversaw the initiation of a new project that will allow the Intelligence Community unprecedented access to the radio frequency spectrum in an effort to meet the C4ISR goals of the U.S. Navy and all other services across the DoD.

"It is an honor to be selected to receive such a prestigious award, as I am dedicated to the innovative development and delivery of information warfare technologies," said Vining. "The battle field for information warfare knows no boundaries and using innovation to leverage our Space Based assets is a critical component in enabling a Fleet that can fight and win in today's information driven environment."



U.S. Navy

Lt. Cmdr. Jason Vining from Space and Naval Warfare Systems Command (SPAWAR), Space Field Activity (SSFA), is presented with the 2019 Copernicus Award, for achievements in 2018, May 15 at the TechNet Cyber Conference in Baltimore, Md. at the Baltimore Convention Center. (I-r) Capt. Bill Hamblet, USN (Ret.), U.S. Naval Institute editor-in-chief for Proceedings Magazine; Lt. Cmdr. Jason Vining; Vice Adm. Nancy Norton, USN, director of Defense Information Systems Agency/Commander, Joint Forces Headquarters-Department of Defense Information Network; and Lt. Gen. Robert Shea, USMC (Ret.), president and CEO for AFCEA International.

Copernicus Award recipients are selected annually based on their sustained superior performance in a C4I or IT-related job. A board of judges reviews applications from the Navy, Marine Corps and Coast Guard, including active duty and civilians.

The entire list of 2018 winners, can be found at: https://www.afcea.org/site/?q=awards/copernicus

SSFA was established to coordinate naval space and warfare systems activities within the NRO. SSFA personnel provide tactical maritime operational expertise, acquisition acumen and technical engineering competence to the NRO to develop superior and affordable space systems

in support of national, joint and naval operations.

SPAWAR identifies, develops, delivers and sustains information warfighting capabilities supporting naval, joint, coalition and other national missions. SPAWAR consists of more than 10,000 active duty military and civil service professionals located around the world and close to the fleet to keep SPAWAR at the forefront of research, engineering and acquisition to provide and sustain information warfare capabilities to the fleet.

For more news from Space and Naval Warfare Systems Command, visit www.navy.mil/local/spawar/.

USNS Lawrence H. Gianella completes its final underway mission

By Bill MestaMilitary Sealift Command Public Affairs

NORFOLK

Military Sealift Command's last champion class T-5 petroleum tanker, USNS Lawrence H. Gianella (T-AOT 1125), completed its final underway mission for the U.S. Navy by sailing down the Elisabeth River to downtown Norfolk, Virginia in support of Na-

tional Maritime Day, May 23.
Christened April 19, 1986,
USNS Lawrence H. Gianella's
primary role has been to perform
point-to-point delivery of petroleum products to Department of
Defense storage and distribution
facilities worldwide.

"USNS Lawrence H. Gianella is the last and longest serving U.S. government owned champion class T-5 Tanker," said Matthew Sweeney, Military Sealift Command tanker project officer. "As the longest serving T-5 Tanker she moved more petroleum for the U.S. military than any other vessel in U.S. military history."

"USNS Lawrence H. Gianella was the last of five T-5 tankers built," said Capt. Robert J. Mills III, USNS Lawrence H. Gianella's ship master since 1998. "The Gianella is a liaison between commercial petroleum terminals and Department of Defense fuel facilities around the world."

The other T-5 tankers in the U.S. Navy's inventory were the MV Gus. W. Darnell (ATO-1121), USNS Paul Buck (T-AOT 1122), USNS Richard G. Matthiesen (T-AOT 1124) and the USNS Samuel L. Cobb (T-AOT 1123).

"Military Sealift Command operated its T-5 tankers in each of its five area commands, MSC Atlantic, MSC Pacific, MCS Central, MSC Far East and MSC Europe and Africa," added Mills.

USNS Lawrence H. Gianella is the last non-combat logistics force petroleum tanker in MSC service capable of providing underway replenishment-at-sea services with combatants using the modular fuel distribution system (MFDS), according to Sweeny.

"Fuel is the lifeblood of the U.S. Navy's combatant fleet," said Mills. "USNS Lawrence H. Gianella is able to re-stock MSC's fleet oilers and Navy combatant ships while at sea using its two re-fueling stations. We would pull into port and bring fuel to our fleet oilers so that they could remain at sea."



Bill Mesta sion before

The Military Sealift Command petroleum tanker USNS Lawrence H. Gianella (T-AOT 1125) pulls into downtown Norfolk, completing its last mission before being deactivated, May 23, 2019. The ship pulled into the Waterside District to support National Maritime Day activities. Christened in 1986, USNS Lawrence H. Gianella delivered petroleum products to Department of Defense storage and distribution facilities worldwide.

Over the course of USNS Lawrence H. Gianella service, the ship has provided direct support to the warfighters in multiple

"During the Iran-Iraq War in 1988, USNS Lawrence H. Gianella supported U.S. fleet and convoy operations in the Gulf of Oman and Persian Gulf by providing fuel consolidation (CONSOL) support to MSC fleet oilers," according to Sweeney. "The ship also provided CONSOL and petroleum logistics support for Operation Desert Shield, Operation Desert Storm, Operation Iraqi Freedom and Operation Enduring Freedom."

As an ice class oil tanker USNS Lawrence H. Gianella has performed numerous Arctic and Antarctic resupply missions since the mid-1980s.

"USNS Lawrence H. Gianella, is fitted with reinforced framing on the hull which allowed us to sail through icy waters to support the annual resupply missions Operation Deep Freeze in Antarctica and Operation Pacer Goose at Thule Air Base, Greenland, in the Arctic," said Mills, "We have supported a total of 11 of these missions."

USNS Lawrence H. Gianella also performed duties as part of MSC's pre-positioning fleet. Prepositioning is an essential element U.S. Military's strategy which involves placing military equipment and supplies aboard ships located in key ocean areas to ensure rapid availability during a major theater war, humanitarian operation or other contingency.

"From 2009-2012, we were part of the prepositioning fleet out of Diego Garcia," said Mills. "While in this role, the ship was on standby to respond to a crisis in a variety of areas including the Persian Gulf, Africa, or locations in the Far East."

"While in the MSC inventory, USNS Lawrence H. Gianella has incurred minimal down time and its length of time in service is a testament to how well this ship was built," said Mills.

USNS Lawrence H. Gianella is owned by MSC and crewed by civilian mariners from Ocean Ships Inc., whose duties include running the deck department, engine department and steward's de-

partment.

"We have typically been crewed by 23 civilian mariners and occasionally travel with two

maritime academy cadets," Mills said. "In addition to myself, we have a chief mate, two third mates, one bosun, five able bodied seamen, and two deck engine utilities."

"On the engine side of the crew, we have one chief engineer, one first engineer, and a second engineer," he added. "The engine team also includes one pump-men and two qualified members of the engine department.

"Our galley is crewed by one steward, one cook and two galley steward utilities personnel," according to Mills.

The ship's namesake, Lawrence Henry Gianella, recipient of the Merchant Marine Distinguished Service Medal, was born on February 15, 1921 in California. On December 19, 1941, Gianella was serving as the radio operator on board unarmed U.S. freighter S.S. Prusa when Japanese submarine I-172 torpedoed and sank the ship in the mid-Pacific Ocean, according to the Naval History and Heritage Command website.

The explosion blew through Prusa's after decks, wrecking the engines and dynamos, and it became immediately apparent that the ship would remain afloat for only a few minutes.

The ship's master ordered the crew to prepare to abandon ship, and an officer directed Gianella to send an S.O.S., but found the radio operator already engaged in rigging an emergency set.

The crewmen meanwhile lowered lifeboats, and the master sent orders to Gianella to join them. He had not been able to get his message through, however, and realizing that upon him rested all hope for the rescue of his shipmates, Gianella refused to leave his post and chose to face certain death in his stark devotion to duty.

"We, the crew of USNS Lawrence H. Gianella feel very fortunate to have had the opportunity to serve aboard this ship," Mills concluded. "Serving aboard this ship has been very much like serving with family."

The five sister ships of the USNS Lawrence H. Gianella were also named after Merchant Marine Distinguished Service Medal honorees.

Upon deactivation, USNS Lawrence H. Gianella will be placed in lay-up in coastal Texas.

For more news from Military Sealift Command, visit www.navy.mil/local/MSC/.

Chief of Naval Operations honors service members at Memorial Day ceremony

From U.S. Pacific Fleet Public Affairs

HONOLULU

Chief of Naval Operations Adm. John Richardson honored America's fallen service members at the 70th Mayor's Memorial Day Ceremony at the National Memorial Cemetery of the Pacific at Punchbowl, May

"Thank you for the honor of speaking on Memorial Day, a day dedicated to those who have served our nation so that we can live, work, and worship freely," Richardson said. "We honor these heroes who have fought and died in every major conflict during our country's 243-year history."

Richardson also spoke about the shared values of the heroes of years past and the men and women of today's Armed Forces.

"A lot changed in the Navy between 1941 and 1945, and a great deal more between 1945 and today, but the values these Americans lived are timeless: integrity, accountability, initiative and toughness," Richardson said. "Today, the men and women of the U.S. Navy continue to draw inspiration from them and from the generations who preceded us."

Honolulu Mayor Kirk Caldwell also spoke about the significance of the day and what it means to him on a personal level.

"This is a special place - wahi pana," said Caldwell. "And Memorial Day is a special day. For me it's more about peace than war. It's about the people that fought for peace, and not for war."

More than 40 military organizations presented wreaths at the memorial to honor the nation's fallen service members. Additionally, nearly 38,000 lei were made and placed on gravesites at the memorial.

Memorial Day, previously known as Decoration Day, became a national holiday in 1971, and is celebrated the last Monday in May. Memorial Day honors those that have lost their lives serving in the military.

For more news from U.S. Pacific Fleet, visit www.navy.mil/local/cpf/.



Chief of Naval Operations Adm. John Richardson delivers remarks during the Mayor's Memorial Day Ceremony at the National Cemetery of the Pacific at Punchbowl. The ceremony honored veterans who made the ultimate sacrifice in service to their nation.

11 "A lot changed in the Navy between 1941 and 1945, and a great deal more between 1945 and today, but the values these Americans lived are timeless: integrity, accountability, initiative and toughness."

> Chief of Naval Operations Adm. John Richardson

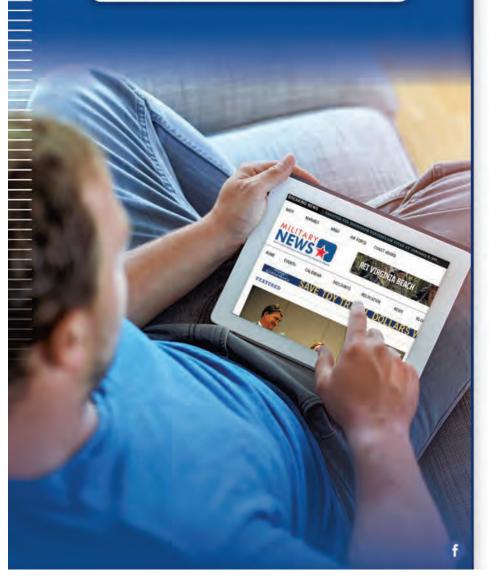


Chief of Naval Operations (CNO) Adm. John Richardson and his wife, Dana, render honors during the National Anthem at the 70th Annual Mayor's Memorial Day Ceremony at the National Memorial Cemetery of the Pacific. Richardson is visiting Hawaii to participate in Memorial Day services and meet with Sailors.

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LEADERSHIP / SURFDEVRON ONE to accelerate new warfighting capabilities

Continued from B1

mand, CNSP re-designated Zumwalt Squadron ONE (ZRON ONE) to SURFDEVRON ONE to accelerate new warfighting capabilities to the surface force and lead Fleet integration of unmanned surface vessels. Commanders, U.S. Fleet Forces Command and U.S. Pacific Fleet, approved the SUR-DEVRON ONE plan, and Chief of Naval Operations endorsed it earlier this year.

Capt. Henry Adams relieved Capt. Scott Carroll during a combined change of command/establishment ceremony.

"ZRON ONE embodied Adm. Zumwalt's legacy of warfighting innovation by leading fleet integration of the revolutionary ship class that bears his name," said Carroll. "Establishing this new squadron – with its focus on experimentation and future warfighting technology – fulfills and extends ZRON's purpose to the rest of the Surface Navy. Although the name has changed, I'm proud to note that ADM Zumwalt's innovative legacy will persist."

"I want to recognize and thank Capt. Scott Carroll for his leadership and hard work while Commander of the ZRON," said Brown. "His leadership was crucial to the introduction of the Navy's newest and most technologically advanced ship class. He ensured the Zumwalt class was properly manned, the Sailors specifically trained to operate the advanced warfighting systems, and the required material readiness was in place to conduct sustained

combat operations at sea."

Adams is SURFDEVRON ONE's first Commodore. Previously, he led CNSP's Commander's Action Group (CAG) and served as Commander, Destroyer Squadron TWO ONE (CDS 21). Other previous command tours include USS Stethem (DDG 63) and USS Thunderbolt (PC 12).

"It's an honor and a privilege to lead the SURFDEVRON ONE team as we work to execute the Navy's and surface warfare community's vision to build an organization focused on fleet innovation and experimentation," said Adams. "We look forward to the challenge and to working with the broader community of interest – both inside and outside of the Navy – as we collaborate to realize SURFDEVRON ONE's full potential."

"Hank, throughout your career you have taken on challenges with professionalism, energy, and enthusiasm," Brown added. "We charge commanders to be ready to 'accept the extraordinary responsibility of command with full regard,' and this will be extraordinary."

The stand-up of SURFDE-VRON ONE will be executed in phases over the next several years until it reaches full capacity and capability.

SURFDEVRON ONE draws on the urgency within the National Defense Strategy (NDS), which acknowledges, "We cannot expect success fighting tomorrow's conflicts with yesterday's weapons or equipment, and exercising a strategy proven in other Navy warfighting communities." SURFDEVRON ONE also aligns with the



MC1 Woody Pascha

Capt. Henry Adams, from Houston, delivers remarks during the establishment ceremony for Surface Development Squadron (SURFDEVRON) ONE, May 22, 2019. Adams is the first commodore of SURFDEVRON ONE, which will integrate unmanned surface vessels and support fleet experimentation to accelerate delivery of new warfighting concepts and capabilities to the fleet.

Secretary of the Navy's vision of an integrated Naval Force that provides maritime dominance for the Nation with a renewed sense of urgency and speed throughout the entire organization.

SURFDEVRON ONE is responsible for the maintenance, training and manning oversight for medium and large Unmanned Surface Vessels (e.g. Sea Hunter / MDUSV) and ZUMWALT-class ships: USS Zumwalt (DDG 1000), USS Michael Monsoor (DDG 1001), the future USS Lyndon B Johnson (DDG 1002);

The squadron headquarters will be located onboard Naval Base San Diego but will operate throughout various areas of operation.

For more news from Naval Surface Forces, visit www.navy.mil/local/cnsp/.



MC1 Woody Paschal

Vice Adm. Rich Brown, Commander, Surface Force, U.S. Pacific Fleet, passes through sideboys during the establishment ceremony of Surface Development Squadron (SURFDEVRON) ONE at Naval Base San Diego May 22, 2019. SURFDEVRON ONE will integrate unmanned surface vessels (USV) and support fleet experimentation to accelerate delivery of new warfighting concepts and capabilities to the fleet.



Vice President Mike Pence poses for a photo with Sailors and first responders involved in the emergency response of a recent aircraft mishap at Naval Air Station (NAS) Jacksonville after landing at the base on Air Force Two, May 20, 2019.

PENCE / First responders recognized at NAS Jacksonville

Continued from B1

Confidence that, under President Trump's leadership, we will always give our Soldiers, Sailors, Airmen, Marines, and Coast Guard the resources and the support you need to accomplish your mission and come home safe."

Vice President Mike Pence

"I understand that just a little over two weeks ago, a passenger aircraft was landing during a thunderstorm when it crashed through a wall and slid into St. John's River," Pence said. "What happened next could've been a terrible tragedy, but thanks



Vice President Mike Pence takes a selfie with emergency services member Morgan Reddish while visiting Naval Air Station (NAS) Jacksonville, May 20, 2019.

to professionalism and courage of the men and women of Naval Air Station Jacksonville, what followed were acts of heroism. After receiving the initial call for help, firefighters rushed to the scene, jumping into the water, and sped the passengers to safety. All told, nearly 80 members of the Jacksonville Fire and Rescue Department and Jacksonville Sheriff's Office rescued 143 people. I know many of those heroes are here today. So please stand up and accept the thanks of a grateful nation."

Pence reinforced the Trump adminis-

tration's support to the military by discussing the proposed 2019-2020 budget with military pay increases and building a 350-ship Navy.

"You can know with confidence that, under President Trump's leadership, we will always give our Soldiers, Sailors, Airmen, Marines, and Coast Guard the resources and the support you need to accomplish your mission and come home safe," said Pence.

For more news from Naval Air Station Jacksonville, visit www.navy.mil/local/ nasiax/.

REAGAN / Operations underway in the Indo-Pacific

Continued from B1

mediately on behalf of our friends and allies," said Rear Adm. Karl Thomas, CTF 70. "The continued presence of Ronald Reagan and all our forward-deployed forces in the Indo-Pacific region, at sea where it matters most, promote security and stability which in turn drive peace and prosperity to benefit all regional countries."

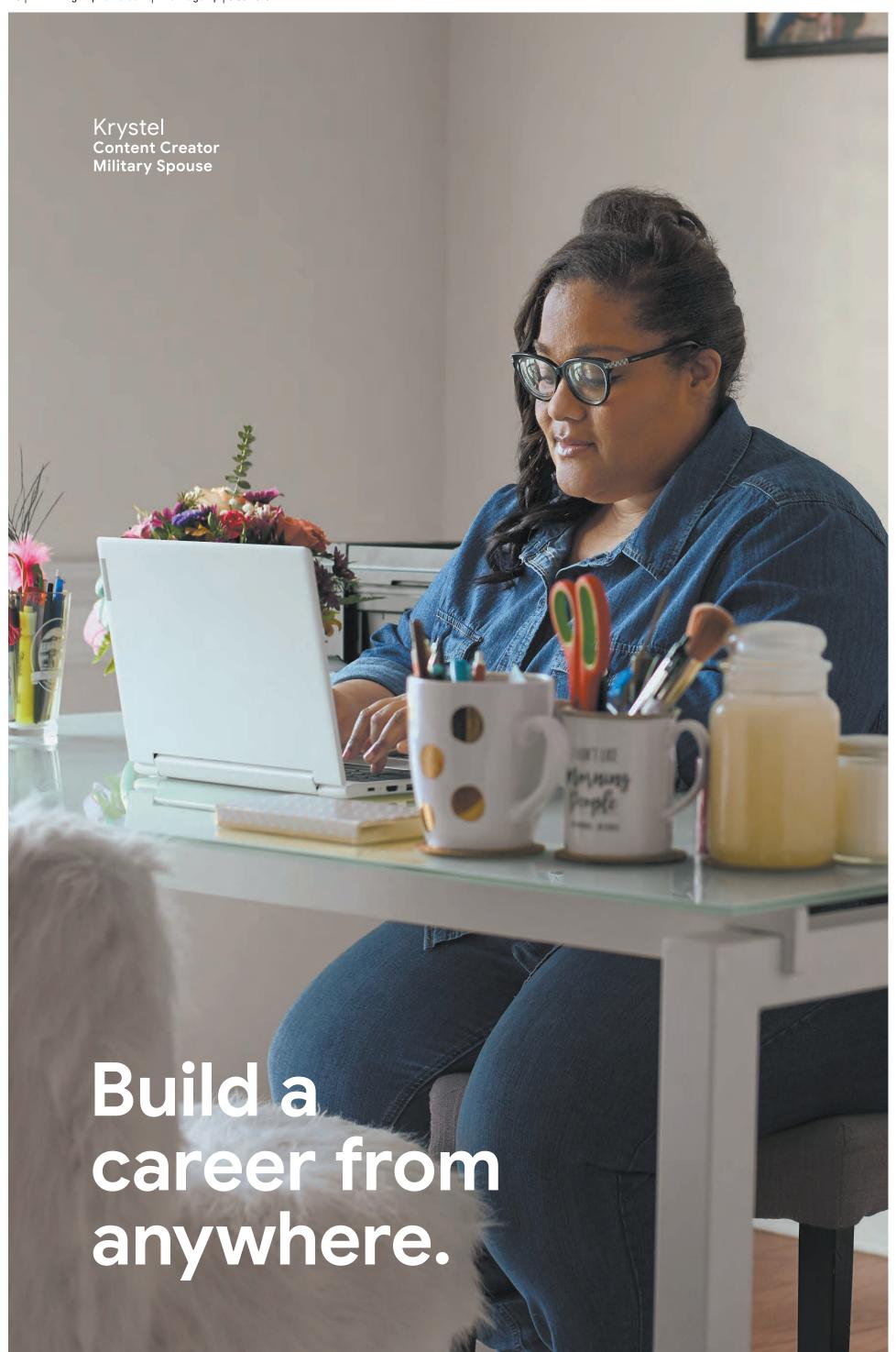
Throughout the year, CTF 70's forward-deployed forces participate in cooperative deployments, multi-lateral exercises and unit level training to ensure the security and stability of the Indo-Pacific. Forward-deployed forces act as force multipliers for the Navy, which are able to generate the same presence in a matter of days with a forward-deployed ship that would take weeks to achieve from a U.S. based ship.

"Reagan Sailors worked hard to complete the most successful maintenance period the ship has ever seen," said Capt. Pat Hannifin, Ronald Reagan's Commanding Officer. "Reagan returns to the sea more lethal than ever, visibly renewing U.S. commitment to international norms in a free and open Indo-Pacific. We value our allies and partners in the region and are excited to support them again with our air wing and strike group from the sea."

Ronald Reagan recently completed an extensive maintenance period which repaired and upgraded ship's systems increasing the ship's warfighting capabilities. As the only forward-deployed aircraft carrier, the ongoing presence of Ronald Reagan demonstrates the continued long-term U.S. investment in the Indo-Pacific. Ronald Reagan, forward-deployed to the Indo-Pacific from San Diego in the fall of 2015, replaced the aircraft carrier USS George Washington (CVN 73).

CTF 70 is a credible, forward-deployed force whose operations in the region preserve peace and prevent conflict throughout the Indo-Pacific. Ronald Reagan is America's forward-deployed aircraft carrier providing combat-ready force projection to support and defend the collective maritime interests of the U.S. and its allies and partners in the Indo-Pacific.

For more news from Commander Task Force 70, visit www.navy.mil/local/ ctf70/.



Military spouses are at least four times more likely to be unemployed than the national average, often as a result of frequent moves. To help with their journey, Google is offering free tools, training and resources so military spouses can build meaningful careers wherever they are.

grow.google/militaryspouses





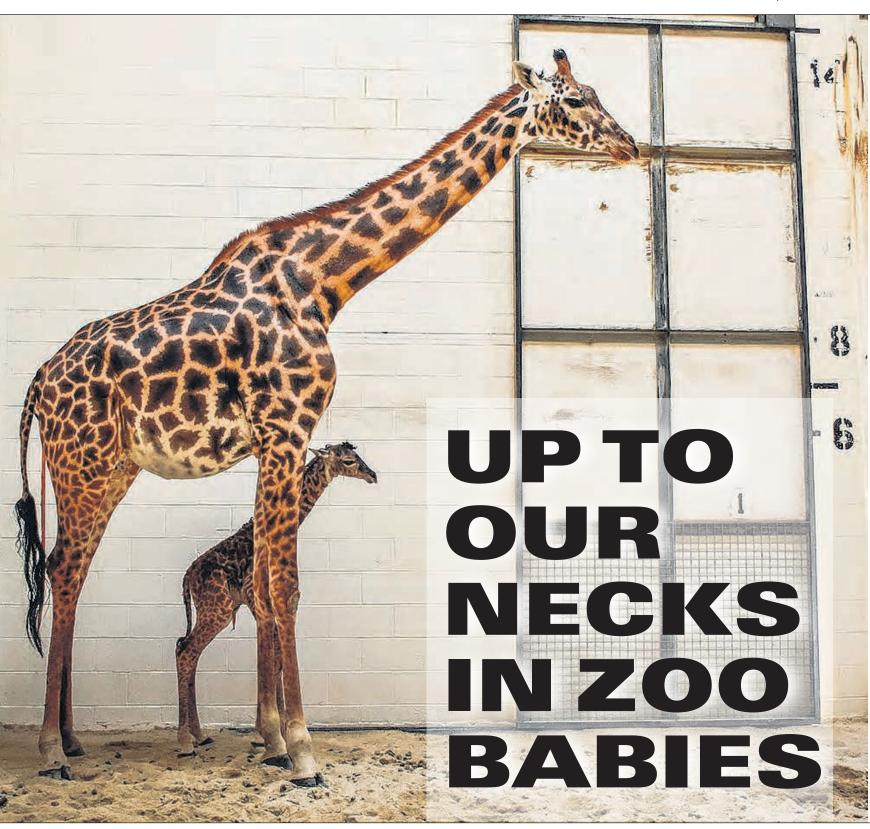


Virginia Beach Native Named Sailor of the Year, Promoted to **Chief Petty Officer**

Chief Petty Officer Nicholas Natelliis one offour honorees who visited to Washington, D.C., May 14-17, for the SOY Recognition Week

»See C2

SECTION C | FLAGSHIPNEWS.COM | 5.30.2019



taking great care of the newborn, but the two may remain inside, with access to an outside holding yard, to bond for up to a few weeks before being introduced to the exhibit.

> Courtesy of Virginia Zoo

Virginia Zoo

NORFOLK

The Virginia Zoo welcomed a female Masai giraffe calf on May 20, 2019. At birth, the calf weighed 141 pounds, and stands almost six feet tall. This is the sixth giraffe to be born to mom, Imara and seventh for dad, Billy.

'We're so excited to see the birth of the world's tallest land mammal here at the Zoo," said Greg Bockheim, Executive Director of the Virginia Zoo. "This perfectly coincides with the addition of our life-size giraffe sculpture at the Zoo's entrance which gives visitors the opportunity to feel the real-life scale of these magnificent creatures," added Bockheim.

While mom and baby remain indoors at the giraffe barn in Africa - Okavango Delta exhibit, Billy and the Zoo's other adult female, Noelle, are typically outside during regular Zoo hours. The calf was standing within two hours of birth and has been observed by Animal Care Staff nursing from Imara. The experienced mom is taking great care of the newborn, but the two may remain inside, with access to an outside holding yard, to bond for up to a few weeks before being introduced to the exhibit. Imara and calf may be seen by guests from the viewing windows inside the giraffe barn.

Naming rights of the giraffe

Annual Zoo To Do on June 1, 2019. Tickets for the creative cocktail event are just \$65 in advance, but guests do not need to be in attendance to win naming rights. The auction has already begun with a starting bid of \$500. The winner must supply a name within a week of the auction's end so Keepers and staff can begin training sessions with the new baby giraffe. Make your bid at https://one.bidpal.net/zootodo/ featured. Funds raised from the auction of the giraffe naming rights will support the Zoo's wildlife conservation efforts.

About Masai Giraffe

Masai giraffe are the largest

est land mammal on Earth. They are native to Kenya and Tanzania and are characterized by their jagged spots. Males reach heights of up to 18 feet tall and females grow to 14 feet tall. Giraffes may bear one offspring after a 15-month gestation period. When a giraffe baby is born, it comes into the world front feet first, followed by the head, neck, and shoulders. Newborn giraffe can stand and walk within one hour of birth. They can also eat leaves at the age of four months but continue to nurse until they are 6 to 9 months

The Virginia Zoo, located in Norfolk, Virginia, is home to more than 700 exceptional animals rep-

calf will be auctioned at the Zoo's subspecies of giraffe and the tall-resenting over 100 fascinating species. Founded in 1901 and residing on 53 beautifully landscaped acres, the Virginia Zoo has demonstrated a commitment to saving and protecting the world's wildlife by inspiring a passion for nature and taking conservation action at home and around the world. The Virginia Zoo is an accredited member of the Association of Zoos and Aquariums and is recognized as a global leader in education, recreation, science, wildlife conservation, and animal care and welfare. For more than a century, the Zoo has connected adults, families and school children with the natural world and its wildlife. To learn more, visit www.virginiazoo.org.

DGIF urges you to be safe on the water

Department of Game & **Inland Fisheries**

RICHMOND, VA.

Weather is warming up and the pull to be close to the water is strong. The Virginia Department of Game and Inland Fisheries (DGIF) is reminding all boaters to stay safe this summer, and always wear a life jacket while on the water. A good day on the water can turn tragic in seconds. No matter where you boat-from large lakes and rivers to small farm ponds wearing a life jacket is essential for safety!

Check the 'Fit' of Your Life Jacket

While getting ready for the boating season, boaters should make sure they have U.S. Coast Guard approved life jackets in good condition that fit every occupant of



the boat, including children. Safe boating week is a great time to inspect your gear including your inflatable life jacket. Inflatable life jackets make it easy for adults to "Wear It" while enjoying their time on the water and being a good role model for young people on their boats.

Learn More

To learn more about

boating laws in Virginia and about boating safety education courses, visit the Department's website at: www.dgif.virginia.gov/boating.

Remember, everyone wants to have a safe, enjoyable day on the water. Do your part by wearing your life jacket and taking a boating safety education course. Always be responsible, be safe, and have fun!

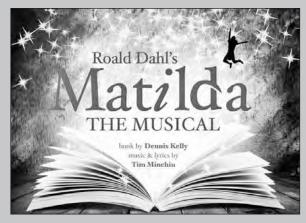


For a complete list of events in Hampton Roads or to submityourown, visitwww.flagshipnews.com/calendar

Teetotalers & Moonshiners: Prohibition in Virginia, Distilled

- May 13 June 22
- Slover Library, 235 E Plume St., Norfolk
- Exhibit provided by the Library of Virginia. Free and open to the public.

Slover Library will be awash in the historical importance of Prohibition as it hosts the traveling exhibitTeetotalers & Moonshiners: Prohibition in Virginia, Distilled. The exhibit, provided by the Library of Virginia, addresses the economic and social costs of Prohibition, as well as its part in the 18-year social reform movement and the legacy still seen today in the form of NASCAR, the creation of the Virginia Department of Alcoholic Beverage Control and the rise of the modern distilling industry.



Courtesy photo

Roald Dahl's Matilda The Musical

- May 22 June 2, \$20 \$45
- Wells Theatre, 108 E Tazwell St., Norfolk
- www.vastage.org/matildathemusical

This musical adaptation of Roald Dahl's classic book tells the story of Matilda Wormwood, a young girl with a sharp wit and love for books. With her special brand of ingenuity, she dares to stand against the tyranny of adults who seek to crush her imagination. This multi-Tony award-winning musical provides the perfect opportunity for collaboration between Virginia Stage Company and The Governor's School for the Arts to highlight our local students alongside some of the top professional actors from around the country.

Norfolk Tides vs. Columbus Clippers

- May 30
- Harbor Park Stadium, 150 Park Ave., Norfolk

■ www.milb.com/norfolk

The Norfolk Tides are the Triple-A affiliate of the Baltimore Orioles, and a member of the International League. Norfolk has been the top affiliate of the Orioles since 2007, and a member of the International League since 1969. The Tides served as a New York Mets affiliate from 1969 - 2006 before aligning with the Orioles in 2007.

For more information about the Norfolk Tides Team, please visit www.norfolktides.com.



Courtesy photo

Disney's The Lion King

- May 29 June 9, \$49 \$150
- Chrysler Hall, 215 St. Pauls Blvd., Norfolk www.sevenvenues.com/events/detail/disneys-the-li-

More than 90 million people around the world have experienced the phenomenon of Disney's THE LION KING, and now you can, too, when Norfolk's bestloved musical premieres at Chrysler Hall. Winner of six Tony Awards®, including Best Musical, this landmark musical event brings together one of the most imaginative creative teams on Broadway. Tony Award®-winning director Julie Taymor brings to life a story filled with hope and adventure set against an amazing backdrop of stunning visuals. THE LION KING also features some of Broadway's most recognizable music, crafted by Tony Award®-winning artists Elton John and Tim Rice. There is simply nothing else like THE LION KING.



Hootie & The Blowfish: Group Therapy

- May 30, 7:30 p.m., Tickets start at \$29.50
- Veterans United Home Loans Amphitheater, 3550 Cellar Door Way, Virginia Beach
- www.livenation.com/events/

Community

■ Submit YOUR events, news and photos

The Flagship welcomes submissions from our readers online.

Please submit **events** here: www.militarynews.com/users/admin/calendar/event/ Please submit **news** and **photos** here: www.militarynews.com/norfolk-navy-flagship/submit_news/

Virginia **Beach Native Named** Sailor of the Year, **Promoted** to Chief **Petty Officer**

By MC2 Brian T. Glunt Navy Office of Community Outreach

MILLINGTON, TENN.

A Virginia Beach, Virginia, native and 2015 Southern Illinois University graduate was meritoriously advanced to the rank of chief petty officer as the U.S. Pacific Fleet Sea Sailor of the Year (SOY) during a ceremony held at the Navy Memorial in Washington, D.C., May 16.

Chief Petty Officer Nicholas Natelli, a Navy interior communications electrician assigned to USS Bonhomme Richard, is one of four honorees who visited to Washington, D.C., May 14-17, for the SOY Recognition Week, hosted by Master Chief Petty Officer of the Navy (MCPON) Russell Smith.

Each year, every Navy command around the world chooses its SOY based on leadership, professionalism, dedication and superior performance. These selectees compete against recipients from other commands, eventually competing at higher echelons until the Navy's four finest are chosen as the U.S. Naval Reserve, U.S. Pacific Fleet, U.S. Navy Shore and U.S. Fleet Forces Sailors of

the Year. Chief of Naval Operations Adm. Elmo Zumwalt and MCPON John Whittet initiated the SOY program in 1972 to recognize outstanding Atlantic and Pacific Fleet sailors. Navy Re-



U.S. Navy photo by Cryptologic Technician (Networks) 2nd Class Winter Griffith Interior Communications Electrician 1st Class Nicholas Natelli, from Denver, Colorado, receives his Chief Petty Officer cover at the Navy Memorial during the 2018 Sailor of the Year

serve and Shore SOY programs were later introduced.

During the ceremony, Smith gave the Sailors of the Year some advice to keep in mind as they continue their careers as chief petty officers.

"Everyone who has ever written a letter for you, made a phone call for you, sat down and gave you advice, took time out of their day - making their day longer – to help you get to this point in your career is the reason you're standing here," said Smith. "Your special obligation for the rest of your career and the remainder of the time you wear those anchors is to earn this."

Throughout the week these four sailors and their families had the opportunity to tour Mount Vernon, the National Archives, and the Smithsonian Museums, among many other leadership, naval heritage, and team-building events.

"My most memorable visiting Mount Vernon and walking the grounds where our first commander in chief walked and lived his life," said Natelli.

Officer Chief Petty Natelli was born June 8, 1981 in Denver, Colorado. He attended Bayside Middle and High school in Virginia Beach, Virginia, until joining the U.S. Navy at the age of 18 on Dec. 9, 1999.

His first ship was the USS Nimitz, stationed in Newport News, Virginia. After one year, having been promoted to petty officer third class, he completed a duty swap and was stationed on the USS Dwight D. Eisenhower where he completed his five years at sea, advanced to petty officer second class and earned both Enlisted Surface and Aviation Warfare Specialist designations. He later served at Mid-Atlantic Regional Maintenance Center (MARMC) for shore duty and was advanced to petty officer first class.

Additionally he earned his associate's degree in biomedical engineering after having been enlisted for six years. His next assignment was to Sasebo, Japan, on a Forward-Deployed Naval Force (FDNP) USS Guardian where he survived having run aground and having to abandon ship 80 miles off the coast of the Philippines. He spent the next three weeks transitionmoment of this week was ing between the USNS Bowditch, the USNS Rappahannock and eventually to the USS Mustin before making his way back to homeport Sasebo, Japan. He was later tasked with meeting the USS Warrior that was being heavy lifted from Bahrain to San Diego and prepared the ship to be brought back online and homeport shifted to Sasebo, Japan. His follow-on assignment was instructor duty in Great Lakes, Illinois, at the Center for Surface Combat Systems Unit Great Lakes where he earned his Master Training Specialist and his Bachelor's of Science degree in Workforce Education and Development.

He is currently serving aboard the USS Bonhomme Richard, which just completed their homeport shift from Sasebo, Japan, to San Diego.

Over his 18-year career he has earned eight Navy and Marine Corps Achievement Medals and two Military Outstanding Volunteer Service Medals.

"Growing up in Virginia Beach, I struggled with a lot of setbacks, but learned to never give up and no matter how many times I fell to get back up again," said Natelli. "Serving in the Navy has been a great honor in that it has afforded me the best opportunities of travel, meeting all walks of life, gaining experience and getting an education."

"Being promoted to chief means being able to serve longer and more opportunities to make an impact," said Natelli. "I hope that I will be able to be a great leader and help as many people as I can along the way. If I had enough time left in the Navy it would be a dream come true to become the next MCPON."



Virginia Beach City Public **Schools**

Virginia Beach City Public Schools will host its first Career and Technical Education (CTE) career signing ceremony May 20 to honor high school seniors entering highdemand industries or the military after graduation.

"The division's CTE pro-

grams offer cutting-edge career and technical experiences for students to explore a wide range of high-wage, high-skill and high-demand career pathways. Whether a student plans to attend college, seek an apprenticeship, join the military or begin work right after high school, VBCPS provides opportunities to support every student's

career dream," said Dr. Sara Lockett, director of the Office of Technical and Career Education.

At the signing ceremony, students from the Virginia Beach Technical and Career Education Center and the Advanced Technology Center (ATC) and their future employers will sign letters of intent, specifying their commitment to full-time employment related to the technical and career courses completed industry credentials earned while in high school.

The ceremony will be held May 20 at 6:30 p.m. at the ATC, 1800 College Crescent in Virginia Beach. For more information on the division's CTE program visit vbschools.com.



The Patriotic Festival is this weekend at the Virginia Beach Oceanfront

Yiorgo

VIRGINIA BEACH

Everyone is invited to come out and have a great time at the Patriotic Festival, one of Hampton's Roads largest music festivals now in its fifteenth year happening this weekend at the Virginia Beach Oceanfront. It is a fun filled three days of concerts by national touring artists, as well as Military Expos, Demonstrations and Displays, honoring our armed forces personnel and their families.

The Concerts will be at 5th Street and Oceanfront Friday and Saturday Evening and Sunday Afternoon. And this year's lineup boasts three 2019 Country

Music Television Award nominees, with this year's ceremony scheduled to air on June 5th.

Acclaimed country band OLD DOMINION and 2019 CMT Awards nomination for Group Video of the Year ("Hotel Kev"). kicks off the weekend's festivities on Friday night. They are so popular that they just added more than 30 cities in six countries to their "Make It Sweet Tour." Their special guests Friday night are Morgan Evans and Brandon Lay.

On Saturday night, LUKE COMBS, whose new single "Beer Never Broke My Heart" made its worldwide debut recently, takes the stage. Combs is nominated for two 2019 CMT

> The weekend comes to a close with country superstar and multiple music award nominee KANE BROWN on Sunday afternoon. Rounding out the 2019 CMT award trio, Brown is nominated for two 2019 CMT Awards: Male Video of the Year ("Lose It") and Video of the Year for ("Good as You"). Kane&'s special quest Sunday afternoon is Ryan Hurd.

> > Courtesy photo

Music Awards: Video of the Year ("She Got The Best of Me") and CMT Performance of the Year ("Beautiful Crazy" from CMT Crossroads with Leon Bridges). Luke's special guests Saturday night are Muscadine Bloodline and Faren Rachels.

The weekend comes to a close with country superstar and multiple music award nominee KANE BROWN on Sunday afternoon. Rounding out the 2019 CMT award trio, Brown is nominated for two 2019 CMT Awards: Male Video of the Year ("Lose It") and Video of the Year for ("Good as You"). Kane's special guest Sunday afternoon is Ryan Hurd.

Kane Brown's new album Experiment released November 9th debuted at No. 1 on the Billboard 200. He wrote 11 of Experiment's dozen songs such as "One Night Only" and "It Ain't You, It's Me," to "My Where I Come From" and "Homesick."

Kane said, "I'm trying to bring the traditional aspects of instruments back into today's country, and not just use your loop heads or fake drums. I just want to get as close back to that sound as possible while still sounding hip."

Kane Brown was working at Lowe's and Target while also following his dream through online videos, downloads, streams and word of mouth. He became a certifiable sensation.

"I didn't think (music) was going to be like a job. I thought it was just writing songs in the meantime for fun. When I put ('Sober') on iTunes and Facebook, and it ended up getting like 32 million views, I was shocked. Suddenly, 'Sober' was competing with 'Die A Happy Man' when it was at its peak."

By December 2016, Brown became the first (and remains the only) artist to top all five Billboard country charts concurrently: Top Country Albums, Hot Country Songs ("What Ifs"), Country Airplay, Country Streaming Songs ("What Ifs") and Country Digital Sales (the nearing-triple-Platinum multiweek No. 1 "Heaven").

By the end of 2018, Brown's Experiment was named one of the 10 best albums of the year by the New York Times and the song "Heaven" was Billboard's most-played country song of the

the Patriotic Festival.

Music Awards.

Courtesy photo

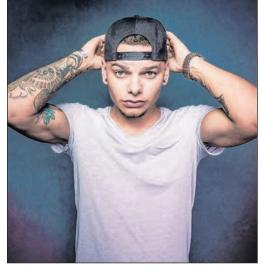
Combs is nominated for two 2019 CMT

Raised primarily by his Mom, Aunt and Grandmothers, Brown is intent on making his music connect with everyone.

"I stay away from the negative, and that's why I'm so happy in my life. That kind of goes back to the sounds on the record, even when it sounds like a happy song, there could be heartbreak to it, but I want to make it sound positive."

For more information and a complete weekend schedule log onto Patrioticfestival.com.

Yiorgo is a Hampton Roads arts, entertainment and sports writer. A stage, TV and movie actor, he is also an educator, motivational speaker, writer, storyteller and columnist.



MILITARY



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BROADWAY'S THE LION KING NATIONAL TOUR AT CHRYSLER HALL

Yiorgo **NORFOLK**

It is the highest grossing musical in Broadway's history, with over 100 million audience members world-wide who have seen it live and it has won over 70 theatre awards internationally. It is the world's number one musical.

Disney proudly presents Broadway's The Lion King National Tour and it has found it's Pride Rock right here in Norfolk at Chrysler Hall. It will be here May 29th through June

"There is simply nothing else like it." Says The New York Times.

"A feast for the eyes and ears." Says WWOR-TV.

Newsweek declared, "The most exciting, most inventive, most moving theater that has ever come to Broadway."

native sons Kyle Robert Carter, born and raised in Woodbridge, VA who is the understudy for Mufasa and a swing, talk with us about The Lion King National Tour.

Yiorgo: Welcome home Kyle. Tell us about your early life and what made you fall in love with musical theatre?

Kyle Carter: Thank you, it's good to be coming back home to Virginia. You know the benefit of growing up in Northern Virginia is a ridiculously amount of diversity. At my high school, we had many students from different parts of the world. It was a great place to grow up and to understand that the world is not one thing, just as the state of Virginia isn't just one

thing. I really enjoyed growing up there. I always wanted to go to Notre Dame so I applied early and got in originally on an engineering scholarship. I realized early that physics and thermal dynamics are very hard. At the same time I was part of a community theatre group at the University of Notre Dame and it took over my life even though it was an extracurricular activity. I got my degree in industrial design and in 2010, when a buddy of mine who was living in LA invited me to move in with him there, Beverly Hillbillies style, I packed everything and moved in. I started taking acting classes there and booking work ever since.

Y: I would think that your degree comes in very handy in theatre.

KC: Even though I'm artistic, having the engineering side of my brain is what really makes me good at my particular job in The Lion King. I'm a vocal swing, and I have to know all the male singer parts, everywhere they go on the stage and every prop they use.

11 The most exciting, most inventive, most moving theater that has ever come to Broadway."

Newsweek

We are fortunate to have one of Virginia's I'm also Mufasa's understudy so I have to know everything about Mufasa's role and I have to know how to use all the props that dancers use in case a dancer gets injured. Luckily for me, my brain always thinks about how things work and how do I fit into this Lion King machine? With this being my very first time being a swing, I found out very quickly that it's actually a great job for me because I am able to see myself within the system as a whole and I'm not just on the stage as myself. I love being on the stage constantly thinking, ok where do I fit in right now.

> Y: How did the opportunity come up to be in The Lion King? Tell us about the audition, getting the part and being Mufasa's understudy.

> **KC:** I eventually moved from LA to New York City doing the same thing, taking acting classes and booking gigs. The entire time I was living in New York, I was auditioning for The Lion King. I had six rounds of auditions over the course of five years each time giving me notes to work on. This last time I did a really good reading as Mufasa, I sang a song and they really liked it, and the choreographer said to me, "So you know the dance, do you know to do it if we reversed it? Everything now is based on your right foot, can you dance it based on your left foot?" I said, "I'll give it a shot." I did it and I almost knew instantaneously that I booked it by the look on their faces, that this guy could fill a lot of bills for us. He can understudy someone, he can dance on his right and left side in this very important dancing show and within four hours my agent called and said, "You booked The Lion King." It's a show that I always wanted to be a part of it and now I'm on tour with it, a year and eight



Kyle Robert Carter, the understudy for Mufasa in The Lion King National Tour, was born and raised in Woodbridge, Virginia.

months to be exact.

Y: Have you had the opportunity to play

KC: Yes indeed, I have had the opportunity to play Mufasa several times. It's truly an awesome experience and to stand on top of Pride Rock, it was just amazing.

Y: Tell us a couple of wow moments that

you have experienced. **KC:** When I first moved to LA I had this amazing audition experience. It was a dance studio and the audition casting notice said we are looking for singers who can also dance. I showed up in basketball shorts, my Michael Jordan tee shirt and my blue Jordan's on and everyone there was a professional dancer from the six year old to the adults, dressed as professional dancers. Part of me wanted to leave, but the other part of me that loves competition caused me to stick it out. They asked me to do a move that I did not know at that time and I had to ask them to show me what it was. All the little kids are laughing and a little kid steps up and shows it to me. I gave it a shot and did very poorly. Later on they asked the dancers to sing. I sang and I was very good at it. When I finished singing, the woman leading the audition said, "Well now we know why you are here, because it was not for the dance. She pulled me aside and asked if I knew who Jaleel White is? I said yes Steve Urkel from TV's Family Matters and she said yes, we are looking for somebody to be his understudy in this Christmas show and if you show up Monday, that's your job. So just because I stayed there, I got the job. I called my mom and told her about it. She asked the name of the dance studio and when I looked it up it was the Debbie Allan Dance Studio and

the woman that hired me was Debbie Allen. My second wow moment happened within my first month of working in *The Lion King*. Without giving away any trade secrets, there is a ritual that we do when you are on a tour and as an actor, you have to accept the fact that you will never have a steady paycheck but *The* Lion King has been running for so long that you can actually make a living as a professional artist for years in this profession. We were in Baltimore and they did the ritual as I'm walking down the hall for everyone who is on tour. My eyes are closed and I'm thinking how when I was young, there were days that dinner was rice and a piece of chicken and now I'm working in The Lion King and I have a stable job for as long as my contract says. I teared up knowing that my hard work and perseverance has given for me a steady pay-

check. It meant the world to me. **Y:** Why should people see the show?

KC: When you come to see the show, this level of puppetry on tour just doesn't happen. So you are going to see something that is intensely unique. If you see only *The Lion King* once, it really is a once in a lifetime experience because it sells out and there are people that want to see it and never get a chance to.

The puppetry in the show is masterful. Julie Taymor and the entire creative team that created the show, created something that is so iconic that still today, when you see the Mufasa logo, you instantly know it's The Lion King. From a theatrical standpoint it's beyond the movie now, this is bringing it to where you

With these puppets, you're never going to get the same show twice because these puppets are so demanding that people will be injured and you will get an understudy or swing and they will have a different feeling for that puppet from the last person who played it.

That Zazu puppet is so intricate, so masterful that each individual Zazu puppet is like \$50,000. The puppetry is so beautiful that it is a must see event.

For more info go to https://www.sevenvenues.com/events/detail/disneys-the-li-

Yiorgo is a Hampton Roads arts, entertainment and sports writer. A stage, TV and movie actor, he is also an educator, motivational speaker, writer, storyteller and columnist.



Disney's The Lion King US North American Tour, Rafiki Tour opening night October 26 2017 at the Landmark Theatre, Syracuse cast: Gerald Caesar (Simba), Nia Holloway (Nala), Gerald Ramsev (Mufasa), Mark Campbell (Scar), Buvi Zama (Rafiki), Greg Jackson (Zazu), Nick Cordileone (Timon), Ben Lipitz (Pumbaa), Keith Bennett (Banzai), Martina Sykes (Shenzi), Robbie Swift

Deen van Meer



Courtesy of Fandango

coming to theaters

GODZILLA: KING OF MONSTERS [PG-13]

The new story follows the heroic efforts of the crypto-zoological agency Monarch as its members face off against a battery of god-sized monsters, including the mighty Godzilla, who collides with Mothra, Rodan, and his ultimate nemesis, the three-headed King Ghidorah. When these ancient super-species—thought to be mere myths—rise again, they all vie for supremacy, leaving humanity's very existence hanging in the balance.

MA [R]

A lonely middle-aged woman befriends some teenagers and decides to let them party in the basement of her home. But there are some house rules: One of the kids has to stay sober, don't curse, and never go upstairs. They must also refer to her as Ma. But as Ma's hospitality starts to curdle into obsession, what began as a teenage dream turns into a terrorizing nightmare, and Ma's place goes from the best place in town to the worst place on Earth.

ROCKETMAN [R]

An epic musical fantasy about the uncensored human story of Sir Elton John's breakthrough years.

THE SECRET LIFE OF PETS 2 [PG]

The Secret Life of Pets 2 will follow summer 2016's blockbuster about the lives our pets lead after we leave for work or school each day.

MEN IN BLACK: INTERNATIONAL [PG-13]

The Men in Black have always protected the Earth from the scum of the universe. Is this new adventure, they tackled the biggest, most global threat to date: a mole in the Men in Black organization.

FANTASTICA: A BOONIE BEARS ADVENTURE [G]

The Boonie Bears set off on a wild adventure through the mystical land of Fantastica. With help from a quickwitted robot and a fearless female warrior, the Boonie Bears must save a sacred artifact from a group of super powered thieves.

ANNABELLE COMES HOME

Determined to keep Annabelle from wreaking more havoc, demonologists Ed and Lorraine Warren bring the possessed doll to the locked artifacts room in their home, placing her "safely" behind sacred glass and enlisting a priest's holy blessing. But an unholy night of horror awaits as Annabelle awakens the evil spirits in the room, who all set their sights on a new target—the Warrens' ten-year-old daughter, Judy, and her friends.

TOY STORY 4 [G]

Woody, Buzz Lightyear and the rest of the gang embark on a road trip with Bonnie and a new toy named Forky. The adventurous journey turns into an unexpected reunion as Woody's slight detour leads him to his long-lost friend Bo Peep. As Woody and Bo discuss the old days, they soon start to realize that they're worlds apart when it comes to what they want from life as a toy.

base theaters \$3 Movies

JEB Little Creek, Gator Theater – 462-7534

Friday | May 31st

6:30 p.m. – Avengers: Endgame [PG-13]

Saturday | June 1st

1:00 p.m. – Avengers: Endgame (3D) [PG-13] 4:30 p.m. – The Intruder [PG-13] 7:00 p.m. – Long Shot [R]

Sunday | June 2nd

1:00 p.m. – Breakthrough (2019) [PG] 4:00 p.m. – Long Shot [R] 7:00 p.m. – The Intruder [PG-13]

NAS Oceana, Aero Theater – 433-2495

Friday | May 31st

6:00 p.m. – The Intruder [**PG-13**] 9:00 p.m. – Long Shot [**R**]

Saturday | June 1st

12:00 p.m. – Avengers: Endgame (3D) **[PG-13]**

4:00 p.m. – The Intruder **[PG-13]** 6:30 p.m. – Long Shot **[R]**

Sunday | June 2nd

12:00 p.m. – Ugly Dolls [**PG**]
3:00 p.m. – Breakthrough (2019) [**PG**]
5:30 p.m. – Avengers: Endgame [**PG-13**]

Schedule is subject to change. For your weekly movie showtimes and more, check out the navy Mid-Atlantic Region MWR website at discovermwr.com.



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COMMUNITY YARD SALE JUN 1, 306 CROWN ARCH furniture & more

INDIAN COVE RESORT OPEN HOUSE/RV SHOW

Come out to Indian Cove Resort June 29 and 30 and check out our campground. There will be vendors, food, music and fun for the whole family! Memberships and tours of our campground will be available. 1053 Sandbridge Road, VA Beach, VA 23456.



Garage/Yard Sales, etc.

OCEAN VIEW Church Yard Sale Sat, June 1, 8:30-2pm Advent Church 9629 Norfolk Ave

VIRGINIA BEACH June 8th starting at 7:00 am in Great Neck! 1464 Shoveller Ave, Virginia Beach VA 23454: Moving sale...everything must go!!! Brand new kitchen table w/ 4 chairs (never opened/still in box), Bowflex, Men's & Women's designer clothing, furniture, artwork, military and nautical collectibles.

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ago. Everything must be & will be
sold! All beautiful condition. Steinway baby grand, set of Chippendale
chairs, carved high-boy, breakfront,
curio cabinets, din rm furniture,
bedroom furniture, carved low boy,
wing chairs, sofas, block-front chest,
Lladros, paintings, 150 pieces of
Waterford crystal, Wedgwood China, sterling silver, clocks, collection na, sterling silver, clocks, collection of American cut glass, great Oriental rugs of all sizes, working player pia-no, metal outdoor furniture, costume jewelry, many, many great items not listed. Best Sale Ever! House is alarmed. Cash/Check Only. Larry Zedd, Va Bch Antique Co. 422-4477

GREAT NECK ESTATE SALE 948 Calypso Ln, Virginia Beach Fri-Sun May 31, Jun 1-2 10AM-4PM Furn., teak, mid-modern suites, Asian art designer brands clothing handbags & accs, huge book collec-tion, porc., kit., antiques, jewelry, st-erling, garage, tools, riding mower. Pix on Blvd Treasures FB

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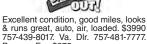
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Sudoku

		2			9		4	
1		_		3				7
•	4		8			3		•
6	_			9		4		
0				9		4		
	8		6		2			1
		9			8		6	
		5			7		9	
	1		3					2
7				5		8		

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: P equals W

C SLDP HWCE ALFEEAGCLR

UJOODP PWD PDKSE GFSCLR

LJDL ECRLE. WJ OCSJE HD

SJJX F RODP XKDUCOJ.

Last week's CryptoQuip answer

Dad made an effort no to cause forest fires. He claimed it's not nice to fuel Mother Nature.

last week's answers

F	Τ	Ε	L	D		Е	J	Ε	С	Т	S		S	L	Α	Т		G	Р	S
Ε	S	Т	Ε	Е		R	U	Т	Н	1	Е		Н	Ε	R	Ε		R	Α	Р
W	Н	Α	Т	W	Α	S	Т	Н	Ε	Ν	Α	М	Ε	0	F	Α		Е	Ν	Е
				1	S	Т		Ν	Ε	Α	R	Т	0			Т	R	Α	D	Е
M	Τ	G	U	Е	L		Ρ	0	Т		С	Ε	L	Е	В	R	Α	Т	Е	D
S	С	0	R	S	Ε	S	E		Α	С	Н	Т		D	R	Α	W	Ε	R	S
N	Т	Ν	Ε	Т	Ε	Е	N	Т	Н	С	Ε	Ν	Т	U	R	Υ		S	Т	U
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В	Е	С	Α	М	Ε	Κ	N	0	W	Ν	F	0	R		Т	R	Ε	Α	Т	S
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6	8	5	2	3	4	7	1	9
9	7	3	1	5	6	2	4	8
4	1	2	7	8	9	3	5	6
1	4	9	3	6	7	5	8	2
2	5	8	4	9	1	6	3	7
3	6	7	8	2	5	4	9	1
5	2	1	9	7	3	8	6	4
8	9	6	5	4	2	1	7	3
7	3	4	6	1	8	9	2	5

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A MILITARY VETERAN OR RETIREE (RETIREES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIREE (RETIREES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIREE (RETIREES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIREE (RETIREES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIREE (RETIREES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIREE (RETIREES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIREE (RETIREES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIRE (RETIREES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIRE (RETIREES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIRE (RETIREES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIRE (RETIRE RETIRES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN OR RETIRE (RETIRE RETIRES HONORABLY) DISCHARGED) OF THE U.S. MILITARY VETERAN DEVICES ON THE AMOUNT DUE AT LEASE SIGNING OR TOWARD THE CAPITALIZED COST REDUCTION. ON FINANCE
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