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A maintenance worker for Balfour Beatty Housing power washes the driveway of a home.

MC3 Nathan T. Beard

Installation commands continue to focus on military housing

From Commander, Navy Installations Command **Public Affairs**

WASHINGTON

The Navy is committed to ensuring its Sailors and their families have safe, healthy living quarters and the quality of life they deserve.

"Navy leaders at all levels are actively engaged in advocating for commander of Navy Installations Command (CNIC). "Our dedicated government housing teams, installations and region leadership, along with the PPV (Public-Private Venture) partners are committed to improving every resident's housing experience and for implementing an effective oversight program."

As part of the effort to fully understand the size and scope of the problem, the Navy has reached out to Sailors and their families

through personal contact, town halls, and surveys.

Commanding officers completed 100 percent contact with all Sailors and their families to discuss their housing situation and offer in-home visits to observe potential health, safety and unresolved maintenance issues. As a result of the home visit offer, approximately five percent of Sailors living in PPV family housing, two

Sailors living in PPV unaccompanied housing, and two percent of Sailors living in government unaccompanied housing requested a command representative visit to their residence. One hundred percent requested visits to PPV and government housing have been completed, which identified 2,034 issues of which 90.8 percent have been resolved.

The Navy will continue to track these work orders, as well as new routine trouble tickets, to completion.

Between Feb. 13-March 7, every Navy installation commander conducted a town hall to hear dieach housing community and to better understand specific problems that need attention. The town halls, along with the home visits, have shown that a majority of housing complaints are associated with poor workmanship; lack of follow-up or customer service, addressing symptoms rather than root causes; and minimal or absent government engagement and oversight. Installation commanders with PPV housing are in the process of hosting a second round of town halls, but overall, are seeing a much lower attendance rate.

Surveys are another tool the Navy uses to understand the cur-

our Sailors and their families," said Vice Adm. Mary Jackson,

percent of Sailors living in government family housing, 14 percent of

rectly from Sailors and their families about the state of affairs at completed an "out-of-cycle" Resi-

rent state of housing. The Navy

Abraham Lincoln CSG and Kearsarge ARG conduct joint operations in U.S. 5th Fleet

By MCSN Catie Coyle

Abraham Lincoln Carrier Strike Group Public Affairs

ARABIAN SEA

The Abraham Lincoln Carrier Strike Group (ABECSG) and the Kearsarge Amphibious Ready Group (KSGARG), with the embarked 22nd Marine Expeditionary Unit (MEU), conducted joint operations May 17-18.

After the ABECSG deployed to the region in response to credible threat indicators, the operations highlight the ability of the U.S. Navy to quickly mobilize assets and aggregate different platforms with a variety of operational capabilities.

"The exercises and training we are doing with Amphibious

» See 5TH FLEET | A7



MCSN Caitlin Coyle

Abraham Lincoln Carrier Strike Group (ABECSG) and Kearsarge Amphibious Ready Group (KSGARG) conduct joint operations in the U.S. 5th Fleet area of operations. The ABECSG and KSGARG, with the 22nd Marine Expeditionary Unit, are prepared to respond to contingencies and to defend U.S. forces and interests in the region.

Tuition Assistance and Navy College **Program policy** updates announced

From Chief of Naval Personnel Public Affairs

WASHINGTON

Navy announced changes to Tuition Assistance (TA) and Navy College Program for Afloat College Education (NCPACE) program management May 21, in NAVADMIN 114/19.

» See TUITION | A7



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Hampton Roads Chiefs donate to Scholarship CPO Fund

This year's events brought together sea and shore chiefs messes by conducting community relations projects, athletic events, and social gatherings. »See A6



Service Secretaries tackle employment challenges for overseas spouses

Atri-serviceteam seeks to understand the barriers to military spouseemployment overseas. »See B1

A cultural shift is helpingkeep talented mothers intheNavy

Aseries of changes has recently made the Navy to be more accommodating toworkingparents.

»See C1

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Virginia Department of Veterans Services To Host Four Memorial Day Ceremonies Across Commonwealth

CEREMONIES SCHEDULED AT VIRGINIA WAR MEMORIAL IN RICHMOND, AND AT STATE VETERANS CEMETERIES IN AMELIA, DUBLIN, AND SUFFOLK

RICHMOND

The Virginia Department of Veterans Services will host Memorial Day ceremonies at four locations across the Commonwealth on Monday, May 27, 2019, to honor the brave men and women who died while serving in the Armed Forces of the United States. Admission is free to all of these ceremonies and the public is encouraged to attend.

Virginia Governor Ralph Northam will be the keynote speaker at the 63rd annual Commonwealth's Memorial Day Ceremony at the Virginia War Memorial, 621 South Belvidere Street in Richmond. The program, co-hosted by American Legion Department of Virginia's 11th District, will feature a rifle salute, the playing of Taps, the placing of memorial wreaths, and music by the Benedictine High School Chorus and the Combined Bands of Clan McLeod & Benedictine of St. Andrews Legion.

The Virginia War Memorial ceremony will begin at 10 a.m., but attendees are encouraged to arrive 30-60 minutes early to allow plenty of time to park and find a seat. Because of the construction expansion project, parking is not available at the Memorial, but will be available at the Virginia Housing Development Authority (VHDA) parking lot at 601 S. Belvidere St, Richmond, and at the Afton Chemical Corporation parking lot at 500 Spring St, Richmond. Members of the Virginia Defense Force will be on hand to assist with parking and directions.

There will also be a free concert of patriotic music performed by the Thomas Jefferson Cadet Corps Alumni Band and Friends at 2 p.m. in the Shrine of Memory. The Memorial's Paul and Phyllis Galanti Education Center will be open with extended hours for tours and visitation from 9 a.m. to 7 p.m. For more details, please visit wwwvawarmemorial.org or www.dvs.virginia.gov/ virginia-war-memorial. Virginia's three State Veterans Cemeteries – in Amelia, Dublin and Suffolk – will hold Memorial Day Ceremonies on Monday, May 27. An Avenue of Flags will placed at the cemetery entrance and all burial sites will be graced with an American flag. Each ceremony will include special musical tributes to the fallen, the playing of Taps, a rifle salute, and the placing of memorial wreaths to honor those who gave their lives in service to the nation. Cemetery offices will be open from 8 a.m. until 4 p.m. to assist visitors with gravesite location, general information, and the completion of cemetery pre-application forms for interested qualified veterans and family members.

Information, including the address of each cemetery and the time for each Memorial Day Ceremony is listed below. For driving directions and other details, please visit www.dvs.virginia.gov/cemeteries.

About the Virginia Department of Veterans Services

The Virginia Department of Veterans Services (DVS) is a state government agency with more than 40 locations across the Commonwealth of Virginia. DVS traces its history to 1928 and the establishment of the Virginia War Service Bureau to assist Virginia's World War I veterans. Today, DVS assists veterans and their families in filing claims for federal veterans benefits; provides veterans and family members with linkages to services including behavioral healthcare, housing, employment, education and other programs. The agency operates two long-term care facilities offering in-patient skilled nursing care, Alzheimer's/memory care, and short-term rehabilitation for veterans; provides an honored final resting place for veterans and their families at three state veterans cemeteries. It also oversees the Virginia War Memorial, the Commonwealth's tribute to Virginia's men and women who gave the ultimate sacrifice from World War II to the present. For more information, please visit www.dvs.virginia.gov.

MEMORIAL DAY CEREMONIES

 Virginia Veterans Cemetery at Amelia Memorial Day Ceremony
 10 a.m. E.D.T.
 10300 Pridesville Road Amelia, VA 23002
 804.561.1475

Keynote Speaker: Virginia Senator Amanda

Chase (Senate District 11)

Southwest Virginia Veterans Cemetery Memorial Day Ceremony

9:30 a.m. E.D.T.

5550 Bagging Plant Road

Dublin. VA 24084

804.674.6983

Keynote Speaker: Virginia Delegate Nick Rush (House District 7)

Albert G. Horton, Jr. Memorial Veterans Cemetery Memorial Day Ceremony

10 a.m. E.D.T.
5310 Milners Road
Suffolk, VA 23434
757.255.7217
Keynote Speaker: Colonel Dale E. Hruby, USA (Ret.)
Co-hosted by American Legion, Post 88





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EWS FROM NAS OCEANA

25 years of natural resource conservation: NAS Oceana celebrates Arbor Day

By MC3 Mark Thomas Mahmod Naval Air Station Oceana Public Affairs

VIRGINIA BEACH, VA.

Naval Air Station Oceana and Dam Neck Annex celebrated Arbor Day on May 9 by inviting children at the Child Development Center to participate in planting trees on both installations. Naval Air Station Oceana has planted trees in recognition of Arbor Day for 25 years.

"This event gives the children experience with a natural resource: trees," said Installation Natural Resources Manager, Michael Wright. "We hope it gives them the feeling of giving back to their community and protecting trees on a naval base that protects everybody."

The tree chosen to be planted for the celebration on Naval Air Station Oceana was the eastern redbud, and a sweetbay magnolia was chosen for Dam Neck Annex.

The eastern redbud is a small deciduous tree that typically grows 20 feet in height with a similar spread and has flowers that develop before the leaves in spring, emerging in clusters along the branches.

The sweetbay magnolia is a semi-evergreen to deciduous tree in northern latitudes that grows in moist woodlands, along streams and swamps. The cup-shaped flowers are 2 to 3 inches across and bloom between May and June.



Capt. Chad Vincelette, commanding officer of Naval Air Station Oceana, helps a child plant a tree at the Child Development Center during the Arbor Day celebration. Naval Air Station Oceana has planted trees in recognition of Arbor Day for 25 years.

"We have an airfield on NAS Oceana, so we have height requirements and other criteria for the selection of the tree," said Wright. "We have to choose trees that are the correct size and won't attract much wildlife. We are also required by federal law to use native species wherever it's practical"

As part of the annual event and to further dedicate itself to the principles of natural resource conservation, Naval Air Station Oceana renewed its status as a member of the Arbor Day Foundation's Tree City USA program. Since 1976, Tree City USA has been a nationwide movement that provides the framework necessary for communities to manage and expand their public trees.

More than 3,400 communities have committed to becoming a Tree City. They have achieved Tree City USA status by meeting four core standards of sound urban forestry management: maintaining a tree board or department, having a community tree ordinance, spending at least \$2 per capita on urban forestry and celebrating Arbor Day.

May 9 was not only a special day for Naval Air Station Oceana, but for a surprise guest at the tree planting event. Smokey Bear was in attendance because 2019 marks his 75th "birthday."

Created in 1944, the Smokey Bear Wildfire Prevention campaign is the longestrunning public service advertising campaign in U.S. history, educating generations of Americans about their role in preventing wildfires.

Children from the Child Development

Center joined together to sing happy birthday to Smokey Bear, who also took time to meet the children and give hugs.

"Smokey wants everyone to be careful with fire so we don't harm our trees" said Meghan Mulroy, Virginia Department of Forestry natural resource specialist. "Having Smokey here was a great way for the kids to learn the importance of fire safety."

Continuing into its 25th year of recognizing Arbor Day, Naval Air Station Oceana continues to dedicate itself to natural resource conservation.

"Naval Air Station Oceana cares very much about our forest resources," said Wright. "This was our 25th year, and we hope to continue our conservation programs for years into the future."



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Captain Edward F. Ney Award Trophies

U.S. Navy

NAVY FOOD SERVICE WINNERS REWARDED WITH SPECIALIZED TRAINING

By Matthew Morrison Naval Supply Systems Command Public Affairs

CHICAGO, ILL.

Winners of the 2018 Capt. Edward F. Ney Awards for culinary excellence attended training hosted by the National Restaurant Association Education Foundation (NRAEF) as part of the Military Food Service Awards in Chicago, Illinois, May 17-19.

Over the course of the three-day program, NRAEF also provided specialized culinary training to award winners from the Army, Air Force, Marines, Coast Guard, and Military Sealift Command. The training offered a unique opportunity for everyone to share and explore the experiences of their fellow service members working in dining facilities across the globe. Prior to the training, Dr. Edward Walden Sr., special director of Military Programs for the NRAEF, gave attendees an overview of the training, noting the training teaches valuable skills and offers lessons that will assist them in the civilian workforce. "You have spent a long period of time in your career honing your skills to be able to run an efficient military facility," dining said Walden. "Many of those skills will transition when you become a civilian working in the industry. The NRAEF wants to expose you to what's available to you as you begin the transition to civilian life. That's what this training is about."

Hudson Riehle, senior vice president, Research and Knowledge Group, National Restaurant Association, presented trainees with a briefing on current restaurant industry trends. Topics of discussion included macroeconomics, dining trends, restaurant industry growth, society developments, and an increase in post-military service job opportunities.

"This training is providing valuable information that I can pass on to my younger Sailors," said Command Senior Chief (JW/ AW) Marlo Guevarra of

day. This type of training is personalized, specialized training on more than just how to cook or prepare food," said Naval Base Kitsap Trident Inn Galley Culinary Specialist (Submarine) 2nd Class Kevin Bohler. "This training is providing guidance on how to keep galleys running. Practicing great customer service helps galleys stay up and running. It also ensures culinary specialists have the skills necessary for future jobs."

The second and third days of training provided awardees with expert guidance on product research and presentation development, healthy eating, and an increased focus on health conscious options on menus.

"This experience goes be-

Association Dawn Sweeney provided opening remarks, retired U.S. Army master sergeant Chef Andre Rush gave the keynote address.

"You're all winners and I'm looking forward to seeing your adventures," said Rush. "Be humble, stay humble, and do the best that you can every time."

This year's afloat winners, representing the Navy's Undersea Enterprise, Surface Warfare Enterprise, and Naval Aviation Enterprise, were USS Santa Fe (SSN 763), USS John P. Murtha (LPD 26), USS Boxer (LHD 4), and USS Abraham Lincoln (CVN 72).

This year's ashore winners, representing Commander, Navy Installations Command, were Trident Inn

NAVFAC Mid-Atlantic seeking applicants at Chesapeake Job Fair

From NAVFAC MIDLANT Public Affairs

CHESAPEAKE, VA.

Who: Naval Facilities Engineering Command Mid-Atlantic Human Resources Office

What: Job Fair

Where: Chesapeake Conference Center

700 Conference Center Drive, Chesapeake, Va. 233220

When: Saturday, June 1 2019 9:00 a.m. - 2:00 p.m.

Why: The purpose of the Chesapeake Job Fair is to provide networking, hiring and job seeking opportunities. NAVFAC Mid-Atlantic provides facilities engineering, public works and environmental products and services to Navy and Marine Corps commands that span from Georgia to Maine and as far west as Illinois. This networking and hiring event is free and open to all job seekers.

NAVFAC Mid-Atlantic seeks candidates who can fill immediate needs in a variety of disciplines. Because of the critical need for some positions, NAVFAC Mid-Atlantic has been granted Direct-Hire Authority to fill our vacancies. Candidates with the right qualifications and experience can be hired on the spot!

We offer a wide array of skilled tradesman and professional positions to include: Electrical, Mechanical, Civil/Structural, Fire Protection, and Environmental Engineers; Construction Manager; Engineering Technician; Financial Management Specialist; High Voltage Electrician; Electrician; Air Conditioning Equipment Mechanic; Maintenance Mechanic; Pipefitter/Plumber; Crane Operator; Rigger; High Voltage Electrical Workers; Heavy Mobile Equipment Mechanics; Boiler Plant Worker; Trade Apprentices and more! We would like to meet with local students, alumni, veterans and other qualified candidates in the area to discuss career opportunities.

NAVFAC Mid-Atlantic offers competitive salary and benefits. Candidates are encouraged to send resumes to NAVFAC_MLHRO@navy.mil and to bring several copies with them to the event.

professional pride in the quality of the services they provide to the fleet in support of mission readiness," said Wright. "They recognize that Navy food service is crucial to the wellness of our forces. Day in and day out, they provide quality, healthy food that supports peak physical and cognitive performance of the warfighter." The Secretary of the Navy and the International Food Service Executives Association established the Capt. Edward F. Ney Awards Program in 1958. The awards recognize the best galleys in the Navy and encourages excellence in Navy food service programs with the objective of improving quality of life for Navy personnel. "What it takes to win the Captain Edward F. Ney Memorial Award, is hard work every day and thinking Ney

every day," said Captain Edward F. Ney Memorial Program Manager Cheryl Hernandez. "We strive for excellence in Navy food service with the objective of improving the quality of life for our fellow Sailors. Congratulations to the best of the best on a job well done!" Headquartered in Mechanicsburg, Pennsylvania, and employing a diverse, worldwide workforce of more than 22,500 military and civilian personnel, NAVSUP's mission is to provide supplies, services, and quality-of-life support to the Navy and joint warfighter. Learn more at www.navsup.navy.mil, www.facebook.com/navsup and https://twitter.com/navsupsyscom.

Naval Air Station Sigonella Ristorante Bella Etna. "This is a great opportunity. I'll be able to give accurate guidance on what is available to them in the civilian restaurant industry, tips on transitioning to the civilian workforce, and how the economy affects the restaurant industry as a whole."

Trainees heard from NRAEF experts about customer service, cost control, leadership, and how to communicate effectively. After the lesson, awardees broke into groups and role-played various customer service scenarios.

"This isn't like the training the Navy provides every yond the Navy," said USS Abraham Lincoln (CVN 72) Culinary Specialist 2nd Class Bret Waddle. "The stigma when you're in the military is that you're scared of the outside world because you're worried you won't get a good job that can support your family or yourself. However, attending this training and learning about career opportunities in the food service industry is eye opening."

The Ney Awards, announced in a February AL-NAV message, were presented during an evening ceremony May 17.

After President and CEO of the National Restaurant

Galley, Bangor, Washington, and Ristorante Bella Etna Dining Facility, Sigonella, Italy.

"Our culinary specialists are trained with the latest, most advanced training aids and techniques available in order to effectively support afloat and ashore food service operations," said Lt. Cmdr. Ryan Wodele, Navy Food Service director, Naval Supply Systems Command (NAVSUP). "The 2018 NEY award winners are fine examples of that training."

NAVSUP Command Master Chief (SW/AW) Thaddeus Wright added his own congratulations. "This year's winners have shown

For more news from Naval Supply Systems Command, visit www.navy.mil/local/ navsup/.

Armed Security Officer – Cash Escort (HR3474)

The Old Dominion University Police Department is seeking candidates for a part-time, hourly/wage Security Officer III position. This position will provide secure armed escort services in transporting money bags for various University departments and ensure the safe and secure collection, movement and delivery of cash from the main and higher education campuses to financial institutions. This position closes June 28, 2019.

To review position requirements and submit an application, please visit http://jobs.odu.edu/postings/10159 and follow the online instructions. AA/EOE



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Little league players from Ocean View Little League, Norfolk's Oldest Little League, pose for a group photo outside of McClure Field aboard Naval Station Norfolk. Mc-Clure field is the nation's second oldest brick baseball stadium.

Max Lonzanida

Ocean View Little League team visits McClure Field

By Max Lonzanida

Hampton Roads Naval Museum

NORFOLK

Situated at the corner of tree lined Pocahontas Street and Farragut Avenue aboard Naval Station Norfolk is McClure Visitors crossing Field. through the archway into the grandstands are met with a manicured field, and cement grandstands that echo cheers from spectators during games. Outside are interpretive panels that showcase the history of the field; and on any given afternoon many walk past them.

However, for one team from Norfolk's Ocean View Little League; a rare visit to the field allowed the opportunity to connect with baseball's history and enjoy a lighthearted team session.

The league's Tigers coach pitch team consists of players aged six through eight; and a vast majority have parents cur-

rently serving in the US Navy. Coaches Zach Rivera, a US Navy Veteran and Adam Anglin, currently serving in Virginia Army National Guard facilitated the visit to allow its players to connect with the sport. Eager little leaguers were corralled by Assistant Coach Angie Vaccaro, a US Navy spouse, into the grandstands. The visit was coordinated through the base Cultural Resources Manager; and on Thursday, May 16th, ten excited little leaguers commenced memorable visit and a first for the Norfolk's oldest little league.

An engaging historical presentation was provided, while the team watched an ongoing intramural softball game. The field is the second oldest brick baseball stadium in the nation, second only to Bosse Field built in June 1915 in Evansville, Indiana. Construction commenced in 1917 and completed in 1918 at what was then Naval Operating Base Norfolk under the direction of Project Manager Lincoln Rogers. It was referred to simply as the Athletic Stadium and didn't take on a name until 1944; when it was renamed in honor of Captain Henry McClure.

Captain McClure commanded then Naval Training Station (NTS) Norfolk from 1941-1944; and he saw baseball to boost morale. The stadium hosted packed grandstands as service members clamored to see major leaguers such as Bob Feller, Dom DiMaggio, and Mickey Cochrane play in mixed teams of professionals and sailors. Feller, played for the Cleveland Indians, and enlisted in the US Navy just after the attacks on Pearl Harbor. He was given the title of Chief Athletic Specialist and played in exhibition games for the NTS Blue Jackets; he later served as a 40mm Gun Captain



Coach Zach Rivera, a US Navy Veteran and Adam Anglin, a member of the Virginia Army National Guard, point out the roles of players on the field for little leaguers of Ocean View Little League's Tigers Coach Pitch team during a visit to McClure Field aboard Naval Station Norfolk.

aboard the USS Alabama (BB-60). Subsequent games during WWII pitted base teams with a mix of professionals and service members in matches that would eventually generate some four million dollars in war bond and ticket sales. Cochrane managed the Blue Jackets and would later be inducted in the Baseball Hall of Fame in 2000 after he played for the Detroit Tigers.

A scheduling conflict prevented the little league Tigers from practicing on the field itself, but allowed them to excitedly watch an intramural softball game. Coaches Rivera and Anglin pointed out strategies to steal bases, batting stances, ready stances, and the roles of team members on the field. All was not lost; as the team did enjoy some batting practice in the form of a pinata that endured repeated hits and burst open, spilling its contents of novelty goodies, candy and lottery tickets for surprised parents. The team ended their visit with a group photo and memories of connecting with the sports history to brag about, after a rare visit to a stadium that is over a hundred years old.



HONOR & SACRIFICE The 75th Anniversary of D-Day



June 6, 2019 marks the 75th Anniversary of D-Day, a milestone that is expected to represent the last large gathering of D-Day veterans around the globe.

To mark this milestone, Marian Manor will present *Honor & Sacrifice* on Thursday, June 6 at 2:00 p.m.

Commemoration Activities Include: Ceremony and D-Day Veteran Roll Call by American Legion Post 113 Color Guard Video Screening—Omaha Beach: Honor and Sacrifice

WWII veterans and their families are invited to attend. Open to the public. Light refreshments will be served. Call 757-456-5018 to RSVP by June 5.



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Hampton Roads Chiefs donate to CPO Scholarship Fund

By MCC Shannon Warner

NORFOLK

Naval Support Activity Hampton Roads Chief Petty Officers presented MCPON Duane Bushey, USN (Ret) with a \$14,500 check for the CPO Scholarship Fund May 8.

The funds were raised during the Hampton Roads Area 126th Chief Petty Officer Birthday celebration.

This year's events brought together sea and shore chiefs messes by conducting community relations projects, athletic events, and social gatherings. The planned events showcased unity and pride within the Chief Petty Officer community. The week of April 1-5 2019 was an opportunity for all Chief Petty Officers (active, reserve, and retired) to celebrate camaraderie and heritage. This year's theme was "leading the future by embracing our past".

Each year an installation CPO mess is responsible for hosting the CPO Birthday Celebration week. All funds raised during that week are donated to the CPO Scholarship Fund.

According to CPO Scholarship Fund Chairman MCPON Duayne Bushey, USN (Ret) this donation will fund approximately seven scholarships.

"This is incredible." said

Bushey. "Our CPO community is really amazing and we're always looking for volunteers. What we'd love to do is harness the support of our retired CPO community to increase awareness and activity with the CPO Scholarship Fund."

In November 1994, the USS Chief (MCM14) was commissioned in honor of the dedicated service of the Chief Petty Officer of the United States Navy, as well as for the honored wartime service of her namesake, USS Chief (AM315), and she sails today as a testament to that tradition.

The planning and all subsequent activities leading up to the commissioning was an all Chief Petty Officer evolution. One of the What we'd love to do is harness the support of our retired CPO community to increase awareness and activity with the CPO Scholarship Fund."

Duayne Bushey, USN (Ret)

significant results of the event was the creation of the Chief Petty Officer Scholarship Fund. The fund came to fruition with the signing of the Charter of the Chief Petty Officer Scholarship Fund in January 1998 at the U.S. Navy's Senior Enlisted Academy (SEA) in Newport, RI.

The CPO Scholarship Fund

U.S. Navy

mission is to be a viable non-profit organization established solely for the purpose of generating and distributing funds to provide educational opportunities for qualified family members of Chief Petty Officers. Candidates eligible for scholarship awards are non-uniformed spouses and dependent children (natural born, adopted or stepchildren) of all Chief Petty Officers of the United States Navy.

The Chief Petty Officer Scholarship Fund is a tax-exempt 501(c) (3) publicly supported charity organization, incorporated under statute by the Commonwealth of Virginia and registered with the Virginia Department of Agriculture and Consumer Affairs for the legal solicitation of charitable donations. Any questions or inquiries as to the operations and functions of this organization should cposfdirected to be hoard@cposf.org.

NWDC GATHERS NAVY LEADERS TO DISCUSS WARFARE CHALLENGES AND GREAT POWER COMPETITION

By Michael Brown Navy Warfare Development Command

NORFOLK

Naval warfare and great power competition challenges were the focus of two events held at the Navy Warfare Development Command (NWDC) April 24 and 25.

NWDC hosted both the Warfighting Development Center (WDC) Leadership Huddle (LH) and the Advance Warfighting Summit (AWS) 19-1.

"The WDC LH series provides collaborative opportunities for multiple WDCs, Military Sealift Command (MSC), Commander Patrol and Reconnaissance Group (CPRG), and Commander Naval Meteorology and Oceanography Command (CNMOC)," said U.S. Navy Capt. Przemyslaw "Kaz" Kaczynski, head of the NWDC Operations Department. "Commanders have the opportunity to discuss current mission area challenges, and integrate cross-domain warfighting and training development.

"Like WDC LHs, the AWS is conducted twice per year, with NWDC recently finishing the ninth in the series. We gather all CSG (Carrier Strike Group) and ESG (Expeditionary Strike Group) commanders, WDC commanders, and other Fleet leaders together to capture current warfighting challenges and share insights to inform force development and warfighting integration. We shape and focus each AWS around a specific area of operation, with briefs provided by national and defense intelligence agencies, prominent civilian thinkers, and relevant fleet and WDC leadership."

Kaczynski went on to say, "The summits traditionally include comments delivered by a four-star admiral to stimulate rich discussion from the groups as we focused on their Areas of Responsibility (AOR). Both venues provide senior fleet



Award-winning naval historian and author Trent Hone talks with Navy Warfare Development Command (NWDC) members and guests April 25. The author shared thoughts on the evolution of the fleet based on his book "Learning War, The Evolution of Fighting Doctrine in the U.S. NAVY, 1898-1945." The speech focused on lessons in the inter-war period between WWI and WWII.

leaders an opportunity to collaborate, strengthen cross-domain warfighting capabilities, and hone approaches to dealing with competitors and potential adversaries in their respective areas of operation."

Twice a year, the focus of the venues change based on emerging threat capabilities, real world events, emerging technologies, and evolving material and nonmaterial warfighting solutions. The focus of the events is designed to add value for all warfighters, starting with the Strike Group and WDC commanders, who benefit greatly from the opportunity to hear directly from guest speakers and subject matter experts.

The event featured a speech by award-winning naval historian Trent Hone, author of "Learning War, The Evolution of Fighting Doctrine in the U.S. NAVY, 1898-1945." Hone discussed innovation and the evolution of the fleet, as well as lessons in the interwar period between WWI and WWII.

Learning War examines the U.S. Navy's doctrinal development from 1898-1945 and explains why the Navy in that era was so successful as an organization at fostering innovation. A revolutionary study of one of history's greatest success stories, this book draws important conclusions that give new insight, not only into how the Navy succeeded in becoming the best naval force in the world, but also into how modern organizations can exploit today's rapid technological and social changes in their pursuit of success.

Hone is a managing consultant with Excella who works with organizations to improve their art of practice, increase effectiveness, and accelerate learning. "These events result in evolved knowledge, enhanced warfighting solution development, and strengthened relationships between critical capability providers across the fleet," Kacyznski said.

NWDC develops and integrates innovative solutions to complex naval warfare challenges to enhance current and future warfighting capabilities. Command professionals are focused on operational-level concept generation, warfighting development, and crossdomain integration to strengthen U.S. Navy warfighting power.



An MV-22 Osprey from Marine Medium Tiltrotor Squadron (VMM-264) prepares to land on the flight deck of the Nimitz-class aircraft carrier USS Abraham Lincoln (CVN 72). The Abraham Lincoln Carrier Strike Group (ABECSG) and Kearsarge Amphibious Ready Group (KSGARG) are conducting joint operations in the U.S. 5th Fleet area of operations. The ABECSG and KSGARG, with the 22nd Marine Expeditionary Unit, are prepared to respond to contingencies and to defend U.S. forces and interests in the region.

5TH FLEET / *Exercises are aimed towards increasing our lethality and agility to respond to threats*

Continued from A1

Squadron Six, the 22nd Marine Expeditionary Unit and USS Kearsarge are aimed towards increasing our lethality and agility to respond to threats, and deterring destabilizing actions in this important region," said Rear Adm. John Wade, commander, Carrier Strike Group 12.

During the exercises, ABECSG and KSGARG conducted numerous joint training evolutions designed to improve operational tactics in several warfare areas. Exercises included air-to-air training, steaming in formation and maneuvering, and establishing joint communications to rapidly enable a command and control environment.

Super Hornets from Carrier Air Wing (CVW) 7, embarked on the Nimitz-class aircraft carrier USS Abraham Lincoln (CVN 72), conducted a dissimilar air combat training (DACT) exercise with AV-8B Harriers embarked on the Waspclass amphibious assault ship USS Kearsarge (LHD 3). With the Super Hornets simulating opposing forces, the Harriers were allowed a rare chance to train with a capable and stealthy adversary.

"I'd never had a chance to train with Harriers before," said Lt. Cmdr. Michael Scott, a pilot with CVW 7 operations who led the DACT. "We also had the Harriers receive gas from our airborne F/A-18 mission tanker - something that rarely happens. It was pretty neat to see the Harrier up close in the air."

Additionally, Super Hornets from CVW 7 and Harriers and attack helicopters from the Kearsarge conducted a joint close air support (CAS) exercise. The CAS provided a unique training opportunity as it combined multiple types of tactical aircraft that do not typically operate together.

The training featured extensive coordination with the U.S. Marine Corps, the Navy's natural partner at sea, at a time when Department of the Navy leadership has increasingly emphasized Joint Forces integration and interoperability.

During the training, the Maritime Raid Force of the 22nd MEU conducted visit, board, search and seizure (VBSS) training, as well as a fast-roping exercise with helicopters and the Arleigh Burke-class guided missile destroyer USS Bainbridge (DDG 96).

CH-53E Super Stallion helicopters, embarked on Kearsarge with the 22nd MEU, completed deck landing qualifications (DLQs) on Abraham Lincoln and Bainbridge. MV-22 Ospreys, also with MEU 22, also had an opportunity to land on the flight deck of Abraham Lincoln. The pilots gained valuable training landing aboard ships they otherwise would not deploy with, ultimately increasing interoperability and the skillsets for pilots to seamlessly transition platforms if necessary.

"This tactical fluency across platforms allows us to efficiently traverse any waters uncontested and readily employ our military assets anywhere, at any time, as demonstrated through this interoperability between Kearsarge and the carrier strike group," said Capt. Jason Rimmer, commanding officer of Kearsarge.

The joint operations between ABECSG and KSGARG are a demonstration of the steadfast commitment of the Navy to protect the United States. deter conflict and preserve strategic interests around the world. The ABECSG and KSGARG, with the 22nd MEU, are prepared to respond to contingencies and to defend U.S. forces and interests in the region. With Abraham Lincoln as the flagship, deployed ABECSG assets include staffs, ships and aircraft of Carrier Strike Group 12 (CSG 12), Destroyer Squadron 2 (DESRON 2), USS Leyte Gulf (CG 55) and Carrier Air Wing 7 (CVW 7). The Wasp-class amphibious assault ship USS Kearsarge is the flagship for the Kearsarge Amphibious Ready Group and, with the embarked 22nd Marine Expeditionary Unit (MEU), is deployed to the U.S. 5th Fleet area of operations in support of naval operations to ensure maritime stability and security in the Central Region, connecting the Mediterranean and the Pacific through the western Indian Ocean and three strategic choke points.

TUITION / Changes to Tuition Assistance and Navy College Program for Afloat College Education

Continued from A1

Beginning Oct. 1, 2019, enlisted Sailors and officers must complete a minimum of two years of service before becoming eligible to use TA or NCPACE instructor-led or Distance Learning (DL) courses. This requirement may not be waived.

In addition, TA and NCPACE (DL) funding is capped at 12 semester hours (or equivalent quarter hours) per fiscal year (FY) and a total of 120 semester hours (or equivalent quarter hours) in a career. Most Sailors in recent years have only used up to an average of nine semester hours annually.

"Due to unprecedented usage and fiscal constraints, Navy is reshaping how we administer the TA and NCPACE programs," said Jim Johnson, head of Navy Voluntary Education (VOLED). "We want to keep both programs available and sustainable for eligible Sailors, while ensuring our Sailors remain focused on their professional qualifications."

Navy transformation efforts focused on improving the "Sailor experience" have dramatically improved the ease of access to several technical and education programs, including TA and NCPACE. As a result, fleet-wide TA demand in FY19 was 30 percent higher at the mid-year review than the same point in FY18.

TA funding is expected to run out this month with no additional funding to be made available for the remainder of FY19. Sailors currently taking classes or who are in receipt of a funded TA voucher will not be impacted.

Johnson said that every billet is important to the Navy's mission and that commanding officers (CO) and officers in charge (OIC) should judiciously manage their Sailors' education outside of working hours. "A typical three semester hour college course requires up to 12 hours of weekly commitment," he said. "COs and OICs should actively manage their Sailors' off-duty education to meet their operational commitments when entering a period of increased operational tempo."

Command leaders should establish benchmark qualifications that first-term Sailors must earn before using TA or NC-PACE including damage control, maintenance, primary warfare, watch-station or other qualifications.

Affected Sailors who desire to continue taking courses for the remainder of FY19 should contact the Navy College Virtual Education Center (NCVEC) at (877)838-1659/DSN 492-4684 or via MyNavy Portal (MNP) at https://my.navy.mil/quicklinks.html to discuss other funding options, such as GI Bill, scholarships or financial aid. Sailors could experience increased call wait times and are encouraged to use other means to speak with an education counselor including the VOLED appointment scheduler on MNP, chatting via Live Help Now® or submitting a help request "trouble ticket" on the Navy College Program website. For complete information on changes to the TA and NCPACE programs, read NAVADMIN 114/19 or visit https:// my.navy.mil/quick-links.html.



MC1 Brian M. Wilbur

The Nimitz-class aircraft carrier USS Abraham Lincoln (CVN 72) and the Wasp-class Amphibious Assault Ship USS Kearsarge (LHD 3) sail alongside as the Abraham Lincoln Carrier Strike Group (ABECSG) and Kearsarge Amphibious Ready Group (KSGARG) conduct joint operations in the U.S. 5th Fleet area of operations. The ABECSG and KS-GARG, with the 22nd Marine Expeditionary Unit, are prepared to respond to contingencies and to defend U.S. forces and interests in the region.

For more news from USS Abraham Lincoln (CVN 72), visit www.navy.mil/ local/cvn72/. For more news from Chief of Naval Personnel, visit www.navy.mil/local/cnp/.

HOUSING / the Navy has reached out to Sailors and their families to discuss their housing situation

Continued from A1

dent Satisfaction Survey for Sailors and their families living in both family and unaccompanied PPV housing. CEL & Associates, an independent third party, conducts all Navy surveys. The "out-of-cycle" survey launched April 2 and was completed May 9, with an overall response rate of 22 percent. Despite command emphasis and advertisement through social media, letters, and e-mails, this response rate is lower than previous surveys, which have historically had a 34 to 45 percent response rate.

For residents in governmentoperated family housing, the Resident Satisfaction Survey runs through June 6, and the survey for unaccompanied Sailors living in government-operated housing runs through June 20. The results of current and past surveys will be analyzed and used to further assess and improve our accompanied and unaccompanied housing programs.

"Our near term objective is to remedy all issues that have been brought forward, and to implement checks and balances, to include trend analysis, which will alert us immediately when an issue is not resolved within the required time and quality benchmarks," Jackson said. "If you have an issue, please let our housing teams know!"

In an effort to improve alignment and provide oversight, the Navy continues to have active recurring senior level engagement with all PPV partners to ensure they are holding property managers and maintenance professionals accountable for housing quality, responsiveness, and customer service.

The Navy is also performing a comprehensive review of all business agreements to identify opportunities for improved oversight and accountability.

The Navy oversees approximately 116,000 housing units worldwide. About 45,000 units are operated by private partners and 71,000 are government operated.

Going forward, the Navy will continue to ensure oversight and transparency of privatized and government housing through ongoing personal contact and resident follow-up, spot checks, town halls, education, increased leadership engagement, and continued stakeholder communication. Additionally, the Navy is an active participant in the Office of the Secretary of Defense led Bill of Rights and universal lease initiatives.

For more information on Navy housing, go to https:// www.cnic.navy.mil/ffr/housing.html

For more news from Commander, Navy Installations Command, visit www.navy.mil/local/cni/. Generation of the second state of the second s

Vice Adm. Mary Jackson, Commander of Navy Installations Command Such sacrifice through valor made,
A debt too deep to be repaid,
From their courage freedom born,
To remember them the poppy worn.



Visit the USAA Poppy Wall of Honor – Memorial Day Weekend on the National Mall in D.C.



PoppyInMemory.com

USAA means United Services Automobile Association and its affiliates. © 2019 USAA. 240183-0519



Remembering the attack on **USS Stark**

On May 17, 1987, 37 sailors died and 21 were wounded when the USS Stark (FFG 31) was struck by two Iragimissiles while on patrol in the Persian Gulf.

»See B4

SECTION B | FLAGSHIPNEWS.COM | 5.23.2019

Vice Chief of Naval Operations Bill Moran, left; Chief Interior Communications Electrician Nicholas Natelli, U.S. Pacific Fleet Sea Sailor of the Year (SOY); **Chief Logistics** Specialist Sindy Johnson, Navy Shore SOY; Chief Personnel Specialist Angelita Baggoo, Navy Reserve SOY; Chief Builder Luke Johnson, U.S. Fleet Forces SOY; Master Chief Petty Officer of the Navy (MCPON) Russell L. Smith cut the cake in celebration of the newly pinned Chiefs after the 2018 SOY pinning.

> CTN2 Winter Griffith

MCPON, VCNO honor 2018 Sailors of the Year

Bv CTN2 Winter Griffith Defense Media Activity Public Affairs

WASHINGTON

The Navy's 2018 Sailors of the Year (SOY) were Johnson, from U.S. Fleet here.' Forces Sea; Interior Communications Electrician 1st ing that the Sailors had a Class Nicholas Natelli, from U.S. Pacific Fleet; and Personnel Specialist 1st

Smith continued by sayspecial obligation for the rest of their career, and the remainder of the time they



meritoriously advanced to chief petty officer during a May 16 ceremony at the Navy Memorial.

Vice Chief of Naval Operations Adm. Bill Moran served as guest speaker during the pinning ceremony hosted by Master Chief Petty Officer of the Navy (MCPON) Russell L. Smith.

The four Sailors of the Year honored at the ceremony are: Logistics Specialist 1st Class Sindy Johnson, from U.S Navy Shore; Builder 1st Class Luke

Class Angelita Baggoo, from U.S. Navy Reserve.

Before introducing Moran, Smith congratulated the SOYs for their hard work and dedication that paved the way to their success and spoke about the effect of the chief petty officer.

"Everyone who has ever written a letter for you, made a phone call for you, sat down and gave you advice, took time out of their day - making their day longer – to help you get to this point in your career is the reason you're standing

wear their anchors, to earn them.

"To be named Sailor of the Year [for U.S. Navy Reserve] is a bit of a surreal experience," said Personnel Specialist 1st Class Angelita Baggoo, from Brooklyn, New York. "But it is just very humbling... I'm just honored."

Throughout their weeklong visit to Washington, the Sailors of the Year and their families toured historic sites and enjoyed spe-

» See SOY | B7

MC1 Sarah Villegas

Logistics Specialist 1st Class Sindy Johnson, Navy Shore Sailor of the Year, left, and Builder 1st Class Luke Johnson, U.S. Fleet Forces Sailor of the Year, place a wreath near the columbarium honoring Master Chief Petty Officer of the Navy (MCPON) Bill Plackett, the sixth MCPON, at Arlington National Cemetery during Sailor of the Year (SOY) week. The program was established in 1972 by Chief of Naval Operations Adm. Elmo Zumwalt and Master Chief Petty Officer of the Navy John Whittet to recognize an individual Sailor who best represented the evergrowing group of dedicated professional Sailors at each command and ultimately the Navy. SOY finalists participated in a variety of leadership, naval heritage and team-building events throughout the week around Washington D.C.



MC2 Abigayle Lutz

Sailors assigned to the Arleigh Burke-class guided-missile destroyer USS Stockdale (DDG 106) man the rails as the ship pulls into San Diego May 20. Stockdale and USS Spruance (DDG 111), including detachments from Helicopter Maritime Strike Squadron 71 "Raptors," returned to their homeport of San Diego following a deployment to the U.S. 7th Fleet and 5th Fleet areas of operations as part of the John C. Stennis Carrier Strike Group.

USS Spruance, **USS Stockdale** return from deployment

From Commander, U.S. 3rd Fleet

SAN DIEGO

The Arleigh Burke-class guided-missile destroyers USS Spruance (DDG 111) and USS Stockdale (DDG 106), including detachments from Helicopter Maritime Strike Squadron 71 "Raptors," returned to their

» See HOMECOMING | B7



Official U.S. Navy file photo of hiring event for service members, veterans and military spouses.

Service Secretaries tackle employment challenges for overseas spouses

From the Office of the Navy **Chief of Information**

WASHINGTON

All three military service secretaries signed a memorandum today to jointly explore how military spouses can find employment and sustain careers at overseas bases.

"Military service is a team sport that begins with the family," said Secretary of the Army Mark Esper. "Helping our spouses pursue their careers while they support their service members is not only the right thing to do, it improves the readiness of the force and our retention of top talent."

The joint memorandum directs each service assistant secretary for manpower and reserve affairs to support a tri-service team that seeks to understand the barriers to military spouse employment overseas. The team is expected to make recommendations to policies, programs and laws that would make employment

» See EMPLOYMENT | B7

CDC's eight tips for safe and healthy **Summertime** work and play

From CDC.gov

Whether you are planning an overseas vacation, getting ready for a staycation, or will be working outdoors, the Centers for Disease Control and Prevention's latest health tips, alerts, and social media updates include practical advice for travelers, swimmers, and everyone who wants to beat the summer heat.

"Summer is a great time to travel and enjoy the great outdoors, but it's important to take simple, common-sense precautions," said CDC Principal Deputy Director Anne Schuchat, M.D. "From information about travel vaccinations to tips to prevent insect bites, CDC provides resources to help keep you and your loved ones healthy and safe."

Travel abroad safely

Before traveling abroad, check out health and safety risks at your destination. Animal illnesses and drinking water might be very different from what you're used to and could make you sick. Get needed vaccinations at least 4 to 6 weeks before you leave to ensure you're protected by the time you travel.

CDC's Summer Travel Abroad site has health and safety tips for anyone traveling outside the United States. CDC's latest traveler's health updates include information about measles and malaria. Many countries are experiencing measles outbreaks, including Brazil, England, France, Israel, Japan and Ukraine. Check out CDC's Vaccine Information Statements (VIS) to get the latest information. New antimalarial medications are available for travelers to parts of the Caribbean, Central and South America, Southeast Asia, and Africa. About 1,700 cases of malaria are diagnosed every year in U.S. travelers who go abroad.



young workers safe at their heat. summer jobs, CDC's National Institute for Occupational

Sunburn is a common summertime injury. Unpro-

might have missed when they were younger. CDC's recommended immunization schedule is safe and effective at protecting your child from 14 infectious diseases like measles, chickenpox, and rubella. It's based on how your child's immune system responds to vaccines at various ages, and how likely your child is to be exposed to a particular disease. CDC also recommends three vaccines for all 11- to 12-year-old boys and girls to prevent infections that can cause meningitis, HPV cancers, and whooping cough. More information about how vaccines work, where to find vaccines in your areaexternal icon, and what vaccines your child needs can be found on CDC vaccine website. www.cdc.gov/vaccines.



Q. What are the "wait times" for moving into military housing?

A: The wait times are dependent on which community you qualify for, and ultimately select. The times are different and change constantly. Please contactyour HSC for details.

NAVYHOUSING Norfolk (757) 445-2832 JEBLCFS (757) 462-2792 Oceana/Dam Neck (757) 433-3268 Yorktown (757) 847-7806

Mid-Atlantic Fleetand Family Support Centers(FFSC) programsand services are designed to help you make the most of your military experience, and they'reall available to youatnocost.

Functions and/or services FFSC provides: Clinical Counseling-(Individual, Couples, and Child Counseling) Personal Financial Management Information & Referral Family Employment Assistance Transition Assistance Family Advocacy Program Deployment and Mobilization Support Ombudsman Support Relocation Assistance Parenting Programs Stress and Anger Management Command Support Crisis Support Suicide Prevention ■ SAPR Support Little Creek/Fort Story (757) 462-7563 Newport News (757) 688-6289 Norfolk/Portsmouth (757) 444-2102 (757) 421-8770 Northwest Oceana/Dam Neck (757) 433-2912 Yorktown (757) 887-4606 www.cnic.navy.mil/navylifema Safe Helpline Sexual Assault Support for the DoD Community Live 1-on-1 Help Confidential Worldwide 24/7 Help is just a Click, Call or Text away! For confidential victim assistance, visit www. SafeHelpline.org

Swimming safety

Swimming, one of the most popular summer activities for children and adults, gets the spotlight May 20-26, when we observe Healthy and Safe Swimming Week.

This year's theme, "Pool Chemistry for Healthy and Safe Swimming," highlights the roles that swimmers, parents of young swimmers, aquatics and beach staff, residential pool owners, and public health officials play in preventing disease outbreaks, drowning, and pool chemical injuries.

CDC recommends that everyone check out the latest inspection score of pools where you plan to swim. Look for inspection scores online or on site. Chemicals like chlorine are added to pool water to kill germs and stop them from spreading, helping to keep swimmers healthy. Howmishandling pool ever, chemicals can cause injuries. Owners and operators of both public and privately owned pools, hot tubs/spas, and water playgrounds can take steps to prevent pool chemical injuries.

Young Worker Safety and Health

Young workers (ages 15-24) have higher rates of jobrelated injury compared to adult workers. To help keep

Safety and Health (NIOSH) is participating in the social media campaign, #MySafeSummerJobexternal icon, to provide workplace safety and health information and resources to employers of youth, young workers, parents, and educators. My Safe Summer Job is a collaboration between government agencies-including the Occupational Safety and Health Administration (OSHA) and NIOSH-and numerous professional and non-profit organizations, including CareerSafe and the National Safety Council. The campaign is raising awareness about job-related hazards and how to address them, workers' rights and responsibilities, voicing safety concerns on the job, and injury prevention.

Beat the heat and rays

Heat kills more than 600 people in the United States each year. Preventing heat-related illnesses, including heat stroke and heat exhaustion, is important for people of all ages, but extreme heat poses the greatest risk for people under age 4 and over 65, and anyone who has a pre-existing medical condition or who lives in a home without air conditioning. The best ways to protect yourself from heat include staying cool, hydrated, and informed: find airconditioning during hot hours and wear cool clothing, drink plenty of liquids, and pay attention to heat advisories. NIOSH offers several recommendations and tools that employers can incorporate into trainings, and workers can use in real-time, in order to help stay safe when working in

tected skin can be burned by the sun's UV rays in as little as 15 minutes, but can take up to 12 hours for the skin to show the damage. CDC recommends staying out of the sun between 10 a.m. and 4 p.m., when its UV rays are at their highest level. Sunscreen is recommended for anyone working and playing outside in the summer, even on cloudy days. Hats, sunglasses, and long sleeves are also recommended for outdoors activities.

Children's health and safety

Summer activities, such as riding a bike and playground time, are great for a child's development. To keep kids healthy and safe all summer long, be sure children use helmets that fit well while riding their bikes and follow playground safety tips from CDC's website. Parents should ensure children stay safe while traveling in cars. Children should be properly buckled in a car seat, booster seat, or seat belt —whichever is appropriate for their weight, height, and age - on every trip. Properly buckling upimage icon reduces serious and fatal injuries by up to 80 percent. Children under age 13 are best protected in the back seat.

Stay up to date on vaccines

Making sure your child is up to date on vaccines is key to protecting them against serious diseases throughout their life. The summer is a great time to make appointments for your child to get recommended vaccines or to catch up on vaccines they

Food safety

Food poisoning peaks during summer months due to warmer temperatures, which can let foodborne germs thrive. Each year, 1 in 6 Americans get sick from eating contaminated food. CDC also has advice for food safety when grilling.

Insect protection

Protect yourself and your family from insect bites by using Environmental Protection Agency (EPA)-registered insect repellentsexternal icon with active ingredients such as DEET. Apply repellents only to exposed skin or clothing, as directed on the product label and always follow instructions when applying insect repellent to children.



B3 | www.flagshipnews.com | The Flagship | 5.23.2019



Build a career from anywhere.

Military spouses are at least four times more likely to be unemployed than the national average, often as a result of frequent moves. To help with their journey, Google is offering free tools, training and resources so military spouses can build meaningful careers wherever they are.

grow.google/militaryspouses

Grow with Google

With a nod to WWII codebreaking hero, Rochefort Group tackles new age of warfare

By Jeanette Steele U.S. Naval War College Public Affairs

NEWPORT, RI

The Rochefort Group was formed at U.S. Naval War College in August 2018 after associate professor Erin Meehan and Cmdr. Matthew Griffin, both career cryptologic warfare officers, surveyed the information-warfare landscape and concluded that a new effort was needed.

"Critical mass over our careers has shifted so deliberately to information warfighting," Meehan said.

"Technological advances in warfare, and certainly the greatpower competition, have caused us to relook at the threats that are out there," said Griffin. "Information warfare is at the core of all that."

News headlines are full of hacking attacks by foreign governments, but the Rochefort Group is focused on information threats at the level of armed conflict – in other words, the localized digital environment that U.S. ships, aircraft and troops face every day when dealing with adversarial nations and factions.

"We need to become as comfortable in the electromagnetic spectrum as we are on the sea," said Michael White, dean of the College of Maritime Operational Warfare, which includes the new group. "The Rochefort Group is helping us understand and develop that skill."

The group consists of six Naval War College faculty members with expertise from cybersecurity to submarines, aided by 29 adjunct members. It's a mix of practical and academic knowledge.

They held their first workshop in March, bringing together senior

representatives from the information warfare staffs of every Navy fleet. Retired Pacific Fleet Commander Scott Swift moderated the discussion.

"Talking about the challenges that they face at their fleet with their counterparts and colleagues was a big win," Griffin said.

The Navy's Information Warfare community is still fairly young. It was created in 2009 by the merger of four areas of Navy expertise: cryptology, the Navy's traditional codebreakers; meteorology and oceanography, the people who monitor the weather and the seas; intelligence, the people who analyze information; and information professionals, the administrators of computer networks.

These subject-matter experts are still figuring out how to integrate their skills, and events like the one in March are intended to help, said Meehan and Griffin. Rochefort members plan to hold two workshops a year, with the next in August.

At the Naval War College, Meehan and Griffin said they saw a niche where they can help address the gap that has opened between traditional warfare and the digital battlefields of today: education and support of the fleet.

"We educate people from senior enlisted to flag officers, going out to fleet commander staffs," Meehan said.

For example, a commander might contact them with a problem along these lines: How do I help my staff members -- who are highly trained at flying aircraft or fighting ships – integrate the new field of information warfare operations into their expertise?

The group would make an assessment. Do they put together a



team of experts and send them to the commander's staff for a weeklong workshop on that topic? That's a very likely answer, Meehan and Griffin said.

The broader response to that kind of query has been a series of fleet-oriented classes offered throughout the year on campus, focused on incorporating information warfare into the fight.

"We're allowed that kind of freedom of thought with a very scientifically heavy subject," Meehan said. "Being able to do that in an academic environment, I think, is not duplicated anywhere in the fleet."

Rochefort is not a research group, Griffin said. It doesn't have students assigned to it, and its members don't conduct much academic-style research.

The college coined a new term for it: advanced warfighting group.

Its namesake is Capt. Joe Rochefort, the WWII cryptological officer whose codebreaking is credited with helping win the Battle of Midway in June 1942. He was posthumously awarded the Presidential Medal of Freedom in 1986 for his role.

Rochefort's example from WWII still rings true today, Meehan and Griffin said.

"At that time, the naval force was enamored with battleships, carriers and traditional, conventional warfighting. You had this guy, Rochefort, with a small group of people going after energy and the radio frequency spectrum," Griffin said. "It was kind of a sideline effort, and it proved critical. That's how

From nsa.gov

our community relates to him." In five years, the Rochefort members want to be known as a center of excellence -- for both the Navy at large and individual information-warfare officers. They'd also like to see the group's core membership grow, with more faculty members assigned to Rochefort as a full-time project.

"We'd like to institutionalize being a kind of 'belly button' for the faculty, the students and the fleet commanders' staffs," Meehan said. "Having something clearly defined for this warfare area is important to us."

For more news from Naval War College, visit www.navy.mil/local/ nwc/.

Remembering the attack on USS Stark

By Samantha Crane

Supervisor of Shipbuilding Gulf Coast Public Affairs

PASCAGOULA, MISS.

On May 17, 1987, 37 sailors died and 21 were wounded when the USS Stark (FFG 31) was struck by two Iraqi missiles while on patrol in the Persian Gulf.

For Pete Christman, Supervisor of Shipbuilding (SUPSHIP) Gulf Coast production controller, the act of remembrance is much more personal.

Then a Radioman 2nd Class Petty Officer, Christman was with the ship on a sixmonth deployment during the Iran-Iraq War. As part of a seven-ship complement, he and his fellow sailors were charged with safeguarding the Persian Gulf's merchant shipping with the Navy's Middle East Force in Manama, Bahrain.

On the morning of the attack, the USS Stark was sailing through the Persian Gulf's war-free zone during a two-day exercise. That evening, as the majority of the 222 sailors were asleep or relaxing, the worst happened just after 9 p.m.

The ship's crew noted that an Iraqi Dassault Mirage F1 jet was passing much nearer to the ship than normal. Though the pilot was queried twice for identification, no response was received. Minutes later, the pilot released two Exocet air-to-ground missiles at what he believed to be an Iranian oil tanker.

The first missile struck the ship's forward port side, just above the waterline. Though it did not detonate, it left a flaming path of rocket fuel and severed the firefighting water lines to the forward part of the ship. Only about 25 second later, the second missile followed an almost identical path and detonated, the fuel from the first missile feeding the flames.

Because of the quick action of the sailors onboard that fateful night, the ship did not sink and many lives were saved. With the assistance of firefighting crews from nearby sister ships, the crew battled the fire over the next 24 hours. After the flames were extinguished, USS Waddell (DDG 24) and USS Conynghamn (DDG 17) escorted USS



A port quarter view of the guided missile frigate USS STARK (FFG-31) listing to port after being struck by an Iraqi-launched Exocet missile.

Stark to the Manama port in Bahrain the next day.

"After the initial repairs needed to make the journey, I sailed back from Bahrain as one of the 100 crewmembers that volunteered to say onboard," Christman said.

The ship was repaired at Huntington Ingalls Shipbuilding in Pascagoula for 15 months.

"While the ship was here for repair, I met my future wife. Once the ship was repaired here at Ingalls, I sailed back to the homeport, finished my US Naval service, got married and came to work at SUPSHIP," Christman said. I've been here at SUPSHIP for 31 years."

After repairs, the USS Stark conducted missions for another eleven years before being decommissioned in 1999 and scrapped in 2006.



"Yes, they were heroes," said President Ronald Reagan at a memorial held just days after the attack. In a further statement to the press, Reagan said "The hazards to our men and women in uniform in the defense of freedom can never be understated. The officers and crew of the U.S.S. Stark deserve our highest admiration and appreciation."

NMOTC Sailors awarded for saving lives

By MC2 Michael Lieberknecht Navy Medicine Operational Training Center

PENSACOLA, FLA.

Two Sailors assigned to detachments of Navy Medicine Operational Training Center (NMOTC) were recently recognized for life-saving actions outside their line of duty.

Aircrew Survival Equipmentman 2nd Class Destanie Gardner and Special Warfare Operator 2nd Class Ryan Finn, stationed at Aviation Survival Training Center (ASTC) Patuxent River, Md. and Naval Special Operations Medical Institute (NSOMI) in Fort Bragg, N.C. respectively, were each awarded a Navy and Marine Corps Achievement Medal for immediate heroic actions which saved lives.

"We are proud and grateful for the opportunity to recognize our Sailors' lifesaving efforts," said Capt. Theron Toole, commanding officer of NMOTC. "A central theme of NMOTC's missions is saving lives and these two Sailors demonstrated they are prepared to care for others whether it be down the street or downrange."

On March 26th, Finn responded to a patient who was experiencing cardiac arrest while on a rooftop in Camden, N.J. Upon arriving on scene, Finn quickly found a ladder and climbed up the garage, quickly identifying the man's symptoms and performed immediate life-saving interventions which brought back the patient's pulse, being ultimately critical in saving the man's life.

On April 14, Gardner, while at a department store in California, Md., witnessed an elderly lady begin to collapse.

"As I was passing the pharmacy section, I saw a woman who seemed a little off so I gave her a second look and noticed that she was beginning to fall into a shelf in the middle of the aisle," said Gardner. "Her eyes were starting to roll towards the back of her head, at which time she had also began to fall backwards."

Gardner and another bystander lowered to woman to the floor and onto her side. With no pulse or signs of breathing present, Gardner performed CPR until the woman regained her ability to breathe unassisted. Local emergency responders took the woman to a nearby hospital where the patient made a full recovery.

"To be honest, in that moment it did not occur to me as a choice, much less even a second thought," said Gardner. "She needed help and I happened to be the one to recognize that."

Gardner explained that without training she received from the Navy, she wouldn't be able to help the woman.

"Prior to joining the Navy I did not know how to give CPR," said Gardner. "Thanks to it being a mandatory requirement every two years, I now know how to properly provide CPR."

NMOTC is part of a healthcare network of Navy medical professionals around the world whom provide highquality healthcare to more than 1 million eligible beneficiaries. Navy Medicine personnel deploy with Sailors and Marines worldwide, providing critical mission support aboard ships, in the air, under the sea, and on the battlefield.

choice, much less even needed help and I happened to be the one to recognize that."

> Aircrew Survival Equipmentman 2nd Class Destanie Gardner

U.S. Navy **66** To be honest, in that moment it did not occur to me as a a second thought. She





TO SERVICE AND EDUCATION

When Jake Messier dropped out of college in his junior year to join the U.S. Marine Corps, he promised his dad that he would see the world and that he'd finish college.

Messier served as combat correspondent, traveling to 43 countries and covering stories about fellow servicemembers. During his last assignment in Tokyo, he made good on the second part of his promise too, completing a bachelor's degree from UMUC.

At age 45, he founded Olderpreneur Coach, a consulting service for older entrepreneurs, and HEARD Strategy & Storytelling, a marketing firm that created jobs for furloughed employees during the recent government shutdown.

Celebrate National Military Appreciation Month with University of Maryland University College! Give a shout-out to a servicemember today with the hashtag #UMUCMilitary or read more stories at umuc.edu/militaryappreciation.

> Jake Messier Bachelor of Science in Sociology

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USS Nevada (SSBN 733) wins Trident Submarine Outstanding Performance Award

By MC1 Amanda Gray

BREMERTON, WASH.

The Blue and Gold crews of the Ohio-class ballistic-missile submarine USS Nevada (SSBN 733) was presented with the 2018 Trident Submarine Outstanding Performance Award at the Armed Forces Gala at Naval Base Kitsap-Bremerton, May 18.

The award, also known as the Olympic Bowl Trophy, is announced annually by the Bremerton-Olympic Peninsula Council of the Navy League and given to the top ballistic-missile submarine in the U.S. Pacific Fleet.

Rear Admiral Douglas Perry, Commander, Submarine Group 9, and Command Master Chief Kevin Scarff presented the award to the crews commanding officers, Capt. Ryan Heilman and Cmdr. Edward Fulz during the gala.

"Tonight we honor the hard work and excellence of two exceptional crews," said Rear Adm. Douglas Perry, commander, Submarine Group 9. "Both Nevada crews consistently demonstrated superior performance in all mission areas throughout 2018 and Nevada was a top tactical, strategic, and engineering performer."

USS Nevada demonstrated exceptional service throughout 2018, supporting the nation's strategic deterrence mission with two patrols. The boat also achieved superior marks in every readiness evaluation during the year, a process which helps determine the award recipient.

"Nevada's leadership is strongly committed to quality of

FF ... Nevada is the most effective Trident submarine in the Pacific Northwest and an outstanding example of our nation's strategic forces."

Rear Adm. Douglas Perry

service and each Sailor's professional development, because of this, Nevada is the most effective Trident submarine in the Pacific Northwest and an outstanding example of our nation's strategic forces," said Perry. "This award is a testament that these crews have the skills, wisdom and dedication to keep their ship ready."

These areas include weapons system performance and readiness, navigation performance and practices, communication system performance, material condition and engineering readiness, personnel readiness, initiative in promoting new operational concepts, and tactical readiness.

The Trident Submarine Outstanding Performance Award was initiated in 1984 by Rear Adm. Willis "Pilly" A. Lent, who was serving as Navy League Council President. The first awardee was the Ohio-class ballistic missile submarine USS Michigan (SSBN 727).



MC1 Amanda R. Gray

WE GET

Capt. Ryan Heilman, commanding officer of the Ohio-class ballistic-missile submarine USS Nevada (SSBN 733) Blue crew, and Nevada Blue's Chief of the Boat Master Chief Timothy Glazner, receive the 2018 Trident Submarine Outstanding Performance Award during the Armed Forces Gala at the Admiral Theater in Bremerton, Washington. The award, also known as the Olympic Bowl Trophy, is announced annually by the Bremerton-Olympic Peninsula Council of the Navy League and is given to the top ballistic-missile submarine in the U.S. Pacific Fleet.



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Friends and Family watch as Sailors assigned to the Arleigh Burke-class guided-missile destroyer USS Spruance (DDG 111) man the rails as the ship pulls into San Diego May 20. Spruance and USS Stockdale (DDG 106), including detachments from Helicopter Maritime Strike Squadron 71 "Raptors", returned to their homeport of San Diego following a deployment to the U.S. 7th Fleet and 5th Fleet areas of operations as part of the John C. Stennis Carrier Strike Group, May 20.

HOMECOMING / Spruance and Stockdale participated in multiple exercises with international allies

Continued from B1

homeport of San Diego following a deployment to the U.S. 7th Fleet and 5th Fleet areas of operations as part of the John C. Stennis Carrier Strike Group, May 20.

John C. Stennis Strike Group, consisting of Carrier Air Wing (CVW) 9, USS Chung-Hoon (DDG 93), USS Mobile Bay (CG 53), and Destroyer Squadron 21 departed their respective homeports in October and November 2018.

While on deployment, Spruance and Stockdale participated in multiple exercises with international allies throughout the Indo-Pacific and Middle Eastern regions, strengthening global relations and partnerships while maintaining combat readiness. In Southeast Asia, Spruance worked alongside Sri Lanka in the South Arabian Sea during Cooperation Afloat Readiness and Training (CARAT) Sri Lanka 2019 and a bilateral Anti-Submarine Warfare exercise.

While in 5th Fleet, Spruance supported Operation Inherent Resolve, conducted eight Strait of Hormuz transits, and participated in exercises Intrepid Sentinel and Ship Anti-Submarine Warfare Readiness and Evaluation Measurement (SHAREM) with the Australian, British, and French Navies.

"Our sailors did a fantastic job this deployment, adapting to a wide variety of environments and a rapid tempo of operations," said Spruance Commanding Officer Cmdr. Matthew A. Smidt. "I am eternally impressed by our sailor's ability to overcome the challenges presented during periods of high operational demand and am very proud of the men and women of Spruance. We are all excited for some well-deserved time at home with family and friends."

other navy and civilian ships.

"This deployment highlighted every capability that the Carrier Strike Group provides," said Stockdale's Commanding Officer Cmdr. Leonard Leos. "Our dynamic team was properly manned and trained, and we were able to safely and successfully meet all mission requirements across every fleet."

U.S. 3rd Fleet leads naval forces in the Indo-Pacific and provides the realistic, relevant training necessary for an effective global Navy. U.S. 3rd Fleet works constantly with U.S. 7th Fleet to complement one another and provide commanders capable, ready assets across the spectrum of military operations in the Pacific.



While in 7th Fleet, Stockdale conducted maritime security operations. In both 7th and 5th fleets, Stockdale conducted multiple escort operations to ensure safe passage of the USS John C. Stennis and For more information on the USS Spruance please visit: https://www.public.navy.mil/surfor/ddg111/ Pages/default.aspx

For more information on the USS Stockdale please visit: https://www.public.navy.mil/surfor/ddg106/ Pages/default.aspx

For more information on U.S. Third Fleet visit

MC2 Abigayle Lutz

Interior Communications Electrician 3rd Class Jonathan Todd, assigned to the Arleigh Burkeclass guided-missile destroyer USS Stockdale (DDG 106), holds his daughter for the first time moments after the ship returns home to San Diego, May 20. Stockade and USS Spruance (DDG 111), including detachments from Helicopter Maritime Strike Squadron 71 "Raptors," returned to their homeport of San Diego following a deployment to the U.S. 7th Fleet and 5th Fleet areas of operations as part of the John C. Stennis Carrier Strike Group.



MC1 Sarah Villegas

Command Master Chief Toby Ruiz speaks to the Navy's Sailors of the Year at Arlington National Cemetery during Sailor of the Year (SOY) week. The program was established in 1972 by Chief of Naval Operations Adm. Elmo Zumwalt and Master Chief Petty Officer of the Navy John Whittet to recognize an individual Sailor who best represented the ever-growing group of dedicated professional Sailors at each command and ultimately the Navy. SOY finalists participated in a variety of leadership, naval heritage and team-building events throughout the week around Washington D.C.

SOY / Four sailors advanced to chief petty officer

Continued from B1

cial events held in their honor.

The Sailor of the Year program was established in 1972 by the Chief of Naval Operations Adm. Elmo Zumwalt and MCPON John Whittet to recognize an individual Sailor who best represented the ever-growing group of dedicated professional Sailors at each command and ultimately the Navy. When the program began, only the Atlantic and Pacific Fleet Sailors were recognized. Within 10 years, the Sailor of the Year program was expanded to include the shore establishment and Navy Reserve Sailors. Sponsored by the CNO, the program provides recognition to the Navy's outstanding Sailors through numerous presentations, awards and meritorious advancement to the next pay grade.

EMPLOYMENT / Helping military spouses find a career overseas

Continued from B1

for spouses overseas easier.

The tri-service team is expected to provide an update of their work to service secretaries by September 2019, with a final report and recommendations by December 2019.

"We must be mindful that while we recruit individuals, we retain families," said Secretary of the Navy Richard V. Spencer. "Our military spouses support us without hesitation and it is only right to support them. That is why we are committed to removing barriers and helping our military spouses find employment overseas."

The effort is part of a broader initiative to holistically address readiness challenges, including retention.

Additionally, each serv-

ice has released memorandums directing officials to implement re-licensure cost reimbursement for spouses based on authorities provided in the 2018 National Defense Authorization Act. The policy offsets the cost, up to \$500, of professional re-licensure incurred by military families as a result of qualified military assignments that move the family across state lines.

"We've made an impact on reciprocity for licensure for family members stateside," said Secretary of the Air Force Heather Wilson. "When I was visiting Aviano recently, the issue of spouse employment overseas came up and things we might be able to do to make it easier. I'm glad we are doing this together."





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GEICO honors SCPO Hopson for keeping sailors and ships safe

Navy Senior Chief Petty Officer Jack Hopson Jr. is responsible for keeping sailors safe so they can in turn, keep all of us safe. His dedication to protecting others has earned SCPO Hopson a 2018 GEICO Military Service Award.

»See B2

SECTION C | FLAGSHIPNEWS.COM | 5.23.2019



Navy Lt.Cmdr. Karen Sankes-Ritland, the training officer aboard the aircraft carrier Bush, holds her voungest daughter, Kelsey,3, Friday morning, May 10, 2019 on the front porch of their Norfolk home with Kailey,7, Trevor,6, and Kaira,5.

Bill Tiernan

By Brock Vergakis The Virginian-Pilot Staff writer

NORFOLK

Lt. Cmdr. Karen Sankes-Ritland never imagined life outside the military.

Her father was a Marine. Her husband is an explosive ordnance disposal officer. She's a Naval Academy graduate.

But more than a decade into her career, the strains of family life and a dual-military household were taking a toll. Her father had recently died, her third child needed openheart surgery and she was pregnant with her fourth child. Meanwhile, her husband was scheduled to deploy soon. She returned to the Navy in 2017 and now serves as the training officer aboard the aircraft carrier USS George H.W. Bush. The time off rejuvenated her. She said it made her a better officer.

"If I had stayed in, I honestly don't think I would be where I'm at right now," she said. "And that's due to needing the ability to take care of my family. And if I can't take care of my personal life, it would be very hard for me to perform in my professional life."

Sankes-Ritland is one of 217 sailors who have used or are using the Career Intermission Program since it was first offered as a pilot program in 2009, with 79 of those choosing to take time off for family reasons that could include having or adopting a child or taking care of an ill parent, according to Naval Personnel Command. Sailors can take up to three years off, but must serve an additional month after they return for every month they've been gone. The program is one of a series of changes the Navy has recently made to be more accommodating to working parents in an effort to retain talented sailors. Surveys show the top reasons people leave the service are the Navy's impact on the family, on their ability to have or adopt children and work-life balance.

C The bottom line is that women can be wives, mothers and Sailors all at the same time."

Lt. Cmdr. Jessica McNulty

past 20 years in how leadership treats sailors with children. A 2018 survey indicated that women planning to remain in the Navy were more likely to have children than those who are undecided or planning to separate from the service. In recent years the Navy has extended the hours child care is available, doubled its maternity leave to 12 weeks and removed the 40 person cap on the number of people who can go on sabbatical each year. Leaders — many of whom are women with children — are also being taught the importance of making sure those they're in charge of are taking care of their home lives so they're not distracted on a job where lives are at stake. Sometimes, the Navy now says, a family issue needs to take priority. "The bottom line is that women



A little playtime in the living room of their Norfolk home Friday morning, May 10, 2019 for Trevor Ritland,6, Kelsey Ritland,3, and Kaira,5, before leaving for school with their mom, Navy Lt.Cmdr. Karen Sankes-Ritland, the training officer aboard the aircraft carrier Bush.

"I just felt like I was starting to drown," she said.

Something had to change. She needed a break. But she didn't want to leave the Navy.

So after her fourth child's arrival in 2016, she took advantage of a program that lets enlisted sailors and officers take a sabbatical. For a year, she was a stay-at-home mom.

"I will forever be grateful for that year off because that was a very important time for me to be able to spend that time with my very young children," she said. "And I can tell you stay-at-home moms definitely have a really tough job. Very tough, but very rewarding."

But some working mothers say they've seen a cultural shift over the

can be wives, mothers and Sailors all at the same time," said Lt. Cmdr. Jessica McNulty, a spokeswoman for Navy Recruiting Command, which is specifically targeting women to join the service.

Other efforts to be more supportive include an update to the Navy's Pregnancy and Parenthood Mobile App, the creation of a "Breastfeeding in the Navy" campaign and a new Command Advisor on Pregnancy and Parenthood that's designed to support parents and normalize conversations on parenthood in the Navy, according to Chief of Naval Personnel spokesman Lt. j.g. Stuart Phillips. Chief Petty Officer Renea Powers, a Virginia Beach-based Riverine with three children ages 17 to 4, said the Navy treated working mothers much differently when she had her first child.

"It wasn't very conducive to women wanting to stay in. A lot of the females around me who were pregnant, like as soon as they had their baby and their time was up, they were getting out," Powers said.

Powers had praise for the extended hours and level of care offered at the Navy's child devel-

» See MOTHERHOOD | C3

Green Run NJROTC unit places second at national competition

Virginia Beach City Public Schools Press Release

VIRGINIA BEACH

Green Run's Navy Junior Reserve Officers'Training Corps (NJROTC) unit, comprised of students from Green Run High School (GRHS) and Green Run Collegiate (GRC), won second overall at the NJROTC Nationals. This two-day event only invites the top units in the nation to compete in academic, athletic and drill challenges.

Led by retired Navy Cmdr. Curtis Brown and retired Marine Corps 1st Sgt. Felix Robles, Green Run's unit has won first or second the last four years. This year, they brought home the first runner-up championship trophy, plus, six additional team trophies in the following categories: academics, armed exhibition, unarmed exhibition, unarmed basic drill, team curlups and team pushups.

place at NJROTC Nationals

Additionally, several cadets earned individual honors:

In pushups, GRHS senior Adriel Guzman and GRHS sophomore Lorenzo Burns earned third and seventh places with 140 and 110 pushups, respectively.

In curl-ups, Guzman took the second spot with 329, while GRHS senior Jakob Bradshaw and GRHS junior Adrian De La Riva both tied for sixth place with 320 curl-ups each.

GRC senior Taylor Turbide earned third place in academics, which tests cadets'knowledge of maritime history, leadership, nautical science, naval knowledge, naval skills, ships, ranks, current events and protocols.

Green Run's unit earned the right to compete at NJROTC Nationals by winning the Area Five NJROTC Championship in March. This was Green Run's seventh consecutive year to win Area Five, which is comprised of mid-Atlantic region schools from Virginia,



Green Run's NJROTC unit, comprised of students from Green Run High School (GRHS) and Green Run Collegiate (GRC), won second overall at the NJROTC Nationals.

Maryland and Washington, D.C.

Virginia Beach City Public Schools (VBCPS) offers NJROTC programs and naval science as an elective course at First Colonial, Green Run, Landstown, Princess Anne and Salem

high schools as well as Green Run Collegiate.

Established in 1964, and offered at accredited secondary schools across the nation, NJROTC's mission is to instill in students the values of citizenship, service to the United States, personal responsibility and a sense of accomplishment. For more information about the high school program, visit NJROTC's website. For information about NJROTC Nationals, visit the event website.

INSIDE: Check out Flagship Values, your source for automobiles, employment, real estate and more! Pages C6-7



For a complete list of events in Hampton Roads or to submit your own, visit www.flagshipnews.com/calendar



Teetotalers & Moonshiners: Prohibition in Virginia, Distilled

- May 13 June 22
- Slover Library, 235 E Plume St., Norfolk
- Exhibit provided by the Library of Virginia. Free and open to the public.

Slover Library will be awash in the historical importance of Prohibition as it hosts the traveling exhibitTeetotalers & Moonshiners: Prohibition in Virginia, Distilled. The exhibit, provided by the Library of Virginia, addresses the economic and social costs of Prohibition, as well as its part in the 18-year social reform movement and the legacy still seen today in the form of NASCAR, the creation of the Virginia Department of Alcoholic Beverage Control and the rise of the modern distilling industry.

NAVSTA Norfolk - Free Movie Nights

May 22

- Main Gate Theater, 1500 Mall Dr., Norfolk
- **(757)** 444-5588

Naval Station Norfolk MWR is taking you to the movies with free Movie Nights at Main Gate Theater. Movie nights occur on the second and fourth Wednesday each month. Open to active duty and one guest age 18 or older. Movie titles to be announced.



Courtesy photo

Roald Dahl's Matilda The Musical

May 22 – June 2, \$20 - \$45
 Wells Theatre, 108 E Tazwell St., Norfolk
 www.vastage.org/matildathemusical/

Community

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The Flagship welcomes submissions from our readers online.

Please submit **events** here: www.militarynews.com/users/admin/calendar/event/

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GEICO honors SCPO Hopson for keeping sailors and ships safe

Press Release

NORFOLK

It's Navy Senior Chief Petty Officer Jack Hopson Jr.'s job to keep sailors safe so that they can do the job of keeping all of us safe.

As a 3M trainer and inspector at Naval Air Forces Atlantic in Norfolk, Virginia, he's responsible for keeping ships' fire protection equipment in working order and training others to conduct emergency repairs, fight fires and anything else required to save lives and keep ships afloat.

"I have to prepare the crew for the worst-case scenario. When we are out to sea, if we get hit by a missile, collide into something or a fire ignites, the crew has to be ready," SCPO Hopson said. "It is an amazing and sometimes eerie feeling to do my job. I was definitely forged by the sea, and I love

what I do. I wouldn't change it one bit!"

His dedication to protecting others has earned SCPO Hopson a 2018 GEICO Military Service Award. The Hopkinsville, Kentucky, native says military service is a calling and part of his family's DNA. His WWII Army veteran father and SCPO Hopson's own son -- whose Army service included operations Iraqi Freedom and New Dawn -- are among many who make up his family's strong military legacy.

"A great deal of my family served in the military," said SCPO Hopson. "They are all great men and women who are very well respected. I wanted to be great and respected like them."

SCPO Hopson has seen large swaths of the country and plenty of the world over the course of his more than 25 years in the Navy. In fact, he spent time in Rota, Spain, to develop a first-of-its-kind Navy training course that includes a series of action plans for various emergency scenarios.

"I have served with and met some exciting people in various countries," he said. "I appreciate the Navy for providing me with opportunities to get my own degrees and certifications and build my experience in my job field."

SCPO Hopson has been quite generous with his vast safety and emergency preparedness knowledge. He has helped more than a dozen nonprofits address codecompliance issues, and it is not uncommon to find him reading safety-themed children's books at daycare centers and schools. SCPO Hopson is an aspiring writer himself; his first book, "Naval Engineering: Principles of Fire Protection," is set to be published this sum-

1 The founda-

tion upon which

the show is built

is humor and

history. It's a

Kearsarge's

makes

celebration of

everything that

history so rich."

Mass Communication Specialist

1st Class Mike DiMestico

(From right) Honoree SCPO Hopson with his wife Barbara and Navy Fleet Master Chief Wes Koshoffer.

Courtesy photo

In addition to his writing pursuits, SCPO Hopson spends his free time with his wife Barbara, his son Eric

mer.

wife Barbara, his son Eric and grandson Eli'Jah. He is also one of the brothers of St. Paul #104 Masonic Lodge.

While SCPO Hopson says cuts in resources have made his job more challenging, he loves what he does and loves the Navy.

"The military can make you become the best that you can become. It can give you purpose and direction," he said. "It can be challenging, but it will be rewarding. It was the best decision I ever made, and I would make the same decision over and over and over again."

This year marked the 30th anniversary of the GEICO Military Service Awards, which honor one enlisted member from each of the five Armed Services and one member from the National Guard or Reserve for their achievements and contributions to civilian and military communities.

This musical adaptation of Roald Dahl's classic book tells the story of Matilda Wormwood, a young girl with a sharp wit and love for books. With her special brand of ingenuity, she dares to stand against the tyranny of adults who seek to crush her imagination. This multi-Tony award-winning musical provides the perfect opportunity for collaboration between Virginia Stage Company and The Governor's School for the Arts to highlight our local students alongside some of the top professional actors from around the country.

Norfolk Tides vs. Columbus Clippers

May 28 – May 30

Harbor Park Stadium, 150 Park Ave., Norfolk

For times visit www.milb.com/norfolk

The Norfolk Tides are the Triple-A affiliate of the Baltimore Orioles, and a member of the International League. Norfolk has been the top affiliate of the Orioles since 2007, and a member of the International League since 1969. The Tides served as a New York Mets affiliate from 1969 - 2006 before aligning with the Orioles in 2007.

For more information about the Norfolk Tides Team, please visit www.norfolktides.com.



Courtesy of Sandler Center

An evening with David Crosby & Friends

May 29, 8 p.m. \$45.50 - \$95.50

The Sandler Center, 201 Market St., Virginia Beach

www.sandlercenter.org

The folk-rock pioneer has had an unparalleled sixdecade career. The California native has produced songs that resonate with over three generations of fans. During his career, he has collaborated with dozens of artists, including Joni Mitchell, James Taylor, Pink Floyd's David Gilmour, Phil Collins, Elton John, and Carole King. He has been nominated for nine GRAM-MYs and won Best New Artist Of The Year, along with being induced in the Songwriters Hall of Fame in 2009. He remains as engaged and energized as ever, with no end in sight.

New Kearsarge Show Focuses on Crew, Ship's History

By Mass Communication Specialist 2nd Class Ryre Arciaga USS Kearsarge (LHD 3) Public Affairs

ARABIAN SEA

Long stretches at sea make one appreciate things so easily taken for granted at home. Digital entertainment becomes an especially valued commodity. The shipboard information, training and entertainment television (SITE TV) system is a resource used to convey information to the crew. Often, very dry, SITE TV programming features training in the form of videos, command messages, and PowerPoints. The media team aboard the Wasp-class amphibious assault ship USS Kearsarge (LHD 3), however, has created something entirely different-a show that puts a clever new spin on command information and morale.

This deployment, they decided to change things up and started a comedy news program called Carasarga. The aim of the show is to "infotain" the crew by delivering relevant news and messaging in a fun and engaging package throughout deployment.

"I had a show on Truman (the Nimitz-class aircraft carrier, CVN 75) years ago and it was a huge boost to morale," said Mass Communication Specialist 1st Class Mike Di-Mestico, Carasarga's lead writer and director. "It was such a rewarding experience because we were able to showcase all the incredible things people did around the ship. I felt Kearsarge Sailors deserved the same attention. So many Sailors toil all day every day and receive little recognition outside of the command. I wanted to bring their lives and their experiences to the public's attention."

In addition to highlighting the crew and their achievements, the show was produced with the aim of uniting the crew and instilling a sense of pride in and ownership of the command.

"It's important for

the crew to understand we're all in this together," Di-Mestico said. "Our shared experiences, all the unique nuances of life on a warship, are the ties that bind us. There's comfort in that. I wanted Carasarga to celebrate the current crew as well as all those who came before. This crew has a lot to be proud of and it's important they realize that they are very much a part of Kearsarge history."

Another important aspect of the

show is the emphasis placed on Kearsarge history. Its intro takes viewers from the Pennacook Native American tribe that named Mount Kearsarge to the day the ship departed on its deployment. There's even a segment that takes place in the 1960's.

"The foundation upon which the show is built is humor and history," DiMestico said. "It's a celebration of everything that makes Kearsarge's history so rich. We have a segment called Less Bow, More Stern that takes our audience back in time to 1968 aboard the last ship to bear the name Kearsarge, CVS 33. It is extremely important to us that crew members are aware of all they share with those who have gone before and that they are a vital part of the Kearsarge legacy."

A lot of work goes into creating a show of this scope. The media team

spends an entire month writing, casting, shooting and editing each episode. The team starts with a brainstorming session to ensure the material is relevant, original, clever and entertaining. Once an episode is conceived, an MC is assigned to each segment, to direct, produce and edit.

"We have to write a script and storyboard so we know exactly how each piece will play out," DiMestico said. "Then we shoot. The hardest part of pro-

duction is the scheduling and coordination, especially if you're working with multiple actors."

After shooting, they do some fine tuning before exporting the final product.

"That's one thing that people don't see, the hours we spend in front of our computers cutting, re-cutting, tweaking audio and creating graphics," DiMestico said. "It's a lot of work, but well worth every minute when you see people enjoying the finished product."

Mass Communication Specialist 1st Class Deven B. King, Kearsarge Media leading petty officer and Carasarga's executive producer said

MOTHERHOOD / Cultural shift over in treatment of sailors with children

Continued from C1

opment centers, as well as how affordable they are. Sailors are charged on a sliding scale based on their pay, but it's not uncommon for sailors to pay half the price for daycare that they would at a comparable accredited private facility.

Powers sends her youngest child to one of the Navy's centers. The only problem is that the centers can't handle more children, she said. Wait lists to get in are common. Each center maintains low caretaker-to-child ratios and they're limited in how many children they can accept.

The one for Naval Station Norfolk can handle 300 children and is at capacity. The wait list has 300 names on it. The children of active-duty sailors and single parents get priority.

The Navy also offers a 24/7 care program for sailors who work overnight watches. That program can handle 20 children and offers to certify in-home caretakers that may allow children to have more personal attention closer to where they live.

Chief Petty Officer Sheri Bergeman, who works at Fleet Forces Command in Norfolk, was someone who thought about getting out of the Navy after she had the first of her three children. But she stayed in largely because she and her husband still had contracts to serve and she was able to transfer to shore duty. When she had her first two children, she only got six weeks off.

But for her third child, she got 12 weeks.

"It's important to have that additional time for bonding. So six weeks, you're going back to work, you kind of have a little bit of resentment, like 'Oh my gosh, I don't spend this time with my baby.' Your mind is not at work," she said. "You're there, but you're really not focused."

FREE

Bergeman would spend her lunch hours at the daycare with her baby. "Because that's where my heart was. That's where my mind was."

For her, the Navy's new extended leave policy also came with another benefit: paternity leave. For her third child, her husband was also able to take time off work and take some of the burden off her.

"You have a baby and you're tired," she said. "You're up all that time. So having them there to be able to care for the baby and, you know, be awake — that's huge."

Since June, the Navy also has offered more flexibility in its parental leave policy by allowing whoever the primary caregiver is to take six weeks off even if it's not the birth parent. It also increased time off for the secondary caregiver from 10 days to 14.

The service "recognizes the diversity of our Navy families," Phillips said. "As our dual-military, dual-income, same-sex and single parent families continue to grow, so must our focus on family-friendly policies."

Bergeman said she'd like to see the Navy help more women who can't have children by paying for in vitro fertilization.

"Right now that's not covered," she said. "I think that would be huge because there are a lot of women that want to have children that can't. I'd like to see the Navy actually support that."

Sankes-Ritland believes the Navy is on the right track. She's especially a fan of the sabbatical program.

"I am a huge proponent of it," she said.

She talks up the program to other women sailors, especially single moms: "I always let them know that there are these opportunities and resources everywhere in the Navy that you can take advantage of."

Brock Vergakis, 757-222-5846,

Chief Petty Officer Sheri Bergeman poses for a picture with her family.

> Courtesy of J. Brown

KEARSARGE / Comedy news program aims to "infotain" the crew by delivering relevant news and messaging

Continued from C2

that unlike an aircraft carrier, which has a shop of 30 or so MCs, Kearsarge Media only has 11.

"What impresses me most about Carasarga is how our team manages to pull it off every month," said King. "There isn't a group responsible for just video that can devote the whole work day to producing a show. Every one of my guys does everything in addition to collateral duties, maintenance, training and qualifications, which require a lot of their time. For these reasons, I was hesitant to signoff on the project at first. I knew how much work goes into a production like Carasarga, and we were already so busy. But they told me they could and wanted to do it. I think anyone who watches the show will agree they knocked it out of the park."

Besides the long hours and added responsibility that comes with making the show, another challenge is producing content that is both original and grabs the attention of viewers. One of the ways that Carasarga is different from most ship shows is the MCs never feature themselves outside of anchoring and interview segments.

"One of the most common mistakes MCs make with shipboard programing is they make it too much about themselves," said DiMestico. "Nobody who has been doing back-breaking work in 100 degree temperatures all day wants to watch a bunch of MCs in air conditioned spaces laughing at their own jokes. Carasarga is all about the crew. We use every opportunity to feature someone new and try to spread the love as much as possible. We are extremely careful about making sure our only role is to facilitate each segment. The subject and focus has to be on crew members."

Another element that makes Carasarga unique is the use of parodies and pop culture references. For example, the segment Personnel, which is a take on the popular TV show The Office, features Sailors who aren't normally in the spotlight.

"The idea behind the bit, and those like it, was to highlight jobs on the ship people may not appreciate as much as some of the more high visibility jobs," said Mass Communication Specialist 2nd Class Michael Eduardo Jorge, co-director and anchor. "It's a parody, but also manages to disseminate relevant information to the crew about questions the personnel office receives on a daily basis. It's one of my favorite skits because it isn't necessarily as flashy as some of the other segments since it takes place in an office environment, but it still captures the different situations and frustrations they deal with."

The show has been well received by the Sailors of Kearsarge.

"The crew loves it!" said Kearsarge's Command Master Chief Ricardo Moreyra. "Every time a new episode comes out, it's the talk of the deckplates. It's made by the crew, for the crew, so it's always fun to see Shipmates featured on the show."

Carasarga doesn't just entertain, it has become something bigger, something that's made a positive impact on Sailors aboard Kearsarge.

"Deployments can become monotonous and stressful," Moreyra said. "Carasarga helps us all break away from those negative influences. It provides our crew with something to look forward to every month and gives us a refreshing perspective on everyday shipboard occurrences. It's always good for morale anytime we can set aside our differences, laugh at each other in a fun and constructive manner, and ultimately come together."

The Kearsarge media team plans to air a new episode each month until the end of deployment and has begun releasing segments of the show on the ship's Facebook page: https://www.facebook.com/ Kearsarge

Kearsarge is the flagship for the Kearsarge Amphibious Ready Group and, with the embarked 22nd Marine Expeditionary Unit, is deployed to the U.S. 5th Fleet area of operations in support of naval operations to ensure maritime stability and security in the Central Region, connecting the Mediterranean and the Pacific through the western Indian Ocean and three strategic choke points.





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Five Pet-Friendly Tips for the Family Yard

Outdoor Power Equipment Institute (OPEI)

Lucky the TurfMutt, is the official spokesdog of the Outdoor Power Equipment Institute (OPEI) environmental education program, TurfMutt.com. Lucky encourages pet parents to reevaluate their family yard each season to ensure it's appropriate for their furry friends.

Planted and cared for properly, the family yard can offer an outdoor living room for family, children and pets. It can also support biodiversity, foster health benefits for humans and pets, and benefit the environment.

Here are TurfMutt's top five tips for ensuring the family yard is a place everyone can enjoy yearround.

Consider your dog's needs

Each dog – senior, puppy, small, big, active breed or not-so-much – has different needs. Is your dog a water hound? Maybe you should include a splash pool or water fountain. Got a digger? A sand pit

might work well to keep your dog entertained – and the mess con-

tained. Does your dog love to run the perimeter of your yard? Design your yard with his path in mind. Does she have dog friends next door? Maybe an eye-level hole in the fence would keep her from barking. Jot down everything your dog needs from your family yard, then you map out your landscaping accordingly.

Keep your pet safe & sound

One of the most important pet features in your family yard is a secure fence – whether it's made of wood, metal, vinyl or concrete. Inspect and fix your fence – or install one – so you can rest easy knowing your dog is safely within the boundary of your yard.

Include turfgrass

Turfgrass is safe – unlike concrete, asphalt or hard ground – and offers your pet a soft, cool spot to lie down, even during the hottest conditions. It also creates a comfortable backyard playground and provides a place to take care of



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business. There are many types of turfgrass that can handle "ruffhousing" from dogs and kids alike. Check your climate zone to make sure you're selecting an appropriate grass species for where you live. (Another bonus benefit is grass is very good at capturing and filtering rainwater.)

Select the right plants

You'll want to have a balance of grass, flower plants, trees and shrubs in your family yard. Including this mix of species will not only be beautiful, it will also help support biodiversity. Remember, nature starts in your own backyard! Keeping your climate zone in mind, select appropriate landscaping for the areas you've identified in your yard. Around walking paths, for instance, you'll want to include sturdy, yet soft foliage that can stand up to puppy and people traffic without scratching. Use elevated boxes and patio planters for more delicate flowering plants.

Avoid toxic plants

One last word of important advice – there are some plants and shrubs that are poisonous to dogs. You'll want to avoid these in your outdoor living room entirely. The American Society for the Prevention of Cruelty to Animals (ASPCA) has a list of toxic plants that you should refer to when shopping for your family yard.

Learn More. For more information on the benefits of our living landscapes and how to be an outsider, visit www.SaveLivingLandscapes.com. For more about the TurfMutt program, go to www.TurfMutt.com.

Grow your own food in small spaces

Brandpoint

When it comes to cooking and eating the freshest vegetables and herbs, we recommend growing your own. Make the most of your harvest this year by selecting plants that will thrive in your space. Container gardening is a great option, perfect for those who want to plant on patio or deck spaces. You can use containers to grow favorite herbs and vegetables, so you can harvest fresh flavors right outside your door. Whether you have a condo patio, a high-rise rooftop, a quaint sunny corner of your yard or even a window box, the experts at Burpee Plants know anyone can be a successful gardener no matter their level of experience or space available. Here are top suggestions for plants perfect for small spaces that bring the performance and flavor:

which means healthy plants all season, and features impressive, extra-large tomatoes that are as fun to grow as they are to eat.

Jungle Parrot Pepper: Named for its adorable, beak-like shape, this pepper is perfect for patio containers. It ripens to a beautiful, rich red that adds a pop of color to your space. Enjoy this sweet and delicious pepper fresh from the vine, displayed as a table centerpiece, sliced for a sauté or as stuffed appetizers.

Dispelling myths about home warranty plans



Confetti Pepper: Petite peppers pack a lot of punch in a little 2-ounce size that can be eaten fresh at any stage, from green to ruby red. The eye-catching leaves are beautiful, too. Kids especially enjoy watching the fruit change colors over time and snacking on the bountiful harvest.

Atlas Tomato: If you want a big slicing tomato for sandwiches or a stacked caprese salad, the Atlas Tomato is for you. This container-friendly beefsteak tomato is disease resistant, Merry Mint Fresh Flavors Herbs: Add healthy flavor to all types of cooking by planting your own herbs. Merry Mint and other favorite flavors can be snipped as needed for salads, marinades, garnishing and more. From parsley and basil to sage and thyme, herbs are easy to care for both indoors and outdoors and easily expand your recipe possibilities.

Discover more garden inspiration, DIY projects and new recipes, like this Fauxjito, by visiting burpeehomegardens.com:

The Fauxjito Ingredients

Merry Mint from your herb garden, Still water, Sparkling water, Glass carafe

Directions

Chop and muddle a few sprigs of Merry Mint and add to the carafe. Next, fill carafe full with one-third still water and then twothirds sparkling water. Pour into glasses and enjoy!



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If you're considering a home warranty plan, you are probably doing your due diligence - as you should - on how they work, who the different providers are and what to expect from the experience. This article is meant to help you understand home warranty plans, as well as separate fact from fiction.

Go the extra mile to protect your home

Myth: "I don't need a home warranty plan because I have home insurance."

Investing money, time and love into a place to call home can be scary, especially knowing that things don't always go as planned. You may have homeowners insurance to protect your home against unexpected disasters, but these plans typically don't cover the issues that come with the everyday wear-and-tear your home systems and appliances go through. The reality is that unexpected breakdowns will happen, and they can be costly.

Trusted connections and expert service

Myth: "It's hard to know who you can trust these days, and I need someone who knows what they're doing and is looking out for me."

When an appliance or home system needs repairing, choosing the right person to bring into your home can be a daunting task. If American Home Shield is your home warranty provider and you need service, it's like getting a recommendation from a trusted neighbor (if that neighbor had facilitated over 65 million in-home service requests in their lifetime).

Contractors for American Home Shield must meet certain criteria, including background checks, company training and living up to high customer-service standards.

"Our network of over 16,000 local professionals are in homes making quality repairs for our customers over four million times a year," said Dave Quandt, vice president of field services with American Home Shield. "Along with convenient access to qualified service contractors, we also provide our customers with valuable protection against costly repairs when major home systems and appliances break down."

Smart budget protection

Myth: "I'm already saving for unexpected breakdowns, so I don't need extra coverage."

Many home warranty plans offer varying coverage levels so that homeowners can choose the level of protection that's right for their individual home and budget needs. Considering that 58% of Americans have less than \$1,000 in savings, an unexpected repair cost could cause serious financial strain. American Home Shield plans cover components of up to 21 major home systems and appliances that are most likely to break down over time due to normal wear-and-tear. "Every homeowner knows that it's just a matter of time before something breaks down, and no one likes unexpected repair costs. That's part of what makes home warranties a smart choice for so many consumers," said Tim Meenan, executive director of the Service Contract Industry Council. "However, coverage varies by plan and provider, so it's important to do your homework and ask questions."

Meenan says with most plans, customers pay a predetermined service fee to diagnose and repair a covered item, but there can be noncovered expenses such as permit and disposal costs, refrigerant, necessary code upgrades and more.

If you're in the market for a home warranty, keep in mind that some companies offer additional home-related services and discounts to their customers. Those with American Home Shield, the largest provider in the nation, can also take advantage of services such as seasonal HVAC tune-ups and upgrades, lock re-key services (real estate customers only), appliance discounts and more.

Home warranties can help save homeowners from many of the headaches that come with owning a home. The plans are growing in popularity as more and more consumers take advantage of the convenient access to professional service contractors, valuable budget protection, and now, the additional services that providers like American Home Shield offer.



coming to theaters

THE SECRET LIFE OF PETS 2

The Secret Life of Pets 2 will follow summer 2016's blockbuster about the lives our pets lead after we leave for work or school each day.

ALADDIN

A thrilling and vibrant live-action adaptation of Disney's animated classic, "Aladdin" is the exciting tale of the charming street rat Aladdin, the courageous and self-determined Princess Jasmine and the Genie who may be the key to their future. Directed by Guy Ritchie, who brings his singular flair for fast-paced, visceral action to the fictitious port city of Agrabah, "Aladdin" is written by John August and Ritchie based on Disney's "Aladdin."

ROCKETMAN

An epic musical fantasy about the uncensored human story of Sir Elton John's breakthrough years.

ANNABELLE COMES HOME

Determined to keep Annabelle from wreaking more havoc, demonologists Ed and Lorraine Warren bring the possessed doll to the locked artifacts room in their home,

Courtesy of Fandango

placing her "safely" behind sacred glass and enlisting a priest's holy blessing. But an unholy night of horror awaits as Annabelle awakens the evil spirits in the room, who all set their sights on a new target—the Warrens' ten-year-old daughter, Judy, and her friends.

BRIGHTBURN

What if a child from another world crash-landed on Earth, but instead of becoming a hero to mankind, he proved to be something far more sinister? With Brightburn, the visionary filmmaker of Guardians of the Galaxy and Slither presents a startling, subversive take on a radical new genre: superhero horror.

MEN IN BLACK: INTERNATIONAL

The Men in Black have always protected the Earth from the scum of the universe. In this new adventure, they tackle their biggest, most global threat to date: a mole in the Men in Black organization.

TOY STORY 4

Woody, Buzz Lightyear and the rest of the gang embark on a road trip with Bonnie and a new toy named Forky. The adventurous journey turns into an unexpected reunion as Woody's slight detour leads him to his long-lost friend Bo Peep. As Woody and Bo discuss the old days, they soon start to realize that they're worlds apart when it comes to what they want from life as a toy.

base theaters \$3 Movies



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Friday, May 24 6:30 p.m. Avengers: Endgame (PG-13)

Saturday, May 25

5:00 p.m. ADVANCED SCREENING: Godzilla: King of The Monsters (PG-13)

Sunday, May 26

1:00 p.m. **Little** (PG-13) 4:00 p.m. **Ugly Dolls** (PG) 6:30 p.m. **Avengers: Endgame** (PG-13)

NAS Oceana, Aero Theater – 433-2495

Friday, May 24 6:00 p.m. Avengers: Endgame (PG-13)

Saturday, May 25

12:00 p.m. **Ugly Dolls** (PG) 2:30 p.m. **Avengers: Endgame (3D)** (PG-13) 6:00 p.m. **The Curse of La Llorona** (R)

Sunday, May 26

12:00 p.m. **Little** (PG-13) 3:00 p.m. **Ugly Dolls** (PG) 5:30 p.m. **Avengers: Endgame** (PG-13)

Schedule is subject to change. For your weekly movie showtimes and more, check out the navy Mid-Atlantic Region MWR website at discovermwr.com.



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Sudoku

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last week's answers

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: O equals D

ORO AROM RB MZZQFD BQD

DQ WRXJM ZQFMJD ZLFMJ.

UM WGRLAMO LD'J BQD BLWM

DQ ZXMG AQDUMF BRDXFM.

Last week's CryptoQuip answer

If some alcohol is produced from decorative wood varnish, you may end up with lacquer liquor.



For your installation's religious service times, visit www.flagshipnews.com/ base information/religious services







2019 Sienna



2019 TACOMA



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15750 REBATE OFFERED BY TOYOTA MOTOR NORTH AMERICA, INC. AND MAY BE APPLIED TOWARD FINANCE OR LEASE CONTRACTS ON NEW TOYOTA VEHICLES, DATED FROM MAY 1,2019 THROUGH 15750 REBATE OFFERED BY TOYOTA MOTOR NORTH AMERICA, INC. AND MAY BE APPLIED TOWARD FINANCE OR LEASE CONTRACTS ON NEW TOYOTA VEHICLES, DATED FROM MAY 1,2019 THROUGH COAST GUARD AND ACTIVE RESERVE) OR A U.S. MILITARY INACTIVE RESERVE (I.E., READY RESERVE) THAT IS PART OF THE INDIVIDUAL READY RESERVE, DATA DI NACTIVE NATIONAL GUARD, COAST GUARD AND ACTIVE RESERVE) OR A U.S. MILITARY INACTIVE RESERVE (I.E., READY RESERVE) THAT IS PART OF THE INDIVIDUAL READY RESERVE, SELECTED RESERVE AND INACTIVE NATIONAL GUARD, COAST GUARD AND ACTIVE RESERVE) OR A U.S. MILITARY INACTIVE RESERVE (I.E., READY RESERVE) THAT IS PART OF THE INDIVIDUAL READY RESERVE, SELECTED RESERVE AND INACTIVE NATIONAL GUARD, COAST GUARD AND ACTIVE RESERVE) OR A U.S. MILITARY INTENT INTO Y CARS OF THEIR DISCHARGE/RETIREMENT DATE; OR A HOUSENDU PERIOD PART ELUS MILITARY VERSIONNEL, INCLUDING GOLD STAR FAMILY MEMBERS; AND (2) PROVIDE VERIFIABLE POOF OF MILITARY STATUS OR ACTIVE SERVICE; (3) RECEIVE A SALARY SUFFICIENT TO COVER ORDINARY LIVING EX-PRESSES AND FOUR NEW VEHICLE; AND (4) RECEIVE CREDIT APPROVAL FROM AND EXECUTE A FINANCE OR IEASE GONTRACT THROUGH A PARTICIPATING DUARD THE CONTRACTS, REBATE MUST BE APPLIED TOWARD THE AMOUNT DUE AT LEASE SIGNING OR TOWARD THE CONTRACTS, REBATE MUST BE APPLIED TOWARD THE AMOUNT DUE AT LEASE SIGNING OR TOWARD THE CONTRACTS, REBATE MUST BE APPLIED TOWARD THE AMOUNT DUE AT LEASE SIGNING OR TOWARD THE CONTRACTS, REBATE MUST BEAT PRICE TERMS MAY BE MORE GENERAL SERVICES IS A SERVICE MARK OF TOYOTA MOTOR CREDIT CORPORATION (MCC). TOYOTA FINANCIAL SERVICES, CONTRACTS, REBATE PROGRAM, THE IFIPROGRAM, AND THE LEASE END REFINE GRAM. SUB TRACTS AND RASALES TOX. TERMS, CONTRACTS, REBATE MUST BAY SALES TAX. MODI WHELE AND RUBATING MUST AND RESERVE, AND READY RESTRUCTORS AND RASALES AND CARTITARY MENTE TERMS IN TOUR AREA. MUST PAY SALES TAX. MODI WHELE