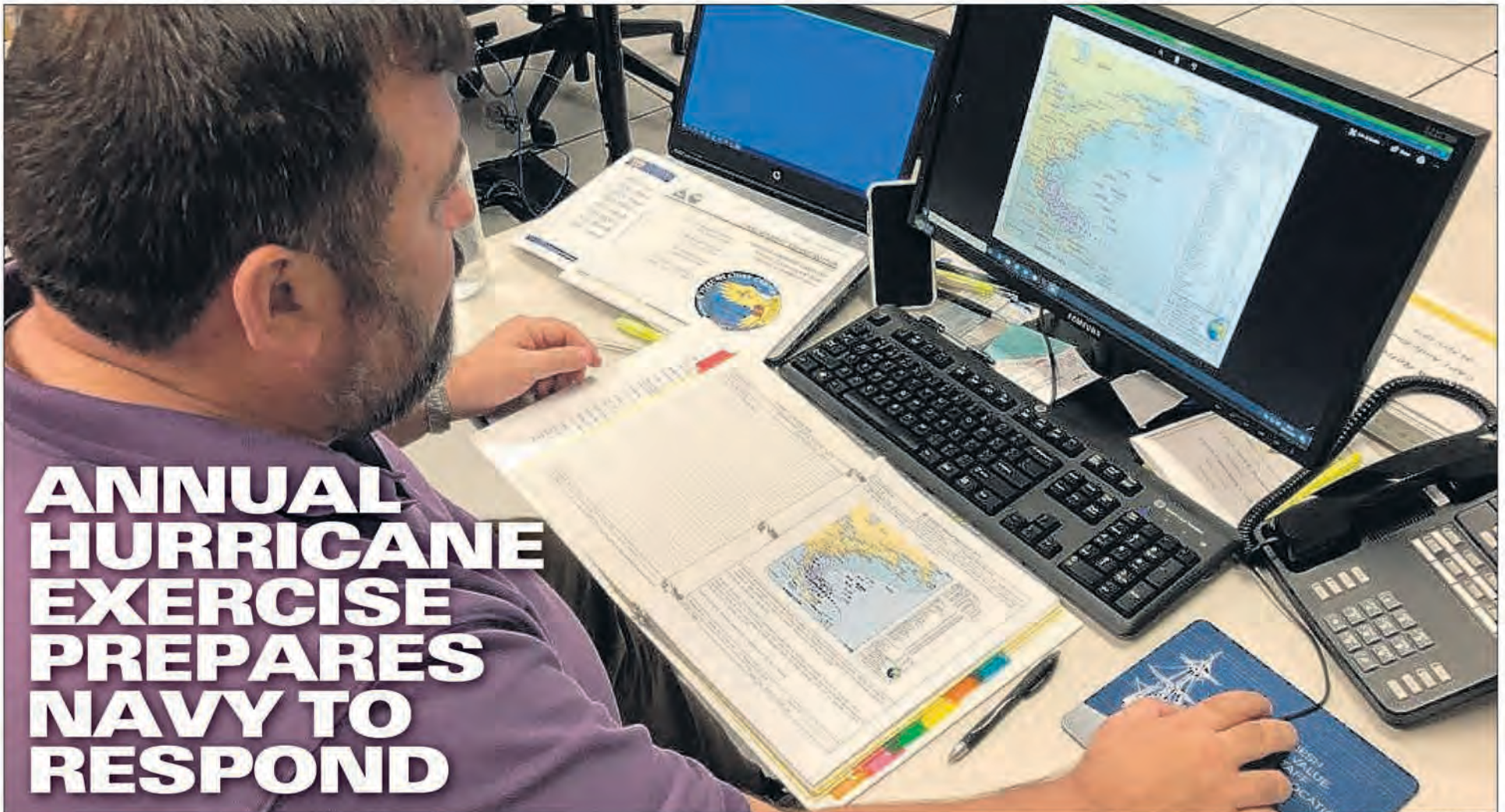




ANNUAL HURRICANE EXERCISE PREPARES NAVY TO RESPOND

Patrick Paulsen, NAS Patuxent River emergency management officer, tracks the path of the notional Hurricane Marg during the 2019 HURREX/Citadel Gale exercise. The annual hurricane exercise is designed to prepare the Navy to respond to weather threats in coastal regions and maintain the ability to deploy forces, even under the most adverse weather conditions.

By Donna M Cipolloni
 Naval Air Station Patuxent River

PATUXENT RIVER, MD.

The 2018 Atlantic hurricane season produced 15 named storms, including eight hurricanes, and will be remembered most for hurricanes Florence and Michael, which caused significant damage in the southeastern U.S., according to the National

Oceanic and Atmospheric Administration. For the fourth consecutive year, hurricane activity began prior to the official June 1 start of the season.

As this year's hurricane season approaches, the Navy is conducting HURREX/Citadel Gale 2019, its annual hurricane exercise designed to prepare the Navy to respond to weather threats in coastal regions and maintain the ability to deploy forces, even

under the most adverse weather conditions.

"This year's exercise involves a simulated storm system developing and intensifying to Category 3 hurricane strength before making landfall southeast of Wilmington, North Carolina," said Pat Paulsen, supervisory emergency management specialist at Pax River.

All Navy commands with personnel in Navy Region Mid-At-

lantic, Naval District Washington and Navy Region Southeast – ashore, afloat, in port and underway – participate. The exercise, which takes place April 15-26, will also evaluate and test Pax River's capability to prepare, mitigate, respond and recover from a hurricane or similar incident causing life/safety concerns and disruption to infrastructure.

"The first week is going through all the preparation steps

to get ready for the hurricane," explained Paulsen. "There's a lot of information sharing and decisions to be made, such as do we close the base and evacuate personnel, should aircraft start leaving for other facilities, etc. One of the first areas I'd contact if I see anything coming is Air Operations because they're our primary liaison into Test Wing and they

» See **HURRICANE | A7**



MC2 Zach Sleeper
 An F/A-18E Super Hornet assigned to the "Gunslingers" of Strike Fighter Squadron (VFA) 105 approaches on the flight deck of the aircraft carrier USS Dwight D. Eisenhower (CVN 69). Ike is underway conducting flight deck certification during the basic phase of the Optimized Fleet Response Plan (OFRP).

IKE completes flight deck certification

From USS Dwight D. Eisenhower Public Affairs

NORFOLK

The Nimitz-class aircraft carrier USS Dwight D. Eisenhower (CVN 69) returned to its Norfolk homeport April 19 after successfully completing its flight deck certifications while underway in the Atlantic Ocean.

The certification ensures the ship's flight deck, as well as the Sailors who conduct flight operations, are capable of safely

launching and recovering aircraft.

The certification is a major milestone on the ship's way to becoming fully mission ready in accordance with the Optimized Fleet Response Plan.

Ike safely accomplished more than 400 daytime traps and about 200 nighttime traps by the end of flight deck certification.

"We took the ship out to sea and proved she could do what she was built to do — launch and recover aircraft," Capt. Kyle Higgins, Ike's commanding officer, said.

» See **IKE | A7**

Environmental Professional Development Symposium draws record attendance

From Naval Safety Center Public Affairs

NORFOLK

Annual Joint Safety and Environmental Professional Development Symposium (PDS) hosted by the Naval Safety and Environmental Training Center drew a record-breaking 1,750 participants worldwide to over 100 educational sessions April 8-12.

"This year's symposium was unbelievable," Capt. Gerald DeLong, Commanding Officer, Naval Safety and Environmental Training Center, said. "The opportunities to expand our safety knowledge were priceless, and the speakers gave safety professionals a new bar to reach in making our workplaces safer."

The free annual virtual symposium offered Department of Defense (DoD) uniformed and civilian professionals an opportunity to share innovative ideas, new trends and information in the fields of safety and occupational health, and environmental protection. Offered online since 2013, the symposium has continued to grow.

"I hope those who couldn't log onto the seminar will view the seminars that covered their areas of expertise," DeLong said. "More importantly, I hope they will plan now to be a part of the 2020 sessions."

For those thinking about participating next year, the symposium is an opportunity to learn about the latest trends, technology, and best practices, and interact with subject matter experts of various specialties. The symposium counts towards continuing education credits from an ever growing variety of safety and occupational health, and environmental topics.

Session recordings will be available for viewing starting May 3rd at http://jointpds.adobeconnect.com/pds2019reg/event/event_info.html.

Those interested in being a presenter for next year's 2020 PDS can email Amanda Carter at amanda.carter@navy.mil.

For more news from Naval Safety Center, visit www.navy.mil/local/nscl.



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NAVSUP: Meet the Fleet

The Meet the Fleet program allows NAVSUP BSC personnel to see what Fleet life looks like and how their jobs effect operations in today's Navy.

» See **A6**



Pacific Partnership 2019 mission begins in Timor-Leste

Senior mission leadership, host nation and partner nation personnel attended the opening ceremony of the third Pacific Partnership mission stop in Dili, April 23.

» See **B1**

NATO Festival

Get all the information on the upcoming NATO Festival, this weekend in Norfolk.

» See **C1**

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DOD task force will address military sexual assaults

By David Vergun

Acting Defense Secretary Patrick M. Shanahan released a memorandum to all of the military services announcing the establishment of a Sexual Assault Accountability and Investigation Task Force.

WHY A TASK FORCE IS NEEDED

“Sexual assault impacts the entire force. . . . None of us are immune to this crime, and all of us are responsible,” Shanahan said in the memo. “I am resolved that we will do all we can . . . to address sexual assault in our military.”

The acting secretary noted that “the results of the 2018 Report on Sexual Assault and Harassment in the military academies are unacceptable.”

WHAT THE TASK FORCE WILL DO

The task force “will review and make recommendations that will improve existing processes to address sexual assault, while ensuring our formations, our communities, the rights of the victim and the accused, and the integrity of the legal process are protected,” Shanahan wrote.

The Defense Department will take a holistic approach to eliminate sexual assault, he said, which includes efforts to prevent sexual assaults, support and care for victims, and ensure a robust and comprehensive military justice process.

While the immediate focus of the task force “will be on reforms and improvements to the military justice process,” Shanahan said, “the [DOD] will continue its steadfast efforts to prevent this crime and support our victims.”

IMPORTANCE OF STAMPING OUT SEXUAL ASSAULT

“The importance of this work cannot be overstated,” the acting secretary wrote.

“We have an opportunity to underscore the integrity of our military justice system and advance our capability to address sexual misconduct against the men and women of our armed forces, while improving the readiness and lethality of the DOD,” he said. “Only through diligence and innovation will we eliminate this reprehensible crime from our ranks.”



iStockphoto



SECRETARY OF DEFENSE
1000 DEFENSE PENTAGON
WASHINGTON, DC 20301-1000

MAR 27 2019

MEMORANDUM FOR CHIEF MANAGEMENT OFFICER OF THE DEPARTMENT OF DEFENSE
SECRETARIES OF THE MILITARY DEPARTMENTS
CHAIRMAN OF THE JOINT CHIEFS OF STAFF
UNDER SECRETARIES OF DEFENSE
CHIEF OF THE NATIONAL GUARD BUREAU
GENERAL COUNSEL OF THE DEPARTMENT OF DEFENSE
DIRECTOR OF COST ASSESSMENT AND PROGRAM EVALUATION
INSPECTOR GENERAL OF THE DEPARTMENT OF DEFENSE
DIRECTOR OF OPERATIONAL TEST AND EVALUATION
CHIEF INFORMATION OFFICER OF THE DEPARTMENT OF DEFENSE
ASSISTANT SECRETARY OF DEFENSE FOR LEGISLATIVE AFFAIRS
ASSISTANT TO THE SECRETARY OF DEFENSE FOR PUBLIC AFFAIRS
DIRECTOR OF NET ASSESSMENT
DIRECTORS OF DEFENSE AGENCIES
DIRECTORS OF DOD FIELD ACTIVITIES

SUBJECT: Establishment of the Sexual Assault Accountability and Investigation Task Force

The results of the 2018 Report on Sexual Assault and Harassment in the Military Academies are unacceptable, and I am resolved that we will do all we can as a Department to address sexual assault in our military. In my testimony during the FY 2020 Posture Hearing before the Senate Armed Services Committee on March 19, 2019 and in my direct engagement with Senator Martha McSally, I pledged to do more, and I intend to carry out this commitment. To that end, I am directing a full review of the investigative and accountability processes involved in sexual assault cases. Further, effective immediately, I am establishing the Sexual Assault Accountability and Investigation Task Force (SAAITF). The SAAITF will undertake this review and make recommendations that will improve existing processes to address sexual assault, while ensuring our formations, our communities, the rights of the victim and the accused, and the integrity of the legal process are protected. Our approach to eliminate sexual assault is holistic and includes efforts to prevent this crime, support and care for our victims, and ensure a robust and comprehensive military justice process. While the immediate focus of the SAAITF will be on reforms and improvements to the military justice process, the Department will continue its steadfast efforts to prevent this crime and support our victims.

I am also very mindful of the many prior DoD/Congressional Panels that have contributed to our current efforts – and the ongoing five-year effort of the Defense Advisory



OSD002676-19/CMD003572-19

Committee on the Investigation, Prosecution and Defense of Sexual Assault in the Armed Forces (DACIPAD). We will ensure the efforts and work of the SAAITF complements the important work of the DACIPAD.

Sexual assault impacts the entire force across all Military Services. None of us are immune to this crime and all of us are responsible. As such, the SAAITF will be co-led by Dr. Elizabeth P. Van Winkle, Executive Director of the Office of Force Resiliency, the Judge Advocates General of the Military Departments, and the Staff Judge Advocate to the Commandant of the Marine Corps. They will report directly to me on task force progress and recommendations.

The SAAITF shall be further comprised of senior level or equivalents of the Military Criminal Investigative Organizations, a representative from the Office of the DoD General Counsel, and the Director of the DoD Sexual Assault Prevention and Response Office. Additional members of this task force shall be considered as required. All task force members shall be full-time or permanent part-time civilian personnel of the U.S. Government or military members.

I expect the SAAITF to identify, evaluate, and recommend immediate and significant actions to improve the accountability process, specific to the investigation and disposition of cases in which members of the Armed Forces are either victims or alleged offenders of sexual assault, while ensuring due process for both. Recommendations shall consider findings of similar previous reviews by experts internal and external to the Department, but must explore new opportunities to enhance the military justice system.

The SAAITF will provide me an interim progress report and, not later than April 30, 2019, will provide a final report that captures key recommendations addressing the investigation and disposition of sexual assault, including potential changes to policy and/or law. The Department will submit a report to Senator McSally and other members of the Armed Services Committees, identifying the initiatives the Department will undertake based on the recommendations provided by the SAAITF.

The importance of this work cannot be overstated. We have an opportunity to underscore the integrity of our military justice system and advance our capability to address sexual misconduct against the men and women of our Armed Forces, while improving the readiness and lethality of the DoD. Only through diligence and innovation will we eliminate this reprehensible crime from our ranks.

Thank you for your support.



Patrick M. Shanahan
Acting

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Training for the worst: Ford conducts active shooter drill

By MC2 Gitte Schirmmacher
USS Gerald R. Ford Public Affairs

NEWPORT NEWS, VA.

The drill allowed the ship’s in-port security force and masters-at-arms to exercise their preplanned responses in the event of an active shooter onboard.

“You see it every day in the news,” said Chief Master-at-Arms Jonathan Plowman. “Active shooters have been happening throughout the world. It’s important for our team to see what this scenario might look like in a real-world event.”

Ford conducts these trainings monthly, said Plowman, and they are designed to evaluate how efficiently the team responds to the threat and returns to normal operations. Running these scenarios also allows Ford’s medical department to practice treating casualties associated with an active shooter. By practicing in a training environment, the security training team adjusts as necessary.

“When you respond to an active shooter, you don’t have the opportunity to wait for backup,” said Plowman. “During this drill, we need to execute as safely as possible, hopefully with no casualties. But that’s the great thing about these trainings is that we can go back and evaluate mistakes made and hopefully next time we will be better.”

Sailors participating appreciate running these real-life scenarios with people they work with.

“I love the hands-on training that we get,” said Master-At-Arms 3rd Class Magdalena Newton. “I love being able to actually pull out my weapon and clear rooms. It lets me know I can turn to my team-

mates and trust this person to do what we do. To be able to practice this gives me a little peace of mind that I am able to [take down an active shooter] in confidence.”

Active shooter incidents are nothing new inside of the Navy. On Sept. 16, 2013, an active shooter fatally shot 12 people and injured three others at the headquarters of the Naval Sea Systems Command (NAVSEA) in Washington D.C. Most recently, an active shooter wounded a Sailor at Naval Air Station Oceana in Virginia Beach. These events come to the forefront for Ford’s security team when conducting these types of trainings.

“I believe that the shooting in Oceana made it aware to people that it’s not always somebody else, it could happen here,” said Senior Chief Aviation Ordnanceman Joshua Adkins, Ford’s antiterrorism tactical watch officer during the drill. “When something like that happens in your backyard it tends to affect you a lot more than if something happens of the other side of the world. It shows us that it does happen and we need to be prepared for it.”

Gerald R. Ford is a first-in-class aircraft carrier and the first new aircraft carrier designed in more than 40 years. Ford is currently undergoing its post-shakedown availability at Huntington Ingalls Industries-Newport News Shipbuilding.

For more news from USS Gerald R. Ford (CVN 78), visit www.dvid-shub.net/unit/CVN78 or www.facebook.com/USSGeraldRFord

For more news from USS Gerald R. Ford (CVN 78), visit www.navy.mil/local/cvn78/.



MC2 Gitte Schirmmacher

Sailors assigned to USS Gerald R. Ford's (CVN 78) security department standby for instruction during an active shooter drill. Ford is currently undergoing its post-shakedown availability at Huntington Ingalls Industries-Newport News Shipbuilding. (This photo has been altered for security purposes by blurring badges.)



MC2 Gitte Schirmmacher

Master-at-Arms 3rd Class Magdalena Newton, from Portland, Oregon, assigned to USS Gerald R. Ford's (CVN 78) security department, clears a room during an active shooter drill.



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Retired intelligence community Sailors visit IWTC Virginia Beach

By Lt. Tiya DeGhetto
Information Warfare Training Command Virginia Beach
Public Affairs

VIRGINIA BEACH, VA.

The Old Salts and Assorted Spies Association visited Information Warfare Training Command (IWTC) Virginia Beach, April 12.

Old Salts and Assorted Spies is a non-profit organization dedicated to providing a social and recreational organization for retirees of the U.S. Naval Reserve Intelligence Command and the former Naval Reserve Intelligence Program.

During their visit to IWTC Virginia Beach, the group received an informational brief on recent changes to naval intelligence and the information warfare community. The brief provided an opportunity for the retirees to ask questions about the current state of naval intelligence, including changes to mobilizations, length of deployments and the ownership of the Joint Regional Intelligence Centers (JRIC).

“It is an honor to meet these shipmates and those who forged this awesome legacy of Navy Reserve intelligence,” said Capt. Kirk Luker, liaison officer for Naval Information Force Reserve.

An IWTC Virginia Beach command overview brief was also given by the command’s executive officer (XO), Lt. Cmdr. Brielle Adamovich. This brief discussed the mission and scope of IWTC Virginia Beach and how its current operations fully reflect the mission of the entire information warfare community rather than just the intelligence community. Other topics covered included command relationships, Ready Relevant Learning initiatives, courses taught in Virginia Beach and the other learning sites and IWTC Virginia Beach’s alignment within the Naval Education and Training Command organization.

“Being a cryptology XO in the birthplace of naval intelligence, I wanted to be respectful to our history while communicating our new alignment into information warfare. The brief was well-received by the Old Salts and Assorted Spies, and their fond memories and enthusiasm for our mission was absolutely motivating,” said Adamovich.

The Old Salts and Assorted Spies also received a tour of the IWTC Virginia Beach spaces and had a meet-and-greet with the recently graduated Reserve Naval Intelligence Officer Basic Course. The tour concluded in the Hall of Valor memorial to fallen intelligence professionals, where they were greeted by the IWTC Virginia Beach Commanding Officer, Cmdr. Richard Bosworth.

“It was a pleasure and honor to visit IWTC Virginia Beach today. It was informative to see the briefings and how the information has grown to impact the creation of the type command and all of its training. This was my first opportunity to attend this group’s visit and to renew friendships and share sea stories,” said retired Rear Adm. Gordon Russell. “This would be a great opportunity to invite the other retired information warfare community groups like the Old Crows Association to gather in the future or even create a new organization comprised of all the other communities.”

IWTC Virginia Beach, located in Dam Neck Annex, currently offers 65 courses of instruction in information technology, cryptology, and intelligence with an instructor and support staff of 280 military, civilian, and contractors who train over 6,500 students every year. It is one of four school houses for Center for Information Warfare Training and also oversees learning sites at Jacksonville and Mayport, Florida; Kings Bay, Georgia; and Groton, Connecticut to continue aligning IW community training.

With four schoolhouse commands, two detachments, and training sites throughout the United States and Japan, CIWT is recognized as Naval Education and Training Command’s top learning center for the past three years. Training over 21,000 students every year, CIWT delivers trained information warfare professionals to the Navy and joint services. CIWT also offers more than 200 courses for cryptologic technicians, intelligence specialists, information systems technicians, electronics technicians, and officers in the information warfare community.

For more news from Center for Information Warfare Training, visit www.navy.mil/local/cid/.



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NAVY PROMOTES EDUCATION TO 'PROTECT OUR SPECIES' ON EARTH DAY

From U.S. Fleet Forces Command Public Affairs

NORFOLK

The U.S. Navy’s global presence provides numerous opportunities to positively affect the environment in their communities – not just on Earth Day, but throughout the year. This year’s theme is “Protect Our Species,” which serves to promote awareness for the protection of endangered species and highlight everyday actions for Sailors, Marines, Department of the Navy civilians and their family members.

“In addition to department-level measures, we do all we can to protect marine species and natural resources by complying with laws,” said Mike Jones, the environmental planning and resources section head at U.S. Fleet Forces Command (USFFC). “This includes being proactive in our communities, regions and bases in the U.S., as well as overseas for a better, more sustainable environment.”

In partnership with federal agencies and with input from state government agencies, academia, and non-governmental organizations, and in compliance with environmental laws, the Navy develops and implements appropriate science-based protective measures to protect species at sea and ashore. Sailors and Marines can use similar actions to safeguard both the species and the habitats they call home.

■ Mitigation Zones

When the Navy conducts training or testing activities, and a protected, threatened or endangered species is spotted in a mitigation zone, then the activity is stopped until the animal has cleared the zone. You too can protect them by avoiding them on land or water.

Marine mammals – such as dolphins, whales, and seals – are protected under

“Managing the balance between readiness activities and protecting wildlife is critical to ensure Sailors and Marines are prepared to defend the country, and that species thrive for future generations.”

Tom Olexa, Natural Resource manager, Naval Weapons Station Yorktown

the Marine Mammal Protection Act, which makes it illegal to harass or harm these animals. It is important not to interact with them if you encounter these species when boating, jet-skiing, or swimming. Additionally, all sea turtles are protected under the Endangered Species Act, so do not approach them or disturb any nests you may find on your local beach.

■ Proper Disposal of Waste

The Navy equips all warships with suites of solid waste processing equipment and provides recycling capabilities for shore installations. Ashore, items accepted for recycling include white paper, cardboard, metals, aluminum and glass. Ensure you understand what can and can’t be recycled in your area, and contact your local installation or community recycling centers for hours of operation.

To ensure that plastic is not discharged at sea, Sailors compress and melt shipboard-generated plastic waste that results from food preparation and everyday life aboard the ship so it can be stored for proper disposal in-port. Plastics can be devastating to marine species because they are sometimes mistaken as food (plastic bags can look like jellyfish in the water) or coastal wildlife can be

harmed by becoming entangled in fishing gear or six-pack rings. You can protect wildlife by packing up all of your trash from a day at the beach or other coastal areas and not throwing anything overboard if you are on a recreational boat.

■ Avoiding Impacts to Essential Fish Habitats

All fish and marine species require quality habitat in order to live and reproduce, so the Navy analyzes the effects of training activities, consults with the National Oceanic and Atmospheric Administration, and takes part in habitat restoration projects to ensure our potential impacts on essential fish habitats (EFH) are prevented or minimized. You can also help to protect EFH by being aware of where they are in your local waterways, turning in oyster shells to recycling programs and looking for sustainable seafood choices wherever you shop for seafood. To learn more on sustainable seafood choices, please visit <https://www.fisheries.noaa.gov/insight/understanding-sustainable-seafood>.

■ Protection of Migratory Birds

The majority of birds in the U.S. are protected under the Migratory Bird Treaty Act, which makes it illegal to

shoot, wound, kill, capture or collect any migratory bird, as well as the parts, nests, or eggs of these birds – except under the terms of a valid federal permit. The Navy limits the trimming of trees on Navy property during spring nesting time to help reduce disturbance to active birds’ nests. You can help protect migratory birds by examining your trees, bushes, and tall grasses for nests before trimming trees or mowing your yard.

“Managing the balance between readiness activities and protecting wildlife is critical to ensure Sailors and Marines are prepared to defend the country, and that species thrive for future generations,” said Tom Olexa, the natural resource manager at Naval Weapons Station Yorktown.

Each year on April 22, Earth Day is celebrated world-wide, but the Navy conducts related events throughout the entire month of April. These activities include fairs, beach and base cleanups, tree plantings, recycling contests, school and youth activities, fun runs, and more. The Navy also promotes its environmental stewardship efforts through the USFFC-sponsored ‘Stewards of the Sea: Defending Freedom, Protecting the Environment’ outreach program. Earth Day was founded in 1970 by former U.S. Sen. Gaylord Nelson of Wisconsin to promote community engagement and practices of environmental stewardship around the world.

For more information and resources on Navy sustainability and environment, please visit <https://navysustainability.dodlive.mil>

Stay connected with the Stewards of the Sea program on Facebook at <https://www.facebook.com/usnavystewardsof-hesea> and on YouTube at <https://www.youtube.com/usnavystewardsof-hesea>

For more news from U.S. Fleet Forces Command, visit www.navy.mil/local/clf/.



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NAVSUP: Meet the Fleet

From NAVSUP BSC Public Affairs

NORFOLK

NAVSUP BSC personnel had the opportunity to “Meet the Fleet”. The Meet the Fleet program allows NAVSUP BSC personnel to see what Fleet life looks like and how their jobs effect operations in today’s Navy.



James E. Foehl

Lt. Brandy Zehr, supply officer, assigned to the Arleigh Burke-class destroyer, USS Ramage (DDG 61), provides a ship tour for 23 personnel from Naval Supply Systems Command (NAVSUP) Business Systems Center (BSC) in Mechanicsburg, Pa., April 16, during NAVSUP BSC's Meet the Fleet event.



James E. Foehl

Lt. Brandy Zehr, supply officer, assigned to the Arleigh Burke-class destroyer, USS Ramage (DDG 61), provides a ship tour for 23 personnel from Naval Supply Systems Command (NAVSUP) Business Systems Center (BSC) in Mechanicsburg, Pa., April 16, during NAVSUP BSC's Meet the Fleet event.



James E. Foehl

Aviation Boatswain's Mate-Equipment 1st Class Mikkos Thomas (center), assigned to the Nimitz-class nuclear aircraft carrier, USS Harry S. Truman (CVN 75), provides a tour of the flight deck for 23 personnel from Naval Supply Systems Command (NAVSUP) Business Systems Center (BSC) in Mechanicsburg, Pa., during a visit to the ship as part of NAVSUP BSC's Meet the Fleet event.



James E. Foehl

Aviation Boatswain's Mate-Handling 3rd Class Barry Walter (left), assigned to the Wasp-class amphibious assault ship, USS Bataan (LHD 5), provides a tour of the flight deck for 23 personnel from Naval Supply Systems Command (NAVSUP) Business Systems Center (BSC) in Mechanicsburg, Pa., April 16, during NAVSUP BSC's Meet the Fleet event.



James E. Foehl

Capt. Kevin Buss, chief nurse and director of nursing services for the Mercy-class hospital ship, USNS Comfort (T-AH 20), speaks with 23 personnel from Naval Supply Systems Command (NAVSUP) Business Systems Center (BSC) in Mechanicsburg, Pa., April 16, during NAVSUP BSC's Meet the Fleet event.



James E. Foehl

Chief Hospital Corpsman Eric Gregory, operating room chief for the Mercy-class hospital ship, USNS Comfort (T-AH 20), speaks with 23 personnel from Naval Supply Systems Command (NAVSUP) Business Systems Center (BSC) in Mechanicsburg, Pa., April 16, during NAVSUP BSC's Meet the Fleet event.



James E. Foehl

Hospital Corpsman 2nd Class Matthew Duckworth, assigned to the Wasp-class amphibious assault ship, USS Bataan (LHD 5), speaks with 23 personnel from Naval Supply Systems Command (NAVSUP) Business Systems Center (BSC) in Mechanicsburg, Pa., April 16, during NAVSUP BSC's Meet the Fleet event.



James E. Foehl

Aviation Boatswain's Mate-Equipment 1st Class Mikkos Thomas (center), assigned to the Nimitz-class nuclear aircraft carrier, USS Harry S. Truman (CVN 75), provides a tour of the flight deck for 23 personnel from Naval Supply Systems Command (NAVSUP) Business Systems Center (BSC) in Mechanicsburg, Pa., during a visit to the ship as part of NAVSUP BSC's Meet the Fleet event.

IKE | *Flight deck certification completed*

Continued from A1

“Not only did we get the flight deck certified, but the entire air wing completed cyclic operations for the first time since Ike’s last deployment. This happened because Sailors all over the ship, from the bridge to the flight deck and down to the plants, put in the effort and demonstrated why we are the ‘Mighty Ike.’”

The flight deck certification is the result of countless hours of work during the ship’s recently completed planned incremental availability at Norfolk Naval Shipyard.

While in the yards, Air Department recertified four aircraft elevators and overhauled much of the equipment that supports flight operations including the catapults, arresting gear, safety nets, and jet blast deflectors.

The certification process also brought back the squadrons assigned to Carrier Air Wing (CVW) 3 to Ike for the first time since aircraft departed the flight deck in 2017.

“Team Battle Axe is excited to be back aboard Mighty Ike,” Capt. Dusty Rhodes, commander of CVW-3, said. “Our squadrons have been training hard while the ship was in maintenance. Nothing beats the experience and energy of launching and trapping aboard a carrier at sea. That is how we train, and how we will deploy; we’re ready to get after it.”

Sailors welcomed the long-awaited opportunity to apply the skills and training they had received as the ship began launching and recovering aircraft, much of that training acquired while temporarily assigned to other ships.

“Getting out there and doing what we’ve been trained to do feels great,” Aviation Boatswain’s Mate (Handling) 3rd Class Logan Schinabeck, an aircraft director aboard Ike, said. “For a lot of our new guys, it was their first time operating at full speed. Through all of our training, they were ready for the challenge and it really showed.”

With the flight deck certified, Ike and the crew can now look forward to continuing routine operations at sea in preparation for a future deployment.

Carrier Strike Group 10, also known as the USS Dwight D. Eisenhower Carrier Strike Group, includes the Nimitz-class nuclear-powered aircraft carrier USS Dwight D. Eisenhower (CVN 69), the Ticonderoga-class guided-missile cruisers USS Monterey (CG 61), USS San Jacinto (CG 56), and USS Vella Gulf (CG 72); the ships and staff of Destroyer Squadron (DESRON) 26; and the squadrons and staff of Carrier Air Wing (CVW) 3.

For more news from USS Dwight D. Eisenhower (CVN 69), visit www.navy.mil/local/cvn69/.



MC3 Kaleb Sarten

Sailors conduct distinguished visitors training as an E-2C Hawkeye, assigned to the “Screw-tops” of Carrier Airborne Early Warning Squadron (VAW) 123, approaches the flight deck of the aircraft carrier USS Dwight D. Eisenhower (CVN 69). Ike is underway conducting flight deck certification during the basic phase of the Optimized Fleet Response Plan (OFRP).

HURRICANE | *Prepared for response*

Continued from A1

handle all the squadrons. They’re one of our tenant commands that we want to make sure we communicate with early.”

Week two of the exercise incorporates response and recovery from the hurricane and, here at Pax, scenarios will include a hazmat spill at the West Basin; EFAC [Emergency Family Assistance Center] drill for displaced residents of Lincoln Military Housing and the barracks; barracks

roof collapse with Sailors trapped inside; and a power outage, among others.

“The first thing we’d do immediately afterward is a damage assessment,” Paulsen noted. “Can we get the roads open, what buildings are still up, how is our functionality – what have lost in the areas of utilities and infrastructure. Problems might also include debris and flooding; electrical power lines down but charged, which makes it more hazardous to clear debris; and the

potential for fires from electrical ignition or natural gas.”

Participants in the exercise include the core of the Incident Management Team (IMT) – security, fire and emergency services, and public works, to name a few.

“In a real life incident, not all of us would need to be here to be useful,” Paulsen added. “We can practice what’s known as the ‘virtual IMT,’ which means we’re not physically here, but still can get things done from cell phones and computers. That’s why everything is on laptops in the emergency operations center, so we

can pick up and leave. If necessary.”

Though various departments and tenant commands across the installation will participate in the exercise, impact to Pax River personnel is minimal.

“Personnel will receive messages via AtHoc and other sources regarding specific exercise incidents during the two weeks, and some personnel may be told to do an ‘order to account’ in NFAAS [Navy Family Accountability and Assessment System], but this won’t affect gates or major traffic roads,”

Paulsen said.

While a few military bases have fallen victim to direct hits by hurricanes over the years with devastating results, Paulsen noted that there hasn’t been a direct hit on Pax River since the mid to late 1800s.

“Geographically, we don’t tend to get direct hits,” he said. “I’m not saying we can’t, we just don’t tend to. Mostly, our main problem here will be rain, wind and flooding. But that’s why we do the exercises – so we’re prepared for whatever comes our way.”

S2T2 course tosses Sailors into the deep end

By MC3 Cosmo Walrath
USS Bonhomme Richard Public Affairs

SAN DIEGO

Medical Sailors assigned to the amphibious assault ship USS Bonhomme Richard (LHD 6), USS Comstock (LSD 45), Fleet Surgical Team (FST) 9 and Naval Medical Center, San Diego participated in the Shipboard Surgical Trauma Training course (S2T2) at the Strategic Operations facility in San Diego, April 5.

S2T2 is a medical training course designed by Capt. Tuan Hoang, Director of S2T2 for Naval Surface Force U.S. Pacific Fleet, with the focus of increasing teamwork by immersing medical Sailors in chaotic trauma scenarios and cooperating with medical Sailors from various commands in a hyper-realistic training scenario.

“The mission of the program is team training,” said Anthony LaPorta, retired Army Colonel, and professor of surgery and military medicine at Rocky Vista University School of Medicine in Colorado and one of S2T2’s consultants. “It’s to take folks who have been appropriately trained in each of their skills and make them a world class team, a team that can count on each other without thinking.”

S2T2 is a weeklong course that combines traditional training methods with realistically messy and chaotic mass casualty drills, using actors to play victims, controlled explosions, aircraft simulations, training mannequins for injuries and even fake torsos that allowed surgical personnel to perform surgery on realistic internal injuries.

“I think immersion training is absolutely key,” said Hoang. “We hear ‘train as you fight’ but students are not usually immersed into the training as if they were in the battlefield. It’s a lot more difficult for them to imagine the battlefield, but when you throw them into something just short of it then they will be able to use all of their senses and in doing so capture a lot

more of the training than they would with just power points and trying to later apply it. Here, you are viscerally absorbing all of the training with your entire team. Now they are experiencing training that emulates real combat with explosions and flight operations. That is the essence of this immersion training.”

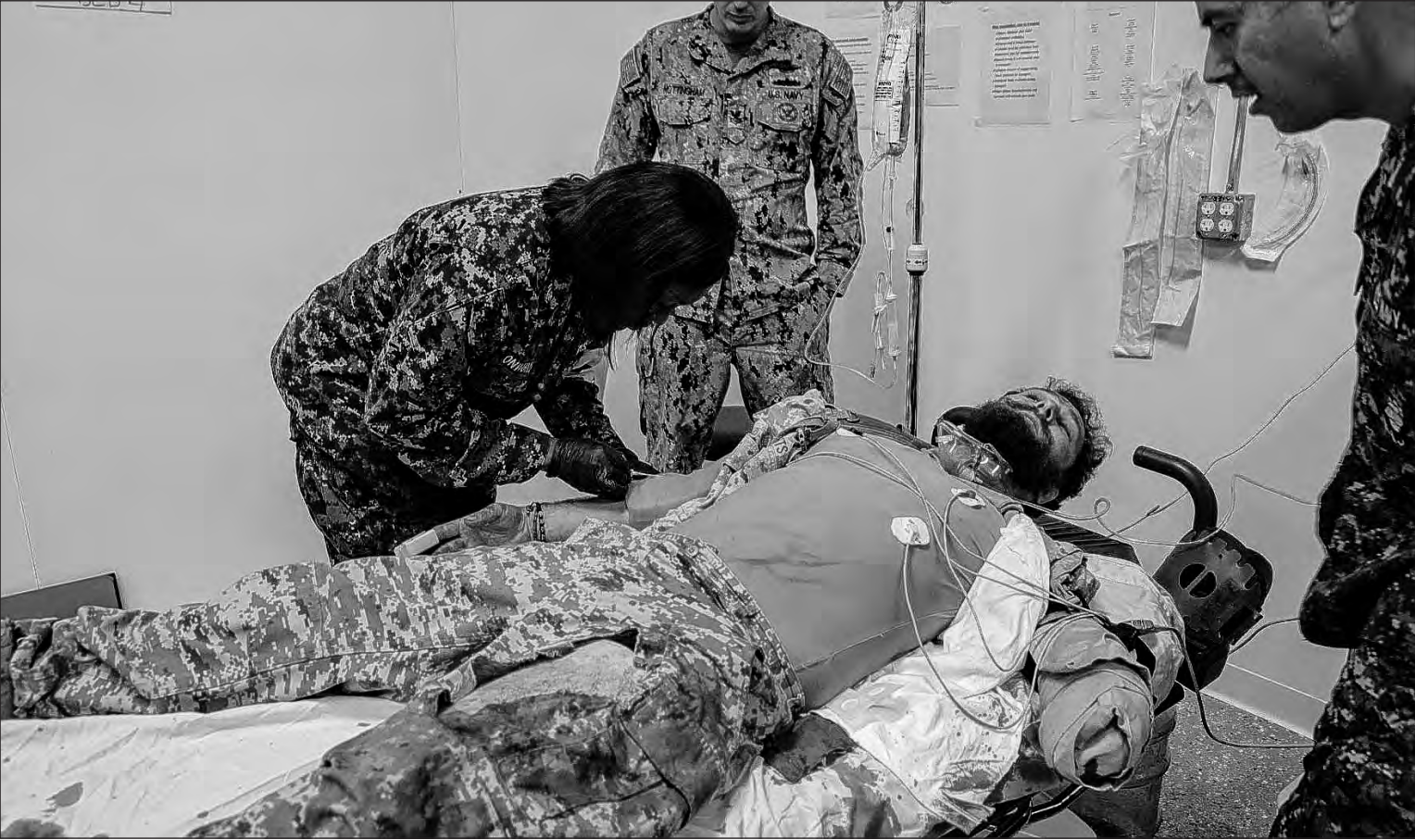
LaPorta said the training takes individuals and creates a team that actually has a mission together and makes them better as a group.

“There’s no comparison at all,” said LaPorta. “We’ve actually statistically measured, that on this course we had a large grant from a joint committee mainly the U.S. Department of Defense, where we were able to prove the resuscitative times, where we bring someone from near death to a surviv-

able status, we’ve been able to cut it from 24 minutes to 13 minutes on the average for all of these teams. That’s taking an already trained team and training them to be a special team. That’s what happens here.”

“This is definitely the most in-depth and hands-on training I’ve received,” said Hospitalman Robert Schuster, a corpsman assigned to Bonhomme Richard. “The trainers here are some of the best in the country. They’re here to share their knowledge and their experiences, what they’ve seen done wrong and what they’ve seen done right, so they can pass the torch to us and help us save lives.”

Schuster said he attributes the team’s improvement to the long hours spent together in the controlled chaos of S2T2. .



MC3 Cosmo Walrath

Hospital Corpsman 3rd Class Mercy Owunta, left, from Bronx, New York, and Hospital Corpsman 3rd Class Emmanuel Flores, from Chicago, Illinois, both assigned to the amphibious assault ship USS Bonhomme Richard (LHD 6), treat a simulated casualty during a shipboard surgical trauma training event at the Strategic Operations, Inc. training facility in San Diego, California. Shipboard surgical trauma training is a weeklong course that teaches cooperation between medical personnel from different commands, and places Sailors in training that attempts to simulate a mass casualty in a combat zone.



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Naval Medical Research Center show-cases how it supports warfighter readiness

» See B5

SECTION B | FLAGSHIPNEWS.COM | 4.25.2019



PACIFIC PARTNERSHIP 2019 MISSION BEGINS IN TIMOR-LESTE

U.S. Marine Corps L.Cpl. Thien Nguyen explains the process of examining chlorine levels in water sources to Kathleen Fitzpatrick, U.S. ambassador to Timor-Leste, and Timor-Leste Defense Force members during a subject matter expert exchange as part of Pacific Partnership 2019. Pacific Partnership, now in its 14th iteration, is the largest annual multinational humanitarian assistance and disaster relief preparedness mission conducted in the Indo-Pacific. Each year the mission team works collectively with host and partner nations to enhance regional interoperability and disaster response capabilities, increase security and stability in the region, and foster new and enduring friendships in the Indo-Pacific.

By MC1 Nathan Carpenter
Commander, Logistics Group Western Pacific

DILI, TIMOR-LESTE

Senior mission leadership, host nation and partner nation personnel attended the opening ceremony of the third Pacific Partnership mission stop in Dili, April 23.

“Pacific Partnership 2019 is a great opportunity for our people to be able to

learn and work together with professional forces on how to handle mass humanitarian crises and take care of refugees from natural disasters,” said, Col. Calisto Santos, chief of staff of the Timor-Leste Defense Force. “This mutual cooperation will help us to address threats in the future.”

U.S., partner nation military members, and non-governmental organization volunteers are scheduled to take

part in a variety of events including first-aid and preventive medicine training, various healthcare symposiums, engineering projects, disaster response seminars, and a variety of community outreach engagements with the goal of improving the overall humanitarian and disaster preparedness in Timor-Leste.

“Through Pacific Partnership and other efforts, the United States aims to

support Timor-Leste’s goals and objectives while building interoperability with our regional partners and allies to ensure a free and open Indo-Pacific,” said U.S. Ambassador to Timor-Leste Kathleen M. Fitzpatrick. “As an Indo-Pacific country, the United States envisions a regional order where all nations

» See **PARTNERSHIP** | B7



MC3 Jeff Sherman
Sailors prepare an F/A-18F Super Hornet from the "Jolly Rogers" of Strike Fighter Squadron (VFA) 103 to launch from the flight deck of the Nimitz-class aircraft carrier USS Abraham Lincoln (CVN 72).

John C. Stennis, Abraham Lincoln Carrier Strike Groups operate in the Mediterranean

From U.S. Naval Forces Europe-Africa/U.S. 6th Fleet Public Affairs

MEDITERRANEAN SEA

The John C. Stennis Carrier Strike Group (CSG) joined the Abraham Lincoln CSG in the Mediterranean, providing a unique opportunity for two strike groups to work together alongside key allies and partners in the U.S. 6th Fleet area of operations.

This is the first time that two carriers have operated in the Mediterranean at the same time since the summer of 2016, when the Dwight D. Eisenhower and Harry S. Truman CSGs were deployed to the region simultaneously.

“It’s a rare opportunity to train with two carrier strike groups together,” Vice Adm. Lisa M. Franchetti, commander of U.S. 6th Fleet, said. “Dual carrier operations here in the Mediterranean showcase the inherent flexibility and scalability maritime forces provide to the joint force, while demonstrating our ironclad commitment to the stability and security of the region.”

During their deployments, the CSGs will

work with a number of our regional allies and partners at sea, creating opportunities for high-end maritime integration in a challenging environment while improving collective proficiency and interoperability.

“These combined operations will enhance combat readiness and interoperability with key allies and partners, and ensure our forces are better prepared to carry out a full range of missions, anytime, anywhere, around the world,” Franchetti said.

USS John C. Stennis (CVN 74) deployed from Naval Base Kitsap-Bremerton, Oct. 15, 2018, while USS Abraham Lincoln (CVN 72) deployed from Naval Station Norfolk, April 1, 2019. The carriers are in the midst of a homeport shift, with Stennis eventually heading to Norfolk and Lincoln heading to San Diego.

U.S. 6th Fleet, headquartered in Naples, Italy, conducts the full spectrum of joint and naval operations, often in concert with allied and interagency partners, in order to advance U.S. national interests and security and stability in Europe and Asia.



MC1 Bryan Niegel
The Arleigh Burke-class guided-missile destroyer USS Preble (DDG 88) and the Royal Australian Navy Adelaide-class guided-missile frigate HMAS Melbourne (FFG 05) transit in formation during a cooperative deployment.

Preble completes cooperative deployment with HMAS Melbourne

By Ensign Madison J. Karlin
USS Preble (DDG 88) Public Affairs

PHILIPPINE SEA

The Arleigh Burke-class guided-missile destroyer USS Preble (DDG 88) completed a cooperative deployment with the Royal Australian Navy Adelaide-class guided-missile frigate HMAS Melbourne (FFG 05) in the Philippine Sea April 19.

The two ships rendezvoused for a full day of training between the well-established allies. The American and Australian crews completed ten successful cooperative evolutions, including a rescue and assistance drill; helicopter deck landing qualifications; divisional tactics; and a visitation, board, search, and seizure team exercise.

“As a prior frigate sailor, it was great to see a frigate still operating at such a high level. Our Australian counterparts are excellent technicians, and I really enjoyed sharing past frigate experiences with them,” Sonar Technician (Surface) 1st Class Juan Alaniz from Baytown, Texas, said.

Throughout the event, members of both crews spent time working closely with their

counterparts on each other’s ship in order to accomplish in-rate training. Sailors received lessons in the counterparts’ equipment and operating procedures onboard in order to increase understanding and proficiency when coordinating bilateral operations.

“It was such a pleasure to work with the crew of the HMAS Melbourne,” Cmdr. Leonardo Giovannelli, USS Preble commanding officer, said. “We appreciate the opportunity to operate and train with such high-caliber mariners and military professionals. Because of the close relationship that our two countries share, we were able to execute an incredible amount of valuable training in a short amount of time.”

The U.S. Navy regularly flies, sails, and operates with allies and partners, both bilaterally and multilaterally to improve interoperability and strengthen our capabilities.

Preble, home ported in Pearl Harbor, Hawaii, is conducting naval operations in the U.S. 7th Fleet area of operations in support of security and stability in the Indo-Pacific region.



From VA.gov

U.S. Department of Labor announces final week to apply for the HIRE Vets Medallion Award

From U.S. Department of Labor

WASHINGTON

The U.S. Department of Labor reminds the nation’s job creators they have one week left to submit their application for the 2019 HIRE Vets Medallion Award. The application period for the inaugural award closes on April 30, 2019.

Through the HIRE Vets Medallion Award, the Department will recognize employers of all sizes – ranging from small businesses and non-profit organizations to large businesses –

for their leadership in recruiting, employing and retaining America’s veterans.

Applications for the HIRE Vets Medallion Award are evaluated on a range of criteria that include veteran hiring and retention rates, as well as the availability of veteran-specific resources, leadership programs, dedicated human resources, and compensation and tuition assistance programs. To apply, employers must meet and verify award requirements, complete the online application on HireVets.gov, pay the application fee, and ensure compliance with the Uniformed Services Employment and Reemployment Rights Act (USERRA) and the Vietnam Era Veterans’ Readjustment Assistance Act (VEVRAA).

President Donald J. Trump signed the Honoring Investments in Recruiting and Employing American Military Veterans Act of 2017 (HIRE Vets Act) into law on May 5, 2017, creating the only federal-level award that recognizes the commitment of job creators to hire America’s veterans.

To learn more and apply for the HIRE Vets Medallion Award, please visit HireVets.gov. Applications will be accepted until April 30, 2019, at 11:59 p.m. Eastern Time.



Senior Airman Jenay Randolph
Maj. James Tschudy, a pediatrician with the 6th Medical Operations Squadron, discusses medical options with the parents of a patient during a routine check-up at MacDill Air Force Base. As a former military child, Tschudy relates to the lifestyle and challenges military children face and loves taking care of military children because military children are amazing and resilient.

Navy Surgeon General serves as keynote speaker during the ‘Caring for the Military Child Symposium’

By Douglas Stutz
Naval Hospital Bremerton

TACOMA, WASH.

Vice Adm. Forrest Faison, Navy surgeon general and chief, U.S. Navy Bureau of Medicine and Surgery, served as a keynote speaker at ‘Caring for the Military Child Symposium’ held at Madigan Army Medical Center April 18, 2019.

The symposium was held in conjunction with the 40th anniversary of the Madigan Developmental Pediatrics Fellowship at Joint Base Lewis McCord.

Faison’s post-graduate training in general pediatrics and fellowship training in neurodevelopmental pediatrics provided him a plethora of experience to pull from as he spoke on the lessons he learned

from decades of medical care for families and its impact on readiness.

He placed emphasis on the thought that, “people serve because of their families.” Faison noted, “One out of four Americans qualify to join the military, and a good portion of them have children. What we do for those children is critically important.”

Faison stressed that military medicine – collectively and individually – represents, “hope, strength and love to those we serve.”

“Medicine is not just about the science, it is the art and privilege of caring for another. Medicine is a profession of service and ministry to others.”

Faison closed his presentation after taking questions and reiterating the im-

portance of self-care.

“Caring for others starts with caring for yourself,” he said and that it’s especially important during this time of great change across the Military Health System

Navy Medicine is a global health care network of 63,000 personnel that provides health care support to the U.S. Navy, Marine Corps, their families and veterans in high operational tempo environments at expeditionary medical facilities, medical treatment facilities, hospitals, clinics, hospital ships and research units around the world.



Q: How can I find housing?

A: HOMES.mil is an official Department of Defense (DoD) website, dedicated to helping Service members, DoD civilians, and their families find housing. The website enables Housing Services Center professionals, property managers and Service members to find and share vital information about non-discriminatory rental listings.

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MC1 Ryan J. Batchelder
Cmdr. Brian Rednour (left), executive officer, Naval Base Kitsap, unveils one of two plaques dedicated to Gold Star families as Capt. Chad Brooks, commanding officer, Naval Facilities Engineering Command Northwest, looks on during an Earth Day event at the 9/11 Remembrance Park onboard Naval Base Kitsap-Bangor.

Region NW commands celebrate Earth Day with Gold Star Families

By MC1 Ryan Batchelder
Navy Public Affairs Support Element, Det. Northwest

SILVERDALE, WASH.

Commands throughout Navy Region northwest celebrated Earth Day alongside Gold Star families during an event at the 9/11 Remembrance Park onboard Naval Base Kitsap-Bangor, April 22.

This year's theme is "Protect Our Species," which serves to promote awareness for the protection of endangered species and highlight everyday actions for Sailors, Marines, Department of the Navy civilians and their family members.

"The Navy recognizes the stewardship of the Puget Sound waters," said Capt. Chad Brooks, commanding officer, Naval Facilities Engineering Command Northwest. "We are committed to protecting the marine and coastal environments of the Pacific Northwest, including Alaska. Navy programs have been established to care for and protect threatened and endangered plants and wildlife for many years."

During the event, 100 new trees were planted and two plaques were unveiled and dedicated in honor of Gold Star families and the fallen loved ones they have lost.

"I'm honored by how many people came

out to support this and were able to make it so special for the families," said Christy Forsling, Navy Gold Star Regional Coordinator, Navy Region Northwest. "The more that we can embrace, include, and acknowledge our Gold Star families at events like this, the more impact we can have throughout the Navy community."

After the dedication, Sailors, volunteers, and family members rolled up their sleeves, put on gloves, and went to work tackling the task of planting 100 trees in a recently cleared and prepared area of the park.

"It's a terrific honor to spend some time with both the Gold Star organization and all of these volunteers out here for Earth Day," said Brooks. "Earth Day is a very important commemoration for the Navy, especially here in the Pacific Northwest, to protect and maintain our areas of responsibility for future generations."

Earth Day is celebrated nationally every year on April 22, but the Navy hosts various cleanups, events, and efforts throughout the months of April and May in an effort to help protect the environment and foster stewardship throughout the field and fleet.

This year, the Navy will plant more than 25,000 native trees and shrubs around Navy Region Northwest.



MC1 Ryan J. Batchelder
Capt. Chad Brooks, commanding officer, Naval Facilities Engineering Command Northwest (NAVFAC NW), digs the ceremonial first hole alongside Jerry Clarke, lead forester, NAVFAC NW, during an Earth Day event with Gold Star families at the 9/11 Remembrance Park onboard Naval Base Kitsap-Bangor. Earth Day is celebrated annually worldwide to demonstrate support for sustainable environmental protection.



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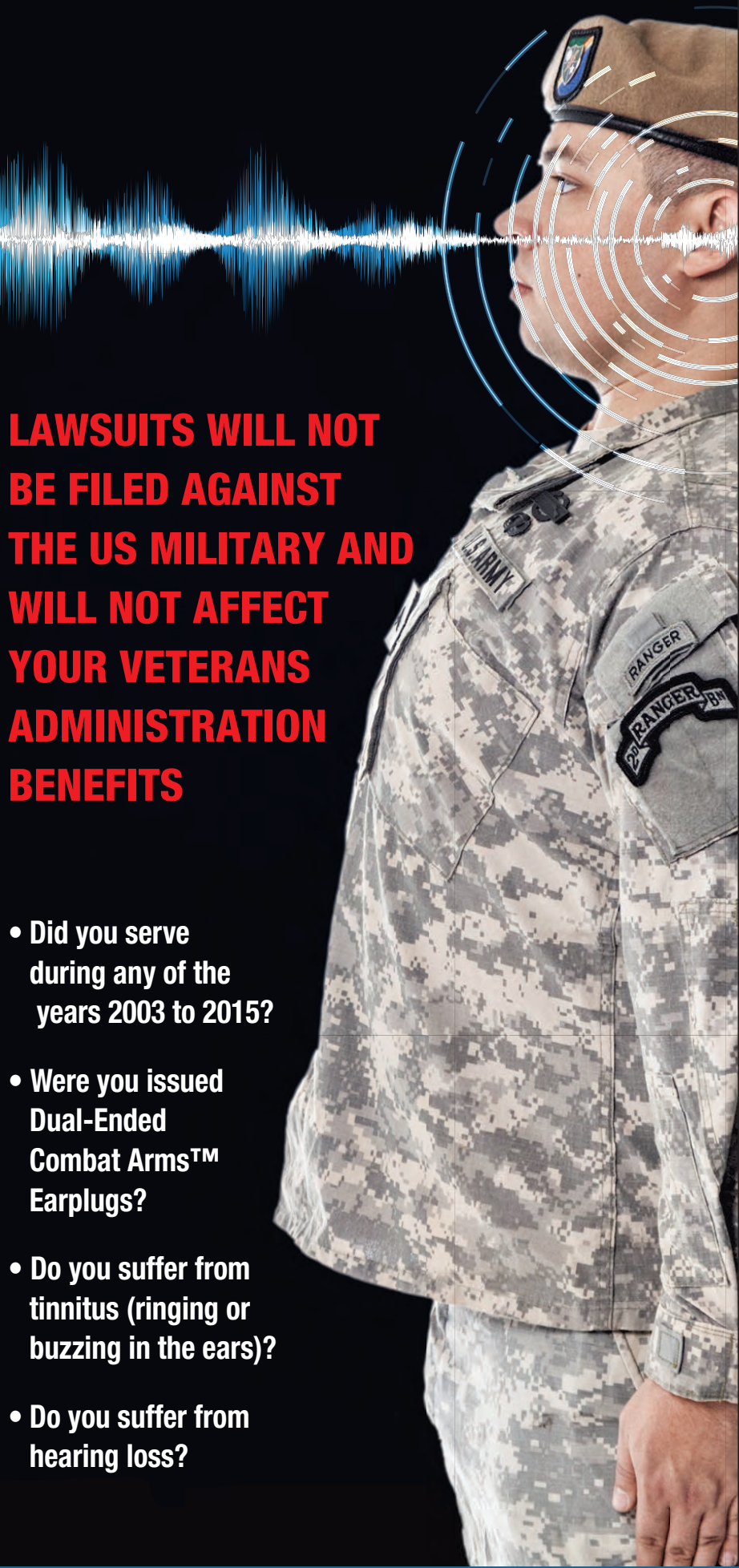
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DoD graphic

DOD announces winners of the 2019 Secretary of Defense Environmental Awards

From Department of Defense

The Department of Defense announced today the 2019 Secretary of Defense Environmental Awards winners.

Since 1962, the Secretary of Defense Environmental Awards have honored the outstanding efforts of service members and civilians across the Department of Defense to conserve the nation’s natural and cultural resources, protect human health, prevent or eliminate pollution at the source, clean up contaminated DOD sites, and incorporate environmental requirements into weapon system acquisition. The DOD components leverage technology to develop innovative solutions to existing and emerging human health and environmental challenges.

“Strong environmental programs increase training access, improve mission readiness, and provide the capabilities required to prevail in conflict and preserve peace, all of which support DOD’s

lines of effort to accomplish National Defense Strategy objectives,” said Ellen Lord, Under Secretary of Defense for Acquisition and Sustainment.

A diverse panel of 58 judges from federal and state agencies, academia and the private sector evaluated nominations from the DOD components to help determine winners.

In 2019, DOD selected the following nine winners from a total of 32 nominees:

Natural Resources Conservation, Large Installation: Eglin Air Force Base, Florida - relocated 1,030 gopher tortoises to avoid its listing under the Endangered Species Act and potential mission encumbrances. Eglin also conducted 160 prescribed burns across more than 145,000 acres on base, removing 290,000 tons of hazardous fuel biomass, and reducing wildfires caused by mission activities on test areas by 20%.

Environmental Quality, Indus-

trial Installation: Wisconsin Army National Guard - updated nine fueling systems as part of an effort to replace and update underground storage tanks at the end of their life cycle. This work helps intercept potential fuel spills and save tens of thousands of dollars in potential cleanup costs.

Environmental Quality, Overseas Installation: Marine Corps Base Camp Smedley D. Butler, Okinawa, Japan - initiated a hazardous waste risk reduction audit, effectively reducing liability by ensuring accuracy and complete life cycle tracking of hazardous waste containers. Camp Butler also performed radon testing in 200 buildings, completed radon mitigation diagnostics in five buildings, and mitigated radon in 10 buildings.

Sustainability, Non-Industrial Installation: Marine Corps Air Station Miramar, California - constructed an installation-wide microgrid that provides 100% renewable energy and offers energy dis-

tribution capable of supporting over 100 mission-critical facilities for three weeks if disconnected from the grid.

Sustainability, Individual/Team: East Campus Reclaimed Water Team, National Security Agency, Fort Meade, Maryland - led an unprecedented military construction program that developed a financially and environmentally beneficial water-cooling supply system for high performing computers. This water-cooling system uses reclaimed water, reducing costs by 80 percent when compared to a conventional potable water-cooling method.

Environmental Restoration, Installation: Naval Base Ventura County, California - used adaptive management techniques to achieve final cleanup of a methyl tertiary butyl ether groundwater plume 22 years ahead of schedule, resulting in \$5.5 million in cost savings.

Cultural Resources Management, Small Installation: Washington Army National Guard - implemented maintenance and treatment plans for historic sites to improve management and streamline State Historic Preservation Officer consultation time.

Cultural Resources Management, Individual/Team: Ms. Rita McCarty, Mississippi Army Na-

tional Guard - saved resources by establishing curation facilities on the installation. This allowed full public access to all holdings and eliminated the annual \$5,000 university curation facility fee.

Environmental Excellence in Weapon System Acquisition, Small Program: Tagnite Technical Working Group, U.S. Army Research Laboratory, Aberdeen Proving Ground, Maryland - developed and demonstrated a magnesium weapon system component manufacturing capability using both Tagnite anodizing immersion and brush application. This method reduces exposure to hexavalent chromium, a human carcinogen, and provides a more durable and corrosion resistant surface compared to traditional finishes. Switching to Tagnite anodizing is projected to save the Apache H-64 Helicopter program nearly \$1.2 million per year through fiscal 2024.

For more information on the 2019 winners, visit: www.denix.osd.mil/awards/2019secdef/. Additional information, including past winners, for the Secretary of Defense Environmental Awards Program is online at: www.denix.osd.mil/awards.



U.S. Navy photo

Sailors assigned to the 'Island Knights' of Helicopter Sea Combat Squadron (HSC) 25 pose for a photo after providing aerial firefighting for southern Guam, along the northeastern edge of the Naval Magazine, when a brush fire quickly began to spread and threaten local homes of Santa Rita and was successfully contained using 4200 gallons of water. HSC-25 provides a multi-mission rotary wing capability for units in the U.S. 7th Fleet area of operations and maintains a Guam-based 24-hour search and rescue and medical evacuation capability, directly supporting U.S. Coast Guard and Joint Region Marianas. HSC-25 is the Navy's only forward-deployed MH-60S expeditionary squadron.

Fire in Southern Guam contained by HSC-25

From Commander, Amphibious Force 7th Fleet

ANDERSEN AIR BASE, GUAM

The Guam-based “Island Knights” of Helicopter Sea Combat Squadron (HSC) 25 provided aerial firefighting for southern Guam, along the northeastern edge of the Naval Magazine, when a brush fire quickly began to spread and threaten local homes of Santa Rita.

U.S. Navy Fire and Joint Regions Marianas notified HSC-25 Sunday evening the fire was out of control and HSC-25’s assistance was required.

The HSC-25 aerial firefight-

ing was led by Aircraft Commander Lt. Nicklaus Gfeller and successfully contained the fire using 4200 gallons of water.

“The maintenance duty section did a fantastic job of quickly modifying the aircraft configuration to support fire bucket operations,” said Gfeller. “The flight crew quickly found our rhythm to effectively drop water on the fire to contain it.”

The incident was the 2nd firefighting request to HSC-25 in 2019 to date.

“Our sailors work diligently day-in and day-out to ensure our aircraft are capable of 24/7 support anywhere in the CNMI,” said HSC-25 Com-

manding Officer, Cmdr. Frank Loforti. “Yesterday’s aerial firefighting was one of the many examples of how rewarding their hard work can be. I could not be more proud of the Island Knight maintainers and flight crew this Easter evening.”

HSC-25 provides a multi-mission rotary wing capability for units in the U.S. 7th Fleet area of operations and maintains a Guam-based 24-hour search and rescue and medical evacuation capability, directly supporting U.S. Coast Guard and Joint Region Marianas. HSC-25 is the Navy’s only forward-deployed MH-60S expeditionary squadron.



U.S. Navy photo

The Guam-based ‘Island Knights’ of Helicopter Sea Combat Squadron (HSC) 25 provided aerial firefighting for southern Guam, along the northeastern edge of the Naval Magazine, when a brush fire quickly began to spread and threaten local homes of Santa Rita.

Naval Medical Research Center showcases how it supports warfighter readiness

By Steve Van Der Werff
Naval Medical Research Center

SILVER SPRING, MD.

A group of about 30 civilian health professionals and students toured Naval Medical Research Center (NMRC) labs April 16.

The guests were invited to take part in the Secretary of Defense (SECDEF) sponsored Mini Joint Civilian Orientation Conference (MJCOC). This year’s program is designed to expose attendees to Military Health System (MHS) leaders, and military medical operations in the National Capital Region.

When they arrived Capt. Adam Armstrong, NMRC’s Commander was joined by Col. Deydre Teyhen, commander, Walter Reed Army Institute Research. Armstrong gave an overview of NMRC and the Navy Medicine Research and Development Enterprise and how it supports warfighter readiness. Teyhan did the same on behalf of WRAIR.

“NMRC and its laboratories play an important part protecting the health and ensuring the readiness of our global force,” said Armstrong. “We deliver high-value, high-impact research products and knowledge to support and protect our deployed warfighters. Our researchers are focused on the readiness and well-being of future forces.”

Afterwards the group broke into four smaller groups according to military branch and cycled through each station.

- The tour included visits to;
- Navy/Army Insectary: controlled human malaria infection model
 - Army Sleep Research Center
 - Army Multidrug Resistant Organism Repository and Surveillance Network
 - Navy Infectious Disease Diagnostics Laboratory and Viral and Rickettsial Diseases Department Vaccine Research

“Visits by SECDEF’s sponsored MJCOC are important. They build awareness of and an affinity for our Military Health System,” Armstrong said.

NMRC’s eight laboratories are engaged in a broad spectrum of activity from basic science in the laboratory to field studies at sites in austere and remote areas of the world to operational environments. In support of the Navy, Marine Corps, and joint U.S. warfighters, researchers study infectious diseases, biological warfare detection and defense, combat casualty care, environmental health concerns, aerospace and undersea medicine, medical modeling, simulation and operational mission support, and epidemiology and behavioral sciences.



Steve Van Der Werff
Capt. Adam Armstrong, commander, Naval Medical Research Center, welcomes healthcare professionals and students taking part in Secretary of Defense (SecDef) sponsored Mini Joint Civilian Orientation Conference, which focuses on educating civilian professionals about their military. This year’s emphasis is to build awareness of, and affinity for the Military Health System.

DOD identifies Army casualty

From Department of Defense

The Department of Defense announced today the death of a soldier who was supporting Operation Inherent Resolve.

Spc. Ryan Dennis Orin Riley, 22, from Richmond, Kentucky, died April 20, 2019 in Ninawa Province, Iraq, from a non-combat related incident. The incident is under investigation.

Riley was assigned to 2nd Battalion, 32nd Field Artillery Regiment, 1st Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Kentucky.

For more information regarding Spc. Ryan Dennis Orin Riley,



U.S. Army photo
Spc. Ryan Dennis Orin Riley died April 20, 2019, in Iraq.

members of the media may contact Lt. Col. Martin L. O’Donnell, Public Affairs Officer, 101st Airborne Division (Air Assault) at 931-217-5074 or by email at martin.l.odonnell.mil@mail.mil



MCSN Jason Waite
Sailors man the rails aboard the Arleigh Burke-class guided-missile destroyer USS Bainbridge (DDG 96) while departing the Port of Valencia. Bainbridge is underway as part of Abraham Lincoln Carrier Strike Group (ABECSSG) deployment in support of maritime security cooperation efforts in the U.S. 5th, 6th and 7th Fleet areas of responsibility. With Abraham Lincoln as the flagship, deployed strike group assets include staffs, ships and aircraft of Carrier Strike Group 12 (CSG 12), Destroyer Squadron 2 (DESRON 2) and Carrier Air Wing 7 (CVW 7); as well as Alvaro de Bazan-class frigate ESPS Méndez Núñez (F 104).

NIWC Atlantic highlights capabilities during CNO visit

By Susan Bullinger, NIWC Atlantic Public Affairs

CHARLESTON, S.C.

The Chief of Naval Operations (CNO) visited Naval Information Warfare Center (NIWC) Atlantic April 12 to see firsthand how the team delivers information warfare solutions that protect national security.

CNO Adm. John Richardson kicked off the visit to the Charleston campus by chatting with NIWC Atlantic military members and then learning about innovations being developed for technology transition to the warfighter.

“The CNO’s visit is a great

opportunity to demonstrate the breadth and scope of the NIWC Atlantic domain, and to exhibit the commitment and passion of our innovative and agile team to fight and win the wars of the future,” said Christopher Miller, NIWC Atlantic executive director.

NIWC Atlantic demonstrated how additive manufacturing is being used for 3D printing to enable rapid solutions to materiel problems, as well as exploring new applications for this technology. He also saw how NIWC Atlantic employees are developing better ways to automate and filter data from disparate sources, and how scientists are working to put autonomous technology in the

hands of warfighters.

Richardson was then briefed on NIWC Atlantic’s other key technical capabilities and technology growth areas, and on specific information warfare projects and innovations that are saving warfighter lives. He learned about NIWC Atlantic’s rapid prototyping and experimentation initiatives and participation in the Urban 5th Generation Marine and Fight the Naval Force Forward fleet demonstrations. NIWC Atlantic demonstrated how it is cultivating the next generation technical workforce, and engaging in the community with more than 500 volunteers through dozens of outreach programs.

“We are uniquely equipped

with qualified, world-class scientists and engineers who deliver solutions to complex warfighting problems,” said Capt. Wesley Sanders, NIWC Atlantic commanding officer. “It’s important that we operate on the cutting edge as we deliver information warfare solutions at the right time in the right way for our nation.”

Further discussions showed how NIWC Atlantic is maximizing electromagnetic maneuver warfare capabilities to ensure battlespace awareness for Sailors and Marines. Subject matter experts discussed cyber forensics developments and other advanced technologies that are enhancing warfighters’ situational awareness.

Richardson’s visit also offered an opportunity to provide updates on programs that are speeding capabilities to the warfighter, such as NIWC Atlantic’s Information Warfare Research Project, which uses an Other Transaction

Authority to rapidly prototype and deliver products to the fleet.

While onboard NIWC Atlantic, the CNO also engaged in a meaningful dialogue with the NIWC Atlantic leadership team and underlined the sense of urgency we must have as leaders and members of our U.S. Navy team.

As a part of Space and Naval Warfare Systems Command, NIWC Atlantic provides systems engineering and acquisition to deliver information warfare capabilities to the naval, joint and national warfighter through the acquisition, development, integration, production, test, deployment, and sustainment of interoperable C4ISR, cyber and information technology capabilities.

For more information visit <http://www.public.navy.mil/spawar/Atlantic>.

For more news from Space and Naval Warfare Systems Command, visit www.navy.mil/local/spawar/.



Chosen members of the U.S. All-Military soccer team pose for a group photo after the 2019 Armed Forces Men’ Soccer Championship at Naval Station Everett. Following the tournament, players from each branch’s team will be selected to the U.S. All-Military team and will represent the U.S. military on the world stage.

2019 Armed Forces Men’s Soccer Championship concludes at Naval Station Everett

By MC3 Clemente Lynch
Navy Public Affairs Support Element, Det. Northwest

EVERETT, WA

On a brisk April morning, several white shuttles arrived on Naval Station Everett (NSE) ferrying the members of the All-Navy, All-Army, All-Air Force, and All-Marine soccer team to compete in the 2019 Armed Forces Men’s Soccer Championship, closing in a championship game, April 20.

In the end, after seven days of single round-robin play, the All-Army soccer team came away with a victory in the championship match with Navy finishing in 3rd place overall in the tournament.

“Teams are made up from players from all over the world,” said Sean Joyce, a Morale, Wellness, and Recreation

(MWR) representative. “The All-Navy tryout consisted of players that were assigned to duty stations stateside, but we also had some come from Japan and Italy; we had players flown in from all over.”

In addition to bragging rights, service members from each branch competed for spots on the U.S. All-Military team that will represent the United States in the 7th Conseil International du Sport Militaire (CISM) Military World Games this October in Wuhan, China.

Chief Information Systems Technician Jay Reynard is one of the coaches for the All-Navy soccer team and said that for any of the players to be selected to the Military World Games would be a tremendous honor for them, a feeling shared by those who were chosen.

“I started playing soccer in



The All-Army team celebrates winning the championship game during the 2019 Armed Forces Men’s Soccer Championship held at Naval Station Everett. Following the tournament, players from each branch’s team will be selected to the U.S. All-Military team and will represent the U.S. military on the world stage.

high school when I was 15,” said Hospital Corpsman 2nd Class Devonte Ecford, assigned to Marine Corps Air Station Yuma. “Now, after being selected to the all-military team, I feel very accomplished. All the hard work I’ve been putting in and the way my teammates encourage me to keep pushing forward is humbling. I feel blessed.”

Even though Navy came up short in this year’s tournament, all eyes are looking forward to next year’s competition.

“The plan going forward is to stay consistent and build a stronger program for next year,” said Reynard. “Identifying other personnel that can come in and help the personnel we already have will make us a

stronger unit going forward.”

This year’s contest is the fourth time Naval Station Everett has hosted all-military sporting events.

“It’s a great way of seeing the tiers of athletic competition,” said Joyce. “For us, this is the first time the involvement is service wide. It has been an awesome experience.”



The Independence-variant littoral combat ship USS Charleston (LCS 18) sails through San Diego Bay in transit to the ship’s Naval Base San Diego homeport, successfully completing the ship’s maiden voyage from the Austal USA shipyard in Mobile, Alabama. Charleston is the ninth ship in the littoral combat ship Independence-variant class and is the eleventh LCS to be homeported in San Diego.

Navy’s newest littoral combat ship USS Charleston arrives in San Diego

By Lt.j.g. Jasmine Spencer
Commander, Littoral Combat Ship Squadron ONE

SAN DIEGO

The newest littoral combat ship, the Independence-variant USS Charleston (LCS 18), arrived at its San Diego homeport April 19 after completing its maiden voyage from the Austal USA shipyard in Mobile, Alabama.

Prior to arriving in San Diego,

Charleston officially joined the fleet March 2 when it was commissioned in Charleston, South Carolina. During the sail-around, the ship made port calls to Mayport, Florida; Little Creek, Virginia; Guantanamo Bay, Cuba; and Mazatlan, Mexico. The ship also completed a successful transit through the Panama Canal.

“I’m proud to say that the crew did a phenomenal job dur-

ing Charleston’s maiden voyage, working many long hours to execute the voyage safely,” said Cmdr. Christopher K. Brusca, Charleston’s commanding officer. “To get Charleston ready for delivery, we’ve been away from our families for nine months, but during that time the crew maintained an infectious positivity throughout every aspect of bringing this ship to the Fleet.”

The ship falls under Com-

mander, Littoral Combat Ship Squadron One (COMLCSRON ONE) control until the future LCS Mine Countermeasures Division is established on the West Coast.

“Charleston is a first-class ship with a first-class crew,” said Capt. Matthew McGonigle, commander, COMLCSRON ONE. “With Charleston’s arrival, we now have 11 littoral combat ships homeported in San Diego and we couldn’t be more proud of the hard work and positivity our LCS crews continue to demonstrate every single day.”

LCSs are high-speed, agile,

shallow-draft, mission-focused surface combatants designed for operations in the littoral environment, yet fully capable of open ocean operations. As part of the surface fleet, LCSs have the ability to counter and outpace evolving threats independently or within a network of surface combatants. Paired with advanced sonar and mine-hunting capabilities, LCSs provide a major contribution, as well as a more diverse set of options to commanders across the spectrum of operations.

For more LCS news, visit www.dvidshub.net/unit/C-LC-SSO

Ambassador to Russia, Naval Forces Europe Commander, view dual aircraft carrier strike group operations in the Mediterranean

From U.S. Naval Forces Europe-Africa/US 6th Fleet Public Affairs

MEDITERRANEAN SEA

U.S. Ambassador to Russia, Jon M. Huntsman Jr. and Adm. James G. Foggo III, commander, U.S. Naval Forces Europe-Africa and Allied Joint Force Command Naples, Italy, observed dual carrier strike group (CSG) operations from the Nimitz-class aircraft carrier USS Abraham Lincoln (CVN 72) in the Mediterranean Sea.

The Abraham Lincoln and John C. Stennis CSGs began dual operations April 23. The CSGs will complete high-end warfighting training as they work multiple scenarios integrating the two air wings and surface ships with key allies and partners in the European theater.

“In the era of great power competition, particularly in the maritime domain, one carrier strike group provides tremendous operational flexibility and agility,” Foggo said. “Two carrier strike groups operating simultaneously, while also integrating and advancing interoperability with our highly capable NATO allies and partners, provides an unprecedented deterrent against unilateral aggression, as well as

combined lethality. It also should leave no doubt to our nation’s shared commitment to security and stability in the region.”

In total, the dual CSG operations include more than 130 aircraft, 10 ships and 9,000 Sailors and Marines.

This is the first time two U.S. carriers have operated in the Mediterranean Sea at the same time since the Dwight D. Eisenhower and Harry S. Truman CSGs were deployed to the region in 2016.

“Each of the carriers operating in the Mediterranean at this time represent 100,000 tons of international diplomacy,” Huntsman said. “Diplomatic communication and dialogue coupled with the strong defense these ships provide demonstrate to Russia that if it truly seeks better relations with the United States, it must cease its destabilizing activities around the world.”

While in theater, the CSGs will continue to work with regional allies and partners at sea, creating opportunities for high-end maritime integration and improving collective proficiency and interoperability.

The Spanish Alvaro de Bazan-class frigate ESPS Méndez Núñez (F 104) is integrated with the Abraham Lincoln CSG and

operates as one of Lincoln’s escorts during its around-the-world deployment, displaying the United States’ commitment to NATO allies, including the Spanish Navy (la Armada Española).

“The Méndez Núñez steaming alongside USS Abraham Lincoln is a sight to behold,” Foggo said. “Our interoperability with Spain

is remarkable.”

John C. Stennis CSG has been working with allies and partners through its deployment to include projecting joint capabilities with maritime forces from the French Charles de Gaulle Carrier Strike Group in the Red Sea.

The Charles de Gaulle CSG, composed of France’s Marine Nationale aircraft carrier FS Charles De Gaulle (R 91), F70AA-class air defense destroyer FS Forbin (D 620), and the Royal Danish Navy Iver Huitfeldt-class frigate HDMS Niels Juel (F 363), along with the John C. Stennis CSG, conducted aircraft training, a low-light gunnery exercise, and a liaison officer exchange program.

While in the European theater, Abraham Lincoln and John C. Stennis CSGs will continue to work alongside NATO allies and partners, increasing interoperability to ensure maritime security and stability.

USS John C. Stennis (CVN 74) deployed from Naval Base Kitsap-Bremerton Oct. 15, 2018 while Abraham Lincoln deployed from Naval Station Norfolk, April 1 this year.

The carriers are in the midst of a homeport shift with Stennis heading to Norfolk, and Lincoln heading to San Diego.

For more news from Commander, U.S. Naval Forces Europe and Africa/U.S. 6th Fleet, visit www.navy.mil/local/naveur/.



U.S. Navy photo

Seaman Kenneth Mathison, an airman, stands watch as an EA-18G Growler from the Electronic Attack Squadron 140 launches from the flight deck of the aircraft carrier USS Abraham Lincoln in the Mediterranean Sea.

IWTC Monterey commemorates 50th anniversary of PR-21 shootdown

From Information Warfare Training Command Monterey Public Affairs

MONTEREY, CALIF.

Students and staff assigned to Information Warfare Training Command (IWTC) Monterey paid tribute to the crew of PR-21, April 15.

On April 15, 1969, PR-21, callsign Deep Sea 129, an EC-121M Warning Star aircraft assigned to Fleet Air Reconnaissance Squadron (VQ) 1, flew a routine reconnaissance mission over the Sea of Japan. The aircraft was shot down by two North Korean MiG-21 fighters approximately 90 nautical miles off the North Korean coast, killing all 31 crewmembers.

Fifty years later, IWTC Monterey Sailors stood in formation at the Presidio of Monterey to observe morning colors and to honor the lost crewmembers. The command choir sang the Navy Hymn as each name was read aloud. The reading was followed by two bells, a naval tradition to honor and say farewell to fallen shipmates. “Taps” was played to conclude the ceremony.

The event was organized by Chief Cryptologic Technician (Interpretive) Jeffrey Hansen, and all roles were assigned to IWTC Monterey students.

“I think it is important to get junior Sailors involved in events

that celebrate our heritage,” said Hansen. “It gives them a tangible connection to why they are here and what being a Sailor means.”

The incident holds a special significance for IWTC Monterey. Five of the Sailors killed in the shootdown were foreign language interpreters, the same role being taught to the students in attendance. Many of these students will go on to fulfill the same aircrew roles at some point in their careers.

“Today’s commemoration event was a stark reminder of the inherent risks that Sailors face every time they suit up and answer our nation’s calling,” said Cmdr. Michael Salehi, commanding officer of IWTC Monterey. “Even today, linguists around the globe venture out on some of the most dangerous missions that are critical to achieving national security objectives. Our young Sailors should understand that one day they could embark on comparable missions; and, while remembering past sacrifices is a good thing, it’s more important that they consistently harness the same warrior mindset that was displayed by Deep Sea 129 to truly honor their legacy and confront our future operational challenges.”

Following the ceremony, many attendees paid their personal respects at the nearby



U.S. Navy photo

Sailors assigned to Information Warfare Training Command Monterey commemorate the 50th anniversary of the PR-21 shootdown. PR-21, an EC-121M Warning Star aircraft assigned to Fleet Air Reconnaissance Squadron (VQ) 1, was shot down by North Korean aircraft during a routine reconnaissance mission, April 15, 1969, killing all 31 crewmembers on board.

PR-21 Memorial Plaque. The plaque was originally dedicated at Naval Support Facility Kamiseya in 1969, moved to Misawa, Japan, and eventually placed at IWTC Monterey in 2011 where it will remain as a memorial to the fallen and a reminder of its cryptologic heritage.

“To say the least, today was a reminder that I am a Sailor first,” said Seaman Courtney Havrilla. “It may not be necessary to know every date of every battle of every war, but it is my duty to

know where we came from.”

IWTC Monterey, as part of the Center for Information Warfare Training, provides a continuum of foreign language training to Navy personnel, which prepares them to conduct information warfare across the full spectrum of military operations.

With four schoolhouse commands, two detachments, and training sites throughout the United States and Japan, CIWT is recognized as Naval Education and Training Command’s top learning center for the past

two years. Training over 21,000 students every year, CIWT delivers trained information warfare professionals to the Navy and joint services. CIWT also offers more than 200 courses for cryptologic technicians, intelligence specialists, information systems technicians, electronics technicians, and officers in the information warfare community.

For more news from Center for Information Warfare Training, visit www.navy.mil/local/cid/.

PARTNERSHIP | The mission begins

Continued from B1

—large and small— are strong, independent, and free from coercion.”

Pacific Partnership began in response to one of the world’s most catastrophic natural disasters, the December 2004 tsunami, that devastated parts of South and Southeast Asia. The mission has evolved over the years from emphasis on direct care to an operation focused on enhancing partner-

ships through host nation subject matter expert and civil-military exchanges.

Working at the invitation of each host nation, Pacific Partnership is joined by partner nations that include Australia, Canada, Japan, Malaysia, Peru, the Philippines, South Korea, Thailand, and the United Kingdom to strengthen disaster response preparedness around the Indo-Pacific region.

Timor-Leste is one of several host

nations for Pacific Partnership 2019. Mission teams have also made stops in the Republic of the Marshall Islands, the Philippines, the Federated States of Micronesia, Malaysia, and will continue with stops in Vietnam and Thailand. Experts in the fields of engineering, medicine and disaster response will partner with each host nation to conduct civic-action projects, community health exchanges, medical symposiums, and disaster response training activities.

Pacific Partnership, now in its 14th iteration, is the largest annual multinational humanitarian assistance and disaster relief preparedness mission conducted in the Indo-Pacific. Each year, the mission team works collectively with host and partner nations to enhance regional interoperability and disaster response capabilities, increase stability and security in the region, and foster new and enduring friendships across the Indo-Pacific.



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U.S.S. Wisconsin celebrates 75 years!
Nauticus, military, city and state officials marked the 75th anniversary of the occasion with a special ceremony onboard the ship.
» See **C2**

SECTION C | FLAGSHIPNEWS.COM | 4.25.2019

NORFOLK NATO FESTIVAL:

A celebration of our 29 International Allies right here in our own backyard

From Virginia Arts Festival

For over 65 years, Norfolk, Virginia has organized a salute to NATO’s role in maintaining peace and stability in the world – Norfolk NATO Festival. Norfolk is NATO’s home in North America, and the Norfolk NATO Festival is the only festival in the world which honors the North Atlantic Treaty Organization and its 29 member nations. Norfolk NATO Festival returns April 25 through 28, continuing a tradition of cultural exchange and enriching the lives of community members of all ages. All events are free and open to the public as each of the 29 NATO Member Nations and NATO Representatives interact and engage with visitors giving insights about that nation’s culture – no passport required!

NATO Nations
Albania • Belgium • Bulgaria Canada • Croatia • Czech Republic Denmark • Estonia • France Germany • Greece • Hungary Iceland • Italy • Latvia • Lithuania Luxembourg • Montenegro • The Netherlands Norway • Poland • Portugal Romania • Slovakia • Slovenia • Spain Turkey • United Kingdom • United States

“On behalf of the NATO family, I hope all members of the community have an opportunity to rejoice and experience the long-standing relationship between NATO and the City of Norfolk during the Norfolk NATO Festival,” said Supreme Allied Commander Transformation, French Air Force General Andre Lanata. “All nations represented at NATO’s Allied Command Transformation serve as a symbol of the Alliance’s transatlantic bond, and we are grateful to work and live alongside our American friends. Please enjoy the culture and heritage of all 29 member nations showcased throughout this week. I look forward to

celebrating with everyone for many years to come!”

66th Annual Parade of Nations Saturday, April 27 • Downtown Norfolk • 10:00 – 11:30 AM The only parade in the United States to honor our international allies of NATO, Saturday’s thrills begin with one of the most unique parades in the U.S. You’ll see over a hundred parade units — nearly 1,000 people — on colorful floats representing the 29 member NATO nations plus U.S and international military bands, high school bands from across the U.S., and more!

Norfolk NATO Festival’s International Village Saturday, April 27 • Town Point Park, Norfolk, VA • 11:30AM to 3:00PM Experience the sights, sounds, and tastes of the 29 NATO nations! The village features something for the whole family: performances, international art, cuisine, souvenirs, and craft beers. Park opens immediately following the Parade.

Norfolk NATO Festival’s Rugby Exhibition Match Sunday, April 28 • Powhatan Field, ODU, Norfolk • 6:00PM to 8:00PM In the NATO spirit of international friendship, join friends and family at a thrilling rugby match between the French Army XV du Pacifique Rugby Team and our hometown team, the Norfolk Blues! The French Army’s XV du Pacifique team includes a proud cohort of Pacific Islanders and as part of the event, they will perform the haka, a ceremonial dance in Maori culture.

About Norfolk NATO Festival Norfolk NATO Festival was founded in 1953, just one year after the establishment of NATO’s

Allied Command Atlantic in Norfolk, Virginia. In that year, the citizens of Norfolk organized a salute to these Allied forces in order to create new friendships, provide a basis for cultural exchange, pursue new lines of trade between Norfolk and the world, and to recognize NATO’s role in maintaining peace and stability in the world. Allied Command Atlantic was decommissioned in 2003. This year marks the 15th anniversary of Allied Command Atlantic’s successor, Allied Command Transformation, and 70th anniversary of NATO. The Norfolk NATO Festival enriches the lives of local citizens through NATO-focused programs.

The Norfolk NATO Festival facilitates educational opportunities for students throughout Hampton Roads which center on NATO and its 29 Member Nations. Education programs are available throughout the year for elementary, middle, and high schools students throughout the region. The hallmark education program is the Model NATO Challenge.



Courtesy NATO

Addressing the needs of caregivers helping our military, veteran heroes

From Brandpoint

“You’re sitting at home one night and get a phone call that your husband is being medevaced and he’s coming home. They said it was for spinal injuries,” recalled Mandy Spooneybarger, 36, caregiver to her husband, Charles, an Army veteran. “You have to live in your new normal. It’s stressful. It’s isolating. You have to let go of what you had. That is the hardest part. Sometimes it takes years. You can find strength from the person you are caring for. If you can, find other support.”
One place to find that support has been the American Legion Auxiliary (ALA), the world’s largest women’s patriotic service organization. The organization recently received a grant from the Elizabeth Dole Foundation’s Hidden Heroes Campaign for innovative and evidence-based programs that address the long-term needs of military caregivers, spouses, parents and loved ones caring for servicemembers and veterans at home.
Veterans depend on caregivers
“The ALA recognizes that

many veterans depend daily on their dedicated caregivers,” said Kathy Dungan, national president of the organization. “We recognize how important it is to support caregivers and address the unique stresses they face to help ensure our nation’s heroes are supported for years to come.”
At the National Veterans Creative Arts Festival (NVCAF) last fall, the grant helped the Auxiliary provide several opportunities to empower caregivers and provide social support. Respite bags were handed out to each caregiver at registration. Although the event is centered around veterans, the bags and warm welcomes from Auxiliary volunteers and staff made the caregivers feel special. Programs relevant to the needs of military caregivers are typically focused on the servicemember or veteran, and only incidentally related to the caregiver’s role. There are gaps in needed programs, which the grant helped to address. In addition, the funding provided the opportunity to build skills and confidence as caregivers.
Caregivers need support too
Dolores Kostiw, 71, caregiver to



Brandpoint image

her husband, Steve, an Air Force veteran, said, “I retired two years ago. I’m around to help do what he needs to do, make sure he gets in and out of the shower OK. If he needs help with his shoes or dressing of any sort, I can try and help him with that. It’s very hard because he’s first - I have to make sure he’s OK and everything before I can take care of myself.”
According to a Rand Corp. study, there are more than 5.5 million military and veteran caregivers in the U.S. They spend many hours tending to the visible and invisible injuries or illnesses of their loved ones. In the study, 17 percent of civilian caregivers reported spending more than 40 hours per week providing care; 12

percent of post-9/11 military caregivers and 10 percent of pre-9/11 military caregivers spent more than 40 hours per week.
It’s OK not to be OK and ask for help
“Anger is a big thing. Address that as soon as you can,” said Spooneybarger. “Because that’s the biggest reason I see why people leave their spouses - unresolved anger. They take it out on the only safe place they know - the person holding their hand through the whole process.”
For Kostiw, it’s about finding time for herself.
“More than once, you think, I can’t do this anymore, I want to get out of it, but then he needs something, and I have to be there for

him to give it to him,” she said. “Do what you can and if you can’t do it, ask for help.”
Through the educational program and social support opportunities that were offered at the NVCAF, Kostiw and others learned it was OK to not be OK and to ask for help as a caregiver. They had the opportunity to show their emotions in a welcoming environment with others in similar situations. Some also offered suggestions on how to cope, based on their own experiences.
To learn more about how to get involved in the ongoing work of supporting caregivers and to give back to veterans, the military and their families, visit www.ALAforVeterans.org.

CalendarCommunity

For a complete list of events in Hampton Roads or to submit your own, visit www.flagshipnews.com/calendar



Something In The Water Festival

■ April 25, 26, & 27
■ Virginia Beach Oceanfront
■ www.somethinginthewater.com for many ticket options and prices. Many multiple day passes are sold out.

Pharrell William’s Virginia Beach music festival comes to life this weekend. Artists include Pharrell Williams, Dave Matthews Band, Gwen Stefani, Travis Scott, Janelle Monae, Diplo, Missy Elliot, Pusha T, and MANY more.

Venue opens at 2 p.m. EST on Friday April 26th, 12 p.m. EST on Saturday April 27th and 12 p.m. EST on Sunday, April 28th.

All ages are welcome. Children 5 & under are free (must be accompanied by a ticketed adult). Show will take place rain or shine.

Lineup and set times are subject to change without notice.

Party on the Pier at Nauticus

■ April 25, 5-8 p.m. Free admission.
Live music by Kaboombox.
■ Nauticus Pier
■ www.nauticus.org

Last Thursday of each month! These free sunset events on the Nauticus Pier feature live music, local beers on tap and a different food truck every month. Express your inner artist and paint the pier with sidewalk chalk provided by the Elizabeth River Trail.

Virginia Musical Theater presents “Sister Act”

■ April 26 (8 p.m.) 27 (2 and 8 p.m.), 28 (2:30 p.m.), \$65, 60, 50, 20
■ Sandler Center for the Performing Arts, 201 Market St., Virginia Beach
■ vmtheatre.org

Based on the hilarious 1992 film, Sister Act tells the entertaining story of Deloris Van Cartier, a disco diva whose life takes an unexpected turn when she witnesses a murder. Placed under protective custody, she hides out in the one place nobody will think to look—a Convent. Masquerading as a nun, and under the skeptical thumb of Mother Superior, Deloris rediscovers her voice while helping her fellow nuns find theirs. Featuring an original score from composer Alan Menken (Beauty and the Beast, Little Shop of Horrors, Newsies), Sister Act is a divine tribute to the universal power of friendship, sisterhood and music.

NSA HR Headquarters Teal Ribbon 5k

■ April 26, 11:30 a.m.
■ POW/MIA Park, next to NH-30 Gym.
■ 757-836-1810 or www.navymwrmidlant.com/runs

The 2019 NSA HR - Headquarters MWR Teal Ribbon 5K is on Friday, April 26 at 11:30 a.m. Race starts at POW/MIA Park next to NH-30 Gym.



iStockphoto

Celebrate the month of the military child!

NSA HR Northwest Military Child Festival

■ April 26, 3:30 p.m. Free.
■ Mariner Community Recreation Center
■ 757-421-8250

April is the Month of the Military Child! Come out to the NSAHR Northwest Mariner Community Recreation Center on Friday, April 26 from 3:30 to 6:30 p.m. to help us celebrate our military children. The festival is free and there will be life-sized games, inflatables and a rock wall for the kids to enjoy.

USO presents Spring Up for Military Kids

■ April 27, 10 a.m. - 2 p.m.
■ Holiday Trav-L Park, 1075 General Booth Blvd., Virginia Beach
■ www.hrcv.uso.org/events/204

Join us for a full day of family-friendly fun for all ages! Attendance is ONLY open to active duty military, reserve/national guard, and eligible dependents with valid Military ID card. Enjoy agility inflatables, critter cuddling, puppet shows, free book for every child, and more!

A solo acoustic evening with Richard Marx -ON SALE!

■ Show August 24 — Tickets ON SALE April 26
■ Sandler Center for the Performing Arts, 201 Market St., Va Beach
■ www.YnotTix.com

Don’t miss Richard Marx, in concert in this intimate, solo/acoustic setting!

■ Submit YOUR events, news and photos

The Flagship welcomes submissions from our readers online. Please submit **events** here: www.militarynews.com/users/admin/calendar/event/ Please submit **news** and **photos** here: www.militarynews.com/norfolk-navy-flagship/submit_news/

Grant from Hampton Roads Community Foundation to help TCC build new arts and hospitality center in Norfolk’s NEON District

From norfolk.gov

HAMPTON ROADS, VA.

Tidewater Community College will receive \$500,000 over the next five years from the Hampton Roads Community Foundation to help build the TCC Perry Center for Visual & Culinary Arts and Hospitality Management in Norfolk’s NEON District.

TCC was one of seven recipients of grants from the Hampton Roads Community Foundation, which focused on environmental stewardship and vibrant places in awarding funds.

“We’re appreciative of the Hampton Roads Community Foundation’s generosity, which shows its confidence in what promises to be a transformative facility for the City of Norfolk,” said TCC President Gregory T. DeCinque.

Norfolk Mayor Kenneth Alexander unveiled plans to build the 47,000 square-foot facility during his State of the City address in March 2018. Plans call for it to energize the NEON District and nearby St. Paul’s area by:

- expanding TCC’s one-of-a-kind visual arts education program;
- training the next generation of chefs with an expansion of TCC’s comprehensive culinary arts program;
- creating opportunities for collaboration between culinary and visual arts programs;
- making a test kitchen available to food entrepreneurs;
- housing an expanded program in hospitality and restaurant management; and
- providing dual-enrollment opportunities for Norfolk high school stu-

dents and workforce education to residents.

The project will be funded by some TCC general funds but mostly by private donations raised through Go Further! TCC’s Campaign for a Competitive Workforce. Norfolk’s Patricia and Douglas Perry are the lead donors in the initiative.

“We are hoping to begin construction in early 2020 with an opening date of Fall Semester 2021,” said Matthew Baumgarten, executive director of TCC’s Real Estate Foundation.

The City of Norfolk is donating the site of the former Greyhound bus station at the corner of Brambleton and Monticello avenues to the TCC Real Estate Foundation to make way for the new project.



Andrew Richard, Norfolk Drone Video and Photography

U.S.S. Wisconsin celebrates 75 years

From Nauticus

NORFOLK

Nauticus, military, city and state officials marked the 75th anniversary of the occasion with a special ceremony onboard the ship. Speakers included Nauticus Executive Director Stephen E. Kirkland, Norfolk Mayor Kenneth Alexander, Nauticus Board Chair Edward Wolcott, Jr. and USS Wisconsin Association President Mike Olson, with performances by the Kimberly, Wisconsin High School Band. Mayor Alexander and Nauticus Board Chairman Edward Wolcott Jr. concluded the event with a ceremonial breaking of a champagne bottle.



Andrew Richard, Norfolk Drone Video and Photography
Wisconsin veteran, Andy Bouchonville poses in front of the Wisconsin’s canons.

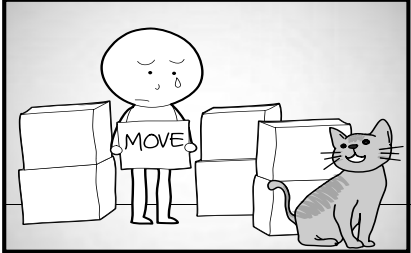


Edward Wolcott, Chair of Nauticus, addresses the crowd.

Andrew Richard, Norfolk Drone Video and Photography

it’s not ’s fault

by TheShelterPetProject.org





Courtesy NATO

Don't miss the exhibition game between the French Rugby team and the Norfolk Blues, Sunday, April 28.

French rugby team to take on Norfolk Blues Sunday, April 28 in free exhibition game!

From Virginia Arts Festival

WHAT: In the NATO spirit of international friendship, join friends and family at a thrilling rugby match between the French Army XV du Pacifique Rugby Team and Norfolk's hometown team, the Norfolk Blues! The French Rugby Team will be in town participating in the 23rd annual Virginia International Tattoo, April 25-28 at Scope Arena. The team performs their "Haka," a traditional Maori ceremonial

dance during this year's Tattoo.

WHEN: Sunday, April 28 • 6 p.m. to 8 p.m.

WHERE: Powhatan Field, Old Dominion University, Norfolk 4251 Powhatan Avenue, Norfolk, VA 23529

TICKETS: This event is free and open to the public

About XV du Pacifique Rugby Team:

The XV du Pacifique is a national military rugby selection, composed of soldiers from the South Pacific islands of Tahiti, Wallis and Futuna, New Caledonia, who are based in Agen, France. Created in 2007, this joint team (Army, Airforce, Navy and Gendarmerie) is among three other French military rugby teams recognized by the Centre National des Sports de la Défense (CNSD). The XV du Pacifique carries on the traditions and culture of Aito (warriors) primarily

through the haka, which is a ceremonial dance in Maori culture.

About Norfolk Blues Rugby Team:

The Norfolk Blues is a mid-Atlantic Rugby Football Union Division I Club team, located here in Norfolk. The Blues were formed in 1978 as the result of a merger between the Norfolk Rugby and the Norfolk Irish Rugby Clubs. The team is named after the Norfolk Light Artillery Blues, a state militia and prestigious social club formed in 1829. Their team symbol is the Norfolk mace, a large, ornate mace that was constructed in 1754 and presented to the Borough of Norfolk. The Norfolk mace is still used to this day for public ceremonies.

VETERANS UNITED HOME LOANS.
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JON PARDI Scenic HOT FRIDAY JULY 12	train the go go dolls JULY 14	SUNRISE WITH ROME SOJA JULY 18	FLORIDA GEORGIA LINE CAN'T SAY I AIN'T COUNTRY TOUR DAN+SHAY MORGAN WALLLEN JULY 25
KORN UNDERNEATH SUMMER 2019 JULY 30	NELLY + TLC FLO RIDA JULY 31	JOE BONAMASSA AUGUST 1	JIMMY BUFFETT Margaritaville SAILORS SATURDAY, AUGUST 3
KIDZ BOP WORLD TOUR 2019 FRIDAY, AUGUST 9	Rebution COLLIE BUDDZ BILLY IDOL BEN FOLDS SATURDAY AUGUST 10	Joan Jett LOVE LIVE AUGUST 11	KISS END OF THE ROAD WORLD TOUR AUGUST 13
KNOTFEST ROADSHOW SLIPKNOT VOLBEAT SOMA AUGUST 14	breaking benjamin FROM DROP OUT TO MOUNTAIN AUGUST 21	CHRIS YOUNG RAISED ON COUNTRY AUGUST 22	CHRIS STAPLETON ALL AMERICAN ROADSHOW BROTHERS OSBORNE & KENDALL MARVEL FRIDAY, OCTOBER 18

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Brandpoint image

Thrill of the grill: Fired up for grilling season

From Brandpoint

Americans have a long-standing love affair with grilling. This relationship started many years ago. Our ancestors first learned to cook over an open flame, and today grilling has become a year-round lifestyle choice with many preferring to cook outdoors on the grill.

Why do Americans love grilling so much? The reasons are wide ranging. Some grill to relax. The backyard is their escape, and the flame calms them. Others barbecue for nostalgia. The grill is a time machine to the best childhood moments. Many grill for the sheer joy of cooking. The sizzle on

the grates, the smell rising to the sky, the juices dripping on the coals.

As we enter peak grilling season and celebrate National Barbecue Month in May, the Hearth, Patio & Barbecue Association looks to grilling celebrities to discover why we love gathering around the flame and to ultimately encourage everyone to grill this summer and beyond.

1) Boog Powell, I grill for nostalgia: Orioles legend and professional barbecuer Boog Powell loves to grill because of a childhood experience. “I started grilling when I was 10 years old when my dad, brother and I made a big slab of ribs on a homemade

grill on a family camping trip. It was probably the best ribs and the best barbecue that I’ve had in my life. I have been hooked on barbecue since then, and I still love it, more now than ever before,” adds Powell.

2) Tobias Dorzon, I grill for my health: Tobias Dorzon, former professional football player, professional chef and champion of Food Network’s “Guy’s Grocery Games” grills for the health benefits and delicious flavor. Dorzon notes, “Grilling is a healthier alternative because it burns the fat off meats and it uses less oil. Plus, grilling takes less time to cook and it keeps all the nutrients and flavors throughout your food.”

3) Christie Vanover, I grill for fresh air: Christie Vanover, owner and operator of Girls Can Grill, loves grilling because it allows her to spend time outside. Vanover says, “My motto is ‘Anything that can be cooked in the kitchen can be cooked on a grill.’ I grill year-round, because I love being outdoors and soaking up the fresh air.”

4) Matt Pittman, I grill to bring people together: Matt Pittman, celebrity grilling expert and owner of Meat Church BBQ, “grills to bring people together and make great memories. Our lives center around food. What better way to spend time with friends and family than outside cooking and sharing a great meal.”

5) Mad Dog & Merrill, we grill for entertainment: Internationally recognized and self-proclaimed “Grillologists” and the hosts of the TV series “Midwest Grillin’,” Mad Dog & Merrill clearly love to

grill. “We started grilling for the fun of it all. Now 35 years later, we enjoy teaching backyard grillers how to think out of the box, experiment on the grill, and become ‘Grillologists’ of their own.”

6) Stan Hays, I grill to help people: Stan Hays, co-founder/CEO of Operation BBQ Relief, uses his grilling skills to help those in need when disaster strikes. “I have always enjoyed cooking from a young age, but it wasn’t until I graduated college that I really became obsessed with grilling. I now look for all opportunities to use my grill and smoker. There is something so satisfying about using fire to feed your friends and family, and I’ve even found a way to use my passion for grilling to feed people in need.”

For more reasons, tips and tricks, recipes and information on grilling, visit www.whyigrill.org.



Statepoint image

Make favorite drinks healthier with simple ingredient swaps, says Julie Chrisley.

5 warm weather weightloss blunders to avoid

From Statepoint

Along with warm weather comes picnics, cookouts and other parties that can take a toll on your healthy lifestyle.

To help you stay on track while you’re enjoying the sunshine and good times, Courtney McCormick, manager, Clinical Research and Nutrition at Nutrisystem, is sharing the top five weight loss blunders people tend to make this time of year and simple tips for avoiding them.

• Blunder 1: Crash dieting: The thought of putting on a swimsuit may entice you to crash diet. Crash diets are not only unhealthy, they tend to slow metabolism, making it difficult for you to drop more than just a few pounds. Also, any weight you lose short-term will be regained as soon as you resume eating normally. It’s best to stick

with your healthy lifestyle year-round. Have a bad day? That’s okay. Vow to get back on track the next day.

• Blunder 2: Ordering smoothies and frapps: When the weather turns hot, a blended drink can seem like an ideal morning or afternoon pick-me-up. However, those from coffee shops and convenience stores tend to be loaded with sugar and fat. A 16-ounce serving may have more than 200 calories and 50 grams of sugar. Quench cravings by ordering unsweetened or lightly sweetened iced coffee or tea or opt for a protein shake.

“Being from the south, I love my sweet tea. To be sure I don’t overdo it on the sugar, I will use a little bit of honey as a sweetener instead,” said Julie Chrisley, Nutrisystem ambassador.

• Blunder 3: Not watching alcohol intake:

Alcoholic beverages can be very refreshing in warm weather, but even a light beer or white wine is more than 100 calories, and today’s popular sweet drinks like hard cider and wine coolers have as many 180 calories each. To avoid over-indulging, alternate one or two drinks with fizzy seltzer over ice and a lime wedge.

• Blunder 4: Perspiring to lose: When you exercise in the heat, you may think you can feel the pounds melting off with each bead of sweat. And if you weigh yourself right before and after a workout, you may see a difference. The problem is as soon as you replace the fluids you’ve sweated out, you’ll see on the scale that you’ve lost little, if any, weight. Your best bet is to maintain a steady activity level every day so that you get at least 150 minutes of movement a week. Regular activity keeps your metabolism

burning continually, even if you’re just walking inside an air-conditioned mall.

• Blunder 5: Loading plates with BBQ favorites: Backyard barbecues bring out many favorite classics, like potato salad and coleslaw. While those dishes start with healthful vegetables, they get weighed down with excessive saturated fats from mayonnaise and sour cream. What’s more, the loads of sugar in popular barbecue sauces can heap calories on a lean chicken breast. To manage intake, avoid creamy salads and dip chicken in BBQ sauce instead of slathering it on before grilling.

For more tips and tricks for staying on track with weight loss and healthy lifestyle goals, visit leaf.nutrisystem.com.

To overcome the most common warm weather weight loss blunders, it’s best to know what they are, as well as have go-to strategies to avoid them.



Courtesy of Warner Bros. Pictures
The Annabelle doll in New Line Cinema's horror film "ANNABELLE COMES HOME," a Warner Bros. Pictures release.

coming to theaters

THE SECRET LIFE OF PETS 2

The Secret Life of Pets 2 will follow summer 2016's blockbuster about the lives our pets lead after we leave for work or school each day.

JOHN WICK 3

Legendary hit man John Wick must fight his way out of New York when a \$14 million contract on his life makes him the target of the world's top assassins.

UGLY DOLLS

In the adorably different town of Uglyville, weirdness is celebrated, strangeness is special and beauty is embraced as more than meets the eye. After traveling to the other side of a mountain, Moxy and her UglyDoll friends discover Perfection -- a town where more conventional dolls receive training before entering the real world to find the love of a child. Soon, the UglyDolls learn what it means to be different -- ultimately realizing that they don't have to be perfect to be amazing.

ROCKETMAN

An epic musical fantasy about the uncensored human story of Sir Elton John's breakthrough years.

ANNABELLE COMES HOME

Determined to keep Annabelle from wreaking more havoc, demonologists Ed and Lorraine Warren bring the possessed doll to the locked artifacts room in their home, placing her "safely" behind sacred glass and enlisting a priest's holy blessing. But an unholy night of horror awaits as Annabelle awakens the evil spirits in the room, who all set their sights on a new target—the Warrens' ten-year-old daughter, Judy, and her friends.

BRIGHTBURN

What if a child from another world crash-landed on Earth, but instead of becoming a hero to mankind, he proved to be something far more sinister? With Brightburn, the visionary filmmaker of Guardians of the Galaxy and Slither presents a startling, subversive take on a radical new genre: superhero horror.

MEN IN BLACK: INTERNATIONAL

Agent H and Agent M employ high-tech weaponry to battle mischievous aliens on Earth.

TOY STORY 4

Woody, Buzz Lightyear and the rest of the gang embark on a road trip with Bonnie and a new toy named Forky. The adventurous journey turns into an unexpected reunion as Woody's slight detour leads him to his long-lost friend Bo Peep. As Woody and Bo discuss the old days, they soon start to realize that they're worlds apart when it comes to what they want from life as a toy.

base theaters

\$3 Movies

JEB Little Creek, Gator Theater – 462-7534

Friday, April 26
7 p.m. Dumbo (2019) (PG)

Saturday, April 27
1 p.m. Dumbo (2019) (PG)
4 p.m. The Best Of Enemies (PG-13)
7 p.m. Wonder Park (3-D) (PG)

Sunday, April 28
1 p.m. Captain Marvel (PG-13)
4 p.m. Five Feet Apart (PG-13)
7 p.m. Us (R)

NAS Oceana, Aero Theater – 433-2495

Friday, April 26
6 p.m. Dumbo (2019) (PG)
9 p.m. The Best Of Enemies (PG-13)

Saturday, April 27
12 p.m. Wonder Park (PG)
3 p.m. Dumbo (2019) (3-D) (PG)
6 p.m. Captain Marvel (PG-13)

Sunday, April 28
12 p.m. Five Feet Apart (PG-13)
3 p.m. Hotel Mumbai (R)
6 p.m. Dumbo (2019) (PG)

Schedule is subject to change. For your weekly movie showtimes and more, check out the navy Mid-Atlantic Region MWR website at discovermwr.com.



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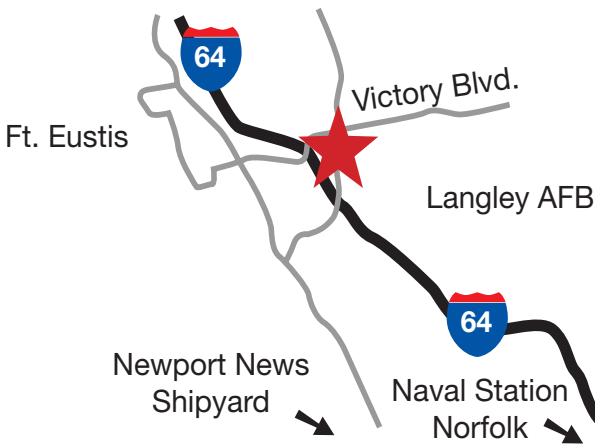
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Announcements

ANNUAL TIDEWATER FLEA MARKET
SATURDAY, APRIL 27TH. 6:30 AM-3:00 PM
New and Used Items
1316 Campostella Rd Chesapeake VA 23320
Vendors, Bake Sale, Car Wash, tidewaterbaptist.org/fleamarket

CONTEST TO WIN A HOME See Write Your Way Home on Facebook. You could live a mortgage free life!

FLEA MARKET! SATURDAY, APRIL 27, 2019 Join Christ Fellowship Church for their 2nd annual neighborhood flea market! There will be something for everyone! Come shop-Small Businesses, Local Vendors, and Garage Sale Items. Breakfast and lunch concessions will be available! 7AM-3PM Free admission and open to the public. 1212 Willow Ave. Chesapeake, VA 23325

QUILTERS STASH
Quilters & Sewists, De-stash Sale. Top quality fabrics, and other stuff. Inside Centenary UMC, Cedar Rd Portsmouth, 4/27 8-1



Garage/Yard Sales, etc.

VA BEACH Kings Forest Community Garage Sale off Little Neck Road in VB 5/18, 8-12.

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Thurs., Fri. & Sat.
April 25, 26, 27th, 8:30 AM-3 PM
Final Big Sale. Cleaning out the storage places, what's left. Lots of new household items in boxes, mahogany BR suite w/canopy bed, lots of tools, new lawnmower, Wolfgang Puck kit, items, camel-back sofa, old accordion, saxophone, oak wall phone, marble-top washstand, flat TV's, large amount of costume & silver jewelry, Meerschmumpfs, 2001 Lincoln Continental, 25K mis., lots of stuff we didn't get to before, everything will & must be sold. All must go. Cash/Check Only. Larry Zedd, Va Beach Antique Co. 422-4477. House is Alarmed & Guarded.



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2 PC ALL NEW MATTRESS SETS
In Plastic Twin \$99, Full \$119, Queen \$129, King \$189. Financing Available. Can Deliver. 757-490-3902.

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Reg. AKC puppies 8 weeks. \$600. Call: 252-209-7380

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HONDA 2006 ACCORD

EX. LOW MILES- 64,000 orig miles, leather, sunroof, loaded, auto, air, inspected. \$6,990 757-439-8017. Va. Dir. 757-481-7777. Process Fee \$375

HONDA 2006 CIVIC

LX, excellent condition, auto, air, loaded, inspected. \$2,990 757-439-8017. Va. Dir. 757-481-7777. Process Fee \$375

HONDA 2012 ACCORD

Coupe, black, 56k miles, loaded, auto, AC, alloid, nice! \$11,950 Processing fee \$395 (757) 717-1715 or (757) 963-2299

HONDA 2014 ODYSSEY

EX Silver, auto, AC, loaded, alloids, nice van! \$15,950 Processing fee \$395 (757) 717-1715 or (757) 963-2299

HONDA 2017 ACCORD

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Diamond Jubilee Series, 56k orig mi, ex. cond! As is \$3550. 757-672-5024

LINCOLN 2006 TOWN CAR

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TOYOTA 2010 COROLLA

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CHEVROLET 2005 TAHOE
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Red 26k mi., 271 crew cab, 4x4, auto, loaded, must see - low mi., save thousands! \$33450 Processing fee \$395 757-717-1715 or 757-963-2299

DODGE 2014 RAM 1500

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KIA 2004 SORENTO

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KIA 2012 SORENTO

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LEXUS 2006 LX 470
Navigation, leather, sunroof, 4WD, new inspection, warranty, looks great. \$16,500. Call for details 675-0288. Va. Dir.

LEXUS 2013 RX 350

AWD, serviced, clean, warr, 40,500 mis., \$22,900. 439-0582. va dir

NISSAN 2005 FRONTIER

SE Double cab, LOW MILES 108k. 4WD, mint cond, garage kept, auto, air, loaded, \$8850 757-439-8017. Va. Dir. 757-481-7777. Process Fee \$375

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Trucks and SUVs

TOYOTA 2004 4RUNNER



SR5 4WD LOW MILES 117k. Mint cond., gar. kept, sunroof, loaded, Alloy wheels, \$8950 757-439-8017. Va. Dir. 757-481-7777. Process Fee \$375

TOYOTA 2007 4RUNNER

SR5, V-8, new tires, new inspection, loaded, \$12,500. Call for details 675-0288. Va. Dir.

TOYOTA 2015 VENZA



53k mi, clean CarFax, auto, Ac, load- ed, must see - hard to find with these mi.! \$17,850 Processing fee \$395 (757) 717-1715 or (757) 963-2299

TOYOTA 2016 RAV4

29K original mis., AWD, like new, \$19,700. Call for details 675-0288. Va. Dir.

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ACROSS

- 1 Pal of Owl
5 Gunysack material
11 Deserve
15 A-F linkup
19 Gillette razor name
20 Melodious
21 Veer sharply
22 Shahs' home
23 Competition to determine the best garment stiffener?
26 "— in Boots"
27 "See! I was right!"
28 Architect Frank
29 Omega lead-in
30 Morales of "The Bink"
31 Web sales
33 Vinile Communist leader?
36 Mason — Line
38 Tree-lined boulevard
42 Enter slowly
43 Coup d—
44 Came — (steak dish)
45 Arctic birds
48 Heart-shaped pre-euro Greek coin?

DOWN

- 52 Implied but not stated
57 Screwball
58 Mad feeling
59 Periods of time between
61 Like — in headlights
64 Chief foe who doesn't show up on time?
66 Ready to go
67 Tortilla snack
70 "This —" (phone phrase)
71 Psyche part
72 Method used by learned people?
78 Four pairs
80 "Hill Street Blues" actor Daniel J. —
81 That lady
82 "How cool!"
85 Church assembly
86 Warfare that has not been enchanted?
92 Annu — (Asian river)
94 Planet's path
95 Sport on horseback
96 Even, as the score
100 Coif creator
103 Singer Crystal

ACROSS

- 104 Grayish brown earth tone?
107 Branch of Islam
109 Similar
110 "How cool!"
111 "Don't Be Cruel" singer
115 Place for a mani-pedi
118 Primo
119 Spectator covered in glitter?
122 Ball of thread
123 — buco
124 Wireless provider acquired by Verizon in 2008
125 Vocal range
126 Give tip
127 East —, Connecticut
128 Prickly-leaved plant
129 Actor Gosling

DOWN

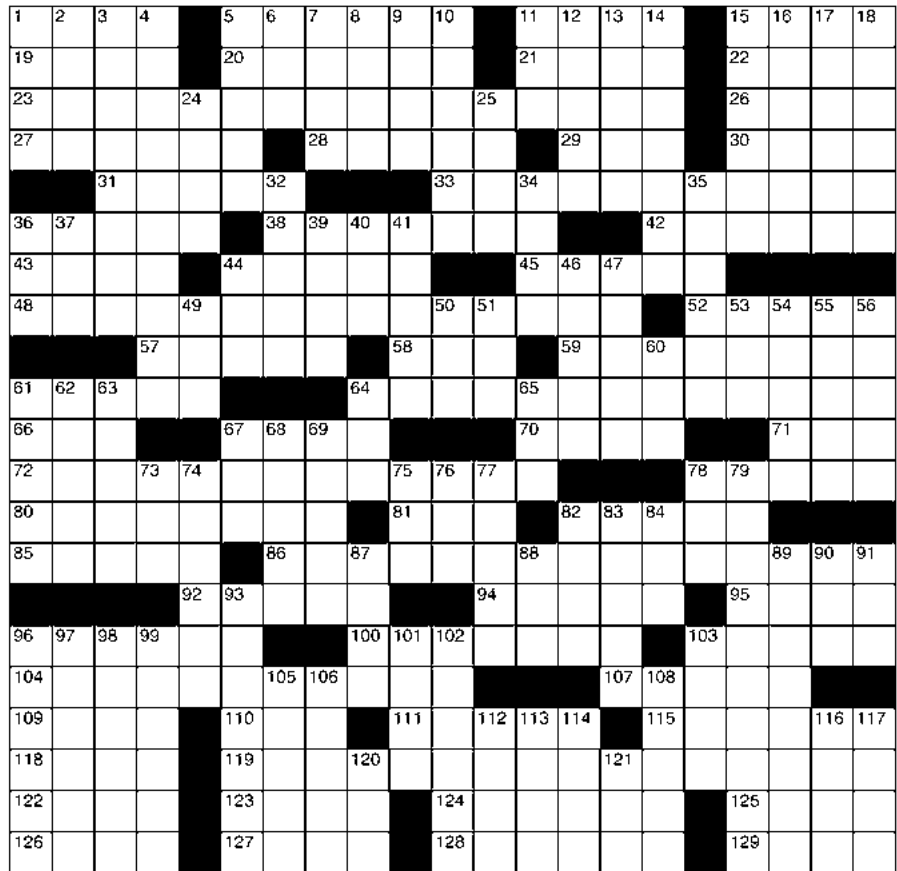
- 1 In history
2 Bart and Lisa's bus driver
3 Paperless test
4 Barely bearable
5 Iranian religion

ACROSS

- 6 Geller of mentalism (every bit)
7 See
91-Down
8 Balcony box
9 Author Sholem
10 Phrase of self-pity
11 Vt. hours
12 Initial Hebrew letter
13 Rene of "Thor"
14 Web user
15 Two-legged animals
16 DeLoe hero Robinson
17 Aquafina or Fiji alternative
18 Ship banner
24 Blue hue
25 Long-distance swimmer Diana
32 Type of eye surgery
34 Pope's religion: Abbr.
35 Spring holiday
36 German for 60-Down
37 Figure skater Midori —
39 Full of trills
40 Say further
41 "Ave —"

ACROSS

- 44 From — Z (every bit)
46 Arab leaders
47 Western spread
49 Hide-hair connector
50 Renoir works
51 "Meh" grade
53 Actress Graynor
54 Spotted cat
55 JPEG or GIF
56 Letter-shaped opening for a bolt
60 Definite article
61 Mgrs.' aides
62 Speak out against
63 Coen of film
64 Myrna of film
65 Archery need
67 Ecu
68 Pianist Rubinstein or Schnabel
69 2004 CBS spinoff
73 Lacto — vegetarian
74 Young chap
75 "Pipe down!"
76 Caddy drink
77 Actor Flynn with a sword
78 Western tribe
79 Exec's perk with wheels
121 Very small



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Sudoku

		2		7	5	1		
	6		4				3	
3					2			9
	5		8				6	
		4		3				2
6					9	8	1	
		1		8		6		
7			5					8
9	3				6		5	

CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

Clue: S equals R

RZTNAKZ GVMK KVVUGMBO

KGNS MK RMOOZS NBF VZNPMZS

GVNB GVZ UGVZS, M'F VNPZ GU

TNYY MG GVZ LZNGMZS LZGZUS.

Last week's CryptoQuip answer

When two jailbirds band together while working on a task, could you say they are con-joined?

last week's answers

B	L	A	S	T	C	R	O	A	K	A	D	O	S	R	O	K	S
I	O	N	I	A	L	O	R	D	E	F	O	N	T	E	P	E	E
B	L	A	C	K	C	O	M	E	D	R	I	C	E	P	A	P	E
B	A	S	K	E	T	S	M	I	N	I	A	T	U	R	E	G	O
O	L	M	O	S	N	O	R	S	O	D	A	N	T	E	S		
C	E	I	L	I	N	G	F	A	N	P	O	P	C	U	L	T	U
C	A	N	A	P	E	T	H	O	M	F	E	E	S	S	N	O	W
A	P	U	E	S	T	O	R	A	D	R	E	W	E	S	S		
M	O	T	H	E	R	C	O	U	N	T	R	Y	E	R	I	N	
S	N	E	E	R	H	E	R	D	E	J	A	D	R	O	S	S	
S	E	A	R	L	N	A	T	U	R	A	L	H	E	A	L	T	H
T	N	T	S	A	U	L	Y	O	O	I	S	O	D	E	E		
A	C	E	S	G	M	A	N	T	U	B	A	L	A	P	E	R	
L	A	S	T	S	U	P	P	E	R	S	I	L	L	Y	B	I	L
E	A	T	A	T	S	W	A	P	T	A	I	S	P	I	E	L	
I	R	A	N	J	Y	A	R	N	I	N	G	E					
R	E	F	E	R	E	N	C	E	B	O	O	K	C	I	N	E	M
A	B	Y	S	S	I	N	I	A	N	I	N	E	O	F	C	L	U
N	O	T	A	L	I	A	R	G	R	I	L	L	E	S	S	E	N
K	N	O	T	L	E	O	S	S	E	T	O	N	S	E	E	D	S

9	5	8	3	4	7	6	1	2
1	7	6	5	9	2	4	3	8
3	2	4	6	8	1	7	9	5
2	3	1	9	6	5	8	4	7
4	8	9	2	7	3	5	6	1
7	6	5	8	1	4	9	2	3
5	4	3	7	2	6	1	8	9
8	1	2	4	5	9	3	7	6
6	9	7	1	3	8	2	5	4

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