



# TRIDENT TRIBUTE



**Fiscal Year 2020**

**Volume 3 - January**

**TRF Recommended for Elite  
OSHA STAR Certification  
pg. 1**

**TRIDENT Refit Facility Selected  
as Best in DoD Maintenance  
pg. 3**





**Capt. Paul L. Dinius**  
Commanding Officer

Happy New Year!

TRF-Kings Bay is looking forward to a strong year in 2020, propelled from the momentum of our TEAM success in 2019.

As tensions with Iran spiked during the first week of January, the importance of our mission in Kings Bay is clear, critically important, and cannot fail.

USS FLORIDA, forward deployed for two-plus years, with successful TRF-KB Continuous Maintenance Availabilities completed in September and December, is part of the operational commander's arsenal of options to deter aggression and, if tasked, provide overwhelming and lethal naval firepower against our adversaries.

Our strategic deterrence mission is key to supporting our national defense strategy when dealing with our enemies because it provides the ultimate level of protection for any national security scenario.

The safe, first-time quality and efficient repair services provided by EVERY member of TRF-KB and

## Captain's Corner

NRMD-KB is the fabric that's woven together to produce the blanket of freedom that protects our Nation and our allies. Continue to execute with the culture of excellence and dedication that has defined Team Kings Bay for decades.

We have stressed Operational Security and Cyber Security through a layered program of continuous training, targeted and responsive notes (FLASHES), and hands-on deckplate inspections of our sensitive equipment and areas.

I challenge our Team to do better. As a Nation, we are continuously under some form of cyberattack. In this battle, we are all Warriors and expected to fight and win.

Use SIPRNET when appropriate, encrypt/sign emails whenever possible, know the TRF-KB critical information list of protective elements, and execute the 100% shred policy. Do not "Feed the Bear" and put our operational forces at risk.

We have a challenging 2020 ahead of us and I will outline some of our projects in upcoming communications. Thanks to all for what you do! Keep winning!

**RESPECTFUL. RESPONSIBLE. READY!**



## TRF Recommended for Elite OSHA STAR Certification

By TRF Public Affairs

KINGS BAY, Ga. - After a thorough review and inspection in December, a team of safety experts and professionals recommended TRI-DENT Refit Facility Kings Bay for certification as an elite Occupational Safety and Health Administration (OSHA) Voluntary Protection Program (VPP) STAR worksite.

Selection for STAR status recognizes the outstanding efforts of employers and employees at exemplary worksites with comprehensive and successful occupational safety and health programs.

"Safety doesn't end with this certification, it is an exciting beginning to the next level of excellence. Other businesses will now look to us for best practices, continuous improve-

ment, and evidence of operating in a safe working environment," said Capt. Paul Dinius.

To qualify, a VPP facility must excel in the following areas:

- Management Leadership and Employee Involvement
- Worksite Analysis
- Hazard Prevention and Control
- Safety and Health Training

To date, there are only 2,151 Federal and State VPP STAR certified worksites in the entire United States.

In other words, less than .1 percent of all companies and industries in the



***"Safety doesn't end with this certification, it is an exciting beginning to the next level of excellence. Other businesses will now look to us for best practices, continuous improvement, and evidence of operating in a safe working environment."***

**Capt. Paul Dinius**

U.S. are selected for STAR status! For all you foodies out there, that's comparable to a restaurant receiving a three-STAR Michelin rating! ~

# CMC's Message

Happy New Year!

I'm glad to see and hear many of us had a great time with family and friends during the holiday season. It's good for the body and soul to get out and be with others.

The new year always brings resolutions or new chapters of our lives with one of those events coming up soon. The first class petty officers will be taking the E7 exam on Jan. 16. HOOYAH and good luck to those Sailors to earn their coveted anchors!

Did you make a resolution? There are so many different ideas out there to increase our energy or to relieve the stress in our lives.

Who made eating healthier their resolution? Healthy eating is great, but all too often it becomes difficult to stick with a meal plan because we're trying to come up with something new every day which can

**CMDCM(SS) Amanuel McMillan**  
*Command Master Chief*



be a challenge. Try one new meal a week and see how it goes.

I plan on reading more. I hate reading unless it's a Tech Manual. Yep, that's right, a Tech Manual!

My goal is to read at least one book-a-month to keep my mind sharp and to learn some new words. An "A-Ganger" and new words...What's wrong with that picture?

I'll keep you posted on my progress...and maybe I'll share my new words and recommended reading list in the future!

Bottom line, we need to be strong and healthy to stay in the fight. Make a plan and stick with it!

\* \* \*

## 10 WAYS TO HELP KEEP YOUR NEW YEAR'S RESOLUTION

1. **BE REALISTIC**
2. **PLAN AHEAD**
3. **OUTLINE YOUR PLAN**
4. **MAKE A "PROS" AND "CONS" LIST**
5. **TALK ABOUT IT**
6. **REWARD YOURSELF**
7. **TRACK YOUR PROGRESS**
8. **DON'T BEAT YOURSELF UP**
9. **STICK WITH IT**
10. **KEEP TRYING**

# January Safety Message

***"If you see something, say something"***

Remain vigilant and say something if you see signs of suspicious activity.

Report incidents or questionable activities to local authorities, Dial 9-1-1, or contact the U.S. Department of Homeland Security Federal Protective Service at this 24-hour number: 1-877-437-7411.

## ACTIVE SHOOTER

### PROFILE

#### OF AN ACTIVE SHOOTER

An active shooter is an individual actively engaged in killing or attempting to kill people in a confined and populated area, typically through the use of firearms

### CHARACTERISTICS

#### OF AN ACTIVE SHOOTER SITUATION

- Victims are selected at random
- The event is unpredictable and evolves quickly
- Law enforcement is usually required to end an active shooter situation

### COPING

#### WITH AN ACTIVE SHOOTER SITUATION

- Be aware of your environment and any possible dangers
- Take note of the two nearest exits in any facility you visit
- If you are in an office, stay there and secure the door
- Attempt to take the active shooter down as a last resort

### HOW TO RESPOND

#### WHEN AN ACTIVE SHOOTER IS IN YOUR VICINITY

#### 1. RUN

- Have an escape route and plan in mind
- Leave your belongings behind
- Keep your hands visible

#### 2. HIDE

- Hide in an area out of the shooter's view
- Block entry to your hiding place and lock the doors
- Silence your cell phone and/or pager

#### 3. FIGHT

- As a last resort and only when your life is in imminent danger
- Attempt to incapacitate the shooter
- Act with physical aggression and throw items at the active shooter

**CALL 911 WHEN IT IS SAFE TO DO SO**

### HOW TO RESPOND

#### WHEN LAW ENFORCEMENT ARRIVES

- Remain calm and follow instructions
- Put down any items in your hands (i.e., bags, jackets)
- Raise hands and spread fingers
- Keep hands visible at all times
- Avoid quick movements toward officers such as holding on to them for safety
- Avoid pointing, screaming or yelling
- Do not stop to ask officers for help or direction when evacuating

### INFORMATION

#### YOU SHOULD PROVIDE TO LAW ENFORCEMENT OR 911 OPERATOR

- Location of the active shooter
- Number of shooters
- Physical description of shooters
- Numbers and type of weapons held by shooters
- Number of potential victims at the location



# TRF Selected as Best in DoD Maintenance

By Keith R. Boydston, TRF Public Affairs  
KINGS BAY, Ga. – For consistently demonstrating the highest levels of success and achievement in maintenance and maintenance support, TRIDENT Refit Facility, Kings Bay, officially accepted the 2019 Secretary of Defense (SECDEF) Maintenance Award during a ceremony Dec. 10 in Spokane, Wash.

The annual awards program recognizes outstanding field-level and depot-level military maintenance units throughout the Department of Defense (DoD).

A highly competitive and prestigious award, TRF was chosen as the Field-Level, Large Category winner for providing world-class maintenance readiness support to our elite Ballistic-Missile (SSBN), Guided-Missile (SSGN), and Fast-Attack (SSN) submarine forces.

“The men and women of TRIDENT Refit Facility exhibited exceptional dedication, professional excellence and superb management of maintenance resources and assets,” said Capt. Paul Dinius, commanding officer of TRIDENT Refit Facility. “Winning this award is a huge accomplishment. I am extremely proud of our entire TRF-KB team.”

As an Intermediate Maintenance Activity (IMA) repair facility that performs depot-level work, TRF annually completes 13-16 SSBN refits, four SSGN Voyage Repair Periods (VRP), one SSGN Major Maintenance Period (MMP) or an Extended Refit Period (ERP) in support of our Nation’s vital strategic deterrence mission.

TRF performs all of the forward-deployed maintenance work for east coast-based SSGNs, emergent repairs for visiting submarines in Kings Bay, provides technical assistance to regional maintenance centers, shipyards and other activities,

provides fleet support services and fleet-wide submarine supply support, and is a significant contributor to the COLUMBIA-Class SSBN development program.

During 2019, TRF excelled in cost-saving, one-of-a-kind front-line maintenance periods and emergent

Extended Refit Period.

In addition, the command’s extraordinary efforts to provide quality forward-deployed maintenance and logistical support and emergent SSGN repairs on the island of Diego Garcia in the Indian Ocean, and aboard two underway SSBNs, result-

***“The men and women of TRIDENT Refit Facility exhibited exceptional dedication, professional excellence and superb management of maintenance resources and assets.”***  
***Capt. Paul Dinius***

repairs, while logging over two million production hours in support of our U.S. submarine fleet.

TRF completed four standard 35-day refit periods on-time or early, and successfully finished the longest and most extensive work package in its history with more than 535,000 production man-hours of work on USS GEORGIA during a 16-month

ed in extremely successful VPRs for USS FLORIDA, USS MARYLAND and USS TENNESSEE.

TRF was one of six finalists for the 2019 Phoenix Award – DoD’s top maintenance honor – which was awarded to U.S. Marine Corps Combat Logistics Detachment 5, a forward-deployed unit based out of Camp Pendleton, Calif. ~





## ...Best in DoD Maint. (cont. from page 3)



*(Upper Right) KINGS BAY, Ga. - A team from TRIDENT Refit Facility traveled to Spokane, Wash., Dec. 10 to accept the 2019 Secretary of Defense Maintenance Award. (Courtesy photo) (Lower Left) KINGS BAY, Ga. - In support of TRIREFFAC-KB Regional Repair Center duties, Becki Hale, a craftsman in Shop 67A, Optics, accurately adjusts the line-of-sight, or collimation, on a Telescopic Marine Alidade. (Photo by Kimberly K. Menzies, TRF Public Affairs) (Lower Right) KINGS BAY, Ga. - TRIREFFAC-KB riggers and electricians prepare a new 14-ton ship's service motor generator for transport and installation on the ballistic-missile submarine USS WEST VIRGINIA. (Photo by Keith R. Boydston, TRF Public Affairs)*



# "A DAY ON, NOT A DAY OFF"

The Martin Luther King Jr. holiday on Jan. 20, 2020, marks the 25th anniversary of the day of service that celebrates the Civil Rights leader's life and legacy.

Observed each year on the third Monday in January as "a day on, not a day off," MLK Day is the only federal holiday designated as a national day of service to encourage all Americans to volunteer to improve their communities.

The Corporation for National and Community service has been charged to lead this effort for the last quarter century.

## A Day On... for your Community

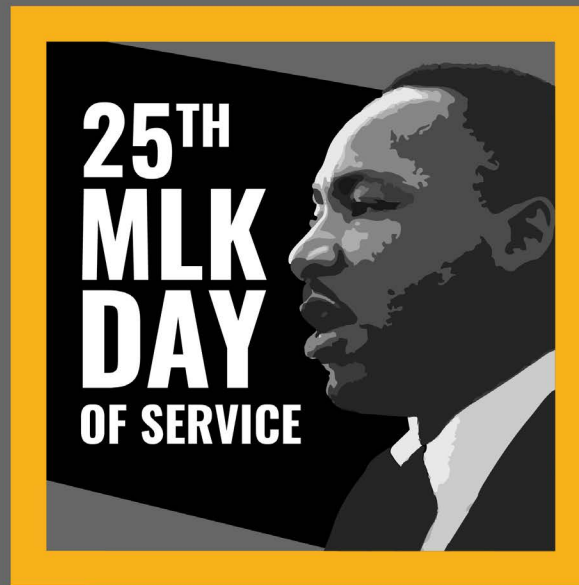
The MLK Day of Service inspires hundreds of thousands of Americans to come together to serve their community.

Citizens in all 50 states deliver meals, refurbish schools and community centers, and collect food and clothing. Volunteers also recruit mentors, support job-seekers, build homes and provide other services for veterans and military families, and help citizens improve their financial literacy skills.

Our nation's leaders including congressional members, governors, and mayors honor Dr. King's legacy through service projects while addressing pressing community needs.

## Why Serve on MLK Day?

Dr. King recognized the power of service. He famously said, "Everyone can be great because everybody can serve."



JANUARY 20, 2020

[MLKDay.gov](http://MLKDay.gov)

Observing the Martin Luther King Jr. federal holiday through service is a way to begin each year with a commitment to making your community a better place.

Your service honors Dr. King's life and teachings and helps meet community challenges. Service also brings people together of all ages, backgrounds, and abilities.

The MLK Day of Service encourages all types of service, particularly projects that have a lasting impact and connect participants to ongoing service.

The most successful projects connect to the life and teaching of Dr. King, meet a pressing community need, and include time to reflect on his teachings.

## How can I serve on MLK Day?

In the words of Martin Luther King Jr.,

"Out of the mountain of despair,  
a stone of hope."

-Dr. Martin Luther King, Jr.



#MLKDay

"Everybody can  
be great, because  
everybody can serve."

-Dr. Martin Luther King, Jr.



#MLKDay

"I have decided to stick with love,  
hate is too great a burden to bear."

-Dr. Martin Luther King, Jr.



#MLKDay

"Everybody can be great because everybody can serve."

Find a volunteer opportunity in your community! Or, use the MLK Day of Service page ([MLKDAY.gov](http://MLKDAY.gov)) to find an organization you care about and pledge to serve all year-long.

## How Can I Continue to Serve After MLK Day?

Start by connecting your MLK Day activities to the service you want to do during the year.

That may mean that you attend volunteer training on MLK Day to prepare to serve as a regular volunteer.

Or it may mean that you volunteer with a new organization you want to learn more about.

Where and how you serve is up to you – the important thing is to get involved. ~

\* Informational text courtesy of [MLKDAY.gov](http://MLKDAY.gov)



# Shop of the Month



## SHOP 64A

Shipwright and  
Training Shop



Shop 64A, “**Shipwrights and Training**”, employees 54 Shipwrights, Mechanics, Limited Mechanics, Work Leaders, Supervisors and a Training Leader who support the command’s mission of repairing, performing maintenance, and modernizing a superior global submarine force.

The 64A Shipwrights position dry dock blocks and caps in relation to centerline, frame lines, and build-up heights according to NAVSEA prints to ensure the weight of the ship will be evenly supported and distributed at many points while the ship is in dry dock. Shipwright personnel work directly with the TRF Dock Master, TRF Docking Officer, and tugboat captains.

Shipwright personnel also support arrivals and departures from EHW,



MSF, and units moored pierside.

In addition to setting up the dry dock and supporting unit arrivals and departures, 64A assembles scaffolding around the submarines and throughout other areas of Kings Bay.

The shop also supports NNSY and NRMD inside the reactor compartment and all other radiological areas. Shop 64A repairs and replaces damaged flooring, hull insulation

and sound damping material. The shop also completes various wood projects and manufactures items for other shops. Recently, 64A manufactured wooden boxes for C200 so that they could organize and store their rigging gear.

In addition to supporting the mission at TRF, 64A personnel deploy to provide services to both guided-missile (SSGN) and fast-attack (SSN) submarines in areas around the world such as; Diego Garcia in the Indian Ocean, Mayport, Fla., Port Canaveral, and Souda Bay, Greece.

The 64A training section provides in-depth classroom instruction with hands-on practical training to test retention and competence prior to the employee being certified to perform work.







Courtesy photo by John Diestel, Code 3400