

PLANETALK

167TH AIRLIFT WING
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ON THE COVER

Tech. Sgt. Joshua Robins sings the national anthem as the 167th Airlift Wing's Base Honor Guard presents the colors and the official party salutes the flag at the start of a change of command ceremony, Jan. 12, 2020. Col. Martin Timko assumed command of the wing and Col. David Cochran relinquished command during the ceremony. (U.S. Air National Guard photo by Senior Master Sgt. Emily Beightol-Deyerle)

ON THE BACK COVER

Members of the 167th Airlift Wing, West Virginia Air National Guard, stand in formation during a change of command ceremony, Jan. 12, 2020. Col. Martin Timko assumed command of the wing and Col. David Cochran relinquished command during the ceremony. (U.S. Air National Guard photo by Senior Master Sgt. Emily Beightol-Deyerle)

COMMAND COMMENTS



Col. Martin Timko
167AW WING COMMANDER



Command Chief Master Sgt. Troy Brawner
167AW WING COMMAND CHIEF

Mighty Airlift Wing!

Happy 2020! As we turn the calendar to a new year and a new decade, we also begin the year by breaking in another Wing Commander! Let me express again how tremendously proud and honored I feel to be leading such a unit of fine men and women such as yourselves. Colonel Cochran has left me in good hands with you all and I look forward to the journey into the future together.

Going forward as a wing, I want to emphasize the points that I made during the change of command: we, the 167th Airlift Wing at Martinsburg, equates to excellence. We are unique, from the unicorn on our unit emblems to the Mountaineer Pride that is found in all that we accomplish daily. We are stronger because of our people that makes the foundation of our wing.

Thanks for being part of the best unit in all of Air National Guard – Stay Mighty!

-Marty

MARTIN E. TIMKO, Colonel, WVANG
Commander, 167th Airlift Wing

Vision

The Premier Airlift Wing
Mission Ready, Devoted to Airmen and Community,
Dedicated to Continuous Improvement

Team 167th,
Happy New Year, and all the best in 2020. I hope everyone had a productive and efficient UTA. This weekend marked another milestone for the 167th Airlift Wing, as Colonel Marty Timko assumed command. Colonel Timko is a leader with tremendous talent and strategic vision. So, with all of your support and the quality of leadership throughout the wing, the sky is the limit. Do not rest on your laurels!



Col. David Cochran

It has been my privilege to serve with you over the past 21 years; and an honor to culminate my service at the 167th as commander. Your selfless attitudes, talent, professionalism and passion make our wing premier. Thank You.

I will always be committed to the success of the 167th, and I challenge you to remain "The Premier C-17 Airlift Wing." I challenge you to continue our culture of excellence and exemplify our core values; with Mountaineer Pride Worldwide!

I will miss my time with you, and hope to see you all soon.

Colonel DC Cochran
Proud Member of the 167th Team

Timko assumes command of 167th Airlift Wing

by Senior Master Sgt. Emily Beightol-Deyerle

Col. Marty Timko assumed command of the 167th Airlift Wing, West Virginia Air National Guard, during a change of command ceremony Jan. 12, Col. Cochran also relinquished command.

The Adjutant General of the West Virginia National Guard, Maj. Gen. James Hoyer, who presided over the ceremony, said the wing commander is responsible for 1,100 Airmen and their families and every decision they make impacts someone's life.

Hoyer stressed the significance of Timko's responsibility as a wing commander to both his Airmen and the country.

Hoyer also commended Cochran's leadership of the wing. Cochran commanded the 167th since August 2018.

"You lived the values, not just talked about them but lived the values," Hoyer said. "And Marty, you wouldn't be up here today if I didn't have the confidence that you could continue us on the focus going forward."

Timko, who served most recently as the commander of the 167th Operations Group, said he does not assume the responsibility of the wing commander position lightly.

"I must emphasize greatly how much I appreciate the trust and faith placed in me to lead this wing forward into the future," Timko said. "The accomplishments of the state and wing are a testament to the men and women of this wing. It's my responsibility to carry on the legacy of this wing and its excellence worldwide."

Timko is a graduate of the United States Air Force Academy and served two tours at Pope Air Force Base, N.C., before joining the West Virginia Air National Guard in 2001 as a C-130 evaluator navigator.

When the 167th converted from C-130 to the C-5 Galaxy aircraft, Timko transitioned to become a pilot. He has held numerous leadership positions within the 167th Operations Group.

Cochran, who will be retiring from military service later this year, said, "It has truly been my honor and my privilege to serve as the 167th Airlift Wing commander."

Cochran encouraged commanders in the wing to "exercise deliberate, passionate and inspirational leadership" and said to the entire wing, "Know your job. Do it well. Your contributions are valued so have pride and professionalism."

Cochran will continue his career as a commercial airline pilot.



West Virginia National Guard Adjutant General, Maj. Gen. James Hoyer and Col. Martin Timko ceremoniously exchange the 167th Airlift Wing guidon during a change of command ceremony, Jan. 12, 2020. Timko assumed command of the wing, Col. David Cochran relinquished command during the ceremony. (U.S. Air National Guard photo by Senior Master Sgt. Emily Beightol-Deyerle) See more photos of the event on the following page.



Airman SPOTLIGHT

Name:

Staff Sgt. Geoffrey Harris

Hometown:

Chambersburg, Pa.

Job Title:

Security Forces Specialist

Staff Sgt. Geoffrey Harris is a security forces specialist and has served in the 167th Security Forces Squadron for eight years.

As a security forces specialist, Harris provides protection for all base resources and personnel, allowing the wing to operate safely and effectively.

Harris also serves as a police officer for Shippensburg University where he is a field sobriety instructor and an expert in active shooter response.

"SSgt Harris is a true citizen Airmen balancing his civilian career with his responsibilities in the Air National Guard. He has expertly balanced both of these responsibilities without fail," said Senior master Sgt. Daniel Schildt, the 167th SFS manager. "Harris shares his experience and training with the members of his squad resulting in increased readiness."

Schildt listed numerous exercises and security details that Harris has volunteered to support.

"His experience and can do attitude was instrumental in all of these events," Schildt said.

Harris has a bachelor's degree in criminal justice and is a graduate of the Pennsylvania State Parole Academy.

"I would like to continue progressing in both my civilian and military career, taking oppor-



tunities to attend trainings and continuing education programs," Harris said.

Harris said he is most proud of being selected to be part of a presidential security detail, providing security for President Donald Trump.

Harris said the most exciting thing he has done in his career is deploy to Afghanistan in support of operation Enduring Freedom.

"He provided not only security but was a mentor and wingmen to many SFS members," Schildt noted.

Harris said the most valuable lesson he has learned in his career is that "things are not always easy, however, difficult things tend to provide great opportunities for both professional and personal growth."

His advice to new Airmen: "The motivation you display, even on the most marginal tasks, will be a driving factor in how fast and far your career will progress."

Harris' hobbies include snowboarding, golfing, hiking and spending time with his family. 

New Year Means More Money

by Jerry Zeigler, AFC, 167th Airlift Wing Personal Financial Counselor



Jerry Zeigler, AFC
Personal Financial
Counselor

I know a New Year doesn't always mean more money, but for many of us it does. Federal government employees received at least a 2.6% pay raise for 2020 and service members a 3.1% pay increase (of base pay). And everyone who had money in TSP (and who didn't take any out) has more money than they did at the beginning of 2019. Lots more for many of us. But I want to talk pay raises and you probably aren't surprised to hear that I have some ideas about what to do with pay raises.

Often debt holds you back from reaching your financial goals. So if you have debt, especially high interest debt, consider applying the pay raise to making extra payments on the principal of the debt. This example comes from one of the presentations I offer: "A consumer charged \$5,000 on her credit card for a vacation. Her credit card interest rate is 18%. If she pays the minimum payment of \$125 per month, it will take her over 22 years to pay off the balance. She will pay \$6,923.09 in interest, meaning the vacation "really" cost \$11,923.09." Best to pay that card off much faster. If you aren't sure about the best approach with your debt, I often help people develop debt payoff plans.

Once debt is under control (or better yet all non-mortgage debt gone), consider investing and saving the pay raise. But what about fun? What about better living? Well, you can do that too. Indeed I encourage enjoying the fruits of your labor. When I was active duty Navy my wife and I employed a strategy that was very effective and still allowed us to "enjoy" the pay raises. We always invested or saved at least 50% of all pay raises. This allowed us to pay our future selves (the "us" who will be retiring, the "us" who will be buying a house, etc...) and allowed us to enjoy some of that money in the "now". Perhaps that plan can work for you.

If you aren't sure about your options or what path to take with your money, I can help you sort through that – but I don't decide anything, I assist the deciders. I have a few presentations and seminars this quarter that touch on this topic: 23 January 1300 and 2 February 1300 will be Promotion: Better Finances, Better Living; and 20 February 1300 will be Saving vs. Investing: different options for different goals. They are open to service members and family members and I'd love to see you there.

If it is financial, the PFC can assist.

Jerry Zeigler, AFC®, MBA
304-543-6452
PFC2.WV.NG@zeiders.com

*A schedule of upcoming Financial Presentation and Workshops can be found on page 10.

Antiterrorism & Force Protection: Travel Security

submitted by Lt. Col. Tim Rice, Wing Antiterrorism Officer

These tips address travel security. One time when complacency can get us in trouble is when we travel. Here are a few tips that will increase your security the next time you go TDY, leave, or PCS to an OCONUS location.

- Avoid using military style bags such as A-3, B-4 or duffel bags, unless traveling Military Air.
- Remove all military logos, patches and stickers from your luggage.
- Ensure your luggage tag doesn't show your rank or military address.
- Travel in conservative civilian clothing when using commercial transportation or when traveling military airlift if you are connecting with a flight at a commercial terminal in a high risk area.
- Don't wear distinct military items such as organizational shirts, caps or issued shoes or glasses.
- Wear a long sleeved shirt if you have a visible U.S. affiliated tattoo.
- Remember to be aware of your surroundings, be suspicious and don't become the target.
- Do not use rank or duty title when registering in a hotel (if possible)
- If staying in same hotel for extended period of time, try to change rooms
- Try to get a room on the 2nd to 6th floors
- Ensure room is locked and valuables are secured (e.g., safe, take them with you)

These tips, and other important information are located in the CJCS Guide 5260, Service Member's Personal Protection Guide: A Self-Help Handbook to Combating Terrorism, which can be found on the base intranet.

REMEMBER: Antiterrorism and Force Protection is EVERYONE'S job. The 167th Airlift Wing Antiterrorism Officer is Major Tim Rice, 242-5084.



MARTIN LUTHER KING JR. DAY

Serve



I WANT YOU

REMEMBER! CELEBRATE! ACT!



Dr. Martin Luther King Jr. Day is a U.S. federal holiday marking the birthday of Rev. Dr. Martin Luther King Jr. It is observed on the third Monday of January each year, around the time of King's birthday, January 15. This year, the Martin Luther King Jr. Day of Service will be recognized on Jan. 20, 2020. He is the only non-president to have a national holiday dedicated in his honor, and is the only non-president memorialized on the National Mall in the Nation's Capital. In the words of Dr. King, "Life's most persistent and urgent question is, 'What are you doing for others?'"



ACCOLADES



Welcome

Maj Lea Doyle, AS
SSgt Jonathan Kitchens, LRS

Welcome Back from Technical Training

AB Christopher Rhinehart, SFS
AB Ethan Wilson, SFS
AMN Gabriel Woods, LRS
A1C Julianne Arnold, LRS

CDC High Scores

SSgt Brandon Cordell, MXS

Promotions

To Airman

Christopher Rhinehart, SFS
Ethan Wilson, SFS

To Airman First Class

Hope Forsythe, LRS

To Senior Airman

Samantha Brown, MDG

To Staff Sergeant

Erin Engle, MDG
Josiah Evans, MXS

Promotions

To Technical Sergeant

Don Thomas, FSS
James Loy, MDG
Justin Nieves, MXS
Thomas Yeargan, MXS
Andrew Mitchell, AS

To Master Sergeant

Mark Rushing, AMXS
Jessica Shipe, LRS
Jeremy Carson, MXS
James Kees, LRS

Promotions

To Senior Master Sergeant

Michael Bittinger, AW

To Chief Master Sergeant

Mark Snyder, AS

To Captain

Ryan Owings, OSS
Edwin Stanfield, OSS
Laura Cliber, MXS
Alexander Kenney, AS

To Major

Keith Michael, MDG

Retirements

Lt. Col. James Powell, OG
CMSgt Michael Hill, CF
MSgt Donnie Pruett, OSS



A C-17 Globemaster III aircraft from the 167th Airlift Wing sits on a tarmac in the Middle East after loading patients for an aeromedical evacuation on Dec. 31, 2019. The 167th will fly missions into the Middle East for the next four months as part of a routine transport mission. (photo by Senior Master Sgt. Mark Snyder)



Wing OPSEC Team



167 Airlift Wing OPSEC Signature Managers

Primary	Capt Roderick Toms
Alternate	Capt Taylar Belfield
Alternate	TSgt Robert Socks

167 Headquarters OPSEC Coordinators

Primary	SMSgt Emily Beightol Deyerle
Alternate	TSgt James Turner

167 Operations Group OPSEC Coordinators

Primary	SMSgt John Ratcliffe
Alternate	Capt Kevin Rudisill

167 Maintenance Group OPSEC Coordinators

Primary	SSgt Daniel Dixon
Alternate	SMSgt Shawn ORourke
Alternate	SMSgt Michael Darby
Alternate	SMSgt Roberta Gossard

167 Mission Support Group OPSEC Coordinators

Primary	SSgt Kayla Hoffmaster
Alternate	TSgt Jackquelyn Swartz

167 Medical Group OPSEC Coordinators

Primary	Maj William Yeager
Alternate	MSgt Gary Fletched

BECOME A MENTOR!

It is simple and fun getting involved to help motivate, inspire, and guide STARBASE students through STEM challenges.



Base volunteers needed for the
Spring Semester (February – May)

Mountain Ridge Middle

Tuesdays, 15:00 – 16:00

Hedgesville Middle

Thursdays, 15:00 – 16:00

INTERESTED?

Contact Ashley Spies, STARBASE 2.0
coordinator, for more information.

304.616.5501

ashley.a.spies.nfg@mail.mil

Application on SharePoint



2020 Financial Presentation and Workshop Schedule

January through March

Focus on your Flight Plan for your
Finances. The Airman & Family
Readiness Program has a variety
of financial presentations and
workshops scheduled for 1st
quarter of 2020. Open to all.



Monday through Friday

—Bldg 307 MXS classroom

9 January 1300

Taxes – Pay no more than required

23 January 1300

Promotion – Better Finances, Better Living

6 Feb 1300

Car Buying – Get the best deal and avoid trouble

20 Feb 1300

Saving vs. Investing – different

options for different goals

5 March 1300

Retirement Planning Starter – Determine your

path towards retirement.

19 March 1300

Approaching Retirement? What to

consider when you are within a year or two.

Schedule may change due to operational requirements.

If it is financial, the PFC can assist.

Set up an appointment today: Call: 304-543-6452

Email: PFC2.WV.NG@zeiders.com

UTA Weekend

Presentations—Bldg 307 MXS classroom

12 January 1300

Taxes – Pay no more than required.

2 February 1300

Promotion – Better Finances, Better Living

8 March 1300

Paying for College – Plan ahead to avoid or minimize debt

Your Money, One Tool

11 January, Time & location TBD—**Tax Prep and Planning
Resources.**

1 February, 1300– Bldg 120 Auditorium- **How to decide what to
do with a lump sum of money.**

7 March, 1300 – Bldg 120 Auditorium-**Military Onesource –
How it can help you help yourself.**



MOUNTAIN PRIDE
WV
WORLD WIDE

U.S. AIR FORCE

0182
167 AW