



## SecArmy, senator tour Belvoir amid housing concerns

By Thomas Brading  
Army News Service

Secretary of the Army Ryan McCarthy invited a top lawmaker to Fort Belvoir Dec. 2 to hear military Families’ concerns and observe housing issues in person.

Sen. Tim Kaine of Virginia, a member of the Senate Armed Services Committee, joined McCarthy for a first-hand look at living conditions on the Virginia installation. The duo’s visit came amid reports of mold, vermin and lead paint in military housing, and complaints of minimal response from privatized housing companies.

Beyond Virginia, more than 23,000 homes across the entire Army need to be recapitalized, McCarthy said.

The Army is “a people business,” he added. “Our people deserve a quality of life commensurate with their service, and we’re not

going to stop until we get it right.”

Over the last 10 months, the Army has reorganized itself to complete that mission and “get it right,” McCarthy said.

First, the Army has made housing its top quality of life priority, he said. The service has identified flaws, held commander-driven town halls, created a 24-hour help line to better gain feedback from Families affected, and worked to regain the trust of Soldiers and their Families.

In addition, the Army has charged its chain of command — from the top-down — to help resolve housing concerns, he said.

For example, a four-star general from Army Materiel Command, Gen. Gus Perna, was tasked earlier this year to oversee housing operations, and was given authority to withhold



PHOTO BY SGT. DANA CLARK

see BELVOIR page 7 Secretary of the Army Ryan D. McCarthy visits with a Family at Fort Belvoir, Virginia, Dec. 2 to discuss housing issues.

## Army Voices present Santa



PHOTOS COURTESY OF TUSAB

A Soldier from Army Voices sings during the dress rehearsal Friday at DAR. TUSAB, Army Voices and the Drum and Fife Corps performed at the DAR Friday, Saturday and Sunday during a holiday festival concert. For more photos, please see Page 4.

## Emergency preparedness: What’s in it for me?

By Malanya Westmoreland  
JBM-HH Emergency Management Specialist

*Editor’s note: This is part three of a three-part story series about preparedness during inclement weather.*

It is important to understand that we all have a responsibility when it comes to life, health and safety. As a subject matter expert, I am obligated to help educate the community on why it is our responsibility to make sure we are prepared and remain safe during inclement weather.

In the past, society tended to disregard the signs along the historical highway. The Department of Homeland Security developed the five phases of emergency management to help assist all of us with the planning process. These phases are prevention, protection, mitigation, response and recovery.

For example, weather information is not always exact. We are past hurricane season and fall has forwarded itself into winter. The northeast has received record amounts of snow with

ice.

As the winter season approaches, it is obvious that preparation is needed. As we all watch from around the country as certain areas endure the relenting wrath of Mother Nature, the question that some might ask is, “How do I prepare for something of that magnitude?” There are always pros and cons to everything, but it becomes, “what do you value?”

To help with preparing, the prevention phase focuses on developing tangible plans, training, hazard response plans and exercises that are specific to avoid, deter or stop a crime or threat. Since we can’t control the weather, we can minimize how much it will inconvenience our lives.

The protection phase allows individuals to plan for the worst-case scenario by securing against acts of violence, man-made and natural disasters. For example, individuals should make sure they have de-icer for their driveway and trim trees around your home before bad weather arrives.

The mitigation phase eliminates or



GRAPHIC BY READY.GOV

reduces loss of life and property damage. For example, covering windows with plastic helps with insulating the home from draft and reduces the heating cost during winter months.

The response phase assists in stabilizing an emergency when it happens. This is implemented by having a back-up generator during power outages due to fallen trees or other incidents.

The recovery phase assists in re-

storing normality after an emergency. This can be challenging at times when there is damage to homes and vehicles. However, having accountability of individuals and personal items are a good place to start after a disaster.

All these phases happen simultaneously and inadvertently before, during and after a disaster.

see PREPAREDNESS page 7





# Chaplain's Corner

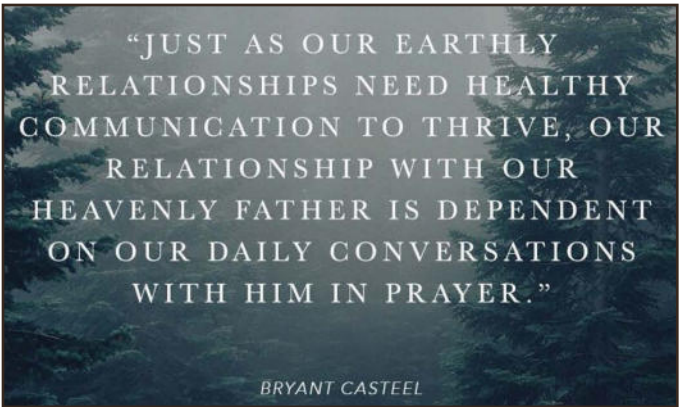
## Be gracious in your blessings

By Chaplain (Maj.) Bryant Casteel  
JBM-HH Family Life Program Chaplain

The word joy is often used to refer to an intense moment of happiness or jubilation. However, in the biblical sense, there is much more to the concept of joy than just being very happy.

In his autobiography, C.S. Lewis remarked that joy “must be sharply distinguished both from happiness and pleasure. Joy (in my sense) has indeed one characteristic, and one only, in common with them; the fact that anyone who has experienced it will want it again ... I doubt whether anyone who has tasted it would ever, if both were in his power, exchange it for all the pleasures in the world. But then joy is never in our power and pleasure often is.”

Biblically speaking, we might say that Lewis is onto something here, for joy is not reducible to mere fleeting pleasure. For him, joy was something whose object is insatiable. It seems as human beings have an insatiable desire for the insatiable in and of itself. It is an eternal longing for the eternal, a signpost that points us toward something that transcends our typical notions of happiness and fulfillment. To live a joyous life is to be gracious in your blessings, yet also find meaning in your afflictions. It is to long for a God whom we only see now through a glass darkly. We catch glimpses of him, a foretaste of something beyond. As the psalmist captured it, “O God, you are my God; earnestly I seek you; my soul thirsts for you; my flesh faints for you, as in a dry and weary land where there is no water” (Psalm 63:1). Joy,



therefore, is a desperate desire for Christ, a desire temporarily appeased at brief moments in this life, but whose ultimate fulfillment won't find rest until we rest in him.

Rejoice:  
It may seem odd to us to think of joy as an action or command. However, this is exactly what Paul teaches when he said, “Rejoice in the Lord always; again, I will say, rejoice” (Phil 4:4). Thus, we can be joyful regardless of how we are feeling at any given moment. Thus, we should always be interpreting all

things considering the Gospel, looking forward to the day when our joy is made full.

Witness:  
Joy is something that is shared individually and communally. Others can be brought into the same joy of the Lord that we experience as members of his church. That means it is important to proclaim our joy to the world and give a reason for the hope that as within us (1 Peter 3:15). As Jesus said, “No one after

lighting a lamp puts it in a cellar or under a basket, but on a stand, so that those who enter may see the light” (Luke 11:33). Therefore, reach out to others that they might become partakers of the joy of Christ.

Pray:  
Paul teaches us to “Rejoice in hope, be patient in tribulation, be constant in prayer” (Rom 12:12). Prayer is our lifeline to God, who promises that he will give to us when asked in his name. Thus, ask God to fill our hearts with the joy of his Gospel that others might be brought into his loving embrace.



## Chapel services

Religious services will be held at Memorial Chapel at the below times.

**Catholic**  
Saturday Mass: 5 p.m.,  
Sunday Mass: 9 a.m.  
**Protestant**  
7:45 and 10:30 a.m.  
(Sunday)  
**Gospel service**  
noon (Sunday)  
**Samoan service**  
2:30 p.m. (Sunday)

## JBM-HH Date Night shows couples power of listening, responding



PHOTO COURTESY OF CHAPLAIN (MAJ.) BRYANT CASTEEL

On Friday Soldiers and Families from the National Capital Region participated in the Joint Base Myer-Henderson Hall's Date Night in Patton Hall's Koran Room. The event's topic was “The power of listening and responding.” One of the tools that the couples learned was effective listening and how it shows an individual what he or she has to say is important.

## Advent concerts Thursday, Tuesday



PHOTO BY CHRIS BRANAGAN

The joint base community is welcomed to attend upcoming U.S. Army Band advent concerts at Fort Myer Memorial Chapel. The first concert is Thursday and features the U.S. Army Band String Quartet. The second concert is Tuesday and features the U.S. Army Band Voices. Both concerts begin at noon and are followed by a meal in fellowship hall.

# ACS Corner

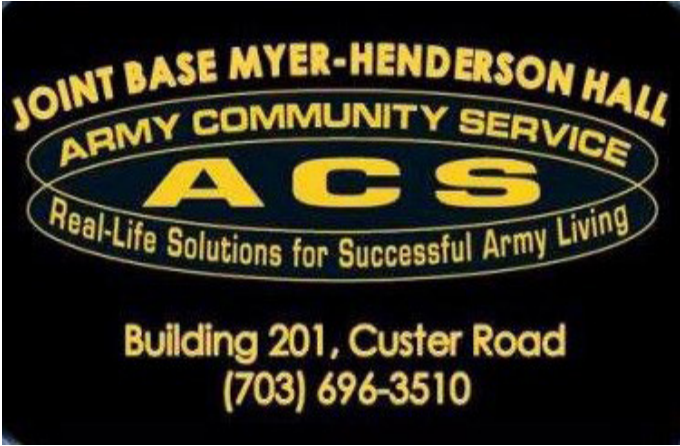
All courses below are in the Joint Base Myer-Henderson Hall Army Community Service classroom, 202 Custer Rd. (Bldg.201), Fort Myer, VA 22211.

For more information on any course or to register, please call (703) 696-3512.

Registration is required. Army Community Service is open Monday through Friday 7:30 a.m. to 4 p.m.

Five love languages

The five love languages will be held Tuesday from 9:30 to 11:30 a.m. Individuals will learn about the five love languages and discuss ways to keep their partner's “love tank” full. Each



participant will receive a copy of “The Five Love Languages” by Gary Chapman. Registration is required.

Happening at Henderson Hall  
New Parents Support play morning

Join the JBM-HH New Parent Support Programs for play morning every Thursday during the school year from 10-11:30 a.m. at the Henderson Hall Chapel (adjacent to Navy Mutual Aid Association).

Play morning is open to parents with children ages newborn to 5 years old and includes a period of free play, followed by songs and stories. For more information, call (703) 614-7204 or (703) 696-3512.





PHOTO COURTESY OF THE WHARF

The finale of the District's Holiday Boat Parade held Saturday was a spectacular fireworks display shot from the waters of the Washington Channel across from The Wharf.

## District Holiday Boat Parade, fireworks light up Washington Channel

By Leah Rubalcaba  
JBM-HH Community Relations Officer

Sixty brightly and imaginatively decorated boats paraded through the Washington Channel Saturday night during the annual Holiday Boat Parade held in front of tens of thousands of spectators who lined the piers of the District Wharf in Southwest Washington, D.C.

Joint Base Myer-Henderson Hall Commander Col. Kimberly Peeples was one of six judges who were seated at the end of the District Pier, where the boats passed directly in front of them as boat crews showed off their creativity and holiday spirit — many through song and dance.

Along with Peeples, the judges included Dennis Korber, the director of finance for the Ritz Carlton Pentagon City; Linda Palmer, the director of Global Procurement for International Flavors and Fragrances; Theresa Belpulsi, the vice president of tourism for Destination D.C.; Barbara Ehrlich, one of the founders of the Holiday Boat Parade; and Shawn Townsend, the director of the D.C. Mayor's Office of Nightlife and Culture.

Annually, a member of the joint base command team serves as a parade judge as part of the installation's community outreach in Southwest Washington, D.C.

Following the parade, the judges deliberated to award 14 prizes to

the decorated entries that stood out based on the judging criteria of theme execution, creativity, light display and inclusion of the crew as a part of the theme. Along with the traditional first, second and third place awards, the awards included prizes for the Best in Parade, Most Ingenious Detail and Most Likely to Capsize.

This year, the Washington Nationals' baseball team, their World Series win, and the team's adopted "Baby Shark" anthem played prominently into the themes of many of the participating boats. Sharks of all sizes were on display through colored lights and costumes. Several boat crews recreated the famous World Series trophy and featured it in giant size on their boats. Many crews were heard singing the catchy "Baby Shark" anthem that got the crowds on the waterfront piers to join in.

Spectators were able to enjoy many land activities as part of the parade festivities that included photos with Santa, animal balloons, ornament decorating, s'mores by the bonfire and live musical entertainment. Following the parade, guests were treated to a firework display over the Washington Channel.

Bob Rubenkonig, executive director of The Wharf events, described the parade as a Potomac River holiday tradition that celebrates the best boating community in the region.

"It was a wonderful night at the Wharf," said Rubenkonig.



PHOTO COURTESY OF THE WHARF

Brightly and imaginatively decorated boats glide through the Washington Channel Saturday night during the annual Holiday Boat Parade held at the District Wharf in Southwest Washington, D.C.



PHOTO BY LEAH RUBALCABA

Joint Base Myer-Henderson Hall Commander Col. Kimberly Peeples served as one of six judges of the annual Holiday Boat Parade held Saturday at the District Wharf in Southwest Washington, D.C. The judges included (left to right) Dennis Korber, director of finance, Ritz Carlton Pentagon City; Peeples; Linda Palmer, director of global procurement for International Flavors and Fragrances; Theresa Belpulsi, vice president of tourism, Destination D.C.; Barbara Ehrlich, one of the founders of the Holiday Boat Parade; and Shawn Townsend, director of the D.C. Mayor's Office of Nightlife and Culture.



PHOTO BY LEAH RUBALCABA

"Baby Shark," an 8 foot power boat, was the winner of the "Most Likely to Capsize" award during the District's Holiday Boat Parade held Saturday at the District Wharf in Southwest Washington, D.C.



PHOTO BY LEAH RUBALCABA

"NAtical Christmas," a 32 foot sail boat and a crowd and judges favorite, won the "Community Choice" award during the Holiday Boat Parade held Saturday at the District Wharf in Southwest Washington, D.C.



# Joint Base Myer-Henderson Hall lights Christmas tree, kicks off holiday season



Students from the Cody Child Development Center sing during the annual holiday tree lighting ceremony on Joint Base Myer-Henderson Hall Dec. 4.



Soldiers assigned to the Caisson Platoon, 1st Battalion, 3d U.S. Infantry Regiment (The Old Guard), escort Santa to the annual holiday tree lighting ceremony on Joint Base Myer-Henderson Hall Dec. 4.

PHOTOS SGT. NICHOLAS T. HOLMES

# Joint base commander hosts community service providers

By Leah Rubalcaba  
JBM-HH Community Relations Officer

In a joint community outreach effort with the Joint Base Myer-Henderson Hall’s Army Community Service and Marine and Family Services programs, Col. Kimberly Peeples hosted a group of community service providers from Northern Virginia, Washington, D.C., and Maryland at a brunch held at Patton Hall Dec. 5.

The event brought together representatives from organizations and agencies from around the region and as far away as Norfolk, Virginia, who provide vital services and support to service members and their Families. The event was held as a thank you and for discussions about the significance and value of their support.

Peeples shared her remarks by asking each person in attendance to stand and introduce themselves and to talk about their organization and the services they provide. At the conclusion of the introductions, Peeples commented that, “This was the most important part of today’s gathering,” eluding to the important information shared by each of the service providers.

ACS Director Dan Furlano and Marine and Family Services Director Oswald Elie also provided remarks at the event.

Furlano and other ACS staff members commented on the value of bringing so many of their community partners and service providers together for, in some cases, it was the first time some of the providers were able to meet and network.

ACS Family Advocacy Program Manager Michelle Walker noted that the event brought to light many “additional, wonderful resources” that some may not have been aware were available.

Peeples pointed out the value of having this kind of event and she will work to plan a similar event in the coming year to continue the important dialogue.



Janice Chance, president and chaplain of the Maryland Gold Star Mothers organization, introduces herself and provides information about the services provided by her organization at a brunch held for community service providers and hosted by Joint Base Myer-Henderson Hall Commander Col. Kimberly Peeples at Patton Hall Dec. 5.

PHOTO BY CATRINA FRANCIS

# TUSAB, Drum and Fife Corps perform at DAR



PHOTOS COURTESY OF TUSAB

The Drum and Fife Corps performs during the annual festival holiday concert at the DAR Constitution Hall.



The U.S. Army Band performs during the annual holiday festival concert at the DAR.



# DOD taking public health approach to suicides

By C. Todd Lopez  
Defense.gov

In September, the Defense Department released a first-of-its-kind report on suicides in the U.S. military. Among other things, the report revealed that active duty suicides have risen over the past five years. For the National Guard, suicides are higher than those of comparable communities within the civilian population.

“We continue to observe heightened risk for our youngest service members and our National Guard members,” said Karin A. Orvis, Defense Suicide Prevention Office director during a hearing yesterday before the Senate Armed Services Committee, subcommittee on personnel.

The department is concerned about suicide rates across the entire military, Orvis said, adding that suicide numbers “are not going in the desired direction. The loss of every life is heart-breaking and each one has a deeply personal story.”

Orvis told lawmakers DOD is taking a “public health approach” to suicide prevention and laid out several initiatives the department is taking to curb suicides in the military. Those initiatives involve:

- Strengthening economic support
- Strengthening access and delivery of suicide care
- Creating protective environments
- Promoting connectedness
- Teaching coping and problem-solving skills
- Identifying and supporting people at risk
- Lessening harms and preventing future risks

An example of “identifying and supporting people at risk,” she said, involves

Common Misconceptions	
Misconceptions	Facts
 Deployment increases military suicide risk.	 Several studies have shown that being deployed (including combat, length of deployment, and number of deployments) is not associated with suicide risk among Service members.
 The majority of Service members who die by suicide had a mental illness.	 The majority of Service members who die by suicide were not diagnosed with mental illness.
 If you remove access to one lethal method of suicide, someone at risk for suicide will replace it with another.	 When one method for suicide is removed, someone at risk is unlikely to substitute with a different method.
 Talking about suicide will lead to and encourage suicide.	 Talking about suicide provides the other person with an opportunity to express thoughts and feelings about something they may be keeping secret, and/or obtain help and support.
 The military suicide rate is higher than the U.S. general population.	 Suicide rates are roughly equivalent for all Components, except the National Guard, after controlling for age and sex (CY 2018).

teaching young service members to better see who among them might be at risk for suicide.

“We will be teaching young service members how to recognize and respond to suicide red flags on social media to help others who may be showing warning signs,” she said.

Supporting the “strengthening access and delivery of suicide care” initiative, she said, is a partnership with Veterans Affairs.

“We’re partnering with the VA to increase National Guard members’ accessibility to mental health care via mobile vet

centers during drill week-ends,” she said.

The Defense Department has also launched initiatives to reduce the stigma associated with

seeking mental health care. An example there is a pilot training program meant to address concerns service members might have about seeking mental health care, such as those involving their career, security clearances, loss of privacy and confidentiality.

Orvis said the act of suicide can often be impulsive, and that research shows there can be as little as 10 minutes between contemplating suicide and acting on those thoughts. Putting time and distance between an individual and a lethal means may save a life.

To “create protective en-

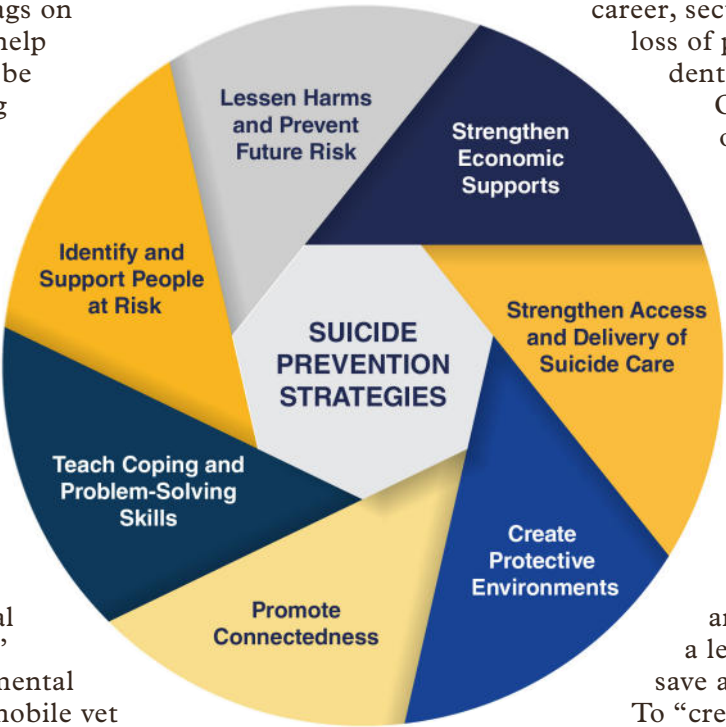
vironments,” she said, DOD is creating “a communications campaign to promote social norms for safe storage of firearms and medication to ensure Family safety.”

Regarding “teaching coping and problem-solving skills,” Orvis said DOD is “piloting an interactive education program to teach foundational skills early in a member’s career to help with everyday life stressors.”

Those skills include such things as rational thinking, emotion regulation and problem solving.

“With each death, we know there are Families and often children with shattered lives,” Orvis said. “The DOD has the responsibility of supporting and protecting those who protect our country. And it’s imperative that we do everything possible to prevent suicide in our military community.”

DOD GRAPHICS



# Combined services’ medical approaches strengthen DOD, officials say

By Terri Moon Cronk  
Defense.gov

The Defense Department’s top two medical officials addressed Congress to clarify how the military services have combined efforts to maintain and strengthen DOD’s Military Health System.

The men and women of the MHS are justifiably proud of what they do, Thomas McCaffery, assistant secretary of defense for health affairs, said at the Dec. 5 hearing.

“They provide a platform to train our uniformed medical force, and they ensure our active duty service members have access to the health care they need ... to do their jobs anywhere at any time,” he noted.

Military medical personnel support one of the largest and most successful medical research enterprises in the country, the assistant secretary said.

“They open and operate a global health surveillance network that monitors for infectious threats to our forces in our homeland,” McCaffery said. “They manage one of the country’s largest networks of hospitals and clinics. They do all that with unfailing professionalism, and, I might add, with incredible passion.”

The MHS’s primary mission is readiness, in addition to the readiness of the medical personnel to support the forces in battle and the medical readiness of combat forces to complete their missions, McCaffery said.

“And that readiness and that readiness mission also entails caring for the Families of our troops and our retirees,” he added. “(While) service members who deploy must be medically ready to do their jobs, they also need to know that their Families back home are cared for and that, in retirement, they will receive a health benefit

that recognizes the value of their service. Meeting this obligation to our beneficiaries is vital to recruiting and retaining a high-quality force.”

McCaffery said for the MHS to advance its goals, DOD must also adapt and change to carry out the medical mission in an ever-evolving security environment, and a consistently dynamic medical landscape.

“In the past three National Defense Authorization Acts, Congress has given the department very clear direction on the fundamental reforms it expects us to implement,” the assistant secretary said.

“Building off that direction, we are changing to ensure that the system can most effectively meet our mission,” he said.

He noted some of the things the reforms MHS is partnering with Congress on:

- Ensuring the uniformed medical force is properly sized and has the skills to respond to operational requirements;
- Ensuring that the system of hospitals and clinics is optimally excised and shaped to support the readiness of the mental medical forces;
- Ensuring medical readiness of combat forces;
- Ensuring better organizing and integrating the direct-care system to form a true, unified medical enterprise that can improve MHS’ effectiveness and efficiency;
- Providing a more standardized dependable, high-quality experience for active duty, Families and retirees; and
- Most effectively managing private-sector care through Tricare managed-care networks.

McCaffery said all those efforts are aimed at showing how MHS provides maximum support to the department as it executes the National Defense Strategy.



NAVY PHOTO BY PETTY OFFICER 3RD CLASS JOE BOGGIO

Navy Hospital Corpsman 1st Class Christina Sizemore, left, and Lt. Cmdr. Krista Puttler, a ship's surgeon, perform surgery aboard the aircraft carrier USS George H.W. Bush in the Mediterranean Sea, July 11, 2017. The ship and its carrier strike group are conducting naval operations in the U.S. 6th Fleet area of operations to support U.S. national security interests in Europe and Africa.

Also testifying before the House Armed Services Committee’s panel was Army Lt. Gen. (Dr.) Ronald J. Place, director of the Defense Health Agency. DHA is the supporting agency in the readiness mission to combatant commands and to the military departments, he told the panel.

“The MHS’ performance on the battlefield has exemplified historically high survival rates of combat wounds and historically low rates of disease and nonbattle injuries,” the DHA director said. “These successes reflect processes in which joint solutions contributed to these outcomes.”

But, as DHA takes responsibility for managing all the military’s hospitals and clinics, Place said, “we continue to view these medical facilities as readiness platforms where medical professionals from the Army, Navy and Air Force obtain and sustain their knowledge

and skills.”

The DHA approach better enables the MHS to optimize the care delivered along with clinical skill sustainment experiences for the medical staff within and across geographic markets, Place noted.

“(The) department has long relied on civilian health care to provide and deliver care to our beneficiaries where we don’t operate medical facilities or when the needs of our patients exceed the capabilities we have locally,” the doctor noted.

“Over the past three decades, with changes in military basing (and) reductions in the military force strength, we’ve successfully increased specific civilian health care networks. And we are working with the military departments to ensure military Families and retirees continue to enjoy access to high-quality care if military, medical capabilities are exceeded.”



YOUR JBMHH LIBRARY PRESENTS

# HOLIDAY OPEN HOUSE

Join us for  
Movies, Treats, and Crafts  
Sunday, December 22  
Anytime from 1-4pm





**Renova Smiles**  
FAMILY & COSMETIC DENTISTRY  
5 STAR PRACTICE | 15+ YRS EXPERIENCE

THIS NEW YEAR  
RENOVATE YOUR  
LIFE WITH A  
smile.



**\$99 NEW PATIENT SPECIAL**  
X-RAYS, EXAM & CLEANING

Redeem this offer by contacting any of our practices today! Make sure to mention this advertisement to receive this exclusive promotion.

**Zoom Whitening**

**\$260**

Ask for details when booking an appointment



GENERAL, COSMETIC, INVISALIGN®, RESTORATIVE, & PEDIATRIC DENTISTRY, IN-HOUSE FINANCING OPTIONS, MOST DENTAL INSURANCE PLANS ACCEPTED

**FALL CHURCH**  
3701 S George Mason Dr. # C7N  
Falls Church, VA 22041  
Tel: (703) 998-8826

**WOODBRIDGE**  
14007 Minnieville Rd  
Woodbridge, VA 22193  
Tel: (703) 670-5414

**MANASSAS**  
9380 Forestwood Ln Suite E  
Manassas, VA 20110  
Tel: (703) 368-4344



## Holiday safety tips

By JBM-HH Police Department

The following holiday safety tips were compiled, in cooperation with the Joint Base Myer-Henderson Hall Crime Prevention and Investigations section, to contribute to the safety and security of the JBM-HH community during the holiday season.

The holiday season is always a special time of year. It is also a time when busy people become careless and vulnerable to theft and other holiday crime. Individuals can never be too careful, prepared or aware. The JBM-HH Police Department wishes the community a safe, happy and peaceful holiday season.

**Residences/barracks**

- Be extra cautious about locking doors and windows when you leave the house, even for a few minutes.
- When leaving home for an extended time, have a neighbor or family member watch your house and pick up your newspapers and mail.
- Indoor and outdoor lights should be on an automatic timer.
- Leave a radio or television on so the house looks and sounds occupied.
- Large displays of holiday gifts should not be visible through the windows and doors of your home.
- When setting up a Christmas tree or other holiday display, make sure doors and passageways are clear inside your home.
- Be sure your Christmas tree is mounted on a sturdy base so children, elderly persons or family pets cannot pull it over on themselves.
- If you use lights on your Christmas tree, ensure the wiring is not damaged or frayed. Frayed or damaged wiring can cause a fire.
- Place your Christmas tree in water or wet sand to keep it green.
- Never place wrapping paper in your fireplace.

**Gymnasium**

- If possible, lock all valuable items in lockers provided by the gym or leave them at home.
- If items are not able to be secured in a locker, place them in a gym bag and place the bag in a location so that it's seen.
- Do not leave your valuable items lying on the floor, on workout equipment or in the bathroom unattended.
- In the event your personal belongings/valuable items are taken without you noticing, report it to the front desk as soon as possible you are aware.

**Children**

- If possible, leave small children at home with a trusted babysitter.
- Teach your child to go to a store clerk and ask for help in case your child is separated from you.
- Teach children to stay close to you while shopping.
- Never allow children to make unaccompanied trips to the restroom.
- Children should never be allowed to go to the car alone and they should never be left alone in the car.
- Teach children their full name, address and telephone number to give to police officers or mall security. Teach children to immediately inform you if a stranger is bothering them.

**Shopping**

- Shop during daylight hours whenever possible. If you must shop at night, go with a friend or family member.

- Dress casually and comfortably.
- Avoid wearing expensive jewelry.
- Do not carry a purse or wallet, if possible.
- Always carry a valid driver's license or identification card along with necessary cash, checks and/or a credit card you expect to use.
- Even though you are rushed and thinking about many different things, stay alert to your surroundings.
- Keep cash in your front pocket.
- Be extra careful if you do carry a wallet or purse. They are the prime targets of criminals in crowded shopping areas, transportation terminals, bus stops, on buses and other rapid transit.
- Avoid overloading yourself with packages. It is important to have clear visibility and freedom of motion to avoid mishaps.
- Beware of strangers approaching you for any reason. At this time of year, "con-artists" may try various methods of distracting you with the intention of taking your money or belongings.

**Automated teller machine**

- If you must use an ATM, choose one that is located inside a store, mall or well-lighted location. Withdraw only the amount of cash you need.
- Do not throw your ATM receipt away at the ATM location.

**Driving**

- Avoid driving alone or at night.
- Keep all car doors locked and windows closed while in or out of your car. Set your alarm or use an anti-theft device.
- If you must shop at night, park in a well-lighted area.
- Park as close as you can to your destination and take notice of where you parked.
- Never leave your car unoccupied with the motor running or with children inside.
- Do not leave packages or valuables on the seat of your car. This creates a temptation for thieves. If you must leave something in the car, lock it in the trunk or put it out of sight.
- Be sure to locate your keys prior to going to your car.
- Keep a secure hold on your purse, handbag and parcels. Do not put them down or on top of the car in order to open the door.
- When approaching or leaving your vehicle, be aware of your surroundings.
- Do not approach your car alone if there are suspicious people in the area.
- Ask mall or store security for an escort before leaving your shopping location.

**Attending a party**

- Have something to eat before consuming alcoholic beverages.
- Eat high protein foods that will stay in your stomach longer and slow the absorption of alcohol into your system.
- Remember only time will eliminate the alcohol from your body.
- Know your safe limit.
- Never drink and drive.

For more information or questions, please call the JBM-HH Police Department at (703) 588-2800/2801 for a nonemergency or 911 for emergencies. The JBM-HH PD is located at 108 Sheridan Ave. Fort Myer, VA 22211

**Visit Us Online**

**www.dcmilitary.com**





PREPAREDNESS  
from page 1

Community education is paramount. The repetitious training with the workforce and community ensures residents know our plan and have a plan of their own in place if they must leave the area. Joint Base Myer-Henderson Hall conducts numerous preparedness exercises and drills regularly to validate plans and procedures. Along with the lessons learned, a review of the overall risks that are found during the exercises are reassessed.

The way we communicate with our workforce and residents is very important. In this area, traffic congestion can happen quickly. The Emergency Operations Center has the responsibility to communicate with local, state and federal agencies to better assist

personnel. The notification for possible evacuation of the area could occur as early as 96 to 120 hours before a significant storm reaches the region. Having the ability to continue operations in a different location had to be incorporated into the existing plan. The mission of the military is its priority, in order to focus on the mission individual families must be safe and secure. Having a plan and a To Go Kit is important, deployment could happen at any time in or outside the continental United States. By having a practiced plan in place allows for the workforce and families to have a peace of mind. In the Armed Forces we are taught to train as we fight. The same concept is applied in the emergency response field and that response should become second nature.



BELVOIR  
from page 1

incentive fees. The general is also conducting an overall analysis of the Army’s privatized housing requirements, expected to be released in the spring, McCarthy said.

By re-inserting levels of leadership, he said, commanders can “be responsible and help manage the health and welfare of their Soldiers and their Families.”

Although they were on opposite sides of the hearing room on Capitol Hill, the secretary and senator said they have the same objective in mind, and visited Fort Belvoir in solidarity.

“A lot of the legislation to empower our Soldiers and their Families — as well as helping the Army manage our privatized housing initiative better and much more closely

has come from working with the Senate Armed Services Committee,” McCarthy said. Working together “is how we’re getting an informed customer so they know what their rights are,” McCarthy said. “Putting (the Bill of Rights) into law will empower (Families).” The partnership between the lawmakers and senior leaders is “an exchange of ideas,” McCarthy said, adding, “we’re most effective as the Department of the Army when we work with Congress.” One example of their cohesion was identified through the tri-service Tenant Bill of Rights, currently being finalized and designed to give residents an active voice and avenue for recourse in military housing, McCarthy said. The Tenant Bill of Rights, according to an

Army release, is designed to ensure service members and their Families have safe, quality homes and communities and clear rights while living in them, and it’s intended to increase the accountability of privatized housing companies by putting more oversight authority in the hands of local military leaders. “Praise to the Army for the Tenant Bill of Rights,” Kaine said. “The Army was the branch that moved out first on that, and the other branches are using the Army’s work.” The mission to fix the housing concerns is ongoing, McCarthy said, but it’s a mission he’s confident will be completed. “There’s nothing more important than taking care of Soldiers and their Families as they’re the lifeblood of our institution,” he said.

Visit  
Us Online

www.dcmilitary.com

at GAYLORD NATIONAL

FEATURING

Dr. Seuss' **How The GRINCH STOLE CHRISTMAS!**

**Now – December 30, 2019**

ICE! featuring Dr. Seuss’ How The Grinch Stole Christmas! is Washington, D.C. Region’s must-see indoor winter wonderland featuring:

- A colorful walk-through holiday attraction with larger than life sized ice sculptures carved from over two million pounds of ice
- Kept at a chilly 9 degrees
- Enjoy four two-story tall colorful ice slides and a full Nativity in stunning crystal clear ice

Tickets and Packages on Sale Now!  
**ChristmasOnThePotomac.com**  
(301) 965-4000

A PART OF

ICE! PRESENTED BY **DEI**

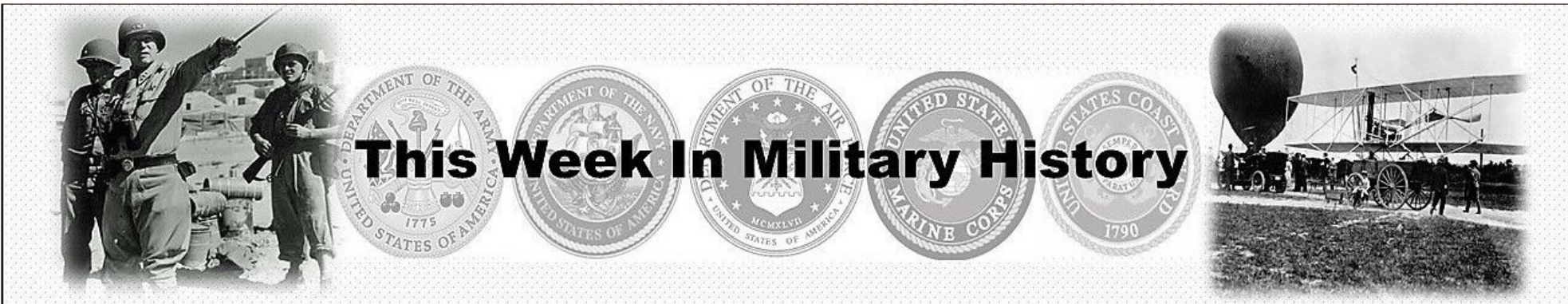
GAYLORD NATIONALS' **Christmas ON THE Potomac**

PRESENTED BY **pepsi**

Located in National Harbor, MD – Conveniently located minutes from Washington, D.C. and across the river from Old Town Alexandria. PEPSI, PEPSI-COLA and the Pepsi Globe are registered trademarks of PepsiCo, Inc. TM & © 2019 Dr. Seuss Enterprises, L.P. All Rights Reserved.

Maryland





**Dec. 12**  
In 1950, the 1st Marine Division closed into Hungnam after they cut their way through six Chinese divisions, and killed approximately 20,000 of the enemy, on the way to the sea from Chosin/Changjin Reservoir. Legend has it that the division commander, Maj. Gen. O. P. Smith, supposedly characterized the operation with, “Retreat? Hell, we’re just attacking in a different direction!”

**Dec. 13**  
In 1952, transporting the Declaration of Independence and the Constitution, an armored Marine Corps personnel carrier made its way down Constitution Avenue, accompanied by two light tanks, four servicemen carrying submachine guns and a motorcycle escort. A color guard, ceremonial troops, the Army Band and the Air Force Drum and Bugle Corps were also part of the procession. Members of all the military branches lined the street. Inside the personnel carrier were six parchment documents. The records were in helium-filled glass cases packed inside wooden crates resting on mattresses. The Declaration of Independence and the Constitution were going to the National Archives. In 1926, \$1 million was appropriated for a National Archives building, and in 1930 President Herbert Hoover appointed an advisory committee for the National Archives to draw up specifications for the building. John Russell Pope was selected as architect, and a year later, ground was broken. By 1933, the cornerstone of the building was put in place by Hoover. Staff worked in the unfinished building by 1935. Despite this flurry of activity, the vault-like building did not house the founding documents that the nation called the “Charters of Freedom.” The documents were shuttled around to various buildings for various reasons. The documents started out in the Department of State, and as the capital moved from New York to Philadelphia to Washington, DC, these documents moved too. Eventually, they were turned over to the Library of Congress. With exception of a short stay at the U.S. Bullion Depository during World War II, the Declaration and the Constitution remained at the Library of Congress from 1921 to 1952. The Bill of Rights was in the safekeeping of the National Archives in 1938. In 1952, the Library of Congress



**In 1952, transporting the Declaration of Independence and the Constitution, an armored Marine Corps personnel carrier made its way down Constitution Avenue, accompanied by two light tanks, four servicemen carrying submachine guns and a motorcycle escort.**

PHOTO BY NATIONAL ARCHIVES

agreed to transfer the Declaration and the Constitution to the National Archives. The Bill of Rights was finally in the company of the two other founding documents. With great pomp and ceremony, the six boxes were carried up the steps. The tall bronze doors — now used only July 4 — was opened, and the six sheets of parchment were carried into the rotunda, where they remain today.

**Dec. 14**  
In 1944, the rank of fleet admiral, U.S. Navy (five-star admiral) was established. Each of these officers followed a differently patterned naval career. Only eight years of seniority separated them. They served as younger officers when the Navy made its expansion in aviation and submarine development. One of these officers was essentially a destroyer officer and aviator with only one short tour ashore in Washington. One was a submariner with European training in diesel propulsion, a big ship Sailor with shore cruises in Washington including chief of naval personnel. One had almost all his sea duty in big ships and except one tour, all shore duty in Washington, which included being chief of two bureaus. Only one had a seagoing career in the surface, submarine and aviation branches of the service with shore tours including the head of the postgraduate school and the chief of the

Bureau of Aeronautics. Three served as chiefs of naval operations. The Navy’s fleet admirals were William Daniel Leahy, Ernest Joseph King, Chester William Nimitz and William Frederick Halsey Jr.

**Dec. 15**  
In 1864, the once powerful Confederate Army of Tennessee was nearly destroyed when a Union Army commanded by Gen. George Thomas swarmed over the Rebel trenches around Nashville. This was the sad finale in a disastrous year for Gen. John Bell Hood’s Confederates. The Rebels lost a long summer campaign for Atlanta in September when Hood abandoned the city to the army of William T. Sherman. Hood then took his diminished force north into Tennessee. He hoped to draw Sherman out of the deep South, but Sherman had enough troops to split his force and send part of it to chase Hood into Tennessee. In November, Sherman took the remainder of his army on his march across Georgia. On Nov. 30, Hood attacked the troops of Gen. John Schofield at Franklin, Tennessee. The Confederates suffered heavy casualties and much of the Army’s leadership structure was destroyed: 12 generals were killed or wounded along with 60 regimental leaders. When Schofield moved north to Nashville to join Thomas, Hood followed him and dug his army in outside of

Nashville’s formidable defenses. Thomas saw his chance to deal a decisive blow to Hood. More than 50,000 Yankees faced a Rebel force that totaled less than 20,000. Historians have long questioned why Hood even approached the strongly fortified city with the odds so stacked against him. Early in the morning of Dec. 15, Thomas sent a force under Gen. James Steedman against the Confederates’ right flank. The Union troops overran the Confederate trenches and drove the Rebels back more than a mile. The short December day halted the fighting, but Thomas struck again Dec. 16. This time, the entire Confederate line gave way and sent Hood’s men from the field in a total rout. Only Gen. Stephen Lee’s valiant rear-guard action prevented destruction of the Confederate Army. More than 6,000 Rebels were killed or wounded and 3,000 Yankees lost their lives. Hood and his damaged Army retreated to Mississippi, and the Army of Tennessee was no longer a viable offensive fighting force.

**Dec. 16**  
In 1773, at Boston Harbor, a group of Massachusetts colonists disguised as Mohawk Indians boarded three British tea ships and dumped 342 chests of tea into the harbor. The midnight raid, popularly known as the “Boston Tea Party,” was in protest of the British Parliament’s Tea Act of 1773,

a bill designed to save the faltering East India Company when it lowered its tea tax and granted it a virtual monopoly on the American tea trade. The low tax allowed the East India Company to undercut even tea smuggled into America by Dutch traders, and many colonists viewed the act as another example of taxation tyranny. When three tea ships, the Dartmouth, the Eleanor and the Beaver arrived in Boston Harbor, the colonists demanded that the tea be returned to England. After Massachusetts Gov. Thomas Hutchinson refused, Patriot leader Samuel Adams organized the “tea party” with about 60 members of the Sons of Liberty, his underground resistance group. The British tea dumped in Boston Harbor on the night of Dec. 16 was valued at some 18,000 pounds. Parliament, outraged by the blatant destruction of British property, enacted the Coercive Acts, also known as the Intolerable Acts, in 1774. The Coercive Acts closed Boston to merchant shipping, established formal British military rule in Massachusetts, made British officials immune to criminal prosecution in America and required colonists to quarter British troops. The colonists subsequently called the first Continental Congress to consider a united American resistance to the British.

see HISTORY page 9

## Veterans or Active Duty Military

### 100% Cash out mortgage for Holidays!!!



**Fidelity Direct Mortgage, LLC**  
555 Quince Orchard Road, Suite 411,  
Gaithersburg, MD 20878

**301.526.1555**  
contact@fdmhome.com  
**www.fdmhome.com**  
NMLS 188829





HISTORY

from page 8

**Dec. 17**  
In 1835, U.S. Marines assisted firefighters in efforts to control the Great Fire of New York as the fire levels lowered Manhattan. The Great Fire of 1835 began in a five-story warehouse at 25 Merchant St. (now called Beaver Street) at the intersection with Pearl Street between Hanover Square, Manhattan and Wall Street in the snow-covered city and was fed by gale-force winds, which blew from the northwest toward the East River. With temperatures as low as −17 degrees Fahrenheit (−27 degrees Celsius) and the East River frozen solid, firefighters had to cut holes in the ice to get water. Water then froze in the hoses and pumps. Attempts to blow up buildings in its path (a technique later

regarded as counterproductive) were thwarted by a lack of gunpowder in Manhattan. Firefighters coming to help from Philadelphia said they could see signs of the fire there. About 2 a.m., Marines arrived with gunpowder from the Brooklyn Navy Yard and blew up buildings in the fire’s path. By then it covered 50 acres (200,000 m2), 17 blocks of the city, and destroyed between 530 and 700 buildings. The area was reported as Coenties Slip in the south to Maiden Lane in the north and from William Street in the west to the East River. The losses were estimated at \$20 million, which in today’s value, would be hundreds of millions. Twenty people were killed.

**Dec. 18**  
In 1972, the Nixon administration announced that the bombing and mining of North Vietnam will resume and

continue until a “settlement” is reached. On Dec. 13, North Vietnamese negotiators walked out of secret talks with National Security Advisor Henry Kissinger. President Richard Nixon issued an ultimatum to Hanoi to send its representatives back to the conference table within 72 hours “or else.” The North Vietnamese rejected Nixon’s demand and the president ordered Operation Linebacker II, a full-scale air campaign against the Hanoi area. White House Press Secretary Ronald Ziegler said that the bombing would end only if all U.S. prisoners of war were released and an internationally recognized cease-fire were in force. Linebacker II was the most concentrated air offensive of the war, and was conducted by U.S. aircraft, including B-52s, Air Force fighter-bombers that flew from bases in Thailand, and Navy

and Marine fighter-bombers that flew from carriers in the South China Sea. During the 11 days of the attack, 700 B-52 sorties and more than 1,000 fighter-bomber sorties were flown. These planes dropped roughly 20,000 tons of bombs, mostly over the densely populated area between Hanoi and Haiphong. The North Vietnamese fired more than 1,000 surface-to-air missiles at the attacking aircraft and used their MiG fighter-interceptor squadrons, eight of which were shot down. In a throwback to past aerial combat, Staff Sgt. Samuel O. Turner, the tail gunner on a Boeing B-52D bomber, downed a trailing MiG-21 with a blast from his .50 caliber machine guns over Hanoi. Six days later, Airman 1st Class Albert E. Moore, also a B-52 gunner, shot down a second MiG-21 after a strike on the Thai Nguyen

railyard. These were the only aerial gunner kills of the war. Twenty-six U.S. aircraft were lost, including 15 B-52s. Three aircraft were brought down by MiGs; the rest, including the B-52s, were downed by surface-to-air missiles. American antiwar activists dubbed Linebacker II the “Christmas bombing,” and charged that it involved “carpet bombing”—which deliberately targeted civilian areas with intensive bombing that “carpeted” a city with bombs. The campaign was focused on specific military targets and was not intended to be “carpet bombing,” but it did result in the deaths of 1,318 civilians in Hanoi. The Linebacker II bombing was deemed a success because in its wake, the North Vietnamese returned to the negotiating table, where the Paris Peace Accords were signed less than a month later.



KOONS AUTOMOTIVE  
OF WOODBRIDGE

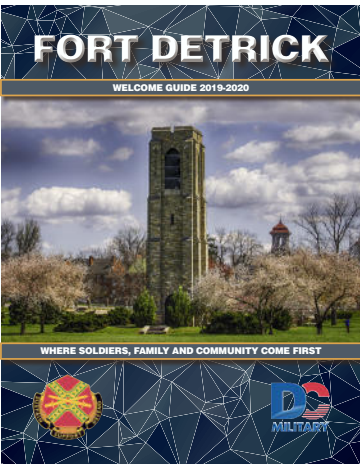
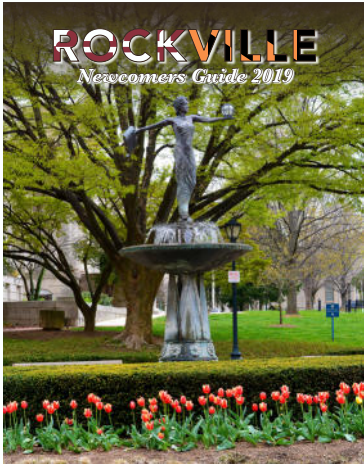
HAS THE LARGEST SELECTIONS OF USED TOYOTA’S, HONDA’S AND MAZDA’S

- *Used cars as low as \$4985*
- *Military Specials With \$0 Money Down*
- *Guaranteed Financing for Service Members and their family*
- *We work with ALL Military Credit Unions*
- *Ask us about our Lifetime Warranty backed by Walmart*

(571) 285-3277

15610 Jefferson Davis HWY, Woodbridge, VA 22191  
koonsofwoodbridge.com  
Hours 10am-8pm M-F, Sat 10am -7pm, Sun Closed

Koons Automotive Of Woodbridge has been serving Military Families since 1965.





# Service personnel chiefs discuss diversity in the military

By David Vergun  
Defense.gov

The House Armed Services Committee’s military personnel subcommittee heard testimony Tuesday from Defense Department personnel chiefs on diversity in recruiting and retention.

Testifying were: Army Lt. Gen. Thomas C. Seamands, deputy chief of staff for personnel; Navy Vice Adm. John B. Nowell Jr., chief of naval personnel; Air Force Lt. Gen. Brian T. Kelly, deputy chief of staff for manpower, personnel and services; and Marine Corps Lt. Gen. Michael A. Rocco, deputy commandant for

manpower and reserve affairs.

**ARMY DIVERSITY EFFORTS**

“People are the starting point for all that we do,” said Seamands. “Today, the total Army is more diverse — the most talented and the most lethal force in our nation’s history.”

An important tool the Army has is the new talent management system, which amplifies diversity, he said.

Trends are pointed in the right direction, he noted. For example, in the last five years, the percentage of Hispanic Soldiers went from 12.5% to 14.6% and female representation went from 16.6% to 18.8%.

Also, the first female graduate of Ranger School went on to become

the first female infantry company commander, and she then deployed to Afghanistan.

“We want our Army to look like our nation and to reflect what’s best of our citizens,” he said. “As the country has become more diverse, so has the Army.”

He added that service members are not only diverse in race and gender, but they’re also diverse in thought, talent, knowledge, skills and experience.

**NAVY DIVERSITY EFFORTS**

The Navy is promoting diversity and inclusion, said Nowell.

“We have increased participation in diverse talent and outreach events and marketing materials,” Nowell said.

Nineteen percent of the recruiting media budget focuses on multicultural and female prospects, he said. Navy ROTC scholarships are also offered to minorities, he said.

More than 25% of this year’s U.S. Naval Academy accessions were female or minority, he said.

**AIR FORCE DIVERSITY EFFORTS**

“The Air Force considers diversity a warfighting imperative,” said Kelly.

“As such, the Air Force set a goal for our force to mirror and be representative of the population of Americans

eligible to serve by race, gender and ethnicity,” said Kelly.

The Air Force currently consists of 22% women; 15% African Americans — including 6% in the officer corps; and 13% Hispanics — including 7% in the officer corps. Those demographics have increased over the last 10 years, he added.

**MARINE CORPS DIVERSITY EFFORTS**

“Diversity remains critical to the Marine Corps,” said Rocco. “It is our responsibility to ensure the Marine Corps is comprised of the best and brightest from every segment of the diverse society.”

“Diversity must be included in meaningful ways in order to take advantage of a wide array of aptitudes and perspectives necessary to maintain our current and future warfighting excellence.”

Diversity in the Marine Corps is increasing, he said. In 2010, 30% of Marines identified as minorities. Today, that number is more than 40%.

“We expect these numbers to continue to rise,” Rocco said.

In 2010, 6.7% of the Marine Corps was female. It’s now almost 9%. These numbers should also continue to rise, he said.



**JOINT BASE MYER-HENDERSON HALL**  
We are America's Post. A History of Innovation... A Future of Success.

Home / About / History

**HISTORY**

**GRANT HALL TODAY**

Grant Hall Courtroom Public Open Houses

Joint Base Myer-Henderson Hall hosts quarterly Public Open Houses of Grant Hall's historic third-floor courtroom, located on the Fort McHarr side of the Joint Base in southwest Washington D.C. The courtroom is the site of the military tribunal held from May through June 1865, of those thought responsible for the plot to assassinate President Abraham Lincoln.

Visit us at our new digital home:  
<https://home.army.mil/jbmhh>



**McLean Community Center**  
*The Center of It All*

1234 Ingleside Ave.  
McLean, VA 22101  
703-790-0123, TTY: 711  
[www.mcleancenter.org](http://www.mcleancenter.org)

McLean Community Center @mcleanvacenter @mcleancentervva

<b>CLASSES &amp; TRIPS</b>	<b>SPECIAL EVENTS</b>
Day Trips and Tours Fitness and Technology Bridge, Chess and Music E-Learning	Holiday Craft Shows McLean Day 4th of July Celebration McLean 5k
<b>THE ALDEN THEATRE</b>	<b>THE OLD FIREHOUSE</b>
Professional Artist Series Family Friendly Performances Films & Lectures Summer Concerts	After School Programs After 7 Dance Party School Break Trips Family Events



PHOTO BY MASTER SGT. MATT HECHT  
Army recruits participate in physical training at the National Guard Training Center in Sea Girt, New Jersey, Oct. 19.

Visit Us Online  
[www.dcmilitary.com](http://www.dcmilitary.com)

NATIONAL MUSEUM OF THE UNITED STATES ARMY

**OPENING JUNE 4**

FAIRFAX COUNTY, VA



NATIONAL MUSEUM  
UNITED STATES  
ARMY

TO LEARN MORE VISIT  
**ARMYHISTORY.ORG**



News Notes

Advent concerts Thursday, Tuesday

The joint base community is welcomed to attend upcoming U.S. Army Band advent concerts at Fort Myer Memorial Chapel. The first concert is Thursday and features the U.S. Army Band String Quartet. The second concert is Tuesday and features the U.S. Army Band Voices.

Both concerts begin at noon and are followed by a meal in fellowship hall.

Game night

BOSS is hosting a game night for single Soldiers Thursday. The event will be held inside Bldg. 421 from 6 to 8:30 p.m.

Volunteer at Katherine K Hanley Shelter  
BOSS is volunteering at the Katherine K. Hanley Family Shelter in Fairfax Dec. 21 from 8 a.m. to 2 p.m. Come spread holiday cheer interacting with residents and assisting in preparing and serving meals. For more information, contact BOSS President Sgt. Kevin Abraham at kevin.s.abraham.mil@mail.mil.

Death notice

Anyone having claims against or indebtedness to the estate of Maj. Brandon Ueki, SAF/IARC, should contact Maj. Austin Emery, the summary courts officer, by email at austin.r.emery.mil@mail.mil or by calling (703) 695-2274.

Flu clinics are back

Rader Clinic has announced that they have received new shipments of the flu shot. The clinic has the adult and pediatric influenza vaccine. The clinic, however, will not be offering the 65 and older dose or flu mist this season.

The clinics are for service members, retirees, beneficiaries and DOD civilians. For more information, call the Rader Clinic Flu Hotline at (703) 696-2994.

Those veterans in need of the 65 and older dose are welcomed by the VA. The flu shot clinic in the D.C. VA Medical Center Atrium, 50 Irving St., NW Washington, D.C., is open Monday through Friday from 8 a.m. until 4 p.m. Veterans will need to bring their VA identification card. Military personnel can bring their DOD ID and just let their team know that they are with Joint Base Myer-Henderson Hall. Individuals should let the clinic know if they require paper documentation of those military personnel who receive the vaccination.

As part of VA’s Community Care program, veterans who are enrolled in VA health care can receive a free flu shot at any Walgreens. No appointment is necessary, but veterans will need to show their VA identification card and one other form of photo identification. More information can be obtained at <https://www.va.gov/COMMUNITYCARE/programs/veterans/immunization.asp?fbclid=IwAR0GO-zS3DGIKHr-BUtO7evD7mF2pttvjvgOvsSuX-TCJTz0-g8LU5zqNDgU>.

Functional academic skills training for Soldiers

The Basic Skills Education Program provides Soldiers with on-duty instruction in reading, math and language skills. The goal of the course to improve job performance, prepare Soldiers for more advanced schooling, increase reenlistment options and enhance trainability. The FY20 schedule is now available. For more information, call the education center at (703) 696-3178.

Racquetball court closed

The Henderson Hall Smith Gym racquetball court will be closed weekdays through Dec. 18 for a Marine Corps Martial Arts Instruction Course. The racquetball court will be available on the weekend during the time frame.

Zembiac dome maintenance project complete

Maintenance has been completed and the Zembiac pool is up and running for the start of the winter season. The Zembiac pool facility has reopened and is open Monday through Friday from 6 a.m. to 6 p.m. The facility is closed weekends and holidays.

Updates will be provided in the following

weeks with more information on upcoming winter classes and programming.

New from JBM-HH Community Activity Center

Looking for tickets to local attractions in D.C.? The JBM-HH Community Activity Center has tickets to many of these and invites individuals to compare prices. Included are tickets for the Kings Dominion Winterfest celebration through Jan. 1.

Individuals can avoid the long lines at the movie theater and purchase their discounted movie tickets for AMC and Regal Cinemas.

Fort Myer Thrift Shop holiday schedule

The Fort Myer Thrift Shop hours of operation are Tuesday through Thursday from 10 a.m. to 2:30 p.m. During the 2019 holiday season the shop will also open Saturday. For the December holiday season, the store will close Dec. 18 through Jan. 2, reopening under normal hours Jan 4.

‘President’s Own’ performing Saturday

The Marine Corps Heritage Foundation will present a special, after-hours, free concert Saturday, at the National Museum of the Marine Corps, 18900 Jefferson Davis Highway, Triangle, Virginia, featuring “The Presidents Own” United States Marine Band as they fill the Leatherneck Gallery with the sounds of the season. The holiday concert will also feature a carol sing along. “The President’s Own” was founded in 1798, and is America’s oldest continuously active professional musical organization, performing for high profile events, ceremonies and receptions of national significance.

Jump Mentor Program

Service members are invited to become mentors to an elementary or middle school student. Volunteers are needed two to four hours per month from 12:30 to 1:30 p.m. Opportunities are available at Leckie Education Campus and Hart Middle School, each located within five minutes of Joint Base Anacostia-Bolling.

For more information, contact JBM-HH school liaison officer Amy Fishman at (703) 693-8378 or by email at amy.fishman.usmc-mccs.org.

Fooda at Exchange

Fooda is now open at the Fort Myer food court. The new food service provider is open Monday through Friday from 11 a.m. to 1:30 p.m. Food selection will vary daily. Check out the menu daily at [fooda.com/aafes-jbmyer](http://fooda.com/aafes-jbmyer).

Car wash closed until further notice

The Henderson Hall car wash has announced that it will not be reopening in the foreseeable future. The infrastructure was found to need adjustments that must happen before the car wash can be opened. Updates will be posted as they become available.

Made-to-order-pasta

Individuals can enjoy lunch made by the chef and featuring a person’s favorite toppings. Served every Monday in the Old Guard Lounge from 11 a.m. to 2 p.m.

Rock ‘n’ roll night

Rock ‘n’ roll night is every first Saturday of the month. Doors open at 6 p.m., with music and dancing from 7 to 11 p.m. An a la carte menu and cash bar will be available.

Seafood dinner buffet

The seafood dinner buffet is the last Friday of the month in the Fife and Drum Dining Room. Doors open at 6 p.m. Cost is \$30.95 for member and \$35.95 for nonmembers.

Karaoke night

Karaoke night is every first Friday of the month in the Old Guard Lounge, located on the lower level of Patton Hall. Karaoke happens from 6 to 10 p.m.

All-you-can-eat buffet lunch

An all-you-can-eat buffet is served Tuesday

through Friday from 11 a.m. to 2 p.m. in the Fife and Drum Room. Cost for members is \$11 and \$15 for nonmembers.

Sunday brunch

Sunday brunch is served every Sunday from 10 a.m. to 2 p.m. in the Fife and Drum Dining Room.

Cost for members is \$23, \$28 for nonmembers, \$10.95 for children (6-12) and children 6 years old and younger dine free.

Leisure Travel Service Office hours

The Leisure Travel Service Office hours of operation are as follows: Monday-Friday from 8 a.m. to 5 p.m. Saturday, from 10 a.m. to 5 p.m. and closed Sundays and holidays.

Join retiree council

Retirees are welcome to become JBM-HH’s Retiree Council members. The executive committee of the retiree council meets quarterly the first Thursday in the months of February, May, August and November. General membership meetings occur quarterly on the second Thursday of the above months. The council is an opportunity for individuals to have their voice heard and to improve the retired military community. For more information, call or email Linda Hocking at (703) 696-5948, [linda.r.hocking.civ@mail.mil](mailto:linda.r.hocking.civ@mail.mil) or at [usarmy.jbmhh.asa.mbx.hrd-rso@mail.mil](mailto:usarmy.jbmhh.asa.mbx.hrd-rso@mail.mil).

Capitol Deli

Capitol Deli, in the MCCS on Henderson Hall, now sells deli meats and cheeses by the pound. Hours are Mondays through Fridays from 7:30 a.m. to 4 p.m. and Saturdays from 9 a.m. to 4 p.m.

Automated installation entry changes

The newest iteration of the automated installation entry system is currently being installed at Joint Base Myer-Henderson Hall. AIE is the Army’s electronic physical access control system that increases security for Soldiers, Family members, Department of Defense civilian workforce, military retirees, contractor employees and visitors by electronically vetting and validating an individual at JBM-HH gates. The latest AIE brings capabilities to ease visitor access. The website for the new passes is <https://pass.aie.army.mil/jbmhh/>. The new capabilities will allow for visitors to obtain installation access via a web-registration or at a kiosk in the JBM-HH Visitor Center. It can also vet and register visitors at designated lanes at the gate. The installation of the AIE upgrade is ongoing and will go live early May. The fielding does not affect normal traffic flow, but drivers should be aware that personnel will be at the entrance gates.

Housing assistance, environmental health registry information

If individuals are residents at Joint Base Myer-Henderson Hall, there are two numbers they can call for 24/7 housing assistance. One is a 24/7 work order call center and the other is a housing 24/7 hotline.

If individuals live in Army Family Housing on Forts McNair or Myer and have work orders for their housing, please call the Joint Base Myer-Henderson Hall Army Family Housing contractor 24/7 call center at (703) 696-2923.

If individuals have any unresolved housing issues to bring to the attention of the JBM-HH command leadership and the Army Family Housing Office, please call the housing 24/7 hotline at (703) 965-6050.

Additionally, The U.S. Army Medical Command is establishing a Housing Environmental Health Response Registry to address health or safety concerns of current or former Army housing residents. The 24-hour registry will allow the Army Public Health Center to provide current or former residents information on environmental health hazards, assist them in seeking medical care for any housing related illnesses or concerns and serve as a two-way exchange of information. Call the registry at

see NEWS NOTES page 12



Classifieds

Call 301-645-0900

BUY SELL RENT HIRE  
TRADE SHOP SWAP FIND  
SOUTHERN  
MARYLAND CLASSIFIED  
TO PLACE YOUR AD  
CALL 1-301-645-0900

Help Wanted  
Full Time

Find  *chesapeake jobs*  
Your dream job awaits!  
Register with your resume at  
[jobs.finditchesapeake.com](http://jobs.finditchesapeake.com)

Find your  
next pet in  
Southern  
Maryland  
Classifieds  
  


Apartments  
Unfurnished

**Equal Housing**  
All Real Estate advertised herein is subject to the Federal Fair Housing Act which makes it illegal to indicate any preference, limitation, or discrimination based on sex, handicap, familial status, or national origin or an intention to make any such preference, limitation, or discrimination. We will not knowingly accept any advertising for Real Estate which is in violation of the law. All persons, are hereby informed that all dwellings advertised are available on an equal opportunity basis. If you believe you have been discriminated against in connection with the sale, rental, or financing of housing, call the United States Department of Housing and Urban Development at 1-800-669-9777.  


Wanted to Buy

**WANTED:** Army and Air Force General Officer Pistols (Colt and Beretta from WWII-Present). I also buy medals, uniforms, insignia and books from the Civil War through Vietnam. Single items or collections. Tim 703-447-7243. [Historian1975@gmail.com](mailto:Historian1975@gmail.com) [www.midatlanticmilitaryantiques.com](http://www.midatlanticmilitaryantiques.com)

A readership of 50,000...  
That's 100,000 eyeballs  
on YOUR AD!  
*SoMD Classifieds*



News Notes

NOTES  
from page 11

(800) 984-8523 to enroll.  
**Toastmasters improves listening, thinking**  
Toastmasters is available for individuals who want to improve their public speaking, thinking, listening and leading. Helmsmen Toastmasters holds weekly meetings every Thursday at 7:30 a.m. at the Pentagon, PLC2, just outside north

parking entrance.  
For more information, contact Carl Sabath at (703) 695-2804 or by email at carl.e.sabath.civ@mail.mil.

**Auto shop hours**  
The JBM-HH Auto Skills Shop will be open Wednesdays and Thursdays from 4 to 8 p.m., Fridays from 1 to 8 p.m. and weekends from 10 a.m. to 5 p.m. The shop is closed Mondays,

Tuesdays and holidays.

**Employee Assistance Program at Fort Belvoir**  
Employee Assistance Program services for JBM-HH are currently being provided by Fort Belvoir. For EAP services, please contact Dr. Jorge Grandela at (703) 805-5588 or Doryan Dixon (alternate) at (703) 805-1083 until further notice.



# Visit Us Online

# www.dcmilitary.com



**NATIONAL MUSEUM of AFRICAN AMERICAN HISTORY & CULTURE**  
Smithsonian

Special Collections and University Archives, W. E. B. Du Bois Library, University of Massachusetts Amherst

# WE RETURN FIGHTING

The African American Experience in World War I

OPEN DEC. 13, 2019 – JUN. 14, 2020

nmaahc.si.edu/WeReturnFighting

   @nmaahc | #ANationsStory

*This exhibition is generously supported by*  
Altria Group  
Nationwide Foundation  
Robert R. McCormick Foundation

*Created in partnership with*  
Mission du centenaire de la Première Guerre mondiale

USAA AUTO INSURANCE

DEDICATED  
COVERAGE  
FOR THE  
ONES WHO  
NEVER QUIT

Don't stop now. Start getting the service you deserve. Members switched and saved an average of \$707<sup>1</sup> per year on USAA Auto Insurance.

Visit **USAA.COM/AUTO** or call **800-531-8521**



WHAT YOU'RE MADE OF  
WE'RE MADE FOR™

Paid ad. No federal endorsement of advertiser is intended. MCCS Sponsor. No federal or DoD endorsement implied. The Department of the Navy does not endorse any company, sponsor or their products or services. Neither the Coast Guard nor any other part of the federal government officially endorses any company, sponsor or their products or services. <sup>1</sup>Based on countrywide survey of new customers from 01/01/17 to 12/31/18, who reported their prior insurers' premiums when they switched to USAA. Membership eligibility and product restrictions apply and are subject to change. Property and casualty insurance provided by United Services Automobile Association, USAA Casualty Insurance Company, USAA General Indemnity Company, Garrison Property and Casualty Insurance Company, based in San Antonio, TX; USAA Limited (UK) and USAA S.A. (Europe) and is available only to persons eligible for P&C group membership. Each company has sole financial responsibility for its own products. © 2019 USAA. 266467-1019