Jan. 8, 2020 Island Insigh

This publication is published weekly and contains information about, for, and of interest to the Island Workforce.

Island Insight Submission: https://home.army.mil/ria/index.php/contact/public-affairs

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U.S. Army Garrison RIA Holds CSM Change of Responsibility

Command Sgt. Maj. Tisa Scott took over from outgoing Command Sgt. Maj. Brian Heffernan as command sergeant major for U.S. Army Garrison Rock Island Arsenal in a ceremony at 10 a.m. Jan. 7 in the Arsenal's Heritage Hall. Garrison



Commander Col. Stephen Marr praised Heffernan for his works while serving as the Garrison command sergeant major. "It's been my honor to serve with him for the past 18 months," Marr said. "I've learned from him -- he's been impactful on my career." Marr said Heffernan has an innate ability to "seek out, nurture and grow those things that benefit Rock Island Arsenal and its surrounding communities." He praised Heffernan for his efforts in improving access to the Arsenal, helping veteran's gain access to veteran programs, originating the annual "Run the Rock" race on the Arsenal, "and even a taco truck." "Organizing events like this require passion, energy, and commitment," Marr said. "Whenever Command Sgt. Maj. Heffernan was involved, passion, energy, and commitment were not in short supply."



Sept. 9 – Jan. 12: Combined Federal Campaign, www.midwesterncfc.org Dec. 14-Feb. 15: EVAC Project -**Experiencing Veterans & Artists** Collaboration, RIA Museum Jan. 8: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m. Jan. 9: Thirst-day Thursday, Lock & Dam Lounge, 3-7 p.m. Jan. 11: 3-on-3 Double Elimination Basketball Tournament, Fitness Center, 9 a.m. – 3 p.m. Jan. 11: Quarters One Paranormal Investigation, Quarters One, 6 p.m. Jan. 13-17: DA Photos, Bldg. 90, Basement, Rm. B11, 7:20 a.m. - 3:40 p.m. Jan. 14: Dr. Martin Luther King, Jr. Birthday Observance, Heritage Hall, Bldg. 60, 1-2 p.m.

Jan. 15: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.

Jan. 15: WWI Lecture Series: Causes of WWI, RIA Museum, 6-7 p.m.

Jan. 16: Thirst-day Thursday, Lock & Dam Lounge, 3-7 p.m.

Jan. 16: January Craft Class, Lock & Dam Lounge dining area, 5-7 p.m. Jan. 22: Teaching Responsibility w/o Losing their Love, ACS, Bldg. 110, 4-5 p.m.

Jan. 22: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.

Jan. 23: Newcomer's Orientation and Bus Tour, Rock Island Arsenal Museum, 8 a.m. - 5 p.m.

The contents of the Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army.

Heffernan thanked the surrounding communities for supporting him during his time as command sergeant major. "Shoulder to shoulder we fought together and made this a better community," he said. "Nothing gets done alone -- everything is from a team effort. Heffernan said being part of the Army has been, other than the birth of his children, the most important thing in his life." (More: www.army.mil/article/231477)

EVAC Art Exhibit Now On Display at RIA Museum

A traveling art exhibit that takes a unique approach to telling the story of America's veterans is currently on display at the Rock Island Arsenal Museum. The EVAC exhibit - which stands for "Experiencing Veterans and Artists Collaboration" - will remain on display at the RIA Museum through Feb. 15. EVAC is an art project based in Ohio that began in 2017 with the intent of bridging the gap between veterans and those who never served in the military. To create artwork for EVAC, curators for the project conduct interviews with veterans about their experiences in the military, and how these experiences shaped their lives. Transcripts of the

interviews are then provided to selected artists, who interpret the veterans' experiences through visual representation. Limited edition prints of the artwork are made using a variety of printmaking techniques, including etching, serigraphy, relief and engraving. The prints are displayed alongside excerpts from the transcribed interviews. The intent, according to the EVAC website, is to create artwork that offers viewers insight into the genuine experiences of veterans, and that promotes understanding, engagement and empathy. Veterans featured in the EVAC project come from all branches of the military and served in conflicts ranging from World War II to present-day deployments to Iraq and Afghanistan. Featured artists come from 23 states and one foreign nation. The project is ongoing, so more artwork continues to be added to EVAC. (More: www.army.mil/article/231466)

AECOM Wins Contract to Upgrade Military Vehicles at US Army Depots

AECOM has secured a \$520m task order to provide services related to maintenance, repair, overhaul, modification and upgrade of military vehicles and other equipment at various US Army locations. The company secured the order under the TACOM Strategic Services Solutions contract. It will offer the services at Red River Army Depot, Anniston Army Depot, Sierra Army Depot and Rock Island Arsenal. AECOM's task order comprises a base year and two one-year options. AECOM management services group president John Vollmer said: "We are proud to continue supporting the US

Army and providing these essential services on critical platforms to multiple depot installations across the country. "Our team continues to bring extensive experience and capability focused to ensure critical equipment is at its highest level of readiness to support the army's mission." Under the contract, the company will be responsible for offering a range of services at each depot to continue the organic industrial base initiatives and priorities of the US Army. AECOM mission readiness business unit senior vice-president and general manager Dr. Karl Spinnenweber said, "This significant program of work is another milestone in our efforts to provide maintenance services key to our U.S. Army customer." (More: <u>www.army-technology.com/news/aecom-contract-military-us-army</u>)





Defense Bill to Fund Pay Raise for Military, Civilian Personnel

The \$738 billion defense spending bill signed into law by President Donald J. Trump funds the largest pay increases in a decade. According to Defense officials, service members and Families will benefit from a \$19.5 billion increase of the Defense Department's 2019 funding, including a 3.1% pay raise for military and civilian personnel and paid parental leave for civilians. "This is a well-deserved pay raise for the men and women of the military, who continue to make great sacrifices for the nation as they stand watch all over the world to protect America," Defense Secretary Dr. Mark T. Esper said. "It will also ensure that we

continue to recruit our country's best talent into the armed forces." The fiscal year 2020 budget gives the DOD a \$622.6 billion base budget, \$70.6 billion for overseas contingency operations and \$1.8 billion in emergency funding. The overall defense budget also includes funding in separate authorizations for military construction and \$8.1 billion in emergency defense funds. Esper said the new bill also supports taking care of military Families. Included in the law are: programs to offset the costs of professional licenses for military spouses; reforms to privatized base housing; and provisions to increase childcare capacity on military installations -- including \$110 million across the services for child care programs. "These are all very important to the readiness of the force and follow through on our commitment to take care of our service members and their Families," the secretary said. (More: www.army.mil/article/231392)

Esper: U.S. Continues to Deploy, Reposition Troops in Middle East

The United States continues to deploy and reposition troops throughout the region of Iraq and Iran to bolster U.S. security and force protection and to be prepared for any contingency, Defense Secretary Dr. Mark T. Esper said. "Over the last several days, I've had many conversations with our partners and allies about the situation in Iraq and the region," the secretary told reporters at an impromptu Pentagon news conference today. "It's been uniform support for our position and our actions, and I continue to convey to them the importance we continue to place on the defeat-ISIS position," Esper said of the U.S. drone attack that killed

Gen. Qassem Soleimani, the head of the Islamic Revolutionary Guard Corps' elite Quds Force, one of the most powerful figures in the region. Deterring Iran from its bad behavior and standing up to that behavior has been going on for 40-plus years, the secretary added. "And ... we remain prepared for any contingency with regard to Iran," he said. (More: www.defense.gov/explore/story/Article/2051305)

Adaptation Is Key to Determining Network Resilience in Cyberattacks, Study Finds

A new study shows that traditional markers of a computer network's resilience are not solely effective in determining its ability to accomplish missions. Researchers from the U.S. Army Combat Capabilities Development Command's Army Research Laboratory partnered with Virginia Tech to develop a suite of network adaptation strategies designed to maintain services in a resource-constrained environment--networks under cyberattacks. "Simply having network connectivity does not imply that a network can provide the services it needs," said Dr. Terry Moore, Army researcher. "A key result of this work is showing that typical measures of performance for network







resilience do not apply to mission-oriented or task-service networks. We mathematically prove that without consideration of the resources or task priority, network connectivity is not a sufficient measure for determining mission success." A new approach could lead to stronger Army computer networks that are tougher when facing a cyberattack, researchers said. (More: www.army.mil/article/231380)

Army Introduces Weld Automation for Next Generation Combat Vehicles

To prepare for the future battlefield, the Army has defined a concept for its next generation of combat vehicles. These vehicles, encompassing a family of new platforms, will have advanced capabilities to ensure continued overmatch against adversaries for decades and beyond. Enhanced survivability is critical for these vehicles, and will be enabled by improved designs, materials and manufacturing processes. Today, combat vehicle hulls are typically fabricated from thick armor plates that are manually welded together. Numerous weld passes are required at each weld seam, so



it can take several days to weld together a base vehicle hull. While advanced welding technologies to reduce the number of weld passes have been tested and proven, many are deemed too hazardous to be performed by hand. To improve the quality of combat vehicle weldments and reduce fabrication time, the U.S. Army Combat Capabilities Development Command Manufacturing Technology program funded a project to develop a robotic manufacturing cell to automate heavy weld operations for combat vehicles. (More: www.army.mil/article/230801)

Army Civilian Corps Creed

The Army Civilian Corps Creed defines the purpose and role of the Army Civilian. The Army Civilian Corps Creed was codified when Army Civilian Corps was established in 2006 by the Secretary of the Army and Chief of Staff of the Army. This formalized a 230-year record of service as a critical component of the total Army force structure. Since its establishment, Army Civilians have taken an ever-increasing role as Army leaders. As of May 30, 2019, the Army Civilian Corps Creed was revised to add an additional role of leadership to the existing stability and continuity roles that Army Civilians perform on a continuous basis. This revision is consistent with the existing doctrine, ADP 6-22, Army Leadership.

Army Civilian Corps Creed

- I am an Army Civiliana member of the Army team.
- I am dedicated to our Army, Soldiers, and Civilians.
- I will always support the mission.
- I provide leadership, stability, and continuity during war and peace.
- I support and defend the Constitution of the United State and consider it an honor to serve our Nation and our Army.
- I live the Army values of loyalty, duty, respect, selfless service, honor, integrity, and personal courage.

The Army is investing in civilians by ensuring professional development and training, and providing leadership opportunities for civilians. Army Civilians will continue to serve the nation as one team of trusted Army Professionals, united by the vision to win in a complex world. They are and will always be an enduring, dedicated, and critical part of the fight. The establishment of the Army Civilian Corps as part of the Army profession has strengthened Army readiness. Army Civilians have and will continue to fulfill a vital role within the Army team. (More: www.army.mil/standto/archive_2020-01-03)

Garrison Director of Human Resources Tuesday Closures Begin

The Garrison Director of Human Resources began closing each Tuesday afternoon from 12 p.m. to close of business effective Jan. 7. The CAC/ID office and the entire MPD is already closed on Tuesday therefore no change in their hours. Employee Assistance Program (EAP) counselors will still be available to respond to emergency calls during office hours by calling the their EAP HELP Line, 309-782-4357.

Eagle Watching on the Mississippi River

Every year tens of thousands of people flock to the Mississippi River to take part in Bald Eagle Watches. They have come to catch a glimpse, perhaps for the first time, of our national symbol. Up to 2,500 bald eagles winter along the Mississippi near the lock and dams. Turbulence created below the dams provide open water and a smorgasbord of stunned fish for eagles to feast upon. In addition, the wooded bluffs that overlook the Mississippi are excellent habitat for roosting and an increasing number of cases nesting. Bald Eagle Watches occur throughout January and February, but eagles can be seen from mid-December through early March. It all depends on the weather. As warm weather arrives, most eagles will begin

their journey back north to northern Minnesota, Wisconsin, and Canada to prepare for the nesting season. (2020 USACE Eagle Watching Events:

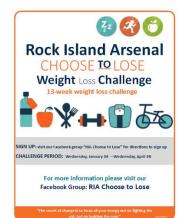
www.mvr.usace.army.mil/Missions/Recreation/Mississippi-River-Project/Education/Eagle-Watching)

RIA Choose to Lose Weight Loss Challenge

Do you have a New Year Resolution to lose weight? Maybe a resolution to exercise more? Join the RIA Choose to Lose weight loss challenge this January. Here's how – all RIA personnel are invited to participate in the RIA Choose to Lose Challenge endorsed by the Commanders Ready and Resilient Council (CR2C) and promoted by the Heath Promotion and Fitness Group. The start date (initial weigh-in) will take place **Jan. 8 and 9** (check with your command POC); and the end date (final weigh-in) will take place **April 8 and 9** (check with your command POC). This island-wide "Choose to Lose" challenge is a 13-week weight loss challenge. Each command will have its own point of contact. Winners will be determined by the largest proportionate weight lost (percent of body weight lost) at the end of the 13 weeks. For example, a 200-pound person who lost 10 pounds lost 5.0% of their weight. A 150-pound person who lost 10 pounds

lost 6.7% of their weight. Participants' starting and ending weights will be determined at the initial and final weigh-ins respectively. Weekly weigh-ins will be held every Wednesday or Thursday (check with your command POC). The weekly weigh-ins are not mandatory to win the challenge, but are highly encouraged. To win prizes you must weigh-in at least once a month. Numerous studies show that people who regularly weigh themselves at least once a week lose more weight than those who do not. There are three ways to participate:

- A team of 3-5 people
- As an individual
- Both on a team and as an individual



To sign up please visit the Choose to Lose SharePoint site by copying and pasting the link below into your web browser. You must choose your email certificate to access the site. The choose to lose site:

<u>https://asc.aep.army.mil/sites/g1/G1HRI/Wellness/C2L/SitePages/Home.aspx</u> Find your command's POCs and weigh-in locations/times at the Choose to Lose site above.

Financial Peace University (FPU)

The 11:30 a.m. - 1:30 p.m. and 6-8 p.m. class is now full. Make 2020 the year you get out of debt. Nine sessions towards paying off debt, budgeting, saving money, and giving generously.

- Lunchtime and evening classes run simultaneously.
- Open to all Service Members, Government Civilians, and their Spouses.
- Meeting Times: 11:30 a.m. 1:30 p.m. (now full) or 6-8 p.m. (now full)
- Meeting Dates: Jan. 8, 15, 22, 29; Feb. 5, 12, 19; March 4; April 8
- All meetings are at the Baylor Conference Room unless otherwise directed by the instructors.
- Sign up now, space is limited. Make freedom from debt your New Year's resolution.

Brought to you by the ASC and First Army Unit Ministry Teams. Enroll through the Rock Island TEDs system or through email at <u>lakeithia.m.thomas.mil@mail.mil</u>. Send us an email if your spouse plans to attend: <u>lakeithia.m.thomas.mil@mail.mil</u>

Blood Drives, New Location in Building 333

The Mississippi Valley Regional Blood Center is hosting a blood drive in in Building 333, next door to Outdoor Recreation, on **Jan. 10 & 17**, 10 a.m. -1:30 p.m. If you would like to donate at this blood drive, feel free to email <u>bhancock@mvrbc.org</u> with the time you'd like to schedule, or call their Donor Center at 563-359-5401; you may also log on to <u>www.bloodcenterimpact.org</u> and use code 029 to locate the blood drives.

Charlie Corpuscle says, "For the Jan. 10 drive donors will be able to select a \$10 gift card as a Thank You for giving blood!

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information: www.militaryblood.dod.mil.

Still Time to Contribute Through CFC; Campaign Ends Jan. 12

The mission of the CFC is to support and to promote philanthropy through a voluntary program that is employee-focused, cost-efficient and effective in providing all federal employees the opportunity to improve the quality of life for all. The charities you support through the CFC focus on people, animals and environments that really need help - including the hungry, homeless, sick, elderly, children and families in need. They may be your relatives, friends, neighbors or co-workers. They may be down the street, across the country or across the globe. CFC is the world's largest and most successful annual workplace charity campaign, with CFC campaigns throughout the country and internationally to help to raise millions of dollars each year. Pledges made by



federal civilian, postal and military donors during the campaign season support eligible non-profit



organizations that provide health and human service benefits throughout the world. The CFC was started in 1961 by President John F. Kennedy and is the only authorized solicitation of employees in the federal workplace for charitable organizations. Go Green and make your pledge online - How? 1. https://cfcgiving.opm.gov/welcome

If you prefer to use a paper pledge form let me know and I will provide you with one. And thank you for considering CFC as your pathway for giving back to a cause that you care about. RIA CFC POC: Matthew Kopel, Outreach Coordinator Oversight Chairman, Midwestern Combined Federal Campaign, 309-782-7888, <u>matthew.j.kopel.civ@mail.mil</u>. Visit our Local CFC Website at https://midwesterncfc.org

VIOS Schedule for January, February

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **Jan. 13-17** and **Feb. 10-14**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the Visual Information Ordering Site for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the VIOS site <u>https://vios.army.mil</u> for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 90, Basement, Room B11). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available



digitally. Additional prints can be ordered in VIOS. All scheduled dates can be found on the RIA VIOS website <u>https://vios.army.mil</u>. Contact us for help: 309-782-2843.

ASC Sergeant Audie Murphy Club Induction Ceremony

Command Sgt. Maj. Marco A. Torres cordially invites you to attend a Sergeant Audie Murphy Club Induction Ceremony in honor of Sgt. First Class Jeremy T. Garrison and Sgt. First Class Charles L. Miller II, on **Thursday, Jan. 16**, at 1 p.m., in Heritage Hall, Building 60. Uniform will be military – OCPs; civilian – business.

HR Training for Supervisors

The Human Resources Training for Supervisors Course affords Military and Civilian supervisors/managers of Army civilians the administration skills necessary for management and basic supervision. The Rock Island Civilian Personnel Advisory Center offers a face-to-face training environment. The course contains lessons that are mandated by the National Defense Authorization Act of 2010 that include: civilian human resources life cycle, classification, staffing/recruitment, discipline and adverse actions, employee relations, performance management, leave administration, and labor relations. Dates for FY 20 are: **Feb. 3-6**; **May 4-7**; and **Aug. 10-13**. Registration is available through CHRTAS. Please note, this course does not take the place of the mandated on-line Supervisory Development Course. Point of contact is Gretchen Leigh, 309-782-2090 or <u>Gretchen.a.leigh.ciiv@mail.mil</u>.

3rd Annual Patriot Derby Challenge

Join us for the 3rd Annual Patriot Derby Challenge on **Saturday, Feb. 15**, 10 a.m. -3 p.m., at the WQPT - WIU Moline Campus, 3300 River Drive, in Moline. The event is free, weigh-in starts at 10 a.m., entry closes at 10:30 a.m. - racing begins at 11 a.m. Who can race - any Scout (yes, any scout) and veterans of the United States military. There will be food and refreshments available. For more information, please call Shane at 309-755-3260 or <u>shane.kern@va.gov</u>.

Arsenal Attic Thrift Shop

Did you know the Arsenal has a Thrift Shop? Come visit us in Building 60, NW corner, in the Basement. The Shop is open on Tuesdays and Thursdays, and the third Saturday of each month from 9 a.m. -3 p.m. We are open to the public. As an employees on Arsenal Island, you can also consign merchandise. We make it easy... volunteers will tag and price your items for you. And, of course, your donations are always appreciated. We have a 24-hour donation box outside the door to the Thrift Shop for your convenience. All our monies go toward community grants in the Quad Cities and provide scholarships for family members associated with the Rock Island Arsenal. Like us on Facebook: Arsenal Attic Thrift Shop; visit our website https://riawc.com/arsenal-attic. Note: The Arsenal Thrift Shop is sponsored by the volunteers from the Rock Island Arsenal Welcome Club (RIAWC). The RIAWC is a private, not for profit, non-federal entity. It has no governmental status and is not part of the Department of Defense or any of its components.

Emergency Leave Transfer Program to Assist Federal Employees Affected by **Hurricane Dorian**

If you are interested in donating annual leave, complete OPM Form 1638 and submit to the Civilian Personnel Advisory Center, Builling104, no later than Tuesday, April 21. You must state on the 1638 which Emergency Leave Transfer Program you are donating to. If you have any questions contact the CPAC at 309-782-2430. This initiative has been directed by the President. The POC is Jaime Slocum at 309-782-2430. OPM Form 1638:

https://www.opm.gov/forms/pdf_fill/opm1638.pdf

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — Contents of the Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. — Boozie's Bar and Grill: Boozie's Bar and Grill in downtown Davenport is offering a 15% discount on your food with a valid ID to all active military, reserves, retirees, and veterans of the United States Armed Forces. Just ask the server for your discount. Zeke's Island: Visit Zeke's Island Cafe at 842 Middle Road, in Bettendorf and receive \$2 off your order. Just show your Arsenal badge. You may also order online at zekesislandcafe.com enter 21375 for your discount. Downtown Davenport's Bad Boy'z: The downtown Davenport's Bad Boy'z, located in the River Music Experience building, 131 W 2nd Street, is offering a \$1 off lunch buffet (normal pricing \$7.25 with a water \$9.25 with a soda) \$6.25/\$9.25 for anyone working on the Arsenal. Lunch buffet runs from 11 a.m. to 2 p.m., Tuesday through Friday. All you can eat pizza, salad, soup, and tacos. Mention the "arsenal discount" to get the offer. Urban Farmhouse Moline: Stop in our Moline location and show your badge to receive 10% off your purchase – 1209 4th Ave. inside the Element hotel; open Tuesday – Saturday, 10 a.m. - 5 p.m. Antonella's II: Offering a 20% discount to all military services active or reserves, seniors and their immediate families on all menu items (must have ID). We are located at 421 river drive, in Davenport. We take reservations for large parties, please call at 563-324-9512. Our hours are Mondays – Closed; Tuesday-Wednesday 4-9 p.m.; Thursday – 11 a.m. – 2 p.m. and 4-9 p.m.; Friday-Saturday 11 a.m. - 10 p.m.; and Sundays - 11 a.m. - 8 p.m. QC Wellness Group: Come in for discounted chiropractic care for you, and your family. This offer is valid to all active duty, reserves, and veterans. We are located at 2220 E 53rd Street in Davenport. Call us today to book your appointment at 563-355-3100, restrictions can apply. Sundown Mountain Resort: Offering a military discount of 30% off lift tickets and rentals. Valid for active duty, Reserve, National Guard,

retired service members, and their immediate families; located at 16991 Asbury Road, Dubuque, Iowa. **Bayside Bistro**: Offering a 10% discount to active, retired, reserve and National Guard members and government civilians on all menu items. We're located in the Village of East Davenport, 1105 Christie Street, Davenport; open Tuesday-Friday, 9 a.m. - 7 p.m.; Saturday, 7 a.m. - 7 p.m.; Sunday; 7 a.m. - 3 p.m., Mondays (off). **R.I.A. Federal Credit Union**: Arsenal employees, get \$25 when you open up a new member checking and savings account at our branch in Bldg. 61. Active duty members and veterans, thanks to our partnership with Military Cost Cutters, you can get \$100 when you open a new member checking and savings account with us. Download the Military Cost Cutters app, show proof of military status, and you can get \$100 deposited into your account. **New Life Chiropractic Clinic**: All Arsenal Island military and civilian employees will receive a 10% discount off its services located at 2500 18th Street in Bettendorf. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products*.



Repair Building 170 Water Main

Effective July 29, the Directorate of Public Works began a project to repair the water main servicing Building 170 and other area buildings. The initial and primary work is directly around Building 170, but the overall work area will include South Avenue to Beck Avenue and Gillespie Street to East Street. The work includes excavating for new water main's, valves and hydrants. Traffic will be limited to one lane at times. Signage and barricades will be located to warn and direct traffic. Short-term water outages and boil orders are expected in the work area. Separate notifications will be provided prior to any additional water outages. The project is scheduled to be completed by **April 2020**, weather dependent.



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Army Recovery Care Program: Different Name, Mission the Same

The Army Warrior Care and Transition Program name has officially changed to the Army Recovery Care Program with the publication of Headquarters Department of the Army Executive Order 048-20. The name change reflects the restructuring of the program to update policy and procedures, to simplify entry criteria, streamline processes and focus resources to foster an environment at the unit

level that will serve individual Soldiers' unique needs. While the name may be different, the mission of the Army Recovery Care Program remains the same: to provide quality complex case management to the Army's wounded, ill and injured Soldiers. "Supplementing the rebrand, 'Recover and Overcome' is our new motto," said Col. Curtis Douglass, U.S. Army Medical Command, Deputy Chief of Staff, ARCP. "More than a motto, these words acknowledge that every step towards recovery requires formidable determination, and our program is here to provide the support and resources essential to overcome." (More: www.army.mil/article/231295)

New Entrance Test to Increase Soldier Quality, Reduce Attrition

A new military entrance exam is now being given to Army recruits to predict performance, behaviors, attitude, and attrition of potential Soldiers. The pilot program is designed to see how the Army can get best-fit recruits, even in jobs that require slightly higher standardized test scores than the applicant achieved. The three-year pilot study authorized by the Department of Defense is for a talent management tool known as the Tailored Adaptive Personality Assessment System, or TAPAS. The TAPAS accession pilot will evaluate the use of personality testing to supplement the Armed Forces Qualification Test, known as the AFQT, or Armed Services Vocational Aptitude Battery, known as ASVAB. (More: www.army.mil/article/231249)

Active Duty Out Processing Levy Brief

Out Processing Levy Brief schedule – this briefing is designed to provide you with access to the information and resources you need to complete your permanent change of station move. Service members that are put on assignment will sign up for the next available briefing. Spouses are encouraged to attend with or without their sponsor and should bring a power of attorney in case specifics need be discussed or coordinated. Upcoming Levy Brief date:

- Feb. 13, ACS Training Room, Building 110
- May 14, ACS Training Room, Building 110
- June 11, ACS Training Room, Building 110
- Aug. 13, ACS Training Room, Building 110
- Nov. 12, 2020, ACS Training Room, Building 110

Time: 9:30 a.m. – 12 p.m. To register call MPD at 309-782-1526 or sign up in TEDs using keyword "Levy Brief."

Safety Spotlight Company Strong

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The top priority of the installation safety office is to safeguard and protect service members, their families, civilian employees and Army property as well as to create the safest workplace and living environment possible. Website:

https://home.army.mil/ria/index.php/about/Garrison/safety-office

Slip, Trip, and Fall at Rock Island Arsenal

Based on data gathered from the Preliminary Incident Notification Report (PINR), a centralized incident notification system at Rock Island Arsenal (RIA), slip, trip, and fall on the same or different level, is the most reported incident at RIA year-round. Unsafe conditions like weather, slippery surfaces, uneven terrain, debris in the path of travel, poor lighting, and at-risk behavior

such as overconfidence, lack of situational awareness, and unsafe act were among the contributing factors identified in many of the slip, trip, and fall cases. Reports from incident and accident investigation also revealed hidden hazards and other factors that may have contributed to the incident. For example, potholes or depressed area in the parking lot, sidewalk and walkways are not easily seen underneath the snow. Pedestrians walking by may lose their balance, or worst, slip and fall, as these spotty areas can hold water, which can freeze under right conditions. Slip, trip, and fall incidents at RIA clusters during the cold months, with most occurring in the month of January, inside and outside the building, particularly in the parking lots, sidewalks or walkways, stairwells, lobbies, and hallways. Injuries from slip, trip, and fall varies, as do their severities. In most cases, individuals who have slipped, tripped, and fallen pops back-up with minor injuries. In other cases, treatment beyond first aid is needed and the individual may lose time away from work because of their injuries. What you can do to reduce your risks and those of others from slipping, tripping, and falling:

- Employ risk management.
- Inform others of the hazards and control measures they can take.
- Timely report identified hazards, unsafe conditions, and incidents to your supervisor.
- Notify your safety team of the incident via PINR.
- Contact your safety team for assistance and or accident prevention tools and resources.



The Equal Employment Opportunity (EEO) program formulates, directs, and sustains a comprehensive effort to maximize human potential to ensure fair treatment for military personnel, family members, and civilians without regard to race, color, gender, religion, or national origin, and provide an environment free of unlawful discrimination and offensive behavior. Garrison EEO office hours: 8 a.m. – 4 p.m.; 309-782-1488; Website: https://home.army.mil/ria/index.php/about/Garrison/equal-employment-opportunity-program

Dr. Martin Luther King, Jr. Birthday Observance

First Army's Equal Opportunity Office invites the Rock Island Arsenal workforce to the Dr. Martin Luther King, Jr. Birthday Observance to be held on **Tuesday, Jan. 14**, at Heritage Hall, Building 60, 1-2 p.m. The guest speaker will be East Moline Mayor, Reggie Freeman. To sign up for the Dr. Martin Luther King, Jr. Birthday Observance in TEDs use keyword "2020MLKJ." For additional information or accommodations please contact Sgt. First Class Lisa Robinson at 309-782-9269 or Sgt. First Class Babatunde Akala at 309-782-3021. This event is open to the public, if you are unable to sign up in TEDs, you can sign up at the event. The observance of the birthday of Martin Luther King, Jr. was established by Public Law 98-144. This national day of service is celebrated on the third Monday in January. The theme for this event does not change each year. Dr. Martin Luther King Jr. Day is a U.S. federal holiday marking the birthday of Rev. Dr. Martin Luther King Jr. It is observed on the



third Monday of January each year, around the time of King's birthday, Jan. 15. This year, the

Martin Luther King Jr. Day of Service will be recognized on Jan. 20. In the eleven-year period between 1957 and 1968, King traveled over six million miles and spoke over twenty-five hundred times, bringing protest and action wherever there was injustice. The national recurring theme of this holiday is "Remember! Celebrate! Act! A Day On, Not A Day Off." It calls upon the American people to engage in public service and promote peaceful social change. Dr. King's unfinished movement toward equality can be achieved by our united, enduring efforts. While others were advocating for freedom by "any means necessary," including violence, Dr. King used the power of words and acts of nonviolent resistance, such as protests, grassroots organizing, and civil disobedience to achieve seemingly-impossible goals. He is the only non-president to have a national holiday dedicated in his honor, and is the only non-president memorialized on the National Mall in the Nation's Capital. In 1964, at 35 years old, Dr. Martin Luther King Jr. became the youngest person to win the Nobel Peace Prize. He was assassinated on April 4, 1968 in Memphis, Tenn.

Army MWR is a quality-of-life program that directly supports readiness by providing a variety of community, Soldier, and family support programs, activities and services. Included in MWR are social, fitness, recreational, educational, and other programs and activities that enhance community life, foster Soldier and unit readiness, promote mental and physical fitness, and generally provide a working and living environment that attracts and retains quality for U.S. Army Soldiers, Family members, Retirees and its civilian workforce. Visit the MWR website at https://rockisland.armymwr.com for information on all MWR programs. How is MWR doing? Tell us by going to https://ice.disa.mil, navigate to ''Rock Island Arsenal'' and search ''MWR'' for a full listing of all our programs and services.

Affordable and Reliable Auto Repair at the Auto Service Center

The Auto Service Center is here for all your vehicle repair needs: As the calendar rolls into 2020 your vehicle model year just got another year older and as they tend to do, parts wear out and break and you may find yourself needing a trustworthy and fairly priced mechanic to keep you rolling down the road. Well look no further, the Auto Service Center, located in Building 351 is here to support all your auto repair needs. Whether its regular maintenance like oil changes, tire rotations and brakes or troubleshooting the squeaks, clunks and thumps that threaten to leave you stranded on the side of the road, give us a call at 309-782-8631 for an appointment. We also offer convenient on island pick up and drop off service where you can park your car on the morning of your appointment, leave your keys in the visor and we'll pick it up from your parking lot, perform the service and have it back to your parking space by quitting time. How easy is that? Call the Auto Shop at 309-782-8631 for more information and to schedule an appointment.

Now Booking Special Events at the Lock & Dam Lounge

Have you been to the Lock and Dam Lounge recently? We've been busy completing bright new renovations and A/V upgrades and are ready to host all your special events/meetings. We have several room options to fit gatherings of varying sizes and offer catering through Treat America and bar services through MWR to put the finishing touch on your events. Whether you're looking for space to host business meetings, retirement parties, family reunions or any other type of get-

together, our professional and courteous staff will be happy to provide the space and service to make your event great. For rental policies and more information and call Cathy at 309-782-6319 to book your event.

3-on-3 Double Elimination Basketball Tournament

Do you have what it takes to dominate the hardwood? Get a couple friends **Saturday, Jan. 11**, 9 a.m. – 3 p.m., at the Fitness Center, and get signed up for the 3 on 3 double elimination basketball tournament. Cost is \$45/team, tournament starts at 9 a.m. and will run until we crown a champion. Call the Fitness Center at 309-782-3034 for more info or to sign up.

2020 MWR Health Fair: Wellness Rocks

Join us **Wednesday, Feb. 12**, at the Fitness Center for our 2020 MWR Health Fair: Wellness Rocks, 10 a.m. -2 p.m. Rock Island Arsenal's annual MWR Health Fair is a great place to gather all kinds of health related information and resources. More than 70 local businesses and organizations will fill the Fitness Center and be ready to provide you with a myriad of good information regarding your health plus lots of freebies and giveaways. Call 309-782-6789 for more information.

Indoor Island Oasis Available at Fitness Center

This time of year we get lots of questions from customers concerned about their favorite island lunch spot, the Island Oasis Grill, and I'm happy to report that no, the Island Oasis Grill hasn't closed up shop, we've just moved to our winter home inside the Fitness Center Lobby. We're still here serving a delicious quick serve lunch menu Monday through Friday from 11 a.m. to 1 p.m. so stop in to the Fitness Center lobby in Building 67 and Chef James will be happy to make you a tasty and quick bite to eat like our Wednesday special, Gyros for just \$3.50 each! Placing a large order for the entire office? Call ahead at 309-782-2805 and we'll have it ready to go when you get here.

RV Storage Lot Spaces Available

Outside vehicle storage is offered in a secured, access controlled lot. Patrons can store campers, boats, personally owned vehicles and more. Fees for outdoor storage spaces are \$30/month and with no contract you can store with us for as little or as long as you need. For more info and to reserve your spaces, call Outdoor Recreation at 309-782-8630.

Patronage Expansion Implementation

Starting Jan. 1, 2020, DOD and the Department of Homeland Security (DHS) are expanding instore commissary, Military Service exchange, and MWR retail facility use to Purple Heart recipients, former prisoners of war, veterans with service-connected disabilities rated less than 100 percent by the Department of Veterans Affairs (VA), and caregivers or family caregivers enrolled as the primary caregiver for veterans in the VA Program of Comprehensive Assistance for Family Caregivers. This provision also lists Medal of Honor recipients and includes veterans with 100 percent service-connected disabilities, both of which are already authorized broader patronage benefits within DOD policy. Implementation of this patronage expansion applies only to the newly specified groups. As provided for in Section 621 of the John S. McCain National Defense Authorization Act for Fiscal Year 2019, and codified into law at Section 1065 of Title 10, United States Code, DOD is launching this Jan 1, 2020. The patronage expansion working group comprised of key stakeholders from DOD, Department of Homeland Security, and Department of Veterans Affairs has been working out the details of credentialing, access, ops, IT.

Food Options Available On Rock Island Arsenal

- 1. Cafeteria located in Building 212
 - Open Monday Thursday, 5:30-9 a.m. and 10:30 a.m. 12:30 p.m.
 - Serve made to order breakfast items as well as breakfast grab and go items. Lunch offers a Salad bar, made to order deli sandwiches and grill items, pizza and a daily hot entree.

2. Cafeteria located in Building 350

- Open Monday Friday, 6-9 a.m. and 10:30 a.m. 1 p.m.
- Serve made to order breakfast items as well as breakfast grab and go items. Lunch offers a salad bar, made to order deli sandwiches and grill items, pizza and a daily hot entree.
- 3. Food Court located in Building 60
 - Open Monday Friday, 6-9 a.m. and 10:30 a.m. 1 p.m.
 - Serve made to order breakfast items as well as breakfast grab and go items. Lunch offers a salad bar, made to order deli sandwiches and grill items, pizza, Mexican and a daily hot entree. Building 60 offers a Starbucks coffee bar also.
- 4. Island Oasis located inside Building 67 (October-March) and on the lawn of Building 67 (April October)
 - Open Monday Friday, 11 a.m. 1 p.m.
 - Inside serves a variety of sandwiches, salads, soups, an occasional hot item, chips and deserts.
 - Outside serves a variety of grill items, cold sandwich choices, salads, chips and deserts.

Arsenal Island Clubhouse Closure

The <u>Arsenal Island Clubhouse</u> food, beverage, and entertainment services ended on June 28. Please continue to use the <u>Island Oasis Café</u> <u>& Grill</u> at Building 67, open Monday-Friday, 11 a.m. – 1 p.m., and the <u>Lock & Dam Lounge</u> in Building 60, open Wednesday and Thursday, 3-7 p.m., for your food, beverage, and entertainment needs. The Rock Island Arsenal Golf Club was founded in 1897 by Captain (later Colonel) Stanhope Blunt, who then served as Arsenal commander. The current clubhouse was built in 1906 after the original was destroyed by



fire. The golf course was granted its license by Secretary of War William Howard Taft in 1905.



We offer substantial discounts on tickets to local attractions, concerts, amusement parks and regional bus trips to exciting destinations. Check with us first for all your entertainment needs, we can save you money. Office Hours: Monday through Friday, 9 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. (email: anna.winters@us.army.mil) (website: https://rockisland.armymwr.com/programs/leisure-travel-office)

Quarters One Paranormal Investigation

Join us for our Quarters One Paranormal Investigation at Quarters One on **Saturday**, **Jan. 11**, and **Saturday**, **Jan. 25**. Doors open at 5 p.m., and historian will provide interesting information on

Quarters One at 6 p.m. The Illinois Paranormal Research team will follow after and the hunt is on. Beverages and light refreshments will be provided. Only 30 spaces available per event. Must be 18 years of age or older. No alcohol permitted. Cost is \$25 per person. To reserve your spot call MWR Leisure Travel Office at 309-782-5890.

January Craft Class

Join us for our January Craft Class on **Thursday, Jan. 16**, 5-7 p.m., in the Lock & Dam Lounge dining area. MWR Leisure Travel Office is offering a craft class to help get you ready for Valentine's Day. The craft is two cards, a Hershey nugget caddy, and the decorated heart tin, 10 people maximum, \$20 per person. Please RSVP with payment to Leisure Travel at 309-782-5890.

A Day in Galena

Join us for A Day in Galena on **Saturday, Jan. 25**; we depart from the Moline Visitor Control Center at 8 a.m. with our return trip taking place in departing Galena at 2:30 p.m. There are only 10 seats for this trip, \$30 per person. Contact the MWR Leisure Travel Office at 309-782-5890.

MWR Valentine's Day Bazaar

Join us for our MWR Valentine's Day Bazaar on **Thursday, Feb. 13**, in Heritage Hall, Building 60, 9 a.m. - 1 p.m. If you're looking for last minute gifts for that special someone stop on by and see what our returning vendors will have available.

Chicago's Comic & Entertainment Expo 2020

Join us for Chicago's Comic & Entertainment Expo 2020 on **Saturday, Feb. 29**; we depart from the Moline Visitor Control Center at 7 a.m. with our return trip taking place in departing Chicago at 4:30 p.m. There are only 10 seats for this trip, \$40 per person. Contact the MWR Leisure Travel Office at 309-782-5890.

Circa 21 Dinner & Playhouse: Kinky Boots

Join us **Saturday, Feb. 29**, at the Circa 21 Dinner & Playhouse for Kinky Boots. Doors open at 5:45 p.m. Charlie Price has reluctantly inherited his father's failing shoe factory. Trying to live up to his father's legacy and save his family business, Charlie finds inspiration in the form of Lola, a fabulous drag queen in need of some sturdy stilettos. This joyous musical celebration is about the friendships we discover and the belief that you can change the world when you change your mind. With elaborate costumes, exhilarating choreography and a truly moving and powerful story, Kinky Boots will have you dancing in your seat and discovering why, sometimes, the best way to fit in ... is to stand out. MWR Leisure Travel has discounted seats on sale until Feb. 15. \$49.75 per person.

Monster Jam

This. Is. Monster Jam! The most action-packed motorsports experience for families in the world today returns to Moline for another high-octane weekend featuring the ultimate mix of high-flying action and four-wheel excitement at the TaxSlayer Center on **Saturday and Sunday, May 16 and 17**. The Party in the Pits starts at 4:30pm and goes to 6 p.m. on Saturday and 10:30 a.m. to 12 p.m. on Sunday. The party in the pits gives fans the opportunity to get a view of the trucks up close and meet the drivers of the massive Monster Jam trucks. *No pit party entry after 5:30 p.m. on Saturday and 11:30 a.m. on Sunday. MWR Leisure Travel has discounted seats on sale until **Monday, April 27**; \$23, \$28, \$33, \$38, \$15 pit passes.

Harlem Globetrotters

On sale now... the world-famous Harlem Globetrotters will bring their new "Pushing the Limits" World Tour to Moline at the TaxSlayer Center on **March 22** at 2 p.m. Globetrotters' fans will experience even bigger moments and memories, including a live world record attempt at each game. This show features a blend of hilarious hijinks and incredible basketball skills including ball handling, high flying dunks, and a new record-breaking attempt. The Harlem Globetrotters are a one-of-a kind experience putting a new spin on family time. You won't want to miss these memories worth repeating, so get your ticket today. Discounted tickets available through the MWR Leisure Travel Office until March 9 at \$36.50, \$44, and \$44.50 and magic bands for \$15.

WWE Live

The WWE Live returns to the Quad Cities for the first time in 2020 to the TaxSlayer Center on **Sunday, March 29**, at 7 p.m. See your favorite WWE superstars live... the Miz vs universal champion "The Fiend" Bray Wyatt in a universal championship match. Plus Roman Reigns, Braun Strowman and The New Day; and many more. Card is subject to change. MWR Leisure Travel has discounted tickets for Section 115, rows 89 and 10, at \$43.50 per person. On sale until March 9.

Quad City Storm Discount Tickets

MWR Leisure Travel Office has \$20 seating vouchers for \$18 to all home games to the Quad City Storm. For more information give the office a call at 309-782-5890. The Quad City Storm is a professional minor league hockey team that began play in the 2018–19 season as a member of the Southern Professional Hockey League. The team is based in the Quad Cities area of Illinois and Iowa, with home games at the TaxSlayer Center in Moline. The team replaced the ECHL's Quad City Mallards.



Quarters One Still Available For Private Events

Autumn is here and the holiday season is fast approaching – what better location to host your office party or other private event than at the majestic and historic Italianate-style mansion of Quarters One. Historical Quarters One is a 1870s era beautiful mansion that is perfect for many different types of events. Please contact the FMWR Leisure Travel Office at 309-782-5890 for more detailed information or to make your reservations. Quarters One (also known as Building 301) is the former residence of the highest-ranking officer on the Rock Island Arsenal. At 51 rooms and 21,965 square feet, when it was still used as military quarters, it was the second-largest federal residence in the United States, behind the White House. Work begun on Quarters One under General Thomas S. Rodman in May 1870 and was completed in 1872 under Major Flagler. The home was built for the purpose of providing quarters for the highest-ranking officer as well as providing space for official gatherings and functions. The first major gathering held in the residence was in 1871 for the funeral of General Rodman. Over the years, many dignitaries and notable personalities stayed at the residence including Charles Lindbergh in 1927 and King Carl XVI Gustav and Queen Silvia of Sweden in 1996. In 2006, the Army decided to discontinue its use as a residence. The last occupants, Maj. Gen and Mrs. Robert M. Radin, left in 2008.

Choice Hotels

Need lodging for the night or for vacation? Choice Hotels has more than 3,500 participating hotels worldwide. Stay with a Choice Hotel and save every time. Go to <u>www.choicehotels.com</u> and enter ID#0023054 to save 15% on your stays.

Leisure Travel Has Discount Tickets on Theme Park Fun

Are you headed to Florida for Disney World or Universal Studios fun? Staying closer to home and looking for deals on Six Flags tickets? The Leisure Travel Office in Building 333 should be your first stop. With deep discounts on tickets to all these great parks, we can save you some money. Call Leisure Travel at 309-782-5890 for more info and to book your tickets.



Child & Youth Services provides a full range of child care programs and services for children ages six weeks through senior year in high school. Services include full-day, part-day, hourly, pre-k, school outs, summer programming, sports and fitness, and instructional classes. All CYS programs/facilities will be closed all federal holidays, CYS CDC/CD Home/FCC staff inservice day and any other additional days/installation closures approved by the garrison commander. Fees will not be reduced, refunded, or prorated for these days. (Website: <u>https://rockisland.armymwr.com/categories/cys-services</u>) (Facebook: <u>www.facebook.com/RIACYSS</u>)

Teen Homework Enrichment Program

Attention teen parents – CYS has a new program for teens! Studies have shown that the time of day youth begin to engage in risky behaviors is between the hours 3-6 p.m. when they have an empty and parent-free home. It is the mission of Child & Youth Services reduce the conflict between mission requirements and parental responsibilities. Our goal is to provide programs and services for children and youth which enable learning, encourage positive choices, and foster the development of positive self-concept and the feeling of acceptance. CYS has a new homework enrichment program for 6th-12th grade youth. Teens enrolled in this program will be provided a snack, homework assistance, and the opportunity to engage in a variety of activities with friends after school in our "teens only" room. There is no cost for the program and free bussing from Bettendorf and Pleasant Valley High Schools, Bettendorf Middle School, and Pleasant Valley Junior High to the program will be provided each afternoon for those enrolled. There is no minimum participation requirement, and youth enrolled in the program will have access throughout the school year. Youth must register with CYS to participate. To register call Parent Central Services at 309-782-2165.

RIA Teen Council

Date Change for the RIA Teen Council meetings! The RIA Teen Council will now be meeting held on the first Tuesday of the month from 5-6 p.m. at the School Age Center, Building 150. We hope our teen leaders will join our RIA Teen Council. We are looking for youth leaders interested in planning our teen program and events, earning service learning / volunteer hours, making new friends, and learning new skills such as marketing, budgeting, and event planning. Participating on the Teen Council also looks great on scholarship, college, and job applications. The Teen Council is open to all Arsenal affiliated youth grades 6-12. Youth do not have to register to participate, just come join us on the first Tuesday each month. For more information call 309-782-6515 or 309-782-0814.



Army Community Service is an Army-wide community, social service program that provides services that assist Soldiers, Family members, and Department of the Army civilians maintain readiness, develop self-reliance, resiliency and stability. U.S. Army Installation Management Command provides these services through a network of programs that support goals related to recruitment, retention, morale, and operational readiness of the force. ACS on RIA is located in Bldg. 110, 1st floor SE; visit our ACS website

<u>https://rockisland.armymwr.com/programs/army-community-service</u> or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here: <u>www.facebook.com/RIAACS</u>. 24/7 Domestic Violence Crisis Line: 309-912-6089.

RIA Volunteer Advisory Council Meeting

This meeting is designed to provide a platform for the Installation to collaborate efforts, share information, and ideas, and discuss issues revolving around Volunteering. The meeting is held quarterly. If you would to attend an upcoming council meeting please contact ACS. Upcoming Council Meetings:

- April 7
- July 6
- Oct. 6, 2020

The meetings will be held from 9-10 a.m. in the ACS Training Room, 1st Floor, in Building 110. R.S.V.P. Required: to sign up contact ACS at 309-782-0829.

Newcomers Orientation

Offered the 4th Thursday of every month January to October. This is an all-day event that provides an opportunity to learn about the services available on RIA and learn about the Quad City Region we will call home. This is great way to get familiar with your resources and the area.

- Jan. 23
- Feb. 27
- March 26
- April 23
- May 28
- June 25
- July 23
- Aug. 27
- Sept. 24, 2020
- Oct. 22, 2020

The day consists of briefings from 8-11 a.m., Lunch 11 a.m. - Noon, Island Tour Noon-1:30 p.m., Quad City Tour 1:30-4 p.m. Light breakfast items (on site) and lunch at Building 60 cafeteria are provided courtesy of our sponsors RIA Federal Credit Union and USAA. R.S.V.P. required to sign up contact ACS at 309-782-0829. This event has a maximum and minimum participation requirement.

Volunteer Pot Luck Social Night

Calling all volunteers and volunteer supervisors. Come and take part in a night to socialize with other volunteers across Rock Island Arsenal. The event is an informal potluck open to anyone who volunteers in a Rock Island Arsenal activity and the volunteer supervisors. Bring a dish to share and take advantage of a chance to meet new people and hear about what other volunteers are doing across the Installation. If you are interested in becoming a volunteer on Rock Island Arsenal, please contact Army Community Service at 309-782-0829.

- March 12
- Sept. 10

Location: Caisson Room, Building 60 Time: 5:30-8 p.m.

Relocation Assistance Coordinating Committee

This meeting is designed to provide a platform for the Installation to collaborate efforts, share information, and ideas, and discuss issues revolving around Relocation to and from Rock Island Arsenal. The meeting is held Bi-Annually. Upcoming Council Meetings:

- April 9
- Oct. 8, 2020

Time: 10-11 a.m. Location: Building 110; 1st floor, ACS Training Room R.S.V.P. required; to sign up contact ACS at 309-782-0829

Overseas Orientation

Are you taking an assignment in an overseas location? Let Army Community Service Relocation Assistance programs provide you with a country specific brief that includes information on the PCS process, travel requirements, entitlements, and things you need to know before you go and much more. The orientation is offered monthly on the first Tuesday of the month starting at 9:30 a.m. Spouses are highly encouraged to join. R.S.V.P. is required. To sign up contact ACs at 309-782-0829.

Face to Face Sponsorship Training

Sponsorship is the key to a smooth transition and proper unit integration. Sponsorship is available to both military and civilian entities. A well informed and well equipped sponsor has the ability to support unit readiness during a time of turnover and transition. Good sponsors have the ability to set a positive tone for unit moral and support. Army Community Service offers face to face sponsorship training that provides sponsors with the tools necessary to perform their sponsorship duties efficiently and effectively. The training is offered monthly on the first Friday of the month in the ACS Training Room. R.S.V.P. is required. To sign up contact ACS at 309-782-0829. Unit training is available upon request.

MWR Outdoor Recreation Office



Outdoor Recreation is your one-stop rental shop for all your outdoor adventures, special events, home maintenance and repair. No matter the season, we have the equipment to get you out into the great outdoors. From skis and snowboards to campers and

canoes, we have you covered. Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Bldg. 333, Phone: 309-782-8630. (email: <u>robert.l.lampert.naf@mail.mil</u>), Website: https://rockisland.armymwr.com/programs/outdoor-recreation

RV Storage Lot Spaces Available

Outside vehicle storage is offered in a secured access controlled lot. Patrons can store campers, boats, and personally owned vehicles and more. Fees for outdoor storage spaces are \$30/month and with no contract you can store with us for as little or as long as you need. For more info and to reserve your spaces, call Outdoor Recreation at 309-782-8630.

Cargo Trailers

Are you moving your kids back from college or changing residence? To help make this move easier Outdoor Recreation has cargo trailers available for your use. Please call 309-782-8630 for more information or to make your reservation.

Special Event Equipment

Do you have a special event coming up? Outdoor Recreation has party canopies, tables, chairs, charcoal grills, backyard games and bounce houses to help ensure the success and fun of your event. Please call 309-782-8630 for more information or stop by Outdoor Recreation any time Monday through Friday from 8:15 a.m. to 4 p.m. and our staff will gladly show you all of the items available.



The ASAP/EAP is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. The ASAP/EAP promotes healthy lifestyles. Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal. ASAP/EAP is located in Bldg. 56, 1st floor; visit our ASAP/EAP website https://home.army.mil/ria/index.php/my-fort/all-services/army-substance-abuse-program or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. Find us on Facebook click here: www.facebook.com/RIAEmployeeAssistanceProgram.



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Army Continuing Education System (ACES) is the Army's method for delivering educational opportunities to Soldiers that remediate, develop, and enhance skills needed for present and future jobs. The Army Continuing Education Division (ACED) promotes lifelong learning, readiness and resilience through flexible and relevant education programs, services and systems in support of the Total Army Family. The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 8 a.m. – 3:30 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. Please visit our website to learn more: <a href="https://https//https/

There are no announcements at this time.



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The Rock Island Commissary, <u>www.commissaries.com/shopping/store-locations/rock-island-arsenal</u>, and the Exchange, <u>www.shopmyexchange.com/exchange-stores/United%20States/IL/Rock%20Island/Rock-Island-Arsenal-9999912</u>, are for active duty military and retirees only (soon to include veterans with service-connected disabilities and others – see details). There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you. Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information here: <u>www.commissaries.com/shopping/store-locations/rock-island-arsenal</u>. For information on this and other Commissaries, visit: <u>www.commissaries.com</u> (Facebook: www.facebook.com/YourCommissary)

If you would like to be placed on our email contact list to receive periodic information on events happening at your Rock Island Arsenal Commissary, please email us at: rockisland@deca.mil and type 'Subscribe' in the subject line.

Exchange Extends Return Policy for Holiday Shopping Through Jan. 31

Military shoppers have no need to fret if they get that perfect gift in the wrong size or receive the same gift twice—the Army & Air Force Exchange Service is extending its return policy for the holiday season. Shoppers will have until Jan. 31 to return items purchased Nov. 1 through Dec. 24 with a sales receipt. (More: www.dvidshub.net/news/350930)

Arsenal Archive

Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sundays and Mondays, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. (website: <u>www.arsenalhistoricalsociety.org</u>) (Facebook: <u>www.facebook.com/RIAMuseum</u>)

EVAC Project - Experiencing Veterans & Artists Collaboration

Come in and check out our new exhibit at the Rock Island Arsenal Museum, EVAC Project - Experiencing Veterans & Artists Collaboration, which opened Dec. 14 and runs through **Saturday**, **Feb. 15**. Using storytelling and art, EVAC (Experiencing Veterans & Artist Collaboration) Project bridges the gap between civilians and veterans by educating the public about military life. EVAC curators interviewed veterans about their experiences, and artists made an edition of prints based on their interpretation of those stories. The prints are exhibited with excerpts from the interviews. As always, admission to the Museum is free.



WWI Lecture Series: Causes of WWI

Join us for WWI Lecture Series: Causes of WWI on **Wednesday**, **Jan. 15**, 6-7 p.m., in the Rock Island Arsenal Museum. Discover the causes of World War I and the impact unrestricted submarine warfare had on the war. All visitors to the Arsenal will need to obtain a visitor's pass at the Visitor Control Center adjacent to the Moline Gate (23 Prospect Drive, 61265)

WWI Lecture Series: Europe at War & the Zimmerman Telegram

Join us for WWI Lecture Series: Europe at War & the Zimmerman Telegram on **Thursday, Feb. 20**, 6-7 p.m., in the Rock Island Arsenal Museum. Beginning in 1914 into 1917 the major European powers clashed across a front hundreds of miles long. Soon, vast networks of opposing trenches would dominate what would be known as the Western Front. Meanwhile, a secret diplomatic communication sent by Arthur Zimmerman from the German Foreign Office to Mexico was intercepted by the British. The telegram proposed a military alliance between Germany and Mexico against the United States. The interception of the Zimmerman Telegram would change the course of the war. All visitors to the Arsenal will need to obtain a visitor's pass at the Visitor Control Center adjacent to the Moline Gate (23 Prospect Drive, 61265)

WWI Lecture Series: Stalemate on the Western Front

Join us for the WWI Lecture Series: Stalemate on the Western Front on **Wednesday, March 18**, 12-1 p.m., in the Rock Island Arsenal Museum. The fight on the Western Front turned into a stalemate by 1915 and would remain largely unchanged for two more years. Join us to learn about this period during World War I when the war descended into a war of attrition. All visitors to the Arsenal will need to obtain a visitor's pass at the Visitor Control Center adjacent to the Moline Gate (23 Prospect Drive, 61265)

Healthbeat 💔

Achievements in 2019 Provide Strong Foundation for Year Ahead

2019 was nothing less than historic for the Military Health System. In the midst of one of the largest organizational transformations in the U.S. military, medical forces continued raising the bar to advance health care outcomes for patients and increase readiness levels in support of military operations around the world. During his Dec. 5 remarks at the 2019 annual meeting of the Society of Federal Health Professionals, known as AMSUS, Tom McCaffery, the assistant secretary of Defense for Health Affairs, commended the dedication and commitment of the system's more than 200,000 active duty, Reserve and Guard, civilian and contract medical professionals and support staff. "... Everyone with a role or stake in the MHS is already engaged in significant change in our enterprise, and so I want to say thank you. Thank you, because I know you have felt the changes already under way in our system, you have helped inform those changes, and most importantly, you have taken action to make them real," McCaffery told an audience of nearly 1,000. "I know how dedicated each and every one of you is to our medical enterprise, and I'm grateful for your passion and your commitment to our system's mission. And we're going to need to rely on that dedication and commitment, because change is going to continue. Just like the military as a whole will need to be dynamic to adapt to the ever-changing security environment, the MHS will need to continue to evolve and adapt in order to meet the changing requirements of the combatant commands and the military departments," McCaffery said. (More:

https://health.mil/News/Articles/2019/12/23/Achievements-in-2019-provide-strong-foundation-foryear-ahead)



Blue Water Navy Vietnam Veterans Act Claims Now Being Determined

The U.S. Department of Veterans Affairs (VA) will begin deciding claims for the Blue Water Navy Vietnam Veterans Act of 2019 at 12:01 a.m., Philippine Standard Time, Jan. 1, 2020. The Philippines is the farthest east VA regional benefits office. The Act extends the presumption of herbicide exposure, that include toxins such as Agent Orange, to Veterans who served in the offshore waters of the Republic of Vietnam during the Vietnam War. Signed into law June 25, the law specifically affects Blue Water Navy (BWN) Veterans who served no more than 12 nautical miles offshore of the Republic of Vietnam between Jan. 6, 1962 and May 7, 1975, as well as Veterans who served in the Korean Demilitarized Zone (DMZ) between Jan. 1, 1967 and Aug. 31, 1971. These Veterans can now apply for disability compensation and other benefits if they have since developed one of 14 conditions that are presumed to be related to exposure to herbicides. Veterans do not need to prove that they were exposed to herbicides. The specific conditions can be found by searching the term "Agent Orange" on <u>www.va.gov</u>. (More: www.va.gov/opa/pressrel/pressrelease.cfm?id=5381)

VA Receives High Marks for Communicating With the Public

The U.S. Department of Veterans Affairs (VA) received an "A" grade in November from a nonpartisan organization that evaluates the ability of federal agencies and businesses to communicate clearly with the public. In its 2019 Federal Report Card, the Center for Plain Language recognized the excellent "writing quality" of VA's online resources and singled out VA's suicide prevention resource site as an "exemplary urgent help page." "This recognition validates our laser focus to provide Veterans quality customer service," VA Secretary Robert Wilkie said. "Generating timely and clear communication about VA's suicide prevention programs, as well as information on other vital benefits for Veterans, is among our highest priorities." (More: www.va.gov/opa/pressrel/pressrelease.cfm?id=5380)

New Service Available on Rock Island Arsenal

The local Veterans Administration (VA) outreach representative for 16 counties in Iowa and Illinois, Shane Kern, will be at RIA twice a month to provide transitioning Soldiers (active duty, Reserve, and National Guard), Family members and area veterans easy, predictable access to VA services. Starting this spring, a state-of-the-art Mobile Vet Center will provide worldwide resources to veterans and transitioning Soldiers. During the winter months, please stop by to visit Kern near the USO in the ACS Office in Building 110, 1st Floor. Upcoming VA visits scheduled:

• Friday, Jan. 24: 9 a.m. – 3 p.m.

Appointments are not required. For more information, please contact Kern at his office at309-755-3260; cell 319-541-1036 or <u>Shane.Kern@va.gov</u>.

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An interactive version of Around the Q.C. is now available at: www.facebook.com/groups/275103093432020

Once you have joined you can see a listing a the Facebook events people have posted to the group at: https://www.facebook.com/groups/275103093432020/events

<u>Jan. 10-12</u>: Bald Eagle Days (QCCA Expo Center, Rock Island) More: <u>www.qccaexpocenter.com</u> <u>Jan. 18</u>: Icestravaganza (Freight House, downtown Davenport) More: <u>www.downtowndavenport.com</u> <u>Jan. 19-21</u>: QC Farm Equipment Show (QCCA Expo Center, Rock Island) More: <u>www.qccaexpocenter.com</u> <u>Feb. 1</u>: Winter Carnival (Family Museum, library, park, and Life Fitness Center, Bettendorf) More: <u>www.bettendorf.org</u>

Feb. 14: Valentine Walk (Watchtower Lodge in Black Hawk State Historic Site in Rock Island) More: www.blackhawkpark.org

 Feb. TBA:
 Moeller Nights Festival (Rust Belt, East Moline) More: www.moellernights.com

 Feb. 13-16:
 Outdoor Adventure Show (QCCA Expo Center, Rock Island) More: www.qccaexpocenter.com

 Feb. 21-23:
 RV & Camping Show (QCCA Expo Center, Rock Island) More: www.qccaexpocenter.com

 Feb. 21-23:
 RV & Camping Show (QCCA Expo Center, Rock Island) More: www.qccaexpocenter.com

 Feb. 24-March 1:
 Quad Cities Restaurant Week (30+ restaurants in the greater Quad Cities) More: www.qcrestaurantweek.com

 March 12-15:
 Missouri Valley Conference Women's Basketball Tournament (TaxSlayer Center) More: www.mvcquadcities.com

<u>March 13</u>: Gathering of the Clan Luncheon (RiverCenter, Davenport) More: <u>www.stpatsqc.com</u> <u>March 14</u>: St. Patrick's Parade (Downtown Rock Island and Davenport) More: <u>www.stpatsqc.com</u> <u>March 18-21</u>: Gathering of the Green (RiverCenter, Davenport) More: <u>www.gatheringofthegreen.com</u> <u>March 27-29</u>: QCCA Flower and Garden Show (QCCA Expo Center, Rock Island) More: <u>www.gccaexpocenter.com</u> <u>May 2</u>: Tour de Brew QC (Bicycle ride to different breweries and establishments in the Quad Cities) More: <u>www.qctourdebrew.com</u>

May 2: Village in Bloom: Festival of the Arts (Village of East Davenport) More: www.villageinbloom.org May 9-10: Beaux Arts Fair (Mississippi Valley Fairgrounds) More: www.beauxartsfair.com May 24-25: Heritage Days (Walnut Grove Pioneer Village) More: www.scottcountyiowa.com May 25: Quad Cities Kwik Star Criterium (Village of East Davenport) More: www.guadcitiescriterium.com June TBA: BE Downtown/Chalk Arts Fest (Downtown Bettendorf) More: www.bettendorf.org June 1-6: Quad Cities Senior Olympics (greater Quad Cities) More: http://gcsogo.org June 5-6: Rhubarb Festival (Aledo, Illinois) More: www.aledomainstreet.com June TBA: Gumbo Ya Ya: (Downtown Rock Island) More: www.downtownrockisland.org June TBA: Pioneer Days (Colonel Davenport House, Rock Island Arsenal) More: www.davenporthouse.org June 6-14: Quad Cities Museum Week (Greater Quad Cities) More: www.gcmuseumweek.com June 21: Ride the River Bike Ride (Davenport Riverfront) More: www.riveraction.org June 19-21: Planet Funk Con – Comic-Con (TBK Bank Sports Complex) More: www.planetfunkcon.com June TBA: Quad City Air Show (Davenport Municipal Airport) More: www.guadcityairshow.com July 3: Red, White & Boom! (Rock Island and Davenport) More: www.redwhiteandboomgc.org July 4: Firecracker Run & Parade (East Moline) More: www.emmainstreet.com July 3-4: Bettendorf Old-Fashioned 4th of July (Bettendorf) www.bettendorf.org July TBA: Mississippi Valley Blues Festival (TBA) More: www.mvbs.org July 6-12: John Deere Classic PGA Tour (TPC Deere Run, Silvis, Illinois) More: www.johndeereclassic.com July 11-15: Mercer County Fair (Fairgrounds, Aledo, Illinois) More: www.mercercountyfair.org July 9-11: Walcott Truckers Jamboree (Iowa 80 Truckstop, Walcott, Iowa) More: www.truckersjamboree.com July 14-18: Rock Island County Fair (East Moline) More: www.rockislandfair.org July 24-25: Downtown Street Fest (Downtown Davenport) More: www.downtowndavenport.com July 25: Bix 7 Run/Walk (Downtown Davenport) More: www.bix7.com July 30-Aug. 1: Bix Beiderbecke Memorial Jazz Festival (Rhythm City Casino Resort, Davenport) More: www.bixsociety.org Aug. 1: Heartland British Auto Fest (LeClaire Levee) More: www.qcbac.com Aug. 4-9: Great Mississippi Valley Fair (Mississippi Valley Fairgrounds) More: www.mvfair.com Aug. 8: Village Wine Walk (Village of East Davenport) More: www.villageofeastdavenport.com Aug. 13-15: Tug Fest (LeClaire, Iowa and Port Byron, Illinois) More: www.tugfest.org Aug. TBA: Ya Maka My Weekend (Downtown Rock Island) More: www.downtownrockisland.org Aug. 14-15: Quad Cities Balloon Festival (Iowa-side Quad Cities – location TBA) More: www.quadcitiesballoonfestival.com Aug. 15: Freedom Fest (East Moline) More: www.emmainstreet.com Aug. 15: Floatzilla (Sunset Marina, Rock Island) More: www.floatzilla.org Aug. TBA: Quad City Symphony Riverfront Pops (LeClaire Park, Davenport) More: www.qcso.org Aug. TBA: World Series of Drag Racing (Cordova International Raceway) More: www.racecir.com Aug. 22-23: Farm Days (Village of East Davenport) More: www.villageofeastdavenport.com Aug. 27-30: Alternating Currents Festival (Downtown Davenport) More: www.alternatingcurrentsgc.com Aug. 29: Vettes on the River (LeClaire, Iowa) More: www.visitleclaire.com Sept. 5-6: Rock Island Grand Prix (Downtown Rock Island) More: www.rockislandgrandprix.com Sept. TBA: QCA Heritage Tractor Parade & Show (John Deere Pavilion, Moline) More: www.visitiohndeere.com Sept. TBA: VIVA Quad Cities Fiesta (Location TBA) More: www.vivaquadcities.com Sept. 12-13: Beaux Arts Fair (Davenport) More: www.beauxartsfair.com Sept. TBA: Taming of the Slough (Sylvan Slough) More: www.riveraction.org Sept. TBA: Brew Ha Ha (LeClaire Park, Davenport) More: www.jayceesqc.org Sept. 19-20: Riverssance Festival of Fine Arts (Village of East Davenport) More: www.midcoast.org Sept. 27: Quad Cities Marathon (Downtown Moline) More: www.gcmarathon.org Oct. 11: Apple Fest (Downtown LeClaire) More: www.visitleclaire.com Oct. TBA: Row the Miss Regatta (Mississippi River in Moline) More: www.tworiversymca.org Oct. 29: Fright Night (Schwiebert Park, Rock Island) More: www.downtownrockisland.org Oct. 24: Lagomarcino's Cocoa Beano 5K Race (Village of East Davenport) More: www.lagomarcinos.com Oct. 24-25: Boo at the Zoo (Niabi Zoo, Coal Valley, Illinois) More: www.niabizoo.com Oct. 24: Witches Walk & Costume Parade (Downtown LeClaire, Iowa) More: www.visitleclaire.com

Nov. 21: Festival of Trees Parade (Downtown Davenport) More: <u>www.qcfestivaloftrees.com</u>
 Nov. 21: Lighting on the John Deere Commons (Downtown Moline) More: <u>www.lightingonthecommons.com</u>
 Nov. 29: Christmas Walk (Walnut Grove Pioneer Village) More: <u>www.scottcountyiowa.com</u>
 Dec. 6: 19th Century Christmas (Butterworth Center, Moline) More: <u>www.butterworthcenter.com</u>
 Dec. TBA: Christkindlmarkt Quad Cities (Freight House, Davenport) More: <u>www.christkindlmarktqc.com</u>
 Dec. TBA: Season of Light-Star of Bethlehem (Augustana College planetarium) More: <u>www.augustana.edu</u>

Island Insight

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Col. Stephen C. Marr, Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane, Editor The Army publication, Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of AR 360-1 www.army.mil/usapa/epubs/pdf/r360_1.pdf bu the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Public Affairs, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, *IL 61299-5000.* For submission of announcements to the Island Insight, use the following link: https://home.army.mil/ria/index.php/contact/public-affairs. To send comments email usarmy.ria.imcomcentral.mbx.usag-ria-pa@mail.mil or phone 309-782-1121.