

RUSSELL EGNOR NAVY MEDIA AWARD-WINNING NEWSPAPER



FIVE STAR

SEPTEMBER 29, 2019 WWW.EISENHOWER.NAVY.MIL

AT SEA

WEEKEND EDITION



GROUP SAIL

PHOTOS INSIDE



An F/A-18E Super Hornet, assigned to the "Wildcats" of Strike Fighter Squadron (VFA) 131 launches off the flight deck of the aircraft carrier USS Dwight D. Eisenhower (CVN 69) during a photo exercise to conclude Tailored Ship's Training Availability (TSTA) and Final Evaluation Problem (FEP) as part of the basic phase of the Optimized Fleet Response Plan. Photo by MC3 Marques Franklin.



The aircraft carrier USS Dwight D. Eisenhower (CVN 69) transits the Atlantic Ocean with aircraft from Carrier Air Wing (CVW) 3 during a photo exercise to conclude Tailored Ship's Training Availability (TSTA) and Final Evaluation Problem (FEP) as part of the basic phase of the Optimized Fleet Response Plan. Photo by MC1 Gabriel Kotico.



The aircraft carrier USS Dwight D. Eisenhower (CVN 69) transits the Atlantic Ocean with aircraft from Carrier Air Wing (CVW) 3 during a photo exercise to conclude Tailored Ship's Training Availability (TSTA) and Final Evaluation Problem (FEP) as part of the basic phase of the Optimized Fleet Response Plan. Photo by MC3 Kaleb J. Sarten.



An MH-60S Sea Hawk, assigned to the "Dusty Dogs" of Helicopter Sea Combat Squadron (HSC) 7 flies in front of the guided-missile cruiser USS San Jacinto (CG 56) and the aircraft carrier USS Dwight D. Eisenhower (CVN 69) during a photo exercise with aircraft from Carrier Air Wing (CVW) 3 and ships assigned to Carrier Strike Group (CSG) 10 to conclude Tailored Ship's Training Availability (TSTA) and Final Evaluation Problem (FEP). Photo by MC1 Tony D. Curtis.



**The guided-missile destroyer
USS James E. Williams (DDG 95)**



**The guided-missile cruiser
USS Vella Gulf (CG 72)**



**The Royal Navy Daring-class air-defense destroyer
HMS Dragon (D35)**



**The guided-missile destroyer
USS Stout (DDG 55)**



CARRIER STR



The Royal Navy Daring-class air-defense destroyer Royal Netherlands Navy De Seven Provinciën-class frigate HNLMS De Ruyter (F804)



The guided-missile cruiser USS San Jacinto (CG 56)



The guided-missile destroyer USS Truxtun (DDG 103)



KE GROUP 10

Photos by MC3 Marques Franklin



The guided-missile destroyer USS James E. Williams (DDG 95) and The Royal Navy Daring-class air-defense destroyer Royal Netherlands Navy De Seven Carrier Air Wing (CVW) 3 during a photo exercise to conclude Tailored Ship's Training Availability (TSTA) and Final Evaluation Problem (FEP). Photo (Left) b



Provinciën-class frigate HNLMS De Ruyter(F804) transit the Atlantic Ocean with ships assigned to Carrier Strike Group (CSG) 10 and aircraft assigned to MC1 Gabriel Kotico, Photo (Right) by MC1 Tony D. Curtis.



The aircraft carrier USS Dwight D. Eisenhower (CVN 69), guided-missile cruisers USS San Jacinto (CG 56) and USS Vella Gulf (CG 72), guided-missile destroyer USS Dealey (DDG 921), guided-missile destroyer USS Zumwalt (DDG 105), and Royal Netherlands Navy De Seven Provinciën-class frigate HNLMS De Ruyter (F804) transit the Atlantic Ocean with aircraft from Carrier Air Wing 12, the Optimized Fleet Response Plan.



destroyers USS Stout (DDG 55), USS Truxtun (DDG 103) and USS James E. Williams (DDG 95), Royal Navy Daring-class air-defense destroyer HMS Dragon (CVW) 3 during a photo exercise to conclude Tailored Ship's Training Availability (TSTA) and Final Evaluation Problem (FEP) as part of the basic phase of the exercise. Photo by MC3 Kaleb J. Sarten.

IKE'S TSTA/FEP

SEPTEMBER 2019







The aircraft carrier USS Dwight D. Eisenhower (CVN 69), guided-missile cruisers USS San Jacinto (CG 56) and USS Vella Gulf (CG 72), guided-missile destroyers USS Stout (DDG 55), USS Truxtun (DDG 103) and USS James E. Williams (DDG 95), Royal Navy Daring-class air-defense destroyer HMS Dragon (D35), and Royal Netherlands Navy De Seven Provinciën-class frigate HNLMS De Ruyter (F804) transit the Atlantic Ocean with aircraft from Carrier Air Wing (CVW) 3 during a photo exercise to conclude Tailored Ship's Training Availability (TSTA) and Final Evaluation Problem (FEP).
Photo by MC3 Kaleb J. Sarten.



The guided-missile cruiser USS Vella Gulf (CG 72) and the aircraft carrier USS Dwight D. Eisenhower (CVN 69) transit the Atlantic Ocean with aircraft from Carrier Air Wing (CVW) 3 during a photo exercise to conclude Tailored Ship's Training Availability (TSTA) and Final Evaluation Problem (FEP).
Photo by MC3 Kaleb J. Sarten.

★★★ IKE'S MOVIE PLAYLIST ★★★

September 28

CHANNEL 5

0:44 Rings
2:29 Insidious
4:14 Home Alone
5:59 The Intruder
7:43 Searching
9:27 Eye in The Sky
11:11 Booksmart
12:55 The Edge of Seventeen
14:42 Gifted
16:25 Unforgettable
18:07 Tyler Perry's: A Madea Christmas
19:49 Tangled
21:31 Rough Night
23:13 The Nutcracker and the Four Realms

CHANNEL 6

0:32 Pete's Dragon
2:17 Insidious: The Last Key
4:02 Goosebumps
5:47 Cars 3
7:32 Late Night
9:16 Frozen
11:00 Blockers
12:44 Labyrinth
14:27 CHiPs
16:10 Upgrade
17:52 Toy Story 4
19:34 The Fighting Seabees
21:16 Happy Death Day 2U
22:58 Winchester: The House that Ghosts Built

CHANNEL 7

0:41 Paddington 2
2:26 No Escape
4:11 Get Out
5:56 Ferris Bueller's Day Off
7:41 How to Train Your Dragon 2
9:25 Hell or High Water
11:09 The Sandlot
12:52 Peppermint
14:35 Bad Moms
16:18 Willy Wonka and the Chocolate Factory
18:00 The Sun is Also A Star
19:42 The Perfect Guy
21:24 Finding Nemo
23:06 Burnt

September 29

CHANNEL 5

0:54 The Boy in the Striped Pajamas
2:30 Rocky III
4:11 Ma
5:52 Escape Room
7:33 The Seventh Sign
9:12 National Lampoon's Christmas Vacation
10:51 We Are Your Friends
12:29 The Other Side of The Door
14:07 Nerve
15:45 Daddy's Home
17:23 The Forest
19:00 Peter Rabbit
20:37 Kung Fu Panda 3
22:14 American Pie
23:51 The Visit

CHANNEL 6

0:39 The 15:17 to Paris
2:15 Ouija: Origin of Evil
3:56 Lowriders
5:37 Before I Fall
7:18 The Breakfast Club
8:57 Collateral Beauty
10:36 Traffik
12:14 The Mustang
13:52 Kevin Hart: What Now
15:30 A Dog's Way Home
17:08 The Dark Tower
18:45 Megamind
20:22 Ice Age: Collision Course
21:59 A Bug's Life
23:36 The Hunted (2003)

CHANNEL 7

0:48 Super Troopers 2
2:29 Mechanic: Resurrection
4:10 London Has Fallen
5:51 Monkey Monster
7:31 Smallfoot
9:10 Adrift
10:49 The Perfect Match
12:27 The Bye Bye Man
14:05 Going In Style
15:43 Vegas Vacation
17:20 The Angry Birds Movie
18:57 Masterminds
20:34 Despicable Me
22:11 Wilson
23:47 The Good Dinosaur

Everyone experiences stress, sadness and anxiety. But, if you are feeling **overwhelmed**, **depressed** or **unable to do the things you once enjoyed**, it may be time to assess your emotional health. If you are concerned about yourself or a loved one, take a few minutes to take an anonymous self-assessment.

Screenings:

Individuals:

<https://screening.mentalhealthscreening.org/hyho>

Military and Family:

https://screening.mentalhealthscreening.org/Military_NDSD

Help Yourself. —————
————— Help Others.



I LAUNCH
AND RECOVER
AIRCRAFT...

I
AM
IKE

By protecting Sailors
on the flight deck.

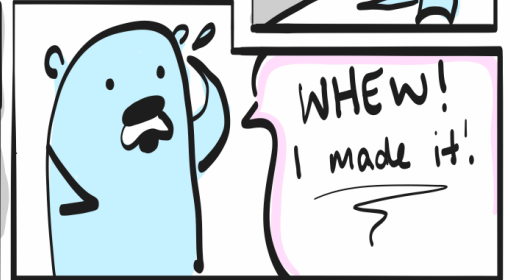
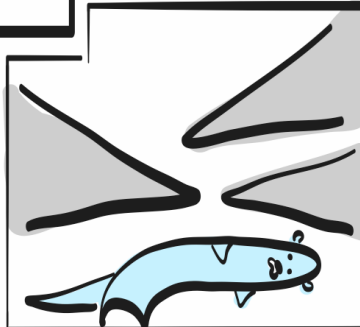
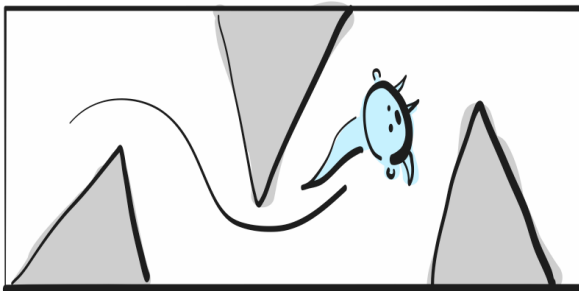
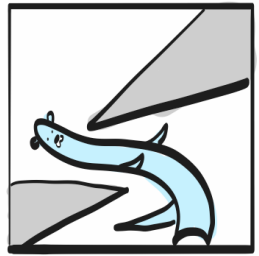
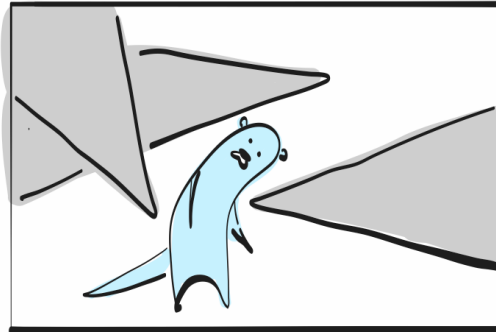
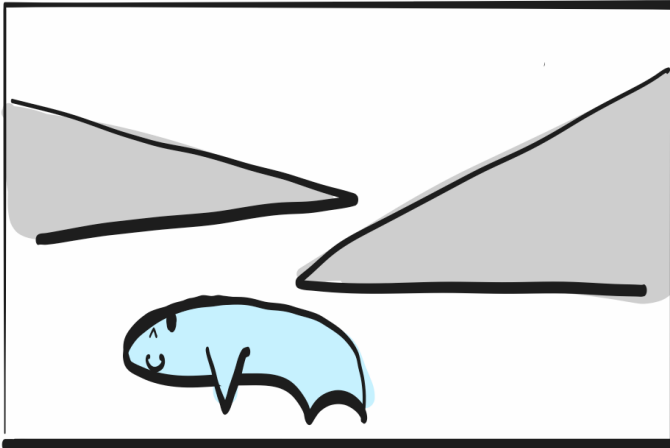
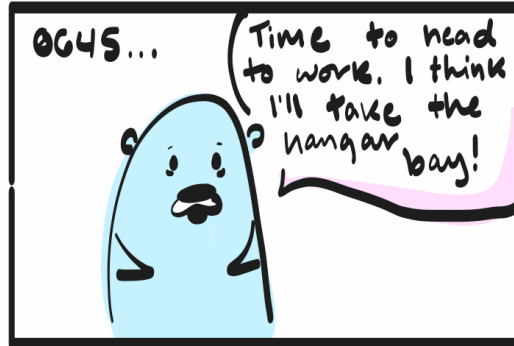
Hospital Corpsman Third Class Manuel Carrillo
MEDICAL



#GREATEREACHDAY



HAPPY BIRTHDAY MONTH!
from Ike Medical
DON'T FORGET YOUR PHA!



BY MC3 DEVIN ALEXONDRA LOWE

NFL FOOTBALL

The aircraft carrier USS Dwight D. Eisenhower (CVN 69) produces 400,000 gallons of fresh water every day. This water is used for drinking, sanitation, cooking, cooling the reactor, making steam to power the ship and the catapults that launch aircraft. #GREATEREACHDAY



Time	CH.	Teams	
1300	28	Tennessee Titans	at Atlanta Falcons
1300	29	Cleveland Browns	at Baltimore Ravens
1300	30	New England Patriots	at Buffalo Bills
1300	31	Kansas City Chiefs	at Detroit Lions
1300	32	Carolina Panthers	at Houston Texans
1300	33	Oakland Raiders	at Indianapolis Colts
1300	34	Los Angeles Chargers	at Miami Dolphins
1300	35	Washington Redskins	at New York Giants
1605	28	Seattle Seahawks	at Arizona Cardinals
1605	29	Tampa Bay Buccaneers	at Los Angeles Rams
1625	30	Minnesota Vikings	at Chicago Bears
1625	31	Jacksonville Jaguars	at Denver Broncos
2020	36	Dallas Cowboys	at New Orleans Saints



USS DWIGHT D. EISENHOWER



MA2(SW/AW) Andrew V. Hochstein

Security/ Operations

From Greenock, Scotland

Joined the Navy November 2003

Reported to Ike November 2017

Advance to MA1

Favorite Ike Movie: Jurassic Park

CVN 69

ON THE COVER:

The aircraft carrier USS Dwight D. Eisenhower (CVN 69) transits the Atlantic Ocean with aircraft from Carrier Air Wing (CVW) 3 during a photo exercise to conclude Tailored Ship's Training Availability (TSTA) and Final Evaluation Problem (FEP). Photo by MC3 Kaleb Sarten.

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RELIGIOUS SERVICES OFFERED ABOARD IKE

SATURDAY SERVICES (IN-PORT/UNDERWAY)

0800 - PROTESTANT COMMUNION SERVICE - CHAPEL
0900 - ROMAN CATHOLIC MASS - CHAPEL
1030 - CONTEMPORARY CHRISTIAN SERVICE - CHAPEL
1700 - LATTER-DAY-SAINTS - CHAPEL
1900 - GOSPEL SERVICE - FIVE STAR CLASSROOM

SATURDAY (UNDERWAY)

1800 - JEWISH SABBATH - CHAPEL

WEEKDAYS (IN-PORT/UNDERWAY)

1100 ROMAN CATHOLIC MASS (MONDAY-FRIDAY) - CHAPEL
1300 - MUSLIM FRIDAY PRAYER (FRIDAY) - CHAPEL
1400 - OFFICER'S BIBLE FELLOWSHIP (THURSDAY) - CHAPEL
1900 - WOMEN'S BIBLE STUDY (WEDNESDAY) - CHAPEL
1800 - PAGAN SERVICE (FRIDAY) - CHAPEL

SERVICES (WEEKLY/IN-PORT/UNDERWAY)

1200 - GOSPEL PRAYER (TUESDAY/THURSDAY) - CHAPEL
1300 - MUSLIM FRIDAY PRAYER (JUMU'AH) - CHAPEL

#GREATEREACHDAY