



THE WASHINGTON SURVEYOR

JULY 29, 2019



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Kearsarge ARG Returns Home after Successful Deployment



THE WASHINGTON SURVEYOR

JULY 29, 2019

USS George Washington (CVN 73)

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Executive Officer



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A special thank you to all those who let us tell your stories to the crew and to the fleet.

The Washington Surveyor is an authorized publication for Sailors serving aboard USS George Washington (CVN 73). Contents herein are not the visions of, or endorsed by the U.S. government, the Department of Defense, the Department of the Navy or the Commanding Officer of USS George Washington. All news releases, photos or information for publication in The Washington Surveyor must be submitted to the Public Affairs Officer.



SAILOR IN THE SPOTLIGHT



ADAN Cubie Williams

HOMETOWN:

Fort Worth, Texas

WHY HE JOINED:

To provide a better future for my son. To ensure I won't be a truck driver and work out of a warehouse. I wanted stability and a solid foundation for my life, which is why I plan to retire as a Master Chief.

FAVORITE PART OF HIS JOB:

I thoroughly enjoy tearing down and building up engines and just the feeling of completing something. The best part about being a Sailor is just experiencing the grind, hard work, and dirty work that comes with moving up the ranks so when I am in a leadership positions, I can ensure I can lead by example.

HOBBIES:

Playing sports, video games, spending time with family, learning new methods to better myself, and hanging with friends.

WHY THIS SAILOR WAS NOMINATED: (PROVIDED BY LCPO)

He is responsible for correcting 280 material condition deficiencies within 157 departmental spaces. He accumulated 170 man-hours with zero rework required, resulting in 98 percent overall passing rate during 36 ship-wide zone inspections. He was responsible for the overhaul and rehab of 42 AIMD spaces, leading to 19 space closeouts three months ahead of schedule. He serves as JEA Social Chairman, led events for the Heritage committee, expended 1,000 off-duty hours as MWR Prize Budget Manager and raising over \$5,000. He has also contributed 15 hours to Norfolk Animal Care and Adoption Center. ADAN Cubie Williams is an exemplary Sailor in all facets of his job. He models what a Sailor should be, on and off duty. Every day he strives to motivate his peers and the chain of command.

GW'S NEWEST WARRIORS



ABE3 (AW) Zachery Pavey

CS2 Emmanuel Victor

ETN2 Jeremy Goodwin

EMN2 Kimberly Felix

MMN2 Alana Valentine



AOAN Eduardo Torres

AN Tristin Noble

BM2 Ryan Perry

IT2 Kenneth Muse

ESWS

COORDINATORS

HMC KNESHA WIMBUSH

CSC JOE MAGRI

EAWS

COORDINATORS

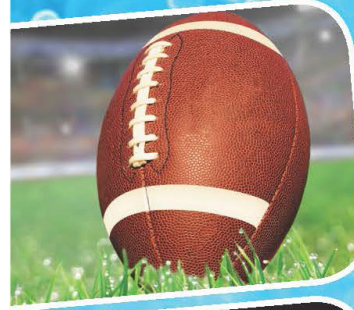
AOC VOLARIO LOTT
CSC JOSE VALENCIA

EIWS

COORDINATORS

ITC XICA JOHNSON
CTT1 NICOLLETTE JEFFERY

HUNTINGTON HALL • LIBERTY



AUGUST EVENTS

Saturday, August 3

**WHITEWATER RAFTING
(RICHMOND)**

Tuesday, August 6

**TRIVIA NIGHT
6 p.m.**

Sunday, August 11

**NATIONAL CHOCOLATE
CHIP DAY
All Day Long**

Wednesday, August 14

**FLAG FOOTBALL GAME
6 p.m.**

At MWR Track and Field

Thursday, August 29

**POOL TOURNAMENT
6 p.m.**

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MEET THE NEW FIT BOSS

Story by MC3 Tatyana Freeman

Photos by MC3 Trey Hutcheson and MC3 Tatyana Freeman

As the Nimitz-class aircraft carrier USS George Washington (CVN 73) reaches the midway point of Captain's Cup, an annual sports competition composed of several challenges encouraging team-building within departments and the command, the architect of these events can be seen evaluating his work at every opportunity, ensuring the smooth operation of the events.

This architect is Ryan Roberts, the command's new Afloat Fitness Specialist,

commonly called the Fit Boss.

"I actually applied [for this job] two years ago, and I got the position two years ago, but I ended up turning down the position to go work for the Marines," said Roberts. "Because I would be stationed at a base, I wouldn't have to worry about deployment, and my wife and I were expecting our first child, so it was a hard choice. I always kept in touch with [human resources] for this position though, and January of this year they asked if I was still

interested, and I said yes. So I got a second chance, and I took it."

Roberts, originally from Greensboro, North Carolina, worked with the Marine Corps first at Marine Corps Air Station Cherry Point in North Carolina, and again at Marine Corps Air Station Beaufort in South Carolina and Marine Corps Recruit Depot Parris Island in South Carolina.

After getting used to the Marine Corps way, Roberts has been quickly adjusting to operating with the Sailors aboard George

Washington.

"This is my first [Navy command], and I love it," said Roberts. "It's a challenge, to say the least. It's not like anything I've ever done before."

As Fit Boss, Roberts is in charge of almost all fitness equipment and activities associated with George Washington.

"The simplest way I can explain it is: I view it as I'm a fitness director," said Roberts. "So I'm in charge of all of the fitness aspects; that could be personal training, group classes, weekly fitness schedules, all the [command fitness leaders], command [physical training], and the Captain's Cup."

Part of his job also includes working in conjunction with George Washington's Afloat Recreation Specialist, known as the Fun Boss, for events.

"We get along great," said Roberts. "Fun Boss is really, really good. He's plugged

in really, really well, and he's been kind of showing me the ropes. I'm very fortunate to have him for sure."

Together, the two hope to improve morale for everyone aboard George Washington.

"My overall goal is to try to improve the quality of life for all the Sailors," said Roberts. "I'm on the more physical side of things, but I believe in a well-balanced program. It doesn't necessarily have to be all physical. It can be spiritual, intellectual, mental; any type of stress relief I want to educate and bring to the table, Anything to help improve overall morale. I'm more strength-conditioned minded, but now being in this position, I'm trying to think outside that box."

Roberts plans on doing more training with command fitness leaders to make sure everyone is provided high-quality approaches to fitness, and is open to any

suggestions about the fitness programs.

"[I'm] listening to what the ship wants," said Roberts. "I'm trying to facilitate whatever you guys need."

During Captain's Cup and throughout the year, Sailors are encouraged to stop by and say hi to George Washington's new Fit Boss.

"I'm here to serve those who serve," said Roberts, "I might stumble, make mistakes, but just know that I'm always here to try to do the best possible job I can do. This is the closest I'll get to serving my country because I have cerebral palsy. To me, this is a gift. Come by and see me if you have any questions. I'm always here [in Huntington Hall] for the most part, in room 262. Feel free to email or call me as well."

Welcome aboard Fit Boss Ryan Roberts!



Command-Managed Equal Opportunity: Formal Complaint Process



You feel you've been mistreated. What can you do?

1

Contact your Departmental CMEO

Departmental CMEOs are the first step in the Equal Opportunity (EO) process. They can help you explore your options and navigate the EO process.

Discuss the Issue

Sit down with your departmental or command CMEO and discuss the options for addressing your grievances. One option is filing a formal complaint with the CMEO.

2

3

File a Formal Complaint

Within 24 hours of filing a formal complaint, the CMEO program manager is notified and the matter is investigated.

Find a Resolution

After the investigation, a determination will be made and a resolution will be implemented.

4

5

Evaluate the Solution

The CMEO program manager will follow up with all parties within 45 days of implementing the resolution to ensure that the solution was effective.

COMMAND-MANAGED EQUAL OPPORTUNITY: OPERATIVES OF CHANGE

Story and graphic by MCSN Jack Lepien

Equal opportunity is an important function in any workplace, and the United States Navy is no exception. Unique to the Navy is the implementation of the Command-Managed Equal Opportunity, or CMEO, program at every command in the fleet.

Today, CMEO functions as an agent for conflict resolution and equal opportunity at every Navy command, including the Nimitz-class aircraft carrier USS George Washington (CVN 73).

While command CMEOs are responsible for the CMEO program at a command level, departmental CMEOs are responsible for the execution of the Equal Opportunity (EO) program on a departmental level. The scope of their duties may be limited to only one department, but this allows a closer, more personal connection between each Sailor and the EO program.

"The EO program supports the ship's mission by strengthening the command climate and ensuring the fair treatment of all sailors," said Chief Aviation Boatswain's Mate (Handling) Anthony Jones, a command CMEO representative aboard George Washington. "That makes for a stronger fighting force because Sailors that enjoy coming to work and like the environment at work are more productive in supporting the mission."

One of the primary functions of the EO and CMEO programs is the ability for Sailors to seek resolution to perceived discrimination.

"The Equal Opportunity program is designed to prohibit discrimination based on race, color, religion, sex, national origin, disability, age, sexual orientation, gender identity, status as a parent, or any other impermissible basis," said Jones.

"EO promotes the full realization of equal employment opportunity through a continuing diversity and inclusion program."

The mission of the EO program and its implementation means a lot to Jones personally.

"EO matters to me because I believe all Sailors should be treated fairly, and they need to feel like they are an important part of this organization," said Jones. "The only way the [George Washington], and the Navy as a whole, will succeed is if we have a properly trained and properly treated crew."

Departmental CMEO representatives focus on supporting their individual department's Sailors.

"My job is to promote an environment free from personal, social, or institutional barriers that prevent service members from rising to the highest level of responsibility possible," said Cryptologic Technician (Technical) 1st Class Nicollette Jeffery, intelligence department's CMEO representative. "I also educate my department in the complaint procedure and process and evaluate CMEO complaints within the intelligence department."

If a Sailor feels discriminated against, they can seek recourse through the CMEO program.

"If you feel you have been wronged, your first step is to talk to your departmental CMEO representative," said Jeffery. "You may file an informal, formal, or anonymous report. The preferred method of filing a formal complaint is by submitting a NAVPERS 5354/2."

NAVPERS 5354/2 is an official Navy report form that allows someone to detail harassment or unlawful discrimination. However, there are also several different routes to seek resolution.

"You can also ask for mediation or training, file a reference form, contact a Navy investigator general, or contact your elected official, like a congressman," said Jeffery. "Regardless of how you want to handle it, your command and departmental CMEOs are here to help and guide you along."

Despite this, some Sailors have incorrect beliefs about the CMEO program.

"Many Sailors choose not to file a complaint because they think there won't be any resolution, or the issue will just be 'swept under a rug,'" said Jeffery. "That is not the case. When someone files a CMEO complaint, that complaint is reported to the command climate specialist or CMEO program manager within 24 hours, either directly from the member or via the chain of command [or] department CMEO representative. After an investigation, a resolution will be implemented."

Regardless of rank or standing, the CMEOs of George Washington stand ready to assist Sailors in need. Sailors interested in submitting a complaint to the CMEO program or becoming a CMEO representative themselves should reach out to their departmental CMEO, the command CMEOs, Jones and Lt. Cmdr. Karla Krasnoselsky, or the command climate specialist, Chief Interior Communications Electrician General Livingston.

Through the efforts of CMEOs and Sailors looking out for other Sailors, commands ensure that the workplace is one conducive to all personnel and one that supports and enhances command and Navy objectives.



ULTIMATE FRISBEE

George Washington held its Ultimate Frisbee tournament on July 16 as part of Captain's Cup. The team of the combined Legal/Training took home the trophy.





MATE BEE

imate Frisbee competition on
. Working together, the players
y/Deck/Navigation/Safety team
first place.

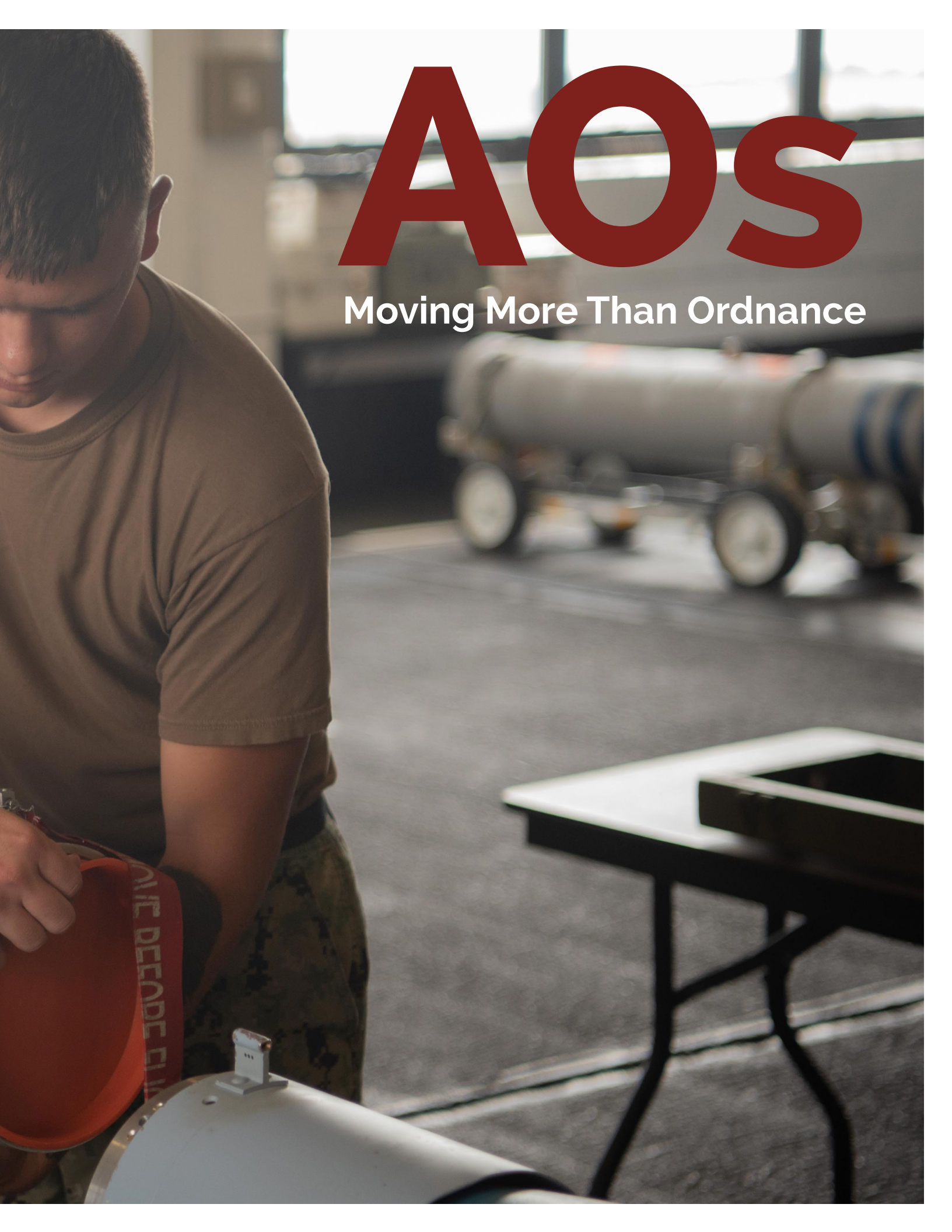




Story and Photos by MCSN Cory J. Daut

AOS

Moving More Than Ordnance





While out to sea, aviation ordnancemen can commonly be found in the hangar bay or the flight deck moving and loading ammunition. During refueling complex overhaul (RCOH) aboard the Nimitz-class aircraft carrier USS George Washington (CVN 73) however, a different task is presented to them. This task includes transporting Sailors from place to place, increasing their in-rate knowledge with training, and helping maintain the ship.

Aviation ordnancemen are staying true to commanding officer Capt. Glenn Jamison's three priorities: production, training, and quality of life. The scope of their work is large, including completing numerous maintenance hours to help production goals, an abundant amount of training to ensure their Sailors are tracking with their career progression, assisting other ships preparing for and on deployment, and coordinating transportation throughout the Hampton

Roads area for more than 2,500 George Washington Sailors.

"We conduct zone inspections, we are doing [ammunition] magazine rehabilitation, and we have a couple of [detachments] coming up," said Aviation Ordnanceman 3rd Class Kayla Griffin, assigned to the G-3 division of weapons department.

This is just part of what they are doing on a day-to-day basis during RCOH. The weapons department also owns many spaces aboard George Washington on which they do maintenance, including the hangar bay elevators.

"There are 221 total spaces that are being refurbished by a minimum crew of weapons department," said Senior Chief Aviation Ordnanceman Jeremy Zulz, the G-1 division leading chief petty officer of weapons department. "What weapons department is doing, is doing more with less right now in RCOH, with half the manning weapons department would

normally have, to get all of these spaces done on time."

In addition, they have many training opportunities. Almost every week George Washington's aviation ordnancemen attend Mobile Ordnance Training Team (MOTT) sessions at the schoolhouse in Norfolk, Virginia. These Sailors also assist other detachments at various trainings throughout Hampton Roads.

According to Senior Chief Aviation Ordnanceman James Cooksey, leading chief petty officer of the G-3 division of weapons department, these trainings help the mission of George Washington, because when it comes time for this ship to go underway, the trainings increase their in-rate knowledge. All of the training aviation ordnancemen, and indeed all George Washington Sailors, are completing while in RCOH is with an eye on future operations. Training and other opportunities help increase the knowledge and experience of the aviation

ordnancemen community throughout the Navy, and helps support the Navy's global mission in an era of increasing great power competition.

"We have supported three detachments over the last six months," said Cooksey. "We have one more coming up in Fallon, Nevada at the world's largest bombing range to support the [USS Dwight D. Eisenhower (CVN 69)]. We are going to support [their] pilots by training them to put bombs on targets, and hopefully stop the bad guys."

In addition to many opportunities to assist other ships in the region, Sailors in the weapons department also support the unique transportation challenges that arise from the home and work situations of an RCOH aircraft carrier. Transportation for George Washington is vital to get Sailors where they need to be on time.

"We take exceptional pride in [transporting] some of the finest Sailors in

the fleet, Aviation Ordnanceman 1st Class Floyd Williams, the transportation leading petty officer.

While in RCOH, George Washington Sailors work in many different locations outside the ship. Aviation ordnanceman and other Sailors working for transportation provide rides for Sailors between these workplaces and other places of duty.

No matter where a Nimitz-class aircraft carrier like George Washington finds itself in its lifecycle, whether at sea, in port, or in an RCOH period, aviation ordnancemen play a crucial role to the success of the command. George Washington's aviation ordnancemen are maintaining their current skills and expanding their repertoire to ensure that when the ship heads back to sea, she is ready to answer the nation's call at a moment's notice.

**"We take
exceptional
pride in
[transporting]
some of the
finest Sailors
in the fleet."**



COMMAND FINANCIAL \$PECIALIST

IN A NUTSHELL



Assist the command in establishing, organizing, and administering the command personal financial management program.

Disseminate financial management information within the command through GMTs, plan of the day or plan of the week notes, newsletters, e-mails, and social media.



Present personal, divisional, and departmental financial management training.

Provide basic personal financial management education, counseling, financial information, and referrals to individual members of the command, upon request.



Refer members with serious financial problems to the appropriate resource or agency capable of providing necessary assistance and counseling (Fleet and Family Support Center, Navy-Marine Corps Relief Society, non-profit consumer credit counseling services, etc.). Maintain contact with the individual and the resource/ counseling agency to monitor progress.

Assist members with the development of extended absence financial plans prior to deployment that cover allotments for monthly expenditures, insurance, and other financial obligations.



Perform financial screenings, ensure Sailors complete a financial planning worksheet, and counsel them on projected living expenses and other financial needs overseas.

Submit quarterly reports to the unit CO and communicate with command leadership on all personal financial management activities and command financial issues and trends.



GEORGE WASHINGTON'S NEW COMMAND FINANCIAL SPECIALIST

Story and Graphic by MC3 Adam Ferrero

A career in the military provides an individual with a stable paycheck and potential for success. Still, there is far more to living a financially stable life than simply receiving a paycheck. George Washington's newest Command Financial Specialist is up to the task of increasing the command's knowledge and experience when it comes to financial matters and providing tips for financial stability.

Chief Machinist's Mate (Nuclear) Preston Pannell, the command financial specialist (CFS) aboard the Nimitz-class aircraft carrier USS George Washington (CVN 73), was assigned to the position in March 2019, bringing with him experience and training beyond the standard qualifications.

"I have taken investment classes," said Pannell. "I've also attended seminars on various methods of investing for retirement and wealth management."

As George Washington's CFS, Pannell has numerous duties he must perform.

"The main responsibilities of a command financial specialist are ensuring Sailors are properly informed of the various ways they can better their financial situation," said Pannell. "I also provide counseling for indebtedness and keep the crew up to date on financial matters affecting their pay."

The CFS also provides financial screenings in certain situations, such as when a Sailor is preparing to transfer to a new command.

"I met with Chief [Pannell] for a financial screening for transfer," said Machinist's Mate (Nuclear) 1st Class Alexander Jacobson, the leading petty officer of George Washington's Reactor Mechanical (RM) 1

Plant. "It went really well. The first thing you do is sit down to establish why you're doing the screening, like for transfer or budgetary purposes. There's different variations of what they have to do for you. We put down my assets, any debt that I had, and regular bills like rent and utilities. Then, we totaled it all up to make sure my debt-to-income ratio was where it should be, and that my living expenses were where they should be in relation to my income."

While discussing finance and crunching numbers may be a daunting task for some, Jacobson knew that he was in good hands.

"It was really good, very simple," said Jacobson. "[Chief Pannell] was really quick and easy to understand when it came to explaining what to put on [the financial planning worksheet] and what that information is used for. It went very smoothly."

Over his few months serving as the CFS, Pannell has already made a difference in the lives of many Sailors.

"I've helped dozens of Sailors with Thrift Savings Plan education, learning about the Blended Retirement System, and providing...financial counseling," said Pannell. "I've been able to help Sailors better their financial landscape."

Pannell's expertise can be of great use to every Sailor, particularly those who are just getting started with their naval career.

"I think that people aren't often taught fiscal responsibility, especially in today's day and age," said Jacobson. "When you look at the average age of a person joining the Navy nowadays, they're probably just out of high school, or maybe a year or two out. They haven't been out in the world

managing money, bills, and expenses much. They're probably not planning for retirement yet either. I think it's good that we have a select group of individuals who can do that for these people that may have not had that training. Everyone was a junior Sailor at one point, and it might be easy to live paycheck to paycheck and not worry because you'll get paid next month. At some point though, you need to stop living that way and start thinking about long-term financial stability. That's what a CFS can really help a Sailor do."

For Sailors in need of guidance, it's important to do so as soon as possible instead of waiting for things to get out of hand. Getting out ahead of any potential financial pitfalls ensures that the issue can be addressed before it becomes too hard to handle.

"Do not suffer in silence or be too proud to ask for help," said Pannell. "If you are having financial woes, reach out to your divisional or departmental CFS to get pointed in the right direction. The Fleet and Family Support Center is another tremendous resource that can help remedy many financial worries as long as you don't wait too long to seek help. Remember, poorly managed finances can impact more than your personal life. You could lose a security clearance or your orders to a new command."

When it comes to managing your financial life, not all Sailors have the same level of skill or expertise. Still, be they a financial wizard or absolute novice, all Sailors can depend on the training and support of their friendly neighborhood CFS.

Kearsarge ARG Returns Home after Successful Deployment

From Amphibious Squadron Six Public Affairs



NORFOLK, Va. (NNS) -- After seven months deployed to the Europe, Africa and the Middle East areas of operation, over 4,500 Kearsarge Amphibious Ready Group (ARG) Sailors and Marines safely returned home July 18 upon completion of a successful deployment.

"The Kearsarge ARG's deployment provided the U.S. Department of Defense with a versatile amphibious force option with forward presence in support of regional partners to safeguard waterways and provide an ability to react to emerging crises," said Kearsarge ARG Commodore Capt. Joseph O'Brien. "To that end, the Kearsarge ARG participated in Operation Deliberate Resolve, Operation Freedom's Sentinel, and multiple other named operations to further security and stability in the Middle East, Europe, and Africa."

According to O'Brien, the mobile, scalable, and self-sustaining nature of the Kearsarge ARG allowed it to perform precision amphibious strikes and support various security cooperation efforts in three geographically separate locations during its deployment.

"Naval forces are inherently flexible and ready to respond to emergent tasking around the globe to provide combatant commanders with critically needed capabilities," said O'Brien. "This ARG's ability to disaggregate forces and operate efficiently and effectively across multiple areas of responsibility during this deployment enabled us to simultaneously fulfill the security requirements of three combatant commanders and that's no easy task. It took a lot of coordination, training, and expertise from the deck plates up the chain of command and I couldn't be prouder of this team."

The deployment afforded the Kearsarge ARG with an opportunity to enhance the

interoperability of Navy-Marine Corps amphibious forces with partner nations and allies through their participation in eight military exercises, including Exercise Alexander the Great, Exercise Sea Soldier, and Exercise BALTOPS 2019. In total, the Kearsarge ARG made port calls to a combined 13 different countries in the Middle East and Europe.

"These were truly unique visits for many of our Sailors and Marines," said USS Kearsarge (LHD 3) Commanding Officer Capt. Jason Rimmer. "Most of them had probably never been to places like Greece, Jordan, United Arab Emirates, or Spain before this deployment — now they can say they've visited all of those places and a few more. I always say that is one of the greatest benefits of joining our military. You get to travel to unique places and gain a deeper appreciation for other cultures, nations, and strengthen relationships with their people through firsthand, meaningful experiences."

There were other unique experiences during the Kearsarge ARG's deployment. Lt. Thomas Hendricks, a naval aviator attached to Marine Medium Tiltrotor Squadron 264, 22nd Marine Expeditionary Unit, embarked aboard the Wasp-class amphibious assault ship Kearsarge, was the first Sailor to fly the U.S. Marine Corps MV-22 Osprey during actual operations.

"There are exciting times and there are frustrating times being the first at anything," said Hendricks, a Navy pioneer of Osprey piloting. "But I think ultimately this will be good for the Navy."

He said that he is proud to be a part of this aviation modernization effort to equip the fleet with the most technologically advanced platforms that more effectively meet operational requirements. Hendricks added the Osprey will eventually replace the C-2A Greyhound as the primary

passenger carrier onboard delivery vehicle for aircraft carriers.

Each Kearsarge ARG Sailor and Marine has his or her own interpretation of what made the deployment a success. For Chief Aviation Boatswain's Mate (Handling) Jaime Valencia, the Kearsarge flight deck leading chief petty officer, it was about the safety and protection of those he led.

"This deployment was definitely successful," said Valencia. "Every time that we are able to bring everyone home unharmed, I call that a success. Our people are our most important asset. And just like I told the division on day one, as long as I can bring everyone home with ten fingers and ten toes, I can consider my job successful."

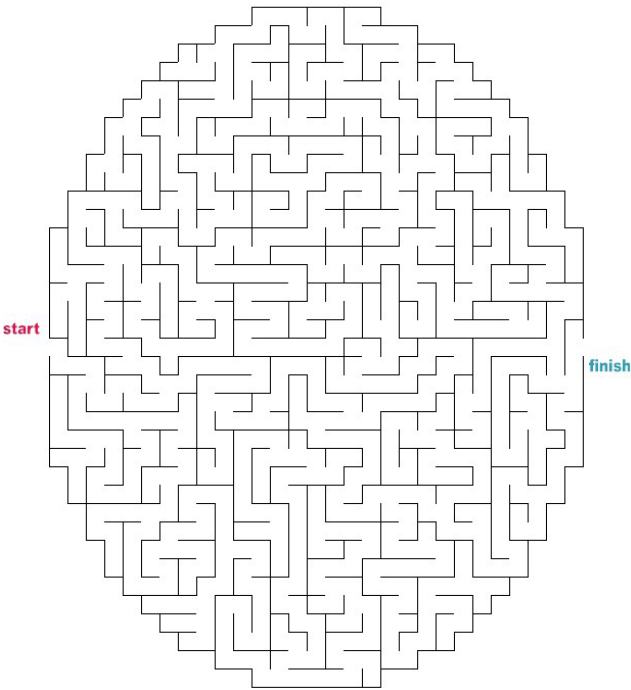
For others, like USS Fort McHenry (LSD 43) Training Officer, Lt. Greg Bryant, it was a chance for his to team to demonstrate current and future readiness.

"The training we were able to accomplish during our deployment, and specifically BALTOPS, will prove important to maintaining our readiness," said Bryant. "I am proud of the way our crew handled every obstacle and challenge we faced during our seven months out to sea."

The Kearsarge ARG consists of the amphibious assault ship Kearsarge, the amphibious transport dock ship USS Arlington (LPD 24), the dock landing ship Fort McHenry, Fleet Surgical Team (FST) 2 and FST 8, Helicopter Sea Combat Squadron 26, Tactical Air Control Squadron 21, components of Naval Beach Group 2 and the embarked staff of Amphibious Squadron 6.

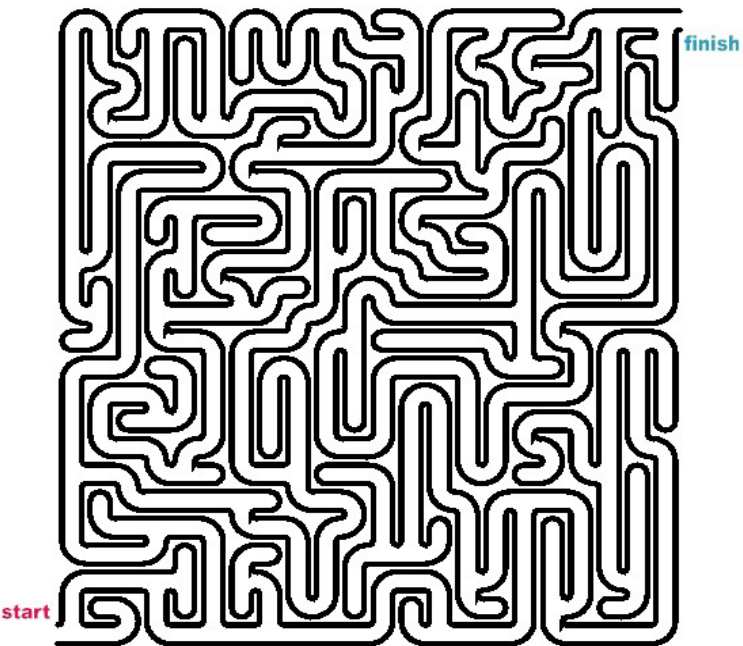
The Kearsarge ARG is returning from a regularly-scheduled deployment, where Sailors and Marines provided a ready, versatile amphibious assault capability and vigilant maritime presence in Europe, Africa and the Middle East.

GAMES CORNER



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	5		8		4			3
7		4		1		8		
	8		9					
	6				7	2		5



HAMPTON ROADS EVENTS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29	30	31	1	2	3
Small Boat Program	Youth Football Camp	Pool Tournament		Night of Crafts		Whitewater Rafting Trip
All Day NAVSTA Norfolk	6 p.m. Oceana	6 p.m. Dam Neck		6 p.m. NAVSTA Norfolk		All Day Huntington Hall
4	5	6	7	8	9	10
	Flag Football League	Trivia Night		Sailor's Guide To Auto Skills	101st Birthday Pier Run	Sewells Point Club Championship
	5 p.m. NAVSTA Norfolk	6 p.m. Huntington Hall		10 a.m. NAVSTA Norfolk	8 a.m. Yorktown	8 a.m. Sewells Point Club Golf Course

EVERY WEEK - FITNESS CLASSES

	Yoga Class Huntington Hall 12 p.m.		Yoga Class Huntington Hall 12 p.m.	
Mixed Fit Class Huntington Hall 12 p.m.	Zumba Class Huntington Hall 12 p.m.	Mixed Fit Class Huntington Hall 12 p.m.	Zumba Class Huntington Hall 12 p.m.	Mixed Fit Class Huntington Hall 12 p.m.

