



332nd Warrior Call

Global Medic 2009 Edition

First stop critical for severely wounded

By Maj. John Heil,
332nd Medical Brigade
public affairs

FT GORDON – Treating severely wounded with injuries that are so severe is standard practice for members of the forward surgical team. During Exercise Global Medic at Fort Gordon, Ga., the mission of the 628th Forward Surgical Team (FST), San Antonio, Tex., is to save the lives of patients whose injuries are so severe that otherwise would not survive transport to a rear area hospital.

"We are designed for emergency resuscitative surgery," said Sgt. Brian Stark, combat medic, "If you have someone who is bleeding out from a battlefield wound we are here to stop the bleeding and stabilize the patient."

Today's Army FST includes operating surgeons, nurse anesthetists, nurses, opera-

tions personnel, operating room technicians, practical nurses, and combat medics. An FST is not a hospital, but is com-



U.S. Army Sgt. Theresa Schatte, a Combat Medic from the 628th Forward Surgical Team, San Antonio, Texas, triages a simulated injured soldier on June 11, 2009, during exercise Global Medic at Ft. Gordon, Ga. Global Medic is a United States Army and Air Force exercise testing the readiness of medical units in a joint and coalition training environment. Incorporating both live and virtual simulation, this exercise provides realistic, battle-focused training at five locations across the United States. (U.S. Air Force photo by Technical Sergeant Hector Garcia/Released).

pletely reliant on the forward support medical company (FSMC) and supported brigade for the full spectrum of logistical support.

"We are here for casualties who have multiple limbs blown off," said Stark, "Our job is to stop the bleeding and stabilize the casualty for evacuation."

Movement and placement of the FST on the battlefield important to the mission just as crew served weapons are placed to have the maximum effectiveness, the brigade needs to place the FST where it will do the most good as well. If casualties are evacuated

directly to the combat support hospital (CSH) and the FST is receiving

little or no casualties then the FST will likely be repositioned to a more effective location.

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Special points of interest:

- Soldiers celebrate Army's 234th
- First stop critical
- Taking patients to next level of care
- Two nurses cross paths again
- Sights of Global Medic 2009

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Commander's corner

Global Medic, 2009 (Operation Siam) provided the opportunity for participating soldiers and their respective units to train and experience collectively the provision of healthcare in a theater of operation. The integration of assets (combat support hospitals, dental, veterinary, medical logistics, ground ambulance, and air evacuation) combined with command and control, in which everyone was working together as "one" allowed all participants to see first hand the importance that individual and unit training have on the mission. The After Action Report (AAR) that was conducted for the Brigade identified a variety of areas for sustainment and improvement. These should serve as the foundation for planning and conducting training at battle assemblies as well as annual training (AT). The 332nd Medical Brigade truly "led the way" and many beneficial lessons were learned in its continuous pursuit of excellence as a command and control element. One valuable lesson that was learned was the importance and need for continued focus on individual training, especially MOS sustainment training. Being MOS qualified is one thing but maintaining the expected level of expertise and performance is of equal importance. Our training schedule should in-



Col. James Snyder
Commander

clude MOS sustainment opportunities for every soldier, independent of rank and position. Success at the individual level leads to success at the collective level.

I especially want to highlight two major accomplishments that exemplify the "can do" attitude and "spirit" of the Brigade. The establishment of a multifunctional medical battalion (MMB) led by COL Kevin Carter, Brigade Dental Surgeon, consolidated the veterinarian, dental, and ground ambulance assets. This facilitated command and control of these elements in addition to superb coordination with air evacuation from our area of operation to the MASF. One cannot appreciate the complexity and success of this

operation unless they could see first hand the creation of a battalion that was nonexistent upon arrival to AT. The brigade assumed responsibility for the Forward Operating Base (FOB). This was a major change from the original plan, but a decision that was proven to be correct as validated by comments made at the formal AAR. Thanks to the leadership and hard work of COL Kendrick, who served as the mayor, the FOB was highly functional and responsive to all soldiers and units. COL Kendrick ensured that field showers were operable, sanitation requirements were met, sleeping tents were appropriately secured and maintained, and everything that is required in operating a city. These individuals are deserving of our thanks and recognition for their willingness to "step forward, ingenuity, and "mission first" philosophy.

As I prepare to depart from the 332nd next month, this AT has been the BEST of my career. To see everything come together in support of the mission, and soldiers functioning as a TEAM, softens the realization of having to leave such a fine group of soldiers. I ask that you continue to always move forward and remember, "Mission First, Soldiers Always".

Commander—Col. James Snyder
Public Affairs Officer—Maj. John Heil
Contributors—

Technical Sergeant Hector Garcia—4th
Combat Camera Squadron
2nd Lt. Timyra Hudson—865th CSH
Sgt. Tiffany Martschink—332nd MED BDE
Senior Master Sergeant Kim Allain—4th
Combat Camera Squadron

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It is written, edited and published by the public affairs staff of the 332nd Medical Brigade, 160 White Bridge Rd., Nashville, TN 37209. Send all questions, comments and submissions to john.heil@us.army.mil

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Food service “rocks” during Global Medic

By 2nd Lt. Timyra Hudson, 865th Combat Support Hospital public affairs

FORT GORDON - Led by its first cooks, the 865th Combat Support Hospital (CSH) food service operations provided around 600 soldiers tasty meals two times daily during Exercise Global Medic in June.

“Perhaps you’ve noticed such headings on the menu as “Chiang Rai’s”, “misfit’s café, or “La-dee-da-dee we like to party café,” said Master Sgt. Dennis James, NCOIC kitchen production, “Our creativity provides change that replicates Army changes.”

In order to better support the mission, shift changes, and long lines in the blazing heat of Thailand, chow hours were extended. Breakfast hours were 6 to 8 a.m., while dinner hours were to 7 p.m. From a steak and eggs to a turkey dinner, Soldiers were provided a much needed break from the beloved MRE’s. Up and running 24 hrs a day, cooks and dining facility staff prepare meals that gives Soldiers much needed nutrition and energy to make it through the exercise.

The dining area, also open 24 hours, is stocked with fresh fruits, snacks, and assorted beverages such as hot coffee, hot and cold water, juice, and Gatorade. In celebrating the Army’s 234th birthday, food service operations freshly baked three cakes. “We felt this would motivate Soldiers even more,” said Staff Sgt. Lance Cole, shift leader 865th CSH, “It was the least we could do.”

“Another mission we take care of is screening patients in the CSH,”

said Sgt. Joan Northrup, hospital diet technician, “We take menus, report to the dietician who in turn determines the proper menu.”

“The more experienced diet technician interviews the patient for preferences,” said Capt. Gina Andrews, officer-in-charge of food operations, “Then will make an



Food service operations ran by the 865th CSH served hundreds of Soldiers during Exercise Global Medic in June at Fort Gordon, Ga. (Photo by 2nd Lt. Timyra Hudson)

Northrup, “We get along really well and we don’t get that too often.”

“The mission takes around five kitchen police (KP) personnel a day,” said Northrup, “When we are short we go out to units to get other volunteers”... “They take care of the trash, wash and run pots and pans, and a whole lot of other things.” “This is great team and we come from many units across the US.”

The biggest challenge, according to Northrup, is the heat but through experienced non-commissioned officers (NCO) they we’re able to ensure that Army safety standards were followed. Food service operations for the

865th CSH were compiled from eight different units across the nation. “I would challenge any other food service operations to maintain the stamina and great teamwork that we provided,” said Northrup, “It takes a lot of coordination and teamwork, and we have an exceptional group of Soldiers.”

Global Medic is an annual exercise that replicates all combat service support on the battlefield and allows units to train as they would fight. During June 2009, the exercise was held simultaneously at Fort Gordon, Ga., Fort Hunter-Liggett, Calif., and Fort McCoy, Wis.

Col. James Snyder, 332nd Medical Brigade commander, has command and control of all Army units participating in the exercise at Fort Gordon, Ga. The exercise replicates real world events in a joint-training environment with the Army Reserve, Army National Guard, Army, Air Force, Air Force Reserve, Naval Reserve, and Marines.

“Be sure to thank our hard working soldiers and staff in food service operations,” said Maj. John Heil, 332nd Medical Brigade public affairs, “Their always motivated and have served fantastic meals every day”... “They rocked and kept morale high during Global Medic.”

“We are food and service...that’s our mission, to serve the soldiers,” said James.”

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"In the triage area, we assess the casualty and find out how severe the wounds are, find out if they have shrapnel, where it is, take off their equipment," said Stark, "We assess who is in the worst shape, who needs to go in first, and who has the best chance for survival."

"The person who has the best chance for re-



U.S. Army medical personnel from the 628th Forward Surgical Team, San Antonio, Texas, triage a simulated injured soldier on June 11, 2009, during Exercise Global Medic at Ft. Gordon, Ga. Global Medic is a joint-forces exercise testing the readiness of medical units in a joint and coalition training environment. (U.S. Air Force photo by Technical Sergeant Hector Garcia/Released).

suscitation goes into surgery first," said Stark, "Once we decide priority we move into the emergency treatment section where we begin advanced treatment."

Advanced treatment includes getting the vitals, airways established, urinary, IV's, catheters, incubating the patient and putting a breathing tube down the throat. It also includes doing an abdominal ultrasound to see if blunt force trauma has caused bleeding to give the surgeon a better idea what they are looking at.

After advanced measures are completed, the operating room (OR) surgeons will let the know when they are ready for the patient. "The OR has basic sets of instruments and usually two OR

tables going at the same time," said Sgt. John Aguirre, operating room technician, 628th FST, "We're ready for the next patient pretty quickly."

"Global Medic is providing good training," said Aguirre, "This is my first time with this unit and the exercise helps us form cohesion with our new Soldiers."

"We can get one OR table set up in about 20 minutes after the tent is set up," said Aguirre, "Every Soldier knows their part, setting the OR table, prepping anesthesia, setting up instruments and doing his/her part to work as a team to get ready for surgery."

"About half of our unit has

been deployed," said Aguirre, "We have three Soldiers Afghanistan and we are providing great training for those who have not been deployed."

"We have 24 hours operations," said Pfc. Jennifer Carrillo, licensed practical nurse, "and we get along with everyone it's a small unit so everyone takes care of each other."

"This is a great exercise," said Carrillo, "I've never seen the unit fully functional and Global Medic has given me a lot of insight as to what we do when we would deploy."

Everyone in the 628th FST expressed that they were getting enhanced skills that they would

PAO corner

I want to thank those units who contributed to the newsletter during Exercise Global Medic. It has been my pleasure to serve as your PAO and I hope to see you once again in the future!

Have safe travels home!

Anyone that contributes an article, photograph or both, will receive credit for their work.

If interested in contributing to the newsletter, **please send your work to me - your Warrior PAO, Maj. John Heil at john.heil@us.army.mil** so that I may obtain the material.

I will ensure you receive credit for your work accomplished.

not have otherwise. "If I don't understand something, the more experienced providers really explain things well - they have given me the tools I need and have given me a clearer idea as to what we do out here."

Global Medic is the largest peacetime medical command and control exercise sponsored by the U.S. Army Reserve Command. The exercise is held annually and this year at Ft. Gordon, Ga., Ft. Hunter-Liggett, Calif., and Ft. McCoy, Wis. Army units at Ft. Gordon, Ga., fell under command and control of the 332nd Medical Brigade, Nashville, Tenn., commanded by Col. James Snyder.

Dental hygiene key to good health

By Maj. John Heil, 332nd Medical Brigade public affairs

FT GORDON, GA – Colorado Army Reservists from the 919th Medical Company (Dental) came to Ft. Gordon, Ga., to treat patients with a number of dental issues during Exercise Global Medic from June 6-19.

"Dental care, being an integral part of force health protection, is a key reason why the dental company is attached to the 865th Combat Support Hospital (CSH) during the exercise," said Lt. Col. John McFadyen commander.

"If you don't take care of your teeth," said McFadyen, commander, "it will lead to problems that will affect your general

been deployed," said McFadden, "It allows them to come together with others to see how the unit would operate in a real world scenario and environment."

The dental company uses the same equipment during the exercise as it would during actual operations. The equipment is portable and effective, according to Master Sgt. Laquitta Charles, First Sgt. 919th Dental Company.

"One disease, commonly referred to trench mouth, an old term since WWI, can occur if people continuously do not take care of their teeth," said McFadyen, "Resulting is a harsh gum infection that can cause fever, malaise and pain."



Pfc. Lorraine Conover, dental assistant, looks over the X-ray on the computer, as Sgt. Kancey Street, dental technician, takes the X-ray of Spc. Evison Lopez, patient, on June 12.

health."

Among the 919th Dental capabilities are restorative dentistry, root canals, extractions, cleanings and more," said McFadden.

"This exercise is important as we have many Soldiers who have not



Sgt. Kancey Street, dental assistant, 919th Medical Company (Dental) Aurora, Colo., takes X-ray of Spc. Evinson Lopez, patient, teeth during exercise Global Medic at Fort Gordon, Ga., on June 12.

Nearly half the company had been deployed in the past and offered sound knowledge and experience to those Soldiers who had not had any field environment experience. Global Medic is the Army Reserve's premier medical exercise in which joint forces plan, prepare and execute training as part of a medical task force in a deployed theater of operations.

Taking patients to next level of care

By Maj. John Heil, 332nd Medical Brigade public affairs

FORT GORDON, GA – Two patients leaving the 865th Combat Support Hospital (CSH) to go to the next level of care were staged for evacuation during Exercise Global Medic in June at Fort Gordon, Ga.

"If we can return the patient to duty in seven days we keep them here," said Capt. Susan Hopper, intermediate-care ward (ICW) one nurse, and if not, we prepare and stabilize the patient for transport to the next level of care."

Two patients entered the triage; one receiving surgical procedures at the CSH, while the second patient would receive surgery at the next higher level of care. "While waiting for transportation with the patients," said Pfc. Joe Romero, ICW medic, "We would maintain them until ground ambulance crews arrived."

"We would ensure the next health

care provider had patients latest vitals, were informed of any allergies," said Capt. Judy Guariglia, ICW nurse, "They would also be informed of the latest pain medications, and the patient package



Capt. Susan Hopper, intermediate-care ward 1 nurse, explains to Pfc. Joe Romero, medic, the first of two patients assessment so that they may be transported to the next level of care during Exercise Global Medic at Ft. Gordon, Ga.

would include a 3-day supply of medication."

After leaving the CSH, these pa-

tients were transported by ground ambulance, then to helicopter to the forward staging facility where final preparation and stabilization occurred. When the Air Force flight crews were ready for them, they were loaded onto a C-17 aircraft and given medical care enroute to their next level of care at Landstuhl, Germany.

Global Medical is the Army Reserve's premier medical exercise, which replicates realistic medical mission scenarios that war fighters experience on current and will experience on future operations. It provides our war fighters with an unparalleled opportunity to plan, prepare and execute training as part of a medical task force in a deployed theater of operations.

Two nurses cross path again

FORT GORDON, GA—When the 399th Combat Support Hospital (CSH) in Al Asad, Iraq, was departing country the 325th CSH was coming in, not to mention a multitude of medical professionals.

More than a year after that transition of authority took place, both units were home and as with any return personnel changes happen.

For two head nurses, Maj. Rebecca Burdick and Maj. Brenda Serena, their world became very small when they realized that after a year deployment each, that their same professions would

bring them together again after more than a year, and in an entirely different unit, the 865th CSH, headquartered in Utica, NY.



Maj. Rebecca Burdick and Brenda Serena, meet again as two head nurses of the 865th CSH after separate Iraq deployments.

"To me this is a big deal," said Serena, "To say goodbye in Iraq and then meet up again as

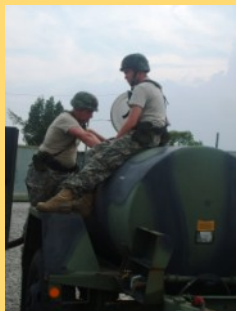
head nurses in the 865th.

"We were thrilled to see each other again," said Burdick, "And both have stories to tell as we shared much of the same experiences though we weren't together for very long in Iraq."

"It's great to be at Global Medic," said Serena, "We along with the other OT's who have experience are able to mentor those who have yet to be deployed."

"It's a great feeling to contribute toward the exercise and the mission."

Sights of Global Medic 2009



Soldiers fill water buffalo trailer with potable water during Exercise Global Medic on June 13.



Col. James Snyder, 332nd Medical Brigade Commander, promotes 1st Lt. Kimberly Pierson to Captain during Exercise Global Medic at Ft. Gordon, Ga., on June 15.



Spc. Robert Clingham ensures that operating room instruments are sterile during Exercise Global Medic at Ft. Gordon, Ga., on June 14.



Medics prepare patient to go to the next level of care. Patient was leaving the ICW at the CSH and readied for transport to the Forward Staging Facility during Exercise Global Medic in June.



865th CSH food service operations rocks during Exercise Global Medic from June 6-19, 2009, at Ft. Gordon, Ga.



Medical specialists carry litter patients from ambulances to the operating room in the field hospital on June 13, 2009, at Bush Field, Georgia, during Global Medic 2009, a joint field medical training exercise of Army, Air Force and Marine participants. (USAF photo by Senior Master Sergeant Kim Al-lain)(released)



U.S. Army Capt. Anna Mullins, right, Veterinarian Officer in Charge, Fort Gordon, Ga., leads a team of veterinarian technicians during sedation preparation for 'Rex,' a military working dog, prior to a routine tooth cleaning on June 11, 2009 on Fort Gordon, Ga., during medical readiness training for Global Medic 2009. (U.S. Air Force photo by Senior Air-



Blackhawk crew performs inspections on their aircraft at Bush field in Augusta, Ga., for Exercise Global Medic.

Celebrating Army's 234th and more...



Soldier talks with distinguished visitors about Ground Ambulance operations during Exercise Global Medic on June 14.



Col. James Snyder, 332nd Medical Brigade Commander, cuts the Army birthday cake celebrating its 234th birthday during Exercise Global Medic at Ft. Gordon, Ga., on June 14.



Pfc. Brandon Blunt, 332nd Medical Brigade, and Maj. Gen. Dean Sienko, 3rd MEDCOM (DS), talk during Exercise Global Medic on June 14.



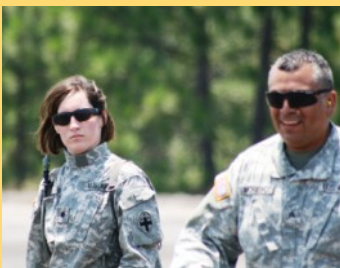
First Sgt. Erik Olafson talks with Soldiers of the 332nd Medical Brigade during Exercise Global Medic at Ft. Gordon, Ga., in June.



Medical providers take care of patients during Exercise Global Medic at Ft. Gordon, Ga., in June.



Command Sgt. Maj. Maureen Goodrich laughs with fellow Soldiers during Exercise Global Medic at Ft. Gordon, Ga.



Cadet Nicole Shea participates in medical evac exercise during Global Medic.



332nd Medical Brigade Soldier steams it up in the DFAC during Global Medic at Ft. Gordon, Ga.



Soldier exits the dining area during Global Medic at Ft. Gordon, Ga.

All photos above by Sgt. Tiffany Martschink, 332nd Medical Brigade public affairs.