

# PLANETALK

167TH AIRLIFT WING  
NOVEMBER 2019

Next UTA 7-8 December 2019



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The 167th Airlift Wing Public Affairs Office is always looking for story ideas and original content. PLEASE SEND ALL PLANE TALK SUBMISSIONS, INCLUDING STORIES, COLUMNS, AND PHOTOS TO:  
[usaf.wv.167-aw.list.PA-Public-Affairs@mail.mil](mailto:usaf.wv.167-aw.list.PA-Public-Affairs@mail.mil)

### ON THE COVER

*A 167th Airlift Wing C-17 Globemaster III aircraft sits on the tarmac at the Combat Readiness Training Center, Alpena Mich., Nov. 5, 2019. Approximately 300 167 AW Airmen participated in a full-scale operational readiness exercise there, Nov. 3-7 2019. (U.S. Air National Guard photo by Senior Master Sgt. Emily Beightol-Deyerle)*

### ON THE BACK COVER

*167th Airlift Wing aircraft maintainers start readying C-17 Globemaster III aircraft for flight early in the morning at the Combat Readiness Training Center in Alpena, Mich., Nov. 5, 2019. (U.S. Air National Guard photo by Senior Master Sgt. Emily Beightol-Deyerle)*

# COMMAND COMMENTS



**Col. David Cochran**  
167AW WING COMMANDER



**Command Chief Master Sgt. Troy Brawner**  
167AW WING COMMAND CHIEF

## Vision

The Premier Airlift Wing  
Mission Ready, Devoted to Airmen and Community,  
Dedicated to Continuous Improvement

Hello Team 167th. Thanks for yet another successful, safe and productive UTA. We completed our Wing exercise/fly-away; Code Name: Thunderstruck. The planning team, working group, Wing IG, emergency management and many others worked diligently during the months preceding Thunderstruck. Their hard work produced an exercise template that allowed our wing to continue on the path to Full Spectrum Readiness, while training in a realistic deployed environment. The Wing IG and Inspection team (WIT) assessed and documented our training, while AMC and State IG looked on to validate our abilities to comply with the Air Force Inspection System mandates. So how did we do?

The Wing performed well. We are a strategic airlift wing capable of meeting the needs of the nation and state. Of course, we have improvement areas, and processes that can be, and will, - continue to mature and become more efficient. Let's continue to challenge ourselves and strive to be the Premier C-17 Airlift Wing.

Chief Brawner and I noted the positive attitudes and professional training that permeated through the entire exercise week. We had many first-time deployers, and we encouraged everyone to think outside the box as we attacked the requirements of Thunderstruck. The old adage, "that's the way we've always done it" may not be the right mindset; as tactics, techniques and procedures evolve.

One of the takeaways from Thunderstruck is the fact that our Wing and our Airmen have the capacity for more robust exercise scenarios. So expect to continue to be challenged with opportunities to excel. We are already planning to "dial up" the intensity and increase the number of deployers for our next flyaway exercise. Who's ready?

The benefits of Thunderstruck training are important. Yet, equally important is continuing to develop the bonds that tie our Wing together. The camaraderie, socialization and team building that occurred during Thunderstruck were invaluable. It was great to see everyone have fun, while intensely training. The culture of the 167th, and the strength of our connections was noticeable to all. Additionally, we conducted the entire operations without any reportable safety incidents or injuries. Our safety culture remains strong and consistent. Thanks for keeping safety in the forefront of our mission. We are stronger because of your energy, compassion, and work ethic; you are a force multiplier.

The week produced many top performer recognitions. Please see the list in Plane Talk, and congratulate those members. Along those lines, remember to submit your Outstanding Airmen of the year (OAY) nominations ASAP, and continue to submit deserving Airmen for recognition. We have a ton of talent at the 167th, and sometimes superior performance appears to be the norm; so don't rest on your laurels. We expect you to continue to dial it up.

As we look down the road, there's a lot on the horizon. We will host the regional Contemporary Base Issues course (CBI) 14-16 November; welcoming 200 participants and the WVANG Commander. It's also the season of giving. The 167th Combined Federal Campaign kicks off in two weeks, consider how you can best support the organizations helping those in need. In December do not forget to bring your family to UTA. We will have our annual Family Day, and rumor has it Santa will be attending. During January UTA, Major General Hoyer will preside over the 167th Airlift Wing Change of Command.

Happy Veterans Day to all. Stay focused and engaged, our continued success depends on you.  
Mountaineer Pride Worldwide!



## 167th Airlift Wing conducts full-scale operational readiness exercise

by Senior Master Sgt. Emily Beightol-Deyerle

Approximately 300 members of the 167th Airlift Wing deployed to the Combat Readiness Training Center in Alpena, Mich., Nov. 3-7, for a full-scale readiness exercise.

Thirty-five members of the 167th AW Wing Inspection Team (WIT) assessed the wing's performance throughout the exercise. As the WIT assessed the unit members, a small contingent of Air Mobility Command inspectors observed the 167th WIT.

"The AMC inspectors aren't looking at the unit members specifically, but are looking at the WIT and the [167 AW Inspector General] team to make sure we're correctly verifying and validating what's happening," said Maj. Ben Mathias, the 167th AW director of inspections.

As part of the Commander's Inspection Program, the exercise, code named Thunderstruck, employed a "train the way we fight" concept.

Exercise participants, representing functions across the wing, were challenged to operate in a contested environment, testing their policies, plans and training.

"The whole mission of the wing was executed as aircraft were launched," Mathias said.

During the exercise, 130 injects, which drive the actions taken by the participants, were delivered and completed.

The 167th conducted similar readiness exercises in June 2018 and again in May 2019. Mathias said the wing made improvements with each event.


"We need to be mission ready, to deploy on short notice," Mathias said. "This helps build confidence in the unit member, so when that call comes they will be prepared to do our missions, our skill sets, anywhere in the world."

Twelve Airmen from five other units observed the exercise, fostering an environment of shared best practices and lessons learned.

"It really does bring value to the total force, the Guard and Reserve throughout the states," Mathias said.

The 167 AW Inspector General, Lt. Col. James Freid-Studlo, presented the seven 167th Logistics Readiness Squadron WIT members with an IG coin. He noted that they did an outstanding job of balancing their responsibility to inspect with providing training to their Airmen.

Col. David Cochran, 167AW commander, said he was pleased with the hard work that went into the exercise and the growth that the wing has demonstrated.

"We're going to make mistakes, there's always room for improvement," he said. "We're going to keep striving to get a little better each time." 



## Thunderstruck Superior Performers

The following Airmen were recognized by as superior performers during the 167th Airlift Wing's operational readiness exercise, code name Thunderstruck 2019, in Alpena Mich. Nov. 3-7, 2019.

### SFS

- SrA Jalen Newcome
- MSgt Tammy Marks

### OPS

- Lt Col Randy Wright
- Capt Ryan Owings

### LRS

- MSgt Chad Dorsey
- TSgt Melissa Jones
- TSgt Daniel Shaffer
- SSgt Timothy Forsyth
- SSgt Brandon Sandy
- AIC Summer Wilson

### MDG

- AIC Alisia Turner

### FSS

- SSgt Tyler Greenstreet

### HQ

- MSgt Rebecca Reaves

### CF

- SMSgt Jeremy Yates
- TSgt Katrina Santamaria
- SSgt Lance Novak

### AMXS

- SSgt Jared Conner

### MXS

- SMSgt Curtis Surratt
- MSgt David Miller

### CES

- TSgt Zachary Thomas



# Airman **SPOTLIGHT**

Name:

**Staff Sgt. Rachel Spates**

Hometown:

**Shepherdstown, W.Va.**

Job Title:

**Maintenance Management Analyst**



Staff Sgt. Rachel Spates is a maintenance management analyst for the 167th Maintenance Operations Flight. She joined the 167th Airlift Wing in 2014.

As a maintenance analyst, Spates provides vital aircraft maintenance information and analyses, to commanders and supervisors to help them make informed decisions about the 167th Airlift Wing's mission.

Senior Master Sgt. Roberta Gossard, a maintenance analyst for the 167th Maintenance Group, describes Spates as a unique and articulate individual who learns quickly and is always willing to join teams for additional duties.

"She gives the MOF chief flexibility by working various positions within the MOF," Gossard said.

Senior Master Sgt. Devin Paskewich, the 167th maintenance operation center supervisor, agreed with Gossard.

"She has been involved in the maintenance operations center, where she quickly earned a reputation as a hard charging and tireless production controller," he said. "She has also


been tasked to work with the training management office, Rising 6 council and student flight."

Spates has an associate degree in business administration and she's currently a full-time student, pursuing a bachelor's degree in business analytics. She intends to pursue a master's degree in applied business analytics after completing her bachelor's degree in 2020.

Spates goals include commissioning as a maintenance officer for the 167 AW and said she is most proud of serving her country and state.

Spates, who was an active member of Future Farmers of America throughout high school, said she enjoys anything outdoors, especially motorsports, fishing, training her dogs and traveling.

Flying in a Blackhawk helicopter while volunteering at the Boy Scout Jamboree is one of the most exciting things she has done in the military, she said.

Spates said some of the most valuable lessons she has learned throughout her career include, "never allow  complacency to set in, step up to a challenge, take a

# 167th Family Readiness Halloween fun

by Chief Master Sgt. (ret.) Ronald Glazer, 167th Family Readiness Group president

Saturday, 26 October:

When the Family Readiness Group prepared for the annual Halloween Bash, the forecast wasn't favorable. With a slight drizzle of rain during setup by our loyal volunteers, Wing Command Chief Brawner and State Command Chief Stevens, the decision was made to move the event inside building 119, which was the back-up plan.

The ghouls, ghosts and goblins showed up at 1300 hours to experience a group of Halloween games, crafts, pinatas and a cake walk.

The 174 kids, parents and volunteers made the event a huge success! The rain stopped in time to pull out the barrel and hay ride equipment, which is the highlight for most of our little creatures who were able to see the wing on wheels and grab a small pumpkin from the pumpkin patch for decorating.

We had several trunks scheduled for our trunk or treat displays but due to the rain moved them inside on tables. The Tusing family won the trophy for best trunk/table with the majority of votes by our Halloween gang in costumes.

We were fortunate to have music provided by our volunteer Airman DJ Rick Chancellor.

The FRG volunteers appreciate the entire wing for donating candy and cakes for the event, preparing building 119 (CE) and all those who setup and broke down following the fun.

A shout out goes to the Boeing Company for helping sponsor the bash as well.

It does take us all to insure our precious military families have a safe and memorable time.

We always strive to keep the FAMILY at the center of everything we do. If you'd like to volunteer for future events please contact our Family Readiness Group at [167awfrg@gmail.com](mailto:167awfrg@gmail.com) or call Ron Glazer at 301-992-4803.





## For Our Service Members And Their Families

### Airman & Family Program Office

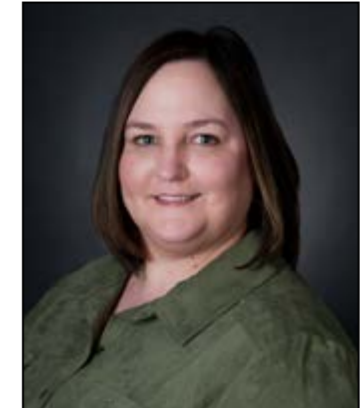
\* FREE SCHOOL SUPPLIES STILL AVAILABLE for 167TH Service Members and their Family - Once again this year, the local Dollar Tree stores have been participating in the Backpack Brigade program by asking store patrons to donate a school supply for a military child. Our Child and Youth Coordinator, Mrs. Donna Truman, and 167th Family Readiness Group Officers picked up collected supplies and delivered them to the base. The supplies are located in the Airman & Family Program Office, Headquarters building #120, room G37, and are available for pick up.

\* 167th families - The WVNG State Child & Youth Coordinator is having a Parent's Night Out – Movie & Popcorn for the military kids so that you can get some of your shopping done. It's being held on 6 December, 5:30 – 8:00 pm, in the Wing's auditorium. Registration required. See event announcement in this edition of the Plane Talk for more registration and event information.

### 167th Family Readiness Group (FRG)

\* Family Readiness Group's Next Quarterly Meeting – The next meeting is Tuesday, 10 December, 1530 in the Wing's Conference Room, building 120. The meeting is open to all 167th service members, their families, and retirees.

HELP WANTED - If you're wanting to become more involved in the Wing's events and volunteer program, contact the 167th Family Readiness Group, at email 167awfrg@gmail.com, to let them know what you'd like to help with. Volunteers are needed for the upcoming December Wing Family Day!



*The Family Programs Office is located in Bldg. 120, lower level. For more information contact Airman & Family Readiness Program Manager Sherry Lewis at 304-616-5590 or 1-866-986-4325*

## WING CARE TEAM QUICK REFERENCE

### Chaplain Corps

304-616-5319

Chaplain Ronald Faith

Chaplain Jonathan Yost

Chaplain Jumaane Green

Chaplain Clinton Dunham

Chaplain Joshua Stevens



### Director of Psychological Health

304-616-5939

Cristina Firescu-Williams

### Airman and Family Readiness

304-616-5590

Sherry Lewis

### Sexual Assault Response Coordinator

304-616-5991

Anthony Johnson

## Holiday Spending Fever!

by Jerry Zeigler, AFC, 167th Airlift Wing Personal Financial Counselor



**Jerry Zeigler, AFC**  
**Personal Financial**  
**Counselor**

Many of us have spend more than we should have during the holidays. Some of us are decorators who have to improve on last year. Some of us simply want to make people happy. Some of us really like a good sale. None of these things are bad. But negatively impacting our budget can be bad.

While I did have a client cancel Christmas last year, for most of us some spending is going to happen. And none of these holidays are a surprise. So there is a simple – but not easy- 3 step plan to avoid over spending for the holidays.

1) Include the spending in your plan. You know you are going to do it, so include it in your plan. If you track and budget, then it should be in there. And since for most of us more money doesn't magically appear during the holidays, it needs to be part of the plan January through December. Well money does magically appear for my children—hmm maybe I should reevaluate that practice and lesson. If you have an active budget, then there should be line items for holiday spending, often with savings for it every month. Maybe a separate savings account for the holiday and gift money. If automation is a big part of how you manage your money then automatic deposits into a holiday account every month makes a lot of sense.

2) Set limits and goals. Sit down and figure out how much you will spend for each person and/or holiday. Determine how much you should save up in advance. If you are like me, and use holiday sales to buy big ticket items for yourself- you'll want to include those numbers in your savings goals. Don't forget to include things that nibble at and mess up your spending plan such as work place gift giving and parties.

3) Put controls in place. This is where it all typically falls apart. You are in the middle of the execution phase – buying- and you need to spend just another \$10 or \$20 to maximize someone's happiness. Or you see the perfect gift that is double the limit. This is where knowing thyself is very important. One technique is to set your credit card alerts to such a low value it will send you messages for every purchase. Another is to only bring cash, separated into envelopes for each person or holiday event with you when shopping. Another is to use multiple prepaid credit cards (watch out for fees) separated by spending categories/people. Perhaps shop with a shopping buddy that will reign you in. Perhaps don't shop with someone who encourages excess spending. For me I have learned this about myself: I'm dangerous in a mall when bored. So if I have already bought the gifts I am going to buy on my own, but I am still doing some shopping with my wife- then I have my own little strategy to avoid extra spending. This came about because she is often a bit slower in shopping than I am, although she doesn't like framing it that way. She prefers to say that she is a more thorough and focused shopper. I don't bring any credit cards or debit cards on those trips. Instead I bring a Kindle, ear buds, and just enough cash for a meal. So when I get bored, I'll sit some place and read or watch a movie or people watch. It works for me. So identify danger points and identify what works for you.

Just like I said: simple but not easy. As a financial counselor I've helped many people who get stuck in these 3 steps, people who want to perform them better, and I've helped many people resolve issues that have developed due to not following these steps. I hope to see you on family day in December, please say hi when you see me. I wish that your holiday celebrations and your holiday spending are joyful.

Jerry Zeigler, AFC®, MBA  
304-543-6452  
PFC2.WV.NG@zeiders.com

## Antiterrorism & Force Protection: General Security

*submitted by Lt. Col. Tim Rice, Wing Antiterrorism Officer*

This article will address general security precautions and further articles will address specific security concerns (e.g., travel security, suspicious activity).

### GENERAL PRECAUTIONS:

- Do not volunteer personal information.
  - Be cautious of conversations in public places and on the telephone.
  - Do not have rank or duty title in commercial phone books.
- Avoid (when feasible/possible) wearing military uniforms or other identifiable clothing while traveling off the installation. If possible, remove military headgear and cover uniform when traveling in a vehicle. If a uniform is required, consider changing at the office.
- Vary routes and times when going to and from work, taking children to school, shopping, etc. Be unpredictable and avoid establishing routines.
- Look for unfamiliar objects or activities when traveling by vehicle, especially during early morning or late at night.
- Avoid isolated areas, side streets, civil disturbances, and demonstrations.
- Consider removing family name from home or vehicle.
- Know where your family members are at all times and encourage them to check in by telephone.
- Verify all deliveries and repairs through proper credentials or other documents.
  - Contact the agency or company they claim to represent for additional verification.
- Be alert for unidentified vehicles or personnel and exercise caution with strangers.
- Know your neighborhood & neighbors.
- Keep all outside doors and accessible windows closed and locked.
- Keep car and house keys separate and maintain accountability.
- Conduct frequent checks of your vehicles to ensure they are in good working order and there are no anomalies.
- Never leave young children at home unattended.
- Examine mail for suspicious letters or parcels.

- Familiarize children with police and fire stations and teach them emergency procedures and telephone numbers.
- Advise children to avoid isolated areas, to travel and play in groups, never talk to or go anywhere with strangers and to keep family members informed of their whereabouts.
- When making travel reservations, do not use rank or position and if possible use military air.
- When in a restaurants, locate emergency exits upon entering, chose a table with greatest field of view, avoid business conversation near other patrons, and do not reveal after-dinner plans.
- Stress the importance of security and the seriousness of the threat to the whole family.
- Be alert to your surroundings and report suspicious personnel or activities to local authorities
- Remember to trust your instincts!

These tips and other important information are located in the CJCS Guide 5260, Service Member's Personal Protection Guide: A Self-Help Handbook to Combating Terrorism, which can be found on the base intranet.

REMEMBER: Antiterrorism and Force Protection is EVERYONE'S job.

The 167th Airlift Wing Antiterrorism Officer is Major Tim Rice, 242-5084.





# ACCOLADES



## Welcome

A1C Elizabeth Casteel, FSS  
A1C Derek Chamber, LRS  
SSgt James Doane, AS  
MSgt Robert Estes, FSS  
Maj William Goss, AS

## Promotions

### To Airman First Class

Jacob Northcraft, SFS  
Calista Plante, SFS  
Robert Suchman, HQ  
Dominque Wright, HQ  
Danielle Burdette, MDG  
Alexis Unger, LRS  
Amanda Benson, LRS

## Promotions

### To Senior Airman

Ian King, LRS  
Nicolas Hereia, MXS  
Emerald Bhandari, LRS  
Tyler Curry, MXS

### To Staff Sergeant

Travis Commer, LRS  
Austin Langley, OSS  
John Segreti, CES  
Samuel Silver, LRS  
Levi Morris, CES

## Promotions

### To Technical Sergeant

Taryn Burkhardt, MDG  
Rachel Orndorff- Shawyer, MDG  
Rhiannon Collins, MXG

### To Master Sergeant

Shawn Green, SFS  
Thomas Laign, CES  
Matthew Riffle, AMXS

### To Senior Master Sergeant

Michael Bittinger, HQ

## Promotions

### To Major

Charles Stephen-Hassard, MDG

### To Lieutenant Colonel

Donna Chewning, MDG

## Retirements

SMSgt Benjamin Harding, MXS  
SMSgt Fred Lawrence, CES  
MSgt Matthew Tinsman, AMXS

## Parent's night out Movie & Popcorn

Leave the kids with us while you enjoy a quiet evening with friends or shopping.

Feature movie: [THE POLAR EXPRESS](#)

**Where:** 167<sup>th</sup> Airlift Wing, 222 Sabre Jet Blvd.,  
Martinsburg, WV

**When:** December 6, 2019

**Time:** 5:30pm-8:00pm

**Register:** [donna.s.truman.nfg@mail.mil](mailto:donna.s.truman.nfg@mail.mil)

**Or call:** 304-201-3754/304-268-5320

Open to ages 6 and up. (Under 6 with parent/adult present)

Teens welcome to volunteer!



## WVANG COMMANDER'S RECOMMENDED READING LIST



The End of Power: From Boardrooms to Battlefields and Churches to States, Why Being in Charge Isn't What It Used to Be by Moisés Naím

Churchill's Ministry of Ungentlemanly Warfare: The Mavericks Who Plotted Hitler's Defeat by Giles Milton

Ghost Fleet by P. W. Singer and August Cole

Tribe: On Homecoming and Belonging by Sebastian Junger

Skin in the Game: Hidden Asymmetries in Daily Life by Nassim Nicholas Taleb

Radical Inclusion: What the Post 9/11 World Should Have Taught Us about Leadership by Gen. (R) Martin Dempsey and Ori Brafman

Good to Great: Why Some Companies Make the Leap...And Others Don't by Jim Collins

Leaders Eat Last: Why Some Teams Pull Together and Others Don't by Simon Sinek

Grey Eminence: Fox Conner and the Art of Mentorship by Edward Cox

It's Your Ship: Management Techniques from the Best Damn Ship in the Navy by Michael Abrashoff

A Eulogy for the Two-War Construct by Jim Mitre - An Essay published in "The Washington Quarterly" Winter 2019 - The Elliott School of International Affairs

A Few Great Captains: The Men and Events that Shaped the Development of U.S. Air Power, by DeWitt S. Copp

Call Sign Chaos: Learning to Lead, by Jim Mattis and Bing West

BOOKS THAT HAVE SHAPED  
BRIG. GEN. WALKER'S LEADERSHIP STYLE

