



## THIS WEEK 14-18 OCT 2019



### VEHICLE ROLLOVERS

Before I knew what was going on, I felt the vehicle slide sideways down the road. I managed to yell, "Rollover," before the vehicle tipped onto its right side and slid about 50 feet along the wet, muddy road.



### ATV SAFETY

One moment we were all having fun and laughing; the next moment, one of us nearly lost her life. Before participating in any off-roading activities, make sure you have the proper training and personal protective equipment.



### ELIMINATING WORKPLACE HAZARDS

Housekeeping — it's a chore many of us would prefer to avoid. But did you know good housekeeping practices in the workplace can keep you safe? Poor housekeeping frequently contributes to mishaps by hiding hazards.

## PRODUCTS & TOOLS



Learn the safety culture and climate within your organization.



A collection of resources to aid commanders and leaders in the management of range operations and safe weapons handling.



Great resource for finding a local riding association, and learning to be a safer rider.



ReportIt is the single Army accident and risk management system for collecting injury, illness and loss data.



Make your Soldiers aware of the off-duty hazards they'll face with the Off-Duty Safety Awareness Presentation.



Everyone is susceptible to accidents, but tragedy is not inevitable. Take advantage of the products and tools the Army provides to help keep you safe.

Do you want to start receiving U.S. Army Combat Readiness Center safety products — such as the weekly **RISK MANAGEMENT** newsletter and **Preliminary Loss Reports** — via email? If so, just click the **subscribe to safety products** box at the bottom of this newsletter and select which products you'd like to receive.

## SUBSCRIBE



## MISHAP BRIEFS

### SPORTS AND RECREATION

A 35-year-old Soldier assigned to the Alaska Army National Guard died in a water-related mishap near Fort Greely, Alaska. The Soldier was dipnetting in the Copper River when he was reportedly swept away by the current.



[CLICK HERE TO VIEW MORE PRELIMINARY LOSS REPORTS](#)

## POST THIS

### Public Health Alert: Severe Lung Illness Associated with E-Cigarette Use

As of Sept. 17, 2019, seven deaths and 380\* cases have been linked to the current outbreak of severe lung illness associated with e-cigarette use. These numbers will continue to change while the investigation is ongoing. Until we know more, individuals are encouraged to avoid using all e-cigarette or vaping products.

The specific cause of these illnesses is still unknown. All patients reported a history of e-cigarette product use within days or weeks of their symptoms starting. The most likely cause is a chemical exposure from use of e-cigarette products.

The investigation has not identified any specific e-cigarette product (devices, liquids, refill pods, and/or cartridges) or substance that is linked to all cases. Many affected individuals reported using products containing THC, but some reported only using products containing nicotine.

If you do choose to use e-cigarettes, do not buy these products (e.g., e-cigarettes or vaping devices with THC, other cannabinoids) off the street, and do not modify them or add any substances that are not intended by the manufacturer. Even then, it is difficult for consumers to know what e-cigarette products contain. Many vape oils do not disclose that they may contain potentially hazardous and/or illegal substances. Consumers who may not be seeking products containing these substances may unintentionally purchase and use them.

If you experience any of the following symptoms and currently or recently used e-cigarettes, see your health care provider right away:

- cough, shortness of breath, or chest pain
- nausea, vomiting, or diarrhea
- fatigue, fever, or abdominal pain

In addition to the threat of lung illness, Soldiers risk violating Army Regulation 600-85, The Army Substance Abuse Program, which prohibits them from using hemp or products containing hemp oil. Soldiers are also prohibited from using synthetic cannabis, to include synthetic blends containing CBD oil and other THC substitutes ("spice"), or any other substance similarly designed to mimic the effects of a controlled substance.

If you are a current or former tobacco smoker who is using e-cigarettes to quit smoking, consult your health care provider for an alternative evidence based cessation method. Regardless of the current outbreak, teenagers, young adults, and women who are pregnant should not use e-cigarettes.

\* The previous case count from the initial public health alert released in early September was higher because it reported possible cases that were under investigation by states. The current number includes only confirmed and probable cases reported by states to CDC after classification.

More information is available at the following websites:

<https://phc.amedd.army.mil/topics/healthyliving/tfl/Pages/Vaping.aspx>

[https://www.cdc.gov/tobacco/basic\\_information/e-cigarettes/severe-lung-disease.html](https://www.cdc.gov/tobacco/basic_information/e-cigarettes/severe-lung-disease.html)

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