



RAD provides recognition, resources, flu shots

By Katrina Wilson
Pentagram Staff Writer

On Friday Joint Base Myer-Henderson Hall held its annual Retiree Appreciation Day in the Community Center.

This year’s RAD recognized veterans from the nation’s various wars. Resources and different activities were also available to the retirees.

During the event, JBM-HH Command Sgt. Maj. Stephen Harris honored veterans from World War II to Afghanistan. He also recognized the service military spouses have provided to the nation.

JBM-HH Commander Col. Kimberly A. Peeples thanked the retirees for their service to the country. She said the retirement community in the area is strong and active. Peeples added that since last year’s RAD, there have been several changes on the base.

“The Joint Force Headquarters-National Capital Region/Military District of Washington welcomed a new commander in June, (Army) Maj. Gen. Omar Jones (IV),” said Peeples. “A change on the Marine Corps side of the installation, (Marine) Col. Robert Wiser is our counterpart on the Henderson Hall side with the



Joint Base Myer-Henderson Hall Command Sgt. Maj. Stephen Harris receives his flu shot at Retirement Appreciation Day Friday.

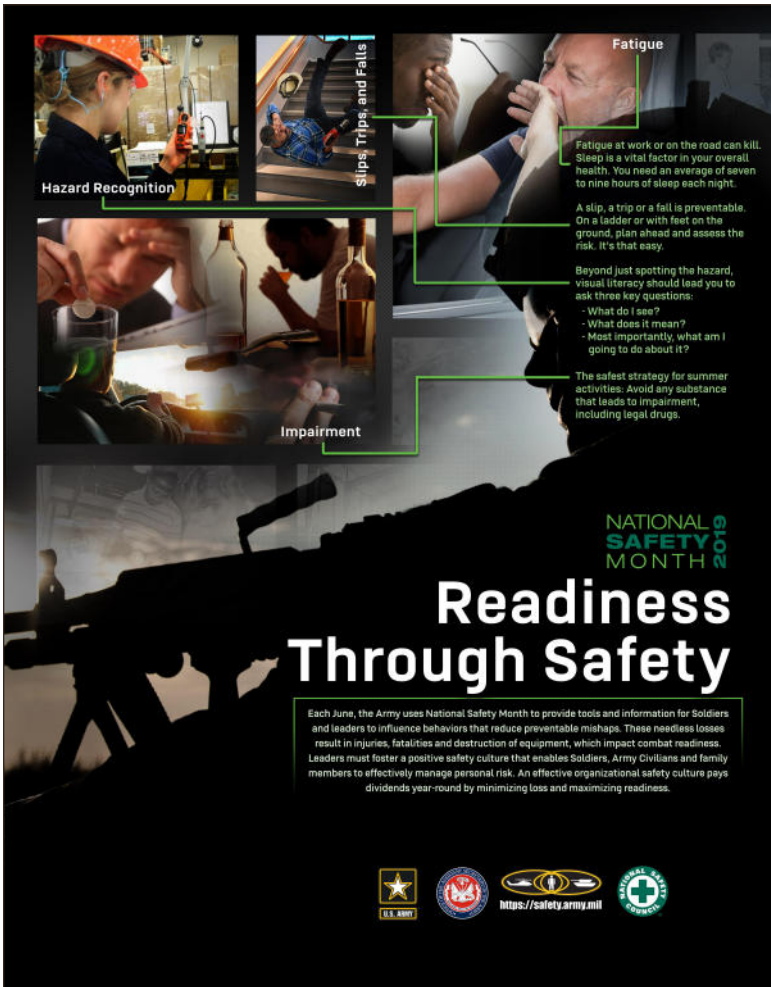


Joint Base Myer-Henderson Hall Commander Kimberly A. Peeples speaks at Retirement Appreciate Day.

see RAD page 7

PHOTOS BY KATRINA WILSON

JBM-HH’s new safety director wants workforce to voice safety, health concerns



SAFETY.ARMY.MIL

By Katrina Wilson
Pentagram Staff Writer

Gen. James McConville, chief of staff of the Army said his No. 1 priority is people because they are the Army’s strength.

Joint Base Myer-Henderson Hall’s new safety director, Phillip Santee, said his priority is also people and making sure they work in a safe environment.

One of Santee’s top priorities is ensuring the JBM-HH workforce remains healthy and safe. He also said he wants to make sure hazards are taken care of once an incident occurs.

“As the new director for safety, my priorities are to coach, mentor and train our installation personnel to be able to execute risk management processes on their own,” he said. “Even in the field while they are doing their duties, our installation personnel should feel confident that they can take responsibility



PHOTO BY JULIA SIMPKINS

Phil Santee, new safety director on Joint Base Myer-Henderson Hall, said his priorities are to coach, mentor and train the installation personnel to be able to execute risk management processes on their own.

for their own safety and the safety of their counterparts.”

He said in order to do this, an effective line of communication has to be there for everyone to be proactive. Communication is Santee’s second priority.

“Another priority is to open

and develop effective means of communication where we are able to mentor and share our message to get our training across to the workforce,” Santee said. “The workforce should feel comfortable reaching out to the installation safety office for support resources and the safety and occupational health arena.”

Occupational health are items such as physical, chemical or occupational hazards like mold, lead and asbestos. He added that other hazards are lack of training on equipment, standard operating procedures, inadequate training on use of personal protective equipment such as respirators and inadequate lighting in an office.

Santee said if someone has questions about these hazards they should stop by the safety office for help.

“We can have the appropriate personnel come out and conduct those assessments

see SAFETY page 6

Miss America reads to children in Strong Beginnings Program at Cody CDC



Miss America 2019 Nia Franklin reads to a group of children at the Cody Child Development Center Wednesday.

By Katrina Wilson
Pentagram Staff Writer

On Wednesday, Miss America 2019 Nia Franklin was on Joint Base Myer-Henderson Hall to read to the children in the Strong Beginnings Program at the Cody Child Development Center.

Franklin said literacy is important because children will always use reading in the future.

“A child’s literacy is the basis for a lot of things that will come in their education moving forward,” Franklin said. “It’s important to have that at a young age, and that is why centers like this one are important. (When) people

read to (children), they can get better at reading. I never really struggled with reading, but I think that is because I had so many great people reading and talking to me to about literacy.”

Franklin visited the base while she was in town for a USO event.

Shirley Roseboro, a program associate with the Strong Beginnings Program, said earlier Wednesday the children learned facts about Miss America, like her parents’ and siblings’ names. They also learned where she is from and her education goals.

JBM-HH Command Sgt. Maj. Stephen Harris also said it is important for

see READS page 6

Chaplain's Corner

Tying someone else's shoes

**By Retired Chaplain (Brig. Gen.) Ray Bailey
Former Deputy Chief of Chaplains**

While taking a routine vandalism report at an elementary school, a police officer was interrupted by a little girl about 6 years old. Looking up and down at his uniform, she asked, “Are you a cop?” “Yes,” he answered and continued writing the report. “My mother said if I ever needed help, I should ask the police. Is that right?” “Yes, that’s right,” he told her. “Well, then,” she said as she extended her foot toward him, “would you please tie my shoe?”

When I am most discouraged or feeling unneeded, it is the right time to help someone else in order to help myself. For some reason, there is magic about helping someone in need that heals the heart and soul of the giver. However, there is a tension to just sit dejectedly in my misery and not think of anyone



COURTESY PHOTO

else, much less do something for someone else.

I’m not sure I’ll ever learn that lesson. It’s something I know, and I have heard many times from famous and intelligent people who give this as an antidote. But I still

have a hard time to energize myself from my misery and reach beyond myself. It’s hard. It at least doesn’t come naturally to me, but neither does dieting, exercising or doing yardwork. None of those are easy, and I still don’t have a great love

to do it, but each are necessary and even good for me. It takes discipline.

Maybe a solution might be to make giving to others a “normal” part of my day. Make the event a necessary moment in my “taking care of myself day.” If I have certain medicines to take on a scheduled time and I’m good about that, then why not put that scheduled time for my heart and soul. It’s medicinal.

Today is the best time to begin. Maybe a telephone call to an old friend I haven’t spoken to. Maybe an email with a joke or humor to some others who need a good laugh. Maybe a smile to the grocery store clerk who is trying to make money after school. Or, even maybe getting in my car and go and visit someone in the hospital or nursing home, which takes a bit more effort.

Already, I feel better. There are those who need their shoe tied. I’m here to help. That’s why God made more than just me.

What gives you stability?

**By Chaplain (Col.) David M. Lockhart
Command Chaplain 7th SC (T)**

We are not strangers to change. We deploy, we move and constantly face new challenges, we all know what it is to be uprooted. Life is full of changes and few things remain stable.

Stability was also a challenge for the Israelites as recorded in the Old Testament. They were constantly moving through the desert meeting new challenges. They were able to handle change because God’s presence in the tabernacle was always with them signifying God and his people moving together which gave them stability.

For us, like the Israelites, stability does not mean lack of change. Stability is found in our relationships with our Families and friends, hopes of a place to settle down after the military, and yes, for some, acknowledging God’s presence with you in every circumstance. These are some examples of



COURTESY PHOTO

what gives one stability. What gives you stability when change happens?

God, thank you that amid all the changes in life you are always there to be our source

of comfort, strength and hope. Challenge us to face the future and the changes it holds assured that you will give us the strength needed to face whatever comes our way.



Chapel services

Religious services will be held at Memorial Chapel at the below times.

- Catholic**
Saturday Mass: 5 p.m.,
Sunday Mass: 9 a.m.
- Protestant**
7:45 and 10:30 a.m. (Sunday)
- Gospel service**
noon (Sunday)
- Samoan service**
2:30 p.m. (Sunday)

ACS Corner

All courses below are in the Joint Base Myer-Henderson Hall Army Community Service classroom, 202 Custer Rd. (Bldg.201), Fort Myer, VA 22211.

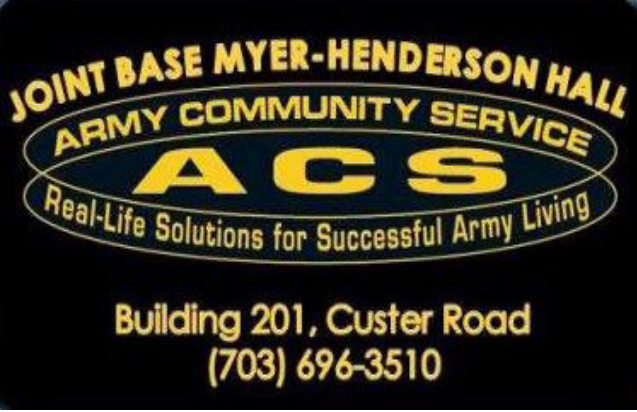
For more information on any course or to register, please call (703) 696-3512.

Registration is required. Army Community Service is open Monday through Friday 7:30 a.m. to 4 p.m.

What is the ‘Able Act’?

Join the Exceptional Family Member Program Nov. 8 from 5 to 7 p.m. at the USO Warrior and Family Center on Fort Belvoir. Learn about how the Able Act impacts the EFMP Family. Signed into law in December 2014, the Stephen Beck Jr. Achieving a Better Life Experience Act authorized states to establish tax-advantaged savings programs for individuals with a disability. The ABLE Act is considered the most significant federal legislation addressing the needs of persons with disabilities since the Americans with Disabilities Act passed more than 25 years ago. In 2015, Virginia became the first state to approve and pass ABLE legislation after passage of the federal ABLE Act. This was particularly poignant because the idea for the ABLE Act was originally conceived by a group of Virginia parents. The Virginia ABLE bill directed Virginia 529 to develop, implement and administer a new savings program for eligible individuals with disabilities and their families. Registration is required.

For more information or to register, call (703) 693-5353, (703) 696-0783 or email efmphh@usmc-mccs.org.



EFMP support group

Individuals can share their experiences, challenges and support with other EFMP Families.

The EFMP support group meets the last Tuesday of every month from 10 a.m. to noon at the Pentagon, Retail Corridor near Starbucks. Look for the red EFMP bag.

Registration is not required. All branches of service welcome.

For more information on EFMP services, contact (703) 693-5353/693-0783.

Family Fun at Roer's Zoofari

Family fun at Roer's Zoofari is Oct. 18 from 11 a.m. to 1 p.m. Roer's Zoofari is located at 1228 Hunter Mill Rd., Vienna, Virginia. Individuals will have an opportunity to pet and feed the animals, go on a wagon ride and meet other military Families with small children. Registration is required.

Emerging trends for domestic abuse professionals

Emerging trends for domestic abuse professionals training is being held Oct. 22 from 9 a.m. to noon in the Fort Myer Community Center, 228 McNair Rd., Fort Myer.

The JBM-HH Family Advocacy Program is hosting the event for Domestic Violence Awareness Month. Fairfax County Prevention education coordinator Colleen Armstrong will present on emerging professional trends in the field of domestic abuse including LGBTQ concerns, gun ownership and safety, male victim concerns, and civil and criminal systems options.

Happening at Henderson Hall New parents support class, play date

New parents are welcomed to join Henderson Hall every Thursday from 10 to 11:30 a.m. in the Henderson Hall Chapel for a parental support class and play date for children.

To register, call Henderson Hall Family Services at (703) 614-7208.

Play morning

Play morning is being held at the Henderson Hall Chapel Thursday mornings from 10 -11:30 a.m. at 1555 Southgate Rd., Bldg. 29, Arlington, Virginia. Every Thursday, open play, structured activities, sing along songs with instruments and story time for preschool children 0-5 years old. Registration is not required.

The next session is Oct. 18, from 11 a.m. to 1 p.m. The rain date is Oct. 25.

Stay connected!

<https://home.army.mil/jbmhh>

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Pentagram



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Former Soldier survives domestic abuse, tells story of triumph

By Katrina Wilson
Pentagram Staff Writer

Editor’s Note: October is Domestic Violence Awareness Month. The following story is about a domestic violence survivor, whose name has been changed to keep her anonymity. The following incidents may be too graphic for some readers.

For more than three decades, Rene Andere was a victor of abuse and domestic violence. Instead of remaining in that environment, she found the strength to leave so she could provide a better life for her children.

Andere said as a child she did not see abuse. She said her parents were very loving and they gave her everything she needed to grow and prosper in life. She said during the 1980s when she was a teenager, talking about domestic violence was taboo. But today she said there have been drastic incidents and displacements of families over the last few decades, which has opened the dialogue about domestic violence. A dialogue that was not there when she was a teen.

Teenage Dating

Andere’s first experience with domestic violence was during her teenage dating years. She said it was a shock when it happened and she did not know if there were available resources. She said as a teenager, many only see the romance.

“You never see what happens behind closed doors,” she said. “You would see courting, romantic gestures — affection, the flowers, ‘I like you and you like me.’ Everyone loves romance. It is never romantic when someone is hurting you.”

As she dated, Andere began to notice abnormal behavior.

“There were aggressive boyfriends who displayed jealousy and other warning signs as if I only belonged to them and no one else,” Andere said. “I was verbally threatened if another person glanced at me. A quick tug on my arm or a firm arm around my waist from my boyfriend was there to remind me of my place often.”

She said family and friends did not know of these incidents.

“Back then, it was believed that abuse was a part of the relationship,” she said. “Parents did not talk about that subject of what you do when someone hurts you or what you do when your relationship gets bad.”

Andere added that there was no dialogue on how to cope after a violent relationship. She said religious beliefs did not help either. Andere pointed out that in some religions, the question would become, “What did you do to make him or her mad enough to hit you?”

Andere said she concealed bruises from her abuse. She admitted that her parents would ask about her boyfriend and she would change the subject. She said she would not talk about her relationship.

“My family (did) not know how to help me, my support (system didn’t) know how to help me,” Andere said. “It was not socially acceptable to talk about this and the solutions were not what I would ask for. (I was afraid no one would believe (my) story.”

She said family did notice changes in her appearance — long sleeve shirts, looking haggard, always tired and she always wore makeup.

Finding love in the military

Although Andere knew this type of behavior was abnormal, she continued with life and joined the military.

“College made me join the military,” Andere said. “I completed high school, had some college education, but I



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needed more education — finances was a big factor as well. I needed money and I knew I could get both from the military.”

Even though Andere joined the Army and received training and increased her knowledge, she said it did not prepare her for the next chapter in her life.

“While in the Army, I made a lot of friends, skills and connections, but nothing prepared me for the situation I was in,” she explained.

While in the Army, Andere said she met a civilian who was a smooth talker, flashy, charming and spoke softly. She said having coffee led to dates and the duo dated for a while. Then one particular verbal fight led to marriage.

“We had a fight about him hanging out with his friends,” Andere explained. “His rebuttal was to ask me to marry him. He said, ‘I wouldn’t have to hang out with my friends if I had a wife.’ I said, ‘You don’t have a wife.’ He said, ‘If you say yes, then I will.’”

Andere said they got married, but a couple months later she endured her first black eye. He was intoxicated and then hit her.

She recalled another fight where he hit her on the eye and left a cut. She blamed it on the dog.

“I can’t go to my command and say my husband hit me,” she said. “I blamed it on the dog, it is the lesser evil out of the two.”

She said the social stigma stopped her from speaking out.

“I was afraid of losing my comfort zone, my freedom and what people would think of me,” she recalled. “It was also the social stigma of someone asking, ‘What did you do to make that person mad in order for them to react (to) you?’ Or someone may actually try to save me and make the situation worse. I wanted to be passive and not get my command or my family involved.”

She believed she needed to come up with a solution that did not involve the entire community. Andere stayed because she had invested time in the relationship.

Andere said the longer she stayed in the relationship, the more the abuse escalated and the harder it was to detach. Andere was invested because she already had children prior to meeting him and she was worried how leaving would affect them.

She admitted that she compart-

mentalized by having work and home faces. Her work face was the facade that everything was fine and she was handling business. That face showed she was taking care of her children and her significant other.

Her home face was the face that looked fatigued, shielded her and the children from abuse. She said it was difficult having those two faces.

“In order to chart your progress, as far as survival, you have to compartmentalize,” Andere said. “It makes it easier to progress forward in this type of situation. You can address certain items from one compartment for counseling and create a plan for treatment.”

Andere said it is not a process for everybody, but it worked for her. While she compartmentalized, her husband would apologize after each incident and blame it on his intoxication.

The relationship was toxic and she knew her husband had multiple girlfriends, but it was his stealing that caused her to become concerned.

“It eventually got to the point where things went missing and I would ask where certain things were,” she said. “I noticed things in my drawers were moved like someone was looking for something. It was like psychological warfare. He messed things up because he knew I liked order in the house. One time I caught him looking for money.”

She said he stole money from her while the Family was living on a military installation and she was not prepared to handle going to Criminal Investigation Division to explain that her husband was stealing from her. He stole money by forging checks, stole her credit cards and her vehicle. The couple only had one car — her car. She said it was financial and emotional abuse.

However, Andere started preparing a survival kit for herself and her children.

“I slowly started to put a survival kit together — money in an individual account, getting rid of unnecessary items that we didn’t need, checking out local resources that could help in a crisis, and building a network that would sustain me and my children for months,” she explained. “It helped me figure out how to detach.”

She also kept track of her car.

“I started a log for the odometer and I knew how many miles it took to get to certain places,” Andere said. “He started calling me crazy, called me other names and drunken slurs. I went to our pastor and he told me to go to CID.”

She said after her husband paid back the money, she said they separated. She said fighting was so bad, military police had to come to the house.

“The bad thing is, they told me I had to leave my house,” she said. “They told me I had to move out — even though it was my house on housing. They said because he was a military spouse he had the privilege to stay there. Even though my daughter was not his, my daughter was authorized to stay with him. They were going to put me in the barracks.”

She said by this time, outside people started stepping in to help.

STARTLING STATISTICS

surrounding domestic violence

EXPERIENCING ASSAULT

4 million American women experience a serious assault by a partner during an average 12-month period



A FAMILIAR FACE

Some estimates say almost 1 million incidents of violence occur against a current or former spouse, boyfriend or girlfriend per year



IN THE WORKPLACE

Studies indicate 74% of victims' partners in domestic violence situations harassed fellow employees while they were at work



IN THE HOME

Sadly, over 75% of all murder-suicides occurred in the home





CENTERSTONE

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“The pastor said I had to leave (for my safety),” Andere said.

She waited until her husband went to work, she packed all of his belongings, changed the locks and contacted military police to escort him off post.

“You will not make me leave my house or anything else behind that will enable you to have a better life after what you did,” she said.

She said they were married for two years. For a year, Andere tried to find him to get a divorce. After she completed the required legal process of contacting a spouse, the court gave her a dissolution of marriage. She also stopped having contact with their friends.

Triumph after abuse

Andere said the incidents over the last three decades have not stopped her from wanting to get married again.

“I am more aware of people’s bad behaviors,” she said. “Growing up with all the warning signs and knowing the consequences of ignoring the warning signs — I will not ignore them again.”

Andere understands what others may go through because they invested in a relationship or have children, but she said it is OK to leave. She said for others in a similar situation: one should seek help, seek his or her support command, have a plan to stay safe and tell someone about the abuse.

“To help with my transition, I decided finally to speak to a military family life counselor,” Andere said. “This counselor showed genuine concern in my welfare and those of my children. She would patiently listen to me as I unloaded the entire situation with relief during our session.”

She said while seeking help, individuals should preserve themselves. She tells this to her adult children who are now in their 20s.

“I tell my son and daughter to preserve themselves,” she said. “Do not hookup with someone who cleans you out. My kids have seen me start over too many times to realize what we have is important, even if it is our dignity and pride.”

Andere said she tells her children and other people to start detaching if they are in an abusive relationship, and know their self-worth.

“Please keep yourself safe by any legal means necessary,” Andere said. “If someone is not treating you according to your worth, you need to know what you will and will not put up with, you need to know that someone hurting you is not love. You have to know the face (he or she) shows you in public may not be the face (he or she) shows you behind closed doors.”

She said she has come to the conclusion that she does not need to live with somebody to be happy. Andere said in order to move forward, she has forgiven herself and her former spouse.

“I am happy being single,” Andere said. “Now that I have lived by myself, I am not ready to give that up.”

Pentagram Staff Writer Katrina Wilson can be reached at kmoses@dcmilitary.com.



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Army developing improved ways to manage NCO talents

By Fonda Bock
U.S. Army Human
Resources Command

U.S. Army Human Resources Command is continuing to innovate talent management by developing a new initiative designed for active component enlisted personnel that will improve Army readiness and empower Soldiers to make informed career decisions in accordance with their professional development model and Army manning guidance.

Modeled after the Army’s Assignment Interactive Module for officers, Assignment Satisfaction Key-Enlisted Marketplace will support enhanced interaction between Soldiers and talent managers while allowing Soldiers more input into where they would like to be assigned based on their knowledge, skills, behaviors and preferences.

“Soldier preference is important because we believe a Soldier performs at a higher level when they’re in an assignment that interests them,” said Col. Michael McGregor, director of the Enlisted Personnel Management Directorate. “Soldiers have some input into their assignments now, but that will increase significantly as we field ASK-EM.”

Through ASK-EM, non-commissioned officers — staff sergeants through first sergeants — will be able to



PHOTO BY SGT. STEVEN LEWIS

U.S. Army Human Resources Command is continuing to innovate talent management for active component enlisted Soldiers by developing a new initiative — Assignment Satisfaction Key-Enlisted Marketplace — that will support enhanced interaction between Soldiers and talent managers while allowing Soldiers more input into where they would like to be assigned.

access a virtual marketplace where they can prioritize their preferences for valid and available worldwide assignments within their movement cycle.

Talent management tools, like the Personnel Assessment and Availability Tool and an updated Manner of Performance, will help talent managers identify the strengths, talents, expe-

riences and qualifications of the more than 300,000 active duty Soldiers managed by the command.

“These initiatives optimize the Army’s ability to get the right Soldier with the right talents to the right assignment at the right time,” McGregor said. “It will also allow commanders to maximize the talent provided them. Heightened

awareness about Soldier talent along with knowing when he or she is available to move, will help us make informed decisions when assigning the most qualified Soldiers to meet Army requirements.”

Talent Management enhances Army readiness by maximizing the talents of every person.

ASK-EM, scheduled to be

fully operational by 2021, supports a data-rich, information age approach to how the Army acquires, develops, employs and retains the right talent.

To learn more, check out the Enlisted Talent Management Warriors Corner at the upcoming Association of the United States Army annual meeting Tuesday at 2:30 p.m.

Army named best in DOD for contributions to disabled

By David Vergun
Defense.gov

Individuals with disabilities are unemployed at twice the rate of the national average even though many of them have the training, skills and experience the U.S. needs, particularly in the science, technology, engineering and math disciplines, said the defense secretary.

Dr. Mark T. Esper spoke at the 39th Annual Secretary of Defense Disability Awards Ceremony in the Pentagon Oct. 3.

In the ceremony, Esper recognized the Army as the best military department in advancing employment opportunities for individuals with disabilities.

“We must do our part across the (Department of Defense) to harness those talents and help bridge the employment gap,” he said. “That means eliminating barriers to recruitment across the force. We must give everyone the opportunity to succeed and support them as they advance their careers.”

Esper also honored Sgt. 1st Class John Hoxie, senior geospatial intelligence imagery analyst for Army South Command’s G-2 intel operations, during the ceremony. Veronika Benavidez, a human resources specialist for the Army’s Civilian Human Resource Agency, was recognized too.

The DOD must continue to recognize each worker’s unique contributions and their leadership, Esper said, so that the armed forces can retain the technological edge and military superiority.

It’s fitting that this year’s theme for National Disability Employment Awareness Month is “The Right Talent, Right Now,” he said.

That’s because military personnel, including those who are disabled, all bring to the job skills that are critical to accomplishing the mission, exactly when they’re needed, which is right now.

“People are our most important resource,” Esper said. “That remains as true as ever. The diversity and talents across the department is what drives ingenuity.”

This year marks the 29th anniversary of the Americans with Disabilities Act, which became a global standard for non-discrimination and equal opportunity, he noted.

“Today, let’s recommit to upholding that legacy,” he said. “Let’s shape our force to one that’s united by something much stronger than our differences; that is, our dedication and passion for the mission, regardless of background or disability.”

Esper mentioned the 23 military personnel being honored for their achievements. He said they all embody the spirit of service that defines the workforce.

“The honorees are inspiring models of selfless service for all of us,” he said.

The Defense Department’s Awards for Outstanding Civilian Employees and Military Service Members program derives from Presidential Executive Order 13548, to increase the participation rates of persons with disabilities in the federal service. The award also recognizes achievements, excellence and contributions of civilian employees and service members with disabilities.

The award ceremony is conducted each October, during National Disability Employment Awareness Month.

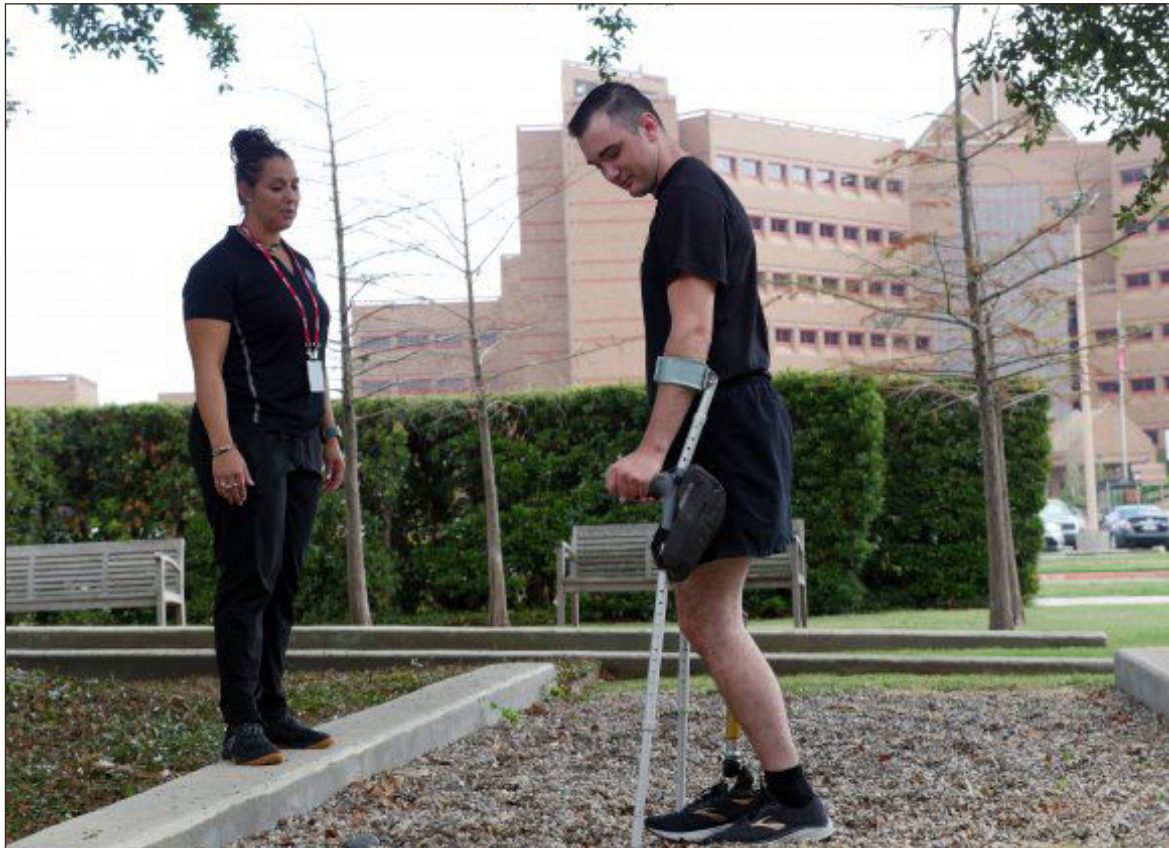


PHOTO BY COREY TOYE

Candace Pellock, physical therapy assistant, guides with Spc. Ezra Maes at the Center for the Intrepid, Brooke Army Medical Center’s cutting-edge rehabilitation center on Joint Base San Antonio-Fort Sam Houston, Oct. 2.

JBM-HH Columbus Day schedule 2019

The following services are **open Monday**:

- Bowling Center: Noon to 6 p.m.
- Capitol Deli: 10 a.m. to 3 p.m.
- Cleaners/Alteration: 10 a.m. to 4 p.m.
- Commissary: 8:30 a.m. to 4:30 p.m.
- GNC: 10 a.m. to 4 p.m.
- Henderson Hall Barber Shop: 11 a.m. to 3 p.m.
- Henderson Hall Smith Gym: 8 a.m. to 1 p.m.
- Marine Corps Exchange: 10 a.m. to 6 p.m.
- Myer Barbershop: 10 a.m. to 4 p.m.
- Myer Exchange: 10 a.m. to 5 p.m.
- Myer Express: 7 a.m. to 6 p.m.
- Myer Fitness: 8 a.m. to 4 p.m.
- McNair Fitness: 24 hours, CAC required
- NEX Uniform Center MCX: 10 a.m. to 4 p.m.
- Optical Shop: 10 a.m. to 4 p.m.
- Panda Express: 10 a.m. to 5 p.m.
- Petals2Go: 10 a.m. to 3 p.m.
- Starbucks: 9 a.m. to 2 p.m.
- Subway: 10 a.m. to 4 p.m.
- Vineyard Henderson Hall: 10 a.m. to 6 p.m.

The JBM-HH Dining Facility will run Saturday through Monday on brunch and supper hours.

DFAC hours
Brunch: 9 a.m. to noon
Supper: 4 to 5:30 p.m.

Services not listed are **Monday**.

Please call before visiting any service not listed on this day.

Updates to the schedule will be posted at
facebook.com/jbmhh.

Changes roll out for transition assistance program

By Defense.gov

The first significant alterations to the Defense Department’s Transition Assistance Program since 2011 are taking effect with the new fiscal year.

The Fiscal Year 2019 National Defense Authorization Act mandated the changes, which took effect Oct. 1.

The purpose of DOD’s TAP remains the same, officials said, but the new requirements will reflect a different process of execution.

DOD TAP is an outcome-based program that bolsters opportunities, services and training for transitioning service members in their preparation to meet post-military goals, and should not be confused with TAPS, an acronym for the Tragedy Assistance Program for Survivors, officials noted.

The mandatory components of TAP are applicable for all service members who have at least 180 continuous days or more on active duty; including members

of the National Guard and reserves.

WHAT TAP WILL LOOK LIKE:

1) TAP now starts no later than 365 days prior to transition for those who are separating or retiring. Officials recommend that retirees begin the transition process at least two years prior to retirement. In the event of an unanticipated separation or retirement, or if a member of a reserve component is demobilized with less than 365 days, TAP must begin as soon as possible within the remaining period of service.

2) Individualized initial counseling between the service member and a TAP counselor is now the official start to the transition process. During the IC session, service members complete their personal self-assessment and begin the development of their Individual Transition Plan to identify their unique needs of the transition process and post-transition goals.

3) Once the individualized IC is complete, pre-separation counseling commences. Pre-separation counseling, just like IC, must start no later than 365 days prior to transition. Pre-separation counseling covers by-law information to include benefits, entitlements and resources for eligible transitioning service members. Caregivers and spouses are especially encouraged to attend pre-separation counseling with their service member.

4) The DOD Transition Day follows pre-separation counseling and is mandatory for transitioning service members. This portion of TAP includes curriculum modules on building resilience by service members managing their own transition via MyTransition, a military occupational code crosswalk to help define and translate military skills and the financial plan for transition module, which fulfills the mandated financial literacy requirement.

5) The Department of Veterans Affairs will continue to provide the VA benefits and services briefing, formerly known as VA Benefits I and II, on the VA benefits

and services available to service members and veterans.

6) The Labor Department will provide a required one-day briefing on preparation for employment, which is a change from the current three-day DOL employment workshop.

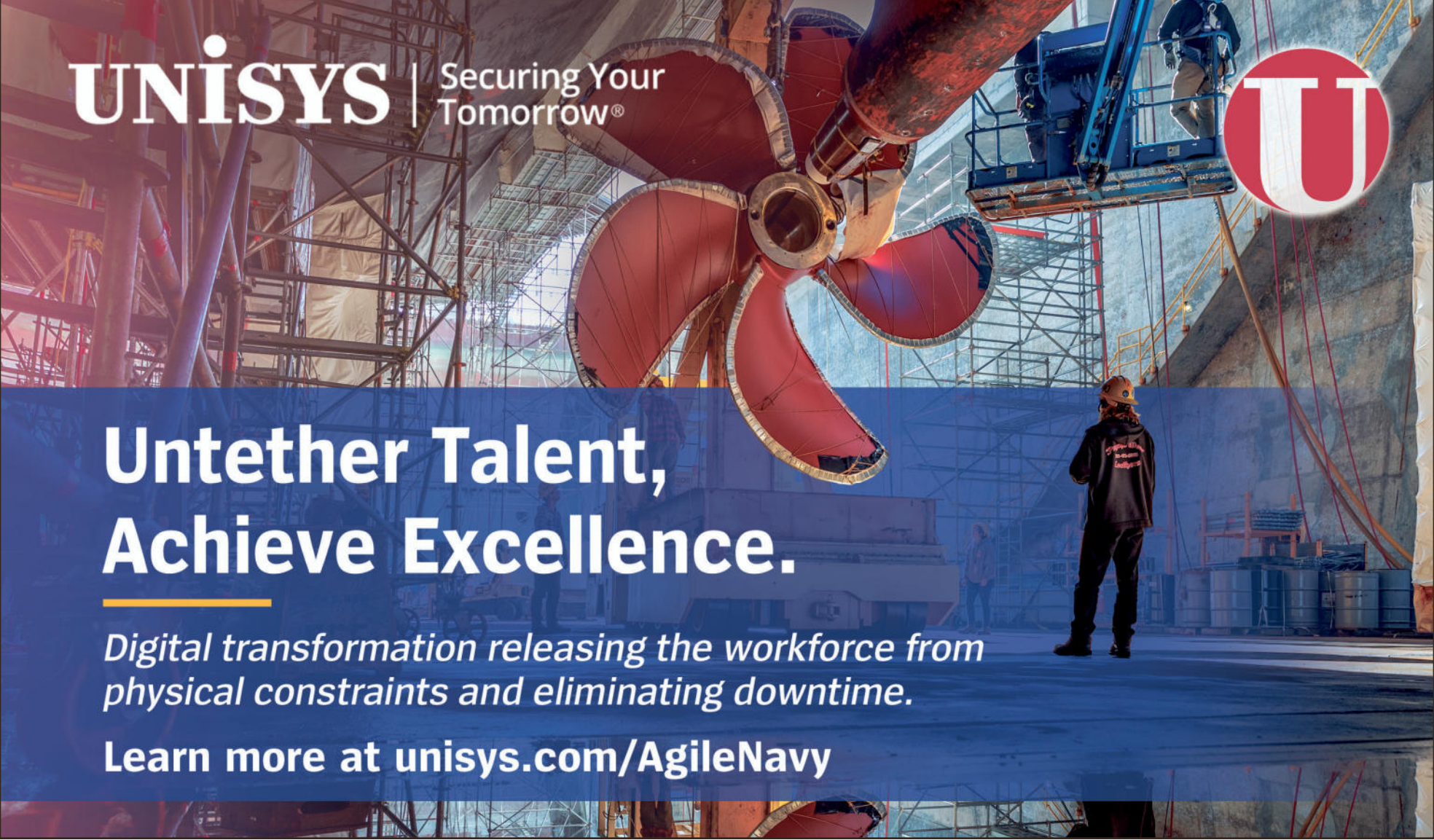
The new changes with TAP also include a service member election of two days of instruction; these include the: DOL Employment Track, DOL Vocational Track, DOD Education Track and the Small Business Administration Entrepreneurship Track.


Transitioning service members must elect at least one track, but may attend more than one based on their ITP and post-transition goals.

The changes to TAP will not immediately be reflected on the www.DODTAP.mil website. However, officials anticipate that the site will be updated soon. For more information on the updates to TAP, service members should contact their installation transition office.

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SAFETY
from page 1

and get you a better answer on what work materials in your environment are hazardous,” Santee explained, “and develop controls and procedures to anything that are occupational hazards.”

He said if there is a hazard in the office, an individual should initiate the process to correct hazards because safety is everyone’s responsibility.

“A message to get to the workforce is to take a step back from your day to day and observe your work environment,” he said. “If there are safety and health issues or concerns that

they may have at any point in time, they can reach out to the safety office. The employees can also contact their supervisor and seek guidance to develop a process where the employees and the installation personnel are proactively taking steps to mitigate their own safety hazards, rather than wait for guidance from leadership.”

If an individual has questions about where he or she can report hazards, Santee said he or she should address the concern with their supervisor or stop by the safety office to seek guidance on taking action to address those questions.

He pointed out that while everyone should be proactive, it is OK to notify someone to watch out for hazards.

For example, an observer can address a hazard by showing genuine concern for another person’s safety without being authoritative.

“All employees can take proactive measures to hold a conversation with co-workers, no matter what level of command that an individual sits,” he said. If an individual generally feels that someone is at risk, (he or she) should address that issue to prevent accidents.”

He added that accidents can also be prevented with training.

“If someone believes (his or her) organization needs training in safety and health, (he or she) should come talk to the individuals at the safety office on what trainings may be need-

ed,” Santee said. “The stronger the communication pathway is between this office and the community, the stronger our safety and health culture will be.”

Santee said his role is to establish a comprehensive safety and health program that will engage the workforce and proactively address safety and health concerns.

Santee’s previous position was at the U.S. Army Baltimore District Corps of Engineers where he supported the military construction and operations mission as a safety and health specialist.

*Pentagram StaffWriter
Katrina Wilson can be reached at kmoses@dcmilitary.com.*

READS
from page 1

Franklin to visit and read to the children.

“Early child literacy is important for the children’s future,” Harris said. “It is monumental for Miss America to join us at the CDC to engage with the children’s literacy.”

Franklin earned an undergraduate degree in composition from East Carolina University in Greenville, North Carolina, and a master’s in fine arts from the University of North Carolina’s School of the Arts. Franklin has been a teacher, music mentor and has written more than 100 songs. She won Miss Five Boroughs at the age of 24, became Miss New York in 2018 and was crowned Miss America last year.

*Pentagram StaffWriter
Katrina Wilson can be reached at kmoses@dcmilitary.com.*



Morgan Jackson smiles as Miss America 2019 Nia Franklin crowns her.



Joint Base Myer-Henderson Hall Command Sgt. Maj. Stephen Harris smiles with Miss America 2019 Nia Franklin.

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RAD
from page 1

Headquarters Battalion. We also welcomed a new Headquarters and Headquarters Battalion Commander (Army) Lt. Col. Vance Brunner.”

She also explained how JBM-HH was chosen to showcase Olli, a level-four autonomous vehicle, Olli, which is a driverless vehicle that Peeples said has brought several organizations together for innovation.

Peeples introduced the guest speaker, Pennsylvania State Sen. retired Army Col. Douglas Mastriano, who served in the Army for 30 years. Peeples said Mastriano then became a professor at the United States War College in Carlisle, Pennsylvania, where she was in his last class.

Mastriano said the retirees and those who served in past wars paved the way for the current and future generations.

“Your military service personifies the best we have in this country,” he said to the attendees. “No matter when you served, whether it’s World War II or elsewhere, your life matters and what you did echoes across generations and into eternity.”

Mastriano pointed out how certain wars in American history helped shape the modern military. He added when 9/11 occurred, it shaped and changed everything the nation and the world knew.

“When you think back to that dark day, I think all of us remember exactly where we were in our response emotionally when we saw what was happening, and 18 years later we are still fighting this war,” Mastriano said. “On 9/11 of this year, I administered the oath of office to my son joining the Pennsylvania National Guard. I looked around the room and it was packed with about 80 young



PHOTOS BY KATRINA WILSON
Diana Varela, public affairs specialist with Social Security Administration of the Washington, D.C. area, speaks with an attendee of the Retirement Appreciation Day.

people his age.”

He told the retirees previous wars was their legacy.

“We’re passing that torch on to some good kids,” he said. “I think one day they will be sitting where you are today and thankful that they stood the gap in a time such as this.”

The event provided information for the retirees that ranged from the Virginia Department of Veterans Services, Tricare, Delta Dental, United Healthcare and other resources that are available to the retirees.

The information tables also ranged from JBM-HH’s Commissary, to the Exchange, as well as the U.S. Army Women’s Museum on Fort Lee, Virginia.

Wayne Krumwiede, a retired Army master sergeant and retired gunner’s mate in the Coast Guard, said he came out to have something extra to do.

“I enlisted in the Army Air Corps in 1946,” Krumwiede

said. “I’ve come here since about the 1960s it gets me out the house and gives me something extra to do to keep me going.”

He said another good thing about attending is seeing other individuals from previous years.

While others may have received information on different topics, others received health information and free flu shots.

Maj. Canisha Martin, deputy commander at Andrew Rader Health Clinic, explained the purpose of the flu shots.

“Our biggest purpose today is prevention and catch as many people as early as possible for vaccination to prevent them getting the flu,” she said.

She said while anybody of any age group can get the flu, it is important for the elderly population to get vaccinated.

“It’s equally important our elderly population gets



Retired Army Sgt. 1st Class Ketty Henderson gifts guest speaker, retired Army Col. Douglas Mastriano, with an eagle at RAD Friday.

vaccinated because typically they usually tend to have weaker immune systems, or other types of illnesses where they may not recover as fast,” she said.

She added that there were about 300 doses of flu shots — a specific dose for individuals over 65 and a certain dose for others under 65.

“I am just so glad to see so many people come out and be proactive about it,” she said.

The retirees were not the only individuals receiving a flu shot. Members of the command group also reserved their annual flu shot.

JBM-HH Deputy Commander Marine Lt. Col. Mark A. Paolicelli, Chief of Staff Glenn Wait and Harris received a flu shot at RAD.

“Your health is important to us,” Paolicelli said. “Please be sure to get your flu shot this year — go to Rader Clinic.”

“This is another step to sustain a healthy lifestyle.

It is so important to obtain your yearly flu shot to alleviate those unforeseen (illnesses) in the future,” said Harris.

Rader Clinic also provided information about the importance of mammogram screenings and colonoscopies.

Maria Flagg, quality manager at Rader Clinic, said it is important to notify the retirees to get their routine age-appropriate and cancer screenings. She said she understands not everyone in attendance lives in the NCR, and she hopes the retirees can take this information and encourage their Family members to get their age-appropriate screenings.

While mammogram and colonoscopy screenings are not available at Rader, Flagg said individuals can find a network provider or they can go to Fort Belvoir.

Pentagram Staff Writer Katrina Wilson can be reached at kmoses@dcmilitary.com.



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On Oct. 12, 2000, a U.S. Navy destroyer, the USS Cole, refueling in Yemen suffered an enormous explosion in a terrorist attack.

PHOTO BY FBI.GOV

Oct. 10
In 1863, the Skirmish at Blue Springs, Tennessee, resulted in 166 casualties. Maj. Gen. Ambrose E. Burnside, commander of the Department of the Ohio, undertook an expedition into East Tennessee that cleared the roads and passes to Virginia, and, if possible, secure the saltworks beyond Abingdon. In October, Confederate Brig. Gen. John S. Williams, with his cavalry force, attempted to disrupt Union communications and logistics. He wished to take Bull’s Gap on the East Tennessee and Virginia Railroad. On Oct. 3, Burnside advanced on Bull’s Gap, he fought with Brig. Gen. Samuel P. Carter’s Union Cavalry Division, XXIII Army Corps, at Blue Springs, about 9 miles from Bull’s Gap, on the railroad. Carter, didn’t know how many of the enemy he faced, withdrew. Carter and Williams skirmished for the next few days. On Oct. 10, Carter approached Blue Springs in force. Williams had received some reinforcements. The battle began about 10 a.m. when the Union cavalry engaged the Confederates until afternoon while another mounted force attempted to place itself in a position to cut off a Rebel retreat. Capt. Orlando M. Poe, the chief engineer, performed a reconnaissance and identified the best location to make an infantry attack. At 3:30 p.m., Brig. Gen. Edward Ferrero’s 1st Division, IX

see HISTORY page 9

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HISTORY

from page 8

Army Corps, moved up to attack, which he conducted at 5 p.m. Ferrero’s men broke into the Confederate line, which caused heavy casualties, and advanced almost to the enemy’s rear before being checked. After dark, the Confederates withdrew, and the Federals took up the pursuit in the morning. Within days, Williams and his men retired to Virginia. Burnside launched the East Tennessee Campaign to reduce or extinguish Confederate influence in the area; Blue Springs helped fulfill that mission.

Oct. 11
In 1951, a Marine battalion was flown by transport helicopters to a frontline combat position for the first time, when HMR-161 lifted the 3rd Battalion, 7th Marines, and its equipment, during Operation Bumblebee, northeast of Yanggu, Korea. This was the first battalion sized combat helo lift.

Oct. 12
In 2000, a U.S. Navy destroyer, the USS Cole, refueling in Yemen suffered an enormous explosion in a terrorist attack. Initial reports had at least six Sailors killed with 11 missing. The death toll was revised to 17. The 8,600-ton Cole was returned to the U.S. aboard the Norwegian ship Blue Marlin. In 2001, a video tape by “Al-Sahab Productions” circulated among Muslim militants with footage of the bombed vessel. The Cole returned to active duty in 2003 following \$250 million in repairs. Those killed: hull maintenance technician 2nd Class Kenneth Clodfelter; electronics technician Chief Petty Officer Richard Costelow; mess management specialist Seaman Lakeina Francis; information systems technician Seaman Timothy Lee Gauna; signalman Seaman Cherone Louis Gunn; Seaman James Rodrick McDaniels; engineman

2nd Class Marc Ian Nieto; electronics warfare technician 2nd Class Ronald Owens; Seaman Lakiba Nicole Palmer; engineman fireman Joshua Langdon Parlett; fireman Patrick Howard Roy; electronics warfare technician 1st Class Kevin Shawn Rux; mess management specialist 3rd Class Ronchester Santiago; operations specialist 2nd Class Timothy Lamont Saunders; fireman Gary Graham Swenchonis Jr.; Ensign Andrew Triplett; and Seaman Craig Bryan Wibberley.

Oct. 13
In 1971, Anchorage, Alaska, and Camp Murray, Fort Lewis, Washington, — the two states that tied for claiming to have enlisted the first female Soldier into their Army National Guard. At Camp Murray Spc. 5 Nora Campbell was sworn in this day as a member of the Washington National Guard. At virtually the same time Spc. 5 Mary L. Cunningham was sworn in as a member of the Alaska Army Guard in Anchorage. Both are members of their respective State Area Headquarters. In 1967, Congress authorized the enlistment of prior-service female personnel into the Guard under Public Law 90-130 effective July 1, 1968. Only prior service women joined at this point due to the war in Vietnam, which demand so much money that none was available to train women for enlisted Guard service. The Air Guard immediately enlisted its first prior-service woman when Tech. Sgt. Reannie Pocock joined the 146th Military Airlift Wing, California, Air National Guard in 1968. However, the Army Guard waited three years before it finally accepted its first enlisted women Soldiers. As the war in Vietnam ended in the early 1970s, and the all-volunteer and total force policies took effect, Congress amended the law, added more money for Guard training and allowed

the direct enlistment of women with no prior-service experience.

Oct. 14
In 1938, the first flight of the Curtiss Aircraft Company’s P-40 Warhawk fighter plane The Curtiss P-40 Warhawk was an American single-engine, single-seat, all-metal fighter and ground-attack aircraft. The P-40 design was a modification of the previous Curtiss P-36 Hawk which reduced development time and enabled a rapid entry into production and operational service. The Warhawk was used by most Allied powers during World War II and remained in frontline service until the end of the war. It was the third most-produced American fighter, after the P-51 and P-47; by November 1944, when production of the P-40 ceased, 13,738 had been built, all at Curtiss-Wright Corporation’s main production facilities at Buffalo, New York. The P-40 Warhawk was the name the United States Army Air Corps adopted for all models, making it the official name in the United States for all P-40s. The British Commonwealth and Soviet air forces used the name Tomahawk for models equivalent to the P-40B and P-40C, and the name Kittyhawk for models equivalent to the P-40D and all later variants. The P-40s first saw combat with the British Commonwealth squadrons of the Desert air force in the Middle East and North African campaigns, during June 1941. The No. 112 Squadron Royal air force was among the first to operate Tomahawks in North Africa and the unit was the first Allied military aviation unit to feature the “shark mouth” logo, which copied similar markings on some Luftwaffe Messerschmitt Bf 110 twin-engine fighters. The P-40’s lack of a two-stage supercharger made it inferior to Luftwaffe fighters such as

the Messerschmitt Bf 109 or the Focke-Wulf Fw 190 in high-altitude combat and it was rarely used in operations in northwest Europe. Between 1941 and 1944, the P-40 played a critical role with Allied air forces in three major theaters: North Africa, the Southwest Pacific and China. It also had a significant role in the Middle East, Southeast Asia, Eastern Europe, Alaska and Italy. The P-40’s performance at high altitudes was not as important in those theaters, where it served as an air superiority fighter, bomber escort and fighter bomber. Although it gained a postwar reputation as a mediocre design, suitable only for close air support, recent research included scrutiny of the records of individual Allied squadrons, indicated that the P-40 performed surprisingly well as an air superiority fighter, at times it suffered severe losses but also took a very heavy toll of enemy aircraft, especially when flown against the lightweight and maneuverable Japanese fighters like the Oscar and Zero in the manner recommended in 1941 by Gen. Claire Chennault, the AVG’s commander in southern China. The P-40 offered the additional advantage of low cost, which kept it in production as a ground-attack aircraft long after it was obsolete as a fighter. In 2008, 29 P-40s were still airworthy.

Oct. 15
In 1918, Lt. Col. William “Wild Bill” Donovan earned the Medal of Honor while he led his regiment, the 165th Infantry (formerly the 69th New York, the “Fighting 69th” of Civil War fame), 42nd “Rainbow” Division, in an attack to capture a German strongpoint. By acts of personal courage such as rallying platoons of Soldiers decimated and about to break from enemy fire, he again led them forward. Though seriously wounded he refused to be evacuated and continued

to command his men from a bomb crater. Eventually the Americans did have to withdraw after they suffered devastating losses. Donovan started his Guard service by organizing his own cavalry troop which he then commanded during its tour of duty on the Mexican border in 1916. He then joined the 69th New York just prior to the mobilization for World War I. Even before earning the Medal of Honor, in July 1918, he displayed extreme courage when he led a battalion in its attack on German positions in the Oureq River (called by the Irish of the 69th as the “O’Rourke River”) sector. For this action he was awarded the Distinguished Service Cross (the Army’s second highest medal for valor). In World War II Donovan organized and commanded the Office of Strategic Services, the forerunner of today’s CIA.

Oct. 16
In 1780, a raid on Royalton, Vermont, and Tunbridge, Vermont, were the last major raids of the American Revolutionary War. Just before dawn the town line of Tunbridge and Royalton was witness to the last major raid of the Revolutionary War in New England. In the “Royalton Raid” 300 Indians led by British soldiers invaded from Canada along the First Branch of the White River. Part of a series of raids designed to terrorize frontier settlements, the result was the destruction of dozens of homes, crops and livestock necessary to survive the coming winter. Although women and girls were not harmed, 28 men and boys were taken captive and marched to Canada and imprisoned. In the years that followed, many of the captives made their way back to their families, but some never returned. One resident, Peter Button, was killed in Tunbridge near the Royalton town line along what is now Route 110.

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News Notes

Army 10-Miler road closures

On Sunday, from 5:30 a.m. to 1:30 p.m., all lanes of Route 110 will be closed. From 7:30 a.m. to 11:30 a.m., the following will experience rolling closures and openings:

- Virginia**
- Arlington Memorial Bridge
 - I-395 HOV (northbound) to the Eads Street ramp
 - Long Bridge Drive
- Washington, D.C.**
- Constitution Avenue, NW between 23rd and 18th streets
 - Virginia Avenue, NW (all lanes)
 - Rock Creek Parkway south of Virginia Avenue, NW
 - Independence Avenue, SW (westbound lanes) from 14th Street to 7th Street
 - 4th Street along Jefferson Drive
 - 14th Street, south I-395 HOV (northbound)

Arlington National Cemetery hours of operation change

Arlington National Cemetery hours of operation have changed to close two hours earlier each day. The cemetery will be open 8 a.m. to 5 p.m. through the end of March. Changing of the Guard ceremonies will be held on the hour, every hour.

The guard is changed every hour on the hour Oct. 1 to March 31. From April 1 through Sept. 30, another change is added on the half hour and the cemetery closing time moves from 5 to 7 p.m.

2019 Andrew Radar US Army Health Clinic seasonal flu clinics

Joint Base Myer-Henderson Hall Memorial Chapel will hold flu clinics during the following times and dates: Weekday clinics will take place from 7:30 a.m. to 3 p.m. Thursday, Tuesday, Oct. 17, 22, 24, 29 and 31 and Nov. 5 and 7. JBM-HH Rader Clinic will hold weekday clinics from 8 a.m. to noon Oct. 26 and Nov. 2.

The flu clinics are open to service members and their beneficiaries of all ages, retirees and civilian beneficiaries are welcome to receive their influenza vaccine at the clinics. The Flu Mist will not be offered this flu season.

For more information, visit <http://kacc.narmc.amedd.army.mil/sites/rader/default.aspx> or call the flu hotline at (703) 696-2994.

Hire Vets Now networking reception at JBM-HH Oct.17

Hire Vets Now is hosting a networking reception for transitioning service members Oct. 17 at Joint Base Myer-Henderson Hall Spates Community Club from 11:30 a.m. to 1:30 p.m. Register for the event online at www.vachamber.com/hirevetsoct17. For more information on the event, email k.cadow@vachamber.com.

SOWC program, luncheon

The Signal Officer's Wives Club will hold a program and luncheon 10:30 a.m. Nov. 5 at the Flower Gallery shop at Bull Run Plaza, 10816 Sudley Manor Dr. in Manassas. There will be demonstration of flower arranging and care of fresh flower arrangements followed by browsing the flower gallery gift shop. Lunch is at 12:15 p.m. at a local restaurant which offers a buffet.

For more information or questions, please contact Barbara at (571) 261-2540.

Fooda at Exchange

Fooda is now open at the Fort Myer food court. The new food service provider is open Monday through Friday from 11 a.m. to 1:30 p.m. Food selection will vary daily. Check out the menu daily at fooda.com/aafes-jbmyer.

Honor Flight Columbus seeks volunteers

On Oct. 19, Honor Flight Columbus, Ohio, is celebrating its 100th flight. There will be about 180 veterans and they are seeking volunteers to escort as guardians. These volunteers would spend the entire Oct. 19 with a veteran one on one and visit the war memorials with him or her. Many of the veterans on these flights are Vietnam-era vets and a large number are Marines. Honor Flight Columbus is seeking 10 uniformed Marines and Soldiers to be guardians. This is an extremely rewarding and emotional experience and provides the opportunity to show appreciation and bond with those who came before.

Car wash closed until further notice

The Henderson Hall car wash has announced that it will not be reopening in the foreseeable future. The infrastructure was found to need ad-

justments that must happen before the car wash can be opened. Updates will be posted as they become available.

CFC kickoff

From now until Jan. 12, 2020, the Joint Base Myer-Henderson Hall community will have an opportunity to "show some love" during this year's annual Combined Federal Campaign.

On Thursday, the joint base will kick off its campaign in the JBM-HH Dining Facility from 11:30 a.m. to 1 p.m. Active duty, retired and Department of the Army civilians have an opportunity to donate to more than 7,000 charities which can be done through a payroll deduction or a one-time payment.

To donate, visit opm.gov/ShowSomeLoveCFC click on "Donate" on the local zone website. Once an individual is on the site, he or she must build a profile if this is his or her first time using the website. DA civilians should use the six-digit CFC office code 36MWAP when filing out the online donation form. Service members must contact their unit CFC representative for the unit's CFC office code.

For more information, contact Roy Croom, the joint base CFC representative, by calling (703) 696-3791 or by email at roy.l.croom.civ@mail.mil.

Fife and Drum juniors' workshop

Join the U.S. Army Old Guard Fife and Drum Corps Oct. 26 from 7:30 a.m. to 8 p.m. for a juniors' workshop. This is a fun, educational event for young fifiers and drummers between the ages of 8 to 18. For registration and more information, contact Sgt. 1st Class Crystal Lee at (703) 696-8521 or by email at crystal.m.lee27.mil@mail.mil.

Made-to-order-pasta

Individuals can enjoy lunch made by the chef and featuring a person's favorite toppings. Served every Monday in the Old Guard Lounge from 11 a.m. to 2 p.m.

Rock 'n' roll night

Rock 'n' roll night is every first Saturday of the month. Doors open at 6 p.m., with music and dancing from 7 to 11 p.m. An a la carte menu and cash bar will be available.

Seafood dinner buffet

The seafood dinner buffet is the last Friday of the month in the Fife and Drum Dining Room. Doors open at 6 p.m. Cost is \$30.95 for member and \$35.95 for nonmembers.

Karaoke night

Karaoke night is every first Friday of the month in the Old Guard Lounge, located on the lower level of Patton Hall. Karaoke happens from 6 to 10 p.m.

All-you-can-eat buffet lunch

An all-you-can-eat buffet is served Tuesday through Friday from 11 a.m. to 2 p.m. in the Fife and Drum Room. Cost for members is \$11 and \$15 for nonmembers.

Sunday brunch

Sunday brunch is served every Sunday 10 a.m. to 2 p.m. in the Fife and Drum Dining Room. Cost for members is \$23, \$28 for nonmembers, \$10.95 for children (6-12) and children younger than 6 dine free.

Civilian leave assist

JBM-HH Directorate of Emergency Services officers Jay Vaughters and Charlie Jones have been approved to receive leave under the Volunteer Leave Program. Department of the Army civilian employees who would like to donate annual leave are asked to fill out form OPM630a, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Within Agency)," at www.opm.gov/forms/pdf_fill/opm630a.pdf. For federal government civilian employees outside the Department of the Army who would like to donate annual leave, please complete form OPM 630b, "Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (Outside Agency)," at www.opm.gov/forms/pdf_fill/opm630b.pdf. For those who wish to donate, please be sure to populate the form with the recipient's name specifically. Send completed form to Maribel Rodriguez at maribel.rodriguez.civ@mail.mil.

Leisure Travel Service Office hours

The Leisure Travel Service Office hours of operation as follows: Monday-Friday 8 a.m. to 5

p.m. Saturday, from 10 a.m. to 5 p.m. and closed on Sundays and holidays.

Join retiree council

Retirees are welcome to become JBM-HH's Retiree Council members. The executive committee of the retiree council meets quarterly the first Thursday in the months of February, May, August and November. General membership meetings occur quarterly on the second Thursday of the above months. The council is an opportunity for individuals to have their voice heard and to improve the retired military community. For more information, call or email Linda Hocking at (703) 696-5948, Linda.r.hocking.civ@mail.mil or at usarmy.jbmhh.asa.mbx.hrd-rso@mail.mil.

Capitol Deli

Capitol Deli, in the MCCA on Henderson Hall, now sells deli meats and cheeses by the pound. Hours are Mondays through Fridays 7:30 a.m. to 4 p.m. and Saturdays from 9 a.m. to 4 p.m.

Automated installation entry changes

The newest iteration of the automated installation entry system is currently being installed at Joint Base Myer-Henderson Hall. AIE is the Army's electronic physical access control system that increases security for Soldiers, Family members, Department of Defense civilian workforce, military retirees, contractor employees and visitors by electronically vetting and validating an individual at JBM-HH gates. The latest AIE brings capabilities to ease visitor access. The website for the new passes is <https://pass.aie.army.mil/jbm-hh/>. The new capabilities will allow for visitors to obtain installation access via a web-registration or at a kiosk in the JBM-HH Visitor Center. It also has the ability for visitors to be vetted and registered at designated lanes at the gate. The installation of the AIE upgrade is ongoing and will go live early May. The fielding does not affect normal traffic flow, but drivers should be aware that personnel will be at the entrance gates.

Housing assistance, environmental health registry information

If individuals are residents at Joint Base Myer-Henderson Hall, there are two numbers they can call for 24/7 housing assistance. One is a 24/7 work order call center and the other is a housing 24/7 hotline.

If individuals live in Army Family Housing on Forts McNair or Myer and have work orders for their housing, please call the Joint Base Myer-Henderson Hall Army Family Housing contractor 24/7 call center at (703) 696-2923.

If individuals have any unresolved housing issues to bring to the attention of the JBM-HH command leadership and the Army Family Housing Office, please call the housing 24/7 hotline at (703) 965-6050.

Additionally, The U.S. Army Medical Command is establishing a Housing Environmental Health Response Registry to address health or safety concerns of current or former Army housing residents. The 24-hour registry will allow the Army Public Health Center to provide current or former residents information on environmental health hazards, assist them in seeking medical care for any housing related illnesses or concerns and serve as a two-way exchange of information. Call the registry at (800) 984-8523 to enroll.

Toastmasters improves listening, thinking

Toastmasters is available for individuals who want to improve their public speaking, thinking, listening and leading. Helmsmen Toastmasters holds weekly meetings every Thursday at 7:30 a.m. at the Pentagon, PLC2, just outside north parking entrance.

For more information, contact Carl Sabath at (703) 695-2804 or by email at carl.e.sabath.civ@mail.mil.

Employee Assistance Program at Fort Belvoir

Employee Assistance Program services for JBM-HH are currently being provided by Fort Belvoir. For EAP services, please contact Dr. Jorge Grandela at (703) 805-5588 or Doryan Dixon (alternate) at (703) 805-1083 until further notice.

Auto shop hours

The JBM-HH Auto Skills Shop will be open Wednesdays and Thursdays from 4 to 8 p.m., Fridays from 1 to 8 p.m. and weekends from 10 a.m. to 5 p.m. The shop is closed Mondays, Tuesdays and holidays.



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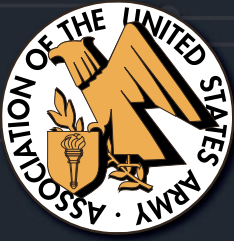
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Monday, October 14

- **Opening Ceremony,** 9:30 to 11:15 a.m. – Ballroom
-- Keynote address by Secretary of the Army Ryan McCarthy
-- Patriotic Program by the 3rd U.S. Infantry Regiment (The Old Guard), The Old Guard Fife and Drum Corps, and The U.S. Army Band "Pershing's Own"
- **Industry and Military Exhibits, Monday – Wednesday,** 9 a.m. to 5 p.m. in Exhibit Halls A, B, C, D, and E
- **American Freedom Foundation/AUSA Warriors to the Workforce Veterans Hiring Event** Monday – Wednesday, 9 a.m. to 3 p.m. in Exhibit Hall A, Booth 261
- **The United States Army Exhibit – Exhibit Hall B – Booth 1725**
- **AUSA Authors’ Forum –** 1 to 3 p.m., Room 145 A
- **U.S. Army Women’s Foundation Forum,** 1 to 3 p.m. – Room 202 B – “Celebrating Women in the Army – The Past, The Present, The Future”
- **Digital Learning Session,** 1:30 to 3 p.m. Room 204 AB “Risky Business – Leadership in the Information Ages”
- **Retiree & Veteran Program Update Seminar** 2 to 3 p.m. – Room 140 A
- **Chief, U.S. Army Reserve Seminar,** 2 to 3:30 p.m. – Room 152 AB
- **ILW Contemporary Military Forum,** 2 to 4 p.m. – Room 151 AB – “Readiness Through 2022 and Beyond”
- **AUSA Military Family Forum I,** 2 to 4:30 p.m. – Room 207 AB – “Today’s Army Spouse – Addressing Life’s Challenges”
- **ILW Contemporary Military Forum,** 2 to 4 p.m. – Room 147 AB – “The Army is People”
- **CSM ARNG Breakout Session,** 3 to 3:45 p.m. – Room 150 A
- **CSM USAR Breakout Session,** 4 to 4:45 p.m. – Room 150 A

Tuesday, October 15

- **AUSA Military Family Forum II,** 9 to 10:15 a.m. – Room 207 AB – “Military Spouse Employment”
- **Warrant Officers Professional Development Forum I,** 9 to 11 a.m. – Room 202 B
- **The Sergeant Major of the Army's Professional Development Forum,** 9:30 to 11 a.m. – Room 152 AB
- **Director, U.S. Army Reserve Seminar,** 10 to 11:30 a.m. – Room 145 AB – “Combat Training Centers and Division Alignment”
- **ILW Contemporary Military Forum,** 10 a.m. to Noon – Room 151 AB – "Synchronizing Installation Readiness and Sustainment from the Strategic Support Area to the Tactical Point of Need"
- **ILW Contemporary Military Forum,** 10 a.m. to Noon – Room 147 AB – “DEFENDER-Europe 20 - Deterring Adversaries Through Strategic Readiness & Interoperability”
- **AUSA Military Family Forum III,** 10:30 to 11:45 p.m. – Room 207 AB – Army Housing & PCS Moves”
- **Military Retirement Planning Seminar,** (Regular Army and AGR), 2 to 3 p.m. – Room 140 A
- **Foreign Military Sales Seminar,** 2:30 to 3:30 p.m. – Room 150 AB – “Security Cooperation – Investing in Future Global Readiness”
- **Warrant Officers Professional Development Forum II,** 2:30 to 4 p.m. – Room 202 B
- **AUSA ILW Homeland Security Seminar,** 2:30 to 4:30 p.m. – Room 151 AB “Multi-Domain Homeland Defense”
- **AUSA Military Family Forum IV,** 3:00 to 4:30 p.m. – Room 207 AB “Army Senior Leaders’ Town Hall”

- **ILW Contemporary Military Forum,** 3 to 5 p.m. – Room 152 AB – "Army Geospatial Enterprise Architecture –Aligning Operational Geospatial Requirements and the Synthetic Training Environment"
- **ILW Contemporary Military Forum,** 3 to 5 p.m. – Room 147 AB – Left of Conflict - Near Peer Threats on the Horizon”

Wednesday, October 16

- **Army Civilian Forum,** 9:30 to 11:30 a.m. – Marriott Marquis, Independence Ballroom – “Civilian Talent Management"
- **Military Retirement Planning Seminar** (Regular Army and AGR), 10 to 11 a.m. – Room 140 A
- **ILW Contemporary Military Forum,** 10 to 11:45 a.m. – Room 151 AB – "Delivering Force Modernization"
- **ILW Contemporary Military Forum,** 10 to 11:45 a.m. – Room 147 AB – “Army Talent Management in 2028”
- **Military Retirement Planning Seminar** (U.S. Army Guard & Reserve), 11 a.m. to Noon – Room 140 A
- **ILW Contemporary Military Forum** 2 to 4 p.m. – Room 151 AB – "America's Disaster Response - The Army's Preparedness for a Complex Catastrophe"

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Registration – Ticket Pickup Hours

- Friday 8 a.m. to 5 p.m.
- Saturday 8 a.m. to 5 p.m.
- Sunday 8 a.m. to 6 p.m.
- Monday 7 a.m. to 6:30 p.m.
- Tuesday 7 a.m. to 5 p.m.
- Wednesday 8 a.m. to 5 p.m.*

* Extended Ticket Pickup at AUSA Info Booth, 5 to 6:30 p.m.