



THE HERD



Sheppard Air Force Base, Texas - Oct. 4, 2019

Visit the [Sheppard homepage](#) for more news and information



The sky's the limit: Sheppard innovation goes from ground up

By Airman 1st Class Madeleine E. Jinks

To maintain the title of the world's greatest Air Force, it is imperative to keep moving forward. To commit to never being stagnant. To find creative solutions, think outside the box, and always adapt and overcome.

[Click for the article.](#)



Street repairs to begin on Fourth Avenue

By 82nd Civil Engineering Squadron

Street repairs on Fourth Avenue between Avenues J and H will take place between 7 a.m. and 6 p.m. Work is scheduled to be completed in one day. The contractor will place "Road Closed" signs to close the street temporarily to all traffic. Please note Avenue I will not have through traffic at Fourth Avenue.

[Click here for the story.](#)



Master Sgt. Keith Green

MSgt. Green has been in the Air Force for 17 years as an Explosive Ordnance Disposal (EOD) technician. He is currently a CDC writer at the 366 TRS.

In 2010, MSgt. Green was deployed to Afghanistan as a EOD team leader attached to the U.S. Marines. 3 months into his tour, a 60 pound improvised explosive device (IED) detonated beneath his vehicle. He suffered a lower back injury and mild TBI. Upon his return to the United States he began suffering from post-traumatic stress disorder.

MSgt. Green was put into the AF Wounded Warrior program and the target medical care program. His wounded warrior case worker monitored his mental and physical health for several years which was crucial in his recovery. He credited this program along with Wounded Warrior Foundation for helping him return to duty and saving his life.

He continues to advocate mental health for all Airmen/Military personnel through self-awareness, physical fitness, and therapy.



National Disability Employment Awareness Month

Train, Develop and Inspire Warriors: Combat Capability Starts Here

SHEPPARD IN PHOTOS

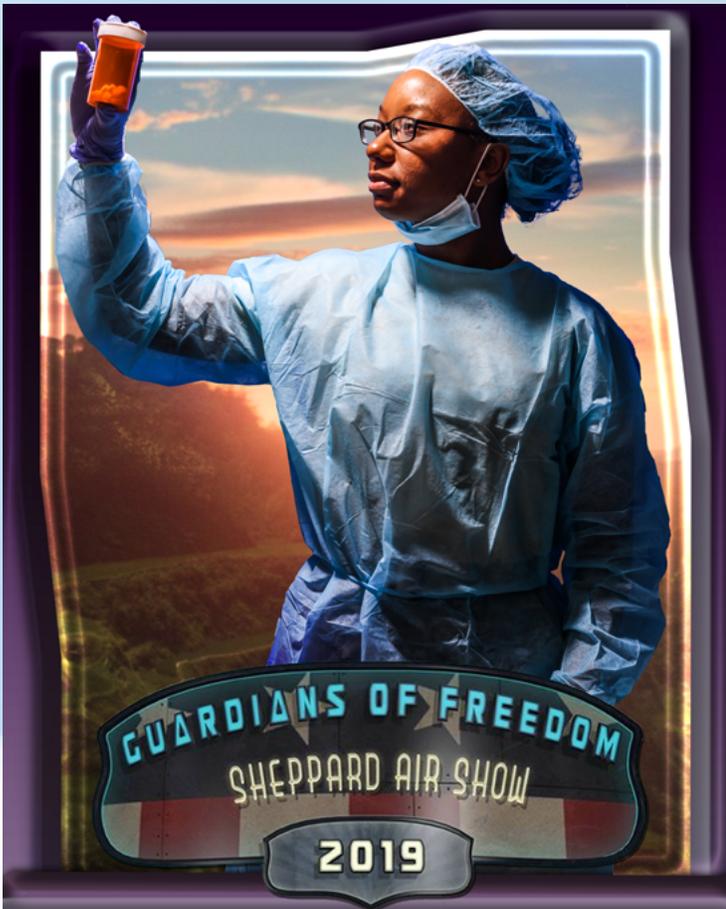
See more at: www.sheppard.af.mil



GUARDIANS OF FREEDOM OPEN HOUSE & AIR SHOW

OCT. 26 - 27, 2019

<https://www.sheppardairshow.info/>



MEET THE MEDIC



KEEPING US IN THE FIGHT

The hundreds of medical facilities we have around the world are only as good as the Airmen who work in them. Providing essential care in multiple medical roles, Medical Service specialists assist doctors and care for patients in a wide range of situations. From administering immunizations to assisting in aeromedical evacuations, these highly skilled professionals supply critical support and are valuable members of any healthcare team.

CAREER TASKS

- PERFORM A WIDE ARRAY OF TECHNICAL NURSING DUTIES INVOLVING THE CARE AND TREATMENT OF PATIENTS, INCLUDING IMMUNIZATIONS, DIALYSIS AND CRITICAL CARE
- ASSEMBLE, OPERATE AND MAINTAIN MEDICAL EQUIPMENT
- SCHEDULE AND CONDUCT IN-SERVICE TRAINING ON PROCEDURES AND TECHNIQUES
- ADMINISTER MEDICATIONS UNDER THE SUPERVISION OF A PHYSICIAN OR NURSE
- PERFORM MEDICAL, DENTAL AND EMERGENCY TREATMENT AT DEPLOYED LOCATIONS AND REMOTE SITES
- PREPARE PATIENTS FOR SURGERY AND PERFORM POSTOPERATIVE MONITORING
- PERFORM AEROMEDICAL EVACUATION GROUND OR FLIGHT DUTIES



QUALIFICATIONS

- MINIMUM EDUCATION - HIGH SCHOOL DIPLOMA, GED WITH 15 COLLEGE CREDITS OR GED
- ASVAB REQUIREMENTS - GENERAL
- KNOWLEDGE OF MEDICAL TERMINOLOGY, ANATOMY AND PHYSIOLOGY ALONG WITH OTHER MEDICAL TECHNIQUES AND PROCEDURES
- COMPLETION OF RELATED AIR FORCE PROGRAMS AND COURSES
- CERTIFICATION FROM THE NATIONAL REGISTRY OF EMERGENCY MEDICAL TECHNICIANS
- NO RECORD OF EMOTIONAL INSTABILITY
- POSSESSION OF A VALID STATE DRIVER'S LICENSE TO OPERATE GOVERNMENT MOTOR VEHICLES
- IMMUNIZATION BACK-UP TECHNICIAN QUALIFICATION AND NORMAL COLOR VISION
- QUALIFICATION TO PERFORM DUTIES AT AN ISOLATED LOCATION
- AGED BETWEEN 17 AND 39, COMPLETION OF 8.5 WEEKS OF BASIC MILITARY TRAINING



WORD ON THE TWEET

On this #GoldStarFamiliesDay, we take time to solemnly honor & remember

HISTORY MADE: CAOC SHUTS DOWN! | Check out @washingtonpost reporting on the

Connecting the @usairforce with the local communities of Gunsan city, South Korea through #music

SAFETY CORNER

FALL FIRE SAFETY TIPS

By Derek Sonnier

As the air turns cooler and leaves drop from the trees, it's important to keep a few important fall safety tips in mind. With proper precautions and safety awareness, your family can enjoy that crisp autumn weather while avoiding some of the dangers that come with the season.

Service Your Furnace

Before the cold autumn and winter weather sets in, be sure to call your heating and cooling company to service your furnace. A specialist should inspect the furnace to make sure everything is in working order and no leaks.

Use Fireplaces Safely

Keep that fire in its proper place by using a fireplace screen to keep sparks from flying out of the fireplace. Never leave a burning fire unattended, and make sure a fire in a fireplace is completely out before going to bed.

Use Caution with Space Heaters

A space heater can be an effective way to warm up a chilly room, but it's essential that you read the instructions on the unit before you use it. If your space heater requires venting, make sure you have vented it to the outdoors. Never use your stove or oven to heat your home; only use space heaters that are approved for this purpose. Always allow at least three feet of empty area around space heaters.

Exercise Candle Caution

Candles are a great way to give a room that warm glow, but they can also cause fires. According to the National Candle Association, almost 10,000 home fires start with improper candle use. Never leave candles burning if you go out or go to sleep, and keep your candles away from pets and kids.

Change Smoke Alarm Batteries

Change the batteries in your smoke alarms and carbon monoxide detectors when you turn back your clocks for Daylight Saving Time. Make sure to check the alarms with the new batteries installed. Check and replace any home fire extinguishers that have expired.

Source: https://safety.lovetoknow.com/Fall_Season_Safety_Tips

THE FORCE Report
Your Guide to the B31 Force Support Squadron Activities 2019-20

AMERICA'S KIDS COLOR RUN
05 OCT 2019

Cocktails + CANVAS
October 11 6:00 PM - 9:00 PM
November 8 6:00 PM - 9:00 PM
December 12 6:00 PM - 9:00 PM

MEMBERSHIP NIGHT HALLOWEEN BUFFET
4:30PM - 6:30PM
October 11

TAP TAKEOVER
16 OCT 2019

USE THE FORCE
October 20-27, 2019

Reserve your premium box seating at: bit.ly/BoxSeats19

CHECK OUT WWW.USAFSABARRANGES.COM FOR MORE INFO

Safe and Secure Online PARENTS EDITION
Cyberbullying Tips

Cyberbullying can happen anywhere hurtful or offensive comments or photos can be sent or posted. Children must be taught that anonymity is not an excuse to say anything you would not say directly to a person's face and to always report hurtful interactions.

Can you imagine being bullied at school and then straight into your house? That's what children are facing these days. Cyberbullying is persistent.

Communicate, Recognize, & Act
Communication and trust are critical in cyberbullying situations. Start cyber safety conversations early.

Talk to your kids about cyberbullying and teach them to:
-Report offensive or hurtful comments immediately, whether they are the target or not.
-Be careful what they send or post about someone else - unintentional bullying is still bullying.

Recognize signs of cyberbullying:
-Anxiety, depression, or frustration after using any devices.
-Stops accessing social media, apps, or games.
-Unhappy about going to school.
-Abnormally withdrawn from usual friends & family members.

Help your children to take action:
-Save the text/social media.
-Don't reply and don't delete them.
-Report the user online and block from further interaction.
-Inform schools & authorities about the situation for further guidance & instructions.

www.IAmCyberSafe.org/Parents

Operation Welcome Home
Free fishing trip for military warriors
Friday - Sunday, November 1-3, 2019

On Beautiful Lake Texoma
Pottsboro, Texas 75076

- Free Fishing/w Guides • Free Lodging
- Dinner at VFW • Fish Fry •
- Dinner at American Legion •
- Breakfast at Elks Lodge •

For More Information Contact
Tommy Bonner
at (806) 584-7878 or (940)676-0363

VOLUNTEER OPPORTUNITIES



OCTOBER IS NATIONAL DISABILITY EMPLOYEE AWARENESS MONTH (NDEAM)!

- This is an opportunity for 10 members (no rank specific) to shadow one of the Work Service Corp (WSC) employees at the Sagebrush Dining Facility . NDEAM is a fitting time to learn about disability employment issues and celebrate the many and varied contributions of employee's with disabilities.
- Date: Oct. 18, 2019
- Time: 0700-1300
- Place: Will meet at the Sagebrush Dining Facility
- Last day to sign up is 15 Oct 19 or until all 10 spots have been filled. Please contact TSgt Rodrick Chandler, 82nd TRW/EO, if interested. This opportunity is first come first serve. Thank you.

MARCH OF HONOR AT THE CITY VIEW TRACK

- Volunteers needed for set up, registration/hospitality tables, road guards, and clean up.
- This is a 10 mile ruck march to mimic basic training, the rucks will be full of supplies for the homeless so we will also need people to unpack the rucks as people finish and then organize and pack the supplies into boxes.
- Date: November 9
- Time: 0800-1500
- If you would like to volunteer or want more info please e-mail TSgt Price, Kaili, or TSgt Alstrin, Michael and we will put your name on the list.

STAND DOWN FOR THE HOMELESS

- We need volunteers to hand out supplies, direct traffic, and help serve the noon meal. It will be held at the Downtown library.
- Date: December 14
- Time: 0800-1700
- If you would like to volunteer or want more info please e-mail TSgt Price, Kaili, or TSgt Alstrin, Michael and we will put your name on the list.

VOLUNTEERS NEEDED PATIENT FAMILY PARTNERSHIP COUNCIL (PFPC)

- Calling all beneficiaries!! Sheppard Clinic is developing a Patient Family Partnership Council (PFPC) and looking for volunteers to sit on this committee. Serve where you can make a difference.
- The meetings are held once a quarter during normal business hours. We are looking for volunteers from all categories who are assigned to/actively use our facility. We are seeking one military retiree, TRICARE Plus patient, TRICARE for life patient and an active duty family member.
- If you are interested in a volunteer position serving on this council or would like additional information, please contact Lt Cody Campbell at 940-676-8350 or email either cody.l.campbell6.mil@mail.mil or natalie.j.henderson3.civ@mail.mil.
- Facebook Live - Sheppard Clinic Town Hall Meeting!!
- We will be hosting a Facebook Live session on Friday, 9 August @ 1100. This is your opportunity to voice concerns, ask questions, get direct answers from Medical Group Leadership. Access our Facebook page and listen in!! Or if you cannot attend, send your questions in advance to Natalie.j.henderson3.civ@mail.mil and we will address those questions during the event. For questions or additional information call 940-676-1356. See you on Friday!!

AIRMEN AGAINST DRUNK DRIVING (A2D2) VOLUNTEERS

- Volunteers to cover CQ duty, drivers and escorts
- Friday and Saturday nights 2030 - 0030
- Drivers and Escorts: Will get a call from CQ at 2030 to verify they are still available to be a driver or an escort. When CQ receives a request for a ride, CQ will call both driver and escort. Driver will pick up escort first, and then pick up requester.

VOLUNTEER OPPORTUNITIES



- For CQ: CQ will be at Sheppard INN by 2030 and get an AADD binder from Sheppard INN front desk. The binder has a list of volunteers (driver and escorts) and procedures for CQ. Food will be provided at Sheppard INN for CQ volunteers.
- If you are interested in volunteering please contact HWANG, JAEBEOM SrA USAF AETC 82 CPTS/FO to schedule your shift!

HUMANE SOCIETY OF WICHITA FALLS

- Seeking energetic volunteers to interact and exercise with second chance dogs and cats who are waiting to be adopted to their new FURR-ever home
- Seeking volunteers with special skills in general facility maintenance (electrical, carpentry, HVAC, etc.)
- Seeking volunteers who are interested in helping to update and manage the Humane Society's Facebook and other social media
- For more information please contact Cheryl Miller at 940-855-4941, email director@humanesocietyofwichitacounty.org, connect on Facebook @hsowfc (main page) / @wichitafallspaws (volunteer/donation page), or stop by any time Monday thru Saturday 11 a.m.-6 p.m.: 4360 Old Iowa Park Road Wichita Falls, Texas, 76305.

FAITH REFUGE

- Volunteers needed for the local homeless shelter for women and children and various projects.
- For more information, contact Sherry Hill at 940-322-4673/2017

THE UPSIDE

- Volunteer group to assist families who have children with Downs Syndrome.
- Monthly meetings are held with guest speakers to provide information on their services.
- Parents can share experiences with other parents
- For more information email misti@theupsideWF.org or visit the website www.theupsidewf.org

SATURDAY BUILD DAYS

- Help build a home for a local family
- Every Saturday - 8 a.m.-noon, 1-4:30 p.m.
- Located at designated Habitat Build site
- Scope of work will change each weekend as we complete stages of construction. For more information contact Dan at 940-716-9300 or volunteer at www.vol-habitat@habitatwf.com

WICHITA FALLS COMMUNITY ORCHESTRA

- Concerts held throughout the year volunteer times: WFCO rehearses Monday nights at 7 p.m.
- We welcome all musicians (especially strings).
- Formal auditions are not required. Good rehearsals mean good performances although we realize not everyone can attend every rehearsal, we do require a sincere level of commitment.
- To sign up or for more information email WFCCommunityOrchestra@gmail.com or visit www.wichitafallscommunityorchestra.com

PRODUCE EXPRESS BAGS

- Help to assemble fresh produce for distribution
- Any Tuesday or Wednesday; Volunteer Times: 8 a.m.-5 p.m.
- Located at 1230 Midwestern Parkway
- For more information email betsilujan@wfabf.org. To sign up call 940-766-2322 or email wendellgriffin@wfabf.org

VOLUNTEER OPPORTUNITIES



Big Brothers, Big Sisters 940-767-2447 or wfinfo@bbbstx.org

Children's Aid Society 940-322-3141

Christmas in Action 940-696-9393

Faith Mission 940-723-5663

Faith Mission Donation Center 940-766-0705

Faith Refuge 940-322-4673

First Step 940-723-1646

Food Bank 940-766-2322

Sheppard AFB Thrift Shop 940-676-3173 or DSN 736-3173

Habitat for Humanity 940-716-9300

Patsy's House 940-723-1646

Boys and Girls Club of Wichita Falls and Burkburnett 940-322-2012

Read 2 Learn January Jones 940-235-1009 or jbjones@wfid.net

Salvation Army 940-687-2051

Wichita Falls Adult Literacy Council 940-766-1954

Wichita Falls Area Food Bank 940-766-2322 terrymorton@wfafb.org

Wild Bird Rescue 940-691-0828 or paige29072@yahoo.com

Whispers of Hope 940-696-8044

News Notes



YOU! Are invited to the 82 TRW Quarterly Awards celebration

The celebration is scheduled for 1 November 2019 @ 1100 at the Sheppard Club. Please have your nominees present NLT 1045, ensure nominees who are not attending have representatives available. Lunch will be served at 1100, and ceremony will begin at 1130. UOD for military will be ABUs/OCP, Civilian's UOD will be business casual. All personnel who wish to attend should contact their group pro-ratas. If you have any question or concerns, please contact me. Thank you and best of luck to all of your nominees!

Pro Ratas

- 982 TRG – A1C Jaylen Sherrod (982 TRG/CSS, 676-0853)
- 782 TRG – SSgt James Mahood (366 TRS/TTM, 676-5846)
- 82 TRG – TSgt Eric Mingus (362 TRS/RHC, 676-6214)
- WSA – A1C Ashton Compton (82 CPTS/FO, 676-4864)
- 82 MDG – MSgt Nicole Allums-Ball (82 MDG/SGSR, 676-5087)
- 82 MSG – SrA Sherina Sartin (82 CONS/PKBB, 676-2981)

Recruitment & Cross Training

Are you thinking considering cross training? If you find yourself at a career crossroads, and are interested in learning more about the Manpower career field, give us a call or stop by, we will be glad to discuss it with you further. If you possess a strong desire for outside the box thinking, are currently in a balanced or over-age AFSC, and in the grades of E-4 through E-7, with 4-to-15 years of service, you might be qualified for this opportunity. Contact Jim Getchell at 676-4935 to find out more.

Sheppard South Express Irregular Hours

Unattended after hours fueling at Sheppard South Express will be discontinued due to equipment requirements calling for sensors to be installed underneath the dispensers. However, customers will still be able to utilize the unattended fueling feature during regular business hours when the facility is manned. Hours of Operation are as follows:

Mon-Thu: 0700-2000
Fri: 0700-2000
Sat: 1000-2100
Sun: 1100-1900.

Public Affairs streamlining multimedia work order process

- Support for graphics, video and command information products will begin once an AF IMT 833 is submitted to public affairs by email to 82.trw.pav@us.af.mil. Products approved for public affairs support include still photography, motion photography, audio, video, photo and broadcast journalism products, and graphics as well as news and feature articles to be published on the Sheppard Air Force Base public website at www.sheppard.af.mil.
- Requesters must complete items 7-12, 16-22, and 24 on the AF IMT 833. Work will not be authorized until the requester completes each field as required. This is to ensure the public affairs staff has the most accurate and descriptive information needed to successfully complete the request.
- Customers needing official photos can call the photo studio at 940-676-6620 or 940-676-2732 to schedule an appointment. An AF IMT 833 will be filled out electronically during the appointment.
- The AF IMT 833 can be downloaded [here](#) or by going to the Public Affairs page on the Sheppard AFB public website. Call 940-676-7239 for more information.

News Notes



Finance Office Hours

The Finance Office will be closed for training every third Wednesday of the month beginning on Jan. 16, 2019. Customer service hours on those days will be 1-4 p.m. As a reminder, customer service hours are 9 a.m.-4 p.m. Monday-Friday, with Tuesdays from 4-6 p.m. reserved for our AiT population. For more information call 940-676-4866.

