



THIS WEEK 9-13 SEPT 2019



ARMY COMBAT FITNESS TEST

In order to optimize U.S. military performance, Soldiers and leaders must do their part to train smarter, which includes avoiding injury. Using proper technique, slowly building up intensity and weight levels to acclimate your body, and allowing rest days between similar activities are the primary keys to minimizing your risk.

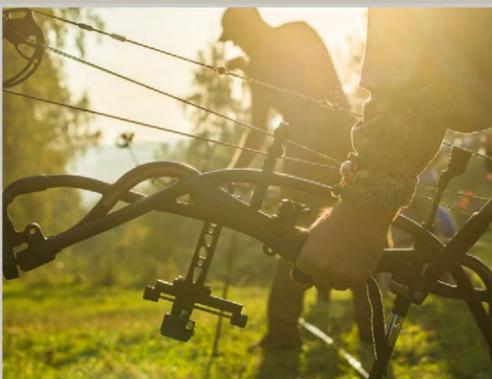
MISHAP BRIEFS

PMV-4

A 26-year-old Soldier assigned to Fort Campbell, Kentucky, died in a PMV-4 mishap near Manchester, Tennessee. The Soldier was riding as a passenger in a vehicle when the driver lost control and crashed. He was ejected from the vehicle as it overturned and pronounced dead at the scene.



[CLICK HERE TO VIEW MORE PRELIMINARY LOSS REPORTS](#)



ARCHERY HUNTING PREP

Hunting is a privilege; doing it safely is a choice. Hunting legally, however, is the law. Be safe and know your state's requirements and hopefully you will have a safe and successful archery hunt.



DISASTER READINESS

People survive disasters by preparing before the event strikes. As demonstrated in other national disasters, until resources can be mobilized in your area, you are on your own to care for your family. Will you be prepared?

POST THIS

SHAPING SAFETY THE EVIL EIGHT exposed

Off-duty private motor vehicles**

Driver mistakes contributed to **46%** of the Class A mishaps.

The Fix:

- Identify Soldiers who display poor driving skills
- Coach and mentor your Soldiers - teach them how to manage off-duty risks
- Make discussions about safety and loss prevention personal

<https://safety.army.mil>

[CLICK TO DOWNLOAD](#)

PRODUCTS & TOOLS



Learn the safety culture and climate within your organization.



A collection of resources to aid commanders and leaders in the management of range operations and safe weapons handling.



Great resource for finding a local riding association, and learning to be a safer rider.



ReportIt is the single Army accident and risk management system for collecting injury, illness and loss data.



Make your Soldiers aware of the off-duty hazards they'll face with the Off-Duty Safety Awareness Presentation.



Everyone is susceptible to accidents, but tragedy is not inevitable. Take advantage of the products and tools the Army provides to help keep you safe.

Each September, **National Preparedness Month** encourages and reminds Americans to be prepared for disasters or emergencies in their homes, businesses and communities. For more information, visit <https://www.ready.gov/>.

EMERGENCY PREPAREDNESS



MAKE A PLAN



BUILD A KIT



BE INFORMED

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