U.S. Army Forces Command FRONTLINE September 6, 2019 | Volume IX, Issue 32







Senior Leaders FORSCOM CG, CSM sends...



"As the Nation recognizes National Suicide Prevention Awareness Month this September, our Army remains dedicated to caring for our Soldiers, Civilians, and Families. Suicide Prevention Awareness Month is a reminder of our responsibility to take care of ourselves, our teammates, and our Family members."

> - FORSCOM CG and CSM Aug. 22, 2019 Fort Bragg, N.C.

On Point

Suicide Prevention. Awareness Month

September is designated as Suicide Prevention and Awareness Month, The Department of Defense (DoD) and the Military Health System (MHS) observe Suicide Prevention Month 2019 to increase



awareness about behavioral health care services and promote and enhance suicide prevention, intervention. and postvention for service members and their Families. Our goal is to reduce stigma and increase awareness in order to facilitate help-seeking behaviors.



National Preparedness Month

Each September, National Preparedness Month encourages and reminds Americans to be prepared for disasters or emergencies in their homes, businesses and communities.

30th Armored Brigade Combat Team conducts driver training



Soldiers in B Company, 1st Battalion, 252nd Armor Regiment, 30th Armored Brigade Combat Team, North Carolina National Guard, drive the MaxxPro Mine Resistance Ambush Protected (MRAP) and Joint Light Tactical Vehicle (JLTV) while conducting mobilization training near Fort Bliss, Texas, Aug. 31, 2019. (U.S. Army photo by Lt. Col. Cynthia King)

By Lt. Col. Cynthia King, S.C. Army National

FORT BLISS, Texas - Flexibility and mobility are key components to successful military operations. During deployment training to support Operation Spartan Shield, Soldiers who primarily drive the M1 Abrams Main Battle Tank in the 30th Armored Brigade Combat Team have been conducting driver training using the MaxxPro Mine Resistance Ambush Protected (MRAP) and Joint Light Tactical Vehicle (JLTV).

On August 31, 2019, U.S. Soldiers, assigned to Bravo Company, 1-252 Armor Regiment, 30th Armored Brigade Combat Team, North Carolina National Guard, held the vehicle familiarization and driver training in areas near Fort Bliss, Texas. The hot dry conditions in the region are similar to what they might experience while deployed to the Middle East.

"While we are primarily a tank unit, this training with the MRAP and JLTV will increase our flexibility and mobility on the missions we conduct," said 1st. Lt. Steven Chelton, platoon leader, 2nd platoon, Bravo Company, 1-252 Armor Regiment, 30th Armored Brigade Combat Team, North Carolina National Guard.

For many of the Soldiers, it was their first time driving the MRAP and JLTV, which was recently fielded as an upgrade to the Humvee.

"I had never driven this vehicle (JLTV) before and I really like it," said U.S. Army Spc. Jamaree Torain, a tank gunner in Bravo Company, 1-252 Armor Regiment. He added it felt similar to driving a Humvee but with more power and easier handling.

FORSCOM in the news

The Division Surgeon for the 10th Mountain Division was recently inducted into the **Order of Military Medical** Merit at a ceremony on Fort Drum, N.Y.



Two Soldiers from 1st Medical Brigade, 13th Expeditionary Sustainment Command. recently received Army **Individual Awards of** Excellence.



Medical specialists from the 126th Forward Resuscitative Surgical Team, 9th Hospital Center, 1st Medical Brigade, were honored at a recent redeployment ceremony.



The leadership of Fort Polk's 46th Engineer Battalion recently hosted a unique induction ceremony for 33 noncommissioned officers.



Two Soldiers with the 46th Engineer Battalion, 20th Engineer Brigade, recently earned the Sapper tab to go along with their previouslyearned Ranger tabs.



Meet your Army

Sergeant Jin Lim.

1st Squadron, 14th Cavalry Regiment, 1st Brigade Combat Team. 2nd Infantry Division, was named the **Better Opportunities** for Single Soldiers President of the Year for the Army. Here she poses with Col. Skye Duncan, Joint Base Lewis-McChord Garrison commander, with her award. (Photo courtesy U.S. Army)





TOP SHOTS

Here are the best photos from FORSCOM Public Affairs professionals world-wide. For more photos and information, click these photos or visit army.mil/forscom



Above A Soldier assigned to Headquarters and Headquarters Battalion, 1st Armored Division, watches as a UH-60 Blackhawk helicopter prepares to land in southeastern Afghanistan, Aug. 4, 2019. (U.S. Army photo by Master Sgt. Alejandro Licea)



Right Spc. Logan McCune, construction equipment mechanic, 92nd Engineer Battalion, 20th Engineer Brigade, guides a forklift transporting meals ready to eat at Fort Stewart, Ga., Sept. 2, 2019, as the battalion prepares to provide recovery assistance for Hurricane Dorian. (U.S. Army photo by Master Sgt. Shelia Cooper)

Left Soldiers from 2nd Stryker Brigade Combat Team, 2nd Infantry Division, ground guide a Stryker vehicle onto a rail car at Joint Base Lewis-McChord, Wash. in preparation for deployment to the National Training Center, Aug. 7, 2019. (U.S. Army photo by Sgt. Ryan Barwick)





Above Spc. Zyandriana Doss, petroleum supply specialist, 59th Quartermaster Company, 68th Combat Sustainment Support Battalion, 4th Sustainment Brigade, 4th Infantry Division, guards the perimeter from a fighting position on Fort Carson, Colo., Aug. 8, 2019. (U.S. Army photo by Sgt. James Geelen)

Left Soldiers assigned to 3rd Battalion, 67th Armored Regiment, 2nd Armored Brigade Combat Team, 3rd Infantry Division, practice advanced rifle marksmanship during a live-fire exercise on Fort Stewart, Ga., Aug. 7, 2019. (U.S. Army photo by Sgt. Andres Chandler)



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