

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce.

<u>Island Insight Submission</u>: https://home.army.mil/ria/index.php/contact/public-affairs

Sections:

- Arsenal Traffic/Construction
- Building/Space Closures
- Active Duty/Reserve Zone
- Safety Spotlight
- Equal Employment Opportunity Focus
- Morale, Welfare & Recreation (MWR)
- MWR Leisure Travel Office
- Child & Youth Services

- Army Community (ACS)
- MWR Outdoor Recreation
- Employee Assistance Program
- Education/Training Review
- Defense Commissary Agency/PX
- Arsenal Archive
- Healthbeat
- Notes for Veterans
- Around the O.C.

Upcoming Dates

<u>July 15-19</u>: DA Photos, Bldg. 90, Basement, Rm. B11, 7:20 a.m. - 3:40

<u>July 17</u>: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.

<u>July 18</u>: Real Colors, Bldg. 104, 3rd Floor, North Central Training Room, 8 a.m. – 12 p.m.

<u>July 18</u>: Thirst-day Thursday, Lock & Dam Lounge, 3-7 p.m.

July 19: MVRBC Blood Drive, CRD Room, Bldg. 60, 10 a.m. - 1:30 p.m.

<u>July 23</u>: Gender Violence, Let's Talk About It: Family Advocacy Book Club, ACS, 11 a.m.

<u>July 24</u>: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.

<u>July 25</u>: Newcomer's Orientation and Bus Tour, Abel Conf. Rm., Bldg. 110, 8 a.m. - 5 p.m.

<u>July 25</u>: Thirst-day Thursday, Lock & Dam Lounge, 3-7 p.m.

<u>July 27</u>: Korean War Veterans Armistice Day

<u>July 27</u>: Korean War Armistice 66th Anniversary Wreath Laying Ceremony, Rock Island National Cemetery, 10 a.m.

<u>July 28</u>: Tours of Quarters One by Colonel Davenport Historical Foundation, 12-4 p.m.

<u>July 30</u>: Gender Violence, Let's Talk About It: Family Advocacy Book Club, ACS, 11 a.m.

<u>July 31</u>: Brittany Piper, Sexual Assault Survivor, Heritage Hall, Bldg. 60, 10-11:30 a.m.

Milley Talks Modernization at Confirmation Hearing

The effects of delayed defense budgets, the dearth of confirmed civilian leadership in the Pentagon, modernization,

Afghanistan, and great power competition were all topics the president's nominee to be the next



chairman of the Joint Chiefs of Staff faced from the Senate Armed Services Committee at his confirmation hearing. If confirmed, Army Chief of Staff Gen. Mark A. Milley would be the 20th military officer to fill the role, succeeding Marine Corps Gen. Joe Dunford, whose term expires Sept. 30. The general opened last week's hearing by acknowledging to lawmakers that the international order, in place now for over 70 years, is under threat. "From East Asia to the Middle East to Eastern Europe, authoritarian actors are testing the limits of the international system and seeking regional dominance while challenging international norms and undermining U.S. interests," Milley said. "Our goal should be to sustain great power peace that has existed since World War II, and deal firmly with all those who might challenge us." (More: www.army.mil/article/224580)

Riverfront Pops Concert Moves to Arsenal Island

The 37th annual Riverfront Pops concert will not be held at LeClaire Park this summer. Due to damage from flooding, it will move to Arsenal Island. It was relocated to Modern Woodmen Park in 2008 and what is now the TaxSlayer Center in 1993. Brian Baxter, the Executive Director of the Quad City Symphony Orchestra, says there were around 15 possible alternative sites for this year's concert, but the island was the clear choice. "It really preserves the experience of the event for our audience. And everyone will be able to do their normal Riverfront Pops thing, bringing their lawnchairs,



bringing their coolers full of their wine and cheese and all of that. So we really felt that preserving the culture of the experience was important." The Rock Island Arsenal will declare the concert a "public event" as it did with the Red, White and Boom event this month, so normal security procedures will not be necessary. Attendees who are 16 and older will just be required to show a driver's license or state ID. The Quad City Bank & Trust Riverfront Pops concert on August 17th will feature the music of Queen, then finish the evening with fireworks set to John Philip Sousa's "Stars and Stripes Forever." (More: www.wvik.org/post/riverfront-pops-concert-moves-arsenal-island)

Procession Honors QC Vietnam War Veteran

Employees of the Rock Island Arsenal honored one of their own Tuesday, July 9. A procession was held to honor Lt. Col. Gerald "Joe" McCarthy -- a Vietnam War Veteran from the Quad Cities. McCarthy also worked at the Rock Island Arsenal. He died last week at 77 years old after battling with Parkinson's Disease for nearly thirty-years. McCarthy has received several awards including the Legion of Merit, the Bronze Star Medal, the Meritorious Service Medal with two Oak Leaf Clusters, Vietnam Gallantry Cross with Palm, Army Commendation Medal, and Vietnam Service Medal. (Full obituary: https://www.legacy.com/obituaries/qctimes/obituary.aspx?n=gerald-joseph-mccarthy-retired&pid=193299446&fhid=19020). (More: https://wqad.com/2019/07/10/procession-honors-qc-vietnam-war-veteran)

One World Terrain to Allow Soldiers to Train Anywhere

Carrying only a backpack and a drone, Soldiers could capture and eventually re-create entire sections of forests and steep mountains. They can map 3D data from the rough, dry wasteland of the Mohave Desert, the dense rainforests of Hawaii or the rocky, hilly landscape of woodlands. They can even replicate the detail of a bustling metropolis. And with this data, they can capture intricate details down to the species of trees. That data will be optimized and aggregated with data from other geospatial sensors to build a digital environment Soldiers could use to train for war or duplicate an operational



battlefield. A tedious process that once took weeks can now be achieved in three hours: within that time, Soldiers can fly a drone within a one-square kilometer area and visualize the environment in 3D run-time. (More: www.army.mil/article/224063)

Relationship with Allies Key To Maintaining Competitive Edge, Says SF Commander

The Army's Special Forces or "Green Berets" are strengthening the Mongolian military through \$23 million of funding to a mobile training team, a special operations commander said Wednesday morning. As the threat of Russia and China continues to grow, relationships with partner nations like Mongolia take increased importance as the Army looks to consolidate its competitive advantage in the Asia-Pacific region, explained Col. Owen Ray, 1st Special Forces Group commander. "The threats that we do face, everything from counter-terrorism to active competition with a near-peer competitor, are growing," said Ray during a media roundtable at the



Pentagon. "The value is our enduring relationships that strengthen and assure our Allies and partners." (More: www.army.mil/article/224343)

VIOS Schedule for July and August

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **July 15-19** and **Aug. 12-16**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the Visual Information Ordering Site for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the VIOS site https://vios.army.mil for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 90, Basement, Room B11). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available

digitally. Additional prints can be ordered in VIOS. All scheduled dates can be found on the RIA VIOS website https://vios.army.mil.

Garrison Security Office Closure

The Garrison Security Office will be closed **July 15-19**. Jeretha (Jeri) Moore will be out **July 15 – Aug. 2**. If this office provides security support for your organization, Rhiannon Puckett will be the POC. To include, but not limited to: 2875s, web-based SAARs, JPAS visit requests, and foreign travel requests. Expect processing delays due to limited staff.

Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the CRD Room (in Bldg. 60), on **July 19**. If you would like to donate at this blood drive, feel free to email shoegerl@mvrbc.org with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119.

<u>Charlie Corpuscle says</u>, "Donors who coming in to give blood at the Rock Island Arsenal will be able to claim one of our blue Heroes Are Our Type shirts. All donors may call 563-359-5401 or email <u>shoegerl@mvrbc.org</u>.

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information: www.militaryblood.dod.mil.

Thank the SEALs Welcomes Kris "Tanto: Paronto

13 Hours Speaker presents first-hand details of the attack on Benghazi with Kris "Tanto: Paronto on **Friday, July 19**, 5:30-10:30 p.m., at the Quad-Cities Waterfront Convention Center in Bettendorf. The harrowing, true account from one of the six on the ground who fought back during the Battle of Benghazi. 13 Hours presents, for the first time ever, the true account of the events of Sept. 11, 2012, when terrorists attacked the U.S. State Department Special Mission Compound and a nearby CIA station called the Annex in Benghazi, Libya. A team of six American security operators fought to repel the attackers and protect the Americans stationed there. Those men went beyond the call of duty, performing extraordinary acts of courage and heroism, to avert tragedy on a much larger scale. This is his personal account, never before told, of what happened during the thirteen hours of that now-infamous attack. 13 Hours sets the record straight on what happened during a night that has been shrouded in mystery and controversy.

Quad Cities Veterans Experience Action Center

The Quad Cities Veterans Experience Action Center, the most comprehensive Veteran resource event in the region **July 19 and 20**, at St. Ambrose University's Wellness and Rec Center, 518 Locust Street, in Davenport, 9 a.m. – 3 p.m. each day. QCVEAC is a collaboration between the Quad Cities Community Veterans Engagement Board, U.S. Department of Veteran Affairs, state,



county, and local organizations, and the community. This grassroots effort will provide veterans the means to resolve any pending or new issues they may have by providing a one-stop shop where they can access in person VA and community resources over two days. This event will have a significant and lasting impact on the lives of veterans in our community. The first event of its kind in our area, the event will provide:

- VA benefits compensation and pension claims
- Wellness exams, on-site enrollment in VA health care benefits
- Social services, including caregiver support and home health care
- Mental health counseling and opioid safety education
- Homeless, low-income housing and vocational support services
- Volunteer and employment opportunities
- Vocational rehabilitation, loan guarantee and education services
- VA Mobile Vet Center
- VA National Cemetery Administration Memorial Benefits Services from community partners, including:
 - o Information and referrals
 - Legal services
- Resilience and preparedness information
- And much more!

For more information call 2-1-1 or 563-355-9900.

Thank the SEALs "The Ride!"

Join Thank the SEALs **Saturday**, **July 20**, 9 a.m. – 5 p.m., at the Quad-Cities Waterfront Convention Center, as we celebrate our 5th year raising awareness and monies for our fallen and their families. Event kicks off at 9 a.m. with the playing of Taps followed by our guest speakers with kick stands up at 11 a.m. (times subject to change). The ride is very patriotic and we will have police and fire escorts as we travel to Mount Vernon where we will have stops at the DeWitt

Memorial for a brief ceremony then onto Mechanicsville and Mount Vernon for a midway stop which will feature food and drinks provided by Lynch Ford. Our return will take us through small town America and will end at the TangledWood where there will be plenty of food and entertainment. We will be joined by five highly decorated SEALs, highly decorated Marine Recon warriors, and you the Patriots who have made this possible through your continued support as our mission continues – thank you!

Korean War Armistice 66th Anniversary Wreath Laying Ceremony

Korean War Veterans Association Quad Cities Chapter 168 will hold a ceremony to commemorate the 66th Anniversary of the Korean War Armistice and National Korean War Veterans Armistice Day on **Saturday**, **July 27**, at 10 a.m., at the Memorial Walkway, at the Rock Island National Cemetery. The ceremony will include a wreath laying, rifle salute, and Taps. The Korean War, which began June 25, 1950, with the North Korean army's invasion of South Korea, officially ended July 27, 1953, a day now officially recognized as Armistice Day. The signing marked the end of the longest negotiated armistice in history: 158 meetings spread over two years



and 17 days. Last year's presidential proclamation stated, "Today, we honor our Korean War Veterans for their immeasurable contributions to the cause of liberty. We also salute members of the armed forces, past and present, who have maintained an allied presence on the Korean Peninsula since the 1953 armistice. Their efforts to stave off aggression are worthy of our highest respect and gratitude."

Tours of Quarters One 2019

The Colonel Davenport Historical Foundation opens the historic Quarters One mansion to the public for guided tours on **Sunday**, **July 28**. Tours of Quarters One on July 28 will begin promptly at 12 p.m. and continue starting every half hour until the last tour at 4 p.m. The tour costs \$10 per person. Children must be accompanied by an adult. Active military can attend for free, but must still register. Tour size will be limited. Tickets must be purchased in advance. Completed in 1872, Quarters One served as the home to the highest ranking officer at the Rock Island Arsenal, as well as providing space for official gatherings and functions. Over the years, this mansion of Italianate design hosted many dignitaries and notable personalities. Thirty-eight different senior officers have called Quarters One home until 2008. It was the second-largest federal residence in the U.S., behind the White House. The Quarters One tour is not handicapped accessible. The Rock Island Arsenal is an active military installation. This tour has been declared a special event so guests may enter Arsenal Island with their U.S. picture ID at the Moline gate. Simply tell the guard you are going to Quarters One for the tour. This event is a fundraiser for the Colonel Davenport Historical Foundation.

Brittany Piper, Sexual Assault Survivor

The RIA SHARP program is collaborating with the ASC Resilience program for Brittany Piper to speak to the RIA workforce **Wednesday**, **July 31**, 10-11:30 a.m., in Heritage Hall, Building 60. Attendance to this Speaker will count as yearly mandatory training credit for SHARP; in TEDs use keyword "Brittany Piper." Piper will share her story of survival, resilience, and importance of bystander intervention as it related to her sexual assault. As a leading national expert on sexual violence and prevention, and a healing and wellness coach — Piper uses



her stories to empower and inspire audiences to be brave and take action in their own lives and communities. She will outline her experience to include the following:

- The trouble she had in dealing with the pain, and the shame she felt because of her assault.
- A bad night following the assault, she flat lined after drinking 10 shots in 45 minutes at a party in college. At the hospital, they registered her with a blood alcohol content of .408.
- How she began attending survivor groups and AA meetings where she felt she could talk openly and people understood what she was going through.

"Even though my case was clear cut, black and white, people still told me that I had it coming, that the assault was my fault because I let him into my car," Piper said. "There was DNA evidence and surveillance cameras that proved he was guilty, and yet, somehow it was still my fault. Rape is the only type of assault where you have to prove you're a victim." Because of these comments and attacks, it took three to four years for Piper to publically speak about her assault. This program is hosted by Army Sustainment Command Health, Wellness, & Resiliency. For more information contact Nicholas Osterhaus, Program Specialist (Health, Wellness, & Resiliency) ASC, 309-782-3162.

RIA AUSA Chapter Event

RIA AUSA is holding a quarterly members' appreciation event on the first Thursday of April, August, and October, on **Aug. 1** and **Oct. 3**, in the cafeteria in Bldg. 60, from 11:30 a.m. - 12:30 p.m. in conjunction with 'First Thursday.' It is RIA AUSA's way of thanking their current members and providing insights about the Army's professional association to others that may not be aware it exists. The event is free to all members and brats, chips, water, and dessert will be served.

Honor Flight of the Quad Cities

Honor Flights are free to veterans who served during a time of conflict (such as WWII, Korea and Vietnam). While there, veterans will get to see the monuments erected in their honor. The public is urged to attend the welcome home at the Quad City International Airport at 10 p.m. The next flights will be:

- Thursday, Sept. 12
- Thursday, Oct. 31

Honor Flight of the Quad Cities asks that you do not call, but wait for them to call you. Veterans are assigned slots in order of date that applications were received, with WWII and Korean veterans being given priority. For more information and photos, visit the web site at www.honorflightqc.org.

Saluting Branches V

The 5th annual Saluting Branches event will be held at Rock Island National Cemetery on **Wednesday, Sept. 18**. Arborists United for Veteran Remembrance is an opportunity for tree care professionals throughout the country to unite and do what we do best – provide exceptional tree care – to keep our veterans cemeteries safe, beautiful places for all those who visit. (More: www.salutingbranches.org/location/rock-island-national-cemetery)



Illowa Council BSA Rock Island Arsenal Heritage Camporee

Scouts in troops within the Boy Scouts of America Illowa Council – save the date for the Illowa Council BSA Rock Island Arsenal Heritage Camporee Friday through Sunday, Sept 20-22, on Arsenal Island. The Illowa Council and the Rock Island Arsenal invite Scouts BSA troops to camp on the Mississippi at Arsenal Island and participate in two days of fun, competition, reflection, and exploration. Activities being planned include touring of historic landmarks such as the Colonel Davenport House, the National Confederate Cemetery Memorial, visiting the Army Corps of Engineers Locks & Dam 15, the Clock Tower Building, and the Rock Island Arsenal Museum's 1,250 gun collection. Worship service will take place at the Rock Island National Cemetery. There will also be an overland navigation course featuring a "Scout Warrior" competition at the Arsenal's "Best Warrior" Soldier Skills Course. Do you have what it takes? Form patrols... practice teamwork... brush up on scout skills... dust off your compass... get physically fit... get ready for a beautiful



location surrounded by history and an opportunity to meet our military service men and women.

(More your feeb edge on / events / 60022058 6220177)

(More: www.facebook.com/events/609329586220177)

Emergency Leave Transfer Program to Assist Federal Employees Affected By November 2018 California Wildfires

If you are interested in donating annual leave, complete OPM Form 1638 and submit to the Civilian Personnel Advisory Center, Bldg. 104, no later than **Thursday, Oct. 17**. You must state on the 1638 which ELTP you are donating to. This initiative has been directed by the President. The POC is Jaime Slocum at 309-782-2430. (OPM Form 1638:

https://archive.opm.gov/FORMS/PDF_FILL/opm1638.pdf)

Signature Series I: War Reflections

Commemorate the 100th Anniversary of Veteran's day **Saturday**, **Oct. 26**, 7:30-9:30 p.m., on Rock Island Arsenal in Heritage Hall, Bldg. 60, at the Quad City Symphony Orchestra, 327 N Brady St, in Davenport, with two works inspired by human experiences during the World Wars. Olivier Messiaen composed Quartet for the End of Time while a prisoner of War in German captivity. The piece was first performed at the camp outdoors in the rain by Messiaen's fellow prisoners. Brian Baxter's Ho sentito di una terra distante is a



song cycle based on the diary of an Italian American soldier, Bernardino Bernardini, using lyrics from Marcella Mencotti's imaginary opera "His Military Life" to accompany the novel "Pro Patria." Tickets are \$25 for adults, and \$10 for students. The program will feature Naha Greenholtz, violin, Hannah Holman, cello, Daniel Won, clarinet, Marc Zyla, horn, Michael Cox, trombone, Julianna Han, piano, Jessica Usherwood, soprano, & Michael Hawes, baritone. This is presented in partnership with the Rock Island Arsenal and sponsored by WVIK, Quad Cities NPR. (More: www.facebook.com/events/453490242149598)

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — Contents of the Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. — **Urban Farmhouse Moline**:

Stop in our Moline location and show your badge to receive 10% off your purchase during the month of July. 1209 4th Ave. inside the Element hotel; open Tuesday – Saturday, 10 a.m. – 5 p.m. Antonella's II: Offering a 20% discount to all military services active or reserves, seniors and their immediate families on all menu items (must have ID). We are located at 421 river drive, in Davenport. We take reservations for large parties, please call at 563-324-9512. Our hours are Mondays − Closed; Tuesday-Wednesday 4-9 p.m.; Thursday − 11 a.m. − 2 p.m. and 4-9 p.m.; Friday-Saturday 11 a.m. – 10 p.m.; and Sundays – 11 a.m. – 8 p.m. **QC Wellness Group**: Come in for discounted chiropractic care for you, and your family. This offer is valid to all active duty, reserves, and veterans. We are located at 2220 E 53rd Street in Davenport. Call us today to book your appointment at 563-355-3100, restrictions can apply. **Sundown Mountain Resort**: Offering a military discount of 30 percent off lift tickets and rentals. Valid for active duty, Reserve, National Guard, retired service members, and their immediate families; located at 16991 Asbury Road, Dubuque, Iowa. Bayside Bistro: Offering a 10 percent discount to active, retired, reserve and National Guard members and government civilians on all menu items. We're located in the Village of East Davenport, 1105 Christie Street, Davenport; open Tuesday-Friday, 9 a.m. - 7 p.m.; Saturday, 7 a.m. - 7 p.m.; Sunday; 7 a.m. - 3 p.m., Mondays (off). **R.I.A. Federal Credit Union**: Arsenal employees, get \$25 when you open up a new member checking and savings account at our branch in Bldg. 61. Active duty members and veterans, thanks to our partnership with Military Cost Cutters, you can get \$100 when you open a new member checking and savings account with us. Download the Military Cost Cutters app, show proof of military status, and you can get \$100 deposited into your account. **Level II Fitness**: The new state of the art gym located inside the new TBK Bank Sports Complex at 4850 BettPlex Drive, Bettendorf is offering a 30 percent discount to all Rock Island Arsenal employees on membership rates. Must show badge or paystub as proof of employment. Golden Royal Barbershop: We're offering \$2 off on haircuts just for military; our shop is located in Moline and 1318 4th Ave or call 309-524-4599. Armored Gardens BBO **Restaurant**: We're offing a 10 percent discount on all food items, to all Rock Island Arsenal employees with badge; great environment, great location, amazing food – located downtown Davenport (two blocks from the Arsenal Bridge) 315 Pershing Avenue. **Veterans Barber Shop** and Salon: We're offering a 20 percent discount for military families at the salon part of the Veterans Barber Shop and Salon at 113 E Main St., Geneseo, Illinois. Huckleberry's Pizza & Calzones: The Original Huckleberry's Great Pizza & Calzones, 223 18th Street, Rock Island, offers all active military personnel with an I.D. a 10 percent discount on their food purchases. Dine-in or carryout available Wednesday thru Friday for lunch and dinner and for dinner on Saturday evenings. Infinity Salon & Spa: Located at 220 W 3rd St. in Davenport, we offer 15 percent off services for military and the Arsenal Island workforce. We are a full service salon: hair, manicure, pedicures, massage, waxing, facials, for men, women, and children. Eligible personnel only need to show a military or work ID. New Life Chiropractic Clinic: All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18th Street in Bettendorf. This information is included for general workforce interest and does not constitute endorsement of the businesses or products.



Government Bridge Closure

One lane of the Government Bridge will be closed to vehicular traffic on **Wednesday**, **July 17**, 8 a.m. – 2:30 p.m., for emergency repairs on the rail deck. Traffic will be passable in both directions. Signs and flaggers will be stationed to direct traffic during the one lane closure.

Moline Bridge to Open For Weekend Pedestrian Traffic

Effective July 5, pedestrians are authorized to use the Moline Bridge on weekends. Cones will be in place to guide both pedestrian and vehicular traffic. Walkers will use the west side of the bridge to and from Moline, drivers must use the 14th Street ramp to exit the installation during pedestrian hours, outbound ramp onto River Drive will be closed to vehicle traffic. Beginning at 5 p.m. Fridays the cones will be in place and will lead to the Moline gate where guards can check identification and allow safe crossing to Arsenal sidewalks. The cones and barricades will be removed Sunday evenings to allow for normal Monday traffic.

Closures for Parking in Lot 0L for Material Staging and Around Building 90 for Cornice Repair

Effective June 10 through **Friday, Oct. 4**, the Directorate of Public Works (DPW) closed parking in lot 0L for contract personnel to stage material and equipment in support of the Building 90 Cornice Repair project. DPW is also intermittently closing parking, sidewalks, and entrances around Building 90 for contract personnel to remove and replace the stone cornices and re-point the mortar joints. As the contractor moves around the building, the areas of work will be closed off. As work proceeds above doorways, access will be curtailed, exterior barricades will be placed and interior signage will be placed notifying occupants of Emergency Exit Only. Emergency Services will have access to doors at all times and in the case of an emergency, the contractor will cease operation to allow for safe passage of employees. The closures may be extended due to weather or other unforeseen issues.

Viaduct Work Affects RIA Gate Hours, Traffic

Effective April 22 through **Thursday, Aug. 1**, repair work will be done on the Rock Island viaduct. The viaduct will be closed nightly for repair work during the week from 8 p.m. until 5 a.m., Sunday night through Thursday night. The viaduct will be open for normal operations between 5 a.m. on Friday morning through 8 p.m. Sunday evening. The work includes removal and replacement of the parapet wall and street lighting. Both the Davenport and Rock Island gates will be opened at 4:30 a.m. each weekday morning for access from the Government Bridge. Traffic control measures will be placed at appropriate locations. Please use caution when traveling in or near the area.

Rock Island Viaduct Sidewalk Remains Closed to Pedestrians

"Sidewalk Closed" signs remain at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. The suggested alternative route is using the American Discovery Trail and Pedestrian Bridge, which will be the sole way for pedestrians to transit across the bridge as this summer's viaduct repairs will eliminate the sidewalks from the bridge entirely.



C

Parking, Sidewalk, and Building Entrance Closures in Support of Masonry Cleaning and Treating Project

Effective June 24 through **Wednesday**, **July 24**, the Directorate of Public Works (DPW) will be intermittently closing parking, sidewalks and entrances around building 131 for contract personnel to clean and treat the exterior stone. Approximately 20 parking spaces in Lot 1H will be closed from **July 8-12**. The three accessible spaces will be relocated to adjacent spaces as needed to maintain accessible parking throughout the project. One or two of the motorcycle parking spaces along Gillespie Street may also be affected. As the contractor moves around the building, the areas of work will be closed off. As work proceeds above doorways, access will be curtailed, exterior access will be taped off and interior signage will be placed notifying occupants to choose an alternate exit. Emergency Services will have access to doors at all times and in the case of an emergency, the contractor will cease operation to allow for safe egress of employees. Dates may change due to weather and other unforeseen circumstances.

Courtyard, Parking, Sidewalk, and Building Entrance Closures in Support of Stone Cleaning and Treating Project

Effective May 16 through **Friday, Oct. 18**, the Directorate of Public Works (DPW) is intermittently closing courtyards, street parking, sidewalks and entrances to the buildings for contract personnel to continue cleaning the exterior stone of Buildings 60-62, 64, 66-68 and 106. As the contractor moves around the buildings, the areas of work will be closed off. As work proceeds above doorways, access will be curtailed, exterior access will be taped off and interior signage will be placed notifying occupants of Emergency Exit Only. Emergency Services will have access to doors at all times and in the case of an emergency, the contractor will cease operation to allow for safe egress of employees.

- Treating schedule:
 - Buildings 66-68: June 6 July 24
 - o Buildings 60-62: July 25 Oct. 2

Rain will dictate these schedules and dates may change.



Soldiers to Operate Armed Robotic Vehicles from Upgraded Bradleys

Soldiers are slated to fire at targets next year using a platoon of robotic combat vehicles they will control from the back of modified Bradley Fighting Vehicles. The monthlong operational test is scheduled to begin in March at Fort Carson, Colorado, and will provide input to the Combat Capabilities Development Command's Ground Vehicle Systems Center on where to go next with autonomous vehicles. The upgraded Bradleys, called Mission Enabler Technologies-Demonstrators,

or MET-Ds, have cutting-edge features such as a remote turret for the 25 mm main gun, 360-degree situational awareness cameras and enhanced crew stations with touchscreens. (More: www.army.mil/article/224241)

Military Fatherhood Program

Calling all Military Dads – gather the kids and join us **Thursday, July 18**, 5:30 - 7:30 p.m., at the Valley Falls Adventure Golf, for a fun night of mini golf at Valley Falls Miniature Golf Course. Happy Joe's Pizza will be served and all expenses are covered so just bring the kids and have fun. Please RSVP by calling Army Community Service at 309-782-3049.

2019 Walk-In Pet Vaccination Clinic

Join us and bring your pet for the 2019 Walk-In Pet Vaccination Clinic on **Tuesday**, **Aug. 6**, 8 a.m. – 5 p.m., at the RIA Fire Station; this is a one-day event, cash/check only. Your pets must be registered with Great Lakes VTF to receive services. All military, military retirees, and dependents with valid ID are welcome. Questions/Preregister? Contact Great Lakes VTF at 847-688-5740 or greatlakesvtf@gmail.com. Find us on Facebook at Great Lakes VTF.

Active Duty Out Processing Levy Brief

Out Processing Levy Brief schedule – this briefing is designed to provide you with access to the information and resources you need to complete your permanent change of station move. Service members that are put on assignment will sign up for the next available briefing. Spouses are encouraged to attend with or without their sponsor and should bring a power of attorney in case specifics need be discussed or coordinated. Upcoming Levy Brief dates:

- Aug. 8, Conf. Rm. 25, Bldg. 90
- Oct. 10, Conf. Rm. 12, Bldg. 90

Time: 9:30 a.m. - 12 p.m.

To register call MPD at 309-782-1526 or sign up in <u>TEDs</u> using keyword "Levy Brief."

Blue Star Museums

Participating museums across the country offer free family admission for active duty military families from Armed Forces Day through Labor Day. Last year, over 680,000 military families visited Blue Star Museums. Our Chapter Directors plan special events and opportunities with museums from Alaska to Florida and points in between. We build things, create art, go on scavenger hunts and have fun together all summer long. (More: https://bluestarfam.org/family-life/blue-star-museums)



The top priority of the installation safety office is to safeguard and protect service members, their families, civilian employees and Army property as well as to create the safest workplace and living environment possible. Website:

https://home.army.mil/ria/index.php/about/Garrison/safety-office

Upcoming Motorcycle Rider Training Dates

- Basic Rider Course (BRC): Sept. 17-18
 - Two days of (classroom & motorcycle range) rider instruction.
 - o Training motorcycles are provided.
- Military Sport Bike Rider Course (MSBC) Sept. 19
 - One day of (classroom & motorcycle range) rider instruction
 - o Bring your own sport motorcycle to the course.
 - o Course is for sport bikes only.
 - No standard, touring or cruiser motorcycles bikes allowed.
 - Students must attend all sessions and pass a written and skills evaluation in order to receive credit for the course. Who can attend? Only active duty service members or any service member on orders (IDT, AT for guard/reserve).

PPE Requirements:

- Helmet: DOT approved helmet
- Eye protection: designed to meet or exceed ANSI Z87.1
- Protective clothing: long sleeve shirt or jacket, long sturdy pants
- Footwear: sturdy over the ankle footwear/boots
- Hand protection: full-fingered gloves made from leather or other abrasion-resistant material Students taking the ERC or MSBC must provide the following at check-in:
 - Military ID
 - Valid motorcycle license or permit
 - BRC Card
 - Valid motorcycle registration
 - Valid proof of motorcycle insurance

If using a barrowed motorcycle, you must bring a signed letter from the legal owner authorizing you're use of the motorcycle. To register for a course:

- Go to https://imc.army.mil/airs
- Select "Northeast" from region dropdown menu
- Select "Rock Island Arsenal" from Garrison dropdown menu
- Select "Course Needed" from Courses dropdown menu
- Stoll to the correct month on the calendar to register for the course

The point of contact for the motorcycle training is Tony Kruse, Garrison Safety Office, 309-782-2314 or 1380; anthony.r.kruse.civ@army.mil.





The Equal Employment Opportunity (EEO) program formulates, directs, and sustains a comprehensive effort to maximize human potential to ensure fair treatment for military personnel, family members, and civilians without regard to race, color, gender, religion, or national origin, and provide an environment free of unlawful discrimination and offensive behavior. Garrison EEO office hours: 8 a.m. – 4 p.m.; 309-782-1488; Website: https://home.army.mil/ria/index.php/about/Garrison/equal-employment-opportunity-program

Women's Equality Day Observance

Join us for the Women's Equality Day Observance hosted by the ASC Equal Opportunity Office on **Thursday**, **Aug. 22**, 1-2 p.m., in Heritage Hall, Building 60. To sign up for the Women's Equality Day Observance in TEDs use keyword "WED2019." For additional information or accommodations please contact Sgt. First Class Babatunde Akala at 309-782-3021 or Sgt. First Class Lisa Robinson at 309-782-9269. This event is open to the public, if you are unable to sign up in TEDs, you can sign up at the event. The guest speaker will be Brig. Gen. Michelle M.T. Letcher, Commanding General, JMC. Letcher assumed the duties of Commander of the Joint Munitions Command and the Joint Munitions and Lethality Life Cycle Management Command on June 14, 2018. She is a native of Oak Forest, Illinois, and was commissioned in the Air Defense Artillery branch via the Reserve Officer Training Corps in 1995. Letcher She



holds a bachelor of arts degree in social work from Illinois State University, Normal, Illinois, and a master of science in human services and counseling from the State University of New York at Oswego, a masters in advanced military studies from the Command and General Staff College, and a master of arts in national security and strategic studies from Kansas State University, Manhattan, Kansas. The nation's annual observance of Women's Equality Day, formally on Aug. 26, commemorates the addition of the 19th Amendment to the U.S. Constitution in 1920, which guaranteed women the right to vote. This action marked the culmination of the long struggle by women to gain an equal voice in their government. The women's suffrage movement in America began in 1848, when the first women's rights convention was held in Seneca Falls, New York, led by Lucretia Mott and Elizabeth Cady Stanton. The 19th Amendment is a testament to the courage and tenacity of the women and men who challenged the nation to live up to its founding principles. The U.S. Army celebrates Women's Equality Day by recognizing the service of women to the nation since 1775 and who remain an invaluable and essential part of the Army. The Army recognizes not only the significance of women's contributions, but also the value of diversity and inclusion. (Guest speaker bio: www.jmc.army.mil/Leadership.aspx?id=CommandingGeneral)

Morale, Welfare & Recreation

Army MWR is a quality-of-life program that directly supports readiness by providing a variety of community, Soldier, and family support programs, activities and services. Included in MWR are social, fitness, recreational, educational, and other programs and activities that enhance community life, foster Soldier and unit readiness, promote mental and physical fitness, and generally provide a working and living environment that attracts and retains quality for U.S. Army Soldiers, Family members, Retirees and its civilian workforce. Visit the MWR website at https://rockisland.armymwr.com for information on all MWR programs. How is MWR doing? Tell us by going to https://ice.disa.mil, navigate to "Rock Island Arsenal" and search "MWR" for a full listing of all our programs and services.

First Thursday Social

Join MWR in the Lock & Dam Lounge **Thursday, Aug. 1**, beginning at 3 p.m., at the Lock & Dam Lounge (Building 60) for our monthly night of drinks, food, networking and fun. This event is open to the public so bring all your friends whether they work on the Arsenal or not. More info coming soon on the live music and tap takeover brewery. For more info please call 309-782-6319.

Is Your Check Engine Light On?

If so don't delay in getting it into the Auto Skills Shop in Building 351. The longer you wait, the more likely the repair is to be more expensive. Let our skilled and trustworthy mechanics diagnose and fix the problem before it becomes a bigger issue. Call the Auto Shop at 309-782-8631 to make an appointment today.

Island Oasis Café and Grill

The Island Oasis Café and Grill is outside. Our hours of operation are Monday - Friday, 11 a.m. - 1 p.m. Please come out and enjoy the weather in front of Building 67. Menu will include daily specials, like the Ribeye Sandwich on Thursdays. During inclement weather we will move back indoors for the day. Look forward to seeing you there! For more information please call 309-782-4372.

New Menu at the Lock & Dam Lounge

Have you been to the Lock & Dam Lounge in Bldg. 60 lately? If not you should definitely come give it another look as we have recently rolled out our new food menu. With fan favorites like our Arsenal Burger basket and mouthwatering, hand-cut rib eye steak sandwiches paired with a side of delicious fried pickles or onion rings there's sure to be something for everyone in the family to enjoy. While you're here make sure to try a pint of Arsenal Pale Ale as this is the only place you can get this great local craft brew. Also on tap are several craft beers from Lakefront Brewery and other local brewers for \$4 from 4-6 on Wednesdays and Thursdays. Check out the full menu on our Facebook page: www.facebook.com/LockandDamLounge and make sure to like the page to stay up to date on all the great programs and events happening here. Please call Damen at 309-782-4372 for more info.

Workforce Wednesdays and Thirst-day Thursdays at the Lock & Dam Lounge

Stop in to the Lock and Dam Lounge on Wednesdays and Thursdays, open 3-7 p.m., and take advantage of \$2 domestics, \$4 craft beers, and \$1 sodas on special from 4-6 p.m. The Lock & Dam Lounge is the only place you can get Arsenal Pale Ale and Lock & Dam Lager so gather your friends and coworkers and come see us for a round after work. Call 309-782-4372 for more info.

Fitness Center Closure

The Fitness Center is closed on Sundays through Labor Day.

Arsenal Island Clubhouse Closure

The <u>Arsenal Island Clubhouse</u> food, beverage, and entertainment services ended on June 28. This closure supports the upcoming transition to the Enhanced Use Lease, which will take affect later this year. Please continue to use the <u>Island Oasis Café & Grill</u> at Bldg. 67, open Monday-Friday, 11 a.m. – 1 p.m., and the <u>Lock & Dam Lounge</u> in Bldg. 60, open Wednesday and Thursday, 3-7 p.m., for your food, beverage, and entertainment needs.



MWR Leisure Travel Office

We offer substantial discounts on tickets to local attractions, concerts, amusement parks and regional bus trips to exciting destinations. Check with us first for all your entertainment needs, we can save you money. Office Hours: Monday through Friday, 9 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. (email: anna.winters@us.army.mil) (website: https://rockisland.armymwr.com/programs/leisure-travel-office)

Leisure Travel Has Discount Tickets on Summer Theme Park Fun

Are you headed to Florida for Disney World or Universal Studios fun this summer? Staying closer to home and looking for deals on Six Flags or Adventureland tickets? The Leisure Travel Office in Building 333 should be your first stop. With deep discounts on tickets to all these great parks, we can save you some money. Call Leisure Travel at 309-782-5890 for more info and to book your tickets.

Bus Trip to Nationals vs. Cubs Game

Join MWR **Sunday**, **Aug. 25**, 7 a.m., for a fun day at the historic Wrigley Field to watch the Chicago Cubs take on the Washington Nationals. Leave the hassles of driving, traffic and parking to us, all you have to do is hop on the bus and enjoy the baseball action. Cost is \$129/person which includes round trip transportation and a ticket to the game. For more info and to sign up, call Leisure Travel at 309-782-5890 or stop by and visit the office located in Building 333, right next to the Exchange. You can also sign up online at: https://rebrand.ly/Cubs-Nat-2019

Galena County Fair

Join us at the Galena County Fair on **Saturday, Oct. 12** – one of Galena's most popular events featuring more than 150 vendors selling a variety of high-quality, original handmade arts, crafts and

fine arts. Delicious fair food, kids games and live music. Cost to enter the event is \$2. A van will be departing from the Rock Island Arsenal, Bldg. 333 parking lot at 9 a.m. and departing Galena at 4 p.m. Cost per person is \$30 per person. 10 seats available. For more information or for reservation call the Leisure Travel Office at 309-782-5890.

House on the Rock Day Trip

Join us for House on the Rock Day Trip on **Saturday, Oct. 19**. Alex Jordan's awesome retreat built atop a chimney of rock opened to the public in 1960. The retreat was only the beginning. Alex used to explain his sprawling creation of collections, displays and galleries by saying that "one thing just sort of led to another." On our self-guided tour you will explore some of the most unique collections including the world's largest carousel, a 200' sea creature, automated music machines and much more. MWR van will be departing the Rock Island Arsenal, Bldg. 333 parking lot at 9 a.m. and departing at 4 p.m. Transportation Only. Cost per person is \$30. 10 seats available. Contact MWR Leisure Travel for reservation or questions 309-782-5890.

Disney On Ice Presents Dream Big

Join us for Disney On Ice Presents Dream Big at the TaxSlayer Center **Dec. 5-8**. Adventure awaits as Disney's most adventurous dreamers put their courage to the test in Disney On Ice Presents Dream Big. Join fearless Moana and the greatest demigod that ever lived, Maui, on an action-packed voyage to restore the stolen heart of Te Fiti. Journey with the Disney Princesses as they create their own happily ever after when Disney On Ice presents Dream Big skates into the TaxSlayer Center. MWR has discounted seats on sale now. Call 309-782-5890 for more information or to purchase seats.

Universal Orlando Military Salute Promotion

Universal Orlando is extending the special Military Salute Promotion offer valid for use through **Dec. 31**. Get four days for one low price:

- <u>Ticket Option #1</u>: 2-Park, 4-day Park-to-Park ticket (Universal Studios Florida and Islands of Adventure) Adult \$200, Child (3-9) \$196.
- <u>Ticket Option #2</u>: 3-Park, 4-Day Park-to-Park ticket (Universal Studios Florida, Islands of Adventure and Volcano Bay) Adult \$240, Child (3-9) \$235.75.

Limited blockout dates only for Volcano Bay on 3-Park promotional ticket option **June 14 – Aug. 18**. These tickets are available for use on any four days between now and **Dec. 31** (do not have to be used consecutive days) last day of use **Dec. 31**, when the ticket expires in full (includes all holidays) unused days will be forfeited maximum of six tickets per qualifying: Active or Retired U.S. military, National Guard, Reservists, U.S. Coast Guard, who possess a valid military photo ID, spouses of eligible service members and DOD civilians with valid ID.

Adventureland

Adventureland 2019 one-day admission tickets are on sale now! MWR Leisure Travel has discounted tickets for \$35. Adventureland Park has more than 100 rides, shows and attractions, including the new Monster steel roller coaster. Rides for all ages are available, from mild to wet-and-wild. Shows throughout the park feature a variety of family entertainment. Don't miss Iowa's newest water park, Adventure Bay. Water park admission is included with admission to Adventureland Park.

Movie Tickets

MWR Leisure Travel has discounted movie tickets. Davenport 53rd Cinema's movie ticket = \$9; Moline Great Escape movie ticket = \$9; Gift Pack \$27 (two tickets with \$10 concessionaire card)



Child & Youth Services provides a full range of child care programs and services for children ages six weeks through senior year in high school. Services include full-day, part-day, hourly, pre-k, school outs, summer programming, sports and fitness, and instructional classes. All CYS programs/facilities will be closed all federal holidays, CYS CDC/CD Home/FCC staff inservice day and any other additional days/installation closures approved by the garrison commander. Fees will not be reduced, refunded, or prorated for these days. (Website: https://rockisland.armymwr.com/categories/cys-services) (Facebook: www.facebook.com/RIACYSS)

School Age & Youth Center Survey

Greetings from the School-Age/Youth Center! As we dive into our summer adventure, we can't help but think about the quickly approaching school year. Please take a moment to complete a brief survey (link below) regarding our Before and After School programs. Information from these surveys will be used to determine bussing and program usage for the 2019 school year. The last day to complete this survey will be Wednesday, June 26, by close of business. As always we appreciate your continued support of our School-Age and Youth Programs and we wish everyone a happy and safe summer! https://www.surveymonkey.com/r/CYS 2019

Teen Resilience Program Canoe Trip

CYS and the Teen Resilience Program would like to invite your youth to our July teen canoeing trip. CYS registered teens grades 6-12 are welcome to join us on our canoeing trip down the Maquoketa River on **Saturday**, **July 13**, from 9 a.m. – 4 p.m. The cost of the trip is \$10 and youth must bring a water bottle and a sack lunch. We will meet at and return to the School Age Center, Bldg. 150 and be transported to the Maquoketa River via CYS bus. If your youth is interested in participating please call 309-782-6515 to register for the event. Youth must be registered with CYS and register for the event to participate. We hope your youth can join us!

Back to School Bash Teen Council Planning Committee

We are busy planning the Back to School Teen Bash and want your help **Monday**, **July 23**, at the School Age Center (Building 150), to make sure this is a great event. Come with your ideas to the School Age Center from 4-6 p.m. on the 2nd and 4th Tuesday of each month. For more info please call Child and Youth Services at 309-782-6515.

Parenting Information Session, Car Seat Safety

Car seats can be one of the most confusing parts of parenting young children. There are so many options, so many levels, and so many ways to secure them in the car. Join us **Wednesday**, **July 31**, 4-5 p.m., at Army Community Service (Building 110), for a discussion on car seat safety and find out what the latest recommendations are. Additionally, there will be a Q & A and an opportunity to

have your car seats checked. Those registered with CYS will receive two participation points. To RSVP, please call Army Community Service at 309-782-3049.



Army Community Service is an Army-wide community, social service program that provides services that assist Soldiers, Family members, and Department of the Army civilians maintain readiness, develop self-reliance, resiliency and stability. U.S. Army Installation Management Command provides these services through a network of programs that support goals related to recruitment, retention, morale, and operational readiness of the force. ACS on RIA is located in Bldg. 110, 1st floor SE; visit our ACS website

https://rockisland.armymwr.com/programs/army-community-service or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here: www.facebook.com/RIAACS. 24/7 Domestic Violence Crisis Line: 309-912-6089.

Discovery Time Playgroup

Summer is here and it is time to get the kids out of the house. Join Discovery Time Playgroup on Thursday mornings from 9:30-11:30 a.m. for crafts, stories, field trips, and fun. The group is open to military dependents aged 0-5 and their caregivers and meets in Moline just off the installation at Community Christian Fellowship. There is no pre-registration required and all activities are free to attend. For more information, please contact the Army Community Service Family Advocacy Program at 309-782-3049 or email jennifer.a.kerr10.civ@mail.mil.

RIA Volunteer & AFTB Council Meeting

This meeting is designed to provide a platform for the installation to collaborate efforts, share information, and ideas, and discuss issues revolving around volunteering & Army Family Team Building. The meeting is held quarterly on the second Tuesday of the month. If you would like to attend an upcoming council meeting please contact ACS. Upcoming Council Meetings:

- Tuesday, July 9
- Tuesday, Oct. 8

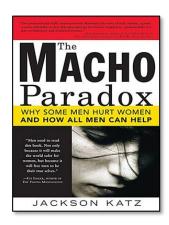
The meetings will be held from 9-10 a.m. in the ACS Training Room, 1st Floor, in Bldg. 110. R.S.V.P. Required: to sign up contact ACS at 309-782-0829.

Military Fatherhood Program

Calling all Military Dads – gather the kids and join us **Thursday, July 18**, 5:30 - 7:30 p.m., at the Valley Falls Adventure Golf, for a fun night of mini golf at Valley Falls Miniature Golf Course. Happy Joe's Pizza will be served and all expenses are covered so just bring the kids and have fun. Please RSVP by calling Army Community Service at 309-782-3049.

Gender Violence, Let's Talk About It: Family Advocacy Book Club

Interpersonal violence in our communities is persistent, unspoken and often unreported. In response, we as community members must do our part to support those experiencing assault and abuse while dismantling cultural norms that allow such actions to flourish. Join the Family Advocacy Book Club in reading Jackson Katz's "The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help." The book provokes important conversations about our culture, the military and how you can help address gender violence. All are welcome and encouraged to participate in discussion on **July 23** and **30** from 11 a.m. - noon in the ACS office, in Bldg. 110. Check out Katz's TED talk, titled, "Jackson Katz: Violence against women – it's a men's issue" to learn more. For more information contact Theresa O'Keefe, victim advocate, at theresa.l.okeefe2.ctr@mail.mil or 309-782-3773.



Newcomer's Orientation and Tour

Are you new to the Arsenal or do you have new employees or service members in your office? Make sure to get them/yourself signed up for our next Newcomer's Orientation and Tour on **Thursday, July 25**, 8 a.m., in the Abel Conference Room (Building 110). The briefings and info on the tour will include everything a new employee needs to know to successfully transition to the Rock Island Arsenal and the surrounding Quad Cities and make their new home feel like home. This free service includes breakfast & lunch courtesy of our sponsors, Rock Island Arsenal Federal Credit Union and USAA. Space is limited so call Army Community Service at 309-782-0829 for more info and to reserve your spots.

Summer Reading Adventure

Parents, keep the kids reading all summer long and keep that passion for learning going strong till the school year resumes. Travel back in time when we meet at the Colonel Davenport House on **Thursday, July 25**, 3-4 p.m., to experience life on the Arsenal in the 1800s. For more info please call Army Community Service at 309-782-3049.

ACS Relocation Program Offering Tours of RIA Factory

The Army Community Service Relocation Program is offering a tour of the RIA factory. We will learn about the history of the factory and its current capabilities. The tour has limited seating.

- Thursday, Sept. 19
 - o 9-10:30 a.m.
 - o RSVP by Thursday, Sept. 12

Eligibility is only open to military who are new to the area, civilians, and their families; family members of deployed service members, and families with foreign born family members. To R.S.V.P contact ACS at 309-782-0829.

MWR Outdoor Recreation Office

Outdoor Recreation is your one-stop rental shop for all your outdoor adventures, special events, home maintenance and repair. No matter the season, we have the equipment to get you out into the great outdoors. From skis and snowboards to campers and canoes, we have you covered. Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Bldg. 333, Phone: 309-782-8630. (email: robert.l.lampert.naf@mail.mil), Website: https://rockisland.armymwr.com/programs/outdoor-recreation

Summer Is Here So Get Outside and Enjoy It

Outdoor Recreation, located in Building 333 (next to the Exchange) has all the gear and equipment to get you into the great outdoors this summer. Whether you're looking for canoes and kayaks + fishing poles to float the Maquoketa River, campers and all the camping gear you'll need for a fun weekend camping or our newly added inventory of bikes to get out and enjoy all the great trails around the QC, Outdoor Rec has you covered. Learn more about all the great equipment available to you on our website at: https://rockisland.armymwr.com/programs/outdoor-recreation and call ODR at 309-782-8630 to reserve your gear.

RV Storage Lot Spaces Available

Outside vehicle storage is offered in a secured access controlled lot. Patrons can store campers, boats, and personally owned vehicles and more. Fees for outdoor storage spaces are \$30/month and with no contract you can store with us for as little or as long as you need. For more info and to reserve your spaces, call Outdoor Recreation at 309-782-8630.

Yard Sale Table Special

Let Outdoor Recreation Help with your yard sale. Rent five tables for the price of four and use them for 13 days; \$20. Pick them up on a Thursday or Friday and return them two Tuesdays later. This will allow you to get your sale set up and help ensure its' success. This special runs from **July 3 to Nov. 5**. For more information please call 309-782-8630.

Canoes and Kayaks

Paddling season is fast approaching. Outdoor Recreation has new kayaks and a trailer available for your use. Before you can sign them out the State of Illinois requires that you complete a boater safety class. To meet this requirement there is a free online course at http://rentalboatsafety.com. Simply view about 15 minutes of videos covering basic canoe/kayak operation and safety then take the quiz. We will need to keep a copy of your certificate of completion on file at Outdoor Recreation. We will need a copy for everyone in your group, to include children, who will be paddling these canoes and/or kayaks. For more information please call309-782-8630.

Cargo Trailers

Are you moving your kids back from college or changing residence? To help make this move easier Outdoor Recreation has cargo trailers available for your use. Please call 309-782-8630 for more information or to make your reservation.

Special Event Equipment

Do you have a graduation party or other special event coming up? Outdoor Recreation has party canopies, tables, chairs, charcoal grills, backyard games and bounce houses to help ensure the success and fun of your event. Please call 309-782-8630 for more information or stop by Outdoor Recreation any time Monday through Friday from 8:15 a.m. to 4 p.m. and our staff will gladly show you all of the items available.

Storage Units Available for Rent

Did you know that Outdoor Recreation has storage units that are available to rent right here on the Island? If you're in need of short or long term storage, we have the solution for you. Units measure 10' x 15' and are available for \$80/month, use it for as little or as long as you have a need to store items. For your convenience we also offer automated online billing. Call 309-782-8630 for more info and to reserve your space(s) today, these available units won't last long.



The ASAP/EAP is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. The ASAP/EAP promotes healthy lifestyles. Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal. ASAP/EAP is located in Bldg. 56, 1st floor; visit our ASAP/EAP website https://home.army.mil/ria/index.php/my-fort/all-services/army-substance-abuse-program or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. Find us on Facebook click here: https://www.facebook.com/pages/Rock-Island-Arsenal-EAP/124853580916835.

Employee Assistance Abuse Program Groups

The Employee Assistance Abuse Program is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. Upcoming dates for groups offered by the Employee Assistance Program, employees can register in TEDs or call 309-782-0965:

- <u>July 18</u>: Real Colors, Bldg. 104, 3rd Floor, North Central Training Room, 8 a.m. 12 p.m.
- <u>Sept. 18</u>: Real Colors, Real Colors, Bldg. 104, 3rd Floor, North Central Training Room, 8 a.m. 12 p.m.
- Sept. 24: Emotional Intelligence, Bldg. 104, Baylor Training Rm. 1, 10 a.m. 12 p.m.
- Oct. 16: Working With You Is Killing Me, Bldg. 104, Baylor Training Rm. 1, 10 a.m. 12 p.m.
- Nov. 14: Real Colors, Real Colors, Bldg. 104, 3rd Floor, North Central Training Room, 8 a.m. 12 p.m.

- <u>Dec. 4</u>: Real Colors, Real Colors, Bldg. 104, 3rd Floor, North Central Training Room, 8 a.m. – 12 p.m.
- <u>Dec. 11</u>: Emotional Intelligence, Bldg. 104, Baylor Training Rm. 1, 10 a.m. 12 p.m. Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal.

101 Critical Days of Summer Safety Campaign

101 Critical Days of Summer (Memorial Day through Labor Day) safety campaign is intended to remind us that we cannot afford to lose focus on safety either on or off duty. The summer season is a dangerous time of year for the Army with notable increases in off duty accidental fatalities. Festivals, road trips, swimming, fishing, hiking, boating, camping, and motorcycle riding are common outdoor activities during the summer. Intense planning often goes into making these outdoor activities a success. When planning your summer activities, remember the effects of alcohol or prescription drugs, and identify the risks associated with impairment while participating in various activities. Always remember to make responsible decisions



while enjoying your summer activities. Summer holiday celebrations often include barbeques, picnics, water sports, vacationing with family and friends, and fireworks. However, many holiday weekends can be filled with tragedy instead of celebration. The Fourth of July is one of the deadliest holidays of the year when it comes to alcohol-impaired driving crashes on our highways. According to data from the National Highway Traffic Safety Administration, during July 4th, holidays over the last five years (from 2010 to 2014), 780 people lost their lives in crashes involving drivers who had BACs of at least .08 g/dL. This summer, don't let your celebrations end in an arrest or tragedy. The consequences are serious and real. Not only do you risk injuring yourself or someone else, but the trauma and financial costs of a crash or an arrest for driving while impaired can be significant and not the way you want to celebrate your summer.



Army Continuing Education System (ACES) is the Army's method for delivering educational opportunities to Soldiers that remediate, develop, and enhance skills needed for present and future jobs. The Army Continuing Education Division (ACED) promotes lifelong learning, readiness and resilience through flexible and relevant education programs, services and systems in support of the Total Army Family. The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. Please visit our website to learn more: https://home.army.mil/ria/index.php/my-fort/all-services/continuing-education-services

SFL-TAP, Career, Entrepreneurship, Higher Education Tracks, Pre-Retirement

If Soldiers in your organization are within 24 months of retirement or 18 months of separation, or even just thinking about life after military service, please encourage them to sign-up and attend this vital training. Space is still available, it is open to all branches of service, Retirees (space available), veterans (180 days after separation). Soldiers can bring along their family members as well. Please

spread the word, this is not a one-time check the block, transitioning members should start early as this will give more time to attend training as often as it is needed.

- Pre-Retirement Briefing, Aug. 9 and Oct. 25
- SFL-TAP Workshop, Aug. 12-16 and Oct. 28-Nov. 1
- Entrepreneurship (Boots to Business), Aug. 26-27, and Nov. 4-5
- Career Exploration Planning, Aug. 28-29, and Nov. 6-7

All classes will be held Bldg. 56, 1st floor, classroom 2 (Room 122), 8 a.m. start time, classrooms (same hallway as the Education Center). For more information contact 309-782-7780 or email usarmy.ria.usag.mbx.hrm-tsm@mail.mil.



The Rock Island Commissary, www.commissaries.com/shopping/store-locations/rock-island-arsenal, and the Exchange, www.shopmyexchange.com/exchange-stores/United%20States/IL/Rock%20Island/Rock-Island-Arsenal-9999912, are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you. Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information here: www.commissaries.com/shopping/store-locations/rock-island-arsenal. For information on this and other Commissaries, visit: www.commissaries.com (Facebook: www.commissaries.com/yourCommissary)

If you would like to be placed on our email contact list to receive periodic information on events happening at your Rock Island Arsenal Commissary, please email us at: rockisland@deca.mil and type 'Subscribe' in the subject line.

Exchange Shoppers Can Double the Savings during Back-to-School 'Tax Holidays'

At the Army & Air Force Exchange Service, every day is a tax holiday. While several states are offering back-to-school tax-free weekends, military shoppers can double up on the savings as the Exchange is offering an additional discount to match the local tax savings. Exchanges in the 16 states that are hosting tax holidays will offer a percentage off (equivalent to the local tax rate) select back-to-school items, such as clothing, footwear, computers and school supplies. Eligible items vary by state. "Shopping tax-free is a benefit military shoppers have earned," said Air Force Chief Master Sgt. Luis Reyes, the Exchange's senior enlisted advisor. "The additional savings during the tax holiday is a way the Exchange says 'thank you' to our service members and their families as they prepare for a new school year." (More: www.dvidshub.net/news/331371)

124 Years Strong: Army & Air Force Exchange Service Celebrates Anniversary with Special Savings

For 124 years, the Army & Air Force Exchange Service has gone where troops have gone to provide goods and services to Warfighters and their families. The Department of Defense's oldest

retailer is celebrating its July 25 anniversary with savings for military shoppers. Soldiers, Airmen, retirees and military families can enjoy these great savings:

- Select home goods for \$124 up to 50% savings on Wusthof cutlery, Cuisinart cookware, Bissell vacuums, Ninja kitchen systems and more. Valid July 19 to 25.
- A free 16-ounce coffee at Express locations on July 25.
- Select snacks at Express locations for \$1.24 from July 1 to 31, including Del Monte fruit cups, Stryve protein snacks, Deli Express meat and cheese sticks, Ball Park hot dogs, kingsize candy bars, Kettle brand chips, ice cream treats and more.
- \$1.24 off combo meals at participating Exchange restaurants on July 25.
- \$1.24 off Reel Time Theater concession combos July 26 to 28.

"It's been an honor for the Exchange to serve Warfighters and their families for 124 years," said Air Force Chief Master Sgt. Luis Reyes, the Exchange's senior enlisted advisor. "These special savings are to say 'thank you' to our military shoppers – the best customers in the world." (More: www.dvidshub.net/news/331615)

Electronics Eligible for Back-To-School Layaway at the Exchange for Limited Time

Back-to-school shopping doesn't have to break the bank. To help military families stay on budget while preparing for the school year, the Army & Air Force Exchange Service is expanding its layaway program to include computers, tablets and more from July 1 to Aug. 31. Laptops, desktops, iPads, notebook computers, tablets and other electronics that support educational excellence are not usually eligible for the Exchange layaway program, but Soldiers, Airmen and families can enjoy the expanded program before the school year. "There can be a lot of costs that hit all at once when preparing for the start of school," said Air Force Chief Master Sgt. Luis Reyes, Exchange senior enlisted advisor. "The extended layaway gives families more flexibility to plan their back-to-school budget." (More: www.dvidshub.net/news/329960)



Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sundays and Mondays, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. (website: www.arsenalhistoricalsociety.org/museum) (Facebook: www.facebook.com/RIAMuseum)

Brown Bag Lunch & Learn - History of Joint Munitions Command

Bring your lunch to the Rock Island Arsenal Museum and discover the history of Joint Munitions Command on **Monday, Aug. 5**, at noon to 1 p.m. This discussion will explore the history of Joint Munitions Command, and its mission to supply ammunition to all Services. The management of ammunition has changed significantly over the past 75+ years as they strive to provide lethality that wins to the Joint Warfighter.



Summer's Fun, Just Avoid Too Much Sun

Summer is here, and that means sunny weather is here to stay. Soaking up the sun is one of the best parts about summer. However, make sure to protect your skin when enjoying the sun-filled days ahead. Too much unprotected exposure to the sun's ultraviolet (UV) rays can cause sunburn, eye damage, and skin damage in the form of premature wrinkles, according to the American Cancer Society. It can also cause skin cancer. Depending on your risk for developing skin cancer, TRICARE covers your skin cancer screening exams. According to the Centers for Disease Control and Prevention (CDC), "Skin cancer is the most common form of cancer in the United States." In as little as 15 minutes, UV rays can damage your skin. Preventing your exposure to UV light from the sun and avoiding artificial sources like tanning beds and sunlamps, is the best way to lower your risk of skin damage and skin cancer. (More: https://health.mil/News/Articles/2019/06/25/Summers-Fun-Just-Avoid-Too-Much-Sun)

Army Health Resources Aim To Promote Family Readiness

Whether it's a duty station move, a parent's deployment, or leaving friends and familiarity behind, the military lifestyle brings unique challenges to military Families. Reactions to significant events can manifest into behaviors such as depression, academic problems, acting out, excessive worry, suicide ideations and anxiety. If not caught early, the Family unit is disrupted. One resource to help counter the emotional obstacles that threaten Family readiness is Carl R. Darnall Army Medical Center's Child and Family Behavior Health Service (CAFBHS). Once separate entities, child psychiatry and marriage and Family programs have evolved into the all-inclusive CAFBHS. "It's all about keeping the Family together with early intervention," said Michelle Aguayo, CAFBHS's outreach coordinator who helps steer Families toward the right services at CRDAMC. "Family readiness is Soldier readiness. How is that Soldier going to be ready to deploy when he or she has to worry about their spouse and 3-year-old with autism?" (More: www.army.mil/article/224412)



VA Extends Agent Orange Presumption to 'Blue Water Navy' Veterans Eligible Veterans may now be entitled to disability compensation benefits

The U.S. Department of Veterans Affairs (VA) is preparing to process Agent Orange exposure claims for "Blue Water Navy" Veterans who served offshore of the Republic of Vietnam between Jan. 9, 1962, and May 7, 1975. These Veterans may be eligible for presumption of herbicide exposure through Public Law 116-23, Blue Water Navy Vietnam Veterans Act of 2019, which was signed into law June 25, 2019, and goes into effect Jan. 1, 2020. They may also qualify for a presumption of service connection if they have a disease that is recognized as being associated with herbicide exposure. The bipartisan Blue Water Navy Vietnam Veterans Act gives VA until Jan. 1, 2020, to begin deciding Blue Water Navy related claims. By staying claims decisions until that date, VA is complying with the law that Congress wrote and passed. "VA is dedicated to ensuring that all Veterans receive the benefits they have earned," said VA Secretary Robert Wilkie. "We are

working to ensure that we have the proper resources in place to meet the needs of our Blue Water Veteran community and minimize the impact on all Veterans filing for disability compensation." Blue Water Navy Veterans are encouraged to submit disability compensation claims for conditions presumed to be related to Agent Orange exposure. Veterans over age 85 or with life-threatening illnesses will have priority in claims processing. (More: www.va.gov/opa/pressrel/pressrelease.cfm?id=5280)



July 16-20: Rock Island County Fair (fairgrounds in East Moline) More: www.rockislandfair.org

<u>July 19</u>: Thank the SEALs Welcomes Kris "Tanto: Paronto (Quad-Cities Waterfront Convention Center,

Bettendorf) More: www.facebook.com/events/544617385988633

July 19: Hamilton Tech celebrating 50th anniversary (1011 E 53rd St, Davenport) More:

http://hamiltontechcollege.edu

July 20: Thank the SEALs "The Ride!" (Quad-Cities Waterfront Convention Center, Bettendorf) More:

www.facebook.com/events/2693185040710225

July 21: Kids Ninja Adventure Run (Case Creek Obstacles, Coal Valley, Illinois) More:

www.casecreekobstacles.com

July 21: Case Creek Cross Country Trail Run (Case Creek, Coal Valley, Iowa) More:

www.casecreekobstacles.com

July 19-20: Quad Cities Veterans Experience Action Center (St. Ambrose University's Wellness and Rec

Center) More: www.sau.edu/events

July 26-27: 48th Annual Street Fest (Downtown Davenport) More:

www.downtowndavenport.com/event/street-fest

July 27: Bix 7 Run/Walk (downtown Davenport) More: www.bix7.com

July 30-Aug. 4: Great Mississippi Valley Fair (Mississippi Valley Fairgrounds) More: www.mvfair.com

Aug. 1-3: Bix Beiderbecke Memorial Jazz Festival (Rhythm City Casino Resort) More: www.bixsociety.org

<u>Aug. 3</u>: 5k Mud Obstacle Run For Everyone (Case Creek Obstacles, Coal Valley, Illinois) More:

www.casecreekobstacles.com

Aug. 3: Heartland British Auto Fest (LeClaire, Iowa). More: www.gcbac.com

Aug. 8-10: Tug Fest (LeClaire, Iowa and Port Byron, Illinois) More: www.tugfest.org

August TBA: Ya Maka My Weekend (downtown Rock Island) More: www.downtownrockisland.org

Aug. 17: Floatzilla (Sunset Marina in Rock Island) More: www.floatzilla.org

Aug. 17: Quad City Symphony Riverfront Pops (LeClaire Park in downtown Davenport) More: www.gcso.org

<u>Aug. 17</u>: Village Wine Walk (Village of East Davenport) More: <u>www.villageofeastdavenport.com</u>

August TBA: World Series of Drag Racing (Cordova International Raceway) More: www.racecir.com

Aug. 22-25: Alternating Currents Festival (downtown Davenport) More: www.alternatingcurrentsqc.com

Aug. 24: Vettes on the River (LeClaire, Iowa) More: www.visitleclaire.com

Aug. 24-25: Farm Days (Village of East Davenport) More: www.villageofeastdavenport.com

Aug. 31 - Sept. 1: Rock Island Grand Prix (downtown Rock Island) More: www.rockislandgrandprix.com

Sept. 7: QCA Heritage Tractor Parade & Show (John Deere Pavilion in Moline) More:

www.visitjohndeere.com

Sept. 7-8: Beaux Arts Fair (downtown Davenport) More: www.beauxartsfair.com

Sept. 13-14: Celtic Festival & Highland Games (Centennial Park in Davenport) More:

www.celtichighlandgames.org

Sept. 14: Taming of the Slough (Sylvan Slough) More: www.riveraction.org

Sept. 14: Brew Ha Ha (LeClaire Park in Davenport) More: www.jayceesqc.org

Sept. 21: Quad Cities Marathon (Moline) More: www.qcmarathon.org

Sept. 21-22: Riverssance Festival of Fine Arts (Village of East Davenport) More: www.midcoast.org

Sept. 22: Quad Cities Marathon (downtown Moline) More: www.qcmarathon.org

Sept. 27-28: Hot Air Balloon Festival (Island County Fairgrounds in East Moline) More:

www.quadcitiesballoonfestival.com

Sept. 29: Nancy Kapheim Memorial Classic (Rock Island) More: www.cornbelt.org/nearby_races.htm

Oct. 13: Apple Fest (downtown LeClaire, Iowa) More: www.visitleclaire.com

October TBD: Row the Miss Regatta (Mississippi River in Moline) More: www.tworiversymca.org

Oct. 24: Fright Night (Schwiebert Park in downtown Rock Island) More: www.downtownrockisland.org

Oct. 26: Lagomarcino's Cocoa Beano 5K Race (Village of East Davenport) More: www.lagomarcinos.com

Oct. 26-27: Boo at the Zoo (Niabi Zoo) More: www.niabizoo.com

Oct. 26: Witches Walk & Costume Parade (downtown LeClaire, Iowa) More: www.visitleclaire.com

Oct. 26: Halloween Parades (Bettendorf and Davenport)

Nov. 16-24: Quad City Arts Festival of Trees (RiverCenter in Davenport) More: www.qcfestivaloftrees.com

Nov. 16: Festival of Trees Parade (downtown Davenport) More: www.qcfestivaloftrees.com

Nov. 16: Lighting on the John Deere Commons (downtown Moline) More: www.lightingonthecommons.com

Nov. 24: Christmas Walk (Walnut Grove Pioneer Village) More: www.scottcountyiowa.com



Island Insight

Col. Stephen C. Marr, Garrison Commander; Eric Cramer, Public Affairs Officer; Mark Kane. Editor The Army publication. Island Insight, is an unofficial publication authorized under AR 360-1 to provide information on people, policies, operations, technical developments, trends and ideas of, about, and of interest to the Rock Island Arsenal community. It is published weekly using word processing software and Adobe PhotoShop using Portable Document Format reproduction for online distribution with the use of federal funds under provisions of AR 360-1 www.army.mil/usapa/epubs/pdf/r360 1.pdf by the Rock Island Arsenal-Garrison Public Affairs Office. Contents of Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. The editorial content of Island Insight is the responsibility of the Rock Island Arsenal-Garrison Public Affairs Office. Submission of announcements, articles, photos, letters, and graphic art of interest to the general readership is encouraged. All manuscripts are subject to editing and rewriting prior to publication. Postal address: Garrison Public Affairs, 1 Rock Island Arsenal, ATTN: IMRI-PA, Rock Island, IL 61299-5000. For submission of announcements to the Island Insight, use the following link: https://home.army.mil/ria/index.php/contact/public-affairs. To send comments email usarmy.ria.imcomcentral.mbx.usag-ria-pa@mail.mil or phone 309-782-1121.