



BACK TO SCHOOL BRIGADE 2019

1 August 2019 - 2 to 4 p.m. MajGen James L. Day Conference Center

School supplies and backpacks to school-aged children (PreK - 12) of service members assigned to, or living aboard, MCLB Barstow. Service Members receive backpacks and supplies for their children.

Join us for a bullying Presentation at 2:30 p.m.

Anyone may visit any of our vendors and presentation!

The Superior Unified Services

MARINE CORPS COMMUNITY SERVICES

Valley Unified Services



The Superintendents from Barstow Unified School District and Silver Valley Unified School District will

be on-site to help register your child for school and answer any questions you may have. There will also be representatives from nearby schools as well as other MCLB programs.

Save time at the door by pre-registering online at: btsb2019.eventbrite.com

On The Cover:

Front cover by: Jack Adamyk

Aiden Machado, youngest son of Capt. Mark Machado, chief of police with the Marine Corps Police Department, splashes and plays in an inflatable pool during the Bob Hope USO's Freedom Fest 2019 held aboard Marine Corps Logistics Base Barstow, California, July 7. Children and adults of all ages came together from on base and the local community to honor military members and first responders.



Marine Corps Logistics Base Barstow, California Colonel Craig C. Clemans, commanding officer Sgt. Maj. Sergio Martinezruiz, base sergeant major

Communication Strategy and Operations Office

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RESOURCE

» EFMP

FOIASexual /Voting /

Marine Corps Logistics Base Barstow

Photo by: Laurie Pearson

Captain Adam Rahman, Headquarters Company commanding officer, leads Marines in saluting the colors during the playing of the National Anthem at the change of command ceremony held in the Semper Fit Gymnasium aboard Marine Corps Logistics Base Barstow, California, July 8. During the ceremony, Capt. Rahman relinquished leadership of the MCLB Barstow Marines to Major Ernest Robinson, operations officer, and incoming Headquarters Company commanding officer.

Got news? Call us! (760) 577-6430

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On the web

Links in this publication are interactive in the online version

Website: http://www.mclbbarstow.marines.mil

http://www.facebook.com/pages/ Marine-Corps-Logistics-Base-MCLB-Barstow/116845431679314

http://www.twitter.com/#!/MCLB Barstow











News Briefs

MARADMIN 339/19 TSP AND BLENDED RETIREMENT SYSTEM MATCHING CONTRIBUTION FUND

Thrift Savings Plan is a significant part of the Blended Retirement System. For BRS participants, the retirement income received from their TSP account depends on the amount invested during their working years and the earnings accumulated.

Approximately 60 percent of the 103,000 Marines who enrolled in the BRS during calendar year 2018 are contributing at least 5 percent of their basic pay to their TSP account. These Marines are benefiting from the full value of government matching contributions to TSP (1 percent automatic plus 4 percent matching). They are maximizing the amount of "free money" from the government based on making their own contributions.

Marines can verify or change their TSP contribution percentages by accessing their DFAS Mypay account at https://mypay.dfas.mil/.

Installation Personal Financial Manager (PFM) or Command Financial Specialist (CFS) are available to help with guidance on TSP investment funds and retirement goals. PFM saving contact information is at https://usmcmccs.org/services/career/personalfinancial-management/. Also, visit the TSP website to find helpful planning tools and to develop a retirement savings plan at https://www.tsp.gov/ planningtools/Calculators/index. html.

MARADMIN 381/19 MSGID/MARADMIN/ CMC CD WASHINGTON DC//

SUBJ/JANUARY 2020 NAVAL SCHOOL OF MUSIC TRAINING SEATS//

This message announces available training seats for Marines to attend courses of instruction at the Naval School of Music (NAVSOM) aboard **Joint** Expeditionary Base Little Creek-Fort Story, Virginia Beach, Virginia. This message is provided as a planning tool for commands to nominate Marines for attendance. Due to the length of training, attendance requires a Permanent Change of Station (PCS).

- 2. Music Unit Leader Course (ULC) CID N0355L2.
- 2.a. This course provides technical intermediate instruction on rehearsing and conducting ceremonial bands, and conducting rehearsing popular music groups, performing the duties of Drum Major for ceremonial bands, analyzing and writing advanced music, and performing technical and non-technical support for performances.

Energy Tip

Use those microwaves and grills! Firing up your oven inside won't make your air conditioner's job any easier. Outdoor grilling and microwave cooking are two ways to prepare food without generating that extra heat.

Leave Share Program

Individuals currently affected by medical emergencies and in need of leave donations.

Jones, Anna Hernandez, Cindy Costilla, Yvette Davis, Johnny, Jr.

Anyone desiring to donate annual leave under the Leave Share Program should contact the Human Resources Office at 577-6915.

MARADMIN 218/19 TUITION ASSISTANCE GUIDELINES UPDATE

In conjunction with reference (a), this MARADMIN provides Tuition Assistance (TA) utilization requirements and procedures.

Additional TA eligibility criteria is listed in reference (a). Command approval of TA is contingent upon command's anticipated mission requirements. TA is authorized only for Marines who meet the standards and eligibility criteria contained herein and in references (a) and (b). Initial usage of TA and continued usage of TA is at the Commanders discretion. Commanders shall ensure Marines meet all eligibility criteria.

TA requests can only be submitted within 60 days of the start date of the class.

Newest chief of police aboard MCLBB is a Marine Officer

Story by: Keith Hayes CommStrat Planner

Marine Captain Mark W.
Machado is the newly
appointed chief of police for the
Marine Corps Police Department
aboard Marine Corps Logistics
Base Barstow, California.

"This is an unusual move, career wise," Machado said. "Col. Craig Clemans (commanding officer, MCLBB) asked if I could do this, and with the chief of police departing rather quickly and the retirement of Deputy Chief (William) Atkinson, it left a pretty big gap in the police department chain of command."

"I was blessed and honored to be able to serve in this position," he said. "The colonel had other qualified officers he could have chosen, but decided to choose me, and I intend to give the PD one hundred percent."

Colonel Clemans said he made the appointment in reaction to the sudden vacancy in the top leadership of the Department, and has been gratified with Machado's efforts to familiarize himself so quickly with all of the duties of the vital position.

"Not surprisingly, he has driven hard at learning his new responsibilities and at earning the respect of the Police Department even though he does not have a law enforcement background," the CO said.

Machado, a native of Warren, Rhode Island, left the directorship of S-4 Supply to take the chief's spot and in so doing donned a completely different mantel of responsibility.

"I came here not knowing what to expect, and the learning curve is huge," Machado explained, "but I dug in to the books, learned the rules and regulations and Standard Operating Procedures that the Police Department has in place, and that has helped a lot."

Machado also credits the long time police officers already

imbedded in the Department, such as the Operations Officer, Services Officer, and Lieutenants throughout the force, for helping him make the transition.

"We have a new training officer who's bringing in new ideas and new methods of training," Machado said. The new chief has not forgotten to include himself in that training rotation.



Official Marine Corps photo

"I've signed up for the Police Commander's Course in August," he said. "It's a two week course in Dumfries, Virginia, right outside of Quantico. It's designed for GS-11s, 12s and 13s and for officers from captain through lieutenant colonel. It's not a police academy. It's an executive level course. I volunteered for the course because I think it will help me make a more effective impact here."

Part of his job as the director of S-4 was dealing with people, but mostly with chains of supply that had established SOPs and checklists to keep everybody on the right path. At the MCPD he deals mostly with people whom are facing a challenge that is unique to many other jobs aboard base.

Machado pointed out that police officers often operate in quick decision scenarios that force them to use their own judgement and officer discretion, while still adhering to Federal and State laws.

The 18-year veteran of the Marine Corps has nothing but praise for the men and women who form the thin blue line aboard the base.

"What these police officers do on a daily basis is remarkable," Machado said. "I live on this base and I see what they do day in and day out. I'm never worried about the safety of my family or the residents aboard the base because they are always on the job."

The captain's biggest challenge, as he sees it, is keeping the officers engaged in their work.

"Their duties can become very routine," he explained. "They stand at the Entry Control Points of Nebo and Yermo, performing vehicle and identification checks for hours at a time and then conduct boundary patrols to ensure there are no trespassers entering the base. Keeping them motivated on ten or twelve-hour shifts is important because that can get monotonous."

"Like Marines, these police officers have shown the willingness to put in a little bit more to ensure the safety of the base" he said. "These officers do an amazing job. There are things they do every day that tenants or residents do not see. What they do behind the scenes is phenomenal. I want to foster a sense of ownership towards the base, so they know their jobs are important."

Colonel Clemans echoed Machado's sentiments, expressing his appreciation of the Police Department and what its officers do to keep the base safe.

"The professional leadership within the Police Department is inestimable in ensuring mission success during this time of transition. It is a team effort within the department which assures the security of the Base and stands ready to respond in time of crises. I am both proud of and grateful for their service," Clemans said.

Bob Hope USO Freedom Festival



Photo by: Keith Hayes

The Marine Corps' last remaining Mounted Color Guard posts the colors to kick off the Bob Hope USO's Freedom Fest 2019 featuring the American Patriot Band on Sorensen Field aboard Marine Corps Logistics Base Barstow, California July 7. The event included refreshments, bouncy houses, arts and crafts and magicians, as well as the live musical entertainment.



Photo by: Jack Adamyk

Tony "T-Bone" Villegas, executive director and saxophone player of American Patriot band (music project), plays to the tune of Gold on the Ceiling by The Black Keys during the Freedom Fest 2019 held aboard Marine Corps Logistics Base Barstow, California., July 7. The band's goal is to "not only serve, but really as a service-oriented mission, to interact with these veterans," says Darrin "Ish" Isham, band leader.



Photo by: Laurie Pearson

Children enjoy the bouncy house during Freedom Fest 2019 held on Sorensen Field aboard Marine Corps Logistics Base Barstow, California, July 7. The festival, hosted by the USO, provided live music, magicians, games, food and fun for military personnel and families as part of the celebration honoring military personnel and first responders.



Photo by: Laurie Pearson

Military personnel and civilians are entertained by the American Patriot Band during Bob Hope USO's Freedom Fest 2019 held aboard Marine Corps Logistics Base Barstow, California, July 7.



Photo by: Laurie Pearson

Families take advantage of water balloon fights on a hot day during the Bob Hope USO's Freedom Fest 2019 held on Sorensen Field aboard Marine Corps Logistics Base Barstow, California, July 7.



Photo by: Jack Ada<mark>myk</mark>

Christopher Clemans, son of Col. Craig Clemans, commanding officer, and Juan Rivera, Communications officer, celebrate a game of Bean Bag Toss during the USO's Freedom Fest 2019 held aboard Marine Corps Logistics Base Barstow, California, July 7. Military personnel, base employees, and their families, as well as dignitaries and residents of the High Desert community joined together to honor military members and first responders during the event which included games, magicians and live music, as well as bounce houses and refreshments.

Come on in, the water's fine!

Story and photos by: Laurie Pearson CommStrat Chief

With various contaminations to water supplies in the High Desert over the last several years, the water aboard Marine Corps Logistics Base Barstow, Calif. exceeds standards and continues to be safe for consumption.



Mark Ulibarri, industrial wastewater plant manager and former water program manager in Environmental, and Evette Sisneros, acting water program manager, drink from the fountains at building 204 aboard Marine Corps Logistics Base Barstow, California, July 8.

"We work hard to stay proactive, testing for things before it is even mandated. and testing more stringently than is required," said James Fejeran, Compliance Branch chief. "If we see something coming down the pipeline that will require testing in the future, our Water Program team starts the testing process ahead of time and ensures that, by the time it is regulated, we are already on board

One example of these proactive efforts is with regard to Perfluorooctanoic acid and

and ahead of things.'

Perfluorooctanesulfonic acid. These PFOA and PFOS compounds are man-made chemicals commonly used in things such as flame resistant fabrics, older non-stick coatings in cookware, and even fire retardants.

"Of course, people didn't realize, as they were developing these chemical compounds, the detrimental effects they might have on the environment, or on people exposed to the chemicals," said Mark Ulibarri, plant and facilities manager.

Ulibarri is also the former Water Program manager with Environmental Division, and currently acts as a consultant with the program, with 22 years of experience in working with various aspects of water for the base.

"We got word that the state was going to start mandating testing for PFOA and PFOS compounds, so we started conducting the testing right away, rather than waiting for the mandates to be sent down to us," Ulibarri said. "Even things like lead and copper receive stringent and diligent attention."

"State may require that we test for certain compounds every three years, but once we get word that we need to test for it, the program coordinators test ahead of schedule, then test monthly for a while, then

annually once they've reached a consistent threshold," Ulibarri said. "Then, even though it is only required every three years, they continue to test annually, just to be safe."

Another example of some proactive work is in regard to lead testing for the base water systems. The Environmental Division got word that there would be additional testing of water systems to see if the service lines, running from the mains to the actual buildings, were still made of lead.

"We get ahead of the process and had a contractor come out," Ulibarri said. "They identified 188 service lines on base, and found that none of those lines contain lead."

In 2010, their proactive efforts also helped to identify contamination of Perchlorate in the water, not just for the base, but for the Barstow population as a whole.

"We were engaged in normal testing procedures when we got a positive test for Perchlorate," Ulibarri said.

Perchlorate is commonly used as an oxidizer in rocket propellants, munitions, fireworks, airbag initiators for vehicles, matches, and signal flares. It is naturally occurring in some fertilizers.

"It turns out that there was a man on Soapmine Road here in Barstow who used to develop fireworks," Ulibarri said. "Perchlorate is used in the process of making those fireworks, and he had barrels full of the stuff just sitting around the property. After he passed away, the barrels remained on the property, and over time, they deteriorated, leaking Perchlorate into the water table."

Once they alerted authorities about the Perchlorate readings, an investigation was conducted and cleanup began. For the next several months. Golden State Water Company and the City of Barstow provided bottled



Richard Gallegos, utilities supervisor poses for a portrait with utilities systems repairers and operators Thomas Maes, Donato Powell and Paul Borruel, aboard Marine Corps Logistics Base Barstow, California, July 10.

water to the base.

"There is a regulation in place so that, if the water testing ever indicates that the water is

Water continued page 10

Manage life with meditation

Story by: Laurie Pearson CommStrat Chief

New meditation classes will offer unprecedented benefits for military personnel and civilians aboard Marine Corps Logistics Base Barstow, Calif., beginning in August.

"Meditation can be used for all sorts of things, but one of the key benefits is its calming effect," said James Maher, Behavioral Health section head. "There are several strategies or methods for meditation that we intend to teach during the upcoming classes beginning in August, too. What may work for one person, may not work for another. So, the plan is to teach a variety of options."

The goals will vary from person to person, as well Whereas one person's goal may be to quit smoking, another person's goal may be to learn skills that will help them with anger management.

"Everyone can benefit from learning meditation skills," Maher said. "Some of the classes will focus on deep breathing, others will focus on teaching mantras so that someone can use a phrase, or chant, or even just a single word, to interrupt their own thought processes."

Once the undesirable thought process is interrupted, it is the process of recovering from that interrupted thought cycle to address a newer, healthier series of thoughts or actions, explained Maher.

"Some people may have tried meditation before and felt as though they failed, because they still have to deal with some of those negative or undesired thoughts that still may come up," he said. "That's perfectly normal though. Meditation isn't a one-time, magic cure for anything. It's the process of interrupting the cycle and refocusing on something else and recovering that is teaching the brain new patterns. The idea is that those new patterns will grow easier with time, patience and practice."

He pointed out that most people spend a good portion of their lives developing patterns specific to them, whether in thoughts or behaviors. Those patterns can be like ruts in a dirt road for instance which, over time, become deeply engrained in the roadway.

"With this variety of new techniques we will be teaching, someone can use these tools to interrupt and develop new pathways in that road," he said.

In addition to deep breathing, and meditation focused on a word or phrase, the meditation series of courses will include insights and techniques from other practitioners, as well. Dawn Dialon, Substance Abuse Program counselor will be teaching Mindfulness Meditation.

"It's called 'Simply Listening: Paying Attention to the Sounds Around You,' and I read about it in the book 'Sitting Together, Essential Skills for Mindfulness-Based Psychotherapy' by Pollak, Pedulla & Siegel," Dialon said. "I have used it with clients and it is especially helpful with anxious mood. I like using more mindfulness-based techniques in working with clients. Especially when working through issues of trauma. The authors talk about the importance of concentration or focused attention as the foundation of meditation saying that concentration is learning to steady and calm our minds in the present moment. Jon Kabat-Zinn called it the cornerstone of mindfulness."

She points out that meditation is a good practice for many reasons not just in therapy. She clarified this by explaining that the practice of concentration is not the suppression of thoughts or feelings, as the act of suppression can actually strengthen their hold on the individual.

"Instead, the idea is to take note of what has captured our attention and then gently return to the object of concentration, without anger, self-loathing or judgement," Dialon explained.

Another of the practitioners invited to work with attendees is Jesica Grow, Families OverComing Under Stress project coordinator. She will introduce participants to a FOCUS technique called Progressive Muscle Relaxation, as well as an imagery exercise. Both of these techniques allow for physical focus as well as visual stimuli, while the mindfulness approach can help to bring practitioners back to the present mentally and emotionally. All of the methods taught are intended to give attendees tools to help them cope with life stresses without having to rely on substances such as opioids, alcohol, or other chemicals.

"With the current opioid crisis going on in our country, a lot of medical practitioners are using alternatives to medication to treat everything from behavioral disorders, to even physical pain," Maher said. "The Inland Empire Health Plan has set up a pain clinic in Victorville recently, which has the traditional medical options, but it also has behavioral health counseling, massage therapy, acupuncture, and meditation as alternative to traditional medicine. They must feel it is cost effective to use non-traditional ways to reduce pain. It must be working."

The classes are scheduled to take place Mondays, at 4:30 to 5:30 p.m. at the Behavioral Health offices located at building 17, beginning August 5. It will be a series of eight courses and everyone with base access is welcome to attend.

"These are beginner level classes and not associated with any religious practices," Maher said. "Anyone can do this and find benefits in their own lives."

If you would like to get more information about the meditation classes, or to reserve your spot, contact Behavioral Health at 760-577-6533.



Water continued from page 8

unsafe, then we can provide bottled water to base occupants," Ulibarri explained. "Once the water passes the stringent testing, however, that option goes away and people can either use the base water or provide their own bottled water if they prefer the taste."

Taste is a deceptive indicator of water pollutants and contamination, however. Just because water from a tap may taste funky, does not mean that it is contaminated. Likewise, water that tastes and looks fine may not be okay to consume.

"Some contaminants, like Giardia, can't be seen with the naked eye," said Evette Sisneros, Utility Program supervisor and acting Water Program manager. "Much of what people smell and don't like about tap water is stuff like chlorine, or certain minerals. However, that tap water, sourced from the local water company, meets higher standards than most bottled waters that people tend to prefer."

The water on base is sourced from the local water company, just like residents and businesses in the city of Barstow and surrounding areas. The employees working within the Water Program for the base take pride in ensuring water safety for people on base, but also in the local community.

"If we hadn't caught the Perchlorate contamination when we did, who knows when it would have been caught and what kind of damage it might have caused," Ulibarri said. "We took the initiative and then took action to protect people from that contamination."

There are five systems in place on base.

"There is the NEBO drinking water system, the NEBO domestic wastewater plant, the Yermo drinking water system and Yermo domestic wastewater plant, and then the Yermo industrial wastewater treatment and recycling facility," Sisneros said. "The IWTRF facility is strictly for Marine Depot Maintenance Command. It recycles the water from Production Plant Barstow, and recycles it out to the test track's test pond."

That test pond holds 10 million gallons of water," Ulibarri pointed out. "They conduct splashdown tests on amphibious equipment in the pond, after rebuilding the equipment, to ensure that the equipment meets specifications for use in water. They also have the future capability to use the recycled water in their steam racks, too."

People raise concerns, on occasion about incidents such as the Chromium 6 contamination which was revealed in Hinkley in the 1990s, and related in the movie, "Erin Brockovich."

"During the 1950s and 60s, Pacific Gas and Electric used Hexavalent Chromium, or Chromium 6, to fight corrosion in cooling tower water," Ulibarri explained. "The wastewater from the cooling towers was dumped into unlined ponds at the site. Some of the wastewater went down into the groundwater, resulting in pollution."

Contamination plumes reach downward much as a plume of smoke might reach upward and expand. However, once detected, clean-up

processes begin, and the entities stop contributing to it, allowing for the water to reach healthy levels once again.

"Part of the problem for the town of Hinkley was that most people were on well systems," Ulibarri said. "People often think that water coming straight out of the ground is safer and healthier because it's coming through all that rock and gravel to filter it out. Sometimes that



Paul Borruel, utilities systems operator, dials in the device used to test water samples to ensure that they are at the correct level of detectable chlorine for Marine Corps Logistics Base Barstow, California, July 10.

is the case, but in the case of contamination, such as Chromium 6, in Hinkley, it also means the water wasn't being tested properly, so no one realized they were being exposed to the toxic chemicals."

Today the base Water Program not only meets, but exceeds standards set by regulatory agencies to include federal, state, and local authorities.

"We ensure that we anticipate new things we need to test for, we test more strictly and more often than required in order to ensure that the water we are consuming here is safe for base employees and families here at MCLB Barstow," Ulibarri said.

"He believes in this process so much that he only drinks water out of the taps and fountains here on base," Fejeran said. "Mark carries an empty cup with him wherever he goes, and if he goes into a building, he will fill it up at the water fountain and drink it."

"I stand by my product!" said Ulibarri. "I know that the testing we have in place ensures safe water for us to consume. I prove that every day by living by what I provide with regard to the water. People might not like the flavor, but that's easily fixed with a simple filter. The water is safe."

If you have questions about the water, testing and results, consult the Consumer Confidence Report provided at the link below, or call Evette Sisneros at 760-577-6811.

Nebo URL:

www.mclbbarstow.marines.mil/Portals/132/ Environmental%20Dept/CCR%20Nebo%202018.pdf

Yermo at URL:

www.mclbbarstow.marines.mil/Portals/132/ Environmental%20Dept/CCR%20Yermo%202018.pdf

100th Annual Cody Stampede Rodeo

Story by: Laurie Pearson CommStrat Chief

Colonel Craig C. Clemans, Marine Corps Logistics
Base Barstow's commanding officer, and Sgt.
Major Sergio MartinezRuiz, base sergeant major, and
the Marine Corps' last remaining Mounted Color Guard
lead the 100th Annual Cody Stampede Rodeo at the
parade and commencement ceremonies during their
event held in Cody, Wyoming, July 3 and 4. The event
is the largest "One Header Rodeos" in the Professional
Rodeo Cowboys Association, with over 800 of the top
contestants all competing for a victory purse worth
over \$400,000. Cody is deemed the "Rodeo Capitol of
the World" and started over 100 years ago with Buffalo
Bill's Wild West Show's tryouts, rodeos and parades.



Photo courtesy of: Caitlyn Clemans

Colonel Craig C. Clemans, commanding officer, Marine Corps Logistics Base Barstow, and Sgt. Major Sergio MartinezRuiz, base sergeant major, lead the Marine Corps' Mounted Color Guard during the Cody Stampede Rodeo Parade held in Cody Wyoming, July 3.



Photo courtesy of: Caitlyn Clemans

A cowboy holds tight as his bucking bronc kicks wildly during the Cody Stampede Rodeo held in Cody, Wyoming, July 4. The event is the largest One Header Rodeo in the PRCA.



Photo courtesy of: Caitlyn Cleman

The Marine Corps' last remaining Mounted Color Guard poses for a portrait before the Cody Stampede Rodeo held in Cody, Wyoming, July 4. The MCG leads the parade annually, proudly carrying to Marine Corps Colors and Old Glory.



Photo courtesy of: Caitlyn Clemans

A cowboy performer dances with flaming whips as part of the rodeo entertainment during the Cody Stampede Rodeo held in Cody, Wyoming, July 4. The performer awed nolookers as he performed his blazing tricks.



August 2019



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	Sun	Monday	Tuesday	Wednesday	Thursday		Friday	Saturday
					10-11 a.m. @ McTureous Hall HQBN PME 2 - 4 p.m. @ JLD Back to School Brigade 4 - 6 p.m. @ pool Back to School Pool Party	N	10 - 11 a.m. @ Library End of Summer Reading Program 4-9 p.m. @ JLD Sugar Loaf Social	8 a.m5 p.m. @ bldg. 375 Auto Hobby Shop Open
_ 1	4 10 a.m6 p.m. @ bldg. 375 Auto Hobby Shop Open	5 9-11 a.m. & 3-5 p.m. @ bldg, 126 Art for Everyone	6 1 - 2:30 p.m. @ TBD Anger Management	6 - 8 p.m. @ Semper Fit Gym Self-defense class	8 9-11 a.m. @ bldg. 126 L.I.N.K.S. Coffee Chat: Back to School Jubilee	9	All day @ Leatherneck Lanes Screens and Strikes "Hotel Transylvania 3"	10
	11	9 - 11 a.m. & 3 - 5 p.m. @ bldg, 126 Art for Everyone	13 10 - 11 a.m. @ Library Family Board Games Day	4 8 a.m 12 p.m. @ McTureous Hall p.m. Personal Readiness Seminar 11 a.m 12 p.m. @ McTureous Hall Civilian Resume Workshop	15 4-8 p.m. @ JLD Burn Your Own Steak	16	9 - 11 a.m. @ Desert View Comm. Center Play Morning	8 a.m5 p.m. @ bldg. 375 Auto Hobby Shop Open
	18 10 a.m6 p.m. @ bldg. 375 Auto Hobby Shop Open	9 - 11 a.m. & 3 - 5 p.m. @ bldg, 126 Artfor Everyone	2010 - 11 a.m. @ Library Preschool Story Time with Puppets	21 5 - 6 p.m. @ Desert View Comm. Center Family Game Night	22	23	9 - 11 a.m. @ Desert View Comm. Center Play Morning	24
	25	26 9-11 a.m. & 3-5 p.m. @ bldg, 126 Art for Everyone	27	28 6-8 p.m. @ Semper Fit Gym Self- defense class	29	30		31

For more information visit: https://www.mclbbarstow.marines.mil/MCLB-Barstow/Events/