

Island Insight

This publication is published weekly and contains information about, for, and of interest to the Island Workforce.

Island Insight Submission: https://home.army.mil/ria/index.php/contact/public-affairs

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Reforming the Munitions Organic Industrial Base

U.S. Army Joint
Munitions Command is
applying new methods
with the objective of
reforming the Munitions
Organic Industrial Base.
Through the use of
metrics, greater
standardization and better



command oversight over installations, JMC is supporting material readiness in a more efficient and effective way. By improving logistics, alignment and coordination, production capacity and throughput in depot operations, JMC ensures the capabilities of globally-dominant land forces. The goal is an end state where JMC is a modernized enterprise that is resourced, responsive and capable of cost-effectively supporting readiness, providing lethality that wins. "There is no debate that JMC is readiness driven, but it must come at a best value price. Government is not driven by a profit margin like industry, but we have an obligation to the Warfighter to provide our services as efficiently as possible, so limited resources can be used for other high priority Army requirements," said Walt Songaila, Director of JMC OIB Support Directorate. Efforts to reform the Munitions OIB began with JMC Sustainable Readiness Model Focus Area

Upcoming Dates

<u>July 10</u>: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.

July 10: Arsenal-QC Connect, Lock &

Dam Lounge, 3 p.m.

July 11: 157th Anniversary - Rock Island Arsenal Established by Act of Congress

<u>July 11</u>: Garrison Town Hall, Heritage Hall, Bldg. 60, 1:30 p.m.

<u>July 11</u>: Thirst-day Thursday, Lock & Dam Lounge, 3-7 p.m.

<u>July 11</u>: RIA Veterans Network, Lock & Dam Lounge, 5 p.m.

July 12: MVRBC Blood Drive, CRD Room, Bldg. 60, 10 a.m. - 1:30 p.m.

July 12: RIA Spring/Summer Safety and Health Awareness Stand-Down, Heritage Hall, Bldg. 60, 10:30 a.m. – 1:30 p.m.

<u>July 12</u>: Prescription Drug Turn In, Heritage Hall, Bldg. 60, 10:30 a.m. - 1:30

<u>July 13</u>: Women and World War I, Rock Island Arsenal Museum, 2-3 p.m.

July 15-19: DA Photos, Bldg. 90, Basement, Rm. B11, 7:20 a.m. - 3:40

<u>July 15</u>: Coffee Break, ACS, Bldg. 110, 9:30-10:30 a.m.

<u>July 16</u>: Gender Violence, Let's Talk About It: Family Advocacy Book Club, ACS, 11 a.m.

<u>July 17</u>: Workforce Wednesday, Lock & Dam Lounge, 3-7 p.m.

<u>July 18</u>: Real Colors, Bldg. 104, 3rd Floor, North Central Training Room, 8 a.m. – 12 p.m.

2, Depot Operations and Supply Chain transformation efforts. In 2017, JMC personnel articulated a vision for transforming the enterprise into a JMC integrated business, with a phase for conducting depot operations assessments at five Government-Owned, Government-Operated installations. The assessment phase aimed to identify potential areas for OIB depot optimization. The findings confirmed an opportunity to improve efficiency and readiness across each assessed installation. JMC then developed depot-specific optimization efforts, particularly in the areas of increased logistics and production capacity and throughput in depot operations. The assessments identified gaps and the need to develop processes to clarify objectives for efficiency, control process performance, improve process design and mitigate constraints. (More: www.army.mil/article/224194)

Red, White and Boom Goes Off Without a Hitch Despite Flooding

The fireworks went off without a hitch Wednesday, July 3 for Red, White and Boom. Organizers had to make some changes because of flooding in the Quad Cities. Normally the enormous fireworks show would be shot off barges on the Mississippi River. Not this year. The flood backed up river traffic and most barges are now being used. The staging area was moved to the Rock Island Arsenal. Crews worked over three days, getting ready to set off thousands of fireworks. "The minutes leading up to the show are pretty nerve-wracking," said Nick Pravecek lead technician at Melrose Pyrotechnics. "I get butterflies in my stomach." Organizers say despite the flood, this year's show was bigger and better than some in the past. By shooting off the fireworks from Arsenal Island rather than barges, pyrotechnics could use larger shells that fly higher into the sky. "This is awesome," Margaret Rhinehart says. "Just how long it goes, the colors, the water, everything. The atmosphere around, the music, everything. It's wonderful." (More: https://wqad.com/2019/07/03/red-white-and-boom-goesoff-without-a-hitch-despite-flooding)



Army Rebuilding Short-Range Air Defense

The Army is now standing up short-range air defense units, known as SHORAD battalions, and offering a five-week pilot Stinger course for Soldiers in maneuver units. It's part of a critical effort to defend maneuver units against the threat of aircraft, drones and cruise missiles, said Col. Mark A. Holler, commandant of the Air Defense Artillery School at Fort Sill. Most of the SHORAD battalions in the active component were deactivated a decade ago because the U.S. Army needed this force structure to grow maneuver brigade combat teams for counter-insurgency operations, Holler said. The Army is



now reshaping its capability and capacity to conduct large-scale combat operations against a near-peer adversary like Russia or China, he said, so SHORAD units are once again needed. He added the Army was given a "wake-up call" when it observed the conflict in Ukraine. (More: www.army.mil/article/224074)

Army Research Addresses Top Cause Of Battlefield Injury, Death

Surgical research at Madigan Army Medical Center directly contributed to new trauma medical procedures to address the top cause of battlefield deaths -- abdominal bleeding due to blast injuries. The study on how to more effectively use a balloon inserted into the aorta (called a resuscitative endovascular balloon occlusion of the aorta device or REBOA) to stop hemorrhaging from the abdomen first published in May 2018 and its results were translated into the Department of Defense's Joint Trauma System's clinical practice guidelines just five months later. "The best evidence available, albeit



pre-clinical, is being used to guide current human studies as well as recommended battlefield practices, (and it) comes directly from the research team's project studying intermittent REBOA aortic occlusion. Our lab's results are now the basis for recommended battlefield practice," said Lt. Col. (Dr.) Matt Eckert, Madigan's trauma medical director and co-director of Madigan's Surgical Research Program, and one of the study's researchers. (More: www.army.mil/article/224078)

Congress Remains at a Stalemate on Shutdown-Avoiding Deal, As Debt Ceiling Deadline Looms

Lawmakers may have less time to raise the debt ceiling than originally thought.

Congress and the White House remain divided in negotiations over how to avoid massive spending cuts and a government shutdown this fall, despite a deadline to act that may arrive sooner than expected. The head of the Senate Appropriations Committee said he would not move forward on any fiscal 2020 spending bills until congressional leadership reaches an agreement on top-line funding levels, backtracking from previous claim that his panel would move forward with those bills in July regardless of the larger budget talks. Top lawmakers and the White House are still negotiating a compromise to offset automatic budget cuts that would slash defense and non-defense spending by a total of \$125 billion in fiscal 2020. The officials must also come up with a path forward for lifting the nation's borrowing limit, as the Treasury Department is set to hit its debt ceiling later this year. Sen. Richard Shelby, R-Ala., the appropriations chairman, told reporters this week he had relented to a request from Senate Majority Leader Mitch McConnell, R-Ky., that the committee wait for the overall funding numbers before proceeding with bills to set line-by-line spending levels at each federal agency. (More: www.govexec.com/management/2019/07/congress-remains-stalemate-shutdown-avoiding-deal-debt-ceiling-deadline-looms/158276)

A Green River

The Mississippi Bend Players will present A Green River, an original work by local playwright Aaron Randolph III, July 12-14. Friday and Saturday performances are at 7:30 p.m. Sunday matinees begin at 2 p.m. Army soldier Erik White, having been stationed overseas, has returned home to a world he no longer recognizes. Erik must face the challenges of everyday life, including bearing the weight of his haunted memories, while continuing to struggle with a war he can't leave behind. A Green River mixes naturalistic dialogue with a non-linear structure that allows the audience to experience a troubled



soldier's state of mind. Each performance will feature a talk-back and Q&A session with military veterans and the show's cast and director. Pre-show entertainment will be offered in the newly opened Anderson Outdoor Pavilion at the Brunner Theatre Center. The band Control Room will

play from 6:45-7:15 p.m. on Fridays and Saturdays and 1:15-1:45 on Sundays. The play contains adult language and content, including portrayals and depictions of battlegrounds, gunfire, and death that could be potentially triggering for some audience members. The play is intended for mature audiences only. The play is the second of the Mississippi Bend Players' 2019 summer series: "The Military Through the Years." It will be followed by Dames at Sea **July 26-28** and **Aug. 2-4**. "The Military Through the Years" salutes all active, reserve, and retired military personnel. A military ticket discount is available to all military and their families. Choose the military discount when buying tickets online or mention it when calling the ticket office. Tickets are \$20 per person; or \$15 for seniors, children and any student with ID; \$10 for members of the military and their families. More information about the Mississippi Bend Players and tickets can be found here http://mississippibendplayers.com.

Blood Drives

The Mississippi Valley Regional Blood Center is hosting a blood drive in the room outside the CRD Room (in Bldg. 60), on **July 12 and 19**. If you would like to donate at this blood drive, feel free to email shoegerl@mvrbc.org with the time you'd like to schedule, or call their Donor Center at 563-359-5401, ext. 119.

<u>Charlie Corpuscle says</u>, "Donors who coming in to give blood at the Rock Island Arsenal will be able to claim one of our blue Heroes Are Our Type shirts. All donors may call 563-359-5401 or email <u>shoegerl@mvrbc.org</u>.

The Army encourages its employees to volunteer as candidates for any of the variety of medical donor programs, including blood, bone marrow, and organ donor/transplant programs. For additional information: www.militaryblood.dod.mil.

VIOS Schedule for July and August

Official DA Studio Photography (DA, Government Passport and Command Photos) will be offered at Rock Island Arsenal on **July 15-19** and **Aug. 12-16**. Appointments may be scheduled online by submitting a DA Form 3903 Work Request using the Visual Information Ordering Site for the available times: 7:20 a.m. - 3:40 p.m. Click on "Frequently Asked Questions" on the VIOS site https://vios.army.mil for more information. Walk-in appointments are not available. Photographs will be taken at the Photo Studio (Bldg. 90, Basement, Room B11). Priority is: 1. Active Duty Soldier's DA photos; 2. Official Government passport photos; 3. Official command photos; 4. DA photos for Army Reserve and Army National Guard Soldiers (not on active duty). The 8"x10" head and shoulders - Command Photos will be printed and available digitally. Additional prints can be ordered in VIOS. All scheduled dates can be found on the RIA VIOS website https://vios.army.mil.

Garrison Security Office Closure

The Garrison Security Office will be closed **July 15-19**. Jeretha (Jeri) Moore will be out **July 15** – **Aug. 2**. If this office provides security support for your organization, Rhiannon Puckett will be the POC. To include, but not limited to: 2875s, web-based SAARs, JPAS visit requests, and foreign travel requests. Expect processing delays due to limited staff.

Thank the SEALs Welcomes Kris "Tanto: Paronto

13 Hours Speaker presents first-hand details of the attack on Benghazi with Kris "Tanto: Paronto on **Friday, July 19**, 5:30-10:30 p.m., at the Quad-Cities Waterfront Convention Center in Bettendorf. The harrowing, true account from one of the six on the ground who fought back during the Battle of Benghazi. 13 Hours presents, for the first time ever, the true account of the events of Sept. 11, 2012, when terrorists attacked the U.S. State Department Special Mission Compound and a nearby CIA station called the Annex in Benghazi, Libya. A team of six American security operators fought to repel the attackers and protect the Americans stationed there. Those men went beyond the call of duty, performing extraordinary acts of courage and heroism, to avert tragedy on a much larger scale. This is his personal account, never before told, of what happened during the thirteen hours of that now-infamous attack. 13 Hours sets the record straight on what happened during a night that has been shrouded in mystery and controversy.

Quad Cities Veterans Experience Action Center

The Quad Cities Veterans Experience Action Center ,the most comprehensive Veteran resource event in the region **July 19 and 20**, at St. Ambrose University's Wellness and Rec Center, 518 Locust Street, in Davenport, 9 a.m. – 3 p.m. each day. QCVEAC is a collaboration between the Quad Cities Community Veterans Engagement Board, U.S. Department of Veteran Affairs, state,



county, and local organizations, and the community. This grassroots effort will provide veterans the means to resolve any pending or new issues they may have by providing a one-stop shop where they can access in person VA and community resources over two days. This event will have a significant and lasting impact on the lives of veterans in our community. The first event of its kind in our area, the event will provide:

- VA benefits compensation and pension claims
- Wellness exams, on-site enrollment in VA health care benefits
- Social services, including caregiver support and home health care
- Mental health counseling and opioid safety education
- Homeless, low-income housing and vocational support services
- Volunteer and employment opportunities
- Vocational rehabilitation, loan guarantee and education services
- VA Mobile Vet Center
- VA National Cemetery Administration Memorial Benefits Services from community partners, including:
 - Information and referrals
 - Legal services
- Resilience and preparedness information
- And much more!

For more information call 2-1-1 or 563-355-9900.

Thank the SEALs "The Ride!"

Join Thank the SEALs **Saturday, July 20**, 9 a.m. -5 p.m., at the Quad-Cities Waterfront Convention Center, as we celebrate our 5th year raising awareness and monies for our fallen and their families. Event kicks off at 9 a.m. with the playing of Taps followed by our guest speakers with kick stands up at 11 a.m. (times subject to change). The ride is very patriotic and we will have police and fire escorts as we travel to Mount Vernon where we will have stops at the DeWitt

Memorial for a brief ceremony then onto Mechanicsville and Mount Vernon for a midway stop which will feature food and drinks provided by Lynch Ford. Our return will take us through small town America and will end at the TangledWood where there will be plenty of food and entertainment. We will be joined by five highly decorated SEALs, highly decorated Marine Recon warriors, and you the Patriots who have made this possible through your continued support as our mission continues – thank you!

Army Sustainment Command Organizational Day

Join us at Modern Woodmen Park for a family fun day in the sun at ASC's Command Organizational Day on **Thursday**, **July 25**, 12-4 p.m. Activities will include use of the amusement park, kid zone/playground, video game room, bounce houses, a softball tournament, children's kickball, sack/3-legged races, corn hole tournament, face painting, dunk booth, as well as spades and dominos tournaments. Note: Some activities are subject to change depending on level of interest. Parking is free and the facilities/activities are handicap accessible. Purchase your tickets now... ticket prices are:

- All officers/GS-14/E-8 & Above: \$15/person
- E-6/7 & GS-12/13: \$12/person
- E-5/GS-11 & Below; children 6-18yrs: \$10/person
- Children 5 years and under: free

Ticket prices are the same for spouses; includes all you can eat/drink (hamburgers, hotdogs, chips, canned soda, bottled water). Tickets are available until **Wednesday, July 17**, at the Protocol Office (Bldg. 390) – cash only. Questions: Contact your ASC section rep or Maj. Todd Cramer at 309-782-2963/0522.

Korean War Armistice 66th Anniversary Wreath Laying Ceremony

Korean War Veterans Association Quad Cities Chapter 168 will hold a ceremony to commemorate the 66th Anniversary of the Korean War Armistice and National Korean War Veterans Armistice Day on **Saturday**, **July 27**, at 10 a.m., at the Memorial Walkway, at the Rock Island National Cemetery. The ceremony will include a wreath laying, rifle salute, and Taps. The Korean War, which began June 25, 1950, with the North Korean army's invasion of South Korea, officially ended July 27, 1953, a day now officially recognized as Armistice Day. The signing marked the end of the longest negotiated armistice in history: 158 meetings spread over two years



US Army Sustainment Command Organizational Day

Thursday, 25 July 2019

and 17 days. Last year's presidential proclamation stated, "Today, we honor our Korean War Veterans for their immeasurable contributions to the cause of liberty. We also salute members of the armed forces, past and present, who have maintained an allied presence on the Korean Peninsula since the 1953 armistice. Their efforts to stave off aggression are worthy of our highest respect and gratitude."

Tours of Quarters One 2019

The Colonel Davenport Historical Foundation opens the historic Quarters One mansion to the public for guided tours on **Sunday**, **July 28**. Tours of Quarters One on July 28 will begin promptly at 12 p.m. and continue starting every half hour until the last tour at 4 p.m. The tour costs \$10 per

person. Children must be accompanied by an adult. Active military can attend for free, but must still register. Tour size will be limited. Tickets must be purchased in advance. Completed in 1872, Quarters One served as the home to the highest ranking officer at the Rock Island Arsenal, as well as providing space for official gatherings and functions. Over the years, this mansion of Italianate design hosted many dignitaries and notable personalities. Thirty-eight different senior officers have called Quarters One home until 2008. It was the second-largest federal residence in the U.S., behind the White House. The Quarters One tour is not handicapped accessible. The Rock Island Arsenal is an active military installation. This tour has been declared a special event so guests may enter Arsenal Island with their U.S. picture ID at the Moline gate. Simply tell the guard you are going to Quarters One for the tour. This event is a fundraiser for the Colonel Davenport Historical Foundation.

Brittany Piper, Sexual Assault Survivor

The RIA SHARP program is collaborating with the ASC Resilience program for Brittany Piper to speak to the RIA workforce **Wednesday**, **July 31**, 10-11:30 a.m., in Heritage Hall, Building 60. Attendance to this Speaker will count as yearly mandatory training credit for SHARP; in TEDs use keyword "Brittany Piper." Piper will share her story of survival, resilience, and importance of bystander intervention as it related to her sexual assault. As a leading national expert on sexual violence and prevention, and a healing and wellness coach – Piper uses her stories to empower and inspire audiences to be brave and take action



in their own lives and communities. She will outline her experience to include the following:

- The trouble she had in dealing with the pain, and the shame she felt because of her assault.
- A bad night following the assault, she flat lined after drinking 10 shots in 45 minutes at a party in college. At the hospital, they registered her with a blood alcohol content of .408.
- How she began attending survivor groups and AA meetings where she felt she could talk openly and people understood what she was going through.

"Even though my case was clear cut, black and white, people still told me that I had it coming, that the assault was my fault because I let him into my car," Piper said. "There was DNA evidence and surveillance cameras that proved he was guilty, and yet, somehow it was still my fault. Rape is the only type of assault where you have to prove you're a victim." Because of these comments and attacks, it took three to four years for Piper to publically speak about her assault. This program is hosted by Army Sustainment Command Health, Wellness, & Resiliency. For more information contact Nicholas Osterhaus, Program Specialist (Health, Wellness, & Resiliency) ASC, 309-782-3162.

RIA AUSA Chapter Event

RIA AUSA is holding a quarterly members' appreciation event on the first Thursday of April, August, and October, on **Aug. 1** and **Oct. 3**, in the cafeteria in Bldg. 60, from 11:30 a.m. - 12:30 p.m. in conjunction with 'First Thursday.' It is RIA AUSA's way of thanking their current members and providing insights about the Army's professional association to others that may not be aware it exists. The event is free to all members and brats, chips, water, and dessert will be served.

Honor Flight of the Quad Cities

Honor Flights are free to veterans who served during a time of conflict (such as WWII, Korea and Vietnam). While there, veterans will get to see the monuments erected in their honor. The public is

urged to attend the welcome home at the Quad City International Airport at 10 p.m. The next flights will be:

- Thursday, Sept. 12
- Thursday, Oct. 31

Honor Flight of the Quad Cities asks that you do not call, but wait for them to call you. Veterans are assigned slots in order of date that applications were received, with WWII and Korean veterans being given priority. For more information and photos, visit the web site at www.honorflightqc.org.

Saluting Branches V

The 5th annual Saluting Branches event will be held at Rock Island National Cemetery on **Wednesday, Sept. 18**. Arborists United for Veteran Remembrance is an opportunity for tree care professionals throughout the country to unite and do what we do best – provide exceptional tree care – to keep our veterans cemeteries safe, beautiful places for all those who visit. (More: www.salutingbranches.org/location/rock-island-national-cemetery)



Illowa Council BSA Rock Island Arsenal Heritage Camporee

Scouts in troops within the Boy Scouts of America Illowa Council – save the date for the Illowa Council BSA Rock Island Arsenal Heritage Camporee Friday through Sunday, Sept 20-22, on Arsenal Island. The Illowa Council and the Rock Island Arsenal invite Scouts BSA troops to camp on the Mississippi at Arsenal Island and participate in two days of fun, competition, reflection, and exploration. Activities being planned include touring of historic landmarks such as the Colonel Davenport House, the National Confederate Cemetery Memorial, visiting the Army Corps of Engineers Locks & Dam 15, the Clock Tower Building, and the Rock Island Arsenal Museum's 1,250 gun collection. Worship service will take place at the Rock Island National Cemetery. There will also be an overland navigation course featuring a "Scout Warrior" competition at the Arsenal's "Best Warrior" Soldier Skills Course. Do you have what it takes? Form patrols... practice teamwork... brush up on scout skills... dust off your compass... get physically fit... get ready for a beautiful



location surrounded by history and an opportunity to meet our military service men and women. (More: www.facebook.com/events/609329586220177)

Emergency Leave Transfer Program to Assist Federal Employees Affected By November 2018 California Wildfires

If you are interested in donating annual leave, complete OPM Form 1638 and submit to the Civilian Personnel Advisory Center, Bldg. 104, no later than **Thursday, Oct. 17**. You must state on the 1638 which ELTP you are donating to. This initiative has been directed by the President. The POC is Jaime Slocum at 309-782-2430. (OPM Form 1638:

https://archive.opm.gov/FORMS/PDF_FILL/opm1638.pdf)

Signature Series I: War Reflections

Commemorate the 100th Anniversary of Veteran's day **Saturday**, **Oct. 26**, 7:30-9:30 p.m., on Rock Island Arsenal in Heritage Hall, Bldg. 60, at the Quad City Symphony Orchestra, 327 N Brady St, in Davenport, with two works inspired by human experiences during the World Wars. Olivier Messiaen composed Quartet for the End of Time while a prisoner of War in German captivity. The piece was first performed at the camp outdoors in the rain by Messiaen's fellow prisoners. Brian Baxter's Ho sentito di una terra distante is a



song cycle based on the diary of an Italian American soldier, Bernardino Bernardini, using lyrics from Marcella Mencotti's imaginary opera "His Military Life" to accompany the novel "Pro Patria." Tickets are \$25 for adults, and \$10 for students. The program will feature Naha Greenholtz, violin, Hannah Holman, cello, Daniel Won, clarinet, Marc Zyla, horn, Michael Cox, trombone, Julianna Han, piano, Jessica Usherwood, soprano, & Michael Hawes, baritone. This is presented in partnership with the Rock Island Arsenal and sponsored by WVIK, Quad Cities NPR. (More: www.facebook.com/events/453490242149598)

Arsenal Island Employee Local Discounts

The following discounts are exclusively available to Arsenal Island employees — Contents of the Island Insight are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Army. The views and opinions expressed are not necessarily those of the Garrison or the Department of the Army. — **Urban Farmhouse Moline**: Stop in our Moline location and show your badge to receive 10% off your purchase during the month of July. 1209 4th Ave. inside the Element hotel; open Tuesday – Saturday, 10 a.m. – 5 p.m. Antonella's II: Offering a 20% discount to all military services active or reserves, seniors and their immediate families on all menu items (must have ID). We are located at 421 river drive, in Davenport. We take reservations for large parties, please call at 563-324-9512. Our hours are Mondays − Closed; Tuesday-Wednesday 4-9 p.m.; Thursday − 11 a.m. − 2 p.m. and 4-9 p.m.; Friday-Saturday 11 a.m. – 10 p.m.; and Sundays – 11 a.m. – 8 p.m. QC Wellness Group: Come in for discounted chiropractic care for you, and your family. This offer is valid to all active duty, reserves, and veterans. We are located at 2220 E 53rd Street in Davenport. Call us today to book your appointment at 563-355-3100, restrictions can apply. **Sundown Mountain Resort**: Offering a military discount of 30 percent off lift tickets and rentals. Valid for active duty, Reserve, National Guard, retired service members, and their immediate families; located at 16991 Asbury Road, Dubuque, Iowa. Bayside Bistro: Offering a 10 percent discount to active, retired, reserve and National Guard members and government civilians on all menu items. We're located in the Village of East Davenport, 1105 Christie Street, Davenport; open Tuesday-Friday, 9 a.m. - 7 p.m.; Saturday, 7 a.m. - 7 p.m.; Sunday; 7 a.m. - 3 p.m., Mondays (off). R.I.A. Federal Credit Union: Arsenal employees, get \$25 when you open up a new member checking and savings account at our branch in Bldg. 61. Active duty members and veterans, thanks to our partnership with Military Cost Cutters, you can get \$100 when you open a new member checking and savings account with us. Download the Military Cost Cutters app, show proof of military status, and you can get \$100 deposited into your account. **Level II Fitness**: The new state of the art gym located inside the new TBK Bank Sports Complex at 4850 BettPlex Drive, Bettendorf is offering a 30 percent discount to all Rock Island Arsenal employees on membership rates. Must show badge or paystub as proof of employment. Golden Royal Barbershop: We're offering \$2 off on haircuts just for military; our shop is located in Moline and 1318 4th Ave or call 309-524-4599. Armored Gardens BBQ **Restaurant**: We're offing a 10 percent discount on all food items, to all Rock Island Arsenal

employees with badge; great environment, great location, amazing food – located downtown Davenport (two blocks from the Arsenal Bridge) 315 Pershing Avenue. **Veterans Barber Shop and Salon**: We're offering a 20 percent discount for military families at the salon part of the Veterans Barber Shop and Salon at 113 E Main St., Geneseo, Illinois. **Huckleberry's Pizza & Calzones**: The Original Huckleberry's Great Pizza & Calzones, 223 18th Street, Rock Island, offers all active military personnel with an I.D. a 10 percent discount on their food purchases. Dine-in or carryout available Wednesday thru Friday for lunch and dinner and for dinner on Saturday evenings. **Infinity Salon & Spa**: Located at 220 W 3rd St. in Davenport, we offer 15 percent off services for military and the Arsenal Island workforce. We are a full service salon: hair, manicure, pedicures, massage, waxing, facials, for men, women, and children. Eligible personnel only need to show a military or work ID. **New Life Chiropractic Clinic**: All Arsenal Island military and civilian employees will receive a 10 percent discount off its services located at 2500 18th Street in Bettendorf. *This information is included for general workforce interest and does not constitute endorsement of the businesses or products*.



Moline Bridge to Open For Weekend Pedestrian Traffic

Effective July 5, pedestrians are authorized to use the Moline Bridge on weekends. Cones will be in place to guide both pedestrian and vehicular traffic. Walkers will use the west side of the bridge to and from Moline, drivers must use the 14th Street ramp to exit the installation during pedestrian hours, outbound ramp onto River Drive will be closed to vehicle traffic. Beginning at 5 p.m. Fridays the cones will be in place and will lead to the Moline gate where guards can check identification and allow safe crossing to Arsenal sidewalks. The cones and barricades will be removed Sunday evenings to allow for normal Monday traffic.

Closures for Parking in Lot 0L for Material Staging and Around Building 90 for Cornice Repair

Effective June 10 through **Friday, Oct. 4**, the Directorate of Public Works (DPW) closed parking in lot 0L for contract personnel to stage material and equipment in support of the Building 90 Cornice Repair project. DPW is also intermittently closing parking, sidewalks, and entrances around Building 90 for contract personnel to remove and replace the stone cornices and re-point the mortar joints. As the contractor moves around the building, the areas of work will be closed off. As work proceeds above doorways, access will be curtailed, exterior barricades will be placed and interior signage will be placed notifying occupants of Emergency Exit Only. Emergency Services will have access to doors at all times and in the case of an emergency, the contractor will cease operation to allow for safe passage of employees. The closures may be extended due to weather or other unforeseen issues.

Viaduct Work Affects RIA Gate Hours, Traffic

Effective April 22 through **Thursday, Aug. 1**, repair work will be done on the Rock Island viaduct. The viaduct will be closed nightly for repair work during the week from 8 p.m. until 5 a.m., Sunday night through Thursday night. The viaduct will be open for normal operations between 5 a.m. on Friday morning through 8 p.m. Sunday evening. The work includes removal and replacement of the

parapet wall and street lighting. Both the Davenport and Rock Island gates will be opened at 4:30 a.m. each weekday morning for access from the Government Bridge. Traffic control measures will be placed at appropriate locations. Please use caution when traveling in or near the area.

Rock Island Viaduct Sidewalk Remains Closed to Pedestrians

"Sidewalk Closed" signs remain at either end of the Rock Island Viaduct sidewalk. These signs were placed because of the tripping hazard that the condition of the sidewalk presents. The suggested alternative route is using the American Discovery Trail and Pedestrian Bridge, which will be the sole way for pedestrians to transit across the bridge as this summer's viaduct repairs will eliminate the sidewalks from the bridge entirely.



Parking, Sidewalk, and Building Entrance Closures in Support of Masonry Cleaning and Treating Project

Effective June 24 through **Wednesday, July 24**, the Directorate of Public Works (DPW) will be intermittently closing parking, sidewalks and entrances around building 131 for contract personnel to clean and treat the exterior stone. Approximately 20 parking spaces in Lot 1H will be closed from **July 8-12**. The three accessible spaces will be relocated to adjacent spaces as needed to maintain accessible parking throughout the project. One or two of the motorcycle parking spaces along Gillespie Street may also be affected. As the contractor moves around the building, the areas of work will be closed off. As work proceeds above doorways, access will be curtailed, exterior access will be taped off and interior signage will be placed notifying occupants to choose an alternate exit. Emergency Services will have access to doors at all times and in the case of an emergency, the contractor will cease operation to allow for safe egress of employees. Dates may change due to weather and other unforeseen circumstances.

Courtyard, Parking, Sidewalk, and Building Entrance Closures in Support of Stone Cleaning and Treating Project

Effective May 16 through **Friday, Oct. 18**, the Directorate of Public Works (DPW) is intermittently closing courtyards, street parking, sidewalks and entrances to the buildings for contract personnel to continue cleaning the exterior stone of Buildings 60-62, 64, 66-68 and 106. As the contractor moves around the buildings, the areas of work will be closed off. As work proceeds above doorways, access will be curtailed, exterior access will be taped off and interior signage will be placed notifying occupants of Emergency Exit Only. Emergency Services will have access to doors at all times and in the case of an emergency, the contractor will cease operation to allow for safe egress of employees.

- Treating schedule:
 - o Buildings 66-68: June 6 July 24
 - o Buildings 60-62: July 25 Oct. 2

Rain will dictate these schedules and dates may change.



C

2019 Walk-In Pet Vaccination Clinic

Join us and bring your pet for the 2019 Walk-In Pet Vaccination Clinic on **Tuesday**, **Aug. 6**, 8 a.m. – 5 p.m., at the RIA Fire Station; this is a one-day event, cash/check only. Your pets must be registered with Great Lakes VTF to receive services. All military, military retirees, and dependents with valid ID are welcome. Questions/Preregister? Contact Great Lakes VTF at 847-688-5740 or greatlakesvtf@gmail.com. Find us on Facebook at Great Lakes VTF.

Active Duty Out Processing Levy Brief

Out Processing Levy Brief schedule – this briefing is designed to provide you with access to the information and resources you need to complete your permanent change of station move. Service members that are put on assignment will sign up for the next available briefing. Spouses are encouraged to attend with or without their sponsor and should bring a power of attorney in case specifics need be discussed or coordinated. Upcoming Levy Brief dates:

- Aug. 8, Conf. Rm. 25, Bldg. 90
- Oct. 10, Conf. Rm. 12, Bldg. 90

Time: 9:30 a.m. - 12 p.m.

To register call MPD at 309-782-1526 or sign up in <u>TEDs</u> using keyword "Levy Brief."

Blue Star Museums

Participating museums across the country offer free family admission for active duty military families from Armed Forces Day through Labor Day. Last year, over 680,000 military families visited Blue Star Museums. Our Chapter Directors plan special events and opportunities with museums from Alaska to Florida and points in between. We build things, create art, go on scavenger hunts and have fun together all summer long. (More: https://bluestarfam.org/family-life/blue-star-museums)



The top priority of the installation safety office is to safeguard and protect service members, their families, civilian employees and Army property as well as to create the safest workplace and living environment possible. Website:

https://home.army.mil/ria/index.php/about/Garrison/safety-office

RIA Spring/Summer Safety and Health Awareness Stand-Down

The Rock Island Arsenal has been producing readiness since 1862. It is the task of all who work here at RIA to ensure the safety of Soldiers, civilians, and their families. This is illustrated in our campaign plans and is an important part of ensuring a resilient, professional workforce, executing and promoting the RIA mission's. As such, It is encouraged that you attend the RIA Spring/Summer Safety and Health Awareness Stand-Down hosted by the Joint Munitions Command, on **Friday**, **July 12**, 10:30 a.m. – 1:30 p.m., at Building 60, in Heritage Hall. Opening remarks will be given by the



Joint Munitions Command leadership promptly at 10:30 a.m. This event is open to all RIA tenants, unit service members and families, all DOD Civilians who have access to federal installations. There will be multiple safety and health booths sponsored by Joint Munitions Command Safety, Army Sustainment Command, USAG RIA, First Army, Joint Manufacturing and Technology Center, U.S. Army Combat Capabilities Development, Army Contracting Command, U.S. Army Corps of Engineers, Rock Island District park rangers, and many more. The safety stand down event will be hosting many diverse activities such as fire extinguisher training given by RIA Fire Dept. Selecting the proper personal protective equipment for motorcycles. River and boating safety, prescription drug turn in, and a raffle for active duty and civilians. Winners of the raffle will receive an AAA emergency roadside kit. In efforts to continue to build upon and maintain our safe environment here at RIA. We have invited guests to join us from the outlying city municipalities, to include the Rock Island and Moline Fire Departments, and the Quad Cities National Oceanic and Atmospheric Administration. For additional details or information contact Andrew Witte at 309-782-2941.

Upcoming Motorcycle Rider Training Dates

- Basic Rider Course (BRC): **Sept. 17-18**
 - Two days of (classroom & motorcycle range) rider instruction.
 - o Training motorcycles are provided.
- Military Sport Bike Rider Course (MSBC) Sept. 19
 - One day of (classroom & motorcycle range) rider instruction
 - o Bring your own sport motorcycle to the course.
 - o Course is for sport bikes only.
 - No standard, touring or cruiser motorcycles bikes allowed.
 - Students must attend all sessions and pass a written and skills evaluation in order to receive credit for the course. Who can attend? Only active duty service members or any service member on orders (IDT, AT for guard/reserve).

PPE Requirements:

- Helmet: DOT approved helmet
- Eye protection: designed to meet or exceed ANSI Z87.1
- Protective clothing: long sleeve shirt or jacket, long sturdy pants
- Footwear: sturdy over the ankle footwear/boots
- Hand protection: full-fingered gloves made from leather or other abrasion-resistant material Students taking the ERC or MSBC must provide the following at check-in:



- Military ID
- Valid motorcycle license or permit
- BRC Card
- Valid motorcycle registration
- Valid proof of motorcycle insurance

If using a barrowed motorcycle, you must bring a signed letter from the legal owner authorizing you're use of the motorcycle. To register for a course:

- Go to https://imc.army.mil/airs
- Select "Northeast" from region dropdown menu
- Select "Rock Island Arsenal" from Garrison dropdown menu
- Select "Course Needed" from Courses dropdown menu
- Stoll to the correct month on the calendar to register for the course

The point of contact for the motorcycle training is Tony Kruse, Garrison Safety Office, 309-782-2314 or 1380; anthony.r.kruse.civ@army.mil.



The Equal Employment Opportunity (EEO) program formulates, directs, and sustains a comprehensive effort to maximize human potential to ensure fair treatment for military personnel, family members, and civilians without regard to race, color, gender, religion, or national origin, and provide an environment free of unlawful discrimination and offensive behavior. Garrison EEO office hours: 8 a.m. – 4 p.m.; 309-782-1488; Website: https://home.army.mil/ria/index.php/about/Garrison/equal-employment-opportunity-program

Women's Equality Day Observance

Join us for the Women's Equality Day Observance hosted by the ASC Equal Opportunity Office on **Thursday, Aug. 22**, 1-2 p.m., in Heritage Hall, Building 60. To sign up for the Women's Equality Day Observance in TEDs use keyword "WED2019." For additional information or accommodations please contact Sgt. First Class Babatunde Akala at 309-782-3021 or Sgt. First Class Lisa Robinson at 309-782-9269. This event is open to the public, if you are unable to sign up in TEDs, you can sign up at the event. The guest speaker will be Brig. Gen. Michelle M.T. Letcher, Commanding General, JMC. Letcher assumed the duties of Commander of the Joint Munitions Command and the Joint Munitions and Lethality Life Cycle Management Command on June 14, 2018. She is a native of Oak Forest, Illinois, and was commissioned in the Air Defense Artillery branch via the Reserve Officer Training Corps in 1995. Letcher She



holds a bachelor of arts degree in social work from Illinois State University, Normal, Illinois, and a master of science in human services and counseling from the State University of New York at Oswego, a masters in advanced military studies from the Command and General Staff College, and a master of arts in national security and strategic studies from Kansas State University, Manhattan, Kansas. The nation's annual observance of Women's Equality Day, formally on Aug. 26, commemorates the addition of the 19th Amendment to the U.S. Constitution in 1920, which

guaranteed women the right to vote. This action marked the culmination of the long struggle by women to gain an equal voice in their government. The women's suffrage movement in America began in 1848, when the first women's rights convention was held in Seneca Falls, New York, led by Lucretia Mott and Elizabeth Cady Stanton. The 19th Amendment is a testament to the courage and tenacity of the women and men who challenged the nation to live up to its founding principles. The U.S. Army celebrates Women's Equality Day by recognizing the service of women to the nation since 1775 and who remain an invaluable and essential part of the Army. The Army recognizes not only the significance of women's contributions, but also the value of diversity and inclusion. (Guest speaker bio: www.jmc.army.mil/Leadership.aspx?id=CommandingGeneral)

Morale, Welfare & Recreation

Army MWR is a quality-of-life program that directly supports readiness by providing a variety of community, Soldier, and family support programs, activities and services. Included in MWR are social, fitness, recreational, educational, and other programs and activities that enhance community life, foster Soldier and unit readiness, promote mental and physical fitness, and generally provide a working and living environment that attracts and retains quality for U.S. Army Soldiers, Family members, Retirees and its civilian workforce. Visit the MWR website at https://rockisland.armymwr.com for information on all MWR programs. How is MWR doing? Tell us by going to https://ice.disa.mil, navigate to "Rock Island Arsenal" and search "MWR" for a full listing of all our programs and services.

Island Oasis Café and Grill

The Island Oasis Café and Grill is outside. Our hours of operation are Monday - Friday, 11 a.m. - 1 p.m. Please come out and enjoy the weather in front of Building 67. Menu will include daily specials, like the Ribeye Sandwich on Thursdays. During inclement weather we will move back indoors for the day. Look forward to seeing you there! For more information please call 309-782-4372.

New Menu at the Lock & Dam Lounge

Have you been to the Lock & Dam Lounge in Bldg. 60 lately? If not you should definitely come give it another look as we have recently rolled out our new food menu. With fan favorites like our Arsenal Burger basket and mouthwatering, hand-cut rib eye steak sandwiches paired with a side of delicious fried pickles or onion rings there's sure to be something for everyone in the family to enjoy. While you're here make sure to try a pint of Arsenal Pale Ale as this is the only place you can get this great local craft brew. Also on tap are several craft beers from Lakefront Brewery and other local brewers for \$4 from 4-6 on Wednesdays and Thursdays. Check out the full menu on our Facebook page: www.facebook.com/LockandDamLounge and make sure to like the page to stay up to date on all the great programs and events happening here. Please call Damen at 309-782-4372 for more info.

Workforce Wednesdays and Thirst-day Thursdays at the Lock & Dam Lounge Stop in to the Lock and Dam Lounge on Wednesdays and Thursdays, open 3-7 p.m., and take

Stop in to the Lock and Dam Lounge on Wednesdays and Thursdays, open 3-7 p.m., and take advantage of \$2 domestics, \$4 craft beers, and \$1 sodas on special from 4-6 p.m. The Lock & Dam

Lounge is the only place you can get Arsenal Pale Ale and Lock & Dam Lager so gather your friends and coworkers and come see us for a round after work. Call 309-782-4372 for more info.

Fitness Center Closure

The Fitness Center is closed on Sundays through Labor Day.

Arsenal Island Clubhouse Closure

The <u>Arsenal Island Clubhouse</u> food, beverage, and entertainment services ended on June 28. This closure supports the upcoming transition to the Enhanced Use Lease, which will take affect later this year. Please continue to use the <u>Island Oasis Café & Grill</u> at Bldg. 67, open Monday-Friday, 11 a.m. – 1 p.m., and the <u>Lock & Dam Lounge</u> in Bldg. 60, open Wednesday and Thursday, 3-7 p.m., for your food, beverage, and entertainment needs.





We offer substantial discounts on tickets to local attractions, concerts, amusement parks and regional bus trips to exciting destinations. Check with us first for all your entertainment needs, we can save you money. Office Hours: Monday through Friday, 9 a.m. – 4 p.m., Bldg. 333. The office is closed for lunch from 10:30–11 a.m., 309-782-5890. (email: anna.winters@us.army.mil) (website: https://rockisland.armymwr.com/programs/leisure-travel-office)

Chicago Cubs vs. Washington Nationals Trip

Join us **Sunday, Aug. 25**, to see the Chicago Cubs vs. Washington Nationals at Wrigley Field; transportation and ticket for \$129 per person. Bus will be departing from Rock Island Arsenal Visitor Control Center, first parking lot on right. Departure time TBD. Game is at 1:10 p.m. No smoking permitted on the chartered bus. Alcohol is allowed, but no glass bottles. Coolers must be the size to fit under seats. No blocking of aisle with coolers. ½-hour stop to and from game. Sold out bus last year, so get your seats early. For more information contact the MWR Leisure Travel Office at 309-782-5890.

Universal Orlando Military Salute Promotion

Universal Orlando is extending the special Military Salute Promotion offer valid for use through **Dec. 31**. Get four days for one low price:

- <u>Ticket Option #1</u>: 2-Park, 4-day Park-to-Park ticket (Universal Studios Florida and Islands of Adventure) Adult \$200, Child (3-9) \$196.
- <u>Ticket Option #2</u>: 3-Park, 4-Day Park-to-Park ticket (Universal Studios Florida, Islands of Adventure and Volcano Bay) Adult \$240, Child (3-9) \$235.75.

Limited blockout dates only for Volcano Bay on 3-Park promotional ticket option **June 14 – Aug. 18**. These tickets are available for use on any four days between now and **Dec. 31** (do not have to be used consecutive days) last day of use **Dec. 31**, when the ticket expires in full (includes all holidays) unused days will be forfeited maximum of six tickets per qualifying: Active or Retired U.S.

military, National Guard, Reservists, U.S. Coast Guard, who possess a valid military photo ID, spouses of eligible service members and DOD civilians with valid ID.

Adventureland

Adventureland 2019 one-day admission tickets are on sale now! MWR Leisure Travel has discounted tickets for \$35. Adventureland Park has more than 100 rides, shows and attractions, including the new Monster steel roller coaster. Rides for all ages are available, from mild to wet-and-wild. Shows throughout the park feature a variety of family entertainment. Don't miss Iowa's newest water park, Adventure Bay. Water park admission is included with admission to Adventureland Park.

Movie Tickets

MWR Leisure Travel has discounted movie tickets. Davenport 53rd Cinema's movie ticket = \$9; Moline Great Escape movie ticket = \$9; Gift Pack \$27 (two tickets with \$10 concessionaire card)



Child & Youth Services provides a full range of child care programs and services for children ages six weeks through senior year in high school. Services include full-day, part-day, hourly, pre-k, school outs, summer programming, sports and fitness, and instructional classes. All CYS programs/facilities will be closed all federal holidays, CYS CDC/CD Home/FCC staff inservice day and any other additional days/installation closures approved by the garrison commander. Fees will not be reduced, refunded, or prorated for these days. (Website: https://rockisland.armymwr.com/categories/cys-services) (Facebook: www.facebook.com/RIACYSS)

School Age & Youth Center Survey

Greetings from the School-Age/Youth Center! As we dive into our summer adventure, we can't help but think about the quickly approaching school year. Please take a moment to complete a brief survey (link below) regarding our Before and After School programs. Information from these surveys will be used to determine bussing and program usage for the 2019 school year. The last day to complete this survey will be Wednesday, June 26, by close of business. As always we appreciate your continued support of our School-Age and Youth Programs and we wish everyone a happy and safe summer! https://www.surveymonkey.com/r/CYS_2019

Teen Resilience Program Canoe Trip

CYS and the Teen Resilience Program would like to invite your youth to our July teen canoeing trip. CYS registered teens grades 6-12 are welcome to join us on our canoeing trip down the Maquoketa River on **Saturday**, **July 13**, from 9 a.m. – 4 p.m. The cost of the trip is \$10 and youth must bring a water bottle and a sack lunch. We will meet at and return to the School Age Center, Bldg. 150 and be transported to the Maquoketa River via CYS bus. If your youth is interested in participating please call 309-782-6515 to register for the event. Youth must be registered with CYS and register for the event to participate. We hope your youth can join us!

Teen Resilience Program Back To School Bash

At the end of the summer CYS and the Teen Resilience Program we will be having a back to school bash and welcome to RIA party for teens. We are creating a teen council to plan this event and we would like to invite teens (grades 6-12) to participate. He/she will earn service learning hours and gain leadership, budgeting, marketing, event planning, and many other valuable skills as he/she assists us in planning this event. The planning committee will meet on the 2nd and 4th Tuesdays this summer at the school age center, beginning June 11. Please RSVP to 309-782-6515. Teens are not required to be at every meeting to participate. We hope to see your teen there!



Army Community Service is an Army-wide community, social service program that provides services that assist Soldiers, Family members, and Department of the Army civilians maintain readiness, develop self-reliance, resiliency and stability. U.S. Army Installation Management Command provides these services through a network of programs that support goals related to recruitment, retention, morale, and operational readiness of the force. ACS on RIA is located in Bldg. 110, 1st floor SE; visit our ACS website

https://rockisland.armymwr.com/programs/army-community-service or phone 309-782-0829. Call ahead for special accommodations when attending ACS classes. Find us on Facebook click here: www.facebook.com/RIAACS. 24/7 Domestic Violence Crisis Line: 309-912-6089.

Discovery Time Playgroup

Summer is here and it is time to get the kids out of the house. Join Discovery Time Playgroup on Thursday mornings from 9:30-11:30 a.m. for crafts, stories, field trips, and fun. The group is open to military dependents aged 0-5 and their caregivers and meets in Moline just off the installation at Community Christian Fellowship. There is no pre-registration required and all activities are free to attend. For more information, please contact the Army Community Service Family Advocacy Program at 309-782-3049 or email Jennifer.a.kerr10.civ@mail.mil.

RIA Volunteer & AFTB Council Meeting

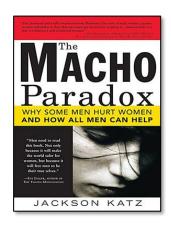
This meeting is designed to provide a platform for the installation to collaborate efforts, share information, and ideas, and discuss issues revolving around volunteering & Army Family Team Building. The meeting is held quarterly on the second Tuesday of the month. If you would like to attend an upcoming council meeting please contact ACS. Upcoming Council Meetings:

- Tuesday, July 9
- Tuesday, Oct. 8

The meetings will be held from 9-10 a.m. in the ACS Training Room, 1st Floor, in Bldg. 110. R.S.V.P. Required: to sign up contact ACS at 309-782-0829.

Gender Violence, Let's Talk About It: Family Advocacy Book Club

Interpersonal violence in our communities is persistent, unspoken and often unreported. In response, we as community members must do our part to support those experiencing assault and abuse while dismantling cultural norms that allow such actions to flourish. Join the Family Advocacy Book Club in reading Jackson Katz's "The Macho Paradox: Why Some Men Hurt Women and How All Men Can Help." The book provokes important conversations about our culture, the military and how you can help address gender violence. All are welcome and encouraged to participate in discussion on **July 16**, **23** and **30** from 11 a.m. - noon in the ACS office, in Bldg. 110. Check out Katz's TED talk, titled, "Jackson Katz: Violence against women – it's a men's issue" to learn more. For more information contact Theresa O'Keefe, victim advocate, at theresa.l.okeefe2.ctr@mail.mil or 309-782-3773.



ACS Relocation Program Offering Tours of RIA Factory

The Army Community Service Relocation Program is offering a tour of the RIA factory. We will learn about the history of the factory and its current capabilities. The tour has limited seating.

- Thursday, Sept. 19
 - o 9-10:30 a.m.
 - o RSVP by Thursday, Sept. 12

Eligibility is only open to military who are new to the area, civilians, and their families; family members of deployed service members, and families with foreign born family members. To R.S.V.P contact ACS at 309-782-0829.

MWR Outdoor Recreation Office

Outdoor Recreation is your one-stop rental shop for all your outdoor adventures, special events, home maintenance and repair. No matter the season, we have the equipment to get you out into the great outdoors. From skis and snowboards to campers and canoes, we have you covered. Office Hours: Monday through Friday, 8:15 a.m. – 4 p.m., Bldg. 333, Phone: 309-782-8630. (email: robert.l.lampert.naf@mail.mil), Website: https://rockisland.armymwr.com/programs/outdoor-recreation

Yard Sale Table Special

Let Outdoor Recreation Help with your yard sale. Rent five tables for the price of four and use them for 13 days; \$20. Pick them up on a Thursday or Friday and return them two Tuesdays later. This will allow you to get your sale set up and help ensure its' success. This special runs from **July 3 to Nov. 5**. For more information please call 309-782-8630.

Canoes and Kayaks

Paddling season is fast approaching. Outdoor Recreation has new kayaks and a trailer available for your use. Before you can sign them out the State of Illinois requires that you complete a boater safety class. To meet this requirement there is a free online course at http://rentalboatsafety.com. Simply view about 15 minutes of videos covering basic canoe/kayak operation and safety then take the quiz. We will need to keep a copy of your certificate of completion on file at Outdoor

Recreation. We will need a copy for everyone in your group, to include children, who will be paddling these canoes and/or kayaks. For more information please call309-782-8630.

Cargo Trailers

Are you moving your kids back from college or changing residence? To help make this move easier Outdoor Recreation has cargo trailers available for your use. Please call 309-782-8630 for more information or to make your reservation.

Special Event Equipment

Do you have a graduation party or other special event coming up? Outdoor Recreation has party canopies, tables, chairs, charcoal grills, backyard games and bounce houses to help ensure the success and fun of your event. Please call 309-782-8630 for more information or stop by Outdoor Recreation any time Monday through Friday from 8:15 a.m. to 4 p.m. and our staff will gladly show you all of the items available.

RIA FMWR RV Storage

Outdoor Recreation currently has spaces available in the On-Post RV storage lot. Please stop by the Outdoor Recreation office in Bldg. 333 (located next to the Exchange) to sign up for a space. For more information please call 307-782-8630.

Storage Units Available for Rent

Did you know that Outdoor Recreation has storage units that are available to rent right here on the Island? If you're in need of short or long term storage, we have the solution for you. Units measure 10' x 15' and are available for \$80/month, use it for as little or as long as you have a need to store items. For your convenience we also offer automated online billing. Call 309-782-8630 for more info and to reserve your space(s) today, these available units won't last long.



The ASAP/EAP is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. The ASAP/EAP promotes healthy lifestyles. Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal. ASAP/EAP is located in Bldg. 56, 1st floor; visit our ASAP/EAP website https://home.army.mil/ria/index.php/my-fort/all-services/army-substance-abuse-program or phone 309-782-4357 or 309-782-HELP. Office hours are from 7 a.m. - 4:30 p.m., Monday through Friday. After Hour Emergencies: 309-782-6116. Rock Island Arsenal Emergency Services will contact an EAP counselor who will call you back promptly. Find us on Facebook click here: https://www.facebook.com/pages/Rock-Island-Arsenal-EAP/124853580916835.

Prescription Drug Turn In

The Army Substance Abuse Program (ASAP) and RIA Law Enforcement are collecting unused, expired and un-wanted prescription medication for proper disposal on **Friday, July 12**, 10:30 a.m. - 1:30 p.m., in Heritage Hall, Building 60. According to the Partnership for a Drug Free America, each day approximately 2,500 teens use prescription drugs to get high for the first time. An increase in the abuse of prescription opioid medication has led to an increase in the use of heroin locally and nationwide. Studies show that a majority of abused prescription drugs are obtained from family and friends. In



addition, there has been a drastic increase in the number of emergency room visits by children 5 and under due to poisoning from medications. To lower the risk of your medications being taken/stolen, we hope that you will consider turning your medication supplies in for proper disposal. For questions regarding the turn-in, please call the ASAP at 309-782-4357. If you miss the take-back event, a prescription drug drop box is also located in the RIA Medical Clinic, Building 110, basement, SE wing. We are unable to accept needles or syringes.

Employee Assistance Abuse Program Groups

The Employee Assistance Abuse Program is dedicated to excellence in providing a standard of care that enhances the quality of life for its clients and the workforce of Rock Island Arsenal. We believe that personal, family, and workplace problems can affect an employee's well-being and job performance. Upcoming dates for groups offered by the Employee Assistance Program, employees can register in TEDs or call 309-782-0965:

- <u>July 18</u>: Real Colors, Bldg. 104, 3rd Floor, North Central Training Room, 8 a.m. 12 p.m.
- <u>Sept. 18</u>: Real Colors, Real Colors, Bldg. 104, 3rd Floor, North Central Training Room, 8 a.m. 12 p.m.
- Sept. 24: Emotional Intelligence, Bldg. 104, Baylor Training Rm. 1, 10 a.m. 12 p.m.
- Oct. 16: Working With You Is Killing Me, Bldg. 104, Baylor Training Rm. 1, 10 a.m. 12 p.m.
- Nov. 14: Real Colors, Real Colors, Bldg. 104, 3rd Floor, North Central Training Room, 8 a.m. 12 p.m.
- <u>Dec. 4</u>: Real Colors, Real Colors, Bldg. 104, 3rd Floor, North Central Training Room, 8 a.m. – 12 p.m.
- <u>Dec. 11</u>: Emotional Intelligence, Bldg. 104, Baylor Training Rm. 1, 10 a.m. 12 p.m. Our most important asset is our employees and we are committed to providing professional counseling, educational assistance, and intervention services in an effort to promote wellness and improve the climate of the Rock Island Arsenal.

101 Critical Days of Summer Safety Campaign

101 Critical Days of Summer (Memorial Day through Labor Day) safety campaign is intended to remind us that we cannot afford to lose focus on safety either on or off duty. The summer season is a dangerous time of year for the Army with notable increases in off duty accidental fatalities. Festivals, road trips, swimming, fishing, hiking, boating, camping, and motorcycle riding are common outdoor activities during the summer. Intense planning often goes into making these outdoor activities a success. When planning your summer activities, remember the effects of alcohol or prescription drugs, and identify the risks associated with impairment while



participating in various activities. Always remember to make responsible decisions while enjoying your summer activities. Summer holiday celebrations often include barbeques, picnics, water sports, vacationing with family and friends, and fireworks. However, many holiday weekends can be filled with tragedy instead of celebration. The Fourth of July is one of the deadliest holidays of the year when it comes to alcohol-impaired driving crashes on our highways. According to data from the National Highway Traffic Safety Administration, during July 4th, holidays over the last five years (from 2010 to 2014), 780 people lost their lives in crashes involving drivers who had BACs of at least .08 g/dL. This summer, don't let your celebrations end in an arrest or tragedy. The consequences are serious and real. Not only do you risk injuring yourself or someone else, but the trauma and financial costs of a crash or an arrest for driving while impaired can be significant and not the way you want to celebrate your summer.



Army Continuing Education System (ACES) is the Army's method for delivering educational opportunities to Soldiers that remediate, develop, and enhance skills needed for present and future jobs. The Army Continuing Education Division (ACED) promotes lifelong learning, readiness and resilience through flexible and relevant education programs, services and systems in support of the Total Army Family. The Rock Island Army Education Center is located in Bldg. 56, 1st floor, west end of the building. Office hours: 7:30 a.m. - 4 p.m., Monday - Friday. Phone: 309-782-2065 Fax: 309-782-7901. Please visit our website to learn more: https://home.army.mil/ria/index.php/my-fort/all-services/continuing-education-services

Deadline to Transfer GI Bill Benefits This Month

Soldiers with over 16 years of service who want to transfer their Post-9/11 GI Bill to a dependent must do so before **July 12**, or risk losing the ability to transfer education benefits. Last year, the Department of Defense implemented a new Post-9/11 GI Bill Transfer of Education Benefits, or TEB, eligibility requirement, which instituted a "six- to 16-year cutoff rule," said Master Sgt. Gerardo T. Godinez, senior Army retention operations NCO with Army G-1. Further, Soldiers who want to transfer their education entitlement must have at least six years of service, he said. All Soldiers must commit to an additional four years of service to transfer their GI Bill. However, Soldiers who are currently going through the medical evaluation board process cannot transfer GI Bill benefits until they are found fit for duty under the new DOD policy. (More: www.army.mil/article/220194)

SFL-TAP, Career, Entrepreneurship, Higher Education Tracks, Pre-Retirement

If Soldiers in your organization are within 24 months of retirement or 18 months of separation, or even just thinking about life after military service, please encourage them to sign-up and attend this vital training. Space is still available, it is open to all branches of service, Retirees (space available), veterans (180 days after separation). Soldiers can bring along their family members as well. Please spread the word, this is not a one-time check the block, transitioning members should start early as this will give more time to attend training as often as it is needed.

- Pre-Retirement Briefing, Aug. 9 and Oct. 25
- SFL-TAP Workshop, Aug. 12-16 and Oct. 28-Nov. 1

- Entrepreneurship (Boots to Business), Aug. 26-27, and Nov. 4-5
- Career Exploration Planning, Aug. 28-29, and Nov. 6-7

All classes will be held Bldg. 56, 1st floor, classroom 2 (Room 122), 8 a.m. start time, classrooms (same hallway as the Education Center). For more information contact 309-782-7780 or email usarmy.ria.usag.mbx.hrm-tsm@mail.mil.



The Rock Island Commissary, www.commissaries.com/shopping/store-locations/rock-island-arsenal, and the Exchange, www.shopmyexchange.com/exchange-stores/United%20States/IL/Rock%20Island/Rock-Island-Arsenal-9999912, are for active duty military and retirees only. There are exceptions for select items (mainly consumable) at the Exchange that can be purchased by Arsenal Island employees with ID. The Commissary makes fresh fruit baskets daily for you. Shopping for someone who has everything? Problem solved. They are hungry for fresh fruit. Just buy them a fruit basket and relax. Ask our friendly staff to make you one or order one in advance. Check out local specials and get POC information here: www.commissaries.com/shopping/store-locations/rock-island-arsenal. For information on this and other Commissaries, visit: www.commissaries.com (Facebook: www.facebook.com/yourCommissary)

If you would like to be placed on our email contact list to receive periodic information on events happening at your Rock Island Arsenal Commissary, please email us at: rockisland@deca.mil and type 'Subscribe' in the subject line.

30 Military Shoppers Will Clean Up With \$500 Gift Cards In Exchange Sweepstakes The Army & Air Force Exchange Service is partnering with Unilever this summer to provide 30 lucky military shoppers \$500 gift cards in the From the Field to Your Family sweepstakes. From June 28 to Aug. 1, authorized Exchange shoppers age 18 and older may enter the sweepstakes at ShopMyExchange.com/sweepstakes. No purchase is necessary to enter or win. "Going to the field for a training exercise is a rite of passage in the military," said Air Force Chief Master Sgt. Luis Reyes, the Exchange's senior enlisted advisor. "And \$500 goes a long way to get those essentials, whether you're in the field or relaxing with the family at home." (More: www.dvidshub.net/news/329957)

Electronics Eligible for Back-To-School Layaway at the Exchange for Limited Time Back-to-school shopping doesn't have to break the bank. To help military families stay on budget while preparing for the school year, the Army & Air Force Exchange Service is expanding its layaway program to include computers, tablets and more from July 1 to Aug. 31. Laptops, desktops, iPads, notebook computers, tablets and other electronics that support educational excellence are not usually eligible for the Exchange layaway program, but Soldiers, Airmen and families can enjoy the expanded program before the school year. "There can be a lot of costs that hit all at once when preparing for the start of school," said Air Force Chief Master Sgt. Luis Reyes, Exchange senior enlisted advisor. "The extended layaway gives families more flexibility to plan their back-to-school budget." (More: www.dvidshub.net/news/329960)



Information for the Arsenal Archive is made available by the Rock Island Arsenal Museum. The Museum is open to the public, Tuesday through Saturday, 12-4 p.m. Closed Sundays and Mondays, federal holidays, the Friday after Thanksgiving, and Christmas Eve. Admission is free. (website: www.arsenalhistoricalsociety.org/museum) (Facebook: www.facebook.com/RIAMuseum)

Women and World War I

Rock Island Arsenal Museum Director Patrick Allie will lead a discussion on **Saturday, July 13**, 2-3 p.m., at the Rock Island Arsenal Museum, about the experiences of women during WWI, the impact the war had on their lives, and how the war marked a turning point for women in the 20th century. Special focus will be given to the women that came to work at Rock Island Arsenal during the war and the many firsts they marked.

Brown Bag Lunch & Learn - History of Joint Munitions Command

Bring your lunch to the Rock Island Arsenal Museum and discover the history of Joint Munitions Command on **Monday**, **Aug. 5**, at noon to 1 p.m. This discussion will explore the history of Joint Munitions Command, and its mission to supply ammunition to all Services. The management of ammunition has changed significantly over the past 75+ years as they strive to provide lethality that wins to the Joint Warfighter.



Join July 18 TRICARE Webinar on TRICARE For Life Coverage

Do you have questions about TRICARE For Life (TFL)? Not sure if you have to enroll in TFL, or when you become eligible for TFL coverage? Are you getting ready to turn 65? Join the "Understanding How TRICARE For Life Coverage Works" webinar on July 18, from 1 to 2 p.m. ET. The webinar will discuss TFL eligibility, signing up for Medicare, how to get care, and much more. The TFL program manager will provide detailed information about TFL and answer your questions. TFL is for TRICARE beneficiaries who are entitled to Medicare Part A and have Medicare Part B. This is regardless of your age or place of residence. Once you have both Medicare Part A and Part B, you automatically receive TRICARE benefits under TFL. However, you must be a TRICARE-eligible beneficiary. And you need to take specific actions to make sure you can still get TRICARE. (More:

https://tricare.mil/CoveredServices/BenefitUpdates/Archives/7_3_19_Join_July_18_TRICARE_Webinar_on_TRICARE_For_Life_Coverage)

Summer's Fun, Just Avoid Too Much Sun

Summer is here, and that means sunny weather is here to stay. Soaking up the sun is one of the best parts about summer. However, make sure to protect your skin when enjoying the sun-filled days

ahead. Too much unprotected exposure to the sun's ultraviolet (UV) rays can cause sunburn, eye damage, and skin damage in the form of premature wrinkles, according to the American Cancer Society. It can also cause skin cancer. Depending on your risk for developing skin cancer, TRICARE covers your skin cancer screening exams. According to the Centers for Disease Control and Prevention (CDC), "Skin cancer is the most common form of cancer in the United States." In as little as 15 minutes, UV rays can damage your skin. Preventing your exposure to UV light from the sun and avoiding artificial sources like tanning beds and sunlamps, is the best way to lower your risk of skin damage and skin cancer. (More: https://health.mil/News/Articles/2019/06/25/Summers-Fun-Just-Avoid-Too-Much-Sun)



VA extends Agent Orange presumption to 'Blue Water Navy' Veterans Eligible Veterans may now be entitled to disability compensation benefits

The U.S. Department of Veterans Affairs (VA) is preparing to process Agent Orange exposure claims for "Blue Water Navy" Veterans who served offshore of the Republic of Vietnam between Jan. 9, 1962, and May 7, 1975. These Veterans may be eligible for presumption of herbicide exposure through Public Law 116-23, Blue Water Navy Vietnam Veterans Act of 2019, which was signed into law June 25, 2019, and goes into effect Jan. 1, 2020. They may also qualify for a presumption of service connection if they have a disease that is recognized as being associated with herbicide exposure. The bipartisan Blue Water Navy Vietnam Veterans Act gives VA until Jan. 1, 2020, to begin deciding Blue Water Navy related claims. By staying claims decisions until that date, VA is complying with the law that Congress wrote and passed. "VA is dedicated to ensuring that all Veterans receive the benefits they have earned," said VA Secretary Robert Wilkie. "We are working to ensure that we have the proper resources in place to meet the needs of our Blue Water Veteran community and minimize the impact on all Veterans filing for disability compensation." Blue Water Navy Veterans are encouraged to submit disability compensation claims for conditions presumed to be related to Agent Orange exposure. Veterans over age 85 or with life-threatening illnesses will have priority in claims processing. (More: www.va.gov/opa/pressrel/pressrelease.cfm?id=5280)

VA Overhauls Religious and Spiritual Symbol Policies to Protect Religious Liberty

The U.S. Department of Veterans Affairs (VA) recently revised its directives permitting religious literature, symbols and displays at VA facilities to protect religious liberty for Veterans and families while ensuring inclusivity and nondiscrimination. The move aims to simplify and clarify the department's policies governing religious symbols, and spiritual and pastoral care, which have been interpreted inconsistently at various VA facilities in recent years, resulting in unfortunate incidents that interrupted certain displays. Effective July 3, these changes will help ensure that patrons within VA have access to religious literature and symbols at chapels as requested and protect representations of faith in publicly accessible displays at facilities throughout the department. (More: www.va.gov/opa/pressrel/pressrelease.cfm?id=5279)





<u>July 8-14</u>: John Deere Classic PGA Tour (TPC Deere Run golf course in Silvis) More:

www.johndeereclassic.com

July 8-14: Mercer County Fair (fairgrounds in Aledo) More: www.mercercountyfair.org

<u>July 10</u>: YouthFest 2019 (Fejervary Park, Davenport) More: <u>www.facebook.com/events/366838400572465</u>

<u>July 11-13</u>: Walcott Truckers Jamboree (Iowa 80 Truckstop, Walcott, Iowa) More:

www.truckersjamboree.com

<u>July 13</u>: Rivers Edge Home Brew Festiv-Ale (downtown Rock Island) More: <u>www.downtownrockisland.org</u>

July 16-20: Rock Island County Fair (fairgrounds in East Moline) More: www.rockislandfair.org

July 19: Thank the SEALs Welcomes Kris "Tanto: Paronto (Quad-Cities Waterfront Convention Center,

Bettendorf) More: www.facebook.com/events/544617385988633

July 19: Hamilton Tech celebrating 50th anniversary (1011 E 53rd St, Davenport) More:

http://hamiltontechcollege.edu

<u>July 20</u>: Thank the SEALs "The Ride!" (Quad-Cities Waterfront Convention Center, Bettendorf) More: www.facebook.com/events/2693185040710225

July 21: Kids Ninja Adventure Run (Case Creek Obstacles, Coal Valley, Illinois) More:

www.casecreekobstacles.com

July 21: Case Creek Cross Country Trail Run (Case Creek, Coal Valley, Iowa) More:

www.casecreekobstacles.com

July 19-20: Quad Cities Veterans Experience Action Center (St. Ambrose University's Wellness and Rec

Center) More: www.sau.edu/events

July 26-27: 48th Annual Street Fest (Downtown Davenport) More:

www.downtowndavenport.com/event/street-fest

July 27: Bix 7 Run/Walk (downtown Davenport) More: www.bix7.com

July 30-Aug. 4: Great Mississippi Valley Fair (Mississippi Valley Fairgrounds) More: www.mvfair.com

Aug. 1-3: Bix Beiderbecke Memorial Jazz Festival (Rhythm City Casino Resort) More: www.bixsociety.org

Aug. 3: 5k Mud Obstacle Run For Everyone (Case Creek Obstacles, Coal Valley, Illinois) More:

www.casecreekobstacles.com

Aug. 3: Heartland British Auto Fest (LeClaire, Iowa). More: www.qcbac.com

Aug. 8-10: Tug Fest (LeClaire, Iowa and Port Byron, Illinois) More: www.tugfest.org

August TBA: Ya Maka My Weekend (downtown Rock Island) More: www.downtownrockisland.org

Aug. 17: Floatzilla (Sunset Marina in Rock Island) More: www.floatzilla.org

Aug. 17: Quad City Symphony Riverfront Pops (LeClaire Park in downtown Davenport) More: www.qcso.org

Aug. 17: Village Wine Walk (Village of East Davenport) More: www.villageofeastdavenport.com

August TBA: World Series of Drag Racing (Cordova International Raceway) More: www.racecir.com

Aug. 22-25: Alternating Currents Festival (downtown Davenport) More: www.alternatingcurrentsqc.com

Aug. 24: Vettes on the River (LeClaire, Iowa) More: www.visitleclaire.com

Aug. 24-25: Farm Days (Village of East Davenport) More: www.villageofeastdavenport.com

Aug. 31 - Sept. 1: Rock Island Grand Prix (downtown Rock Island) More: www.rockislandgrandprix.com

Sept. 7: QCA Heritage Tractor Parade & Show (John Deere Pavilion in Moline) More:

www.visitiohndeere.com

Sept. 7-8: Beaux Arts Fair (downtown Davenport) More: www.beauxartsfair.com

Sept. 13-14: Celtic Festival & Highland Games (Centennial Park in Davenport) More:

www.celtichighlandgames.org

Sept. 14: Taming of the Slough (Sylvan Slough) More: www.riveraction.org

Sept. 14: Brew Ha Ha (LeClaire Park in Davenport) More: www.jayceesqc.org

Sept. 21: Quad Cities Marathon (Moline) More: www.qcmarathon.org

Sept. 21-22: Riverssance Festival of Fine Arts (Village of East Davenport) More: www.midcoast.org

Sept. 22: Quad Cities Marathon (downtown Moline) More: www.gcmarathon.org

Sept. 27-28: Hot Air Balloon Festival (Island County Fairgrounds in East Moline) More:

www.quadcitiesballoonfestival.com

Sept. 29: Nancy Kapheim Memorial Classic (Rock Island) More: www.cornbelt.org/nearby races.htm

Oct. 13: Apple Fest (downtown LeClaire, Iowa) More: www.visitleclaire.com

October TBD: Row the Miss Regatta (Mississippi River in Moline) More: www.tworiversymca.org

Oct. 24: Fright Night (Schwiebert Park in downtown Rock Island) More: www.downtownrockisland.org

Oct. 26: Lagomarcino's Cocoa Beano 5K Race (Village of East Davenport) More: www.lagomarcinos.com

Oct. 26-27: Boo at the Zoo (Niabi Zoo) More: www.niabizoo.com

Oct. 26: Witches Walk & Costume Parade (downtown LeClaire, lowa) More: www.visitleclaire.com

Oct. 26: Halloween Parades (Bettendorf and Davenport)

Nov. 16-24: Quad City Arts Festival of Trees (RiverCenter in Davenport) More: www.qcfestivaloftrees.com

Nov. 16: Festival of Trees Parade (downtown Davenport) More: www.qcfestivaloftrees.com

Nov. 16: Lighting on the John Deere Commons (downtown Moline) More: www.lightingonthecommons.com

Nov. 24: Christmas Walk (Walnut Grove Pioneer Village) More: www.scottcountyjowa.com



Island Insight

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